

Newfound Landing

THURSDAY, JUNE 23, 2022

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COMPLIMENTARY

Bohlmann fifth in New Hampshire Heptathlon competition



JOSHUA SPAULDING

Malina Bohlmann finished fifth in the New Hampshire Heptathlon over the weekend in Nashua.

BY JOSHUA SPAULDING
Sports Editor

NASHUA — Local athletes competed in the annual New Hampshire Decathlon and Heptathlon on Saturday and Sunday at Nashua South

High School.

Katherine Luehrs of Plymouth captured the heptathlon win, finishing with a total of 3,787 points for the school's first-ever win in the competition. Malina



JOSHUA SPAULDING

Malaki Ingram competed in the New Hampshire Decathlon in Nashua over the weekend.

Bohlmann of Newfound finished in fifth place with 3,092 points, Alexis Daughen of Plymouth was 29th overall with 1,789 points and Isadora Robert of Newfound finished 35th with 1,506 points.

In the 100-meter hurdles, Luehrs won with a time of 15.46 seconds, Bohlmann was eighth in 18.63 seconds, Robert was 25th in 21.46 seconds and Daughen was 34th in 23.19 seconds.

In the shot put, Luehrs finished in seventh place with a toss of 8.11 meters, Bohlmann was ninth at 7.92 meters, Robert was 10th at 7.7 meters and Daughen finished in 24th place at 6.15 meters.

Luehrs took third in the high jump, clearing



COURTESY

Malina Bohlmann (with trophy) and Malaki Ingram (with plaque) earned hardware at the decathlon and heptathlon this weekend.

1.47 meters, Bohlmann cleared 1.32 meters for 13th place, Daughen was 24th at 1.22 meters and Robert cleared 1.07 meters for 41st place overall.

Bohlmann won the javelin with a toss of 31.56 meters, Luehrs finished in 20th place at 16.97 seconds, Robert was 23rd at 16.69 meters and Daughen finished in 31st place at 13.8 meters.

In the 200 meters, Luehrs finished in third

place in 26.59 seconds, Bohlmann finished in 20th place in a time of 29.75 seconds, Daughen ran to 28th place in 31.63 seconds and Robert took 37th in a time of 33.99 seconds.

For the long jump, Luehrs was third at 4.65 meters, Bohlmann finished in ninth place at 4.35 meters, Daughen finished in 33rd place at 3.38 meters and Robert finished 39th with a jump of 3.08

SEE HEPTATHLON PAGE A11

Free summer support groups offered by Pemi-Baker Hospice & Home Health

BY GUY TILLSON

Bereavement Coordinator
Pemi-Baker Hospice & Home Health

PLYMOUTH — Pemi-Baker Hospice and Home Health will be offering two new Grief and Loss Support Groups, beginning on Tuesday, July 5. The groups will deal with issues pertaining to loss and grief as these experiences impact the lives of individuals. The six

sessions will draw on insights from the works of David Kessler, Kenneth Doka, and Alan Wolfelt, three leading voices in the area of grief studies.

There will be two groups:

A morning group will meet at the Plymouth Regional Senior Center from 11 a.m. through 12:30 p.m. We can accommodate ten in-person participants. Group

members will sit socially-distanced from one another. Masks are not required, but are recommended for those who wish to be cautious. We can also accommodate persons virtually via Zoom.

There will also be a late afternoon group from 5:30 through 7 p.m. The late afternoon group is Zoom-accessible. SEE SUPPORT PAGE A11

PSU names Nathaniel Bowditch Provost and Vice President of Academic Affairs



Nathaniel Bowditch

PLYMOUTH — Plymouth State University (PSU) has named Nathaniel (Nate) Bowditch, Ph.D., provost and vice president of academic affairs. After an extensive nationwide search, a committee comprising PSU faculty, staff members and students selected Bowditch, who

arrives from Long Island University, Post (LIU Post) where he served as dean of the LIU Post College of Liberal Arts and Sciences and professor of philosophy.

Bowditch is a respected academic with a distinguished track record as both a professor and an administrator. Prior to his time at LIU Post, he served as dean of the School of Humanities and Social Science at the American University in Cairo. Bowditch spent more than a decade in Egypt, where, among other important contributions, he secured funding for the first American Psychological Association-recognized psychology graduate

program in the MENA (Middle East/North Africa) region, as well as acting as the primary investigator on research grants from organizations such as the United States Agency for International Development (USAID) and the Mellon Foundation. His love of teaching kept him in the classroom as dean, leading courses on free will, modern philosophy, and the philosophy of David Hume. He also co-taught courses on computer science ethics and scientific thinking. He received the Provost's Service Award and the Excellence in Undergraduate Teaching Award during

SEE BOWDITCH PAGE A11

Newfound Lake Region Association, Minot-Sleeper Library present storytime at Grey Rocks



HEBRON — Summer is a great time to read and a great time to get outside - join the Minot-Sleeper Library and Newfound Lake Region Association (NLRA) as we do both! This collaborative outdoor storytime will take place at Grey Rocks Conservation Area at 178 N. Shore Rd. in Hebron on Saturday, July 9 at 11 a.m. Following storytime with library staff, an NLRA educator will lead visitors on a guided walk of Grey Rocks.

Along with programs and events, Grey Rocks visitors can enjoy trails with scenic views of the Cockermouth River and Hebron Marsh, unpack a picnic in the picnic area, throw in a line at the fishing alcoves, or even launch a kayak or canoe at the non-motorized boat launch. Grey Rocks features a variety of habitats with many different plants and animals including wildflowers, turtles, and eagles.

NLRA works to protect the high-quality

waters of Newfound Lake and its watershed, maintaining a healthy and diverse ecosystem. Along with educational programming like guided activities and public events, NLRA monitors water quality, conserves land, manages stormwater pollution, and monitors for invasive species. Learn more about their programs and events and ways you can be involved at: Newfound-Lake.org.

Pemi-Baker Hospice & Home Health raises critical funds for patients through online auction



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PLYMOUTH — Pemi-Baker Hospice & Home Health (PBH&HH) celebrated another successful fundraising auction this spring thanks to the generosity of community sponsors, donors and bidders.

With more than 125 items to bid on and specialty services to donate towards, they hit their fundraising goal and raised the critical funds needed to continue their important work in supporting the members of 29 communities who need medical aid at home. All proceeds from the auction support patients and families with little or no health insurance. Some of the auction donations are specific to palliative and hospice services including: therapeutic massage, hospice and dementia comfort cubs, therapeutic music and hospice comfort kits.

PBH&HH would like to thank the following businesses and individuals for sponsoring the auction: Dumont Construction, the Van-Sickle Family, Rockywood-Deephaven Camps, Waterville Valley Realty, Speare Memorial Hospital, Northway Bank,



COURTESY

Hospice patient receiving therapeutic massage to ease pain and discomfort.

Bank of New Hampshire, Mid-State Health, Noyes Insurance, Meredith Village Savings Bank, R.M.Piper Inc., New England Employee Benefits Company, Insurance 24, Mainstay Technologies, Hanaford, Horne Electric, Tom & Donna Wall, Wild Heart Yoga & Wellness Studio, Tartaglia's Pizza and Bovill Bros. Logging Inc.

Would you like to support Pemi-Baker Hospice & Home Health? Visit their Web site, www.pbhha.org, to make a donation or join their 'Circle of Friends'. This special group of good as gold supporters, make small, monthly donations to provide ongoing

funding so PBH&HH can mobilize care, regardless of the patient's ability to pay. Just \$10 a month will help ensure that every family can find the compassion, education and assistance necessary to help their loved one. You can make a difference to a friend or family member today with less than the amount you spend on lunch!

With over 55 years of experience, serving clients from 29 towns in central and northern New Hampshire, Pemi-Baker Hospice & Home Health is committed to creating healthier communities. Services include at-home health-care (VNA), hospice and palliative care, and

Community Programs including: American Red Cross CPR/AED/FA, Caregiver Support Groups and Grief and Bereavement Support Groups. Providing compassionate care with experienced staff who are trained, certified professionals in the business because of their hearts. In your time of need, we're right where you need us.

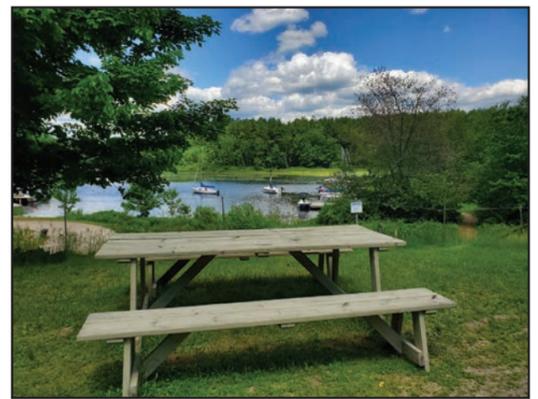
Pemi-Baker is located at 101 Boulder Point Drive, Suite 3, Plymouth. To contact us please call: 603-536-2232 or email: info@pbhha.org Like our Facebook Page: @pembakerhospicehomehealth

Coloring in the Cove with the SLA

HOLDERNESS — Come on over to the SLA cove to relax, enjoy the outdoors, and make some art! We will provide paper, colored pencils, and coloring sheets, as well as crayons for making rubbings of cool leaves and rocks, but you're welcome to bring any additional media you'd like. During the program, LRCC members Ashley and Eva will lead participants in exploring the species present around the cove, and how they all work together

to create the balanced environment we love and protect. The natural beauty of our environment can inspire us to make art; likewise, our art can inspire others to defend our environment. This program will be relatively open-ended, so you're welcome to drop in at any time on June 24th from 10 a.m.-noon!

