

Rain or Shine Under Canopy Free Parking Free Admission

Gunstock
MOUNTAIN RESORT

Craft Fair
July 4-5
Sat & Sun 10-5

110+ Fabulous Exhibitors!!!
Woodcarving Demo By Elise!
North River Music!
719 Cherry Valley Rd
Rt. 11A - Gilford NH
joycescraftshows.com (603) 387-1510



THURSDAY, JUNE 25, 2026 FREE
SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

Three Raiders earn girls' lacrosse All-State honors



JOSHUA SPAULDING

Belmont goalie Shelby Mason earned First Team All-State for Division III girls' lacrosse.

BELMONT — The girls' spring lacrosse season at Belmont High School has been one like no other. The team had a distinct advantage, losing no seniors from 2025, and had a solid block of girls who had played together including senior goalie Shelby Mason, juniors Gabby Murphy and Mia Kenison, sophomores Brooke Murphy, Augusta Provencal, Grace Collins, Lexi Carr, Kira Perry, Brooke Varnum and

Grace Collins. Freshman Morgan Schofield arrived with youth lax experience extending to fourth grade. That gave newcomers Daylan Henry, Ava Perry and Reese Paquette with a lot of support in their introductory year. The team also welcomed Madi McClelland, a second semester senior from Virginia who had played lacrosse already but found herself plopped in the middle of New Hampshire in December of her senior year.



Brooke Varnum was presented Second Team All-State for Division III girls' lacrosse for the Belmont Raiders.

The one thing that changed was the coaching staff. New coach, Rose Marie Marinace has been coaching high school and youth for 15 years in New Hampshire having been head coach at Sant Bani School and Bishop Brady, and most recently, JV coach at Bishop Guertin in Nashua for the last four years. Marinace has been a

fixture at Laconia Lacrosse Club, and is also a practice coach at 4-Leaf in Hooksett.

"Lacrosse wasn't a game available to me when I was young," she says. "Knowing how to play the game is different from explaining it. I take every opportunity to learn how to explain the job and build the skills of each player



Madi McClelland of Belmont earned Division III Second Team All-State honors.

I can get—working with and learning from higher-level coaches every way I can." Marinace is a USA Lacrosse Platinum-Level certified coach, which requires training and continued development in skills and tactics of the women's game.

This season saw the Raiders break through with a program-record breaking

two wins, and improved performance over last year in nearly every game, often against teams with more than twice as many players as the Raiders had; often with only two subs on the sidelines, sometimes fewer.

"The program has only won one game ever as a varsity, and that was

SEE ALL-STATE, PAGE A8

Local projects receive Northern Border Regional Commission grants

REGION — Communities and organizations across seven rural New Hampshire counties will receive more than \$8.1 million in federal funding through the Northern Border Regional Commission (NBRC) Catalyst Program, supporting projects with a total economic impact of approximately \$18.4 million.

Established by Congress in 2008, the NBRC is a federal-state partnership that has contributed more than \$64 million into rural regions of New Hampshire for the last 10 years. Communities in all or portions of Belknap, Carroll, Cheshire, Coos, Grafton, Merrimack, and Sullivan counties are eligible for project funding focused on strengthening economic opportunity and infrastructure.

The 16 awarded projects this spring reflect priorities

SEE GRANTS, PAGE A8

BELMONT — Lakes Region Community Developers (LRCD) and the Save Our Gale School Committee (SOGS) are pleased to invite the public to a ribbon-cutting ceremony and open house for the renovated Gale School building at 60 Concord Street in Belmont on Tuesday, June 30. The ribbon-cutting ceremony will take place at 11 a.m. The open house will run from 5 to 7 p.m.

Construction on the highly anticipated historic preservation project began in June 2025. The development team includes Warrenstreet Architects, JH Spain Construction, and 106 Associates.

"The building is ab-

solutely stunning," said Carmen Lorentz, LRCD's Executive Director. "The team did an outstanding job, and we are excited to bring the community inside to see the results of the craftsmanship and hard work that went into this historic renovation."

The Gale School was built in 1894, and was used by the Belmont school district until the mid-1980s. The building sat vacant since then, and years of neglect took their toll. SOGS worked for 40 years to save the building from demolition. A partnership between SOGS and LRCD was a critical turning point for the project.

SEE GALE SCHOOL, PAGE A8



COURTESY

Construction progress as of early June 2026 on the Gale School, 60 Concord St., Belmont.

Franklin Savings Bank supports Tilton School's Fifth Annual Golf Tournament as Platinum Sponsor

FRANKLIN — Franklin Savings Bank is proud to be the Platinum Sponsor of Tilton School's Fifth Annual Golf Tournament. This sponsorship reinforces

the Bank's longstanding commitment to supporting local education and community partnerships. The tournament, benefitting Tilton School and its student

programs, brings together community members, alumni, and supporters for a day of friendly competition and philanthropy.

"Tilton School plays an

important role in strengthening our community through education, and we are proud to stand alongside them," said Brian Bozak, President & CEO at Franklin Savings Bank. "Community partnerships like we have with Tilton School are a great example of why we choose the FSB tagline: Growing Stronger Together."

The event provides a wonderful opportunity for the Tilton community and local supporters to gather, connect, and enjoy a fun and memorable day on the golf course. The tournament took place on June 11th at the Stonebridge Country Club in Goffstown, NH.

"We are incredibly thankful to Franklin Savings Bank for their leadership and generosity as

the Presenting Sponsor of our 5th Annual Golf Tournament. The event united the extended Tilton School community and raised significant scholarship support, helping ensure that talented students can access the transformational opportunities a Tilton education provides," explains Thomas Pratt, Chief Advancement Officer.

Tilton School is an independent boarding and day school for students ninth through post-graduate. They are proud to be accredited by the Association of Independent Schools.

For more information about Tilton School, visit <https://tiltonschool.org/>

Established in 1869, Franklin Savings Bank is an independent, mutually-owned community

bank, offering an array of commercial lending, personal banking and investment services. The Bank also offers investment and financial planning services through its wholly-owned subsidiary, Independence Financial Advisors. A recognized leader in providing the latest in financial services technology, Franklin Savings Bank remains committed to serving the needs of businesses, families and the communities it serves, through a dedicated team of employees, a diverse line of financial products and services, and continued investment in emerging technology. Visit www.fsbnh.bank to learn more or follow the bank on Facebook, LinkedIn, Instagram, and YouTube.



COURTESY

Jon Jones, SVP, Senior Loan Officer, Franklin Savings Bank; Chris Dickenson, SVP, Commercial Loan Officer, Franklin Savings Bank; Jessica Price, CFO, Franklin Savings Bank; Derek Krein, Head of School, Tilton School; Todd Watson, VP, Commercial Loan Officer; Glen Waring, CFO, Tilton School; John Shaughnessy, Chairman of the Board, Tilton School; Mike Duval, SVP, Commercial Loan Officer; Craig Patenaude, Network Services Manager, Franklin Savings Bank.

PSU launches “Own The Moment” marketplace with WePlayed Sports

PLYMOUTH — Plymouth State University Athletics and WePlayed Sports today announced the launch of Own The Moment, a new digital collectibles marketplace that transforms Panther highlights and historic moments into collectible digital experiences for fans, alumni, and supporters.

The launch builds on Plymouth State’s ongoing commitment to telling the stories of its student-athletes and creating meaningful connections with Panther Nation. Through Own The Moment, fans will be able to revisit, collect, share, and celebrate

the moments that define Plymouth State Athletics, from current season highlights to some of the most memorable performances in program history.

Powered by WePlayed’s AI-driven content platform, Own The Moment automatically transforms highlights from athletic contests into collectible digital moments available directly through a Plymouth State branded marketplace. Each collectible includes a watermark-free, downloadable video fans can share and use anywhere. The platform will feature both current season content and an expanding

collection of Legacy Moments, bringing together today’s biggest plays with iconic moments from the university’s athletic archives.

Whether it’s a conference championship run, a record-breaking performance, or a moment that still resonates with alumni years later, Own The Moment creates a new way for supporters to stay connected to the teams and student-athletes they care about most.

“We’re excited to bring Own The Moment to Plymouth State and give our student-athletes another platform to showcase the moments that define their careers,” said Chris Kilmner, Plymouth State Assistant Athletics Director for Communications. “This is a natural extension of the work we’re already doing to tell their stories, and we look forward to continuing our partnership with WePlayed Sports as we enhance the fan experience for Panther Nation.”

As college athletics continues to evolve, institutions are increasingly looking for new ways to

engage their communities while creating additional support for their programs. By extending highlights beyond social media and into a permanent digital marketplace, Own The Moment creates a deeper connection between schools, alumni, fans, and supporters.

“Every athletic department has moments that define its history and shape its community,” said Paul Zukauskas, Founder and CEO of WePlayed Sports. “For too long, many of those moments have lived in archives or disappeared from view. Own The Moment gives schools a new way to bring those stories back to life, while creating deeper engagement and support around their programs. Plymouth State is a great example of a school that understands the power of storytelling and community.”

The Plymouth State Own The Moment marketplace will continue to expand throughout the year, with new moments, collections, and historical content added on an ongoing basis.

Plymouth State University Athletics sponsors 25 NCAA Division III varsity sports and is a founding member of the Little East Conference. Panther student-athletes compete with pride while representing a tradition of excellence, community engagement, and academic achievement throughout New Hampshire and New England.

WePlayed Sports is the leader in AI-powered sports content automation and monetization in collegiate athletics. The company’s platform trans-

forms game footage into highlights, stories, and digital experiences that engage fans and create new opportunities for athletic programs. Supporting 70+ customers and more than

360 teams across NCAA Divisions I, II and III, WePlayed helps athletic departments turn every moment into something fans can watch, share, and celebrate.

SUNY New Paltz congratulates Richard Johnson for earning Dean’s List honors!

NEW PALTZ, N.Y. — SUNY New Paltz is proud to congratulate Richard Johnson of Belmont for being named to the Dean’s List for the spring 2026 semester. Well done!

Dean’s List designation is reserved for students who excel academically and earn at least a 3.3 grade-point average in a semester with a full-time course load.

Follow us on Instagram @sunynewpaltz to see more about our students’ academic excellence.

Located in the heart of a dynamic college town, 90 minutes from New York City, SUNY New Paltz is a highly selective university of more than 7,000 undergraduate and graduate students.

One of the most well-regarded public universities in the nation, New Paltz delivers more than 100 programs in Business, Liberal Arts, Sciences, Engineering, Fine & Performing Arts and Education.

New Paltz is a community where talented and independent minded people from around the world create close personal links with real scholars and artists who love to teach.

Local residents earn summa cum laude honor

MANCHESTER — Local Saint Anselm College students, including Evan Smith of Northfield, were bestowed with the honor of summa cum laude at Saint Anselm College for the 2025-2026 academic year.

The summa cum laude distinction is awarded to students who have achieved a cumulative grade point average between 3.8 and 4.0, having completed all 128 credits required for graduation.

Throughout their outstanding academic achievement, hard work, and dedication, these graduates embody the mission and values of Saint Anselm College. 19 out of 523 graduating students received this honor.

Founded in 1889, Saint Anselm College is a nationally-ranked four-year liberal arts college providing a 21st century education in the Catholic, Benedictine tradition. Located in the greater Boston region in southern New Hampshire, Saint Anselm is well known for its strong liberal arts curriculum, the New Hampshire Institute of Politics, commitment to inclusiveness, a highly successful nursing program, and a legacy of community service.

BELMONT POLICE LOG

BELMONT — The Belmont Police Department reported the following arrests during the week of June 8-15.

John Joseph Snider, age 46, of Gilmanton was arrested on June 10 on multiple counts of Driving Under the Influence.

Ayden James Aguilar, age 18, of Belmont was arrested on June 13 for Domestic Violence-Simple Assault resulting in Bodily Injury of Physical Contact and Criminal Threatening Against a Person.

Gabriel James Rogers, age 26, of Belmont was arrested on June 14 for DUI-Impairment and driving at a rate of speed 16-20 mph over a posted limit of 55 mph or less.



Ossipee Owl

Used Books and Things

GOING OUT OF BUSINESS SALE

MOST ITEMS 50% OFF ALL PURCHASES
SOME OWNER FINANCE AVAILABLE

20,000 used books craft supplies, glassware, table runners, tools, store fixtures, bookcases, tables, glass floor jewelry cases

If you do craft fairs or flea markets, we would love to talk to you
good deals and lots of things you can use
last day April 17.

