



Newfound Landing

THURSDAY, FEBRUARY 8, 2024

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COMPLIMENTARY

Shorthanded Bobcat wrestlers battle to second place

Ashland School Board discusses gymnasium projects



JOSHUA SPAULDING

Sebastian Sargent and Blaine Hiltz wrestle during the Plymouth Invitational on Saturday.

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — Despite being shorthanded and sitting around eighth or ninth in the standings for most of the day, the Plymouth wrestling team battled back to finish second overall behind a strong Natick, Mass. team in the Plymouth Invitational on Saturday.

“I am very pleased with the effort,” said coach Randy Cleary, who

saw his team go into battle without multiple top wrestlers. “Second place exceeded my expectations, considering the situation we were in with injuries.”

Emmit Nossaman came home with a second place finish at 190 pounds. He got pins over opponents from Portsmouth, Lebanon and John Stark before falling to a Portsmouth opponent in the finals by an 8-5 score.

Anthony Torres at 113 pounds also picked up a second place finish. He won 4-0 over White Mountains to start his day, then got a 9-7 win over John Stark to advance to the finals, where he dropped a 9-3 decision to a Portsmouth opponent.

Ben Valenti also grabbed a second place finish. Wrestling at 157 pounds, he pinned opponents from Mascoma and Spaulding before

falling to Natick in the finals by a 5-2 score.

First-year wrestler Jaxon Rineer had a great day at 144 pounds, finishing in third place. After being pinned by a Natick wrestler to start the day, he came back with pins of opponents from Prospect Mountain and Souhegan and got an 11-2 win over Lebanon to advance to the third-place match, where he pinned

SEE WRESTLING PAGE A14

ASHLAND — On Monday, Feb. 5, a very short Ashland School District Deliberative Session was followed by a relatively short monthly Ashland School Board meeting.

The deliberative session was originally planned for Tuesday, Feb. 6, but as that conflicted with the Pemi Baker School District deliberative session, it was rescheduled to Monday evening.

Attendance was very light. Most of the Ashland voters attending were officials, School Board and Budget Committee members, the Supervisors of the Checklist, and District Clerk Patsy Tucker, who also served as the Moderator for the meeting, in the absence of an elected Moderator. The public audience was essentially two Ashland voters. (Later, the school board discussed ways of increasing attendance at the deliberative session. One suggestion was to combine it with the town deliberative session.) The actual session lasted about three minutes, just time enough to read the three warrant articles, for the election of officers, for the salaries of the officers, and for the \$4,505,844 school budget. No comments or amendments were made on the articles. Only one person, incumbent Steve Heath, running again for School Board member, had signed up for the school district election, leaving the offices of Treasurer, District Clerk and Moderator without any candidates. There was some concern expressed later about not having a candidate for Treasurer; as someone, preferably with financial experience, has to sign the District’s checks.

At the board meeting, the School Board discussed two projects in the gymnasium, approved policy changes, and learned of school activities.

SEE ASHLAND PAGE A15

NLRA presents “State of the Lake”



BRISTOL — Join the Newfound Lake Region Association (NLRA) on Tuesday, Feb. 27 at 6 p.m. at the Minot-Sleeper Library in Bristol for this year’s State of the Lake presentation, an annual look at water quality and the health of Newfound Lake.

On the heels of a record-setting rainy summer, understanding the connections between lake and watershed are more important than ever. NLRA Conservation Program Manager, Paul Pellissier, will explore the results of last

year’s lake & tributary monitoring and discuss NLRA’s efforts to protect the whole watershed.

NLRA monitors long-term trends in water quality for Newfound Lake and its tributaries. Understanding how these trends change over time gives us valuable insights into threats to lake health. Looking forward, NLRA puts that understanding to use when planning for future challenges.

“Stormwater pollution from watershed development represents

Newfound’s biggest threat to water quality,” says Pellissier. “It’s a problem of our own making, and we all have a part to play in its solution.”

The State of the Lake will explore how water moves through Newfound’s landscapes, how what it picks along the way impacts the lake, and the new initiatives NLRA is rolling out to ensure Newfound remains a vibrant ecosystem into the future.

The NLRA’s mission is to SEE LAKE PAGE A15

Alexandria voters to determine future of Haynes Library

BY DONNA RHODES
CONTRIBUTING WRITER

ALEXANDRIA — Haynes Library in the Village of Alexandria has been serving the residents of the town since the late 1800s, when Dr. Timothy Haynes, born and raised in the community, bequeathed \$1,000 for the construction of a library through his will, providing that the town match an equal sum of money towards the development of the facility. Voters at town meeting in 1884 approved the measure after his death in 1883, and in March of 1885 as many as 440 books were made available to the public at the Town Hall.

After several others stepped up to donate to the cause, construction of Alexandria’s physical library was underway in the fall of 1894. As reported in the Record Enterprise on Oct. 11 of that year, “a new library building is now being erected...and will be a much safer place for the library than the attic of the town hall.”



DONNA RHODES

The future of the historic Haynes Library in Alexandria will be a topic of discussion at the town’s First Deliberative Session this Saturday at 10 a.m. in the Town Hall on Washburn Road in Alexandria Village.

It was one of the first freestanding libraries in the area and remains the only brick building in Alexandria to this day.

More than 120 years after Dr. Haynes’ brother David first incorporated a library association, the newest Board of Trustees, formed after the library’s unfortunate shutdown in 2019, now want to revitalize Haynes Library and hopefully protect it and its volunteers under the umbrella of the Town. Since its beginnings, a team of dedicated volunteers has always run the

library but recently discovered that they need to have insurance.

“We didn’t realize that under state law volunteers have to have Workman’s Compensation that comes from their employer,” Trustee member Deb Glidden said recently. “If the town agrees to oversee the library, the volunteers would then be covered by Workman’s Comp since the town already has this insurance for all their other employees and volunteers.”

When the new board SEE LIBRARY PAGE A13

Something to smile about: National Children's Dental Health Month

PLYMOUTH — Not today, tooth decay! The most common chronic childhood disease is dental decay. The good news is, it's preventable. According to the Partnership for Healthy Mouths, there are "more than 16 million kids suffering from untreated tooth decay in the U.S." Tooth decay can lead to pain, sleep disturbances, difficulty eating, social anxiety, infection, and possible long-term effects like tooth loss. Taking action to prevent dental decay can not only improve your child's smile, but also impact their overall health and well-being.

happen at any age. From the moment their first tooth arrives, there are many steps you can take to make sure your child grows up with a healthy smile.

Check on their brushing technique
Preventing tooth decay starts with a thorough oral hygiene routine at home. Children need instruction and supervision to learn the basics of good oral health. Modeling good oral hygiene behavior, showing enthusiasm, and helping them develop an oral health routine is very important.

According to the American Dental Association, tooth decay can

Buy new toothbrushes
Did you know that toothbrushes should



be replaced every 3 to 4 months, and each time your child gets sick? Get kids excited about their regular hygiene routine by letting them select toothbrushes with their favorite characters and choose toothpaste that they like. Dental Health month is an excellent time to toss out old toothbrushes and replace with new ones.

Be sugar aware
In addition to hygiene, nutrition plays a crucial role in oral health, so it's important to eat a healthy, balanced diet, avoiding sugary and acidic foods. Provide children with healthy snacks and avoid sippy cups

filled with juice between meals. Encourage drinking water instead. Encourage the use of regular cups early and often. Do not put your baby to sleep with a bottle filled with juice or milk.

Visit your dentist
Another important piece of the oral health puzzle is visiting a dentist regularly. You should schedule your child's first dental visit by their first birthday. Early detection of problems, preventative services like cleanings, and counseling from a dental provider can have profound impacts on a child's oral health. During your

child's visits, ask about preventative treatments like fluoride varnishes and sealants.

Mid-State Health Center's Littleton Dental doctor, Dr. Kelly Perry, DMD "With proper care, a balanced diet, and regular dental visits, their teeth can remain healthy and strong for life."

For more information about children's dental health visit: healthy-mouthshealthylives.org.

About Mid-State Health Center
Mid-State Health Center delivers primary care and supportive services

at locations in Bristol, Plymouth, Lincoln and Littleton offering medical services, dental services, behavioral health counseling, imaging, recovery, and care management for the entire family. The mission of Mid-State Health Center is to provide sound primary health care to the community accessible to all regardless of the ability to pay. The Dental teams of Bristol and Littleton focus on promoting preventive dental care, helping patients maintain optimal oral health, and ensuring healthier smiles for its community.

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Olivia Eastman named to Dean's List at Western New England University

SPRINGFIELD, Mass. — Western New England University (WNE) is proud to announce that Olivia Eastman of Holderness has been named to the Dean's List for the Fall 2023 semester. Eastman is one of over 700 students to achieve this mark of academic excellence. Students are named to the Dean's List for achieving a semester grade point average of 3.30 or higher.

Eastman is majoring in Sport Management. A WNE education provides career-span agility through a curriculum grounded in professional/experiential studies, enhanced by the liber-

al arts, and enriched by mentored research that equips graduates to adapt and succeed in the workplace of the future.

Western New England University (WNE) is a private, nationally ranked, comprehensive institution with a focus on preparing work-ready and world-ready graduates. Founded in 1919 in Springfield, Mass. as a division of Northeastern College, WNE's 215-acre suburban campus serves more than 3,700 students, including over 2,500 full-time undergraduates. More than 47,000 alumni have earned degrees through its more than 90 under-

graduate, graduate, and professional programs at Colleges of Arts and Sciences, Business, Engineering, and Pharmacy and Health Sciences, and School of Law. Students come from 39 U.S. states and territories and 23 countries. Of 45,104 living alumni, 30 percent remain within the region, residing in the four Western Massachusetts counties and

northern Connecticut. WNE is classified among nationally ranked universities in US News and World Report, and among the Top 100 Undergraduate Engineering programs, and in the Doctoral/Professional Universities category in the Carnegie Classification of Institutions of Higher Education.

Plymouth Congregational UCC to hold Ash Wednesday service

PLYMOUTH — An Ash Wednesday Service will be held Wednesday, Feb. 14 at 7 p.m. at Plymouth Congregational United Church of Christ, 4 Post Office Square.

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Pemi-Baker Hospice & Home Health welcomes new Executive Director



Aubrey Engle

BY ANNA SWANSON
Pemi-Baker Hospice & Home Health

PLYMOUTH — Pemi-Baker Hospice & Home Health is thrilled to announce the appointment of Aubrey Engle, BSN, RN, as its new Executive Director. With an illustrious career

spanning over a decade in nursing and health-care leadership, Engle brings a wealth of experience and a passion for patient-centered care to her new role.

Engle's journey in nursing began as a medic in the US Army. Then in 2010 she honed her skills in cardiovascular surgery and intensive care units at WakeMed Health & Hospitals in Raleigh, N.C. Her commitment to excellence led her to a staff nurse position at UNC Hospital in Chapel Hill, N.C., before she and her husband made the proud decision to call New Hampshire their home in 2015.

For more than five

and a half years, Engle served as a clinical leader and practice administrator with Concord Hospital Medical Group, where she demonstrated exceptional leadership and dedication to improving patient outcomes. In 2021, she was drawn to the field of home health, where she had the privilege to lead a remarkable team of home care clinicians at Granite VNA.

Reflecting on her career trajectory, Engle shared, "There are many challenges and rewards of working in home health leadership, but most important is the opportunity to mentor and support the clinicians

who care for the patients in our local communities. I am excited to be joining Pemi-Baker as their new Executive Director."

In her new role, Engle will lead Pemi-Baker Hospice & Home Health in its mission to provide compassionate and comprehensive care to individuals and families in the community. Her extensive background in nursing and health-care management will undoubtedly contribute to the continued growth and success of the organization.

"We are delighted to welcome Aubrey Engle to the Pemi-Baker family," said Carolyn

Varin, Board President at Pemi-Baker Hospice & Home Health. "Her leadership skills, dedication to patient care, and commitment to excellence make her the ideal candidate to lead our organization into the future."

Please join us in congratulating Aubrey Engle on her new role as Executive Director of Pemi-Baker Hospice & Home Health.

Pemi-Baker Hospice & Home Health is a trusted, nonprofit agency proudly serving 32 towns in central and northern New Hampshire since 1967. Expert services include at-home health-care and physical therapies (VNA), hospice and

palliative care, and community programs including: American Red Cross CPR/AED/FA, Caregiver and Bereavement Support Groups and Ask A Pemi-Baker Nurse days at your local senior centers. Providing compassionate care with experienced staff who are trained, certified professionals and also your neighbors. In your time of need, we're right where you need us.

