



Littleton Courier

Serving the North Country Since 1889

WEDNESDAY, MARCH 25, 2026

couriernews@salmonpress.news

Littleton Dinner Bell serves nearly 3,900 free meals in 2025, meeting rising community need

LITTLETON — The Littleton Dinner Bell program served 3,895 free meals in 2025, continuing its mission of providing hot, home-cooked dinners to individuals and families across the North Country. The weekly meals are hosted at All Saints Episcopal Church in Littleton, where volunteers welcome guests every Tuesday evening at 5 p.m. from September through June.

Organizers report that community need continues to grow. This year the program saw an increase from roughly 90 meals per week to an average of about 105 meals, with more families, younger adults, and teenagers attending.

“Dinner Bell exists to



ensure that anyone who needs a warm meal and a welcoming place can find it here,” said program organizer Norma St. John. “There is never a charge for the meal, and

everyone is welcome.”

Since its launch in 2018, Dinner Bell has served 24,867 meals thanks to the support of more than 20 participating organizations, including civic groups, churches, schools, hospitals, local businesses, and families. Together these partners contribute more than 450 volunteers to prepare and serve meals.

Meals are served in the welcoming environment of the All Saints parish hall, with access from the Littleton Community Center parking

lot. Guests may dine in or take meals to go. All dinners are hot, home-cooked meals, either prepared in the All Saints kitchen or brought in ready to serve. Popular menus include lasagna, meatloaf, pork roast, turkey, and chicken dinners, each accompanied by salad, vegetables, rolls, and dessert.

Participating organizations include civic groups such as AHEAD, Copper Cannon Camp, Littleton Elks Lodge, Littleton Lions Club, NFI North, the Rotary

DINNER BELL, PAGE A6

North Country steps up for inaugural BLW Classic Brien L. Ward Littleton Foundation nears \$50,000 first-year goal

LITTLETON — The Brien L. Ward Littleton Foundation is pleased to announce strong early support for the inaugural BLW Classic Golf Tournament, with local businesses, organizations, and community members rallying behind the effort to invest in Littleton’s next generation.

The golf tournament, which will be held on July 3 at Maplewood Country Club, is sold out with a waiting list. The event has also attracted significant sponsorship participation from the regional business community and supporters, including 60 event sponsors.

“We’re honored to host the inaugural BLW Classic at Maplewood Country Club,” said Trevor Howard, General Manager at Maplewood Country Club. “The support this event has already generated speaks volumes about the respect the community has for Brien and the importance of investing in the next generation of Littleton students. We’re excited to welcome golfers and sponsors for what will be a memorable day on the course.”

In addition to the golf tournament, the organizers are holding a “Night Before” event, scheduled for Thursday, July 2, from 6–8 p.m. in the Maplewood

Grill Room at Maplewood Country Club. The event welcomes golfers, sponsors, and families for an evening of tribute ahead of tournament day. Guests will enjoy complimentary pizza, wings, and signature drinks as we pay tribute to the lives and legacies of Littleton’s public service leaders - Eddy Moore, Jere Eames, and Brien Ward.

The Foundation extends its sincere appreciation to the sponsors making Thursday’s community gathering possible, including Gold House Pizza & Greek Restaurant, Porfido’s Market & Deli, and the Foto Factory.

Thanks to this overwhelming support, the Foundation has already secured \$43,300 in committed sponsorships and donations, putting organizers within reach of their first-year fundraising goal of \$50,000.

“The support and generosity from the North Country business community and local supporters has been overwhelming,” said Colby “Ward” Dawley, Treasurer of the Brien L. Ward Littleton Foundation.

The goal of the Brien L. Ward Littleton Foundation is to carry on Brien’s legacy of support for Little-

BLW, PAGE A6

Lisbon Lions to host 22nd Annual Spring Senior Citizens Dinner

LISBON — The Lisbon Lions Club is once again showing their appreciation to local senior citizens by sponsoring the 22nd Annual Spring Senior Dinner, free for all senior citizens living in Lisbon,

Lyman and Landaff, on Saturday, April 11. The meal will include ham, mashed potatoes, vegetables, applesauce, roll and dessert.

This year’s dinners will be offered as home deliveries only.

Meals will be delivered as close to noon as possible.

To order a dinner to be delivered to your home, please call the Clarks at 603-838-5043 by April 8.

Crusader, Engineer, Patriot girls earn hoop All-State honors



JOSHUA SPAULDING

Littleton’s Leah Poulton earned Division IV First Team All-State honors for her sophomore season.



JOSHUA SPAULDING

Ella Horsch of Littleton was named Division IV Second Team All-State in her senior campaign.



JOSHUA SPAULDING

Woodsville’s Makayla Walker capped off her high school basketball career earning Division IV Second Team All-State honors.

BY JOSHUA SPAULDING
Sports Editor

REGION — Girls’ basketball players from around the region were named to the New Hampshire Basketball Coaches Organiza-

tion All-State Teams, which were announced at the conclusion of the season.

In Division III, First Team honors went to Prospect Mountain’s Kourtney Kaplan, Winnisquam’s

Caidyn Carter and Berlin’s Caitlin Kelley while Second Team honors went to Addison Hodsdon of Gilford, Harper Rowe of White Mountains and Ava Foster of Prospect Mountain.

Honorable Mention was presented to Bailey Perkins and Payton Ellis of Belmont, Riley Anderson of Inter-Lakes, Taylor Marsh and Skye Maltais of Gilford.

ALL-STATE, PAGE A14



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Local News

Cecil B. DeMille's epic “King of Kings” to be screened with live music on April 2 at Flying Monkey

PLYMOUTH — It was the original big-screen blockbuster, an epic movie on a grand scale depicting the greatest story of all: the crucifixion and resurrection of Jesus Christ.

Directed by Cecil B. DeMille and featuring a cast of thousands, “The King of Kings” (1927) stands as one of the sensations of Hollywood’s early days.

With Easter on its way, a restored edition of “The King of Kings” will be screened on Thursday, April 2 at 7 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 S. Main St, Plymouth.

The screening, the latest in the Flying Monkey's silent film series, will feature live accompaniment by Jeff Rapsis, a New Hampshire-based composer who specializes in creating music for silent films.

General admission is \$15 per person. Tickets may be purchased online at www.flyingmonkeynh.com or at the door.

The screening is a chance to experience this landmark film as it was intended to be seen: in a high quality edition on the big screen, with live music and with an audience.

As a movie, “The King of Kings” was designed to push the limits of Hollywood story-telling. Director DeMille, already famous for over-the-top historical epics such as the original “Ten Commandments” (1923), demanded and got a then-astronomical budget of \$2 million, which he used to construct massive sets, hire thousands of extras, and stage an enormous earthquake at the film’s climax.

“The monumental devastation unleashed by Christ’s crucifixion dwarfs even the cataclysmic Holy Grail finale of ‘Indiana Jones and the Last Cru-



H.B. Warner plays Jesus Christ in Cecil B. DeMille’s silent epic “The King of Kings,” to be shown with live music on Thursday, April 2 at 7 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 S. Main St., Plymouth. General admission is \$15 per person. Tickets may be purchased online at www.flyingmonkeynh.com or at the door. For more information, call (603) 536-2551.

sade,’ ” wrote film historian Charles Musser in 1992, observing that “raw material and non-union labor gave more bang for the buck in 1927.”

The film was considered daring as the first mainstream Hollywood picture to depict the actions and life of Jesus on-screen in great detail, paving the way for future generations of filmmakers.

Although the movie’s title cards quote directly from scripture, “The King of Kings” was not a scholarly depiction of scenes from the Bible. Rather, it was created to emphasize drama and conflict, prompting DeMille to change many aspects of the story as traditionally related in the New Testament Gospels. DeMille spiced things up by

including teams of zebras and other exotic non-native creatures in the film.

Because of this, “The King of Kings” was regarded as blasphemous by some, and proved “as controversial in its day as Martin Scorsese’s ‘The Last Temptation of Christ’ was in 1988,” Musser wrote. “Although DeMille made his film under the pious supervision of clergy, he managed to titillate audiences with the same heady mixture of sex and moralism that had made... earlier films so successful.”

In one example, DeMille opens the film with the character of Mary Magdalene leading an orgy, though she is quickly rescued from debauchery by an encounter with Jesus.

Outrage or not, audiences flocked to the two-and-a-half-hour epic, which was released in May 1927 and quickly broke box office records for attendance

in the U.S. and around the globe. Audiences regarded it as grand entertainment.

The cast included early Hollywood star H.B. Warner as Jesus Christ, winning plaudits for his portrayal of the lead role. (Warner’s later roles included drug-gist Mr. Gower in Frank Capra’s 1946 Christmas classic “It’s a Wonderful Life.”)

Peter is portrayed by character actor Ernest Torrence, famous as Captain Hook in the original version of “Peter Pan” (1924); the role of Judas is acted by Joseph Schildkraut, already a Hollywood veteran who later went on to play Nicodemus in “The Greatest Story Ever Told” (1965), a much-later Hollywood epic on the same topic.

“The King of Kings” was also noted for technical breakthroughs. It featured state-of-the-art movie lighting techniques, including a glowing halo

that surrounded Christ whenever he appears on screen. “The King of Kings” was also among the first mainstream Hollywood pictures to use color in several sequences.

To enhance the film’s spiritual underpinnings, during production DeMille arranged for a Catholic Mass to be celebrated each morning before shooting started. In a publicity ploy, DeMille also made his stars enter contracts that prevented them from doing anything “unbiblical” for a five-year period; prohibited activities included attending ball games, playing cards, frequenting night clubs, swimming, and riding in convertibles.

The film’s sets ended up being so massive that they simply weren’t torn down, and so wound up appearing in several other pictures. A giant gate built for “The King of Kings” was later used in 1933’s

“King Kong.” Some of the original sets were finally lit ablaze in 1939 for the burning of Atlanta in “Gone with the Wind.”

Critics remain impressed by the film’s epic sweep, although they often dismiss how DeMille pandered to a mass audience.

“It’s a stupendous exhibition by any standard, though you can practically smell the sawdust and greasepaint,” wrote critic Peter Matthews in 2004.

“Despite the baloney (or because of it), ‘The King of Kings’ captures the fervor of naïve devotion. On that level, the movie is a genuinely uplifting experience,” Matthews wrote.

“King of Kings” will be screened with live music performed by silent film accompanist Jeff Rapsis.

Rapsis, who uses original themes to improvise silent film scores, said great silent film dramas such as “King of Kings” used their lack of dialogue to create stories that concentrated on the “big” emotions such as Love, Despair, Anger, and Joy. Because of this, audiences continue to respond to them today, especially if they’re presented as intended — with a live audience and live music.

