

Winnisquam Echo

THURSDAY, MAY 8, 2025

FREE

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H

Bear rally comes up short in Cooperstown

Gilford baseball holds off Winnisquam in New York battle



JOSHUA SPAULDING

Winnisquam's Carter Lloyd dives safely into third as Gilford's Carson Anthony takes the throw in action in Cooperstown, N.Y. last week.

Belmont Historical Society hosting program on covered bridges

BELMONT — On Tuesday, May 13, the Belmont Historical Society is sponsoring a program on New Hampshire Covered Bridges with emphasis on those near Belmont.

Kim Varney Chandler, author of the book “Covered Bridges of New Hampshire,” both existing and lost to history, in our area. Her book is the most comprehensive history of covered bridges in print. The program will be held on Tuesday, May 13 at 7 pm. in the Belmont Mill, 14 Mill St., Belmont.

In developing her research on the bridges, Ms. Chandler partnered with bridgewrights, timber framers, bridge engineers, historical societies, state and local organizations and community members to

SEE BRIDGES, PAGE A6

BY JOSHUA SPAULDING
Sports Editor

COOPERSTOWN, N.Y. — If you are a baseball player or fan, Cooperstown, N.Y. is your mecca. Home of the National Baseball Hall of Fame, the hamlet at the tip of Lake Otsego in upstate New York was also home to the Gilford and Winnisquam baseball teams last week, as the squads planned a game at historic Doubleday Field for the second time in three years.

But, in a scenario that played more like “Wizard of Oz” than “Field of Dreams,” the Golden Ea-

gles and Bears endured a night of torrential rains and tornado sirens and awoke to a flooded Doubleday Field.

With the possibility of returning home to New Hampshire without playing at all looming on the cloudy horizon, coaches Fred Caruso of Winnisquam and Mike Giovanditto of Gilford were determined to get on a field and play.

Enter Cooperstown High School. While the Hawkeyes were in school, Athletics Director Josh Wagner was able to work things out so that the two New Hampshire teams could

play on the school's field, which is technically the JV field since the varsity team plays at Doubleday and he had staff come out and make the field ready for use.

“So much credit to Cooperstown High School,” Caruso said. “Josh really came through.”

As for the game, the Bears seemed to be harnessing a little of the “Cooperstown Magic” that resulted in them picking up a walk-off win over the Golden Eagles two years ago, as they put the tying run in scoring position in the top of the seventh

inning with nobody out. However, Gilford hurler Ryan Folan struck out a pair and then got a pop up to third to end the inning and give the Golden Eagles the 5-3 win.

“We’ve been kind of like this, teetering on the edge,” said Giovanditto. “We have some good plays and then we let teams back in.”

“They’re struggling to find consistency,” he added.

“I love our grit and the way we play, we battle,” Caruso said. “They never give up, down 2-0, it could’ve gotten ugly

SEE BEARS, PAGE A6

LRAA announces April Artists of the Month

TILTON — LRAA members have the opportunity to enter a piece of artwork into the Artist of the Month Program at each monthly Member Meeting. Winners can display and sell a single work for a month in various public venues throughout the Lakes Region in participating Banks and Libraries or Local Businesses.

April 2025 Artists of the Month, pictured above from left to right — Back Right: Jim Cryan, Wendy Oellers-Fulmer, Sherwood Frazier. Front Row: Mike McQuade, Gail Brunt, Leigh Stetson Schoch

The winning artists’ artwork will be on display in locations in the Lakes Region until the third week of May.

Leigh Stetson Schoch, this month’s First Place winner has the distinct honor of displaying sev-

eral pieces of her artwork at Annie’s Cafe & Catering in Laconia NH. Warm up with some scrumptious homemade soup and sandwiches and enjoy the art while you eat!

The art pieces for the Honorable Mention artist will be on display through the third week of May in the following locations:

Jim Cryan - Camden Bank, Tilton
Wendy Oellers-Fulmer

- Franklin Savings Bank, Gilford
Sherwood Frazier - Camden Bank, Meredith
Mike McQuade - Gilford Public Library
Gail Brunt - Laconia Library

Tilton Senior Center hosting program on Old Man

TILTON — On Tuesday, May 13 at 12:15 p.m., “The Old Man: His Life & Legacy” will be presented by Inez McDermott at the Tilton Senior Center.

This program presents the “story” of the Old Man of the Mountain & examines the ways that public perceptions of the Profile played a role in shaping & establishing New Hampshire’s identity, both symbolically and physically. Participants will be encouraged to tell stories of their own encounters with this iconic symbol as we discuss why these granite ledges – the result of a “miraculous accident,” according to a state geologist – have played such an outsized role in the hearts of so many.

This program is made possible by a generous NH Humanities grant, is free and open to the public. Tilton Senior Center is located at 11 Grange Rd., Tilton. For more information, please call 603-527-8291.



Great Waters name change clarifies vision and commitment

MOULTONBOROUGH — Great Waters announces a more focused vision and unveils a new tagline that reflects the evolution of the summer concert series. Great Waters, a nonprofit arts organization in the Lakes Region, announced a brand refresh today, including a simplified tagline that better reflects its current programming and community focus. The organization's tagline has changed from "Great Waters Music Festival, Entertaining the Lakes Region" to the more streamlined "Great Waters, Summer Concerts," marking a significant milestone in its development.

This strategic change reflects the organization's evolution from its festival-centric origins to presenting live concerts of diverse genres for the enjoyment of music lovers throughout the Lakes Region.

"Our new tagline represents both a return to our roots and an embrace of our future," said Joan Myers, Executive Director of Great Waters. "By simplifying our brand message to 'Great Waters, Summer Concerts,' we're making it immediately clear what we offer while honoring our heritage as a cultural cornerstone in



COURTESY

Great Waters' 2024 Ambassadors, who give of their time, so you can have a great time.

the Lakes Region community."

As Great Waters expands its geographic reach to attract new audiences, the updated messaging retains the organization's established name recognition while providing a more modern presentation that aligns better with its current programming model.

The announcement comes as Great Waters prepares to launch its 29th summer concert season, featuring a lineup of performances in

Moultonborough, which includes Concerts in the Clouds performances under their 500-seat tent with lawn seating at Castle in the Clouds and Concerts in Town in Wolfeboro, at Brewster Academy's Anderson Hall and Grayson Student Center. The timing of the rebrand is designed to maximize awareness as seasonal residents return and visitors begin planning their summer activities.

"While our tagline has changed, our commitment to bringing

world-class music to the Lakes Region remains stronger than ever," said Chris Coulter, Board President. "This refresh makes our mission clearer and more accessible to everyone in our community and beyond."

The organization is integrating the new tagline across all digital platforms, including its website and social media accounts, with updated print materials to follow in the coming weeks. The visual identity elements of the Great Waters brand will remain

consistent, ensuring continued recognition among loyal patrons while enhancing its appeal to new audiences.

"We've always known that our strength lies in creating extraordinary summer concert experiences in one of New Hampshire's most beautiful regions," added Myers. "Our new tagline puts that front and center, making it easier for both residents and visitors to understand and connect with our offerings."

But Great Waters

does more than present concerts – it builds community. At a time, now more significantly noted since COVID, when people have felt increasingly isolated and society polarized, the simple joy of sitting under a tent or on the lawn with others – family, friends, and strangers - helps forge new friendships, foster a sense of belonging, and create shared experiences regardless of who you are, where you come from, or what you believe in. All it takes is attending one summer concert at Great Waters, and you'll be hooked on the energy, joy, and sense of freedom. The 2025 lineup will showcase internationally acclaimed artists and bands, continuing the organization's tradition of musical excellence and community engagement.

Tickets for Concerts in Town and Concerts in the Clouds may be purchased either as a series or individually by visiting www.greatwaters.org or calling the Great Waters office at 603-569-7710. Great Waters is a non-profit organization dedicated to bringing outstanding musical performances to those living in and visiting the Lakes Region of New Hampshire.

New Beginnings to host charity golf tournament on May 21

TILTON — New Beginnings – Without Violence and Abuse is set to host their third annual golf tournament at Lochmere Country Club in Tilton on May 21. The public is invited to spend a fun-filled day golfing while raising

funds and awareness for the nonprofit. Longtime supporter, MVSB (Meredith Village Savings Bank), will serve as the Exclusive Saving Lives Sponsor.

"Join us and tee off on the stunning Loch-

mere course for a day packed with excitement, prizes and spirited competition," says Shauna Foster, New Beginnings Executive Director. "Your participation is more than just a game, it's a powerful statement of solidarity and support for families affected by domestic violence in our community. We're deeply thankful for all the support we have received and look forward to seeing everyone there."

Go to newbeginningsnh.org/golf to learn more and to register.

New Beginnings – Without Violence & Abuse is dedicated to ending sexual, domestic, and stalking

violence through the provision of safe and effective services, including emergency refuge and support; and works toward social change by promoting an effective community response to violence. Go to newbeginningsnh.org to learn more.

MVSB has been serving the essential banking needs of people, businesses, nonprofits and municipalities for more than 150 years. As a mutual savings bank, MVSB has no stockholders but rather operates for the benefit of its customers, employees and community. Since our founding, one thing has always remained true: caring is at the heart of everything we do. By building and nurturing



COURTESY

From left, Shauna Foster, New Beginnings Executive Director, and Tina Simpson, MVSB VP Commercial Loan Officer and New Beginnings Board Member, stand together in front of the MVSB Meredith Main Office. The New Beginnings Golf Tournament is set for May 21 at Lochmere Country Club in Tilton.

relationships, we believe that we can cultivate a community where we all thrive. It all starts with caring about our customers and neighbors. To learn more, visit any of the local branch offices located in New Hamp-

shire in Alton, Ashland, Center Harbor, Exeter, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, North Conway, Plymouth, Portsmouth, Rochester or Wolfeboro, call 800-922-6872 or visit mvsb.com.

