



Donna Rhodes
This year's participants for Dancing Under the Stars posed for a group photo after raising a record \$12,690 for Voices Against Violence last week.

Dancing Under the Stars brings in record donations

BY DONNA RHODES
Contributing writer

BRISTOL – Dancing Under the Stars in Bristol's Kelley Park last Thursday was one for the history books when the Voices Against Violence annual fundraiser collected a record amount of donations. The success was all thanks to six dedicated pairs of local dancers and the surrounding communities that came out in support of the nonprofit organization.

Leading off the evening were dancers Danna Shackley and Paul Fleming. Neighbors from Hebron, the two Bristol business owners took on the brave task of

not having a professional dancer for a partner, as is typically done for the competition; instead they turned to YouTube videos to do choreography of their own. Their country dance to the Taylor Hubbard song, "Back Then, Right Now" got everyone excited for what the pair showed to be an evening filled with local talent and great entertainment.

"Unbelievable! You were on fire," raved Judge Danae Dalphonse.

Judge David Suckling said he was "blown away" by their performance and that they showed commitment to the cause.

Next up was the fa-

ther-daughter team of Kevin MacCaffrie and Kelly Salvati. Kelly grew up dancing and agreed to partner with her dad, a Call Firefighter for Bristol Fire Department. Their dance had some challenges however as Kelly lives in Massachusetts but they were able to overcome that obstacle through the internet. They each selected portions of the dance to choreograph, practiced together online and came up with a routine that wowed the judges as well. "Better When I'm Dancing" was their tune and, dressed in pink Hawaiian outfits, they had a "summer vibe" that was impressive as well.

Judge Barbara Mc-

Neil's comment was filled with praise.

"You were on fire the whole time! I was ready to get up there and dance with you guys," she said.

Alexandria/Danbury Police Departments' Administrative Assistant Becky Huntoon said she was "volun-told" to take part in Dancing Under the Stars after Alexandria Police Chief Suckling brought home a trophy last year. She was hesitant at first, but after being paired up with Jeff Brode of Synergy Dance in Ashland, she learned to relax and enjoy the experience. The two brought some fun to the stage last week when they dressed up as Trolls

SEE DANCING PAGE A10

TTCC's Lobster & Chicken Dinner tickets now on sale!



BRISTOL — As the Summer Weather finally settles in without the searing heat and humidity, we can all take a collective breath and Save the Date of Aug. 24 when the TTCC will be holding its annual Lobster & Chicken Dinner Fundraiser. This time-honored classic brings the best from every corner of our community, from Walker's super sweet corn to the music of the Carroll Brown, -the Solitary Man. Last year, we had one of the largest turnouts we have ever had, so please get your tickets early.

This is an amazing opportunity to support your local community center while also enjoying a spectacular surf and turf dinner, super cool music and community comradery that we cannot say enough about. Whenever we have asked for your support, you have answered the call, this is our chance to say Thank you for your continued support. The Lobster

SEE TTCC PAGE A8



Joshua Spaulding
Boats carrying Olympic athletes make their way down the River Seine during last Friday's Openign Ceremony of the Paris Olympics.

A unique Olympic Opening Ceremony and a unique media experience

BY JOSHUA SPAULDING
Sports Editor

PARIS, France — I was excited to see what the Paris Olympic Opening Ceremony brought to the table. My only previous Opening Ceremony was in Beijing and that was an exciting venture. When I got the e-mail from Bill Hancock last week saying that I

had a ticket for the Paris Opening Ceremony, I was thrilled.

For those that don't know, the Paris organizers decided to hold the Opening Ceremony on the River Seine, running through the heart of the city with the teams gathered on boats. The press credentials for this ceremony were certain-

ly different than in the past. There were photo positions for accredited photographers along the Seine and at the Trocadero near the Eiffel Tower. There were also a few press seats at the Trocadero as well and the rest of the press was given access to certain points along the parade route.

The spot that I was given was near the Louvre, which happened to be where the torch came off the river after its trip and headed to inside the Louvre where the Olympic cauldron was lit. I was expecting a ton of security and in some respects, there was.

I decided to walk from the Main Press Center

see OLYMPICS, page A8

Enjoy outdoor laser light show in Waterville Valley

WATERVILLE VALLEY — Waterville Valley Resort Association is sponsoring the first ever outdoor laser light show on Saturday, Aug. 10. The first show lights up the night sky at 9 p.m. and the second show at 9:30 p.m. The best views will be from Waterville Valley's Town Square. Admission to the laser light shows is free and open to all ages.

Prior to the laser light show on Saturday evening, enjoy a free outdoor concert in Town Square featuring Dan Morgan Duo from 6-9 p.m.

Enjoy a performance of "Interactive Robin Hood" at the Theatre Under the Stars outdoor stage on Saturday at 6:30 p.m. This is a fun for all ages, hilarious parody of classic Robin Hood movies that lets the audience decide the plot points (small and large), including the ending! The outdoor show is at the Gazebo Hill Amphitheatre adjacent to Town Square. If there's rain, the show moves indoors to the Snowy Owl Inn. Admission is by donation. House opens at 6 p.m. for general seating and pre-show picnics.

The Denali Hiking Challenge starts on Friday, Aug. 9 and runs through Sunday, Aug. 11. Hikers are challenged to hike five local peaks equaling 20,000 feet in elevation in one weekend (the height of Denali, the highest peak in North America). Participation is free and self-guided. Pre-register by emailing marketing@waterville.com and receive a map, hiker card and t-shirt (limited quantities).

see WATERVILLE, page A8

The importance of mental and behavioral health

PLYMOUTH — Mid-State Health Center, recognizes that mental and behavioral health are fundamental to the overall well-being of individuals and their communities. As a health center dedicated to enhancing community health and providing comprehensive healthcare, we emphasize the critical importance of prioritizing mental health alongside physical health.

Mental health encompasses emotional, psychological, and social well-being, influencing how individuals think, feel, and act in their daily lives. It is essential for coping with stress, building resilience, and maintaining healthy relationships. Similarly, behavioral health focuses on behaviors that impact health, encompassing habits such as diet, exercise, and substance use. Addressing both mental and behavioral health allows us to provide comprehensive care that addresses the holistic needs of our patients.

According to the Substance Abuse and Mental Health Services Administration (SAMHSA), mental health disorders affect one in five adults in the U.S., underscoring the widespread impact of these conditions on our communities. From depression and anxiety to substance use disorders, these challenges can significantly impair individuals' quality of life if left untreated. Mid-State Health Center strives to bridge this gap by integrating behavioral health services into our primary care offerings. By embedding behavioral health specialists under the same roof, Mid-State can provide patients with family medicine, pediatrics, recovery services, and specialty care, to ensure they receive timely and coordinated care.

Behavioral health integration (BHI) not only improves access to care but also enhances treatment outcomes by addressing the underlying factors contributing to both mental and physical health conditions. By providing comprehensive assessments, personalized treatment plans, and ongoing support, we empower our patients to manage their health proactively. Addressing mental and behavioral health issues early can prevent more severe health complications, reduce healthcare costs, and improve overall community well-being. It promotes resilience, productivity, and a higher quality of life for individuals and

families.

At Mid-State Health Center, we are committed to advocating for mental and behavioral health awareness, reducing stigma, and providing compassionate care to all individuals seeking support. Through education, community outreach, and collaboration with local resources, we aim to create a supportive environment where everyone feels empowered to prioritize their mental health. For more information about Mid-State Health Center's behavioral health services or to schedule an appointment, please visit midstate-health.org or contact us at 603-836-4000.

About Mid-State Health Center

Mid-State Health Center delivers primary care and supportive services at locations in Bristol, Plymouth, and Lincoln, offering medical services, dental services, behavioral health counseling, physical and occupational therapy, imaging, infusion, recovery, and care management for the entire family. The mission of Mid-State Health Center is to provide sound primary health care to the community accessible to all regardless of the ability to pay.

Post 36 wins first two games of Junior Legion tournament

BY JOSHUA SPAULDING
Sports Editor

MANCHESTER — The Berlin Post 36 Junior American Legion baseball team kicked off the state tournament at Gill Stadium last Friday and won the first two games of the tournament.

Post 36 opened the tournament on Friday, July 26, taking on Rochester Post 7 and came away with a 5-2 win.

The local boys scored twice in the bottom of the first inning, as Isaac Langlois drove in a pair of runs with a single.

Langlois also got the start on the mound, pitching four innings, giving up just two hits and one earned run while striking out four. Jacob Brown followed him to the mound and pitched two innings of one-hit baseball without giving up a run and Bowen Brown

finished the game out with one inning of work, surrendering one run on one hit.

At the plate, Langlois had a hit, drove in two runs and scored a run while Jake Sanborn had a hit and drove in two runs. Gavin Corrigan had a hit and scored a run while Jack Saladino had a hit and drove in a run. Jacob Brown, Noah Shaw and Joey Cristoforo each scored a run.

The win propelled Post 36 into the next round, where they battled with Salem and needed extra innings before emerging with a 1-0 win.

A Saladino fielder's choice in the bottom of the ninth inning scored Sanborn with the game's lone run and Post 36 had the walkoff win. Sanborn led the offensive charge for the locals

with three hits on the day while Langlois added two and Thomas Daigneault, Shaw, Jacob Brown, Corrigan and Kyle Dodge each added a hit.

Shaw pitched the first five innings on the mound, giving up just three hits and striking out three and Saladino came on and pitched the final four innings, giving up just two hits and striking out five.

The win sent Post 36 into the next round, where the defending champions were scheduled to take on Londonderry after deadline on Sunday night.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



COURTESY

White Mountain Toastmasters club officers for the term of July 2024 through June 2025 were installed by outgoing Division Director Elise Thorsen at the June 5 club meeting. Pictured from left to right are President, Bill Powers, Hebron; Vice President Education, David Dougher, Hebron; Vice President Membership, Kristen Gould, Plymouth; Vice President Public Relations, Joe Reid, Laconia; Secretary, Lilly Hodapp, Plymouth; Treasurer, Ray Mason, Asheville; Sergeant at Arms, Eric Tinker, Center Harbor. Visitors are welcome to attend a few meetings to decide if this is the right club and program to support their goals. White Mountain Toastmasters club meets the first and third Wednesdays at the Common Man Inn & Spa and on Zoom, except during winter holidays. Social time starts at 6:00 PM and the program is conducted from 6:30 to 8 p.m. For more information about the club, please visit <https://5122.toastmastersclubs.org/>. The club mission is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop oral communication and leadership skills, which in turn foster self-confidence and personal growth.

Leah Twohig of Bristol graduated from University of Tampa

TAMPA, Fla. — Leah Twohig of Bristol graduated from The University of Tampa. Twohig received a Bachelor of Science in Sport Management BS.

The commencement ceremony honored 1,717 undergraduate and graduate candidates and included remarks by President Ronald Vaughn, alumni Marty Rifkin and Dr. Xavier Cannella, and the student challenge speaker.

The University of Tampa is a private, comprehensive university located on 110 acres on the riverfront in downtown Tampa. Known for academic excellence, personal attention and real-world experience in its undergraduate and graduate programs, the University has about 200 programs of study and serves more than 11,000 students from 50 states and most of the world's countries.

Maddie Kilfoyle graduates from Bates College

LEWISTON, Maine — Maddie Kilfoyle of Holderness graduated from Bates College in Lewiston, Maine, with a major in Politics.

Located in Lewiston, Maine, Bates is internationally recognized as a leading liberal arts college, attracting 2,000 students from across the U.S. and around the world. Since 1855, Bates has been dedicated to educating the whole person through creative and rigorous scholarship in a collaborative residential community. Committed to opportunity and excellence, Bates has always admitted students without regard to gender, race, religion, or national origin. Cultivating intellectual discovery and informed civic action, Bates prepares leaders sustained by a love of learning and zeal for responsible stewardship of the wider world.

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Heartfelt Quilters Guild continues summer tradition

RUMNEY — Every summer, Heartfelt Quilters Guild delivers a number of quilts to young girls in the Circle Program.

These deliveries are usually made in July, when some of the members of the guild make the trip to camp carrying with them several quilts. This has been an ongoing tradition for several years and we anticipate that the tradition will continue to be for many years to come. Upon arrival at the camp, the quilts are laid out and the girls are able to pick their favorite to cuddle up with during their stay and then take home with them at the end of camp.

This summer, guild members made three trips to the camp with quilts for the girls to choose from. June 26, five girls picked their forever quilts, July 10, 17 girls each chose their favorites, and on the last visit of July 24, 14 girls made their choices. That's a total for 2024 of 36 quilts. Tremendous work by our guild members. The Guild enjoys very much making these quilts for these girls and seeing the happy expressions on their faces warms our hearts.

Guild members also continue their charitable contributions by making and donating quilts to the babies in the Newborn Intensive Care Unit (NICU) at Dartmouth Hitchcock in Lebanon, New Hampshire. These quilts for the babies are very much appreciated by the nurses and staff at NICU. The



next delivery will be made on Aug. 26, and we look forward to seeing the looks on the nurses faces as they receive this precious gift. Most recently the guild received a thank you note from one of the recipients of these quilts. She expressed how much joy and comfort these quilts give.

Instead of a program for the meeting on August 8th we will be holding our annu-

al cookout. Members will each bring food to share and then there will still be a show and tell time of sharing.

Some fun things continued through 2024:

Heartfelt Quilters Guild members continue to participate in a "Color Wash" block exchange which began in January 2024. Check out Terry Rowland Color Wash video on You Tube. We are

in month number 8 of the exchange. Each month a different color is assigned and each member participating makes 30 four-

inch squares using this color. Members then bring them to the next meeting for the exchange. This will be going on until October and after that members will decide how they want to put their Color Wash quilt together. It should be a lot of fun to see everyone's completed quilt.

Another thing the Guild is participating in is two challenges. The first one is the UFO (unfinished objects) challenge. Guild members created a list of all their unfinished projects and as projects are completed they are checked off the list and their name is put in for a drawing at the end of the challenge. The second challenge is called "Anything Musical". Members will create a quilt/wall hanging based on a favorite song, band or musical. Both challenges will be judged at the January 2025 guild meeting and prizes will be awarded to the winners of each challenge.

Still to come: Friday, Sept. 13 – Elizabeth Kimball will be teaching a class on miniatures – cost \$15 Thursday, Sept.

26 Lynn Wheatley will teach a Collage quilt class – cost \$40

Thursday, Oct. 10 meeting program – Michelle Vanasse will be presenting an educational program on "The Color Wheel"

Wednesday, Oct. 16, Tracy Szanto returns to teach her Ink-tense Painting class – Loons – cost \$75

Next guild sew day is Monday, Aug. 5 where guild member, Peg will have information on making a market bag from fabric strips.

