THURSDAY, SEPTEMBER 11, 2025

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Winnisquam Regional School District welcomes new staff







REGION — The Winnisquam Regional School District is excited to extend a warm welcome to the dedicated group of new teachers joining our team for the upcoming 2025-2026 school year. These educators bring a wealth of talent, passion, and fresh perspectives that will undoubtedly enrich our students' learning experiences and contribute to the continued success of our community.

"We are thrilled to welcome our new teachers to the Winnisquam family," said Dr. Kathy Riley, Director of Curriculum. "Their arrival marks an exciting new chapter for our district. We are confident that their contributions will help us continue to provide a high-quality education and foster a positive, supportive environment for all students. We look forward to a successful and inspiring school year together."

This new cohort of educators recently participated in a comprehensive orientation program designed to familiarize them with our curriculum and resources. The orientation culminated with an ice cream social hosted by the Winnisquam Regional School District School Board.

COURTESY

School Board Members David Honeman, Sean Goodwin, Jen Holt, John Cormier and Jennifer Tupeck prepare to meet the new teachers and celebrate New Teacher Orientation; David Honeman scoops ice cream for WRMS Music Teacher Matthew Bruce; new staff members gather in front of the Winnisquam Regional High School.

Franklin VNA & Hospice awarded Eversource Foundation Community Impact grant

FRANKLIN — Franklin VNA & Hospice recently received a \$2,000 Community Impact grant from the Eversource Foundation. This Community Impact Grant will be used to provide Hospice care to uninsured and underinsured patients.

"We are extremely grateful and appreciative of the ongoing support from the Eversource Foundation," said Krystin Albert, CEO, Franklin VNA & Hospice. "These funds come at an important time as Franklin VNA & Hospice works to increase Hospice care in the 14 communities that we serve. Grants from the Eversource Foundation and other organizations are vital in enabling us to further our mission to provide quality and compassionate services to all in need and purchase items for patients that are not covered by their insurance."

The mission of the Franklin VNA & Hospice's hospice program is to provide the highest quality of SEE **GRANT**, PAGE A10

Sanbornton Historical Society to hold program on 1963 March on Washington

SANBORNTON The Sanbornton Historical Society is proud to present an in-depth review of the 1963 March on Washington on, Thursday, Sept. 11, at 7 p.m. at the Lane Tavern in Sanbornton by John Krueckeberg. When you think of the famous March on Washington of 1963, where Dr. King gave his famous "I Have a Dream" speech, do you recall any of the other speakers and what they said? In what ways did the March represent a confluence of themes that flowed through modern American history since the Civil War? This 45-minute presentation will explore the cultural history represented by the March on Washington, delving into some of its less-often remembered moments.

John Krueckeberg is a professor of history at Plymouth State University, where he has taught since 2000. He earned his doctorate at the University of Arizona, where he wrote a dissertation on the Cultural history of the Great Depression. His professional writings and presentations have focused on a wide range of topics, some of which include colonial urban planning in South Carolina; refugees and US refugee policy since

WWII; and even university-level general education programs.

For twenty-five years Kruecken-Professor berg has been active in history education in NH: working with the NH Department of Education Social Studies standards; coordinating National History Day in NH; and coordinating the NH History teacher of the Year Award for the Gilder Lehrman Institute of American History's nation-wide History Teacher of the Year Award program. He is on the board of directors

of the NH Council for the Social Studies and is currently writing the biography of a long-forgotten WWWI-era radio personality.

Located at 520 Sanborn Rd. (Route 132) in Sanbornton, the Lane Tavern is air-conditioned and handicapped accessible, with parking across the street. This free program starts at 7 p.m. on Thursday, Sept. 11, followed by free refreshments. For more information, please call Linda Salatiello at 603 286-4526.

Raider golfers sweep four-team match in Gorham



Max Ryder shot even par at Androscoggin Valley Country Club last Thursday to lead the Belmont golf team to a fourteam sweep.



JOSHUA SPAULDING
Jack Binder tees off on hole
one at Androscoggin Valley
Country Club last week during
Belmont's sweep.

BY JOSHUA SPAULDING
Sports Editor

BELMONT — The Belmont golf team had a pretty good week to kick off the season, competing at Lake Sunapee Country Club and Androscoggin Valley Country Club.

The week started with a match at Lake Sunapee Country Club, where the Raiders finished third in a four-school match, scoring 70 points. Host Sunapee won the match with 85 points and

SEE **GOLF**, PAGE A10





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Playhouse offering theatre class for ages eight to 12



Patte Sarausky

the start of the new school year, the Winnipesaukee Playhouse is offering an exciting afterschool opportunity for students ages eight to 12 with an interest in the performing arts.

Act it Out with Ms.

MEREDITH — With to spark creativity and collaboration. This class invites students to step into the director's chair. Designed by beloved Winnipesaukee Playhouse educator Patte Sarausky, who has been directing and leading the Playhouse's summer camps for over 14 years, Patte has been created Act It Outguides young actors in working together to stage and bring to life a selection of favorite poems and short stories. Along the way, students will learn to see a scene from both an actor's and a director's perspective, gaining valuable skills in interpretation, staging, and

The class will meet at the Playhouse in Meredith on Tuesdays and Thursdays from 4-6 p.m. beginning Sept. 16. The session runs until Thursday, Oct. 30, and culminates with a showcase presentation where students will have the opportunity to show

their work in front of family and friends.

Registration is open and those interested can learn more and register under the "education" menu at www.winnipesaukeeplayhouse.org.

The Archives at Laconia Historical & Museum Society opens the door on new History Museum!

LACONIA — "The Archives," the new history museum established by the Laconia Historical & Museum Society at 61 Water St., Laconia, opened its doors to the Saturday, community Sept. 6.

In line with the Society's mission, the museum is dedicated to preserving and sharing the rich history of Laconia, offering visitors an engaging experience through its regularly rotating exhibits. Each exhibit will feature a selection of artifacts, documents, and photographs from the Society's extensive collection that highlight significant events and everyday life in Laconia over the years.

The opening resents a significant achievement for LHMS, reflecting nearly two years of dedicated effort in organizing the collections. This long-awaited space is not just a dream come true; it offers an exciting opportunity to share these valuable collections with the community and foster a deeper appreciation for their importance.

Pam Clark, serves as the Treasurer of LHMS, has been looking forward to this day for a very long time.

"My uncle, Bob Dearborn, founded the orig-

inal Laconia Museum Society, and since its closure, I've longed for a dedicated history museum in our city. Reviving this museum has been a personal passion of mine, and I am thrilled to see it finally come to life!" Clark said.

The current museum space is temporary, and will host exhibits until the permanent museum is completed. The permanent museum, located in the same building, is scheduled for completion

in late 2026. To ensure an engaging experience, the exhibits will rotate regularly, allowing visitors to discover new themes and stories each month. Additionally, the Archives will be the location for several programs, tours, and events in 2026.

The museum will be open every Saturday, with the hours to be confirmed. For more information, follow LHMS on Facebook or Instagram, or visit www.laconiahistory.com.

Members of Laconia's historical preservation community, Kevin Switala from the Belknap Mill and Lois Kessin from the Laconia Heritage Commission, gathered with many others last weekend to celebrate the opening of The Archives, the new history museum at the Laconia Historical & Museum Society



Lakes Region Chamber celebrates new business at Weirs Beach

nity members and city leaders to welcome a new year-round business to Weirs Beach. The ribbon-cutting ceremony, held on Aug. 26, highgrowth and extending seasonal opportunities is one of the Lakes Region's most iconic destinations.

City of Laconia rep-

LACONIA — The lights the Chamber's resentatives, including ebrate the new business mit to operating year-Karmen Gifford, Chamber Membership Director Sarah Goodrum, Dan Smiley from Best Read Guide and local media attended the event to cel-

"This is an exciting addition to Weirs Beach," said Karmen Gifford, President of the Lakes Region Chamber. ports jobs, and strengthens the Lakes Region as a destination—not only in the summer, but throughout the entire year."

The new establish-Lakes Region Chamber ongoing commitment City Manager Kirk Beat- and its contribution to round brings vitality to ment features a welcomproudly joined commu- to supporting economic tie, Chamber President the community. our local economy, sup- ing atmosphere for both residents and visitors, with indoor and outdoor spaces designed for gathering, dining, and relaxation. Its menu highlights a mix of classic favorites and fresh offerings, creating a space where the community can come together in all seasons.

"We are thrilled to be able to open in such a great location and already feel the support of the local community," said Barry Myers, Owner of Cheers at the Weirs. "We have had property around Winnipesaukee since the early 2000s, and we always felt that there was a need for a place that you can go where you can relax, have a good bite to eat, a drink, and just feel at home. That is the atmosphere we are aiming to provide at Cheers at the Weirs." Cheers at the Weirs will be open year-round, seven days a week with their current hours being Monday -Wednesday from 3:00 pm – 10:00 pm, and Thursday

– Sunday from 11:30 a.m. -11 p.m.

