

Community comes together for National Night Out

BY DONNA RHODES
Contributing Writer

BRISTOL — National Night Out is a nation-wide annual event that promotes community relationships between citizens, police and other first responders and Bristol's celebration in Kelley Park last Tuesday hit the bull's-eye as hundreds of Newfound residents gathered together for an evening of fun and information.

Organized by the Bristol Events Committee, children enjoyed a huge Batman inflatable play center that ended with a fun slide but there was much more for them and their families to see, learn and do.

Bristol Fire Department had people lining up to grab a fire hose



DONNA RHODES

Bristol Fire Department's Administrative Assistant and EMT Ingrid Heidenreich looks on as Call Fire Fighter Ryan Dillon explains how to do CPR to his sons at National Night Out in Bristol.

and first use the water to push a ball across the grass then aim for windows in a mini wooden home structure to "extinguish" the flames painted on flip boards. Most were surprised by the weight of the fire hose and fire-

fighters were there to help them train the water hose on the targets.

Their Touch a Truck was popular, too, and even adults enjoyed a peek inside a ladder truck and ambulance. Outside the vehicles, de-

partment members instructed people on how to perform CPR on both an infant and an adult. While the demonstrations that night were brief introductions in the vital procedure, the public was also encouraged

to sign up for upcoming CPR classes at Bristol Fire Department.

Beside the fire department activities were Bristol Police K9 Officer Nick Kelley and his four-legged partner, Arro. While his fellow officers were busy handling an incident, Kelley and Arro greeted everyone and answered questions about their role on the department. Kelley explained that Arro and he have undergone extensive training for tracking, apprehension, drug investigations and building searches. Since joining the force the duo have successfully helped in the apprehension of several suspects, found missing persons and alerted officers to the presence of illegal drugs. Many people also stopped by just to pat Arro and thank he and Officer Kelley for keeping the community a safe place to live and work.

As a law enforcement official as well, Conservation Officer Josiah Towne of N.H. Fish and Game was also at National Night Out. Known for

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Newfound alum returns as school's Athletics Director

BY JOSHUA SPAULDING
Sports Editor

BRISTOL — Jacob Tivey never strayed far from his Newfound roots.

And now, as he takes on the role of the Athletics Director at Newfound Regional High School, those roots are taking hold even deeper into the community.

The 2008 Newfound graduate came aboard at the end of July to take over for Alex Sobolov, who accepted a teaching position at Inter-Lakes, and he is excited to get thing started in his first season of sports at his alma mater.

"It's a good time to get acclimated," Tivey said as he sat in his new

office surrounded by Newfound paraphernalia. "Not too much has changed, but I am getting used to the new traditions."

Tivey had the chance to work with Sobolov his first week on the job as they went over all of the duties and responsibilities associated with the job. Tivey also has the benefit of knowing former Newfound AD Pete Cofran, who will also be a sounding board in the beginning.

"I am just looking to see how I can help out and fit where I need to be," Tivey said. "And continue to develop our programs in the right direction."

After graduation
SEE **TIVEY**, PAGE A6

Town of Bristol deploys 230 KW solar array

BRISTOL — The Town of Bristol recently completed the final testing and commissioning of a 230 Kilowatt solar energy system adjacent to the town's Waste Water Treatment Facility. The solar array was designed to provide 90 percent of the energy required to operate the Bristol Waste Water Treatment Facility.

Paul Bemis, Chairman of the Bristol Energy Committee, said: "This is an excellent example of a public/private partnership between the Town of Bristol, and Barrington Power. The Town gains the benefit of low-cost energy without the need for



capital investment, and Barrington Power receives the solar tax benefits and a long-term power purchase commitment from the Town. Considering the electricity rate increases recently approved by the PUC, this partnership looks

better every day."

The solar array is owned, operated, and financed by Barrington Power. A long-term contract signed by the Town of Bristol will purchase all of the power the solar array can produce. The size of the solar

array was specifically designed to match the energy consumption of the Waste Water Treatment Facility to maximize the cost savings. Benefits of the project include:

- Lowering the cost of electricity to power the Bristol Waste Water Treatment Facility by providing sufficient capacity to fully operate the facility on sunny days

- The elimination of unexpected electricity rate hikes that make annual town budgets difficult to manage

- The movement away from dependence on fossil fuels for the production of electricity, and its associated price volatility

- A reduction in greenhouse gas emissions that contribute to global warming

Jack Bingham, President of Barrington Power said: "We are thrilled to be partnering with the Town of Bristol and expanding our clean energy solar footprint in the state of New Hampshire. Solar

and 80 lakes and ponds are dealing with active infestations.

Weed Watchers provide a critical line of defense should invasive plants find their way into Newfound Lake. By conducting monthly surveys for invasive aquatic plants and reporting their results, Weed Watchers form an early detection network necessary for fielding a rapid response to outbreaks of invasive aquatic plants.

Keeping invasive weeds from taking root is a community effort relying on responsible boaters, anglers,

SEE **WEED STAMPEDE**,
PAGE A6

First Annual Weed Stampede planned on Newfound Lake

BRISTOL — Newfound Lake Region Association will host the first annual "Weed Stampede" - a volunteer-based, complete survey of Newfound Lake for invasive aquatic plants - Aug. 27 & 28 from 8-11 a.m. The Weed Stampede will raise awareness around the negative impacts of invasive aquatic plants while training volunteer Weed Watchers to identify and survey for problematic plants like variable milfoil.

Invasive aquatic plants severely impact aquatic health, limit recreation opportunities, lower property values, and can cost



taxpayers millions of dollars to manage. While Newfound Lake

currently remains free of invasive aquatic plants, many nearby

water bodies are less fortunate. Statewide, eleven river systems

SEE **SOLAR**, PAGE A6

Living United in the Lakes Region

603 United bringing power of unified sports program to post-high school life

BY JOSHUA SPAULDING
Sports Editor

LACONIA — On the turf of Laconia’s Bank of New Hampshire Stadium last Sunday afternoon, there was plenty of fun, laughs and smiles to go around as 603 United officially kicked off with a welcoming ceremony featuring fun and games for everyone involved.

The non-profit organization’s goal is to provide social inclusion activities for adults with and without an intellectual disability and is dedicated to creating a community that fosters healthy relationships, healthy lifestyles and inclusion around the Lakes Region.

“Things like this,” said Executive Director Cassie Contigiani, pointing to the people enjoying cornhole, ladderball, soccer and more on the turf. “Sports, singing, arts and crafts and more. It’s all about social interaction, meeting new people.”

Contigiani, a graduate of Belmont High School, got involved in unified sports during her time at the high school and carried that with her to college in Maine and knows the impact that unified sports has had on the high school communities and is hopeful that 603 United will have the same impact for adults after they leave their high school environments.

“Unified sports has been so huge, I’ve seen the change it has brought,” Contigiani noted.

Kevin Shaw, who is the chair and president of the 603 United board, knows first-hand exactly what the unified sports program has done. In fact, it took him just one basketball game to see the impact. He was refereeing a game at Gilford High School and saw the impact it had on the life of the students.

“I was hooked,” he said. “I’ve been super fortunate and I know you’ve got to give back.”

And the fact that Gilford coaching and AD legend Dave Pinkham told him about the impact of unified sports only solidified Shaw’s desire to help.

“Dave told me that starting the unified program at Gilford was the single best thing he did as an AD,” Shaw said. “You know that’s impactful when he says that.”

“He just wanted to leave a legacy,” Contigiani said of Shaw, who has made a commitment of \$250,000 to 603 United.



603 United members, volunteers and supporters pose for a group picture at the official kickoff on Sunday, July 31 at Laconia High School.



Belmont High School graduate Cassie Contigiani is the executive director of 603 United.



Cornhole was a popular game during the 603 United kickoff event last Sunday.



Members, volunteers and supporters of 603 United joined together for a kickoff event in Laconia on July 31.



A 603 United member plays a little ladderball during the kickoff event at Laconia High School.

ed why not do the same thing.

“So we started a Special Olympics club and we had 10 teams in a jamboree, just like we had at Belmont,” Contigiani said. “And we kind of kept it going.”