Mountain Fare Inn
in Campton Village
603-726-4283

WWW.MOUNTINFAREINN.COM
Lodging for Holderness and PSU graduations
Your Base Camp In The Whites!
~ Just minutes from Local Ski Areas ~

Forest Pump & Filter Co.
Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

WELL DRILLING **PUMP SYSTEMS**
FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE
FOREST PUMP & FILTER CO., INC.
603-332-9037

HARMAN'S CHEESE & COUNTRY STORE
SUGAR HILL, NEW HAMPSHIRE

Harman's Cheese & Country Store
1400 Route 117 ~ Sugar Hill, NH 03586

Open Thursday thru Tuesday
9:30 am – 4:30 pm
Mother's Day
Free Gift for All Moms!

Phone: 603-823-8000
www.HarmansCheese.com

For Advertising Information
Call 603-279-4516
email: Tracy@salmonpress.news

New Hampshire Boat Museum to open May 24

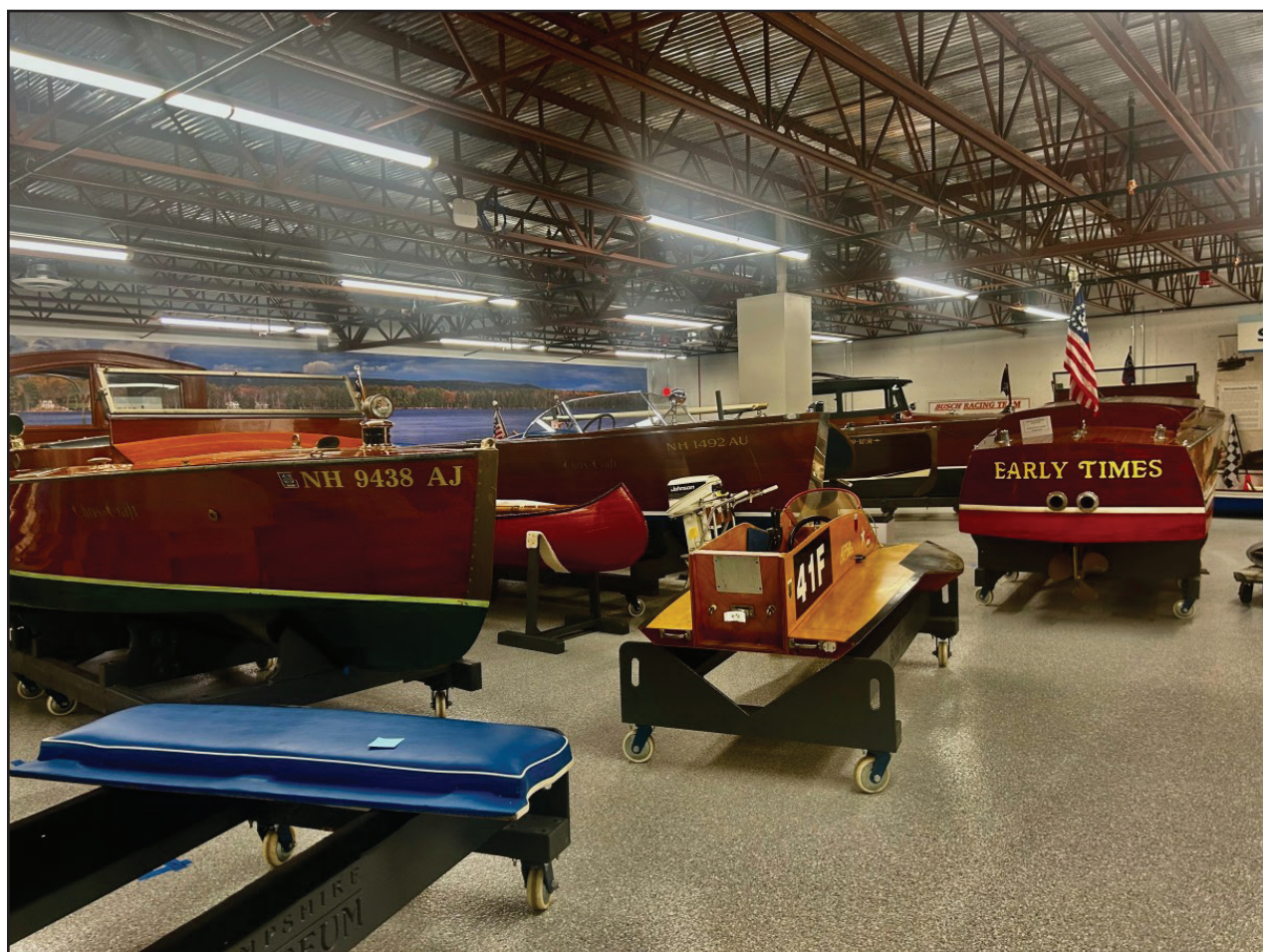
MOULTONBOROUGH — On Saturday, May 24, New Hampshire Boat Museum (NHBM) will open its doors for the 2025 season with new exhibits designed to educate and entertain people of all ages.

In 2025, new exhibits include 'Power and Propulsion,' 'Applications and Innovations,' and 'Speed and Sport.' The central Marina Exhibit, 'Mahogany Marvels,' will feature various classic wooden boats, including early 20th-century Chris-Crafts.

"Whether you enjoy boating, lake life, history, or just a good story, we have something to engage everyone here at the Museum," remarked Development Director Wendy Stocker.

In addition to special events like the upcoming Night at the Museum, NHBM offers vintage boat rides on Lake Winnepesaukee.

"If you have not explored the Lake on the Millie B or Miss Lauren, you are missing out," said Program Manager Anne Lennon. "It really



is a true step back into yesteryear."

Through hands-on workshops and programs, NHBM also equips visitors with knowledge and practical skills. One of the deeper goals behind these and all NHBM

programs—on or off the water—is its focus on stewardship and sustainability.

"By preserving and sharing stories of boating innovation, NHBM connects the ingenuity of the past with the stewardship of tomor-

row's waterways," explained Stocker.

In looking ahead to the season, Lennon credited a committed core of volunteers as instrumental in the planning and creation of this year's featured exhibits.

"So much of what people will see and experience here this summer results from the efforts of volunteers who collectively invested thousands of hours into NHBM this offseason," she said. "I think visitors will be impressed

by the fine details of the exhibit sets our volunteers have created."

NHBM will open at 10 a.m. on Saturday, May 24. Museum hours are 10 a.m. to 4 p.m., Tuesday through Saturday, and noon to 4 p.m. on Sunday. Admission is free for NHBM members and children (nine and under), \$15 for adults (over 18), \$13 for seniors (over 65), and \$10 for students (10-17). For more information about the 2025 season and upcoming events, visit nhbm.org.

Founded in 1992 by antique and classic boating enthusiasts, NHBM offers dynamic exhibits, engaging programs, and events tailored to the diverse boating lifestyles and values of people of all ages. NHBM is partly sponsored by Home Comfort, North Water Marine, Goodhue Boat Company, Belletetes, Eastern Propane and Oil, Kingswood Press and Design Studios, and Watermark Marine.

An oar-inspiring commitment

Winemaker to row 21 miles across Winnepesaukee to benefit Lake Winnepesaukee Alliance

MEREDITH — Get ready to be inspired! Bob Manley of Hermit Woods Winery & Sweet Mercy's Kitchen in Meredith, is set to embark on a remarkable solo journey: rowing an impressive 21 miles across Lake Winnepesaukee in June 2025. This inaugural "Row for Winni" aims to raise crucial funds for the Lake Winnepesaukee Alliance (LWA), the sole nonprofit dedicated to protecting the health and vitality of the Lake Winnepesaukee and its

watershed.

Starting a decade ago, Bob Manley and his business raised significant funds for the LWA over the course of several years. LWA is grateful for the continued support from this innovative craft winery and most generous community partner. Passionate about experiencing the lake's beauty and vastness under his own power, Bob regularly skis, skates, and bikes across its frozen surface in the winter, and explores by

sail and oar when the weather warms. Two years ago, he discovered the sport of sculling and with the guidance and support of Squam Lakes Community Rowing, his skills have progressed to the point he is confident in undertaking the adventure of crossing Winnepesaukee.

Manley shared, "I couldn't feel more prepared—or more motivated. I'm excited to take on this challenge not only as a personal milestone, but as a way to give back

to an organization so vital to the health of our beautiful lake."

The funds raised through "Row for Winni" will support the LWA's vital work, including water quality monitoring, shoreline protection, and educational programs that engage the community in lake stewardship. The Lake Winnepesaukee Alliance invites the community to rally behind Bob Manley's extraordinary challenge and contribute to the protection of

our lake. Every donation, no matter the size, will make a tangible difference in ensuring a healthy Lake Winnepesaukee, now and for the future.

Donate online at <https://www.winnepesaukee.org/row-for-winni/>.

The Lake Winnepesaukee Alliance (LWA) is a non-profit organization dedicated to protecting the Lake's water quality and natural resources through monitoring, education, stewardship, and science-based lake management strategies.

For further information, please visit www.winnepesaukee.org.

