



GHS Class of 2022 graduates

BY ERIN PLUMMER
mnews@salmonpress.news

The Gilford High School Class of 2022 walked down the stage at Bank of New Hampshire Pavilion for graduation where speakers reflected on the class' resilience, individuality, and capacity to care.

Seniors took the stage on Friday night with hundreds of family members and friends in the audience.

"I couldn't be more proud of each and every one of you and know everyone here is supporting you," said GHS Principal Anthony Sperazzo.

He said without everyone's support they couldn't accomplish what they have over the past four years, especially during the past two years. Sperazzo said the students worked through all the chaos of COVID and through masks, quarantining, social distancing, remote learning, and so many other restrictions. He said they have learned so many lessons and have



PHOTOS BY ERIN PLUMMER

Seniors Adreana Campo, Anna Cook, Caitlyn Costa, Hale Kutuk, Ethan Nowack, Mackenzie Roys, and Mitchell Townsend perform "Onto Something Now" composed by Anna Cook, Adreana Campo, and Ethan Nowack.

been flexible through everything.

"You're going to be stronger and more resilient than everybody else

because of the adversity you faced," Sperazzo said.

Class president Catherine Stow said she has

seen all the different strengths and personalities in the class and said this class is an example of what diversity is.

"We have built a community for ourselves where everyone has an interest," Stow said.

She said all the se-

niors are taking a brave step forward into their futures. She recalled when the seniors went to Gilford Elementary School and met the different kindergarten classes. The kindergarteners gave them numerous suggestions for careers from pilot and zookeeper to Red Power Ranger.

"I know with dedication and hard work we'll all reach a point where what we do for a living isn't just a job but something we love," Stow said.

Salutatorian Avery Marshall said everyone has had different experiences, but they were all together on that stage.

"There have been some ups and downs, but our experiences have shaped who we are today," Marshall said.

She said started out as nervous freshmen entering GHS for the first time.

"We somehow managed to get through it where we've experi-

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Local officials, organizers kick off Bike Week

BY ERIN PLUMMER
mnews@salmonpress.news

LACONIA — Bike Week organizers and local officials spoke about the event's legacy going into its 99th year and celebrated the many people who make the rally possible.

The 99th annual Laconia Bike Week is now underway and will continue through this Sunday. Organizers and local dignitaries kicked off the event with an opening press conference on Thursday at the Colonial Theater.

Laconia Motorcycle Association board president Cynthia Makris said this is not only the oldest motorcycle rally it's a legacy event.

"We stand out from the crowd, providing a long-lasting future, ensuring our attendees have something to remember for years to come," Makris said. "New Hampshire's welcoming hospitality along with our natural beauty and stunning riding has assured our place in history for the past nine decades. Our success is built upon the amazing people of New Hampshire who make this happen year after year."

Gov. Chris Sununu recognized he nearly year-long effort that goes into putting this event together and the collaborations that make sure everyone has a great time. He said Bike Week is a kickoff for New Hampshire's tourist season and greatly supports the economy.

"This is the place people want to be and so having a key and marquee event like this that kind of launches our summer, but also highlights everything we have to be so proud of in the 603 and the Granite State showing a little of what that 'Live free or die' spirit is all about is really great," Sununu said.

Laconia Mayor Andrew Hosmer said the city is excited to start Bike Week and welcome people from around the world to enjoy the best of the area.

"Certainly, one of the many attributes of our city is we really know how to throw a party and have a good time," Hosmer said of Bike Week and many other events in the city.

He said this event is "critically important" to local businesses and the local economy.

Hosmer also paid tribute to the late Laconia Mayor Ed Engler, for which the Colonial Theater's auditorium was named, saying this event was bitter-sweet.

SEE BIKE WEEK PAGE 3

Scholarships presented to GHS seniors

BY ERIN PLUMMER
mnews@salmonpress.news

Thousands of dollars in scholarship money were awarded to several Gilford High School seniors during the annual scholarship night.

Last Thursday night, seniors walked up the aisles of the GHS auditorium led by bagpiper Charles Campbell to the stage in front of family and friends.

GHS Principal Anthony Sperazzo said while the last four years have

been challenging for the students, the past two years with the pandemic have been especially difficult.

"I'm inspired by the adaptability that they have shown," Sperazzo said.

He thanked everyone involved in that night including the donors and memorial funds.

"Not only have you impressed them, but they have found in you some of the same quali-

ty as their loved ones," Sperazzo said.

Several students received scholarships individually.

Vanessa Genakos received the Ava Doris Memorial Scholarship and the Gilford Education Association Scholarship.

Hale Kutuk was awarded the Tri-Town Democrats Essay Contest Award, the Gilman-ton American Legion Auxiliary Leonard and

Ruth Stockwell Award, and the Jenni Ann Harmon Memorial Scholarship.

Avery Marshall was presented the DAR Good Citizenship Award.

Marlow Mikulis received the Chelsea R. Bowen Memorial Scholarship.

Ethan Nowack was awarded the Amy Annis Memorial Scholarship.

Mackenzie Roys was given the NHTM Kent

SEE SCHOLARSHIPS PAGE 8

Summer Music Series to open at Gilford Community Church

On Sunday, June 12 as part of its regular Sunday service at 10 a.m., Gilford Community Church (GCC) will host the first performance of its Summer Music Series with musicians Michael Wernig and Chris Tompkins.

A recent graduate of UNH, Wernig currently works at Newmarket Parks and Recreation and offers private piano lessons. Performing at GCC since he was a young adult, Tompkins has stayed at Lake Shore Park in Gilford for the summer for more than 55 years. During Sunday's service, Wernig will play My Romance and Rhapsody in Blue, while Tompkins will sing gospel and also sing a duet, "There Was Jesus,"



with Cindie Graham.

"We are thrilled to welcome both musicians here to kick off our Summer Music Series," said Pastor Michael Graham, who noted that GCC's Sunday services in the

summer are "full of music." "Our services, especially in the summer, feature beautiful, live music and sermons meant to inspire people to think critically and with their hearts...I do not preach dogma."

GCC's Summer Music Series continues weekly every Sunday through September 4. Featuring all musical styles from classical to contemporary, per-

SEE MUSIC PAGE 9

ALMANAC

Notes from the Gilford Public Library

Classes & Special Events
June 16 - June 23

Thursday, June 16
Geri Fit, 9-10 a.m.
Life Story Workshops: Legacy Letters, 2-4 p.m.

You possess an important non-financial legacy that you could share with family, friends, and future generations. Do you have

wisdom to pass along? Lessons learned from your life? How about sharing your values, beliefs, gratitudes, traditions? Legacy letters, also called ethical wills, help express and preserve in letter form what matters most to you. Join us in this single-session, interactive workshop to learn how to clearly capture the legacy gifts that you have to offer

from your unique and precious life, and begin crafting your own lasting legacy letter. Journals will be provided.

Book Discussion: The Girl with the Louding Voice, 2:30-3:30 p.m.

This month's book is "The Girl with the Louding Voice" by Abi Dare. Books are available at the front desk.

French Club, 4-5 p.m.

Friday, June 17
Senior Sculpt, 9-10 a.m.
Bridge, 10:30am-11:30 a.m.

1000 Books Before Kindergarten Graduation!, 10:30-11:30 a.m.

Hand & Foot, 12:30-2:30 p.m.

Happy Crafters, 1:30-2:30 p.m.

Advanced Conversational German, 2:30-3:30

p.m.
Beginner Line Dancing, 4-5 p.m.

Saturday, June 18
Birdwatching, 8-9:30 a.m.

Come walk through the woods around the library with Steve Hale, an avid hiker, birder, and experienced naturalist. Steve loves to share his experience and knowledge with others. Discover the art of bird watching.

Birdwatching Lecture, 9:30-10:30 a.m.

Come hear Steve Hale, an avid hiker, birder, and experienced naturalist. Steve loves to share his experience and knowledge with others.

Beginner Line Dancing, 10:30-11:30 a.m.

Father's Day Craft, 10:30 a.m.-noon

Make a building memories jar for your dad!

Monday, June 20
Geri Fit, 9-10 a.m.
Tai Chi, 10-11 a.m.
Mahjong, 12:30-1:30 p.m.

Tuesday, June 21
Senior Sculpt, 9-10 a.m.

Bridge, 10:30 a.m.-noon

Intermediate Line Dancing, 4-5 p.m.

NH Rocks that Rock!, 6-7:30 p.m.

Author Dan Szczesny ("NH Rocks That Rock," "The White Mountain: Rediscovering Mount Washington's Hidden Culture") and his daughter went on a statewide adventure to see and learn about 25 of New Hampshire's most famous rocks. Now, they

are sharing their finds with you! Discussion to follow.

Wednesday, June 22
Check out an Expert, 10 a.m.-noon

Chess Group, 1-3 p.m.

Make Your Own Body Scrub, 6-7 p.m.

Come and make your own body scrub with Kim from Scentology.

Thursday, June 23
Geri Fit, 9-10 a.m.
French, 4-5 p.m.

Summer Reading Program Kickoff, 4-5 p.m.

Celebrate our SRP Kick Off by signing-up today and enjoying Magic Fred's Show with some ice cream! There will be games, music and more, so don't forget to stop by!

