THURSDAY, JANUARY 23, 2025

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

GILFORD, N.H.

FREE

New Police Chief promises community-oriented approach

BY CATHY ALLYN

Contributing Writer NEW DURHAM — As a large crowd of town employees and committee and board members milled around at the swearing in of Eric Millar

the atmosphere was upbeat and positive. The event, held at Town Hall on Jan. 16, was not only to mark the start of his employment, but

also to welcome him to

town. A Meet and Greet

as the new Police Chief,

for the public is planned for the immediate future. The huge turnout of enforcement colleagues from various agencies, including the county sheriff's office and local towns, was a

in which they hold him. Millar spoke briefly,

testament to the regard



New Durham Town Clerk Alicia Housel, right, swears in the community's new police chief, Eric Millar, left, as his wife Aimee Millar holds the Bible at a ceremony held Jan. 16 at Town Hall.

Gilford officials propose \$20.9 million budget

BY ERIN PLUMMER

mnews@salmonpress.news GILFORD — The town is proposing a budget of nearly \$21 million with inflation, personnel costs, and several different projects accounting for the

increase. The Budget Committee held a public hearing on Jan. 16 for the town and school district budgets and warrant articles. The selectmen proposed the town budget that was reviewed by the

Budget Committee. "Together, we have navigated through this complex process," said Budget committee

Chair Josh Ritson. Ritson said the goal of this year's budget process was, "A well balanced town budget allocating resources effectively to meet the needs of the community while maintaining fiscal responsibility."

The town's probudget posed \$20,922,573, an increase of \$1,241,362, or 6.3 per-

cent from last year. Ritson said the goal of this year's budget was to keep the municipal portion of the tax rate level from what it was the previous year while maintaining recommendations from the Capital Improvements Plan.

The budget increases were due to several factors.

One is the increase in contractual wages including some new full-time positions. This year there are two brand new fulltime positions, including a fire captain who also acts as a training officer and a police prosecutor to allow the sergeant to go back to full time police duties. Three positions went to fill time status, including a cemetery caretaker a deputy

code enforcement officer and a library assis-

Another significant factor has been inflation, which has greatly increased the costs of goods and services. The town has been trying to maintain its current level of service which has meant increased costs with inflation.

Several special projects are coming up.

Town hall needs its HVAC system replaced and new PFAS monitoring townwide ment. A revaluation has been scheduled for 2025. The town is going to see increased costs from the Winnipesaukee River Basin Project, that will also impact revenues. Welfare costs have been increasing. Updates are being done to the ice rink toward the goal of having the facility open for yearround use. A large pile of glass also needs to be disposed of at the solid waste center.

The proposed Pub-Works facility project is also on this year's warrant.

Some line items have reduced through natural means. The line item for election support has gone down because there is only one election this year as opposed to four last year. Professional development costs have also reduced because some trainings are not needed this year. Some heating costs have also gone down. Lease payments for projects in the police and fire stations are also coming to an end.

The municipal portion of the tax rate is estimated to remain the same rate as 2024 because of a projected 10 percent increase in total value and the use SEE BUDGET, PAGE A10

saying that he appreciated all of the agencies that stepped up to help New Durham when coverage

was needed, and that he

was looking forward to meeting residents.

A significant number of town employees attended; one was heard saying, "The town is moving in the right direction."

Everyone present indicated they were happy about rebuilding the police department and agreed that Millar is apparently the right fit.

Even more importantly, Millar feels he's the right fit.

"I'm a community man," he said in a separate interview, citing a desire to meet and interact with residents, and build relationships.

That's a hint as to why he chose this field for his vocation.

"I had no connection with law enforcement growing up," he said, "but I knew I wanted to help people. It sounded interesting, like an exciting career, and I felt I would be good at it and at the same time, help others."

So he graduated from Suffolk University in Boston with a degree in criminology and law, what is often referred to as criminal justice.

"Once you get into that law enforcement realm, it's tough to walk away from," Millar said, "be-

SEE MILLAR, PAGE A10

Filing for town and school offices open until Jan. 31

BY ERIN PLUMMER

mnews@salmonpress.news

REGION — The filing period for town and school district offices is now open and will continue until Jan. 31.

Registered voters of each respective community are eligible to run for town and school district offices starting on Jan. 22 and ending at 5 p.m. on Jan. 31. Contact each town and school clerk's office to file and for information.

In Gilford, one position is open on the board of selectmen with a three-year term.

Three positions on the Budget Committee are open, each with threeyear terms.

One seat is open as Trustee of the Trust Funds with a three-year

Two three-year positions are open on the Library Trustees.

open as Cemetery Trust- Three positions are

One position of Fire engineer is open for a three-year term.

For the Gilford School District, two positions are open on the School Board with each carrying a three-year term.

The position of School District Moderator is open with a one-year term.

A one-year term as treasurer is open for a

School District Clerk is open.

The one-year position of School District Treasurer is open for filing.

In Alton, two positions on the board of selectmen are open, each A three-year term is for a three-year term.

> open on the Budget Committee. two with a threevear term and one with a two-year term.

> Two positions are open on the Planning Board, each for a threevear term.

The Zoning Board of Adjustment has two, three-year open.

The position of town

two-year term.

One seat is open as Trustee of the Trust Funds for a three-year

Two seats are open on the Library Trustees, each for a three-year

For the Alton School District, two seats are open on the school board for three-year terms.

The position of School District Moderator is open with a one-year term.

The school clerk position is open for a oneyear term.

School treasurer is open for filing for a oneyear term.

SEE FILING, PAGE A10

Gilford girls push past Prospect Mountain

Golden Eagles hand Timber Wolves their first regular season loss

BY JOSHUA SPAULDING Sports Editor

ALTON — Neighbors Gilford and Prospect Mountain took to the court in Alton on Friday, Jan. 17, for a matchup between two of the top squads in Division III. The Prospect Mountain girls entered the game having not lost a regular season contest while Gilford entered with just a pair of losses on the season.

In the end, the visiting Golden Eagles hit key shots in the fourth quarter to hold off the host Timber Wolves by a 43-39 score.

Ava Foster got the scoring started for Prospect before Lianna Keenan answered with a three-pointer at the other end. After another Foster hoop, Sky Maltais drained a three for the Golden Eagles to give them a 6-4 lead.



Elena Munoz-Martin looks for an open teammate during action against Gilford on Friday night.

Katie Jones put back a rebound for the Timber Wolves and Foster hit consecutive baskets to give the hosts the 10-6 lead. Olivia Keenan got the final basket of the quarter for Gilford and Prospect's lead was 10-8 heading to the second quarter.

Maddy Howlett got the scoring started for the hosts in the second quarter before Olivia Keenan hit four free throws in a row to tie the game at 12. Grace Kelly gave Gilford the lead by two points but Foster hit two free throws, Elena Munoz-Martin put

back a rebound and Foster put back another rebound as Prospect turned the tables for the 18-14 lead.

Olivia Keenan hit a hoop and then finished off her own steal to tie the game at 18 and Kelly got a free throw to close out the quarter,

SEE HOOPS, PAGE A9

Alton Parks and Recreation Community Connection

Weight training classes — Mondays and Wednesdays

The Alton Parks and Recreation Department is sponsoring Weight Training Classes on Mondays and Wednesdays from 1:30-2:30 p.m. at the

Gilman Library for adults of all ages and abilities. Build strong muscles and bones, increase flexibility and develop better balance. Bring light hand weights, a mat and water. For more information, contact parks-

class for free. \$20 per month/session or \$5 drop in.

603-875-0109.

Guided Meditation with Instructor Karen Kharitonov

rec@alton.nh.gov

The Alton Parks and Recreation Department and Friends of the Gilman Library is sponsoring a Guided Meditation experience on Thursdays: Jan. 30, Feb. 12 and 27 from 6:30-7:15 p.m. at the Gilman Library, Agnes Thompson Meeting Room. The program is free. For more information contact Alton Parks and Recreation parksrec@alton. nh.gov or 603-875-0109.

Gilman Museum — **Open House**

The Town of Alton is sponsoring an Open House at the Gilman Museum, located at 123 Main St., on Friday, Jan. 24 from 1-3 p.m. Take a self-guided tour of the Gilman Museum, and see antiques collected by the Gilman family. The museum collection features furniture, toys, dinnerware, and other fine displays. For more information, contact parksrec@alton.nh.gov or 603-875-0109.

Alton Bay Winter Carnival- Warming Hut

There will be a Warming Hut on Sunday, Feb. 16 from 10 a.m.-1 p.m. at the Alton Bay Community Center located at 58 Mt. Major Highway, across from Pop's Clam Shell. Stop by during the Winter Carnival and warm up in the cozy space by making a seasonal craft, or play a fun game. This event is free and all ages are welcome. For more information contact Alton Parks and

Recreation at 603-875-0109 or parksrec@alton.nh.gov. Restrooms during Winter Carnival will be available next to Shibley's Drive In. Parking is available along Mt. Major Highway/Route 11.

Valentine's Day cards for seniors

We need your help to send smiles this Valentine's Day! Alton Parks and Recreation is collecting Valentine's Day Cards for our Seniors. Our goal is to collect 100 cards, which will be hand delivered to the Seniors in town in partnership with the Alton Senior Center. Send or drop off your cards by Feb. 5 to the Alton Parks and Recreation Department at 328 Main Street. For more information contact Alton Parks and Recreation parksrec-asst@alton.nh.gov or 603-875-

Holistic Health Workshop Series — Reiki Discussion

The Alton Parks and Recreation Department and Gilman Library are sponsoring a Holistic Health Workshop Series in 2025, and the first topic is a Reiki Discussion and the natural benefits of energy healing. Join Reiki Master Teacher, Carol Wallace at the Gilman Library on Thursday, Feb. 20 from 1-2 p.m. in the Agnes Thompson Meeting Room. The discussion will cover an overview of Reiki, and how the energy healing practice can aid in the promotion of physical, emotional and mental well-being. If you are interested in natural remedies and holistic healthcare, this is a good topic to explore. This program is free. Please RSVP to 603-875-0109 or parkrec@alton. nh.gov by Feb. 18 to reserve your seat.

See you on the ice for Alton's Winter Carnival!

come join the Alton community on and off the ice for some outdoor winter fun at the 2025 Winter Carnival on Alton Bay Feb. 16 from 10 a.m.-2 p.m.!

This is a free admission event and is hosted by Alton Business Association, this is our largest fundraiser of the year! Local businesses sponsor events and provide raffle and prize items! Be sure to stop at the ABA booth purchase sleigh ride and raffle tickets. We're still accepting sponsorships, raffle donations and food/ vendor applications until Jan. 25.

