

Alton Fire Department staff recognized for life saving response

BY ERIN PLUMMER
mnews@salmonpress.news

ALTON — A group of firefighters, EMTs, and paramedics from the Alton Fire Department were recognized for their efforts that saved the life of a man who went into cardiac arrest.

Fire Chief James Reinert and the board of selectmen issued citations to five members of the Alton Fire Department for their work in saving the life of a man who went into cardiac arrest at Alton Central School.

According to the citation, a call came in at 10:37 a.m. on June 9 at ACS for the report of an adult male in cardiac arrest. Reinert read that on- and off-duty personnel



A group of members with the Alton Fire Department received recognition for their response that saved the life of a man who went into cardiac arrest. From left to right: EMT Jessica Griffin, Lt. Landon Baker, Firefighter/Paramedic Brandon Wood, Firefighter/EMT Brandon Rague, Deputy Chief Evan Turcotte, Fire Chief James Reinert, Board of Selectmen Chair Nicholas Buonopane, Selectman Richard Shea, Selectman Drew Carter, and Selectman Paul LaRochelle. Captain Greg Trombi and Paramedic Timothy St. Germain were also recognized, but were not able to attend the meeting. Selectman Andrew Morse is also missing from the photo.

Gilford police see increases in calls, arrests

BY ERIN PLUMMER
mnews@salmonpress.news

GILFORD — Calls, motor vehicle stops, and arrests have seen significant increases according to the police chief and the department has been working on trainings and new equipment.

Police Chief Kris Kelley gave the selectmen a regular update on the Police Department during the board's meeting on July 16.

The department has received 3,000 more calls for service than this time last year and motor vehicle stops are up by 3,000 as well. Kelley said the number of arrests has doubled this year with around 400 as of that meeting.

"Some of this can be attributed to just proactive policing," Kelley said. "We've got a younger patrol staff, they're out there doing their job, and I think its bene overall a success because some of our felonies, our overall crime is down."

Selectman Gus Benavides also noted that the department has been more fully staffed than they have been in the past. Kelley concurred, saying there are more officers on the road and interacting with the public.

The department is now accredited by the New Hampshire Law Enforcement Accreditation Commission. It is now one of four police departments out of the over 225 in the state that have this accreditation. Kelley said the town might see some reduction in its insurance costs with this accreditation, a process that was ongoing.

The department has been working on different training programs.

GPD now has a program where supervisory staff will bring in-house training.

"We've used that model for years to get us seats for most agency training," Kelley said.

They are also putting out a new training series.

First line supervisors got to attend a supervisory training that was set up through Roger Williams University.

Community events have been going well and the current season at Bank NH Pavilion has good so far. Kelley said they have been using K-9 Officer Hootie and his partner Officer Connor Johnson with their Explosive Ordinance Disposal training.

Kelley said they have new bodyworn cameras with new autotagging features.

He said with the previous system officers had to go into the files and tag each video for the offense or the motor vehicle stop to create a retention period for the recordings.

"With this auto-tagging system through Axon, it automatically puts it into that category and creates that timeframe so we don't have to worry about losing a video because an officer forgot to tag it, so that's a positive for us," Kelley said.

The department is applying for a Congressional Spending grant worth around \$272,000. Kelley said it is a long process and competitive, but they're optimistic they can get it.

responded to the scene. Bystanders were performing CPR on the man and emergency responders took over with resuscitation after arriving on the scene.

"Crewmembers started to provide Advanced Life Support procedures for this patient," Reinert read. "While crewmembers were performing ALS care, the patient did obtain a return of spontaneous circulation."

The man was then

transported to Portsmouth Regional Hospital for treatment.

"It is my belief that because of the level of professionalism, quick actions, and, most importantly, the high quality of patient care provided, this patient is expected to make a full recovery," Reinert said. "It is because of those actions that the responding crewmembers are being

awarded this unit citation and merit badges."

Citations and merit badges were presented to Lt. Landon Baker, EMT Jessica Griffin, Firefighter/EMT Brandon Rague, Deputy Chief Evan Turcotte, and Firefighter/Paramedic Brandon Wood. Captain Greg Trombi and Paramedic Timothy St. Germain were recognized but not present at the meeting.

"The level of service this department provides this community and actually neighboring communities everyday...I'm pleasantly surprised what these people, men and women, do for this community," Reinert said. "So, it makes my job easier and I look forward to a long service here in Alton and hopefully they continue as well so thank you."

Alton looks to clear land by Solid Waste Center for future use

BY ERIN PLUMMER
mnews@salmonpress.news

ALTON — Bids will be in soon for a project to clearcut around 19 acres of land by the Solid Waste Center as possible space for future projects.

The town put out a Request for Proposal (RFP) for clearcutting land at 18 Hidden Springs Rd., behind the Department of Public Works. Proposals for the project were due on July 23 and the selectmen will decide on the winning bids at their

next meeting.

During the July 22 selectmen's meeting, Town Administrator Ryan Heath said possibly using the land at Hidden Springs as space for another town facility have been discussed for years and funding for this project was allocated a long time ago.

He said the Capital Improvements Plan committee initially recommended the space as a combined facility, including a public safety building. It

was later determined a public safety building would be cost prohibitive, and the current police station can still be used for years and expand if needed. There was talk about building a new fire station to bring the department closer to town, though the fire department is now looking at renovating the current central station.

Heath said the discussion has moved toward the possibility of a new DPW building

SEE HIDDEN SPRINGS, PAGE A11

Out with the old, in with the new Alumni Field turf getting an upgrade this summer

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — Athletes, fans, coaches and anyone else returning to Kingswood's Alumni Field this fall will notice some impressive changes as the school's turf is getting replaced over the summer months.

"It's going to look really good," said Athletics Director Vaughn Beckwith. "And it's all gone really smoothly."

Beckwith, who just finished up his first year as the head of the Kingswood Athletics Department, gave a lot of credit to the school staff over the years who have cared for the Alumni Field turf, as he was told that it was in great condition considering how much it was used.

"It's a credit to the maintenance people, the old field was taken care of," Beckwith said. "The



The new Alumni Field turf installation has begun, with the end zone nearest McManus Road being put in place last week. The end zones will be grey while the turf will be dark green.

grade was still on the turf and the drainage looked good. Everything was done well the last 15 years."

Beckwith pointed out that over the last 15 years, there were more than 1,200 varsity and

JV games played on the Alumni Field turf and that doesn't include scrimmages, middle school games and other uses, such as graduation.

"We use it a lot," Beckwith noted. "We got

a lot of life out of it and the new one should last just as long."

R.A.D. Sports is doing the work on the field, with the first order of business being tearing out the old turf and they

SEE TURF, PAGE A10

Alton Parks and Recreation Community Connection

Free Concerts at the Bandstand
Summer Concert Schedule: 7-9 p.m. at the Alton Bay Bandstand, Alton Bay

Aug. 2- The Revolutionists- Classic Rock thru Modern Pop; Aug. 9- Bittersweet- Classic Rock; Aug. 16- Chris Bonoli- Soft Rock, Country and Classic Electric Blues; Aug. 22- “Thursday Afternoon Band” sponsored by Water Bandstand Committee; Aug. 23- Saxx Roxx- back by popular demand and Aug. 30- Cool Beans- ‘60’s and ‘70’s Rock.

Alton Old Home Days Craft Fair- Aug. 9 & 10
Celebrate Alton Old Home Days by attending a New England Style Craft Fair on Aug. 9 and 10. The fair will take place at Railroad Square Park in picturesque Alton Bay overlooking Lake Winnepesaukee. Juried vendors will be located inside the Alton Bay Community Center and throughout the waterfront park. All vendor items are handmade by local artisans and include food items, maple products, jewelry, carvings, wooden items, paintings, clothing, linens, pillows, toys, photos, doll items, seashell designs, music, knitted and crocheted items, and much

more. Craft Fair items make unique holiday gifts. Craft Fair hours are Saturday from 9:00a.m.-5:00p.m. and Sunday from 10 a.m.-3 p.m., rain or shine.

Alton Old Home Days 5K Road Race
Co-Sponsored by Meredith Village Savings Bank. Aug. 9 at the Alton Bay Bandstand, 9 a.m. USATF Certified Course through Alton. Computerized timing with bib chip; results posted online. Scenic, slightly varied course, flat/downhill with one moderate incline, paved. Prizes, refreshments, water stops, traffic control and raffle for racers. Forms and map available at www.alton.nh.gov or register online at <https://runsignup.com/Race/NH/Alton/AltonOldHomeWeek-5KRoadRace>. Register race day from 7:30-8:30 a.m., \$25, cash only.

Old Home Days Firemen’s Chicken BBQ
The Alton Firemen’s Association is sponsoring their annual (and famous) Chicken BBQ on Saturday, Aug. 10, starting at 4:30 p.m. at the Central Fire Station. \$15 per person, and will last until it’s sold out. Parking is available at Mill Pond for eat in or drive through and pick

up your meal to go.

Old Home Days Battle of the Badges Softball Game
The Alton Fire and Police Departments are playing their annual Old Home Days Softball Game on Sunday, Aug. 10 at noon at Little Fenway at Jones Field Park located on the Letter S Road. Stop by and cheer on your favorite local hero, this is a great event and fun for the whole community. Food will be available for purchase.

Old Home Days Cribbage Tournament
Alton Parks and Recreation is sponsoring a free Cribbage Tournament on Sunday, Aug. 10, starting at 1 p.m. at the Alton Bay Land Bandstand, weather permitting. Tournament seating is limited so please arrive early to guarantee a spot. Prizes will be awarded to top finishers. A special thank you to Ruth Arsenault for leading this fun event. For more information contact Alton Parks and Recreation at 603-875-0109 or parksrec@alton.nh.gov.

Zentangle Creation Night- Aug. 25
Alton Parks and Recreation is hosting BB Art Studios with a premier Zentangle Event for adults 18 and older on Monday, Aug. 25 at the Pearson Road Community Center from 6-7:30 p.m. with instructor Barbara Bourque. Have you ever been stressed? Did you know that art is a fantastic way to diffuse some of that? Zentangles may be just what you need to escape for a bit. Join us for a fun and relaxing evening of creating, and learning how to leave some of your stress behind through art. If you have ever doodled, you can definitely Zentangle. This is something for everyone, and something you can do whenever you want (or need!). Art examples are posted on the Parks and

Recreation Facebook page. All supplies and professional instruction included, \$20. Please contact Alton Parks and Recreation parksrec@alton.nh.gov or 603-875-0109 by Aug. 19 to register. Pay by Venmo to BB Studios @ Barbara-Bourque-1 by Aug. 19 or bring check/cash to 328 Main St.

Pick Up Pickleball Games
Pick up Pickleball games are being held on Tuesdays and Thursdays from 8 a.m.-noon at the Liberty Tree Park Tennis Courts. Beginners are welcome, bring your own equipment. Sign up online <https://www.signupgenius.com/go/8050D4FA8AF2CA5F85-54716680-pickup>. Courts are located behind 65 Frank C. Gilman Highway. Parking is across the street next to Mill Pond and by the Water Department. For more information, contact parksrec@alton.nh.gov.

