



New Hampshire

2024

SUMMER GUIDE

Lakes Region

Concord Area

White Mountains

Great North Woods

Mt. Washington Valley

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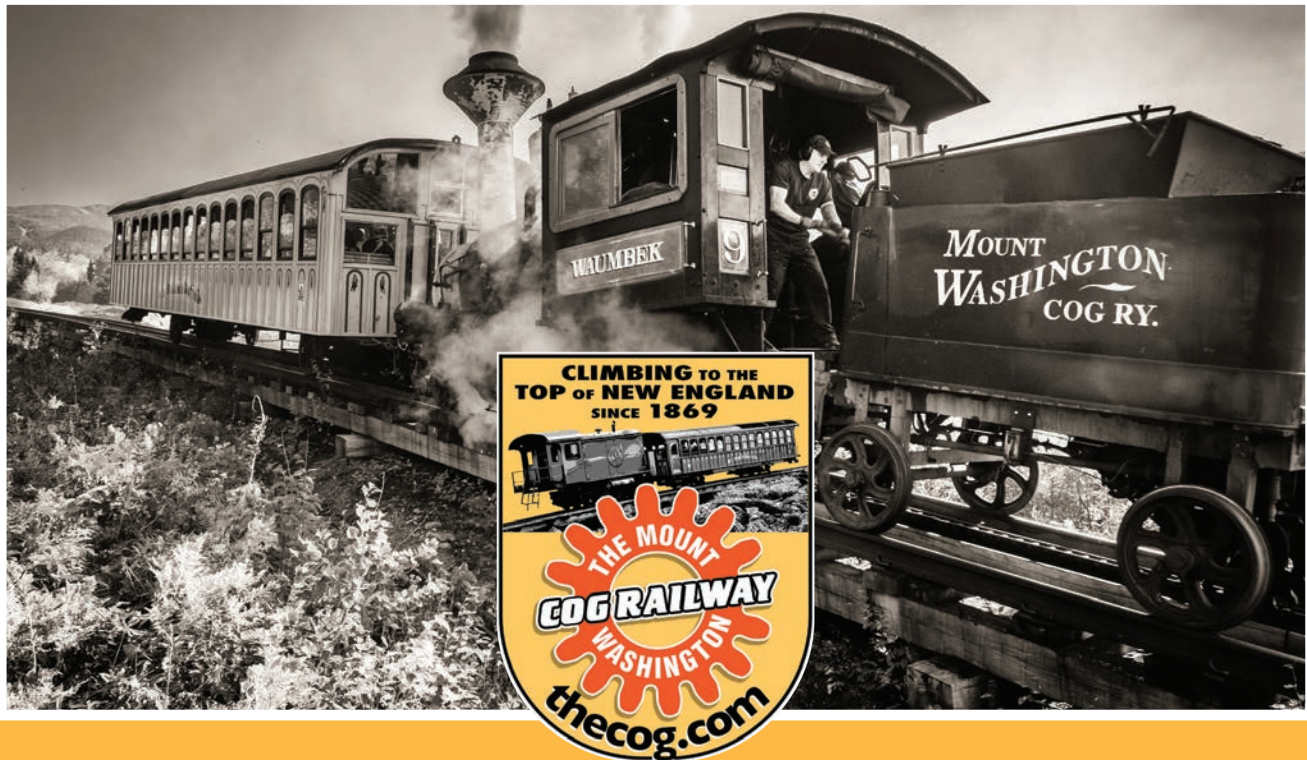
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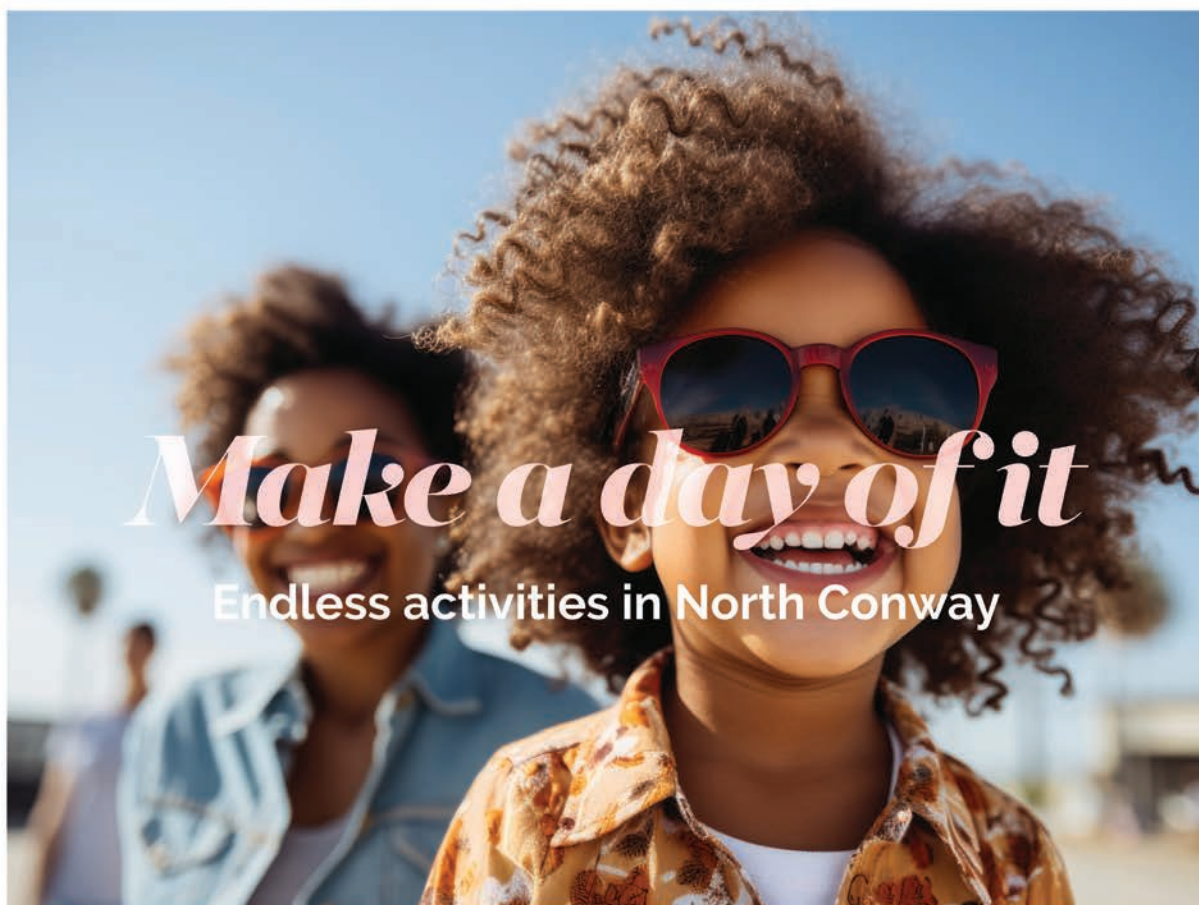
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New Hampshire

2024

SUMMER GUIDE

Lakes Region | Concord Area | Mt. Washington Valley | White Mountains | Great North Woods

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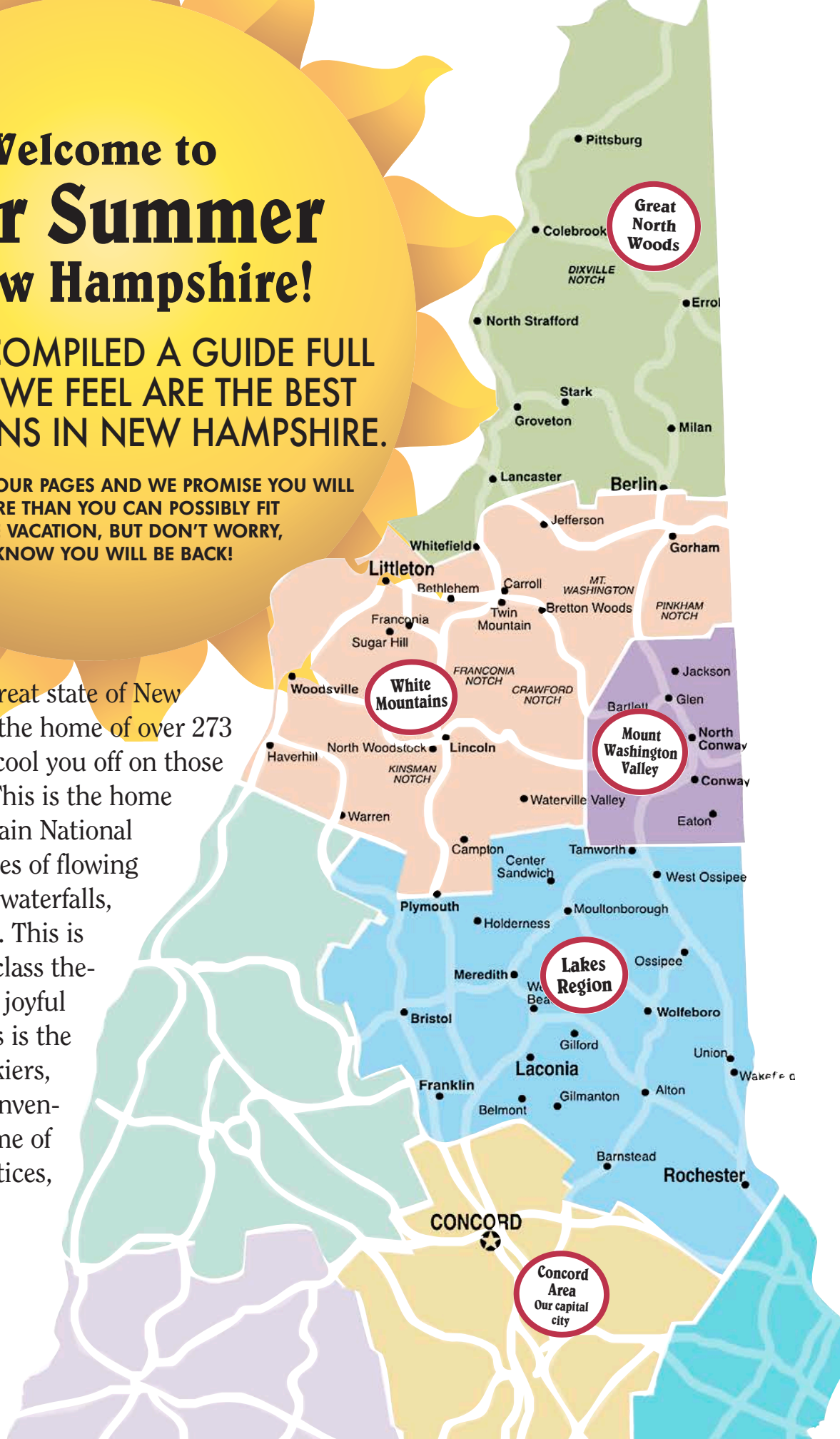
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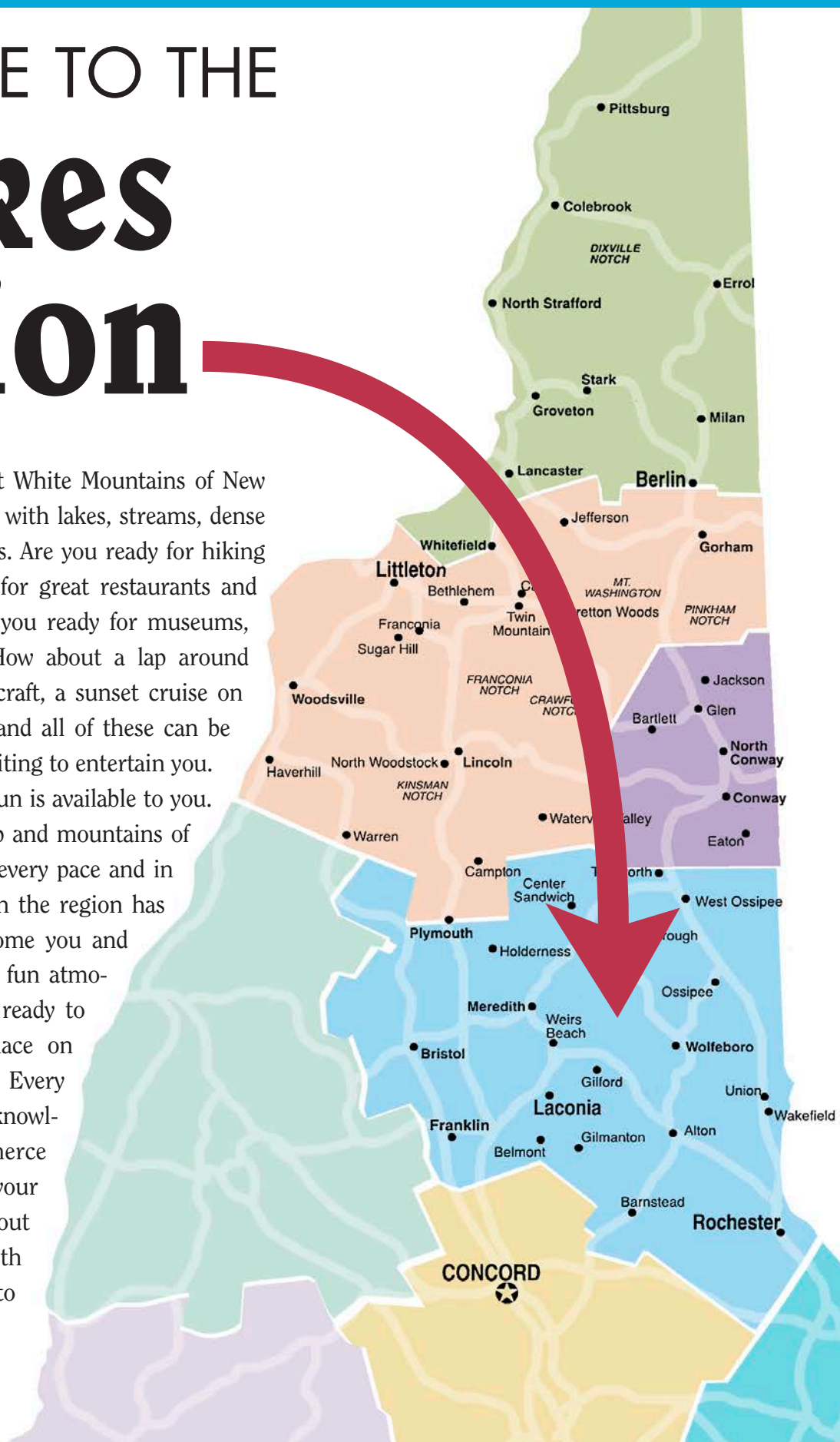
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WELCOME TO THE Lakes Region

At the foothills of the great White Mountains of New Hampshire sits a region filled with lakes, streams, dense forests and scenic small towns. Are you ready for hiking and fishing? Are you ready for great restaurants and music under the stars? Are you ready for museums, art shows and fireworks? How about a lap around the lake on a personal watercraft, a sunset cruise on the Mount Washington; any and all of these can be had from the friendly folks waiting to entertain you.

Every opportunity to have fun is available to you.

There are mountains to climb and mountains of things to do this summer at every pace and in every style. Every business in the region has prepared themselves to welcome you and your family to a friendly and fun atmosphere for the hope you are ready to enjoy this truly beautiful place on earth. Of course you're ready. Every town has a well staffed and knowledgeable chamber of commerce staff that can help you plan your trip in one short visit. So get out there and have a great time with all that the Lakes Region has to offer!



Newfound Lake

Newfound Lake, which some say is among the cleanest in the world, is 4,106 acres in size and is considered one of the deepest lakes in N.H.

(168-feet deep at one point, and at another, 183 feet deep.) This pristine lake is about two and a half miles wide and seven miles in length. It is fed by 8 springs and has 22 miles of shoreline. Newfound Lake is proud to say it remains Milfoil FREE!

Newfound Lake has been a favorite vacation getaway for families, artists, naturalists, sports enthusiasts and history buffs for generations. Famed in environmental circles for its pristine water and unspoiled native wildlife, the lake is protected from invasive species by cadres of determined volunteers. Nestled among sheltering mountains, fed by scenic rivers and deep springs, and cherished by the seven towns in the Newfound Lake Watershed, this is



Nature's playground. Here you won't find neon lights or super stores. If you paddle out on a clear night, you may be dazzled by the stars reflecting on the lake and the moon glimmering in your wake. You won't hear cars honking, but the loons and peepers may perform all evening. There is no way to rush around the lake—but you can pedal, swim and run in a triathlon or qualify for a major marathon, walk or hike the friendly trails or

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just cruise and appreciate the beauty. In fact, many of the lovely photos of the Lakes Region are actually taken on Newfound Lake because it is one of the few lakes without commercial development for much of its shoreline. If you love natural places, original arts, crafts and music, gourmet food or

down-home cooking, historic inns and B&Bs, or just plain getting away from it all without leaving your comforts behind, come visit our friendly hidden gem of a lake.

For more information contact the Chamber of Commerce at: www.newfoundchamber.com.

Wellington state park

Located on the shore of Newfound Lake in Bristol, 204-acre Wellington State

Park boasts the largest freshwater swimming beach in the New Hampshire State Park system. Hiking trails and picnic areas along the shore afford views of one of the deepest and clearest lakes in the state.

Two group picnic pavilions, available for reservation, are located just off the beach in the picnic areas. The park also maintains volleyball and horse-shoe courts. The Snack Bar offers a variety of snacks, ice cream, cold drinks, beach and picnic items, and souvenirs. Within the park, the peninsula nature trail features picnic areas, designated fishing areas, plant identification markers, and spectacular views of Newfound Lake and Cliff and Belle Islands. A well-marked hiking trail leads from the park and pro-

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2024 SEASON

The Empire Trio WED., JULY 17 • 7:30 PM

Rebecca Robbins
WED., AUGUST 14 • 7:30 PM

The Toomai String Quintet SAT., AUGUST 24 • 7:30 PM

Foreigners Journey featuring Rudy Cardenas
SAT., JULY 13 • 7:30 PM

The Docksidiers Yacht Rock Experience
SAT., JULY 20 • 7:30 PM

20 Ride - Zac Brown Tribute SAT., JULY 27 • 7:30 PM

Judy Collins SAT., AUGUST 3 • 7:30 PM

The Greatest Love of All: The Whitney Houston Show
starring Belinda Davids FRI., AUGUST 9 • 7:30 PM

David Brighton's "Space Oddity": The Quintessential David Bowie Experience SAT., AUGUST 17 • 7:30 PM

Great Waters Gala starring Abby Mueller,
WED., AUGUST 21 • 5 PM



vides hikers access to Goose Pond, the Sugarloafs, Bear Mountain, Welton Falls, and Mt. Cardigan. A developed boat launch operated by N.H. Fish & Game adjoins the park, providing boaters free access to Newfound Lake. Boat lanes along the beach allow boater access to the park for the regular admission price.

The Park is open daily from mid-May to Columbus Day.

Sculptured Rocks Natural Area

Sculptured Rocks Natural Area is a unique example of nature's powerful yet delicate artistry.

The Cackermouth River carved a narrow canyon in bedrock on its way to Newfound Lake, beginning as the last ice age drew to a close. Nature used grains of sand suspended in the current to carve the walls of the canyon into curious shapes and create potholes in the bedrock. Sculptured Rocks Natural Area spans 272 acres. It is open to the public year-round at no charge.

Newfound Audubon center

Located on the beautiful northern shore of Newfound Lake, the Newfound Audubon Center is comprised of three wildlife sanctuaries, the Paradise Point Nature Center, Ash Cottage at Hebron Marsh Sanctuary and the Bear Mountain Sanctuary.

During the summer months, the Nature Center offers many programs for all ages, several interactive exhibits, live animal displays and the newest multi-media attraction, SkyWatch, which is a NASA-based program that patches through up-to-date images from deep space telescopes. With sanctuary trails open all year, there is always something to do.

• Paradise Point Nature Center:

Offers educational programs, several interactive exhibits, live animal displays and a multi-media attraction, SkyWatch, which is a NASA-based program that patches through up-to-date



New Hampshire Farm Museum

An historic working Farm & Muesum dedicated to preserving New Hampshire's rural and agricultural heritage



The New Hampshire Farm Museum tells the story of agriculture and rural life in New Hampshire over three hundred years. We are located on two adjoining historic farmsteads up on scenic Plummer's Ridge in the town of Milton. We have historic farmhouses, barns, tractor and carriage displays, fields of heirloom vegetables, heritage breed farm animals, picnic tables, a children's garden, and a great Country Store filled with New Hampshire made items as well as our own farm grown produce. So bring a picnic and spend the day on the farm!

2024 Calendar of Events

Friday, May 17
Grand Opening of the Country Store

Saturday, May 18
Old Tyme Tavern Day

Saturday, June 1
NHFM Annual Meeting

Saturday, June 15
Children's Day

Saturday, June 29
Fourth on the Farm

Saturday, August 17
Truck and Tractor Day

Saturday, August 24
Volunteer Appreciation Barbecue

Saturday, September 21
The Great NH Pie Fest

Saturday, October 5
Harvest Happenings

Saturday, November 16
1863 Thanksgiving on the Farm

Thursday, December 5
Mom & Me Gingerbread House Workshop

Saturday, December 7
Victorian Christmas on the Farm

Sunday, December 8, 2024
Mom & Me Gingerbread House Workshop

Group Tours/ School Tours/ Field Trips/ Birthday Parties: May - October

Enjoy our special events and educational programs! Check out our website for details or to arrange a group/school tour at www.nhfarmmuseum.org.

We are a Blue Star Museum and proud member of the New England Museum Association.

2021 recipient of the Northeast Credit Union LYC Grant.



ADMISSION:

\$12 adult, \$8 senior, \$6 juvenile (4-17), <4 child is free. Blue Star families are free!

HOURS:

The Museum is open 10 a.m. to 4 p.m. as follows:
Weekends, June 3 to June 25.
Summer: Wednesday thru Sunday, June 28 to September 3.
Weekends, September 9 to October 15.
Closed Mondays and Tuesdays.

1305 White Mountain Highway, MILTON, NEW HAMPSHIRE
www.nhfarmmuseum.org phone: (603)652-7840

images from deep space telescopes.

• **Paradise Point Wildlife Sanctuary:** located on the north shore of Newfound Lake, includes 43 acres with 3,500 feet of rocky, unspoiled lakeshore. Many trails to enjoy. Call 744-3516 for more information.

• **Hebron Marsh Wildlife Sanctuary:** includes 34 acres on both sides of North Shore Road and contains the only marsh on the lake. This wetland area was formed at the mouth of the Cockermouth River when the lake was dammed.

Squam Lake

When it comes to classic summer lakes there are few across America which can rival our very own Squam. Loons, eagles, vintage Chris Crafts, small darting sailboats, and the wooden barges of the locals all move across the water with quiet grace. Squam

invites you to rest your soul for a while and soak in the incredible natural beauty.

Lying just south of the White Mountains, Squam is pristine with excellent fishing and boating. Covering 6,791 acres and bordered by Ashland, Holderness, Sandwich, Moultonborough and Center Harbor; it is a well protected refuge from the busy world.

Nowhere is this better on display than at The Squam Lakes Natural Science Center. With open meadows, mature forests, and boardwalks through protected marshes there is so much to be learned at the center that it is without question a can't miss. Animals from the area are in residence and to see black bears, bobcats, raptors and amazing mountain lions this close is a once in a lifetime opportunity. (603) 968-7194 <http://www.nhnature.org>

When you want to get on the water stop at one of the local marinas for a boat rental. If you are looking for a full size pontoon boat, a 14 foot fishing boat, or the quiet serenity of a canoe they will set you up with a big key to enjoying this beautiful lake.

After a day in the sun the area around Squam Lake offers several excellent options for dining beginning with Ashland's classic Common Man. The first of all the Common Man restaurants this is a great place to lounge on the couches with friends and unwind. Every Thursday night is open mic night with unbelievable local musicians coming from out of the woodwork to liven up the night. Call for more information (603) 968-7030.

No visit to Squam is complete without a stroll in the post card village of Sandwich. With several galleries, The Corner House Inn, a League of



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Come and enjoy the natural beauty of Squam for what will certainly be a visit that is remembered for decades.

Squam Lakes

Natural Science Center

Through spectacular live animal exhibits, natural science education programs, and lake cruises, Squam Lakes Natural Science Center has educated and enlightened visitors for over forty years about our natural world. The mission of Squam Lakes Natural Science Center is to advance understanding of ecology by exploring New Hampshire's natural world.

Squam Lakes Natural Science Center is located on Route 113 in Holderness, an easy drive from exit 24 off I-93, and is open daily from May 1 through November 1. For further information about the Science Center, call 603-968-7194 or visit www.nhnature.org.

The live animal exhibit trail is open daily May 1 through November 1, 9:30 a.m. to 5:00 p.m. (last trail admission at 3:30 p.m.)

Discover Squam Cruises

May 20 through June 30:

Daily at 1:00 p.m.

July 1 through October 13:

Daily at 11:00 a.m. and 1:00 p.m.;

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Sundays also at 3:00 p.m.

Cruise with a Naturalist

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June 26 through August 25
Mondays and Fridays at 3:00 p.m.

ANIMAL EXHIBITS/TRAILS

Native animals, hands on learning, self-guided and accessible

MEAD DISCOVERY PLACE

The Mead Discovery Place, in the Trailhead Gallery, is a small exhibit area devoted to displaying short-term exhibits that explore current issues about the environment. Changing periodically, these exhibits deal with natural themes that are not explored in the permanent exhibits on the Gephart Exhibit Trail.

LIFE UNDERGROUND EXHIBIT

The Life Underground Exhibit is an excellent place to meet ants and earthworms up close, to see tiny soil creatures under a microscope, to travel down a human-size chipmunk burrow, and to learn about the adapta-

tions of the organisms that live under your feet!

ECOTONE MAMMAL EXHIBIT

The Ecotone Mammal Exhibit reveals the interrelationships of creatures living in an ecotone, or the edge between two natural communities. Interactive displays further the understanding of these concepts in addition to explaining the characteristics of a mammal. This exhibit is the home of three different types of animals generally found living in an ecotone:

Red Fox and Fisher

BOBCAT EXHIBIT

MOUNTAIN LION EXHIBIT

WHITE-TAILED DEER

RIVER OTTER EXHIBIT

BLACK BEAR EXHIBIT

CELEBRATE BIRDS EXHIBIT

In the Celebrate Birds Exhibit visitors see an aviary full of song birds (unable to be released into the wild)

and view a wild bird feeding station.

GORDON CHILDREN'S ACTIVITY CENTER

In the Gordon Children's Activity Center, visitors young and old can climb a giant spider web, crawl through an underground tunnel, hear the sounds of nocturnal animals, invent their own plant or insect, climb through a two-story learning tree, and much more! The Gordon Children's Activity Center is a fun stop for more hands-on learning about natural concepts.