Featured events include:

- Chowder-Fest (local restaurants will offer you a free sample + vote on the best chowdah!)
- Ice Sculpture Display & Day of Demo
- Prince/Princess Parade Sponsored by Alton Dance Academy
- · Crazy Hat Contest-Most creative wins a prize! Sponsored by Alton Excavation
- · Bob House Decorating Contest Sponsored by Berry's Bait
- Horse Sleigh Rides - Nothing like a dash across the ice to embrace the season. (A charge does apply for this event.)
- Seaplane Rides -Curious what the aerial view of The Bay is like in the winter? Take a ride and see for yourself! (A charge does apply for this event.) This service is

Course Title

Enrichment Classes

ALTON — Please offered by Epic Seaplane Adventures, contact them to book and reserve a ride.

- · Tons of amazing raffles, "Big 5" raffles valued over \$500 or more and 50/50!
- Kid's Craft Warming Hut, Sponsored by Town of Alton Parks & Recreation
- Food Vendors -Specialty food from your local favorite places!
- Outdoor beer + chili bar at Shibley's at the Pier lower deck!
- Vendor Tents/Tables- on and off the ice!
- "Buck A Puck," sponsored by the RE/ MAX 360 By the Lake and Alton Rotary
- Caricature Artist, Featuring Caricature Artists Erica Golter of "Have a Cartoon You" Sponsored by Meredith Village Savings Bank
- Music and Live Broadcast by Binnie Media/FRANK $_{
 m FM}$ The Wolf
- Scavenger Hunt & Facepainting Sponsored by PMHS Spanish Trip & World Cultures Club
- · Be Local · Buy Local · Support Local

Stay tuned to our website or Facebook event page for updated event information + the Winter Carnival schedule. Questions, email us at info@altonbusinessassociation. com or visit our Web site. www.altonbusinessassociation.com. We hope to see you on the ice for this fun outdoor winter community-building event!

Increases in the Eff- from 294 – 275 and 158 BY ELISSA PAQUETTE Contributing Writer ingham Elementary WOLFEBORO School, Crescent Lake Overall, enrollment Elementary numbers throughout and Tuftonboro Centhe nine schools that tral School were most serve the six towns significant in Effingwithin the Governor ham, from a popula-Wentworth Regional tion of 108 up to 120, School District and with Crescent Lake students tuitioned enrollment

Center

99). Central Ossipee School and New Durham Elementary experienced notable declines: decreases

ing from 174 – 181, and

Tuftonboro increasing

by four students (95 to

- 144 students respectively. The population of Kingswood Regional Middle School, which includes grades 7, 8 and 9, showed a decline from 363 to 345 students. Kingswood Regional High School and the Lakes Region Technology Center remained stable with a slight decline from 733 to 729 students.

enrollment numbers in flux

The report presented on Jan. 6 at the Budget Adoption Hearing for Fiscal Year 2026 states the data "underscores the importance of understanding local demographic changes and addressing the factors influencing these shifts to ensure long-term stability and growth across all schools."

When feasible, shifting enrollment has brought plans for reduction in staff for the upcoming school year. New Durham eliminated a grade 3 teacher position, and Crescent Lake Elementary eliminated a grade 6 teach-

SNHU announces Fall 2024 Dean's List

School

increas-

MANCHESTER — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Fall 2024 Dean's List. The fall terms run from September to December.

into the Lakes Region

from Alton and Moul-

tonborough, declined

by 50 students in the

2024-2025 school year,

bringing enrollment

down to 2,116 from

Technology

Full-time undergraduate students who have earned a minimum grade-point average of 3.500 to 3.699 for the reporting

term are named to the New Durham Dean's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, summer.

Eric Ellingson of Gilford

Audrey Dunleavy of Laconia

Tara Labbe of New Durham

Bryan Delaney of

Southern New Hampshire University (SNHU) is a private, nonprofit, accredited institution with a 92year history of educating traditional-aged students and working adults. Now serving more than 200,000 learners worldwide, SNHU offers approximately 200 undergraduate, graduate, and certificate programs,

available online and on its 300-acre campus in Manchester. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner.

Laconia Adult Education Winter 2025 Class Schedule

Arts & Cratts							
DIY Wedding and Event Flowers	Wed	2/5/2025	6:00-8:00pm	4	** \$125.00	LHS-509	Shirley Glines
Creating a Spring Wreath	Wed	3/19/2025	6:00-8:30 pm	1	**\$70.00	LHS-509	Shirley Glines
Health & Wellness							
Freedom Through Forgiveness	Thu	5/1/2025	6:30-8:30pm	1	\$45.00	LHS-615	Brenda Paquette
Introduction to Spiritual Energies	Thu	3/6/2025	6:30-8:30pm	1	\$45.00	LHS-615	Brenda Paquette
Meditation 101	Thu	4/3/2025	6:30-8:30pm	1	\$45.00	LHS-615	Brenda Paquette
What are Angels & How to Communicate w/them	Thu	3/20/2025	6:30-8:30pm	1	\$45.00	LHS-615	Brenda Paquette
Yoga for Everyone: Beginning (Tues & Thurs) Session 1	Tue, Thu	1/28/2025	5:00-6:15 pm	4	\$50.00	ctc-H225	Bonnie Morin
Yoga for Everyone: Beginning (Tues & Thurs) Session 2	Tue, Thu	3/4/2025	5:00-6:15 pm	4	\$50.00	ctc-H225	Bonnie Morin
Yoga for Everyone: Beginning (Tues & Thurs) Session 3	Tue, Thu	4/1/2025	5:00-6:15 pm	4	\$50.00	ctc-H225	Bonnie Morin

Learning a skill							
Basic Woodworking	Thu	2/13/2025	6:00-8:30pm	8	** \$110.00	LHS-517	Wes Anderson
CERT Training (Community Emergency Response Team)	Tue	3/5/2025	6:00-9:00pm	12	\$30.00	LHS 615	John Beland
Intro to Intermediate Woodworking	Wed	TBA	6:00-8:30 pm	8	TBA	LHS-517	Ed Philpot
Open Shop Woodworking	Tue	2/11/2025	6:00-8:30 pm	10	**\$110.00	LHS-517	Ed Philpot
Welding Fundamentals: ARC,GAS,MIG&TIG- Tuesdays	Tue	2/11/2025	5:30-8:30 pm	10	** \$350.00	Welding Lab	Bruce Beckford
Wolding Fundamentals: APC GAS MIGSTIG, Wednesday	Wod	2/12/2025	E-20 0-20 nm	10	** ¢250.00	Wolding Lah	Bruco Bockford

Diploma Classes							
Economics/ Civics	Mon	1/28/2025	6:00-9:00pm	15	\$280.00	LHS-612	J. McLeod
English	Tues	1/21/2025	6:00-9:00pm	15	\$280.00	LHS-312	J. Ratcliffe
US History	Wed	1/22/2025	6:00-9:00pm	15	\$280.00	LHS-304	T. Osborne
Foundations of Math II	Thurs	1/23/2025	6:00-9:00pm	15	\$280.00	LHS-611	A. Stefanik

Adult Education and Literacy Classes								
High School Equivelency Classed (GED and HiSET)	Mon & Wed.	2/3/2025	6:00-8:30PM	12	FREE	LHS-606	J. Andrews & T. Krivitsky	
English as a Second Language (ESL)	Tues & Thurs.	2/4/2025	6:00-8:30PM	12	FREE	LHS-604	M. Rudolf	
Adult Basic Education-Reading	Tues & Thurs.	1/21/2025	6:00-8:30PM	12	FREE	LHS-221	J. Hoell	

^{* *} Additional Supply/book fee or pre-class requirement is additional in this course.

CHECK ONLINE FOR MORE DETAILED COURSE INFORMATION (Including materials, book fees or Labs) REGISTER AND PAY ONLINE at: adultediaconia.weebly.com Still have questions? Call Laconia Adult Education at 524-5712

Forest Pump & Filter Co.

Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

WELL DRILLING

PUMP SYSTEMS FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE FOREST PUMP & FILTER CO., INC. 603-332-9037



Petitioned article would fund upgrades on Gilford baseball fields

BY ERIN PLUMMER

mnews@salmonpress.news

GILFORD — A petitioned article is asking for \$500,000 to make improvements on different baseball fields in town.

Gilford Youth baseball president Mike Giovanditto talked about the proposed project during the Jan. 16 budget hearing. The petition article asks for \$500,000 to make different upgrades at the Varsity Field, Village Field, and Stonewall Park.

The project would install turf in the infield of Varsity Field from the dirt to the backstop. Giovanditto said the turf will reduce injuries from an uneven field, reduce downtime for maintenance, and be able to play longer in the season and not miss games due to rain and snow. The project will

also expand storage and install bathrooms at Village Field and put in a press box at Stonewall Park.

Members of the Budget Committee expressed reluctance to support the project asis ans asked for more information.

"I think this is a big project to undertake, personally," said Budget Committee Chair Josh Ritson. "I'm not saying it's a bad idea by any means, I definitely do think updates are needed."

Ritson asked who originated the project idea. Giovanditto said this was decided by the entire Gilford Youth Baseball Board and is part of a multiphase process to upgrade the fields. They also have different business partners who are willing to do work on the project

in-kind. When asked who would maintain the upgraded fields, Giovanditto said Gilford Youth Baseball would continue to do maintenance. The new turf would result in less maintenance, especially grass cutting. He said Parks and Recreation could possibly take care of the bathrooms as they do for the beach house.

When asked if the group has spoken with other stakeholders, Giovanditto said they've been working with Parks and Recreation during the baseball season and learned about the sewer hookups at the Village Field storage from the Old Home Day Committee.

Parks and Recreation Director Brittni Stewart said the group attended a Recreation Commission meeting and talked about the idea, though there haven't been any formal meetings on the project.

Gilford Youth Baseball member Warren Colby said 23 percent of the kids in the schools play baseball and this would be an extra resource, especially considering how many students eventually leave Gilford. He said all the stakeholders can get together and discuss options.

"All these different people that use these fields down there these are the taxpayers' fields, its almost a shame that we've let it come to this," Colby said.

Ritson said he agrees that some updates would be needed and understands the importance with so many kids using these fields.

"My concern, looking at it from a longstanding budget process — other departments weren't considered much in the process," he added.

He said it was a group and business owners coming together to consider an area for one sport. He said he would want more information when making a decision.

Colby said Gilford Youth Baseball has been working hard and donating money to support these fields and programs. He questioned how the town is willing to put money to other community events while there is reluctance to provide money for the field projects.

Ritson said he wanted to see more quantitative data and more collaboration between all the different parties involved with the fields.

Madison Nash earns Dean's List honors at Roger Williams University

BRISTOL, R.I. — Madison Nash of Gilford has been named to the Fall 2024 Dean's List at Roger Williams University, in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a grade point average of 3.4 or higher are placed on the Dean's List that semester.

About RWU

Roger Williams University is a comprehensive university with a liberal arts core and professional programs, with campuses on the coast of Bristol and in the state capital of Providence, Rhode Island. Across eight schools of study, we provide real-world learning focused on so-

cial and environmental justice, small classes, and direct access to faculty and staff. Our students create powerful combinations of degrees, credentials, research and internship opportunities, study-abroad programs, and involvement in clubs, student organizations, and athletics. Our Northeast location facilitates a strategic network between New York and Boston for community-engaged research and career opportunities for our students and alumni. Graduating with a unique skill set and the passion to make an impact in their careers, our students become the changemakers and leaders our world needs next.

