THURSDAY, MAY 25, 2023

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

Work on Alton sidewalk project nearing completion



Crews tore out the old brick sidewalk and curbing before installing a new concrete sidewalk. Photo from Alton Department of Public Works' Facebook page.

BY ERIN PLUMMER mnews@salmonpress.news

ALTON — Visitors to Alton Bay can now see

a new stamped concrete sidewalk by the docks thanks to months of hard work that is nearing completion.

Work is continuing from the Community Center to Alton Bay.

Since April crews have replaced the old brick sidewalk and granite curbing with new curbing and poured concrete that was dyed red and stamped with a brick pattern.

Public Works has been posting updates on removed the old brick on the sidewalk project the project on its Face-sidewalk and the granite book page since it began curbing. The contractor in early April.

On April 4, Public Works announced that the sidewalk at Alton Bay Railroad Park Waterfront from the Alton Bay Community Center to Morin Insurance so the project could start.

By April 19, crews had reset the curbing with

Public Works crews pouring the Crews worked with the contractor to do drainage grading and keep it accessible by ADA stan-

The project did run into delays because of some heavy storms. Public Works thanked everyone for their patience SEE **SIDEWALK** PAGE A14

Storms delay Gilford roadwork schedule

BY FRIN PLUMMER

mnews@salmonpress.news

GILFORD — Roadwork for 2023 is coming shortly, though was diverted as crews focused on repairing damage from heavy rains.

During the May 10 selectmen's meeting, selectman Kevin Hayes asked Public Works director Meghan Theriault about the status of the 2023 road program. Theriault said the department gave Busby Construction a list of roads with a rough schedule from Public Works with details to be finalized soon.

She said the heavy rains from the week before, however, derailed that schedule.

"Maybe you didn't think it was bad, but it was bad around town," Theriault said. "We had some significant damage."

Theriault said crews were pulled away from the scheduled road work to do significant repairs. She said there were two significant pipe failures, including a 36-inch pipe on Linda Lane and a pipe at the intersection of Deer Run and Buckboard Drive. Both of these needed to be addressed before the paving schedule could commence.

Theriault said the rough schedule proposed doing crack sealing followed by Strain Alleviating Membrane (SAM) sealing with the process aiming for some time in June.

She said they are going by the five-year plan for road repairs. The only change to the plan was that Sagamore Road was carried over to this year. Last year money was carried over to the Water Department because of a leak and Sagamore was carried over to this year.

"The list we have we may be short, but were gonna do some value engineering and try to cut costs and make that list happen this year, that's the goal," Theriault said.

Selectman Gus Benavides said a lot of issues with

SEE **STORMS** PAGE A14



Jayden Norton, age 7, helps at his mom Hannah Meagher's yard sale during New Durham's Town-Wide Yard Sale.

New Durham Town-Wide Yard Sale brings out shoppers

BY ERIN PLUMMER

mnews@salmonpress.news

NEW DURHAM — Residents had the chance to get rid of some unwanted items and shoppers had the chance to make some big finds during the annual Town-Wide Yard Sale.

New Durham's Town-Wide Yard Sale took place throughout town on Saturday and Sunday hosted by the Parks and Recreation Department.

Starting in April people could sign up with Parks and Recreation to have their yard sales included on the map. Maps went online on May 15 showing the different addresses and locations for each yard sale. Some sales went on only Saturday or Sunday with most of them taking place both days.

Yard sales were scattered throughout town with most taking place in the village around Main Street and Old Bay Road. Many participants said Saturday

SEE **YARD SALE** PAGE A12

Early deadlines for Memorial Day

The offices of The Baysider will be closed Monday, May 29 in observance of Memorial Day.

To ensure that our June 1 edition arrives in subscribers' mail boxes on schedule despite the holiday, the submission deadline for any press releases and letters to the Editor intended for publication that week has been moved up one business day, to Friday, May 26 at 10 a.m. Submissions can be e-mailed to Editor Brendan Berube at brendan@salmonpress.news.

Please note that any submissions received after 10 a.m. on the 26th will be held for publication on June 8. The staff of The Baysider thanks our readers for their cooperation with this scheduling change, and wishes them a safe and happy holiday.

Gandini, Reese lead Gilford boys to Wilderness title

BY JOSHUA SPAULDING

Sports Editor

TILTON — The Gilford track boys easily outdistanced the closest competition in the Wilderness Championships on Saturday to take the crown, while the Golden Eagle girls finished in seventh place overall.

The Golden Eagle boys were led by a pair of wins each from senior Patrick Gandini and Isa-

iah Reese. Gandini won the 800 meters in a time of 2:03.48, with teammate Carter Forest in second in 2:11.6, Aiden Bondaz was eighth in 2:16.96, Henry Stow placed 13th in 2:21.48 and Ben Suranyi finished in 15th in 2:24.13.

Gandini won the 1,600 meters in a time of 4:22.71, while in the 400 meters, Gunnar Marvel

was ninth in 56.83 sec-

Reese won the 200 meters with a time of 22.93 seconds, with Adam Kimball in 22nd place in 26.6 seconds.

Reese also won the javelin with a toss of 165 feet, eight inches, while in the discus, Jaimen Sawyer was eighth at 99 feet, nine inches, Kyle Gandini was 14th at 86

feet, four inches and James Allen was 18th at 78 feet.

Reese finished second in the 100-meter preliminaries in 11.68 SEE **GILFORD** PAGE A12



JOSHUA SPAULDING

Nicholas Haddocks clears a hurdle in action on Saturday in Tilton.

NH Boat Museum to host Children's Story Hour on Friday, June 9

WOLFEBORO — Presented with Wolfeboro Public Library, New Hampshire Boat Muse-

Children's Story Hour for children, ages two to six, on Friday, June an, Jeanne Snowdon, the

um (NHBM) will host 9, 10 to 11 a.m. After stories are read by the library's children librari-



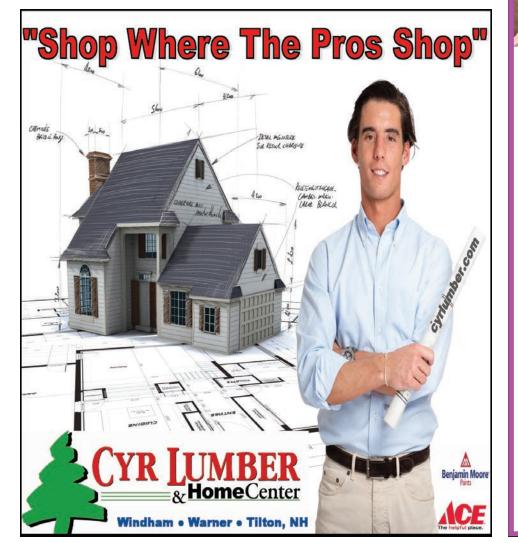


All classes and their families are cordially and enthusiastically invited to Reunion 2023!

See friends and faculty and check out all the amazing changes on campus. This is going to be a gathering like no other!

Still plenty of time to register:

Call 603-569-7145 or visit brewsteracademy.org/reunion





program offers a craft activity.

Admission to Children's Story Hour is free for children and one accompanying adult.

"Families often play

outside on our lawn after the program," noted NHBM Executive Director Martha Cummings. "The Cotton Valley Rail Trail is just down the road behind our building, so you can also walk or ride bikes after our

program."

Pre-registration for Children's Story Hour is not required. NHBM is located at 399 Center Street, Wolfeboro. In addition to Children's Story Hour, other family-friendly programming at NHBM includes Lake Discovery Family Days and Youth, Family, and Adult Boat Building Classes.

Founded in 1992 by antique and classic boating enthusiasts, NHBM is committed to inspire people of all ages with an understanding of, and appreciation for, the boating heritage of New Hampshire's fresh waterways. NHBM is sponsored in part by Goodhue Boat Company, Eastern Propane and Oil, Stark Creative, KW Lakes and Mountains, Taylor Community, Belletetes, and North Water Marine.

To learn more about NHBM, programs, or events, visit nhbm.org.



Hoover & Flynn PLLC

Attorney Jennifer Hoover

TRUSTS AND ESTATES

Office hours in Alton by appointment

Call or e-mail to schedule

Telephone: (603) 319-8012

Email: jennifer@hoover-flynn.com



Exceptional care at home

We're here to support your health and wellness through all stages of life.

Home Care / Hospice Care / Palliative Care / Pediatrics / Maternal Child Health / Wellness



Learn how we can help you: (603) 224-4093 | (800) 924-8620 | info@granitevna.org Offices in Concord, Laconia & Wolfeboro www.granitevna.org

Outboard racing series to "blast off" in June



WOLFEBORO — In partnership with New Hampshire Boat Museum (NHBM), South Shore Outboard Associ-

the Granite State Title Series in 2023, beginning in Milton on June 3 & 4.

"Events in the Granation (SSOA) will host ite State Title Series are Noury. "This is hydro-

exciting, fast-paced, and an incredible experience for spectators of every age," said SSOA Events Coordinator Steve plane racing at its best."

At this first event in the Granite State Title Series, drivers will be divided into ten different classes determined by engine horsepower and boat size. Races will be held in a two-heat format with each heat consisting of three laps around the course.

Drivers are scored based on their finishing position in each heat. The driver who scores the most total points for the two heats will be declared the winner.

Awards will be presented to the top three finishers, and all drivers receive National points for their finishes. With these points, drivers are ranked nationally by the American Power Boat Association with a National Hi Point Champion declared at the end of the racing season.

According to NHBM Executive Director Martha Cummings, the museum is excited to work with SSOA again in 2023. "It makes sense to work together and promote one another and our shared love of New Hampshire's waterways," she said.

Privacy Hedge!

Arborvitae 6-foot

Reduced to \$125/each.

Free Installation, Free Delivery.

Fast growing, High-quality

Beautiful & Bushy

Order now to reserve

for spring delivery.

Lowcosttreefarm.com

518-536-1367

FREE

Admission

Memorial Weekend

Part of Milton's Town

Recreation Department Summer Kick - Off Celebration, the first event in the Granite State Title Series takes place at Milton Town Beach, noon to 4 p.m., on June 3 & 4.

Founded in 1951 on the South Shore of Massachusetts and now headquartered in Kingston, SSOA is the largest racing club in New England. To learn more, visit southshoreoutboard.com.

Founded in 1992 by antique and classic boating enthusiasts, NHBM is committed to inspire people of all ages with an understanding of, and appreciation for, the boating heritage of New Hampshire's fresh waterways. NHBM is sponsored in part by Goodhue Boat Company, Eastern Propane and Oil, Stark Creative, KW Lakes and Mountains, Taylor Community, Belletetes, and North Water Marine. To learn more about upcoming NHBM events and programs, visit nhbm.org.

LRPA update includes new tech and expanded programming

mnews@salmonpress.news

GILFORD — Going into its 25th year, Lakes Region Public Access is expanding its coverage including more live events and the possibility of broadcasting to Comcast customers.

Grace McNamara, executive director of LRPA, gave the Gilford selectmen an update on LRPA's work and coming events and projects during the May 10 meet-

Right now, LRPA has 39 shows accessible on cable and video on demand formats including municipal programming, entertainment, religious, and others.

LRPA airs Gilford meetings selectmen's throughout the week on Channel 25. Last August LRPA entered into an agreement with the Gunstock Area Commission to star airing their meetings on Video on Demand, the first time their meetings have ever been aired. McNamara said those meetings get a lot of views.

All municipal programming, including Gilford's meetings, are also available on video on demand.

Gilford Public Library also records different events and presentations and shares them with LRPA as well as sending in event listings for its TV bulletin board.

LRPA's content currently runs over Breezeline, though McNamara said there have been some "very preliminary discussions" with Comcast about programming being available through their service. She said Comcast approached LRPA around a month back asking about getting their programming to its customers in Gilford, Laconia, and soon Belmont.

These discussions started around four years ago and both parties weren't sure how it could be done, including discussions on wheth-

er LRPA would need to have another server. With the recent discussions, this can be accomplished by putting a fiberoptic line into LR-PA's offices at Laconia High School. McNamara said there would have to be parity, meaning the same content available on Breezeline would have to be available on Comcast.

"That's pretty exciting and I'm hopeful we will be hearing something definitive about Old Home Day parade in that very soon," Mc-Namara said.

McNamara said since last spring LRPA has would hold.

aired 41 events across the community, 25 percent of which were livestreamed with the rest taped and aired. She said around 28 percent of those live events were recorded by volunteers.

"It's something that we really specialize in and we love to do it so anytime that there's an opportunity for us to do it, we jump right in," Mc-Namara said.

She said they want to livestream the Gilford August and will probably do some tests in July to make sure the feed

Sportsmen's Association to bost annual Spring Fishing Derby June 4

GILFORD — The Belknap County Sportsmen's Association is holding their annual spring fishing derby on Sunday, June 4, at the pond at Gunstock Mountain Resort, 9 a.m. – noon.

The derby is free for all children under 16. Food and beverages, as well as bait, are provided free of charge by the Sportsmen's Association.

The Sportsmen's Association has stocked the pond with 250 trout and the State of NH has also stocked 250 trout.

This year's derby is being dedicated to the memory of Mike Normandin who served the club as director and officer for decades.

Trophies will be awarded for first, second and third place finishers, and all participants will receive a gift compliments of the club.

SCHWARTZBERG LAW EXPERIENCE THAT MATTERS Advising Clients About Wills & Trusts *Since* 1985 Plan for your future today. Ora Schwartzberg, Esq. 572 Tenney Mountain Hwy Plymouth, NH 03264 603.536.2700 www.NHLawyer.net

LRPA first started airing in 1999 and is enter-

"Certainly, the station has had its ups and downs, but I feel that something we've done really well...is that we have adapted to new technology and what people are really looking for in local technology and we work in a really collaborative way with the municipalities. I'm very proud of that," Mc-

ing its 25th year.

Namara said. "I am entering my eighth year at the station. It continues to be an absolute honor to be here and to work with the municipalities and the people of the Lakes Region." If anyone is interested in recording program-

ming, McNamara said LRPA will train people to use the cameras, equipment, and technology. To volunteer or to give any feedback, contact McNamara at director@lrpa.org.

Music of **NORTH** RIVER SCHOULER PARK 1 Norcross Circle.





We Will NOT be Undersold

www.augerandsons.com

Opinion

The Power of open-mindedness

In a world marked by increasing divisions and intolerance, the importance of open-mindedness cannot be overstated. Open-mindedness is not just a desirable quality; it is an essential attribute for both individuals and societies to grow. The willingness to explore new ideas, perspectives, and possibilities is the driving force behind growth, understanding, and peaceful coexistence.

At its core, open-mindedness stands in stark contrast to narrow-mindedness. While the latter shuts out differing opinions and clings stubbornly to preconceived notions, the former opens the floodgates to intellectual advancement. Open-minded individuals recognize the limitations of their knowledge and actively seek to broaden their horizons by engaging with diverse ideas and perspectives. They understand that the world is intricate, and that truth can be found in unexpected places.

