THURSDAY, JULY 24, 2025

GILFORD, N.H.

Timber Wolves, Golden Eagles earn baseball All-State honors

BY JOSHUA SPAULDING

Sports Editor

REGION — With the conclusion of the 2025 season, New Hampshire's high school baseball coaches announced the selection of the All-State Teams for the season.

In Division III, Belmont's Anakin Underhill, Wyatt Divers and Owen Waldron, Prospect Mountain's Colby Whitehouse and White Mountains Regional's Noah Covell and Deagan Stover all earned First Team honors. Named to the Second Team were Belmont's Jaxson Embree and Brayden Townsend, Gilford's Ryan Folan and Drew Smith, Prospect Mountain's Blake Pappaceno, White Mountains Regional's Jake Silver and Winnisquam's Carter Lloyd. Earning Third Team honors were Belmont's Michael Collette, Berlin's Boyd Poulin, Gilford's Mikey Giovanditto, Nolan Streeter of Inter-Lakes, Ben Hicks of White Mountains and John Shea of Winnis-



Colby Whitehouse of Prospect Mountain earned First Team All-State honors for Division III.

Team honors were Owen Thornton, Winn Thom-

as and Jack Speiss of Bishop Brady, Luke Delia and Bradon White of

Campbell, Kaden Kirby and Hunter Schultz of Conant, Jackson Cote of

Kearsarge, Kaden Smith and Sumner Hill Goodell of Monadnock, Simon Grandmaison of Somersworth and Logan Minckler of Stevens.

Second Team honors were also presented to Luke Bedard, Kolt Gaudrault and Guerra of Bishop Brady, Noah Reed of Campbell, Braeden Dion of Conant, Keith Townsend of Derryfield, Cole Garrow of Fall Mountain, Bronson Ammann of Hopkinton, Tanner Moulton of Mascoma, Koby Kidney of Monadnock and Matt Goss of Stevens.

Also earning Third Team honors were Dan Shedd of Bishop Brady, Michael Grace of Campbell, Dylan Adams and Chance Derosier of Conant, Adam Willett and Jake Larson of Derryfield, Devyn Cheeney of Fall Mountain, Michael Depiano of Hopkinton, Ethan St. Clair Kearsarge, Xavier Thompson and Chris Rouleau of Monadnock

and Nevin Marsh of Stevens.

In Division IV, Gorham's Jack Saladino and Isaac Langlois, Lin-Wood's Liam Manning, Littleton's Max Butson and Woodsville's Jacob Putnam, Landon Kingsbury and Ryan Walker all were named First Team. Second Team honors went to Gavin Corrigan of Gorham, Dylan Simino of Groveton, Colt Sothard of Lin-Wood, Jake Houghton of Lin-Wood, Miles Butson of Littleton and Alex Gundersen of Moultonborough. Earning Third Team honors were Mason Roberge of Gorham, Ashton Kenison of Groveton, Reece Cook of Littleton, Brett Johnson of Moultonborough and Gabe Roy of Woods-

ville. Also earning First Team honors were Jackson Weir and Jack Kyller of Colebrook, TJ Charbono of Concord Christian, Nolan Schmal of Epping,

Parker Ketola of Masce-SEE BASEBALL, PAGE A6

Alton, Barnstead, New Durham hosting summer concerts

BY ERIN PLUMMER

mnews@salmonpress.news

REGION - Sumto enjoy some music outdoors and local communities are hosting their own outdoor

concert series. The Parks and Recreation Departments of Alton, Barnstead, and New Durham are holding weekly summer concert series that are free and open to the public. All towns will have plenty of performances and events throughout July and August.

Alton Parks and Recreation is hosting its Summer Band Series at the gazebo in Alton Bay. Performances run every Saturday from 7-9 p.m. Visitors are encouraged to bring a chair and enjoy the show.

In case of inclement weather, Parks and rec will announce any cancelations by 2 p.m., the day of the performance. Announcements will be made on the Parks and Recreation Department's Facebook page and on the town website calendar.

This Saturday will feature a performance Got it Covered. Revolutionists will perform next on Saturday, Aug. 2. Performing on Saturday, Aug. 9, at the start of Old Home Week is Bittersweet. Chris Bonoli will take the stage on Aug. 16, SaxxRoxx will perform on Aug. 23, and the series will conclude on Aug. 30 with Cool Beans.

Barnstead mer is the ideal time Parks and Recreation Department is holding its Summer Concert Series every Satur-Performances are at the Barnstead Parade Grounds on Ine Parade Circle from 6-8 p.m. Concerts are free and visitors are encouraged to bring a blanket or chair. Concessions will be sold for cash only.

Visitors Band of NH will take the stage this Saturday, July 26, with their classic rock and

country music. The next performance will be on Saturday, Aug. 9 when Heron Bluegrass Co. performs its mix of folk, bluegrass, and old time music. SaxxRoxx performs on Saturday, Aug. 16, and the season will conclude with Christine Bonoli on Aug. 23.

In New Durham, Tuesdays are "Tunesdays at the Park" with performances at Smitty's Ballfields. Performances take place every Tuesday from 6-8 p.m. This Tuesday, July 29, Wellfleet will perform at the ballfield.

New Durham is also getting ready for National Night Out on Aug. 5 from 5-8:30 p.m. at the ballfield. The event will feature touch-a-truck, performances by Mr. Aaron and Middleman, as well as food trucks, vendors, face painting, and many more.

Barnstead police on alert after vandalism reports at town beach

BY ERIN PLUMMER

doing directed patrols around the on its Facebook page. dalism and criminal mischief.

The Barnstead Police Department reported on July 16 that it had received some reports of criminal mischief and vandalism at the town beach.

The beach is located at the end of White Oaks Road on Upper Suncook Lake.

"The beach is open to town residents to visit and enjoy," the BARNSTEAD—Police will be police department said in a post

town beach after reports of vanThe department said on its 8100. The police are also remindpost that Barnstead Police officers and any other department that is covering for the town will do directed patrols around the beach during the summer. Police will "take appropriate action" if they find any behavior that appears criminal.

Anyone with any who sees

any illegal conduct or suspicious behavior on the town beach is asked to contact the Barnstead Police Department at 603-269ing people that anyone with emergencies should call 911.

The Parks and Recreation Department also shared the post on its page.

"We appreciate any help we can get keeping an eye on the town beach!!" read Barnstead Parks and Rec's post.

Old Gilford DPW building closer to demolition

BY ERIN PLUMMER

mnews@salmonpress.news

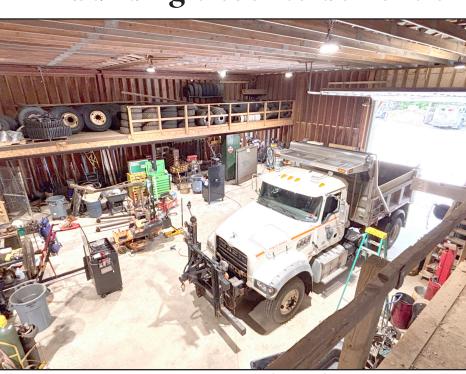
GILFORD — Work is coming along towards the demolition of the town's Public Works

building. Department of Public Works Director Meghan Theriault gave the selectmen an update on the process of demolishing the current DPW building during the board's meeting on July 16. The DPW has also been updating the public on the new building's progress on its Facebook page.

Asbestos abatement is done on the old building, and Theriault said all asbestos found in tiles and floors has been removed. The contractor also took out what is considered universal waste such as lightbulbs and ballasts.

Water has also been fed directly into the temporary location. Theriault said previously, water went through the old building, but then had to be fed from that building into the temporary location onsite. Now those lines are connected directly to the trailer.

A similar project as completed to isolate



Before moving to its temporary location in Belmont, the Fleet Division was working out of the cold storage building.

electricity to the sewer pumps. She said previously the power came through the old building to the sewer pumps and to the temporary building. Now that power comes directly through a temporary panel in a line that runs through the woods and now directly to the temporary

building. The project will then remove the old generator, air conditioning handler, and furnace from the building.

"Those were items we were salvaging out of the building for possible reuse in other locations around town as kind of backups," Theriault

said.

After these items are removed, demolition can officially start. Theriault said the demolition process will hopefully begin the week after the meet-

Bids were received and awarded for demolition, sitework, and electrical services on the site.

The fleet division is now operating out of its temporary location in Belmont. Compressors were running, and a lift professional would install the lifts in the new location. This might require some more work on the electrical panel, SEEDPWBUILDING, PAGEA11

Alton Parks and Recreation Community Connection

Free concerts at the **Bandstand**

Summer Concert Schedule: 7-9 p.m. at the Alton Bay Bandstand, Alton Bay

July 26- Got It Covered Band- Cover Songs; Aug. 2- The Revolutionists- Classic and Modern Rock and Roll; Aug. 9- Bittersweet- Classic Rock; Aug. 16- Chris Bonoli- Soft Rock, Country and Classic Electric Blues; Aug. 22- "Thursday Afternoon Band" sponsored by Water Bandstand Committee; Aug. 23- Saxx Roxx- back by popular demand and Aug. 30- Cool Beans- '60's and '70's Rock.

Free Soccer Program for Ages two to seven

Alton Parks and Recreation is sponsoring a free soccer program for ages two to seven, led by the Kingswood Boys Varsity Soccer Coach and a group of awesome volunteers for Alton residents and surrounding Towns. The free Soccer Program will be held on Sundays at Alton Central School from Sept. 7-Oct. 19, 9-10 a.m. Cleats

and shin guards are optional, bring your own. Uniform shirts will be provided to participants that register by Aug. 18. Register in person at the Parks and Recreation office or online at www. alton.nh.gov. Contact Alton Parks and Recreation at 603-875-0109 or parksrec-asst@alton. nh.gov for more information.

