

Winnisquam Echo

THURSDAY, MARCH 26, 2026

FREE

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H

WRSD embarks on "Quest for School Breakfast" to celebrate National School Breakfast Week

TILTON — The Winnisquam Regional School District joined schools across the country to celebrate National School Breakfast Week (NSBW). During the first week of March, the district launched a series of events under the official theme, "School Breakfast: Quest for School Breakfast," to highlight the availability of school breakfast and vital role a nutritious morning meal plays in student success.

The "Quest" theme encourages students to view the cafeteria as a starting point for their daily adventures in learning. By providing balanced, energy-dense meals, the district aims to ensure every student is fueled and ready to reach their academic goals.

To bring the "Quest" to life, Southwick School and Sanbornton Central School hosted special breakfast challenge days. Students who participated in the breakfast program during this week were eligible to win exciting prizes. These rewards are made possible through the continued and generous support of NH Hunger Solu-



Pictured above are Southwick School student Allison Baca posing with the dragon; Top right are Sanbornton Central School students Grace Goguen, Shannon Veilleux, Hunter Cotter and Melah Hodgdon; Middle right Southwick School students Londynn Belanger and Skyla Collinge receive a crown from princess Sarah Skoglund; Bottom right Sanbornton Central School Food Service staff members Bryn Colby and Barbara Poiré, Principal Jason Javalgi, SAU staff members Sarah Skoglund and Jacqui McGettigan, and UNH Extension Nutrition Connections Teacher Kate Bruchacova pose with dragon Jim Wenhart.

tions, UNH Extension, and the NH Dairy Council.

Adding to the excitement and supporting the theme of "The Quest for School Breakfast", students were greeted by a

princess and life-sized dragon as they entered the cafeteria.

The district's breakfast programs offer a convenient and affordable way for all families to ensure their children receive a

balanced meal. With a variety of options designed to meet federal nutrition standards, the program provides a safety net that ensures no student starts their day on an empty stomach.

Northfield voters approve road funding, police equipment purchases, amended operating budget

NORTHFIELD — Voters at Northfield's 2026 Annual Town Meeting approved a series of capital funding measures for roads, police equipment and municipal facilities, along with an amended operating budget for the coming year.

Ballot voting for town officers took place March 10 at the Pines Community Center, with the business session held March 14 at Compass Classical Academy Charter School.

Among the most significant actions taken by voters was approval of continued investment in road and bridge infrastructure. Residents supported a \$400,000 addition to the Road and Bridge Reconstruction Capital Reserve Fund, a move that will be funded through taxation.

A separate article authorizing \$1.2 million for road and bridge reconstruction and repair also passed. That funding package includes \$700,000 from the Road and Bridge Reconstruction Capital Reserve Fund, \$200,000 from the Road Repair Revolving Fund and \$300,000 from the town's fund balance. Because the article relies on existing reserves and available balances, it does not increase the tax rate and will remain available through Dec. 31, 2027.

Voters also approved a \$20,000 transfer from fund balance to the Highway Equip-

SEE NORTHFIELD, PAGE A8

Carter, Ellis, Perkins earn All-State hoop honors

BY JOSHUA SPAULDING
Sports Editor

REGION — Girls' basketball players from around the region were named to the New Hampshire Basketball Coaches Organization All-State Teams, which were announced at the conclusion of the season.

In Division III, First Team honors went to Prospect Mountain's Kourtney Kaplan, Winnisquam's Caidyn Carter and Berlin's Caitlin Kelley while Second Team honors went to Addison Hodsdon of Gilford, Harper Rowe of White Mountains and Ava Foster of Prospect Moun-

tain. Honorable Mention was presented to Bailey Perkins and Payton Ellis of Belmont, Riley Anderson of Inter-Lakes, Taylor Marsh and Skye Maltais of Gilford, McKenna Kelley of Berlin and Olivia Lorenz of White Mountains Regional.

Also earning First Team honors were Player of the Year Emma Toriello of St. Thomas, Sophia Grillone of Fall Mountain and Marlee Carroll-Clough of Monadnock.

Second Team was also presented to Meadow-Miah Mitchell of Raymond, Lexi Korbet of Hopkinton and Jenna Fillion of Fall Mountain.

Honorable Mention was also earned by Abby Jarvis and Kelsey Fillion of Fall Mountain, Audrina Pelton of Stevens, Madden Huff of Kearsarge, Sophia Huynh of Raymond, Zoe Bishop of Hopkinton, Mollie Gaynor of St. Thomas and McKenzie Ripley of Campbell.

Jarvis, Kennah Scott of Berlin, Ella Santaw of Monadnock, Paige Boudette of Hopkinton and Paige Harding of Prospect Mountain were all name All Defensive Team.

SEE ALL-STATE, PAGE A8



Winnisquam senior Caidyn Carter was named Division III First Team All-State.



Payton Ellis of Belmont was named Division III All-State Honorable Mention.



Belmont's Bailey Perkins earned Division III All-State Honorable Mention to finish off her junior year.

Tilton-Northfield Fire District voters approve amended operating budget, equipment funding at annual meeting

TILTON — Voters in the Tilton-Northfield Fire District approved an amended operating budget and a series of equipment and capital reserve articles during the district's 2026 annual meeting, while tabling one proposal related to long-term building funds.

Ballot voting for district officers took place March 10 in both Tilton and Northfield, with remaining business conducted March 16 at Winnisquam Regional High School.

Paul Auger was elected commissioner with 403 votes. Scott Finemore received 421 votes to serve as moderator, and Amanda Seavey was elected treasurer with 413 votes.

District voters also approved a revised general operating budget of \$3,905,214, down from the original proposal of \$3,934,064. The article passed after amendment during the meeting and represents the primary funding plan for district operations in the coming year.

A separate article appropriating \$287,003 from the Apparatus and Equipment Replacement Special Revenue Fund for fire, rescue and EMS equipment, along with ambulance-related costs, was approved. Because the funding comes from

SEE FIRE, PAGE A8

Powerhouse announces auditions for "1776 the Musical!"

LACONIA — Powerhouse Theatre Collaborative, the resident theatre company of the Colonial Theatre in Laconia, announces auditions for "1776 the Musical," which will be performed June 27 at the Colonial in collaboration with 20 members of the Lakes Region Symphony Orchestra in honor of America's 250th birthday.

"1776" won the Tony Award for best musical in 1969, and concerns the events leading up to signing of the Declaration of Independence as John Adams fights to convince

the Continental Congress to vote for independence from England. The musical looks at the compromises required to get all 13 states on board to sign Thomas Jefferson's historic document, leading up to the powerful final vote.

Auditions will be by video only, and require a one-minute song of your choosing that showcases your vocal range and acting ability and an audition side provided at powerhousesnh.org/auditions. Registration and video are due by Sunday, March 29.

Most rehearsals for "1776" will take place in May on Sundays, Mondays and Wednesdays in Laconia. There will be a few additional rehearsals in June and mandatory rehearsals on Tuesday, June 23 and Friday, June 26. There will be 2 p.m. and 7 p.m. performances at the Colonial on June 27.

Powerhouse is looking for talented actors who sing well as the show contains a lot of dialogue, and only a few group musical numbers. Auditioners should be self motivated, and able to practice at home, as while

this is a concert version with minimal staging, the play will be fully memorized and performed without scripts in hand. The staging will be directed by Bryan Halperin, with Music Direction and Conducting by Laura Iwaskiewicz, and Costumes by Emily Nelson. This is Powerhouse's first collaboration with the Symphony!

Says Halperin, "We wanted to do something to commemorate this historic moment in American history despite the admittedly polarized time we find ourselves in. '1776' is a pow-

erful reminder about the way our Founding Fathers found common ground and a common mission to achieve independence and we hope community members can come together and be reminded of our common history as Americans."

Tickets for 1776 are already on sale at coloniallaconia.com and powerhousesnh.org/1776 - buyers should make sure they are only buying tickets from the correct links, as third-party sites inflate the ticket prices. This special event is sponsored

by Friedman and Bresaw, PLLC.

For all the details on Powerhouse Theatre Collaborative, auditions, and other events in the 2026 season, check out powerhousesnh.org or email info@powerhousesnh.org. Powerhouse is still looking for business sponsors to support the costs of this and other productions in the 2026 season - contact the email above with questions or interest.

Aviation summer camp takes off



COURTESY

ACE Academy graduate, now licensed pilot, Ethan Seeler, gets ready for takeoff. Since attending ACE Academy, Seeler, currently a college student, has earned his private and commercial pilot's license, is rated to fly single and multi-engine aircraft, has his instrument rating and is licensed as an Airframe and Power Point Mechanic.

GILFORD — WinnAero, the STEM aviation/aerospace education non-profit, announces its summer day camp sched-

ule with a new twist. Due to increasing applications, WinnAero has engaged RegPack, a computerized on-line registration and

payment software company to expedite the registration process.

"Our increasing enrollments each year dictated

we offer an on-line registration and payment option for parents," said WinnAero Education Director Dan Caron.

The new online process will apply to this summer's ACE Academies held at the Laconia Airport.

"Parents can now submit their student's application fully on-line, reserve a seat early, pay tuition securely and submit required documentation as well," added Caron.

The results have been immediate said Zach Glennon of Meredith. Glennon joined WinnAero as its Technology Consultant responsible for on-boarding the RegPack System. For the previous three years, the ACE Academies have averaged 100 students enrolled. Thus far in 2026, RegPack has already processed 56 applications for the July summer camps.

The dates, times, themes and tuition costs for the ACE Academies summer camps are available at

www.winnaero.org or by contacting Camp Director Caron at dan.caron@winnaero.org. The 2026 session themes include Air Traffic Control, Search & Rescue Techniques, Aerospace Engineering, Pre-Ground School for future pilots, a Space Academy, Drone Operations, and Aeromedical Effects of High Altitude Flight. All

sessions are taught by current certified N.H. teachers augmented by subject matter experts. The ACE Academies are day camps for grades 3 through 12 students the weeks of July 6-10 and July 13-17. For more information, visit www.winnaero.org.

Brookford Farm to host 'Baa Baa Bash' spring celebration

CANTERBURY — Families looking for a close-up look at spring on a working New Hampshire farm will have multiple opportunities in April as Brookford Farm opens its gates for its annual Baa Baa Bash, a weekend series centered on baby animals, seasonal farm activities, and local food.

The free event is scheduled for Saturdays and Sundays throughout April from 9 a.m. to 6 p.m. at Brookford Farm, 250 West Rd. Visitors are invited to meet young livestock, explore the farm store, and learn more about the farm's year-round community supported agriculture program.

Organizers describe the event as a chance for residents to experience lambing season and early spring farm life firsthand. Depending on timing and farm conditions, visitors may even witness a live animal birth, one of the highlights that draws returning families each year.

Guests can purchase feed bags to interact with animals and are encouraged to come prepared for muddy conditions typical of early spring in central New Hampshire. Farm staff recommend sturdy boots and outdoor clothing.

In addition to animal visits, the farm's store will be open throughout the event, featuring farm-raised products and locally made goods. Free samples will also be available. Organic seeds and organic soil products will be offered for purchase as gardeners begin preparing for the growing season.

