

Winnisquam Echo

THURSDAY, NOVEMBER 28, 2024

FREE

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Winnisquam, Belmont boys bring home soccer All-State honors

BY JOSHUA SPAULDING

Sports Editor

REGION — With the conclusion of the fall soccer season, the New Hampshire soccer coaches have announced their All-State selections and there are a number of local players earning honors.

In Division III, First Team honors went to Belmont goalie Jaxson Embree, Prospect Mountain forward TJ Locke, Gilford midfielder Micah Javalgi and Gilford defender Jared Beale. Second Team was presented to Belmont forward Owen Waldron, Gilford midfielder Aiden Burnham and Belmont defender Brody Ennis and Honorable Mention went to Prospect Mountain goalie Ben Gagnon, White Mountains Regional forward Asier Gonzalez, Berlin forward Dillon Boucher, Prospect Mountain midfielder Shaun McAnaney, White Mountains midfielder Jake Silver, Newfound midfielder Landon Sargent, Winnisquam midfielder Colby Blackburn, Belmont



JOSHUA SPAULDING

Belmont goalie Jaxson Embree was named Division III All-State First Team in his senior year.

midfielder Keegan Martinez, Inter-Lakes midfielder Cash Frontiero and Gilford defender Brennan Nunez.

Also earning First Team honors were forwards Tanner Moulton of Mascoma and Angus Forman of St. Thomas,

midfielders Fin Murphy of Hopkinton, Aaron Page of St. Thomas and Brayden Pierce of Mascoma and defenders

Noah Aframe and Nate Windhurst of Hopkinton and Brady Livas of St. Thomas.

Second Team recognition

also went to goalie Matt Favreau of Mascoma, forwards Kris-

SEE **ALL-STATE**, PAGE A9

Franklin Opera House presents a "Holly Jolly Holiday with Ida"



FRANKLIN — Prepare to laugh when you join Ida LeClair for Christmas in Mahoosuc

Mills. Ida's holiday spirit is so bright, it could light up an entire inflatable penguin village. Actress Susan Poulin brings her warm and funny character to life at the Franklin Public Library in Franklin on Saturday, Dec. 14, at 7:30 p.m.

"She just beams love out into the world, and that is something we need right now," Poulin says.

Come on over to Ida and Charlie's house and pick up a few holiday decorating tips, discover the "secret" in the not-so-secret Santa plan, and get the scoop on Ida's latest Christmas craft project with the Women Who Run With the Moose. LeClair's

no Scrooge, so banish your bah-humbugs and prepare to laugh.

"Spending time with Ida is like talking to an old friend—one with plenty of experience and a wicked sense of humor," writes Dean Lunt, editor-in-chief of Island Port Press.

While the Franklin Opera House awaits renovations to Soldiers Memorial Hall, this performance will be held next door at Franklin Public Library, 310 Central St., Franklin. General Admission tickets are \$18 for adults and \$16 for seniors and students.

Belknap EDC announces new Directors

LACONIA — Belknap EDC is pleased to announce the addition of four new members to its Board of Directors: Alexandra (Ali) Pelletier of Bank of New Hampshire, Steve Caroselli of Orion Entrance Control, Patrick Cate of Lakes Region Community College (LRCC), and Shanna Saunders of the Lakes Region Planning Commission (LRPC). Directors provide leadership for carrying out the organization's mission to promote economic vitality and opportunity in Belknap County.

Ali Pelletier is the Vice President of Retail Banking Administration at Bank of New Hampshire, where she has contributed to the success of the organization for 15 years. With a deep commitment to enhancing both staff and customer experiences, Ali is dedicated to fostering meaningful relationships with businesses and community members across New Hampshire. Her focus on continuous improvement drives her passion for creating positive, lasting impacts in the communities she serves.

Steve Caroselli is the Founder & CEO of Orion Entrance Control, Inc. With innovation and intention, Steve has always seen the direction Orion needs to head, leading the industry with deliberate use of disruptive technologies since he started Orion in 2009. In under a decade, Orion Entrance Control has tripled its workforce, expanded sales to eleven countries, and provides solutions for some of the biggest names in the business.

Patrick Cate, President of LRCC, served as the interim President since July 2022 before his permanent appointment to the position in April 2024. He brings a wealth of experience in higher education and student success with more than 20 years' experience in higher education including roles at Walnut Hill College in Philadelphia, Rivier University in Nashua and Plymouth State University in Plymouth before embarking on his tenure with LRCC in 2018. Throughout his career, Cate's passion for education and commitment to student success have been evident.

SEE **EDC**, PAGE A8

Franklin Opera House hosts Festival of Trees

py Holidays! It's time for the annual Festival of Trees in Franklin, on Dec. 6, 7 & 8. As Franklin Opera House awaits renovations to its home in Soldiers Memorial Hall, this year's Festival will be right next door at Franklin Public Library, 310 Central St. Join your friends on Dec. 6 from 4 - 8 p.m. (in conjunction with the Downtown Holiday Stroll); Saturday, Dec. 7 from 10 a.m. - 5 p.m.; and Sunday, Dec. 8 from 10 a.m. - 3 p.m.

Admission to this event is free. Decorated Christmas trees,

FESTIVAL, PAGE A8



BNH participates in statewide #NHBanksGiveBack Month of Giving effort

#NHBanksGiveBack



Member FDIC

LACONIA — During the month of October, Bank of New Hampshire participated in #NHBanksGiveBack, a volunteer celebration organized annually by the NH Bankers Association.