After receiving her Master’s degree from Thomas in 2020, Contigiani stayed on at the school to serve as an assistant coach for soccer and softball and worked in the admissions office. But the Lakes Region was calling.

“It was time for me to come home,” she said. “I’ve been very, very, very lucky, when you do Special Olympics, you realize you take for granted every day what you do.

“They have to take a couple extra steps in their day than I do,” Contigiani continued. “We have an incredible board here, I don’t even have the words to describe them.”

One of those board members is Gerron Belanger, who is not only a board member but also one of the club members. He graduated from Gilford High School in 2021 and was a part of the unified sports program that Pinkham started.

“I couldn’t ask for a better organization than this,” Belanger stated. “Even before Kevin came up with this, I thought about starting something like this, but it’s a lot.

“I am so grateful for Kevin for founding 603 United,” he continued.

Both Belanger and Shaw noted that graduation is typically a happy day, but in the unified world, sometimes it is not a good day, as the structure, friends and relationships that people built in high school are all of a sudden not there anymore.

“I know for many people, graduation is not a good day, but I found

my way and still got together with my friends,” Belanger said. “I missed seeing people on a regular basis.”

He noted that he’s excited to see exactly what 603 United will bring to the community.

“I am looking forward to meeting new people, connecting with old friends, being there for people and having them be there for me.”

Shaw and Contigiani both noted that the first goal for the program is to purchase a van, which would allow for the group to take trips, while the goal after that is to possibly purchase a clubhouse, a place where members can go to hang out with friends and take part in different activities.

And from there, the goal to bring 603 United statewide.

“We’re going to rely on donations and fundraisers,” Shaw said, noting a cornhole tournament, a golf tournament at Laconia Country Club and a possible alumni basketball tournament are all things that are being planned heading forward. “Personal donations, corporate donations, fundraisers, they all help.”

Shaw also thanked Laconia AD Craig Kozens and the Laconia High School community for allowing use of Fitzgerald Field for their events, calling the facility one of the premier facilities in the state.

For those looking for more information in getting involved with 603 United in any way, the group has an active Facebook page (603 United) and also has a web site with plenty of information at 603united.org.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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ed over the course of the next 10 years, with hopes of seeing the program grow beyond just the Lakes Region to the entire state. He said he is hopeful that in five years 603 United can have five chapters around the state.

“I am hoping to be that 80-year-old guy kicking off the fifth one like this,” he said with a laugh. “It’s a lot of work, but it’s so special to be able to give back.”

Shaw had the idea of starting 603 United but it wasn’t until Contigiani came along that the pieces all fell into place, as her history of working with unified sports made her the perfect fit for his vision.

“We wouldn’t be here

without Cassie,” Shaw said. “She’s the right person, she’s a rock star. That’s when it all clicked, when we brought Cassie in.”

Contigiani started Belmont’s unified jamboree while she was in high school and the lifelong athlete headed to Thomas College in Maine to play soccer and softball, while still running the tournament. However, an injury during her junior year sidelined her and he really didn’t know what to do, since she hadn’t had such a quiet time in her life.

Her athletic trainer at the time started asking about what she did in high school and when she mentioned the unified tournament, he suggest-

Mid-State Health Center celebrates National Health Center Week

PLYMOUTH — Mid-State Health Center celebrates National Health Center Week this week, Aug. 7 through Aug. 13, to create awareness about the clinics around the nation who work tirelessly to keep our communities healthy.

Community Health Centers (CHCs) provide preventive and primary care services to more than 92,000 patients in New Hampshire. CHCs, like Mid-State, strive to provide care to those in our community who are underserved and lack access to affordable, quality care. CHCs are not ordinary medical clinics; they are problem-solvers who reach beyond the



exam room to care for the whole person by pro-

viding access to necessities like food and hous-

ing resources, dental, behavioral health, and

more; further, they care for everyone, regardless of insurance status.

While our approach is community-based, collectively we are the backbone of the nation's primary care system. CHCs lower health care costs to the tune of 24 billion dollars a year, reduce rates of chronic diseases, and stimulate local econo-

mies.

"We are proud to be a part of the solution and recognize the vital role that health center's play in providing top-notch and accessible care to underserved populations," said Robert MacLeod, Mid-State's Chief Executive Officer; "we are continuously looking to add services that are needed in our region, and that are affordable and accessible to those in our community who need it most."

Mid-State Health Center is committed during National Health Center Week, and every week, to addressing factors that cause poor health among our community. You can help too, by supporting a health center in your community.

Learn more about Mid-State's services by visiting midstatehealth.org.

SO Cup Golf Tournament returns to Owl's Nest

THORNTON — A score of 54, good for 18 under par, was the winning scorecard at last year's inaugural SO Cup Golf Tournament to benefit Special Olympics New Hampshire (SONH). It's the score to beat on Tuesday, Aug. 16, when the sophomore SO Cup event tees off. The second annual SO Cup will once again take place at Owl's Nest Resort and Golf Club in Thornton. Funds from the event will assist the programs of SONH as in-person training and competition continues to become more energized across the state.

SONH sports programs serve more than 3,000 Granite State athletes via 65 local programs and more than 75 school-based programs in every corner of New Hampshire. SO Cup foursomes will be named in honor of Special Olympics New Hampshire athletes.

Eversource returns as a presenting sponsor this year and Michels Power steps up to presenting sponsor status for the

2022 event.

Marc Geaumont is the Director of Transmission Project Management and Construction for Eversource in New Hampshire. He notes that there is an element of pride in partnering with SONH saying, "Special Olympics New Hampshire is a great organization and Eversource is always proud to partner with them to support their inspiring athletes. The Special Olympics Cup Golf Tournament brings many organizations together with the athletes to rally for a great cause." Geaumont also appreciates the people that make the event happen, "We would also like to thank the many event volunteers. Their willingness to share their time is incredibly valuable, essential to the event's success and greatly appreciated," he continued.

Jason Cross is Michels General Manager for Northeast Transmission and Distribution and is a big believer in the mission of SONH stating, "Michels Power would

like to thank Eversource and the Special Olympics New Hampshire team for their leadership in establishing this annual event. The efforts made by both Eversource and SONH help to transform the lives of countless children and adults by nurturing diversity and inclusion within our communities throughout the Granite State and beyond. Michels Power is proud to be a returning sponsor in partnership with Eversource, for such a great cause."

The first SO Cup event last year was quite successful. SONH Vice President of Development Carol Cray says there is even more anticipation this year, "Working with Eversource and SONH Board Members planning this event has been so exciting. To see it grow and gain momentum in year two is so promising and we are challenging ourselves to make it bigger and better. The participants of this tournament come from all over New England and are committed to improving the

lives of Special Olympics athletes in the Granite State."

The event is an 18-hole four-person scramble with a 9 a.m. shotgun start. Players may purchase mulligans, raffle tickets and more on the day of the event. There are several sponsorship opportunities available and some of them include complimentary foursomes for the event. Find out more about sponsorships here.

The evening before the golf tournament there will be a cornhole tournament in the Town Square at Waterville Valley (33 Village Road) from 5 to 7 p.m. Entry cost is \$25 per person or \$50 for teams of two and includes appetizers and soft drinks. The cornhole tournament features cash prizes and is sponsored by Harlan Electrical Construction.

More information about Special Olympics New Hampshire is available at www.SONH.org. More information about the Owl's Nest Resort is at www.OwlsNestResort.com.

Pasquaney Garden Club works on summer projects

BRISTOL — Everything is blooming and growing, and all the gardeners and volunteers are watering, pruning and weeding like mad to keep public area planters and gardens lush and lovely. In addition to planters, gardens and the beach areas, there have been several workdays at the Butterfly Garden behind Minot Sleeper Library. Much has been accomplished and additional long term maintenance projects are being organized.

Upcoming Thursday, Aug. 18 is a trip to Kirkwood Gardens located next to the Squam Lakes Science Center. Members, guests and visitors are all welcome. The gardens are lovely and a truly special place to visit in the lakes region. Those wishing to attend should meet at the parking lot of the Masonic Hall (next to Minot Sleeper Library) at 10 a.m. to carpool. The tour will begin at 11 a.m. For more information, please see our Facebook page.

