

THURSDAY, OCTOBER 30, 2025

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FREE

Southworth buries five, Golden Eagles roll past Huskies

BY JOSHUA SPAULDING

Sports Editor

GILFORD — The defending champion Gilford field hockey team entered the Division III tournament as the seventh seed but also entered with a roster filled with plenty of players with playoff experience and the Golden Eagles showed they are ready for another playoff run by rolling over Monadnock in the opening round of the Division III tournament on Wednesday, Oct. 22, 8-1.

The game started in the pouring rain and hail but before the end of the first quarter, the clouds parted, a rainbow appeared over Gil-



JOSHUA SPAULDING

Kiera Walker pushes the ball up the field during her team's playoff game with Monadnock last week.

ford Village and the Golden Eagles found plenty of luck the rest of the way.

The Golden Eagles had a couple of early corners in the rain and Riley Coutts also had a run into the zone that was denied by the Husky goalie.

Gilford got on the board first with 10:43 to go, with Coutts sending a cross in to Grace Southworth, who buried the shot for the 1-0 lead. Southworth had another shot denied by the Monadnock goalie.

Just more than two minutes after the first goal, Southworth sent another shot on net and Coutts was able to put the ball home for the 2-0 lead with 8:33 to go in the first quarter. The

SEE FH, PAGE A1

Prospect Mountain to host two days of high-energy robotics competitions

ALTON — Get ready for a weekend of cutting-edge technology and thrilling competition as Prospect Mountain High School (PMHS) hosts two major robotics events on Nov. 1 and 2, featuring high school teams from across New England.

11th Annual Battle Of the Bay: Robotics Showdown

On Saturday, Nov. 1, the PMHS Robotics Team, FRC 319, "Big Bad Bob," will host the 11th annual Battle Of the Bay. The event will draw over 30 top-tier FIRST Robotics Competition (FRC) teams from around New England to compete in one of the final off-season tournaments for the 2025 season game, "Reefscape."

The "Reefscape" game challenges student-built robots to navigate a coral reef-themed field. Teams of three robots work collaboratively in an Alliance to score points by collecting and placing game pieces—PVC pipes known as "Coral" and playground balls called "Algae"—into various goals. The game, which is part of the FIRST "Dive" season focused on ocean exploration and conservation, requires complex strategic maneuvers, including an initial 15-second autonomous period and a thrilling end-game challenge where robots race to climb a cage structure known as the "Barge." The competitions showcase the students' skills in engineering, programming, and teamwork.

The Battle Of the Bay is free and open to the public, with opening ceremonies scheduled

SEE ROBOTICS, PAGE A10

Input from residents requested for regional Master Plan

REGION — The Lakes Regional Planning Commission (LRPC) is updating the Lakes Region Master Plan. This initiative will

serve as a framework to help shape the future of our region and reflect our commitment to supporting vibrant, sustainable, and resilient work

that strengthens communities in the Lakes Region.

Under state statute RSA 36:47 (I) each regional planning com-

mission is required to develop and update a master plan for the region. It has been a de-

SEE MASTER PLAN, PAGE A10

Harding, Meehan lead Timber Wolves in Manchester



JOSHUA SPAULDING

Paige Harding led the Prospect Mountain girls during the Division III State Meet on Saturday.



JOSHUA SPAULDING

Dawson Meehan led the way for the Prospect Mountain boys in Saturday's Division III State Meet.

BY JOSHUA SPAULDING

Sports Editor

MANCHESTER — The Prospect Mountain cross country teams took part in the Division III State Meet on Saturday at Derryfield Park in Manchester.

The Timber Wolf girls were led by Paige Harding, who finished in 58th place overall in a time of 25:04 while Lyndi White finished in a time of 25:17 for 65th place. Layla Baker was 116th overall in a time of 30:29 and Alexis Briggs finished out the field of Timber Wolf girls with a time of 35:27 for 128th place.

Dawson Meehan led

JOSHUA SPAULDING

(Right) Layla Baker runs in the Division III State Meet on Saturday morning at Derryfield Park.

the way for the Timber Wolf boys with a time of 21:43 for 104th place overall. Matthew Whelan was 163rd overall in a time of 25:55, Hunter Witham was 170th in a time of 26:53 and Trew Reed finished in a time of 26:56 to place 171st overall.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

SEE XC, PAGE A1

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Alton Parks and Recreation Community Connection

Trick or Treat hours
The Town of Alton Trick or Treat hours are Friday, Oct. 31 from 5-7 p.m. Plan to stop at the Gilman Museum on Main Street between 4:30-6 p.m. for the Monster Mash Costume Runway- there will be treats and a chance to walk through the Halloween lights. Great photo opportunity for your entire group at our spook-tacular place.

Guided Meditation
The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring Guided Meditation with Karen Kharitonov on Thursday, Oct. 30 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meeting

Room. Meditation is helpful for reducing stress and slowing our bodies down to breathe. The program is free, donations accepted to benefit local charities. For more information, contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

Weight Training classes — Mondays and Wednesdays
The Alton Parks and Recreation Department is sponsoring Weight Training Classes on Mondays and Wednesdays, with AFAA Certified Instructor Kellie Troendle, from 1:30-2:30 p.m. at the Gilman Library for adults of all ages and abilities. This program is ongoing. Build strong mus-

cles and bones, increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parksrec@alton.nh.gov or 603-875-0109. Try a class for free. \$20 per month/session or \$5 drop in.

Pilates Classes in Alton Bay — Tuesdays and Thursdays
The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexi-

bility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/to register, contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov.

Walking Group — Tuesdays
Alton Parks and Recreation is sponsoring a walking group for ages 10 and up on Tuesdays from 9-10 a.m. Are you looking to get active but running or hiking may be too much? Join us for a walk led by Sam from Alton Parks and Recreation each Tuesday morning. The group will start at the Parks and Recreation office (328 Main St.), continue around Alton, and loop back. Each

walk will be roughly an hour at an easy pace. Supportive shoes are recommended. Contact parksrec-asst@alton.nh.gov or 603-875-0109 to sign up.

Fusion Belly Dancing
The Alton Parks and Recreation Department is sponsoring Fusion Belly Dancing Classes with Katie Hynes on Tuesdays at 5:30 p.m. at the Pearson Road Community Center for adults.
Create a unique and evolving artform with traditional belly dance movements and influences from various other dance styles. No registration required. Just drop in \$15/class. For more information, contact parksrec@alton.nh.gov or 603-875-0109.

Hit the Trail! — Hiking Programs offered for all levels
Join hiker, Bonnie Dodge, for beginner focused hikes on Fridays or progressive hikes on Wednesdays. Hikes start at 10 a.m. at the trail head in Alton and surrounding towns.
Sign up at parksrec-asst@alton.nh.gov or

603-875-0109. Bring water, comfortable walking/hiking shoes, and a snack. A new trail location will be announced each week to the group. Program is free.

Light Up Alton — Dec. 6
The Town of Alton is celebrating “Light Up Alton” on Saturday, Dec. 6 in the Alton Village on Main Street. Free events include: 5 p.m.- Tree Lighting at Town Hall sponsored by the Alton Business Association; 5:15-6:15 p.m.- Meet with Santa and Mrs. Claus inside the Gilman Library, and make a free craft at the Gilman Library (use rear parking lot entrance); 5-6:30 p.m.- Holiday Hayride loading up at Monument Square- sponsored by Alton Home and Lumber; 11 a.m.-7 p.m.-Festival of Trees and Gingerbread House Decorating Contest at the Gilman Museum sponsored by the ABA; plus more to see and do. Light Up Alton events are free and are open to the public. For more information, contact the Alton Parks and Recreation Department at 603-875-0109 or parksrec@alton.nh.gov.