“We were pleased to join the banking industry in New Hampshire to help celebrate the ongoing support of our local communities through community service and financial support,” stated Chris Logan, President & CEO for Bank of New Hampshire.

#NHBanksGiveBack is a coordinated month of service where NH Bankers Association’s member banks are asked to engage in one or more

of their regularly scheduled community service efforts during the month of October.

“Banks in New Hampshire are united in their consistent and continued support of our communities through hours of volunteerism and financial support to local non-profit and civic organizations. This one month of giving by New Hampshire’s banking industry highlights the longstanding practice by our members to regularly give back to their communities,” said Kristy Merrill, President/CEO of NH Bankers.

Bank of New Hampshire proudly engaged in a range of charitable activities during the #NHBanksGiveBack campaign, with a total of 24 dedicated volunteers contributing 86 volunteer hours. In addition to contributing valuable time, BNH also provided \$19,750 in financial support to various initiatives across the state. Bank of New Hampshire’s commitment to making a positive impact

on communities goes beyond banking. The organizations served by BNH across New Hampshire in October included the following:

- Donating to End 68 Hours of Hunger’s Food Drive in Rochester
- Donating to the NH Coalition to End Homelessness Hope Starts Here Scholarship in Manchester
- Sponsoring the Nashua PAL’s Night of Champions in Nashua
- Sponsoring the Monarch School of New England’s 50th Anniversary Celebration in Dover
- Sponsoring The Mental Health Center of Greater Manchester’s 25th Annual Benefit for Mental Health in Manchester
- Sponsoring The Laura Foundation for Autism & Epilepsy’s Halloween Town in Madison

- Sponsoring the New Hampshire Children’s Trust Strengthening Families Summit in Concord
- Sponsoring the WOW Trail’s Runaway Pumpkin 10K and 5K in Laconia
- Sponsoring New Hampshire Pumpkin Festival, volunteering to set up for the event and hosting ‘Cash Mobs’ with the Lakes Region Chamber in Laconia
- Volunteering with and donating to Families in Transition in Manchester
- Volunteering at Capital Center for the Arts’ Sound and Color Festival in Concord
- Volunteering at Hands Across the Table in Laconia

Bank of New Hampshire is proud to have been part of this statewide effort, showcasing their dedication to the well-being of the communities they serve.

Bank of New Hampshire is proud of this partnership with the NH Bankers Association as we aspire to remain an independent mutual financial institution, delivering innovative solutions and exceptional service, while assisting our employees, customers and communities to build brighter futures.

Bank of New Hampshire, founded in 1831 provides deposit, lending and wealth management products and services to families and businesses throughout New Hampshire and southern Maine. With 21 banking offices and assets exceeding \$2 billion, Bank of New Hampshire is the oldest and one of

the largest independent banks in the state. Bank of New Hampshire is a mutual organization, focused on the success of the bank’s customers, communities and employees, rather than stockholders. For more information, call 1-800-832-0912 or visit BNH.Bank

About New Hampshire Bankers Association

The New Hampshire Bankers Association is a statewide, not-for-profit trade association representing and serving banking institutions in the State of New Hampshire. The mission of NH Bankers is to support our members by fostering a banking environment that strengthens our communities. For further information, please visit www.nhbankers.com or call (603) 224-5373.

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Greater Lakes Region Children’s Auction announces boot drives

LACONIA — The Greater Lakes Region Children’s Auction has announced its boot drive collections, sponsored by local fire departments. All proceeds support the Children’s Auction and thus, local children and families in need.

Collections will take place as follows:

- Saturday, Nov. 23, in Meredith, at Circle K, Hannaford, Ocean State Job Lots from 9 a.m. to 2 p.m.
- Friday, Nov. 29, in Bristol, at the intersection of Lake and Pleasant streets, from 8:30 a.m. to 1 p.m., and in Laconia, at the intersection of Main and Pleasant streets, from 8 a.m. to 12 p.m.
- Saturday, Nov. 30, in Gilford at Hannaford, Walmart, Lowes and Shaw’s, from 9 a.m. to 1 p.m.

This year’s auction will be held from Dec. 10-13, and early access bidding starts Nov. 29. The event will be live

streamed daily from 9 a.m. to 7 p.m. on LRPA TV Channel 25, laconia-dailysun.com, and childrensauction.org.

For more information, to donate or volunteer, visit childrensauction.org or call 603-527-0999.



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Celebrate the holidays with “A Charlie Brown Christmas” by the Heather Pierson Trio at Hermit Woods

MEREDITH — Embrace the holiday season with Hermit Woods Winery & Sweet Mercy’s Kitchen, where the Heather Pierson Trio will bring to life Vince Guaraldi’s beloved “A Charlie Brown Christmas” on Thursday, Dec. 5, and Friday, Dec. 6 (only three tickets remain for Friday!). This annual event celebrates the magic of Guaraldi’s classic score and holiday favorites, creating a heartwarming night that combines fine wine, delicious food, and nostalgic tunes.

Evening schedule:
5:30 – 6 p.m.: Complimentary wine tasting
6 p.m.: Doors open and dinner service begins
7 p.m.: Show begins (Dessert and drinks available during the show)

The Heather Pierson Trio—featuring Heather Pierson on piano and vocals, Shawn Nadeau on bass, and Craig Bryan on drums—will perform the entirety of Guaraldi’s iconic “A Charlie Brown Christmas” score, along with other Guaraldi compositions and seasonal classics. Known for her rich, expressive voice and skillful piano artistry, Pierson has garnered praise for her ability to evoke emotion and capture the beauty of holiday music. This lively performance is perfect for jazz lovers, families, and holiday enthusiasts alike.