Pemi-Baker is located at 101 Boulder Point Dr., Suite 3, Plymouth. To contact us please call: 603-536-2232 or email: info@pbhha.org Like our Facebook Page: @pembakerhospicehomehealth

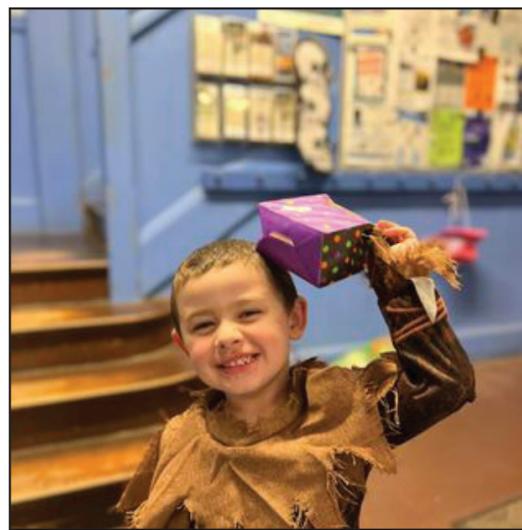
Spring Fever in February at the TTCC



BRISTOL — It's a vast snowscape now, with banks of gray, brown and white and narrowing icy roads to navigate, but Summer Camp is just around the corner, with registration opening on March 4. Couple this with Ball Season registrations opening on Feb. 1 and spring fever has hit, game on! Before we ush-

er in the longer days and better weather, we have some amazing programs to keep you busy, beginning with our next Parents Night Out, which is themed all things Pokémon.

On Feb. 17, TTCC will be hosting a special 'Pokémon' Parents Night Out, where you can drop the kids off from 5 to 9 p.m. and get all those things done that you haven't had a chance to get to, or you could collapse



on the couch and take a much-deserved breather. The Teen Council always delivers an amazing night and includes a special dinner, a Pokémon hunt, Pokémon bingo, crafts and more! The cost is \$25 per child, for more information contact the TTCC office. Space is limited sign up today!

The TTCC Baseball, Softball and T-Ball Season kicked off registrations on Feb. 1. Sign up for one of our ball programs with Opening Day on May 4 this year. Check out the TTCC website for more information and for dates and

times. To keep you busy and bustling towards the better weather, we have pick-up games from Volleyball to Badminton to Pickleball, all for just \$2 a night, or \$50 over the season. Get a game going and get in shape for ball and bug season.

For more information, please contact our office at (603) 744-2713 or through email at info@ttccrec.org. Stay safe and warm while we await the coming of Spring, it is surely on its way.

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Opinion

A6 *'The unity of freedom has never relied on uniformity of opinion.'* John Fitzgerald Kennedy

SALMON PRESS, THURSDAY, FEBRUARY 8, 2024

Leading with purpose: Prioritizing local issues over the culture war

At a time when communities far and wide face pressing challenges like homelessness, substance misuse, and the need for unity, it is essential that our local leaders redirect their focus towards the issues that truly matter. Rather than engaging in divisive cultural battles, true leadership demands a dedication to improving the daily lives of residents by addressing local concerns.

One of the most pressing issues in many communities today is homelessness. Our woods and streets are home to many individuals who are struggling to find shelter and support. This issue should take precedence over divisive cultural debates, as it directly impacts the well-being and safety of our very own community members.

Similarly, the challenge of substance misuse is a significant concern that requires our leaders' full attention. Addiction affects not only the individuals grappling with it but also their families and communities. Local leaders should work collaboratively to establish effective rehabilitation and support programs that address this issue head-on, instead of allowing it to be overshadowed by polarizing cultural discussions.

A true leader understands the importance of bridging gaps rather than creating divisions. In an era marked by increasing polarization, it is incumbent upon our local leaders to strive for unity. Their role should be to bring residents together, encouraging dialogue and understanding among diverse groups. Creating a sense of community and solidarity should be a top priority, as it helps build a stronger, more resilient society.

It is crucial to recognize that small, symbolic issues like the presence of a two-inch pride sticker on a public building's door should not distract us from the substantial problems at hand. A leader's duty is to prioritize actions that will improve the daily lives of everyone in the community. While diverse perspectives are important, focusing on such symbolic issues detracts from the time and resources that could be better allocated to address actual challenges.

Furthermore, thriving businesses are an integral part of a flourishing community. Local leaders should work tirelessly to create an environment where businesses can thrive. A prosperous economy enables residents to access better opportunities and services, thus improving their quality of life.

Effective local leadership necessitates a clear focus on the issues that directly impact our community's well-being, such as homelessness, substance misuse, and unity. Divisive cultural debates, while important in their own right, should not overshadow these pressing concerns. A true leader, one with courage, prioritizes the needs of their constituents, brings people together, and strives to build a stronger, more resilient community. By doing so, they ensure that businesses thrive, basic needs are met, and everyone can enjoy a higher quality of life.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

River Newman wins New Hampton Community School spelling bee

COURTESY

Fifth grade student River Newman, son of Brett Newman and Elizabeth O'Toole, was crowned top speller of the New Hampton Community School (NHCS) Spelling Bee on Wednesday, Jan. 24. Third-grader Cedar Newman, River's brother, placed second. The school spelling bee was a spell-off between the top two finishers from each classroom competition for grades first through fifth. Newman will compete in an online semi final bee this year before the final, regional state spelling bee. This will be for all NH school winners. Twenty to Twenty-five of the top scorers will advance to the New Hampshire Regional final spelling bee on March 30. The spelling bee was held at NHCS and was judged by community members, Jenette Shedd, Christine Hunewell, and Nancy Coffin. The event was sponsored by the NHCS Parent Teacher Organization and organized and facilitated by NHCS faculty. Information about the New Hampshire State Spelling Bee can be found at www.unionleader.com.



Letters to the Editor

Voters need to be there for Newfound's deliberative session

To the Editor:

Last Saturday was Newfound School District's annual bullying, snickering, belittling deliberative session on anyone against their position. As usual, the folks there were teachers, staff and parents who were being disrespectful of the opposing side. These people were almost ordered to be there by the middle school principal in a Facebook post. As one person told me, if they were students doing this, they would have been disciplined or expelled from school. Funny, or actually not so funny, was, the topic Social Emotional Learning (SEL). I guess they don't understand how to be social, show empathy, be inclusive and respectful of others' views.

This group has been doing this for years, and the moderator lets them. To them, changing warrant articles' intent and spending other people's money has no limits. They get away with this because many of the good people that should be there are either tied of being bullied, working, away for the winter or as-

sume someone else will be there for them.

Voters need to come out to this once-a-year session or you get runaway taxes while grades stay almost unchanged. People need to be there to vote on the other articles as well, like giving parents the option to Opt-In to Social Emotional Learn (SEL). The school district can't even identify or define SEL to where an opt-in permission would be needed; how absurd.

Want to know more about SEL? E-mail me at john.sellers@leg.state.nh.us and I'll be glad to show you the Good, Bad and Ugly of SEL framework they are pushing on our schools to collect data, usurp family permissions and values, teach CRT and DEI in our schools. I'm not talking about the common sense daily social and emotional that goes on in schools, sports, extra-curricular activities, etc.; that is completely different.

Rep. John Sellers
Bristol

Plymouth's Pease Library is a treasure

To the Editor:

I would like to take a minute to thank the people at Plymouth's Pease Public Library for their fine efforts with the escape room adventure! We were able to enjoy the complexities and solutions that they put together. Our understanding is that this was their first time establishing an escape room and we have to give them huge 'thumbs up' for their ingenuity and creativity. (And I believe it is rumored that plans might be in the works for another!)

They also supply our local sports card club with a fabulous area to meet monthly.

I hope people from Plymouth and surrounding areas realize what a treasure we have right here in the middle of town.

Thank you.

Chuck Jette
Rumney

PTA grateful for community's support

To the Editor:

The Plymouth Elementary School PTA would like to send a thanks to our community for supporting the school for their winter program and having "snacks in every pocket."

We would like to send extra thanks to the Plym-

outh Walmart and the Plymouth Hannaford stores for their generous donations of snacks that will make these winter events even more fun and fulfilling for our students.

Jenny Thibeault
Plymouth



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PETS OF THE WEEK



Brady

Meet Brady! This handsome pup is eager for a life of adventure in the great outdoors. Brady enjoys spending time in the woods and even making friends with other dogs here at the shelter! He has an easy going personality and would do best with adult friends only.



Mia

Meet Mia! This gentle girl is looking for rest and relaxation in her forever home. In Mia's calm future household, she is hoping for a little extra time to warm up and humans to help build her confidence in a new environment.



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GOING OUT OF TOWN

Rediscovering charming Newburyport



PHOTOS BY ERIN PLUMMER

The Inn Street Mall and its fountain are a prominent part of Newburyport's downtown.

BY ERIN PLUMMER
ernews@salmonpress.news

A fun part about road tripping and visiting local places is rediscovering places I last visited a long time ago, and discovering what makes such a place amazing. My recent trip to Newburyport, Mass., was a big example of it. In 2013, I visited there briefly with friends. More than a decade later, I finally brought myself back and found a lovely city with a lot of fun areas to explore and an amazing history.

Newburyport is located on Massachusetts' North Shore, along the Merrimack River, and is easily accessible by I-95 and Route 128.

The only time I had been to Newburyport before was a side trip while visiting a few friends in the Salem, Mass. area. We took a quick drive to Newburyport earlier one evening, walked around a little, and grabbed dinner before heading back to Salem. After 10 years, I've been thinking of checking out Newburyport on my own, then I came across some webcams from around downtown and my interest was piqued again.

When I went down, I had no idea where along the North Shore it was. I ended up being pleasantly surprised it was actually not that far over the state line and maybe around half an hour away from Portsmouth. After a shorter than expected drive, I found a parking spot and started my usual exploratory crawl.

When I got to Newburyport, I was surrounded by lovely brick buildings and intersecting sidewalks, all of

which just begged to be explored. It was slightly overwhelming; I didn't know where to start. After a while I accepted that there was no way I would be able to explore the entire downtown in one afternoon and looked at everything I could in a short space.

The majority of the buildings in downtown Newburyport are big brick buildings. You can just see the history in its architecture and its layout.

According to the Greater Newburyport Chamber of Commerce and Industry, the area was originally settled by the Pawtucket Tribe, with Europeans arriving in 1630. Capt. Paul White built the first wharf in 1655 and a booming maritime industry followed. The city of Newbury was created and became a bustling port by the mid 1700's.

In 1811, a massive fire destroyed much of downtown Newburyport, which proved to be a devastating blow to the city's economy. In 1851, Newburyport broke off from Newbury to become its own city. At the same time, a series of state-of-the-art steam powered mills opened in the city that greatly helped the city's economy.

The downtown area experienced a decline in the 1950s, with many buildings that had been part of the city's history sitting abandoned. According to History Newburyport, by the 1960's, plans were underway for the city to demolish much of the historic buildings and replace them with a strip mall and parking lots. A group formed under the Historical Society of Old

Newbury to restore the old buildings and the city received federal Urban Renewal funds to help with the process.

After years of community efforts, Mayor Byron Matthews took on the initiative to renew the downtown area and find new uses for its historic buildings. As a result, Newburyport experienced a significant renewal. Several landmarks around the downtown area pay tribute to Mayor Matthews for his efforts that ended with urban renewal of Newburyport. One of these places is Byron's Court with a large piece of stone with a bronze plaque recognizing Matthews' efforts. Matthews passed away in 2023 at the age of 94.

So many of the city's historical buildings are still standing and have many different uses by businesses. The buildings reflect the city's eclectic history and nature. On one street is the Newburyport Rear Range Lighthouse, a literal brick lighthouse right downtown. Just a few blocks away is a firehouse from 1834 that was renovated and repurposed with an olive-green exterior, a yellow fence, and red trim.

One of the most prominent areas of downtown is the Inn Street Mall, a wide courtyard between the brick buildings. The Inn Street Mall was the center of the great fire of 1811, and now it's a pedestrian area. In the center is a fountain that was constructed and dedicated in 1975 to the city's maritime history.

Eventually, I found myself on a few side streets, and thought I was going away from downtown. That's when I saw what I immediately recognized as old brick and metal mill build-

ings, only packed with so many stores, restaurants, and offices.

This is the Tannery Hill Marketplace, a series of buildings that now house an assortment of businesses. According to Tannery Marketplace, the first three mill buildings once were the home of Prime Tanning Co., who sold the buildings to Hall and Moskow and David in 1985. After an environmental clean-up, the new mall offered space for incubator businesses. The campus expanded when the Mercury Anodizing building was purchased in 1992 to become Mill No. 4 and the construction of a building over a tank farm became Mill No. 5.

Each building is numbered with arrow signs posted outside indicating where different businesses are located. Each of the different buildings have a unique layout. Each utilize the space in the different buildings and fill them out with new businesses.

Several businesses are located inside Mill No. 1 and the building was fun to explore with all its lofts and iron stairs. Most of the businesses in the other buildings are on the exterior. Mill No. 5 has a metal and wood structure that was fun to climb up.

My wandering ended at the boardwalk along the river right by the marina, another area that was created through the urban renewal of the 1970s. The Mayor Peter J. Matthews Memorial Boardwalk was dedicated to another mayor who worked hard for



Mill No. 5 is part of the Tannery Marketplace that repurposed unused mills and industrial structures into space for burgeoning businesses.

the city's renewal in the 1990s. The boardwalk provided some lovely views over the river along with boats and water birds. Normally, I would park on a bench in an area like this, but it was a little too chilly that day.