Gilford Public Library Top Ten Requests

1. "Sparring Partners" by John Grisham
2. "The Investigator" by John Sandford
3. "The Homewreckers" by Mary Kay Andrews
4. "The Hotel Nantucket" by Elin Hilderbrand
5. "22 Seconds" by James Patterson
6. "Lessons In Chemistry" by Bonnie Garmus
7. "People We Meet on Vacation" by Emily Henry
8. "Shadows Reel" by C.J Box
9. "The Summer Place" by Jennifer Weiner

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The Gilford Police Department reported the following arrests during the week of June 1-8.

A 29-year-old male from Gilford was involuntarily admitted for emergency treatment on June 1.

A 22-year-old male and 21-year-old male, both from South Dartmouth, Mass., were taken into protective custody for intoxication on June 1.

Two 22-year-old males from Holderness were taken into protective custody for intoxication on June 1.

Colin J. Arner, age 19, of Carabassett, Maine was arrested on June 2 for Unlawful Possession of Alcohol. A juvenile, age 17, was arrested during the same incident, also for Unlawful Possession of Alcohol.

A 23-year-old male from Westford, Mass.

was taken into protective custody for intoxication on June 2.

Sawyer Sweet, age 19, of Topsham, Vt. was arrested on June 2 for Unlawful Possession of Alcohol.

A 24-year-old female from Manchester was taken into protective custody for intoxication on June 2.

A 39-year-old female from Littleton was taken into protective custody for intoxication on June 2.

A 28-year-old female from Littleton was taken into protective custody for intoxication on June 2.

Rachel A. Reyes, age 40, of Sanford, Maine was arrested on June 2 for Resisting Arrest or Detention and Simple Assault resulting in Physical Contact or Bodily Injury.

Alexandra N. Abra-

ham, age 33, of Gloucester, Mass. was arrested on June 2 for Domestic Violence-Simple Assault-Bodily Injury and Domestic Violence-Simple Assault, Physical Contact.

Eric French, age 37, of Laconia was arrested on June 3 for multiple counts of Breach of Bail.

Robert P. Chase, age 35, of Dover was arrested on June 3 for Driving After Revocation or Suspension and in connection with a warrant.

Douglas K. Moore, age 33, of Alfred, Maine was arrested on June 3 for Resisting Arrest or Detention and Domestic Violence-Simple Assault-Physical Contact.

A 59-year-old from Northwood was taken into protective custody for undisclosed reasons on June 3.

Lauren E. Konarski, age 18, of S. Chittenden,

Vt. was arrested on June 3 for undisclosed reasons.

Andrew Haskell Cavanaugh, age 21, of Merrimac, Mass. was arrested on June 3 for DUI-Impairment. Michael James Cavanaugh, age 19, of Merrimac, Mass. and Laci Kendal Swift, age 19, of Methuen, Mass. were arrested during the same incident for Unlawful Possession of Alcohol.

Patrick E. Gilmartin, age 37, of Gilford was arrested on June 4 for Driving After Revocation or Suspension for DUI.

John P. McCarthy, age 38, of Gilford was arrested on June 8 for Driving After Revocation or Suspension (subsequent offense) and Breach of Bail Conditions.

Locals compete in New England Track Championships

BY JOSHUA SPAULDING

Sports Editor

NEW BRITAIN, Conn. — Local athletes represented New Hampshire well at the New England Interscholastic Track and Field Cham-

pionships, held on Saturday, June 11, at Veteran's Stadium in New Britain, Conn.

Kennett sophomore Aida Wheat qualified in a pair of individual events, running to 15th

place in the 100 meters with a time of 12.75 seconds and then ran to eighth place in the 200 meters with her time of 25.74 seconds.

Kennett freshman Piper Lopashanski competed in the 400 meters, finishing in a time of 1:00.01 for 13th place.

Plymouth's Katherine Luehrs ran to 13th place in the 100-meter hurdles with a time of 15.8 seconds.

The Kingswood 4X400-meter team of Lauren MacPhee, Rowan Donovan-Lavolette, Kylie Rapoza and Marcella DeNitto finished in a tie of 4:10.92, which placed them 15th overall.

In the discus, Isabelle LaPlume of Newfound finished with a toss of 98

feet, three inches, which placed her in 27th place overall.

Patrick Gandini of Gilford finished in sixth place in the 3,200 meters, finishing in 9:16.72.

Curtis Smoker of Plymouth finished in 15th place in the long jump with a distance of 20 feet, 10 inches.

In the triple jump, Gilford's Anthony Had-docks finished in 21st place with a best jump of 40 feet, nine inches.

Kingswood's Ethan Arnold finished in 19th place in the javelin with a toss of 154 feet.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-press.news.

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Three decades-long tradition revs on

LACONIA — As one of the oldest Rotary Clubs in District 7870 (chartered in 1925), it's only fitting that Laconia Rotary Club partner with the World's Oldest Motorcycle Rally, Laconia Motorcycle Week, for an annual fundraiser.

For 30-years, Laconia Rotary's biggest fundraiser has been a motorcycle raffle. A limited number of tickets (\$20 each) have been on sale since early Spring and the event concludes on the last day of Laconia Motorcycle Week when

the Club announces the winner of a brand-new 2022 Harley-Davidson right on Lakeside Avenue in the heart of Weirs Beach. This year the drawing will be on Father's Day, Sunday, June 19 at 4 p.m.

Proceeds from the raffle directly benefit the Lakes Region community, including organizations such as The Lakes Region Scholarship Foundation, Boys & Girls Club of Central NH, Got Lunch Laconia, Belknap Mill Society, Gale Memorial Library, Laconia Little League,



COURTESY
The winner of Laconia Rotary's 30th Annual Charity Raffle will receive a 2022 White Sand Pearl Harley-Davidson Street Glide.

NH Veterans' Association and many more.

Laconia Rotary has supported the Lakes Re-

gion Scholarship Foundation for 64-years with scholarship contributions totaling \$354,500!

Additionally, Laconia Rotary Club makes an annual financial commitment to the Rotary International Foundation, helping to provide financial support for global projects, such as providing clean water and emergency shelter boxes to people living in third-world countries.

This year's motorcycle is a 2022 White Sand Pearl Harley-Davidson Street Glide.

Laconia Rotary is part of an international network that values service above self, provides humanitarian service,

encourages high ethical standards in all vocations, and helps build goodwill and peace in the world. Laconia Rotary typically meets every Thursday at noon at the Belknap Mill in Laconia. All are welcome. Please write to LaconiaRotary@gmail.com to let us know you'll be attending. Visit www.LaconiaRotary.org for more information about the club.

WinnAero graduate attains commercial pilot certification

LACONIA — Jacob Marshall, son of David and Carrie Marshall of Laconia, recently earned his Commercial Pilot's Certification with Multi-Engine-Instrument ratings through the aviation curriculum at Virginia's Averett University.

Marshall has had a long-standing interest in flying and learned of opportunities available by attending WinnAero's ACE Academy Summer Camp at the Laconia Airport.

An ACE attendee in 2017 as a high school student at Bishop Brady High School, he reflected that "I knew from

the first day I got to fly at WinnAero, I wanted to pursue being a pilot. From then on, it just became a true passion of mine."

He subsequently took flight lessons and earned his Private Pilot's license before heading off to college at Averett where he just completed his junior year. Jacob is an Aerospace/Criminal Justice major with an emphasis on flight operations. He is also President of the Averett University Flying Cougars Flight Team which, last year, placed second in regional competition and earned Jacob and his team qualification

for National Intercollegiate Flying Association (NIFA) competitive events. Jacob has experience with church missionary work which he enjoyed and hopes to apply his flying skills after college graduation serving as a missions pilot.

When asked to reflect on all he has learned about flying since that initial WinnAero flight, Marshall said "Do everything with your whole heart and keep your eyes on your goal. Aviation has its days and trials, but hard work and perseverance will take you a long way."

He credits his time as an aviation student at



COURTESY
Jacob in front of the Averett University's twin-engine Beechcraft 76 Duchess.

Averett with learning much about professionalism and being challenged to always step up his game.

On a humorous note,

he added, "Airplanes don't have rear view mirrors for a reason. Always stay two steps ahead of the airplane and never look back."

Sage advice for, and from, any pilot.

~ Comfort Keepers ~

Local Comfort Keepers® franchise owner presented with President's Club Award for third year

PLYMOUTH — Martha Swats was recently honored as part of the Comfort Keepers®' President's Club during the 2022 Comfort Keepers Leadership Connect Conference in Anaheim, California. The President's Club award is presented to the top 25 Comfort Keepers franchisees whose local franchises have generated the highest revenue in the previous year within a single territory.

"To be recognized at the national level is a special achievement,"

notes Swats. "I am proud to accept this award, and it's an honor to own a local business that can elevate the human spirit of seniors and other adult clients. We work hard to help our clients achieve a more purposeful life, no matter their age or acuity."

For ten years, Swats has been serving the central and northern New Hampshire, delivering quality in-home care to seniors throughout the region.

Comfort Keepers works with clients and

their families to provide a host of services that enable older adults to live independently in their own homes.

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dry and housekeeping to meal preparation and transportation. Learn more about how we can help seniors and other adult clients by contacting your local Comfort Keepers location today.

