THURSDAY, OCTOBER 10, 2024

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H

Community celebrates life and legacy of Linda Frawley

BY DONNA RHODES

Contributing writer

BELMONT — Vicky Donovan, Chair of the Belmont Heritage Commission, welcomed a large group of family, friends and fellow historians to a memorial service beside the Belmont Mill for Linda Frawley who passed away after a sudden illness on March 8 of this year.

As people gathered around a granite post with flowers from Linda's beloved gardens planted around it, Donovan said, "At this spot, this granite post and soon to be bronze plaque, will reflect how much Linda dedicated knowledge, time, energy and heart to the betterment of Belmont."

Situated beside a memorial bench for Wallace Rhodes, former Town Historian and a friend of Linda's, Donovan said



Belmont Heritage Commission members Vicky and Jack Donovan display the bronze plaque that will be installed atop a granite post beside the Belmont Mill. The plaque is part of a memorial to Linda Frawley for all her work in preserving many of

the Heritage Commission had originally considered placing another bench beside Wallace's, above the path leading to the Tioga River and walking trail.

"But we all knew Linda never sat down so the idea to honor Linda needed to be as unique as she was," said Donovan with a smile.

The post they decided upon now stands upright just a few feet from Wallace's bench, surrounded by flowers from her garden, planted by Linda's friend Ginger Wells-Kay who is a well-known professional gardener.

Rhodes' bench was placed beside the mill to honor his longstanding efforts to save the building, which was devastated by fire in 1992. Both he and Linda were devastated by the loss. Linda was quoted at the time as say-

SEE FRAWLEY, PAGE A8

Huge day for Raiders at Canterbury Woods

Belmont's historic town treasures

BY JOSHUA SPAULDING

CANTERBURY

The Belmont golf team had a pair of matches at Canterbury Woods on back-to-back days last week.

Thursday, Oct. On 3, the Raiders joined host Concord Christian and White Mountains Regional and finished third, with the Spartans winning with 84 points, Concord Christian in second with 63 points and the Raiders in third with 48 points.

Alex Rowley led the Raiders out of the fourth spot in the lineup with 15 points and Jack Binder finished with 13 points out of the second spot in the lineup. Jacob Akerstrom at number one, Jordan Defrancesco at number three and Jasper Sottak at number five all scored 10 points. with two of those counting toward the team score. Tyler Mull played at number six and finished with seven points.

The next day, the Raiders returned to their home course and hosted Moultonborough had what coach John Mattes called a "breakthrough moment."

Belmont scored 78 points on the day, 16 points better than any team round in recent memory and all four of the scorers for the team turned in personal best rounds on the day.

Max Ryder led the way for Belmont out of the second spot and earned medalist honors with a two-over-par score of 38 for 25 points. Akerstrom played at number one and finished with 20 points while Rowley had 17 points out of the fifth spot and Defrancesco had 16 points from the fourth spot in the lineup to round out the scoring. Binder in the third spot and Sottak in the sixth spot both finished with 11 points.

The Raiders defeated Moultonborough by 10 points.

Belmont rounded out the regular season at Country Club of New Hampshire after deadline Tuesday. The Division IV championship will take place at Keene Country Club on Thursday, Oct. 17.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Franklin Savings Bank announces senior management promotions

FRANKLIN — Franklin Savings Bank is delighted to announce the promotions of five members of its management team to Senior Vice President.

"We have an exceptional team of talented individuals represented on Franklin Savings Bank's management team," explains Brian Bozak, President & CEO. "It is my pleasure to elevate Jess, Sue, Jan, Julie and Amy to the positions of Senior Vice President in their respective areas."

Jess Price has been promoted to Senior Vice President/Chief Financial Officer. Price joined the bank in 2008 as a

part-time Teller in the Tilton office. Throughout her tenure, she has advanced into several positions in retail, deposit operations and finance. She is a licensed CPA in New Hampshire, has an MBA with a concentration in finance Southern New Hampshire University and is a graduate of the Northern New England School of Banking.

Jan Bradley has been promoted to Senior Vice President/Loan Administration & Operations Officer. Bradley joined FSB in 2020 as VP, Loan Manager. Operations She has a 40-year career in the commercial administrative and compliance areas, and has taken numerous courses in commercial lending throughout the years.

Sue Paradis has been promoted to Senior Vice President/BSA. Management, Security & Information Security Officer. Paradis started with FSB in 2014 in the IT area. She later transitioned into the risk management area as BSA Officer in 2019, and then elevated to AVP, BSA, Risk Management, Security & Information Security Officer in 2020, and VP, BSA, Risk Management, Security & Information Security Officer in 2021. She is a graduate of the Northern New En-

SEE PROMOTIONS, PAGE A8

Winnisquam baseball program honors Caruso and Cote



Fred Caruso, Colton Caruso, Nina Caruso, Jordan Cote and his kids, Hadlee and Maddox, pose for a photo after the ceremony retiring Cote's number 17 and number 12 for the late Bryan Caruso.

Numbers 12 and 17 retired in bonor of two of the school's best players

BY JOSHUA SPAULDING

TILTON — The high school baseball season is in the spring, but for a few moments on Saturday during Winnisquam's Homecoming, the attention turned to America's Pastime, as the numbers of two of the best players to ever wear the Winnisquam uniform were officially retired in a ceremony on the school's football field.

"We have a great Winnisquam community," said baseball coach Fred Caruso in welcoming

people to the ceremony honoring Jordan Cote and Caruso's son, Bryan.

was fortunate enough to coach two of the best players, not just here at Winnisquam, but in New Hampshire," Caruso said. "I lived with one of them and the other is an extended family member."

Cote was a thirdround pick of the New York Yankees in 2011 after a career that left him as the Winnisquam program leader in wins (31), strikeouts (323), innings pitched (213.1) and ERA (0.98). He was a four-time

First Team All-State, was Class M Player of the Year in 2010 and 2011, the New Hampshire Gatorade Player of the Year in 2011, was a member of the program's first state championship in 2010 and threw four no-hitters (one perfect game), including one in the championship game.

The elder Caruso remembered the day after Cote got drafted by the Yankees, he came to practice and Caruso was kind of wondering what was on his mind. "He

SEE HONORS, PAGE A8

Beatles and Stones tribute show comes to the Colonial stage

LACONIA — The critically-acclaimed Beatles vs. Stones – A Musical Showdown production will be bringing its highly-anticipated Fall Tour 2024 to the Colonial Theatre Laconia on Thursday, Dec. 5 at 7:30 p.m. This unforgettable show takes the audience on a musical trip to the heart of the British Invasion, to witness the greatest concert that never was

– The Beatles and The Rolling Stones live together on stage. The Laconia show is part of a 125-city tour of the U.S., Canada and Mexico.

For the past decade with more than 1800 performances across the country and abroad, this unforgettable production has been delighting audiences with their talent, warmth, humor and passion for the music of The Beatles and the Rolling Stones. A critic for the Los Angeles Times called it "the most unique tribute show in decades."

The show pits Rolling Stones tribute band Satisfaction – the International Rolling Stones Show and rival Brit boys Abbey Road in an all-out musical showdown for rock dominance.

Hailed as the most exciting Rolling Stones tribute band, Satisfaction has been receiving delighted acclaim from audiences all over the country. Whether it's the passion and fury with which they delivthe blues-soaked, groove-driven rock anthems, it's their attention to detail and nuance that makes the Satisfaction performance a truly awe-inspiring part of the show.

Utilizing multi-instrumentalists at their disposal, Abbey Road re-create the songs in all their depth and glory with the studio overdubs that the Beatles themselves never performed live. They also touch on the deeper cuts that were seldom heard in concert. Abbey Road has amassed a strong national touring history and has honed their show to become one of the most musically and visually satisfying Beatle tribute acts in the world.

"If the British Invasion had a house band in the '60s and beyond, hopefully we'd be that band," said Chris Paul Overall, who plays "Paul McCartney" in the show.

"There's always a special feeling for these shows—people dress up in 60's costumes, wear Beatles and Rolling Stones clothing, and enjoy one another's company during the concerts," said Chris LeGrand who plays "Mick" in the show.

The Beatles Stones show has become a phenomenon, widely regarded as the world's greatest tribute concert.

Tickets https:// www.etix.com/ticket/p/75389569/beatles-vsstones-laconia-colonial-theatre

"It is finally starting

to feel like fall and what

better way to celebrate

such a beautiful time in

New England than sup-

porting the Runaway

Pumpkin 10K & 5K. This

community event is

about raising funds for

the continued advance-

ment of the WOW Trail, and it's so much fun

for all ages" said Whit-

ney Cloutier, Eastern

Propane & Oil Brand &

Marketing Manager. "As

a family owned and op-

erated company, commu-

nity has always been the foundation of Eastern

Propane & Oil's culture.

We are proud to sponsor

this event and look forward to celebrating the

10th anniversary next

to have the steady sup-

port of Eastern Propane

& Oil. They have been a

champion for the WOW

Trail from the very

beginning and we are grateful for their part-

nership," added Jennifer

Beetle, Event Director/

WOW Trail Board Mem-

Beetle explains, "It's a

great way for the whole

family to get out and

have some fun while sup-

porting the WOW Trail.

We also invite all ages to

come in a Halloween cos-

tume or just wear orange

couraged to register by

Oct. 15 in order to re-

ceive a Meredith Village

Savings Bank sponsored

on-line registration are

available at wowtrail.org

or for more information

info@wowtrail.

email

org.

long-sleeve tech shirt. Event details and

Participants are en-

for some fun."