I ended my visit to Newburyport with a stop at The Angry Donut and Cafe, one of the first places that caught my eye in town. I made a point to go there after I was done some wandering. The Angry Donut is a small café with a lovely pink interior. It still had a Christmas tree up, loaded with doughnut-shaped ornaments. Considering that I collect food-shaped ornaments myself I was getting ideas from this tree.

As for the donuts

themselves, they were amazing. I got a maple bacon and a raspberry chocolate. The maple bacon tasted like a guilty pleasure breakfast. The raspberry chocolate had a bright burst of raspberry flavor over a pillowy surface. I resisted the urge to get a whole dozen more in different flavors, but I might not be able to resist the urge next time.

When I left, I already knew I wanted to come back again. Given how close it is I might visit a little more often and properly explore, especially in the warmer months. Even though I had been here a long time ago, it still felt like a fun find with a lot of nooks, crannies, and history to explore.



The inside of Mill No. 1 at Tannery Marketplace.

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Edward Jones: Financial Focus

Benefits of fixed-income investments

When many people think about investing, the first thing that comes to mind is the stock market. And that's not surprising, as the rise and fall of stock prices is constantly in the news. But if you're going to achieve your financial goals, you may well need to look beyond stocks and include fixed-income investments in your portfolio.

Fixed-income investments offer three important benefits:

- **Income** – When you invest in fixed-income vehicles, such as bonds, Treasury securities and certificates of deposit (CDs), you receive regular income in the form of interest payments. And you continue to receive this income until your investment matures or you sell it, no matter what's happening in the financial markets. Of course, the income you can receive from fixed-income investments will always depend on the interest rates at which these investments were issued. But if you

own a mix of long-term and short-term fixed-income investments, you can gain some protection against fluctuating rates. When market rates are low, you can get greater income from your longer-term bonds, which typically — although not always — pay higher rates. And when market rates rise, you can benefit by reinvesting the proceeds from your shorter-term bonds.

- **Diversification** – If you were only to own stocks, or stock-based mutual funds, your portfolio would be susceptible to higher risks, especially with market downturns. But you may be able to reduce the impact of market volatility by adding fixed-income investments to your holdings. Bond prices often move in a different direction from stocks, so if stock prices are falling, you might find that the value of your bonds is rising. You can also diversify within the fixed-income portion of your portfolio by owning a mix of

corporate and Treasury bonds, as well as CDs, just to name a few.

- **Stability** – As mentioned, you will always receive interest payments from your bonds if you hold them until maturity. But if you wanted to sell your bonds before they mature, you could get more, or less, than what you originally paid for them. When market interest rates rise, the price of your current bonds will likely fall, as no one will pay you the full price for them when they get newer ones that pay more — this is what's known as interest-rate risk. Conversely, when market rates fall, the prices of your current bonds will probably rise. But here's the key point to remember: Bond prices generally don't fluctuate as much as stock prices. In other words, bonds are typically less volatile than stocks. Consequently, owning bonds can add diversification to your portfolio. And to maximize the stability

lizing effects of bonds, you may want to stick with high-quality bonds rated as "investment grade" by independent bond-rating agencies.

How much of your portfolio should consist of fixed-income investments? There's no one right answer for everyone. And over time, your interest in these types of investments may well change — for example, as you near retirement, you may want to consider shifting some of your growth-oriented investments into income-producing ones, though you'll still need some growth potential to keep up with inflation. In any case, the combination of income, diversification and stability provided by bonds and similar securities should be compelling enough for you to find a place for them in your investment mix.

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Talk of the Towns

News from our Local Correspondents

Alexandria

Merry Ruggirello 744-5383
merrysunshine51@yahoo.com

Thank you, Mother Nature, for these sunny days! Has anyone worn out their seed catalogues yet? Gosh, here I go, getting ahead of myself again. Happens every year and I think they call it Cabin Fever!

Town
Saturday, Feb. 10, Deliberative Session (First Session of Town Meeting) at 10 a.m. in the Town Hall, 45 Washburn Road. Second Session will be Tuesday, March 12, with the polls open from 11 a.m. until 7 p.m.

Thursday, Feb. 15 at 7 p.m., the Conservation Commission will be hosting a presentation and discussion on the Alexandria Turtle Preserve.

The Alexandria Planning Board is in the process of updating the Master Plan. There are surveys available at the Municipal Building, Transfer Station and will be available at the Deliberative Session.

Alexandria UMC

Sunday, Feb. 11, services will begin at 9 a.m., with Pastor Mark Lamprey officiating. Communion will be served at an open table. Coffee Hour will be served immediately following services.

There will be an Administrative Council Meeting on Sunday, Feb. 11 at 11:15 a.m. in the Vestry.

Time for me to get on with another adventure today. Have a wonderful week ahead!

Ashland

David Ruell 968-7716
davidruell@gmail.com

Candidates for offices
Unless there are write-in campaigns, there will be only one contested race on the Town ballot, and none on the School District ballot, at the local elections on March 12.

Three candidates, Meghan Semiao, Jeanine Angell and incumbent Andrew Fitch, have signed up for the two Selectmen positions. (Incumbent Bob Letourneau is not running for reelection.) Most of the other Town

positions will have only one candidate on the ballot, incumbent Lisa Rollins for Trustee of Trust Funds, incumbent Mardean Badger for Library Trustee, Michelle Roloff for Cemetery Trustee, incumbent Beverly Ober for Supervisor of the Checklist, and Rebecca Hartley for Town Clerk/Collector. (Patsy Tucker is retiring after 35 years of working for the Town, 33 of them as the Town

Clerk.) Incumbent Kendall Hughes and Michelle Roloff are running for the two Budget Committee positions. No one signed up for the Town Moderator's job.

Incumbent Steve Heath is running for the one School Board member position. There will be no candidates on the ballot for School District Clerk, Treasurer, or Moderator.

Town Deliberative Session

The Town Meeting's Deliberative Session lasted four hours, two of which were devoted to discussion of Article 15, on the Waste To Energy Facility. Three amendments were offered to that article. One was adopted to include a reference to tipping fees as income. Another was proposed but later withdrawn. Finally, an amendment was presented to change the appropriation for the facility from \$135 million to \$1, which was approved on a secret ballot vote of 41 yeas to 29 nays.

Most of the 38 warrant articles received little to no discussion. The only other amendment offered was to add \$12,000 to the Town Budget article to move the bandstand to another part of the ballfield rather than demolish it. (Mill Pond Associates have required that it and the skating rink be removed from the right of way across the ballfield to their property.) But the amendment failed after the selectmen stated their preference to build a new but smaller bandstand elsewhere on the ballfield.

To watch a video of the deliberative session, go to the town Web site, ashlandnh.org, and click on "Official Ashland Videos" on the right hand side of the home page.

The warrant articles now go to the voters at the local election, to be held in the school gym on Tuesday, March 12.

"Growing Up in Communist China" talk at the Library

Lily Tang Williams was born in China just before Mao's Cultural Revolution. She will present her personal story of survival during that Revolution at 2 p.m. today (Thursday, Feb. 8) at the Ashland Town Library. She will also discuss the traditions, arts, foods and celebrations of the Chinese New Year.

Pizza & Painting for Teens at Library

The Ashland Town Library will host "Pizza + Painting for Teens" at 4 p.m. this Friday, Feb. 9, for teens 12 and older. All supplies and the food will be provided. Registration is needed because space is limited.

Library Crafting Group

The Saturday Crafting Group will work on Felt Bird Bookmarks from 10 a.m. to noon on Saturday, Feb. 17. All

supplies will be provided. As space is limited, registration is required.

Valentine's Day Pasta Night

The American Legion will serve a Valentine's Day Pasta Night from 5 to 7 p.m. Saturday, Feb. 17, in the Legion Hall. The menu will include chicken parm, Alfredo, pasta fazool, meatballs, salad and dessert. The price will be \$12 for adults and \$6 for children.

Fourth of July Theme and Logo

The Fourth of July Committee has selected "Red, White and Boom!" as the theme for this year's celebration. The Committee is now looking for a logo based on that theme and would welcome designs. Designs can be emailed to the Committee at july-fourth@ashland.nh.gov or mailed to the Committee at PO Box 517, Ashland NH 03217.

Bristol

Al Blakeley
adblakeley0@gmail.com

Newfound Regional High School will hold the One Act Plays competition on Friday, Feb. 9 at 7 pm in the auditorium. The snow date will be on Saturday, Feb. 10.

Town Meeting will be held on Saturday, March 16 at the Newfound Regional High School beginning at 9 a.m. For up-to-date information regarding both Town Elections and Town Meeting, check the Town Web site: www.bristolnh.gov.

The Minot-Sleeper Library will be closed on Monday, Feb. 19 for Presidents Day. Friends of the MSL has been selected to benefit from Hannaford's Community Bag Program. For the month of February, whenever a \$2.50 Hannaford Community Bag is purchased at the Bristol store, \$1 will be donated to the Friends of the Library. The Trustees monthly meeting will be held on Thursday, Feb. 22 at 5 p.m.

Make your own Valentine cards on Wednesday, Feb. 14 from 3 - 4 p.m. at the MSL. Meet Miss Martha in the meeting room to make your own creative Valentine cards. All ages are welcome. Family Craft Time on Wednesday, Feb. 21 will feature Hot Cocoa Hodgepodge Jars from 3:30 - 4:30 p.m. in the meeting room. Refreshments will be provided by Friends of the Library. The Newfound Lake Region Association will present the State of the Lake on Tuesday, Feb. 27 from 6 - 7:30 p.m.

A follow up meeting covering the Community Power Program Overview will be held at the Minot-Sleeper Library on Feb. 20.

Tarot Workshops re-

turn to the Minot-Sleeper Library on Fridays starting on Feb. 9. Beginners will be at 10:30 a.m., and Refresher class at noon. Call 744-3352 to sign up.

Adult Programs are available for your participation through the TTCC. These include, but not limited to: Badminton on Mondays from 7 - 9 p.m., Volleyball at the BVHS on Tuesdays and Fridays from 7 - 9 p.m., and Pickleball that has a variable schedule. Call 744-2713 for information.

This Friday, Feb. 9, the TTCC will be hosting the 2024 Father-Daughter Dance from 6 - 9pm, with two tiers or recommended age-related times. From 6 - 7:15 p.m., we recommend that the pre-K to 2nd graders bust out their best dance moves and from 7:45 - 9 p.m. we recommend that the 3rd graders and up get their chance to 'cut up the rug'. For just \$20 per couple (\$5/additional child) you can enjoy music and refreshments, corsages for all of the girls, prizes for dance contests and limbo and door prizes throughout the night. All ages are welcome.

Having a birthday but short on funds? The TTCC now has Birthday Bags! If you have a birthday coming up, but not on the budget to order a cake, through the generosity of a community member, the TTCC now has bags available that include cake mix, oil, frosting, candles and decorations. Stop by to pick one up or give them a call to find out more (744-2713).

The Newfound Lake Region Association (NLRA) will hold a Newfound Nature Station event, Exploring Winter, to be held at Grey Rocks Conservation Area at 178 N. Shore Rd. in Hebron on Feb. 13 from 1 - 3 p.m. and Feb. 17 from 10 a.m. to noon. Visitors will walk the trails, looking for clues about the life happening all around and make nature journals total home. This program is fee and open to all.

Shape-Up Newfound cardio/strength training workouts for men and women of all fitness levels will be held under the direction of Donna Evans at the Bristol Elementary School on Mondays and Thursdays at 6 p.m. and on Saturdays at 8 a.m. The first class is free and the cost is \$6 per class after that with an option of a 10 class punch card @ \$55, or 12 weeks for \$110. For further information, contact Donna Evans at donna.evans78@yahoo.com.

TTCC Indoor Soccer will be held at the BHVS gymnasium starting on March 9 through April 13, 2024 on Saturdays. Four and five year olds - 8:30-9:15 a.m., and six and seven year olds - 9:30-10:30 a.m. The cost will be \$20 per player. Coach-

es are needed. Please call 744-2713 for information.

Registration is now open for Baseball, Softball and T-Ball programs. Training programs will start soon and regular season runs from April through mid-June. Volunteers needed.

Teen dances at the TTCC have been cancelled due to the repairs and renovations.

During Winter Break, starting Feb. 25 through March 3, join the Slim Baker Foundation for Outdoor Education at the Slim Baker Area for this week-long event Snow Creations Field Exhibit! This event is for snow sculptures at the Area field. Come any time and create a snowman, dog, dragon, igloo or whatever sculpture you like. Take a picture and send it to events@slimbaker.org. Fan favorites will be chosen on Facebook the following week! If you aren't into sculpting, come on up and view the creative works.

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

Personal care drive

This Sunday, Feb. 11, following the South Danbury Church's Table Worship at 11 a.m. will be the annual drive-by Love your neighbor donation event. It will take place from noon to 1 p.m. The donations will be placed on the "South Danbury Church Essential Home Goods Shelf" at the Danbury Community Center. Contributions can also be brought to the DCC or to church services and events. The church is located at 1411 U.S. Route 4 in South Danbury.