Community Calendar October 30 to November 6

Thursday, Oct. 30
The moon will rise, the wind will moan,
The ghosts in Gilford claim their throne.
But mortals gather at Gilman bright,
For Storytime Before the Night!
At 10 a.m. the tales begin,
Where dragons dance and pumpkins grin.
Friday, Oct. 31 – Halloween Night!
From Alton Bay to Barnstead Town,
The costumed crowds will wander 'round.
Porch lights gleam

and doorbells chime,
The sweetest night of harvest-time.
Trick-or-treat from five to eight,
Walk slow, look twice at every gate.
Saturday, Nov. 1
When candy's gone and pumpkins fade,
The Gilford Seniors' Craft Parade Meets 10 a.m. at Community Hall,
To glue and glitter one and all.
Hot cider flows, the laughter grows,
And no one minds a hint of snows.

Sunday, Nov. 2
At Gilford Community Church they sing,
While maple leaves take flight on wing.
Service starts at ten o'clock,
A steady bell on Potter's Rock.
Stay for bread and neighbor's cheer,
Warm conversation, time of year.
Monday, Nov. 3
Little feet at B&M Park will run,
“Tinkergarten” meets at ten for fun.
Miss Kim leads songs and nature play,

To chase November's chill away.
Bring mittens, boots, and wonder eyes,
For tiny lessons, woodland-wise.
Tuesday, Nov. 4
At noon in Barnstead's meeting space,
Seniors gather, warm embrace.
Soup and stories fill the air,
Old friends greeting everywhere.
Then 6:30, gavel's down,
Select Board business shapes the town.

Wednesday, Nov. 5
Midweek hush and woodsmoke skies,
Library lamps like fireflies.
Pages turn and tea-cups steam,
Quiet hours made for dream.
Jot your notes, your questions keep,
For bookish talk before you sleep.
Thursday, Nov. 6
The week winds down, the night turns clear,
November's voice is crisp to hear.
At seven sharp, the readers meet,
With folded jackets, snow-damp feet.
Circle up and share your leaves,
Of stories gathered like sheaves.

*Author Jeremy Osgood
launches new book
with signing at The
Country Bookseller*

WOLFEBORO — Author and wildlife photographer Jeremy Osgood is launching two books, and will be available for signing Saturday, Nov. 8 from 11 a.m.-1 p.m. at The Country Bookseller. Although Jeremy now resides near Nashville with his wife, two daughters, and their rescue dogs, he grew up in Wolfeboro. Surrounded by the picturesque setting as the perfect backdrop, he cultivated a passion for the outdoors, photography, and writing.

Titles to explore:
“Beneath the Surface Waters: A Winnepesaukee Fish Tale.” A middle-grade fantasy novel. Join Reuben and his brothers as they race to

reverse an old family potion through the hidden depths of Lake Winnepesaukee.
“Carved in Granite: The Legend of Chocorua.” A special 5th Anniversary Edition of his historical novel — inspired by New Hampshire's legend of Chocorua, intertwined with the real events that shaped the state's beginnings — a story of friendship, hope, and sacrifice on the early frontier.
Both books will be available for purchase beginning Nov. 4. For more information or to pre-order, call 603-569-6030.
The Country Bookseller is located at 23A North Main St., Wolfeboro.

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Gilford Public Library

Classes & Special Events

Oct. 30 – Nov. 6

Thursday, Oct. 30
Geri Fit, 9-10 a.m.
Discover Live: Yorkshire, England - Ghosts, Ghouls, and Grisly Tales, noon to 1 p.m.
According to the Ghost Research Foundation International, York holds the title of the most haunted city in Europe. The city's past is marred by plague, persecution, invasion, and executions—events that have left a spiritual imprint on its narrow lanes and historic buildings. On this spine-tin-

gling virtual tour, you'll explore haunted streets and chilling landmarks, encountering the lingering spirits that continue to fascinate and frighten locals and visitors alike.

French Club, 4-5 p.m.

Friday, Oct. 31
Senior Sculpt, 9-10 a.m.
Harvesting Hope: A New England Chair Yoga Celebration of Fall, 10-11 a.m.
Bridge, 10 a.m. to

noon
Halloween Party!, 10:30-11:30 a.m.
Come dressed in your costumes ready to play some games! There will be music, candy and more to celebrate Halloween!
Hand & Foot, noon to 2:30 p.m.
Happy Crafters, 1:30-2:30 p.m.
Advanced Conversational German, 2:30-3:30 p.m.
Lower Intermediate Line Dancing, 4-5 p.m.

Saturday, Nov. 1
Beginner Line Dancing, 10-11 a.m.

Monday, Nov. 3
Fun and Fitness with Joyce, 9-10 a.m.
Baby Storytime, 10-10:30 a.m.
Bits & Bytes: Computer Literacy, 11 a.m. to noon
This month's session will be on the topic of file organization.
Mahjong, noon to 3 p.m.
Writing Wizards, 4-5 p.m.

Mystery Book Group, 5-6 p.m.
Join us for this month's mystery book group! Betty Tidd will lead the discussion of "Old God's Time" by Sebastian Barry. Copies of the book will be available at the circulation desk.

Tuesday, Nov. 4
Feel Good Fitness with Dottie, 9-10 a.m.
Senior Sculpt, 10-11 a.m.
Bridge, 10 a.m.-noon
Preschool Storytime, 10:30-11:30 a.m.
Death Cafe, 1-2 p.m.
Dungeons and Dragons, 3-4:30 p.m.
Intermediate Line Dancing, 4-5 p.m.

Wednesday, Nov. 5
Geri Fit, 9-10 a.m.
Senior Stretch Yoga, 10-11 a.m.
Card Games, 10 a.m.-noon
Check out an Expert, 10 a.m.-noon
Little Math Whiz, 10:30-11:30 a.m.
Little Math Wiz is filled with fun math stories & activities! *Ages 3 - 6
Paint Group, 1-3 p.m.

Legends and Truths of New England's Wolves, 4-5 p.m.
Once upon a time, New England was home to Canis lupus, the gray wolf, who trotted from hillside to valley and howled through the seasons. Discover how this wild canine survived, what forces lead to its extinction from the New England landscape, and how the stories and myths we tell about this creature continue to influence our perception of it today. Presented by Susie Spikol.

Thursday, Nov. 6
Senior Sculpt, 9-10 a.m.
Living With Grief, 10-11 a.m.
Fun and Fitness with Joyce, 10-11 a.m.
Drop-In Craft: Felt Pies, 11 a.m.-4:30 p.m.
Stop by the Teen Room to DIY your own festive felt pies!
French Club, 4-5 p.m.
Pajama Storytime, 6-6:30 p.m.
Come enjoy a couple cozy stories with us and bring your stuffie!