Farm representatives will also provide information about Brookford Farm's CSA program, which allows members to receive regular shares of vegetables, dairy, and meats produced on site. The program operates year-round and serves households across the region.

Because the farm is home to numerous animals, visitors are asked not to bring pets.

Brookford Farm is one of the largest diversified organic farms in New Hampshire, producing vegetables, dairy, pasture-raised meats, and other goods while hosting educational programs and seasonal public events throughout the year.

The Baa Baa Bash is open to all ages, and does not require advance registration.

Share your input on transportation in the Lakes Region

REGION — The Lakes Region Planning Commission is inviting residents to take part in a Transportation Survey as part of the update to the 2015 Lakes Region Master Plan.

This survey is the first in a series of four and will help guide future planning efforts related to transportation, housing, economic development, and natural resources.

Your feedback is important—please consider taking a few minutes to complete the survey on the LRPC's Web site, lakesrpc.nh.gov.

LOW COST SPAY/NEUTER

Rozzie May
Animal Alliance
cats and dogs.

Cat Cab service available.
Military discounts.

RMAA accepts NH Plan B.

Sign up on line
www.rozziemay.org
or call 603-447-1373

NORTH COUNTRY COINS, LLC
BUYING - SELLING - APPRAISALS
Est. 1989
WWW.NCCNH.COM
TUES - FRI 10 - 5 • SAT 10 - 3

HIGHEST PRICES PAID
All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.
NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.



Ambrose Bros., Inc.
MEREDITH, N.H.

WANTED
Pipe Layer/Foreman

Route 3 • Meredith, NH • 03253
279-4444

Lakes Region
Chimney Pro

Sweeps • Stonework
Brick Repairs • Liners
Caps • Installations
Fire Place Makeovers

Sweeps as low as \$244

CERTIFIED CHIMNEY SWEEP

Video Chimney Inspections

603-520-7217

Fully Insured

Comfort Keepers

Seniors and sundowning: What it is and how to cope with it

BY MARTHA SWATS

Owner/Administrator
Comfort Keepers

Sundowning is a symptom of Alzheimer's disease and other forms of dementia, most often affecting people who have mid- and late-stage dementia. Confusion and agitation worsen in the late afternoon and evening when the sun goes down, and symptoms are less pronounced earlier in the day. Sundowning is also called "late-day confusion."

Sundowning behaviors can be verbal or physical. They can occur suddenly, with no apparent reason, or predictably result from a frustrating situation. While it can be hard to cope with, it can help when you realize that the person with Alzheimer's or dementia is not acting aggressively on purpose.

Factors that may aggra-

vate sundowning

End-of-day exhaustion (both mental and physical)

An upset in the "internal body clock," causing a biological mix-up between day and night

Reduced lighting and increased shadows, causing people with Alzheimer's to misinterpret what they see, so they become confused and afraid

Disorientation due to the inability to separate dreams from reality when sleeping

Change in the normal routine

Reactions to nonverbal cues of frustration from family caregivers who are exhausted from their day

Strategies for managing the symptoms of sundowning

Provide comfort and familiarity. For loved ones with dementia, the world can be scary. Surround

them with comfortable pillows and blankets, family photographs, figurines, and other familiar objects.

Light up the home in the evening. Adequate lighting may reduce the agitation that occurs when surroundings are dark or unfamiliar.

Make a comfortable and safe sleep environment. Keep a comfortable room temperature. Provide nightlights and appropriate door and window locks. Door sensors and motion detectors can be used to alert family members when a person is wandering.

Maintain a schedule. As much as possible, encourage the person with dementia to adhere to a regular daily routine of meals, waking, and going to bed.

Avoid stimulants and large dinners. Avoid nicotine and alcohol, and restrict sweets and caffeine to the morning hours. Turn evening meals into more of a light snack.

Plan more active days.

Discourage afternoon napping and plan activities for the morning or early afternoon. Encourage daily exercise, but no later than four hours before bedtime.

Minimize Stress. Try to stay calm in the evening hours. Stick to simple activities that aren't challenging or fear-inducing. You might put on soft music to create a calm environment. Watching TV or reading a book may be too hard to follow — and frustrating for the senior.

Try to identify triggers and write them down. Limit distractions during the evening hours such as loud music, people coming and going, etc. Keep a journal of activities, environment, and behavior to identify triggers. Then you can avoid those situations that promote agitation and confusion in your loved one.

Be mindful of your own mental and physical exhaustion. If you are feeling stressed by late afternoon,

the person may sense it and become agitated or confused. Get plenty of rest at night for more energy during the day.

Comfort Keepers® can help. Sundowning syndrome can be exhausting for seniors who suffer from Alzheimer's and other forms of dementia, as well as their families. Comfort Keepers not only understands this challenge, we also offer respite care for family members so you can remain patient and supportive for your loved one. Call us today.

About Comfort Keepers
Comfort Keepers is a trusted provider of both medical and non-medical in-home care services, dedicated to helping seniors and adults live safely, independently, and with dignity. Our comprehensive services include companionship, transportation, housekeeping, meal preparation, personal

care, mobility assistance, private duty nursing, and other support services. We also offer Safety Choice Personal Emergency Response Units, providing an added layer of security and peace of mind for clients and families. Proudly serving New Hampshire residents since 2005, Comfort Keepers is committed to thinking outside the box — exploring innovative solutions to meet the evolving needs of our community. To learn more, call 603-536-6060 or visit NHComfortKeepers.com.

References:

Mayo Clinic. "Sundowning: Late-day Confusion". Web. 2013. HealthLine.com. "What is Sundowning?" by Erica Roth. Web. 2013. Alzheimer's Association. Sleep Issues and Sundowning". Web. 2013.

HK Powersports partners with X Racing for Snowmobile Mountain Madness at Gunstock

LACONIA — Officials at X Racing have announced well known and respected dealership HK Powersports, of Laconia and Hooksett, has come on board in support of our inaugural Snowmobile Mountain Madness event, set for April 11 & 12 at Gunstock Mountain Resort.

HK Powersports has a rich history of serving snowmobile enthusiasts throughout the Lakes Region with top-notch sales and service for decades. They've also supported racing in multiple forms,

from snowmobiles in the winter, to short track stock car racing during the summer months.

"We're excited and proud to have an established dealer like HK Powersports involved at Gunstock," X Racing president Joe Duncan said. "With this race in their own backyard, a lot of their loyal customers will be in attendance. We want to bring new racers to them, and sure appreciate them coming on board. We're working to attract new faces to the sport with our low-cost, big-fun Sunday

Funday program. It's based on common sleds, not limited production machine, and offers multiple chances to race each day. Those new racers will need safety gear, which we know HK Powersports has available."

HK Owner/Operator Brian Whalley is a former racer who knows the value of having a race in his area.

"Racing has always

been part of our DNA," Whalley said. "My family grew up around the sport, and it's amazing to see the energy building around snowmobile racing again in New Hampshire. Bringing an event like this to Gunstock gives fans, riders, and families a chance to experience the sport up close."

Madeline Stack is the Marketing Director at HK

Powersports, and understands that value, as well.

"At HK Powersports, we're always looking for ways to bring the powersports lifestyle to life," Stack said. "Partnering with X Racing allows us to showcase the excitement of snowmobile racing while connecting with enthusiasts who share the same passion for winter riding."

Make the most of race weekend with a stop at HK Powersports—your go-to destination for everything you need on and off the track. With two convenient locations, including our Hooksett store just off I-93 and our Laconia location just 15 minutes (eight miles) from Gunstock Mountain Resort, getting geared up has never been easier.

Whether you're dialing in your sled or making last-minute adjustments, we've got you covered with a full selection of safety gear, performance parts, and race-day essentials. Stop in, stock up, and hit the mountain ready to ride.

X Racing is a sanctioning body for snowmobile racing based in Elk River, Minnesota. X Racing strives to maintain regional race circuits in the upper Midwest and Northeast to keep the sport thriving. It operates on a philosophy of affordable racing, keeping costs to a minimum for families who love sleds.

For more information, please go to www.SundayFundayX.com. To learn more about HK Powersports, go to www.hkpowersports.com.

Ladies Twilite Golf League at Den Brae now accepting registrations for 2026 season

SANBORNTON — The Ladies Twilite Golf League at Den Brae Golf Course is now accepting registrations for Tuesday night league play beginning in May.

Ladies Twilite is a fun, social, and somewhat competitive golf league designed for women of all skill levels. Whether you are new to the game or a seasoned player, the league provides a welcoming environment where camaraderie and friendly competition go hand in hand. Many participants come for the golf and stay to enjoy drinks, dinner, and socializing following their round.

League play runs from May 19 through Aug. 25, with tee times available Tuesday evenings from 3:30 to 6 p.m. The league format is structured to ensure fair and enjoyable competition, with players matched against others of similar skill levels. Teams are formed based on each player's combined average score from two rounds played at Den Brae, creating balanced and competitive matchups throughout the season.

Women interested in joining are encouraged to register soon, as space may be limited.

For more information or to register, please email la-di-est-wilite@gmail.com.

Come for the golf—stay for the fun!

Sanbornton Town Clerk raffling off dog gift basket

SANBORNTON — The Sanbornton Town Clerk's office is encouraging residents to register their four-legged friends by once again raffling off a dog gift basket.

Register your dog by April 30 at the town clerk's office, 17 Meetinghouse Hill Rd., during normal business hours to be entered for a chance to win! Your dog must be up to date on their rabies vaccination, and dogs already registered have been entered automatically. The winner will also get one free dog registration for next year, and will get to pick the number tag they would like.

For more information, contact the town clerk's office at (603) 286-4034 or tctc@sanborntonnh.org.

Wonderful Things
Come In Small Packages...



Old Man Pendant from \$35

especially if they're from
Alan F. Soule Jewelers
286-8649
422 W. Main St. ASF Tilton, NH ASF
(across from Winnisquam HS)
Gold • Sterling • Diamonds
Colored Stones • Repairs
Custom & Handcrafted Items
Wedding & Family Jewelry

Mountain Fare Inn
in Campton Village
603 236-6607



WWW.MOUNTAINFAREINN.COM
Your Base Camp In The Whites!
~ Beautiful lodging for graduation!~



HARRIMAN HILL I & II
Wolfeboro, NH

3-bedroom unit AVAILABLE NOW!

Heat and hot water included! W/D hook-ups, plenty of closets, close to downtown, ample on-site parking, 24-hour maintenance, non-smoking buildings, income guidelines apply.
Section 8 Vouchers Welcome!
Credit, Criminal, & Landlord Checks

CONTACT US TODAY!
(603) 224-9221
TDD # 1-800-545-1833 Ext. 118
www.hodgescompanies.com
The Hodges Companies
201 Loudon Road Concord, NH 0330

Proudly owned by




An Equal Opportunity Provider and Employer



Opinion

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

A strong start to the school day begins at breakfast

Across the Winnisquam Regional School District, the first week of March brought something more than the usual morning routine. It brought dragons, a princess, and a reminder of something both simple and important: a good school day often begins with a good breakfast.

