

Newfound Landing

THURSDAY, APRIL 18, 2024

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COMPLIMENTARY

Bear athletes shine on the Mills Oval

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — The Newfound track team welcomed teams from around the state to Bristol on Saturday for the annual Corneliusen Relay.

The meet featured all relays, including the traditional 4X100, 4X400 and 4X800 along with more untraditional events such as the 4X200, the 4X100 hurdles, the distance medley, high jump and discus.

The Bear girls finished in second place behind Gilford while the Newfound boys were fourth overall, with Kennett taking the top honors.

For the Newfound girls, Isa LaPlume, Isadora Robert and Soren Cutting combined to win the girls' discus relay with a distance of 218 feet, eight inches. The discus relay takes the top three throws by each school and adds them together for a total distance.



Elle MacDonald is off and running in the 4X200-meter relay on Saturday afternoon.



Colin Foster runs in the 4X400-meter relay during Saturday's meet in Bristol.

The team of Adara Glidden, Stacia Paul, Soraya Glidden and Elle MacDonald teamed up to win the 4X200-meter relay in a time of 1:57.6 while the same group ran the 4X100-meter relay in a time of 52.97 seconds. Newfound had three other groups run the 4X100 relay, finishing in 59.59 seconds, 1:03.41 and 1:07.74. The Bears had one other team in the 4X200-meter relay, finishing in a tie of 2:08.66.

Newfound was third in the 4X800-meter relay with a time of 11:16.7 and placed third in the 4X400-meter relay with a time of 4:38.64.

The distance medley team of Josie Halle, Sophie Drake, Ceili Irving and Emerald Briggs finished in second place with a time of 15:31.2.

The Newfound girls won the "buffalo run," which is a 4X100-meter relay run by the team's throwers, finishing in a time of 1:04.02.

SEE BEARS PAGE A10

Plymouth meets Nashua High South on "Granite State Challenge" tonight

DURHAM — Nashua High South meets Plymouth Regional High on Thursday, April 18 at 7:30 p.m. on NHPBS in the third quarterfinal game of "Granite State Challenge."

Playing for Nashua High South is the team captain and senior Curtis Newton along with seniors Deetya Nagri and Narayan Sajeev, and junior Calvin Song. The team alternates are

sophomores Henry Long and Eric Picanco. Nashua High South is coached by social studies teacher Lex Duval and English teacher Kelli Thornhill-Telerski. Nashua High South en-

rolls around 1,790 students. Nashua High South defeated ConVal Regional High on their way to the quarterfinals,

SEE CHALLENGE PAGE A10

Danbury police investigate burglaries

BY DONNA RHODES
Contributing writer

DANBURY – Danbury Police Chief Christopher Kelby is seeking the public's assistance in halting a recent crime spree involving a number of burglaries that have taken place in the town, occurring mainly along the Route 4 corridor near the neighboring town of Grafton.

"If anyone should see cars or trucks or trucks parked where they should not be on Ford Mill Road or Zaccaria Road, or in the surrounding areas at odd times, please drop a line to the PD or send us a message via Facebook with some descriptors," he wrote on a

Danbury social media page last week.

Burglaries are not the only issue he has dealt with over the past two weeks, however. On April 8, a family parked their car on Ford Mill Road and went for a walk to watch the solar eclipse take place that afternoon. When they returned to their car, they found someone had tried to make forcible entry. Fortunately the car was locked and the person was unsuccessful but did cause some damage in their attempt.

"I know I have said this in the past but...Cameras," Kelby wrote. "When latent prints do not pan out because the bad guy is wearing gloves, a nice color picture of the (person) commit-

SEE BURGLARIES PAGE A10

Ashland selectmen earmark ARPA funds for water line project

BY DAVID RUELL
CONTRIBUTING WRITER

ASHLAND — At their April 15 meeting, the Ashland selectmen chose the fifth member of their board, set aside American Rescue Plan funds for the Winona Road water line project, approved roadwork and a building fee change and discussed other issues such as ambulance service and an Electric Department bucket truck.

At their April 8 meeting, the selectmen had interviewed four candidates for the vacant selectman position, created when Rebecca Hartley resigned to become the Town Clerk/Tax Collector. Chairman Andrew Fitch noted how good all four candidates were, each having something to offer the Town. Selectman Charles Bozzello nominated Jennie Angell, who had run for the position in March, losing by just two votes

to Fitch. Fitch seconded that nomination, but it failed on a 2 to 2 tied vote. The other two selectmen then presented their choice. Ann Barney nominated Chris Janosa, who was seconded by Meghan Semiao. They were joined by Fitch on a 3 to 1 vote, with Bozzello dissenting.

The American Rescue Plan funds still available to the town have to

SEE ASHLAND PAGE A7



COURTESY

Local Girl Scout fights social isolation

Local Senior Girl Scout Ella Duchette is working to bring the community together and fight social isolation and loneliness. On Thursday night, April 11, she brought more than 50 people out of their homes to hear the musical talents of many PRHS students right at the Plymouth Regional Senior Center. Seven high school students sang and played music to show off their talents. At a few points, the audience even sang along! Thank you to Gail Shaw, the director of PRSC, Will Gunn, PRHS music teacher, and Marcia Blaine, Joyce Weston, and the members of the Plymouth Beautification Committee, who helped her coordinate the event, in which many community members attended and donated toward her project. While she raises awareness of the global issue of loneliness, Duchette is also working to fundraise \$6500 for two new Welcome to Plymouth signs for both ends of Main Street. She is over three-quarters of the way to her goal and is looking to complete her goal by the end of May. If you'd like to donate or sponsor her, you can Venmo her mother @ Brooke-Duchette, mail checks to GSGWM to her at 1 Randolph St., Plymouth, NH 03264, or email her for more information (brookeduchette@gmail.com). Thank you to everyone who has already supported this huge effort!

Racquet court complex highlights spring offerings at Owl's Nest Resort

THORNTON — Owl's Nest Resort's 13 award-winning Pickleball Courts are slated to open this spring along with their 8 red clay tennis courts and 4 platform tennis courts.

Tennis Resorts Online recently recognized Owl's Nest as the #2 Pickleball Resort in the World, using reviews from players with hands on knowledge of racquet court facilities worldwide. This will be the resort's first full year of racquet sports operation, having just completed the venue, the largest of its kind in New England, in 2023. In addition to court and racquet rentals, the resort will offer lessons, clinics, and round robins for those interested in pickleball or other racquet sports. This May, Owl's Nest will be teaming up with the Mouratoglou Academy to offer a special three-day adult tennis camp. Attendance will be limited to just 16 participants and will include one-on-one instruction from some of the best tennis instructors in the world, led by Johan Van Herck, an eight-year professional tennis player and former Davis Cup and Billie Jean King Cup Coach and Captain. The Rafa Nadal Academy Family Tennis Camp comes to the resort July 14-19, offering the unique opportunity for adults to improve their game and maximize their potential through the Rafa Nadal Methodology while kids ages 8-18 can receive the same professional coaching in a junior camp each day.

For easiest access to the courts the resort offers Racquet Memberships for which there is a 30% off early bird promotion running until May 15. They also have a Platinum Membership which not only includes unlimited court time but access to their 18-hole Nicklaus-designed golf course, the Vineyard Course in nearby Ashland, practice range and putting green. All memberships also include use of the resort's outdoor pool & jacuzzi, Lake Harold Beach and Technogym Fitness Center as well as discounts at their retail shops and restaurants.

This May the resort will be opening the Owl's Nest Spa and Rejuvenation Center, featuring massages, facials, an IV Lounge and advanced treatment for ailing

joints, backs and other related injuries. The spa will serve as an added amenity for private bridal and groom parties as part of the hundreds of weddings the resort hosts each year.

Spring also marks the targeted opening of two new on site dining establishments. Slice Pizzeria & Sports Bar will be a 4,000 square foot Italian wood-fired pizzeria with a large bar and outdoor deck overlooking the golf course. There are two AboutGolf golf simulators inside the restaurant that are in full operation now. Butch's Deli & Grocery will offer gourmet deli sandwiches, local coffee and other provisions for guests and visitors.

The resort has just completed construction of their South Lake Townhouses, which are attached two-to-three-bedroom town home residences offering fairway and lakeside views. These homes are available for purchase or long term rental, with rent-to-own opportunities offered to qualified buyers. Under construction are the adjacent North Lake single family residences, featuring open concept floor plans with three or four bedrooms bedrooms. Lots and model homes are currently available for viewing.

"We're one step closer to realizing our vision of becoming a self-contained community," says Brad McCoil, General Manager. "Now, everything a guest or homeowner needs will be at their doorstep. Our brand new South Lake Townhouses and up and coming North Lake residences will soon be bustling with individuals, couples and families seeking easy access to top notch recreation, healthy living and a picturesque setting in which to call home. We couldn't be more proud of what we've created here in the White Mountains of New Hampshire."

Owl's Nest Resort is open to the public and is currently booking groups, from weddings, corporate groups and anniversary parties to golf and racquet sports tournaments and other special events. Located in Thornton, New Hampshire, under two hours from Boston, with spectacular views of the White Mountains, Owl's Nest offers modern rental homes, an award-winning restaurant, a 9.9-



acre lake, two 18-hole golf courses including the Vineyard Course, currently under a multi-million dollar renovation, tennis courts, pickleball courts, platform tennis, and numerous activities on-site or nearby. New amenities coming to the resort in the near future include new rental homes, additional event space, several new restaurants, a new nine-hole par 3 golf course, pool & gym complex, and new homes for sale. Learn more by visiting www.owlsnestresort.com.

Mid-State Health Center celebrates National Occupational Therapy Month in April

REGION — As April marks National Occupational Therapy Month, Mid-State Health Center proudly celebrates the invaluable contributions of occupational therapists in enhancing the lives of individuals across our community. With a commitment to promoting health, independence, and well-being, our dedicated occupational therapists are at the forefront of providing comprehensive care tailored to each individual's unique needs.

Occupational therapy plays a crucial role in helping people of all ages live fulfilling lives by enabling them to participate in meaningful activities and routines. Whether it's supporting individuals recovering from injuries or surgeries, or empowering seniors to maintain their independence, our occupational therapists are dedicated to fostering independence and improving quality of life.

Pam Hixon, OT, Occupational Therapist at Mid-State Health Center, emphasized the importance of recognizing the impact of occupational therapy on individuals' lives.

She stated, "Occupational therapy is about empowering individuals to overcome challenges and achieve their goals, no matter how big or small. It's incredibly rewarding to witness the progress and growth of our patients as they regain independence and engage in activities that are meaningful to them."

At Mid-State Health Center, our occupational therapy services encompass a wide range of interventions aimed at addressing physical and cognitive barriers to participation in daily activities. Through adaptive equipment recommendations, therapeutic exercise, positioning devices our therapists employ evidence-based practices to deliver personalized care that meets the unique needs of each individual.

"Our approach to occupational therapy is holistic, addressing not only physical limitations but also considering the social and environmental factors that influence an individual's ability to engage in meaningful activities," added Hixon. "By collaborating closely with patients and their families, we create tailored treatment plans that promote independence and improve overall well-being."

As part of our commitment to promoting awareness and understanding of occupational therapy, Mid-State Health Center encourages individuals to take advantage of the services offered by our experienced therapists. Whether you or a loved one are seeking support to overcome challenges or simply wish to enhance your overall quality of life, our occupational therapy services are designed to help you achieve your goals.

To schedule an appointment please call 603-536-5533 today. To-



Pam Hixon, Occupational Therapist at Mid-State Health Center

gether, let's celebrate National Occupational Therapy Month by recognizing the transformative impact of occupational therapy in empowering individuals to live life to the fullest.

About Mid-State Health Center

Mid-State Health Center delivers primary care and supportive services at locations in Bristol,


Plymouth, Lincoln and Littleton offering medical services, dental services, behavioral health counseling, imaging, recovery, and care management for the entire family. The mission of Mid-State Health Center is to provide sound primary health care to the community accessible to all regardless of the ability to pay.

Hill Historical Society explores NH's one-room schools

HILL — One-room schools were the backbone of primary education for generations of children a century ago. Explore the realities and the lasting legacies of these schools and how they echo today.

Come hear Steve Taylor, scholar, farmer, journalist and student of life in Rural New Hampshire speak on One Room Schools on May 9 at 6:30 p.m. at the Jennie D. Blake School, 32 Crescent St., Hill.

The program is free and open to all, and is sponsored by NH Humanities Council & Hill Historical Society.




Love to read?

Grafton County Senior Citizens Council, Inc. is sponsoring a monthly book club.

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Plymouth State University to host Sidore Lecture on sustainable tourism

PLYMOUTH — The Plymouth State University (PSU) Saul O Sidore Lecture Series will host the final lecture in its year-long examination of how curiosity and creativity feed passions for life on Tuesday, April 23, at 7 p.m., when Megan Epler Wood presents “The Future of Sustainable Tourism Education.” The free lecture will be held in the Smith Recital Hall at the Silver Center for the Arts on the PSU campus.

In this lecture, Epler Wood will discuss the growing challenges that tourism faces as climate change continues to accelerate. She will focus on tourism education, highlighting a common emphasis on hospitality, hotel management and investment in educational programs. She will also discuss the importance of other vital sectors within the industry, such as digital online booking engines, cruise lines, airports and aviation.



Plymouth State University to host lecture led by the Managing Director of Cornell University's Sustainable Tourism Asset Management Program, Megan Epler Wood, on Tuesday, April 23, called “The Future of Sustainable Tourism Education.” The Saul O Sidore Lecture Series is free and open to the public, but registration is required.

Epler Wood is the founder and president of EplerWood International, an international consulting firm that designs sustainable tourism development projects for

countries all over the world. She is also the managing director of Cornell University's Sustainable Tourism Asset Management Program (STAMP) and is the author of the textbooks “Destinations at Risk: The Invisible Burden of Tourism” (2019) and “Sustainable Tourism on a Finite Planet” (2017).

The Saul O Sidore Lecture Series was established in 1979 by the PSU and the Sidore Memorial Foundation in honor of businessman and humanitarian Saul O Sidore. The series brings many speakers to the PSU campus to address critical issues, and events in politics, society and culture. The lectures are free and open to the public, but registration is required. For more information about these and other lectures in the series, and to reserve a ticket, please visit plymouth.edu/silver-center.

TTCC volunteers for the win!

BRISTOL — What an amazing basketball season TTCC has just had! Between regular season and all-star tournament teams, we had 19 teams with more than 200 players and more than 30 volunteer coaches. We had countless hours of practices, games and travel involving plenty of blood, sweat and tears.

There were lots of ups & downs, good memories & bad... and through all of it there was an amazing opportunity for learning and growth. These kids, and their families, can learn many life lessons being involved in team sports - it takes perseverance, determination, teamwork, communication, courage, patience, and much, much more.

Achievements, failures, frustrations & accomplishments - this season saw it all. It's such a great thing to be a part of and as this season concludes, we just want to thank you all for being a part of it. We owe a huge thanks to our amazing volunteer coaches & the incredible sponsors. We're looking forward to the next season already!

Baseball, Softball and T-Ball Season is up next, with Opening Day on May 4. We are looking for umpires for the coming season, as we'd love to hear from you at info@ttccrec.org or by phone at (603) 744-2713. We are prepping the fields and holding spring season sessions to ready players, as the weather has been less than cooperative with record setting rain totals. Fear not, our many volunteer coaches, staff and grounds crew will ensure that puddles are filled and that base paths are ready for our miniature version of our timeless American Classic - Baseball.

We have one last piece of good news to share, one of our Camp Counselors, Logan H., has won first place in the NH Parks & Rec Association's photo contest. Logan caught this amazing shot of a high-five encounter while on a field trip, as the TTCC Summer Camp was jammed packed with photo-worthy events occurring almost every day.

If you would like to join our team as a volunteer or community partner, please let us know as we love to hear from you. It's never been a better time to come on board, as we are growing to meet the needs of everyone in our communities for the next 100 years. For more information on how you could help, please call (603) 744-2713 or email us at info@ttccrec.org.

CADY awarded grant from Bangor Savings Bank to expand youth programs

PLYMOUTH — CADY, a dedicated nonprofit for youth enrichment and empowerment, is thrilled to announce that it has been awarded a generous grant to bolster its efforts in supporting young people in Central New Hampshire communities. The grant, provided by the Bangor Savings Bank Foundation, will enable CADY to expand its range of youth initiatives, furthering its mission to prevent and reduce youth substance misuse and promote healthy environments and promising futures in our next generation of leaders and changemakers.

This significant funding comes at a crucial time as youth face unprecedented challenges in today's world. With this grant, CADY will be able to enhance its impact and reach, providing even more comprehensive support and opportunities to youth from diverse backgrounds.