Gilford Public Library

Top Ten requests (plus two)

1. "The Academy" by Elin Hilderbrand
2. "The Picasso Heist" by James Patterson
3. "Secret of Secrets" by Dan Brown
4. "The Widow" by John Grisham
5. "The Proving Ground" by Michael Connelly
6. "The Correspondent" by Virginia Evans
7. "The Frozen River" by Ariel Lawhon
8. "Billion Dollar Ransom" by James Patterson
9. "A Slowly Dying Cause" by Elizabeth George
10. "Braided Creek" by Ted Kooser
11. "The Impossible Fortune" by Richard Osman
12. "End Game" by Jeffrey Archer



Do your early holiday shopping at the Lakes Region Silver Bells Craft Fair on Nov. 1 & 2 at the Tanger Outlet center in Tilton, Saturday 10 a.m.-4 p.m. and Sunday 10 a.m.-3 p.m.! There will be 90 amazing exhibitors with a vast array of beautiful arts & crafts including various jewelry styles, seasonal crafts and awesome holiday wreaths & centerpieces, surveillance birdhouses, beautiful wooden American flags, 3D art, handsome custom leather belts/bells and totes, laser creations, NH maple syrups, chainsaw sculpted artistic creations & demos by Elise, hand poured soy candles, handmade soaps & skincare products, gourmet food items including scones/honey/hot sauce/cookies/breads/whoopie pies/scones etc., children & adult books with authors, luminaries, artistic apparel, sublimated tumblers, pet products & leashes, homemade pastries, and lots more!!! Friendly, leashed dogs welcome! Food! Free Admission! Rain or Shine under Canopies! For more information, call Joyce at (603) 387-1510. Presented by joycescraftshows.com. See you there!

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PETS OF THE WEEK

Meet Rix!

If you've ever wanted a cat who can hold a conversation, Rix is your guy! This black-and-white chatterbox has a big personality (and an equally nice noggin) that he's not afraid to show off. Whether it's breakfast time, bedtime, or anytime in between, Rix will make sure you know exactly what's on his mind — meow is most definitely his game.

He's got a soft spot for snacks, especially those tasty kitty go-gurts (Churur are non-negotiable in Rix's world). Between his big voice, big heart, and big appetite, this boy is pure entertainment wrapped in fur.

If you're looking for a cat who will always keep you company, make you laugh, and never let a quiet moment go unnoticed, Rix is ready to move in and start the conversation.

Meet Titania!

Looking for a pup who's the perfect mix of fun and lovable? Titania might just be your girl!

At 42 pounds, she's the ideal portable size — easy to take along on car rides, adventures, or couch cuddles. Titania has a big heart and loves just about everyone she meets, greeting new friends with happy tail wags and a smile that's impossible to resist.

She's been waiting patiently at the shelter for her forever home and would love nothing more than to be part of a family that gives her all the love she deserves. Whether you're going for a walk, relaxing at home, or heading out for a weekend trip, Titania will be right by your side, ready to make every day brighter.

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The light behind the lanterns

October doesn’t arrive so much as it creeps in, with shorter days, longer shadows, and that unmistakable mix of chimney smoke and wet leaves in the air. Around Lake Winnepesaukee, from the docks in Alton Bay to the winding back roads of New Durham, Halloween takes on its own New Hampshire flavor—half spooky story, half small-town reunion.

One evening a year, our quiet neighborhoods burst to life. Porch lights flicker on like beacons, and kids in costumes tumble down driveways in excited little clusters. Pirates, fairies, and zombies shout from behind rubber masks, while parents hover a few steps behind with flashlights and coffee cups. Every town seems to have its own rhythm: the side streets of Gilford lined with carved pumpkins, the old houses of Barnstead glowing with orange string lights, and in Alton, the trick-or-treat route that always seems to end at someone’s bonfire.

It’s easy to dismiss Halloween as a sugar rush, a commercial detour between Columbus Day and Thanksgiving. But what happens in our towns each October says more about who we are than any holiday ad campaign ever could. Halloween works because it’s communal—it depends on porch lights left on, candy bowls refilled, and neighbors willing to pause their own lives long enough to greet someone else’s children. In a season of growing darkness, it’s an act of light.

It’s also an exercise in trust. Parents allow their kids to wander from house to house; strangers open their doors with a smile. We count on one another to keep the night good-natured and safe. In an age when so many interactions take place through screens, that simple exchange—a real door opening to a real voice—feels more precious than ever.

There’s another side to this season too: the quiet nostalgia that sneaks in with the crunch of leaves underfoot. Many of us can still recall our own childhood routes—the shortcut through the neighbor’s yard, the house that handed out caramel apples, the smell of cold air on a paper mask. The magic isn’t gone; it’s simply been passed down, glowing faintly like a candle inside a pumpkin.

So as this Halloween approaches, take a moment to keep that glow alive. Slow down on the side streets. Compliment the homemade costumes. Make sure no trick-or-treater leaves your doorstep empty-handed. For the older kids, for the parents juggling strollers and candy bags, and for the lonely neighbor who hasn’t had visitors in months, the simple kindness of a lighted porch can mean more than you think.

When the jack-o’-lanterns sag and the candy bowls are empty, what lingers isn’t the fright—it’s the fellowship. Halloween reminds us, in its mischievous way, that even on the darkest nights, community is what keeps the lights burning.



The Alton Parks and Recreation Department and the Town of Alton would like to acknowledge and thank the Alton residents who donated funds for the brand-new letterboard sign located at 328 Main St. A big thank you to all who made the sign a reality and for helping the Parks and Recreation Department promote their message of community programs and events. Check out the sign for yourself the next time you drive by.

NOTES FROM WINDY HOLLOW Hammocks in the yard

BY VIVIAN LEE DION
CONTRIBUTING WRITER

Why am I so worried about the two hammocks hanging in my neighbor’s yard? Perhaps it’s because summer is over and the weather is changing. They need to be taken down and stored away for next year. That way the colorful red hammocks will be available for another summer of fun and adventure. Although I must say I enjoyed seeing people swaying back and forth in the warm breeze forgetting their cares and leaving worries of life behind. I’m sure the shady trees with fluttering

leaves helped lower their blood pressure while creating another level of meditation and relaxation.

In researching the evolution of hammocks, I learned that, “Over the centuries hammocks evolved from simple nets to more complex designs made from cotton and canvas. They became associated with leisure and relaxation symbolizing a laid back lifestyle. In various cultures, particularly in Latin America, hammocks are not just functional items but also expressions of artistry, often featuring intricate weaves and patterns

that reflect local heritage.” Christopher Columbus discovered hammocks in the late 15th century while visiting the Taino people in the Bahamas.

Another thought came to my mind. Didn’t the US Navy just celebrate its 250th anniversary on Oct. 13? The celebration included a parade, a Victory at Sea concert and various other events. As explained on the internet, “Hammocks played a significant role in military history, being used by soldiers during various conflicts due to their portability and comfort. They were particu-

larly useful in campaigns where mobility was essential, allowing troops to rest above damp or uneven ground. During World War II hammocks were widely utilized by naval forces, further solidifying their place in military logistics.” Congratulations to the U.S. Navy for its successful role in America’s naval history.

While working on this article it started to rain. When I looked outside I saw to my delight that the hammocks were taken down. That’s great news.

Vivian Lee Dion of New Durham is a writer and speaker.

Letters to the Editor

Health care with heart

To the Editor:

I need to tell our story. First, I want to share with you the story of a remarkable woman who has faced her illness with grace and strength. Second, to make sense of our health care system. Third, to support the good people at Huggins Hospital. Susan Stewart Wood noticed thick speech in 2021. It was diagnosed as Progressive Bulbar palsy at Dartmouth Hitchcock. No real treatment, just watchful waiting. In February 2022, she was diagnosed with ALS at Mass General. We lived life: traveling and making memories. It all became real in 2024 while driving back from the Outer Banks. Too weak to go home, we went to Huggins ER—swift diagnosis and treatment. The next six weeks were challenging.