The Chamber continues to celebrate and support businesses that invest in the Lakes Region, and this new addition at Weirs Beach reflects the shared vision of fostering a vibrant, thriving economy for years to

For more information about the Lakes Region Chamber and upcoming events, visit www.lakesregionchamber.org.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of Aug. 25 to Sept. 1.

Jillian Marie Braley, age 19, of Belmont was arrested on Aug. 25 for Criminal Mischief and Domestic Violence-Simple Assault resulting in Bodily Injury or Physical Contact.

rested on Aug. 25 for Conduct After an Accident and multiple counts of Driving After Revocation or Suspension of license due to DUI.

Sheila Ann Thorndike, age 62, of Belmont was ar-

David Eugene Lemay, age 51, of Belmont was arrested on Aug. 25 in connection with multiple bench

Brian St. George, age 57, of Belmont was arrested on Aug. 25 for DUI-Impairment.

Jonathan Richard Cartier, age 42, of Tilton was arrested on Aug. 30 in connection with multiple war-





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Audubon announces program on otters

MOULTONBOR-OUGH — On Thursday, Sept. 18 at 7 p.m. at the Loon Center in Moultonborough, the Lakes Region Chapter of the New Hampshire Audubon Society will present a program called Otter Daze, presented by Joe Callanan.

Join him as he presents the incredible story behind a single day photographing a mother River Otter and her 3 young for more than four hours!

River Otters are a beautiful and wild part of our local habitats, but they are seldom seen. Usually, an otter sighting tends to be over in the blink of an eye as these playful and successful predators are perpetually in motion and can lives these creatures vanish at will.

Otters are not territorial; their lives are spent traveling along a large circuit, going from pond to stream to lake. Always relying on fish as the main dish, they also eat a wide variety of other creatures along the way, from frogs to turtles to rodents.

So imagine the surprise and wonder in store when Joe discovered a River otter fami-

ly and was able to study and photograph their antics for hours.

Come get an inside look at the fascinating lead, and see many of the other wild animals they encounter as part of a wonderful web of aquatic life.

The Loon Center is located on Lee's Mill Road; follow the signs on Blake Road from Route 25 near Moultonborough Central School, or from Route 109, turn on to Lee Road and turn left on Lee's Mill Road.



Bank of NH Prestige Plus members enjoy scenic Lake Sunapee cruise, tour of John Hay Estate at The Fells



A group of Prestige Plus members enjoy walking along a stone path at The Fells during a recent trip to the historic lakeside retreat of John Hay, who was the private secretary to President

LACONIA — Bank ry and local flavor. The Cream in Belmont.

trip featured a narrated cruise on Lake Sunapee, During a cruise along a guided tour of the John the crystal-clear waters Hav Estate at The Fells of Lake Sunapee, memand a stop at Jordan's Ice bers listened as the cap-

tain of the Mt. Sunapee Queen shared stories of the lake's rich history, admired the grand summer homes that line its shores and viewed three historic lighthouses still in operation. Members also enjoyed a delightful lunch on board with views of Mount Kearsarge and Mount Sunapee as loons swam nearby.

Following the cruise, the group visited the John Hay Estate at The Fells, the historic lakeside summer retreat of the former private secretary to President Abraham Lincoln and statesman. During a guided tour of the Main House, members learned about Hay's remarkable life and legacy. Afterward, they strolled the estate's grounds and gardens, pathways to stone walls and terraces, shaded woodland trails and sweeping lawns leading down to the lake.

The day concluded with a stop at Jordan's Ice Cream in Belmont. where members

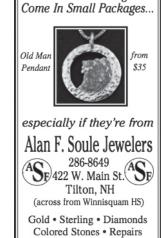
on their way home.

"Our Prestige Plus trips are designed to offer our members opportunities for enrichment, discovery and connection," said Cindy Salta, VP-Prestige Plus Officer for Bank of New Hampshire. "This outing was the perfect combination of history, natural beauty and camaraderie."

Bank of New Hampshire's Prestige Plus program is an exclusive travel and lifestyle benefit offered to holders of its Prestige Checking account. Members enjoy every day checking account perks, a concierge banking service and a curated travel program featuring day trips, seminars, extended vacations—both domestic and international—with handcrafted itineraries and dedicated guides. For more information, contact the Prestige Plus team at 1-833-226-5641.

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dulged in a sweet treat ing, and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 21 banking offices and assets exceeding billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of its customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit BNH.Bank.



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New England Wolves holding free Learn To Play program

Program named after former Wolves player Mischa Fay

LACONIA — Beginning Tuesday, Oct. 14, and continuing till Feb. 8, the New England Wolves will be running their annual free Learn to Play Hockey at the Merrill Fay Arena. This year's program is sponsored by the Mischa Fay Foundation and will be named the Mischa's Little Stars program, after the beloved former Wolves player who tragically passed away in the winter of 2023.

Abraham Lincoln.

of New Hampshire's

Prestige Plus members

recently enjoyed a mem-

orable day trip that com-

bined relaxation, histo-

"We are overjoyed to be keeping our beloved Mischa's memory alive helping children learn to play the amazing sport that Mischa loved... hockey," said Merrill and Beth Fay, Mischa's parents.

The program runs on Tuesday nights from 4:30 to 5:15 p.m., with a second set of skates added weekly on Sunday mornings starting Nov. 16 at 930 a.m. The program is free to all young skaters who wish to participate and coached by the New England Wolves coaching staff and Junior Hockey players. Full equipment is needed. Many of the articles, such as skates, gloves, pants and helmets, can be acquired for free through the Wolves equipment donation program. A free jersey is also provided.

Parents can enroll their skaters by registering on the Wolves website, www.ne-wolveshockey.com and contact either Tim Kunes (trkunes@gmail.com) or Andrew Trimble (scoringconcepts@gmail. com) to swing by the rink and pick up some of the pieces of equipment for their skater.

"Our deepest gratitude to the Wolves organization for their continued support," commented Merrill and Beth Fay.



COURTESY PHOTO

The New England Wolves Learn to Play program is being named after former Wolves player Mischa Fay.

Last year more than 30 skaters began their hockey careers through the Learn to Play program and advanced onto the Wolves 8U and 10U hockey teams. This program is a great way to be introduced to the game of hockey and expose your child to a new set of skills and teammates. Register today.





WINNISQUAM ECHO September 11, 2025

Opinion

Letter submission policy
Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.





The Lakes Region Planning Commission will be hosting the last two Household Hazardous Waste collection events for the season! More than 1,200 Lakes Region residents have already attended our collection events this summer. If you are looking for your fall clean-out time before the winter, then these collections are your opportunity. The last two events will be held at 27 Bisson Ave., Laconia (Saturday, Sept. 20 from 8:30 a.m.- noon) and 20 Sargent's Crossing, Tuftonboro (Thursday, Sept. 25 from 2-6 p.m.). Don't miss out! This will be your last chance before the end of the collection season! Our list of participating communities and accepted items can be found at the Lakes Region Planning Commission website site www.lakesrpc.nh.gov or by calling 603-279-5336.

MOORE

The value of showing up

As the final days of summer give way to the crisp mornings of early autumn, the communities in our corner of the Lakes Region begin to shift focus. Children return to school, farms bring in their late harvests, and local organizations start their fall calendars. The region comes alive in a new rhythm, one that reminds us of the unique character of our towns and the importance of showing up for one another.

Life in small communities is built on participation. It is built when parents gather at school open houses to meet teachers and learn about new programs. It is strengthened when neighbors take time to stroll through a farmers' market, supporting local growers and chatting with familiar faces. It is carried forward in the often quiet but vital work of volunteers who serve on boards, run food drives, or give their evenings to youth sports and scout troops.

These moments may not seem monumental, but taken together, they are the foundation of civic life. While national news cycles often capture our attention with conflict and controversy, it is here—at the local level—where our choices most directly shape our lives. A zoning board decision might guide how our towns grow. A school committee vote might determine new opportunities for our children. A community fundraiser might ensure that a struggling neighbor has heat this winter.

Showing up, in other words, matters. And showing up doesn't always mean speaking at a podium or running for office. Sometimes, it means lending a hand at a community supper, buying a raffle ticket to support the fire department, or simply taking the time to listen to a neighbor's perspective. These are the small, steady acts that build trust and weave the fabric of community tighter.

We have long believed that our role is not just to report on what is happening, but to encourage participation. We know that strong communities are not built by a handful of leaders alone, but by ordinary people who invest their time, energy, and care into the place they call home.