EVERYTHING MUST GO

OPEN 10 am to 5 pm Monday-Thursday-Friday and Saturday
485 Rte 16 Ossipee, NH • 603-539-4296



Forest Pump & Filter Co.

Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

WELL DRILLING PUMP SYSTEMS
FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE
FOREST PUMP & FILTER CO., INC.
603-332-9037

Lakes Region
Chimney Pro

Sweeps • Stonework
Brick Repairs • Liners
Caps • Installations
Fire Place Makeovers

Sweeps as low as \$244





603-520-7217

Fully Insured


PETS OF THE WEEK

Meet Twitch!



Twitch is a rare and radiant orange girl with a personality that’s impossible to ignore. She’s wonderfully talkative — the kind of cat who believes every moment deserves commentary, especially if snacks might be involved. Whether she’s chirping, meowing, or softly narrating her day, Twitch always has

Meet Dooz!



Dooz is a tiny puppy with a giant personality packed into one ridiculously cute little body. This sweet boy is full of happy energy, curious adventures, and gentle affection. He bounces through life with the confidence of a much larger

NH Humane Society
Over a century of love for those without a voice.

1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539

NH Boat Museum to host 50th Annual Alton Bay Boat Show Aug. 8



ALTON BAY — The New Hampshire Boat Museum (NHBM) will host the 50th Annual Alton Bay Boat Show on Saturday, Aug. 8 from 9 a.m. to noon at the Alton Bay Town Docks. The free public event marks a half-century of celebrating New Hampshire's freshwater boating heritage and is among the longest-running vintage

boat shows in the region. "What I love about the Alton Bay Boat Show is how it turns the whole waterfront into a living gallery," noted NHBM Executive Director Devon Kurtz. "Every boat carries a story, every owner is eager to share it, and the community leans in with real affection. It's one of the coolest, most heartfelt

days on the lake." At the show, which features classic wooden and early fiberglass vessels (model year 1975 and earlier), spectators are invited to walk the docks, meet the owners, and cast ballots for the People's Choice Award.

"This is one of the most exciting events of the summer for the whole family," said NHBM Executive Director Devon Kurtz. "It's truly a remarkable collection of boats, and spectators can get up close and talk with the owners."

Pre-registration is not required, and docking is first-come, first-served.

"Reaching the 50th anniversary is a significant milestone for the museum and for the boating community across New Hampshire," added Kurtz.

The 50th Annual Alton Bay Boat Show is sponsored by The NASWA Resort, Mundial Group, Inc., and Water's Nook Home Decor and Gifts.

Founded in 1992, NHBM is dedicated to preserving and sharing the state's rich freshwater boating heritage. Through dynamic exhibits, youth programs like Junior Skippers, and on-the-water experiences, NHBM brings New Hampshire's boating story to life for visitors from across the state and beyond.

Granite VNA offers "A Matter of Balance" program in Laconia

LACONIA — Granite VNA is offering "A Matter of Balance," an eight-week fall prevention program at Granite VNA — Laconia, 780 North Street on Tuesdays beginning July 7 from 1-3 p.m.

Participants learn to view falls and the fear of falling as controllable, change the environment to reduce fall risk factors, and exercise to increase strength and balance.

To register, call (603) 224-4093, ext. 85664 or visit www.granitevna.org. Registration is required and space is limited. This program is offered at no charge.

A Matter of Balance: Managing Concerns About Falls/Volunteer Lay Leader Model © 2006. This program is based on "Fear of Falling: A Matter of Balance" Copyright © 1995 Trustees of Boston University. All rights reserved. Used and adapted by permission of Boston University.

About Granite VNA

Granite VNA is a not-for-profit licensed and certified home health and hospice care provider. The agency serves people of all ages in 72 communities across the Greater Capital Region and Central New Hampshire by providing home care, hospice care, pediatric and maternal child health services, and wellness programming. The agency has offices in Concord, Laconia and Wolfeboro. Formed through the merger of Concord Regional VNA and Central New Hampshire VNA & Hospice, Granite VNA has served New Hampshire since 1899. For more information about Granite VNA, visit www.granitevna.org.

No Wake order on Silver Lake lifted

BELMONT — Pursuant to NH RSA 270:132, the New Hampshire State Police - Marine Patrol has lifted the No Wake order on Silver Lake in Belmont as the gauge at the Department of Environmental Services, Silver Lake Station has dropped below 467.0 feet above sea level.

Why the Right Team Matters: Choosing Professionals for Your Property Project

BY DONALD CHAPMAN

President & Co-Founder, Strong Tree Engineering

Whether you're building a new home, improving a family property, creating a subdivision, replacing a septic system, or planning a commercial project, one thing is true: successful projects start with the right team. Many property owners begin with a simple idea.

Maybe it's an Accessory Dwelling Unit (ADU) or building a home for a son or daughter on family land. Maybe it's adding a garage, improving a driveway, developing a vacant parcel, or creating additional lots through a subdivision.

What often surprises people is how quickly a seemingly straightforward project can involve multiple disciplines and regulatory requirements.

A property owner may need a boundary survey to confirm property lines, determining what can be built and where. Wetlands may need to be identified and delineated. Septic capacity may need to be evaluated. Drainage and stormwater management requirements may affect site layout. Local zoning regulations, state permits, and conservation concerns may all become part of the discussion. In today's development environment, projects rarely fit neatly into a single category.

That's why we built Strong Tree Engineering around a multidisciplinary approach.

Our team includes Professional Land Surveyor (PLS), Professional Engineer (PE), Certified Wetland Scientist (CWS, environmental permitting specialist, and NH-certified Individual Sewage Disposal System (ISDS) designer resources. Working together, these professionals help clients navigate projects from initial feasibility through design, permitting, and ultimately construction.

For property owners, that integrated approach often means fewer surprises, better communication, and a more efficient process. When surveyors, engineers, septic designers, and environmental professionals are working together from the beginning, potential challenges can often be identified before they become costly delays. Just as important as technical expertise is

communication.

One of the frustrations we hear most frequently from clients is that they struggle to get answers. Sometimes a project is entrusted to a single individual ("solo operator") who is overwhelmed with work and difficult to reach. Other times, clients find themselves working with a large organization where smaller projects receive less attention than they deserve.

At Strong Tree Engineering, we strive to provide something different.

We're large enough to bring together the professional resources needed to solve complex challenges, yet small enough to maintain personal relationships with our clients. When someone calls our office, they're working with people who know their project, understand their goals, and genuinely care about helping them succeed. As a locally focused small business, we understand that our reputation is built one client and one project at a time. Every survey completed, every permit secured, every septic system designed, and every site plan approved reflects on our team and our commitment to service.

We believe that technical expertise matters. Professional credentials matter. Experience matters.

But in the end, responsiveness, communication, and accountability matter too.

Whether you're planning a new home, exploring a subdivision, upgrading a septic system, addressing drainage concerns, or pursuing a larger development project, choosing the right team can make the difference between a frustrating process and a successful outcome. At Strong Tree Engineering, we're proud to help property owners throughout New Hampshire navigate those challenges with confidence.

Because great projects don't happen by accident. They happen when the right professionals are working together from the start.

Strong Tree Engineering
127 Route 28, Suite 27-28
Ossipee, NH

(603) 703-4767

admin@strongtree.engineering
www.strongtree.engineering

PAID ADVERTISEMENT

Wonderful Things
Come In Small Packages...

Old Man
Pendant from \$35

especially if they're from
Alan F. Soule Jewelers
286-8649
422 W. Main St. ASF
Tilton, NH
(across from Winnisquam HS)

Gold • Sterling • Diamonds
Colored Stones • Repairs
Custom & Handcrafted Items
Wedding & Family Jewelry

**DIRTY ROTTEN
SCOUNDRELS**
The Musical

SCHWARTZBERG LAW
EXPERIENCE THAT MATTERS

*We provide the tools to pass on
your property
and your wisdom
to the ones you love.*

Attorney Ora Schwartzberg
572 Tenney Mountain Hwy, Plymouth, NH 03264
603-536-2700 | www.NHLAWYER.NET

STRONG TREE
DEVELOPMENT

**LAND SURVEY
CIVIL ENGINEERING
ENVIRONMENTAL
& PERMITTING**

**SUITE 27-28
127 ROUTE 28
OSSIPEE NH
(603) 703-4767**

www.strongtree.engineering

**CALL US TODAY FOR A
FREE INITIAL CONSULTATION!**

Opinion

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

A school saved, a community renewed

For generations, the Gale School stood as a familiar landmark in Belmont, a reminder of the town's educational heritage and the lives that passed through its halls. In recent decades, however, it became something else: a symbol of uncertainty, neglect, and the difficult question many communities face when historic buildings outlive their original purpose.

Today, the answer to that question stands proudly at 60 Concord St.

The completion of the Gale School renovation is about far more than restoring a historic building. It is a story about perseverance, partnership, and the belief that preserving a community's past can help build its future.

When the Gale School closed in the mid-1980s, few could have predicted that the building would remain vacant for nearly four decades. As the years passed, deterioration took its toll. Like many aging structures across New England, the school faced an uncertain future. Demolition would have been the easier path. It often is.

Instead, a group of determined residents chose a more difficult route.

For 40 years, members of the Save Our Gale School Committee refused to let the building disappear. Their commitment demonstrated something important about small-town New Hampshire: meaningful preservation does not happen because of government mandates or outside intervention. It happens because ordinary citizens care enough to keep showing up, year after year, even when success seems distant.

The partnership between the Save Our Gale School Committee and Lakes Region Community Developers proved to be the turning point. Historic preservation projects are rarely simple. They require vision, expertise, financing, and patience. By combining local passion with professional development experience, the two organizations accomplished what neither could have achieved alone.

Their success offers a valuable lesson. Communities are often told they must choose between preserving history and meeting modern needs. The Gale School project demonstrates that the best solutions can accomplish both.

The renovated building honors Belmont's past while serving present-day needs. The first floor will house a childcare center operated by Boys & Girls Clubs of Central and Northern New Hampshire, providing an important service for working families. The search for a nonprofit tenant on the second floor offers another opportunity for the building to become a hub of community activity.

In other words, this is not a museum piece. It is a living building with a renewed purpose.

Perhaps equally significant is the fact that the project was completed without relying on local tax dollars for construction costs. Through grants, private contributions, donated labor, professional services, and community support, a broad coalition came together to make the vision a reality. That level of cooperation is increasingly rare and deserves recognition.

The ribbon-cutting ceremony and open house later this month will provide residents with an opportunity to see the results firsthand. Visitors will undoubtedly admire the craftsmanship and attention to detail. But they should also take a moment to appreciate something less visible.

Behind every restored wall and polished floor is a story of persistence. Behind every preserved historic building is a group of people who decided that their community's history was worth saving.

The Gale School has witnessed more than 130 years of Belmont history. Thanks to the efforts of countless supporters, it is now positioned to remain part of that history for generations to come.

That is something worth celebrating.

COURTESY
Belmont Elementary School would like to congratulate Jolene Bryant on her retirement! Thank you for 32 years of the highest quality of service to our students, helping so many learn how to read! Photo courtesy of the Shaker Regional School District's Facebookpage.



LETTERS TO THE EDITOR

I am proud to support Karishma Manzur

To the Editor:

If you look at the money in politics today, you might wonder, as I do, whether there is any real difference between the parties anymore. Even though I am deeply outraged by what is happening in our country, I was feeling that politics was just a stale game played by the same establishment forces. However, hearing Karishma Manzur speak for the first time was enough to get me involved again. You will realize when you talk with her that she listens and cares about what you think.

Karishma doesn't take corporate PAC money. She is running a grassroots campaign funded by regular people like you and me. She needs Democrats to think outside the box, because a campaign should be a considered choice, not a coronation. I urge voters to check out her website, listen to her speak, and ask her questions.

As a practicing scientist with a Ph.D., she will use her training and experience to address the crises facing working families including: making homeownership accessible to young people again, ensuring that quality healthcare is accessible to all, and making life affordable for everyone.

Karishma's positions flow directly from deeply held values not from focus groups or expert political advice; her. She is the principled alternative to a status quo that has left too many Granite Staters behind. I am proud to support her in the Sept. 8 primary, and I encourage my friends and neighbors to do the same.