Meet your Neighbor Night

The Blazing Star Grange will hold a meet your neighbor night at their Feb. 15 meeting. Held at the grange hall, 15 North Rd. in Danbury, the event starts at 7 p.m. All are welcomed to this annual event, full of fun and a great opportunity to learn about our area. There will be prizes and refreshments. The evening is scheduled to end by 8pm unless, of course, you wish to socialize a little longer. In case of bad weather, follow Facebook Blazing Star Grange of Danbury NH or call/text 512-6876-7722.

Local Food Listening Session

The grange is hosting an info gathering session of local farms on Saturday morning, Feb. 24 at 9:30 a.m. Meetings around the state will gather similar information which will then be compiled by the NH Food Alliance and used to create a NH Local food and agriculture strategic plan. The aim of the plan is to provide guidance, funding, education and programs

that will allow NH to produce more food locally. It starts at the grass roots level of talking to the people that are now producing our food. They are asked to share their visions, challenges and needs. Lunch, will be provided as a way to allow for networking. Please RSVP by Feb 21st stating any dietary needs and food allergies. Please call/tex 512-676-7722, email donnaarden@gmail.com or message the grange thru the Blazing Star Grange of Danbury NH Facebook page. The Grange Hall is located at 15 North Rd., in Danbury.

March Farmers Market

The Danbury Winter Farmers market will be held on Saturday, March 2 from 9 a.m. to noon. It's Sharpening Day at the market so bring your axes, knives, scissors etc for sharpening on the grindstone by Mike Braley.

The Grange hall is located at 15 North Rd. in Danbury, just a stone's throw from the intersection of Routes 4 and 104.

Holderness

Fran Taylor 968-3846

A reminder that the Library has Chair Yoga on Mondays and Fridays from 9-10 a.m. Stitch and Chat on Tuesday from 1-3 p.m. The February Banned book is "Looking for Alaska" by John Greene. This coming-of-age story is set at a boarding school in Alabama. The Noon Book Group will discuss "The Keeper of Lost Things" by Ruth Hogan on Feb. 21.

Congratulations to Holderness School students James Bae '26 and Samantha Zhang '25 who have received honorable mentions from the annual Scholastic Art Awards of New Hampshire.

Looks like Rockywold Deephaven Camps will be taking their famous cakes of ice from Squam soon. In a typical year, the camp harvests 200 tons of ice and stores the ice in two ice houses where it lasts through the summer season. Each cottage has an old fashioned ice box where snacks and drinks can be stored.

NH Coaches' Series Classic cross country competition at the high school (PRHS) this coming Sunday. Look for some of our Holderness kids to do well! This is a high school competition where the coaching by Molly Whitcomb, Peter Hendel, Jamie Hanon and Kristina Casey at the elementary level really pays off! Thanks to the Holderness School for allowing our students to use their course for practice.

SLA will have Winterfest on Saturday, Feb. 17 from noon to 3 p.m. No chili contest this year due to the ongoing renovations. Campfire, s'mores, hot chocolate, sledding, winter mini-golf,

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alexandria	Knowles Hill Road	N/A	\$47,250	Mary Joanna Dewolf Estate and Cynthia Gunn	Sean M. Brogan
Ashland	1132 US Route 3	N/A	\$1,365,000	Cottage Place At Squam Lake LLC	Free Spirit Ventures LLC
Campton	N/A	N/A	\$65,000	Randolph C. and Traci Sawtelle	Lisa J. and Christopher D. Dowell
Holderness	981 US Route 3 Mixed Use (Commercial/Other)	N/A	\$4,100,000	Joseph J. Bladecki, Sr.	Boulders LLC
Holderness	N/A	N/A	\$695,000	Jon M. Graton	Alan W. and Antoinette L. Neil
New Hampton	35 Kelley Pond Rd.	Single-Family Residence	\$389,000	Richard C. Thieme, Jr. and Susan Decareau	Kalena Graham and Andrew Livernois
Rumney	Quincy Road	N/A	\$145,000	Lewis Fiscal Trust and Richard B. Lewis	Alexander Defreitas
Thornton	117 Covered Bridge Rd.	Single-Family Residence	\$450,000	Daniel T. and Lee-Ann K. Gregg	Stephen Tower
Warren	Stimson Road	N/A	\$30,600	Sharon Palmer and Joy Panacopoulos	Sam L. Fillingier
Warren	Stimson Road	N/A	\$30,600	Sharon Palmer and Joy Panacopoulos	Matthew C. Lavallee

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might in-

volve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Conservation plant sale provides benefits for landowners and wildlife

REGION — The Grafton County Conservation District (GCCD) is now taking orders for

the 2024 Conservation Plant Sale. Plants are selected for environmental benefits such as wildlife

food and cover, reforestation, wind and sound protection, shade, bank stabilization and erosion

control. The plants are sold as bare-root stock. Healthy, hardy plants adapted to our growing conditions are offered for sale. The Plant Sale is GCCD's biggest fund raising activity each year.

black chokeberry and American hazelnut provide food and cover for birds and small mammals. Gray dogwood, spicebush, ninebark and buttonbush are attractive to birds and butterflies. American arborvitae, balsam and fraser fir, white pine, sugar maple and American mountain ash can provide browse, fruits and shelter for wildlife, shade and wind protection. A variety of apples, blueberries and raspberries are also available.

receive more information on the Conservation Plant Sale and an information packet contact Grafton County Conservation District at 603 787-6973 or email: pamela.gilbert@nh.nacdn.net. The 2024 Plant Sale Order Form and Plant Descriptions are also available on our Website at <http://graftonccd.org>. The deadline for ordering plants is Feb. 24. The plant orders available for pickup up at Windy Ridge Orchard in North Haverhill on Friday, April 26 and Saturday April 27 for spring planting.

Towns

FROM PAGE A8

ice skating rink, grilled burgers/hot dogs, water quality monitoring, cookie decorating and more.

Students at the Central School will be auditioning this week for parts in the spring play "Matilda Jr."

For those 18 and over, Adult volleyball, badminton and basketball at the Central School gym still have openings.

Lakes Region VNA will offer a Blood Pressure Clinic on Wednesday, Feb. 14 at 11 a.m. Give the office a call at 603-968-3700 to say you're coming.

Basket Making with Ray Lagasse has openings in April, May and June. Always popular so register ahead.

Tink Taylor reports that at Monday's monthly meeting of the Transportation Advisory Committee of the Lakes Region Planning Commission meeting in Laconia, a key topic was plans for making our communities more bike/pedestrian friendly: more bikeways, safer places to walk. Planning to carry out these goals is underway.

Rumney

Elise Saad (508) 981-4184
elise@infonetics-usa.com

Upcoming Events and news at the Byron G. Merrill Library

New hours for February- Sundays from 2-4 p.m.

February events
Saturday, Feb. 10, 10:30 a.m. - Valentine's Fun for everyone!

Red cup stacking challenge, games and snacks

Wednesday Feb. 14, 3:30 p.m.- After School Valentine's Fun for our Middle Schoolers

We'll play games (bowling!), build a cardboard house or maybe a cardboard shark and just have fun- of course there will be snacks! RSVP: katy@rumneylibrary.org

Saturday Feb. 17, 10:30 a.m.- Sewing Workshop
Ages 7 and up with a parent or caregiver.

Let's make a simple

apron!

Fabric and some supplies provided. Please bring a sewing machine and scissors if you can. If you have a favorite fabric, please bring that too. (Fabric donations are always welcome)

Snacks too!

RSVP: jkello@rumneylibrary.org

Friday, Feb. 23, 5:30 p.m.- Black History Month book discussion

Come into the library and check out one of our curated books - both fiction and nonfiction - or bring your own. The goals are to pick a book that educates and elevates us, discuss it with others and perhaps choose to read a book that we learn about during the discussion. This conversation will be facilitated to help keep us focused and on topic. For questions, please email Katy at katy@rumneylibrary.org or stop into the library!

Every Wednesday at 1 p.m., please join us for our Fiber Arts group. Bring your current project and enjoy a cup of tea, good company and a puzzle! Please email Katy with any questions, katy@rumneylibrary.org.

We'll see you at the library!

Warren/Wentworth

Gary Jesseman 707-7129
garyj@together.net

Greetings everyone.

Hope you all are enjoying this spring-like winter weather.

I was gratified the ground hog didn't see his shadow. I am holding out

hope that Spring is not far away!

WARREN NEWS—I have no Warren news at this time.

WENTWORTH NEWS—Bone Builders is a low impact exercise program which aims to do just that, strengthen your bones. It also works to improve one's balance. Both of these are things we, human beings who lead more sedentary lives and/or are advancing in age, need.

Join the fun at the Congregational Church on Tuesdays and Thursdays at 10 a.m.!

The next meeting of the Book Club will be at Webster Memorial Library on Monday, Feb. 12 to discuss "The Alice Network" by Kate Quinn. There are still copies available at the Library. The group meets at 6 p.m.

The Wentworth Market is currently seeking vendors for the upcoming 2024 season. Anyone interested can email Renee at wentworthmarket@gmail.com for more information.

Have a good week, and remember to count your blessings!

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Area named to Dean's List at University of New England

BIDDEFORD, Maine —The following students have been named to the Dean's List for the 2023 fall semester at the University of New England. Dean's List students have attained a grade point average of 3.3 or better out of a possible 4.0 at the end of the semester.

The University of New England is Maine's largest private university, with two beautiful coastal campuses in Maine, a one-of-a-kind study-abroad campus in

Tangier, Morocco, and an array of flexible on-line offerings. In an uncommonly welcoming and supportive community, we offer hands-on learning, empowering students to make a positive impact in a world full of challenges. We are the state's top provider of health professionals and home to Maine's only medical and dental colleges, a variety of other interprofessionally aligned health care programs, and nationally recognized degree paths in the marine sciences,

the natural and social sciences, business, the humanities, and the arts. Visit une.edu.

Bristol
Averi Curran
Mikayla Ulwick

Campton
Alexandra MacDon-ald

Holderness
Marissa Carter
Dalton Donovan

Plymouth
Jocelyn LaClair



Youth Swim Lessons!

Did You Know!

Formal swimming lessons reduces the likelihood of childhood drowning by 88%.

Ages: 4-10
Day/Dates:

Session A Sundays March 3*, 10, 17, 24
Session B Sundays April 7*, 14, 21, 28
Session C Mon-Thurs April 22*, 23, 24, 25
Session D Sundays May 5*, 12, 19, June 2

Location: Best Western Plymouth Inn-White Mountains *Newly Renovated!!*
1513 US Rte 3, Campton, NH

➔ **ONLINE REGISTRATION!** ←

See our website under the Swim Lessons tab.
And see a more detailed Flyer!

REGISTRATION DATES:
Plymouth Residents: 1/29 - 2/15 (or until full)
Non-Residents: 2/16 - until full (if space remains)

Register NOW!
This will fill!

Promote Play. Create Connection.

CHURCHES

Campton Congregational

Sunday, Feb. 11
9:30 a.m. Sunday worship led by Pastor Jeff Robie and Tim Uthmann
10 a.m. Children's Sermon/Sunday School.
Following Worship we gather for fellowship.

Tuesday, Feb. 13
10:30 a.m. Bible Study
Noon BYO Lunch
1 p.m. Ladies Guild meets for fun and games!

At 9:30 a.m. on Sunday, Feb. 11, Executive Director Tim Uthmann from The Pilgrim Center for Reconciliation will be speaking at Campton Congregational Church. Tim notes, "We all have bondages, burdens, brokenness, baggage and bitterness that block the rivers of living water from flowing in our lives. When we're dammed up inside nothing works well, individually or corporately. We're blocked from experiencing true reconciliation with God, ourselves, in our relationships, in our communities, and in the world. The work of the Pilgrim Center is to come alongside and help remove those blockages so the rivers of living water can freely flow in us and through us." Tim holds a B.S. in Communications/Bible & Theology from Multnomah Bible College. Currently, Tim is on a wild adventure exploring the depths of

God's love which colors everything he does! Join us for a very interesting service.

All are welcome Sunday mornings, as we come together to Worship God. Our Church is a member of the National Association of Congregational Christian Churches, a national body of churches dedicated to preserving traditional Congregational principles and practices in the world. Our Services are available on Facebook. Bible studies are available on Zoom. If you are unable to be with us in person, tithes and offerings may be sent to PO Box 328, Campton, NH 03223. Please direct any questions or needs to ourccc1774@gmail.com or call 603-536-2536.

Christian Science Society, Plymouth

Everyone is welcome at our Sunday services, which we hold each week at 10 a.m. in our Emerson Street building. This this weeks Sunday Bible lesson topic is "Spirit" and it begins with this verse from John, "God gives the spirit generously." It can be studied during the week, including in our Reading Room study area, and will be read in churches around the world this coming Sunday.