For more information, or to sign up for this Adventure Ecology program, visit the SLA Web site (squamlakes.org) or contact the SLA directly (603-968-7336). The SLA also offers other Adventure Ecology programs throughout the year. These free programs are open to the public and

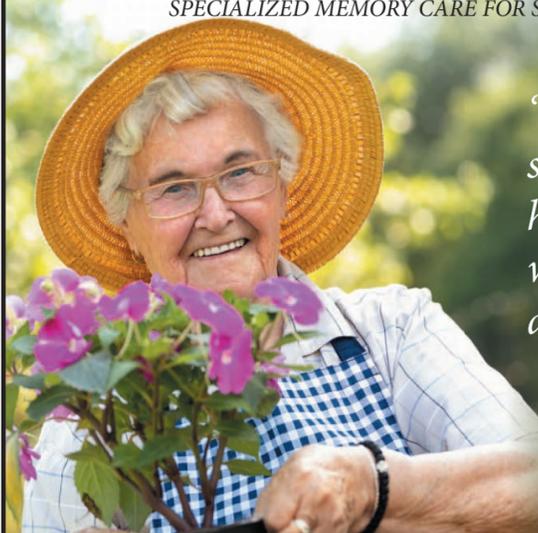


cover a variety of nature and conservation related topics. The Adventure Ecology programs are presented by the LRCC AmeriCorps members at the SLA who perform important conservation work in support of the Association's mission.

The Squam Lakes Association is dedicated to

conserving for public benefit the natural beauty, peaceful character and resources of the watershed. In collaboration with local and state partners the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes Region.

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ROWELL'S SERVICES

SKYT presents "The Lion King" this weekend

BY ERIN PLUMMER
ernews@salmopress.news

MOULTONBOROUGH — Take a trip to the Pridelands this weekend when Streetcar Kids and Youth Theater presents "The Lion King, Jr."

Disney's classic story of a young lion who finds his destiny will come to the stage at Moultonborough Academy this Friday through Sunday.

"I love this show; it's one of my favorite Disney films," co-director and co-producer Raelynn Cottrell said.

She said she loves many things about the film, from the characters to the powerful music.

Auditions started at the end of April and the company has rehearsed in Laconia since the beginning of May.

The show features 24 young performers who range in age from eight to 18. Cottrell said the

cast is a mix of theater veterans and newcomers. She said it's been a great process watching how the older performers have been mentoring the younger ones.

"They really, truly are amazing," Cottrell said. "I've pushed them pretty hard, but they rise to the occasion. I honestly believe this is probably one of the best kid shows we've ever put on."

This show will be the first time they have done a production at Moultonborough Academy and she said a third of the cast comes from Moultonborough.

Bladimir Figueroa of Moultonborough plays the main character Simba as an adult.

"It's a really interesting character; he changes through the musical so it's really fun to play him," Figueroa said.

He said this is his first time playing the lead

character.

"It's really fun; I've never played it before and it's interesting," Figueroa said.

He said it's a lot of pressure, but it's still fun.

Siera Kender of Belmont plays Simba's childhood friend Nala as an adult.

"I think she's an amazing character, and her sassiness and energy is fun to play," Kender said.

Close friends Leah Haskins and Abigail Bryant, both of Moultonborough, play Simba's buddies Timon and Pumbaa.

"It's been a really fun experience," Haskins said. "This is my first time playing the main comic relief character, so it's been a new experience."

Both said it's been really fun performing with their best friend.

"It helps me get in character and feel comfortable while I'm doing it," Bryant said.

Isabella Cottrell of Gilmanton plays the king's advisor Rafiki, a character she said is fun to play.

"A mix of really spiritual and really fun," she said.

This is the first time Figueroa and Kender have performed with Streetcar and both said this has been a lot of fun.

"I love the people I



PHOTOS BY ERIN PLUMMER

Performers rehearse for SKYT's coming production of "The Lion King, Jr."

meet here, they're really fun," Kender said.

Bryant said they have really formed a community.

"We walked in with people from tons of different towns, now we're a family that supports each other," Bryant said.

"The Lion King, Jr." will take the stage at the Moultonborough Academy Auditorium June 24 and 25 at 7 p.m. and June 26 at 2 p.m. Tickets are available online at <https://streetcarcompany.webs.com/apps/web-store>.



Rafiki (Isabella Cottrell) meets with Nala (Siera Kender).



Simba (Bladimir Figueroa) with his friends Timon and Pumbaa (Leah Haskins and Abigail Bryant).

Squam Lakes Natural Science Center brings larger-than-life insects to New Hampshire



HOLDERNESS — Beginning July 1, Squam Lakes Natural Science Center will immerse visitors in a world of invertebrates to learn about how they preserve the balance of nature with the opening of Giant Insects.

Five larger-than-life animatronic insects will greet visitors along the live animal exhibit trail. Insects include Bombardier Beetle, Blue-eyed Darter, Devil's Flower Mantis, Grasshopper, and Stag Beetle. In addition, there will be a giant spicebush swallowtail caterpillar that visitors can climb on for a great photo.

Visitors can experience Giant Insects from July 1 through Sept. 30, along the live animal exhibit trail. Giant Insects is included in regular trail admission (\$22 for adults; \$20 for seniors age 65 and older; \$16 for youth ages three to 15; free for children two and under; free for members). Squam Lakes Natural Science Center is open every day from 9:30 a.m. to 5 p.m. with the last trail admission at 3:30 p.m. Visit nhnature.org for more infor-

mation and to purchase tickets in advance.

Squam Lakes Natural Science Center will hold additional events focused on insects throughout the 2023 trail season. Pollinator Party on July 12 will celebrate the life and work of bees, butterflies, and other pollinators. Visit with local beekeepers to learn about raising bees, make a wildflower seed bomb, and walk through Kirkwood Gardens to see the plants that naturally attract pollinators. Additional education programs during Pollinator Party include two garden-specific programs about pollinators and native plants. All program details and registration are at <https://nhnature.org/>.

The Science Center will offer Insects Alive Guided Tours to learn about the specific insects

in the Giant Insect exhibit, where these insects live, how they adapt, and what we can do to help them survive. Insects Alive Guided Tours take place July 8 and 18, Aug. 5 and 29, and Sept. 18.

The Science Center will also be hosting The Caterpillar Lab from Aug. 25 through 27 to see and touch many varieties of caterpillars. Insects and other invertebrates make up approximately 94 percent of the world's animal species. They play a major role in our natural world doing everything from pollinating plants and distributing seeds, to providing food for wildlife, recycling nutrients, and more.

Giant Insects is generously sponsored by Meredith Village Savings Bank, Holderness School, and Eversource.

HOLDERNESS — The first of three tournaments in the Squam Canoe Classic: Bass Fishing Tournament Series is quickly approaching! Load up the canoe, kayak, float tube or any style of human powered watercraft and head out on Saturday, June 25 for a day of timeless moments on the water.

Seasoned pros alongside the most amateur anglers are going to love this event. The Squam Lakes Association is excited to host our Eighth Annual Squam Canoe Classic, a very approachable bass tournament experience. This fishing series is all about the love of the lake, having a great time on the water, going after the big one, and good-natured sportsmanship. It is an opportunity to test your skills against the fish and each other, and a laid back way to introduce beginners to the art and pleasure of recreational fishing. Quietly ease up to that favorite fishing hole and use all your skill and cunning to hook yourself

a winner!

This tournament is open to any vessel completely powered by human effort. It is a catch and immediate release tournament. Anglers document their catch by measuring and taking a photo and then release the fish back into the deep where the legend can swim on. Participants must fish with lead-free tackle.

This year we are continuing our partnership with Eastern Adaptive Sports (EAS) to provide a quiet water fishing experience, allowing adaptive

anglers the opportunity to fully participate in the event. For individuals in need of adaptive access, please indicate this requirement upon registration. Eastern Adaptive Sports will provide boat access for participants.

Tournament Dates in this year's series are: June 25, July 23 and Aug. 13. For more information or to register, please visit <https://www.squam-lakes.org/2020-squam-canoe-classic-bass-fishing-tournament-series> or call the SLA at 603-968-7336.



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Will you help change a child's life today?

BY DEB NARO
Contributor

CADY gives children the tools they need to thrive and create brighter futures. With your support, through our Summer 2022 One Trusted Adult Campaign, children and youth will gain skills, confidence, and resiliency they need for promising futures. When you give to a child, you change their future, helping them see beyond their daily struggles. Your support will start a powerful multiplier effect that will inspire hope and improve lives, communities, and the world.

When you give to Restorative Justice, you reclaim futures by giving our region's most vulnerable youth a second chance to overcome challenges, to grow, and to turn their lives around. Many of our high-risk youth are struggling with substance use, mental health disorders, and suicidal ideation. We know that when we intervene early, we prevent the escalation of their struggles and ultimately save lives.

CADY Restorative Justice, an accredited juvenile court diversion program for first-time youth offenders, is a strength-based, high-impact, experiential process that has made a powerful difference in the lives of over 260 local children and youth. In most cases, difficult economic circumstances, adverse childhood experiences including trauma, family distress, and isolation put our most vulnerable children at even greater risk. Restorative Justice builds protective factors with a process that leads to a deeper understanding of youth needs and is critical to treatment and prevention efforts.

We understand the right intervention at the right time can build competence, confidence, self-esteem, and a sense of worth vital to healthy development. Our services include counseling with a licensed therapist; Master's Level Alcohol and Drug Counseling; Pet Assisted Therapy; mentoring; educational programming; skill-building community service; and weekly meetings with caring professionals.

We believe our youth are one of the very best investments we can make. We hope you feel the same way and will consider a donation to CADY's Youth Restorative Justice Program. Your donation, large or small, will help our non-profit stem the tide of addiction by preventing and reducing youth drug and alcohol use — a critical first step to ending the opioid epidemic in New Hampshire and averting other serious individual and social consequences arising from substance misuse.

Each donor who donates a minimum of \$50 will be entered for a chance to win 18 holes of golf for four people with carts at White Mountain Country Club in Ashland, valued at \$250! Thank you to White Mountain Country Club for their generous donation!

Please visit our Web site at www.cadyinc.org to donate online and learn more about our other innovative youth programs! Thank you again for supporting our vital work of helping our community's most precious asset, our children, to learn grow and thrive— we cannot do this critical work without you.