Heather Pierson is a New Hampshire-based singer, songwriter, and pianist whose style spans jazz, blues, folk, and Americana. Her 16th album, “Back to the Light,” showcases her unique sound, blending the grooves of New Orleans, the spirit of Appalachia, and the soul of classic Americana. With Shawn Nadeau and Craig Bryan, her trio’s live performances are known for their engaging, conversational style that transports audiences on an uplifting musical journey.

For more information, visit www.heather-pierson.com.

pierson.com.

About The Loft at Hermit Woods – Listening Room Series Located in the heart of Meredith, The Loft at Hermit Woods Winery is an intimate sixty-seat venue that hosts exceptional artists from New England and beyond. While jazz is central to its lineup, the Listening Room Series also features folk, blues, classical, and world music. The Loft provides an immersive experience, encouraging guests to maintain a quiet atmosphere for full enjoyment of each performance.

Tickets & Information Box Office: (603) 393-6971 Website: www.hermitwoods.com/music Location: Hermit Woods Winery & Sweet Mercy’s Kitchen, 72 Main St., Meredith. Reservations are highly recommended as seating is limited.

Celebrate the season with us at Hermit Woods, where an evening of holiday cheer and timeless music awaits!



Experience the art of wildfowl woodcarving League of NH Craftsmen



MEREDITH — The League of New Hampshire Craftsmen, Meredith Fine Craft Gallery invites you to experience the art of wildfowl woodcarving by a live and cap-

tivating demonstration by juried woodcarving artist Alan Gabris. This exclusive event offers a unique opportunity to witness the intricate craft of one of the fore-

most woodcarvers in the field.

Gabris has been celebrated for his meticulous attention to detail and lifelike representations of wildfowl. Through Gabris’ study and research over the past 40 years he incorporates detail with accuracy in his exquisitely designed menagerie of wildfowl capturing their essence with artistic flair. Gabris’ creations are miniature in scale and set in their natural surroundings. Gabris has mastered the art of bringing wood to life, capturing the essence of various bird species through expert carving and painting.

Event details:
Date: Dec. 7
Time: 11 a.m. – 2 p.m.
Location: Meredith League of NH Craftsmen Gallery, 279 DW Highway, Meredith
Admission: Free

Attendees will have the chance to see Gabris at work, learn about the tools and techniques used in wildfowl woodcarving, and gain insights into the artistic process behind each piece. Whether you’re a seasoned collector, an aspiring carver, or

simply an admirer of fine craftsmanship, this event promises an enriching experience. There will also be a display of some of Gabris’ finished works, providing a stunning showcase of his skill and artistry.

For more information

please call the Gallery at 603-279-7920 or visit our Web site, Meredith.nhcrafts.org.

The League of NH Craftsmen is a non-profit organization that encourages and promotes the creation, use and preservation of fine

contemporary and traditional hand craft. The League represents the signature of excellence in fine craft, through the work of its juried members, and its rigorous standards for self-expression, vision, and quality craftsmanship.

Loon Preservation Committee to host holiday open house

MOULTONBOROUGH — The Loon Preservation Committee will host its annual Holiday Open House at The Loon Center in Moultonborough on Saturday, Nov. 30 from 10 a.m. – 2 p.m. There will be fun for the whole family, including horse-drawn rides, holiday refreshments, balloon animals, crafts for the kids, and a visit from Santa! Event is free all are Welcome!


Last chance to get your raffle tickets. Drawing will be held at the Event. Need not be present to win.

There will also be special holiday sales in the Loon’s Feather Gift Shop (10 percent off for every visitor; 20 percent off for members, and 25 percent off for new members)!

For more than 40 years, The Loon Preservation Committee has worked to preserve the Common Loon and its habitat in New Hampshire through research, education and management activities. Come take part in the holiday cheer and learn about these birds and how you can help protect them.

To reach The Loon Center from Route 25 in Moultonborough turn onto Blake Road at the Moultonborough Central School. Follow Blake Road one mile to the end at Lees Mill Road. Turn right and the Loon Center is the first building on the left, #183. For further information call (603) 476-5666 or email info@loon.org.

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Opinion

Rediscovering the lost art of handwritten recipes

In an era of digital convenience and instant gratification, some of life’s most cherished traditions are quietly slipping away. Among these, the art of handwritten recipes. These are a tangible connection to the flavors of our past, the love of our grandmothers, and the warmth of family gatherings. In a world dominated by cooking apps and online recipe repositories, the simple act of putting pen to paper to share culinary secrets seems almost archaic. Yet, it’s precisely this nostalgia and intimacy that make handwritten recipes a lost art worth preserving.

Handwritten recipes are more than just a list of ingredients and instructions; they are pieces of culinary history, infused with the personality and heritage of those who penned them. Each smudged, stained, and dog-eared card or piece of paper tells a story, a tale of generations passing down family traditions, the evolution of tastes and preferences, and the love and care that goes into creating a homemade meal.

The act of writing out a recipe by hand is an act of devotion. It’s a moment where the cook imparts their wisdom, tips, and variations to the next in line. The penmanship, the flourishes, and the personal notes (“This one’s always a hit at family gatherings!”) add a layer of character that cannot be replicated by sterile digital text.