RAPTOR EXHIBIT

Great Horned Owl, Red-tailed Hawk, Broad-winged Hawk, Red-shouldered Hawk, Kestrel, Bald Eagle, Turkey Vulture

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summer visitors who look closely might see salamanders, tadpoles, or crayfish in the water. By listening closely visitors can usually hear the croak of a frog or may even observe a great blue heron, duck, or other water-loving bird at the Upper Pond.

WETLANDS WALK

The Wetlands Walk will take you across a small man-made wetland, over an area of wet meadow, and across a small stream. Visitors should be on the lookout for frogs, salamanders, and turtles and will learn the importance of a wetland along the way!

MT. FAYAL TRAIL

The Mt. Fayal Trail is an hour-long hike (1 mile). Mt. Fayal, with an elevation of 1,067 feet, offers beautiful views of Squam Lake. In addition to seeing forest plants and creatures, vis-

itors pass by remnants of the old Piper Homestead with its ruins of stone foundations of both the farmhouse and barn and stone walls outlining former sheep pastures along what once was the carriage road leading to the Piper Homestead.

ECOTONE TRAIL

An ecotone is the “edge” where two

different natural communities meet. Examples of ecotone areas include the shore where a lake and forest meet, the edge between a marsh and field, and the area between a thicket and pasture. The Ecotone Trail is a short hike (1/3 mile) following the boundary between field and forest. This edge provides excellent habitat for numerous animals with its abundance of food



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The advertisement features a large background image of two people ziplining over a vast lake and forested mountains. Overlaid on this is a green silhouette of a mountain peak with the word "Gunstock" in large white letters and "MOUNTAIN RESORT" in smaller white letters below it. Below the main image, the word "Reconnect." is written in large, bold, orange letters. At the bottom, there are four smaller images arranged in a 2x2 grid, each with an orange arrow pointing to it and a caption below. The top-left image shows a person ziplining with the caption "WITH ADVENTURE". The top-right image shows a group of four people sitting around a table outdoors with the caption "WITH THE OUTDOORS". The bottom-left image shows a woman and a child in a green kayak on a river with the caption "WITH LOVED ONES". The bottom-right image shows a person walking across a wooden ladder bridge in a forest with the caption "WITH YOURSELF!". At the very bottom, an orange banner contains the text "GILFORD NH | GUNSTOCK.COM | @GUNSTOCKMTN".

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FOREST TRAIL

This 2/3-mile trail is about an hour long hike through “A Forest for Everyone.” Self-guiding trail booklets available at the trailhead will help to point out evidence of past and present human uses of the forest, wildlife signs, and ways that forests may be managed for both wood and wildlife.

KIRKWOOD GARDENS

Colorful plants in full bloom bring this informal garden to life, naturally attracting bees, butterflies, and birds of many species. Kirkwood Gardens is available for weddings and private functions that do not require a tent. Wander into the former historic Holderness Inn to appreciate the quality craftsmanship and artwork showcased at the Squam Lake Artisan’s gallery.

Squam Lakes Association

The Squam Lakes Association (SLA) is a non-profit organization located in Holderness, NH that works to conserve for the public benefit, the serene nature and peaceful character of the Squam Lakes Watershed.

A cornerstone in its mission, the SLA promotes the sustainable use of the Lakes Region through education and recreation programs, which include canoe, kayak and sailboat rental programs, summer youth camp programs, backcountry camping experiences on Moon and Bowman Islands, and the maintenance and promotion of popular hiking trails, including Rattlesnake Mtn., Mt. Morgan and Mt. Percival. The SLA even has a gift shop with all your Squam guides, apparel and memorabilia.

Through meaningful partnerships and scientific research, the SLA works to protect the Squam Lakes for future generations.

Visit www.squam lakes.org to learn more about the SLA’s programs or to start planning your Squam experience today!

Lake Winnepesaukee

Winnepesaukee is by far the largest lake in New Hampshire. Stretching 21 miles from Center Harbor to Alton, it is oddly shaped by thousands of nooks and crannies.

Covering 69 square miles and with a maximum depth of 212 feet it is a natural gem. Dotted with 253 islands the lake’s blue waters meet rocky shores and beaches and then gracefully climb up the area’s dramatic mountains to provide picturesque views.

For well over 100 years visitors have been coming from across the country and around the world to this special place in central New Hampshire. Loosely translating from the Indian for “Beautiful Water in a High Place” Winnepesaukee was long since settled by Native Americans when Massachusetts’ Bay Colonists arrived and set up camp in what is now Weirs Beach. The northern most marker of the original colony was actually smack in the middle of Meredith Bay.

A rich fishing, trapping and lumber center provided goods up and down the east coast and back across to England. This eventually evolved into textile mills and of course what brings millions of people to New Hampshire today: tourism.

From Gilford to Wolfeboro the water is the centerpiece for year round recreation and relaxation. Spas, marinas, restaurants and beautiful shops give every town its own personality. Every town has parks and beaches, shops and restaurants, galleries and museums. Take your time, relax, and soak up every bit of the arts and culture that is offered.

Visiting a place like this will give you a chance to do the things you’ve wanted to do all year long. Feel the long winter work its way out of your bones on our beaches wakeboard and sail across picturesque bays with mountain views. Spend quality time strolling through each village and seeing all the beautiful art that is created here in New Hampshire. Taste that ice cream while fireworks pop in the night sky overhead.

And when the day of shopping and swimming, museums and galleries is done, prepare yourself for the hundreds of restaurants that await you each evening.

Take your time and enjoy the lake, it will always give you something to remember for the rest of your life.

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Take A Drive Around The Big Lake

The highways of the Lakes Region provide many great chances for visitors to see the splendid scenery that makes the area a popular tourist destination. For those looking to take a day-long drive to see the area, a trip around Lake Winnepesaukee is worth the time and comes in at right around 100 miles, depending on the road you choose.

Using the southern-most town at the tip of Lake Winnepesaukee, Alton, as the starting point, a visitor has a couple of options. Route 11 leads out of Alton Bay toward Gilford, while Route 28 leads toward Wolfeboro. For the sake of this guide, we are heading out on Route 11 toward Gilford.

Alton

For over 150 years Alton has been synonymous with tourism. If you are looking for a cruise on the Mount Washington, a rigorous hike up Mount Major, or a refreshing swim this is a great place.

With the Merrymeeting River wending its way through the town there is ample boating and fishing of all types. Feel like a drive? Motor down Letter S Road and River Lake Road for a trip back in time with stone railroad trestles and the picturesque Merrymeeting Dam.

Alton Bay has a Christian Conference Center, restaurants, marinas, craft shops, a public beach, parks and a campground. When it comes time for a snack Shibley's at the Pier has great food and excellent service, but it is



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the waterfront location that makes it worth the visit. Pop's Clam Shell, the Olde Bay Diner, and the Dockside Restaurant will all be sure to please your taste buds. If you are in the mood for Lobster or Prime rib, make sure to stop by the Sandy Point Restaurant!

Enjoy the day and soak up some history at the Gilman Museum and snack on fried scallops while you watch the Big Lake Half Marathon runners stagger across the finish line. Very satisfying. Have a great day lakeside and let all of the friendly folks in Alton help you make this a great summer on the Big Lake.

Continuing north, visitors will be treated to great views of New Hampshire's largest lake on the right hand side and there are a few chances to pull over and admire the views of the lake and the surrounding mountains.

Gilford

For a more relaxing take on vacation, stop at Ellacoya State Park, located in Gilford, for a picnic. A trip up Route 11A will take visitors to Gilford Village as well as to Gunstock Resort.

Continuing along Route 11, visitors will head to the Lakes Region's lone city, Laconia, home to Weirs Beach, which is probably best known for its participation in the annual Bike Week that visits the Lakes Region each year.

Laconia

Route 11 moves into Route 3 and visitors wishing to continue around the lake should head north on Route 3, which at one point in the past was the main north-south road in the state.

Laconia is a hub of activity, with Weirs Beach being a very popular tourist destination in the city. The Weirs features amusement parks, arcades, shopping and lots of dining opportu-

nities.

Route 3 will eventually bring travelers into the village of Meredith, but before they reach that, they are treated to more great views of the Lake Winnepesaukee.

Meredith

It's almost impossible to believe that a few decades ago the center of Meredith was dominated by an essentially abandoned mill. Today things have certainly changed. The town you will see on your visit is bustling with restaurants, shops of every kind, Inns and spas, music on the green and parks to frolic in. Meredith has become one of the biggest and lakeside best places to spend a day.

Meredith revolves around the busy town docks where boaters of every kind can be seen getting ready for aquatic adventures and pleasure cruising. Meredith's waterfront is tied



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together with a pleasant green walking path that runs from Church Landing on one end, to Flurries ice cream on the other.

The center of Meredith is occupied by the beautifully refurbished Mill Falls with a book store, Ben and Jerry's, restaurants and shops, along with a full service hotel. This is a great place to start a tour of the town. Every nook and cranny of this old fashioned space has treasures for everyone.

Meredith is an excellent place to spend the day with parks ready for your enjoyment and over a dozen different restaurants all easily within walking distance. For more information visit the Meredith Chamber of Commerce at www.mere-dithcc.org

Continuing along the Lake Winnepesaukee loop, pick up Route 25 east toward Center Harbor and Moultonboro-ough. Center Harbor is another of the "typical" New England towns on the trip, as it features a number of shops and a bandstand



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Speare Memorial Hospital Earns Adult & Pediatric Level IV Trauma Center Designation

PLYMOUTH, NH – April 9, 2024 – When it comes to emergency medical care, having access to the right resources and services saves lives, which is good news for central New Hampshire. Speare Memorial Hospital has been awarded a provisional Adult & Pediatric Level IV Trauma Center designation from a division of the NH Department of Safety. This recognition underscores Speare's commitment to delivering extraordinary care to the pediatric and adult trauma patient population within our community, 24/7.

"Having a Level IV Trauma Designation validates that Speare Memorial Hospital is highly capable and committed to providing exceptional care to all trauma patients," says Dr. Andrew Seefeld, Chief of Emergency Medicine and Director of Trauma Services at Speare. "We have the expertise, resources, and equipment necessary to provide Level IV trauma care."

As a Level IV Trauma Center, Speare Memorial Hospital demonstrates its proficiency in providing immediate evaluation, diagnosis, resuscitation, surgery, and stabilization of injured patients. Moreover, the hospital is equipped to transfer patients who require more comprehensive care to appropriate facilities when necessary.

To ensure continuous improvement in trauma care delivery, Speare has established a Trauma Performance Improvement and Patient Safety committee. This committee reviews trauma cases, creates policies, and ensures that medical providers are delivering the most up-to-date, evidence-based trauma care to patients.

The hospital's efforts are further strengthened by the utilization of the NH Trauma Registry, a specialized database that plays an important role in improving trauma care and patient



Speare's Trauma Center Team L/R: Deb Thompson, BSN; Hillary Moore, BSN; Jeffrey Dropkin, RP, Trauma Team Coordinator, and Andrew Seefeld, MD, Director of Trauma Services; not shown Deb Mallett, BSN.

outcomes as well as understanding community needs.

"Speare's continued success as a critical access hospital exists in the willingness for collaboration and teamwork that is championed within the organization," says Dr. Seefeld. "With the support of many hospital specialties and services, our trauma team has created a process that satisfies the rigorous requirements of the State."

The Level IV Trauma Center designation is provisional until October

2024, following an evaluation by the State. Speare remains dedicated to meeting and exceeding the standards set forth for trauma care, ensuring that patients in central New Hampshire receive the highest quality of care possible.

Speare Memorial Hospital is located in Plymouth, NH serving the many central NH towns surrounding it with compassionate, expert, personalized care and cutting-edge technologies. Learn more at www.spearehospital.com.



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Great destination for a day trip - Bristol Square and Newfound Lake area



Those visiting Bristol and the Newfound Lake can find areas of interest for everyone.

Bristol Central Square is a destination area offering a variety of shops, from an artisan collaborative of 30 local artists offering unique and many one-of-a-kind creations, to a women's clothing boutique, a gift shop with resident artist and illustrator of children's books and more portraying their resident turtle Diane, an authentic barber shop, pet store, antique

shops, spas much more.

While in town enjoy stopping at the coffee shop, a historic Diner, as well as numerous other eateries offering Chinese, Irish, Italian and Mexican cuisines, sandwich shops, a Microbrewery, Winery and much more. While walking about town you can enjoy the charm of the square where numerous structures have been preserved over the years dating back the before the Civil War.

While exploring the lake area you

will find several other restaurants offering diverse menus for breakfast lunch and dinner from a bakery offering their sort after sticky buns, scones and sandwiches, a seafood restaurant, steakhouse and historic inn all with views of the Newfound Lake while dining. As well as stops for ice cream, two other microbreweries and a distillery in a neighboring town. Also, the area has 3 country stores which also offer opportunities for eating as



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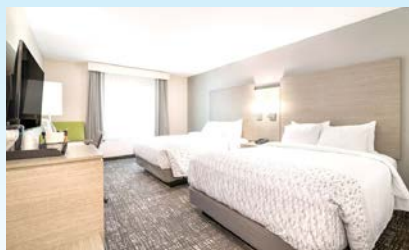


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Gilford Community Church

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Sunday Service is each week at 10am

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www.gilfordcommunitychurch.org

In New Hampshire, the Fish and Game Department is in charge of regulating fishing. New Hampshire Fish and Game stocks many lakes with different species of fish every year, providing anglers with an increased chance of reeling in a good-sized fish.

The law also requires fishermen to have a license. Fish and Game has many options for licenses available. Additionally, Fish and Game has

made it easy to purchase a license, with online licenses available right from the comfort of your own home.

Visit www.wildlife.state.nh.us and click on the fishing link. This will take you to Fish and Game's fishing page, where there is a link to purchase licenses. Anyone who has problems with the Fish and Game Web site can call 800-772-0775.

Once you have your license, stop off and pick up some bait. If you aren't sure where to get bait, the Fish and Game Web site offers a list of establishments that sell bait. In the Lakes Region, bait is available seemingly everywhere, from corner stores to outdoor outfitters.

The Lakes Region is home to many different species of fish, with Lake Winnepesaukee being the jewel in the crown of Lakes Region fishing. The state's largest lake covers more than 44,000 acres and has an average depth of 40 feet and a maximum depth of 180 feet. The lake is 25 miles long and has more than 240 islands.

The lake also features a wide variety of species for anglers to land. Brook, Lake and Rainbow Trout all call Winnepesaukee home. In addition, there are salmon, whitefish, large and smallmouth bass, pickerel, horned pout, white perch, black crappie and bluegills.

Access to Winnepesaukee varies around the lake. There are many boat ramps scattered throughout the region. The Wolfeboro and Alton town docks offer a place to put in boats, as does Ellacoya Beach State Park in Gilford, though there are some restrictions. Boats can also put in at 19-Mile Bay in Tuftonboro, at the town docks in Meredith. Access in Meredith is also available at Shep Brown's Boat Basin.

In Gilford, public access is available to Saltmarsh Pond, where rain-

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bow and brook trout can be pulled from the water. The access point is located on Saltmarsh Pond Road, off Route 11A.

Lake Wentworth is located in Wolfeboro, just a hop, skip and a jump away from Lake Winnepesaukee. Lake Wentworth features a state park beach, located on Route 109 on the way to Brookfield.

In addition to providing a couple of access points to Lake Winnepesaukee, Meredith also has Lake Waukewan, checking in at just under 1,000 acres, with rainbow trout, smallmouth bass, pickerel and horned pout available for the catching.

In addition, there are many, many more places to spend a relaxing day with the rod and the reel. Fish and Game has a complete list available on the Web site.

<https://www.wildlife.state.nh.us/>

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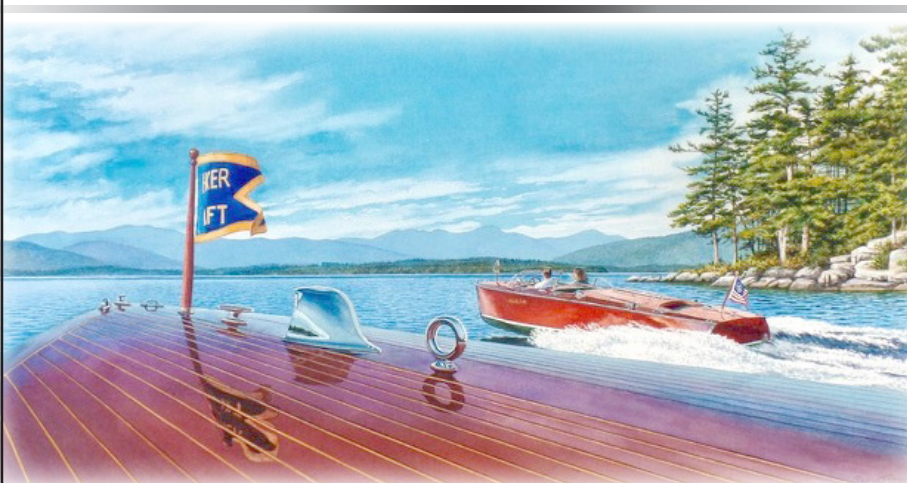
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Embrace the rejuvenated allure of Cottage Place on Squam Lake as it unveils its freshly updated exterior, seamlessly blending inviting aesthetics with its cherished rustic charm. Recently undergoing a facelift, our beloved lakeside retreat now boasts a renewed look that promises to enchant guests seeking a lakeside escape. Guests can look forward to a revamped reception area and camp store, offering a seamless check-in experience and a curated selection of essentials and souvenirs. Whether stocking up on provisions for a lakeside picnic or seeking insider tips on local attractions, our friendly staff is here to ensure a memorable stay.

Escape the hustle and bustle of everyday life and reconnect with nature in our cozy Suites, charming Cottages, or 6-bedroom Lodge, each exuding a timeless vintage appeal. The Lodge features a spacious living/dining area adorned

with a magnificent fieldstone fireplace, ideal for gatherings of up to 15 guests. For a more intimate experience, our cottages range from one-room to two-bedroom accommodations with fully-equipped kitchens and many boasting their own fieldstone fireplaces. Our Main building houses eight family-friendly two-room suites, complete with full kitchens and space for up to five guests.

Whether you're planning a family reunion, wedding, or milestone celebration, Cottage Place on Squam Lake provides the perfect setting for your special occasion. Conveniently situated in the charming town of Holderness, guests can explore a plethora of dining options, specialty shops, and scenic trails around Squam Lake. Take in breathtaking views of the NH Lakes Region and White Mountains while hiking the nearby trails or embark on a scenic drive to Meredith, a quaint bay town nestled along

the shores of Lake Winnepesaukee.

At Cottage Place on Squam Lake, we welcome your furry companions to join in the fun! With dog-friendly accommodations and plenty of outdoor activities to enjoy, including hiking, swimming, and cozy campfires, create lasting memories with your four-legged friends by your side.

Cottage Place on Squam Lake also holds the bi-annual Squam Lake Vintage & Makers Market every Spring and Fall. Attendees can expect to peruse an eclectic array of local artisans and vendors, featuring everything from retro clothing and antique furniture to handcrafted jewelry, woodwork and artisanal delicacies. In addition to shopping opportunities, attendees can enjoy live music, delicious food vendors, mobile bars and more.

Admission to the Squam Lake Vintage and Makers Market is \$5 for the weekend, offering a delightful opportunity to explore and support local artisans while soaking in the picturesque beauty of Squam Lake.

For more information, including vendor inquiries and event updates, email cottageplace@gmail.com or follow along on social media @cottage-placeonsquam and @squam-makers_mrkt.

Make Cottage Place on Squam Lake your new summer vacation tradition and experience the timeless beauty of Squam Lake like never before. For reservations and inquiries, visit www.cottageplaceonsquam.com.

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WeirS Beach - Endicott Park Laconia, NH

A nice sandy beach on the shores of Lake Winnepisaukee where the big lake empties into Paugus Bay. The Indians once fished this channel and caught salmon here. Massachusetts Bay Colony Governor John Endicott commissioned surveyors here in 1652. You can view their signatures on Endicott Rock. An admission is charged. A great place for boat watching, sunbathing and swimming.

Alton Town Beaches Alton, NH

A wonderful swimming area. No admission fee. Parking and rest rooms are available. Rt. 28 on Alton Bay. No lifeguards on duty. Swim Dock on Rt. 11 next to the town docks. No admission fee, lifeguard on duty.

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Laconia, NH

A nice free public beach on Lake Winnisquam. Take Rt. 3 to Court Street, turn onto Bay Street, Left to Winnisquam Ave. Beach is at the end. No fee for parking or admission. Swimming, bathrooms, fishing, playground, picnicking.

Ellacoya State Park

Gilford, NH

This NH state park offers 600 feet of sandy beach on the state's largest lake, Winnepesaukee. There are picnicking areas, a bathhouse with restrooms, and lifeguards on duty. The campground here is only for RVs. There are more than 35 camp sites available.

Wellington State Park

Bristol, NH

A half mile of sandy beach on pristine Newfound Lake offers some of the state's nicest swimming. Lifeguards are on duty. Bathhouses, restrooms, and a store are all available, and there is a picnic area in a pine grove along with some nice hiking trails. Wellington also provides a boat launch. The park is open 9 AM to 7 PM every day during the summer.

Wentworth State Park

Wolfeboro, NH

This small park offers very nice swimming, with a gradual drop off that lets even little kids walk "wayout." The beach is mostly sandy, with picnic tables on the grass close enough to watch the kids from. Lifeguards and a bathhouse with restrooms are provided.

White Lake State Park

Tamworth, NH

In addition to camping and hiking, this park offers a nice sandy beach with lifeguards, a bathhouse and restrooms. There is a picnic area, and canoe rentals are available.

15th Season at Petals in the Pines Highlights "Nature Therapy"

CANTERBURY, NH---The theme for the 2024 season at Petals in the Pines, (open May 11-Sept 29) is "Nature Therapy," to highlight the healing power of quietly spending time in woodlands, gardens, and fields.

The farm not only offers a variety of ways to enjoy and benefit from nature; this is also a place to learn about threats to our natural surroundings--and ways to live more sustainably while helping declining species.

For younger visitors, natural "activity centers" help them build, create, move, sing, play make-believe, experiment, learn, and enjoy. By connecting children with nature, this type of unstructured play and activity helps increase concentration, develop creativity and problem-solving, and relieve stress. Grown-ups can tap into decades of knowledge and experience, with accessible opportunities for individuals and groups to appreciate and learn about the extensive collections of native and cultivated plants.

Roots

Jim and Donna Miller have been working their land for over 30 years, maintaining what nature has provided--over 7 acres of native plants, eye-catching ledge outcroppings, and a babbling brook meandering through our woodlands, each offering their own quiet, beautiful spaces. Interconnected with these are garden beds filled with blooms, and a Pick-Your-Own flower field that they nurture. In addition, they have created natural play-spaces for children in the landscape.

Petals in the Pines first opened to the public in 2010, and they haven't

stopped growing! What you'll find here is a unique blend of the native landscape with cultivated gardens--a place you'll want to immerse yourself in. The result is an experience that many call "magical!"

2024 Season Visitor Highlights

This season at Petals in the Pines will feature new "Tale Trail" books (beginning June 1), and a 6-day format for our 12th annual NH Monarch Festival (pre-registration required). "Spread Your Wings" days will begin on July 11th, and the Pick-Your-Own flower field should be open in mid-July. Season Passes are available for enjoying both of our labyrinths and 2+ miles of varied-terrain woodland

trails and garden paths. Visit petalsinthepines.com for more details!

Our Pollinator Meadow, established in 2020, has been certified by UNH Extension and the University of Maine as a Pollinator-Friendly Garden. It showcases a large variety of flowers, grasses, and shrubs that attract and sustain a diverse population of beneficial insects. Petals in the Pines is of 356 locations in NH (triple the number from a year ago) that are part of the Homegrown National Park project--a grassroots movement started by professor and author Doug Tallamy to regenerate natural diversity.

Admission varies by activity and program, so it's best to check the web



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Trails & Labyrinths Walk our labyrinths, and explore 2+ miles of woodland trails, garden paths, and our Certified pollinator meadow.

Connecting Kids with Nature

"Spread Your Wings" most Thursdays (July 11-Aug 29), 9am-2pm
by reservation. Closed Aug 15.

"Tale Trails" Self-guided walks reading a nature story, daily.

Fresh Garden Flowers

Bouquets Fri-Sun, starting early June.
Pick-Your-Own flowers, starting late July.
Flower Arranging Workshops, July & August.

Handmade Gifts on the Farm Stand Porch

Leaf Stone Bird Baths, labyrinth jewelry, Swedish Almond Cakes, and much more!

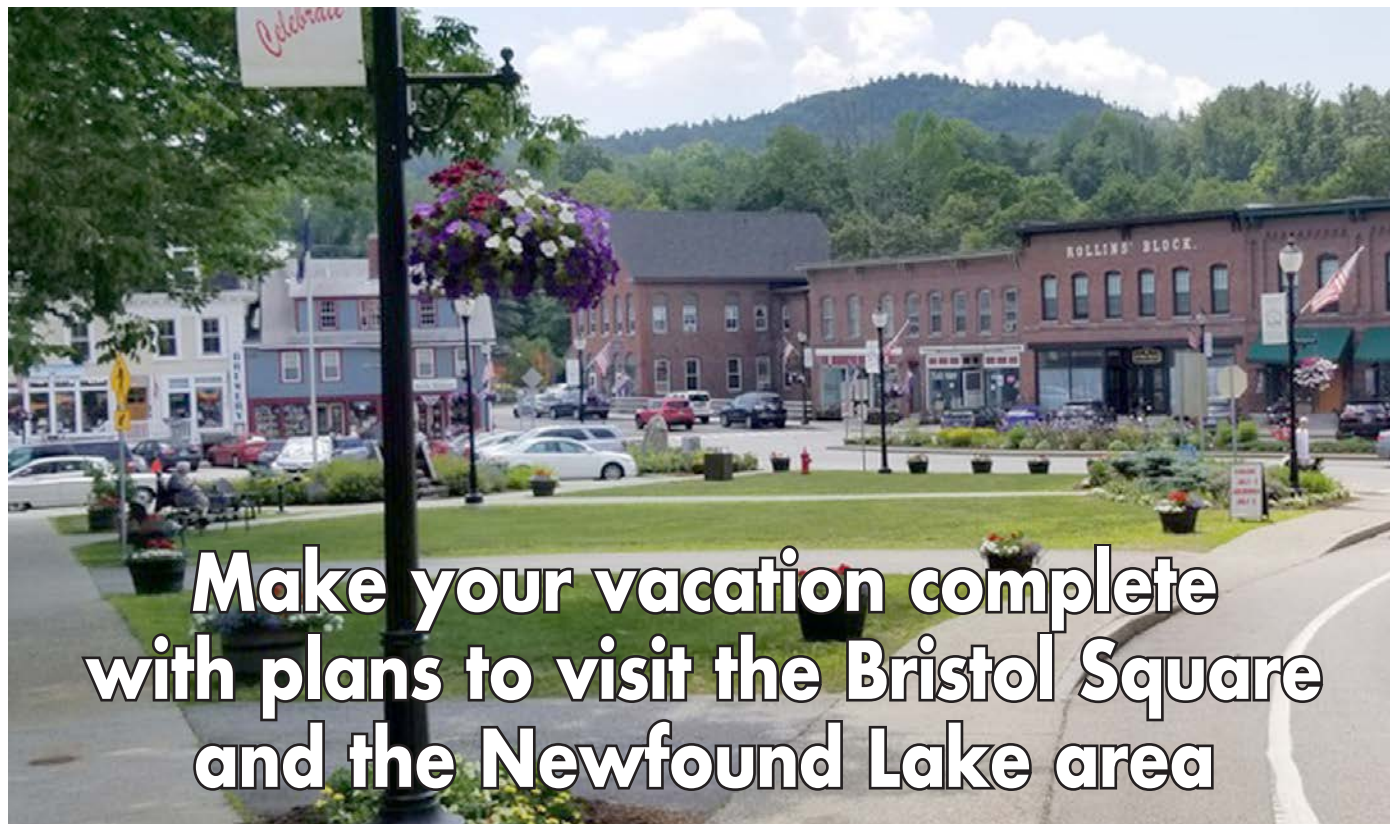
12th Annual NH Monarch Festival! Aug 23-25, Sept 6-8; 2-hour program, kids activities, butterfly/gardening experts, by reservation.



petalsinthepines.com

126 Baptist Rd CANTERBURY NH 603-783-0220





This area offers something for everyone of all ages, from shopping, hiking, biking, swimming and diverse eating experiences and more.

