

## New Police Chief named in Northfield



Among the many on hand to congratulate Northfield’s newest Police Chief Jesse Colby on Jan. 30 were three of the town’s retired police chiefs. From left to right are Chief Colby and former chiefs John Raffaelly, Steve Adams and Scott Hilliard.

BY DONNA RHODES  
Contributing Writer

NORTHFIELD — At the start of the selectmen’s meeting on Jan. 30, an overflow crowd gathered at Northfield Town Hall to witness the swearing in of the town’s new police chief, Jesse Colby. Among them were

members of numerous municipal law enforcement agencies, residents, family and friends of Colby who filled the hall that night. Colby himself stood by the door prior to the ceremony, greeting all who arrived and stated the crowd that came

out to support him was amazing. “I’m very excited about this but very humbled, too,” he said. “I’m just humbled to see all the support from everyone here tonight. It’s awesome.” After greetings and the Pledge of Al-

legiance led by Select Board Chairman Jason Durgin, Selectman Mark Hubbell kicked the meeting off by inviting Colby forward for the official swearing in ceremony. His wife Bryn Colby was then invited to pin the Police Chief’s badge on her husband, followed by

a kiss and a large round of applause from the audience. Colby has based his entire career in law enforcement and public service, working as a police officer in Henniker, Concord and for the

SEE COLBY, PAGE A7

## Winnisquam students prepare for F1 In Schools competition

TILTON — This year, 20 WRHS students are participating in a new F1 in Schools course.

This integrated, project-based learning experience provides students a unique opportunity to not only learn through the design process but to apply their knowledge in a practical way and display their skills in competition. Students in the WRHS F1 in Schools class split into teams last fall. Each member chose a different team role and have been developing important professional skills such as team management, marketing, aerodynamics, computer aided design (CAD), computer aided manufacturing (CAM), and graphic design, every day since.

F1 in Schools teams are tasked with designing and engineering a model F1 car and marketing themselves as an F1 Team, with the ultimate goal to compete in the international F1 in Schools STEAM competition. Model F1 cars must comply with a vast and complicated set of

SEE F1, PAGE A7

## Belmont man faces charges after threatening family member with firearm

BELMONT — On Feb. 2 at approximately 9:24 a.m., the Belmont Police Department received a call from a residence on Union Road from an individual reporting he was threatened with a firearm by a family member. The person of interest, later identified as George Hodgman, age 25, of Union Road in Belmont, had taken off on foot after pointing the gun at a family member. Officers were immediately dispatched to the scene and began an investigation which resulted in probable cause for an arrest. Officers started canvassing the area and were able to locate Hodgman in the woods behind the property, where he surrendered without incident. Officers located the firearm allegedly used in the altercation in the vicinity where Hodgman was hiding. Hodgman is charged with Reckless Conduct and Criminal Threatening, both with a deadly weapon. Both crimes are Class B Felonies and domestic violence-related crimes. His arraignment was scheduled for Monday, Feb. 5 at the 4th Circuit Court in Laconia.

## Raider boys and girls third at Winnepesaukee Alpine Race

Ella Stevens skis to slalom victory at Gunstock



Ella Stevens won the slalom at Gunstock last Friday afternoon.

BY JOSHUA SPAULDING  
Sports Editor  
GILFORD — The Belmont alpine ski team joined teams from around the lake for the annual Lake Winnepesaukee Alpine Race at Gunstock Mountain Resort on Friday, Feb. 2. The Raiders were joined

by Gilford, Prospect Mountain, Kingswood, Inter-Lakes, Moultonborough, Laconia and Newfound. The Raider boys and girls both finished in third place on the day, with the Kingswood girls and the Gilford boys taking top honors.

For the Belmont boys, Mattias Krauchunas finished in fourth place in the morning giant slalom with a time of 57.63 seconds, with Landon Bormes in 10th in a time of 1:00.77. Ryan Cribbie finished in 12th place in a time of 1:00.99 and Henry Ashworth put up

a time of 1:03.46 for 21st place. In the afternoon slalom, Krauchunas finished in seventh place overall with a time of 1:06.05, with Bormes in 11th in 1:08.17. Cribbie finished in 18th place

SEE ALPINE, PAGE A7



# Around and About Tilton

BY GREGG DEVOLDER

Hello and welcome back. Last week was a busy week for town meetings with the Planning Board, Budget Committee and Selectmen all in a row. If I'm not careful, my wife is going to think I have a girlfriend.

The Jan. 30 Planning Board meeting caught my eye with a review of three warrant articles for the Town. Two were straightforward and mostly housekeeping items. The third was rather interesting and truth be told, I hadn't heard much about it. There's a proposal in front of the planning board for a development off Route 3, just before U-Haul storage on the left heading north. There's just over 50 acres, and a developer would like to build assisted living and work force housing apartments along with space for a few retail shops. It would consist

of three to four buildings and sit on 20 acres with the balance being open space. The acreage is already approved for 44 single family houses, but the developer would prefer the other proposal. If I have this right, the warrant article is to put an overlay on the current zone that would allow for this higher density housing. The cost of the project is upwards of forty million dollars and could bring in approximately eight hundred thousand dollars in tax revenue, according to the developer. There was considerable discussion from the audience, our fellow residents, and the board. I would encourage you to watch the video for all the details. I should also mention that the developer lives in town. After the discussion was finished, the Planning Board voted on the warrant article. There were three for it and three against it. A tie

vote means it's not recommended by the board. The petition warrant article (on the town website) will still come before the town in March, so I would suggest we all do our homework, for an educated discussion and decision.

The public meeting for the budget committee met on the 31st. There was a spirited discussion that took place about the funding of the Franklin Visiting Nurses (FNA) and the Pines. The request for FNA was ten thousand dollars, the Budget Committee voted for six thousand dollars, while the Selectmen had voted for the full amount. The question was also raised about the Pines and the approval of the full amount by the Budget Committee of seventy-five thousand dollars. My sense was, the Budget Committee agreed that a review of the pine's usage and funding by the town is needed. But in

the end, there were no changes made to either line item.

The selectmen's Feb. 1 meeting had a good discussion on the island bridge and the island itself. It's become a bit complicated given the road work DOT wants to do to ensure the road doesn't decide to become the river. The town is trying to work with both DOT and DES to better understand their timetables and scope of work. Any changes they make will of course affect the flow of the river and how it interacts with the island and the bridge. The board agrees that work needs to be done, but added, a Hydrology study completed today will look a lot different tomorrow once the DOT has finished.

If you would like further details, you can view these meetings by going to the Town's Web site, Tiltonnh.org, under Agenda and Meetings for

the video.

If you have a dog, it's time to renew your dog license. This needs to be completed by the end of April. The town is building on the great success of last year and continuing the "Tilton Top Dogs Raffle 2024." Register your dog(s) and you'll be entered to win. Of course, you'll need to be a Tilton resident and provide your contact information. Our local community has really stepped up the donated prizes this year to include an HP LaserJet printer, Combination Fitbit and Fitbark Fitness Trackers, Orthopedic Dog Beds, and much more. Thank you!

Speaking of dogs, have you noticed the number of dogs going into stores these days. One of my biggest pet peeves, pun intended, are dogs in the grocery store. Just last week, I nearly ran over a chihuahua on a leash with my carriage.

I never saw it coming. I've also seen a Great Dane, on a leash thankfully, along with others at times. None of which had any service dog identification on them, and I certainly don't have an issue with service dogs. When asked about store policy, the managers have little wiggle room. Corporate makes the policy and typically they're not allowed to ask if it's a service dog, they must assume it is. With that said, it certainly brings a new meaning when you hear over the intercom, "we need a cleanup in aisle four please." So much for the broken jar of pickles!

Should you have any thoughts or comments on what you've read or what you'd like to see each week, please email me at: aroundandabouttiltonnh@gmail.com. I can't promise I'll respond to everyone, but I will read them all. Have a great week!

## Powerhouse's 2024 Colonial Series begins!

LACONIA — Powerhouse Theatre Collaborative, the resident theatre company of the Colonial Theatre, is kicking off its five show 2024 Colonial Series Feb. 9-11 with "In Love with Broadway: A Musical Celebration."

Featuring 33 talented ensemble members plus performances from the Power Chords, "In Love with Broadway" includes over two dozen Broadway songs from all eras about love! Perfect for a lead-in to Valentine's Day, the show will delight fans of Broadway of all ages and leave you humming - and maybe get you excited to audition for a future production.

The 2024 Colonial Series is sponsored by Grappone Mazda and Bank of New Hampshire and the Powerhouse Season is sponsored by Meredith Village Savings Bank, Lavalley/Middleton Building Supply, and The Platinum Group. New for 2024 is a subscription package where you can purchase tickets to the full Colonial Series at a discount which will be available to purchase through the final performance on Feb. 11.



COURTESY

Joel and Laura Iwaskiewicz perform as part of "In Love with Broadway" at the Colonial Theatre. are spectacular - there is nothing like hearing this group of 33 backed by the Power Chords come together for the full cast numbers. We expect audiences to be as enthralled as we are with how good they sound."

Says director Bryan Halperin, "We are often told how wonderful the vocals are in our productions so we thought, why not attempt a show focused on singing. And while the solos and duets

The ensemble features many familiar faces to Powerhouse audiences such as Joel and Laura Iwaskiewicz (Just Duet 2023 champs, "Daddy Long Legs"), Rachel Hunton (Maria in "The

Sound of Music"), Katie Duncan (Martha in "The Secret Garden") as well as a host of talent-

ed newcomers ready to share their talents with the Colonial audience for the first time.