One of the most remarkable aspects of handwritten recipes is their adaptability. They are not bound by the limitations of standardized formats and measurements. Instead, they encourage creativity and experimentation. A pinch of this, a handful of that, and a dash of love, these imprecise yet heartfelt instructions allow each generation to put their own spin on the family classics, ensuring that the recipes remain dynamic and relevant.

In an age where convenience often trumps sentimentality, it’s easy to overlook the value of preserving handwritten recipes. But as we flip through fading recipe cards and rediscover the treasures hidden in old recipe boxes, we are reminded that these handwritten culinary heirlooms are more than just instructions; they are a link to our past, a source of inspiration, and hold tradition.

Letter submission policy

Letters to the Editor must include the author’s name, address, and a day-time phone number for purposes of verification in order to be considered for publication. Only the author’s name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted. It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

Ron Tveter, US Navy Korean War Veteran, enjoyed a visit with great-grandchildren at the New Hampshire Veterans Home in Tilton. While sporting stars and stripes, his family presented his “Tveter-an” sign, complete with patriotic balloons. At this time of giving thanks, the New Hampshire Veterans Home shares appreciation for our veterans and their families.



GOING OUT OF TOWN

Unique gifts in the big city at The Holiday Market at Snowport

BY ERIN PLUMMER
mnews@salmonpress.news

One of the last places you might expect to find a little winter village is right in the middle of Boston. Tucked among the skyscrapers and busy streets in the Seaport is a village of tiny cabins under a web of Christmas lights with crafters from across New England selling their eclectic creations. Even in the big city there is a place here to sit in an Adirondack chair and enjoy some hot food or even an overloaded cup of cocoa. This is the Holiday Market at Snowport: an excellent place to spend some cozy time and buy some handcrafted gifts that will stay open until just before New Year’s.

I first heard of the Holiday Market at Snowport last year, and checked it out right before New Years. It was such a fun place to spend some time, check out some amazing creations, and enjoy one of the most decadent cups of cocoa I have ever had. It truly is a little winter village right in the middle of the big city. The Holiday Market reopened for 2024 just a few weeks ago and will stay open seven days a week until Dec. 29.

Every holiday season, the Seaport district becomes Snowport with an array of events and activities going on from November through December, including tree lightings, appearances by Betty the Yeti, an area for curling, and numerous promotions by Seaport businesses. The Holiday Market is the center of the festivities and the biggest activity. The Market itself is located on Seaport Boulevard a few blocks away from the Moakley Bridge and is about a five-minute walk from Courthouse Station on the MBTA’s Silver Line. When arriving at the



The Food and Beverage lounge at the Holiday Market at Snowport, a cozy area in the heart of the city.

area, the market is hard to miss.

Visitors can walk in through different entrances during the market’s operating hours completely for free. The lefthand entrances lead into the Food and Beverage lounge, a large courtyard lined with food trucks with Adirondack chairs and barrel tables in the center. Here visitors can find an array of food choices including waffles and crepes, pasta served from a cheese wheel, a selection of soups, Mexican specialties, and much more. There are also a few bars in this area as well. People can sit in the chairs in the courtyard or at the tables in the Food and Beverage Tent. The market has a regular schedule of live entertainment here as well.

From there you can walk the rows of craft stands. Each different, decorated shack is filled with shelves and displays lining the walls. You can go into each of these little shops and see the many different creations. The market includes different crafts from across the globe made by artisans from around New England



Shoppers stroll through the rows of stands at the Holiday Market at Snowport in Boston’s Seaport District.

and beyond. Most of these stands are run by small business owners with many showing the art of different cultures. Last year I discovered the work of Boston-based artist Laurel Greenfield and her array of whimsical paintings of food. One of my new favorite artists Flynn Costello of Westbrook, Maine, has a stand for her business Flynn selling her artwork

on hats. One of my favorite stands at the market is Tuck’s Truffles of Boston (also known as The Fat Cactus). Tucks sells an array of chocolate truffles, but its biggest offering is its decadent hot chocolate. Each cup of its cocoa has one of its chocolate truffles. You can order an a la carte cocoa with different toppings. SEE GOING PAGE A9



Winnisquam Echo

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HO-HO-HOLIDAY Gift Guide





5 fun gift exchange ideas

Gift-giving is a significant component of the holiday season. Families can embrace traditional gift-giving, but those who want to add a touch of whimsy to gatherings with loved ones can consider these five creative and fun ways to exchange gifts.

1. Play the plastic wrap game. To exchange small stocking stuffer gifts, compile gift cards, cash, small toys, candy, and even some larger gifts (all participants can chip in and one person shops for the gifts). The designated person in charge begins rolling up the gifts in the plastic, adding one every few rolls. Turning the ball 90 degrees while wrapping helps make a more round, finished gift ball. To play, the person with the ball puts on oven mitts and tries to unwrap as much as they can to access the gifts, while the person to the left is attempting to roll doubles on dice. When doubles are made, that person passes the dice to the left and starts his or her own attempts to get at the gifts in the plastic ball. The game ends when all the gifts are revealed, whether everyone has had a chance to unwrap or not.

2. Plan a white elephant gift exchange. A white elephant exchange is like a secret grab bag. Everyone brings a wrapped gift, and then takes turns choosing a gift based on the number they've been given. When the gift is chosen, the person opens it. The next player can select a fresh gift or steal one of the presents that's already been opened.

3. Host a make-and-take craft party. With this type of exchange, participants will engage in some form of crafting for the duration of the event, whether it's pottery, painting, epoxy resin pouring, or even knit crafts. At the end of the night everyone can swap their creations with another or keep their own crafts as gifts.