"We are deeply honored to receive this grant

from Bangor Savings Bank Foundation, which will allow us to amplify our commitment to empowering more youth in our community," said Deb Naro, Executive Director of CADY. "At CADY, we believe that every young person deserves the opportunity to thrive and fulfill their potential. This grant will enable us to expand youth initiatives and create even more pathways for youth to succeed."

Key initiatives that will be supported by the grant include:

1. Youth Advisory and Advocacy Council (YAAC): This funding will support youth leaders and mentors in prevention. Since 2009, more than 138 youth in Central NH have served as leaders in prevention and mentors who influence positive change with their peers, community, and state. The YAAC leaders have testified before the NH Legislature on numerous bills impacting youth affecting positive change, work with young children to inspire healthy

decision making, and have presented to presidential candidates on the needs of today's youth.

2. Community Engagement Projects: The Bangor Savings Bank Foundation grant will support the implementation of community engagement projects led by youth, empowering them to initiate positive change in their communities and address pressing social issues.

CADY extends our congratulations to the YAAC youth for mobilizing their community to vote for their cause and sincere gratitude to Bangor Savings Bank Foundation for their generous support and commitment to youth empowerment and prevention. The organization also expresses appreciation to its dedicated volunteers, supporters, and community partners whose contributions have been instrumental in our success.

For youth in Central New Hampshire who are interested in partic-

ipating in CADY's youth leadership programs or learning more about our initiatives, please visit cadyinc.org or contact Liz Brochu, Senior Director of Training, Education & Programs at ebrochu@cadyinc.org.

About CADY
Since 1999, Communities of Alcohol- and Drug-free Youth, is helping Central NH youth make healthy and safe choices by working with schools, parents, youth, and communities to prevent and reduce youth substance use and to promote healthy environments and promising futures. CADY strives to provide young people with the tools, resources, and support they need to thrive and make a positive impact in their lives and communities.

Bristol Historical Society hosting program on “Corbin’s Animal Garden”

BRISTOL — On Tuesday, April 30 at 6:30 p.m. in the Minot Sleeper Library, the Bristol Historical Society will host Dr. Mary Kronenwetter. Dr. Kronenwetter will present “Corbin’s Animal Garden.”

In the late 1800's, the banking, railroad, and real estate mogul Austin Corbin returned to his hometown in Newport. He built a grand estate and bought out his neighbors' farms to create an 22,000 acre wildlife game preserve stocked with boar, bighorn sheep, antelope, elk, Chinese peasant, and other imported animals. The grounds eventually became a prestigious private hunt-

ing park. Her talk will include a slideshow of archival images as well as information about the history and legacy of New Hampshire's own American Gilded Age robber baron. The Corbin family and park naturalist Ernest Baynew played a significant role in saving the American bison from extinction.

This program is made possible by a grant from the New Hampshire Humanities To Go program.

St. Johnsbury Elks Lodge #1343

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Opinion

'The unity of freedom has never relied on uniformity of opinion.' John Fitzgerald Kennedy

SALMON PRESS, THURSDAY, APRIL 18, 2024

CADY Corner

It's Rx Take Back Day this Saturday, April 20!

BY DEB NARO

Contributor

You can help prevent prescription drug diversion and misuse as well as accidental poisonings by monitoring and properly disposing of your unused, unwanted, or expired medications on Saturday, April 20. The DEA is holding its 26th National Prescription Drug Take-Back Day this Saturday and many local police departments are participating in the collection effort.

Medicines that linger in home cabinets are susceptible to diversion and misuse. Rates of prescription drug misuse in the U.S. are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs. Studies show that most misused prescription drugs are obtained from family and friends, too often from the home medicine cabinet. In addition, Americans are advised that their usual methods for disposing of unused medicines—flushing them down the toilet or throwing them in the trash—pose potential safety and environmental health hazards.

Substance misuse prevention requires community action and our collective commitment will help preserve bright futures for our children. Thank you for being part of the solution by helping to prevent the diversion of unused prescription medications.

Please consider bringing your unused or expired medications (just pills or liquids - no pressurized canisters or needles) to a local police station this Saturday, April 20 between 10 a.m. and 2 p.m. Disposal is free, convenient, confidential, and safe.

Looking to safely dispose of your prescription medications at home? CADY is offering free Detera Drug Deactivation Bags which are a safe, easy, and an environmentally friendly way to dispose of unused or expired medications at home. Once the prescription drugs are placed in the pouch, warm water is then added and activated carbon is released, then allowing disposal in regular household trash. For more information about the safe disposal of prescription drugs or to get your free Detera Drug Deactivation Bag visit cadyinc.org, or contact the CADY office at 603-536-9793.

If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at LRGH Healthcare (934-8905) for help. For local Prevention, Treatment, or Recovery resources visit FindWellnh.org or cadyinc.org.



PHOTO BY ERIN PLUMMER

Eclipse bathing on the docks

The Meredith town docks was a popular spot for viewers of the April 8 eclipse. The warm, sunny afternoon made being outside for this big event even more pleasant.



In the Spotlight

BY GARY JESSEMAN

Contributing Writer

It's getting to be that time again...I have selected three area theaters to tell you about: Ogunquit Playhouse in Maine, Winnepesaukee Playhouse in Meredith, and Jean's Playhouse in Lincoln. All within easy access to most everyone.

Ogunquit Playhouse offers five exciting shows, four of which have never graced the Playhouse Stage. Opening May 9 is Sarah Bareilles' hit Broadway musical "Waitress." This is followed by "Crazy For You," featuring Sally Struthers. This tap-dancing Gershwin extravaganza opens on June 13th. Stephen Sondheim's

"A Little Night Music" takes the stage on July 18th. "Little Shop Of Horrors" eats up the stage starting on August 22nd. Closing out the season is the world premiere of "My Best Friend's Wedding," opening on September 26th. For more information, call 207-646-5511.

Over in the Lakes Region of Meredith, Winnepesaukee Playhouse offers something for everyone in their professional season.

"Jersey Boys" opens the season on June 21, followed by "Witch," opening July 11. "La Cage Aux Folles" breezes into the theatre starting July 25th followed by a contemporary production of Shakespeare's "Richard III" open-

ing Aug. 8, and finally Lin-Manuel Miranda's "In The Heights" opens on Aug. 22. For more information, call 603-279-0333.

Up in the heart of the White Mountains, Jean's Playhouse offers "The Secret Garden" (in Concert and outdoors) on July 4-6,

"CATS" from July 11 to 27, "Little Shop Of Horrors" Aug. 1 to 17, and closing out the season with Stephen King's "Misery" running Aug. 22 to 31. For more information call 603-745-2141.

So you see there IS something for everyone! I will do my best to review as many of these shows as I can.

Hope to see you at the theater this summer!

Comfort Keepers

Kitchen gadgets for seniors: Making cooking easier and safer

By Martha Swats
Owner/Administrator
Comfort Keepers

As we age, simple tasks like cooking can become more challenging. However, with the advancements in technology and the availability of kitchen gadgets designed specifically for seniors, cooking can continue to be enjoyable and hassle-free. Cooking at home allows seniors to control the ingredients and portion sizes, which can positively impact their health and nutrition. Additionally, seniors often have specific dietary requirements or restrictions, and preparing meals at home allows them to choose healthier options, control the amount of salt, sugar, and fat in their meals, and incorporate various nutritious ingredients.

In this article, we explore a range of innovative kitchen gadgets that can make cooking easier, safer, and more accessible for seniors, empowering them to continue preparing their favorite meals at home with joy and confidence.

Ergonomic utensils

For seniors with arthritis or reduced dexterity,

traditional kitchen utensils can become difficult to handle. Ergonomic utensils are designed with user-friendly features such as comfortable grips, larger handles, and lightweight materials, making them easier to hold and maneuver. These utensils can include knives, peelers, spatulas, and ladles, all tailored to minimize strain on the hands and joints. Ergonomic utensils are practical and help reduce the risk of accidents in one of our favorite rooms in the home, the kitchen.

Automatic can openers

Opening cans can be challenging at any age, especially for seniors with weakened grip strength or limited hand mobility. Automatic can openers are simple to operate and require minimal effort. These devices can safely and efficiently open cans, eliminating manual twisting or gripping. Some models even feature hands-free operation, where the can opener attaches to the lid and does all the work with the push of a button. Automatic can openers are easy to find and valuable to any senior's kitchen, providing convenience and helping senior loved ones stay independent.

Easy-to-read digital scales

Accurate measuring is crucial in cooking and specialty baking, but reading small print on traditional measuring scales can be challenging for seniors. Easy-to-read digital scales feature large, high-contrast displays with clear numerical values, making it easier for seniors to measure ingredients accurately. These scales often come with additional features such as tare function (resetting to zero after placing a container), unit conversion, and weight-locking capabilities. With digital scales, seniors can follow recipes with precision and achieve consistent results in their culinary endeavors. Best of all, Grandma's favorite cookies will continue to be the delicious treat we all remember!

Safety induction cooktops

Traditional stovetops can pose safety risks for seniors, including burns and accidental fires. Safety induction cooktops offer a solution by utilizing electromagnetic fields to generate heat directly in the

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.



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Talk of the Towns

News from our Local Correspondents

Alexandria

Merry Ruggirello 744-5383
merrysunshine51@yahoo.com

What a delight it is to see and feel the warmth from the sun! Things seem to be drying out from the rain, and a few tell tale signs of snow left. My rake is at the ready, but holding off a little longer so that the flying and wriggling creatures can make their way out of their winter's rest. The pollinators, folks, not the blood sucking ones! Even the ones we don't look forward to are beneficial in that they do feed some birds.

Town

Conservation Commission meeting Wednesday, April 23 at 6 p.m. at Alexandria Village School, 44 Mount Cardigan Road.

Board of Selectmen meeting Tuesday, April 30 at 6 p.m. in the Municipal Building. There will be a public work session at 5 p.m.

Alexandria UMC

Sunday, April 21, services will begin at 9 a.m. under the leadership of Mark Zaccaria. Sunday School will begin at 10:15 a.m.

Sincerest of condolences going out to Francis Butler, and his family at the passing of his wife of 63 and a half years, Nancy. Nancy was loved, and will be missed by many.

Zippity doo dah! I'm off on another adventure this lovely day. Have a great week ahead!

Ashland

David Ruell 968-7716
davidruell@gmail.com

Fourth of July meeting

The Fourth of July Committee will meet at 6:30 p.m. tonight (Thursday, April 18), at the Booster Clubhouse, to plan for the grand celebration which is just eleven weeks away.

Saturday Craft Group at Library

The Town Library's Saturday Craft Group will meet at 10 a.m. on Saturday, April 27, to make Wire Wrapped Hanging Mini Vases. As space and supplies are limited, call or stop by the Library to reserve your space.

Solar eclipse

The partial solar eclipse on April 8, may not have been as spectacular as the total eclipse up north, but it was still a notable event in Ashland. As the eclipse progressed, the sky darkened, and the temperature dropped. Those equipped with proper glasses could watch the passage of the moon's shadow across the solar disk. There were two public solar eclipse viewing parties, on the Library lawn, sponsored by the Town

Library, and at River-edge Marina, sponsored by the Squam Lakes Association. The Library distributed glasses to all comers, including the Ashland school, the Plymouth senior center and other facilities.

Selectmen interviews

On April 8, the selectmen held a special meeting to interview the four candidates for the vacant selectman position created by the resignation of Rebecca Hartley after her election as the Town Clerk/Tax Collector. Jennie Angell, Lee Bavis, Michael Myshral and Chris Janosa were asked a variety of questions by the four remaining selectmen, including their experience on boards and committees and in municipal government, and their thoughts on the Town's future. The interview meeting can be seen on the Town website, ashlandnh.org. Go to the Selectmen's section and click on the Pemi Baker TV icon and then click on the April 8 BOS meeting. The selectmen plan to make their decision on the new selectman at their April 15 meeting.

Bristol

Al Blakeley
adblakeley0@gmail.com

If you have eclipse glasses used or unused in very good condition, they can be re-used! The Bristol United Church is collecting them to be sent to several non-profits that will vet them for safety and distribute them to other parts of the world expecting an eclipse. Please drop them off at the church Monday through Friday between 9 a.m. and noon or at the drop box provided at the Minot-Sleeper Library. Collection will take place through the end of April.

A public hearing on the purchase of property known as "Parsonage and Parking Lot" will be held on the following days: Thursday, April 18 and Thursday, May 2 in the town Office Meeting room at 5 School St. The hearings are held under RSA 41:14-a to address (a) purchase of the portion of Tax Map 114 Lot 091 known as the "parsonage and parking lot".

The Bristol Community Garden is preparing for its fourth year! Applications are now available at the Minot-Sleeper Library and the Bristol Town Offices, as well as online (www.bristolnh.gov). Applications should be returned to their pick up site by Friday April 19. Bristol Residents (seasonal or year round) and taxpayers are given priority. Orientation, plant distribution and garden preparation will be at the garden site at the end of Kelley Park on a date TBD.

The Bristol Community Garden is a collaborative effort of the Town of Bristol, New

Hampshire Master Gardeners, MidState Health Center and many other businesses and individuals who volunteer their time, services and supplies. For questions, contact Community Garden Program at 603-744-3354, ext. 129.

The Minot-Sleeper Library Seed Library has a variety of vegetable seeds available. They include; cucumber, broccoli, beet, tomato, eggplant, carrot, summer squash, winter squash, bush bean, lettuce, sweet pepper and Brussels sprouts.

The MSL will present an informal History of Beer in the Granite State, "Brewing in NH," on Tuesday, April 23 at 6:30 p.m. Glenn Knoblock explores the fascinating history of New Hampshire's beer and ale brewing industry from Colonial days to today's modern breweries and brew pubs.

On Tuesday, April 30 at 6:30 p.m. at the MSL, the Bristol Historical Society will host Dr. Mary Kronenwetter who will present "Corbin's Animal Garden". In the late 1800s, the banking, railroad, and real estate mogul, Austin Corbin, returned to his hometown in Newport, NH. He built a grand estate and bought out his neighbors' farms to create a 22,000 acre wildlife game preserve stocked with boar, big-horn sheep, antelope, elk, Chinese pheasant, and other imported animals. It eventually became a prestigious private hunting park. Her talk will include a slideshow of images and information about the history and legacy of New Hampshire's own American Gilded Age robber baron. This program is made possible by a grant from the NH Humanities To Go program.

A Cemetery Workshop will be held on Friday, May 17 at the Keyser Cemetery on Keezer Road at 9:30 a.m. This workshop will be hosted by the Town of Bristol Cemetery Trustees with John Lord from the NH Old Graveyard Association. Parking will be very limited. This will be a hands-on workshop where participants will learn the proper way to straighten leaning headstones, how to re-seat a headstone whose top is no longer attached to the base, how to repair a broken headstone and the proper product to use, how to clean a headstone using the proper cleaning agent and brush. If you plan to attend, please send an email to dickie752@gmail.com or phone 603-455-5264. There will be a make up date of May 31. You will need to dress for the occasion with proper footwear. The workshop will be for up to four hours. There are no facilities at this cemetery.

The Town of Bristol is seeking a qualified candidate for a full time, permanent position with the Highway Department. The pay range for this position is \$39,540 - \$48,461. Interested applicants may send applications and resume to: Town of Bristol, ATTN: Highway Department, 5 School St., Bristol, NH, 03222. The Town of Bristol is also accepting applications for a Human Resources Officer / Finance Assistant. The Town is looking for a team player to join a busy environment. Someone who is ready to hit the ground running. Annual pay Range is \$50,274 - \$60,029 pending qualifications.

The Bristol Water Department will be flushing hydrants from April 29 to May 17. You may experience a temporary pressure drop or some discoloration in the water for a short period of time. If you have any questions or concerns, please contact the office at 744-8411.

If you are a condo, property owners, or homeowners association, the Land Use Office needs to know who your current President/Officers are and when you hold elections. The law requires the notification of abutters in an association to be sent to that office. In many instances, the Land Use Office does not have that information or it is outdated. By gathering this information, it will allow the Land Use Office to reach out annually after an election, to update, if applicable, any changes in the officers. Your cooperation and assistance would be greatly appreciated. Please reach out via email to Donna Sullivan, Land Use Administrative Assistant: landuseadmin@bristolnh.gov.

Planning a Yard Sale? Be sure to check with the Land Use Department at the Bristol Town Office regarding signage and other requirements of the Town Ordinance.