Alton Old Home Days 5K Road Race

Co-Sponsored by Meredith Village Savings Bank. Aug. 9 at the Alton Bay Bandstand, 9:00a.m. **USATF** Certified Course through Alton. Computerized timing with bib chip; results posted online. Scenic, slightly varied course, flat/downhill with one moderate incline, paved. Prizes, refreshments, water stops, traffic control and raffle for racers. Forms and map available at www. alton.nh.gov or register online at https://runsignup.com/Race/NH/ Alton/AltonOldHome-Week5KRoadRace.

> **Community Plant** Swap — July 26 -

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"Building your Heritage"



Alton Parks and Recreation is sponsoring a free Community Plant Swap with leaders Destiny Sweezey and Molly Gillis on Saturday, July 26 from 10 a.m.-1 p.m. at the Alton Bay Bandstand. Stop by and bring what you'd like to share take something and home to grow. Featured items include seeds, plants, pots and cuttings. For more information contact Alton Parks and Recreation at 603-875-0109 or parksrec@alton. nh.gov.

Zentangle Creation

Night — Aug. 25 Alton Parks and Recreation is hosting BB Art Studios with a premier Zentangle Event for adults 18 and up on Monday, Aug. 25 at the Pearson Road Community Center from 6-7:30 p.m. with instructor Barbara Bourque. Have you ever been stressed? Did you know that art is a fantastic way to diffuse some of that? Zentangles may be just what you need to escape for a bit. Join us for a fun and relaxing evening of creating, and learning how to leave some of your stress behind through art. If you have ever doodled, you can definitely Zentangle. This is something for everyone, and something you can do whenever you want (or need!). Art examples are posted on the Parks and Recreation Facebook page. All supplies and profession-

al instruction included, \$20. Please contact Alton Parks and Recreation parksrec@alton.nh.gov or 603-875-0109 by Aug. 19 to register. Pay by Venmo to BB Studios @ Barbara-Bourque-1 by Aug. 19 or bring check/cash to 328 Main Street.

Pick Up Pickleball Games

Pick up Pickleball games are being held on Tuesdays and Thursdays from 8 a.m.-noon at the Liberty Tree Park Tennis Courts. Beginners are welcome, bring your own equipment. Sign up online https:// www.signupgenius. com/go/8050D4FA8AF-2CA5F85-54716680-pickup. Courts are located behind 65 Frank C. Gilman Highway. Parking is across the street next to Mill Pond and by the Water Department. For more information contact parksrec@alton. nh.gov.

Line Dancing Lessons

Line dancing lessons with Jane Corbett will be held on Thursdays through mid-October from 1-2 p.m. for beginners, and 2:10-3:10 p.m. for experienced dancers at the Alton Bay Community Center. Adults of all ages and abilities are \$15/season. welcome, Register on site.

Slow Flow Yoga with Pamela Mott, **500 YTT Certified**

Classes are held on Mondays and Wednesdays from 6:30-7:30 a.m. at the Alton Bay Community Center or choose the online option and practice from home. All levels are welcome and encouraged. Class focus is Sun Salutation A and B; Hatha Yoga and the 8 Limbs. Pre-registration accepted. Pre-registration and virtual attendance is \$10; Drop in \$15. Classes are ongoing. For more information, contact Alton Parks and Recreation at 603-875-0109 or parksrec@alton. nh.gov.

Pilates Classes in Alton Bay- Tuesdays and Thursdays

The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/ register contact Donna at breathepilates1@yahoo.com or parksrec@ alton.nh.gov.

Guided Meditation

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursday July 31 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meeting Room. The program is free, donations accepted to benefit local charities. For more information contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Soccer Cleat Swap-Check it out

Used soccer cleats in good condition, and in various sizes are available at the Alton Parks and Recreation Department located at 328 Main is preferred, text 603-393- St., Monday- Thursday 0595. Cash and Venmo 7 a.m.-4:30 p.m. Before

you purchase new cleats for this season check out what is available for free. For more information contact Alton Parks and Recreation at 603-875-0109 or parksrec-asst@ alton.nh.gov.

Little Lake Explorers Playgroup

Join in this new playgroup led by Jennifer Lutz and Melissa Sciuto on Mondays at the Alton Bay Community Center from 9-11 a.m. This free program is open to all children newborn to seven years of age and their parents. Activities include free play, snack time, story time, music and more. Parents must stay and supervise their child during the program and are asked to bring a peanut free snack for their child. Please pre-register by the Wednesday before each meeting at littlelakeexplorersalton@ gmail.com. Drop ins are also welcome. For more information contact Alton Parks and Recreation at parksrec@alton. nh.gov.

Concert Sponsored by Water Bandstand **Committee**

The Water Bandstand Committee is sponsoring a live concert on Friday, Aug. 22 from 7-9 p.m. featuring "The Thursday Afternoon Band." The concert will be at the Alton Bay Land Bandstand with classic rock music. Stop by and watch a great performance that will put a smile on your face, and a tap on your feet.

Alton Bay Water Ski Show

Sponsored by the Water Bandstand Commit-

Aug. 23 — Water Ski Show at 3 p.m. in Alton

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Gilford police log

GILFORD — The Gilford Police Department reported the following arrests during the week of July 7-14.

Michael D. Burke, age 28, was arrested on July 9 in connection with a warrant.

Danielle Vesta Vintila, age 36, was arrested on July 11 in connection with a warrant.

Kayla Marie Paradise, age 23, was arrested on July 11 for Driving After Revocation or Suspension of license.

Scott Ramsay, age

July 11 for Harassment. Contempt, Stalking-Placing Another Individual in Fear, and Violation of a Protective Order.

A 64-year-old female was taken into protective custody for intoxication on July 11.

Two females, ages 55 and 57, respectively, were taken into protective custody for intoxication on July 11.

Alec R. Davis, age 30, was arrested on July 12 in connection with a warrant.

Shauna Marie

64, was arrested on Huntley, age 42, was arrested on July 13 for Domestic Violence-Simple Assault resulting in Bodily Injury or Physical Con-

tact. Eric Lanigan, age 41, was arrested on July 13 for Driving After Revocation or Suspension of license (subsequent offense).

Brittney S. Carey, age 33, was arrested on July 14 for Driving After Revocation or Suspension of license.

Jason David Kreitzer, age 54, was arrested on July 14 for Driving After Revocation or Suspension of





A Listening Room experience at July 30 songwriter show

MEREDITH — The partnership between Katie Dobbins Music (Gilford) and Hermit Woods Winery & Eatery (Meredith) which has brought the monthly music series Songwriter Round-Up to the Lakes Region is set to deliver another great show at the end this month. Held in the region's premier listening room, The Loft located on the second floor of the Winery, this series has been giving audience members a chance to experience the original music of talented singer-songwriters from the New England area and beyond. At each show three artists share their songs and stories in a unique in-the-round style performance. Held on the last Wednesday of each month, this intimate series features two different songwriters each month alongside host performer Katie Dobbins.

The series has been steadily gaining in popularity with a growing number of area residents and visitors attending to experience the show "magic" that each new lineup creates. Winery co-founder and owner Bob Manley is thrilled to have his establishment be home to the monthly



Songwriter Round-Up Series.

Remarking on the success of the series, Manley reaffirms the valued partnership the Winery has developed with Katie Dobbins Music expressing "Working alongside Katie Dobbins and her Songwriter Round-Up Series has been an absolute delight. Katie brings an engaging presence to the stage, effortlessly connecting with our audiences and showcasing incredible talent with each performance."

The next Songwriter Round-Up show takes place on Wednesday,

July 30, featuring the Lakes Region's own Katie Dobbins, a singer-songwriter delivers her artistry with beautiful vocal tones wrapped in guitar and piano melodies, Holly Furlone, singer-songwriter from the seacoast area of New Hampshire that delivers lyrical stories with passion and power backed with her acoustic guitar, and Leo DiSanto, an imaginative songwriter and storyteller from Pennsylvania that has been described as a modern-day minstrel and shares his craft throughout the US

and many parts of the world. All of these artists bring their own unique life-lyrics, melodies, and styles to the stage. This promises to be an evening of great original music and dynamic entertainment that you won't want to miss. Learn more about each of these artists on the Hermit Woods Winery Web site.

A complimentary wine tasting will begin at 5:30 p.m., the Loft opens at 6 p.m. for seating & dinner orders, and music starts at 7 p.m. Patrons can further enhance their evening by selecting from a menu of tasty items

available from Chef Kaylon Sweet of Sweet Mercy's Kitchen. Tickets can be purchased in advance at hermitwoodswinery.com/theloft or in-person at the Winery.

Alton's Park of the Week — Railroad Square Park

off of Route 11, adjacent to the Alton Bay Community Center, Railroad Square Park offers a lot for locals and visitors. Amenities include a waterfront park, swim dock, park benches, picnic tables, Bandstand for live concerts, boat launch ramp, and public boat docks. In the winter there is an ice airport runway to see, and lake access for snowmobile trails, ice skating, snow shoeing, and ice fishing.

In 1989, the process to create what we now know as Railroad Square park began. With grants,

ALTON — Located donations, and funds raised by a Benefit Cruise hosted by Winnipesauke Flagship, the Town of Alton was able to complete the renovations of this old railroad station in two phases.

> Whether looking for a place to picnic, listen to live music, or go swimming, Railroad Square Park is sure to have an option for you on a warm summer day. For more information on Railroad Square Park and its amenities, contact Alton Parks and Recreation at (603) 875-0109 or parksrec-asst@alton.

UW-Madison announces 2025 spring graduates

— A total of 9,424 stu- in the natural world." ways to work with peo- working so hard to bedents received degrees Chancellor Jennifer ple you might not alcome," she said. from the University of Wisconsin-Madison on May 9-10, including Luke Geppert of Alton Bay, who received a Bachelor of Science in Biology.