"We are so fortunate

Eastern Propane & Oil presents The Runaway Pumpkin 10K & 5K

LACONIA — Eastern Propane & Oil is back as the Presenting Sponsor for the 9th Annual Run-

nity fundraiser for the WOW Trail - that will Pumpkin Festival.

away Pumpkin 10K & 5K take place at Opechee Run/Walk - a commu- Park on Saturday, Oct. 26, as part of the NH



year."

WOW Trail Event Director Jennifer Beetle, with Whitney Cloutier of Eastern Propane & Oil, and

Jamie Poire, Race Director. Ossipee Owl

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Around and About Tilton BY GREGG DEVOLDER

Hello, and welcome back.

Well, we had another quiet week with only the Selectmen's meeting taking place. It started with the acceptance of donations. Once again, our local citizens have stepped up with five separate donations totaling seven hundred and ten dollars. How wonderful and thank you.

The next item on the agenda was the abatement request that I spoke of a few weeks ago. If you recall, farmland was put into current use years ago and used for haying over the years. There's a bit of land that has been moved not hayed, some has a fair slope to it. Our assessor has decided this portion of the property should be considered out of current use now and be taxed. This decision came with a ten percent penalty totaling six hundred and seventy dollars plus the added tax burden going forward. I did a Google search on how short you should cut hay and depending on season and grass type, it ranged from three to six inches. Of course, it's only hayed two or three times a summer versus mowing every few weeks. From what I heard, this is a case of mowing versus haying and it seems like we're splitting grass hairs here. It's a lovely piece of land, and I understand that a bigger lawn might increase the value of the property, but the intent of "Current Use" is to preserve open space, conserve resources, and encourage landowners to keep their land undeveloped. The good news, the Selectmen voted to abate the penalty, but the land will remain out of current use and be taxed each year. All this leaves me wondering, if he doesn't cut the grass next year, will it return to current use? Let's hope we're watching the big commercial properties just as closely!

It looks like mum's the word downtown. We should be seeing the barrel planters along Main Street getting a freshening up with an assortment of mums. Those flowers of summer have pretty much worn themselves out and it's a great reminder that we've entered another season. Thanks to all those folks involved in keeping downtown looking so inviting.

Coming up on Oct. 24, we have Seniors helping Seniors once again. Twelve groups of Tilton School seniors will once again be carrying on the tradition of fall clean ups around Tilton and Northfield. Helping our elderly citizens with a bit of yard work and companionship for the day. What a wonderful way to celebrate the fall. Thank you for caring!

It was mentioned that there are no smoke detectors or fire alarms on the second floor of town hall. This is something that is being looked into and likely will be remedied before year end. I imagine for those working on the second floor it can't come too soon.

Concerns were raised about the Planning Board. Little details were given but legal advice was sought. I believe some folks had questioned why two Selectmen were sitting on the board at previous meetings. Unrelated to the above, there are two openings now for the Planning Board if you're interested.

A review of town properties was done with the potential for a warrant article coming forward to dispose of properties the town doesn't need as a way to raise revenue.

Speaking of warrant articles, I know there's been a fair amount of angst around recycling, our taxes going up and a number of other issues. If you're so inclined, now's the time to get involved. If you feel strongly about something, you can put a warrant article before the town at town meeting. You need to have 25 registered voters sign you're petition. I actually did this a few years agol and it's a fairly painless process, though it did fail. I would recommend you get forty to fifty signatures to be safe as each one will be checked against the registered voter list. I would also have your paperwork reviewed with the town administrator before going for signatures. The deadline for submitting is Feb. 2, but I'd suggest getting it in well before that.

The next few weeks are going to be chocked full of interesting items. The Zoning Board of Adjustments, having done their walkabout on the Manville Road property will be meeting on Tuesday, Oct. 15. They'll be reviewing the Wallace Products Corporation, Special Exception request to allow light industrial use in the RG Zone as well as a Variance to allow a 240-unit apartment community in the RG Zone. This is a large scale project and should be noteworthy to see where it all goes from here.

The Planning Board will have met this past Tuesday for a site plan review of the Sobriety Centers of NH property at 100 Autumn Dr., to approve modifications to existing site plan approvals. They'll also be reviewing updated zoning amendments for approv-

Well, that's all I have for now. Thank you for reading and all your comments! As always, you can email me at: aroundandabouttiltonnh@gmail.com. I can't promise I'll respond to everyone, but I will read them all.

Have a great week!





Vintage and Antique Car Show to return to Canterbury Shaker Village

CANTERBURY — On Saturday, Oct. 12 from 10 a.m. to 3 p.m., Canterbury Shaker Village will host a Vintage and Antique Car Show featuring classic automobiles and a pop-up exhibit on Shaker cars.

Presented in partnership with the Granite Re-

gion chapter of the Antique Automobile Club of America (AACA), the event will feature "dozens of stunning antique and vintage cars."

"This will be a family-friendly outing set against the backdrop of beautiful fall foliage," said Village Education Manager Kyle Sandler.

The event will also feature an informational display at the Dry House, generally not open to the public, highlighting the work of the Village's last Shaker Brother, Irving Greenwood, in the early 20th century.

"The exhibit will provide a unique glimpse into how the Canterbury Shakers embraced early automotive culture," said Sandler.

The Vintage and Antique Car Show will be held on Saturday, Oct. 12 from 10 a.m. to 3 p.m. Adult admission is \$5 for the Car Show and \$25 for interpretive tours (including access to the special event). To buy tickets, or learn more about the Shakers, visit shakers.org.

Designated as a National Historic Land-

mark for its architectural integrity and significance, the Village features 25 restored original Shaker buildings, four reconstructed Shaker buildings, and 694 acres of forests, fields, gardens, nature trails, and mill ponds under permanent conservation easement. The Village is a member of the NH Heritage Museum Trail, which connects the public with culturally rich heritage institutions in New Hampshire. For more information, visit nhmuseumtrail.org.

Lake Winnipesaukee Association announces name change water quality in tection

MEREDITH — The Lake Winnipesaukee Association announced today that it has officially changed its name to the Lake Winnipesaukee Alliance (LWA). Founded by volunteers in 1976, LWA has had dedicated staff since 2011 focused on safeguarding the water quality and natural resources of Lake Winnipesaukee. This name change reflects the organization's renewed focus on collaboration to address the growing challenges threatening the lake today and in the future.

"The word 'Alliance' was chosen to highlight

the critical role that lake. property owners, businesses, municipalities, and recreational users all play in protecting Lake Winnipesaukee's water quality," said Pat Tarpey, President of LWA. "Lake Winnipesaukee is an exceptional resource of statewide, regional, and even national importance. Now, more than ever, we must intensify efforts to preserve its water quality and, in some cases, restore it."

As part of this transition, the Lake Winnipesaukee Alliance has also introduced a new logo and tagline: "Our new branding reinforces the shared responsibility we all have in ensuring clean, clear waters which are essential to both the environment and the local economy of the Lakes Region.

Peter Glick, Chair of the LWA Board, added, "With the increase in cyanobacteria blooms this past summer, public awareness about the lake's vulnerabilities has risen significantly. If we are going to effectively address this threat, we need to galvanize public concern into effective action. LWA's proven science-based approach to

has been successful in guiding advocacy and action to date, but we need to expand our efforts and attract broader support to tackle the challenges Lake Winnipesaukee faces."

The Lake Winnipesaukee Alliance will continue its mission of fostering collaboration across the community to ensure that future generations can enjoy a healthy and vibrant lake.

For more information on how you can protect the lake, please visit www.winnipesaukee. org or contact at 603-581-

this tour will benefit

future LHMS program-

ming and archival pres-

about the Laconia His-

torical & Museum Soci-

ety, its programs, mem-

berships, and volunteer

email lhmslpl@metro-

please

For more information

ervation efforts.

opportunities,

cast.net.

About the Lake Winnipesaukee Alliance The Lake Winnipesaukee Alliance (formerly the Lake Winnipesaukee Association) is a nonprofit organization dedicated to protecting and preserving the water quality and natural resources of Lake Winnipesaukee. Through education, advocacy, and science-based initiatives. LWA works with residents, businesses, and stakeholders to safeguard this critical resource for generations to

HIGH SCHOOL SLATE

Thursday, Oct. 10

WINNISQUAM Field Hockey at Hopkinton; 4 Friday, Oct. 11

BELMONT

Boys' Soccer at Berlin; 3:30 Girls' Soccer vs. Berlin; 3:30 **GILFORD** Boys' Soccer vs. Somersworth; 4

Field Hockey vs. Berlin; 4 Girls' Soccer at Campbell; 4 **WINNISQUAM**

Boys' Soccer at Newfound; 4 Saturday, Oct. 12

WINNISQUAM Football vs. Farmington; 2

Tuesday, Oct. 15 **GILFORD**

Boys' Soccer at Prospect Mountain; 4 Field Hockey vs. Mascenic; 4 Girls' Soccer vs. Prospect Mountain; 4

WINNISQUAM Boys' Soccer vs. White Mountains; 4

Wednesday, Oct. 16

BELMONT Volleyball at Kearsarge; 5:15

GILFORD

Volleyball at Merrimack Valley; 6 WINNISQUAM

Cross Country at Mascoma; 4

Field Hockey vs. Newfound; 4

Thursday, Oct. 17

BELMONT

Cross Country at Merrimack Valley; 4

GILFORD Cross Country at Merrimack Valley; 4

Field Hockey at St. Thomas; 6

WINNISQUAM Field Hockey vs. Franklin; 4

All schedules are subject to change.

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Laconia Historical & Museum Society presents 'Gravely Historical' Tour of Meredith **Bridge Cemetery**

LACONIA — Laconia Historical & Museum Society offers A Gravely Historical Tour of Meredith Bridge Cemetery on Sunday, Oct. 27 from

1-2:30 p.m. Meredith Bridge Cemetery was organized in 1844 along Monroe Street and Lawrence Court to replace the Old Burial Grounds, once located behind the old Moulton Opera House Block downtown. In the process of moving the remains from the Old Burial Grounds to Meredith Bridge and Union Cemeteries, several bodies were never found.