By celebrating National School Breakfast Week with the theme "School Breakfast: Quest for School Breakfast," the district found a creative way to highlight a program that quietly supports students every day. Events at Southwick School and Sanbornton Central School helped turn an ordinary morning meal into something memorable, but the larger message behind the celebration deserves attention long after the decorations are packed away.

A reliable breakfast matters more than many people realize. Teachers have long observed what parents already know from experience. Children who start their day with a balanced meal are more attentive, more prepared to participate, and better positioned to absorb what they are learning. The difference may not always be dramatic from one day to the next, but over the course of a school year it adds up.

School breakfast programs help make that consistency possible.

For some families, mornings are rushed. Work schedules begin early. Bus routes arrive quickly. Younger siblings need attention at the same time older ones are heading out the door. In households across Tilton, Northfield, Sanbornton, and Belmont, school breakfast offers a dependable option that removes one more source of stress from already busy mornings.

For other families, the benefit is even more direct. A school breakfast can serve as a safeguard that ensures no student begins the day distracted by hunger. That is not something any child should have to manage while trying to learn math facts or practice reading aloud.

Programs like the one supported by NH Hunger Solutions, UNH Extension, and the New Hampshire Dairy Council help make this possible. Their partnership with local schools demonstrates how statewide organizations and local communities can work together in practical ways that support students where it matters most.

Equally important is the way the district chose to present the message this year. Turning the cafeteria into part of a "quest" captured the imagination of younger students and reminded older ones that school meals are not an afterthought. They are part of the structure that helps make a school day work.

When students walk into a cafeteria and are greeted with enthusiasm, creativity, and encouragement, it changes how they see that space. It becomes more than a place to pass through. It becomes part of the school community.

That sense of belonging matters.

It is easy to overlook programs that operate quietly in the background. School breakfast does not often appear on meeting agendas or ballot warrants. Yet it supports learning in ways that are immediate and measurable every single day.

Communities take pride in their schools for many reasons. Athletics, concerts, and classroom achievements often receive the spotlight. They should. But the smaller systems that help students arrive ready to learn deserve recognition as well.

A strong start in the morning is not complicated. It begins with a seat at a table, a balanced meal, and the assurance that someone thought ahead about what students need before the first lesson even begins.



COURTESY

Belmont High School's Spanish Club went to Odysea in Bristol last week for a farm to table coffee experience. Francisco's family are farmers from Honduras. We learned how the beans are grown, picked, flavored and prepared. The multisensory presentation and taste testing was informative and well received. Students highly recommend the shop, said they will go back again and one inquired about a summer job. Photo courtesy of the Shaker Regional School District's Facebook page.

LETTERS TO THE EDITOR

Thank you for a successful Town Meeting

To the Editor:

The Belmont Board of Selectmen would like to thank everyone for a successful 2026 Town Meeting. We are grateful to the voters of the Town of Belmont who came out on Election Day, asked thoughtful questions, and engaged directly with their officials. It was a strong turnout, and wonderful to see so many community members participate.

We also extend our sincere appreciation to our Town Administrator; the Town Hall staff; the Building & Grounds crew; Department Heads; elected and appointed officials; and all Town employees for their extensive work in preparing the budget and the ballot, and their work for Election Day. We value everyone's contributions and their commitment to working cohesively for the best interests of the town.

Our Town Clerk, her Assistants, our Moderator, the Supervisors of the Checklist, and the ballot clerks all put in a long day to ensure a smooth voting experience for

everyone.

We appreciate everyone who has served our community and extend a warm welcome to all newly elected officials and board members.

Lastly, we congratulate Sonny Patten on his "retirement" from the Board of Selectmen. Sonny served on the town's Planning Board as an alternate from 1991 to 1994, a full member from 1994 to 2018, and then as a selectman from 2018-2026. His dedication and service to the Town of Belmont have not gone unrecognized. Please thank him if you see him out and about!

Ruth P. Mooney
Sharon Ciampi
Jon Pike
Mark Lewandoski
Travis O'Hara
Board of Selectmen
Belmont

The first real sign of Spring isn't the weather

Every year about this time, somebody says, "Feels like spring's finally here," and I

KIND FOLKS, COLD WINTERS

By CHIPPY

usually look outside at a yard still patched with old snow and think, Not quite yet.

Spring doesn't arrive all at once in New Hampshire. It never has. It sneaks in the way a polite guest does, opening the door just a little at a time and waiting to see if anyone notices.

When I was younger, I thought spring meant warm air. Now I know better. Around here, spring means sound first. You hear it before you see it. A drip off the roof. A little trickle running along the edge of the road. A screen door somewhere down the street opening for the first time since October.

That first open window in the house always surprises me. My wife usually beats me to it. I'll come into the kitchen and feel that faint cool breeze moving across the floor, carrying the smell of damp earth and old leaves waking up

again. It is not warm air. Not even close. But it is different air.

That difference matters.

I noticed another sign last week while walking past a neighbor's yard. Someone had dragged a rake out of the garage and leaned it against the fence. No leaves were being moved yet. No cleanup had started. But the rake was there, standing ready like it had business to attend to soon. That's spring in New Hampshire right there.

Mud season gets all the attention this time of year, and I understand why. You cannot go anywhere without bringing half the driveway back into the house on your boots. But I've come to appreciate mud season more as I get older. It is proof the ground is softening again. After months of frozen certainty, a little mess is not the worst thing.

I saw a group of kids riding bikes down our road the other afternoon without hats or gloves. That was another sign. They were

not riding fast. Just circling around the same stretch of pavement like they were reacquainting themselves with freedom after a long indoor winter. ☺

You forget how quiet winter can be until it starts filling up again with voices.

There is also a certain look people get in March that I recognize immediately. Folks linger outside longer than necessary. They stand at the mailbox a minute too long. They pause halfway up the walkway and look around as if something important might be happening in the trees.

It usually is.

The chickadees start sounding busier. The crows hold longer conversations. Even the late afternoon light changes its mind about leaving so early. None of this feels dramatic while it is happening. But taken together, it adds up to something steady and reassuring.

When our children were young, spring meant baseball gloves coming out of the closet and boots drying by the door. These days the

house stays quieter, but I still find myself noticing the same small signals. The calendar may say spring starts on a certain day, but around here it really begins when people start believing winter is no longer in charge.

I have learned not to rush it. New Hampshire does not reward impatience in March. We will still get one more surprise snowstorm. Probably two. Someone will put their shovel away too soon and regret it.

Still, something has already shifted.

You can feel it in the way neighbors wave a little longer when they pass. You can see it in the first muddy pawprints across the kitchen floor. You can hear it in the quiet confidence people have when they say, "We made it through another one."

Spring does not arrive in New Hampshire all at once.

It arrives the moment we begin opening the door again.



Winnisquam Echo

TO PLACE AN AD:
ADVERTISING EXECUTIVE
Tracy Lewis
(603) 575-9127
tracy@salmonpress.news

SUBSCRIPTION SERVICES:
KERRI PETERSON
(603) 279-4516 x303
kerri@salmonpress.news

TO PRINT AN OBITUARY:
E-MAIL: obituaries@salmonpress.news
CALL: 603-677-9084

TO SUBMIT A LETTER
TO THE EDITOR:
E-MAIL: brendan@salmonpress.news

THE WINNISQUAM ECHO
PUBLISHED BY
SALMON PRESS

PRESIDENT & PUBLISHER
FRANK C. CHILINSKI
frank@salmonpress.news

BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

OPERATIONS DIRECTOR
JIM DINICOLA
(508) 764-4325

DISTRIBUTION MANAGER
JIM HINCKLEY
(603) 279-4516

MANAGING EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news

PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie.c@salmonpress.news

USPS 024-975

The Winnisquam Echo is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Winnisquam Echo, P.O. Box 729, Meredith, NH 03253.

MVSB names SBA Leading Rural Lender of the Year



COURTESY

From left, Peter A. Steele, SBA New England Regional Administrator, Katelyn LaBonte, MVSB Senior Credit Analyst, Tina Simpson, MVSB VP Commercial Loan Officer, Tate Miller, MVSB Commercial Loan Officer, Dan Osetek, MVSB SVP Senior Commercial Lending Officer, Lori Cote, MVSB VP Commercial Loan Officer, and Amy Bassett, SBA NH District Director.

MEREDITH — Meredith Village Savings Bank (MVSB) was named Lead-

ing Rural Lender of the Year by the U.S. Small Business Administration

(SBA) New Hampshire District Office, recognizing the Bank's commitment to expanding access to capital for small businesses in communities across New Hampshire.

The award highlights MVSB's leadership in SBA 7(a) lending and its focus on supporting entrepreneurs in areas where financing options can be more limited. In the past year, 92% of MVSB's SBA lending supported businesses located in rural communities, reinforcing the Bank's mission to strengthen local economies and help businesses grow.

"Small businesses are the backbone of our communities, but for those in rural areas, getting access to financing isn't always easy," said Dan Osetek, Senior Vice President and Senior Commercial Loan Officer at Meredith Village Savings Bank. "Being named the SBA's Leading Rural Lender of the Year really reflects our team's commitment to support local business owners. We're proud to work with entrepreneurs who are creating jobs, reinvesting locally, and helping keep New Hampshire's rural communities strong."

members of the Commercial Lending team accepted the award during the SBA's Lender Appreciation Ceremony at the historic Mill-yard Museum in Manchester on March 2.

MVSB's Commercial Lending team partners with businesses throughout the Lakes Region, Seacoast and Mount Washington Valley, helping them start, expand and adapt through every stage of growth. Combining local expertise, SBA programs, and advanced technology, the Bank delivers a modern lending experience that supports long-term economic vitality in New Hampshire.

The U.S. Small Business Administration (SBA) helps small business owners and entrepreneurs pursue the American dream. The SBA's 7(a) Loan Program is its primary program for providing financial assistance to small businesses and offers government guarantees on loans of up to \$5 million. Learn more about

the SBA New Hampshire District at sba.gov/district/new-hampshire.

MVSB has been serving the essential banking needs of people, businesses, nonprofits and municipalities for more than 150 years. As a mutual savings bank, MVSB has no stockholders but rather operates for the benefit of its customers, employees and community. Since our founding, one thing has always remained true: caring is at the heart of everything we do. By building and nurturing relationships, we believe that we can cultivate a community where we all thrive. It all starts with caring about our customers and neighbors. To learn more, visit any of the local branch offices located in New Hampshire in Alton, Ashland, Center Harbor, Exeter, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, North Conway, Plymouth, Portsmouth, Rochester or Wolfeboro, call 800-922-6872 or visit mvsb.com.

Matter of Law



Trusts are not just for wealthy people

BY ATTORNEY ORA SCHWARTZBERG
PLYMOUTH

What is a trust?

A Trust is a legal entity that can own some of your bank accounts, real estate, as well as your jewelry, artwork, furniture and other items. A Trust can even own your dog. A Trust can also be named as a beneficiary on your bank or retirement accounts.

The beauty of this is that with a Revocable Living Trust, you can have complete control of the property owned by your Trust during your lifetime. It is so simple. You don't even have to file a separate tax return because, as far as the IRS is concerned, the Trust is you or you and your spouse, if you create joint Trust.