Line dancing lessons
Line dancing lessons with Jane Corbett will be held on Thursdays through mid-October from 1-2 p.m. for beginners, and 2:10-3:10 p.m. for experienced dancers at the Alton Bay Community Center. Adults of all ages and abilities are welcome, \$15/season. Register on site.

Pilates Classes in Alton Bay- Tuesdays and Thursdays
The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/register contact Donna at breathepilates1@yahoo.com or parksrec@alton.nh.gov.

Free Soccer Program for Ages 2-7
Alton Parks and Recreation is sponsoring a free soccer program for ages two to seven led by the Kingswood Boys Varsity Soccer Coach and a group of awesome volunteers for Alton residents and surrounding Towns. The free Soccer Program will be held on Sundays at Alton Central School from Sept. 7-Oct. 19, 9-10 a.m. Cleats and shin guards are optional, bring your own. Uniform shirts will be provided to participants that register by Aug. 18. Register in person at the Parks and Recreation office or online at www.alton.nh.gov. Contact Alton Parks and Recreation at 603-875-0109 or parksrec-asst@alton.nh.gov for more information.

Soccer Cleat Swap- Check it out
Used soccer cleats in good condition, and in various sizes are available at the Alton Parks and Recreation Department located at 328 Main St., Monday- Thursday 7 a.m.-4:30 p.m. Before you purchase new cleats for this season check out what is available for free. For more information contact Alton Parks and Recreation at 603-875-0109 or parksrec-asst@alton.nh.gov.

Little Lake Explorers Playgroup
Join the Little Lake Explorers playgroup on Mondays at the Alton Bay Community Center from 9-11 a.m. This free program is open to all children newborn to seven years of age and their parents. Activities include free play, snack time, story time, music and more. Parents must stay and supervise their child during the program and are asked to bring a peanut free snack for their child. Please pre-register by the Wednesday before each meeting at littlelakeexplorersalton@gmail.com. Drop ins are also welcome. For more infor-

mation, contact Alton Parks and Recreation at parksrec@alton.nh.gov.

Alton Celebrates Old Home Days
Alton Old Home Days is Aug. 9 and 10 in Alton Bay. Activities include:

Saturday, Aug. 9
5K Road Race- Race day registration 7:30-8:30 a.m. at Alton Bay Bandstand; Race starts at 9:00a.m.
Old Home Days Craft Fair- 9 a.m.-5 p.m. Railroad Square Park.
Vintage Boat Show- 9 a.m.-noon, Public Boat Docks.
Main Street Parade- 11:30 a.m.- Starts at the Letter S Road and ends in Alton Bay.
Firemen’s Chicken BBQ- Held at Central Fire Station. Starts at 4:30 p.m. and lasts until sold out, \$15 per plate.
Bittersweet Band Concert, a local favorite, playing classic rock- 7-9 p.m., Alton Bay Bandstand.

Sunday, Aug. 10
Old Home Days Craft Fair- 10 a.m.-3 p.m. Railroad Square Park.
Battle of the Badges Softball Game- Alton Fire vs. Alton Police Department- noon. Little Fenway at Jones Field, Letter S Road.
Cribbage Tournament- 1:00p.m. Alton Bay Bandstand. Arrive early to get a seat in the game.

Concert Sponsored by Water Bandstand Committee
The Water Bandstand Committee is sponsoring a live concert on Friday, Aug. 22 from 7-9 p.m., featuring “The Thursday Afternoon Band.” The concert will be at the Alton Bay Land Bandstand with classic rock music.

Alton Bay Water Ski Show
Sponsored by the Water Bandstand Committee
Aug. 23 — Water Ski Show at 3 p.m. in Alton Bay.



www.ToomeyConstructionCompany.com
P.O. Box 1
Center Sandwich, N.H. 03227
603-707-9448
"Building your Heritage"



**Sweeps • Stonework
Brick Repairs • Liners
Caps • Installations
Fire Place Makeovers**



603-520-7217

BETTER BUSINESS BUREAU
Fully Insured

Forest Pump & Filter Co.
Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

**WELL DRILLING PUMP SYSTEMS
FILTERS**

Family Owned Business for 40 Years

**CALL FOR SERVICE
FOREST PUMP & FILTER CO., INC.
603-332-9037**

Barnstead resident named to Clark University's Spring Dean's List

W O R C E S T E R , Mass. — Emalee R. Bunker of Barnstead

was named to second honors on the Clark University Dean's List. This selection marks outstanding academic achievement during the Spring 2025 semester.

Students must have a GPA of 3.8 or above for first honors or a GPA between 3.50 and 3.79 for second honors. Founded in 1887, Clark University is a liberal arts-based re-

search university that prepares its students to meet tomorrow's most daunting challenges and embrace its greatest opportunities. Through 33 undergraduate majors, more than 30 advanced degree programs, and nationally recognized community partnerships, Clark fuses rigorous scholarship with authentic world and workplace experiences that empower our students to pursue lives and careers of meaning and consequence.



NORTH COUNTRY COINS, LLC
BUYING • SELLING • APPRAISALS
Est. 1989
WWW.NCCNH.COM
TUES - FRI 10 - 5 • SAT 10 - 3

HIGHEST PRICES PAID
All US and foreign silver and gold coins, estate jewelry, scrap gold, diamonds. Free oral appraisals.
NORTH COUNTRY COINS.
Main St., Plymouth, NH 536-2625.

Up next at Village Players: Auditions for “Sweeney Todd”

WOLFEBORO — Continuing Village Players’ extraordinarily strong 2025 season, auditions for “Sweeney Todd” are Sunday, Aug. 10 and Monday, Aug. 11 at 7 p.m.

The Tony Award-winning mu-

sical and deliciously macabre movie by Tim Burton with Johnny Depp, “Sweeney Todd” is the story of the demon barber of Fleet Street. Opening on Halloween and continuing through Nov. 9, it will be appropriately produced amidst

the eerie shadows of fall.

The show tells the tale of an unjustly exiled barber who returns to London seeking vengeance on the lecherous judge who framed him and ravaged his wife. The music and lyrics by Ste-

phen Sondheim offer actors opportunity to cultivate the full range of their vocal talents while recreating the dark underbelly of Victorian England and the inhumanity of man.

Auditions will be held for the produc-

tion’s 10 named roles and a large ensemble. All actors are asked to prepare a song of 30 seconds to one minute that demonstrates their vocal range, and will be asked to read from the script. Please note that rather than singing something ‘safe’ like “Happy Birthday,” auditioners are asked to select a musical theatre song (it does not need to be from this show) that will truly show the production team what they are capable of vocally. Complete details are available at www.village-players.com/

sweeneytodd.

Says director Paul Stewart, “I have always wanted to do this show and believe that this is the moment our Village Players and our talented theater friends from across the state can produce its best production ever!”

The Village Players is a non-profit community theater located at 51 Glendon St., Wolfeboro. It welcomes onstage and non-stage participants of all ages. Visit www.village-players.com to learn more.

St. John’s-on-the-Lake welcomes Rev. John Bethell this Sunday

MEREDITH — On Aug. 3, St. John’s-on-the-Lake welcomes the Rev. John Bethell. The Lord’s Supper will be served.

The Reverend John C. Bithell, a New York City native, spent summers in New Hamp-

shire before becoming a permanent New Hampshire resident a few years ago. He is an Episcopal priest currently serving as the chaplain of the Laconia Fire Department and the owner of a frame shop in downtown Laconia.

St. John’s is a summer chapel located on Bear Island on Lake Winnepesaukee, built in 1927 of island stone. Stained glass windows and a birch communion table add to its rustic charm. It can be reached from the docks

in Deep Cove; for the boat taxi, contact bear.island.church.ferry@gmail.com. All are welcome, as are well-behaved dogs. For more information, see our Web site, www.stjohnson-thelake.com.

Alton’s Park of the Week: B&M Park

ALTON — Located at 13 Depot St. (behind Town Hall), B&M Park offers many amenities for locals and visitors of Alton. These include a toddler playground, wetlands boardwalk, horseshoe pit, linked walking trail, picnic area, benches, historic train buildings and a caboose.

B&M Park was orig-

inally the site of a busy railroad hub from 1849-1942. Some of the original buildings utilized still sit in or adjacent to the park. For example, you can find the J. Jones & Son Freight building and the smaller freight building next to the caboose at the park today. The Loon Cove Station building was moved to the park in

2009.

The blue caboose that sits on the small portion of tracks was built in 1921 at Laconia Car Works and was moved to the land in the early 1990’s from Portsmouth. In the mid 2000’s, it was moved again from its temporary spot and placed on the tracks that sit next to the small freight building.

In 2011, B&M Park was

named New Hampshire’s Best Little Park by The New Hampshire Magazine.

If you’re a history buff, or just want to enjoy a nice park, come on down to Alton’s Best Little Park. For more information on B&M Park and its amenities, contact Alton Parks and Recreation at (603) 875-0109 or parks-rec-asst@alton.nh.gov.



Bill Jedrey's Painting
Ossipee, NH
603-651-6639
Insured

Free Estimates
Reasonable Rates
Interior • Exterior
Power Washing
EPA Certified

We work weekends so you don't have to!



SCHWARTZBERG LAW
EXPERIENCE THAT MATTERS

*We provide the tools to pass on
your property
and your wisdom
to the ones you love.*

*Wills... Trusts...
Family Law... Probate*

572 Tenney Mountain Hwy, Plymouth, NH 03264
603-536-2700 | www.NHLAWYER.NET
oralaw@gmail.com



This is how you say it's going to be okay.

Every 8 minutes the American Red Cross responds to a disaster and makes this promise. This holiday season, you can help us keep it.

Donate today at redcross.org

American Red Cross

On The Green



Rain or Shine Under Canopy

Arts & Crafts Festival
Aug 8-10
Fri 10-5
Sat 10-5
Sun 10-4

Chainsaw Demo
Live Music:
North River

100+ Exhibitors!!!

DeWolf Field, Brewster Acad.
80 Academy Drive, Wolfeboro NH
www.joycescraftshows.com • (603) 387-1510
Benefits Brewster Acad. Scholarships

Forest Pump & Filter Co.

Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

WELL DRILLING **PUMP SYSTEMS**
FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE
FOREST PUMP & FILTER CO., INC.
603-332-9037



CAUTION

Drivers

YOU HOLD THE KEY TO OUR CHILDREN’S FUTURE

Each year, thousands of schoolchildren are killed or injured by automobiles. Remember, you hold the key to their safety and future in your hands.

Please drive carefully.