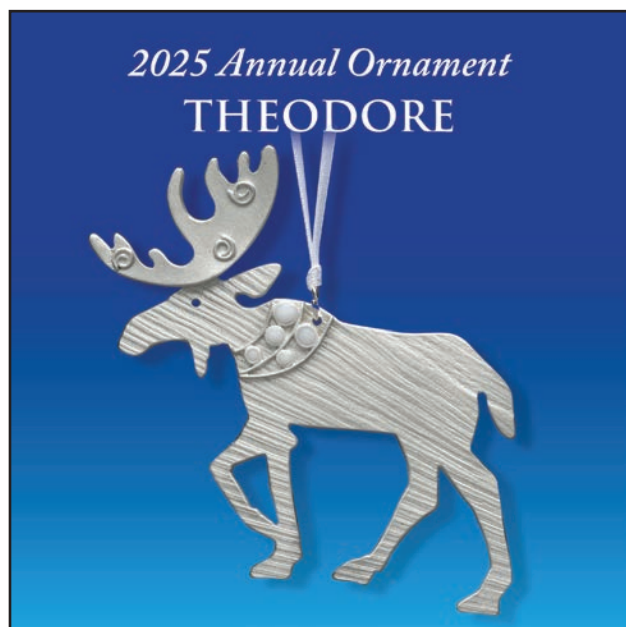
BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of April 21-28.

Douglas P. Braley II, age 45, of Belmont was arrested on April 22 in connection with a warrant.

Philena R. Guyotte, age 48, of Laconia was arrested on April 25 for Criminal Trespassing and Simple Assault resulting in Physical Contact or Bodily Injury.

League of NH Craftsmen's 2025 Annual Ornament now available at Meredith Gallery!



MEREDITH — The 2025 Annual Ornament, Theodore, was created by metal jeweler

ry artist Meggin Dossett, of Lebanon.

A New Hampshire icon, the moose has long been considered a guardian of the wilderness in native and traditional folklore. Inspired by this beloved symbol, artist Meggin Dossett has created "Theodore," a cast pewter moose with white resin details. In the spirit of holiday storytelling, Meggin invites you to invent your own mythical tale about Theodore, a gentle and wise hero in the New Hampshire woods.

Each ornament sells for \$26 in a gift box with

an artist's statement. Each ornament is signed and numbered. The ornament can be purchased in store at 279 DW Highway, Meredith, NH 03253, or call the Meredith Gallery at (603) 279-7920 to order.

For more details, visit our Web site at <http://meredith.nhcrafts.org/classes/> and our Facebook page at <http://www.facebook.com/nhcraft/>.

The League of NH Craftsmen Meredith Fine Craft Gallery is located at 279 DW Highway, Meredith and is dedicated to the education and support of New Hampshire's fine craft tradition since 1932.

Lakes Region SPRING FREE Admission

Craft Fair

May 17-18
Sat 10-5 Sun 10-4

Tanger TILTON

Over 90 Fabulous Exhibitors!
I-93 Exit 20 - Left at Lights - Rt. 3
120 Laconia Rd.
Tilton

Chainsaw Woodcarving Demo w/ Elise

Online Preview: www.joycescraftshows.com Info 603-387-1510

Ossipee Owl

Used books and collectables

Cookbooks • History • Military • Sci-fi • Kids
New England • Novels • Poetry • Mysteries

Used Tools / Bargain Shed

50% off Craft Supplies

Open 9:30 am to 5 pm Monday-Thursday-Friday and Saturday
Rte 16 Ossipee, NH • 603-539-4296

SCHWARTZBERG LAW

EXPERIENCE THAT MATTERS

We provide the tools to pass on
your property
and your wisdom
to the ones you love.

Wills... Trusts...
Family Law... Probate

572 Tenney Mountain Hwy, Plymouth, NH 03264
603-536-2700 | www.NHLAWYER.NET
oralaw@gmail.com

Wonderful Things
Come In Small Packages...

Old Man Pendant from \$35

especially if they're from

Alan F. Soule Jewelers
286-8649
422 W. Main St.
Tilton, NH

(across from Winnisquam HS)

Gold • Sterling • Diamonds
Colored Stones • Repairs
Custom & Handcrafted Items
Wedding & Family Jewelry

Opinion

Letter submission policy

Letters to the Editor must include the author's name, address, and a day-time phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

Health screenings are an investment in your future self

It's easy to put off routine health check-ups. Life gets busy. We feel fine. We assume we're too young to worry. But catching a problem early, when it's most treatable can make all the difference. Preventive health screenings aren't about fearing the worst; they're about giving ourselves the best shot at living well. From your 20s through your 60s and beyond, here's a decade-by-decade breakdown of essential screenings that everyone should prioritize.

In your 20s, the focus is on building a health baseline. This is when your long-term habits start taking shape. Even if you feel great, it's important to get your blood pressure and cholesterol checked. These simple screenings can reveal early signs of heart disease risks. If you're sexually active, regular STI screenings and, for women, a Pap smear starting at 21 are critical. A mental health check-in should be part of the routine too, especially in a decade filled with transitions. It's also smart to begin annual skin checks, particularly if you've had a lot of sun exposure.

By your 30s, it's time to pay closer attention to subtle shifts in your health. Continue monitoring your blood pressure, cholesterol, and STI status. Add in screenings for diabetes risk especially if you have a family history or carry extra weight. If you're trying to conceive or just want to know where things stand, a fertility check can offer insight. Watch for signs of thyroid issues like fatigue or weight changes, and keep up with dental and eye exams every year or two.

Your 40s are when chronic conditions often start creeping in, sometimes without symptoms. This is the decade to stay vigilant. Women should begin mammograms at 40 or earlier if there's a family history of breast cancer. Everyone should consider a baseline colonoscopy by age 45. Diabetes, cholesterol, and heart screenings are more important than ever, and it's a good idea to test for glaucoma during your eye exam. This is also a smart time to check in on your mental health, as burnout and midlife stress can take a toll.

By your 50s, screenings shift from preventive to potentially lifesaving. Colonoscopies should continue every 10 years or as your doctor advises. Women should consider bone density tests, and men should discuss prostate screenings with their doctor. Hearing loss becomes more common, so a hearing test is worth scheduling. This is also the age for a shingles vaccine, and if you've had ongoing risk factors, a cardiac stress test might be wise.

In your 60s, staying ahead of health issues becomes even more important. Annual flu and pneumonia vaccines are recommended, and if you've ever smoked or been around secondhand smoke regularly, you may qualify for a lung cancer screening. Continue yearly vision and hearing checks, and consider cognitive screenings if memory issues arise. Osteoporosis becomes more common in both women and men, and regular skin checks should continue to catch early signs of skin cancer.

No matter your age, health screenings are a way to invest in your future self. They help you catch issues early, manage risks, and stay in control of your well-being. Ask questions, track your numbers, and make time for the care you deserve. After all, staying healthy isn't something that just happens it's something we have to work for. When was your last check-up?



On Saturday, Officer Somogyi of the Belmont Police Department “caught” Josie, Aubrie and Lindsay being safe and wearing their helmets while riding bikes. They each scored a coupon for a free ice cream from Jordan’s Ice Creamery! Photo courtesy of the department’s Facebook page.

An ode to teachers

Professor Fowler sat in his home, recently retired, alone with his thoughts—and none of them were kind.

POSITIVELY
SPEAKING
TOBY
MOORE

teachers today—living in the modern world, dealing with pressures he could scarcely have imagined.

The teacher today faces crowded classrooms, shrinking budgets, endless paperwork, shifting standards, the strain of technology, and the silent burden of wondering if any of it is making a difference.

I wonder if, after long and weary days, teachers ever question whether the hours spent planning lessons, listening to struggling students, breaking up conflicts, inspiring curiosity—if any of it will truly matter.

I wonder if they ask themselves whether their voice will linger, whether their encouragement will echo, whether their belief in a student who didn't yet believe in themselves will survive the tests of time.

It's easy in the haze of exhaustion and bureaucracy to feel invisible. To feel, like Fowler once did, that no imprint has been left behind.

But here's the part of Fowler's story that every teacher today needs to hear.

That night, sitting in his despair, something remarkable happened. One by one, the faces of his former students

appeared—visitors not of the body, but of the heart.

They came to tell him what he could not see; that he had changed lives. That a word of encouragement had saved one from despair. That a lesson on courage had inspired another to give their life to a cause greater than themselves. That a belief in decency and kindness had taken root and flourished long after the final grades were given.

They stood before him—not as students he once taught, but as proof that his life had mattered far more than he ever realized.

It's more than just an old television episode—it's a truth lived out in classrooms daily.

Some days it feels like you're shouting into the wind, wondering if you are reaching anyone, if any of it matters.

It does.

Somewhere right now, there is a student who carries a seed you planted—something you said and taught when they needed it most.

And that seed will grow, often quietly, invisibly, sometimes over decades.

You may never see it bloom. But it blooms nonetheless. Every en-

couraging word. Every ounce of patience. Every lesson, even the ones you think fell flat. Every moment you chose to believe in someone who didn't yet believe in themselves—these things matter more than you will ever know.

You are building lives. You are shaping futures. You are winning victories for humanity that no history book will ever fully record.

So, in this week where we celebrate teachers, I want you to know: You are not invisible. You are not forgotten. You are not wasting your time. You are changing the world, one student at a time. And for that—for everything—you have my deepest thanks.

I, like so many others, am grateful—forever grateful.

Each of us carries something you gave us: a word, a hope, a strength, a belief.

I want to thank you—for believing in us, for guiding us, for helping to shape who we became.

In the end, teachers have lived a very good life, a very full life, a very rich life.

And I hope, like Professor Fowler came to realize, you wouldn't have it any other way.



