THURSDAY, MARCH 14, 2024

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

SB2 petition highlights Barnstead Town Meeting warrant

BY ERIN PLUMMER

mnews@salmonpress.news

BARNSTEAD - Voters will decide on warrant articles on SB2, equipment leases, restructuring milfoil funds, and many others during town meeting this coming Saturday.

Barnstead's town meeting is on Saturday, March 16 at 9 a.m. at Barnstead Elementary School. The full warrant can be found at https://www.barnstead.org/ sites/g/files/vyhlif6991/f/uploads/2024warrant.pdf.

Under Article 4, voters will decide if the position of road agent will go from an elected position to an appointed position.

Article 5 would raise and appropriate \$33,426 for the third and final lease purchase payment on the Highway Department's Dynapac Roller. Article 6 is the fourth lease purchase payment of \$52,674 for an ambulance.

Article 7 would authorize the selectmen to enter into a four-year lease purchase agreement to purchase two police SUVs and raise and appropriate \$35,936 for the first year's payment.

Article 8 would put \$250,000 into the Road Paving

SEE BARNSTEAD, PAGE A8

Gilford looking at transfer station fee increases

BY ERIN PLUMMER

mnews@salmonpress.news

GILFORD - A public hearing will be coming up at the end of the month to make small increases to several solid waste disposal fees at the transfer station with considerations including expenses and rising

Public Works Director Meghan Theriault spoke with the selectmen during the Feb. 28 meeting about a proposed slight increase in some fees to better cover costs.

Theriault said the last time fees were increased was at the end of 2021. Numbers from 2022 showed the facility was breaking even and there were no recommended changes. After an additional year with rising, Theriault said the department is recommend-SEE GILFORD, PAGE A8

Gilford boys ski to fourth-straight championship



JOSHUA SPAULDING

The Gilford Nordic boys celebrated their fourth Division II championship in a row last week in Hanover.

Golden Eagle girls finish fifth overall at Division II State Meet

BY JOSHUA SPAULDING

Sports Editor

HANOVER — After skiing to a tie with Fall Mountain in the morning classical race, the Gilford boys used an impressive afternoon freestyle race to ski to the Division II championship at Oak Hill Outdoor Center in Hanover last Wednesday afternoon.

The Golden Eagles outdistanced the Wildcats by 19 points in the afternoon freestyle to ski away with the championship plaque. The Golden Eagle girls finished in fifth place overall on the

In the morning classical race, Aiden Bondaz led the Golden Eagles with a time of 10:33 for second place overall.

Carter Forest was fourth overall in 11:17 and Henry Stow skied to ninth place in 11:31. Alden Townsend rounded out the scoring for Gilford with a time of 12:35 for 17th place overall.

Scott Kulcsar was 19th in a time of 12:50 and Gunnar Marvel skied to 35th place with a time of 13:55.

Bondaz skied to second place again in the afternoon freestyle race, crossing in a time of

all in a time of 10:36 and skied to fifth place in a Stow was sixth with a time of 10:42. Kulcsar rounded out the scoring with an 11th place finish in a time of 11:10.

Townsend was 15th overall in a time of 11:33 and Haukur Karlsson was 19th with a time of 12:00.

In the girls' classical race, Georgia Eckhardt finished in sixth place overall in a time of 13:25 to lead the Golden Eagles.

Maria Tilley skied to 10th place in 14:44, Anna Coapland was 26th overall in a time of 16:20 and Alana Sawyer finished out the scoring with a 27th place finish in 16:25.

Sydney Eastman was 28th overall in a time of 16:27 and Kaitlyn O'Brien was 38th in a time of 18:34 to finish out the field of Golden Eagle

In the afternoon free-Forest was fifth over- style race, Eckhardt

way for Gilford.

Tilley was 10th overall with a time of 13:21, Coapland skied to 26th place in a time of 15:12 and Eastman finished out the scoring with a time of 15:14.

Sawyer was 36th overall with a time of 16:23 and O'Brien finished in 38th place with a time of 17:00.

SEE NORDIC, PAGE A8

Gilford Fire Department responding to fewer incidents

BY ERIN PLUMMER

mnews@salmonpress.news

GILFORD — The Gilford Fire Rescue Department is seeing lower activity, and is getting ready for a new fire engine.

Fire Chief Steve Carrier gave a regular update to the selectmen about his department during the Feb. 28 meeting.

Carrier said the department responded to 1,820 incidents in 2023 with record monthly high activity in January and September of that year. Overall, the department responded to 119 less incidents than in 2022. The months of March, April, October, and December of 2023 were below the 10-year average for calls. The first two months of 2024 have also ben below the 10-year average of incident calls.

Selectman Kevin Hayes asked if there were any reasons why the calls were lower during these months. Carrier said the weather is impact on tourism likely played a factor.

"When the weather is mild like it has been, we don't have as many people visiting, we don't have as many people doing outdoor sports and recreation that would cause our incidents to fluctuate," Carrier

The department did have a record number of inspections in 2023 with 985.

At Bank of New Hampshire Pavilion, fire department personnel had contact with 396 patients and transported 36 during he concert season, numbers that are about the same as the year before.

The department is getting ready for a new fire engine. Carrier said the fire truck committee went to

PHOTO BY ERIN PLUMMER

A sign on the lifeguard station at Alton Bay warns of thin ice, the ice is indeed paper thin in some parts of the bay with open water becoming more prevalent. The open water and the lifeguard chair brings up more anticipation of being able to finally swim in the bay, which will hopefully be possible in just a few months.

Between open water season and swim season

SEE FIRE, PAGE A8

Alton Parks and Recreation Community Connection

Alton Flashlight Egg Hunt

The Alton Parks and Recreation Department is sponsoring a nighttime Flashlight Egg Hunt for ages 14 years and younger on Friday, March 29 at B&M Park on Depot Street. Glow with us as we search for hidden eggs in the park. Event includes: Egg Hunt, music, Easter Bunny and fun! Rain/ snow location will be at the Alton Bay Community Center- same date and times. Please bring a flashlight and container to collect your eggs in and arrive at the following times: Ages infant-3 years- 7:00p.m.; Ages 4-7-7:30 p.m.; Ages 8-10-8 p.m. and Ages 11-14-8:30p.m. The event is free to Alton residents. For more information contact Alton Parks and Recreation at 603-875-0109, parksrec-asst@alton.nh.gov.

Adult Basketball 18 years and over-Thursday nights

The Alton Parks and Recreation Department is sponsoring Adult Basketball 18+ pickup games at Alton Central School on Thursdays from 6-7:30 p.m. now through April 18- stop in and play any time. For more information contact Alton Parks and Recreation at 603-875-0109 or parksrec@ alton.nh.gov.

USTA Spring Tennis Lessons-Youth

The Alton Parks and Recreation Department is sponsoring Tennis Lessons for Grades 1-8 on Tuesdays and Thurs-

days at the Liberty Tree Main St. to sign up. Con-Park Tennis Courts from May 14-May 30. Grades are divided by times: 3:15-4:15 p.m.- Grades 6-8; 4:15p.m-5:15p.m- Grades 1&2; 5:15-6:15 Grades 3-5. Registration is \$60 for Alton residents and includes a brand new tennis racquet, and instruction with a USTA New England certified instructor. Non-resident fee is \$70. Basic tennis skills will be taught: forehand, backhand, serve, overhand and volley. Register by April 19, class size is limited to 7. Registration forms are available at altonparksandrecreation.com or stop by the Parks and Recreation Kiosk at 328 Main St. to sign up. Conparksrec@alton. nh.gov or 603-875-0109 for

USTA Spring Tennis Lessons- Adults

more information.

The Alton Parks and Recreation Department is sponsoring Tennis Lessons for adults on Wednesdays at the Liberty Tree Park Tennis Courts from May 15-June 12 from 6-7:30 p.m. Registration is \$70 for Alton residents and includes a brand new tennis racquet, and instruction with a USTA New England certified instructor. Non-resident fee is \$80. Basic tennis skills will be taught: forehand, backhand, serve, overhand and volley. Register by April 19, class size is limited to 7. Registration forms are available at altonparksandrecreation.com or stop by the Parks and Recreation Kiosk at 328

tact parksrec@alton. nh.gov or 603-875-0109 for more information.

Pilates classes in Alton Bay- Tuesdays and Thursdays

The Alton Parks and Recreation Department is sponsoring Pilates classes at the Alton Bay Community Center on Tuesdays and Thursdays, 9:30-10:30 a.m. with certified instructor Donna Lee. All level adults are welcome for a full body, low impact class that will improve muscle tone, flexibility, balance and strength. Pre-registration is \$10 per class or \$15 drop in. Bring a mat and water. For more information/register contact Donna at breathepilates1@yahoo.com parksrec@alton.nh.gov.

Tinkergarten at B&M Park for ages 1-8 years

The Alton Parks and Recreation Department is sponsoring Tinkergarten with Miss Kim on Fridays at B&M Park from 10-11 a.m. for children ages 1-8. Try a class for free on March 15. The 8 week session runs March 22-May 10. Tinkergarten is an outdoor play experience that is interactive, cooperative and creative- let's play outside and explore what nature has to offer. More information and how to register is available at www.alton.nh.gov under the Recreation Calendar or contact parksrec@ alton.nh.gov with questions.

Winter Sowing- From Seeds to Plants

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring a free Winter Sowing Workshop on Thursday, March 21 from 1:30-3 p.m. at the Gilman Library, Agnes Thompson Meeting Room. Join instructor Joan Blackwood as she teaches a simple way to start seeds outdoors in the winter. Register by March 18 by contacting parksrec-asst@alton.nh.gov or 603-875-0109.