Longtime member and historian Patrick Tierney will lead an interesting and informative tour, presenting the trials and tribulations of some of Laconia's earliest and most notable residents, and explaining how they all worked together to ensure the growth and prosperity of

their young community. Learn the stories accomplishments of familiar local names such as Avery, Jewett, Melcher, and Bean and how they and others contributed to Laconia's success. Margaret Mead put it best: "Never doubt that a small group of committed citizens

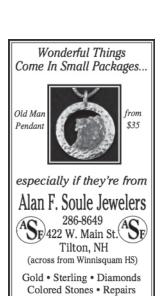
can change the world,

walking because indeed it is the uneven. Proceeds from only thing that ever has."

The cost for LHMS's Gravely Historical Tour Meredith Bridge Cemetery is \$20 per person and the event is limited to 25 participants. To purchase tickets, visit the LHMS Facebook or Instagram page or the LHMS Web site, www.laconiahistory.com.

The rain date for the tour is Nov. 3 at 1 p.m. Refunds are not available for this event but are transferable with advance notice. Please note that some surfaces along the tour route are

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Opinion

Letter submission policy
Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

Why fall is the best season of all

Fall in New England is something else. It's the kind of season that makes you stop and take it all in-the crisp air, the explosion of colors, and the cozy feel of it all. After a busy summer, it's the perfect shift into a slower, more connected way of life.

There's just a lot to love about a New England fall. The trees light up with reds, oranges, and yellows, creating landscapes that look straight out of a postcard. And it's not just the scenery, it's the traditions, too. Fall is when small towns come alive with festivals, harvest fairs, porch concerts, and outdoor markets. It's an invitation to gather with neighbors, whether around a bonfire, at a farm stand, or during a weekend spent raking leaves and chatting over ci-

Fall in New England also has that perfect balance. The days are cool but not too cold, just right for a hike, a stroll through town, or picking apples in a local orchard. As the leaves change, they remind us that nothing stays the same forever, and that's okay. This season encourages us to embrace change while appreciating everything we've got right now.

It's also a time for reflection. With winter coming, fall feels like a last big celebration of the year before things quiet down. It's a chance to be thankful for what we have and to focus on what really matters, time spent with family, friends, and neighbors.

So, while the pumpkins, apple picking, and Halloween costumes are fun, the real magic of a New England fall is how it brings people together. It's about enjoying what's around us, building connections, and making the most of this cozy season before the snow flies. That's what makes fall in New England so special.

While I focus on the positive, I'm a fan of the Strange, Dark, and Mysterious. Who doesn't love a good mystery? I'm dedicating a series to some unsettling tales for this year's spooky season. There's no better way to start than with the chilling phenomenon of blood rains, documented by the legendary Charles rort.

once wrote, Fort "There have been red rains that, in the Middle Ages, were called 'rains of blood.' Such rains terrified many persons and were so unsettling to large populations that Science has sought to prove that 'rains of blood' do not exist."

Scientists have documented red rains caused by sand and dust particles from the Sahara Desert. When strong winds sweep the desert, red sands mix with rain clouds, creating a reddish downpour. This phenomenon, known as "blood rain," is fairly common and has been analyzed to show high iron oxide concentrations, giving it a rusty hue. But what Charles documented

far stranger. We're not talking about dusty rain, but actual blood-like rains—thicker, darker, and containing organic matter that defies simple explanations.

One of the most unsettling accounts of red rain comes from Fort's research on an incident in France on October 16 and 17, 1846. During tnis period. vivia, crimson rain fell across several towns, staining the streets, rooftops, and fields in a disturbing shade of red. Locals were terrified, describing it as if the sky itself were bleeding.

Scientific journals of the time, such as Comptes Rendus, noted that the rain was so vividly colored that it looked more like fresh blood than

mud or dust. Two separate chemical analyses were conducted to determine the nature of the strange rain. One scientist reported the presence of "blood-like corpuscles" in the samples, while another confirmed that up to 35 percent of the rain's composition was made up of organic matter—substances usually









Winnisquam students participate in NH Construction Career Day

The NH Construction Career Day provided Winnisquam Regional High school students with a hands-on introduction to the construction and transportation industries. Students explored various career paths through interactive exhibits, including operating heavy equipment, welding, plumbing, electrical wiring, surveying, bridge construction, tree climbing, and fabrication. They also had the opportunity to discuss educational resources and career training with industry professionals. Pictured above are WRHS students Hayden Moser, Travis Tibbetts, Ryan Searles, Aiden Seufert, Charlie Larter, and Zachary Cann.

Blood rain

associated living organisms. This appeared to be no ordinary storm.

Despite these findings, it was dismissed it as a natural event, attributing it to dust swept

up from the earth. Was it really blood? If so, where did it come from? No birds or other animals were found dead in the area, and no other plausible sources of organic material were identified. And eerily, this wouldn't be the last time such rains were reported in Europe, leaving a question mark that lingers to this day.

Take the terrifying incident on May 15, 1890, in Messignadi, Calabria, Italy. According to Professor Luigi Palazzo,

head of the Italian Meteorological Bu-Positively reau, something SPEAKING the color of fresh blood fell from the sky over this small town.

> Naturally, the locals were horrified. Supposedly, this wasn't just a light drizzle—it soaked their homes, fields, and streets in thick, crimson droplets. Samples were quickly collected and sent to the public health laboratories in Rome for analysis. The result? It was confirmed to be blood. Human? Animal? The scientists couldn't say.

What could cause blood to fall from the sky?

As documented in Popular Science News, the official explanation was that a flock of mi-

birds—quails gratory or swallows-had been caught and torn apart by a violent windstorm high above the town.

But here's where the story gets even stranger: Not a single feather was found. No bird remains were recovered, and no witness recalled seeing birds struggling in the sky. It was as if the blood had appeared in the clouds, only to rain down on the terrified townspeople.

This eerie event should have been a onetime occurrence, but Fort's records show that blood rained again in the same town months later.

Twice, in the same location—each time with no sign of birds, storms, or any logical explana-

Could some unknown

atmospheric phenomenon cause these bloody downpours, or are they evidence of something much darker?

Whatever the cause, the tale of the blood rains remains one of the most disturbing and unexplainable mysteries in Fort's work. So, the next time you find yourself caught in a storm and notice something red in the raindrops—don't assume it's mud or dust. Look closer. You might be witnessing something that has terrified and baffled people for centuries: blood from the sky.

Toby Moore is a columnist, the star of Emmy - Nominated A Separate Peace, and the CEO of Cubestream Inc

Matter of Law



Will, trust or nothing? What difference does it make if I have children?

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Many of our clients put off creating an estate plan because they don't understand their options and...it is easier to do nothing. The are not that complicated, once a competent estate planning attorney takes the time to explain them to you.

Here is quick summary of what will happen if you die, intestate (without a will or trust), with a will, and with a For this example, we are assuming you have two children, but no spouse:

Intestate. If you die intestate, your accounts and property will go through probate and all the world will know what you owned, what you owed, and who got

truth is that the options revocable living trust. what. Your mortgage company, car loan company, and credit card companies will all seek payment on balances you owed at the time of your death.

Keep in mind that since your death has been published to alert

SEE **LAW** PAGE A9

LETTERS TO THE EDITOR

A vote for Stu Green is a step forward

To the Editor:

In this election, a woman's right to choose is top of mind for many voters. It is crucial that our state representatives and state senators are committed to protecting this freedom for Granite Staters. This November, I'm voting for Stu Green because I know he cares deeply about our reproductive freedom, and will fight for us in Concord.

The same cannot be said for his opponent, Dan Innis. Sen. Innis is an anti-choice candidate, who voted against establishing a constitutional right to "reproductive autonomy" in our state (CACR 24). He's also supported by the NH Right to Life PAC, an extreme

anti-abortion group. This is not what our state, or

our voters, want for the future of New Hampshire. I know that by voting for Stu Green, I'm voting to keep my rights. Stu is a common sense candidate who really cares about us, and if elected, he's promised to keep the government out of personal, reproductive decisions. The stakes are too high in this election for us to allow the Republicans to maintain control over our State Legislature. Let's get out on Election Day, and set the tone for the future. A vote for Stu Green is the first step forward!

Kathleen Mitchell

Tilton



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GOING OUT OF TOWN A coastal walk with history at the Portland Head Light



PHOTOS BY ERIN PLUMMER

The Portland Head Lighthouse as seen from the cliff walk around the Fort Williams in Cape Elizabeth. Maine. BY ERIN PLUMMER

I paid a visit to the Portland Head Lighthouse thinking I would find a lovely lighthouse and maybe peek inside a few historical structures. What I found was a huge lighthouse with a massive park complete with a cliff walk with stunning views of the Maine Coast along with a series of forts and historical buildings that have bene lost to time but no less interesting. The Portland Head Light and Fort Williams Park is a huge property with an even bigger history dating back to the Revolution and being used in the country's defense through its current life as a serene spot for visitors.

The Portland Head Light and Fort Williams Park is in Cape Elizabeth, Maine, and is about a two-hour drive from the Lakes Region and 20 minutes out of downtown Portland.