COURTESY PHOTO

At Nationals

This past Saturday, June 18, Newfound's Paulina Huckins and coach Mike LaPlume went to Philadelphia where Huckins competed in the New Balance Nationals Outdoor. She threw shot put in the Rising Stars division and took second place. She threw 40 feet, 1.5 inches, making her the first girl in Newfound history to break 40 feet in shot put.

Comfort Keepers

Travel with a person with a chronic condition

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

Caregivers often have trouble deciding whether it is possible or worthwhile to travel with the person who has Alzheimer's, Parkinson's, MS or COPD. It will require a lot of advance planning and knowledge of local resources. The person may function at a much lower level in unfamiliar surroundings than at home.

You will be required to provide a great deal more support while traveling than you do at home. However, some trips are essential, while others may be for pleasure. You may choose to spend the extra energy to include the person in your care on the trip, and it is possible that both of you may enjoy many aspects of the experience.

Traveling with oxygen

People who use oxygen have to take care to be prepared with

enough oxygen to get them where they need to go. People with lung disease who don't usually need oxygen may require it when traveling by plane because of the difference in air pressure on airplanes. All people with lung disease should speak to the doctor before traveling. The rules for air travel with oxygen change. Check with each airline to find out their requirements. A doctor's permission to travel may be necessary when oxygen is needed. Some airlines allow the use of a portable oxygen concentrator on the plane. If the person in your care uses an oxygen concentrator, be sure to have extra oxygen prescriptions and extra batteries. If there is a layover between flights, you may want to arrange for oxygen to be available from a local company; your oxygen distributor usually will help with this.

Traveling with medications

Traveling with medications should not stop you and your care receiver from enjoying travel in the U.S. and abroad. Some tours or cruise lines require a note from the doctor stating that the person is fit to travel.

- Medication tips:
- Bring enough medication to last through your trip plus some extras.
 - Pack your meds in a carry-on bag—luggage can stray or become lost.
 - Keep all medication in original containers with original prescription labels.
 - Make a list of the medications the person takes, and why, with brand and generic names. Make a copy and pack one copy separately.
 - Make arrangements for refrigerating medications, if needed.
 - If intravenous medication is used, carry a used-needle container.
 - Bring the person's insurance ID card, plus instructions for access-

ing a physician where you are going. • Bring the doctor's name and contact information, in case of emergency

Checklist - Travel with a Chronic Condition

- Let the person's primary care doctor know of your travel plans.
- Request a wheelchair for the person in your care, even if they don't use one at home. Not only will it prevent fatigue, but wheelchair-users are usually fast tracked through security.
- Use a Medic-Alert identification bracelet for the person in care.
- Have the person in your care carry a "traveling with" card in their wallet, with your name and cell phone number on it.
- Inform the TSA Officer before the manual pat-down begins if the person in your care has an ostomy bag. Passengers are not required to remove or expose their ostomy bags at TSA

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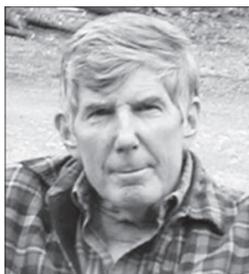
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NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN

When the highway meant “above the spring floods”



By JOHN HARRIGAN
COLUMNIST

On reflection, the Age of Green Grass, a period I've had so much fun imagining, was not the blissful, sustainable, job-producing place I've pictured.

In theory, when everything was powered by green grass—meaning “horses”—it was a bucolic scene described by the likes of Hillary (remember her?) when she said, “It takes a village.”

Well, actually, she was right on that one, because it does indeed take a village to at once raise a child and yet allow a certain freedom. Only one who's had a childhood like that could know.

The Coashaukees, an offshoot tribe of the Abenaki who once lived in northern New Hampshire and Vermont, raised their kids that way. The whole village brought them up. So did the Mandans, encountered by Lewis and Clark, and countless Indian nations and tribes across the continent.

And our moms did it too, in their own way, in reliance that everyone was pretty much on the same page, as hundreds of thousands of World

War II baby-boomers can attest.

“Sorry I'm late,” I'd huff and puff into the phone. “Jimmy's Mom says I can stay for supper if it's okay.” And it was always okay.

See, my mom knew Jimmy's mom from the Legion Auxiliary. Also, our parents knew Jimmy's parents because their kids' first cousins knew our friends out East. Besides, one of our neighbors' twins knew Jim's family because his Dad was a fish cop. His younger brother was in one of my mother's kindergarten classes. Their neighbors...

And on and on it went, in a chain of unbroken trust—and command.

+++++

The time I've presented in such a good light—the Industrial Revolution up to the First World War—was not quite so rosy, chiefly for native Americans, women's rights, and a host of other social issues. Then too, there was how society treated animals, both wild and domestic.

Wildlife conservation was almost entirely unknown. What passed for civilization had never caused an extinction, at least one that was known or acknowledged. Nor was there much concern about humanity's treatment of domesticated animals.

As an example of the foregoing, many wildlife experts today point to yesterday's mammoths and mastodons as ex-

amples of wild species hunted to extinction by the precursors of today's hunters, ancient man. As I've been reading in one niche magazine article after another, the theory is that yesterday's people, barely beyond the hunter-gatherer stage, hunted North America's ancient large creatures to the brink and beyond, using stone structures, pit-traps, improvements in spears and spear-throwing, and for all I know, mastodon jumps.

I don't think that prehistoric man had the ability to pursue mastodons and mammoths to extinction. I don't believe people were numerous enough, especially in colder regions, to form partial encirclements and “drive” large animals toward pit-traps, or cliffs and the like. And I certainly cannot see them using spears to confront and kill such large and aggressive creatures.

Would any sane person of small stature (around five feet five inches back then) tackle a creature the size of an elephant? Better (for me, at least) to go throw a net out where the river meets the lake.

+++++

As a lifelong hunter who's not exactly in the hunter-gatherer category, I take issue with all this, and oppose the notion that prehistoric people were able to persecute mammoths, et al, to the brink. Time and carcasses (the science is still young, and short on burial sites) will tell.

As usual, passenger pigeons and the buffalo (bison) are the most telling points in the mankind-causing-extinction argument. But it was unregulated commercial hunting, not sport hunting, that spelled the demise of both species, a fact seldom noted. Of course, there is the problem of all those ads for train-trips to the Great Plains so cited East-erner's could brag about shooting a buffalo.

+++++

Today's nature-lovers don't enjoy being reminded about age-old tests of values held dear.

An old friend personifies this, as I do in my own right. She respects all life, of any kind, and respects the mysteries and beliefs on its origins. Never kill what you cannot restore, she says, meaning “a life,” and most especially, for sport. “Don't tell me!” she often implores, when I bring up trout.

But what if I'm out fly fishing, and take a few fish for breakfast? “Just don't tell me,” she says, when I get to the part about breaking their necks. And yet she loves native trout, both in the form of a gorgeous speckled fish in mid-leap and as part of breakfast, curling up in a Number 10 cast-iron frypan.

+++++

“First Contact” has dominated my interest in recent years—that time when European explorers and the native peoples of North and



JOHN HARRIGAN
The green stuff we grow aplenty (that would be “grass,” the legal kind) is indeed going to be knee-high by the fourth of July. This was taken two months ago when lawns were in their infancy (remember that?).

South America were meeting for the first time.

The first known time, that is. Writing and the ability to leave a written record are relatively new in the long run of history. Here in the northeast, our own history is complicated by acidic soils that destroy many relics, and a reliance on oral tradition to pass down family and tribal histories.

These chance encounters received mixed reviews. On the one hand the explorers wanted something—food, water, directions. The Indians did too—trade-goods, tobacco, or maybe just for the Europeans to go away.

Along those lines, I tell a favorite anecdote from the journals of one explorer whose longboat got through the surf along the coast of Maine, heading for Indians spied on a cliff, only to be pelted with animal carcasses and fireside offal.

From this, he deduced, the locals had met Europeans before.

+++++

Today's influence-peddlers would have a hard time in more basic and

direct times. They can take advantage of the ever-widening gulf between cities and countryside, the unknown place and lifestyle where their food comes from. People are trying heroically to fuzz those lines, and all I can say is, “You go!” But as so many who see the gap say, there it is.

Another friend believes that humans should never seek to have control over other creatures, let alone take their lives, and has a hard time even accepting the ownership of pets. Circuses, of course, are beyond the pale.

It all makes me wonder if the Great Creator will smite the human population with an even greater affliction than before, or send an asteroid big enough to do the job.

In the meantime, we can try to stick to the high road, and be civil, fair, and factual.

(This column is syndicated in newspapers from Concord to Canada. Please address mail, including phone numbers for questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

Point of Law



Why you should have an estate plan

BY ORA SCHWARTZBERG
Schwartzberg Law
Plymouth

An estate plan can provide peace of mind by ensuring that your money and property are protected, should you become ill. Also, in the event of your death your loved ones will receive money and property according to your wishes. A clear estate plan will also make it less likely for friction to evolve among your family members.

What key elements of an estate plan should you consider?

Do you have a last will and testament or a trust? If you do not have these

important documents, state law will determine who will inherit your property—and it may not occur in the way you would have chosen. In addition, someone appointed by the Court, instead of a trusted person of your choosing, will be in charge of caring for any children or pets and winding up your affairs.

Have your considered various options for avoiding probate so that your loved ones inheritances remains private, and not accessible to their creditors or to the proliferation of scammers who search the probate records?

Have your considered transferring your home

or other real estate into a trust? This will allow your heirs to avoid probate and will make your property immediately available to them, at the time of your death, without the necessity of participating in the protracted and expensive probate process.

Have you named the appropriate beneficia-

ries to your retirement accounts and life insurance policies? Have you made “payable on death” designations for your bank accounts?

Are the proper powers of attorney and health care directives in place? A financial power of attorney designates an individual to make financial and property

decisions, should you become unable to handle your own affairs. An Advanced Health Care Directive designates a person you trust to make medical decisions for you when you are otherwise unable to speak for yourself.