DIY Charm Class

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring a DIY Charm Class on Thursday, April 18 from 6-7:30 p.m. at the Gilman Library, Agnes Thompson Meeting Room. Join instructor Cindee Vandermeid in making up to 4 beaded charms. Charms make great gifts or accents to jazz up a key chain, bag or outfit. See examples of the charms on the Parks and Recreation Department Face Book Page or photos of examples can be emailed to you. Cost of the class is \$10pp, bring a hand towel to use as a work surface, and scissors. Pre-register by April 4 at 603-875-0109 or parksrec-asst@ alton.nh.gov.

Paint Night With Anne Morrell

Alton Parks and Recreation is sponsoring a Paint Night with instructor Anne Morrell at the Pearson Road Community Center, 7 Pearson Road, on Tuesday, March 26 from 6-8 p.m.; snow date is March 27. Scene is a quiet cherry blossom tree along the water's edge with wild flowers, lily pads and mountains in the distance. Soft shades of pinks, greens and turquoise; painters can include an optional white bridge. All supplies are included, \$25. View the painting example on the Alton Parks and Recreation Face Book Page or ask for a copy to be emailed to you. Handmade paintings make great gifts. All abilities are welcome. Bring a friend or sign up solo. Please RSVP with your name and contact information to parksrec-asst@alton. nh.gov or call 603-875-

Slow Flow Yoga with Pamela Mott, 200 YTT Certified

0109. Register early as

space is limited.

Mondays and Wednesdays from 6:30-7:30 a.m. at the Alton Bay Community Center or choose the online option and practice from home. All levels are welcome and encouraged. Class focus is Sun Salutation A and B; Hatha Yoga and the 8 Limbs. Pre-registration is preferred, text 603-393-0595. Cash and Venmo accepted. Pre-registration and virtual attendance is \$10; Drop in \$15. Classes are ongoing. For more information, contact Alton Parks and Recreation at 603-875-0109 or parksrec@alton.nh.gov.

Weight Training Classes- Mondays and Wednesdays

The Alton Parks and Recreation Department is sponsoring Weight Training Classes on Mondays and Wednesdays from 1:30-2:30 p.m. at the Gilman Library for adults of all ages and abilities. Learn new exercises and build strong and bones, muscles increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parksrec@ alton.nh.gov or 603-875-0109. Try a class for free. \$20 per month/session or \$5 drop in.

Guided Meditation with Instructor Karen Kharitonov

The Alton Parks and Recreation Department and Friends of the Gilman Library are sponsoring a Guided Meditation Class on Thursdays: March 14, April 11 and 25 and May 9 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meeting Room. Stop in and experience the positive state of meditation. Chairs will be available; bring a pillow/cushion/ mat if desired. The program is free, donations are greatly appreciated to support local charities. For more information contact Alton Parks and Recreation at parksrec@alton.nh.gov or 603-875-0109.

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Lakes Region Art Association hosting watercolor on canvas class

TILTON — A watercolor on canvas class can be a fun and rewarding experience for anyone looking to explore the unique combination of watercolors and canvas as a medium. It provides opportunities for creativity, experimentation, and the development of technical skills necessary for creating beautiful and expressive art-

No drawing skill or previous painting neces-

sary. Come for two hours of fun and creativity.

The class includes pre-prepped high-quality canvas and a drawing ready to paint. Feel free to bring your favorite brushes and watercolors (tube or pan). Watercolors and brushes will be available.

Space is limited. Class will be held at Lakes Region Artist Association, 120 Laconia Rd,

Tanger Outlets, Suite 300, Tilton,

First come,

served. \$50 in advance. Sign up using http:// tinyurl.com/32w2tuyx.

L.R.M.HV.Coop Gilford **Home Owners Survey**

Should the interest (Approximately \$ 33,000.00 annually) on our \$650,000 deposits at Meredith Village Savings Bank be paid to:

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L.R.M.H.V.Coop Over \$25,000.00 per year net

\$ 275.00 per year per household. (you)? Vote at the next open Board Meeting or call a board member now.

> President; 630-3461 Vice president:?

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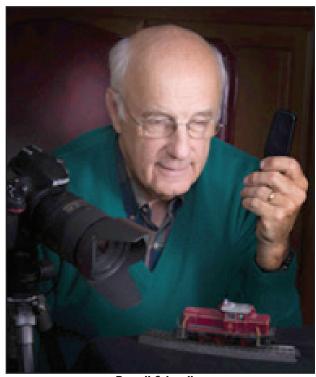
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Understanding artificial intelligence from an artist's perspective



Russell Schundler

TILTON — Artificial Intelligence (AI) is a rapidly growing field that is expected to have a significant impact on everyone's life in the near future. Whether this impact will be positive or negative is yet to be seen. However, it is undeniable that AI is here to stay and will continue to shape the world we live in.

With the advent of platforms such as Mind Journey and Night Cafe, creative individuals have more opportunities than ever to showcase their digital art. The work produced by these talented individuals can sometimes be mistaken for traditional human-created art.

This month's Art Talk speaker at the Lakes Region Art Gallery is Russ Schundler, a member of the association and a gifted photographic artist. His work, which includes both photographs and digital art, is currently on display and available for purchase in our Tilton Art Gallery. In addition to being a great guy, he is also very knowledgeable about the intersection of art and technology.

Schundler's photography journey began in 1963 while he was studying at Princeton University and making black and white prints in the university darkroom. During that time, he focused on sports photography. In 1967, while serving in the Navy, the aircraft carrier he was assigned to have a fully equipped darkroom where he was able to process his travel photos. Today, he is a member of both the Lakes Region Art Association and the Lakes Region Photographer's Club. He and other club members share their passion for photography and exchange their skills and techniques for capturing and post-processing photographic images.

Schundler began his career as a Management Trainee for American Can Company and later served as the VP of Operations for a family mineral processing plant after leaving the Navy. He then worked as a Marketing Representative for IBM for 15 years, followed by an 18-year tenure as a senior management Career Consultant for Right Management.

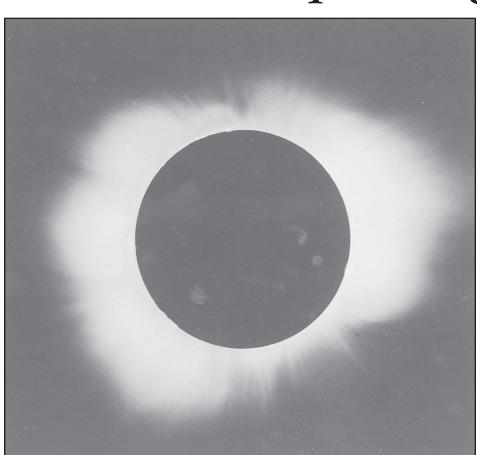
Join us in the Gallery at 7 p.m. on March 18 to hear and discuss AI from an Artist's Perspective.

Our meeting are held at the Lakes Region Art Gallery, 120 Laconia Rd., Tanger Outlets,

Suite 300, Tilton.

For more information about the Gallery, visit our Web site: www.LRAANH.org.

Aubudon announces program on upcoming solar eclipse



Endicott College announces local Dean's List students

BEVERLY, Mass. — Endicott College, the first college in the U.S. to require internships of its students, is pleased to announce its Fall 2023 Dean's List students. In order to qualify for the Dean's List, a student must obtain a minimum grade point average of 3.5, receive no letter grade below "C," have no withdrawal grades, and be enrolled in a minimum of 12 credits for the semester.

Hannah Capsalis, daughter of Kristie and Michael Capsalis of Barnstead, has met these requirements:

About Endicott College

Endicott College offers doctorate, Master's, Bachelor's, and associate degree programs at its campus on the scenic coast of Beverly, Mass., with additional sites online and at U.S. and international locations. Endicott remains true to its founding principle of integrating professional and liberal arts education with



MOULTONBOR-OUGH — On Thursday, March 21 at 7 p.m. at the Loon Center in Moultonborough, the Lakes Region Chapter of the New Hampshire Audubon Society will present a program titled The Eclipse is coming!! The Eclipse is coming!! presented by Sally Jensen.

On April 8, New Hampshire will experience a total solar eclipse. The northern part of our state in Coös County will be in the path of totality. It is a rare opportunity to be able to observe the Sun without squinting. How can we observe this event safely?

Sally Jensen, a NASA Solar System Ambassador, will explain this event and have special solar eclipse glasses and information to pass out, so people will understand what is happening.

Observing a total



solar eclipse is a truly incredible experience. As the moon passes between the sun and the Earth, the sky darkens, temperatures drop, and the stars become visible in the middle of the day. The sun's corona (its outer atmosphere) becomes visible as a beautiful halo around the moon.

For New Hampshire, we will have to wait another 55 years for the next solar eclipse to hap-

pen for this area, even though eclipses happens on a regular basis about twice a year somewhere on Earth. The goal is to help people enjoy the experience safely.

The Loon Center is located on Lee's Mill Road; follow the signs on Blake Road from Route 25 near Moultonborough Central School, or from Route 109, turn on to Lee Road and turn left on Lee's Mill Road.





Governor Wentworth Continuing Education SPRING 2024 Class Schedule

The Governor Wentworth Continuing Education program is pleased to offer the following adult education classes to the community. The Spring 2024 class schedule can be found on the GWRSD website at www.gwrsd.org or pick up a printed flier from anyone of our community partners who allow us to display the class schedule at their place of business, or email adulteducation@sau49.org or call KRHS at 603-569-2055 #1007 for more information. These engaging opportunities will take place at the Kingswood High School Complex, unless otherwise specified in the schedule. Please note that certain classes have limited seating, so we encourage you to register early to secure your spot.