We offer classes for children and teens in our Sunday School at the same time as our church service. Students learn how the truths and lessons in the Bible can help them with their everyday lives.

Our Wednesday meetings, which are held at 6 p.m. each week, include short readings from the Bible and from the Christian Science textbook with thoughts to help meet personal and world needs. Then there is time for sharing with one another gratitude for healing experiences in our lives, as well as thoughts and insights from our spiritual study and prayer. We'd love to have you join us.

Please visit our Web site at www.cs-plymouth-nh.org if you would like to join in our services by zoom.

The Reading Room in our church building is open Monday noon to 2 p.m. You're welcome to come in to browse, borrow books and resources which include Bible reference materials and many other books and publications. There are books for children as well as the award winning Christian Science Monitor weekly magazine.

At jsh-online.com there are new articles each week, many with audio. There is a section of interest to teens and young adults. This week's podcast is an interview titled "God is speaking. Listen up!"

Holy Trinity (Roman Catholic)

Our Mass Schedule is Saturday at 4 p.m. at St. Matthew In Plymouth, Sunday at 7:30 a.m. at St. Matthew, 9:30 a.m. at Our Lady of Grace in Bristol and 11:30 a.m. at St. Matthew in Plymouth.

Ash Wednesday is Wednesday, Feb. 14. There will be a Mass at 8 a.m. at Our Lady of Grace, as well as a Mass at St. Matthew Church in Plymouth at 6:30 p.m., and four ten minute Liturgy of the Word services at 10 a.m., noon, 2 and 4 p.m.

Stations of the Cross will be every Friday during Lent at Noon at St. Matthew Church and 6 p.m. at Our Lady of Grace Chapel beginning on Feb. 16.

The "Eucharist in Scripture" by Scott Hahn will be our Lenten program this year. Call Maureen at 603-536-4700 if you would like to register. There are three different times at two locations.

Masses are livestreamed. Go to holylitryparishnh.org and go to the livestream button. Masses that are livestreamed are Saturday at 4 p.m., Sunday at 7:30 a.m. and 11:30 a.m. Daily Masses on Mondays and Fridays at 8 a.m. are also livestreamed.

Eucharistic Adoration is on Mondays after 8 a.m. Mass at St. Matthew Church until 3 p.m.

If there is a two hour delay or a snow day in Bristol on a Tuesday or Thursday, then Mass and Adoration will be canceled. Fr. Mark will livestream the Mass from Plymouth.

If you would like to receive the parish bulletin by email, contact Chris at chrischiasson@holylitryparishnh.org.

The Knights of Columbus in Bristol will host a Fish Fry on Friday, Feb. 16 from 4:30 to 7 p.m. Take out is available.

Our next potluck luncheon is Sunday, Feb. 18 after the 11:30 a.m. Mass in Pope Francis Hall, next to St. Matthew Church. Please bring a dish to share.

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship holds Sunday services each Sunday at 9:30 a.m., both in person at 101 Fairgrounds Rd., Plymouth, and live streamed via Zoom. Nursery and childcare services are available. Religious education classes are offered every week.

Feb. 11
Spiritual Journeys
Bob Chandler, Susan Scrimshaw, and Sue Ellen Tuttle

Everyone has come

to our community for a reason; everyone has a story. The spiritual journeys we take are like all journeys, filled with ups and downs, twists and turns. Three of our members will be bringing their stories to our Fellowship, join us!

Unitarian Universalism is a caring, open-minded religion that encourages you to seek your own spiritual path. Our Faith draws on many religious traditions, welcoming people with different beliefs. We are a Welcoming Congregation recognizing no distinction of class, nationality, race, gender, or sexual orientation.

For more information and Zoom link, visit our Web site, www.starrkingfellowship.org.

Wentworth Congregational

Here is our list of upcoming speakers:

Our services are now at 10 a.m., except for the first Sunday Communion

Service in West Rumney, which is at 9 a.m.

Feb. 11—Rev. Cindy Petrie (Bible Study after the service)

Feb. 18—Joy Moody
Feb. 25—Rev. Lynn Morrison

We have moved downstairs for worship during the winter, so we don't have to heat the upstairs.



ALEXANDRIA
Alexandria United Methodist
12 Washburn Rd., Alexandria Village, Alexandria
9 a.m. Sunday Worship Service
Pastor Mark Lamprey • 603-744-8104
Methodist Church
April 16th Easter Worship @ 9a.m.

ASHLAND
Ashland United Methodist
18 Washington St., Ashland
9:30 Sunday morning Worship Service
Visit our Website:
<https://ashlandumc.faithlifetimes.com/>
for more information and recordings of the Services.
Pastor Roger Kleinpeter
1-603-254-7796

Ashland Community Church
55 Main Street - Ashland
(across from Shurline Market)
10:00 a.m. Worship
August 18 - September 15 Teaching Series: "I Love My Church!"
Toddler Zone (infants - five years old) led by Kara Hamill and Kid Zone (for K-6th grade) led by Debbie Madden.
Small groups: We offer adult small groups that meet on Sunday, Tuesday, Wednesday, and Thursday evenings.
New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019.
Pastor Ernie Madden
(603) 968-9464
accernie@hotmail.com

Emmanuel Episcopal Church
18 Highland Street, Ashland
(603) 968-7640
9:30 am Sunday School and Worship
Rev. Stephen Rugg

BRISTOL
Bristol Baptist Church
30 Summer Street, Bristol, NH 03222
(603) 744-3885
SUNDAY
• Worship service with music as well as the Scriptural message and time of fellowship. 10:00 a.m.
• We also do "live streaming" of this service. Sermons/message of each week can be found on our website (bristolbaptistchurch.org)

Bristol United Church of Christ
15 Church St., Bristol
9 a.m. Bible Study • 10 a.m. Sunday School
10 a.m. Worship Service • Child Care Available • 744-8132
Our Lady of Grace
(part of Holy Trinity Parish)
2 West Shore Rd Bristol, NH 03222
Mass Schedule: 9:30 AM on Sundays (this is

the only Mass on Sundays year round now).
Daily Masses: Tuesdays and Thursdays at 8 AM.
Eucharistic Adoration every Thursday after Mass until 10:00 AM.
Parish office for both locations:
11 School St, Plymouth, NH 03264.
Phone: (603) 536-4700.

CAMPTON
Campton Baptist Church
1345 Main Street, Campton (603) 726-4662
Sunday 10 a.m. Worship Service followed by Time of Fellowship
Monday 4 p.m. Bible Study
Wednesday 7 p.m. Prayer
Friday 5:30 p.m. Dinner & Movie (free)
Women's Gathering 2nd Tuesdays 10 a.m.
Men's Breakfast 2nd Saturdays 7 a.m.
"Digging Deeper" Service 3rd Sundays 7 p.m.
Food Pantry by Appointment
All are Welcome • Handicapped Accessible
Pastor Chuck Green

Campton Congregational
#495 Rt. 175, Campton
9:30 a.m. Sunday Worship Service
Nursery and Child Care Available
10:30 a.m. Tue. Bible Study for Youth & Adults
Rev. Jeffery Robie • 536-2536
Member NACCC
New Light Chapel
Southmayd Plaza (off I-93 Exit 28)
24 Southmayd Road, Campton
(Across Route 49 from Campton Mobil)
10:00 a.m. Sunday Worship Service
Childcare and Children's Ministry available
Pastor Steven Veinotte
www.newlightchapel.com

DANBURY
Danbury Christian Church
High St., Danbury
9:30 a.m. Sunday School
11 a.m. Morning Worship
Tuesdays 6:30 p.m. AWANA
Thursday, 7:00 p.m. Prayer Group/Bible Study

United Church of Danbury
"All Are Welcome"
Rt. 104 — Near Center of Town
9:30 a.m. Sunday Worship Service
9:30 a.m. Sunday School
Contact: Sylvia Hill, Deacon at 768-3936
danburypastor@myfairpoint.net

HANOVER
Our Savior Lutheran Church
5 Summer Street, Hanover • 643-3703
10:30 a.m. Sunday Service of Holy Communion and Children's Church
9:15 a.m. Adult Education Hour

HEBRON
Union Congregational Church
15 Church Lane, Hebron
603-744-5883
We welcome all persons

The Rev. Ralph S. English
Worship Service - Sunday 10am
Communion is celebrated on the first Sunday of each month
A Coffee Hour following worship
Recorded Services on website
www.hebronchurchnh.org

HILL
Hill Village Bible Church
9 a.m. - Sunday School
10 a.m. - Morning Worship
11 a.m. - Coffee Fellowship
11:30 a.m. - Bible Hour
6:30p.m. - Wed. Prayer & Bible Hour
Teen/Children's Ministries
Nursery provided at all services
Pastor: Rev. Daniel Boyce
Youth Pastor: Nathan Pelletier
www.hillvillagebiblechurch.com
Look for us on Facebook

HOLDERNESS
Holderness Community Church
919 US Route 3 - P.O. Box 613
Holderness, NH 03245
Worship Service - Sunday 10 a.m.
Rev. Chris Drew - 968-3219
www.holdernesscommunitychurch.org

NEW HAMPTON
New Hampton Community Church
(603) 744-8252
A Christian Church with a Family friendly atmosphere • Main St. New Hampton
10 a.m. Sunday Worship
Nursery care, Children & Youth ed.
Life Groups meet throughout the week at the church, in area homes and via ZOOM.
Pastor Scott Mitchell
pastorscott@newhamptoncc.org
<https://newhamptoncc.org/>
Join us also online:
<https://www.youtube.com/@NewHamptonCommunityChurch>

PLYMOUTH
Calvary Independent Baptist • 536-3024
115 Yeaton Rd., West Plymouth
8:45 a.m. Sunday Morning Service
10:30 a.m. Sunday School
6:30 p.m. Sun. Evening Service-Tilton
7:00 p.m. Tuesday Evening Service
Dr. Chester W. Kulus, Pastor

Christian Science Society
7 Emerson St., Plymouth
10-11 a.m. -Sun. Service/Sun. School
Wed. 6:00-7:00-Testimonial Meeting
www.cs-plymouth-nh.org

Church of Jesus Christ of Latter-Day Saints
354 Fairgrounds Rd., Plymouth
10:00a.m. Worship Service
11:10a.m. Sunday School
Kevin Simpson • 536-3664

Gateway Alliance Church
9 Fairgrounds Road, Plymouth • 536-3043
Sunday School and Adult Education
9:45 a.m.

Worship Service 11:00 a.m.
(Nursery Care is available)
Dennis Simmons, Pastor
gatewayalliancechurch.org

Grace Baptist Church
Meeting temporarily at the Baker River Bible Church at 259 Route 25, Wentworth, NH
1:30 p.m. - Sunday School for all ages
2:30 p.m. - Sunday Worship Service
Thursday, 6:30 p.m. - Teen and Adult Bible Study
Thursday, 6:30 p.m. - Kids "Patch the Pirate" Club (from September - May)
Fall Meetings with Morris Gleiser, October 18-22.
Sunday, 1:30 and 2:30 PM; Monday - Thursday at 7:00 PM.
Visit www.gbchnh.org for sermons and more information.

Holy Trinity Parish (Roman Catholic)
Our Lady of Grace Chapel
2 West Shore Rd, Bristol
St. Matthew Church
11 School St in Plymouth NH.
Parish Office: 11 School St in Plymouth (603) 536-4700.
Office email: holylitrynh@gmail.com
Communications coordinator: Christine Chiasson email: chrischiasson@holylitryparishnh.org.
Pastor: Fr. Mark Dollard.
Instagram: [holylitryNH](https://www.instagram.com/holyTrinityNH).
FB page is Holy Trinity News and Info.

Plymouth Congregational United Church of Christ
Sunday Worship 9:30 AM on Facebook Live
Virtual Sunday School 9:30 AM
Open and Affirming, Just Peace
Global and Local Missions. Fully Accessible
Pastor, Rev. Sara M. Holland
Ashley Paine, Organist/Accompanist
David Williams, Director of Music
536-2626 • www.uccplymouth.org

Plymouth United Methodist Church
334 Fairgrounds Road
(603)536-1941
Sunday Morning Worship 9:30 am weekly
Restoration Church
319 Highland Street, Plymouth NH
10:30 am morning service
We Care Food Pantry
Open every Monday from 10-2

Starr King Unitarian Universalist Fellowship
101 Fairgrounds Rd., Plymouth
536-8908
9:30 a.m. Sunday Service and Church School & Nursery Care
Rev. Linda Barnes
www.starrkingfellowship.org

RUMNEY
Rumney Baptist Church
Rumney Baptist Church
Rev. Seth Powers, Pastor
375 Main Street • 786-9918
rumneybaptist.org

office@rumneybaptist.org
Like us on Facebook
Sundays: 10:00 a.m. Sunday Worship Service
Livestreaming on YouTube
Blended, worshipful music
Relevant Bible teaching
Children's ministry
6:30 p.m. Mondays: Teen Worship Service
Small group Bible studies throughout the week

West Rumney Community Church United Church of Christ
1218 Old Road between Rts 3 & 175
Sun. Worship 9 a.m., All are welcome.