An open mind liberates us from the constraints of our own biases and prejudices. It allows us to go beyond the echo chambers of our social circles, where our beliefs are constantly reinforced and seldom challenged. Open-mindedness compels us to question our assumptions, critically evaluate information, and consider alternative viewpoints. This willingness to embrace differing perspectives brings forth empathy, compassion, and a deeper understanding of the human condition.

In today's interconnected world, open-mindedness is more crucial than ever. The rapid advancement of technology has brought individuals from diverse cultures and backgrounds, into closer proximity. Without open-mindedness, these encounters may result in misunderstanding, conflict, and the erosion of society. However, approaching these encounters with open minds allows us to discover commonalities, bridge gaps, and foster mutual understanding.

Open-mindedness also serves as a catalyst for progress. History has shown that many of humanity's greatest discoveries were made by individuals who dared to challenge prevailing wisdom and conventional thinking. By embracing new ideas, open-minded individuals pave the way for creativity, problem-solving, and the advancement of society. It is through open-mindedness that novel solutions emerge, technologies are grown, and uncharted possibilities come to fruition.

Open-mindedness does not imply blind acceptance or the abandonment of critical thinking. Striking a balance between open-mindedness and healthy skepticism is crucial. Open-mindedness does not suggest that all ideas are equally valid or that we should unquestioningly embrace every viewpoint. Instead, it means being willing to entertain diverse perspectives, objectively evaluate them, and draw well-informed conclusions.

In a time when polarization threatens to tear us apart, cultivating open-mindedness should be our collective goal. It requires us to engage in respectful dialogue, even with those whose views we vehemently disagree with. Open-mindedness is not a sign of weakness or indecisiveness; it is a strength that allows us to build bridges and find common ground.

As individuals, we should challenge ourselves to examine our beliefs, confront our biases, and remain receptive to new ideas. We should actively seek out perspectives that differ from our own and engage in meaningful conversations that expand our understanding. We should include ourselves in environments that encourage open-mindedness, where the free exchange of ideas is valued and respected.

Open-mindedness necessitates humility, intellectual curiosity, and a commitment to lifelong learning. By embracing open-mindedness, we expose ourselves to the vast landscape of human knowledge and experience, paving the way for progress, unity, and a brighter, well connected future.

TO PLACE AN AD: ADVERTISING EXECUTIVE Tracy Lewis (603) 575-9127 tracy@salmonpress.news **SUBSCRIPTION SERVICES:** KERRI PETERSON (603) 677-9085 kerri@salmonpress.news TO PRINT AN OBITUARY: E-MAIL: obituaries@salmonpress.news

CALL: 603-677-9084 TO SUBMIT A LETTER TO THE EDITOR:

E-MAIL: E-MAIL: brendan@salmonpress.news

Thi paper is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. ISSN: 1945-5836. USPS 024921 periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to Salmon Pressr, P.O. Box 729, Meredith, NH 03253. USPS 024967

The Gilford Steamer is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Gilford Steamer, P.O. Box 729, Meredith NH 03253.



PRESIDENT & PUBLISHER Frank G. Chilinski (603) 677-9083 frank@salmonpress.news BUSINESS MANAGER RYAN CORNEAU (603) 677-9082 rvan@salmonpress.news OPERATIONS DIRECTOR JIM DINICOLA (508) 764-4325 DISTRIBUTION MANAGER JIM HINCKLEY $(603)\ 279-4516$ **E**DITOR JOSHUA SPAULDING (603) 941-9155 josh@salmonpress.news MANAGING EDITOR

brendan@salmonpress.news PRODUCTION MANAGER JULIE CLARKE (603) 677-9092 julie@@salmonpress.news

Brendan Berube

(603) 677-9081



Dancers named to National Honor Society of Dance Arts

The Alton Dance Academy is proud to present this year's inductees into the National Honor Society of Dance Arts. Dancers earn these awards with a points system based on classes attendance, performances, volunteering and artistic merit. This achievement usually takes around four and a half years to complete, given all the points needed. The Academy has been proud to offer this program to its students for the past 10 years. The dancers picture below are Lauren Croft, Marin Creteau, Mallory Smith, Sarah Brickner, Aislyn Brown, Hayley Snell, Lauren Gilbert, Thera Woods, Olivia Casale and Alyssa Irving. The Alton Dance Academy is extremely proud of their hard work and dedication to dance. To check out our summer camps and other offerings, please head to our Web site, www.altondanceacademy.com.

Letters to the Editor

It's OK to be angry about America's gun problem

To the Editor:

Guns, guns, guns. They are more common in America than lollipops and chewing gum, and vastly more deadly. Hardly a day goes by without another mass killing. To date, there have been more than 200 this year. The killing must stop or there will be no more America.

A Wolfeboro mother said she is home schoolher children for safety reasons. A local grocery store clerk confided that she is terrified a gunman will discharge an AR-15 in her store.

This is no way to live in our country! In road rage incidents, a driver pulls a gun and kills his antagonist. A six year old shoots his teacher. A homeowner shoots and kills an unknown person turning in his driveway. Those of us who are veterans can't believe how easy it is to acquire and possess deadly weapons in America. We spent hours and days training troops how to use high powered weapons.

Even though were yards away from the enemy in Korea, all in the Arms Room until we were deployed in the field. Republicans claim the problem is not guns, but mental illness. Of course, anyone who kills someone is deranged at the time. A assault weapons will be manufactured this year.

Gun violence is the leading cause of children's deaths in Amer-Huge corporate profits are the result. The NRA declares that the only defense against a bad guy with a gun is a good guy with a gun. weapons were secured Don't say that to parents

in Uvalde, Texas, where dozens of police stood by while 21 innocents were murdered over a 75 minute period. An AR-15 military assault weapon has enormous fire power with a capacity to "windfall" four million fire almost 100 destructive rounds per minute. They should be banned. "Thoughts and prayers" just don't do it anymore.

> It's OK to be angry. Let's not be complacent. Demand action. Otherwise, we are going to lose America.

John Goyette New Durham

We have made our position clear

To the Editor:

In a letter to the Editor to this newspaper and published in its May 4 edition, the writer spoke out against vandalism in Laconia and Franklin that she attributed to "a known New England white supremacist group." In that same letter, she expressed her disappointment at not having received replies to emails she claimed to have sent to all three Belknap District 7 State Representatives.

Letter submission policy

thor's name, address, and a daytime phone

number for purposes of verification in order

to be considered for publication. Only the au-

thor's name and the town in which they reside

will be published. Letters submitted without

all of the required information will not be ac-

termine whether a submission satisfies our

requirements and decency standards, and any

submission may be rejected at any time for

any reason he or she might deem appropriate.

It is the sole prerogative of the Editor to de-

Letters to the Editor must include the au-

In early April, following consultation with other Belknap Representatives, I urged that this was not a time for as many as 18 statements or even just three coming from Belknap District 7 Representatives; but rather, the issuance of a single strong statement of condemnation from the entire Delegation. On April 10, Delegation Chair Harry Bean (Gilford) issued a statement signed by each and every Member of the Belknap House Delegation—15 Republicans and 3 Dem-

Regrettably, I learned last week that the statement's distribution was limited to the newspaper published out of Laconia that, while enjoying countywide distribution, did not reach as many county residents as would have a wider distribution that included The Baysider.

Here following is the text of the statement issued over the signatures of all Belknap County House Representatives:

"New Hampshire has a proud tradition of standing up for what is right. We stand together with our fellow Belknap County State Representatives in strong opposition to any type of hate speech. There is no one sex, gender identity, sexual orientation, race, creed, color, religion, etc., that is inherently superior or inferior to another. This hate speech has no place in our society, in Belknap County, or anywhere else."

While it may be true that the writer of the May 4 letter to the Editor did not receive individual responses to the emails she says she sent, it does seem clear that the primary issue that was in focus was that District 7 Representatives may have been unconcerned about the issue raised. Clearly now, that is not the case—and quite to the contrary.

All Belknap County representatives have made our position clear. We are of one mind. Republican and Democrat representatives stand together as one on this issue. And, as we have and do, we believe we speak for all the good people of Belknap County. No ambiguity. No equivocation. Because we are "one nation under God, with liberty and justice for ALL [my emphasis]."

> Rep. Paul Terry Alton

LETTERS FROM EDWIN Napping

This afternoon, I had one of those early memories. For me it's a wonderful thing to have a memory as I have so few. Like, what did I walk down here to the cellar to get?

At first, my eyes were closed, and I could hear the sounds of our weekly Saturday afternoon family car wash, picnic and all around wonderful gathering that happened weekly as long as the weather was warm enough. The house was quiet except for the big roll around floor fan that stood in the kitchen blowing air out the window on the sunny side of the house.

Everyone was outside. I could hear the ladies talking and the

kids playing in the back yard. I was napping so I must have been pretty young. I was on my sister's bed, probably because it was darker in the first bunk, or maybe because I still slept in my crib and it was just easier. I actually slept in my crib till I outgrew it. I was well into my school years when they took my crib away. I would climb in and out over the rail and can remember stretching and pushing myself between the foot and head panels.

When I realized that I was waking up, I opened my eyes and looked around the room. The flowered wallpaper, the dresser, the stuff shelf where each one of us kids had a cubbie, the window, my crib. The curtains were dancing in the breeze from the air coming in from the shady side of the house.

It was a small room, but plenty big for us three kids. My sisters had the bunks and I slept along the facing wall. The crib got replaced with a couch kind of sleep on thing without it's back cushions. It had a real fluffy kind of mattress. I loved it. My special bed.

One day we were fooling around after supper and my sister was kind of trampolining on my bed when a big crack happened. Oops. My father, a pretty handy guy, who taught me most of what I now make a living doing, got his hammer and nails and a piece of wood and fixed it up as good as he could. After that, it had a little sag to it, which gave it character. We never jumped on it again till, at age fourteen, I got my own room in the attic, two flights up, with a real bed.

The old bed went into the big fire we had in the back yard where all the old useless stuff that was stored up in the attic was reduced to ashes. I remember wanting to keep so much stuff that was either thrown out my bedroom window or carried down the stairs. Days later I burned myself playing in the ashes I was told to keep away from. I kept that to myself, until today.

I crawled off the bed and walked out into the kitchen where the ticking of the cuck-

floor my heart was rac-

oo clock was dominated by the hum of the fan. Opening the door to the hall, the sound of voices went from being in the background to right in your face as only a screen door separated the hall from outside. Opening it and stepping onto the porch I saw all the elders sitting in the red wooden chairs and the kids playing up in back. I instantly became the focus of attention as all eyes were on me and I was greeted back into the group. I distinctly hear the voice of my mother and my aunt welcoming me.

That's it. But that's kind of nice. Looking at me now it may be hard to believe, but I too was once two feet small. That old house is no

longer in the family so it has now become only memories, real or via old pictures that sit fading inside old black paged albums or in boxes hidden away and rarely looked at. Or possibly slides!

Today we are photo-overloaded thanks to these cell phone machines most of us seem to have. Everyone has a camera whether they know how to use it or not. The cloud is clogged with everyone's endless image indulgences. Good luck finding one memory in particular.

E.Twaste

Correspondence welcome at edwintwaste@ gmail.com

NOTES FROM WINDY HOLLOW New doctor, new location

BY VIVIAN LEE DION Contributing Writer

My urologist moved his office and staff to York, Maine and I wasn't too happy. But in a pleasant turn of events, I was lucky that my primary care doctor found a specialist near me. I gave permission for my medical records to be sent to that Dover facility. Soon the new medical staff called and helped me set up an appointment.

Eleven years ago, I was diagnosed with bladder cancer. The sur-

gery was successful plus additional treatments helped ensure the cancer was completely gone. Follow up appointments continued every year and then every three years. Everything was ok. That's when I started skipping appointments and let four years go by. I was a nervous wreck about this visit. My husband Ray drove to Dover, and I was intimidated because the parking lot was a sea of cars. The signs indicated the medical offices were a subsidiary of Wentworth Douglas hospital. There were multiple entrances and exits so Ray chose a space near the parking spaces near the EV charging stations and EV vehicles because he had a clear view of that entrance and exit that I decided to use.

Upon entering the building arrows indicated my urologist's office was on the fourth floor. I mistakenly decided to use the stairs instead of the elevator. By the time I reached the fourth

ing but I safely made it to her office where the waiting room was full of patients. Would I be seen by the doctor at my appointed time? The answer was yes. Not only was she personable she also made me feel comfortable. I felt as if I was her only patient and didn't feel rushed at all. It was as if she had all the time in the world.

We talked about my recent urine test and how I was feeling. Then she then tapped my back checking my kidneys and gently poked around my midsection. She was all smiles when she said, "Good news things look okay" She continued, "Return in a year for another checkup. Make sure you contact me if you have blood in your urine or are experiencing pain," I realized that I wasn't just a number in her eyes. She had

kindness. Taking the elevator down to the first floor I left with confidence. The door opened me to a new vista of parked

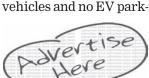
empathy and a caring

personality. In my mind

she became my doctor

and future visits would

continue because of her



ing spaces or charging stations could be seen. I realized that was not the entrance where I originally came in. I turned around and went to the receptionist and said, "I'm lost." She asked me to describe and identify things about my original parking area. "Yes, I was near the charging stations and EV vehicles". She said, "I know exactly where you are parked. Don't worry, I got lost the first couple times I started working here. I'll take you outside and help you find your vehicle." In a matter of minutes, we stood next to the gray Explorer. She said to Ray, "I found someone who will be glad to see you." We chatted a bit before thanking her and saying goodbye. She was another example of the care that Wentworth Douglas hospital gives their patients.

When I got in Ray reminisced about the time his cousin Paul and his wife, Linda, couldn't find their car after leaving a movie theater. It was dark outside and they kept searching for their red car. They called the police and directed the officer to the area where the car should have been. He shined a spotlight on a brown car and it became a red vehicle. The policeman made sure the car hadn't been stolen and brought back to the parking lot by checking if the hood of the car was warm. It had been there all along and he explained that this had happened before to other patrons because the amber light changes some car colors.

Princess Diana said, "Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you." Thank you to all those caring people.

Vivian Lee Dion of New Durham is a writer and speaker and can be reached at windyhollow@metrocast.net.

"Art As Therapy" exhibit spotlights fabric artist Robin Cornwel



Robin Cornwell's art quilts

include thoughtfully placed forms through a variety of mediums often in bold, vibrant palettes.

WOLFEBORO

You'll be delighted to stop and admire the works of local artist and teacher, Robin Cornwell, currently on display at the Wolfeboro Public Library for the month of May. The show is titled "Art As Therapy - Getting Through The Tough Times" and includes a display of more than 25 of exquisitely crafted quilts.

Throughout her work, Ms. Cornwell displays how she has dealt with the sensitive topics of cancer, Covid, alcoholism, suicide and loss. Her choices of imagery defy the negative feeling of the topics, as colorful prints intermingle on her bright, hand-dyed

Stone Wall Repair

Fieldstone/Granite 35 years experience

Tony Luongo 707-2727

fabrics.

combining printmaking, dyeing and hand quilting in her art quilts. Prints are made from her hand carved blocks as well as stencils, Gelli plate, batik and often even real leaves using a colorful palette of bold colors and combinations. The theme of her artwork is portrayed in images of flowers, leaves, abstract forms and expressive hand poses through a variety of printed cloth pieces combined in a visually pleasing combina-

Through her work she has been able to ease some of the anxiety, pain

and frustration of the past few years. These Robin is a fabric artist are some hard times we are experiencing and art making can be a wonderful way to get through it

> "Art As Therapy" is on display through the end of May during regular operating hours at Wolfeboro Public Library.