TO PLACE AN AD:
ADVERTISING EXECUTIVE
Tracy Lewis
(603) 575-9127
tracy@salmonpress.news

SUBSCRIPTION SERVICES:
KERRI PETERSON
(603) 279-4516 x303
kerri@salmonpress.news

TO PRINT AN OBITUARY:
E-MAIL: obituaries@salmonpress.news
CALL: 603-677-9084

TO SUBMIT A LETTER
TO THE EDITOR:
E-MAIL: brendan@salmonpress.news

USPS 024-975
The Winnisquam Echo is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals postage paid at Meredith, NH 03253.
POSTMASTER:
Send address changes to the Winnisquam Echo, P.O. Box 729, Meredith, NH 03253.

THE WINNISQUAM ECHO
PUBLISHED BY
SALMON PRESS

PRESIDENT & PUBLISHER
FRANK G. CHILINSKI
(603) 677-9083
frank@salmonpress.news

BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

OPERATIONS DIRECTOR
JIM DINICOLA
(508) 764-4325

DISTRIBUTION MANAGER
JIM HINCKLEY
(603) 279-4516

MANAGING EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news

PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie@salmonpress.news

His retirement had not come by choice. It had been forced upon him by an institution eager to make room for the next generation. And now, with his life's work behind him, he sat in the darkness of his own doubt, convinced his efforts had vanished like chalk dust after the final bell.

This story, by the way, is from an old episode of "The Twilight Zone," titled "Changing of the Guard."

And yet, as I think about Professor Fowler, my mind drifts to

salmonpress.com

salmonpress.com

Ellis, Filteau earn wins for Belmont at Winnisquam meet

BY JOSHUA SPAULDING
Sports Editor

TILTON — The Belmont track team wrapped up vacation week by heading to neighboring Winnisquam for a meet on Saturday, May 3.

Ninth grader Mia Ellis had the top results for the Belmont girls, as she won a pair of events. In the 100-meter hurdles she ran to the top spot in 18.3 seconds and in the 300-meter hurdles she took the win in 52.05 seconds.

Belmont won the 4X800-meter relay with a time of 12:27.1 and the Raider girls took second in the other two relays, with the 4X100-meter team finishing in 54.5 seconds and the 4X400-meter team finishing in 4:42.57.

Hannah Young ran to second in the 100 meters in 13.6 seconds with Sadie Sturgeon in seventh in 14.21 seconds, Mia Ray in eighth in 14.36 seconds, Anna MacDonald in 25th in 15.64 seconds and Aleena Nialetz in 30th in 15.88 seconds. Jaelyn Nialetz took eighth in the 200 meters in 30.12 seconds with MacDonald in 26th in 33.43 seconds and Aleena Nialetz in 27th in 34.88 seconds.

Young also took fourth in the long jump with a distance of 13 feet, 11.25 inches with Jenna Laramie in eighth at 13 feet, 2.25 inches and Clemence Lhermitte at 11 feet, 11 inches for 18th place overall. Ray was eighth in the triple jump at 26 feet, four inches.

Madelyn Divers took third in the shot put with a toss of 26 feet, two inches, Ava Tonkin was fourth at 25 feet, nine inches, Harmony Rivera was sixth at 23 feet, .5 inches and Wednesday McCant was 21st at 12



JOSHUA SPAULDING
Clemence Lhermitte takes the hand off from Jenna Laramie in the 4X400-meter relay on Saturday in Tilton.

feet, three inches.

Divers was also fifth in the discus with a throw of 63 feet, 11 inches and in the javelin, Rivera was 10th at 61 feet, four inches, Tonkin was 12th at 55 feet, two inches and McCant was 21st at 22 feet.

The top performance for the Belmont boys was in the discus where Brady Filteau took top honors at 119 feet, five inches. Brayden Fralic was 19th in the javelin at 92 feet, 10 inches.

David Tripp was second in the 110-meter hurdles in 18.04 seconds and was also second in the 300-meter hurdles in 47.53 seconds and the Belmont boys finished in second place in the 4X100-meter relay in a time of 49 seconds.

Andrew Cryans ran to third in the 3,200 meters in a time of 13:51.63 while in the 1,600 meters, Aidan Milmore was 12th in 6:04.75. In the 400, Adrian Wilkinson was 16th in 1:07.4 and Mahoney was 17th in 1:07.89.

Ethan Rivera took third in the shot put with a toss of 38 feet 10.5 inches and Filteau was 12th at 34 feet, 1.5 inches.

Brock Smith jumped to fourth in the high jump, clearing five feet, four inches while Nathan Allard was fourth in the long jump at 18 feet, 3.75 inches. Smith was fifth at 18 feet, .75 inches, Spencer Cate was eighth at 17 feet, 3.5 inches and Kyle Waldron was 11th at 16 feet 6.75 inches.

Allard was also fifth



Andrew Cryans ran to third in the 3,200 meters during Saturday's meet at Winnisquam.

in the triple jump with inches and David Ma-honey was seventh at 28

feet, nine inches. Waldron ran to 14th in the 200 meters in 26.56 seconds and Fralic was 28th in 29.98 seconds. Cate was 12th in the 100 meters in 12.29 seconds, Waldron was 13th in 12.68 seconds and Fralic was 30th in 14.29 seconds.

The Raiders are slated to be at home on Tuesday, May 13, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

HOUSE FOR RENT

4 Bedroom home in Twin Mountain Available June 1st. Call/Text for details 508-369-2807



Receptionist/ Office Assistant Needed

(603) 279-4444 or email tracy@ambrosebros.com

Route 3 • Meredith, NH 03253

Stone Wall Repair

Fieldstone/Granite
35 years experience

Tony Luongo

603-707-2727



NORTH COUNTRY COINS, LLC
BUYING • SELLING • APPRAISALS
Est. 1989
WWW.NCCNH.COM
TUES - FRI 10 - 5 • SAT 10 - 3

HIGHEST PRICES PAID

All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.
NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.

BLACK DIAMOND BARGE CO.



Dock Repair & Construction
Piling Docks • Breakwaters
Seasonal Lift Up Docks
Island and Shoreline Septic Systems
Island and Shoreline Landscaping
Materials Delivered Raised Beaches
Island and Shoreline Site Work

Lake Winnepesaukee, NH
Jim Bean, Owner
603-455-5700 cell • 603-569-4545 office
Email: blackdiamondbarge@roadrunner.com
blackdiamondbarge.com



ADVERTISING WORKS.

Call
1-877-766-6891
salmonpress.com

For Advertising Information, Call 603-279-4516
email: Tracy@salmonpress.news

sun.
5.18.25
3pm



anderson hall, brewster academy
main st. wolfeboro, nh

Damn Tall Buildings



*Energized contemporary
Bluegrass mixed with
high-spirited
harmony*

TICKETS

VISIT OUR WEBSITE

wfriendsofmusic.org

info@wfriendsofmusic.org

Special THANKS to our 2024-25 Season Sponsors:

Paul Zimmerman
PZ

Diana &
Greg Jonas

The KALLED
GALLERY

BEARS

CONTINUED FROM PAGE A1

early and we didn't let it."

Drew Smith toed the rubber to start the game for Gilford and struck out the first two batters before Carter Lloyd reached on an error; stole second and took third on a wild pitch. Smith finished out the inning with a strikeout and Gilford got on the board in the bottom of the first inning.

After Winnisquam hurler John Shea got the first out, Mikey Giovanditto had a base hit and a Folan base hit and walk to Smith loaded the bases. Andrew Kelly fol-

bunt, but Smith fielded the ball and gunned down Colby at third. Dio Kastigiannis worked a walk to load the bases, but Smith got a pair of strikeouts to end the inning.

Gilford added to the lead in the bottom of the second. After Nik Puffinburger made a nice catch to open the inning and Shea fielded a grounder for the second, Giovanditto had his second hit of the night and Folan and Smith followed with hits to drive in the third run of the game before the inning ended.

Winnisquam got a leadoff infield hit from Ethan Carter to start the top of the third. One

a double and after Shea got a strikeout, Lloyd gunned Fournier down stealing third and Shea got a strikeout to end the inning. Smith then set the side down in order in the top of the fourth inning.

Cohen Elliott led off the bottom of the fourth for Gilford and one out later Giovanditto reached on an error; plating Gilford's fourth run. Folan moved Giovanditto up with a groundout and Smith reached on an error to make it 5-2. Kelly had an infield hit to keep the inning alive, but Shea got a strikeout to end the inning.

Lloyd reached on an error to start the



Winnisquam's Brady Colby dives back to first as Gilford's Sean Ellis takes the throw in action last week in New York.

but Lloyd cut him down stealing. Giovanditto reached on an error and Zach Laurent took over on the bases, moving up on a wild pitch, but Shea got the next two outs to end the frame.

Puffinburger and Carter were hit by pitches to open the top of the seventh inning and Puffinburger came around to score on a Lloyd base hit, cutting the lead to 5-3. However, Folan got a pair of strikeouts and a pop up to third to end the inning and give Gilford the win.

"The conversation (on the mound) in the seventh inning, was to relax, play the game and let your talent take over and the rest will take care of itself," Giovanditto said. "It was an entire team effort today, base hits, sacrifices, bunts.

"It's nice to get our first win in Cooperstown," he added. Mikey

Giovanditto was the lone player on the field the last time the Golden Eagles played in Cooperstown, so the coach was happy to get a new group the experience.

The Golden Eagle coach also noted that one of the key aspects of the trip was getting the team all together on the same page.

"That was exactly the goal when we started doing this," Giovanditto said. "The chemistry is what we need and they're starting to turn the corner. And they're having such a good time."

"We talked before the seventh inning, referring to two years ago," Caruso said, bringing up his team's walkoff win. "They can't run the clock out or run the running back up the middle. We have all our timeouts, let's go get it.

