

PMHS golf off to a good start: See page B2

The Baysider

THURSDAY, SEPTEMBER 21, 2017

COVERING ALTON, BARNSTEAD, & NEW DURHAM - WWW.SALMONPRESS.COM

FREE

Barnstead El introduces Responsive Classroom

BY DAVID ALLEN
Contributing Writer

BARNSTEAD — Barnstead Elementary School administrators and board members are hopeful that a new approach to managing student behavior will help children learn better and enjoy school more, improve the teaching experience for staff, and lead to fewer concerns by parents about their child's school experience.

The school began implementing the new approach with the first day of classes this fall. Planning and preparation began in the middle of last year when Dr. Brian Cochrane, who

came to Barnstead as superintendent a year ago, began discussions with the board and administrators about the new approach.

Dr. Cochrane says that the new approach is modeled on a system developed by the Center for Responsive Schools and called the Responsive Classroom. BES is using materials published by the center and working with Michael Anderson, a consultant who helped develop the approach, "wrote the book" (or at least one of the books) for implementing the system, and has coached and trained dozens of school systems in its im-

plementation.

Assistant Principal Jeni Laliberte told the Baysider that the heart of this approach is the belief that the key to academic success and learning is a strong foun-

ation of social and emotional learning. So, what is social and emotional learning?

The Responsive Classroom web site identifies five key competencies: 1. Cooperation, 2. Asser-

tiveness, 3. Responsibility, 4. Empathy, and 5. Self-control.

In addition to these social and emotional competencies, they also identify four academic competencies: 1. Aca-

ademic mindset, 2. Perseverance, 3. Learning strategies and 4. Academic behaviors.

Principal Tim Rice adds that research in the last 20 years has shown **SEE BARNSTEAD, PAGE A6**

Fred ready to get back to work

Return of K9 program in proposed police budget

BY MARK FOYNES
Contributing Writer

NEW DURHAM — Fred has been out of work for over two years. He's a German Shepherd who used to be the town's police dog, but was let go back in 2015. According to Fred's handler, NDPD Chief Shawn Bernier, Fred is hoping to return to duty if town leaders and voters approve.

"Like everyone on the force he lives to serve and is just waiting for the opportunity," Bernier said in a phone interview Monday, noting that such an event is now at the discretion of town financial planners.

"We're submitting the police budget hoping Fred can come back to work, but it's up to [budget planners] for now," Bernier added that the K-9 unit is a low-cost/high-yield part of the NDPD's anticipated expenses, which now includes a fully-staffed force of four officers and a chief.

As the town enters its budgeting process, the NDPD has identified the reinstatement of its K-9 unit as a key

priority.

Fred is five-and-a-half-year-old German Shepherd that's become a high-profile symbol of the NDPD's mission to uphold the town's safety and well-being. He has 1,013 Facebook followers in a town of some 2,600 residents.

Chief Bernier explained that Fred is a key resource in an effort he calls "community policing," noting that Fred is a "valuable asset in outreach events."

"Yeah, when we'd do an event, people - especially kids - would just gravitate to Fred," Bernier noted, adding, "That makes him an important PR tool as we, as safety officers, try to connect with the community and let people and children know about how public safety staff serve everyone."

The chief is philo- **SEE FRED, PAGE A10**



Fall colors

The nation's colors add to the incoming autumn colors of the trees in Alton Bay on a recent afternoon.

GEORGE MURPHY - COURTESY PHOTO

Rotary brings its message to New Durham

Local service organization welcoming new members

BY CATHY ALLYN
Contributing Writer

NEW DURHAM — You've probably gone to one of the Home and Garden Shows at Prospect Mountain High School (PMHS), maybe you painted a wooden butterfly this summer as part of Alton Old Home Week, or saw the display. No doubt you've heard the name Rotary, know it's a service organization, heard someone say a neighbor or a cousin is a member.

But what do they do and who exactly are they?

And even more importantly, how do they impact you?

Alton Centennial Ro-

tary Club is out to clear up any questions about the group. And they started in New Durham with an evening Welcome Night on Monday, Sept. 11, at the New Durham Public Library.

"Members of the Alton-Barnstead-New Durham Rotary Club will now be more visible to the people of the towns we serve," President Rich Leonard said. "New Durham is where we initiated our first evening meeting."

Membership chairperson David Bloser said the club name, derived 11 years ago, mentions Alton, "but we service Barnstead and New Durham, too. Our

thought is to get more exposure in those communities. We want to reach out to some of the businesses there with ideas, and to follow through with that we need a physical presence."

The club meets every Thursday morning at 7 a.m. at the Pearson Road Community Center in Alton. The addition of a monthly evening meeting, rotating through the communities, offers an opportunity to reach members and potential members who can't make the morning gatherings.

Bloser said the evening event in New Durham went well. "We were pleased with it."

Club members urge the public to attend the meetings, breakfast or evening, to find out what the club is all about.

"My focus is to demonstrate to the local communities the services provided by Rotarians," Leonard said. "With our different skill sets and talents, and with a

motto of 'Service Above Self,' we create positive change both locally and globally."

That's quite a claim, but it's easily proven. Rotary International has been around for more than 110 years and is now a global network of 1.2 million. Members take action on sustainable projects from literacy and peace to clean water and health.

Beginning with polio vaccinations in the Philippines in 1979 with the intent of eradicating the disease, Rotary's efforts worldwide are making the end of polio, which is now endemic in only three countries, possible.

Add community development, economic programs, and disaster relief, and you have a brief overview of what this organization accomplishes.

But "helping out your neighbors is a good feeling," member Mark Tilton said, and this club **SEE ROTARY, PAGE A11**

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COURTESY PHOTO

Hawaii visit

Skip and Barb Cutting of Strafford check out the Baysider while on vacation in Hawaii. Three generations visited three islands while they were in the country's 50th state. If you have a photo of you and The Baysider in a unique location, send the photo and pertinent information to baysider@salmonpress.news.

PMHS senior class hosting spaghetti supper tonight

ALTON — The Prospect Mountain senior class will be hosting a spaghetti supper on Thursday, Sept. 21, from 5 to 7 p.m. at the high school cafeteria.

Tickets are available at the door, with discounts available for children 10 and under and for senior citizens. There is also a family rate.

Spaghetti and meatballs will be served, while other options will include macaroni and cheese and gluten-free rotini with meatballs. All meals will be served with garlic bread and dessert.

Residents enjoy return of Barnstead Old Home Day

Elaine Swinford named Citizen of the Year

BARNSTEAD — A grand time was had by all that came out to share in the fun at Barnstead Old Home Day on Sept. 9. The rain held off and everyone enjoyed beautiful weather. The kids loved the parade, Motion Man and especially the touch-a-truck event. Eleven kids even went home with brand new bikes for their efforts decorating their own bikes for the bike parade. The smiles on their faces and in their eyes made every minute of preparation for the event worthwhile. Other happy attendees were Michael Minot, the winner of the quilt, Karen Trefry, the winner of the "People's Choice" trophy for her white Thunderbird entry in the car show, as well as the many winners in the vendor raffle. Jennifer Blair was the winner of the "Beautiful Barnstead Photo Contest," which was sponsored by the Barnstead Community Grange.

A big congratulations goes out to Barnstead "Citizen of the Year," Elaine Swinford.

The Old Home Day team of Lisa Caldwell, Jeremy Charette, Kathy Kelley, Lori Mahar, Becca Richards and Kim Riel would like to thank the following for their donations of time, ideas, money, talents and heart: Town of



COURTESY PHOTO
ELAINE SWINFORD was named Barnstead Citizen of the Year at Old Home Day celebration on Sept. 9.



COURTESY PHOTO
MICHAEL MINOT won the quilt raffle at Barnstead's Old Home Day.



COURTESY PHOTO
(Left) **KAREN TREFRY** won the People's Choice trophy at the Old Home Day car show.

Cindy Chase, Carol Tiede, Chris Bonoli and friends, Claflin Janitorial Services, Clark's Grain Store, Combustion Motorworks, Dave and Eileen Murley, Dollar General, Epping Well and Pump, Gail Eaton of "On the Dance Floor," Gunnar Stohberg, Hope Carazzo, John Cotton, JJ Goodwin's, Lank Excavating, MDR Construction, Megan Arey of Inspire K-9, Nancy Carr, PMHS Marching Band, Reeds Ferry Sheds, R-Tech Services, the Riel family, Shamrock Hill Home Gardens, Shamrock Outdoor Services, Memphis Hair Studio and the many volunteers.

This event was fully funded by the generous donors listed above and the attendees. This does not come out of residents' taxes. Every penny spent on the entertainment, games and fun for the day was earned back through the raffles, t-shirt sales, and face painting. Organizers hope you'll come out again next year and bring your friends.

Barnstead Selectmen, Barnstead Police Department and Chief Paul Poirier, Barnstead Fire Department and Chief Shawn Mulcahy, Jean-

nie Terry, Alex Beijer, Marshall), B&S Septic, Belle Rollins (the Grand BES Band, Buddy and

Gilman Library closed for painting

ALTON — The Gilman Library, at 100 Main St., Alton, will be closed Saturday, Oct. 7, for painting of the Archival Room. In addition, the Agnes Thompson Meeting Room, on the lower level of the Gil-

Masons planning bean-hole dinner

ALTON — The Masons of Winnepisaukee Lodge in Alton will be hosting a bean-hole supper on Saturday, Sept. 23, from 4 to 7 p.m. The menu will consist of smoked ham, kidney and navy beans cooked in cast iron pots in the lodge's bean hole pits, plus the usual fixings, including dessert. Fruit punch, lemonade, cof-

fee, tea, or water will also be provided. Don't want to pile everyone into the car? You can get the meal to go with their takeout boxes. The lodge is located on Route 28, a quarter mile south of the Alton Circle. For more information, contact Steve Hurst at 387-5316 or go to www.winnepesaukee-masons.com.