Sincerely,

Dave Pollak
Northfield

We strive for the ideal, but can miss it

To the Editor:

We strive, still, our America, for better than the 1800s when we had overt racism (slavery to overcome), oppression, riots. A great movie, set in 1846 about rejection of Irish immigrants in New York City, "Gangs of New York (2002)," stars Daniel Day-Lewis. Immigrants came for so many reasons. Erie Canal construction brought my Irish ancestor George Loftus for employment. Our beloved country aims for illusive perfection, but always -- hurdles. A great hurdle -- lying-low Congressional Republicans and Trump urging on upset of our Constitution's goals and laws. Our Supreme Court, alas, falls in line.

From Henry Roth's 1934 novel, "Call It Sleep." What immigrants saw and felt as they arrived: "Liberty [statue of Liberty]. The spinning disk of the late afternoon sun

slanted behind her, and to those on board who gazed, her features were charred with shadow, her depths exhausted, her masses ironed to one single plane. Against the luminous rays of her halo were spikes of darkness rowling the air; shadow flattened the torch she bore to a black cross against flawless light . . . » «This was that vast incredible land, the land of freedom, of immense opportunity, that Golden Land.»

Those we deport now for being non-white, English a second language, if that, coming into our country at borders so not necessarily seeing the Statue of Liberty -- they still wish for freedom and opportunity but we deny them. Not glorious. Truly, we still reach for the ideal.

Sincerely,

Lynn Rudmin Chong
Sanbornton

The sound of summer after supper

There is a particular sound that belongs to summer evenings in New Hampshire. It isn't fireworks. It isn't a boat engine crossing the lake. It isn't even the peepers that begin their chorus after sunset.

It's the sound of people lingering.

For most of the year, life in New England runs on a schedule. We hurry from one obligation to the next. Darkness arrives early. The cold pushes us indoors. We wave at neighbors through a windshield and promise ourselves we'll catch up another time.

Then June arrives.

The sun stretches the day well into the evening, and suddenly nobody seems quite as eager to go inside.

You hear it everywhere. A couple talking on a porch after dinner. Neighbors standing in a driveway discussing everything and nothing. Children in-

venting one more game before bedtime. Someone laughing across a backyard. A screen door opening and closing.

None of these moments are remarkable on their own. In fact, they are so ordinary that we rarely think about them. Yet they may be among the most important parts of community life.

A few nights ago, I stepped outside after supper to take care of a small chore. It should have taken five minutes. Instead, I ended up talking with a neighbor. We discussed the weather, naturally. In New Hampshire, weather remains one of our favorite subjects. We talked about gardens. We talked about road construction. We talked about a local business that had recently changed hands. Eventually, another neighbor wandered over.

KIND FOLKS, COLD WINTERS

By CHIPPY

Then another. Before long, the chore had been forgotten entirely. An hour

passed without anyone noticing. There was no agenda. No meeting minutes. No social media post documenting the occasion. Just a handful of people standing outside on a pleasant evening, enjoying each other's company.

It occurred to me later that these casual conversations are becoming harder to find. Modern life has a way of filling every spare minute. Phones buzz. Streaming services wait indoors. Many of us communicate through text messages even when the person we're messaging lives a few streets away. Technology gives us countless ways to connect, yet sometimes it also gives us reasons not to leave the house.


Summer pushes back

against that trend. The season invites us outdoors. It places us on porches, side-walks, docks, ballfields and town greens. It creates opportunities for the kind of unplanned encounters that have always helped knit communities together.

You learn things during these conversations. You discover who needs a hand with a project. You hear about a local event you might otherwise miss. You find out whose grandchild just graduated or who recently moved into town. More importantly, you remember that you are surrounded by people whose lives intersect with your own. That knowledge strengthens a community in ways that are difficult to measure.

The truth is that most of what makes a town special isn't found in a government report or a tourism brochure. It's found in re-

SEE **KIND**, PAGE A5



Winnisquam Echo

TO PLACE AN AD:
ADVERTISING EXECUTIVE
Tracy Lewis
(603) 575-9127
tracy@salmonpress.news

SUBSCRIPTION SERVICES:
KERRI PETERSON
(603) 279-4516 x303
kerri@salmonpress.news

TO PRINT AN OBITUARY:
E-MAIL: obituaries@salmonpress.news
CALL: 603-677-9084

TO SUBMIT A LETTER TO THE EDITOR:
E-MAIL: brendan@salmonpress.news

USPS 024-975
The Winnisquam Echo is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals postage paid at Meredith, NH 03253.
POSTMASTER: Send address changes to the Winnisquam Echo, P.O. Box 729, Meredith, NH 03253.

THE WINNISQUAM ECHO PUBLISHED BY SALMON PRESS

PRESIDENT & PUBLISHER
FRANK C. CHILINSKI
frank@salmonpress.news

BUSINESS MANAGER
RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

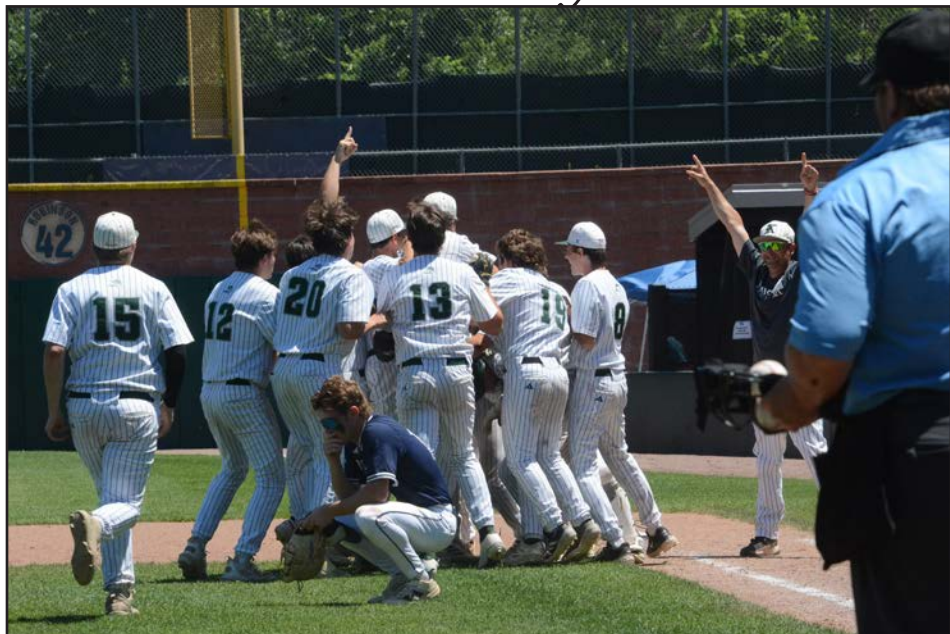
OPERATIONS DIRECTOR
JIM DINICOLA
(508) 764-4325

DISTRIBUTION MANAGER
JIM HINCKLEY
(603) 279-4516

MANAGING EDITOR
BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news

PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie@salmonpress.news

You win some, you lose some and sometimes it hurts



JOSHUA SPAULDING

The Kingswood baseball team celebrates the Division II championship at Delta Dental Stadium on Saturday, June 13, as a St. Thomas player laments the end of his season on the infield.

Sometimes it ends in celebration, sometimes it ends in a heartbreak.

But either way, it always comes to an end and the spring sports season officially came to a close on Saturday, June 13, with a plethora of championship games around the state and four local teams crowned as champions and a couple of other local teams finishing in the heartbreaking spot as the runners-up.

Those championship moments are always fantastic for me as a reporter, getting to capture the jubilation of a team that has reached the pinnacle of high school success. At the same time, it's always tough to watch kids you've covered all season come up short in the end.

Those moments are the ones that I'm a bit more familiar with.

I will always remember

the day, mainly because it was the day after I graduated from high school. It was June 4, 1994 and my Groveton baseball team had made the quarterfinals of the Class S tournament. Back then, the quarterfinals were held at a neutral site, which for Class S that year was at Plymouth State College (at the time). We had to travel almost two hours south to play a team that was half an hour

up the road in the Colebrook Mohawks. We easily could've traveled up the road 15 minutes and they could've traveled south 15 minutes and played the game in Stratford, which at the time, still had a high school. But that's neither here nor there.

The purple Eagles of Groveton were down to the last out of the season in the seventh inning when I stepped to the plate against Colebrook pitcher Neil Molloy. I had met Neil at a number of different leadership-type events over the past few years so I knew him pretty well. I fouled off what over the years has grown in my mind to be at least 20 pitches (it was probably five to 10) before I grounded to second, ending my high school career two games short of the championship game and creating a memory that has stuck with me for the last 32 years.

So, as I watched the Kingswood baseball and softball teams, the Belmont baseball team and the Prospect Mountain softball team celebrate their cham-

SPORTING CHANCE

By JOSHUA SPAULDING



pionships on that Saturday in Manchester and Holderness, I felt for the St. Thomas and Derryfield baseball teams and the Gilford and Plymouth softball teams (maybe not as much for the private school teams that shouldn't be playing public schools anyway). I know the feeling of coming up short, even if my tournament experience ended in the quarterfinals instead of the championship.

The season comes to an end quickly, whether it's in the regular season, the first round, the quarterfinals, the semifinals or the championship. It's disappointing for sure and for many of the graduating seniors, it's the end of their athletic career. Some go on to play in college, but the large majority of them will end their athletic careers when their last high school season comes to a close. They will go on to live their lives with the memories of their high

school athletic achievements always there.

Congratulations to the Kingswood baseball (first time since 1998) and softball (back to back) teams, the Prospect Mountain softball team (fourth title in five years) and the Belmont baseball team (first time since 1988) on their championships. It was a pleasure watching you celebrate. And congratulations to the Gilford and Plymouth softball teams on tremendous seasons that came up just a bit short.

Now the time has come for me to take a bit of a break, as is the case every summer. Before you know it, the fall sports preseason will be here.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Coos County Democrat and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

Comfort Keepers

Seniors and wandering

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

Due to America's growing number of seniors, many of whom are afflicted with Alzheimer's and dementia, wandering is increasing. Even in familiar places, a person with Alzheimer's may not remember his or her name or address and can become disoriented. Wandering with dementia is dangerous, but there are strategies and services to help prevent it.

Of course, no one can watch another person every second of every day, and the anxiety for caregivers can become overwhelming. You listen to every creak at night. You may stop taking your loved one to public places. And if you live away from him or her, the stress increases even more.

Warning signs
Wandering and getting lost is common among people with dementia and can happen during any stage of the disease. Be on the lookout for the following warning signs:

Returning from a routine walk or drive later than usual

Wanting to "go home," or "to work", even when at home or not employed

Paces, shows anxiety, or makes repetitive movements

Having difficulty finding familiar places like the bathroom, bedroom, or other rooms in the house

Asking about the where-

abouts of current or past friends and family

Appearing lost in a new or changed environment

Setting out to do regular tasks, but accomplishes nothing

Tips to help prevent wandering

Provide supervision. Never lock the person in at home or leave him or her in a car alone.

Avoid busy places that are confusing and can cause disorientation. This could include shopping malls, grocery stores, or other busy venues.

Make sure the person always carries ID. Keeping an ID in a person's wallet isn't enough, because he or she could remove it, either deliberately or accidentally. Medical ID jewelry, like a bracelet or pendant, is wise.

Dress your loved one in bright clothing. Choose clothing that's easy to see from a distance, especially if you're planning to be in a crowd.

Carry out daily activities. Having a routine and daily plan can provide structure.

Note the most likely times of day that wandering may occur. Plan activities at that time.

Activities, exercise, and regular sleep. All of these can reduce anxiety, agitation, and restlessness.

Reassure the person if he or she feels lost, abandoned, or disoriented. If the person wants to leave to "go home" or "go to work," do not correct him

or her. Say that he or she is safe, and you are there, then follow up with what you will be doing together.

Ensure all basic needs are met. Check if the person needs the bathroom, or is thirsty or needs to eat. He or she may tend to wander for these reasons.

At home:
Place locks out of the line of sight. Install them either high or low on exterior doors, and place slide bolts at the top or bottom. You may also need to install bars on windows, and a fence around the yard.

Put up signs. Hang a sign inside a door to the outside that says «Stop» or «Do Not Enter». Put signs on other doors, like the one to the bathroom, so he or she can see which door leads where, and won't accidentally wind up outside.

Camouflage doors and door knobs. Paint them the same color as the walls, or use childproof knobs. Try placing a black mat in front of the door, which may be perceived as a hole and will avoid exit seeking.