There were two live Spring 2025 Commencement ceremonies, one for undergraduates at Camp Randall and one for all graduate degree candidates at the Kohl Cen-

Keynote speaker and celebrated sports columnist Jason Gay encouraged the graduates to embrace joy in their lives.

"Spend your time with people who give you happiness. Stay as open to new experiences as you are today," Gay said. "Find satisfaction in small routines - the place where you live, community

L. Mnookin reminded graduates that an essential part of their **UW-Madison** education has been learning to find ways to connect, not disconnect, and to engage, not disengage. And to do that even when they disagreed - to move beyond bubbles and echo chambers.

"And that's important," Mnookin said. "You are stepping into a world that is both deeply complex and distressingly polarized, and you have the power to do something good in that world, esways agree with."

Senior class president Sam Mahlum, who served as Saturday's student speaker. said one of the things she and her fellow graduates learned at UW was the value of time, including the time it takes to climb Bascom Hill.

"We wish for more time to get assignments completed, to study for the next exam, to hang out with friends or to just stay here, in this special place in our lives, before we have to go out there and be whatev-

MADISON, Wisc. service, time outside pecially if you can find er it is we have been

For more information about UW-Madison, visit http://www. wisc.edu.

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We Will NOT be Undersold

Opinion

Make it a summer of no regrets

As the final days of summer approach, we find ourselves standing at a crossroads. The days grow shorter, the evenings cooler, and the carefree essence of summer seems to slip away. It's time to seize the moment, to cherish every opportunity, and to make August a summer of no regrets.

Living in the picturesque region of New En-gland, we are fortunate to be surrounded by a breathtaking landscape. From majestic mountains to serene lakes, our backyard is a playground of ad-ventures waiting to happen. The time has come to embark on those road trips we have been postponing and explore the hidden gems that lie within our reach.

Whether you're an avid hiker or a casual nature lover, our region's mountains offer an escape from the hustle and bustle of everyday life. Take a day to venture into the wilderness, breathe in the crisp air, and marvel at the natural wonders that lie be-fore you. The memories forged amid the towering pines and breathtaking vistas will last a lifetime.

Equally enticing are the serene lakes scattered across the area. Pack a picnic, gather your loved ones, and head to the waterside. Be it swimming, kayaking, or simply basking in the sun's warmth, lakeside retreats provide a tranquil refuge to unwind and savor the joys of summer.

For those who seek a taste of city life, why not take a drive to the vibrant metropolises of Boston and Portland? These urban centers share a rich cultural heritage, bustling streets, and delectable culinary scenes. Lose yourself in the museums, explore the historic landmarks, and indulge in the local cuisine - each moment a treasure to hold on to.

However, amid our grand adventures, we must not forget the simple joys that have brought us together year after year. Backyard barbecues offer a nostalgic charm that fills the air with laughter and the scent of sizzling goodness. Gather family and friends for a fun filled evening, where the flames of the grill light up not only the darkening skies but also our hearts with warmth and camaraderie.

And as the sun sets lower, take the opportunity to relive the carefree days of youth by playing hoops at the local park. Feel the thrill of competition and the joy of teamwork as you shoot hoops and chase the ball. The courts become a canvas for unforgettable moments and lasting memories. Au- gust is our chance to make amends for any missed opportunities from earlier in the summer.

As we look back on this summer, we'll be filled with the contentment of knowing that we embraced the season wholeheartedly. We laughed with abandon, explored with wonder, and lived with joy. When we bid farewell to August, we'll do so with hearts full of cherished memories, knowing that we made the made for using on rust. most of every fleeting moment.

So, unite in spirit and determination to make August a summer of no regrets. Whether we climb mountains, swim in lakes, stroll through cities, or gather in backyards, seize the remaining days with

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

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CALL: 603-677-9084 TO SUBMIT A LETTER

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On July 27, Saint John's-on-the-Lake will take a break from the traditional form of worship. Instead, counselors and campers from Bear Island's Camp Nokomis will be in charge of the service. Cookies and lemonade will follow the service. St. John's is a rustic summer chapel located on the highest spot on Bear Island, Lake Winnipesaukee, It can be reached by a foot path from the church docks at Deep Cove or by "boat taxi" (email bear.island.church. ferry@gmail.com). Services are at 10 a.m., and all are welcome. For more information, see the Web site ww.stjohnsonthelake.com.

LETTERS FROM EDWIN

Realizations

I'm so embarrassed. I didn't read the label. I'm actually pretty good at reading labels. Since I was first diagnosed with an allergy to wheat, I've been reading the fine print and learning the code words for substances made from it, like "modified food starch," which is made from wheat. Who would know?

So, I was zipping through my local big name hardware store when I remembered that I had a job painting those metal phalluses that stick out of the ground around gas pumps and ATM machines to protect them from getting hit by cars and snow plows. They always do seem to get hit though, which scrapes off the paint, making them rust, so I get the call to come and correct the problem. Taking a turn up the paint isle, I grabbed a gallon of trusty Rustoleum and threw it in my cart as I headed for the checkout.

As long as I can remember, that's the brand to use when painting steel because it was oil based. That's all they made. As implied by its name, it is It has a tendency to suppress it. The alternative paint is Latex, which is water based and actually makes metal rust if you use it. Life should be so simple.

After wire brushing and applying rust inhibitor, I primed all the rust spots with said companies "rusty metal primer". No sense taking any chances. All was sealed from the weather so I could wait for a good painting day for the top coats.

As I set out painting the posts, something didn't seem right. I've had varying consistency oil-based paint in the past. This was definitely different. I just kept going. This stuff just wasn't acting right. After finishing the first coat on everything, it was time to clean the brush. I got out my paint thinner and poured some into a container and put in the brush. Yuck, it congealed into some gushy mess. At that point in time I should have realized, but no, I thought that something must be wrong with the thinner. I managed to clean the brush and made a mental note to bring some different thinner for

Today I got back to painting the posts, grabbed the bucket of paint, some different thinner, and headed for the truck. As I was prepping to begin, I glanced down at the paint can and saw that foul word, Latex. How could they do such a thing? Now everything made sense. It's always such a joy to paint with oil-based paint because it actually flows from the brush instead of just being globed on by it. Why didn't I realize that? I switched plans and used a roller. This time, when I finished, I tossed the roller and washed the tools, with water.

Speaking of water, after work I regularly cruise over to the lake on my way home and clean off my days grime. Friday, I played hooky and stayed home. I actually planted my potatoes. I put in about half what I did last year, which was less than what I did the year before. I guess I'm getting more realistic about things. A comfortable cool dip certainly tempered down my bod after working all day in the sun. The weather man on the radio this morning said today would be rainy. I expected to be making out some bills when I looked outside, and it was all nice and sunny. Not looking anything like rain. I took my chances. It stayed nice and sunny all day.

When you think about it, you can't rely on much of anything "they" say. The world today is a far cry from when I grew up. Now there are deceptions everywhere. The news used to be factual information. There have always been used car salesman but now you can question the integrity of just about everyone and everything. Especially anything on the internet. I really hope that they succeed in keeping smart phones away from kids while in school, because they're not really living up to their name.

The summer is now flying by and come September, I'll have to decide whether to continue subbing or not. It would be nice to not have to watch kids waste away their educational hours with such silliness. I can hope.

E.Twaste

Correspondence welome at edwintwaste@

Cymatics

Through a branch of study called cymatics, scientists discovered something astonishing: Sound doesn't just move air—it shapes matter.

This field emerged in the 18th century with the work of German physicist Ernst Chladni, often regarded as the father of acoustics. In his experiments, he took a metal plate, sprinkled it with fine sand, and ran a violin bow along the edge. The vibration caused the sand to shift and form symmetrical patterns—now called Chladni figures. It was the first glimpse of invisible vibration becoming a visible design.

In the 1960s, Dr. Hans Jenny, a Swiss medical doctor and scientist, gave this field its name: cymatics, from the Greek kyma,

meaning "wave." Using tones played through a tonoscope, Jenny discovered that different frequencies consistently produced specific shapes: low frequencies tended to create simple shapes—circles, triangles, and lines. But as the pitch increased, the patterns became more intricate. Hexagons appeared. Then mandalas. Even flower-like lattices began to take form. At certain exact pitches, symbols long considered spiritual or mathematical would emerge—not by chance, but repeatedly, predictably. The sound

didn't just move matter. It is organized, formed by frequency alone.

Jenny called this phenomenon "visible mu-

sic." You can see an experiment online where a woman sings, "Una Donna a Quindici Anni," into a tonoscope and a symmetrical perfectly seven-pointed star created—not generated by a machine, but by resonance. Sung—with breath, with intention, with the human voice.

This idea—that sound can shape the unseen was not foreign to the ancients. The Vikings had a word for it: Galdr.

Galdr wasn't just melody—it was spoken intention, sharpened into sound. It was the intentional chanting of runes. Warriors, seers, and shamans would speak or sing these runes aloud, believing they could influence the forces of nature, shield themselves in battle, or open gateways to hidden knowledge.

Each rune had sound, and each sound had power. To chant a rune was to call a pattern into being, much like the seven-pointed star rising from the sand on the tonoscope.

Galdr was the understanding that the human

Positively voice—charged with intent— **SPEAKING** was not passive. TOBY MOORE

It was a tool for shaping.

In early Chinese tradition, the philosopher Confucius taught that the key to harmony in the kingdom was to "rectify names"—to speak words that accurately reflected truth and order. If names became distorted, if language no longer matched reality, society would unravel. Disorder in words meant disorder in the world.

And this idea? It's not foreign to Christian tradition.

The Apostle James called the tongue "a small part of the body, but it's like a spark that can set a whole forest ablaze. The tongue, he warned, carries disproportionate power.

Paul compared it to a rudder on a ship—tiny, yet able to steer the entire vessel. In other words, your words guide your direction.

But the most striking example comes from the prophet Isaiah.

In a vision, Isaiah finds himself in the throne room of the Almighty. He sees the Lord, high and exalted, surrounded by seraphim.