THORNTON
Thornton United Methodist
22 Church St., Thornton
Off Cross Road between Rts 3 & 175
Call 603-726-3774 for more information or to leave a message.

WARREN
Warren United Methodist Church
On the Common, Warren, NH
Sunday Worship 1:30 p.m.
Sunday School 10 a.m.
Rev. Dr. David Palmer • 787-6887

WENTWORTH
Baker River Bible Church
259 Moosilake Hwy., Wentworth
* Sunday School - 9:45 a.m.
* Morning Worship Service 11:00 a.m.
* Potluck Lunch - 12:00 noon
* Afternoon Service 1:30 p.m.
* Wednesday Prayer Meeting, Patch the Pirate Club for grades 1-6, and Teen Youth Group 7:00 p.m.
Rev. Bruce Michaud, Pastor
764-9406 or 786-9550

Wentworth Baptist Church Independent, Fundamental, K.J.V.
260 Cape Moonshine Rd., Wentworth
9:30 a.m. Sunday School
10:30 a.m. Sunday Service
1 p.m. Sunday Afternoon Service
7 p.m. Wednesday Evening Service
764-9800 www.wbcnh.org

Wentworth Congregational Church
Wentworth Village Road (Common)
wentworthcongregationalchurch.org
Sunday services: 10:15 a.m., Sept. thru May.
9:00 a.m., May thru August
764-9081

WOODSTOCK
Pemi Valley Church
1091 Rte 3 South Woodstock, • 745-6241
ALL ARE WELCOME
Wednesday - 6:30 p.m. Bible Study and Prayer Group.
Sunday 9-10 a.m. Worship Service and Children's Sunday School. 10-10:30 a.m. Refreshments.
Reverend John Muehlke Jr.

Three Bobcat girls in top 10 in Nordic Coaches Series race



Addison Englund skis in the New Hampshire Coaches Series race on Jan. 28 in Holderness. JOSHUA SPAULDING



Gordon Love races during the Jan. 28 New Hampshire Coaches Series race.



Elli Englund powers through the course at Holderness School on Jan. 28.



Tate Hayman skis for Plymouth during the New Hampshire Coaches Series race Jan. 28.

BY JOSHUA SPAULDING
Sports Editor

HOLDERNESS — The Plymouth Nordic girls had an impressive performance in the first New Hampshire Nordic Coaches Series race on Jan. 28 in Holderness. The Bobcats placed three girls in the top six in the freestyle race, which featured skiers from all the public and private schools in the state.

Addison Englund led the Bobcat girls with a third place finish overall in a time of 10:10, while Elli Englund was fifth in a time of 10:20. Ella Ronci rounded out the Bobcats in the top-10, finishing in sixth place in 10:22.

Leah Ines skied to 15th place in a time of 11:26 and Heron Hannon was 18th in a time of 11:51. Johanna Wakefield was 44th overall in 13:13,

Anna Boyer placed 65th in a time of 14:13 and Kelsey Maine was 79th in 14:47.

Leo Ebner led the Plymouth boys, finishing in ninth place with a time of 8:47, while Nicholas Ring skied to 18th place overall in a time of 9:11. Tate Hayman finished in 36th place in a time of 10:15 and Gordon Love was 65th overall with a time of 11:29.

Declan Ulricson placed 83rd overall in a time of 12:11 and Abraham Hankens was 114th overall with a time of 13:50.

The Bobcats took to the trails at Waterville Valley on Wednesday, Jan. 31, and both the boys and girls came home with the wins.

The girls took spots one through four and all skiers finished in the top

20. Elli Englund won the race, with Ronci in second, Addison Englund in third and Hannon in fourth place. Ines was sixth, Maine placed 12th, Wakefield was 16th and Boyer finished in 18th place.

For the boys, Ebner finished in third place to lead the Bobcats, while Ring was fourth overall and Hayman was eighth. Love skied to 11th place,

Ulricson was 18th and Hankens finished in 19th place.

The Bobcats are scheduled to host the second New Hampshire Coaches Series race, which takes place at the high school on Saturday, Feb. 10, starting at 10:30 a.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bear boys and girls both fourth in Winnepesaukee Alpine Race



Addie Alpers skis for Newfound during the Winnepesaukee Alpine Race last Friday. Racers often wear unique costumes and outfits for the annual race. JOSHUA SPAULDING



Ceili Irving skis in the slalom during the Winnepesaukee Alpine Race last Friday at Gunstock.



Cameron Ehmann races in the Winnepesaukee Alpine Race last week in Gilford.

BY JOSHUA SPAULDING
Sports Editor

GILFORD — The Newfound alpine boys and girls both finished in fourth place in the Winnepesaukee Alpine Race at Gunstock on Friday, Feb. 2. The meet featured the teams from around the lake, including Gilford, Belmont, Inter-Lakes, Moultonborough, Kingswood, Prospect Mountain and Laconia.

For the boys in the morning giant slalom, Colin Foster led the way with a fifth place finish in 58.83 seconds and Broderick Edwards was ninth in 1:00.33. Beckett VanLenten was 11th overall in 1:00.82 and Wyatt Towne finished out the scoring in 32nd place in a time of 1:14.2.

In the afternoon slalom, Edwards was Newfound's top finisher, placing 12th in 1:08.37 and Cameron Ehmann skied to 13th in 1:09.65. Towne was 30th in 1:31.55 and Foster placed 33rd in 1:40.86.

In the morning giant slalom for the girls, the Bears were led by Adeline Dolloff with a 12th place finish in 1:01.89. Addie Alpers placed 18th in 1:03.88, Ceili Irving was 25th overall in 1:04.97 and Elle MacDonald put up a time of 2:04.85 for 43rd place.

MacDonald paced

the Bears in the afternoon slalom, finishing in sixth place in a time of 1:02.06, with Alpers on 14th place in 1:12.9. Irving was 23rd overall in 1:17.45 and Dolloff was 41st with a time of 2:09.8.

The Bears are scheduled to be at Gunstock for the final regular season meet on Friday, Feb. 9, with the State Meets both at Gunstock in the coming week. The boys race Tuesday, Feb. 13, and the girls race Wednesday, Feb. 14.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

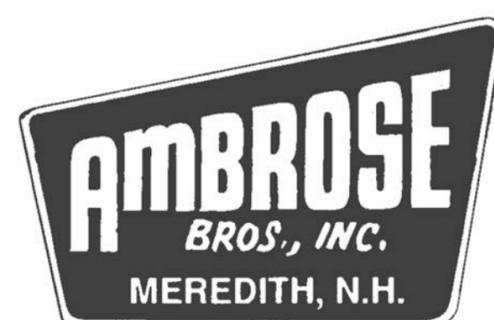


Beckett VanLenten races in the slalom at Gunstock last Friday afternoon.



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Route 3 • Meredith, NH 03253

Bobcat hoop boys edged by Kennett



JOSHUA SPAULDING

Kyle Dodge looks to move around the defense of Kennett's Allen Noun in action last Tuesday night.

BY JOSHUA SPAULDING
Sports Editor

PLYMOUTH — In a 32-minute defensive battle in Plymouth on Tuesday, Jan. 30, the Kennett boys' basketball team rallied from a tough second quarter to pull out a 33-32 win over the Plymouth Bobcats.

"I thought we executed the game plan well, but without Chance (Twomey), it's tough, he's our primary ball-handler," said Plymouth coach Ben Cronin, who was also without fellow starter Johnny Flaherty. "No excuses, but we put ourselves in a place to win, we had an open look at the end."

"Defensively, every time you hold a team in the 30s, you can't complain," the Bobcat coach continued. "We see them again down the stretch, they're going to get better, they had an off night."

Kennett got the first two baskets of the game, with Tavon Porter and Allen Noun connecting before Plymouth's Trevin Stone drained a pair of free throws to get

the hosts on the board. Jayden Jackson added a hoop for the Eagles, but Plymouth came back with consecutive hoops from Luke Legacy and Stone to tie the game at six.

Kennett got a hoop from Noun and a three-pointer from Owen Robertson to take the 11-6 lead to the end of the first quarter.

Plymouth got a pair of three-pointers from Turner Oldenburg to start the second quarter, propelling them to the 12-11 lead before Grady Marunowski added a hoop for the 14-11 lead.

Daven Bailey put back a rebound with less than a minute to go in the quarter for Kennett's first points of the frame, but a Dylan Webster three-pointer closed out the first half and Plymouth took the 17-13 lead to the intermission.

Legacy got the scoring started in the second half before Robertson responded for the Eagles. Stone connected for the Bobcats, but Bailey put back a rebound at the other end of the

court. Webster then hit a three-pointer and finished off a Kyle Dodge steal for the 26-17 lead for Plymouth.

Kennett was able to close out the third quarter with seven points in a row, with Tristyn Jones connecting on a pair of hoops and Noun drilling a three-pointer to cut the lead to 26-24 heading to the final eight minutes.

Jackson hit a hoop to tie the game at 26 starting the fourth quarter before Oldenburg answered with a hoop for the Bobcats. Two free throws from Bailey tied the game again at 28 but Stone answered with two free throws to put the Bobcats up by two.

Another Bailey hoop tied the game at 30 and a bucket from Jones sent the Eagles to the 32-30 lead with 3:20 to go in the game. Robertson then hit a free throw in the final minute to push the lead to 33-30 and Plymouth had a chance to tie the game with a three-pointer, but the shot was off the mark. Stone was there to put the rebound



Trevin Stone goes hard to the hoop in action against Kennett last week.

back, leaving the Bobcats one point short, as Kennett took the 33-32 lead.

"We'll get back to work, we just have to find a way to get a couple more (wins) to try and get into the playoffs," said Cronin. "We haven't been there since 2014."

Stone led the Bobcats with 10 points while Bailey was the top scorer for the Eagles with eight points.

Plymouth is sched-

uled to be in action at Sanborn on Friday, Feb. 9, at will be hosting Lebanon on Tuesday, Feb. 13, both with 6:30 p.m. scheduled starts.

Kennett is slated to be at Pembroke for a 7 p.m. game on Friday, Feb. 9, and will be hosting Coe-Brown on Tuesday, Feb. 13, at 6:30 p.m.

KHS 11-2-11-9-33
PRHS 6-11-9-6-32

Kennett 33

Jackson 2-0-4, Noun 3-0-7, Robertson 2-1-6, Porter 1-0-2, Bailey 3-2-8, Jones 3-0-6, Totals 14-3-33

Plymouth 32
Webster 3-0-8,
Marunowski 1-0-2, Legacy 2-0-4, Stone 3-4-10, Oldenburg 3-0-8, Totals 12-4-32

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bulls ski in New Hampshire Nordic Coaches Series race



JOSHUA SPAULDING

Jack Diemar skis for Holderness during the New Hampshire Coaches Series race on Jan. 28.

BY JOSHUA SPAULDING
Sports Editor

HOLDERNESS — Holderness School skiers got to compete on their home course in the first New Hampshire Coaches Series race on Jan. 28. The freestyle race featured all the high school racers from

both public and private schools around the state. Annie Bergeron was the first skier in for the Holderness girls, finishing in 10th place in 11:08. Anika LaRoche skied to 19th place in 11:55, Mabel Casey was 21st in 12:03 and Lillian Holland

skied to 22nd place in a time of 12:06.

Eli Cook was 29th overall in 12:41, Sarah Angevine skied to 38th place in 13:04, Elena LaRoche was 41st in 13:08 and Marlena Maleska was 50th in 13:27.

Jack Diemar was the



Annie Bergeron led the Holderness girls in the New Hampshire Coaches Series race Jan. 28.

first Holderness boy, finishing in 17th place in 9:09, while Calvin Sweeney was 54th overall in 11:07 and Thomas Ke-

hler was 74th in a time of 11:44. Jason Weng finished in 23:31 for 151st place overall.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

HIGH SCHOOL SLATE

Thursday, Feb. 8

NEWFOUND
Boys' Hoops at Newport; 7
Girls' Hoops vs. Newport; 6
PLYMOUTH
Girls' Hoops vs. Sanborn; 6:30
Friday, Feb. 9

NEWFOUND
Alpine Skiing at Gunstock; 10
PLYMOUTH
Boys' Hoops at Sanborn; 6:30
Wrestling vs. Spaulding; 6

Saturday, Feb. 10

PLYMOUTH

Hockey vs. Lebanon (Proctor); 7
Nordic Skiing Home Meet; 10
Tuesday, Feb. 13
PLYMOUTH
Boys' Hoops vs. Lebanon; 6:30
Girls' Hoops at Lebanon; 6:30
Hockey vs. Pembroke-Campbell (PSU); 4

Thursday, Feb. 15

PLYMOUTH
Boys' Hoops at Bow; 7
Girls' Hoops vs. Bow; 6:30

All schedules are subject to change.

SEND US YOUR NEWS!!!