Kaela Marchildon of Center Barnstead makes Curry College Dean's List

MILTON, Mass.
— Curry College congratulates Kaela Marchildon of Center Barnstead, NH 03225 who was named to the Fall 2024 Dean's List.

About Curry College

Curry College, founded in Boston in 1879, is a private, co-educational, liberal arts-based institution located on 131 acres in Milton, Mass. The College extends its educational programs to a continuing education branch campus in Plymouth. The College offers 24 undergraduate majors in special-

ized and liberal arts programs, as well as graduate degrees in accounting, business, education. criminal justice, and nursing to a combined enrollment of nearly 2,500 students. The student body consists of 1,700 traditional students and nearly 800 continuing education and graduate students. The College offers a wide array of co-curricular activities ranging from 16 NCAA Division III athletic teams to an outstanding theatre and fine arts program. Visit us on the Web at www.curry.edu.

BY ERIN PLUMMER
mnews@salmonpress.news

GILFORD — Voters will decide on a proposed \$11.2 million public works building due to health, safety, and space needs issues in the current building

Article 3 would build a new public works facility for \$11.2 million, including demolishing the current structure and building a 22,000 square foot facility.

During the Jan. 16 town budget public hearing, Public Works Director Meghan Theriault said the current building is 65-years-old and has significant health and safety risks.

Due to a high water table water infiltration is a significant problem and mold has pervaded the building. There is a lack of proper ventilation was conclusith fumes spreading through the building. There is also no fire separation between the garage and offices, which Theriault said is a significant safety issue.

Theriault said the building's operating, administrative, and storage space is way too small to meet the department's growing needs. Theriault said the new facility is designed to meet the department's needs for

the next 50 years.

Resident Joe Geraci questioned the need for a facility of this size and cost.

Geraci said this is a project that would put an increased burden on taxpayers, especially people on fixed incomes. Geraci asked if the town considered spending half as much on fixing the current building.

Theriault said this was an option that was thoroughly examined but determined not to be viable. Theriault said the building isn't big enough to accommodate the department's functions as the department's staff and responsibilities have doubled since the building was constructed.

She said the committee examined the option of using the original building, though it was concluded that the current building does not meet the department's needs and redoing it would be too costly. One plan to move to another location and salvage the building to turn into cold storage would have added \$1.1 million to the budget. The project is saving \$300,000 alone by building on the existing site.

"Even if you gutted the building and fixed everything in it, it will not meet the needs of the department," Theriault said.

New DPW building on Gilford warrant

Geraci questioned the need for so many administrative offices.

Theriault said the new building will accommodate 32 employees and the functions of the DPW's many departments. She said this will allow for room for each department to operate as well as provide locker room space that is currently lacking.

"When you build a building we are trying to think of growth," Theriault said. "We should not build it to exactly the number of offices we need right now. It's a 50-year building, we should put some growth in it."

Geraci said he understood the need for the project, but urged the town to reexamine it and find ways to slash the costs. He said this is coming at especially bad timing considering the town's reassessment process.

"These tax increases are affecting everybody in Gilford right now, I hope were all looking at that," Geraci said.

Geraci said the building should be designed for today's needs and not for future considerations.

Gus Benavides, the board of selectmen's representative to the Budget Committee, said this proposal is

the result of a nearly four-year review process and has been examined by many people, including the members of the Cap-**Improvements** Plan committee and Public Works Building Committee. He said the building committee consists of a variety of different residents with different political views and the overall conclusion was this was the best option. Benavides also said construction costs are likely to increase if they wait any longer.

Other residents supported the project, especially for health and safety reasons.

When asked how close the building is to being incompliant with codes, Theriault said it is already out of code.

Others brought up concerns that employees could suffer significant injuries and health issues, which could cost the town a lot more in insurance costs and lawsuits.

"I think pennywise and pound foolish is not the best way to be," said resident Meg Jenkins. "I think we need to look at that 50-year building instead of playing catchup down the road.

You have to plan for your family and your future generations."



LEGACY STRATEGIES, PLLC

EXPERIENCE MATTERS

We provide the tools to pass on your property and your wisdom to the ones you love.



Attorney Ora Schwartzberg, CEO

572 Tenney Mountain Hwy, Plymouth, NH 03264 603-536-2700 | www.NHLawyer.net ora@Legacy-strategies.us



We Will NOT be Undersold

Opinion

Staying grounded in the age of social media

It happens to all of us. You're scrolling through your social media feed, and a post grabs your attention — something outrageous, dramatic, or too good to be true. Before you know it, you've shared it, commented on it, or brought it up in a conversation. But how often do we stop to ask ourselves: Is this actually true? Or, more importantly, why is this being shown to me?

Social media platforms like Facebook, Instagram, TikTok, and Twitter (or X) are marvels of modern technology, but they're also powerful, profit-driven machines. Behind every post, video, or ad you see lies an algorithm, a set of rules designed to keep you engaged. These algorithms know more about you than you might think: your likes, your dislikes, your habits, even the time of day you're most likely to scroll. They're built to serve you content that aligns with your interests, but also content that provokes strong emotions, because emotion equals engagement, and engagement equals profit.

The problem is, emotions like outrage, fear, or excitement can cloud our judgment. This is how misinformation thrives. Social media algorithms aren't designed to prioritize truth, they're designed to prioritize clicks. This means that sensationalized or extreme content often rises to the top, not because it's accurate, but because it grabs your attention. Over time, you might find yourself in an echo chamber, exposed only to ideas that reinforce your existing beliefs while opposing views are filtered out.

This can have real-world consequences. Extremism, divisiveness, and distrust grow when we stop engaging critically with information and simply accept what's fed to us. And it's not just about politics. Think about the misinformation around health, science, or even history that spreads unchecked because it's wrapped in a flashy headline or a viral meme.

So, how do we navigate this algorithm-driven world without losing our grip on reality? The answer lies in slowing down, staying skeptical, and taking responsibility for what we consume and share.

Before hitting that share button, take a moment to verify the information. Check the source: Is it reputable? If it's a website you've never heard of, does it provide evidence or just emotional appeals? Cross-reference with trusted outlets. A quick Google search can save you from spreading misinformation.

Know that your feed isn't a random collection of posts, it's curated for you. If you find yourself feeling angry, overly excited, or even validated after seeing a certain type of content, ask yourself: Is this manipulating my emotions? Algorithms don't care about truth; they care about keeping you scrolling.

Social media platforms often show you content you agree with, which can feel comforting but limits your perspective. Make a conscious effort to follow people or organizations with diverse viewpoints. This doesn't mean you have to agree with everything, but exposing yourself to different ideas helps build critical thinking.

I considered purchasing it way back in 2017. This list didn't yet include the shuddering transmission or AC not working. I considered the list to be insignificant enough for

If a post seems overly dramatic, divisive, or paints an entire group of people as "good" or "evil," it's worth questioning. Extremist content often thrives on oversimplifying complex issues, using inflammatory language to provoke a reaction. Real solutions and truths are rarely found in black-and-white thinking

The online world is just one part of the bigger picture. Building relationships, discussing issues in person, and relying on community engagement can help you stay grounded. Social media is a tool. not the whole world.

Social media is a double-edged sword. It can connect us, inform us, and even inspire us. But it can also mislead, divide, and manipulate us if we're not careful. The algorithms may be powerful, but so are we. By staying wide-eyed, curious, and critical, we can take control of our online experience and ensure that we're not just passive consumers but active participants in seeking truth and understanding.

TO PLACE AN AD:
ADVERTISING EXECUTIVE
Tracy Lewis
(603) 575-9127
tracy@salmonpress.news
SUBSCRIPTION SERVICES:
KERRI PETERSON
603-279-4516 x303

kerri@salmonpress.news
TO PRINT AN OBITUARY:
E-MAIL:
obituaries@salmonpress.news

CALL: 603-677-9084

TO SUBMIT A LETTER

TO THE EDITOR:

E-MAIL: E-MAIL: brendan@salmonpress.news

Thi paper is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. ISSN: 1945-5836. USPS 024921 periodicals postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to Salmon Pressr, P.O. Box 729, Meredith, NH 03253.

USPS 024967
The Gilford Steamer is published weekly by Salmon Press, P.O. Box 729, 5 Water St., Meredith, NH 03253. Periodicals, postage paid at Meredith, NH 03253. POSTMASTER: Send address changes to the Gilford Steamer, P.O. Box 729, Meredith, NH 03253.



PRESIDENT & PUBLISHER FRANK G. CHILINSKI (603) 677-9083 frank@salmonpress.news BUSINESS MANAGER RYAN CORNEAU (603) 677-9082 ryan@salmonpress.news OPERATIONS DIRECTOR JIM DINICOLA (508) 764-4325 DISTRIBUTION MANAGER JIM HINCKLEY (603) 279-4516 EDITOR JOSHUA SPAULDING (603) 941-9155

BRENDAN BERUBE
(603) 677-9081
brendan@salmonpress.news
PRODUCTION MANAGER
JULIE CLARKE
(603) 677-9092
julie@@salmonpress.news

josh@salmonpress.news

MANAGING EDITOR



Courtesy

Lions at the Kettle

Members of the Laconia/Gilford Lions Club continued their annual tradition of spending a day ringing bells & collecting donations by the red kettle for the Salvation Army at their central Main Street location downtown. "We always enjoy this," explained Club Vice President Lion Allyn Bridge. "It's good to collaborate with the Salvation Army folks and also get such a positive response from the public. Plus this year, we could introduce some of our newer members to the experience." "On behalf of the Salvation Army, I want to thank the members of the Lions Club who rang the bell," added SA member Kathy Cal. "This year your kettle raised \$923. These funds will be used locally to feed & shelter those in need." Pictured: Matt Soza and Allyn Bridge ringing the Salvation Army bells.

LETTERS FROM EDWIN

Indicator

The other day, temps were in the single digits; I was starting up the truck to attend to my day's commitments, and my attention was drawn to the radios display. It was on. I could clearly see what radio station was playing and the time, even though it was an hour off, it was a nice change.

You see, that was one of the things that I checked off in my mental note pad of what was wrong with the truck as I considered purchasing it way back in 2017. This list didn't yet include the shuddering transmission or AC not working. I considered the list to be insignificant enough for me to buy the thing. Most of them were cosmetic or easily fixable.

All this kind of stuff needs to be considered when buying a used vehicle. Why are the former owners selling it? It's nice to know. You can't trust a used car dealer to tell

you. This one is on you.

The AC didn't matter as I was used to the open widow method of ventilating my vehicles, and felt that I could tolerate the two or three days a summer when it was unbearably hot that would tempt me to switch it on.