Bristol Square is a historic community offering much New England charm dating back to before the Civil War and is home to variety of shops and eateries and the Bristol Falls Park. Start your day with breakfast in one of several locations then explore the unique shops. Stop by a check out Riverview Artisans, a collaborative offering the

works of over 30 local artists. You find pottery, photography, fiber arts, wooden creations, metal work, jewelry, and more along with many one-of-a-kind pieces. Next door is Imagine, a specialty clothing boutique offering something for all ages. Then check out other shops ranging from spiritually medicine, unique art and gifts, pet store, and a gift shop offering resident artist and illustrator of children's books, puzzles, toys, and more portraying their resident turtle Daine, an authen-

tic barber shop and antique store. If you have appetite before leaving the downtown area, check out the Purple Pit for sandwich or salad, or Cielito's Mexican restaurant, or Lincross Sub shop, Shackett's Brewery or Kathleen's Irish Pub. Also, there are several other renowned restaurants in the Newfound area too.

Enjoy taking time to enjoy the numerous community gardens in the Square are as well as a Butterfly Garden behind the Minot Sleeper Library and other areas around town which are maintained by many local volunteers.

As you proceeding towards the lake, check out the newly established Bristol Botanist and Odysea Coffee Roasters as well as the well-known, Cardigan Mountain Country Store, and Crazy Cat Winery and more including a weekly Farmers Market at Millstream Park. The area is also home to two other local microbreweries as well.

Take time to explore the beauty of the area. There are many natu-



507 Lake Street
Bristol, NH 03222
Route 3A, across from
the bike path bridge.
(603) 744-8526

Lorna Platts Sirois, Owner



www.OldMillProps.com

ral attractions to visit such as Profile Falls Recreation Area, Wellington State Park, Hebron Town Forest, Grey Rocks Conservation Area, AMC Cardigan Mountain State Park, Slim Baker Foundation / Inspiration Point. More information can be found on the ilovenewfound.com, visitnewfound.com, and newfoundlake.org. Also pick your blueberries and apples when in season.

The Newfound Lake Region Association also offer boat tours with reservations made. Also, the area hosts a weekly car show and many places offer music events as well.

While continuing to explore around the lake check out Hebron and Newfound Country Stores and Idle -A-While Ice Cream and Antiques.

Look to pick up a Newfound Area Businesses Map to assist in your exploring our area which is available at many local businesses or at the Mill Stream Park Information Booth.

We look forward to you visiting our area.




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HEBRON GAZEBO PROGRAMS 2024 SCHEDULE



SATURDAY JULY 6

6pm Uncle Steve & The Dreamers - Variety
BBQ by Hebron Village Store

JULY 13 6pm Wyld Nightz Band – Classic Rock
BBQ by Bristol Lions Club

JULY 20 6pm Ken Clark Organ Trio
BBQ by Bristol Lions Club

AUG. 3 6pm Studio Two - Beatles Tribute
BBQ by Hebron Village Store

AUG. 10 FAMILY FUN DAY

11AM Hebron Conservation Commission Hike

2PM Dessert Contest - Entries Due

Bocce Tournament – Call to enter – 603-744-2634

2-4 Hebron Fire Department – Equipment on Display
Unique Vintage Car Show

5PM Nicol Knox Murphy - Music

5PM BBQ by Hebron Fire Department

7PM Don Camlbell Band - Country

8:45 (Dusk) Hell's Gate Display Fireworks

Hebron Gazebo Programs are sponsored by the
taxpayers of Hebron, D. Merrill and individual donations.

FREE POPCORN thanks to Bill White.

Questions or Information 744-3335



Did you know?

Individuals are urged to guard against sunburns and skin cancer by applying a sunscreen. But what does SPF and the various numbers associated with it mean? SPF refers to sun protection factor. The SPF rating, according to Verywell Health, refers to how long a person can stay in the sun without getting burned while wearing the sunscreen compared to how long he or she could stay in the sun before burning without wearing sunscreen. For example, if you normally burn after 10 minutes in the sun and you apply an SPF 15 product, it will take 15 times longer to burn in the sun, or 150 minutes (2.5 hours). Wearing a higher SPF product doesn't protect you better, it does protect you for longer durations. Therefore, you could conceivably wear an SPF 5 and with frequent reapplication, get the same level of protection as wearing SPF 45. Higher number SPF products may be preferable since people can easily get distracted or forget to apply sunscreen regularly while outdoors. But experts recommend reapplication of sunscreen every two hours, regardless of the SPF number on your sunscreen bottle.



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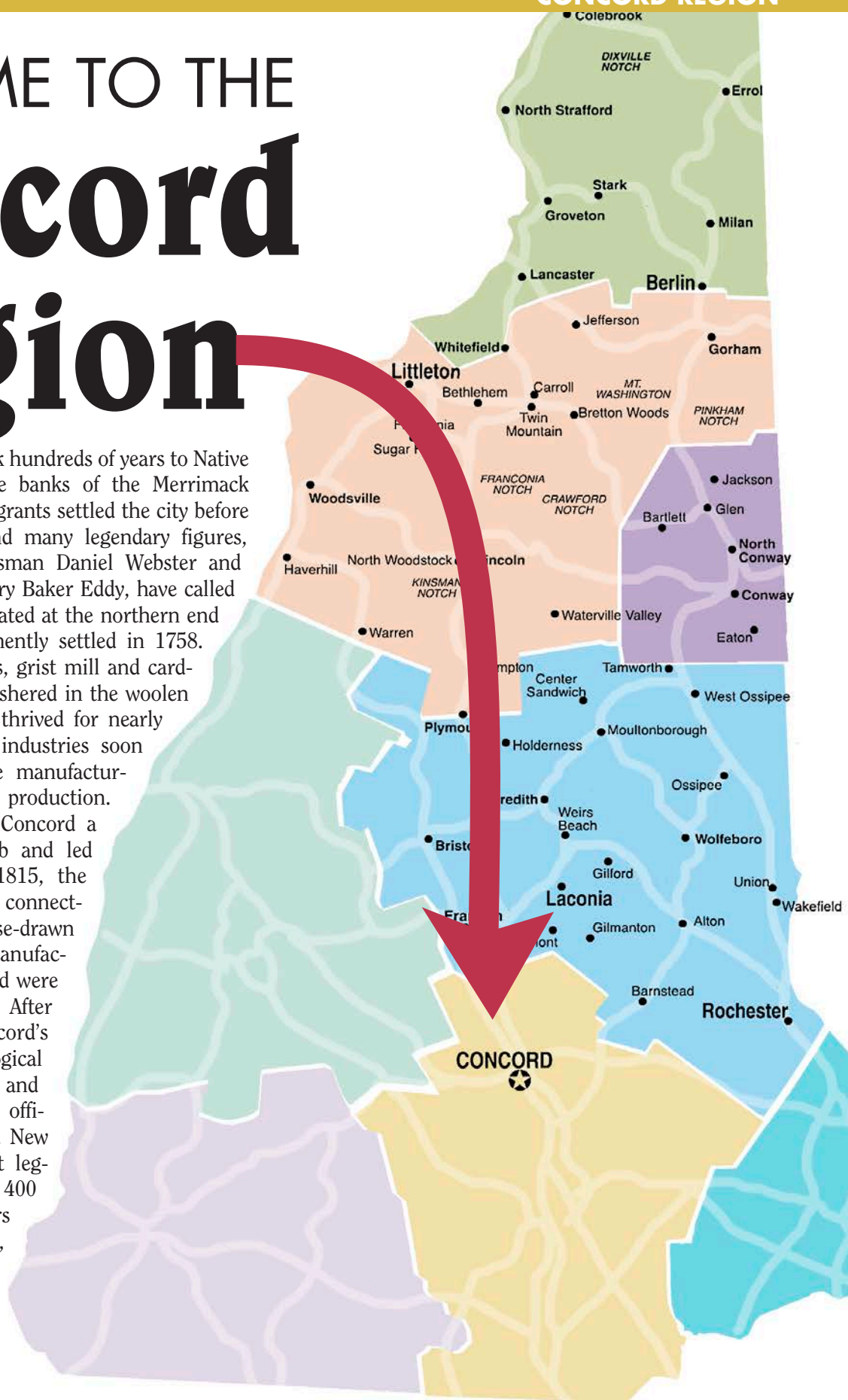
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WELCOME TO THE Concord Region

Concord's history dates back hundreds of years to Native American settlements on the banks of the Merrimack River. English-speaking immigrants settled the city before the American Revolution, and many legendary figures, including 19th-century statesman Daniel Webster and Christian Science founder Mary Baker Eddy, have called Concord home. Penacook, located at the northern end of Concord, was first permanently settled in 1758. Penacook's early lumber mills, grist mill and carding and cloth-finishing mill ushered in the woolen manufacturing industry that thrived for nearly 100 years. Other important industries soon emerged, including furniture manufacturing and electrical instrument production. The Merrimack River made Concord a transportation and trade hub and led the city to prosperity. In 1815, the Middlesex Canal was opened, connecting Concord to Boston. Horse-drawn "Concord Coaches" were manufactured for almost 100 years and were in service across the nation. After the Revolutionary War, Concord's central location made it a logical choice for the state capital, and in 1808, it was named the official seat of state government. New Hampshire boasts the largest legislature in the country, with 400 House and 24 Senate members who are paid \$100 annually, making service a labor of love. Downtown is a historical gold mine with treasures such as



Eagle Square; the New Hampshire Historical Society; Phenix Hall, where Abraham Lincoln spoke just before being elected president; the N.H. State Library, the oldest of its kind in the nation; the CenterPoint Church with a bell made at Paul Revere's foundry; Mary Baker Eddy's First Church of Christ, Scientist; and the State House Hall of Flags. The restored Victorian-era buildings give the business district great charm while housing the shops, restaurants and services that delight visitors and residents. Visit concordnh.gov and concordnhchamber.com.

Chuckster's Family Fun Park adds new way to cool off this summer!

Chuckster's, the popular family fun park on Route 4 in Chichester, has built a brand new bumper boat pond which will open in spring 2024. The pond features a waterfall and also an island containing Chuckster the woodchuck, who will spray unsuspecting boaters at random times. Children as short as 44" tall can drive their own boats. Children who can't or don't wish to drive their own boat can ride with an adult at no charge. The bumper boat attraction will supplement the other 16 attractions, which include miniature golf, batting cages, go-karts, TimberTrek Aerial Adventure Park, climbing wall, Jumpsters, the Webster, zipline, and numerous one-on-one games. Also new for this season is a brand new electric go-kart fleet from J&J Amusements.

Chuckster's opened in 2007 and has added attractions and additional locations over the years. Chuckster's opened a park right off route 93 exit 11 on Hackett Hill Road in 2017. The Hooksett location features two miniature golf courses and an ice cream barn serving Blake's Ice Cream. Both New Hampshire Chuckster's locations contain miniature golf holes that are over 200 feet long, the longest in the world that can be reached in one shot.

Chuckster's season runs from early April through late October. Hours and additional information can be found at www.chucksters.com.



16 Attractions!

including mini golf, go-karts, bumper boats, TimberTrek, batting cages, climbing walls, Jumpsters, & more!

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& Hooksett
New Hampshire**

chucksters.com

Home of the **WORLD'S LONGEST** Mini Golf Hole!



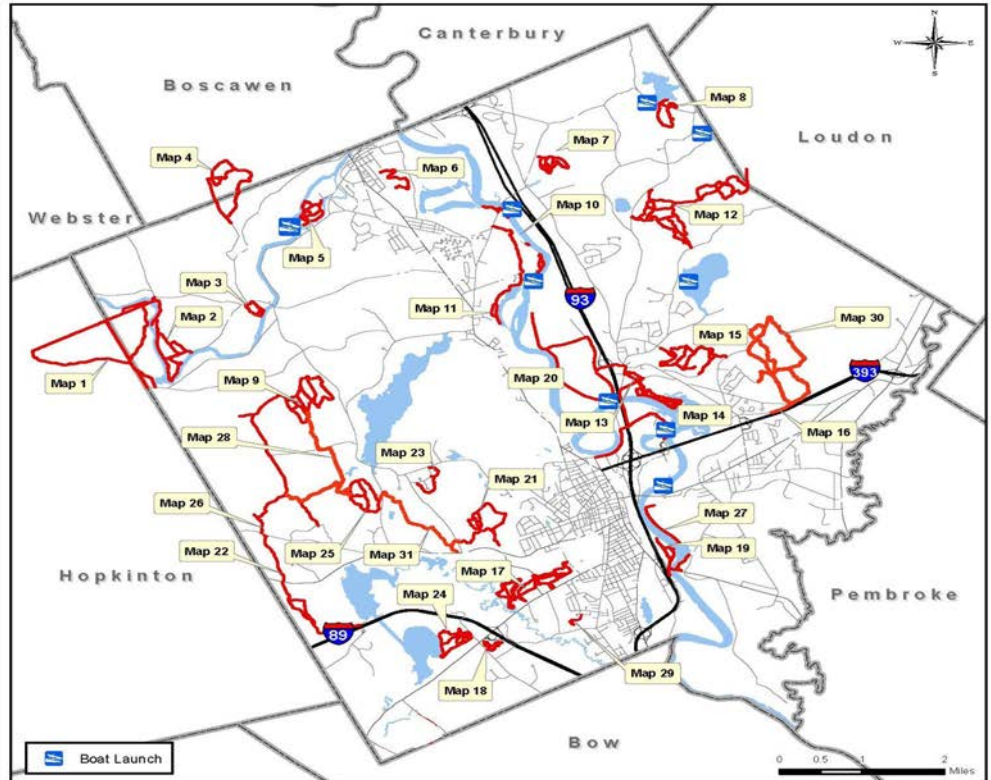
CHUCKSTER'S
FAMILY FUN PARKS

Index Map Concord Public Trails



Concord
Conservation
Commission
41 Green St
Concord, NH
(603) 225-8515

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2	Lehtinen Park Trails/Jim Hill River Walk
3	O'Reilly-Fleetham Trails
4	Weir Road-Boscawen Town Forest Trails
5	Contoocook River Park Trails
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31	Swope to Winant Connector Trail





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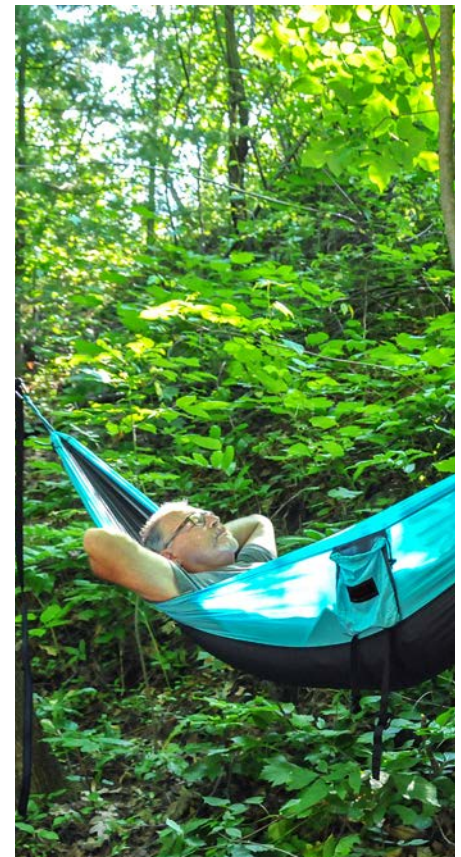
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Concord Area Hiking Trails

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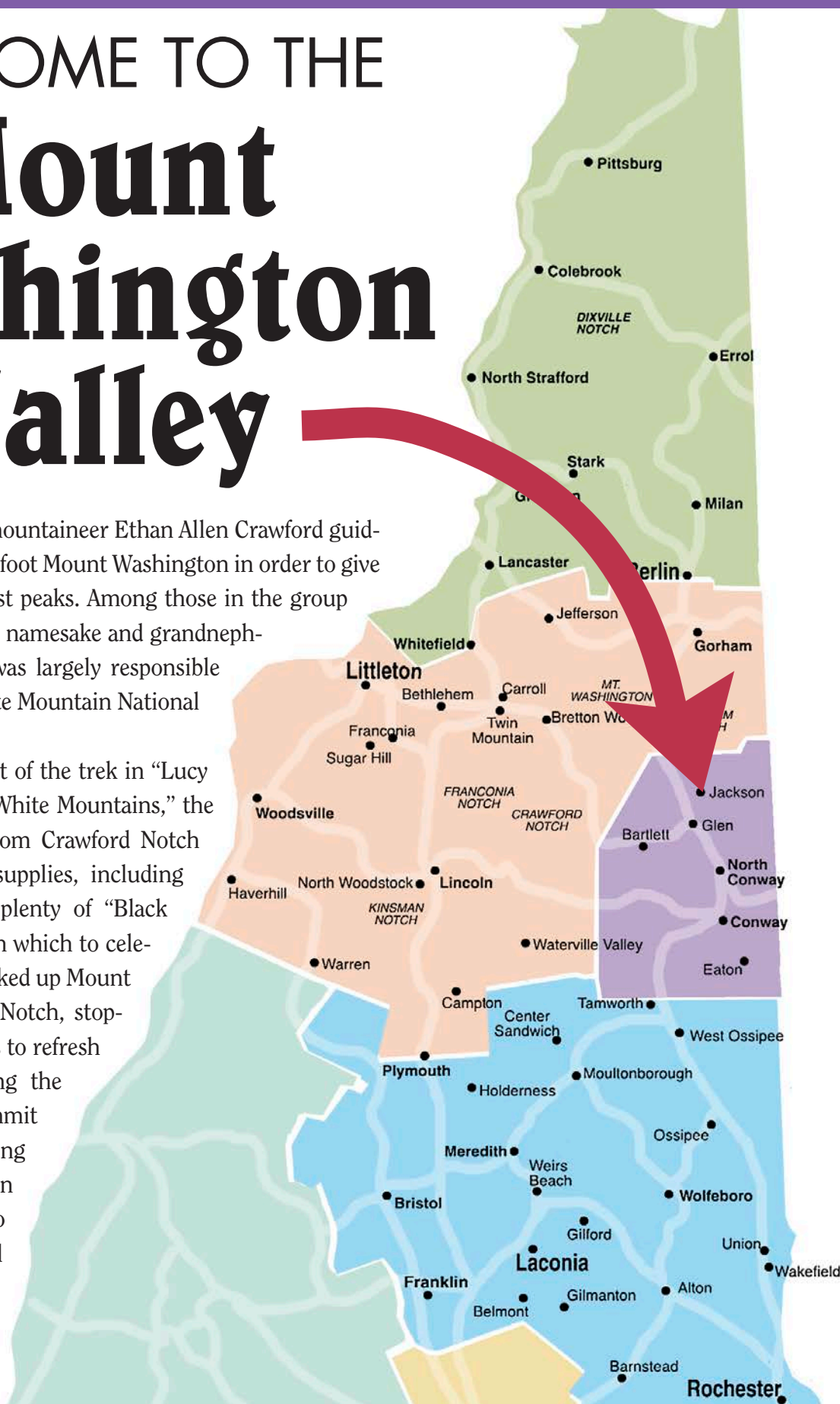


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WELCOME TO THE Mount Washington Valley

In 1820 innkeeper and mountaineer Ethan Allen Crawford guided seven men up the 6,288-foot Mount Washington in order to give names to the state's highest peaks. Among those in the group was John W. Weeks, whose namesake and grandnephew John Wingate Weeks was largely responsible for the creation of the White Mountain National Forest.

According to the account of the trek in "Lucy Crawford's History of the White Mountains," the group began their hike from Crawford Notch with two days worth of supplies, including cloaks and blankets and plenty of "Black Betts" or "O-be-joyful" with which to celebrate the occasion. They hiked up Mount Washington via Crawford Notch, stopping at Lakes of the Clouds to refresh themselves before reaching the summit. While on the summit they named the surrounding peaks, toasting to the men whose names they affixed to the mountains we now call the Presidential Range.



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Golfing Around The Mount Washington Valley



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Soak up the summer vibes with the family. Settlers Green has dog-friendly stores, local restaurants with great patios, public gardens and over a dozen pieces of public art.

See a listing of dog-friendly stores at settlersgreen.com



There are nine golf courses offering a wide range of experiences on more than 135 holes throughout the Mt. Washington Valley, all offering tee times to the public.

Each course offers its own distinctive challenge and scenic appeal. Starting from the North, the impressive Mountain View Grand offers golfers a challenging mountain course with natural terrain features and impeccable playing conditions. Currently in the works is a project to extend the course to full 18 holes.

In Jackson, you'll be greeted by the eighteen-hole Wentworth Golf Course offering a pro shop and putting green. Lodging associated with this resorts offer both golf packages and fabulous meals to compliment your day on the course. If you continue into Gorham, you'll come to two intriguing courses, Androscoggin Valley Country Club and Waumbek Country Club in Jefferson. Both offer 18-hole courses that have been established for over 85 years, with Waumbek New Hampshire's oldest course. If you're looking for stellar views of the Presidential ranges, along with challenging and entertaining courses Androscoggin Valley Country Club and Waumbek Country Club are two excellent choices. In Bretton Woods you'll find two courses set within dramatic scenery at the Mount Washington Resort - an 18 hole course and a nine hole course.

Continuing into North Conway, you find Hales Location Golf Course, described by Golf Magazine as "One of the most unique and singularly beautiful golf developments in the country". This nine hole course is considered one of the most challenging in the Valley's collection. Next, the North Conway Country Club, established in 1895, has provided an enjoyable golf experience in Mt Washington Valley for over 100 years. One round on this

course speaks for itself...the views of Mt Washington and the Presidential and Moat Ranges will leave you speechless. Finally, in the southern part of Mt. Washington Valley, you'll find Indian Mound Golf Course, in Center Ossipee. Here, architect Phil Wogan presents a challenging par 70 golf course with a relatively level front nine, and gentle rolling terrain back on the back nine. It is well groomed and player friendly. The road to the links ends in the southern part of the Valley at Province Lake Golf Course in Parsonsfield, NH. Province Lake Golf is an 18 hole -- 6279 yard course, with the crystal clear Province Lake as the focal point, visible from fourteen of the holes on the course. The surrounding woods create a sound buffer imparting a "quiet" rarely found these days.

Take the Road To The Links in Mt. Washington Valley, stay and play each course. It may take two trips, but

you'll be surrounded by a gorgeous setting, kind hospitality, challenging courses, and of course plenty to celebrate when you make it to the 19th hole watering spot.

North Conway Country Club

White Mountain Hwy, North Conway Located right in the center of North Conway, this 18-hole public golf club is one of the area's first courses. Boasting scenic views of Mt. Washington and the Moat Mountains, this is a favorite course for many residents and visitors. A full pro shop and retail store, along with a restaurant offering one of the best decks in town, the North Conway Country Club is a clear choice. There's a full schedule of tournaments and events throughout the summer and fall too. Call 603-356-5244 for more info.

<http://northconwaycountryclub.com>



Take in a show at M&D Playhouse!
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 Woman In Black • October 17 - November 3
 A Christmas Carol • December 5 - 22

2760 White Mountain Highway, North Conway, NH
 MDPlayhouse.com | BoxOffice@MDPlayhouse.com



Wentworth Golf Course

Jackson At the Wentworth Golf Club, scenic beauty and competitive play combine for a truly enjoyable golf experiences. This impeccably maintained 18-hole course is open to the public and groups are welcome. The course winds throughout the village of Jackson, NH, along both the Wildcat and Ellis Rivers, taking in such New England characteristics as covered bridge cart paths and more. Unwind after a round of golf for a bite to eat or a drink at the Red Fox Pub and Restaurant, located right at the golf course. For tee times, call (603)383-9641.

<http://www.wentworthgolf.com>

Hales Location Golf Course

North Conway This Albert Zicorus designed public course offers 9 holes of challenging and scenic golf. Located adjacent to the White Mountain Hotel, this is one of Mt. Washington Valley's most challenging courses. Tees are elevated, and there are 39

bunkers throughout the course. The views of Mt. Washington Valley are spectacular from each and every hole. The White Mountain Hotel offers a pro shop, restaurant and lounge. Golf packages are available. For golf and stay packages, call 1-800-533-6301. To schedule a tee time, call the pro shop at (603)356-2140.

<http://www.haleslocationgolf.com>

Province Lake Golf Club

Effingham This semi-private 18 hole golf course offers 4 sets of tees from 4,230 to 6,270 yards in length. This Par 71 course offers a challenging, but not punishing game of golf. The 300 yard driving range and putting greens are open daily. Private lessons and group clinics are available with a PGA/LPGA professional. Lunch is served in the beautiful new club house, which is also available for private functions. Call 800-325-4434 or 207-793-4040 for tee times and rates.

<http://www.provincelakegolf.com>

Mountain View Country Club

Whitefield Offers a 9 hole golf course in an unmatched scenic setting at the newly-restored Mountain View Grand Hotel in Whitefield, NH. This course and clubhouse has been recently renovated with a clubhouse offering an outdoor pool, children's playground and lunch. All open to the public with the purchase of a day pass. Mom and Dad can play golf and the kids can enjoy a day by the pool, all in a gorgeous mountain setting. Call 603-837-2100.