This marked the beginning of our journey through the healthcare system.

Loss of speech, loss of swallowing. Feeding tube. Ventilator at night; tracheostomy on Christmas Eve, 2024.

With the support of a highly skilled nurse (me) and the VNA, we coped and adapted to the slow decline until we could no longer meet Sue’s care needs. In August 2025, we maxed out, unable to bear weight, needing ventilation during the day, pneumonia, and a bladder infection, back to Huggins ER.

EMS called at 3 p.m., admitted to ER by 4 p.m., all testing completed by 5 p.m., and admitted to ICU.

A few days later, she was transferred to Concord Hospital Pulmonary Care. Pneumonia treated, ventilator adjusted, she maxed out her Medicare acute benefit.

This part gets tricky: Acute care requires aggressive treatment. Once the pneumonia was treated, she no longer met the criteria. The choices are: home, rehab, or a facility.

Due to the ventilator, Hospice, and the hospice house were not appropriate.

The only nursing home in NH that takes a ventilator was not a viable option for Sue’s unique care needs.

We looked out of state, far from family. Skilled/rehab time would be the only option, but only for a couple of weeks.

A referral was made to Huggins, and she was accepted. She would return “home” to Huggins skilled care: the best place possible, best quality care, and staff who per-

sonally know Sue as a fellow long-term RN employee.

After two weeks, Sue maxed out her skill benefit.

The criteria require continued progress, and she cannot improve further.

The Huggins’ care team investigated many options. The discharge plan was officially started.

Sue’s unique status and condition didn’t fit into any Medicare box:

Skilled care is complete, home care was maxed out with needs beyond what a nursing home could provide, and it was not safe. The ventilator prevented facility referrals.

Custodial care was the only option, which is not covered by insurance and is a very costly, out-of-pocket expense.

The Medicare rules are correct. Huggins Hospital provides quality care by adhering to these rules.

There are no bad people here. The discharge team, understanding the complex situation, encouraged us to challenge the Medicare rules.

We filed an appeal to the discharge plan for medical review. We won.

Sue has up to 100 days of skilled time and will remain at Huggins with her people.

Here is the best part of the story:

The new Hospitalist has a focus on Palliative care, and the new UM manager has a focus on Palliative care.

The plan is to develop a Palliative care program, and Sue will be the first patient. I am good with that.

Once again, Huggins will be at the cutting edge of healthcare, continuing to meet community needs.

To be clear: Huggins follows Medicare regulations to the letter of the law. Huggins provides quality care. Huggins has professionals who see the human picture and strive to do the right thing.

We cannot predict the ALS path, but knowing that the Huggins team is supporting us... I can sleep at night.

As Sue’s husband of 50 years, having had a 50-year medical career, knowing this disease well and unknowing of the future, there isn’t a better place for my wife.

Richard R. Wood-Davis
Alton

Letter submission policy

Letters to the Editor must include the author’s name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author’s name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

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LETTERS FROM EDWIN

Treats

I lit the woodstove this morning for the first time this season. It was like 59 in the house when I got up. I could have easily roughed it through another pre-sunrise chill as I did all my morning rituals. It's supposed to be sunny today so the temperature would raise a good amount by the end of the day. Like it did yesterday, but yesterday started at 61. That's the temp that it had made it to after I finished breakfast and headed upstairs. The small pieces of wood don't do too much, and they were already burning down at that point, but the sun was now up and will take over.

This is new territory for me. I've never been uncommitted to work so early in the year. I've usually been all booked up through the end of November. This week I finished up my "get to" list for three customers. There will be some straggling in calls for my services but other than that, I'm relatively free. Free to tend to my own list. That's historic.

I'm not worried, though. I gave up on that years ago. I gave it to the Lord. Let him do the worrying. Some time later, I was short on funds and needed something like two hundred and \$75 to cover my mortgage payment. I usually try not to let myself get into such a circumstance, but things were tight. I got a letter in the mail containing an unexpected check from the government for \$278. Thank you, Lord, for the added treat.

Yesterday I rearranged the access for the woodshed to the other side. Every year I switch sides so that I totally use up my old wood. Today, the staples I ordered should get delivered so I will be able to staple the tarps down on the sides of the shed to keep the snow out.

I find it hard to believe, but for some reason, they seem to have stopped making staples for all my staple guns. I have like four staplers that all use the same staples. A couple years ago they just sort of disappeared in all the stores. My supply is dwindling, so I have been going to all the different stores trying to find more. They don't have them.

So, I'm faced with a dilemma, do I toss my tools and buy new ones, or try on line? It took a bit of searching, but I found a place that actually supplied you the measurements. And they actually had what should fit. Good Lord, I ordered a couple sizes. If they actually work, I'll order another thousand of the long ones that I use most, just to make sure I don't run short again.

You would think that the manufacturers who make the staple guns would stamp part numbers for the staples they use somewhere on their tools. Only one did. Unfortunately, there are zillions of part numbers for staples. There were so many dead ends that concluded with the wrong parts. I know, I bought and returned a number of them. Frustrating. I wonder if the magical AI gizmo would have been helpful.

I've never tried that yet. It's the same as my hesitation to click anything on the computer. I'm sure that this propensity has saved me many times from getting taken advantage of. I keep to

my confined little world and don't reach out for much outside.

But snow is coming. I can feel it. Crisp cold air has taken over every night. One of these mornings the sun will be sneaking through the trees to shine upon a yard shrouded in white.

We all go through hard times. It begins quietly—a few rough days that turn into a few wrong turns. Then come the years of drifting, when comfort becomes craving and craving becomes chains. Maybe addiction shadowed those years, taking your peace, your people, your time—until you wondered if you'd ever climb out.

Whatever the case, you only have two options: Let the past define you, or let the past refine you.

The truth is, the hardest seasons often build the strongest souls — if we let them.

I was always a Robert Downey, Jr. fan, and not just because of his incredible talent as an actor, but because he's one of those people who chose to let his past refine him rather than define him.

He was one of Hollywood's brightest young stars—until years of chaos chipped away at his reputation, his finances, and his hope.

For a time, Downey's life read like a cautionary tale. In 1996, he was arrested for drug possession; he missed required court-ordered drug tests, his house in Malibu was lost, and his career stalled. Studios labeled him unreliable. For many years, he struggled to find meaningful work, his public image tarnished, his potential derailed. Years of

Oh yes it will probably melt quickly, but still, I need to add digging out the snow brushes and scrapers for the cars to my list. I distributed the shovels around the house yesterday. It's good to be prepared.

I actually was able to do some trail clear-

ing this year, something that hasn't happened in a while. There had grown up an overabundance of small white pines and reaching beech branches encroaching upon all the trails. I opened them up nicely. One trail disappeared due to a large tree laying right

down the middle of it. That I will have to work around. It's too big to move, too rotten to burn. There's plenty of other paths to take.

E.Twaste
Correspondence welcome at edwintwaste@gmail.com

Sobriety

POSITIVELY SPEAKING

TOBY MOORE

drift: opportunities lost, trust broken, momentum vanished. Friends, fans, and insiders began to write him off. Those years defined him—for a while, at least. He was behind, and it showed.

Maybe you see some of yourself in that spiral — the regret, the exhaustion, the wondering if you'll ever get another shot.

In an interview with Oprah Winfrey, he said, "It's hard to get out of the barrel, it's slippery around the edges, and people like to see you fall back in."