It is a scene of perfect glory. But Isaiah doesn't feel worthy to join in. He falls to his knees and

"Woe is me! For I am a man of unclean lips..."

He doesn't say, I am unclean because of what I've done.

He says, I am unclean because of what I've said.

In that moment, a seraph flies to him with a burning coal, taken from the altar. And touches Isaiah's mouth. In this divine encounter, it's not Isaiah's actions that are purified—it's his speech.

It all seems to point in one direction:

What we say has pow-

Today, in the field of modern psychology, we've rediscovered the same truth. The language we use—especially the words we speak about ourselves—shapes our perception, our emotions, even our identity.

Say "I'm worthless" enough times, and it becomes more than a thought—it becomes a worldview.

Say "I'm loved. I'm here for a reason." You carry yourself differently, with a spring in your step. You begin to live into the shape of the words you've spoken.

Just as sand arranges itself under sound, your life begins to align with your language.

Your words do not vanish. They echo. Speak with care, for what you say becomes a reality.

August events at Oscar Foss Memorial Library

BARNSTEAD Good to Know Info: We are closed for staff training on the second Thursday of every month until 3 p.m. (Aug. 14). Old Home Day is Saturday, August 9 (visit their new Facebook page for more info: Barnstead, NH -Old Home Day-we also have event booklets here at the library). SRP Logging ends Aug. 1. Shirefest and Open Farm Day are Saturday, 8/16. The library will be closed two Saturdays in a row: Aug. 9 and Aug. 16 to staff the Old Home Day and Shirefest events. Thursday, Aug. 28, is Back-to-School Night at BES, and the first day back for BES and PMHS is Tuesday, Sept. 2. PMHS Freshman Orientation is Thursday, Aug. 28.

Home School Group: Join us Fridays from 10:30 a.m.-noon for a mix of stories, simple science/learning activities, and a creative art/ craft activity that all go along with a theme for the week. The activities are geared towards kids ages 4 and up, and younger siblings are welcome to come along. There will be an event posted ahead of time on our Facebook group for each weekly meet-up, so you'll always know what to expect and if you need to bring anything.

Music and Movement Storytime, aka Littles Love to Learn! Join us on Tuesdays at 10:30 a.m. for an interactive storytime filled with stories, songs, and loads of sensory play designed specifically for toddlers.

10:30 a.m. is Children's Storytime. Visit us at the library for stories, crafts, and singing. Then experience the cozy ambience in the children's area, which has all sorts of neat things to do. Make new friends. Set up playdates. Check out books, movies, and games, play with the trains, Legos, and puppets. Come for the learning, stay for the fun!

Start your week off with Yoga Monday! Gentle Hatha-Flow runs from 10:15-11:40 a.m., Senior/Beginner/Chair Yoga is noon to 1 p.m., and Intermediate Hatha-Flow lasts from 5:30-6:50 p.m. Classes are by donation (suggested \$8). All are welcome and encouraged to attend, regardless of ability to donate.

We are hosting a Boat Safety Presentation on Friday, Aug. 1, at 5 p.m.! Join us as the NH Department of Safety talks about guidelines and tips for ensuring you and yours have a safe and fun time on the water.

Rally your friends and get ready for our annual and epic Nerf Battle at OSG Paintball on Tuesday, Aug. 5, from 2-4 p.m.! Bring eye protection and any NERF accessory that you want. We will have some NERF guns available to borrow. Everyone is expected to help BES Kindergarteners pick up foam bullets between battles. Call or email the library to sign

Our Meet and Read Book Club (ages 18 and up) takes place on the first Wednesday of the month (Aug. 6), from 6-7:30 p.m., in the library. Thismonth's book will be "Vox" by Christina Dalcher. Next month's book will be "Killers of the Flower Moon" by David Grann. Books are available at the library. Bring food, bring thoughts, bring a friend!

"Hey, you guys!" On Friday, Aug. 8, at 6 p.m., come join us at the library to help launch "Old Home Day" with a good, old-fashioned Movie Night. Get your goonie on! We are showing "Goonies," a fantastic adventure about a group of small-town kids hoping to save their beloved town from developers! Light refreshments will be provided.

On Wednesday, Aug. 13, at 10:30 a.m., come enjoy a heartwarming storytime with Trish Whynot, a local author and holistic counselor based in the New Hampshire Lakes Region. Trish will read from her picture book, "Lake Life Chronicles: Eagles, Herons, and Loons," a charming tribute to lake life and its wildlife. In addition to the reading, she'll share a beautiful selection of nature slides featuring some of our local wildlife residents. This family-friendly event is perfect for readers of all ages. We hope you'll join us for this engaging Every Wednesday at and memorable experi-

> Calling all adventurers! Join the Oscar Foss Memorial Library for Shirefest on Saturday, Aug. 16, from 10 a.m. to 4 p.m., at T.L. Storer. With plenty to see and do, you'll find delicious food and drinks, creative activities, and adventures! thrilling Some highlights include decorating your own sword and shield, crafting a crown or flower crown, and face painting. There will also be leatherworking, axe throwing, and archery. You can embark on an adventure through the scavenger hunt, show off your costume in a contest, and enjoy a bagpipe performance. Local vendors will also be there with unique goods, with special musical guest, Jor-Tirrell-Wysocki, making an appearance! For more information, be sure to check out the Shirefest Page at https://www.oscarfoss. org/shirefest.

> Calling all crafters - we're hosting a Crafting Circle! This will be a combination of all the crafting groups for the summer. On the third Thursday of the month (Aug. 21) from 6-7:30 p.m., come together to work on your projects, discuss any technical difficulties you're having, and support one another.

> > Calling all incoming

and their adults! Come join us Saturday, Aug. 23, at 11 a.m., here at the library, where we will be hosting a Kindergarten Meet-and-Greet. This is a great opportunity for your child to get to know their new classmates before classes start. We will be serving snacks and there will be a storytime and crafts!

The Barnstead Historical Society OFML present "History & Mystery: A Genealogy Starter Guide," on open to everyone and Thursday, Aug. 28, from 6:30-8 p.m. at the Town Hall. Are you interested in family history? Do you spend a lot of time in graveyards wondering about the names behind the stones? Then you just might be a genealogy enthusiast! Join presenter Elsie Gaskin and learn more about this fascinating topic.

On Friday, Aug. 29, from 6:30-8 p.m., join us for Books & Banter. This lively book club is invites you to share and explore a wide range of genres. Come ready to discuss up to three books you've recently read, giving a brief synopsis to spark conversation. Don't miss out on the fun—come share your thoughts, learn about new books, and enjoy a cozy evening of discussion.

Let's Write a Novel! Join us in the library's meeting room for a series of structured classes on the how-to's of writing a book. This class runs from 6:00-7:30 on the last Friday of the month (Aug. 29). Budding writers, 16 and older, ignite your passion for storytelling, discover how to build your hero's journey, and take your novel from concept to can-do!

For events that require registration, please contact us at 269-3900 or ofmlstaff@gmail. com to reserve your

Gilford Public Library Classes & Special Events July 24 - July 31

Thursday, July 24 Geri Fit. 9-10 a.m.

T(w)een Escape Room: Escape the Nether, 10 a.m.-4 p.m.

French Club, 4-5 p.m. Everyone's Trash, 5:30-6:30 p.m.

Duncan Watson turned his passion for recycling trash into creating a nationally recognized facility in southwestern New Hampshire. Now he tells his story, filled with unforgettable characters, self-deprecating humor, and a larger message for today. Like one of those unexpected discoveries many of us have picked up on a visit to our own recycling center, Everyone's Trash is a treasure.

Friday, July 25

Senior Sculpt, 9-10 a.m. Radiant Summer Flow: A Chair Yoga Journev. 10-11 a.m.

Bridge, 10 a.m.-noon T(w)een Escape Room: Escape the Nether, 10 a.m.-4 p.m.

Hand & Foot, 12:30-2:30

Happy Crafters, 1:30-

Advanced Conversational German, 2:30-3:30

Beginner Line Dancing, 4-5 p.m.

Saturday, July 26 Beginner Line Dancing, 10:30-11:30 a.m.

Monday, July 28 Fun and Fitness With

Jovce, 9-10 a.m. Baby Storytime, 10-11

T(w)een Drop-In: Reading Dragons Battles,

Stone Wall Repair

Fieldstone/Granite 35 years experience

Tony Luongo 603-707-2727 10 a.m.-4 p.m.

Come battle the cards you've been collecting in an ultimate showdown! Mahjong, noon-3 p.m.

Tuesday, July 29 Geri Fit, 9-10 a.m. Senior Sculpt, 10-11

Bridge, 10 a.m.-noon Drop-In: T(w)een Reading Dragons Battles, 10 a.m.-4 p.m.

Make Your Own Game, 11 a.m.-noon

Create your own card or board game to play with friends.

Intermediate Dancing, 4-5 p.m.

Wednesday, July 30 Senior Stretch Yogaaah!, 9-10 a.m.

Card Games, 10 a.m.-

Check out an Expert,

10 a.m.-noon T(w)een Drop-In: Reading Dragons Battles,

10 a.m.-4 p.m. Storytime Beach, noon-1 p.m.

Paint Group, 1-3 p.m.

Fallen Heroes, 4-5 p.m. Diane Foley, spent nearly two years fighting for her son's release, through distance and false hopes and failed attempts at rescue. In August 2014, however, ISIS released the video that depicted Foley's gruesome murder: An ISIS fighter stood in front of a camera and decapitated the 40-yearold journalist. The video of Foley's death was, for many in the American public, an early introduction to ISIS as an agent of terror and unspeakable brutality.Come and hear her

amazing story!

Thursday, July 31

Geri Fit, 9-10 a.m. T(w)een Drop-In: Reading Dragons Battles, 10 a.m.-4 p.m.