Cub Scout recruitment tonight at Alton Central

ALTON — Alton Cub Scout Pack 53 will have a fall recruitment at Alton Central School Thursday, Sept. 21, from 5:30 to 8 p.m.

All boys grade K-5 are welcome and encouraged to join Cub Scouts. For more information, see www.beascout.org, or e-mail Cub Master Gary at yewdallg@aol.com. The Scouts also meet every Wednesday at the Mason Lodge on Route 28 at 5:45 p.m. New families are always welcome.

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JOSHUA SPAULDING
SHAWN CULLEN won the St. Katharine Drexel 5K road race on Saturday.



JOSHUA SPAULDING
ROBYN WARREN was the top woman in Saturday's St. Katharine 5K in Alton.



JOSHUA SPAULDING
JOSEPH KAPPAS has a nice look for the camera at the start of Saturday's race in Alton.



JOSHUA SPAULDING
KEN HOULE, Nathan Archambault and Bruce Rawnsley (l to r) run at the start of Saturday's St. Katharine Drexel 5K/10K.



JOSHUA SPAULDING
JUDI LEMAIRE leads Marie LaFreniere at the start of Saturday's road race at St. Katharine Drexel Church.

Cullen, Kelley capture top spots in St. Katharine Drexel races

BY JOSHUA SPAULDING
 Sports Editor

ALTON — The sixth annual St. Katharine Drexel 5K and 10K took place on Saturday morning, starting and finishing at the church, located just off Route 28 in Alton.

In the 5K race, Shawn Cullen took the top honors with a time of 21:02.

Robyn Warren was second across the finish line and was tops among women with a time of 22:19.

Stuart Siegler followed in 23:16, Deuce Smith ran to a time of 23:27 and Bruce Rawnsley rounded out the top five with a time of 25:04.

Ken Houle was sixth in 25:12, followed by Judi Lemaire, the second female overall in a time of 25:34. Rick Wehrman finished in 26:13, Colleen Smith ran to a time of 26:33 and Marie LaFreniere finished in a time of 27:55 to close out the top 10.

Nathan Archambault finished in 28:30, Peyton Hadfield finished in 28:51, Jennifer Keaton finished in 29:10, Josh Keaton crossed in 29:12, Alice Kappas ran to a time of 29:57, Nathaniel Thomas finished in 30:27, Nathan Kappas placed 17th in 30:32, Betsy Kretchmer followed in 31:48, Randy Archambault finished in 32:15 and Pauline Archambault rounded out the top 20 in a time of 32:17.

Ann Pratt finished in 33:22, Cailla Kelley finished in 33:44, Patti Cain recorded a time of 34:10, Becky Lupien ran to 24:43, Amanda Chase crossed in 34:49 and Jackie Nicastro was 26th in 34:58. Arianna Nicastro finished in 35:02, John Leone finished in 35:04, Todd Johnson was next in 35:24 and Wendy McHugh finished 30th in 36:33.

Joe Rawnsley finished in a time of 36:55, Stephen Rawnsley was next

in 36:59, Joseph Kappas finished in 38:56, Denise D'Eri put up a time of 40:03, Mike Burke finished in 44:57, Elizabeth Santos finished in 44:59, Sonja Kappas placed 37th in 46:34, Sharon Stackhouse was next in 46:47, Jimmy Stackhouse crossed in 46:50 and Lauren Fleet rounded out the first 40 runners in 47:17.

Deborah Wehrman finished in 47:54, Lorinee Spinale crossed in 49:37, Kylei Merrow finished in 52:22, Arthur Hoover crossed in 52:32, Gloria St. Martin finished in 52:36, Paul St. Martin finished in 52:38, Jeannie File placed 47th in 52:59, Veronica Rawnsley finished in 53:58, Veronica A. Rawnsley finished in 54:00 and Justin Rawnsley finished out the top 50 in 54:04.

Richard Schafer finished in 54:18, Mary Ann Schafer finished in 54:20, Loir Kirwan finished in 54:24, Noreen Pitts crossed in 57:09, Vincent Messina was next

in 57:19, Hayden Merrow finished in 57:25, Mark Williams took 57th in 57:35 and Sarah Williams crossed in 57:42.

In the 10K race, Ben Kelley led the way with a time of 47:58.

Eileen Colliton was second overall and first for women in 49:42.

Colyn Pineo finished in 50:01, Ellen Raffio fin-

ished in 51:44 and Mitch Merrow rounded out the top five in 54:16.

Sixth went to Nick Cook in 55:31, followed by Sandra Woehr-Blouin in 55:43, Brendan Curran in 56:24, Steve Sirois in 56:39 and Kevin Baker in 58:18.

Jonathan Powell was 11th in 59:54, Felice Colliton was 12th in

1:02:51, Janelle Labarre finished 13th in 1:04:04, Melody Pitman finished in 1:06:29 for 14th place, Susan Rader crossed in 1:06:57, Robin Baker finished in 1:10:46 and Art

Maynard finished in 1:11:22.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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All together now

Last week's paper had updates from committees in the local community that are working, both together and separately, to battle milfoil and cyanobacteria in the region's waterways.

The communities of Alton and New Durham have been working together, with residents from both towns coming to the table, to help figure out just what is causing the cyanobacteria problem that plagues the Merrymeeting River. The committee doing this work approved moving forward with a Watershed Management Plan to identify all sources of phosphorus entering the Merrymeeting River and develop a plan to reduce the high levels of the nutrient entering the water. The committee recognized that developing a WMP is the first step to seek federal funding for a solution to the problem. The committee hopes that reducing phosphorus loads in the river will limit the amount entering Alton Bay and in addition to helping the river, will help keep Lake Winnepesaukee pristine moving forward.

The New Durham committee working on eradicating milfoil in the community, had a report that 190 gallons of the life-strangling weed were removed from Jones Pond and 30 gallons were removed from Downing Pond.

Like their counterparts in Alton, which readers have heard from on a regular basis in recent years, the New Durham folks battling milfoil are doing thankless work and residents of the community should be grateful for their work in keeping the community's waterways clean and pristine for all to enjoy.

Contributing writer Mark Foynes was scheduled to take a trip with one of the local residents helping to battle the weeds in the water, but last week's rain postponed that trip to a later date and we're hopeful he will be able to set up another date to provide readers a bit more inside information about the fight to keep the waterways clean.

In the Lakes Region, we rely heavily on our natural beauty to help provide jobs and money into the local economy. People come from all over to our beautiful corner of the state and one of the reasons they do so is because we have abundant lakes and rivers that are great for outdoor recreation.

However, we need to take care of those bodies of water if we want to continue to enjoy them throughout the year. This could be as simple as checking your boat and its motor for any foreign objects before you put it in the water or volunteering to work with the local committees working to keep the water clean.

We urge anyone with a special interest in the water to contact their local town hall and see if there is a way they can help out with the town committees that are currently fighting this battle.

Milfoil battles have seen good success over the last few years and we're happy to see collaboration between Alton and New Durham on the cyanobacteria issue and hope that this too results in steps in the right direction.

People coming together to make things work is a hallmark of New England and we hope to see this spirit of partnership continue in the year to come.



MATTHEW FASSETT - COURTESY PHOTO

Talking Bob

Eight members from Team Bob at Prospect Mountain High School brought Bob the robot to visit members of the Alton Rotary Club. In addition to building their robot in six weeks last January, the Team Bob members took Bob to competitions and in the course of the year gained practical technical knowledge. The Prospect Mountain team was recognized for spirit and professional awards in helping other teams at their competitions. On Nov. 11, 1,000 students and their advisors representing 28 schools from across New England will assemble for an off-season robotics event at Prospect Mountain High School. The Team Bob students welcome community support with both financial donations and encouragement. The high school cafeteria at Prospect Mountain will be transformed into a pit area for the competing team for this day-long event. All of the students are assigned different responsibilities to insure that their performance is highly effective.

Letters to the Editor

Italian dinner a success thanks to many

To the Editor:

On behalf of the Zechariah Boodey Farmstead Committee, I would like to express our sincere gratitude and appreciation to our sponsors for their support for the Italian dinner benefit. By providing sponsorship for the "Italian dinner," all the proceeds have been applied to the "barn raising" campaign, which is the next phase of the Zechariah Boodey Farmstead project. Thank you Johnson's Restaurant and Market Place, Wal-Mart, Hannaford, Taylor Rental, Lisa's Dragon Fly Garden and Design, Christine Maguire and Charlene Peloquin. Thank you to our volunteers who lent their hands to help

with our needs before, during and after this event. They are Patty Luckern, Robin Stuart, Sherry Joy, Josh, Elizabeth, Marge, New Durham Fire Association, New Durham Recreation Director, Board of Selectmen and Scott Kinmond. The proceeds raised during the dinner leave a balance of \$4,626 to be raised to meet our fundraising goal of \$20,000 by spring 2018. Thank you for contributing to our very successful event.