I had been meaning to visit the Portland Head Light for a while after watching the webcam showing gorgeous views of the cliffs with Portland's skyline in the distance. On Sept. 11 shortly after attending Meredith's 9/11 commemoration I took advantage of the lovely day and drove to the Portland area to finally check it out. I expected to find a lighthouse with a small park, maybe something similar to Nubble Light in York or maybe a historical site similar to Fort McClary in Kittery. Then I drove past the gates and found the roads that lead to the parking lot let alone all the different walkways and landmarks dotted through-

Portland Head Light and Fort Williams Park is a 90-acre property that can take hours to fully ex-

The big focal point of the property is the Portland Head Light itself, a building that has guarded the coast since the Revolution. In 1776 eight

soldiers were posted at Portland Head to warn citizens of British attacks. In 1786 the General Court of Massachusetts (which governed what would later become the state of Maine) appropriated \$750 to build the lighthouse and the federal government took over its construction in 1790 for \$1,500.

The lighthouse was a favorite location of author Henry Wadsworth Longfellow. According to a plaque at the site he frequently walked to the lighthouse from Portland. His poem "The Lighthouse" might have been inspired by the Portland Head Light.

Visitors can walk all around the lighthouse and get a great look at its structure and the property it guards. There is a museum that was closed by the time I visited. The lighthouse tower itself is only open to the public one day a year on Maine Lighthouse Day.

A cliff walk wraps around the sides of the lighthouse and Fort Williams Park. The views of the ocean are absolutely breathtaking, from all the passing boats to for the Civilian Conserthe waves crashing on the rocks. Right when I got there a cruise ship was passing by, though I didn't get what company it was from.

There was a place to walk down the rocks and do some serious rockhopping to the shore. My legs were nice and sore after about half an hour of balancing on the boulders, but it was extremely worth it.

There are also an assortment of flowers and bushes all around making the cliffwalk look like a lovely garden path.

The day I went there were a lot of people getting professional photos taken from couples to high schoolers. I even came across a couple right when they got engaged, seeing that classic ring case was a moment I just had to stop and admire before giving my congratulations and walking off with a grin. I certainly wish all the best for the happy couple.

After walking the length of the cliff walk, I took time to explore the different batteries of Fort Williams. These are structures that have come apart with the passage of time, but what is left was both fun to explore and a fascinating look at history.

According to the Friends of Fort Williams Park, Fort Williams was established for military use in 1891 and became an independent post in 1898. It was named Fort Williams in honor of Brevet Major-General Seth Williams, the Assistant Adjutant General of the US Army. The fort and its batteries was supposed to defend the coast during the Spanish-American War, but never saw any

Fort Williams played many different roles during the 20th Century including an artillery post after World War I, a training camp for the Maine National Guard in the 1930's, and the Maine's headquarters vation Corps during the Depression.

Throughout its history, Fort Williams housed military personnel and their families with services such as a chapel. hospital, fire station, bakery, movie theater, bowling alley, and more.

According to Friends of Fort Williams Park. the fort closed in 1962 and was purchased by the town of Cape Elizabeth in 1964. What followed was over a decade of plans and debates about what should be done with the property, including options for commercial and residential development. In 1972 the town decided to make it into a park and after



Park in 1979. Plaques and informational posters told the stories of the different batteries and many of them can be explored and climbed. It's a great place for people interested in history and exploring modern ruins. I found my way inside Battery Erasmus Keyes to find the walls covered with graffiti. There are ladders and remains of steps that access the roof areas that were fun to climb if not a

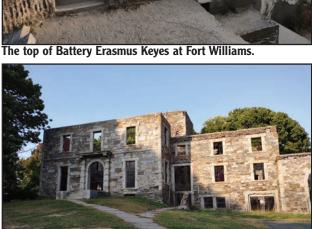
council as Fort Williams

little precarious. One area that can't be explored is the Goddard Mansion, the ruins of a 19th century mansion that are fenced off. The mansion as built for lumber magnate John Goddard in 1858 and acquired by the US Army in 1896. Married enlisted soldiers stationed at Fort Williams lived in the house with their families and the basement became the officer's club for non-commissioned

officers. The building's stone outer walls and structures are the only thing that remains of it and the inside has collapsed. The interior of the building is fenced off with warning signs about falling debris. Visitors can walk around the front as well as go though a small patch of woods behind. I was tempted to get closer to the back of the building, but after seeing all the broken glass all around it I decided it wasn't a good idea.

I left Fort Williams Park right as dusk was settling in, but found myself driving past more structures and parks of this fort's history. I realized this is a huge area that could take a whole day to properly explore, maybe I'll come back and





The remains of the Goddard Mansion at Fort Williams. The exterior remains, but the interior has collapsed and is fenced

see more of the structures.

By the time I left I also realized the irony that I visited this place on Sept. 11. The Portland Head Light and Fort Williams were built to defend this country from threats with servicepeople stationed there throughout American history to help keep the nation safe. The lighthouse and fort might no longer be in operation now, but there are so many other facilities and people in the immediate area who

are still protecting the country and its people. The Coast Guard Station in South Portland was not far away and think of all the fire and police stations and that are still keeping watch and prepared to act. That flag flying half-staff on the day of my visit was one reminder of the role places like the Portland Head Light and Fort Williams up through present facilities throughout history in protecting the United



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Arthur Miller's "The Crucible" comes to life on the Colonial stage

LACONIA — Witchcraft comes to the Colonial Theatre this October with Powerhouse Theatre Collaborative's gripping production of Arthur Miller's classic play, "The Crucible." Written as an allegory to the Red Scare/McCarthy Trials of the early 1950's, Miller takes us back to 1692 Salem, Mass. as witchcraft hysteria reaches the Puritan townspeople.

The Salem Witchcraft Trials have long brought attention to Salem and fascinated the world. often through productions of Miller's play, a mix of historical fact

and dramatized fiction. The play begins with the aftermath of the local Reverend discovering his daughter and niece dancing in the woods - a shocking scandal for the era! Suddenly powerless girls facing beatings for their sacrilegious act become powerful finger pointers when the adults in the community decide blaming witches for the ills in their community is the best remedy. Just about all the deadly sins are on full display as characters work to keep themselves out of the hangman's noose while taking out their enemies.



Amanda Wagner (as Abigail Williams) begins to name names as Aria Sargent (Betty Parris) looks on.

Powerhouse regulars and newcomers, and is led by Kenny Aber as John Proctor, Laura Iwaskiewicz as Elizabeth Proctor, and Aman-The cast is a mix of da Wagner as Abigail

Williams. The cast of 26 is led by director Bryan Halperin, assisted by Debbi Finkelstein and stage managed by Merrie Compagna.

sistant Director Finkelstein, "The Salem Witch Trials have lived on in the imaginations of Americans since the 18th century. Miller's take on the event helps to bring the paranoia and hysteria to life for modern audiences, adding in a sexy twist, while also holding up a mirror to ourselves, showing that some things never change - from 1692 to the 1950s to today."

The Crucible will be performed Oct. 11-13, with the Friday and Saturday shows at 7:30 p.m. and Sunday matinee at 2 p.m. The show is part

of the Colonial Series sponsored by Grappone Mazda and Bank of New Hampshire. house season sponsors are Lavalley Middleton Building Supply, Meredith Village Savings Bank, and the Platinum Group. Tickets can be purchased at the Colonial box office or via https://www.powerhousenh.org/thecrucible. Beware of third party sites that mark up the ticket prices - the tickets range from \$18-\$24.

If you have any questions, email info@powerhousenh.org to find out

Katie Dobbins nominated for New England Music Award as Performer of the Year

GILFORD Hampshire based singer-songwriter Katie Dobbins (Gilford) has received a prestigious nomination for Performer of the Year by the 2024 New England Music Awards Committee.

Held annually at locations in the Boston area, the New England Music Awards (NEMA) highlight musicians of all musical genres throughout the six New England states. Nominees for this year were

announced Sept. 28, and Dobbins' musical talent voting by the public is open through Oct. 11. This year's winners will be announced at the upcoming NEMA ceremony which will be held on Sunday, November 10th, 2024 at the Six String Stage in Foxborough, Mass.

Known for her heartfelt lyrics and captivating stage presence, Dobbins consistently connects with audiences, moving them with her authentic performances. and natural ability to be herself on and off stage has garnered her a loyal following, making her a standout performer in the New England music

With regard to the 2024 NEMA nomination, Dobbins said "I'm truly honored to be recognized among such talented artists."

She followed that with "My music and onstage experience is all about connection, and I'm so

grateful for the support from my fans in both the local community and the broader New England area."

Fans can support Katie and other New England artists with their votes – each day through Oct. 11 – by going to the NEMA Web site at nemusicawards.com/vote.

For more information about Katie Dobbins and her music, visit katiedobbinsmusic.com.



Lakes Region Mental Health Center offers Open Access



LACONIA — Lakes Region Mental Health Center (LRMHC) is excited to announce a new development beginning on Oct. 1: Open Access. Open Access enhances accessibility for adult patients who are seeking mental health services, streamlines the intake process, and allows those seeking help to access services without an appointment -eliminating wait times.

Features and benefits of the Open Access intake process include immediate access and comprehensive intake

assessment that can be done on the same day a person walks in for services. The process allows for a streamlined assessment and referral process where trained intake clinicians conduct comprehensive assessments via a whole-person approach, and provide appropriate referrals to care within LRMHC based on a person's individual needs.

Adults seeking care can walk in during the hours of 8:30 to 11 a.m. on Tuesdays and Wednesdays at 40 Beacon St. East in Laconia.

Open Access intake aligns with the LRM-HC mission to promote quality, integrated physical and mental health care that improves the overall wellness of our communities. For ques-

tions about Open Access, contact Alison O'Neill at (603) 524-1100.