As the season turns, let us all recommit to that spirit. Let us make time for the meetings, the fairs, the sports games, and the library programs. Let us remember that our presence—our willingness to show up—has value. Each face in the room, each voice in the discussion, each neighbor lending support contributes to the vitality of our towns.

In a world where division can feel easier than connection, our small communities offer a different model: one where people know each other, work together, and look out for one another. That is worth protecting. That is worth celebrating. And it begins with something as simple as being present.

So as autumn arrives, let us take pride not just in the beauty of the season, but in the people and places that make the Lakes Region more than just a spot on the map. Let us continue to show up—for our families, our neighbors, and our towns. The strength of our community depends on it.

Remember Positively that time you **SPEAKING** about to jump into some-TOBY

jor life change, a dream you finally decided to chase? At first, your mind lights up with excitement. You see the vision, you make the plans, you picture the success. But then, almost like clockwork, the thought creeps in: "So, what's your Plan B?"

thing big—a new

business, a ma-

Of course, having a backup plan makes sense. If Plan A falls apart, you've got to have a Plan B, right?

It almost feels a bit controversial writing about not having a Plan B. I think that's because the idea is often misunderstood.

When I say "Plan A," I'm not talking about a single project or a business idea—I mean your overarching mission. The bigger picture. The thing that gives your life direction and meaning. It's the north star you

Plan B!

measure everything else against. That's what I'm getting at when I speak about Plan A—not the small detours or adjustments, but the core mission that defines where you're going.

When I talk about Plan B, I don't mean little adjustments—like tak-That's just flexibility.

What I mean is the bigger Plan B: the alternative to your overarching mission, the backup life you keep in your back pocket "just in case." That kind of Plan B, as neuroscience shows, doesn't just sit quietly in the background—it actively drains energy from Plan A, it slowly eats away at Plan A until it's gone!

The prefrontal cortex, responsible for planning decision-making, works best when the outcome really matters. Think of an athlete in a championship game they find a level of focus

and creativity they never had in practice, because, in this scenario, Plan A equals winning and Plan B equals losing.

Think of a life-ordeath scenario. If you're facing a grizzly bear in the forest, Plan A is to survive. Plan B is... not. And while Plan A can fail, having no Plan ing the side streets when B forces every ounce of the freeway's jammed. focus and energy into survival—dramatically increasing your chances of success.

> When there's only one shot—no backup—the brain ramps up dopamine, sharpening focus and creativity. But when you create a Plan B, dopamine drops—and so does motivation. In other words, the moment you create a Plan B, you're signaling to your brain, "Relax, no need to give it everything," and your effort slips.

> Studies from the University of Pennsylvania, Zurich, and Wisconsin all point to the same conclusion: people with backup plans perform worse on their main goals. Even thinking about a Plan B reduces persistence and creativ-

Why? Because the brain is built to save energy. The moment it realizes it can relax, it will relax.

Take Howard Schultz, the man behind Starbucks. When he first tried to raise money to expand the company, investors laughed him out of the room. Banks turned him down more than 200 times. He could

have walked away, gone back to a "safe" job in corporate America, taken a Plan B. But he refused. Starbucks was Plan A. Period. He doubled down, kept pitching, and eventually found a handful of believers. Today, Starbucks is a household name around the world.

The science explains the story: when your brain knows there's no escape hatch, it goes all in. Dopamine spikes, focus sharpens, and creativity ignites. You start to see options you'd never notice otherwise. Pressure forces breakthroughs. That's the hidden gift of burning the

That's the real danger of Plan B. Most of the time, it isn't strategy it's fear in disguise. It feels responsible, but really, it's a quiet permission slip to play smaller, to quit when things get uncomfortable.

The science is clear, and the stories back it up: extraordinary results only come when you stop keeping one foot out the door. So burn the boats, shut the exits, and commit like there's no other option.

Because that's the moment your full potential wakes up. Don't plan for escape—plan for victory. That's how you find out what you're really capable of.

Toby Moore is a columnist, the star of Emmy - Nominated A Separate Peace, and the CEO of Cubestream Inc.

Winnisquam Echo

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Hannaford Supermarkets continues tradition as Presenting Sponsor for 2025 Greater Lakes Region Children's Auction

Greater Lakes Region Children's Auction recently announced that Hannaford Supermarkets has committed to serving as the presenting sponsor for the sixth consecutive year for the 2025 Children's Auction.

"We are so grateful to Hannaford and the support they have offered us for decades in the form of auction items, employee volunteers and now six generous years as our presenting sponsor," said Jennifer Kelley, executive director of the Children's Auction. "Hannaford has proven time and time again that they are committed to our community and the families who call it home."

Larry Poliquin, store manager in Bristol, is a longtime auction volunteer who has been heading up teams to as-



sist the organization for roughly 30 years, as long as he has been a Hannaford store manager. He is also a board member and a member of the Distribution Committee that makes recommendations on how auction funds are dispersed.

"Hannaford believes in the power of giving back to the communities it serves," Poliquin said. "We are proud to support the Lakes Region and happy to partner with and bolster the Children's Auction and other great organizations like it. We hope to continue to impact the region in our primary focus areas: hunger relief, health and wellness, and child development and families."

Learn more about the auction at ChildrensAuction.org.

Deadline nearing for Greater Lakes Region Children's Auction funding requests

LACONIA — The Greater Lakes Region Children's Auction is accepting applications for funding until Oct. 15. Details and an online application are available at childrensauction.org.

Local nonprofit organizations that provide support to local children and their families in need are encouraged to apply for funding if they:

Hold tax-exempt status under Section 501(c) 3 of the Internal Revenue Code and/or public agency sta-

Serve Greater Lakes Region's children in need. Have a proven history of providing value to the children in the region.

Numerous fundraising events in the Lakes Region throughout the year support the Greater Lakes Region Children's Auction, including a four-day signature event every December. In the past four decades, the organization has distributed more than \$9.2 million to more than 80 nonprofits that serve low-income families and children in the Lakes Region.

For more information on how to apply and the kinds of organizations funded, visit childrensauction.org.

About the Greater Lakes Region Children's Auc-

Numerous fundraising events in the Lakes Region throughout the year support the Greater Lakes Region Children's Auction, including our four-day signature event every December. In the past four decades we have distributed more than \$9.2 million to over 80 nonprofits that serve low-income families and children in the Lakes Region, all through volunteer efforts, community donations and corporate sponsorship. The Auction falls under the umbrella of the Greater Lakes Region Charitable Fund for Children, a 501(c)(3) nonprofit organization that helps local community organizations that serve children and families in need. For more information about the Auction, the nonprofits it supports, and how you can help, visit ChildrensAuction.org.

Preorder your Christmas wreath to benefit Sanbornton Historical Society

SANBORNTON — It invches are \$30. each. may only be September but it's time to pre-order your wreaths to benefit the SHS. Our wreaths are premium quality, double-faced and decorated with weather-resistant red velvet bows. Many of our bows are handcrafted here in New Hampshire.

Please place your order by Sept. 24.

Payment is due upon pickup, which is Saturday, Nov. 29, and Saturday, Dec. 6, 9-11 a.m. you order, please mark your calendars for wreath pick up and don't miss our Christmas Fair to be held Dec. 6.

Wreaths with a Ring Size of 12 inches with an Outside Diameter of 22 inches are \$18 each.

Wreaths with a Ring Size of 14 inches with an Outside Diameter of 26 inches are \$24. each.

Wreaths with a Ring Size of 18 inches with an Outside Diameter of 30

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Wreaths with a Ring Size of 24 inches with an Outside Diameter of 36 inches are \$45. each.

Wreaths with a Ring Size of 30 inches with an Outside Diameter of 42 inches are \$59. each.

Please place your orders online at Info@ LaneTavern.org or call 603-591-5176 for more information. Please leave a message and return

number for a return call. Thank you for your support!





Dorothy Jacqueline Lavigne $193\overline{3} - 2025$



Dorothy Jacqueline "Jackie" Lavigne, a native of Nashua NH and a longtime prior resident of Tilton, NH and of Prescott Valley, AZ died on July 3 2025 at the age of 92, with her devoted children by her bedside.

A social person, Jackie is fondly remembered for her sparkling smile and good humor, generosity and kindness. She drew strength from a deep well of empathy, patience, humility, and goodwill, and took special interest in children she taught who were disadvantaged by circumstance, disability, or untapped potential. Along the way she was unfailingly devoted for 67 years to her husband Richard, her four children and four grandchildren, and a wide circle of friends near and far.

A lifelong educator, Jackie graduated from Nashua High School in 1951 and from the University of New Hampshire in 1955. She then moved to Tilton NH where she briefly worked for Dr. Frank Robinson before becoming a public-school teacher at Union Sanborn Elementary School in Northfield. Over the course of her 34-year teaching career, she taught hundreds of public-school students in grades 1 through 3 in Merrimack County NH and Yavapai County AZ.