Cornwell is a GWAC Member artist. You can learn more about Governor Wentworth Arts Council's support of the arts in the eastern Lakes Region, including upcoming shows & exhibits, at governorwentworthartscouncil.org





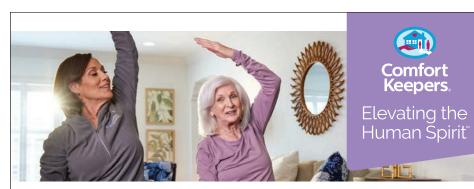


Saturday May 27, 10 am - 6 pm **Sunday May 28, 10 am - 5 pm** Monday May 29, 10 am - 4 pm

~ Over 100 Juried Craftsmen ~ **Come and Meet the Artisans** Celebrate American Made Works by Hand

Photography, Country Woodcrafts, Pottery, Soaps, Folk Art, Handbags, Fine Jewelry, Lamps, Pet Gifts, Cutting Boards, Clay, Wood Burning, Candles, Floral, Wearable Art, Painted Glass, Resin, Fiber, Pillows, Fleece, Paper Craft, Scarves, Lanterns, Fret Work, Vintage Chic, Growth Charts, Plants, Nuts, Hot Sauces, Herbal Dips, Wine Slushy Mix, Honey, Oils, Kettle Corn, Cannoli and More.

Free Admission ~ Rain or Shine Directions from Route 93 take Exit 23 or come by boat www.castleberryfairs.com



Make every day extraordinary

At Comfort Keepers®, we provide in-home care that helps seniors live safe, happy and independent lives in the comfort of their own homes.

Uplifting in-home senior care services

- · Personal care Companionship
- · Grocery shopping and errands
- · Dementia and Alzheimer's care · Respite care
- · Light housekeeping · Meal preparation

(603) 536-6060 ComfortKeepers.com

Bernier, Timber Wolves dominate St. Thomas

Prospect Mountain softball cruises past previously-unbeaten Saints



Tori Christie gets a hand from her dad, coach James Christie, after tripling late in last week's game with St. Thomas.



Gwen Christie makes a throw from her knees after making a nice play during last week's game against St. Thomas.



Despite being injured, Paige Harding played a part in her team's win over St. Thomas, joining in on the DPPG broadcast of the game.

BY JOSHUA SPAULDING

Sports Editor

ALTON — On the schedule, it was a highstakes battle between two unbeaten teams at team hosted St. Thomas on Thursday, May 18.

On the field, it was another dominating performance from Ella Bernier and the Timber Wolves, as they cruised past the standings when the Pros- Saints by a 12-0 score in for five runs in the bot- around to score when day, they have a good

Timber Wolf pitcher struck out 13 and crushed a two-run homer in front of a playoff-size crowd as her team bashed its way to the win.

"We play pretty good defense, put the ball in play, run the bases well and get good pitching," said coach James Christie after his team's impressive performance. "That's a good recipe for success.

"We've got a lot of kids who have played a lot of softball in a lot of big games," the Timber Wolf coach added.

The Timber Wolves wasted little time putting their dominance on display, as Bernier struck out two in the first inning after a leadoff grounder to second base. Tori Christie then led off the bottom of the first with a ringing double and two outs later, Bernier crushed a homer to center, circling the bases for the 2-0 lead. Bernier then struck out the side in the top of the second inning before the Timber Wolves exploded

Maren Rayno led off with a base hit and smartly took second when Olivia Noyes popped up to the St. Thomas catcher in foul territory. Abby Fisichelli's pop up fell in shallow left field and Eve Roberge put down a nice bunt and reached when the throw missed the mark, allowing two runs to score for the 4-0 lead. Tori Christie then laced a triple to drive in another run and an Alexis Wilson triple drover her home. A sacrifice groundout from Mariah Gates pushed another run across and Bernier and Gwen Christie both worked walks to keep the inning going, but the Saints were able to get

more runs scoring. Bernier actually struck out four Saints in the top of the third inning, with one reaching when the third strike sailed to the backstop. Prospect added a pair of runs in the bottom of the third inning, as Noyes reached on an error and courtesy runner Jasmine Price came

out of the inning with no

a base hit. Tori Christie moved Fisichelli up with a groundout and she scored on a passed ball for the 9-0 lead. Wilson had a base hit but was stranded on the bases.

St. Thomas got their first hit of the game leading off the top of the fourth inning, but Bernier responded by striking out the next two batters and Noyes pegged a perfect throw to first to pick the runner off to end the inning. Gwen Christie had a base hit in the bottom of the fourth, but the Saints were able to keep the Timber Wolves off the board. Bernier followed with another quick inning, striking out two and getting a grounder to second and Prospect ended the game in the bottom of the fifth.

Fisichelli led off with a walk and after Roberge beat out a bunt hit before a Tori Christie base hit drove in one run and Wilson ended the game with a two-run double, giving Prospect Mountain the 12-0 victory.

"I'm really happy we played Raymond yestertom of the second inning. Fisichelli followed with pitcher," coach Christie

said. "We felt good coming into today and we hit the ball hard.

"We played small ball yesterday, so there are a lot of ways we can win," the Timber Wolf coach added.

He was also pleased with the way that the team responded to the pressure of the big game.

"We tell the girls that pressure is a privilege," Christie said. "We told them, that feeling you're feeling (prior to the game), people spend their whole life trying to get that.

"Use it, don't let it eat you up," he added. "We felt it and we can use that later for sure."

The Timber Wolves will be hosting Somersworth on Friday, May 26, for the regular season finale.

Division The tournament opens on Wednesday, May 31, at the home of the higher seed.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmon-

Wood leads Timber Wolves at Wilderness Championships



Parker Wood finished second in the shot put at the Wilderness Championships on Saturday.

BY JOSHUA SPAULDING Sports Editor

TILTON — The Prospect Mountain track

tire comfortably and won't outlive your

resources is a "must have" goal. For this

would be "nice to have."



Chloe Kane charges from the gate in the 100 meters on Saturday in Tilton.

team took to the facility at Winnisquam Regional High School in Tilton on Saturday for the Wilderness Championships.

When all was said and done, the Timber Wolf boys finished in 12th place overall and the girls took 17th place.

Parker Wood had the top performance for the Timber Wolf boys, finishing in second place in



Brendan Francis races down the track in the 100 meters Saturday morning.

the shot put with a toss of 38 feet, 8.75 inches.

The Timber team of Ethan Capsalis, Brendan Francis, Avery Giunta and Micah Swenson ran to fourth in

you're paying for a wedding or planning

a long vacation - you may want to con-

sider more stable investments, such as

certificates of deposit (CDs), short-term

bonds or even cash or cash equivalents.

They may not provide much in the way

of growth, but you can essentially count

on them to provide the amount you need

when you need it. You'll need to regu-

larly review the performance of your in-

vestment strategy for each goal to assess

Achieving any goals - whether

they're "must have" or "nice to have" -

can be challenging. But by identifying

and prioritizing these goals, following an

appropriate strategy to meet them, and

consistently reviewing your approach,

your progress.

the 4X400-meter relay in 3:56.93 and the 4X100-meter team of Capsalis, Giunta, Wood and Francis placed sixth overall in a time of 48.37 seconds.

In the 100 meters, Francis was 36th in a time of 13.06 seconds and Swenson finished in 43rd place in 13.14 seconds. Giunta finished in 14th in the 800 meters with a time of 2:22.63. Capsalis added a 10th place finish in the high jump at four

the lone points for the

ishing in sixth place in the high jump, clearing four feet, three inches. She also took seventh in the pole vault, clearing six feet.

In the 100 meters. Chloe Kane ran to 20th place in the 100 meters in a time of 14.69 seconds. She also placed 17th in the 200 meters in a time of 30.73 seconds. In the 100-meter hurdles. Simpson finished in 11th place in 21.23 seconds and Victoria Cowser placed 12th in 21.89 seconds. Mary Hupper added a 10th place finish in the javelin with a toss of 66 feet, four inches.

The Timber Wolves who qualified competed after deadline in the Division III State Meet, held on Wednesday at Sanborn.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmon-

feet, 11 inches. Jillian Simpson got press.news. Timber Wolf girls, fin-

For Advertising **Information** Call 603-279-4516 email: Tracy@

salmonpress.news

Edward Jones: Financial Focus

Are your goals 'must have' or 'nice to have'?

Like everyone, you may have a lot of Unless you have unlimited sums to infinancial goals. But are they all of equal vest — and very few of us have that luximportance? Probably not. And do they ury — you'll probably need to prioritize share a similar timeline? Again, it's unwhere your investment dollars are going. likely. So, your first step may be to pri-For your main "must have" goal - reoritize your goals — and then follow a tirement - you'll be helped by the abilprocess that can help you achieve them. ity to automatically invest through your 401(k) or other employer-sponsored This process should include the folretirement plan. If you're on track toward this goal, and you budget carefully • Identify your goals as "must have" or and potentially receive salary increases 'nice to have." Making sure you can reover the years, you may also find space

goal, you can't compromise - you need to · Put "price tags" on your goals. You be certain of achieving it, or at least as cerneed to know what your goals will cost. tain as possible. But if you want to someday Of course, you may need to estimate the own a vacation home by the beach, and you costs for some goals based on different can't ever quite afford it, you might find an factors. For example, when you think acceptable substitute, such as renting. So, about your goal of retiring comfortably it seems fair to say that achieving this goal without outliving your money, you'll need to consider some key questions, · Prioritize your investment dollars. including these: When do you want to

to keep contributing toward the "nice to

retire? What sort of retirement lifestyle do you envision? Do you see yourself downsizing your living arrangements? For other goals, though, such as purchasing a vacation home, you could get more specific on how much money you'll need.

• Follow an appropriate strategy. The nature of your goals, and their estimated cost, along with your appetite for risk,

you can help yourself get to where you

Jacqueline Taylor 3 Mill Street PO Box 176 Meredith NH 03253

should drive your investment strategy but another key factor is time. So, for a long-term goal like retirement, you'll likely need a reasonable amount of quality growth-oriented investments in your portfolio. While these investments - such as stocks and stock-based mutual funds - will fluctuate in value over shorter periods of time, your hope is that, over several decades, they will ultimately provide the growth you need to meet your retirement goal. However,

to achieve a goal you want to

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC before investing in bonds, you should understand the risk involved, including read it is a dark and investments are also subject to interest rate risk such that when interest rates rise, the vices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity. Gilford softball forces extra innings, but falls to Belmont





Kendall Heyman leads off third during her team's game in Belmont last Wednesday.

Gilford pitcher Belle Dow tosses the ball to Jess Gannon at first in action in Belmont last week.

BY JOSHUA SPAULDING

Sports Editor

BELMONT — On a day when the winds felt more like Mount Washington than Belmont High School, the softball Raiders played a little small ball in the bottom of the eighth inning to pick up an 8-7 win over rival Gilford on Wednesday, May 17.

Madi MacDonald worked a walk in the bottom of the eighth inning and Abi Paquette put down a sacrifice bunt to move MacDonald over to third base. She then scored on an overthrow to third for the game-winning run.

Belmont pitcher Lena Rodrigues worked around a one-out walk to Kendall Heyman in the top of the first and Belmont took the lead in the bottom of the inning. Darci Stone worked a one-out walk and moved up on a sacrifice bunt from Rodrigues. Madi Smith then delivered a base hit to plate the game's first run. Mac-Donald worked a walk to keep the inning going, but Gilford pitcher Belle Dow got a strikeout to end the inning.

Millie Caldon was hit by a pitch with two outs in the top of the second and Grace Kelly worked a walk, but they were both stranded there.

The Raiders put four runs on the board in the bottom of the inning. Avery VonKadich reached on an error to start the

inning and Carly Drouin was hit by a pitch. After a strikeout, a base hit from Riley Cotnoir plated one run and after Stone walked, a passed ball pushed another run across. Rodrigues then doubled to drive in two runs for the 5-0 lead. Smith and MacDonald continued the inning with walks, but Dow was able to get out of any further trouble.

Gilford got a couple of runs back in the top of the third, as Heyman had a one-out double and Maddie McKenna reached on an error. A sacrifice groundout by Dow drove in the first run and a base hit from Sadie Lydick pushed across the second run for the Golden Eagles. Down then worked around a one-out walk to Roy Wilson in the bottom of the inning, striking out the side to keep the score at

Hannah Gannon had a two-out double for Gilford in the top of the fourth inning, but she was stranded and Smith had a one-out walk in the bottom of the fourth, but she was also left stranded. McKenna and Dow had one-out base hits for the Golden Eagles in the top of the fifth, but Belmont shortstop Paquette snared a line drive and turned it into a 6-4 double play to end the inning. Lydick took over in the circle for Gilford in the bottom of the fifth inning and Von Kadich had a base hit to lead off the inning, but Lydick pitched her way out of the inning.

Gilford's bats came to

life in the top of the sixth inning. Maddie Hazelton led off with a base hit and Caldon followed with a base hit and a pickoff error allowed Hazelton to score. A base hit from Kelly cut the lead to one and after Hannah Gannon reached on an error, Jess Gannon took over on the bases. Lauryn Nash-Boucher followed with a walk and base hits from Heyman and Dow pushed two more runs across to give Gilford the 7-5 lead. Stone was able to haul in a fly ball to center and gunned to third to cut down the runner trying to advance to end

Belmont came right back in the bottom of the sixth. Stone and Rodrigues each worked walks to start the inning and Smith grounded into

RC GREENWOOD

the inning.

a 4-6 force, with an error allowing Stone to score to cut the lead to 7-6 before Lydick got a strikeout to end the inning.

After Rodrigues set the side down in order in the top of the seventh inning, Belmont tied the game in the bottom of the frame. Drouin was hit by a pitch and Wilson had a base hit. One out later, a Stone infield hit pushed Drouin across the plate to tie the game at seven. Lydick came back and struck out the

next two batters, forcing extra innings, where Belmont was able to get the 8-7 win.

Both teams finished the regular season after deadline. The Division III tournament opens on Wednesday, May 31, at the home of the higher seed.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmonpress.news.

Close one

Emily Watson of Gilford works the ball around an ILMA defender during her team's 12-11 loss Inter-Lakes/ Moultonborough last Thursday afternoon. The Golden Eagles were scheduled to close out the regular season after deadline on Wednesday. The Division III tournament is scheduled to get under way on Tuesday, May 30, at the home of the higher seed.





Business Directory

PAINTING



PAINTING Co. **Exterior** • Interior **Power Washing**

New office now located in Alton and Wolfeboro.