- Mah Jongg for Beginners
- Creative Writing: "The Art of Wondering & Wandering"
- Advanced Beginner Pickleball • Eggshell Mosaic Art
- Tying Crucial Knots
- Drafting & 3D Modeling
- How to Play Guitar 2, Mandolin 2, or Violin 2
- Financial Plan Workshop
- How Democracy May Die in New Hampshire

• Adult & Junior Golf Lessons

- Morning Vinyasa
- Beginner Yoga
- Decompress & Stretch
- Balance; Stability and Strengthening
- Barre Fusion
- Introduction to Tai Chi • Chair Exercise
- B Fit Boot Camp

www.qwrsd.org

Opinion

A total eclipse of...the sun

In just a few weeks, on April 8, those who travel to Texas, Oklahoma, Missouri, Arkansas, Illinois, Kentucky, Indiana, Ohio, Pennsylvania, New York, Vermont, New Hampshire, and Maine will have the extraordinary opportunity to witness a total solar eclipse. This celestial phenomenon, where the moon completely obscures the sun, casting a shadow on the Earth, is a moment of wonder.

For New Englanders, this upcoming eclipse holds particular importance, as the region has not experienced such a spectacle in over a century. The anticipation is palpable, with communities buzzing with excitement and preparations underway to ensure a memorable viewing experience for all.

The corona is a region of superheated gas extending millions of kilometers into space, but it's normally obscured by the sun's intense brightness. During a total solar eclipse, however, when the moon perfectly aligns with the sun, the corona's ethereal glow emerges, creating a spectacle unlike anything else in nature. For those fortunate enough to be in the path of totality, the sky darkens, stars emerge, and the sun's corona—the outermost layer of its atmosphere—becomes vis-

Beyond the scientific implications, a total solar eclipse holds profound cultural and spiritual significance for many. Throughout history, these celestial events have been interpreted as omens, symbols of renewal, or moments of cosmic alignment.

It is essential to prioritize safety when viewing the eclipse. Directly observing the sun, even during an eclipse, can cause permanent damage to the eyes. Therefore, it is crucial to use certified eclipse glasses or other safe viewing methods to protect our vision.

The influx of traffic and people into small towns have caused local safety departments, and even state departments of transportation, to collaborate alongside local hospitals and businesses on how best to prepare.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be ac-

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

Barnstead neighbors get a jump on spring by planting victory garden seeds

In the spirit of this year's Groundhog Day forecast for an early spring, Barnsteaders Jenny Hart, her third- and fourth-grader grandsons Steven and Kaden, and neighbor Stuart Leiderman met on a crisp, sunny Friday morning to start some seeds for their home gardens and for transplanting some later into the raised-bed community garden at Barnstead School. To prepare, Leiderman spread a waterproof cloth over the dining room table, added a big tray of snacks, and a few dozen empty plastic seed cups and holders saved from last years planting. Then with Jenny's potting soil and Stuart's seeds, including heritage varieties from Ukraine, they sorted the packets into three categories - vegetables, flowers



LETTERS FROM EDWIN

Multiplication

I'm sitting here in the shack. It being early March, one would expect that I was either handing out rentals and trail passes, or getting ready for the ten o'clock lesson. Neither. The weather report says it'll rain. Last week's warm weather and rain wiped out a majority of our ski trails.

With not much snow this winter, we've lucked out that whenever we had rain, it stayed warm so the water could seep down through the snow so the surface remained groomable. Last week, the temperatures plummeted down into the teens and froze everything solid while the snow was still saturated. Right now it's totally rock hard ice. Today, it's supposed to rain more, and expected to stay above freezing.

Yesterday, I actually had a lesson on the stuff. The groomer had tried to make it's magic with minor success. It was challenging enough for me, my students did surprisingly well considering the conditions. They kept up their practicing for over an hour after the lesson and came in complaining of being cold, not discouraged by

the conditions. A Gold star goes to them.

When was the last time you got a gold star? I remember when I was teaching, and after someone suggested giving out stickers, I tried it. Holy Mackerel, what a response. Those kids went nuts for a star. What a concept. Rewarding good performance. Maybe we ought to return to that sentiment in this "nobody can be better" society we've created. I remember throwing candy to kids who answered my multiplication questions correctly. Yes, I was only a sub, but I wonder if any of those kids that didn't get any candy brushed up on his or her multiplication tables for the next time I invaded their class-

I suppose that I may have incremented the obesity factor of some of those kids, but it's the sweet treats that stimulate this human species. Isn't it? Ever since we got access to inexpensive sugar, thanks to slave labor, we've been rotting out our teeth, upping our body mass index and multiplying the cases of diabetes dramatically. We're willing to accept all these negatives that result in a harder life

that terminates earlier. all for the stimulation of the sweet sensors on the sides of our tongues that send wonderful signals to our anticipating brain.

I know, I too have what is known as a sweet tooth. To me, desert isn't a piece of fruit, it's a piece of my mother's from scratch chocolate cake topped with her homemade mocha frosting. She'd make one every week and meter out the pieces so that the cake would last all week. Growing up, being the youngest, I'd get to clean the bowl every time she made one. It was a delightful honor till she got a rubber spatula which got most of the batter into the baking pan. I preferred her old wooden

I still love sweet stuff, and feel that I could cut down my intake more, but when comparing what I consume to what I see others consuming, I'm probably not doing that bad. I've always been a fan of moderation, or at least tried to be.

The sun just came out. So much for the rain we were supposed to be getting, I guess it's being delayed. All those moving air masses and temperature variations

and countless other factors that are involved in making the weather have out foxed the forecasters once again. It's pretty much accepted that nobody can perfectly predict what the weather will be. They're just close some of the time.

Now I hear that I need to reduce my carbon footprint. That totally doesn't make much sense. If I had wind enough at home, which I don't, I could build a big tower and put a wind turbine on it to make me some "free" electric power, but since they are broken down and waiting for parts fifty percent of the time, it's not practical. And solar cells are cool, but they too degrade and are only good for a few years. Wait till you see the landfills when it's time to change them out.

I drive over ten year old vehicles, heat my house with wood, and try to be frugal in everything I do. Any large boat owner blows more carbon than I do just getting out of the marina. Things are all relative.

E.Twaste

Correspondence welcome at edwintwaste@ gmail.com

Letters to the Editor

Thank you for supporting your Timberwolf Boosters

To the Editor:

The **Timberwolves** Booster Club would like to thank all who supported the PMHS basketball concessions this season. Thank you to all the fans who came to the games to support the teams. We are

grateful for the PMHS administration and custodial staff, parents and friends who donated drinks, snacks, supplies and candy. Special thanks also goes to these local businesses whose contributions made the concession fundraiser successful -Alton Village Pizza,

Leyden Electric and the Grow family. The Timberwolves Booster Club's mission is to support Prospect Mountain High School athletic teams and promote pride and spirit within the school. We always welcome any new community members. Please visit the

Timberwolves Booster Club Facebook page for announcements of upcoming meetings.

> Colleen Smith For The Timberwolves Booster Club

Say no to SB2

To the Editor:

To my Barnstead neighbors: I appreciate the intent of SB2. I believe in one person, one vote, and am committed to the democratic process and to voter access and decry anything that smacks of voter suppression or anything that makes it harder for people to vote.

It is true that SB2 would allow many more to participate in voting, not only for town officials, but for town budgets and other warrant articles. It really sounds good "on paper." Unfortunately, it will likely not meet the intended goal, and will merely allow for more uninformed and misinformed voting, and it takes away the essence of town meeting - where I can hear the rationale behind every warrant article and

budget item and I can ask questions to inform my vote and I can change my mind (or not) after hearing the rationale and answers and I can make amendments (yes, I can go to a deliberative session, but only a few of us will).

If you hand me a ballot with a bottom-line budget and a couple dozen warrant articles, I will make my yes/ no choices based solely on my gut reactions or what I read on social media or from my neighbors' opinions - or with no knowledge at all. If I see a warrant for \$100,000 for a new fire truck, I am likely to say "no way, we can't afford that." If I hear the fire chief at town meeting explain why (maybe it is part of a several year plan to replace a vehicle or to pay off a vehicle), I might

say yes – maybe I don't want more taxes, but I can see the benefit for the community. I can even say "Well, maybe," but how about we put aside \$50,000 this year and try to add to that next year – and if the voters agree with me, THAT is the democracy at its essence. Listening, compromising, trying to do what is best for the majority in the community is the democratic process of town meeting. That will be lost with a several page paper ballot where you check a yes or no box with little info, little compromise, little consideration.

Yes, times change. But not always for the better. Yes, giving up several hours on two Saturdays in March is a hardship. But most of us do find and make time for things that we think are important. We know the dates of town and school district meetings for the next decade - it can be planned for. In this day of isolation, it may be one of the few times and places where we can come together as a community. Not everyone can make it, but not everyone can make it to vote if SB2 is adopted. I would argue that 100 informed, committed, and invested voters is better for our community than 1,000 uninformed or misinformed voters. I urge you to vote no to SB2. And make the time for town meeting, if you can.

Suzanne Allison Barnstead

Gilford Public Library

Classes Special **Events**

March 7 - March 14

Thursday, March 14 Geri Fit, 9-10 a.m. Melody and Motions, 10:30-11:30 a.m.

Join us in playing & moving with all different kinds of musical instruments!

Homeschool Game Club, Noon-1:30 p.m.

Let's Talk About Grief, 1-2:30 p.m.

Grief is a taboo topic in our culture, but it's important to talk about it. Let's break the silence. Let's open the door to a conversation about grief. It's time to break the stigma.

French, 4-5 p.m.

Friday, March 15 Senior Sculpt, 9-10

Partnership Public Health nessLink, 10-11 a.m.

WellnessLink is a program sponsored by the Partnership for Public Health with support from New Hampshire's Department of Health and Human Services (DHHS) and Bureau of Elderly and Adult Services (BEAS) to support older adults' access to public health. Our mission is to promote health and prevent disease for aging adults in New Hampshire.

Preschool Storytime, 10:30-11:30 a.m.

Hand & Foot, 12:30-2:30 p.m.

Happy Crafters, 1:30-2:30 p.m.

Advanced Conversational German, 2:30-3:30

Beginner Line Dancing, 4-5 p.m.

> Saturday, March 16 Beginner Line Danc

ing, 10:30-11:30 a.m.