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salmonpress.news



Bear boys bounce back from loss in Alton, beat Berlin

BY JOSHUA SPAULDING

Sports Editor

ALTON — After a low-scoring first quarter that saw the teams combine for just 13 points, the Prospect Mountain boys' basketball team came through with a strong effort in the second quarter and then held tight for a 47-36 win over visiting Newfound on Monday, Jan. 29.

Vinnie Defosses got the scoring started for Newfound with a three-pointer and then Ty Belyea followed with consecutive baskets to give the Bears the 7-0 lead. Nathan Leavitt answered for the Timber Wolves, hitting a pair of hoops, the second coming off his own steal and Dillon Miller added a hoop for Prospect Mountain and Newfound had the 7-6 lead after one quarter of play.

Brayden Jenkins got Newfound on the board to start the second quarter but Prospect hit four three-pointers in a row to take control. Leavitt hit three of those three-pointers and Joseph Deane added another as the Timber Wolves opened up the 18-9 lead.

Deane then hit two hoops and a free throw to stretch the lead to 23-9 before Nate Arnold drilled a three-pointer for the Bears to close out the



Prospect Mountain's Dillon Miller goes up to block a shot by Newfound's Hayden Dolloff in action on Jan. 29.

first half and Prospect Mountain's lead was 23-12 heading to halftime.

Jayden Belyea hit a three and finished off his own steal to open the third quarter for the Bears, cutting the lead to 23-17 before Miller hit a free throw for Prospect. Jayden Belyea added a free throw before Shaun McAneney added

a three-pointer for the Timber Wolves for the 27-18 lead.

Josh Blouin connected on a free throw for Newfound, but Deane drilled a three-pointer at the other end of the court. Jayden Belyea added a pair of free throws but another Deane three-pointer upped the lead to 33-21. Jayden Belyea got the fi-



Jayden Belyea drives toward the lane in action against Prospect Mountain last Monday.

nal points of the quarter, converting a three-point play and Prospect's lead was 33-24 at the end of the third quarter.

McAneney connected on a hoop for the Timber Wolves to open the fourth quarter before Ty Belyea hit a hoop for Newfound. Wyatt Varney and Deane drained consecutive baskets for the Timber Wolves. Defosses and Blouin hit free throws for the Bears sandwiched around a Deane basket and Prospect's lead was 41-28.

After Deane hit a free

throw, Jayden Belyea connected on back-to-back basket, the second on a nice feed from Jenkins. Miller put the ball in the hoop for the Timber Wolves before Jayden Belyea hit consecutive baskets again to cut the lead to 44-36.

However, Ethan Capsalis hit two from the free throw line and Deane added one from the stripe and Prospect Mountain had the 47-36 win.

Deane finished with 20 points to lead the Timber Wolves while Leavitt added 13 points. Jayden

Belyea led the Bears with 19 points.

The next night, the Bears made the trip north to Berlin and returned home with a 39-33 win over the Mountaineers.

The Bears trailed 6-4 after one quarter but took the lead after the second quarter, 15-14. Prospect led 26-19 after three quarters and closed out the six-point win.

Defosses finished with 10 points to lead the way for the Bears.

Newfound is scheduled to be at Newport for a 7 p.m. game on Friday, Feb. 9, while Prospect Mountain is scheduled to host Campbell on Friday, Feb. 9, at 6 p.m.

PMHS 6-17-10-14-47
NRHS 7-5-12-12-36

Prospect Mountain 47
Capsalis 0-2-2, McAneney 2-0-5, Leavitt 5-0-13, Deane 7-3-20, Varney 1-0-2, Miller 2-1-5, Totals 17-6-47

Newfound 36
Jenkins 1-0-2, Defosses 1-1-4, J. Belyea 7-4-19, Blouin 0-2-2, T. Belyea 3-0-6, Arnold 1-0-3, Totals 13-7-36

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bear girls hang tough early, fall to Timber Wolves

BY JOSHUA SPAULDING

Sports Editor

ALTON — The Prospect and Newfound girls' hoop teams were locked in a battle in the first quarter on Monday, Jan. 29, but the host Timber Wolves pulled away in the second quarter and expanded the lead in the second half to pick up the 60-33 win over the visiting Bears.

Ella Smith got the scoring started for the Timber Wolves and scored the first eight points of the game for the hosts, including a three-pointer and a free throw, while Newfound's Cora Sanschagrin netted Newfound's first hoop as Prospect took an 8-2 lead.

Sophia Capsalis hit two free throws and a hoop for the Timber Wolves to up the lead to 10 before Rylee Barney connected from long distance for Newfound. Capsalis hit another hoop and Barney added one at the other end before a Capsalis three pushed the Prospect lead back to 10 at 17-10.

Sanschagrin and Leah McFarland hit consecutive three-pointers for the Bears to cut the lead to four, but Prospect's Delaney Drolet added a free throw to close out the quarter and Prospect's lead was 18-13 after eight minutes of play.

Drolet and Capsalis hit the first two hoops of the second quarter for the Timber Wolves and Leah McFarland added a free throw for a 23-13 lead. McFarland added a free throw for Newfound, but Emma Foster added a hoop for Prospect Mountain for the 25-14 lead.

Sanschagrin put back a rebound for the Bears before Capsalis and Barney exchanged free



Prospect Mountain's Maddie Miller and Newfound's Bailey Dow battle for control of the ball in action last Monday.

throws. Foster added a hoop to close out the first half and Prospect Mountain's lead was 28-17 at the break.

Smith opened the third quarter with a three-point play and after Barney connected on a free throw at the other end, Capsalis had a hoop and a three-pointer for the 36-18 lead. Bailey Dow drilled a three for the Bears before Smith connected on another Prospect hoop.

Smith then added a three-pointer and Paige Harding added a hoop as the Timber Wolves built the lead to 43-21. McFarland and Dow had free throws for Newfound sandwiched around a free throw from Prospect's Ava Foster and Drolet added one from the stripe for the hosts as well.

Barney hit four free throws down the stretch for Newfound while Dro-

let and Capsalis both hit hoops for the Timber Wolves and Prospect Mountain took the 49-27 lead to the fourth quarter.

Aijah Thoroughgood opened the fourth quarter for the Timber Wolves with a three-pointer, with Sanschagrin con-



Cora Sanschagrin goes hard to the hoop against Prospect Mountain's defense last Monday in Alton.

necting for a hoop at the other end and Barney adding a free throw. Emma Foster found the bottom of the net for the hosts but Sanschagrin drilled a three-pointer for the Bears.

Drolet hit a pair of

hoops and Thoroughgood finished off her own steal with a basket and the Timber Wolves had the 60-33 victory.

Capsalis finished

with 19 points, Smith added 16 and Drolet had 11 to lead Prospect while both Barney and Sanschagrin finished with 12 points to lead the Bears.

The Bears are scheduled to take on Newport in a home game on Friday, Feb. 9, at 6 p.m. while the Timber Wolves are slated to be at Campbell on the same day and time.

PMHS 18-10-21-11-60
NRHS 13-4-10-6-33

Prospect Mountain 60
Harding 1-0-2, Smith 6-2-16, Thoroughgood 2-0-5, A. Foster 0-1-1, Drolet 4-3-11, E. Foster 3-0-6, Capsalis 7-3-19, Totals 23-9-60

Newfound 33
McFarland 1-2-5, Barney 2-7-12, Dow 1-1-4, Sanschagrin 5-0-12, Totals 9-10-33

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Local residents named to Dean's List at Saint Michael's College

COLCHESTER, Vt. — The following local students were named to the Dean's List at Saint Michael's College for the Fall 2023 semester. Students who complete at least 12 credits of classes and achieve a grade point average of at least 3.5 in a particular semester are cited on the Dean's List for that semester.

- Gretchen A. Reynolds of Bristol
- Mckenzie E. Rowbotham of Plymouth

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Saint Michael's College, founded on principles of social justice and leading lives of purpose and consequence, is a selective, Catholic college just outside Burlington, Vermont, one of the country's best college towns. Located between the Green Mountains and Lake Champlain, our closely connected community guarantees housing all four years and delivers internationally respected liberal arts together with an innovative Purposeful Learning Program, preparing students for fulfilling careers and meaningful lives. Young adults here grow intellectually, socially, and morally, learning to be responsible for themselves, each other, and their world.

Santore named to Dean's List at Butler University

INDIANAPOLIS, Ind. — Thomas Santore, a Junior music composition major from Plymouth, has been named to the Fall 2023 Dean's List at Butler University. Santore is a 2021 graduate of Plymouth Regional High School.

Santore was named to the University Dean's List because his GPA for Fall '23 was in the top 20 percent of all students in the Jordan College of the Arts at Butler.

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Library

FROM PAGE A1

began to meet, funds left unused in the library's account helped in a number of ways. Projects included installation of a new oil tank, removing bats who had taken up residence in the attic, and paying for some expensive bills such as electric and phone services that were never discontinued when the library closed, Glidden said. That money is now running out however.

Since the formation of the new board, the Trustees have freshened up the building with new paint but still want to have the antique tin ceiling cleaned, all the stacks thoroughly dusted and books put back in place on the shelves. Purchases of two computers, work on interior and exterior mainte-

nance, paying off the final installation costs for the oil tank, hooking up to water and sewer from the Town Hall and the addition of a bathroom are also on their list of fund raising projects

"We'd also like to make it more of a library, but not a typical one," Glidden said.

Among their other plans are a number of activities through which the community can come together: Coffee chats and perhaps some old-time 8mm film nights are just a start. Entertainment at the bandstand, fly-tying classes, a variety of children's activities and much more are some of the ideas they have discussed thus far.

The board is also developing plans to work in conjunction with the Alexandria Historical Society and the town's

Conservation Commission for other family oriented fun and educational activities.

After cleaning the building, making repairs and starting a few fund raising events to reopen the facility, the trustees have now scripted a warrant article for this year's Town Meeting, asking the town to take ownership of the "land, building, books and other associated personal property" of the library. Within Article 12, the trustees also request an appropriation of \$5,000 to be used as operational funds. Once official transfer of the facility is made to the Town of Alexandria it will then become a public library with elected trustees, each voted into office for three year staggered terms

Alexandria's First Deliberative Session will be

held at 10 a.m. on Saturday, Feb. 10, at the Town Hall on Washburn Road, beside the library building.

Both the Alexandria Board of Selectmen and the town Budget Committee have unanimously approved the proposed article and along with 11 other articles, it will be up for discussion and approval at the First Deliberative Session this Saturday. From there, whether amended or approved as written, it will be placed on the ballot for a final vote in the Second Deliberative Session on March 12.

Haynes Library Trustees will also be holding a Work Day at 10 a.m. on Saturday, Feb. 17, and invite all those willing to assist with the cleaning and organization of the historic library to join them that morning.

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EOE

Wrestling

FROM PAGE A1

a Natick opponent to take third overall.

Hussein Osseiran also picked up third place at 215 pounds, also starting by getting pinned by a Natick opponent. He came back to beat teammate John Comeau by pin, then pinned a Raymond opponent, beat a Spaulding wrestler 6-1 and a Portsmouth wrestler 4-0 to finish third overall.

Wrestling at 120 pounds, Robert Phipps worked his way to third place overall. He pinned an opponent from White Mountains to start, then dropped a 6-4 decision to Souhegan. He bounced

back with pins over foes from Lebanon and John Stark to take third place.

Eli Crane finished in fourth place at 150 pounds. He got a pin of Raymond to start the day and after getting pinned by a White Mountains wrestler, he came back to pin a different Spartan, got a 6-3 win over Souhegan and a pin over Portsmouth before being pinned by a Natick wrestler to finish fourth overall.

Also earning fourth place was Tristan Patridge at 175 pounds. He got a 19-8 win over White Mountains to start and after being pinned by Spaulding, he pinned foes from Kingswood, Spaulding and

Natick before dropping a 5-2 decision to Kingswood to place fourth overall.

At 120 pounds, Kody Sawyer was pinned by a John Stark opponent, came back to get pins over White Mountains and Campbell before being pinned by John Stark to close out his day.

At 126 pounds, Blaine Hiltz was pinned by Mascoma to start, got a 4-2 win over Raymond and then beat teammate Sebastian Sargent by a 7-2 score. He was pinned by Campbell to end his day. Sargent got a 7-4 win over Souhegan, then dropped a 6-4 decision to Con-Val before falling to Hiltz.

Aiden Patridge got a

pin of Raymond to start his day at 144 pounds, was pinned by Lebanon, came back to get a pin of Campbell before being pinned by Kingswood to finish his day.

Grant Wenhart was pinned by Campbell in his first match at 165 pounds, then pinned wrestlers from Lebanon and Portsmouth and beat Mascoma 6-2 before falling 3-1 to a Natick wrestler. Dante Szarka in the same weight class was pinned by Mascoma to start, got a 7-2 win over Kingswood and was pinned by Mascoma again to finish out the day. Domenic Ciotti also wrestled at 165 pounds and after being pinned by Spaulding, got pins of

Con-Val and Mascoma before falling to Spaulding 8-0.

At 175 pounds, Alex Fleury pinned a Spaulding foe to start the day but was then pinned by Souhegan and Kingswood.