"Dramas such as 'King of Kings' were created to be shown on the big screen as a communal experience," Rapsis said.

"With an audience and live music, they still come to life as their creators intended them to," he said.

“King of Kings” (1927) will be shown on Thursday, April 2 at 7 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 S. Main St, Plymouth.

General admission is \$15 per person. Tickets may be purchased online at www.flyingmonkeynh.com or at the door. For more info, call (603) 536-2551.

For more info on the music, visit www.jeffrapsis.com.

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Early bird tickets available for NCH Golf Tournament

JEFFERSON — Join North Country Healthcare on June 12 and 13 for the highly anticipated “Fore the Future: NCH Spring Classic” golf tournament at the picturesque Waumbek Golf Course in Jefferson. This exciting fundraiser brings together golf

enthusiasts and community supporters for a friendly competition on the greens.

Across rural communities like ours, access to primary care is becoming one of the biggest challenges facing healthcare systems. One of the most effective ways to address that challenge is by training physicians in the communities where they will practice.

The White Mountains Family Medicine Residency program will welcome its first class of resident physicians in 2027, and the work we do now helps ensure the program launches successfully and grows into a long-term pipeline of family doctors for the North Country.

At the same time, strengthening healthcare in our region also means continuing to invest in the incredible people already caring for our communities every day. Supporting the growth and development of our healthcare workforce helps ensure that patients across northern New Hampshire continue to receive high-quality care close to home.

This new tournament builds on the long-standing community support behind the Weeks Auxiliary and AVH Ambassadors golf tournaments, continuing that spirit while bringing

the effort together in support of healthcare across our region.

“This tournament brings our community together around something that truly matters,” says Roxie Severance, avid golfer and board member of North Country Home Health & Hospice Agency, an affiliate of North Country Healthcare. “Every sponsorship and every swing supports a direct investment in the health and vitality of our counties. We’re proud that this year’s event not only carries such meaningful purpose, but also offers a fun, elevated experience in our beautiful new location.”

Participants will choose from two days of play, with opportunities to win, donate, and enjoy surprises along the way. Each day will end with entertainment, prizes, food, and drink. Learn more and reserve Early Bird tickets before April 20 by visiting <https://onecau.se/fore-the-future>.

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Courier Almanac

The word

“The old believe everything, the middle-aged suspect everything, the young know everything.”
— Oscar Wilde

By the numbers:

Town Offices:
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Littleton (444-3996)
Lisbon (838-6376)
Franconia (823-7752)
Lincoln (745-2757)
Easton (823-8017)

Bath (747-2454)
Landaff (838-6220)
Sugar Hill (823-8468)
Lyman (838-5900)
Woodstock (745-8752)
Police:
Bethlehem (869-5811)

Littleton (444-7711)
Lisbon (838-6712)
Franconia (823-8123)
Lincoln (745-2238)
Sugar Hill (823-8725)
Woodstock (745-8700)

Fire:
Bethlehem (869-2232)
Littleton (444-2137)
Lisbon (838-2211)
Franconia (823-8821)
Lincoln (745-2344)

Dial 911 for emergencies

Local Libraries

- Abbie Greenleaf Memorial (Franconia) (823-8424)
•Littleton Public Library (444-5741)
•Bethlehem Public Library (869-2409)
•Lisbon Public Library (838-6615)
- Haverhill Library Association (989-5578)
•North Haverhill Patten Library (787-2542)
•Woodsville Public Library (747-3483)
•Richardson Memorial Library (823-7001)
- Moosilauke Public Library (No. Woodstock) (745-9971)
•Bath Public Library (747-3372)
•Gale Medical Library @ LRH-Anna Connors Patient & Family Resource Center (444-9564)
•Lincoln Public Library (Carol Riley 745-8159)

Property Transfers

Canaan 27 Lunar Dr.; \$108,000; Todd Landry to Melissa Guthrie	Lincoln 140 Forest Ridge Dr.; \$640,000; Deidra A. Taylor to Yasaman Khazeni and Ali Kebarighotbi Lonnwood Drive, Unit C; \$750,000; A. & Joan M. Macuarrie RET and Alvin H. Macuarry to Colleen P. and Trevor J. Baker Rivergreen Unit C; \$285,000; Michael P. and Marie McGravey to Michael Boucher and Kiley Frazier Address N/A; \$400,000; Peter and Kathie A. Wason to NH Seacoast Property Partners	94 Pleasant St.; \$240,000; C. & Mary H. Stefekos Fiscal Trust and Evangelos A. Stefekos to John L. and Jeanette Ward 22 Winter St.; \$359,000; Edwin B., Jr. and Virginia Nason to Molly M. and Thomas J. Attwater
Easton Address N/A; \$450,000; D&D Kirwin Fiscal Trust and Dennis J. Kirwin to Jeferson and Sara Bailey	Lisbon 212 Water St.; \$85,000; Justin T. Kennedy to Seth D. and Barbara E. Stansfield	Piermont 212 River Rd.; \$490,000; Eric and Valerie Henry to Noah and Stefani Zind
Grafton Address N/A; \$125,000; Joseph Braley to Joseph David Bodge LT	Littleton	Woodstock Address N/A; \$498,600; Nancy Bly Estate and Matthew Sashin to Kevin B. and Kathryn T. Klaus
Haverhill 2555 Dartmouth College Highway; \$315,000; Derek T. and Denise M. Meredith to Michaela R. and Ryan Maerder		

Bath Public Library Book Club

to discuss Percival Everett’s “James”

BATH — The Bath Public Library Book Club will meet on Monday, April 13, at 5 p.m. at the Bath Public Library to discuss James by Percival Everett.

“James” is a brilliant reimagining of “Adventures of Huckleberry Finn,” told from the perspective of the enslaved Jim. Both harrowing and satirical, the novel follows Jim as he learns he is about to be sold and separated from his family. Determined to protect his future, he escapes while forming a plan. Meanwhile, Huck Finn has faked his own death to escape his abusive father. As readers of American literature know, thus begins the dangerous and transcendent journey by raft down the Mississippi River toward the elusive and uncertain promise of the Free States and beyond.

Brimming with nuanced humor and lacerating observations that have made Everett a literary icon, this brilliant and tender novel radically illuminates Jim's agency, intelligence, and compassion as never before.

Copies of the book are available to borrow at the Bath Public Library. Patrons are encouraged to pick up a copy and participate in what promises to be a thoughtful and engaging discussion. New members are always welcome.

Library hours are Monday and Wednesday from 9 a.m. to 5 p.m. and Thursday and Saturday from 9 a.m. to noon.

For more information, contact the Bath Public Library at 603-747-3372 or bathlibrarynh@gmail.com.

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Do you know that your soul is eternal and will spend eternity in heaven or hell, (John 5:28-29)?

Do you realize that you determine where you will spend eternity, (Revelation 20:12)?

Do you realize that you must obey God on this earth to go to heaven, (Matthew 7:23)?

Do you realize that you will be judged by Jesus to determine how obedient you have been to God, (2 Corinthians 5:10).

Would you like to study the Bible to secure your salvation?

Please contact: Wayne Burger - 303-619-8802 or gwayneburger@gmail.com

EDITORIAL

A supper table that belongs to everyone

On Tuesday evenings in Littleton, something simple and important happens inside the parish hall at All Saints Episcopal Church. A meal is served. Chairs fill. Conversations begin. And for a growing number of North Country residents, the Dinner Bell program offers something that is becoming harder to guarantee in many communities: a dependable place to eat and be welcomed.

The numbers tell part of the story. In 2025 alone, Dinner Bell served 3,895 meals. Since the program began in 2018, it has provided nearly 25,000 dinners. Weekly attendance has climbed from about 90 meals to roughly 105, with more families, teenagers, and younger adults taking part.

That increase deserves attention. For many years, free community meals were often associated with older residents living alone or individuals facing long-term hardship. Today, the picture is changing. When working families and students begin appearing more frequently at the table, it reflects the reality of rising living costs across northern New Hampshire. Housing, transportation, groceries, and heating continue to stretch household budgets. Programs like Dinner Bell quietly absorb some of that pressure.

What makes the Littleton effort especially notable is how broadly the responsibility is shared. More than 20 organizations participate, from churches and civic groups to health care providers, schools, nonprofits, and local businesses. More than 450 volunteers help prepare and serve meals. High school students plan menus, shop for ingredients, cook, and welcome guests. Anonymous families contribute alongside established service groups.

That kind of cooperation does not happen by accident. It reflects a long-standing North Country tradition of neighbors stepping forward when something practical needs doing.

Equally important is the atmosphere the program maintains. Dinner Bell is not structured as charity handed down from one group to another. It is a community meal in the truest sense. Guests can sit and eat together or take dinners home. There is no fee. No application. No barrier to entry. The message is straightforward: if a warm meal would help, there is a place at the table.

Now the program faces a familiar challenge for successful grassroots efforts. The kitchen equipment supporting these meals is aging, and organizers estimate about \$30,000 will be needed for upgrades. With attendance continuing to grow, those improvements are not optional. They are necessary to keep the program running efficiently and safely in the years ahead.

This is the kind of project that fits naturally within the character of the Littleton area. Dinner Bell has already shown what can happen when civic groups, churches, schools, and businesses move in the same direction. Updating the kitchen is simply the next step in strengthening something that already works.

It is easy to measure a community by its buildings or its tax base. It is harder, and more meaningful, to measure it by whether people can count on one another when everyday needs arise.

Every Tuesday evening in Littleton, that measure is quietly being met.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.



Senior Games

Moultonborough Academy hosted the annual North-South Senior Games between Granite State Conference seniors. The southern boys defeated the northern boys 63-60 while the northern girls defeated the southern girls 56-42. The northern boys' team included Jake Houghton of Lisbon, Brodie Bacon and Brett Johnson of Moultonborough, Max Grondin of Gorham, Dariyon Faustin of Profile, Ryan Mahy and Sam Reagey of Littleton, Evan Bujeaud of Lin-Wood and Ashton Kenison of Groveton. The northern girls' team included Payton Bernow and Madison Hart of Moultonborough, Juju Bromley and Ella Horsch of Littleton, Bailey Clark of Lisbon, Avery Weir and Natalie Brantley of Profile and Julia Chappell and Delaney Whiting of Groveton.



COURTESY PHOTOS

SUMMIT BY MORRISON

Laughter is the best medicine!