Do you have insurance? If you become incapacitated (unable

to manage your own affairs) or die, it is important for you to consider the appropriateness of various life, health disability and long term care insurance options.

Taking the time to put your estate plan in place will give you peace of mind and will provide protection for yourself and your loved ones.

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Edward Jones: Financial Focus

What's your investment risk tolerance?

Risk is a normal part of investing. If you didn't take on any risk, you wouldn't have the potential to achieve higher returns. But how much risk should you accept? You don't want to incur unnecessary risk. So, you'll need to assess the amount of risk you're comfortable taking and then determine if this risk level supports your ability to achieve your long-term goals. Here are some of the key factors in determining your own capacity for investment risk:

- **Personality** – We all have different personalities. And your individual personality can certainly affect your comfort level with risk. If you enjoy taking chances or pushing yourself outside your comfort zone in other aspects of your life, you could be more likely to accept greater investment risk, too, because you know that greater risk means greater potential reward. Conversely, higher-risk investments also carry greater potential for volatility, including steep short-term declines.
- **Time** – Risk tolerance can change over time. When you are first starting out in your career, with decades to go until you retire, you may feel comfortable with a certain degree of investment risk, knowing you have time to potentially overcome the inevitable downturns in the financial markets. But as you near retirement, you might consider lowering your risk level and investing more conservatively. Likewise when you do retire, you'll likely have to start withdrawing money from your retirement accounts, which means you may need to liquidate some investments – and, ideally, you won't want to have large fluctuations in value at that time. However, even during retirement, you may want your portfolio to include some growth-oriented investments to help keep you ahead of inflation.
- **Type of goal** – You might have different risk tolerances for different goals. For example, if you know you need a specific amount for a particular goal in two years – such as buying a new car or taking an overseas vacation – you may want to put away money in a low-risk, liquid vehicle. This type of investment might not have much growth potential, but for this goal, you are less interested in achieving a high rate of return than you are in being reasonably sure the money will be there when you need it. So, in this instance, you may have quite a low tolerance for risk. But for a long-term goal, such as a comfortable retirement, you may be prepared to take more risk in the hopes of greater returns, given the longer time horizon. By understanding your risk tolerance and knowing how

it can change over time and under different circumstances, you can be better prepared to face investment volatility. And there are certainly things you can do to mitigate risk. By owning a variety of investments – domestic and international stocks, bonds, mutual funds, government securities and so on – you can reduce the impact of market volatility on your portfolio. (Keep in mind, though, that diversification can't prevent all losses or guarantee profits.) In any case, the biggest risk of all is simply not investing. If you are going to invest your financial goals, you need to invest for them. By understanding your own risk tolerance, and by making wise choices along the way, you can stick with an investment strategy that can work for you in the long run.

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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC
Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.



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Tenney Mt. Store

RUMNEY:

Common Café

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alexandria	N/A	N/A	\$90,000	Alyson B. and Christopher S. Kotkowski	Stephen P. Bleiler
Ashland	Airport Road	N/A	\$225,000	Timothy K. and Diane S. Hubbard	Brian P. and Karen H. Moriarty
Ashland	Calley Road	N/A	\$225,000	Timothy K. and Diane S. Hubbard	Brian P. and Karen H. Moriarty
Ashland	167 Highland St.	Single-Family Residence	\$363,400	Susan M. Francesco and Jane E. Raymond	Joan P. Glidden
Ashland	N. Ashland Road	N/A	\$225,000	Timothy K. and Diane S. Hubbard	Brian P. and Karen H. Moriarty
Ashland	233 N. Ashland Rd.	Single-Family Residence	\$500,000	Michael F. Lewis	Robert J., Jr. and Charielle Hollowell
Bridgewater	2667 River Rd.	Single-Family Residence	\$275,000	Arlene A. Sheehan Trust	Terry Kitto and Kathleen Grad
Bristol	341 Wicom Rd.	Single-Family Residence	\$940,000	J.T. Zaza RET 2006 and Jim N. Zaza	Blue Skies Fiscal Trust and Scott W. Buchanan
Campton	444 Winterbrook Rd.	Single-Family Residence	\$260,000	Derrick E. and Mindy K. Strong	Alexandra Townsend
Campton	N/A	N/A	\$176,800	Jonny A. Ramirez	Nora Arango
Holderness	78 Perch Pond Rd.	Mobile Home	\$99,000	Deborah A. Roy	Dawn K. Jesseman and Dean M. Melanson
Holderness	Route 25	N/A	\$480,000	Krisanda Fiscal Trust and Cindy L. Krisanda	Joseph A. Ferro
Holderness	Route 3	N/A	\$480,000	Krisanda Fiscal Trust and Cindy L. Krisanda	Joseph A. Ferro
New Hampton	NH Route 104	N/A	\$50,000	Kimberly A. Royea	Jeremy J. Hiltz RET
Plymouth	192 Quincy Rd.	Single-Family Residence	\$250,000	Carol S. Perkins	Walter and Jane Allen
Thornton	36 Blake Mounain Rd.	N/A	\$260,000	William J. and Debra J. Fraser	Stephen C. and Wendy L. Godin
Thornton	14 Fraser Rd.	N/A	\$70,000	Caromar Realty LLC	Brenton W. Drouin
Thornton	787 NH Route 49	Single-Family Residence	\$290,000	Mario G. and Donna M. Lemos	IRA NT and Steven A. Fernandes
Waterville Valley	23 Black Bear Rd., Unit 1511A	Condominium	\$157,533	Mark S. and Lisa I. Reposa	William P. Litterio and Nicole Pariseau-Litterio
Waterville Valley	12 Davos Way, Unit 6	Condominium	\$412,800	James L. Hauser	Kirkland J. Curley

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might in-

volve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Towns

Bristol

Al Blakeley
adblakeley0@gmail.com

While most of the country is experiencing very hot and humid weather, we seem to be waiting for summer to knock on the door! The wind has been pretty steady and the clouds want to cover the sunshine without much threat of needed rain. I won't hold my breath because of the old adage, 'if you don't like the weather, just wait a minute.' Have a great summer!

Congratulations to Paulina Huckins, a NRHS track athlete, who competed at the New Balance High School National Track Championship in Philadelphia, PA. Her shot put of 40 feet, one inch not only broke her own shotput school record, but also finished in second place nationally for the Rising Stars

Division! What a terrific ending to a commendable high school athletic career.

The Minot Sleeper Library Summer Hours start on July 1. They are as follows: Monday, Wednesday, Thursday, and Friday, 10 a.m. to 6 p.m., and Tuesday, 1 to 8 p.m. and Saturday, 10 a.m. to 2 p.m. Regular hours resume on Tuesday, Sept. 6.

Reoccurring events at the MSL include: Knot Only Knitters on Mondays from 2:30 - 4:30 p.m., Mah Jongg on Wednesdays from 1 - 3 p.m., Tech Help Appointments on Thursdays from 2 - 5 p.m., and Paint Your Own Shark Art Gallery for all ages (Sharks are free and can be picked up at the MSL and then put on display until Aug. 19, when there will be a gallery opening).

Events for the month of June at the MSL include: Storytime on Fri-

day at 11 a.m.; June 24 ("The Rainbow Fish"), presentation of 'War in Ukraine from the Inside' with Jullya Hrebenko, a former NRHS exchange student, on Tuesday, June 28 at 4 p.m., 'Earth Day Every Day: Bee Houses' on Tuesday, June 28 at 6:30 p.m.

The 13th Annual TTCC "Tee It Up 'Fore' The Kids" Golf Classic will be held at Den Brae Golf Course in Sanborn-ton on June 25 at 1 p.m. Registration/information at 744-2713.

The TTCC is excited to partner with Challenger Sports again this summer to offer a summer soccer camp! The camp will run from Aug. 1 - 5 for ages three to 12. Ages three to five will be from 8 - 8:45 a.m. for \$85 and ages six to 12 from 9 a.m. - noon for \$155. Most camps will include a free soccer ball, t-shirt, poster and certificate, as well as early registration

replica jersey - please check your individual sessions to confirm this. Please register early to avoid disappointment. There will be a \$10 late fee at most camp sites for campers registering within 10 days of the camp start date.

Here's what the Fourth of July celebrations look like; July 2: 4th of July Boat Parade, Fireworks at dusk. July 4: Firecracker 5K Road Race; 8 a.m. registration, 8:30 a.m. start. Parade (Celebrate Country Living) 10am start. Registration and information online at www.ttccrec.org or www.bristolnh.gov.

Hebron

Bob Brooks 744-3597
hebronnnews@live.com

Hebron Historical Society hosts summer program

On Friday, June 24,

the Hebron Historical Society will be hosting a program with guest speaker, Steve Taylor, "Poor Houses and Town Farms: the Hard Row for Paupers." In New Hampshire's history, it was not uncommon in rural communities such as Hebron, to find folks who were "down on their luck" and behind on their taxes or other obligations. These communities often came to the support of such individuals/families with a variety of solutions and ways to help solve these situations. This program explores several of those solutions, as they reflected England's 1601 Poor Law which led to poor houses, town farms, and county institutions. Steve will also examine how reformers were able to eventually succeed in closing these down and ending this chapter in New Hampshire history.

Steve Taylor lives on

his family farm in Meriden Village, where he and his sons operate a dairy, maple syrup, and cheese making enterprise. He has been a lifelong student of the state's rural culture, and for 25 years was New Hampshire's Commissioner of Agriculture. He was also the founding executive director of the NH Humanities Council.

The presentation will be held in the Community Hall of the Hebron Church, 16 Church Lane, and is handicap accessible. This program is sponsored by NH Humanities Council and is open to the public at no charge. Light refreshments served at 6:30pm, followed by the program at 7 p.m. More information at 603-744-3335. Masks are up to individual discretion, but are highly recommended for this indoor meeting.