Monday, March 18 Fun and Fitness with Joyce, 9-10 a.m.

St. Patrick's Day Singa-Long, 10-11 a.m.

Enjoy some fun and festive St. Patrick's Day songs with Jane! These engaging songs are perfect for celebrating the holiday. Grab a snack, sing a song and don't forget to wear lots of green. Baby Storytime, 10-11

Mahjong, 12:30-1:30 p.m.

Tuesday, March 19 Senior Sculpt, 9-10

Preschool Storytime, 10:30-11:30 a.m.

Dungeons and Dragons Club, 3-4:30 p.m.

Join DM Hayden in the latest adventure! Teens and tweens invit-

Intermediate Line Dancing, 4 p.m.

The Eclipse is Coming! The Eclipse is Coming!, 5:30-6:30 p.m.

On April 8, 2024, New Hampshire will experience a total solar eclipse. The Northern part of our state in Coos County will be in the path of totality. It is a rare opportunity to be able to observe the Sun without squinting. How can we observe this event safe-

Wednesday, March 20 Senior Stretch Yogaaah!, 9-10 a.m.

Card Games, 10 a.m.-

Check out an Expert, 10 a.m.-noon

Little Math Whiz, 10:30-11:30 a.m.

Discover Live: Florence, Italy, 1-2 p.m.

This 1-hour tour will take you to the Florence center starting from the most central street market. A boots-on-theground live virtual tour

is sure to delight everyone in attendance.

Paint Group, 1-3 p.m. Chess Group, 1-3 p.m. T(w)een After-School Club, 3 p.m.

Science Seekers: Crazy Colors, 3:30-4:30 p.m.

Create color changing experiments with Miss Jill!

> Thursday, March 21 Geri Fit, 9-10 a.m. Melody and Motions,

10:30-11:30 a.m.

Homeschool Game Club, Noon-1:30 p.m.

French Club, 4-5 p.m. Book Discussion: "Shark Heart," 5:30-6:30

This month's book is "Shark Heart" by Emily Habeck. Led by Molly; books are available at the front desk.

Gilford Public Library Top Ten Requests

"The Women" by Kristin Hannah

- "Crosshairs" by James Patterson
 - "After Annie" by Anna Quindlen "Oath and Honor" by Liz Cheney
- "Holmes, Marple & Poe" by James Patterson
- "Missing Persons" by James Patterson
- "Three-Inch Teeth" by C.J. Box
- "The Ghost Orchid" by Jonathan Kellerman
- "The Edge" by David Baldacci
- 10. "The Chaos Agent" by Mark Greaney

Sketch with Phil at Gilman Library

ALTON — If you know a kid who loves to draw or wants to learn, or you are one, mark your calendars for Saturday, April 13, from 10 to 11:30 am, then immediately call Alton's Gilman Library, to get your name on the list to Sketch with Phil.

You may have caught his performances as The Everywhere Man, at any of several local libraries or senior centers, performing magic tricks, or singing and playing guitar for all ages, from preschoolers up to retirement age. You may have heard his street music or watched him perform in any number of plays in the local small theater groups. Or perhaps you caught his interview with Jane Cormier, Host of Artful Living, on NH Talk Radio.

Now Philip Reilly is adding another feather to his cap as he invites children to Sketch with Phil at the Gilman Library, 100 Main St., Alton. Kids of all ages are welcome. Seating is limited to ten for this small group tutorial. Please sign up early. Call 603-875-

GILFORD POLICE LOG

GILFORD — The Gilford Police Department reported the following arrests during the week of March 4-10.

Amanda E. Palisi, age 32, of Laconia was arrested on March 4 for Driving After Revocation or Suspension of License.

Caitlin Ann McDaniel, age 26, of Laconia was arrested on March 5 for Criminal Trespassing.

David S. Chase, age 39, of Laconia was arrested on March 5 in connection with a warrant.

Trenton Francis McNutt, age 19, of Gilford was arrested on March 6 for Criminal Threatening with a Deadly Weapon, Domestic Violence-Obstructing Report of a Crime or Injury, and Domestic Violence-Simple Assault causing Bodily Injury.

Candice L. Sanville, age 38, of New Durham was arrested on March 9 in connection with a warrant.

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E-MAIL: E-MAIL: brendan@salmonpress.news

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josh@salmonpress.news MANAGING EDITOR Brendan Berube (603) 677-9081 brendan@salmonpress.news

PRODUCTION MANAGER JULIE CLARKE (603) 677-9092 julie@@salmonpress.news Telepathy is reading others' intentions

Telepathy is the ability to communicate thoughts directly from one mind to another without the use of words, gestures,

or any conventional forms of interaction. The idea of telepathy has intrigued humanity for centuries. Its origins are steeped in ancient lore and psychic traditions, often portrayed as a mystical bridge connecting human consciousness.

An exaple of telepathy in modern fiction can be seen in the character of Professor Charles Xavier, also known as Professor X, from the "X-Men" series. With his telepathic powers, Professor X can not only read minds but also project his thoughts onto

others. But does such a profound ability exist outside the realms of fiction? The question leads us to people like Uri Geller, a performer who claimed to possess psychic abilities, including mind reading. Geller's demonstrations of spoon bending and telepathy captivated audiences worldwide, suggesting a glimmer of reality to the powers depicted in tales and comics.

Much skepticism surrounds Geller's claims, with critics pointing to sleight of hand and psychological tricks rather than genuine psychic phenomena.

While the allure of telepathy remains potent in our collective imagination, the jury is still out on whether a human being has truly harnessed this extraordinary ability.

Recent advances in artificial intelligence and neuroscience have led to the development of AI systems capable of decoding human brain waves into speech. This groundbreaking technology bridges the gap between thought and communication, allowing for telepathy medi-

ated by machines. While nally understand what I'm sure there are benefits to this tech-Positively nology, it's also terri-

TOBY

SPEAKING

MOORE

Terrence McKenna was an ethnobotanist and author known for his controversial theories on psychedelics, consciousness, and culture.

If you've ever listened to one of his lectures, you'd find that he had a different definition of telepathy than the one portrayed in popular media.

In one lecture, he states, "If you're like me, you think telepathy is hearing other people's thoughts. It isn't that; it's seeing what other people mean."

Consider when a friend texted you, "We need to talk." The immediate sense of dread, the assumption of an impending argument, only to discover they simply wanted advice. The text, devoid of tone and context, became a breeding ground for misunderstanding, casing a moment where telepathic clarity — understanding the true intent behind the words — could have spared you the stress.

Or picture this: two travelers, one speaking only Italian and the other only Japanese, trying to find their way in a crowded international airport. Their attempts to communicate through gestures and broken English spiral into confusion. Misinterpreting each other's actions, they become increasingly frustrated and offended, convinced the other is being rude. The situation escalates, as neither can grasp the true intention behind the other's gestures.

A bystander happens to speak both languages steps in to mediate. The translator breaks down the language barrier and quickly resolves the misunderstanding. The tension dissolves into laughter and gratitude as they fieach other means.

Misunderstandings involve more than language differences. Even when we speak the same language, we often end up confused and in conflict because of misinterpreting what's meant by what's said.

If we could truly understand the intentions and emotions behind other's words and actions, many misunderstandings that lead to conflict could be avoid-

This is easier said than done, but what if?

What if we just took a breath and tried to understand rather than reacting with a kneejerk reaction and getting upset? Could we reduce social divisions, understand that we are all human, and accept that we are all different?

The world is filled miscommunicawith

tion; what if we could become a more collaborative and innovative planet by truly looking past what is said and trying to understand what is meant.

Relationships could flourish free from the constraints of misinterpretation, with partners, friends, and family members trying to understand rather than assuming that they know.

Telepathy, as defined by the late Terrence McKenna, could be the key to unlocking a new era of human understanding and coopera-

Is this possible? I don't know, but I suppose if we stopped jumping to conclusions and practiced more patience, we might be headed in the right direction.

UNH Cooperative Extension hosting women's walk at Widowmaker Farm

NEW DURHAM — Join UNH Cooperative Extension's Lindsay Watkins (Strafford and Belknap County Forester) and Wendy Scribner (Carroll County Forester) for a leisurely walk on the Widowmaker Farm property in New Durham.

We will be exploring this property protected with a conservation easement by Moose Mountains Regional Greenways, and will focus on winter tree identification. We'll examine branching, buds, and bark while the leaves are off the trees, and discuss how each species functions as habitat for wildlife. We'll also try to identify animal tracks we find along the way. Dress for the weather and come prepared with spikes or snowshoes. Register online at: https://secure.lglforms.com/ form_engine/s/-f3H2jARdzMTLltHz7P2ng. \$15 suggested donation for non-members. Space is limited. Please note this event is women-only.



On the road for a busy few weeks of postseason fun



Cannon Mountain's Mittersill Ski Area played host to the alpine Meet of Champions on Feb. 22



It was a championship doubleheader at Colby-Sawyer College on Saturday, March 2, as the Profile and Littleton boys went toe-to-toe and the Littleton girls put their undefeated season on the line against Newmarket.



Bow High School played host to the Division III wrestling championships on Feb. 17, just a few days before hosting the Division III girls' basketball semifinals.

past week wrapped up the winter season at the local high schools.

And what a season it

It has been a busy couple of weeks as teams went into postseason action. Along the way, there has been a heck of a lot of driving to cover as much as I can over the course of the last month.

The ski championship week is always one of the busiest weeks in my high school year. This year was also marked by a complete elimination of one of the days of competition due to the threat of weather that would make travel difficult.

The first day of the ski championships was Monday, Feb. 12, with the

Division II girls skiing at Crotched Mountain. As it was the only race on that day, I headed south to Bennington and got the chance to watch the Kennett girls bring home a championship.