Catherine Orlowicz
Chair

Zechariah Boodey Farmstead Committee

Thanks for supporting road race

To the Editor:

The St. Katharine Drexel 5K/10K road races and 5K walk would like to thank all those who supported us in any way, making our sixth annual event on Saturday, Sept. 16, most successful. Runners and walkers of all ages and abilities were energized and enthusiastic. While "locals" dominated the entrants, we had folks from a number of surrounding towns and even out-of-state [Connecticut and South Carolina].

Our charities, the Jim Foley scholarship given to a Kingswood senior each year, the Camp Fatima Special Needs program in Gilmanton, and the Indian mission founded by St. Katharine Drexel in 1903, all benefit from the generosity of others. We are most grateful to our sponsors: Eastern Propane and Oil of Rochester and Integrity Earthworks were title sponsors. Gold sponsors included All Earth of Wolfeboro, Northeast Delta Dental and Granite State Physical Therapy. Our silver sponsors were Weston Auto Body of Wolfeboro, Wolfeboro Eye Associates, Closet Place/Wolfeboro, Calico Graphics/Wolfeboro, Johnson's Seafood and Steak/New Durham, and Big Dave's Bagel and Deli/North Conway. Bronze

sponsors were Bartlett Tree Service/Wolfeboro, Peaslee Funeral Home/Alton, Bon Venture Bulletin Services, Nordic Skier/Wolfeboro, Hannaford/Alton, Harvest Market/Wolfeboro Falls, Alton Bay Country Store.

Providing raffle prizes were River Run Deli/Alton, Lisa's Dragonfly Gardens/Alton, Huck's Hoagies/Wolfeboro, Gatherings at Stellalona/Wolfeboro, Linda's Flowers/Wolfeboro Falls, Butternuts/Wolfeboro, Shibley's Drive-In/Alton Bay, Jack's Pizza/Pittsfield, Ackerley's Grill and Galley/Alton, La Boca/Wolfeboro, Mill Street Market/Wolfeboro, Bayside Grill and Tavern/Wolfeboro, Core Dynamics/Alton, Bailey's Bubble/Wolfeboro, Penny Candy Shop/Wolfeboro, Aubuchon Hardware/Alton, Wolfeboro Car Wash and Executive Detail, Downtown Grill/Wolfeboro and 7 Suns/Wolfeboro.

Without our runners and walkers, the community support, and the generosity of our sponsors and businesses supplying raffle prizes, we could not help others, which is always our goal. A very big and special thanks to all, come join us in 2018.

Robin Allen-Burke
Race Director



The Baysider

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Water quality information session scheduled for Sept. 27

NEW DURHAM — The first information session for the residents of New Durham on the health of the Merrymeeting River watershed area and its impact on the town of New Durham will be held at New Durham Elementary School at 7 p.m. on Sept. 27.

This meeting will introduce residents to the concept of watershed management planning and discuss the current state of the Merrymeeting River and some of its tributaries.

Water quality in the Merrymeeting River has been deteriorating over

the years with a major shift seen in the past three years. Repeated overgrowth of toxic cyanobacteria, first in Downing Pond and later in Jones Pond, have prompted the New Hampshire Department of Environmental Services to classify the river as impaired. Overgrowth of algae and vascular plants have begun to hamper swimming, canoeing, kayaking and motorized boating. This has ramifications for human recreational use, wildlife, and ultimately, property values.

This first session will review water quality

data collected in the river over the past two years and explain how the values seen will affect the future of the river. To address these changes the Cyanobacteria Mitigation Steering Committee has voted to develop a Merrymeeting River Watershed Management Plan. Learn what that plan will encompass and

how it will be used to rectify the changes taking place. There will be a discussion of both point sources and non-point sources of pollution and how they can be remediated.

The entire public of New Durham is invited to attend and questions from the audience are encouraged.

Fall Festival Sept. 30 at PMHS

ALTON — On Saturday, Sept. 30, from 12 to 4 p.m. Prospect Mountain High School's Student Council is hosting

Fall Festival. Join in at PMHS for festivities, good food, face painting, and more. Everyone is welcome.

DMV offices closed for upgrades in October

REGION — The New Hampshire Department of Safety, Division of Motor Vehicles (DMV) will implement a new driver licensing system in October to replace the current system originally implemented in the 1980s. Implementation of the new system will require the closure of all DMV offices on Monday, Oct. 9, and Tuesday, Oct. 10, and will temporarily limit some services.

“Although temporarily closing DWV officers is required

during this transition time, we are aware of how the closure will impact our customers,” said DWV Director Elizabeth Bielecki. “Hopefully, by providing the advanced notice, we will minimize the inconvenience this closure will cause.”

During the transition, town/city municipal clerks will not be able to process the state portion of vehicle registrations from Friday, Oct. 6, through Tuesday, Oct. 10.

Online services, including online driver

license renewal and online ticket pay, will not be available from Wednesday, Oct. 4, through Wednesday, Oct. 11.

Ticket pay by phone will not be available on Monday, Oct. 9, and Tuesday, Oct. 10. To pay a ticket by phone on another day during normal business hours, please call 1-800-272-0036.

Customers are encouraged to complete the DMV transactions regarding driver licenses and registrations in advance of ex-

piration dates if they expire during the transition period. In the days following implementation of the new system, customers may

experience longer than usual wait times and are asked to plan their visit accordingly.

Save time by completing forms in ad-

vance of your visit. Answers to frequently asked questions and forms are available at the DMV web site at nh.gov/dmv.

Coffee with the town each month in New Durham

NEW DURHAM — The Town of New Durham has announced a community connection initiative, “coffee with the town.”

The hope is to foster communication and connections between town officials and staff and the residents that they serve.

“Coffee with the town” will take place the first Wednesday of each month from 9

to 10 a.m. at the New Durham General Store, located at the corner of Depot Road and Old Bay Road.

Residents are invited to stop by the general store and meet local officials and staff. Residents are welcome to ask questions, provide comments and offer opinions and needs. These town officials and staff will help in getting answers to

questions and listen to concerns and needs.

The first “coffee with the town” took place with Town Administrator Scott Kimmond.

The upcoming schedule includes Selectman Cecile Chase on Oct. 4, Selectman Rod Doherty on Nov. 1 and Selectman Chairman David Swenson on Dec. 6.

New Durham Cub Scouts hosting pair of events

NEW DURHAM — The Farmington Fish and Game Club. Stop by for a s'more and to learn more about scouting in the community.

There will be an open campfire on Friday, Sept. 22, 6-7 p.m. at the property across the street from

the Farmington Fish and Game Club. Stop by for a s'more and to learn more about scouting in the community.

There will be an open house at New Durham Elementary on Sept. 28.

Visit the Cub Scout table to ask questions or to pick up a registration form.

For more information, contact them at scoutpack859@gmail.com.

Storytelling through Irish music at Oscar Foss Memorial Library

BARNSTEAD — On Wednesday, Sept. 20 at 7 p.m., Jordan Tirrell-Wysocki will relay some of the adventures, misadventures and emotions experienced by Irish emigrants through traditional music. The focus will be on songs about leaving Ireland. These may include reasons for leaving, revealing what happened upon arrival, and exploring the universal feeling of homesickness of a stranger in a strange land. The presenter will discuss the historical context of these songs, interspersing their stories with tunes from Ireland that made their way into New England’s musical repertoire, played on his fiddle or guitar. This event will take place at the Barnstead Town Hall and is sponsored by the Barnstead Historical Society and Oscar Foss Memorial Library, with funding made possible by NH Humanities.

morial Library and Barnstead Adventure Zone program have been approved for a VISTA grant. VISTA stands for Volunteers In Service To America. As a VISTA, you will work for a minimum of one year to build programs, create change and fight poverty in New Hampshire communities. The VISTA for the local program will work to grow its volunteer base, develop sustainable programming and fundraising and create marketing campaigns that engage the community and increase involvement. For more information, please contact Danielle at the library or visit the library web site.

Library programs

The library’s middle school and teen programs have begun, including Writer’s and Graphic Novel Clubs. Middle school activities are for students in fifth through eighth grades and the teen programs are for students in ninth through 12th grades. Please check the library

web site or call the library for more information about these programs.

Banned Book Week

Join in at the library to celebrate Banned Book Week, Sept. 24-30. Banned Book Week is a national event that celebrates the right to read. Fun displays and activities will be going on all week, so come on down and stand up for your right to read.

Please call the library at 269-3900 or visit oscarfoss.org for more information about any of the library’s programs or events. There is always something happening at the Oscar Foss Memorial Library. Library hours are Tuesdays and Wednesdays from 10 a.m. to 6 p.m., Thursdays and Fridays from noon to 8 p.m. and Saturdays from 10 a.m. to 1 p.m. The library is closed on Sundays and Mondays.



ALTON POLICE LOG



ALTON — The Alton Police Department responded to 212 calls for service during the week of Sept. 10-16, including 11 arrests.

One male subject was arrested on a bench warrant.

One male subject was arrested for driving/operating under influence of alcohol.

One male subject was arrested for domestic violence and second degree assault.

One male subject was arrested for driving after revocation or suspension.

There were seven motor vehicle summons arrests.

There were five motor vehicle accidents.