French Club, 4-5 p.m. Tom Knight: Musical Puppet Show, 4-5 p.m.

Come watch an amazing musical puppet show starring Tom Knight!

Discussion: Book Hidden Mountains, 5:30-6:30 p.m.

This month's book is "Hidden Mountains" by Michael Wejchert. Led by Rhetta; books are available at the front

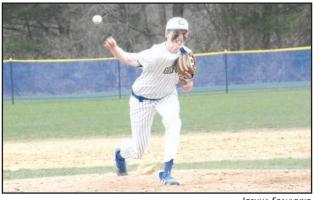
Gilford Public Library Top Ten requests

- 1. "The Hamptons Lawyer" by James Patterson
- 2. "The President's Shadow" by James Patterson 3. "The Correspondent" by Virginia Evans
- 4. "The First Gentleman" by Bill Clinton & James Patterson
 - 5. "The Frozen River" by Ariel Lawhon
 - 6. "Finders Keepers" by Stuart Woods
 - 7. "Strangers in Time" by David Baldacci 8. "Don't Let Him In" by Lisa Jewell
 - 9. "Skin and Bones" by Paul Doiron 10. "My Friends" by Fredrik Backman





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Gilford's Ryan Folan earned Second Team All-State honors for the spring season.



Drew Smith of Gilford was named Division III Second Team All-

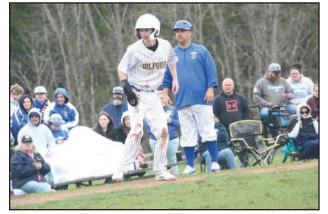




BASEBALL (continued from Page A1)

nic, Nate Fluet and John Schlieder of Newmarket, Brayden Viveiros of Nute, Cai Summers and Grady Howe of Portsmouth Christian and JJ Benson of Wilton-Lyndeborough.

Second Team honors also went to Vinny Santamaria of Colebrook. Danny Stopyro of Concord Christian, Benjamin Follansbee and Logan Abbott of Epping, Brady Kivela and TJ Edgar of Mascenic, Matt Napoletano and Jackie Prompradit of Newmarket, Beckett Viveiros and Brady Leeman of Nute, Landon Hasty of Portsmouth Christian and Colby Col-



Mikey Giovanditto of Gilford earned Third Team All-State for Division III.

lins of Wilton-Lyndeborough.

Also earning Third Team were Dylan Dauphinais of Colebrook, Andrew Doyle of Concord Christian, Jon Winters of Hinsdale, Lucas Leroux and Logan Lucas of Ma-

scenic, Cason Donahue of Newmarket, Cooper Janis and Ethan Burrows of Nute, Joey Christoforo of Pittsburg-Canaan, Brayden Leland of Portsmouth Christian. Sam Gaudet and Brock Kangas of Sunapee and

Trevor Sullivan of Wilton-Lyndeborough.

In Division II, Kennett's Jake Brown earned First Team honors while teammates Devin Jakubec and Mat Charrette, Kingswood's Nate Cloos, Kolby Brown and Hayden Eastman and Plymouth's Luke Diamond all earned Second Team honors and Kennett's Guillermo Chavarria-Burns and Plvmouth's Cavan Sanborn and Noah Shaw earned Third Team.

Joining Brown in earning First Team honors were Jake Reardon and Peyton Larrabee of Bow, Isaac Clough of ConVal, Wyatt Daigle and Alex Boone of Hanover, Tyler Gryniewicz

and Dvlan Morelli of Hollis-Brookline, Aiden Harris of John Stark, Jonas Weed of Merrimack Valley, Logan Howard of Milford, Louis Goldberg of Oyster River, Kevin Hardy of Pelham, Owen Stewart of Pembroke, Joe Mayo, Drew Reagan and Brayden Hickman of Souhegan and Graham Willerer of St. Thomas.

Also earning Second Team honors were Owen Webber, Brady Lover and Dillan Abbatte of Bow, Casey Colby of Coe-Brown, Ian Sinclair of Hollis-Brookline, Joey Dvkstra and Havden Pond of John Stark, Cam Sengenberger and Owen Jacques of Oyster River, Devin Riel of Pembroke

and Ethan Gaudet and Matt Silk of Souhegan.

Third Team honors also went to Owen Cray and Troy Konstantakos of Bow, Liam Marquette of Coe-Brown, Garett Rousseau of ConVal, Jorgen Drent of Hanover, Paul Gehan and Connor Gryniewicz of Hollis-Brookline. Brendan Dee of Laconia, George Tafe of Lebanon, Bryce Larco of Milford, Landon Wolusky of Oyster River, Jake Davidson of Pelham. Josh Maccarone of Pembroke and Kenny Avery and Thao Papakonstantis of St. Thomas.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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Did you know?

The benefits of exercise for seniors are innumerable. In order to get the physical activity they need, many older adults are turning to pickleball. Pickleball combines elements of tennis, wiffle ball and ping-pong into an activity that is drawing new enthusiasts every day. Fans often say that pickleball is the most fun racket sport they have played. With a smaller court than tennis and a lighter ball, pickleball is ideal for seniors who

won't have to worry about the sport being too high-intensity. The Medical University of South Carolina says pickleball is the fastest-growing sport today, particularly among seniors. The 2023 Sports & Fitness Industry Association Report on Pickleball says pickleball has attracted 8.9 million U.S. players of all ages and fitness levels. The SFIA report notes that the 65+ age group accounts for the second highest number of participants.



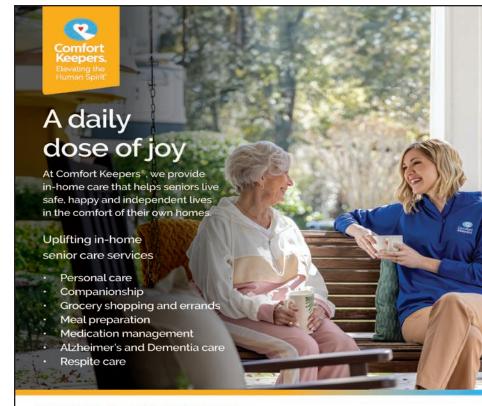


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Broadway stars shine at Brewster Academy Abby Mueller Trio in concert July 24



WOLFEBORO — On Thursday, July 24 at 7:30 p.m., Great Waters Summer Concerts invites audiences to Brewster Academy's Anderson Hall for a truly special evening of music and storytelling with The Abby Mueller Trio, starring Broadway luminary Abby Mueller, acclaimed singer-songwriter Sharon Kenny, and award-winning performer Andrew Mueller.

Set against a unique and evocative backdrop, the concert transports audiences to Los Angeles in 1971. The stage is A&M Records, where a young Carole King is in the studio crafting her second album. Just next door, Joni Mitchell is deep into the creation of "Blue," while James Taylor—fresh off his "Sweet Baby James" success—introduces the two. What follows is a legendary confluence of artists, friendships, and the groundbreaking music that would become the soundtrack of a generation.

In this intimate concert, the trio brings to life the stories and songs of these iconic figures—Carole King, Joni Mitchell, and James Taylor—through powerful performances, rich harmonies, and thoughtful narration. Expect timeless hits, deep cuts, and heartfelt tributes to the artists who shaped a musical era.

Abby Mueller is best known for her celebrated portrayal of Carole

King in "Beautiful: The Carole King Musical," both on Broadway and in the First National Tour. She originated the role of Jane Seymour in the Broadway smash "Six: The Musical," earning both Drama Desk and Grammy nominations. and has also appeared in "Kinky Boots" and on television shows like "Evil" and "America's Got Talent." Her popular vlog, "Yas, Queen!," has made her a fan favorite beyond the stage.

Andrew Mueller, an accomplished stage actor and musician, has starred in "Peter and the Starcatcher" Off-Broadway and numerous productions throughout Chicago, including "RENT," "Jesus Christ Superstar," and "Natasha, Pierre & The Great Comet of 1812."

Sharon Kenny, a prolific composer and lyricist, has written extensively for television, theater, and children's productions. Her songs have been featured on Dance Moms, Amazon, and Lifetime, and she has developed work at major venues including New

York Theatre Workshop and Williamstown Theatre Festival. As a pianist, she has performed across Broadway and currently serves as Musical Director for Abby Mueller.

This performance is part of the 2025 Great Waters Concerts in Town series. Tickets are available at www.GreatWaters.org, by phone at (603) 569-7710, or in person at the Great Waters office, 54 N Main St., Wolfeboro, Monday–Friday, 10 a.m. to 5 p.m.

Also featured this season: Chicago tribute band Brass Transit, powerhouse Tina Turner tribute artist Caroline Borole, jazz pianist Peter Cincotti, Earth, Wind & Fire tribute band Elements, and John Denver tribute artist Ted Vigil.

Great Waters is a nonprofit organization dedicated to presenting world-class musical performances in the Lakes Region. Special thanks to our leadership sponsors: Eastern Propane and Oil, Fidelity Investments, Belknap Landscaping, Paul Zimmerman, Maxfield Real Estate, and the Lake Winni Team.





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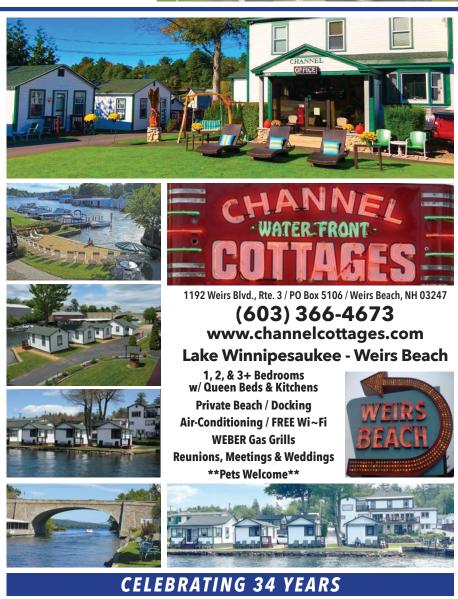


Issues aired

Democratic candidates for the House of Representatives Congressional District 1, left to right Sarah Chadzynski, Carleigh Beriont, and Stefany Shaheen, and State Rep. Heath Howard, far left, who is considering running, took questions from the audience at Peaches and Politics. The fundraising event, sponsored by the New Durham Democratic Committee and held over the weekend, featured a full buffet of peach-themed food, live music, a presentation on the damaging politics of Free Staters in New Hampshire, and opportunities to hear the candidates' platforms.