Tuesday was the rescheduled day, but with skiing off, I was off to Litchfield to start basketball playoffs, as the defending champion Gilford hoop boys traveled to take on Campbell and pulled off a last-second win on a Brendan Baldi three-pointer in the opening round of the Division III tournament.

Wednesday, of ski meets, but with the scheduling what it is, I was able to cover the Division III girls at Gunstock, with Gilford



The view from the top of the landing hill at the Chip Henry Ski Jump, which hosted the state (and national) championships on Feb. 15.



coming home with the runner-up plaque. That evening it was back on the road to Alton, where the visiting White Mountains Regional hoop girls picked up an upset of the Prospect Mountain Timber Wolves. I did miss Lin-Wood alpine boys finishing as the Division IV champions at Crotched Mountain.

The next day featured the most driving, as the 14, there were a pair day started with a trip to Gunstock to see the Division III boys (congratulations to Plymouth finishing as the runners-up) and left after

the giant slalom to head north to Cannon Mountain to see the Division IV girls, where the Profile girls picked up their seventh-straight championship. I did miss the Kennett boys finishing as the Division II runners-up at Cranmore. From Cannon, it was a trip across the Kancamagus Highway to the Chip Henry Ski Jump in Albany, where the state championships held. The host Kennett Eagles finished as the runners-up to a strong Hanover squad in what is technically the national championship, as New Hampshire is the lone state that sanctions high school jumping.

Friday, Feb. 16, saw one of the best endings the tournaments, as I hit the road to Canaan to watch the White Mountains hoop boys take on Mascoma in the quarterfinal round of the Division III tournament. That game was decided on a final-second long-distance heave from Mascoma that sent them

on to the semifinals. The following day was the wrestling Division III championships at Bow High School, where I got to see Plymouth, Winnisquam, White Mountains and Kingswood compete, with numerous athletes moving on to the Meet Champions. From there, I made the trip up Route 89 to Sutton to see the Gilford hoop girls in quarterfinal action at

Kearsarge. After a Sunday off, it was off to Woodsville for the start of the Division IV boys' tournament on Monday, Feb. 19, with the three-time defending champions pulling away from Hinsdale for the win.

On Tuesday, Feb. 20, there was a trip to Jackson for the final Nordic race of the regular season followed by the Division IV girls' basketball opening round in Moultonborough, where the Panthers dropped a close one to Holy Family.

ketball team was playing



The Division IV girls' alpine championship on Thursday, Feb. 15, was held under bright and sunny skies.

in the Division III semifinals for the first time in school history. Kudos to Lauren MacDonald, who scored her 1,000th point and became the leading scorer in school history

in her senior season. On Thursday, Feb. 22, the best alpine skiers in the state were in action at Cannon for the Meet of Champions and I stayed above the notch for that night's basketgames, watching the Littleton boys beat Groveton in the quarterfinals and then making the short trip to Profile to watch the Profile boys beat Portsmouth Christian. Kudos to Littleton's Kayden Hoskins, who reached the 1,000-point plateau earlier in the season and Profile's Josh Robie, who crossed the 2,000-point mark in the quarterfinal win.

On Friday, I made a stop at my mother's house in Stark before heading to my alma mater, Groveton High School, to watch the Groveton and Profile girls battle in the Division IV quarterfinals. It marked only the second time in my 20-plus years that I had covered a game at my alma mater (shoutout to Alton Central School boys' basketball, the last time I did so).

Saturday, Feb. was a pretty short day driving, relatively speaking, as I covered the final regular season hockey games, with Kennett vs. Laconia-Winnisquam-Inter-Lakes in Laconia and Kingswood vs. John Stark-Hopkinton

in Wolfeboro. After another Sunday spent writing, it was off to Bedford for the Division IV boys' basketball semifinals on Monday, Feb. 26, (another Littleton-Woodsville instant classic semifinal) and another trip back there on Tuesday, Feb. 27, for the Division IV girls' semifinals. Tuesday also featured a detour on the way home to catch the Kingswood-Prospect Mountain hockey girls win their first playoff game in program history in Hooksett.

Wednesday, Feb. 28, there was only one game on the local schedule, as I traveled to Pelham High School to watch the defending champion Kennett girls play in the opening round of the Division II tournament.

There were no games on Thursday, but Friday, March 1, brought a bit of a road trip. First it was south to Goffstown for the Kingswood-Prospect girls' hockey team's quarterfinal against Pinkerton at Saint Anselm. I then traveled across the state to the Dover Ice Arena for the Berlin-Gorham-Kennett girls' hock ey quarterfinal game, a game that ended in controversial fashion. Before that ending, I left the arena to go to Northwood for a Division II quarterfinal game for the Kennett hoop boys at

Coe-Brown. Saturday, March 2, I headed to New London for the Division IV basketball finals at Colby-Sawyer College, with the Profile boys and Littleton girls finishing off undefeated seasons with state championships. I then broke a speed limit or two to get to Conway's Ham Arena at the first intermission of the Division III hockey quarterfinals between Kennett and Kingswood, a fantastic game that ended in a 1-0 win for the visiting Knights.

That brought to a close a couple of busy weeks. This past week featured only Nordic and hockey for the local teams. The Nordic championships were moved to one day, Wednesday, at a different location, Oak Hill in Hanover, due to snow conditions at Great Glen. Congratulations to the Plymouth girls and the Gilford boys on picking up championships on the day. Hockey semifinals at Plymouth State were the same day and the hockey finals were Saturday in Manchester. Kudos to the Berlin-Gorham boys for finishing off the undefeated season with a Division III championship, SEE **CHANCE** PAGE A7

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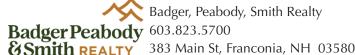






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The next day it was back to Bow, where the Winnisquam girls' bas-

Tim Corbin reaches 1,000-win plateau

Kingswood graduate leads Vanderbilt University baseball team



VANDERBILT UNIVERSITY - COURTESY PHOTO Wolfeboro native Tim Corbin, the head coach of Vanderbilt University's baseball team, reached 1,000 career wins last

CHANCE (continued from Page A8)

the team's fourth in five years.

All told, there were championships for the Profile and Kennett alpine girls, Lin-Wood alpine boys, Littleton hoop girls and Profile hoop boys and runner-up finishes for the Kennett ski jumpers, the Kennett, Plymouth and Profile alpine boys, the Gilford alpine girls and the Littleton hoop boys. Not a bad few weeks.

With the busy few weeks of the winter season in the books, there is a bit of a slowdown until

the end of the month, when I hit the friendly skies to travel with the Kingswood softball team to Florida.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 729, Meredith, NH 03253.

NASHVILLE, Tenn. Vanderbilt baseball head coach Tim Corbin, a Wolfeboro native and graduate of Kingswood Regional High School, reached 1,000 wins on March 5 as the Commodores defeated Eastern Michigan 6-2 at Hawkins Field. Corbin is one of only 10 active coaches in NCAA DI with 1,000 career wins.

In his 22nd season at Vanderbilt, Corbin has led the program to 17 consecutive NCAA Tournament ances, which marks the longest active streak in Division I.

Commodores The have been to the College World Series five times, the finals four times and have won it all twice.

Since taking over as head coach in 2003, 55 players have been named

All-America including 18 who have received first-team All-America

recognition. More than

30 future Major Leaguers

have come through the

program under Corbin's tutelage.

Corbin played college ball at Ohio Wesleyan and began his coaching journey at Ohio State as a graduate assistant. He served one year at Wofford as an assistant coach before receiving an offer from Presbyterian College to help restart the school's baseball program, which had been dormant for several years. Corbin led the Blue Hose from 1988-93, guiding the program to the ranks of NCAA DII.

Presbyterian four games his first seayear two. PC won 20 or more games in each of Corbin's next four sea-

Corbin was named South Atlantic Coach of the Year in 1990 and the Blue Hose made three consecutive South Atlantic playoff appearances from 1991-93. Corbin won 106 games while at Presbyterian.

Clemson head coach Jack Leggett hired Corbin as an assistant coach prior to the 1994 season. Corbin was elevated to assistant head coach in 1998 and associate head coach in 2001.

Corbin was named National Assistant Coach of the Year in 2000 by Baseball America and the American Baseball Coaches Association after helping guide the Tigers to a College World Series appearance.

After the 2002 season, Vanderbilt reached out to the Clemson staffer about taking over the program in Nashville.

Corbin was introduced as Vanderbilt's 21st head coach on June 25, 2002.

His first win at Vanderbilt, career win number 107, was a 4-3 victory vs. The Citadel on Feb. 15, 2003 in Charleston, S.C.

Corbin's first Vanderbilt team in 2003 finished 27-28 overall and 14-16 in the SEC, good enough for second in the Eastern Division. It earned a conference tournament

son followed by 13 in berth with a season-ending sweep of Tennessee capped by a dramatic ninth-inning rally in the series finale. The overall and conference victory totals were the most by a first-year Vanderbilt coach.

Since then, the Commodores have averaged more than 44 wins per season and have reached the 50-win mark six

Vanderbilt won its first College World Series title on June 25, 2014, defeating Virginia 3-2 in the final game. The win marked the school's second NCAA championship and first men's title. The Vanderbilt skipper was named the consensus National Coach of the Year.

On June 26, 2019, the Commodores ed their second College World Series title.

posted Vanderbilt an SEC-record 59 wins during its historic championship campaign. The Commodores captured the SEC regular season and tournament titles, becoming the first program to accomplish the feat outright since Vandy's 2007 program did so.

Vandy became the first school to reach the College World Series finals three times since the event moved to TD Ameritrade Park in 2011 and first to win multiple titles at the ballpark.