There was one theft reported on Main Street.

There was one suspicious person/activity reported on Main Street.

Police made 58 motor vehicle stops and handled five motor vehicle complaint incidents.

There were 142 other calls for services that consisted of the following: Two assist fire department, one fraudulent action, two endangering/threatening, three assist other agency, one pistol permit application, two

animal complaints, one juvenile incident, one domestic complaint, three general assistance, one wanted person/fugitive, one alarm activation, one lost/found property, four highway/roadway hazard reports, five general information, one vehicle ID check, two civil standbys, one wellness check, seven community programs, one drug destruction, 61 directed patrols, one 911 hang-up, one K9 unit call/response, one motor vehicle lockout, three medical assists, one OHRV complaint, 14 property checks and 20 paperwork services.



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Duggan's Depot on the move

BY KATHERINE LESNYK
Contributing Writer

ALTON — Duggan's Depot in Alton is moving. The consignment store and art workshop is going from its current location to 5 Monument Square. The last day at the current location will be Sept. 23. The new store's new location will open on Oct. 4, and there will be a celebration of the move on Oct. 14 at the new store.

The first paint classes at the new location will be on Oct. 12 and 13. People who are interested in participating are encouraged to call or stop into the

Monument Square location once the transition is complete.

The store has been collecting and selling reduced-price dresses for semi-formals, proms and other formal events, and Kerri Duggan has said that they still have a large stock of them left, including a handmade purple gown that has yet to be worn. Duggan said that a woman made the dress for her niece, who abruptly moved and was unable to wear it. The donor looks forward to seeing who chooses the dress that she made.

People who bring in the dresses have



KATHERINE LESNYK
(Left) THIS HOMEMADE dress was donated to Duggan's Depot and proceeds from its sale go to Prospect Mountain High School.

the option to either consign or donate the items. The proceeds from sales of donated dresses go entirely to Prospect Mountain High School. For consigned items, the designer received their half of the proceeds, and the half that would normally go to Duggan's Depot will be donated to PMHS as well.

Starting soon, there will be a rack in Duggan's Depot that will have clothes that are all donated, and the proceeds will go into a scholarship that will be given to one Prospect Mountain senior who is heading to college.

Duggan extends her thanks to everyone who has stopped by her shop and who have helped to make Duggan's Depot a success.

Locke Lake board meeting is tonight

BARNSTEAD — The next monthly public Locke Lake Colony Association Board of Directors meeting will be held on Thursday, Sept. 21, at 6:30 p.m. at the lodge. These meetings are open to LLCA members only.

BARNSTEAD

(continued from Page A1)

that even though some children seem to start life with more ability in some of these competencies, all children can be taught to grow more competent in both the social and academic strengths they need.

Children can learn

cooperation, they can learn self-control, they can learn perseverance and they can learn learning strategies.

For generations the training of early childhood and childcare staff has focused on learning the regular and predictable stages of children's

growth, development and learning. Understanding these stages was the ground on which those who worked in childcare (including this reporter) planned activities and projects that meshed with the milestones children were approaching. Early childhood practitioners felt strongly that they had a key component that K-8 teachers were missing.

The Responsive Classroom is one of the first K-8 programs to incorporate understanding of child development as a key "domain" for teacher understanding and classroom planning. Over time many of the BES teachers will read their book, *Yardsticks, Children in the Classroom Ages 4-14*. This year each teacher has been given a pamphlet of "Common Developmental Characteristics" for the age groups they

teach.

Five year olds, for example, "Need lots of physical activity, including free play." Six year olds are "Beginning to understand past and present, and how and why things happen." For 10 year olds, "Muscles for jumping, running and other big movements are developing quickly," they are "Very good at memorizing facts," and they are "Open to learning mediation or problem-solving skills."

This "developmental awareness" is one of four key domains that Barnstead teachers are learning and beginning to implement this year. The other three are engaging academics, positive community, and effective management.

"Engaging academics" challenges "Adults [to] create learning tasks that are active, interactive, appropriately challenging, purposeful, and connected to students' interests."

For the domain of "positive community," teachers and paraprofessionals will be encouraged to "nurture a sense of belonging, significance and emotional safety."

And "effective management" means the adults in the school environment are responsible for "creating a calm, orderly environment that promotes autonomy and allows students to focus on learning."

One of tools BES will use this year is a "morning meeting" for each class at the start of the day. Early in the year a

morning meeting for the earliest grades might include each child sitting on their name taped to the floor, teacher greeting each child by name, a simple round the circle sharing of "what is your favorite animal?," singing an easy song, and students reading together a morning message written on the board by the teacher before school starts.

In this short time the teacher and children are touching on all five of the social and emotional competencies: "cooperation" by following the teacher's call to circle and by facing each other in a format that gives the feel of team and together; "assertiveness" by speaking aloud the name of a favorite animal; "responsibility" by following directions; "empathy" by listening to the favorite animals of other children; and "self-control" by waiting for your turn to talk.

According to Vice-Principal Laliberte, three key things are new. Most importantly, the teacher and students will soon enough begin to talk about "cooperation", first naming it, then describing it, and (hopefully) eventually challenging each other to live it in their BES daily life. Secondly, they will repeat it daily throughout their BES career. And thirdly, they will share the experience with every other student, teacher and paraprofessional at the school.

These are the steps that research has demonstrated take the morning meeting out of the domain of "something we did at school today" and into the domain of intentional teaching of social and emotional competencies that will help students be more likely to thrive in their reading, writing, and arithmetic.

Another technique some teachers already use and others are being encouraged to use is a more thoughtful balance of quiet time and active time. Again,

what's new about quiet time and active time. And again, what's new is being very thoughtful about how much of each and what times during the day, nudging teachers to think about active time indoors as well as outdoors, and eventually, articulating the practice, and talking with children about the fact that interspersing active and quiet times into the day is one of many useful and important "learning strategies," academic competencies they need to learn and practice on their own to thrive at BES and in their life.

There are a basketry of cliches that can be tossed at the BES board and administration at this point. "Words are cheap, results are hard" "The proof will be in the pudding." "Teachers, students, and parents just get used to one system and then some smarty comes along and turns everything upside down with the latest fad."

Dr. Cochrane, for one, is not phased. "It's not going to happen overnight but before the end of this year parents and teachers will see the improvements. We have spent months preparing for this new approach. Fourteen teachers took almost a week out of their summer for intensive training. In the days before school started Mr. Anderson did training for the entire staff and the 14 trained in the summer worked with their peers to pass on what they had learned."

Dr. Cochrane calls himself a "data hound" and plans to track the changes carefully and have the information to let the board and community know where the classrooms are responding and where there may need to be tweaks and adjustments to keep the new approach on the right track.

Rice adds, "We can feel the difference already and the teachers are telling us they like some of the new things they are doing."

STATE OF NEW HAMPSHIRE BARNSTEAD SCHOOL DISTRICT SAU #86 INVITATION FOR BID FUEL OIL

School Administrative Unit #86 invites interested vendors to submit bids for supplying fuel to the Barnstead School District for the September 1, 2018 through April 30, 2019 time period. Bids are due no later than 1:00 PM on Tuesday, October 24 by email to Donna Clairmont at dclairmont@mybes.org. Should you require further information or specifications, please email Donna.

Alton Central School, SAU #72 Child Find

SAU #72 serves the Alton School District. As mandated under the Individuals with Disabilities Act, public schools must provide special education for all children between the ages of 3 and 21 who are determined to be educationally disabled. Additionally, school districts are required to have formal "Child Find" procedures to locate, evaluate and count children who may have disabilities to ensure that eligible children are found, classified and provided needed services. This law applies to all children, including those in nonpublic schools, preschools and hospital settings, as well as children who are wards of the state and homeless children.

If you suspect that a child may have an educationally disabling condition, you are encouraged to contact the school district in which the child resides to discuss your concerns. School personnel will provide you with information on the procedures for making a referral. SAU #72 will hold their fall Child Find on October 4th from 8:30-11:30am at Alton Central School.

For additional information, please contact Jennifer Katz-Borin, Director of Special Education SAU #72 at 875-9302.

ALTON SCHOOL DISTRICT INVITATION TO BID SNOW PLOWING

The Alton School District is requesting bids for snow plowing, sanding and snow removal at the Alton Central School and the SAU #72 Office for the 2018 & 2019 seasons. Bid specifications can be obtained by either calling or writing the SAU #72 Office, 252 Suncook Valley Road, Alton, NH 03809, telephone 875-7890. Bids are due at the SAU #72 office no later than **Thursday, October 5, 2017 at 1:00 PM in a sealed envelope clearly marked "Snow Plow Bid."**

ALTON SCHOOL DISTRICT INVITATION TO BID ON 2017-2018 PROPANE SUPPLY

The Alton School District invites interested vendors to submit bids for supplying propane to the Alton School District for the 2017-2018 school year. Specifications are available upon request by calling (603) 875-7890 or email dbrown@sau72.org. Bids will be accepted at the Office of the Superintendent, 252 Suncook Valley Road, Alton, NH 03809 up to **2:30 PM on Thursday, October 5, 2017.**

Active Parenting Series returns to Alton Central Monday

ALTON — On Mondays starting Sept. 25, the ever-popular Active

Parenting Series will be offered at Alton Central School.