About Comfort Keepers Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mo-

bility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes.

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Hampshire residents since 2005. Let us help you stay independent.

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Belknap EDC welcomes Amanda Dudek to team



Amanda Dudek

LACONIA — Belknap EDC is pleased to welcome Amanda Dudek to the team as the Marketing and Program Navigator. The position is funded by the SBA (Small Business Administration) Community Navigator Pilot Program, which focuses on addressing the barriers encountered by socially and economically disadvantaged small

businesses and entrepreneurs. Her role is to help enhance Belknap EDC's marketing efforts and strategic program initiatives.

Dudek grew up in Laconia and graduated from Laconia High School before moving on to Plymouth State University, where she earned a Bachelor's degree in marketing. Upon graduation, she obtained a Master's degree in digital marketing, and built a successful career in sales, marketing, and management in southern New Hampshire. She has since returned home to build her life in the Lakes Region.

Dudek has worked with local non-profits and schools and is now looking forward to helping businesses in the

area thrive.

She says, "I am thrilled to be working for Belknap EDC. I've had the opportunity to speak with a few local business owners who have received assistance from Belknap EDC, and it's so exciting to hear how the organization helped them get their dreams off the ground. I am looking forward to being a part of that."

Belknap Executive Director, Justin Slattery adds, "We are very excited to welcome Amanda to the team and to work on better supporting the underserved business owners and entrepreneurs in the area."

To learn more, visit BelknapEDC.org.

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OPINION

Make the most of the life ahead of you

Students around the region are flipping tassels this week, participating in a traditional rite of passage, generally symbolizing their transition to adulthood. With more and more people becoming vaccinated, ceremonies are looking a bit more traditional than they did last year.

Many seniors and their underclassmen counterparts have faced big changes as they navigate the world after a global pandemic. This time in an 18-year-old's life is still quite pivotal.

Students will be bombarded with advice and speeches as these final weeks unfold. Our favorite bit of advice, however, is the following:

1. Don't smoke
2. Drink plenty of water every day
3. Wear sunscreen (your 40-year-old selves will thank you)
4. Spend as much time as humanly possible outside; and
5. Watch the Back to the Future trilogy.

The most important thing you can do, however, is to find out who you are. From there, the entire world opens up. Do not limit your lives to the same scene and same people you have always surrounded yourself with. This doesn't mean you need to forget people or places, it simply means that now is a great time to branch out. The more people you meet in different places, with different experiences will shed light on who you really are.

Always remember your roots. These are what has shaped you and prepared you for your next chapter. Remember how important your community has been to you, and remember to always give back.

Always practice kindness, even when it's hard. The world can aggravate and frustrate the most mellow of us. Anger is a normal human emotion, however it's what you do with it that really matters. If you have disagreements or you think the way you feel about a certain issue is correct, remember to not let your anger take you over. It never feels good, plus harboring too much anger and discontent ages us, plus it's really no fun. The more fun and kindness you have in your life, the happier you are. Try to find balance between your work and your leisure time. Spend time doing the things you love, and never forget what those things are, despite how busy your life may become.

As you go through life, you will make mistakes. None of us are perfect and mistakes can actually define who we become if we learn from them. The best formula for mistake making, is to own up to them, have some self-awareness, be gentle on yourself, learn, then move on. Simple.

Remember to follow your own gut, always, no matter what. This is your life, and you need to make it what it is and what it will be.

Congratulations to the class of 2022!



Visitors to Laconia-Harley Davidson shop around 30 vendors in the parking lots of LHD and Hart's Turkey Farm.

Bike Week's back at Laconia Harley Davidson

Bikes gather at the back lot of Hart's Turkey Farm late Sunday afternoon.



PHOTO BY ERIN PLUMMER

Laconia Harley-Davidson in Meredith is once again a hub of activity during Laconia Motorcycle Week. Visitors can peruse a collection of vendors, enjoy live music, sample food and drink, and look over the dealership's stock of bikes.

North Country Notebook

Hints on the landscape's past, and handed-down family history



By JOHN HARRIGAN
COLUMNIST

Those who study movements of the earth's crust tell us that the Connecticut River flows along one of the great rifts between plates that are pulling apart from each other. This gives rise to some great give and take today between New Hampshire and Vermont as to which state, given the slight tilt of one plate going under the other, is gaining land over time.

Similarly, the Thingvellir rift in Iceland is the result of the North American and Eurasian plates pulling away from each other by about one centimeter, or about four-tenths of an inch, per year.

Icelanders have a thing about Things. If I went to Iceland, I'd want to bone up first on regional history, which I've read. I'd want to visit the Thingvellir Rift, which is much more dramatic than most of the world's great rifts. I'd also want to visit the Althing, Iceland's ancient parliamentary body, founded in 930 A.D., half a century before Columbus struck out on the ocean blue.

+++++

I'm pretty much a place-based person, meaning that I've always felt a strong connection to the landscape. I've been aware of this since my first trip through the zig-zagging old riverbed above Beaver Brook Falls.

This 80-foot Ice-Age waterfall is one of New Hampshire's best-kept secrets, and is right along Route 145, the



COURTESY

With great photographs like this, I don't really need to go to Iceland. It shows the Thingvellir Rift and Iceland's largest freshwater lake, formed by surrounding volcanos. (Courtesy National Geographic)

so-called "back road to Pittsburg." Local Kiwanians maintain a well-kept little roadside park there.

Ever since our parents drove us up to Clarksville Pond to visit longtime family friends, I've wondered what formed that deep, dark little canyon above the falls. At one time, a stupendous amount of water flowed out from under the ice just to the north, at Stewartstown Hollow. I know some of this from my lifetime friendship with Doc Gifford, another longtime family friend, and from a lifetime of reading ever since.

We heard nothing in school about glaciers, certainly nothing to connect the latest glacier (about 15,000 years ago) to the present-day landscape we know. But I can easily imagine the scene, when water was flowing from beneath glacial ice backed up by the bedrock dike at Stewartstown Hollow.

Some of this water came out from under the ice and crept over the dike, and first flowed gently along, but was of such volume that it



JOHN HARRIGAN

The Connecticut River runs free in this photo, taken from Route 3 just below Pittsburg village. It is one of the few places in its 406-mile course to the sea that it can do so.

gained speed, and hit the adjoining bedrock walls with such speed that it bounced back and forth, creating the riverbed that Route 145 follows today. The roar must have been deafening.

Above this dike the water slowed enough to drop some of its silt, forming the swamp we can still see today. Some of the water changed course and went down Bishop Brook valley. The rest went west to bounce around a bit and create the out-wash that became Colebrook.

In more recent life, I've walked, run, and biked the route, and today can talk about what happened there. I've also seen the canyon

from above, during deer-hunting days. The dike is still there, of course, right where South Hill Road and Bear Rock Road meet the macadam.

+++++

What I have a more difficult time explaining are the other topographical mysteries around the region. For instance, why does the Connecticut River, as it flows down the great rift, take a hard right at Beecher Falls and head for Pittsburg?

Could it be because of an obstruction not so deep in the earth's crust—perhaps no more than an intrusion of magma—

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TO PRINT AN OBITUARY:
E-MAIL: obituar ies@salmonpress.news
CALL: 603-677-9084

TO SUBMIT A LETTER
TO THE EDITOR:
E-MAIL: brendan@salmonpress.news

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PRESIDENT & PUBLISHER
FRANK G. CHILINSKI
(603) 677-9083
frank@salmonpress.news

BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

OPERATIONS DIRECTOR
JIM DINICOLA
(508) 764-4325

DISTRIBUTION MANAGER
JIM HINCKLEY
(603) 279-4516

MANAGING EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news

PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie@salmonpress.news

USPS 024967

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Bike Week honors Ed Fisher



Laconia Mayor Andrew Hosmer honors Ed Fisher with a proclamation that June 11, 2022, would be Ed Fisher Day.

COURTESY PHOTO

NOTEBOOK

CONTINUED FROM PAGE A4

-that is, if only temporarily, enough to overcome the effects of the rift? We must remember, here, that a glacier and 15,000 years are little more than an eye blink over the long course of time.

One hint to the answer is a deep, steep-sided trench just north of West Stewartstown village, in between it and Beecher Falls. Despite the allure of the topo maps, and with the passage of time and seemingly more important things, I've never been there.

Readers have a way of reacting to scenarios like this, and I would not be all that surprised to receive a note from some denizen of Stewartstown, beginning with "You dummy."

+++++

Beecher Falls is named for the family that homesteaded just above the falls and built the first sawmill. Above that point, the river is no longer the boundary between New Hampshire and Vermont.

In the late 1700s, northern New Hampshire and Vermont were at the ends of the earth, at least for European nobility and explorers---wild places between the French settlements in Canada and the English colonies around Boston and the Gulf of Maine. These settlements were often at official war with each other, based on the whims of European powers. Jesuit missionaries were seen accompanying raids during the French and Indian War, causing a faith-based resentment that continues to this day.

Traders from frontier towns on both sides held to the region's habitual business-as-usual attitude, meanwhile, and visited far-flung villages and settlements. Meanwhile, speculators sold

land "belonging" to the Abenaki (people of the Dawn Land), who had no comprehension of private ownership.