Our second annual Fall Bulb Sale will be held this year. We are working with Three Rivers which offers the easiest process. Orders may be submitted by the group or by individuals and still provide credit to Pasquaney Garden Club for all sales. Three Rivers bulbs were wonderful when we ordered from them before.

You can access our site directly using the link below:

[https://threerivers-fundraising.com/fund-](https://threerivers-fundraising.com/fund-raiser/pqgc-f22)

[raiser/pqgc-f22](https://threerivers-fundraising.com/fund-raiser/pqgc-f22)

Full information and varieties offered are available on the Three Rivers sites. The last day to order bulbs is September 28. Bulbs will be shipped directly (to those who order) the week of October 3rd. There is a flat shipping rate of \$10 per order. You might consider combining your order as a group with friends!

If you do not use the link above, and access Three Rivers through their general Web site, you will need to find our page and use our group code, which is 69B911.

For questions or assistance contact jewhit-enh@gmail.com.

Pasquaney Garden Club is a 501(c)3 nonprofit organization.

Cara Perez named to Dean's List at University of Maryland

ADELPHI, Md. — Cara Perez of Bridgewater was named to the Dean's List for the spring semester at University of Maryland Global Campus. To be eligible for the honor, a student must complete at least six credits during the term, earned a grade point average of at least 3.5 for the term, and maintained a cumulative GPA of 3.5 at UMGC.

Celebrating its 75th anniversary, University of Maryland Global Campus (UMGC) was established in 1947 to serve adults

in the workforce. Today, UMGC enrolls some 90,000 students annually, offering bachelor's, master's, and doctoral degree programs, as well as certificates in more than 125 fully online, hybrid and face-to-face programs and specializations.

UMGC has a long history of innovation in reaching students where they are, including as a pioneer of internet instruction, piloting its first online classes in 1994. The university has received numerous awards for its

groundbreaking work in developing fully online degree programs, including in high-demand fields such as cybersecurity, business, data analytics, health care and education.

UMGC now offers classes to military service personnel and their families at more than 180 locations in some 20 countries. More than half of the university's students are active-duty military personnel, their families, members of the National Guard and veterans.

Alexandria United Methodist Church Fair

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From the Editor’s Desk

School days, school days...

It's that time of year again, when back to school photos will soon infiltrate your social media feeds. We love this time of year, when a more structured schedule takes hold, however come June, we are ready for the daily routine to be a bit more relaxed.

We always consider mid August into September to be a new year. Yes, the actual new year begins on Jan. 1; however, the start of a new school year always brings a clean slate, and who doesn't love that?

This time of year brings with it memories for all of us, even if we are not headed back into the classroom. We recall school shopping at the height of the late '80s and early '90s, when Trapper Keepers were all the new rave. During that time, anyone who walked into a drug store would be greeted with a wall of the colorful organizers, with notebooks and pencil cases to match. Having a brand new Trapper Keeper with pencils neatly tucked away the night before school started was step one. Next, the perfect outfit would have to be picked out, after all, the first day outfit set the standard for the rest of the year. During these first few days of school, the excitement was always at an all time high. It's the famous week three, when things start to settle, and the groove of the school routine has become the norm, once again.

As with most things, we enjoy tracking history. The drastic changes that have occurred over the years are quite interesting, so we thought we would share our findings.

During the 1800's, a typical rural area would have one room schoolhouses, with one teacher for grades first through eighth. The younger students would sit in the front of the classroom, with the 'big kids' seated in the back. Memorizing lessons was the priority back then, where students had to recite what they had learned. Paper bags and lunch boxes were not used for lunch, instead children would pack a lunch and carry it to school in a tin bucket.

During the early 1900's, only half of the children between the ages of five and 19 attended school. This was during the Industrial Revolution where children were needed at home to help work the farms or were put to work in factories. One study reports that in the present, 264 million children are still not educated.

We've heard it all before, but it's true, most students would walk or ride their bikes to school in all kinds of weather up to five miles away. Today most students take the bus or are dropped at school by their parents. In some areas, there have been initiatives taken to promote the 'old school' way of transporting kids via bike or walking.

In days gone by, if a student misbehaved, they were placed in a corner and had to wear a dunce cap. Discipline has changed quite a bit; however, we remember a slew of students standing along the brick wall during recess in the 1980's at our elementary school for "talking too much"... but we won't mention any names.

Home Economics classes have been replaced with a more modern swing than when they first emerged in the 1950's and lasted through the 1970's. Back then, students, mostly female, were taught how to cook and sew. In the late 1980's, those classes saw more male students as it became a requirement for all. We remember sewing 'Nerd' (you know the candy) stuffed animals and Oreo cookies in our class. When it was time to cook, we have fond memories of baking a holiday cake and forgetting to add baking powder, or was it flour? Either way, that cake took on a life of its own, and we fondly remember taking red icing and writing 'Scrooged' over it.

Industrial Arts classes are few and far between, however are still offered in some places with a more technological twist. Back in the day, students would take large pieces of wood, run it through a planer, sand it, stain it and create all sorts of things from entertainment centers to cut out wooden apples using a jigsaw. We remember leaving notes for our friends in the afternoon class. We would slip them in the lockers and hope we remembered whose locker belonged to who. No texting back then.

Cursive writing was always fun. It was a great feeling when you made that lower case 'j' just right. Who knew that years later, hand writing would happen less and less and our cursive skills would be a thing of the past. Handwriting is, however, making a comeback in some schools.

We think it goes without saying, that the best memories involve a good old fashioned pencil sharpener. Trying to get the pencil as small as possible in one go, meant that you were talented. If that pencil still had a full eraser, you were batting a thousand. It was an even better day, if you could get your hands on an electronic sharpener.

CADY Corner

Talk. They hear you.

BY DEB NARO
Contributor

Research suggests that one of the most important factors in healthy child development is a strong, open relationship with a parent or trusted adult. It is important to start talking to your children about alcohol and other drugs before they are exposed to them—as early as nine years old.

Make regular conversations part of the routine. Know the risks of underage drinking and drug use and be prepared to talk about them. Establishing yourself as a trustworthy source of information on alcohol will make your child more inclined to ask questions and look to you for support and guidance.

Talk to you child before they make plans with their friends. Kids don't have all the facts when it comes to alcohol and other

drugs. Talk with your child about the risks of underage drinking and substance use and be clear and consistent about your expectations.

Talk to your child before dropping them off at a party. Talk with your child about what to do when faced with a difficult decision about alcohol or drugs at a party. Come up with a plan together to avoid drinking or using drugs, such as texting a code word to a family member or practicing how to say "no thanks" in a safe environment.

Talk to your child before they get behind the wheel. Let your child know it's never okay to get behind the wheel of a motor vehicle while under the influence of alcohol or other drugs, and that getting in a car with someone who has been drinking or using drugs is also very dangerous.

Talk to your child before

they hit the practice field. Show young people you care and help discourage risky behaviors by talking with them about the dangers of using alcohol and other drugs, such as marijuana and prescription pain medication.

The sooner you talk about the dangers of underage drinking and substance use, the greater chance you have of influencing your child's decisions about using alcohol and other drugs.

Explain why underage drinking and substance use are dangerous—not just because you say so, but because they can significantly impact your child's happiness, health, and safety.

Support your child's overall health and wellness by staying informed. It's important to talk about the risks of underage drinking and substance use from a young age and continue

those conversations as your child gets older and becomes more independent. Over 80 percent of young people ages 10–18 say their parents are the leading influence on their decision whether to drink. Send a clear and strong message that you disapprove of underage drinking and misuse of other drugs. For more tips on how—and when—to begin the conversation, visit www.underagedrinking.samhsa.gov or visit our website at cadyinc.org.

If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at (603-934-8905) for help. You can also connect with Plymouth Area Recovery Connection (PARC), our local recovery center, located at Whole Village Family Resource Center in Plymouth at info@parcnh.org or 603-238-3555.

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN

Maybe the symphony is a few birds dimmer

Various television ads offer replacement services for windshields that are chipped or cracked by flying rocks and the like, and some will recalibrate driver-error warnings, like drifting across lanes or following too closely.