Highlights of coming Pasquaney Garden Club events include a presentation on Flower Arranging by Bailey Christi, the new owner of Bristol Botanist, and

field trips which will include plant farms, gardens, and several other speakers and programs. The club will continue to participate in planting and maintenance of various containers and garden areas around the greater Bristol area including their primary project, the Butterfly Garden at the MSL which has had new plantings where two dead trees were thankfully removed by Colby Property Maintenance. Pasquaney Garden Club is a not-for-profit organization with dues of \$15 annually. Information may be obtained by contacting carpenb3@gmail.com.

Granite State Track and Field registration is now open for the 2024 season. Practices will be on Fridays from 6-7pm and Sundays from 4-5pm beginning on May 3 and going through

State Meet on June 15 on the Mills Oval track at Newfound Regional High School. There is a fee of \$25, and you can register at www.ttccrec.org. Contact the TTCC for any questions.

Summer Camp registration opened on March 4th! Sign up early, as the rosters fill up fast! The TTCC staff is looking forward to field trips, swimming and playing all sorts of games and activities at the park, as well as other adventures planned at the TTCC Summer Camp.

For more information on any and all these activities, please call 744-2713 or contact the TTCC at info@ttccrec.org.

Campton-Thornton

Joël Freeman 398-4368
bearfootfarm@aol.com

Campton Public Library

Campton Public Library has extended hours over the April school vacation. We will be open Monday 10 a.m.-4 p.m., Tuesday, 10 a.m.-4 p.m., Wednesday 10 a.m.-4 p.m., Thursday closed, Friday 10 a.m.-4 p.m., Saturday 9 a.m.-4 p.m., Sunday closed. We will resume our normal hours on Monday, April 29. Monday 3-6 p.m., Tuesday 3-6 p.m., Wednesday 3-6 p.m., Thursday closed, Friday 3-7 p.m., Saturday 9 a.m.-

4 p.m., Sunday closed.

At CPL we work to add new titles to our collection each month and support patrons in finding what they are looking for. We are happy to help you with library loan requests as well as accessing the NH State Library digital collection via the Libby app or Overdrive website using your CPL library card number. Please come in for a visit to see what we have to offer!

Community Yard Sale

Mark your calendars for the Campton Historical Society Community Yard Sale on June 1 from 9 a.m. to 3 p.m. The Campton Historical Society is located at 529 NH Route 175, one mile north of Blair Road. To reserve a spot, a \$15 non refundable fee (checks payable to the Campton Historical Society is required. This event will take place rain or shine. Bring your own tables and/or tents. (no political displays, please). For more information, email ddjoyce6856@gmail.com.

Other community events this same day include the Campton Congregational Church - 250th Anniversary. Join them at 10 a.m. for coffee & donuts, fire department BBQ lunch, and at 5 p.m. free spaghetti supper, displays and live music throughout the day. The Campton Elementary School PTO will host their Outdoor Craft Fair from 9a.m. -3 p.m. a Bake Sale, Touch-a-Tru and more!

Danbury

Donna Sprague
huntoonfarm@myfairpoint.net

South Danbury Church

Sunday, April 21, will be Worship at Home Day for the South Danbury Church. Kendra Braley will lead Table Worship at the church on Sunday, April 28, at 11 a.m.; and on May 5, Rev. Gray Fitzgerald returns to lead worship.

Looking ahead, on May 10, there will be the first of their Friday night "Humanities to Go" events, when Dan Billin will present the story of New Hampshire's "Live Free or Die" motto.

SEE TOWNS PAGE A7



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Pemi-Baker Hospice & Home Health extends gratitude to dedicated volunteers ahead of Volunteer Appreciation Week

BY ANNA SWANSON
Pemi-Baker Hospice & Home Health

REGION — As Volunteer Appreciation Week approaches, Pemi-Baker Hospice & Home Health proudly acknowledges the invaluable contributions of more than 20 hospice volunteers who selflessly devote their time and energy to support patients and caregivers in their time of need.

Volunteers are the lifeblood of our organization, providing compassion, companionship, and practical assistance to those navigating the challenges of end-of-life care. From lending a listening ear to sharing comforting moments, our volunteers play a vital role in enhancing the quality of life for our patients and their families.

"Our volunteers come from diverse backgrounds and bring a wealth of experience and empathy to our hospice program," said Angie Burke, Volunteer Coordinator at Pemi-Baker Hospice & Home Health.

"Their dedication and generosity truly embody the spirit of compassionate care."

Volunteers at Pemi-Baker Hospice & Home Health come from all walks of life, motivated by a shared desire to give back to their community. Some have been touched by the support of a hospice volunteer in their own lives and are driven to pay it forward, while others, including veterans, seek to connect with and support fellow veterans in their final journey.

In recognition of the indispensable role our volunteers play, Pemi-Baker Hospice & Home Health invites individuals who are passionate about making a difference to join our upcoming volunteer training program. The free, five-week program, running from May 28 to June 25, offers comprehensive training to prepare volunteers to assist families caring for their loved ones during their final stages of life. With just a few hours a month,



volunteers can make a meaningful impact on the lives of others.

"Our hospice volunteers provide invaluable support in various ways, whether it's through companionship, household tasks, or sharing the joy of music and therapy animals," added Burke. "Their selflessness inspires us all, and we are immensely grateful for their unwavering commitment."

Join us at Pemi-Baker Hospice & Home Health in honoring and celebrating our remarkable volunteers during Volunteer Appreciation

Week and beyond. Together, we can continue to make a profound difference in the lives of those we serve.

For more information about volunteering with

Pemi-Baker Hospice & Home Health or to register for our upcoming training program, please contact Angie Burke at 603-536-2232 or info@pbhha.org. For more information about Pemi-Baker Hospice & Home Health and its services, visit www.pbhha.org.

Pemi-Baker Hospice & Home Health is a trusted, nonprofit agency proudly serving 32 towns in central and northern New Hampshire since 1967. Expert services include at-home health-care and physical therapies (VNA), hospice and palliative care, and community programs in-

cluding: American Red Cross CPR/AED/FA, Caregiver and Bereavement Support Groups and Ask A Pemi-Baker Nurse days at your local senior centers. Providing compassionate care with experienced staff who are trained, certified professionals and also your neighbors. In your time of need, we're right where you need us.

Pemi-Baker is located at 101 Boulder Point Dr., Suite 3, Plymouth. To contact us please call: 603-536-2232 or email: info@pbhha.org Like our Facebook Page: @pembakerhospicehomehealth.

Mid-State Health Center welcomes Cheyenne Koble, PA-C to Family Medicine Team



Cheyenne Koble

PLYMOUTH — Mid-State Health Center is proud to introduce its newest Family Medicine provider, Cheyenne Koble, PA-C. With a mission to listen to her patients and establish a judgment free relationship, Cheyenne will be a valuable addition to Mid-State's team of top-notch providers.

Koble received her Bachelor of Science in Health Sciences at Franklin Pierce University in Ringe, followed by her Master of Physician Assistant Studies at the Massachusetts College of Pharmacy and Health Science in Boston, Mass. As a board-certified Physician's Assistant treating patients of all ages, she brings a wealth of knowledge and experience to the Mid-State care team.

Dedicated to understanding patient preferences and guiding them toward achieving their health goals, Koble is particularly adept in geriatric care and managing various health conditions across all age groups. Her patient-centric approach emphasizes attentive listening and trust-building to provide thorough, compassionate care tailored to individual needs. Through transparent communication, Cheyenne ensures each patient receives the highest standard of care.

Koble states, "I am excited to join the Mid-State Health team, giving me the opportunity to help each patient reach their health goals and make a positive impact on the community. I look forward to listening to my patients, creating a comfortable, trusting environment, and working with them to create a health plan that is unique to them and meets their individual needs."

Patients seeking primary care services in the Plymouth and Lincoln area can now schedule appointments with Cheyenne Koble. To become a new patient of Koble and Mid-State Plymouth Office, please call 603-536-4000, or visit www.mid-statehealth.org to learn more.

Thornton Central School honor roll

THORNTON — Thornton Central School has released its honor roll for the third quarter of the 2023-2024 school year.

Fifth Grade
High Honors: Dominic Demler, John Donis, Torsten Kroupa, MacKenzie Smith
Honors: Jude Clark, Mason DiNatale, Tyler Gibbs, Alexa Havlock-Partridge, Liam Jones, Lily Kelley, Liam Nelson

Sixth Grade
High Honors: Shea Daigle, Michael Dinger, Aurora Fischler, Colin Gallagher, Ryan Truchon
Honors: Ellory Avery, Enzo Cella, Lillyanna Dolan, Ayden Harrington, Savannah Hesser, Gavin McNair, Brynlee Sanborn, Nolan Sanborn, Ryan Shuffleton, Taryn Thibault, Matthew Wallace

Seventh Grade
High Honors: Camryn Cawley, Christie Colman, Eva DeLaCruz, Sofia Donis, Lilah Hadaway, Alexzandra Showers
Honors: Westin Atwood, Kayley Gannett, Aidan Gilman, Kelly Patten, Phoebe Rose, Jessica Schley, Jake Smith, Ava Thompson, Ewan Wilkie

Eighth Grade
High Honors:
Harper Hesser, Alexa Joyce, Shayleigh McCann, Kaden Prall, Lucia White

Help Wanted

HELP WANTED
JOB TITLE: Manufacturing Team Member
PAY RATE: Rate based on Experience
JOB DESCRIPTION:
The successful candidate will have 1 to 3 years of experience in each or a combination of the following areas construction, metalworking or general assembly. The candidate will have experience working with large assemblies in a small team environment. Primary responsibilities will be assembly, construction and clean up. The successful candidate will have the ability to work well with others and take direction from the team leader. The candidate will also work independently so strong analytical and organizational skills with a proven ability to communicate with other Assembly Team Members, Team Leaders, Sub-contractors, and Management is critical. The candidate must be a team player able to work in a fast-paced environment. Dependability is a must.
This is a full-time position with benefits. Interested candidates please forward a resume or contact Rusty Burt at rburt@mmmedical.com or 802-535-0092.

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Towns

FROM PAGE A5

For other church news, programs, events, and announcements of worship services, follow them on Facebook at "Friends of the South Danbury Christian Church," watch for the outdoor sign at the church, call/text 603744-8073, or email southdanburychurch@gmail.com.

The South Danbury Church, located at 1411 U.S. Route 4 in South Danbury, NH 03230, is listed in the National Register of Historic Places and is an open & affirming Congregation of the United Church of Christ, UCC.

Chicken Pie Supper

Blazing Star Grange #71 will hold their first supper of the season on Saturday April 27 from 5 to 6:30 p.m. at the grange hall. The Menu will be chicken pie, coleslaw, rolls and brownie sundae dessert. Take out or serve yourself eat in.

May Farmers Market

The last market of the 2023-2024 season will be Saturday May 4 from 9 a.m. to noon at the grange hall. Merrimack County Conservation District will have their plant sale and pick-up at the market. There will also be homesteading skill share exhibits and a plant/seed swap. Breakfast and lunch available and our regular farmers market as well.

Holderness

Fran Taylor 968-3846

Docks were towed out on Holderness Harbor marina over the weekend and moved out to their positions on the lake. Quite a sight to see that chain of many docks and swim floats maneuvered through the channel!

Areas around the Pemigewasset River were flooded last Saturday after heavy rains. By Sunday the water level had gone down quite a bit.

Town road bans have been lifted as of Tuesday, April 9.

The Library will offer classes in "Learn on Your Device" technology help for Adults. Classes start on April 19 and are listed on the Library Web site. Sign up for any of the classes and bring your charged device.

There'll be a presentation online from NH Humanities by Professor Joshua Bennett on "The Use of Flowers, the Environmental Poetics of Author and Poet Lucille Clifton" on Friday, April 19 at 5 p.m. on Zoom. Register on the Library website.

Also, at the Library, Squam Lakes Association will present "An Afternoon Painting from Nature" on Saturday, April 20 from 3-6 p.m. Space is limited so register soon @squam-lakes.org/events.

SLA trails continue to be closed. If the rain lets up for a few days and the trails dry out, then we can all get out and get some needed exercise.

Glad to see the Squam Lake Marketplace has reopened.

Congratulations to the Holderness Boys Lacrosse team ranked 20th in the nation. This follows last year's undefeated 17-0 season.

Warren/Wentworth

Gary Jesseman 707-7129
garyj@together.net

Greetings everyone. Hope you all have had a good week.

WARREN NEWS

There will be a Spring Free Clothing Event at the Town Hall on April 20 through the 27th. Donations can be dropped off at the Hall starting on the 18th.

WENTWORTH NEWS

The Wentworth Market is currently seeking vendors for the upcoming 2024 season. Anyone interested can email Renee at wentworthmarket@gmail.com for more information.

Wentworth PTO is hosting a Mother's Day Craft Fair on Saturday, May 11 from 10 a.m.-2 p.m. at Wentworth Elementary School. There will be crafts, baked goods, raffles, and 603 Eats will be in the parking lot, should you get hungry! For more information or to inquire about becoming a vendor, contact wentworthpto@gmail.com

Have a good week, and remember to count your blessings!

Waterville Valley

Jan Stearns
jstearns@waterville.com

Guided hike

Get back to your roots and rocks on adventurous walks with friends on the amazing mountain trails within Waterville Valley and in lofty locales beyond the town's borders. On Saturday, April 20, enjoy a guided hike up Little Sugarloaf, Newfound Lake. Meet at the Recreation Department at 8:45 a.m. Return to the Rec. by 3 p.m. Cost is \$20 (\$5 for members) and includes transportation to/from the trailhead. Pre-registration is required by calling 603-236-4695 or email Tyler Durham at tdurham@watervillevalley-nh.gov.

Recreation Department closed April 22-28.

Name the Plow Contest

There's still time to put your creative thinking cap on and come up with some clever names for the Town of Waterville Valley's plow trucks, skid steer, and backhoe. Submissions are limited to 30 characters including spacing and should be Waterville Valley themed. Email your suggestions to mboobar@watervillevalley-nh.gov.

Waterville Valley Feis

There will be an Irish Step Dance competition in Waterville Valley on Saturday, May 4 in the Ice Arena. You can learn more online at www.sullivanirishdance.com.

Vote

Show your love for Waterville Valley by reviewing the resort on Tennis Resorts Online. TRO publishes an annual ranking of the top tennis resorts and camps in the world. The list is compiled from guest input. Your positive reviews help ensure that Waterville Valley is included as a top tennis destination. Please visit bit.ly/waterville-tennis.

Community Clean Up

It's time to pick up the winter detritus on Friday, May 10. Meet at the Recreation Department at 10 a.m. to pick up trash bags and a route assignment. Bring your own gloves if possible. Place full bags on the nearest sidewalk for the Town's DPW to pick-up. Return to the Rec. Department from 11:30 a.m. to 12:30 p.m. for hearty snacks provided by La Hacienda Mexicana and pick-up a thank you gift from Roper Real Estate.

Brush Pile Pick Up

Single family homeowners may leave brush piles curbside on Friday, May 10 by 11 a.m. for pick up by the Town's DPW.

Hilltop Hustle 5K

Run, walk, or meander from the valley floor to the ski lodge on Sunday, May 12. However you get there, you'll be treated to great spring views of Waterville Valley and that sweet sense of accomplishment completing a 5K hill climb. There will be prizes for the top finishers overall and in age groups, plus raffle prizes. The cost is \$40 if you register by May 10; \$45 day of race. Kids run free with a registered parent. Register online at bit.ly/hilltop-hustle.

Wilderness First Aid Course

Registration is open for a Wilderness First Aid Course on Saturday and Sunday, May 18 & 19, from 8:30 a.m. to 5 p.m. The course is taught by SOLO Wilderness Medicine instructors, the gold standard for backcountry emergency care training. \$245 (\$225 for Recreation Department members). Space is limited. Advanced online registration is required at wvrd.recdesk.com. 603-236-4695



Ashland

FROM PAGE A1

suggested using them on the water lines serving the Winona Road area, part of the multi million dollar water line project approved by the voters in March. The selectmen agreed, committing the money to that work, subject to Federal approval.

Public Works Director Craig Moore proposed using the bulk of this year's allotment for road improvements on rebuilding the portion of Hicks Hill Road above Peppercorn Road, and on Libby Lane and Mountain View Drive, two roads off the end of Hicks Hill Road, which he described as the worst roads in the town. The project will cost an estimated \$129,884, somewhat more than the \$125,000 the voters put into the capital reserve fund for highways in March. Fitch raised the question of whether the last two roads had been properly accepted by the town. So, a decision on that project was delayed until the next regular meeting of the board. The selectmen did approve \$17,600 for crack sealing on other roads, including Collins Street and the dump road.