JANOME  **Husqvarna VIKING** 

Expert Repairs
Done on Site

VACUUM CLEANERS • SEWING MACHINES
SALES • SERVICE • PARTS



Sewing Machines
& Sons, Inc.
Vacuum Cleaners
Since 1935

100 Chestnut Hill Rd., Rochester, NH
603-332-5572 • 800-439-3395
www.auger/sons.com

We Will NOT be Undersold

The soundtrack of our lives

You're driving home late one night, tired but wired, and then it happens. That one song — your song — comes on the radio. Maybe it's Whitney, or Nirvana, or A Tribe Called Quest, or that one-hit wonder from your senior year. Suddenly, you're not in traffic anymore. You're back in your first car, windows down, summer air thick with possibility. You're 16, or 18, or 21, and for a moment, you feel it all again. That moment is science.

According to neuroscience research, the music we listened to in our adolescence and early adulthood (roughly ages 12 to 25) gets deeply embedded in our emotional memory, thanks to the way our brains are wired during those formative years. It's a phenomenon sometimes referred to as the "remembrance bump" a window of time where memories are more vivid, and experiences (especially those connected to emotion and identity) leave a lasting imprint.

When music enters the scene during that stretch of life, when you're first falling in love, figuring out who you are, and building your independence it becomes more than just background noise. It becomes part of your personal identity. So, decades later, when you hear that track again, it doesn't just spark a memory, it lights up the emotional centers of your brain, releasing dopamine, triggering nostalgia, and often bringing comfort and joy.

Nostalgia gets a bad rap, like it's some kind of wistful indulgence. But it's actually good for you. Studies show that nostalgic experiences (including music-based ones) can increase feelings of connection, meaning, and optimism. They act as a psychological time machine, reminding you of who you've been and helping you reconnect to the parts of yourself that still matter.

Your favorite music from your youth isn't just "old school." It's a form of self-preservation. A reminder of your wildness. Your hope.

So, when you hit play on that mixtape in your mind, know this: you are not stuck in the past. You are drawing strength from it.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.



COURTESY
Congratulations to these two awe-inspiring Literary Littles, Lenny and Harvey, for completing the 1,000 Books Before Kindergarten challenge at the Oscar Foss Memorial Library in Barnstead!

LETTERS FROM EDWIN

Birderus

All of a sudden, the number of animals outside my windows seem to have exploded. Oh there's all the usual critters, but there are now others that you hardly ever see. Like the mother porcupine and her little one. Tonight I looked out to see a new face wandering up out of the woods. It was an opossum. I watched it for a couple of minutes, then it wandered off out of sight. It'll be back.

A while back, I noticed a pair of Bluebirds checking out the vacant birdhouse. But then they disappeared. I didn't see them again till a couple of weeks ago. They were highly illusive to me, totally unlike the last residents. Today I saw them with three or four offspring, flying around. I didn't even know they were using the house. I never saw them bringing food to it or anything. Speaking of food, another thing I did notice was that Bluebirds like Blueberries. My competition for them has greatly expanded.

Today, there were a number of Goldfinches, and I saw a small bird with a streak of red fly

by. It wasn't a Cardinal, I could tell that much, but I didn't get a good enough look to make a definite identification. All these birds seem to like my not so mowed lawn. I'll take that hint.

Right now, there are two families of birds using my arbor as a meeting spot for their flight training, the Finches and the Blues. While working in the garden, they were ever present. When I went over to the shed for a tool or something, a Bluebird would alight from the house when I got a certain distance away. Could she be sitting on another set of eggs already?

The days are already visibly getting shorter. Sunrise and sunset are moving closer together, and I'm just getting my garden planted. That's the way it's been lately. Harvest still happens.

Today, I was once again working out at a lake house. One of the things that I did was to plant some flowers. I look and see large patches of these flowers in my yard growing naturally. God planted them, for I certainly didn't. And no one else did. Who else can I thank?

Another thing I did today was to kill. It's a dichotomy kind of thing. She goes to great lengths to have beautiful flowers, but in order to keep them all nice, she needs to spray every unwanted plant with a proven cancer causing chemical that is majorly used on most of the food we all see in the stores. There couldn't be anything wrong with handling that stuff could there? What do you think?

Her shelves in the garage are full of murderous chemicals. Plants aren't the only targets. Insect and bug sprays of all kinds are there too. We certainly do work hard at not living peaceably with our surroundings, don't we?

I was working out in the garden this weekend and while I was moving pieces of wood holding down a tarp, I felt some stinging on my left ankle. Yep, hornets. I stopped what I was doing and threw the piece of birch away from the garden and stood their as the bewildered creatures flew all around me. I only got stung twice, the two initial indicators, and since I wasn't acting aggressively, they just kept fly-

ing around, looking for their nest. I didn't have it.

I continued working in the garden with them constantly searching the area, some even landing on me. I knew enough to keep cool, ignore them, and wasn't stung again. I have bug spray in my truck in case I encounter some real aggressive ones, but so far, I haven't needed to use it.

Imagine my surprise when I looked up to see a female Cowbird hanging into the entrance of the birdhouse. Didn't it know that there were Bluebirds living there. I guess it isn't only us at the top of the food chain that trespass and steal. I grabbed my bird book looked up and read up on Cowbirds and found out that they were known to place their eggs into other birds' nests. Well, I'll be darned, other creatures into surrogate motherhood. We should be so caring for our offspring. Later I saw mama Blue taking off from the house so she's still engaged. What a crazy mixed up world. Ain't it wonderful?

E.Twaste

Correspondence welcome at edwintwaste@gmail.com

NOTES FROM WINDY HOLLOW

Kindness abounds

BY VIVIAN LEE DION
CONTRIBUTING WRITER

Along the way in attending to my husband's needs, I have met some wonderful people especially when it pertains to his comings and goings with doors. I have been taught many lessons too. It's not how fast you can get through the door but compassion and understanding for a disabled patient, friend or husband that the slow way is the best way. We always say, "Thank you" or "How kind of you to help us."

"In mid-June," writer Jeff Minick explains, "I traveled south to attend the funeral of an in-law,

a man and a friend I'd known for 30 years. On the night before the funeral service, while waiting for the evening visitation to begin, I happened to encounter the office administrator of the funeral home. This 30-something woman was as polite as could be, and her demeanor and face struck me as kind. It occurred to me that she was an ideal candidate to ask about this question of joy. After I'd briefly explained my writing project, we sat together, and I asked her what joy, if any, she took from her work. She thought for a long moment, then said, "I view this job as a min-

istry to help people at one of their lowest points that we all will face. It's a hard job and challenging, but there is joy that comes from knowing you helped someone as much as possible through a hard time."

She continued after pausing few seconds, "You can be joyful, but not necessarily happy."

My grocery shopping list was long, and Ray always parked in the right hand side of the parking lot away from other cars and traffic. As I pushed the cart to the vehicle I noticed a lady waiting for a ride with her groceries. She smiled and said, "You

looked overwhelmed and I'm just standing here waiting from my ride. Let me help you put your bags in the trunk." I was so pleased that the lady helped me. It only took a few minutes to say, "Thank you so much." I will help someone else who looks like they could use a helping hand.

Jeff Minick continued his writing with the following phrase, "Respect for others, kindness, and service: These are components in that invisible force we call joy."

Vivian Lee Dion of New Durham is a writer and speaker.

TO PLACE AN AD:

ADVERTISING EXECUTIVE

Tracy Lewis

(603) 575-9127

tracy@salmonpress.news

SUBSCRIPTION SERVICES:

KERRI PETERSON

603-279-4516 x303

kerri@salmonpress.news

TO PRINT AN OBITUARY:

E-MAIL:

obituaries@salmonpress.news

CALL: 603-677-9084

TO SUBMIT A LETTER

TO THE EDITOR:

E-MAIL:

E-MAIL: brendan@salmonpress.news

This paper is published weekly by
Salmon Press, P.O. Box 729,
5 Water St., Meredith, NH 03253.
ISSN: 1945-5836. USPS 024921
periodicals postage paid at Meredith,
NH 03253. POSTMASTER:

Send address changes to Salmon

Press, P.O. Box 729,

Meredith, NH 03253.

USPS 024967

The Gifford Steamer is published weekly
by Salmon Press, P.O. Box 729, 5 Water
St., Meredith, NH 03253. Periodicals,
postage paid at Meredith, NH 03253.
POSTMASTER: Send address changes to
the Gifford Steamer, P.O. Box 729, Meredith,
NH 03253.



PRESIDENT & PUBLISHER

FRANK G. CHILINSKI

(603) 677-9083

frank@salmonpress.news

BUSINESS MANAGER

RYAN CORNEAU

(603) 677-9082

ryan@salmonpress.news

OPERATIONS DIRECTOR

JIM DiNICOLA

(508) 764-4325

DISTRIBUTION MANAGER

JIM HINCKEY

(603) 677-4516

EDITOR

JOSHUA SPAULDING

(603) 941-9155

josh@salmonpress.news

MANAGING EDITOR

BRENDAN BERUBE

(603) 677-9081

brendan@salmonpress.news

PRODUCTION MANAGER

JULIE CLARKE

(603) 677-9092

julie@salmonpress.news

August offerings at the Gilman Library

ALTON — Thursday, Aug. 7 at 1 p.m.: Theater Thursday Movie Matinee. Classic movies are shown on the first Thursday of each month. Entrance is free. Get a free beverage and snack, and a free door prize raffle ticket. For more info, call the library at 603-875-2550 or visit our website at gilmanlibrary.org/theater-thursdays.

Thursday, Aug. 7, 3 p.m.: Friends of the Gilman Library Meeting. The Friends meet on the first Thursday of each month in the Friends Corner. Come and join the Friends, be a Friend, and bring a friend, too.

Gilford police log

GILFORD — The Gilford Police Department reported the following arrests from July 15-24.

Jacob Adam Jason, age 38, was arrested on July 16 in connection with a warrant.

David Andrew Lavoie, age 43, was arrested on July 19 for Obstructing Government Administration, operating a motor vehicle after suspension of registration, and in connection with multiple warrants.

Jacob Andrew Crossman, age 20, was arrested on July 19 for Unlawful Possession of Alcohol and the Manufacture and/or Possession of a False ID. Kevin Scott Dibona, age 20; Ava Hosmer, age 20; and Abby Elizabeth Davis, age 20, were arrested during the same incident for Unlawful Possession.

Vanessa Isabell Flanders, age 20, was arrested on July 19 for Unlawful Possession of Alcohol and Disobeying an Officer.

Marcus James Spadaro, age 18, was arrested on July 19 for Unlawful Possession of Alcohol.

Nathan Jay Richardson, age 23, was arrested on July 19 for Criminal Mischief and in connection with a warrant.

Elizabeth R. Begin, age 50, was arrested on July 20 in connection with a

Saturday, Aug. 9: Conclusion of Summer Reading 2025. The “Color Our World” Summer Reading Program concludes on Saturday, Aug. 9. Hurry in to report your reading hours to get your tickets for the Reading Raffle. You earn one ticket for every hour of reading and also for completing the various Color Our World challenges. It is not too late to complete your Color Palette sheet.