Ticket prices range from \$18-\$24, and can be purchased online or at the Colonial box office. For all the details on Powerhouse productions and to find ticket links go to <https://www.powerhousenh.org/showtickets>. Please be careful to not get fooled by third-party sites you may reach through Web searches and who mark up ticket prices.

For all the latest news on Powerhouse and how to get involved or become a sponsor go to [powerhousenh.org](http://powerhousenh.org). Auditions for the spring production of Tuck Everlasting are coming up on February 18th. And a new session of Power Chords will begin in March for those interested in joining Powerhouse's Broadway Show Choir!

## "Art of Hearts" exhibit at Lakes Region Art Gallery

TILTON — The Lakes Region Art Gallery is presenting the "Art of Hearts" exhibit just in time for *Valentine's Day* gift-giving. This heart themed event will have wall art no larger than 12 by 12 inches. The exhibit will run from Feb. 1 through Feb. 25. The public is invited to attend an *artist reception* on Feb. 11 from 2 to 4 p.m. in the gallery.

Come visit the gallery to view the art, meet and greet the artists, and enjoy some snacks and refreshments. As with all the exhibits at the LRAA Gallery, this is a family-friendly event.

The LRAA Gallery is located in Suite 300, 120 Laconia Rd., Tilton, in the Tilton Tanger Outlets, just off exit 20 on Route 93.

Hire A Professional Who Is Properly Insured

• Shingles

• Metal Shingles

• Copper

• Standing Seam Metal Roofs



Financing Available





603-R00-FERS • [www.603Roofers.com](http://www.603Roofers.com)



SEEKING  
EXCAVATOR OPERATORS

GPS EXPERIENCE DESIRED BUT NOT NECESSARY

(603) 279-4444 or email [tracy@ambrosebros.com](mailto:tracy@ambrosebros.com)

Route 3 • Meredith, NH 03253



# BNH promotes Nikki Leroux to Assistant Vice President – Deposit Operations Manager



Nikke Leroux

LACONIA — Bank of New Hampshire is proud to announce the promotion of Nikki Leroux to Assistant Vice President – Deposit Operations Manager.

In her role as Deposit Operations Manager, Leroux supervises the daily activities of the Deposit Operations area, acting as a resource for questions, allocation of work, staff development and training. She actively participates in performing daily departmental work, while building strong, professional relationships with existing and prospective customers by providing quality service and becoming a

trusted resource. Leroux joined BNH in 2005 as an Items Processing Representative. She transferred to the Deposit Operations Department in 2010 and was promoted to Supervisor of the department in 2019. She swiftly earned her way to hold the title of Deposit Operations Officer in 2021. She is a graduate of the Northern New England School of Banking and Leadership Lakes Region. “Nikki is a valuable

member of the Deposit Operations team. Her knowledge of the day to day operations of the bank is extensive and she is a resource to many areas of the bank,” said Deb Davis, Senior Vice President - Bank Operations Officer for Bank of New Hampshire. “I’m happy to see Nikki advancing in her career with BNH.” Bank of New Hampshire is excited to have Nikki in this role on our team as we aspire to re-

main an independent mutual financial institution, delivering innovative solutions and exceptional service, while assisting our employees, customers and communities to build brighter futures. Bank of New Hampshire, founded in 1831 provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 21

banking offices and assets exceeding \$2 billion, Bank of New Hampshire is the oldest and one of the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank’s customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit BNH Bank.

# Lakes Region Community Developers awarded \$25,000 from TD Charitable Foundation

LACONIA — Lakes Region Community Developers (LRCD) is proud to announce they were recently awarded a \$25,000 grant from the TD Charitable Foundation for LRCD’s Affordable Rental Housing Program.

The philosophy behind LRCD’s Affordable Rental Housing Program is that housing is a platform that all people need to thrive. People who live in healthy, safe, stable housing are better parents, neighbors, and employees. The objectives of LRCD’s Affordable Rental Housing Program are to create housing opportunities for people of low income and to empower them to achieve economic security. To achieve these objectives, LRCD operates, and maintains affordable rental apartments and provides support services to the tenants who live in them.

Over its 30-year history, LRCD has developed 367 rental homes for people of low income in Ashland, Gilford, Laconia, Meredith, Tilton, and Wolfeboro, including the recent preservation and rehabilitation of 65 units in Ashland and Meredith that would have converted to market-rate housing had LRCD not acquired them. LRCD has 131 new

rental units in its development pipeline, with hopes to get construction of 45 of those units underway this spring.

“This grant is so impactful. It helps us fulfill our mission during a challenging time,” says LRCD Executive Director, Carmen Lorentz. “The housing crisis is dire. We all know someone struggling to find housing they can actually afford. This grant helps us create more affordable housing opportunities for local people who need it.”

“TD is thrilled to support the critical work being done through Lakes Region Community Developers to address the affordable housing needs area,” said Sheryl McQuade, Regional President, Metro New England, TD Bank. “Their work to sustain and maintain affordable rental apartments is an important step toward a more economically inclusive future for all individuals and families who call New Hampshire home.”

About Lakes Region Community Developers  
Lakes Region Community Developers’ mission is to create opportunities for the Lakes Region to thrive by developing healthy homes, creating vibrant community assets, and



COURTESY

LRCD’s rental portfolio includes properties like Harvey Heights in Meredith, which offers 25 apartments to people with income below 50 percent of the area median.

engaging residents. About the TD Charitable Foundation  
The TD Charitable Foundation is the charitable giving arm of TD Bank, America’s Most Convenient Bank®, one of the 10 largest banks in the U.S., providing over 9.8 million customers with a full range of retail, small business and commercial banking products and services at more than 1,100 convenient locations

throughout the Northeast, Mid-Atlantic, Metro D.C., the Carolinas and Florida. Since its inception in 2002, the Foundation has distributed over \$323 million through donations to local nonprofits from Maine to Florida. More information on the TD Charitable Foundation is available at <https://www.tdbank.com/corporate-responsibility/the-ready-commitment/funding-opportunities/>.

About the TD Ready Commitment  
TD has a long-standing commitment to enriching the lives of its customers, colleagues and communities. Under the TD Ready Commitment and its four key, interconnected drivers of: Financial Security, Vibrant Planet, Connected Communities, and Better Health; we are targeting a total of \$1 billion by 2030 in communi-

ty giving to help support initiatives that focus on these drivers. Through the TD Ready Commitment, TD aspires to link its business, philanthropy and human capital to help people feel more confident – not just about their finances, but also in their ability to achieve their personal goals in a changing world. For further information, visit [www.td.com/tdreadycommitment](http://www.td.com/tdreadycommitment).

## BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of Jan. 22-29.

Casey Justin Burke, age 34, of Plymouth was arrested on Jan. 22 for Possession of a Controlled Drug, Obstructing Government Administration, Driving After Revocation or Suspension (subsequent offense), operating a motor vehicle with an Unofficial Inspection or Registration Decal, and Control of a Premises Where Drugs have been kept.

A 20-year-old female from Belmont was issued a summons in lieu of arrest on Jan. 22 for Suspension of Vehicle Registration and Driving After Revocation or Suspension.

A 51-year-old male from Laconia was issued a summons in lieu of arrest on Jan. 22 for operating a motor vehicle with an Unofficial Inspection or Registration Decal.

Dylan Corgatelli, age 22, of Belmont was arrested on Jan. 23 in connection with multiple bench warrants.

A 19-year-old male from Laconia was issued a summons in lieu of arrest on Jan. 24 for Driving After Revocation or Suspension.

Cody M. Yale, age 27, current address undisclosed, was arrested on Jan. 26 for Reckless Conduct with a Deadly Weapon, being a Felon in Possession of a Dangerous Weapon, Falsifying Physical Evidence by alteration, destruction, or concealment, and Breach of Bail.

Michael J. Flack, age 54, of Belmont was arrested on Jan. 27 on multiple counts of Violation of a Protective Order.

John W. Doucette, age 45, current address undisclosed, was arrested on Jan. 29 for Burglary.

# Area residents named to Dean’s List at University of New England

BIDDEFORD, Maine — Hannah Leclair and Savannah Perkins of Belmont; Eveline Auger and Emma Griffin of Sanbornton; and Liv Arvidson of Tilton have been named to the Dean’s List for the 2023 fall semester at the University of New England. Dean’s List students have attained a grade point average of 3.3 or better out of a possible 4.0 at the end of the semester.

The University of New England is Maine’s largest private university, with two beautiful coastal campuses in Maine, a one-of-a-kind study-abroad campus in Tangier, Morocco, and an array of flexible online offerings. In an uncommonly welcoming and supportive community, we offer hands-on learning, empowering students to make a positive impact in a world full of challenges. We are the state’s top provider of health professionals and home to Maine’s only medical and dental colleges, a variety of other interprofessionally aligned health care programs, and nationally recognized degree paths in the marine sciences, the natural and social sciences, business, the humanities, and the arts. Visit [une.edu](http://une.edu).

Wonderful Things  
Come In Small Packages...

Old Man Pendant from \$35

especially if they're from  
**Alan F. Soule Jewelers**  
286-8649  
422 W. Main St. Tilton, NH  
(across from Winnisquam HS)

Gold • Sterling • Diamonds  
Colored Stones • Repairs  
Custom & Handcrafted Items  
Wedding & Family Jewelry

**SCHWARTZBERG LAW**  
EXPERIENCE THAT MATTERS

*Advising  
Clients About  
Wills & Trusts  
Since 1985*

*Plan for your  
future today.*

Ora Schwartzberg, Esq.