603-279-5755 or 603-393-0548

Professional and Fully Insured

FLOORING



salmonpress.com

Wolfeboro Falls, NH 03896



FLOORING

ALTON FLOORING AND TILE

Office: 603-875-3507 Residential/Commercial Carpet, Tile, Hardwood, Laminate, Vinyl, Island work, Boats, RV's/Campers, Etc. alton_flooring.tile@yahoo.com 18 Depot St. Alton, NH 03809

PLUMBING

One Call Does It All WATER FILTRATION **ELECTRICAL - PLUMBING HVAC - GAS**

569-1569

Inspections Oil Changes

Oil Leaks

Steering



B-BOYS AUTO REPAIR

Barnstead, NH

603-269-7712 19 Gray Road

Paul Bousquet Sr. & Jeff Bousquet Sr. 75+ years of combined auto repair experience Air Cond

Brakes

Carburetors

Clutches

Cooling Sys

Diagnostic

O Differential

Engine

Electrical

Suspension Timing Belts Tire Rotation

® Transmissions

@ ...and more!

Solid reputation of dependable, quality service!

Prospect Mountain tennis girls finish strong

BY JOSHUA SPAULDING

Sports Editor

ALTON — The Prospect Mountain girls' tennis team kicked off the final week of the regular season with a loss to Trinity and then a hard-fought 5-4 win over St. Thomas on Tuesday,

At Trinity on Monday, May 15, the Timber Wolves got just one singles win and one doubles win, dropping a 7-2 decision to the Pioneers.

Erin Rawnsley played at number three and got the 8-2 win. Madilyn Neathery lost 9-8 (7-5 in

the tiebreaker), Ella Misiaszek lost 8-5 at number two, Abby Wittenberg fell 8-1 at number four, Natalia Smith fell by an 8-2 score at number five and Laney Henry dropped an 8-1 decision in the sixth spot.

Rawnsley and Wittenberg picked up the 8-6 win in the second doubles spot, with Neathery and Misiaszek falling 8-5 at number one and Smith and Henry dropping an 8-3 decision in the third spot.

Against St. Thomas, the two teams split the singles play, with Neathery winning 8-0 at number one, Rawnsley winning 9-7 at number two and Misiaszek winning 8-0 in the third spot. Wittenberg dropped an 8-1 decision at number four and Smith lost 8-6 in the fifth spot. Because the Timber Wolves only had five players available, the Saints got a forfeit win in the sixth spot.

doubles Neathery and Misiaszek got an 8-0 win at number one and Rawnsley and Wittenberg got the 8-3 win in the second spot, while St. Thomas got the forfeit win in the third doubles spot.

The Timber Wolves closed out the regular season with a 9-0 win over Gilford.

Neathery won 8-2 at number one, Rawnsley got an 8-2 win at number two, Aijah Thoroughgood got an 8-4 win at number three, Wittenberg won 8-5 in the fourth spot, Smith got an 8-1 win at number five and

Henry won 8-5 in the sixth spot.

doubles Neathery and Thoroughgood played at number one and got an 8-1 win, Rawnsley and Wittenberg played at number two and won 8-2 and Henry and Smith got the 8-0 win in the third doubles spot.

The Division III tournament kicked off after

deadline on Wednesday and continue with the quarterfinals on Friday, May 26, and semifinals on Tuesday, May 30, both at the home of the higher seed at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmonpress.news.

Prospect tennis boys double up Sanborn

Gilford tennis boys win final two matches

BY JOSHUA SPAULDING

SLATE

BELMONT

GILFORD

KENNETT

KINGSWOOD

Baseball vs. Plymouth; 4

Softball vs. Plymouth; 4

PROSPECT MOUNTAIN

Baseball vs. Somersworth; 4

Softball vs. Somersworth; 4

All schedules are subject to change.

Boys' Lacrosse at Pembroke; 4

Girls' Lacrosse vs. Kennett; 5:30

WINNISQUAM

WINNISQUAM

Baseball at Hopkinton; 4

Baseball vs. Inter-Lakes; 4

Sports Editor

GILFORD — The Gilford boys' tennis team finished out the regular season with wins over North Country teams White Mountains and Profile to finish out the

HIGH SCHOOL

Thursday, May 25

Friday, May 26

Friday, May 26

Track at Oyster River (Division III State Meet); 5

Track at Oyster River (Division III State Meet); 5

Softball vs. Newfound (Odell Park); 7:30

Baseball vs. Newfound (Robbie Mills); 7

All schedules are subject to change.

HIGH SCHOOL

Boys' Lacrosse vs. Oyster River; 4:30

Girls' Lacrosse at Kingswood; 5:30

Against White Mountains, the Golden Eagles got an 8-1 win, sweeping singles and winning two of three doubles. Joseph Schelb, Izaak Walton, Alden Townsend, Aydyn Berube, Tucker Fleury and Tyler Davignon all got singles wins, while Townsend and Berube

and Davignon and Andrew DeCarli got wins in

At Profile, the Golden Eagles picked up a 7-2 win, with Schelb, Walton, Townsend and Davignon getting wins in singles before Gilford swept the doubles. Schelb and Walton at one, Townsend and Berube at two and Davignon and DeCarli at three all took wins.

"The team thanks the families and fans for the support throughout the season," said longtime coach Terry Wilson.

The Division III boys' tournament kicked off after deadline Tuesday continues today, May 25, and Monday, May 29, both at the home of the higher seed.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmonpress.news.

For Advertising Information 603-279-4516

BY JOSHUA SPAULDING

Sports Editor ALTON — The Prospect Mountain boys' tennis team opened the final week of the regular season with a 6-3 win over Sanborn on the road in Kingston on Monday,

May 15. In singles play, Joey DeJager got an 8-4 win at number one, Cameron Gagnon won 9-7 at number two, Cameron Morrill won 8-4 at number four, Hayden Mellon got an 8-5 win at number five and Brett McKeown finished with an 8-6 win at number six. Owen Mahanes dropped an 8-0 decision in the third spot.

In doubles play, De-

Jager and Cameron Gagnon got an 8-6 win at number one, while Mahanes and Noah Gagnon fell 8-1 at number two and Morrill and Colton Croft lost by an 8-2 decision in the third spot.

The Timber Wolves finished up on Wednesday, May 17, dropping a 5-4 decision on the road in Manchester against Trinity.

DeJager got an 8-5 win in the top spot, with Cameron Gagnon winning 8-6 at number two and McKeown getting a 9-7 win in the sixth spot. Mahanes lost 8-1 at number three, Morrill fell 8-3 at number four and Mellon dropped an 8-3 decision at number five.

In doubles play, De-Jager and Cameron Gagnon won 9-7 at number one, Mahanes and McKeown lost 8-3 at number two and Morrill and Mellon dropped an 8-3 decision in the third spot.

The Division III boys' tournament kicked off after deadline Tuesday and continues today, May 25, and Monday, May 29, both at the home of the higher seed.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. or josh@salmon-

Belknap County Conservation District explains goals and objectives

email: Tracy@ salmonpress.news

ALTON — "Brookies, This was the open-AKA, NH native brook trout, once in abundance Hepp, Chairperson for throughout the many the Board of Supervisors, now a better chance of brooks and streams in Belknap County Conser- bringing back our once vation District. She pre-New Hampshire, suffered a great decline in sented a video on how, in their numbers over the 2021, they restored more years. Why? Because, than a mile and a half of in part, the good inten-Hurd Brook to its once tions by those who benatural state. It includlieved 'cleaning up the ed a number of BCCD brooks' by removing and Trout Unlimited much of the natural habvolunteers installing itat trout once thrived large-wood, i.e.: placin, would be good for the ing a number of large fish and make fishing trees across Hurd Brook at strategic locations for easier. Although well intentioned, it turnedcreating protected areas where the trout can out to be a disaster for the brookies plus it thrive and spawn. The caused placing of largealgae blooms where

wood in Hurd Brook was recently assessed by Trout Unlimited and the results were as predicted and hoped for. The placement of 50 large-wood installations has created more pools, slowed

down the water and allowed for more organic material to flow.

"It's not as easy to ing comment by Donna drop a fly today as it once was, but there's number of abundant brookies," she conclud-

The Belknap County Conservation District, serving Belknap County for 76 years, has many missions:

It helps landowners be stewards of their soil, water, forest and wildlife, identifies critical natural resources. conservation issues and needs, initiates action and projects for conservation and

management tices, provides mation, education and training for conservation, and facilitates finding technical and financial resources such as grants and fund raising to meet their conservation goals.



ABUNDANT HARVEST

ABUNDANT HARVEST
FAMILY CHURCH
Sunday School for children up to age 12.
service 10:30 a.m. Greater Wakefield Resource Center,
254 Main St., Union.
Pastors Daniel and Sberrie Williams, 473-8914.
For more information, please visit abundantbarrestnl.
or e-mail abf.@faith.com.

ALTON BAY CHRISTIAN CONFERENCE Sundays throughout the summer 10:am & 7pm; 875-6161

BEFREE COMMUNITY CHURCH, ALTON Alton-9:30 a.m. Sun. Meeting at Prospect Mounta School. Pastor Ben Ruhl, www.befreechurch.net.

CENTER BARNSTEAD CHURCH Worsbip Service 10:00am Bible Study 11:15am Rte 126 next to Town Hall Call or Text (603)269-8831 centerbarnsteadcc.org

CENTER BARNSTEAD CHRISTIAN

CHRISTIAN COMMUNITY OF PRAISE C.C.O.P PRAISE GATHERING Galbering Saturday evenings at 5:30 p.m. The Gilmanton Community Church 1803 MI Route 140, Gilmanton Ironworks, NH ccoppraisegathering@gmail.com

COMMUNITY CHURCH OF ALTON Prayer Meeting 9:00 am Rev. Dr. Samuel J. Hollo. 875-5561.

Bay service 8:30am Alton Bay Gazebo, Alton , NH 10 am Worship Service 20 Church Street, Alton Our services are live streamed on YouTube Sundays at 10 am www.ccoaalton.com

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD, UCC

Sunday School and Worship Services Rev. Rebecca Werner Maccine 603-776-1820 OUY-7/0-1620 Our services are in person at 504 North Barnstead Road, Center Barnstead, NH and live-streamed on Zoom,

FIRST CONGREGATIONAL CHURCH UCC FARMINGTON

Worship Services 11:00 A.M Sunday School 10:15 AM 400 Main Street Farmington, NH 03835 Pastor Tom Gardner 755-4816 www.farmingtonnbucc.org

FIRST FREE WILL BAPTIST CHURCH Sun. School 9:30am; Church 10:30am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durham; Pastor James Nason.

BARNSTEAD, N.H. on the Parade in Barnstead Sunday Morning Worship Service for all ages begin at 9:00 a.m. Prayer Meeting - April through November at 7:00 p.m. on

PARADE CONGREGATIONAL CHURCH OF

Wednesday Evenings. Pastor Sandy Pierson - 483-2846 ST. KATHARINE DREXEL

40 Hidden Springs Rd., Alton, 875-2548 Fatber Robert F. Cole, Postor. Mass Saturday 4pm;

Sunday 8:30 & 10:30am; Daily Mass Mon., Tues., Wed., Fri. 8:00am ST. STEPHEN'S

EPISCOPAL CHURCH

www.ststepbenspittsfield.com

UNITED METHODIST CHURCH

Sunday services 10:30 am. Church 603-539-8058

UNITARIAN UNIVERSALIST SOCIETY OF LACONIA

Sunday services and religious education 10:00 a.m 172 Pleasant St.Laconia • 524 6488 • uusl.org

MAPLE STREET CHURCH

Sunday Service 11am 96 Maple Street, Center Barnstead NH 03225

Speedy Wash n Go Laundromats



consequently

the brook's nutrients

flushed into lakes."

3 CONVENIENT LOCATIONS

7 School Street, Alton Open Daily 7 am to 9 pm

8 Church St, Belmont Open Daily 7 am to 9 pm 46 Center Street, Wolfeboro Open 24/7

603-498-7427

Business Account Discounts CALL 603-948-5070 FOR DETAILS

AIR-CONDITIONED

Clean - Bright – Friendly ! From Single load machines to 60 pound machines!

Accepting: Cash, Credit, Debit and Loyalty Cards Website-Speedywashngo.com E-Mail Speedywashngo@gmail.com All laundromats have 24 hour video surveillance.



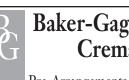
PEASLEE FUNERAL HOME **==** & Cremation Service =

(603) 755-3535

www.peasleefuneralhome.com

Main Office: 24 Central Street, Farmington, NH 2079 Wakefield Road, Wakefield, NH

Alton Funeral Home 12 School Street, Alton, NH



Baker-Gagne Funeral Home **Cremation Service**

Pre-Arrangements - Traditional Funerals Simple Burials - Cremation Services Monument Company

F. Rick Gagne - Funeral Director Mill Street, Wolfeboro, NH 603-569-1339

(800) 539-3450 Route 16, West Ossipee, NH 603-539-3301 baker-gagnefuneralhomes.com

Volunteers make Great Waters great!

WOLFEBORO

Great Waters volunteers are a very active, much appreciated, hard working group of people who do that work for free because they enjoy it. Volunteers play a vital role in seeing that each performance runs smoothly. This summer, performances will be held at both Anderson Hall on the Brewster Academy campus in Wolfeboro as well as on the grounds of the Castle in the Clouds Moultonborough. Opening the 2023 season on July 8 at Anderson,

will be Linda Eder one of the greatest voices of our time. Her diverse repertoire will include selections from Broadway, Country, Pop and Jazz.

Being a volunteer is



a great way to meet new friends, learn new skills, listen to wonderful music and have fun. There are a variety of positions available including ushering, working in the onsite box office, directing guests to parking areas,

helping to set up prior to a performance, and being a good will ambassador for the organization. Volunteers also serve on committees throughout year such as marketing and development.

Chairman of

Volunteer Committee is board member Peg Mongiello. Her skills as a teacher and former school administrator make her an ideal candidate for this position. Each year she revises the volunteer handbook so that it has all the current information applicable to being a knowledgeable volunteer, coordinates a yearly training and orientation program, and sets up a master schedule.

What do our volunteers think about being a volunteer? Sally Gilbert and Pam Hopkins have been volunteers with Great Waters for several

Gilbert says, "I can't wait for each new season to begin. I get a chance to see First Class performances, in an amazing setting, and reconnect with folks who share my excitement for musical entertainment."

Hopkins adds, "I love greeting all the happy faces who are anticipating a wonderful evening of music. The venue hums with positive energy and gets me in a great mood for the concert!"

One of our newest volunteers Kevin Sanzenbacher says, "2022 was my first year volunteering at Great Waters. The experience was wonderful. I got to work closely with old friends, make some friends, and enjoy wonderful music at a fabulously beautiful venue."

If you are interested in joining these people and becoming a Great Waters volunteer, application forms are available online at www.greatwaters.org. For more information, you can also contact the Great Waters office at 603-569-7710.

Memorial Day Tribute

Honoring All Who Served and 4

Remembering Those Who Made the Ultimate Sacrifice



Interesting facts about Memorial Day

Each year on the last Monday of May, Americans celebrate Memorial Day. Memorial Day is a federal holiday that honors and mourns American military personnel who died while performing their duties in service to the United States Armed Forces.