Tuesday, Aug. 12 at 7 p.m.: Author Visit at Alton Book Chat. The public is invited to attend a special program with New Hampshire True Crime Writer, Milli Knudsen, at

warrant.

Theo Oliver Myer Fahlgren, age 18, was arrested on July 22 for Unlawful Possession of Alcohol and Possession and/or Use of Tobacco Products by a Minor.

Kellie McEvoy, age 60, was arrested on July 23 for failing to obey a flagperson.

Jillian E. Polansky-Mercier, age 38, was arrested on July 23 in connection with a warrant.

A 62-year-old female was taken into protective custody on July 23 for Simple Assault resulting in Physical Contact or Bodily Injury, Resisting Arrest or Detention, and intoxication.

A 41-year-old male was taken into protective custody on July 23 for intoxication and multiple counts of Simple Assault resulting in Physical Contact or Bodily Injury and Resisting Arrest or Detention.

Brian James Garofalo, age 53, was arrested on July 23 for Criminal Trespassing.

A 34-year-old male was taken into protective custody for intoxication on July 24.

Two males, aged 63 and 30, were taken into protective custody for intoxication on July 24.

Alton Book Chat. She will be discussing her latest book, “Murder and Mayhem: True Crime in New Hampshire 1883-1915 (2024).”

Tuesday, Aug. 26: from 5 to 7 p.m.: Hawaiian Lap Steel Guitar Training with “Danny K. Kila.” Alton's Daniel Tremblay will be conducting a training session from 5

Gilford Public Library Classes & Special Events July 31 - Aug. 7

Thursday, July 31
Geri Fit, 9-10 a.m.
Fun and Fitness With Joyce, 10-11 a.m.

T(ween Drop-In: Reading Dragons Battles, 10 a.m.-4 p.m.
French Club, 4-5 p.m.
Tom Knight: Musical Puppet Show, 4-5 p.m.
Come watch an amazing musical puppet show starring Tom Knight!

Book Discussion: “Hidden Mountains,” 5:30-6:30 p.m.

This month's book is “Hidden Mountains” by Michael Wejchert. Led by Rhett; books are available at the front desk.

Friday, Aug. 1
Senior Sculpt, 9-10 a.m.
Bridge, 10 a.m.-noon
Radiant Summer Flow, 10-11 a.m.

T(ween Drop-In: Reading Dragons Battles, 10 a.m.-4 p.m.

Hand & Foot, 12:30-2:30 p.m.

Happy Crafters, 1:30-2:30 p.m.

Advanced Conversational German, 2:30-3:30 p.m.

Lower Intermediate

to 7 PM on Tuesday, Aug. 26, for those interested in learning how to play the Hawaiian lap steel guitar. He will have several instruments available for the hands-on practice portion of the program.

New books and videos: Gilman Library patrons and community members have stepped up to the plate to provide some

Line Dancing, 4-5 p.m.
Beginner Line Dancing, 5:15-6:15 p.m.

Saturday, Aug. 2
Beginner Line Dancing, 10-11 a.m.

Monday, Aug. 4
Fun and Fitness With Joyce, 9-10 a.m.

Baby Storytime, 10-11 a.m.
Mahjong, noon to 3 p.m.

Tuesday, Aug. 5
Geri Fit, 9-10 a.m.
Senior Sculpt, 10-11 a.m.
Bridge, 10 a.m.-noon
Volunteer Luncheon, 12:30-1:30 p.m.

Intermediate Line Dancing, 2:30-3:30 p.m.

Wednesday, Aug. 6
Senior Stretch Yogaah!, 9-10 a.m.

Card Games, 10 a.m.-noon

Check out an Expert, 10 a.m.-noon

Mediterranean Eats: Your Pathway to Wellness, 10:30-11:30 a.m.

Join your Hannaford Dietitian to learn the benefits of the Mediterranean Diet. Often considered more of a lifestyle, the Mediterranean diet

excellent quality donations of books and videos to supplement our pared-down budget during these difficult times. New additions to the collection include Fiction by Larry Bond, Ben Coes, Preston & Child, and Matthew Quirk. We have also purchased some newly released DVDs, including “Cleaner,” “Elevation,”

encourages foods which may help lower cholesterol, assist in weight management, help stabilize blood sugars and boost cognitive function among other benefits.

Paint Group, 1-3 p.m.
Meditation Class, 4:50-5:30 p.m.
Join Carol and Dottie for a journey into meditation. What is meditation really? Why do people meditate and why might you want to? What are the proven health benefits of regular practice? How can you build a meditation practice to fit your lifestyle? You'll learn simple techniques, try guided imagery and gain practical tools to begin or deepen your personal practice.

Thursday, Aug. 7
Geri Fit, 9-10 a.m.
Fun and Fitness With

and “Monster Summer,” and Season 7 of “Outlander” and Season 5, part 2 of “Yellowstone.” Come on in and see what else we have.

Remember that you can also get the latest eBooks and audiobooks for free through your Libby app, using your Library card. See you at the library.

Joyce, 10-11 a.m.

French Club, 4-5 p.m.
Squam Lakes Science Center, 4-5 p.m.

Squam Lakes Science Center will be bringing beautiful animals to show us!

Book Discussion: “Hidden Mountains,” 5:30-6:30 p.m.

“Hidden Mountains” is a masterfully layered and deeply moving book that takes us to the heart of human adventure -- and to the devastating sorrow that sits alongside the beauty of risk. Come and listen to Michael Wejchert tell about his amazing adventure.

LOW COST SPAY/NEUTER

Rozzie May

Animal Alliance, cats and dogs.

Cat Cab service available.

Military discounts.

Sign up on line
www.rozziemay.org
or call 603-447-1373

Stone Wall Repair

Fieldstone/Granite
35 years experience

Tony Luongo

603-707-2727

Gilford Public Library Top Ten requests

1. “The Hamptons Lawyer” by James Patterson
2. “The Correspondent” by Virginia Evans
3. “The President’s Shadow” by James Patterson
4. “The First Gentleman” by Bill Clinton & James Patterson
5. “The Frozen River” by Ariel Lawhon
6. “Finders Keepers” by Stuart Woods
7. “The River is Waiting” by Wally Lamb
8. “Don’t Let Him In” by Lisa Jewell
9. “Rage” by Linda Castillo
10. “Nightshade” by Michael Connelly

Church Service SCHEDULE

ABUNDANT HARVEST FAMILY CHURCH
Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, 254 Main St., Union.
Pastors Daniel and Sherrie Williams, 473-8014.
For more information, please visit abundantharvestnh.org or e-mail ahfc@faith.com.

ALTON BAY CHRISTIAN CONFERENCE CENTER
Sundays throughout the summer 10am & 7pm, 875-6161.

BEFREE COMMUNITY CHURCH, ALTON
Alton-9:30 a.m. Sun. Meeting at Prospect Mountain High School, Pastor Ben Rude, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN CHURCH
Worship Service 10:00am
Bible Study 11:15am
Rte 126 next to Town Hall
Call or Text (603) 269-8831
centerbarnstead.org

CHRISTIAN COMMUNITY OF PRAISE C.C.O.P
PRAISE GATHERING
We will not be meeting for the rest of July. Resuming regular summer schedule on August 2nd (Saturday evenings at 5:30pm)
The Gilman Community Church
1803 NH Route 140, Gilman Ironworks, NH
ccp@praisegathering@gmail.com

COMMUNITY CHURCH OF ALTON
Pastor Janet Gaudy
10am Worship service Sunday 30 Church St. Alton
(603) 875-5561
www.ccualton.com

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD, UCC
Sunday School and Worship Services
Rev. Kate Kennedy
603-776-1829
Our services are in person at 504 North Barnstead Road, Center Barnstead, NH and live-streamed on Zoom, Sundays at 10 a.m.
ccnorthbarnstead.com

FIRST CONGREGATIONAL CHURCH OF FARMINGTON
Worship Service: 10:00 AM
Sunday School: 10:15 AM Sept. To June
490 Main Street
Farmington, NH 03835
www.farmingtonuhcucc.org

FIRST BAPTIST CHURCH OF NEW DURHAM NH
Sun. School 9:30am; Church 10:30am; Evening Service 6pm;
Wed. Prayer Meeting 7pm. Depot St., New Durham;
Pastor Ryan Blackford

JOY CHURCH
55 Barnstead Road
Pittsfield, NH 03263
Sunday Celebration 9:30 am
Prayer Night- 1st Wed of every month 6:30 pm
Pastors Mike & Kathy Marvitz
joychurchnh.com

PARADE CONGREGATIONAL CHURCH OF BARNSTEAD, N.H.
on the Parade in Barnstead
Sunday Morning Worship Service for all ages begin at 9:00 a.m.
Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings
Pastor Sandy Peterson - 483-2846

ST. KATHARINE DREXEL
40 Hidden Springs Rd., Alton, 875-2548
Father Robert F. Coks, Pastor.
Mass Saturday 4pm;
Sunday 8:30 & 10:30am;
Daily Mass Mon., Tues., Wed., Fri. 8:00am.

ST. STEPHEN'S EPISCOPAL CHURCH
Sunday 9:30, 50 Main St., Pittsfield
Rev. Miriam Acevedo with Rev. Stephen Ekerberg
www.ststephenspittsfield.com

UNITED METHODIST CHURCH
Rt. 171 at Tuffinboro Corner.
Sunday services 10:30 am. Church 603-539-8058

UNITARIAN UNIVERSALIST SOCIETY OF LACONIA
Sunday services and religious education 10:00 a.m.
All are welcome.
172 Pleasant St. Laconia • 524-6488 • uusl.org

MAPLE STREET CHURCH
Sunday Service 11am
96 Maple Street, Center Barnstead NH 03225



Baker-Gagne Funeral Home

Cremation Service

Pre-Arrangements - Traditional Funerals
Simple Burials - Cremation Services
Monument Company

F. Rick Gagne - Funeral Director
Mill Street, Wolfeboro, NH 603-569-1339
Route 16, West Ossipee, NH 603-539-3301

(800) 539-3450
baker-gagnefuneralhomes.com



Speedy Wash n Go Laundromats



ALSO OFFERING
WASH-DRY-FOLD

By appointment
DROP OFF
AND PICK UP

3 CONVENIENT LOCATIONS

7 School Street, Alton
Open Daily 7 am to 9 pm

8 Church St, Belmont
Open Daily 7 am to 9 pm

46 Center Street, Wolfeboro
Open 24/7

603-498-7427

Business Account Discounts
CALL 603-948-5070 FOR DETAILS

AIR-CONDITIONED

Clean - Bright - Friendly
! From Single load machines
to 60 pound machines !

Accepting: Cash, Credit, Debit and Loyalty Cards
Website- Speedywashngo.com
E-Mail Speedywashngo@gmail.com
All laundromats have 24 hour video surveillance.

Like Us On 

CALENDAR GIRLS

Based on the Miramax motion picture by Juliette Towhidi and Tim Firth

JULY 25, 26, AUG 1, 2
AT 7:30 PM

AUGUST 3 AT 2 PM

“Calendar Girls” follows a group of women in a small English village who decide to pose—nude!—for a charity calendar after one them loses her husband to cancer.