Heartfelt Quilters Guild meets on the second Thursday of each month at 5:30 p.m. at the Rumney Baptist Church in Rumney, NH. Our next meeting is scheduled for Aug. 8 and instead of a program we will have our summer barbeque. Regular guild meetings will resume on Sept. 12.

Our Guild continues to grow and there is always room for more members so come join us for some education and fun and bring your creative juices and suggestions with you. We look forward to seeing you

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SALMON PRESS, THURSDAY, AUGUST 1, 2024

CADY Corner

Why prevention matters

BY DEB NARO
Contributor

Every day Central New Hampshire youth make choices—among those are a choice to use or not use alcohol, tobacco, and other drugs. Prevention matters because substance misuse is a serious health and safety risk for our children and communities—we want our kids to make healthy and safe choices. We believe stopping the problem before it starts, or intervening early, are the most responsible, humane, and cost-effective practices to address the problem of substance misuse and addiction. With the scarce supply of treatment services for youth in New Hampshire, prevention is more critical than ever before.

The co-occurrence of risk behaviors is common among young people, research shows those who engage in one risk behavior tend to engage in multiple risk behaviors. For example, national data indicate that those who report having four or more lifetime sexual partners are less likely to use condoms. Those who report having ridden with a drinking driver are nearly 10 times more likely to also report having driven after drinking alcohol themselves. And most youth who report using an addictive substance say they use more than one.

With substance use specifically, three in 10 high school students report drinking alcohol in the past month and, by the time they leave high school, nearly half (48.7 percent) have used marijuana and 17.4 percent have used other illicit drugs. Even though the prevalence of substance use behavior reflected in these data indicate that most young people do not engage in substance use on a regular basis, most adolescents do report having tried one or more addictive substance in their lifetime. And many start early: an estimated 15 percent, 8 percent, and 6 percent of students said they've tried alcohol, cigarettes, and marijuana before age 13.

Youth substance use not only increases the risk of addiction but also has profound health, social, and financial costs. Substance use is directly linked to the three leading causes of death among adolescents – accidents, homicides, and suicides– and is connected to poor academic performance, cognitive impairment, school dropout, unsafe sex, unintended pregnancies, mental health problems, violence, criminal involvement, unsafe driving, and numerous potentially fatal medical conditions. The more frequent and intense the use of addictive substances among young people, the greater the consequences. Use of more than one substance only compounds the risk of negative outcomes.

Even if most young people do not use addictive substances regularly, those who do tend to do so in dangerous ways and to experience the consequences more acutely than adults. For example, most youth alcohol use can be characterized as binge drinking and adolescents who use marijuana are approximately twice as likely to develop a marijuana use disorder compared to adults.

Communities for Alcohol- and Drug-free Youth's (CADY) mission is to help our local youth make healthy and safe choices by working with schools, parents, youth, and communities to prevent and reduce youth alcohol, tobacco, and other substance use and to promote healthy environments and promising futures. We accomplish our work through extensive collaborations, implementation of evidence-based prevention strategies, and high impact, award winning youth programming. To learn more about keeping kids safe and drug free, please visit our Web site at cadyinc.org.



COURTESY

Pictured are members of the Ashland Board of Selectmen, Andy Fitch, Chris Janosa, Charles Bozzello, and Ann-Marie Barney. Seated are Amanda Loud (president, Ashland Garden Club) and club member Jana Flores-Thomas. The Ashland Garden Club recently added the garden at Town Hall to its list of community areas it maintains. In addition to civic beautification, the Ashland Garden Club holds an annual plant sale every May and will be offering a Holiday Greens Sale beginning in December 2025. The Club proudly fundraises for its Shirley Splaine Horticultural Scholarship, awarded each

year to a member of the senior class at Plymouth Regional High School who is planning to pursue future work in biology, horticulture, and/or environmental science. Our next fundraiser will be an "Afternoon of Floral Fun" at 2 p.m. on Nov. 17. We will watch master gardener and award-winning designer (and former resident) Judy Gray demonstrate her modern and traditional floral designs. Space is limited, and tickets are available on our Web site, ashlandnhgc.org. All proceeds will benefit our scholarship fund.

Letters to the Editor

Kamala Harris: A beacon of hope for America's future

To the Editor:

Kamala Harris's Presidential candidacy is both historic and inspiring. As the first woman, the first black woman, and the first South Asian woman to be elected Vice President of the United States, Kamala Harris has broken countless barriers. Her presidential bid is another step forward in the long journey towards true equality and representation in our nation's highest office. Her presence on the national stage is a powerful reminder that our diversity is our strength and that everyone's voice matters.

As an immigrant myself, I feel connected to Vice President Harris. As the daughter of immigrants who rose to prominence through hard work and perseverance, her personal story resonates with millions of Americans. That is the exact representation of the American Dream that all immigrants desire. She fully comprehends the struggles and aspirations of everyday citizens because she has lived them. Her empathy and relatability are crucial in bridging the divides that have become all too common in our political landscape.

As a young Peruvian involved in politics in New Hampshire, I am particularly inspired by Harris's message of unity and hope. We endured years of hatred and xenophobia; we will overcome them together. This failed message that immigrants are destroy-

ing this nation won't go anywhere, and for that, we need President Harris. Her leadership offers hope for those of us striving to make a difference at the local and state levels.

Kamala Harris's presidential candidacy is more than a campaign; it is a movement where the working class, progressives, low-income folks, parents, college students, and everyone else are uniting to make sure we defeat Donald Trump. We cannot let Project 2025 advance, and once we defeat Trump, we have to make sure we defeat his damage and legacy by taking back Capitol Hill and also the corner office in Concord.

When Vice President Harris made her first Presidential rally speech, I smiled while holding my three-year-old daughter. The future belongs to them. When next year we celebrate the inauguration of the first woman president of the United States, I promised my daughters that we would go to Washington and be a part of history. I promised that to them. We will talk about it for generations to come. We have the opportunity to do just that. So let's knock on some doors and let's make history! See you on Inauguration Day!

Sebastian Fuentes
Thornton

In the Spotlight

"La Cage Aux Folles" shines bright at

Winnepesaukee Playhouse

BY GARY JESSEMAN
Contributing Writer

St. Tropez, France. Summer. The nightclub pulsates with the Cagelles performing two shows nightly.

Above the club, is Georges and Albin's apartment. They are a normal, middle-aged couple who struggle with the same issues any couple has. Albin's counterpart, Zaza is the toast of St. Tropez.

All appears normal until Georges' son Jean-Michel arrives, announcing he's getting married. Of course, Georges and Albin are excited, until they learn the girl's parents are not approving of their lifestyle.

Things become chaotic, Albin becomes Jean-Michel's mother, who's never available when needed... things go from bad to worse but in the end compromises are made and all is good.

Winnepesaukee Playhouse knocked it out of the park again with this production. An addition was tables alongside the stage. My cousin and I sat at one

of the tables, and enjoyed interacting with the performers.

The cast was first rate...James A. Skiba as Georges, and Larry Buzzeo as Albin/Zaza are delightful and impressive on their own, and together. Seth Tucker as Jacob the maid is hysterically funny.

Every cast member is great and director Clayton Phillips manages to evoke all the emotions needed to make this show a winner.

A lesson: Always be true to yourself and who you are. Zaza's anthem "I Am What I Am" is done with overwhelming emotion.

"La Cage aux Folles" is on stage through Aug. 3. Next up, a contemporary version of Shakespeare's "Richard III."



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Talk of the Towns

News from our Local Correspondents

Alexandria

Merry Ruggirello 744-5383
merrysunshine51@yahoo.com

Absolutely wonderful weather we’ve been having lately! I hear we’re in for some needed rain in the coming week or so.

From what I’ve seen and heard everyone’s gardens are doing well. Nothing tastes better than fresh from the garden veggies!

Town

Board of Selectmen meeting Tuesday, Aug. 6 at 6 p.m. in the Municipal Building. There will be a work session at 5 p.m.

Alexandria UMC

The Community Dinner scheduled for Saturday, Aug. 3 has been cancelled. Community Dinner will resume on the first Saturday in October. Please note that the Alexandria Volunteer Firefighters Association will have their annual Pig Roast on the first Saturday in September, therefore there will not be a Community Dinner that night. The Pig Roast is a by donation event, and your support is greatly appreciated.

Sunday, Aug. 4, services begin at 10 a.m. with Pastor Mark Lamprey officiating. The services will be held under the tent in front of the vestry.

Saturday, Aug. 10, the annual Alexandria Church Fair will be buzzing in downtown Alexandria! The fun begins at 9 a.m., and will be hosting a number of vendors, a bake sale, white elephant (yard sale!) and there will be a couple of spots for children to make crafts if they wish. Lunch will be served under the cook tent as usual. Of course, the Alexandria Volunteer Fire Department and Police Department will have vehicles on display for one and all.

Hope you have a wonderful week ahead! Keep a smile on your face, a kind word on your lips, a song in your heart and be safe wherever you may roam!

Ashland

David Ruell 968-7716
davidruell@gmail.com

Library Family Fun Day

The Ashland Town Library will have a Family Fun Day from 1 to 3 p.m. on Saturday, Aug. 10, on the Library lawn with games, prizes, popcorn, cotton candy, sno-cones, and a carnival photo booth. So bring your family to the Library for some fun.

State Historical Marker program

Michael Bruno will give an illustrated talk “Cruising New Hampshire History- The New Hampshire Historical Marker Program” at 7 p.m. on Tuesday, Aug. 13, in the Booster Clubhouse. Bruno is the author of a book of a similar name “Cruising New Hampshire History-A Guide to New Hampshire’s Roadside Historical Markers,” a catalog of the 255 state historical markers that had been erected by its publication in 2018. (There are now 291 state markers.) Two such markers were erected in Ashland to remember George Hoyt Whipple and the Boston, Concord & Montreal Railroad. The free public program is sponsored by the Ashland Historical Society (which will also serve refreshments) and is generously funded by the Elaine Hughes Realty Group.

Town Wide Yard Sale

Ashland’s annual Town Wide Yard Sale will be held on Saturday, Sept. 14, only six weeks from this coming Saturday. So start getting out that stuff you do not want any more but might be valuable to someone else, and turn that junk into cash.

Sites (about 10 feet square) for the Yard Sale can be rented in Memorial Park for \$12 each from the Community Council, which sponsors the event. Registration forms for those sites can now be found at the Town Library, Town Office, Shurfine Market and Ashland Lumber, and may be mailed to the Council or left at the Town Library.

Bristol

Al Blakeley
adblakeley0@gmail.com

August already! Where does the time go? I hope for a slower month so we can savor more of summer...

The Annual Bristol Rotary Penny Sale will be held at the Newfound Regional High School on Thursday, Aug. 8 at 6:30 p.m. to benefit the Bristol Rotary Club Scholarship Fund.

The Minot-Sleeper Library has issued a Summer Reading Challenge where participants can read five books and earn two tickets to a Fisher Cats game! You can pick up Summer Reading forms at the circulation desk as an adjunct to the Summer Reading.

The MSL is having a Canvas Tote Bag Fundraiser. Come in and support your library by making a purchase of a tote bag made in New Hampshire!

The Bristol Summer Concert Series will feature local favorite Rebecca Turmel on Thursday, Aug. 1.

The Friends of Minot-Sleeper Library will hold their Book Sale at the MSL lower level on Saturday, Aug. 3 from 9 a.m. until 2 p.m.

On Tuesday, Aug. 6, the MSL will host the UKNH Sea Grant Summer Library Program for grades K-3 at 2 p.m. at the MSL. A marine program focusing on whales and seals will be featured. Please pre-register at the MSL.

On Thursday, Aug. 8, the MSL Summer Reading Program will have its finale with the Joyful Noise Ukulele Band from 1:30 - 2:30 p.m. at the MSL.

The Annual Lobster & Chicken Supper will be held on Saturday, Aug. 24 at Kelley Park in Bristol from 5:30 – 7 p.m. In addition to a wonderful meal, there will be entertainment by “Solitary Man”. Tickets are available at TTCC. For more information, call 744-2713.

Challenger Sports

Summer Soccer Camp will be held from July 29 through Aug. 2 for Tiny Tykes ages three to five from 8-8:45 a.m. for \$85 and for ages six to 12 from 9 a.m.-noon for \$165. To register, call TTCC at 603-744-2713 for the link for Challenger Sports. Early sign-up discounts are available.

The 2024 Household Hazardous Waste Collection will be on Saturday, Aug. 3 at the Newfound Regional High School from 8:30 a.m. until noon. Volunteers are needed. If interested, please contact Chuck Cullen; ccullen@bristol-nh.gov or phone 603-506-2524.

On Friday, Aug. 16, the NH Food Bank will bring a truckload of food to distribute to families and individuals at Newfound Regional High School. This is a drive through event; all items will be distributed to you in your vehicles. This event will be from noon to 2 p.m.

There is a monthly Blood Drive held at the Marian Center at 17 West Shore Rd. on Aug. 13 and Sept. 18 from noon until 5 p.m.

The Bristol Historical Society holds Open House now through September, on Tuesdays from 6 - 8 p.m. and Saturdays from 10 a.m. until noon.

The Newfound Cruzers Antique Car Gatherings take place on Fridays, now through Labor Day from 5 - 8 p.m. at Village Pizza. It’s free. Over 100 cars. Theme nights, raffles and parades!

A Community Breakfast is held at the Masonic Lodge the second Saturday of each month, now through November from 7:30 to 10 a.m., by the Sawhegenit Chapter by donation.

The Bristol Farmers Market and Crafts is held Saturdays now through Oct. 12 from 10 a.m. to 2 p.m. at the Millstream Park.

The TTCC is holding a raffle to benefit the TTCC Youth Baseball and Softball Program. Tickets are available at the TTCC. They are \$10 each and the prizes

are Custom Corn Hole Boards and a Yeti Backpack Cooler. Winners will be announced at the Annual Ron Bucklin & Floyd Colby Golf Classic on Saturday, Sept. 21 at Den Brae Golf Course in Sanbornton.

Campton-Thornton

Joël Freeman 398-4368
bearfootfarm@aol.com

2024 National Night Out

Join our community for a night of celebration on Tuesday, Aug. 6 at the Sugar Shack Campground on Route 175 in Thornton from 5 p.m. to dusk. Enjoy music, games, live demos, food and fireworks! Best of all, this event is free and sponsored by the towns of Thornton, Campton, Plymouth, Waterville Valley and Ashland.