Upon retirement Jackie and Richard traveled extensively, visiting all 50 states, and ventured to Scotland, England, Ireland, Norway, Canada, and Mexico. For 25+ years they spent summers in Sequim, Washington where they befriended and kept in regular contact with fellow travelers from all around the USA. Above all, however, Jackie and Richard treasured their visits and outdoor adventures to see and spend

time with their children and grandchildren.

A voracious reader, music lover, and political enthusiast, Jackie believed strongly in voting and women's rights and progressive civic engagement. She loved the NH seacoast at Wallis Sands, camping with Richard and her children in NH, ME and VT, and hiking Mt Washington, Cardigan, Lafayette and Kearsarge. In retirement, Jackie also enjoyed walking with friends while camping with Richard along the Olympic Peninsula in Washington state. In later years, Jackie recalled with great fondness her summertime visits as a teenager with her cousins and closest childhood friends, Geralyn and Joan Cobleigh, at their summer home in Nelson, NH. And true to form right up through her very last days, Jackie consistently derived great joy and sought out opportunities to make new friends, sharing her smile and affection with children and adults of all ages and all walks of

Jackie was predeceased by her husband Richard and their son Peter Marshall Lavigne, and by her brothers Marshall and Richard Cobleigh. Jackie leaves behind the remaining loves of her life, her daughter Lisa Lavigne Saucedo (George) of El Paso, TX, her sons Michael Lavigne (Tanya) of Capitola, CA and Mark Lavigne (Kerry) of Bainbridge Island, WA, and four grandchildren she loved deeply, encouraging their accomplishments with enthusiasm and affection: Rhiannon Genevra Lavigne Parent, Madison Catherine Saucedo, Chloe Blair Lavigne, and Luke Richard Lavigne.

Family, friends, former students and colleagues are invited to a celebration of life service at 1 p.m. on Saturday Sept 27, 2025 at the Sanbornton Congregational Church-UCC in Square, Sanbornton N.H. with a reception following at the church. A private burial service for immediate family will take place separately at Park Cemetery.

New holistic primary care clinic opens in Gilford



Community leaders and quests joined the Lakes Region Chamber to celebrate the ribbon cutting of Regina Caeli Clinic in Gilford.

GILFORD — A large crowd gathered to celebrate the ceremonial ribbon cutting of Regina Caeli Clinic with the Lakes Region Chamber at its new Village West location in Gilford. Community leaders from across the state joined the event, where excitement for the new clinic was evident.

will provide a unique approach to healthcare offering primary care, functional medicine, women's health, alternative therapies, and prayer ministry, all grounded in the Catholic faith.

"We are called to love our neighbor in big ways—to provide care that leaves people feel-Regina Caeli Clinic ing heard, understood,

and cared for; care that restores dignity, encourages freedom, and ultimately leads people to the ever-flowing, merciful heart of Jesus, if not by prayer, then by our actions and our great love for one another," said Kathleen Clark, RN, BSN, founder of Regina Caeli Clinic, during the ceremony.

The clinic will begin

welcoming patients the

first week of September. To learn more about Regina Caeli Clinic, please visit RCClinicNH.

To learn more about the Lakes Region Chamber and upcoming Community Events, visit LakesRegionChamber.

Craftsmen Gallery bosting Felted Funky Chicken class with Patsy Frasier



MEREDITH — Join artist Patsy Frasier at the League of NH Craftsmen - Meredith Fine Craft Gallery on Saturday, Sept. 13 from 10 a.m. to 2 p.m. for a Funky

Felted Chicken Class.

Learn the art of needle felting and create your own felted chicken in this fun one-day workshop. These chickmaking the core shape and features. Then add a unique feather look by felting with yarn and locks. Be prepared to want a whole flock! Great for beginners and experienced as well.

Tuition is \$45 per student with an additional materials fee of \$20 paid by cash or check to the instructor at the time of the class.

Space is limited and pre-registration is required. Those who wish to attend must sign up by Wednesday, Sept. 10.

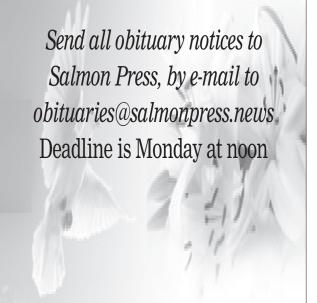
To register for this workshop, please call ens will put a smile on the League of NH Crafts-

your face. You'll start by men – Fine Craft Gallery at (603) 279-7920 or stop by the gallery located at 279 Daniel Webster Highway in Meredith.

For more details, visit our Web site at http:// meredith.nhcrafts.org/ classes/ and our Facebook page at http:// www.facebook.com/ nhcraft/.

The League of NH Meredith Craftsmen Fine Craft Gallery is located at 279 DW Highway, Meredith, and is dedicated to the education and support of New Hampshire's fine craft tradition since 1932.

Prescott Farm hosting 15th Annual Harvest Festival





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LACONIA - PrescottEnvironmental Education Center invites the community to the 15th Annual Harvest Festival on Saturday, Sept. 13 from 10 a.m. - 3 p.m. One of the most popular community events of the year, the festival draws more than 800 people of all ages to the beautiful 160-acre property for a free day of

family fun. Festival highlights in-

Horseand tractor-drawn wagon rides

Field games, hay jump, and face painting Apple cider press and garden tastings

Nature-based telling and crafts

Fiber artist demonstrations Food from Peaks Food

Special appearances by Neverland characters

Truck and The Gravy

from Powerhouse Theatre Collaborative

Local nonprofit booths

Live music from Katie Dobbins and the Puckerbrush Band

Guests are also encouraged to explore Prescott Farm's three miles of hiking trails, heirloom gardens, and natural PlayScape.

Nature spires Exhibit As part of the festival,

Prescott Farm will host the Second Annual Nature Inspires Art Exhibit, showcasing work from local artists and photographers inspired by the natural world. Artwork must be registered and dropped off by Sept. 1, Monday-Saturday from 9 a.m. - 4 p.m. The exhibit is limited to 24 artists. Full details, including size limits, framing requirements, and registration, are available at prescottfarm. org/service/public-programs/festivals.

About Prescott Environmen-Farm tal Education Center Prescott Farm is a nonprofit organization dedicated to providing yearround environmental education for all ages. Located in New Hampshire's Lakes Region, Prescott Farm offers programs and experiences that encourage curiosity, discovery, fun, and meaningful connections to the natural world.

Powerhouse offers another Improv Class for all levels

LACONIA — Powerhouse Theatre Collaborative, the resident theatre company of the Colonial Theatre in Laconia is offering a new session for community members interested in improv comedy to participate in an eight-week Improv Workshop.

The eight-week class for adults will begin on Tuesday, Sept. 16.

According to instructor Amanda Wagner, "Improvisation is a fantastic way to build skills as an actor and to build confidence overall! This workshop will be a great chance to step outside of



your comfort zone in a welcoming and fun-loving environment. Worried vou won't be anv good? There are literally no wrong answers, it's improv after all!"

The course will be held on Tuesday evenings from 6:30 to 8:30 p.m. at the Woodside Building of the Taylor Community on Union Avenue in Laconia and will culminate in a showcase performance for friends and family at the final class on Nov. 4.

The workshop is appropriate for both beginners as well as people with improv experience.

The cost for the workshop is \$80, if this presents a hardship there are some scholarship opportunities. There is limited space remaining and spots will be granted on a first come, first serve basis to those registering at https://www. powerhousenh.org/ workshops.

For all the details on Powerhouse Theatre Collaborative, auditions, and other events in the 2025 season check out powerhousenh.org email info@powerhousenh.org.

REALTORS® Annual Golf Tournament most successful ever!

TILTON — The Lakes Region Board of REAL-TORS® recently held their 37th Annual Scholarship Golf Tournament at Lochmere Country Club in Tilton. This year marks the most successful fundraising event ever with more than \$30,000. All proceeds go to help local high school seniors fund their college education. In 2025, the Board, in conjunction with the Lakes Region Scholarship Foundation, awarded 24 scholarships to deserving students throughout the Region.

More than 150 participants enjoyed a day of golf and giving. The Board would like to

extend our sincere appreciation to our hosts at Lochmere Country Club and the generosity of all the sponsors, doners, and volunteers who made this event such a tion with the Lakes huge success.

For additional information, please contact the Lakes Region Board of REALTORS® at (603) 528-3544.

REALTORS® Annual Golf Tournament most successful ever!

