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## Golden Eagles roll past Sachems for Homecoming win

Joshua Spaulding  
#2  
Riley Coutts moves the ball during action against Laconia on Friday during Gilford's Homecoming battle with the Sachems.

BY JOSHUA SPAULDING  
Sports Editor  
GILFORD — The Gilford field hockey team celebrated Homecoming in style, cruising to a 6-0 win over visiting Laconia on Friday, Sept. 25. The game was moved up a day



JOSHUA SPAULDING

Grace Southworth races the ball into the circle during Homecoming action against Laconia on Friday.

due to anticipated weather on Saturday.

Riley Coutts had an early cross into the zone and Kierra Walker sent

a ball in as well. Grace Southworth had a shot denied by Laconia's goalie and Catherine Fay had a cross and another drive through the circle. Fay also sent Coutts in on a chance that was cleared and Coutts had a centering pass to Avah Mason that the Sachems were able to clear. Walker also sent a shot just wide of the net.

Gilford had the game's first corner and Abi Lyman had a bid that was held out. Coutts sent a cross through that Fay shot on net and Adi Baron and Coutts closed in on the rebound but could not put it home. Gilford had consecutive corners, with Walker sending a nice ball in to Southworth for a chance that was denied. Southworth also sent a nice cross to Mason and

Mason returned the favor by sending a cross into Southworth that was denied. The Sachems had a run in and had a late corner that they could not convert and the first quarter ended with no score.

Gilford wasted no time in the second quarter getting on the board, as Walker sent a nice ball in off the faceoff and Baron put the ball home for the 1-0 lead just 14 seconds into the frame. Laconia came back with a bid that Gilford goaltender Addalyn Montminy stopped and the Gilford defense turned away a Laconia corner. Susanna Tilley made a nice defensive stop and a run up the field, ripping a ball into the circle.

Southworth sent a nice  
SEE **FIELD HOCKEY**,  
PAGE **A11**

### New report finds Lake Winnepesaukee's water quality is declining

*Loss of water clarity, rising phosphorus levels and increasing cyanobacteria signal need for action to protect NH's largest lake*

REGION — The Lake Winnepesaukee Alliance (LWA) has released "Signs of Decline: Assessing the State of Lake Winnepesaukee," the most comprehensive analysis to date of the lake's water quality and watershed health.

SEE **WATER QUALITY**, PAGE **A5**

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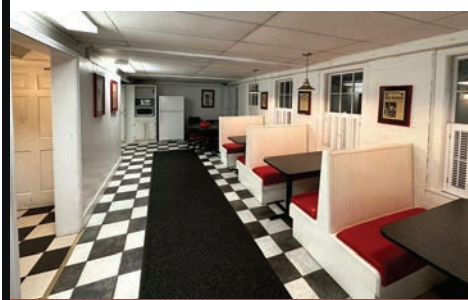
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## Gilford Community Church to host next Gals' Night Out

GILFORD — The Gilford Community Church will host their next Gals' Night Out program on Friday, Oct. 2 at 6 p.m.!

Come have a gossip with the apothecary's wife over the counter of Chillingsworth Apothecary, a fictional shop representative of medical practice in Elizabethan England. Mistress Chillingsworth will display wares such as "oil of earthworm" and "swallow

brains" while reminiscing about the plague and explaining the busy practice of a London apothecary. Presented by Penelope O'Connor, Assistant Director of Perform It! Stage Company.

A delicious meal will be catered by Ellie Murphy, and any interested men are welcome to join as well!

Tickets for Gals' Night Out are \$20 and may be purchased at the GCC Administrative Office. For those

with questions, please call (603) 524-6057.

Located in Gilford at 19 Potter Hill Rd., Gilford Community Church (GCC) is an inclusive, open community that welcomes believers and doubters, seekers and skeptics, young and old. Sunday service takes place at 10 a.m., is also available on a livestream feed on GCC's Facebook page and later on YouTube.

## Prospect boys drive past Derryfield

BY JOSHUA SPAULDING  
Sports Editor

ALTON — On a beautiful September afternoon, the Prospect Mountain soccer boys put together a solid effort and knocked off Derryfield by a 3-0 score on Tuesday, Sept. 22.

After Prospect goalie Charlie Yeaton knocked out an early Derryfield chance, the Timber Wolves bounced right back as Zach Locke raced through the de-



JOSHUA SPAULDING

Zach Locke fires the ball past the Derryfield keeper for Prospect's first goal of the game last Tuesday afternoon.

fense and rocketed the ball past the Cougar keeper for the 1-0 lead just 3:25 into the game. Orion Neathery had a shot blocked and DJ Scarpa made a run that was stopped by the defense. Blake Snell sent a ball up just ahead of Scarpa and Neathery sent a shot to Scarpa that was cleared out by the Derryfield defense.

Prospect had the first corner of the game and the ball went wide of the net and Dylan Pelletier had a long direct kick in to Locke, but his shot was denied. The Timber Wolves had a couple more corners that were turned away and Oliver McLain just missed connecting with Scarpa and Scarpa made another

SEE **SOCCER**, PAGE **A6**

### Mt. Washington Valley

# Craft Show

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# Gilford Public Library Classes & Special Events

## Oct. 1 – Oct. 8

**Thursday, Oct. 1**  
Senior Sculpt, 9-10 a.m.  
Fun and Fitness with Joyce, 10-11 a.m.  
Work it Out Wombats, 10:30-11:30 a.m.  
Support your child's computational thinking with the Work It Out Wombats at the library!  
Middle School Graphic Novel Club, 3:30-4:30 p.m.  
Join Miss Rachael at the Gilford Village Store for our middle school graphic novel club! Sign up is required.  
French, 4-5 p.m.  
Geology of New Hampshire, 5:30-6:30 p.m.  
The "NH Geology" program discusses basic topics in geology with a focus on the geology of New Hampshire. It begins with a discussion of what geology is, and how to look at rocks and minerals like a scientist

would, then moves on to talking about how to identify the most common rocks in NH, and the geologic history of our state stretching back 623 million years. It includes interactive sections and encourages continuous audience questions and participation.  
**Friday, Oct. 2**  
Geri Fit, 9-10 a.m.  
The Wisdom Keeper - 8 Week Chair Yoga, 10-11 a.m.  
Bridge, 10 a.m. to noon  
Preschool Storytime, 10:30-11:30 a.m.  
Hand & Foot, noon to 2:30 p.m.  
Happy Crafters, 1:30-2:30 p.m.  
Advanced Conversation-al German, 2:30-3:30 p.m.  
Beginner Line Dancing, 4-5 p.m.  
**Saturday, Oct. 3**

Beginner Line Dancing, 10:15-11:15 a.m.  
**Monday, Oct. 5**  
Fun & Fitness with Joyce, 9-10 a.m.  
Baby Storytime, 10-10:30 a.m.  
Tai Chi, 10:15-11 a.m.  
Bits and Bytes Computer Literacy, 11 a.m. to noon  
This month's topic is general computer terminology and definitions.  
Mahjong, noon to 3 p.m.  
Writing Wizards, 4-5 p.m.  
**Tuesday, Oct. 6**  
Feel Good Fitness w/ Dottie, 9-10 a.m.  
Senior Sculpt, 10-11 a.m.  
Bridge, 10 a.m. to noon  
Preschool Storytime, 10:30-11:30 a.m.  
Homeschool Club, 10:30 a.m.-12:30 p.m.  
Intermediate Line Dancing, 4-5 p.m.

**Wednesday, Oct. 7**  
Geri Fit, 9-10 a.m.  
Card Games, 10 a.m. to noon  
Senior Stretch Yogaah!, 10-11 a.m.  
Check out an Expert, 10 a.m. to noon  
Good Food, Good Mood, 11:30 a.m.-12:30 p.m.  
Join your Hannaford

Dietitian to learn how the foods you eat can contribute positively to your mood, motivation and concentration.  
Paint Group, 1-3 p.m.  
Science Seekers: Spook-tacular Science, 3:30-4:30 p.m.  
**Thursday, Oct. 8**  
Senior Sculpt, 9-10 a.m.

Fun & Fitness with Joyce, 10-11 a.m.  
Work it Out Wombats, 10:30-11:30 a.m.  
Candy Corn on the Cob, 3-4 p.m.  
Take the challenge and stack as many candy corn as you can until you get the whole cob!  
French, 4-5 p.m.