During this interim, long-established Abenaki trails connected people on both sides of what would become the border. The occasional Abenaki long-distance dog-trotters---warriors with a special status---traveled "over the hump" between Canada and the English settlements, bearing ransom notes to frantic families about captives taken in raids there and now held captive in Quebec and Montreal.

But those were relatively modern events, nothing to match the geologic and human questions at hand. What caused the Connecticut to veer east, when the Hall's Stream Valley offered a seemingly easier course? Do the ancient and long-dormant volcanos at Megantic, Monadnock (Vermont's Monadnock), Northumberland, Ascutney, and on down to Georgia really belong with the long-ago plate of Gowanda?

Were we indeed once part of what is now Africa? And what ancient force made that deep cut in the earth just to the south of Beecher Falls?

(This column is syndicated in newspapers from Concord to Canada. Please address mail, including phone numbers for questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

BY ERIN PLUMMER
mnews@salmonpress.news

LACONIA — This year's Bike Week features a motorcycle racing legend honored with his own day and a big title at this past weekend's vintage races.

During Bike Week's opening press conference on Thursday, Laconia Mayor Andrew Hosmer declared June 11, 2022, Ed Fisher Day in honor of Fisher's 97th birthday happening on the same day he and his son Gary would serve as grand marshals for the FIM North America Vintage Championships at New Hampshire Motor Speedway.

Fisher is a veteran motorcycle racer who famously won the Laconia Classic in 1953.

Hosmer gave a proclamation and described Fisher's history.

Ed Fisher was born on June 11, 1925, in Gap, Penn. He had an interest in motorcycles from an early age and his first cycle was a 1941 Indian Scout Pony.

Fisher joined the US Army during World War II, serving in Germany. Hosmer said when he was in motor mechanic training, he had his bike shipped to his base so he could ride it during off

time.

Fisher returned home after the war and bought an Indian Chief motorcycle, then started racing for Indian Motorcycles. In the early 1950's Indian stopped manufacturing, but he was offered a special factory cycle from Triumph.

He rode that Triumph in the Daytona Beach 500 in 1952 but couldn't finish the race because of mechanical issues. Not long after he finished second in the Laconia race.

On June 11, 1953, his 28th birthday, he won the AMA 100-mile Laconia National Road Race at the Belknap Track riding a Triumph.

"Ed remained a top AMA racer on dirt and pavement tracks for many years across America," Hosmer said.

By the late 50's Fisher focused on raising his family and managing a motorcycle dealership. He did continue to race in vintage and sportsman events.

His son Gary Fisher took up his father's mantle and started racing. He would also become a top professional AMA racer with his father's sponsorship. One June 11, 1972, Ed's 47th birthday, Gary won the Laconia Nationals himself and the two

became the first father and son who have done so.

Ed and Gary Fisher were both in the area for the 99th Bike Week and would be the grand marshals for the Vintage Road Race and the Pro-

gressive AFT Laconia Track Races that weekend, both on Ed's 97th birthday.

Ed still rides a motorcycle and Hosmer said he has competed in vintage races into his 90's.

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Edward Jones: Financial Focus

What's your investment risk tolerance?

Risk is a normal part of investing. If you didn't take on any risk, you wouldn't have the potential to achieve higher returns. But how much risk should you accept? You don't want to incur unnecessary risk. So, you'll need to assess the amount of risk you're comfortable taking and then determine if this risk level supports your ability to achieve your long-term goals. Here are some of the key factors in determining your own capacity for investment risk:

- **Personality** – We all have different personalities. And your individual personality can certainly affect your comfort level with risk. If you enjoy taking chances or pushing yourself outside your comfort zone in other aspects of your life, you could be more likely to accept greater investment risk, too, because you know that greater risk means greater potential reward. Conversely, higher-risk investments also carry greater potential for volatility, including steep short-term declines.
- **Time** – Risk tolerance can change over time. When you are first starting out in your career, with decades to go until you retire, you may feel comfortable with a certain degree of investment risk, knowing you have time to potentially overcome the inevitable downturns in the financial markets. But as you near retirement, you might consider lowering your risk level and investing more conservatively. Because once you do retire, you'll likely have to start withdrawing money from your retirement accounts, which means you may need to liquidate some investments – and, ideally, you won't want to have large fluctuations in value at that time. However, even during retirement, you may want your portfolio to include some growth-oriented investments to help keep you ahead of inflation.
- **Type of goal** – You might have different risk tolerances for different goals. For example, if you know you need a specific amount for a particular goal in two years – such as buying a new car or taking an overseas vacation – you may want to put away money in a low-risk, liquid vehicle. This type of investment might not have much growth potential, but for this goal, you are less interested in achieving a high rate of return than you are in being reasonably sure the money will be there when you need it. So, in this instance, you may have quite a low tolerance for risk. But for a long-term goal, such as a comfortable retirement, you may be prepared to take more risk in the hopes of greater returns, given the longer time horizon.

By understanding your risk tolerance and knowing how

it can change over time and under different circumstances, you can be better prepared to face investment volatility. And there are certainly things you can do to mitigate risk. By owning a variety of investments – domestic and international stocks, bonds, mutual funds, government securities and so on – you can reduce the impact of market volatility on your portfolio. (Keep in mind, though, that diversification can't prevent all losses or guarantee profits.) In any case, the biggest risk of all is simply not investing. If you are going to achieve your financial goals, you need to invest for them. By understanding your own risk tolerance, and by making wise choices along the way, you can stick with an investment strategy that can work for you in the long run.

Jacqueline Taylor
Financial Advisor
3 Mill Street
PO Box 176
Meredith NH 03253
603-279-3161
Fax 866-532-8685
jacqueline.taylor@edwardjones.com

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Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

Cast & crew excited to bring “Lion King Jr.” to new venue



RAELYN COTTRELL — COURTESY

The cast of “The Lion King Jr.” give their best roars during a recent rehearsal for the show, which will take the stage at Moultonborough Academy June 24-26.

MOULTONBOROUGH — With just two weeks to go, the young performers of Streetcar Company’s youth theater group, SKYT, are excited to see their production of Disney’s “The Lion King Jr.” come to life.

Due to unforeseen cir-

cumstances that necessitated a change in venue, the show will take the stage in the auditorium at Moultonborough Academy (25 Blake Rd., Moultonborough) Friday and Saturday, June 24 and 25, at 7 p.m. and Sunday, June 26 at 2 p.m.

Featuring all the clas-

sic songs from the beloved animated film, including “Circle of Life”

and “Can You Feel the Love Tonight?” this classic coming of age tale

follows the adventures of Simba, who flees from his home in the Pride Lands after the murder of his father, King Mufasa, at the hands of the treacherous Scar. As he grows up in the company of friends Timon and Pumba and finds romance with childhood friend Nala, Simba must come to terms with his destiny as Mufasa’s heir and decide whether or not to face Scar and reclaim his lost throne.

Co-directors Raelyn Cottrell and David Nelson are especially proud of their incredibly talented young cast, and both promise that “Lion King Jr.” will be SKYT’s “best show yet.”

Tickets for SKYT’s

production of “The Lion King Jr.” will be available online at www.streetcarcompany.com, and can also be purchased at the door prior to each performance.

Established in 1972, the Streetcar Company is the oldest community theater organization in the Lakes Region, committed to promoting appreciation of accessible community theatre through collaboration with the local community both on and off stage. Its youth-oriented offshoot, SKYT, was created to instill and nurture an appreciation for live theater in children and teens age 16 and younger.

Amanda Wentzel promoted to Assistant Banking Office Manager



Amanda Wentzel

Bank of New Hampshire is proud to announce the promotion of Amanda Wentzel to Assistant Banking Office Manager of the Gilford Village office.

In this role, Wentzel will assist with the effective administration and management of the day-to-day activities of the office. She will be responsible for building strong, professional relationships with existing and prospective customers through providing quality service and becoming a trusted resource.

Wentzel joined Bank of New Hampshire in April of 2015 as a Bank Services Representative and advanced her skills to a Senior Bank Services Representative. Her most recent role was Banking Office Specialist. Amanda is dedicated to her role, providing excellent customer service, growing the Gilford Village office and contributing to the overall success of the Bank.

“Amanda transferred

to the Gilford Village branch in June of 2021, and quickly became an integral part of the team and a customer favorite,” said Cecile Chase, SVP - Retail Sales & Development Manager for Bank of New Hampshire. “Congratulations to Amanda on her new role here at Bank of New Hampshire.”

Bank of New Hampshire is excited to have Amanda in this role on our team as we aspire to remain an independent mutual financial institution, delivering innovative solutions and exceptional service, while assisting our employees, customers and communities to build brighter futures.

Bank of New Hampshire, founded in 1831 provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 21 banking offices and assets exceeding \$2 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank’s customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit www.BankNH.com.

LACONIA — New Hampshire Humane Society announced today the appointment of esteemed officer Mike Moyer to the position of New Hampshire Humane Society’s Humane Investigations Officer, effective immediately.

Over the last five months, the organization led an extensive search process with more than 40 highly qualified applicants. In addition to his impressive career, Moyer stood out as the clear choice due to his prior service on the Governor’s Commission on the Humane Treatment of Animals, numerous meaningful contributions to animal law in the state, and prior service as a member of the Board of Directors of NH Humane Society.