It is a six-week series developed to aid in the difficult task of raising

children. Through the use of videos modeling typical situations, par-

ents have an opportunity to learn new ways to handle conflicts.

angels and vice versa; kids and school. Trials, tribulations and traumas of parents and kids. Birth order, status and family dynamics. Old habits; new lenses. Tried and true tips for saner, safer and sillier parenting.

Parenting is one of the hardest jobs in the world. All the love parents have for their children doesn't automatically make them effective parents. Parenting is a skill that is learned and skills can always be improved.

Molly Connelly, M.ED., a family therapist and parent of 12 children will lead the series. The class will meet from 6:30 to 8:30 p.m. on Monday nights starting Sept. 25 at Alton Central School. There is no charge for the program. It is open to all parents.

Parenting doesn't have to be a constant battle between parent and child. Active parenting presents parents with an alternative. Parents learn and develop concrete skills to help them make parenting a positive experience for their children and themselves.

Free childcare is provided for children under 10. Pre-registration is required for childcare. Call Kristin Thomas at 875-2841 to register your child(ren).

Issues discussed include, but are not limited to:

The class is sponsored by Alton Central School and ACS PTSA.

Unconditional love discipline; an oxymoron? House devils, street



Farren rocks Locke Lake

New England music legend Charlie Farren (guitarist, songwriter and well-known lead vocal of rock bands the Joe Perry Project and Farrenheit) performed at the beach at Locke Lake on a sunny Saturday afternoon. Some people came by boats to enjoy the concert. Those that attended this event hosted by Neighbors 4 Neighbors enjoyed a great show, met some new faces and contributed to future events through donations and sale of event t-shirts. Twenty percent of the profits will be presented to the Barnstead Food Pantry.



COURTESY PHOTOS

Boosters seeking donations to help with Sept. 30 barbecue

ALTON — On Sept. 30, the Prospect Mountain Booster Club will be hosting a barbecue to support the school's fall athletic teams. Please join in at the school to enjoy one of the sporting events. There will be cross country, soccer and volleyball, then you can grab a bite to eat at the club's barbecue.

The grill will be open from 1 to 5 p.m. Donations from parents and community fans are welcome. Non-perishable items or cash donations will be accepted at the PMHS front office during school hours.

Also, in order to collect donations, a Booster Club member will be at the front of

the school in the bus loop Monday through Friday (Sept. 25-Sept 29) from 5:30 to 6:30 p.m. Please check the group's Facebook page "Prospect Mountain

Booster Club" for a list of suggested items.

Come join other fans in the stands on Sept. 30 to cheer on the Timber Wolves.

Ackerly's hosting fundraiser for PMHS seniors

ALTON — Ackerly's Grill and Galley will be hosting a fundraiser for the Prospect Mountain Class of 2018 on the school's Home-

coming day, Saturday, Sept. 30.

Every check from 8 a.m. to 9 p.m. will earn 10 percent of profits for the class of 2018.

Executive Councilor to address local Democrats

GILMANTON — The public is invited to hear Executive Councilor Andru Volinsky speak at October's meeting of the Tri-Town Democrats of Barnstead, Gilmanton and Alton. Volinsky, a lawyer and advocate, was lead counsel in the Claremont school funding suit and has represented Dover in its efforts to obtain fair funding for its schools. With a focus on transparency, after every Executive Council meeting, Volinsky posts a report called "The \$15 an Hour Spotlight," revealing the lowest hourly wage for each approved contract. Volinsky believes the state should use its leverage as a major customer for contracted services to insist on a minimum wage of \$15 an hour for employees working on state contracts, ranging from highway paving to snow removal. Volinsky has also been in the news this year for being an outspoken opponent of Education

Commissioner Frank Edelblut based on what he sees as Edelblut's lack of qualifications for the position.

The guest speaker will be followed by action items and community organizing.

Join in for the meeting in Gilmanton at the Temperance Tavern at 506 Province Road (Route 107) on Monday, Oct. 2. Come for socializing and potluck any time between 6:15 and 6:30 p.m. The meeting runs from 6:30 to 8:30 p.m.

The meeting is open to any and all residents of Barnstead, Alton, and Gilmanton who consider themselves moderate, liberal, or progressive Democrats or like-minded Independents. Potluck items to share are encouraged but not required. For more information, e-mail starryheather@hotmail.com or visit the "Barnstead, Alton, and Gilmanton Democrats" Facebook page.

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OBITUARY

Joseph "Joe" Perry Alton Postmaster

ALTON — Joseph W. "Joe" Perry of Alton passed away at the Wentworth Douglass Hospital in Dover on Monday, Sept. 11, with his beloved family at his side. The loving husband of Stacey A. (Baratta) Perry, he was 46 years of age.



Born in Winchester, Mass., he was one of five children born to Charles and Deanna F. (Manie) Perry. Raised and educated in Woburn, Mass., Joe was a graduate of Woburn High School along with the Class of 1989. While in high school, Joe met a young lady, Stacey Baratta, when they were just 15 years old. They dated through high school and several years after, Joe married this wonderful woman and his very best friend. They journeyed together over the next 25 years, hand in hand. They brought three beautiful children into the world, a daughter, Nicole and two sons, Joseph and Michael, to whom Joe was devoted.

Joe secured himself a position with the United States Postal Service, beginning in Lawrence, Mass. and then to Lacoia. After many years, Joe found himself in Alton, where he served as Postmaster. The family moved to Alton over 17 years ago and this is where the children grew up and were educated.

The children were also involved in sports and so was Joe. He not only went to the games and practices as a parent but he also served as "coach" for many of the different teams that both his daughter and sons participated in. Board games, card games, scat and o heck, were very

popular games played in the Perry household. Whenever the family gathered, out came the cards and everyone would participate. Taking hikes, going to the beach, long walks and their yearly trip to Storyland, filled not just summer months but all year long.

Ten years ago Joe was given a devastating diagnosis. Joe and Stacey shared the news with their families. Together as one, they joined hand in hand and heart to heart; taking one day at a time. After 10 long years, Joe succumbed to his illness, but not after a difficult and daily battle as well as an unbelievable will to see his children grow. Right up until the end, Joe lived each day to the fullest. Described as a "super hero" by his wife, children and all of their family members, Joe approached each and every day with an unbelievable outlook, a positive and genuine spirit, and with all the love his heart could hold. He shared each precious day with those whom he loved and leaves behind a legacy that will long be cherished.

Joe is lovingly survived by his parents, Charles and Deanna (Manie) Perry of Woburn, Mass.; his wife, Stacey A. (Baratta) Perry of Alton; his chil-

dren, Nicole M. Perry, Joseph W. Perry, Jr. and Michael J. Perry, all of Alton; and his siblings, Charles Perry and his wife Rene of Woburn, Mass., Jeanette J. Wade and her husband Timothy of Delaware, Beverly S. Malvitc and her husband Mark of Peabody, Mass. and Susan M. Centauro and her husband Andrew of Haverhill, Mass. Joe is the dear son-in-law of Leslie and Robert Baratta of Alton and brother-in-law of Robert J. Baratta and his wife Dina of New Hampshire. He is also survived by many nieces, nephews, cousins, aunts, uncles and friends. A funeral was held from the Lynch-Cantillon Funeral Home, 263 Main St., Woburn, on Saturday, Sept. 16, followed by a funeral mass in St. Barbara's Church, 138 Cambridge Road, Woburn, Mass. Relatives and friends were invited to call Friday evening, Sept. 15. Remembrances may be made in Joe's memory to the Leukemia and Lymphoma Society Donor Services, P.O. Box 4072, Pittsfield, MA 01202.



BY MARK PATTERSON
Contributing Writer

There's a big disconnect between the wealthy and the not so wealthy. The disconnect that I'm referring to is how they invest their money. Many high net worth investors are risk adverse when it comes to investable assets. Much of the wealth in this country is tied to real estate holdings and fixed income portfolios made up primarily of municipal, corporate bonds and mortgage-backed securities. The wealthy may also use whole or

AUGUSTA, Maine — Vivian Oneta Munsey, age 84, died at Maine General Hospital in Augusta, Maine on Sept. 5 after a sudden, acute illness. She was born on June 10, 1933 in Glen Allen, Mo. to Lester and Oneta (Peaveyhouse) Myrick. The family moved to the Boston area where she attended and graduated from Newton High School. She attended Boston University's College of Business Administration as one of six women in the class of 1955. It is during this time that Vivian met her lifelong partner and best friend, Henry Giles Munsey. They were married in Natick, Mass. on Dec. 27, 1955 and began their 62-year journey of life together.

Vivian and her husband Henry settled in Sudbury, Mass., where they resided for 38 years, raising their five children. In 1982, they discovered the island of Montserrat and in 1994 they made it their winter home. Vivian loved Montserrat because it was quiet and safe, life was simple yet an adventure, and there was a plethora of friends and



activities for her.

In 1996, they moved from Sudbury to Merrymeeting Lake in New Durham, where they lived together for 21 years. Her favorite thing was having her children and grandchildren come to a family reunion every summer. Next summer's family reunion will include a celebration of her life with family and close friends.