### STEM Career Fair for Youth open to the public

GILFORD — Winn-Aero, the STEM education non-profit based at the Laconia Airport, will again host its annual School Career Fair highlighting STEM subjects in aviation careers. The event will be held in the SkyBright Aviation hangar at the Airport, and is scheduled for Thursday, Oct. 1 from 8:30 a.m. to 1 p.m. for students and teachers and from 11 a.m. to 1 p.m. for the general public. Thanks to generous sponsors, admission is free.  
Co-hosting the youth-oriented event are The Laconia Airport Authority and SkyBright Aviation. More than 40 schools have been invited to attend and between 300-400 students are expected. School busses may enter through the Aviation Way access road at Gate N. Current sponsors of the Career Fair at the \$1,000 Gold level sponsors are SkyBright Aviation, STS Aero and the NH National Guard. Bronze level \$ 250 sponsorships include AvLite Aviation and Moulison Heavy Electric. Additional sponsors include Emerson Aviation, Pratt & Whitney and NH Ball Bearing. All sponsors listed will host exhibits as will the FAA, NH Bureau



Students and families enjoying the STEM Career Fair last year at Laconia Airport.

of Aeronautics, The American Red Cross, the Civil Air Patrol, the Air Force Association, the Academy of Model Aeronautics, Plymouth State University, Southern NH University, Laconia Flight Academy, the US Space Force, the Aviation Museum of NH, the Army National Guard, Air National Guard, and the

Gilford Police Department. Flight simulators will be available for future pilots to "fly." If your school would like to attend or your business would like to sponsor or have an exhibit, contact WinnAero Education Director Dan Caron at Dan.Caron@winnaero.org. Exhibitor space and sponsorships are still available.

### Alton Parks and Recreation Community Connection

**Trick or Treat Hours**  
The Town of Alton Trick or Treat hours are Saturday, Oct. 31 from 5-7 p.m. Plan to stop at the Gilman Museum on Main Street between 4:30-6 p.m. for the free Monster Mash Costume Runway- there will be treats and a chance to walk through the Halloween lights. Great photo opportunity for your entire group at our spooktacular place.  
**Halloween Pet Costume Contest**  
Submit a photo of your pet (or a pet with your family/friends) now through Oct. 25 and be entered into the Alton Pet Costume Contest. Categories include cutest costume, scariest costume and most creative. Winners will be announced on Halloween. Submitted photos will be posted on the Alton Parks and Recreation Facebook page for all to see. Submit photos to parksrec-asst@alton.nh.gov.  
**Line Dancing lessons**  
Alton Parks and Recreation is sponsoring Line Dancing Lessons with Cindee on Thursdays at the Alton Bay Community Center at 58 Mt. Major

Highway. Lessons start on Nov. 5. Absolute Beginners are 1:30-2:30 p.m. and Beginners are 2:45-3:45 p.m. Adults of all ages are welcome, \$10 for the November and December session. Must be pre-registered to attend- contact Alton Parks and Recreation for a registration form/payment- 603-875-0109 or parksrec-asst@alton.nh.gov.  
**Pilates classes in Alton Bay — Tuesdays and Thursdays**  
The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 8:30-9:30 a.m. with certified instructor Donna Lee. Classes are ongoing. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. \$10 per class, cash or Venmo. Bring a mat, water and hand weights. For more information/register contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov. Please note- class will not be held Oct. 12-22.

**Weight Training classes — Mondays and Wednesdays**  
The Alton Parks and Recreation Department is sponsoring Weight Training Classes on Mondays and Wednesdays, with AFAA Certified Instructor Kellie Troendle, from 1:30-2:30 p.m. at the Gilman Library for adults of all ages and abilities. Build strong muscles and bones, increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parksrec@alton.nh.gov or 603-875-0109. \$20 per month, register on site.  
**Dungeons and Dragons**  
Alton Parks and Recreation is sponsoring a weekly Dungeons and Dragons adventure on Wednesdays at the Alton Bay Community Center from 6-8 p.m. The program is free for ages 18 and up. Sign up at parksrec-asst@alton.nh.gov or 603-875-0109 to secure your game slot. Join in the fun with friends or plan on meeting new people.

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  2. "Whistler" by Ann Patchett
  3. "The Calamity Club" by Kathryn Stockett
  4. "Theo of Golden" by Allen Levi
  5. "The Most Dangerous Games" by James Patterson
  6. "The Thoroughbreds" by Elin Hilderbrand
  7. "Delusional" by James Patterson
  8. "Culpability" by Bruce W. Holsinger
  9. "The Shadow Friends" by Tess Gerritsen
  10. "Regime Change" by Maggie Haberman
  11. "Yesteryear" by Caro Claire Burke
  12. "We Chase Shadows" by Richard Osman

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*"Blessing of the Animals"*

*Sunday, October 4*

At noon on October 4 on the church lawn, Father Bob Cole will do the traditional "Blessing of the Animals" in celebration of Saint Francis of Assisi's feast day.

Harkening back to medieval Italy, the ceremony recalls the deacon Saint Francis's love of all creatures and his *Canticle*: "All praise to you, Oh Lord, for all these brother and sister creatures."

You and your dog, cat, horse, bird, or other pet or domestic animal are welcome. You need not be Catholic to participate.

It's a fun and inspiring way for all members of your household—two-legged and four-legged—to be closer to our Creator.

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## The warning signs are there — now comes the work

Lake Winnepesaukee has been generous to the communities surrounding it for generations. It provides recreation, supports businesses, attracts visitors, sustains wildlife and helps define the character of the Lakes Region. For communities such as Alton and Gilford, it is difficult to separate the identity of the town from the lake itself.

That makes the latest findings from the Lake Winnepesaukee Alliance worthy of serious attention.

The organization's new "Signs of Decline: Assessing the State of Lake Winnepesaukee" offers an uncomfortable combination of good news and bad news. Winnepesaukee remains a remarkably clean and beautiful lake, but long-term measurements indicate that its water quality is moving in the wrong direction.

Water clarity is declining. Phosphorus concentrations are increasing. Cyanobacteria abundance is increasing.

None of those trends means the lake is lost. Quite the opposite. They mean there is still an opportunity to act while Winnepesaukee remains healthy enough that prevention and restoration can make a difference. That is an opportunity the Lakes Region cannot afford to squander.

Perhaps the most striking figure in the assessment is the reported loss of more than eight feet of water clarity since the 1980s. For anyone who has spent decades swimming, fishing or boating on Winnepesaukee, that statistic should command attention.

Then there is cyanobacteria. The extensive blooms experienced in 2024 demonstrated that cyanobacteria is not some distant environmental concern discussed primarily by scientists. Blooms can close swimming areas, interfere with recreation and, under certain circumstances, pose risks to people, pets and wildlife. The challenge is that there is no single culprit and therefore no single solution.

Phosphorus can reach the lake through stormwater washing across roads, driveways and developed properties. Eroding soil can carry nutrients toward streams and the lake. Aging or malfunctioning septic systems can contribute to the problem. Development replaces forests and other natural surfaces with pavement, roofs, lawns and roads, changing how water travels across the landscape.

Road salt presents another challenge, while aquatic invasive species pose still another threat. That means protecting Winnepesaukee cannot be assigned solely to a conservation organization, town department or state agency.

Municipalities need to examine stormwater management and road practices. Property owners need to maintain septic systems and control runoff and erosion. Contractors and developers should recognize that decisions made on individual properties can have consequences downstream. Businesses that benefit from a healthy lake have a stake in protecting it. Boaters and visitors have responsibilities as well.

Most importantly, the response should be guided by evidence rather than panic. Lake Winnepesaukee is not suddenly a polluted lake, and describing it that way would distort the findings. What the assessment identifies is a trajectory. Conditions that remain relatively good today are showing measurable signs of deterioration. That distinction matters because environmental problems are generally easier and less expensive to prevent than to reverse.

The Lake Winnepesaukee Alliance is proposing programs aimed at reducing phosphorus and stormwater runoff, improving septic maintenance, reducing excessive road salt use and preventing additional invasive species from entering the lake. Its broader strategy also calls for data-driven tracking so the public can see whether those efforts are producing results. That accountability will be important.

Residents should expect proposed solutions to be practical, measurable and based on sound science. Municipal officials should understand both the environmental benefits and financial costs of new initiatives. Property owners should be given useful information about what they can realistically do.

Protecting Winnepesaukee does not require treating the lake as a museum piece that people can admire but no longer use. The objective should be the opposite: preserving a lake that people can continue to swim in, fish, boat on and build memories around for generations. There is something encouraging about receiving a warning while there is still time to respond.

Lake Winnepesaukee remains one of New Hampshire's great natural assets. The question raised by this assessment is whether today's communities will recognize gradual deterioration before it becomes a crisis.

The warning signs are there. What happens next will depend on what the communities around the lake choose to do about them.



COURTESY PHOTO

Patrick's kicked off its 10th Annual Singer-Songwriter Contest this past Monday as part of its weekly Monday Night Open Mic series. Local and regional musicians will compete over the coming weeks for a spot in the finals and cash prizes and a recording studio session. Pictured: Finalists from Patrick's 2025 Singer-Songwriter Contest. For more information or to participate, visit [patrickspub.com](http://patrickspub.com) or email [John@NHMusicCollective.com](mailto:John@NHMusicCollective.com).

## LETTERS FROM EDWIN

### Spry

Last weekend, I climbed my last ladder. I've thought I had detected a reduction in my ability to balance, but so far, I hadn't been confronted with its reality. Having climbed ladders since single digit age, it was always so automatic. Second nature. Like walking up and down stairs.