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For additional information, please contact

the Lakes Region Board of REALTORS® at (603)



Remedies for creaky floors

Hardwood floors are coveted features in many homes. The National Wood Flooring Association says wood floors are the most environmentally friendly flooring options available. In the United States, the hardwood forests that provide flooring products are growing twice as fast as they are being harvested. Furthermore, wood floors can last for many generations and require fewer raw materials to produce than other flooring options. That means less waste may end up in landfills.

Hardwood floors can endure for decades in a home, but over time those same floors may need some tender loving care to keep them looking good and working as they should. Squeaky floors are a common nuisance that homeowners may experience. Squeaking is often caused by movement and friction floorboards. between Treating the problem involves identifying the underlying issue.

Loose hardware

Squeaky floors may be due to the loosening of the hardware holding the floor in place, says The Home Depot. When nails or screws no longer are secured tightly, the boards can rub together. The noise heard Once the source of the is the sound produced by rubbing. Tightening or replacing the hardware can help reduce the squeaking.

Counter-snap method

This Old House says this kit method is a great

squeak is located, drill a 3/32-inch pilot hole through the hardwood flooring. Then insert a screw through the kit's depth-control fixture and kit into the pilot hole, and drive it until it automatically snaps off below the wood surface. Follow this



way to fix squeaks without damaging the floor.

up by filling the hole with

the floor color. Once the er applied with a putty putty is dry, lightly sand the area to blend.

Use a shim or shims

Sometimes the floor may squeak because of a gap between the joists and the subfloor. Filling the gap with a small piece of wood called a shim can help alleviate the gap or gaps.

Drive up screws

If a squeak is just in one spot, The Home Depot says that you may be able to drive short screws from below into the subfloor.

Small gaps

For small gaps between boards, sprinkle talcum powder or powdered graphite between squeaky boards to reduce friction. Wood fillknife also may work. For larger gaps, use a liquid filler designed for wood

floors. Homeowners also can visit their local home improvement center for other hardware solutions designed for underfloor repairs to remedy squeaks. Many work from underneath the floor and involve mounting plates or brackets to sure up the floor.

Squeaky floors can be problematic, but noises can be banished with some repair work.











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CLUES ACROSS

- 1. Utilitarian fashion accessory
- 4. Engine additive
- 7. Macaws
- 8. Listens to
- 10. Self-righteously moralistic person
- 12. Made of wood
- 13. Chinese lute
- 14. Beginning military rank
- 16. Indicates near
- 17. Ties the score
- 19. Chum
- 20. Long ago
- Localities 25. Midway between northeast and east
- 26. Make fun of
- 27. Tennis great Arthur

- 29. Construction location
- 30. Cow's noise
- 31. Blue
- 32. One of the Fab Four
- 39. Formula 1 team
- 41. Dash
- 42. Lifting device
- 43. Basics
- 44. Keyboard key
- 45. Old Irish alphabet 46. Shaking of the Earth's surface
- 48. Covered stadium
- Sword handles
- 50. Longing or yearning 51. Creators' social network
- 52. Boxing's GOAT

CLUES DOWN

- 1. Occur
- 2. Show up
- 3. Capital of Taiwan 4. Ocean
- Givers and 6. Gets ready
- 8. Ad
- 9. Fit of irritation
- 11. Criminal organization 14. Exclamation that denotes disgust
- 15. American state
- 18. Sensor hub
- Before

- 20. The boundary of a surface
- 22. Witnesses
- 27. Music awards show
- 31. Schenectady County Airport
- 32. Calm down
- 33. Partner to cheese

ZZLE SOLUTION



- 23. Singular
- 24. Type of meal
- 28. Former French coin of low value
- 29. A bag-like structure in an animal

- 34. Cola brand
- 35. Stepped on
- 36. Japanese city

GRANT

CONTINUED FROM PAGE A1

physical, emotional and spiritual support to terminally ill patients, their family, and loved ones.

The Eversource Foundation invests in organizations, initiatives and services that provide broad, meaningful and sustainable change in the communities that they serve. In 2024, the Eversource Foundation contributed more than \$7 million to charitable organizations in Connecticut, Massachusetts,

GOLF

CONTINUED FROM PAGE A1

Woodsville had 75 points to finish second while Moultonborough ished with 67 in fourth place.

Jordan DeFrancesco led the Raiders with a career-best 21 points and Max Ryder finished with 20 points. Jack Binder scored 15 points and Jasper Sottak finished with 14 points to round out the scoring.

On Thursday, Sept. 4, the Raiders were even better, scoring 74 points to sweep a four-team match at Androscoggin Valley Country Club in Gorham. The win was the first four-team sweep since the program came back together after COVID.

Belmont's 74 points easily outdistanced host Gorham with 60 points while Woodsville had 52 points and Littleton rounded out the field with 43 points.

Ryder shot a personal best even par 36 for 27 points to lead the Raiders. Binder also had a personal best round, scoring 17 points while Jacob Akerstrom, De-Francesco and Ben Girard all carded 15 points, with two of those scores rounding out the team score for the Raiders. Sottak finished with 12 points to round out the field of Raiders.

"To win a tournament in only the second match of the year, these young gentlemen are true allstars," said coach John Mattes.

The Raiders are slated to be at Farmington Country Club on Monday, Sept. 15, and at home at Canterbury Woods on Wednesday, Sept. 17, both at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



and New Hampshire.

About Franklin VNA & Hospice

Franklin VNA & Hospice is a not-for-profit licensed and certified home health and hospice care provider. For more than 80 years, Franklin VNA & Hospice has been providing services to people of all ages in 14 communities in Merrimack and Belknap counties. Services are provided in patients' homes and in skilled nursing settings. Franklin VNA & Hospice's mission is

to provide compassionate and quality home health care, hospice care, and education to individuals and families in the communities that they serve so that they may reach their highest level of independence. Franklin VNA & Hospice is your choice for excellence in Homecare and Hospice. Choose Local. Choose Excellence. Choose Franklin VNA & Hospice. For more information, call Franklin VNA & Hospice at (603) 934-3454 or visit www. FranklinVNA.org.

Billie Thibodeau Trio brings eclectic energy to The Loft at **Hermit Woods**



MEREDITH mit Woods Winery is thrilled to welcome the Billie Thibodeau Trio to The Loft Listening Room on Thursday, Sept. 18, for an unforgettable night of musical exploration, fine wine, and exceptional dining.

The evening begins with a complimentary wine tasting from 5:30–6 p.m., followed by dinner service starting at 6 p.m. The kitchen will close at 7 p.m., just as the show begins, with drinks and dessert served during the performance. Billie Thibodeau

a captivating musical force, guiding audiences on an emotional journey that can make you laugh, cry, dance—or simply sit back and soak in the moment. Backed by the dynamic talents of Mike McGuigan on drums and Laurin McGee on

saxophone and electric guitar, the trio weaves an eclectic blend of classical, indie rock, and jazz, with a few surprises along the way to keep listeners on their toes.

Lineup:

Billie Thibodeau Piano, Keyboard, Acoustic Guitar, Vocals

Mike Mc-Guigan **Drums**

Laurin McGee - Saxophone, Electric Guitar

true Listening Room Experience The Loft at Hermit Woods offers an intimate, up-close performance space where music lovers can fully immerse themselves in the artistry of live music. Audience members are encouraged to refrain from talking during the show, creating a unique, distraction-free environment for both the artists and listeners.

Don't miss high-energy, genre-bending performance in one New Hampshire's most beloved intimate music venues.

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and a heart full of love just waiting to bloom. This sweet girl is on the shy side and takes a little time to warm up, but once she feels safe, her gentle nature Wednesday through to Saturday shines through. She enjoys soft voices, slow walks, and a cozy spot to curl up and watch the world go by. NH Humane Society

Winnie would thrive in a calm, patient home where she can come out of her shell at her own pace. She's not the life

of the party—but she'll be your loyal shadow, happy just to be near you. She is hesitant about new people entering her household and can become protective of her people If you're someone who understands

Meet Winnie!

that trust takes time and love is quiet, Winnie might be the perfect companion for you. Come meet this tenderhearted girl and let her show you how special a shy dog's love can be.



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Raiders get Contigiani her first win as head coach

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — The Belmont soccer girls didn't wait very long to get former Raider and new head coach Cassie Contigiani her first win.

And it was the foot of one of the team's youngsters that helped deliver that win, as the Raiders picked up a 5-2 win over Newfound on Friday, Aug. 29, in Bristol.

Ninth grader Payton Ellis scored all five of the goals for the Raiders, with four assists going to her sister, Mia Ellis, while Bailey-May Marsh added the other assist.

Shelby Mason got the start in goal for the Raiders and finished with 13 saves in the net.

The Raiders are slated to be in action again on Friday, Sept. 12, at Hopkinton and Monday, Sept. 15, at home against Berlin, both with 4 p.m. scheduled start times.