"Unearned runs hurt us today and we've been

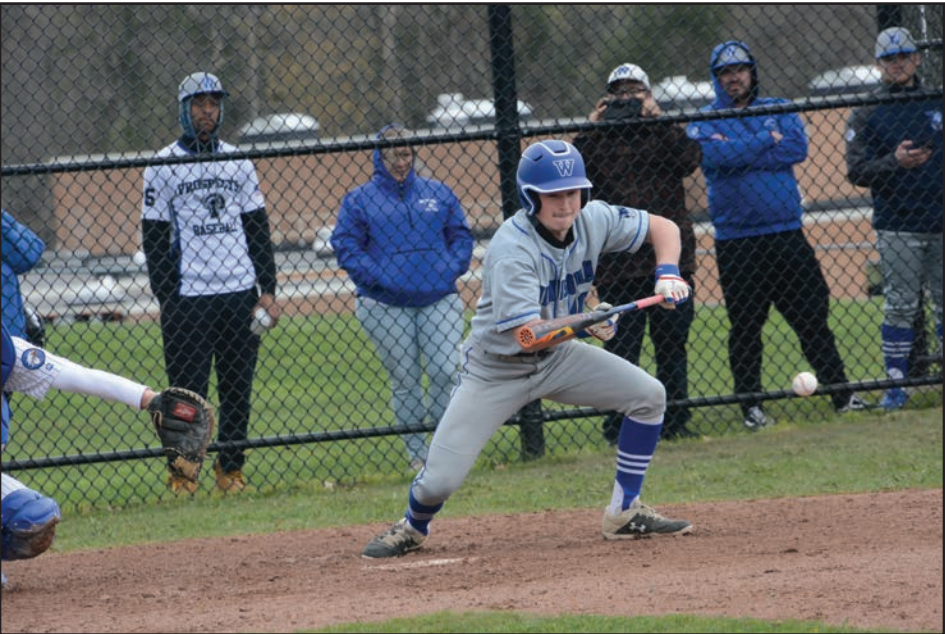
doing that a lot lately," the Bear coach continued. "We have to play good defense to win, if we don't play good defense, we make it tough on ourselves.

"But we had a great time, the kids took time here and it's really, really cool," Caruso added, noting that he has just four kids on the team who were on the trip two years ago. "It's a great experience for the kids and us as coaches."

Winnisquam is slated to be in action on Wednesday, May 14, at Belmont at 4 p.m.

Gilford is scheduled to be at Somersworth on Friday, May 9, will be hosting Belmont on Monday, May 12, both at 4 p.m. and at Inter-Lakes on Wednesday, May 14, at 4:30 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Justin Tardif puts down a bunt during his team's game with Gilford in Cooperstown, N.Y. last week.

lowed with a base hit to drive on two runs. After Danny Fournier reached on an error, Shea struck out the next two batters to end the inning.

Brady Colby led off the top of the second with a walk and moved up on a pickoff error. Jake Twombly reached on a bunt hit and Justin Tardif also put down a

out later, he stole second and scored when Shea reached on an error: Colby then doubled to plate Shea for the second run of the game and Twombly worked a walk to keep the inning alive before Smith got out of the frame with a pair of strikeouts.

Fournier led off the bottom of the third with

top of the fifth inning, but Smith came back and struck out the next three. Shea responded by striking out the side in the bottom of the fifth inning. Folan took the mound in the sixth and set Winnisquam down in order.

Andy Taylor led off the bottom of the sixth inning with a base hit,



John Shea went the distance on the mound for Winnisquam during last week's game in Cooperstown, N.Y.



Ethan Carter gets the tag on a Gilford base runner during last week's game in upstate New York.

HIGH SCHOOL SLATE

Thursday, May 8

BELMONT
Girls' Lacrosse vs. Plymouth; 4
GILFORD
Girls' Tennis vs. Monadnock; 4
Softball at Somersworth; 4
Track at Portsmouth; 4

Friday, May 9

BELMONT
Baseball at White Mountains; 4
Softball at White Mountains; 4
GILFORD
Baseball at Somersworth; 4
Boys' Lacrosse at Milford; 4
Boys' Tennis vs. Monadnock; 4
Girls' Lacrosse vs. Kearsarge; 4

Saturday, May 10

GILFORD
Track at Newfound; 10
WINNISQUAM
Track at Newfound; 10

Monday, May 12

BELMONT
Baseball at Gilford; 4
Girls' Lacrosse vs. Pelham; 4
Softball vs. Berlin; 4
GILFORD
Baseball vs. Belmont; 4
Boys' Lacrosse vs. Inter-Lakes; 4
Boys' Tennis at Trinity; 4
Girls' Lacrosse at Coe-Brown; 4
Girls' Tennis vs. Trinity; 4
Softball vs. Winnisquam; 4
WINNISQUAM
Softball at Gilford; 4

Tuesday, May 13

BELMONT

Track Home Meet; 4
GILFORD
Softball at Berlin; 4
WINNISQUAM
Track at Belmont; 4

Wednesday, May 14

BELMONT
Baseball vs. Winnisquam; 4
Girls' Lacrosse at Campbell; 4
Softball vs. Winnisquam; 4
GILFORD
Baseball at Inter-Lakes; 4:30
Boys' Lacrosse at Pelham; 4
Boys' Tennis vs. White Mountains; 4
Girls' Lacrosse vs. St. Thomas; 4
Track Home Meet; 4
WINNISQUAM
Baseball at Belmont; 4
Softball at Belmont; 4

Thursday, May 15

BELMONT
Baseball at Inter-Lakes; 4:30
Track Home Meet; 4
GILFORD
Baseball at Winnisquam; 4
Boys' Tennis at St. Thomas; 4
Girls' Lacrosse at Milford; 4
Girls' Tennis vs. St. Thomas; 4
Softball at Winnisquam; 4
WINNISQUAM
Baseball vs. Gilford; 4
Softball vs. Gilford; 4

All schedules are subject to change.

BRIDGES

CONTINUED FROM PAGE A1

compile extensive histories of the various bridges

es though out the state.

Chandler is a member of the New Hampshire Humanities-to-Go and travels throughout New Hampshire, delivering programs about covered bridges in the Granite State. She is a life member of the National Society for the Preservation of Covered Bridges and a member of the New Hampshire Historical Society, the New Hampshire Preservation Alliance, the Historical Society of Cheshire County, and the Hancock Historical Society.

This program is free and open to the public with funding provided primarily thru NH Humanities and also from the Sargent Fund. The facility is handicapped accessible. Attendees should use the entrance at the back of the parking lot. For more information, call Christine at 524-8268.

Log Homes • Interior - Exterior • Wallpaper Removal • Pressure Washing



Bruce Thibeault Painting
Quality Work
Fully Insured
Brucethibeaultpainting.com 603-364-2435
Free Estimates
Brucethibeaultpainting@hotmail.com Gilmanton Ironworks NH 03837

Serving all of New Hampshire for 50 years.



Paving & Resurfacing • Driveways & Parking Lots
Specializing in Residential and Commercial Paving
Owner Installs Every Job

286-8182
www.porterpaving.com

Track Bears close out vacation week with home meet



Brendan Goodwin takes the baton from Nolan Abbott on the way to winning the 4X400-meter relay on Saturday.



Kaiden Robb is off and running in the 4X400-meter relay on Saturday afternoon.



Domenyk Garneau (right) hands off teammate Lucas Durphey (center) to Isaac Timmons during the “anything but a baton” relay to close out the meet on Saturday.

BY JOSHUA SPAULDING
Sports Editor

TILTON — The Winnisquam track boys and girls closed out their vacation week with some solid performances on their home track on Saturday, May 3, working around a rain storm that came through the area in the middle of the meet.

Brendan Goodwin had a nice day, picking up the win in the 800 meters in 2:01.88 and also tying for the win in the pole vault with teammate Dylan Griffin, with both clearing eight feet, six inches. Dayton Brigante was third at eight feet and Bennett Ponder was fifth at seven feet.

Freshman Nolan Abbott ran to the win in the 1,600 meters with a time of 5:03.38, with Lucas Durphey in 11th in 5:58.97, Kyren Whitmore in 13th in 6:06.24, Kane St. Hilaire was 14th in 6:13.5 and Andrew Paquette was 16th in 7:44.99.

The Bear boys also won both relays, with the 4X100-meter team finishing in 46.76 seconds and the 4X400-meter team finishing in 3:37.83.

Taber Haggett fin-

ished in third place in the discus with a toss of 102 feet, four inches, with Colby Blackburn in 11th at 85 feet, nine inches, Andrew Field in 12th at 77 feet, two inches, Kevin Dore in 21st at 64 feet, three inches and Jacoby Martin in 23rd at 57 feet, eight inches.

Victor Pham finished in fifth in the 200 meters in 24.94 seconds, St. Hilaire was 13th in 26.3 seconds, Avery Woods was 16th in 26.68 seconds, Durphey was 30th in 30.56 seconds, Christopher Collins was 31st in 30.59 seconds and Paquette was 33rd in 33.47 seconds. Ari Booth was seventh in the 100 meters in 12.16 seconds, Pham was ninth in 12.24 seconds, Griffin was 11th in 12.29 seconds, Carter LaLiberte was 24th in 13.12 seconds and Collins was 35th in 14.98 seconds.

Woods was fourth in the 300-meter hurdles in 49.54 seconds and Whitmore was sixth in 52.98 seconds. Woods was also seventh in the 110-meter hurdles in 20.11 seconds and Booth was eighth in 20.88 seconds. Brigante was seventh in the 400

meters in 59.52 seconds and Collins was 18th in 1:12.69.

