

Gilford Steamer

THURSDAY, JUNE 11, 2026

GILFORD, N.H.

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FREE

Alton Home & Lumber supports local student's trip to national FBLA conference

ALTON —The employees of Alton Home & Lumber (a.k.a. Reuben's) showed a true spirit of community giving in choosing to contribute \$500 to support Stockton McKnight's trip to the FBLA National Leadership Conference in Austin, Texas at the end of this month. Their decision reflects the kind of neighborly generosity that strengthens Alton, lifts our youth, and helps ensure that financial barriers do not stand in the way of a hardworking student representing our community, our education system, and our state.

The Alton Rotary Club extends its sincere thanks to Alton Home & Lumber for their generosity. The Rotary Club, in partnership with the PMHS FBLA chapter



advisor, Jen Cove, is currently conducting a community raffle until June 20 to help cover remaining expenses. Local businesses and residents are encouraged to join in supporting this effort.

For more information about the fundraiser or to donate please contact the Alton Centennial Rotary with a notation for "Stockton/Travel Scholarship" can be mailed to Duane Hammond, President, PO Box 789, Alton, NH 03809.

COURTESY

(Left) From left to right, Back Row: Joey Lovegrove, Heather Wells, Reuben Wentworth, Justin Corcoran. Left to right, front row: Carol Diveny, Ashley Rose, Stockton McKnight, June McLaughlin.

4-H Wildside: "Trek to End Hunger" brings youth, families together for outdoor adventure, community impact

GILFORD — New Hampshire 4-H hosted 4-H Wildside: Trek to End Hunger on June 6 from 10 a.m. to 2 p.m. at Gunstock Mountain Resort, the event offered a free day of outdoor adventure, education, and service for youth and families.

Mike Harris the 4H Program Manager for the Belknap County stated that the Event was a success. Mike said that the event engaged over 100 people and received more than 325 pounds of donated food that will be distributed to local food pantries.

The event combined recreation and service-learning to raise awareness about food insecurity while supporting hunger relief efforts

across the state. Participants explored activities at their own pace while engaging in hands-on projects, outdoor challenges, and educational experiences.

At the heart of the event was the Wild Miles Adventure Loop, where attendees walked a 1.125-mile trail while stopping at interactive stations focused on nutrition, trail stewardship, and food insecurity awareness.

Additional activities included service projects such as assembling food donation bags and planting micro-green gardens, an outdoor recreation expo, a hands-on cooking workshop with a shared meal, and a fishing workshop hosted by New Hampshire Fish & Game.

SEE TREK, PAGE A6

New Durham Public Library selected for Library of Congress Surplus Books Program

NEW DURHAM — The New Durham Public Library is excited to announce its acceptance into the Library of Congress Surplus Books Program, a unique opportunity that allows eligible libraries and educational institutions to acquire books that are no longer needed by the nation's library. Through the program, participating organizations may select from thousands of surplus volumes to help strengthen and diversify their collections.

In April, Library Director Caitlin Frost traveled to Washington, D.C. in April to participate in the Library of Congress Surplus Books Program, a unique opportunity that allows eligible libraries and educational institutions to acquire books that are no longer needed by the nation's library.

COURTESY



rector Caitlin Frost traveled to Washington, D.C., to participate in the program firsthand. One of the program's requirements is that materials be selected in person, giving participating organizations the opportunity to carefully choose books that best fit the needs and interests of their communities.

During her visit, Frost spent time browsing shelves of available materials and hand-selecting books that would complement the library's existing collection and serve readers of all ages. The selections included a variety of subjects and genres, with a focus on materials that will enhance learning, inspire curiosity, and provide new reading opportunities for New Durham residents.

SEE LIBRARY, PAGE A11

Gilford girls come up just short in championship match

BY JOSHUA SPAULDING
Sports Editor

CONCORD — Different story, same ending.

For the Gilford girls' tennis team, the Division III championship was in reach for the second time in as many years, but the Lebanon Raiders came through with a win in the top doubles spot and secured their second-straight 5-4 win to bring home their second-consecutive Division III championship.



JOSHUA SPAULDING

The Gilford girls' tennis team poses with the Division III runner-up plaque after last Wednesday's championship game in Concord.

"Coming into today, I knew we had to win three singles matches," said coach Hermann Defregger. "We just didn't get those three singles matches."

Despite that, the Golden Eagles still had a chance.

The first match off the courts at Memorial Field in Concord on Wednesday, June 3, was at number one singles, where Ally Onos dropped an 8-3 decision. Emmaline Leandro evened

SEE TENNIS, PAGE A6

Alton Parks and Recreation Community Connection

Line Dancing Lessons
Line dancing lessons with Jane Corbett are held on Thursdays through mid-October from 1:00p.m.-2:00p.m. for beginners, and 2:10-3:10 p.m. for experienced dancers at the Alton Bay Community Center. Adults of all ages and abilities are welcome, \$15/season. Register on site.

USTA Summer Tennis Lessons- Youth
The Alton Parks and Recreation Department is sponsoring Tennis in the

Parks for Grades 1-8 on Tuesdays and Thursdays at the Liberty Tree Park Tennis Courts from July 28-Aug. 13. Grades are divided by times: 4:15-5:15 p.m.-Grades 1-4; 6:45-7:45 p.m.-Grades 5-8. Registration is \$65 and includes a brand-new tennis racquet for new players, and instruction with a USTA New England certified instructor. Basic tennis skills will be taught-forehand, backhand, serve, overhand and volley. Register by July 20; class size is limited to SEVEN. Registration forms are available at www.alton.nh.gov or stop by the Parks and Recreation Kiosk at 328 Main St. to sign up. Contact parksrec@alton.nh.gov or 603-875-0109 for more information.

Pick Up Pickleball Games
Pick up Pickleball games are being held on Tuesdays and Thursdays from 8 a.m.-noon at the Liberty Tree Park Tennis Courts. Beginners are welcome, bring your own equipment. Courts are located behind 65 Frank C. Gilman Highway. Parking is across the street next to Mill Pond and by the Water Department. For more information, contact parksrec@alton.nh.gov.

Guided Meditation
The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursdays: June 11 and 25 and July 9 and 16, from 6:30-7:15 p.m. at the Gilman Library,

Agnes Thompson Meeting Room. The program is free, donations accepted to benefit the food pantry. For more information, contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Dungeons and Dragons
Alton Parks and Recreation is sponsoring a weekly Dungeons and Dragons adventure on Wednesdays at the Alton Bay Community Center from 6-8 p.m. The program is free for ages 18 and up. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 to secure your game slot. Join in the fun with friends or plan on meeting new people.

Alton Bay fireworks
The Town of Alton is sponsoring Fireworks in celebration of Independence Day in Alton Bay on Friday, July 3 at 9:20 p.m.; rain date is Sunday, July 5.

Paint Night on the Land Bandstand With Anne Morrell

Alton Parks and Recreation is sponsoring an outdoor Paint Night with instructor Anne Morrell at the Alton Bay Bandstand on Wednesday, July 29 from 6-7:30 p.m., rain date is July 30. Scene is a mountain view landscape with soft blues of the lake and green trees on the mountain top. All supplies are included, \$25 for adults; \$15 for children 12 and under; pay instructor on site. View the painting example on the Alton Parks and Recreation Face Book Page or ask for a copy to be emailed to you. All abilities are welcome. Bring a friend or sign up solo. Please RSVP with your name and contact information to parksrec-asst@alton.nh.gov or call 603-875-0109. Register early as space is limited.

Save the Date-Travel Club Trip
Cowboy Country- Mt. Rushmore, Yellowstone National Park and more in 2027
The Alton Parks and Rec-

reation Department is sponsoring a trip with Collette Tours in 2027 to Cowboy Country. Trip highlights include Grand Teton National Park; Badlands National Park; Crazy Horse Memorial; Mt. Rushmore and much more. The trip includes a visit to Yellowstone National Park which is famous for its geysers, hot springs and herds of bison. Witness the impressive Old Faithful, travel over the Sylvan Pass and see Yellowstone Lake. Trip dates are June 8-15, 2027, and includes airport transportation from Alton, airfare, 10 meals, hotels, and guided transportation through Cowboy Country, including walking, bus, and covered wagon tours.

The Travel Club trips are a great way to travel in a group and with a knowledgeable guide. An informational session with trip details will be held on Sept. 21 at 11 a.m. at the Gilman Library. RSVP to attend the session-603-875-0109 or parksrec-asst@alton.nh.gov.

Explore the mysteries Alton's hiking trails with Historical Society

ALTON — The Alton Historical Society will present its June program on Tuesday, June 16 at 7 p.m. at the Gilman Library on Main Street in the lower level.

From Mr. Phippen's stone hut built on Mount Major to the abandoned granite quarry by Gilman Pond; from "the" Devil's Den, to the whispers of the silent people, Alton's hiking trails are rich with history and mystery. Bonnie Dodge will be sharing with us her stories from her many years of hiking Alton's trails. With the many great hiking trails that Alton has to offer, there is always some history to discover and explore.

All Alton Historical Society programs are open to the public and are always free of charge. For more information, contact Mary Cornelissen at cotntail@tds.net. Hope to see you there.

Local students named to Bucknell University Dean's list

LEWISBURG, Pa. — Bucknell University has named Izzy Johnson of

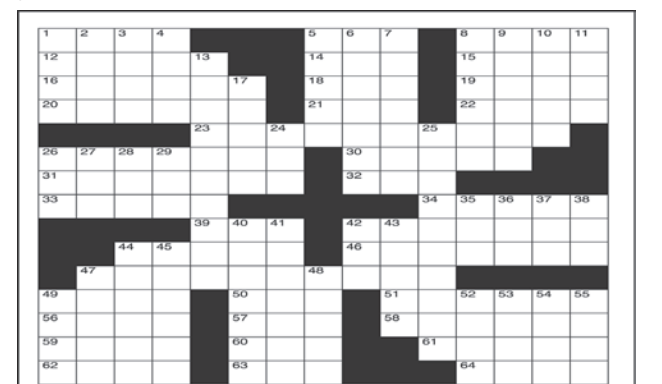
Gilford and Hannah Gallagher of New Durham to the dean's list for outstanding

academic achievement during the spring semester of the 2025-26 academic year. A student must earn a

grade point average of 3.5 or higher on a scale of 4.0 to receive dean's list recognition.



COURTESY PHOTO
The following Kingswood Regional Middle School students received the May Super Knights Award for "Citizenship." In the first row are Summer Creighton, Gabe Giessler, Joanna Kerin, Aleah Favorite, and Tennyson Whyte. In the second row are Kellan Reed, Isabella Proulx, Rodrigo Lozada, Lilyan Thurston, and Beau Taylor.