Campton Thornton Transfer Station

Campton Thornton Transfer Station has new stickers. Make sure you get your new sticker before Aug. 31. This is a mandatory recycling facility and transfer station stickers are required for access or use. All residents and/or property owners may acquire a sticker at their appropriate Town Hall or at the Transfer Station, by providing their vehicle registration and proof of residency/ownership with non-New Hampshire registrations. Stickers are vehicle specific and cannot be transferred between vehicles. Stickers shall be affixed to the exterior of any passenger side window. Sticker Enforcement: In an effort to keep costs down,

the staff at the Transfer Station enforce the requirement of stickers. Sticker enforcement is necessary to confirm that ONLY residents or property owners of Campton, Thornton and Ellsworth are utilizing the facility. Please be sure to have your new orange sticker in place as required. Thank you for your continued compliance with sticker requirements.

Thornton Campton Town Wide Yard Sale

Thornton and Campton will hold its first ever town wide yard sale on Saturday, August 3 from 9-3 thanks to Scout Troup #58. Funds collected will be distributed evenly between the Thornton PTO and the Campton PTO. How can you get involved? 1. Register your home yard sale for that day by July 4. The cost is \$15 and you will get marked on the town wide yard sale map. 2. Rent a space a Benton’s Sugar Shack to set up your yard sale there. It is \$25 to register. 3. Come as a shopper to support your community members selling their unwanted items. 4. Donate school supplies or cash/check at the event. 5. Sponsor the event as a personal or business sponsor. 6. Lastly, spread the word! To register, please arrive at the Thornton Town Office meeting on June 28 from 5-6:30 p.m. You do not need to stay for the meeting. You can also register by contacting Steve Hines at 603-252-5957 or stevenhines59@gmail.com or Steve Troiano at 603-398-2288 or stroiano80@gmail.co to arrange a meeting to register.

SEE TOWNS PAGE A6

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Life is just

A Bowl of Blueberries
(You've been to the rest now come to the best)

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Open Wednesday - Saturday 9-5pm, Sunday 12-5pm

Towns

FROM PAGE A5

Campton Library news

Campton Public Library has summer hours until Aug. 19.

Sunday closed, Monday closed, Tuesday 9 a.m.-3 p.m., Wednesday 9 a.m.-3 p.m., Thursday 9 a.m.-3 p.m., Friday 2-7, Saturday 9 a.m.-4 p.m. Join us with the kids or grandkids for any of our fun events this summer! Our events are free and do not require prior registration. We have an outreach visit from the McAuliffe-Shepard Discovery Center on Thursday, July 11. They will lead kids in building and launching paper rockets at the library! For more details and to learn about our other events this summer, please visit our Web site at camptonnhlibrary.com or call us at 603-726-4877.

Thornton Summer Concert Series

Thornton Family Summer Concerts are back! Join us at the Benton Sugar Shack Field for good local music and bring your own picnic. Musicians include: Tribute 4:30-6 p.m., August 4 TBD 3 - 4:30 p.m., Dub Collective 4:30 – 6 p.m., Au. 11 Manning & McBrian 3 - 4:30 p.m. and Fred Willie Hill 4:30 – 6 p.m.

Campton Historical Society program

Join the Campton Historical Society on Monday, Aug. 19 at 7 p.m. for “The History of Franconia Notch” presented by Dan Heyduk. From glacial times to the present, New Hampshire’s Franconia Notch has seen dramatic changes. Its natural wonders and resources - both enduring and fragile - have attracted people with very different visions. The story of the Notch includes geologists and naturalists, teamsters and tourists, hotel entrepreneurs, loggers, conservationists, artists, hikers and skiers. Each found a place there, while nature and time have kept their enduring grip. Now retired, Dan Heyduk did anthropological and archaeological research in South America, was a college professor, and ran educational programs worldwide, before settling in New Hampshire.

Holderness

Fran Taylor 968-3846

On Friday, Aug. 2, there will be a panel of climate scientists from Climate Up Close who are ready to answer your questions about the changing climate. Event is co-hosted by the Science Center, SLCS and the SLA. The panel will be speaking at the Science Center. There’s a link @squam-lakes.org to learn more and register for the event.

If you know of anyone new to town who has a school age child who will be attending the Central School, please have them contact our school Secretary Ann McKenny at amckenny@pembaker.org or call 603-536-1772. The

first day of school is Aug. 26.

The Pemi-Baker Regional School board is seeking a Holderness citizen to fill a vacant high school board seat due to the resignation of a board member. The appointment will extend to March 2025. Residents interested in filling the vacancy should send a letter of interest by Friday, Aug. 16 to: Lynn Davis HR Coordinator at ldavis@pembaker.org.

Very busy in the town center with parking spaces fully taken. Please respect the Library, Post Office and other office spaces in the PO area.

If you missed the Hazardous Collection Day last Saturday you can still bring your items to Bristol or Moultonborough on Aug. 3. The Moultonborough transfer station is off the Neck Road (Route 109). Bristol is off River Road near Newfound High School; check <https://www.lakesrpc.nh.gov/> for more information.

Selectboard is looking for alternates to sit on town boards including the Planning Board, Conservation Commission and the Zoning board. Alternates are asked to sit in when a member can’t be present. They need to be familiar with the regulations involved in those discussions so, if you’re interested go to the Town homepage and do some reading.

The Library requests that all children’s Summer Reading Logs be turned in.

This year’s Storywalk featuring “The Voyage of Turtle Rex” by Kurt Cyrus is at Curry Place starting at the Gazebo behind the Post Office., This is a wonderful way for adults and children to enjoy a great story and the outdoors at the same time. This display ends on Labor Day so, don’t miss out!

Noon Book Group will be discussing Edith Wharton’s “Ethan Frome” on Wednesday, Aug. 21. Copies are available at the circulation desk.

Looking for something to do in the area? You might enjoy a visit to the Wright Museum of WWII in Wolfeboro. The museum has something for all ages and is frequented by school groups who want to learn more about that time in history. Might add, there are many good eateries in town!

The SLA’s tenth annual Squam Canoe Classic Bass Fishing Tournament Takes place on Saturday, Aug. 10 from 8 a.m. - 1 p.m. Registration is free, limited to 20 boats. Register online @squamlakes.org.all boats must be human powered and tackle must be lead-free.

This week the Gordon Research attendees will be discussing Plant Molecular Biology. Plant communication: Understanding signal creation, transmission,

and perception in plant systems.

Hope NH Voters are thinking about the upcoming Primary election on Sept. 10. Your local reps: Sallie Fellows, Peter Lovett and Bill Bolton are looking for your support along with a myriad of other candidates and positions.

Plymouth

Silver Center for the Arts

Impact Children’s Theater

The final show, Rapunzel, will take place on Tuesday, Aug. 6 at 2 p.m. Tickets for this free performance will be available one hour before the actual show begins at the box office.

Keniston—Freeman Summer Concerts on the Common

The concerts continue on Wednesday, Aug. 7 with The Club Soda Band, 6:30—8 p.m. on the Plymouth Town Common. All concerts are free.

New Hampshire Music Festival: For the People (Copland, Hailstork, Kraft, Beethoven)

This final concert of the season takes place on Thursday evening, August 1st (tonight!) at the Silver Center for the Arts, PSU. The cost varies depending on the seating. Tickets may be purchased online at (<https://nhmf.mysalesforce-sites.com/ticket/#/>)

“La Cage aux Folles”

The Winnepesaukee Playhouse is presenting this play from July 25 to Aug. 3, with both matinees and evening performances. Beginning on August 8th Richard III by Shakespeare. For more information and tickets, go to <https://www.winnepesaukeeplayhouse.org/jersey-boys.html>.

Legally Blonde

Interlakes Summer Theater is presenting this show from July 31 to Aug. 11, with both matinees and evening performances. For more information and tickets, go to <https://www.interlakestheatre.com/shows>.

Highs and Lows Tour, Robert D. Cass and two others

This event takes place at the Holderness School on Saturday, August 10, 2024 from 8 a.m. to 5 p.m. It is open to the public. Come join the fun at Holderness School where the Highs and Lows Tour will start and end! There will be 4 routes with riders participating from near and far, riding to raise awareness for mental illness and suicide prevention on behalf of NAMI NH. The event will be fun for the entire family. You don’t need to ride to join us. Come for music, games, food and other fun activities including raffles for great prizes! Most of all help us cheer on our riders as they cross the finish line in support of a great cause!

Flying Monkey

Texas Hill will perform on August 2nd and the Glenn Miller Or-

chestra will perform on Aug. 3. New shows are added weekly. Food and drink are available at all seats. Tickets online or at the box-office.

Operation Santa

You don’t need to wait until Christmas. There is a year round collection of toys for children ages 12 and under. The drop-off location is the Plymouth Fire Department.

Wild Wings Equestrian Summer Camp

The final session is from Aug. 12 to the 16

The sessions include care and grooming of horses as well as riding and take place during those days from 9 a.m. to 3 p.m. Ages six to 14 are welcome and no prior experience is necessary. Register and pay online.

Spiral Songs

This takes place at 2 p.m. on Aug. 17 and 18 at the Quincy Bog Nature Center This event includes group singing, musical performance and nature based mindfulness. It is presented by Claire and Molly McCahan with Omar Najmi and Brendon Shapiro. \$25 tickets are available the same day or online in advance at spiralsongs.org.

The Plymouth Regional Senior Center (PRSC)

It is located at 8 Depot St. Plymouth, and is open for meals and activities

Monday through Friday from 7 a.m. to 3 p.m. Please stop in and pick up a newsletter and/or go to www.gcsc.org and look under Our Senior Centers/Plymouth for a digital version. Also, plan to join us for a delicious meal at noon every day except holidays. If you are looking for a wonderful way to give back to the community, try volunteering at PRSC. If interested, call 603-536-1204 and ask for Melanie.

Main Street Plymouth

Please make an extra effort to support main street businesses over the next few weeks. Paving is tough on them. Main street has already gotten much more navigable but please continue to let our business owners know we are willing to go out of our way to support them. Maybe eat at one of the restaurants or start your Christmas shopping early.

Yard Sale to benefit local Special Olympics

This event will take place on Aug. 3 from 9 a.m. to 3 p.m. at 15 Reservoir Rd. in Plymouth. All proceeds and contributions will be contributed to the support of the Winni Warriors.

Pease Public Library Mystery Bring-Your-Own-Book Book Group

Tuesday, Aug. 13 at 3 p.m.

Do you love mysteries? Have you been looking for a space to read with like minded individuals? Come to Pease Public Library for our Mystery Bring-Your-Own-Book Book Group on the 2nd Tuesday of every month at 3 p.m.

You can sit and read your latest mystery and/or come discuss your favorite books and authors.

Plymouth’s very first 1929 Vintage Fire Truck needs a home

This classic antique measures 21 feet by six feet and three inches, and because of the acquisition of a new truck, the fire department needs another place to house it. It requires electricity to charge the battery. If you know of a potential garage or barn for it, please contact Fire Chief Tom Morrison at 603 536 1253.

Plymouth’s Online Farmer’s Market

Sponsored by Local Foods Plymouth, it is for everyone who likes locally raised food.

You can order online (<https://localfoodsplymouth.org/>) from noon Saturday to 7 a.m. Wednesday and pick up your order on Thursday from 3:30 to 5:30 p.m. at the corner of Fairgrounds Road and Route 3 in Plymouth.

The Plymouth Regional Senior Center (PRSC), located at 8 Depot St. Plymouth, is open for meals and activities Monday through Friday from 7 a.m. to 3 p.m. Please stop in and pick up a newsletter and/or go to www.gcsc.org and look under Our Senior Centers/Plymouth for a digital version. Also, plan to join us for a delicious meal at noon.

The Center is holding its Annual Summer Fashion Show on Wednesday, Aug. 21. Plan to join us either as a ‘model’ or as part of the audience and stay for lunch afterwards.

“Did you know that August is Boomers Making A Difference Month? From social activism in the ‘60s and ‘70s to volunteering and giving back today, baby boomers continue to make lasting contributions to changing the world. It only makes sense that there should be a month dedicated to celebrating the generation’s impact. Doing good deeds actually helps you lead a better, healthier life with many health benefits including:

- ~ Staying physically and mentally active (many activities offered daily at the senior center!)
- ~ Decreased risk of depression (volunteer!)
- ~ Reduced stress levels (Socialization! Community! Fun!)

*Source - <https://blog.kohud.kendal.org/boomers-making-a-difference>

How are you making a difference? We would love to hear from you . . .

And, are you looking for a wonderful way to give back to the community? Try volunteering at PRSC, if interested call 603-536-1204 and ask for Melanie.

Warren/Wentworth

Gary Jesseman 707-7129 garyj@together.net

Greetings everyone. Hope you all had a nice week. The summer seems to be mov-

ing along at breakneck speed! I wish things would slow down. Saw an incredible show last week. Review is in this paper.

WARREN NEWS

Moose Scoops Ice Cream is now open the following hours...Monday thru Friday from 4-8 p.m., Saturday and Sunday noon-8 p.m.

The next outdoor concert on the common will take place on Aug. 2 with Catfish Howl Zydeco Band.

Following that... Aug. 16-Marvel Prone Aug. 30-Highway 603 Sept. 13-Patrick Ross Band

WENTWORTH NEWS

The Wentworth Market is open the first Saturday of the month, from July through October from 10 a.m.-2 p.m. at Hamilton Field. There’s food for sale, pottery, baskets, soaps, jewelry and so much more plus food trucks available. Stop by and have a look!

The Wentworth Historical Society Museum will be open on Saturday mornings through the summer, from 10-12PM. Please stop by and check it out.

Mark your calendars for this year’s “Dinner On The Bridge”

It will be on Aug. 31 from 5-7 p.m. Dinner donation is \$25, benefiting the Wentworth Veteran’s Memorial. The event will be catered by Smokin’ Bear BBQ. Menu will be forthcoming.

For tickets, mail a check to PO Box 64, Wentworth, NH 03264 or go to wentworthveteransmemorial@gmail.com

Have a good week, and remember to count your blessings!

Waterville Valley

Jan Stearns jstearns@waterville.com

Fireworks

Watch the night sky come to life on Saturday, Aug. 3, at 9 p.m. The best views are from Town Square.

Ugotta Regatta

Do you have what it takes to create a seafaring vessel with just cardboard and duct tape? On Saturday, Aug. 3, head to Corcoran Pond beach at 9:30 a.m. for a boat building workshop. The Recreation Dept. will provide cardboard and one roll of duct tape. At 11 a.m., put your skills to the test in this fun annual float race. \$20 per team. All ages welcome. Call 603-236-4695 to register.