Lakes Region Mental Health Center, Inc. is designated by the State of New Hampshire as the community mental health center serving Belknap and southern Grafton Counties. A private, non-profit corporation, LRMHC has two campuses in Laconia and Plymouth that serve over 3,250 children, families, adults and older adults each year. LRMHC provides a comprehensive array of services, including 24/7 Emergency Services to anyone in the community experiencing a mental health crisis, regardless of their ability to pay. LRMHC provides individual, group and family therapy; mobile crisis teams in the event a

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tragic event occurs that impacts a community at large; psychiatry; nursing; care management; community-based supports; housing; supported employment; substance use disorder treatment; and specialty services for children and their families, including evidence-based ment practices including EMDR, trauma-focused therapy, and art therapy. Child Impact Programs are offered in Laconia and Plymouth for divorcing families.

For more information or to schedule an appointment, call 603-524-1100 or visit the Web site at www.lrmhc.org. Find the Lakes Region Mental Health Center on Facebook for updates and information.

Healthy Steps for Older Adults A new class offering not to be missed!

Learn how to protect yourself and live a full and active life, free from the fear of falling!

Alton Senior Center 7 Pearson Road, Alton

Workshop 1 Monday, October 28, Noon - 2 p.m. Workshop 2 Tuesday, October 29, 10 a.m. - Noon

You must be able to attend a balance screening and both workshops in order to participate.

Call Granite VNA at (603) 224-4093, ext. 85664 to register and schedule a balance screening appointment. 15 minute screenings will be held on October 28, from 10 - 11:30 a.m.

www.granitevna.org/calendar





Soccer Bears come up short in Homecoming tilt with Cardinals



Colby Blackburn charges up the field with the ball during action against Stevens on Saturday.

BY JOSHUA SPAULDING SPORTS EDITOR

TILTON — After a streak where they played probably their best soccer of the season, the Winnisquam **Bears** probably didn't want to disappoint the fans who showed up for Homecoming on Saturday.

However, the team did not play to expectations, allowing four goals to a Stevens team they had beaten 1-0 less than a week earlier, dropping a 4-1 decision, only the second loss of the season for the Bears.

The Cardinals were able to get on the board first, scoring less than seven minutes into the Saturday morning contest. However, the Bears didn't wait too long to tie things up, as Colby Blackburn scored just about five minutes later and the game was knotted at one.

good clear in front of the net and the Bears had a corner chance that they didn't convert. Stevens sent a shot over the top of the net and Victor Pham had a good clear. After another Stevens corner chance, the visitors were able to score in the final two minutes of the first half and took a 2-1 lead to the halftime break.

Breaden Perrault had a direct kick chance stopped to open the second half and the Bears had a corner kick chance as well. The visitors sent a shot wide of the net and Blackburn and Perrault teamed up on a bid that was blocked by the Cardinal defense.

Blackburn cleared another Stevens corner out of the zone and then had a shot of his own at the other end that was denied. Ben Wood and Haggett combined on a chance that was cleared out and Haggett had an-

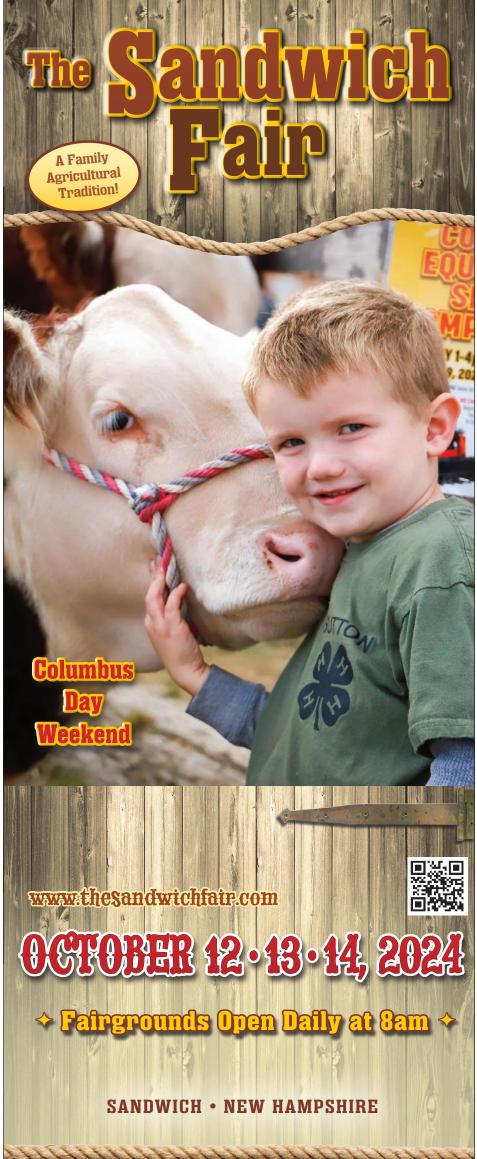
other chance stopped by the goaltender. Brady Nelson sent a nice cross into the box that was cleared and Xavier Mondesir and Taggett teamed up on a chance, as did Blackburn and Mondesir.

The Cardinals upped the lead to 3-1 with an absolute rocket to the top of the goal with 19:16 to go in the game and the two teams spent a good deal of time after that goal going back and forth in the middle of the field, with neither team able to gain much of an advantage. Jacoby Keith had a bid for the Bears while Perrault's indirect kick found Haggert just a bit

offsides. Louis Soyk sent a shot wide of the net and Pham made another good defensive stop in front of keeper Jacob Twombly. The Cardinals also sent a shot over the top of the net before they were able to bury the ball in the final five minutes and then held tight for the 4-1 win.

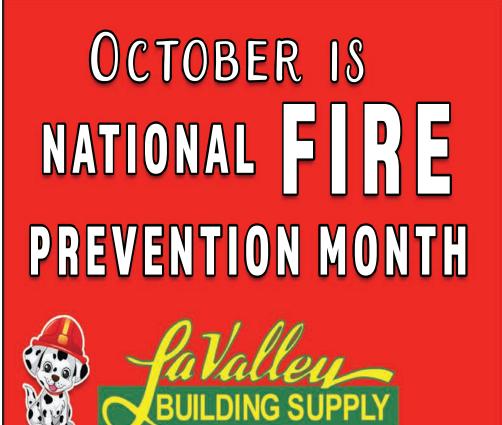
The Bears are slated to be in action on Friday, Oct. 11, at Newfound at 4 p.m. and will be hosting White Mountains Regional on Tuesday, Oct. 15, at 4 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.





Taber Haggett fires off a shot during his team's game with Stevens Saturday morning in Tilton.



13 LOCATIONS THROUGHOUT NH & VT VISIT US ONLINE AT LAVALLEYS.COM



FRAWLEY

CONTINUED FROM PAGE A1

ing the fire was a "horrific mess." She soon joined forces with Wallace and they were determined that the historic structure be preserved, working tirelessly for years to find a means to do so.

Thanks to those efforts, today the fully restored brick building is the proud home of Belmont's town offices, the Parks and Recreation department, a senior center and much more; and the original bell housed above the building still rings out over the village on special occasions.

Linda also recognized more could be done to preserve the heritage of Belmont. Over the years

CLUES ACROSS

1. Unsheared sheep

5. Rock TV channel

15. Greek goddess of youth

16. Popular type of device

19. Ancient Olympic Site

21. Tyrion Lannister was characterized as one

22. Pointed ends of pens

23. Measuring instruments

32. "Partridge" actress Susan

26. Midsection body part

30. Made a mistake

CLUES DOWN

1. Works of body art

3. Renowned desert

Fr. Revolution

World Schools

13. One who abstains

24. Type of student

26. Expresses surprise

ultimately say

27. What engaged couples

SB 0

11. Something one can make

Eat greedily

7. Bloodsucker

9. Counted on

17. Wild ox

SOLUTION

2. Israeli politician Abba

5. She didn't make it through the

8. From a place already noted

31. Adjusted

33. Yell

18. Alcoholic beverage

Streetcar

12. Concerning

14. Exclamation

20. Sharpshoots

she helped in restoration of the historic town library, assisted in the creation of Penstock Park along Main Street. She even organized not one, but two charettes, which brought experts in many fields to the town to present their ideas on how best to create a beautiful, functioning village, meeting modern needs while honoring the past.

The project Linda felt most deeply about however was the restoration and preservation of the historic Belmont Bandstand, situated on the town green. She sought only the best in fellow historic preservationists to assist. Not only were repairs eventually made, but the old white paint was carefully scraped

34. Civil rights city in Alabama

47. Separate oneself from others

51. Florida is famous for them

56. Irritating individuals

58. Hunting expedition

59. WWII diarist Frank

61. Type of wrap

64. Wake up

28. Crony

60. Peyton's younger brother

63. Soviet Socialist Republic

29. Where one begins (abbr.)

35. Architectural designation

37. More (Spanish)

41. Deflections

45. Girls

10. Alberta Assn. of Baccalaureate 44. Natives of an island nation

25. Bacterial infection of the skin 53. Form of Persian language

40. Indigenous peoples

42. Circulating life force

43. Executes with a rope

49. Relaxing spaces

52. From a distance

54. Amounts of time

47. Logician and philosopher 48. Nocturnal hoofed animal

55. Mathematical designation

"Matt Houston" actor Hor

38. Autonomic nervous system

62. Type of overseas tax or levy

39. Young boy

46. Unfortunate

50. Spy group

57. Luck

42. Type of sea bass

44. To call (archaic)

49. Hero sandwiches

by experts until little by little the original colors from 1908 were revealed. Taking samples to paint specialists, the bandstand soon stood proudly on the green exactly as it looked more than 100 vears before. Linda then organized historic concerts and events at the bandstand and for several years even held an old time "Deck the Village" celebration there for all to enjoy at Christmas.