<http://www.mountainviewgrand.com>

Indian Mound Country Club

Ossipee An 18 hole course in Ossipee. The back nine was recently added offering local favorites. Holes

4,5, and 6 are picturesque and popular. This 72 par course is challenging yet forgiving. The pro shop was recently expanded and the club house has been completely renovated over the past few years. Call 603-539-7733.

<http://www.indianmoundgc.com>

Androscoggin Valley Country Club

Gorham Open May 1 to November 1st, this course's fairways are wide and tree lined, and water hazards come into play on seven holes. Horace Smith designed the back nine several years after the original nine opened. This is a public course, and tee times are required. Call (603)466-9468 for rates and tee times.

<http://www.avccgolf.com>

Waumbek Country Club

The historic Waumbek Golf Club offers the most picturesque views of any golf course in New England.

New Hampshire's oldest 18-hole golf course (built in 1895!) offers breathtaking views of the Presidential Range on every hole. Step back in history on 18 championship holes, placed over the natural contours of the terrain. Bring your camera!

After your round, enjoy an outdoor lunch on the deck of our clubhouse, where you can watch the cog railway puff its way up the rugged slopes of Mt. Washington.

Stay 'n Play packages make your golf even more convenient. Special packages are also available for golf groups and tournaments, which are always welcome. Please ask. Once you've played the Waumbek, you'll want to return to enjoy its natural beauty and the friendly service. http://www.playgolfne.com/waumbek_home/



The Ham Arena is a premiere ice skating facility in the North Country



The Ham is a recreational destination for all things on and off the ice.

This year we will be offering the building for hourly, half-day and full-day rentals while the ice is out from May 5th to July 22nd. With the ice out you can play street hockey, whiffle ball, box lacrosse, hold a large event, what ever you need. As soon as ice is back whether it's public skating with your family and friends or stick &

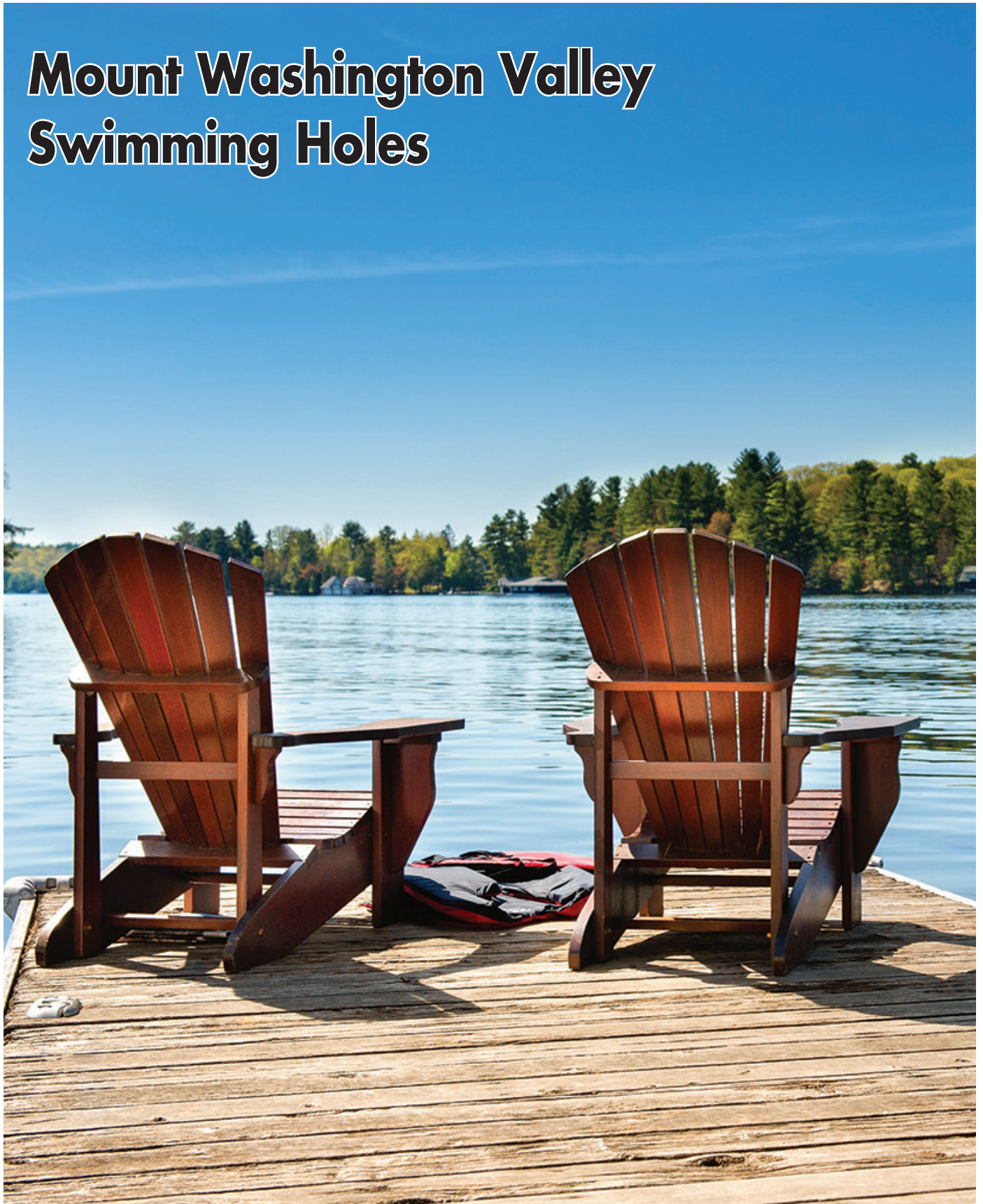
puck, learn to curl, a birthday party, a private rental, figure skating, adult men's, women's and coed leagues, a hockey tournament, broomball and more, we have it all here at the Ham! Established in 1998 by the cooperative efforts of an entire community, the Ham Arena is a Non-Profit facility dedicated to providing affordable opportunities for residents and visitors of the Mount Washington Valley.

The Ham Arena is "the coolest place in the valley". The Ham also has a great Pro Shop, a large line of rental hockey and figure skates and the Slapshot Cafe.

For more information visit hamarena.com, call us at 603.447.5886 or stop in at 87 West Main St. Conway, NH 03818.



Mount Washington Valley Swimming Holes



Man made pools are nice, but no trip to the Mt. Washington Valley is complete without a refreshing dip in the area's natural ponds and waterfalls.

Echo Lake State Park

From North Conway, turn west on River Road, then left onto Old West Side Road. Look for signs on the right less than a mile down. The lake is dramatically set directly at the base of White Horse Ledge. It's one of the few places in the mountains where you'll find a sandy beach, also there's a picnic area and changing rooms. You can access hiking trails from here, too. A nominal parking fee is charged for entrance to this park.

Diana's Baths

If you continue on River Road (turns into West Side Road) and pass the turn off for Echo Lake State Park, in just under a mile you'll come to the parking area for Diana's Baths on the left. Hike along a well-marked trail about a mile to a wonderful group of cascading falls and pools, waterspouts and granite basins that make up Diana's Baths. This is the ideal way to cool off on a warm summer day, accompanied by an easy hike for the whole family. Swimming below the falls is allowed, but is prohibited above them as the public water supply intake pipes are located there. On a warm full-moon night, this is the most romantic spot in Mt. Washington Valley!

Saco River at Hussey Field

From North Conway, turn west on River Road and park roadside near the first bridge. You don't have to go far from North Conway to find a great spot for a dip! Head for the river for your swim, and the adja-

cent fields are perfect for a picnic, sunbathing or a game of frisbee. Chances are, you'll find company enjoying each of these. There's even a place to fill your water jugs with some great mountain water.

Kancamagus Highway, Lower Falls & Rocky Gorge

From Route 16 in Conway, head east on "the Kanc" Just 7 miles from Conway you'll come to some of the best swimming spots in the Valley. First you'll find Lower Falls, especially popular since it offers both fast and slow-moving water, small sandy beaches, picnic tables, parking and changing rooms. Rocky Gorge, is just 2 miles further down the road. Take a short 1/10 of a mile hike, and head for the pools above the falls, as swimming is prohibited in the Gorge.

Chocorua Lake

From Conway, head south on Route 16 about 10 miles. Chocorua Lake is on the right. Not only the opportunity for a cool dip, but with Mt. Chocorua at the apex of this lake, the scenery is thrilling. There are two sandy beaches on the east side of the lake. One is open to the public and the other is reserved for town residents.

Weston's Beach

From Main Street in Fryeburg, go north about 3/4 miles to Weston's Farm Stand. Across the street, you'll find a wonderful, sandy beach on a curve in the Saco River, and certainly some company enjoying the wading and swimming from here. For more information on visiting Mt. Washington Valley, call 1-800-DO-SEE-NH (800-367-3364) or visit www.mtwashingtonvalley.org.



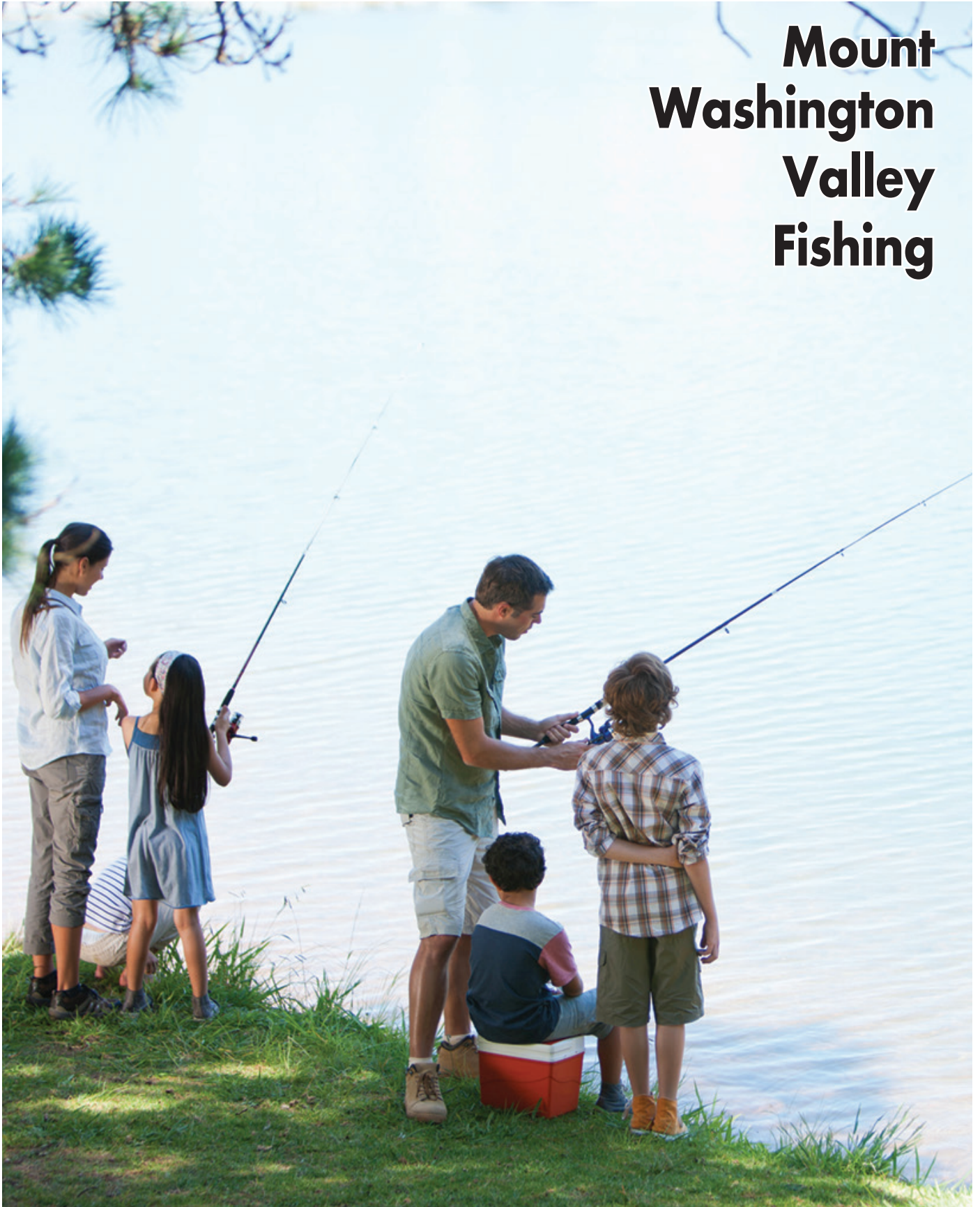

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Mount Washington Valley Fishing



Mt. Washington Valley offers anglers a variety of excellent opportunities for catching brook and rainbow trout, along with small mouth bass, perch, pickerel, salmon and bullheads. Who knows, you might even catch sight of a bald eagle watching attentively from a perch above, or happen upon a beaver or otter while you're fishing. New Hampshire fishing licenses are required for residents age 16 and older and all non-residents who are interested in fishing. They're readily available at many sports, angling and convenience stores in the area.

Saco River - Bartlett to Conway

Great for canoeing, the Saco with its pools stretches and riffles, is noted for its trout fishing. It's stocked with brook, brown and rainbow trout. The section 1 1/4 miles above and below the first iron bridge on the River Road in North Conway is set aside for fly fishing only.

Ellis River - Jackson & Glen

Like the Swift River, the Ellis River is stocked with rainbow and brook trout. The water flow is generally good throughout the summer. The area from the Jackson Covered Bridge to the iron bridge in Glen is designated for fly fishing only.

Wildcat Brook - Jackson

This federally-designated Wild and Scenic River (it's waters create Jackson Falls) has beautiful pools and is well stocked with brook trout.

Falls & Red Eagle Ponds - Albany

Just a short walk from Rocky Gorge picnic area on the Kancamagus Highway, Falls Pond is a natural pond raised by beaver. The 8 acre pond is rich with trout, while nearby Red Eagle Pond offers brown bullhead and chain pickerel, and light non-motorized boat access.

Sawyer Ponds- west of Bartlett

For excellent brook trout fishing, hike into these ponds from the Sawyer River Road off Route 302.

Mountain Pond - east of Intervale

From Route 16A in Intervale, follow Town Hall Road to this 124 acre pond in Chatham where you'll find brook trout. There is access for light non-motorized boats, a 3/10 mile walk in.

Conway Lake - Conway

At over 1200 acres, this is Mt. Washington Valley's largest lake. It is managed for landlocked salmon, and is noted for smallmouth bass. The salmon fishing can be remarkably good, especially early and late in the season, which runs from April 1 -



September 30. Boat access is available from the ramp by the public beach off Mill Street in Center Conway.

Silver Lake - Madison

Lake and rainbow trout are abundant in this nearly 1000 acre cold water lake, as well as smallmouth bass, perch, pickerel and bullheads. Boat access is from the public beach on the south end of the lake. Take Route 41 south from Silver Lake and turn left on East Shore Drive. The public beach is on the left.

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Leisurely strolls along a mountain trail, rounds of golf or kayaking; you can do it all here. There are ample opportunities for learning new skills such as rock climbing or mountain biking, and guided group mountain hikes are also popular excursions.



The White mountain region has many state parks, each as unique and spectacular as the region itself. Within these parks are opportunities to learn more about the history of New Hampshire, and the plant and animal life that live here. Many of the parks are open for recreation in all seasons; all are open in the summer.

Franconia Notch State Park

Franconia Notch State Park's 6,440-acres are nestled in the deep valley between the towering peaks of Franconia and Kinsman mountain ranges. Swimming, camping, scenic driving, picnicking, biking and hiking on trails of the Appalachian system are all available here. The Flume is a natural gorge extending 800-feet at the base of Mount Liberty. Granite walls rise 70 to 90-feet and are 12 to 20-feet apart.

The Old Man of the Mountain was located here.

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Welcome to the North Country!

Greetings, staycationers, and out-of-state visitors, welcome to the North Country! We're excited to have you here!

The Littleton Area Chamber of Commerce would like to encourage you to come on up and sample one of America's greatest small towns. A trip to the Littleton area is the perfect blend of modern convenience and the nostalgic reminiscence of a more tranquil time.

Whether you're bicycling along the Franconia Notch bike paths, picnicking alongside our river, reliving your childhood memories of Pollyanna, sampling our many fine stores and restaurants, or (for the more adventurous) taking classes in rally-car

racing, Littleton is going to be one of the highlights of your summer. Right on I93, we are less than an hour away from just about all points north of Concord NH. To learn more about what the Littleton area has to offer you, please visit our website at littletonareachamber.com email us at office@littletonareachamber.com, or like and follow our Facebook page at www.facebook.com/littletonareachamber.

We are not only the business hub of the North Country, but the Littleton area is also by far New Hampshire's ultimate day-trip destination, and we fully expect that you will be talking about your great experiences here for years to come.



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Franconia Notch – An On & Off-Road Cycling Destination

The Franconia Notch region of the New Hampshire White Mountains is fast becoming the destination for cycling enthusiasts throughout the Northeast offering opportunities for all ages and abilities. Bike tours, both on and off road, provide access to a variety of terrain against the backdrop of scenic peaks and waterfalls.

Biking is strong and getting stronger. According to Statista.com, in 2020-21, quarterly spending on bicycles and accessories increased from \$6 billion to \$8.2 billion dollars. It is estimated that there are 100,000,000 bicycles pedaling on and off the roads of the United States.

The Franconia Notch State Park is consistently named one of the nation's top state parks in polls across the country. The 8.7 mile bike bath wends its way through the park on a paved multi-purpose trail travels past Echo and Profile lakes along the headwaters of the Pemigewasset River below the towering Cannon cliffs. A moderate ride northbound from the parking lot of the Flume Visitor Center, the route provides a relaxing southbound downhill glide back to your vehicle. A stop along the river or at either of the lakes for a refreshing soak in the invigorating waters is highly recommended.

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Mountain Bike Association (NEMBA) has actively developed and promoted the regional trail system. The Parker Mountain trail system in Littleton, NH features twenty-three miles of terrain (20% Novice / 40% Advanced / 40% Expert), a family-friendly pump track, and easy access to the downtown district for dining or shopping.

“Franconia-NEMBA trails are a

one-stop destination for a wide range of terrain for all cyclist’s abilities” states Tim Clough, Franconia-NEMBA President and owner of the Iron Furnace Brewery in Franconia. “Trails through the White Mountain National Forest and on public and private lands are nestled within the tri-town region with biking-friendly retailers, lodging properties, and dining establishments offering post-ride refreshments and services.”

In the neighboring town of Franconia thirty miles of off-roading (30/40/30) along Franconia’s Lafayette Brook, up the slopes of Mittersill, and across the Easton valley provide year-round access as the trail system is maintained for four-season use. Under the stewardship of the Bethlehem Trail Association (BTA) seven miles of family-friendly trails are located in the village with trails planned to link the Bethlehem and Franconia systems.

The Parker Mountain and Franconia Trail and Bethlehem network are part of the Bike the Borderlands network of eight communities extending across Maine, New Hampshire, Vermont and Quebec.

Also in Littleton, the Ammonoosuc Rail Trail runs nineteen miles south to the town of Woodsville along the railroad grade. The trail is rough in places, mountain bikes are certainly recommended.

A popular road bike adventure, named “Four Notches and a Pass” by BikeNewEngland.com, is the ninety-four mile route with a total of eight-thousand foot climb, fourteen mile descent from the south into Bartlett, across the Kancamagus Pass and through the Franconia and Crawford notches. This challenging course provides some of the more breath-taking views of the White Mountains to be found.

The region offers a variety of on-road opportunities for terrain offering expansive valley rides with modest climbs to more aggressive treks with a variety of climbs on both primary and secondary roadways. The New Hampshire Department of Transportation offers a comprehensive map of routes throughout the region at <https://www.nh.gov/dot/programs/bikeped/maps/wm.htm>

Don’t have a bike or forgot your bike at home, the White Mountain Bike Shop located at the Franconia Inn on Route 116 in Franconia will put you on the road or trail with bikes for rent. If you want to bike without all the effort, Franconia Base Camp located on Main Street in Franconia offers a fleet of e-bikes for rent.

For more information about biking in the region, contact the Franconia Notch Regional Chamber of Commerce at 603-823-5661 or info@franconianotch.org.



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The 80th Annual North Haverhill Fair

One of the must do events every summer is the North Haverhill Fair. This year celebrating 80 years of family entertainment the fair is once again bringing on something new while still keeping the long history of being a great family event.

This year's fair will open on Wednesday, July 24 with a Demolition Derby, a classic car show, live music, pony pulling and a ride special. Plus plenty of food choices, displays from commercial vendors and of course plenty of 4-H exhibits.

Thursday night will see one of those new events as the Outer Limits

Freestyle Dirt Bike Tour will take off high above the McDanolds pulling track. This show promises to make your heart skip a beat as well as get your blood flowing. Even better the show, like all the others, are free with your paid gate admission. Thursday also features one of the few hand mowing contests left, plus a 4-H dog show, ox pulling and more live music. Plus another ride special and more pig races.

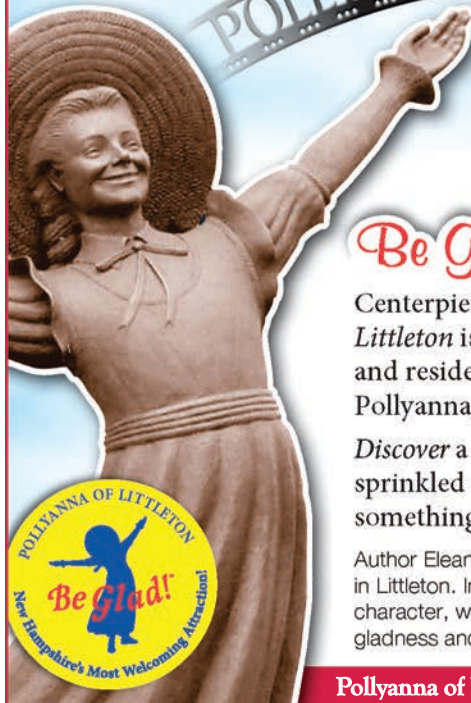
Friday at the fair will have another ride special in the afternoon, an old fashioned stone boat tractor pull, mini-tractors showing their muscles with a transfer sled and in honor of the "Celebrating the 80's" theme, it will be "Resurrection - A Journey tribute band" on the Thayer Stage at 8:30. This is only the second group to be brought back to the North Haverhill Fair and they are bound to match their previous visit.

To continue the 80's theme "There

just isn't a party like an AXIS 80's party! Bringing all the glitz and glamor from the era of 80's rock and pop, AXIS is pure fun!" They take over the Thayer Stage at 8:00 pm on Saturday. Before that show enjoy plenty of horse pulling, tractors pulling a transfer sled, a log loader contest, mini-excavator rodeo, open ox show, and so much more.

The 80th annual North Haverhill Fair concludes on Sunday, July 28 with a big 4x4 pull, an open draft horse show, another ride special, along with more horse pulling contests, more live music and even a Scavenger Hunt for cash prizes that is open to all.

Admission prices remain at \$15 for adults, children 5-12 are \$3.00 and those under 5 are free. Parking is also free. The fairgrounds are located at 1299 Dartmouth College Highway (Route 10) in North Haverhill, NH 03785. For complete details visit www.nohaverhillfair.com



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Big City-Caliber Classical Musicians Perform this Summer in Our Beautiful North Country



"Odesa Boys," Julian Milkis, clarinet, and Maxim Lubarsky, piano

"Sounds in the Sanctuary," the summer classical concert series hosted by the Bethlehem Hebrew Congregation, opens its 11th season on July 12. The first of four Friday afternoon concerts features pianist Bernard Rose.

Rose performs as soloist, accompanist, and chamber musician across the country. He has toured the United States with the Young Concert Artists, served as musical director of the New York Community Opera Company, and worked on musical productions for educational television.

Rose, a long-standing member artist of the North Country Chamber Players, has performed every season since the start of Sounds in the Sanctuary. This year, he will play Bach's Goldberg Variations.

On July 26, Sounds in the Sanctuary welcomes back the "Odesa Boys," Julian Milkis on clarinet and Maxim Lubarsky on piano, for a fun-filled program of jazz and classical duets. Milkis, Benny Goodman's only student, is an internationally acclaimed solo artist who has performed with The Toronto Symphony, CBC Vancouver Orchestra, and L'Orchestre Symphonique de Lyon.

Lubarsky, a classically trained pianist turned jazz pia-

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nist, performs and records in Boston, New York, and abroad. He appears regularly at the Spoleto Festival, tours and records with Gabrielle Goodman, and teaches on the faculty of the Berklee College of Music.

The third program of the summer, on August 9, features the Lysander Piano Trio. Itamar Zorman, violin, Liza Stepanova, piano, and Michael Katz, cello, met at The Julliard School. They perform throughout the United States, and their recent internation-

al engagements include Calgary Pro Musica in Canada, Pro Musica San Miguel de Allende in Mexico, and a tour of Israel.

The Strad praises the Lysander Piano Trio for its “incredible ensemble, passionate playing, articulate and imaginative ideas and wide palette of colors.” The Washington Post notes their “uncommon degree of heart-on-the-sleeve emotional frankness” and “vivid engagement carried by soaring, ripely Romantic playing.”

Pianist Michael Arnowitt will close the season on August 23 with a program including Brahms, Ligeti, Stravinsky, and Beethoven. Arnowitt’s playing delights audiences around the world, from his home in Vermont to Canada, Korea, Russia, and many European countries. His life and music are the subjects of a documentary film, “Beyond 88 Keys” (2004), which has been broadcast on public television and shown at festivals in Europe and the United States.

All performances are held at 5pm at 39 Strawberry Hill Street, Bethlehem, New Hampshire 03574. General admission tickets are \$25.00. A four-concert season pass is \$75.00. Tickets are available at the door (cash or check only) or at tickets.catamountarts.org.

Full program notes and biographies are available at: bethlehemsynagogue.org



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Safe Hiking & Camping Guidelines



Here’s one scenario where the hikers make mistake after mistake, with disastrous results: A group of four friends set a date in late spring to hike Mt. Washington, making the date months in advance. The night before

they drive four hours from home to a lodging near the trailhead. The next morning the weather forecast states that in the valleys, the day will be in the 60s to low 70s, but that late-season storms can be expected in higher elevations. It's warm and sunny when they leave their overnight accommodations, so they set out in cotton shorts, T-shirts and sneakers.

Mistake #1:

Weather can change very quickly in the mountains, and the higher you go, the colder, windier and wetter the weather is likely to be. Late spring storms can mean snow on Mt. Washington. The friends should have either elected to TURN BACK and postponed their hike, or been PREPARED WITH KNOWLEDGE AND GEAR for winter hiking. The friends each carry a candy bar and a bottle of water; one person has a cell phone, another has compass, but has never used it before. They had no map.