**572 Tenney Mountain Hwy  
Plymouth, NH 03264  
603.536.2700**

**www.NHLawyer.net**



Leading with purpose: Prioritizing local issues over the culture war

At a time when communities far and wide face pressing challenges like homelessness, substance misuse, and the need for unity, it is essential that our local leaders redirect their focus towards the issues that truly matter. Rather than engaging in divisive cultural battles, true leadership demands a dedication to improving the daily lives of residents by addressing local concerns.

One of the most pressing issues in many communities today is homelessness. Our woods and streets are home to many individuals who are struggling to find shelter and support. This issue should take precedence over divisive cultural debates, as it directly impacts the well-being and safety of our very own community members.

Similarly, the challenge of substance misuse is a significant concern that requires our leaders' full attention. Addiction affects not only the individuals grappling with it but also their families and communities. Local leaders should work collaboratively to establish effective rehabilitation and support programs that address this issue head-on, instead of allowing it to be overshadowed by polarizing cultural discussions.

A true leader understands the importance of bridging gaps rather than creating divisions. In an era marked by increasing polarization, it is incumbent upon our local leaders to strive for unity. Their role should be to bring residents together, encouraging dialogue and understanding among diverse groups. Creating a sense of community and solidarity should be a top priority, as it helps build a stronger, more resilient society.

It is crucial to recognize that small, symbolic issues like the presence of a two-inch pride sticker on a public building's door should not distract us from the substantial problems at hand. A leader's duty is to prioritize actions that will improve the daily lives of everyone in the community. While diverse perspectives are important, focusing on such symbolic issues detracts from the time and resources that could be better allocated to address actual challenges.

Furthermore, thriving businesses are an integral part of a flourishing community. Local leaders should work tirelessly to create an environment where businesses can thrive. A prosperous economy enables residents to access better opportunities and services, thus improving their quality of life.

Effective local leadership necessitates a clear focus on the issues that directly impact our community's well-being, such as homelessness, substance misuse, and unity. Divisive cultural debates, while important in their own right, should not overshadow these pressing concerns. A true leader, one with courage, prioritizes the needs of their constituents, brings people together, and strives to build a stronger, more resilient community. By doing so, they ensure that businesses thrive, basic needs are met, and everyone can enjoy a higher quality of life.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.



TO PLACE AN AD: ADVERTISING EXECUTIVE Tracy Lewis (603) 575-9127 tracy@salmonpress.news

SUBSCRIPTION SERVICES: KERRI PETERSON (603) 677-9085 kerri@salmonpress.news

TO PRINT AN OBITUARY: E-MAIL: obituaries@salmonpress.news CALL: 603-677-9084

TO SUBMIT A LETTER TO THE EDITOR: E-MAIL: brendan@salmonpress.news

USPS 024-975 The Winnisquam Echo is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Winnisquam Echo, P.O. Box 729, Meredith, NH 03253.

THE WINNISQUAM ECHO PUBLISHED BY SALMON PRESS

PRESIDENT & PUBLISHER FRANK G. CHILINSKI (603) 677-9083 frank@salmonpress.news

BUSINESS MANAGER RYAN CORNEAU (603) 677-9082 ryan@salmonpress.news

OPERATIONS DIRECTOR JIM DINICOLA (508) 764-4325

DISTRIBUTION MANAGER JIM HINCKLEY (603) 279-4516

MANAGING EDITOR BRENDAN BERUBE (603) 677-9081 brendan@salmonpress.news

PRODUCTION MANAGER JULIE CLARKE (603) 677-9092 julie@salmonpress.news



RC GREENWOOD

Bear boys

Alex Nichols controls the ball during his team's game with Kearsarge last Tuesday evening. The Bears dropped a 44-33 decision to the Cougars. The Bears are slated to be hosting Inter-Lakes today, Feb. 8, at 7 p.m.

Every loss holds a lesson

Loss is a part of everyone's life, as common as the air we breathe. It's one of those things we all face – the deep sadness of saying goodbye.

It could be the final goodbye to a family member, a close friend, or someone else we hold dear. We know these moments are coming, but that doesn't make them any easier. They're like uninvited guests who show up, reminding us how precious our time is with the people we care about.

As a poet once said, "Sometimes, only one person is missing, and the whole world seems depopulated."

Then there's the kind of loss that sneaks up on us, the kind we don't talk about much. It's not about the unavoidable end of life but the relationships that drift apart because of what we do or don't do.

In these moments, we might lose someone and part of ourselves. This is particularly true when we invest so much in our relationships that our identity diminishes. We can lose sight of who we are outside of these connections, and the loss of self can be as profound

as the loss of the other.

Take, for instance, the time I lost a business partner. We clashed over a business decision that seemed unfairly balanced and not mutually beneficial to me. I tried to find a middle ground. I sought a compromise, hoping to preserve our partnership, but a compromise was outside his agenda. In the end, we had to part ways. Why did it happen? That's something I might never fully understand.

I also recall a friend who suddenly stopped talking to me. We used to spend a lot of time together – sharing meals, attending church, and just enjoying each other's company. Then, out of nowhere, he cut off all communication. I tried reaching out multiple times – calls, texts, emails – but got very little response. Four years passed before he started talking to me again. Even when I asked him about the reason for his long silence, he never gave me a straight answer.

I was deeply in love with a woman who didn't share my feelings. Despite my persistent efforts over the years, her

feelings didn't change. I may never fully understand why it didn't work out.

These experiences, though painful, remind us that not all losses seem preventable. In life, we're often faced with situations that are beyond our control. But what about the losses we might prevent?

Consider your relationships, not just with your spouse but also with your friends – are you nurturing these bonds with the care and respect they deserve?

Often, we take our closest relationships for granted, not realizing the value of what we have until there's a risk of losing it. The erosion of trust is a subtle yet profound form of loss, and it isn't confined to romantic relationships alone. It creeps in when we neglect our partners' and friends' needs, feelings, or expectations. Once trust is damaged, whether in a marriage or a friendship, rebuilding it can be a long and challenging road.

And what about your customers? When we lose a customer, it's the loss of an opportunity to serve and to make a meaningful impact. Are you paying attention to

their needs and expectations to contribute positively to their day or solve a problem they're facing?

Winning back a customer after they've left can be significantly more challenging than maintaining that relationship.

So, what can we do in the face of potential loss? We can strive to be kind, communicate openly, and cherish our time with those around us. We can work on being understanding and patient. And when someone steps back into our lives, we can welcome them with open arms, knowing that relationships are sometimes mysterious and require understanding.

Loss, in its many forms, is an inevitable part of life. But each loss carries a lesson.

It's been said that you learn more from loss than you do from gain.

Ultimately, it's not just about preventing loss; it's about embracing the learning and growing that comes from it. And that's a positive take on one of life's most challenging experiences.

LETTERS TO THE EDITOR

A teacher I will never forget

To the Editor:

We lost a great teacher last month. Claire Gassett died.

Claire taught English at Winnisquam for 31 years before retiring in 1998. She may not have been the most flamboyant teacher at the high school, but she was the best. Her students loved her, and she loved them back. They learned to read with empathy and to write with clarity. They evaluated each other's writing, and they discussed what they read. More importantly, they learned to treat each other with respect. Claire could be a stern taskmaster, but discipline was fair, and her classes knew it. Our assistant principal told me in 31 years, she almost never sent a student to the principal's office.

Claire was a voracious reader herself, always reading important new writers and keeping up with the latest research. In staff development meetings

Claire often knew about the innovations the rest of us were just learning about. Because she had implemented many of those innovations in her classroom, she knew which were useful, which needed tweaking, and which were baloney. If the latter, watch out. Claire never hesitated to speak her mind, and her honesty could be brutal if she sensed you were bullshitting her.

When I met Claire in the summer of 1971, I had just been hired as her supervisor. I was a cocky 35 year old, armed with two years of teaching experience and a Harvard degree.

Claire taught me I still had a lot to learn.

Few people have impacted my life as much as Claire. I will never forget her:

Stephen Tessler  
Sanbornton



# GOING OUT OF TOWN

## Rediscovering charming Newburyport



The Inn Street Mall and its fountain are a prominent part of Newburyport’s downtown.

BY ERIN PLUMMER  
mnews@salmonpress.news

A fun part about road tripping and visiting local places is rediscovering places I last visited a long time ago, and discovering what makes such a place amazing. My recent trip to Newburyport, Mass., was a big example of it. In 2013, I visited there briefly with friends. More than a decade later, I finally brought myself back and found a lovely city with a lot of fun areas to explore and an amazing history.

Newburyport is located on Massachusetts’ North Shore, along the Merrimac River, and is easily accessible by I-95 and Route 128.

The only time I had been to Newburyport before was a side trip while visiting a few friends in the Salem, Mass. area. We took a quick drive to Newburyport earlier one evening, walked around a little, and grabbed dinner before heading back to Salem. After 10 years, I’ve been thinking of checking out Newburyport on my own, then I came across some webcams from around downtown and my interest was piqued again.

When I went down, I had no idea where along the North Shore it was. I ended up being pleasantly surprised it was actually not that far over the state line and maybe around half an hour away from Portsmouth. After a shorter than expected drive, I found a parking spot and started my usual exploratory crawl.

When I got to Newburyport, I was surrounded by lovely brick buildings and intersecting sidewalks, all of which just begged to be explored. It was slightly overwhelming; I didn’t know where to start. After a while I accepted that there was no way I would be able to explore the entire downtown in one afternoon and looked at everything I could in a short space.

The majority of the

buildings in downtown Newburyport are big brick buildings. You can just see the history in its architecture and its layout.