That's the way it had always been here in New Hampshire.

It's been over fifty thousand miles since I found out what that occasional vibration was. I brought it to a transmission guy and he told me to sell it. That's not within my ethical standards. I'd have to be honest and then they wouldn't want to buy it. Why waste my time? God knows.

I assessed the situation and figured out that it only did it while in overdrive, driving slow, when the RPM was below two thousand. Functionally, the shudder was the tranny going in and out of lock because the pressure was too low. Solution? When driving under fifty miles per hour, switch overdrive off. I've been doing that for 50,000 miles, no more shudders.

All that time, the radio has been blank except for very occasional magic moments. Until the other day that is. I first thought that it might have something to do with the cold temperature, but after the whole thing warms up, or there is a reasonably warm day, it's still been working. Every morning when I start it up, I make

sure to look and it's been consistently coming on for a couple weeks now.

Plants and animals heal themselves because God designed that ability into their beings. The planet kind of does too. But I've never vet come across a manmade machine that healed itself. Maybe Ford had a better idea that they didn't tell anyone about, which I totally doubt. Maybe once this artificial intelligence stuff matures into something, there may some hope of that happening.

Let's imagine I'm one of those electronically intelligent robot things. I work on an assembly line making intelligent human transport vehicles. My job is installing wheels. Three per vehicle. I'd really like to get promoted to the eight wheeled contraptions that can climb stairs, but I need to be satisfied with my notch in the gear.

My back EMF (electromotive force) detector senses that the voltage going to my lifting arm has been running a little bit high. I've already had the power control unit replaced, and the problem still persists. This leads my processor to request

a new linear actuator. These are lifetime lubricated and even machines will only work forever by having parts replaced. Similar to the humans that we carry around in our machines

our machines. It's another reason for adding grease fittings to inject some lubrication back into the machine's areas of friction, just like a cortisone shot. But modern machines can't be plagued by such oozy messes. The new world is a clean world, until you check out the streets and disposal sights. Oh what a trash dump we've made for ourselves to live in. It would take over everything, except for the fact we dump it out in the ocean. Why else would eating sea food have become so hazardous?

But my wheel mounting self wasn't really healing itself, and never will be able to. All my machine intellect can do is alert my handlers to problems I'm concerned about so they can instigate a fix. I may be able to make mega-logical decisions, but I can't have life.

That's Gods dominion. E.Twaste

Correspondence welcome at edwintwaste@gmail.com

Letters to the Editor

Proud to be part of this community

To the Editor:

On Dec. 10, my husband, Edward Devereaux, experienced chest pain while shoveling. Second time in two days; first time, he was adamant and would not let me call rescue. I gave him Aspirin.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

On the 10th, my daughter was here, and she had admonished him. We are both nurses. I am retired. My daughter left; I went to the post office to mail Christmas cards. Wouldn't you know, he snuck out and finished cleaning up the ice. I came home in 10 minutes; he was ashen and sweaty. He had chest pain. I called 911. The 911 operator was amazing as well. I cannot tell you how the first responders

I am a former ICU nurse and he is a former EMT/ firefighter. We are so lucky in this community to have the likes of Troy Normandin and Jamie. I think it was officer Cole and several others who also attended and were so comforting. I experienced the same treatment when I had covid. This community is so fortunate to have the services that we have. The EMTs even left him a card. You do not get this in the larger cities. Stand up and be proud. Our first responders should earn citizen of the year award.

Proud to be a member of the Barnstead Community,

Patricia Devereaux Barnstead

February events at Oscar Foss Memorial Library

Good to Know Info: We are closed for staff training on the second Thursday of every month until 3 p.m. (Feb. 13). Meet the Candidates Night will be on Thursday, Feb. 27, at 6 p.m., at the Town Hall.

Home School Group: Join us Fridays from 10:30 a.m.-noon for a mix of stories, simscience/learning activities, and a creative art/craft activity that all go along with a theme for the week. The activities are geared towards kids ages 4 and up, and younger siblings are welcome to come along. There will be an event posted ahead of time on our Facebook group for each weekly meet-up, so you'll always know what to expect and if you need to bring anything.

Music and Movement Storytime, aka Littles Love to Learn! Join us on Tuesdays at 10:30 a.m. for an interactive storytime filled with stories, songs, and loads of sensory play designed specifically for toddlers.

Every Wednesday at 10:30 a.m. is Children's Storvtime. Visit us at the library for stories, crafts, and singing. Then experience the cozy ambience in the children's area, which has all sorts of neat things to do. Make new friends. Set up playdates. Check out books, movies, and games, play with the trains, Legos, and puppets. Come for the learning, stay for the

Start your week off with Yoga Monday! Hatha-Flow runs from 10:15-11:40 Senior/Beginner/Chair Yoga is noon to 1 p.m., and Intermediate Наtha-Flow lasts from 5:30-6:50 p.m. Classes are by donation (suggested \$8). All are welcome and encouraged to attend, regardless of ability to donate.

Saturday, Feb. 1,

the Library Day! Cel- ciation. Light refreshebrate "International Day of Education" with a visit to the library (open 10 a.m.-1 p.m.). Check out our book collections and everything the library has to offer. Try your hand at some crafts and games. There will be prizes, too! Snacks will be served.

Our Meet and Read Book Club (ages 18 and up) takes place on the first Wednesday of the month (Feb. 5), from 6-7:30 p.m., in the library's Meeting Room. This month's book will "Quiet: The Power of Introverts in a World That Can't Stop Talking" by Susan Cain. Next month's book will be "Matrix" by Lauren Groff. Books are available at the library. Bring food, bring thoughts, bring a friend!

On Thursday, Feb. 6, from 3-5 p.m., join us for some Teen/ Tween Styrofoam Print Card Making! This is a fun, handson, card-making workwhere you'll transform simple Styrofoam into a custom print block. Using this easy-to-learn printmaking technique, you'll carve your own designs and transfer them onto cardstock to create one-of-a-kind Valentine's Day cards. Whether it's hearts, flowers, or your own creative ideas, you'll leave with beautiful, handmade cards perfect for sharing with friends loved and ones. No experience needed—just your creativity and get ready to craft!

On Saturday, Feb.8, from 11 a.m.-12:30 p.m., join us here at the library for a Small Business Meet & Greet! This gathering offers opportunity for local small business owners to get together and discuss ways to promote their businesses. The library is also working on facilitating a Barnstead Business Directory and brainstorming the possibility of a Barnstead Business Assoments will be served.

Stop by the library Valentine's during week (Feb. 11 to 14) and make a Valentine's card for someone you love or admire. We have a craft station stocked with card stock, pretty stickers, markers and crayons, glue sticks, and more. You could even make a card for your lovable local librarians!

Join the Senior Social Club, a program designed to provide 65+ adults with fun and engaging activities that foster community and relationship building. Each session will focus on different activities, including arts and crafts, storytelling, and technology workshops. The club meets the third Tuesday of the month at 3 p.m. (Feb. 18). Light refreshments will be served.

The OFML Sewcial Club meets the third Wednesday (Feb. 19) of the month from 12:30-3:30 p.m. Guests can bring any sewing or quilting project they are working on (along with their sewing machines and supplies) to the library to socialize and share tips while they sew.

On Thursday, Feb. 20, from 7-9 p.m., we are trying something new: Book Speed Dating (18+)! Join us for this late night event and fall in love with a new book from an array of curated choices from popular genres. Take this opportunity to explore a new genre or stick to your favor-

Fresh! Join us for our new monthly program: Late Night at the Library (18 and On Thursday, Feb. 20, from 7-9 p.m., the entire library will be full of fun activities for our adult patrons, including Book Speed Dating, trivia, and more! Spend time socializing or cozying up with a good book for this special late night

North Country

Coins, LLC

BUYING - SELLING - APPRAISALS

Family Crafternoon is a family-focused that happens every third Friday of the month (Feb. 21), from 4-6 p.m. Join us as we make a craft and watch a movie. Materials will be provided and light refreshments served.

On Friday, Feb. 21, from 6:30-8 p.m., join us for Books & Banter! This lively book club is open to everyone and invites you to share and explore a wide range of genres everything non-fiction to horror to romantasy! Feel free to come ready to discuss up to three books you've recently read, giving a brief synopsis to spark conversation. It's a fantastic way to discover new titles and engage with fellow book lovers. Whether you're a seasoned reader or just looking to explore new genres, there's a place for you here. Don't miss out on the fun-come share your thoughts, learn about new books, and enjoy a cozy evening of discussion. We can't wait to see you!

Tight-Knit The Knitting and Crocheting Circle: Knitters and crocheters come together to work on your projects, discuss any technical difficulties you're having, and support one another. The group meets the fourth Thursday of the month (Feb. 27) from 6-7:30 p.m. in the library meeting room.

Let's Write a Novel! Join us in the library's meeting room for a series of structured classes on the how-to's of writing a book. This class runs from 6-7:30 p.m. on the last Friday of the month (Feb. 28). Budding writers, 16 and older, ignite your passion for storytelling, discover how to build your hero's journey, and take your novel from concept to can-do! This structured course includes sessions on creating: Chapter Cheat Sheets, Character Cards, and a Tracking the Timeline graph. We welcome all

genres from Fantasy to Action Adventure to Romance, focusing on a target audience of Middle School and

For events that require registration, please contact us at 269-3900 or ofmlstaff@ gmail.com to reserve your spot!

Gilford Public Library Classes & Special Events Jan. 23 – Jan. 30

Thursday, Jan. 23 Geri Fit, 9-10 a.m. Aspiring Artists Storytime, 10:30-11:30 a.m.

Boost Your Brain and Memory, 1-3 p.m. French Club, 4-5 p.m.

Friday, Jan. 24 Senior Sculpt, 9-10

Heart 'n Soul Chair Yoga, 10-11 a.m.

Bridge, 10 a.m.-noon Preschool Storytime, 10:30-11:30 a.m.

Hand & Foot, 12:30-2:30 p.m.

Happy Crafters, 1:30-2:30 p.m.

Advanced Conversational German, 2:30-3:30

Beginner Line Dancing, 4-5 p.m.

Saturday, Jan. 25 Beginner Line Dancing, 10:30-11:30 a.m.

Drop-In Craft: Penguin Poppers, 10:30-11:30 a.m.

Get ready to make a fun penguin popper with friends!

Monday, Jan. 27

Fun and Fitness With Joyce, 9-10 a.m. Baby Storytime, 10-

10:30 a.m. Mahjong, 12:30-1:30

Tuesday, Jan. 28 Geri Fit, 9-10 a.m. Senior Sculpt, 10-11

Bridge, 10 a.m.-noon Preschool Storytime,

10:30-11:30 a.m. Intermediate Dancing, 4-5 p.m.

Now More Than Ever, 5:30-6:30 p.m.