Local students named to Dean's List at Plymouth State University

PLYMOUTH — A total of 366 students have been named to the Plymouth State University Dean's List for the Spring 2022 semester. To be named to the Dean's List, a student must achieve a grade point average between 3.5 and 3.69 during the Spring 2022 semester and must have attempted at least 12 credit hours during the semester.

Emma Russell of Ashland
Liam Tremblay of Plymouth
Thomas Wilkin of Warren
Michael Kulig of Campton
Christopher Costigan of Bristol
Kobe Briand of Hebron

Ashley Hoyt of Campton
Kiana McCormick of Rumney
Timothy Mijal of Rumney
Maximiliano Nordhausen of Plymouth
Alyssa Riess of Plymouth
Randall Scroggins of Rumney
Sumaj Billin of Plymouth
Jacob Brown of Campton
Nicholas Durban of Plymouth
Mitchell Stevens of Bristol
Dani Marsh of Plymouth

About Plymouth State University
Established in 1871, Plymouth State University serves the state

of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates and by providing graduate education that deepens and advances knowledge and enhances professional development. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire.

Students named to President's List at Plymouth State University

PLYMOUTH — A total of 823 students have been named to the Plymouth State University President's List for the Spring 2022 semester. To be named to the President's List, a student must achieve a grade point average of 3.7 or better for the Spring 2022 semester and must have attempted at least 12 credit hours during the semester.

Alison Alberta of Plymouth
Theresa Benoit of Campton
Lindsey Brunelle of Plymouth
Lilyana Cloutier of Bristol
Abraham Faba of Campton
Riley Flaherty of Holderness
Robert Garland of Plymouth
Patrick Lillicotch of Campton
Isabella McDonald of Bristol
Ethan Pruet of Alexandria

Kacie Collins of Campton
Hailey Crowley of Campton
Amanda Fleury of Plymouth
Stella Hoyt of Holderness
Makayla Marucci of Ashland
Patrick Mignanello of Campton
Tatum Nadherny of Campton
Fletcher Hall of Plymouth
Zachary Patten of Holderness
Allison Smith of Holderness
Emma Woodbury of Rumney
Jake Duggan of Campton
Taylor Healy of Campton
Jenna Lewis of Plymouth
Rebekah Lewis of Holderness
Brianna Luscher of Holderness
Ashleigh Magoon of Holderness
Julie Rasicot of Plymouth
James Rousse of Plymouth

Alexis Stonis of Campton
Michael Rolando Sylvain-Stott of Alexandria
Max Walker of Plymouth
Hailey Botelho of Rumney
Isabella Bradley of Holderness
Nicholas Healey of Campton
Kacie Johnston of Campton
Zachariah McGlone of Plymouth
Sarah Schartner of Plymouth
Morgan Schmit of Plymouth
Reed Wilson of Bristol
Angelique Dauphinee of Campton
Tucker Hill of Wentworth
Jack Serbst of Holderness
Brianna Therrien of Plymouth
Sarah Christiansen of Plymouth
Emma Diamond of Plymouth
Saoirse Gaulocher-Bergmann of

Holderness
About Plymouth State University
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Gray and Dobson claim victories on Mount Washington again



JOSHUA SPAULDING

JOSEPH GRAY captured another Mount Washington Road Race title on Saturday.

PINKHAM NOTCH — There was no shortage of excitement at the 61st running of the Delta Dental Mt. Washington Road Race on Saturday, June 18. The extreme cold and wind at the summit forced the course to be shorted to halfway, making the race 3.8 miles from the typical 7.6 miles. Veteran competitors Kim Dobson of Eagle, Colo., and Joseph Gray of Colorado Springs, Colo., ran away from the field to win their races in relatively convincing fashions. And both runners set short course records, with Dobson setting the win record for women runners, as she moved into a tie with Bob Hodge for the most wins at Mt. Washington all-time.

As is often the case, Mt. Washington did not disappoint in the weather department. Known as the “home of the world’s worst weather,” Mt. Washington showed it with temperatures at the base in the low 50s with windy and drizzly conditions. Temperatures at the summit were in the 20s with sustained winds of 75 to 80 miles per hour with the threat of ice and snow, making it too dangerous to race to the top. Even with the

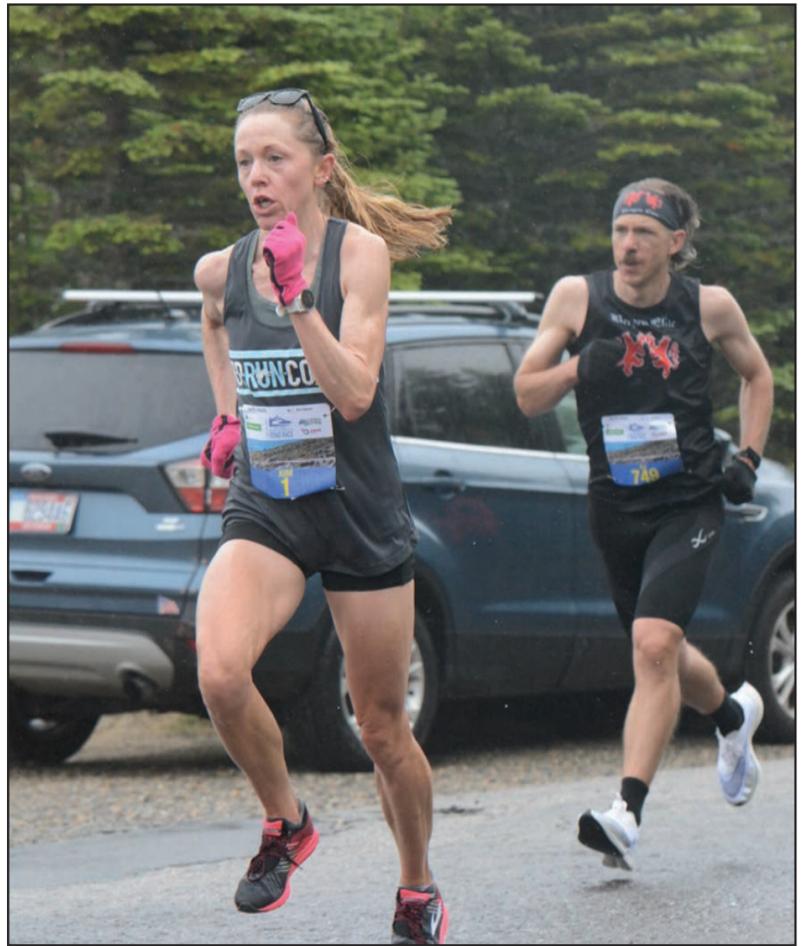
shortened course, runners were still greeted by high winds, rain and temperatures in the 30s at the finish line. Living up to its reputation for extreme weather, Mt. Washington provided a day to remember.

The weird weather didn’t dampen the spirits of the racers, however. Six-time and returning champ Dobson went out calmly with a number of her competitors leading her out of the gates. When asked before the race if her strategy would change based on the shortened race, she said, “I’m going to go out conservatively, it is easy to blow up in the first half mile.” By the one-mile mark Dobson had the lead, and by the two-mile mark she was well on her way to making history. Dobson did not blow up and won easily in a time of 31:59. Her time was the 10th fastest of the day overall and also beat the old “halfway” course record set by Anna Pichrtová in 2002. Dobson was awarded a \$5,000 bonus for breaking the course record by race sponsor, Delta Dental. Ironically, with her seventh win, Dobson passed Pichrtová, and her six wins, on the all-time wins list

and cemented her legacy as the greatest female runner at Mt. Washington.

Taking the second spot was Amber Ferreira of Concord, in a time of 34:32. Ferreira also won the Crossan Cup as the first finisher from the state of New Hampshire. Taking third was Kim Nedeau of Leverett, Mass. in a time of 35:26. Nedeau caught and passed fourth place finisher Caitlin Patterson of Portland, Maine during the final 200 meters. Patterson finished with a time of 35:30. Finishing off the top five was Jess Elliot of Lyme in a time of 36:41.

At the sound of the starting cannon, five-time and returning champ Gray raced out to an early lead and never let off, winning in a record-setting time of 27:44, beating the old “halfway” record of 28:02 set by Simon Gutierrez in 2002 (Gutierrez is credited with introducing Gray to mountain running.) With the record, Gray was also awarded a \$5,000 bonus. It was suspected that the contestants would go out hard since the race was shortened, and that proved to be true. Gray went out quickly in a



KIM DOBSON charges toward the finish line to win another title on Mount Washington Saturday.

tightly grouped pack of about 10 men and by the end of the first mile had distanced himself from his competition. The gap would never close. When asked after the race about his strategy change due to the shortened course, he did not hesitate, “my goal was to win and break the record from 2002.” Gray accomplished that mission. Gray’s six wins draws him one win away from tying Bob Hodge as the winningest male at Mt. Washington.

Olympic Marathon Trials qualifier Everett Hackett of Hartford, Conn. finished second in his first Mt. Washington Road Race in a time of 28:50. The ever-consistent Eric Blake of West Hartford, Conn. came in third with a time of 29:12. This is Blake’s 15th top-three finish. Rounding out the top five men was Lee Berube of Syracuse, N.Y. in fourth place with a time of 29:28. This was Berube’s third straight top five finish. Samuel Fazioli of Derry finished in fifth for the second straight year with a time of 30:31. Fazioli won the Crossan Cup for the second straight year as New Hampshire’s top finisher.

Sponsored by Delta Dental, the race usually ascends the Mt. Washington Auto Road from Pinkham Notch to the 6,288-foot summit of Mt. Washington. Due to weather related safety concerns, the race was shortened to 3.8 miles finishing at the “halfway” point of the Auto Road this year. In addition to the unrelenting grade, runners face the added challenge of Mt. Washington’s famously high winds, precipitation, and unpredictable temperatures, which makes this race one of a kind. Prizes include \$1,000 apiece for the first male and female finishers, smaller cash prizes for the next five men and women and the top three male and female masters (over 40), prizes for the first male and female finishers from New Hampshire, and a \$5,000 bonus for setting a new course record.