Next she joined up with Ken Knowlton and Woody Fogg when they uncovered an old "penstock" along the Tioga River, which was used to supply to the mill with water. As they received permission to make the site on Main Street a park, Linda was then called upon for her advice, and she in turn contacted Wells-Kay to create a garden along the

road frontage. "She was the lady of connections," Fogg said last week as he paid tribute to her. "Linda made

PROMOTIONS

CONTINUED FROM PAGE A1 gland School of Banking

and received her BSA

certification from the In-

dependent Community

Bankers Association in

been promoted to Se-

nior Vice President/Re-

tail Banking & Branch

Administration Officer.

Wright began her ten-

ure with FSB in 2010 as

a Branch Manager, then

was promoted to Retail

Operations Officer and

most recently to VP,

Branch Operations Offi-

cer. She is a graduate of

the Northern New En-

Wright has

2018.

Julie

things happen through her contacts but she also got involved."

Another speaker that day was Jennifer Goodman, executive director of the N.H. Preservation Alliance, who spent many hours and many years assisting Linda in her projects. She proclaimed Linda an "outstanding preservation leader" who took on on challenges not only in Belmont, but across the state. Linda also became an ardent supporter "The Mount," the sprawling turn-of-thecentury home of author Edith Wharton, which is now a cultural center situated in Lenox. Massachusetts.

"(Linda) was an inspiration to me," said Goodman.

She was followed by remarks from Elizabeth Durfee-Hengen, a preservation consultant who also became an advisor and friend of Linda's.

"The bandstand was truly one of my favor-

sity in Plymouth.

promoted

and New England School agement from Southern for Financial Studies New Hampshire Uniat Babson College. In versity and is a certified addition, she has a BA Professional in Human in graphic design from Resources (PHR) from Plymouth State Univerthe HR Certification Institute. In addition, she is a 2021 graduate of the Amy Rankins has Northern New England

ite projects. It was the

epiphany of a communi-

ty project," Hengen said.

noted that in 2015 the

Belmont Heritage Com-

mission (which Linda

helped found in 2004)

also received the Eliz-

Achievement Award for

the restoration and reha-

bilitation of her beloved

Historic Belmont Band-

day was another long

time friend and current

member, Priscilla An-

nis. Annis recalled how

the commission came to

be, thanks to Linda's ef-

forts to have it approved

by the town. She also

spoke of Linda's work on

having historical mark-

ers erected in town, the

times she brought con-

certs and children to the

bandstand for special

performances, and all

her accomplishments in

preserving other build-

ings, such as Province

The final speaker that

hard

abeth

stand.

Heritage

As a result of Linda's

work, Donovan

Durfee-Hengen

Commission

been promoted to Se-School of Banking. nior Vice President/Hu-Established in 1869, man Resources Officer. Franklin Savings Bank Rankins joined FSB in is an independent, mutu-2017 as an Executive/ ally-owned community HR Assistant and was bank, offering an array to Human of commercial lending, Resources Officer, and personal banking and inthen AVP, Human Revestment services. The sources Officer and VP, Bank also offers invest-Human Resources Ofment and financial planficer. She has a Master ning services through of Science degree in its wholly-owned subhuman resources mansidiary, Independence

Charbono noted that while Bryan's life on the baseball diamond impacted a lot of people, it was his work at the Concord Sports Center, and with the Concord Cannons, where he touched the most lives.

"He touched so many

Road Meeting House and the Belmont Library.

"We are so lucky Linda decided this (was) the community she (wanted) to live in," said Annis.

Donovan said the only glitch in the memorial was the expected arrival of 2,000 daffodil bulbs (Linda's favorite spring flowers). The commission had planned to plant some that day around her five favorite preservation projects the bandstand, Belmont Mill, the library, Penstock Park and Province Road Meeting House. While the bulbs had been ordered in a timely fashion, their arrival however was unfortunately delayed due to the recent shipping strike.

Nevertheless, people signed on to come back and help plant the bulbs when they arrive in a week or two, demonstrating a sense of community spirit that undoubtedly would have made Linda very proud.

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Visit www.fsbnh. bank to learn more or follow the bank on Facebook, LinkedIn, Instagram, and YouTube.

gland School of Banking HONORS

CONTINUED FROM PAGE A1

said, we have Somersworth on Friday we have a game to win," Caruso recalled.

Bryan Caruso played three years of professional baseball for the Brockton Rox and North Shore Spirit from 2002 to 2004 after leaving Winnisquam as the program leader in batting average (.441), home runs (23), RBIs (100), OBP (.714) and percentage throwing runners out (72 percent). He was an Easton preseason All-American in 1998, a four-time First Team All-State honoree and a four-time All-Conference honoree at Endicott College. He was selected to the All-New England Collegiate All-Star Game at Fenway Park in 2002 and inducted into the Endicott College Hall of Fame in 2008.

Caruso passed away in 2022 and Cote served as one of the pallbearers

Meet Dior!

at his funeral.

Tom Charbono was the Winnisquam coach when Bryan Caruso played for the Bears and spoke about his former charge.

"Bryan loved baseball," he said. "He definitely had talent, but he had a love for the game and a desire to get better and better at it."

people and taught so

many players how to play baseball and play it the right way," Charbono noted.

The retired jerseys (12 for Caruso and 17 for Cote) are framed and will hang in the lobby outside the Winnisquam

8th Annual Veterans Count Red, White & Brew Festival raises more than \$53,000

More than 300 craft beer and wine lovers attended the Eighth Annual Red, White & Brew Craft Beer and Wine Festival on Sept, 28 to support the military community through Easterseals

NH Veterans Count. Visitors sampled a variety of craft beer and wine from local producers at Funspot in Laconia. Guests also enjoyed the fares of local food vendors, a classic car show, and the music of the Bob Pratte Band. Attendees raised more than \$53,000 to support Veterans Count in providing clinical and social services and financial assistance to the military community to ensure their dignity, physical and mental health, and overall well-being. For more information, visit vetscount. org or follow us @VeteransCount on Facebook.



8 A T 3 8 3 H T U O 8 A nney Pr Sweeps • Stonework Brick Repairs • Liners Caps • Installations Fire Place Makeovers

Dior

Dior recently became available for adoption; more information regarding her personality and ideal home are coming soon!



Meet Rosie!

Rosie is a playful pup with a heart full of love. She thrives on human companionship and will be your loyal sidekick through thick and thin. Rosie is happiest when she's with her favorite people and of course being fed vummy treats.



1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539

CONTINUED FROM PAGE A4 valid creditors, it is not uncommon for predators (fake creditors) to come forth and make demands for payment - even if they are not owed anything.

After that, state law will decide who gets what and when.

For example, if your only heirs are your two children and you have not provided any instructions, state law will mandate divvying up proceeds equally.

Your older child will get their share immediately if they have reached the age of 18.

The court will appoint a guardian to manage the money for your minor child until that child turns 18. After that, your child will have full control of their money.

Your child's guardian can charge quite a bit for their services and may be a total stranger.

If you die without a valid will, the court, not you, will decide who raises your minor child.

The bottom line? Dying intestate allows state law and the court to make all the decisions on your behalf – regardless of what your intent might have been. Publicity is guaranteed.

Will. If you die with a valid will, your accounts and property will still go

through the probate process. However, after creditors have been paid, the remaining accounts and property will go to whom you have named in your

So, if you want to leave money to your children and name a guardian for the minor, the court will usually abide by your wishes.

The same holds true if you specified that you wanted to give money to a charity, your Aunt Betty, or your neighbor.

Keep in mind that predatory creditors are still an issue as your death has been publicized. Even with a will, probate is still a public process.

The bottom line? While a court oversees the process, having a will allows you to tell the court exactly how you want your affairs to be handled. But, a public probate is still guaranteed.

Trust. If you have created a trust, you have taken control of your estate plan and your accounts and property. Accounts and property owned by the trust are not subject to the probate process and one of the most important benefits of a trust is that the details and process of transferring accounts and property to the intended individuals is private.

In the trust, you will

have named a trusted individual (trustee) to manage your affairs with specific instructions on how your accounts and property should be dispersed and when.

One word of caution a trust must be properly funded in order to bypass probate.

Funding means that ownership of your accounts and property has been changed from your name individually to the name of your trust.

Think of your trust as a bushel basket. You must put the apples into the basket just like you must put your accounts and property into the trust for either to have real value.

You do still need a will (pour-over will) to get any accounts or property inadvertently or intentionally left out of your trust into the name of the trust. You will also still need a will to name guardians for a minor child.

A trust allows you to maintain control of your accounts and property through your chosen trustee, avoid probate, and leave specific instructions so that your children are taken care of – without receiving a lump sum of money at an age where they are more likely to squander it or have it seized from

Cross country Bears take second at Moultonborough meet

BY JOSHUA SPAULDING

Sports Editor

MOULTONBOR-OUGH — After a delay of a few days due to the rain, the Winnisquam cross country team traveled to Moultonborough for the John Eisner Invitational on Monday, Sept. 30.

The Bear boys finished second overall on the day behind Inter-Lakes, led by a third place finish from Lazar Arbutina in a time of 20:40. David Swain finished in fifth

The Winnisquam boys finished second at the John Eisner rochers was eighth overall Invitational in Moultonborough last Monday afternoon. in a time of 22:11, Owen

Bakis finished in ninth place in 22:12 and Joseph Curtin finished out the scoring with a time of 25:24 for 18th place. Lucas Durphey was 20th in 26:27, Kyren Whitmore was 21st in 26:47 and Luke Larrabee finished in 22nd place in 26:54.

The Bear girls finished third overall, led by Bella Dalzell in ninth overall in 32:36, Natalie Wolfe was 11th in 34:04, Penelope Sprague finished in 13th in 36:25 and Elise Langevin was 14th in 36:42. Ariana Maxwell rounded out the scoring in 22nd place in 42:427.