At the tail end of a long, hard winter, the official onset of spring on March 20 gives us hope that we'll soon be seeing warmer temps, the grass greening up and trees beginning to bud. These in-between weeks of blustery weather might be just the time to remember that a robust belly laugh, a tiny giggle, a throaty chuckle and a toothy smile can lift your spirits and positively impact your quality of life.

According to the Mayo Clinic, laughter has many benefits, such as lowering your blood pressure, reducing stress and triggering the release of feel-good endorphins. Laughter can also improve your immune sys-

tem, relieve pain, improve your mood and increase your overall sense of well being.

As we head into April, National Humor Month kicks off on April Fool's Day, an appropriate beginning to an entire month created to bring awareness to the therapeutic value of laughter, joy and humor. You have 30 days in which to up your laughter quotient and make it a habit to get your humor on!

These examples illustrate how easy it is to introduce more humor and more laughter into our lives and focus on the positives.

Connect with a funny friend: Do you have a friend who always makes you

laugh? Plan to spend time, in person, on the phone or over Zoom, laughing together.

Blow bubbles: Buy a pack of bubblegum or soap bubbles and a wand and blow bubbles — in public! You'll be laughing in no time at how silly you look, and we bet everyone who sees you will have big smiles on their faces. Even better, do it with a friend and double the laughs.

Try something new: Take up Tai Chi, tap dancing, the ukulele or another activity with your partner or a friend. Lots of belly laughs will ensue as you try to master some new skills.

See through a child's eyes: Kids have a unique

perspective on life. Looking at a situation through a kid's eyes can help you reevaluate your response. Instead of crying or getting angry over the mostly trivial setbacks we all face, maybe you should dance or sing or splash through a puddle.

Watch a comedy re-run: Tune into the old Carol Burnett shows. The laugh-out loud skits are a hoot. Or watch re-runs of "I Love Lucy" or other funny sitcoms.

Rent funny movies: Loads of funny movies are available to stream or are available on DVDs at your library. Monty Python, anyone?

SUMMIT, PAGE A6

LETTERS

Join No Kings on Saturday

To the Editor:

Last week, many Americans celebrated St. Patrick's Day as a minor holiday. Boston, meanwhile, celebrated the 250th anniversary of Evacuation Day.

In 1776, Boston had been occupied by British soldiers. The colonies were subjected to tariffs on tea and other imports. The Continental Army, under the leadership of General George Washington, forced King George's troops to leave Boston. Soldiers evacuated on March 17, 1776. Just three months later, the Continental Congress met and declared independence from our royal overlord.

Even as America celebrates 250 years with no king, we find federal agents occupying and terrorizing Amer-

ican cities. [King George's troops at least identified themselves.] The administration has imposed tariffs illegally upon the citizenry.

For these and other abuses, North Country Resilience and the Northern Grafton County Democrats invite local Americans to gather this Saturday at Littleton's Community House at 2 p.m. Similar No Kings 3 celebrations will be held in thousands of towns across America, including many close-by to Littleton. The popular outcry for democratic rule will be heard near and far.

Please join and confirm America's commitment to democracy.

Jeffrey Jones
Lisbon

To put Trump in Washington and Lincoln's company is unthinkable

To the Editor:

That Donald J. Trump should be termed as a "patriotic president" alongside the likes of Washington, Lincoln, Grant, the Roosevelts, Truman, Eisenhower, and JFK (etc., etc.) is unthinkable.

Insofar as characteristics of bravado and pride, plus a designation of "Protector-in-Chief" are concerned - Trump is, by no means, a brave person. Why else do we so often see him apparently peeking out of his bedroom (?) doorway on Air Force One in order to further bully, insult, and cover reporters with the virtually indecipherable "word salads" for which he has now come to be so well known? Neither is pride among the items in his toolbox for daily living. Were it to be found there, America the Beautiful would not now have the dubious distinction of a chief executive who sees it as his God-given right to grab women's genitalia (September 2005, Access Hollywood tape; revealed 10/07/2016); who was found guilty in May 2023 by a federal civil jury of sexual abuse and defamation against E. Jean Carroll and who was tried and convicted in May 2024 of 34 felonies for falsifying business records to hide hush payments to porn star Stormy Daniels. But wait, there's more! Continuing revelations from the Epstein files are creating panic among numbers of the world's "high and mighty" individuals and DJT is looking fearfully over his shoulder; desperately attempting to obfuscate the increasing threat all of this poses to his "golden bubble." In the meanwhile, he wants nothing for the benefit of America nor Americans and seeks only to fatten his family's already

bulging cache of riches.

The Four Horsemen of the Apocalypse can be seen charging full on through the sands of the centuries. They are biblical figures from the Book of Revelations symbolizing divine judgment and the end times. And just who is it that they might now be looking for?

By way of explanation: the first horseman (white) symbolizes Conquest, often associated with the Antichrist or, in some interpretations, Christ, riding to win with a bow and crown. The second horseman (red) represents War and Civil strife, wielding a sword to remove Peace. The third horseman (black) symbolizes Famine, carrying scales to measure scarcity and higher prices. The fourth horseman (pale) is named Death and is the only one explicitly named in the text, accompanied by Hades.

Their combined purpose is to destroy one-quarter of the world through sword, hunger, plague, and wild beasts as part of the Last Judgment.

Insofar as Trump's rush to war with Iran while bypassing Congressional and NATO safeguards is concerned — that there was indeed an imminent threat of the USA being attacked by Iran could not have been known with utmost certainty unless one were actually a fly upon the wall in the Ayatollah Khameni's situation room.

The writer is reminded of George "Dubya" Bush's (#43) 2003 foray into Saddam Hussein's Iraq in search of non-existent WMDs (Weapons of Mass Destruction). "Nope! Didn't find 'em anywhere, Boss. Where do ya s'pose those danged things went? Damned if I know...."

Hear ye! Hear ye! No Kings Day #3, Saturday, March 28, 2 - 4 p.m., Littleton Community Center. My "ill-informed and uneducated soul" will most assuredly be in attendance, as will numerous other like-minded individuals, also.

In closing, democracy doesn't fear protest. Dictators do. If, for some reason, we are ultimately unable to affect the desired change(s) through the means of peaceful protest, at least we will not have served as silent witnesses to the extinguishing of Lady Liberty's flame.

Roberta Chase Bettencourt
Littleton

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THE LITTLETON COURIER

PUBLISHED BY

SALMON PRESS

PRESIDENT & PUBLISHER

FRANK C. CHILINSKI

frank@salmonpress.news

BUSINESS MANAGER

RYAN CORNEAU

(603) 677-9082

ryan@salmonpress.news

OPERATIONS DIRECTOR

JIM DI NICOLA

(508) 764-4325

DISTRIBUTION MANAGER

JIM HINCKLEY

(603) 279-4516

EDITOR

BRENDAN BERUBE

(603) 677-9081

brendan@salmonpress.news

PRODUCTION MANAGER

JULIE CLARKE

(603) 677-9092

julie@salmonpress.news

USPS 315-760 Published weekly, periodical, postage paid at Littleton, NH, 03561 and at additional mailing offices. Published every Wednesday P.O. Box 729 Meredith, NH 03253 POSTMASTER: Send address changes to The Littleton Courier, P.O. Box 729 Meredith, NH 03253

Wednesday Subscription Rates: In-County \$36 per year, \$24 for six months. Out-of-County/Northern New England States: \$60 per year, \$38 for six months. (rates effective 3/1/08) Mail rates are higher when paper is forwarded out of county. Please call for seasonal rates.

Stop being pissed off about your life

BY AMANDA MCKEEN

This morning, I did what I usually do when I wake up.

I grab my phone, check all of my notifications, and start thinking about work—what my first meeting is and whether I’m going to shower before it or not.

Not too long after that, I sit up, swing my legs over the bed, put my socks on, and walk to the kitchen to make coffee. After I get the coffee going, I reach above the fridge for the container of dry cat food.

In it, I keep a 1/4 measuring cup. I take the top off, measure just enough dry food, and put it in William Wallace’s dish. He doesn’t come eat it right away. He would rather have his mommy pick him up and hold him first thing in the morning, no matter how hungry he might be.

From there, I walk to the living room and turn on all three lamps, starting to the right and working my way to the left. When I turn the second lamp on, I also turn on my Bluetooth speaker. I pull up Spotify on my phone and go to one of my morning playlists, usually starting with a favorite song (lately, it’s one by Coldplay).

Then I walk into my office, turn the lamp on, wiggle the mouse to bring the monitors on, and start thinking about what I need to do for work that day.

By then, the coffee’s almost ready. I go back to the kitchen and grab my favorite little bunny mug, which I found years ago in my grandmother’s attic. It’s an old mug with a Bunnykins seal on the bottom and little illustrations of bunnies eating ice cream and jumping through a field.

I come back to my desk with my coffee.

And now, I am ready. But this morning, something didn’t feel the same.

As I started trying to get into work, I felt this pull in my heart because yesterday I had a conversation with Roy Brewster that I just can’t seem to get out of my head.

Roy did what the

guests on my show do best—and it’s why I invite them on. He showed up fully as himself, willing to be vulnerable and share his stories and his perspectives. And it felt incredibly meaningful, especially yesterday.

I think it’s because Roy carries a level of wisdom that you only get after living a long span of life. He’s eighty years old now, and if you were to close your eyes while talking with him, you wouldn’t think you were talking to someone who is eighty. You might think forty, or fifty. Maybe even twenty.

Especially after the wonderful remarks on my good looks.

But Roy said something toward the end of the show that really felt profound—so profound that I wanted to write this. For him, but also for me, and for anyone who’s reading.

When I asked him what else he wanted our listeners to know, he said: Stop being pissed off about your life. And just be happy.

He went on to explain that he has one big regret—how much time he spent being unhappy with his situation, unhappy with his parents. And how, looking back now, he realizes how lucky he was.

How lucky he was to have a dad who was active and involved. How lucky he was to have a mom who was a caretaker and a teacher. How lucky he was to have adventures as a kid, to be able to go outside. How lucky he is to have treated patients in the North Country for over fifty years.

There are moments in conversation where something shifts in you before you can even respond.

That’s what happened to me.

If you were to listen to the episode, you would hear me go completely silent. Eventually, I said I was speechless, that I didn’t have anything to add. And the reason is that suddenly, Roy had held up a mirror to me.

I was seeing all of the moments of my life

NORTH OF NORMAL

REAL TALK ABOUT RUNNING A BUSINESS, STAYING HUMAN, AND SHOWING UP IN THE NORTH COUNTRY

where I felt bitter that something had happened, or bitter that someone had done something to me, or bitterness that I had made a certain decision. All of those moments came flooding into my mind.