Use devices that signal when a door or window is opened. This can be as simple as a bell placed above a door, or as sophisticated as an electronic home alarm.

Keep car keys out of sight. Persons with dementia may drive off and be at risk of potential harm to themselves or others.

If night wandering is a problem: Make sure the person has restricted fluids two hours before bedtime

and has gone to the bathroom just before bed. Also, use night lights.

When someone with dementia is missing

Begin search-and-rescue efforts immediately, and call 911. Ninety-four percent of people who wander are found within 1.5 miles of where they disappeared. In addition:

Ask neighbors, friends and family to call if they see the person alone.

Keep a recent, close-up photo and updated medical information on hand for police.

Know your neighborhood. Pinpoint dangerous areas near the home, such as bodies of water, open stairwells, dense foliage, tunnels, bus stops and roads with heavy traffic.

Is the senior right or left-handed? Wandering generally follows the direction of the dominant hand.

Keep a list of places where the person may wander. This could include past jobs, former homes, places of worship, or a favorite restaurant.

File a report with MedicAlert+ Alzheimer's Association Safe Return at (800) 625-3780. First responders are trained to check with MedicAlert+ Alzheimer's Association Safe Return when they locate a missing person with dementia. You do not need to be enrolled

to file a missing report.

Use "silver alerts". They work like an Amber Alert that is used for missing children.

Comfort Keepers® can help. We care for your loved one as though we were caring for a member of our own family. We perform home safety assessments, make recommendations, and offer safety products for your loved one's home. Ask your local Comfort Keepers office for more information today.

About Comfort Keepers
Comfort Keepers is a trusted provider of medical and non-medical in-home care, helping seniors and adults live safely, independently, and with dignity. Our comprehensive services include companionship, transportation, housekeeping, meal preparation, personal care, mobility assistance, private duty nursing, Live in and 24/7 caregiving. We also offer Comfort360™

Stone Wall Repair

Fieldstone/Granite
35 years experience

Tony Luongo

603-707-2727

Alert, part of our innovative Comfort360™ suite, delivering 24/7 response, proactive support, and added peace of mind for clients and families. Proudly serving New Hampshire since 2005, Comfort Keepers is committed to elevating the human spirit through compassionate, personalized care. To learn more, call 603-536-6060 or visit NHComfortKeepers.com.

References:

Agingcare.com. "Helping a Senior with Dementia Who Wanders". Web. 2016.

WebMD. "Prevent Wandering: 10 Tips for Caregivers". Web. 2014.

Alz.org. Alzheimer's Association. "Wandering and Dementia". Web. 2016.

LOW COST SPAY/NEUTER

Rozzie May

Animal Alliance,
cats and dogs.

Cat Cab service available.

Military discounts.

Sign up on line

www.rozziemay.org

or call 603-447-1373

KINDD

CONTINUED FROM PAGE A4
relationships. It's found in familiarity. It's found in the simple comfort of recognizing faces and sharing stories. Summer gives us more opportunities for those moments than any other season.

Before long, the days will begin shortening again. Autumn schedules will return. The pace will quicken. We know how this story goes because we've lived it many times before. For now, though, the evenings remain long. The dishes can wait a little

while. The television will still be there later.

If you hear voices drifting across the neighborhood after supper, consider stepping outside. You might find that the best

part of summer isn't an event on the calendar at all. It may simply be the sound of people lingering.



NORTH COUNTRY
COINS, LLC

BUYING · SELLING · APPRAISALS
Est. 1989

WWW.NCCNH.COM
TUES · FRI 10 · 5 · SAT 10 · 3

HIGHEST PRICES PAID

All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.

NORTH COUNTRY COINS.

Main St., Plymouth, NH 536-2625.



- Residential Site Work
- Commercial Site Work
- Septic Systems Installed
- Driveway & Road Construction
- Sand - Gravel - Loam

Route 3 • Meredith, NH • 03253

279-4444

Learning from a legend

Longtime local mentor Joan Forge publishes book on coaching

BY JOSHUA SPAULDING

PLYMOUTH — If there's any situation in coaching, it's a safe bet that Joan Forge has been through it.

For 50 years Forge has patrolled the sidelines of the Lakes Region, from her early student-teaching days at Inter-Lakes to her first jobs in Ashland, through a massively successful run at Gilford High School and now as the head coach of the Plymouth State University volleyball program. Over that time, she's learned from countless mentors and herself has served as a mentor to countless other coaches.

And now, with the publication of her book, "Forging a Positive Team Culture: A Coach's Guide to Building a Healthy Athletic Environment," Forge is passing along tips and wisdom to help other coaches have the same kind of impact she's had over the years.

And she's using the book to benefit her alma mater and the place that she calls home now, as proceeds from the sale of the book are going toward the renovation project at Foley Gymnasium on the campus of Plymouth State, the place that her volleyball team plays its home games. "For me, it's just another

er way of giving back to the college that gave so much to me," she said. "We're a state university, a lot of our funding comes from donations."

For someone who started out coaching sport she had never played (JV field hockey at Inter-Lakes), she's always found a way to make coaching a true community affair, involving parents in their child's sports and keeping kids grounded.

"As a successful coach in Gilford, coaches asked me all the time, 'when are you going to write a book about how you seem to just reload instead of rebuild,'" Forge said. "But I had a lot of coaches that inspired me 20 or 30 years ago."

She notes that she always tries to include parents in the process and though not every parent will agree with her style, by including them in the team family she's earned a lot of trust with parents and athletes.

"It's just a big happy family," Forge said. "But sometimes, you have to be the bad guy, you have to hold everyone accountable."

And she points out that her book is a great read for parents who are watching their kids from the sidelines.

Longtime Gilford coach and current Plymouth State volleyball coach Joan Forge has published a book about coaching that is now available for purchase with proceeds benefitting the Plymouth State University Foley Gymnasium renovation.

"Every parent should read this book, youth coaches should read it," Forge noted. "As a coach, you're teaching about being a good person."

"And kids have to have fun," she added. "We win or we learn. Success comes from teams who have fun."

After graduating from Plymouth State, Forge got a job nearby in Ashland, which at the time was a K-12 school and she taught physical education to all age groups and coached varsity girls' basketball and softball, eventually winning a softball championship in 1983 and finishing as the runners-up the next year before she left to coach in Gilford.

Originally, when she was hired in Gilford, Forge was going to be the softball and girls' soccer coach, but a change of plans at the high school saw her move to the volleyball court in the fall, where she inherited

a team that had not won a set in three years.

"We won six games and the next year we made the semifinals and then it just took off," Forge said. Her vaunted career at Gilford included a stretch winning nine championships in a row before she returned to the school where she studied as an undergrad in 2018 to take over the volleyball program.

As a fan of the book "Don't Sweat the Small Stuff," Forge saw an opportunity to write a book with 100 short chapters pertaining to coaching. She started throwing out chapter ideas and came up with 120 right out of the gate (the book was winnowed down a bit), but not being a writer, she enlisted the help of Sandy McLaughlin, an administrator at Gilford and they worked together on chapters and for a couple of years that idea sat on

the computer.

Then COVID came along and with no sports to coach, Forge and McLaughlin started meeting regularly and more progress was made until sports came back and the idea got set aside again.

Then, on the other side of the spectrum from the COVID pandemic, the Panthers won the Little East Championship this past fall and Forge was ecstatic and realized this was the right time, with a little time off in the middle of winter, to get back to the book.

"I was higher than a kite, I was so excited, I said 'I have to write that book now,'" she said. "So, I wrote and I wrote and I wrote."

McLaughlin helped her edit the copy and eventually the pieces fell right into place and the thing that she's always been great at was out there in the open for everyone to see.

"I am an open book, I'll help any time coaches need help," Forge said. "I asked for help back in the day and got it from some great coaches, so I'll always give help."

Anyone who has ever watched a Gilford volleyball game, even to this day, will notice that when the ball is heading back toward the person serving after a point, it is always intercepted by a teammate, who then passes it to the server. While this is not a coaching philosophy, it is something that started when Forge was there as a bit of a superstition and continues to this day, so much so that when Forge had a former Gilford player on her college team, the player insisted upon doing that every single serve. Superstitions like that

are a part of sports at every level, but so is finding whatever works for the group of kids you have in front of you and making that part of the process. Sometimes that involves a superstition, sometimes that involves loosening or tightening the reins. Every player, every team and every situation is different. A good coach will find a way to make it work no matter who is on the court or the field.

"If I knew then what I know now, it would've been really helpful," Forge said. "I just want to help new coaches, this is the chance to help coaches get that insight."

As one of (she estimates) only a few female coaches around the country who've been at it for more than 50 years, she's proud to have survived through various eras of coaching and philosophies that have come and gone.

"If there is a situation, I have probably gone through it," she said. "It's important to never stop learning."

Anyone interested in learning from Forge's successful coaching style, proven on the courts and fields of the Lakes Region for the last 50 years, can purchase "Forging a Positive Team Culture: A Coach's Guide to Building a Healthy Athletic Environment" on Amazon.com and all proceeds will go to benefit the renovation of the Foley Gymnasium on the campus of Plymouth State University.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

30 Years
GREAT WATERS
 SUMMER CONCERTS

CONCERTS *in the* CLOUDS
 at Castle in the Clouds

**ARRIVAL FROM SWEDEN:
 The Music of ABBA**
 SATURDAY, JULY 11 • 7:30 PM

**NEIL BERG The 60's:
 Peace, Love, Rock & Roll**
 FRIDAY, JULY 17 • 7:30 PM

**BLANK SPACE:
 Unofficial Taylor Swift Tribute**
 SATURDAY, AUGUST 1 • 7:30 PM

**RHINESTONE COWGIRLS:
 Legendary Ladies of Country Music**
 SATURDAY, AUGUST 15 • 7:30 PM

**ONE NIGHT OF QUEEN
 with Gary Mullen & the Works**
 SATURDAY, AUGUST 29 • 7:30 PM

CONCERTS *in the* TOWN
 Downtown Wolfeboro

CHANTICLEER: Our American Journey
 FRIDAY, JULY 24 • 7:30 PM

MANDY GONZALEZ: Sings Broadway
 SATURDAY, AUGUST 8 • 7:30 PM

**GENTLEMEN'S QUARTET
 with guest vocalist Erin Shields**
 THURSDAY, AUGUST 20 • 7:30 PM

Tickets on sale now!
 Call (603) 569-7710,
 visit **GreatWaters.org**, or scan.

DON'T MISS...
Student Showcase Gala
 Thursday, July 9th, 5-8 p.m.
 Grayson Student Center at Brewster Academy
 Cocktails, appetizers, dinner, dessert, and entertainment.

SMART • FRIENDLY • SERVICE
 SINCE 1898
BELLETTES
 BUILDING PRODUCT SPECIALISTS

Lumber & Building Materials Contractor Sales

Our Ashland location is searching for an experienced contractor sales member of our Lumber & Building Materials Contractor Sales Team as well as with our Millwork dept. You will prepare quotes, orders, invoices, special orders and purchase orders. This position will also coordinate deliveries and returns as necessary. You will serve as a resource for the customer, helping them make selections and build their confidence using your product knowledge and excellent customer service. Weekend hours required on a rotating basis.

Bellettes is a 5th generation, family-owned building materials supply company that has been in business for over 125 years. With 10 locations throughout NH and MA, we believe our employees are our biggest asset! When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within.

We offer an industry leading benefits package that includes competitive wages, health insurance, life insurance, paid vacation, paid time-off, paid holidays, paid bereavement leave, profit sharing, 401k and store discounts.

You may apply in person or download an application from our website. All applications should be submitted to:
 Dan Uhlman, General Manager
 20 West Street, Ashland, NH 03217
 or you may email to duhlman@bellettes.com.

EOE

MVSB supports inaugural Camp Resilience Leadership and Wellness Gala



COURTESY

From left, Elizabeth Mullaney, Camp Resilience Development Coordinator, Jeff Ladieu, Camp Resilience Executive Director, Sue Dagostino, MVSB Branch and Business Development Manager, Samantha LeClair, MVSB Business Development Officer, and Layla, Camp Resilience Mascot.