4. Give the gift of a group outing. Instead of exchanging material gifts, focus on sharing experiences with friends and family. A trip to watch a sports game or a theater performance can be an excellent way to spend time together, and something a person may not be inclined to do on his or her own. Certain venues will offer discounts on group tickets, so everyone can pool their resources.

5. Host a DIY cookie and cocoa exchange. Cookies, cocoa and the holidays are a perfect combination. A gift exchange where participants supply ingredients for these sweet treats, share their favorite recipes and then put together the finished products can make for an entertaining and festive afternoon. Each person can fill a cookie tin with baked cookies to take home and mason jars filled with homemade hot cocoa mix and marshmallows can be an additional gift to enjoy later on a chilly evening.

There are plenty of fun ways to exchange gifts during the holiday season. GG249266

SOCIAL MEDIA TEXT: Those who want to add a touch of whimsy to gatherings with loved ones can consider these five creative and fun ways to exchange gifts.

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HO-HO-HOLIDAY

Gift Guide

Thoughtful gifts for aging parents

Children typically want to treat their parents to something special during the holiday season. Parents do a lot for their children, and when those kids become adults, a desire to express their appreciation for Mom and Dad grows.

According to The Wrap Up: Snappy's 2022 Holiday Gift Report, the majority of Americans (64.2 percent) report they need help when it comes to holiday gifting. They may want to carefully consider a recipient's interests, as the report also discovered more than half of all Americans want a gift that reflects their personal interests and hobbies. When shopping for elderly parents, it may not be as simple as identifying interests, particularly if Mom and Dad are experiencing age-related health issues. Consider these gift ideas that may be ideal for the aging adults in your life.

- Cozy blanket: Older adults may have trouble regulating their body temperatures, which can translate to feeling cold a lot of the time. A new blanket or throw for a bed or to cuddle up with in a favorite recliner might be the perfect gift.
- Family history book: Budding writers can interview their aging parents and jot down family stories. Those stories and

SEE GIFTS, PAGE A9



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Comedian Juston McKinney returns to Hermit Woods Winery for exclusive, all-new show



MEREDITH — Hermit Woods Winery & Eatery is excited to announce the return of acclaimed comedian Juston McKinney for a special, up-close and personal comedy night on Friday, Dec. 13. Known for his hilarious and relatable comedy, McKinney will bring an all-new show to this intimate venue, offering fans a unique opportunity to enjoy his stand-up in an exclusive setting that seats just 60 guests.

McKinney, a New Hampshire native, has an impressive resume, including multiple appearances on The Tonight Show, Conan, and Comedy Central specials such as Parentally Challenged and On Mid-Life Support. His latest special, On the Bright Side, has garnered over a million views on YouTube, showcasing his talent for blending humor with relatable life insights. In this one-of-a-kind venue, comedy fans will

experience McKinney’s humor in a cozy, relaxed environment that’s quite different from the large theaters he typically performs in. With only 60 seats available, every guest will have an excellent view of the show, making it a rare chance to enjoy his wit and comedic timing up close. Guests are encouraged to arrive early to enjoy a complimentary wine tasting from 5:30 to 6 p.m., followed by dinner and drinks before the show begins.

The kitchen will close at 7 p.m. as McKinney takes the stage, but the bar will remain open for guests to enjoy throughout the evening. Tickets are available now for this special night of laughter. Refunds are offered up to five days before the event. For tickets and

additional information, please visit www.hermitwoods.com/events or contact us at 603-253-7968. Hermit Woods Winery & Eatery in Meredith offers an extraordinary combination of hand-crafted wines, seasonal cuisine, and unique live performances as part of the Loft Listening Room Series. With a dedication

to creating memorable, close-knit experiences, Hermit Woods provides guests with a one-of-a-kind venue to connect with acclaimed artists from across New England. Don’t miss the chance to laugh out loud with Juston McKinney in this exclusive, intimate setting.

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ALL-STATE

CONTINUED FROM PAGE A1

tof Caulley and Nolan Lindstad of Hopkinton, midfielders Brady Donovan of Kearsarge, Alex Crowe of Hillsboro-Deering and Will Hughes of St. Thomas and defenders Kolton Lefebvre of Hillsboro-Deering, Ben Sawyer of Conant and Marshall Yorke of Mascoma.

Also presented with Honorable Mention were goalie Nevin Marsh of Stevens, forwards Japhari Ramadani of Manchester West, Alex Brown of Somersworth and Mouad Yzzogh of Derryfield, midfielders Sonny Dubuque of Trinity, Kombozi Amozi of Manchester West, Fernando Sandoval of Derryfield and Graham West of Kearsarge and defenders William Sneddon of Somersworth, Matt Goss of Stevens, Andrew Wood of Trinity, Lukas Doescher of Fall Mountain, Spencer Lamirande of Sanborn and Caden Claytor of Raymond.

Scott Zipke of Hopkinton was named the Division III Coach of the Year and Jon Lam of Berlin was named JV Coach of the Year.