Memorial Day has a rich history and one that's worth revisiting as the nation prepares to honor the sacrifices made by its military personnel over the centu-

 Freed slaves played a role in the establishment of Memorial Day. The American Civil War is the deadliest military conflict in American history, as the Union the Confederacy each suffered more than

800,000 casualties by the time the war ended in 1865. According to History.com, as the war drew to a close, hundreds of Union soldiers who were being held as prisoners of war died and were buried in a mass grave in a Confederate prison camp in South Carolina. After the Confederate surrender, more than 1,000 nowfreed slaves honored those recently deceased Union soldiers during a ceremony in which they sang hymns and distributed flowers. The ceremony was dedicated to the fallen soldiers and served as a precursor to what is now celebrated as Memorial Day.

 Confederate soldiers were honored, too. Confederate losses during the Civil War outnumbered



losses were not forgotten by southerners who survived the war. History. com notes that, in 1866, the Georgia-based Ladies Memorial Association, one of many similar organizations to arise in the aftermath of the war, pushed for a day to honor fallen Confederate soldiers. In fact, these ef-

forts are believed to have influenced General John A. Logan. In 1868, General Logan, a Civil War veteran who was then serving as commander-in-chief of a group of Union veterans, ordered the decoration of Union graves with flowers on May 30. The day would ultimately be known as "Memorial Day."

• It took a long time for Memorial Day to become a federal holiday. Despite tracing its origins to the immediate aftermath of the Civil War, Memorial Day did not become an official federal holiday until 1971, more than a century after the war ended. This is the same year the holiday was officially designated as taking place on the last Monday in May. The designation has periodically drawn the ire of veterans and military supporters who suggest it is now more widely seen as the unofficial beginning to summer and not a day in which the sacrifices of fallen U.S. soldiers are honored to the extent that they should be.

 Debate exists about which town has the lon-

gest history of celebrating Memorial Day. A handful of towns claim to be the first celebrants of Memorial Day. That debate figures to continue in perpetuity, but History.com notes that Waterloo, New York, was officially recognized by U.S. President Lyndon B. Johnson as the birthplace of Memorial Day in 1966. Doylestown, Pennsylvania, and Rochester, Wisconsin are some other towns that claim to have celebrated Memorial Day since the mid-

Memorial Day has a rich history that highlights the importance of honoring the men and women who have given their lives while in service of the United States military.

FFORDABLE ROOFING "THE ROOFING SPECIALIST"



10% OFF FOR VETETANS & SENIORS Shingle, Metal & Asphalt Torch down and rubber Roofing. Pressure Washing — bring your vinyl siding back to life! Roof repairs • Farmer porches WILL BEAT ALL COMPETITION

FREE ESTIMATES

OVER 45 YEARS OF EXPERIENCE

♦ 603-991-7476

"Home of the free, because of the brave" with deep gratitude & appreciation this Memorial Day and Always

For more information about our active 62+ Community, please contact Carrie at 603-528-2555 or cchandler@wesleywoodsnh.org. 18 WESLEY WAY • GILFORD, NH 03249 • WESLEYWOODSNH.ORG



GILFORD, NH 03249 603-293-8000 WWW.FAYSBOATYARD.COM

STERLING MANAGEMENT, INC. - WE SUPPORT OUR VETERANS

Managers of USDA Rural Development Properties Cherryfield Village Apartments in Somersworth, NH 603-692-3978

Download our Application at https://www.sterling-management.net/application.pdf

STERLING MANAGEMENT, INC. - WE SUPPORT OUR VETERANS

Managers of USDA Rural Development Properties Belmont Village Apartments in Belmont, NH 603-692-3978

Download our Application at https://www.sterling-management.net/application.pdf

Gilford Public Library

Classes & Special **Events**

May 25 -

June 1

Thursday, May 25 Geri Fit, 9-10 a.m. Spanish Storytime, 10:30-11:30 a.m.

French Club, 4-5 p.m. Bats of NH, 6-7 p.m.

Eight species of bat make NH their home. Come learn about the flying mammals found in our state, where to look for them, and how landowners and homeowners can help conserve these fascinating

mammals. Catch up on the latest news and research about bats, especially the impact of the white-nose syndrome on NH bat populations, and how we can help bats END survive in this threat.

Friday, May 26 Senior Sculpt, 9-10

Preschool Storytime,

10:30-11:30 a.m. Hand & Foot, 12:30-

Happy Crafters, 1:30-

Advanced Conversational German, 2:30-3:30

Beginner Line Dancing, 4-5 p.m.

Saturday, May 27 CLOSED FOR ME-MORIAL DAY WEEK-

Monday, May 29 CLOSED FOR ME-MORIAL DAY WEEK-**END**

Tuesday, May 30 Senior Sculpt, 9-10

Bridge, 10 a.m.-noon Preschool Storytime, 10:30-11:30 a.m.

Dungeons and Dragons Club, 3-4:30 p.m.

Intermediate Dancing,

Wednesday, May 31 Senior Stretch Yogaaah!, 9-10 a.m.

Check out an Expert, 10 a.m.-noon

Hand & Foot, 10 a.m.-

Chess Group, 1-3 p.m. Paint Group, 1-3 p.m. Afterschool Teen Club, 3-4 p.m.

Science @ The Library, 3:30-4:30 p.m.

Have fun learning the basics in coding & solving puzzles with the indi

Gilford Public Library Top Ten Requests

- "23rd Midnight" by James Patterson
- "Identity" by Nora Roberts
- "Lessons in Chemistry" by Bonnie Garmus
- "Dark Angel" by John Sandford
- "Simply Lies" by David Baldacci
- "The Wager" by David Grann
- "The Covenant of Water" by Abraham Ver-
- "Pineapple Street" by Jenny Jackson
- "Countdown" by James Patterson
- "All the Bright Places" by Jennifer Niven French Club, 4-5 p.m.

Thursday, June 1 Geri Fit, 9-10 a.m.

Spanish Storytime,

10:30-11:30 a.m.

June events at Oscar Foss Memorial Library

BARNSTEAD — New library summer hours: From June 1 to Sept. 4, the library will not be open on Saturdays. The hours will be: Tuesdays and Wednesdays from 10 a.m.-6 p.m. and Thursdays and Fridays from noon-8 p.m.

Our Children's Storytime happens every Wednesday at 10:30 a.m. here at the library. Come join Miss Jerissa as she tells stories, conducts sing-alongs, and provides a funtastic craft for the kids to do.

All Library Yoga classes are now on Mondays only. Gentle Hatha-Flow starts off the day at 10:15 a.m. (and ends at 11:40). Senior/Beginner/Chair Yoga will take place from noon-1 p.m. Intermediate Hatha-Flow rounds out the day, going from 5:30-6:50 p.m. Classes are by donation (suggested \$8). All are welcome and encouraged to attend, regardless of ability to donate.

What luck! Senior Services is hosting a Potluck! On Tuesday, June 6, from 11:30 a.m.-2 p.m.; this adults-only event will be held in the meeting room of the Barnstead Library. While to bring something to share, it is not expected. Kathy Preston will be our guest speaker. No registration required.

The Mead and Read Book Club (ages 18 and up) will be discussing The Language of Flowers on Wednesday, June 7. Over the Moon Farmstead in Pittsfield is our meeting place, and we start at 6 p.m. The language of pizza is their native tongue, so feel free to order one while we talk about the book. Her Royal Spyness by Rhys Bowen is our royally awesome July selection.

Tuesday, June 13, from 12:30-2 p.m., we are hosting Homeschool Show & Tell! Students, choose one or two things that you would like to present to the group. It can be a found object, a created object, a special talent, even a school project. After this event, we will be taking a homeschool programming break until September. So join us for a fun show, then enjoy your break!

This month for OFML Kids Club we are doing karaoke! Friday, June 16, from 3:30-5 p.m., join Miss Jerissa at the

attendees are welcome library for some tunetime. Brush up on your favorite jam-I Love Librarians is a personal favorite-and plan on singing to your heart's content!

> On Thursday, June 15, Tween DnD will be happening from 4-6 p.m. We last left our heroes in the midst of a battle with a bearbug! Can they escape? What lies in wait for them behind the rock wall? Anyone is able to join at any time. Snacks and drinks provided.

> Thursday, June 15, from 6-8 p.m., Teen DnD is on the agenda. Our heroes are in the throws of a bugbear battle! Can they save Eloise? Who is this Bag Lady stealing children? More answers will be revealed each time we meet. Anyone is able to join at any time. Snacks and drinks pro-

We are currently revving up for our Summer Reading Program, which officially starts Tuesday, June 20. This year's theme is-say it with me-"All Together Now!" The kickoff will be at the library on Saturday, June up with the library.

24, from 11 a.m.-1 p.m. Join the celebration for fun and games with local PD, Fire & Rescue, T.L. Storer, Parks & Rec. and more! More information to come, but for now be sure to pen in these dates as part of your summer plans!

On Friday, June 23, from 6-7 p.m., Teen Advisory is back on! Have a voice in your community. Meet with like-minded teens about book suggestions, volunteer opportunities, and library events. Light refreshments provided.

On Monday, June 26, from 6-8 p.m., the library will be hosting Worm Composting for Beginners! Experienced worm farmer and teacher, Jock Robie, will lead a presentation on building your own worm bin for home use. (This is the one time it's okay to open a can of worms.) At the end of the evening, five lucky families will be leaving with their own bin! Join us again in October for another workshop on harvesting. Mr. Robie will bring all the supplies, attendees only need to sign

It's time to get your Hunger Games on! On Thursday, June 29, from 1-3 p.m., teens and tweens are invited to a special District 1-style luncheon to start off our Summer Reading Program. Dress up. enjoy food and drinks of the highest caliber, and have your Zone for Summer Reading chosen through a lottery. Everyone will receive an arm band with the color of their zone. Let the Hunger Games begin!

During the month of June there will be a takeand-make of leftover Dino taxidermy kits. Come into the library and get your dino-mite kit-while supplies last!

There will be no Writers Forum or Family Movie Night this month.

For events that require registration, please contact us at 269-3900 or ofmlstaff@gmail.com to reserve your spot!

Kingswood sends team to Envirothon state concord—On May 16, the New Hampshire En-

virothon brought 93 students, 21 competing teams. and 12 coaches from across the state to the NH Technical Institute for the 31st annual competition. This academic competition tests student knowledge in aquatic ecology, forestry, soils and land use, and wildlife. Each team also researched and presented their solution to an environmental challenge -Adapting to a Changing Climate to a panel of judges. The winning team from Timberlane Regional High School in Plaistow, NH will represent the state in an international competition to be held in New Brunswick, Canada in July.

This event is sponsored by the NH Association of Conservation Districts with the assistance of volunteers, sponsors and contributors. It was an excellent day- full of great spirit and high reaching teens. About 50 volunteers, mainly from the Natural Resource field helped run the event. Dr. Pamela Hunt from NH Audubon offered an inspiring kevnote speech. State Envirothon Coordinator, Margie Clark-Kevan said, "We are so grateful to the NHACD, as well as many other sponsors and contributors who allow this fine program to continue: NH Department of Environmental Services, The Roy A Hunt Foundation, ReVision Energy, Granite State Division, Society of American Forests, TF Moran, Incorporated, Society of Soils Scientists of Northern New England, Normandeau Associates, Grafton County Conservation District, NH Audubon, NH Department of Natural and Cultural Resources, Division of Parks and Recreation, Basil Woods Chapter of Trout Unlimited, NH Fish and Game, Harris Center for Conservation Education, Cabot Creamery, Stonyfield Yogurt, Peterborough Cameras, Copies and More, NHTI, and the Fox Research and Demonstration Forest".

High schools who worked throughout the year to prepare for the academic competition were Concord, ConVal, Goffstown, Keene, Moultonborough, and Timberlane. Amherst and Kingswood Middle Schools also competed.

Timberlane Regional High School, coached by Dr. Jocelyn Fraga Muller and Kim Workinger, placed first in the state. They have earned a spot to represent New Hampshire at the National Conservation Foundation Envirothon (NCFE). Timberlane also placed first in the Current Environmental Issue cat-

Keene High School, coached by Monica Foley, placed second in the state and first in the Forestry, Aquatic Ecology, and Wildlife categories.

Goffstown High School, coached by Dr. Lawrence

Houghton, placed third in the state.

Moultonborough High School, coached by Shaw Smith, placed first in the Soil Ecology category. Kingswood Middle School team A, coached by

Erin Drennan Doiron, placed first in the middle school category. Amherst Middle School team B, coached by Geoff

Griffiths and Beth Penney, placed second in the middle school category.

All test site judges were impressed by the performance and attitude of the student competitors. Check the NH Envirothon website: nhenvirothon. org for more information about this program. There are opportunities to start a team for next year, volunteer, or donate to this incredible nonprofit opportunity for teens to become our next conservation leaders.

GILFORD POLICE LOG

The Gilford Police Department reported the following arrests from May 8-21.

David Lagor, Jr., age 42, of Laconia was arrested on May 13 in connection with a warrant.

Cody D. Piche, age 29, current address unknown was arrested on May 13 for Driving After Revocation or Suspension.

Shaleen A. Gilpatric, age 50, of Franklin was arrested on May 14 for DUI-Impairment.

Julia M. Normandin, age 23, of Gilford was arrest-

ed on May 16 for DUI-Impairment. David Alexander Auld, age 60, of Plymouth was arrested on May 17 for Revocation-Suspension, Sus-

pension of Vehicle Registration, and Possession of a Controlled Drug. A 62-year-old male from Gilford was taken into

protective custody for intoxication on May 19. Connor Jason McMahon, age 19, of Auburn was arrested on May 21 for Unlawful Possession and/or Intoxication and Possession and/or Use of Tobacco Products by a Minor.

Sweeps • Stonework Brick Repairs • Liners Caps • Installations Fire Place Makeovers CHIMNEY



Lilly

Meet Lilly! This older lady is looking for to be your next companion. She has a gentle and comforting personallity, one to make her a great candidate for many types of homes. Lilly has experience living with both cats and dogs, and even kiddos.



Zip

Meet Zip! He is a fun-loving and mischevious boy. He has an incredible outgoing personality and is looking for a forever home where he can be loved and spoiled.

NH Humane Society Over a century of love for those without a voice. 1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town Alton Alton Alton Barnstead Barnstead Barnstead Gilford Gilford Gilford Gilford Gilford

Address Bear Pond Road 812 Rattlesnake Island N/A Damsite Road 35 Locke Lake Colony N/A Bridget Circle 509 Cherry Valley Rd.