And my mind and my heart were working together to say, “Amanda, these are all the moments you need to let go of. And you need to be grateful for your life.”

One of the big moments that came up for me was from when I was ten years old.

That was the year my parents made the decision to uproot our family and eventually move us to Ecuador.

At ten years old, you don’t really have context for something like that. You just know your life is changing in a way you didn’t choose. You’re leaving behind what’s familiar—your friends, your routines, your sense of home—and stepping into something completely unknown.

And for a long time, I held onto that experience through the lens of what was taken from me. There was a part of me that felt bitter about it, that questioned it, that didn’t fully make peace with it.

And sitting there yesterday, listening to Roy talk about his life, I realized I’ve been carrying that story in a very specific way.

Because the truth is, that experience gave me so much.

It gave me perspective. It gave me adaptability. It gave me the ability to walk into unfamiliar environments

and figure things out. It shaped the way I see the world and the way I connect with people.

And yet, for years, I held onto the version of the story that focused on what I lost instead of what I gained.

Hindsight is always twenty-twenty.

And I was reminded through Roy to start thinking differently about my life—to imagine myself forty years from now, looking back and saying what he said:

Don’t be pissed off, Amanda.

Don’t sweat the small stuff.

Live your life.

Be grateful.
Be happy.

What struck me most wasn’t just the realization itself, but how quickly my mind found evidence.

So many moments. So many places where I had been holding onto something that no longer needed to be held.

And I don’t think that comes from a place of weakness. I think it comes from being human—from trying to make sense of things as they’re happening without the benefit of time or perspective.

But what Roy offered—what felt like such a gift—is the opportunity to borrow that perspective now.

Not 40 years from now.

Now.

What would it look like to live your life today the way your eighty-year-old self would want you to?

What would you let go of? What would you stop carrying? What would you finally allow yourself to appreciate?

I don’t think this is about ignoring the hard parts of life or pretend-

ing everything is okay when it isn’t.

It’s about recognizing that two things can be true at the same time. Something can be difficult, and it can also be meaningful. Something can feel like a loss, and it can also be a gift.

And the story you choose to focus on will shape how you experience your life.

What a gift from Roy. And a beautiful reminder for all of us.

I’ve been sitting with this question since yesterday.

What are the moments in my life that I’m still holding with bitterness... that I could choose to see differently?

And maybe that’s the question I’ll leave you with too.

Not because there’s an easy answer.

But because there might be something on the other side of it worth finding.

Amanda McKeen is an adventurer, storyteller, and consultant rooted in Littleton, where she helps local business owners grow with resilience, clarity, and heart.

SUMMIT

(CONTINUED FROM PAGE A4)

Tell some jokes: Brush up on some simple, funny jokes and share them with your friends. Sharing laughter with others multiplies the fun.

Be a kid again: Anything seemed possible when you were a kid and you expressed that joyful outlook in any number of ways: rolling down a grassy hill, talking to your pet in a secret language, skipping down the sidewalk, putting on an accent, wearing a silly hat, lying on a blanket in your backyard and finding faces and animals in the clouds. What’s to stop you from doing some of those things now?

Laugh at yourself: Don’t take yourself so seriously. If you do something silly or embarrassing don’t beat yourself up. Find the humor in the situation and laugh about it.

So tell a funny joke or two, read the Sunday comics, watch a silly movie and let the laughter burble out.

As with the other muscles in your body, it’s a case of use it or lose it! Flex your laughter muscles until it becomes second nature to find the humor in almost every situation.

After all, the end of winter means spring is just around the corner and this is definitely something to smile about!

Shannon Lynch is the Executive Director of The Morrison Communities, which includes the Morrison Skilled Nursing Facility, Sartwell Place Assisted Living, Morrison Rehabilitation, and Summit by Morrison, a senior living community offering independent living, assisted living, memory care and respite care.

The Morrison Communities is a non-profit 501©(3) charitable community that has been providing quality healthcare to residents of New Hampshire’s North Country since

1903. For more information, go to www.themorrisoncommunities.org.

Little Lies

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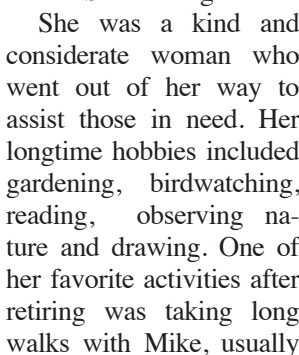
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Jeanne Karen Dickerman, 73

She was introduced to her future husband, Mike Dickerman, on New Year's Day 1993. Following a nearly 20-month long distance relationship, she moved to Littleton and was married on August 27, 1994, at the home of her sister and brother-in-law, Julianne and Brad Bailey. Just days after the wedding, she began a one-year stint as librarian at Lakeview Elementary School in



Contributions in her memory may be made to North Country Home Health and Hospice, 536 Cottage Street, Littleton, NH 03561 or Riverside Animal Rescue, 236 Riverside Avenue, Lunenburg, VT 05906.

(Continued from Page A1)

The Brien L. Ward
Littleton Foundation

Additional donations

to the Foundation are still welcome, and organizers are also seeking auction items and experiences to include in the tournament's silent auction. Individuals and businesses interested in supporting the Foundation may contribute directly or donate auction items through the tournament website: <https://birdease.com/blwclassic> or mail a check to: Brian L. Ward Foundation, P.O. Box 1, Littleton, NH 03561.

WHITEFIELD — Living with a chronic health condition can be discouraging to attend all six weeks. by trained local facilitators. There's no cost to at-

Each two-and-a-half-hour session builds on the last, so participants are en-

The workshop is based on the Chronic Disease Self-Management Program, a research-backed program developed at Stanford University. Studies show participants gain measurably more confidence in managing their own health and are more likely to adopt healthy habits. The program is led

“Take Charge of Your Health! Living Well with Chronic Health Conditions” is a program offered through The University of New Hampshire (UNH) Cooperative Extension. If you need an accommodation to participate in the program, contact Melissa Lee: melissa.lee@unh.edu or (603) 255-3716

(Continued from Page A1)

The program also hosts

Looking ahead, organizers are planning improvements to the pro-

Community members interested in supporting the kitchen project, volunteering, or sponsoring meals are encouraged to contact program coordinators at allstslittleton@allsts.org.

Religious Directory

Bring your Family to a House of Worship

BETHLEHEM
BETHLEHEM CHRISTIAN CENTER
Non-Denominational
1858 Maple St., Bethlehem • 869-5401
Sunday Worship: 10 a.m.
Youth Group: 6 p.m.
Pastor: Steven M. Palmer

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www.breadoflifeupc.com

DURRELL UNITED METHODIST
Box 728 - 869 2056
Sunday Worship 11 a.m.
Pastor Arthur Savage

NEW BEGINNINGS APOSTOLIC FELLOWSHIP:
Apostolic Pentecostal
100 Lancaster Road
Whitefield NH
& Bethlehem NH
Sunday Service 12:30 pm
Wednesday Bible Study: 7:30 pm
Fellowships & Events: listed on on facebook
www.apostolicnh.org • Apostolicnh@gmail.com
Pastor: Justin C Francis

NEW LIFE ASSEMBLY OF GOD
475 Whitefield Rd., Bethlehem • 444-1230
Sunday Morning Worship ±: 10:30 a.m.
Wednesday Evening 6:30 p.m. Prayer
Food Pantry: Every 3rd Monday 9 a.m.-Noon
Office hours: M-T 9 a.m.-noon 444-1230
Pastor: Rev. Jay Dexter

DALTON
DALTON CONGREGATIONAL CHURCH
Located on Route 135, across from the Dalton town building.
Sunday 9:30am
Sunday Service and Children's Bible Class
Sunday 8:30am Adult Bible Class.
Wednesday 12:15pm Adult Bible Study in the back room of the Church
Pastor: D Raymond, (cell) 802-535-8559

FRANCONIA
FRANCONIA COMMUNITY CHURCH OF CHRIST (UCC)
44 Church St. (Box 237), Franconia 03580
Office Phone: 823-8421
Email: office@franconiachurch.org
Web site: www.franconiachurch.org
Office Hours: Tues. and Thurs. 10:00 am - 12:00 pm
Sunday Worship: 10:30 am
Choir Practice: Sun. 9:30 am, Thurs. 7:00 pm
Good Neighbor Food Pantry Hours:
Tues. 11:00 am - 1:00 pm, A Lay-led Ministry

OUR LADY OF THE SNOWS CHURCH
Roman Catholic • Main St., Franconia • 444-2593
Mass: Saturday at 6 p.m.

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752-6215 • Affiliated with CCCC
(Conservative Congregational Christian Conference)
Worship Service: 8:30 a.m.
Children's Sunday School: 9:00 a.m.
Weekly Bible Studies
Pastor: Rev. Dean A. Stiles

LINCOLN
ST. JOSEPH CHURCH
Roman Catholic • Church St., Lincoln • 745-2266
Saturday Mass: 4:30 p.m.
Sunday Mass: 7:30 and 10:00 a.m.
Daily Mass: Wed., Thurs. and Fri. 8:00 a.m.
Pastor: Rev. John Mahoney
www.stjosephlincoln.org

LISBON
CHURCH OF THE EPIPHANY
Episcopal • School Street, Lisbon
Sunday Worship: 9 a.m., and coffee fellowship
Pastor: Reverend William J. Watts, Jr.