In Division IV, Gor-



Owen Waldron earned Second Team All-State honors at forward for Belmont High School.

ham forward Jack Saladino was named the Division III Player of the Year and was joined in First Team honors with forward Eli Vasconcelos of Woodsville, midfielders Isaac Langlois and Connor Lemoine of Gorham and Nick Sturgeon of Moultonborough and defenders Bryce Williams of Woodsville, Abram Wydra of Gorham and Wyatt Lawton of Profile. Earning Second Team were forwards Logan Poulton of Littleton and Matt Driscoll of Moultonborough, midfielders Ryan Walker and Andre Chumbes of Woodsville, Shiloh Reagey of Littleton and Wyatt Weeden of Lin-Wood and defender

Landon Hoyt of Moultonborough while Honorable Mention went to goalie Gavin Marchand-Correia of Moultonborough, forward Caiyu Demaggio of Profile, midfielder Coen Mullins of Profile and defenders Gabe Roy of Woodsville, Sam Reagey and Reece Cook of Littleton, Mason Clark and Andrew Morris of Lin-Wood and Jackson Clough of Profile.

First Team honors also went to goalie Patrick Thompson of Epping, forward Blake Snyder of Epping, midfielder Jackson Pelland of Epping and defender Isaac Kirby of Concord Christian.

Also earning Second Team were goalie Jayden Young of Concord Christian, forward Hunter Thompson of Mascenic and defenders Jackson Weir of Colebrook and Elijah Barthelmess of Mascenic.

Honorable Mention was also presented to forwards Ian Thompson of Colebrook, Bennett Monney of Portsmouth Christian, Colton Durant of Newmarket and Jacob Parrott of Monadnock, midfielders Lucas Leroux of Mascenic, Jack Kyller of Colebrook, Malik Nasir of Sunapee and Brayden Pelletier of Pittsfield and defenders Owen Clark of Pittsfield and Ronin Winslow of

Monadnock.

Gorham's Dave Backler was named the Division IV Coach of the Year and Armand Comtois of Monadnock was named JV Coach of the Year.

In Division II, Plymouth deefnder Luke Legacy earned Second Team honors while Plymouth goalie Thomas Daigneault, Kennett defender Jack Heysler and Kingswood defender Brady Moulton both earned Honorable Men-

Earning First Team in Division II were goaltender Jack Bourque of Campbell, forwards Avery Wilson of Milford, Luke Delia of Campbell and Torin Saunders of Oyster River; midfielders Otto Bourne of Lebanon, Max Scopal of Oyster River; Logan Barka of Campbell and Vincent Arsenov of Milford and defenders Corey Handwork of Oyster River, Dominic Calandrella of Lebanon, Joonas Mangum of Milford and Ryan Dolder of Bow.

Joining Legacy in earning Second Team honors were goalie Steven Phillips of Coe-Brown, forwards Luke Hartshorn of Bow, Calvin Jaques of Souhegan and Joey Olivera of Mer-

rimack Valley, midfielders Garrett Rousseau of ConVal, Colin Magnuszewski of Hollis-Brookline, Carsyn Perkins of Merrimack Valley and Keenan Hubbard of Bow and defenders Titus Billings of Lebanon, Amadu Diallo of Pembroke and Eli Wormwald of Merrimack Valley.

Also earning Honorable Mention were goalie Darian Bachelder of Milford, forward Ethan Anderson of Bow, midfielders Miles Saunders of Lebanon, Kyle Wilk of Laconia, Wilson Kim of Oyster River, Max Cail of ConVal, Evan Bernasconi of Souhegan, Cameron Fuchs of Bow and Jack Larose of Campbell and defenders Bruce LaPierre of Coe-Brown, Ethan Bellino of Campbell, Tiegian Barb of Milford, Kaeden Truong of Pelham, Rio Calle of John Stark and Ryan Close of ConVal.

Akan Ekanem of Oyster River was named the Division II Coach of the Year while Matt Hauntsman of Milford was named JV Coach of the Year.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Belmont defender Brody Ennis earned Second Team All-State honors in his sophomore season.



Keegan Martinez of Belmont was named Division III All-State Honorable Mention.



Winnisquam's Colby Blackburn earned Division III All-State Honorable Mention honors to cap his soccer career.

GOING

CONTINUED FROM PAGE A4

pings to choose from or you can go all out and order one of the filled creations form its Over the Top Hot Chocolate menu. These concoctions are loaded with different toppings and flavors and taste like a dessert in cocoa form. Last year I ordered a s'mores cocoa topped with marshmallows they toast right there, graham crackers, and a chocolate bar. These cost around \$12.50 each but it's worth the

splurge. This isn't the type of cocoa you gulp, it's the type you sit with and savor slowly. I remember walking out of the market and enjoying one right by the water on the Harborwalk just a few minutes away, sipping while watching the planes land and takeoff from Logan Airport.

There are other fun activities at the Holiday Market for people of all ages including a craft space for kids and the Mistletoe Arch covered in 50 sprigs of mistletoe.

It's easy to spend a

few hours looking over the many different stands at the Holiday Market and easier to spend more time sitting to enjoy some hot food or tasty drinks. It is also a great way to support small businesses and check out some gifts that might be off the beaten path. The Holiday Market at Snowport will be open seven days a week through Dec. 29. For more information including a full list of hours and vendors visit <https://www.bostonseaport.xyz/holidaymarket>.

GIFTS

CONTINUED FROM PAGE A6

anecdotes can be compiled into a book and combined with photos to make a family history log, which can be gifted back to the interviewee.

- Gripping slippers: Slips and falls can injure aging adults and put them out of commission for quite some time. Sturdy and secure slippers with anti-slip soles are good for getting around the house and making quick trips to take out the trash or get the mail.

- Robotic vacuum: Keeping up with the household chores is easier with a robotic vacuum that automatically scours carpets and hard-surface floors. This eliminates having to wrestle with a cumbersome vacuum.

- Key finder: A key

finder can help adults find their keys if they are misplaced. Some employ radio frequency, while others utilize Bluetooth technology and can be paired to a smartphone.