Luckily, I chose to climb the small ladder. The alternate choice might have been a major disaster. I was up on the fifth or sixth rung, painting some window trim on my house when I realized that I was falling backwards. There was nothing to grab onto, I was totally exposed. Thinking I'd be better off not falling, I turned and stepped off, trying to negotiate some kind of a smooth landing.

It didn't go as gracefully as I would have liked, I fell over and landed on my right arm up by the shoulder. It was pretty disgruntled from the start. I finished all my painting primarily with my left hand and left the high window that remained to some future time, and most likely another person.

It seems to be getting

better, then I do something and any of the minute improvements seem to back-track. Yesterday, I had a workday, and I surprised myself with how well things went. Today, I'm pretty much back to the starting line. I may have to get this thing looked at.

Right now I'm back in school where I can pretty much take it easy, sit around, take attendance, give instructions, and type. It's Friday, I think that I could still negotiate a gig, if I had one. My arm works alright as long as I don't need to raise it. For that, it's pretty useless. I need help getting my right hand to the top of the steering wheel or to the key from my left hand. All the hanging pots in the kitchen are now only accessible with my left hand. You never realize how much you use something until you no longer can.

I'll try to give playing bass a try tonight, I suspect that it will be alright. I certainly hope so, there's still a few more gigs on the band's schedule. I'd hate to need to cancel them. They're all the band has left.

I still have my list to

pick away at this weekend. I'll try to keep it easy on my arm as much as possible, and see what next week brings. Sometimes these things take a lot of time to heal. Especially at my age. My working days are thinning out, which is probably good on this account. The more I can rest it, the better, it looks like.

A class of seventh graders just came in and were so elated at seeing me here that some of them got down on their knees. Two girls came up and did the attendance for me. I sang them their directions and continued singing answers to their questions. They were impressed. It doesn't take much, but these kids appreciate the effort. Historically I've done raps as well as screamo metal interludes to their utmost astonishment. I usually resort to changing lyrics of Barney songs. That's usually sufficient.

All the middle school kids went outside for a period today. It was Fun Friday, it felt good to get some sun on my face. While enjoying that energy, I realized that my arm was feeling much improved. I think I must have pushed myself

a little too far with my morning stretches. I was pretty blown out after. I'll take it easier for a while. A friend had suggested that I needed to keep up with my flexibility things. I think they will have to be somewhat modified for the time being. Even so, nothing seems to stop my tendency to curl up like a snail.

On the way home I tried snagging some corn from my local farmers as the season crunches to a close. Nope. No luck. I'll try again tomorrow. It's Saturday so maybe they'll find some late bloomers for us hard core farm stand devotees. Since the coffers were totally empty today, I'll know that anything offered tomorrow will definitely be fresh picked.

After I got home, I felt like putting some miles on my legs so I dressed accordingly, picked up my mushroom box and headed out. I invited the cat but she deferred. Still, she's pretty spry for a 13-year-old.

E.Twaste

Correspondence welcome at [edwintwaste@gmail.com](mailto:edwintwaste@gmail.com)

## Letters to the Editor

### I found what I didn't know I needed

To the Editor:

Sometimes, the best discoveries are the things we never knew we were looking for.

For me, that was the Winnepesaukee Playhouse. What began as an interest in local theater led me to a community I didn't know I was missing.

Once content simply to purchase tickets, I became interested in the Playhouse's staged readings, where community members are invited to show up, read a few lines aloud, and participate in a welcoming, low-pressure environment. That experience sparked my curiosity about auditioning for one of their community productions. I was first cast in "Treasure Island: A Live Radio Play" and later in "My Fair Lady."

Over the course of my professional life, I've done plenty of public speaking, conference presentations, and speech contests. Standing in front of a crowd rarely makes me nervous. Community theater, however, offered an entirely different challenge.

Did I have any stage experience? Only if you count

playing a corpse in the River Styx in eighth grade.

Did I know what I was doing? Absolutely not.

Did that matter to the people at the Playhouse? Not one bit.

Being on stage is fun. Being backstage is fun. Watching talented actors bring a story to life is inspiring. Most eye-opening of all has been learning what it takes to create a quality theater experience. The sound, lighting, props, costumes, sets, direction, and countless details are easy to take for granted until you witness firsthand the dedication and teamwork required to make it all come together.

What did I find at the Winnepesaukee Playhouse?

I found welcoming acceptance and a sense of belonging. I found creativity, support, partnership, and dedication. I found opportunities to be challenged and the satisfaction of overcoming those challenges. I found shared wonder, shared effort, shared pride, and shared excitement. I found laughter, exhaustion, new perspectives, and an appreciation for remarkable talent.

Most importantly, I found genuine friendships. I even found another way to spend my free time: ushering for the professional productions so I don't miss a thing.

In a time when many people are searching for connection and purpose, our community theater offers both. It brings together people of all backgrounds who are willing to work hard, support one another, and create something larger than themselves.

The Winnepesaukee Playhouse has given me far more than entertainment. It has given me community, challenge, and a place to grow. For that, I am deeply grateful.

So here's my invitation: see a show. Attend a staged reading. Volunteer. Make a donation if you're able. You may discover, as I did, that the Winnepesaukee Playhouse offers far more than theater. You may find what you didn't know you needed.

Debbie Robinson  
Gilford

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# Gilford police log

GILFORD — The Gilford Police Department reported the following arrests from Aug. 28 to Sept. 24.

Alex Robert Baker, age 19, was arrested on Aug. 28 for Driving After Revocation or Suspension of license-Original and Youth.

Drew Joseph Smith, age 18, was arrested on Aug. 28 for Conduct After an Accident.

Corey Jace Lockwood, age 20, was arrested on Aug. 28 for Unlawful Possession of Alcohol and/or Intoxication and Possession and/or Use of Tobacco Products By a Minor. Trevor A. Lagrow, age 20, was

arrested during the same incident for Unlawful Possession of Alcohol and/or Intoxication and the Manufacture and/or Possession of a False ID. A 23-year-old male was also taken into protective custody for intoxication during this incident.

Sherri Jessica Leanne Neely, age 45, was arrested on Aug. 28 in connection with a warrant.

Lucas Paul Gregoire, age 20, was arrested on Aug. 28 for Unlawful Possession of Alcohol and/or Intoxication and Possession and/or Use of Tobacco Products By a Minor.

Troy E. Trussell, age 26, was arrested on Aug. 28 for Resisting Arrest or Detention.

Bradley Arthur Perreault, age 54, was arrested on Aug. 29 in connection with a warrant.

Karleigh Arlene Klaft, age 20, was arrested on Aug. 30 for Driving After Revocation or Suspension of License-Original and Youth and Suspension of Vehicle Registration.

Batalu Muniro Osman, age 19, was arrested on Aug. 30 in connection with multiple bench warrants. A 21-year-old whose identity has been withheld from publication

was taken into protective custody for intoxication during the same incident.

Jeremy R. Jewell II, age 30, was arrested on Aug. 30 for Driving After Revocation or Suspension of license.

A 38-year-old male was taken into protective custody for intoxication on Aug. 31.

Gary Joseph Wall, age 60, was arrested on Sept. 1 for Driving After Revocation or Suspension of License and Suspension of Vehicle Registration.

Marybeth La Rocque, age 46, was arrested on Sept. 2 for DUI-Impairment.

Timothy Patrick Jagusch, age 22, was arrested on Sept. 3 for operating a vehicle after Suspension of Vehicle Registration, Driving After Revocation or Suspension of license, operating a vehicle not equipped with an alcohol interlock device, and operating an Unregistered Vehicle.

Kristina Pauliukonis McGrath, age 51, was arrested on Sept. 3 for DUI-Impairment, Transporting Alcohol Beverages, and multiple counts of drug possession.

Danielle Nicole Starr Bauman, age 49, was arrested on Sept. 4 for Driving After Revocation or Suspension of license and Suspension of Vehicle Registration.

A 31-year-old male and 25-year-old female were taken into protective custody for intoxication on Sept. 14.

A 42-year-old male was taken into protective custody for intoxication on Sept. 14.

Aaron J. Fortier, age 18, was arrested on Sept. 14 for Driving After Revocation or Suspension of License.

Christopher M. Smock, age 50, was arrested on Sept. 16 in connection with a warrant.

A 30-year-old female was taken into protective custody for intoxication on Sept. 18.

A 45-year-old male and 45-year-old female were taken into protective custody for intoxication on Sept. 18.

Alisha Jean Robinson, age 24, of Northfield was arrested on Sept. 20 for Driving After Revocation or Suspension of license and Suspension of Vehicle Registration.

Joseph A. Levesque, age 39, was arrested on Sept. 20 for Driving After an Administrative License Suspension.

Theron Lee Oldenburg, age 58, was arrested on Sept. 21 for Driving After Revocation or Suspension of license and Suspension of Vehicle Registration.

Jeffrey Michael Watt, age 45, was arrested on Sept. 21 for Driving After Revocation or Suspension of license (subsequent offense).