Tickets at village-players.com and Black’s Paper and Gifts

The Village Players, 51 Glendon St, Wolfeboro



Brass Transit brings musical legacy of Chicago to Castle in the Clouds Aug. 2

MOULTONBOROUGH — Take a trip back in time as Brass Transit brings the legendary music of Chicago to life. Enjoy this unforgettable performance under the summer sky at Castle in the Clouds on Friday, Aug. 2, at 7:30 p.m. The concert is part of the 2025 Concerts in the Clouds series, presented by Great Waters Summer Concerts.

Known across North America for their dazzling performances and impeccable musicianship, Brass Transit delivers the unforgettable sound of the legendary band Chicago. From powerhouse horns and soaring vocals to rock-solid rhythm, the group faithfully recreates Chicago's most iconic hits, including "Satur-



day in the Park," "25 or 6 to 4," "You're the Inspiration," "Does Anybody Really Know What Time It Is?" and many more.

Whether you're a longtime fan or discovering these classic songs for the first time,

Brass Transit offers an electrifying concert experience that celebrates the golden era of rock and soul. Their energy, authenticity, and passion for the music bring audiences to their feet, transforming a summer night into a musical celebration.

The setting? The stunning Castle in the Clouds, overlooking Lake Winnepesaukee, is a perfect open-air venue to enjoy live music as the sun sets over the mountains.

This performance is part of Great Waters' Concerts in the Clouds series, which brings world-class music to one of New Hampshire's most breathtaking locations. Tickets are available at www.GreatWaters.org, by phone at (603) 569-7710, or in person at the Great Waters office, located at 54 N. Main St., Wolfeboro, Monday through Friday, 10 a.m. to 5 p.m.

Also featured in this summer's lineup: powerhouse Tina Turner tribute artist Caroline Borole, jazz pianist Peter Cincotti, Earth, Wind & Fire tribute band Elements, and John Denver tribute artist Ted Vigil.

Great Waters is a nonprofit organization dedicated to bringing extraordinary musical experiences to the Lakes Region. Special thanks to our leadership sponsors: Eastern Propane and Oil, Fidelity Investments, Belknap Landscaping, Paul Zimmerman, Maxfield Real Estate, and the Lake Winni Team.



Patrick's
IRISH ROOTS - AMERICAN SPIRIT

Weekdays Open @ 4pm
Weekends Open @ Noon
Closed Tuesdays



OPEN MIC
MONDAY NIGHTS
6PM - 8PM



LIVE MUSIC!
FRIDAY & SATURDAY NIGHTS
6PM - 9PM



18 Weirs Rd. Gilford • (603) 293-0841 • Patrick'sPub.com

Serving all of New Hampshire for 50 years.



PORTER
PAVING, INC.

Paving & Resurfacing • Driveways & Parking Lots
Specializing in Residential and Commercial Paving
Owner Installs Every Job

286-8182
www.porterpaving.com





COURTESY

Special storytime with local author Trish Whynot

On Wednesday, Aug. 13, at 10:30 a.m., come join us at Oscar Foss Memorial Library, and enjoy a heartwarming storytime with Trish Whynot, a local author and holistic counselor based in the New Hampshire Lakes Region. Trish will read from her picture book, "Lake Life Chronicles: Eagles, Herons, and Loons," a charming tribute to lake life and its wildlife. In addition to the reading, she'll share a beautiful selection of nature slides featuring some of our local wildlife residents. This family-friendly event is perfect for readers of all ages. We hope you'll join us for this engaging and memorable experience.





summer fun

For Summer Events & More Visit
Whitemountains.com • Lakesregion.org
Or Your Local Chamber Of Commerce



summer SPOT



Summer fun





CHANNEL COTTAGES



CHANNEL COTTAGES



CHANNEL COTTAGES



CHANNEL COTTAGES



CHANNEL COTTAGES

1192 Weirs Blvd., Rte. 3 / PO Box 5106 / Weirs Beach, NH 03247
(603) 366-4673
www.channelcottages.com
Lake Winnepesaukee - Weirs Beach
1, 2, & 3+ Bedrooms w/ Queen Beds & Kitchens
Private Beach / Docking
Air-Conditioning / FREE Wi-Fi
WEBER Gas Grills
Reunions, Meetings & Weddings
Pets Welcome



WEIRS BEACH

CELEBRATING 34 YEARS



The Morrison Communities
The Morrison Skilled Nursing Facility
Sartwell Place Assisted Living
Summit by Morrison

Independent Living • Assisted Living • Memory Care
Skilled Nursing • Long Term Care • Rehabilitative Services

One Bedroom Independent Apartments and Assisted Living Studios now available!

Located in scenic Whitefield, NH
themorrisoncommunities.org | 603-837-3640





The Art Place

CUSTOM FRAMING & GALLERY
Serving the Lakes Region Since 1975



Original Paintings by Jennifer Bowman

ORIGINAL ART - LIMITED EDITION PRINTS - FRAMED ART
COMPLETE CUSTOM FRAMING SERVICES
Downtown Wolfeboro 603-569-6159 theartplace.com



Alton Garden Club learns about roses



ALTON — On June 24, the Alton Garden Club's speaker was member Jane Bradbury, who spoke on the topic of roses. We learned about the three rose categories - old garden, wild and modern.

Bradbury discussed the process of grafting, or propagating plants by taking a piece of one plant and fusing it to another. We were amazed by the intricacies of developing new rose varieties, a meticulous and complicated process that can take years. We also learned that root stock produces better roses for our area. Jane had traveled to New Zealand and showed us photos

of the beautiful rose gardens she visited while there. She also recommended that we watch The Rose Maker, a foreign film about rose propagation. Jane kept our audience attentive with her in-depth knowledge of the subject, but also entertained us with her fun sense of humor. Our thanks to Jane for her excellent presentation.

Topics for upcoming meetings are now listed on our new Facebook page. Our website, altongardenclub.com, is a great source of information, but you'll also enjoy the many beautiful garden photos. Watch The Baysider for details on our upcoming August

meeting. Remember, come, and we would be us. guests are always wel- happy to have you join

www.ToomeyConstructionCompany.com
We look forward to working with you!
"Building your Heritage"
Since 1985




Custom Homes
603-707-9448
P.O.Box 1
Sandwich, NH 03227



Alan F. Kennell, DDS, MS
Braces for Children & Adults



Congratulations to the Class of 2025!



524-7404 Laconia | 536-7404 Plymouth | 444-7403 Littleton

Smile with Confidence!
Ask about treatment options available for ALL ages!

KennellOrtho.com



HAYES

Maintenance and Repair

603-651-9185

Ask about my Special Winter Pricing!

Bill Hayes the original handyman
45 years experience

Interior and exterior remodeling

Always the best prices and the best workmanship for your hard earned money.

- Free estimates
- Painting interior and exterior
- Replacement doors and windows
- Deck replacement and repair
- Bathroom remodels
- Vinyl siding and more.

One call does it all.



The Experts in ALL Things Paved



GRADING • PAVING
CULVERT REPAIRS • ASPHALT PATCHING
CRACKSEALING • SEALCOATING

(603) 279-1499
www.bryantpaving.com

FREE ESTIMATES



SPORTS

Trio of drivers conduct Goodyear Tire Tests at NHMS

LOUDON — With only five races remaining in NASCAR's 2025 regular season, drivers and fans will soon turn their attention to New Hampshire Motor Speedway (NHMS) for New England's only NASCAR Cup Series (NCS) Playoffs race on Sept. 21. Christopher Bell, Joey Logano and Ross Chastain visited "The Magic Mile" last Tuesday for a Goodyear Tire Test.

"Well, I definitely like it being in the playoffs, for sure," said Bell after his tire test. "I love this racetrack. It's statistically, I think my best track on the schedule, and with it being later on in the year, putting it in the playoffs is really, I mean, it's good for me, so I'm all for it. Let's crown a champion here."

"Coming here for a race weekend, I love it. I always say I feel like Dale Jr. when I come up here 'cause it's about the only track I don't get booed, and it's freaking awe-



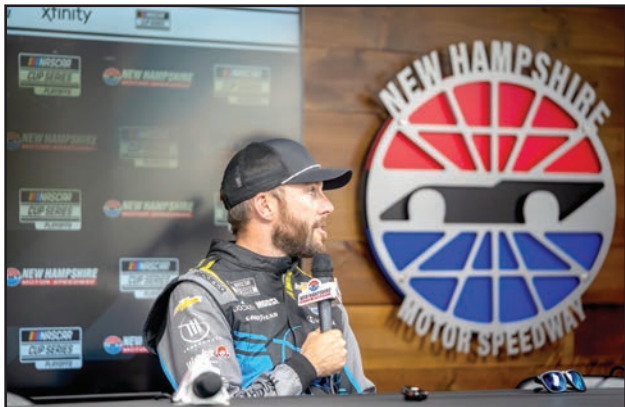
Joey Logano talks at New Hampshire Motor Speedway after doing a Goodyear Tire Test at the Loudon track last week.

some," said Logano. "It is cool to see a lot of red and yellow out there. You know, you look at some of these photos of a packed house. It's great to see."

"I watched my first race here back in '95 or '96 as a child, and this is where I fell in love with the sport. It was right here," he added. "So, as you can imagine, there's a lot of really special memories for me here, whether it's sitting in the grandstand, starting my first race, winning my first race, it's all happened here in Loudon."



Christopher Bell makes his way around New Hampshire Motor Speedway during last week's Goodyear Tire Test.



Ross Chastain talks to the media after completing his Goodyear Tire Test last Tuesday in Loudon.

I don't think there's any more core memories of at least motorsports to me

than what is here in New Hampshire. I absolutely love coming up here for

all those reasons. I look forward to coming back. Wish we had two races up here. Can we bring that back? You working on that? Keep working. Can I help?"

"Yeah, it's big, I mean, I got to my crew chief now, Phil Surgen, for the 2021 Cup Series season and told him ahead of the season that New Hampshire was my worst track. I'd had one of my biggest crashes to date here with a popped right front tire a long time ago in the Xfinity Series, and I just didn't feel ever confident with any of the cars," Chastain said. "I drove here, and he said he was gonna fix that, and he did, and we've had top-10-esque runs a couple times, but never in contention for a win, so was fortunate and glad to draw this test outta the Chevy camp for our team and get to have two days to just rip laps and them work on the car and them work on me because they can get as much out of me as they can the car. So big priority on the car and me for these two days as well as just capturing all the data for all the engineers to figure out."