Local finishers

The top local finishers was Conway’s Kevin Tilton, who finished in a time of 33:28 to place 14th overall. Michael Mott of Alton finished in 28th place overall with a time of 35:06 and Littleton’s Heath Brewer finished in a time of 35:42 for 35th place.

Corey Dowe of North Conway was the top local female finisher with a time of 38:15 for 69th place overall. Meghan Underhill of Northfield finished in a time of 39:53 for 83rd place and Richard Fargo of Chatham finished in a time of 40:06 for 86th place.

Canterbury’s Graham Hyslip finished in 131st place overall with a time of 42:40, Jessica Cullen of Tamworth placed 154th in a time of 43:35, Leslie O’Dell of Albany finished in 44:03 for 159th place and Tamworth’s Courtney Delaney finished in 182nd place overall with a time of 44:26.

Kimberly Proulx of Conway finished in a time of 45:58 for 199th place, Gabriel Ohlson of Conway placed 221st in a time of 46:50, Michael Brett of Moultonborough ran to 248th overall in 48:07, Tami Celso of Intervale finished in 50:27 for 307th overall, Corrie Hempel of Meredith finished in 51:12 for 323rd place, North Conway’s Phoebe Seltzer placed 362nd in 42:20, Ashley Benes of Moultonborough was 377th overall in 52:38 and Alysia Krause of Northfield placed 378th in 52:40.

Julie Adams of Tuftonboro placed 392nd overall in a time of 53:01, Marie Shay of Intervale finished in 53:18 for 402nd place, Marc Ohlson of Conway was 423rd overall in a time of 53:45, Meghan Breton of Jackson finished in 55:14 for 475th place, Gene Fahey of Holderness finished 476th overall in 55:25, Rhonda Reed of Belmont finished in 485th place in a time of 55:57, Wolfeboro’s Jessica Shor placed 486th in 55:58 and Bobby O’Donnell of Meredith finished in 56:01 for 488th place.

Lorraine McPhillips of Bethlehem was 510th overall in 56:36, Freedom’s Brianna Desharnais was 525th in 57:07, Tom Pratte finished in 537th place in 57:32, Emma Wright placed 551st overall in 57:49, Jess Casterline of Plymouth finished in 58:13 for 567th place, Eric Tinker of Center Harbor finished in 58:40 for 590th place, Conway’s April Surette finished in 606th place in 59:06, Kris Howlett of Barnstead ran to 632nd place overall in 59:46, Jaqueline Bristol of Wolfeboro placed 636th in 59:51 and Jessica Durocher of Conway finished in 638th place in 59:55.

Wolfeboro Fire Chief Tom Zotti finished in a time of 59:59 for 639th place overall, Andrew Hartford of Lancaster finished in 1:00:26 for 651st place, Kelly Hacking of Canterbury placed 653rd overall in 1:00:28, Eugene Dixon of Lisbon finished in a time of 1:01:09 for 669th place, Becky Fullerton finished in 1:01:21 for 671st place, Frank Holmes of Eaton finished in 688th overall in 1:02:24 and Charlie Cotton of Lancaster finished in 708th place in 1:03:05.

Darren Celso of Intervale ran to 723rd place in a time of 1:03:33, Ali Vangelder of Wolfeboro finished in 1:04:29 for 746th place, Tracy Marnich of Glen finished in 1:05:11 for 774th place, Plymouth’s James Miller was 808th overall in 1:06:37, Barbara Coonan, also of Plymouth, was 823rd in 1:07:34, Janelle Labarre of Gilford finished in 1:09:25 for 849th place, Matteo Lentini of Conway finished in 823rd place in 1:15:36, Kate Sorochak of Gilman, Vt. finished in 828th place in 1:07:48, Morgan Butters of Chatham was 927th in 1:16:35, Josie Beattie of Conway was 928th in 1:16:35, Wolfeboro’s Jeff Ouellette was 941st in 1:19:35, Theresa Struble of Conway was 959th in 1:24:52 and Becca Deschenes of Conway was 981st in 1:42:22.



COURTESY

SLA hosts volunteer trail work day

Volunteer with the Squam Lakes Association performing trail work on Sunday, June 26th from 9am to 1pm. Our Lakes Region Conservation Corps Members will guide you in maintaining the structures on our trails, including clearing drainages, removing blowdowns, clearing branches, etc. Location will be sent to registrants a few days before. Please register beforehand by visiting the calendar at squamlakes.org.

Community celebrates opening of Mill City Park



Local business owners, city and state officials, representatives from the New Hampshire Congressional delegation and members of the nonprofit organization, Mill City Park, gathered for a photo op along the Winnepesaukee River in Franklin following the ribbon cutting for city's first white water feature and new amphitheater along the riverfront at Trestle View Park.



Congresswoman Annie Kuster was one of several speakers who took part in the ribbon cutting for Mill City Park in Franklin last Friday.



As people gathered at the ribbon cutting for Phase 2 of Mill City Park in Franklin last Friday afternoon, kayakers were already enjoying the first of it's white water features on the Winnepesaukee River.

BY DONNA RHODES
Contributing Writer

FRANKLIN – Prior to the start of Franklin's annual Winni River Days celebration on Friday, June 17, people from all walks of life gathered on the banks of the Winnepesaukee River to celebrate the ribbon cutting for Phase 2 of Mill City Park, a nonprofit endeavor that is bringing attention back to the waterfront that helped establish the City of Franklin.

It was Marty Parichand, owner of Outdoor New England, who first brought the idea of a whitewater kayaking venue to the city back in 2015. There was a bit of skepticism at first, but it wasn't long before people realized the economic potential of his vision and set out to make it a reality.

Parichand couldn't help but smile Friday as he looked out on the kayakers paddling in the

newly finished white-water feature and the crowds gathering to enjoy it's official opening day.

"This is going to be the best overnight success that took seven years to happen," he said.

Town Manager Judi Milner welcomed the crowd to the Franklin Savings Bank Amphitheater at Trestle View Park, which overlooks the first of three white water features planned for the river.

"We're here today to celebrate our newest outdoor recreation venue by opening the only whitewater park in the Northeast," she said.

Franklin was established in 1820, reliant on the river to create a thriving mill community. Built at the conjunction of the Winnepesaukee, Pemigewasset and Merrimack Rivers, it was a bustling community in its heyday but as the mills eventually closed and the railroads

left the area, the town fell into some hard economic times for several years. As they considered the idea of a white-water park, Milner said the city soon realized it would be a new and exciting reason for people to travel to Franklin. That in turn would give local businesses the opportunity to thrive once more, too.

"So, this is an historic day when we turn to the river again," said Milner.

Franklin Mayor Jo Brown began her remarks by thanking her predecessor, former Mayor Tony Giunta, for his role in getting things lined up for the creation of Mill City Park. She also expressed her gratitude to Parichand for sharing his vision of Franklin's future success through its natural assets.

"Marty helped Franklin rediscover its river roots," she said.

Most importantly,

Brown and Milner said the project has helped build community relations and partnerships through the many entities that pitched in to support the construction of Mill City Park.

Also on hand for the celebration was New Hampshire Congresswoman Annie Kuster, who said she was both proud and excited to be present for such an event. Soon, she told the crowd, they will be seeing thousands of visitors coming to spend their money in Franklin as they enjoy all the area has to offer.

"This is exactly the kind of project that I go to Washington to support," Kuster said.

While U.S. Senators Jeanne Shaheen and Maggie Hassan could not be present that day, representatives from their offices read congratulatory remarks from them both. Shaheen said she is confident the park will be present for the enjoyment of people for many generations to come, while Hassan was pleased to know it will highlight all the natural beauty of the Three Rivers community.

Among the other speakers that day was Bob Grevior of Grevior's Furniture whose family donated the land for Trestle View Park several years ago.

"I want to thank my wife for giving up her waterfront property for nothing," he said with a grin.

Grevior had nothing but praise for all involved in the construction of Mill City Park, especially AJ Coleman & Son Construction. Seeing all that has been

accomplished already, he was excited to think his family was a factor in its creation.

"My father once said that if you're going to do something, do it while you're still alive," he said. "This is priceless! My part was very small but it was the beginning of all of this!"

Jeremy Laucks, president of the Mill City Park nonprofit organization, thanked the many businesses, recreationalists and conservationists who have supported the park. Besides the plans for more water features on the river, 17 adjacent acres along the Winnepesaukee River have been placed under conservation easement as well, all made possible through the grants and generous donations his organization and the City of Franklin have received. Don Berry of Lakes Region Conservation Trust said his group has also joined forces with Mill City to clean up and improve that property and help protect it "in perpetuity."

Laucks also thanked the U.S. Army Corps of Engineers and N.H. Fish and Game, which played an important role in the project's development. In addition to them, planners have worked closely with Eric Feldbaum, Director of the Office of Community Recreation, New Hampshire Division of Parks and Recreation within the Department of Natural and Cultural Resources, too. Feldbaum said Mill City Park was the ideal project for his office for several reasons.

"This meets a lot of our priorities by connecting community to nature, offering ways for people to get in and out of the water in a safe manner, and bringing the promotion of economic development to the area."

Through the state, Feldbaum said the project has been given more than \$700,000 for its continued development along with additional funds for the construc-

tion of a bathhouse facility at the city's Daniel Park.

Among the 27 major donors who purchased tax credits to help fund the project were WATTS Water Technologies, Grappone Auto, Bank of New Hampshire, Benson Auto, Meredith Village Savings Bank, Merrimack County Savings Bank, Sanel Auto Parts, and Franklin Savings Bank, which backed the project right from the start, President Ron Magoon told the crowd.

"Franklin Savings Bank has been in the community for 153 years and had the opportunity to support a vision when we realized something special was happening," Magoon said. "Between Marty (Parichand), and Todd Workman of PermaCityLife, this is the first time in my 33 years here that I've seen the community come together like this."