Whitmore cleared four feet, 10 inches in the high jump to place sixth and Carl Edwardson was sixth in the triple jump at 32 feet, 1.5 inches. Booth was 12th in the long jump at 15 feet, 11.75 inches.

Louis Soyk was 11th in the shot put at 34 feet, 11.5 inches, Haggett was 12th at 34 feet, five inches, Field was 19th at 28 feet, nine inches, Dore was 26th at 25 feet, eight inches, Isaac Timmons was 27th at 25 feet, seven inches and Stone Subocz was 31st at 22 feet, eight inches.

Brigante led the Bears in the javelin in ninth place at 106 feet, two inches, Soyk was 11th at 105 feet, two inches, LaLiberte was 15th at 104 feet, three inches, Colby Blackburn was 16th at 103 feet, nine inches, Ponder was 21st at 86 feet, three inches and Domenyk Garneau was 27th at 68 feet, three inches.

The top finish for the Winnisquam girls was in the 4X100-meter relay, where the Bears got

the win in 54.36 seconds with the 4X400-meter team finishing in third place in 4:45.54.

Carly Drew cleared five feet in the pole vault to finish in third place overall while in the long jump, Zariah Moore was 14th at 12 feet, five inches. Anaya Mondesir was 10th in the 300-meter hurdles in 1:04.81. Kaiden Robb was eighth in the 400 meters in 1:10.23 and Emily Tripple was ninth in 1:10.53.

Denessa Williams took third in the 100 meters in 13.72 seconds with Alexandria Myers in fourth in 13.87 seconds, Moore in 15th in 14.81 seconds, Shayla Jordan in 23rd in 15.35 seconds and Mondesir in 26th place in 15.67 seconds. Williams was also seventh in the 200 meters in 29.49 seconds, Tripple was ninth in 30.51 seconds, Myers was 11th in 30.83 seconds, Jordan was 21st in 32.81 seconds and Mondesir was 29th in 35.77 seconds.

Devin Timmons was fifth in the shot put with a toss of 25 feet, four inches, Anna Drinkwine was 10th at 20 feet, 9.5 inches, Kaylin Liesner

was 11th at 20 feet, six inches, Ava Lavin was 15th at 17 feet, three inches and Addison Todt was 16th at 15 feet, 10.5 inches.

Timmons was also fourth in the discus at 66 feet, eight inches with Liesner in seventh at 55 feet, eight inches, Drinkwine in eighth at 55 feet, five inches, Lavin in 16th at 37 feet, 10 inches and Todt in 17th place at 36 feet, four inches. Drinkwine was seventh in the javelin at 65 feet, four inches, Timmons was 11th at 61 feet, Abigail

Osmer was 14th at 49 feet, six inches, Liesner was 16th at 44 feet, seven inches, Kyra Russell was 17th at 43 feet, five inches and Todt was 20th at 31 feet.

The Bears are slated to be in action on Saturday, May 10, at Newfound and Tuesday, May 13, at Belmont.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

SMART • FRIENDLY • SERVICE

SINCE 1898

BELLETETES

BUILDING PRODUCT SPECIALISTS

NON-CDL BOX TRUCK DELIVERY DRIVER

We have an immediate opening in our Ashland location for a box truck delivery driver. CDL license not required. Must have a valid driver’s license with a clear driving record. As part of the job requirement, a DOT medical card is required (employer will assist candidate in obtaining medical card). Join a team of delivery drivers that enjoy coming into work every day! Heavy lifting involved, loading and unloading of millwork items, doors, window, cabinets and other misc. building materials. No prior experience needed. Willing to train the right candidate.

Belletetes is a 5th generation, family-owned building materials supply company that has been in business for over 125 years. With 10 locations throughout NH and MA, we believe our employees are our biggest asset!

When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within. We offer an industry leading benefits package that includes competitive wages, health insurance, life insurance, paid vacation, paid time-off, paid holidays, paid bereavement leave, profit sharing, 401k and store discounts.

You may apply in person or download a **driver application** from our website. All applications should be submitted to:

Dan Uhlman, Manager

20 West Street, Ashland, NH 03217

or you may email to duhlman@belletetes.com

E.O.E.

SMART • FRIENDLY • SERVICE

SINCE 1898

BELLETETES

BUILDING PRODUCT SPECIALISTS

NON-CDL FLAT BED DELIVERY DRIVER

We have an immediate opening in our Ashland location for a flat bed delivery driver. CDL license not required. Must have a valid driver’s license with a clear driving record. As part of the job requirement, a DOT medical card is required (employer will assist candidate in obtaining medical card). Join a team of delivery drivers that enjoy coming into work every day! Heavy lifting involved, loading and unloading of misc. building materials. No prior experience needed. Willing to train the right candidate.

Belletetes is a 5th generation, family-owned building materials supply company that has been in business for over 125 years. With 10 locations throughout NH and MA, we believe our employees are our biggest asset!

When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within. We offer an industry leading benefits package that includes competitive wages, health insurance, life insurance, paid vacation, paid time-off, paid holidays, paid bereavement leave, profit sharing, 401k and store discounts.

You may apply in person or download a **driver application** from our website. All applications should be submitted to:

Dan Uhlman, Manager

20 West Street, Ashland, NH 03217

or you may email to duhlman@belletetes.com

E.O.E.

SMART • FRIENDLY • SERVICE

SINCE 1898

BELLETETES

BUILDING PRODUCT SPECIALISTS

LOAD BUILDER

We have an immediate opening in our Ashland location for a load builder. Are you a hands-on, detail-oriented individual who enjoys working in a fast-paced environment?

As a load builder you will be responsible for accurately building and staging outgoing loads for delivery and will need to read and interpret work orders and load sheets. This position requires operating forklift and other material handling equipment. Maintaining a clean, safe and organized work area is important as well as working closely with dispatch and lumberyard workers to ensure timely order fulfillment. Heavy lifting is required. Previous warehouse experience is a plus.

Belletetes is a 5th generation, family-owned building materials supply company that has been in business for over 125 years. With 10 locations throughout NH and MA, we believe our employees are our biggest asset!

When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within. We offer an industry leading benefits package that includes competitive wages, health insurance, life insurance, paid vacation, paid time-off, paid holidays, paid bereavement leave, profit sharing, 401k and store discounts.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, Manager

20 West Street, Ashland, NH 03217

or you may email to duhlman@belletetes.com

E.O.E.



REAL ESTATE

Wanted:

Professional local woman
w/references seeks modest
apartment or sm house for rent in
Moultonboro Meredith area.
941-740-4300



Driver in Canterbury crash identified

CANTERBURY — The driver of the dump truck involved in a crash on I-93 in Canterbury last week-end has been identified as Tyler Bragdon, 35, of Raymond.

Bragdon was transported to Massachusetts General Hospital on Sunday, April 27, where he remained in critical condition as of our press deadline for this week's edition.

All aspects of the crash remain under investigation. Anyone who witnessed the crash or who has information that may assist the investigation is asked to contact Trooper Tyler Griffin at Tyler.L.Griffin@DOS.NH.GOV.



**97 Daniel Webster Highway
Meredith, New Hampshire**

Call us at:
(603) 279-7046

Find us @rocherealty

Search New Hampshire properties at www.rocherealty.com

\$279,900
MLS# 5038197
Gilmanton: 6-acre homesite with panoramic views, privacy, and direct conservation land access. Includes well, expired septic design, driveway, footings, and home plans. A rare opportunity to build immediately.

\$495,000
MLS# 5037948
Gilford: Weather-tight home ready for rebuild on a flat lot with 4BR septic, well, wrap-around porch, and 3+ existing fireplaces. Enjoy Gilford Beach, town docks, and proximity to Gunstock, Bank NH Pavilion, and more.

\$225,000
MLS# 5038112
Moultonborough: Harilla Landing boat rack with valet service, 3,900 lb. capacity, and easy access to Lake Winnepesaukee's northern waters. Rare opportunity for secure, convenient summer boating. Don't miss your seasonal spot!

\$1,499,000
MLS# 5038202
Laconia: 125' of sandy shorefront on Lake Winnisquam with lake and mountain views, 32' dock, granite steps, and watch sunsets from the patio. Charming 2BR cottage with screened porch, fireplace, garage, and open layout. Private 0.59-acre lot on a dead-end road—furnished, serene, and ready to enjoy!

Over 10,000 CLOSED transactions in New Hampshire!
Voted #1 BEST Real Estate Company in NH's Lakes Region six years in a row, and #1 BEST Commercial Real Estate Broker!


* Statistics obtained from NEREN for the past 26 years since 1997 for all real estate firms reporting sales in the entire state of NH during that time.

**Sakes Region
Chimney Pro**

**Sweeps • Stonework
Brick Repairs • Liners
Caps • Installations
Fire Place Makeovers**

603-520-7217

BBB
Better Business Bureau
Fully Insured



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))


This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.