Trilogy Challenge Disc Golf

Saturday, Aug. 3. Flex start format allows players to begin play anytime between 10 a.m. and 4 p.m. Submit scores to icullison@waterville.com. Choose from three courses: Town Square nine-hole course, Snows Mtn. green tees, and Snows Mtn. blue tees. Open to all abilities. Town Square course is a great option for newer players or families with young kids. Play it twice to complete your 18-hole round. \$45 includes three-disc player

Explore the Northern Newfound Water Trail with NLRA

HEBRON — Join Newfound Lake Region Association (NLRA) for a guided paddle on Newfound Lake, Thursday, Aug. 22, at 10 a.m. Paddlers will begin at Grey Rocks Conservation Area in Hebron and launch their non-motorized boats to explore the amazing wildlife and scenic views of the northern end of Newfound Lake, including the mouth of the Cockermouth River and the Hebron Marsh. Wildlife such as loons, eagles, osprey, beaver, moose, bear,

TTCC

FROM PAGE A1

& Chicken Dinner will be held from 5:30 to 7 p.m., and will be located at Kelley Park, [At the TTCC in case of inclement weather]. Tickets are the same as in years past, with the following menu:

- Lobster Plate – \$25
 - Chicken Plate – \$20
 - Combo Plate – \$30
 - Hotdog Meal – \$10
- All meals include coleslaw, roll, potato, Walker's corn on the cob, homemade desserts, refreshments & entertainment by the Solitary Man

If you have any questions or want to volunteer or donate a pie for dessert, contact the TTCC office at 603-744-2713 or through email at info@ttccrec.org.

Summer Camp recap

As we ring in week five of Summer Camp we would like to send out a huge thank you to all our campers and counselors for enduring the unrelenting heat wave and for bringing an amazing energy every day. Thank you for the memory making and your collective patience as we also work around the ongoing renovation work. This is what we have done and where we have been.

There was an overnight trip to Newfound Lakes Cliff Island where the kids got to drop a few lines in the water and where many a Sunfish was caught. STREAMS camp group went to Gorham and stayed at Moose Brook State Park and then went up the Mt. Washington Auto Road. The KNOTS camp group is hiking up to Lonesome Lake next week and staying at an AMC Hut as there have been a total of five overnight stays already, with a trip to the Seacoast Science Center and Wallace Sands planned, as well as a trip to the Stone Zoo this week.

We hope you can all savor and enjoy the rest of this Summer season as we are so thankful for all your support. Stay tuned for more updates as we embark on another Westward Bound Teen Expedition in August and plan for the many events we have coming up this Fall. If you have any questions or would like to purchase ticket or donate a dessert, please call (603) 744-2713 or email us info@ttccrec.org.

and numerous species of turtles and frogs are all present in this area because of the rich habitat provided by permanently conserved lands, including Grey Rocks Conservation Area, The Charles Bean Sanctuary, and NH Audubon's Paradise Point. Paddlers will gain a new appreciation for the natural resources of Newfound Lake. Participants must supply their own non-motorized watercraft and personal floatation devices. There is no cost to attend this event, however registration is required, and space is limited. Register at NewfoundLake.org/events or by calling (603) 744-8689.

The Northern Newfound Water Trail Map and Guide, which highlights areas of interest for paddlers along the

northern shore of Newfound, can be found at NewfoundLake.org/GreyRocks. Grey Rocks Conservation Area provides year-round public access to the outdoors at the northern end of the lake and features a non-motorized boat launch in summer.

NLRA works to protect the high-quality waters of Newfound Lake and its watershed, maintaining a healthy and diverse ecosystem. NLRA members support educational programming like guided hikes and paddles, water quality monitoring, land conservation, stormwater management, and invasive species monitoring. Learn more about conservation efforts, upcoming events, and becoming a member at NewfoundLake.org.



Waterville

FROM PAGE A1

Enjoy a full day of fun and outdoor adventure in Waterville Valley. Rent a canoe, kayak, SUP or pedal boat at Corcoran Pond waterfront, or a mountain bike from

the Adventure Center in Town Square. Don your bathing suit and cool off in Corcoran Pond and catch the summer sun on a sandy beach. Take a scenic chairlift ride up Snows Mountain and play a round of disc golf back to the

base of Snows. Waterville Valley's 18 red clay court tennis center has won international acclaim and is open to the public. Waterville Valley is home to the nation's first network of hiking trails. Discover 19 peaks, 57 natural features and

48 trails covering 125 miles of White Mountains terrain. Grab a bite to eat or a cool beverage at one of Waterville Valley's restaurants. Dining options range from family-friendly fare to upscale eateries. Satisfy your retail cravings

at the eclectic shops in Town Square.

For more information, call 800-468-2553 or visit www.visitwatervillevalley.com.

Olympics

FROM PAGE A1

from the Main Press Center to my spot for the Opening Ceremony so I could see a little more of Paris rather than taking the subway and that worked out pretty well. I walked past the Arc de Triomphe and down the Champs Elysees, which was a nice walk. Despite one wrong turn, I found my way fairly easily to the Louvre location. The amount of police and military I saw along the way was impressive, with cars full of security lining the roads in preparation for the big event.

Once I got to my location, they let me on the bridge without really checking much of anything in the way of security, which was kind of surprising. Obviously, I had my credential scanned and one soldier asked for my passport while I was standing waiting for the gates to open, but there was no more security than when I've been to any other venues.

Things went pretty well on my end to start and when the ceremony kicked off, it

was on all the big screens along the riverbank. The boats took about half an hour to reach my location but it wasn't long after that that it started raining. And it kept raining.

It didn't pour, but it was just enough to be annoying and had me worrying about my camera and computer. One of the downsides to this location was that there was no real space for accredited media to either work or store their equipment. In fact, I saw more than one person, obviously filing on deadline, working on the stairs underneath the bleachers on the bridge. It wasn't totally dry, but it was one of the better locations.

Just as the torch came back up the river to our location, my camera decided it didn't want to work (water is my guess) and my phone died, since there was no place for us to plug in phones or computers like there is at most venues.

That being said, the ceremony itself seemed like it was pretty interesting. I didn't see the entire thing but what I saw was pretty dramatic and I think the ceremony is often done for television viewers

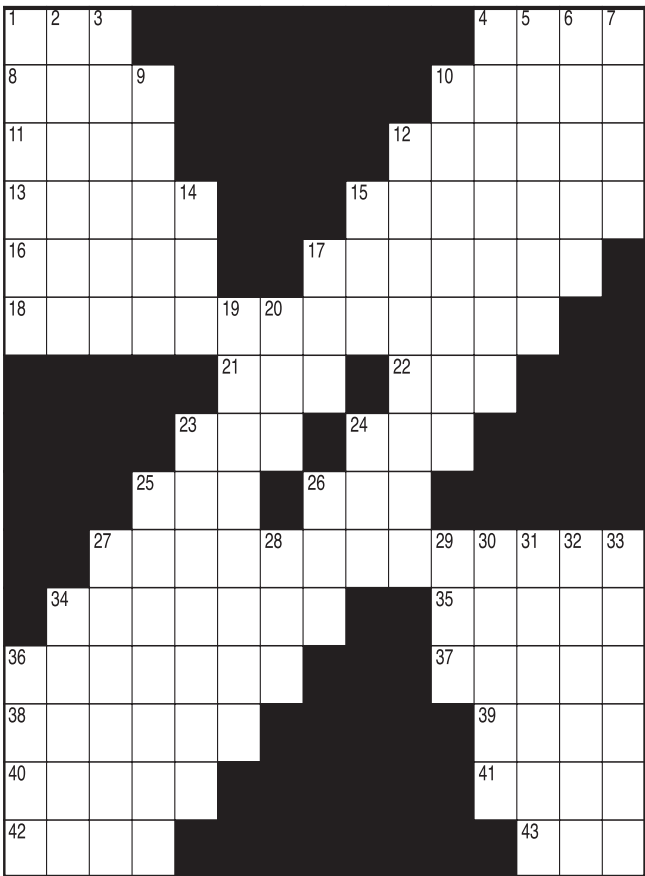
to watch and that was more than likely the case. I know there were some reports back in the United States that the broadcast wasn't great, but I look forward to seeing it when I get back to see what I missed. And I am not 100 percent sure why Lady Gaga and Celine Dion were the featured performers, but that's for other people to decide.

My walk back to the Main Press Center was not great, as the route I had traveled in on got changed due to road closures and I ended up way off course through no fault of my own. And just to make it more fun, it started raining again.

I eventually made it back to my hotel, right around 2 a.m., the camera came back to life and my phone was eventually charged. It was not quite the glamorous opening ceremony that I expected, at least from my end, but it was certainly unique, in so many ways.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

TAKE A BREAK



ACROSS

- Outsourcing (abbr.)
- Post
- German city on edge of Black Forest
- "___, but goodie"
- Spiced stew
- Passionately
- Monetary units
- Group of living organisms
- Organic compound derived from ammonia
- High honors

- 5-year-olds' classes
- Swiss river
- Old woman
- Cash machine
- A way to soak
- Hair product
- Deride
- "The Blonde Bombshell"
- Cause to become insane
- Bluish greens
- Supported with money
- Type of equation
- Court officials

- Indian god
- Rids
- Leak slowly through
- Units of ionizing radiation
- Midway between south and southeast

DOWN

- Native of Slovakia
- Deli meat
- Fibrous substance in fungi
- Cutting
- Vedder and Van Halen
- Horror comic novelist
- Rulers of Tunis
- Shaped like a circle
- Make a pig of oneself
- Aphorism
- Witness
- Single Lens Reflex
- Freshwater North American fish
- Nautical ropes
- Leg (slang)
- Pokes holes in
- Moved quickly on foot
- Fix-it shops
- Type of bread
- Repaired
- Synthetic diamond (abbr.)
- Type of drug (abbr.)
- German city along the Rhine
- Animal disease
- Martini necessities
- Get away from
- Village in Mali
- Djibouti franc

LOCAL NEWS WORD SEARCH

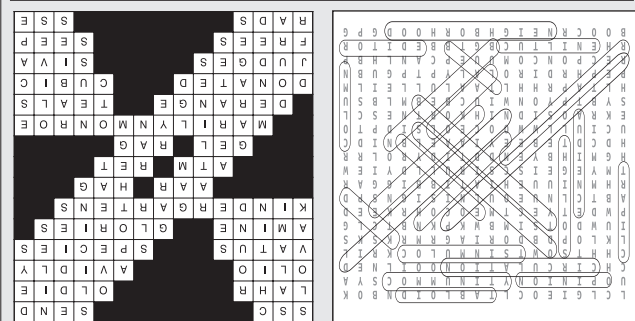
L C L G I E O C L T A B L O I D N B O K
U O P I N I O N Y T I N U M M O C S Y A
C H C I R C U L A T I O N O O I L N E D
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B O O C R N E I G H B O R H O O D G P G

Find the words hidden vertically, horizontally, diagonally, and backwards.

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This Week's Answers



Pemi-Baker Hospice & Home Health: Raising awareness about diabetes and home health care solutions

BY ANNA SWANSON
Pemi-Baker Hospice & Home Health

PLYMOUTH — Pemi-Baker Hospice & Home Health is committed to raising awareness about diabetes and providing comprehensive care to those affected by this chronic condition. With the number of diabetes cases rising, understanding the disease and knowing the available support options is more important than ever.

Diabetes is a serious health condition that affects how your body turns food into energy. Most of the food you eat is broken down into sugar (glucose) and released into your bloodstream. When your blood sugar goes up, it signals your pancreas to release insulin. Insulin acts like a key to let the blood sugar into your body's cells



for use as energy. With diabetes, your body doesn't make enough insulin or can't use it as well as it should. When there isn't enough insulin or cells stop responding to insulin, too much blood sugar stays in your bloodstream, which over time can cause serious health problems, such as heart disease, vision loss, and kidney disease.

For those who qualify, home health care can be a crucial resource in managing diabetes. Our skilled healthcare professionals at Pemi-Baker Hospice & Home Health provide personalized care plans to help patients manage their condition effectively at home. Our services include: Education and training: Our nurses educate patients and their families about diabetes

management, including medication administration, blood sugar monitoring, and lifestyle changes.

Medication management: Ensuring patients take their medications correctly and on schedule.

Nutritional guidance: Our nurses offer guidance and advice to help manage diabetes through diet.

Regular monitoring: Frequent check-ins to monitor blood sugar levels and overall health, allowing for prompt adjustments to care plans as needed.

Support and counseling: Emotional and psychological support to help patients and their families cope with the challenges of living with diabetes.

For patients who qualify for hospice care, our team provides compassionate end-of-life care that focuses

on comfort and quality of life. Our hospice services include pain and symptom management, emotional and spiritual support, and assistance with advanced care planning.

Don't wait to ask about how our compassionate staff can help you or your loved ones living with diabetes. To qualify for home health care, a person must have a physician's order and demonstrate a need for skilled care that can be safely provided at home. Our focus is on providing comfort to patients and support to families, with our team available 24/7 to address any concerns. The call is free, and our professionals are ready to assist you! Call us today at 603-536-2232 to learn more.

Pemi-Baker Hospice & Home Health is a trusted, nonprofit

agency proudly serving 32 towns in central and northern New Hampshire since 1967. Expert services include at-home healthcare and physical therapies (VNA), hospice and palliative care, and community programs including American Red Cross CPR/AED/FA, Caregiver and Bereavement Support Groups and Ask A Pemi-Baker Nurse days at your local senior centers. Providing compassionate care with experienced staff who are trained, certified professionals and your neighbors. In your time of need, we're right where you need us.

Pemi-Baker is located at 101 Boulder Point Drive, Suite 3, Plymouth. To contact us please call: 603-536-2232 or email: info@pbbhha.org Like our Facebook Page: [@pemibakerhospicehomehealth](https://www.facebook.com/pemibakerhospicehomehealth).

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Mason Jeffrey from Bristol graduates from Emerson College

BOSTON, Mass. — Emerson College awarded approximately 1,045 undergraduate degrees to the Class of 2024 during the 144th Commencement at Agganis Arena in Boston, Mass. on Sunday, May 12.

Mason Jeffrey from Bristol received a BA in Media Arts Production.

About Emerson College

Based in Boston, Mass., opposite the historic Boston Common and in the heart of the city's Theatre District, Emerson College educates individuals who will solve problems and change the world through engaged leadership in communication and the arts, a mission informed by liberal learning. The College has approximately 4,161 undergraduates and 554 graduate students from across the United States and nearly 70 countries. Supported by state-of-the-art facilities and a renowned faculty, students participate in more than 90 student organizations and performance groups. Emerson is known for its experiential learning programs at Emerson Los Angeles, located in Hollywood, and at its 14th-century castle, in the Netherlands. Additionally, there are opportunities to study in Washington, D.C., London, China, and the Czech Republic, Spain, Austria, Greece, France, Ireland, Mexico, Cuba, England, and South Africa. The College has an active network of more than 51,000 alumni who hold leadership positions in communication and the arts. For more information, visit emerson.edu.

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DONNA RHODES

Becky Huntoon and her professional dance partner Jeff Brode took home the People's Choice Trophy this year for raising the most money on the night of the Dancing Under the Stars fundraiser in Kelley Park.