- CLUES ACROSS**
- Sealed with a kiss
 - River in the Netherlands
 - Japanese persimmons
 - When you hope to get somewhere
 - Wings
 - A name of God
 - Elected official (informal)
 - Abnormal breathing
 - "Seinfeld" character
 - Yearly tonnage (abbr.)
 - Something for sale
 - Gets rid of
 - One who toasts
 - Blemished
 - Less than exciting
 - Born of
 - N. German town
 - Notes
 - Move away from land
 - Vulcanite
 - More ignoble
 - Child actor Kirk
 - Written works
 - Sea vessel
 - Residue
 - Engraved
 - Having sufficient skill
 - One and only
 - Erase
 - Broad inlets
 - Nightmarish street
 - Play again
 - Formerly (archaic)
 - Add a color to change the color
 - N. German town
 - Midway between northeast and east
 - Space station
 - Relating to the ears
 - Congressman
 - Yelled at
 - Rudely assertive
 - Defunct European money
 - Shared one's soul
 - Onion rolls
 - A way to state clearly
 - Relating to a lobe
 - Underlying message
 - Hollywood pig
 - Indicates pitch
 - Filament of a feather
 - Small ornamental ladies' bag for small articles
 - Diminish



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PETS OF THE WEEK

Meet Laci!
A friend, chances are Laci will start to feel the same way too. Watching her gain confidence and come out of her shell is incredibly rewarding, and she forms strong bonds with those she trusts.
This silly girl enjoys getting fresh air and would love a home where she can join you for peaceful walks and little outdoor adventures. She's got a playful side that peeks through once she feels safe, and it's sure to make you smile.
Laci may need some dental work down the line, so her future family should be prepared to keep an eye on her dental health and continue with any care she may need. With the right support, she'll continue to thrive.
If you have a soft spot for the quieter ones and the patience to let her blossom at her own pace, Laci will reward you with a loyal, loving companionship—and maybe a few silly moments along the way.
Laci takes a lot of comfort in her brother Scrappy—she looks up to him and often follows his lead. If Scrappy decides you're

Meet Scrappy!
side. Scrappy would be more than happy to be your daily sidekick—whether you're out and about or just lounging at home, he's happiest just being with his people.
Scrappy and his sister are also working on getting into their best shape, so they'll need a forever home that's committed to helping them stay healthy. A little extra exercise and mindful feeding will go a long way for this pair!
Scrappy does have a seizure disorder that is currently well-managed with medication. Because of this, his future family will need to be comfortable continuing his medication routine and staying on top of his care to keep him feeling his best. He doesn't let it slow him down, and with the right support, he can continue to live a happy, full life.
If you're looking for a loyal companion who's equal parts laid-back and loving, Scrappy's equal parts be your guy. He's ready to drop the tough act and settle into a life full of comfort, care, and companionship.
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Barnstead Parks & Recreation Highlights

Motto: "Bringing Community Together by Doing Fun Stuff!"

Summer Concert Series

Barnstead Parks & Recreation is pleased to welcome to the Summer Concert Series Stage, North River Music on June 13, and Chris Bonoli on June 20. The concerts are free and concessions will be offered by local organizations (cash only). Grab a chair or a blanket and come on down to enjoy the show!

North River Music, playing on June 13, is a local band who performs as an acoustic duo/trio or a four to six piece band. The band has played regularly at concert series, festivals and events in New Hampshire and Maine for more than 15 years. The group features a rotating cast with some of the best musicians in the area playing fresh takes on familiar songs. North River has an Americana sound with strong harmonies and expressive musicianship. Playing covers of rock, bluegrass and country songs, a North River set is fun to listen to with something familiar for everyone. From the Eagles and Dylan to the Indigo Girls and Grateful

Dead, come to dance, come to listen – you will like what you hear! To find out more about the group and where they are playing next, visit www.northrivermusic.com or on Facebook at www.facebook.com/northrivermusicnh or on their Instagram page at www.instagram.com/northrivermusic.

Archery Program

Barnstead Archery – Registration is open for session 2 (July 17 – Aug. 21) and session 3 (Aug. 28 – Oct. 9). Classes are every Fridays from 6 – 7:30 p.m. (weather dependent) at the TL Storer Scout Reservation. Equipment will be provided, or you can bring your own. \$10 for the session. The link for registration can be found on our Web site.

2026 Swimming Lessons ~ SPLASH

Parks and Rec is offering swimming lessons at Upper Suncook Lake. Classes will be held Monday through Friday and will start in the morning and run through the afternoon in 25-minute increments. Class times will be scheduled based on enrollment. A parent or guardian will be required to stay around the beach area during the lesson time.

There will be 2 - two-week sessions:

Session 1 - July 20 - 31 (Deadline for sign up is July 10)

Session 2 – Aug. 10 - 21 (Deadline for sign up is July 31)

The fee for Barnstead residents is \$40, with a \$5 sibling discount off each additional child in the same family. Non-Barnstead residents' fee is \$50, and the sibling discount still applies. Some financial assistance is available thanks to a donation from The Congregational Church of North Barnstead. Contact BarnsteadP&Rhelp@gmail.com to inquire on availability if needed. Signup forms are posted on the website under forms Forms/Documents or you can pick up a copy at town hall or email barnsteadparks@gmail.com.

Commission member openings

Being a part of the commission is a great way to be more involved in creating, planning, and hosting activities or programs for our community. There are many different levels of involvement and time commitments. We have various openings

on the commission, and we are excited to welcome new members. Contact Gail McCullough if you would like more information.

Barnstead Garden Club

We thrive off of community volunteers and donations, so please reach out

to us through our Facebook page, Barnstead Garden Club, or barnsteadgc@yahoo.com if you can lend a hand! We appreciate any help and support and hope you join our team!

Please watch our website (barnsteadnhparks-rec.com) and Facebook page (@barnsteadparks) for additional details, date changes, cancellations, and pop-up events. We can also be reached at 802-332-3799 and barnsteadparks@gmail.com if you have any questions.

Thinking About Improving or Developing Your Property in the Lakes Region?

BY DONALD CHAPMAN

President & Co-Founder, Strong Tree Engineering
For many property owners in New Hampshire's Lakes Region, land is more than just real estate — it's legacy.

Whether it's a family lot that's been passed down for generations, a seasonal camp being converted into a year-round home, or raw land purchased with future plans in mind, many owners eventually reach a point where they start asking important questions:

- Can I subdivide my property?
- Can I build another home or accessory building on the lot?
- What permits are required?
- What happens if wetlands are involved?
- Can I improve my driveway or private road?
- Will I need stormwater management or septic approvals?

These are exactly the kinds of questions we help property owners answer every day at Strong Tree Engineering.

Across the Lakes Region, we continue to see strong interest in land development, home additions, subdivision planning, septic upgrades, and property improvements. But many projects become more complicated than expected once local zoning, environmental regulations, topography, drainage, wetlands, and permitting requirements enter the picture.

That's why early planning matters.

One of the most common mistakes property owners make is investing significant time or money into a project before fully understanding site constraints or permitting requirements. In many cases, a simple consultation with an experienced surveyor, engineer, or environmental professional early in the process can save substantial time, expense, and frustration later.

At Strong Tree Engineering, our Lakes Region office in Ossipee helps homeowners, developers, contractors, and landowners navigate projects such as:

- Boundary and topographic land surveys
- Lot subdivisions and boundary adjustment plans
- Septic system design and upgrades
- Wetland delineations and environmental permitting

- Driveway and roadway design
- Stormwater management systems
- Site planning for new homes and additions
- Commercial and residential development projects
- Local, state, and shoreline permitting support

The Lakes Region presents unique engineering and environmental challenges compared to many other parts of New England. Steep terrain, high groundwater, shoreline protection rules, wetlands, aging infrastructure, and rural access conditions all require thoughtful planning and experienced local guidance.

At the same time, there are tremendous opportunities for responsible growth and property improvement throughout the region.

Our philosophy at Strong Tree Engineering is simple: help clients move projects forward efficiently while protecting the natural resources that make New Hampshire such a special place to live and invest.

Whether someone is planning a small residential improvement or a larger development project, we believe good engineering starts with listening, practical problem-solving, and clear communication.

Sometimes a project is more feasible than a property owner initially thought. Other times, there are legitimate site limitations that need to be understood before moving forward. Either way, having the right team involved early can make all the difference.

As a company, we are proud to have established our Lakes Region office in Ossipee because we believe local knowledge and local relationships matter. We're invested in helping property owners improve and maximize their land responsibly — while preserving the character and environmental quality of the communities we all value.

If you are considering a property improvement, subdivision, new home, driveway, roadway, septic upgrade, or development project in the Lakes Region, Strong Tree Engineering is here to help.

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Laconia resident Colby Batchelder completes intensive capstone research project

WORCESTER, Mass. — Colby Batchelder, a member of the class of 2026 majoring in Chemical Engineering at Worcester Polytechnic Institute (WPI), recently completed a senior thesis that is required of all graduating seniors as part of the university's distinctive project-based educational experience. Colby's Major Qualifying Project (MQP), a research-driven, professional-level project that challenges students to solve the kinds of problems they would typically encounter in their professional discipline, was titled "Chemical Evolution of Brewed Coffee Across Roast Development".

"It's inspiring to see the creativity and skills that our students bring to these projects, as well as the professionalism with which they present their research," says Arne Gericke, interim dean of undergraduate studies and director of the Office of Undergraduate Research. "Their experience managing a major project like this—including identifying a problem and researching all

of the implications and possible solutions while also managing team dynamics over an extended period of several months—sets them up well for success not only in their first jobs after graduation but throughout their careers."

WPI's innovative undergraduate education is centered around project-based learning, a hands-on approach that offers students opportunities to apply their scientific and technical knowledge to real-world, open-ended problems. These projects produce tangible results that affect the quality of people's lives, an experience that changes both the student and their world.

MQPs are usually team-based and often focus on specific issues or needs of an organization that has partnered with the university to sponsor the students' work. In addition to providing practical work experience that proves valuable to future employers, MQPs often lead to publications in peer-reviewed journals, presentations at region-

al and national conferences, patents, and entrepreneurial ventures. Others become useful innovations and products for their corporate sponsors.

About Worcester Polytechnic Institute

Worcester Polytechnic Institute (WPI) is a top-tier, STEM-focused university with an R1 research classification and global leadership in project-based learning. Founded in 1865, WPI's distinctive approach integrates classroom theory with real-world practice, preparing students to tackle critical challenges through inclusive education, impactful projects, and interdisciplinary research. With more than 70 bachelor's, master's, and doctoral degree programs across 18 academic departments and over 50 global project centers, WPI advances knowledge and innovation in fields such as life sciences, smart technologies, advanced materials and manufacturing, and global innovation. Learn more at www.wpi.edu.



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Opinion

SECTION A, PAGE 4

SALMON PRESS, THURSDAY, JUNE 11, 2026

A small library forging big connections

In small towns, it is easy to measure success by what we can see. A newly paved road. A renovated building. A thriving local business. Yet some of the most meaningful investments in a community arrive quietly, tucked onto bookshelves and waiting to be discovered.

That is why the New Durham Public Library's recent acceptance into the Library of Congress Surplus Books Program deserves recognition. At first glance, it may seem like a modest accomplishment. A library receives additional books. Shelves gain new titles. Patrons have more choices. But the significance reaches much further than that.

Libraries have always been remarkable equalizers. Whether a person is looking for information, entertainment, professional development, historical research, or simply a quiet place to think, the library opens its doors without regard to income, background, or circumstance. In communities like New Durham, the public library remains one of the few places where everyone is welcome and everyone has access to the same opportunities.

The Library of Congress is often described as the nation's library. It houses one of the largest collections of knowledge and culture in the world. Through this surplus books program, some of those resources now find their way into local communities that might otherwise never have access to them. There is something fitting about that. Knowledge should not remain locked away in distant institutions. It should circulate. It should be shared. It should find its way into the hands of curious readers in towns large and small.

