

Newfound Landing

THURSDAY, JULY 13, 2023

FREE IN PRINT, FREE ON-LINE • WWW.NEWFOUNDLANDING.COM

COMPLIMENTARY

Cement truck rollover closes Interstate 93

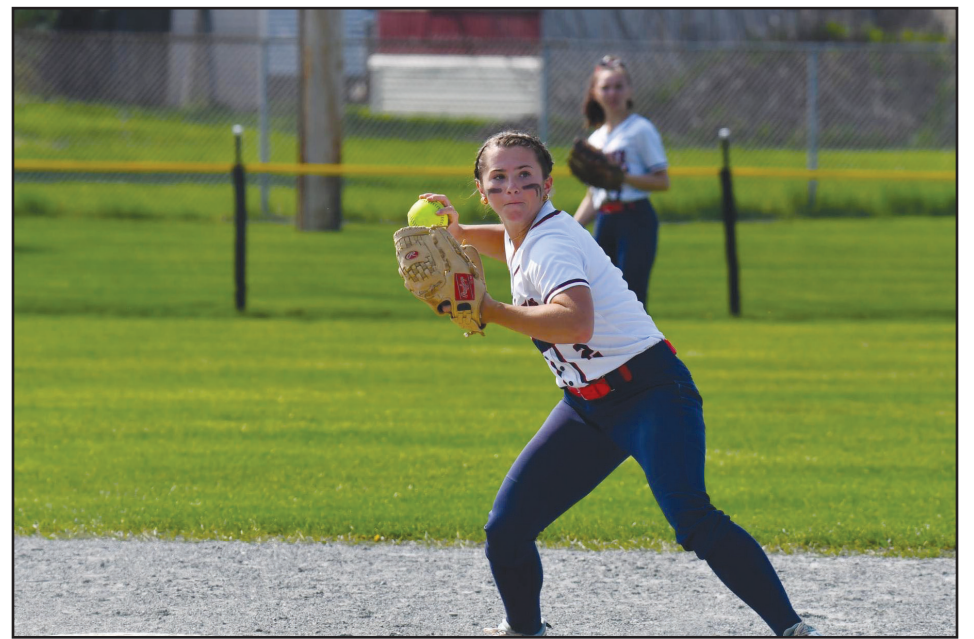


HOLDERNESS — Plymouth Fire-Rescue and the Holderness Fire Department was dispatched at 1:58 p.m. on July 6 for a motor vehicle roll over on I-93 in the area of Exit 25 in Holderness. Plymouth companies arrived to find a concrete truck rolled over into the median between North & South Lanes. The operator of the vehicle was out and not injured upon arrival.

The concrete truck is owned by Coleman Concrete of Conway. The truck was loaded with 11.5 yards of concrete, and believed to weigh roughly 80,000 pounds. I-93 North was reduced to one lane for a period, for the wrecker service to remove the vehicle. It became apparent that the trucks attempting to salvage the vehicle would require more support. For safety, I-93 North at Exit 24 (Ashland) was shut down to prevent further traffic backup. NH State Police & NH Dot coordinated the shutdown of I-93 North and prepared for a long-term salvage operation of the concrete truck.

Due to the high temperatures, the backed-up traffic on I-93 North presented a new concern of health and safety for those who did not have air conditioning in their vehicle along with the concern of vehicles breaking down. This concern was one of the many reasons to shut down this section of the interstate.

Plymouth Fire & Holderness Fire assisted NH State Police with traffic control at the scene. Ashland Fire supported with the initial shut down of I-93 North at Exit 24. The salvage operation was conducted by Kirk's Towing of Plymouth.



JOHN-SCOTT SHERBURNE — COURTESY PHOTO

Plymouth's Maggie Boyd earned First Team All-State honors.

Boyd earns First Team All-State honors

BY JOSHUA SPAULDING
Sports Editor

REGION — The New Hampshire softball coaches have voted and the All-State teams for the 2023 season have been announced, with plenty of local representation.

In Division II, Kingswood's Morgyn Stevens was named Pitcher of the Year while Mike Shaw was named Coach of the Year. Hannah McGonigle of Bow was named Player of the Year.

Joining Stevens in earning First Team All-State honors was Plymouth's Maggie Boyd, while Avery Gregory and Carley Johnson of Kingswood were named Second Team.

Also earning First Team honors were Mc-

Gonigle and Emily Kiah of Bow, Madison DeCota of Coe-Brown, Morgan Bemont of Con-Val, Austyn Kump and Kailey Disco of Hollis-Brookline, Olivia Hargreaves and Ava Rivers of John Stark, Livie Lacasse of Merrimack Valley, Brooke Hanson of Sanborn, Gabby Torres of Souhegan, Caleigh Aguiar of Pelham and Eliza Carignan of Pembroke.

Also earning Second Team honors were Abby Delia and Sophia Romano of Campbell, Emma Broadstone and Courtney Thomas of Coe-Brown, Lily Mandel of Con-Val, Kaylee Keyser and Kayla Smith of Merrimack Valley, Kyleigh Burtzell of Pembroke, Macy Swormstedt of La-

conia, Gracie Spirito and Kate Michaud of Oyster River, Brooke Slaton of Pelham and Ruby Dykstra of John Stark.

Honorable Mention went to Jayden Porter of Coe-Brown, Phoebe Hood of Sanborn, Kaydence Stinson of Laconia, Emily Tebbetts of Hollis-Brookline, Addy Veno of Oyster River, Juliana Pinciario and Theresa Ives of Campbell, Hannah Harrington and Alexia Warren of Milford and Avery Moore of Con-Val.

For the second year in a row, Ella Bernier of Prospect Mountain was named Division III Pitcher of the Year. Maddie Carmichael of Hopkinton was named Player of the Year, McKenzie McGrath of St. Thomas

SEE **BOYD** PAGE A11

Ashland selectmen pursue state land as possible site for police station

BY DAVID RUELL
CONTRIBUTING WRITER

ASHLAND — At their July 10 meeting, the Ashland selectmen decided to negotiate the trans-

“Splish Splash” fundraiser to support Hill Firefighters Association

BY DONNA RHODES
Contributing Writer

HILL — The Hill Firefighters Association is hosting their second annual “Splish Splash Fun” fundraising event this Saturday, July 15, that will not only help their mission to purchase a vital piece of equipment for the fire department, but provide the community with an afternoon of great fun and family entertainment.

Deputy Fire Chief Mark Labonte said that while the Town of Hill does maintain a budget for the fire department,

it is up to them to purchase smaller pieces of equipment as they are needed. The goal for this year is to raise money for the purchase of a Jaws of Life, a tool that allows first responders to cut into a vehicle and remove anyone trapped inside due to an accident.

When Hill resident Harold Knott recently heard they did not own one, he ran out and bought them the next best thing—a heavy duty Sawzall that will at least cut into a vehicle in an emergency.

SEE **SPLISH SPLASH** PAGE A10

fer of state land for a future police station, and to consider charging tipping fees at the transfer station to commercial haulers who do not recycle the trash they bring in. They also dealt with a range of other issues.

Selectman Andy Fitch, who serves on the Police Station Study Committee, asked the selectmen to approve applying for the transfer of state land to the town for a new police station or other municipal use. The land in question was purchased for the construction of I-93. A \$500 filing

fee is required for the consideration of the transfer, but an unnamed donor is willing to give that amount to the Town. The selectmen voted to proceed with the application and to accept the \$500 gift.

Fitch also raised the issue of commercial haulers dumping trash directly into the container at the transfer station without separating the recyclables. Some have observed that the customers using these haulers have placed their recycla-

SEE **ASHLAND** PAGE A13

COURTESY

Bristol officer recognized for response to Franklin shooter incident

At a meeting of the Bristol Board of Selectmen on Thursday, July 6, the board took time to recognize Officer Nick Kelley of the

Bristol Police Department for his heroic response to an active shooter incident in the city Of Franklin last month. Chief Kristopher Bean said Kelley and his K9 partner Arro were called to Franklin at approximately 11:30 a.m. on June 6 to assist their department. He and Arro met with Sgt. Joseph Guerriero, Sgt. Jonathan Francis and Sgt. Forrest Walker of the Franklin Police Dept. and without hesitation or regard for their own safety, Bean said they entered the residence where the shooting had been reported and took control of the scene. Following their brave response to the tragic event, in which a woman and child were killed and her older daughter was injured, Bean said he received a call from Sgt. Francis. He thanked the chief for Kelley's assistance that day and said it was his hope that all who responded be recognized for their actions. Bristol's selectmen agreed and were pleased to present him with a Letter of Accommodation for his actions last week. From left to right for the presentation are Select board members Scott Sanschagrin, Leslie Dionne, Shaun Lagueux, Officer Nick Kelley and Arro, and selectmen Rob Glassett and Carroll Brown, Jr.

NLRA hosting guided paddle with Rick Van de Poll

HEBRON — Join the Newfound Lake Region Association and renowned ecologist Rick Van de Poll, PhD for a guided paddle on the Northern Newfound Water Trail, Tuesday, Aug. 1, at 9 a.m. Paddlers will meet at Grey Rocks Conservation Area and launch their non-motorized boats to explore the amazing diversity present at the northern end of Newfound, including the mouth of the Cockermouth River and the Hebron Marsh. There's always something exciting to see, with wildlife such as loons, eagles, osprey, beaver, moose, bear, and numerous species of turtles and frogs all present in this area. This is a members-only



Map and Guide, which points boaters to areas of interest and describes their ecological value and attributes. The Water Trail Map can be found online at NewfoundLake.org or at the kiosk at Grey Rocks Conservation Area.

NLRA works to protect the high-quality waters of Newfound Lake and its watershed, maintaining a healthy and diverse ecosystem. NLRA members support educational programming like guided hikes and paddles, water quality monitoring, land conservation, stormwater management, and invasive species monitoring. Learn more about conservation efforts and become a member at NewfoundLake.org.

Land of the Free, Home of the Independent

You've always been independent— don't stop now. Gain independence from the day-to-day challenges of home owning with a beautiful, new apartment at **Summit by Morrison**—a senior living community.

Sign a residency agreement for an independent living apartment by September 15 and waive all move-in fees! **A value of up to \$8,500.**

Summit
Independent Living
Assisted Living • Memory Care

56 Summit Drive, Whitefield, NH 03598
themorrisoncommunities.org

It's as easy as calling
(603) 837-3502
to learn more
or schedule a tour.

event and registration is required. Register online at NewfoundLake.org/events or call 603-744-8689.

Rick Van de Poll is the principal of Ecosystem Management Consultants, and has

created biological inventories for over 350,000 acres of land, including Grey Rocks Conservation Area.

In 2016 NLRA worked with Van de Poll to create the Northern Newfound Water Trail

Your Fight is Our Fight

FRIEDMAN & BRESAW, PLLC
ATTORNEYS AT LAW

**Criminal Defense • DUI/Motor Vehicle
Family Law • Personal Injury**

We Offer Free Consultations for All Legal Matters
Experience Handling High-Profile, Serious and Complex Cases

Representing clients throughout the
Lakes Region and the State of NH.

Over 50 Years of Combined Trial Experience

44 Main Street, Meredith, NH 03253
603-707-4800 | www.FBLawNH.com



CONTRACTORS WELCOME!

3 LAKES LANDSCAPE SUPPLY

The Plymouth area's *best choice* for landscape and hardscape products, outdoor equipment and tools, dock supplies and materials.

3 Lakes Landscape Supply
10 Hamilton Way
Tenney Mtn Hwy
Plymouth, NH
3lakeslandscapesupply.com

(603) 412-2006
HOURS: MON-FRI 7 A.M. - 5 P.M.
SAT 8 A.M. - 3 P.M.

WE DELIVER ON ALL AGGREGATES & STONE PRODUCTS

Best value in the three-rivers region

Assisted Living Expansion Now Open!

"Peabody Place has set the standard of future senior care..."
- Jo Brown, Mayor, City of Franklin

- Brand new private, well-appointed apartments
- No entrance fees
- More affordable than nursing homes
- Pet welcoming

Peabody Place
INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE

"A place for all seniors, we welcome diversity."

Contact us to learn more or schedule a visit:
603.934.3718 24 Peabody Place, Franklin, NH Peabody.Place

ALL WE KNOW IS LOCAL ~ SalmonPress.com



Pemi-Baker Hospice & Home Health highlights importance of 'Goals of Care Conversations'

BY ANNA SWANSON
Pemi-Baker Hospice & Home Health

PLYMOUTH — Pemi-Baker Hospice & Home Health is proud to emphasize the significance of 'Goals of Care Conversations' in healthcare decision-making. With a commitment to providing compassionate care tailored to each individual's needs, Pemi-Baker recognizes the value of these essential discussions between patients, their caregivers, and family members. By engaging in such conversations, individuals can ensure that their medical care aligns with their true goals and values, ultimately enhancing their quality of life.

As an experienced healthcare provider, Pemi-Baker Hospice & Home Health is dedicated to facilitating these vital conversations with sensitivity, respect, and expertise.

Recognizing the challenges and complexities surrounding end-of-life care decisions, Pemi-Baker's skilled team is equipped to guide patients and their loved ones through this process, offering support and guidance every step of the way.

The Conversation Project (www.theconversationproject.org) serves as a valuable resource that Pemi-Baker Hospice & Home Health recommends to individuals seeking assistance with discussing and documenting future healthcare wishes and decisions. This website provides accessible workbooks, resources, and conversation starter guides to help people navigate these discussions effectively. By using this resource, patients and their families can gain confidence and clarity in expressing their wishes. It's also a valuable resource for



anyone over the age of 18, with or without a serious illness. Everyone should have an advance directive filled out in case of emergencies and unexpected events.

"We believe that open and honest conversations about goals of care are essential to ensuring that medical treatment is aligned with an individual's values and preferences," said Danielle Paquette-Horne, RN, Executive Director at Pemi-Baker Hospice & Home Health. "At Pemi-Baker, we are

committed to facilitating these conversations and providing the necessary support and guidance to empower patients and their families in making informed decisions."

Pemi-Baker Hospice & Home Health encourages community members, healthcare professionals, and individuals seeking guidance in discussing goals of care to utilize the valuable resources available through The Conversation Project Web site (www.theconversationproject.org). By engaging in these

conversations, individuals can take control of their healthcare journey, promoting a higher quality of life and ensuring that their wishes are honored.

You can also ask one of their professionals at the next 'Ask A Pemi-Baker Nurse' program offered monthly at the Plymouth Regional Senior Center, Orford Senior Center, Littleton Senior Center, Horse Meadow Senior Center or Lincoln/Linwood Senior Center. For specific days and times please access the calendar on their website: www.pbhha.org.

Bottom of Form
Pemi-Baker Hospice & Home Health is a trusted, nonprofit agency proudly serving 29 towns in central and northern NH

since 1967. Expert services include at-home healthcare and physical therapies (VNA), hospice and palliative care, and community programs including: American Red Cross CPR/AED/FA, Caregiver and Bereavement Support Groups and Ask A Pemi-Baker Nurse days at your local senior centers. Providing compassionate care with experienced staff who are trained, certified professionals and also your neighbors. In your time of need, we're right where you need us.

Pemi-Baker is located at 101 Boulder Point Dr., Suite 3, Plymouth. To contact us please call: 603-536-2232 or email: info@pbhha.org Like our Facebook Page: [@pemibakerhospicehomehealth](https://www.facebook.com/pemibakerhospicehomehealth).

Foraging for simple syrups with the SLA

HOLDERNESS — What can we find outside to make a tasty summer drink? Take a walk with Lakes Region Conservation Corps members Freda and Christina around Chamberlain-Reynolds Memorial Forest to find some easily identifiable edible plants we can make into simple syrups for mocktails! This 169-acre forest is owned by the New England Forestry Foundation and has approximately 3.5 miles of trails managed by the Squam Lakes Association. We'll meet at the Squam Lakes Association office to learn a bit more about foraging before we head on over to Chamberlain-Reynolds then come back to sample our finds and some already prepared mixtures.

Join us on Friday, July 28 from 1 to 5 p.m. We will meet at the Squam Lakes Association office at 534 US-3, Holderness, NH 03245. Please bring a couple of jars to be able to bring some simple syrups home!

For more information, or to sign up for this Adventure Ecology program, visit the SLA Web site (squamlakes.org) or contact the SLA directly (603-968-7336). The SLA also offers other Adventure Ecology programs throughout the year. These free programs are open to the public and cover a variety of nature and conservation related topics. The Adventure Ecology programs are presented by the LRCC AmeriCorps members at the SLA who perform important conservation work in support of the Association's mission.

The Squam Lakes Association is dedicated to conserving for public benefit the natural beauty, peaceful character and resources of the watershed. In collaboration with local and state partners

the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes Region.



WENTWORTH MARKET

SATURDAYS 10-2
7/15-10/7


HAMILTON FIELD, WENTWORTH

VENDORS, MUSIC,
SPECIAL EVENTS,
RAFFLES AND MORE!

WENTWORTHFARMMARKET@GMAIL.COM

Martin D. Kass
Registered Optician

603-536-3569



PLYMOUTH OPTICAL SHOPPE

"Where seeing is believing"

Village Square • 607 Tenney Mountain Highway
Suite 101 • Plymouth, NH 03264

2023 KENISTON-FREEMAN
Summer Concert Series
Plymouth Town Common
(Location may change to Riverfront Park/
Rotary Amphitheater
due to Main Street construction,
Wednesdays 6:30-8pm

July 19th Hot Skillet Club
Vintage Jazz, Western Swing with a Passionate Twist
Featured Businesses: Biederman's & Yamas Greek Eatery

July 26th Club Soda Band
Top 40, Classic Rock, Pop, R&B
Concessions by Plymouth Fireman's Association

August 2nd The Starlight Honeys Band
Folk/Americana
Featured Businesses: M'n M Scoops & Groovy Noodle

August 9th Red Hat Band
Three Piece Classic Rock Band
Featured Businesses: Grotto & Phat Fish

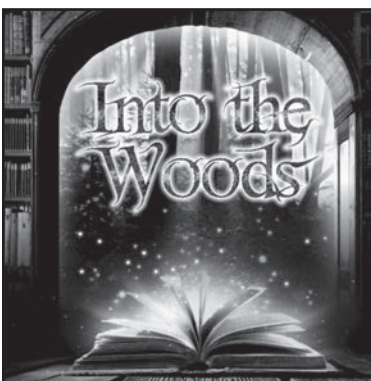
August 16th The Shawna Jackson Band
Country Hits from Yesterday & Today
Featured Business: Peek A Bowl

August 23rd Granite 5.0
Classic Rock 'n' Roll
Featured Businesses: Grotto & Phat Fish

August 30th North River Music
Americana Roots Covers
Featured Business: Yamas Greek Eatery

Concerts may be cancelled due to rain. If in doubt, check our Facebook page.
For questions, call 603-254-5869 or email kbeaudin@pemibaker.org

Promote Play. Create Connection.



Into the Woods

northcountry CENTER FOR THE ARTS

Jean's PLAYHOUSE

The Sondheim Masterpiece brings all your favorite fairytales together into one beautiful, award-winning musical

Lincoln, NH
www.jeansplayhouse.com

Privacy Hedge!

Arborvitae 6-foot
Reduced to \$125/each.


Free Installation, Free Delivery.

Fast growing, High-quality
Beautiful & Bushy

Order now to reserve
for spring delivery.

Lowcostreefarm.com
518-536-1367

Wonderful Things
Come In Small Packages...



Old Man Pendant from \$35

especially if they're from
Alan F. Soule Jewelers
286-8649
422 W. Main St. AS
Tilton, NH
(across from Winnisquam HS)

Gold • Sterling • Diamonds
Colored Stones • Repairs
Custom & Handcrafted Items
Wedding & Family Jewelry

Advertise Here

ADAMSKY LAW OFFICES

Life & Estate Planning ♦ Elder Law

Edward H. Adamsky, Esq.

Assisting Families with Aging and Disability issues since 1992.

Wills ♦ Trusts ♦ Special Needs Trusts ♦ Medicaid Planning

1-888-649-6477 www.adamskylaw.com

Offices in Tyngsboro, Mass. and Ashland, NH



SCHWARTZBERG LAW
EXPERIENCE THAT MATTERS



Ora Schwartzberg, Esq.

Advising Clients About Wills & Trusts Since 1985

Plan for your future today.

572 Tenney Mountain Hwy
Plymouth, NH 03264
603.536.2700
www.NHLawyer.net

Invasive Species Week continues with round-leaf bittersweet basket weaving

HOLDERNESS — It's Invasive Species Week at the Squam Lakes Association! Round-leaf bittersweet is an aggressive woody vine that outcompetes native vegetation and girdles trees. Typical management practices require cutting the vine, removing the roots, and burning or drying out the plant. But did you know that there are other ways to manage invasive plants? Bittersweet vines are suitable for basket weaving, and there is so much you can make endless amounts of baskets to keep in your home or office!

Come learn about round-leaf bittersweet identification, environmental consequences, removal practices, and, most excitingly, how to weave a custom basket! The program will occur on Wednesday, July 19, between 1 and 4 p.m. Registration is required, and space is limited to 10 participants.