The selectmen held a short public hearing on a change to the building code fees that would remove charges for "non-structural" work, except for utilities, such as water, sewer, electricity and gas. This led to a discussion of what was considered "structural" or "non-structural". Building Inspector Devon Thibeault plans to create lists of what work requires building permits and what does not. After the hearing, the selectmen approved the fee change.

Anne Abear, an Ashland resident who works for the Town of Plymouth, spoke to the Board about their decision to end the ambulance service contract with the Town of Plymouth. The contract will end in the middle of the year, as no money was appropriated in the 2024 budget to fund the second half of the year. (The ambulance service operates on a July through June budget.) She explained that Plymouth had raised the fees it charged to surrounding towns for ambulance service after calculating what it actually cost Plymouth to provide those services. She questioned whether the Ashland Fire Department could provide the same level of service 24 hours per day 7 days per week, without significantly raising their costs. By her calculations, it would cost Ashland more to provide such service than it would to pay the increased rates to Plymouth. She urged the selectmen to meet with the Plymouth Town Manager to discuss the situation and to reconsider staying with the Plymouth ambulance service through the end of 2024.

She suggested that Ashland could contract for partial ambulance service, a more limited schedule than 24/7 coverage. Selectmen Bozzello and Fitch responded by objecting to the very large increase that Plymouth proposed, a 184 percent increase to Ashland taxpayers, according to Fitch, without an adequate explanation. The selectmen did

express a willingness to meet with the Plymouth Town Manager on the issue.

Electric Superintendent Harry Gallien

presented a proposal to buy a new bucket truck for his department for \$181,944 (with \$50,000 for the trade-in of the old bucket truck). The truck replacement had once been in the Electric Department budget, but there was a question as to whether there was still enough money left in the budget for the

purchase. So, the selectmen will take up the proposal again at a future meeting.

The selectmen approved the acceptance of a state grant for the Ashland police department to conduct public safety patrols on a state highway, as well as increases in the rates the town will charge for the officers and the cruisers used on details for other police departments, road or utility work. Action on hiring a shredding service for discarded Town documents was postponed to get a third bid on the work. The selectmen discussed with a representative of

Pemi-Baker TV what would be needed for more committees and boards to make video recordings of their meetings, and were assured that that could be done rather easily at no extra cost. Semiao is looking at third parties who could help with expanding broadband in Ashland. She will also work with Town Manager Fred Welch on the new contract with the TV cable franchise. Eversource would like to buy some town owned land near the old landfill for a power line, but have not decided exactly what they want to purchase. The selectmen questioned whether they would want to sell or lease the land involved in such a deal. They ended their meeting with a non-public session.

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CHURCHES

Campton Congregational

Sunday, April 21
9:30 a.m. Worship Service led by Rev. Jeff Robie

10 a.m. Children's Sermon / Sunday School.

Following Worship we gather for fellowship.

Tuesday, April 23
10:30 a.m. Bible Study

Noon BYOL Lunch
1 p.m. Ladies Guild Meets

Campton Congregational Church is thrilled to be celebrating its 250th anniversary on Saturday, June 1, with a full day and evening of activities that will bring our community together. Ray Mardin, Scott Brunt, and Jim Tyrell are just a sampling of the musical talent that is planned for the day to keep all entertained. There will be a large array of antique cars and other interesting displays to add to the interest. And food...the Campton Fire Department is hosting barbe-

que and there will be homemade donuts and coffee available in the morning to start things off the right way. Dinner in the evening will be a free spaghetti supper prepared by the many good cooks of the church. Stay tuned for more details and do mark Saturday, June 1 on your calendar and join us to celebrate this momentous occasion. The enduring testament of our 250-year history lies in the devotion and faith exhibited by generations of individuals who have graced our congregation and community with their commitment and faith.

All are welcome Sunday mornings, as we come together to Worship God. Our Church is a member of the National Association of Congregational Christian Churches, a national body of churches dedicated to preserving traditional Congregational principles and practices in the world. Our Services are available on Facebook. If you are unable to be with us in person, tithes and of-

ferings may be sent to PO Box 328, Campton, NH 03223. Please direct any questions or needs to ourccc1774@gmail.com or call 603-536-2536.

Christian Science Society, Plymouth

We welcome everyone to join us at our Sunday services, which we hold each week at 10 a.m. in our Emerson Street building. This week's Bible lesson begins with this verse from Zephaniah: "The Lord your God among you is powerful - He will save and He will take joyful delight in you. In His love He will renew you with His love." Christian Science churches in more than sixty countries around the world will be reading this lesson next Sunday.

Children and teens are invited to visit our Sunday School which is held at the same time as this service. Students learn how the truths and lessons in the Bible can help them learn to pray for themselves, their com-

munity and the world.

Our Wednesday meetings, which are held at 6 p.m. each week, include short readings from the Bible and from the Christian Science textbook with thoughts to help meet personal and world needs. Then there is time for sharing with one another gratitude for healing experiences in our lives, as well as thoughts and insights from our spiritual study and prayer. Everyone is welcome.

Please visit our Web site at www.cs-plymouth-nh.org if you would like to join in our services by Zoom.

The Reading Room in our church building is open Monday noon to 2 p.m. You're welcome to come in to browse, borrow books and resources which include Bible reference materials and many other books and publications. There are free magazines which you are welcome to take as well.

At jsh-online.com there are new articles each week, many with audio. This week there is a podcast interview on the subject "Where

is God in scary situations?"

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship holds Sunday services each Sunday at 9:30 a.m., both in person at 101 Fairgrounds Rd., Plymouth, and live streamed via Zoom. Nursery and childcare services are available. Religious education classes are offered every week.

April 21

What the World Needs Now, Is Love, Sweet Love
Margaret Rieser, Ministerial Intern

On this Earth Day we will explore the mutual relationship we have with this planet; the ways we love it and the ways it loves us back.

Unitarian Universalism is a caring,

open-minded religion that encourages you to seek your own spiritual path. Our Faith draws on many religious traditions, welcoming people with different beliefs. We are a Welcoming Congregation recognizing no distinction of class, nationality, race, gender, or sexual orientation.

For more information and Zoom link, visit our Web site: www.starrkingfellowship.org.

Wentworth Congregational

Here is our list of upcoming speakers:
Our services are now at 10 a.m., except for the first Sunday Communion Service in West Rumney, which is at 9 a.m.

April 21—Joy Moody
April 28—Rev. Lynn Morrison

May 4-Communion Service, W. Rumney, 9 a.m.
May 12-Rev. Cindy Petrie (Bible Study after Service)

May 19-Joy Moody
May 26-Rev. Lynn Morrison



ALEXANDRIA
Alexandria United Methodist
12 Washburn Rd.
Alexandria Village, Alexandria
9 a.m. Sunday Worship Service
Pastor Mark Lamprey • 603-744-8104
Methodist Church
April 14th Easter Worship @ 9a.m.

ASHLAND
Ashland United Methodist
18 Washington St., Ashland
9:30 Sunday morning Worship Service
Visit our Website:
<https://ashlandumc.faithlifetimes.com/>
for more information and recordings of the Services.
Pastor Roger Kleinpeter
1-603-254-7796

Ashland Community Church
55 Main Street - Ashland
(across from Shurline Market)
10:00 a.m. Worship
August 18 - September 15 Teaching Series: "I Love My Church!"
Toddler Zone (infants - five years old) led by Kara Hamill and Kid Zone (for K-6th grade) led by Debbie Madden.
Small groups: We offer adult small groups that meet on Sunday, Tuesday, Wednesday, and Thursday evenings.
New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019.
Pastor Ernie Madden
(603) 968-9464
accernie@hotmail.com

Emmanuel Episcopal Church
18 Highland Street, Ashland
(603) 968-7640
9:30 am Sunday School and Worship
Rev. Stephen Rugg

BRISTOL
Bristol Baptist Church
30 Summer Street, Bristol, NH 03222
(603) 744-3885
SUNDAY
• Worship service with music as well as the Scriptural message and time of fellowship. 10:00 a.m.
bristolbaptistchurch.org

Bristol United Church of Christ
15 Church St., Bristol
9 a.m. Bible Study • 10 a.m. Sunday School
10 a.m. Worship Service • Child Care Available • 744-8132

Our Lady of Grace
(part of Holy Trinity Parish)
2 West Shore Rd Bristol, NH 03222
Mass Schedule: 9:30 AM on Sundays (this is the only Mass on Sundays year round now).
Daily Masses: Tuesdays and Thursdays at 8 AM.

Eucharistic Adoration every Thursday after Mass until 10:00 AM.
Parish office for both locations:
11 School St, Plymouth, NH 03264.
Phone: (603) 536-4700.

CAMPTON
Campton Baptist Church
1345 Main Street, Campton (603) 726-4662
Sunday 10 a.m. Worship Service followed by Time of Fellowship
Monday 4 p.m. Bible Study
Wednesday 7 p.m. Prayer
Friday 5:30 p.m. Dinner & Movie (free)
Women's Gathering 2nd Tuesdays 10 a.m.
Men's Breakfast 2nd Saturdays 7 a.m.
"Digging Deeper" Service 3rd Sundays 7 p.m.
Food Pantry by Appointment
All are Welcome • Handicapped Accessible
Pastor Chuck Green

Campton Congregational
#495 Rt. 175, Campton
9:30 a.m. Sunday Worship Service
Nursery and Child Care Available
10:30 a.m. Tue. Bible Study for Youth & Adults
Rev. Jeffery Robie • 536-2536
Member NACCC

New Light Chapel
Southmayd Plaza (off I-93 Exit 28)
24 Southmayd Road, Campton
(Across Route 49 from Campton Mobil)
10:00 a.m. Sunday Worship Service
Childcare and Children's Ministry available
Pastor Steven Veinotte
www.newlightchapel.com

DANBURY
Danbury Christian Church
High St., Danbury
9:30 a.m. Sunday School
11 a.m. Morning Worship
Tuesdays 6:30 p.m. AWANA
Thursday, 7:00 p.m. Prayer Group/Bible Study

United Church of Danbury
"All Are Welcome"
Rt. 104 - Near Center of Town
9:30 a.m. Sunday Worship Service
9:30 a.m. Sunday School
Contact: Sylvia Hill, Deacon at 768-3936
danburypastor@myfairpoint.net

HANOVER
Our Savior Lutheran Church
5 Summer Street, Hanover • 643-3703
10:30 a.m. Sunday Service of Holy Communion and Children's Church
9:15 a.m. Adult Education Hour

HEBRON
Union Congregational Church
Union Congregational Church
15 Church Lane, Hebron
603-744-5883
We welcome all persons
The Rev. Ralph S. English
Worship Service - Sunday 10am
Communion is celebrated on the first

Sunday of each month
A Coffee Hour following worship
Recorded Services on website
www.hebronchurchnh.org

HILL
Hill Village Bible Church
9 a.m. - Sunday School
10 a.m. - Morning Worship
11 a.m. - Coffee Fellowship
11:30 a.m. - Bible Hour
6:30p.m. - Wed. Prayer & Bible Hour
Teen/Childrens' Ministries
Nursery provided at all services
Pastor: Rev. Daniel Boyce
Youth Pastor: Nathan Pelletier
www.hillvillagebiblechurch.com
Look for us on Facebook

HOLDERNESS
Holderness Community Church
919 US Route 3 - P.O. Box 613
Holderness, NH 03245
Worship Service - Sunday 10 a.m.
Rev. Chris Drew - 968-3219
www.holdernesscommunitychurch.org

NEW HAMPTON
New Hampton Community Church
(603) 744-8252
A Christian Church with a Family friendly atmosphere • Main St. New Hampton
10 a.m. Sunday Worship
Nursery care, Children & Youth ed.
Life Groups meet throughout the week of the church, in area homes and via ZOOM.
Pastor Scott Mitchell
pastorscott@newhamptoncc.org
<https://newhamptoncc.org/>
Join us also online:
<https://www.youtube.com/@NewHamptonCommunityChurch>

PLYMOUTH
Calvary Independent Baptist • 536-3024
115 Yeaton Rd., West Plymouth
8:45 a.m. Sunday Morning Service
10:30 a.m. Sunday School
6:30 p.m. Sun. Evening Service-Tilton
7:00 p.m. Tuesday Evening Service
Dr. Chester W. Kulus, Pastor

Christian Science Society
7 Emerson St., Plymouth
10-11 a.m. -Sun. Service/Sun. School
Wed. 6:00-7:00-Testimonial Meeting
www.cs-plymouth-nh.org

Church of Jesus Christ of Latter-Day Saints
354 Fairgrounds Rd., Plymouth
10:00a.m. Worship Service
11:10a.m. Sunday School
Tom Lopez (603) 998-4356

Gateway Alliance Church
9 Fairgrounds Road, Plymouth • 536-3043
Sunday School and Adult Education
9:45 a.m.
Worship Service 11:00 a.m.
(Nursery Care is available)
Dennis Simmons, Pastor
gatewayalliancechurch.org

Holy Trinity Parish (Roman Catholic)
Our Lady of Grace Chapel
2 West Shore Rd, Bristol
St. Matthew Church
11 School St in Plymouth NH.
Parish Office: 11 School St in Plymouth (603) 536-4700.
Office email: holytrinitynh@gmail.com
Communications coordinator:
Christine Chiasson email:
chrisciasson@holytrinityparishnh.org.
Pastor: Fr. Mark Dollard.
Instagram: [holytrinitynh](https://www.instagram.com/holytrinitynh).
FB page is Holy Trinity News and Info.

Plymouth Congregational United Church of Christ
4 Post Office Square
Morning Worship with Sunday School 9:30 am
An Open & Affirming, Just Peace, Anti Racism Church
536-2626, www.uccplymouth.org

Plymouth United Methodist Church
334 Fairgrounds Road
(603) 536-1941
Sunday Morning Worship 9:30 am weekly

Restoration Church
319 Highland Street, Plymouth NH
10:30 am morning service
We Care Food Pantry
Open every Monday from 10-2

Starr King Unitarian Universalist Fellowship
101 Fairgrounds Rd., Plymouth
536-8908
9:30 a.m. Sunday Service and Church School & Nursery Care
Rev. Linda Barnes
www.starrkingfellowship.org

RUMNEY
Rumney Baptist Church
Rumney Baptist Church
Rev. Seth Powers, Pastor
375 Main Street • 786-9918
rumneybaptist.org
office@rumneybaptist.org
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Blended, worshipful music
Relevant Bible teaching
Children's ministry
6:30 p.m. Mondays: Teen Worship Service
Small group Bible studies throughout the week

West Rumney Community Church United Church of Christ
1218 Old Route 25, West Rumney
Sun. Worship 9 a.m., All are welcome.

THORNTON
Thornton United Methodist
22 Church St., Thornton
Off Cross Road between Rts 3 & 175

Call 603-726-3774 for more information or to leave a message.

WARREN
Warren United Methodist Church
On the Common, Warren, NH
Sunday Worship 1:30 p.m.
Sunday School 10 a.m.
Rev. Dr. David Palmer • 787-6887

WENTWORTH
Grace Bible Church of the White Mountains
259 Moosilauke Hwy. (NH-25)
Sunday Schedule:
Sunday School - 10:00 AM
Worship Service - 11:00 AM
Wednesday Schedule
Bible Study - 6:30 PM
Patch the Pirate Club for Ages 5-12
6:30 PM
Teen Youth Group - 6:30 PM
Choir/Chime Rehearsal - 7:30 PM
Live-streaming the Worship Service on YouTube
Nursery and Children's Church provided each service.
Handicap Accessible
Pastor: Rev. Steven Anglea
Phone: (603) 530-2866
Mailing Address: P.O. Box 500,
Rumney, 03266
www.gbcnh.org

Wentworth Baptist Church Independent, Fundamental, K.J.V.
260 Cape Moonshine Rd.,
Wentworth
9:30 a.m. Sunday School
10:30 a.m. Sunday Service
1 p.m. Sunday Afternoon Service
7 p.m. Wednesday Evening Service
764-9800 www.wbcnh.org

Wentworth Congregational Church
Wentworth Village Road (Common)
wentworthcongregationalchurch.org
Sunday services: 10:15 a.m., Sept. thru May.
9:00 a.m., May thru August
764-9081

WOODSTOCK
Pemi Valley Church
1091 Rte 3 South Woodstock, • 745-6241
ALL ARE WELCOME
Wednesday - 6:30 p.m. Bible Study and Prayer Group.
Sunday 9-10 a.m. Worship Service and Children's Sunday School. 10-10:30 a.m. Refreshments.
Reverend John Muehlke Jr.