CHURCH OF THE NAZARENE
Sunday School: (all ages) 9:30 a.m.
Worship Service: 10:30 a.m.
at Lisbon Regional School Library
(Nursery, Children's Church up to age 8)
Sunday Evening Study: 6 p.m. in private home
Wednesday Prayer Meeting:
6:30 p.m. in private home
Friday: SonShine Club (Oct.-Apr.) up to age 12
Pastor: Tracy Davis, 838-5138

ST. CATHERINE OF SIENA CHURCH
Roman Catholic • Highland Ave., Lisbon • 747-2038
Lord's Day Mass: 9 a.m.
Thursday Mass: 9 a.m.
Pastor: Father Alan Tremblay
www.stjoseph_church@yahoo.com

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and children's Sunday School
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Bible Study: Weekly at the Parsonage
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838-5008 (Parsonage) • pastor@thesharedministry.com

LITTLETON
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Unity Devotional Gatherings
Baha'i Children's Classes
Study Group: Oneness of Humankind and
Unity of Religions
Littleton Baha'i Community - 603-991-8342
General info: www.bahai.us

CHURCH OF CHRIST
Meeting Sunday afternoons at 4:00 for worship, Littleton Senior Center (77 Rivergreen), followed by a Bible study. Also a Bible study Thursday night at 6:30.
Contact Information: Wayne Burge
303-619-8802 or gwayneburger@gmail.com

THE ROCK
35A Mill Street, Littleton, NH
Satellite Facility of Bread of Life UPC
Littleton Community Bible Study:
Wednesday's 5:45 - 7:15pm call for location
Youth Group: Wednesday's 7:30
Visit our website for other activities and calendar of events
www.breadofflifeupc.com • 603 869-3127
Pastor: James F. Sullivan

CROSSROADS CHURCH
Bible-based - 1091 Meadow St., Littleton - 603.444.2525
Contemporary Sunday Worship- 10:30am
Nursery care provided, up to age 4, as well as Children's ministry and education, up to age 10.
Mid-week gathering: (dinner included) - Wednesdays, 5:30pm
Youth event - last Friday of every month.
Men's ministry - check website for events.
Women's ministry - check website for events.
Pastor: Todd M. Walker
Website - crossroadsofflittleton.com
Email: office.crossroadschurch@gmail.com

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35 School Street • Littleton, NH • 603-444-3414
Email: allstslittleton@allsts.org
Holy Eucharist: All welcome to 8 AM and 10 AM services.
Food Cupboard: 9:10 AM Tuesday, Thursday; 9:45 AM Sunday
Men's Breakfast: 8 AM
3rd Wednesday every month
Dinner Bell: Meal served Tuesdays at 5:00 pm from September to June.
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Contact us: info@nbch.org • **Call:** 444-2763
Pastor: Nick DeYoung

FIRST CONGREGATIONAL CHURCH, UCC
189 Main St., Littleton • 444-3376
Office Hours: M-TH 10 am - 1 pm
email: fstcong189@gmail.com
Web: www.1stconglittleton.org
Sunday Worship: 10 a.m.
Office Hours: M-TH 10 am - 1 pm
email: fstcong189@gmail.com
Tuesday: AlAnon Meeting 6-7 pm
Monday, Wednesday, Thursday and Saturday:
AA meetings 7pm
Pastor: Rev. Peter Ilgenfritz, Interim

FIRST UNITED METHODIST CHURCH
18 Main St., Littleton
603-444-5567 office
FUMC_office@yahoo.com
follow us on fb
Worship Sundays 9:30 am

LITTLETON BIBLE BAPTIST CHURCH
(KJV ONLY)
Sunday School: 10 AM
Morning Service: 11 AM
Evening Service: 6 PM
Wednesday: Prayer Meeting 7:00 PM
Dinner on Grounds: Last Sunday of month with no Evening Service
Contact: Pastor Ed Small, (603) 444-2880
Email: pastorlittletonbiblebaptist@gmail.com
Web site: littletonbiblebaptistchurch.org

ST. ROSE OF LIMA CHURCH
Roman Catholic • High St., Littleton • 444-2593
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602-444-6517 • www.elevatechurchnh.com
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Kids church / Nursery Provided 10:00 am
Pastor: Jim Anan

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Episcopal • Rte. 117, Sugar Hill, NH
Sunday Services: 10:00 a.m. in July, August & the 1st Sunday in September
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Non-denominational • Rt. 117, Sugar Hill • 823-9908
Adult Sunday School: 10 a.m.
Child Sunday School: 10 a.m.
Sunday Worship: 11 a.m.
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Musical with North Country roots premieres off-Broadway

WHITEFIELD — Two years ago, Weathervane Theatre presented the premiere of the musical revue “The Story Goes On: The Songs of Maltby and Shire.” Featuring the music of the legendary and award-winning songwriting team of Richard Maltby, Jr. and David Shire and directed by Tony Award winner Richard Maltby, Jr., North Country audiences were the first in the nation to experience their newest songs in this award-winning production that would become the foundation of their newest musical revue, “About Time,” now playing Off-Broadway.

After a lifetime spent creating some of musical theater’s funniest, most soaring, and heart-warming songs, Tony winner Richard Maltby, Jr. and Oscar and Grammy winner David Shire return to the stage with their most personal and affecting show yet. From long-ago love affairs to buried ambitions, to lost keys and tech-savvy grandkids, “About Time” is a funny and touching new musical revue about life, love, and laughter in your third act.

A limited engagement, “About Time” plays at the Marjorie S. Deane Little Theater just steps from Lincoln Center and features direction by Richard Maltby, Jr. and music direction Deniz Cordell, both of whom directed and music directed “The Story Goes On” at the Weathervane. Among the cast of acclaimed Broadway actors is Weathervane Theatre’s Producing Artistic Director, Ethan Paulini.

“It is an honor to be a part of this cast. Boast-



COURTESY The Off-Broadway cast of “About Time,” featuring Weathervane Producing Artistic Director Ethan Paulini (top row - last on right), with creators David Shire and Richard Maltby, Jr (front row center)—photo by Julieta Cervantes.

ing three dozen Broadway credits among them, this is musical theatre performance at its finest,” says Paulini. “To be a part of David and Richard’s historic legacy is something I will cherish forever.”

“The Story Goes On” was Weathervane’s first world premiere musical, but certainly not its last. This season, Weathervane will present two world premiere musicals—“Dorian’s Wild(e) Affair,” an adaptation of Oscar Wilde’s “The Portrait of Dorian Gray,” and “Paperboy,” an adaptation of Vince Vawter’s Newbery Award-winning novel of the same name. Weath-

ervane’s third world premiere this season will be the original play “Glock 17” by Vero Villalobos.

“In recent years, the Weathervane has risen in its national prominence,” says Paulini. “With this comes the opportunity to be on the cutting edge of the theatrical landscape. I am proud to be able to support top-tier artists as they contribute to the canon of new works. It is a privilege to offer these exciting pieces to our patrons, and we hope that support continues to grow!”

Richard Maltby, Jr., one of the artists Paulini refers to, reflects fondly on his time at the Weathervane.

(TheatreMania), tickets for “About Time” are now on sale at TheatreMania.com or at 212-912-2618.

Weathervane’s 61st season runs June 30 – Oct. 11. Additional Season 61 titles include “Tick, Tick...Boom,” Noël Coward’s “Private Lives,” “Rent,” “Xanadu,” “Come From Away,” “Peter Pan Goes Wrong,” and “Anything Goes.” Season 61 single tickets and subscriptions are on sale now at weathervanenh.org and at 603-837-9322.

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I have been practicing law since 1985, after graduating from Vermont Law School. Before starting my legal career, I earned a Master's Degree in counseling from SUNY, Plattsburgh, and completed my undergraduate studies in education at Temple University in Philadelphia. Before entering the legal field, I worked as an inner-city high schoolteacher and ran a cactus business, selling plants as a street vendor in downtown Philadelphia. My legal career began in Saranac Lake and Lake Placid, New York, where I practiced law until 2002. In that year, I passed the New Hampshire Bar and relocated to New Hampshire to continue my practice. I am an active member of the New Hampshire Bar Association. Over the years, I have served as President of the Grafton County Bar Association and as Chair of the Alternative Dispute Resolution Section. I also served on the New Hampshire Bar Association Board of Governors for 2 terms. Currently, I am a member of the New Hampshire Bar Legislative Committee and a Fellow of the New Hampshire Bar Foundation.

I also hosted a weekly radio show called "Family Law Talk Radio," which featured professionals with expertise in various related subjects. In recent years, I have focused my practice on Estate Planning and administration. This includes drafting wills and trusts, as well as probate and trust administration.

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CLUES ACROSS

1. “Bird of Paradise” constellation

5. Red Sox WS winner Bronson

11. Whirl

12. The State Dept. has a notable one

16. Energy, style and enthusiasm

17. Part of the mind

18. Mountainous country

19. Type of beverage

24. Atomic #109

25. Opposite of falsities

26. Female sheep

27. Rocky peak

28. Sensitive information sharing environment

29. Ethnic group of Thailand

30. Patron saint of Rome Philip

31. Psychedelics

33. Japanese pine

34. Have an impact on
38. Violent disorder

39. A French river

40. Early Mesoamerican civilization

43. Messenger ribonucleic acid

44. Musician Clapton

45. Ancient Greek sophist

49. Largest English dictionary (abbr.)

50. Valley

51. A way to unwind

53. Atomic #93

54. Recommending

56. Indigo bush

58. Larry and Curly’s pal

59. Off-Broadway theater award

60. Fencers

63. Small Eurasian deer (pl.)

64. Relating to songbirds

65. A way to assign

CLUES DOWN

1. Some are “secret”

2. Intestinal openings

3. Distant planet

4. Assembly possessing high legislative powers

5. Genus of typical owls

6. One with distinctively colored hair

7. Red cross

8. An alternative

9. Abominable snowmen

10. About ear

13. The opening letters

14. Feeling of regret

15. Atomic #39

20. Luteinizing hormone

21. Atomic #55

22. Carries a debt

23. Albanian monetary unit

27. Semitic abjad letter

29. Yes

30. Negative

31. Earn a perfect score

32. Connecticut
33. Partner to cheese

34. Snack nuts

35. Quadruped’s body part

36. Locate

37. Pitching statistic

38. “___, myself and I”

40. Utah city northwest of Provo

41. Football players in the trenches

42. One who runs the show

44. Wood

45. Performing artists

46. Slang for a cut

47. More breathable

48. Most crafty

50. Provokes into action

51. University of Dayton

52. Sodium

54. Large fish of the mackerel family

55. Not one

57. ___ and behold

61. Sports highlight show

62. “The Great Lakes State”

NCCA Jean’s Playhouse launches 40th Anniversary Season with cult favorite “BAT BOY: The Musical”

LINCOLN — North Country Center for the Arts at Jean’s Playhouse proudly kicks off its 40th Anniversary Season Theatre offerings with the wildly entertaining cult hit “BAT BOY: The Musical,” running for one week-end only, March 20–22. Bold, hilarious, and gleefully over-the-top, this limited engagement marks the first musical of the milestone season and sets the tone for a year of daring and dynamic programming.

Based on the infamous Weekly World News headline, “BAT BOY: The Musical” tells the story of Edgar, a half-boy, half-bat creature discovered in a cave in West Virginia. Taken in by a small-town family, Edgar attempts to assimilate into human society, only to encounter fear, prejudice, religious fervor, and long-buried secrets. What unfolds is a fast-paced, genre-bending musical that swings from outrageous comedy to genuine emotional depth, blending horror spoof, social satire, and soaring pop-rock anthems into one unforgettable theatrical ride.