For more information or to sign up for this free Adventure Ecology program, visit the SLA Web site (squamlakes.org) or contact the SLA directly (603-968-7336). Be sure to check out more free Invasive Species Week events and other Adventure Ecology activities hosted by the Squam Lakes Association!

The Squam Lakes Association is dedicated to conserving for the public benefit the watershed's natural beauty, peaceful character, and resources. In collaboration with local and state partners, the SLA promotes year-round protection, careful use, and shared enjoyment of the lakes, mountains, forests, open spaces, and wildlife of the Squam Lakes Region. Managing invasive species like round leaf bittersweet is essential to protect the aesthetics, resources, wildlife, and biodiversity of the watershed.

Jason A. Gray of Ashland chosen to lead District of Elks - USA

MINNEAPOLIS, Minn. — Thousands of members of the Benevolent and Protective Order of Elks of the United States of America and guests have gathered in Minneapolis, Minn., from July 2 to July 5 for the BPO Elks National Convention. During the convention, Jason A. Gray, of Ashland, was installed as District Deputy for the BPO Elks for lodges in the North District of the New Hampshire State Elks Association and will serve a one-year term.

The BPO Elks is one of the premier patriotic and charitable organizations in the United States of America and is committed to making its communities better places to live. Each year, the Order donates more than \$350 million in cash, goods, and services to the needy, students, people with disabilities, active-duty members of the US armed forces and their families, veterans and their families, and charitable organizations. In the 155 years since the Order's founding, the BPO Elks has made charitable donations totaling approximately \$12 billion.

As part of the Elks' ongoing commitment to help

students achieve their goals, the Elks National Foundation awards annual college scholarships worth a total of more than \$4.5 million each year to students across the country. To help local lodges make positive changes in their communities, the Elks National Foundation's Community Investments Program provides local Elks lodges with more than \$15.7 million each year to help them build stronger communities.

Through the Elks National Veterans Service Commission, Elks give generously of their time, energy, and resources. Elks provide direct service to veterans at more than 350 VA medical centers, state veterans homes, and clinics; use grants to provide veterans with food, supplies, and support; and provide beds, supplies, and emergency assistance to veterans experiencing homelessness. Elks pledge never to forget our veterans and keep that pledge every day.

To learn more and join us in service, visit Elks.org. For membership information, visit Join.Elks.org.

Three senior leaders join New Hampshire Electric Cooperative

PLYMOUTH — New Hampshire Electric Cooperative (NHEC) welcomed three new leaders to the company's senior management team in Member Engagement, Information Technology, and Finance.

Peter Glenshaw is the Vice President of Member Engagement. For the past nine years, Glenshaw served as the Vice President for External Affairs at Alice Peck Day Memorial Hospital in Lebanon, New Hampshire, where he was also a member of the Senior Leadership Team.

Glenshaw is the former Chair of the Lyme (NH) School Board and the Lyme Foundation, and the co-founder and current board member of the Upper Valley Business Alliance. His work experience also includes 25 years in higher education with responsibilities in administration, research, development, communications, and community relations. Glenshaw received his undergraduate degree from the College of William and Mary and his master's degree from Georgetown University.

"Peter brings exten-

sive community relations, communications, and leadership experience to this role," said Alyssa Clemens Roberts, President & CEO of NHEC. "We are delighted to have someone with his unique set of skills in this position."

Sonja Gonzalez is named Vice President of IT/Chief Information Officer. She comes to NHEC most recently from the City of Rochester, where she served as Chief Information Officer. After earning her Bachelor's degree in Mechanical Engineering at Rensselaer Polytechnic Institute, Gonzalez began her career at Polaroid Corporation,

and has spent over 20 years building stable, secure, scalable, and resilient networks. As the new Vice President of IT/Chief Information Officer, she brings with her a diverse range of experience working with private and public organizations across various business models, compliance and privacy requirements, and emergency services environments.

"Sonja has worked with people of all technology skill levels to improve their efficien-

cy through training, applications that work best for them, and an understanding of the core needs of the organization," said Clemens Roberts. "With the increasing occurrence, complexity, and cost of cyber-attacks, Sonja has focused her efforts on increased training and security measures to ensure that NHEC and its members remain successful and secure."

Kristen Taylor is the Chief Financial Officer (CFO)/Vice President of Financial Services. Taylor joined the NHEC Finance team in April 2018, became the Manager of Financial Services in 2020, and has been serving as the interim CFO since December 2022. Taylor is responsible for the financial performance of the company, which involves the development of distribution rates, oversight of cash management, creation of financial forecasts and budgets, support to member billing and completion of internal and external audits. She earned her Bachelor of Science degree in Accounting from Providence College and is a member of the National Society of Accountants for Cooperatives (NSAC).

tants for Cooperatives (NSAC).

"We're so pleased to welcome Kristen to her new role at NHEC," said Clemens Roberts. "Since stepping up as interim CFO during an important time of transition in the organization, Kristen has demonstrated that she is the best person for this position. I'm especially glad to have her expertise available as we begin a series of Strategic Planning sessions that will set the course of the organization for years to come."

About NHEC
Founded in 1939 and headquartered in Plymouth, NHEC is a nonprofit electric distribution cooperative that is owned by the members it serves. NHEC provides energy and energy solutions to more than 88,000 homes and business in 118 New Hampshire communities. Through its wholly-owned subsidiary, NH Broadband, NHEC is building fiber-optic networks to provide high-speed internet access to its members, regardless of their location. Learn more at www.nhec.com, www.nhbroadband.com.

Summer Specials
STOP IN TODAY!!!
C.H. DANA R.V.
Sales & Service
Tax Free NH!
ON-SITE FINANCING
Largest Selection of PARTS AND ACCESSORIES For All RVs
OPEN: MON-FRI 8-5, SAT 9-3
A Family Tradition Since 1955 • www.chdanarv.com
628 Woodsville Road • Monroe, NH 03771
603-638-2200
Just off I-91, Exit 18, Rte. 135 South, 15 miles South of St. Johnsbury, VT
From Littleton: I-93N to Exit 44, 15 miles South on Rte. 135, on right.

Comfort Keepers
Elevating the Human Spirit™
Make every day extraordinary
At Comfort Keepers®, we provide in-home care that helps seniors live safe, happy and independent lives in the comfort of their own homes.
Uplifting in-home senior care services
• Personal care • Grocery shopping and errands
• Companionship • Dementia and Alzheimer's care
• Light housekeeping • Respite care
• Meal preparation
(603) 536-6060
ComfortKeepers.com
© 2022 CK Franchising, Inc. Most offices independently owned and operated. 1222

AMBROSE BROS., INC.
MEREDITH, N.H.
SEEKING
EXCAVATOR OPERATORS
GPS EXPERIENCE DESIRED BUT NOT NECESSARY
(603) 279-4444 or email tracy@ambrosebros.com
Route 3 • Meredith, NH 03253

www.NHFrontPage.com

PSU names meteorology head as new Associate Provost

P L Y M O U T H — Plymouth State University (PSU) named Lourdes Avilés, Ph.D., the university's associate provost effective July 1. In her new role, Avilés will support the many initiatives and day-to-day operations of the Office of Academic Affairs, oversee and collaborate with student support services, disability services, advising and career services and lead several key advisory groups. She will also collaborate with academic program leaders in managing course offerings and oversee accreditation activities.

"I really enjoy the collaborative team environment that has long existed in the Provost's Office and that Provost Nate Bowditch has continued to fos-

ter since he joined the university last year," Avilés said. "Since I began this transition in June, I have not once felt like a fish out of water, even with the transition from faculty to administration. I will miss teaching, but I look forward to working with the administration, faculty and staff to continue strengthening the university's cutting-edge programs, inclusive culture and economic vitality."

Avilés will maintain the title of professor of meteorology and will continue her research, though she will take a step back from her teaching responsibilities.

Avilés has been teaching at PSU for nearly 20 years, serving as chair of PSU's



Lourdes Avilés

Meteorology and Physics programs and the leader of the Academic Unit for Computational, Applied, Mathematical and Physical Sciences for the past six years.

PSU's nationally recognized Meteorology program is unique in the state of New Hampshire and one of a small number of

programs in the entire Northeast region. It celebrated its 40th anniversary earlier this year.

Avilés joined PSU in 2004, after being raised and educated in Puerto Rico. She is believed to be the first Puerto Rican woman to earn a Ph.D. in atmospheric science and is an advisor to PSU's Inclusion,

Diversity, Equity and Access (IDEA) Center. Avilés is a preeminent expert in atmospheric science, with an emphasis on light and color effects in the atmosphere and the historic New England Hurricane of 1938, the latter of which she wrote about in her first book, "Taken by Storm, 1938," which

was published in 2013 and was recognized by the International Atmospheric Librarians with a History Choice Award in 2014.

Professor of Meteorology Eric Hoffman, Ph.D., will fill the role of chair of the Meteorology program in fall 2024, after his partial sabbatical is complete. He previously served a similar role in the former Atmospheric and Chemical Science program. Until then, Hoffman will oversee the academic unit, which comprises Meteorology and Physics, Computer Science and Technology and Mathematics and the programs within these disciplines (including new and interdisciplinary majors such as Climate Studies, Robotics and Mathematical Data Science), alongside Mathematics faculty member Jennifer Nelson, Ph.D. Professor of Meteorology Samuel Miller, Ph.D., will serve as interim chair of the Meteorology program and coordinator of the graduate program that Hoffman previously oversaw. New Meteorology faculty member Ricardo Nogueira, Ph.D., will serve as the Climate Studies coordinator.

PSU Provost Nathaniel Bowditch, Ph.D., said he is grateful for Avilés and her colleagues in Meteorology for rising to the occasion.

Plymouth State third in LEC President's Cup

P L Y M O U T H — For the eighth straight year, Plymouth State University has finished in the top three in the final rankings for the Little East Conference (LEC) Presidents' Cup, as the league announced the winner on Friday.

The LEC Presidents' Cup measures the highest average cumulative GPA among the student-athletes from the conference's nine primary member institutions that compete in the league's 21 champion-

ship sports.

Plymouth State student-athletes combined for a 3.28 GPA to place third, just behind Castleton and Southern Maine. PSU finished second each of the past two years.

"I am so proud of how hard our student-athletes work in the classroom," said Director of Athletics Kim Bownes. "Academic success is the most vital component of a student's time at Plymouth State, so to see extended success

both in the classroom and on the field is especially rewarding."

All 19 Plymouth State varsity program that compete in the LEC post-

ed team GPAs of 2.90 or better, with 14 teams sitting above a 3.00. Additionally, ten teams had combined GPAs of 3.30 or better, highlighted

by men's soccer (3.58), women's basketball (3.57), women's volleyball (3.54) and women's lacrosse (3.51) all topping the 3.50 mark.

Five of the LEC's nine member institutions have won the Presidents' Cup since its inception in 2009-10: Plymouth State, Eastern Connecticut, Keene State, UMass Dartmouth, and Castleton. Eastern Connecticut's seven wins are the most among conference schools.

Area residents named to dean's list at Quinnipiac University

H A M D E N, Conn. — The following area students were named to the dean's list for the Spring 2023 semester at Quinnipiac University:

Alexandria
Alice Serbin

Bristol
Brett McInerney

Plymouth
Macy Prince, Maya Prince

Thornton
Milton Woolfenden

To qualify for the dean's list, students must earn a grade point average of at least 3.5 with no grade lower than C. Full-time students must complete at least 14 credits in a semester, with at least 12 credits that have been graded on a letter grade basis to be eligible. Part-time students must complete at least six credits during a semester. Names followed by an asterisk denotes with honors.

About Quinnipiac University

Quinnipiac is a private, coeducational, institution located 90 minutes north of New York City and two hours from Boston. The university enrolls 9,000 students in 110 degree programs through its Schools of Business, Communications, Education, Computing and Engineering, Health Sciences, Law,

Medicine, Nursing and the College of Arts and Sciences. Quinnipiac is recognized by U.S. News & World Report and Princeton Review's "The Best 388 Colleges." The university is in the midst of program expansion and renewal for both traditional and adult learners, attraction of diverse communities, development of innovative corporate partnerships and construction of an ambitious set of capital projects. For more information, please visit qu.edu. Connect with Quinnipiac on Facebook and follow Quinnipiac on Twitter @QuinnipiacU.

Volunteer with Squam Lakes Association for trail work half day

H O L D E R N E S S — Volunteer with Lakes Region Conservation Corps members for a half day of trail work every Sunday from 9 a.m. to 1 p.m.! We will focus on clearing drainages, removing blowdowns, clearing branches that encroach within the trail corridor, and brushing in portions of the trail where the path is unclear.

As always, this work is weather dependent. Should any changes to plans arise, we will provide updates. We encourage help from volunteers who love the outdoors, enjoy hands-on conservation work, and are excited to work with our LRCC members!

To register for this volunteer day, please head to SquamLakes.org/calendar or call 603-968-7336.

Serving all of New Hampshire for 50 years.

PORTER ASPHALT PAVING, INC.

286-8182

www.porterpaving.com

Paving & Resurfacing • Driveways & Parking Lots • Line Striping
Specializing in Residential and Commercial Paving
Owner Installs Every Job

NEW HAMPSHIRE BOAT MUSEUM

New England
Vintage Boat & Car AUCTION
July 15 • 10:00am

PREVIEW DAYS:
July 13 & 14: 12-5pm
July 15: 8-10am

- Vintage Boats & Cars
- Fiberglass Boats
- Sailboats & Canoes
- Memorabilia

To be held at the Nick, in Wolfeboro, AND online at nhbm.org

399 Center St., Wolfeboro
603.569.4554 • nhbm.org

Irwin Marine SALEBRATION

Pontoon Boat Sales Event
Four Brands - Three Locations

Barletta **STARCRAFT MARINE**

Four Levels of Luxury Starting Under \$50,000!

EXS 3 W/ 150 HP As Low As \$59,995!

BERKSHIRE 20CL LE W/ 90 HP As Low As \$43,995

SunChaser Vista 18LR W/ 40 HP As Low As \$32,995

July 21 - July 23
Laconia Alton Bay Hudson
IrwinMarine.com

*Please note Hudson is closed on Sunday's

JOIN CENTRAL NH MRC/CERT

medical reserve corps **CERT** COMMUNITY EMERGENCY RESPONSE TEAM

Serve regional public health emergency preparedness!

Welcoming medical & non-medical locals to our team.

JOIN

Contact us at 603-726-6582 or aekstrom@midstatehealth.org

CADY Corner

How much screen time is too much?

BY DEB NARO
Contributor

Have you ever picked up your cell phone to quickly respond to a text or research something on the Internet, then before you know it, an hour has gone by? Research has found that cell phone usage is more than just a time waster, especially for children and teens. A study published in the journal for Preventive Medicine reports that young people who spend seven hours or more a day on screens are more than twice as likely to be diagnosed with depression or anxiety versus those who use screens for an hour a day. Although seven hours a day may seem like a lot, 20 percent of 14-17-year-olds participating in the study spent this amount of time on their electronic devices.

Jean Twenge, author of the book *iGen*, lead researcher of the study, and psychology professor at San Diego State University notes that young people with more screen time tend to be less happy than kids who engaged in activities such as playing sports, reading (non-electronically), or spending face-to-face time with friends. Not only did findings uncover connections between screen time and mental health issues, the study also found that young people who spent seven hours or more (excluding schoolwork) were more easily distracted, less emotionally stable, and had more difficulty finishing tasks and making friends compared to those who spent just an hour a day on screens (excluding schoolwork). Currently the American Academy of Pediatrics (AAP) has set specific guidelines for children ages two to five regarding screen time, recommending no more than an hour of high-quality programming a day. For older children and teens, the AAP encourages families to adopt a Family Media Plan that moderates usage while prioritizing quality sleep, one hour or more of physical activity each day, screen-free meal times, and "unplugged" downtime.

According to the National Alliance on Mental Illness (NAMI), since the rise of the smart phone, indicators of mental "wellness" such as happiness, self-esteem and life satisfaction have decreased while serious mental health issues of anxiety, depression, loneliness and suicide have increased significantly, particularly among young people. More time on screens, particularly social media, can lead to increased risks of stressors including social isolation, cyberbullying, social comparison, decreased life satisfaction, reduced productivity and distraction from personal values and goals.

As a parent, what can you do to limit your child's screen time? One simple suggestion is to have your children charge their phones overnight in a room separate from their bedroom. This will keep them from checking their phones at night and losing sleep. Enforce daily screen time limits, establish a specific amount of time each day that your child can have access to their device and stick with it. Parents can play a role in setting screen time boundaries by role modeling healthy media use, if you are struggling with limiting your own screen time, recognize this fact. Kids will be more likely to participate if you are up front about your own cell phone use. Encourage your child to pursue healthy interests that also promote personal connections and growth such as playing a sport or joining a club. Focus on your family routines of having dinner each night or doing an activity together on the weekends where phones are put aside. Make exclusive, family time a priority away from media distractions—unplug! For ideas on how to get started, visit www.screenfree.org.

Please visit the CADY Web site at cadyinc.org for more information on healthy child development. If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at (603-934-8905) for help. You can also connect with Plymouth Area Recovery Connection (PARC), our local recovery center, located at Whole Village Family Resource Center in Plymouth at info@parcnh.org or 603-238-3555. To learn about prevention, treatment, and recovery resources in Central NH, visit Findwell NH at findwellnh.org.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.



COURTESY

Pemi Valley DAR celebrates the 4th in Ashland

Pemigewasset Valley Chapter, Daughters of the American Revolution, participated in the Ashland 4th of July Parade. Our trailer, provided and driven by Geoff Wright of Wright Landscaping LLC, was decorated with red, white, and blue bunting and American flags. Eleven Daughters rode or walked in our first July 4th Parade. At the end of the route, we followed the Sons of the American Revolution to the Flagpole for the Pledge to the Flag and the Gun Salute. Membership in the Daughters of the American Revolution is open to any woman 18 years or older who can prove lineal descent from a Patriot of the American Revolution. For further information about the DAR, please contact Paula Woodward at 603-536-4778. Pictured are Stephanie Osborne, Kristin Hand, Carol Lenahan, Geoff Wright, Sandy Ray, Deborah Plimmer, Janine Boulanger, Rebecca Ekholm, Cathy Hargreaves, Kathy Grabiek, Laura Scherf, and Anne Packard.

Letters to the Editor

Why aren't we looking at nuclear energy?

To the Editor:

I have always said I am for clean energy, but not at the expense of the people or our planet. I came across a documentary called "Nuclear Now" (showing on many channels/platforms), and it opened my eyes a bit more. For example, nuclear has been the cause of the least number of deaths (even with the meltdowns) compared to other energy sources (from the documentary). Also, nuclear is the cleanest energy source and produces the least amount of waste <https://www.energy.gov/ne/articles/5-fast-facts-about-spent-nuclear-fuel>. You can also re-use spent nuclear fuel because there's a lot left after the commercial producers of energy have used what they wanted. Companies are looking into new innovations for small nuclear power plants to power small towns.

Why are we not looking deeper at nuclear, and why are the greenies so bent on making people go broke by pushing a carbon tax, expensive electric vehicles, solar and wind? Nuclear is abundant, safe and could be cheap if we got out of the way. We're

been safely using nuclear on subs and aircraft carriers since the '50s.

You know, my parents told me never to leave a job until you had another. Why is the Biden Administration eliminating fossil fuels before we have other sources to cover the loss, and why are we eliminating farms, cattle and other food sources that we need to live? We all know solar and wind cannot produce all we need, and if they could, we would need hundreds of thousands of these panels/turbines, and the acreage alone would be huge. And do we really know the true impact of solar and wind? I mean from mining the materials to disposing of them and everything in-between. What is the carbon, environment, animal, and human cost? Stop lying to yourself and start seeing the real costs, and let's look for other ways to produce energy instead of jumping onto the first thing that comes around. Our planet is not going to die by 2050, as some fear mongers like you to think.

Rep. John Sellers
Bristol

Welcome to Historic Hebron

BY TRACY TILSON
Hebron Historical Society

It's one of New Hampshire's smallest towns – just 600 or so residents – but Hebron packs a lot of history into its 19.3 square miles. You could say history is one of its chief products.

Many famous personalities have hailed from Hebron, including Sergeant John Ordway, third in command of the Lewis & Clark Expedition; and Nathaniel Berry, governor of New Hampshire during the Civil War. Berry presented the Altoona Resolution to President Abraham Lincoln, convincing Lincoln to sign the Emancipation Proclamation.

Also born here: the Stella-Marion, the most historically significant steamship ever to ply the waters of Newfound Lake. It was built, launched and operated out of Hebron.



COURTESY

(Left) Stephen Ordway, born as a British Colonial Citizen on July 27, 1771. He was the brother of Sgt. John Ordway of the Lewis & Clark Expedition.

It all began in 1792 with the combination of two areas near Newfound Lake. The township of Cockermouth had been granted to 64 landowners on the condition that each grantee and his heirs would plant and cultivate the land. They settled in two groups: one north on the hill and one south on Lake Newfound.