Library Director Caitlin Frost's trip to Washington, D.C., also highlights something that often goes unnoticed. Strong libraries do not happen by accident. They are built through the dedication of professionals who understand their communities and work hard to meet local needs. The program required books to be selected in person, allowing Frost to carefully choose materials that would complement the library's collection and serve local readers. That thoughtful approach ensures the books are not simply additions to the shelves but resources that have real value for New Durham residents.

The timing is especially important. Libraries everywhere are facing rising costs. Books, technology, digital subscriptions, programming, and facility maintenance all require funding. Community libraries continually look for creative ways to stretch resources while maintaining quality services. Programs like this one help libraries do more with the support they receive from taxpayers and donors.

There is also a broader lesson here about the importance of investing in local institutions. Public libraries are often among the most trusted organizations in any community. They provide internet access, educational programming, community gathering spaces, children's activities, research assistance, and lifelong learning opportunities. They serve young families, retirees, students, job seekers, and everyone in between.

When a library succeeds, the entire community benefits.

The books now on display at the New Durham Public Library represent more than printed pages. They represent opportunity. Somewhere among those newly acquired volumes may be a book that inspires a child's lifelong love of reading, helps a student complete an important project, sparks a new hobby, or provides a fresh perspective on the world.

That is the quiet power of libraries. Every book placed on a shelf carries possibilities that cannot be measured in dollars or circulation statistics alone.

New Durham's participation in this program is a reminder that even a small-town library can connect its community to the wider world. In an era when so much attention is focused on what divides us, that connection is worth celebrating.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

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COURTESY PHOTO

The Alton Dance Academy will proudly present its 20th show, "Sleeping Beauty," on June 19 and 20. The show will be held at Prospect Mountain High School. For tickets and information about summer camps please visit our Web site. Come and support the dancers' hard work! Pictured is the Workshop performance group at Alton Dance Academy.

LETTERS FROM EDWIN

Rot

I keep waiting for my motivation to return. My physical self is slowly building itself back up after being dormant for so long this winter. I never want to be so sick and disabled for so long again, but sometimes we don't have a choice in such things.

The mystery pains have been so bad that all I've wanted to do was sit in my rocking chair or lie on my bed. Subbing has been a good fit for work this spring as it allows me to do a lot of sitting.

Now that I am back working again, they seem to be subduing some, which allows me to get out and do more things. Hopefully more activity will alleviate more discomfort as so far, there has been no pill offered that has had any affect.

Last weekend, I spent a number of hours stacking next years firewood with my boys. That was an unusual expenditure of physical prowess for me. I was totally wiped out by the end, but I made it through without incurring the aforementioned mystery pain. That came on after. I spent the evening watching vid-

eos in my rocking chair.

Today, I find myself sitting at the auto shop of a guy who does oil preservative work on cars. I've taken to doing that to my vehicles in hopes that they will have better longevity being subjected to these New Hampshire winters of extreme road salt. You can't stop the rot once it starts. I wish that it could be so easy for me to get dipped in some solution that would lubricate these aging joints and revitalize this complaining hominid frame.

With the nice weather comes work, and with the last couple of days being unseasonably warm, I headed out today a little under prepared clothing wise. The temperature was back into the 60s, and it was overcast. I hopped on the tractor and was quickly wishing for the sun to come out. No such luck. After once around the perimeter, I was heading back to the truck to see what kind of extra covering I could find. A long sleeve tee shirt was all there was, but it turned out to be just enough. Thank you Lord.

I was outside all morn-

ing driving that machine. The sun broke through the clouds a couple of times but it stayed pretty much cloudy. Have you ever driven a powerful machine? When you come to a steep hill and climb, you get a feeling similar to being picked up by your mom or dad when you were a tiny baby. Like some crazy amusement ride, the G forces are just wonderful. I love 'em.

Every spring, I try to go out and gather fiddleheads. They're the first fresh greens in the spring. It's been a couple of years since I took the time. I'm sure that I was too busy. There were patches of ferns in numerous locations around where I had been working so after parking the tractor, I went hunting. I found the type I was looking for but they looked way too grown to not be tough.

There were lots of tops that had been nibbled off. I suspect the deer. They do things like that. When I started to check for young sprouts, I found one. Then another. It was like when you're hunting mushrooms, you see one, then you see more and more. There

wasn't a lot, but I managed to get a good handful, enough for a meal or two.

Saturday came and I had an empty wagon and lots of stuff to take away, so off I headed with a car full, for this traditional Saturday morning ritual. With all the new leaves on the trees, radio reception has really taken a big hit. Speaking of hits.

While heading down the highway doing about 55, I took my attention off the road for a split second to tend to the radio. When I looked up, I was facing one of these big, black, overly spacious, pick up trucks, passing on the double line. The guy being passed was totally freaking out and pulling to his right, the pickup driver was trying to squeeze as far to the right as he could. The double line was like right in the middle of his truck. I quickly pulled right and relieved everyone's tension.

The situation passed so quickly. Thanks again, Lord.

E.Twaste

Correspondence welcome at edwintwaste@gmail.com

Letters to the Editor

This world needs your kindness

To the Editor:

As we send our graduates into the world, I'd like to share a few words.

Today (whichever day of your particular graduation) is a great day. A great day for you. A great day for all of your teachers. A great day for parents — although there is a tinge of sadness for those parents and elders in your lives. Our memories go back a bit farther than yours, and as we gaze upon the young adult you have become, we are, of course, very proud. And overwhelmed with all the memories of the little child you once were. Some day, you might understand.

I'd like to talk a bit about all those accomplishments of yours. Some of them are official and duly notarized. You conquered Shakespeare and the Pythagorean theorem. You now have a working knowledge of History — World and United States. Some of you might have a trophy or two — awards and certificates gathering dust on your shelves, because — as we all know — you never clean your room.

But there are other things over these past years. Other mountains climbed, other trails blazed. They are not on file, and you may very well laugh at them now. But bear with me.

Years ago, frightened and alone, you were dropped in a parking lot by a yellow bus. You fought the crowded hallways. You got lost. Some of you were picked on a bit by those upper classmen — You found your classroom, you figured out the locker combination, your schedule, and the lunch line.

Somehow, you managed to get organized, do a little homework, and maybe even go to a game or a dance along the way.

You survived — maybe not all A's all the time, but you made it. If you have the 4.0 GPA — congratulations. The person sitting next you has a 2.5 — and they are getting the same piece of paper. You suffered through classes you hated, and you dealt with a teacher or two you just could not stand. Yea. We all have them. We know who they are.

More importantly, over all these years, you made friends — and lost one or two along the way. You probably

did a few things you shouldn't have. We won't mention them today. You got up the courage to ask her out. You fell in love. And when they broke your heart, and your world crumbled, and you didn't know how you could go on — you did.

Some of you dealt with other troubles. Serious stuff like depression, cutting, drugs. Stuff no one likes to talk about. So no one does. So, you suffered alone, while the person in the desk across suffered alone too. Being a teenager is hard. Very hard. It was hard for us elders too. Sometimes we don't remember just how difficult it was.

But, here you are — no longer our little children. You've grown. You've changed. And you are now taking that next step to adulthood. And yes, we are proud. And we are still worried. We will always worry.

So, now, as you take your next step, whatever that may be — please remember this. There will always be seniors and freshmen. Those who know and those who don't. There will always be insiders, outsiders, and even the out-cast. And throughout life, you will find yourself among them. Sometimes you will be the senior, confident and assured. Sometimes, you will be the freshman, scared and just trying to figure out the lunch line. And sometimes, you will be the outcast. Misunderstood, alone and broken hearted that those you thought were friends turned on you.

Wherever you find yourself, take a moment. Remember how you felt. Remember those moments feeling lost and alone. Remember how you felt when you were finally included. Remember those moments of being hurt. Of being scared. Please — in whatever you do, and wherever you are, be kind. Be the friend who once befriended you. Be the person who thought were friends turned on you. Be the person who helped you navigate the lunch line. Be the person who made you feel that things would be OK. Be the person who offers kindness and compassion. We all know you are intelligent. We have no doubts about your ability. You will be successful. What this world needs is your kindness.

Rev. David Poole
Hospice Chaplain
Lakes Region VNA

Bunker, of Barnstead, earns degree from Clark University

WORCESTER, Mass. — Emalee R. Bunker of Barnstead received a degree during Clark University's Commencement exercises on Monday, May 18. Bunker graduated with a Bachelor of Arts in Psychology and Sociology.

The University awarded 612 bachelor's degrees and 636 graduate degrees and conferred two honorary degrees during two ceremonies; graduates represented 49 states and 69 countries.

Clark University President David B. Fithian urged the graduates to be engaged global citizens.

"The world needs you to exhibit the value of higher education, to exercise principles of free expression, to believe in the progress of ideas, and to defend democracy and individual rights - even, and especially, when doing so requires listening across deep differences," President Fithian said.

Dr. Wendy L. Freedman, one of the world's most accomplished astrophysicists, delivered the undergraduate ceremony address. Freedman, currently the John and Marion Sullivan University Professor of Astronomy and Astrophysics at the University of Chicago, is widely recognized for her leadership of the Hubble Space Telescope Key Project, which

produced the first precise measurements of the Hubble constant (the rate at which the universe is expanding) and dramatically refined scientific understanding of the scale, age, and expansion of the universe.

Early in her career, Freedman told the graduates, her research arrived at a conclusion different than the accepted view of those in her field. She carried on despite opposition. Freedman noted that Clark physicist Robert H. Goddard, who 100 years ago launched the world's first liquid fuel rocket, an advancement that helped pave the way for man to reach the moon, faced similar skepticism. After experiencing multiple failures and widespread derision, Goddard in 1926 launched his rocket, which traveled 2.5 minutes, rose 41 feet into the air, and landed in a cabbage patch.

"From a cabbage field to lunar and even farther missions," said Freedman, "it is an important reminder of the power of persistence."

Dr. Wendy Freedman was awarded the degree of Doctor of Science, honoris causa.

Student speaker William Stafford '26, a political science major and aspiring lawyer, spoke to his peers about how choices shape a person.

"We don't always get to

choose our circumstances, but we always get to choose how we respond to them, and who we become because of them," said Stafford. "And now we're about to step into a world that won't always give us clear directions. There won't always be a syllabus. No one's going to tell you exactly what to do next. But you will always have the ability to choose."

Sir Andrew Steer, one of the world's foremost climate experts, addressed Clark University students receiving master's and doctoral degrees, and encouraged them to act boldly and remain hopeful, no matter their path.

In his address after receiving a Doctor of Humane Letters degree, Steer acknowledged that the students are graduating into a world with several major challenges - among them, AI, the erosion of trust in facts and truth, and dysfunctional governments. The last half-century has seen unimaginable progress and growth - demographically, technologically, and economically. "But this explosion of the human economic footprint has put unprecedented pressure on the planet and created severe inequality and social challenges."

Steer praised Clark's new School of Climate, Environment, and Society for includ-

ing economics in its interdisciplinary lineup, which "is pointing precisely to the systems change we will need to address climate change." And every single member of the Class of 2026 has a part to play, he said, whatever their field - education, finance, social work, health-care, the arts.

Steer then turned his gaze fifty years into the future. "What will the world look like? My prediction is that it will be cleaner, greener, healthier, more prosperous, and more just. It's up to you."