There are few real lane dividers north of the notches save those that crept north with the Interstates, in the form of I-93 (New Hampshire) and I-91 (Vermont). Oh, there is the Berlin-Gorham "Miracle Mile," and so-called "truck lanes" on steeper hills, which allow faster vehicles to pass. How much "faster" is always the question, of course. "What can be proved in court," one supposes.

We've always wondered about one of those other perennial questions, such as the rate-per-mile of wildlife, big and small, whose tickets get punched on hills with truck-lanes. Per-lane-mile counts for garments, garbage and wildlife are available for long hills, plus of course pieces of vehicles, and have been for years, providing legions of benefits for wildlife researchers and actuaries.

In New Hampshire, the Department of Transportation is tasked (along with keeping the roads clear of snow) with keeping them clear of dead wildlife. It's been a while since I delved into it, but I suppose that somewhere in the bowels of Concord is a

way to check this kind of thing, as in "rate per mile of adjacent three-lane hillside lanes, absent divider" (because there are no mid-lane guardrails).

Tailgating, far from being a mere bad habit, has started many a family argument and seems to getting worse in this growing age of impatience. In the "I'm no expert, but" category, I'm no expert, but because it can afflict all sexes and ages, tailgating perhaps deserves to be classed under "personality disorders" (think the maniacal driver in an old "Goofy" cartoon).

Because tailgating does not allow distance and time for a driver to avoid a crash, it can be argued (logically) that it makes no sense. Only because society feels bad enough already for the bumper-riding driver are charges so frequently dropped.

It is a perfect case of justice not being so blind. "We've been in the same spot, impatient and all," says Justice, without her mask. "And if nobody's hurt in the other vehicle, what the heck?"

Thus "no fault" insurance, which allows police on the scene to exercise judgment and still allows civil court charges if any of the parties feels further aggrieved.

Recent experience, meanwhile, invites the observation that any warning system focusing on following too closely would be doing

little else.

No chortling here. It's only luck that New Hampshire's north country has escaped the most dire of the state's drought consequences. Our sheer geographical closeness to Canada (another blessing!) has sent a series of cold weather systems our way to blunt some of the hot weather moving north.

Instead, we've had rain (it rained steadily Friday morning). This, coupled with higher elevations' abundant fern and moss cover, has allowed the region to store and slowly release groundwater.

Still, the collective "we" continue to look the other way as wetlands, hillsides and mountaintops go the way of all flesh. This is in lock-step obeisance to the gods of "improvement", "development," and "progress."

What few people like to talk about is the fact that these words all have a price, if only in the wildlife we're supposed to hold in the public trust, not to mention the eight billion more souls on the planet (as of this Nov. 15, and counting).

I continue to get mail from other people who have noticed the drastic decline in songbirds. People tracking numbers on seasonal flyways and gathering census data on various species have noticed



a precipitous decline of 30 percent or more since 1970.

I don't pretend to be any expert on birds, but can say that our little patch of hardwoods sure has quieted down over the years at camp. This is a section of open hardwoods dominated by beech, yellow birch, and maple, with an understory of ferns and various other struggling, sun-light-seeking species.

This is a carry-in, carry-out camp at the end of a hike-in trail. Depending on who's sitting where, porch-noise amounts to home-grown fiddle music and the rustling of yesterday's paper.

All of our perpetrators have made mistakes as caretakers of the planet, at least after we became able to effect them, as in the sense of "make them happen." One of those bottom-line arguments in all this is that so many of us can't imagine any life at all without music.

(This column is syndicated in newspapers from Concord to Canada. Please address mail, including phone numbers for questions, to campguyhooligan@gmail.com or 386 South Hill Rd., Colebrook, NH 03576.)

Valentino’s “Son of The Sheik” to screen in Plymouth

PLYMOUTH — He was the cinema’s first sex symbol, causing hordes of female moviegoers to flock to his pictures throughout the 1920s.

He starred in films designed to show off his Latin looks, his smoldering eyes, and his dancer’s body. And his untimely death in August, 1926 prompted mob scenes at his funeral in New York.

He was Rudolph Valentino, who remains an icon for on-screen passion long after he caused a sensation in the 1920s.

“Son of the Sheik” (1926), one of Valentino’s most acclaimed films, will be screened with live music on Wednesday, Aug. 24 at 6:30 p.m. at The Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth.

General admission is \$10 per person.

Live music will be provided by accompanist Jeff Rapsis, a New Hampshire-based composer who specializes in creating music for silent film presentations.

In “Son of the Sheik,” Valentino tackles two roles, as a father and his son.

Ahmed (Rudolph Valentino), the son of an Arab sheik and a kidnapped English gentlewoman (Agnes Ayres), loves local dancing girl Yasmin (Vilma Banky).

When he slips out of his father’s heavily guarded compound to woo her, he is kidnapped and held for ransom by a group of bandits led by Yasmin’s father (George Fawcett) and Ghabah (Montagu Love), the Moor to whom she is betrothed.

Can Valentino escape the clutches of his enemies and win the heart of his true love?

“Son of the Sheik” was a sequel to 1921’s “The Sheik,” an immensely popular film that established Valentino as the silent screen’s great lover.

Then actor’s final film, “Son of the Sheik” was released following his death on Aug. 23, 1926 from complications from peritonitis. Valentino was only 31 years old.

The death took place at the height of his career, inspiring a



COURTESY

Rudolph Valentino and Vilma Banky star in “Son of the Sheik” (1926), part of a program to honor the 90th anniversary of the iconic actor’s untimely death. The film—Valentino’s last—will be shown with live music on Wednesday, Aug. 24 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth. Admission is \$10 per person. For more information, call (603) 536-2551 or visit www.flyingmonkeynh.com.

day-long mob scene at the actor’s New York funeral.

An Italian immigrant who arrived penniless at Ellis Island in 1913, Valentino rose to superstar status in a series of silent pictures that enflamed the passions of female moviegoers from coast to coast and around the world. But he was more than a pretty face—during his career, critics praised Valentino as a versatile actor capable of playing a variety of roles; his achievements included popularizing the Argentinian tango in the 1921 drama “Four Horsemen of the Apocalypse.”

But Valentino’s brief stardom was defined by the “Sheik” roles, which brought a new level of exotic sexuality to the movies, causing a sensation at the time. In theaters, women openly swooned over Valentino’s on-screen image, especially in roles such as the ‘Sheik,’ which featured elaborate costumes. At its peak, his popularity was so immense that it inspired a backlash among many male moviegoers, who decried Valentino’s elegant image and mannerisms as effeminate.

Valentino’s sudden death fueled his status as a legendary romantic icon of the cinema. For years, a mysterious woman dressed in black would visit his grave at the Hollywood Park Cemetery in Los Angeles, leaving only a single red rose.

Valentino was aware of his effect on audiences, saying that “Women are not in love

with me but with the picture of me on the screen. I am merely the canvas upon which the women paint their dreams.”

The Valentino program continues another season of silent films presented with live music at the Flying Monkey. The series provides local audiences the opportunity to experience silent film as it was intended to be shown: on the big screen, in good-looking prints, with live music, and with an audience.

“These films are still exciting experiences if you can show them as they were designed to be screened,” Rapsis said. “There’s a reason people first fell in love with the movies. At their best, silent films were communal experiences in which the presence of a large audience intensifies everyone’s reactions.”

For each film, Rapsis improvises a music score using original themes he creates beforehand. None of the music is written down; instead, the score evolves in real time based on audience reaction and the overall mood as the movie is screened.

Rudolph Valentino is ‘Son of the Sheik’ will be shown on Wednesday, Aug. 24 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth.

Admission is \$10 per person. For more information, call (603) 536-2551 or visit www.flyingmonkeynh.com. For more info on the music, visit www.jeffrapsis.com.

Towns

Bristol

Al Blakeley
adblakeley0@gmail.com

The Bristol Rotary Club Annual Penny Sale will be held at NRHS at 6:30 p.m. on Aug. 11. Proceeds will benefit the Bristol Rotary Club Scholarship Fund.