According to the Greater Newburyport Chamber of Commerce and Industry, the area was originally settled by the Pawtucket Tribe, with Europeans arriving in 1630. Capt. Paul White built the first wharf in 1655 and a booming maritime industry followed. The city of Newbury was created and became a bustling port by the mid 1700’s.

In 1811, a massive fire destroyed much of downtown Newburyport, which proved to be a devastating blow to the city’s economy. In 1851, Newburyport broke off from Newbury to become its own city. At the same time, a series of state-of-the-art steam powered mills opened in the city that greatly helped the city’s economy.

The downtown area experienced a decline in the 1950s, with many buildings that had been part of the city’s history sitting abandoned. According to History Newburyport, by the 1960’s, plans were underway for the city to demolish much of the historic buildings and replace them with a strip mall and parking lots. A group formed under the Historical Society of Old Newbury to restore the old buildings and the city received federal Urban Renewal funds to help with the process.

After years of community efforts, Mayor Byron Matthews took on the initiative to renew the downtown area and find new uses for its historic buildings. As a result, Newburyport experienced a significant renewal. Several landmarks around the downtown area pay tribute to Mayor Matthews for his efforts that ended with urban renewal of Newburyport. One of these places is Byron’s Court with a large piece

of stone with a bronze plaque recognizing Matthews’ efforts. Matthews passed away in 2023 at the age of 94.

So many of the city’s historical buildings are still standing and have many different uses by businesses. The buildings reflect the city’s eclectic history and nature. On one street is the Newburyport Rear Range Lighthouse, a literal brick lighthouse right downtown. Just a few blocks away is a firehouse from 1834 that was renovated and repurposed with an olive-green exterior, a yellow fence, and red trim.

One of the most prominent areas of downtown is the Inn Street Mall, a wide courtyard between the brick buildings. The Inn Street Mall was the center of the great fire of 1811, and now it’s a pedestrian area. In the center is a fountain that was constructed and dedicated in 1975 to the city’s maritime history.



The inside of Mill No. 1 at Tannery Marketplace.

Eventually, I found myself on a few side streets, and thought I was going away from downtown. That’s when I saw what I immediately recognized as old brick and metal mill buildings, only packed with so many stores, restaurants, and offices.

This is the Tannery Hill Marketplace, a series of buildings that now house an assortment of businesses. According to Tannery Marketplace, the first three mill buildings once were the home of Prime Tanning Co., who sold he buildings to Hall and Moskow and David in 1985. After an environmental clean-up, the new mall offered space for incubator businesses. The campus expanded when the Mercury Anodizing building was purchased in 1992 to become Mill No. 4 and the construction of a building over a tank farm became Mill No. 5.

Each building is numbered with arrow signs posted outside indicating where different businesses are located. Each of the different buildings have a unique layout. Each utilize the space in the different buildings and fill them out with new businesses.

Several businesses are located inside Mill No. 1 and the building was fun to explore with all its lofts and iron stairs. Most of the businesses in the other buildings are on the exterior. Mill No. 5 has a metal and wood structure that was fun to climb up.

My wandering ended at the boardwalk along the river right by the marina, another area that



Mill No. 5 is part of the Tannery Marketplace that repurposed unused mills and industrial structures into space for burgeoning businesses.

was created through the urban renewal of the 1970s. The Mayor Peter J. Matthews Memorial Boardwalk was dedicated to another mayor who worked hard for the city’s renewal in the 1990s. The boardwalk provided some lovely views over the river along with boats and water birds. Normally, I would park on a bench in an area like this, but it was a little too chilly that day.

I ended my visit to Newburyport with a stop at The Angry Donut and Cafe, one of the first places that caught my eye in town. I made a point to go there after I was done some wandering. The Angry Donut is a small café with a lovely pink interior. It still had a Christmas tree up, loaded with doughnut-shaped ornaments. Considering that I collect food-shaped orna-

ments myself I was getting ideas from this tree.

As for the donuts themselves, they were amazing. I got a maple bacon and a raspberry chocolate. The maple bacon tasted like a guilty pleasure breakfast. The raspberry chocolate had a bright burst of raspberry flavor over a pillow surface. I resisted the urge to get a whole dozen more in different flavors, but I might not be able to resist the urge next time.

When I left, I already knew I wanted to come back again. Given how close it is I might visit a little more often and properly explore, especially in the warmer months. Even though I had been here a long time ago, it still felt like a fun find with a lot of nooks, crannies, and history to explore.

## Forest Pump & Filter Co.

Serving The Greater Lakes Region Area for Over 50 Years

### WE DO IT ALL

WELL DRILLING

PUMP SYSTEMS

FILTERS

*Family Owned Business for 40 Years*

**CALL FOR SERVICE**

**FOREST PUMP & FILTER CO., INC.**

**603-332-9037**

### NORTH COUNTRY COINS, LLC

BUYING • SELLING • APPRAISALS  
Est. 1989

WWW.NCCNH.COM  
TUES - FRI 10-5 • SAT 10-3

#### HIGHEST PRICES PAID

All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.

**NORTH COUNTRY COINS.**  
Main St., Plymouth, NH 536-2625.

Paid Advertisement

**Edward Jones: Financial Focus**

**Benefits of fixed-income investments**

When many people think about investing, the first thing that comes to mind is the stock market. And that’s not surprising, as the rise and fall of stock prices is constantly in the news. But if you’re going to achieve your financial goals, you may well need to look beyond stocks and include fixed-income investments in your portfolio.

Fixed-income investments offer three important benefits:

- Income – When you invest in fixed-income vehicles, such as bonds, Treasury securities and certificates of deposit (CDs), you receive regular income in the form of interest payments. And you continue to receive this income until your investment matures or you sell it, no matter what’s happening in the financial markets. Of course, the income you can receive from fixed-income investments will always depend on the interest rates at which these investments were issued. But if you

Paid Advertisement

own a mix of long-term and short-term fixed-income investments, you can gain some protection against fluctuating rates. When market rates are low, you can get greater income from your longer-term bonds, which typically — although not always — pay higher rates. And when market rates rise, you can benefit by reinvesting the proceeds from your shorter-term bonds.

- Diversification – If you were only to own stocks, or stock-based mutual funds, your portfolio would be susceptible to higher risks, especially with market downturns. But you may be able to reduce the impact of market volatility by adding fixed-income investments to your holdings. Bond prices often move in a different direction from stocks, so if stock prices are falling, you might find that the value of your bonds is rising. You can also diversify within the fixed-income portion of your portfolio by owning a mix of

Paid Advertisement

corporate and Treasury bonds, as well as CDs, just to name a few.

- Stability – As mentioned, you will always receive interest payments from your bonds if you hold them until maturity. But if you wanted to sell your bonds before they mature, you could get more, or less, than what you originally paid for them. When market interest rates rise, the price of your current bonds will likely fall, as no one will pay you the full price for them when they get newer ones that pay more — this is what’s known as interest-rate risk. Conversely, when market rates fall, the prices of your current bonds will probably rise. But here’s the key point to remember: Bond prices generally don’t fluctuate as much as stock prices. In other words, bonds are typically less volatile than stocks. Consequently, owning bonds can add diversification to your portfolio. And to maximize the stability

Paid Advertisement

lizing effects of bonds, you may want to stick with high-quality bonds rated as “investment grade” by independent bond-rating agencies.

How much of your portfolio should consist of fixed-income investments? There’s no one right answer for everyone. And over time, your interest in these types of investments may well change — for example, as you near retirement, you may want to consider shifting some of your growth-oriented investments into income-producing ones, though you’ll still need some growth potential to keep up with inflation. In any case, the combination of income, diversification and stability provided by bonds and similar securities should be compelling enough for you to find a place for them in your investment mix.

Paid Advertisement

**Jacqueline Taylor**  
Financial Advisor  
3 Mill Street  
PO Box 176  
Meredith NH 03253  
603-279-3161  
Fax 866-532-8685  
jacqueline.taylor@edwardjones.com

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC  
Edward Jones, its employees and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation.  
Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.




*Belknap Mill receives  
NH Humanities grant  
for virtual writing  
program*

New Hampshire Humanities nurtures the joy of learning and inspires community engagement by bringing life-enhancing ideas from the humanities to the people of New Hampshire. They connect people with ideas. Learn more at [www.nhhumanities.org](http://www.nhhumanities.org).

23. Signal
24. Pitching statistic
25. Human being
26. Malaysian isthmus
27. The "Blonde Bombshell"
34. A gland
35. Bluish greens
36. Endangered
37. Three-dimensional
38. In a way, precipitated
39. God associated with dissolution
40. Blemished
41. Flow or leak slowly


[illegible]

# PETS OF THE WEEK




**Brady**

Meet Brady! This handsome pup is eager for a life of adventure in the great outdoors. Brady enjoys spending time in the woods and even making friends with other dogs here at the shelter! He has an easy going personality and would do best with adult friends only.



**Mia**

Meet Mia! This gentle girl is looking for rest and relaxation in her forever home. In Mia's calm future household, she is hoping for a little extra time to warm up and humans to help build her confidence in a new environment.



**NH Humane Society**  
Over a century of love for those without a voice. 1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539



## COLBY

CONTINUED FROM PAGE A1

Department of Defense, as well as serving the country as a member of the U.S. Army. He grew up just a “stone’s throw away” from the Northfield town line in Canterbury and has since made his home in Northfield with his wife and children. He joined the Northfield Police Department as their lieutenant in July of 2022 and is happy to feel at home there once again.

“Chief Colby is a driven and confident officer who has demonstrated leadership and integrity, loves this community where he grew up and strives to make Northfield a safe and inviting place to live and grow

up,” selectmen said in their town newsletter.