Now more than ever,

Ukraine's children of war need humanitarian aid to survive and recover. A grassroots New Hampshire-based nonprofit - Common Man for Ukraine - remains determined to support these innocent children by providing food, critical supplies, and therapeutic trauma counseling programs. To see how Granite Staters are making a difference half a world away, join us at the Gilford Library for this special presentation from Common Man for Ukraine on Tuesday, Jan. 28 at 5:30 p.m., following the organization's 11th impactful hu-

Wednesday, Jan. 29

manitarian convoy.

Senior Stretch Yogaaah!, 9-10 a.m.

Card Games, 10 a.m.-

Check out an Expert, 10 a.m.-noon

Paint Group, 1-3 p.m. Boredom Busters, 3-4

Science Seekers: Crystals and Ice, 3:30-4:30 p.m. Join Miss Erika for some cool chills & thrills with science!

> Thursday, Jan. 30 Geri Fit, 9-10 a.m.

Aspiring Artists Storytime, 10:30-11:30 a.m. Home School Club,

noon-1:30 p.m. Boost Your Brain and

Memory, 1-3 p.m. Join Kate Bruchaco-

va from UNH Extension for a stimulating and interactive four-week pro-

French Club, 4-5 p.m.

Gilford Public Library Top Ten requests

- 1. "Raised by Wolves" by James Patterson
- 2. "Holmes is Missing" by James Patterson 3. "The Frozen River" by Ariel Lawhon
- 4. "The Berry Pickers" by Amanda Peters
- 5. "The House of Cross" by James Patterson
- 6. "Lies He Told Me" by James Patterson 7. "Murder Island" by James Patterson
- 8. "The Lions of Winter" by Ty Gagne
- 9. "The Grey Wolf" by Louise Penny
- 10. "Framed" by John Grisham



Forest Pump & Filter Co.

Serving The Greater Lakes Region Area for Over 50 Years

WE DO IT ALL

WELL DRILLING

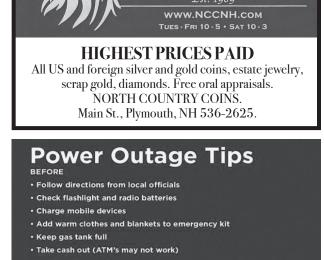
PUMP SYSTEMS

FILTERS

Family Owned Business for 40 Years

CALL FOR SERVICE FOREST PUMP & FILTER CO., INC. 603-332-9037





Go to community warming shelters & check on neighbors, family, seniors and homeless

Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

SPORTS

Gilford boys and girls sweep at Gunstock

Bode McLean picks up wins in slalom and giant slalom



Mckenna Howard races through the slalom course at Gunstock last Friday afternoon.



Lily Bishop races through the giant slalom course last Friday morning at Gunstock.

BY JOSHUA SPAULDING

Sports Editor

GILFORD — Skiing on their home snow again, the Gilford alpine ski

team had another good day, as both the boys and girls won the team competition over a field that included Belmont, Hills-

boro-Deering, Newfound, Prospect Mountain, Bishop Brady and St. Thomas.

For the boys in the morning giant slalom,

Timber Wolves hit the track at University of New Hampshire



Sergio Duarte clears a hurdle during action on Sunday afternoon at UNH.

JOSHUA SPAULDING



JOSHUA SPAULDING

Parker Wood winds up to throw the shot put during Sunday afternoon's meet at the University of New Hampshire.

BY JOSHUA SPAULDING

Sports Editor

DURHAM — Members of the Prospect Mountain indoor track team competed at the University of New Hampshire on Sunday, looking to improve on their qualifying times for the state championships.

Parker Wood had the best performance for the Timber Wolves, finishing in second place in the shot put with a toss of 48 feet, inches while

Ayden Carignan finished in 18th at 33 feet, three inches.

Sergio Duarte ran to fourth in the preliminaries for the 55-meter hurdles in 9.09 seconds and then took fifth in the finals in a time of 9.32 seconds. He was also sixth in the high jump, clearing five feet.

Domenic Scarpa jumped to fourth in the long jump with a distance of 18 feet, 11.25 inches.

For the Timber Wolf

girls, Jazmine Witham finished in ninth place in the shot put with a toss of 26 feet. The Timber Wolf 4x160-meter relay team finished in a time of 1:44.58.

The Timber Wolves are slated to compete again on Sunday, Jan. 26, at 10 a.m. at the University of New Hampshire.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING



JOSHUA SPAULDING

Gavin Irons races in the slalom at Gunstock during last Friday's meet.

Bode McLean took the top spot overall with a time of 47.59 seconds, with Ben Wolpin in sixth place in 52.21 seconds and Gavin Irons in 10th place in 54.66 seconds. Joel Wernig finished out the scoring with a time of 55.87 seconds in 12th

place. Elliott Warren was 14th in 57 seconds, Oliver Leandro was 18th in 58.13 seconds, Zachary Arenstam was 22nd in 59.05 seconds, Keenan Wilcox was 27th in 1:09.25 and Kyle Gandini was 37th overall in a time of 1:17.22.

In the afternoon sl lom, McLean was again the top skier, finishing in first overall with a time of 45.2 seconds. Wolpin placed sixth in 53.74 seconds and Warren was eighth in 56.5 seconds.

Irons rounded out the scoring in a time of 57.33 seconds for ninth place.

Leandro was 11th in 58.48 seconds, Gandini was 12th in 59.02 seconds, Arenstam was 20th in 1:08.76 and Wilcox finished in 22nd place in a time of 1:18.1.

For the girls in the morning giant slalom, Mckenna Howard took second overall with a time of 52.4 seconds with Lily Bishop in fourth place in 53.46 seconds. Emilia Burlock skied to fifth place in 55.19 seconds and Camryn Coutts was 11th overall in a time of 59.79 seconds.

Ava Lien was 14th in 1:01.69, Brook Baron was 19th in 1:04.1, Alicia Lyman was 32nd in 1:14.32, Josie Arrighi was 33rd in 1:16.23 and Riley Coutts

was 35th in 1:29.03.

In the afternoon slalom, Bishop led the Golden Eagles with a second place finish in 50.98 seconds with. Howard in third in a time of 51.53 seconds and Riley Coutts in fourth in 53.4 seconds. Burlock finished the scoring with a time of 59.22 for seventh place overall.

Lien was 13th in 1:03.92, Baron was 15th in 1:06.93, Camryn Coutts was 16th in 1:07.52, Arrighi was 24th overall in 1:17.65 and Lyman was 31st in 1:24.14.

The Golden Eagles are cheduled to be at Gunstock again on Friday, Jan. 24.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Trio of Golden Eagles compete at UNH

BY JOSHUA SPAULDING

Sports Editor

DURHAM — Three Gilford indoor track athletes made the trek to the University of New Hampshire on Sunday with the goal of improving on their qualifying times for the state cham-

pionship. Macy Sawyer finished third in the 300 meters with a time of 44 seconds and in the 55 meters, finished fifth in the preliminaries in a time of 7.87 seconds and finished fifth in the finals as well with a time of 7.9 seconds.

Emily Aguiar ran to seventh overall in the 55-meter hurdles with a time of 10.15 seconds and Ariah Dewar took 23rd overall in the 600 meters with a time of 2:13.5.

The Gilford Golden Eagles are slated to compete at the University of New Hampshire again on Sunday, Jan. 26, at 10

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

in Durham.

IOSHUA SPAULDING (Right) Ariah Dewar runs during Sunday's meet at the University of New Hampshire



Emily Aguiar clears a hurdle during action at the University of New Hampshire on Sunday.



SPORTS

Fuller leads Timber Wolves at Gunstock

(Right) Evan Fuller led the Prospect Mountain alpine ski team at Gunstock last Friday.

BY JOSHUA SPAULDING

Sports Editor

GILFORD — Three Prospect Mountain skiers took to the slopes of Gunstock on Friday, Jan. 17, for two runs of giant slalom and two runs of slalom.

In the morning giant slalom, Evan Fuller led the Timber Wolves with a 31st place finish in 1:10.95 while Charles Bravar was 36th overall in 1:15.5 and Brady Glidden finished in 38th overall with a time of 1:18.67.

In the afternoon slalom, Fuller finished in 27th place overall in 1:22.26, with Bravar in 28th place overall in a time of 1:24.76 and Glidden skied to 30th





(Left) Charles Bravar skis in the slalom at Gunstock on Friday afternoon.

place with a time of 1:27.55.

Prospect is scheduled to be back at Gunstock on Friday, Jan.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@sal-

Registration open for Winter Carnival learn to curl clinic

WOLFEBORO Lakes Region Curling Association is pleased to announce its upcoming free learn-to-curl event as part of the annual Winter Carnival hosted by Wolfeboro Parks and Recreation. This is a fantastic opportunity for new-to-curling individu-

als to learn more about

the sport through handson/ice-on learning.

Experienced LRCA members will be on hand to offer instruction in the basic rules and game play as well as to help participants explore both the classic sliding delivery, the more relaxed stick delivery and the essentials of

This event is scheduled for Wednesday, Feb. 26, starting at 1:30 p.m. at the Pop Whalen Ice and Arts Center in Wolfeboro. The clinic will last about an hour and a half.

There is no experience required, LRCA provides all required



Members of the public learn how to curl from Lakes Region Curling Association members at a past learn-to-curl clinic in Fall of 2024.

equipment and members of the public ages 18+ can attend. This event is free, but registration is

required.

For more information and online registration for this learn-to-curl clinic, visit lakescurlingnh.org.

ugh SCHO

Friday, Jan. 24 **BELMONT**

Alpine Skiing at Gunstock; 10

Boys' Hoops at White Mountains; 6

Girls' Hoops vs. White Mountains; 6

GILFORD

Alpine Skiing at Gunstock; 10

Boys' Hoops at Berlin; 6 Girls' Hoops vs. Berlin: 6:30

WINNISQUAM

Boys' Hoops vs. Newfound; 7

Girls' Hoops at New-

Saturday, Jan. 25 **GILFORD**

Nordic Skiing at White Mountains; 10

Sunday, Jan. 26 **BELMONT**

Indoor Track at UNH; 10

Swimming at UNH;

GILFORD Swimming at UNH;

WINNISQUAM Indoor Track at UNH; 10 Tuesday, Jan. 28

BELMONT

Boys' Hoops at Gilford; 6

Girls' Hoops vs. Gilford; 6

Unified Hoops vs. Newfound; 3

GILFORD

Boys' Hoops vs. Belmont; 6 Girls' Hoops at Bel-

mont; 6 Nordic Skiing at Kearsarge; 2:30

WINNISQUAM

Boys' Hockey at John Stark-Hopkinton; 7:15 Wednesday, Jan. 29 **BELMONT-GILFORD**

Boys' Hockey at Kennett; 6:10

GILFORD

Unified Hoops vs. Laconia; 6

WINNISQUAM

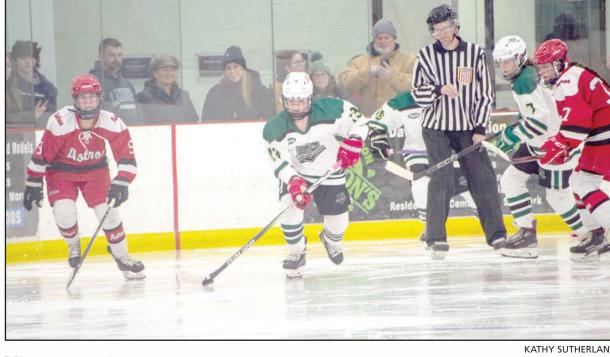
Boys' Hoops vs. Derryfield; 7

Wrestling at Plymouth; 6

> Thursday, Jan. 30 **GILFORD**

Nordic Skiing at Gunstock; 2:30

> All schedules are subject to change.