Mistake #2:


They are not PREPARED FOR EMERGENCIES. They don't have a pocketknife, maps, flashlight, First-Aid kit, rain or wind gear, or anything to start a fire. Cell phones often don't work in the mountains. A map and compass can only get you home if you know how to use it. Don't assume you will be rescued; know how to rescue yourself. On the way to the trailhead, one member of the group suggests they take a different, more difficult trail because he's heard that it's a quicker route to the summit.

Mistake #3:

They changed plans. If they had told anyone the trail they planned to hike and when they expected to be back, the information would send rescuers off in the wrong direction. They should LEAVE THEIR PLANS with friends or family before setting out and stick to those plans as best you can. You should also sign a hiking register, if available. One friend, a self-proclaimed "couch potato" has never hiked before; the others assure their friend that "it'll be a piece of cake. If you lag behind, we'll wait up ahead for you to catch up."

Mistake #4

They didn't pace their hike to the slowest member of the group. They should STAY TOGETHER, starting as a group, hiking as a group, ending as a group. They set out up the mountain. The weather is increasingly colder as they gain elevation, and it starts to snow. The "couch potato" falls further and further behind. When the three stronger hikers emerge above tree line, they are caught in a whiteout. Two



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of the group decides to make for the summit since it's closer than the base.

Mistake #5

Not only have they again failed to stay together, the trio didn't TURN BACK when conditions changed. The third member of the group heads back to find their slower friend. Not finding the friend on the trail, this hiker returns to the trailhead and summons help. It's only been a few hours since this group of friends started out. The weather continues to get worse and it takes many more hours for search and rescue teams to find both the single hiker and the duo and bring them out safely. The cost for these rescues is in the thousands, and searchers have been put at risk.

Hiker Responsibility Code

- Be prepared with knowledge and gear. Become self reliant by learning about the terrain, conditions, local weather and your equipment before you start.

- Be prepared to leave your plans. Tell someone where you are going, the trails you are hiking, when you will return and your emergency plans.

- Be prepared to stay together. When you start as a group, hike as a group, end as a group. Pace your hike to the slowest person.

- Be prepared to turn back. Weather changes quickly in the mountains. Fatigue and unexpected conditions can also affect your hike. Know your limitations and when to postpone your hike. The mountains will be there another day.

- Be prepared for emergencies. Even if you are headed out for just an hour, an injury, severe weather or a wrong turn could become life threatening. Don't assume you will be rescued; know how to rescue yourself.

To share the hiker code with others.

The ten essentials of hiking



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When on the trail, a variety of tools and accessories can help to keep you safe, warm and comfortable. However, there are ten items that are an absolute must on each and every hike you take - whether it is an afternoon jaunt

or a three-day tour. They are the Ten Essentials: Map, Compass, Warm Clothing, Sweater or Pile Jacket, Long Pants (wool or synthetic) Hat (wool), Extra Food and Water, Flashlight or Headlamp, Matches/Fire

starters, First Aid Kit/Repair Kit , Whistle, Rain/Wind Jacket & Pants, Pocket Knife

Lost?

Before you set out, take steps to make sure you don't become lost. Learn how to use a map and compass. Call ahead, read a guidebook and study maps of the area you'll be hiking to become familiar with trails, roads, rivers, streams, mountains and other features. Use these as reference points as you hike. Once you've determined your route, leave your trip plan with family and friends - then make sure you stick to this plan.

Take your map and compass with you. That way, if you become disoriented, you can stop, refer to your map and try to reorient yourself. Experienced hikers say that most people find their way after studying a map and the surrounding terrain for

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five minutes, so don't panic if you can't immediately figure out where you are. Also, take a whistle; if you become lost, blow it loudly at regular intervals to attract attention.

You may need to be on higher ground in order to identify landmarks such as streams and ridges. Just don't wander far from your original route; remember, this is where rescuers will

start looking for you if your friends or family tell them your planned route.

Still lost?

S.T.O.P: Stop, Think, Observe and Plan. Decide on a plan and stick to it. If the last known location is within a reasonable distance, try to go back to it. If you can't find any recognizable landmarks by backtracking, stay put.

If you can't rescue yourself:

1. Stay warm and protect yourself from the elements. If possible, stay near an open space; move into it to be visible from the air and ground.

2. Try to remain hydrated.

3. Put bright clothing on, or put out something that's bright to attract attention.

4. Continue to blow your whistle at regular intervals.

5. Don't lie on bare ground. Use the equipment you brought to protect yourself from the elements.

DEALING WITH WILDLIFE:

It's estimated that between 94% and 97% of New Hampshire is undeveloped land, making vast amounts available for natural wildlife habitat. Some of the finest wildlife watching in the state can be enjoyed while hiking in the White Mountains.



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If you see a wild animal - especially a moose or bear - exercise caution. Do not approach the animal; remember, it is a wild animal! If you're in your car and want to observe the animal, pull over carefully (watch for other cars and pedestrians) and stay in your car.

Most people who spend any time outdoors care a great deal about wildlife and wildlife habitat. Unfortunately, even the innocent act of observing wildlife can have a great impact on the animal if it is not done properly. Observing the following guidelines will help us put the needs and safety of wildlife first, to conserve wildlife and habitats and respect the rights of others:

Enjoy wildlife from a distance: The goal of successful wildlife watching is to see animals without interrupting their normal behavior. Wildlife send clear signals you are too close when they stop feeding and raise their head sharply, move away, change direction of travel or appear nervous or aggressive. These disturbances may result in an animal abandoning its young, injuring itself as it tries to escape, quit feeding at a time of critical energy need or displaying aggressive behavior toward you.

Don't feed the animals. While it may seem exciting at the time to have an animal eat out your hand, there are potential serious consequences. Some animals that become accustomed to handouts may lose their natural fear of humans. This may cause them to become aggressive with visitors who refuse to feed them. This situation may lead to human injury, which in turn usually means the death of the animal involved. Human food does not meet the living requirements for many animals and may seriously harm them. Animals who have become accustomed to handouts may be faced with starvation once that



food source is no longer available.

Never chase or harass animals. In some cases, valuable energy resources needed for survival are used when animals are chased. Your wildlife viewing experience will be more successful if you leave your pets at home.

Don't pick up orphaned or sick animals. Wild animals rarely abandon their young. In most cases the adults are nearby, waiting for visitors to leave before they return. If an animal appears to be sick or injured, behaves oddly or appears to be tame, leave it alone. There are a number of wildlife diseases including rabies that can affect humans.

Honor the rights of private landowners. Always ask permission before entering private property. Leave no trace that you have been there.

Respect the rights of other recreationists at a site. Be considerate when approaching wildlife that is already being viewed. A loud noise or quick movement may spoil the experience for everyone. Remember - you share the woods with many other recreationists including hikers, snowmobilers, mountain bikers and

hunters. Most public lands are open to hunting and fishing.

If you see any type of unusual behavior, such as an animal pacing back and forth, or signs of aggression, contact our NH Fish & Game Dispatcher at 271-3361 or your local police.

Bears

Black bears are found all over New Hampshire. Females typically weight 125 to 150 pounds while adult males tip the scales at 200 to 250 pounds.

Black bears are generally shy and usually avoid humans; with their keen hearing and good sense of smell, they're usually aware of us before we're aware of them. They can be scared away by loud noises.

However, bears are opportunistic and will search for human food supplies when natural foods are not available. Maintaining a sustainable bear population in New Hampshire depends on minimizing human-bear conflicts. The majority of conflicts can be avoided. Here are some tips on preventing bear problems:



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Camping Bear Prevention

Never intentionally feed bears to attract them. Maintain a clean campsite. Put food scraps in closed containers, not in the campfire. Do not cook or eat in your tent. Keep food and cooking gear separate from your sleeping area. Keep food in a closed-up vehicle or hang food at least 10 feet off the ground.

What To Do If Confronted

If loud noises, sticks and stones don't scare off the bear, back away slowly. NEVER turn your back or run away from a bear as this can trigger its hunting instincts.

You can't get away from a black bear by climbing a tree. Instead, lie face down on the ground with your legs spread and your fingers interlaced behind your head. Your spread legs will keep the bear from rolling you over and exposing your abdomen, while your hands and fingers will protect your head and neck. For more on bears, visit Fish & Game's website.

Moose

Moose may be New Hampshire's best-known residents; there are an estimated 9,600 in the state. The largest wild animal in North America, an adult moose averages 1,000 pounds and is 6 feet tall at the shoulder. Cows have light brown faces and a white patch of fur just beneath their tails, while bulls have a dark brown or black muzzle. Only bulls have antlers, which can weight as much as 60 pounds. Moose can range over 5 to 50 square miles, depending on the season.

The breeding season is from mid-September through mid-October, a time of frequent sightings. Moose are seen throughout the year, often in swampy or wet areas near roads, and are active at dusk and at



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night when it's particularly difficult to see them. Each year nearly 200 moose are killed on New Hampshire highways, which is why you should always remember to "Brake for Moose" when driving on our highways!

Watch moose from a safe and respectful distance. Moose are bigger and faster than any person and give little warning before attacking a perceived threat. Cows are extremely protective of their calves. Bulls in the rut are unpredictable. No one should ever approach these animals no matter how tolerant they appear. Moose are unafraid, not friendly. A moose that decides someone has crossed into his or her "personal space" will knock down the offender and kick and stomp until the threat stops moving.

Always enjoy wildlife from a distance. If you disturb the animal, you might cause it to injure itself while

fleeing, abandon its young, or display aggressive behavior toward you. Never approach a sick or injured animal. There are diseases, such as rabies, which can be passed from animal to human. Don't pick up or disturb what appear to be orphaned young. Wild animals rarely abandon their young. Most likely, the mother is nearby, waiting for you to leave. Don't feed the animals. This can lead to aggressive behavior and injury to you or others, in which case the animal will usually be destroyed. Also, an animal that relies on humans for food may be unable to fend for himself or herself in the wild.

Bugs

Black fly season usually runs from late spring to early summer. A good insect repellent will help keep the worst of the biters away. (Some peo-

ple claim that eating raw garlic will also do the trick!)

Lyme disease has been reported in New Hampshire. A good insect repellent will help repel ticks, and the threat of disease can be minimized by quick removal of any attached ticks. A daily inspection is a good habit.

To avoid ticks, wear long pants, long sleeves, and long socks. Light-colored clothing will help you spot ticks more easily. Tucking pant legs into socks or boots and tucking shirts into pants help keep ticks on the outside of clothing. If you'll be outside for an extended period of time, tape the area where your pants and socks meet to prevent ticks from crawling under your clothes.

The above info. was provided courtesy of the White MNF and N.H. Fish and Game's outdoor safety Web site, hikeSafe.com.



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This hidden gem is a haven for shoppers

Do you enjoy shopping for unique and exquisite handcrafted work by regional craftsmen? If so, then you must visit the League of NH Craftsmen Gallery at 81 Main St, Littleton, NH. This hidden gem is a haven for shoppers of fine craft, offering a wide range of gifts for all occasions.

The gallery is a treasure trove of fine craft items. From handcrafted jewelry to beautifully woven textiles including the best curated selection of pottery in northern NH. Hand Blown glass, fine furniture, photography, etchings and

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woodblock prints. There is something for everyone. Are you looking for a one-of-a-kind piece to commemorate a special occasion? Each piece is carefully crafted by talented artisans who pour their heart and soul into their work.

One of the perks of shopping at the League of NH Craftsmen Gallery is the variety of gifts available.

No matter the occasion, you can find the perfect present here. Whether it's for a Wedding, birthday, anniversary, or someone on your holiday list. From small trinkets to larger statement pieces. If you can't tuck it

in your suitcase we are happy to ship.

The League of NH Craftsmen Gallery in Littleton, NH is a haven for shoppers of fine craft. With its helpful staff, exceptional customer service, and wide range of gifts for all occasions, it's the perfect destination for anyone seeking special handcrafted work by League juried craftsmen. So, the next time you're in need of a special gift or simply want to indulge in the beauty of fine craft, make sure to visit the League of NH Craftsmen Gallery. Stop in or call for more information: 603-444-1099.

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Must Visit Towns on the White Mountains

Plymouth

At the foothills of the white mountain region you'll find Plymouth, NH. Plymouth is a picturesque, unspoiled New England town, settled within the confluence of the Baker and Pemigewasset Rivers.

Minutes away from major attractions, top ski areas, major lakes, State Parks and National Forests, Plymouth is ideally located next to Interstate 93 between the Lakes Region and the White Mountains, Plymouth is only one hour north of Manchester and two hours north of Boston.

Plymouth maintains a distinct rural character, yet is also the hub of retail shopping and service to many surrounding communities. The traditional Main Street is accentuated

by the original town common and lined with restaurants, shops, churches, and service providers, and is filled with entertainment possibilities.

Home to Plymouth State University, Plymouth attracts cultural activities through the Silver Cultural Arts Center and the Karl Drerup Fine Arts Gallery, with music, theater, dance events, poetry readings, exhibits, and the well known NH Music Festival concert series. Art studios and galleries, local concerts on the common and outdoor recreational opportunities, such as hiking, biking, fishing, canoeing, skiing, and snowmobiling are close to comfortable amenities.

To request information about Plymouth, or the surrounding area, contact the Plymouth Chamber of Commerce at 603-536-1001, 800-386-3678, or visit our web site www.plymouthnh.org. When you are in town, be sure to stop by the Plymouth Area Welcome Center rks! We look forward to meeting you!

Waterville Valley

Founded in 1829, Waterville Valley's residents and visitors have been drawn to its unique setting in the midst of the White Mountain National Forest.

Located only 2 hours from Boston. Take I-93 to Exit 28 (Rt. 49) & follow approximately 15 miles.

Waterville Valley in the summer is a paradise for outdoor enthusiasts, with activities for every age and interest. Looking for some summer fun the whole family will enjoy but won't break the bank? Waterville Valley Resort's all-inclusive "Summer Unlimited" package is exactly what

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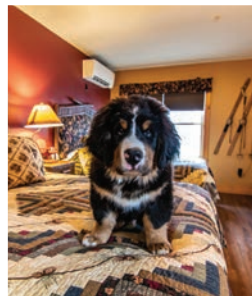
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mom and dad are looking for. From Memorial Day to Columbus Day, visitors who stay at Waterville Valley pay one fee to enjoy a wide range of activities. Here are the fun family activities included with your lodging:

Waterville Valley Resort Shuttle – Hop on the open air trolley for quick transport between each of the activities, or simply enjoy a leisurely scenic ride around the valley. Keep in mind, Waterville Valley Resort is a pedestrian-friendly village, so once you're here you can leave your car parked and easily get around on foot or bike.

Waterville Valley Ice Arena - July through Labor Day, unlimited skating in the indoor arena during published public ice skating times, subject to availability. Skate rentals extra fee.

Bike Rentals – Waterville Valley Resort will help you find the right mountain bike and the perfect ride around the village or on one of our scenic trails. They have a wide variety of easy, moderate, and more challenging trails for you to choose from (two hours daily per person).

Snow's Mountain Chair Lift – Take a ride up Snow's Mountain Lift for a round trip scenic ride, or hike down along pristine trails. Adventuresome? Take a bike and ride down! One ride per person per day.

White Mountain Athletic Club - Unlimited use of the indoor and outdoor swimming pools, whirlpools, saunas, weight rooms, and cardiovascular room.

Waterville Valley Tennis Center - Unlimited court time on one of the 18 beautiful outdoor clay courts with spectacular views of the White Mountains. Tournament schedule.

Waterville Valley Golf Club - Enjoy 9 holes of golf every day with your Summer Unlimited vacation package! Family-friendly, scenic 9-hole course. Par 31 layout with three par 4 holes provides a challenging golf

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Waterville Valley is right in the middle of the 770,000 acres White Mountain National Forest where you'll find endless hiking trails, world-class trout fishing, skate park and camps, and ice skating (in the indoor arena). Plus, a full schedule of summer concerts, family events and entertainment including Shakespeare in the Valley, Children's Theatre, the Rey Center and don't forget to check out the home of everyone's favorite monkey, Curious George's Cottage.

Lincoln & Woodstock

Web sites, brochures, travel articles and videos are some of the popular tools people use in selecting where they will vacation. These all spout warm and fuzzy phrases about how wonderful each locale is, but after a while, do they all begin to sound very similar? Yes and no.

Many destinations do offer a great number of the same vacation options. A beach resort has sand, sea, boating, sunning, tiki bars and the like. Most northern mountain resorts have significant ski hills, condominiums, dining choices, and many recreational activities that appeal year-round. What most promotional materials lack, however, is in giving the vacation shopper a true sense of place, of defining what makes this particular destination different from the others. Even the photos start to look the same from one place to another.

The Lincoln-Woodstock region in New Hampshire's White Mountains does indeed offer most of what mountain vacationers would expect. So why select this destination over oth-

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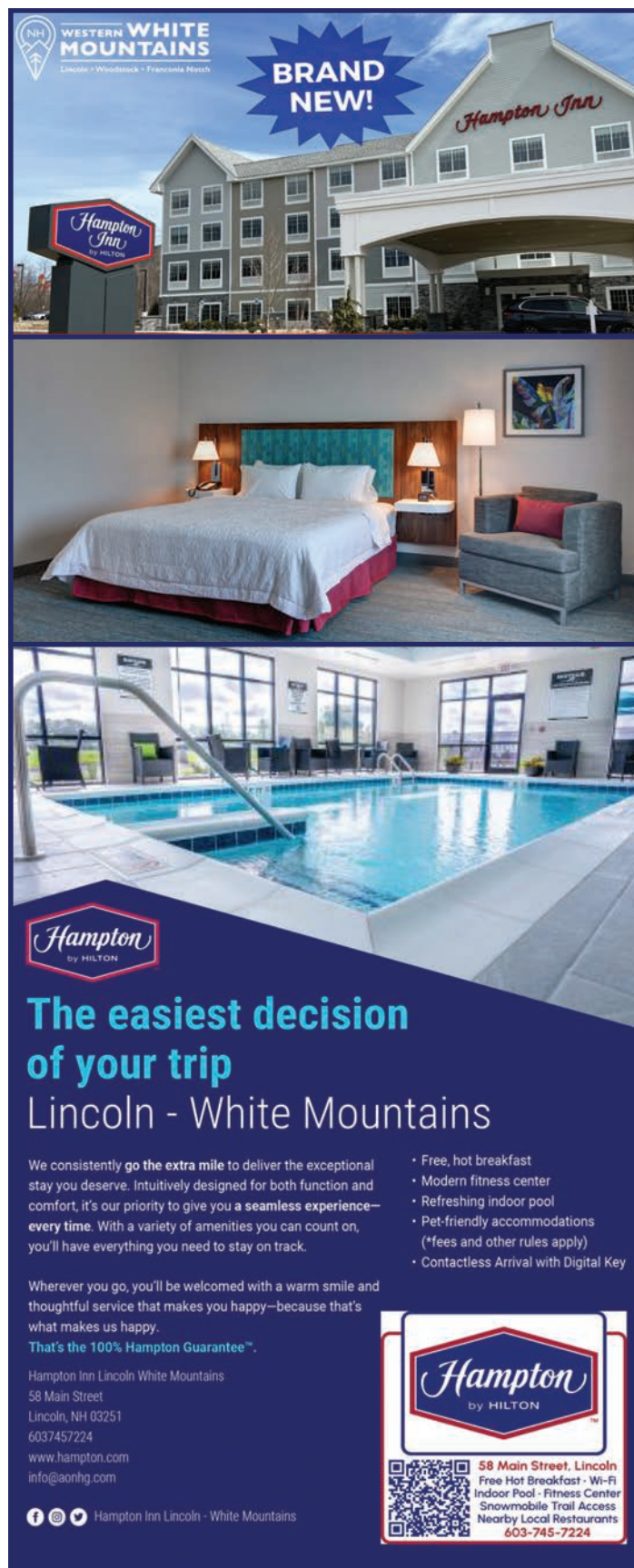
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ers with similar amenities? Let's define the setting itself, for starters.

One would be hard pressed to find a mountain resort area so totally accessible by interstate highway. Interstate 93 offers a straight shot of highway driving north from Boston. Connecting routes that feed in from New York and New Jersey, Connecticut and Rhode Island are all superhighways. This means cruise control driving in fair weather. In snowy weather, these main arteries of the Northeast are the first to receive attention from the snowplows and sanders. The trip is thus faster and safer.

Yet one of the pleasures of visiting northern New England is the quaintness of its thousands of miles of back roads. Lincoln-Woodstock has these in abundance, leading visitors to covered bridges, past historic churches, town halls, and stately manors. Many such roads wander along pristine rivers and pastureland and to one-of-a-kind antique shops and country stores. This slower pace and unmarred countryside has beckoned vacationers to the region for over a century.

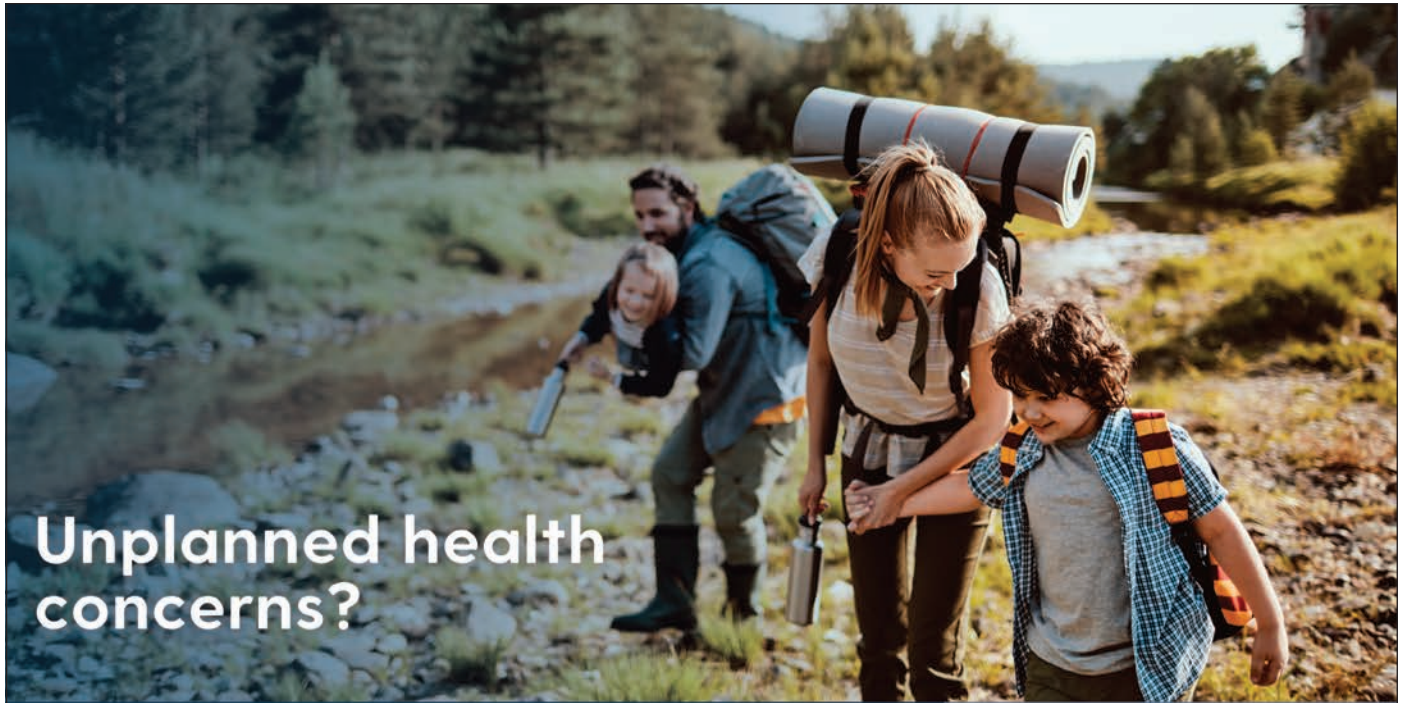
Lincoln-Woodstock is also home to a rich trove of natural geologic wonders created millenniums ago. The secrets of Lost River Gorge and Boulder Caves, the spectacular Flume Gorge chasm walk, the bracing blue waters of The Basin, Loon Mountain's ice caves, and countless dramatic waterfalls are remnants of Mother Nature's ancient design.

Sadly, what Mother Nature giveth, it can take away. The world famous Old Man of the Mountains profile in Franconia Notch State Park, a statewide symbol, crumbled to oblivion not long ago. But the grandness of the Franconia Cliffs remains for all to admire.

No place in the East offers such serious mountain climbing opportunities as the Lincoln-Woodstock area. It is home to nine of the state's 14 majestic peaks over 4,000 feet with another four straddling its outer borders. The trails are steep and gnarly but the reward of standing atop these barren granite summits is immensely gratifying.

Not everyone has the desire or stamina to scale these high peaks. They are perfectly content to wander the many miles of gentler terrain that leads them into quiet wilderness where moss covered streams, lakes, birdsong, wildflowers and occasional glimpses of wildlife bring total satisfaction.

Few vacationers want to totally rough it, however. That's where the towns of Lincoln and Woodstock come into play. These are small towns that have transformed their lumber mill roots into a four-season vacation playground. The lodging options here set these towns apart. There is more of it and there are choices to fit every



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For the budget conscious, there are no-frill cabins as charming as they are quaint. RV and tent campgrounds dot the landscape. The 1950s invention, the roadside motel, lives on in here, a retro-choice that is suddenly back in vogue. For those who want all the amenities and services, Lincoln-Woodstock visitors have hundreds of condominiums and luxury hotel rooms to pick from.

No matter what other interests appeal to vacationers, dining and shopping lead the list. Parents may long for that quintessential candlelit dining experience from time to time, but the reality of youngsters means fast food, pizza or spaghetti will be the first dining choice most evenings. For the adventurous diner, Lincoln-Woodstock has an outstanding range of options, from classic diner to world-wide specialty menus. Southwestern,

Swiss, French, Chinese are but a few of them.

Shopping does not include a plethora of chain stores and outlets found elsewhere. Most shops here are locally owned and unique. Sporting goods emporiums are especially popular in this recreation-oriented community. House wares and artisan shops offer the lure of quality regional products.

Finally, what also sets Lincoln-Woodstock apart are its homegrown attractions, theme parks that solicit unbound joy from the younger set, thus assuring a successful family vacation. There are the trained bears and numerous entertainment outlets at Clark's Trading Post just up the road from Hobo Hills Adventure Golf and Hobo Railroad. A full day's entertainment is surely possible at the Whale's Tale Water Park, with six water slides, wave pool, lazy river and much more.

Other original Lincoln-Woodstock attractions include Saturday night stock car races at the White Mountain MotorSports Park, the Café Lafayette Dinner Train, the Loon Mountain Adventure Park, the Papermill Theatre, including children's productions, aerial tram and gondola sky rides.