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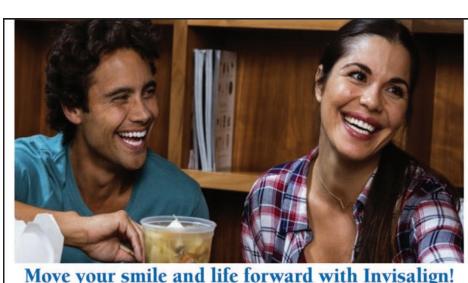
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BARNSTEAD (continued from Page A1)

and Maintenance Expendable Trust Fund. Article 9 would put \$200,000 into the Road Construction and Maintenance ETF. The Municipal Building Repair and Maintenance ETF would receive \$20.000 under Article 10. Article 11 would put \$25,000 into the Bridge Construction Capital Reserve Fund. The Highway Department Heavy Equipment would receive \$100,000 under Article

12. Article 13 will put \$60,000 into the Fire Rescue ETF. The Barnstead 300 Year Celebration ETF would receive \$2,500 in Article 14 leading up to the big celebration in 2027. Article 15 would put \$75,000 into the Public Safety CRF. Article 16 would put \$50,000 into the Emergency Preparedness ETF. Article 17 would put \$15,000 into the Emergency Fuel and Heat ETF. The Municipal Computer and Equipment RTF would receive \$25,000 under Article 18.

Article 19 would discontinue the Milfoil Prevention Non-Capital reserve Fund with funds being transferred to the general fund.

Article 20 would establish the Milfoil Expendable Trust Fund and raise and appropriate \$33,433 to put into the fund.

Article 21 would put \$\$15.000 into the current Milfoil Expendable Trust Fund. Article 22 would put \$7,817 into the Milfoil Expendable trust fund from the unassigned fund balance with the amount representing the state's reimbursement for costs associated with the Milfoil Grant.

Article 23 would add \$10,000 into the Cistern Construction and Maintenance ETF. The Parks and Recreation Facility CRF would receive \$5,000 under Article 24.

Article 25 is a petitioned article calling for \$150,000 to maintain and develop the Barnstead Recreation Area. Of this amount, \$75,000 coming from the Federal Lakes and Conservation Fund Grant with a \$75,000 match coming from town capital reserve funds.

Article 26 would in-

crease the Veteran's Tax Credit from \$500 a year to \$750 a year.

Article 27 is a petitioned article calling for the town to adopt the provisions of the Official Ballot Act, also known as SB2 that would replace the traditional town meeting with a deliberative session and ballot voting on warrant articles.

Article 28 would modify the elderly exemption in the town's property tax based on assessed value. For people ages 65 to 75, the exemption would be \$30,000, for

ages 75-80 the exemption would be \$40,000, and for ages 80 and older the exemption would be \$50,000. Requirements for qualifying for this exemption are also listed in the article.

Article 29 is the annual lease agreement between the town and the bus company to lease town owned land on South Barnstead Road.

Article 30 is the budget operating \$5,122,133.

GILFORD

(continued from Page A1)

ing some changes and said most fees will go up slightly.

Theriault said they look at all the billing for the year and compare income and expenses, coming up with suggestions for covering costs.

Town officials emphasized the facility is not meant to make a profit, but to pass savings along to the residents.

"It's important for us to make sure that the public understands it's not like we're trying to make this a profitable recycling center, its rather just covering the costs of the town residents," said Selectman Gus Benavides.

He said the town now has two years of data while factoring associated costs as well as working with the fact costs have been rising.

Earlier this year, the facility stopped accepting commercial brush disposal. Theriault said they were getting complaints about the amount of ash it was producing. Since restricting commercial disposal, she said they haven't gotten any complaints.

Theriault said they want to expand this to now allow commercial stumps and logs. She said Solid Waste Supervisor Bruce Hewitt said around 50 percent of their logs and stumps come from commercial operations. Theriault said they don't mind taking commercial material they can reuse such as pavement and bricks for road material and leaves for loam. Logs and stumps, however, can take up a lot of room and become costly to dispose of. A lot of time, stumps will also come in dirty. and work needs to go into shaking them out.

Residents would still be able to dispose of their logs and stumps at the solid waste facility.

An update to the fees would also come with an update to the ordinance.

Town Administrator Scott Dunn listed proposed ordinance changes. Theriault said she as well as Hewitt and Operations Manager Roger Weeks had a concern with the part allowing Gilford business owners to transport their own commercial waste

to the facility. Theriault said this would allow businesses to dispose of their trash at the facilitv. which led to concerns about how much of an increase in volume they could see. Theriault said so many materials are already overflowing in parts of the transfer station and there was concern this could increase that volume.

"Changing the ordinance doesn't change our facilities we have, the space we have," Theriault said.

Theriault said the facility wasn't built for commercial operations. Benavides echoed that, saying it was built for the residents. Recycling material takes it out of the landfill and Benavides said the town passes along this savings to its residents. He said while he understood why this suggestion would be made, he said this could have unintended consequences.

Dunn said this topic was brought forward after Laconia said their facility would not accept trash from Gilford businesses, but it would accept their recyclables. Dunn said he thought he would try this, but did not have a strong opinion if this was included in the ordinance or not. After discussion, the selectmen decided by consensus to take this part

"My concern is what is the impact on the recycling center with commercial businesses coming in?" said Selectman

Kevin Hayes . "We know most of them go to Laconia or some place else. Anyway, I'd like to know the impact."

Hayes asked what if the town would receive more recycling than trash by allowing this. Theriault said recycling comprises 30 percent of the material solid waste. The only savings they are seeing is form aluminum cans, which is a more valuable material while they are not getting any savings out of other materials.

A public hearing has bene scheduled for March 27 to discuss the changes in fees and the ordinance.

NORDIC

(continued from Page A1)

Division II State Meet.

With their top-20 finishes, Bondaz, Forest, Stow, Kulcsar, Townsend, Karlsson, Eckhardt and Tilley

Aiden Bondaz had a pair of second place finishes in last week's

scheduled to be held after deadline Tuesday.



all earned bids to the Meet of Champions, which was

Meet last week in Hanover.



Carter Forest powers to the finish of the Division II State Meet last Wednesday.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



Henry Stow powers through the freestyle course during the Division II State Meet last week.



Alana Sawyer races during the Division II State Meet last Wednesday in Hanover.

Maria Tilley races for the Gilford girls during last week's Division II State Meet in Hanover. Church Service

ABUNDANT HARVEST FAMILY CHURCH

Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center, Pastors Daniel and Sherrie Williams, 473-8914. For more information, please visit abundantharvestnb.org or e-mail abfc@faitb.com.

ALTON BAY CHRISTIAN CONFERENCE CENTER Sundays throughout the summer 10:am & 7pm; 875-6161.

BEFREE COMMUNITY CHURCH, ALTON Alton-9:30 a.m. Sun. Meeting at Prospect Mounta School. Pastor Ben Rubl, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN

CHURCH Worship Service 10:00am

Bible Study 11:15am Rte 126 next to Town Hall Call or Text (603)269-8831

CHRISTIAN COMMUNITY OF PRAISE C.C.O.P PRAISE GATHERING

Gatbering Saturday evenings at 5:30 p.m. The Gilmanton Community Church 1803 NH Route 140, Gilmanton Ironworks, NH ccoppraisegathering@gmail.com

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FIRST BAPTIST CHURCH OF Sun. School 9:30am; Church 10:30am; Evening Service 6pm

Wed. Prayer Meeting 7pm. Depot St., New Durbam, Pastor Ryan Blackard

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ST. KATHARINE DREXEL 40 Hidden Springs Rd., Alton, 875-2548. Father Robert F. Cole, Pastor.

Sunday 8:30 & 10:30am; Daily Mass Mon., Tues., Wed., Fri. 8:00am

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UNITED METHODIST CHURCH Sunday services 10:30 am. Church 603-539-8058

UNITARIAN UNIVERSALIST SOCIETY OF LACONIA Sunday services and religious education 10:00 a.m. All are welcome. 172 Pleasant St.Laconia • 524 6488 • uusl.org

MAPLE STREET CHURCH 96 Maple Street, Center Barnstead NH 03225

FIRE (continued from Page A1)

Iowa for a preconstruction review of the new fire engine.

"They were impressed by the facilities and by the final product that was being produced there," Carrier said.

Construction has yet to begin on the new engine, though the truck might be coming sooner than expected. Originally there was a one year and 11-month delivery time for the truck. Car-

rier said now hey might receive the truck around October, six months less than predicted.

Four pumps are also being repaired. Last year's pump testing revealed the need for some repairs, especially on valves. While there were no major repairs needed, there were air and vacuum leaks that are being addressed. Repairs have been made on all four pieces of pumping apparatus.

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town Alton Gilford

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Price Single-Family Residence \$319,000 Condominium \$450,000 \$831,800

Seller Guy M. and Chantale R. Maloney Michelle L. Morrison Semir and Kelsey R. Mehmedovic Nancy M. Belanger Shawn Hillsgrove

Bridgette and Gary Walker Kimberly and Marc Cortino Amber F. Kessler Susan M. Caruso Joshua E. and Lindsey A. Dirth

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might in-

based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com

volve additional parties or locations. Prices are usually

or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

Village Players presenting Pulitzer Prize-winning play this April



Joshua Brown (as Dr. Jason Posner) and Phoebe VanScoy-Giessler (as Vivian Bearing) rehearse a scene from "Wit," which opens April 5 at the Village Players Theater in Wolfeboro.



Director Michaela Andruzzi talks things over with Phoebe VanScoy-Giessler at a recent rehearsal for "Wit," which opens the first weekend in April at the Village Players Theater in Wolfeboro.

WOLFEBORO — The Village Players have been working over the last few months to get ready for the spring production of "Wit," by Margaret Edson.

This Pulitzer Prize-winning play revolves around the character of Vivian Bearing, a professor of 17th-century poetry who is diagnosed with advanced ovarian cancer. Even though it's a serious subject, audience members find themselves laughing out loud as Vivian narrates the story of her treatment. Audience members may have seen the movie version with Emma Thompson.

Director Michaela Andruzzi and Assistant Director Jay Sydow have teamed up to bring for-

ward a cast mixed with both Village Players veterans and newcomers to the Wolfeboro stage.