Vivian will be lovingly remembered by her loving and devoted husband of 62 years, Henry, and her five children: Douglas (Judy) Munsey of Stevens Point, Wis.; Cathy (Terri) Munsey-Ballou of West Lebanon; James (Tracy) Munsey of Longwood, Fla.; Patricia (Christopher) Hamilton of Whitefield, Maine; and Lynda Munsey of Worcester, Mass. The

memories of Vivian will also be cherished by her 10 loving grandchildren, Douglas Munsey, Jr. and Kaitlyn (Christopher) Budd, Rebecca and Abraham Hamilton, Vivian Nicole Munsey and Paige (Jeffrey) Taylor; Zachary and Jenna Copperwhite; and Anna and Rose Munsey-Kano; and many beloved nieces, nephews and cousins. She will be survived by her first great-granddaughter expected in October of this year. Vivian was predeceased by her parents and her brother, William Thomas Myrick.

A celebration of Vivian's life will take place on the island of Montserrat. In lieu of flowers, the family requests that donations be made to the American Cancer Society in her name or specifically to Lynda's Oct. 28 Light The Night Walk fundraiser hosted by The Leukemia and Lymphoma Society to fund treatments for patients who are suffering from all forms of blood cancers. Visit <http://pages.lightthenight.org/ma/Worcestr17/lmunsey#home> for information.

Mark on the Markets Invest like the wealthy

indexed life insurance for tax-free income, legacy planning and dealing with potential estate taxes. Those wealthy people who have made their money from a business venture or even inherited, typically have taken all the risk in obtaining that money and have no intentions of losing it in the stock market. The use of municipal bonds or life insurance may provide tax-free income because typically their tax rates tend to be much higher than the non-wealthy. Wealthy people who have large real estate holdings typically invest their other money with liquidity in

mind. Real estate is typically not considered a liquid asset so you often see a muni-bond portfolio that provides tax-free income but may be sold and liquidated quickly. The use of tax-free bonds vs. corporate taxable bonds is an easy calculation based on the client's tax rate, but either will provide liquidity, growth and low volatility provided you stick with investment-grade bonds. Alternative investments dealing with commodities or currency or even stocks may be a part of the mix but to a much lesser degree than what I typically see in the not so wealthy's asset mix.

The not so wealthy may not need a family office, estate attorney or maybe even a CPA firm, however there is no reason to not manage your investable assets along the same lines as the wealthy. Your tax issues may not be as great, so corporate bonds or taxable may be better than municipal bonds. The lack of liquidity in variable annuities and the expense of loaded mutual funds and the risks of the equity (stock) markets seem to be common to the retail brokerage client however.

Wealthy people may have a family office that is comprised of asset managers specific to the makeup of their portfolio. They may also work with a financial planner or an estate attorney and CPA firm to consult to the management of their assets in the most tax efficient means possible.

In general, the retail brokerage client portfolios are typically made up of stock-based mutual funds, bond funds that are perpetual or stocks that lack asset class diversification, carry high expense ratios and are composed of funds that the brokerage firms may receive revenue-sharing from the fund companies. The typical brokerage firm is primarily a sales organization where the brokers are kept in check as to what can be sold and typically given very little latitude for the type of investment offered to the clients. Some of the larger firms do have a good fixed income desk that may provide a good bond portfolio, but from the brokers perspective it is not as profitable as selling mutual funds or variable annuities.

You must decide as the client, do I want to be treated as a retail brokerage client or do I deserve the same treatment as the wealthy investor?

Mark Patterson is an advisor at MHP Asset Management and can be reached at 447-1979 or Mark@MHP-asset.com. Client assets are held at TD Ameritrade Institutional.

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BEFREE COMMUNITY CHURCH, ALTON
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CENTER BARNSTEAD CHRISTIAN CHURCH
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COMMUNITY CHURCH OF ALTON
Worship Service 8:00 am; Alton Bay Bandstand, Worship Service 10:00 am; 101 Main Street, Rev. Dr. Samuel J. Hall, 875-5561.

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FRED

(continued from Page A1)

sophical in thinking about how folks used to respond to Fred when he was last in service in 2015.

“Sometimes I’d be like, ‘I’m here too,’ but it’s apparent people prefer Fred - I can live with that,” Bernier joked.

A recent post on Fred’s Facebook page placed Fred’s service in context by quoting Chief Bernier, “The K9 Unit has been a mainstay of the Police Department for over 20 years and is a great public relations tool for kids of all ages. Various youth organizations have done tours of the Police Department and the first thing they ask when entering the Department is to see the ‘K9.’”

Bernier said Fred has been an exemplary ambassador, noting that youth groups served include those from the elementary school, the Boy Scouts, the Girl Scouts, and attendees of the library’s summer program.

Fred, who doesn’t have opposable thumbs

or even fingers, must find typing his Facebook updates challenging, but he continued in the same post, “Police K9s are used to track lost elderly, lost children, people suffering from Alzheimer’s and dementia, suicidal subjects and lost hikers. K9s also locate evidence at crime scenes and can locate subjects hiding in buildings, woods and fleeing from crime scenes.”

“He definitely earns his keep when he’s on duty,” Bernier said in a phone interview Monday.

Chief Bernier also wrote, “I have done hundreds of demonstrations throughout New England with the K9. The unit, if approved again, will be training at the Working Dog Foundation who have given the town of New Durham grants to buy equipment and K9s over the years.”

Fred was acquired from this foundation, which, according to the chief, is devoted to the K-9’s continued service.

The non-profit foundation’s web site says,



COURTESY PHOTO

POLICE CHIEF Shawn Bernier and K9 Fred, who is hoping to return to work with the New Durham Police Department.

“In 1995 a small group of NH K-9 officers recognized the need for ongoing, consistent training. With that commitment in mind,

along with the desire to help other departments that wanted to form and operate a canine unit while utilizing the most modern and effective training methods available, the Foundation was incorporated as a 501 (c)3 non-profit organization to support and enhance N.H. police K-9 Teams.”

The site says its mission is to be a “single, trusted resource for communities and law enforcement agencies who want to maintain high-quality K-9 programs. In addition to locating and placing qualified dogs, the

Working Dog Foundation raises funds and provides facilities for training, testing, and certifying police dogs and their handlers.”

“They have been a great resource, and getting Fred back to work will help them statewide and will help us locally,” Bernier said.

Fred found himself out of a job two summers ago. That’s when the BOS at the time voted 2-1 to terminate Chief Bernier, effectively also ending the town’s K-9 program. While the head of the town’s PD has been reinstated for well over a

year, per court order, Fred has remained dormant, living with his handlers.

Originally, to keep kennel costs down, Bernier said his family agreed to take Fred on as a quasi-pet during his off-duty hours. This gave the town a canine asset at minimal cost, according to Bernier.

Since his hiatus began in the summer of 2015, Bernier said Fred has been well cared for and has enjoyed his re-assignment. “He has been busy protecting his family and the property,” Bernier said, adding that Fred is eager to re-expand his scope of service to the whole town.

Bernier added that Fred has a “gentle demeanor” and is on an “even keel.” He added that he can be protective when needed and acts appropriately in critical situations.

“We are fortunate to have the chance to have Fred, and I hope that other will agree,” Bernier said.

The K-9 unit was a topic of discussion at a recent public input session before the selectmen.

Several local residents, aware that Fred’s re-instatement is a function of the 2018 budgeting cycle - now in its early stages - spoke in favor of the matter at the Sept. 7 BOS meeting.

According to draft minutes on the town web site, Clayton Randall “stated he is... present to support the request for the canine services, noting it cost[s] the [t]own very little and explained the benefits of having a canine unit.”

Also sounding support was resident Jim Fickle, who cited his military experience and the “exponential value of canines,” according to the draft minutes.

The document also cited resident Terry Jarvis, who spoke in favor of Fred’s re-instatement, having “personally seen the invaluable benefit of having a canine program.”

Fred has his own Facebook page, which can be found at <https://www.facebook.com/New-Durham-Police-K9-Fred-517725648312059/>. Information about the Working Dog Foundation is available at <http://www.working-dog.org>.

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ROTARY

(continued from Page A1)

has quite a list when it comes to that.

Funds raised throughout the year are allocated to numerous worthy causes and the club performs regular community service to support other organizations and efforts that benefit the three communities.

Those groups helped include: Alton Community Services, Barnstead Food Pantry, The Belknap House, End 68 Hours of Hunger, Meals on Wheels, New Durham Elementary, New Durham Food Pantry, Pearson Road Community Center, PMHS Robotics Team 319 BOB, and PMHS Future Business Leaders of America.

This past year the percentage breakdown of the funds Alton Centennial Rotary Club raised through club dues and fundraisers was 71 percent local and 29 percent international.

The club hosts presentations on a variety of subjects. At the evening meeting, New Durham resident Theresa Jarvis spoke on deployment of Red Cross volunteers.

She is one of many who work behind the scenes to support local Disaster Action Teams and get people deployed rapidly for shorter, intense deployments in the wake of disasters.

Jarvis told the audience she evaluates New England volunteers' health and physical abilities to perform their assignments, and fast tracks medical professionals through deployment criteria.

"The Red Cross has a place for everyone who wants to volunteer year



COURTESY PHOTO

THE ALTON Centennial Rotary Club, serving Alton, Barnstead and New Durham, invited the public to its first evening Welcome Night meeting on Sept. 11 in New Durham, complete with pizza for members and guests. The club will begin a rotation of monthly evening meetings within the communities. With the relaxation of eligibility requirements, flexibility of commitment, and increased accessibility to meetings, membership in the local Rotary is an attractive and satisfying possibility for a wider range of people.

round," she added.