Behind the headlines was a man fighting himself—haunted by his addictions, uncertain if he'd ever climb back.

Something inside of him must have shifted. Downey embraced treatment and sobriety. He began returning to the industry with more minor roles, rebuilding trust. Soon, he became the face of the Marvel Studios universe as Tony Stark in Iron Man, launching a blockbuster run.

After a few years of focused effort, he ef-

fectively erased the drag of the previous decade. He locked into a mission: sobriety, discipline, and proving his value. From near-ruin to "one of the most bankable stars in the world," he flipped the narrative.

In a New York Times article titled "The Fall and Rise of Robert Downey, Jr.," he admitted, "I understand reversal of fortune; that usually comes from my own hand."

The years of chaos didn't vanish—they taught him—but the next few years of focus reset his life. He quieted the chaos. He said no to what destroyed him and yes to what healed him—recovery, the twelve steps, yoga, meditation, and a renewed sense of purpose.

He aligned with a new vision, determined to shift his trajectory—with a laser focus. By 2008, his new career arc was in place. The decade of hurt became the foundation for his resurgence. The past refined him—not defined him.

Now, what about you? Maybe you're looking at

a past decade of "if on-ly," of being stuck, of things going sideways, and you're ready to say: not anymore.

Eliminate distractions—screens that snatch your attention, gossip that drains your energy, addictions that drain your soul, doubts that whisper "you can't."

It's time to focus. It's time to concentrate. The hole may be deep, carved by doubt or addiction, but you can still climb out. The light isn't gone—it's waiting for you to remember it's there.

It's faint at first—but it burns brighter each time you take a step upward.

You don't need to be perfect. You need to be present. You need to re-focus. Focus is a super-power—and it doesn't cost money or status. It just asks for attention.

Your past? As hard as it is to believe, it doesn't get to decide your tomorrow.

Just a couple of years of concentrated, consistent action can rewrite your next chapter. And when you decide to live like that, you begin to become unstoppable.

Focus, determination, and sobriety cut through confusion, clear your vision, and remind you who you really are.



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Children’s Auction still seeks select 2025 sponsors

LACONIA —The Greater Lakes Region Children’s Auction organizers are still eagerly seeking select 2025 sponsors to help support the organization and its mission to serve local, low-income children and families. Most sponsorships have been taken by area businesses, but there are still several opportunities available. A Max Bid sponsorship is available for \$10,000 and six Location Sponsorships can be requested from \$500 to \$1,500. Email Jennifer Kelley,



COURTESY

The staff at Hannaford, Presenting Sponsor of the 2025 Greater Lakes Region Children’s Auction. Tuesday, Dec. 9 through Friday, Dec. 12 from 9 a.m. to 7 p.m. at the Belknap Marketplace in Belmont. For drop-off locations, ornament locations, sponsorship opportunities and other auction-related news, visit ChildrensAuction.org. **About the Greater Lakes Region Children’s Auction** Numerous fundraising events in the Lakes Re-

gion throughout the year support the Greater Lakes Region Children’s Auction, including our four-day signature event every December. In the past four decades we have distributed more than \$9.2 million to over 80 nonprofits that serve low-income families and children in the Lakes Region, all through volunteer efforts, community donations and corporate sponsorship. The Auction falls under the umbrella of the Greater Lakes Region Charitable Fund for Children, a 501(c)(3) nonprofit organization that helps local community organizations that serve children and families in need. For more information about the Auction, the nonprofits it supports and how you can help, visit ChildrensAuction.org.

Wrapping up another season

Thanks to the Yarn Lady at North Barnstead’s church fair, reader Stuart Leiderman has rolled up a long, long length of red yarn that marked this year’s garden beds and rows - up, down and across - in the back yard. Storing it this way on an empty soda bottle will make it easy to re-use the yarn and re-do the lines after the snow and ice recedes next spring.



STUART LEIDERMAN — COURTESY



JOSHUA SPAULDING

Catherine Fay controls the ball during playoff action against Monadnock last Wednesday afternoon.



JOSHUA SPAULDING

Grace Southworth scored five goals in Gilford’s playoff win over Monadnock last week.

FH

(continued from Page A1)

Golden Eagles continued to pressure, but the Huskies held tight. The visitors also had a run into the zone that was cleared out by the Golden Eagle defense. Kiera Walker made a run in for the hosts and Catherine Fay had a good clear to help close out the first quarter with Gilford up 2-0.

Monadnock got on the board early in the second quarter, converting a corner with 12:58 to go to cut the lead to 2-1. Gilford came back quickly with a bid from Ady LeMien that was saved but still managed to get on the board before five minutes were gone in the second, as Walker ripped the ball into the circle on a corner and Rowan Worthen was able to put the ball home for the 3-1 lead with 10:31 to go in the first half.

After a solid defensive play from Zevy Donovan, the Golden Eagles scored on another corner, this time with Fay putting the ball on net, which was denied, but Southworth was there to put the rebound in the net with 7:34 to go and Gilford was up 4-1. The Golden Eagles had another corner chance that was defended well and

Fay sent a nice ball through the crease.

Walker and Fay made good runs in that were cleared by the Monadnock defense and Worthen had a great defensive stop for Gilford. Coutts made a run into the zone that was denied by the visiting keeper and Fay and Coutts teamed up on a chance that was denied by the defense. Gilford had a late corner but could not convert and took the 4-1 lead to the halftime break.

Southworth scored her third goal of the game just 2:15 into the second half, finishing off a feed from Sussanna Tilley for the 5-1 lead and Southworth came back with another bid that went wide. Coutts also had a shot denied by the Monadnock goalie.

Walker made a nice defensive stop on a Monadnock corner and goalie Madi Breton kicked away a Husky chance. Emerson Plourde had a good clear for the Golden Eagles as well and Southworth just missed connecting with Emma Legro on a crossing pass. Southworth and Plourde made good runs in and Coutts had a shot denied by the Monadnock goalie.

With 2:24 to go in the third quarter, Fay ripped

a shot high on net that the Husky goalie originally stopped, but it dropped down and into the net for the 6-1 lead. Then, with just more than a minute to go, Southworth picked up her fourth goal of the game, finishing off a cross from Coutts for the 7-1 lead and they took that advantage to the final frame.

Fay sent another ball through the crease and then Donovan and Worthen had good defensive stops. Southworth had a bid denied and then took a cross from Coutts that was also denied by the Monadnock goalie. Coutts and Plourde had chances that were denied as well.

Southworth finished out the scoring with eight minutes to go in the game for the 8-1 lead. She had another bid denied and connected with Coutts on another bid. LeMien had a bid denied, as did Fay and the clock ran out on the 8-1 win for the Golden Eagles.

With the win, Gilford advanced to the quarterfinals at Hopkinton on Saturday (see separate story).

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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XC

(continued from Page A1)



JOSHUA SPAULDING

Matthew Whelan charges up the hill toward the finish in the Division III State Meet on Saturday.



JOSHUA SPAULDING

Lyndi White runs down the hill during the Division III State Meet on Saturday.



JOSHUA SPAULDING

Hunter Witham runs for Prospect Mountain during the Division III State Meet on Saturday.

Tilley runs on to Meet of Champions

Reinhardt leads Gilford boys at Division III State Meet



JOSHUA SPAULDING

Maria Tilley ran to third overall in the Division III State Meet on Saturday in Manchester.

BY JOSHUA SPAULDING
Sports Editor

MANCHESTER — Gilford senior Maria Tilley had another strong performance to lead the Golden Eagles at the Division III State Meet on Saturday at Derryfield Park in Manchester. The Golden Eagle girls were eighth overall and the boys were 22nd overall.