But the two populations were so far apart it was difficult to gather for church, an important community activity. So the southern residents applied to become a new town. The Newfound Lake land was eventually joined with nearby West Plymouth to become Hebron; founders included William Nevens, Gershomm Goodhue, Samuel Hazelton and William Cummings.

The first Hebron town meeting was held on June 15, 1792. Soon after, a law was passed requiring all men ages 18-40 to be organized into companies, one for each town, and called out for inspection twice a year. On Muster Day, the men drilled and marched to the great amusement of the village folk. One of those men was the future Sergeant John Ordway. The passing of the bottle was not unknown at such events.

The story only gets better. Look for more nuggets of Hebron history in this space.



WWW.SALMONPRESS.COM
(603) 279-4516

TO PLACE AN AD:
ADVERTISING EXECUTIVE
Tracy Lewis
(603) 575-9127
tracy@salmonpress.news

SUBSCRIPTION SERVICES:
KERRI PETERSON
(603) 677-9085
kerri@salmonpress.news

TO PRINT AN OBITUARY:
E-MAIL: obituaries@salmonpress.news
CALL: 603-677-9084

TO SUBMIT A LETTER
TO THE EDITOR:

E-MAIL: brendan@salmonpress.news

The Record Enterprise and Newfound Landing is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. USPS #436-460 periodicals postage paid at Plymouth PO, NH 03264. POSTMASTER: Send address changes to Salmon Press, P.O. Box 729, Meredith, NH 03253.

PLYMOUTH RECORD
ENTERPRISE
PUBLISHED BY
SALMON PRESS

PRESIDENT & PUBLISHER
FRANK G. CHILINSKI
(603) 677-9083
frank@salmonpress.news

BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

OPERATIONS DIRECTOR
JIM DINICOLA
(508) 764-4325

DISTRIBUTION MANAGER
JIM HINCKLEY
(603) 279-4516

MANAGING EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news

PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie@salmonpress.news

Changing The Conversation

BY TARA GRAHAM

Central NH Community Opioid Response Program

According to the American Psychological Association, “Mindfulness is awareness of one’s internal states and surroundings. Mindfulness can help people avoid destructive or automatic habits and responses by learning to observe their thoughts, emotions, and other present-moment experiences without judging or reacting to them. Mindfulness is used in several therapeutic interventions, including mindfulness-based cognitive behavior therapy, mindfulness-based stress reduction, and mindfulness meditation.”

Mindfulness is also a helpful tool in the recovery process. There are many approaches to recovery, and no one is necessarily better than another. However, mindfulness can be intertwined into most approaches as it is a way to be, not a way of doing things. Beyond the physical addiction that has to be overcome, there is a psychological aspect that also deserves just as much attention in recovery, and this is where mindfulness can be truly helpful.

Both addiction and recovery can be very stressful and can produce negative thoughts and feelings. These negative thoughts and feelings can be detrimental to the recovery process. Sometimes, they can be intrusive into a person’s life without them even realizing it. By training oneself to be mindful it helps to improve the way you think and experience emotions – a useful tool for those in recovery or anyone.

During the process of mindfulness, a person strives to reach a sense of balance, taking control of their emotions. This of course doesn’t mean not having emotions, they are an essential part of being human, but it is more about improving mindset and outlook. Mindfulness has been used for decades and traces back to Buddhist meditation practices. Since then, it has become a useful tool for stress

reduction and used in conjunction with psychotherapy for substance misuse.

According to the Mayo Clinic, there are many different ways to practice mindfulness and individuals can experiment to find what works best for them. They state that “mindfulness is a type of meditation in which you focus on being intensely aware of what you’re sensing and feeling in the moment, without interpretation or judgment. Practicing mindfulness involves breathing methods, guided imagery, and other practices to relax the body and mind and help reduce stress.” On their website they also share some easy ways to start practicing mindfulness, including:

Pay attention – taking the time to experience your environment with all of your senses.

Live in the moment – try to intentionally bring an open, accepting and discerning attention to everything you do. Find joy in simple pleasures.

Accept yourself – treat yourself the way you would treat a good friend.

Focus on your breathing. When you have negative thoughts, try to sit down, take a deep breath and close your eyes. Focus on your breath as it moves in and out of your body. Sitting and breathing for even just a minute can help.

More involved mindfulness and meditation exercises can be found by visiting mayoclinic.org and searching for the word “mindfulness.”

Seeking help is a sign of strength. It is never too early or too late to guide yourself, or someone you know, on the path to wellness.

You can visit FindWellnh.org any time to learn more about prevention, treatment, and recovery services in the Central NH region or to speak with someone directly during regular business hours by calling 603-236-1873. Please reach out for more information and to explore the many options available right here in our own community.

Our local recovery community organization, Plymouth Area Recovery Connection (PARC), is available to provide in-person support and answer questions about treatment and recovery. You can reach PARC at info@parcnh.org or by phone at 603-238-3555. In addition, the Whole Village Family Resource Center has many family-centered resources available, they can be reached at 603-536-3720.

Rumney Historical Society hosting ice cream social

RUMNEY — Mark your calendars for Sunday, July 16, 6 until 8 p.m.! The Rumney Historical Society will be sponsoring an Ice Cream Social at the Rumney Museum, 20 Buffalo Rd., Rumney Village.

The old town hall has served as a museum since 1994, and houses many treasures from Rumney’s past. The museum will be open during the social and you are welcome to peruse the various displays. Documents will be present to answer any questions you might have.

Bring a picnic supper, spread out on the lawn (bring chairs and or a blanket), and enjoy some snappy tunes played by Paul Ronci and his band, The Rusty Bones. Cake and ice cream will be served at 7 p.m. We sure are hoping for perfect weather!

President, Kathy Sobetzer, reminds us that this fun program is our way of saying “Thank You” to our members and community for your support of our museum and programs. Not a member?? We invite you to join!

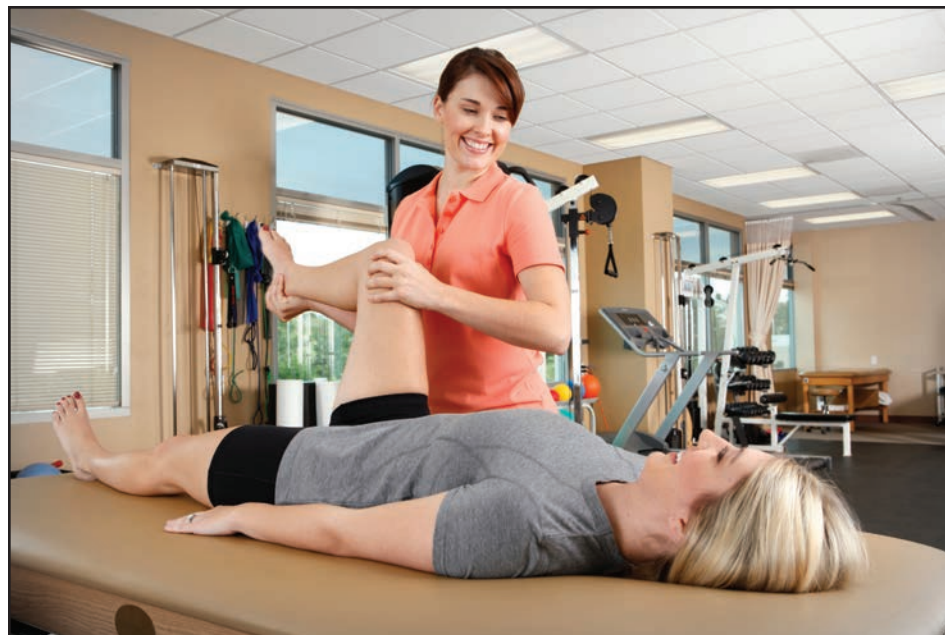
Mid-State Health Center offering physical and occupational therapy services in Plymouth

PLYMOUTH — Have you ever experienced an injury or condition that affected your ability to move or perform daily activities? Mid-State Health is here to help you on your path to recovery and improved well-being with our exceptional Physical and Occupational Therapy Services!

What is Physical Therapy? Physical therapy is a specialized branch of healthcare that focuses on restoring and enhancing physical function and mobility. Our highly skilled and compassionate physical therapists work closely with you to develop personalized treatment plans tailored to your unique needs. Whether you’re recovering from an injury, surgery, or managing a chronic condition, our team is dedicated to helping you regain strength, flexibility, and independence.

Are you struggling with pain or limited movement? Need assistance with post-surgical rehabilitation? Looking to enhance athletic performance or prevent future injuries? Seeking relief from chronic conditions such as arthritis or back pain? Our Physical Therapy Services can provide relief and support you in achieving your health and fitness goals!

What is Occupational Therapy? Occupational therapy focuses on helping individuals of all ages regain independence and improve their ability to engage in everyday activities. Our experienced occupational therapists work with you to assess your functional limitations and develop strategies to overcome them. Whether it’s improving fine motor skills, enhancing cognitive function, or modifying your environ-



ment to accommodate your needs, we’re here to empower you to lead a fulfilling and independent life.

Are you recovering from a stroke or neurological condition? Struggling with age-related limitations impacting daily tasks? Need assistance adapting your home or workplace to your needs? Need work on fine motor skills or cognitive training exercises? At Mid-State Health, we believe in a holistic approach to healthcare, ensuring that both your physical and mental well-being are taken into

account.

“As a physical therapist at Mid-State Health, I am proud to be part of a team that is dedicated to providing exceptional care and support to our patients. Our facilities at 101 Boulder Point Drive in Plymouth, are equipped with state-of-the-art equipment, a 92 degree therapy pool and a welcoming environment that promotes healing and progress,” said Matt Scagliarini, PT, DPT. “But what truly sets us apart is our incredible staff. Every member of our team is highly skilled, compassionate, and genuinely invested in the well-being of our patients. We strive to create a personalized and nurturing experience for each individual, tailoring our treatment plans to meet their specific needs and goals.”

At Mid-State Health, we understand that rehabilitation is not just about physical recovery; it’s about empowering our patients to regain control of their lives and achieve their fullest potential. We work closely with you, listening to your concerns, and collaborating to create a comprehensive treatment approach that addresses your unique challenges.

Our dedicated team of therapists will guide you through every step of your therapy journey, providing personalized care and support along the way.

Ready to take the first step towards a healthier, more fulfilling life? Contact Mid-State Health today to schedule your appointment with our skilled Physical and Occupational Therapy Services team. Call us at 603-536-5533 or visit our website at www.mid-statehealth.org for more information.

Remember, your well-being matters to us, and we’re here to help you achieve your goals!

About Mid-State Health Center

Mid-State Health Center delivers primary care and supportive services at locations in Bristol, Plymouth, and Lincoln, offering medical services, dental services, behavioral health counseling, imaging, recovery, and care management for the entire family. The mission of Mid-State Health Center is to provide sound primary health care to the community accessible to all regardless of the ability to pay.

Think

OUTSIDE THE BOX

Contact your Sales Representative to discuss advertising options
Tracy Lewis
603.616.7103
tracy@salmonpress.news

Paid Advertisement

Edward Jones: Financial Focus

Retirees: Talk finances with your grown children

When you’re retired, you’ll likely have some financial concerns — just like all retirees. However, if you’ve invested regularly and followed a long-term financial strategy, you should be able to address most issues that come your way. But there’s one important action that’s sometimes overlooked by retirees: sharing their financial situation with their grown children. And this knowledge can benefit everyone in your family.

You might be surprised by the concern your children have for your financial well-being. Consider these findings from a 2023 study by Age Wave and Edward Jones:

- 66% of millennials (generally defined as ranging from 27 to 42) worry that their parents or in-laws may not have enough money to live comfortably in retirement.
- 83% of millennials would rather know their parents are financially secure in their retirement, even if it means their parents pass on less money to them.

If you have children in this age range or older, or who soon will be, how can you address their concerns and potentially improve your financial outlook? Communication is the key. By openly communicating with your family about your financial status, you can reduce anxieties and misperceptions. If you’re in good financial shape, your adult children may be reassured that you won’t be needing their assistance. And if you are feeling some financial pressures, you can inform your children of the steps you are taking to improve your situation.

One such step may be to reduce your cost of living — the less you spend day to day, the better your ability to preserve your investment and retirement accounts. You may be able to reduce costs in many small ways, such as ending streaming services you no longer use, but you could

primarily for growth — after all, you could be retired for two or more decades, so you’ll need to draw on as many financial assets as possible. But once you’re retired, your investment focus may need to shift somewhat toward income-producing opportunities. Keep in mind, though, that you’ll still need some growth potential to help keep ahead of inflation.

One final suggestion: Let your children know if you already have a strategy in place to meet the potentially high costs of long-term care, such as a nursing home stay. This burden is certainly something you won’t want your children to take on.

By informing your children about your financial picture, and how you’re trying to improve it, you can ease everyone’s minds — so keep the lines of communication open.

Here’s another move to consider: Adjust your investment mix to possibly provide you with more income in retirement. During your working years, you may have invested

Edward Jones, Member SIPC

Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

Jacqueline Taylor
Financial Advisor
3 Mill Street
PO Box 176
Merredith NH 03253
603-279-3161
Fax 866-532-8685
jacqueline.taylor@edwardjones.com



Talk of the Towns

News from our Local Correspondents

Alexandria

Merry Ruggirello 744-5383
merrysunshine51@yahoo.com

Welcome back, sunshine; you have been missed! Hopefully, the breeze will help dry things out too.

Town

Board of Selectmen meeting Tuesday, July 18 at 6 p.m. in the Municipal Building. Non-public meeting at 5 p.m. per RSA 91-A:3,II(c).

Planning Board meeting Wednesday, July 19 at 6 p.m. in the Municipal Building.

Due to recent repairs to washouts, the paving on Mount Cardigan Road has not been done. Stay tuned, more information will be forthcoming.

Alexandria UMC

Sunday, July 16, services will begin at 10 a.m., and will be led by the Lay Leadership.

The Annual Church Fair will be on Aug. 12 from 9 a.m. until 3 p.m. Please note that this year everything will be on the green in front of the church. Come join us for fun, food, activities, music and vendors!

If you have questions, would like to participate or volunteer, please leave a message at the church with your name and phone number. AUMC telephone number is 603-744-8104.

Well folks, I'm going to scramble outside for a bit! I heard the weeds calling my name earlier when I was thinning the lettuce. Have a wonderful week ahead and may it be filled with good, positive things!

Ashland

David Ruell 968-7716
davidruell@gmail.com

Legion breakfast

The Dupuis Cross Post of the American Legion will serve its monthly breakfast from 7 to 11 a.m. this Sunday, July 16, in the Legion Hall at 37 Main St. The cost is \$8 for an adult and \$6 for a senior or a small child.

New England meetinghouse program

Brad Wolff will speak on "New England Meetinghouse: Purpose and Heritage" at 7 p.m. on Tuesday, July 25, in the Booster Clubhouse at 99 Main St. As a minister and an historian, he is well equipped to talk on the subject. This free public program is sponsored by the Ashland Historical Society, which will also serve refreshments.

School Board meeting and new principal

On the morning of June 26, the Ashland School Board held a special meeting in part to consider candidates for the Principal position, recently vacated by the retirement of Kelly Avery. Following a non-public session, Superintendent Mary Moriarty nominated Guy Donnelly as the new Principal, and the four board members present all approved the appointment. He will begin his new job on Aug. 7. In a subsequent letter to the school community, the Superintendent described Donnelly as "an accomplished educator with over three decades of educational experience, including two decades in school administration and the last 14 years as Principal of Kingswood Regional High School" in Wolfeboro. The Board also voted to hire Steve Guyer to serve as a part time Principal in July and early August.

In other business, the Board voted to increase the salary of Technology Coordinator Cole Mock to reflect increased responsibilities and to increase the budget for contracted special education services, a move that may require drawing on the special education trust fund later in the year. It was also voted to have Narcan available in discreet locations in the school, with the staff to know those locations and to be trained in the use of Narcan.

Selectmen's meeting

At a very brief meeting at noon on July 3, the Selectmen voted to accept two donations to the Town. The first was an Assistance to Firefighters Grant of \$227,639 to replace the old firefighters' breathing apparatus with new units, as well as a new

compressor to fill the air bottles. (Fire Chief Steve Heath later explained that the department had applied for the grant several times before obtaining it.) The second donation was \$3254 from the Bad to the Bone

Brotherhood and White Mountain Brewing Company to benefit the Ashland Summer Camp and the Town Beach.

Fourth of July

The Fourth of July celebration did see some changes due to the weather or weather threats. The Cornhole Tournament was moved indoors. The Movie in the Park had to be postponed until a date to be determined later. Because of a forecast that included thunderstorms, the fireworks, as well as the Food Truck Festival, the concert and other ballfield activities planned for July 3, were postponed until July 5. The thunderstorms did not in fact materialize. But, since lightning and explosives are not a good mix, the move was a necessary precaution. Despite the late change of date, a large crowd still showed up for the fireworks and other entertainment on the 5th.

The Community Kickball Game included a free barbecue by the Community Church and ice cream from the Ashland Firefighters Association. Ninety-seven runners participated in the 5K race despite the rain. The fastest runners were, for the men- Tim Lindberg, for the women- Lily Clough, and for the under 12 racers -Louis Zumbach. The winners of the Cornhole Tournament were 1. Mike & Meg, 2. Get Shucked, and 3. New England Baggers. The parade included Fire Chief Steve Heath, the Mary Ruell Award winner, in an antique fire truck and Grand Marshall Dan Uhlman in a very patriotic costume riding his patriotic decorated lawn tractor. The parade prize winners were 1. Belletete's of Ashland, 2. Ashland Community Church and 3. Elaine Hughes Realty Group. The

50-50 raffle raised \$4000, with \$2000 each going to the winning ticket and to next year's celebration. Morgan Clark sang the national anthem before the fireworks began. The Fourth of July Committee thanks all who helped to make the celebration a success, the volunteers, the Police, Fire, Public Works and Electric Departments,

and all the sponsors whose donations made the holiday events possible.

Bristol

Al Blakeley
adblakeley0@gmail.com

Tonight, July 13, the Bristol Summer Concert Series continues with the Morgan-Nelson Band.

Bring your friends and neighbors to Kelley Park for the 6:30 to 8pm free concert. Refreshments will be available through the Bristol Fire Company.

There will be another free concert on Saturday, July 15 in Central Square, weather permitting. Music by 'Rumboat Chili' will commence at 7 p.m. This concert is sponsored by the Purple Pit.

This year, "Swim with a Mission" will hold the seventh year of the event to raise money for veterans. The main event features a swim across Newfound Lake! On Saturday, July 15, the swim will be held at Wellington State Park on Newfound Lake. For more information on the SWAM event, the organization and donations, check out <https://www.swam.org/>.

On Tuesday, July 18 at 6:30 p.m., the Minot-Sleeper Library will have a one hour documentary hosted by conservationist and NH native Leah Hart. "The Merrimack: River at Risk" addresses the questions why the river is at risk and how we can save it. Find out by watching.

The Minot-Sleeper Library is having a summer raffle with a remarkable quilt as the prize for the lucky winner! It will be on display at the library over the summer. Tickets are \$5 each and can be purchased at the MSL at 35 Pleasant St. in Bristol. All proceeds from the raffle go directly towards funding library events and programming.

The MSL will host an Adult Craft Corner on Tuesday, July 20 from 6 to 7:30 p.m. Make dot mandalas on the flat river rocks with acrylic paint. On Tuesday, July 25, Mr. John will hold a Choose Your Own Adventure Squad by reading aloud from a CYOA book, and the attendees will have to work together to make the decisions. You may reach the end of the book, or perhaps 'die horribly'! This is for ages eight and up.

Teen Craft Corner at the MSL will be held on Wednesday, July 26 at 3:30 p.m., and attendees will make a masterpiece with multi-colored highlighters. This is for ages nine to 18, and all supplies are provided.

A Special Mermaid Storytime at Cummings Beach will be held on Wednesday, July 26 at 11 a.m.

Five mermaids will swim to shore and read a story and stay for pictures after the story and answer questions from attendees. Mermaid Beach passes will be available at the library to be picked up prior to the event. These passes or a Bristol Beach Pass will be required to park at the beach.

The MSL Trustees Meeting will be held on Thursday, July 27, at 5 p.m.

On Thursday, July 20, Dancing with the Stars returns to Kelley Park! Cheer on 'local celebrities' as they take to the stage for a fun night to benefit Voices Against Violence! The fun starts at 6:30 p.m. The rain date will be July 21. For more information: www.voicesagainstviolence.net

The Town of Bristol Water and Sewer Department will hold system tours on the following Wednesdays this summer: July 19 and Aug. 9. Meet at the Treatment Facility at 180 Ayers Island Rd at 8 a.m. to carpool. The tour should take about 4 hours. All are welcome.

You can register for the TTCC Soccer Camp this summer with Challenger Sports and receive professional coaching. The week-long camp runs from July 31 to Aug. 4. The Tiny Tykes, ages 3-5 division, begins at 8 a.m., and is \$85, while the Half Day, ages 6-12 program runs from 9am to 12pm and is \$160. For more information, the Web site is www.ttccrec.org or call the TTCC at (603) 744-2713.