KATHY SUTHERLAND

KENNETT

KINGSWOOD

All schedules are

subject to change.

Unified Hoops

ford; 2:30

Gorham; 3:30

Victory on ice

Kingswood-Prospect Mountain's Hadley Aucoin starts the puck up the ice during the 7-3 win over Pinkerton on Friday night. The Knightwolves will be in action again on Saturday, Jan. 25, at home against Bishop Guertin at 10 a.m. and will be hosting St. Thomas on Wednesday, Jan. 29, at 5 p.m.

HIGH SCHOOL SLATE

Thursday, Jan. 23 KENNETT

Boys' Hoops at Bishop Brady; 6:30

Girls' Hoops vs. Bishop Brady; 6

Friday, Jan. 24 KENNETT

Alpine Skiing at King Pine; 10

Ski Jumping Home Meet; 6

KINGSWOOD

Alpine Skiing at King Pine; 10 Boys' Hoops at San-

born; 6:30 Girls' Hoops vs. San-

born; 6 PROSPECT MOUNTAIN Boys' Hoops at Camp-

bell; 6 Girls' Hoops Campbell; 6

> Saturday, Jan. 25 KENNETT Nordic Skiing

White Mountains; 10 **KINGSWOOD**

Boys' Hockey Spaulding; 5 KINGSWOOD-

PROSPECT MOUNTAIN Girls' Hockey vs. Bishop Guertin; 7:10

PROSPECT MOUNTAIN Wrestling vs. White Mountains; 9

Sunday, Jan. 26 KENNETT Indoor Track at UNH; 10

KINGSWOOD Indoor Track at UNH; 10 PROSPECT MOUNTAIN Indoor Track at UNH; 10

Tuesday, Jan. 28 **KENNETT** Boys' Hoops at Man-

chester West; 6 Girls' Hoops vs. Derryfield; 6 Unified Hoops vs.

Merrimack Valley; 3 **KINGSWOOD**

Boys' Hoops vs. Con-Val; 6 Girls' Hoops at Con-

Val; 6 PROSPECT MOUNTAIN Boys' Hoops vs. St.

Thomas; 6 Girls' Hoops at St. Thomas; 6:30

Wednesday, Jan. 29

KENNETT Boys' Hoops vs. Bel-

mont-Gilford; 6:10 Girls' Hockey Pinkerton; 6 Ski Jumping at Berlin; 1

KINGSWOOD Wrestling at Winnacunnet; 7

KINGSWOOD-PROSPECT MOUNTAIN Girls' Hockey vs. St.

Thomas; 5 PROSPECT MOUNTAIN Wrestling vs. Masco-

Thursday, Jan. 30

Win for Gilford

RC GREENWOOD

Andrew Kelly looks to the basket during his team's 50-46 win over Hopkinton last Tuesday evening. The Golden Eagles are slated to be in action on Friday, Jan. 24, at Berlin at 6 p.m. and will be hosting Belmont at 6 p.m. on Tuesday, Jan. 24.









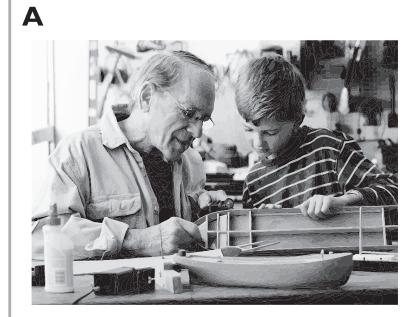
Body *** FACE

Hobbies can keep this part of the body stimulated.

Answer: Brain

What's the Difference?

Find the four differences between these pictures.



B

Answers: 1. Missing glue 2. Red piece on boat is larger 3. Red tool in background is missing 4. There is a second black scrubber in back right

THIS DAY IN HISTORY

24

1848: James W. Marshall finds gold at Sutter's Mill near Sacramento.

1908: The first Boy Scout troop is organized in England by Robert Baden-Powell.

1984: The Macintosh personal computer is made available to American consumers.



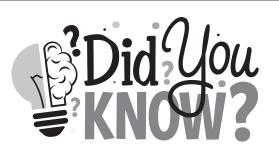
activity done regularly for enjoyment



English: Hobby Spanish: Hobby Italian: Hobby

French: Passe-temps

German: Hobby



Sewing, like other hobbies, can relax a person by focusing the mind on the task and not on other things in your life.

Answers: A. sorted

B. system

C. tidy D. clutter



Can you guess what the bigger picture is?

Answer: Paint palette

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so

savvy to the test!

$\bigcirc ** \ \, \triangle @ \ \, * \ \, \sim \ \, \mathbb{O} \, \, \Leftrightarrow \ \, \diamond \ \, * \ \, \diamond \times \ \, * \ \, + \ \, \Longrightarrow \ \, \land \ \, (\ \, * \ \, \circ \ \, \star \ \, \land \ \, \uparrow \ \, \bigtriangleup \ \, \lozenge$

CRYPTO FUN

Solve the code to discover words related to organization.

Each number corresponds to a letter.

(Hint: 1 = T)

A. 5 10 3 1 7 16

Clue: Divided into categories

B. 5 18 5 1 7 9

Clue: Way of doing things

C. 1 22 16 18

Clue: Neat

D. 23 20 4 1 1 7 3

Clue: Scattered items

SUDOKU

				2		5	3	
		3		7				8
					9		7	
		2	4					3
8	4					2		
	5							- Agenton
	9	5						
7	2		5			6		
Social Section 1		8						

sharpen your pencil and put your sudoku

Level: Advanced

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

ဌ	Þ	7	9	6	2	8	3	ossoch
6	year	9	3	8	G	V	2	L
2	8	ε	anala	Þ	L	ç	6	9
spoor	6	₽.	2	9	8	L	G	3
L	9	2	3	ε	6	and a	Þ	8
ε	g	8	1	nomb	ţ	S	9	6
Þ	L	mok	6	G	S	9	8	S
8	S	6	Þ	2	9	ε	annah	G
9	S	Ĝ	8	2	mole	6	L	þ

ANSWER:

HOOPS

(continued from Page A1)

giving Gilford the 19-18 lead at the halftime break.

Olivia Keenan opened the lead to four with a three-pointer to start the third quarter but Munoz-Martin finished off a Howlett steal, Paige Harding hit a hoop and Munoz-Martin scored off a Harding steal as Prospect jumped back in front by a 24-22 score.

A Kelly hoop tied the game at 24 but Foster and Jones hit backto-back buckets for Prospect to send them back to a 28-24 lead. Olivia Keenan got a pair from the charity stripe and Abby Watson put back a rebound as Gilford tied the game at 28.

Foster and Olivia Keenan exchanged hoops to close out the third quarter and the game headed to the final eight minutes with the score tied at 30.

Watson hit a hoop, Maltais hit a free throw and Kelly connected on a three-pointer as Gilford got out to a 36-30 lead to start the fourth quarter. Howlett got the Timber Wolves on the board with a hoop and Foster hit a free throw to cut the lead to three.

Leah Davignon put back a rebound for the Golden Eagles but Foster answered at the other end with a hoop for Prospect. Olivia Keenan put back a rebound to open the lead to five, but Munoz-Martin got a basket to cut the lead to three inside the final minutes. Davignon and Olivia Keenan each hit free throws to open the lead back to five but Howlett kept Prospect's hopes alive with two free throws with nine seconds to

However, Olivia Keenan came up with a big rebound off a missed free throw and then hit a free throw to close out the 43-39 win for Gilford.

Olivia Keenan finished with 21 points to lead the Golden Eagles and Foster led the Timber Wolves with 19 points.

Gilford is slated to be in action on Friday, Jan. 24, at home against Berlin at 6:30 p.m., and will be at Belmont for a 6 p.m. game on Tuesday, Jan.

Prospect Mountain is scheduled to be at home against Campbell on Friday, Jan. 24, at 6 p.m. and will be at

PEASLEE FUNERAL HOME

= & Cremation Service =

(603) 755-3535

www.peasleefuneralhome.com

Main Office: 24 Central Street, Farmington, NH

2079 Wakefield Road, Wakefield, NH

Alton Funeral Home 12 School Street, Alton, NH

Pre-Arrangements - Traditional Funerals

Simple Burials - Cremation Services

Monument Company

F. Rick Gagne - Funeral Director

Mill Street, Wolfeboro, NH 603-569-1339

Baker-Gagne Funeral Home

Cremation Service



Prospect's Ava Foster tries to pull down a rebound between Gilford's Gracey LeBlanc (left) and Skye Maltais in action on Friday night.

St. Thomas for a 6:30 p.m. game on Tuesday, Jan. 28.

GHS 8-11-11-13-43 PMHS 10-8-12-9-39 Gilford 43

Maltais 1-1-4, Davignon 1-1-3, Kelly 3-1-8, O. Keenan 6-8-21, L. Keenan 1-0-3, Watson 2-0-4, Totals 14-11-43

JOSHUA SPAULDING

Leah Davignon drives toward the basket during action on Friday night against Prospect Mountain.

Prospect Mountain 39

Harding 1-0-2, Munoz-Martin 4-0-8, Foster 8-3-19, Howlett 2-2-6, Jones 2-0-4, Totals 17-5-39

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Uhurch Service SCHEDULE

ABUNDANT HARVEST FAMILY CHURCH

Sunday School for children up to age 12, service 10:30 a.m. Greater Wakefield Resource Center,

254 Main St., Union. Pastors Daniel and Sherrie Williams. 473-8914.

ALTON BAY CHRISTIAN CONFERENCE

Gundays throughout the summer 10:am & 7pm; 875-6161. BEFREE COMMUNITY CHURCH, ALTON

Alton-9:30 a.m. Sun. Meeting at Prospect Mount School. Pastor Ben Ruhl, www.befreechurch.net.