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For more details and a full schedule visit:

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OBITUARY

Raymond Francis Dion



Raymond Francis Dion passed away Friday, July 11, 2025 in Hyder Family Hospice in Dover, NH after a battle with Renal Failure.

Following cremation, calling hours will be held on Thursday 24th from

3:00pm - 4:30pm with a service to follow at 4:30 in the Peabody Funeral Homes & Crematorium, 15 Birch St, Derry, NH. A private graveside service will take place the following day. In lieu of flowers donations may be made to the Lakes Region Animal Rescue Center, 11 Old Route 28, PO Box 655 (mailing address) Ossipee, NH 03864

Please check www. peabodyfuneralhome. com for the full obituary.

Send all obituary notices to Salmon Press, by e-mail to obituaries@salmonpress.news Deadline is Monday at noon



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Barnstead Parks & Recreation highlights

Motto: "Bringing Community Together by Doing Fun Stuff!"

Archery Program Barnstead Archery -Registration is open for session 2 (July 11 - Aug. 22) and session 3 (Aug. 29 - Oct. 10). Classes are every Fridays from 6 7:30 p.m. (weather dependent) at the TL Storer Scout Reservation. Equipment will be provided, or you can bring your own. \$10 for the

Summer Concert Se-

session. The link for reg-

istration can be found on

our Web site.

Barnstead Parks & Recreation is pleased to welcome to the Summer Concert Series Stage, Visitors Band of NH on July 26, no concert on Aug. 2 due to the balloon rally and Heron Bluegrass Co on Aug. 9.

Visitors Band of NH, playing on July 26, The Visitors Band is a local band from Dover. They play classic rock 'n roll hits from the '60's through the '80's and some country. Your feet will be tapping to the tunes and you may even be tempted to get up and dance!

On Aug. 9, after a fun

time at Old Home Day, grab dinner and join us for The Heron Bluegrass Company! With decades of experience, they pay homage to classic bluegrass. The band covers some wide ground from Bill Monroe, Flatt and Scruggs, and The Stanley Brothers to Charlie Poole. The group's high energy live performances hearken back to bluegrass music's raw and raucous roots.

Summer concerts will take place at the Barnstead Parade Grounds every Saturday from June 21 through Aug. 23 from 6-8 p.m. This year's lineup features a wide array of music and can be found at www.barnsteadnhparks-rec.com/ events. Concessions will be offered by local organizations (cash only) and the concerts are free so grab a chair or a blanket and come on down to enjoy the show!

The concession provider for the July 26th show is the Barnstead Garden Club. They will have drinks and plenty of treats to satisfy your sweet tooth and maybe even a plant or two.

Fun and Games at Old

We will have carnival style games with prizes and a hula hoop contest at Old Home Day on Aug. 9 so stop by our booth and let the kids play.

Night Game Adults

will Game night be held on the third Wednesday of the month (Aug. 20) at the Oscar Foss Memorial Library. Come for a fun night of socializing and play an old favorite or learning a new game.

Summer Fishing Jamboree

Join us for the Third Annual Rick Gilchrist Memorial Fishing Jamboree for ages 15 and under. This free event is hosted with support from H&H Exteriors and is a great way to get kids outdoors and enjoy nature. A cookout will close out the event and pre-registration is recommended, but walkins for the event are welcome. The event will be Aug. 23 from 9 a.m.-1 p.m. at Adams pond at the T.L. Storer grounds in Barnstead. Registration link can be found on our Facebook page and

Being a part of the commission is a great way to be more involved in creating, planning, and hosting activities or programs for our community. There are many different levels of involvement and time commitments. We have various openings the commission, and we are excited to welcome new members. Contact Gail McCullough if you would like more information.

Barnstead Garden

We thrive off of community volunteers and donations, so please reach out to us through Facebook page, Barnstead Garden Club, or barnsteadgc@yahoo. com if you can lend a hand! We appreciate any help and support and hope you join our team!

watch Please Web site (barnsteadnhparks-rec.com) Facebook page (@barnsteadparks) for additional details, date changes, cancellations, and popup events. We can also be reached at 802-332-3799 barnsteadparks@ gmail.com if you have any questions.

Commission member

Recreation news BY BRITTNI STEWART Room down at the Gil-Community church, Fel-

Gilford Town The Beach

The Concession stand at the Gilford Town Beach, operated by The Plate Lunch, is open for its eighth season serving the residents of Gilford. We look forward to seeing and serving you once again!

Gilford Parks and Recreations is partnering with Renee Cupples, E-RYT500 certified Yoga Instructor, to run a sixweek yoga for all ages program.

Time: Tuesdays from 9:30-10:30 a.m. and Thursdays from 6-7 p.m.

Where: The Gilford Town Beach located on Varney Point Road.

When: Tuesday mornings and Thursday evenings from July 8 - Aug. 14 (Session dates may be extended to accommodate for cancellations due to inclement weath-

Registration Fees: \$60 for six classes \$15 daily drop-in fee.

Register at the Guard

ford Beach.

Arts and Crafts at the Gilford Beach

Program runs Tuesand Thursdays davs from 10 a.m.-noon for four weeks June 24-July 31. This program may be done on a drop-in basis and be paid daily at \$3 per child. \$30.00 for the full session.

Senior Moment-um: Monday, Aug. 4 Lunch and Team Trivia

Okay, our brains are in summertime mode so let's rattle the cages a little, have some fun and laughs, and enjoy a tasty summer lunch! We will be meeting at the Gilford

lowship Hall at 11:30 a.m. to partake of a lunch of Mediterranean chicken skewers over rice, accompanied by a vegetable medley, and a Chef's Choice dessert. lunch, we will be playing a little "Team Trivia," with a variety of categories/topics ing pop culture, history, math, science, sports, television, movies, animals, books, food - just about everything!) No need to study – just come for the FUN. FOOD, and FELLOWSHIP!!! cost for the program is \$11. Please be sure to RSVP no later than Wednesday, July 30.

UTampa student Alana Ireland of Gilmanton earns Dean's List **honors**

TAMPA, Fla. — Alana Ireland, of Gilmanton, earned dean's list honors at University of Tampa as a Senior in the Spring 2025 semester. Ireland is majoring in Criminology and Criminal Justice BS. Students must maintain a GPA of 3.75 or higher to be eligible for the dean's list.

The University of Tampa is a private, comprehensive university located on 110 acres on the riverfront in downtown Tampa. Known for academic excellence, personal attention and real-world experience in its undergraduate and graduate programs, the University has about 200 programs of study and serves approximately 11,450 students from 50 states and most of the world's countries.



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niel and Sberrie Williams, 473-8914. more information, please visit a -mail ahfc@faith.com.

ALTON BAY CHRISTIAN CONFERENCE CENTER

BEFREE COMMUNITY CHURCH, ALTON

Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High School. Pastor Ben Rubl, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH

CHRISTIAN COMMUNITY OF PRAISE C.C.O.P PRAISE GATHERING

We will not be meeting for the rest of July. Resuming regular summer schedule on August 2nd (Saturday evenings at 5:30pm) The Gilmanton Community Church 1803 NH Route 140, Gilmanton Ironworks, NH

ccoppraisegathering@gmail.com

Pastor Jared Cassidy 10am Worship service Sunday 20 Church St Alton

Sundays at 10 a.m

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD, UCC Sunday School and Worship Services

Rev. Aute Renneay 603-776-1820 Our services are in person at 504 North Barnstead Road, Center Barnstead, NH and live-streamed on Zoom,

FIRST CONGREGATIONAL CHURCH OF

Worsbip Services: 10:00 AM Sunday School: 10:15 AM Sept. To June

FIRST BAPTIST CHURCH OF NEW DURHAM NH Sun. School 9:30am; Church 10:30am; Evening Service 6pm Wed. Prayer Meeting 7pm. Depot St., New Durham

JOY CHURCH

Pittsfield, NH 03263 Sunday Celebration 9:30 am Prayer Night- 1st Wed of every month 6:30 pm Pastors Mike & Kathy Mavity

PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H.

Sunday Morning Worship Service for all ages begin at 9:00 a.m Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings.
Pastor Sandy Pierson - 483-2846

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Mass Saturday 4pm; Sunday 8:30 & 10:30an

Daily Mass Mon., Tues., Wed., Fri. 8:00am ST. STEPHEN'S

EPISCOPAL CHURCH Sunday 9:30. 50 Main St., Pittsfield Rev. Miriam Acevedo with Rev. Stephen Ekerberg www.ststepbenspittsfield.com

UNITED METHODIST CHURCH Sunday services 10:30 am. Church 603-539-8058

UNITARIAN UNIVERSALIST SOCIETY OF

Sunday services and religious education 10:00 a.m. 172 Pleasant St.Laconia • 524 6488 • uusl.org MAPLE STREET CHURCH

Sunday Service 11am 96 Maple Street, Center Barnstead NH 03225



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Fun Fact: Mila is a tight rope walker. perch nearby.