TILTON — Camp Resilience will host its inaugural Camp Resilience Leadership and Wellness Gala on Sept. 18 at the Lake Estate on Winnisquam in Tilton. The event is open to the public and will feature inspiring speakers, live music, demonstrations, and formal presentations highlighting the extraordinary contributions of our Military and First Responder leaders. MVSB (Meredith Village Savings Bank) has supported the event as the \$2,000 Chief Table sponsor. “The Gala is an important opportunity to bring people together to better understand the impact of our programs and the importance of supporting those who serve and have served,” said Jeff Ladieu, Camp Resilience Executive Director. “At Camp Resilience, we are focused on creating meaningful expe-

riences that help individuals strengthen their mental, physical, and emotional well-being, while building connections that extend beyond the program and back into their families, workplaces, and communities. Support from events like this allows us to continue expanding that impact.” The gala will shine a light on Camp Resilience’s Chiefs Wellness and Leadership Program, dedicated to supporting both mental and physical health for its participants. This innovative program provides a variety of opportunities, including outdoor recreation and life skills workshops, designed to promote overall well-being. Participants benefit from fireside peer conversations, as well as mindful meditation and breathing exercises. These techniques are intended to help attendees manage

stress and prevent burnout. All activities are thoughtfully crafted to be adaptable to a range of physical abilities, ensuring an inclusive and supportive environment for everyone involved. “Camp Resilience is doing important work to support first responders and others in leadership roles who face high levels of stress,” said Sue Dagostino, MVSB Branch and Business Development Manager. “We are proud to support this event and the continued growth of their programs.” Tickets to the Gala can be purchased online at camp-resilience.org/events. Camp Resilience (d.b.a. Patriot Resilient Leader Institute) is a nonprofit organization founded in 2014. Through retreats and programs held in the Lakes Region, Camp Resilience focuses on improving the

physical, social, mental, and emotional well-being of participants. Offerings include outdoor experiential learning, life skills training, and peer-to-peer support, helping individuals build resilience and carry those skills back into their professional and personal lives while strengthening the communities they serve. Go to campresilience.org for more information about Camp Resilience and its programs.

MVSB has been serving the essential banking needs of people, businesses, nonprofits and municipalities for more than 150 years. As a mutual savings bank, MVSB has no stockholders but rather operates for the benefit of its customers, employees and community. Since our founding, one thing has always remained true: caring is at the heart of everything we do. By building and nurturing relationships, we believe that we can cultivate a community where we all thrive. It all starts with caring about our customers and neighbors. To learn more, visit any of the local branch offices located in New Hampshire in Alton, Ashland, Center Harbor, Exeter, Gilford, Laconia, Melvin Village, Meredith, Moultonborough, North Conway, Plymouth, Portsmouth, Rochester or Wolfeboro, call 800-922-6872 or visit mvsb.com.

Serving all of New Hampshire for 50 years.



Paving & Resurfacing • Driveways & Parking Lots
Specializing in Residential and Commercial Paving
Owner Installs Every Job

286-8182
www.porterpaving.com



Zoë & Co.

Professional Bra Fitters

92 N. Main St. Concord, NH
603-224-2727

Belknap Area Market Management (BAMM) announces beginning of Farmers Markets’ third season

BELMONT — Belknap Area Market Management (BAMM) is excited to announce the return of its farmers markets for the 2026 season, bringing fresh, locally sourced produce, meats, baked goods, and artisan crafts to the communities of Tilton, Barnstead, and Laconia/Weirs Beach. The markets will run from late May through early October, offering residents and visitors a vibrant and accessible way to support local farmers and artisans.

meats, baked goods, and artisan crafts. SNAP/EBT benefits are accepted at all markets and are doubled through the Granite State Market Match program, making healthy, local food more accessible to all. BAMM is committed to fostering a strong local economy by providing a platform for small-scale farmers and artisans to showcase their products.

The markets also serve as community hubs, bringing together neighbors and visitors to celebrate the abundance of the Belknap region, while enjoying live music and hot food from a variety of food trucks. For more information about the markets, vendor applications, and support opportunities, please visit www.bamm-nh.org.

Market Schedule

Tilton Farmers Market
Tuesdays, 3:30–6:30 p.m., starting May 19
Tilton Police Department, Route 132, Tilton

The Market at Weirs (Laconia)
Saturdays, 10 a.m.–1 p.m., starting May 24
Weirs Community Park, Laconia

New Suncook Valley Farmers Market (Barnstead)
Saturdays, 10 a.m.–1 p.m., starting May 30
91 Maple St., Center Barnstead

Each market will feature a diverse array of vendors offering fresh produce,

BOOTLEGGERS®
FOOTWEAR CENTERS
SUMMER SANDALS
20% OFF
REGULAR PRICES
MENS * WOMENS * KIDS
HUNDREDS OF PAIRS!
2 N. MAIN STREET • DOWNTOWN • WOLFEBORO, NH
PHONE: 609-3560 HOURS: MON-SAT 9-5:30 SUN 10-5
MEREDITH, NH • NORTH CONWAY, NH • LACONIA, NH
ROCHESTER, NH • STRATHAM, NH • KEENE, NH • GREENFIELD, MA

GET \$20 TOWARD NEW FISHING GEAR

When you trade in your lead (Pb) fishing sinkers or jigs at participating shops.

\$100 AWARDED TO THE PARTICIPANT WITH THE LARGEST TRADE-IN OF ELIGIBLE TACKLE AT EACH PARTICIPATING SHOP*
through December 31, 2026. See LOONSAFE.ORG for details.

PARTICIPATING SHOPS:

- 1 **2 Bros 24/7 NH Bait and Tackle**
13 McLaren Ave
Nashua, NH 03060
(603) 943-7276
- 2 **Berry's Bait**
404 Main Street
Alton, NH 03810
(603) 875-0169
- 3 **LL Cote**
7 Main Steet
Errol, NH 03579
(603) 482-7777
- 4 **Lopstick Outfitters**
10 Metallak Place
Pittsburg, NH 03592
(603) 538-6010
- 5 **Newfound Sales & Trading Post**
381 Lake Street #6
Bristol, NH 03222
(603) 744-8658
- 6 **Newhook's Bait & Tackle**
1763 US-302 UNIT 2
Lisbon, NH 03585
(603) 838-8117
- 7 **North Country Angler**
2988 White Mountain Hwy
North Conway, NH 03860
(603) 356-6000
- 8 **Ossipee's Bait and Tackle**
306 Pine River Road
Effingham, NH 03882
(603) 730-7674
- 9 **Ray's Corner Country Store**
1156 West Milan Road
Milan, NH 03588
(603) 449-2236
- 10 **Rocky's Ace Hardware**
257 Newport Road
New London, NH 03257
(603) 526-2800
- 11 **Sam's Outdoor Outfitters**
74 Monadnock Highway
North Swanzey, NH 03431
(603) 352-6200
- 12 **Squam Lake Boat Livery**
853 US Route 3
Holderness, NH 03245
(603) 968-7721
- 13 **The Loon Center**
183 Lees Mill Road
Moultonborough, NH 03254
(603) 476-5666
- 14 **Winnisquam Country Store**
1021 Laconia Road
Tilton, NH 03276
(207) 387-0075

THANK YOU FOR HELPING PROTECT NEW HAMPSHIRE LOONS FROM LEAD POISONING!

*One trade-in voucher per customer. Full trade-in details, list of participating shops, disposal locations, and more at: LOONSAFE.ORG

Funding for the buyback program and this ad is provided by the Loon Preservation Committee

ALL-STATE

CONTINUED FROM PAGE A1

against Trinity High School in 2018. I was coaching at Bishop Brady then and, because I live in Belmont I knew a bunch of the girls on that team. They were amazingly skilled individual players. What this team has now is a unity of spirit and heart that the 2018 team didn't have, and they demonstrate it all the way

through competition. They were clear-eyed about the task ahead of us, setting small goals and achieving them," Marinace said.

Referees regularly praised the Raiders for their sportsmanship. They kept their heads when opponents exploded and got mad. This led to post-season accolades for team members.

Brooke Varnum and Madi McClennan were nominated for Second

Team All State, and Shelby Mason made First Team All State. Mason was additionally honored to play in the annual VT/NH Lion's cup game on June 20, which is a team of made up of seniors from all three lacrosse divisions, playing as one.

"I was Shelby's first coach in seventh grade. I remember the day I first met her—her parents brought her to a learn-to-play clinic we were hold-

ing with Laconia Lacrosse Club in the fall that year. Shelby had never played a field sport before, but she was hooked, and very quickly gravitated towards goalie. She is loud in the cage, directing her team and supporting them, taking personal responsibility for the quality of the game.

She's a rock star in cage." Belmont girls are only losing two seniors next year, Mason and McClennan, but are always looking for new recruits. They will be demonstrating and recruiting before fireworks at Old Home Day on Aug. 8, but middle school and high school girls who want

to try it at no cost are welcome at the free recruiting clinics the BHS girls are running in July and August (July 13 and 20, Aug. 3 and 10, 9 to 11 a.m.). E-mail belmontnhlax@gmail.com for information about the clinic times and to sign up.

GRANTS

CONTINUED FROM PAGE A1

identified in New Hampshire's economic development strategy, including expanding housing and childcare capacity, supporting workforce development, investing in infrastructure, strengthening the forest products industry, and helping businesses grow and innovate in rural communities.

"These grants will be instrumental in creating new opportunities for rural communities across our state," Governor Kelly Ayotte said. "By investing in childcare, workforce development, infrastructure, and economic revitalization, we are supporting projects that will make a lasting difference for rural New Hampshire families, businesses, and communities."

The New Hampshire Department of Business and Economic Affairs works closely with municipalities, nonprofits, educational institutions, and regional partners throughout the year to develop competitive projects that address critical community and economic needs. Guided by the state's economic development plan, these investments are designed to support long-term economic vitality, improve quality of life, and create opportunities for residents and employers across rural New Hampshire.

"NBRC awardees this round showcase the innovative nature of rural communities here in New Hampshire," Commissioner Lucy Lange said. "These projects represent investments that will strengthen what makes communities grow, thrive, and prosper by supporting local industries, expanding access to essential services, and helping communities build a stronger economic future."

The following projects received awards in the Spring 2026 round: Franklin Opera House, Franklin, receiving \$197,215 to invest in facilities improvements leveraging the cultural asset of the Franklin Opera House benefiting the city's downtown businesses and residents;

Mill City Park at Franklin Falls, Franklin, receiving \$390,151 to develop a multifaceted income generating campground facility to accommodate white-water park visitors;

New Hampshire Department of Environmental Services, Belmont/Northfield, receiving \$2 million to replace and rehabilitate

the 2.5-mile regional sewer force main, which serves the towns of Belmont and Northfield;

About the New Hampshire Department of Business and Economic Affairs The Department of Business and Economic Affairs (BEA) is dedicated to enhancing the economic vitality of the State of New Hampshire while promoting it as a destination for domestic and international visitors. BEA oversees programs in economic development, international commerce, outdoor recreation industry development, planning and community development, travel and tourism, visitor services, and workforce development. For more information, visit www.nheconomy.com.

The Northern Border Regional Commission is a federal-state partnership for economic and community development in northern Maine, New Hampshire, New York, and Vermont. Each year, the NBRC provides Federal funds for critical economic and community development projects throughout the northeast. These investments lead to job creation and leverage substantial private sector investments.

GALE SCHOOL

CONTINUED FROM PAGE A1

"LRCD's expertise in braiding many funding sources together for construction financing is ultimately what made this all possible," said SOGS member Woody Fogg. "Our partnership with LRCD is reflective of what makes this project special: contributions of money, labor, services, materials and equipment by a large

number of citizens, businesses and organizations, all working together to achieve a very ambitious goal, with no local tax funds being expended."

The Gale School was selected as one of New Hampshire's "Seven to Save" in 2017, and was re-determined to be eligible for the State and National Register of Historic Places in 2021.

The first floor of the renovated building will house a childcare center operated by Boys & Girls Clubs of Central and Northern New Hampshire. LRCD is currently seeking a non-profit tenant to occupy the second floor. Inquiries about the space may be directed to Caitlin Meaney at (603) 524-0747, ext. 108.

Grit to Grow Summit to bring teens, parents, educators, and employers together

LACONIA — A threeday youth career and lifeskills event designed to help New Hampshire teens explore their futures will take place June 22–24, bringing together students, parents, educators, training programs, and employers from across the state.

Hosted by New Hampshire 4H, the Grit to Grow Summit is open to rising sophomores through high school graduates from the Class of 2026. The Summit is designed to strengthen career readiness, personal resilience, and realworld life skills through hands-on learning and direct engagement with industry and community partners.