Katherine A. Travis, age 39, was arrested on Sept. 21 for Aggravated DUI with a Passenger Under the age of 16 and multiple counts of Endangering the Welfare of a Child. Caden Michael Travis-Heitz, age 19, was arrested during the same incident for Driving After Revocation or Suspension of license-Original and Youth.

John W. Swett, age 67, was arrested on Sept. 22 for Driving After Revocation or Suspension of license and Suspension of Vehicle Registration.

David Roberto Goodglass was arrested on Sept. 24 for DUI-Impairment.

## WATER QUALITY

(continued from Page A1)

The findings carry both a warning and an opportunity: Lake Winnepesaukee remains a remarkably clean and beautiful lake, but decades of water-quality data show that its condition is deteriorating.

Among the assessment’s most significant findings:

- Water clarity is declining. Long-term monitoring shows that the lake is becoming less clear, an important indicator of changing water quality.
- Phosphorus levels are increasing in the lake. Phosphorus is the nutrient that directly fuels excessive algae and cyanobacteria growth in freshwater lakes. Even relatively small increases can have significant consequences over time.
- Cyanobacteria abundance is increasing. Excessive cyanobacteria can result in blooms, as occurred in 2024, that impair recreational use of the lake and, under certain conditions, produce toxins harmful to people, pets and wildlife.

Taken together, these trends provide compelling evidence that Lake Winnepesaukee is under increasing pressure from development and human activity throughout its watershed.

“The science is clear,” said Eric J. Siy, Executive Director of the Lake Winnepesaukee Alliance. “Winnepesaukee is still a magnificent lake, but its water quality is declining. We have an opportunity to address these problems now before they become far more difficult and costly to solve.”

The assessment identifies phosphorus pollution as one of the central threats to the lake’s future. Phosphorus enters the lake from a variety of sources, including stormwater runoff from roads, driveways and developed properties; erosion and disturbed soils; aging or poorly functioning septic systems; and other activities throughout the watershed.

As development increases, more forest-

ed land is replaced by roofs, pavement, lawns, roads and other surfaces that accelerate the movement of stormwater and pollutants into streams and ultimately the lake. The result is a gradual change in the lake’s natural balance.

For residents and visitors, the most visible signs can be reduced water clarity – more than eight feet since the 1980s – and the emergence of cyanobacterial blooms, most extensive in 2024. But LWA cautions that these are symptoms of a larger process that, if allowed to continue into the future as the Assessment projects, could fundamentally alter the character of Lake Winnepesaukee.

“This assessment is not saying that Lake Winnepesaukee is a polluted lake. It isn’t,” said Mark

Ishkanian, Chair of the LWA Board of Directors. “It is telling us that the direction of change is unmistakable—and that waiting until the damage is more obvious would be a serious mistake.”

The assessment is intended to establish a scientific baseline that informs and engages the many interests who care about and depend on a clean, clear lake. Equipped with this common understanding, the Alliance will work with these interests as partners in solving the problems identified by the science and securing the future health of the lake.

“We were honored to partner with LWA on this landmark assessment,” said Forrest Bell, Owner and CEO of FB Environmental Associates. “The breadth and depth of the science provide the understanding needed to make informed decisions and address threats to water quality before they intensify.”

LWA is already applying the science to advance responsive new programs aimed at reducing the amount of phosphorus and other pollutants reaching the lake. In particular, this work focuses on identifying and curbing stormwater runoff in high-priority locations. It also includes working with property owners to improve septic system maintenance and, where needed, upgrading faulty systems.

LWA is also working with municipalities and private contractors to reduce excessive road salt use, considered the “acid rain of our time” given the severity of its impacts on lake and watershed health.

Finally, LWA will be working with public and private interests to prevent more aquatic invasive species from entering the lake, another significant threat highlighted in the Assessment.

As needed to drive progress at the speed and scale required, LWA’s comprehensive new programs engage property owners, businesses, and communities throughout the watershed as contributing partners, with each having a specific role in protecting the lake.

The steps now needed to succeed are presented in LWA’s Legacy Strategy. Guided by the science, the Strategy’s Blueprint for Lasting Protection outlines the actions required to reduce pressures on the lake and increase its resilience to decline. As highlighted in the Blueprint, new digital tools and a data dashboard tracking progress will keep people informed in this data-driven pursuit of protection.

“We know more today about what is happening to Lake Winnepesaukee—and what we

can do about it — than ever before,” Siy said. “The science gives us a clear path forward. Now we need everyone who cares about this lake to join us in protecting it.”

Ishkanian said the assessment should be viewed as a call to action rather than a prediction of inevitable decline.

“We still have time to change the trajectory of Lake Winnepesaukee,” he said. “We can either watch these trends continue for another 10 or 20 years, or we can act now to ensure that our children and grandchildren inherit the same clean, clear lake that generations before us have enjoyed.”

The complete State of the Lake Assessment and additional information about LWA’s lake protection programs are available at: trends.winnepesaukee.org.

### About the Lake Winnepesaukee Alliance

The Lake Winnepesaukee Alliance, celebrating its 50th anniversary in 2026, is dedicated to protecting the water quality and long-term health of Lake Winnepesaukee and its watershed. Working through science, education, advocacy and direct action, LWA partners with communities, property owners, businesses and organizations throughout the watershed to ensure that Lake Winnepesaukee remains clean and healthy for generations to come.



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# Pickering House recognized among America's most iconic hotels by Travel + Leisure

WOLFEBORO — Pickering House has been recognized by Travel + Leisure as one of the most iconic hotels in the United States, placing the Wolfeboro property among a select group of destinations highlighted for their connection to American travel, history and sense of place.

Published July 4 as part of Travel + Leisure's coverage celebrating America's 250th anniversary, the feature spotlights hotels editors



COURTESY PHOTO

## Connor MacKnight named to Dean's List at University of Maryland Global Campus

ADELPHI, Md. — Connor MacKnight of New Durham was named to the Dean's List for the summer 2026 term at University of Maryland Global Campus. To be eligible for the honor, a student must complete at least six credits during the term, earn a grade point average of at least 3.5 for the term, and maintain a cumulative GPA of 3.5 at UMGC.

University of Maryland Global Campus was founded more than 75 years ago specifically to serve the

Pickering House in Wolfeboro offers a historic setting within higher education needs of working adults and military servicemembers. Today, UMGC is the largest provider of postsecondary education in Maryland and continues its global tradition with online and hybrid courses, more than 175 classroom and service locations worldwide, and more than 100 degrees and certificates backed by the reputation of a state university and the University System of Maryland. For more information, visit [umgc.edu](http://umgc.edu).

consider quintessentially American. Pickering House is recognized for its classic New England character, history and location within walking distance of Lake Winnepesaukee and downtown Wolfeboro. The feature was authored by Travel + Leisure editor Maya Kachroo-Levine, who noted the property's longstanding appeal during visits to the Lakes Region.

Listed on the National Register of Historic Places, Pickering House is part of Wolfeboro's historic landscape and reflects the community's longstanding connection to the Lakes Region. The property's history remains central to its identity while its 10 guest

walking distance of downtown and Lake Winnepesaukee. rooms create a markedly different experience from that of a larger hotel. With accommodations for only 22 guests, Pickering House offers a highly personal approach to hospitality shaped by meaningful interaction between guests and the team who welcomes them.

A key part of that experience is Samuel Avery's Tavern, known as Avery's, an intimate dining destination located at Pickering House. Avery's offers seasonally inspired, made-from scratch cuisine in a refined setting and is open to both overnight guests and visitors.

The House is also preparing to expand its wellness offerings with an on-site spa located on the second

floor above the restaurant. The space will offer massage services and private yoga, with wellness week-ends planned for the future. This new offering will give guests another way to incorporate rest and wellness into a holistic stay at Pickering House.

"Being recognized by Travel + Leisure is meaningful because it celebrates what makes Pickering House so special, its history, its setting and the experience of being here," said owner Doug Babcock, who owns the property with his wife, Paige. "At the heart of the House is the intimate level of hospitality we provide, creating a place where guests feel

genuinely welcomed, cared for and, most importantly, at home. There's a wonderful camaraderie within the House. Guests gather around the breakfast table in the Gathering Kitchen, linger in the Library and share stories on the porch. Samuel Avery's Tavern is a true extension of Pickering hospitality, a place to gather over fresh, local ingredients and thoughtfully prepared, scratch-made meals."

For more information or to plan your stay, visit [pickeringhousewolfeboro.com](http://pickeringhousewolfeboro.com).

### About Pickering House

Located in the heart of Wolfeboro, Pickering House is a historic property offering an intimate luxury experience in the Lakes Region. The property features 10 guest rooms, on-site dining at Samuel Avery's Tavern and access to the surrounding community and Lake Winnepesaukee. Pickering House is recognized on the National Register of Historic Places and has earned recognition from Travel + Leisure and other leading travel publications. For more information, visit [pickeringhousewolfeboro.com](http://pickeringhousewolfeboro.com).