The Bristol Town Wide Yard Sale will take place on Saturday, July 22 rain or shine! The sale will take place from 8 a.m. to 1 p.m. There is a \$10 entry fee to be on the map. Call Ken or Gloria at 744-3321 or for more information, email sawhegenetchapter@gmail.com

To be up-to-date with all the local happenings, subscribe to the Bristol Buzz, a bi-weekly email newsletter! If you have any information, or any questions, contact bristolmedia@bristolnh.gov.

Campton-Thornton

Joël Freeman 398-4368
bearfootfarm@aol.com

Thornton Proposed Fee Schedule

The Board of Selectmen for the Town

of Thornton will hold a Public Hearing on Wednesday, July 26, 2023 at the Thornton Town Office beginning at 5 p.m. to consider amending the Town of Thornton Fee Schedule pursuant to RSA 41:9-a. The proposed schedule of fees will be available at the Selectmen's office and posted on the town website News and Notices page: <http://town-ofthornton.org/>.

Save the Date!

2023 National Night Out will take place Aug. 1 from 5-7 p.m. at Benton's Sugar Shack, Route 175 in Thornton. This year we will be working together with three more towns including Plymouth Ashland and Holderness, welcome aboard! We are in need of volunteers for the event, please reach out to Judy Rolfe at jrolfe@watervillevalleynh.gov.

Thornton Family Concert Series

The Thornton Events Committee is excited to announce the 2023 Thornton Family Concert Series! Concerts will be held at the Sugar Shack Field, 2010 NH Route 175, Thornton, on Sundays, July 23, July 30, Aug. 6, Aug. 13.

Campton Public Library news

Pop in to the Campton Public Library to pick up some summer reads. We have some new books in our collection and are happy to make requests for you through the New Hampshire Interlibrary Loan program. Our kids summer reading challenge has started, so come pick up a reading Bingo board and join us for an ice cream social at the end of the summer.

Campton Public Library Summer Hours:

Monday: 10 a.m. - 4 p.m.
Tuesday: 10 a.m. - 4 p.m.
Wednesday: Noon - 7 p.m.
Thursday: closed
Friday: 10 a.m. - 4 p.m.
Saturday: 9 a.m. - 2 p.m.
Sunday: closed

Thornton Public Library news

Our Summer Reading program kicked off with mime Robert Rivest on June 27 at 2 p.m.

We encourage readers of all ages to participate and keep a log of books read to be entered in our prize drawing for the end of August. We have an in house book sale that is ongoing through July. Our July events include a French culture program on Wednesday, July 12 at 4 p.m., our Squam Lakes Wildlife presentation "Why Do Animals Do That" on Tuesday July 18 at 10:30 a.m. and family stories to create your own book is an ongoing summer event beginning on Thursday, July 19. Call or email directorthorntonpubli

SEE TOWNS PAGE A11

Forest Pump & Filter Co.

Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

WELL DRILLING

PUMP SYSTEMS

FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE

FOREST PUMP & FILTER CO., INC.

603-332-9037



NORTH COUNTRY COINS, LLC

BUYING - SELLING - APPRAISALS
Est. 1989

WWW.NCCNH.COM
TUES - FRI 10 - 5 • SAT 10 - 3

HIGHEST PRICES PAID

All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.
NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.

THE STORY PAGE... building community one story at a time

COMMUNITY

July is a month when community comes alive, a time when residents gather for Independence Day celebrations, locals attend area concerts and shows, yard sales pop up on back roads, children are out and about enjoying the summer hiatus, and farm stands open up. When we started the Story Page over two years ago, we wanted it to be by our community, about our community and for our community. We're not sure how well we are achieving this vision, but we do know that we initiated this page as writers who really like our community. That said, this issue includes a little history, some personal reflections, and a couple of great photos, and a collective "messy-poem" from the Story Page Team. As always, THANK YOU to our contributors! Also, with all this rain we hope readers have a little time for creating. We invite - as we do every month - any and every reader of any age or skill to submit a piece of writing, artwork, or photography by the 30th of each month following one of our upcoming themes. We have fun coming up with one-word themes and seeing the different interpretations community members have for their submissions.

A STORY PAGE SUBMISSION

If you've ever thought of being a contributor...go for it! The more diverse we are the better. Here are the upcoming themes and submission dates. Please send in to storypagenh@gmail.com by the 30th of the month. Thank you as always for visiting the Story Page, where we believe that in this brief, magical life...every story counts!

- Theme:..... Due the 30th of:
 STORMS July 2023
 TRAVELS August 2023
 PEACE October 2023
 GOODWILL November 2023
 DREAMS December 2023

Memories of Campton Winter Carnival - Reflections on the Campton Community



The winter carnival was the highlight of the season. I remember climbing up Broomstick Hill for the downhill and the slalom was on the hill behind the little league field. The ice skating was on the pond. I recall the firemen providing hot cocoa too. Later that night they had the awards ceremony down at the elementary school. I remember the downhill skiing on the hill and climbing to the top to get there. I'm not a sports enthusiast - I wasn't even as a kid - but I did the downhill then decided I'd try the rest of the events even though I wasn't very good. I got a sportsmanship award for my efforts.

Jack Mayhew

I was always first in ice skating until that darling Marlene Avery beat the dickens out of me one year. Suzie Roberts and I usually placed well in skiing...she was way better than me, but who doesn't love to get a ribbon and trophy!! Loved all the great Campton times!!!

Mary Fowler Vittum

My most vivid memory was during one downhill race - my skis got all clogged up with snow (my Dad forgot to wax them), and I was passed by Bill Dearborn as I was clumping down the hill!

Dede Cheney Joyce

I remember the winter carnival. It was the event for the winter. My brothers, my sister, and I would hike up Broomstick Hill to practice our downhill run for weeks before the big day. And, yes, I did win the trophy and first place my fourth-grade year. How exciting! John Dole, Mr. Downey, Pascoe Roberts, and many from the fire department work hard to provide a fun event for the community. I loved growing up in Campton.

Jean DeGrace Sleeper

When I was about 3, I didn't have skis and had never been on them. But I talked my mom into letting me try the race behind the store using my brothers. I'm sure they thought this was going to be hilarious. The youngest kids didn't have to hike up very far. Somehow, I put those skis on and waited my turn. I'm sure my mom was giggling. My turn came and off I went. Much to my folks surprise I did not fall once and took the blue ribbon! I remember my older sister took the blue ribbon for skating that year. Seems most people in town went. It was a big deal.

Betzi Osgood Taoka

I remember them! The downhill race was held behind my parents' store. Ice skating was down at the pond! So much fun!

Lori Alder Cushing

A Community Love Story

We unthink the bigger world around us, untune the radio, unplug the news

We open the free town crier and see the pictures of the local farm stand opening for the season

Local investments on the town planning agenda
 Where we will muster, banter, chip in for a greater good

We go to the local coffee shop, buy from our neighbors' store

We wave, stop to say hello on the sidewalk, in the parking lot

Ask about the children and the ailing

We bake for the scouts or the church or the baseball team

Pull up at the lemonade stand, the community garden

Pick up litter on our walks

Go to summer night concerts where local musicians sing and strum

While we dance and smile - each, and together

We watch a mother and daughter pull over on a busy road, run back to save

A turtle trying to cross alone. Slow and out of its element on the hot, hazardous tar.

We hear of the cancer, the fire, a sadness or a milestone

We pitch in, carry water, bring cheer, give comfort

We smile at the ice cream dripping off the chin of someone's child

Visit the homebound

Tune in to how we are different

Consider how we are the same

We think less about saving time

And more about giving it

Less about getting ahead

And more about getting together

We think less about the big, heavy, heaving world
 And more about the small one right out our front door

Where there is love all around

Where we belong to each other.

The Story Page Team, all around

Longing

I don't want emojis.

I want to hear your voice song, the altos of consonants, the base notes of vowels.

I want to gaze on your sweet face in real time, whether spirited or pensive.

While we speculate, ponder, fantasize - just the two of us.

I want to hear your voice song, the altos of consonants, the base notes of vowels.

I want more than 280 characters in a Twitter Tweet.

While we speculate, ponder, fantasize - just the two of us.

I want to see your eyebrows raise in question or forehead furrow in worry.

I want more than 280 characters in a Twitter Tweet.

I want to watch your hands dance, wave to the beat of your voice.

I want to see your eyebrows raise in question or forehead furrow in worry.

I want to feel the heat of your torso, soul touching soul, breathing in, breathing out.

I want to watch your hands dance, wave to the beat of your voice.

I want to laugh with the curve of your laugh lines.

I want to feel the heat of your torso, soul touching soul, breathing in, breathing out.

I don't want emojis.

Katharina Kelsey, Campton

(Author's note: This poem's structure is known as a pantoum in which the second and fourth lines of each four-line stanza repeat as the first and third lines of the next stanza.)



The community of Bristol, NH was treated to three local celebrities who led the Fourth of July parade this year. Brothers Brad and Jim Tonner, local artists, writers and owners of TwinDesigns Gift Shop in Bristol Central Square joined a representative of Diane the Turtle to dodge the raindrops and greet the crowds. The "real" Diane, a turtle whose story has been told around the world, was peacefully at home in her own environment, probably enjoying a snack of strawberries. Photo by Barry Draper.

BYO Breakfast

One of the gifts of COVID is that some of us are consciously finding safe places to gather in small groups like town Gazebos that make great BYOBs for Bring Your Own Breakfast! People take advantage of the cool early hours in all the special haunts like Smart's Brook, The Tunnel Brook Road, the lookouts on the Kanc, and Long Lake to name a few. We've had to gather remotely for so long that we learned to look more carefully for places to gather as we pay closer attention to gathering again in person.

As we have ventured out, there seems to be less junk dropped around as we recognise that it is up to us all to share this Earth space, knowing that freedom can be threatened unless we all care and think about how we are impacting the Earth community that all we hold dear.

Hopefully, this new understanding will stay with us.

Elizabeth Terp, Lincoln


THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alexandria	N/A	N/A	\$195,000	Ruth J. Harrow RET	Donald E. Harrow
Ashland	Harold Avery Road	N/A	\$75,000	Luis and Kerri Rivera	Alina and Albert Ferdman
Bridgewater	124 Maple St. N.	Single-Family Residence	\$255,000	Mark I. and Pauline Solomon	Eric and Michelle Pothier
Bristol	795 Hall Rd.	Single-Family Residence	\$373,000	Patrick E. Gullo	795 Hall Road LLC
Bristol	Lake Street	N/A	\$60,000	Faye D. Foster and Bruce K. Platts	Keith N. and Deborah L. Congdon
Bristol	419 W. Shore Rd.	Single-Family Residence	\$86,000	Patricia A. Hart Trust IRT and Clare Hart	Clare A. and Joseph Hart
Campton	77 Richardson Trail, Unit 31	Condominium	\$345,000	Stephanie G. and Brad M. Arpin	Anna Orselina Corbett LT and Michele A. Ciccone
Campton	124 Winterbrook Rd., Unit 1	Condominium	\$425,000	Robin M. Hausheer	Christina Pensock and Kelly Nastasi
Campton	N/A	N/A	\$440,000	Meghan Dooley and Brandon Micale	Kasa Jordan LLC
Hebron	N. Mayhew Turnpike	Single-Family Residence	\$195,000	Annie T. Bell RET and Richard Thorner	PQROZ Fund LLC
Holderness	N/A	N/A	\$599,000	Andrew and Jena Herring	Mark J. Lynnes and Christine Zerby
New Hampton	23 Meadow Way	Mobile Home	\$190,000	Kyle S. Mitchell	Jacob Simmons
Plymouth	77 Pleasant St.	Single-Family Residence	\$490,000	Kathryn S. Babin	Peter Gurney
Plymouth	159 Reservoir Rd.	Single-Family Residence	\$375,000	William R., Jr. and Denise R. Bolton	Kyle A. and Rena C. Hancock
Plymouth	Route 25	N/A	\$330,000	John and Bertha Switzer	Michael P. McGinley
Plymouth	Route 3A	N/A	\$290,000	Annie T. Bell RET and Richard Thorner	PQROZ Fund LLC

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrendata.com



BREAK OUT
of the same monotonous routine and find an exciting **NEW JOB**
See the Classifieds **TODAY!**

Spish Splash

FROM PAGE A1

"That was great. It's certainly handy to have a tool like that onboard. The difference is that while a Sawzall can cut, the Jaws of Life is battery powered and has both a cutter and a spreader, which we really need," Labonte said.

That combination helps rescuers open up the side of a vehicle and get to any injured people a lot faster. While surrounding fire departments have a Jaws of Life, it could take 10-15 minutes or more for them to arrive at a time when minutes count. Labonte said there are four miles of heavily traveled Route 3A running through Hill and there have been a number of times when a Jaws of Life has been needed, including a few in just the past month. Owning their own can help save lives, especially if other departments nearby are tied up and cannot respond right away.

The cost of that piece of equipment ranges from \$10,000 to \$14,000, however. The firefighters association has already contributed \$1,000 from their funds toward the purchase and now hopes to raise more through "Spish Splash Fun."

The event will take place beside the pond in Hill Village with plenty of things to enjoy. For \$5/person there will be Make Your Own Sundaes with plenty of great toppings to add to scoops of ice cream, while for \$10/person, not only will there be the ice cream but lots of activities as well that they can participate in.

Labonte said there will be a Dunking Booth, a Slip & Slide, a Fire Truck Sprinkler, and some canoes and kayaks for people to paddle around the pond. In addition to that and more, a Firemen's Muster will also be held with team challenges that anyone can join in on. One of the games will have a rope across the pond with a ball attached that competitors will have to push from one side to the other with a stream of water.

"We (the firefighters) will do it first then open it up to others to try," said Labonte.

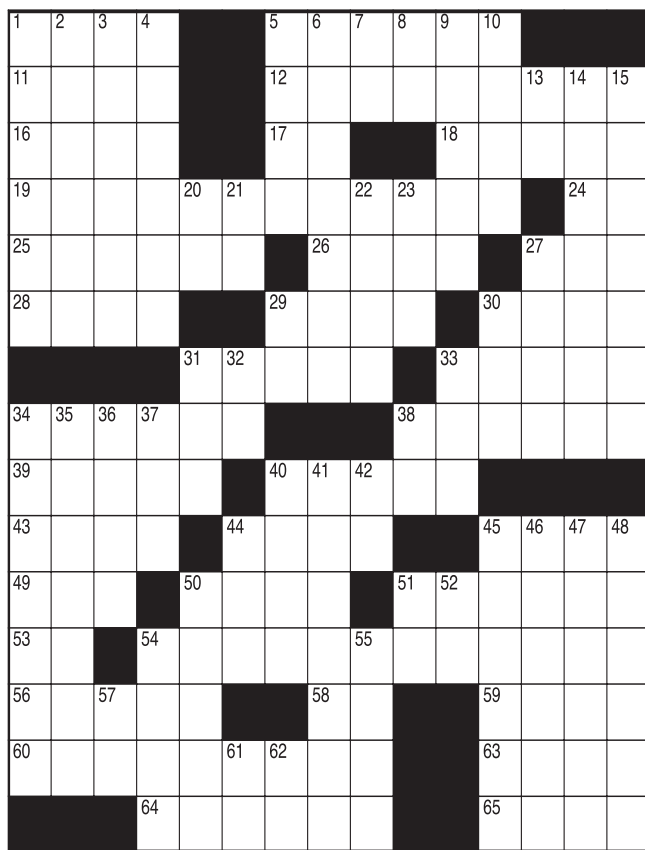
A few other games will also be included in the muster.

The association is pleased to say they have received support for Spish Splash Fun from Taylor Rental, which gave them a huge discount on the dunking booth rental, Shackett's Store on West Shore Rd. in Bristol is providing them with all the ice cream for the sundaes, while other donations have been received from Mt. Prospect Academy.

The fun will all take place on Commercial Street in Hill from 1-4 p.m. on Saturday, July 15. People who don't necessarily want to take part in the activities are invited to bring a lawn chair down by the pond where they can just sit back and enjoy the day.

Anyone who would like to make a donation to the purchase of a Jaws of Life may do so at any time by dropping their check off at the fire station, or by mailing it to Hill Firefighters Association, PO Box 53, Hill, N.H. 03243. All checks should be made out to the firefighters' association with Jaws of Life in the memo line.

TAKE A BREAK



ACROSS

- Small Eurasian deer
- Irish county
- A major division of geological time
- Broadway actor Lane
- Canadian province
- It causes fainting (abbr.)
- Two
- A notable one is blue
- Utter repeatedly
- Rings
- Sullies
- Occurs
- Publicity
- Near

DOWN

- By the way
- Bicycle parts
- Barbie's friend
- In a way, stretched
- Commercials
- Make up for
- American songbird
- Pay
- International organization
- Engravers
- Declared as fact
- Criminal
- Jewelry
- Hospital worker (abbr.)
- Nonsense (slang)
- Town in Galilee
- Value
- Another name
- Sheep in second year before shearing
- Town in Surrey, England
- Appropriate during a time of year
- Creative output
- Recesses
- District in N. Germany
- Rider of Rohan
- The official emblem of the German Third Reich
- One who puts down roots
- Scribe
- Painted a bright color
- Tycoons
- Actress Thurman
- Walking accessory
- Crest of a hill
- Member of a North American people
- Type of computer
- U.S. State (abbr.)

ON THE GRILL WORD SEARCH

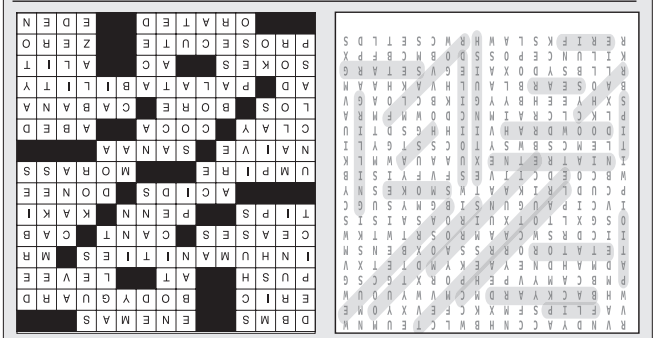
R V N D Y A C C N H B W L C T E U M N W
V A F L I P S F M X K C F E V X Y O M E
W H B A C K Y A R D M C M V W Y U O U W
P M B C A M Y V P E H P O R X T G C S G
A D M A H D N E Y A E K Y M D T E T X V
T E T A T O R O R R S S A O X B E N S M
I I C D R S W C A M R O S R T W T K W
O S G X L T O T X U I R O A S A I S I S
I V C I P A U G U N S I B G M Y S U G C
P C U D L R I K A A T W S M O K E S N Y
W B C O E D C T T V E S F V F Y I S I B
I N I A T R E T N E X U A A U A W M L K
T L E M C S B W S Y T O C S S T G Y L I
I D O W D R A H V I I H G S D T I U
P L K C L C R A I M N C D O W M F M R A
S X H Y E E H B Y Y G I K B C L O A G V
B A O S E A R B L A U L H V A K H A M
R L L B S Y D O X A I E G V S E T A R G
K I L U N C E P O S S D O B M C B F P X
R E R I F K S L A W H R W C S E T L D S

Find the words hidden vertically, horizontally, diagonally, and backwards.

ON THE GRILL WORD SEARCH

ASH, BACKYARD, BARBECUE, CHAR, CHARCOAL, DELICIOUS, ENTERTAIN, EXTINGUISH, FIRE, FLAVOR, FLIP, GRATES, GRILLING, HARDWOOD, MARINATE, OUTDOORS, PATIO, ROTATE, SEAR, SMOKE, SPIT, TEMPERATURE

This Week's Answers




Not getting enough attention?
Call your Sales Representative Today
Tracy Lewis: 603.616.7103

Vendors and sponsors wanted for town wide yard sale

PLYMOUTH — The 27th annual Plymouth Town Wide Yard Sale will be held Sept. 9, the Saturday after Labor Day, from 9 a.m. to 3 p.m. (rain or shine).

Twenty-seven years ago, a small group of community members started the Plymouth Town Wide Yard Sale to benefit the Plymouth Area Community Closet. Since 2013, the Yard Sale has benefited the Homes 4 Veterans fund at the Bridge House Shelter in Plymouth, New Hampshire. Sale sites include a huge community group site at the Plymouth Municipal Airport, 311 Quincy Rd., Plymouth, several organization sites, and yard sale locations throughout Plymouth. Some years more than one hundred families, non-profits and businesses have participated with individual sites and fifty-plus vendors from all around the region have set up at the group site. Judging by the number of cars parked on the airport field last year, at least six hundred customers visited the group site as well as following the Yard Sale Maps to private sites all around the town.

Registration forms are available at the Bridge House, 260 Highland St. in Plymouth, on the website <https://tbhshelter.org.presencehost.net/how-to-help/donate.html>, or from sheila@cop-pertoppe.com. If registering online, be sure to click the Fund 4 Our Veterans, put “yard sale” and your sale location in the Yard Sale comment field.