That just about completes the picture of Lincoln-Woodstock. Sure, it has all those things one expects at a mountain vacation haven. Just check www.lincolnwoodstock.com for starters and click on 101 Things to Do. That will round out the picture.

Woodsville & Haverhill

With the Connecticut river moving gracefully south along their borders it doesn't take long to realize why these towns have sprung up so far away from an urban center.



The river is what drew people to



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originally settle here and it is still the river which keeps people coming today. The Bath Haverhill Bridge is the centerpiece of this beautiful natural area. With two spans it is a remarkable sight and provides a wonderful look into the past. The country feeling will be easy to absorb in surrounding like these.

Historic Alumni Hall

In the Historic District of Haverhill Corner, a few minutes south of the Fairgrounds, you'll find the wonderful twin Commons and a number of beautifully preserved historic buildings, including ALUMNI HALL, once the Grafton County Courthouse, later the auditorium and gymnasium of Haverhill Academy, and, since completion of its restoration in 2004, a region-wide cultural, heritage and communi-

ty center and Connecticut River Byway Visitor Center. Open year-round, the Hall offers art, photography and quilt exhibits, chamber and classical concerts, vocal and choir programs, dances and dance performances, general and children's theatre performances, readings and author events and community programs. Its Visitor Center is open mid-June to mid-October and provides free cultural, heritage and attractions information for the general traveling and visiting public.

Bethlehem

If there is an outdoor activity that will make your summer experience complete you will probably be able to find it in Bethlehem. There is golf at Maplewood Country Club, Bethlehem Country Club and The Sunset Hill Golf Course. State parks are all within easy

reach with hundreds of miles of trails through the White Mountains, and for the ambitious a chance to climb the highest peak in New England, Mount Washington.

Biking, rock climbing, fishing and hunting, boating....it goes on and on. There are plenty of places to stay and eat making this a true destination town here in New Hampshire's incredible North Country.

A summer classic is the free concert series which is held every Sunday night (sometimes Saturdays too) at the beautiful gazebo on the town common. Bring a blanket and your favorite picnic treats while you enjoy a wide range of skilled musicians in this picturesque setting. It's the sort of evening fun that makes summer in a laid back place like this so very memorable.



Your Loon Condo Connection

264 Main Street #12—PO Box 785, Lincoln, NH 03251

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State Parks

Franconia Notch State Park, off I-93

Crawford Notch State Park, Rte. 302

Forest Lake State Park, off Rte. 16
Mt. Washington State Park, summit

Moose Brook State Park, off Rte. 2
North Cathedral Ledge State Park, Rte. 302

Echo Lake State Park, Rte. 302

Weeks State Park, Rte. 2, Lancaster
Golf

Bethlehem boasts two championship 18-hole golf courses designed by the legendary Donald Ross. Bethlehem Country Club and Maplewood Country Club also team up with numerous local inns for stay-n-play packages.

Bethlehem Farmers Market

Home to 12 vendors with fresh produce, baked good, flowers and lunch items. We are open May - October on Thursdays from 11am - 3pm.

The Rocks Estate

The Rocks Estate is a turn-of-the-century historic estate owned by the Society for the Protection of NH Forests. Many vacation packages are offered in conjunction with the property. Trails are open to the public year round free of charge and guided tours are available by reservation only. The extensive trails system is open daily, year-round, from dawn to dusk. Maps are available at the information kiosk, located adjacent to the parking lot. Dogs are welcome to accompany their humans on the trails, although we ask that you keep them leashed until you're on the trail.

Scrapbook Memory Trail - .8 miles/
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Christmas Tree Trail - .8 miles/Easy

Heritage Trail - 1.5 miles/Easy

Michael A. Gozzo Trail - 4.6 miles/
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<http://therocks.org>

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Omni Mount Washington Resort

With a long and storied history nearly as vast as its namesake, the Omni Mount Washington Resort was conceived by New Hampshire native Joseph Stickney. Ground was broken in 1900 and doors of the grand hotel opened in July, 1902.

In 1944, the resort hosted the Bretton Woods International Monetary Conference, where delegates from 44 nations convened to establish post-war economics resulting in the World Bank and International Monetary Fund. Today, this National Historic Landmark continues to welcome guests from around the globe for business and pleasure.

Originally open only in the summer months, the Omni Mount Washington will soon celebrate its 25th winter season and recently celebrated the Golden Anniversary of its acclaimed Bretton Woods ski area. Home to the Rosebrook Lodge and Crystal Hills wedding and event venue, guests can visit the mountain-top lodge seasonally via

scenic gondola rides to enjoy a lunchtime bite and beverage at the Switchback Grille, or a quick coffee and snack at Peaks café. This summer, enjoy our Full Moon Dinner Series and other special events.

Back at the base, guests can savor a variety of fine and casual dining including theme dinners at Slopeside Restaurant on select evenings, a cool refreshment indoors or out, self-guided historic tours and specialty shops for unique gifts and mementos.

With award-winning golf and skiing, a full-service spa and unique year-round Canopy Tour, guests will find no shortage of recreational activities any time of year to create the ideal White Mountain vacation.

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**Best Burger's
in the North Country**

Littleton

By Ruth Taylor

Traveling through the North Country means a chance to visit Littleton, one of the best little down-towns in New Hampshire. You can't miss it if you're arriving by Interstate 93. The town boasts three exits from the Interstate. Traveling north, your first opportunity to reach the award winning downtown is Exit 41.

Recognized by the National Trust for Historic Preservation with the Great American Main Street Award in 2003, Littleton lives up to its hype with possibilities for several exceptional experiences.

Visiting Littleton isn't just about shopping, although lots of visitors come to Littleton for just that reason. Town leaders 10 years ago launched one of the most successful downtown revitalization programs in New Hampshire. Using only local financial resources – and most of it privately raised – Littleton became one of the first three towns to join the New Hampshire Main Street Centers' network of communities. Using the techniques developed by the National Trust for Historic Preservation, Littleton brought new pride back into its downtown. Buildings were spruced up. The flower boxes were filled. Retailers learned to be a little savvier about their marketing, and several community projects came to fruition with the dedication of many volunteers.

The first major private investment project to jumpstart Littleton's downtown renaissance was the restoration of Littleton Grist Mill. The oldest commercial structure in northern New Hampshire, the original mill had nearly fallen into the river when Ron Murro and the Eames family joined forces to bring the structure back to life. Murro did extensive research on milling and the mills

of northern New England. He even located an old millstone miles away in Bethlehem that may have come from the Littleton mill. Murro's son, Chris, did much of the restorative carpentry work, building the huge wooden gears that turn the millstone. Once complete, Murro opened the mill as combination working grist mill and gift shop, selling flours that are actually milled on site. Today the mill store is operated by a young couple – Jim and Kimber Bastone – who have brought a line of organic grains and specialty foods to the mill store. The mill offers a chance to see the inner workings of a real mill, with an educational video available on the lower level where the millworks are located.

Private investment in downtown Littleton has been impressive since the Main Street volunteers first gathered. But public projects have made their mark as well. Working with the N.H. State Council on the Arts, the Main Street program developed a community arts project designed to produce some solid cultural representation of the town's history. Two projects emerged.

New Hampshire sculptor Emile Birch worked with community members to identify aspects of town history that had significance. Of four historic ideas Birch presented, by far the most popular was the legacy of Littleton author Eleanor Hodgman Porter who created the ever joyful and sunny character beloved by many the world over – Pollyanna. A bronze sculpture of Pollyanna now stands astride the lawn of Littleton's Public Carnegie Library with her arms outstretched in a welcoming pose greeting all who see her. She was the gift of the Eames family. Soon after the unveiling, Pollyanna of Littleton was officially proclaimed "New Hampshire's most welcome attraction." With a long

history of business and philanthropy in the community, the Eameses are delighted to see visitors stop for a photo with the "glad girl." In fact it is becoming commonplace to rub one of her high top shoes for luck and gladness.

The second project was a folk art mural in the Mill Street parking lot that was developed through a similar community process. Working with

muralist Karen Kelly, community members produced a design that includes various events in Littleton's history, from the first settlers arriving in 1770, to the modern day arrival of huge satellite dishes in the town's industrial park.

For art lovers, the Littleton Community House and the library both are home to small collections of oil paintings by artists of the White

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For a spectacular view of Littleton, take a 20-minute hike up Kilburn Craggs off Route 18. Follow signs to Littleton Regional Hospital, and look for the tiny parking spot on the left hand side of the road about a quarter mile from the Route 18/135 intersection.

Littleton is a town that's been described by one travel writer as "remarkably real." It's a community with grit. Political battles over zoning and taxes are hard-fought. Huge log and wood chip trucks still rumble down Main Street as pedestrians wander from furniture and appliance stores to the nail salon, or run to get coffee.



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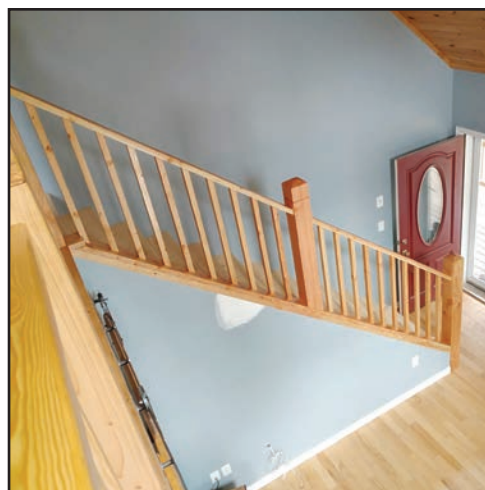


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Remember when setting out on even the shortest hike that this is a mountain region, subject to rapid weather changes. Wear sensible shoes (rubber, not leather-soled which tend to be slippery), and bring an extra sweater or jacket. You also may want to bring food and a beverage (remember to carry out what you carry in). For full trail descriptions, see the AMC

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White Mountain Guide, available at bookstores and outfitters.

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Artist's Bluff and Bald Mountain

Distance: 1.5 miles • Time: 1.25 hours

Off Route 18 in Franconia Notch State Park, just before the parking for Echo Lake. Great views. Short but steep.

Basin-Cascades Trail

Distance: 2 miles • Time: 1.5 hours

Off Route 3 in Franconia Notch State Park. Starts at the Basin and ascends along beautiful Cascade Brook, ending at Cascade Brook Trail.

Black Cap Path

Distance: 2.4 miles • Time: 2 hours

3.7 miles off Route 16, Intervale on Hurricane Mountain Road. Trail through spruce and beech forests leads to the bare summit.

Boulder Loop Trail

Distance: 2.8 miles •

Time: 2-4 hours

Dugway Road off the Kancamagus Highway. Excellent views for relatively little effort. An interpretive leaflet, keyed to numbered stations along the trail, is usually available.

Diana's Bath

Distance: 1 mile •

Time: 40 minutes

Dirt road off West Side Road, Bartlett. .7 of a mile past Cathedral Ledge Road. Easy, relatively flat walk to beautiful rocky cascades.

Greeley Ponds

Distance: 3.5 miles • Time: 2 hours

9.5 miles East of Lincoln on Kancamagus Scenic Byway. Grades are easy and the ponds beautiful.

Lincoln Woods/Wilderness Trail

Distance: 3.2-6.4 miles • Time:



1.5-3 hours

4 miles East of Lincoln on Kancamagus Highway. Follows an abandoned railroad grade.

Lonesome Lake

Distance: 3.25 miles • Time: 2.5 hours

Lafayette Place, Franconia Notch. Excellent footing on old bridle path; beautiful view of Franconia Ridge from shore. Moderate to Easy Grade.



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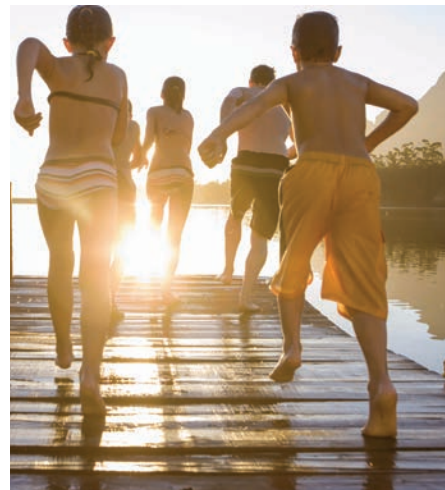
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Swimming in the White Mountains



A refreshing dip in the area's natural ponds, lakes and waterfalls is just what you need when the heat of the summer seems unbearable! Escape to one of these many natural watering holes and let the cool mountain stream rush over you. Take note: you won't find lifeguards at most of these listings.

CRYSTAL CASCADE

This is a town park in North Woodstock. Pemi Brook tumbles a fair distance over a slideable or tubeable chute, over several small rapids, into a small pool. Another family / kids favorite. Very convenient to several restaurants, ice cream, & fudge place. (2 minutes walk to any of the above) Fairly warm water in afternoon. Suggest cutoffs or similar. Thin suits can get torn or frayed on sliding. To get there: On RT 3 just north of Kancamagus Highway inter-



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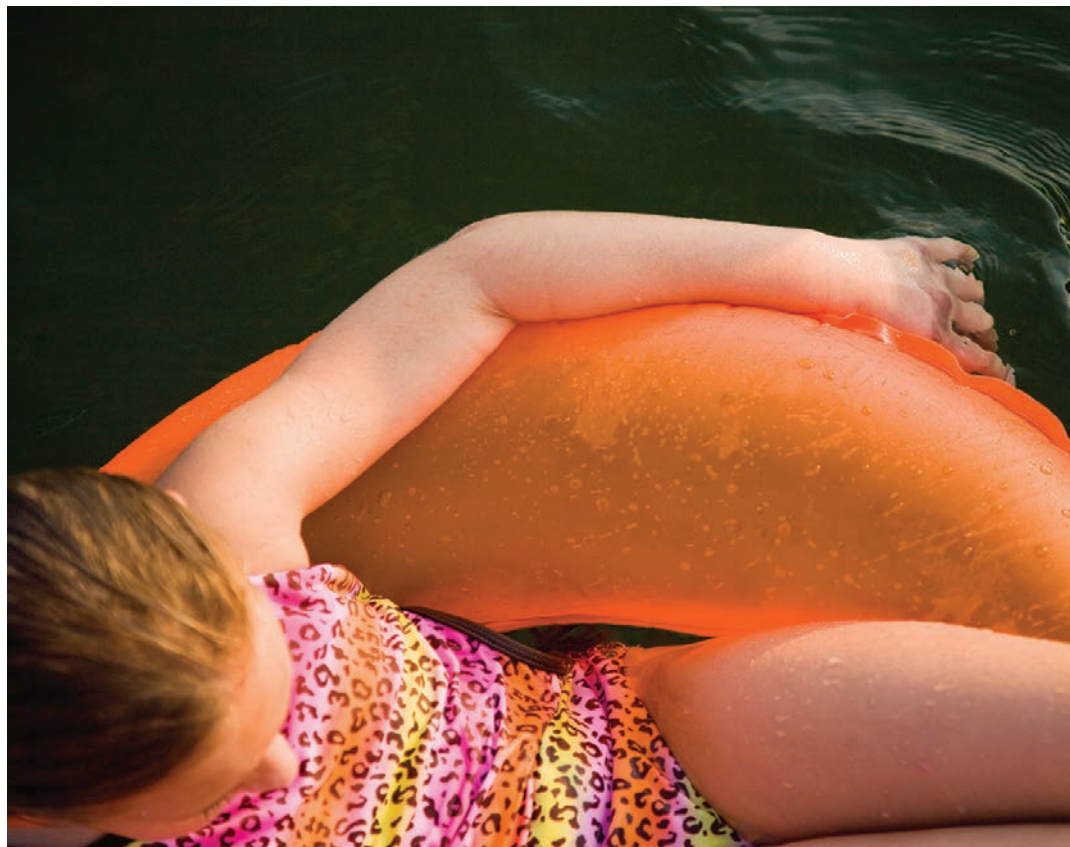


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section. Park at row of stores across from gas station. Find small arch over a footpath between laundry & other stores.

ECHO LAKE BEACH

At Echo Lake Beach, visitors can enjoy the beauty of a 39-acre lake with an excellent view. The slopes of Cannon Mountain ski area drop right to the edge of the lake, and the view highlights where the Franconia Range and Kinsman Range meet, creating the notch.

BASIN / CASCADES AREA

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Franconia Notch

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The permanent exhibit features a coherent timeline of skiing from its prehistoric roots up through the advent of the modern shaped ski and the part played by Franconia native Bode Miller. Temporary exhibits change annually.

Both locations have museum shops with unique skier gifts. Admission is free, donations gratefully accepted.

Extensive online museum shop • NewEnglandSkiMuseum.org

Franconia Notch Parkway. Swimming in the cascade brook, a short walk up from the BASIN. From either direction on the Parkway, park at the basin rest area, and walk toward the Basin. Follow signs for the Basin-Cascades Trail, walk up about 1/2 mile. The cascades and waterfalls that extend for a mile along the brook are also great fun to explore, offering a mixture of broad ledges, cool glens, and tempting pools. Altogether there are more than a half-dozen distinct levels of cascades and pools stacked along the ledge.

LOWER AMMONOOSUC FALLS

A small falls in the Ammonoosuc River into a very large pool makes for a fine family swimming place. Sliding place in falls, rocks to sun and jump. Directions: Continue on RT 302 about 3.5 miles beyond Twin Mountain to the street sign on the left for Old Cherry Mtn. Rd. and the sign

for “Lower

Ammonoosuc Falls”. Turn onto Old Cherry Mtn Road and turn quickly left again into the parking area. Walk about 5 minutes down the gravel road to the small falls and huge pool below.

SAWYER ROCK SWIMMING HOLE

This awesome swimming area is just off RT 302, on the north side of the road on the Saco river. Deep pools, cascading water, and cliff diving are available. There is a small sandy beach, and shallow area for youngsters. The full afternoon sun makes this a very warm swim, well into the late afternoon. An additional treat is watching the Conway Scenic Railroad “Notch Train” passing by every afternoon around 3 pm, accompanied by the usual train whistle and chugging locomotive. Directions: From Bartlett take RT 302 west 2.8 miles past Bear

Notch Rd. There is a small bridge that says “E2”. Park on the right (north side) just before you cross this bridge. (There are often cars parked here.) Park and walk a short distance thru the woods north to the Saco River. Bring beach chairs, a book to read, some sun screen, even some tubes, and spend a splendid afternoon here. This area is not as crowded as lower falls.

FROG ROCK

Small swimming hole up against a large rock on the Swift River. This is roughly about .5 miles west of the Loon Mountain billboard, coming from the Conway Area. There is a wooden retaining wall on the left (south) side of the road and a guard-rail on the north side. Cars may be parked along the side of the road, no signs. Park and climb over the

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Tips for Watching Wildlife



Every day is a good day for viewing wildlife in New Hampshire, whether it's in a forest, park, or backyard! More than 450 species of fish, mammals, birds, amphibians and reptiles make their homes in the Granite State!

Before you go out, see if you can learn a little about what where animals live, and what seasons they are most active or visible. Listen in spring for the choruses of spring peepers and wood frogs as they sing from wetlands trying to attract a mate. Early June is a good time to see bears grazing on the ski slopes of Cannon Mountain. Osprey are likely to be spotted in July and August along the Androscoggin River. A crisp fall day in the Great North Woods may offer views of moose browsing on leaves, twigs, and bark. And winter is a great time to read the stories of survival by looking for tracks in the snow.

Increase your chances of seeing wildlife with these tips:

- Binoculars are a wildlife watcher's most helpful tool. The best all-purpose binoculars are those with power and dimensions of 7 x 35 -- these gather a lot of light for use in the morning and the evening.
- Field Guides: Enrich your experience with a field guide or checklists to identify wildlife and learn about habits and habitats.
- Go out when wildlife are most active: The time of day plays an important part in whether you will see animals or not; in general, wildlife are more active in the first and last hours of daylight. Wildlife activity also varies by time of year: April through June, for example, large numbers of migratory birds return, and other animals are busy raising their young. In September and October, migratory birds begin to head south and mammals prepare for winter.
- Be patient, still, and silent:

Improve your chances of seeing wildlife: slow down! Take a few steps, stop, listen, and look. Sharpen your senses by paying attention to sounds and smells. Look for changes in shape and movement all around you. Avoid making noise by not stepping on brittle sticks and leaves or talking out loud.

- Clothing: For your own comfort, wear lots of layers so you can adjust to changing weather. Birds can see color well -- so if birdwatching, go with drab, earthy colors to help avoid detection. If hiking, make sure you know where you are going, and have water, proper footwear and clothes. Don't forget the insect repellent and sunscreen!

Give New Hampshire's amazing wild animals the respect and distance they need, and you will be sure to enjoy getting to know more about their habits and habitats. For more on wildlife watching, visit NH Fish and Game at www.WildNH.com

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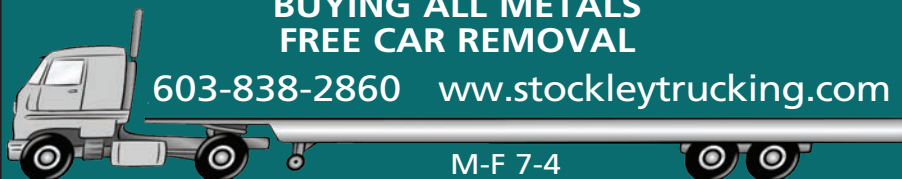
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The Cranmore Inn has hosted travelers in style for over 160 years -- in fact, it's the oldest continuously operated Inn in North Conway, NH! We've preserved this quiet sanctuary on a residential street as North Conway Village has grown.

Each of their 20 bright, modern accommodations with private bathrooms – from intimate Queen and King guest rooms to more spacious deluxe rooms and suites, to apartments with kitchens – are designed with the historic nature of the 1863 building in mind, yet with the right mix of modern amenities to satisfy the sensibility of today's discerning

traveler. Three floors of accommodations offer options for single travelers, couples and families and amenities include a play area, a seasonal pool, a year round hot tub, a backyard patio and firepit, and common rooms where guests can rest and relax.

The Cranmore Inn is also dedicated to Environmental sustainability and social responsibility. Tourism puts increased pressure on the local community, natural environment and wildlife including landscapes, hiking trails, and waterfalls – all of which serve as primary tourist attractions. The Cranmore Inn is committed to ensuring the White Mountains region will continue to be a vibrant, natural, and beautiful environment for many more years and be an even better place for future generations of residents and travelers.

The Cranmore Inn offers guests personalized attention, hot cooked-



to-order breakfasts, afternoon snacks, concierge services, guidance and comfort. All of these elements contribute to what defines the Cranmore Inn as a “boutique North Conway Hotel experience.”

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Mittersill Alpine Resort® has been awarded the prestigious RCI Silver Crown Resort® Award

Mittersill Alpine Resort® has been awarded the prestigious RCI Silver Crown Resort® award by RCI®, the world's premier vacation exchange company.

Mittersill Alpine Resort was among a select number of RCI affiliated resorts to meet the requirements for this annual distinction as part of the RCI Resort Recognition Program®. The program recognizes RCI affiliated resorts that have provided outstanding vacation experiences for RCI exchange based on ratings from RCI subscribing member comment cards.

"We are very excited that Mittersill has received the 2022 RCI Silver Crown Resort property designation," said Lois Bijolle, general manager. "This award recognizes the outstanding resort facil-

ities and services, which include resort quality, service delivery, and overall vacation experience. Receiving the RCI Silver Crown award for the fifth year is a great testament to the wonderful team at the Mittersill Alpine Resort, who are to be commended for their strong commitment to quality and service. These last two years during the pandemic has truly been unprecedented and the dedicated staff overcame these challenging times and raised the bar. They continue to ensure that the guests' stay at Mittersill is a week or two of spectacular vacation enjoyment."

About Mittersill™

Celebrating 77 years of hospitality! Mittersill Alpine Resort® is a four-season resort located in scenic Franconia Notch, New Hampshire. A great vaca-

tion spot and family get-a-way! Built in 1945 with authentic Austrian style, Mittersill Alpine Resort combines Old World charm with modern conveniences. Offering one- or two-bedroom suites with full kitchens. The Resort is nestled in a quiet, private, exclusive Alpine village. Experience the beauty of the North Country, relaxing & quiet, a perfect location for a quality, self-directed vacation or weekend visit. Enjoy the many nearby historical sights and outdoor activities in the heart of NH's White Mountain National Forest. Minutes from all area attractions, including nearby hiking and bike trails, and adjacent to the State of NH owned Cannon Mountain Ski Area. Visit us at www.mittersillresort.com.



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Levitt AMP St. Johnsbury Returns with 10+ Free, Family-Friendly Concerts

Catamount Arts has announced the line-up for the 2024 Levitt AMP St. Johnsbury Music Series. Eleven free, family-friendly concerts have been scheduled in St. Johnsbury, VT, for every Sunday in July and August, minus 4th of July weekend. Concerts are also scheduled for the final Friday of June, July, and August. Sunday concerts will start at 5pm at Dog Mountain, and Friday concerts will start at 7pm on Railroad Street.

The popular concert series began in 2017 as a ten-show series at Dog Mountain, St. Johnsbury's renowned 150-acre dog park boasting hiking trails, art gallery, dog chapel, and regular live music. Additional shows have since been added at a secondary location on Railroad Street. Find the complete line-up below.

Levitt AMP St. Johnsbury opens on Railroad Street, Friday, June 28th, at 5pm, with Canadian singer/songwriter and multi-instrumentalist Alysha Brilla, whose global roots sound has won awards, been featured in film and television, and led to performances at WOMAD, Woodford Folk Festival, and Montreal Jazz Festival.

Sunday July concerts at Dog Mountain begin on the 7th with traditional cumbia, Latin, reggae, and Afro-Caribbean from Mal Maiz, at 5pm. American indie-soul and blues duo Dwight + Nicole, whom Mavis Staples once called her "favorite band," will play on the 14th, and raucous Celt-rock faves Albannach will take the stage on the 21st.

Levitt AMP St. Johnsbury moves to Railroad Street on Friday, July 26th, with folk-rock favorites the Adam Ezra Group, at 7pm, and then returns to Dog Mountain on Sunday, July 28th,



with trilingual Haitian-born hip-hop artist Waahli, of Nomadic Massive, at 5pm.

August Sundays at Dog Mountain will include Reverend Peyton's BDB, a three-piece American country blues band, on the 4th, at 5pm, followed on the 11th by alt-pop indie rockers Mike Mains & the Branches, and then anthemic, country-infused indie pop from Jillian Dawn on the 18th. The last Dog Mountain concert of the series will be Metropolitan DC supergroup DuPont Brass on Sunday, the 25th, at 5pm, and then the Levitt AMP Series finale will take place on Railroad Street, August 25th, with Quebecois trad trio E.T.E. at 7pm.