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## SOCCKER

(continued from Page A1)

run into the zone that the Derryfield goalie grabbed. Scarpa had another bid denied by the keeper and Ayden Bernier sent the ball over the net.

After the Cougars sent another shot over the top of the net, the Timber Wolves bounced back with their second goal of the game. Neathery sent a cross into the box and McLain volleyed the ball into the back of the net for the 2-0 lead with 22:13 to go in the first half. Snell had a nice clear and then Caleb Be-



JOSHUA SPAULDING

Owen Peterson charges after the ball during Prospect Mountain's win over Derryfield last week.

mis sent the shot off the crossbar and Locke headed the rebound on net and the Cougar goalie made the save. Cameron Casale just missed connecting with Owen Peterson on a bid and the Timber Wolves had a corner kick cleared while Peterson made a run into the zone.

Pelletier had a direct kick chance and Snell made a good clear on a Derryfield chance and Yeaton made a couple of saves as well. Isaac Casale sent Scarpa made a good run into the zone that was cleared and Neathery had a cross to Scarpa that was cleared out. Derryfield sent a chance wide of the net and Yeaton made a save on another bid. The Timber Wolves had a late corner

kick that went wide and Pelletier and Bemis had solid clears as the game went to halftime with Prospect up by a 2-0 score.

Yeaton made an early save in the second half and the Cougars had a direct kick chance that the defense cleared. Isaac Casale and Scarpa teamed up on a chance that went wide of the net and Logan DeWitt had a solid defensive stop. Derryfield had another corner kick and Prospect came back with a bid from Scarpa and a direct kick from Bemis that was saved by the Derryfield goalie.

Bernier sent a nice ball in just missing Scarpa and Isaac Casale and Neathery teamed up on a chance that went wide. Isaac Casale had another shot denied

and Scarpa had a cross cleared from the box. The Cougars sent a shot over the net and the Timber Wolves had another bid denied at the other end. Derryfield sent a corner kick chance over the top of the net and the Derryfield keeper made a diving save on a shot from Scarpa.

Prospect had a corner kick denied and Scarpa just missed connecting with Peterson and Yeaton made another save on a long shot from the Cougars. Cameron Casale had a bid denied and Neathery had a header denied by the Derryfield goalie. DeWitt had a clear that led to Scarpa going in close at the other end.

The Timber Wolves put the final touches on the win in the last few minutes of the game, with Neathery burying the shot for the 3-0 lead. Yeaton had a late save and the Timber Wolves closed out the 3-0 win.

The Timber Wolves are slated to be in action on Friday, Oct. 2, at home against Kearsarge at 7 p.m. and Tuesday, Oct. 6, at Newfound at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

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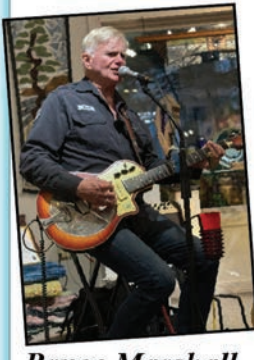


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SPORTS

Bears hand Golden Eagles their first loss

BY JOSHUA SPAULDING

Sports Editor

GILFORD — The Gilford volleyball team was bounced from the ranks of the unbeaten on Saturday, as the Coe-Brown Bears handed the Golden Eagles a 3-1 defeat as part of Gilford's Homecoming celebration.

Gilford got a service ace from Stella Pickowicz and a hit from Sydney Boudreau and another from Darby Hughes as they took a 4-3 lead. The Bears bounced back to take a 7-4 lead before Gilford got a hit and a block from Natalee Magdziasz and a good service run from Margaret Burke

JOSHUA SPAULDING

(Right) Sydney Boudreau goes up for a block during her team's game with Coe-Brown on Saturday afternoon.



JOSHUA SPAULDING

(Left) Rainey Hinds sets the ball up for a teammate during her team's Homecoming battle with Coe-Brown on Saturday.

including three aces as Gilford went up by a 14-7 score. Rainey Hinds had a block and Avery Pickowicz had a service ace while Hinds and Boudreau had hits for the 18-13 lead for the Golden Eagles.

The Bears continued to answer, but a nice tip from Boudreau and a hit from Hughes helped the Golden Eagles close out the 25-17 win, with Burke getting the final point to start the afternoon off with a win for the hosts.

Coe-Brown scored the first two points of the second set but Gilford got a pair of aces from Hinds and hits from Burke and Stella Pickowicz to take the 6-2 lead. The Bears bounced back to take the lead and after tying at seven, the visitors went on a run to go up 13-7 before Hughes had a hit and Boudreau had two service aces to get the Golden Eagles within one at 13-12. Hughes, Magdziasz and Kate Taylor all had hits as the Golden Eagles and Bears exchanged points, tying at 15, 17, 18, 19, 20 and 21 before the visitors closed out the 25-21 win to tie things up at one.

The third set started with more back and forth, with Boudreau getting a hit and a service ace and Burke adding a hit as the Golden Eagles went up 7-4. Coe-Brown charged back to pull even at seven, eight and nine before Gilford got a couple of hits from Boudreau. The two squads went back and forth, with Boudreau getting a couple of big blocks and Hinds getting a service ace. The teams were tied at 23, 24 and 25 before Coe-Brown got the final two points to take the 27-25 win for the 2-1 lead.

Boudreau had a couple of early hits in the fourth set to keep the Golden Eagles even and she also added an ace to the mix. Burke had a hit and Hughes chipped in with an ace as Gilford hung tough. However, the Bears were able to open up a 12-6 lead on the Golden Eagles before Burke stepped to the line and came up with a couple of service aces. Boudreau added a couple of big hits and a nice tip and closed the gap to 18-17, but the Bears finished strong and closed out the 25-17 win for the 3-1 victory.

Gilford is slated to be in action again on Friday, Oct. 2, at Plymouth at 6 p.m., Saturday, Oct. 3, at 11:30 a.m. at Laconia, Monday, Oct. 5, at home against Hollis-Brookline at 6:30 p.m. and at home against Somersworth on Wednesday, Oct. 7, at 6:15 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

BY JOSHUA SPAULDING

Sports Editor

ALTON — It was a game of momentum change when the Prospect Mountain volleyball team welcomed Newfound to Alton on Monday, Sept. 21.

The visiting Bears took control early and won the first two sets before the Timber Wolves seized the momentum back and won the next two sets to force a fifth and deciding set. The Bears were able to get the momentum back and came away with the fifth set for the 3-2 win, 25-18, 25-5, 20-25, 16-25, 15-9.

Newfound jumped out to a 7-0 lead out of the gate in the first set, with Lauren Chabot getting a service ace and Sophia Manseau coming through with a hit. Carson Blais got the Timber Wolves on the board with a hit but Newfound came back with hits from Ari Plummer and Rochelle St. Germain to push the lead out to 11-3. Prospect's Shelby Lonardo made a nice play out of the net and Skye Greenwood made a nice diving play as the Timber Wolves cut the lead to 13-8.

Newfound bounced back with hits from Lily Carter, Manseau and Plummer to up the lead to 19-10 before Prospect bounced back. Greenwood had a nice serve return, Kora MacKenzie had a hit and Lonardo added a service ace as the Timber Wolves clawed their way back in it at 22-16. However, The Bears were able to get the final three points



JOSHUA SPAULDING

Shelby Lonardo bumps the ball up during her team's game with Newfound last Monday evening.

and took the 25-18 win for the 1-0 lead.

The Bears charged out of the gate in the second set with Carter getting an ace and Plummer adding a hit as the visitors went up 5-0. Prospect got a kill from Anna Sanders, but the Bears bounced back with a couple of hits from St. Germain and an ace from Plummer, which helped them to push the lead to 13-4. Chabot had a hit and Manseau added an ace as the Bears continued to open up the lead to 18-4 and then closed things out with the final seven points, including an ace from Coretta Egan for the 25-5 win.

Newfound jumped out to a 4-1 lead in the third set, with Carter getting a couple of service aces before Harp-

er Boles added a block at the net for the Timber Wolves. A couple of aces from Manseau helped the Bears to open the lead to 8-3 before Belle Arsenaault had a nice play on the other side of the net, Lonardo added a service ace and MacKenzie had a hit to cut the lead to 9-8. Newfound got a hit from Carter but a nice play from Greenwood on a ball off the ceiling helped the Timber Wolves pull even at 11.

MacKenzie and Egan exchanged hits and Plummer added an ace for the Bears as the teams were tied at 12, 13, 15 and 16. A couple of aces from Lonardo got the Timber Wolves on top by three before Newfound got a hit from Val Angelosanto and a pair of aces from Egan



JOSHUA SPAULDING

Carson Blais rises up for a hit during her team's battle last Monday evening against Newfound.

to pull even at 19. A hit from Carter put the Bears on top but Prospect finished strong, getting the final six points, including a block from Delilah Tiede and an ace from MacKenzie to take the 25-20 win.