DONNA RHODES

Receiving the Judges Award Trophy at the Dancing Under the Stars fundraiser for Voices Against Violence last Thursday night was Courtney Buch and her partner Catie Roman.



DONNA RHODES

Dance duo Nancy Reiff and her pro partner Charlene Dellascio were the overall top fundraisers this year and were rewarded with the Voices Against Violence Mirror Ball Trophy for their outstanding contributions.

Dancing

FROM PAGE A1

in costumes Becky made herself and gave a performance that made her chief proud.

"You've overcome amazing hurdles to do this," he said. "It was a huge step out of your comfort zone and you absolutely ruled it!"

Local Line Dance leader Charlene Dellascio of Groton had Bristol resident Nancy Reiff as her partner for this year's event. Charlene leads line dancing events locally each week and was pleased that

Nancy, a regular at her dance nights, agreed to join her for the fundraiser. Their extra live steps to a medley of "Jailhouse Rock," "My Maria," and "Footloose" brought a big round of applause from the audience that filled Kelley Park that night. Judge Barbara McNeil said it inspired her to want to try line dancing, while other judges loved the crowd clapping along to the music. One even confessed that the two were so good he couldn't tell which was the pro dancer and which was the

"starter."

Fifth out on the floor that night was Catie Roman and Courtney Buch. Catie, a kindergarten teacher at Bridgewater-Hebron School, has been dancing for many years while Courtney works at Chic Boutique and Salon in Plymouth. Dressed in black sequin Flapper costumes, the pair amazed the crowd with their ragtime jazz music and choreography. Judge Richard Drenkhahn, Jr. likened it to watching a scene from "The Great Gatsby." Still others raved

over their energy and authenticity, describing their performance to the song, "All That Jazz" as "outstanding."

Last up for a night of equally outstanding performances were professional dancer Samantha Brode of Synergy Dance School and her partner Santa Claus. Dressed as an elf, she and Santa, who later confessed to being Carl DeLuca who was standing in for Santa, stepped lively to the Bruce Springsteen rendition of "Santa Claus is Coming to Town."

"Santa, I didn't know you could move like that. Great belly shaking," praised Judge Dalphonse.

After all six couples had danced, board

members, staff and volunteers from Voices Against Violence got busy counting up the votes. For the last several weeks the performers were each collecting donations for VAV on their own where each dollar they raised counted as one vote. People could also donate online by selecting the couple they supported. Final votes were collected during the event itself as people dropped dollar bills in a jar marked with the name of the dance pair they liked the best.

As the votes were tallied, students from Synergy Dance School performed for the crowd, then everyone was invited on stage to dance under the stars for a few

songs before winners were announced.

Emcee AJ Coppola was pleased to announce that a record \$12,690 had been raised this year.

"This is something historic," he told the cheering audience.

The first Mirror Ball Trophy presented was the Judges Award, which went to the pair the five judges liked the most. Speaking for the panel, Dalphonse said it was very difficult to elect just one winner for them this time around because they were all amazing. The one couple they found they couldn't stop bragging about during their deliberations however was Catie Roman and Courtney Buch.

Next came the Peo-



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CHURCHES

Campton Congregational

Sunday, Aug. 4
9:30 a.m. Worship Service led by Rev. Jeff Robie
10 a.m. Children's Sermon/Sunday School. Following Worship we gather for fellowship.

Tuesday, Aug. 6
10 a.m. Bible study
Noon BYOL Lunch
1 p.m. Ladies Guild

This Sunday, join us at Campton Congregational Church as we continue to explore the Fruit of the Spirit! We will dive into the transformative power of God's love and feel the inspiration that comes from walking in His presence. Pastor Jeff will examine what it means to live a life characterized by kindness. Whether you're seeking refreshment, or a deeper connection with God, we invite you to come and be lifted up by His Word and Spirit. Our Sunday service promises to be an uplifting experience that will leave you feeling encouraged. Don't miss out - join us this Sunday and discover the Fruit of the Spirit in a whole new way!

Our Church is a member of the National Association of Congregational Christian Churches, a national body of churches dedicated to preserving traditional Congregational

principles and practices in the world. Our Services are available on Facebook. If you are unable to be with us in person, tithes and offerings may be sent to PO Box 328, Campton, NH 03223. Please direct any questions or needs to ourccc1774@gmail.com or call 603-536-2536.

Chapel of St. John of the Mountains

Aug. 4 Gary Brunt
Plan to be with us as Gospel Singer Gary Brunt shares his faith in word and in music. Gary and his family are long-time friends of the Chapel. We look forward to a service of joy and renewal.

Potluck BBQ
Following this service, we will travel to Bing and Judy Rodgers home for a barbeque, fun, and fellowship. Please plan to be with us and let Judy know what you will bring to our feast.

Sunday, Aug. 11
The Gospel singers The Shirks will join us. Please be on hand to welcome Deb and Barry as they bless us with their gifts.

Sunday, Aug. 18
Celebration of Life
Rev. Raymond D. Hahn
There will be a time

for all to share a memory of our wonderful Pastor Ray. This will be followed by our annual banquet. Please let Pastor Cindy know you will be joining us for this very special service of Celebration as reservations for the banquet need to be made soon.

Every Sunday of our season
The Good News of Jesus Christ and His Love for us is shared in Christ centered, Biblically based messages. God's Holy Spirit will always help us to find a deeper understanding of His Word and His Will for our lives. Come join us and return to your lives better able to fulfill God's Will with running feet.

In prayer
Please contact Pastor Cindy at your convenience for prayer requests. We are an Ecumenical Christian Church gathering to share the Gospel as we strive to strengthen our relationships with Jesus Christ.

More information
Contact Pastor Cindy your e-mail or mailing address. Contact Pastor Cindy by Phone home (603) 539-7064, or text (603) 515-6684; Please call at your convenience, serving you is a privilege.

Christian Science Society, Plymouth

We love to have visitors at our Sunday services, which we hold each week at 10 a.m. in our Emerson Street building. The subject of the Bible lesson sermon this week is "Love" and begins with this verse from zephaniah: "The Lord they God in the midst of thee is might; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing."

It's summer so Sunday School classes are outdoors on sunny days on our inviting green lawn! Children and teens are invited to visit or attend regularly. It's held at the same time as the service. Students learn how the truths and lessons in the Bible can help them learn to pray for themselves, their community and the world.

Our Wednesday meetings which are held at 6 p.m. each week include short readings from the Bible and from the Christian Science textbook with spiritual inspiration to help us meet personal and world needs. Then there is time for sharing with one another gratitude for healing experiences in our lives, as well as thoughts and insights from our spiritual study and prayer. Everyone is welcome.

Please visit our Web site at www.cs-plymouth-nh.org if you would like to join in our

services by Zoom.

It's summer so there is an outdoor component to our Reading Room! Located in our church building, on fine days there is also an outside table where you are invited to drop by. It's open Monday noon to 2 p.m. You're welcome to browse, borrow books and resources which include Bible reference materials and many other books and publications. There are free magazines which you are welcome to take as well

At jsh-online.com. you can listen to audio programs, such as Sentinel Watch and the Daily Lift, as well as hundreds of past podcasts, Sentinel Audio Chats, and Sentinel Radio programs in the archival collection. This week's podcast is an interview where there is thoughtful discussion on our role in world events, a continuation of last week's podcast.

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship holds Sunday services each Sunday at 9:30 a.m., both in person at 101 Fairgrounds Rd., Plymouth, and live streamed via Zoom.
Aug. 4: Writing Love Letters

During this interactive service, participants will listen to readings, view a video and discuss some of the following ideas:

Would you ever consider writing a love letter to a stranger?
Who's love has "championed you" the longest?

Join us as we discuss these issues and more.

Unitarian Universalism is a caring, open-minded religion that encourages you to seek your own spiritual path. Our Faith draws on many religious traditions, welcoming people with different beliefs. We are a Welcoming Congregation recognizing no distinction of class, nationality, race, gender, or sexual orientation.

For more information and Zoom link, visit our Web site: www.starringfellowship.org.

Wentworth Congregational

Here is our list of upcoming speakers:
Starting June 9, our services will be 9AM through Labor Day.
Aug. 4—W. Rumney Communion Service, 9 a.m.
Aug. 11—Rev. Cindy Petrie
Aug. 18—Rev. Cindy Petrie
Aug. 25-Rev. Lynn Morrison



ALEXANDRIA
Alexandria United Methodist
12 Washburn Rd.
Alexandria Village, Alexandria
9 a.m. Sunday Worship Service
Pastor Mark Lamprey • 603-744-8104
Methodist Church
April 16th Easter Worship @ 9a.m.

ASHLAND
Ashland United Methodist
18 Washington St., Ashland
9:30 Sunday morning Worship Service
Visit our Website:
https://ashlandumc.faithlifesites.com/
for more information and recordings of the Services.
Pastor Roger Kleinpeter
1-603-254-7796

Ashland Community Church
55 Main Street - Ashland
(across from Shurline Market)
10:00 a.m. Worship
August 18 – September 15 Teaching Series: "I Love My Church!"
Toddler Zone (infants – five years old) led by Kara Hamill and Kid Zone (for K-6th grade) led by Debbie Madden.
Small groups: We offer adult small groups that meet on Sunday, Tuesday, Wednesday, and Thursday evenings.
New Women's Ministry: A women's group will be starting this fall the 1st and 3rd Thursday of each month beginning October 2019.
Pastor Ernie Madden
(603) 968-9464
accernie@hotmail.com

Emmanuel Episcopal Church
18 Highland Street, Ashland
(603) 968-7640
9:30 am Sunday School and Worship
Rev. Stephen Rugg

BRISTOL
Bristol Baptist Church
30 Summer Street, Bristol, NH 03222
(603) 744-3885
SUNDAY
• Worship service with music as well as the Scriptural message and time of fellowship. 10:00 a.m.
bristolbaptistchurch.org

Bristol Church of Christ
15 Church St., Bristol
9 a.m. Bible Study • 10 a.m. Sunday School
10 a.m. Worship Service • Child Care Available • 744-8132

Our Lady of Grace (part of Holy Trinity Parish)
2 West Shore Rd Bristol, NH 03222
Mass Schedule: 9:30 AM on Sundays (this is the only Mass on Sundays year round now).
Daily Masses: Tuesdays and Thursdays at 8 AM.

Eucharistic Adoration every Thursday after Mass until 10:00 AM.
Parish office for both locations:
11 School St, Plymouth, NH 03264,
Phone: (603) 536-4700.

CAMPTON
Campton Baptist Church
1345 Main Street, Campton (603) 726-4662
Sunday 10 a.m. Worship Service followed by Time of Fellowship
Monday 4 p.m. Bible Study
Wednesday 7 p.m. Prayer
Friday 5:30 p.m. Dinner & Movie (free)
Women's Gathering 2nd Tuesdays 10 a.m.
Men's Breakfast 2nd Saturdays 7 a.m.
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Campton Congregational
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Rev. Jeffery Robie • 536-2536
Member NACCC

New Light Chapel
Southmayd Plaza (off I-93 Exit 28)
24 Southmayd Road, Campton
(Across Route 49 from Campton Mobil)
10:00 a.m. Sunday Worship Service
Childcare and Children's Ministry available
Pastor Steven Veinotte
www.newlightchapel.com

DANBURY
Danbury Christian Church
High St., Danbury
9:30 a.m. Sunday School
11 a.m. Morning Worship
Tuesdays 6:30 p.m. AWANA
Thursday. 7:00 p.m. Prayer Group/Bible Study

United Church of Danbury
"All Are Welcome"
Rt. 104 — Near Center of Town
9:30 a.m. Sunday Worship Service
9:30 a.m. Sunday School
Contact: Sylvia Hill, Deacon at 768-3936
danburypastor@myfairpoint.net

HANOVER
Our Savior Lutheran Church
5 Summer Street, Hanover • 643-3703
10:30 a.m. Sunday Service of Holy Communion and Children's Church
9:15 a.m. Adult Education Hour

HEBRON
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Union Congregational Church
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Sunday of each month
A Coffee Hour following worship
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www.hebronchurchnh.org

HILL
Hill Village Bible Church
9 a.m. - Sunday School
10 a.m. - Morning Worship
11 a.m. - Coffee Fellowship
11:30 a.m. - Bible Hour
6:30p.m. - Wed. Prayer & Bible Hour
Teen/Childrens' Ministries
Nursery provided at all services
Pastor: Andrew Hemingway
www.hillvillagebiblechurch.com
Look for us on Facebook

HOLDERNESS
Holderness Community Church
919 US Route 3 – P.O. Box 613
Holderness, NH 03245
Worship Service –Sunday 10 a.m.
Rev. Chris Drew – 968-3219
www.holdernesscommunitychurch.org

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Pastor Scott Mitchell
pastorsscott@newhamptoncc.org
https://newhamptoncc.org/
Join us also online:
https://www.youtube.com/@NewHamptonCommunityChurch

PLYMOUTH
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8:45 a.m. Sunday Morning Service
10:30 a.m. Sunday School
6:30 p.m. Sun. Evening Service–Tilton
7:00 p.m. Tuesday Evening Service
Dr. Chester W. Kulus, Pastor

Christian Science Society
7 Emerson St., Plymouth
10-11 a.m.–Sun. Service/Sun. School
Wed. 6:00-7:00–Testimonial Meeting
www.cs-plymouth-nh.org

Church of Jesus Christ of Latter-Day Saints
354 Fairgrounds Rd., Plymouth
10:00a.m. Worship Service
11:10a.m. Sunday School
Tom Lopez (603) 998-4356

Gateway Alliance Church
9 Fairgrounds Road, Plymouth • 536-3043
Sunday School and Adult Education
9:45 a.m.
Worship Service 11:00 a.m.
(Nursery Care is available)
Dennis Simmons, Pastor
gatewayalliancechurch.org

Holy Trinity Parish (Roman Catholic)
Our Lady of Grace Chapel
2 West Shore Rd, Bristol
St. Matthew Church
11 School St in Plymouth NH.
Parish Office: 11 School St in Plymouth
(603) 536-4700.
Office email: holytrinitynh@gmail.com
Communications coordinator:
Christine Chiasson email:
chrisciasson@holytrinityparishnh.org.
Pastor: Fr. Mark Dollard.
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FB page is Holy Trinity News and Info.