On a very hilly course, Tilley ran to third overall with a time of 20:19, which earned her a spot at this Saturday's Meet of Champions.



JOSHUA SPAULDING

William Reinhardt led the way for the Gilford boys during Saturday's Division III State Meet.

Kylie Kelly was second for the Gilford girls with a 31st place finish in a time of 22:55 and Alissa O'Brien was 62nd overall with a time of 25:12. Athena Booth was 68th in a time of 25:38 and Brooke Baron finished out the scoring with a time of 28:18 for 99th place overall.

For the Gilford boys, William Reinhardt was the top scorer with a 52nd place finish in a time of 19:56. Gunnar Marvel ran to 73rd overall in a time of 20:45, Daniel Perron was 139th



JOSHUA SPAULDING

Kylie Kelly runs for Gilford during Saturday's Division III State Meet at Derryfield Park.

overall in a time of 23:21 and Griffyn Greene finished out the scoring in a time of 26:37 for 166th place. Wren Reinholz rounded out the



JOSHUA SPAULDING

Gunnar Marvel charges down the hill at Derryfield Park in Manchester on Saturday.

field of Golden Eagles with a time of 26:41 for 167th place.

Tilley moves on to the Meet of Champions, which



JOSHUA SPAULDING

Athena Booth runs for Gilford during the Division III State Meet Saturday.

takes place on Saturday, Nov. 1, at Alvirne High School in Hudson, with the girls running at 2:30 p.m. and the boys following at



JOSHUA SPAULDING

Wren Reinholz heads toward the finish line of the Division III State Meet in Manchester.

3:10 p.m.
Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Timber Wolf girls battle through the rain against Saints



JOSHUA SPAULDING

Laney Henry pushes the ball away from a St. Thomas player during action last Friday afternoon.



JOSHUA SPAULDING

Olivia Aulis goes after the ball during action against St. Thomas on Friday.

BY JOSHUA SPAULDING
Sports Editor

ALTON — Early in the season, the Prospect Mountain soccer girls traveled to Dover and dropped a 7-1 decision to a solid St. Thomas squad.

To close out the season, the Timber Wolves welcomed the Saints to Alton and held them to just three goals, dropping a 3-0 decision in the rain and wind on Friday, Oct. 24.

SEE **SOCCER**, PAGE **A8**

OT goal sends Hawks past Golden Eagles in quarterfinals



JOSHUA SPAULDING

Madi Breton prepares to make a save during quarterfinal action in Hopkinton on Saturday.

BY JOSHUA SPAULDING
Sports Editor

HOPKINTON — The Gilford field hockey team had the more experienced playoff team in Saturday's Division III quarterfinal game in Hopkinton.

And for four quarters, that allowed the Golden Eagles to hold off the second-seeded Hawks without panic or worry. The two teams went to the seven-on-seven overtime period where the defending champions saw their season come to a close, as the Hawks scored late in the first extra session to take the 2-1 win to advance to the Final Four.

Gilford goalie Madi Breton was tested in the first minutes of the game and stood up to the Hawk test with Rowan Worthen chipping in with a good defensive stop as well.

The Hawks got the first corner of the game with about eight minutes to go in the first quarter and they got on the board, knocking home a rebound off a Breton save for the 1-0 lead. Gilford came back with a corner, which Kiera Walker sent wide of the net. The Golden Eagles also had a crossing pass go through the middle and Catherine Fay and Riley Coutts teamed up

on a bid on a corner.

The Golden Eagles pulled even at one with 3:50 to go in the first quarter, as Fay sent a nice cross in to Coutts, who buried the ball in the cage to make it a 1-1 game. Gilford had a couple of late corners but could not convert while Coutts also had another bid that was stopped and the first quarter ended with the score tied at one.

The Hawks had an early chance in the second quarter, with Breton making the save and Walker and Susanah Tilley made solid defensive stops on a Hawk corner. Breton stopped another shot and Walker had a good clear as well. Grace Southworth came the other way with a bid that was denied and the Golden Eagles had a crossing pass miss the mark in front and also had a couple of corners.

Avah Mason had a late chance in the circle denied by the Hawk goalie and Gilford had a late corner that they couldn't convert and the game went to halftime with the score tied at one.

Coutts and Southworth teamed up on an early chance in the third quarter, which the Hopkinton goalie stopped and the Hawks had a bid in close as well. Coutts had a nice crossing



JOSHUA SPAULDING

Riley Coutts goes after the ball during action on Saturday in the Division III quarterfinals.

pass cleared out and the Golden Eagles got in close with another bid. Walker had another good defensive stop and both Brynn Blackwelder and Worthen turned in strong defensive stops on a Hawk corner.

Breton made a diving save on a Hopkinton chance and Gilford came back with a corner at the other end. Worthen had a good clear and Coutts and Southworth teamed up for another bid. Gilford had a late corner chance, with Walker's shot stopped by the Hopkinton goalie, who then made a great save on Southworth's rebound chance and the game went to the fourth tied at one.

The Hawks sent a shot wide of the net to start the fourth and Coutts made a run in that was stopped. Fay and Coutts also teamed up on another bid that was denied while Fay had a shot on a Gilford corner. Walker

had a shot go wide on another corner before Hopkinton came back with a couple of corners that just missed the mark. Worthen had a good defensive stop and Coutts had a late chance before the horn sounded, sending the teams to overtime tied at one.

Early in the seven-on-seven extra session, Coutts had a run in that was turned back and the Hawks had a pass go through the crease. Southworth had a nice defensive stop and the Hawks had another shot go just wide of the net. Blackwelder and Walker had nice defensive plays for Gilford before the Hawks finally broke through with 2:48 to go, sending them on to the Final Four.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Enjoy immersive evening of music and dance with Randy Roos and Noelle Beaudin

LACONIA — Step into a world where boundaries between performer and audience dissolve.

Grammy-winning guitarist Randy Roos and composer and hurdy-gurdy artist Noelle Beaudin invite you to a unique, immersive evening of original music, creativity, and community Nov. 9 at 4 p.m. at the Unitarian Universalist Society of Laconia, 172 Pleasant St.

The concert features an evocative program of all-original works—richly textured, melodic, and atmospheric pieces that blend guitar, hurdy-gurdy, and modern composition in ways both fresh and deeply moving. Roos, known for his expressive and genre-defying musicianship, joins forces with Beaudin, an innovative voice in the contemporary hurdy-gurdy world, to create an experience that transcends traditional concert formats.

Following the concert, guests are invited down-



stairs for refreshments and to continue the evening with a Bal Folk dance—a vibrant European tradi-

tion where all dances are taught on the spot. Whether you choose to join in the dancing or simply enjoy the music and atmosphere, it's an evening designed to immerse all your senses and connect music, movement, and community.

This event offers something truly special for music lovers and newcomers alike: a night of artistry, participation, and discovery.

Tickets: \$25 concert &

dance! Children are invited to attend for \$5. If you prefer to just join the dance - the cost is \$10 for adults & \$5 for children and the Dance starts at 5pm!

About the Artists

Randy Roos is a Grammy Award-winning guitarist and composer whose career spans jazz, rock, and world music. Known for his emotive playing and adventurous spirit, he has

collaborated with numerous artists and contributed to acclaimed film and television scores.