THE STORY PAGE... *building community one story at a time*

HEAVEN

For heaven's sake. Perhaps that is why we see the beauty in nature, are kind when we could easily choose not to be, forgive when it's the last

thing we feel like doing, are sources of light when the world seems so very dark. For heaven's sake. As for our Story Page...we thank this month's contributors for sharing their thoughts on heaven and the heavenly aspects of life on earth. Please check out their photos and writing, and please also consider being a contributor yourself. **Anyone and everyone of any age or skill can submit a piece of writing, artwork, or photography by the 30th of each month following one of our upcoming themes.** Please consider it! The more diverse we are the better. We even encourage introverts to use a pen name if that helps.

A STORY PAGE SUBMISSION

Below are the upcoming themes and submission dates for the Story Page. Please send in your work to storypagenh@gmail.com by the 30th of the month. And thank you as always for visiting the Story Page, where we believe that in this brief, magical life... every story counts!

- Theme:..... Due the 30th of:
 WILD April 2024
 HISTORY..... May 2024
 STARS June 2024
 CAMP August 2024
 RIVERS July 2024

Heaven On Earth

Some will say, heaven-on-earth betrays teachers and the texts of ancient, sacred wisdom.

While others, equally pious, preach heaven-on-earth exists now and here, through our hearts, senses and our deeds.

Such beliefs, so at odds, clash — and I wonder. What is lost or hidden? Where is that prism with its shaft of Light passing through, like life itself,

exploding into colors, each travels its own speed, unmasks paths and choices, common ground for the seeker, the mystic, the learned and the fool.

Gretchen Draper, New Hampton

Heaven

Heaven is running in early morning when stars reveal themselves and daffodils get ready to bloom, when a cardinal sings atop the blue spruce, and a new day opens to us all.

-Elizabeth Terp, Lincoln

Heavenly Blues

Creamy-throated Morning Glories, Heavenly Blues, entwine a neighbor's granite post, trumpet alleluias to the sun. Azure flowers, heart-shaped leaves, hardy vines, twist and grow upwards, heavenward, as deep blue blossoms sing praises, spiraled in double helix of body and soul reminding me we, too, are hard-wired to pray.

Susan Miller, Plymouth



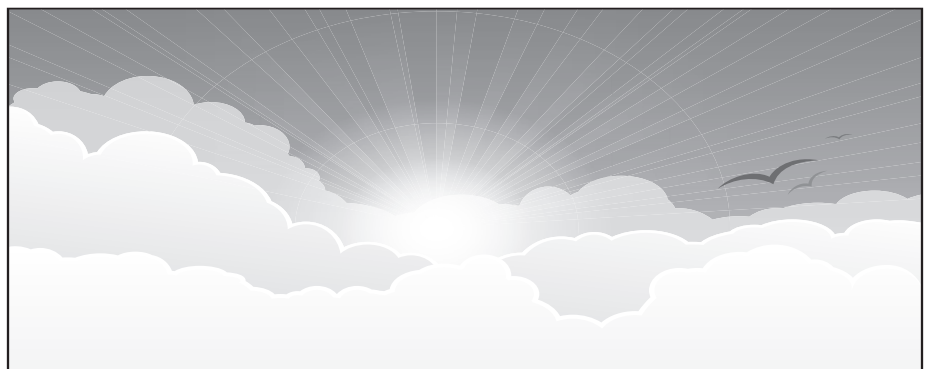
"Dawn's Driftwood" submitted by Kate Donahue.

Heaven

Heaven is my forever home. Beyond the cosmos, away from what the eye can see, is the shelter of the Divine. The Creator of the Universe patiently waits for me to arrive at the end of my journey here on Earth. After passing through a glorious tunnel of light without fear or trepidation, I'll experience the overwhelming love of God. His greeting will be with open arms, and all suffering will disappear. A feeling of tranquility will come over me with His embrace. This heavenly home has miles of perfect meadows with copious amounts of flowers in full bloom. Brilliant-colored trees fill the mountains with emerald greens, golden yellows, and burgundy reds while extraordinary animals run free. The sky is indigo blue without a cloud in sight. There is a presence of family and an awareness of their safety. Still, if God says return to Earth because it's not my time yet, I won't want to go, but there is a complete sense of trust in the process.

Confidence will rush over me because of the authentic knowledge of going back to this special place one day. Understanding that Heaven is my forever home and that I'll return there again brings me peace.

Suzanne L. Thistle, Hebron



The Yellow Ladieslipper. A little bit of heaven. Photo by Barry Draper New Hampton



"Milkweed Heaven" submitted by Kate Donahue.

Challenge

FROM PAGE A1

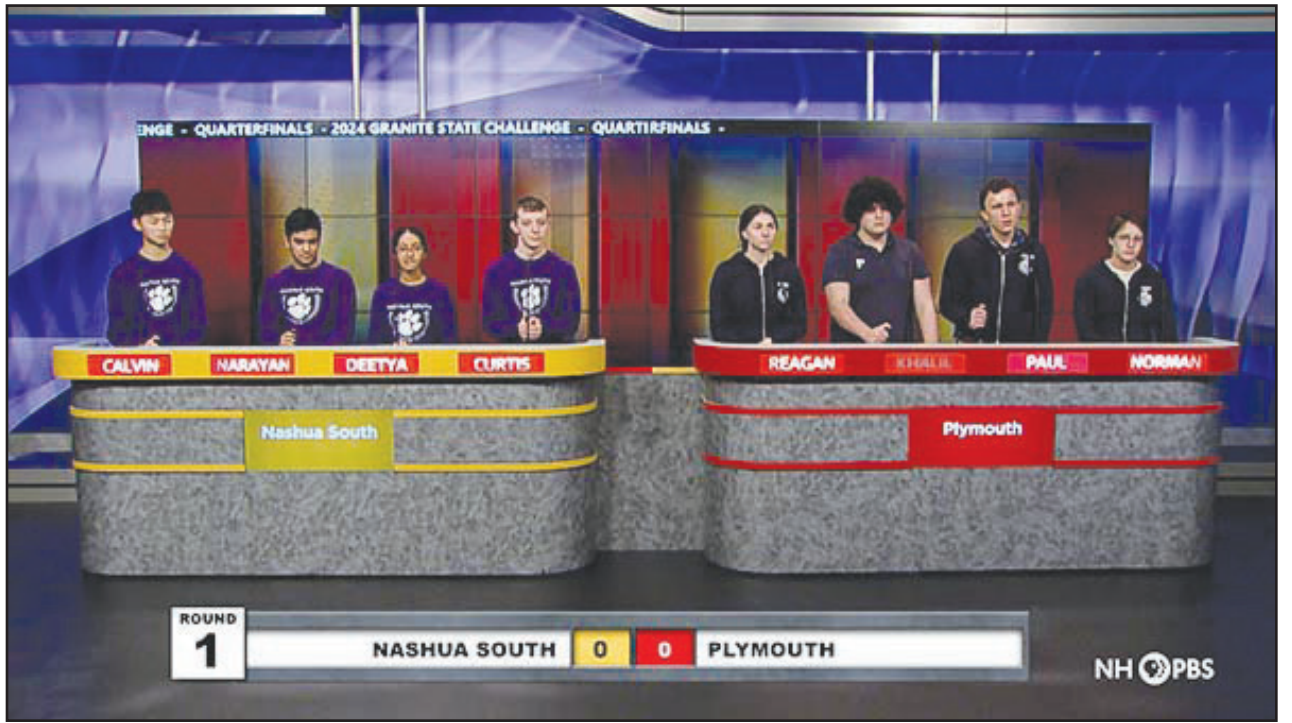
enrolls around 1,790 students. Nashua High South defeated ConVal Regional High on their way to the quarterfinals, and was the Granite State Challenge champion in 2016 and 2017.

Playing for Plymouth Regional High are the team captain and junior Reagan Sutherland, and seniors Khalil Dakhliya, Paul Mason, and junior Norman Sackett. The team alternates are junior Max Shamansky and senior Ethan Savage. The coaches for the team are programming, drafting, and engineering teacher Jay Fogarty and Spanish teacher Troy Harris. Plymouth Regional High enrolls around 647 students from Plymouth, Ashland, Holderness, Campton, Rumney, Wentworth, Ellsworth, Waterville Valley, and Thornton. Plymouth Regional High defeated Newfound Regional High to secure their place in the quarterfinal round and was the Granite State Challenge champion in 1996, 2013, and 2019.

The winner of the game will move on to the semifinals where they will meet the winner of the next quarterfinal game between Hopkinton High and Laconia High airing on Thursday, April 25 at 7:30 p.m.

Hosted by Bow High School teacher and former Granite State Challenge coach (Bedford High), contestant (Belmont High), and Granite State Challenge crew member, Jon Cannon, Granite State Challenge features some of New Hampshire's brightest high school students as they demonstrate remarkable teamwork, quick thinking, and smarts to beat the clock and buzz in first on this iconic New Hampshire game show. The game emphasizes quick recall of math, science, social studies, language arts, and fine arts facts - along with questions about current events, entertainment, sports, and New Hampshire.

You can follow your favorite team, test your knowledge with "Granite State Challenge" online quizzes, and more at the "Granite State Challenge" Web page, or try your hands at daily brainteasers on the "Granite State Challenge" Facebook page.



Burglaries

FROM PAGE A1

WiFi cameras, cell phone cameras and game cameras can often capture just the image needed to find, arrest and prosecute a suspect. As the investigations continue, those with cameras in that area should also check to see if they captured any useful information.

While Kelby said this latest crime spree seems to only be taking place on the west side of Danbury, police departments from other nearby rural towns are also encouraging residents to not only keep an eye out for suspicious activity, but to be sure their homes and vehicles are locked as well. "See something, say something" is an important phrase to remember.

Kelby's warning and request for assistance from his community was met with gratitude. Many thanked him for the update and said they would heed his advice about installing cameras on their homes and property. Others even offered

suggestions on inexpensive but effective cameras that have worked well in their own security measures.

Anyone concerned about suspicious vehicles or activity can also contact him at (603) 768-5568 to report what they have seen. Photos and information can also be sent via email to Danburydpd@comcast.net.

Bears

FROM PAGE A1

boys, the 4X400-meter team of Brady Harker, Athanasius Orlowski, Colin Foster and Tegan Drake just missed the win with a second place time of 3:57.44.

Drake, Kelton Austin, Josh York and Owen Wilkins combined to place second in the 4X200-meter relay in a time of 1:46.55.

In the 4X100-meter relay, Newfound's top team finished in 49.06 seconds and the second team finished in 54.62 seconds. Newfound was fifth in the 4X800-meter relay in a time of 10:31.18 and they placed fourth in the distance medley with a time of 12:30.

In the coed 4X100-meter relay, Newfound finished in 58.4 seconds for sixth place overall while in the discus relay, Newfound was sixth with a distance of 252 feet, 10.5 inches. In the "buffalo run" for the boys, the Bears were fourth overall in 1:00.97.

The Bears are scheduled to return to action today, April 18, at Laconia at 4 p.m. and at Sanborn on Saturday, April 20, at 10 a.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

44TH ANNUAL Fishing Derby @ Fox Pond Park
 Saturday, April 27, 2024
 REGISTER THE MORNING OF THE EVENT
 2 Locations:
 TEXAS HILL RD - CORNER OF THE POND
 UNDER LARGE PAVILION - OFF MAIN PARKING LOT

Sponsored by Plymouth Elks Lodge 2312

Ages 5 & under, Handicapped folks and Senior adults (ages 62+)
 Register at 8 AM
 Fish from 8:30 - 9:30 AM

Ages 6 - 10 years
 Register at 9 AM
 Fish from 9:30 - 10:45 AM

Ages 11 - 15 years
 Register at 10:15 AM
 Fish from 10:45 AM - 12 PM

\$3 per person (cash)

You may keep 5 trout on derby day and each day during the summer. Any tagged trout wins a special prize. Prizes will be awarded after each group completes fishing. Contestants may only place once for prizes. You must be at each awards ceremony to receive your prize. You must bring your own fishing rods and bait. Parents may help kids, if needed. Please encourage children to fish on their own as much as possible. Fish mates will be on duty for fishing assistance, if needed!

43 Old Ward Bridge Road, Plymouth, NH 03264
 lash@gembaker.org
 Promote Play. Create Connection.

Solo Wilderness Medicine

WILDERNESS FIRST AID COURSE
 @ Waterville Valley Recreation Department
 May 18 - 19, 2024 8:30am-5pm

The WFA course is 16 hours (2 days) and focuses on the basic skills of response and assessment, musculoskeletal injuries, environmental emergencies, survival skills, soft tissue injuries & medical emergencies.

Cost: Members \$215 / Guests \$245
 Register at WVRD or call (603) 236-4695
 Questions, Sign-up
 hikewatervillevalley.com

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KennellOrtho.com | 524-7404 Laconia | 536-7404 Plymouth | 444-7403 Littleton

SOLO Wilderness First Aid course open to public



WATERVILLE VALLEY — Waterville Valley Recreation Department is hosting their annual Wilderness First Aid (WFA) Course on May 18 & 19, 8:30 a.m.-5 p.m. This course for the outdoor enthusiast or trip leader who wants a basic level of first aid training for short outings with family, friends and outdoor groups. SOLO Wilderness Medicine instructors teach the course. SOLO is the gold standard for back-country emergency care training.

The WFA course is 16 hours (two days) and fo-

cuses on the basic skills of response and assessment, musculoskeletal injuries, environmental emergencies, survival skills, soft tissue injuries and medical emergencies. The cost is \$245 for guests and \$225 for members. The course location is at the Water-

ville Valley Recreation Department at 11 Noon Peak Rd. in Waterville Valley.

Advanced online registration is required at wvr.d.recdesk.com or by calling us at (603) 236-4695.

For program updates please visit us on [facebook.com/WVRecreation](https://www.facebook.com/WVRecreation) and at our website at wvr.d.recdesk.com. Contact Recreation Director, Brooke Wakefield at (603) 236-4695 with any questions.

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WHEN: THURSDAY MAY 23RD 4PM - 7PM
WHERE: 56 MAIN ST. LANCASTER, NH
(IN CASE OF RAIN THE AUCTION WILL MOVE TO THE LANCASTER FIREHOUSE - 10 MECHANIC ST.)
WHAT FOR: TO BENEFIT GREG CLOUTIER PARK
PRESENTED BY THE WILLIAM RUGH GALLERY - AUCTIONEER - MIKE KOPP

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Chuck & Audrey Conrad, Canaan

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 603.934.3718 24 Peabody Place, Franklin, NH Peabody.Place

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SalmonPress.com

SPORTS



Luke Legacy (left) scoops up the ball as teammate Lincoln Manson moves in for support in action last week against Stevens.



Mike Aprilliano races the ball down the field in action against Stevens last week.

Bobcat lax boys storm past Stevens

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — It took a little bit to get going in the rain on the turf at Plymouth State University, but the Plymouth lacrosse boys got things going in the second quarter and never looked back on the way to a 15-3 win over Stevens on Wednesday, April 10.

Plymouth goaltender Robbie Thorne made an early save before the Bobcats got on the board with 7:06 to go, as Luke Legacy fire a shot to the back of the net for the 1-0 lead. Just 25 seconds later, Nolan Galvin made a feed to Cooper Legacy, who buried the shot for the 2-0 lead.

Galvin sent a shot wide and Cooper Legacy had a couple of bids denied by the Stevens goalie. Thorne made another save and Lincoln Manson came back with a chance for Plymouth that went wide. Luke Legacy and Peyton Long teamed up on a chance that went wide and Galvin had a bid go wide as the first quarter ended with the Bobcats up 2-0.

One minute into the second quarter, Luke Legacy made it 3-0 and after a Thorne save, the Bobcats were able to up the lead to 4-0 with 7:30 to go, as Cooper Legacy put home a feed from Manson. Manson and Cooper Legacy teamed up for another bid that was turned away and Galvin had a shot denied. Luke and Cooper Legacy teamed up on a chance that was denied.

With 4:49 to go, Galvin upped the lead to 5-0 and then just more than a minute and a half later, Cooper Legacy fired a shot in for the 6-0 advantage. Just 29 seconds later, Eli Ibarguen made it 7-0 and after chances from Luke Legacy and Ryan Killion, Ibarguen made it 8-0 with one minute to play to give Plymouth the 8-0 lead at the half.

Stevens scored their first goal of the game just more than a minute into the third quarter but the Bobcats answered less than a minute later when Luke Legacy fired a shot to the back of the net. Luke Legacy and Cooper Legacy both had chances go wide, as did Manson and Killion had a shot stopped by the Stevens goalie.

With 3:22 to go, the Bobcats upped the lead to 10-1 and just 19 sec-

onds later Cooper Legacy made it 11-1. After a Galvin bid was denied, Cooper Legacy made it 12-1 with 2:10 to go and Galvin made it 13-1 with 1:29 to go and the Bobcats took that lead to the

final 12 minutes.