Among those on hand for the swearing in ceremony last week were three of Northfield’s previous police chiefs, former Chief Scott Hilliard (1995-2006), Chief Steve Adams (2006-2013), and Chief John Raffaelly (2013-2023). Prior to Colby’s swearing in, Chief Michael Hutchinson also served a brief stint during 2022 and 2023 before retiring this past December; but he was regrettably unable to attend the ceremony last week.

Scott Hilliard said he was pleased to see Colby become the next in line for the role and, with a big smile, offered a challenge to the new chief.

“I told him he needs



Bryn Colby was given the honor of pinning her husband Jesse’s uniform with a new badge last Tuesday evening after he was sworn in as Northfield’s new Chief of Police by Selectman Mark Hubbell, who looked on.

to beat my record as the longest serving chief in Northfield (11 years and nine months to be ex-

act),” said Hilliard. “And he’s young enough to do it!”

Chairman Durgin

said the board was excited to welcome Colby as their new chief and felt he was a “good pick”

from within the department.

“He went through the application process (two years ago) and as second in command we felt he was right to be promoted to chief this time. We’re very excited about this,” said Durgin.”

The board as a whole also said in their written statement, “We are confident Chief Colby will persist in leading the department forward, carrying on the commendable efforts of his predecessors. We are enthusiastic about the initiatives underway to attract and retain the qualified officers that the Town of Northfield rightfully deserves in the months ahead.”

## F1

CONTINUED FROM PAGE A1

design specifications. Powered by CO2 cartridges, they are raced on a 66-foot-long track, earning team points for the fastest time and quickest driver reaction. Teams must also create a series of project elements for competition, including a Pit Display, several work Portfolios, and an oral presentation for a panel of industry experts and racing professionals. This incredible experience brings the components of STEAM (Science, Technology, Engineering, Art and Math) together with the 4C’s of 21st Century Learning - critical thinking, communication, collaboration, and creativity. It opens doors to future career opportunities in engineering, manufacturing, marketing and graphic design, while building the independence and leadership skills students need to be successful beyond high school.

Winnisquam Regional High School has four F1 in School teams: Team STS Aerospace Juno,



COURTESY

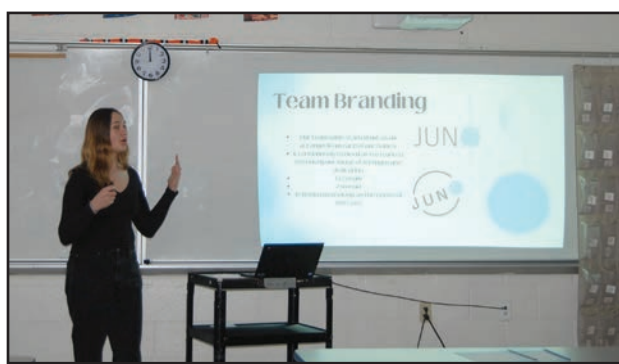
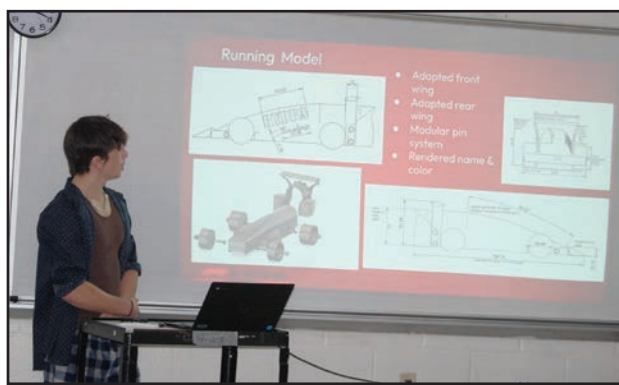
Pictured above students Beni Griffin of Team STS Aerospace Juno, Dylan Griffin of team Hydra, Isabelle Camerato of Team Cosmic-Raycing by Grappone Honda share their Formula 1 Team information with potential sponsors

Team Cosmic-Raycing by Grappone Honda, Team Hydra and Team Mercury.

These teams will compete locally against Laconia High School’s F1 in Schools teams; at least one WRHS team will go on to compete in the F1 in Schools-North America National Finals this spring in Charlotte, N.C. WRHS Team Marketing Managers have been actively seeking sponsorships to raise the funds needed for competition, including car materials, team uniform shirts, Pit Display materials,

portfolio printing, travel expenses and registration fees. The estimated cost for competition is approximately \$5,500 per team. The students are incredibly excited for the chance to go Nationals and demonstrate the skills they have learned in front of industry professionals.

On Jan. 24, WRHS F1 in Schools teams hosted a Sponsorship Day for local and area businesses, showcasing their car designs, portfolios, and team logos. Each pitched their Team, car, and body of work



to businesses in attendance and answered their questions - in effort to secure sponsorship funds. Demo races allowed students to show off their reaction times and unique car designs. Student presentations included an introduction of team members, an explanation of their car design and specifications, a summary of their marketing plan, a list of current sponsors and a description of the team logo. Each team also shared their spon-

sorship packages and explained how sponsors would benefit from funding their team. Shawn Lloyd and Matt Anderson from STS Aerospace and Ben Braggins from Elektrasola attended the presentations and took the opportunity to question the teams about their car design and sponsorship packages.

WRHS teachers Dr. Christopher Foster and Mr. Kevin VanGorden have worked together to get the F1 In School pro-

gram off the ground.

VanGorden said, “It has been fascinating to see how the students and the class have evolved in its first year. Students are learning in a way they didn’t know they could before. There is a realness to the class, that the work they put into it directly relates to how well the team does. Students can express themselves in their work and create a team identity. They have accepted the challenge of presenting their work to companies in order to gain sponsorship, taking it with a seriousness I had never seen from some of them. I am proud of the work they have demonstrated so far this year. The next challenge is raising enough money to get to Nationals, a challenge that our students are striving for.”

Sponsorship opportunities are still available. If you are interested in supporting the WRHS F1 In Schools Teams, please contact either of the teachers at cfoster@wrdsau59.org or kvan-gorden@wrdsau59.org.

## ALPINE

CONTINUED FROM PAGE A1

with a time of 1:11.97 and Ashworth was 24th in a time of 1:19.24.

Ella Stevens led the Belmont girls with a fifth place finish in the morning giant slalom in 56.73 seconds. Riley Degange was 19th in 1:04.21, Meg Soucie placed 22nd in 1:04.56, Cate McDonald was 30th in 1:09.31 and Anna McDonald finished in 37th place in 1:15.19.

Stevens took the win in the afternoon slalom, finishing in a time of 54.96 seconds. Degange was 16th overall in 1:13.88, Soucie was 22nd in 1:16.11 and Cate McDonald rounded out the scoring in 28th in 1:22.19. Anna McDonald was 33rd overall in 1:28.16.

The Raiders are slated to compete at Gunstock Friday, Feb. 9, for the final regular season meet. The Division III State Meet for the boys is Tuesday, Feb. 13, and for the girls is Wednesday, Feb. 14, with both taking place at Gunstock.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Ryan Cribbie races in the slalom last Friday afternoon at Gunstock.



Anna McDonald skis in the slalom during the Winnepesaukee Alpine Race last Friday.



Landon Bormes races for Belmont during last week's meet at Gunstock.

## Make a difference in your community

**Are you a nurse looking for a rewarding career close to home?**  
Our award-winning team provides personalized home health and hospice care to families in the Lakes Region.

You'll enjoy our fun culture and excellent compensation, benefits and career growth opportunities. Flexible scheduling gives you more time for your patients – and for yourself.

Visit [granitevna.org/careers](https://granitevna.org/careers) to learn more and to join our team!

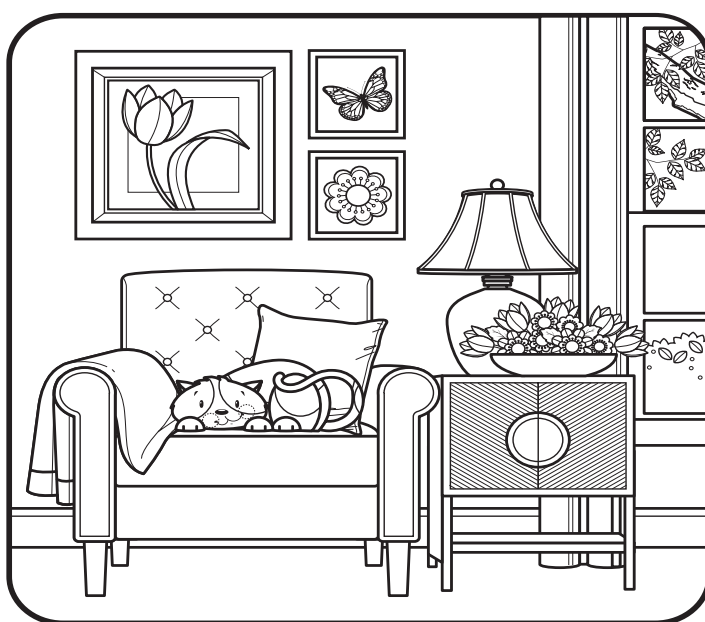
Concord • Laconia • Wolfeboro | 603-224-4093 • 800-924-8620

**Granite VNA**

CELEBRATING  
**125**  
YEARS

Granite VNA is an equal opportunity employer.

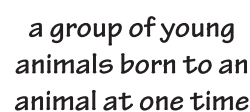




Answers: Tail, Paws, Pounce, Whiskers; Take a cat nap.


# HISTORY

- **1855:** MICHIGAN STATE UNIVERSITY IS ESTABLISHED.
- **1909:** THE NAACP IS FOUNDED.
- **1915:** THE FIRST STONE OF THE LINCOLN MEMORIAL IS PUT INTO PLACE IN WASHINGTON, DC.