Nourhan Beshir Attia, graduating with a master's in

environmental science and policy, delivered the graduate student address. A native of Egypt, she shared that the COVID-19 pandemic forced the cancellation of her bachelor's degree ceremony in 2020.

"When I came to Clark, I thought I was looking for acceptance as someone coming from Egypt," Beshir Attia said. "As a modest Muslim hijabi woman, I wondered: Will I belong here? And yes, I found people who respected me. But the most important thing I found was something I wasn't expecting. I found the moment I stopped

waiting for permission to be myself."

Founded in 1887, Clark University is a liberal arts-based research university that prepares its students to meet tomorrow's most daunting challenges and embrace its greatest opportunities. Through 33 undergraduate majors, more than 30 advanced degree programs, and nationally recognized community partnerships, Clark fuses rigorous scholarship with authentic world and workplace experiences that empower our students to pursue lives and careers of meaning and consequence.

Alton Garden Club meets June 23

ALTON — The Alton Garden Club will hold its next meeting on Tuesday, June 23 at Gilman Library, with our program starting at the usual time of 1:30 p.m. Our speaker will be Laura Pomerleau of Blue Winds Lavender Farm in Strafford.

Blue Winds was established in 2021 by Laura and Jon Pomerlea, who

were then able to realize their dream inspired by energy, passion and a love of nature. Blue Winds grows four varieties of culinary and herbal lavender and offers a wide array of hand-crafted lavender bath & body, culinary, house and home products that Laura will display. Laura will take us through her journey

in lavender farming and answer any questions that we have. June is perfect timing for Laura's presentation with lavender in full bloom and offering its calming, comforting fragrance.

Guests are always welcome to join us for our presentations. If you have questions, call Peggy McKinney at 603-776-6032.

Christopher Cox of Alton Bay

named to Assumption University Dean's List

WORCESTER, Mass. — Assumption University has announced that Christopher Cox, of Alton Bay, has been named to the University's Dean's List for the spring 2026 semester. Students named to the Dean's List must achieve a grade point average of 3.5 for a five-class, 15-credit semester to be included on the prestigious list, which is announced at the completion of the fall and spring semesters.

"Earning the right to be named to the Assumption University's Dean's List is an extraordinary accomplishment and we congratulate

those students who demonstrated exemplary academic excellence this semester," said Assumption University President Greg Weiner, Ph.D. "These students have demonstrated a deep commitment to the pursuit of truth in the company of friends that lies at the heart of the Catholic liberal education Assumption provides."

About Assumption University
Assumption University, founded in 1904 by the Augustinians of the Assumption, is a premier New England university for high-quality education, integrating career prepara-

tion and education of the whole person, drawing upon the best in the rich and centuries-long tradition of Catholic higher education. Assumption's graduates are known for their intellectual seriousness, thoughtful citizenship, and devotion to the common good. The University offers 37 majors and 49 minors in the liberal arts, sciences, business, nursing, professional studies, and other areas, as well as graduate degrees and professional credentials. For more information about Assumption University, please visit assumption.edu or follow us @AssumptionUMA.

Local students earn Dean's List recognition at Norwich University

NORTHFIELD, Vt. — Norwich University is pleased to announce that Bailey Manning-Ingala of Gilmanton and Genevieve Cookinham of Gilmanton Iron Works have been recognized on the Dean's List at Norwich University for the Spring 2026 semester:

Dean's List recognition is awarded to full-time undergraduate students who achieve a semester grade point average of 3.4 or higher, acknowledging sustained academic achievement and dedication to scholarly suc-

cess. **About Norwich University**
Norwich University is a diversified academic institution that educates traditional-age students and adults in a Corps of Cadets and as civilians. Norwich offers a broad selection of traditional and distance-learning programs culminating in baccalaureate and graduate degrees. Norwich University was founded in 1819 by Captain Alden Partridge of the U.S. Army and is the oldest private military col-

lege in the United States of America. Norwich is one of our nation's six senior military colleges and the birthplace of the Reserve Officers' Training Corps (ROTC). www.norwich.edu

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Gilford Public Library Top Ten Requests (Plus Two)

1. "26 Beauties" by James Patterson
2. "Theo of Golden" by Allen Levi
3. "The Things We Never Say" by Elizabeth Strout
4. "The Mother-Daughter Book Club" by Sue Patterson
5. "Ironwood" by Michael Connelly
6. "The Last Mandarin" by Louise Penny
7. "Whistler" by Ann Patchett
8. "Yesteryear" by Caro Claire Burke
9. "The Final Target" by Nora Roberts
10. "Project Hail Mary" by Andy Weir
11. "Hope Rises" by David Baldacci
12. "More Than Enough" by Anna Quindlen



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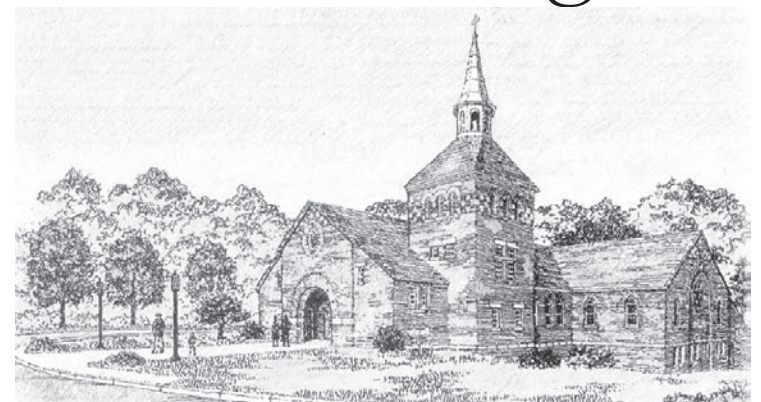
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God took a day off after creating us.



But you can find Him here all summer.

Genesis 2 tells us, "On the seventh day God completed the work he had been doing; he rested on the seventh day from all the work he had undertaken."

This summer your own vacation from work need not be a vacation from your faith. Here are a few of the regular events at our church—*your* church—this summer. You are welcome to join us for any or all of them:

Saturday afternoons:

Confession at church at 3:00. Mass at church at 4:00.

Sunday mornings:

Mass at church at 7:00, 8:30, and 10:30.

Mass online at 10:30 at stkdxrel.org.

Monday evenings:

"Discovery Group" discussion at church at 7:00 p.m.

Friday mornings:

Eucharistic Adoration in church from 9:00 a.m. to 1:00 p.m.

Weekday mornings (except Thursday):

Mass at 8:00.

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SPORTS

Pair of Glidden bombs lead Timber Wolves over Raiders Prospect Mountain softball earns another trip to Final Four

BY JOSHUA SPAULDING
Sports Editor

ALTON — The Prospect Mountain softball team plated four runs in the bottom of the first inning and that was all they would need in the Division III quarterfinals on Saturday morning, as the Timber Wolves picked up an 8-0 win over visiting Belmont to advance to the Final Four.

Prospect added a run in the bottom of the second inning and added two more in the bottom of the third before scoring their final run in the bottom of the fifth inning.

Timber Wolf pitcher Sophia Bowman struck out the side in the top of the first inning and the Timber Wolves got on the board in the bottom of the inning. With one out, Paige Harding reached on an error and Paityn Glidden followed with a homer over the fence in left field for the 2-0 lead. Kylee Guptill and Bowman both worked walks and after Taylor Greenwood reached on a fielder's choice, Leila Hills Grove was hit by a pitch to load the bases and a single from Ashlynn Roberts gave the Timber Wolves the 4-0 lead.



JOSHUA SPAULDING

The Prospect Mountain softball girls gather at home to welcome Paityn Glidden after her first homer of two on the day during Saturday's quarterfinal game with Belmont.

Lyla McSheffrey and Molly O'Connell worked walks to open the top of the second inning before Bowman came back and struck out the next three hitters. Glidden then launched her second homer of the game in the bottom of the second with two outs and Guptill followed with a double. However, Belmont pitcher Bailey Perkins got out of the inning by inducing a groundout. Bowman set the side in order in the top of the third.

In the bottom of the third, Greenwood reached on an error and stole third and Hills Grove worked a walk. Greenwood scored on a wild pitch and Roberts and

Kourtney Kaplan had base hits before Perkins got a pair of grounders to force runners at home. Kaplan scored on a wild pitch for the 7-0 lead and the Raiders walked Glidden intentionally before Perkins got a groundout to second to end the inning.

Bowman set the side down in order in the top of the fourth inning and Perkins worked around a two-out walk in the bottom of



JOSHUA SPAULDING

Kylee Guptill fires a throw to first during action against Belmont in the Division III quarterfinals on Saturday.

the inning. Bowman set the Raiders down in order in the top of the fifth and Prospect added to the lead in the bottom of the fifth.

With two outs, Harding homered over the fence in center to make it 8-0 and walks to Glidden and Bowman and a single from Guptill loaded the bases, but Perkins got a groundout to



JOSHUA SPAULDING

Sophia Bowman struck out 11 in her team's win over Belmont in the Division III quarterfinals on Saturday.

end the inning.

Perkins picked up Belmont's first hit of the game with two outs in the top of the sixth inning, but the Raiders could not push the run across. Perkins then retired the side in order in the bottom of the sixth and Lyla McSheffrey led off the top of the seventh with a single and O'Connell worked a walk. However, a pickoff, a strikeout and a groundout ended the game with the

Timber Wolves taking the 8-0 win to advance back to the Division III semifinals.

Prospect Mountain moved on to the Division III Final Four, taking on White Mountains after deadline on Wednesday in Holderness. The finals are set for Saturday, June 13, at 4:30 p.m. in Holderness.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



TREK

(continued from Page A1)

Registered participants also had access to the Gunstock Mountain Coaster at no cost.

Mike Harris said 4 H was joined by 11 organizations at the expo. The expo partners were Wildly Responsible, New England Mountain Bike Association, Granite Outdoor Al-

liance, UNH Recreation Management, and UNH Policy Department, The Cornucopia Project, Partnership for Public Health, NH Beekeeping Association, Highland Bike Part, Mount Washington Observatory, South East Land Trust of New Hampshire, NH Fish & Game, Barry Conservation Camp, and Gunstock Mountain Resort.



JOSHUA SPAULDING

Jade Nicolas returns a shot during the Division III championship last Wednesday afternoon in Concord.



JOSHUA SPAULDING

Ally Onos looks to send the ball back over the net during action in the Division III championship last week.

TENNIS

(continued from Page A1)

the match at one with an 8-5 win in the fifth spot before Elise Graton dropped an 8-2 decision at number six.

Jade Nicolas dropped an 8-5 decision in the second spot in the lineup and in the best match of the day for Gilford, Grace Powers bat-

led back from a 6-3 deficit to pick up an 8-6 win in the fifth spot. Isabelle Walton dropped an 8-4 decision in the fourth spot to give Lebanon the 4-2 lead after singles.

The Golden Eagles came charging back in doubles, with the duo of Powers and Walton picking up an 8-2



JOSHUA SPAULDING

Isabelle Walton charges in to return a shot in action against Lebanon in the Division III finals.