Cullen McNair took over in goal in the fourth quarter and stopped a couple of solid Stevens chances early in the quarter. Liam Shannon had a shot go wide for

the Bobcats as well.

With 8:55 to go, Manson picked up Plymouth's 14th goal of the game and with seven minutes to play, Luke Legacy scored on a helper from Dom Ciotti. The

Cardinals scored with 15:05 to go and then added a goal with 35 seconds to go for the 15-3 final score.

The Bobcats are slated to be in action today, April 18, at Pelham at 6

p.m. Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Bats break out for Bears in win over White Mountains



Arianna Plummer reacts after sliding home after circling the bases in last week's game with White Mountains.

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — While many games were called off due to the weather, the Newfound and White Mountains softball teams battled through the early rain on Thursday, April 11.

The Bears used a huge third inning to jump out to a 15-0 lead before the Spartans came charging back in the top of the fifth inning, scoring six runs of their own before the Bears scored one in the bottom of the fifth to close out the 18-6 win.

The Spartans got a walk from Emma Simpson and an infield hit from Tara St. Cyr in the top of the first inning, but Newfound pitcher Sarah Buchanan struck out a pair to get out of the inning with no damage done.

Madison Bush led off the bottom of the inning with a walk and after a base hit from Emily Avery and a wild pitch, a groundout by Katie Sweeney plated the first run of the game. Adeline Dolloff followed with a sacrifice groundout and Buchanan and Jaden Gilpatric were both hit by pitches before Spartan pitcher Alexis Hicks got a popup to end the inning.

Buchanan struck out the side in the top of the second inning and Newfound added five runs to the board. Arianna Plummer le off with a walk and moved up on a groundout by Cora Sanschagrinn. Bush reached on an error to plate the second run and after Avery walked and Sweeney was hit by a pitch, a Dolloff double cleared the bases for the 5-0 lead. Dolloff then scored on a ground-



Katie Sweeney rounds third on the way to scoring in action against White Mountains last week.

out by Buchanan for the 6-0 lead before Hicks got a grounder to third to end the inning.

Jaylin Leslie-Wakeham led off the top of the third with a base hit and after Buchanan got a strikeout and Sweeney made a nice catch on a foul pop, Ciera Challinor worked a walk. However, a fly ball to center ended the inning with no Spartan runners crossing the plate.

Plummer led off the bottom of the third with a walk and scored on a base hit from Sanschagrinn. One out later, consecutive walks to Avery, Sweeney and Dolloff plated a run and a Buchanan sacrifice fly upped the lead to 9-0, with Ellie Quigley making a nice grab in left field for the Spartans. Walks to Gilpatric and Hannah Bassett plated another run and Plummer ripped a double and circled the bases on a Spartan error, coming all the way around to score and Newfound's lead was 14-0. After Sanschagrinn reached on an error, a double from Bush rounded out the Newfound scoring in the inning.

Quigley and Hailey Briere had infield hits to start the top of the fourth inning before Buchanan retired the next three batters, including a pair of strikeouts. Challinor came in to pitch for the Spartans in the bottom of the inning and was greeted by a triple by Sweeney. Dolloff was hit by a pitch and Buchanan walked to load the bases. After Challinor got a strikeout, a base hit from Bassett plated two runs for the 17-0 lead before the Spartan pitcher got out of trouble with a strikeout and a popup.

Bobcat tennis girls cruise in season opener

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — The Plymouth tennis girls were able to squeeze in a match before the weather washed out the end of last week, knocking off visiting White Mountains by an 8-1 score on Tuesday, April 9.

Coach Diane DiNardo was pleased with the effort, especially given the fact that the Bobcats had not had very much practice time and were also featuring a number of players making their varsity debuts.

Emma Smith played at number one and took control early to finish out an 8-4 win, while Leela Bakhshi played at number two and in a long, drawn-out match in her varsity debut, dropped an 8-4 decision. Sophomore Arianne Lee, in her first varsity match, played at number three and got an 8-0 win while Abey Gordon notched an 8-2 consistent win in the fourth spot. Kerry Tole played at number five and came through with an 8-0 win and Kate Ricotta won her varsity debut with an 8-2 victory at number six.

In doubles, Smith and Bakhshi teamed up at number one and won 8-2, working well together as a team despite a lack of playing time together, with Smith strong on the end line and Bakhshi strong at the net. Lee and Gordon got an 8-3 win at number two and Tole and Izzy Son, in her first varsity match, got the 8-3 win at number three.

The Bobcats are scheduled for a rematch with the Spartans in Lancaster today, April 18, at 4 p.m., the fourth match of the week.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Plymouth tennis boys get shutout win in Lancaster

BY JOSHUA SPAULDING

Sports Editor

LANCASTER — A week shortened by weather ended up just featuring one game for the Plymouth boys' tennis team, as the Bobcats journeyed north on Tuesday, April 9, and returned home with a 9-0 win over White Mountains Regional.

"Our practices have become productive because they push each other and get a lot of quality tennis in," said coach Tony DiNardo. "They just go out and play, they're building toward something bigger."

The Bobcats took 10 kids on the trip north and all 10 got in the match, as DiNardo was able to sub in players in doubles. The Bobcats were without Leo Ebner, who was battling back from an injury.

Chance Twomey worked his way to an 8-5 win over a strong effort from Robert Southworth of White Mountains, who had beaten Ebner last year in the same spot. Jack Swanson got an 8-4 win in the second spot, Charlie Cushing won 8-0 in the third spot, Grady Marunowski got the 8-1 win at number four, Max Levin won 8-1 at number five and Brennan Johnson closed out the singles with an 8-0 win in the sixth spot.

In doubles play, Twomey and Swanson won 8-6 at number one, Declan Ulricson and Andrew Frazier combined to win 8-3 at number two and Connor Johnson and Xander Tirrell won 8-2 in the third spot.

The Bobcats are scheduled to be in action today, April 18, at Littleton to wrap-up the pre-vacation week portion of the schedule.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

SPORTS**Track Bobcats visit Newfound for Corneliusen Relays**

BY JOSHUA SPAULDING

Sports Editor

BRISTOL — The Plymouth track team made the short trip south to Bristol for the Corneliusen Relays on Saturday at Newfound Regional High School.

The meet featured all relays, including the traditional 4X100, 4X400 and 4X800 along with more untraditional events such as the 4X200, the 4X100 hurdles, the distance medley, high jump and discus. The Plymouth girls finished in fifth place and the boys were sixth overall.

For the Bobcat boys in the 4X100-meter relay, Plymouth's top team was second in 47.86 seconds, with the next team in 1:01.51 and the third Bobcat team in 1:02.48. In the 4X800-meter relay, Plymouth was sixth overall with a time of 10:42.78.

In the distance medley, the Bobcats ran to third place overall in a time of 12:26 while in the coed 4X100-meter relay, Plymouth finished in second place in 51.2 seconds and the second Bobcat team crossed in 52.93 seconds.

In the 4X200-meter relay, Plymouth was sixth overall in 1:49.51 while the second Bobcat team crossed in a time of 2:01.85.



Sydney Valenti runs in the 4X400-meter relay on Saturday in Bristol.

JOSHUA SPAULDING

For the boys in the "buffalo run," which is a 4X100-meter relay run by the team's throwers, Plymouth was third overall in a time of 59.15 seconds. In the 4X400-meter relay, Plymouth was fifth overall in 4:15.21, with the next Bobcat team in 5:17 and the third team in 5:49.

In the discus relay, which featured the team's top three distances added together, the Bobcat boys were 10th at 185 feet, 7.5 inches.

For the girls in the 4X100-meter relay, Plymouth was sixth overall in 57.46 seconds, with the second Bobcat group in 1:03 and the third team

in 1:05.9.

In the 4X100-meter hurdle relay, Plymouth's top team was first in 42 seconds and the second team placed second in 49.8 seconds. Plymouth was fifth in the 4X800-meter relay with a time of 12:45. The Bobcats were also sixth in the distance medley with a time of 17:03.

In the 4X200-meter relay, Plymouth was sixth in 2:14.98, with the next Bobcat team in 2:19.21 while in the 4X400-meter relay, Plymouth was fourth in 4:52.6 and the second Bobcat team finished in 5:41.41.

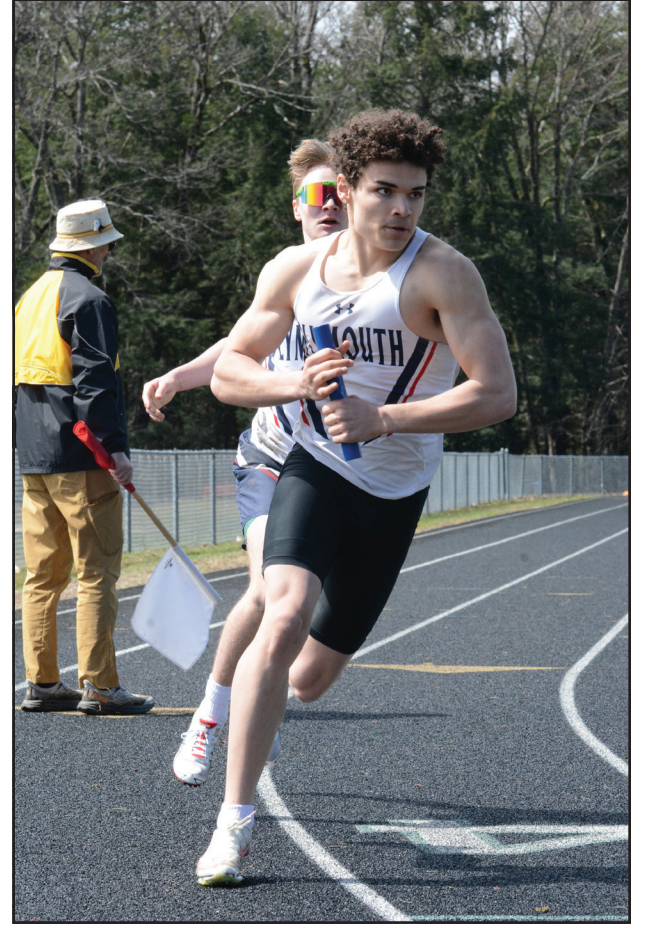
The Bobcat girls in the "buffalo run" fin-

ished in sixth place overall in 1:10.57 while in the high jump, Plymouth got a height of four feet, six inches from Anelie Flynn to place fourth overall.

In the discus relay, Plymouth was seventh overall with a distance of 147 feet, 6.5 inches.

Plymouth is scheduled to be at Sanborn on Saturday, April 20, at 10 a.m. and at Kennett on Tuesday, April 23, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Gabe Kean takes the baton for the final leg of the 4X200-meter relay in Bristol on Saturday.

JOSHUA SPAULDING

High School Slate

Thursday, April 18
NEWFOUND
Track at Laconia; 4
PLYMOUTH
Boys' Lacrosse at Pelham; 6
Boys' Tennis at Littleton; 4
Girls' Lacrosse vs. Pelham; 4
Girls' Tennis at White Mountains; 4
Friday, April 19
NEWFOUND
Softball vs. Belmont; 4
PLYMOUTH
Baseball vs. Con-Val; 4
Softball vs. Con-Val; 4
Saturday, April 20
NEWFOUND
Track at Sanborn; 10
Monday, April 22
PLYMOUTH
Baseball at Pelham; 4
Softball at Pelham; 4
Tuesday, April 23
PLYMOUTH
Track at Kennett; 4
Wednesday, April 24
PLYMOUTH
Baseball vs. Coe-Brown; 1

All schedules are subject to change.

Flaherty, Diamond pace Bobcats to win in Sanborn's coaching debut

BY JOSHUA SPAULDING

Sports Editor

PLYMOUTH — The Plymouth baseball team got coach Chris Sanborn his first varsity win in the season opener on Tuesday, April 9.

The Bobcats played host to Laconia and used a strong effort from Johnny Flaherty on the mound on the way to an 8-0 win over the Sachems.

Flaherty went five innings, giving up just two hits and striking out nine while Luke Bassingthwaite came on to pitch the final two innings, striking out one without giving up a hit.

Offensively, Luke Diamond had a big day, ripping three triples, scoring three runs and driving in another run, while Kyle Dodge had a double and a single and scored two runs out of the leadoff spot. Jax-

son Rineer had a double and a single, scored a run and drove in a run while Thomas Daigneault, Owen Cahoon and Noah Shaw each had hits for the Bobcats.

Plymouth scored once in the bottom of the first, added two in the third, one in the fourth, three in the fifth and one in the sixth to seal the win.

The Bobcats were supposed to play at Souhegan on Friday, but that game was postponed until May 15.

The Bobcats are scheduled to be hosting Con-Val on Friday, April 19, then visit Pelham on Monday, April 22, both at 4 p.m. and will be hosting Coe-Brown at 1 p.m. on Wednesday, April 24.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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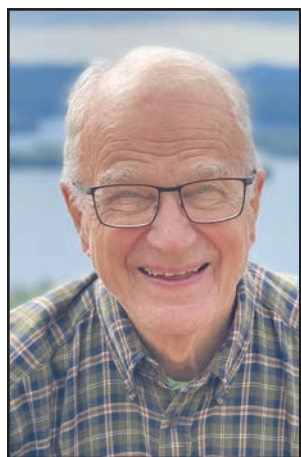
David Preston, 90

David Preston, age 90, of Essex, Connecticut, died peacefully in Essex on March 26th, 2024. Dave was born on November 17, 1933, in Boston, Massachusetts, a son of Roger and Anita Preston of Waban, Massachusetts. He was predeceased by his brothers, Peter, Fred, and Phil.

Dave is survived by his beloved wife of sixty years, Barbara Bidulph Preston, his son, Christopher Preston, his daughter Elizabeth Preston Miramon, and their spouses Elizabeth Valalik and Peter Miramon, and three grandchildren Carly and Emily Preston and Benjamin Miramon.

Also surviving Dave are his brothers- and sisters-in-law, Carl and Susan Bidulph, Hannah and Larry Crutcher, and Granthia Preston, as well as five nieces and nephews.

Dave attended the Rivers School, graduated from Deerfield Academy in 1951, and Cornell University in 1955 where he was a member of the Sigma Phi Society. He earned



a Master of Business Administration from Northwestern University in 1963.

Dave began his business career in the paper industry as a "peddler" with S.D. Warren in Maine and the H. M. Gousha Company in New York. In 1975 he purchased Scott & Daniels Inc., a manufacturer of folding cartons in Portland, Connecticut. He acquired Custom Carton in Branford, Connecticut in 1992 and set up a new manufacturing facility in Gastonia, North Carolina in 1996. Dave sold the business to Pharmagraphics in 1999 and retired in 2002. Dave called Squam

Lake in Holderness, New Hampshire, his home. He spent nearly 90 summers on the lake listening to the loons, enjoying lake activities, and hiking in the White Mountains. As a teenager, he spent one summer working as a "hutsman" for the Appalachian Mountain Club. His enjoyment of skiing matched his love of hiking. He was a member of the Professional Ski Instructors of America. Dave enjoyed finding fresh powder and yodeling as he carved turns down mountains in New England, the West, and Europe. His adventurous spirit took him and Barbara to many continents, exploring on foot or bike, hiking over passes, and overnighting in refugios. Dave's volunteer interests were primarily in education and land conservation in the communities where he worked and lived. He served on the boards of the Connecticut Nature Conservancy, Cooper Instrument Corporation, Middlesex Hospital, Middlesex Chamber of Commerce, Middlesex County Community Foundation, Old Lyme Phoebe Griffin Noyes Library, and Service Corps of Retired Executives. In 2003 Dave received the Middlesex County Distinguished Service Award from the Middlesex Chamber of Commerce. He served as a Board Trustee for Deerfield Academy and the Williams School in New London, Connecticut. Dave was an Overseer at Colby College and Chaired the college's Parents Association. He was a member of the Old Lyme Beach Club, Old Lyme Country Club, and the Essex Yacht Club.

The family thanks the Essex Meadows Health Center staff for the wonderful care they gave Dave.

The date for the memorial service, a celebration of Dave's life, will be forthcoming.

Instead of flowers, please consider a memorial gift in Dave's name to the Essex Meadows Employee Appreciation Fund or the Squam Lakes Conservation Society

Eugene W. Otis, "Gene"



New Hampton-Eugene W. Otis, "Gene", Dad, grandpa and friend to many, passed away in peace with family surrounding on March 11, 2024.

Gene was born in Central Falls, Rhode Island on November 10th, 1930. The eldest son of Eugene Arthur Otis and Priscilla (St. Jean) Otis. As his sister Janet tells it, he was a curious, kind and rambunctious boy who loved roaming the neighborhood with his brother Charlie and friends, playing along the Blackstone River.