The Tapply-Thompson Community Center’s Annual Lobster and Chicken Supper will be held at Kelley Park in Bristol on Saturday Aug. 27 from 5 - 6:30 p.m. Don’t miss this delicious summer tradition! Tickets are available at the TTCC or at the door while that last. The cost is \$18 for Chicken, \$25 for Lobster and \$28 for a combo of a lobster and quarter chicken. Hot dog plates are available for kids for \$6. The meal includes salad, Walker’s Farm corn on the cob, baked potato, cole slaw, fresh rolls, dessert and drinks. Dinner entertainment will be provided by ‘Solitary Man’. In the event of rain, the dinner will be held at the TTCC. For more information, call 603-744-2713.

Until further notice, the Town Clerk/Tax Collector’s office hours on Wednesdays will be from noon – 7 p.m., beginning July 27.

Reoccurring events at the Minot-Sleeper Library include: Knot

Only Knitters on Mondays from 2:30 - 4:30 p.m., Mah Jongg on Wednesdays from 1 – 3 p.m., Storytime on Fridays at 11 a.m., Tech Help Appointments on Thursdays from 2 – 5 p.m., and Paint Your Own Shark Art Gallery for all ages (Sharks are free and can be picked up at the MSL and then put on display until Aug. 19 when there will be a gallery opening)

Join the MSL for juice and painting! On Tuesday, Aug. 16, at 6 p.m., will have a Paint and Sip Mocktails activity doing 12 X 12 paintings. Don’t worry if you have no experience, this is for fun and relaxation. Please RSVP at the library. This program is free and limited to 12 people. The Summer Reading Finale, ‘Oceans of Possibilities’ for all ages will be held on Saturday, Aug. 20 from noon – 2 p.m. at Kelley Park. Celebrate the community’s reading achievements at this family-friendly event. Activities will include: jellyfish hoola-hooping, bubble blowing, penguin bowling and food! The MSL wants to thank everyone who participated in the summer reading program, sending this send-off end in a splash!

Earth Day Every

Day: Composting will take place on Tuesday, Aug. 23 at 6:30 p.m. at the MSL. This program will present tips and guidelines to composting. The Sustainability Committee is sponsoring this program.

There will be a Trustees Meeting on Thursday, Aug. 25 at 5 p.m. at the MSL.

On Thursday, Aug. 18, the Bristol Summer Concert Series will present “Starlight Honey’s” at Kelley Park from 6:30 – 8 p.m. Bring the family, friends and neighbors!

Remember that the Farmers Market is now open on Saturdays at the Mill Stream Park from 10 a.m. until 2 p.m.

Cruise Nights at the Village Pizza are held every Friday night through September from 5:30 – 8 p.m. All vehicles welcome with no entry fee!

The Bristol Historical Society Museum will be open on Tuesday evenings, 6:30 – 8 p.m., and Saturday mornings from 10 a.m. - noon.

Bristol Old Home Day will be on Aug. 27! The day will feature: a Pancake Breakfast, Stand Up Newfound 5K Road Race, Antique Car Show, Firemen vs. Police Softball Game, and the TTCC Lobster/Chicken Dinner. Come on out everyone and celebrate Bristol!

HEBRON ZONING BOARD OF ADJUSTMENT MEETING AND HEARING AGENDA AUGUST 16, 2022 6:00 PM

You are hereby notified that the Hebron Zoning Board of Adjustment (ZBA) will meet at 6:00 pm on Tuesday, August 16, 2022 at the Hebron Town Office, second floor meeting room, 7 School Street, Hebron, NH to address the following:

1. Discuss and approve minutes of previous meetings and other administrative matters.
2. Hear the application for a VARIANCE under Article IV, Section H.1 of the Hebron Zoning Ordinance by Onaway Camp Trust for the construction of a replacement Off-Away cabin on the property located on 27 Camp Onaway Drive (Tax Map 6, Lot 15). (Case No. 291).
3. Hear the application for a VARIANCE under Article IV, Section H.1 of the Hebron Zoning Ordinance by 2 Goats LLC for the construction of an addition to the existing motel building and the construction of a new owner’s unit/multi-function building on the property located at 435 South Mayhew Turnpike (Tax Map 5, Lot 2). (Case No. 292).
4. Any other business that may come before the Board.

ZONING BOARD OF ADJUSTMENT DOUGLAS S. MCQUILKIN – CHAIRMAN

Please join Town of Hebron ZBA from your computer, tablet or smartphone. <https://global.gotomeeting.com/join/381533213>

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Edward Jones: Financial Focus

When can you choose retirement?

If you’re like most people, your work has been a central part of your life. So, wouldn’t it be nice to have the flexibility to decide when you no longer want to work?

Many people of retirement age have achieved this type of control. In fact, two-thirds of workers ages 65 and older say they work primarily because they want to, not because they have to, according to a 2021 study by Edward Jones and Age Wave. But that means that one-third of workers in this age group feel financially compelled to work. This doesn’t necessarily mean they dislike the work they do — but it’s probably fair to say they would have liked the option of not working. How can you give yourself this choice? You can start by asking yourself these questions:

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC
Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.

- *When do I want to retire?* You’ll want to identify the age at which you wish to retire. You may change your mind later and move this date up or back, but it’s a good idea to have a target in mind.
- *What sort of retirement lifestyle do I want?* When you retire, do you anticipate staying close to home and pursuing your hobbies, or do you hope to travel the world? Would you like to spend your time volunteering? Open your own business or do some consulting? Clearly, some of these choices will require more resources than others, so you’ll want to follow a financial strategy that aligns with the retirement lifestyle you intend to pursue.
- *Am I saving and investing enough?* As you chart your course toward your retirement journey, you’ll want

to assess the sources of income you’ll have available. If you think you may be falling short of achieving your retirement goals, you may need to consider saving more.

• *When should I start taking Social Security?* You can begin collecting Social Security benefits as early as 62, but your monthly payments will be much bigger if you wait until your “full” retirement age, which will likely be between 66 and 67. Your decision about when to take Social Security will depend on several factors, including your other sources of income and your family history of longevity. Of course, as you’re probably aware, the Social Security system is facing significant financial stress, so it’s possible that we

may see changes to Social Security, based on actions Congress could take. In any case, you might want to be fairly conservative in estimating how much Social Security can contribute to your retirement income. By addressing the above questions, you can get a clearer sense of when you might reach the point at which work is optional. But you’ll also need to consider other factors, too, such as how much you enjoy working or when your spouse or partner is planning to retire. In any case, the sooner you start planning for this next phase of your life, the better position you’ll be in when it’s time to make the transition.



Jacqueline Taylor
Financial Advisor
3 Mill Street
PO Box 176
Meredith NH 03253
603-279-3161
Fax 866-532-8685
jacqueline.taylor@edwardjones.com

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Marjorie Mary Gorman, 76

Marjorie Mary Gorman, age 76, died at Pine Rock Manor in Warner, NH on July 30th, 2022. Born and raised in Cambridge, MA, daughter of Gertrude (Finnegan) and Arthur Gorman, she was predeceased by her only sister, Lynda Gorman-Henderson of Portsmouth, NH. She graduated from Cambridge High and Latin School, then earned both undergraduate and graduate degrees from Boston State University. Marjorie taught second grade for over 30 years at Powder House School in Somerville, MA, and retired in 2004 to her family's summer home in Bristol, NH. Hobbies included quilting, knitting, crafts, music, and travel. She especially enjoyed participating in summer craft fairs in the Newfound region; her favorites



being Hebron, Alexandria, and Danbury. She also volunteered at the annual Tap-ply-Thompson Community Center Santa's Village in Bristol and was a member of the Danbury Grange. Mar-jie loved retirement in NH, children, her grand niece and neph-ew Piper and Silas, and her many cousins and their children and grandchildren in SC, NH, GA, CA, and MA. Her only pet ever was her beloved West High-land Terrier, Angus McNutt. She is sur-vived by her niece Pia (Henderson) Bloom,

husband, Aaron, and children, Silas and Piper of Mahtomedi, MN; her brother-in-law, Richard Hender-son and wife Debra of Stratham, NH; cousin Jack O'Brien and wife, Linda of Summer-ville, SC and Bristol, NH; cousin Barbara Finnegan of Attle-boro, MA; and Cous-in Richard Finnegan and wife Kathleen of St. Augustine, FL. Marjie will be sorely missed. The family would like to thank Golden Crest Assist-ed Living in Franklin, NH; Pine Rock Manor in Warner, NH; Helen O'Brien; and Bristol friends and neighbors. In lieu of flowers, do-nations may be made in Marjie's memory to St. Jude Children's Research Hospital. A private burial will be held in Mt. Auburn Cemetery, Cambridge, MA.