At first glance, a musical about a “bat boy” may sound absurd — and it is — but that is precisely its brilliance. “BAT BOY” is unapologetically campy, laugh-out-loud funny, and surprisingly heartfelt. Audiences who have never heard of the show may wonder how such a premise could possibly work on stage. The answer: Spectacularly! With clever writing, infectious music, and fearless performances, the show has earned a devoted cult following over the years. The musical recently enjoyed renewed national attention with a widely acclaimed New York City Center production that garnered significant praise and reminded theatre lovers why “BAT

BOY” remains such a singular and beloved work.

The production stars Nick Rubano as Edgar (Bat Boy), alongside (NCCA Alum and TikTok sensation) Kayla Moore as Shelley Parker, Jennifer Hope as Meredith Parker, and Kristofer Holz as Dr. Parker. The dynamic ensemble includes Jim Gocha, Scott Sweatt, Jeremiah Burch, Rachel Roth, Julia L. Williams, and Brent Hetrick, each portraying multiple roles that bring the eccentric small-town world vividly to life. The show is directed by Executive Artistic Director Joel Mercier, with music direction by Tommy Bergeron and choreography by Julia L. Williams. The creative team also includes Stage Manager Mariana Jennings, Assistant Stage Manager Erin McElrath-Templin, Scenic Designer Andrew Stuart, Costume Designer Emily Nelson, Sound Designer Tyler Soucy, and Prosthetics Designer Rachel Sargent.

With its high-energy score, sharp wit, and unapologetic theatricality, “BAT BOY: The Musical” is not your typical night at the theatre — and that’s exactly the point. Embrace something bold, bizarre, and brilliantly entertaining, this one-weekend event promises an experience that is as hilarious as it is unforgettable.

Performances take place Friday, March 20 at 7:30 p.m.; Saturday, March 21 at 2 and 7:30 p.m.; and Sunday, March 22 at 2 p.m. at Jean’s Playhouse in Lincoln, NH. Tickets are available at www.jeans-playhouse.com.

For one weekend only, Jean’s Playhouse invites audiences to sink their teeth into the outrageous fun and celebrate the start of a very special 40th anniversary season.

What is a Dirty Cello? Find out at the Alumni Hall March 27

HAVERHILL — Alumni Hall welcomes the band Dirty Cello March 27 at 7:30 p.m.

The band Dirty Cello is a globe trotting band that performs blues, rock and Americana, all fronted by virtuoso cellist Rebecca Roudman. A classically trained symphony player, Roudman dropped the straight-jacket of classical music years ago and hasn’t looked back since.

“We travel all over the place,” says Roudman, “and everywhere we go, the idea is to put on a high energy show. We’re a rock band, but with a cello instead of a lead guitar.” The Dirty Cello band really does get around - with shows from Iceland, to China, to a Santa Cruz nudist resort. The band will be performing at the Alum-

ni Hall.

Among their many descriptions, Oakland Magazine describes the group as, "Dirty Cello’s music is all over the map: funky, carnival, romantic, sexy, tangled, electric, fiercely rhythmic, and textured, and only occasionally classical." Roudman agrees with this description and adds, “We’re all about the fun at our shows and we step on stage with only a vague plan as to what specific songs we are going to play, and we react to what the audience wants to hear and adjust accordingly.”

With a set list ranging from Jimi Hendrix to Charlie Daniels to rocking original songs, the band can deliver on this promise. Tickets for the concert are available at DirtyCello.com

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NHSaves Button Up workshop hosted by Carroll Energy Commission



TWIN MOUNTAIN — NHSaves Button Up, the popular home energy savings workshop series, is coming to Twin Mountain. The Town of Carroll Energy Commission is presenting this free workshop for residents. It will take place on Tuesday March 31 from 6-7:30 p.m. at the Town of Carroll Town Hall Community Room located at 92 School St., Twin Mountain, NH 03595. This is also available on Zoom. To get the Zoom link, email energycommission@carrollnh.gov. The workshop is sponsored by NHSaves and coordinated statewide by the Plymouth Area Renewable Energy Initiative (PAREI). NHSaves is a collaboration of New

Hampshire’s electric and natural gas utilities (Eversource, Liberty Utilities, NH Electric Cooperative and Unitil). The utilities are working together to provide New Hampshire customers with information, incentives, and support designed to save energy, reduce costs, and protect the New Hampshire environment. PAREI of Plymouth, NH is working with local groups around the state to bring these workshops to the public on behalf of New Hampshire’s utilities. The NHSaves Button Up Workshop is a one-and-a-half-hour presentation plus Q&A about how to improve the energy efficiency of your home. It is conducted by a certified energy auditor and covers

basic building science principles, as well as examples of whole house weatherization measures that will button up your home for the heating and cooling seasons. It also covers details about the energy efficiency programs offered by New Hampshire utilities (for existing homes and new construction) that provide energy audits, weatherization measures such as air sealing and insulating, and rebates on new technologies and products such as electric and gas appliances and high efficiency electric heating/cooling equipment. New Hampshire residents wishing to use energy more efficiently, conserve energy and save money on their heating and cooling

ills, will find the workshop presentation very helpful. The local workshop organizer, Bill Vecchio, said, "We are bringing this workshop to Twin Mountain because it offers valuable and practical information about how to save energy and reduce costs while making our homes more comfortable. The information about available funding can also help make these improvements possible for more people. With the high cost of energy, efficiency is now more important than ever. We hope many people will take the time to attend this informative workshop." The workshop is free and no registration is necessary. For more information on the Twin

Mountain NHSaves Button Up or other NHSaves Button Up Workshops also recommend the public sign up with NHSaves Facebook and Instagram pages for up-to-date information on energy saving tips and programs. sion@carrollnh.gov. Workshop organizers also recommend the public sign up with NHSaves Facebook and Instagram pages for up-to-date information on energy saving tips and programs.

Historian presents on “Redcoats and Rebels: NH and the American Revolution”



Mary Adams BERLIN — The third presentation in the Great North Woods Winter/Spring Series Notable NH: 250 Years in the Making, “Redcoats and Rebels: NH and the American Revolution,” will be presented by Mary Adams of the NH Historical Society will take place on Wednesday, April 1 at 6 p.m. New Hampshire often gets overlooked in the narrative of the American Revolution, overshadowed by its noisy neighbor to the south. Nowadays, few people know about Paul Revere’s first ride, which was to Portsmouth in December 1774 to warn the patriots that the British were coming to reinforce Fort William and Mary, five months before the Redcoats marched on Concord and Lexington. Nor do they know that two-thirds of the troops at the Battle of Bunker Hill were from New Hampshire. Most people are also unaware that New Hampshire’s Provincial Congress adopted the first state constitution in January 1776, making no mention of royal authority and essentially declaring independence from Great Britain six months before anyone else. And this is just the beginning of New Hampshire’s revolutionary story. Lucky enough to have been born and raised in New Hampshire, Mary Adams has always loved surrounding herself with history. She is currently on staff at the New Hampshire Historical Society, where she has played a pivotal role in presenting the Granite State Stories programs for Humanities to Go in 2023 and 2024. She narrates many of the Society's video productions, including virtual field trips for children, and delivers workshops for adult audiences on organizing cemetery tours and scavenger hunts. Her passion for storytelling led her into a career as a tour guide, serving in locations like San Francisco, Boston, and her favorite, Glacier National Park. Adams also serves as the Director of Client Delight for the non-profit, The Pursuit of History, where she creates specially curated, one-of-a-kind experiences aimed at inspiring broader public engagement with history. Adams is an enthusiastic, down-to-earth speaker with a deep knowledge of New Hampshire history and a talent for making it engaging and accessible. She brings warmth, curiosity, and a light sense of humor to her programs and genuinely enjoys connecting with attendees and hearing their stories. Mary delights in creating welcoming conversations where participants connect history to their own lives and communities. There are three ways to enjoy this presentation: in person with Mary Adams at the White Mountains Community College in Berlin, NH, at a watch party via Zoom at the Randolph Public Library in Randolph, or via Zoom from the comfort of your own home by pre-registering at www.wmcc.edu/library-events/. This program is made possible with funding from the New Hampshire Humanities to Go Program and the Gorham, Randolph, and Berlin Public Libraries, and the Fortier Library at the White Mountains Community College, Berlin.

Theatre UP presents “Beetlejuice JR.”

LITTLETON — Theatre UP invites audiences to attend our youth production of “Beetlejuice JR.,” presented at the Littleton Opera House on March 27, 28 & 29. The ghost-with-the-most comes to the stage in “Beetlejuice JR.,” the frightfully funny musical based on the beloved motion picture turned Broadway phenomenon. Lydia Deetz is a strange and unusual teenager, still grieving the loss of her mother and obsessed with the whole “being dead thing.” Lucky for Lydia, she and her father move to a new house haunted by a recently deceased couple and Beetlejuice, a delightful demon with a real zest for life. When Lydia calls on Beetlejuice to scare away any-

one with a pulse, this double-crossing specter shows his true stripes, unleashing a (Nether) world of pandemonium. With music and lyrics by Tony Award-nominee Eddie Perfect and a book by Tony Award-nominated pair Anthony King and Scott Brown, Beetlejuice was nominated for eight 2019 Tony Awards including Best New Musical. The musical struck a chord with young theatre lovers who adored its unabashed humor and emotional honesty. Beetlejuice JR. is a musical adaptation from this full length Broadway musical and runs approximately one hour long. Initially created for the generation that made it a hit, Beetlejuice JR. is a wacky theatrical party for all! Performance Infor-

mation Friday, March 27 at 7 p.m. Saturday, March 28 at 3 and 7 p.m. Sunday, March 29 at 2 p.m. All tickets are \$15 and all seating is reserved. “Beetlejuice JR.” is a musical adaptation from the full length Broadway musical and runs approximately one hour long. Purchase online at www.theatreupnh.org or contact the box office at 603-707-4615 or info@theatreupnh.org Walk-in Box Office hours at 2 Cottage St. are Fridays March 6-27 from 3-6 p.m. “Beetlejuice JR.” is presented through special arrangement with Music Theatre International (MTI). All autho-

rized performance materials are also supplied by MTI. www.mtishows.com Follow Theatre UP on our Facebook page (www.facebook.com/theatreupnh) and Instagram account (www.instagram.com/theatreupnh/) for behind-the-scenes footage as we showcase our talented cast & crew! Theatre UP is a not-for-profit community theater company, serving the North Country with quality theatrical experiences for 45 years. Our mission is to “Create Exceptional Theatre Experiences to Enrich our Community,” making live theatre accessible to interested thespians and audiences in the heart of downtown Littleton.