Make checks payable to “Veterans Fund” with “Yard Sale” on the memo line. Deliver or mail to:

The Bridge House
ATT: Yard Sale
260 Highland Street
Plymouth, NH 03264

Bridge House Shelter is a non-profit facility serving individuals and families of the Lakes Region, Grafton County and North Country New Hampshire as they work to transition to perma-

nent housing.

Every veteran is welcomed and served, supporting the national mandate to end veteran homelessness. The Fund 4 Veterans helps a veteran pay for special needs and activities of daily living.

To learn more about how you can help, visit <http://tbhshelter.org/> or call 603-536-7631 weekdays.

Hike Five (Fish) Finger Point with the SLA

HOLDERNESS — Join in for a day of fishing on Squam Lake! Join Jasper, a Lakes Region Conservation Corps member at the Squam Lakes Association on a trip to Five Finger Point to spend the day walking the trails and fishing in Squam. This program will be held on Tuesday, July 18 from 9 a.m. to 2 p.m. The guided fishing hike to 5 Finger Point is a chance to get out and enjoy both the beautiful trails around Squam Lake, and the lake itself. Participants should plan for a roughly 2.5 mile hike around the 5 Finger Point area. It is required that you bring your

own fishing gear and lunch, as well as water and any extra clothes you think you’ll need for the weather that day. Keep in mind that the weather can be unpredictable around here, so a rain jacket is recommended. Make sure to also bring lunch, your own fishing gear and a valid fishing license.

For more information or to sign up for this free Adventure Ecology program, visit the SLA Web site (squam-lakes.org) or contact the SLA directly (603-968-7336). Be sure to check out more free Invasive Species Week events and other Adventure Ecology

activities hosted by the Squam Lakes Association!

The Squam Lakes Association is dedicated to conserving for the public benefit the watershed’s natural beauty, peaceful character, and resources. In collaboration with local and state partners, the SLA promotes year-round protection, careful use, and shared enjoyment of the lakes, mountains, forests, open spaces, and wildlife of the Squam Lakes Region. Managing invasive species like round leaf bitter-sweet is essential to protect the aesthetics, resources, wildlife, and biodiversity of the watershed.

Towns

FROM PAGE A8

clibrary@gmail.com for more information.

Holderness

Fran Taylor 968-3846

Road Agent Kevin Coburn reports that there were no problems on town roads as a result of the heavy rains. Travelers on NH Route 175 have seen a number of washouts on the roadsides, some of which were already bad and were further aggravated by the heavy rains.

Thursday’s concert at the Gazebo at Curry Place will be the group “Tall, Small and Paul” acoustic trio covering many genres from The Grateful Dead to the Beatles. The following week, on July 20, The Sky Road Band will perform a combination of folk, country and blue-

grass.

The Library Summer Reading Program invites youngsters to meet children’s book author Bennett Evans and musician Steve Desloge on Tuesday, July 20 and Wednesday, July 21 at 10 a.m.

We hear that some visitors are having trouble finding our StoryWalk® location. The trail starts at the gazebo, located behind the Post Office. Parking is an issue. Suggest you arrive before Walter’s opens at 11:30 a.m., when there’s still spots available on the main road.

Household hazardous Waste Day coming up on Saturday, July 29 at the Meredith Public Works Garage just off Route 3/25. 10 gallons or 50 pounds of hazardous waste per household. There’s a description of what can be considered hazardous on the lakes-rpc.org website.

Weather guru Rod Weinstein reports the highest temperature for the month of June was 92 degrees on the 1st, and the lowest 43 degrees on the 4th. Total rainfall was 5.25 inches, which is 0.82 inches above normal. Can’t wait to see the statistics for July!

The New Hampshire Music Festival has returned and began its three week concert series on Thursday at Silver Hall on the Plymouth State University campus. Local residents are hosting some of the musicians.

The Reverend Richard Greenleaf, Senior Chaplain at St. Paul’s School, Concord, will officiate at the Sunday service at Chocorua Island on July 16. Service begins at 10:30 a.m. In the event of rain, the service will be held at the Rockywold Deephaven Playhouse. The Sci-

ence Center does have a shuttle to the island. Go to Squam Lake Cruises to register. You may be interested to know that Chocorua Island was the site of America’s first resident boys’ summer camp. The camp was established in 1881 by Mr. Ernest Balch and operated until 1889. Religious services began in 1903.

If it continues to rain, or, if it’s too hot, a great place to take the kids is the Plymouth State Ice Arena. Check the full schedule on their Facebook page. Small fee and rentals are available. Visitors might also be interested in checking out the Curling that has become quite popular in the area. You are welcome to go and observe when they’re playing.

This week the Gordon Research Conference at the Holderness School will discuss Drug

Metabolism including emerging technologies and novel approaches in discovering, developing, and safely using medicine from diverse modalities.

Just after the end of the spring term, three dozen Holderness School history students spent 12 days in Eastern Europe to expand their understanding of their course in Advanced History of the West. The goal of the course was to dismantle the barriers that often divide the teaching of American and European History and make connections and better appreciate the long, unbroken arc of history.

Warren/Wentworth

Gary Jesseman 707-7129
garyj@together.net

Greetings everyone. Hope you are all having a good week, and didn’t get too overcome by the heat and humidity! Also hope you didn’t get flooded away with all the rains we’ve had!

WARREN NEWS

Warren Parks and Recreation have announced their schedule of outdoor Concerts On The Common for the summer season:

July 28—Jackie Lee and the Boogie Box Bandit (Classic & Southern

Rock)

Aug. 25—Granite 5.0 (‘60’s, ‘70’s and ‘80’s hits)

Sept. 8—Ashley Jane’s Hootenanny (Classics from Golden Age of Country AND There will be a Parks and Rec BBQ Fundraiser)

All Concerts rain or shine, from 6-9 p.m.

Warren Old Home Days will be celebrated THIS WEEKEND-- July 14, 15, and 16. The theme for this year is “Life on the Farm.” Come enjoy the festivities, listen to music, have some good food, reconnect with friends...the possibilities are endless!

Warren-Wentworth Ambulance Service will host a Penny Social at the Warren Town Hall on Saturday, July 29. Doors open at 1 p.m., and the social starts at 2 p.m. If you have questions, call 603-470-3203.

WENTWORTH NEWS

Wentworth Open Air Market is currently accepting vendor applications for the 2023 season. It runs from July 5 to Oct. 7, Saturdays from 10 a.m. to 2 p.m. Email Renee at wentworthfarmmarket@gmail.com to register, or for more information.

Have a good week, and remember to count your blessings!

Boyd

FROM PAGE A1

was named Coach of the Year and Tom Lambert of Conant was named JV Coach of the Year.

Locals joining Bernier in earning First Team All-State were teammates Tori and Gwen Christie, Maddie McKenna of Gilford and Ava Bartoli and Makena Peare of Berlin.

Second Team honors went to Alexis Wilson and Olivia Noyes of Prospect Mountain, Lena Rodriques of Belmont and Maddie Hazelton and Kendal Heyman of Gilford.

Honorable Mention went to Lauren MacDonald of Winnisquam, Jaylin Bennett of White Mountains, Rylie Cotnoir of Belmont and Sadie Lydick of Gilford.

Also earning First Team honors were Tonya Sanchez of Newport, Carmichael and Lizz Holmes of Hopkinton, Ashleigh von der Linden and Abigail Gaynor of St. Thomas, Payton Bryson of Bishop Brady, Rylee Her of Conant, Zoie Stevens of Stevens and Emily Howell of Hillsboro-Deering.

Also earning Second Team honors were Steph Elrick of Hopkinton, Danna Dyer and Gabby Lensky of Somersworth, Elizabeth Flynn of St. Thomas, Cheyenne Hannum and Emma O’Connor of Newport, Abigail Tyrrell and Kimble Rose of Bishop Brady, Grace Kirb of Conant and Cainen Avery of Monadnock.

Honorable Mention also went to Haley Hathorn of Hillsboro-Deering, Ava Archambault of Bishop Brady, Amelia Anderson of St. Thomas, Peyton Blackinton of Newport, Aby Lambert of Somersworth and Dinkenesch Levesque of Raymond.

For Division IV, Woodsville’s Mackenzie Griswold was named Player of the Year, while Woodsville head coach Dana Huntington was named Coach of the Year and Cassie Manning of Woodsville was named JV Coach of the Year. Keira Sophakhot of Newmarket was named Pitcher of the Year.

Joining Griswold in earning First Team honors among the local players were Dory Roy of Woodsville, Kylee Lachance of Groveton, Hailee Beane of Littleton and Olivia Tatro of Moultonborough.

Second Team honors went to Abby Crocker of

Woodsville, Marissa Kenison of Groveton and Taytum Adams of Littleton.

Earning Honorable Mention were Kate Clermont and Mackenna Mack of Lin-Wood, Katherine Bushey of Groveton and Sophia Lafond of Lisbon.

Also earning First Team honors were Abby Dowling of Wilton-Lyndeborough, Alyvia Jaimes of Pittsburg-Canaan, Leah St. John of Mascenic, Sierra Riff of Colebrook and Souphakhot.

Second Team honors also went to Amelia D’Aiello of Pittsburg-Canaan, Bri Fish of Wilton-Lyndeborough, Ella Pearson of Mascenic, Emma McNalley of Sunapee, Gia Tilton of Newmarket, Hailey Rossito of Colebrook and Liahna Messier of Portsmouth Christian.

Also earning Honorable Mention were Ella Morris of Wilton-Lyndeborough, Isabella Mendez of Newmarket, Jacqueline Giroux of Pittsburg-Canaan, Catalina Davis of Mascenic and Lillian Kelleher and Taylor Goodspeed of Sunapee.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Town of Thornton NOTICE OF PUBLIC HEARING

The Board of Selectmen for the Town of Thornton will hold a Public Hearing on Wednesday, July 26, 2023 at the Thornton Town Office beginning at 6:00 pm to open and review bids for the Sale of Tax Deeded properties as advertised.



Town of Thornton NOTICE OF PUBLIC HEARING AMENDED

The Board of Selectmen for the Town of Thornton will hold a Public Hearing on Wednesday, July 26, 2023 (AMENDED) at the Thornton Town Office beginning at 5:00 pm (AMENDED) to consider amending the Town of Thornton Fee Schedule pursuant to RSA 41:9-a. The proposed schedule of fees will be available at the Selectmen’s office and posted on the town website News and Notices page: <http://townofthornton.org/>

Campton Congregational

Sunday, July 16
9:30 a.m. Sunday Service, Rev. Jeff Robie will lead us in Worship
10 a.m. Children's Sermon/Sunday School
Following Worship we gather for coffee, goodies, and fellowship.

Tuesday, July 18
8:30 a.m. Deacons Meeting
10 a.m. Church Committee Meeting
Noon BYO Lunch
1 p.m. Ladies Guild meet for crafts, fun, & fellowship
6 p.m. Bible Study on Zoom

We are again calling on keepers of family artifacts as we gather mementos and memories for the 2024 250 year anniversary of Campton Congregational Church. As we prepare to commemorate this momentous milestone, we are looking for old pictures, interesting stories, and tidbits about our churches past that may be in your scrapbooks and memory banks. The journey of our church spans two and a half centuries, and we believe that within our community lies a wealth of untold narratives and hidden gems. Whether you have faded photographs capturing the church's early years, anecdotes passed down through generations or artifacts that have been preserved over time, we

welcome your contributions to help us add to the wonderful preserved history of our congregation. Our long history serves as a testament to the faith, resilience, and devotion that has united us as a spiritual family for generations. Please call Campton Congregational at 603-536-2536 or email us at ourccc1774@gmail. We can easily copy pictures and documents and return them quickly. Thanks to one and all.

All are welcome Sunday mornings, as we come together to worship and praise God. Our Church is a member of the National Association of Congregational Christian Churches, a national body of churches dedicated to preserving traditional Congregational principles and practices in the world.

Our Services are available on Facebook. Bible studies are available on Zoom. If you are unable to be with us in person, tithes and offerings may be sent to PO Box 328, Campton, NH 03223.

Please direct any questions or needs to ourccc1774@gmail.com or call 603-536-2536.

Christian Science Society, Plymouth

We love to have visitors at our Sunday ser-

vices, which we hold each week at 10 a.m. in our Emerson Street building. The Bible lesson sermon subject this coming Sunday is "Life" and begins with these words from Nehemiah "The Lord liveth; and blessed be my rock; and let the God of my salvation be exalted." The lesson, which can be studied during the week, including in our Reading Room study area, is one that churches around the world will be reading this coming Sunday. Organ music, hymns and a solo will also center on this theme.

Our Sunday School is now meeting in their beautiful new space. Here students learn how the truths and lessons in the Bible can help with their everyday lives. It's held at the same time as the church service.

We also have a Wednesday meetings at 6 p.m. each week. It begins with short readings from the Bible and from the Christian Science textbook with thoughts to help meet personal and world needs. Then there is time for sharing with one another gratitude for healing experiences in our lives, as well as thoughts and insights from our spiritual study and prayer. We'd love to have you join us.

Please visit our Web site at www.cs-plymouth-nh.org if you would like to join in our services by zoom.

At jsh-online.com

you'll find a wealth of articles and audio offerings which are new each week. This week there is an interview on the Sentinel Watch podcast "Listening to God". There is also a whole section of articles by teens about their experiences of using prayer to solve challenges in their lives.

The Reading Room in our church building is open Monday noon to 2 p.m. There is a comfortable quiet space to sit and read in the new downstairs area, as well as a lending library. The award-winning Christian Science Monitor is available to read. We welcome all to browse, and borrow all books and resources and to enjoy the study area.

Wentworth Congregational

Here is our list of upcoming speakers:

Beginning June 4 through Sept. 3, our services will be at 9 a.m.
July 9-Rev. Cindy Petrie
July 16-Joy Moody
July 23-Rev. Lynn Morrison
July 30-Rev. Ruth Martz

Meet our speakers:

LYNN MORRISON: (1st Sunday Communion and 4th Sunday in Wentworth)

Lynn J. Morrison grew up in Wyoming and was ordained by the

Christian Church (Disciples of Christ) in 1982. She holds an MDiv from Phillips Theological Seminary, and served chaplaincies and small churches in Oklahoma before coming to NH in 1994. Lynn was pastor of West Rumney Community Church for 10 years, and also worked at Innisfree Bookshop in Meredith for two decades until her retirement in 2019. She is currently a member of Plymouth Congregational Church, UCC.

CYNTHIA B. PETRIE, M. DIV: (2nd Sunday-Wentworth) Cindy lives in Freedom, NH with her husband Russell. She earned her Master of Divinity from Gordon Conwell Theological Seminary while simultaneously completing her studies in the National Association of Congregational Christian Churches, Congregational Foundation of Theological Studies, after which she was ordained. She served as Associate Pastor of the Campton Congregational Church with her husband Russell for 11 years.

She is celebrating her 7th year and continues to serve as the Pastor of The Chapel of St. John of the Mountains in Ellsworth, NH and is honored to serve as pulpit supply for churches in NH and Maine when invited. Bringing Christ centered Biblical messages is her life-long dream and is thankful

and honored to be with all of you in Wentworth! God Bless You!

Cindy leads Bible Study after the morning service.

JOY MOODY: (3rd Sunday-Wentworth) Joy was born and raised in NH. She is currently a seminary student at Christian Leaders Institute. She has been pulpit supplying in numerous churches over the last four years. She has been working towards ordination in the Congregational Church. When she is not working towards her Bachelor's Degree in Divinity, she is a Certified Recovery Support Worker at Archways Community Resource Center. At the Resource Center she helps give a hand up to others to help find recovery. Blessings!

Rev. Ruth A. Martz (5th Sunday-Wentworth) Ruth is an ordained UCC pastor who retired two years ago from active pastoral ministry. She served for nine years as the solo pastor of the Sanbornton Congregational Church, UCC (NH). Ruth loves to tell biblical and multi-cultural stories, along with linking Scripture with art, music and everyday life. She offers meditative walks and workshops on her canvas labyrinth. Ruth lives in Sanbornton with her husband, Steve Majeski, and their dog Maggie. She enjoys skiing and playing the Celtic harp.



ALEXANDRIA
Alexandria United Methodist
12 Washburn Rd.
Alexandria Village, Alexandria
9 a.m. Sunday Worship Service
Pastor Mark Lamprey • 603-744-8104
Methodist Church
April 16th Easter Worship @ 9a.m.

ASHLAND
Ashland United Methodist
18 Washington St., Ashland
9:30 Sunday morning Worship Service
Visit our Website:
<https://ashlandumc.faithlifefilesites.com/>
for more information and recordings of the Services.
Pastor Roger Kleinpeter
1-603-254-7796

Ashland Community Church
55 Main Street - Ashland
(across from Shurline Market)
10:00 a.m. Worship
August 18 – September 15 Teaching Series: "I Love My Church!"
Toddler Zone (infants – five years old) led by Kara Hamill and Kid Zone (for K-6th grade) led by Debbie Madden.
Small groups: We offer adult small groups that meet on Sunday, Tuesday, Wednesday, and Thursday evenings.
New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019.
Pastor Ernie Madden
(603) 968-9464
accernie@hotmail.com

Emmanuel Episcopal Church
18 Highland Street, Ashland
(603) 968-7640
9:30 am Sunday School and Worship
Rev. Stephen Rugg

BRISTOL
Bristol Baptist Church
30 Summer Street, Bristol, NH 03222
(603) 744-3885
SUNDAY
• Worship service with music as well as the Scriptural message and time of fellowship. 10:00 a.m.
• We also do "live streaming" of this service. Sermons/message of each week can be found on our website (bristolbaptistchurch.org)

Bristol United Church of Christ
15 Church St., Bristol
9 a.m. Bible Study • 10 a.m. Sunday School
10 a.m. Worship Service • Child Care Available • 744-8132
Our Lady of Grace
(part of Holy Trinity Parish)
2 West Shore Rd Bristol, NH 03222
Mass Schedule: 9:30 AM on Sundays (this is

the only Mass on Sundays year round now).
Daily Masses: Tuesdays and Thursdays at 8 AM.
Eucharistic Adoration every Thursday after Mass until 10:00 AM.
Parish office for both locations:
11 School St, Plymouth, NH 03264.
Phone: (603) 536-4700.

CAMPTON
Campton Baptist Church
1345 Main Street, Campton (603) 726-4662
Sunday 10 a.m. Worship Service followed by Time of Fellowship
Monday 4 p.m. Bible Study
Wednesday 7 p.m. Prayer
Friday 5:30 p.m. Dinner & Movie (free)
Women's Gathering 2nd Tuesdays 10 a.m.
Men's Breakfast 2nd Saturdays 7 a.m.
"Digging Deeper" Service 3rd Sundays 7 p.m.
Food Pantry by Appointment
All are Welcome • Handicapped Accessible
Pastor Chuck Green

Campton Congregational
#495 Rt. 175, Campton
9:30 a.m. Sunday Worship Service
Nursery and Child Care Available
10:30 a.m. Tue. Bible Study for Youth & Adults
Rev. Jeffery Robie • 536-2536
Member NACCC

New Light Chapel
Southmayd Plaza (off I-93 Exit 28)
24 Southmayd Road, Campton
(Across Route 49 from Campton Mobil)
10:00 a.m. Sunday Worship Service
Childcare and Children's Ministry available
Pastor Steven Veinotte
www.newlightchapel.com

DANBURY
Danbury Christian Church
High St., Danbury
9:30 a.m. Sunday School
11 a.m. Morning Worship
Tuesdays 6:30 p.m. AWANA
Thursday. 7:00 p.m. Prayer Group/Bible Study
United Church of Danbury
"All Are Welcome"
Rt. 104 — Near Center of Town
9:30 a.m. Sunday Worship Service
9:30 a.m. Sunday School
Contact: Sylvia Hill, Deacon at 768-3936
danburypastor@myfairpoint.net

HANOVER
Our Savior Lutheran Church
5 Summer Street, Hanover • 643-3703
10:30 a.m. Sunday Service of Holy Communion and Children's Church
9:15 a.m. Adult Education Hour

HEBRON
Union Congregational Church
15 Church Lane, Hebron
603-744-5883
Union Congregational Church is searching for a new pastor. As summer heats up, join

us for worship in air conditioned comfort as we enjoy the talents of various pastors and lay people in the region. We welcome all persons to our pews.
Worship Service - Sunday 10am
Communion being served first Sunday of each month
Coffee Hour following service
Recorded Services on website www.hebronchurchnh.org

HILL
Picturesque "1800" Hill Center Church
Non-denominational, All Welcome
Murray Hill Rd.
5 p.m. Sunday Services June-October
Rev. Carol Snow-Asher • 744-7864

Hill Village Bible Church
9 a.m. - Sunday School
10 a.m. - Morning Worship
11 a.m. - Coffee Fellowship
11:30 a.m. - Bible Hour
6:30p.m. - Wed. Prayer & Bible Hour
Teen/Childrens' Ministries
Nursery provided at all services
Pastor: Rev. Daniel Boyce
Youth Pastor: Nathan Pelletier
www.hillvillagebiblechurch.com
Look for us on Facebook

HOLDERNESS
Holderness Community Church
919 US Route 3 – P.O. Box 613
Holderness, NH 03245
Worship Service – Sunday 10 a.m.
Rev. Chris Drew – 968-3219
www.holdernesscommunitychurch.org

NEW HAMPTON
New Hampton Community Church
• 744-8252
A Christian Church w/ a Family friendly atmosphere • Main St. New Hampton
10 a.m. Sunday Worship
Nursery care, Children & Youth ed.
Small groups throughout the week in area homes

PLYMOUTH
Calvary Independent Baptist • 536-3024
115 Yeaton Rd., West Plymouth
8:45 a.m. Sunday Morning Service
10:30 a.m. Sunday School
6:30 p.m. Sun. Evening Service–Tilton
7:00 p.m. Tuesday Evening Service
Dr. Chester W. Kulus, Pastor

Christian Science Society
7 Emerson St., Plymouth
10-11 a.m.–Sun. Service/Sun. School
Wed. 6:00-7:00–Testimonial Meeting
www.cs-plymouth-nh.org

Church of Jesus Christ of Latter-Day Saints
354 Fairgrounds Rd., Plymouth
10:00a.m. Worship Service
11:10a.m. Sunday School
Kevin Simpson • 536-3664

Gateway Alliance Church
9 Fairgrounds Road, Plymouth • 536-3043
Sunday School and Adult Education

9:45 a.m.
Worship Service 11:00 a.m.
(Nursery Care is available)
Dennis Simmons, Pastor
gatewayalliancechurch.org

Grace Baptist Church
Meeting temporarily at the Baker River Bible Church at 259 Route 25, Wentworth, NH
1:30 p.m. - Sunday School for all ages
2:30 p.m. - Sunday Worship Service
Thursday, 6:30 p.m. - Teen and Adult Bible Study
Thursday, 6:30 p.m. - Kids "Patch the Pirate" Club (from September - May)
Fall Meetings with Morris Gleiser, October 18-22.
Sunday, 1:30 and 2:30 PM; Monday - Thursday at 7:00 PM.
Visit www.gbcnh.org for sermons and more information.