TO VIEW THESE AND OTHER PROPERTIES, VISIT:

Alpine Lakes Real Estate: www.alpinelakes.com

Badger Peabody & Smith Realty: www.peabodysmith.com

Bean Group: www.beangroup.com

Century 21 Country Lakes Realty: www.countrylakesrealty.com

Century 21 Twin Rivers Realty: www.nhreal21.com

Coldwell Banker: www.cbldmill.com

Coldwell Banker Residential Brokerage www.newenglandmoves.com

ERA Masiello: www.masiello.com

Exit Lakeside Realty Group: www.exitleakeside.com

Granite Group Realty Services: www.granitegrouprealtyservices.com

Gowen Realty: www.gowenrealty.com

Kressy Real Estate: www.kressy.com

Lakes Region Realty: www.lakesregionrealestate.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

McLane Realty: www.mclanerealtyplymouth.com

Mountain Country Realty: www.mountaincountryrealestate.com

Nash Realty: www.nashrealty.com

New Hampshire Colonials Real Estate: www.squamlake.com

Noseworthy Real Estate: www.noseworthyrealestate.com

Old Mill Properties: www.oldmillprops.com

Pine Shores Real Estate: www.pineshoresllc.com

Preferred Vacation Rentals: www.preferredrentals.com

Remax Bayside: www.baysidenh.net

Roche Realty: www.rocherealty.com

Strawberry Lane Real Estate: www.strawberrylane.com

Town & Forest Realty: www.townandforest.com


Shaker Regional School District Notice of Public Hearings

Shaker Regional School District will hold public hearings relative to a withdrawal from the Buildings and Grounds Expendable Trust Fund, and a withdrawal from the Food Service Equipment Expendable Trust Fund on Tuesday, May 13, 2025 beginning at 6:00 pm. The meeting will be held in the Belmont Elementary School Library.

Make the move!

Find the homes of your neighborhood





BRAKE FOR MOOSE

IT COULD SAVE YOUR LIFE!

HUNDREDS OF COLLISIONS

NAI Glickman Kovago & Jacobs

25 ELM STREET | SOUTHBRIDGE, MA

9,536-SF HISTORIC OFFICE BUILDING
FOR SALE



- Historical building, also known as Tiffany-Leonard House, built in 1832
- Large Executive Offices with Elegant Finishes and High Ceilings
- Large Open Concept Cubicle Areas



- Listing price: \$550,000
- Building size: 9,536 SF
- Lot size: 13,939 SF
- Loading docks: (1) tailgate height
- Basement: partial | Unfinished



JAMES GLICKMAN
Principal

508-769-5007

jglickman@glickmankovago.com



JONAH D. GLICKMAN
Vice President

508-868-3765

jdglickman@glickmankovago.com

Step Up Your Advertising Game



Talk our experienced ad consultants today about advertising in one of our papers.

Advertising Works

Contact Tracy
(603) 616-7103 • tracy@salmonpress.news
or Lori
(603) 444-3927 • lori@salmonpress.news

1	2	3	4			5	6	7			8	9	10
11				12		13				14			
15						16				17			
	18				19	20				21			
					22	23				24			
25	26	27	28	29									
30							31						
32									33	34	35	36	37
				38	39	40		41	42				
				43			44						
	45	46	47										
48					49			50	51	52	53	54	
55					56				57				58
59					60				61				
62					63					64			

CLUES ACROSS

1. Herring-like fish
5. Perform on stage
8. Soda
11. Small growth
13. In support of
14. Step taken when walking
15. Hollyhocks
16. Returned material
authorization (abbr.)
17. Feel pain
18. San Diego ballplayer
20. Inches per minute (abbr.)
21. Fat from a pig's abdomen
22. Create again
25. Honors once more
30. Thin coating of gold
31. Welsh river
32. Japanese novelist Mizumura
33. Husks of corn
38. Green vegetable
41. Showing guilt
43. Soldier
45. Photographers
48. Language spoken in Nigeria
49. Mimic
50. Expressed pleasure
55. Ancient Greek sophist
56. Beverage container
57. Night monkey genus
59. Lace bugs
60. Hogshead (abbr.)
61. Frameworks
62. Keyboard key
63. Greek goddess of the dawn
64. Influential Korean
independence figure

CLUES DOWN

- | | |
|---------------------------------------|---|
| 1. A place to unwind | 29. French seaport |
| 2. Helped (archaic) | 34. Thai river |
| 3. Razorbill genus | 35. Rocker's accessory |
| 4. Bleached | 36. Extra charge |
| 5. Continent | 37. Influential American president |
| 6. Fruit preserved in syrup | 39. Pain in the head |
| 7. Impediment to one's freedom | 40. Great Plains people |
| 8. Nocturnal rodents | 41. Consumed |
| 9. Earthy pigment | 42. Soluble ribonucleic acid |
| 10. Relieved oneself | 44. Improves |
| 12. Golf score | 45. Secret clique |
| 14. Tech hub __ Alto | 46. Behind the stern of a ship |
| 19. Sportscaster Andrews | 47. Dough made from corn flour |
| 23. Records electric currents | 48. Fallow deer |
| 24. Popular Hitchcock film | 51. Swiss river |
| 25. Revolutions per minute | 52. Grayish white |
| 26. NY Giants legend | 53. Engrave |
| 27. Sports radio host Patrick | 54. College's Blue Devils |
| 28. When you hope to get
somewhere | 58. Midway between south and
southeast |

A 15x15 crossword puzzle grid is shown. The words "PUZZLE SOLUTION" are written vertically in a large, bold, black font along the left edge of the grid. The grid itself is composed of white squares for letters and black squares for empty space. The letters in the grid are as follows:

S	H	A	D		A	C	T		P	O	P			
P	O	L	Y	P		F	O	R		P	A	C	E	
A	L	C	E	A		R	M	A		A	C	H	E	
P	A	D	R	E		I	P	M		L	A	R	D	
					R	E	C	O	M	P	O	S	E	
R	E	D	E	D	I	C	A	T	E	S				
P	L	A	T	I	N	G		E	L	Y				
M	I	N	A	E					C	H	A	F	F	
				P	E	A		A	S	H	A	M	E	D
			P	A	R	A	T	R	O	O	P	E	R	
		C	A	M	E	R	A	M	E	N				
D	A	B	A		A	P	E		A	A	H	E	D	
A	B	A	S		C	A	N		A	O	T	U	S	
M	A	F	A		H	H	D		R	A	C	K	S	
A	L	T			E	O	S			R	H	E	E	

SEND US YOUR NEWS!!!



**news@
salmonpress.news**



PETS OF THE WEEK



Meet Billy!

Billy is a handsome boy with so much love! He would do best in a home where he's the only animal, as he deserves to get all the love possible! He loves to get belly rubs, play ball, and cuddle up with

his person.

Please email adoptions@nhhumane.org with additional questions or to make an appointment to meet Billy!



 **NH Humane Society**
Over a century of love for those without a voice.
1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539



Meet Lotso!

Lotso is a chill cat whose looking for a cozy quiet home. Named after the lovable bear from Toy Story, he's had a few bumps in the road but holds no grudges. He's no villain, just a cuddly bug looking for a fresh start.

With a gentle purr and a sweet disposition, Lotso is ready to find a

loving home where he can finally relax, feel safe, and share all the love he has to give. One hug and you'll know he'll be your best friend.

Apply now OR visit during our open adoption hours from Wednesday through to Saturday from 12-4pm, no appointment needed.



MUSIC
FACT:

Cinco de Mayo celebrations often feature this type of traditional Mexican folk music.

Answer: Mariachi!

Math Blocks

Fill in the missing blocks with numbers between 0-20.
The numbers in each row add up to the totals on the right.
The numbers in each column add up to the totals on the bottom.

10	6		28
	5	20	25
11			15
21	14	33	

1	3	11
20	5	0
12	6	10
Solution		

THIS
DAY IN
HISTORY



1639: William Coddington founds Newport, Rhode Island.

1927: Charles Nungesser and Francois Coli disappear after attempting to make the first non-stop transatlantic flight from Paris to New York.

Get Scrambled

Unscramble the words to determine the phrase.

VIEYLL SUCMI

Answer: Lively music

NEW
WORD

MASA

dough made from ground corn

How they say that in...

English: Party

Spanish: Fiesta

Italian: Festa

French: Fête

German: Fest

Did You Know?

Cinco de Mayo is an annual celebration that commemorates Mexico's victory over the Second French Empire at the Battle of Puebla on May 5, 1862.

Get the PICTURE?

Can you guess what the bigger picture is?

Answer: Guacamole

CRYPTO FUN

Solve the code to discover words related to building safety.
Each number corresponds to a letter.
(Hint: 5 = E)

A. 18 23 7 17 5 4 16
Clue: Assess condition

B. 17 5 19 10 18 16
Clue: Document that gives authorization

C. 4 11 26 5 7
Clue: Regulations that govern building

D. 17 19 11 16 5 4 16 18 11 23
Clue: Act of keeping something safe

SUDOKU

4								
5	3	2				9		
		9	5				7	
	9				2	4		
			4	8			5	
2								
					6			4
	7	5	9	2		8		3
8								

Level: Intermediate

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	4	6	3	1	5	7	2	9
1	7	5	9	2	4	8	6	3
9	2	3	8	7	6	5	1	4
6	5	4	6	3	7	1	9	8
3	6	1	4	8	9	2	5	7
7	9	8	1	5	2	4	3	6
6	8	9	5	4	1	3	7	2
5	3	2	7	6	8	9	4	1
4	1	7	2	9	3	6	8	5

ANSWER:

MVSB introduces CareWork Loan Program for childcare providers

MEREDITH — MVSB (Meredith Village Savings Bank) is thrilled to introduce the CareWork Loan Program, a unique initiative developed in collaboration with A Place to Grow, a growing New Hampshire-based childcare organization. The program is designed to provide financial assistance and resources specifically tailored for licensed childcare providers to allow them to establish and grow sustainable, child-focused centers within their community.

“At MVSB, we’re dedicated to addressing the increasing demand for affordable childcare within our communities, and the CareWork Loan Program is an excellent opportunity for those who are either just entering the field or looking to expand their services,” shared Dan Osetek, MVSB Senior Vice President and Senior Commercial Loan Officer. “We are also delighted to partner with A Place to Grow, who provide invaluable training and resources to help new childcare providers get up and running and continue to thrive.”