JOSHUA SPAULDING

Grace Powers returns the ball during championship action last Wednesday afternoon against Lebanon.

win at number two and Leandro and Lexi Kulcsar getting the 8-3 win in the third spot to put the spotlight on the number one spot. Nicolas and Onos battled hard but they came up just short, falling 8-4 and Lebanon had the 5-4 win and the Division III championship.

The Golden Eagles fin-

ished the regular season at 12-2 to earn the third seed in the tournament and defeated St. Thomas and Kearsarge (see separate story) to advance to the finals for the second year in a row.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Spring Nest lawn • garden • home • family

A spring lawn revitalization strategy

New growth is a hallmark of spring, whether it plays out in the birth of

birds and bunnies or with the returned buds on trees and plant stalks. While most

greenery rebounds naturally, lawns may need a little extra TLC in order to return to

their once lush, green glory. Revitalizing a lawn in spring is a multifaceted pro-

cess but can be well worth the reward when green grass adds to a beautiful landscape and functional yard. Here is how to get started when the weather warms, courtesy of The Farmer's Almanac and The Home Depot.

- Clean up debris. Spend a few hours raking up leaves from the lawn and removing any other winter debris like twigs so that air can reach the grass below. Also remove any thatch that has developed.

- Test the soil. Take a sample of the soil to determine its pH level and nutrient needs. Then you can make adjustments to set a strong foundation for the lawn to grow.

- Do some weeding. Pull out any weeds that have poked through early on and apply a pre-emergent herbicide to prevent additional weeds from taking over.

- Start the aeration process. A core aerator punches holes into the soil. This enables air and water to penetrate through to the roots.

- Overseed the lawn. Apply grass seeds over the lawn, paying special attention to any bare or thin areas so that the seed will fill in the lawn.

- Water consistently. It is important to water the lawn deeply and consistently, especially when the weather is dry, to help promote strong root development.

- Time fertilizer correctly. Apply a spring fertilizer around three weeks after the lawn starts to turn green or after the first two or three mowings. If fertilizer is applied too early it can feed weeds instead of the grass and result in fertilizer runoff.

- Mow to an appropriate height. Begin to mow when the ground is dry enough and the grass is long enough to need cutting. Leave some length to the lawn; otherwise, sunlight will reach the seeds and encourage weed seeds to germinate.

With a little elbow grease at the start of spring, homeowners can establish strong and healthy lawns.

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SPORTS

Gilford student-athletes feted at annual awards breakfast



JOSHUA SPAULDING

Winners of the Gilford High School Senior Athletic Award were honored at a ceremony at the school last week. To earn this award, the athletes had to letter in three varsity sports for at least three years. Back row (1 to r), Gunnar Marvel, Emmett Hughes, Ryan Folan and Mark Uicker. Front row (1 to r), Maria Tilley, Abby Watson and Ava Wilson. Missing from the photo is award winner Mia Burlock.



JOSHUA SPAULDING

Eight student-athletes received the NHIAA Three-Sport Athlete Award last Wednesday at Gilford High School. Back row (1 to r), Gunnar Marvel, Emmett Hughes and Mark Uicker. Front row (1 to r), Emma Horton, Maria Tilley, Abby Watson and Ava Wilson. Missing from the photo is honoree Mia Burlock. To receive this award, athletes must participate in a sport (at any level) for all 12 seasons of their high school career.

BY JOSHUA SPAULDING
Sports Editor

GILFORD — On Wednesday morning, June 3, Gilford student-athletes gathered in the school's cafeteria for a little breakfast and the chance to be honored for their commitment to athletics at the school.

The annual Athletics Awards Breakfast represents a chance for Athletics Director Rick Acquilano to honor the athletes who have given the most to the school over the last year and in the case of the seniors, the last few years.

"Many people do not fully understand the connection between athletic participation and success," Acquilano noted. "That connection is certainly evident here."

"Just look around this room and you will see yourself surrounded by athletes who have excelled on our fields, courts, tracks and courses," he continued. "More importantly, they have also excelled in our classrooms and within our community."

Acquilano began his presentation by thanking Deb Vetrano, who works tirelessly behind the scenes in the front office and also decorated the cafeteria for the event. He also thanked Principal Anthony Sperazzo for his continued support of

athletics at the school.

"If you are here today, it is because you have demonstrated how to successfully balance academics and athletics," he said. "If you are here today, it is because you have learned how to deal with both failure and success, you have learned to persevere, you have developed grit, determination and resilience."

He noted that in his role as the school's AD, he has learned that the kids sitting in that room were what Gilford athletics is all about, as their excellence, hard work and determination is what makes Gilford High School thrive. Athletics helps to build community and creates a culture of support, teamwork and shared purposes, teaching life lessons that extend behind competition and prepare young people for success in all aspects of life.

"When you walk into our gymnasium, the walls are covered with banners representing tremendous accomplishments," Acquilano said. "Behind every one of those banners lies commitment, sacrifice, sweat and a relentless pursuit of excellence that I believe few schools in our state can rival."

The first awards presented were the NHIAA Three-Sport Athlete awards, which are given out to athletes who

have participated in all 12 athletic seasons during their high school career. This includes participation at any level of high school athletics.

The winners were Mia Burlock, Emma Hoton, Emmett Hughes, Gunnar Marvel, Maria Tilley, Mark Uicker, Abby Watson and Ava Wilson.

The next award is the Gilford High School Senior Athletic Award, which is presented to athletes who have lettered in three varsity sports for at least three years. This included Mia Burlock (soccer, cross country, lacrosse, alpine skiing), Ryan Folan (golf, baseball, basketball), Emmett Hughes (football, lacrosse, basketball), Gunnar Marvel (cross country, track, Nordic skiing, indoor track), Maria Tilley (cross country, track, Nordic skiing), Mark Uicker (football, track, baseball, basketball), Abby Watson (soccer, lacrosse, basketball) and Ava Wilson (soccer, lacrosse, basketball, unified basketball).

The final presentation was to the 66 three-sport athletes from this year across all four grades. They each received a special t-shirt recognizing their accomplishment for the 25-26 school year.

Winners from the ninth grade class included Kaden Blouin, Finnegan Butler, Benjamin Coapland, Antho-

ny Davis, Zevy Donovan, Penelope Flanders, Addison Hodsdon, Oskar Karlsson, Penelope Lewis, Henry Magdziasz, Baylee O'Hickey, Daniel Perron, Briella Prescott, Amanda Schaffnit, Kierra Walker and Rowan Worthen.

Winners from the sophomore class included Lucy Akerstrom, Lily Bishop, Brynn Blackwelder, Madilyn Breton, Matthew Carsen, Carter Cota-Robles, Declan Hackett, Ryder Hennig, Alexis Kulcsar, Pearl Marvel, Avah Mason, William Reinhardt, Leah Scudder,

Easton St. Cyr, Andrew Taylor, Susanna Tilley, Eric Warren and Joel Wernig.

Junior class winners included Emily Aguiar, Liam Butler, Collin Corcoran, Riley Coutts, Catherine Fay, Mckenna Howard, Natalee Magdziasz, Alissa O'Brien, Lucas Raleigh, Macy Sawyer, Grace Southworth, Kathrin Taylor and Owen Wolpin.

The senior class honorees were Brady Alessandro, Mia Burlock, Ryan Folan, Jack Fountain, Emma Horton, Emmett Hughes, Kyle Johnson, Kylie Kelly, Taryn

Limanni, Gunnar Marvel, Christien Nunez, Maria Tilley, Mark Uicker, Declan Voivod, Abby Watson and Ava Wilson.

"I like to think that athletics is the last block of the day," Acquilano noted, pointing out that as a high school athlete, he always got a lot out of his times on teams and loves to see Gilford student-athletes doing the same.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Gilford police log

GILFORD — The Gilford Police Department reported the following arrests during the week of June 1-7.

Scott D. Mosher, age 56, was arrested on June 2 for multiple counts of Possession of a Controlled Drug.

Mark W. Tatro III, age 34, was arrested on June 3 for Driving After Revocation or Suspension of li-

cense. Krystal Murray, age 36, was arrested during the same incident in connection with multiple warrants.

Dani A. Clark, age 74, was arrested on June 6 for DUI-Impairment.

A 36-year-old male was taken into protective custody for intoxication on June 6.

Jerrid H. Tremblay, age 30, was arrested on June 6

for Criminal Trespassing, Burglary, and Tampering with a Public Record by Destruction or Removal.

A 21-year-old male was taken into protective custody for intoxication on June 6.

William M. Lapoint, age 71, was arrested on June 7 for Possession of a Controlled Drug.



COURTESY PHOTO

Undefeated

The Laconia Lacrosse Club's 10U girls' red team finished their regular season Sunday undefeated with a 13-8 win over Merrimack to put them at a perfect 8-0 on the year in the state's top division of girls' youth lacrosse. All spring they've played fantastic defense, had a relentless attack on goal, and used teamwork to outplay their opponents from across the state, including Nashua, Concord, Hanover, Hollis-Brookline, Plymouth, and Timberlane. They've also had a ton of fun as a group. Pictured are Rosemary Todd, Maddie Dionne, Eve Greeley, Eloise Paquette, Sofia Cardona-Swain, Maddie McNulty, Brooke Demmons, Layne Smith, Mya Yeakel-Curry, Karmella Gilpin, Nora Wardwell, and Amelia Breton.

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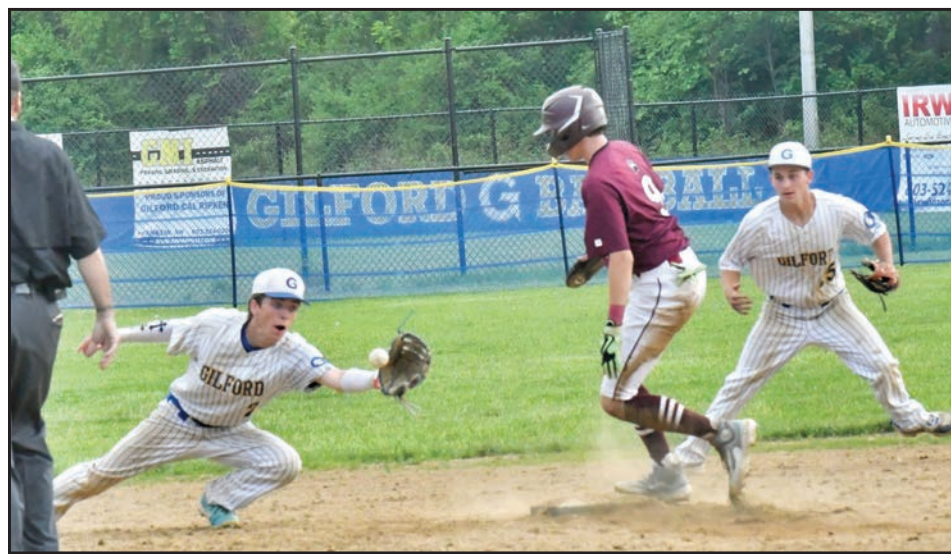
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SPORTS

Smith hurls Golden Eagles into quarterfinals Gilford baseball ousted by Derryfield in second round of tournament



BY JOSHUA SPAULDING
Sports Editor

Gilford baseball boys opened the Division III playoffs with a solid GILFORD — The

5-0 win over Kearsarge on Wednesday, June 3, earning a berth in the quarterfinals with the victory.