New England's only NASCAR Playoffs weekend is Sept. 19-21 at NHMS. On-track action kicks off Friday with NASCAR Whelen Modified Tour (NWMT) practice sessions, NASCAR Craftsman Truck Series (NCTS) practice and qualifying plus Sig Sauer Academy Dirt Duels at The Flat Track. The action continues on Doubleheader Saturday with NWMT qualifying, the Mohegan Sun 100 NWMT race, the Team EJP 175 NCTS playoff race and NCS practice and qualifying. The on-track action culminates Sunday with the NCS taking on "The Magic Mile" to kick off the Round of 12. Don't miss all of the exciting off-track action including "The Magic Mile" Happy Hour Show, Trackside Live, The Groove fan hangout, concerts from Draw the Line and Being Petty: The Tom Petty and The Heartbreakers Experience, Family Movie Night featuring "Captain America: Brave New World," driver appearances, a variety of live performances, fireworks and much more.

For a full NASCAR weekend schedule, visit NHMS.com/Events/NASCAR-Cup-Series/Schedule/.

For tickets and camping for New England's only NASCAR Playoffs weekend, featuring the NCS and Team EJP 175 NCTS playoff races, Mohegan Sun 100 NWMT race and Sig Sauer Academy Dirt Duels, fans should visit NHMS.com or call 833-4LOUDON. Tickets for kids 12 and under are just \$10 on Sunday, free on Doubleheader Saturday and start at \$10 on Friday.

Keep track of all of New Hampshire Motor Speedway's events by following on Facebook (@NHMotorSpeedway), X (@NHMS) and Instagram (@NHMS). Keep up with all the latest information on the speedway website (NHMS.com) and mobile app.

Looking back on some Olympic experiences

SPORTING CHANCE



By JOSHUA SPAULDING

This time of year has brought up some great memories over the last few years and this year is no different.

One year ago today as this is written, I was along the Seine River near The Louvre getting ready for the Paris Olympic Opening Ceremony. Without a question, the Paris organizers had a unique idea, sending the athletes down the river on boats as different artists played along the way and people could line the river banks and the bridges and watch the ceremony both live in person and on big screens set up strategically along the way.

Of course, as a media member, this wasn't the ideal situation, as there were only so many press credentials to go around



Fans watch from the bleachers as the Paris Olympics Opening Ceremony take place on the Seine in Paris last July.

for the finishing area of the ceremony near the Eiffel Tower. The rest of us were positioned at different points along the river, which in theory was a great idea.

For the first portion of the Opening Ceremony, it was great to watch the boats come down the river from the bridge. Then, it started raining

and that's where the fun really began. I had my computer in my backpack and there was no place for us to get away from the weather, so I was concerned about the computer getting wet and tried my best to stay out of the heavier rain under the bleachers, which for the record were not terribly effective at keeping the water out.

Then, because there was no place to charge my phone, my phone died and that became a problem when the ceremony was over and I needed to get back to my hotel. The transportation app that would get me back to the hotel was obviously not avail-

able with a dead phone, so I had to walk. The distance wasn't terribly far (I had walked there) but as it turned out, they had numerous road closures that forced me to walk further and further and it continued to rain, which made things even more and more difficult. I eventually did find my way back, but it was a much longer, and wetter, trip than I had originally planned.

Other memories that popped up included from four years ago when I was in Tokyo for the 2020 Summer Olympics, just delayed a year. I had to spend three days quarantined in my hotel room when I got to Tokyo, which was not a hell of a lot of fun. But just about this time in 2021 I had been sprung from my quarantine and was out and about exploring the Tokyo venues, albeit with no fans in attendance. The Tokyo Games were my first experience with COVID at the Olympics, which meant no fans and lots of testing, something that repeated itself just about seven months later when I traveled to Beijing for the Winter Olympics.

With all the looking back, there's also some looking forward to do, as last week marked 200 days until the start of the Milan-Cortina Olympics, coming in February. We got an e-mail from the USOPC looking for the specific information they will need to issue our credentials. Soon enough it will be time to head to Italy, but until then, there's still plenty to do.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Coos County Democrat and The Bay-Sider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

BUSINESS DIRECTORY

FLOORING

ALTON FLOORING AND TILE

Office: 603-875-3507
Residential/Commercial
Carpet, Tile, Hardwood, Laminate, Vinyl,
Island work, Boats, RV's/Campers, Etc.
alton_flooring.tile@yahoo.com
18 Depot St. Alton, NH 03809

Heckman's Flooring

(603) 569-6391
Carpet • Vinyl • Tile • Wood • Laminate
Sales • Installation
Rt. 28-2000 Centre Street • P.O. Box 430
Wolfeboro Falls, NH 03896

Servicing all makes and models
foreign and domestic

B-BOYS AUTO REPAIR

603-269-7712

19 Gray Road
Barnstead, NH

Paul Bousquet Sr. & Jeff Bousquet Sr.
75+ years of combined auto repair experience

Air Cond

Brakes

Carburetors

Clutches

Cooling Sys

Diagnostic

Differential

Electrical

Engine

Inspections

Oil Changes

Oil Leaks

Steering

Suspension

Timing Belts

Tire Rotation

Transmissions

...and more!

Solid reputation of
dependable, quality service!

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

| Town | Address | Type | Price | Seller | Buyer |
|------------|------------------------|-------------------------|-------------|--|---|
| Alton | 58 Pearson Rd. | Single-Family Residence | \$550,000 | William A. Ryan RET and Candace Knowlton | Keith Letourneau and Rebecca L. Krivitsky |
| Alton | 122 Pipers Point Lane | Single-Family Residence | \$3,350,000 | Beth L. Masse Trust and Roger B. Masse | Gretchen K. Warland RET |
| Alton | 623 Suncook Valley Rd. | Single-Family Residence | \$405,000 | Joseph Michael Dionne Estate and William P. Dionne | James Murray and Melanie Reardon |
| Barnstead | 86 Bradford Lane | Single-Family Residence | \$701,000 | Charles P. and Marlene R. Sullivan | Lynn and Paul M. Allen |
| Barnstead | Lower Suncook Pond | N/A | \$587,133 | William E. Bent, Jr. LT | Pamela H. Finlayson RET |
| Barnstead | 9 Rangeway Rd. | Single-Family Residence | \$434,000 | Andrew P. and Michele L. Theberge | Phillip J. Smith |
| Barnstead | N/A | N/A | \$167,000 | Joshua L. Clements | Jay and Joanne Robichaud |
| Gilford | 39 Swain Rd. | Single-Family Residence | \$350,000 | Mary Helen Swain Estate and Mark A. Swain | John W. Duff, Jr. |
| Gilford | N/A (Lot 5-2) | N/A | \$85,000 | Alice Shartzter Estate and Stephen Shartzter | Edward M. Malin |
| Gilmanton | 345 Stone Rd. | Single-Family Residence | \$440,000 | Wendy J. Hendryx RET | Joseph C. and Sophia J. Troyer |
| Gilmanton | N/A | N/A | \$650,000 | Ronald B. Peabody Trust | Jeffrey R. and Sage H. MacDonald |
| New Durham | 6 Brienne Rd. | Single-Family Residence | \$575,000 | Robert and Denise Dunbar | John B. and Carrie Brown |

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

Alton Old Home Day Parade returns Aug. 9

“Small Town, Big Heart” theme highlights day of community fun

ALTON — The Alton Business Association invites the community to come together for the beloved Alton Old Home Day Parade on Saturday, Aug. 9 at 11:30 a.m. Celebrating this year’s theme, “Small Town, Big Heart,” the parade will

feature floats, walkers, civic groups, classic cars, and local families in a lively procession that begins at Alton Central School and travels down to scenic Alton Bay. Parade participants are welcome to register for free! Whether

marching or cheering from the sidelines, all are encouraged to take part in this festive community tradition. In addition to the parade, Alton Bay will be buzzing with summer activity all day long. Start the morning at the Annual Al-

ton Bay Boat Show at 8 a.m., browse local vendors at the Alton Bay Craft Fair, or lace up for the Alton 5K Road Race at 9 a.m. From noon to 3 p.m., just down the road the American Legion Post 72 will host family fun with cornhole, a scav-

enger hunt, raffles, a dunking booth, and live music by the Echo Tones. The day wraps up with a free lake-side concert by Alton Parks and Recreation, featuring Bittersweet at the Alton Bay bandstand from 7–9 p.m. With a full slate of

activities and the heart of the day centered on the parade, Alton Old Home Day is a celebration of small-town pride and summer fun! For parade registration, event details, or to get involved, visit the Alton Business Association online.

GENERAL SERVICES

FIX IT!

Handy Dad
fixes things.

Leave a
message
and play
telephone tag.


Gunnar
269-3616



DON'T TEXT AND DRIVE



REAL ESTATE



Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))


This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call The New Hampshire Commission for Human Rights at 603-271-2767 or write The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.



EQUAL HOUSING OPPORTUNITY

Camelot Home Center

ALWAYS OPEN DAILY • 10 TO 6 SATURDAYS & 10 TO 5 SUNDAYS

NEW 14' WIDES

List Price: \$86,995
\$77,995*
66' 3 Bed, 2 Bath

List Price: \$89,995
\$86,995*
68' 2 Bed, 2 Bath

DOUBLE WIDES

List Price: \$119,995
\$115,995*
56' 3 Bed, 2 Bath

List Price: \$130,995
\$127,995*
48' 3 Bed, 2 Bath

*PRICES SUBJECT TO CHANGE

Homes From COLONY, MARLETTE, NEW ERA & TITAN

MODULARS

\$119,995*
2 Bed, 1 Bath


\$179,995*
1,568sq ft. 2 story, 3 Bed, 2.5 Bath.

Visit Our Website: **WWW.CM-H.COM**

WE HAVE DELIVERED OVER 10,000 HOMES TO SATISFIED CUSTOMERS. CAN WE DELIVER ONE TO YOU?
Rt. 3, Tilton NH, exit 20 on Rt. I-93 across from Lakes Region Factory Mall

Make the move!

Find the homes of your neighborhood



The Deerfield ANTIQUE SHOW



Featuring 75 Selected Exhibitors of Fine Antiques, Americana, and Decorative Accessories
Admission \$15 or Free After Noon

Monday, August 4th
9 am to 3 pm

Mention this Ad for \$2 Off

34 Stage Road. Deerfield, New Hampshire
www.gurleyantiqueshow.com

Joshua (207) 229- 0403 Rachel (207) 396- 4255



97 Daniel Webster Highway Meredith, New Hampshire

Call us at:
(603) 279-7046

Find us @rocherealty



Search New Hampshire properties at www.rocherealty.com

\$405,000

MLS# 5047661

Moultonboro: This 3-bedroom, 1.5-bath fixer-upper is your chance to own in the sought-after community of Suissevale offering Lake Winnepesaukee access, day docks, a private beach, clubhouse, and tennis courts.

\$312,000

MLS# 5052146

Plymouth: Rarely available 2-bed, 2-bath condo in sought-after Blueberry Hill. Features include an oversized garage, private entry, gas fireplace, new appliances, renovated baths, screened porch, and central air.

\$249,000

MLS# 5034953

Gilmanton: Charming year-round cottage in a sought-after Sawyer Lake community! Enjoy six private beaches, a peaceful setting, and a spacious lot on a quiet street. Newer roof, updated systems, full basement.