In the shorter middle school race, Eloise Abbott was the overall winner for the girls in 14:49, with Addison Fowler in fourth in 16:22, Ashlynn Fowler in seventh place in 17:02 and Kyra Campbell in 13th place in 18:58. Caroline Dubord was 31st in 23:16, Alexis Robinson was 32nd in 23:18 and Marley Vieria was 36th overall in

Joseph Swain led the middle school boys in 16th place in a time of 18:10, Aiden Saucier was 25th in 20:01, Shane Huckins finished in 29th place in 20:52 and Steven Jameson was 37th overall in 23:07.

Winnisquam also ran at the Moonlight Madness race hosted by Monadnock

Sprague led the Bear girls with a 62nd place finish in a time of 30:03, with Dalzell right behind in 63rd place in 30:16 and Langevin in 65th place in 31:24. Maxwell finished out the field of Bears with a time of 37:15 for 73rd place.

For the Bear boys, Arbutina was 34th overall in 18:33, Desrochers ran to 48th place in 19:37, Bakis was 70th overall in 20:48, Whitmore finished in 98th place in 22:27 and Durphey finished out the scoring in 107th place in 23:50.

The Bears are slated to compete at Mascoma on Wednesday, Oct. 16.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@ salmonpress.news.



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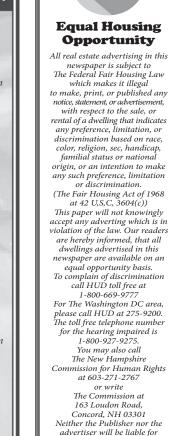


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Bears can't keep up with strong Royal attack



Michael DeFosse emerges from the pack after stripping the ball from a Mascoma ball carrier on Saturday.

BY JOSHUA SPAULDING

Sports Editor

TILTON — The Winnisquam football boys showed that they can make the big plays.

However, during Saturday's Homecoming matchup with Mascoma, it was the small plays that weren't made that allowed the Royals to pick up the 60-20 win.

The Bears connected for a couple of long touchdown passes, but some missed tackles and assignments along the way allowed the Royals to easily run over the Bears right from the

Mascoma scored on their third play from scrimmage just 1:15 into the game and booted the extra point for the lead. Winnisquam almost matched that, scoring on their fourth play from scrimmage, as quarterback Carter Llovd found Ethan Poole

run touchdown and the extra point was missed to cut the lead to 7-6.

The Royals needed just one play on their next drive to score again, as a 68-yard touchdown pass with 9:20 to go upped the lead to 14-6 and the Bears fumbled the ball away on the third play of their next drive.

The Bears came up with their own turnover on the second play Mascoma's drive, as Michael De-Fosse stripped the ball from the Royal runner and the Bears got the ball back. However, they went three and out and the Royals needed just four plays on their next drive to go into the end zone with a three-yard touchdown for the 21-6 lead with 4:54 to go in the

Winnisquam three and out again and despite a sack by Ben Fair, the Royals needed

the end zone again, scoring from 22 yards out with 2:22 to go for the 28-6 lead. The Bears were forced to punt again and this time the Royals needed just one play, as they scored with 56 seconds to go to take the 35-6 lead to the end of the first quarter.

Winnisquam's drive to start the second quarter ended on a failed fourth down pass and Mascoma used four plays to go 50 yards, going in from 23 yards out with 10:19 to go for the 42-6 lead. The Bears picked up

a first down on the next drive, as Lloyd made a nice pitch to Brady Colby, but on the next play, a deflected pass landed in the arms of a Mascoma defender and he rumbled the other way for the touchdown and the 48-6 lead with 8:38 to go.

The next drive for the Bears saw Lloyd connect

third and long and then connect with Dio Katsigiannis for a 34-yard touchdown pass and Jacob Twombly's extra point made it 48-13 before the Royals ran out the clock on the first half and took the lead to the break.

The Bears opened the second half in style with another big touchdown play, as Lloyd connected with Kyle Douglas for a 70-yard strike less than two minutes into the half, cutting the lead to 48-20. A good defensive stop from DeFosse stuffed the Royals on fourth down to give the Bears the ball back, but a long punt return by the Royals put them at the five as time ran out on the third quarter.

The Royals ran in to the end zone three seconds into the fourth quarter to up the lead to 54-20 and after the Bears were stymied on fourth ball back. Winnisquam forced them to punt, but a fumble on the punt return gave Mascoma the ball back and the visitors scored on a screen from 37 yards out with 1:27 to go to finish off the

Winnisquam is scheduled to host Farmington-Nute on Saturday, Oct. 12, at 2 p.m.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Volleyball Bears rally for exciting Homecoming win

BY JOSHUA SPAULDING

TILTON — The Winnisquam volleyball team had a busy week with three games on the docket, including a Homecoming tilt to wrap up the week.

On Wednesday, Oct. 2, the Bears hosted John Stark and dropped a 3-1 decision to the Generals.

"This was a game between two pretty evenly-matched teams," said coach Mark Dawalga. "We really struggled early on with our serve and that was one of the biggest differences in the first couple of

"What I did like was how we worked through it and gave ourselves a chance to come back," he continued. "The fourth set could have gone either way, but give John Stark credit, they made a couple of more plays down the stretch than we did."

The Bears traveled to Langdon to take on Fall Mountain on Friday, Oct. 4, and came home with a 3-2 win over the Wildcats, 25-12, 18-25, 23-25, 25-21, 15-6.

"Great team effort on the road against a very good Fall Mountain team," Dawalga said. "I thought tonight we took a big step forward as a team.

"I think if we had played this game a couple of weeks ago we may not have been able to pull out the win on the road," the Bear coach continued. "What I really liked tonight was when we were down 2-1, our kids stuck with the game plan. That was the key to the win and showed great progress."

Caidyn Carter finished with 11 kills, three digs, two assists and 10 aces, Sophie Fair had four kills, Danica Weymouth had two kills, four digs and six aces, Ali Max had a pair of kills, Bella Dill had four kills, seven assists and two aces, Gianna Ball had three digs and one assist, Anaya Mondesir had eight digs and Shayla Jordan had five aces.

The Bears finished off the week with a 3-1 Homecoming win over Manchester West on Saturday evening, 19-25, 27-25, 25-9, 25-19.

"Homecoming is a great time for everyone and a great day full of games," Dawalga said. "After a late night coming back from Fall Mountain and a great day full of family and friends at Homecoming, I for a 60-yard catch and just three plays to find with Poole to convert a down, the Royals got the thought we came out a little flat and it showed in the

first two sets.

"Halfway through the second set you could feel our energy really pick up," the Bear coach continued. "Pulling out a 27-25 win was big for us, it really did pump up the energy in the gym for the rest of the game."

Carter finished with six kills, 11 digs, one assist and two aces, Fair had six kills and one dig, Danica Weymouth had two kills, 10 digs and five aces, Max had two kills and one dig, Dill had two kills, seven digs, 16 assists and eight aces, Ball had a kill, 14 digs, an assist and three aces, Mondesir had 11 digs and three aces, Jordan had six digs and two aces, Peyton Collins had two digs and Anna Drinkwine had two digs and two aces.

"The fan support was amazing," Dawalga said. "I was extremely happy for our seniors (Mondesir, Jordan, Collins, Max, Ball and Dill). And our underclassmen (Carter, Drinkwine, Alexis Mingolla, Weymouth, Fair and Avrill Labranche) have really stepped up and taken on some key new roles.

"This team has been awesome all year, putting team first," the Bear coach continued. "I appreciate all of them and was very happy for them to get a big win on Homecoming."

The Bears are off until next Friday, Oct. 18, at Hanover.

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Start with exploration, find inspiration at this year's parade of Homes!



This beautifully renovated Saltbox home, nestled on Lake Waukewan, showcases updates both inside and out. The whole home remodel included an interior transformation to create a bright and open living space featuring a modern, spacious kitchen and elegantly upgraded bathrooms. A new second-floor laundry room adds convenience and charm. On the exterior, new PVC decking, cable railing, sustainable siding, and exterior trim, along with new windows significantly enhance the home's curb appeal. Timeless finishes throughout align perfectly with modern family lifestyles, making this home a standout for both design and functionality. Builder: Lighthouse Contracting Group.

REGION — Members of the Lakes Region Builders & Remodelers Association have worked together to present the latest in home building techniques and designs at the 2024 Lakes Region Parade of Homes.

"We are proud to show off the local building industry to the community each year during the Parade. Our premier builders and supporting trade professionals are the key to the success of this popular event," said Brenda Richards, LR-BRA, Executive Officer.

Parade visitors will discover unique homes and floor plans, beautiful communities, the latest in interior design trends and home technology, exterior finishes and outdoor living, and landscaping that will inspire. The tour attracts hundreds of visitors from all around New England, it is couple friendly, and a special way to enjoy the scenic foliage in the Lakes Region.

"Whether you are in the market for a new home, getting ideas to remodel your existing home, or just want something fun to do, we invite you to be our guest at the 2024 Parade of Homes," Richards said.

The Lakes Region Parade of Homes is set for Columbus Day weekend, Oct. 12 & 13, 9 a.m.-5 p.m. daily. The two-day "self guided tour" will showcase 37,000 square feet of living space and a chance for the public to talk with builders about their building needs. Only one of the homes are for sale, this is not primarily a real estate event but rather an event to educate, entertain and make important connections for homeowners seeking to find a builder for their new home down the road or future remodel projects.

Visitors pay attention creative with to the details:

Energy Efficiency: Be sure to ask the builders to give you details on home energy options including: appliances, insulation, lighting, space heating & cooling, water heating and windows and doors.

Exterior Siding: Be prepared for a variety of exterior finishes to check out including, horizontal lap siding, board and batten putting emphasis on the vertical, creating a taller appearance and brick & stone adding texture.