CENTER BARNSTEAD CHRISTIAN Worship Service 10:00am

Bible Study 11:15am
Rte 126 next to Town Hall
Call or Text (603)269-8831

CHRISTIAN COMMUNITY OF PRAISE C.C.O.P PRAISE GATHERING

Gathering Saturdays at 4:00pm
The Gilmanton Community Church
1803 NH Route 140, Gilmanton Ironworks, NH

COMMUNITY CHURCH OF ALTON

10am Worship service Sunday 20 Church St Alton

CONGREGATIONAL CHURCH OF NORTH BARNSTEAD, UCC

Sunday School and Worship Service

ner. nue neimeay 603-776-1820 Our services are in person at 504 North Barnstead Road, Center Barnstead, NH and live-streamed on Zoom, Sundays at 10 a.m

FIRST CONGREGATIONAL CHURCH OF FARMINGTON Worship Services: 10:00 AM Sunday School: 10:15 AM Sept. To June

400 Main Street Farmington, NH 03835 www.farmingtonnbucc

FIRST BAPTIST CHURCH OF NEW DURHAM NH

Sun. School 9:30am; Church 10:30am; Evening Service 6pm; Wed. Prayer Meeting 7pm. Depot St., New Durb

PARADE CONGREGATIONAL CHURCH OF

Sunday Morning Worship Service for all ages begin at 9:00 a.m.

Prayer Meeting - April through November at 7:00 p.m. on Wednesday Evenings. Wednesday Evenings.
Pastor Sandy Pierson - 483-2846

ST. KATHARINE DREXEL 40 Hidden Springs Rd., Alton, 875-2548 Father Robert F. Cole, Pastor. Mass Saturday 4pm;

Sunday 8:30 & 10:30am Daily Mass Mon., Tues., Wed., Fri. 8:00am

ST. STEPHEN'S EPISCOPAL CHURCH Sunday 9:30. 50 Main St., Pittsfield Rev. Miriam Acevedo with Rev. Stephen Ekerberg www.ststephenspittsfield.com

LINITED METHODIST CHURCH

Sunday services 10:30 am. Chur

UNITARIAN UNIVERSALIST SOCIETY OF

MAPLE STREET CHURCH 96 Maple Street, Center Barnstead NH 03225

Speedy Wash n Go Laundromats



3 CONVENIENT LOCATIONS

7 School Street, Alton Open Daily 7 am to 9 pm 8 Church St, Belmont

Open Daily 7 am to 9 pm 46 Center Street, Wolfeboro Open 24/7

603-498-7427

Business Account Discounts CALL 603-948-5070 FOR DETAILS

AIR-CONDITIONED

Clean - Bright - Friendly ! From Single load machines to 60 pound machines!

Accepting: Cash, Credit, Debit and Loyalty Cards Website-Speedywashngo.com E-Mail Speedywashngo@gmail.com All laundromats have 24 hour video surveillance.

Route 16, West Ossipee, NH 603-539-3301 baker-gagnefuneralhomes.com

(800) 539-3450



Meet Billy!

Billy is a handsome boy with so much love! He would do best in a home where he's the only animal, as he deserves to get all the love possible! He loves to get belly rubs, play ball, and cuddle up with his person.

Please email adoptions@nhhumane.org with additional questions or to make an appointment to meet Billy!



Meet Baby!

Baby is a lovely lady who would do best in a home where she can get



some adventures. She loves to lay in the sun and hang out with her people, but she won't say no to a romp in the woods either! She'd do best in a home where she's the only animal - she deserves to be the star of the show! Come meet Baby and fall for her smile today! NH Humane Society

1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539



Business Directory

FLOORING

ALTON FLOORING AND TILE

Office: 603-875-3507 Residential/Commercial Carpet, Tile, Hardwood, Laminate, Vinyl, Island work, Boats, RV's/Campers, Etc. alton_flooring.tile@yahoo.com 18 Depot St. Alton, NH 03809

SELLS IT ALL



B-BOYS AUTO REPAIR 603-269-7712

> 19 Gray Road Barnstead, NH

Paul Bousquet Sr. & Jeff Bousquet Sr. 75+ years of combined auto repair experience Air Cond Brakes

Carburetors

Clutches

© Cooling Sys

Diagnostic

Suspension

Inspections

Oil Changes

Oil Leaks

Steering

O Differential

Timing Belts

Electrical

Tire Rotation Transmissions

Engine @ ...and more!

Solid reputation of dependable, quality service!

HOCKEY

(continued from Page A1) cause every day you get something different and you get to help those who can't help themselves."

It is to everyone's advantage that he did not walk away, and he has now spent the past 18 years doing what he likes. Approximately 15 of those years have been served in Strafford County, most recently at the Strafford County Sheriff's Office.

His assignment from that office before assuming his New Durham post was on the federal level, as a member of the Homeland Security Human Trafficking Task Force. He has also worked with the U.S. Marshals Service and served as a member of the Internet Crimes Against Children Task Force.

New Durham Board of Selectmen Chairperson David Swenson commented on the police chief position.

"During the hiring process, the Select Board received beneficial input from a variety of entities and conducted extensive interviews with the primary candidates for the position. We felt the police chief opportunity was a coveted position in that it would enable a highly qualified individual to shape a police department that effectively serves the public safety needs of the community and provides the high standards that New Durham expects," he explained.

When Millar realized the job was available, he knew instantly that he wanted to pursue it.

"I thought it was a

great opportunity," he said, "for career growth and change of pace. I've had a lot of great leaders and chiefs throughout my career who have taught me a lot and I've retained this knowledge. It would be a waste for me to keep it to myself."

He sees being chief as a chance to "mold the next generation of officers and pass on what I've learned."

He has a strong background in training, commenting "For the last ten years, I've been in charge of training at the county sheriff's office and other agencies; my assignments were focused on training."

The New Durham department has recently used coverage from other towns.

"Being able to rebuild that agency from the ground up is a challenge," Millar said, "but one that is beneficial to the town."

"By working together," Swenson said, "the Select Board and Chief Millar are building a foundation for a stronger, more effective police department built on community trust, officer well-being, and operational excellence. These are the goals the Board envisioned when we began this process."

Millar's vision aligns with those goals. He also would like to see his department update to current standards of law enforcement, update policies, and work toward accreditation.

He said he will have both state and federal resources available to him due to relationships he's built with other agencies and officials through the years, especially Homeland Security and the U.S. Marshals Service.

"That is a huge plus," he said, "and will offset costs for equipment, such as drones, and provide additional help on a case."

Offsetting costs is important to Millar.

"I'm very conscious of keeping budgets down and being frugal where I can be," he said.

With Millar coming in

with an outside perspective and background in progressive law enforcement, yet having local knowledge and ties, it could be the best of both worlds.

"I have experience in both large and small agencies," he said. "I can bring in things that often fall through the cracks in smaller agencies."

Retention of officers starts with him.

"I'm not looking to come in here and then leave. I plan on making an impact and start positive relationships with residents to make the town a safer place to live," he said.

He has several ideas on how to bridge the gap between the police department and community so everyone is working together to ensure a better community.

"Achief with an investment in the community and an understanding of the community dynamic is huge," he said.

Millar said his first actions will be to recruit and retain officers.

"I'm looking for community focused police officers in order to develop a qualified, diverse group committed to safety," he noted.

Swenson said, "The Select Board is eagerly

looking forward to the future in enhanced public safety that Chief Millar will create. In fact, we are already interviewing new police officers to fill other open positions in the department."

At the swearing in ceremony, Selectperson Dorothy Veisel presented Millar with the chief's badge, commenting, "I know you will wear this with pride and distinction."

Millar said he was most looking forward to being a working chief, out in the community.

"I plan on the department being visible and approachable. Building relationships starts with interacting," Millar said. "We'll be at the school to help with traffic, we'll interact with kids at school teaching them about internet safety and stranger danger, we'll be at the Rec department interacting with the community, all just to show we're approachable and not scary."

He intends on having Coffee with Cops sessions "to chat and hear about issues in the community," and Touch-a-Truck events to meet with children.

"We're here and part of the community," Millar said, "and are just like you."



Gilford's Budget Committee held a public hearing on the town, school, and Gunstock Acres Village Water District budgets on Jan. 16.

BUDGET

(continued from Page A1)

of surplus fund balance to hold the tax rate.

Voters will have the opportunity to further discuss and amend the budget and other warrant articles during the

town deliberative session on Tuesday, Feb. 4 at 7 p.m. at the Gilford High School Auditori-

FILING

(continued from Page A1)

In Barnstead, two positions are open on the board of selectmen, each

with a three-year term.

Two three-year positions are open on the Budget Committee.

The Planning Board

has two positions open, each for a three-year term.

The office of Town

open for a three-year term. A three-year term as town treasurer is open

for filing.

Clerk-Tax collector is

One position is open as Trustee of the Trust Fund for a three-year term.

A position is open as Overseer of Welfare for a one-vear term.

A three-year term on the Library Trustees is

For Barnstead schools, three positions are open on the school board. Two positions will carry a three-year term and one will have a one-year term.

The position of School Moderator is open for a one-year term.

A one-year term is available for School District Clerk.

The position of School District Treasurer is

open for a one-year term. In New Durham, one position is open on the board of selectmen for a

three-year term. Two positions are open on the Budget Committee, each with threeyear terms.

Two positions are open on the Planning Board, one with a threeyear term and one with a two-year term.

Three positions are open on the Zoning Board, two with threeyear terms and one with a two-year term.

One position is open on the Cemetery Trustees for a three-year term.

The Library Trustees have two positions open, each for a three-year term.

The position of Town Clerk is open for filing with a three-year term. One three-year posi-

tion is open as Trustee pf the Trust Funds.

For the Governor Wentworth School District, New Durham residents can file for the position of School Board Member-At-Large which carries a one-year term.





Equal Housing Opportunity

All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sec, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination. (The Fair Housing Act of 1968 at 42 U,S,C, 3604(c)) This paper will not knowingly accept any adverting which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200. The toll free telephone number for the hearing impaired is 1-800-927-9275. You may also call The New Hampshire Commission for Human Rights at 603-271-2767

or write The Commission at 163 Loudon Road, Concord, NH 03301 Neither the Publisher nor the advertiser will be liable for misinformation, typographically errors, etc. hereincontained. The Publisher reserves the right to refuse any advertising.





Belmont Village Apts, Belmont, NH NOW AVAILABLE!

Accepting applications:

Subsidized two bedroom town house style apartment. On-site laundry, parking, 24-hr maintenance, close to center of town, No Pets, NO SMOKING.

Must meet income limit guidelines; rent starting at \$1,135.00, plus utilities; security deposit required.

Download application at

https://www.sterling-management.net or call office at 603 267 6787





(603) 677-7007 • www.MeredithLanding.com

285 Daniel Webster Highway

We are excited to share that in 2024, Meredith Landing Real Estate donated \$20,218.45 to local charities and organizations in our area through our

Community Counts Program! We have made the commitment to give back a portion of every commission earned and in just 3 short years, we have donated \$61,959.65!

This is due, in large part, to all of our clients and customers for choosing to list and/or buy with us!

Call us today to be a part of what 'Counts'!