Holy Trinity Parish (Roman Catholic)
Our Lady of Grace Chapel
2 West Shore Rd. Bristol
St. Matthew Church
11 School St in Plymouth NH.
Parish Office: 11 School St in Plymouth (603) 536-4700.
Office email: holytrinitynh@gmail.com
Communications coordinator: Christine Chiasson email: chrisciasson@holytrinityparishnh.org.
Pastor: Fr. Mark Dollard.
Instagram: [holytrinitynh](https://www.instagram.com/holytrinitynh).
FB page is Holy Trinity News and Info.

Plymouth Congregational United Church of Christ
Sunday Worship 9:30 AM on Facebook Live
Virtual Sunday School 9:30 AM
Open and Affirming, Just Peace
Global and Local Missions. Fully Accessible
Pastor, Rev. Sara M. Holland
Ashley Paine, Organist/Accompanist
David Williams, Director of Music
536-2626 • www.uccplymouth.org

Plymouth United Methodist Church
334 Fairgrounds Road
(603)536-1941
Sunday Morning Worship 9:30 am weekly

Restoration Church
319 Highland Street, Plymouth NH
10:30 am morning service
We Care Food Pantry
Open every Monday from 10-2

Starr King Unitarian Universalist Fellowship
101 Fairgrounds Rd., Plymouth
536-8908
9:30 a.m. Sunday Service and Church School & Nursery Care
Rev. Linda Barnes
www.starkingfellowship.org

RUMNEY
Rumney Baptist Church
Rumney Baptist Church
Rev. Seth Powers, Pastor
375 Main Street • 786-9918

rumneybaptist.org
office@rumneybaptist.org
Like us on Facebook
Sundays: 10:00 a.m. Sunday Worship Service
Livestreaming on YouTube
Blended, worshipful music
Relevant Bible teaching
Children's ministry
6:30 p.m. Mondays: Teen Worship Service
Small group Bible studies throughout the week

West Rumney Community Church United Church of Christ
1218 Old Route 25, West Rumney
Sun. Worship 9 a.m., All are welcome.

THORNTON
Thornton United Methodist
22 Church St., Thornton
Off Cross Road between Rts 3 & 175
Call 603-726-3774 for more information or to leave a message.

WARREN
Warren United Methodist Church
On the Common, Warren, NH
Sunday Worship 1:30 p.m.
Sunday School 10 a.m.
Rev. Dr. David Palmer • 787-6887

WENTWORTH
Baker River Bible Church
259 Mooslake Hwy., Wentworth
* Sunday School - 9:45 a.m.
* Morning Worship Service 11:00 a.m.
* Potluck Lunch - 12:00 noon
* Afternoon Service 1:30 p.m.
* Wednesday Prayer Meeting, Patch the Pirate Club for grades 1-6, and Teen Youth Group 7:00 p.m.
Rev. Bruce Michaud, Pastor
764-9406 or 786-9550

Wentworth Baptist Church Independent, Fundamental, K.J.V.
260 Cape Moonshine Rd., Wentworth
9:30 a.m. Sunday School
10:30 a.m. Sunday Service
1 p.m. Sunday Afternoon Service
7 p.m. Wednesday Evening Service
764-9800 www.wbcnh.org

Wentworth Congregational Church
Wentworth Village Road (Common)
wentworthcongregationalchurch.org
Sunday services: 10:15 a.m., Sept. thru May.
9:00 a.m., May thru August
764-9081

WOODSTOCK
Pemi Valley Church
1091 Rte 3 South Woodstock. • 745-6241
ALL ARE WELCOME
Wednesday - 6:30 p.m. Bible Study and Prayer Group.
Sunday 9-10 a.m. Worship Service and Children's Sunday School. 10-10:30 a.m. Refreshments.
Reverend John Muehlke Jr.

Robert Anthony Zock,

Robert Anthony Zock, known as Bob, passed away peacefully at his home in Ashland, New Hampshire aged 90 years, on July 1, 2023.

Born March 6, 1933, in Waterbury, CT, Bob was the son of the late Matthias J Zock and Lucille (Fagnanni) Zock, and the brother of the late Marie Zock Jones. Bob was raised in the Bronx, New York, and later his family moved to Wellesley Hills, MA where he attended St. Sebastian's School in Needham, MA and graduated in 1950. From there he went to Harvard College in Cambridge, MA, where he majored in Economics, graduating in 1954. While in college, he belonged to The Bat Club, Hasty Pudding Club, The Harvard College Catholic Club, and was a member of the Varsity Tennis team.

Bob then attended Columbia Law School, graduating in 1957. His professional career began at Hale & Dorr in Boston, where he remained for twenty years and ultimately headed the Trust Department. He continued this work when in 1976, he formed Robert A. Zock, Co & Inc., an investment advisory.

In 1961, Bob married Maureen McGreal, daughter of the late James and Bridget McGreal, of Conway (Redstone), New Hampshire at Our Lady of the Mountains Catholic Church. Together they shared 62 years of devotion and love to their family and their faith. Bob and Maureen lived initially in Wellesley, MA, then Sudbury, MA. From there, they moved to Ashland, NH, where they lived for fifty years. Together they have five children: Elizabeth Zock (partner Richard Bartlett), Mary



Ann Zock (partner Curtis Sherrer), Robert Zock, Jr. (partner Suzanne Matthews), Katherine Zock (husband Adrian Butterworth), and Margaret Zock (husband Peter Sayour). His life was further enriched by his eleven grandchildren to which he was a loving and supportive "Tepa": Amy, Kristin, Ethan, Gabriel, Lucas, August, Lucia, Oliver, Henry, Charles, and James.

Bob generously committed himself to selected educational institutions throughout his life, serving as a Trustee at the Holderness School in Holderness, NH, Bishop Brady High School in Concord, NH, and St Sebastian's School in Needham, MA.

Later in life, Bob enjoyed traveling with his wife Maureen and children. He also was an avid reader, who sought the beauty of mountains and the reward of maintaining the trees and mowing the fields with his 1951 Ford 8N tractor at the home he loved in New Hampshire. Bob's communion with nature and animals was intrinsic to his spirit and provided him a balance that characterized his life. His humility, wisdom, warm compassion and genuine kindness was a gift; as was his steadfast, uncompromising devotion to his wife and family. He will be deeply missed, always remembered, and will remain forever in the

hearts of his family.

Bob is survived by his wife, their five children, eleven grandchildren and cousins from the Zock family: Claire Zock, Joseph Zock, Virginia (Ginger) Houser, James Zock, Susanne White, Therese (Terri) Lochry, Joan Hagedorn, Lorraine Zock and Leila Baker. Also, survived by his sister's children, Christopher Jones and Anita Vasiloff.

Bob was predeceased by his parents, Matthias J Zock and Lucille (Fagnanni) Zock; his sister Marie Zock Jones; and a grandson, Matthias J Zock II.

The family gratefully thanks Dr. David Min and his nurse, Laura, of Dartmouth Cardiology, the Lakes Region Visiting Nurse Association, and the entire care team from HomeCarePros, LLC based in Ossipee, New Hampshire. Stefanie Bissonnette, Edna Blake, Annie Cote, Dolly, Morgan, Bailey, Laura, and Grace together made an indelible contribution of both professional and emotional support.

Visitation will be held on Friday, July 14, from 5-7pm at Dupuis Funeral Home, 11 Hill Ave, Ashland, NH. The funeral mass is scheduled for Saturday, July 15, at 11:00am at Holy Trinity Parish/St Matthew's Church, 11 School Street, Plymouth, NH. Internment will be private.

In lieu of flowers, please consider making a donation to St Anne's Shrine, 92 St Anne's Rd, Isle La Motte, Vermont. For more information go to, Dupuisfuneral-home.com

Ashland

FROM PAGE A1

bles in separate bags, but the haulers do not take the time to recycle those items. Fitch suggested that those haulers be charged the same tipping fee of \$71.97 per ton,

that the town has to pay to put that trash into the landfill in Bethlehem. Those haulers would have to weigh their loads on the transfer station scales and pay that amount for their trash. It was explained that each container cost the town \$397 for trucking fees plus the \$71.97 per ton for disposal, with each container usually carrying 13 to 14 tons. Currently, commercial haulers only pay a \$100 annual fee for a sticker. Those commercial haulers who do recycle would not be charged the additional tipping fee.

The selectmen approved the idea, but a public hearing will have to be held before the fees can be changed. So they voted to schedule that public hearing as soon as possible. Questions were also raised as to whether all the trash the haulers bring to the transfer station actually originates in Ashland. Town Manager Fred Welch noted that some towns require the haulers to provide a list of their customers.

Building Inspector Devon Thibeault has been meeting with state officials on flood plain regulations, which cover activities in addition to the construction of buildings. As a result, Thibeault suggested that the Town's forms need to be modified to make sure that

all the regulations, not just the building codes, are being addressed. He asked if he could develop new forms based on the sample forms he had received from the state, for later review and approval by the selectmen. The selectmen agreed to his request. The Town Manager later suggested that Thibeault should be appointed as code enforcement officer, as well as building inspector, and the selectmen approved that

appointment. The Town Manager noted that a recent site plan review application for the White Mountain Country Club property had left out a number of abutters and agencies that should be informed of the plans. The Planning Board had returned the site plan to the applicant.

In other business, the selectmen appointed Selectman Charles Bozzello as a town representative to the Lakes Region Transportation Advisory Committee. They would like another citizen volunteer to also represent the town on that important committee. They approved the addition of gutters on the Whipple House Museum by the Ashland Historical Society. The selectmen approved the Reach The

Beach team relay foot race through Ashland. They accepted \$40,000 from the Grafton County Commissioners, part of the left over Covid relief funds, and \$54.20 from the state for the state forest land in Ashland. A building permit for the enclosure of a deck in the Town campground was approved.

The selectmen decided once again to not require property owners to fill out an annual inventory form. They approved an elderly tax exemption. The Town Manager suggested that, after the revaluation of the town is completed, the elderly tax exemption rules should be reexamined, as many seniors will see significant increases in their valuations, but not in their income. Town reports are being put on line on the town Web site, but some reports from the 1870's are not in the town files, so the Historical Society will supply copies of reports from its collection. Fourth of July Committee Chairman Kendall

Hughes thanked the selectmen for their participation in the parade, and the selectmen expressed their appreciation for the celebration.

The meeting ended with a non-public session.

GENERAL SERVICES

LOW COST SPAY/NEUTER

Rozzie May
Animal Alliance, cats and dogs.

Cat Cab service available.
Military discounts.

Sign up on line
www.rozziemay.org
or call 603-447-1373

RECORDS WANTED:

Buying your old vinyl records-LPS and 45s. Rock, Blues, Jazz, Soul, Folk, Reggae, Country, and more. Top \$\$ paid. Will travel to you. Call or text Mark @ 413-626-6396

Dupuis Funeral Home
Service Since 1953

11 Hill Avenue Ashland, NH 03217
Tel: (603) 968-3372 Fax: (603) 968-9367
www.dupuisfuneralhome.com Elliott E. Dupuis, Director

BUSINESS DIRECTORY

AFFORDABLE ROOFING
"THE ROOFING SPECIALIST"

10% OFF FOR VETETANS & SENIORS

SHINGLE, METAL & ASPHALT
Torch down and rubber Roofing.
Pressure Washing - bring your vinyl siding back to life!
Roof repairs • Farmer porches
WILL BEAT ALL COMPETITION

FREE ESTIMATES ♦ OVER 45 YEARS OF EXPERIENCE ♦ 603-991-7476

Think

OUTSIDE THE BOX

Contact your Sales Representative to discuss advertising options

Tracy Lewis
603.616.7103

PETS OF THE WEEK

Mylo

Meet Mylo! This handsome pup is looking for his furr-ever! He is a sweetheart and truly likes to have long walks in the grass followed by extra long naps. Mylo is a gentle pup and is curious meeting other people and some other dog friends, although a home without small animals is required. Come meet Mylo!

Smacky

Meet Smacky! He is a quiet and calm cat looking for a similar home environment. He could do well in the company of other animal friends with similar personalities.

NH Humane Society
Over a century of love for those without a voice.
1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539

Volunteer with Squam Lakes Association for invasive species removal

HOLDERNESS — Every Saturday from 9 to 11 a.m. this summer, join Lakes Region Conservation Corps members to remove terrestrial invasive species in the Squam Lakes Watershed. Each program will begin with a lesson about proper invasive plant identification and then end with removal. Participants should leave with the confidence to identify and remove invasive species to share with others or practice on their property. Invasive species removal will occur rain or shine (excluding thunderstorms.) Should any changes to plans arise, we will provide updates. We encourage help from volunteers who love the outdoors and enjoy hands-on conservation work.

The SLA will provide tools, safety equipment, and other resources. Volunteers should bring appropriate clothing, water, sunscreen, and a snack. Register online at SquamLakes.org/calendar.

Through invasive species management and dedication, the Squam Lakes Association conserves for the public benefit the watershed's natural beauty, peaceful character, and resources. In collaboration with local and state partners, the SLA promotes the protection, careful use, and shared enjoyment of the lakes, mountains, forests, open spaces, and wildlife of the Squam Lakes Region.

Volunteer with the Squam Lakes Association for Caterpillar Count

HOLDERNESS — Every Saturday from 2 to 4 p.m. throughout the Summer! Learn about the importance of caterpillars and conduct data collection for Caterpillars Count! a community science project. We'll learn more about the program, what it looks like at the Squam Lakes Association, and survey the sites around the SLA's campus. Caterpillars and other arthropods are important to the surrounding plants, animals, and other critters so by recording what we find we can learn a lot about the health of our ecosystem. If you'd like to spend an afternoon walking around in the woods and counting bugs please join us!

What to Bring: We'll be walking in highly vegetated areas, so please wear comfortable clothing and close-toed shoes that can get dirty. Long pants are recommended. Please also bring water and snacks if you'd like.

To Register: head to SquamLakes.org/calendar or call 603-968-7336.

Become a Pollinator Partner with the SLA

HOLDERNESS — Are tasty berry bushes or pretty flowers growing in your backyard? If you answered yes, you can go ahead and thank a pollinator! Pollinators are essential to plant life, but invasive species threaten to change and diminish their crucial ecological role. Come learn about the effect of invasive species on pollinators and native plant populations. Lakes Region Conservation Corps members will teach you about backyard ecology, pollinators, invasive species, and how you can become a Pollinator Partner! The program will conclude with time for painting custom flower planters from recycled yogurt containers and then planting native seeds to take home.

The program will occur at the Squam Lakes Association (534 US 3, Holderness) on July 20 between 6 and 9 p.m. Participants should wear clothes they are comfortable with getting paint on.

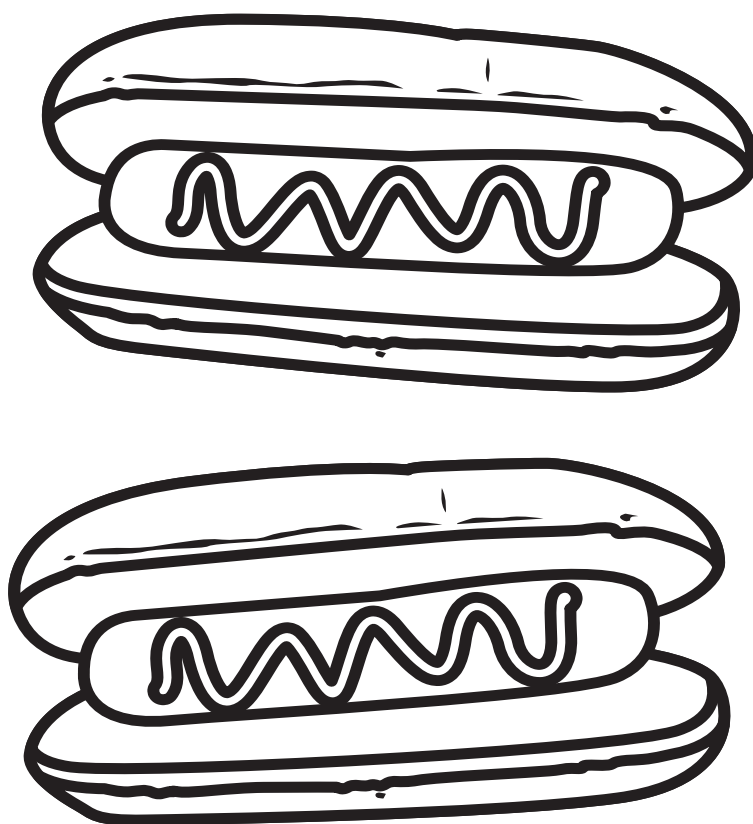
This Adventure Ecology is part of Invasive Species Week at the Squam Lakes Association. The SLA is dedicating a week to creating awareness about the threat of terrestrial invasive species on our environment and economy. For more information or to sign up for this free Adventure Ecology program, visit the SLA Web site (squamLakes.org) or contact the SLA directly (603-968-7336). On our calendar, you can find more free Invasive Species Week events and other Adventure Ecology activities hosted by the SLA!

The Squam Lakes Association dedicates efforts to conserves the watershed's natural beauty, peaceful character, and resources for public benefit. In collaboration with local and state partners, the SLA promotes the protection, careful use, and shared enjoyment of the Squam Lakes region's lakes, mountains, forests, open spaces, and wildlife all year round. Environmental stewardship is necessary on private and public lands. Invasive plants impact wildlife habitats and animal behavior, especially for pollinators. Removing invasive species and facilitating a native-friendly ecosystem is integral to protecting the watershed and pollinators beyond the watershed's limits.



Creative Coloring

Celebrate National Grilling Month. Color in this picture to create your own masterpiece.



THIS DAY IN...



HISTORY

- **1865:** EDWARD WHYMPER AND HIS TEAM COMPLETE THE FIRST ASCENT OF THE MATTERHORN.
- **1911:** HARRY ATWOOD, AN EXHIBITION PILOT FOR THE WRIGHT BROTHERS, LANDS AN AIRPLANE ON THE SOUTH LAWN OF THE WHITE HOUSE.
- **1960:** JANE GOODALL ARRIVES IN PRESENT-DAY TANZANIA TO BEGIN HER STUDY OF CHIMPANZEES IN THE WILD.

New Word

GRILL

to cook food over an open fire



PEOPLE EAT 20 BILLION OF THESE BELOVED BACKYARD BARBECUE FOODS EVERY YEAR.

ANSWER: HOT DOGS

How they SAY that in...

- ENGLISH:** Beef
- SPANISH:** Carne
- ITALIAN:** Manzo
- FRENCH:** Boeuf
- GERMAN:** Rind

Did you know?

IT TAKES ONLY 5 TO 7 MINUTES TO GRILL STANDARD BEEF FRANKS, AND 7 TO 10 MINUTES FOR JUMBO FRANKS ON AVERAGE.