The lead role of Vivian is being tackled by Phoebe VanScoy-Giessler, who most Village Players audience members will know from her countless appearances on the stage.

Fellow Village Players veteran Christian Boudman wlll be playing two roles in the show, the first as Vivian's doctor. Doctor Kelekian, and the second as her father.

Also a familiar face on the Village Players stage, Kathleen Hill will be taking on the role of E.M. Ashford, Vivian's mentor.

Making his Village Players debut, though he did work with Estelle Parsons in one of her

projects at the Glendon Street theater last year, is Joshua Brown, who will be portraying Dr. Jason Posner.

Also new to the Village Players stage is Jayson Andrews, who will be playing the role Susie Monaghan, one of the nurses who befriends Vivian as she goes through her treatments.

The various roles of students, lab techs, clinical fellows and the code team will be played by a combination of Delina Bickford, Helen Rautenberg, Stefanie Marsh and Ryan Devolve, who is making his debut on

the Village Players stage. The performances are set for Fridays, April 5 and 12 and Saturdays, April 6 and 13, all at 7:30 p.m. and Sunday, April 14, at 2 p.m. at the Village Players Theater, located on Glendon Street in

downtown Wolfeboro. Tickets are available at Black's Paper and Gifts in downtown Wolfeboro, at village-players. com and at the door.

"Wit" is sponsored by Jodi and Shane Emerson and is presented by special arrangement with Broadway Licensing, LLC, servicing the Dramatists Play Service collection (www.dramatists.com).

BES expansion project goes before voters again

mnews@salmonpress.news

BARNSTEAD - Voters will decide on an article to expand parts of Barnstead Elementary School that has been updated from a similar project proposed in 2023.

Article 2 would raise and appropriate \$1,758,441 for the project. This would expand the A and B wings as well as the "Old Lobby" and the cafeteria.

The article would authorize the school board to issue and negotiate bonds and apply for and accept any state, federal, or private funds for the project. Because this is a bond article it would require a three-fifths majority to pass.

This project was one of two proposed expansion projects that passed at the 2023 school district meeting.

Last year the district proposed an article that would appropriate \$23,398,200 to create an

that will include a gym, additional classroom space, unified arts programs, and science labs. This article would be contingent on the school receiving \$10,210,940 in State Building Aid and bonding the remaining \$13,187,260.

If that article was defeated or the school doesn't receive the over \$10 million in Building Aid, Article 3 proposed a scaled back expansion project for \$1.8 million. This project would construct and renovate additions to the A and B Wings as well as the cafeteria and the "Old Lobby." The \$1.8 million cost would be bonded.

Both articles passed at the district meeting. Later that school year, the district learned it did not receive the \$10 million in state funds for the project and did not meet the contingency for doing the larger project.

According to an infor-

addition to the building mation sheet on the new article, no bonds were purchased for any of the projects and the district hasn't borrowed any money

According to sheet, district took the extra time to look at what exactly needed to get done and received a guaranteed maximum price from Milestone Construction for the smaller project. The proposed cost came in around \$40,000 less than the original projected cost for the project, as a result the district can borrow less than anticipated. Also selling a bond in the summer of 2024 instead of the winter of 2023 would allow the district to pay a lower interest rate.

The Barnstead School District's annual meeting will be on Saturday, March 23at 9 a.m. at Barnstead Elementary School.

Alton's Nathan Archambault named to Dean's List at University of Norwestern Obio

LIMA, Ohio — On campus located in Lima, gree programs in Busithe University of Northwestern Ohio, we are proud to acknowledge that Nathan J. Archambault of Alton has made the Dean's List for the February 2024 session in the College of Applied Technologies.

Full-time students must receive a grade point average of 3.5 or better to be named to the

Dean's List. THe University of Northwestern Ohio is an entrepreneurial, private, not-for profit institution founded in 1920. There are five colleges within the university: College of Applied Technologies, College Business, College of Health Professions, College of Occupational Professions, and Graduate College granting Associates, Baccalaureate and Masters degrees. UNOH is a residential

behalf of the faculty, ad- Ohio. The University is ness, Health, Marketing, ministration and staff at known worldwide as a Information Technology leader in Automotive, Diesel and High Performance Industries, also offering more than 50 de-

and many other fields of



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Rosie Meet Rosie! Eager to meet you with a beautiful grin, Rosie is excited

to find her forever home. Rosie is affectionate and easy going, overall just happy to be around people (loves to be in your lap). With age comes some more additional needs and she will be happy to explain them to you!

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Great Waters welcomes first Diamond partner

WOLFEBORO Great Waters Music Festival is thrilled to announce it has entered into its first Diamond Partnership with longterm sponsor Eastern Propane and Oil. As an avid supporter of music and the arts, Eastern continues to make a difference in several areas of the Lakes Region. As one of New England's largest energy retailers, Eastern has been a family-owned business for over ninety years and is steadfast in its commitment to supporting local community events and charitable organiza-

"The foundation of Eastern Propane & Oil is family and community. Without wonderful organizations like Great Waters supporting the arts, future generations would be deprived of the remarkable talents those locally and around the world, graciously share," said Whitney Cloutier, Eastern Propane & Oil's Oil Marketing Manager. "We are proud to enter into this partnership so we can not only enjoy fantastic shows this summer but support those aspiring to continue their educa-

tion in the arts." In 2021, Great Waters entered into an agreement with the Castle in the Clouds in Moultonborough to present mu-

sical performances in Waters' the summer in a 450-seat Losberger acoustic tent. In addition to this undercover seating, there is plenty of room for lawn seating in the field across from Shannon Pond. For the past three years, pre-concert receptions have been held in the Eastern Propane & Dil Hospitality Tent next to the main tent.

This new Eastern partnership has fueled Great Waters' enthusiasm to create new and exciting opportunities for those who attend performances. Located in the recently reimagined hospitality tent, Great Waters is now offering a new membership known as the Cloud Club. This member-only opportunity will include preferred parking, complimentary food and drink, early access to ticket sales, and much more.

Joan Myers, Great Waters executive director, is thrilled to offer this new membership to its patrons, commenting "for years, we have known that many of our concertgoers hoped for an opportunity to arrive early, enjoy refreshments, and mingle with other music-loving patrons. We are so grateful to Eastern Propane & amp; Oil for helping us achieve this strategic

goal." As part of the Great Forest Society seeks support for Mount Major main trail project
ALTON — The So- over time. It will also remains one of the best

ciety for the Protection of New Hampshire Forests (Forest Society) is in the process of raising \$300,000 to complete an ambitious trail project that will greatly improve sustainability and enhance the user's experience at Mount Major, one of the most popular hiking destinations in the state.

Eastern will partici-

pate in the Great Waters

Local students gradu-

ating from both public

and private high schools

in towns surrounding

who plan to specialize

in some form of theater

production, music edu-

cation, or performance

are eligible to apply.

Scholarship awards are

also available to col-

lege undergraduate and

graduate students for

comes all to visit their

Web site, www.Great-

Waters.org, to see the exciting 2024 perfor-

mance schedule, pur-

chase tickets, and enjoy

summer- filled nights of

wonderful music and ca-

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vated sponsorship with

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tions, businesses, and in-

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About Great Waters

Great Waters is a

summer

non-profit organization

dedicated to providing

musical experiences at

two locations: the Castle

in the Clouds in Moul-

tonborough, NH, and the

Brewster Academy in

outstanding

Wolfeboro.

programs possible.

the same purpose. Great Waters

Winnipesaukee

program.

wel-

scholarship

Lake

"With an estimated 80,000 visitors annually, Mt. Major's trails are being loved to death," states Jack Savage, president of the Forest Society. "The Forest Society is dedicated to improving the visitor experience and natural resource protection at Mt. Major and this project will go a long way

in accomplishing both." The Forest Society is teaming up with Town 4 Trail Services and OBP Trailworks this spring to construct a sustainable trail to take the place of about one third of a mile of the existing Main/ Blue Trail. The lower sections of the Main Trail include some extremely eroded segments, the result of steep grades on sub-optimal soil combined with thousands of footsteps annually. For decades, the soil eroding from these areas has been washing down the trail, into streams and directly into Lake Winnipesaukee across Route 11 from the Mt. Major park-

In addition to being a more enjoyable hiking experience, the new trail section will also require much less maintenance

ing area.

be a major ecological improvement, reducing runoff and silting into Lake Winnipesaukee. Trail access to the summit will remain open during construction.

"The project is designed to handle the substantial foot traffic on the trail and the heavy rains we have been experiencing as part of the climate changes in our region," adds Savage.

The reconstruction of about one third of a mile of trail is a major investment. To support the project, the Forest Society must raise \$300,000. The project has already received a grant of \$80,000 from the New Hampshire Recreational Trails Program (RTP), as well as funding and donations from the Bafflin Foundation, the New Hampshire Charitable Foundation's Meredith Village Savings Bank Fund, and more than 100 individuals. The remaining \$100,000 will need to be raised from philanthropic and from those that hike the trails. Donations can be made at forestsociety. org/majortrailwork or deposited in iron rangers at the Mt. Major trailhead.

This sustainable trail project is the next phase in a long-range plan to improve the visitor experience at Mt. Major. Climbing Mt. Major is a rite of passage for many across the region and it short hikes to a big view of Lake Winnipesaukee. In recent years, the Forest Society has acquired the Mt. Major parking area from the NH Department of Transportation, built a small pavilion and map kiosk in the parking area, improved the base of the trail and trailhead, and increased the presence of volunteer trailhead greeters during busy times. "We realize that Mt. Major is one of the most popular hikes for Granite Staters and visitors, so we have been investing in the sustainability of Mt. Major's trails, as well as the visitor experience. We hope visitors will consider contributing to the project to help us reach our goal and to support the mountain they love," adds Savage. "Your contribution will have a great impact for years to come."