**GERMAN: Fell**

THE THICK, SOFT PADS ON CATS' PAWS  
ALLOW THEM TO SNEAK UP  
ON THEIR PREY BY WALKING  
VERY QUIETLY.

A stylized illustration of a cat's head and paws. The cat has a grey face with white markings on its chest and paws. It is wearing a small, dark, pointed hat. The cat is looking towards the left.

**Can you guess what the bigger picture is?**

ANSWER: CAT FACE



*Clue: Rich and creamy treat*

Answers: A. sweets B. romance C. card D. chocolate

	5	3						
		4				2	8	
					6	9		
7		9						
3		1	5	8				9
			1			6		
			3		4	7		1
			6		1		3	

**Level: Advanced**

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

4	9	5	3	2	4	8	1	6	7
9	5	3	2	4	8	1	6	7	
6	7	4	9	1	5	2	8	3	
2	1	8	7	3	6	9	5	4	
7	8	9	4	6	2	3	1	5	
3	6	1	5	8	7	4	2	9	
5	4	2	1	9	3	6	7	8	
8	2	6	3	5	4	7	9	1	
1	3	7	8	2	9	5	4	6	
4	9	5	6	7	1	8	3	2	

ANSWER:



# Local resident named to Dean’s List at Saint Michael’s College

COLCHESTER, Vt. — Chance Butler of Sanborn-ton was named to the Dean’s List at Saint Michael’s College for the Fall 2023 semester. Students who complete at least 12 credits of classes and achieve a grade point average of at least 3.5 in a particular semester are cited on the Dean’s List for that semester.

About Saint Michael’s College  
Saint Michael’s College, founded on principles of social justice and leading lives of purpose and consequence, is a selective, Catholic college just outside Burlington, Vermont, one of the country’s best college towns. Located between the Green Mountains and Lake Champlain, our closely connected community guarantees housing all four years and delivers internationally respected liberal arts together with an innovative Purposeful Learning Program, preparing students for fulfilling careers and meaningful lives. Young adults here grow intellectually, socially, and morally, learning to be responsible for themselves, each other, and their world.

# Tilton resident named to President’s List at Dean College

FRANKLIN, Mass. — Noah Pearson of Tilton has earned a place on the President’s List for the Fall 2023 semester. Students named to the President’s List have demonstrated a serious commitment to their studies while at Dean College.

Founded in 1865, Dean College is a private, residential college located in Franklin, Mass., 45 minutes from Boston and Providence, R.I. Dean College offers baccalaureate degrees, associate degree programs, as well as a robust schedule of part-time continuing and professional education credit and certificate programs throughout the calendar year.

# Sanbornton resident named to Dean’s List at Dean College

FRANKLIN, Mass. — Dean College is pleased to announce that Madison Gilbert of Sanbornton has earned a place on the Dean’s List for the Fall 2023 semester. Students named to the Dean’s List have demonstrated a serious commitment to their studies while at Dean College.

Founded in 1865, Dean College is a private, residential college located in Franklin, Mass., 45 minutes from Boston, Massachusetts, and Providence, R.I. Dean College offers baccalaureate degrees, associate degree programs, as well as a robust schedule of part-time continuing and professional education credit and certificate programs throughout the calendar year.



The month of February has been home to many historical events over the years. Here’s a look at some that helped to shape the world in February 1924.

- Honduran President Rafael López-Gutiérrez refuses to leave office on February 1. López-Gutiérrez cites uncertainty regarding a successor as his reason for remaining in office after initially beginning a four-year term on February 1, 1920.
- Former United States President Woodrow Wilson falls into a coma at 10:30 p.m. on February 2. The 67-year-old former president dies less than 24 hours later.
- Thanks in part to the recommendation of British physicians, Indian freedom fighter Mohandas Gandhi is released from incarceration in Ahmedabad on February 4. Gandhi served less than one-third of his six-year prison sentence for sedition.
- Forty-one miners drown in a flash flood inside an underground iron mine near Crosby, Minnesota on February 5. The flood is caused when the crew blasts too close to the bottom of a nearby lake.
- President Wilson is buried in a vault beneath the center aisle of the chapel of the Washington National Cathedral on February 6. He remains the only president to be buried in the District of Columbia.
- In response to the

- German Embassy’s refusal to offer condolences or lower flags in honor of President Wilson, roughly 200 taxi drivers plant an American flag on the embassy lawn on February 6.
- The Fascist government of Italy formally recognizes the Communist Soviet Union on February 7.
- On February 8, Chinese national Gee Jon becomes the first person in American history to be executed with lethal gas. Jon was convicted in a gangland slaying and was put to death in an airtight chamber at the Nevada State Prison in Carson City. Elsewhere in the United States, five inmates, each convicted murderers, were put to death in Texas, marking the state’s first use of the electric chair.
- Two-hundred fifty delegates representing 61 trade unions, civic groups and fraternal organizations attend the opening day of the Negro Sanhedrin on February 11. The conference was an attempt to establish a national program protecting the legal rights of African American tenant farmers and wage workers.
- On February 13, one day after testifying in the trial of “Shoeless Joe” Jackson, Chicago White Sox outfielder Oscar “Happy” Felsch is arrested for perjury. Lawyers for the White Sox produced documents contradicting Felsch’s testimony, resulting in his arrest.

- On February 14, the Computing-Tabulating-Recording Company renames itself the International Business Machines Corporation, which would ultimately be shortened to IBM.
- U.S. Senator Frank L. Greene of Vermont is shot in the head and seriously wounded by a stray bullet during a shootout on February 15. The shootout involved bootleggers and Prohibition enforcement agents, and Senator Green was struck while walking with his wife along Pennsylvania Avenue in Washington, D.C.
- German artist George Grosz is fined 500 gold marks on February 16. The court determined a collection of Grosz’s drawings depicting the decadence of Berlin society was obscene.
- Greek Prime Minister Eleftherios Venizelos resigns on February 19. Venizelos had been in office less than four weeks.
- U.S. President Calvin Coolidge becomes the first President to make a radio broadcast from the White House on February 22.
- Prime Minister Ahmet Zogu of Albania is shot twice by anarchist Beqir Valteri on

February 23. Often referred to as Zog I of Albania, the prime minister reportedly survived more than 50 assassination attempts over the course of his life. Though Valteri’s efforts were unsuccessful, Zo-

gu’s injuries forced him to step away from office for a short period following the shooting.

- On February 24, the Beverly Hills Speedway hosts its final race. The speedway is torn down as property values in

Beverly Hills skyrocket.

- Trials related to the Beer Hall Putsch that occurred on November 9, 1923, begin in Munich on February 26. Adolf Hitler and Erich Ludendorff are among those put on trial.

## LEGAL NOTICE

**February 1, 2024**  
**STATE OF NEW HAMPSHIRE**  
**DEPARTMENT OF ENVIRONMENTAL SERVICES**  
**WATER DIVISION**  
**CONCORD, NEW HAMPSHIRE**

**NOTICE OF PUBLIC HEARING**  
**RSA 482-A:8, Env-Wt 202, Env-C 205.03**

The New Hampshire Department of Environmental Services Wetlands Bureau (NHDES) is providing notice of a public hearing scheduled for February 16, 2024, commencing at 2:00pm. The hearing will be held at NHDES, Room 208C located at 29 Hazen Drive in Concord, NH.

The purpose of this public hearing is to receive public comments regarding NHDES application #2023-02605, submitted by Eversource Energy, requesting to replace 67 structures (in wetlands) and overhead wires along its existing S136 transmission line and proposes 1,244,658 square feet (28.57 acres) of temporary impacts (1,017,700 square feet of impacts to scrub-shrub wetlands and 226,958 square feet of impact to emergent wetlands) and 2,760 square feet of permanent impacts to wetlands. Approximately 12.1 acres of the temporary impacts and 1,240 square feet of the permanent impacts are proposed within Priority Resource Areas and 14.5 acres of the temporary impacts are proposed within Histosol Wetlands. The proposed project extends from Whitefield through Jefferson, Randolph and Gorham, to Berlin, and includes impacts to Pondicherry Wildlife Refuge (Whitefield).

The public hearing will be digitally recorded and made part of NHDES application #2023-02605.

Members of the public may submit written comments to be included in this application hearing as follows:

- Email: [WetlandsApplicationPublicComments@des.nh.gov](mailto:WetlandsApplicationPublicComments@des.nh.gov),
- First-class mail: NHDES, 29 Hazen Drive, PO Box 95, Concord, NH 03302-0095, or
- Hand-delivered during this application hearing.

All written comments must include NHDES application #2023-02605, to ensure the written comments are included in the record of this application hearing.

Prior to the conclusion of the hearing, a party may request the record be left open for a specified length of time for the filing of information not available at the hearing. Otherwise, the record will be closed at the end of the hearing.

The file will be made available for review at the offices of NHDES, 29 Hazen Drive, Concord, NH during regular business hours of 8 a.m. to 4 p.m. To schedule an appointment to review the file, submit a request to: [filereview@des.nh.gov](mailto:filereview@des.nh.gov).

## GENERAL SERVICES

### LOW COST SPAY/NEUTER

Rozzie May  
Animal Alliance, cats and dogs.  
Cat Cab service available.  
Military discounts.