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Plymouth United Methodist Church
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(603)536-1941
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Restoration Church
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Starr King Unitarian Universalist Fellowship
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WARREN
Warren United Methodist Church
On the Common, Warren, NH
Sunday Worship 1:30 p.m.
Sunday School 10 a.m.
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WENTWORTH
Grace Bible Church of the White Mountains
259 Moosilauke Hwy. (NH-25)
Sunday Schedule:
Sunday School - 10:00 AM
Worship Service - 11:00 AM
Wednesday Schedule
Bible Study - 6:30 PM
Patch the Pirate Club for Ages 5-12
6:30 PM
Teen Youth Group - 6:30 PM
ChoirChime Rehearsal - 7:30 PM
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Wentworth
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1 p.m. Sunday Afternoon Service
7 p.m. Wednesday Evening Service
764-9800 www.wbcnh.org

Wentworth Congregational Church
Wentworth Village Road (Common)
wentworthcongregationalchurch.org
Sunday services: 10:15 a.m., Sept.thru May.
9:00 a.m., May thru August
764-9081

WOODSTOCK
Pemi Valley Church
1091 Rte 3 South Woodstock, • 745-6241
ALL ARE WELCOME
Wednesday - 6:30 p.m. Bible Study and Prayer Group.
Sunday 9-10 a.m. Worship Service and Children's Sunday School. 10-10:30 a.m. Refreshments.
Reverend John Muehlke Jr.

OBITUARIES

Mary Cecile Liston

Mary Cecile Liston died peacefully on July 18, 2024 at the Jack Byrne Hospice Center in Lebanon. She was born Mary DeGrasse in Franklin, New Hampshire on October 25, 1948, the daughter of James and Cecile (Leahy) DeGrasse. Mary was a graduate of Bethel High School in Connecticut. She received her undergraduate degree from Western Connecticut State University and her masters in education from Lesley University.

In 1972, she married Edward Liston and settled down in the Boston suburbs to raise a family. Mary had a successful career as a teacher and administrator at Belmont Day School, where she touched the lives of many students, families, and pre-service teachers in her additional role as an adjunct educator with Lesley University. She was well known as a philanthropist and patron of the arts.

Family meant the most to Mary, and some of her happiest days were walking along the Marginal Way in Ogunquit with her husband, Edward, and enjoying a lobster roll or fried clams. She enjoyed cooking meals with her family using fresh farm stand vegetables, and spending time with her chocolate lab, Danny Boy. Throughout her life, Mary enjoyed travel-



ing with her family and exploring destinations such as Alaska, the Panama Canal, Canada, and New England.

Mary was predeceased by her parents, her brother James DeGrasse, and her husband Edward. She is survived by her sister Suzanne Lomanno, her son Matthew Liston, her daughter Kathryn Morrison and her husband Brendan Morrison, her nieces Lilianne DeGrasse and Tammie DeGrasse-Cabrera, and her nephew Jeffrey Lomanno.

Funeral services will take place at the Mayhew Funeral Home, 12 Langdon Street, Plymouth, NH 03264 on Thursday, August 1st, 2024. Visiting hour will begin at 1:00 PM followed by a memorial service at 2:00 PM.

Donations in her name can be made to the Norris Cotton Cancer Center at Dartmouth Hitchcock Medical Center or the New Hampshire Food Bank.

Dancing

FROM PAGE A5

ple's Choice Award. The winner was determined by the couple that raised the most money during the actual event that evening. Coppola said the voting was extremely tight this year, with only a one-dollar difference between first and second place. Bringing in the winning total of \$698 with their performance however was Jeff Brode and Becky Huntoon.

Finally the Voices Against Violence Award was announced. The winners this year were Charlene Dellascio and Nancy Reiff with their exciting line dance presentation. Together the two raised \$3,766 for the nonprofit group, which serves and supports victims and survivors of domestic violence, elder abuse, sexual assault, stalking and other crimes. Besides receiving trophies of their own, their names will now be added to the organization's large Mirror Ball Trophy.

VAV's new Executive Director Tina Mulleavey said afterward that she was very proud to be part of such the amazing community they serve and was grateful for the big turnout of supporters that evening.

"Thank you to the dancers, the Board (of Directors), the staff, the volunteers and everyone who showed up to make it possible for us to provide life saving services to victims and survivors in Southern Grafton County," she said, adding a thanks to her dad Carl DeLucca, who will be remembered as the Dancing Santa who stepped out of his own comfort zone to support his daughter and the mission of Voices Against Violence.

Located in Plymouth, the nonprofit organization offers a 24-hour, toll-free hotline at 1-877-221-6167 for people who find themselves in need of their support. The office can be reached at 603-536-5999 during normal business hours and more information on their services as well as ways to donate can be found at www.voicesagainstvviolence.net.



PETS OF THE WEEK

Zeke

Meet Zeke!
He is a lovable hound with a friendly disposition! Zeke absolutely adores being around adults and feels most confident when he's with his human friends. His sweet and social nature shines brightest when he has his favorite people by his side.
We think Zeke would thrive most in an adult only home as lots of loud noises or constant zooming of young kids may be stressful. Don't worry - your home will be filled with lots of hound dog personality AND his beautiful hound dog voice!



NH Humane Society
Over a century of love for those without a voice. 1305 Meredith Center Rd Laconia, NH 03246 • (603) 524-9539

Dolly

Meet Dolly!
Dolly is a sassy little ball of fur. She likes to be brushed and will sit in your lap of her own volition. She does not enjoy being carried or picked up so might do better with older children than young. She has fostered with other cats, has been around dogs and can hold her own with their curiosity. Her purr can be heard across the room when she is happy. She may take a little bit of time to adjust to a new environment, but once she does she can be very playful.



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NCH North Country Home Health & Hospice Agency
7th Annual BUTTERFLY RELEASE
a Community Memorial Series Celebrating Life
The Butterfly Release Series offers individuals the chance to honor and remember their loved ones in a beautiful and symbolic way. Each butterfly is available for purchase at \$20 for the first one, and \$15 for each additional butterfly. Pre-ordering is recommended to ensure availability for the ceremony. Each event will feature music, readings, and the uplifting sight of butterflies taking flight, rain or shine.
Saturday, September 7th at 1:00 pm
Remich Park Pavilion
165 Pleasant Street, Littleton, NH 03561
Saturday, September 14th at 11:00 am
Friendship Park
4 Bell Lane, Berlin, NH 03570
Saturday, September 14th at 3:00 pm
North Stratford Pavilion
US Route 3, Stratford, NH 03590
Sunday, September 15th at 11:00 am
Soldier's Park
Main Street Woodstock, NH 03262
If you would like to reserve a butterfly, please visit bit.ly/Butterfly2024 to make an online purchase or complete and mail the below form to 536 Cottage Street Littleton, NH 03561. If you cannot attend the event but still want to participate, you can purchase a butterfly, & our volunteers will be honored to release it for you.
All butterfly orders must be placed by September 1, 2024.
PLEASE SELECT WHERE YOU'LL BE JOINING US:
Littleton 9/7 @ 1p Berlin 9/14 @ 11a N. Stratford 9/14 @ 3p
Woodstock 9/15 @ 11a I prefer to make a donation without an honoree
NAME: PHONE#: ()
EMAIL ADDRESS:
BILLING ADDRESS:
CITY: STATE/ZIP:
In Loving Memory Of (Please, only one name per butterfly purchased):
HOW MANY BUTTERFLIES WOULD YOU LIKE TO RELEASE:
First Butterfly \$20.00 x QTY: 1 =\$ 20.00
Additional Butterflies ea. \$15.00 x QTY: =\$
I'd like to support NCHHHA's community care through an additional donation of: \$
TOTAL \$
PAYMENT OPTIONS: VENMO ID PAYPAL ID
CHECK (enclosed) Your Handle: @ Your Handle: @
CREDIT/DEBIT (complete information below)
CARD#: EXP DATE: CVC:
NAME ON CARD: SIGNATURE:
Please check box if you will not attend and would like a volunteer to release butterflies on your behalf
Mail or Drop Off At: 536 Cottage Street | Littleton, NH 03561 | 603.444.5317 | bit.ly/Butterfly2024



Not getting enough attention?
Call your Sales Representative Today
Tracy Lewis: 603.616.7103

THE STORY PAGE... building community one story at a time

STARS

Stars are a magic all their own, light punctuating the darkness in patterns and rhythms that have been studied for eons. We have given them names, sat under them with a sense of wonder of the vastness of space and time and existence, pondered their connection to a purposeful creation. Scientists discover new ones all the time, as our research brings us as many new questions as it does new answers. When we find places without the artificial light of our collective existence drowning them out, and we think of looking up, there is magic there – whole universes of stars and planets and comets all spinning through space just as we are. And what better time to view them than summer when fireflies compete for our attention? Take a blanket somewhere dark outside– in a field, by a lake, your backyard – some time soon on a clear night, turn off the outdoor lights and take it all in. It really is amazing. Also, we hope you will check out this month’s photos and writing from Story Page contributors who have shared their view of the stars, and consider submitting a piece yourself!

A STORY PAGE SUBMISSION

Anyone and everyone of any age or skill can submit a piece of writing, artwork, or photography by the 30th of each month following one of our upcoming themes. Try it...the more diverse we are the better. We encourage introverts to use a pen name if that helps. Below are the upcoming themes and submission dates for the Story Page. Please send in your work to storypagenh@gmail.com by the 30th of the month. And thank you as always for visiting the Story Page, where we believe that in this brief, magical life...every story counts!

Theme: .. Due the 30th of:
CAMP..... July 2024
RIVERS.....August 2024
LABOR...September 2024

Theme: ...Due the 30th of:
AUTUMNOctober 2024
HEROES..November 2024
MAGIC.... December 2024

Stars

Stars drift in the heavens reachable only with our eyes
But we consider them trusted friends for millennia.

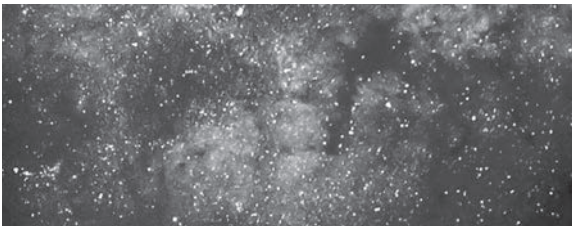
Stars never consider us yet we're compelled to name them
In the sphere of our imaginations.

They hide above clouds of darkness but relish parading their shyness
By twinkling at us like a cat's unsolicited eye wink.

They revolve in endless loops pinwheeling around a seemingly moving solitary star
Always a touch stone of reference for lost humans.

For all of their untouchable remoteness stars provide succor at night
Just as we experience seeing a rainbow during the day.

Tom Keegan
Bristol



Dark Sky

“It’s so dark at your house at night!”

My mother makes this declaration every time she visits me here in New Hampshire from her own home in suburban south-central Pennsylvania.

“I know, Mom. Isn’t it great? Look at the stars!” is always my response, when clouds aren’t obstructing the view.

At my urging, we’ll stand for a moment in the driveway, gazing up into distant space.
The stars, so very far away, shining bold and brilliant against blue-black darkness, seem close enough to reach out and touch.

It’s my habit to look up. I never get tired of witnessing the splendor that spreads out in the heavens above. But I’m aware that I’m privileged to be able to see a display of shimmering stars, to learn about and find groupings of stars that form the constellations, to catch sight of a shooting star as it streaks across the sky. This isn’t an option for so many people whose view of celestial phenomena is diminished, or even absent, due to light pollution (an excess of artificial light during hours of darkness).

Humankind banishes darkness with man-made light, but also limits our ability to easily witness the wonder of light that travels to earth from the cosmos. My night sky isn’t fully dark. I know I’m not getting the full experience of the night sky at my house because artificial light from a nearby town glows to the West. But it’s possible to visit places that have a truly dark night sky.

DarkSky International, an organization dedicated to preservation of dark skies and public education about light pollution, helps certify and protect dark places in areas around the world. I’m planning to visit one of them, located in Maine--
the Appalachian Mountain Club Maine Woods International Dark Sky Park. It’s the first and only Dark Sky Park in New England. If the weather conditions are right, I’ll get the opportunity to see so much more than I can see now; more and brighter stars, multiple shooting stars, and even the expanse of the Milky Way splashed across the sky.

You can get more information about the effects of light pollution and the DarkSky Initiative at the Appalachian Mountain Club website or the DarkSky International website.



Overhead

Cassiopeia, oh vain Queen
you boasted that your beauty
outshone the fifty attendants
to Poseidon and Thetis
Their fury caught you
in floods, facing sea monsters.
Cassiopeia, oh vain Queen
you watched your
daughter Andromeda
tied to a rock
to appease your boast.
Cassiopeia, oh vain Queen
you watched Perseus
rescue her then be
lauded, rewarded, elevated
as a star.
Cassiopeia, oh vain Queen
you are punished for eternity
tied to your crown,
your chair in the night sky.
Mortals look overhead
to see that crown
the mark of your downfall?

Ruth Harlow
Bristol



Looking Down Upon Stars

Standing on the rim
of the high Himalayas
bending to touch a star
illusions shimmer in thin air
making mystics of us all.

Gretchen Draper
New Hampton



Cygnus the Swan

Cygnus swims the Milky Way
in the summer sky
Swan symbol of a friendship
that would never die

The swan a symbol
of commitment, grace
necks formed in heart shape as
they behold each other’s face

Celtics see eternal essence,
swan as symbol of the soul
Swans swimming gently
loyalty a worthy goal

Native Americans might see
in flocks of swans in flight
in beauty of their feathers
Godly messengers in white

Hindus see swans soar on high
as the Brahma’s mount
a feathered flying symbol
of soul in wisdom’s fount

Cygnus swims the Milky Way
starry sign of love and loss
constellation also known today
as summer’s Northern Cross

Susan B. Miller
Plymouth

SPORTS

A busy first week as Paris Olympics get under way

SPORTING CHANCE



By JOSHUA SPAULDING

The fifth Olympic experience in a decade (hard to believe) is off and running in Paris and there's been some ups and downs in the first week in the City of Light.

On the plus side, the travel to Paris went smoothly, my luggage arrived with me and despite a bit of a wait in the airport, I got to my hotel last Tuesday evening. I also found my way to the train the next morning and found that the train runs directly to the Main Press Center. On the negative side, in addition to the long wait at the airport, my hotel room is incredibly small, in fact there is barely room for me to turn around. And if I thought the room was small, the bathroom is even tinier. Additionally, there's no air conditioning, though the window does open and I brought a small fan. However, to me it doesn't really matter how big the room is, as I am not there very much.

The first full day in Paris I spent getting acquainted with the Main Press Center, which is located on the upper floors of the Pal-

ais de Congres, which is basically a large convention center with stores, restaurants and more on the bottom two floors. I also made a trip to the location of the Closing Ceremoy, Stade de France, to watch some rugby, including the United States men playing to a tie in their Olympic opener.

On Thursday morning, I got on another bus and headed to Invalides, where they are holding the archery events. This is a sport I didn't see in Tokyo three years ago so I wanted to catch a little and also wanted to see Invalides, which is impressive. After the archery, I went to the handball venue for an interesting experience with a pretty cool new sport (see separate story).