About the Forest Soci-

The Forest Society is a private, non-profit land trust and forestry organization established in 1901. The Forest Society also owns over 195 forest reservations constituting over60,000 acres in 100 New Hampshire communities It currently holds more than 750 conservation easements statewide, thus together permanently protects more than 190,000 acres of New Hampshire's landscapes for the benefit of nature and people.



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ENERGYSAVERS INC. 163 Daniel Webster Hwy., Meredith NH

Public invited to Morning Mission presentation at Congregational Church of North Barnstead

BARNSTEAD — He has told you, O mortal, what is good, and what does the LORD require of you but to do justice and to love kindness and to walk humbly with your God? (Micah 6:8 NRSV)

On Sunday, March 17 during 10 a.m. worship Congregational une Church of North Barnstead, we will be offering a video presentation and personal reflections from seven of our group of fourteen who recently labored and served together at the Back Bay Mission - Biloxi, Miss.

The Back Bay Mission has a been a voice of advocacy and willing agent of service to the underserved and low-income folks on the Gulf Coast for over 100 years. Beside living, eating, and

sharing in community we engaged in a range of opportunities to pitch in, in faith.

Come see and hear about:

building reha-Our bilitation efforts and Back Bay Mission "new builds" and "tiny bedtives.

Meeting and serving unsheltered guests (including haircuts by our volunteer professional, Amber!) at the Micah Day Center.

Prepping and serving meals at the Loaves and Fishes food wagon, and the Mission food closet and clothing center.

You are welcome to join us in planting seeds of hope for a possible trip next year!

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Pictured, from left: Lori Chandler, Patricia Sommers, Inez Andrews, Matt Soza, and Jean Jamison.

LACONIA — The next soft plastics recycling collection will be held Saturday, March 16 from 11 a.m.-1 p.m. Volunteers from the Green Sanctuary Committee of the Unitarian-Universalist Society of Laconia and the Laconia/Gilford Lions Club will be curbside in front of the little white church at 172 Pleasant St. in Laconia to collect donated clean, soft dry plastics.

ENER

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Gunnar

Going green: Plastics & pop tops All collected plastics are sent to the Trex Corp. in

Maine, to be repurposed as composite decking and outdoor deck furniture. There is no charge or fee to drop off unwanted plastics.

Also, this effort is not limited to residents of Laconia & Gilford. All are welcome to participate. At the same time and place as the plastics collection,

the Lions and the UU Social Justice Committee are staging a food drive to benefit the Community Action Program (CAP) food pantry.

"Now that Community Action has an office location open in downtown Laconia, their pantry is serving even more disadvantaged individuals and families," explained Club member Carol Dow. "So at a time when food donations are scarce, they are especially needed. Easy access items are best. Pop

GREEN

Call Emery at E.G Roberts hay, firewood, Excavation 603-733-6003 top canned goods, including soups, are good choices. Also particularly needed are canned fruit, cereal, jams and jelly, small jars of mayo, and personal care items."

Consider going green in a different way this St. Patrick's Day by joining these efforts on March 16!









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(The Fair Housing Act of 1968 at 42 U,S,C, 3604(c))

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Laconia Historical & Museum Society honoring local student

LACONIA — The Laconia Historical & Mu-

celebrated their achieveforts to protect, preserve, ments and thanked those and share the story of

on Feb. 20 at the J. Oliva Huot Technical Center at Laconia High School.

The first Warren D. Huse Honorary Student Membership was presented to LHS senior Lily Lescarbeau. Lily is an excellent student who excels in academics, particularly in social sciences. She is passionate about preserving the history of Laconia High School and has been working on a project related to the 100th anniversary of the LHS building. Her work will culminate with an exhibit at Laconia Public Library March through

Upon being asked

their annual meeting how she felt about receiving the membership, Lescarbeau stated, "I am so excited to have this opportunity and it has opened up so many doors for me. I have always wanted to join the historical society and it is such an honor to work with them."

The Society shared their achievements and future challenges during the President's opening remarks. While they facing financial challenges that threaten their ability to protect Laconia's story, President Tara Shore assured

the audience that LHMS is proactively working towards increasing membership and sponsorship reach, offering additional donation opportunities, and completing critical repairs by the end of 2024. With the community's support, they're confident in achieving their goals and continuing to protect Laconia's story for generations to come.

For additional information about LHMS and upcoming events, please visit the website or follow LHMS on Facebook and Instagram.

Milton CAT sponsoring Alton's Whitney Poulin at Women in

ALTON — To celebrate women in construction, Milton CAT is participating in a networking event

amount of demand, and women are critical to the growth of its workforce. Though more women are joining the construction industry than ever before, they still make up a small portion of the workforce. In fact, according to the Bureau of Labor Statistics, 2022 were female.

"The Celebrating Women In Construction event showcases our commitment to further the growth and development of women in the construction industry," said Beth Peace, Milton CAT Vice President Marketing. "We are so proud of Whitney and look forward to seeing her show the world how invaluable

The skills tests demonstrates operators' expertise

in the following areas: Small Wheel Loader: The objective is to move material through the course to achieve 7.0-7.5 tons; then,

Compact Track Loader: Navigate an obstacle course with multimachine functions.

Along with the skills tests, there will be a panel where participants will discuss how to manage a successful career in a male-dominated industry and talk about the importance of recruiting more female operators and technicians into the workforce.

Construction event

and skills tests for 18 female equipment operators across North and South America at Caterpillar's Edward J. Rapp Customer & Training Center in Clayton, N.C. on March 13 & 14. The company is sponsoring Alton local Whitney Poulin in the operator skills tests. Whitney has been operating equipment for more than 10 years. Hosted by Caterpillar, this two-day Celebrating

Women In Construction event will provide operators the opportunity to make connections with other women in their field, hear from a motivational speaker who broke boundaries in her professional career, and put their operating skills to the test with three competitions. The construction industry has an unprecedented

approximately 14 percent of construction workers in

women are in the construction industry"

change to forks and use them to move the pallet.

Small Hydraulic Excavator: Load truck to achieve 10.0 tons payload.

David Clark's **All About Joel** concert to benefit Lakes **Region Food Pantry**

MEREDITH — Lakes Region Food Pantry of Moultonborough serves more than 400 families in the Lakes Region. It provides food vouchers to local grocery stores, summer lunch vouchers, backpacks and sneakers for school age children, non-perishable food, fresh produce, meats and dairy, and scholarships for high school seniors and adult learners. Programs are supported by donations from individuals, businesses and organizations from the Lakes Region and beyond, as well as thrift shop sales.

All net proceeds from a special benefit concert at Inter-Lakes Community Auditorium in Meredith presented by We Care of Temple B'nai Israel will support the food pantry's mission of fighting food insecurity. David Clark's All About Joel will entertain with the iconic hits of the piano man Billy Joel! This event is on Saturday, May 25 at 7:30 p.m. (General Admission). Tickets are \$40, and are available online at https://tbinh.org and select locations (see Web site) including Lakes Region Food Pantry and Thrift Shop. Plenty of free parking is available at the venue.

Lakes Region Food Pantry thanks its sponsors which include Hannaford, Mondavi Dental, Kiwanis of Meredith, Giuseppe's Ristorante, Moultonboro Lions Club, Circle Dental, Irwin Auto, Meredith Village Savings Bank, McGrail Consulting, VANhear Hearing Center, Northway Bank, Bryant Paving, White Mountain Subway and Bootleggers.



From left to right: Warren Huse, LHMS, Lily Lescarbeau, Carri Lescarbeau, Pamela Clark, LHMS, Lisa Hinds, LHS Principal. Lily Lescarbeau is the first recipient of the Warren D. Huse Honorary Student Membership presented to her at the Society's annual meeting in February.

Fiber arts at the Belknap Mill

LACONIA —The Belknap Mill is offering a new Saturday program called Fun with Fiber Arts for Teens and Tweens starting March 9th. The second Saturday of each month will feature fiber art activities for ages 10 and up from 10 a.m.-1 p.m. The Belknap Mill's Saturday programs are no cost, but donations are always welcome. Some of the activities will include making looms, finger knitting, and making friendship bracelets.

For adults looking to work on their fiber arts projects, the Mill offers a Textile Circle on the fourth Saturday of each month from 10am-1pm or the second Tuesday of the month from 1pm-4pm. Visitors can bring spinning wheel, cross stitch, knitting project, or whatever fiber art medium and join in for creative support and an exchange of ideas.

The Belknap Mill Museum is open Saturdays 9am-1pm for self-guided tours. Learn how the Mill was once a hosiery museum and used the Winnipesaukee River to generate hydroelectric power. For more information about all the



Pictured: Aria L. and Aurora R.

Saturday programs or the museum visit: www.

belknapmill.org



The 6 yard dumpster is a good fit for small jobs - a (one-car) garage clean out or maybe a small renovation job. If you're clearing out your closets or transforming a former office into a workout room, you'll need somewhere to dump all those

10 YARD DUMPSTER Our 10 yard dumpster can serve almost any household job (except perhaps a major renovation). If you're clearing out a larger garage or a basement, putting on a new roof or remodeling a small kitchen or bathroom, A mid-sized dumpster, like the 10 yard dumpster is likely a good fit for your project.

15 YARD DUMPSTER This is our medium-sized dumpster and is suitable for most remodeling jobs and garage clean-outs. The 15 yard dumpster, because of its shorter walls, is ideal for significant waste disposal projects where discarded items will be thrown over the top. Typically, we see this dumpster rented for home downsizing and kitchen/basement renovation projects.

20 YARD DUMPSTER This is our largest available dumpster and is suitable for major remodeling and other large home renovation projects. If you're building an addition onto your house or clearing out

grandma's attic, our 20 yard dumpster might be the right fit

Ions	Material	Material
1.5	\$500	\$550
2	\$550	\$595
20 Yard Tons	Construction Roofing Material	House Clean Out Material
2	\$600	\$675
2	¢cor.	¢705

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