A revocable living trust helps you avoid the Probate Court

The only property that has to go through the Probate Court, with an accounting and distribution approved by a judge, is property that you own when you die.

If you die owning nothing, then there can be no probate. One way that you can die owning nothing is to transfer everything you own to a Revocable Living Trust, except for certain bank and retirement accounts, that pass immediately to the beneficiaries that you name, as a matter of law.

Establishing a Revocable Living Trust is not complicated, if you use a competent attorney to guide you through the process. There are many options available to you. An attorney can explain them to you and can assist you in developing a plan that is tailored to the specific needs of you and your family.

Creating a Revocable Living Trust should not be confused with Irrevocable Trusts. Irrevocable Trusts can be very complicated and often cause you to lose control of your property.

Concord Hospital expands OB/GYN services in Laconia with addition of female surgeon



Dr. Michelle L. Ciarlo

LACONIA — Dr. Michelle L. Ciarlo is providing surgical services at Concord Hospital Obstetrics & Gynecology — Laconia (CH OB/GYN — Laconia), responding directly to community feedback requesting a female surgeon in the Lakes Region.

Previously, surgical services in Laconia were supported by one male surgeon, with additional Concord-based surgeons rotat-

ing through the practice. With Ciarlo's regular presence in Laconia, patients will now have expanded access to female surgical care closer to home.

"We listened to what the community has requested—a female surgeon," said Maria J. Rosario, MSW, MBA, practice administrator for Concord Hospital OB/GYN in Concord and Laconia. "This will allow members of the Lakes Region to receive that care in their community. Dr. Ciarlo is a knowledgeable provider who gives the very best care to her patients."

Ciarlo will provide both surgical procedures and office-based patient care during her time in Laconia. Her addition does not replace any existing personnel; rather, she will continue practicing in Concord while dedicating part of her schedule to serving the Lakes Region.

In addition to expanding access to a female surgeon, Concord Hospital has successfully introduced robotic-assisted gynecologic surgery in Laconia. Dr. Heidi Hallonquist and Dr. Courtney Jones will continue traveling to Laconia to perform robotic procedures, ensuring patients benefit from advanced minimally invasive surgical options locally.

For more information or to schedule an appointment at CH OB/GYN — Laconia, visit concordhospital.org.



Ossipee Owl

Used Books and Things

GOING OUT OF BUSINESS SALE

**MOST ITEMS 50% OFF ALL PURCHASES
SOME OWNER FINANCE AVAILABLE**

20,000 used books craft supplies, glassware, table runners, tools, store fixtures, bookcases, tables, glass floor jewelry cases

**If you do craft fairs or flea markets, we would love to talk to you
good deals and lots of things you can use
last day April 17.**

EVERYTHING MUST GO

**OPEN 10 am to 5 pm Monday-Thursday-Friday and Saturday
485 Rte 16 Ossipee, NH • 603-539-4296**

Scott Burns' Landscaping, LLC

Well-established Lakes Region landscape company is hiring for the upcoming season. Positions available include gardeners as well as hardscape and softscape crew leaders and members.

If you are looking to change it up and love the outdoors with a M-F work schedule, give us a call. Valid driver's license required.

For more info, contact Scott at 603-279-8100 or email scott@scottburnslandscaping.com

Forest Pump & Filter Co.

Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

**WELL DRILLING PUMP SYSTEMS
FILTERS**

Family Owned Business for 40 Years

**CALL FOR SERVICE
FOREST PUMP & FILTER CO., INC.
603-332-9037**

Ready to build? Join MVSBS for a construction loan seminar this spring

REGION — MVSBS (Meredith Village Savings Bank) will host in-person seminars during March, April and May to help individuals navigate the home construction loan process. Attendees will gain valuable insight from MVSBS's construction loan specialists on financing options, budgeting strategies, and ways to stay ahead of potential challenges. As an added benefit, those who attend will be eligible for a \$500 closing cost credit from MVSBS (conditions apply).

"Building a home is an exciting milestone, but it can also feel overwhelming," said Lauren Young, MVSBS Vice President Residential Mortgage Sales NMLS# 1890212. "These seminars are designed to help break down the process, answer common questions, and give attendees a clearer understanding of the Bank's role in supporting them at every step — from planning and financing to closing — so they can move forward with confidence in their homebuilding plans."

The public is invited to RSVP to one of the following seminars from 5–7 pm:

- March 25: Moultonborough Public Library, Program Meeting Room
- April 14: Pease Public Library, Plymouth



From left, Roy Graves, Senior Construction Loan Specialist, and Kenneth Paul, VP Residential Construction Lending Officer, discuss the home construction loan process at a seminar last March. MVSBS will host construction loan seminars again this spring.

- April 16: MVSBS Portsmouth Branch Office
- April 22: MVSBS Laco-nia Branch Office
- May 6: Pope Memorial Library, North Conway
- May 12: Wolfeboro Public Library

There is no charge to

attend and light refreshments will be provided. Go to mvsb.com/class to reserve your space or contact Michele Aguiar at 603-279-9129 for more information.

Spring 2026 Construction Loan Seminar attendees are eligible for a \$500

credit against closing costs at closing for certain new construction 1-4 family residential owner-occupied first mortgages with MVSBS with a completed application within 12 months of the date you attend a seminar. This is subject to qualification,

approval and closing of the loan. This discount excludes home equity and government loans and cannot be used with any other offer or discount. Coupon must be presented at time of application and all eligibility requirements met prior to your new loan

closing date. Only one discount permitted per new loan. This discount is void where prohibited, is non-transferable and may be subject to other terms and conditions. Discount may not exceed the borrowers out of pocket closing costs. MVSBS reserves the right to cancel this program at any time.

MVSBS has been serving the essential banking needs of people, businesses, non-profits and municipalities for more than 150 years. As a mutual savings bank, MVSBS has no stockholders but rather operates for the benefit of its customers, employees and community. Since our founding, one thing has always remained true: caring is at the heart of everything we do. By building and nurturing relationships, we believe that we can cultivate a community where we all thrive. It all starts with caring about our customers and neighbors. To learn more, visit any of the local branch offices located in New Hampshire in Alton, Ashland, Center Harbor, Exeter, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, North Conway, Plymouth, Portsmouth, Rochester or Wolfeboro, call 800-922-6872 or visit mvsb.com. MVSBS. Equal Housing Lender. NMLS #466022

NHBM's Signature Boat Building program returns this July



MOULTONBOROUGH — The New Hampshire Boat Museum's Youth, Family, and Adult Boat Building Class returns this summer from July 11–19. Held at the museum's Wolfeboro campus, the popular program invites participants to

transform a kit of raw materials into a fully functional, handcrafted watercraft in just over a week.

"There is a profound sense of magic that happens in the program," said Devon Kurtz, Executive Director of the New Hampshire Boat Museum.

"Participants arrive with a dream and a pile of wood — and nine days later, they are standing on the shores of Lake Wentworth with a boat they built with their own two hands."

The 2026 session features five distinct boat models to suit every skill level and interest. These models include classic canoes and kayaks, which are elegant designs for solo or tandem paddling. The Wood Duck 12 Kayak is this year's featured model, known for its stability and spacious cockpit. Participants can also build a modern, lightweight paddleboard or Bevin's Skiff (a family-friendly project perfect for youth teams).

The class runs daily from 8:30 a.m. to 3:30 p.m. at 399 Center St. in Wolfeboro. Registration is open now at nhbm.org. The program concludes with a celebratory Group Launch on Lake Wentworth on Sunday, July 19.

Financial assistance is available to ensure the program remains accessible to everyone. To learn more or register, visit nhbm.org/boat-building.

Founded in 1992, the New Hampshire Boat Museum is dedicated to preserving and sharing the state's rich freshwater boating heritage. Through dynamic exhibits, youth programs like Junior Skippers, and on-the-water experiences, NHBM brings New Hampshire's boating story to life.

NHBM is supported by its generous partners, including Goodhue Boat Company, Eastern Propane and Oil, Kingswood Press and Design Studio, KW Lakes and Mountains, Taylor Community, Belletetes, and North Water Marine.

Community survey launched to address gaps in women's health access across NH

REGION — Women of the Mountains Birth Initiative (WOMB) is calling on women across New Hampshire to participate in a brief, anonymous survey aimed at improving access to comprehensive women's health care statewide.

The survey is part of a federally funded initiative led by the New Hampshire Insurance Department (NHID) to better understand where women face barriers to care—including insurance coverage gaps, limited provider access, and unmet health needs across the lifespan. Findings will directly inform state-level recommendations, payer strategies, and future outreach and education efforts.

WOMB recently partnered with NHID to host a regional focus group in late 2025. This follow-up survey expands that effort, offering a broader opportunity for voices—especially those in rural and underserved communities—to be heard.

"Too often, decisions about women's health care are made without hearing directly from the people most affected,"

said a representative from WOMB. "This survey is a chance for lived experiences to shape real policy conversations."

The survey is voluntary, anonymous, and takes approximately 5–10 minutes to complete. No personally identifiable information is collected. NHID has contracted with Health Management Associates to analyze results and prepare a report with recommendations to the state.

Community members are encouraged to participate and share the survey widely.

Take the survey at https://healthmanagement.qualtrics.com/jfe/form/SV_d4h9ebw3BlT oVM.



Millwork Field Service Technician

If you have experience in construction, carpentry, window and door installation, or building materials - and enjoy solving problems and working independently - this is a great opportunity to join a stable, growing building materials company.

This position can be conveniently located from one of our New Hampshire branch locations (Andover, Ashland, Brookline, Jaffrey, or Pembroke) offering flexibility and reduced commute time depending on where you live.

What You'll Do

- Travel to job sites to diagnose and repair issues with windows and doors
- Specify replacement parts, materials and/or other solutions
- Maintain timely and accurate service documentation
- Communicate with homeowners, contractors, and Belletetes internal teams

What We're Looking For

- Strong mechanical aptitude and creative problem-solving skills
- Ability to safely lift and handle windows and doors
- Valid driver's license with clean driving record
- Professional appearance and strong customer service skills
- Ability to work independently representing the company on job sites

You may apply in person or download an application from our website: www.belletetes.com. Submit applications to:

Matt Keenan, Millwork Sales Director
Email: mkeen@belletetes.com

Belletetes is a 5th-generation, family-owned building materials supplier with over 125 years in business. With 10 locations throughout NH and MA, we believe our employees are our greatest asset and invest in long-term career development.

Competitive Wages Health Insurance Paid Vacations Profit Sharing Paid Holidays Store Discounts Paid Time Off Much More! E.O.E.

4H programs hold public speaking event



REGION — On Saturday morning, March 14, Belknap County and Grafton County held their 4H Presents event. This is an event for the kids to compete in public speaking. It is an opportunity to build confidence in the realm of public speaking.

The topics ranged from Healthy Eating (benefits of a rainbow salad), Science (which produces more electricity, a lemon battery or a potato battery - potato is the answer!), environmental science (what



melted ice the fastest - Iso-propyl), finally an informational "The history of Knock-Knock Jokes (William Shakespeare!)."