As the New Hampshire Humane Investigations Officer, Moyer will focus on animal abuse, neglect, and puppy and kitten mills in the region. The role will serve in tandem with the Executive Director to refine and deepen the relation-

ships with police departments throughout the region. Moyer will assist with developing and executing strategies that build New Hampshire Humane’s position as a leading animal welfare and protection agency and will partner closely with officers and police departments throughout the region to be of the best service possible to the region.

Charles Stanton, Humane Society Executive Director, shares, “Mike’s impressive law enforcement expertise paired with his obvious compassion for animals and extensive community and regional knowledge makes us very fortunate to have him in this key role. He is a highly-experienced, talented, strong community leader with a proven record of service,” said Stanton. “His service to our community and ability to inspire excellence, makes me confident that he will be an asset to this important mission.”

Moyer brings more than 35 years of local and

regional service and experience having served as the Chief of Police for the City of Laconia and the elected Sheriff for Belknap County. Moyer will work with Stanton and the 18 municipal partners and police departments served by the organization. Moyer and Stanton see this as an opportunity to continue strengthening the relationships between New Hampshire Humane Society and the numerous communities served by the organization. Community enthusiasm about the new role became clear when more than \$40,000 was donated from individual donors to support the creation of the position.

“The Humane Society does important work for our community. I am grateful for the opportunity to join the staff,” said Moyer. “I believe the agency has the capacity to achieve even greater things with the team that is in place. I look forward to working with my municipal colleagues to build the

relationships and service of New Hampshire Humane in the years to come.”

Mr. Moyer and his wife Robin reside in the Lakes Region of New Hampshire and include among their family their two rescue cats as well as their Cocker Spaniel.

About New Hampshire Humane Society

Founded in 1900, NH Humane is dedicated to finding responsible and caring forever homes and providing shelter for lost, abandoned, or unwanted animals. The organization advocates for animals, implements educational programs, and provides services to promote responsible pet ownership and the human-animal bond. NHHS works tirelessly to prevent cruelty to animals. Located in Laconia, NHHS is one of the fastest growing and farthest-reaching animal welfare organizations in the Northeast. Find more at nhhumane.org.

Gilford Parks and Recreation News

BY HERB GREENE

Director, Gilford Parks and Recreation

Challenger British Soccer Camp The Gilford Parks and Recreation Department is again sponsoring a week-long Challenger British Soccer Camp. This camp will be held from July 11 - July 15 at the Gilford Village Field. This camp offers a 1-hour program for children ages 3-5 and a 3-hour program for children ages six to 14. Participants may register by picking up a form from the Parks and Recreation office or by visiting the Challenger Web site at www.challengersports.com. Cost: \$101 for ages three to five and \$142.00 for ages six to 12 For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

WICKEDCOOLFORKIDS - Lego Engineering Camp The Gilford Parks and Recreation Department is sponsoring a one-week Lego Engineering Camp the week of July 18 - July 22. The camp is open to

children entering grades 1-5 in the fall and will take place in the Gilford Middle School Cafeteria. There is a Half Day option from 9 a.m. - noon and a Full Day option from 9 a.m. - 4 p.m. The LEGO Engineering program includes STEM based challenges and free-building. Participants will build mechanisms that incorporate gears, flywheels, and cams to build amazing contraptions. We’ll crank up the fun using creativity to build with LEGOs in problem solving challenges. Kids design a spinning eggbeater and create a car to carry LEGO bricks. Full Day participants will also merge LEGOs with machine power to create a power car, dragster and dog bot! Participants may register by picking up a form from the Parks and Recreation office or by visiting the Gilford Parks and Recreation Web site at www.gilfordrec.com. Cost: Half Day \$250 Full Day \$350

For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Seacoast United Soccer Camp The Gilford Parks and Recreation Department is sponsoring a week-long Seacoast United Soccer Camp from Aug. 1 - Aug. 5 at the Gilford Village Field. This camp offers a 3-hour program for children ages 6-14 and a 45 minute program for children ages three to five. Participants may register by accessing a registration link through the Parks and Recreation Web site at www.gilfordrec.com. Cost: \$140 for ages six to 12 and \$70 for ages three to five For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

Minds in Motion “Chemical Creations Workshop!” The Gilford Parks and Recreation Department is Sponsoring a workshop through Minds in Motion

for children ages six to 12, from 9 a.m. - 4:30 p.m. on Aug. 1 and 2. Participants will work on and take home their very own Chemistry Lab Kit, complete with test tubes, safety goggles and more! You will be trained to work like a real world scientist in the lab. You will also make and take home some really cool chemical creations! Learn all about energy and molecules, create a crazy bounce glob from glue and some scary green slime! Make your own UV bracelet and watch it react to the sun. Witness some amazing scientific demonstrations from your instructor. Experience a really powerful magnet, magic sand and more in this fascinating and educational program! Registration is taking place at the Gilford Parks and Recreation Office and forms are also available on-line at www.gilfordrec.com. Cost: \$130 per participant For more information, please contact the Gilford Parks and Recreation Department at 527-4722.

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MVSB President Rick Wyman to turn reins over to Marcus Weeks

MEREDITH — Throughout the past 21 years, Richard E. “Rick” Wyman’s contributions as a leader at MVSB (Meredith Village Savings Bank) and as a dedicated community champion in the Bank’s growing communities have been significant.

Wyman joined MVSB as Executive Vice President and Chief Financial Officer in August 2001 and assumed the role of President of MVSB on Jan. 1, 2016. With more than 30 years of experience in senior leadership, Wyman had previously served as an Executive Officer and CFO for several Maine-based banks, ranging from local community mutual banks to a publicly traded multi-bank holding company.

When MVSB partnered with Merrimack County Savings Bank to form New Hampshire Mutual Bancorp (NHMB) in 2013, Rick served as its first Executive Vice President and Chief Financial Officer. He was one of the initial architects of this alliance of mutual savings banks and has been essential in stewarding its success for nearly a decade. In this shared services model, NHMB now provides operational support for three premier independent mutual savings banks: Meredith Village Savings Bank, Merrimack County Savings Bank and Savings Bank of Walpole, and a financial advisory and trust company, NHTrust. The formation of NHMB was the first relationship of its kind in northern New England, allowing each company to share supporting functions and technology to create overall efficiencies and best in class solutions for customers – all while maintaining and enhancing their commitment and involvement in their communities.

In addition to the dedication to the Bank and its employees, Wyman has cared equally about the support of the Bank’s local communities. For the last six years, he has served as a key member of the MVSB Fund, providing grants annually to local nonprofits that make a significant impact upon the lives of people in the communities MVSB serves. He also personally reviewed

requests from the community and has been keenly in tune to the evolving needs in our state, especially in the greater Lakes and Seacoast regions.

This insight was essential to him when New Hampshire Governor Christopher Sununu appointed him to the board of directors for the New Hampshire Community Development Finance Authority (CDFA), an organization that provides financial resources to nonprofits, community development organizations, counties, municipalities and for-profit businesses. These organizations, in partnership with the CDFA, create affordable housing, aid in the formation of new jobs and help retain existing employment for low- and moderate-income residents of New Hampshire.

“I felt very privileged to have been selected to serve on the NH CDFA board,” said Wyman. “I enjoyed assisting the CDFA in their efforts to support affordable housing and economic development activities statewide.”

Under Wyman’s guidance and recommendation, sister banks, MVSB, Merrimack County Savings Bank and Savings Bank of Walpole were the first three banks to contribute to the New Hampshire Nonprofit Response Fund with a combined tax credit purchase. This fund provided nonprofit organizations with resources of up to \$100,000 for working capital, equipment purchases and programming expenses, providing resources to qualifying community-based organizations on the front lines of the COVID-19 outbreak.

Wyman has also been an essential member of the banking community. In 2018, Wyman was elected to the board of directors for the Federal Home Loan Bank of Boston (FHLBank Boston). Governed by a 17-person board, members are elected by FHLBank Boston member institutions for four-year terms. Together with its member institutions, the Federal Home Loan Bank System represents the largest collective source of home mortgage and community credit in the U.S. The System en-



Rick Wyman

ures that members provide stable, on-demand, low-cost funding to its communities through home mortgages and lending for small business as well as rural, agricultural and economic development.

Wyman also led the Bank through the challenges of the pandemic and, in addition to his continued emphasis on support of the community, Wyman took great care to provide a safe banking environment for employees and customers. As such, MVSB maintained record growth and low employee turnover and was able to continue to provide exceptional banking service throughout. While many staff and their families were impacted, the efforts of management ensured employees continued to feel valued and appreciated.

During his career, MVSB grew four fold from \$315 million in assets to \$1.3 billion today, increased its footprint from the Lakes Region to the Seacoast Region and cemented its strength as a leading bank in our state.

John Moulton, the Chair of the Board of Directors for MVSB, stated, “Under Rick’s tenure at MVSB, knowledgeable and prudent leadership has resulted in significant growth for the bank. His efforts have created a stronger bank for our company and our community and he will now be turning the presidency over at a high point in its history to Marcus. We’re thankful for all that Rick has done in bringing his management team forward to position MVSB for the future and we wish Rick all the best.”