In Gene's late teen years, he worked alongside his father at the 'glassworks' factory, and in 1950, at the age of 20, he proudly enlisted in the United States Air Force where he served with distinction for 20 years!

Initially trained as an Aircraft Weapons Mechanic, Gene served all over the world, Lowry, Neubiberg, Tripoli, North Africa, Smoky Hill, Otis and Westover, working on the F-80, F-84, F86 Sabre and the B-47 Bomber.

On November 10, 1956, Gene married Joan Garside, and they began their Air Force Adventure. In 1958 Gene and Joan welcomed their first son Robert and Gene was promoted to T/sgt. The following year landed them in Morocco, where they welcomed their 2nd son, James.

In 1960, T/sgt Otis, enamored with airplanes, obtained his private pilot's license and began the role of Communications Supervisor, heading off to Chicksands RaF Station in Shefford UK; where their last child Donna was born.

In 1964 he decided to pursue Air Force Recruiting, so back to the 'states' for the family. This time landing in Woonsocket, Rhode Island, where he met his goal of Recruiter and was promoted to Master Sergeant.

Master Sergeant Otis fulfilled his last Air Force assignment in 1968, taking the family on the long journey to Taiwan, where he

were his greatest joy!

Gene was one of a kind, loved his family and the simple pleasures that they brought. He lived life to his fullest until the very end. He will be very missed but not forgotten.

Gene was predeceased by his wife of 64 years, Joan M. (Garside) Otis and his brother Robert Otis and is survived by: children, Robert Otis and daughter-in-law Terri of New Hampton, James Otis of Dallas Texas, Donna (Otis) Keeley and son-in-law, Steve of Pittsfield, NH; grandchildren, Sarah Otis, Melissa (Otis) Ramirez and her husband, Pablo, Matthew Otis and his wife, Danielle, Samuel Otis, Rebecca Otis and her fiancé, Noah Sullivan; great grandchildren, Levi Locke and Lucia Ramirez; brother, Charles Otis of Florida and sister, Janet Balshaw of California and many nieces and nephews.

A private Celebration of Life will be held in the future.

If inclined, in memory of Gene, make a donation to a local Veterans Organization or to the New Hampton New Hampshire Fire and Rescue.

Arrangements are under the care of Mayhew Funeral Homes and Crematorium. To sign the online book of memories, go to mayhewfuneralhomes.com.

was Communications Supervisor at Shu Lin Co Air Force Station, retiring in 1971 after 20 proud years in the US Air Force.

After Military retirement, Gene attended night school and obtained his college degree while working in Banking and climbing the ladder within the US Postal Service. During this time, he also had many flying adventures, even owning his own airplane. He completed his '2nd' career in 1981, as Postmaster of the New Hampton NH Post Office.

Gene and Joan enjoyed many road trips throughout the United States visiting friends and family. He was involved in the New Hampton community, serving on the Village Utility and Cemetery Commission, always lending a helping hand to family and neighbors.

You could often find him walking around town with his 'stick', puttering in his yard and workshop or doing something with his grand-kids, who

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Bristol	91 Harriet Dr.	Single-Family Residence	\$360,933	Melissa G. George	Rebecca P. Burnor
Bristol	350 W. Shore Rd.	Single-Family Residence	\$460,000	Kevin W. and Darlene L. Simpson	William J. and Andrea J. Powers
Campton	Deacon Willy Road	N/A	\$106,000	Malgorzata Groblicka	Christopher and Aksiniya Graves
Dorchester	2382 NH Route 118	Single-Family Residence	\$525,000	Jesse and Logan Millette	Elizabeth Baron and Theodore Z. Mackwood
Hebron	118 Groton Rd.	Single-Family Residence	\$223,000	Brian P. Blake and Marcia Delarosa	Gerald T. and Shelley P. Salerno
New Hampton	Pinnacle Hill Road	N/A	\$159,000	John Claridge	Jonathan A. and Katherine L. Normington
Thornton	Blake Mountain Road	N/A	\$180,000	Acushla Oz Fund LLC	Cindy L. Ventura
Thornton	94 Mountain River East Rd., Unit 35	Condominium	\$370,000	F.T. and Lorelei J. Driscoll	Lawrence Lewis and Amelia Zalzman
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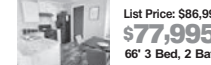
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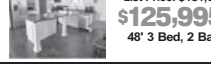
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- Mountain Country Realty: www.mountaincountryrealestate.com
- Nash Realty: www.nashrealty.com
- New Hampshire Colonial Real Estate: www.squamlake.com
- Noseworthy Real Estate: www.noseworthyrealestate.com
- Old Mill Properties: www.oldmillprops.com
- Pine Shores Real Estate: www.pineshoresllc.com
- Preferred Vacation Rentals: www.preferredrentals.com
- Remax Bayside: www.baysidenh.net
- Roche Realty: www.rocherealty.com
- Strawberry Lane Real Estate: www.strawberrylane.com
- Town & Forest Realty: www.townandforest.com



**285 Daniel Webster Highway
(603) 677-7007
www.MeredithLanding.com**





MEREDITH:

Wonderfully decorated Cape on 1.82 acres in desirable area featuring 4BRs/3 baths, HW doors, an updated kitchen with S/S appliances, a 2-car attached garage, and stunning landscaping. This home is a must see!
\$799,000 #4986786


PLYMOUTH APARTMENTS

ONE & TWO BEDROOM UNITS

SUBSIDIZED RENT BASED ON INCOME. INCOME RESTRICTIONS APPLY.

HANAWAY MANAGEMENT COMPANY
An Equal Housing Opportunity Agent
603-536-4402 • Contact us Today!

TDD Accessible



Whatever Your Style,
find it in the
Real Estate Section

HELP WANTED

NOW HIRING!
Correctional Officers
 Apply online:
www.merrimackcounty.net
Merrimack County
Department of Corrections
 Located in Boscawen, NH
 Recruiter - Emily Gagnon 603-796-6829

Scott Burns' Landscaping, LLC
 Well-established Lakes Region landscape company is hiring for the upcoming season. Positions available include gardeners as well as hardscape and softscape crew leaders and members.
 If you are looking to change it up and love the outdoors with a M-F work schedule, give us a call. Valid driver's license required.
 For more info, contact Scott at 603-279-8100 or email scott@scottburnslandscaping.com

Help Wanted
2024 Summer Season



Holderness Harbor is currently seeking motivated individuals who enjoy working in a friendly yet fast paced marina environment. Must be at least 16. Boater's Safety license preferred but not required. Interested candidates are encouraged to contact us via email through our website holdernessharbor.com under contact us or call 968-9001 and leave a message.
 Positions include Inside Customer Service/Outside Dock and Boat support.

Energysavers Inc.
 Since 1975

Full-Time Installers Apprentice
 Energysavers Inc., a 48 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.
LEARN WHILE YOU EARN!
 No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening.
 Stop in to fill out an application:
ENERGYSAVERS INC.
 163 Daniel Webster Hwy., Meredith NH

AES Warriors

2024-2025 OPENINGS
Ashland Elementary School
Mathematics Teacher (Grades 6-8)
Application deadline:
Open until April 22, 2024
 For more information visit:
<https://sau2.k12.nh.us/ashland-employment>
 EOE

Precision Lumber Inc.

WATCHMEN WANTED
PART TIME WATCHMEN
POSITIONS AVAILABLE

Precision Lumber Inc.
 576 BUFFALO ROAD, WENTWORTH NH 03282
WWW.LUMBERNH.COM
 603-764-9450

Precision Lumber Inc.

IMMEDIATE OPENINGS
SAWMILL AND PLANER MILL WORKERS
DAYTIME SHIFT
BENEFITS INCLUDE
 VACATION, SICK AND HOLIDAY PAY, INSURANCE, CREDIT UNION, 401(k) PLAN, ATTENDANCE BONUS
Apply in Person
 or email precisionlumber@lumbemh.com to request us to email an application
Precision Lumber Inc.
 576 BUFFALO ROAD, WENTWORTH NH 03282
WWW.LUMBERNH.COM



Town of Plymouth
Highway Department
Highway Worker/Mechanic

The town of Plymouth, NH, qualifications will determine pay rate, attractive benefit package, for an individual who has a knowledge of small engine repair, diesel engine repair, hydraulic systems operation and repair and general knowledge of light and heavy-duty trucks. Be part of winter operational services. Must have CDL-B with air brake endorsement, NH Inspection license or capable of obtaining one upon hire. It is required to pass a physical, including a drug and alcohol screening, and will be subject to a criminal background check as well as a driving records check.
 Applications are available at www.plymouthnh.gov Mail application to Plymouth Highway Dept., 6 Post Office Square, Plymouth NH 03264, or upon request, 603-536-1623, at the Plymouth Highway Garage.

VARNEY-SMITH
Lumber Company, Inc.

IS HIRING FOR MULTIPLE POSITIONS

INSIDE SALES PERSON
 Duties to include:
 • Retail sales of lumber and building materials, windows, doors, cabinets as well as customer service.

CLASS B CDL TRUCK DRIVER/YARD MAN
 Duties to include:
 • Local deliveries of lumber-building materials.
 • Loading/off loading incoming and outgoing deliveries

NON CDL TRUCK DRIVER/YARD MAN
 Duties to include:
 • Local deliveries of lumber-building materials.
 • Loading/off loading incoming and outgoing deliveries

Must be conscientious, self-motivated, good with people, a team player
 Able to lift a variety of building materials
 Preferably long-term employee

Benefit to include:
 • Competitive Wages • Paid Health Insurance
 • Paid Vacations • Paid Holidays
 • Overtime pay

Please Apply in person at
 2701 Route 302, Lisbon, NH 03585
 or send resume to varneysmithlumber@gmail.com

HELP WANTED
WATER TRUCK DRIVER

NORTH COUNTRY ENVIRONMENTAL SERVICES is searching for a Water Truck Driver to join our Landfill facility located in Bethlehem, NH.

Responsibilities & Duties:
 • Drive water truck equipped with sprinkling attachment to settle dust on the road and parking lot within the facility
 • Responsible for daily maintenance of vehicle
 • Filling and maintaining odor control equipment
 • Willing to assist with other job duties such as site cleanup and maintenance as needed

Education, Experience & Certifications:
 • Must be able to pass pre-employment physical and drug screen
 • No CDL required
 • Seasonal employment

Qualifications & Skills:
 • Self-directed person with a positive and safety mind-set
 • Excellent communication and problem-solving skills are required

Casella Attributes:
 • Positive, team oriented attitude.
 • Open to personal and professional training and development.

We offer excellent benefits including Medical, Dental, Vision, Disability Insurance, Life Insurance, Employee Stock Purchase Plan, and a 401(k) Plan.
 Casella Waste Systems, Inc. is an Equal Opportunity Employer.

Please apply on-line at casella.com/careers or submit your resume to Bruce.Grover@Casella.com

Or mail to:
 NCES
 Attn: Bruce Grover
 PO Box 9
 Bethlehem, NH 03574

HELP WANTED -

HELP WANTED

Find your Fun with Holderness Recreation!

SummerEscape Asst. Director:

FT/PT \$17-19/hr Mon. – Fri., Mid June to August 9th. Work with ages 5 – 12yrs – Crafts, Sports, Swimming, Field Trips & more.

SummerEscape Counselors:

FT/PT \$9-15/hr Mon. – Fri., Mid June to August 9th. Work with ages 5 – 12yrs,

Beach Attendants: FT/PT \$10 – 14.50/hr 10am-5pm Mid-June to Labor Day.

For more information and a complete job description, call 603-968-3700, email recreation@holderness-nh.gov, or visit www.holderness-nh.gov

COMFORT

FROM PAGE A4

cookware rather than on the surface. These cooktops remain cool to the touch, reducing the risk of burns. Additionally, they have built-in safety features such as automatic shut-off timers, temperature controls, and pan detection, ensuring that the cooktop turns off when the cookware is removed. Safety induction cooktops provide seniors a safer cooking alternative without compromising performance or versatility.

Incorporating kitchen gadgets tailored for seniors can significantly enhance their cooking experience, making it safer, more convenient, and more enjoyable. From ergonomic utensils to automatic can openers, easy-to-read digital scales, and safety induction cooktops, these gadgets are designed to address seniors' specific challenges in the kitchen. By embracing these innovative tools, our senior loved ones can maintain their independence and bring joy to each day, continuing to prepare delicious meals with ease.

Comfort Keepers® can help

Our goal is to provide uplifting in-home care that

benefits seniors and their families. The individualized care plans we create for our clients consider physical goals as well as non-physical mental health needs. Our caregivers can provide companionship and support physician-prescribed exercise regimens, provide transportation to appointments and help to families that want to stay connected through technology. We strive to elevate the human spirit through quality, compassionate, joyful care.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host

of additional items all meant to keep seniors living independently worry free in the comfort of their homes.

Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent.

Please call 603-536-6060 or visit our Web site at nhcomfortkeepers.com for more information.

LEGAL

HEBRON PLANNING BOARD NOTICE OF PUBLIC HEARING ON EVERSOURCE'S REQUEST TO TRIM TREES ON GEORGE ROAD

Wednesday, May 1, 2024 at 7:00 PM

Hebron Town Office, 7 School Street, Hebron, NH 03241

Notice is hereby given that the Hebron Planning Board will hold a Public Hearing in accordance with RSA: 231:158, on **Wednesday, May 1, 2024** at 7:00 PM, to discuss tree trimming on **George Road** a scenic road in the Town of Hebron.

Written comments will be accepted by e-mail and mail, if received by the hearing date. Email: taxcol@hebronnh.gov Planning Board Secretary. Phone 603-744-9994

The Hebron Planning Board will be available on GoTo from your computer using the Chrome browser.

<https://app.goto.com/meet/596861509> Telephone 1-571-317-3122

TOWN OF HOLDERNESS ZONING BOARD OF ADJUSTMENT PUBLIC HEARING NOTICE

**TUESDAY, MAY 14, 2024 6:15PM
HOLDERNESS TOWN OFFICE
SECOND FLOOR MEETING ROOM
1089 US ROUTE 3**

Notice is hereby given that the Zoning Board of Adjustment will hold a public meeting in the second-floor meeting room of the Holderness Town Office located at 1089 US Route 3 beginning at **6:15 P.M. on Tuesday, May 14, 2024** to conduct regular business and hold the following Public Hearings:

Case #491-04-10: Application submitted by Leslie Novos for Bellasquam LLC, requesting a 38-foot variance to comply with the 125-foot setback requirement of section 400.8.2 of the Holderness Zoning Ordinance for a property located at 81 Asquam Road, Tax Map 241 Lot 101.

Case #492-04-10 Application submitted by VHB c/o Andrew Mahoney, agent for Public Service Company of NH, d/b/a Eversource Energy of 13 Legends Drive, Hooksett, NH 03106 for a special exception in accordance with section 900.1 of the Holderness Zoning Ordinance to do proposed maintenance of the existing 342 Transmission Line and replace twelve wooden utility poles, 10 of which are located within the Pemigewasset River Corridor Overlay District, with twelve new weathered steel poles in the same configuration. This project qualifies as an electric utility line project within the Holderness Pemigewasset River Corridor Overlay District, Holderness Flood Hazard District and FEMA Special Flood Hazard Area in accordance with section 304.4, section 304.5, and section 304.6 of the Town's Zoning Ordinance.

Town of Rumney, New Hampshire Request for Proposals Removal and Replacement of Shingled Roof of: Byron G. Merrill Library 10 Buffalo Road, Rumney, NH

The Town of Rumney is seeking proposals from qualified contractors to furnish and install a new shingled roof on the Byron G. Merrill Library, located at 10 Buffalo Road. Scope of work:

Provide all necessary materials, labor, and equipment to complete removal of old shingles and installation of new shingles on the original portion of the roof of the Byron G. Merrill Library, that has a footprint of approximately 53' X 34' and attachment of 29' X 17', blending in with the addition installed 2015, in accordance with the following scope:

- Strip roof to bare wood on roof of the Byron G. Merrill Library Building
- Re-nail existing board as needed
- Install 1/2 OSB over entire roof using 2 1/2" ring nails
- Cover OSB with color appropriate drip edge
- Install B Grade cedar shakes, with 1 1/2" overhang along eaves
- Remove, Preserve, and re-install copper roof valleys
- Install I KO Storm Shield 6' up from eaves
- Cover remaining roof with IKO Cool Grey roof guard
- Install I KO Limited Lifetime Arch Shingles-Matching the color and design used on the 2015 addition
- Install matching color for cap
- Shingles to be installed with 1 1/2" shingle nails
- Contractor shall keep work area neat at the end of each day and contained through the duration of the job
- Work may start upon the signing of the project agreement, work must be completed by August 8, 2024.