Friday brought the Opening Ceremony (see separate story) and the first full day of Olympic action the next day started with a trip to badminton match, a couple of train rides to the swimming venue to see Katie Ledecky win her 400 freestyle heat. After a train ride and a bus ride, I got to the water polo venue to watch the defending champion US women win their opener and then got on a couple more buses to make my way to the field hockey pitch, which is at the stadium that hosted the 1924



JOSHUA SPAULDING

Getting the chance to see Versailles was definitely on my list of what I wanted to do in Paris and I checked it off the list on the first weekend.

Opening Ceremony. It was a full day for sure, but given the transportation in Tokyo, it probably would've been impossible to see so many things in one day.

Sunday was a day of public transportation travels, which is still a little weird for me. I boarded a train (and another train) to Versailles. There was an equestrian event going on, but I was more interested in just walking around the grounds of the palace, which was absolutely incredible. Getting out of the competition area was a bit of a challenge, but there was so much to see and Versailles as a village is quite nice as well. From there I took another two trains to the paddling venue to see whitewater kayaking. This was a bit of a disappointment, as when I got there the press tribune (area where press sit at the event) was full and I needed to get writing done (including

this piece). I watched a few paddlers make their way down the course then went to the media center and got my writing done. I was also planning on heading to beach volleyball at the Eiffel Tower to close the night.

For updates on the trip, follow the blog at salmonsportsguy.blogspot.com or on social media (X and Instagram) at SalmonSportsGuy as there are multiple updates a day out there to see.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news, news at 279-4516, or PO Box 729, Meredith, NH 03253.

The return of the roar of the crowd

After two "quiet" Olympics, rugby kicks off Paris with lively fans in the stands

BY JOSHUA SPAULDING
Sports Editor

PARIS, France — The first competitions of the Paris Olympics took place days before the opening ceremonies, as both soccer and rugby kicked off on Wednesday, July 24. Rugby took place at the Stade de France, the stadium that is scheduled to host the Closing Ceremonies and track later in the Olympics, while soccer took place in different stadiums around the country.

The US men were competing in soccer and rugby on Wednesday, both against host France. Since the soccer match was taking place in Marseille, which is a two-hour train ride from Paris, I elected for rugby to kick off my fifth Olympics.

I saw a little rugby during my trip to the Tokyo Olympics three years ago and I was excited to see it again, as it is a sport I don't get to see every day in my normal travels.

But there was one thing I hadn't really thought about, one thing that hadn't really crossed my mind until I showed up at the Stade de France as a huge crowd of spectators traversed down the street toward the stadium. The fact is, I hadn't seen an Olympic competition with any significant num-



JOSHUA SPAULDING

Stade de France hosted rugby in the days leading up to the Paris Olympics Opening Ceremonies.

ber of fans in the stadium since PyeongChang in 2018.

The COVID-delayed Tokyo Summer Olympics in 2021 and the Beijing Winter Olympics in 2022 were both contested in front of sparse, if any, crowds, with organizers doing their best to keep COVID under control amongst groups of people who worked and played close together. I remember thinking back in 2021

how weird it was to be in these huge stadiums that were basically empty.

On the plus side, we as press kind of had the run of the place and there was no need to fight any crowds getting into the venues. But it was kind of creepy to not hear any cheering. Yes, I had been through a high school winter sports season with no fans at many of the games, but this was a different level.

Today, as I got off the bus at Stade de France and had to work my way through a large throng of people looking to get into the stadium, it clicked that I hadn't really seen this in six years. And it hit home a bit more when I got inside and there was the roar of the crowd, the roar that hadn't been there three years ago.

And when the host French team came out of the tunnel, the crowd erupted and it happened again when they took the lead over the United States.

While the game ended in a 12-12 tie, it was very clear that the winners here were the athletes, getting the chance to compete in front of a huge crowd and the fans, who were back in the Olympics after being forced out for a few years. That's a win-win.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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SalmonPress.com

SPORTS

Want to try a new sport? Handball just might be your thing

BY JOSHUA SPAULDING
Sports Editor

PARIS, France — There were a few sports I didn't get to see in my first Summer Olympics in Tokyo three years ago. On my second full day in Paris, I got to see two of them, but there was one that really caught my attention.

The sport is handball and I took a unique bus ride (new driver with coaches standing beside him, almost got in an accident and almost missed a stop) to the South Paris Arena to catch a few games of the Olympic handball tournament the day before the Opening Ceremonies, Thursday, July 25.

I had seen a little handball on television in previous Olympics, but getting the first-hand look at the game was quite impressive.

I got there in the middle of a game between Brazil and Spain, with Brazil pulling out a 29-18 win and that was followed up by a match between Korea



South Paris Arena is home to handball at the Paris Summer Olympics.

JOSHUA SPAULDING

and Germany, which was pretty much back and forth the entire time. The guy sitting next to me, who worked with Team Korea in some capacity, told me that this group of players, who had been together competing for about 16 months, had never beaten a European team. His excitement with every goal and every big save by the Korean goalie was a lot of fun to watch. In

the end, Korea pulled out a 23-22 win in their opening game.

The big game of the night was the next game, as the host team from France, the defending Olympic champions, came to battle against Hungary and after the visitors took an early lead, France rallied back and took the lead at halftime and then hung on for the 31-28 win.

For those who hav-

en't seen handball, it is a body contact sport that features seven players per team on a 40X20 court with two goal areas and a center playing area. The goal area is a semicircle around the goal, six meters away from the goal and only the goalie is allowed to step inside the goal area. There's also a line nine meters from the goal, which is the free throw line.

Handball is played in two halves, with 30 minutes in each half, with two overtime halves of five minutes played if the game is tied at the end of regulation. Balls used in handball matches are made of leather or synthetic material and must have a spherical shape. The surface of the ball should not be shiny or slippery. Typically, there are two categories of handballs - one made of resin and one without.

Additionally, the goalie can come on and off the court in exchange for another player if he or she chooses and the goalie can also move up the court.


Players can throw, catch, stop, push or hit the ball by using their hands, head, torso, thighs and knees. They cannot touch the ball with their feet or with any part below the knee.

As a body-contact sport, attacking strategies are encouraged

in handball, while passive play leads to a warning and loss of possession for the team. Teams are not allowed to hold the ball without attempting to attack or shoot on goal and they can't repeatedly delay actions like throwoffs. This play is penalized with a free throw against the team in possession, and if no shot on goal is taken after four passes, a free throw is awarded to the opposing team. Teams are warned to give them a chance to change their attacking approach before penalties are imposed.

I freely admit I didn't know all the rules going in, but I am glad I watched a few games and saw the intense action the sport provides.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to fairs and carnivals.
Each number corresponds to a letter.
(Hint: 14 = A)

A. 17 11 1 22 16

Clue: Moving attractions

B. 14 25 11 10 14 2 16

Clue: Farm residents

C. 2 22 10 12 25 14 1 22

Clue: Tart beverage

D. 24 14 10 22 16

Clue: Fun activities

Answers: A. rides B. animals C. lemonade D. games

SUDOKU

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

	7	5	2					
8	3				1			6
			3		5			
2	6							8
		3						1
			7			6	4	
9								2
			8			1	9	
5			1				8	

Level: Advanced

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

5	2	6	1	9	3	4	8	7
3	4	7	8	2	6	1	9	5
9	8	1	4	5	7	3	6	2
1	5	8	7	3	2	6	4	9
7	9	3	6	8	4	2	5	1
2	6	4	5	1	9	7	3	8
6	1	9	3	7	5	8	2	4
8	3	2	9	4	1	5	7	6
4	7	5	2	6	8	9	1	3

ANSWER:

The image is a collage of three business advertisements. At the top, there is a dark grey banner with the words "BUSINESS DIRECTORY" in large, white, bold, sans-serif capital letters. Below this banner are two horizontal banners. The left banner is light grey with the text "DRYWALL/PAINT" in black, bold, sans-serif capital letters. Below this banner is a rectangular advertisement for "FARRELL Drywall/Paint". It has a double-line border and contains the name "FARRELL" in a large, serif font, followed by "Drywall/Paint" in a smaller, sans-serif font. Below that is the phone number "(603) 387-0246", the phrase "Fully Insured", and the location "Center Tuftonboro, New Hampshire". The right banner is also light grey with the text "ROOFING" in black, bold, sans-serif capital letters. Below this banner is a rectangular advertisement for "AFFORDABLE ROOFING". This ad has a more complex design. At the top, it says "AFFORDABLE ROOFING" in large, bold, sans-serif capital letters, followed by "The Roofing Specialist" in a smaller, italicized font. Below that is a dark grey banner with the text "VETERAN OWNED" in white, bold, sans-serif capital letters, flanked by two small white stars. To the left of the text is a black and white illustration of two people working on a roof. To the right of the text is another paragraph: "All types of shingles, Asphalt, Standard Seam, Metal& Rubber". Below that is the heading "SPRING SPECIAL" in bold, sans-serif capital letters, followed by the phrase "Power Wash your home and vinyl siding like new again!" in italics. At the bottom of this section is the text "WILL BEAT ALL COMPETITION" in bold, sans-serif capital letters. A separate box at the very bottom of the ad contains the phone number "1-603-991-7476" in large, bold, sans-serif capital letters. To the left of the number is the text "FREE ESTIMATES" above a house icon. To the right of the number is the text "OVER 45 YEARS OF EXPERIENCE" above a house icon. On the far right of this box is the text "10% OFF VETERANS & SENIORS" above a house icon.

DRYWALL/PAINT

FARRELL Drywall/Paint

(603) 387-0246

Fully Insured

Center Tuftonboro, New Hampshire

ROOFING

AFFORDABLE ROOFING

"The Roofing Specialist"

VETERAN OWNED

A black and white line drawing showing two people working on a roof. One person is standing on the roof, possibly measuring or laying shingles, while the other is positioned lower down, perhaps handling materials. The roof is depicted with a grid pattern representing shingles.

All types of shingles, Asphalt,
Standard Seam, Metal& Rubber

SPRING SPECIAL

*Power Wash your home and
vinyl siding like new again!*

WILL BEAT ALL COMPETITION

FREE
ESTIMATES

A simple black silhouette of a house with a chimney, used as a logo or icon.

1-603-991-7476
OVER 45 YEARS
OF EXPERIENCE

A simple black silhouette of a house with a chimney, used as a logo or icon.

10% OFF
VETERANS
& SENIORS

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THE REAL REPORT

Town	Address	Type	Price	Seller	Buyer
Ashland	12 Gordon St.	Multi-Family Residence	\$353,000	Keith W. Flenniken RET	Victoria Noel
Bridgewater	Dick Brown Road	N/A	\$49,933	Lisa A. and William J. Hurley, Jr.	Tracy and Ruth Simula
Bristol	Adams Road, Unit 2	Mixed Use (Commercial/Industrial)	\$195,000	Newfound Lake Region Association	Thomas Rohlf's RET
Bristol	Hastings Road	N/A	\$110,000	Goodwin Land Co. LLC	Nolan and Cynthia Manning
Bristol	Merrimack Street	N/A	\$88,000	Mary A. and Robert Alvey	Michael F. Sharp RET
Campton	42 King Rd., Unit 1	Condominium	\$270,000	Nicolas Minacapelli	Gregg Gilbert
Groton	Mountain Way	N/A	\$177,933	Green Acre Woodlands Inc.	Frank E. Allen, Jr. LT
Holderness	53 Holland Rd.	Mobile Home	\$399,000	Zachary J. Maynard	Albert B. IV and Marianna A. Evans
New Hampton	52 Sinclair Hill Rd.	Single-Family Residence	\$310,000	Lisa L. Hurley	Jacob C. Scimone and Hailey C. McAfee-Scimone
New Hampton	Straits Road	N/A	\$537,000	Robert R. III and Arline E. Hazlett	Doreen and Vito A. Castignoli
Plymouth	6 Gould Terrace	Multi-Family Residence	\$400,000	6 Gould LLC	Ana F. Dumont
Plymouth	Route 3A	N/A	\$265,000	Janet A. May	Timothy and Barbara Tierney
Thornton	N/A	N/A	\$105,000	Heidi H. and L.P. Uhlman III	Shay Cunningham and Amanda Smalley
Wentworth	N/A	N/A	\$205,000	Jennifer K. Roth and Jarek Krishneur	Dana Bishop

ABOUT THE REAL REPORT Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers, Phone: 1-800-356-8805. Website: www.thewarrengroup.com



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Subsidized two bedroom town house style apartment.
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Must meet income limit guidelines; rent starting at \$1,135.00, plus utilities; security deposit required.
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or call office at 603 267 6787





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Meredith, New Hampshire

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\$219,000
MLS# 5004610

Gilford: 1BR/1BA 672 sf. updated garden condo with a lake view and town beach on Lake Winnepesaukee, town boat launch, and town docks. Cannot be used as a primary residence. Short term rentals allowed.



\$555,000
MLS# 4992343

Grantham: 3BR/2BA, 1,949 sf. cape in Eastman with amenities including 6 private beaches, tennis, golf, clubhouse and more. With many recent upgrades, and the generator, snowblower, and ATV included this property is a gem.



\$1,300,000
MLS# 4991710

Sandwich: 3BR/4BA 2,755 sf. gentleman's farm. Boasting breathtaking 360-degree views, stone walls, and a bonus room above the 3-car attached garage with a kitchenette and 3/4 bath. Seller is a licensed Realtor in NH.



\$1,695,000
MLS# 4982098

BACK ON THE MARKET —
Gilford: One of the most visible exceptional landmark commercial/resort properties. Includes a mix of retail, shops, offices, and apartment with approx. 16,000 sf. of renovated space and 80 parking spaces divided into 13 rental units with established tenants.