Magoon then thanked Mill City Park for honoring FSB by naming the amphitheater after them, then officially cut the ribbon to open up the second phase of Franklin's newest venue.

Parichand said there will be even more reasons for people to make Franklin a destination once the Mill City Park plans are complete. Two other water features, one geared for not only kayakers but surfboards, are yet to be built with a slalom course that will connect them. A sidewalk is under construction to allow pedestrians to safely cross under Central St. to where there will be a pavilion and other features for fun family outings or larger community events. With so much history along that portion of the Winnepesaukee River, including what is believed to be the country's only remaining "upside down bridge," there will also be notable acknowledgments of the important role the waterway played in the founding of Franklin.

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Applications are available at either the Plymouth Town Hall (536-1731) from 8:00am until 4:30pm Monday to Friday or the Plymouth Recycling Tuesday to Friday.

Please send applications to the attention of Jessie Jennings, Recycling Manager, Town of Plymouth, 6 Post Office Square, Plymouth, NH 03264
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Applications are available on the Town of Plymouth's website, Mail application to Plymouth Highway Dept., 6 Post Office Square, Plymouth NH 03264, or upon request, 603-536-1623, at the Plymouth Highway Garage. Hours are from 6am-2:30pm. Please ask for Joe.

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Hepthathlon

FROM PAGE A1

meters. Luehrs took sixth in the 800 meters with a time of 2:40.63, Bohlmann finished in 13th place in 2:51.64, Daughen finished in 17th in 3:00.54 and Robert finished in 34th place in 3:28.17.

In the decathlon, Cole Ahern of Plymouth finished in fifth place with 5,056 points, Malaki Ingram of Newfound was 14th with 4,053 points, Anthony Haddocks of Gilford finished in 15th place with 4,049 points, Nicholas Haddocks of Gilford placed 27th with 3,686 points, Landon Fogg of Plymouth was 28th with 3,553 points and Alex Luehrs of Plymouth was 42nd with 2,987 points.

In the 100 meters, Fogg was 14th in 12.13 seconds, Ahern was 16th in 12.18 seconds, Anthony Haddocks was 21st in 12.24 seconds, Nicholas Haddocks was 23rd in 12.29 seconds, Ingram was 31st in 12.49 seconds and Luehrs was 38th in 12.71 seconds.

Ingram finished sixth in the long jump at 5.65 meters, Ahern was ninth at 5.55 meters, Anthony Haddocks was 17th at 5.25 meters, Luehrs was 32nd at 4.76 meters, Nicholas Haddocks was 39th at 4.65 meters and Fogg was 42nd at 4.62 meters.

Luehrs placed sixth in the shot put at 10.43 meters, Ahern was 18th at 9.31 meters, Anthony Haddocks was 19th at 9.3 meters, Fogg was 36th at 8.1 meters, Ingram finished in 41st place at 7.82 meters and Nicholas Haddocks was 56th at 6.12 meters.

In the high jump, Ahern finished in second place at 1.78 meters, with Ingram in sixth place at 1.73 meters, Nicholas Haddocks in ninth at 1.68 meters, Anthony Haddocks in 13th at 1.63 meters and Fogg and Luehrs in a tie for 32nd place at 1.42 meters.

Fogg finished in ninth

place in the 400 meters in 56.58 seconds, Ahern was 17th in 57.53 seconds, Nicholas Haddocks finished in 57.97 seconds for 19th place, Ingram was 28th in 59.42 seconds, Anthony Haddocks placed 39th in 1:01.31 and Luehrs was 47th in a time of 1:03.96.

Ahern took third in the 110-meter hurdles in 16.49 seconds, Nicholas Haddocks was 15th in 18.69 seconds, Ingram was 16th in 18.74 seconds, Anthony Haddocks was 27th in 20.46 seconds, Fogg was 30th in 20.95 seconds and Luehrs was 49th in 23.99 seconds.

Ahern was fourth in the discus at 31.69 meters, Luehrs was fifth at 30.88 meters, Anthony Haddocks finished in 20th place at 23.39 meters, Ingram threw 16.18 meters for 54th place and Nicholas Haddocks was 55th at 15.91 meters.

In the pole vault, Ahern was third at 3.35 meters, Anthony Haddocks was eighth at 2.74 meters, Ingram was 20th at 2.44 meters, Fogg was 24th at 2.29 meters and Nicholas Haddocks was 31st overall at 2.13 meters.

Anthony Haddocks finished in third place in the javelin at 39.28 meters, Ingram finished 13th at 31.9 seconds, Fogg was 18th at 30.83 meters, Ahern was 23rd at 29.95 meters, Luehrs threw 26.06 meters for 31st place and Nicholas Haddocks was 34th at 25.58 meters.

In the 1,500 meters, Fogg was ninth in a time of 4:55.03, Ahern was 21st in 5:15.71, Nicholas Haddocks was 27th in 5:20.78, Ingram was 29th in 5:27.04, Anthony Haddocks was 40th in 5:43.93 and Luehrs was 53rd in 6:24.78.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Support

FROM PAGE A1

ble only.

There is no cost for participating in these groups, though participants MUST pre-register by contacting Guy Tillson, Bereavement Coordinator, at gtillson@pbhha.org or by calling 603 536-2232. Each group will go for six sessions. The size of each group and the energy generated by discussion and sharing determines the length of each session. Though we allow for an hour and a half,

we normally go for about an hour.

Pemi-Baker also offers a monthly support group for at-home caregivers. This group meets on the FIRST WEDNESDAY of each month at 10:00am. We can accommodate five in-person participants in the Conference Room at Pemi-Baker Hospice and Home Health, 101 Boulder Point Dr., Suite 3, in Plymouth. In-person participants are required to wear masks. Virtual participation is also available via Zoom. As with the

grief and loss groups, please contact Guy Tillson at gtillson@pbhha.org or by calling 603 536-2232.

With more than 55 years of experience, serving clients from 29 towns in central and northern New Hampshire, Pemi-Baker Hospice & Home Health is committed to creating healthier communities. Services include at-home healthcare (VNA), hospice and palliative care, and Community Programs including: American Red Cross CPR/AED/FA, Caregiver

er Support Groups and Grief and Bereavement Support Groups. Providing compassionate care with experienced staff who are trained, certified professionals in the business because of their hearts. In your time of need, we're right where you need us.

Pemi-Baker is located at 101 Boulder Point Dr., Suite 3, Plymouth. To contact us please call: 603-536-2232 or email: info@pbhha.org Like our Facebook Page: @pembakerhospicehomehealth

Bowditch

FROM PAGE A1

his tenure at the American University in Cairo.

“Welcoming Nate to our campus after an extensive search is an important step for our university as we continue to reshape the way we approach education with our unique Cluster Learning Model,” said Donald L. Birx, Ph.D., president, Plymouth State University. “Nate will take the lead in moving our model forward as we navigate

the changing landscape of post-secondary education. He possesses a depth of experience and knowledge in dealing with many of the issues that are commonplace in higher education today. We look forward to welcoming Nate to New Hampshire and into the PSU community.”

“This is such an exciting time to be a part of Plymouth State, a university engaged in what I think is the most creative and powerful approach to higher education today – the Clus-

ter Learning Model. I'm thrilled to be joining an accomplished and dedicated faculty and working with them to move the university and its student-focused mission forward,” said Bowditch. “With President Birx's vision guiding an impressive leadership team, I am confident that Plymouth State will continue to break new ground and serve as a source of inspiration and opportunity for our students, our community, New Hampshire and beyond.”

Bowditch will assume his role on July 1.

Ann McClellan, Ph.D., has served as the University's interim provost and vice president of academic affairs for the past two years. She will resume her role as a member of the English faculty for the upcoming academic year.

“I want to acknowledge and thank Ann for ably carrying-out the role of interim provost

and vice president of academic affairs at one of the most challenging times in recent history, and for leading PSU through the ongoing pandemic,” said Birx. “Ann was a vital member of our COVID-19 Rapid Response Team and was instrumental in our successful pivot to remote instruction in March 2020. She has continuously worked to move our Cluster Model forward, setting us up for future success, and her work launching the new Center for Diversity, Equity and Social Justice will serve our community for years to come.”

Bowditch holds a bachelor's degree in philosophy from the University of California at Berkeley and a master's and Ph.D. in philosophy from Johns Hopkins University.

To learn more about Plymouth State University, visit www.plymouth.edu.

Snorkeling Squam with the SLA

HOLDERNESS — Join the Squam Lakes Association (SLA) for a snorkeling adventure at Chamberlain Reynolds Memorial Forest beach on Friday, July 1 from noon – 2:30 p.m. While snorkeling, we will be looking at aquatic plant life, fish, and whatever else we can find! The snorkel will be guided by the Lakes Regions Conservation Corps AmeriCorps members Eva Anderson and Kaela Wilbur.

The Lakes Region is an important and beautiful place that offers New Hampshire residents and tourists the opportunity to engage with the natural world. Within lakes, entire ecosystems exist that harbor all kinds of life that are intricately connected and balanced. However, humans tend to alter these ecosystems. We affect these delicate systems by boating, releasing nutrients in excess, introducing new species, along with many other things. However, each of us can make a difference and advocate for these environments. We will investigate the ways we can each make a difference while snorkeling Squam!

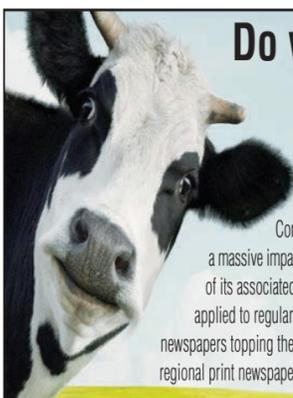
For more information, or to sign up for this Adventure Ecology program, visit the SLA Web site (squamlakes.org) or contact the SLA directly (603-968-7336). The SLA also offers other Adventure Ecology programs throughout the year. These free programs are open to the public and cover a variety of nature and conservation related topics. The Adventure Ecology programs are presented by the LRCC AmeriCorps members at the SLA who perform important conservation work in support of the Association's mission.