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Local News

Mountain Village Charter School & Groovy Noodle partner for “Noodle Night” fundraiser

PLYMOUTH — On March 26 from 3-8 p.m., Groovy Noodle will donate 15 percent of all mac and cheese and ramen dishes sold to support Mountain Village Charter School (MVCS). Community members are invited to dine in or order take out and enjoy their favorite comfort food while supporting local students through this one-night fundraiser.

Affectionately dubbed “Noodle Night,” this event offers a simple and delicious way for families, friends, and neighbors to make a meaningful impact. Every bowl of creamy mac and cheese and steaming serving of ramen will help fund student programs, classroom resources, and enrichment opportunities at MVCS.

“We’re excited to partner with Mountain Village Charter School for this fun and flavorful fundraiser,” said Sarah, owner of Groovy Noodle. “Supporting local schools strengthens our entire community, and we love being able to give back in a way that brings people together around great food.”

School leaders say the partnership reflects the strong communi-



ty spirit that supports MVCS students.

“At Mountain Village Charter School, we believe education is a collaborative effort between families, educators, and the wider community,” said Merrill DeGraff, Head of School at MVCS. “We are grateful to Groovy Noodle for creating such an easy and enjoyable way for people to support our students. It’s a wonderful example of local businesses and schools working together.”

Supporters are encouraged to invite friends, share the event on social media, and make March 26th a night out for a good cause.

Mountain Village Charter School is a free public charter school dedicated to fostering curiosity, academic excellence, and character development through a student-centered learning environment. By cultivating critical thinking, creativity, and a strong sense of community, MVCS empowers students to grow as confident, engaged learners. To learn more about Mountain Village Charter School, visit MountainVillageCharterSchool.org.

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Local News

Pemi-Baker Hospice & Home Health to offer grief & loss support group

REGION — Pemi-Baker Hospice & Home Health invites community members to take part in an upcoming Grief & Loss Support Group series centered on “The Needs of Mourning,” a compassionate, structured approach to understanding and navigating grief.

This six-week series is inspired by the work of Dr. Alan D. Wolfelt, PhD, one of America’s leading specialists in grief and mourning and director of The Center for Loss & Life Transition. Dr. Wolfelt has identified six essential needs of mourning—guiding principles that help individuals move through grief in a healthy and meaningful way.

Throughout the sessions, participants will explore these six needs:

- Acknowledging the reality of the death
- Embracing the pain of the loss
- Remembering the person who has died
- Developing a new self-identity
- Searching for meaning
- Receiving ongoing support from others

The group will meet weekly on Tuesdays at 10:30 a.m., beginning April 14 and continuing April 21, April 28, May 5, May 12, and May 19.

All sessions will take place at the Plymouth Regional Senior Center, in the upstairs art room, which is accessible by elevator. Participants who require a parking slip are encouraged to arrive by 10:15 a.m. to obtain one at the front desk.

“Grief is a deeply personal journey, but no one has to walk it alone,” said Guy Tillson, Bereavement Coordinator. “This group offers a supportive environment where individuals can share, reflect, and learn tools for coping and healing.”

Pre-registration is required. To sign up or learn more, please contact Guy Tillson, Bereavement Coordinator, at 603-536-2232 or via email at info@pbhha.org.

While not required for participation, attendees may find it helpful to read “Creating Your Grief Plan: The Power of Befriending the Six Universal Needs of Mourning” by Dr. Wolfelt, which expands on the concepts discussed in the group. The book is available through major on-line retailers and local bookstores.

Additionally, those interested in learning more about the six needs of mourning may find helpful insights in an hour-long “Interview with Dr. Wolfelt: The Six Needs of Mourning (May 2020)” available on YouTube.

Pemi-Baker Hospice & Home Health is a trusted, nonprofit agency proudly serving 32 towns in central and northern New Hampshire since 1967. Expert services include at-home health-care and physical therapies (VNA), hospice and palliative care, and community programs

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Pemi-Baker is located at 101 Boulder Point Dr., Suite 3, Plymouth. To contact us please call: 603-536-2232 or

email: info@pbhha.org Like our Facebook Page: [@pemibakerhospicehomehealth](https://www.facebook.com/pemibakerhospicehomehealth)



REAL ESTATE



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All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.

(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

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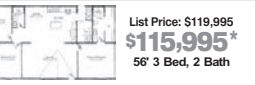
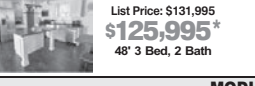
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 Lancaster Spacious 4-bedroom, 3-bath country home on 11 private acres. Features an eat-in kitchen, fireplace living room, family room, and 3-bay garage. Peaceful setting with room to relax and enjoy nature. \$470,000	 Maidstone Lake Retreat Charming 2-bedroom, 2-bath year-round lake home with 146' private frontage. Open living area with stunning lake views, new deck, two docks, firepit, 2-bay garage, generator, and modern upgrades. \$575,000	 Stratford Well-maintained 2-3 bedroom, 2-bath home built in 2012 on 2 private acres. Cathedral ceilings, loft/game room, heated garage, mountain views, and direct ATV & snowmobile trail access. \$440,000
 Whitefield 2,400 sq ft commercial building on .89 acres along busy Route 3. Built in 1990 with open layout, paved parking, and expansion potential. High visibility location. Currently rented with income potential. \$299,000	 Lancaster 2-3 bedroom New England home on 0.56 acres with 2-car garage and fenced yard. Renovated kitchen with quartz counters, wood stove, hardwood floors, tin ceiling, metal roof, and modern updates throughout. \$279,500	 Whitefield Federal-style 3-unit property within walking distance to amenities. Flexible layout allows owner-occupied 4-bedroom, 3-bath home plus rental unit for income. Metal roof, updated electrical, spacious parking. \$279,500

Local News

Spring is in the air at Forest Society North at The Rocks

BETHLEHEM — The Society for the Protection of New Hampshire Forests is proud to announce its spring program lineup at Forest Society North at The Rocks. This season’s schedule features a series of mindful walks and expert-led presentations,

Northern Grafton County Republicans meet April 14

LITTLETON — The Northern Grafton County Republican Committee will hold its monthly meeting on Tuesday, April 14 at the Littleton Senior Center, 77 Riverglen Lane, Littleton. Refreshments and socializing will be at 6 p.m., and the presentation will begin at 6:30 p.m.

Victor Orlando of Hollis will be the guest speaker, and he will talk about his candidacy for the US Congress for western New Hampshire, US Congressional District 2 (CD-2).

Republicans and like-minded conservatives are welcome to attend. For information, contact jani-cenovak@myfairpoint.net, or call 603-823-5011 (landline, no texting, leave voice message).

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NEW ENGLAND SKI MUSEUM

SKI ENTHUSIASTS WANTED!

Seeking social and creative self-starters who love skiing! The New England Ski Museum is seeking part-time museum associates for our North Conway and Franconia locations. Assist with museum operations, volunteer and/or membership coordination, retail sales, and in creating optimal visitor experiences! Work with a small collaborative team in a historic ski museum setting with growth opportunities to develop skills in exhibit design, programming and events, and marketing. To apply or for questions, please send a cover letter and resume to jenn@skimuseum.org.



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culminating in the highly anticipated Annual Wildflower Festival on May 30.

Featured events

The Art of Wildlife Illustration Friday, May 1 | 5:30 – 6:30 p.m. Acclaimed wildlife illustrator Matt Patterson kicks off the season by sharing insights into his career and conservation efforts. Patterson will discuss his process of observing subjects in the wild, the importance of wildland preservation, and how his field experiences translate to the canvas.

- Cost: \$10 for members; \$15 for non-members.

Birds & Bands: A Morning of Avian Exploration Wednesday, May 13 | 7:30 a.m. – noon This immersive program begins with a guided bird walk led by Chris Costello, followed by a deep dive into waterfowl research with Jessica Carolini, Waterfowl Project Leader. Carolini will demonstrate how duck banding serves as a vital tool for conservation. The morning concludes with a beginner-friendly session on ethical bird photography led by Emily Cote, focusing on equipment basics and habitat respect.

- Cost: \$25 for members; \$35 for non-members.

The Annual Wildflower Festival Saturday, May 30 | 9 a.m. – 4 p.m. Celebrate the beauty of spring and the vital connection between native blooms and their pollinators. This full-day event is split into two immersive sessions, separated by a one-hour lunch break.

Morning and afternoon sessions

Guided Wildflower Walk: Join wildflower enthusiast Ginny Jeffries and Senior Outreach Manager Nigel Manley for a three-hour hike along the historic Mile Path. This is a rare opportunity to explore an area typically off-limits to the public and discover diverse woodland plants and seasonal blooms.

The Art & Science of Beekeeping: Meet apiarist Dennis Rosolen, who brings over seven years of

experience to this engaging presentation. Learn about the life cycle of the honeybee (*Apis mellifera*), view essential beekeeping equipment, and discover the history of apiculture at The Rocks with Forest Society staff.

- Cost: \$25 for members and \$35 for non-members.
- Details: Limited to 22 participants.
- Preparation: Participants should bring lunch/snacks, water, bug spray, and sunscreen.

About The Forest Society

Established in 1901, the Forest Society is a private, nonprofit land trust and forestry organization that owns more than 200 forest conservation properties—nearly 67,000 acres in 105 New Hampshire communities—and holds conservation easements that permanently protect an additional 140,000 acres statewide. Forest Society properties are open to the public and draw more than 500,000 visitors annually. To learn more or become a member, please visit forestsociety.org.

About The Rocks

The Rocks is a 1,400-acre property, owned and managed by the Forest Society. Built as a working farm in the 1880s by John Jacob Glessner, a cofounder of International Harvester, The Rocks retains much of the grandeur of White Mountain



JOSHUA SPAULDING

Littleton’s Addison Pilgrim earned Division IV All-State Honorable Mention to finish off her junior year.

ALL-STATE
(CONTINUED FROM PAGE A1)

McKenna Kelley of Berlin and Olivia Lorenz of White Mountains Regional.

Also earning First Team honors were Player of the Year Emma Toriello of St. Thomas, Sophia Grillone of Fall Mountain and Marlee Carroll-Clough of Monadnock.

Second Team was also presented to Meadow-Miah Mitchell of Raymond, Lexi Korbet of Hopkinton and Jenna Fillion of Fall Mountain.

Honorable Mention was also earned by Abby Jarvis and Kelsey Fillion of Fall Mountain, Audrina Pelton of Stevens, Madden Huff of Kearsarge, Sophia Huynh of Raymond, Zoe Bishop of Hopkinton, Mollie Gaynor of St. Thomas and McKenzie Ripley of Campbell.