Tivey

FROM PAGE A1

ing from Newfound in 2008, Tivey went on to NHTI, where he stud-ied criminal justice for two years and con-tinued on to Plymouth State, where he earned his bachelor's degree. He then went into law enforcement for a number of years be-fore transferring over to the school system, something that runs in his family's blood. His mother was a teacher for 39 years, his aunt was a teacher and his grandfather taught at Plymouth State. "Education is in our family tradition," Tivey said. "I started as a paraprofessional before eventually mov-ing into a position en-titled restorative justice director at Laconia High School and he stayed on there for 10 years. He also coached at the middle and high school level, which got

his juices flowing for sports again. During his time at Newfound, he was a four-sport varsity ath-lete, playing football, soccer, baseball and basketball and he is excited to help contin-ue to grow all of New-found's programs in the right direction. "We've got a lot of things going on right now," Tivey said, noting that the gym bleachers are being replaced and irriga-tion is a possibility on some of the sports fields along with a few other face lifts. "Alex did a lot of the legwork and hopefully I can help make them come to fruition," Tivey said. He noted that he and his family have lived in New Hamp-ton for a number of years, keeping their connection within the Newfound communi-ty and he has a great relationship with the

Tap-ply-Thompson Community Center in Bristol, where he worked as an official for a number of years. "Even when I wasn't at Newfound, I have still been in the community," he said, noting he is happy to see the development of strong athletes start-ing at TTCC and mov-ing on to Newfound, both at the middle school and high school level. Tivey is jumping right in with both feet, as he has coaches on board and is ready for the first days of prac-tice, which are hap-pening this week as Newfound prepares to defend its title in vol-leyball and hopefully add some hardware in other sports as well.

Sports Editor Josh-ua Spaulding can be reached at 279-4516, ext. 155 or josh@sal-monpress.news.

Plymouth State announces newest Hall of Fame class

PLYMOUTH — A trailblazing head coach, a longtime administrator and advocate for Plym-outh State Athletics, a dynamic women's lacrosse scorer and two-sport student-ath-lete, and a four-year defensive standout on the gridiron make up the highly-decorated Plymouth State Uni-versity Athletic Hall of Fame Class of 2022, as the Hall of Fame committee announced its newest members today. The Class of 2022 in-ductees are: Dorothy 'Dot' Diehl (posthumously), who amassed 120 wins over 16 seasons while leading the PSU field hockey program for two separate stints, from 1973 to 1975, and 1977 to 1989. Her teams appeared in eight post-season tournaments, while she piloted the program to its first NCAA Tournament appearance in 1984 and captured an ECAC title in 1987. More im-portantly, Diehl was an important advocate for women's sports, while her efforts raised greater equity for all athletics programs at Plymouth State. John P. Clark '71, '73G, former Athletic Director whose impact on Plymouth State and Panther Athletics cannot be measured. As student body pres-ident, Clark played a

primary role in intro-ducting varsity football to Plymouth State. He held multiple roles on campus before tak-ing over as Athletic Director from 1980 to 1985, a period that ex-perienced tremendous success, particularly in men's soccer and football, and returned to the role from 2001 to 2015. He played a key role in the cre-ation of the Little East Conference (LEC) and oversaw numerous advances in athletics facilities and sport of-ferings. Kalie Judd '10, a standout scorer on the women's lacrosse team and two-year starter on the women's bas-ketball team from the 2007-08 to 2009-10 sea-sons. Judd was a three-time All-LEC First Teamer and earned Intercollegiate Wom-en's Lacrosse Coaches Association (IWLCA) All-Region honors as a senior, becoming the 14th player in program history to eclipse 100 career goals. She also served as a three-year veteran at point guard on the basketball team, averaging 7.5 points and 4.5 rebounds per game as a senior while helping the team to a 17-11 record. Dan Fallon '07, a four-year starter and two-year co-captain at defensive back on the football team, who claimed Freedom Foot-ball Conference (FFC)

Rookie of the Year honors and was an All-New England Football Conference (NEFC) First Team selection as a senior (Plymouth State was an indepen-dent school during his sophomore and junior seasons). Named the department's John C. Foley Senior Leader-ship Award winner, Fallon led the team in tackles in three of his four seasons, before helping the Panthers to a 27-6 record and three postseason ap-pearances during his three years as an as-sistant coach. The university's 36th induction cere-mony will recognize the accomplishments of the Class of 2022 on Friday, Oct. 7, at the Eugene and Joan Sav-age Welcome Center in the PSU Ice Arena. The ceremony will be the first since the Class of 2019 was in-ducted, as the Hall of Fame committee opted to select new classes in even numbered years following the 2018-19 year. The onset of the COVID-19 pandemic led no Class of 2020 be-ing selected. A complete list of prior inductees and their profiles, as well as a nomination form, can be found online at athletics.plymouth.edu/HOF. For tickets to the event or more information, call 603-535-2770.

Solar

FROM PAGE A1

Energy is the clean, abundant, and most stable source of ener-gy available today. We look forward to a long term, mutually benefi-cial relationship." About Barrington Power Barrington Power is a New Hampshire company providing low-cost solar con-struction and financ-

ing services to com-mercial, municipal, non-profit and educa-tional clients through-out New England. Barrington Power be-lieves that every solar panel that is installed helps address climate change through lower emissions and by ed-ucating others about the benefits of solar energy. For more infor-mation contact: Jack Bingham, President Barrington Power, at Jack@BarringtonPow-

er.com. Members of the public are welcome to attend a ribbon cut-ting ceremony com-memorating the Bris-tol WWTF solar array. The event will be held at 180 Ayers Island Road on Friday, Aug. 19 at 9 a.m. For more information about the new Bristol Solar Array Project, please contact Paul Bemis at Paul.Bemis@Comcast.net or by phoning 603-252-9322.

Weed Stampede

FROM PAGE A1

and shorefront own-ers each doing their part. Making sure to clean, drain and dry your boat after each use and checking your trailer and recreation-al equipment for plant fragments before head-ing to the launch great-ly decreases the risk of spreading aquatic in-vaders. The Newfound

Lake Weed Stampede captures an import-ant snapshot of the lake-wide presence or absence of inva-sive aquatic plants; however, most Weed Watchers actively monitor throughout the summer. By at-tending trainings and conducting monthly surveys, Weed Watch-ers develop a deeper understanding of lake ecology and a per-sonal connection to Newfound Lake. Join a growing community

of Weed Watchers and attend the next NLRA training on August 18 with Limnologist and invasive species expert Amy Smagula from the New Hampshire De-partment of Environ-mental Services from 2 to 4 p.m. at Grey Rocks Conservation Area. Learn more about the measures NLRA is taking to prevent the spread of invasive aquatic plants by con-tacting NLRA Conser-vation Program Man-ager, Paul Pellissier at Paul@NewfoundLake.org and register for the Weed Stampede and the upcoming Weed Watcher train-ing at NewfoundLake.org/events.