\$595,000

MLS# 5053034

Laconia: Nestled in the Lakes Region, this well-maintained property features a 2+ bed, 2.5 bath main home with a stunning spiral staircase and an attached 2-bed guest cottage. Enjoy nearby lakes, mountains, and more—ideal for year-round living, vacationing, or rental income.



Over 10,000 CLOSED transactions in New Hampshire!
Voted #1 BEST Real Estate Company in NH's Lakes Region six years in a row, and #1 BEST Commercial Real Estate Broker!

* Statistics obtained from NEREN for the past 26 years since 1997 for all real estate firms reporting sales in the entire state of NH during that time.

Final performances of “Calendar Girls” this weekend

WOLFEBORO — After two months of rehearsal, endless line recitation and a nude photo shoot in a lovely garden, the 14 cast members and two dozen backstage crew of “Calendar Girls” close its run at the Village Players Theater Sunday, Aug. 3 in Wolfeboro.

“Calendar Girls” is based on the true story of women banding together to support their friend Annie (Laura Cooper) in grief and recovery in her husband’s cancer journey. To pay tribute to

him and give comfort to others visiting cancer wards, they raise funds for a settie in the waiting room of their local hospital by selling a photo calendar. Choosing to stray from the typical nature pictorial, they produce a calendar of themselves

tastefully posing au natural! “Calendar Girls” can be seen at the Village Players Theater Fridays and Saturday, Aug. 1 and 2, at 7:30 p.m. and Sunday, Aug. 3, at 2 p.m. Tickets are available at Black’s Paper Store, at www.village-players.com, and at the door until sold out. It is based on the Miramax motion picture by Juliette Towhidi and Tim Firth and is presented by arrangement with Concord Theatricals on behalf of Samuel French, Inc., www.concordtheatricals.com.

The Village Players is a non-profit community theater located at 51 Glendon St., Wolfeboro. It welcomes onstage and non-stage participants of all ages. Visit www.village-players.com to learn more.

Gilmanton resident named to Clark University's Spring Dean's List

WORCESTER — Emily D. Gardner of Gilmanton was named to first honors on the Clark University Dean's List. This selection marks outstanding academic achievement during the Spring 2025 semester.

Students must have a GPA of 3.8 or above for first honors or a GPA between 3.50 and 3.79 for second honors. Founded in 1887, Clark University is a liberal arts-based research university that prepares its students to meet tomorrow's most daunting challenges and embrace its greatest opportunities. Through 33 undergraduate majors, more than 30 advanced degree programs, and nationally recognized community partnerships, Clark fuses rigorous scholarship with authentic world and workplace experiences that empower our students to pursue lives and careers of meaning and consequence.

TURF

(continued from Page A1)

scraped out an inch and a half of the old base layer so that the new field can feature a shock pad under the turf. This technology did not exist when the original turf was installed. Starting in June 19, the old turf was all rolled up and in a full circle process, will be turned into shock pads for other fields.

Beckwith noted that R.A.D. Sports used GPS for everything, which helps to get the entire process completely accurate while also saving time.

“In the next two weeks they’ll be a lot of progress,” Beckwith said in mid-July. “The shock pad will be a two-day process then they’ll be rolling out the new turf.”

“We’re still on schedule to be done before Aug. 15 and we’re on schedule for all teams to use the turf at that time,” Beckwith said.

Beckwith also praised and thanked the taxpayers of the Governor Wentworth Regional School District, who over the last 15 years have put aside money in a Capital Reserve Fund to pay for the new turf field when it became



JOSHUA SPAULDING

The old turf was ripped off of Alumni Field over the last month-plus prior to the new field surface being installed.



JOSHUA SPAULDING

The base layer for Alumni Field was scraped off to make room for a shock pad under the new turf.

necessary.

“It was smart of the community to put that money away,” the Knight Athletics Director said. “It was good planning.”

The new turf is from Shaw Sports Turf and is a bit different than the current one, as the lines are all included into the

new field and because of that, they are guaranteed for the life of the field. The old field’s lines were done differently and because of that, the lines were not part of the guarantee.

The new field will be dark green with the Knight helmet watermark in the middle of



JOSHUA SPAULDING

The new Alumni Field turf installation has begun, with one end zone in place along with a small portion of the new field.



JOSHUA SPAULDING

The old Alumni Field turf was rolled up and will be used to create shock pads for new turf fields like Kingswood’s.

the field. The end zones will be grey with Kingswood written on one end zone and Knights written on the other end zone. There will also be logos for Kingswood and the NHIAA by the team benches for soccer, field hockey and lacrosse across from the bleachers.

Beckwith notes that changes to the facility’s lights will likely be the next upgrade for the Kingswood athletic complex.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Full-Time Installers Apprentice

Energysavers Inc, a 50 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

LEARN WHILE YOU EARN!

No prior experience required. Must have a valid driver’s license and pass the pre-employment drug screening.

Stop in to fill out an application:

ENERGYSAVERS INC.

163 Daniel Webster Hwy., Meredith NH

FRIENDLY & RELIABLE

NIGHT CASHIERS

needed at the Following Location:

Bosco Bell

on Route 28
Barnstead

Please apply in person.



HELP

WANTED

SHAKER REGIONAL SCHOOL DISTRICT GIRLS VARSITY LACROSSE COACH

Shaker Regional School District is seeking a coach for the 2025-2026 season for Girls Varsity Lacrosse.

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@sau80.org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.

SHAKER REGIONAL SCHOOL DISTRICT MIDDLE SCHOOL CROSS COUNTRY COACH

Shaker Regional School District is seeking a coach for the 2025-2026 season for Middle School Cross Country.

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@sau80.org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.

SHAKER REGIONAL SCHOOL DISTRICT MIDDLE SCHOOL BOYS SOCCER (B TEAM) COACH

Shaker Regional School District is seeking a coach for the 2025-2026 season for Middle School Boys Soccer (B Team) Coach.

Interested individuals should contact Cayman Belyea, Athletic Director, by phone at 603-267-6525 ext. 1362 or email at cbelyea@sau80.org. Successful completion, with satisfactory results, of a post-offer, pre-employment physical and criminal background check, including fingerprints, is required. Shaker Regional School District serves the communities of Belmont and Canterbury, New Hampshire and is an Equal Opportunity Employer.

Gilford Parks and Recreation news

BY BRITTNI STEWART
Director

Gilford Parks and Recreation
Gilford Parks and

HIDDEN SPRINGS

(continued from Page A1)

in the future. He said a project that could cost around \$6 million to \$7 million, though the town hopes it would be much less than that. Heath said town officials' thought that opening the land would give people a better idea of what can go in there and the dimensions for a possible facility could be staked out.

"It's difficult to work with a lot that's heavily wooded, that was then philosophy behind it," Heath said. "We can revisit it, but as far as the permitting and the planning, we've already paid for most all of that."

Clearing that land would cost around \$60,000 to \$70,000 that could be taken out of the Highway Building Capital Reserve Fund.

Heath said the town has been working with Tighe & Bond Engineers to put together the concept design for the clearing.

The Conservation Commission had requested that the project allow for a 100-foot buffer on either side of Hurd Brook. Heath said he met with the Conservation Commission recently and they asked about the Alteration of Terrain permit with the state, which he said will be done before any work begins.

The Conservation Commission also asked for a 100-foot setback around any wetlands in that area, though Heath told the selectmen he felt that was "a little excessive." He said any private entity that built on that land would not be subject to a setback and the 100 foot one they were agreeing to was already generous enough. He agreed that the 100-foot buffer should be kept around the brook to protect it.

The clearing would allow residents to see

what the land on that area looks like for its possible use for a new DPW facility or other purpose.

Since the Alteration and Terrain permit requires listing all possible uses of the property, Heath said they also included descriptions of possible recreational use. Heath said while the DPW facility is the top priority for that land, he said there has been a lot of interest in more area for recreational space and that land might be a food location for other recreation space in the future.

"That can be determined down the road, but at least there's a designated space now because right now, every time we bring up the topic of a recreation center or additions to recreational fields there's a lot of talk and concern around the limited amount of space," Heath said.

He said space for the town's current recreational facilities are maxed out and they don't have any other land for more space. Heath emphasized, however, this is just a conceptual plan for this and there are no immediate plans to propose any recreational space here.

Selectman Richard Shea asked what would be done to keep the land from "becoming a muddy mess." Heath said they would do a combination of stump grinding and erosion control measures and the gras should come back in that area.

Selectman Drew Carter asked about how the RFP proposed that 28.5 acres be cleared whereas the drawings showed only up to around 19 acres being cleared. Garland said 10 acres were taken out of the proposal to account for the 100-foot buffer around Hurd Brook. Heath said this change was presented to prospective bidders

Recreations is partnering with Renee Cupples, E-RYT500 certified Yoga Instructor,

at a site walk.

A few residents shared different concerns about the clearing project, including that the project as clearing too much land and the cost any possible DPW facility should be kept to a minimum.

Kelly Sullivan said while a private company might not keep with those buffers, she recommended that the town keep to them. She also said areas that build to close to wetlands see regular flooding.

She also expressed concern with how much land was going to be cleared. She said while people might understand something better when they see it in real life, she said they have access to computer design and online programs that can take care of that.

"I don't think we need to clear a whole swath that big just to show people what will, I feel, will take some time to get," Sullivan said.

She also said, as illustrated by being on a default budget for two years, the townspeople are thrifty and recommended trying to keep a project smaller.

Jill Houser also asked the selectmen to use their collective construction experi-

ence to find effective ways to clear a land. She also recommended that any proposed DPW project be kept lower than the possible price tag of \$6 to \$7 million. Houser suggested putting more facilities on that land and selling the smaller parcels

"I really would like to see an effort to bring that cost down to something that feels a lot more manageable to me a person who doesn't know a whole lot about this but who can like drop over at the thought of \$6 or \$7 million," Houser said.

Donna Richardson said the town could consider using that land for parks and recreation offices and possibly more recreation space.

"The Master Plan for '23 highlights the need for a community center and that space where the DPW currently is has the opportunity to be something like that," Richardson said.

Board Chair Nicholas Buonopane added that there is also a lot of need for expanded DPW storage. He said there are a lot of pieces of expensive equipment that are getting stored outside whose lives could be prolonged if stored inside.

to run a 6-week yoga for all ages program.

Time: Tuesdays from 9:30-10:30 a.m. and Thursdays from 6-7 p.m.

Where: The Gilford Town Beach located on Varney Point Rd.

When: Tuesday mornings and Thursday evenings from July 8 – Aug. 14 (Session dates may be extended to accommodate for cancellations due to inclement weather.)

Registration Fees: \$60 for six classes \$15 daily drop-in fee.

Register at the Guard Room down at the Gilford Beach.