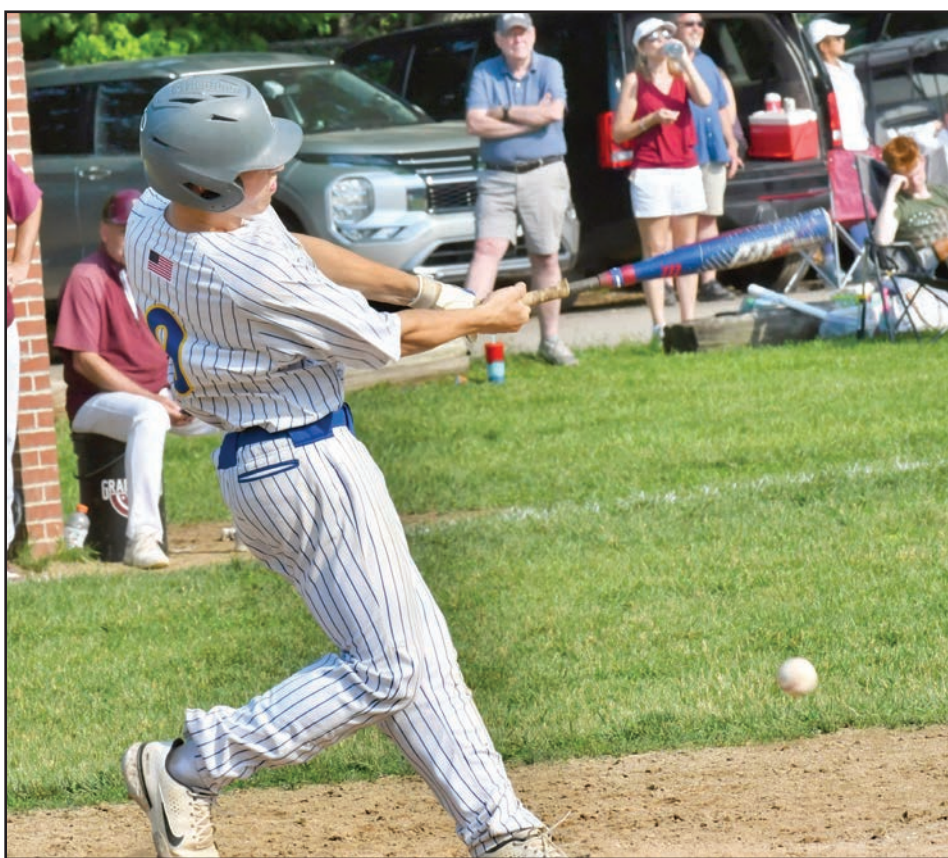
The Golden Eagles scored twice in the bottom of the second inning and then added two in the bottom of the third inning before finishing things out with one in the bottom of the sixth inning for the 5-0 win.

Drew Smith was on his game, throwing seven innings of shutout baseball, allowing only four hits and one walk while striking out 11.

On the offensive side of things, Ryan Folan had a double and a single and drove in a run, while Owen Wolpin had a double and a single and scored a run, Cohen Elliott had two hits, drove in a run and scored a run and Sam Kelley had two hits, drove in a run and scored a run. Mark Uicker added a hit, drove in a run and scored a run and both Andy Taylor and Danny Fournier added a hit.

The win propelled the Golden Eagles into the Division III quarterfinals, where they hosted Derryfield on Saturday.

The Cougars scored a run in the top of the first inning but the Golden Eagles responded with a pair of runs in the bottom



of the second inning. They added two more in the bottom of the fourth for the 4-1 lead before Derryfield scored twice in the top of the fifth and then tied the game with one in the seventh. The Cougars scored one in the eighth inning and held on to take the 5-4 win, bringing Gilford's season to an end.

Taylor had a double

and a single and scored a run, Elliott had two hits, scored a run and drove in a run, Wolpin had a double and drove in two runs, Folan had a pair of hits, Uicker had two hits and scored a run and Smith had a hit and scored a run.

Folan pitched into the eighth inning, giving up three earned runs and striking out five and

Carson Anthony closed out the game, striking out one.

The Golden Eagles finished the regular season at 13-3 to earn the fourth seed in the Division III tournament.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Timber Wolves fall in pitchers' duel in opening round

BY JOSHUA SPAULDING
Sports Editor

WHITEFIELD — The White Mountains baseball team welcomed Prospect Mountain to Whitefield on Wednesday, June 3, for the opening round of the Division III tournament.

The game was scoreless through the first five innings before the Spartans scored two runs in the bottom of the sixth inning.

The Spartans and Timber Wolves found themselves in an old-fashioned pitchers' duel between Spartan Deagan Stover and Timber Wolf Colby Whitehouse. Stover pitched all seven innings for White Mountains, giving up three hits and striking out eight while Whitehouse went all six on the mound for the Timber Wolves, giving up just four hits and two earned runs while striking out eight.

Jake Silver led off the bottom of the sixth inning with a single and Stover worked a walk. Silver stole third and scored on a squeeze from Rylan Bennett to

give the Spartans their first run. Stover then scored on a sacrifice groundout from Carson Miller and the Spartans had the 2-0 lead. Stover worked around a two-out base hit from Bryce Lounsbury in the top of the seventh to secure the Spartans a place in the Division III quarterfinals.

Silver led the Spartan offense with two hits and a run scored while Wil Kenison and Landin Foss each added a hit. Knyte Neathery, Whitehouse and Lounsbury led the way for the Timber Wolf offense with a hit apiece.

The win sent the Spartans into the quarterfinal round in Concord against Bishop Brady on Saturday.

The Spartans finished the regular season at 12-4 to earn the seventh seed while the Timber Wolves finished the regular season at 10-6 to earn the 10th seed.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Gilford boys fall to eventual champs in semifinals

BY JOSHUA SPAULDING
Sports Editor

DOVER — The Gilford boys' tennis team's tournament run came to a close in the Division III semifinals last Tuesday afternoon, as the Golden Eagles fell to eventual champion St. Thomas by

a 7-2 score.

Easton St. Cyr got the lone singles win for the Golden Eagle boys, finishing with an 8-2 win at number five and then paired with Joel Wernig to get an 8-2 win in the third doubles spot.

Coach Terry Wilson

offered up his thanks to all the families and fans for their support over the course of the season.

The Golden Eagles finished the regular season at 8-6 to earn the fifth seed and beat Bish-

op Brady in the quarterfinal round of the Division III tournament.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Church Service SCHEDULE

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union. Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundantharvestnh.org or e-mail ahf@faith.com.

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COURTESY PHOTO

Doubles action

Prospect Mountain's Laney Henry and Lena Lemotte took part in the NHIAA doubles tournament over the weekend. The Timber Wolf duo won their first match before falling to a team from Bedford in their second round to finish in the top 16 in the tournament.

Laconia resident Colby Batchelder receives Bachelor's degree at Worcester Polytechnic Institute's 157th Commencement

WORCESTER, Mass. — On Friday, May 15, Colby Batchelder, who majored in Chemical Engineering, was bestowed a bachelor's degree at WPI's 157th Commencement. Nearly 1,200 undergraduate degrees were awarded during the ceremony.

WPI President Grace Wang and Board of Trustees Chair William Fitzgerald presided over the university's undergraduate Commencement exercises.

In her address, Wang reminded graduates that their WPI education has prepared them not only with technical expertise and ethical leadership skills, but with the resilience, critical thinking, teamwork, and global responsibility needed to thrive in a rapidly evolving world.

"We stand at the dawn of a new technological age," said Wang. "There's a good chance you will do jobs that are yet to be invented. You will work in companies that are yet to be estab-

lished. You will address issues that are yet to be defined. This does not mean we should feel uncertain. This means everything can be questioned, and everything can be new. Never before has so much possibility existed to make the world better, the future brighter."

Delivering an inspiring undergraduate address was multiplatinum, Grammy Award-winning artist, tech founder, philanthropist, and STEAM education advocate will.i.am. Known globally for his groundbreaking work at the intersection of music, artificial intelligence, entrepreneurship, education, and through his i.am Angel Foundation, will.i.am challenged graduates to embrace creativity, innovation, and service as they forge their own paths.

"How intentional are you going to be with this technology as you unearth tomorrow's industries?" asked will.i.am "Pick a problem, solve

it. That solution is an industry. This is the time for imagination, and AI is not imagining. It's re-urgitation of the human imagination. Turn that off."

As part of the undergraduate ceremony, honorary doctoral degrees were bestowed on will.i.am and Paul Covec '64, an entrepreneur and investor who has played a formative role in advancing technologies that have shaped modern industry.

This year's undergraduate student remarks were delivered by Mena Youssif, who received a bachelor of science in civil engineering. In his speech, "We Didn't See It Coming," he reflected on the pace of change in the world and the unexpected growth and personal changes students experienced.

About Worcester Polytechnic Institute
Worcester Polytechnic Institute (WPI) is a top-tier, STEM-focused university with an R1 research classification

and global leadership in project-based learning. Founded in 1865, WPI's distinctive approach integrates classroom theory with real-world practice, preparing students to tackle critical challenges through in-

clusive education, impactful projects, and interdisciplinary research. With more than 70 bachelor's, master's, and doctoral degree programs across 18 academic departments and over 50 global project centers,

WPI advances knowledge and innovation in fields such as life sciences, smart technologies, advanced materials and manufacturing, and global innovation. Learn more at www.wpi.edu.

Area residents named to dean's list at Quinnipiac University

HAMDEN, Conn. — Rylee Lounsbury of Barnstead and Ashley Sanderson of Gilford were named to the dean's list for the Spring 2026 semester at Quinnipiac University.

To qualify for the dean's list, students must earn a grade point average of at least 3.5 with no grade lower than C. Full-time students must complete at least 14 credits in a semester, with at least 12 credits that have been graded on a letter grade basis to be eligible. Part-time students must complete at least six credits during a semester. Names followed by an asterisk denotes with honors.

About Quinnipiac University
Quinnipiac is a private, coeducational institution located 90 minutes north of New York City and two hours from Boston. The university enrolls 9,700 students in more than 100 degree programs through its Schools of Business, Communications, Education, Computing and Engineering, Health Sciences, Law, Medicine, Nursing and the College of Arts & Sciences. Quinnipiac is ranked 51st in The Wall Street Journal/College Pulse "2026 Best Colleges in the U.S." and is also recognized by U.S. News

& World Report and The Princeton Review's "The Best 391 Colleges." The university is expanding innovative programs for both traditional and adult learners and developing dynamic corporate partnerships. Quinnipiac recently completed a significant capital expansion on its main campus, including a state-of-the-art new School of Business and an interdisciplinary science and innovation hub. For more information, please visit qu.edu. Connect with Quinnipiac on Facebook and Instagram and follow Quinnipiac on X @QuinnipiacU.

SPORTS

Golden Eagles sweep their way back to Division III finals



JOSHUA SPAULDING

Elise Graton picked up the clinching win for the Gilford tennis girls in the Division III semifinals.

BY JOSHUA SPAULDING
Sports Editor

SUTTON — The Gil-

ford tennis girls set up a rematch of last year's championship battle by going



JOSHUA SPAULDING

Emmaline Leandro returns a shot during action in the Division III semifinals in Sutton last week.

on the road and upsetting second-ranked Kearsarge on Monday, June 1.