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ZONING BOARD OF ADJUSTMENT DOUGLAS S. MCQUILKIN – CHAIRMAN

Please join Town of Hebron ZBA from your computer, tablet or smartphone. <https://global.gotomeeting.com/join/381533213>

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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

| Town | Address | Type | Price | Seller | Buyer |
|-------------------|----------------------------|----------------------------|-----------|--|---|
| Alexandria | Mount Cardigan Road | N/A | \$110,000 | Brian J. and James Shannon | Phyllis Macpherson and Mary Quill |
| Bristol | 195 Brookwood Park Rd. | Single-Family Residence | \$275,000 | FHLM | Kenneth C. and Cheryl J. Ulicny |
| Bristol | 4052 River Rd., Unit A | Condominium | \$235,000 | Megan L. Hewitt | Ashley Thompson |
| Campton | Beech Hill Road | N/A | \$368,000 | Alice L. Avery Trust and Julie E. Greenwood | David V. and Pamela J. Scerra |
| Campton | 18 Condo Rd., Unit 1 | Condominium | \$290,000 | John G. and Jessica A. Prieto | Caitlin Swanson |
| Campton | 25 Partridge Knoll Rd. | Single-Family Residence | \$370,000 | Aimee B. and Paul Moller | Alizabath M. Jones |
| Groton | N/A (Lot 2) | N/A | \$390,000 | David and Amy C. Westman | Jeffrey D. McDonald |
| Holderness | Coxboro Road | N/A | \$285,000 | A.M. Graziano RET 1995 and Mark Manita | S.C. Campbell-Lovett and Eileen S. Lovett |
| Holderness | NH Route 175 | N/A | \$200,000 | National Save Sea Turtle Foundation | Boscawen Office Rentals |
| Plymouth | 235 Cummings Hill Rd. | Mobile Home | \$119,933 | Karen Crosby | Jennifer Nazarian |
| Plymouth | Cummings Hill Road (SES) | Residential Developed Land | \$32,000 | Nancy M. Navelski | George E. and Kathleen L. Clark |
| Plymouth | 61 Main St. | Retail Store | \$655,000 | Surf Club North LLC | JJK Holdings LLC |
| Plymouth | 2 Maple St. | Single-Family Residence | \$165,000 | Just Another LLC | John L. Hall |
| Plymouth | 50 Russell St. | Single-Family Residence | \$260,000 | Robert R. Morin, Jr. and Gina M. Diresta | Danielle A. and Timothy West |
| Plymouth | N/A | N/A | \$75,000 | Plymouth Athletic Club Inc. | Fowl Inc. |
| Rumney | N/A | N/A | \$250,000 | Log Home Res. World Wide LLC | William E. Russell Fiscal Trust |
| Thornton | 23 Falls Rd., Unit 4 | Condominium | \$350,000 | Mark Ashley | Andrew J. and Sara A. Masiello |
| Thornton | 104 Laundromat Rd. | Multi-Family Residence | \$275,000 | Daniel P. II and Karrie M. Farley | Masha Shoykhet |
| Waterville Valley | 6 Bear Brook Lane, Unit J1 | Condominium | \$350,000 | M. Levovitz 2010 Grantor Trust and Andrew M. Comiter | Reva Gertel |
| Waterville Valley | Noon Peak Road, Unit 1 | Condominium | \$360,000 | Tracy Boulter Fiscal Trust 2004 | Aliriza and Golrokh Sepehr |
| Waterville Valley | Route 49, Unit 1 | Condominium | \$360,000 | Tracy Boulter Fiscal Trust 2004 | Aliriza and Golrokh Sepehr |
| Wentworth | Cape Moonshine Road | N/A | \$285,000 | Fred O. Brownson Trust | INM Northeast LLC |

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com

What you learn about hospice may surprise you
Pemi-Baker Hospice & Home Health sheds some light on the subject

PLYMOUTH — Pemi-Baker Hospice & Home Health has served countless friends and neighbors in the Lakes Region and Northern New Hampshire for more than 55 years. We expertly deliver tailored care to patients and families and today we want to explain what Hospice Care is.

The peace of mind and relief you feel when Hospice comes in to help care for your loved one is almost instant. In fact, most people only wish that they had called sooner. Our wish is that more of our friends and neighbors in the community would know to turn to our professional caregivers at Pemi-Baker Hospice and Home Health in their time of need. And, it's never too soon to call us and just ask questions! We can generally help sooner than you think.

Pemi-Baker Hospice & Home Health provides their care in your home or where you call home. You can't ask for a better Hospice organization

and that is why we are sharing the following information with you in the hopes that you can help your loved ones get the best care when in need.

Did you know?

1. Hospice is not about giving up hope. It's about embracing hope and living longer with exceptional care. Facing the physical and emotional challenges of a life-limiting illness is overwhelming. You owe it to yourself to seek every option. Calling hospice does not mean giving up hope – it means letting hope in, for help and support, when you need it most. Our care is designed to help patients live more fully and comfortably – with a team of caregivers who work to ease symptoms and enhance quality of life. It is choosing compassionate care and support so that you can be at home - wherever you call home.

2. Patients and families who choose hospice care live longer and report feeling better, emotionally and

physically, almost immediately. With improved quality of life, hospice patients actually live longer! A study published in the Journal of Pain and Symptom Management showed that patients who choose hospice care live an average of 29 days longer than patients who do not have hospice care.

3. Remarkably, there is rarely any out-of-pocket expense for hospice care. You have already paid for hospice care. It is an entitlement your tax dollars earn you. Hospice care is most often paid for by Medicare, Medicaid, private insurance, or donations. Therefore, in addition to easing physical and emotional burdens, using hospice at end of life can ease financial burdens. The Medicare Hospice Benefit is available to all patients with the Medi-

care part A benefit.

4. Hospice care is designed to support people for months. Far too many patients and families say—"We wish we had called sooner." Hospice care is not simply for patients in the final days or weeks, but rather months. Patients can receive hospice care as soon as a physician predicts that life expectancy is six months or less. Anyone, including yourself, family or friends, can make a referral to hospice. In fact, we provide free in home consults to you and your family about your current or future options.

5. Hospice care is provided in your home—wherever you call home. Our teams of caregivers come to you, making routine visits so that you can remain comfortable in

your home with family, friends and familiar surroundings. This includes private homes, assisted living facilities and/or skilled nursing facilities. "I wish we had called sooner." That's what most families say once they have embraced the support of hospice. We understand that until you have had a first-hand experience with hospice care, you might not understand the true essence of hospice. That's why we're sharing this information and encouraging you to get to know more about Pemi-Baker Hospice & Home Health before you need them.

With more than 55 years serving clients from 29 towns in central and northern New Hampshire, Pemi-Baker Hospice & Home Health is committed to creat-

ing healthier communities. Expert services include at-home health-care (VNA), hospice and palliative care, and community programs including: American Red Cross CPR/AED/FA, Caregiver and Bereavement Support Groups and Ask A Pemi-Baker Nurse days at your local senior centers. Providing compassionate care with experienced staff who are trained, certified professionals in the business because of their hearts. Neighbors serving neighbors. In your time of need, we're right where you need us.

Pemi-Baker is located at 101 Boulder Point Drive, Suite 3, Plymouth. To contact us, please call: 603-536-2232 or email: info@pbhha.org Like our Facebook Page: @pembakerhospicehome-health.

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Alfano joins Plymouth State broadcasting department

PLYMOUTH — Plymouth State University Assistant Director of Athletics for Athletics Communications Chris Kilmer announced the hiring of Evan Alfano as the department's new

Athletics Communications Assistant for Broadcasting. A graduate of Endicott College, Alfano spent the last year as a freelance broadcaster, serving as a play-by-play and color

commentator for multiple sports at Plymouth State, St. Anselm College, and several area high schools. "Evan is the perfect person for this role," said Kilmer. "His experience, expertise and familiarity

with Plymouth State athletics will help make this a seamless transition. Dan Salzer did so much to build our broadcasts from the ground up and I'm confident Evan will be able to continue that

tradition." Alfano gained valuable experience as an undergraduate student working in Endicott's Athletic Communications office. As a member of the broadcast team, he provided on-air commentary for Gulls' soccer, field hockey, basketball, ice hockey, baseball and softball games.

As a department intern in the Fall of 2020, Alfano co-hosted a pair of weekly shows—The Ultimate Gull podcast and From the Nest television show—which included Endicott athletics news, game highlights and student-athlete and coach interviews.

"I am honored and excited to be given this opportunity," said Alfano. "It's the perfect chance for me to use my passions for broadcasting and college sports to continue to enhance the student-athlete experience. I'm excited for the challenge of meeting the standards set by my predecessor and bringing high-quality broadcasts to all of Panther Nation."

In his new role, Alfano will manage all aspects of Plymouth State's broadcasts, including the hiring and training of student employees, production of student-athlete and coach interviews, provide department digital media such as highlight and recruitment videos and aid in the management of departmental social media.