"This is more than a traditional career fair," said Mike Harris, 4H Program Manager for Belknap County. "The Grit to Grow Summit gives young people the chance to try on career paths, build confidence, and connect with adults who can help them take the next step."

The Summit begins June 22 at Lakes Region Community College, where students participating in the overnight option will focus on "Building Your Future Self." Participants will engage in experiential workshops covering budgeting, entrepreneurship, leadership, and self-discovery. The day concludes with a cookout and social activities aimed at fostering connection and peer support.

On June 23, the Summit moves to the Inn at Mill Falls in Meredith for "Building Your Career," a day open to both teens and parents. Students will rotate through industry-specific workshops, explore training and education options, and meet employers at the Future Pathways Expo. Parents are encouraged to attend as partners, gaining insight into how best to support

their teen's evolving goals.

The final day, June 24, also at the Inn at Mill Falls, is geared toward employers and community partners. Professionals will gather to share insight, build partnerships, and participate in a public-facing career fair that emphasizes twoway learning between teens and industry leaders.

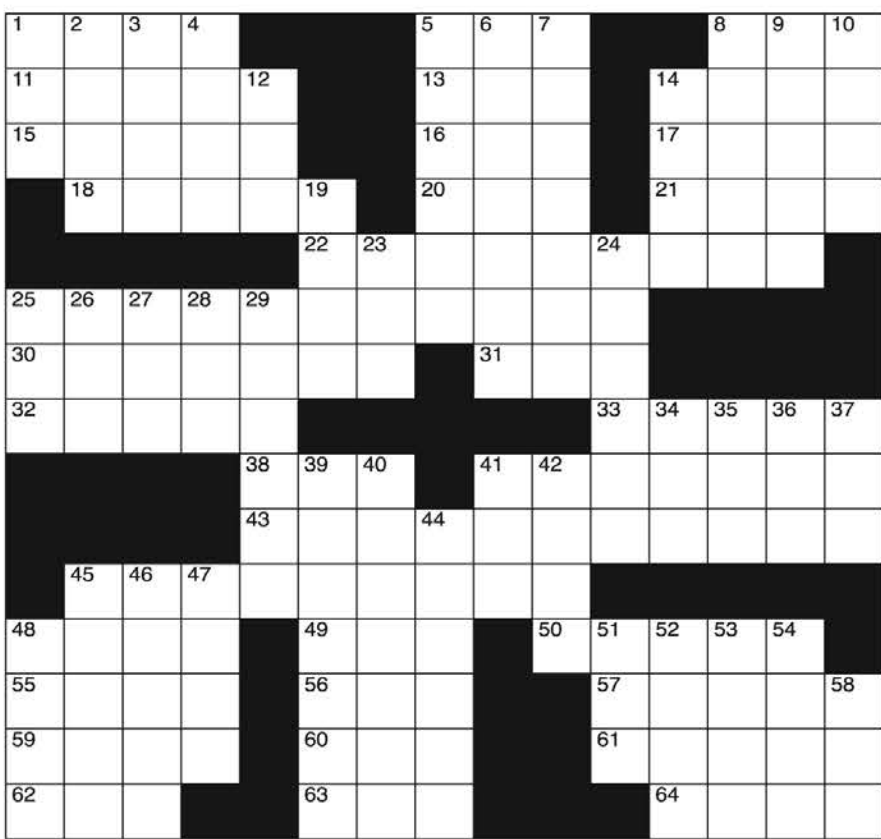
Organizers say programs like the Grit to Grow Summit help address the uncertainty many teens feel as they transition from high school into adulthood, especially as education, training, and career pathways continue to evolve.

The Summit offers both oneday and twoday participation options, with early-bird and regular registration rates available. Full scholarships for Belknap County youth are available through the Belknap County Cooperative Extension Office, ensuring cost is not a barrier to participation. Community members are encouraged to get involved by spreading the word, supporting teen participation, or engaging as employer partners and exhibitors.

More information and registration details are available at <https://extension.unh.edu/event/2026/06/discover-your-future-grit-grow-summit>.

For scholarship information, contact the Belknap County Cooperative Extension Office at (603) 5275475 or ce.belknap@unh.edu.

For Advertising Information
Call 603-279-4516
email: Tracy@salmonpress.news

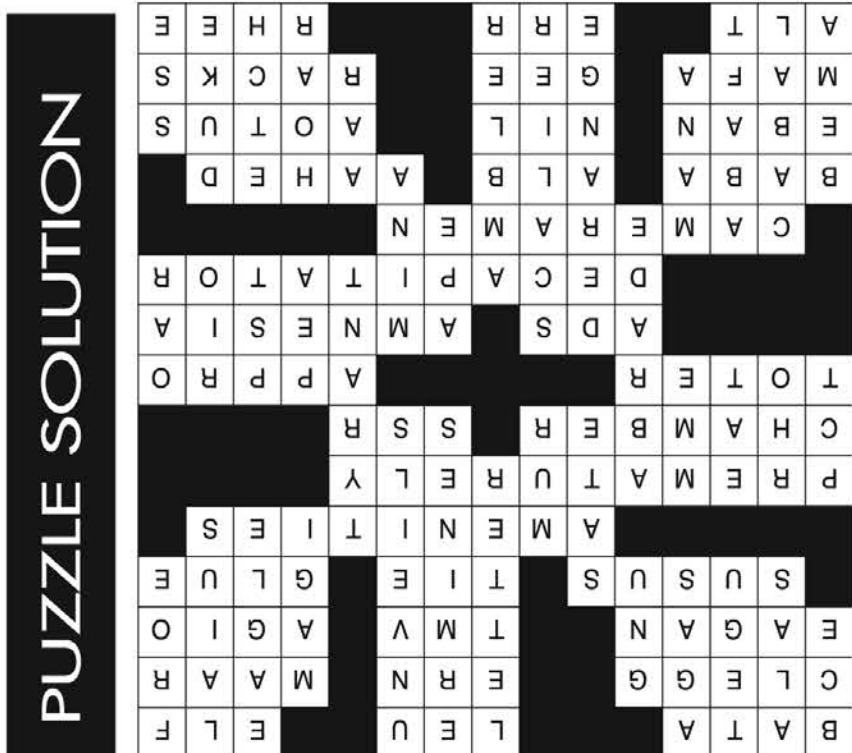


CLUES ACROSS

- 1. Egyptian bull god
- 5. Romanian monetary unit
- 8. Santa's helper
- 11. Fictional Pink Floyd corporal
- 13. Sea eagle genus
- 14. Broad volcanic crater
- 15. Minneapolis suburb
- 16. Actual commercial worth (abbr.)
- 17. Exchange rate
- 18. Ethnic peoples in Guinea
- 20. Men's fashion accessory
- 21. Craft material
- 22. Offerings
- 25. Early
- 30. Large room
- 31. Soviet Socialist Republic
- 32. One who hauls
- 33. Shorthand for accepting
- 38. Promotional materials
- 41. Loss of memory
- 43. One who beheads
- 45. Photographers
- 48. Small, rich sponge cake
- 49. White clerical vestment
- 50. Partner to "ooohed"
- 55. Abba __, Israeli politician
- 56. Zero
- 57. Owl monkey genus
- 59. Lace bug genus
- 60. Mild expression of surprise
- 61. Storage devices
- 62. Keyboard key
- 63. Make a mistake
- 64. One-time Korean president

CLUES DOWN

- 1. Bridge building degree
- 2. Expression of sorrow or pity
- 3. Large, stocky, lizard
- 4. Rumanian river
- 5. Missive
- 6. Stout-bodied moths
- 7. Brings out
- 8. Bird of prey
- 9. King of Thebes
- 10. Cleaving tool
- 12. African antelope
- 14. Three are particularly famous
- 19. Satisfy
- 23. C. European river
- 24. Dictator
- 25. Portion of (abbr.)
- 26. The 17th letter of the Greek alphabet
- 27. Consume food
- 28. Woman (French)
- 29. Scrape or wear away by friction
- 34. Popular vegetable
- 35. Pacific Standard Time
- 36. Brazilian state capital
- 37. Paddle
- 39. Cause to become insane
- 40. Drier and flakier
- 41. Mimic
- 42. ESPN host Kimes
- 44. One who moseys
- 45. Secret political clique
- 46. Behind the stern of a ship
- 47. Supernatural force
- 48. Sanctuary in Orthodox churches
- 51. Swiss river
- 52. Grayish white
- 53. Engrave
- 54. UNC's chief rival
- 58. Midway between south and southeast



PUZZLE SOLUTION

Castle in the Clouds celebrates milestone season on NH Heritage Museum Trail

MOULTONBOROUGH — Castle Preservation Society, a member of the NH Heritage Museum Trail, is celebrating its 20th anniversary, building on the momentum of the Lucknow Estate's 2025 designation as a National Historic Landmark.

To mark the occasion, the Castle in the Clouds has unveiled a new exhibition exploring the estate's history after Thomas and Olive Plant, inviting visitors to discover the lesser-known chapters of Lucknow's story. The mansion itself remains the centerpiece of the visitor experience, with daily tours and a newly repaved historic driveway that sets the stage from the moment guests arrive.

Beyond the mansion, the property comes alive each June with more than 200 public programs scheduled across the 2026 season. Families can follow the newly installed Story Walk, which officially debuts June 13 with a grand opening celebration at the Picnic Pavilion in partnership with



Altrusa. Mondays feature story time and crafts led by the Moultonborough Public Library.

Stargazers and sun-watchers alike can also find their place at Castle in the Clouds, with Sunday solar gazing sessions

with the New Hampshire Astronomical Society and an evening of constellation viewing on Thursday, June 18.

"From our mountaintop vantage point, the skies above Lucknow have inspired wonder for more

than a century," noted Executive Director Charles Clark. "Programs like these connect visitors to the same sense of awe that drew Thomas and Olive Plant here in the first place."

The estate's natural beauty takes center stage

through guided and volunteer-led hikes, garden tours of the historic Lucknow Gardens, and a Garden Photography Workshop presented with ArtWorks.

For those drawn to hands-on experiences, June offers everything

from beekeeping sessions with Bewitched Acres to a watercolor workshop, the annual Community Arts Festival on June 27, and weekly yoga on the lawns beginning June 29. For a full schedule of programs and to register, visit castle-in-theclouds.org

"Our 20th anniversary is a moment to celebrate not just what we've preserved, but what we've built—a place where history, nature, and community come together," added Clark. It's also part of something bigger. As members across the NH Heritage Museum Trail are telling the story of New Hampshire in ways that invite everyone to be part of it."

To learn more about the NH Heritage Museum Trail, featuring nearly two-dozen members in the Seacoast, Lakes Region, White Mountains, Dartmouth-Sunapee Region, and Merrimack Valley, visit nhmuseumtrail.org.

Children's Fund announces campaign to raise \$45,000 for 45th year supporting children in need



Warren Bailey, founder of the original Children's Auction initiative.

LACONIA — Leaders of the Greater Lakes Region Children's Fund have announced a campaign to raise \$45,000 this year—over and above its annual fundraising—to celebrate 45 years serving children and families in need.

The initiative was launched in 1981 by the late Warren Bailey, then a DJ for WLNH, who held the initial event out of a van in downtown Laconia and grew the effort—which became known as the Greater Lakes Region Children's Auction—each year simply by asking individual people to help.

Additional fundraisers were founded over the

years to support children and families, and now the organization that distributes the funds is called the Children's Fund; it is supported by four key annual events: the December Children's Auction, Pub Mania, the Sweepstakes Social and Christmas in July.

Over 45 years, the Children's Fund has distributed more than \$10 million to 150 nonprofits that serve local children and families in need.

"For nearly half a century, our mission has been to support local children and families in need, creating a positive impact within our community," said Jennifer Kelley, executive director

of the Children's Fund. "As we reflect on our journey, we aim to raise awareness about the ongoing challenges faced by these families and inspire community members to join us in making a difference."

Kelley said contributions of any size are welcome to support the Fund's vital work.

"Your support will help us continue our efforts and enhance the lives of children and families in our community," she added.

The campaign will run through Friday, Dec. 11.

To make a donation, visit ChildrensFundNH.org, and click on the \$45 K for 45 link.

Mount Washington Cruises announces historic expansion of summer schedule

REGION — Mount Washington Cruises has announced the most significant expansion of its summer schedule in decades, introducing a new vessel deployment strategy, additional daily departures, and enhanced connectivity across Lake Winnepesaukee.