Sign up on line  
[www.rozziemay.org](http://www.rozziemay.org)  
or call 603-447-1373

**For Advertising Information**  
**Call 603-279-4516**  
**email: Tracy@salmonpress.news**



# Bear girls fall to Kearsarge, Fall Mountain

BY JOSHUA SPAULDING  
Sports Editor

TILTON — The Winnisquam hoop girls went toe-to-toe with the Kearsarge Cougars for three quarters on Monday, Jan. 29. However, the Cougars used a 12-2 run to close out the third quarter and held off the Bears for the 58-44 win.

“We were able to tie it at 28 with three minutes to go in the third when Kearsarge went on a 12-2 run to end the quarter to go up 40-30 after three,” said coach Mark Dawal-

ga. “That stretch was the difference in the game.

“In the fourth we were able to cut it down to seven, but give Kearsarge credit, they made some big shots and made their foul shots to seal the win,” the Bear coach said.

Lauren MacDonald led the offense with a double-double, pouring in 18 points and pulling down 10 rebounds while Caidyn Carter had 12 points and Triniti Carter had eight points and seven rebounds. On the

defensive side of things, Vanessa Power had four rebounds, as did Bella Sargent, while Sophia Braun also had a solid defensive day.

The Bears dropped a 52-41 decision to Fall Mountain on Wednesday, Jan. 31.

“Give Fall Mountain credit tonight,” Dawalga said. “They played really well.

“I thought tonight we were a step behind the whole game,” the Bear coach added, noting his team cut an 11-point defi-

cit to just five with five minutes to go, but could not get any closer.

MacDonald had 12 points to lead the offense, while Caidyn Carter added 10 and Braun finished with six points.

The final game of the regular season is scheduled for today, Feb. 8, at Inter-Lakes at 6 p.m.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

## HIGH SCHOOL SLATE

Thursday, Feb. 8
WINNISQUAM
Boys’ Hoops vs. Inter-Lakes; 7
Girls’ Hoops at Inter-Lakes; 6
Wrestling at Kearsarge; 6
Friday, Feb. 9
BELMONT
Boys’ Hoops at Gilford; 6
Girls’ Hoops vs. Gilford; 6
GILFORD
Alpine Skiing at Gunstock; 10
Boys’ Hoops vs. Belmont 6
Girls’ Hoops at Belmont; 6
Saturday, Feb. 10
BELMONT-GILFORD
Hockey vs. Hollis-Brookline-Derryfield; 4:45
GILFORD
Nordic Skiing at Plymouth; 10:30
WINNISQUAM
Wrestling at Hollis-Brookline; 10
Wednesday, Feb. 14
BELMONT-GILFORD
Hockey at Pembroke-Campbell; TBD
GILFORD
Nordic Skiing at Whitaker Woods; 3
Thursday, Feb. 15
GILFORD
Nordic Skiing at Bishop Brady; 3
All schedules are subject to change.



REAL ESTATE



**MEREDITH OFFICE**  
97 Daniel Webster Hwy  
(603) 279-7046

**LACONIA OFFICE**  
1921 Parade Road  
(603) 528-0088

*Find us across social media @rocherealty*  


Search New Hampshire properties at [www.rocherealty.com](http://www.rocherealty.com)



**\$459,900**  
MLS# 4983421

Gilford: 3BR/2BA ranch on 1.77 acres. With many recent upgrades including a new roof, siding, windows, and more. The open concept layout is ideal for entertaining. A short drive to Gilford Town Beach.



**MLS# 4983370**  
MLS# 4983371

Meredith: Two commercial lease spaces available in downtown. One is perfect for a solo practitioner the other great for an office space. Close to public parking, Within walking distance to town hall, and the post office. Call for details.



**\$529,900**  
MLS# 4983494

Laconia: 3BR/2BA bright and spacious home has a completely upgraded kitchen, hardwood floors, beautiful stone fireplace, two bedrooms on the first floor, additional living space downstairs, and a primary suite on the second.



**\$515,000**  
MLS# 4981184

Epsom: **BACK ON THE MARKET!** 4BR/2BA, 2,394 sf. charming cape boasting the perfect blend of modern amenities and classic appeal with custom flooring, cozy fireplace, eat-in kitchen, spacious deck, and farmers porch where you can watch breathtaking sunsets.



**Over 10,000 CLOSED transactions in New Hampshire!**  
**Voted #1 BEST Real Estate Company in NH's Lakes Region five years in a row, and #1 BEST Commercial Real Estate Broker!**

\* Statistics obtained from NEREN for the past 24 years since 1997 for all real estate firms reporting sales in the entire state of NH during that time.



Feeling a little Crowded?  
Look for that new home in our real estate section.

Break out of the same monotonous routine and find an exciting new job.

See the classifieds today!



TO VIEW THESE AND OTHER PROPERTIES, VISIT:

Alpine Lakes Real Estate: [www.alpinelakes.com](http://www.alpinelakes.com)

Badger Peabody & Smith Realty: [www.peabodysmith.com](http://www.peabodysmith.com)

Bean Group: [www.beangroup.com](http://www.beangroup.com)

Century 21 Country Lakes Realty: [www.countrylakesrealty.com](http://www.countrylakesrealty.com)

Century 21 Twin Rivers Realty: [www.nhreal21.com](http://www.nhreal21.com)

Coldwell Banker: [www.cboldmill.com](http://www.cboldmill.com)

Coldwell Banker Residential Brokerage  
[www.newenglandmoves.com](http://www.newenglandmoves.com)

ERA Masiello: [www.masiello.com](http://www.masiello.com)

Exit Lakeside Realty Group: [www.exitlakeside.com](http://www.exitlakeside.com)

Granite Group Realty Services:  
[www.granitegrouprealtyservices.com](http://www.granitegrouprealtyservices.com)

Gowen Realty: [www.gowenrealty.com](http://www.gowenrealty.com)

Kressy Real Estate: [www.kressy.com](http://www.kressy.com)

Lakes Region Realty: [www.lakesregionrealestate.com](http://www.lakesregionrealestate.com)

Lamprey & Lamprey Realtors: [www.lampreyandlamprey.com](http://www.lampreyandlamprey.com)

Maxfield Real Estate: [www.maxfieldrealestate.com](http://www.maxfieldrealestate.com)

McLane Realty: [www.mclanerealtyplymouth.com](http://www.mclanerealtyplymouth.com)

Mountain Country Realty: [www.mountaincountryrealestate.com](http://www.mountaincountryrealestate.com)

Nash Realty: [www.nashrealty.com](http://www.nashrealty.com)

New Hampshire Colonials Real Estate: [www.squamlake.com](http://www.squamlake.com)

Noseworthy Real Estate: [www.noseworthyrealestate.com](http://www.noseworthyrealestate.com)

Old Mill Properties: [www.oldmillprops.com](http://www.oldmillprops.com)

Pine Shores Real Estate: [www.pineshoresllc.com](http://www.pineshoresllc.com)

Preferred Vacation Rentals: [www.preferredrentals.com](http://www.preferredrentals.com)

Remax Bayside: [www.baysidenh.net](http://www.baysidenh.net)

Roche Realty: [www.rocherealty.com](http://www.rocherealty.com)

Strawberry Lane Real Estate: [www.strawberrylane.com](http://www.strawberrylane.com)

Town & Forest Realty: [www.townandforest.com](http://www.townandforest.com)



285 Daniel Webster Highway  
(603) 677-7007  
[www.MeredithLanding.com](http://www.MeredithLanding.com)

OUR OPEN HOUSES FOR SATURDAY 2-8



**WAKEFIELD: 61 ANNE LANE**  
Pine River Pond lake and boating access with this 4 BR/2 full bath newly built home. Features direct entry garage, HW floors, central air, granite counters, plus a whole house generator. Great low tax town!!  
**\$450,000 #4982338**  
**OPEN HOUSE 10AM-NOON**



**WAKEFIELD: 202 THOMPSON ST.**  
Located near Little Squam Lake, this updated Cape features a 1st fl primary BR, 2 additional BRs, 2 baths, a fireplace, full basement, landscaped backyard, and wonderful mountain views! Awesome location!!  
**\$430,000**  
**OPEN HOUSE 11AM-2PM**



**Equal Housing Opportunity**  
All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.  
(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))  
This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.  
To complain of discrimination call HUD toll free at 1-800-669-9777  
For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.  
You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301  
Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.



EQUAL HOUSING OPPORTUNITY



**ALWAYS OPEN DAILY • 10 TO 6 SATURDAYS & 10 TO 5 SUNDAYS**  
**NEW 14' WIDES**  


List Price: \$86,995  
**\$77,995\***  
66' 3 Bed, 2 Bath



List Price: \$83,995  
**\$78,995\***  
68' 2 Bed, 2 Bath

**DOUBLE WIDES**  


List Price: \$104,995  
**\$99,995\***  
52' 3 Bed, 2 Bath



List Price: \$130,995  
**\$123,995\***  
48' 3 Bed, 2 Bath

**\*PRICES SUBJECT TO CHANGE**  
**Homes From COLONY, MARLETTE, NEW ERA & TITAN**  


List Price: \$131,995  
**\$128,995\***  
48' 3 Bed, 2 Bath



List Price: \$130,995  
**\$123,995\***  
48' 3 Bed, 2 Bath

**MODULARS**  


**\$119,995\***  
2 Bed, 1 Bath



**\$179,995\***  
1,568sq ft. 2 story. 3 Bed, 2.5 Bath.

Visit Our Website: [WWW.CM-H.COM](http://WWW.CM-H.COM)

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?  
Rt. 3, Tilton NH, exit 20 on Rt. I-93 across from Lakes Region Factory Mall

THE REAL ESTATE SECTION

FIND THE HOMES OF YOUR NEIGHBORHOOD



**Precision Lumber Inc.**

**IMMEDIATE OPENINGS**

**DAYTIME SHIFT**  
**BENEFITS INCLUDE**  
VACATION, SICK AND HOLIDAY PAY, INSURANCE,  
CREDIT UNION, 401(k) PLAN, ATTENDANCE BONUS

**Apply in Person**  
or email [precisionlumber@lumbemh.com](mailto:precisionlumber@lumbemh.com)  
to request us to email an application

**Precision Lumber Inc.**

576 BUFFALO ROAD, WENTWORTH NH 03282

**Precision Lumber Inc.**

**WATCHMEN WANTED**

**PART TIME WATCHMEN**  
**POSITIONS AVAILABLE**

**Precision Lumber Inc.**

576 BUFFALO ROAD, WENTWORTH NH 03282  
[WWW.LUMBERNH.COM](http://WWW.LUMBERNH.COM)  
603-764-9450

# Step Up Your Advertising Game




Talk our experienced ad consultants today about advertising in one of our papers.