The Golden Eagles swept the singles and then came through with



JOSHUA SPAULDING

Grace Powers rushes in to push the ball over the net in action against Kearsarge in the Division III semifinals.

the three doubles wins to get the 9-0 win over the Cougars while up north, defending champion Lebanon upset top-ranked Berlin to earn the other finals spot, setting up a rematch of last year's championship.

Grace Powers was the first Golden Eagle off the court, winning her battle at number three by an 8-6 score, followed shortly by Ally Onos at number one coming off with an 8-4 win and Jade Nicolas finished with an 8-4 win in the second spot just a few moments later for the 3-0 lead.

Emmaline Leandro came through with an 8-5 win at number five as the fourth Golden Eagle off the court and Elise Graton clinched the semifinal

win for the Golden Eagles with an 8-6 win at number six. Isabelle Walton finished off the singles with an 8-5 win at number four to finish the sweep for Gilford in singles.

In doubles play, Waldron and Powers were the first team off, getting an 8-3 win at number two and Leandro and Lexi Kulcsar won 8-5 at number three. Onos and Nicolas finished off the Gilford sweep with an 8-6 win at number one.

The win propelled the Golden Eagles back to the Division III finals for another rematch with Lebanon.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Marvel wins Meet of Champions long jump

BY JOSHUA SPAULDING
Sports Editor

DURHAM — The best track athletes from around the state headed to Oyster River High School for the Meet of Champions on Saturday, June 6.

In the long jump for the boys, David Walker of Inter-Lakes took the win at 23 feet, six inches and Prospect Mountain's DJ Scarpa finished in 12th place in 20 feet, 6.5 inches while for the girls, Gilford's Pearl Marvel was first at 17 feet, 8.25 inches, Pelletier was fourth at 17 feet, 3.25 inches and Newfound's Autum Blackman was seventh overall at 16 feet, nine inches.

For the boys in the 100 meters, Kingswood's Graham Scully was 14th overall in 11.56 seconds while for the girls, Belmont's Ava Lacasse was fifth in the preliminaries in 12.74 seconds and fifth in the finals in 12.76 seconds.

In the 200 meters for the boys, Winnisquam's Kyle Douglas finished in a time of 22.89 seconds for seventh place and Scully finished in eighth

place in 23.02 seconds. Lacasse was fourth for the girls in the 200 meters in 25.8 seconds.

For the girls in the 400 meters, Macy Sawyer of Gilford placed second in 57.06 seconds and Olivia Lorenz of White Mountains Regional finished in eighth place in 1:00.17. For the boys, Plymouth's Lucas Van De Moere was seventh in 50.05 seconds and Kingswood's Evan Thurston was 11th in 50.92 seconds.

In the 800 meters for the boys, Newfound's Brady Harker was seventh in 1:59.35, Plymouth's George Sutherland was 14th in 2:05.42 and teammate Tate Hayman was 15th in 2:05.91.

For the girls in the 3,200 meters, Elli Englund of Plymouth finished in eighth place in 11:30.75. In the 1,600 meters, Gilford's Maria Tilley was sixth in 5:13.67 and Moultonborough's Hailey Watts was 15th overall in 5:30.73.

In the 300-meter hurdles for the boys, Winnisquam's Nolan Abbott finished in ninth place in

41.36 seconds and in the 110-meter hurdles, Winnisquam's Taber Haggett finished in 16.17.

For the girls in the 100-meter hurdles, Kingswood's Norah Pelletier was fifth in the preliminaries in 15.66 seconds and fourth in the finals in 15.03 seconds. Profile's Isabel Lawton finished in 12th place overall in 16.76 seconds. Pelletier was also fourth in the 300-meter hurdles in 47.08 seconds, Emily Aguiar of Gilford was sixth in 48.41 seconds and Belmont's Cora Takantjas was 10th in 49.68 seconds.

Dayton Brigante of Winnisquam was fifth in the pole vault at 11 feet, six inches and Abbott was ninth at 10 feet, six inches.

In the shot put, Brady Filteau of Belmont was third at 47 feet, one inch, Max Colby of White Mountains Regional finished in ninth place at 43 feet, 9.75 and Ethan Rivera was 15th at 39 feet, 8.5 inches. Colby was also seventh in the javelin at 147 feet, five inches with Brayden

Robinson of Inter-Lakes in ninth place at 141 feet, six inches. For the girls in the javelin, Plymouth's Hadassah Crane finished in 11th place at 92 feet, 11 inches and Brooke Laflamme of Berlin finished in 16th place at 87 feet, one inch. For the boys in the discus, Gilford's Gunnar Marvel was fifth at 143 feet, three inches, Filteau was 11th at 124 feet, six inches and Jonah Katz of Kennett finished in 16th place at 113 feet, three inches.

The Winnisquam boys' 4X400-meter team finished in ninth place in 3:29.19 while the Plymouth 4X800-meter boys finished in third place in a time of 8:16.04. The Gilford 4X400-meter relay girls finished in fifth place in 4:10.81. The Newfound 4X100-meter girls finished in 13th place in a time of 52.15 seconds and the Kingswood 4X100-meter boys finished in eighth place in 44.41 seconds.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	654 Alton Mountain Rd.	Farm	\$690,000	Boberin LLC	Forest Tall Trust and Heather Clark
Alton	63 Baxter Pl.	Single-Family Residence	\$30,000	Joseph P. Fisichelli and Jennifer Labrecque	Joseph P. Fisichelli
Alton	111 Dewitt Dr.	Single-Family Residence	\$399,000	Jennifer D. Gemberling and Charles S. Carrier	Jennifer D. Gemberling RET
Barnstead	10 Circle Dr.	Single-Family Residence	\$400,000	Eric R. Johnson	Christine A. Ryan and David J. Joyall
Barnstead	222 Varney Rd.	Single-Family Residence	\$860,000	Mark and Wendy Conway	Tzeno Galcheva and Karina Radeva-Galcheva
Barnstead	58 Windsor Way	Single-Family Residence	\$365,000	Miller Realty LLC	Emily H. Hayes
Gilford	115 Weirs Rd., Unit 104B	Condominium	\$468,000	Matthew T. and Melissa A. Ludwig	Michael and Lori Caralis
Gilmanton	4 Penacook Lane	Mobile Home	\$218,000	Tish RT and Patricia A. Trafton	Bernadette Trafton and David L. Lebwith
Gilmanton	N/A	N/A	\$13,533	Domenic Carito	Dean and Annette Edwards
Gilmanton	N/A (Lot 103A)	N/A	\$330,000	Pauline Benedetti and Patricia Melville	Kenerson RET and Carry Anna Kenerson
Gilmanton	N/A (Lot 104A)	N/A	\$330,000	Pauline Benedetti and Patricia Melville	Kenerson RET and Carry Anna Kenerson
New Durham	8 Old Bay Rd.	Single-Family Residence	\$320,000	Kaylee Beth Downs	Cody Stanton Kenyon and Kyra B. Strong

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Laconia resident Rhea Ganchi completes intensive research project

WORCESTER, Mass. — Rhea Ganchi, a member of the class of 2027 majoring in Civil Engineering at Worcester Polytechnic Institute (WPI), was a member of a student team that recently completed a professional-level re-

search-driven project titled "An Online Visual Dictionary for the Cibachrome Association."

Known as the Interactive Qualifying Project (IQP), this project is a core part of the innovative undergraduate experience

at WPI. Centered around project-based learning, this hands-on approach offers students opportunities to help develop thoughtful solutions to open-ended problems. These real-world problems affect the quality of life for people in the

communities where students work, giving students a chance to make a difference in the world before they graduate. All WPI undergraduates are required to complete an IQP, usually in their junior year, through which they apply science and technology to address an important societal need or issue. About two-thirds of WPI students complete their IQP at one of the university's 50+ off-campus project centers located in more than 30 countries around the world.

"The WPI project-based curriculum's focus on global studies brings students out of the classroom and their comfort zones and into the global community to apply their knowledge and to solve problems,"

said Professor Kent Rissmiller, professor of International & Global Studies and associate dean of The Global School. "Students are immersed in all aspects of a different culture—from the way people live and work to the values they hold to the foods they eat, all valuable perspectives for surviving and thriving in today's global marketplace. They also learn the meaning and magic of teamwork; make a real and meaningful difference in their host community; and gain a competitive edge for any resume, or graduate or professional school application."

About Worcester Polytechnic Institute
Worcester Polytechnic Institute (WPI) is a top-ti-

er, STEM-focused university with an R1 research classification and global leadership in project-based learning. Founded in 1865, WPI's distinctive approach integrates classroom theory with real-world practice, preparing students to tackle critical challenges through inclusive education, impactful projects, and interdisciplinary research. With more than 70 bachelor's, master's, and doctoral degree programs across 18 academic departments and over 50 global project centers, WPI advances knowledge and innovation in fields such as life sciences, smart technologies, advanced materials and manufacturing, and global innovation. Learn more at www.wpi.edu.

Millicent Caldon honored by Hartwick College


ONEONTA, N.Y. — Millicent Caldon '28 of Gilmanton received the Otto Steinbach Memorial Scholarship in Chemistry during Honors Convocation on April 29. Established in memory of Chemistry Professor Dr. Otto Steinbach by his wife, Grace Steinbach '38, and former student Elizabeth Lamphere '38, H'97, this

scholarship is awarded to a rising junior or senior chemistry or biochemistry major who has demonstrated high academic achievement.

Hartwick, often referred to as The Life Balance College, is a private liberal arts and sciences institution in Oneonta, N.Y. Through its distinctive Flight-Path approach, Hartwick

blends academic excellence, career preparation and an active campus life to help students achieve a balanced and fulfilling college experience. With transparent tuition and a focus on health and wellness, Hartwick prepares students for lifelong success—both professionally and personally.





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(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

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<p>\$1,330,000</p>  <p>MLS# 5092632</p> <p>Sanbornton: Set high on 3.34 acres with elevated lake views, this 5-bedroom contemporary Lake Winnisquam waterfront home features vaulted pine ceilings, a wood stove, and walkout in-law suite.</p>	<p>\$479,000</p>  <p>MLS# 5092436</p> <p>Laconia: This 2-bedroom, 2-bath modular ranch offers an open layout complete with a white cabinet kitchen, a center island, vinyl plank flooring, and a full unfinished basement. Nearby beach on Lake Opechee.</p>	<p>\$750,000</p>  <p>MLS# 5092347</p> <p>New Hampton: Tucked on 15 acres, this 3-bed home features cathedral ceilings, skylights, and access to Forest Pond. Detached 2-car garage, private pickleball and basketball courts, an octagon building, and a woodland cabin.</p>	<p>\$975,000</p>  <p>MLS# 5091414</p> <p>Laconia: This updated 3-bedroom property in the Sands of Brookhurst neighborhood offers a spacious main-level great room with a wood stove and partial lake views. The home features an oversized rear deck abutting a conservation area, paired with a coveted deeded dock for a 26' boat on Winnepesaukee.</p>
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All Saints Church gearing up for Summer Fair

WOLFEBORO — With spring cleaning season fully underway, we encourage community members to consider donating their gently used items to our fundraising event. In preparation for the 64th Annual All Saints Summer Fair, we are seeking donations. We will be collecting dona-

tions from Monday, June 15 through Monday, July 13. During these dates, you can drop off your donations in the Church Hall.