The Levitt AMP St. Johnsbury Music Series will take place every Sunday from July 7th through August 27th at Dog Mountain and on the last Friday of June, July, and August at Final Fridays on Railroad Street. Sunday concerts will take place at 5pm, and Friday concerts will take place at 7pm. All Levitt AMP St. Johnsbury Music Series shows are free and family-friendly. Food and beverages, including beer and cocktails, will be available for

purchase; please note that while picnicking is fine, no outside alcohol is permitted. For more information, visit www.catamountarts.org.

The Levitt AMP St. Johnsbury Music Series is supported in part by the Mortimer & Mimi Levitt Foundation, which partners with changemakers and nonprofits across the country to activate underused outdoor spaces through the power of free, live music—bringing people together, fostering belonging, and invigorating community life. Presenting high-caliber talent and a broad array of music genres and cultural programming, Levitt concerts are welcoming and inclusive destinations where people of all ages and backgrounds come together.

In 2024, the national Levitt network of music venues and concert sites will present 650+ free concerts in 45 towns and cities, with audiences over 750,000. In addition to supporting free concerts, the Levitt Foundation is dedicated to advancing equitable music ecosystems through research and partnerships. www.levitt.org

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Revive365: Unique, Upcycled Furniture Store Opens This June on Littleton's Main St.

Littleton, NH: Get ready for a revival on Main Street! June 2024, Revive365, a one-of-a-kind upcycled furniture store, is setting up shop at 55 Main Street, bringing a fresh perspective to home décor in Littleton.

Revive365 specializes in transforming dated, pre-loved furniture into stunning and functional pieces for your living space. Their curated collection boasts unique tables, chairs, dressers, and more – each meticulously restored and reimaged to showcase the timeless beauty of vintage furniture with a modern twist.

“We believe pre-loved furniture

deserves a second chance, and we can't wait to share our passion for quality upcycling with Littleton resi-

dents,” says Evaline Parker, owner of Revive365.



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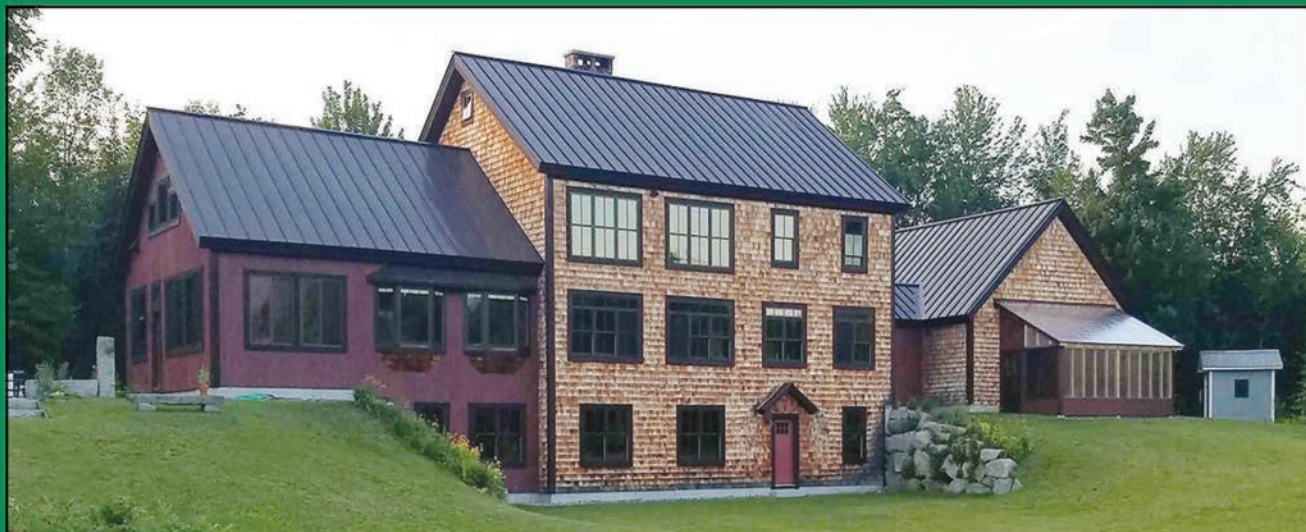
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NHMF 2024 Program Takes Shape July 9- August 1

Week 1: Midsummer Serenade

Indulge in an evening of string orchestra splendor through Grieg's elegant Holberg Suite, Larsson's delightful Concertino for Trombone and Strings, Walker's tender Lyric for Strings, and Dvorak's joyful String Serenade. Led by concertmaster Charles Dimmick and featuring NHMF's Principal trombonist David Loucky.

July 11, 2024, 7:00 pm. Plymouth State University, Silver Center For The Arts, Plymouth, NH

July 12, 2024, 7:00 pm. Gilford Community Church, 19 Potter Hill Road, Gilford, NH 03249

Charles Dimmick, Concertmaster
David Loucky, Trombone

Program:
Grieg – Holberg Suite
Larsson – Concertino for Trombone and Strings

Intermission
Walker – Lyric for Strings
Dvorak – String Serenade

Week 2: Beauties & Beasts

Explore the depths of imagination and emotion through Texu Kim's playful Blow, Fly, Pop!!, Shostakovich's

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haunting Cello Concerto No. 1, Ravel's magical Mother Goose Suite, and Mozart's majestic Symphony No. 29. Led by conductor Yaniv Dinur and featuring cellist Sydney Lee.

July 18, 2024, 7:00 pm. Plymouth State University, Silver Center For The Arts, Plymouth, NH

July 19, 2024, 7:00 pm. Lebanon Opera House, 51 North Park Street, Lebanon, New Hampshire 03766

Yaniv Dinur, conductor
Sydney Lee, cello

Program:

Texu Kim – Blow, Fly, Pop!!
Shostakovich – Cello Concerto No. 1

Intermission
Ravel – Mother Goose Suite
Mozart – Symphony 29

Week 3: Remember Me

Engage in introspection and an exploration of memory and emotion through Higdon's ethereal Blue Cathedral, Prokofiev's passionate Violin Concerto No. 2, and Elgar's iconic Enigma Variations. Led by conductor Yaniv Dinur and featuring violinist Bella Hristova.

July 25, 2024, 7:00 pm. Plymouth State University, Silver Center For The Arts, Plymouth, NH

July 26, 2024, 7:00 pm. Sawyer Center, Colby-Sawyer College, 541 Main St, New London, NH 03257

Yaniv Dinur, conductor
Bella Hristova, violin

Program:

Higdon – Blue Cathedral



Prokofiev – Violin Concerto No 2

nhmf.org

Intermission
Elgar – Enigma Variations

Week 4: For the People

Celebrate the resilience and the spirit of humanity through Copland's grand Fanfare for the Common Man, Hailstork's poignant Epitaph for a Man Who Dreamed, Kraft's evocative Kennedy Portrait and Beethoven's triumphant Symphony No. 3. Led by NHMF's Conductor Laureate, Paul Polivnick and featuring Tom Reicher as narrator.

August 1, 2024, 7:00 pm. Plymouth State University, Silver Center For The Arts, Plymouth, NH

Paul Polivnick, conductor

Copland – Fanfare for the Common Man
Hailstork – Epitaph for a Man Who Dreamed
William Kraft – Kennedy Portrait

Intermission
Beethoven – Symphony No. 3



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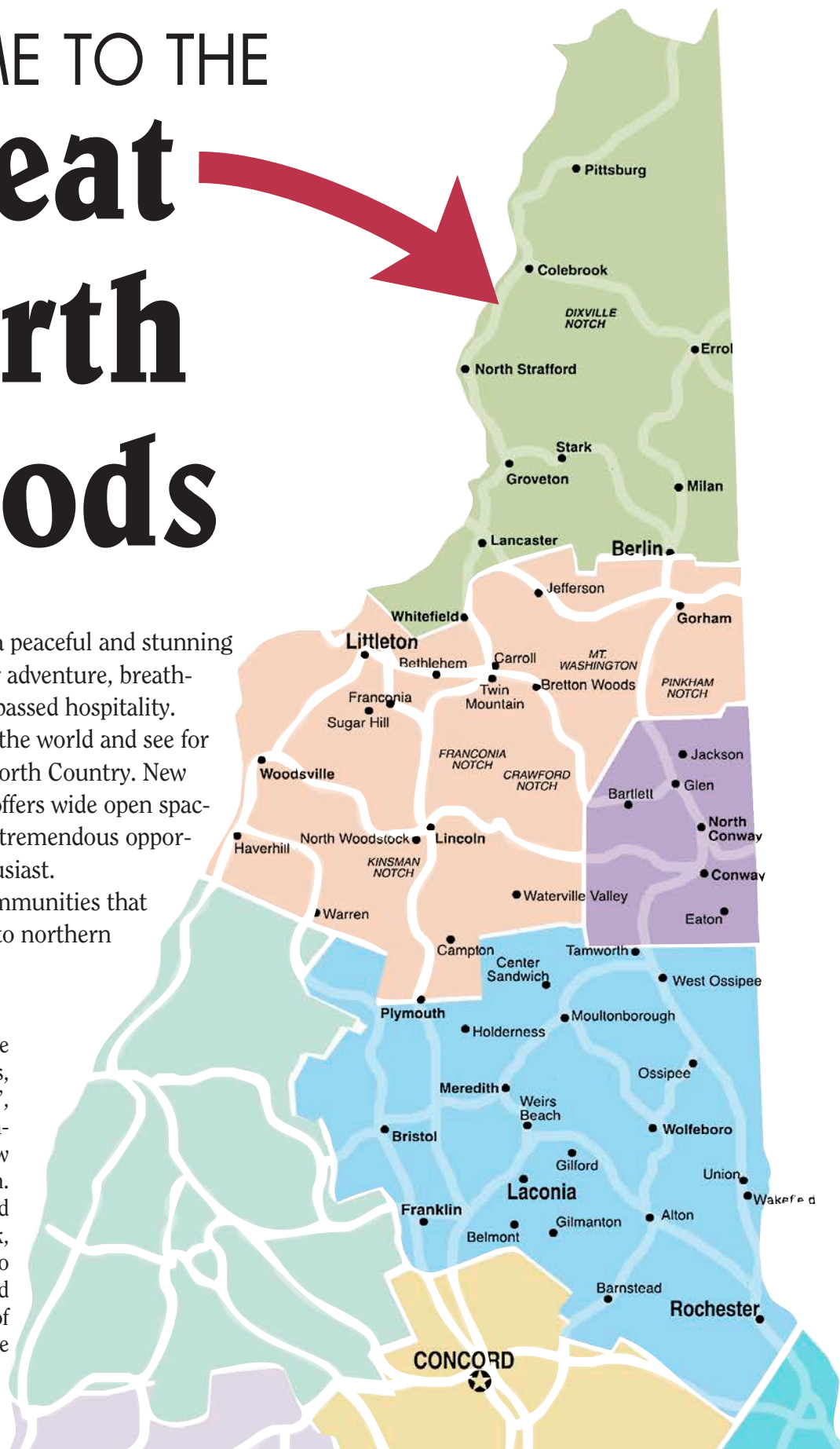
WELCOME TO THE Great North Woods

The Great North Woods is a peaceful and stunning wilderness filled with outdoor adventure, breathtaking landscapes, and unsurpassed hospitality. Come and visit our corner of the world and see for yourself the wonders of the North Country. New Hampshire's North Country offers wide open spaces, natural scenic beauty and tremendous opportunities for the outdoor enthusiast.

Here are just a few of the communities that you will visit in your travels to northernmost New Hampshire.

Colebrook NH

At the junction of the Connecticut and Mohawk Rivers, known as 'A Village with a View', is the hub of the north country and a member of the New Hampshire Main Street program. Its western view is dominated by Vermont's Mt. Monadnock, which has at times echoed to the war cries of the Indian and the songs and lusty brawls of the lumberjack. The last of the





great log drives are part of its history. Roads from Maine, Vermont, New York, Montreal and Quebec all converge here with the eastern approach to the town through famous Dixville Notch by Lake Gloriette.

Columbia NH

The southern gateway to this area, boasts one of the covered bridges spanning the upper Connecticut River. The beautiful Shrine of Our Lady of Grace is spread over 35 acres of landscaped grounds and draws many visitors for an interesting walk around the property.

Dixville Notch NH

Renowned for being the first town in the country to announce its presidential election results, is also a mountain pass of incredible drama and beauty. Recreational activities abound at its world-class resort.

Errol NH

The eastern gateway to Dixville Notch, boasts motels, cottages and

campgrounds from which to explore miles of wilderness trails via snowmobile and picturesque Lake Umbagog via canoe.

Stratford NH

Is well known for its groomed ATV trails and dog sled racing.

Pittsburg NH

And the Connecticut Lakes Region are the center of the North Country's fishing and hunting. Here the mighty Connecticut River is born, forming in its passage, the Third, Second and First Connecticut Lakes and Lake Francis. Back Lake drains into the Connecticut River in Pittsburg Village, the gateway to the historic "Indian Stream Territory," an independent nation established in 1832 during the border dispute between Canada and the U.S. The largest township in all of the U.S., it contains over three hundred thousand acres. of timberlands, mountains, lakes, streams and forest trails.

Stewartstown NH

is a small, picturesque village bordered on the east by deep woodlands and on the west by the Connecticut River. Geographically located on the 45th Parallel, it is in fact "half-way between the North Pole and the Equator." The river, along with Big and Little Diamond Ponds, has lured many fishermen over the years. Visitors will find a small market community ready to serve their needs.

When you are in our neighborhood, be sure to visit us at the Chamber offices located at the State Rest Area, on Route 3, just 2 miles north of Colebrook. While at the Rest Area, be sure to visit our Interpretive Center with displays that educate as well as entertain you. For further information, log on to www.northcountry-chamber.org for a listing of events and dates or call the North Country Chamber of Commerce at 800-698-8939.

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Today, more than 150 years later, The Cog Railway remains one of the world's great rail adventures. It was the first mountain-climbing cog railway in the world, and with an average grade of 25% (some sections approach 38%), it's also the second steepest. It's an exhilarating journey through history, technology and nature.

Motive power is provided by a fleet of seven powerful biodiesel locomotives, each custom designed, built and maintained on site. And with a nod to its steam heritage, the railway also continues to operate a pair of century-old, coal-fired steam engines in the summer and fall.

Trains lay over at the summit of Mount Washington (6288') for approximately one hour, plenty of time to explore the Sherman Adams Visitor Center and its rooftop observation deck, an interactive weather exhibit, a cafeteria, and two gift shops. Send

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the summit an average of 110 days per year.

And The Cog now operates year-round! From mid-October until mid-May, trains run up to lower elevations once the State Park summit facilities close for the winter. Our newly expanded Waumbek Station, at 4000’, is our primary cold-weather destination, with warming huts, elevated observation decks, and a blazing firepit.

Marshfield Base Station, open 7 days a week all year long, features the Cog Railway Museum (admission is free), a gift shop stocked with Cog gear, and a convenience store/food court for last minute necessities and hot and cold snacks. A wraparound deck provides beautiful panoramic views of the railway and the mountain, especially at sunset.

For schedule, tickets and much more, visit thecog.com

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Take a Drive in the Great North Woods



Less populated, with many opportunities to see wildlife including moose, black bear and deer this section of New Hampshire is a must-see for nature lovers.

Starting in the town of Gorham, go north on Rt. 16 to Berlin, a historic mill city.

Here you can start a loop by continuing on Rt. 16 through Milan and the beautiful Thirteen Mile Woods to Errol, where you'll turn west on Rt. 26 through Dixville Notch, past the famous Balsams Resort, to Colebrook; this stretch is curvaceous and spectacularly scenic.

At Colebrook, turn south on Rt. 3 and stop at the Shrine of our Lady of Grace ; then continue, following the winding Connecticut River.

In Groveton, turn east on Rt. 110 to Stark, famous for its picture-perfect covered bridge, and back to Berlin.

Berlin

Berlin is the northernmost city in the state, and includes the village of Cascade.

Known as the “City that trees built,” Berlin is at the heart of the Great North Woods. It sits at the confluence of the Androscoggin and Dead Rivers. Berlin was an early logging center and later boomed as a mill town. At one time, two-thirds of the chloroform used in the U.S. was manufactured in Berlin. A NH Scenic Byway has recognized Cates Hill Road in Berlin for its scenic views of the mountains surrounding the city. Berlin, NH is home of the Berlin Fish Hatchery and the White Mountains Community College.

Milan

First named Paulsbourg in 1771, after Paul Wentworth, the governor's cousin. Among the first grantees were relatives of the Harris family, who had established one of the first woolen mills in America at Harrisville. In 1824, Governor Levi Woodbury, who was interested in expanding wool culture in New Hampshire, authorized naming the town in honor of Milan Harris.

Milan is often mis-pronounced. The correct pronunciation is My-Lan, not

Milan like the Italian city. Village in Milan include; Copperville and West Milan.

Errol

First chartered in 1774, Errol was named for James Hay of Scotland, fifteenth Earl of Erroll, and owner of Linlithgow Castle, the birthplace of Mary, Queen of Scots, and King James V. Sitting on the northern end of Maine border, this sparsely populated town is a popular vacation site for snowmobilers. Errol is home to half of Umbagog Lake, and has more inland water area than any town in Coos County.

13 Mile Woods is community of forest that is permanently protected by a conservation easement from further development. The 13- mile woods region encompasses 5,300 acres of land along the Androscoggin River including nearly 10 miles of river frontage. This northwoods wildlife corridor is a popular recreational area and offers hunting, fishing, snowmobiling, cross-country skiing, hiking, and kayaking.

Dixville Notch

Dixville was granted by the legislature to Timothy Dix Jr. in 1805 and contained about 29,340 acres, and the price was \$4,500. It was not organized for voting purposes until 1960.

Dixville offers some phenomenal hiking in Dixville Notch State Park, which spans 127 acres. Within the park is a scenic gorge and waterfalls on two mountain brooks. Hiking trails lead to Table Rock and nearby mountains. The park is also a great spot for picnicking.

Also located in Dixville is the Balsams Grand Resort, which includes the Balsams Wilderness Ski Area, considered one of the premiere destinations in northern NH.

Colebrook

First granted in 1762, the territory was named Dryden, after English poet and playwright John Dryden. Due to

the inability of grantees to settle the area, it was regranted in 1770 to new colonizers, who renamed the grant Colebrook, after Sir George Colebrooke of England, the East India Company's chairman of the board.

Groveton

The town was first named Stonington in 1761, probably due to Governor Benning Wentworth's shipbuilding

interests in Stonington, Connecticut. It was renamed Northumberland in honor of Hugh Smithson, first Duke of Northumberland. The Duke's son, James Smithson, is remembered for leaving a legacy of more than a half million dollars for the founding of the Smithsonian Institution. Most of Northumberland's residents live in the village of Groveton.



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Must Visit Spots In The Great North Woods

Northern Forest Heritage Park

Northern Forest Heritage Park is a circa 1900 Logging Camp. Here people will learn about the Northern Forest and the lives, labor, and legends of the many people who came and made it their home. The Park is dedicated to preserving the rich heritage of the area and to share it with visitors. 961 Main St. Berlin, NH 03570 603-752-7202 www.northernforestheritage.org Nash Stream Forest 39,619 acres of working forest land, open to hunting, fishing, and passive recreation. North of Route 110 Odell, Stark, Stratford, Columbia, NH 03884 603-788-4157

Moffett House Museum
Victorian house built circa 1890. Museum and genealogy center. Restored physician's office. Exhibits and research. Open yearround, Tuesday-Saturday from noon to 4 p.m. Nous parlons français. 119 High St. Berlin, NH 03570 603-752-4590

North Country Community Recreation Center

Located in Colebrook, NCCRC offers an indoor pool, children's pool, and multipurpose room. The Center also offers programs, such as swim lessons, Senior Program, and more. The outside facilities offers a playground, ice rink, basketball courts, shuffleboard, bocce ball, and horseshoes. 33 Rec Center Rd. Colebrook, NH 603-237-4019 www.northrec.org

Bisson's Sugar House

Bisson's Sugarhouse has been in business since 1921. Open mid-March through mid-April for tours and on premise sales. They use a wood fired evaporator and make maple syrup,

maple candy, maple butter and, their specialty, maple taffy (tire). Off season, syrup is sold from their home and mail order. 61 Cates Hill Rd. Berlin, NH 603-752-1298 www.bissonssugarhouse.com

The Poore Family Homestead Historic Farm Museum

The Poore Farm Museum is a historic homestead/settlement documenting one family's life from the 1830's to the 1980's. The house, barns and outbuildings are all in original condition and reflect their original use and era. 629 Rt. 145, Hollow Road Stewartstown, NH 03576 603-237-5500 <http://www.poorefarm.org>

North Woods Rafting

White water rafting in New Hampshire's only rafting destination! Whether you are young, old, brave or timid, you'll have a wicked good time! Guided white water or flat water tours and rentals available. Paddling is a rain or shine family activity! Which adventure will you choose? Route 16 Milan,



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NH 03588. 603-449-6646. <http://www.northwoodsrafting.com>

New Hampshire Grand

New Hampshire Grand is a tourism marketing initiative happening parallel to other economic development efforts in Coos County. Through the tagline of "Grand Resorts, Grand Adventure," NH Grand will promote and enhance businesses in the County - from the small B&B's to the wonderful Grand Hotels.

One Middle St., Suite 201 Lancaster, NH 603-788-2700. <http://www.nhgrand.com>

Northern Nights Drive-In

Outdoor Movie Theater. Open spring to Fall. Double features (two movies for one admission price). Movies start at dark. Plenty of homemade foods from hamburgers, pizza-fries-pulled pork sandwiches-onion rings-nacho's and other goodies. Yes fresh popcorn. Affordable for the whole family!! 51 Causeway St. Lancaster, NH 03584. 603-788-3558. <http://www.northernnights->

drive-in.com

SPEEDWAY 51

P.O. Box 158 Groveton, NH 03582. 603-636-2005. <http://www.speedway-51int.com>

Welcome to Adrenaline. To speed. To Thrills. To a great night out with family and friends. Welcome to the Racetrack. To our home, Speedway 51.

Welcome to a racetrack owned by a legendary racer, and successful business owner who has one goal in mind, FUN.

We are a high octane, stock car, mud bogging, snowmobile and go-kart racing high banked ¼ mile race track located on the beautiful Connecticut River where one can also enjoy a weekend of camping, canoeing, kayaking and swimming. For the 2016 summer, we will continue to improve the Speedway 51 facility and we look forward to promoting your business. Our plans are to PACK the bleachers with fans ready to watch: ACT, Valenti Modifieds, Granite State Pro Stocks, NEMST, Legend Cars, the NEMA Midgets, Late Models, Tigers,

Street Stocks, Dare Devils, Pure Stocks and Go Karts competitors. We plan to host 3 Mud Bogs and Tough Truck events. At this time, we have over 5,000 fans on our social media page. We have received many phone calls from racers and spectators alike, from all over New England and Canada anxious to find out about the upcoming season at Speedway 51. To say the least, people are very excited. See our events in the Summer Guide Calendar of Events starting on page 147.

Rialto Theatre

The Rialto Theatre is a beautiful landmark in the center of town. With its towering neon marquee, antique mirrors, box-office, seats and wall tapestries dating back to 1932, it is a must-see venue of historic significance.

History Facts Of The Rialto Theatre:

Homer A. Graves originally showed movie at the town Opera House starting in July 1928.

Mr. Graves purchased the "Blandin



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Block” from Mr. & Mrs. Frank Spaulding.

First show on January 3rd 1931 was Follow The Leader starring Ed Wynn released December 6th 1930 directed by Norman Taurog (Paramount)

Graves Theatre Circuit

5th theatre built for the Graves Theatre Circuit theatre section of building “the shell” was salvaged from the fire and used over... the steel siding is original from 1930

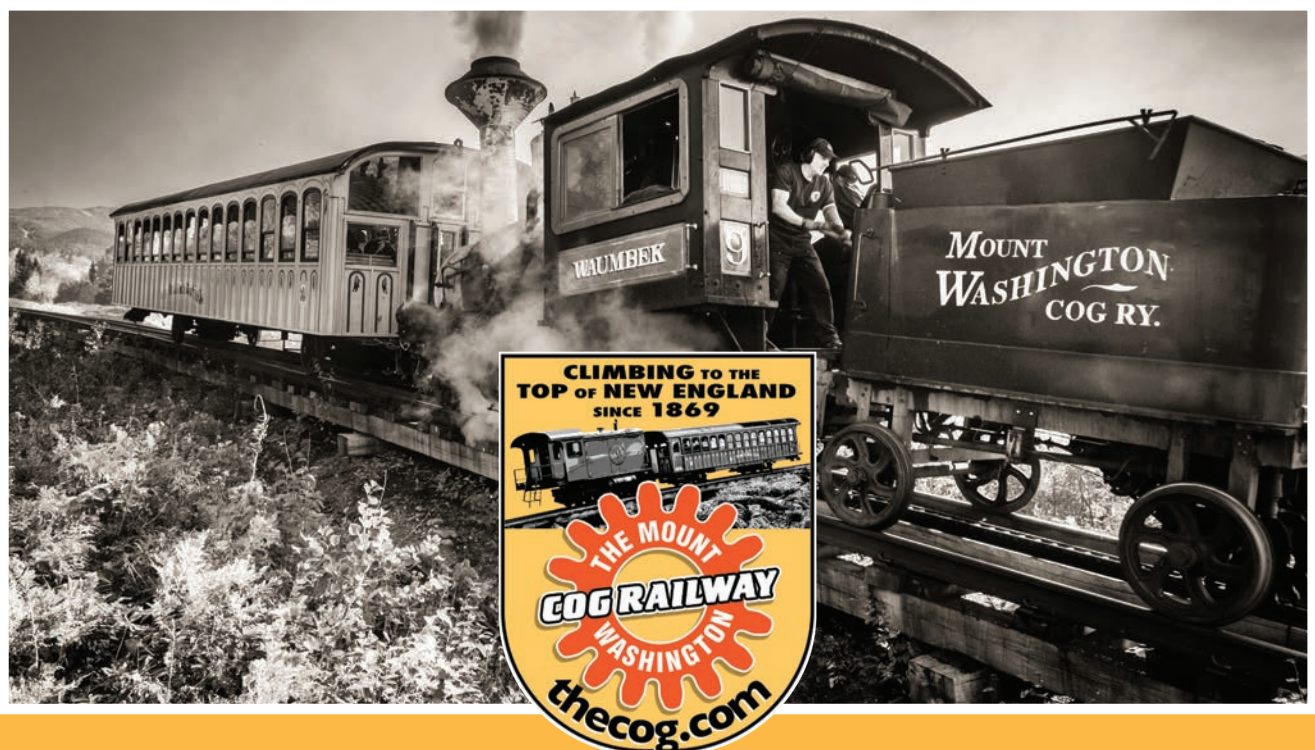
June 23rd 1932 current building opened for business.