Drake Tautenhan at 285 pounds was pinned by Portsmouth in his first match, got a pin over Lebanon and was pinned by Portsmouth to finish the day.

Ellis Pietroniro at 126 pounds, Teagan Hersey at 132 pounds, Hailey Demers at 138 pounds, Charles McBrearty at 190 pounds, Comeau at 215 pounds and Lex Santom at 285 pounds all dropped their first two matches.

The Bobcats dropped a close 39-36 decision to John Stark last Wednesday at Kingswood, though did get the win over the host Knights.

“John Stark has eight seniors and they wanted a piece of Plymouth before they go,” Cleary said. “They’re a contender to bring home first or second place in two weeks.”

Plymouth is slated to host Spaulding (Vermont) on Friday, Feb. 9, at 6 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Help Wanted

Ashland

FROM PAGE A1

Superintendent Mary Moriarty explained that it was difficult to find contractors willing to replace the old gymnasium boiler and the

associated piping. One complete quote had been obtained and she hoped to have two more quotes. She suggested and the board agreed to save time by working with the quotes, rather than going through the usual sealed bid process. At

one point, switching from oil to propane was being considered, but there was no place to put a new propane tank, so it was agreed to stay with oil. Grant money is now available for adding insulation to the gymnasium roof, but the work has to be underway by June 30. It will also be necessary to have a structural engineer determine how to handle the increased snow load on the roof that the added insulation will cause.

The board held the second reading and gave final approval to a new policy on Nursing Mothers Accommodation, and ten amended

policies on Ergonomic Policy, on Employee Discrimination/Harassment and Title IX Sexual Harassment Complaint Procedures, on Promotion and Non-promotion, on Change of Class or School Assignment, Best Interests and Manifest Hardship, on Age of Entrance, on Student Searches and Their Property, on Use of Restraint and Seclusion, on General Provisions for Administration of Medicine, on Title I Parent Involvement in Education, and on Public Gifts/Donations. The board also voted to rescind the old policy on Manifest Educational Hardship, now covered

in an amended policy.

The Superintendent gave the report on school activities, normally given by Principal Donnelly, who was unable to attend the meeting. The winter recreation program, which included skiing, skating, and some on-campus activities, is now over. All who helped with the recreation program were thanked. The winter testing of students has also been completed, and the results are now being evaluated. The basketball season is also over. The boys' basketball team had an undefeated season. Winter Carnival, complete with

a bonfire, will be held before the February vacation. The school play will be performed in March. Twenty-five students from Kingswood High School visited the school and interacted with the Ashland students, for the James Foley project, inspired by the life and death of the reporter. They will return in the spring. A paraeducator and a permanent substitute have been hired, so the school is now fully staffed.

The School Board changed its March meeting from the 5th to the 11th so that all of its members could attend.

Lake

FROM PAGE A1

protect Newfound Lake and its watershed. The Association – through education, programs and collaboration – promotes conservation and preservation of the region's natural, social, and economic resources. With the vision of a cleaner, clearer Newfound Lake,

NLRA is working to improve environmental health, expand land conservation, increase community support, grow watershed stewardship, and boost capacity to deliver their mission. Learn more about employment, volunteer opportunities, and more ways to get involved at NewfoundLake.org.

LEGALS



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Waterville Estates Village District NOTICE OF ANNUAL MEETING

Waterville Estates Village District will be holding its Annual Meeting on March 23, 2024 at 9 AM at 562 Winterbrook Rd., Campton, NH 03223 with a snow date of March 30, 2024 at 9 AM at the same location.

All information regarding warrant articles, budgets, and streaming can be found at <https://www.waterville-estatesnh.gov/annual-meeting-information>.

LEGAL PROBATE NOTICE THE STATE OF NEW HAMPSHIRE 2nd Circuit - Probate Division - Haverhill 1/19/2024 thru 2/1/2023

POINTMENT OF FIDUCIARIES
Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Aranyosi, Mary Ann, late of North Woodstock, NH. Margaret Labarge, 26 Courtney Rd, North Woodstock, NH 03262. #315-2023-ET-00783

Giehl, Robert Andrew, late of Plymouth, NH. Stacy Crawford, 2008 Glenisle Avenue, Durango, CO 81301. Richard Giehl, Resident Agent, PO Box 1079, Campton, NH 03223. #315-2023-ET-00782

Rigoli, SR, Russell L, late of Bridgewater, NH. Roberta Shepherd, 3 Andrea Avenue, Hooksett, NH 03106. #315-2023-ET-00773

Dated: 2/2/2024



LINCOLN-WOODSTOCK COOPERATIVE SCHOOL DISTRICT

SAU #68

CHILDFIND NOTICE

Under the IDEA-Individuals with Disabilities Education Act, it is the responsibility of Lincoln-Woodstock Cooperative School District (Administrative Unit #68) to seek and identify children who may have an educational disability. If you suspect that a child, from age 2 ½ to 22, in Lincoln or Woodstock has a disability, or if you have any questions, please contact Mary Steady, Director of Pupil Services at (603) 745-2214 ext. 232 or email: msteady@lin-wood.org for information or to make a referral.

Lin-Wood High School seeks to contact students with educational disabilities who have left school prior to earning a diploma or becoming 22 years of age. The school would like to invite these students to return to school. Please contact Mary Steady, Director of Pupil Services, at (603) 745-2214 ext. 232 or email: msteady@lin-wood.org for information about the programs and services that are available.

Town of Plymouth

PUBLIC NOTICE

The Plymouth Planning Board will review and hold public hearings on the following applications at their meeting on Thursday, February 15th, 2024 at 6:30 PM at Plymouth Town Hall, 6 Post Office Square:

1. A request from North Country Development Group for an extension of the 12-month timeline for meeting the conditions of a conditional approval granted on March 16, 2023. The conditional approval was for a renovation and expansion of the ski lodge, along with associated site improvements at 151 Tenney Mountain Road, parcel 224-004-000, located in the Agricultural zoning district.
2. An application for a conditional use permit from Emily Phinney and Christopher Leston to develop a one-bedroom accessory dwelling unit on parcel 208-017, 219 Fairgrounds Road, located in the Agricultural zoning district.

The meeting will be available electronically via Zoom and can be accessed from the Town's website (www.plymouthnh.gov). For more information, please contact the Planning & Development Department at planning@plymouthnh.gov or 603-536-1731.

GROTON SELECTMEN AND BRIDGEWATER-HEBRON-GROTON SPECIAL PURPOSE PLANNING COMMITTEE

PUBLIC HEARING

The Groton Selectmen and the Bridgewater-Hebron-Groton Special Purpose School District Planning Committee will hold a public hearing on Tuesday, February 13, 2024, at 6:00pm for the purpose of discussing the adoption of HB 349, which would result in the withdrawal of the Towns of Bridgewater, Hebron and Groton from the Newfound Area School District/SAU #4 as of June 30, 2025, and the creation of a new cooperative school district and SAU, the Bridgewater-Hebron-Groton Special Purpose School District, as of July 1, 2025, and the proposed Articles of Agreement for the Bridgewater-Hebron-Groton Special Purpose School District.

The text of the proposed warrant article is below:

Shall the Town of Groton adopt the provisions of House Bill 349 (2023) to withdraw from the Newfound Area School District/SAU #4 on June 30, 2025, and effective July 1, 2025, form a separate cooperative school district and single district SAU, called the Bridgewater-Hebron-Groton Special Purpose School District, in accordance with the provisions of House Bill 349 (2023) and where applicable, RSA 195 and RSA 194-C, and further, shall the Town of Groton adopt the proposed Articles of Agreement for the Bridgewater-Hebron-Groton Special Purpose School District. (Majority vote required).

The proposed Articles of Agreement are attached to this posting and can be obtained from the Select Board Office and online at www.grotonnh.org.

TUESDAY, FEBRUARY 13, 2024 AT 6:00PM
Public Hearing to be held at **THE GROTON TOWN HOUSE**
754 NORTH GROTON ROAD
PROPOSED ARTICLES OF AGREEMENT ARE ATTACHED
As posted previously, the public hearing on the proposed 2024 budget and warrant articles will follow this public hearing!

LEGAL NOTICE

February 1, 2024

STATE OF NEW HAMPSHIRE DEPARTMENT OF ENVIRONMENTAL SERVICES WATER DIVISION CONCORD, NEW HAMPSHIRE

NOTICE OF PUBLIC HEARING RSA 482-A:8, Env-Wt 202, Env-C 205.03

The New Hampshire Department of Environmental Services Wetlands Bureau (NHDES) is providing notice of a public hearing scheduled for February 16, 2024, commencing at 2:00pm. The hearing will be held at NHDES, Room 208C located at 29 Hazen Drive in Concord, NH.

The purpose of this public hearing is to receive public comments regarding NHDES application #2023-02605, submitted by Eversource Energy, requesting to replace 67 structures (in wetlands) and overhead wires along its existing S136 transmission line and proposes 1,244,658 square feet (28.57 acres) of temporary impacts (1,017,700 square feet of impacts to scrub-shrub wetlands and 226,958 square feet of impact to emergent wetlands) and 2,760 square feet of permanent impacts to wetlands. Approximately 12.1 acres of the temporary impacts and 1,240 square feet of the permanent impacts are proposed within Priority Resource Areas and 14.5 acres of the temporary impacts are proposed within Histosol Wetlands. The proposed project extends from Whitefield through Jefferson, Randolph and Gorham, to Berlin, and includes impacts to Pondicherry Wildlife Refuge (Whitefield).

The public hearing will be digitally recorded and made part of NHDES application #2023-02605.

Members of the public may submit written comments to be included in this application hearing as follows:

- Email: WetlandsApplicationPublicComments@des.nh.gov,
- First-class mail: NHDES, 29 Hazen Drive, PO Box 95, Concord, NH 03302-0095, or
- Hand-delivered during this application hearing.

All written comments must include NHDES application #2023-02605, to ensure the written comments are included in the record of this application hearing.

Prior to the conclusion of the hearing, a party may request the record be left open for a specified length of time for the filing of information not available at the hearing. Otherwise, the record will be closed at the end of the hearing.

The file will be made available for review at the offices of NHDES, 29 Hazen Drive, Concord, NH during regular business hours of 8 a.m. to 4 p.m. To schedule an appointment to review the file, submit a request to: filereview@des.nh.gov.

Van De Moere sets record for PSU indoor track team

PLYMOUTH — Graduate student Sam Van De Moere (Thornton) reset the record book in the 1,000-meter run, coming in at 3:10.43, to lead the Plymouth State University women's indoor track and field team to a third-

place finish at the Panther Invitational II at the Bank of New Hampshire Field House at ALLWell North on Saturday.

Van De Moere was just off the winner's pace, trailing the lead runner by just two seconds, while

she also ran the third leg of PSU's 4x800-meter relay that finished second behind NCAA Division II Southern New Hampshire University.

Freshman Rose Karow (South Yarmouth, Mass.) had another week of astonishing performances, placing second in the mile with a hard-fought time of 5:29.50, and running the anchor leg of the 4x800-meter relay.

Prior to the meet, Plymouth State honored its senior class in a brief ceremony; Van De Moere, Erika Boone (Canton, Mass.), Amy Cohen (Concord), Emma Duggan (Concord, Mass.), Mackenzie Labrie (Canaan), Lexi Marcolini (Milford, Mass.) and Libby McIntyre (Greene, Maine).

The Panthers finished third as a team, trailing just two NCAA Division II schools in SNHU and St. Anselm College.

Freshman Abby

Bergeron (Essex Jct., Vt.) and Cohen both had top-10 finishes in the 5,000-meter race with Bergeron finishing with a time of 22:00.49 and Cohen in 23:30.58.

Karow led the Panthers in the mile run, with Marcolini and Boone giving PSU three finishers in the top-10. Marcolini took eighth in 5:50.81, with Boone finishing 10th in 5:59.62.

Junior Montana Casa (Storrs Mansfield, Conn.) took home fifth place in the 400 meters with a time of 1:07.97. Junior Niki Monoxelos (Litchfield) finished ninth in 1:09.10.

The trio of junior Paige Hurst (Pelham), Labrie and sophomore Cass Hanson (Stetson, Maine) all advanced to the finals of the 60-meter dash. Hurst secured a fourth place finish in 8.22, with Labrie right behind in fifth (8.23) and Hanson taking sixth at 8.26.

Junior Abby Snow (Grantham) was the lone representative in the 800 meters, placing ninth with a time of 2:40.10.

McIntyre threw an impressive 13.36 meters in the weight throw to finish third overall.

The Panthers' 4x800-meter relay team of Marcolini, Monoxelos, Van De Moere and Karow

boosted to second place with a time of 10:19.25.

PSU's 4x200-meter relay of Hurst, Casa, Han-

son and Labrie had a dominating group performance, landing them in first place at 1:49.53.

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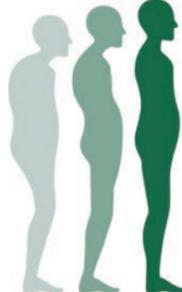
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