Prospect Mountain jumped out to the 4-1 lead in the fourth set before Newfound bounced back and the teams were tied at six. Prospect got a pair of aces in a good service run from MacKenzie and Blais added a pair of hits before Tiede added an ace for the 15-8 lead. Newfound got a hit from Chabot but the Timber Wolves bounced back with a solid hit from Blais and an ace from Arsenaault.

Plummer added a block

for the Bears, but Prospect kept building the lead with MacKenzie coming up with a couple of solid hits. St. Germain got a hit for the Bears, but Prospect Mountain closed out the set to take the 25-16 win and force a fifth and deciding set.

Newfound scored the first eighth points of the fifth set, with hits from Bailee Burke and Plummer and an ace from Chabot leading the way. Prospect got a hit from Blais but Newfound answered with a Plummer ace for the 11-2 lead. MacKenzie and Lonardo teamed up on a key point for the Timber Wolves but Newfound got a pair of hits from St. Germain to go up 13-6. Lonardo had a solid hit and Tiede added a block to make it 13-8 but Carter had a hit on the other side of the net and Egan had a solid return to close out the 15-9 win and the 3-2 victory.

Prospect Mountain is slated to be in action again on Tuesday, Oct. 6, at home against Mascoma at 6:15 p.m. and Thursday, Oct. 8, at Sunapee at 6:15 p.m.

Newfound is scheduled to be in action on Tuesday, Oct. 6, at Trinity and at home Thursday, Oct. 8, against Epping, both at 6:15 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Church Service

SCHEDULE

**ABUNDANT HARVEST FAMILY CHURCH**  
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union.  
Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundantharvestnh.org or e-mail ahfc@faith.com.

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Sundays throughout the summer 10am & 7pm 875-6161.

**BEFREE COMMUNITY CHURCH, ALTON**  
Alton 9:30a.m. Sun. Meeting at Prospect Mountain High School. Pastor Ben Ruhl, www.befreechurch.net.

**CENTER BARNSTEAD CHRISTIAN CHURCH**  
Worship Service 10:00am  
Bible Study 11:15am  
Rte 126 next to Town Hall  
Call or Text (603) 269-8831  
centerbarnsteadcc.org

**CHRISTIAN COMMUNITY OF PRAISE C.C.O.P PRAISE GATHERING**  
Every Saturday @ 5:30pm at the Iron Works church, 1802 NH Route 140, Gilmanton Ironworks, NH  
ccoppraisegathering@gmail.com

**COMMUNITY CHURCH OF ALTON**  
Pastor Jared Cassidy  
10am Worship service Sunday  
20 Church St. Alton  
(603) 875-5561  
www.ccoaalton.com

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Sunday School and Worship Services  
Heather Ivone Milliken  
603-776-1820  
Our services are in person at 504 North Barnstead Road, Center Barnstead, NH and live-streamed on Zoom, Sundays at 10 a.m.  
ccnorthbarnstead.com

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Worship Services: 10:00 AM  
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www.farmingtonnhucc.org  
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SPORTS

Golden Eagles, Timber Wolves compete in bass fishing qualifier



JOSHUA SPAULDING

The team of Anthony Davis, Ryan Hooper and Cullen Beck competed for Gilford in the bass fishing state championship qualifier last Thursday on Lake Winnepesaukee.

BY JOSHUA SPAULDING  
Sports Editor

CENTER HARBOR — The NHIAA bass fishing state tournament qualifier once again took place on Lake Winnepesaukee on Thursday, Sept. 24. Teams went out in two flights, the first heading on the lake just after 8 a.m. with a slight fog delay and the second flight going out at 8:30 a.m. The teams all had six hours to catch what they could and return to the Center Harbor town beach at 2 p.m. and 2:30 p.m.

All told, 34 teams took part in the qualifier and the top 12 moved on to state championship. Each team could have two anglers in the boat at one time, though they could make trips back to Center Harbor to change

anglers if there were more than two competitors who were taking part in the competition.

Each team was allowed to bring in eight fish to the weigh-in with the total weight determining the finishing order. If a fish was deceased upon weigh-in, the team was penalized half a pound, but out of the 145 fish that were weighed, 144 were alive and returned to the water at the end of the tournament.

The average fish weight for the competition was 1.93 pounds while the average number of fish per participant was 4.26 and the average weight per participant was 8.23 pounds. All told, more than 279 pounds of fish were weighed in by volunteers from NH Bass-

masters under the guidance of the NHIAA.

The lone local team to advance to the championship was the Moultonborough Panthers, where the team of Hayden Weeks and Blake Snow finished seventh overall with eight fish weighing a total of 14.07 pounds. They had a large fish of 2.32 pounds.

White Mountains Regional was next among the local schools, finishing just one spot out of qualifying for the state championship in 13th place. Mason Samson and Easton Ingerson brought in six fish with a weight of 11.29 pounds and a large fish of 2.57 pounds.

Right behind them was Prospect Mountain, who won the very first NHIAA



JOSHUA SPAULDING

Prospect Mountain was represented by (l to r) Aiden Driscoll-Brennan, Seamus McGranaghan, Izayah Gooden, Camdon Drolet, Gavin DeWitt and Chase Lank in the NHIAA bass fishing state qualifier last week.

ships will take place on Saturday, Oct. 3, on the Connecticut River, launching from the Hindsale launch.

Sports Editor Joshua

Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

Gilford wins shootout in rematch of D3 championship

BY JOSHUA SPAULDING  
Sports Editor

GILFORD — A day earlier than planned, the Gilford Homecoming crowd got exactly what it was hoping for in a rematch of the Division III championship game from a year ago.

The Golden Eagles and Laconia Sachems went blow for blow all night long under the lights at The Meadows and Gilford emerged with the 33-31 win.

ble, getting the ball to the 20, Diaz carried inside the 10 and after a sack set the Golden Eagles back outside the 10 before Carroll connected with Raleigh in the back corner of the end zone with 5:03 to go and the extra point gave Gilford the 20-13 lead.

The Sachems responded with their own long touchdown pass of 35 yards but they did not connect on the two-point conversion and Gilford maintained the lead by a 20-19 score inside the final minute of the first half and the game went to the half with Gilford up by one.

Diaz then carried into the end zone late in the third quarter and the extra point went through for the 27-13 lead, which held to the end of the third quarter.

Laconia marched the ball down the field to start the fourth, but another fumble gave Gilford the ball back and Diaz took off on the first play from scrimmage and went 90 yards for the touchdown early in the fourth quarter. The extra point missed the mark but the Golden Eagles were up 33-19.

Laconia responded with a big touchdown pass that covered around 75 yards 15 seconds later and Gilford intercepted the two-point conversion to make it 33-25. The Sachems held the Golden Eagles down and got the ball back and they pushed the ball down the field, eventually scoring with 3:55 to go to cut the lead to 33-31. However, the Golden Eagles held tight the rest of the way and earned the two-point win.

Gilford is scheduled to take on Somersworth on Saturday, Oct. 3, at 1 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

Golden Eagles tee off twice at The Ridge



JOSHUA SPAULDING

Cohen Elliott putts on the eighth hole at The Ridge on Monday, Sept. 21.

BY JOSHUA SPAULDING  
Sports Editor

GILFORD — The Gilford golf team was supposed to compete at Laconia Country Club on Monday, Sept. 21, but the match had to be moved to The Ridge, giving the Golden Eagles two matches on their home course for the week.

The Golden Eagles finished with 73 points

to finish third overall behind Derryfield's 92 points and Prospect Mountain's 86 points while Laconia wrapped up the field with 65 points.

Gilford was led by 20 points from Andy Taylor out of the third spot in the lineup while Cohen Elliott in the fourth spot finished one stroke behind with 19 points from the fourth spot.



JOSHUA SPAULDING

Colton Byars tees off on the ninth hole on Monday, Sept. 21, during Gilford's match at The Ridge.

Colton Byars was third for the Golden Eagles with 18 points from the top spot in the lineup and Rowan Defosses in the fifth spot and Olli Bartlett-Brouillard in the seventh spot both finished with 16 points, with one of those scores counting toward the team score.

Kaden Blouin finished with 15 points out of the second spot in the lineup

and Adam Marceau finished with seven points from the sixth spot.

The Golden Eagles are slated to compete today, Oct. 1, at 3:30 p.m. at Beaver Meadow Golf Course in Concord.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

PETS OF THE WEEK

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Miss Honey is looking for a home that can help her build her confidence one yummy tube treat at a time! She has an adorable meow and loves to be pet by visitors who take a moment to say hello.