"These are historic changes for our company and for tourism on the lake," said Jared Marajo, General Manager of Mount Washington Cruises. "We are thrilled to offer our passengers more flexibility and new ways to experience the Big Lake than ever before."

Expanded service on the M/S Mount Washington

For the first time, the summer schedule has been redesigned to significantly increase connectivity between Wolfeboro and Weirs Beach, two of the lake's most popular destinations.

New Wolfeboro Departure: Added 1:45 p.m. sailing (in addition to 11:15 a.m.)

New Weirs Beach Departure: Added 3 p.m. sailing (in addition to 10 a.m. and 12:30 p.m.)

The expanded schedule allows passengers more time to explore Wolfeboro's shops, museums, and restaurants, while also introducing new one-way travel options between ports—making it easier than ever to experience the lake without a car.

Winnepesaukee Spirit moves to Center Harbor

In a major service expansion, the Winnepesaukee Spirit will now operate out of Center Harbor.

Expanded Weekly Service: Multiple sailings per week throughout the summer

New Routes: Service connecting Center Harbor and Wolfeboro

New Experience: Introduction of a Sunset

Cocktail Cruise departing from the Wolfeboro Town Docks

Return of the Winnepesaukee Belle

Following an extensive refurbishment, the Winnepesaukee Belle returns to service from Meredith.

Daily Cruises: Multiple cocktail cruises from Meredith Town Docks, with additional departures from Weirs Beach

Themed Experiences: Including Happy Hour Cruises, Sunset Dessert Cruises, and the return of the popular Haunted Winnepesaukee Cruises

Looking Ahead: Alton Bay

Mount Washington Cruises is also actively exploring a return to Alton Bay as part of its long-term service plan. The company expects to provide an update on potential seasonal service in the coming weeks.

2026 Household Hazardous Waste events are starting up

REGION — The Lakes Region Planning Commission will be hosting its annual Lakes Region Household Hazardous Waste (HHW) collections again in 2026.

This year's event will feature six collection dates and nine collection sites that all participating residents may attend. The season will kick-off on June 20 with collection sites in Franklin and Wolfeboro. The collection season will end on Sept. 19 with the final collection in Laconia.

This year, the collections will be open to residents and taxpayers in 22 participating Lakes Region communities.

There is a variety of toxic and harmful materials that can be found in Lakes Region homes. These toxic materials are known as hazardous waste substances that can poison or contaminate our local environ-

ment like surface, ground or drinking water. Materials may include flammables, corrosive or reactive substances that can be found in your household, gardening supplies, garage, workbench or art supplies. Toxic materials that pose ground water contamination threats are not allowed at local

transfer stations. This is important for protecting human health and the water quality upon which the Lakes Region economy depends.

In addition to the Saturday, June 20 collections in Franklin & Wolfeboro, collections will also be held on Saturday, July 25 in Gilford & Meredith; Saturday, Aug. 1 in Alton & Moultonborough; Thursday, Aug. 27 in Tuftonboro; Thursday, Sept. 3 in Bristol; and Saturday, Sept. 19 in Laconia. Saturday collections will run from 8:30 a.m. – noon, and Thursday

collections will run from 2 – 6 p.m. All collection sites will be hosted at the same locations as our 2025 collection event.

Residents and residential taxpayers in the 22 participating communities may bring up to 10 gallons or 50 pounds of household hazardous products in for safe disposal at the collection site that is most convenient for them. Participating communities for the 2026 collections are Alton, Alexandria, Andover, Bridgewater, Bristol, Center Harbor, Franklin, Gilford, Gilmanton, Hebron, Hill, Holderness, Laconia, Meredith, Moultonborough, New Hampton, Sanbornton, Sandwich, Tamworth, Tilton, Tuftonboro, & Wolfeboro.



Experience the music of Van Halen at The Colonial

LACONIA — The Colonial Theatre of Laconia will present VH1 Tour: JUMP - America's Van Halen Experience on Sunday, July 26, at 7 p.m. Tickets to the show are on sale now at ColonialLaconia.com or by calling 1-800-657-8774.

After performing sold out shows across multiple different states and being recruited for international tours in Canada and Australia, JUMP has positioned themselves as one of the top up and coming Van Halen tributes on the planet. Delivering two hours of classic David Lee Roth era Van Halen, the Toledo, Ohio based band lineup is composed of a group of youngsters all born in the mid-late '90s and early 2000s. While their age offers a visual aesthetic true to Van Halen in their prime, their sound also reflects the same shredding Eddie guitar solos, rock solid rhythm section, and the whaling two-tone screams reminiscent of David Lee Roth's voice. Featuring a variety of hits and deep cuts off of the first 6 albums, JUMP's live show includes a selection of skits and one liners portrayed by Van Halen from bootlegs of their live shows between 1978-1984. Experience an embodiment of the David Lee Roth era of Van Halen and immerse yourself in youth, nostalgia and rock 'n roll.

The original owner of The Colonial Theatre, Benjamin Piscopo, was from Italy, and the theatre featured a fire curtain depicting Venice as seen from the water. In August of 2002, the theatre closed after 87 years of operation. On June 15, 2015, the City of Laconia announced a partnership with the Belknap Economic Development Council (BEDC) to purchase, renovate, and reopen the Colonial. The newly reopened Colonial Theatre has a seating capacity of 750 and plays host to various performances, including music, theatre, comedy, and civic events. Spectacle Management manages the Colonial Theatre and is home to the Powerhouse Theatre Collaborative. The Colonial Theatre is located at 609 Main St., Laconia, NH 03246. www.coloniallaconia.com

Founded in 2012, Spectacle Live offers venue operations, booking, programming, marketing, and production services across New England from offices in Lexington, Mass., Lowell, Mass., and Laconia. The company partners with over a dozen venues to manage facilities and promote a variety of events, including concerts, comedy, theater, and family entertainment. For more information, contact Pete Lally atplally@spectaclelive.com or 617-531-1257. www.spectaclelive.com

NH Boat Museum to host Junior Skippers Lake Discovery Day



MOULTONBOROUGH — On Thursday, June 25, from 1 to 2:30 p.m., the New Hampshire Boat Museum (NHBM) will host Junior Skippers Lake Discovery Day. A free program designed for kids in kindergarten through the fifth grade, "Does it Float?" is the

theme of June's session. "Kids will have a great time participating in hands-on educational activities and games," said NHBM Executive Director Devon Kurtz. "They will also leave with a better understanding of how boats stay afloat and how to be safe

on the water." Junior Skippers Lake Discovery Days take place on Thursday, June 25, Wednesday, July 15, and Thursday, Aug. 20.

In addition to Junior Skipper's Lake Discovery Days this summer, NHBM

programs and activities of interest for kids (and families) include Boat Building, Boat Cruises in the Millie B, and Story Hour with Moultonborough Public Library. On Saturday, July 25 NHBM will host a book signing with children's book authors Karel Hayes and Andy Opel, which will include crafts, a treasure hunt, and snacks.

Founded in 1992, NHBM is dedicated to preserving and sharing the state's rich freshwater boating heritage. Through dynamic exhibits, youth programs like Junior Skippers, and on-the-water experiences, NHBM brings New Hampshire's boating story to life for visitors from across the world.

To learn more about Junior Skippers Lake Discovery Day or other child and family-themed programming, visit nhbm.org.

1 and 2 Bedroom Garden Style Family Apartments

Wakefield Acres Apartments

Family, Elderly and Disabled Housing
On-Site Laundry
24 Hour Maintenance
Federally subsidized - must meet income guidelines

Please Contact Foxfire Property Management for an application at: 603-228-2151 ext. 302; (TDD) 800-545-1833 ext. 102
www.foxfirenh.com

This institution is an Equal Opportunity Provider & Employer

Camelot Home Center

ALWAYS OPEN DAILY • 10 TO 6 SATURDAYS & 10 TO 5 SUNDAYS

NEW 14' WIDES

List Price: \$86,995
\$77,995*
66' 3 Bed, 2 Bath

List Price: \$89,995
\$86,995*
68' 2 Bed, 2 Bath

DOUBLE WIDES

List Price: \$119,995
\$115,995*
56' 3 Bed, 2 Bath

List Price: \$130,995
\$127,995*
48' 3 Bed, 2 Bath

*PRICES SUBJECT TO CHANGE

Homes From COLONY, MARLETTE, NEW ERA & TITAN

MODULARS

\$119,995*
2 Bed, 1 Bath

\$179,995*
1,568sq ft. 2 story,
3 Bed, 2.5 Bath.

Visit Our Website: WWW.CM-H.COM

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?
Rt. 3, Tilton NH, exit 20 on Rt. 1-93 across from Lakes Region Factory Mall

REAL ESTATE

TO VIEW THESE AND OTHER PROPERTIES, VISIT:

Alpine Lakes Real Estate: www.alpinelakes.com

Badger Peabody & Smith Realty: www.peabodysmith.com

Bean Group: www.beangroup.com

Century 21 Country Lakes Realty: www.countrylakesrealty.com

Century 21 Twin Rivers Realty: www.nhreal21.com

Coldwell Banker: www.cboldmill.com

Coldwell Banker Residential Brokerage
www.newenglandmoves.com

ERA Masiello: www.masiello.com

Exit Lakeside Realty Group: www.exitlakeside.com

Granite Group Realty Services:
www.granitegrouprealtyservices.com

Gowen Realty: www.gowenrealty.com

Kressy Real Estate: www.kressy.com

Lakes Region Realty: www.lakesregionrealestate.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

McLane Realty: www.mclanerealtyplymouth.com

Mountain Country Realty: www.mountaincountryrealestate.com

Nash Realty: www.nashrealty.com

New Hampshire Colonials Real Estate: www.squamlake.com

Noseworthy Real Estate: www.noseworthyrealestate.com

Old Mill Properties: www.oldmillprops.com

Pine Shores Real Estate: www.pineshoresllc.com

Preferred Vacation Rentals: www.preferredrentals.com

Remax Bayside: www.baysidenh.net

Roche Realty: www.rocherealty.com

Strawberry Lane Real Estate: www.strawberrylane.com

Town & Forest Realty: www.townandforest.com

MEREDITH LANDING REAL ESTATE, LLC

285 Daniel Webster Highway
(603) 677-7007 • www.MeredithLanding.com

OUR NEW LISTINGS!

CENTER HARBOR: IN-TOWN LOCATION!

Fall in love with this charming 3BR/2BTH bungalow featuring a 1st floor primary BR, screen porch, and garage all in a great location near a grocery store, nice shopping, restaurants, and a wonderful town beach! **\$469,000 (5095151)**

MOULTONBOROUGH: WANNIPESAUKEE LAKE ACCESS!

Water access 3BR cottage in Balmoral with association sugar sand beach, boat launch, clubhouse, tennis/pickleball courts, basketball court, and playground on the shores of Lake Winnepesaukee! Great 4 season retreat! **\$349,000 (5095300)**

Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. (The Fair Housing Act of 1968 at 42 U.S.C., 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

EQUAL HOUSING OPPORTUNITY

ROCHE REALTY GROUP

97 Daniel Webster Highway | Meredith, New Hampshire | Call us at: (603) 279-7046 | Find us @rocherealty

Search New Hampshire properties at www.rocherealty.com

\$549,000

MLS# 5086822

Plymouth: Motivated Seller! Perched at the top of Tenney Mountain, this fully updated 4-bedroom, 4-bath detached mountain residence offers sweeping mountain views just moments from the ski trails.

\$799,000

MLS# 5094177

New Hampton: To be built 3BR, 3BA custom ranch sits on a peaceful 1.5-acre wooded lot. Homeowners enjoy exclusive deeded beach rights to Pemigewasset Lake without the price tag of lakefront taxes.

\$695,000

MLS# 5094446

Gilford: To be built 2BR, 2BA, an open-concept kitchen, an attached 2-car garage, and a full walk-out daylight basement. Modify the layout up to 4 bedrooms and 3 baths. Nestled in Gunstock Acres, with access to Lake Winnepesaukee.

\$2,199,999

MLS# 5046786

Laconia: This striking 4BR home spans three levels of open-concept living, maximizing lake view flow with custom cabinetry, quartz countertops, and a luxurious primary suite with a private lakeside balcony. With 86' of owned shoreline, a private boat slip, stone walls, and more.

11,000 Success Stories Strong. Start Yours Today!