Proposers must comply with the following submission procedures:

Sealed proposals shall be submitted marked "Byron G. Merrill -Asphalt Shingle Bid" address to:

Town of Rumney
PO Box 220
Rumney, NH 03266

Proposals will be accepted until 2:00 PM April 22, 2024. Faxed and e-mailed proposals will not be accepted.

RESERVATION OF RIGHTS: The Town of Rumney reserves the right to reject any and all proposals, to waive technical, or legal deficiencies, and to accept any proposal that it deems to be in the best interest of the Town.

WARRANTY: The contractor shall submit a copy of the manufacturer's warranty indicating the duration of said warranty and install the shingles according to the manufacturer's instructions.

Cost/Schedule: The bidder shall furnish a cost proposal and schedule as part of the package. The contractor shall complete work by August 8, 2024.

Certificate of Liability: A copy of applicable insurance certificate(s) and Worker's Compensation Coverage, in compliance with State Law, must accompany bids.

Town of Rumney, New Hampshire Request for Proposals Removal and Replacement of Shingled Roof of: Former Rumney Rest Area 2926 Rumney Route 25, Rumney, NH

The Town of Rumney is seeking proposals from qualified contractors to furnish and install a new shingled roof on the building on the property formerly known as the Rumney Rest Area, located at 2926 Rumney Route 25.

Scope of work:

Provide all necessary materials, labor, and equipment to complete removal of old shingles and installation of new shingles on the roof of the building at 2926 Rumney Route 25, that has a footprint of approximately 36' X 26', in accordance with the following scope:

- Strip roof to bare wood
- Re-nail existing boards as needed
- If roof boards need to be replaced, a change order will be needed
- Install color appropriate drip edge
- Remove the three (3) Skylight and install appropriate exterior and interior replacement sheathing
- Install new flashing around the chimney
- Install B Grade cedar shakes, with 1 1/2" overhang along eaves
- Install I KO Storm Shield 6' up from eaves
- Cover remaining roof with IKO Cool Grey roof guard
- Install I KO Limited Lifetime Arch Shingles- Color Brown
- Install matching color for cap
- Shingles to be installed with 1 1/2" shingle nails
- Contractor shall keep work area neat at the end of each day and contained through the duration of the job
- Work may start upon the signing of the project agreement, work must be completed by August 8, 2024.

Proposers must comply with the following submission procedures:

Sealed proposals shall be submitted marked "Rumney Rest Area-Asphalt Shingle Bid" address to:

Town of Rumney
PO Box 220
Rumney, NH 03266

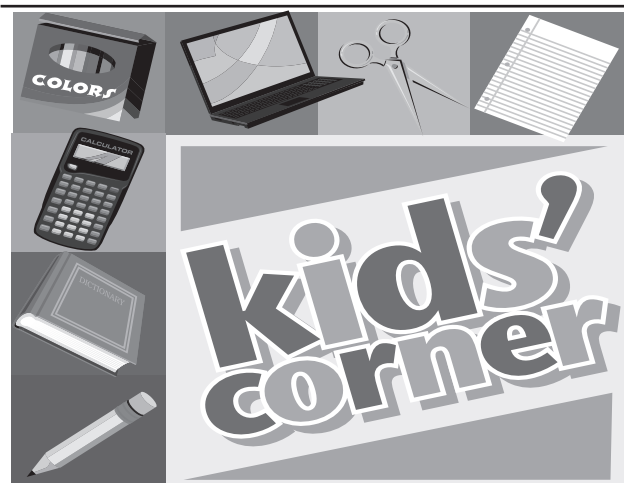
Proposals will be accepted until 2:00 PM April 22, 2024. Faxed and e-mailed proposals will not be accepted.

RESERVATION OF RIGHTS: The Town of Rumney reserves the right to reject any and all proposals, to waive technical, or legal deficiencies, and to accept any proposal that it deems to be in the best interest of the Town.

WARRANTY: The contractor shall submit a copy of the manufacturer's warranty indicating the duration of said warranty and install the shingles according to the manufacturer's instructions.

Cost/Schedule: The bidder shall furnish a cost proposal and schedule as part of the package. The contractor shall complete work by August 8, 2024.

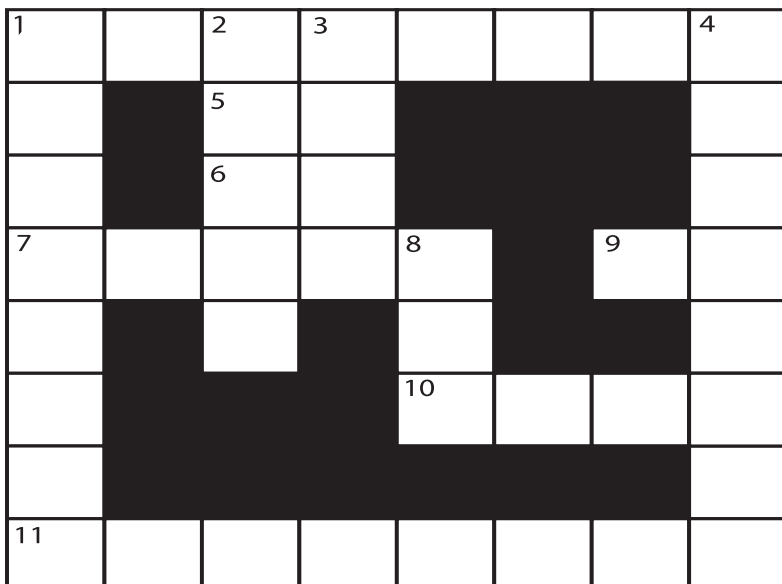
Certificate of Liability: A copy of applicable insurance certificate(s) and Worker's Compensation Coverage, in compliance with State Law, must accompany bids.



THIS ACTIVITY CAN RELIEVE STRESS AND DECREASE BLOOD PRESSURE, RESULTING IN A RELAXED FEELING.

ANSWER: LAUGHING

Crossword Puzzle



ACROSS

- 1. Silliest, craziest
- 5. Account of (abbr)
- 6. To a great extent
- 7. Smiles slightly
- 9. Either ___
- 10. Not any
- 11. Response to a situation

DOWN

- 1. Happy sound
- 2. Calm, pleasant place
- 3. Middy
- 4. Unlucky number
- 8. Boy child

Answers:
 Across
 1. Looniest 5. AO 6. So 7. Grins 9. Or
 10. None 11. Reaction
 Down
 1. Laughter 2. Oasis 3. Noon 4. Thirteen
 8. Son

THIS DAY IN...



HISTORY

- **1849:** HUNGARY DECLARES ITSELF INDEPENDENT OF AUSTRIA.
- **1894:** THE FIRST EVER COMMERCIAL MOTION PICTURE HOUSE OPENS IN NEW YORK CITY.
- **1986:** THE HEAVIEST HAILSTONES EVER RECORDED FALL ON THE GOPALGANJ DISTRICT OF BANGLADESH. THEY WEIGH 1 KG (2.2 LBS).



JOKE

something someone says to cause laughter

How they SAY that in...

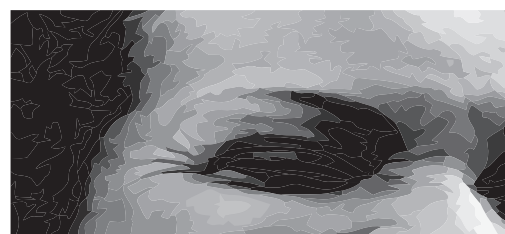
- ENGLISH:** Laugh
- SPANISH:** Reírse
- ITALIAN:** Ridere
- FRENCH:** Rire
- GERMAN:** Lachen



APRIL FOOL'S DAY FALLS ON THE FIRST DAY OF APRIL. IT IS A DAY WHEN MANY PEOPLE PULL PRANKS ON OTHERS OR TRY TO MAKE THEM LAUGH.



GET THE PICTURE?



Can you guess what the bigger picture is?

ANSWER: WOMAN LAUGHING

LEGAL

HERBICIDE USE NOTIFICATION

NEW HAMPSHIRE ELECTRIC CO-OP (NHE CO-OP) intends to apply herbicides along various power-line rights-of-way during 2024. The following herbicides: Escort XP (Metsulfuron Methyl), Garlon 4 Ultra (Triclopyr), Krenite S (Fosamine Ammonium), On Deck (Dicamba and 2,4-D) and Clash (Dicamba) may be used for treatment. Treatments are scheduled to commence on or about the 1st of July 2024. The following lines, taps and their respective municipalities are scheduled for treatment:

TOWN	LINE	TOWN	LINE	TOWN	LINE	TOWN	LINE
Acworth	8	Deerfield	D	Lempster	13	Nottingham	R2,R3,13
Alton	20,300,304,305, 309,325	Derry	15,28	Londonderry	15	Orford	9
Auburn	15	Dorchester	9	Loudon	8	Ossipee	3,4,5,6
Barnstead	1,2,7,20,311	Effingham	6,8	Lyme	9	Sandown	14,16
Belmont	8,9,19	Franklin	9	Marlow	3,13	Sandwich	1,2,7
Bridgewater	20	Fremont	14	Meredith	120,121,122, 123,124,145	Tamworth	2
Bristol	20	Gilmanton	8,300,309,310,			Thornton	51,54,55,56,500
Brookfield	6	Hanover	9			Tuftonboro	3,4,5,180
Canterbury	8,9	Kingston	17,18	Moultonborough	1,144,145,146, 147,160,169	Wakefield	6
Chester	14	Laconia	124	New Durham	304	Washington	3
Danville	14,16,17	Langdon	8	New Hampton	122	Wolfeboro	6
		Lee	R3	Northfield	8,9,19	Woodstock	56,60,500

NHE CO-OP lines can be identified by a metal tag attached to the pole with the following letter initials "NHE CO-OP" followed by a line identification number and a pole number usually immediately under the co-op label.

In accordance with the N.H. Division of Pesticide Control Regulations, individual landowners that receive individual notification, fill out the attached Notification Request Coupon and return to the address as indicated below no later than JUNE 1st, 2024. Requests received after this date will not be considered for this treatment cycle.

In addition to the written notification, individual landowners whose property abuts or over whose property the right-of-way passes, have the right to request and receive the approximate date, (within 5 days before or 5 days after the actual date of application) that herbicides will be or have been applied in your area.

Further information may be requested by contacting: VCS (Consultant to NHEC) Michael Couture, Project Manager - 2342 Main Street, Athol, MA 01331, Telephone 603-325-3227.

COUPON FOR PERSONAL NOTIFICATION REQUEST:

NAME: _____ TOWN OF AFFECTED PROPERTY: _____
 STREET: _____ TOWN: _____ STATE: _____ ZIP: _____
 TELEPHONE: DAY _____ NIGHT: _____
 UTILITY INITIALS ON POLE _____ NUMBERS _____

REQUESTING:

- 30 DAY PRIOR WRITTEN NOTIFICATION
- 5 DAY BEFORE OR 5 DAY POST APPLICATION NOTIFICATION

In accordance with State Regulations, it is the duty of each landowner or resident to make VCS aware of the location of potentially affected private water supplies and any other environmentally sensitive areas where herbicide application should be further restricted.

- Spring or Well
- Crops or Pasture
- Other

Send Coupons to: VCS C/O Michael Couture, Project Manager, 2342 Main Street, Athol, MA 01331

Thirty Day written notification must be received by Michael Couture, Project Manager no later than JUNE 1st, 2024. Requests received after this date will not be granted until next treatment cycle.

INTER-LAKES 2024-2025 KINDERGARTEN Kindergarten Registration: May 20 and May 24

Registration is open to all children who reside within Center Harbor, Meredith or Sandwich; and who will be 5 years of age by September 30, 2024.

Join us for:

Kindergarten Parent Night

- May 7, 5PM
- Elementary School Multi-Purpose Room
- Principal Presentation
- Distribution of Registration Paperwork
- Appointments will be scheduled when registration paperwork is returned to school.

Required to register:

- Child's birth certificate
- Physical exam within the last 12 months
- Up-to-Date Immunization Forms
- Proof of Residency

LEGAL PROBATE NOTICE

THE STATE OF NEW HAMPSHIRE
 2nd Circuit - Probate Division -
 Haverhill

3/29/2024 thru 4/11/2024

APPOINTMENT OF FIDUCIARIES

Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Hackett, Steven L., late of Campton, NH. Marc Hackett, 14 Sparrow Valley Court, Gaithersburg, MD 20886. Michele Hackett, 5945 Krantz Drive, Frederick, MD 21703. Amanda K. Scheldorf Steenhuis, Esq., Resident Agent, Shaheen & Gordon PA., PO Box 888, Nashua, NH 03061. #315-2024-ET-00088

Smith, Suzanne J., late of Hebron, NH. Aliza Gentili-Lloyd, 53 Beech Hill Road, Rockport, ME 04856. Dorcas J. Gordon, ESQ, Resident Agent, Newfound Law PLLC, 75 Pleasant St, Bristol, NH 03222. #315-2024-ET-00106

Smyth, Pauline, late of Iowa, Ballyleague, Lanesboro Co., Roscommon, Ireland. Adam Farrell, Iowa, Ballyleague, Lanesboro, Roscommon N39V449, Ireland. John Joseph McCormack, Jr., ESQ, Resident Agent, McCormack Law Office, 62 Main Street, PO Box 720, Ashland, NH 03217. #315-2023-ET-00759

Dated: 4/12/2024

GENERAL SERVICES

LOW COST SPAY/NEUTER

Rozzie May

Animal Alliance, cats and dogs.

Cat Cab service available.

Military discounts.

Sign up on line

www.rozziemay.org

or call 603-447-1373

Speare Memorial Hospital earns adult & pediatric Level IV Trauma Center designation

PLYMOUTH — When it comes to emergency medical care, having access to the right resources and services saves lives, which is good news for central New Hampshire. Speare Memorial Hospital has been awarded a provisional Adult & Pediatric Level IV Trauma Center designation from a division of the NH Department of Safety. This recognition underscores Speare's commitment to delivering extraordinary care to the pediatric and adult trauma patient population within our community, 24/7.

"Having a Level IV Trauma Designation validates that Speare Memorial Hospital is highly capable and committed to providing exceptional care to all trauma patients," says Dr. Andrew Seefeld, Chief of Emergency Medicine and Director of Trauma Services at Speare. "We have the expertise, resources, and equipment necessary to provide Level IV trauma care."

As a Level IV Trauma Center, Speare Memorial Hospital demonstrates its proficiency in providing immediate evaluation, diagnosis, resuscitation, surgery, and stabilization of injured patients. Moreover, the hospital is equipped to transfer patients who require more comprehensive care to appropriate facilities when necessary.

To ensure continuous improvement in trauma care delivery, Speare has established a Trauma Performance Improvement and Patient Safety committee. This committee reviews trauma cases, creates policies, and ensures that medical providers are delivering the most up-to-date, evidence-based trauma care to patients.

The hospital's efforts are further strengthened by the utilization of the NH Trauma Registry, a specialized database that plays an important role in improving trauma care and patient outcomes as well as understanding community needs.

"Speare's continued success as a critical access hospital exists in the willingness for collaboration and teamwork that is championed within the organization," says Dr. Seefeld. "With the support of many hospital specialties and services, our trauma team has created a process that satisfies the rigorous requirements of the State."

The Level IV Trauma Center designation is provisional until October 2024, following an evaluation by the State. Speare remains dedicated to meeting and exceeding the standards set forth for trauma care,



COURTESY
Speare's Trauma Center Team L/R: Deb Thompson, BSN; Hillary Moore, BSN; Jeffrey Dropkin, RP, Trauma Team Coordinator, and Andrew Seefeld, MD, Director of Trauma Services; not shown Deb Mallett, BSN.

ensuring that patients in central New Hampshire receive the highest quality of care possible.

Speare Memorial Hospital is located in Plymouth, serving the many central NH towns surrounding it with compassionate, expert, personalized care

and cutting-edge technologies. Learn more at www.spearehospital.com.

Summit
by Morrison

CRAFT FAIR
May 4th from 10-2
56 Summit Drive
Whitefield, NH 03598
603-837-3500

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www.HomeEnergyProducts.net

LIMITED TIME OFFER

0% Interest For 36 Months
*On systems purchased by April 30th 2024**
**Extended promotional offer through Synchrony Financial.
Balance must be paid in 36 months or interest will be applied**

We provide the best warranty in the industry!
Twelve years parts & Six years labor.

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HEATING & AIR CONDITIONING

DIAMOND CONTRACTOR
ELITE

KraftMaid
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SPEAK WITH OUR
DESIGN SPECIALISTS**

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