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: HOT DOGS

REAL ESTATE



OLD MILL PROPERTIES

Across from the Bike Path on Route 3A

NEWFOUND LAKE Is just a short walk from this desirable end unit Townhouse at The Ledges on Newfound Lake. Light & bright unit offers 2BRs, 2 baths, open living/kitchen/dining area with delightful screened porch. A resort-like feel, amenities include a sugar sand beach, mooring field, canoe/kayak racks, heated pool, Clubhouse & tennis courts. Short drive to Ragged Mt makes this an ideal 4 season get-away. **JUST: \$499,900**

507 Lake Street, Bristol, NH 03222 • 744-8526 • www.OldMillProps.com



LACONIA:
Move-in ready 1900's Cape with 4 BRs, 2 baths, beautiful hardwood floors, and a 2 car garage. Home has been well cared for and is a must see!

\$280,000 (4960095)



MOULTONBOROUGH:
Premier Squam Lake Waterfront home with incredible views & sunsets! Featuring 5 BRs, 4 baths, an additional guest house, and a U-shaped dock. All this on over 5 acres of Squam land.

\$9,000,000 (4959314)

MEREDITH LANDING REAL ESTATE
285 Daniel Webster Highway • (603) 677-7007 • www.MeredithLanding.com

Belmont Village Apts, Belmont, NH
Now accepting applications for our Waiting List:

Subsidized two bedroom town house style apartment.
On-site laundry, parking, 24-hr maintenance, close to center of town, No Pets, NO SMOKING.
Must meet income limit guidelines; rent starting at \$1,035.00, plus utilities; security deposit required.

Download application at
<https://www.sterling-management.net/application.pdf>
or call office at
603 267 6787



ROCHE REALTY GROUP

MEREDITH OFFICE
97 Daniel Webster Hwy
(603) 279-7046

LACONIA OFFICE
1921 Parade Road
(603) 528-0088

SEARCH NH REAL ESTATE: WWW.ROCHEREALTY.COM

<p>\$399,000 MLS# 4959997</p> <p>3BR/2BA, 1,872 sf. well-maintained home on a quiet cul-de-sac. Relax on the farmers porch or host BBQ's from the back deck and private back yard. The large basement gives you the opportunity to expand the living space, add a work bench or have additional storage.</p>	<p>\$1,395,000 MLS# 4959890</p> <p>3BR/2BA, 1,801 sf. island paradise with 200' of shorefront! The property includes a ranch with fireplace, a bunkhouse with bath, mini-split heating/AC, gazebo, waterfront sundeck, u-shaped dock and an abutting vacant waterfront parcel with a permit in place to build an additional dock!</p>	<p>\$115,000 MLS# 4952370</p> <p>Rare 0.92 acre wooded lot in Suissevale on a paved road in a private spot that borders 3 streets with 430' of road frontage. Great area with gorgeous Lake Winnepesaukee beach access, clubhouse, playground and tennis courts. Large parking area for the beach, boat launch, and the marina.</p>	<p>\$579,900 MLS# 4948099</p> <p>PRICE IMPROVEMENT — 5BR/3BA, 2,096 sf. spacious raised ranch with an attached 3 car garage is a rare find in Meredith. New roof replaced less than 2 years ago. Located just a short distance from downtown, public docks, boat ramp, resorts, restaurants and more! Income opportunity with rentals.</p>
--	---	---	---

Voted #1 BEST Real Estate Company in NH's Lakes Region, 2019, 2020, 2021 & 2022!
Voted #1 BEST Commercial Real Estate Broker, 2020, 2021 & 2022!
Over 10,000 CLOSED transactions in New Hampshire!

Camelot Home Center
ALLWAYS OPEN DAILY • 10 TO 6 SATURDAYS & 10 TO 5 SUNDAYS
ALL PRICES SUBJECT TO CHANGE

Homes From COLONY, MARLETTE, NEW ERA & TITAN

DOUBLE WIDES

List Price: \$109,995 \$97,995 40' 3 Bed, 2 Bath	List Price: \$119,995 \$115,995 56' 3 Bed, 2 Bath
List Price: \$130,995 \$121,995 48' 3 Bed, 2 Bath	List Price: \$153,995 \$127,995 60' 4 Bed, 2 Bath w/ Bonus Room

MODULARS

\$111,995 2 Bed, 1 Bath	\$166,995 1,568sq ft. 2 story. 3 Bed, 2.5 Bath.
----------------------------	---

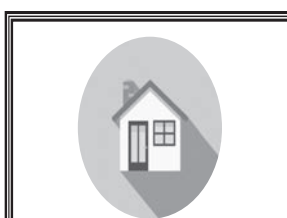
Visit Our Website: WWW.CM-H.COM

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?
Rt. 3, Tilton NH, exit 20 on Rt. I-93 across from Lakes Region Factory Mall

Advertise Here

TO VIEW THESE AND OTHER PROPERTIES, VISIT:

- Alpine Lakes Real Estate: www.alpinelakes.com
- Badger Peabody & Smith Realty: www.peabodysmith.com
- Bean Group: www.beangroup.com
- Century 21 Country Lakes Realty: www.countrylakesrealty.com
- Century 21 Twin Rivers Realty: www.nhreal21.com
- Coldwell Banker: www.cboldmill.com
- Coldwell Banker Residential Brokerage
www.newenglandmoves.com
- ERA Masiello: www.masiello.com
- Exit Lakeside Realty Group: www.exitlakeside.com
- Granite Group Realty Services:
www.granitegrouprealtyservices.com
- Gowen Realty: www.gowenrealty.com
- Kressy Real Estate: www.kressy.com
- Lakes Region Realty: www.lakesregionrealestate.com
- Lamprey & Lamprey Realtors: www.lampreyandlamprey.com
- Maxfield Real Estate: www.maxfieldrealestate.com
- McLane Realty: www.mclanerealtyplymouth.com
- Mountain Country Realty: www.mountaincountryrealestate.com
- Nash Realty: www.nashrealty.com
- New Hampshire Colonials Real Estate: www.squamlake.com
- Noseworthy Real Estate: www.noseworthyrealestate.com
- Old Mill Properties: www.oldmillprops.com
- Pine Shores Real Estate: www.pineshoresllc.com
- Preferred Vacation Rentals: www.preferredrentals.com
- Remax Bayside: www.baysidenh.net
- Roche Realty: www.rocherealty.com
- Strawberry Lane Real Estate: www.strawberrylane.com
- Town & Forest Realty: www.townandforest.com



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))
This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.
To complain of discrimination call HUD toll free at 1-800-669-9777
For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.
You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301
Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

EQUAL HOUSING OPPORTUNITY

STEENBURGH AUCTIONEERS

Auction - Mid Century to Modern and More
Fine Furniture, Pottery, Silver, Art and Accessories
Sunday July 16, 2023 @ 10 AM
2695 Mt. Moosilauke Hwy. East Haverhill, NH

This auction features items from two NH homes. Furniture includes arts and crafts era pieces and modern design. Many pieces were purchased over the years from pottery and furniture makers represented by the League of New Hampshire Craftsmen.

Furniture: Set of 4 Richard Ruppel Randolph, NH bow back Windsor armchairs; 2 Richard Ruppel 1994 Rocking Chairs; Ruppel dining table with arched stretcher base; Dana Robes Shaker candle stand 1990; Dana Robes cherry one drawer stand; Dana Robes cherry sofa table; D.R. Dimes one door standing cabinet; Wayne Marcoux 7 ft. cherry 9 drawer dresser; Marcoux cedar trunk; Marcoux step stool; tall cherry wall shelf by Wayne Marcoux; Cherry server by Marcoux; Cherry standing desk by John McAlevey; 3 coffee tables by John McAlevey; custom standing desk in black finish; mid century chrome and glass coffee table; 3 mid century stools; Cherry writing desk by Boley; tiger maple modern coffee table; good selection of arts and crafts era mission oak rocking chairs 4 section barrister oak bookcase by Lundstrom; 3 section Barrister style oak bookcase; other good furniture.

Pottery, Porcelain and Glass: large black pottery vase by Carmelita Dunlap San Ildefonso Pueblo; monumental 14 inch vase signed Vivika and Otto Heino; large 12 inch pottery vase signed Vivika and Otto Heino; other Heino footed bowl; large 16 in. pottery dish by Heino; tall lidded vessel signed Hideaki Miyamura; other Miyamura lidded pot; good selection of Scheier pottery; many other great League of NH Craftsmen pottery items; collection of vintage Fiestaware; early Simon Pearce pottery bowl; Gerry Williams covered dish; and much more;

Sterling silver: 48 piece Steiff sterling silver set with reopousse handles; sterling weighted candlesticks; other misc. Sterling flatware and hollowware;

Art & Accessories: Large collection of stained and leaded glass windows; Collection of modern decoys and bird carvings to include: Fred Dolan crow on stand; Dolan carved Black Duck; Dolan Red Breasted Merganser; Michael Littlefield ducks; shorebirds by H. Monk; Goose by Bob Lee; great banner weathervane with Loon design; paintings and framed drawings by Maxim and A. Kohler; Inuit art prints to include: Kananginak Pootoogook Caribou print; Qavarau Inuit Print of Bird; Pauta Inuit print; Kananginak print of Polar Bear; 4 Cubist style charcoals dated 1904 - 14x20 in lemon gold frames; 2 seascapes by R. Clay Kent; 2 prints by Ellen Epplesheimer; selection of Vintage framed Art Gallery posters; large Apache basket with design; selection of lamps mid century to modern; vintage Hollywood spotlight; vintage chrome 3 headed floor lamp; collection of antique hatchets and axes; 2 small oriental silk prayer mats; 2 large carved standing bears; 14k Civis pocket watch; other misc. Antique pocket watches; collection of old NH license plates; old signs and advertising tins; 2 antique dolls in scottish outfits; sm. Collection of tartanware and machlineware; nice selection of antique and modern quilts; Vintage felt pennants; great selection of fly rods and fly fishing items, some Orvis and other makers; 3 roomsize oriental rugs; and much more being added up until the day of sale.

Sale # 1049 - Terms: 15% Buyers Premium - cash or check. Absentee bids Accepted - NO phone bidding available. No credit cards

Steenburgh Auctioneers llc.
NH Auction Licenses 2194 & 2754 Phone 603 303 3072
www.steenburgh.com email: jwsteenburgh@gmail.com

HELP WANTED

**JOIN OUR TEAM
WE ARE HIRING!**

✓ Full- or Part-Time Positions
✓ Competitive Wages
✓ Competitive Benefits

You may apply online at belletetes.com under the ABOUT tab.



SMART • FRIENDLY • SERVICE
SINCE 1898
BELLETETES
BUILDING PRODUCT SPECIALISTS
125TH ANNIVERSARY

Ashland Current Open Positions:
Hardware Sales
Lumber & Building Materials Contractor Sales
Lumber & Building Materials Yard Associate

Belletetes is family-owned and managed by third, fourth and fifth generation members that has been in business for 125 years. With nine locations throughout NH and MA, we believe our employees are our biggest asset!

When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within.

Jaffrey, NH Winchendon, MA Peterborough, NH
Nashua, NH Ashland, NH Andover, NH
Sunapee, NH Pembroke, NH Moultonborough, NH

belletetes.com E.O.E.

Call our toll-free number 1-877-766-6891
and have your help wanted ad in 11 papers next week!

THE TOWN OF CARROLL
POSITION AVAILABLE
Administrative Assistant

We are currently accepting applications and resumes for this FULLTIME (40 Hours) Position

Duties will include but are not limited to: performing a variety of clerical, secretarial and administrative work in keeping official records, providing administrative support to the Select Board and assisting in the administration of the standard operating policies and procedures of the Town.

MUST be hard working, highly motivated, self-managed, organized and detail orientated. Proficiency in MS Office is required.

Excellent Customer Service Preferred

Competitive Wages

Generous Benefits Package: Medical & Dental Insurance, Life Insurance, Short & Long-Term Disability, Paid Time Off (holidays, vacation, sick time)

Download an Application from Town Website: www.townofcarroll.org or pick up at Selectmen's Office

Town of Carroll
92 School Street, PO Box 146
Twin Mountain, NH 03595
selectmen@townofcarroll.org
EOE

**LAKES REGION
COMMUNITY
SERVICES**

Engage. Empower. Inspire.

Lakes Region Community Services is recruiting for a Retail Manager for The Readery Books & Things. Responsible for all of the daily operations and finances of the store to include inventory purchasing, supervision of store employees, development of a marketing plan and assisting customers. Manager is responsible for providing direct support professional services to the individuals who work at the store, which may include transportation to and from the location. Previous retail and financial management experience required. Candidate must be familiar with literature trends, have excellent communication skills, organizational skills and marketing experience. Minimum of HS Diploma or GED Required. Knowledge of QuickBooks is preferred. Hours are approximately 9-5, Tuesday through Saturday. Valid NH Drivers' license, reliable vehicle, and agency-determined minimal motor vehicle insurance coverage are required. Satisfactory completion of background and applicable pre-employment physical capacity screening checks also required. We are an Equal Employment Opportunity Employer. Contact LRCS at 603-581-1525, email jessica.gaston@lrccs.org, apply online at www.lrccs.org, or drop off application in person at the store.



WE ARE HIRING!

PSI Molded Plastics is located in beautiful Wolfeboro, NH.
We offer competitive pay rates

Benefits include Health & Dental Insurance, Vision, Short Term Disability, Long Term Disability, Life Insurance, 401k, 10 paid holidays, paid vacation time, paid sick time, and many other incentives!

Sanders 2nd shift – Pay \$19.00 to \$24.00, plus shift differential.
Sanders 3rd shift – Pay \$19.00 to \$24.00, plus shift differential.
Painters 2nd & 3rd shift – Pay \$21.00 to \$27.00 depending on exp, plus shift differential.
Assemblers 2nd & 3rd shift – Pay \$18.00 to \$24.00, plus shift differential.
Press Operators 1st, 2nd & 3rd shift – Pay \$18.00 to \$24.00, plus shift differential.
Mold Setter Mechanic 1st, 2nd & 3rd shift – Pay \$21.00 to \$28.00 depending on exp, plus shift differential.
Process Tech 2nd & 3rd shift – Pay \$23.00 to \$32.00 depending on experience.
Machinist 2nd shift – Pay \$22.00 to \$33.00 depending on experience.
Maintenance Tech 3rd shift – Pay \$22.00 to \$33.00 depending on experience.

Production Supervisor 3rd shift – Salary Exempt
\$2.00 per hour shift differential on 2nd shift.
\$3.00 per hour shift differential on 3rd shift.

****\$1,000 SIGN ON BONUS**
****SUBJECT TO TERMS AND CONDITIONS****

For immediate consideration, please come to Five Wickers Drive Wolfeboro, NH to complete an application or visit our website for more information at www.psimp.com. You can also email your resume directly to donna.doyle@psimp.com or call me at 603-941-0022. Please be specific as to what shift and position.


PSIMP an Equal Opportunity Employer.
ISO 9001:2015 Registered.

OPTIONS COUNSELOR
SERVICELINK RESOURCE CENTER
LITTLETON

Do you want to make a difference in the lives of older individuals? Grafton County Service Link is looking for a Long Term Care Options Counselor in our Littleton office, with some coverage in Plymouth. Responsibilities include conducting individual needs assessments to determine appropriate referrals for long-term care needs. Knowledge of the principle and methods of person-centered services. Interact with the public, along with providing information, referral, and assistance. A Bachelor's degree from a recognized college or university with a major in social work, human services, or related field, or a minimum of three years of work experience in social work, human services, or related field. Fully benefited position.

Email cover letter of interest and resume to:
kvasconcelos@gcsc.org

EEO




Now Hiring! Join Our Team!

Locally owned in Gilmanton.

We are seeking **Full-time Petroleum Service Techs and Laborers** who have knowledge to install, troubleshoot and repair of petroleum equipment including gas pumps, fuel monitoring systems, submersible pumps, and product piping.

Requirements: A valid driver's license, pass DOT physical, have a mechanical aptitude, strong commitment to quality and dependability.

Learn a New Trade! No experience necessary, we are willing to train.

Year-round employment • Competitive Hourly Pay • Paid Travel • 401(k) plan with Employer Contribution • Paid Holidays • Paid Vacation • Life Insurance • No Weekends

Please call 603-267-7000



JOB OPPORTUNITIES

Spotlight Positions:

Phlebotomist	Health Unit Coordinator
Registered Nurse	Environmental Services Technician
RN – OR	Certified Surgical Technician
RN – Med/Surg Charge Nights	Multi-Modality Radiologic Tech
RN Nurse Manager – ED/Med-Surg	Medical Assistant
Endoscopy Technician	Medical Technologist
Physical Therapist	

APPLY ONLINE
WWW.UCVH.ORG

Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603) 388-4236
Ucvh-hr@ucvh.org
EOE

SLA hosting Squam History and Plant Tour

HOLDERNESS — Have you ever wondered where the name “Squam” came from? Have you ever been curious about the first people whose homelands included the Squam watershed? Have you heard about invasive species and the damage they impose on the ecosystem and wondered what the land looked like before the invasion? If you answered yes to any of these questions, then the Squam History and Plant Tour is for you!

As part of the Squam Lakes Association’s Invasive Species Week, Lakes Region Conservation Corps members Christina and Shea will take you on an educational journey through Chamberlain Reynolds Memorial Forest. Participants will learn about the history of people on Squam and the history of specific native plants. The Squam watershed and trails reside on N’dakinna, the homelands of the Abenaki, Penacook, and other Wabanaki Peoples. The stewards of the land, past and present, are essential to the protection and future of the watershed.

It is important to mention that this tour is led by non-indigenous people, and we are still

learning. A resource that we have found very valuable when exploring the Indigenous people of what is now called New Hampshire is www.indigenousoh.com.

Participants should come prepared with water and appropriate clothing. Tours are on July 22, leaving at 10 a.m. and 1 p.m. Registration is required. However, if you cannot attend the tours, the story walk will stay posted before and after the tour until July 28! For more information or to sign up for this free Adventure Ecology program, visit the SLA Web site (squamlakes.org) or contact the SLA directly (603-968-7336). Be sure to check out more free Invasive Species Week events and other Adventure Ecology activities hosted by the Squam Lakes Association!

The Squam Lakes Association conserves the watershed’s natural beauty, peaceful character, and resources for the public benefit. In collaboration with local and state partners, the SLA promotes the protection, careful use, and shared enjoyment of the Squam Lakes region’s lakes, mountains, forests, open spaces, and wildlife all year round.

Walking tour of Plymouth organized by Plymouth Historical Society

PLYMOUTH — Join us on Saturday, July 22 for a historical walking tour of downtown Plymouth. Learn about the many buildings that contribute to Plymouth’s unique character and how they have evolved over the years in response to changing times. Find out about the personalities, including politicians, writers, and athletes, that have shaped Plymouth’s history or just passed through briefly to visit the once majestic Pemigewasset House, to teach at the college, or to visit the Draper & Maynard Sporting Goods Company. You will visit sites on the National Registry of Historic Places, appreciate the stories that lay behind the unique sculptures and paintings created for Plymouth over the years, and gain a deeper knowledge of Plymouth’s important place in New England history as a hub for education and the burgeoning tourist industry. If you have your own stories to share of Plymouth, we always welcome those as well.

To join us on this tour, meet us at the Boy Scout sculpture in the Common at 10:30 a.m. or visit our Web site (www.PlymouthNHHistory.org) to learn more.

Emerson College student Bee LaClair of Plymouth earns Dean's List honors

BOSTON, Mass. — Bee LaClair of Plymouth is majoring in Stage and Production Mngmnt and is a member of Emerson College’s Class of 2026.

The requirement to make Dean’s List at Emerson College is a grade point average of 3.7 or higher for that semester.

About Emerson College

Based in Boston, Mass., opposite the historic Boston Common and in the heart of the city’s Theatre District, Emerson College educates individuals who will solve problems and change the world through engaged leadership in communication and the arts, a mission informed by liberal learning. The College has approximately 4,161 undergraduates and 554 graduate students from across the United States and nearly 70 countries. Supported by state-of-the-art facilities and a renowned faculty, students participate in more than 90 student organizations and performance groups. Emerson is known for its experiential learning programs at Emerson Los Angeles, located in Hollywood, and at its 14th-century castle, in the Netherlands. Additionally, there are opportunities to study in Washington, DC, London, China, and the Czech Republic, Spain, Austria, Greece, France, Ireland, Mexico, Cuba, England, and South Africa. The College has an active network of 51,000+ alumni who hold leadership positions in communication and the arts. For more information, visit emerson.edu.

Join the SLA for Double Jeopardy: Climate Change & Invasive Species

HOLDERNESS — Do you love learning about the environment? Do you also love friendly competition? Come join the Squam Lakes Association on Friday, July 21 at 6:30 p.m. for a fun night of [Double] Jeopardy! The winning team gets to take home a prize!

Our environment is in double jeopardy, defending itself against invasive alien species and climate change simultaneously. Warming climates change ecosystems and make them more vulnerable to invaders. Lakes Region Conservation Corps members will share in-depth information on this topic

and test your knowledge with a game of Jeopardy.