Acceptable donations include: toys, children's sporting goods, glassware, collectibles, dishes, home goods, linens, fabric, craft supplies, books written on

or after 2000, jewelry, hand and power tools, and not-so-large Silent Auction items. We do not accept adult sporting goods, textbooks, encyclopedias, rugs, infant and children car seats, magazines, curtains, decorative and bed pillows, fabric scraps, electronics, furniture and pet supplies.

The Summer Fair will be held on Saturday, July 18 from 9:30 a.m. to 1:30 p.m. The Summer Fair is an All Saints Church tradition that helps serve the community of Wolfeboro and the Lakes Region. The fair also offers baked goods and delicious

food options. This year we invite you to visit our new labyrinth in the courtyard along with an opportunity to receive prayer requests

Proceeds from the Summer Fair help support the outreach and service ministries of All Saints Church.

Bring along your shopping bags and be sure to check out the Summer Fair this year. It is a wonderful opportunity to have fun as we gather as a community of faith to support those throughout the Lakes Region.

Gilford Public Library Classes & Special Events

June 11 - June 18

Thursday, June 11
Senior Sculpt, 9-10 a.m.
Fun and Fitness with Joyce, 10-11 a.m.
Letting Go Plates, 3-4 p.m.
Got stresses from the school year you want to leave behind? Try making a letting go plate and jump into the summer with good vibes!
Painting and Poetry, 3:30-4:30 p.m.
French, 4-5 p.m.
The Big Watch Film & Discussion, 5:30-6:30 p.m.
Come celebrate America's 250th anniversary of the Declaration of Independence followed by moderating and inspiring thoughtful, civil, and intergenerational conversations about "The American Revolution!"
Friday, June 12
Geri Fit, 9-10 a.m.
Rooted and Rising, 10-11 a.m.
Bridge, 10 a.m.-noon
Preschool Storytime, 10:30-11:30 a.m.
Hand & Foot, noon to 2:30 p.m.
Happy Crafters, 1:30-2:30 p.m.
Advanced Conversation- al German, 2:30-3:30 p.m.
Beginner Line Dancing,

4-5 p.m.
Saturday, June 13
Beginner Line Dancing, 10:15-11:15 a.m.
Monday, June 15
Fun and Fitness with Joyce, 9-10 a.m.
Tai Chi, 10:15-11 a.m.
Mahjong, noon to 3 p.m.
Tuesday, June 16
Feel Good Fitness with Dottie, 9-10 a.m.
Senior Sculpt, 10-11 a.m.
Bridge, 10 a.m.-noon
Summer Camp Story- time, 10:30-11:30 a.m.
Homeschool Group, noon to 1:30 p.m.
Beginner Line Dancing, 2:30-3:30 p.m.
Water Balloon Battle, 3-4 p.m.
Its hot outside so grab some water balloons and start throwing!
What the Declaration of Independence Offers U.S. Social Movements, 5:30-6:30 p.m.
The Declaration of Independence acknowledges a most volatile right: the people's right to rebel. If the people are not happy with their government, then it is within their unalienable rights to "alter and abolish it." In 1776, that right was exercised through armed re-

bellion. But is that the only way to exercise that right? In 1963, John Lewis envisioned a different sort of revolution, one that would achieve the ends of freedom and liberty through non-violent means. In this "unfinished revolution," he argued, current enemies are seen as future friends. We'll consider how the language of the Declaration guides social movements, across the political spectrum, to institute a government that seems most likely to protect each other's unalienable rights.

Wednesday, June 17
Geri Fit, 9-10 a.m.
Senior Stretch Yogaaah!, 10-11 a.m.
Card Games, 10 a.m.-noon
Check out an Expert, 10 a.m.-noon
Paint Group, 1-3 p.m.
Thursday, June 18
Senior Sculpt, 9-10 a.m.
Fun and Fitness with Joyce, 10-11 a.m.
French, 4-5 p.m.
Book Discussion: Raising Hare, 5:30-6:30 p.m.

This month's book is "Raising Hare" by Chloe Dalton. Led by Katherine and Betty; books are available at the front desk.



COURTESY PHOTO

The following students received the After School Allstars Award at Kingswood Regional Middle School. In the first picture is Alyson McKenna for her leadership and dedication in softball. In the second picture is Matthew Sawyer for his leadership and dedication in baseball. Congratulations!

Local student earns President's List recognition at Norwich University

NORTHFIELD, Vt. — Norwich University is pleased to announce that Isabella Roy of Gilford has earned President's List honors for the Spring 2026 semester. Founded in 1819, Norwich University is recognized for its emphasis on experiential education and leadership development.

President's List recognition is awarded to full-time undergraduate students who achieve a semester

grade point average of 4.0, acknowledging sustained academic achievement and dedication to scholarly success.

About Norwich University
Norwich University is a diversified academic institution that educates traditional-age students and adults in a Corps of Cadets and as civilians. Norwich offers a broad selection of traditional and

distance-learning programs culminating in baccalaureate and graduate degrees. Norwich University was founded in 1819 by Captain Alden Partridge of the U.S. Army and is the oldest private military college in the United States of America. Norwich is one of our nation's six senior military colleges and the birthplace of the Reserve Officers' Training Corps (ROTC). www.norwich.edu

LIBRARY

(continued from Page A1)

"This was an incredible opportunity for our library," said Frost. "Not only was it exciting to visit the Library of Congress, but it was also rewarding to personally choose books that will directly benefit our community."

The addition of these materials comes at a meaningful time for the library. As libraries across the country face increasing costs, programs like this help stretch local resources while continuing to provide high-quality collections for patrons.

The books have now been processed, cataloged, and are ready for patrons to check out. To help celebrate their arrival, the Library of Congress selections will be featured on a special display at the New Durham Public Library through the first few weeks of June, giving visitors an

opportunity to browse the collection and discover some unique additions to the library's shelves.

The New Durham Public Library looks forward to sharing these new resources with the community. Residents are encouraged to stop by,

explore the display, and check out a book from this special collection.

For more information about library programs, services, and upcoming events, visit the New Durham Public Library or follow the library on social media.

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After 30 years, Lakes Region Heating & Air Conditioning celebrates expansion to Loudon

LOUDON — After more than 30 years serving New Hampshire homeowners and businesses, Lakes Region Heating & Air Conditioning celebrated a new chapter with the grand opening and ribbon cutting of its new Loudon location on Friday, May 29.

The company, owned by Eric Grennell of Gilford, recently relocated from Northfield to a new commercial property at the corner of Routes 106 and 129 in Loudon. The event featured an open house, ribbon cutting ceremony and barbecue for employees, customers and community members.

Grennell said the move marks not only a milestone for the business, but also a celebration for the employees, customers and community members who helped the company grow from a one-man operation in Belmont into a regional HVAC company with approximately 25 employees.

“It’s a celebration for all the guys that helped get us where we are today,” Grennell said. “It’s a thank you to the public and to our crews.”

Grennell founded the company in 1992 after deciding to strike out on his own following previous jobs in the HVAC industry. He said his interest in heating and air conditioning began while attending Shawshen Valley Technical High School in Billerica, Massachusetts, where students rotated through vocational exploratory programs before selecting a trade.

“My destiny in life was probably to be some kind of heavy equipment operator,” Grennell said, noting his father worked



Eric Grennell of Gilford, owner of Lakes Region Heating & Air Conditioning, cuts the ribbon on a new location for the 30-year-old business in Loudon. COURTESY

with dump trucks and excavators. “But I liked doing the HVAC better, so that’s what I stuck with.”

The company officially incorporated in 1994 and initially operated out of Belmont before eventually relocating to Northfield, where it remained for roughly 20 years. In its early years, Grennell said the company accepted work throughout New England, including projects for Hannaford supermarkets across multiple states.

Over time, however, the business established itself more firmly in the Lakes Region community and shifted its focus closer to home.

“It took us a long time to break in and not be the new guys anymore,” Grennell said. “Now, we’re the old guys.”

Grennell said one of the company’s biggest strengths has been its decision to remain focused

solely on heating and air conditioning rather than branching into unrelated trades.

“You stick with what you do best,” he said. “You train your crews to do heating and air conditioning, and that’s all they have to think about.”

The Loudon property provides several advantages over the previous Northfield location, which was located in a residential zone, according to Grennell. Located in a commercial district with easy highway access, the new site offers increased visibility, room for expansion and additional storage space.

“We have a lot more exposure to the general public,” Grennell said.

The property also includes a second building that could support future growth if needed.

Grennell said the HVAC industry itself has changed dramatically since he entered the

field in the early 1990s, particularly with advances in technology.

“The biggest thing is how everything is run by computers now,” he said. “Wi-Fi access on your phone, Bluetooth, smart thermostats — it’s really the technology part of it that keeps advancing.”

He said customers are increasingly interested in mini-split systems, energy efficiency and improved indoor air quality through advanced filtration and humidity control systems.

While the company primarily focuses on residential work today, it has also completed large-scale commercial and luxury residential projects over the years, including work on some of the largest homes around Lake Winnepesaukee and Lake Sunapee.

Grennell said the company’s reputation has largely been built

through word of mouth rather than traditional advertising. “We’ve had customers and builders we’ve worked with for 20 years or more,” he added.

That long-term loyalty extends to employees as well. Several staff members have been with the company for more than two decades. “Without them, we wouldn’t be here,” Grennell said.

Grennell also empha-

sized the importance of skilled trades and workforce development, saying the industry offers strong career opportunities for people who may not want to pursue a traditional college path.

“Not every kid needs to go to college,” he said. “You’ve got guys in the trades buying houses at 25 years old without the college debt hanging over their heads.”

Grennell has been involved nationally through the Air Conditioning Contractors of America, a Washington, D.C., based organization that helps develop industry standards. He said workforce shortages and technical education have become major discussion points nationwide.

As the company settles into its new Loudon location, Grennell said the focus remains on continued growth while maintaining the quality and customer service the company has built its reputation on for more than three decades.

“We try to make it right no matter what it takes,” he said.

Learn more about Lakes Region Heating & Air Conditioning at <https://lrhvac.com/>.

Wright Museum hosting lecture and book signing by Christopher Gorham

WOLFEBORO — On Tuesday, June 16, the Wright Museum will welcome Christopher Gorham. This is the fourth program of the Wright Museum’s 2026 Education Series.

Matisse at War is a vivid portrayal of the advancement of fascism and war into French life and culture during World War II through the lens of one of the country’s most celebrated post-impressionists and his family.

Drawing on intimate letters and a multitude of other sources, Christopher C. Gorham illuminates this momentous stage of

Matisse’s life as never before, revealing an artist on a journey of reinvention, wrenching meaning from the suffering of war, and holding up the light of human imagination against the torch of fascism to create some of the most exciting work of his career, of the 20th century, and in the history of art.

Doors open at 6 p.m., the program begins at 7 p.m. on Tuesday, June 16 at the Wright Museum’s DuQuoin Education Center, 77 Center St. in Wolfboro. Admission is \$8 for members and \$12 for non-members. Reser-

uations are strongly encouraged and can be made online at <https://wrightmuseum.org/lecture-series> or by calling 603-569-1212.

The region’s leading resource for educators and learners of all ages on World War II, the Wright

Museum features more than 14,000 items in its collection that are representative of both the home front and battlefield. For more information about the 2026 Lecture Series, or museum, visit wrightmuseum.org.

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