Senior Moment-um: Monday, Aug. 11 – Tour of Scotland and Lunch

Scotland, a country that is part of the United Kingdom (approximately one-third of the United

Kingdom's total land area), is known for its stunning landscapes including mountains, lochs (lakes), and islands. The country boasts of a rich history, vibrant culture, and world-renowned whiskey. Guest Speakers, Peter and Monica Sawyer, will join us once again and share with us their pictorial presentation about Scotland. We will meet at the Gilford Community Church, Fellowship Hall at 11 a.m. for

the presentation. Then right after, we will be serving up a traditional Scottish fish pie, a comforting, savory dish that captures the rich flavors of Scotland's coastal cuisine. This classic recipe showcases a creamy, flavorful filling made with fresh, locally sourced white fish. There will also be a Chef's Choice dessert. Coffee, tea, hot chocolate, and water will also be provided. The cost for the program will be \$11. Please be sure to RSVP no later than Wednesday, Aug. 6.

Fall Gilford Youth Soccer

The Gilford Parks and Recreation Department is now accepting registrations for our Fall Youth Soccer League for children in grades K-5. Registration is still open and forms are available in both the Town Hall Lobby and the Parks and Recreation Department Office. You can also register online by visiting www.gilfordrec.com and clicking on the 'New Online Registration' link. The registration deadline is Friday, August 15th. For more information, please contact the Parks and Recreation Office at 527-4722. We look forward to another great season!

PETS OF THE WEEK



Meet Billy!

Billy is a handsome boy with so much love! He would do best in a home where he's the only animal, as he deserves to get all the love possible! He loves to get belly rubs, play ball, and cuddle up with

NH Humane Society
Over a century of love for those without a voice.
1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539



Meet Mila!

Say hi to Mila!

Mila is a fiercely independent feline with a strong sense of self. She's not one for cuddles or constant affection, but she'll always keep a watchful eye on you from a cozy perch nearby.

Mila thrives in a calm environment where she can be her true, quiet self

observant, elegant, and entirely her own cat. She's perfect for someone who appreciates a companion with boundaries and personality.

Fun Fact: Mila is a tight rope walker.

Apply to adopt now OR visit during our walk-in adoption hours from Wednesday through to Saturday 12-4pm.

LEGALS

TOWN OF NEW DURHAM ZONING BOARD of ADJUSTMENT PUBLIC HEARING NOTICE

Tuesday, August 12, 2025

7:00 PM at NEW DURHAM COMMUNITY ROOM & ZOOM

Susanne Fuller and Sarah McPhee

You are hereby notified that a Hybrid Public Hearing will be held by the New Durham Zoning Board on Tuesday, August 12, 2025, at 7:00 PM for Case #2025-007. The hearing is regarding an application submitted by Thomas W. Varney of Varney Engineering LLC, on behalf of Susanne Fuller and Sarah McPhee for property located at 290 South Shore Road, Map 113, Lot 011. The applicants are requesting Variances to **Article V. D. Setbacks**. No new building shall be less than twenty (20) feet from the road frontage property line of any road or fifteen (15) feet from the property line of an abutter; **Article V. E. Flood Hazard Area and Water Body Setbacks**. No new buildings, except for water-related structures, shall be located in a flood hazard area, or less than seventy-five (75) feet from any water body or river; **Article VI. C. (3) (a) – No privy, cesspool, septic tank, or sewage disposal area shall be constructed or reconstructed: i. less than one hundred twenty-five (125) feet from the edge of a public water body; Article VI. C. (3) (b)–No part of a leach field shall be located less than: i. twenty (20) feet from a property line on a lot less than 80,000 square feet; Article XIV. Shorefront Conservation Overlay District. C. Dimensional Requirements 2. Building setback:** Except for water-related structures, all buildings shall be set a minimum of seventy-five (75) feet from the reference line; **Article XIV. Shorefront Conservation Overlay District. C. Dimensional Requirements 3. Leach Field Setback:** Any leach field shall be set back a minimum of 125 feet from the reference line;

Article XX. G. Non-Conforming Setbacks The following setbacks are required for Non-Conforming buildings, land and uses addressed by this Article. **1. Leach Fields: a.** Not less than ten (10) feet from a lot line; and **Article XX. G. 1: b.** Not less than ten (10) feet from the road frontage property line of any road except with the approval of the road agent.

The full application is on file at the New Durham Town Offices for review by appointment by calling (603) 859-2091 ext. 2007. You can also contact via email: ndlanduse@newdurhamnh.gov

TOWN OF NEW DURHAM ZONING BOARD of ADJUSTMENT PUBLIC HEARING NOTICE

Tuesday, August 12, 2025

7:00 PM at NEW DURHAM COMMUNITY ROOM & ZOOM

GMR Holdings, LLC

You are hereby notified that a Hybrid Public Hearing will be held by the New Durham Zoning Board of Adjustment on Tuesday, August 12, 2025, at 7:00 PM for Case #2025-006.

The hearing is regarding an application submitted by Dave Sykes of Green Mountain Holdings of NH, LLC, for property located at 320 Kings Highway, Map 209, Lot 034.

The applicant is seeking to permit, construct, and operate a wireless telecommunications service facility and is requesting variances to New Durham's **Telecommunications Facility Ordinance, Article E. 3. Height.** The maximum height of a telecommunications facility proposed under this regulation shall be 110 feet including antennas and all other appurtenances; and **Article E 6. Setbacks and Separation Requirements. a.** Towers must be set back a minimum distance equal to the tower height from all lot lines.

The full application is on file at the New Durham Town Offices for review by appointment by calling (603) 859-2091 ext. 2007. You can also contact via email: ndlanduse@newdurhamnh.gov

Local communities to hold National Night Out events



FILE PHOTO
The Gilford Police and Fire Departments will be among the local first responders at Gilford's National Night Out event this Tuesday, Aug. 5.

BY ERIN PLUMMER
mnews@salmonpress.news

REGION — Area residents will have the opportunity to meet their local first responders and have some family fun during National Night Out events this coming Tuesday.

Gilford and New Durham will be holding their own respective National Night Out events this Tuesday, Aug. 5.

National Night Out is on Aug. 5 and will be a nationwide event connecting police with members of the public in a positive way. Several communities across the state will have their own events that night and during the week.

Gilford's National

Night Out will take place at the Gilford Village Field from 6-8 p.m.

Members of the Gilford Police and Fire Departments will be out and displaying their vehicles and equipment for people to get a better look at.

Other agencies will have their equipment and vehicles on display too including Belknap Regional Special Operations Group, NH Marine Patrol, and the Gilford Public Works Department. There will also be a K-9 demonstration.

Different community organizations will set up tables and speak to the public about their work.

Visitors can also enjoy hamburgers and hot dogs as well as live music.

Smith Farm Stand

PICK YOUR OWN BLUEBERRIES!

NOW OPEN

Our Own Maple Syrup

Mon-Tue & Thur-Fri, 8am-12pm; Sat & Sun, 8am-2pm
Closed Wednesdays
(603) 524-7673 • 15 Smith Farm Road, Gilford

Log Homes • Interior - Exterior • Wallpaper Removal • Pressure Washing

Raspberries Too
Get them while you can!

Facebook as Smith Farm Stand

Log Homes • Interior - Exterior • Wallpaper Removal • Pressure Washing

Bruce Thibeault Painting

Quality Work
Fully Insured

BruceThibeaultpainting.com 603-364-2435
Gilmanton Ironworks NH 03837

Free Estimates
BruceThibeaultpainting@hotmail.com

Looking for New Customers?

FROM THE LAKES REGION TO THE GREAT NORTH WOODS.

- The Baysider
- Meredith News
- Berlin Reporter
- Gilford Steamer
- Granite State News
- Littleton Courier
- Record Enterprise
- Winnisquam Echo
- Newfoundland Landing
- Coös County Democrat
- Carroll County Independent

CALL 603-279-4516 TO PLACE YOUR AD TODAY!

WATERMARK MARINE SUPPLY

How do you #lakelifeNH?

Life is better on the water!

No matter how you do lake life, we've got you covered.
Join our email list today for updates, special offers and tips and tricks for a great summer on the water.

Boat Lifts • Life Vests • Mooring Supplies • Pull Toys
Dock Hardware • Swim Rafts • Apparel • Full Dive Shop • And More!

1218 UNION AVE • LACONIA
ACCESSIBLE BY WATER • PAUGUS BAY

WatermarkMarineSupplyStore.com | Follow Us!

AMEN ROOFING

Repairs & New Installations of Metal Shingles Rubber & PVC

Mark Dagoumas

1 (603) 455 - 2014

Hire A Professional Who Is Properly Insured

- Shingles
- Metal Shingles
- Copper
- Standing Seam Metal Roofs

Mention This Ad!
Ask About Our Special Offers!

Instant Roof Quote!

10 YEAR LABOR WARRANTY

Financing Available

www.603Roofers.com

We Solve Problems!

603 ROOFERS

BY DWIGHT & SONS, INC.

TEXT or CALL 603-766-3377

Advertise Here

New Durham will hold its National Night Out event at Smitty's Way Ballfields from 5-8 p.m.

Local departments will have a touch a truck event for families.

Mr. Aaron will perform for kids from 5-6 p.m.

Middleman will present live music from 6-8 p.m.

The event will also feature food trucks and many local vendors. There will also be face painting and many other family fun activities.

GREAT WATERS SUMMER CONCERTS

CONCERTS in the CLOUDS

at Castle in the Clouds

BRASS TRANSIT:
The Musical Legacy of Chicago
SATURDAY, AUGUST 2 • 7:30 PM

PROUD TINA:
Ultimate Tribute to Tina Turner
SATURDAY, AUGUST 9 • 7:30 PM
Not Associated with the Estate of Tina Turner.

ELEMENTS: The Ultimate Earth, Wind & Fire Tribute
SATURDAY, AUGUST 23 • 7:30 PM

CONCERT IN THE CLOUDS LAWN SEAT BUNDLE:
4 Lawn Seat Tickets for \$155!
All four tickets must be for the same show.

CONCERTS in TOWN

at Brewster Academy

PETER CINCOTTI
"Killer on the Keys" Show
SATURDAY, AUGUST 16 • 7:30 PM

TED VIGIL:
Songs of John Denver
WEDNESDAY, AUGUST 27 • 7:30 PM
Featuring Regional Kingswood High School Students

GreatWaters.org
or call (603) 569-7710
Scan for TICKETS →

Respite at Golden View

Ask about our special offers!

Try our newest assisted living community: Woodland at Golden View. Perfect for short-term support after a medical incident or for caregiver relief.

Gain all the benefits of our award-winning assisted living community on a temporary basis. Fully furnished private suites, including supportive healthcare services, housekeeping, amenities, and dining, are all included in your stay.

For those thinking about assisted living but are not sure it's right for them, try us out with a temporary stay. We would love to show you all we have to offer!

Leave the maintenance, landscaping, cooking, and cleaning to us.
Book your stay today!

Please call Becky at 603.677.4194 for more information.
19 NH Route 104 • Meredith • GoldenView.org

Assisted Living • Long-Term Living • Short-Stay Rehab