Noelle Beaudin is a composer and internationally recognized hurdy-gurdy performer, blending traditional and contemporary styles. She directs Gurdy-World, a nonprofit dedicated to education and innovation in the hurdy-gurdy arts, and performs across the U.S. and Europe.



COURTESY

Carol Diveny is congratulated and welcomed as a new member in the Alton Centennial Rotary Club by club President Duane Hammond. Carol brings many talents to the club, one of them is her career as a fundraiser. The Alton Rotary Club meets the first and third Thursday each month at the Alton Community Center. Rotary is a non-profit, non-political and non-religious service organization dedicated to saving and improving lives both locally and globally. For information on joining Rotary, call Membership Chair, Steve Copithorne: 603-393-1829.

HIGH SCHOOL SLATE

Saturday, Nov. 1
GILFORD
Football vs. Newport; 12
WINNISQUAM
Football vs. Newfound; 2

All schedules are subject to change.

HIGH SCHOOL SLATE

Friday, Oct. 31
KENNETT
Football at Kingswood; 7
KINGSWOOD
Football vs. Kennett; 7

All schedules are subject to change.

Church Service SCHEDULE

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and Miller made a save of a St. Thomas chance. Sykes had another good defensive stop and Laney Henry had a clear as the Timber Wolf defense held off the Saint attack.

Meredith Currier sent a nice ball up to Maddy Howlett, who found Pelham with a chance that was stopped by the defense. Pelham had another cross in to Aulis for a bid that the St. Thomas keeper handled. The Saints sent another shot wide of the net and Miller slid out to make a stop. Leila Hillsgrove had a shot denied by the St. Thoams keeper and Pelham just missed connecting with Hillsgrove on another chance. Keira Saalfrank had a direct kick chance and Sykes and Katie Jones had solid defensive stop.

Howlett had a bid denied and Pelham had a crossing pass in front while Stanley had a chance denied by the St. Thomas goalie and the game went to halftime with the Saints up by a 2-0 score.

Saalfrank had an early direct kick chance that Howlett sent just a bid wide and Aulis just missed connecting with Howlett on a chance. Aulis had another cross that was grabbed by the Saint goalie and had a shot that the keeper stopped as well.

The Saints had a direct kick chance and Miller made a save on a couple of St. Thomas chances and Currier had a good clear. Aulis just missed connecting with Howlett on a chance and the Saints also sent a shot wide of the net. Miller saved another St. Thomas chance.

Aulis just missed connecting with Howlett on a chance and Jones had another good defensive stop. Saalfrank sent a ball into the zone and Leah Gard sent Howlett in with a chance. The Saints scored their final goal with 7:10 to go in the game and held tight for the 3-0 win.

The Timber Wolves finished the regular season at 6-9-1. The Division III tournament kicked off after deadline Tuesday and continues on Friday, Oct. 31, both at the home of the higher seed. The semifinals are Tuesday, Nov. 4, at Bedford High School.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alton	Lake Shore	N/A	\$1,000,000	Dotter Fiscal Trust and Kathleen D. Dotter	Allyn C. IV and Stacy R. Taylor
Alton	99 Reed Rd.	Single-Family Residence	\$467,733	David A., Jr. and Amanda K. Major	Brianna Rossiter and Nicholas Falcinelli
Gilford	170 Belknap Point Rd., Unit 18	Condominium	\$875,000	Daniel and Susan Fogg	Susan M. Caruso
Gilford	19 Coach Rd.	Single-Family Residence	\$662,533	Walter, Jr. and Winnifred L. Chicoine	Egan Craddock Fiscal Trust and James J. Craddock
Gilford	18 Diamond Island	Residential-Other	\$750,000	Stephen R. and Mary E. Sargent	Meehan Creteau Fiscal Trust and John L. Meehan III
Gilford	77 Greenleaf Trail	Single-Family Residence	\$402,000	Daniel Winsor	Nicholas D. Squires and Tino Davis-Squires
Gilford	131 Lake St., Unit 325	Condominium	\$215,000	Christine and Eric Gray	Craig Anderson
Gilford	Runway 3517 Condo Unit B1	Condominium	\$325,000	Runway 3517 LLC	Golo Adventures LLC
Gilford	20 Waterford Pl., Unit 22	Condo-Nonresidential	\$62,000	Matthew T. Tondreau	Mootrey Fiscal Trust and William B. Mootrey
New Durham	322 Birch Hill Rd.	Single-Family Residence	\$302,000	Michael S. and Tia Clark	Linwood A. and Donna Scripture
New Durham	56 Drew Rd.	Single-Family Residence	\$435,000	Brad D. Meyeriecks and Sabrina M. Reed	Kaleb E. and Cynthia G. Comfort

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or

locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column

“Type”: land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

LRAA announces October Artists of the Month

TILTON — Lakes Region Art Association members have the opportunity to enter a piece of artwork into the Artist of the Month Program at each monthly Member Meeting. Winners are able to display and sell a single work for a month in various public venues throughout the Lakes Region in participating Banks and Libraries or Local Businesses.

October 2025 Artists of the Month include Sherwood Frazier, Gail Brunt, Pat Anderson, and Martha Aucoin.

The winning artists' artwork will be on display in locations in the Lakes Region until the third week of November.

Pat Anderson, this month's First Place winner has the distinct honor of displaying several pieces of her artwork at Annie's Cafe & Catering in Laconia. Warm up with some scrumptious homemade soup and sandwiches and enjoy the art while you eat!

The art pieces for the



Honorable Mention artist the third week of October in Sherwood Frazier - Gail Brunt - Laconia Martha Aucoin - Gilford
will be on display through the following locations: Camden Bank, Meredith Public Library Public Library

REAL ESTATE

Happy Halloween
Hope it's a real treat!

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EFFINGHAM: New Price!
Gambrel style farmhouse featuring 2BRs, 1.5 BTHs, open concept living, newer appliances, views of the White Mountains and Ossipee a 48'x36' steel storage building, a 30'x 35' old barn, and nice views on 3.76 pastoral acres! Close to Province Lake! **NOW \$399,900** (5060407)

MEREDITH: View Potential!
This 6.47+/- acre lot will offer 360-degree views of the White Mountains and Ossipee range with some clearing. An expired 4BR septic design available. Located in the heart of the Lakes Region! **\$199,900** (5034379)

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(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

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You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write

The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.



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Laconia: Charming antique cape with modern updates and commercial potential! Features hardwood floors, barn, loft, fenced yard, and parking. Ideal location near Lake Winnepesaukee, Lake Opechee, and downtown Laconia.

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MLS# 5056686

Laconia: New Price! Elegant 1900 Victorian overlooking Lake Winnisquam. Features 10' ceilings, tin details, hardwood floors, butler's pantry, and modern updates. Four bedrooms, two baths—historic charm meets modern comfort.

\$539,000
MLS# 5066716

Laconia: Spacious 4-bedroom, 2.5-bath Cape on 1.5 acres offers over 3,000 sq. ft. of living space, featuring an updated kitchen, large deck, walkout basement, and detached workshop. Enjoy privacy, city utilities, and proximity to Laconia's lakes, beaches, and year-round recreation.

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“Sweeney Todd” asks whether the ends justify the means

WOLFEBORO — When the curtain goes up at The Village Players Theater Halloween night, the audience will be greeted by a set recreating the grimy streets of 19th century London, haunting melodies by Steven Sondheim, and a Victorian-garbed cast garbed facing ethical dilemmas easily torn from today’s social media feeds.