In the preview for the Raiders that ran last week, we missed a small portion of the questionnaire that coach Contigiani provided and wanted to make sure it got in. The first-year head coach is excited to have Ella Stevens on the sideline as the team manager as she recovers from an injury.

"I am very excited to have her leadership and enthusiasm on the sidelines this season," Contigiani noted.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Divers, McSheffrey lead Raiders in Early Bird Invitational



JOSHUA SPAULDING
Wyatt Divers cracked the top
five during the opening meet
of the season on Aug. 28 in

BY JOSHUA SPAULDING

Gilford.

GILFORD — The Belmont cross country boys and girls both finished second at the season-opening Early Bird Invitational at Gunstock Mountain Resort in Gilford on Thursday, Aug. 28. The Raiders finished second behind host Kingswood.

In the girls' race, Lyla McSheffrey led the way for the Raiders with a



Jenna Laramie runs for Belmont during the season opening meet at Gunstock on Aug. 28.

seventh place finish in a time of 29:01 and Riley DeGange was right behind in eighth place in

29:11.

Jenna Laramie was 12th overall in 29:49, Hailey Clairmont was 13th in a time off 31:22 and Allieanna Steele rounded out the scoring with a time of 36:16. Charlotte Ekberg rounded out the field of Raider girls with a time of 26:19 for 16th



Sean Andrews climbs the first hill of the course during the Aug. 28 Early Bird Invitational in Gilford.



Lyla McSheffrey led the way for the Belmont girls in the opening meet of the season on Aug. 28.

For the boys, Wyatt Divers cracked the top five with a fifth place finish in 21:38, with Sean Andrews right behind in 22:42 and Brayden Townsend in seventh place in 22:43.

Jack Crockford finished in a time of 23:40 for 12th place and Lucas McSheffrey rounded out the scoring with a time of 29:24 for 20th place. Henry Ashworth round-

ed out the field of Raider runners with a 21st place finish in a time of 29:41.

The Raiders are slated to be at home today, Sept. 11, at 4 p.m. and will be at Prospect Mountain on Wednesday, Sept. 17, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

AUTUMN ADVENTURES Officer of the second of



LITTLETON, NH Sep-

tember 3, 2025 –
Rehearsals are set to begin for the fall/winter season for White Mountain Voices. Anyone who likes to sing and can

match pitch is welcome to join us on September 14 for the youth choir (ages 6-14) or September 15 for the adult choir (teens to nonagenarians!)

This season's program, described by artistic director Victoria Cole as "juicy and wonderful," features classical music in both traditional and contemporary styles. There will be well-known favorites such as Bach, Vivaldi,

in Campton Village

and Scarlatti as well as the contemporary Estonian composer Arvo Part.

Chorus member Kathleen Searles, Littleton, says that "In a community chorus you are working together to create something beautiful. It is the perfect antidote to personal and societal anxiety. And, you meet great people!"

All rehearsals are held at All Saints Episcopal Church in Littleton. The Youth Choir meets from 4-5 on Sundays and the adult choir from 7-9 on Monday evenings. The first few rehearsals are open, so anyone can come and give the cho-

Rehearsals to begin for the fall/winter season for White Mountain Voices

rus a try before making a commitment.

The winter concerts will be on December 20 at the Medallion Opera House in Gorham and on December 21 at the First Congregational Church in Littleton.

White Mountain Voices is a community chorus founded in 2017 to serve the Littleton-Lancaster region. They typically perform two concerts each year. White Mountain Youth Voices

is in its third year of providing an exceptional opportunity for young people to learn the basics of choral music and to perform for the community. White Mountain Voices is a fully registered charitable non-profit 501.c.3 organization.

For more information, visit the chorus website at whitemountainvoices.com or visit the White Mountain Voices Facebook page.





Volleyball Bears split first two matches of the fall

BY JOSHUA SPAULDING

Sports Editor

TILTON — The Winnisquam volleyball team opened the season with a split of two games, knocking off Laconia in the opener before falling to Oyster River in the second contest of the season.

The Bears made the short trip to Laconia on Wednesday, Sept. 3, and came home with a hard-fought 3-2 win over the Sachems.

"Great team win on the road against a very well-coached Laconia team," said coach Mark Dawalga. "We really struggled early on, but once we got out of our opening game jitters, I thought it was a pretty even match."

The Bears fell behind 11-4 in the first set before Caidyn Carter stepped to the service line and rattled off 10 points in a row to put the Bears in the lead and they eventually won 25-15.

"That really settled us down," Dawalga said. "Coming back and winning that set was huge for us."

Laconia came back and won the next two sets, both by scores of 25-21 before the Bears came back and won 25-18 in the fourth set and then won 15-13 in the fifth set for the 3-2 win.

"I am extremely proud of this group and the resiliency throughout the match," Dawalga said.

Carter finished with 31 digs, six kills and five aces, Danica Weymouth had 24 digs, one kill and two aces, Avrill LaBranche had a kill and two blocks, Sophie Fair had three digs, 13 kills and an ace, Anna Drinkwine had eight assists and two aces, Alexis Mingolla had 11 digs, two kills, two aces and a block, Addie Bernier had 18 digs, Kinzie Nelson had 12 digs, Abby Meunier had 11 assists and Alissa Jean had 10 digs.

Two nights later the Bears hosted their first game of the season and dropped a 3-0 decision to Oyster River, 25-17, 25-17, 25-11.

"Oyster River is a very good team, this was a good measuring stick for us," Dawalga noted. "With Oyster River being a top team in Division II, I thought our kids really played hard all game.

"We are still working on a lot of little things in practice and it's really starting to show in games," he added.

The Bears will be in action on Monday, Sept. 15, at home against Somersworth at 6 p.m. and at Gilford on Wednesday, Sept. 17, at 5:45 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.







Mountain Fare Inn

Bear boys bounced by Berlin in opening match



Haggett came back

with a bid that Bickford

Winnisquam's Nolan Abbott and Berlin's Evan Hill go after the ball during season opening action on Aug. 29 in Tilton.

BY JOSHUA SPAULDING

Sports Editor

TILTON — The opening game of the season the Winnisquam and Berlin boys' soccer teams took to the pitch in Tilton on Friday, Aug. 29, under beautiful blue skies.

For the visiting Mountaineers, it was well worth the trip, as they got the offense clicking on all cylinders and walked off with an 8-2 win over the host Bears.

Coach Tom Osmer's Bears got the first few chances, with Xavier Mondesir getting an early bid and then sending a direct kick on net that was headed wide of the net. Taber Haggett sent a good ball up to Nate Tassey and the Bears got their first corner kick of the game, which Berlin's Brody Croteau was able to clear out of the zone.

Tassey had a bid that was stopped by Berlin keeper Haydon Bickford and then Braeden Perrault and Haggett teamed up on a chance that went wide. Berlin's Evan Hill sent a shot over the top of the net and the Bears had a couple more chances that they didn't convert on. Nolan Abbott had a cross for the Bears that was cleared out by Berlin's Hudson Goulet.

Berlin got on the board first with 28:07 to go in the first half, as Goulet took a direct kick chance and delivered it in front saw Haggett clear the ball out of the box.

of the net, where Dillon Boucher was waiting to head it home for the 1-0 lead. Boyd Poulin had a chance go wide of the net for the Mountaineers and Berlin's first corner

stopped and Boucher made a run the other way that Winnisquam goalie Jacoby Keith was able to snare. Perrault had a chance denied by Bickford and Boucher sent another shot wide of the net. Abbott had a good run into the zone that was cleared by Gou-With 16:04 to go in the

first half, Hill sent a nice ball through to Boucher, who hustled his way behind the defense to pick up the ball and bury it in the net for the 2-0 lead.

Less than a minute later, Winnisquam was awarded a penalty kick and Mondesir delivered the kick to the left to cut the lead to 2-1. Goulet just missed connecting with Boucher on a bid that Keith grabbed.

Berlin pushed the lead back to two with 11:40 to go in the first half, as Poulin ripped a shot to the back of the net for the 3-1 lead. Haggett came back with a bid that Bickford stopped and Noah Bassett made a nice defensive stop on a bid from Boucher. Poulin and Hill combined on a



on Aug. 29.

chance for Berlin that went wide and Tassey sent a nice cross that just missed connecting with Jon Wright. Poulin sent another shot wide and Goulet headed the ball wide on a Berlin corner. Perrault and Tassey teamed up on a chance and the Berlin defense stopped a Mondesir run.

With 2:05 to go in the first half, Poulin sent a nice ball up to Boucher, who netted his third goal of the game and Berlin took the 4-1 lead to the halftime break.

Wright had a good cross to start the second half for the Bears and Abbott had a bid denied by Bickford, who also stopped a chance from Perrault. Boucher had a good cross that was cleared out by the Winnisquam defense.