We had 12 caring adults from local communities who provided feedback, encouragement, and supported youth in building confidence and communication skills.

Today Belknap County

and Grafton County held their 4H Presents event

We were very grateful and fortunate to have Sen. Timothy P. Lang and Representative Matt Coker assist us in judging. I want to thank both for helping out!

4H is a wonderful program. It offers programs and events that help youth get prepared for whatever

life throws their way. For more information about 4H in New Hampshire please visit our web <https://extension.unh.edu/new-hampshire-4-h/counties/belknap-county-4-h>

Janice Leighton-Boudreau Secretary of The Belknap County 4 H Volunteer Leaders.



BELLETTES
SMART • FRIENDLY • SERVICE
SINCE 1898
BUILDING PRODUCT SPECIALISTS

Moultonborough - Lumber Counter

This is a full time position in our Moultonborough store. Duties include assisting customers and contractors with product selection and order entry. Preferred, but not mandatory, doors and windows experience. Minimum two years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

Ian Shurbert, Branch Manager, c/o Belletetes Inc.
121 Whittier Highway, Moultonborough, NH 03254
or you may email to ishurbert@belletetes.com E.O.E.

Competitive Wages Paid Vacation Paid Holidays Paid Time Off
Health Insurance Profit Sharing Store Discounts Much More!

CASTLE
in the CLOUDS

586 Ossipee Park Road • Moultonborough, NH 03254
603-476-5900 • Castleintheclouds.org

JOB FAIR
March 28th from 1pm to 3pm

Year-Round Positions Available:
Director of Advancement • Line Cook • Sous Chef

Seasonal Positions Available:
Housekeeper • Data Collection Associate
Museum Interpreter • Weddings & Events Coordinator
Weddings & Events Assistant • Events Security Associate
Maintenance Assistant • Café in the Clouds Attendant
Café in the Clouds Manager • Front of House Attendant
Dishwasher • Busser/Food Runner
Trolley Driver
Visitor Services

Click on QR code for job descriptions and to apply.

In recognition of Mental Health Awareness Month, this 5K benefits Lakes Region Mental Health Center.

2nd Annual
nucar
Lakes Region 5K
for Mental Health

May 31st, 2026
Race: 8:30am
Kids Fun Run: 8:00am

Tanger
TILTON

www.lrmhc.org
to register or sponsor

Register Here!

BELLETTES
SMART • FRIENDLY • SERVICE
SINCE 1898
BUILDING PRODUCT SPECIALISTS

Paint Specialist/Hardware Clerk

Belletetes Inc. is seeking a paint specialist for our Ashland, NH location. Responsibilities include assisting customers with colors and all necessary supplies for their projects; mixing and matching colors; maintaining and organizing inventory and supporting the hardware department as needed.

The position also requires working with the hardware department when necessary. The successful candidate must enjoy working with people and have excellent customer service skills. Computer skills are helpful and prior experience in paint or retail is beneficial. Some weekend hours are required.

You may call for an appointment or download an application from our website. All applications should be submitted to:

Rick Ash, Hardware Manager, c/o Belletetes Inc.
120 West St., Ashland, NH 03217
or you may email to rash@belletetes.com E.O.E.

Competitive Wages Paid Vacation Paid Holidays Paid Time Off
Health Insurance Profit Sharing Store Discounts Much More!

SEND US YOUR NEWS!!!

Email Us @

news@salmonpress.news

Score a Deal During MARCH MADNESS!

Our Common Man gift cards are 25% OFF for a limited time.
That's a slam dunk!

the common man

MARCH MARCH

Receive 25% OFF your ENTIRE Common Man gift card purchase made in-store (excluding Roadside locations) and EGift cards purchased online at theCman.com.

Our team is ready to assist you in scoring this season's best savings!
BEAT THE BUZZER — ORDER BY MARCH 31.

In-stores (excluding Roadside locations) and EGift cards online at theCman.com.

NORTHFIELD

CONTINUED FROM PAGE A1

ment Capital Reserve Fund and authorized \$52,000 from that reserve to purchase a replacement wood-chipper for road maintenance operations.

Public safety funding was another major focus of the meeting.

Residents supported adding \$40,000 to the Police Cruiser Capital Re-

serve Fund and approved \$156,000 to purchase two replacement police cruisers and associated equipment. That appropriation will be funded through a combination of \$70,000 from the cruiser reserve fund, \$10,000 from the Special Detail Revolving Fund and \$76,000 from fund balance.

In addition, voters approved \$19,100 to purchase police body cameras,

funded from the town's fund balance.

Facilities maintenance and planning also received support at the meeting. Voters approved adding \$120,000 to the Facilities Capital Reserve Fund and authorized \$100,000 from that fund for repairs to town-owned buildings.

The meeting included action affecting veterans as well. Residents voted to increase the service-con-

nected permanent disabled veterans tax credit from \$1,400 to \$2,150, aligning the local credit with changes authorized under House Bill 99.

Voters also approved shortening the term of office for supervisor of the checklist from six years to three years, effective in 2027.

FIRE

CONTINUED FROM PAGE A1

an existing special revenue fund, the appropriation does not affect the tax rate.

Voters also supported a request for \$100,000 from the Land and Building Capital Reserve Fund for design, engineering and architectural work associated with potential construction, additions or renovations to one or more fire stations. The article had originally sought \$155,000 but was amended downward before passage. The appropriation is structured as non-lapsing and will remain available until completion of the project or Dec. 31, 2030, whichever occurs first.

Another proposal to add \$100,000 to the same Land and Building Capital Reserve Fund was tabled with the vote protected, leaving the future of that additional

The largest single article on the warrant, the town's operating budget, was approved as amended. Voters adopted a final general municipal operations budget of \$4,337,133, up from the Budget Committee's recommended figure of \$4,275,916. The appropriation includes \$100,000 from fund balance and

contribution unresolved.

Several smaller funding articles tied to fire prevention, communications and administrative reserves were approved without amendment.

Voters supported transferring \$13,440 from the unassigned fund balance to the Fire Prevention Expendable Trust Fund. A related article appropriating \$16,598 from that trust fund for materials, tools, public education and training activities connected to fire prevention efforts also passed.

An article adding \$10,996 to the Communications Tower Expendable Trust Fund was approved, as was a \$261 transfer to the Health Insurance Reimbursement Deductible Expendable Trust Fund.

District residents additionally approved the cre-

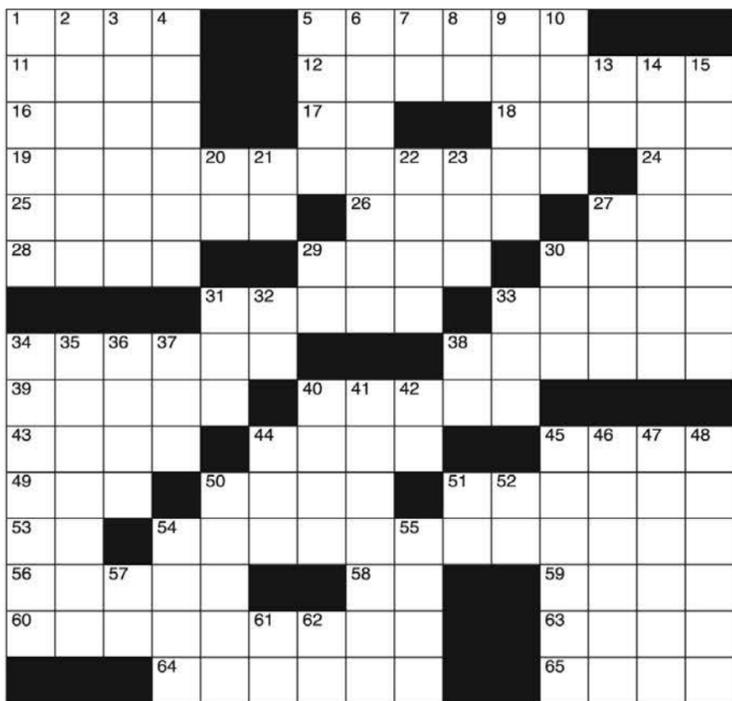
ates does not include funding approved through separate warrant articles.

Together, the approved articles reflect continued emphasis on transportation infrastructure, police equipment upgrades and maintenance of municipal buildings as priorities for the coming fiscal year.

ation of a contingency fund under RSA 31:98-a, appropriating \$37,105 from the unassigned fund balance. Any unused funds in that account at the end of the year will revert to the general fund.

Together, the approved articles continue the district's pattern of using reserve and expendable trust funds to support capital planning, communications infrastructure and prevention programming without direct impact on the tax rate for several items.

The annual district meeting serves residents in both Tilton and Northfield and governs funding for fire suppression, emergency medical services, prevention programs and long-term facility planning across the shared service area.



CLUES ACROSS

- 1. "Bird of Paradise" constellation
- 5. Red Sox WS winner Bronson
- 11. Whirl
- 12. The State Dept. has a notable one
- 16. Energy, style and enthusiasm
- 17. Part of the mind
- 18. Mountainous country
- 19. Type of beverage
- 24. Atomic #109
- 25. Opposite of falsities
- 26. Female sheep
- 27. Rocky peak
- 28. Sensitive information sharing environment
- 29. Ethnic group of Thailand
- 30. Patron saint of Rome Philip
- 31. Psychedelics
- 33. Japanese pine
- 34. Have an impact on
- 38. Violent disorder
- 39. A French river
- 40. Early Mesoamerican civilization
- 43. Messenger ribonucleic acid
- 44. Musician Clapton
- 45. Ancient Greek sophist
- 49. Largest English dictionary (abbr.)
- 50. Valley
- 51. A way to unwind
- 53. Atomic #93
- 54. Recommending
- 56. Indigo bush
- 58. Larry and Curly's pal
- 59. Off-Broadway theater award
- 60. Fencers
- 63. Small Eurasian deer (pl.)
- 64. Relating to songbirds
- 65. A way to assign

CLUES DOWN

- 1. Some are "secret"
- 2. Intestinal openings
- 3. Distant planet
- 4. Assembly possessing high legislative powers
- 5. Genus of typical owls
- 6. One with distinctively colored hair
- 7. Red cross
- 8. An alternative
- 9. Abominable snowmen
- 10. About ear
- 13. The opening letters
- 14. Feeling of regret
- 15. Atomic #39
- 20. Luteinizing hormone
- 21. Atomic #55
- 22. Carries a debt
- 23. Albanian monetary unit
- 27. Semitic abjad letter
- 29. Yes
- 30. Negative
- 31. Earn a perfect score
- 32. Connecticut
- 33. Partner to cheese
- 34. Snack nuts
- 35. Quadruped's body part
- 36. Locate
- 37. Pitching statistic
- 38. "___, myself and I"
- 40. Utah city northwest of Provo
- 41. Football players in the trenches
- 42. One who runs the show
- 44. Wood
- 45. Performing artists
- 46. Slang for a cut
- 47. More breathable
- 48. Most crafty
- 50. Provokes into action
- 51. University of Dayton
- 52. Sodium
- 54. Large fish of the mackerel family
- 55. Not one
- 57. ___ and behold
- 61. Sports highlight show
- 62. "The Great Lakes State"

ALL-STATE

CONTINUED FROM PAGE A1

Gilford's Scott Currier was named Division III Coach of the Year while his assistant coach, Celeste Best, was named Division III Sub Varsity Coach of the Year. Olivia Richard of Berlin was presented the Jack Ford Scholar Athlete Award.