Sweeney Todd (Andrew Gibson) once sought a modest, quiet life as a barber with his wife, but a more powerful man—a judge (Garrison Barron)! --stole his wife and sent Sweeney to Australian prison. After 15 years in prison, he returns to London. Is Sweeney justified to want to punish the judge? Metaphorically, Sweeney lost his life to the judge. Does he have the right to take the judge’s life? To Sweeney, the judge presents all that is wrong with the world. Does Sweeney have the right to punish all men?

And then a logistical problem presents itself: if Sweeney takes the lives of all men he can, what does he do with the bodies?

Enter Mrs. Lovett



Adolfo Pirelli (Robert Tuttle, left) and Sweeney Todd (Andrew Gibson, right) engage in a shaving contest in “Sweeney Todd” at The Village Players Theater I Wolfeboro weekends Oct. 31 – Nov. 9.

(Erin Balestrieri), owner the price of meat has risen out of sight and the neighborhood supply of pets on the hoof has decreased markedly. Does she have the right to in-

corporate her neighbor’s fresh supply of meat into her pies? It seems like a strategic solution for them both, especially if she also can sneak in a little romance with Sweeney, too.

The macabre tale of “Sweeney Todd, the Demon Barber of Fleet Street” appears on The Village Players Stage Oct. 31 – Nov. 9, Fridays and Saturdays at 7:30 p.m. and Sundays at 2 p.m. Tickets are \$25 and can be purchased at Black’s Paper Store in Wolfeboro, online at www.village-players.com, and at the door if not sold out.

“Sweeney Todd” is generously sponsored by Keith Lion and Linda Penney and Moderno Barbershop in Tilton. It is presented through special arrangement with Music Theater International (MTI). All authorized performance materials are also supplied by MTI. www.mti-shows.com.

The Village Players is a non-profit community theater located at 51 Glendon St., Wolfeboro. It welcomes onstage and non-stage participants of all ages. Visit www.village-players.com to learn more.

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LEGALS

TOWN OF NEW DURHAM
ZONING BOARD of ADJUSTMENT
PUBLIC HEARING NOTICE
Monday, November 10, 2025
7:00 PM @ NEW DURHAM COMMUNITY ROOM & ZOOM
Scott A. and Ellen A. Arrigoni

You are hereby notified that a Hybrid Public Hearing will be held by the New Durham Zoning Board on Monday, November 10, 2025, at 7:00 PM for Case #2025-009. The hearing is regarding an application submitted by Thomas W. Varney of Varney Engineering LLC, on behalf of Scott A. and Ellen A. Arrigoni for property located at 392 South Shore Road, Map 114, Lot 037. The applicants are requesting Variances to Article V. E. Flood Hazard Area and Water Body Setbacks. No new buildings, except for water-related structures, shall be located in a flood hazard area, or less than seventy-five (75) feet from any water body or river; Article VI. C. (3) (a) – No privy, cesspool, septic tank, or sewage disposal area shall be constructed or reconstructed: i. less than one hundred twenty-five (125) feet from the edge of a public water body; Article VI. C. (3) (a) ii. less than seventy-five (75) feet from any well, or from a dwelling other than to which it is appurtenant; Article VI. C. (3) (b)--No part of a leach field shall be located less than: i. twenty (20) feet from a property line on a lot less than 80,000 square feet; Article XIV. Shorefront Conservation Overlay District. C. Dimensional Requirements 1. Minimum Shore Frontage. Each dwelling with direct water access and with shore frontage as part of the lot dimension shall have a minimum shore frontage of one hundred fifty (150) feet. Article XIV. Shorefront Conservation Overlay District. C. Dimensional Requirements 2. Building setback: Except for water-related structures, all buildings shall be set a minimum of seventy-five (75) feet from the reference line; Article XIV. Shorefront Conservation Overlay District. C. Dimensional Requirements 3. Leach Field Setback: Any leach field shall be set back a minimum of 125 feet from the reference line; Article XIV. Shorefront Conservation Overlay District. C. Dimensional Requirements 5. Lot Coverage: Buildings shall not cover more than 15% of the area of a lot. No more than a total of 20% of the lot area, including buildings, shall be covered by impervious surfaces; Article XIV. Shorefront Conservation Overlay District. C. Dimensional Requirements 7. Nonconforming Structures: c. All nonconforming structures within the 75-foot waterfront setback that are proposed to be demolished and rebuilt must be moved as far back from the reference line as possible. Article XX. C. New Buildings and Structures; Alteration and Expansion of Existing Non-Conforming Uses All non-conforming property may be used for new construction of buildings and/or structures (including septic and leach fields) and any non-conforming building may be altered and expanded provided: 1. They conform to Non-Conforming Setback and height requirements below; and, Article XX. C. 2. – Such expansion does not make any existing lot, structure or use more non-conforming within the terms of this Ordinance. The full application is on file at the New Durham Town Offices for review by appointment by calling (603) 859-2091 ext. 2007. You can also contact via email: ndlanduse@newdurhamnh.gov

REQUEST FOR PROPOSALS SNOW REMOVAL

Shaker Regional School District is soliciting quotes for snow removal at its three campuses in Belmont, NH. Proposals are due by noon on November 5, 2025. The Shaker Regional School Board will award the bid at its meeting on November 12, 2025.

Base Bid:

1. 1” – 6” accumulation

2. 6” – 12” accumulation

3. 12”+ accumulation

4. Application of salt only

5. Application of salt/sand mixture

6. Loader work per hour

7. Minimum bid is for 1 year (2025-2026)

8. Provide an alternate bids for a 2-year and 3-year contract.

Proof of Worker’s Compensation Insurance and liability Insurance for a minimum of \$1 Million, with SRSD named as Additional Insured, is required.

Please send sealed bids to Debbie Thompson, Business Administrator, 58 School Street; Belmont, NH 03220.

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Wolfeboro Friends of Music presents Phaeton Piano Trio

WOLFEBORO — Wolfeboro Friends of Music continues its 90th anniversary season Saturday, Nov. 8 with a performance by the Phaeton Piano Trio at the First Congregational Church, beginning at 4 p.m.

The Phaeton Piano Trio unites three top German artists of international standing, Friedemann Eichhorn on violin, Peter Hörr on Cello and Florian Uhlig on piano, to form one of the most exciting piano trios on the international concert scene. As successful soloists for over twenty years, they are at home on the big stages in Europe, North America, and Asia and have performed in every major European capital.

The Phaeton Piano Trio celebrated its South American debut in Fundación Beethoven, Santiago de Chile and made another debut in the USA in 2020 with concerts at the Library of Congress, Washington and the Frick Collection, New York. The trio has a large repertoire ranging from Haydn, Beethoven, Dvorak to Wolfgang Rihm.



In 2023/2024, they plan to record French piano trios by Saint-Saens, Fauré, and Huré.

Their North American tour 2025 will feature the celebrated composition by Modest Mussorgsky, “Pictures at an Exhibition.”

“The Phaeton Trio fascinated with its joy of music-making...., Not by chance did the Trio name itself after the son of the Greek Sun God, ‘Phaeton, the shining one,’ driving four fiery steeds across the sky. As demanding as the name is, so fantastic is the ensemble,” writes Jagd

Zeitung (major music review German press).

European virtuosity by the world’s classical masters!

This is the third of nine concert performances comprising the current WFOM season running through June, 90 years of artistic excellence in service to New Hampshire’s Lakes Region, Mount Washington Valley and beyond!

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Or by email at: info@wfriendsofmusic.org, and at the door on the day of the concert.

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