- Magnifying light: Older parents who like to do puzzles or close-up work like knitting or stitching can benefit from an LED lamp that also has a magnifying glass built right in.

- E-reader: Avid readers may enjoy an e-reader because they don't have to find spots to store even more books in their homes. E-readers can be customized so the print is the right size for the reader's needs. Also, the devices are lightweight and easy to stow in a bag.

- Automatic card shuffler: Parents who are known card sharks around the community

can use an automatic card shuffler to make card play even easier.

- Resistance bands: Resistance bands are like large rubber bands that exert force to strengthen muscles and improve flexibility. They can help aging adults stay in shape in a low-impact way.

- Dining gift cards: When parents do not want to spend additional time in the kitchen, they may opt to visit a favorite restaurant. A combination of a gift card to a favorite establishment as well as pre-paid taxi or ride share service ensures a good meal and a safe ride home.

Although they seem to have everything, aging parents still can benefit from some thoughtful gifts.



The Mistletoe Arch has 50 sprigs of mistletoe overhead, perfect for some romantic holiday cheer.





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Food
FACT:

True or false?
It can take young children 10 to 15 times of seeing a new food on their plates before they are willing to try it.

Answer: True

What’s the Difference?

Identify the four differences between these pictures.



Answers: 1. Plant is taller 2. Bread is larger 3. Missing spoon is in dad's hand 4. Missing lemon

THIS
DAY IN
HISTORY



- 1732:** A magnitude 6.6 earthquake hits southern Italy in the former Kingdom of Naples.
- 1961:** Enos, a chimpanzee, is launched into space.
- 1982:** Michael Jackson releases “Thriller,” which becomes the best-selling music album of all time.

NEW
WORD

RESIDE

be situated or live somewhere

“How they say that in...”

English: Dine

Spanish: Cenar

Italian: Cenare

French: Dîner

German: Abendessen

Did You Know?

People may eat anywhere from 3,000 to 4,500 calories during Thanksgiving dinners, which is more than what should be eaten in a day.

Get the PICTURE?

Can you guess what the bigger picture is?

Answer: Turkey

CRYPTO FUN

Solve the code to discover words related to veterans.
Each number corresponds to a letter.
(Hint: 26 = E)

A. 12 26 17 26 22 9 14
Clue: One who served in the military

B. 25 26 22 12 7 11 26
Clue: Participation in the military

C. 25 5 14 5 22
Clue: Show of respect

D. 12 9 3 5 22
Clue: Strength of mind or spirit

Answers: A. veteran B. service C. honor D. valor

SUDOKU

1						3		
	8		6	5	3	2		1
			4	1		6	8	
9			5	2			3	
6					4			9
	7		3	6	9	1	4	
				3	5	4		
2	1		8					
7		4					1	

Level: Beginner

Fun By The Numbers

Like puzzles? Then you’ll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here’s How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

7	5	4	2	9	6	8	1	3
2	1	3	8	4	7	9	6	5
8	6	9	1	3	5	4	7	2
5	7	2	3	6	9	1	4	8
6	3	1	7	8	4	5	2	9
9	4	8	5	2	1	7	3	6
3	9	5	4	1	2	6	8	7
4	8	7	6	5	3	2	9	1
1	2	6	9	7	8	3	5	4

ANSWER:

How some popular holiday traditions got their start

Will you be baking gingerbread or hanging stockings by the fireplace this holiday season? Perhaps you'll be lighting the menorah or playing a game of dreidl? The holidays are steeped in tradition, some of which are older than celebrants may realize.

Individuals gather during the holidays and participate in various traditions that have withstood the test of time. Most people engage in these traditions or recognize symbols automatically, but it can be interesting to learn how these traditions came to be.

Christmas caroling
The British traditions of wassailing and mumming and the Slavic tradition of koliada were some of the precursors to more modern caroling. People would go door-to-door and recite poetry or sing with the hope of bringing about good fortune or influencing a future harvest, according to Rutgers University. Carolers spread hope and good tidings through song during a time of year when sunlight was limited.

Christmas trees
Pagans once displayed evergreen branches as a reminder that spring would come again, while Romans placed them around temples to honor Saturn, the god of agriculture. Eventually the evergreen was used in conjunction with Christian Christmas celebrations. In the sixteenth century, German Christians put trees inside their homes as symbols of everlasting life.

Santa Claus
Children who celebrate Christmas eagerly await the arrival of a jolly sort who goes by the name of Santa Claus. His origin story stretches back to the third century, when Saint Nicholas became the patron saint of children. Saint Nicholas was a monk in what is modern-day Turkey. It is said that he traveled helping the poor and the sick. History.com says he is believed to have saved three impoverished sisters from slavery by providing them with a dowry so they could be married, and he also provided gifts to children.

Menorah
The menorah is a multi-branched candelabra used in Jewish religious rituals. The menorah is first mentioned in the book of Exodus when the design of the lamp was revealed to Moses by God on Mount Sinai. Many menorahs are seven-branched, but during Chanukah, an eight-branched menorah is used. The Chanukah menorah is modeled after the Tabernacle menorah that corresponds to the eight-day festival. It was used to celebrate the rededication of the Second Temple. The available oil supply was supposed to light the menorah for just one day, but the candles actually burned for eight.