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# THE REAL REPORT

## RECENT REAL ESTATE TRANSACTIONS

| Town       | Address               | Type                    | Price       | Seller                                     | Buyer                                      |
|------------|-----------------------|-------------------------|-------------|--------------------------------------------|--------------------------------------------|
| Alton      | 4 Dan Kelley Dr.      | Single-Family Residence | \$685,000   | William L. II and Kathy Jean Woodfin       | Stephanie M. and Howard H. Fugal           |
| Alton      | 148 Old Wolfeboro Rd. | Single-Family Residence | \$480,000   | Charissa Kennard                           | Austin Tremblay and Ashley Robinson        |
| Alton      | Route 28              | N/A                     | \$625,000   | D&M Homes LLC                              | Brian and Tina Montejunas                  |
| Alton      | N/A (Lot 10)          | N/A                     | \$1,325,000 | Jeffrey Boyer                              | F&M Fiscal Trust and Frank W. Furbrer      |
| Barnstead  | 191 North Rd.         | Single-Family Residence | \$522,000   | Taylor J. and Allison Smith                | Jake Erik and Katherine Irene Jensen       |
| Barnstead  | N/A                   | N/A                     | \$425,000   | Second Story Homes LLC                     | Natasha Kierstead and Daniel P. Ventura    |
| Gilford    | N/A (Lot 87)          | N/A                     | \$3,695,000 | Governor Nutmeg LLC                        | Debbi Lyn Trager                           |
| Gilmanton  | 29 Bingham Rd.        | Single-Family Residence | \$600,000   | Mark J. & J.L. Dolim RET                   | S.R. & Tracy L. Lemoine Trust              |
| Gilmanton  | 38 Edwards Dr.        | Multi-Family Residence  | \$109,933   | John McCarthy                              | Richard Eugene and Michele Marion Bushnell |
| Gilmanton  | 209 Lakeshore Dr.     | Single-Family Residence | \$590,000   | Brooks Fiscal Trust and Pamela J. Brooks   | Gabriel and Kristi Lee Griego              |
| Gilmanton  | 40 Skelley Manor Rd.  | Single-Family Residence | \$485,000   | Vincent Segalini                           | Brian and Heather Johnson                  |
| Gilmanton  | N/A                   | N/A                     | \$240,000   | George and Tracy Markwell                  | Thomas and Jennifer Knapp                  |
| Gilmanton  | N/A (Lot 1)           | N/A                     | \$75,000    | Kevin B. Feeney                            | Timothy Moreau                             |
| New Durham | Valley Road           | N/A                     | \$155,000   | Roger R. Levigne Estate and Robert Lavigne | Eric E. Foss                               |

## ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at [www.real-data.com](http://www.real-data.com) or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: [www.thewarrengroup.com](http://www.thewarrengroup.com)

# Gilford middle schoolers run in Moultonborough

BY JOSHUA SPAULDING  
Sports Editor

MOULTONBOROUGH — The Gilford middle school cross country team took part in the John Eisner Invitational last Wednesday in Moultonborough.

For the boys, Travis

Cupples was the top Gilford runner in fifth place in 15:19 with Reed Tichich right behind him in sixth place in 15:24. Kolton Jackman was 12th overall in 17:22, Jackson Dupuis was 13th in 17:24 and Landon White finished in 19th place in 18:42. Lukas



JOSHUA SPAULDING

Vivian Tyler runs for Gilford during the John Eisner Invitational middle school race in Moultonborough last week.

Gucwa placed 22nd overall in a time of 20:15 and Cormac Hogan placed 25th overall in 20:33 to round out the field of Gilford boys.

Vivian Tyler led the Gilford girls in ninth place in 17:41 with Adelyn Dubois in 17th place in 19:59 and



JOSHUA SPAULDING

Travis Cupples leads Reed Tichich during the John Eisner Invitational in Moultonborough last Wednesday afternoon.

Harper Mayo in 18th place in 20:01. Aubrey Armiento placed 31st in 23:25, Liesel Keller was 37th in 25:38, Jillian Brown was 39th in 25:54, Camilla Dubois was 41st in 27:38, Audrey DeHart was 42nd in 27:40 and Nora Clark was 43rd in 28:20.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or [josh@salmonpress.news](mailto:josh@salmonpress.news).

## HIGH SCHOOL SLATE

| Thursday, Oct. 1<br>GILFORD       | Saturday, Oct. 3<br>BELMONT           |
|-----------------------------------|---------------------------------------|
| Cross Country at Belmont; 4       | Boys' Soccer vs. Gilford; 1           |
| Field Hockey vs. Mascoma; 4       | Girls' Soccer vs. Gilford; 11         |
| Golf at Beaver Meadow; 3:30       | <b>GILFORD</b>                        |
| <b>WINNISQUAM</b>                 | Boys' Soccer at Belmont; 1            |
| Field Hockey at Berlin; 4         | Football vs. Somersworth; 12          |
| <b>Friday, Oct. 2<br/>BELMONT</b> | Girls' Soccer at Belmont; 11          |
| Volleyball vs. Winnisquam; 6:15   | Volleyball at Laconia; 11:30          |
| <b>GILFORD</b>                    | <b>WINNISQUAM</b>                     |
| Field Hockey vs. Newfound; 4      | Field Hockey at Laconia; 3            |
| Volleyball at Plymouth; 6         | <b>Monday, Oct. 5<br/>GILFORD</b>     |
| <b>WINNISQUAM</b>                 | Field Hockey vs. Hopkinton; 4         |
| Boys' Soccer at Berlin; 3:30      | Volleyball vs. Hollis-Brookline; 6:30 |
| Cross Country at Mo-nadnock; 6    | <b>Tuesday, Oct. 6<br/>BELMONT</b>    |
| Volleyball at Belmont; 6:15       | Boys' Soccer at Winnisquam; 4         |
|                                   | Girls' Soccer vs. Campbell; 4         |
|                                   | <b>GILFORD</b>                        |
|                                   | Boys' Soccer at Farmington-Nute; 4    |
|                                   | <b>WINNISQUAM</b>                     |
|                                   | Boys' Soccer vs. Belmont; 4           |
|                                   | Field Hockey vs. Stevens; 4           |
|                                   | Volleyball vs. Moultonborough; 6      |
|                                   | <b>Wednesday, Oct. 7<br/>GILFORD</b>  |
|                                   | Field Hockey at Winnisquam; 4         |
|                                   | Girls' Soccer at Pelham; 4            |
|                                   | Volleyball vs. Somersworth; 6:15      |
|                                   | <b>WINNISQUAM</b>                     |
|                                   | Field Hockey vs. Gilford; 4           |
|                                   | <b>Thursday, Oct. 8<br/>BELMONT</b>   |
|                                   | Volleyball at Mascoma; 6:15           |
|                                   | <b>GILFORD</b>                        |
|                                   | Volleyball at Milford; 6              |
|                                   | <b>WINNISQUAM</b>                     |
|                                   | Volleyball at St. Thomas; 5:45        |

All schedules are subject to change.

### BUSINESS DIRECTORY

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SPORTS

Perry, Rawnsley share medalist honors at The Ridge

**BY JOSHUA SPAULDING**  
Sports Editor

ALTON — The Prospect Mountain golf team had a couple of short trips last week, starting with a trip to The Ridge in Gilford on Monday, Sept. 21, before hosting a match at Farmington Country Club on Thursday, Sept. 24.

At the Ridge, the Timber Wolves finished second overall on the day with 86 points behind Derryfield's 92 points and ahead of Gilford at 73 and Laconia at 65.

The Timber Wolves were led by Mike Perry in the second spot in the lineup and Steven Rawnsley in the fourth spot, who shared medalist honors with 24 points each while Gavin Gorton in the top spot in the lineup and Griffin Brown in the seventh spot in the lineup both finished with 19 points to round out the scoring for the Timber Wolves.

Parker O'Brien finished with 13 points from the fifth



**JOSHUA SPAULDING**  
Steven Rawnsley tees off on the ninth hole at The Ridge on Monday, Sept. 21. Rawnsley shared medalist honors with teammate Mike Perry.



**JOSHUA SPAULDING**  
Mike Perry putts on the eighth hole last Monday afternoon at The Ridge. Perry shared medalist honors for the day with teammate Steven Rawnsley.

hind Belmont's 79 points. Kearsarge was third with 69 points and Hillsboro-Deering finished with 60 points.

Gorton in the top spot in the lineup and Rawnsley in the seventh spot both finished with 22 points on the day, which placed them second overall. Perry finished with 18 points in the second spot in the lineup and O'Brien was the final scorer of the day with 11 points from the fifth spot. Brady Glidden in the third spot and Griffin Brown in the fourth spot both finished with nine points and Bryce Lounsbury rounded out the field of Timber Wolves with four points from the sixth spot.