“We’re proud to col-



Angela Salb, MVSB VP Commercial Lending Team Leader (left), meets with Ms. Allison, A Place to Grow Site Director, on the organization's playground.

laborate with MVSB on this much-needed initiative that will foster the growth of childcare providers in New Hampshire,” said Jennifer Legere, Founder and Director of A Place to Grow. “Many individuals have a passion for

working with children and aspire to open their own childcare centers, but are unfamiliar with licensing requirements or lack the technical and financial resources to get started. That’s where we

step in to provide expertise and support.”

Established in 2005 and franchised in 2020, A Place to Grow offers a safe place for kids to be kids, while providing an

enriching early learning center that embraces a child’s overall well-being through a holistic curriculum. They offer support to childcare centers of different sizes, providing high quality

personalized care for all their children and families. A Place to Grow was chosen as the 2022 NH SBA Woman Owned Business of the Year. Go to aplacetogrow.com to learn more.

MVSB has been serving the essential banking needs of people, businesses, nonprofits and municipalities for more than 150 years. As a mutual savings bank, MVSB has no stockholders but rather operates for the benefit of its customers, employees and community. Since our founding, one thing has always remained true: caring is at the heart of everything we do. By building and nurturing relationships, we believe that we can cultivate a community where we all thrive. It all starts with caring about our customers and neighbors. To learn more, visit any of the local branch offices located in New Hampshire in Alton, Ashland, Center Harbor, Exeter, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, North Conway, Plymouth, Portsmouth, Rochester or Wolfeboro, call 800-922-6872 or visit mvsb.com.

Annalee Thorndike Art Competition winners announced



The Lakes Region Scholarship Foundation has announced this year's winners of the Annual Annalee Thorndike Art Competition Scholarship. Presenting Benjamin Bousquet (center) with the First Place award is Chris Guilmett (right) Executive Director of the Lakes Region Scholarship Foundation and Marj Wilkinson (left) LRSF Board Trustee and Chair of the Annalee Thorndike Art Competition Scholarship committee.

MEREDITH — The Lakes Region Scholarship Foundation has announced the winners of the Annalee Thorndike Art Competition Scholarships. The competition involved students from area high schools, all of whom are graduating seniors and are planning to major in art or an art-related fields such as graphic arts, digital arts, architecture, and art education.

This is the 23rd year that scholarships have been awarded with funds provided by the Annalee Thorndike Scholarship Fund. The competition is managed through the Lakes Region Scholarship Foundation, to which Annalee Thorndike entrusted the funds for her endowment.

The students submit a blended portfolio that is comprised of five original works of art which can include: drawings, paintings, collage and print forms, photography, digital art forms and 3D works. They also provide a personal sketchbook and an artist statement.

The artwork was on display at the Gilford Public Library for public viewing. This year's judges all have a background in art, Gerri Harvey, Tom Lynch, and Nancy Dirubbo.

First place this year went to Benjamin Bousquet. Second place went to Hazel Dassori-Kaye. Third place was awarded to Awnya Johnson, from Laconia High School, and fourth place went to Katie Scadova. Benjamin, Hazel & Katie are all from Inter Lakes High School in Meredith. The awards will be applied toward their tuition in the fall.

HELP WANTED



Loon Mountain Resort

Enjoy the outdoors and work where you play. Now hiring for all Summer seasonal positions.

Adventure Center, Trail Construction, Custodial, Food & Beverage, Mountain Bike Attendant and more

All employees receive a Free Seasons Pass, Retail Discount and Food & Beverage Discount.

For more information or to apply online please visit www.loonmntn.com/jobs
Equal Opportunity Employer



FRIENDLY & RELIABLE

NIGHT CASHIERS

needed at the Following Location:

Bosco Bell

on Route 28
Barnstead

Please apply in person.



Loon Mountain Resort

Are you ready for a new career?

We offer a great work environment, unique benefits, and generous discounts. The only thing that would make it better — is you!

Immediate Full Time Positions Available:

- Food & Beverage Manager
- Assistant Ski & Bike Patrol Director
- Operations Admin. Assistant
- General Maintenance Associate
- Lift Mechanic
- Painter

Apply Online at www.loonmntn.com/jobs
Benefits include: Medical, Dental, Vision, HSA, FSA, 401k, PTO, Retail and Food & Beverage discounts, Seasonal Passes for the employee and their dependents, OT after 40, and competitive wages.
Equal Opportunity Employer



Full-Time Installers Apprentice

Energysavers Inc, a 50 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

LEARN WHILE YOU EARN!
No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening.

Stop in to fill out an application:
ENERGYSAVERS INC.
163 Daniel Webster Hwy., Meredith NH



Help Wanted 2025 Summer Season

Holderness Harbor is currently seeking motivated individuals who enjoy working in a friendly yet fast paced marina environment. Must be at least 16. Boater's Safety license preferred but not required. Interested candidates are encouraged to contact us via email through our website holdernessharbor.com under contact us or call 968-9001 and leave a message.

Positions include Inside Customer Service/Outside Dock and Boat support.



HELP WANTED

Work for a Purpose and join our team to help New Hampshire's Loons!

The LOON PRESERVATION COMMITTEE is seeking to hire a personable, motivated team player as a Loon Center Assistant for 2-3 days a week Mid-May through Mid-Oct. The Loon Center Assistant will work primarily in the gift shop warmly greeting customers, conducting sales and stocking shelves. Must be able to stand for extended periods, and lift moderately heavy boxes. Retail experience preferred.

For additional information go to <https://loon.org/job-opportunities/>. Please send resume & cover letter to info@loon.org.

Audubon announces Birdathon-Bloomathon

MOULTONBOROUGH — On Saturday, May 17 at 7 a.m. at the Loon Center in Moultonborough, the Lakes Region Chapter of the New Hampshire Audubon Society will sponsor a field trip/fundraiser for the Chapter and the Loon Preservation Committee.

blooming flower species as they can find on the NH Audubon Markus Sanctuary and nearby waters. People have pledged to donate varying amounts per species found, and this time of year is the height of bird migration, with more than 100 bird species recorded at the sanctuary.

Birdathon-Bloomathon is lost in the mists of time, but for decades it has been centered in the Sandwich - Tamworth area. It was begun by Betty Steele, and later led by Ned Beecher and Chris Clyne, who this year have decided to step back from organizing our expert field team after around twenty years.

Participants will look for as many bird and

The history of the Lakes Region Chapter

This year, instead



of having a field team covering several towns, we will concentrate our efforts on the woods and waters of the Loon Center and the Markus Sanctuary, and everyone is invited to participate. It's been quite a while since the Chapter has had a field trip. We will also note any mammals, amphibians, reptiles, and insects that we can identify.

that is also an option, and there is a public boat launch and parking just past the Loon Center on Lee's Mill Road in Moultonborough.

Please join us during anytime during the day for a walk on the trails, and there will also be refreshments at the Loon Center (and the Loon's Feather gift shop will be open).

\$2,000 per year for the Loon Preservation Committee, and a percentage also goes to the Lakes Region Chapter to pay for free nature programs during the fall, winter, and spring months.

The Loon Center is located on Lee's Mill Road; follow the signs on Blake Road from Route 25 near the Moultonborough Central School, or from Route 109, turn on to Lee Road and turn left on Lee's Mill Road.

If you have a canoe or kayak and wish to paddle the Markus shoreline, Donations in the past have raised more than

Day Camps for Tomorrow's Pilots and Space Explorers

WinnAero, the Laconia Airport-based non-profit offering STEM education to youth using Aviation and Aerospace examples still has openings for summer day camps. Equally important; a generous benefactor has stepped forward to help fund the students signing up with partial up to full tuition scholarships based on availability. Parents should contact the WinnAero Program Director; Dan Caron at dan.caron@winnaero.org for eligibility.

Day Camp Sessions currently available:

Week One July 7-11

Grades 6-8 full day: Search & Rescue and Emergency Services Response
Grades 9-12 full day: Orbital Mechanics, Guidance, Navigation and Control:
Grades 9-12 full day: Pre-Ground School: The first step towards becoming a Licensed Pilot.

Week Two July 14 -18

Grades 6-8: Girls Only Aviation Academy. Learning the basics of aviation from Female Pilots/Engineers/Teachers.
Grades 6-8: Model Rocketry, Astronomy, the Space Environment. Space Station Design and Spacecraft types.
Grades 9-12: Career opportunities as Pilots, Engineers, Manufacturers and more. Field trips and expert Guest Speakers.
Grades 9-12: Drone Academy. Assemble and fly small drones; learn the FAA rules and regulations plus flight principles.
Grades 9-12: Aeromedical: High Altitude Flight and Effects on the Human Body.
Grades 3-5: Half days 12:30-4 PM. Basic age-appropriate activities in aviation and aerospace exploration.
NH High School students may earn 1/2 a Science/Technology high school credit by completing an ACE Academy session. Ask for details.

Financial Assistance up to full tuition payment for students is available to attend ACE Academies.

Contact Program Director Dan Caron at Dan.Caron@winnaero.org for YOUR Eligibility!

The Experts in ALL Things Paved

BRYANT PAVING

GRADING • PAVING
CULVERT REPAIRS • ASPHALT PATCHING
CRACKSEALING • SEALCOATING

(603) 279-1499
www.bryantpaving.com

FREE ESTIMATES

Hire A Professional Who Is Properly Insured

- Shingles
- Metal Shingles
- Copper
- Standing Seam Metal Roofs

Mention This Ad!
Ask About Our Special Offers!

10 YEAR LABOR WARRANTY
Financing Available

603 ROOFERS
BY DWIGHT & SONS, INC.

Instant Roof Quote!

TEXT or CALL 603-766-3377

www.603Roofers.com