Jarvis, Kennah Scott of Berlin, Ella Santaw of Monadnock, Paige Boudette of Hopkinton and Paige Harding of Prospect Mountain were all name All Defensive Team.

Gilford’s Scott Currier was named Division III Coach of the Year while his assistant coach, Celeste Best, was named Division III Sub Varsity Coach of the Year. Olivia Richard of Berlin was presented the Jack Ford Scholar Athlete Award.

In Division IV, First



JOSHUA SPAULDING

Juju Bromley of Littleton was named All-State Honorable Mention for Division IV and also earned All Defensive Team honors.



JOSHUA SPAULDING

Morgan Crocker of Woodsville was named Division IV All-Defensive Team for her senior season.

Team honors were presented to Delaney Whiting of Groveton and Leah Poulton of Littleton while Second Team honors were earned by Makayla Walker of Woodsville and Ella Horsch of Littleton. Earning Honorable Mention were Addison Pilgrim and Juju Bromley of Littleton, Makalyn Kenison and Mylee Kenison of Groveton, Addison Koehler of Profile, Alicia Johnson of Moultonborough and Katie Houston of Woodsville.

Joining Whiting and Poulton in earning First Team honors were Player of the Year Ava Buchanan of Portsmouth Christian, Hailey Rossitto of Colebrook, Amaya Beckles of Newmarket and Ryenn Pedrone



JOSHUA SPAULDING

Addison Koehler of Profile was presented Division IV All-State Honorable Mention in her final season.

of Holy Family.

Second Team was also presented to Zoey Johnson of Farmington, Lucy Treece of Mount Royal, Lexi Santamaria of Colebrook and Ellie Hopkins of Nute.

Also earning Honorable Mention were Kiara Rugora of Newmarket, Shaylee DiPrizio of Farmington, Alyvia Jaimes and Sienna Grondin of Pittsburg-Canaan, Isabella Stevens of Portsmouth Christian, Sienna Gregory and Breanna McCabe of Mascenic and Grace Thibault of Holy Family.

Bromley, Makalyn Kenison and Woodsville Morgan Crocker earned All Defensive Team honors along with Lydia Edgerly of Newmarket, Rossitto and Mariana Vicinanza of Holy Family.

Derek Tremblay of Mount Royal was named Division IV Coach of the Year while Moultonborough’s Johnson was presented the Jack Ford Scholar Athlete Award.

In Division II, Kingswood’s Caelynn Blattenberger and Plymouth’s Ella Duchette both earned Honorable Mention.

First Team honors for Division II went to Player of the Year Shea Hanson of Milford, Payton Vaughn of Bow, Ana O’Donnell of Hollis-Brookline, Emma Lapierre of Coe-Brown,



JOSHUA SPAULDING

Katie Houston of Woodsville was named to the Division IV All-State Honorable Mention team.

Grace Riley of Pelham and Kate Stephens of Pembroke.

Earning Second Team honors for Division II were Anna Fazelat and Holly Dufoe of Derryfield, Anne Phillips and Hailey Steinmetz of Pembroke and Jade Lucas and Emma McNutt of Merrimack Valley.

Joining Blattenberger and Duchette in earning Honorable Mention were Izzy Navoy of Merrimack Valley, Sophia Guianazzo of Pelham, Zofia Rosenfield and Nayaa Dineshkumar of Souhegan, Ava Strazzeri of Pembroke, Samantha Disco of Hollis-Brookline, Wren Horne of Oyster River, Ella LaFlamme an Emma Sloper of Derryfield, Lauren Longley and Bella Berg of Bow, Madison Taylor of Coe-Brown and Addie Tullar of Hanover.

Lucas, Steinmetz, Fazelat, Brooke Bouchard of Hollis-Brookline and Lanai Hickman of Souhegan all earned All-Defensive Team honors.

Heidi Moore of Hollis-Brookline and Noah Cummings of Pembroke shared Division II Coach of the Year honors and Janessa Lofton of Hollis-Brookline was named Sub Varsity Coach of the Year.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Soil scientist Joe Homer to present “Let’s Talk Dirty” in Sugar Hill

SUGAR HILL — The Sugar Hill Improvement Association is pleased to announce a special community presentation, “Let’s Talk Dirty,” by soil scientist Joe Homer, taking place on April 14 at 5 p.m. at the Carolina Crapo Building.

In this engaging and informative talk, Homer will explore the fascinating world beneath our feet — soil. From how soil forms to why it plays a crucial role in agriculture, environmental health, and climate resilience, attendees will gain a deeper understanding of why healthy soil matters to everyone.

Designed for students, gardeners, farmers, and community members alike, “Let’s Talk Dirty” will cover topics including:

- The basics of soil composition and structure
- Soil’s role in food production and ecosystems
- Practical tips for improving soil health
- How soil conservation benefits local communities

Joe Homer brings years of experience in soil science and environmental education. His approachable style and passion for



the subject make complex scientific concepts accessible and enjoyable for audiences of all ages.

Local residents are already expressing enthusiasm about the upcoming event.

“As a gardener, I’m excited to learn more about what’s really happening in my soil,” said longtime

resident and board president Lissa Boissoneault. “Healthy soil makes all the difference, and I’m looking forward to hearing practical advice we can use at home.”

“I think it’s wonderful that the Sugar Hill Improvement Association is hosting educational talks like this for the whole community,” added Sally Russell, a local resident and former educator. “Soil health directly affects our crops and our livelihoods. The more we understand it, the better off we all

are.”

“This presentation is a wonderful opportunity for our community to learn more about the foundation of our natural world,” said Marcia Roosevelt, a local resident. “Healthy soil supports healthy communities.”

The event is open to the public, and underwritten as a part of the Carolina Crapo Education Fund. This fund was established by Henry Crapo, in honor of his wife, Carolina shortly after the Sugar Hill School burned to the

ground in 1948. The funds are administered by elected Sugar Hill Trustees for projects identified by the Sugar Hill Improvement Association for the betterment of the town of Sugar Hill. The Carolina Crapo Trust fund provides also provides book awards for students pursuing their ongoing training or schooling in addition to bringing speakers to the town.

Community members are encouraged to attend and discover why, when it comes to the environment, it pays to “talk dirty.”

Badger Peabody & Smith Realty welcomes Bob Matheson

FRANCONIA — Badger Peabody & Smith Realty announced that seasoned real estate professional Bob Matheson has joined the firm, bringing more than 25 years of experience in residential and commercial sales, resort development, and client representation. He will work alongside his wife, Linda Matheson, a longtime member of the firm.

Matheson said the decision to join the firm was driven by what best serves his clients.

“Badger Peabody & Smith Realty offers an extensive and well-supported marketing platform, a large and experienced staff to assist with every stage of a transaction, and a collaborative team approach that provides broader exposure for sellers and greater access to opportunities for buyers, while maintaining the personal attention and market knowledge that are core principles in my business,” Matheson said.

Broker/Owner Andy Smith emphasized the value Matheson brings, citing his deep market knowledge, steady professionalism, and decades of experience assisting buyers and sellers throughout the Lincoln/Woodstock area and beyond.

Originally from Hingham, Massachusetts, Matheson is a graduate of the Massachusetts Maritime Academy and spent 15 years sailing as a merchant officer before settling in New Hampshire’s White Mountains. His real estate career includes resort development sales at Deer Park, Forest Ridge, Bretton Woods, Owl’s Nest Golf Resort and South Peak Resort, giving



COURTESY PHOTO

him strong command of pricing strategies, market cycles, and client advocacy.

Matheson has also been deeply involved in community service. He served as a New Hampshire State Representative from 2006–2010, has served as the Board Chairman for the NH Children’s Trust from 2014–2018, as well as a court-appointed Guardian ad Litem advocating for children.

He welcomes the opportunity to assist past clients and community members with real estate needs or questions about the local market.

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that spans six continents, LeadingRE connects more than 550 firms and 135,000 sales associates who produce more than 1.1 million real estate transactions each year. With combined resources of more than 60 full time agents and eight offices, Badger Peabody & Smith Realty can be reached online at Badger-PeabodySmith.com.

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2/27/2026 thru 3/12/2026

APPOINTMENT OF FIDUCIARIES
Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Mckean, Betsy A, late of Bath, NH. Jacob A Mckean, PO Box 141, Lisbon, NH 03585.

#315-2024-ET-00609

Dated: 3/13/2026

PUBLIC NOTICE TOWN OF LINCOLN PLANNING BOARD Wednesday, April 8, 2026 – 6:00PM Lincoln Town Hall, 148 Main Street, Lincoln, NH

*Hybrid meeting available both in person & via Zoom Meeting Platform to allow for town wide participation. Planning Board Meetings can be attended in-person at the Town Hall Building. Zoom access is for your convenience; use at your own risk. If any technical difficulties or if ZOOM should go down, the meeting will NOT be rescheduled.

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Meeting ID: 817 0076 6161 **Passcode: 179696**
Or dial by your location 1-929-205-6099

PUBLIC HEARING NOTICE – SITE PLAN REVIEW

The Town of Lincoln Planning Board will hold a public hearing on Wednesday, April 8, 2026, at 6:00 PM, at the Lincoln Town Hall, 148 Main Street, Lincoln, NH, and via Zoom, to consider the following application:

Applicant: Matthew Ryan and Allison E. Ryan d/b/a Ryan Properties, LLC
Location: Arthur Salem Way Lot #9
Map and Lot: Map 110 Lot 022
Project Description: The applicant proposes a two-phase development consisting of two buildings on the subject property.

- **Phase One:**
 - o Construction of the first and larger building.
 - o Land will be cleared to just past the proposed parking areas.
 - o The second infiltration basin will not be required during this phase.
- **Phase Two:**
 - o Construction of the second, smaller building.
 - o Completion of remaining water mitigation work, including the second infiltration basin.

All interested parties are invited to attend and provide input. Copies of the site plan and application are available for review at the Lincoln Planning Department during normal business hours.

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Dr. P. Benjamin Schroer, General Surgeon

Littleton Regional Healthcare is pleased to welcome Dr. Schroer, MD, FACS, FICS, as its newest General Surgeon. Specializing in minimally invasive surgery, he is now seeing patients for clinic visits and surgical procedures in Littleton.

Dr. Schroer brings his unique skill set of anti-reflux and foregut procedures to LRH. As a General Surgeon, he is passionate about surgery being minimally invasive on your body, resulting in a minimal impact on your life and work. Dr. Schroer will support LRH's growing General Surgery program with his special expertise in laparoscopic techniques, which allows him to focus on hernia repairs, gallbladder surgery, intestinal surgeries, and more.

Clinical areas of focus include, but are not limited to:

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