The Timber Wolves are slated to take part in a match at Claremont Country Club on Tuesday, Oct. 6, at 4 p.m.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

HIGH SCHOOL SLATE

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| <b>Thursday, Oct. 1</b><br><b>KINGSWOOD</b><br>Boys' Soccer at Plymouth; 4<br>Field Hockey vs. Merrimack Valley; 4<br><b>PROSPECT MOUNTAIN</b><br>Girls' Soccer vs. White Mountains; 7<br><b>Friday, Oct. 2</b><br><b>KENNETT</b><br>Cross Country at Plymouth; 4<br>Football vs. St. Thomas; 7<br><b>KINGSWOOD</b><br>Cross Country at Plymouth; 4<br>Girls' Soccer at Plymouth; 4<br>Volleyball vs. Hanover; 6<br><b>PROSPECT MOUNTAIN</b><br>Boys' Soccer vs. Kearsarge; 7<br><b>Saturday, Oct. 3</b><br><b>KENNETT</b><br>Boys' Soccer vs. Oyster River; 12:30<br>Field Hockey vs. Berlin; 11<br>Girls' Soccer vs. Oyster River; 11<br>Volleyball vs. Campbell; 12:30<br><b>KINGSWOOD</b><br>Football at Pembroke; 2:30<br><b>PROSPECT MOUNTAIN</b><br>Cross Country Home Meet; 3<br>Football vs. Farmington-Nute; 6<br><b>Monday, Oct. 5</b> | <b>KINGSWOOD</b><br>Field Hockey at John Stark; 4<br>Volleyball at Oyster River; 5:45<br><b>Tuesday, Oct. 6</b><br><b>KENNETT</b><br>Boys' Soccer at Merrimack Valley; 6<br>Girls' Soccer vs. Merrimack Valley; 4<br><b>KINGSWOOD</b><br>Boys' Soccer at Lebanon; 4<br>Girls' Soccer vs. Lebanon; 6<br><b>PROSPECT MOUNTAIN</b><br>Boys' Soccer at Newfound; 4<br>Golf at Claremont CC; 4<br>Volleyball vs. Mascoma; 6:15<br><b>Wednesday, Oct. 7</b><br><b>KENNETT</b><br>Volleyball at Manchester West; 6:30<br><b>KINGSWOOD</b><br>Field Hockey vs. Bow; 6<br><b>Thursday, Oct. 8</b><br><b>KINGSWOOD</b><br>Girls' Soccer at St. Thomas; 6<br><b>PROSPECT MOUNTAIN</b><br>Cross Country at Derryfield; 4<br>Volleyball at Sunapee; 6:15 |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

All schedules are subject to change.

FIELD HOCKEY

(continued from Page A1)

cross in to Coutts and Gilford had a corner chance but could not convert. Walker had another cross in and at the other end, Brynn Blackwelder had a solid defensive stop on a Laconia run. Coutts and Tilley both had shots denied by the Laconia goalie and Tilley sent Mason in on a chance that was denied. Southworth had another shot stopped and Coutts and Mason got in close on the rebound but could not convert.

Gilford doubled the lead to 2-0 with 4:36 to go, as Lyman's shot was blocked and Coutts raced to the ball and put it in the back of the net for the second goal. Fay had a centering pass miss the mark in front and Gilford had a couple of late corners, with Coutts sending a ball wide and the game went to the half with Gilford up 2-0.

Lyman scored just 29 seconds into the second half to put the Eagles up 3-0 and Mason scored with 15 seconds to go in the third quarter and Gilford took the 4-0 lead to the final 15 minutes.

With 6:55 to go in the fourth quarter, Coutts sent a nice ball in front of the net and Baron was there to put it in the net and Gilford was up 5-0. Baron finished off the scoring with 3:09 to go and Gilford took the 6-0 win.

Gilford is slated to be in action today, Oct. 1, at home against Mas-



**JOSHUA SPAULDING**  
Riley Coutts moves the ball during action against Laconia on Friday during Gilford's Homecoming battle with the Sachems.

coma, Friday, Oct. 2, at home against Newfound, Monday, Oct. 5, at home against Hopkinton and Wednesday, Oct. 7, at Winnisquam, all at 4 p.m.

*Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

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Granite VNA offers Healthy Steps for Older Adults in Wolfeboro

WOLFEBORO — Granite VNA is offering Healthy Steps for Older Adults, a falls prevention workshop to help older adults learn how to protect themselves and live a full and active life, free from the fear of falling.

Balance screenings are Thursday, Oct. 22 from 11 a.m. to 12:30 p.m. at Wolfeboro Senior Programs, Pop Whalen — Stretch Room, 390 Pine Hill Rd. in Wolfeboro.

The workshops are being held on Thursday, Oct. 22 from 1-3 p.m. and Thursday, Oct. 29, 1 to 3 p.m. All registered participants must complete a balance screening and attend both workshops.

To register, call (603) 224-4093 or (800) 924-8620, ext. 85664 or visit [www.granitevna.org](http://www.granitevna.org). Registration is required by October 19 and space is limited. Participants must complete a balance screening and attend both workshops.

This program is offered at no charge.

**About Granite VNA**  
Granite VNA is a not-for-profit licensed and certified home health and hospice care provider. The agency serves people of all ages in 72 communities across the Greater Capital Region and Central New Hampshire by providing home care, hospice care, pediatrics and maternal child health services, and wellness programming. The agency has offices in Concord, Laconia and Wolfeboro. Formed through the merger of Concord Regional VNA and Central New Hampshire VNA & Hospice, Granite VNA has served New Hampshire since 1899. For more information about Granite VNA, visit [www.granitevna.org](http://www.granitevna.org).

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Deadline for applications is October 2.

LEGALS

**TOWN OF NEW DURHAM  
ZONING BOARD of ADJUSTMENT  
PUBLIC HEARING NOTICE**

**Tuesday, October 13, 2026**

**7:00 PM at NEW DURHAM COMMUNITY ROOM & ZOOM**

**Timothy H. & Marie A. Perkins**

You are hereby notified that a Hybrid Public Hearing will be held by the New Durham Zoning Board on Tuesday, October 13, 2026, at 7:00 PM for Case #2026-005. The hearing is regarding an application submitted by Thomas W. Varney, PE and Joshua S. Thibeault of Varney Engineering, LLC, on behalf of Timothy H. and Marie A. Perkins for property located at 159 South Shore Road, Map 121, Lot 067. The applicants are requesting Variances to **Article VI. C.3.a.ii.** No privy, cesspool, septic tank, or sewage disposal area shall be constructed or reconstructed: ii. less than seventy-five (75) feet from any well, or from a dwelling other than to which it is appurtenant; and **Article VI.C.3.b.i.** No part of a leach field shall be located less than: i. twenty (20) feet from a property line on a lot less than 80,000 square feet.

The full application is on file at the New Durham Town Offices for review by appointment by calling (603) 859-2091 ext. 2007. You can also contact via email: [ndlanduse@newdurhamnh.gov](mailto:ndlanduse@newdurhamnh.gov)

Makers Mill partners with WorkReadyNH to bring free workforce training to Wolfeboro

WOLFEBORO — Makers Mill is partnering with WorkReadyNH to bring a tuition free professional skills training program to Wolfeboro this fall, giving local residents an opportunity to build confidence and strengthen the skills employers across New Hampshire say they value most.

WorkReadyNH is a program of the Community College System of New Hampshire, developed through conversations with New Hampshire employers and in partnership with the NH Department of Employment Security. Since launching in 2011, the program has served more than 7,500 people across the state.

The program focuses on practical skills that can make a difference in nearly any workplace, including



COURTESY PHOTO

Participants gather for the first session of Makers Mill's new Artists, Growers & Makers Business Lab. This fall, Makers Mill is continuing to expand opportunities for career and skill building through a new partnership with WorkReadyNH, offering free professional skills training beginning Oct. 20.

communication, teamwork, conflict resolution, problem solving and decision making. Participants also strengthen foundational skills such as reading and using workplace documents, interpreting graphical information and applying mathematical reasoning, along with resume writing and preparation for job interviews.

WorkReadyNH is designed for people at many different stages of their working lives. It can benefit someone looking for a job, returning to work after time away, considering a career change, preparing to enter the workforce for the first time, or simply wanting to refresh their skills and feel more confident in the workplace. The program also serves people who are underemployed or already

working and looking to strengthen skills that can help them grow in their current or future roles.

The upcoming program runs Oct. 20 through Nov. 19 on Tuesdays, Wednesdays and Thursdays from 4 to 8 p.m. Tuesday and Thursday sessions will be held in person at Makers Mill, with Wednesday sessions taking place virtually.

Bringing WorkReadyNH to Makers Mill fits naturally

with the organization's mission to help people discover and build their skills and find meaningful ways to put them to use. Along with opportunities to learn by making and doing, programs like WorkReadyNH give people practical tools, greater confidence and new ways to think about what comes next.

Best of all, WorkReadyNH is tuition free, helping make this training accessible to people throughout the community.

Space is limited. Learn more and register at [makersmill.org/workready](http://makersmill.org/workready).

Makers Mill is a nonprofit Community Makerspace and Vocation Hub located at 23 Bay St. in Wolfeboro, offering hands on classes, workshops, shared creative spaces and opportunities to learn, make and connect. Free tours are offered every Friday and the first Saturday of each month at 10 a.m. Learn more at [makersmill.org](http://makersmill.org).

2026

# CASTLE CAR SHOW

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Saturday, October 3<sup>rd</sup>

10:00am - 2:00pm

All show vehicles must be pre-registered. Registrations are limited to 550 vehicles.

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