With 34:53 to go in the game, Poulin made a nice move through the Winnisquam defense and buried the shot for the 5-1 lead. Berlin continued to pressure, with Wright making a nice clear and then sending a nice cross to Haggett at the other end. Mondesir made a run that Berlin's Christopher Charron was able

Abbott teamed up on a bid that was stopped by Grant Williams for the Mountaineers. Bickford also stopped another Abbott bid.

With 24:34 to go, Boucher picked up his fourth goal of the game to push the lead to 6-1 and Bassett did a nice job clearing the ball out on a Berlin corner kick a few moments later. Abbott had a cross cleared by the Berlin defense and Haggett's shot was stopped by Bickford. The Bears had a corner kick chance that Mondesir sent to Abbott, but his shot went wide of the net.

With 20:25 to go, the Mountaineers upped the lead to 7-1 with Hill picking up his first goal of the season. Wright had a cross and Haggett had a bid denied by Bickford. Wright had a good bid in front of the net that Bickford was able to tip out. Abbott had a cross in front and then headed a shot on net that was saved. Mondesir also had a bid denied by Bickford and Haggett had a shot saved on a corner kick.

With 12:52 to go in the game, Boucher made it to stop and Perrault and 8-1 with his fifth goal of the game and Winnisquam came back with chances from Wright and Haggett denied by Bickford. Haggett and Abbott teamed up with a chance and Perrault had a direct kick that Abbott sent wide.

The Bears got their second penalty kick chance of the game with 6:47 to go and Perrault stepped up and buried the shot to the left to cut the lead to 8-2. Abbott made a run that was stopped by Croteau and Charron made a nice defensive stop on Oliver Hatfield. Wright had a good cross and Abbott and Wright both had late chances that Bickford stopped and Berlin held on for the 8-2 win.

The Bears are slated to be in action on Saturday, Sept. 13, at Raymond at 11 a.m. and at Fall Mountain at 6:30 p.m. on Tuesday, Sept. 16.

Berlin is scheduled to be at Somersworth on Friday, Sept. 12, and will be hosting Belmont on Tuesday, Sept. 16, both at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

HIGH SCHOOL SLATE

Thursday, Sept. 11

BELMONT Cross Country Home Meet; 4 **GILFORD** Cross Country at Belmont; 4 Football at Laconia; 7 **WINNISQUAM** Field Hockey at Bishop Brady; 4 Friday, Sept. 12

BELMONT Boys' Soccer vs. Hopkinton; 4 Girls' Soccer at Hopkinton; 4 Volleyball vs. Moultonborough; 6:15

GILFORD Boys' Soccer vs. Newfound; 4 Field Hockey vs. Berlin; 4 WINNISQUAM Field Hockey at Sanborn; 4

WINNISQUAM Boys' Soccer at Raymond; 11

Football at Hillsboro-Deering; 1

Monday, Sept. 15

Saturday, Sept. 13

BELMONT Girls' Soccer vs. Berlin; 4 Golf at Farmington Country Club; 4 **GILFORD** Field Hockey at St. Thomas; 4 Golf at Trinity; 4 Volleyball vs. Campbell; 5:45 WINNISQUAM Field Hockey at Mascoma; 4 Volleyball vs. Somersworth; 6

Tuesday, Sept. 16

BELMONT Boys' Soccer at Berlin; 4 **GILFORD** Boys' Soccer at Sanborn; 4 Field Hockey at Newfound; 4 Girls' Soccer vs. Sanborn; 4 WINNISQUAM Boys' Soccer at Fall Mountain; 6:30 Field Hockey at St. Thomas; 4

Wednesday, Sept. 17

BELMONT Cross Country at Prospect Mountain; 4 Golf at Canterbury Woods; 4 Volleyball at Kearsarge; 5:15 **GILFORD** Volleyball vs. Winnisquam; 5:45 WINNISQUAM Field Hockey vs. Conant; 4 Volleyball at Gilford; 5:45

Thursday, Sept. 18

GILFORD Field Hockey at Bishop Brady; 4 Golf at Derryfield; 2

All schedules are subject to change.

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buver
Albany	49 Tabor Circle	Single-Family Residence	\$352,533	Leslie J. O'Dell and Ryan A. Wells	Dmitry and Victoria Fomin
Albany	70 Tabor Circle	Single-Family Residence	\$369,000	Joann M. Reis Estate and Nelson M. Peters III	
Alton	1800 Mount Major Highway	Single-Family Residence	\$1,375,000	1800 Mt. Major Highway LLC	Steven P. Bornick and Ann E. Drew
Alton	N/A	N/A	\$145,000	Charles D. and Caroline J. Roosa	Kevin and Deanne Durant
Alton	N/A (Lot 1)	N/A	\$600,000	Winnipesaukee Commercial Properties LLC	Ag Group Re Holdings LLC
Alton	N/A (Lot 5)	N/A	\$1,595,000	Kelley J., Jr. and Julie C. Schevis	John D. and Katherine A. Freese
Bartlett	74 Bearfoot Creek Rd., Unit		\$1,800,000	Brian and Megan Stanton	Christopher J. Brennan
Bartlett	220 Cow Hill Rd.	Single-Family Residence	\$970,000	Timothy J. Raymond and Natalie Wright	Natalie Wright
Bartlett	Humphrey Street	N/A	\$170,000	O'Sullivan 2021 Trust and Fugana I O'Sulliva	unFitzpatrick Fiscal Trust and Kirk C. Fitzpatrick
Bartlett	78 Linderhof Golf Course R		\$450,000	Russell N. and Bryan Knox	Melissa Gardner
Conway	34 Bay Rd.	Single-Family Residence	\$336,733	Taryn D. and Allan J. Sleger	Charles E. Draper
Conway	Ledgewood Drive	N/A	\$1,700,000	Chalmers Brothers LLC	Polar Bear Holdings LLC
Conway	207 Seavey St.	Inn/Resort	\$924,533	Nbf Realty LLC	Pacer Capital LLC
	1014 W. Side Rd., Unit 6	Condominium	\$230,000	Roy V. and Nancy J. Decesare	Jessica Wener
Conway	35 Wallis Way			Crown Ridge Trust and Michael Shipe	Kathleen B. Mingle and Peter Van-Der-Munnik
Conway		Single-Family Residence	\$1,070,000		
Conway	22 Willow Rd.	Single-Family Residence	\$327,533	Susan A. Burkett	David R. Boslee
Conway	N/A	N/A	\$470,000	David & Evelyn Breeden Trust and Richard A	
Effingham	72 Stevens Rd.	Single-Family Residence	\$75,133	William J., Jr. and Valerie Larkin	Alton Pittsburg LLC
Freedom	260 Rice Hill Rd.	Single-Family Residence	\$111,000	William C. and Susan M. Day	Jenny Stmichael and Ryan Day
Freedom	103 Washington Rd., Unit 31		\$295,000	Sean C. and Diana L. Connolly	Jennifer M. Carlson
Freedom	N/A	N/A	\$1,480,000	Charlotte McKinnon	Lavabix Properties LLC
Madison	16 Grison Rd.	Single-Family Residence	\$689,000	David A. Oxford	Joseph J. and Maryann Scolaro
Madison	40 Hutwill Dr.	Single-Family Residence	\$795,000	Adam Osmolski and Marta Gielazyn	Jeffrey and Chasity Parr
Madison	Tonline Road	N/A	\$740,000	Richard and Kelly Peters	Steven J. and Tammy L. Alsh
Madison	N/A	N/A	\$10,000	Daniel and Carolyn Yule	Jory D. Bailey
Madison	N/A (Lot D)	N/A	\$825,000	John H. Frenz 2014 RET and Michael J. Frenz	
New Durham	Coburn Road	N/A	\$48,000	Sally J. Dube RET	Ashley Tomblin and Ann Webb-Tomblin
New Durham	N/A	N/A	\$700,000	Matthew Woodruff	Donald & C. Engelbert RET
Ossipee	124 Hanson Rd.	ResMtl. Bldg.	\$340,000	David A. and William L. Stout	Michael and Lauren Brundige
Ossipee	74 Newman Drew Rd.	Residential Open Land	\$160,000	Robert J. and Jody M. Desmond	Michael A. and Nicole Reilly
Ossipee	76 Newman Drew Rd.	Mobile Home	\$160,000	Robert J. and Jody M. Desmond	Michael A. and Nicole Reilly
Ossipee	335 Route 16B	Mixed Use (Commercial/Ind		Calderood Re Corp.	Lakes Region Holdings LLC
Ossipee	Thurley Road	N/A	\$77,000	Van E. Hertel, Sr.	Eric and Elena Trottier
Ossipee	N/A (Lot 2)	N/A	\$300,000	Amy M. and Todd Godolowski	E&T LLC
Tuftonboro	19 Merrymount Rd.	Single-Family Residence	\$111,200	Thomas H. Fuller	Stefan M. Block
Tuftonboro	Sandy Knoll Road	N/A	\$3,200,000	Jean P. Whitten 1999 Trust and James A. Stock	
Wakefield	786 Acton Ridge Rd.	Single-Family Residence	\$690,000	Takis Fiscal Trust and Harry J. Takis	Steven J. and Deanna L. Fair
Wakefield	Acton Ridge Road	N/A	\$435,000	John R. Anderson RET	Jacob P. and Jenare L. Lemanski
Wakefield	270 Beverly Hills Dr.	Single-Family Residence	\$750,000	Linda A. and Daniel A. Reisner	Lyn A. and Ryan F. Vercellone
Wakefield	Province Lake Road	N/A	\$514,800	Karen B. Taylor	R. & Jacueline Poers Fiscal Trust
Wakefield	N/A	N/A	\$1,000,000	David P. and Annmarie Starrett	Donna Vanderhoof
Wakefield	N/A	N/A	\$130,533	John & A.M. McGuinness RET and Susan M. I	EdardsHockhousen LT and George Hockhousen II
Wakefield	N/A	N/A	\$99,000	Laurie Bixby	Michael and Judith O'Toole
Wakefield	N/A	N/A	\$520,000	W.I. Rubinson RET and Wayne A. Robinson	Anderson RET and John R. Anderson
Wolfeboro	Pine Hill Road	N/A	\$544,533	Timothy and Sarah C. Christian	Bruce and Barbara Paris
Wolfeboro	37 Port Wedeln Rd.	Single-Family Residence	\$550,000	Steven L. and Sarah A. Day	Matthew Guimond and April Green
Wolfeboro	685 S. Main St.	Multi-Family Residence	\$550,000	J. & Michael Mellon RET	Shane M. Collins
Wolfeboro	N/A	N/A	\$65,000		ull Steam Consulting RET and Nathan W. Dickey
AROUT	THE DEVI DED	volve add			2. Copyright 2011. Real Data Corp. In the col-