97 Daniel Webster Highway Meredith, New Hampshire

Call us at:

Find us @rocherealty (603) 279-7046 🖪 📵 🛅 🖸 🛣 📵

MEREDITH LANDING

Search New Hampshire properties at www.rocherealty.com



Sanbornton: 2BR/1BA, 600 sf. seasonal camp offers easy access to outdoor activities including boating, fishing, hiking, and biking on pristine Lake Winnisquam. Enjoy access to a beautiful beach



Bridgewater: Pemigewasset Riverfront lot with 270' of frontage! Build your dream home on this 5.6+/- acre lot with 254' of road front. Nestled amidst mountain views, sunrises and sunsets, it is a



Gilford: Beautifully renovated 2BR/2BA ranch. Walk-out basement and room for expansion. Gas log fireplace in the living room perfect for cozying up on cold days. Town beach and boat launch access on Lake Winnipesaukee

your boat, dock, or associationmaintained seating area. * Statistics obtained from NEREN for the past 26 years



Meredith: Lake Winnipesaukee water access with 24' deeded dock! 2BR/2BA cape on 1.18 acres is the perfect blend of peace and privacy. Just a short walk or golf cart ride to the lake access and amenities. Enjoy breathtaking sunrises from

since 1997 for all real estate firms reporting sales in the entire state of NH during that time.



Over 10,000 CLOSED transactions in New Hampshire! Voted #1 BEST Real Estate Company in NH's Lakes Region six years in a row, and #1 BEST Commercial Real Estate Broker!

THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address
Alton	217 Prospect Mountain Rd.
Alton	N/A
Barnstead	N/A
Gilford	663 Cherry Valley Rd., Unit 304
Gilford	41 Glendale Place, Unit 7
Gilford	Village West Condo Unit D
Gilford	N/A
Gilmanton	Thistle Road
Gilmanton	N/A
Gilmanton	N/A
New Durham	N/A

Type Price Single-Family Residence \$875,000 \$233,333 \$233,333 N/A N/A \$285,000 \$356,933 Condominium \$239,000 Office Condo \$97,533 Condominium \$175,000 N/A \$850,000 N/A \$180,800 N/A \$1,010,000 N/A \$233,333 N/A \$50,000

Seller Rachel E. and Jonathan W. Ledger Anthony J. and Frances P. Orrino Joanna L. Stockton Joanna Stockton Elizabeth G. Locke Estate and Stephen P. Locke Bronson F. Cooke III and Deborah A. Peloquin-Cooke Mark and Francesca Smith Darryl English Trust Parrish Investments LLC Stone Brook Hills LLC Holly S. Faber and Heather Mick-Carrito Daniel J. O'Neill, Jr. and Jennifer M. Williams Joanna L. Stockton Lily & Co. LLC

Buyer Dustin and Rae Pritchett Andrew E. Paulhus and Erin M. Riordan-Paulhus Kathryn C. Kardinal Trust Kathryn C. Kardinal Trust Shannon R. Ryan and Joseph A. Vano Robert W. Starkey, Jr. Susan Laite Lake Winni Properties LLC Gc Six Hundred Three LLC Richard M. Farina RET Stephen H. Hopkins RET Nine Tepi Lane RT and Irina Fiksler

Kathryn C. Kardinal Trust

Bradley Yates

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium.

SNHU announces Fall 2024 President's List

MANCHESTER — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Fall 2024 President's List. The fall terms run from September to December.

Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above for the reporting term are named the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms

grouped in fall, winter/spring, and summer.

James Sunderland of New Durham

Marissa Labrie of Alton Bay

Caysie Quevillon of

Devin Rogers of Al-

Audrey Quevillon of ford

Jason English of Al-

Emily Sanschagrin

of Center Barnstead Autumn Sheets of Center Barnstead

Connor Frenzel of Center Barnstead Madeleine White of

Barnstead Barnes Kelly of ing

Barnstead

Cody MacLeod of

Gilford Isiah Campbell of Gilford

Jessica Payne of Gilford

Sherry Granville of Gilford

Jacob Guay of Gilford

Scott White of Gil-

Mark Hassler of Gil-

Noah Smith of Gilmanton

Southern Hampshire University (SNHU) is a private, nonprofit, accredited institution with a 92year history of educat-

traditional-aged

students and working adults. Now serving more than 200,000 learners worldwide, SNHU offers approximately 200 undergraduate, graduate, and certificate programs,

available online and on its 300-acre campus in Manchester, NH. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the

fastest-growing versities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner.

TOWN OF NEW DURHAM PLANNING BOARD **PUBLIC HEARING NOTICE**

Tuesday, February 4, 2025 7:00 PM @ NEW DURHAM COMMUNITY ROOM Jeremy Kiefer

You are hereby notified that a hybrid Public Hearing will be held in person and over Zoom by the New Durham Planning Board on Tuesday, February 4, 2025, at 7:00 pm in the New Durham Community Room. The hearing is regarding a Conditional Use Permit for a Home Business Occupation within the Residential, Agricultural, Recreational Zoning District submitted by Jeremy Kiefer for property at Map 249, Lot 002, 64 Birch Hill Road, New Durham, NH. The full application is on file at the New Durham Town Offices for review during normal business hours. If you have any questions on Zoom meeting, please contact the Land Use Assistant at ndlanduse@newdurhamnh.gov or the Planning Board.

Alton resident named to President's List at Dean College

Aislinn MacStravic of Alton has earned a place on the President's List for the Fall 2024 semester. Students named to the President's List have demonstrated a serious commitment to their studies while at Dean College.

private, residential New England college grounded in a culture and tradition that all students deserve the opportunity for academic and personal success. A uniquely supportive community for more than 150 years, Dean has woven together ex-

FRANKLIN, Mass. Dean College is a tensive student support and engagement with exceptional teaching and innovative campus activities. Our graduates are lifetime learners who thrive in their careers, embrace social responsibility and demonstrate leadership. This is The Dean Difference.

ASSIFIED SELLS IT ALL

The New Durham Public Library **Position Available**

The New Durham Public Library is looking to hire a part-time Programming and Inter-Library Loan Librarian. The Librarian would oversee our programming calendar and facilitate book requests from different libraries across the state. This position is 20-25 hours. The pay is \$13-\$15 depending on experience. Interested candidates can contact the library with questions. Resumes can be sent to Caitlin Frost at newdurhamlibrary@gmail.com.



Full-Time Installers Apprentice

Energysavers Inc., a 48 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

LEARN WHILE YOU EARN!

No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening. Stop in to fill out an application:

ENERGYSAVERS INC. 163 Daniel Webster Hwy., Meredith NH



FRIENDLY & RELIABLE **NIGHT CASHIERS** needed at the Following Location: Bosco Bell

on Route 28

Please apply in person

Shaker Regional School District PUBLIC NOTICE

NOTICE OF TIME LIMIT FOR **FILING CANDIDACIES FOR SCHOOL BOARD MEMBERS OF THE** SHAKER REGIONAL SCHOOL DISTRICT

The undersigned clerk of the School District herewith gives notice of the time limit for declaration of candidacy from this school district for election of moderator and school board members of the Shaker Regional School District. The filing period will start Wednesday, January 22, 2025.

The election will occur during the annual voting on Tuesday, March 11, 2025 and will be conducted under the non-partisan ballot law.

Positions to be filled at the election are:

Moderator – one member to serve for two years

Belmont School Board Member – one member to serve for three years

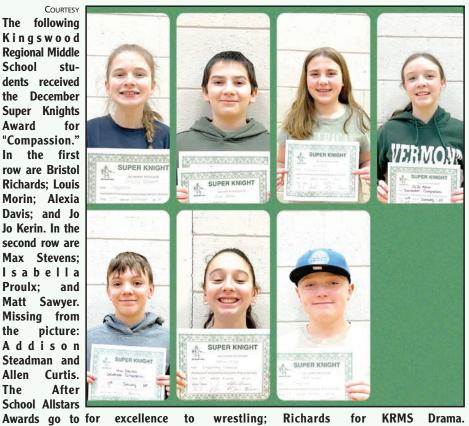
Canterbury School Board Member – one member to serve for three years

Written declaration of candidacy must be filed prior to 5:00 pm on Friday, January 31, 2025 in order for the name of the candidate to appear on the ballot. A filing fee of \$1.00 is required. Forms may be obtained from the Superintendent of School's Office; 58 School Street; Belmont, NH 03220, telephone number 603-267-9223.

No person may file a declaration of candidacy for more than one position of the School Board to be elected at such election. Any qualified voter in each of the pre-existing districts named above is eligible to file for the position to be filled from that District. All candidates will be elected at large.

Diane Clary, Clerk Shaker Regional School District The following Kingswood Regional Middle School students received the December Super Knights Award for "Compassion." In the first row are Bristol Richards; Louis Morin; Alexia Davis; and Jo Jo Kerin. In the second row are Max Stevens; Isabella Proulx; and Matt Sawyer. Missing from the picture: Addison Steadman and Curtis. Allen The After **School Allstars**

Silas Eldridge and dedication







Maintenance and Repair

603-651-9185

Ask about my Special Winter Pricing!

Bill Hayes the original handyman 45 years experience

Interior and exterior remodeling

Always the best prices and the best workmanship for your hard earned money.

- Free estimates
- Painting interior and exterior
- Replacement doors and windows
- Deck replacement and repair
- Bathroom remodels
- Vinyl siding and more.

One call does it all.



Camp **Constitution** hosting Fifth **Annual Ladies Spring Fling**

Camp Constitution Ladies'

Fifth Annual "Spring Fling" will be held at the Alton Bay Christian Conference Center, Alton Bay, https:// altonbay.org/, from Friday, May 2 to Sunday, May 4. Activities include arts and crafts, classes on gardening, Bible studies, optional marksmanship training, and an evening campfire. The cost for the weekend which includes two nights of lodging, five meals and

Congratulations!



materials will be \$200. per person. Payments can be made via our PayPal account accessed from our website's homepage, http://www. campconstitution.net, or by check payable to Camp Constitution and mailed C/O

Hal Shurtleff, 146 Powder Mill Rd., Alton, NH 03809. To get an application, bring list, or have any questions, please E-mail or call Hal Shurtleff at campconstitution1@gmail.com or (857) 498-1309

Congratulations to Stacey, our Care Professional of the Month!



To us, it's personal

Stacey has greatly improved the quality of our Client's lives in so many ways!

Here is what one Client had to say about Stacey:



"Care Pro Stacey is wonderful! I was so reluctant to have a stranger in my home, I wish I had done this a year ago! I was ordering take out meals every day, Stacey makes me great home cooked meals now. I am showering 3X a week and feel safe with Stacey with me. She keeps my house clean and tidy, and we enjoy her company.

Thank you, Home Instead!"

Pam, Laconia, NH

Professional Non-Medical Home Care Services Companionship - Meal Preparation Bathing - Showering Wheelchair Van Transportation - Medication Assistance & More!

603-569-7733 • 16 Depot St., Wolfeboro, NH • homeinstead.com





Crematorium, conveniently located in Northfield, NH.