THE REAL REPORT

Town	Address	Туре	Price	Seller	Buyer
Alton	291 Mount Major Highway	Single-Family Residence	\$400,000	Dennis, Jr. and Heather Matulewicz	Alicia M. Lessing
Alton	Sport Emery Road	N/A	\$12,000	Linda S. Galvin Trust and Leonard B. Galvin, Sr.	Bruce and Sharon Waterman
Barnstead	231 Bow Lake Rd.	Single-Family Residence	\$430,000	Troy and Barbara Fontaine	Aaron and Caitlin A. Durocher
Barnstead	N/A	N/A	\$550,000	Jonathan K. and Katelyn E. Chiasson	Jennifer and Eric Waterhouse
Gilford	25 Country Club Rd., Unit 604D	Condominium	\$73,000	JR French Holdings LLC	Healing Arts Therapeutic
Gilford	34 Rowe Farm Rd.	Single-Family Residence	\$985,000	Eric and Aimee Tierno	Marc and Catherine Delorenzo
Gilford	193 Sagamore Rd.	Single-Family Residence	\$1,340,000	Robert P. & D.E. Dion Trust and Jessica Dion	Bryson Arvanitis
Gilford	N/A	N/A	\$112,000	Stephanie and Carl W. Dodge	Aliza StGeorge
Gilmanton	22 Bunker Lane	Single-Family Residence	\$485,000	James D. Hall	Christopher and Jacinda Odette
Gilmanton	N/A	N/A	\$299,000	Christy and Bobby Rafferty	Dawn M. and Robert P. Gillespie
Gilmanton	N/A	N/A	\$420,000	Kathleen A. McClintock	Steven Ingram
Gilmanton	N/A (Lot 1)	N/A	\$535,000	Kimberley A. StGeorge Estate and Paige V. StGeorge	Brewster Bartlett and Julie Thompson
Gilmanton	N/A (Lot 31)	N/A	\$320,000	Liane M. Stressenger and Nanette L. Leruant	Susan Bowman
New Durham	2 Gertrude Lane	Single-Family Residence	\$430,000	Kaitlin Foskitt and Kaitlin Daniels	Jacob and Aylssa Vanderhoff
AROUT THE REAL REDORT					

ADUUT THE REAL REPURT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

SPORTS

BY JOSHUA SPAULDING

LACONIA — The Laconia Post 1 American Legion baseball team struggled to get the bats going and dropped a 10-2 decision to Bedford on Tuesday, July 15, at Robbie Mills Park in Laconia.

Jaxson Embree got the start on the mound for Post 1 and set the side down in order in the top of the first inning and Brendan Dee had a oneout base hit in the bottom of the inning but was stranded on the bases.

Bedford got two hits, a walk and a fielder's choice to plate the first run of the game and after Owen Waldron made a nice play on a pop up down the right field line, a wild pitch made it 2-0. Embree came back with a strikeout and after a walk, a base hit plated the third run of the game, but Zach St. Onge in left, Dee at short and Jake Tryon behind the plate combined to cut down the second runner at the plate to end the inning.

Rvan Folan reached on an error with one out in the bottom of the second but was forced at second on a grounder from Cam Cook. Tryon followed with a base hit, but both runners were stranded on the bases.

Folan took over on the mound in the top of the third inning and a double, an error and a base hit plated two runs and another double made it 6-0. The hosts again cut down a runner on the bases, as St. Onge fired to Dee to Embree behind the plate and then down to Waldron at third to record the out. Folan then got a strikeout and groundout to end the inning.

TJ Charbono led off the bottom of the third inning with an infield hit and Dee reached on an error, but a fly ball to left and a double play ended the inning. Bedford got a walk, and a base hit and two hit batters to push across another run and a grounder to third made it 8-0. Embree then gunned down a runner stealing second to end the inning.

Folan doubled with one out in the bottom of the inning and after a Cook base hit, a Tryon double got Laconia on the board but that was all they could get on the board. Folan worked around a base hit and a walk in the top of the fifth inning.

In the bottom of the fifth, Dee led off with a walk and moved up on a wild pitch. Will Wallace grounded out and Embree reached on an error

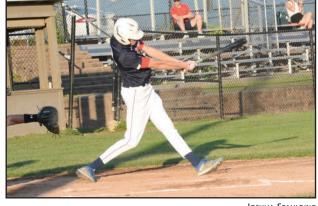
Post 1 falls to Bedford in season finale



Will Wallace takes a throw at first base during Post 1 action against Bedford last week.

to plate Dee to make it 8-2. Waldron came on to pitch in the top of the sixth inning and a hit

batter, walk and base hit drove in the ninth run of the game for Bedford before Laconia got out of



JOSHUA SPAULDING

Ryan Folan takes a swing during American Legion action last week against Bedford.

the inning. Reece Cook walked with one out in the bottom of the sixth and St. Onge reached on an error. However, a double play ended the inning. Bedford got a walk to start the inning and an error and two base hits plated another run. St. Onge snared a line drive at short and turned it into a double play to help Laconia get out of the inning.

Waldron beat out an infield hit with one out in the bottom of the seventh and moved up on a wild pitch. Wallace then singled but was gunned down at second base and a fly ball to right ended the game with Bedford taking the 10-2 win.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.





Young triathletes

Cooper Bourdeau (on bike) and JJ Flanagan (in water), both of Alton, compete in the Granite Kid Triathlon in Wolfeboro on Saturday morning. Both kids competed in the five and under age group.





Equal Housing Opportunity

All real estate advertising in this

newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, $with\ respect\ to\ the\ sale,\ or$ rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sec, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. (The Fair Housing Act of 1968 at 42 U,S,C, 3604(c))
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or write The Commission at 163 Loudon Road, Concord, NH 03301 Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. hereincontained. The Publisher reserves the right to refuse any advertising.

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Gilford glass crushing project hits snag

By Erin Plummer mnews@salmonpress news

GILFORD — The process of breaking down an old pile of glass for cement material hit a big mechanical snag and will be twice as expensive as originally thought.

Public Works Director Meghan Theriault gave the selectmen an update on the glass issue during the July 16 meeting.

Theriault said the DPW has a 10-year-old pile of glass that has accumulated materials like rocks and cement chunks over the years. She said they budgeted to get rid of that pile this year with the aim of putting in a new glass collection area at the recycling center. The old pile would be crushed and ideally would be mixed into the cement for the new public works building.

Theriault said there was only one vendor in the area who could crush the glass, a subcontractor through NH Recycles.

Glass crushing began and Theriault said within a day or two of crushing starting, material in the pile caused several teeth to break on their crusher. Theriault said work stopped and the company and told them they would have to bring a different crusher to do the job which was much more expensive than the previous unit. The company is also requiring a 50 percent deposit.

"We're kind of, no pun intended, caught between a rock and a hard place here," Theriault said. "There's no vendor that are gonna crush this material and again."

The contract was orig-

will go up to \$65 per ton not to exceed \$48,000.

Theriault said the department has a twophased goal to crush and dispose of the old pile of glass and start a fresh pile that is kept clean. Theriault saif this pile has been a problem for several years. She said the DPW has tried to get vendors to come in and deal with it and investigated doing it themselves

The department budgeted \$50,0000 this year to get rid of the pile and next year want to budget for building a new paved pad for a container that would isolate the glass to be shipped out.

Theriault said once glass from the old pile is crushed, she will bring it to the builder to test and see if it is sufficient for the new building's

inally for \$37 per ton that cement pad. If it won't work, she said they can still mix it in aggregate for other projects.

"I don't mind using it in this way with the pile that we have, but in the future, I'd rather just recycle the clean glass bottles to bottles," Theriault said. "When you can recycle bottles They can be used for new bottles and that's the best value for

your glass recycling."

Board Chair Kevin Hayes asked if this amount would take care of that whole pile and Theriault said it would and the company gave them a lump sum price to take care of the pile.

The selectmen unanimously approved the motion to amend the glass crushing contract.

Employment Opportunity: Chief of Police -Town of Woodstock, New Hampshire

The Town of Woodstock, New Hampshire, is seeking a progressive, communityoriented leader to serve as its next Chief of Police. This is a terrific opportunity to lead a full-service department with an approximate annual budget of \$800,000, a team consisting of five full-time officers of varying ranks, and one part-time officer.

Nestled in the heart of the White Mountains, Woodstock is a vibrant town with approximately 1,400 year-round residents and a thriving visitor economy. Centrally located with easy access to I-93, Woodstock is just minutes from Plymouth and Littleton, making it an ideal place to live and work.

The ideal candidate will bring a proven track record of leadership, professionalism, and community engagement. Candidates should have:

- A bachelor's degree in a relevant field from an accredited college or university
- At least ten (10) years of progressively responsible law enforcement experience, including at least five (5) years in supervisory, command, and administrative roles—or an equivalent combination of education and experience that demonstrates the required knowledge, skills, and abilities.
- Certification as a full-time police officer by the State of New Hampshire, or the ability to obtain such certification through reciprocity with the New Hampshire Police Standards and Training Council.

The Chief of Police works under the direction of a three-member Select Board and an appointed Town Administrator. The Chief will be responsible for overseeing day-to-day operations, department budgeting, personnel management, community relations, and continuing the department's commitment to proactive, communityfocused policing.

Compensation & Benefits:

Starting salary will be commensurate with qualifications and experience. The Town of Woodstock offers an excellent benefits package.

Interested candidates should submit a cover letter, resume, and three professional references to:

> Town Administrator Town of Woodstock PO Box 156 Woodstock, NH 03262 Or via email: admin@woodstocknh.gov

Application deadline: July 31, 2025 The Town of Woodstock is an Equal Opportunity Employer.



Full-Time Installers Apprentice

nergysavers Inc, a 50 year old hearth & spa product etailer in the Lakes Region, is looking for a motivated ndividual that wants to learn the trade of installing nearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

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> Please call or email with any questions; sflanagan@pmsau.org or 603-875-7890

SHAKER REGIONAL SCHOOL DISTRICT

MIDDLE SCHOOL BOYS SOCCER (B TEAM) COACH

Shaker Regional School District is seeking a coach for the 2025-2026 season for Middle School Boys Soccer (B Team) Coach.

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@ sau80.org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.