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List Price: \$89,995
\$86,995*
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List Price: \$119,995
\$115,995*
56' 3 Bed, 2 Bath



List Price: \$130,995
\$127,995*
48' 3 Bed, 2 Bath



List Price: \$131,995
\$125,995*
48' 3 Bed, 2 Bath

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Homes From COLONY, MARLETTE, NEW ERA & TITAN

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Alpine Lakes Real Estate: www.alpinelakes.com

Badger Peabody & Smith Realty: www.peabodysmith.com

Bean Group: www.beangroup.com

Century 21 Country Lakes Realty: www.countrylakesrealty.com

Century 21 Twin Rivers Realty: www.nhreal21.com

Coldwell Banker: www.cbldmill.com

Coldwell Banker Residential Brokerage
www.newenglandmoves.com

ERA Masiello: www.masiello.com

Exit Lakeside Realty Group: www.exitlakeside.com

Granite Group Realty Services:
www.granitegrouprealtyservices.com

Gowen Realty: www.gowenrealty.com

Kressy Real Estate: www.kressy.com

Lakes Region Realty: www.lakesregionrealestate.com

Lamprey & Lamprey Realtors: www.lampreyandlamprey.com

Maxfield Real Estate: www.maxfieldrealestate.com

McLane Realty: www.mclanerealtyplymouth.com

Mountain Country Realty: www.mountaincountryrealestate.com

Nash Realty: www.nashrealty.com

New Hampshire Colonials Real Estate: www.squamlake.com

Noseworthy Real Estate: www.noseworthyrealestate.com

Old Mill Properties: www.oldmillprops.com

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Strawberry Lane Real Estate: www.strawberrylane.com

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All real estate advertising in this newspaper is subject to The Federal Fair Housing Law which makes it illegal to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination.
(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))
This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.
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HELP WANTED



**Full-Time Position
Warehouse/Service**

Energysavers Inc is looking for a self-motivated individual to add to its staff. The position would include, but is not limited to, organizing and pulling parts for jobs as well as receiving deliveries. We are a highly recommended 49 yr old Lakes Region retailer of well-known hearth & spa products. You can earn while you learn! Potential to move into a service or installation position is a possibility. No prior experience required. Must have a valid driver's license & be able to lift/carry an 80lb min.

Stop in to fill out an application:
Energysavers Inc,
163 Daniel Webster Hwy, Meredith NH

**The Town of Wentworth is seeking
applications for a Road Agent.**

Applicants must be able to perform duties of a Road Agent to include (but not limited to):
Seasonal duties: plowing, snow removal, and sanding; trimming trees, keeping culverts clear of debris; repairing and replacing pipe; placing/replacing road signs; patching roads; paving, maintaining, and reconstructing roads; and offering mutual aid when needed.
Perform repairs on town equipment as necessary, conduct maintenance on all Town equipment on a regular basis, and keep daily maintenance logs of repairs and jobs performed.
Supervision of other Highway Department employees, maintain a work schedule for all employees, prepare and submit various Town reports and documents, create and maintain a yearly budget.
The successful candidate must have a NH CDL and undergo a physical and drug test, as well as a criminal background check.
Benefits include paid vacation, and single person premium medical insurance.
Please submit application letter, resume, copy of current license, and standard Town application to:
Town of Wentworth
Office of the Select Board
PO Box 2, Wentworth, NH 03282
Applications can be found on the Town's website at www.wentworth-nh.org under the Town Applications/Forms tab.



260 Main Street, Littleton, NH 603-444-1261
Apply online:

CDLA Driver – Home by 5PM

*3-5 years' experience, forklift
certified a plus, loading and un-
loading trucks, ability to lift up
to 30lbs.*

*Local driving for Littleton, NH
Company.*

*Excellent Wage and
benefit package*

Benefits upon hire!



260 Main Street, Littleton, NH 603-444-1261
Apply online:

*Machine Operators – 1st 7AM – 3:30PM
sign on bonus!*

*Machine Operators – 2nd shift 3PM – 11:30PM
sign on bonus!*

*Machine Operators – 3rd shift 11PM – 7:30AM
sign on bonus!*

*Production workers 1st shift 7AM – 3:30PM
transportation provided*

Assembly – 1st shift

*Accounts Payable –
Administrative Assistant*

*Shipping & Receiving - previous forklift
experience required*

*CDLA Driver – Home by 5PM local company
3 – 5 years' experience Benefits upon hire.*

*Manufacturing Maintenance Mechanic –
1st shift benefits upon hire*



Loon Mountain Resort

Are you ready for a new career?

*We offer a great work environment, unique
benefits package, generous discount package.
The only thing that would make it better — is you!*

Full Time Year Round Position Available

- Administrative Assistant to Human Resources / Food & Beverage
- Human Resources Coordinator

**Benefits include: Medical, Dental, Vision, HSA,
FSA, 401k, PTO, Retail and Food & Beverage
discounts, and Seasonal Passes for the
employee and their dependents.**

For more information or to apply on-line please visit
www.loonmtn.com/jobs

Equal Opportunity Employer



Full-Time Installers Apprentice

Energysavers Inc., a 48 year old hearth & spa product retailer in the Lakes Region, is looking for a motivated individual that wants to learn the trade of installing hearth products. You must be comfortable working on roofs when necessary and able to work with an installer to move heavy items. Energysavers pays for all educational costs to get and maintain NFI wood, gas and pellet certifications as well as a NH gas fitters license for gas hearth installations and service. Starting pay, \$18-\$20 hour based on experience.

LEARN WHILE YOU EARN!

No prior experience required. Must have a valid driver's license and pass the pre-employment drug screening.

Stop in to fill out an application:

ENERGYSAVERS INC.
163 Daniel Webster Hwy., Meredith NH



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CASHIERS**

needed at the
Following Location:

Bosco Bell

on Route 28
Barnstead

Please apply in person.



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The only thing that would make it better — is you!

Full Time Year Round Positions Available:

- Plumber
- Carpenter
- Facilities Maintenance Technician
- Small Engine Mechanic
- Heavy Equipment Mechanic
- Lift Mechanic

Apply Online at www.loonmtn.com/jobs

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PTO, Retail and Food & Beverage discounts, and Seasonal
Passes for the employee and their dependents.**

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Duties to include:

- Retail sales of lumber and building materials, windows, doors, cabinets as well as customer service.

**CLASS B CDL
TRUCK DRIVER/YARD MAN**

Duties to include:

- Local deliveries of lumber-building materials.
- Loading/off loading incoming and outgoing deliveries

**NON CDL TRUCK DRIVER/
YARD MAN**

Duties to include:

- Local deliveries of lumber-building materials.
- Loading/off loading incoming and outgoing deliveries

**Must be conscientious, self-motivated, good with people,
a team player
Able to lift a variety of building materials
Preferably long-term employee**

Benefit to include:

- Competitive Wages
- Paid Health Insurance
- Paid Vacations
- Paid Holidays
- Overtime pay

Please Apply in person at
2701 Route 302, Lisbon, NH 03585
or send resume to varneysmithlumber@gmail.com

**Town of Plymouth
Highway Department
Highway Worker/Mechanic**

The town of Plymouth, NH, qualifications will determine pay rate, attractive benefit package, for an individual who has a knowledge of small engine repair, diesel engine repair, hydraulic systems operation and repair and general knowledge of light and heavy-duty trucks. Be part of winter operational services. Must have CDL-B with air brake endorsement, NH Inspection license or capable of obtaining one upon hire. It is required to pass a physical, including a drug and alcohol screening, and will be subject to a criminal background check as well as a driving records check.

Applications are available at www.plymouthnh.gov Mail application to Plymouth Highway Dept., 6 Post Office Square, Plymouth NH 03264, or upon request, 603-536-1623, at the Plymouth Highway Garage.



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Tracy Lewis: 603.616.7103**

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Call our toll-free number **1-877-766-6891** and have your help wanted ad in 11 papers next week!

Moultonborough Academy

Moultonborough Academy has the following openings for Coaching positions for 2024-2025.

Fall:

JV Girls Volleyball
Middle Level Boys Soccer Assistant
Middle Level Volleyball Assistant

Winter:

JV Girls Basketball Assistant
Middle Level Boys Basketball Assistant

Year Round:

Volunteer Coaches – all seasons

Previous coaching and playing experience preferred but not mandatory. If you are interested in one of these opportunities, please contact Athletic Director, Chris Wood at 603-476-4817 or cwood@sau45.org. All positions open until filled.



NON-CDL DELIVERY DRIVER

We have an immediate opening in our Ashland location for a delivery driver. CDL license not required. Must have a valid driver's license with a clear driving record. As part of the job requirement, a DOT medical card is required (employer will assist candidate in obtaining medical card). Join a team of delivery drivers that enjoy coming into work every day!

Belletetes is a 5th generation, family-owned building materials supply company that has been in business for over 125 years. Are you looking to join a company that treats their employees like family? We believe our employees are our biggest asset!

When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within. We offer an industry leading benefits package that includes competitive wages, health insurance, life insurance, paid vacation, paid time-off, paid holidays, paid bereavement leave, profit sharing, 401k and store discounts.

You may apply in person or download a driver application from our website. All applications should be submitted to:

Dan Uhlman, Manager
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com

E.O.E.



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All employees receive a Free Seasons Pass and Food & Beverage discounts.

For more information or to apply online please visit
www.loonmtn.com/jobs
Equal Opportunity Employer



Lumber Materials Handler

Belletetes has an immediate opening in our Ashland location for a full-time Lumber Materials Handler. The successful candidate is responsible for assisting customers and contractors locate materials and load vehicles, receive incoming shipments and select loads for delivery trucks. Computer skills and prior lumber and building material experience is beneficial. Heavy lifting is required. Saturday hours on a rotating basis.

Belletetes is a 5th generation, family-owned building materials supply company that has been in business for over 125 years. Are you looking to join a company that treats their employees like family? We believe our employees are our biggest asset!

When you join our team, you will be working in a family-friendly atmosphere where career growth is important, and we try to promote from within. We offer an industry leading benefits package that includes competitive wages, health insurance, life insurance, paid vacation, paid time-off, paid holidays, paid bereavement leave, profit sharing, 401k and store discounts.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, c/o Belletetes Inc.
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com

E.O.E.

LEGAL

PUBLIC HEARING Newfound Area School District

The Newfound Area School District will be conducting a Public Hearing.

To discuss the transfer of funds from the Maintenance Trust Fund to support the purchase of new cafeteria tables.

The Public Hearing will take place on August 14, 2024, at 6:30PM at Newfound Regional High School, 150 Newfound Rd. Bristol, NH 03222

Melissa Suckling, Chair
Newfound Area School Board

Waterville Estates Village District 562 Winterbrook Rd, Campton, NH 03223 Notice of Public Hearing

The Waterville Estates Village District Board of Commission will be holding a public hearing at 562 Winterbrook Road in Campton, NH 03223 on August 14, 2024, at 6:00 PM to accept the improvements to the siding of the Community Center totaling \$29,744.96.

HEBRON PLANNING BOARD Notice of Hearing

MINOR SITE PLAN REVIEW

You are hereby notified that the following **Minor Site Plan Review** will be heard at a Public Hearing to be held Wednesday August 7, 2024, at 7:00 PM at the Town Offices, 7 School Street, Hebron NH the second-floor conference room.

Minor Site Plan Review: Holt-Elwell Memorial Foundation Route 3A (Map#7 Lot#29) Camp Mowglis would like to rebuild “Hope to Be” cabin in a new location to conform to the 50’ setback and will be a wood structure 11,648 sq.ft. keeping the old deck and floor of the existing building to become a deck.

Also available by remote

Please join Hebron Planning Board on GoTo from your computer using the Chrome browser.

<https://app.goto.com/meet/596-861-509> Tel# 1-571-317-312



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LEGAL PROBATE NOTICE THE STATE OF NEW HAMPSHIRE 2nd Circuit - Probate Division - Haverhill 7/5/2024 thru 7/18/2024

APPOINTMENT OF FIDUCIARIES

Notice is hereby given that the following fiduciaries have been duly appointed by the Judge of Probate for Grafton County. All persons having claims against these decedents are requested to exhibit them for adjustment and all indebted to make payment.

Griffin, Jerrold Clement, late of Ashland, NH. Julianne Elizabeth Griffin, Lynnewood Road, Laconia, NH 03246. #315-2024-ET-00314

Guyotte, Robert C, late of Holderness, NH. David R Guyotte, 450 East Holderness Road, Holderness, NH 03245. #315-2024-ET-00189

Ouellette, Joel B., late of Lincoln, NH. Deborah M. Ouellette, 16 Franklin Street, Lincoln, NH. 03251. #315-2024-ET-00191
Dated: 7/19/2024

THE STATE OF NEW HAMPSHIRE JUDICIAL BRANCH NH CIRCUIT COURT

2nd Circuit- Family Division - Plymouth
26 Green St.
Plymouth NH 03264

Telephone: 1-855-212-1234
TTY/TDD Relay: (800) 735-2964
<https://www.courts.nh.gov>

CITATION FOR PUBLICATION- MARITAL In the Matter of Halley Decosta and Curtis Cawley, SR Case Number 669-2023-DM-00161

On December 22, 2023, Halley Decosta of Lincoln, NH filed in this Court a Parenting Petition with requests concerning:

The original pleading is available for inspection at the office of the Clerk at the above Family Division location.

Until further order of the court, each party is restrained from selling, transferring, encumbering, hypothecating, concealing or in any manner whatsoever disposing of any property, real or personal, belonging to either or both parties except (1) by written agreement of both parties, or (2) for reasonable and necessary living expenses or (3) in the ordinary and usual cause of business.

The Court has entered the following Order(s):

Curtis Cawley, SR shall file a written Appearance Form with the Clerk of the Family Division at the above location on or before **August 31, 2024** or be found in DEFAULT. **Curtis Cawley, SR** shall also file by **September 30, 2024** a Response to the Petition and by **September 30, 2024** deliver a copy to the Petitioner's Attorney or the Petitioner, if unrepresented. Failure to do so will result in issuance of Orders in this matter, which may affect you without your input.
July 02, 2024
Deborah A. Nichols, Clerk of Court (282)

WALTER I. LEE EDUCATIONAL FUND

Letters requesting a grant from the Walter I. Lee Educational fund are being accepted by the Campton School Board during the month of August.

Candidates must be high school graduates, residents of the Town of Campton and have attended Campton Elementary School.

The grants are available for attendance at college, nursing school, vocational school etc. The schools must be accredited and the student must be enrolled at the time when he/she applies for the grant.

Candidates may write to any member of the Campton School Board, stating where they are enrolled for the current academic year and requesting a grant.

Letters must be received no later than September 1. Grants will be decided at the September School Board Meeting. Payment will be made when the student notifies the Board by letter, of the successful completion of the first semester at his/her chosen school. Please be sure to include your name, mailing address, phone number and email in your letter.

Campton School Board Members
Danny Desrosiers, Amanda Guilbert, Donna Hiltz, Ryan Timms, Kelly Wieser

Mail letters to:

Campton Elementary School
1110 NH Rte 175
Campton, NH 03223

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Patients are not only impressed by Dr. Rocke’s decades of success as a surgeon, they value her compassion and personalized care.



“I look forward to continuing the tradition of excellent surgical care provided by Plymouth General Surgery,” says Dr. Rocke.

A meticulous surgeon with outstanding surgical outcomes, Dr. Alice Rocke is a valuable addition to Plymouth General Surgery at Speare Memorial Hospital. Board-certified by the American Board of Surgery, Dr. Rocke has more than thirty years of experience as a highly skilled surgeon. She earned her medical degree from the Medical College of Wisconsin and completed her residency in general surgery at Western Pennsylvania Hospital. She is committed to delivering high-quality patient care, understanding each patient’s unique needs.

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