## Advertising Works

**Contact Tracy**  
(603) 616-7103 • [tracy@salmonpress.news](mailto:tracy@salmonpress.news)

**or Lori**  
(603) 444-3927 • [lori@salmonpress.news](mailto:lori@salmonpress.news)

WANTED  
HELP

**PRECISION CNC MACHINING**

**CUSTOMER RELATIONS AND PLANNING**

ATS Precision specializes in the manufacture/CNC machining of aerospace products, valve components, biotech products, military hydraulics, microwave connectors, medical machining, and welding.

We are hiring for our Customer Relations and Planning position. The person in this position is the front line of communication with our customers. Candidates must have an exceptional phone manner, computer knowledge including data entry with accuracy, and a strict attention to detail. Multi-tasking is essential. Experience in a machine shop/manufacturing atmosphere is a plus. Some of the responsibilities include, but are not limited to, order entry, interacting with the production team and keeping customers updated on changes in production - including date changes and expedites, weekly reports for customers, end-of-month internal reports, and shared phone coverage for incoming calls. This is a 40-hour work week position Monday through Friday 8:00 a.m. to 4:30 p.m.

ATS Precision offers competitive wages, personal/sick time, vacation time, health insurance, education reimbursement and 401k. Email resumes or application requests to [luree@atsprecision.com](mailto:luree@atsprecision.com) or stop by to fill out an application. ATS Precision, 87 NH Route 132N, New Hampton, NH. (603) 744-3736 x103



**Shaker Regional School District**  
**Lead Custodian - Belmont High School**

Perform cleaning duties according to an established schedule. Also responsible for removing snow, sanding, and salting, as necessary, during the winter months. Must be reliable, have the ability to work independently, and to follow written and verbal instructions. Reliable transportation is required. This is a year-round position; \$17.87 per hour; 8 hours/day. Participation in the NH Retirement System is required.

Our full time positions qualify for our comprehensive benefit package including health, dental, life, long-term disability and paid sick, personal and holidays. Please submit an application and references to Steve Dalzell, 58 School Street, Belmont, NH 03220. You may contact Mr. Dalzell at 603-267-9223 to obtain an application or visit the Human Resources section of our website: [www.sau80.org](http://www.sau80.org). Successful completion of a post-offer pre-employment physical and criminal background check, including fingerprinting, are required. Shaker Regional School District is an equal opportunity employer.

**Moultonborough Public Library**  
**Youth Services Assistant Opening**

Moultonborough Public Library seeks a community-oriented, outgoing, creative, and tech-savvy individual to serve as the Youth Services Assistant.

This is a part-time position (20-24 hours per week).  
Starting salary is \$16-\$18.50 per hour.

Send cover letter and resume to [director@moultonboroughlibrary.org](mailto:director@moultonboroughlibrary.org).  
More information at [moultonboroughlibrary.org](http://moultonboroughlibrary.org).

**Full-Time Installers Apprentice**

Energysavers Inc, a 48 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

**LEARN WHILE YOU EARN!**  
No prior experience required.  
Must have a valid driver's license and pass the pre-employment drug screening.  
Stop in to fill out an application:

**Energysavers Inc,**  
**163 Daniel Webster Hwy, Meredith NH**

salmonpress.com

**Upper Connecticut Valley Hospital**

**JOB OPPORTUNITIES**

**Spotlight Positions:**

Phlebotomist	Health Unit Coordinator
Registered Nurse	Environmental Services Technician
RN – OR	Certified Surgical Technician
RN – Med/Surg Charge Nights	Multi-Modality Radiologic Tech
RN Nurse Manager – ED/Med-Surg	Medical Assistant
Endoscopy Technician	Medical Technologist
Physical Therapist	

**APPLY ONLINE**  
**WWW.UCVH.ORG**  
Upper Connecticut Valley Hospital  
181 Corliss Lane, Colebrook, NH 03576  
Phone: (603) 388-4236  
[Ucvh-hr@ucvh.org](mailto:Ucvh-hr@ucvh.org)  
EOE

**Town of Plymouth**  
**Highway Department Immediate Opening**  
**Seasonal Sidewalk Tractor Operator**

The Town of Plymouth is seeking a qualified applicant, to work 32 hours per week as a sidewalk tractor operator. This is a supervised position, where you will also be required to do hand shoveling on sidewalks, walkways, and building entrances. This position requires you to work varied and sometimes long hours during adverse weather conditions, especially during snowstorms.

This position is seasonal and runs from approximately October thru mid – April.

Applications are available on the Town of Plymouth's website, [www.plymouthnh.org](http://www.plymouthnh.org) Email application to [highway@plymouthnh.gov](mailto:highway@plymouthnh.gov) or mail application to Plymouth Highway Dept., 6 Post Office Square, Plymouth NH 03264, or upon request, 603-536-1623, at the Plymouth Highway Garage.

The Town of Plymouth is an equal opportunity employer.





COURTESY  
Members and friends of the Unitarian Universalist Congregation of Franklin recently collected 43 hats, 43 pairs of socks, eight pairs of mittens, seven scarves, and one sweater, handmade or newly purchased, to be donated to the Twin Rivers Food Pantry for distribution to those in need. The food pantry is located at 2 Central St., Franklin. Call 603-934-2662 for hours of operation. Pictured: Theo and Freya Chapple.

# MVSB’s Jim Carrigan honored with Emerging Leader Award

MEREDITH — The American Bankers Association (ABA) recently named James “Jim” Carrigan, MVSB Regional Vice President, an Emerging Leader during their awards ceremony in Nashville. Carrigan was one of only twelve bank leaders chosen from across the country for this prestigious recognition.

The ABA Emerging Leader Awards identify and recognize the next generation of bank leaders who are committed to the highest standards of achievement and service to the industry and their communities. Those awarded demonstrate that they are driven to strengthen both their bank and their community by developing new skills to grow as leaders and inspire others.

“When Jim joined MVSB, he was tasked with helping carry our values-driven mutual banking brand into

a new region – and he was committed to doing it right. That meant investing his energy in truly understanding the needs of the community so that we could lend our support where it mattered most,” said Stacy Trites, MVSB Senior Vice President, Senior Retail Banking Officer. “Jim not only embodies the MVSB’s values, but he instills them in his team in such a way that they shine through in the experience provided to our customers each and every day. He is an exceptional leader at MVSB and we are very proud to see him honored with this national distinction.”

Carrigan’s successes are driven by bringing community organizations together to do good and make a difference. As a leader, he instills in his team that “being a banker means being a steward of values and an agent of positive change,” and that, in the face of continually evolving tools and technology, “there is room for kindness and convenience.”

Carrigan joined MVSB as the Branch & Business Development Manager in 2017, bringing nearly two decades of banking and leadership experience. In his new role, he oversaw the opening of MVSB’s Portsmouth Office – its first in the Seacoast



Jim Carrigan

area. He was promoted to Regional Vice President, Branch & Business Development Manager, in 2022 to continue management of the Portsmouth office as well as the Bank’s new Rochester office, which opened that same year. In 2023, his role was expanded to include oversight of MVSB’s Portsmouth, Rochester, Alton, Gilford and Laconia branch offices.

Carrigan is a 2022 graduate of the New England School for Financial Studies at Babson College, and also attended Southern New Hampshire University for Business. He enjoys volunteering his time at the Seacoast Science Center and the gardens

at the Monarch School of New England’s Horticultural Therapy Program. He lives on a licensed wildlife sanctuary with this wife and two kids and enjoys baking and gardening.

MVSB has been serving the essential banking needs of people, businesses, nonprofits and municipalities for more than 150 years. As a mutual savings bank, MVSB has no stockholders but rather operates for the benefit of its customers, employees and community. Since our founding, one thing has always remained true: caring is at the heart of everything we do. By building and nurturing relationships, we believe that we can cultivate a community where we all thrive. It all starts with caring about our customers and neighbors. To learn more, visit any of the local branch offices located in New Hampshire in Alton, Ashland, Center Harbor, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, Plymouth, Portsmouth, Rochester or Wolfeboro, call 800-922-6872 or visit mvsb.com.

## A Retirement Community that Cares About You!

Summit  
by Morrison

- Independent Living
- Assisted Living
- Memory Care
- Respite Care
- Memory Care Day Program

Call Today!  
(603) 837-3500

56 Summit Drive, Whitefield, NH 03598  
themorrisoncommunities.org

SEND US YOUR NEWS!!!

Email Us @



news@  
salmonpress.news



KraftMaid®  
KITCHENS FOR THE REAL LIVING ROOM®

LaValley BUILDING SUPPLY

Middleton BUILDING SUPPLY

LaValleys.com

157 Main St. Meredith, NH • 603-279-7911 • 400 Summer St. Bristol, NH • 603-744-5446