SHAKER REGIONAL SCHOOL DISTRICT GIRLS VARSITY LACROSSE COACH

Shaker Regional School District is seeking a coach for the 2025-2026 season for Girls Varsity Lacrosse.

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@sau80. org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.

SHAKER REGIONAL SCHOOL DISTRICT

MIDDLE SCHOOL CROSS COUNTRY COACH

Shaker Regional School District is seeking a coach for the 2025-2026 season for Middle School Cross Country.

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@sau80.org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.





The Lakes Region Planning Commission has launched its 2025 Household Hazardous Waste Collection program, and held our first events on June 21 in Franklin and Wolfeboro, serving over 300 households. Household hazardous wastes are substances that can poison or contaminate the water supply, and these collections provide a safe and responsible way to dispose of these materials. Upcoming collections will take place on July 26 in Gilford (55 Cherry Valley Rd.) and Meredith (17 Jenness Hill Rd.), and on Aug. 2 in Alton (74 Hurd Rd.) and Moultonborough (68 Highway Garage Rd.). Both events will run from 8:30 a.m. to noon, and residents or taxpayers may bring up to 10 gallons or 50 pounds of household hazardous waste at no cost. For more information, visit www.lakesrpc.nh.gov or call 603-279-5336.

Wright Museum hosting "Women in Intelligence" lecture

T uesday, July 29, the W right Museum will welcome Helen Frv. This is the ninth program of t he Wright Museum's 2025 Education Series.

From the 20th century onward, women took on an extraordinary range of roles in intelligence, defying the conventions work in MI offices kept

of their time. Across the British war engine both world wars, far from being a small part of covert operations, women r an spy networks and escape lines, parachuted behind enemy lines, and i nterrogated prisoners. And, back in Bletchley a nd Whitehall, women's vital administrative

b ooks covering the social history of the Second World War, including British Intelligence and the secret war, espionage and spies, and MI9 escape and evasion.

She is the foremost authority on the 'secret l isteners' who worked at special eavesdropping s ites operated by Briti sh Intelligence during

running. An interesting

look at the rich and var-

ied work women under-

took as civilians and in

and edited more than 25

Dr. Fry has authored

uniform.

WWII. Her groundbreaki ng research and ext ensive media coverage have shed light on one of the greatest intelligence d eceptions of the war: the bugging of Hitler's g enerals at Trent Park in North London, and thousands of prisoners of war at Latimer House and Wilton Park in Buck-

inghamshire. H elen is the official biographer of MI6 spymaster, Colonel Thomas J oseph Kendrick. She h as also extensively written about the 10,000 Germans who fought for Britain during WWII.

D oors open at 6:00 p.m., the program begins at 7 p.m. on Tuesday, July 29 at the Wright Museu m's DuQuoin Education Center, 77 Center St. in Wolfeboro. Admission is \$8 for members and \$ 12 for non-members. P re-paid reservations are strongly encouraged and can be made online a t https://wrightmuseum.org/lecture-series or by calling 603-569-1212.

The region's leading r esource for educators and learners of all ages on World War II, the W right Museum features more than 20,000

i tems in its collection t hat are representative of both the home front and battlefield. For more i nformation about the 2025 Lecture Series, or m useum, visit wrightmuseum.org.

Handy Dad fixes things.

Leave a message and play telephone tag.

Gunnar 269-3616

Jalen Reese named to Hamilton College Dean's List

CLINTON, N.Y. — Jalen Reese of Gilford has been named to the Dean's List at Hamilton College for the spring 2025 semester.

To be named to the Dean's List, a student must be a current member of the Class of 2025, 2026, or 2027, have carried a course load of four or more graded credits throughout the semester, and earned an average GPA of 3.5 or above on a 4.0 scale.

Reese, a rising junior majoring in mathematics, is a graduate of Gilford High School.

Hamilton College, a leading liberal arts institution located in Clinton, N.Y., is where exceptional students explore passions through an open curriculum and robust research, internship, and off-campus study opportunities. Students graduate ready to lead purposeful lives thanks to highly regarded faculty mentors, generous resources that support each student's interests, and a loyal alumni network. The College's need-blind admission policy ensures access for talented students with limited financial means.

Millicent Caldon named to Hartwick College Dean's List

ONEONTA, N.Y. — Millicent Caldon of Gilmanton was named to Hartwick College's Spring 2025 Dean's List. Caldon, who is pursuing a major in Biochemistry with a minor in Mathematics, was among the 376 students named to the Spring 2025 Dean's List.

Making the Dean's List is an indication of excellence in academic work. To qualify, students must complete at least 12 academic credits during a term with a grade point average of at least 3.50 and no incompletes.

About Hartwick College Hartwick College, recognized as The Life Balance College, is a private liber-

al arts and sciences institution in Oneonta, N.Y. With its innovative FlightPath approach, Hartwick integrates academic excellence, career readiness and an engaging campus life, fostering a well-rounded and fulfilling college experience. Committed to transparent tuition and a strong emphasis on health and wellness, Hartwick equips students for lifelong success-both personal and professional

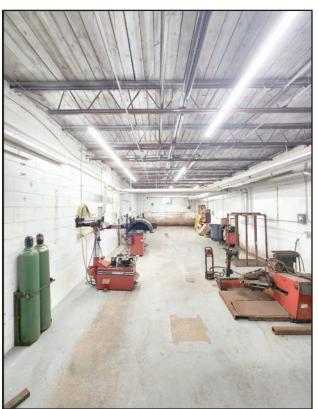
DPW BUILDING (continued from Page A1)

but the DPW is coordinating with the building's owner and the town's electrician to get the process done.

Before this move fleet was working out ot eh cold storage building.

"It was cramped and interesting working in the leaking cold storage building for the last month, but we made it work!" read a post on Facebook.

The DPW said on Facebook that Spears Wrecking and Salvage was expected to be in on July 21 to mobilize with demolition taking place the next two days. After demolition, Lyman Construction was then expected to be in right after to start sitework on the new building.



COURTESY — GILFORD DEPARTMENT OF PUBLIC WORKS The Fleet Division of Gilford Public Works moved into its temporary garage in Belmont as work continues to demolish the old DPW building for a new one.

TOWN OF NEW DURHAM PLANNING BOARD **PUBLIC HEARING NOTICE**

Tuesday, August 5, 2025 7:00 PM at NEW DURHAM TOWN HALL Ronald G. and Claudia M. Vachon

You are, hereby, notified that a hybrid Public Hearing will be held in person and over Zoom by the New Durham Planning Board on Tuesday, August 5, 2025, at 7:00 pm. The hearing is regarding a Subdivision within the Residential, Agricultural, Recreational Zoning District submitted by Paul F. Zuzgo, LLS, of Prospect Mountain Survey on behalf of Ronald G. and Claudia M. Vachon for property at Map 258, Lot 033, 105 Berry Road, New Durham, New Hampshire. The full application is on file at the New Durham Town Offices for review during normal business hours. If you have any questions on Zoom meeting, please contact the Land Use Assistant at ndlanduse@ newdurhamnh.gov or the Planning Board.

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Windham Community Band continues summer concert series

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COURTESY PHOTO (Right) The Windham Community Band is the next act in the Friends of the Wolfeboro **Community Bandstand concert** series. The group plays July 26 at the Cate Park Bandstand beginning at 7 p.m.

WOLFEBORO — After a few years away, the Windham Community Band returns to the Wolfeboro Community Bandstand this Saturday to continue the free summer concert series.

The concert will take place on Saturday, July 26, at 7 p.m. in Cate Park.

The Windham Community Bands began more than a decade ago and has grown in both size and musicianship in that time and has established itself as a professional quality symphonic band. The band is considered one of the largest and most active concert bands in the state, rehearsing and performing throughout the year.

The band has performed in Hampton Beach, Newburyport, Haverhill and Lowell, Mass. and in summer concert programs throughout southern New Hampshire.

The band is comprised completely of volunteers ranging in age from teens to seniors and they come from various backgrounds. Many are music teachers, while others are doctors, business people, technical professionals and retirees. Some are still students. Band members come from towns from throughout the area.

The Windham Community Band plays a repertoire of music that most will find familiar, including Broadway musicals, popular medleys, swing, jazz, marches and other favorites.

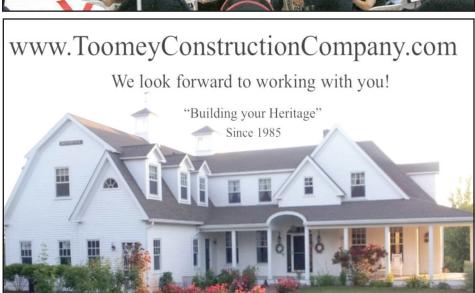
The Windham Concert Band director is Spencer Aston, an accomplished trumpet player, soloist, conductor, clinician and teacher. He holds faculty positions at Bridgewater State, UMass-Boston and the Powers School of Music. The assistant director is Pam Choinski, who is the band director at Abby Kelley Foster High School in Worcester, Mass.

The Friends of the Wolfeboro Community Bandstand is a non-profit group that sponsors free concerts in Cate Park each Saturday throughout July and August. The group is always looking for a wide variety of musical styles to fill the Saturday night series and the opening week of the series brings the sounds of traditional concert bands.

The concerts run from 7 to 9 p.m. in Cate Park in downtown Wolfeboro. Though there is no charge for the concert, a pass-the-hat offering is taken at intermission to help support the Friends of the Wolfeboro Community Bandstand's mission to bring quality acts to Wolfeboro every summer.

The Windham Community Band will play at 7 p.m. on Saturday, July 26, weather permitting. The concerts are subject to weather conditions. If bad weather is threatening and the concert has to be postponed, there will be a sign posted at the park entrance near the town docks and will be posted online at wolfeborobandstand.org and on the group's Facebook page.







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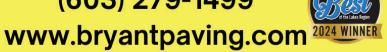






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