SLA presents "A Night With The Stars"

HOLDERNESS — Looking up at the night sky in the Squam Lakes Region is always a treat. On the night of Monday, Aug. 15 from 9 – 10 p.m., the view will be even

better during the Night with the Stars event. Sponsored by three partner environmental organizations, the Squam Lakes Conservation Society, The

Squam Lakes Natural Science Center and Squam Lakes Association, the goal is to celebrate the beauty and conservation of this region while being "in community."

Be sure to participate by turning out

your lights at 9 p.m. on Monday, Aug. 15, and take the time to view the wonders of the night sky with friends and family then share your stories/photos from the evening on social media using the hashtag #squamlakes.



ASSOCIATE TEACHER

We are seeking an experienced early childhood educator for an exciting role as an Associate Teacher to join our team of distinguished educators at the Blue Heron School. This role is a full-time position that can be year-round or academic year. The Associate Teacher role supports the Co-Director's and Lead Teacher's in the classroom preparation, as well maintaining a successful Montessori indoor and outdoor learning environment. A detailed job description, compensation package, and employment application will be provided upon receipt of resume and letter of interest. Please remit both via email to: Bonnie.Baker@nhnature.org www.nhnature.org Located in Holderness, NH

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Enjoy kayaking & a midday snack with SLA

HOLDERNESS — Join LRCC Members Virginia and Andy on Aug. 19 at 11 a.m. for a paddle to Moon and Bowman Islands! We will meet at the Squam

Lakes Association at 11 a.m. with a plan to leave at 11:30 a.m. at the latest. The paddle should last about an hour. Once we reach Moon Island, we will stop for lunch, and if

it's warm enough still, a swim! After this we will head back to SLA, getting back around 2 p.m.

For more information, or to sign up for this Adventure Ecology pro-



SLA presents "The State of Lake Health & Advocacy in NH"

HOLDERNESS — The Squam Lakes Association presents "The State of Lake Health & Advocacy in NH" Tuesday, Aug. 23 at 10 a.m. at the Squam Lakes Association Fisher Family Barn. Register to hear this informative talk about the health of NH's lakes and what is being done about its threats. NH LAKES President Andrea LaMoreaux will

kick off the conversation with an update on the health of New Hampshire's lakes—including what's been observed throughout the state this summer. Michelle Farnham, NH LAKES Policy & Advocacy Program Manager, will then take you on a deeper dive into the state of lake advocacy in New Hampshire, highlighting the core issues NH LAKES advo-

cates on and what transpired during the New Hampshire 2022 Legislative Session that impacts our lakes. Michelle will conclude the session with some thoughts on what we can all do as the fall election season approaches to make lake-friendly policy a priority at the polls.

Register for this free event at SquamLakes.org or by calling 603-968-7336.

gram, visit the SLA Web site (squamlakes.org) or

contact the SLA directly (603-968-7336). The SLA also offers other Adventure Ecology programs throughout the year. These free programs are open to the public and cover a variety of nature and conservation related topics. The Adventure Ecology programs are presented by the LRCC AmeriCorps members at the SLA who perform important conservation work in support of the

Association's mission. The Squam Lakes Association is dedicated to conserving for public benefit the natural beauty, peaceful character and resources of the watershed. In collaboration with local and state partners the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes Region.



DONNA RHODES

Bristol Police Officer Nick Kelley and his K9 partner Arro greeted people and answered questions about their job in the community during the National Night Out event in Kelley Park last Tuesday.



DONNA RHODES

During a National Night Out event in Kelley Park last week, Officer Josiah Towne, known for both his job with N.H. Fish and Game and his appearances on the popular "Northwoods Law" television show, had many fans stop to chat with him and, like Savannah and Sydney, have their picture taken with him as well.



DONNA RHODES

Bristol Fire Department set out their hoses and let youngsters try their hand at putting out fires in a demonstration they presented at National Night Out in Kelley Park last Tuesday.

Night Out

FROM PAGE A1

his appearances in the popular television show "North Woods Law," many of his fans asked to have their picture taken with him and also had many questions and comments about not only the program but his job.

Others promoting public health and safety that night were non-profit groups like CADY, offering both youth and parental information on alcohol and drug prevention, as well as treatment and recovery programs. Voices Against Violence volunteers had pamphlets to familiarize people with their assistance programs for those victimized by domestic violence, bullying and sexual crimes, while Stand Up Newfound, a local volunteer group working to combat substance abuse, had even more vital information for community members.

Alongside the park pavilion where "Solitary Man" Carroll Brown entertained the crowd with live music, Bristol Events Committee was busy passing out free hot dogs and chips, drinks, popcorn and frozen push-up pops. They even had a stockpile of Wiffle balls, bubbles and other gifts for children, and recognizing the extreme heat of the day, the committee also set up a misting tent to help keep everyone properly cooled.

Throughout the park it was evident that the evening was a success as people got to know not only their public servants but their neighbors as well.

Seated on the lawn with her family as they ate and enjoyed the music, Alexandria mom Alexa thought the event was a great success.

"I think this is awesome. I really like how everyone is coming together here tonight," she said.



Gala!

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Food and Fire: How to Eat When You’re Camping

HOLDERNESS—Join the Squam Lakes Association (SLA) at Chamberlain Reynolds Memorial Forest on Friday, Aug. 12 from 11 a.m. - 2 p.m. to learn more about back-country cooking! The program will start with a quick one mile hike to an SLA campsite, and once there you will learn

how to safely build and manage a fire suitable for cooking on. Lakes Region Conservation Corps (LRCC) member Andy O’Sullivan will then talk you through a variety of different types of meals that are not only easy to make while camping, but tasty too! Participants will be provided with

a lunch that they get to help cook, and the program will end with a hike back to the trailhead. For more information, or to sign up for this Adventure Ecology program, visit the SLA Web site (squamlakes.org) or contact the SLA directly (603-968-7336). The SLA also offers other Adven-

ture Ecology programs throughout the year. These free programs are open to the public and cover a variety of nature and conservation related topics. The Adventure Ecology programs are presented by the LRCC AmeriCorps members at the SLA who perform important conservation



work in support of the Association’s mission. The Squam Lakes Association is dedicated to conserving for public benefit the natural beauty, peaceful character and resources of the watershed. In collaboration with local and state partners the SLA promotes the protection, careful use and shared enjoyment of the lakes, mountains, forests, open spaces and wildlife of the Squam Lakes Region.

Caterpillar Lab returns to Science Center



HOLDERNESS — The Caterpillar Lab is returning to Squam Lakes Natural Science Center for a three-day exhibit featuring a huge variety of New England caterpillar species with plenty to see and touch. Caterpillars in Residence will be at the Science Center from Aug. 25 through 27 from 9:30 a.m. to 12:30 p.m. and 1:30 to 4:30 p.m. daily. The exhibit is included with trail admission to the Science Center. The Caterpillar Lab fosters greater appreciation and care for the complexity and beauty of local natural history through live caterpillar educational programs, research initiatives, and photography and film projects. The Caterpillar Lab believes that increased awareness of one’s local environment is the foundation on which healthy and responsible attitudes towards the broader natural systems of this world are built. Educators from The Caterpillar Lab will teach visitors all about metamorphosis and tell incredible but true stories about the creatures’ strange and surprising adaptations. Some caterpillars are camouflaged to look like twigs or snakes. Some have stinging spines or brightly colored baubles. Visitors will see up-close these little-known native critters munching on their food plants. Everyone is sure to see and learn something new. Caterpillars in Residence with The Caterpillar Lab is generously sponsored by Cottage Place on Squam Lake and The Inn on Golden Pond. Learn more about The Caterpillar Lab at www.thecaterpillarlab.com. Caterpillars in Residence with The Caterpillar Lab is included with regular trail admission (\$22 for adults; \$20 for seniors age 65 and older; \$16 for youth ages three to 15; free for children 2 and under; free for members). To register for this event, and learn about upcoming programs and membership go to www.nhnature.org.

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To schedule your recording call the library at 744-3542 or email minotsleeperlibrary@gmail.com.

Funding provided by the Institute for Museum and Library Services’ “Grants to States” program, part of the American Rescue Act Plan of 2021 facilitated by the N.H. State Library.