This Adventure Ecology is part of Invasive Species Week at the Squam Lakes Association. The SLA is dedicating a week to creating awareness about terrestrial invasive species and the threat they impose on our environment and economy. For more information or to sign up for this free Adventure Ecology program, visit the SLA Web site (squamlakes.org) or contact the SLA directly (603-968-7336). Be sure to check out more free Invasive Species Week events and other Adventure Ecology activities hosted

by the Squam Lakes Association!

The Squam Lakes Association is dedicated to conserving for the public benefit the watershed’s natural beauty, peaceful character, and resources. In collaboration with local and state partners, the SLA promotes year-round protection, careful use, and shared enjoyment of the lakes, mountains, forests, open spaces, and wildlife of the Squam Lakes Region. Managing invasive species and slowing climate change is essential to protect the aesthetics, resources, wildlife, and biodiversity of the watershed.

HELP WANTED

Call our toll-free number **1-877-766-6891** and have your help wanted ad in 11 papers next week!

www.NHFrontPage.com

FRIENDLY & RELIABLE NIGHT CASHIERS needed at the Following Location:
Bosco Bell on Route 28 Barnstead
Please apply in person.



Full-Time Installers Assistant

Energysavers Inc, a 47 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Earn up to \$20 hour.

LEARN WHILE YOU EARN!
No prior experience required.
Must have a valid driver’s license and pass the pre-employment drug screening.
Stop in to fill out an application:
Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH



WE’RE HIRING!!!

Jeremy Hiltz Excavating, Inc. is now hiring and looking to add to our great JHEI family.

EQUIPMENT OPERATORS, LABORERS & PIPE LAYERS

Apply by calling (603) 968-9694, stop in at 859 Lake Street, Bristol, NH
Or visit our website www.jeremyhiltzexcavatinginc.com
Pay will be based upon experience.
EOE



5 Railroad Street, PO Box 68, Lincoln, NH 03251 (603) 745-8930

HELP WANTED - Apply Within FULL TIME / PART TIME

Retail Sales Associates We are looking to add self-motivated people to join our sales team in our Ski, Apparel & Accessories departments. Candidates must be available on Weekends and Holidays, have a positive attitude and a positive approach to customer service. Some duties include addressing customer needs and providing customers with the necessary knowledge about products, restocking and light cleaning. One year of retail experience and a passion for skiing/snowboarding a plus. **Benefits include: Competitive Pay, Discounted and/or free skiing privileges at area mountains, Discounted equipment and apparel, Sign-on Bonuses**

Veterinary Assistant needed

Full or part-time, year-round. Must be personable, self-motivated, hard-working and a “team player.” Must have some familiarity with small animals and computer skills. Some veterinary experience would be preferred, but we are willing to train the right candidate. Pay is based on experience. Please send resumes and references to info@winterharborvet.com. Please, no phone calls.



Precision Lumber Inc.

IMMEDIATE OPENINGS SAWMILL AND PLANER MILL WORKERS

DAYTIME SHIFT BENEFITS INCLUDE
VACATION, SICK AND HOLIDAY PAY, INSURANCE, CREDIT UNION, 401(k) PLAN, ATTENDANCE BONUS

Apply in Person
or email precisionlumber@lumbemh.com to request us to email an application



Precision Lumber Inc.
576 BUFFALO ROAD, WENTWORTH NH 03282
WWW.LUMBERNH.COM



Precision Lumber Inc.

WATCHMEN WANTED

PART TIME WATCHMEN POSITIONS AVAILABLE



Precision Lumber Inc.
576 BUFFALO ROAD, WENTWORTH NH 03282
WWW.LUMBERNH.COM
603-764-9450

MORTGAGEE'S NOTICE
OF FORECLOSURE SALE

By virtue of a power of sale contained in a certain mortgage deed given by **EXCIGLOW, LLC**, a New York Limited Liability Company, whose last known mailing address is 503 East 83rd Street, Apt. 5W, New York, New York, 10028 to **RUGGLES MINE, INC.**, a New Hampshire Corporation, with a mailing address of c/o Priscilla Gosselin at 46 School Street, Lebanon, Grafton County, New Hampshire, 032766, dated September 24, 2019, and recorded on September 26, 2019 in the Grafton County Registry of Deeds at Book 4468, Page 0158, subsequently assigned to **DANIEL J. CONNOLLY**, Trustee of **THE RUGGLES MINE LIQUIDATING TRUST**, with a mailing address of PO Box 2157, New London, New Hampshire 03257 (the "Trust" or "Mortgagee"), dated October 11, 2019, and recorded on October 15, 2019 in the Grafton County Registry of Deeds at Book 4473, Page 135 (the "Mortgage") the holder of said mortgage, pursuant to and in execution of said powers, and for breach of conditions of said mortgage deed, (and the Note secured thereby of near or even date, and related documents) and for the purpose of foreclosing the same shall sell at

Public Auction
on
July 21, 2023
at
11:00 a.m.

Said sale being located on the mortgaged premises and having a present address of **286 Ruggles Mine Road, Grafton, New Hampshire 03240**, being all and the same premises more particularly described in the Mortgage.

PURSUANT TO NEW HAMPSHIRE RSA 479:25, YOU ARE HEREBY NOTIFIED THAT YOU HAVE A RIGHT TO PETITION THE SUPERIOR COURT FOR THE COUNTY IN WHICH THE MORTGAGED PREMISES ARE SITUATED, WITH SERVICE UPON THE MORTGAGEE, AND UPON SUCH BOND AS THE COURT MAY REQUIRE, TO ENJOIN THE SCHEDULED

FORECLOSURE SALE. Service may be made upon the Mortgagee at: **DANIEL J. CONNOLLY**, Trustee of **THE RUGGLES MINE LIQUIDATING TRUST**, PO Box 2157, New London, New Hampshire 03257; or upon its agent at: **Minkow & Mahoney Mullen, P.A.**,

67 Water St., Suite 107, Laconia, NH 03246. Failure to institute such petition and complete service upon the foreclosing party, or his or her agent, conducting the sale prior to sale shall thereafter bar any action or right of action of the mortgagor based on the validity of the foreclosure.

For information on getting help with housing and foreclosure issues, please call the foreclosure information hotline at 1-800-437-5991. The hotline is a service of the New Hampshire Banking Department. There is no charge for this call. You may also contact the New Hampshire Banking Department at: 53 Regional Dr., Suite 200, Concord, NH 03301 or on its website at: www.nh.gov/banking.

TERMS OF SALE:

Said premises will be sold subject to (i) all unpaid taxes and liens, whether or not of record; (ii) mortgages, liens, attachments and all other encumbrances and rights, titles and interests of third persons which are entitled to precedence over the Mortgages; and (iii) any other matters affecting title of the Mortgagor to the premises disclosed herein.

DEPOSITS:

Prior to commencement of the auction, all registered bidders shall pay a deposit in the amount of Twenty-Five Thousand Dollars (\$25,000.00). At the conclusion of the auction of the premises, the highest bidder's deposit, if such high bidder's bid is accepted by the Trust, shall immediately be paid to the Mortgagee and shall be held by the Trust subject to these Terms of Sale. All deposits required hereunder shall be made in cash or by check to the order of the Mortgagee, which is acceptable to the Mortgagee in its sole and absolute discretion.

WARRANTIES AND CONVEYANCE:

The Mortgagee shall deliver a Mortgagee's Foreclosure Deed of the Real Estate to the successful bidder accepted by the Trustee within forty-five (45) days from the date of the foreclosure sale, upon receipt of the balance of the Purchase Price in cash or check acceptable to Mortgagee. The Real estate will be conveyed with those warranties contained in the Mortgagee's Foreclosure Deed, and no others.

FEDERAL TAX LIEN:

If the property to be sold is subject to a tax lien of the United States of America Internal Revenue Service, unless said lien is released after sale, the sale may be subject to the right of the United States of America to redeem the lands and premises on or before 120 days from the date of the sale.

BREACH OF PURCHASE CONTRACT:

If any successful bidder fails to complete the contract of sale resulting from the Trust's acceptance of such successful bidder's bid, such successful bidder's deposit may, at the option of the Mortgagee, be retained as full liquidated damages or may be held on account of the damages actually suffered by the Mortgagee. If such deposit is not retained as full liquidated damages, the Mortgagee shall have all of the privileges, remedies and rights available to the Mortgagee at law or in equity due to such successful bidder's breach of the contract of sale. Notice of the election made hereunder by the Mortgagee shall be given to a defaulting successful bidder within 50 days after the date of the public auction. If the Mortgagee fails to notify a defaulting successful bidder of which remedy the Mortgagee has elected hereunder, the Mortgagee shall be conclusively deemed to have elected to be holding the deposit on account of the damages actually suffered by the Mortgagee. Upon any such default, the Mortgagee shall have the right to sell the property to any back up bidder or itself.

AMENDMENT OF TERMS OF SALE:

The Trust reserves the right to amend or change the Terms of Sale set forth herein by announcement, written or oral, made prior to the commencement of the public auction.

For further information respecting the aforementioned foreclosure sale, contact James R. St. Jean Auctioneers, 45 Exeter Rd., PO Box 400, Epping NH 03042, 603-734-4348.

Dated this the 16th day of May 2023.

DANIEL J. CONNOLLY, Trustee of
THE RUGGLES MINE LIQUIDATING TRUST
By Its Attorneys, **Minkow & Mahoney Mullen, P.A.**
By: **Peter J. Minkow, Esq.**
67 Water St., Suite 107
Laconia, NH 03246
(603) 527-8226

Publication Dates:

June 29, 2023
July 6, 2023
July 13, 2023

Classifieds

A18 SALMON PRESS, THURSDAY, JULY 13, 2023

LEGAL

PLYMOUTH ELEMENTARY SCHOOL
Plymouth, NH 03264

2023-2024 School Year

Special Education Paraprofessionals

(7 hours per day)
(\$15.42-\$16.65 per hour)

Must have official college transcript of Associate's or Bachelor's degree conferred or showing a minimum of 48 college credits or a copy of passing scores for the ParaPro Assessment Praxis test or equivalent. If desired, SAU can assist applicants in getting Paraprofessional Certified.

Interested candidates please send letter of intent, resume and references to:

Lori Cleary, Special Education Coordinator
Plymouth Elementary School
43 Old Ward Bridge Road
Plymouth, NH 03264
lcleary@pembaker.org

TOWN OF HEBRON PUBLIC NOTICE

The Hebron Select Board will be holding a public hearing on **July 20, 2023 at 2:30 p.m.** in the Town Office Building located at 7 School Street. The purpose of the hearing is to expend funds from the Preservation of Records Reserve Fund for the preservation of town records from 1822-1965 held by the Town Clerk.

Any other business.

Hebron Select Board,
Paul S. Hazelton, Chair
Patrick K. Moriarty, Vice-Chair
Richard A. James, Selectman

Town of Plymouth Selectboard Public Hearing Notice Monday, July 24, 2023 Plymouth Town Hall

Public Hearing: 5:15 pm

The Plymouth Selectboard will hold a public hearing in accordance with RSA 31:95-b for the acceptance of unanticipated funds from the Grafton County Commissioners and Executive Committee of the Delegation, under the Pandemic Emergency Relief Funds grant program. The Town has been awarded \$40,000 for the purpose of repairing the infrastructure of Town roadways and sidewalks in disrepair.

PUBLIC NOTICE

The Plymouth Planning Board will review and hold public hearings on the following applications at their meeting on **Thursday, July 20, 2023, at 6:30 PM** at Plymouth Town Hall, 6 Post Office Square:

1. Continuation of a public hearing on a request from the ownership entities for Chaddarin Lane, Ski Lift Lane, and Point of View Drive for approval of changes from the approved plans including a cul-de-sac on Chaddarin Lane; a cul-de-sac on Point of View Drive, and a fire cistern.
2. A continuation of a public hearing regarding a Site Plan Review application from BYCO, LLC. The proposal is to construct a self-storage facility, along with associated pavement and drainage, in two phases on parcels 208-097-032 and 208-097-031, located at the end of Page Street. Properties lie in the Agricultural zoning district.
3. A continuation of a public hearing regarding an application for Site Plan Review from Kevin French on behalf of TLC ZUPPA, LLC, to create an addition to the existing Last Chair building to allow for an expanded dining area along with a function room, brewery, storage, and retail space, as well as a new septic system on parcel 214-006, located at 5 NH Route 25. Property lies in the Agricultural zoning district.
4. A public hearing regarding a minor subdivision application from T&T Mountain Investments, LLC to divide parcel 212-041 (12 Smith Bridge Road) into two parcels of 40.54 and 3.05 acres. The property lies within the Agricultural zoning district.

The meeting will be available electronically via Zoom and can be accessed from the Town's website (www.plymouth-nh.org). For more information, please contact the Planning & Development Department at planning@plymouth-nh.org or 603-536-1731.

LEGAL PROBATE NOTICE
**THE STATE OF
NEW HAMPSHIRE**
2nd Circuit - Probate
Division - Haverhill
6/23/2023 thru 7/6/2023

**APPOINTMENT OF
FIDUCIARIES**

Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Albee, JR, Bertram E., late of Lincoln, NH. Sandra Jordan Avery, 135 Eastside Road, North Woodstock, NH 03262.
#315-2022-ET-00638

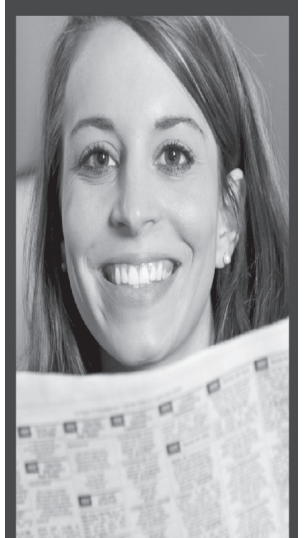
Aurelio, Peggy A., late of North Woodstock, NH. Michelle Aurelio, PO Box 395, North Woodstock, NH 03262.
#315-2021-ET-00567

Barney, Blanche T., late of Sandoval, NM. David E. Barney, 4 Cory Court, Placitas, NM 87043, Robert K. Barney, 138 Elmwood, London, Ontario, N6C 1J6, Canada. Edward M. Gordon, Esq., Resident Agent, Newfoundland Law, PLLC, 75 Pleasant Street, Bristol, NH 03222.
#315-2022-ET-00486

Cate, Anita B., late of Lyndonville, VT. Sarah J. Stark, 42 Pine Hill Road, Warren, NH 03279.
#315-2023-ET-00202

Coleman, Joseph B., late of Ashland, NH. Sandra Coleman, PO Box 1137, Ashland, NH 03217.
#315-2023-ET-00300

Dated: 7/7/2023



**ADVERTISING
WORKS.**

Call
1-877-766-6891

salmonpress.com

UNDERAGE DRINKING IS DANGEROUS



Underage drinking poses a range of risks and negative consequences including:

- Impaired judgement
- Interference with brain development
- Increased risk of physical and sexual assault
- Increased risk of alcohol problems, including addiction, later in life
- Increased risk of injury and death

(NIAAA)

We're working to keep kids drug and alcohol free- please join us!

For more information, visit: CADYINC.ORG



YOUR FIBER NETWORK

Built by the community, for the community.

High-speed fiber internet from NH Broadband is available now in parts of Grafton County!

This community- and life-changing service is now available for residents in parts of West Plymouth, Hebron, Campton, and Rumney. Check your availability and sign up today to experience the difference that affordable high-speed internet brings to how you work, learn and play online.

- ☑ No data caps
- ☑ Symmetrical upload/download speeds up to 2 Gig
- ☑ Packages starting at just **\$49⁹⁵** per month



Check availability and sign up today!
Call (866) 431-1928 or visit NHBroadband.com.



THE RIGHT PERFORMANCE, RIGHT ON TIME.

WE WILL DELIVER.

LaValleys.com



MARVIN 

157 Main St. Meredith, NH • 603-279-7911
400 Summer St. Bristol, NH • 603-744-5446

ALL WE KNOW IS LOCAL ~ SalmonPress.com



Family picnic at Squam Lakes Natural Science Center

HOLDERNESS — Squam Lakes Natural Science Center holds the 2023 Family Picnic on Saturday, July 22 from 5 to 8 p.m. The Family Picnic celebrates pollinators, nature's mighty winged creatures, and features live animal programs, lawn games, live music, food trucks, ice cream, kids' corner of activities, and more in a fun, casual atmosphere.

All food and drinks are included in the ticket price and include food from Cheese Louise, Good Eatz 603, Koz's Haute Box, Joye-ful Cookiery, SubZero Nitrogen Ice Cream, and more. Open bar features local beer, wine, signature cocktail, and non-alcoholic butterfly nectar for the kids.

Entertainment includes live animal programs, live music by the Audrey Drake Trio, lawn games, SubZero Ni-



trogen Ice Cream demonstrations, and activities for the kids including making pollinator seed bombs, herbal iced tea party, crafts, and more.

Bring your friends

and the entire family to this fun-filled event. Tickets are limited: \$75/ages 21 and up; \$20/ages 12-20; \$10/ages six to 11; Free for five and under. Ticket purchases help

feeding of the live animal ambassadors and environmental education programs at the Science Center.

For more information about this event and tick-

ets, please visit www.nh-nature.org/picnic.

The 2023 Family

Picnic is generously sponsored by Bridgewater Power Company; Dunkin' Plymouth, Ashland, Campton, and Lincoln; East Coast Foundation; Holderness Harbor; Lakes Region Tent & Event; Lithermans Limited Brewing; Meredith Village Savings Bank; Moat Mountain Brewing Company; New England Commercial Solar; Samyn-D'Elia Architects; Squam Lakes Financial Advisors; Twin Barns Brewing Company; Lisa and Bill Aulet; Carol and Marc Bard; Kevin and Nancy Barrett; Sarah and Win Brown; Edmund & Betsy Cabot Charitable Foundation; Peter and Sue Francesco; Diane Garfield and Peter Gross; Barbara Nan Grossman; Carol and Rob Stewart; and Pam and Larry Tarica.

Wading with water bugs and the NLRA!

HEBRON — Join Newfound Lakes Regional Association Watershed Steward Sawyer Zaluki in exploring the diversity and importance of aquatic invertebrates in our ecosystems. This guided exploration will take place on July 20, 9 to 11 a.m. at the Hebron Town Forest. Participants will learn about aquatic invertebrates in the state, the many roles they play in local ecosystems, and how to collect and identify them. At the end of the event, participants will be able to identify major groups of aquatic invertebrates on their own. This event is open to all but registration is required. You can register at NewfoundLake.org/events or by calling (603) 744-8689.

Aquatic invertebrates act as great indicators of water quality in streams and rivers. Based on species and orders present, you can get a sense of water quality conditions such as dissolved oxygen levels, pH, temperature, and pollutants. For example, insects such as Mayflies, Caddisflies, and Stoneflies are indicators of good water quality. At the Hebron Town Forest, we will sample insects in the Cocker-mouth River, which is a major tributary flowing into Newfound Lake. By examining the aquatic invertebrates in the Cocker-mouth, we can assess the general quality of water entering Newfound.

NLRA works to protect the high-quality waters of Newfound Lake and its watershed, maintaining a healthy and diverse ecosystem. Along with educational programming like guided walks and paddles, NLRA monitors water quality, conserves land, manages stormwater pollution, and monitors for invasive species. For more than 50 years NLRA has been protecting Newfound Lake, and the results of that



conservation are as clear as Newfound's water. You can learn more about NLRA's initiatives at NewfoundLake.org.

Smith Farm Stand

PICK YOUR OWN RASPBERRIES!

PLEASE BRING YOUR OWN CONTAINERS.

CALL FOR LATEST BERRY AVAILABILITY

BERRIES • MAPLE SYRUP

Facebook as Smith Farm Stand

Mon-Tue & Thur-Fri, 8am - 12pm; Sat & Sun, 8am-2pm
Closed Wednesdays
(603) 524-7673 • 15 Smith Farm Road, Gilford

GREAT WATERS

Entertaining the Lakes Region



The MAGIC of ABBA Featuring ABBAcadabra

Saturday, July 22nd
7:30 p.m. to 10 p.m.
Castle in the Clouds

Relive one of the signature sounds of the seventies with "The Magic of ABBA featuring ABBAcadabra." One of the most popular musical groups of all time, now the tribute band ABBAcadabra keeps the sound alive. The group performs up to twenty of the Swedish Super Group's hits to include: *Waterloo*, *Mamma Mia*, *Fernando*, *Take a Chance on Me*, *SOS*, *Dancing Queen*, and so many more.

Together with their backup musicians, it is an experience straight out of a nightclub in the heydays of disco.

Scan for tickets



GreatWaters.org
(603) 569-7710

capitalwell
Clean Water Center
where water meets innovation

Water Filtration
Water Testing
Water Well Drilling
Pump Systems
Geothermal

800.924.1192 CapitalWell.com
Meredith • Dunbarton • Lancaster NH

Everything you need to design, build and finish the job.

CYR LUMBER & HomeCenter
WINDAM • WARNER • TILTON

We stock the items that you need on the project, day in and day out. We also have a great network of building material dealers that allow us access for many more items, some of which are hard to find. Let our trained sales staff help you find the right product for the job.

603-898-5000 • cyr lumber.com

ACE Hardware