In Division IV, First Team honors were presented to Delaney Whiting of Groveton and Leah Poulton of Littleton while Second Team honors were earned by Makayla Walker of Woodsville and Ella Horsch of Littleton. Earning Honorable Mention were Addison Pilgrim and Juju Bromley of Littleton, Makalyn Kenison and Mylee Kenison of Groveton, Addison Koehler of Profile, Alicia Johnson of Moultonborough and Katie Houston of Woodsville.

Joining Whiting and Poulton in earning First Team honors were Player of the Year Ava Buchanan of Portsmouth Christian, Haley Rossitto of Colebrook, Amaya Beckles of Newmarket and Ryenn Pedrone of Holy Family.

Second Team was also presented to Zoey Johnson of Farmington, Lucy Treece of Mount Royal, Lexi Santamaria of Cole-

brook and Ellie Hopkins of Nute.

Also earning Honorable Mention were Kiara Rugora of Newmarket, Shaylee DiPrizio of Farmington, Alyvia Jaimes and Sienna Grondin of Pittsburg-Canaan, Isabella Stevens of Portsmouth Christian, Sienna Gregory and Breanna McCabe of Mascenic and Grace Thibault of Holy Family.

Bromley, Makalyn Kenison and Woodsville Morgan Crocker earned All Defensive Team honors along with Lydia Edgerly of Newmarket, Rossitto and Mariana Vicinanzo of Holy Family.

Derek Tremblay of Mount Royal was named Division IV Coach of the Year while Moultonborough's Johnson was presented the Jack Ford Scholar Athlete Award.

In Division II, Kingswood's Caelynn Blattenberger and Plymouth's Ella Duchette both earned Honorable Mention.

First Team honors for Division II went to Player of the Year Shea Hanson of Milford, Payton Vaughn of Bow, Ana O'Donnell of Hollis-Brookline, Emma Lapierre of Coe-Brown, Grace Riley of Pelham and Kate Stephens of Pembroke.

Earning Second Team honors for Division II were

Anna Fazelat and Holly Dufoe of Derryfield, Anne Phillips and Hailey Steinmetz of Pembroke and Jade Lucas and Emma McNutt of Merrimack Valley.

Joining Blattenberger and Duchette in earning Honorable Mention were Izzy Navoy of Merrimack Valley, Sophia Guianazzo of Pelham, Zofia Rosenfield and Nayaa Dineshkumar of Souhegan, Ava Strazzeri of Pembroke, Samantha Disco of Hollis-Brookline, Wren Horne of Oyster River, Ella LaFlamme an Emma Sloper of Derryfield, Lauren Longley and Bella Berg of Bow, Madison Taylor of Coe-Brown and Addie Tullar of Hanover.

Lucas, Steinmetz, Fazelat, Brooke Bouchard of Hollis-Brookline and Lanai Hickman of Souhegan all earned All-Defensive Team honors.

Heidi Moore of Hollis-Brookline and Noah Cummings of Pembroke shared Division II Coach of the Year honors and Janessa Lofton of Hollis-Brookline was named Sub Varsity Coach of the Year.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Audubon announces program on rodent control and wildlife



A deer mouse.

raptors, foxes, coyotes, and other predators have been sickened or killed after preying on rodents poisoned with rodenticides. Public and private property owners and managers need to use a non-poison, integrated pest management approach to rodent control and protect New Hampshire's native predators.

Carol Foss, Ph.D is Senior Advisor for Science and Policy for the New Hampshire Audubon Society.

The Loon Center is located on Lee's Mill Road; follow the signs on Blake Road from Route 25 near the Moultonborough Central School, or from Rte. 109 turn on to Lee Road and turn left on Lee's Mill Road.

For Advertising Information
Call 603-279-4516
email: Tracy@salmonpress.news

MOULTONBOROUGH — On Thursday, April 2 at 7 p.m. at the Loon Center in Moultonborough, the Lakes Region Chapter of the New Hampshire Audubon Society will present a program called "What's All the Fuss About Rodent Control and New Hampshire's Wildlife?" by Carol Foss.

Learn why some rodent poisons are killing New Hampshire wildlife and pets, and strategies to reduce secondary poisoning. In recent years, shocking numbers of

PUZZLE SOLUTION



Songwriter Round-Up show lineup set for March 26



MEREDITH — The partnership between Katie Dobbins Music (Gilford) and Hermit Woods Winery & Eatery (Meredith) which has brought the monthly music series Songwriter Round-Up to the Lakes Region is set to deliver another great show at the end of this month. Held in the region's premier listening room, The Loft located on the second floor of the Winery, this series has been giving audience members a chance to experience the original music of talented

singer-songwriters from the New England area and beyond. At each show three artists share their songs and stories in a unique in-the-round style performance. Held on the last Thursday of each month, this intimate series features two different songwriters each month alongside host performer Katie Dobbins.

The series presents area residents and visitors an opportunity to experience the show "magic" that each new lineup creates. Winery



co-founder and owner Bob Manley is thrilled to have his establishment be home to the monthly Songwriter Round-Up Series.

Remarking on the success of the series, Manley reaffirms the valued partnership the Winery has developed with Katie Dobbins Music, expressing, "Working alongside Katie Dobbins and her Songwriter Round-Up Series has been an absolute delight. Katie brings an engaging presence to the stage, ef-

fortlessly connecting with our audiences and showcasing incredible talent with each performance."

The next Songwriter Round-Up show takes place on Thursday, March 26, featuring the Lakes Region's own Katie Dobbins, a singer-songwriter who delivers heart-felt lyrics with beautiful vocal tones wrapped in guitar and piano melodies; Carrie Welling, a singer-songwriter based in Nashville with honest lyrics delivered



by her bold, sultry vocals and supported by Americana pop melodies; and Olivia Conway, a young aspiring country singer and songwriter from New Hampshire with a passion for music and connecting to audiences through her songs. All of these artists bring their own unique life-lyrics, melodies, and styles to the stage. This will be an evening of great original music and dynamic entertainment that you won't want to miss. Learn more about each of

these artists on the Hermit Woods Winery website.

A complimentary wine tasting will begin at 5:30 p.m., the Loft opens at 6 p.m. for seating & dinner orders, and music starts at 7 p.m. Patrons can further enhance their evening by selecting from a menu of tasty items available from onsite Chef Eric Huckins. Tickets can be purchased in advance at hermitwoodswinery.com/the-loft or in-person at the Winery.

Valley Improv brings evening of spontaneous comedy to Franklin



FRANKLIN — Franklin Opera House is pleased to present an evening of high-energy improvisational comedy by Valley Improv. This hilarious night of spontaneous comedy will be held at Franklin Public Library. The performance will run from 7 to 9 p.m. on March 28, offering a night of audience-driven humor that entertains both children and adults.

Founded in 2008, Valley Improv has toured northern New England, delivering fast-paced, interactive comedy that hinges on the creativity of its performers and the audience's imagination. Using a series of

"games" and onpaced, interactive comedy that hinges on the creativity of its performers and the imagination of the audience. Using a series of "games" and on-the-spot storytelling, the troupe crafts unique plots, characters, and dialogue from suggestions supplied by the crowd. The result is a dynamic, inclusive experience that guarantees laughter for everyone in attendance. This wonderful group has built a reputation across northern New England for its quick wit, collaborative spirit, and ability to turn any suggestion into a memorable theatrical moment. Their performances blend humor, heart, and

spontaneity, creating an unforgettable experience for audiences of all ages.

No scripts. No rehearsals. Every moment is created live, and audience members become part of the show through their suggestions.

Tickets for this show are available in advance at www.FOHNH.org or at the door. Adults \$14, Seniors \$12, Students \$10. Seating is limited; early purchase is recommended.

Special thanks to Franklin businesses Peabody Place and Beck & Bellucci for sponsoring this event.

Ducks Unlimited annual dinner set for April 11

FRANKLIN — The Daniel Webster Chapter of Ducks Unlimited will hold its 37th annual dinner banquet auction on Saturday, April 11, at 4:30 p.m. at The Franklin Lodge of Elks on 125 South Main St. in Franklin. James Cropsey is Area Chairman this year. Nearly 6,200 local Ducks Unlimited fundraising events throughout the country contribute towards Ducks Unlimited's national fundraising effort achieving 88 percent efficiency, resulting in 88 cents of each dollar raised being spent on wetland acquisition or improvement.

Each year the United States loses some 140,000 acres of wetland habitat. Since its inception, Ducks Unlimited has raised more than one billion dollars and enhanced and restored nearly 15 million habitat acres, encompassing more than 15,000 wetland

projects, in an effort to reverse this destructive trend. Prime wetlands sequester more carbon than any other habitat with .39 metric tons on average per acre each year. DU's projects provide habitat for more than 600 wildlife species, including ducks, geese, and endangered or threatened species like the whooping crane and bald eagle.

While Ducks Unlimited has accomplished a great deal since its founding in 1937, the rapid draining of our wetlands demands that the organization continue to accelerate its work. Efforts like those of the Daniel Webster Chapter are a vital part of Ducks Unlimited's efforts.

Order your tickets for cash or check today. Dinner tickets cost \$100 for an individual and \$120 for a couple while youths under 18 years of age are \$65. All attending youths

win prizes. Sponsor tickets are \$325 for an individual ticket. Sponsors will have a one in eight chance of winning a gun of their choice from a vast

selection. Sponsors need not be present to win. Buy a table of eight for \$900 and receive the choice of a Traditions scoped muzzle loading rifle or a Traditions

1851 Colt Navy Revolver Reproduction. To purchase tickets or for information on how you can support Ducks Unlimited's program of wetlands conser-

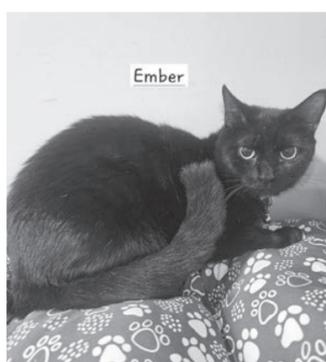
vation, contact Steve Saulten at 603-289-2109 or Jim Cropsey at 603-286-9633. You may also order online at www.ducks.org.

PETS OF THE WEEK

Meet Ember!

Ember is a sleek all-black beauty with glowing orange eyes that seem to shine in the dark. She carries herself with a quiet, calm presence and prefers to observe the world before jumping in.

Of the two sisters, Ember is the more chilled-out one. She moves at her own pace, taking everything in with steady confidence. You'll often find her in cozy, dimly lit spots, keeping watch and minding her very important business.



We're still getting to know Ember, as she tends to keep a little mystery about her — but that just makes earning her trust all the more special. She would thrive in a patient home that appreciates a calm, shadowy companion with mesmerizing eyes and a gentle spirit.

If you're drawn to quiet elegance and midnight magic, Ember may just be your perfect girl.