Located at 80 Main St. Lancaster, NH 03584. 603-788-3456. <http://www.lancasterrialto.com>

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FREQUENT DEPARTURES DAILY, ALL YEAR LONG



Carlson's Lodge Celebrates 50th Summer Season

Celebrate with Carlson's Lodge in Twin Mountain, NH as they enter their 50th summer season of greeting guests! Their guests can relax in the mountain air as they enjoy "their mountain home" and the great variety of activities and attractions of the White Mountains. Located at the northern most point of the White Mountain Trail enjoy the mountains at a slower pace while still being only a short drive from The Mount Washington Cog Railway and the Bretton Woods Gondola Skyway or Franconia Notch State Park. Carlson's Lodge provides the perfect location for enjoying the varied hiking opportunities from easy beginner family hikes to full day advanced mountain treks.

The lodge is the legacy of Carl & Ruth Carlson's labor of love as Carl designed and, together with Ruth, built the lodge in 1973. Their love for the area began in 1965 with the purchase of the Howe property, becoming their summer business of Carlson's Cabins. They continued to be integral to the operation until they passed away in 2011 & 2012. Their legacy continues to live on through the memories created at Carlson's and in the continued hospitality espoused by Carol and Will Cunningham, their daughter and grandson, now operating the Lodge.

Families are now reaching the fourth generation of guests enjoying the property – walking on a wood trail out back or by the river across the street, swinging at the playground, or playing pool or ping-pong in the game room. Comments in the guest book reflect guests' appreciation for the history and the continued efforts to keep the property ship-shape. Towards this end, a bathroom renovation project in the 200's rooms will be complete for the summer season. This project includes new flooring, toilets, tub and shower surrounds as well as new



valves and fixtures that will be more efficient and last into the future.

Sustainability and eco-friendly practices, a value first instilled by Carl, continue to be an important aspect of the business moving forward. 177 solar panels maximize energy production on the southern roof exposure. These panels have helped offset over 90% of electricity needs of the hotel since 2017. Inside the lodge reusable items are offered as an alternative to

single use disposable such as ceramic mugs and refillable soap containers.

Come to our Open House on Sunday, June 23rd, from 2 until 4 PM to celebrate the 50th summer of Carlson's Lodge greeting guests. For overnight guests, stay 2 nights and receive a 10% discount. Reservations must be made by phone to receive the discount. Contact us at 603 846-5501 ext 0 or visit CarlsLodge.com for more information.





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- ▶ Direct access to snowmobile & ATV trails. Plenty of parking for motel guest trailers.



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Fishing the Great North Woods

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Northern most section of the state.

Species: Lake Trout, Salmon

2ND CONNECTICUT LAKE

(1,286 acres)

Species: Brook & Lake Trout, Salmon

LAKE FRANCIS STATE PARK

(2,051 Acres)

Directions: Off Rte 3 on River Road

Species: Rainbow, Brown &

Lake Trout, Salmon, Pickerel

Boat Launch

Phone: 603-538-6965

LAKE FRANCIS STATE PARK

(2,051 Acres)

Directions: Off Rte 3 on River Road

Species: Rainbow, Brown &

Lake Trout, Salmon, Pickerel

Boat Launch

Phone: 603-538-6965

ERROL

ANDROSCOGGIN WAYSIDE

State Park

Directions: Route 16

Akers Pond (309 acres)

Species: Yellow Perch, Rainbow

Trout, Pickerel, Largemouth

MOLLIDGEWOCK STATE PARK

Directions: Rte 16

Water: Androscoggin River 46.5 Acres

Phone: 603-482-3373

MILAN

NANSEN WAYSIDE PARK

(14 Acres)

Directions: NH Rte 16

Boat Launch -

Water: Androscoggin River

Boat Launch

Phone: 603-323-2087

STEWARTSTOWN

COLEMAN STATE PARK

Directions: Off Rte 26,

Little Diamond Pond Rd

Water: Little Diamond Pond

Boat Launch Species: Trout

Phone: 603-538-6965

Whether you're fly-fishing for big rainbows or tossing a line in while enjoying a riverside picnic, fishing New Hampshire's Great North Woods will be an experience to remember. Relax in scenic natural surroundings. Catch a glimpse of moose, osprey or loons. Pull in a fighting brookie. There's no better place than New Hampshire's North Country to get away from it all and go fishing. From world-class fly-fishing waters to serene lakes and welcoming riverbank waysides, use this handy guide to find your own North Country fishing hole.



Mountain Biking Trails



Great North Woods region is one of the last true wilderness areas. 97 percent of the land is heavily forested. While, much of the land is privately held, landowners often permit recreational trail use. There are numerous backcountry trails and logging roads to explore by mountain bike. Don't be surprised if you see a moose watching you ride by!

(all of the listed trails are around the pittsburg, NH area)

Deer Mountain:

North of the village of Pittsburg, Rte 3 (approximately 18 miles), Sophie's Lane will be on the left. The state campground at Deer Mountain will be visible. Park across from Sophie's Lane in the turn-out. The Deer Mountain trail provides a little bit of everything for bikers - uphill, straightaways, and downhill sections in abundance. There will be plenty of signs out there as this trail is used for snowmobiling in the winter. After passing by Moose Falls Flowage on the right, the left turn for Deer Mountain will be 2 miles ahead. While the trail does not climb over the peak, it does provide good inclines, eventually becoming a snowmobile trail. Continuing past the turn for the mountain will yield good riding for approximately 2 miles. The road dead ends near the Third Connecticut Lake, approximately 4 miles from Route 3. There are several secondary roads worth exploring in this area - one in particular that bears left at the final intersection toward Perry Pond. True wilderness biking at its best!

Cedar Stream Road:

From the village of Pittsburg, take Rte 145, go over the bridge and turn left. It is recommended that bikers start about 1 mile down the logging road rather than from the junction of the road with Route 145. There is a little more space for parking here and, more importantly, the sizable incline beside Murphy Dam is eliminated. This road is a 6+ mile roller coaster that runs the length of Lake Francis. Winding through the canopied road, the lake can be glimpsed through breaks in the trees. The road continues on past the lake into the Shehan Pond and Mount Pisgah areas, providing even more wilderness to explore. Be careful when crossing the logging bridges on this road.

Scott Bog / East Inlet / Boundary Pond:

From the village of Pittsburg, take Rte 3 North approximately 17 miles to East Inlet Rd on the right. Kill two or three treks in one day? Maybe. This area will present bikers of all levels with many opportunities to test their limits. Start by parking either at the beginning of the road or drive approximately .5

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mile over a wooden bridge to a larger pull off area. At the intersection after the bridge, the left turn is for Scott Bog while the right turn heads off to East Inlet and Boundary Pond.

The ride to Scott Bog is 3.5 miles of relatively level gravel road. Of all of Pittsburg's bike trails, it is probably one of the easiest. At 2.5 miles, bear left at the fork to reach the bog. The road to the right dead ends 1.5 to 2 miles ahead. The left road meanders along until reaching another junction where a "BOAT LAUNCH" sign points to the left. Follow this to get to the bog. The secondary trails in this area are definitely worth checking out.

East Inlet is only a 2 mile ride from the starting point - but mostly uphill until just before the inlet. At about the halfway point, a gated logging road to the right should be avoided since it leads to Smith Brook, a logging road that is traditionally closed.

The true marathon is the Boundary Pond trek - 13.5 grueling miles of uphill tests that will measure the endurance of the most seasoned biker. At 12.5 miles, the road bears left up a steep incline for the final mile. Once again, secondary spurs abound in this area, so don't lose track of the main road. Upon reaching the parking area, it is a short hike to Boundary Pond. worth it!

Big Brook Bog:


From the village of Pittsburg, take Rte 3 North approximately 12.5 miles to Big Brook Bog Rd on the left. Slightly longer in distance than Coon Brook Bog, the trip to Big Brook Bog is an easily obtainable destination point only 2.3 miles from Route 3. This road has an easier grade to it than others in our area and it also has several secondary routes worth exploring. The road forks to the right and left another .7 miles past the turn to the bog. Though both roads dead end shortly, their steep pitches on the way up provide nice

observation points for the bog and the surrounding countryside on the way down.

Coon Brook Bog:


From the village of Pittsburg, take Rte 3 North approximately 12 miles to Coon Brook Bog Rd on the left. Though one of the shorter bike routes in Pittsburg, the journey into Coon


Brook Bog continues to be a local favorite. Starting from the vehicle turn-out area off of Route 3 just past the road to the bog, this 1.7 mile trek is a relatively steady climb to its destination. Just prior to reaching the bog, the road forks. Rather than staying straight, where you will find a locked orange gate, proceed to the left and down a slight decline to the bog.



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Great North Woods Atv Trails

Jericho Mountain State Park

ATV, trail bike and snowmobile riders are discovering that some of the state's best off-road riding is at Jericho Mountain State Park, New Hampshire's newest state park located off Route 110 West in Berlin. There's more than 50 miles of scenic trails in the 7,500 acre State Park. The trails provide endless loops through forest, over streams, and past Jericho Lake, with many scenic outlooks and mountaintop picnic pavilions. Park guests can also enjoy swimming, fishing, canoeing, kayaking or picnicking at Jericho Lake.

Open to the public, but still in development, this integrated recreation complex is designed to become the off-highway recreational vehicle (OHRV) hub in the North Country.



When riding in NH...

**STAY ON TRAILS
OR STAY HOME**

Also Remember: Loud OHRV'S are one of the primary reasons for trail closures. In New Hampshire, the exhaust of OHRV'S cannot emit noise in excess of 96 decibels. It is illegal to modify an exhaust system that increases the noise level. Less noise = more trails.

Over the next several years, more miles added to the trail network—towards a planned total of 136 miles—and more facilities will be added, as well. Future development plans for the park include a ride-in/ride-out campground, several remote tent sites, group picnic pavilions, administrative offices with visitor welcome center and education/training facilities, and improved beach facilities.

The trails are a mix of green, blue and black trails. Green trails (20% of the total to be developed) have been established for the most part on

existing gravel roads that run through most sections of the Park. These trails are considered very easy to ride and recommended for all users. Blue trails (70% of the total to be developed) are designed and constructed in areas where a standard road vehicle could not pass. These trails will wind through wooded areas and through old logging yards following existing logging trails. They will connect at the ends of green trails to create continuous riding throughout the ATV Park. Black trails are to be constructed with natural or man-made obstacles for the more aggressive riders. Obstacles such as rock climbs, boulder fields, stumps and sharp turns, often times in combination with steep slopes, will be used to create these trails.

Planned special use trails include a Jeep/4 wheel drive loop (that may be used by ATVs, too), gravel pits, a junior trail (limited to 90 CC ATVs or trail bikes), an educational/training area, and mountain biking (non-motorized with access to White Mountain National Forest land).

Trails are closed during mud season: March 20, 2012 through May. Park is closed from 8pm to 7am Daily. This park is always open for recreation otherwise. During the off-season the park is typically not staffed and comfort stations are not available.

The off-season poses unique risks inherent when participating in outdoor recreational activities. Please be aware that many State Park areas and trails are not staffed during the off-season, and day-use fees are not collected. Recreationists should possess the necessary knowledge, skill, and equipment to ensure their own safety.



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Users assume all risk while recreating in State Park lands.

The GREAT NORTH WOODS RIDERS ATV CLUB

The Great North Woods Riders have over 100 miles of ATV trails available in the Pittsburg, New Hampshire area. Open late- May through mid-October, Great North Woods has many areas dedicated solely for ATV riding. To access the Great North Woods Region ATV trails, take Route 3 from Pittsburg to Black Lake Road.

Most of the club's trail system is located on 8,000 acres of the Perry Stream Land and Timber Co., between Indian Stream and Perry Stream in Pittsburg, NH. The Approximately 100 miles of trails range from graveled roads to tight woods trails with some muddy areas. A few trails run beside Perry Stream and Indian Stream providing nice views and opportunities to do a little fishing.

The club is trying to obtain more trails that will connect its existing system to other areas of the North Country.

ATV Guidelines

- The Great North Woods Riders ATV Club trail season is open from the Saturday before Memorial Day until the day before the start of New Hampshire deer muzzle loading season.

- Daily trail riding hours are from 1/2 hour before sunrise to 1 hour after sunset.

The use of helmets and eye protection is highly recommended and encouraged by the club.

- ALL ALCOHOLIC BEVERAGES ARE PROHIBITED ANYWHERE ON THE TRAIL SYSTEM!

- Riders under 18 years of age must be accompanied by an adult (over 21 years of age).

- A sign-in book will be available at the kiosk where you enter the trail system from the parking area on Back Lake Road.

- All items that you bring into the trail system you must take out with you, ie: bottles, cans, candy wrappers, equipment, trailers, etc...etc...

- Stay on MARKED trails and in

SIGNED ATV use areas. If a trail or area is NOT MARKED OR SIGNED FOR ATV's, it is closed to all ATV riding. Just because there are tire marks does not mean it is open to ATV's!

- ALL GRAVEL PITS ARE OFF LIMITS !!!!

- Actively encourage all non-club members you see on the club's trails to join the club.

- Report any problems to a club officer or to Perry Stream Land and Timber Co. ie: dangerous trail conditions, fire, trash, off marked trail or outside signed designated area riding, reckless or dangerous riders, etc...etc... (try to get a registration number if you can).

- Display club decal on the left side of your ATV. This will let other members know that you are a member and not to ask you to join the club.

- All motorized vehicles with less than 3 wheels are prohibited from the trail system.

- Loud mufflers and mufflers without spark arresters are prohibited.

- The Selectmen of the town of Pittsburg have voted to allow additional ATV access on some town roads in Pittsburg, NH.

- The ATV speed limit is posted as 10 mph. Please keep to the extreme right of the pavement and observe all traffic laws.

- Town Roads are NOT open UNTIL they have been signed by the club ~ so ~ Please DO NOT ride on any town road until you see the ATV signs informing you that ATV travel is permissible on that road. Failure to wait until they are signed will most likely cause the loss of ATV access to ALL town roads, so act responsibly!

North Country ATV club

Located in Stratford, New Hampshire is the North Country ATV trails. North Country has over 50 miles of gravel and woodland trails specifically for ATVs. Access and parking for the North Country ATV trails are available at the Bum's Gulf Station on Route 3 in North Stratford. These 125 miles of trails are located on private property. Landowners give you, the rider per-

mission to ride on their land but hold NCATV responsible to make sure that permission is not abused. Sensible riding and obeying all NH ATV laws will ensure that the trails stay open. All trail riders should not take the trails for granted. Respect them as if we were crossing your own front lawn.

Most of these trails are loops that contain logging roads, old railroad beds but mostly trails through the woods. There are two restaurants, two gas stations/mini-marts, snack bar, a bed and breakfast and a trail side lodge.

Riders are encouraged to take their time and enjoy what landowners have allowed us to share. As one travels through the woods or along the roads, the sights and sounds are breathtaking and every trip is different.

As time is moving so fast, take the time, with your family, on your ATV and enjoy Mother Nature. Watch the moose at Stratford Bog, the spectacular view from Haynes Lookout and Morse Mt. overlooking Groveton, where there are picnic table's for your enjoyment, or just meet other riders. Remember: Only you can prevent trail closing and promote atving as a respectable sport.

Millsfield ATV Club

Millsfield Pond is located in Northern NH near the town of Errol. Around the pond is over 100 miles of trails and logging roads available for ATV use. This site will make this hidden treasure easier to find for ATV riders. Please be sure to follow the rules and stay on the marked trails. These trails are maintained with the money from our memberships, events and grants. Many of the trails pass through privately owned land so please be respectful, without their continued permission, many of these trails could be closed in a hurry.

Trails can be accessed from 3 locations on route 16, Pontook dam (which has parking), Newell Brook Rd. and from Millsfield pond road which intersects route 16 at the southern Errol town line called 7 islands. Our parking lot is about 6 miles up on Millsfield Pond Road.

New Hampshire Bureau Of Trails

www.nhtrails.org
(603) 271-3254

TRAIL INFORMATION

For trail information and updates, visit www.nhtrails.org. Individual trail system maps and additional information can be obtained from the local maintaining trail club. See website for links and contact info. The majority of designated trail systems are closed from the end of snowmobile season until May 23rd of every year ("mud season"). Always check with local clubs for specific opening and closing dates.

ATV & TRAIL BIKE TRAIL AREAS: All designated trail systems and parking areas listed below may be closed or rerouted at any time for safety, maintenance, environmental, or landowner purposes. Likewise, additional trails and/or parking areas may be added.

GREAT NORTH WOODS REGION

PITTSBURG: NO TRAIL BIKES. Parking - Route 3 North, turn west onto Back Lake Road (by Hicks Lumber), 0.3 miles on left.

NORTH STRATFORD: NO TRAIL BIKES. Parking - Route 3, at Burns Truck Stop (Gulf). **ERROL:** NO TRAIL BIKES. Parking - Route 26, 3 miles East of Errol center, turn right onto Corser Brook Road, go 7 miles, park by bridge.

MILLSFIELD/DUMMER: NO TRAIL BIKES. Parking - from Route 16, turn West onto Mills Pond Road (just north of Errol town line), 5 miles up.

BERLIN/SUCCESS: Success Trail; Parking - Route 16, right onto Unity Street (by Irving station, over James Cleveland bridge) to Hutchins Street, right onto Success Pond Road (follow signs).

BERLIN: Jericho Mountain State Park; Parking - Route 16 North to Route 110 to Jericho Lake Road (at JMSP Sign), parking at end of road. To see the master plan and the latest developments and maps for Jericho Mountain State Park, visit www.nhtrails.org. **STEWARTSTOWN:** Coleman State Park; Parking - Diamond Pond Road.

WHITE MOUNTAINS REGION

NORTH HAVERHILL: Blackmount Rail Trail;* Parking - Route 10 next to the "Augie's Take-A-Break" Pavillion.

LITTLETON TO WOODSVILLE: Ammonoosuc Recreational Rail Trail;* Parking - in Lisbon, off Central Street (Landaff Road) next to old train station. See signs at Junction of Route 302 and Central Street.

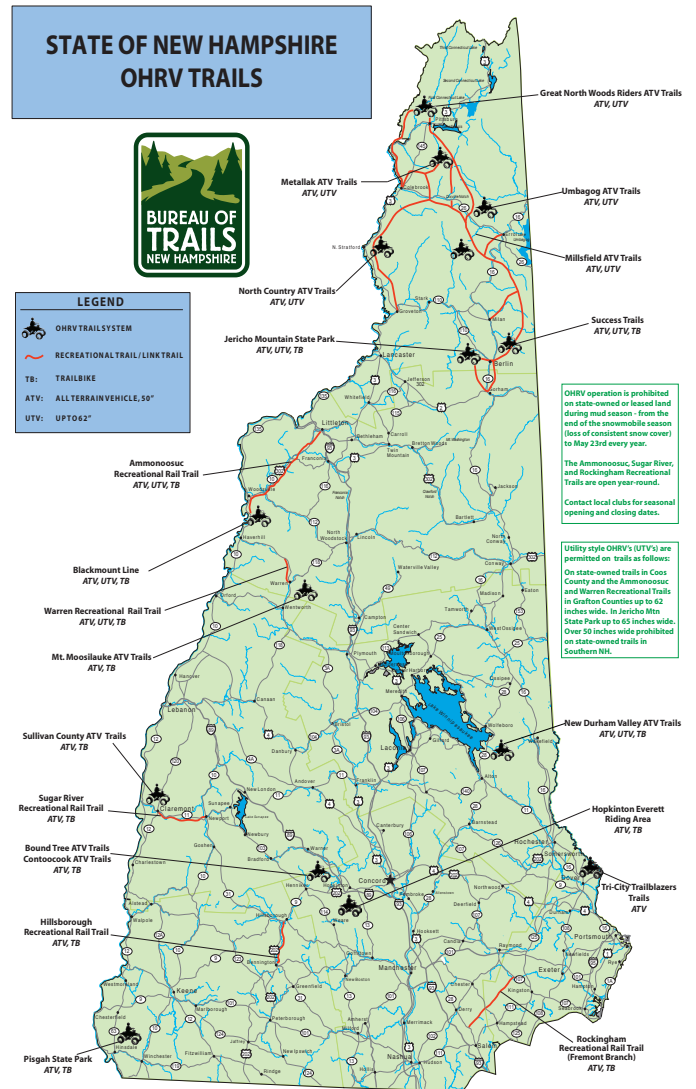
*NOTE: Ammonoosuc and Blackmount Trails connect in Woodsville behind Bond Auto Parts.

WARREN: Warren Recreational Rail Trail; Parking - Junction of Routes 25 and 25C.

LAKES REGION

NEW DURHAM/ALTON: Den Trails Parking - from Alton Circle take Route 28 North 8 miles, right onto Rines Road, left turn before Caverly Road, follow signs.

DARTMOUTH/LAKE SUNAPEE REGION



CLAREMONT: Burger King Trails Parking - Washington Street/Route 11 & 103 behind Burger King. Cat Hole Trails Parking - Washington Street (Routes 11 & 103 West), turn right onto Winter Street (just past Wal-mart), take right onto Veteran's Park Road, at intersection of Foisy Hill Road & Cat Hole Road, bear left and go up hill on Cat Hole Road, pavements ends, parking is 1/4 mile on the left.

CLAREMONT TO NEWPORT: Sugar River Recreational Trail; Newport Parking - from town center, north on Route 10, left on Belknap Avenue, go by Library, 0.1 mile on right. Claremont Parking - from Newport, Route 11/103 West, 1.5 miles on left.

MERRIMACK VALLEY REGION

DUNBARTON/WEARE: Hopkinton-Everett Riding Area; Parking - from Junction and blinking light at Routes 77 & 13, go straight across to Route 77, left onto Ray Road, follow signs for OHRV parking.

WEST HOPKINTON/HENNIKER/WARNER: Parking - from Route 9/202 take Route 127 North 1.2 miles, take

left over covered bridge.

MONADNOCK REGION

HILLSBOROUGH TO BENNINGTON: Hillsborough Recreational Rail Trail; Parking - Union Road to Long Woods Road in Deering, take 1st right after road turns to dirt (Deering Fish & Game Club).

HILLSBOROUGH/WINDSOR: Parking - from Route 9, north on Route 31, 3/4 mile on left (across from Edwards pit).

RICHMOND/TROY/SWANZEY: Parking - from Route 32 in Richmond, turn onto Fish Hatchery Road; 100 feet before powerlines, turn left into dirt drive, then right into parking area. Two place trailers only. Do not block driveway.

WINCHESTER: Pisgah State Park; Parking - on north side of Route 119, about 3 miles from Route 10, (or about 2.5 miles from Route 63).

SEACOAST REGION

DERRYTOFREMONT: Rockingham Recreational Trail/Fremont Branch; Parking - in Fremont across from Fremont Town Library near intersection of Routes 107 & 111A. Parking - in Derry from Route 28 Bypass, to East Derry Road, right on Warner Hill Road, 1.5 miles on left.

DOVER/ROLLINSFORD/SOMERS-WORTH: Parking - from downtown Dover: north on Route 108, right onto Old Rollinsford Road (at Wentworth-Douglas Hospital), follow signs.

OHRV Width Restrictions: All state owned or managed trails in southern NH are restricted to 50" (ATV) wide machines or less. Trails in Coos County and the Warren & Ammonoosuc Recreation Trails allow ATV's and UTV's up to 62" wide. OHRV's up to 65" wide may be operated at Jericho Mountain State Park only.

ATV Definition

In New Hampshire, an All Terrain Vehicle (ATV) is any motor-driven vehicle which has one or more low pressure tires (less than 10 psi) designed to carry one driver and/or payload, weighing less than 1,000 lbs., and not exceeding 50 inches in width.

WETLANDS WARNING: Do not ride through or in wetlands, streams, ponds, or wet meadows. Riding in wetlands is illegal and violators may be fined up to \$10,000. Wetlands provide critical wildlife habitat and protect our state's water quality. For more information, visit the New Hampshire Department of Environmental Services - Wetlands Bureau website at des.nh.gov/organization/divisions/water/wetlands/. **STAY LEGAL - STAY DRY.**

It is recognized that OHRV operation may be hazardous. Therefore, each person who drives or rides an OHRV accepts the dangers inherent in the sport and shall not maintain an action against an owner, occupant, or lessee of land for any injuries which result from such inherent risks, dangers, or hazards (per NH RSA 215-A:5-c).

REGISTRATIONS, ENFORCEMENT, & SAFETY

The New Hampshire Fish & Game Department is responsible for OHRV registrations, OHRV safety education, and is the primary OHRV law enforcement agency in New Hampshire. (Please note, all law enforcement officers in New Hampshire are empowered to enforce OHRV laws.) For questions regarding OHRV registrations and agent locations, OHRV laws, or OHRV Safety Education Courses, please contact the New Hampshire Fish & Game Department (contact information below).

Current New Hampshire registration fees: Resident OHRV - \$57.00; Resident trail bike - \$48.00; Non-resident OHRV - \$76.00; Non-resident trail bike - \$67.00. Funds from registrations are used to build and maintain OHRV trails in New Hampshire.

Reciprocity with other states: There is currently no reciprocity between Maine, Massachusetts, Vermont and New Hampshire. Non-residents must register their OHRV within the state they wish to ride. NH & VT have an area of Commerce Trails located in Colebrook, Stewartstown and Canaan, VT. Machines registered in either state may operate on these NH trails.

LANDOWNERS AND LAND USERS

The majority of public OHRV trails in New Hampshire have been established on private land. Public use of private land is a privilege, not a right. It has been a long-standing New Hampshire tradition for landowners to allow their property to be used by the public for recreational pursuits. Abuse of this privilege threatens the continuation of this tradition. In order to preserve this tradition of land access for future generations, it is in

the interest of all recreational users to do their part to work with and respect each other, and to care for the land and respect the landowners. Remember, you are a guest of the landowner. Communicate, cooperate, and be respectful to the land and its owner. Without them, YOU won't get far.

Landowner Permission Requirements: The NH Bureau of Trails and volunteer trail clubs have obtained landowner permission to maintain the public OHRV trail systems listed on this year. If you are not legally operating on any of these trail system or on your own property, you are required (per NH RSA 215-A:29, XI) to have written landowner permission to do so. You must then carry the written permission with you while operating. This applies to private, town, state, and federal lands.

OHRV use on public roads is prohibited. Only municipal & special state roads in Coos County that have been designated and signed open for public OHRV use are legal to ride. Use of town roads require permission from the municipal governing body. This includes unmaintained (Class VI) town roads. Check with the local town office or trail club. If in doubt, stay off the road.

Loud OHRV'S are one of the primary reasons for trail closures. In New Hampshire, the exhaust of OHRV'S cannot emit noise in excess of 96 decibels. It is illegal to modify an exhaust system that increases the noise level. Less noise = more trails.



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