NHMB President and CEO, Gregg Tewksbury echoed Moulton’s comment and added, “Rick

has not only lead MVSB to become one of the strongest banks in NH but has been influential in helping lead all of our companies to higher and stronger levels.”

Other notable achievements during Wyman’s presidency include MVSB’s 150th celebration in 2017; allowing customers to do their banking at Merrimack and Savings Bank of Walpole branches and ATMs; and the addition of a micro-branch in Melvin Village and a new branch in Rochester (scheduled to open mid-June). MVSB has won several awards in this last six years including the Granite Award from the Granite United Way; an Outstanding Lender Award from NH Housing & Finance Authority; the Business Citizenship Award from the Greater Meredith Chamber of Commerce and several awards for employment, mortgage, customer service and overall banking from the Laconia Daily Sun’s “Best of the Lakes Region” program.

In addition to shepherding the success of MVSB and NHMB, Wyman has taken the same care as a dedicated mentor to many employees throughout the years and has taken great pride in creating opportunities and growth. His guidance and coaching has been essential to Marcus Weeks, who has been appointed as his successor and will take over the role as MVSB President in the fall. Weeks was a clear choice of the Board with Wyman’s support and confidence in him. Wyman noted that Weeks is a known talent within the company, respected by all, and is well established in the community through his extensive volunteer commitments throughout his many years with the bank.

Weeks began his banking career in 1995 as a student-teller for MVSB’s Center Harbor Office, at just 16 years old. In his nearly 30 years with the Bank, he has served as a mortgage originator, business development officer, and branch manager for MVSB’s then-new Wolfeboro office – a wide range of experience that has helped him gain unique and broad perspective of the organiza-

tion and the important role mutual banks play in the communities they serve. Since 2018, Marcus has successfully lead the branch and business development network as Senior Vice President & Senior Retail Banking Service Officer.

“Rick has provided me advice and guidance for nearly all of my career,” mentioned Weeks. “He’s helped me to develop into a stronger banker, and more inclusive and empathetic leader. I have enjoyed working very closely with him for the last six years and I am humbled to follow in his footsteps.”

For the past four years, Weeks has contributed at the senior management level of MVSB as an active member of leadership teams, both at MVSB and within the entire NHMB organization. He’s played a critical role in the current branch expansion efforts including the new location in Rochester. Having the largest number of employees reporting to him at MVSB, he’s been influential in creating an employee-first culture and is highly respected among his staff and peers in the company. Wyman noted, “Marcus is a natural leader and has both the experience and talent to lead MVSB to the next level. I’m excited for him and am confident that he will preserve all that our constituents value at our bank and be an incredible steward of this community asset for years to come.”

Weeks offered, “Rick has positioned MVSB well enough that I will be able to focus on the things that are really important, such as excellent service and products and being engaged in the communities we

serve. I look forward to nurturing the existing markets currently being served by our bank while exploring growth opportunities in other areas. The future is exceptionally bright for us and I’m privileged to have the opportunity to lead it forward.”

As a long-term member of the MVSB community, Weeks has committed over two decades to service in the Lakes Region. He currently serves on the Boards of the Lakes Region Visiting Nurse Association, the Boys & Girls Club of Central New Hampshire and Geneva Point Center.

Weeks will assume the role of President on Oct. 1, and Wyman will stay on in an advisory role to both Weeks and Tewksbury through the end of the year.

Unlike a stock bank, MVSB is a mutual savings bank that operates for the benefit of its depositors, borrowers and surrounding communities. As a result, MVSB has remained steadfast in fostering the economic health and well-being of the community since it was founded in 1869. For over 150 years, Meredith Village Savings Bank (MVSB), has been serving the people, businesses, nonprofits and municipalities of New Hampshire. MVSB and its employees are guided by the values of accountability, mutuality, excellence, respect, integrity, teamwork and stewardship. To learn more, visit any of the local branch offices located in Alton, Ashland, Center Harbor, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth or Wolfeboro, call 800-922-6872 or visit mvsb.com.

Town Wide Yard Sale this Saturday, June 18!

The Gilford Old Home Day Committee will be sponsoring a Town Wide Yard Sale on Saturday, June 18 from 8 a.m. – noon (rain or shine). In addition to a number of Yard Sale sites on the Gilford Village Field, there will be numerous sales throughout the Town. Maps with the location of the other sites as well as a list of highlighted items for sale will be available for purchase at the Village Field starting at 8 a.m. The cost of the maps will be \$2 each. All proceeds from site fees and map sales will help support Gilford Old Home Day.

For more information, please contact the Gilford Parks and Recreation Office at 527-4722.

Zappala, of Laconia, earns degree from Clark University

WORCESTER, Mass. —Cheyanne Rose Zappala, of Laconia, received a degree from Clark University during the University’s 118th Commencement exercises on Sunday, May 22. Zappala graduated with a Master of Public Administration. Zappala is a member of the Alpha Epsilon Lambda honor society.

The University awarded 577 Bachelor’s, 489 Master’s, and 25 doctoral degrees and conferred four honorary degrees during two ceremonies; graduates were urged to always ask questions, move forward with confidence, and have the moral clarity to make courageous and meaningful decisions.

President David B. Fithian, who received his degree from Clark in 1987 and is the first alumnus to lead the university, addressed attendees. Fithian implored the graduates to always be curious.

“You came to Clark looking for answers - about subjects that interest you, about yourself, and about the world - and I hope you found some,” he said. “But as you leave here, I hope Clark has helped you to ask more, different, and better questions. Every question is a chance to hear something you may never have heard before. This iterative process of questions and answers is crucial to your lifelong journey of learning and will enrich your life at every stage along that path.”

Mary Frances Berry, a renowned scholar, civil rights activist, and the Geraldine R. Segal Professor Emerita of American Social Thought at the University of Pennsylvania, delivered the commencement address. Berry told the graduates that they have a moral obligation to contribute to society.

“There comes a time when one must take a

position that is neither safe, nor politick, nor popular, but you must take it because it is right,” she insisted.

In addition to Berry, honorary degrees were granted to David P. Angel, who led Clark as its ninth president (2010 to 2020) and whose academic and administrative career at the University spanned 33 years; Annette Gordon-Reed, the Carl M. Loeb University Professor at Harvard University whose Pulitzer Prize-winning book “The Heminges of Monticello” forced a reconsideration of accepted historical narratives; and Doug Wright, the playwright, librettist, and screenwriter whose works include “I Am My Own Wife,” which won the Tony Award and Pulitzer Prize.

For more information, visit www.clarku.edu/commencement/.

About Clark
Founded in 1887, Clark University is a

liberal arts-based research university that prepares its students to meet tomorrow’s most daunting challenges and embrace its greatest opportunities. Through 33 undergraduate majors, more than 30 advanced degree programs, and nationally recognized community partnerships, Clark fuses rigorous scholarship with authentic world and workplace experiences that empower our students to pursue lives and careers of meaning and consequence.

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SCHOLARSHIPS

(Continued from Page A1)

Scholarship.

Maggie Shute received the Gilford District PTA Scholarship.

Catherine Stow was presented the Cheryl Lynn Walsh Memorial Scholarship.

Kate Sullivan was given the Winsheblo Award.

Alex Waite received the Meredith Village Savings Bank James D. Sutherland Memorial Scholarship.

Several of the scholarships were presented to multiple students.

The Gilman Award was presented to Jaiden McKenna and Marlow Mikulis.

The Aaron T. Francoeur Memorial Scholarship went to Maura Hughes, Riley Marsh, Jaiden McKenna, and Kate Sullivan.

Franklin Savings Bank presented scholarships to Hale Kutuk and Reece Sadler.

Gilford Community Church Scholarships went to Shealagh Brown, Hale Kutuk, Riley Marsh, Mackenzie Roys, and Reece Sadler.

The Matthew J. Smith Memorial Scholarship was presented to Hale Kutuk and Molly McLean.

Reece Sadler and Alex Waite received scholarships from the Lakes Region Board of Realtors.

The Lakes Region Scholarship Foundation's Harry and Nancy Bryant Memorial Scholarship was presented to Shealagh Brown and Catherine Stow.

The Nathan J. Babcock Memorial Scholarship was awarded to Shealagh Brown, Hale Kutuk, Molly McLean, Mackenzie Roys, and Reece Sadler.

The Lakes Region Scholarship Foundation awarded scholarships to Shealagh Brown, Shannon Burton, Cassandra Ellis, Vanessa Genakos, Danielle Giardini, Tyler Hazelton, Maura Hughes, Hale Kutuk, Cordelia Larivee-Ambrose, Karina MacLeod, Riley Marsh, Jaiden McKenna, Marlow Mikulis, Samantha O'Rourke, Mackenzie Roys, Reece Sadler, Maegan



Bradley McIntire was presented with the United States Military Academy Prep School Appointment to West Point from Thomas Fiser.

Shute, Catherine Stow, Kate Sullivan, Mitchell Townsend, and Alex Waite.

Parents of Performing Arts Scholarships were presented to Adriana Campo, Anna Cook, Avery Marshall, Mackenzie Roys, and Mitchell Townsend.

The Yearbook Editor Award was given to Van Langathianos, Avery Marshall, and Molly McLean.

GHS "Blue Jeans" Faculty Awards went to Avery Marshall and Aidan Montoya.