NH Humane Society
Over a century of love for those without a voice.

1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539

It's Membership Month at the Laconia Historical & Museum Society!



COURTESY

Behind-the-scenes tour of the Colonial Theatre with Jared Guilmett, 2025. Members who join or renew with LHMS March 1-April 1 receive an exclusive invite to a sweet members-only event in April.

LACONIA — Join the Laconia Historical & Museum Society in March and be part of something impactful. When you join or renew your membership, you help preserve the stories, artifacts, and archives that define Laconia's unique character and community spirit.

Membership is more than a contribution — it's a commitment to protecting our city's heritage and ensuring that future generations can discover, learn from, and celebrate Laconia's past. From safeguarding historic collections to supporting engaging exhibits and programs, your involvement keeps local history alive and accessible.

All current, new, and renewed members from March 1 to April 1 will receive an exclusive invite to a sweet, members-only event in April.

To learn about member benefits, become a new member, or renew a current membership, visit www.laconia-history.com or follow LHMS on Facebook and Instagram.



COURTESY

Lakes Region Scholarship Foundation's Executive Director, Chris Guilmett provides instruction and answers questions to a group of students from the HUOT Career and Technical Center regarding the LRSF application and process. Reminding them that the application deadline of April 1 is fast approaching.

Scholarship Foundation accepting applications through April 1

GILFORD — The Lakes Region Scholarship Foundation's application deadline of April 1 for the 2026 – 2027 Academic Year is fast approaching! Applications received after April 1 cannot be accepted.

Graduates of Laconia High School, Gilford High School, and Belmont High School, as well as Winnisquam Regional High School, Prospect Mountain High School and Interlakes High School, along with home schooled and private school students who reside in Belknap County, are eligible to apply. Adult learners that are looking to either continue or further their education and are legal residents of Laconia, Gilford, or Belmont are encouraged to apply.

The Lakes Region Scholarship Foundation acts as a clearinghouse of donor funds, which means only one application is required. Since being established in 1956 through last year, 2025, the Lakes Region Scholarship Foundation has awarded close to \$11 million to more than 6,270 recipients from more than 650 donor funds.

In 2025 alone, \$901,275 was awarded to 393 local students (including adult learners) going on to secondary education. The application and instructions can be found on the "Applicants" page of the Foundation's Web site at: www.lrscholarship.org

McQuade Fine Arts adds new pastel and watercolor classes at Lakes Region Art Gallery

TILTON — McQuade Fine Arts is starting two new 5-week art classes for people with some experience who want to keep improving. Both begin the week of March 24, at the Lakes Region Art Gallery inside Tanger Outlets (120 Laconia Rd., Suite #300, Tilton).

Pastels Beyond Basics Wednesdays, 10 a.m. – noon. For students who already know the basics of pastels. Work on techniques, build confidence, and develop your own style. Pick one bigger project or try several smaller pieces. Cost: \$200.

Watercolor Workout Tuesdays, 1 – 3 p.m. A hands-on practice class for those who've finished beginner watercolor lessons or self-taught basics. Each week includes a new pre-drawn painting, live demos, tips, and feedback. Small groups (max 10 students). Cost: \$200.

Classes are taught by Stephanie C. McQuade in a relaxed, supportive setting. Space is limited, so sign up soon.

For more info and to register, visit: <https://www.mcquadefinearts.com/art-classes>

About McQuade Fine Arts

McQuade Fine Arts, run by artist Stephanie C. McQuade & photographer Michael McQuade, offers original pastel, watercolor paintings, fine art photography, classes, and prints. The focus is on creating art that brings beauty, calm and joy to everyday spaces.



REAL ESTATE

TO VIEW THESE AND OTHER PROPERTIES, VISIT:

Alpine Lakes Real Estate: www.alpinelakes.com

Badger Peabody & Smith Realty: www.peabodysmith.com

Bean Group: www.beangroup.com

Century 21 Country Lakes Realty: www.countrylakesrealty.com

Century 21 Twin Rivers Realty: www.nhreal21.com

Coldwell Banker: www.cbldmill.com

Coldwell Banker Residential Brokerage
www.newenglandmoves.com

ERA Masiello: www.masiello.com

Exit Lakeside Realty Group: www.exitlakeside.com

Granite Group Realty Services:
www.granitegrouprealtyservices.com

Gowen Realty: www.gowenrealty.com

Kressy Real Estate: www.kressy.com

Lakes Region Realty: www.lakesregionrealestate.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

McLane Realty: www.mclanerealtyplymouth.com

Mountain Country Realty: www.mountaincountryrealestate.com

Nash Realty: www.nashrealty.com

New Hampshire Colonials Real Estate: www.squamlake.com

Noseworthy Real Estate: www.noseworthyrealestate.com

Old Mill Properties: www.oldmillprops.com

Pine Shores Real Estate: www.pineshoresllc.com

Preferred Vacation Rentals: www.preferredrentals.com

Remax Bayside: www.baysidenh.net

Roche Realty: www.rocherealty.com

Strawberry Lane Real Estate: www.strawberrylane.com

Town & Forest Realty: www.townandforest.com

ROCHE REALTY GROUP | 97 Daniel Webster Highway | Meredith, New Hampshire | Call us at: (603) 279-7046 | Find us @rocherealty

Search New Hampshire properties at www.rocherealty.com

<p>\$269,000</p> <p>MLS# 5079245</p> <p>Laconia: Turnkey 2BR/2BA condo features an updated kitchen, wood-burning fireplace, and a private balcony. Amenities include a saltwater pool, tennis courts, and trail more, making it an ideal vacation retreat.</p>	<p>\$595,000</p> <p>MLS# 5079508</p> <p>Gilmanston: 19.1-acre development opportunity in the Smith Meetinghouse Historic District is approved for a 7-lot subdivision. Ideal for high-end custom homes, the property offers rural tranquility with easy access to Route 140.</p>	<p>\$799,000</p> <p>MLS# 5079118</p> <p>New Hampton: This to-be-built 2,498 sf. custom home features a 4BR septic design, granite countertops, and a main-level primary suite. Enjoy private beach rights to Pemigewasset Lake. Facsimile image shown above.</p>	<p>\$775,000</p> <p>MLS# 5079363</p> <p>Meredith: Located in the desirable Cummings Cove neighborhood, this 4-bedroom home includes a separate ADU for guests or rental income. Enjoy partial lake views and deeded access to Lake Winnepesaukee for swimming and kayaking, all while being just minutes away from downtown.</p>
--	--	--	--

11,000 Success Stories Strong. Start Yours Today!
When it comes to the New Hampshire market, experience is the difference. Roche Realty Group has closed over 11,000 transactions and \$3.4 Billion in sales earning the title of "#1 BEST Real Estate Company in NH's Lakes Region" six years in a row

** Statistics obtained from PrimeMLS since 1997 for all real estate firms reporting sales in the entire state of NH during that time.*

Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

EQUAL HOUSING OPPORTUNITY

Camelot Home Center
ALWAYS OPEN DAILY • 10 TO 6 SATURDAYS & 10 TO 5 SUNDAYS

<p>NEW 14' WIDES</p> <p>List Price: \$86,995 \$77,995* 66' 3 Bed, 2 Bath</p>	<p>List Price: \$89,995 \$86,995* 68' 2 Bed, 2 Bath</p>
<p>DOUBLE WIDES</p> <p>List Price: \$119,995 \$115,995* 56' 3 Bed, 2 Bath</p>	<p>List Price: \$130,995 \$127,995* 48' 3 Bed, 2 Bath</p>
<p>List Price: \$131,995 \$125,995* 48' 3 Bed, 2 Bath</p>	<p>*PRICES SUBJECT TO CHANGE Homes From COLONY, MARLETTE, NEW ERA & TITAN</p>
<p>MODULARS</p> <p>\$119,995* 2 Bed, 1 Bath</p>	<p>\$179,995* 1,568sq ft. 2 story, 3 Bed, 2.5 Bath.</p>

Visit Our Website: WWW.CM-H.COM
WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?
Rt. 3, Tilton NH, exit 20 on Rt. I-93 across from Lakes Region Factory Mall

Belmont Village Apts, Belmont, NH AVAILABLE SOON!
Now accepting Applications:

Subsidized two bedroom town house style apartment.

- On-site laundry
- parking
- 24-hr maintenance
- close to center of town
- No Pets
- NO SMOKING.

Must meet income limit guidelines; rent starting at **\$1,210.00**, plus utilities; security deposit required. Download application at <https://www.sterling-management.net> or call office at 603 267 6787

MEREDITH LANDING REAL ESTATE, LLC | 285 Daniel Webster Highway | (603) 677-7007 • www.MeredithLanding.com

OPEN HOUSE BOTH PROPERTIES THIS SATURDAY 10AM-12NOON

MOULTONBOROUGH: 50 Mountain View Drive Newly renovated in 2024, this 2BR/2BTH chalet with large bunk room features a finished lower walkout, large wrap-around deck, and open concept living. Enjoy beach & lake access on Winnepesaukee plus all Balmoral amenities! **\$525,000**

LACONIA: 39 Sterling Drive Built in 2008, this 3BR/2BTH home on .36-acres is located close to shopping, dining, and area recreation. Attached 2-car garage, finished basement, primary BR with bath, plus unfinished upper level offering add'l living space potential! **\$699,000**

Celtic Spring Concert at Unitarian Universalist Society of Laconia



COURTESY

Shelby Trevor and Noelle Beaudin perform on Sunday, March 29 at 4 p.m. at Unitarian Universalist Society of Laconia.

LACONIA — Shelby Trevor and Noelle Beaudin present A Celtic Spring—a vibrant, foot-stomping celebration of high-energy fiddle and piano music from Cape Breton, Prince Edward Island, Quebec, Scotland, Ireland, Galicia, and Wales. The concert takes place on Sunday, March 29 4 p.m. at the Unitarian Universalist Society of Laconia.

Tickets are \$25 for adults and \$10 for children. Tickets may be reserved by calling 603-848-2469 or emailing uuslfundraising@gmail.com. The church is located at 172 Pleasant St., Laconia. Light refreshments will be served.

Shelby Trevor is a performing artist, composer, and educator whose work explores sound and musical ideas beyond the limits of any single genre. He is a founding member of Cos-

mic Collection Service, an ensemble pushing into new sonic territories with original albums available on Spotify and YouTube.

Trevor's past projects reflect a wide-ranging and dynamic career. He is the founder and former director of the Amelia Island Community String Orchestra, a founding member of both the Subtropical String Trio and the Spiral Song concert series, conductor for the Jacksonville Symphony Youth Orchestra, staff musician for the Berklee College of Music, and a founding member of the Granite String Band. As a violin soloist, he has appeared with the Suzuki School of Newton Faculty Orchestra, the Lakes Region Symphony Orchestra, and First Coast Opera. His work as an orchestral and studio musician includes collaborations with the Cape Ann Symphony, First Coast Opera, WGBH

Studio Orchestra, the Beantown Swing Orchestra, and many others.

In addition to performance, Trevor has held teaching and leadership roles as faculty and concertmaster of the Great Woods Chamber Orchestra at Wheaton College, faculty member at the Suzuki School of Newton, and program developer and educator with both the Amelia Island Chamber Music Festival and Arts Alive Nassau.