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might in-

volve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

Γ and Nathan W. Dickey or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com



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Gilmanton: Year-round cottage in a Sandwich: Tucked away on 5.5 desirable water-access community! acres, this brick ranch offers Oversized lot on a private knoll, steps to beaches on Sawyer Lake. Features Corian countertops, newer metal roof, updates

throughout.

MLS# 5059320

privacy, nature, and comfort. Features include granite kitchen, 3-season room, marble fireplace, orchard, trails, metal roof, garage, and beach/boat access.

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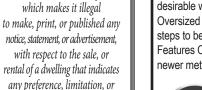
MLS# 5059086

Thornton: Views galore! This Cone Mountain log home offers stunning Sandwich Notch vistas year-round. Features include a great room with cathedral ceiling, woodstove, loft, primary suite, walkout basement, and deck. Close to recreation.



4BR, 4BA colonial on 1.57 acres with flexible layout featuring two primary suites, large kitchen, multiple living areas, charming farmer's porch, oversized deck, and dual garages. Just minutes to town, golf, skiing, hiking, boating, and resident-only beaches.

* Statistics obtained from NEREN for the past 26 years since 1997 for all real estate firms reporting sales in the entire state of NH during that time.



with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sec, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

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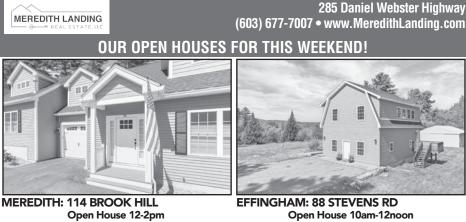
or write The Commission at 163 Loudon Road, Concord, NH 03301

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Sweepstakes Social returns Sept. 12 to benefit Greater Lakes Region Children's Auction

LACONIA — Tickets are now available for the annual Sweepstakes Social fundraiser held dockside aboard the M/S Mount Washington on Weirs Beach from 5:30-7:30 p.m. Friday, Sept. 12. Funds raised will benefit the Greater Lakes Region Children's Auction.

MVSB (Meredith Vil-

proud to support the ference for local children event with a \$5,000 sponsorship.

"We're thrilled to see the Sweepstakes Social become a cherished tradition, bringing people together for a night of celebration and generosity," said Jennifer Beetle, Children's Auction 2025 Pub Mania Chairperson. "Every ticket purchased

"This event is a wonderful reminder of how our community rallies to support kids and families," said Susan Dagostino, MVSB Branch & Business Development Manager. "We're honored to be part of an evening that combines fun, philanthropy, and the chance to give back in such a meaningful way."

and the organizations

that support them. We'll

be giving away \$15,000 in

cash prizes with match-

ing amounts going to

the Challenge Teams for

a total of \$30,000 award-

Only 300 tickets for \$100 each will be sold. Each ticket includes admission for two, one entry, light appetizers, music, dancing and a cash bar. Go tobids.childrensauction. com/?page=sweepstakes_social to learn more.

MVSB has been serving the essential banking needs of people, businesses, nonprofits and municipalities for more than 150 years. As a mutual savings bank, MVSB has no stockholders but rather operates for the benefit of its customers, employees and community. Since founding, one thing has always remained true: caring is at the heart of everything we do. By building and nurturing relationships, we believe that we can cultivate a community where we all thrive. It all starts with caring about our customers and neighbors. To learn more, visit any of the local branch offices located in New Hampshire in Alton, Ashland, Center Harbor, Exeter,



Allan Beetle, host of Pub Mania, stands with Tate Miller, MVSB Commercial Loan Officer, Samantha LeClair, MVSB Business Development Officer, Susan Dagostino, MVSB Branch & Business Development Officer, and James Morash, M/S Mount Washington Captain.

Gilford, Laconia, Melvin or Wolfeboro, call 800-Village, Meredith, Moultonborough, Plymouth, Portsmouth. Rochester

922-6872 or visit mysb.

lage Savings Bank) is helps us make a real dif-Craftsmen Gallery offers Soldering 101 with Joy Raskin



MEREDITH us at the League of NH Craftsmen – Meredith Fine Craft Gallery on Saturday, Sept. 20 from 10:30 a.m. – 4:30 p.m. for a Soldering 101 Class with juried artist Joy Raskin.

Have you ever wanted to learn soldering or improve your soldering skills? Or not sure how to set up your own soldering torch and tank? This class will cover the basics of how to set up your own soldering torch and tank, safety concerns, and a place to solder. We will cover all the soldering basics from butt joints to stick soldering. We will work on soldering and help you gain confidence in your soldering skills. Great for those who have been taking jewelry classes but want to

improve on soldering as well as those who want to understand soldering.

Tuition is \$75 per student. Materials fee is \$25, paid cash or check to the instructor on the day of

Space is limited and pre-registration is required.

Those who wish to take the class MUST sign up by Wednesday, Sept.

To register for this workshop call League of NH Craftsmen Meredith Fine Craft Gallery at (603) 279-7920 or visit the Gallery at 279 Daniel Webster Highway in Meredith.

For more details, visit our website at http:// meredith.nhcrafts.org/ classes/ and our Facebook page at http:// www.facebook.com/

nhcraft/ The League of NH Meredith Craftsmen Fine Craft Gallery is located at 279 DW Highway, Meredith, and is dedicated to the education and support of New Hampshire's fine craft tradition since 1932.

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Belletetes is a 5th generation, family-owned building materials supply company that has been in business for over 125 years. With 10 locations throughout NH and MA, we believe our employees are our biggest asset!

When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within. We offer an industry leading benefits package that includes competitive wages, health insurance, life insurance, paid vacation, paid time-off, paid holidays, paid bereavement leave, profit sharing, 401k and store discounts.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, Manager 20 West Street, Ashland, NH 03217

E.O.E. or you may email to duhlman@belletetes.com

REGIONAL SCHOOL DISTRICT

WINNISQUAM

The WRSD Budget Committee has a vacancy it seeks to fill from the town of Tilton until the 2026 annual meeting of the School District. Registered voters from the town of Tilton who are interested in applying for this position may submit a letter stating their intentions to:

Chairperson

Winnisquam Regional **Budget Committee** 433 West Main Street, Tilton, NH 03276

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Belletetes is a 5th generation, family-owned building materials supply company that has been in business for over 125 years. Are you looking to join a company that treats their employees like family? We believe our employees are our biggest asset!

When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within. We offer an industry leading benefits package that includes competitive wages, health insurance, life insurance, paid vacation, paid time-off, paid holidays, paid bereavement leave, profit sharing, 401k and store discounts.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, c/o Belletetes Inc. 20 West Street, Ashland, NH 03217 or you may email to duhlman@belletetes.com





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