Kitchens: Kitchens are a favorite with parade-goers. Be prepared to be "wowed" with this colors, integrated cabinetry, walk-in pantries, statement lighting, sink work stations and smart appliances.

Smart Technology: When many people think technology, they think entertainment. But work extends much further than audio and video. Other important elements like central vacuums and home security can help protect the health and safety of your family. Even if a homeowner isn't going to install home automation technology as a part of their new home construction, planning for those needs down the road helps ensure that the proper wiring and systems are in place behind the drywall.

Rich Colors throughout the Home: While blues, greens, and cool gray shades are trending, but also, classic neutrals and timeless warm tones can be found in many off the home. Warm grays paired with camel, rust, and brownblacks," as well as earthy reds and yellows.

Sinks: The Kitchen modern Farmhouse style will continue to flourish and homeowners are getting

"more concrete, stone, copper and granite composite sinks in darker hues of gray, bronze or black."

Lighting: Light fixtures, including sconces, lanterns, pendants and chandeliers, are making a comeback as crafty home do-it-yourselfers outfit retro fixtures with new technology for oneof-a-kind look. Remarkably, one in five homeowners are choosing "smart" lighting that can be controlled via a mobile device or computer.

Millwork: Custom Specialty millwork and reclaimed wood walls and detailing will be showcased in many a beautiful ambiance. Visiting a parade home is a great way to get a first hand look of how you envision your new or renovated home will look and feel. Whether you see yourself havcookouts on the back deck, a maintenance-free exterior, or a kitchen that becomes the gathering place at every party, exploring one of the eight featured homes on this year's tour is a great way to see into your future and possibly meet your new builder to make your dream home vision become a reality.

Parade-goers will have 38 bedrooms to explore and over 37 bathrooms to view on this year's tour! According to a recent 2024 U.S. Houzz & Home Study on Renovation trends, Kitchens and Bathrooms Lead in Project Activity: Kitchens continue to lead as the most commonly renovated interior room (29%), followed closely by guest bathrooms and primary bathrooms (27% and 25%, respectively). Living room projects also are popular, with 1 in 5 homeowners (21%) undertaking them.

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a bonus, there will be a al Association of Home ninth home for visitors to tour, the "Student Built House" will be open for viewing both days. The Tiny House is part of a collaboration between the Lakes Region Builders and the Huot Tech Center to excite students about careers in the trades. Students from Construction and Plumbing classes spend the entire school year learning all aspects of building a home from scratch. "We are very excited to welcome the public to see the most recent home completed by the students, all 432 sq.ft., " noted Bob Glassett, who serves on the builder's workforce development committee. "This is the first time we have been able to showcase the finished home in person and an ideal opportunity for the community to learn more about what the students are learning at the **Huot Technical Center's Building Construction &** HVAC programs," said Glassett.

There is no ticket required or cost to view the Tiny House and is open to the public. The proceeds from the sale along with ticket sales from the Parade of Homes benefit LRBRA's workforce development initiative efforts of inspiring the next generation of building trade professionals.

Thank you to our presenting sponsors Meredith Village Savings Bank, Lake Life Realty and Cyr Lumber and our Gold Sponsors: Pella Windows, Home Comfort, Quality Insulation, Ponders Hollow, Bay Equity, Belletetes, Overhead Door Options and Wolfreel Visuals. Please be sure to check out all of this year's parade partners.

Tickets cost \$25 per person, and can be purchased online or at the first home you visit. One ticket is good both days and you can start at any home. For ticketing and home descriptions and directions, go to the www.lakesregionParadeofHomes.com.

The Lakes Region Builders & Remodelers Association (LRBRA) is a not-for-profit, professional trade association chartered by the Nation-

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Tour the Lakes Region Parade of Homes Oct. 12-13



From left, Lakes Region Parade of Homes Committee Members Lori Borrin, MVSB VP Mortgage Loan Officer NMLS# 165814, and Brie Stephens, Lake Life Realty Founder, stand at a home under construction in Sandwich that is set to be one of the many homes featured on the Parade of Homes tour in October.

REGION — The popular Lakes Region Parade of Homes is set to return Oct. 12 & 13. The two-day self-guided tour is presented by the Lakes Region Builders & Remodelers Association with support from local partners, including one of this year's presenting sponsors, MVSB (Meredith Village Savings Bank).

"This can't-miss tour will feature new homes, showcase remodeling possibilities, and allow builders to present the latest home innovations," said Brenda Richards, Lakes Region Builders & Remodelers Association Executive Officer. "Tickets may be purchased online or during the event at the first home visited with our proceeds to go toward inspiring young people to explore the trades through scholarships, quality tools and job opportunities."

"The Parade of Homes is an event that truly showcases everything lakes region living has to offer - all amidst a backdrop of peak foliage during one of the most beautiful times of year here," said Lori Borrin, Parade of Homes Committee Member and MVSB Vice President, Mortgage Loan Officer NMLS# 165814. "We're very proud to support this opportunity to celebrate the talent and creativity of our local builders and craftspeople."

Go to lakesregion parade of homes.com to learn more. Lakes Region Builders & Remodelers Association is a nonprofit trade association dedicated to providing quality housing opportunities through education, vision and advocacy for the better of the communities they serve.

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Shorthanded Bears battle with defending champions

AT RIGHT: Winnisquam's Camilla Cote (right) and Gilford's Grace Kelly battle for the ball during action on Saturday morning in Tilton.





TILTON — The Winnisquam field hockey team had only 11 players on the roster for the season. When two of those players went down with an injury heading into the Homecoming matchup with the defending champions from Gilford on Saturday, it put the Bears in a bit of a pickle.

However, the Golden Eagles were willing to help out a bit and agreed to only send nine players on the field to match the Bears, leaving a bit of an

open field, but a chance for both teams to play a game with an even number of players on each

The defending champions proved that they will once again be a force to be reckoned with come tournament time, as they scored three goals in the first half and three more in the second for the 6-0 win.

Camilla Cote had a big drive into the zone for the Bears to start things off, but the Gilford defense turned it around. Zariah Moore also got in the zone for Winnisquam, with Lilly Winward turning her away in the defensive zone. Olivia Keenan made a good run into the zone, only to be met by Moore, Brianna Gammon and Cote. Stasia Soucy also made a stop on another Keenan run and Grace Kelly got in the zone for the champs only to have Ava Sargent and Moore turn her away.

The Golden Eagles got on the board first with 10:13 to go in the first quarter, as Keenan slipped the ball past Belcame right back with a corner chance that Keenan sent in to Grace Southworth, but Bella Soucy made the stop and Calia Blackey's rebound chance went wide of the net. Blackey had another bid that was deflected wide and Cote had another strong defensive stand.

Blackey continued to pressure, sending another shot wide and putting another shot on net that Bella Soucy stopped. Moore and Iris Viera combined for a chance for the Bears, only to see Ally Onos make the defensive stop for Gilford.

With 4:33 to go in the first, Southworth doubled the Gilford lead and just 22 seconds later, Keenan put home a rebound of a Kelly shot and the Golden Eagles led 3-0. Viera had a good defensive stop on Keenan and Kelly sent the ball through the crease. Winnisquam had a late corner chance and Cote's shot was stopped by Madi Breton in the Gilford net to send the game to the end of the first with Gilford up 3-0.

Southworth had a shot go wide of the net early in the second and Bianca Mendez made a good defensive stop. Catherine Fay and Keenan teamed up on a bid that went wide and Gilford had a corner chance as well. Keenan sent another shot wide of the net and Cote made la Soucy in the Bear net a good defensive stop. A for the 1-0 lead. Gilford good clear from Brooke Gammon helped the Winnisquam defense and Blackey had a bid denied by Bella Soucy. Moore and Viera teamed up on a late Bear chance and Keenan sent a shot wide to send the game to halftime with the score still 3-0 for the defending champs.

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got in close to start the second half and Emerson Plourde had a shot stopped by Bella Soucy. Moore had a couple of good clears from the zone and Keenan helped turn away a run from Viera at the other end. Keenan sent a shot wide on a corner and then Blackey and Kelly both had shots denied by Bella Soucy in the Bear net.

After another Bear corner, Viera made a run that was stopped by the defense of Addy Normandin and Kelly came back with a chance that went wide of the net for Gilford.

The Golden Eagles were able to up the lead to 4-0 with 4:34 to go in the third quarter, as Southworth put the ball home for her second of the game following a scrum in front of the goal. Emma Legro followed up with a shot that was denied by the Bear keeper and Cote made a good defensive stand on a Gilford corner.

Gilford capitalized on a corner chance with 2:36 to go in the third, with Southworth finishing off her hat trick by tipping the ball into the net for the 5-0 lead. Southworth sent another bid wide on another corner and the game went to the fourth with Gilford up 5-0.

Winward got in on the offensive action with a couple of good bids early in the fourth and Bella Soucy stopped a Keenan shot on a Gilford corner. Onos sent a ball in to Kelly that Cote was able to turn around as well.

With 10:17 to go in the game, Southworth finished off a cross from Kelly for her fourth goal of the game and Gilford upped the lead to 6-0. Brooke Gammon made a run for the Bears that Blackwelder Brynn stopped in the Gilford backfield and Mendez had another good defensive stop for the Bears before the game finished with the 6-0 win for the

Golden Eagles. Gilford is set to be in action on Friday, Oct. 11, at home against Berlin and on Tuesday, Oct. 15, at home against Masce-

nic, both at 4 p.m. Winnisquam is scheduled to be in action today, Oct. 10, at Hopkinton at 4 p.m. and will be hosting Newfound on Wednesday, Oct. 16, at 4 p.m.





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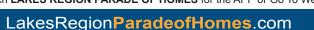








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