2696 Lake Shore Rd., Unit 8 \$1,100,000 2969 Lake Shore Rd., Unit 1 \$975,000 72 Shore Rd. New Durham Saint Moritz Drive New Durham N/A (Lot 93) New Durham N/A (Lot 17) ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and

the surrounding areas. These sales summaries are in-

formational only, not a legal record. Names shown are

usually the first listed in the deed. Sales might involve

Residential Open Land Acc. Land Imp. N/A Residential Open Land N/A N/A N/A Residential Developed Land \$174,000 Single-Family Residence N/A

Price \$177,500 \$250,000 \$1,800,000 \$54,000 \$400,000 \$15,000 \$625,000 Kathryn R. Hildreth RET \$705,000

\$24,000

\$25,000

\$300,000

Seller Alton RT and Albert Shamsi Beth Shibley Trust LCW Fiscal Trust and Scott J. Werner Charles E. Colby, Jr. James E. and Barbara A. Fegley John F. Lake Estate and Marianne Lake Sally M. Wool Trust Justin C. Whipple and Theresa Cargill Evermore 2013 IRT and Katherine E. Hefferman

Sandra E. Preiswerk Estate and Patricia A. Eakins-Martin Donald R. and Elena E. Campbell Michael J. Brigham George and Jitka Plsek Jeremy Plsek

agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Ad-

additional parties or locations. Prices are usually or 669-3822. Copyright 2011. Real Data Corp. In the colbased on tax stamps and might be inaccurate for public umn "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Webministration forms is available at www.real-data.com site: www.thewarrengroup.com

Alton Parks and Recreation Community Connection

Alton Town Wide Yard Sale

The Alton Parks and Recreation Department is sponsoring its Annual Town Wide Yard Sale on Saturday, June 3, rain or shine from 8 a.m-2 p.m. Free Yard Sale maps with over 55 Yard Sales are available at the Parks and Recreation office and Town Web Sitewww.alton.nh.gov. Be sure to stop at 7 Pearson Rd. for the Free Clothing Swap from 8 a.m.-noon for new to you clothesmany great clothes including brand names and seasonal items will be available for free.

Line Dancing Lessons

Line Dancing with Joan Lightfoot is scheduled on Thursdays from 1:30-3 p.m. from June 15-Aug. 24 at the Alton Bay Community Center. Adults of all ages and abilities are welcome, \$10/season. Register on

> Alton Old Home Week 5K Road Race

Co-Sponsored by Meredith Village Savings Bank. Aug. 12 at the Alton Bay Bandstand, 9 a.m. Sign up by July 14 and receive a long sleeve race shirt. USATF Certified Course through

Alton. Computerized with bib chip; timing posted online. results Scenic, slight varying course. flat/downhill with one moderate incline, paved. Prizes, refreshments, water stops, traffic control and raffle for racers. Forms and map available at www. alton.nh.gov or register online at https://runsignup.com/Race/NH/ Alton/AltonOldHome-Week5KRoadRace, \$20.

Weight Training Classes- Mondays and Wednesdays

The Alton Parks and Recreation Department

ter. For more information contact parksrec@ alton.nh.gov or 603-875-Yoga Flow to Yin

with Sheila Marston

Class

is sponsoring Weight

Training Classes on

Mondays and Wednes-

days, 1:30-2:30 p.m. at

the Gilman Library for

adults of all ages and abil-

ities. Learn new exercis-

es, build strong muscles

and bones, improve bal-

ance and gain flexibility.

\$20 per month or \$5 drop

weights, a mat and wa-

Bring light hand

Join a fun flow Yoga Class on Sundays at the Alton Bay Community Center from 9-10 a.m. now through June 4. \$10 drop in fee. Yoga Flow to Yin is an all levels flow class incorporating strength, core and balance. Bring mat and water. For more information contact Alton Parks and Recreation at parksrec-asst@alton.nh.gov or 603-875-0109.

Community Clothing

The Alton Parks and Recreation Department is coordinating a free Clothing Community Swap where residents can drop off clothes in good condition to pass along to others. Donated clothes can be dropped

MANCHESTER — It

Universi-

is with great pleasure

ty (SNHU) congratulates

the following students

on being named to the

Winter 2023 Dean's List.

The winter terms run

uate students who have

earned a minimum

grade-point average of

3.500 to 3.699 for the re-

porting term are named

to the Dean's List. Full-

time status is achieved

by earning 12 credits

over each 16-week term

or paired 8-week terms

grouped in fall, winter/

Liam Merriam of Gil-

Bethaney Ford of La-

Tyler Hazelton of Gil-

Rachel Langlitz of Gil-

spring, and summer.

conia

Full-time undergrad-

from January to May.

that Southern

Hampshire

off at the Parks and Recreation office- 328 Main St., Monday-Friday 8 a.m.-4 p.m. through June 1. The Community Clothing Swap will take place at the Pearson Road Community Center on Saturday, June 3 from 8 a.m.-noon. The donated clothes will be displayed and available for people to pick up and reuse. This event is free and is an effort to reduce, reuse and recycle.

Yoga for Relaxation The Alton Parks and Recreation Department and the Friends of the Gilman Library are sponsoring a free gentle Yoga program for ages 16 and up on Thursday, June 15 at the Gilman Library from 6-6:45 p.m. The program is designed for all abilities. Join us as we move through a series of stretches that will open tight areas in our body, strengthen weak muscles and calm our mind. Program is led by AFAA certified instructor Kellie Troendle. Exercises are fluid, flowing and gentle. Movements can be completed on the floor or in a chair with modifications. Areas covered include: deep breathing, chest openers, spine lengthening, stretches for the back and shoulders, abdominal work and restful relaxation. Learn new techniques to feel better- both mind and body. Yoga mats are available

by request-contact 603-875-0109 or parksrec@ alton.nh.gov to reserve a mat. Looking forward to seeing you there. Bring water and a yoga mat.

Jay P. and Julie A. Cleary

J2 Custom Homes LLC

Patrick S. Hindle RET

Yvonne L. Barreiro

Yvonne L. Barreiro

Seth A. and Cathy L. Coates

Atlantic Property Management LLC

Danielle M. and Benjamin K. Feld

Domenic Carito

Randy W. Lewis

Matthew W. Lake

Dana M. Lonano

Paul Canto

Alton Bay Concerts at the Bandstand 2023

Concert Summer Schedule: 7-9 p.m. at the Alton Bay Bandstand, Alton Bay

July 1- The Shifters-Classic Rock and Roll; July 3- "Thursday After-noon Band"- Classic and Modern Rock-Fireworks to follow at 9:20 p.m.; July 5- "Thursday Afternoon Band" (Sponsored by the Water Bandstand Committee); July 8- The Visitors- Oldies, Classic Rock, Country Rock; July 15- Morgan-Nelson-Mix of Southern Rock, Country, Bluegrass and Original Music; July 22- Chris Bonoli- Soft Rock, Country and Classic Electric Blues; July 29- Saxx Roxx- Classic Rock with brass; Aug. 5- EZ Band- Classic and those destined to be: Aug. 12- Bittersweet-Classic Rock-Fireworks to follow at 9 p.m.; Aug. 19- Got It Covered Band-Cover Songs; Aug. 26-Saxx Roxx is back by popular demand to close out the Concert Series with Classic Rock with brass. Concerts are free and a great activity for all ages. Stop by the lake and enjoy the live music.

Gilford Parks and Recreation news

BY JENNY HANCOCK

Director Gilford Parks and Recreation

June 5- Bingo at the Gilford Public Library! Come join us at the Gilford Public Library to play Bingo! The Gilford Public Library and Gilford Parks and Recreation are Co-Sponsoring! This is on June 5 in the Meeting Room at 10 a.m.! Come for some coffee and pastries! Please reserve your spot

Adult Spring Hiking continues on Tuesday, May 23

by Thursday, June 1. See

you soon!

The Gilford Parks and Recreation Department is sponsoring a series of spring hikes for any adults looking for fresh air, fun and exercise. The hikes will be held on Tuesday mornings, beginning May 2nd and will continue throughout the spring. Participants will gather at 9:30 a.m. in the Gilford Town Hall before departing for the hike. There is no cost for this program, but all interested participants are asked to RSVP at least one day in advance to each trip.

For more information or to RSVP, please contact the Gilford Parks and Recreation Department at 527-4722.

Bolduc Park Golf Pro-

The Gilford Parks and Recreation Department is collaborating with Bolduc Park to offer Golf Lessons this spring. Youth and Adult Lessons are available at Bolduc Park in two, three-class sessions during the evenings this May and June. The session dates for youth lessons for ages 7 and up are; May 9, 16 & 23, 2023 and June 6, 13 & 20. The session dates for adults are; May 11, 18 & 25 and June 8, 15 & 22. Classes run from 5:30-7 p.m. each evening.

Cost: Youth Lessons Adult Lessons -\$100

All programs have limited availability and registrations will be accepted on a first come first served basis. For more information, please contact the Gilford Parks and Recreation Department at 527-

Tickets available for Red Sox bus trip on July

Gilford – The Gilford Parks and Recreation Department will be sponsoring a bus trip to watch the Red Sox at Fenway Park this summer. The trip is scheduled for Wednesday, July 26 to see the Red Sox play the Atlanta Braves. Travel to and from the game will be provided aboard a Premiere Coach Company, Luxury Coach fully equipped with climate control, DVD video system and lavatory. This trip is limited to 53 participants, so register early!

Cost: \$90 per person For more information, please call the Gilford Parks and Recreation Department at 527-4722.

Shooter's Gold Basketball Camp

Under the direction of Coach Paul Hogan, the camp will be held at the Gilford Middle School outdoor court from July 17-20 (Mon-Thurs.; Fri., July 21 may be used as a weather make-up).

Session #1, for boys and girls entering gr. 1 - 4, will run from 8 – 10 a.m.

Session #2, for boys and girls entering gr. 5 - 8, will run from 10 a.m. - 2 p.m.

Space is limited!

The registration fee for session 1 is \$95 prior

to June 1 and \$100 starting June 1. For Session II it is \$120 prior to June 1; \$130 starting June 1. Each participant will receive a basketball and a camp t-shirt. To register, visitwww.hogancamps.com or call the Parks and Recreation Department Office at 527-4722 for further information.

Wicked Cool For Kids Lego BricQ Motion

partner-We are ing with Wicked Cool for Kids to offer the camp: Lego Engineering! The LEGO BricQ Motion program is an exploration of forces and motion by testing design solutions. Participants modify their designs to get the optimum pull or push needed. Engineer a change in the speed or direction of an object with a push or a pull. Create an obstacle course for a dog, build a spring launcher for a race car derby and make a Minifigure dance party. Full day participants continue the challenges with LEGO Engineering Olympics as we compete in track and field, bobsled and weight lifting

Who: Children entering grades 1-5 in the fall of 2023

When: Aug. 7 – Aug. 11, 2023; Full Day 9 a.m. – 4 p.m., or Half Day 9 a.m.

Where: Gilford Middle School Cafeteria

Cost: Full Day \$385 per participant or Half Day \$275 per participant SNHU announces Winter 2023 Dean's List

manton April Parelius of Barnstead

Haley Gagnon of Center Barnstead

Southern New Hampshire University (SNHU) is a private, nonprofit institution with a 90-year history of educating traditional-aged students and working adults. Now serving more than 170,000 learners worldwide, SNHU offers approximately 200 accred-

graduate and certificate programs, available online and on its 300-acre campus in Manchester. NH. Recognized as one of the «Most Innovative» regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more

at www.snhu.edu. undergraduate,

Forest Pump & Filter Co.

Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

WELL DRILLING

PUMP SYSTEMS

FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE FOREST PUMP & FILTER CO., INC. 603-332-9037



All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals. NORTH COUNTRY COINS Main St., Plymouth, NH 536-2625

YARD SALE

(continued from Page A1)

was the busier day, even with the threat of rain.

On Main Street, Kristina Guignard and Richelle Glidden set up a big yard sale by the New Durham Sports Complex. The two said they do this event every year.

Items in the sale included things provided by family members and friends.

Glidden said Saturday was an especially busy day for the sale. She said Sunday was "a little busy" though not the same numbers.

Guignard said she was happy with how much traffic they got. It was also a great opportunity to meet people.

"Everybody's really nice," Guignard said.

GREEN

CLEAN

Call Emery at

E.G Roberts

hay and

firewood

603-733-6003

Hannah Meagher set up her own yard sale for the first time, though she said she has been part of the annual sale in some form since she was a kid. She said she has lived in new Durham most of her life and she has done the sale with her mother and grandparents.

"It's always been something that I remember," she said.

A lot of the items were kids' items, including clothes and toys for children from infants to 6-year-olds.

"My kids own too much stuff," she said. "(The) majority of it is either their clothes or old toys."

Melissa Fischetto and Shawn Henderson ran their yard sale on

Handy Dad

fixes things.

Leave a

message

and play

telephone tag.

Gunnar

269-3616

LOW COST

SPAY/NEUTER

Rozzie May

Animal Alliance,

cats and dogs.

Cat Cab service available.

Military discounts.

Sign up on line

www.rozziemay.org

or call 603-447-1373

Sunday. Their sale had an assortment of items including sports equipment, shoes, CD's old decorations, and others.

They said they had a lot of people on Sunday, though Saturday seemed to be a bit busier.

"We thought the rain would keep people away, but I guess it didn't," Henderson said.

Fischetto and Henderson did the sale the year before. Fischetto said she liked that there was a map showing the locations of all the different sales.

They said they liked having an opportunity to get rid of a lot of stuff, though the nice weather and meeting people was also a big bonus.

"It's nice to be outside and meet people," Henderson said.



Visitors look over the yard sale by the sports complex held by Kristina Guignard and Richelle Glidden.

GILFORD

(continued from Page A1)

seconds and finished in 11.25 seconds in the finals, also taking second place. Kimball was 41st overall in a time of 13.12 seconds.

Aiden Malek won the 300-meter hurdles with a time of 41.94 seconds, with Nicholas Haddocks in third place in 42.94 seconds and Cayden Krupnik in eighth place in 49.78 seconds.

Haddocks finished in second in the 110-meter hurdles in a time of 16.53 seconds, with Krupnick in fifth place in 19.9 sec-

Haddocks took fourth in the high jump with a height of five feet, seven inches, while in the pole vault, Ben Wolpin took third at nine feet, six inches, Bondaz was sixth at nine feet and Blackwelder Clark placed ninth at eight feet. Kimball was 12th in the long jump at 15 feet, 10.5 inches. While in the shot put, Allen was 11th with a throw of 34 feet,

11.5 inches. The Gilford 4X400-meter relay team of Patrick Haddocks, Gandini. Malek and Reese finished in first with a time of 3:37.86, while the 4X800-meter team of Stow, Forest, XXX and XXX finished in second in a strong time of 9:01.72.

The girls' 4X800-meter relay team of Kaitlyn O'Brien, Georgia Eckhardt, Alana Sawyer and Megan Hughes finished first with a time of



Saturday's Wilderness Championships. the 4X80 11:07.22. The 4X400-meter shot put at LaPlume.



the 4X800-meter relay beside Newfound's Ben



Isaiah Reese charges from the blocks in the 100 meters on Saturday in Tilton.

team of Bella Lesniak, Eckhardt, Sawyer and Allie Kenyon finished in fifth in 4:43.66 and the 4X100-meter team of Kenyon, Sidney Bartlett, Addy Wernig and Brook Kimball placed sixth in a

time of 58.09 seconds. Eckhardt won the 3,200 meters in a time of 13:09.36 and Sawyer ran to fifth in the 1,600 meters with a time of

5:55.76. Abby Kenyon placed second in the discus with a toss of 92 feet, four inches. Taryn Wernig placed 12th at 66 feet, three inches and Kimball in 14th at 59 feet, seven inches. Kenyon added a sixth place in the javelin at 84 feet, nine inches and was eighth in the

28 feet, 5.75 inches.