Noelle Beaudin (piano & hurdy-gurdy) studied piano performance and composition at the Boston Conservatory and was an active performer throughout the Boston area before continuing her musical career in France and the United Kingdom. Now based in New Hampshire's Lakes Region, she maintains a thriving teaching studio and music summer camp, while performing widely across New England as both a soloist and accompanist.

Beaudin is also recognized as one of the leading hurdy-gurdy performers and educators in the United States. As co-founder of GurdyWorld.com, her dynamic online presence has attracted a rapidly growing international following. She has released two genre-bending albums—Savage and Wisp—which showcase her innovative approach to the piano, organ and hurdy-gurdy. She is also featured in a forthcoming film, DOWNBEAT, set to premiere at South by SouthWest Film Festival in March 2026.

Building the future of the trades & housing: The Huot House Workforce Development Initiative



COURTESY

Huot Tech Students during an All Day Build on Tiny House #9.

LACONIA — The Lakes Region Builders & Remodelers Association (LRBRA), in partnership with the Huot Technical Center, is proud to advance one of the Lakes Region's most impactful workforce development and housing initiatives: the Huot House Program. Designed to prepare the next generation of skilled trades professionals while addressing New Hampshire's growing need for attainable housing, the Huot House program offers students an immersive, hands-on learning experience that bridges classroom education and real-world construction.

Through the program, students enrolled in Huot Technical Center's Building Construction and Plumbing & Heating programs construct a fully functional home from start to finish. Under the mentorship of experienced Huot instructors and LRBRA member professionals, students participate in every phase of the build. The Huot Technical Center is formally recognized as a Certified Modular Home Builder, further elevating the program's standards and providing students with industry-recognized experience in modular construction.

Now in its ninth build, the Huot House program exemplifies LRBRA's

commitment to workforce development by equipping students with the technical skills, problem-solving abilities, and professional standards demanded by today's construction industry. Each home is constructed inside the school's building shop over the academic year and measures 12 feet by 36 feet (approximately 435 square feet). The result is a high-quality, energy-efficient home that meets all current building codes.

Tiny House #9 is expected to be completed this spring and is currently for sale, continuing the program's tradition of reinvesting proceeds directly back into workforce development, program expansion, and student scholarships. Contact LRBRA at info@lakesregionbuilders.com for more information on purchasing TH #9.

This initiative would not be possible without the extraordinary support of our industry partners who donate materials, provide labor, offer discounted products, contribute financial support, and most importantly, step into the classroom and shop to teach students specialized skills. Their mentorship gives students direct access to real-world expertise and

industry standards.

Workforce development meets housing solutions

The Huot House initiative addresses two of New Hampshire's most pressing challenges: a shortage of skilled trades professionals and a lack of attainable housing options.

As the construction workforce continues to age, LRBRA's workforce development initiatives play a critical role in preparing students for successful careers in the trades while strengthening the local building industry. At the same time, the completed homes help expand housing opportunities in the Lakes Region, offering smaller-scale, efficient and affordable housing options well-suited to today's needs.

This work aligns closely with New Hampshire's recent housing reforms, including updated Accessory Dwelling Unit (ADU) Bill, which make it easier for homeowners and communities to add smaller homes that support affordability, multigenerational living, and workforce housing. The Huot House demonstrates how thoughtful design, quality construction, and workforce training can support these statewide housing goals.

HELP WANTED

CASTLE in the CLOUDS
586 Ossipee Park Road • Moultonborough, NH 03254
603-476-5900 • CastleinthecLOUDS.org

JOB FAIR
March 28th from 1pm to 3pm

Year-Round Positions Available:
Director of Advancement • Line Cook • Sous Chef

Seasonal Positions Available:
Housekeeper • Data Collection Associate
Museum Interpreter • Weddings & Events Coordinator
Weddings & Events Assistant • Events Security Associate
Maintenance Assistant • Café in the Clouds Attendant
Café in the Clouds Manager • Front of House Attendant
Dishwasher • Busser/Food Runner
Trolley Driver
Visitor Services

Click on QR code for job descriptions and to apply.

HELP WANTED

Loon Mountain Resort

Are you ready for a new career?
We offer a great work environment, unique benefits, and generous discounts. The only thing that would make it better — is you!

Immediate Full Time Year Round Positions Available:

- Lift Maintenance Mechanic
- Small Engine Mechanic

Apply Online at www.loonmtn.com/jobs
Benefits include: Medical, Dental, Vision, HSA, FSA, 401k, PTO, Retail and Food & Beverage discounts, Seasonal Passes for the employee and their dependents, OT after 40, and competitive wages.
Equal Opportunity Employer

HELP WANTED

Full-Time Installers Apprentice

Energysavers Inc, a 50 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

LEARN WHILE YOU EARN!
No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening.

Stop in to fill out an application:
ENERGYSAVERS INC.
163 Daniel Webster Hwy., Meredith NH

Hiring? Reach More Local Applicants

Email: tracy@salmonpress.news
Phone: (603)279-4516

Help Wanted

For Advertising Information Call 603-279-4516 email: Tracy@salmonpress.news

2026-2027 EMPLOYMENT OPPORTUNITIES ASHLAND SCHOOL DISTRICT

Ashland Elementary School

Library Media Specialist (FTE 0.20)

Ashland Elementary School is seeking a part-time Library Media Specialist. The successful applicant must hold a NH Library Media Specialist certification and meet all required conditions of employment.

Application deadline: Open Until Filled

A complete application packet includes application, cover letter, resume, transcripts, certification, and three letters of recommendation.

Employment Applications can be found at: <https://sau2.k12.nh.us/employment-opportunities>

Please submit application to:

Karen Koch, Human Resources Coordinator
Ashland School District
103 Main Street, Suite 2
Meredith, NH 03253

or e-mail to: karen.koch@interlakes.org

EOE

WOLFEBORO PUBLIC LIBRARY JOB OPENING

Library Assistant-Circulation – Part-time 20-25 hours/week position working at the circulation desk. Must be computer literate, detail oriented, with excellent customer service skills. Includes afternoon and Saturday hours. Some college and/or library experience preferred. \$17.50/hour. Includes paid leave. Apply to: Wolfeboro Public Library, 259 South Main St., Wolfeboro, NH 03894 or London.Summers@wolfeboropubliclibrary.org by April 20, 2026.



WE'RE HIRING! **LAKES REGION PAVING**
 JOIN THE LAKES REGION PAVING CREW!
 WOLFEBORO, NH

\$30 - \$50/HR
 BASED ON EXPERIENCE

PAID HOLIDAYS

FULL-TIME POSITIONS

POSITIONS AVAILABLE

- ✓ CDL DRIVERS (A & B)
- ✓ ASPHALT RAKERS
- ✓ EQUIPMENT OPERATORS
- ✓ PAVER & ROLLER OPERATORS
- ✓ GRADER & SKID OPERATORS
- ✓ CREW FOREMAN
- ✓ ESTIMATORS
- ✓ CRACK SEAL DIVISION

CALL BEN TODAY! (603) 834-3778



**A HOME IS MORE THAN AN INVESTMENT
 A simple will may no longer be enough.**

Our attorneys at Schwartzberg Law also may be able to assist in protecting your assets or the inherited or gifted assets you provide for your children from creditors or divorce. Also, sophisticated estate planning can limit your exposure to government taxation and help protect your children.



I have been practicing law since 1985, after graduating from Vermont Law School. Before starting my legal career, I earned a Master's Degree in counseling from SUNY, Plattsburgh, and completed my undergraduate studies in education at Temple University in Philadelphia. Before entering the legal field, I worked as an inner-city high school teacher and ran a cactus business, selling plants as a street vendor in downtown Philadelphia. My legal career began in Saranac Lake and Lake Placid, New York, where I practiced law until 2002. In that year, I passed the New Hampshire Bar and relocated to New Hampshire to continue my practice. I am an active member of the New Hampshire Bar Association. Over the years, I have served as President of the Grafton County Bar Association and as Chair of the Alternative Dispute Resolution Section. I also served on the New Hampshire Bar Association Board of Governors for 2 terms. Currently, I am a member of the New Hampshire Bar Legislative Committee and a Fellow of the New Hampshire Bar Foundation.

I also hosted a weekly radio show called "Family Law Talk Radio," which featured professionals with expertise in various related subjects. In recent years, I have focused my practice on Estate Planning and administration. This includes drafting wills and trusts, as well as probate and trust administration.

ESTATE PLANNING

WILLS AND TRUSTS · LEGACY PLANNING



572 Tenney Mountain Hwy, Plymouth, NH 03264
 oralaw@gmail.com www.nhlawyer.net




NOW HIRING

CREW MEMBERS

Check Out Our Benefits

- Startup Bonus
- Monthly Profit Bonuses
- Boot Allowance
- Paid Holidays
- Minimal Weekends
- 401K
- Health Insurance
- Paid Dental
- Aflac

Reach Out To Join Our Team
 (603) 279-1499
 sales@bryantpaving.com

Best of the Lakes Region 2025 WINNER



penny pitou Travel

WELCOMES YOU TO
Passport to the World Travel Show
 THE MARGATE RESORT, 76 LAKE STREET, LACONIA NH
 Saturday March 28th 10am-2pm
ADMISSION IS FREE

Celebrating 50 Years of Exploring Our World!

PRESENTATION SCHEDULE

- 10:30 - SILVERSEA, BOB TOLSTER
- 11:00 - ROCKY MOUNTAINEER & CANYON SPIRIT, JOHN RAICHE
- 11:30 - SAGRES VACATIONS, MARCO FERNANDES
- 12:00 - AMERICAN CRUISE LINE, APRIL PIAZZA
- 12:30 - COLLETTE, ANDREW LEIGHTON
- 1:00 - LINDBLAD/NATGEO, JERILYN GIACONE
- 1:30 - AMA WATERWAYS, STEPHEN BATJIKA

WIN A TRIP FOR 2
"SPOTLIGHT ON SOUTH DAKOTA"

**We've Invited All The Experts:
 Show Sponsored By Penny Pitou Travel**

Collette, American Cruise Lines, Rocky Mountaineer, Canyon Spirit, Lindblad Expeditions/Nat Geo, Trafalgar, Viking, CIE Tours, Holland America, Globus Journeys, Avalon Waterways, Silversea, AMA Waterways, Tauck Tours, Scenic & Emerald River Cruises, Abercrombie & Kent, Princess Cruise Line, Royal Caribbean Cruises, Paul Gaugin, Marriott Hotels, Uniworld Boutique River Cruises, Jamaica Tourist Board, Quest Adventures, Ciao Italy and Grace Bay, Travel Insured, Villas of Distinction, Sagres Vacations, Star Clippers, Sagres Vacations.

SEND US YOUR NEWS!!!

Email Us @



news@

salmonpress.news




Trex

OUTDOOR LIVING REDEFINED



CONNECT WITH A DECKING EXPERT

Railing Available



LaValley
 BUILDING SUPPLY

14 Retail Locations Throughout NH & VT

Visit Us Online at LaValleys.com