New Durham resident Grace Gelinas was one of the guests who attended the meeting. She found the club members "polite and very inviting," and expressed interest in learning more about joining.

"The presentation was interesting," Gelinas said. "The nice thing about Rotary is their service to the public."

She was taken by the various backgrounds club members had. "They could help in all different ways because of their different interests and knowledge."

Hunter Taylor, a Rotary board member, agrees with that.

"It's an extraordinary group," he said, "diverse in political views and backgrounds, but with one common commitment, and that's to help others."

Retired from a law practice in New Jersey, Taylor now calls this area "home" since 2010.

He said he'd been unable to take on any more commitments when first approached about membership in Rotary, but as a Belknap County Commissioner, he once spoke to the club on the region's drug problem.

"I was so impressed by the group of members, I came back as a guest and the next thing I knew, I was a member."

Taylor said diversifying the time and location of meetings will help the club be visible. "We need more younger members and we need more women. It needs to change. We're trying to spread the message."

He said he was interested in global commitment but very committed to local effort.

"I grew up in a small

town. I've seen neighbors pull together and take care of each other. In this rural area, there's a need to take care of each other, and I'd like to be part of that."

Tilton said he enjoys meeting local business people and helping out the community.

"When a man's house burned down, our club helped him build a garage where his barn once stood. These are a lot of nice folks who would do anything for people."

His wife Maureen accompanied him to the evening meeting. "Working 40 hours a week, I can't attend the morning meetings," she explained. "This was a good opportunity and beneficial."

Postmaster in Strafford, she spoke to the group about the postal service food drive held there in May. "This

could be something Alton could participate in," she said.

"The hours committed and services provided by these volunteers is pretty impressive," she said of the club. "It's a nice atmosphere and a good pool of talent."

And they are looking for you.

But who is eligible?

Jarvis was keen to speak on her duties with the Red Cross, but said when Leonard spoke to her about considering joining Rotary, she was perplexed.

"I thought only men could be members," she said.

Another guest said she thought members needed to be business owners.

"Rotary has lifted a lot of requirements," Blosler explained. "Membership is open to anybody interested in their com-

munity and interested in helping. There are no restrictions regarding who is eligible."

The club is offering flexibility in membership, also. "You don't have to attend every meeting, either weekly or monthly," Blosler said. "The idea is to sign on with a willing heart. Not everyone can participate in all of our activities, but as long as you can be involved in some way, you can be in Rotary. Hopefully, some of these new folks will help us hammer this out."

Taylor said memberships for couples and businesses are also in the works.

One thing Blosler does know is that the best people "are those who are already too busy. Everybody can do a little bit."

"Our new monthly evening meetings, in addition to our regular Thursday morning breakfast meetings, will make it easier to become acquainted with Rotary," Leonard said.

The next evening meeting is scheduled for Oct. 9 in Barnstead, location to be determined.

"If you have a calling to public service, and would consider sharing your skills with your community, make new friends, and have fun," Leonard said, "please join us."

For more information on the club, go to [www. AltonRotary.org](http://www.AltonRotary.org).

"Rotary gives people an opportunity to tie into a valuable worldwide organization, but you don't have to be one hundred per cent engaged," Blosler said. "You can be part of a thing that's huge, and still make an impact locally."

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Random thoughts and shear-pins: The joy and bane of bush-hogging

On a tractor with a mowing machine, you had better keep your mind on the work at hand unless you are on good, flat, and predictable ground. This was particularly apropos last Thursday, on a steep hill riddled with rocks.

On this day, I was running a five-foot bush-hog, and paying a lot of attention to my up-hill front wheel, to see if there was even a hint of losing close contact with the ground. If your front wheel is not making firm contact, you're tipping. This hillside wasn't quite steep enough for that, but encountering a big depression with the downhill wheels could do it for sure.

When I'm on level and uniform ground I can think random thoughts while mowing. But on this piece, my mind was on looking out for two things: rocks, and depressions.

+++++

Nomenclature Department: In conversations with anyone who in any way works the land, you'll hear the term in either of two forms, "bush-hogging,"

NORTH COUNTRY NOTEBOOK

By JOHN HARRIGAN



or "brush-hogging." To me, it's always been "bush-hogging," but I have no idea at all about how we wound up with close but different terms for the same job.

For the blessedly disconnected from all this, a bush-hog is a rotary mower, just like a regular lawnmower, but a whale of a lot bigger. In general, they come in diameters of four, five and six feet. A drive-shaft from the rear of the tractor powers this device, which can mow grass, weeds, bushes, small saplings, and the occasional rotten stump. They most assuredly cannot mow rocks, although they try.

Try as a might to remember where every single rock is, from years and years of mowing, sometimes I forget. This year, "sometimes" has morphed into "often."

There is a shear-pin, a bolt, actually, in the drive-shaft that is made of soft steel and is intended to break before an encounter with a rock or a fresh stump can ruin the tractor's



JOHN HARRIGAN

THE RESULT of mowing and busted shear-pins, a pasture that looks like a park.



JOHN HARRIGAN

AMID the splendor of the landscape, with a 35-mile view into Vermont and Quebec and a cloud-studded blue sky, the tractor and bush-hog await.

transmission. This year, with my mowing only half done, I've gone through five pins. And this is not due to driver inattention, as highway accident reports so often say in this age of driver attention diverted by various electronic gadgets or yapping on the cell phone.

But nothing so trendy here. I'm hitting so

many rocks because foot problems forced me to skip mowing last fall, and I lost a season of re-familiarizing myself with my earth-pals, the rocks. These days I hear a bump and the crash of giant blades against immovable rocks, and there goes another shear-pin.

Why don't you spray-paint the tops

of the rocks?" a reader asked the other day. I've thought about that, and I could almost certainly spot painted rocks, even through tall grass and weeds, in time to avoid hitting them.

But the downside is that I'd have to look at International Orange rocks all year long, except during deep snow. I'd rather shear shear-pins. Besides, whenever I break one it gives me a break from mowing, which safety experts are always telling people in high-risk jobs, miners, commercial fishermen, loggers, and farmers, in that general order, is a good thing anyway.

+++++

Why mow a pasture that has been grazed from the first of May until the advent of Thanksgiving? Because livestock are selective grazers, which means that they don't like goldenrod, thistles and crabapple any more than I do.

Thus, most any pasture ends the season

with dozens upon dozens of clumps of vegetation. Bush-hogging cleans all this up, and can prevent denizens of the clump from releasing seeds.

+++++

At any rate, I had certain brief periods on this job when I actually had time to think. As a rule of thumb, this is a dangerous thing, as a yellow sign in my shop puts it: "Danger: Men Thinking." This was a gift from someone who has known me for almost 50 years.

+++++

But back to running a tractor and bush-hog. Any bit of euphoria tends to be brought to a crashing halt, another pin sheared, another break to replace it.

Still, I had a few moments to think about a lot of stuff, in particular seasonal stuff, putting four-foot, wind-stopping plastic around the house, from windowsills to a foot or so beyond the foundation. And a couple of weeks from now, going down from the office and out the barn door with shotgun in hand, looking for a partridge for supper.

Such a commute.

This column runs in papers covering two-thirds of New Hampshire and parts of Maine and Vermont. Letters should include town and telephone numbers in case of questions. Write to campguyhooligan@gmail.com or Box 39, Colebrook, NH 03576.

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SPORTS

WHAT'S ON TAP

The next week brings a full slate of high school games for the local teams.

At Prospect Mountain, the girls' soccer team will be hosting Berlin at 3:30 p.m. today, Sept. 21, and will be at Gilford for a 4 p.m. game on Tuesday, Sept. 26.

The Timber Wolf soccer boys will be at Derryfield on Friday, Sept. 22, at 4 p.m., will visit Newfound on Monday, Sept. 25, at 4 p.m. and will be hosting Laconia at 4 p.m. on Tuesday, Sept. 26.

The Prospect Mountain golf team will be at Laconia today, Sept. 21, will be at Gilford on Monday, Sept. 25, and will be at Sanborn on Wednesday, Sept. 27, all at 3:30 p.m.

The Prospect unified soccer team will be at Dover at 3 p.m. today, Sept. 21.

The Timber Wolf volleyball team will be hosting Hillsboro-Deering on Friday, Sept. 22, at 6 p.m. and will be hosting Trinity at 6 p.m. on SEE ON TAP, PAGE B2

Timber Wolves continue strong start Prospect golf takes first and second in pair of matches

BY JOSHUA SPAULDING
Sports Editor

CAMPTON — The Prospect Mountain golf team continued its good start to the season with a second place finish at Owl's Nest Resort on Sept. 12 and then grabbed a win at Campbell's Scottish Highlands.

"I think we have a shot (at the tournament) this year," said coach Peter Long. "This puts us in a pretty comfortable position if we can maintain this momentum."

On Tuesday, Sept. 12, the Timber Wolves traveled to Owl's Nest Resort in Campton for a match hosted by Plymouth, with Laconia and Stevens also in attendance. The match gave the Timber Wolves a chance to play on the course where the Division III tournament will be taking place.

Sam Reynolds tied for the second best score of the day and led the Timber Wolves with a 42 from the top spot in the lineup.

Ryker Burke came in second for Prospect with



JOSHUA SPAULDING

RYKER BURKE tees off on hole five at Owl's Nest Resort on Sept. 12.

a 48 from the second spot and Zach MacLaughlin shot a 50 from the third spot to finish as the third Timber Wolf scorer.