SLA hosting summer kickoff!

HOLDERNESS — Join us on Saturday, June 25 from 2-4 p.m. at the Squam Lakes Association for a family friendly event to kick-off summer and celebrate & explore the work that goes into conserving the Squam Watershed. Enjoy free kayak and canoe rentals, rock wall climbing, education stations, invasive species removal, s'mores, and more! Those who visit all the stations get a free SLA sticker!

This event will take place at the SLA Resource Center, 534 Route 3, Holderness. It's free and open to the public. So grab the kids and swing on by! For more information, call our office at (603)-968-7336.

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July programs and events at Squam Lakes Natural Science Center

HOLDERNESS — The Squam Lakes Natural Science Center is excited to announce the following programs during the month of July.

Insects Alive Guided Tours
Friday, July 8, 9 to 10:30 a.m.

Squam Lakes Natural Science Center celebrates the Giant Insects exhibit with a program for ages 6 and up to learn more about these incredible invertebrates. Participants will go on a guided tour of the visiting Giant Insects exhibit with retired New Hampshire Fish and Game Biologist, Emily Preston. With a stop at each of the five giant, animatronic insect models, learn about where our native insects

live, their fascinating adaptations, and what you can do to help them survive. Participate in an insect search in the field or pond to discover the diversity of insects around us.

Cost: \$9/member; \$11/non-member; advance registration required.

To register for this event, and learn about upcoming programs, and membership go to www.nhnature.org.

Pollinator Party
Tuesday, July 12, 9:30 a.m. to 5 p.m. (last trail admission at 3:30 p.m.)

Squam Lakes Natural Science Center celebrates the life and work of bees, butterflies, and other pollinators at the Pollinator Party! Bees and other pollinators play a

major role in American agriculture by pollinating fruits, vegetables, nuts, and seeds. Pollinator Party brings together bees, beekeepers, flowers and more. Visit with local beekeepers and learn how to raise your own bees. See the bee houses in Kirkwood Gardens, learn about plants that attract pollinators, and find out about native bees. Make a wildflower seed bomb to start your own pollinator garden at home.

Cost: Pollinator Party is included with regular trail admission

To register for this event, and learn about upcoming programs, and membership go to www.nhnature.org.

Gardening for Polli-

nators Walk/Talk with Emma Erler

Tuesday, July 12, 10 to 11 a.m.

Squam Lakes Natural Science Center celebrates Pollinator Party on Tuesday, July 12 with a garden program about how to garden for pollinators. Gardens and Exhibits Assistant Emma Erler will take participants on a guided stroll through Kirkwood Gardens to learn about gardening for pollinators. Discover plants to grow at home to support our native pollinators.

Cost: \$9/member; \$11/non-member; advance registration required.

To register for this event, and learn about upcoming programs, and membership go to www.nhnature.org.

Native Plants and Pollinators Walk/Talk with Emma Erler

Tuesday, July 12, 2 to 3 p.m.

Squam Lakes Natural Science Center celebrates Pollinator Party on Tuesday, July 12 with a garden program about native plants and pollinators. Walk through the Science Center's fields and forests in search of native wildflowers, trees, and shrubs with Gardens and Exhibits Assistant Emma Erler. Learn about how these plants support foraging bees and larval stages of butterflies.

Cost: \$9/member; \$11/non-member; advance registration required.

To register for this event, and learn about upcoming programs, and membership go to www.nhnature.org.

Lecture Series: Dragons and Damsels of NH
Thursday, July 14, 6:30

to 7:30 p.m.

Squam Lakes Natural Science Center dives into the world of dragons and damsels of New Hampshire in the insect order Odonata. You may be familiar with the dragonflies buzzing over your yard in the summer, or the damselflies that land on your kayak, but what do you really know about these ancient insects? This program provides an overview of the biology and ecology of dragonflies and damselflies, from their amazing life cycle (content alert: some pretty crazy reproductive behavior is involved!) to their incredible diversity. It also highlights a few of New Hampshire's notable species and their stories, and closes with some results from the "NH Dragonfly Survey," a five-year volunteer-based project that documented the distribution of these insects across the state. This is an in-person program held in our covered, outdoor classroom. Dress for the weather and bring bug spray.

Cost: No charge to attend. Advance registration is required.

To register for this event, and learn about upcoming programs, and membership go to www.nhnature.org.

Insects Alive Guided Tour

Monday, July 18, 9 to 10:30 a.m.

Squam Lakes Natural Science Center celebrates the Giant Insects exhibit with a program for ages 6 and up to learn more about these incredible invertebrates. Participants will go on a guided tour of the visiting Giant Insects exhibit with retired New Hampshire

Fish and Game Biologist, Emily Preston. With a stop at each of the five giant, animatronic insect models, learn about where our native insects live, their fascinating adaptations, and what you can do to help them survive. Participate in an insect search in the field or pond to discover the diversity of insects around us.

Cost: \$9/member; \$11/non-member; advance registration required.

To register for this event, and learn about upcoming programs, and membership go to www.nhnature.org.

2022 Family Picnic – A Fundraiser for the Science Center

Saturday, July 23, 5 to 8 p.m.

Squam Lakes Natural Science Center is holding a brand new family-friendly event for the annual summer fundraiser: The Family Picnic will celebrate the Giant Insects exhibit and feature animal programs, animal games, live music, and more in a fun, casual atmosphere. All food and drinks are included in the ticket price and will include food from Gyro Spot, Cheese Louise, The Common Man, SubZero Nitrogen Ice Cream, Joye-ful Cookiery, and more. There will even be insect tasting! The open bar includes local beer, wine, signature cocktail, and non-alcoholic bug juice for the kids. Bring your friends and entire family to this fun event. Limited tickets are available and go on sale July 1 at nhnature.org.

Cost: \$75 for ages 21+; \$20 for ages 12 to 20; \$10 for ages 6-11; Free for kids 5 and under



COURTESY

SLA hosts volunteer terrestrial invasive species plant removal

Volunteer with the Squam Lakes Association performing invasive species removal on Saturday, June 25 from 9 to 11 a.m. Our Lakes Region Conservation Corps members will teach you how to properly identify and remove common invasive species. Meeting location will be sent to registrants a few days before. Please register beforehand by visiting our calendar at squamlakes.org.



CLASSIC USA
Driving through the Decades

JULY 4TH
SPECTACULAR

2022 SCHEDULE
OF EVENTS



Gorham, New Hampshire

Thursday, June 30th
3:00 pm - 6:00 pm Gorham Farmers Market featuring Music by Randy Messineo

Friday, July 1st
12:00 pm - 5:00 pm Midway Open: Miller Amusements Carnival
Specialty Day: Rec Department Day
5:00 pm - 10:00 pm Miller Amusements Carnival Midway
Night Bracelet Pay ONE PRICE On The Rides \$25.00
6:30 pm - 8:30 pm **CONCERT: Don Boudreau as Elvis/Beatles**

Saturday, July 2nd
12:00 pm - 5:00 pm Midway Open: Miller Amusements Carnival
Afternoon Bracelet Pay ONE PRICE On The Rides \$25.00
1:00 pm **Cornhole Tournament** Cost: \$30 Per Team
Registration Starts at 1:00PM
2:00 pm Cornhole Tournament Games Begin (Rain Date Sunday)
5:00 pm - 10:00 pm Miller Amusements Carnival Midway Opens
Night Bracelet Pay ONE PRICE On The Rides \$25.00
6:30 pm - 8:30 pm **CONCERT: Peter Kilpatrick**

Sunday, July 3rd
11:00 am Classic Car Parade Line Up (Ed Fenn School)
11:30 am **Classic Car Parade** Sponsored by ColorWorks (Down Rt 16 to Railroad st)
12:00 pm - 5:00 pm Midway Open: Miller Amusements Carnival
Afternoon Bracelet Pay ONE PRICE On The Rides \$25.00
12:00 pm - 2:00 pm **Classic Car Show** on the Common
12:00 pm - 2:00 pm 50's & 60's Music at the Bandstand by Mountain Music
2:00 pm - 4:00 pm Karaoke by Mountain Music
5:00 pm - 10:00 pm Miller Amusements Carnival Midway Opens
Night Bracelet Pay ONE PRICE On The Rides \$25.00
6:30 pm - 8:30 pm **CONCERT: Timothy Paul and special guest Jackie Lee**

Monday, July 4th
10:00 am - 10:45 am REGISTRATION For Kiddies Parade (Registration is a MUST at Ed Fenn School)
11:00 am **Kiddies Parade** (Starts at Ed Fenn School)
Sponsored by American Legion Auxiliary & Northern Edge ReMax
12:00 pm - 5:00 pm Miller Amusements Carnival Midway Opens
Afternoon Bracelet Pay ONE PRICE On The Rides \$25.00
1:00 pm Parade Line up begins
2:00 pm - 4:00 pm DJ Music at the Bandstand by Mountain Music
2:00 pm **Main Parade - Sponsored by Northway Bank** (Starts at Dublin Street down Rt 16 to Railroad St.)
5:00 pm - 11:00 pm Miller Amusements Carnival Midway continues
Night Bracelet Pay ONE PRICE On The Rides \$25.00
7:00 pm - 10:00 pm **Concert: Straightaway**
10:00 pm **Fireworks Display** by JPI Pyrotechnics



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TOWN OF GORHAM, NH
presents
Gorham 4th of July Celebration
July 1st - July 4th • Town Common

MIDWAY RIDES
GAMES
FOOD



WRISTBAND RIDE SPECIALS
Friday 5pm - 10pm, Sat. & Sun noon - 5pm and 5pm - 10pm, Monday noon - 5pm, and 5pm - 10pm
Buy a wristband for one low price and ride unlimited rides.

Present this coupon & receive \$2.00 Off the Wristband Special!

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Visit us on Facebook for event updates:
Gorham 4th of July Celebration

For more information please visit
www.gorhamnh.org or www.gorhamnewhampshire.com

****SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE****