Molly McLean was presented with the Principal's Award and Catherine Stow was given the Principal's Leadership Award.

Bradley McIntire was presented with the United States Military Academy Prep School Appointment to West Point.

Sperazzo and Assistant Principal Tim Goggin recognized the top five scholars: valedictorian Shealagh Brown, salutatorian Avery Marshall, Marlow Mikulis, Mackenzie Roys, and Nicole Green.



Maura Hughes, Riley Marsh, Kate Sullivan, and Jaiden McKenna received The Aaron T. Francoeur Memorial Scholarship.

The school recognized its New Hampshire State Scholars:

Claire Bartley, Eva Bondaz, Shaelagh Brown, Finn Caldon, Jack Cennamo, Anna Cook, Danielle Giardini, Nicole Green, Tyler Hazelton, Ashley Kulcsar, Hale Kutuk, Karina Macleod, Avery Marshall, Riley Marsh, Riley McDonough, Bradley McIntire, Jaiden McKenna, Molly McLean, Harper Meehan, Marlow Mikulis, Austin Normandin, Mackenzie Roys, Reece Sadler, Catherine Stow, Kate Sullivan, Jacqueline Wright, and Esther

Wrobel.

The seniors in National Honor Society received their stoles: Claire Bartley, Shealagh Brown, Vanessa Genakos, Danielle Giardini, Nicole Green, Ashley Kulcsar, Karina Macleod, Avery Marshall, Jaiden McKenna, Harper Meehan, Marlow Mikulis, Mackenzie Roys, Reece Sadler, Catherine Stow, and Mitchell Townsend.

Aaron T. Francoeur Memorial Scholarship.

Lakes Region Mental Health Center holds Employee & Community Awards event

LACONIA — On Wednesday, May 25, Lakes Region Mental Health Center (LRMHC) hosted an event to recognize the hard work and commitment of its employees and to present awards to two community members who have done outstanding work in the cause of promoting mental health awareness in the Lakes Region area.

The day kicked off with an Employee Recognition event, in which 83 long-term employees were celebrated for their tenure and dedication to LRMHC and the patients they continue to serve each day.

“At Lakes Region Mental Health Center, we understand that each employee’s contribution toward improving the lives of patients is essential to our mission and we formally recognize the important work they do each and every day. We encourage our employees to grow personally and professionally and that is why many have chosen to work here,” said Maggie Pritchard, Chief Executive Officer.

When asked why she decided to build her career here over the past 20 years, Jen Schmidt, Assistant Director of the Child and Family Services Program, said “When I first applied, I actually thought I would be here for a short time. I was eager to get my licensure and some experience, but I ended up loving working in community mental health. There are so many opportunities to build a career here. It has been incredibly rewarding – to make such an impact in someone’s life.”

Each year, one exceptional employee is chosen to receive the Marilouise McCaffery Mission Award in recognition of their longstanding dedication towards the company’s goal of providing the most outstanding services possible to the community. The recipient is chosen based on their contribution towards enhancing the emotional and mental health of the Lakes Region community. This year’s award winner, nominated by her colleagues, was Executive Administrator Dawn

Lacroix, who has been with Lakes Region Mental Health Center for 37 years.

A public event to formally recognize May as Mental Health Awareness Month was held later in the day. Each year, two prestigious community members are chosen to receive awards based on their essential work in the name of increasing the awareness of mental health issues and contributing towards LRMHC’s goal of educating others on the importance of maintaining good mental health.

Janine Page was the winner of the Helen Holbrook Service Award. This honor is given to an individual who leads by example and gives themselves to the goal of strengthening the cause of mental health in the Lakes Region. Janine has been a steadfast advocate her entire professional career for all marginalized people in our local community, particularly the elderly, elderly with Parkinson’s Dyskenesia, and those with developmental disabilities and/or mental illnesses. Her career

has been spent as a local RN at the hospital and as a personal trainer at fitness facilities. She especially advocates for women and the challenges experienced by most women, including issues such as stigma, abuse, and low self-esteem.

Kathy Keller was presented with the Dr. Pete Harris Award. This award is given to a person who promotes increased awareness, sensitivity, understanding, and acceptance of mental health issues in the Lakes Region through educating the public. Kathy recently retired after 27 years as the Executive Director at New Beginnings, a local women’s crisis shelter. During her career, Kathy tripled the capacity of the shelter and was instrumental in helping to establish the newest women’s crisis shelter in Meredith. She also worked tirelessly for court advocacy and sexual abuse prevention in local schools.

Lakes Region Mental Health Center was proud to announce these award winners and to extend their deepest ap-

preciation to their own staff, who work every day towards the goal of strengthening the cause of mental health and promoting understanding of it in our local communities.

The Lakes Region Mental Health Center, Inc. is designated by the State of New Hampshire as the community mental health center serving Belknap and southern Grafton Counties. A private, non-profit corporation, LRMHC has two campuses, in Laconia and Plymouth that serve over 4,000 children, families, adults and older adults each year. LRMHC provides Acute Care and Emergency Services 24 hours a day, seven days a week, to anyone in the community experiencing a mental health crisis, regardless of their ability to pay. Additionally, LRMHC provides individual, group and

family therapy; mobile crisis response teams in the event a tragic event occurs that impacts a community at large; psychiatry; nursing; community support programs for people with severe and persistent mental illnesses; care management; community-based supports; housing; supported employment; substance use disorder treatment; and specialty services and evidence-based practices for children and their families, including trauma-focused therapy, art therapy and play therapy. Child Impact seminars are offered in Laconia and Plymouth for divorcing families.

For more information or to schedule an appointment, call 603-524-1100 or visit the Web site at www.lrmhc.org. Find the Lakes Region Mental Health Center on Facebook for updates and information.

Kathryn Osburn named to Castleton University Dean’s List

CASTLETON, Vt. — Kathryn Osburn of Gilford was recently named to the Castleton University Dean’s List for the spring semester of the 2021-22 academic year.

To qualify for this academic honor, students must maintain full-time status and a semester grade point average of 3.5.

About Castleton University
Castleton University is small enough to be a community where every student matters, yet large enough to offer more than 75 programs of study for undergraduate and graduate students, 28 varsity sports, and over 50 clubs and organizations. The university stresses experiential learning through internships, community service, and research opportunities provided by more than 400 community partnerships. On July 1, 2023, Castleton University will join together with Northern Vermont University and Vermont Technical College to become Vermont State University, a reimagined higher education institution building on the strong legacies of its founding institutions. Learn more at castleton.edu.

salmonpress.com

PETS OF THE WEEK

Coco

Looking for a fun, outgoing pup to keep you on your toes? Coco is your gal! This silly, active girl is the life of the party you never knew you needed. She’s social and spunky, with the energy and smarts to back it up! Due to a few insecurities, Coco is in our behavior program. Check out what she’s working on below!

Coco’s strengths: smart, social, and motivated by food and toys, this little pup has a lot going for her!

What needs improvement: Coco can be nervous about her resources being taken from her such as food and toys. We have been working to teach her that people approaching her food bowl and other high value items means that good things happen and we aren’t there to take her stuff away. So far, she is making great progress!

What Coco is working on: Coco is learning that she does not have to fear her resources being taken from her. She can also get a little uncomfortable with restraint, so she is working on building positive associations with handling.

What Coco needs in an adopter: Coco is looking for someone who is patient and has lots of love to give! She’s a really sweet girl that needs to be shown that her fears in life aren’t so scary after all. Through an adopter willing to continue down the path of positive experiences and training, Coco will grow up to be a lovely dog!

Adoption information-

Kids: no kiddos

Cats: no feline friends

Dogs: Coco may do well on some supervised doggie playdates, but is not ready to go home with another dog due to her insecurity around food and toys.



Lina

Miss Lina. She is an adorable little cat looking for a quiet home where she can learn to trust and accept attention from her human friends. She might benefit from having another cat to help her warm up, but with the right patient human she should flourish.



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GHS

(Continued from Page A1)



Graduating Gilford High School seniors left carnations in vases as they went to the Bank of NH Pavilion Stage in honor of their late classmate Matthew Smith.

enced lots of endings,” Marshall said. “Those last final moments don’t signify the end. Now we have to see what we can achieve in our different journeys through life.”

Valedictorian Shealagh Brown talked about how difficult it is looking toward the future and deciding what to do after high school. She said she went from scared to excited last summer after she and her grandfather got into a lively discussion on the environment and she was able to explain her points in a detailed way. She said this confirmed that she wanted to go into environmental

science.

“I’m thrilled to be headed to what comes next,” she said, saying everyone will eventually find their passion as well. “When you find it everything becomes much more clear and decisions are easier.”

She said it’s okay if people don’t know what their happiness is right now, saying she is sure there are people who are now following a different plan than the one they had in high school.

The guest speaker was French teacher Louise Jagusch, who encouraged students to follow their passions. She also advised students to re-



Valedictorian Shealagh Brown.

member their roots, find their wings, and learn to navigate their course in life.

“The first steps especially can be foreboding and downright terrifying, but I’m here to tell you, ‘You got this,’ Jagusch said.

She said she teaches many students about the important steps of travel that can be applied other things in life. The first is to travel light: analyze what really matters and unpack anything that can weigh someone down.