Allie Kenyon finished in fifth place in the 400 meters in a time of 1:05.77, while in the 800 meters, Hughes was 15th in 2:55.38 and O'Brien was 17th in 2:56.66.

Maelys Nolet finished in sixth place in the 300-meter hurdles with a time of 57.76 seconds, while Abby Shute was sixth in the high jump, clearing four feet, three inches. Shute was also seventh in the pole vault at six feet and Kimball was 11th at five feet, six inches. Addy Wernig placed 14th in the long jump at 12 feet, 6.25 inches while Kimball was 16th in the triple jump at 25 feet, 11 inches.

In the 100 meters



Meghan Hughes leads off the 4X800-meter relay during Saturday's Wilderness Championships.

Addy Wernig was 28th in 15.19 seconds, Bartlett was 33rd in 15.68 seconds and Maggie Port was 34th in 15.85 seconds. Allie Kenyon added a seventh place in the 200 meters in a time of 29.89 seconds, with Addy Wernig in 22nd place in 31.59 seconds.

The Golden Eagles who qualified competed after deadline on Wednesday at Sanborn in the Division III State Meet.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Equal Housing

Opportunity All real estate advertising in this

newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or

rental of a dwelling that indicates any preference, limitation, or

discrimination based on race,

color, religion, sec, handicap, familial status or national

origin, or an intention to make

any such preference, limitation or discrimination.

(The Fair Housing Act of 1968

at 42 U.S.C. 3604(c))

This paper will not knowingly accept any adverting which is in

violation of the law. Our readers

are hereby informed, that all

dwellings advertised in this

newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is

1-800-927-9275 You may also call

The New Hampshire

Commission for Human Rights at 603-271-2767 or write

The Commission at 163 Loudon Road,

Concord, NH 03301

Neither the Publisher nor the

advertiser will be liable for

misinformation, typograpȟically

errors, etc. hereincontained. The

Publisher reserves the right to

refuse any advertising.



Feeling a little **Crowded?**

Look for that new home in our real estate section.



MEREDITH OFFICE 97 Daniel Webster Hwy (603) 279-7046

LACONIA OFFICE 1921 Parade Road (603) 528-0088

REAL ESTATE: WWW.ROCHEREALTY.COM





for the beach and the marina.



Bay with an attached 2-car garage that has in a private spot that borders 3 streets. Great access home in West Point Association only a a quiet neighborhood close to Concord. been meticulously maintained and updated. area with gorgeous Lake Winnipesaukee short walk away from the beach. Featuring The first floor is ADA accessible with a Enjoy the beautiful beach and day docking on beach access, clubhouse, playground, tennis a new roof and skylights. Amenities include step-free entrance and adapted bathroom. Lake Winnipesaukee. The back deck over looks courts and boat launch. Large parking area playground, tennis court, basketball court, and Enjoy mature apple trees, peach tree, boat slips/moorings by seniority. Town boat and blackberry bush. The perfect balance launch is down the street



4BR/4BA, 2,678 sf. detached ranch at Holiday Rare 0.92 acre lot in Suissevale on a paved road 3BR/2BA, 1,334 sf. Lake Winnipesaukee water 3BR/2BA, 2,652 sf. ranch home located in



Voted #1 BEST Real Estate Company in NH's Lakes Region, 2019, 2020, 2021 & 2022! Voted #1 BEST Commercial Real Estate Broker, 2020, 2021 & 2022! Over 10,000 **CLOSED** transactions in New Hampshire!



<u>Camelot HomelCenter</u> \$74,995 \$84,995 BUY NOW WHILE \$93,995 **PRICES ARE LOW!** \$128,995 115,995 48' 3 Bed 2 Bath Homes From COLONY, MARLETTE, \$149,995 **NEW ERA, & TITAN** \$175,995 4 4 44 1,900sq ft. 2 story -Master Bed 1st Floor 8.6 [88] [68] \$208,995* 3 Bedroo WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU Rt. 3, Tilton NH, exit 20 on Rt. I-93 across from Lakes Region Factory Mall • WWW.CM-H.COM

OPEN HOUSES SATURDAY 10AM-12PM



MEREDITH 59 Brook Hill (Model Unit) Luxury townhomes featuring 2 BRs, 2 baths, 2 bonus rooms, sunroom, & attached garage. Starting at \$549,000



MEREDITH 426 Daniel Webster Hwy Duplex with each side featuring 2BRs, 2 baths, and a 50'x22' Toy Box garage underneath. \$1,200,000 #4937858



NEW HAMPTON 178 Straits Road Timber Frame Contemporary on 55 acres with 3 BRs, 4 baths, cathedral ceilings, a finished walkout basement, and a floor to ceiling fieldstone fireplace. \$1,1000,00



285 Daniel Webster Highway • (603) 677-7007 • www.MeredithLanding.com

Alton resident Randolph Dyer completes intensive research project

—Randolph Dyer, a member of the class of 2023 majoring in Computer Science at Worcester Polytechnic Institute (WPI), was a member of a student team that recently completed an intense research project titled Enhancing methods of outreach to promote water conservation.

At WPI, all unare redergraduates quired to complete a research-driven, fessional-level project that applies science and technology that addresses an important societal need or issue. About two-thirds of students complete a project at one of the university's 50plus off-campus project centers, which are located around the world. A signature element of the innovative undergraduate experience at WPI, the project-based curriculum offers students the opportunity to apply their scientific and technical knowledge to develop thoughtful solutions to real problems that affect the quality of people's lives-and make a difference before they graduate.

ect-based curriculum's focus on global studies brings students out of the classroom and their comfort zones and into the global community to apply their knowledge and to solve problems,' said Professor Kent Rissmiller, professor of Integrative& Global Studies and associate dean of The Global School. "Students are immersed in all aspects of a different culture, from the way people live and work to the values they hold to the foods they eat - all valuable perspectives for surviving and thriving in today's global marketplace. They also learn the meaning and magic of teamwork; make a real and meaningful difference in their host community; and gain a competitive edge for any resume, or graduate or professional school application."

Worcester About Polytechnic Institute

WPI, a global leader in project-based learning, is a distinctive, technological top-tier university founded in 1865 on the principle that students learn most

the theory learned in the classroom to the practice of solving real-world problems. Recognized by the National Academy of Engineering with the 2016 Bernard M. Gordon Prize for Innovation in Engineering and Technology Education, WPI's pioneering project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. WPI offers more than 70 bachelor's, master's, and doctoral degree programs across 18 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. Its faculty and students pursue groundbreaking research to meet ongoing challenges in health and biotechnology; robotics and the internet of things; advanced materials and manufacturing; cyber, data, and security systems; learning science; and more www. wpi.edu

Sarah Morrissette of Laconia among scholars to graduate from Regis College

WESTON, Mass. — Sarah Morrissette of Laconia graduated with a MS in Nursing - Pediatric Nurse Practitioner from Regis College during the May 6, 2023 commencement exercises. Morrissette was among more than 1,300 students who received degrees ranging from associate to doctoral levels.

Members of the Class of 2023 celebrated their accomplishments with an inspirational commencement ceremony at the Leader Bank Pavilion in Boston featuring WHDH's 7NEWS Today in New England anchor Amaka Ubaka, who delivered the commencement address and received an honorary degree. Philanthropists Bill and Joyce Cummings also received honorary degrees.

"It is now up to you to take what you have learned and leave this ceremony committed to bettering the world around us with your knowledge and compassion. As the journey continues for each of you, I am confident in the future because you are in it," Regis College President Antoinette M. Hays, PhD, RN said to the graduates.

Ubaka delivered the university 12 miles west

commencement dress urging graduates to embrace their "rebel hearts," a term used by the late singer Harry Belafonte to encourage individuals to stand up for what they believe in, even if it goes against the norm.

"Whether it's through volunteering, activism, or pursuing a career that aligns with your values and passions, each of you has the power to create positive change. Remember that life is a journey, not a destination. There will be ups and downs, twists and turns, and unexpected surprises along the way. Embrace the journey and don't be too hard on yourself if things don't always go as you planned in your head." said Ubaka. "As you move forward, remember that your unique experiences and perspectives are what make you special. Embrace your rebel heart, pursue your passions, and don't be afraid to take risks."

Thousands of friends and family members attended the ceremony, bringing their support and enthusiasm in celebration of the graduates' achievements.

Regis College is a coed

of Boston in Weston, Mass. founded by the Sisters of St. Joseph of Boston. With over 3,200 undergraduate, graduate, and doctoral students enrolled on campus and in fully online graduate programs, Regis provides an academically rigorous education within the schools of nursing, arts and sciences, business and communication, and health sciences. In line with Regis' mission of providing innovative, industry-focused learning opportunities, the university offers academic partnerships with hospitals and local employers, a clinical dental center in Waltham, Mass., and bachelor's completion and accelerated nursing programs at its campus in Lawrence, Mass. The university's 20 NCAA Division III athletic teams compete within the Great Northeast Athletic Conference (GNAC). Regis educates the whole person, preparing our students to pursue excellence, to become change agents in their own communities, and to serve and lead as advocates for a more just and compassionate global society. Visit regiscollege.edu to learn more.

Prospect Mountain alum graduates from WPI

Nikolas Neathery, who graduated from Prospect Mountain High School with an honors diploma in 2019, recently

Brian Hikel played an enormous roll in his success.



Jayne Matzelle of Alton set to graduate from SUNY Potsdam

POTSDAM, N.Y. — Jayne Matzelle of Alton is set to graduate magna cum laude from SUNY Potsdam with a Bachelor of Music degree in Music Education. The State University of New York at Potsdam will honor Jayne and the other candidates for graduation at Commencement 2023, on Saturday, May 20.

During Commencement, SUNY Potsdam honors students who have either earned their degree or are eligible to graduate during that calendar year. To learn more about Commencement at SUNY Potsdam, visit www.potsdam.edu/ commencement.

About SUNY Potsdam

Founded in 1816, The State University of New York at Potsdam is one of America's first 50 colleges -- and the oldest institution within SUNY. Now in its third century, SUNY Potsdam is distinguished by a legacy of pioneering programs and educational excellence. The College currently enrolls approximately 3,000 undergraduate and graduate students. Home to the world-renowned Crane School of Music, SUNY Potsdam is known for its challenging liberal arts and sciences core, distinction in teacher training and culture of creativity. To learn more, visit www.potsdam.edu.

Rylie Treat achieves Dean's **List at Belmont University**

NASHVILLE, Tenn. — Rylie Treat (Laconia) qualified for Belmont University's Spring 2023 Dean's List. Approximately 49 percent of Belmont's 6,552 undergraduate students were named.

Belmont Provost Dr. David Gregory said, "For Belmont's vision of becoming the leading Christ-centered university in the world to be realized, having a student body that is keenly committed to academic excellence, among other things is required. Dean's List achievements are consistently earned by a high percentage of the student body, giving evidence of an ever-increasing regard for scholarship across all programs. It is an honor to have a body of students as dedicated to stellar academic performance as it is to extra and co-curricular excellence."

Dean's List eligibility is based on a minimum course load of 12 hours and a quality grade point average of 3.5 with no grade below a C.

About Belmont University

Located two miles from downtown Nashville, Tennessee, Belmont University comprises nearly 9,000 students from every state and 33 countries. Nationally ranked and consistently recognized by U.S. News & World Report for innovation in higher education, the University offers more than 115 areas of undergraduate study, 41 master's programs and five doctoral degrees. With a focus on whole person formation and data-informed social innovation, Belmont is committed to forming diverse leaders of character equipped to solve the world's complex problems. For more information, visit www.belmont.edu.





Renowned historian to deliver lecture at Museum

WOLFEBORO The Wright Museum of WWII is excited to announce that Edward E. Gordon, Ph.D., a leading expert in World War II history will be delivering a lecture at the museum on June 6 at 7 p.m., doors open at 6:30 p.m. This event is open to the public and is expected to draw a large crowd of history enthusiasts.

Gordon is a highly respected scholar with decades of experience studying and writing about WWII. His work has been widely published in prestigious academic journals and he has authored 21 books. Dr. Gordon's insights have contributed greatly to our understanding of history and his work has been praised for its depth, accuracy, and accessibility.

During the lecture, entitled "Divided on D-Day; How Conflicts and Rivalries Jeopardized the Allied Victory Normandy," don will delve into the personal and national rivalries of the Allied Commanders, exploring their historical significance and shedding new light on this important aspect of the final year of the war. The lecture will be followed by a Q&A session, providing attendees with the opportunity to engage with Gordon directly.

"We are thrilled to welcome Dr. Gordon to our museum and to offer this opportunity to the community," said Mike Cooper, Board Chair. "His extensive knowledge and passion for the impact of the D-Day Invasion make him the ideal speaker for this event, and we are certain that attendees will come away with a deeper understanding and appreciation of this fascinating topic."

Admission is \$5 for members and \$10 for non-members. Reservations are required and can be made online at www.wrightmuseum. org/lecture-series by calling 603-569-1212. Don't miss this opportunity to hear from one of the leading voices in the field of D-Day history. Lectures are held at the Wright Museum of WWII, 77 Center St., Wolfeboro, at 7 p.m.

For more information, please visit www. wrightmuseum.org or contact Donna Hamill at 603-569-1212 or donna. hamill@wrightmuseum.

Contact: Peggy Hennelly-Maniates, utive Director of the Wright Museum WWII 603-569-1212 /peggy.hennelly-maniates@ wrightmuseum.org.

Town of Tuftonboro RFP

Sealed bids being accepted. The Town of Tuftonboro proposes to engage the services of a company that can provide and install two independent clean agent fire suppression systems to protect the contents of first floor and basement archive rooms at the Tuftonboro Town Offices. Clarifications of terms and conditions of the proposal, as well as requests for existing details, and scheduling of mandatory site visit for all submitting vendors shall be directed to: Town of Tuftonboro, Board of Selectmen, 240 Middle Rd, PO Box 98, Tuftonboro, NH 03816 or by calling 603-569-4539 or by email to: selectmen@tuftonboronh.gov Proposals must be received no later than 4:00pm, Friday, June 2, 2023

Town of Tuftonboro RFP

The Town of Tuftonboro is accepting Sealed Bids for construction of the 19 Mile Bay Crosswalk and Traffic Signal project. The DESIGN, DRAWINGS, SPECIFICATIONS, and CONTRACT DOCUMENTS may be examined and obtained at Tuftonboro Town Offices, Board of Selectmen, 240 Middle Rd., PO Box 98, Tuftonboro, NH 03816 or by calling 603-569-4539 or by email selectmen@tuftonboronh.gov

Proposals must be received no later than 4:00pm, Friday, June 23, 2023

SIDEWALK

(continued from Page A1)

during these delays.