When it comes to the New Hampshire market, experience is the difference. Roche Realty Group has closed over 11,000 transactions and \$3.4 Billion in sales earning the title of "#1 BEST Real Estate Company in NH's Lakes Region" six years in a row

2025 WINNER

*Statistics obtained from PrimeMLS since 1997 for all real estate firms reporting sales in the entire state of NH during that time.

Belmont Village Apts, Belmont, NH AVAILABLE SOON!

Now accepting Applications:

Subsidized two bedroom town house style apartment.

- On-site laundry
- parking
- 24-hr maintenance
- close to center of town
- No Pets
- NO SMOKING.

Must meet income limit guidelines; rent starting at **\$1,210.00**, plus utilities; security deposit required. Download application at <https://www.sterling-managemnt.net> or call office at 603 267 6787

EQUAL HOUSING OPPORTUNITY



Granite VNA Hospice Home & Garden Tour returns to Lakes Region July 15

Five waterfront properties will be showcased to support community hospice services



COURTESY
Home one, on the edge of Roberts Cove, is a spacious, open-concept home with large living area, a four-season porch, and scenic water views. The home features a walk-out game room, stone patio, and private beach with docks offering direct lake access and a view of Rattlesnake Island.



Home four offers a spacious sitting area filled with plants overlooking Roberts Cove.



Home five houses home four's off-site art studio and temperature-controlled vintage racing boat workshop.

REGION — Granite VNA's Hospice Home & Garden Tour has become an annual can't-miss summer event in the Lakes Region. This year's tour showcases five beautiful, historic properties in Alton and Wolfeboro that are sure to "wow" visitors. The self-guided tour takes place Wednesday, July 15, from 10 a.m. – 4 p.m., and welcomes attendees to stroll through lush gardens, enjoy elegant interiors, and explore the history behind each unique property.

"Whether you are visiting the Lakes Region for the day or a week, or if you live here, this tour should be on your calendar! Experiencing these unique homes, gardens, and beautiful surroundings is simply the perfect way to spend a summer day," said Granite VNA volunteer and tour committee co-chair Karen Haskell. "We are incredibly grateful to the property owners who open their doors to visitors and support Granite VNA community hospice services. We also owe a big thank you our more than 75 volunteers, sponsors and others, who make the tour possible. We can't wait to welcome you into these gems of the Lakes Region."

2026 Hospice Home & Garden Tour featured homes:

Home one, on the edge of Roberts Cove, offers a stunning interior featuring furnishings and décor from the southeast United States. The open-concept home features large living areas with scenic water views and a four-season porch providing a comfortable herb garden overlook. The home accommodates 18 people and comfortably



The kitchen of home two features soapstone counters that complement antique light fixtures, one of the many treasured and unique items featured throughout the property.

home draws from both the past and the present.

Home three, once a rustic Camp Dewitt cottage, has been transformed into a light-filled retreat blending family history and timeless design. An open kitchen invites visitors to convene around a large island while artisan lighting, drawer pulls, and playful farm animal accents bring the home together. A piece by Maine artist Sarah Madeira Day brings a whimsical feeling to the family room, complementing the original exposed beams, cozy textures, and ample sunlight that dapples every room.

Home four is a lakeside getaway, also situated on the site of Camp DeWitt. Since the home was last featured, the first floor has been refurbished to expand the living space, the kitchen has been updated to accommodate a breakfast bar and comfortable seating, and a screen porch has been transformed into a sunroom for year-round enjoyment. The home showcases the owner's acclaimed artwork created in her off-site studio, and is thoughtfully decorated with photos of antique boats, a collection of banjos, and a gorgeous piano.

Home five, just two miles from home four, houses home four's off-site art studio and temperature-controlled vintage racing boat workshop. The owner's artwork focuses on abstract landscapes done with watercolor on Yupo paper, a synthetic plastic surface that allows for bright colors and flexible techniques. In the boat workshop, visitors will find



This spacious living room in home three features exposed beams from the original Camp DeWitt cottage.

out. Tickets are available online and at Black's Paper & Gift Shop (cash sales only), 8 South Main Street in Wolfeboro. All proceeds benefit Granite VNA community hospice services.

In 2025, Granite VNA made 111,331 visits to 6,096 home care patients in their homes, facilities, and retirement communities, as well as 28,176 visits to 799 hospice patients in their homes, assisted

living communities, retirement communities, and skilled nursing facilities, and 11,507 visits to 419 patients at Granite VNA Hospice House in Concord. Proceeds from the Hospice Home & Garden Tour directly benefit this work.

For additional information about the 2026 Hospice Home & Garden Tour, and to purchase tickets, visit www.granitevna.org/hometour.

HELP WANTED

FRIENDLY & RELIABLE NIGHT CASHIERS needed at the Following Location:
Bosco Bell on Route 28 Barnstead
Please apply in person.



Energysavers
Full-Time Installers Apprentice
Energysavers Inc, a 50 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.
LEARN WHILE YOU EARN!
No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening.
Stop in to fill out an application:
ENERGYSAVERS INC.
163 Daniel Webster Hwy., Meredith NH

GENERAL SERVICES

Explore Prince Edward Island This Summer or Fall

Explore Prince Edward Island This Summer or Fall This two-bedroom cottage near Tignish provides sweeping views of the ocean, the beach, and the North Cape lighthouse. Enjoy kayaking, bicycling, walking the beach, swimming in the warmer Gulf Stream waters, and exploring the community of Nail Pond and the many PEI attractions. Full Appliances. The cottage sleeps six comfortably. Weekly rent is only \$1,100. Contact Scott, for more information at 603-254-5032, or scottm@plymouth.edu.

YEAR-ROUND SHORT-TERM RENTAL
Egrets Landing-31A - LIGHTHOUSE POINT CONDOMINIUMS -TYBEE ISLAND, GEORGIA
Oceanfront 2-bedroom condo.
Gated community with pool. Full Appliances.
Ocean views of ships and birds with a short walk to the beach.
Bookings Contact: Oceanfront Cottage Rentals. (800) 786-5889
<https://www.oceanfrontcottage.com/rentals/egrets-landing-31a>



WE ARE HIRING!

PSI Molded Plastics, located in beautiful Wolfeboro, NH.

We offer competitive pay rates.

Benefits include Health & Dental Insurance, Vision, Short Term Disability, Long Term Disability, Life Insurance
401k, 10 paid holidays, paid vacation time, paid sick time, and many other incentives!

Press Operator 2nd shift and 3rd shift – Pay \$18.00, plus \$2 shift differential.

Assembler 2nd shift – Pay \$18.00, plus \$2.00 shift differential

Assembler 3rd shift – Pay \$18.00, plus \$3 shift differential.

Maintenance Tech 2nd Shift – Pay \$21 and up depending on experience, plus \$2 shift differential

Mold Setter 2nd – Pay \$21, plus \$2 shift differential

Suffer Painter Apprentice 3rd shift – Pay \$19.50, plus \$3 shift differential

\$2.00 per hour shift differential on 2nd shift.

\$3.00 per hour shift differential on 3rd shift.

For immediate consideration, please come to Five Wickers Drive Wolfeboro, NH to complete an application or visit our website for more information at www.psimp.com.

You can also email your resume directly to donna.doyle@psimp.com or call me at 603-941-0022. Please be specific as to what shift and position.

PSIMP an Equal Opportunity Employer.
ISO 9001:2015 Registered.

Interlakes Summer Theatre offers free summer camp for kids

MEREDITH — The Interlakes Summer Theatre has offered children in the Lakes Region Area, a free theatre camp experience every summer since 2008. The program, which is run by theatre professionals (Director/Assistant Director, Musical Director, Choreographer/Stage Manager), consists of three two-week sessions. Each session culminates in a musical performance of a “Junior” style musical. All


who audition are accepted. For information, email interlakestheatre@gmail.com. “The Interlakes Theatre has always offered this program without a charge because I believe every kid needs a safe space where they can be with other like minded kids and learn how to work together to create something really special,” says Founder, Nancy Barry. “This is the program I always wished I’d had

when I was growing up. And I want it to be accessible to all kids!” This year’s first musical will be “Princess K.I.M.,” based on the children’s book by Maryann Coca-Leffler. Ms. Coca-Leffler will be in attendance at the performances and will be available for a talk back after the shows on July 11 & 12. Liz Bealiko from New York City, will be directing the production. Auditions for Princess

K.I.M. will be on June 27 at 2 p.m. at the Inter-Lakes Auditorium. Rehearsals will begin on June 30, 10 a.m.-1 p.m. every Tuesday through Saturday. The second musical will be “Oliver, Jr.” It will audition on July 11 at 2 p.m., and will be directed by Madison Williams. Rehearsals begin July 14, every Tuesday through Saturday until July 25 & 26. The final ICT production will be “Cats-Youth Edition.” The director is Forest Hamel. Auditions

are on July 25, rehearsals begin July 28. The musical director for the ICT season shows is Aiden LaMont, Choreographer is Essie Humphrey, Laryssa Humphry will assist on “Oliver, Jr.” We are so grateful to our sponsors—those who specifically step up to honor the work we are doing for our Youth. Those sponsors include Lakes Region Children’s Fund, Inter-Lakes Children’s Charity, Heart &

Hands, Laconia Daily Sun, and our newest sponsor, Hannaford. Tickets for the kids shows are all \$10.00 and are now available online. Tickets are also available for our mainstage professional productions “Always Patsy Cline,” “Hello, Dolly,” “Cabaret” and “Annie,” and our season fundraiser on June 27 & 28, “Great Balls of Fire,” featuring the music of Buddy Holly, Jerry Lee Lewis, Johnny Cash, Elvis Presley.



LAKES REGION COMMUNITY COLLEGE

Strong History and Bright Future
Patrick Cate, President

For nearly 60 years, Lakes Region Community College (LRCC) has served as a gateway to opportunity for students across central New Hampshire. Our mission to provide accessible, high-quality education remains unchanged. We are still focused on what matters most: creating opportunities for students and helping local communities thrive.

Overall enrollment has increased five of the last six years, reflecting growing interest in the educational and workforce opportunities available at the college. Student persistence also continues to improve, demonstrating that students are not only enrolling but finding success once they arrive.

Those data points represent real people developing skills and building brighter futures for themselves and their families. Every LRCC graduate has a unique story, but they all share a common thread: the decision to invest in themselves through education. Their success is the community’s success.

From healthcare and public safety to manufacturing, automotive technology, and culinary arts, LRCC prepares students for careers that are critical to the economic strength of our region. Partnerships with employers ensure that students graduate with the skills needed to succeed in today’s workforce. At the same time, our short-term workforce development programs have experienced dramatic growth.


One of the most exciting areas of growth at LRCC has been our Early College program for high school students. Participation has increased by nearly 23 percent over the past three years, with more than 1,500 high school students each year getting a head start on their college education.

Through workforce training, continuing education, industry collaboration, and community engagement, we strive to be a resource for the Lakes Region and central New Hampshire.

And we accomplish this with an expense budget that nearly matches our 2018 expenses. We take our mission of high-quality education at an affordable price seriously.

I am excited about what the future holds for LRCC and I hope you feel that same sense of possibility. Every day, we see lives changed and improved through education. Supporting individual and community success remains at the heart of who we are and will continue to guide our path forward.

www.lrcc.edu
PAID ADVERTISEMENT





HOSPICE Home & Garden TOUR

Wednesday, July 15, 10 a.m. - 4 p.m.

Exclusive Tour of Five Exceptional Alton & Wolfeboro Properties

Tickets \$55 per person – available online at www.granitevna.org/hometour or with cash/check at Black’s Paper Store & Gift Shop, Wolfeboro. For more information, scan QR code or call 603-230-5664.

All proceeds benefit Granite VNA hospice program.




603 ROOFERS

BY DWIGHT & SONS, INC.



PROUD TO BE **THE BEST** OF THE **LAKES REGION**

2 Years In A Row!

COMPLETE ROOFING SOLUTIONS

✓ ASPHALT ✓ METAL ✓ WOOD

603-766-3377 • 603ROOFERS.COM

HIRE A PROFESSIONAL WHO IS CERTIFIED & FULLY INSURED



MARVIN  + TRÜSTILE [®]

Save 10%

On Marvin Elevate + TruStile Windows & Doors

See Store for Details

LaValley

BUILDING SUPPLY

14 Retail Locations Throughout NH & VT

Find Your Store at LaValleys.com