The next is to have an itinerary, but be open to new experiences. In her own experience she planned to be a broadcast journalist in college,

but was told she needed a credit in French to graduate. She fulfilled that requirement by going into a masters program in France and said she found something that spoke to her more than broadcast journalism.

The next recommendation was to prepare to travel alone even through others might be along for the journey and be comfortable doing something alone. The fourth was not to be afraid to ask for help. Fifth was developing an attitude of gratitude and keeping a sense of humility.

Jagusch talked about Matthew Smith, a member of the class who passed away last year.



Salutatorian Avery Marshall.



Commencement speaker Louise Jagusch.

“Watching how you all loved him and cared for him and interacted with him convinces me that you have the capacity to care,” Jagusch said.

She noted how each of the students carried up a different color of

carnation that all signified Matthew’s favorite group, The Wiggles. Students put them all in vases on the stage that will be given to his mother Taryn Smith and paraprofessional Julie Whitaker.

BIKE WEEK

(Continued from Page A1)

City Manager Scott Myers thanked all the city employees and partners in neighboring communities, the county, and the state.

Hosmer honored veteran motorcycle racer Ed Fisher, who would be the grand marshal of the FIM North American Vintage Championships at New Hampshire Motor Speedway along with his son Gary. Laconia declared June 11, 2022, Ed Fisher Day, in honor of Ed’s 97th birthday.

Laconia Police Chief Matt Canfield and Fire Chief Kirk Beattie talked about the safety plans for the event. Laconia Police will be increasing its presence and working with neighboring municipalities. He also advised people to drink responsibly and not ride while intoxicated.

Both advised caution on the roads.

“At the end of the day, we don’t want you

to have to use our services,” Beattie said.

Chief Mark Armaganian of the New Hampshire Liquor Commission said the commission has contacted all 194 of its licensees in the Laconia area, distributed information packets, and held team education sessions for around 200 servers.

Shannon Stephens from New Hampshire Motor Speedway announced the races coming up during the week. Cameron Gray from the American Flat Track Association talked about the race going on that Saturday. Tom Crompton of the US Classic Racing Association talked about the coming vintage races at NHMS as well as events such as the Gypsy Tour and the Tower Road Hill Climb.

Gunstock General Manager Tom Day talked about that year’s Gunstock Hill Climb on June



COURTESY PHOTO

Gov. Chris Sununu speaks at the annual press conference kicking off the 99th Laconia Motorcycle Week

15 at the 70-meter jump. Attendees could also vote for the best bike for a People’s Choice Award. The event also featured shows by the East Coast Stunt Team.

Laconia Motorcycle Week Deputy Director Jennifer Anderson said they are already getting ready for the 100th year. They are distributing bumper stickers in purple, a color that symbolizes a 100th year.

Anderson and Director Charlie St. Clair recognized the many com-

munity partners who have been instrumental in making this event possible

St. Clair also recognized Myers, who will retire at the end of this year.

The winner of this year’s Fritzie Baer Award was Paul Giblin, who passed away in January. Giblin was a dedicated volunteer at the Northeast Motor Sports Museum and behind the scenes at the rally. Events he had a hand in included co-organizing

the Gypsy Tour from Laconia to Loudon and helping to bring back the Mt. Washington Auto Climb.

“I obviously never expected to be talking about Paul in the past tense,” St. Clair said. “Just a wonderful guy, a guy you can always depend on, a big promoter of the rally.”

St. Clair presented the award to Paul’s sister Martha Noon.

“Throughout his life Paul was a dependable, talented, positive, and generous friend to everyone and mostly Paul was a guy who really, really loved motorcycles,” Noon said. “This award is a true honor.”

MUSIC

(Continued from Page A1)

formances take place during Sunday services, which begin at 10 a.m.

For those unfamiliar with GCC and its popularity as a music venue, Graham said visitors are “in for a treat.” “We don’t want to be a secret,” he said. “We have a beautiful state of the art system and incredible acoustics here. If you have not visited us, please do – you will be surprised at what you hear.”

Located in Gilford, NH, GCC is an inclusive, open community with a broadly ecumenical spirit that welcomes people from all denominational and cultural backgrounds. Viewable live on YouTube, services take place at 10 a.m. on Sundays at 19 Potter Hill Rd., Gilford.

To learn more about GCC, visit gilfordcommunitychurch.org.

Gilford tennis boys wrap up the season with tournament action

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Gilford boys’ tennis team wrapped up the season with postseason action both as a team and in the individual tournaments.

The Golden Eagles traveled to Sutton to take on Kearsarge in the semifinals of the Division III team tournament on Memorial Day and dropped a 9-0 decision to the Cougars, who would go on to lose in the championship to Plymouth later in that week.

Bradley McIntire and Joseph Schelb qualified for the state singles tournament on June 4. McIntire beat the number two Portsmouth player by an 8-5 score and then he lost 8-0 to the tournament’s number two seed in the second round. Schelb lost to the number two Lebanon player by an 8-1 score in the first round and his opponent reached the finals.

Gilford’s top two doubles teams qualified for the state tournament held on June 5. The number one team of McIntire and Schelb lost to a strong Bishop Brady team, 8-5 and the number two team of Izaak Walton and Alden Townsend lost to a Dover team, 8-3.

Coach Terry Wilson offered his thanks to the players, families and fans for an enjoyable season of tennis.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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21 MAD RIVER ROAD is a two-story Cape with a detached 2 car garage on .6 acre in-town lot. This property has 116' of frontage on Mad River Road and 90' on Route 175.

OPEN HOUSE: Saturday, June 25th from 11:00 a.m. until 3:00 p.m.

CONTENTS OF HOME, TO BE SOLD AT ONLINE-ONLY AUCTION
Decoys, Wood Carvings, Silver, Jewelry, Antiques, Books, Vehicle and Boats

BIDDING ENDS: Sunday, June 26th at 3:00 p.m.

Peter B. Goff was an avid hunter and fisherman and a talented carver of decoys.

HAND CARVED DECOYS: Amazing collection of 30 carved duck and bird decoys and Intarsia scroll saw multi-wood panels and shadowbox scenes.

GENERAL ANTIQUES: Rhode Island Chippendale mahogany Pembroke table, Hepplewhite inlaid mahogany sideboard, Victorian shaving chest and card table, brass bed, mahogany sleigh bed and chest, bronze stag signed P.J. Mene, 2 cold painted Austrian bronzes, large amount of sterling silver, gold hunter case watches, assorted jewelry, clocks, glass, china, pottery, paintings, prints, photography, magic lantern, large lot of books, trunks, etc.

HUNTING & FISHING: 25 sets of goose shadow decoys, several sets of duck and goose cork decoys, vintage fishing lures, fly rods and fishing reels, tackle boxes, sets of snowshoes and more.

FIREARMS: Savage Arms .300 Lever action rifle, Remington Model 31 16GA pump action shotgun, Numrick Arms Hopkins & Allen muzzle loader, Remington Wingmaster Model 870 12GA pump action shotgun, Derringer flintlock musket, Colt New 22 revolver

VEHICLE: 2007 Ford Explorer

Boating: 1965 Mirro Craft aluminum fishing boat with 25 hp motor and trailer, Classic 14' Thompson Bros. outboard boat and 3 vintage outboard motors.

TOOLS, ETC.: DeWalt 20" scroll saw, Craftsman jointer/planer, ToolKraft 10" table saw, WoodTech BD46 sander, Delta drill press, 1" belt sander, compressor, selection of hand and power tools, wood carving and burning tools, Ariens like new snowblower, Poulan XT riding mower, Toro lawn mower, Honda generator and more.

INSPECTION: Saturday, June 25th from 11:00 a.m. until 3:00 p.m. on location at 21 Mad River Road, Campton, NH.

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(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

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Locals compete in New England Track Championships

BY JOSHUA SPAULDING
Sports Editor

NEW BRITAIN, Conn. — Local athletes represented New Hampshire well at the New England Inter-scholastic Track and Field Championships, held on Saturday, June 11, at Veteran's Stadium in New Britain, Conn.

Kennett sophomore Aida Wheat qualified in a pair of individual events, running to 15th place in the 100 meters with a time of 12.75 seconds and then ran to eighth place in the 200 meters with her time of 25.74 seconds.

Kennett freshman Piper Lopashanski competed in the 400 meters, finishing in a time of 1:00.01 for 13th place.

Plymouth's Katherine Luehrs ran to 13th place in the 100-meter hurdles with a time of 15.8 seconds.

The Kingswood 4X400-meter team of Lauren MacPhee, Rowan Donovan-Lavolette, Kylie Rapoza and Marcella DeNitto finished in a tie of 4:10.92, which placed them 15th overall.

In the discus, Isabelle LaPlume of Newfound finished with a toss of 98 feet, three inches, which placed her in 27th place overall.

Patrick Gandini of Gilford finished in sixth place in the 3,200 meters, finishing in 9:16.72.

Curtis Smoker of Plymouth finished in 15th place in the long jump with a distance of 20 feet, 10 inches.

In the triple jump, Gilford's Anthony Haddocks finished in 21st place with a best jump of 40 feet, nine inches.

Kingswood's Ethan Arnold finished in 19th place in the javelin with a toss of 154 feet.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.





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