On May 13, Public Works announced that the old sidewalks and curbing had been removed and the new sidewalks were ready for installation. Tri State Curb set up the curbing that would be ready for the cement to be colored red, poured, and stamped with a brick pattern from Morin Insurance to the swim dock. Public Works urged people to stay off the sidewalk and keep their animals off the sidewalk for a 24-hour period as the cement cured.

Shibley's on the Pier was closed for May 17

so the sidewalk could be next morning.

"We can't express enough our gratitude for Dave Shibley, owner and his staff at Shibleys at the Pier for the cooperation and partnership in the project," Public Works wrote in one post.

On May 18, Public Works posted that over the past few days the concrete was poured and stamped from the swim area to Shibleys on the Pier with work continuing from Shibleys to Morin Insurance. As work continued on the sidewalks, the back portions were loamed and seeded.

On May 19, Tri State Curb finished the pour-

ing and stamping while poured and reopened the Public Works paved the curb line and install erosion control mating as well as continuing to loam and seed the back slope.

> "Thank you for everyone's patience and support to allow this talented DPW crew and contractors to construct some great safe sidewalks for all to use for many years to come," the DPW wrote.

> Work is continuing on the project as of May 20, though the sidewalk is open and usable at Alton Bay. Public Works posted that the project would likely be in its final stages by Memorial



Work is almost done on the sidewalk project in Alton Bay. The old brick sidewalk was replaced with a sidewalk of red, stamped concrete.

STORMS

(continued from Page A1)

the rainstorm, especially in Gunstock Acres, involved private culverts getting blocked. He said a lot of property owners might not be aware that they are responsible for

maintaining their culverts.

"I absolutely applaud you for the fact you're trying to communicate to property owners because frankly people may not even understand," Benavides said.

"It's not evil intent, its just you buy your house that culvert at the end of the driveway, that's yours. People don't understand until it collapses or until there's a problem."

Theriault said the

department is trying to educate the public about their culverts, wanting property owners to understand the culvert is theirs and keep an eye on its condition.

"I wouldn't even say 25 percent of people Theriault said.

know it's their responsibility typically," Theriault said. "When talking to people they have no idea it's in the right of way, it's yours, so I think that's on me to do some public education,"

She said she wants to do a public information campaign similar to the Recycle Right campaign.



WE ARE HIRING!

PSI Molded Plastics is located in beautiful Wolfeboro, NH. We offer competitive pay rates

Benefits include Health & Dental Insurance, Vision, Short Term Disability, Long Term Disability, Life Insurance, 401k, 10 paid holidays, paid vacation time, paid sick time, and many other incentives!

Quality Inspector – 2nd shift – Starting Pay \$18.00, plus shift differential. Sanders –2nd shift – Starting Pay \$19.00, plus shift differential.

Painters - 2nd and 3rd Shift - Starting Pay \$21.00, plus shift differential. Assemblers – 2nd and 3rd shift – Starting Pay \$18.00, plus shift differential. Press Operators-1st, 2nd and 3rd shift - Starting Pay \$18.00, plus shift differential. Mold Setter/Mechanic – 1st, 2nd and 3rd – Starting Pay \$21.00, plus shift differential.

Process Tech – 2nd and 3rd Shifts– Starting Pay \$23.00 Machinist 2nd shift - Starting Pay \$22.00 and up depending on experience.

> **Production Supervisor 2nd shift – Salary Exempt** Production Supervisor 3rd shift - Salary Exempt Customer Service Manager – Salary Exempt

Mechatronics/Robotics Engineer - Salary, Exempt Position

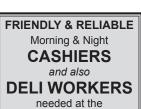
\$1.00 per hour shift differential on 2nd shift. \$2.00 per hour shift differential on 3rd shift.

\$1,000 SIGN ON BONUS **SUBJECT TO TERMS AND CONDITIONS

For immediate consideration, please come to Five Wickers Drive Wolfeboro, NH to complete an application or visit our website for more information at www.psimp.com. You can also email your resume directly to donna.doyle@psimp.com, please be specific as to what shift and position.

> PSIMP an Equal Opportunity Employer. ISO 9001:2015 Registered.

ELP WANTEN



Following Locations: Bosco Bell **Blueberry Station**

Both on Route 28 Barnstead Please apply in person.



based on experience.

Call Eddie 603-393-0548



Brewster BREWSTER ACADEMY Wolfeboro NH

Vacancies

Summer Grounds Crew

Academy Brewster is currently accepting candidates for full-time summer grounds crew. Duties include maintaining grounds in a clean and orderly manner including mowing, trimming, and weeding, operating grounds maintenance equipment; replacing plants as needed; maintaining grounds maintenance equipment; Assisting groundskeepers in various grounds duties.

Interested candidates should forward resume HR@brewsteracademy.org or mail it to Human Resources, 80 Academy Drive, Wolfeboro, NH 03894.

> Brewster Academy is an Equal Opportunity Employer.



Lakes Region Environmental Contractors

Pipe Fitters / Laborers wanted. Must have a valid driver's license with a clean driving record and be able to pass DOT physical. Must have mechanical aptitude, troubleshooting skills, have strong commitment to quality. ICC Certified, HAZMAT Certified and/or CDL License is a Plus but Not required. Willing to train.

Year-round employment with paid Travel, Holidays,

Vacation and Weekends Off

Please call 603-267-7000

Valley Hospital

JOB OPPORTUNITIES

Spotlight Positions:

Phlebotomist Registered Nurse

RN - ORRN – Med/Surg Charge Nights RN Nurse Manager – ED/Med-Surg Endoscopy Technician Physical Therapist

Health Unit Coordinator Environmental Services Technician

Certified Surgical Technician Multi-Modality Radiologic Tech Medical Assistant Medical Technologist

APPLY ONLINE

WWW.UCVH.ORG

Upper Connecticut Valley Hospital 181 Corliss Lane, Colebrook, NH 03576 Phone: (603) 388-4236 Ucvh-hr@ucvh.org EOE

salmonpress.com

salmonpress.com

SHAKER REGIONAL SCHOOL DISTRICT

COACHING VACANCIES

Shaker Regional School District is seeking coaches for the 2023-2024 season for following athletic teams:

Varsity Coed Golf **JV Girls Soccer**

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@sau80.org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, includin g fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.

SHAKER REGIONAL SCHOOL DISTRICT

EMPLOYMENT OPPORTUNITIES

Belmont Elementary School:

1-1 Behavioral Assistant Classroom Assistant General Sepcial Education Assistant Special Education Teacher - SLD Title I Tutor

Belmont High School:

1-1 Behavioral Assistant (2) 1-1 Special Education Assistant Math Teacher School Secretary

Belmont Middle School:

1-1 Behavioral Assistant (3) English Teacher - 8th Grade General Special Education Assisttant (2) STEM/Technology Teacher

Canterbury Elementary School

1-1 Behavioral Assistant (3) English Teacher - 8th Grade General Special Education Assisttant (2) STEM/Technology Teacher

District Wide

Director of Information Technology Elementary Computer Integration Teacher Elementary School Psychologist Middie/High School Psychologist Speech & Language Assistant, Certified

For complete details for any of the above positions please visit the Human Resources pages of the District website, www.sau80.org, or contact Debbie Thompson, Business Administrator at 603-267-9223 ext 5303 or dthompson@sau80.org.

Carroll County is Hiring!

Carroll County has immediate openings for maintenance workers. These positions are full-time 40-hour week positions. Salary is commensurate upon experience and includes a generous benefits package: medical, dental, vision, flexible spending accounts, retirement (pension and 457b), paid time off, holidays (including your birthday!)

Experience in painting, general building maintenance, and custodial work is required. Must also possess a valid State of NH Driver's License or the ability to obtain one within the first six (6 months of hire). The successful applicant will be team oriented, have a pleasant demeanor, strong work ethic, and the desire to work in a nursing home environment.

EOE

Apply online at: http://www.carrollcountynh.net Email/mail/drop off your resume or application to Human Resources at: HR@carrollcountynh.net 95 Water Village Road, Ossipee, NH 03864

603-539-9297 (secure fax)

SHAKER REGIONAL SCHOOL DISTRICT SUBSTITUTE NURSE POSITION

Shaker Regional School District is seeking qualified individuals for Substitute School Nurse assignments, covering school nurse absences, on an on-call basis. Substitute nurses receive \$150.00 per day/ \$75.00 per half-day. Substitute nurses must be a Registered Nurse in the State of NH, and complete a post-offer, pre-employment physical and criminal background check, including fingerprinting.

Applications can be obtained through the District website at https://www.sau80.org/ departments/human_resources, by visiting the Superintendent of Schools Office at 58 School Street, Belmont, NH or by calling 603-267-9223.

Shaker Regional School District serves the communities of Belmont and Canterbury, NH and is an Equal Opportunity Employer.



Now Hiring! Full Time Laborers **CDL Drivers Equipment Operators**

We offer a competitive salary based on experience. 100% paid health insurance, paid vacation, holidays and a voluntary profit-sharing plan. Must have a valid driver's license and able to obtain OSHA 10 card. Pre-employment CDL drug screening required.

Call us at 603-539-2333 or email resume to office@integrityearthworks.com or find our application online at integrityearthworks.com

SHAKER REGIONAL SCHOOL DISTRICT

FULL-TIME YEAR-ROUND CUSTODIANS

Shaker Regional School District has immediate openings for two (2) full-time, year-round, custodians at Belmont Middle School and one (1) full-time, year-round custodian at Belmont High School to perform cleaning according to an established schedule. Hours are 3:00 pm – 11:30 pm, with a half-hour lunch during the school year and 6:30 am - 3:00 pm, with a half-hour lunch during school vacations. Starting pay is \$14.37/hour through June 20, 2023, then \$15.87/hour effective July 1, 1023. Must be reliable, have the ability to work independently and follow written and verbal instructions. Our full time positions qualify for our comprehensive benefit package including health, dental, life, long-term disability and paid sick, personal and holidays. Please submit an application and 3 letters of reference to Steve Dalzell, 58 School Street, Belmont, NH 03220. You may contact Mr. Dalzell at 603-267-9223 ext. 5309 to obtain an application or visit the Human Resources section of our website: www.sau80.org. Successful completion, with satisfactory results, of a post-offer pre-employment physical and criminal background check, including fingerprinting, are required. Shaker Regional School District serves the communities of Belmont and Canterbury, NH and is an equal opportunity employer.

TOWNEPLACE **SUITES®**

BY MARRIOTT

in Gilford, NH is actively looking for

Housekeeping

Full Time and PT Great Pay and Hotel Discounts

Apply at:

14 Sawmill Road • Gilford, NH • 603-524-5533 We offer Competitive wages, excellent employment perks all in a fun, friendly work environment.

HELP WANTED LEGAL SECRETARY

Busy Wolfeboro law firm seeks enthusiastic, energetic, talented and experienced full-time legal secretary. Excellent word processing, computer and people skills a must. Medical and retirement benefits are available. Please call and send resume with your job qualifications and salary requirements to Randy Walker at Walker & Varney, P.C., P.O. Box 509, Wolfeboro, New Hampshire, 03894 (569-2000).

ALL WE KNOW IS LOCAL ~ SalmonPress.com













Still Garden art show to exhibit local artists

WOLFEBORO — Governor Wentworth Arts Council's next exhibition is entitled "Still Garden" and will display floral still life works of art from GWAC member artists.

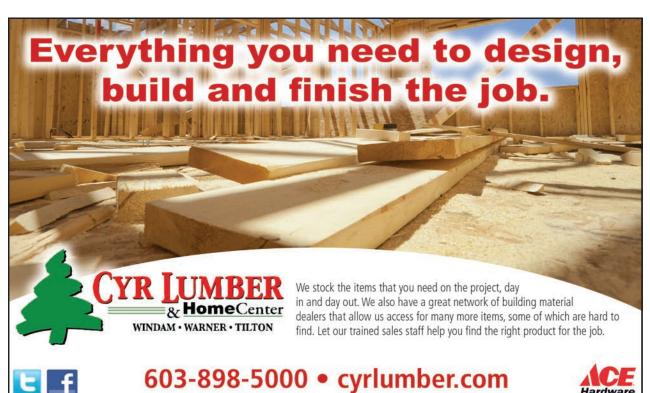
The loveliness that can come from a setting of natures mortes or dead natures has been inspiring artists for hundreds of years. Still lifes are often associated with material decay and the futility of worldly life. To present a showcase of beauty within apparent death and decay pays respect to new life and life lost as we come into the warmer months.

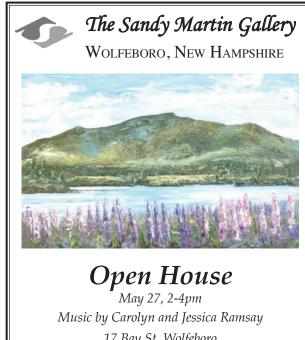
Showcasing the ephemeral beauty of flowers and plants in a still life setting, the show will feature art in 2D mediums of flowers and plants as well as other naturalism based loved ones, humans and animals alike. "Still Garden" will take place in the lobby of Huggins Hospital from May 27 until July 15.

You can learn more about Governor Wentworth Arts Council's support of the arts in the eastern Lakes Region, including the opportunity to show at upcoming exhibits and events at governorwentworthartscouncil.org.

The "Still Garden" exhibition will be on display at Huggins Hospital beginning May 27.

Courtesy





17 Bay St, Wolfeboro

SandyMartinArt.com • 603 556-2456



SEASON

7.15

The Sweet Caroline Tour Starring Jay White

CONCERTS in the CLOUDS

7-22

The MAGIC of ABBA

Featuring ABBAcadabra

7.28

Neil Berg's 50 Years of **Rock and Roll**

8.5

The Midtown Men

Stars from the Original Broadway Cast of Jersey Boys

8•16

Great Waters Gala

Featuring Jessica Vosk

8.19

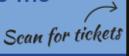
Classic Albums Live Performs CCR Chronicle Vol.1-

Note for Note, Cut for Cut





Empire Trio





GreatWaters.org or call (603) 569-7710







Sale Since COVID!





Stoves **JØTUĽ**



10% OFF All In Stock Enviro Pellet Stoves

ENVIRO

Extra Savings Supply is limited! **On Select Floor Models**

Pellet Hudson River Davenport w/ Legs...... Retail \$3,939 **SALE PRICE \$3,335** Pellet Hudson River Kinderhook...... Retail \$3,837 SALE PRICE \$3,240 Pellet Piazetta Monia 2.0 White Retail \$3,938 **SALE PRICE \$3,347** Pellet Piazetta Sabrina 2.0 Bordeaux Retail \$4,782 **SALE PRICE \$4,065** Coal Hitzer EZ Flo 30-95 Coal Stove Retail \$2,706 **SALE PRICE \$2,435** Wood Nectre Wood-Fired Cook Oven DXN350..... Retail \$4,600 **SALE PRICE \$3,680**



(603) 522-3028

www.woodmansforgefireplace.com

579 Pine River Pond Rd, Wakefield, NH Spring/Summer Hours:

Tues-Fri 9-5, Sat 9-3, Closed Sun & Mon