Mistletoe
Kissing under the mistletoe is a holiday season tradition that can lead to some red faces when couples are caught beneath the plant. Norse mythology paved the way for kissing under the mistletoe. Legend has it the gods used mistletoe to resurrect Odin's son, Baldur, from the dead. Baldur's mother, Frigg, the goddess of love, made the plant a symbol of love and vowed to kiss anyone who passed under it. Mistletoe blooms under cold conditions, which is how it became associated with the holiday season.

Yule log
Yule logs were once part of winter solstice celebrations to bring good luck and fortune, but America is where a yule log really caught on as a holiday tradition. In 1966, the WPIX television station in New York City aired a continuous loop of a fireplace burning for three hours with holiday songs playing. It became an annual tradition, says History.com. Some people even serve a cake that looks like a yule log. The Bûche de Noël is a traditional Christmas cake that is especially popular in France. Holiday traditions continue in full force. Traditions are an endearing component of celebrations and help to unite people from all backgrounds during this special time of year.

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This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2677 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

EQUAL HOUSING OPPORTUNITY

ABA presents Alton Festival of Trees & Gingerbread House Decorating Contest

ALTON — The Alton Business Association presents the Sixth Annual Alton Festival of Trees & Gingerbread House Decorating Contest on Dec. 7 & 8 at the Gilman Museum, 123 Main St.!

The event hours are Saturday, Dec. 7, from 11 a.m. - 7 p.m. (Alton "Light Up Night" is also happening at the same time at 5 p.m. across the street at Town Hall!) and Sunday, Dec. 8, from 11 a.m. - 2 p.m.!

This is for local businesses, organizations & residents who want to get creative with promoting your business and organization in ways you normally couldn't. Get creative with using items that you sell, themed trees, toys or items that represent your business/organization. This is a fun way to display what your business/organization does and display your community pride! The trees will be raffled off for \$1

a ticket. A display table will be provided for the gingerbread houses and voting categories are youth & adult.

Here's how it works: Participating businesses/organizations/residents will register and "donate" a tree, decked out with all the trimmings of their choosing! Participants will set up their tree or wreath at the museum. The registration form and rules can be found on our website, www.altonbusinessassociation.com or our Facebook event page @ [altonbusinessassociation](https://www.facebook.com/altonbusinessassociation). Registration must be received by Nov. 29!

This is a free event to attend, but attendees have the option to purchase raffle tickets (for \$1 each) for a chance to win their favorite tree(s) or wreath(s). Proceeds from the raffle will benefit the Alton Community Services/Mrs. Santa Fund. At the end of the event, each of the trees will be given to the raffle

winners. Tree winners are announced on Dec. 8, and will be picked up that night or by Dec. 9. We'll also ask our community to vote for a

"Community Favorite" tree and Gingerbread House.

At the end of the event, our participating businesses will have

made the season brighter, and supported a great local cause! This event also includes light refreshments, music, a raffle and more... This

event is free to attend and open to the public. Stay up-to-date by following our Facebook event page or visit our Web site.

League of NH Craftsmen welcomes metalsmith Leslie Ishihara as new juried member



an eclectic mix of bold and delicate designs that challenge the boundaries of traditional jewelry. Ishihara's expertise in fusing various metals with intricate textures and finishes, draws inspiration from the beauty of coastal New England. Each piece in this collection is carefully designed and crafted by hand, ensuring that no two items are exactly alike, and offering customers one-of-a-kind wearable art that reflects both the artist's vision and the unique qualities of the metals used.

Ishihara's pieces represent a dialogue between contrasting elements creating something new and unexpected. Her jewelry is a dialogue of balance, texture and clean lines beautifully achieved in timeless pieces. Skillfully combining traditional techniques with contemporary design she creates pieces that are both artistic and functional, with a focus on craftsmanship, sustainability,

and innovation. Her jewelry reflects her passion for the expression of individuality and the comfort of everyday life.

Leslie Ishihara's unique and inspiring work makes her a perfect fit for the Gallery. Stop by and celebrate her stunning jewelry collection with us. For more information please call the Gallery at 603-279-7920 or visit our Web site, Meredith.nhcrafts.org. The League of NH Craftsmen Gallery is located at 279 DW Highway, Meredith.

The League of NH Craftsmen is a non-profit organization that encourages and promotes the creation, use and preservation of fine contemporary and traditional hand craft. The League represents the signature of excellence in fine craft, through the work of its juried members, and its rigorous standards for self-expression, vision, and quality craftsmanship.

With Gratitude
at Thanksgiving

WE THANK YOU
FOR YOUR
BUSINESS

Tracy
& Lori

MEREDITH — The League of New Hampshire Craftsmen, Meredith Fine Craft Gallery is delighted to announce newly juried metalsmith artist Leslie Ishihara. Ishihara's stunning collection of mixed metal jewelry features innovative designs fusing sterling silver, gold, copper and gemstones to create wearable art that is personal and lasting. Ishihara's work celebrates the harmony of contrasting metals, offering

Happy **THANKSGIVING**

Presents our 3rd Annual ...

'SHOP LOCAL' EVENT

THE KEY TO COMMUNITY SUCCESS

Look for the 'KEY' sign at participating retail shops in the Meredith/Center Harbor Area.

Follow the instructions to enter for a chance to win 1 of Our

Holiday 'Shop Local' Gift Baskets

filled with donations from our generous retailers!

We will be accepting entries from

Nov 29th through Dec 15th.

The Drawing will be held on **December 16th** at:

Meredith Landing Real Estate

285 Daniel Webster Hwy, Meredith.

Visit our Facebook page for more details!

Winners will be notified by email.

*No purchase necessary to enter but we ENCOURAGE you to shop local!