Max Tuttle rounded out the scoring for Pros-



JOSHUA SPAULDING

ZACH MACLAUGHLIN putts during his team's match on Sept. 12 in Campton.

pect Mountain with a 52 from the fourth spot in the lineup. Joel White shot a 55, Aaron Haynes fired a 63 and Mykel Whitehouse shot a 66 to round out the scoring. Prospect finished with a 192 for the day, with host Plymouth shooting a 179 to take the win. Laconia shot 211

and Stevens shot 213. the upcoming schedule was not going to be easy but he was optimistic about Prospect's chances of making the tournament this season.

The next day the Timber Wolves took a trip to Campbell's Scottish Highlands in Windham and swept the match hosted by Pelham, with SEE GOLF, PAGE B5

He also admitted that

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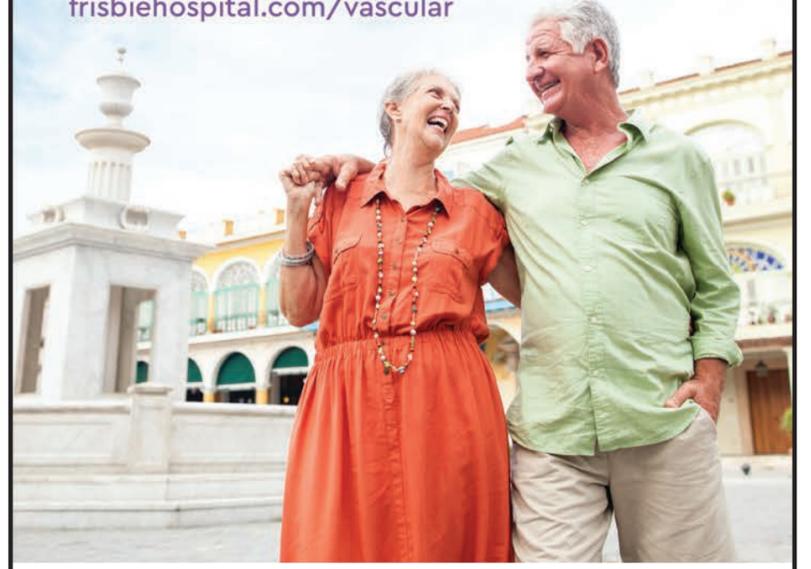
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Ingham earns top-20 finish at Laconia race

BY JOSHUA SPAULDING
Sports Editor

LACONIA — The Prospect Mountain cross country team competed in the Laconia Invitational on Saturday. The race was held at Robbie Mills Park.

Naomi Ingham finished 16th overall to lead the way for the small field of Timber Wolf girls. She finished in 26:18 on the hilly course to place 16th overall.

Anna DeRoche was next for Prospect, finishing in 29:59 for 36th place overall.

Ashlyn Dalrymple was the final runner for the Timber Wolves, as she clocked in at 31:18 for

41st place overall.

For the Timber Wolf boys, Nikolas Neathery led the way with a time of 24:37 for 58th place.

Nathan Holiday was next for Prospect in 24:38 for 60th place and Nate Cormier finished in 69th place in 25:45.

Samuel Cormier finished out the scoring in 26:49 for 81st place.

The Timber Wolves were scheduled to run at Waterville Valley this coming Sunday, but that meet was cancelled.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



JOSHUA SPAULDING
ANNA DEROCHE runs during Saturday's Laconia Invitational at Robbie Mills Park.



JOSHUA SPAULDING
NATE CORMIER runs for the Prospect Mountain boys during Saturday's race in Laconia.

Kingswood Alumni Golf Tournament is Oct. 7



WOLFEBORO — The fourth annual Kingswood Alumni Golf Tournament is scheduled for Saturday, Oct. 7, at the Kingswood Golf Club. The tournament is open to teams of four players, with at least one player per team associated with the Kingswood school district (student, alumni, coach, teacher or staff member, past or present). Format is best ball scramble and all levels of play are welcome. For details and forms for signing up, e-mail krhsknights@gmail.com. Get your team together and come out and have some fun.

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JOSHUA SPAULDING
NOLAN SYKES had a goal in Prospect Mountain's win over Raymond last week.

Timber Wolves pick up two big wins

BY JOSHUA SPAULDING
Sports Editor

ALTON — The Prospect Mountain boys' soccer team picked up a couple of solid wins last week, including doubling up previously-unbeaten Raymond on Wednesday, Sept. 13.

"It was a huge win for us," said coach Cory Halvorsen of the 4-2 Timber Wolf victory. "It gave us a ton of confidence, which is something that we needed."

Coming into the game, the Rams had given up just two goals on the entire season and when they jumped out to a 1-0 lead after the first few minutes, it looked like

things might head south for the Timber Wolves.

However, Prospect answered just 30 seconds later, as Caden Dore put the ball in the net to tie the score at one. The Timber Wolves added a second goal before half-time, with Nolan Sykes getting the tally and Prospect led 2-1 at the halftime break.

In the second half, the Timber Wolves got goals from Brandon Sinclair and Jonah Dudzik as they closed out the 4-2 win.

The win came on the heels of a hard-fought 3-2 win over Berlin on Monday, Sept. 11. In that game, the Mountaineer

keeper was stellar all day, keeping his team in the game throughout the match but Dudzik found a way to slip three goals in the net for the hat trick and the 3-2 Timber Wolf win.

Prospect was supposed to play at Newfound on Friday afternoon, but that game was postponed so that players and coaches could attend services for the father of former Timber Wolf Joe Perry, who passed away last week.

"It's been a tough

week for the boys, a lot of guys are crushed," Halvorsen noted, pointing out that the Perry family has been part of the Prospect Mountain family for years. "It's nice to see the boys rise up and play their hearts out."

The Nwfound game was rescheduled until Monday, Sept. 25, in Bristol at 4 p.m.

Also on the schedule is a game with Derryfield on Friday, Sept. 22, at Derryfield at 4 p.m. and hosting Laconia at 4 p.m. on Tuesday, Sept. 26.

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PMHS searching for baseball coach

ALTON — Prospect Mountain High School in Alton is searching for a varsity baseball coach. Contact the SAU office at 875-8600 for more information.

ON TAP

CONTINUED FROM PAGE B1

Monday, Sept. 25.

The Kingswood golf team will be hosting home matches today, Thursday, Sept. 21, and Monday, Sept. 25, will be at Pease Golf Club and will be at Overlook Country Club on Thursday, Sept. 28, all at 3:30 p.m.

The Kingswood soccer boys will be hosting Oyster River on Friday, Sept. 22, at 4 p.m. and will be at Portsmouth at 4:30 p.m. on Tuesday, Sept. 26.

The Knight girls' soccer team will be at Oyster River on Friday, Sept. 22, at 4 p.m., and will be at

Portsmouth at 4:30 p.m. on Wednesday, Sept. 27.

The football Knights will be hosting its first game of the season on Friday, Sept. 22, with John Stark in town at 7 p.m.

The Kingswood volleyball team will be hosting Portsmouth on Friday, Sept. 22, at 6:30 p.m., will visit Laconia at 5:15 p.m. on Monday, Sept. 25, and will be hosting Coe-Brown at 6:15 p.m. on Wednesday, Sept. 27.

On the field hockey field, the Knights will be at Lebanon on Monday, Sept. 25, at 4 p.m. and will be hosting Plymouth at 6 p.m. on Wednesday, Sept. 27.

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Timber Wolves get back on track

Prospect soccer girls push past rival Gilford

BY JOSHUA SPAULDING
Sports Editor

ALTON — Coming off a pair of losses, the Prospect Mountain girls' soccer team was looking to get off to a good start against Gilford on Thursday, Sept. 14.

While that good start didn't exactly materialize, the Timber Wolves came through with a strong finish to the first half and a good second half to pick up a 4-1 win over the Golden Eagles.

"We played better, but they're (Gilford) better than Inter-Lakes and Somersworth (the team's first two wins)," said Prospect coach Matt Locke. "I'm happy with it."

"I'm happy with how some of the goals were scored," the veteran coach continued.

The Timber Wolves opened the game with a few chances, as Sydney DeJager just missed connecting with Bekah Wheeler and Nadia Huggard sent a nice cross to Kasey LaCroix that didn't find the net. Ali Brown also had a shot stopped. Gilford had some chances as well, but keeper Mackenzie Burke was strong in the net and Hannah Racine helped out with a good clear.

Gilford had a pair of corner kicks but Tessa Carter and Sadie DeJager were able to clear the balls out of the zone and Prospect got back on the attack, with Sadie DeJager and Huggard each getting bids and Carter sending a good ball in to Leah Dunne that the defense stopped. Gilford came back with some chances but Carter and Brown stood tall on defense and a couple of other bids went wide of the net. Huggard came back with a bid that was stopped and Grace Hardie sent a nice cross through the middle that was cleared out. The Timber Wolves also had their first corner but could not get a goal. Burke made a nice save on a long Gilford direct kick as well.

The Timber Wolves got their first goal with 7:55 to go in the first half, as Hardie sent a great cross to Huggard, who rocketed the ball into the net for the 1-0 lead.

Prospect doubled that lead less than two minutes later when LaCroix sent a great cross into the box and Sydney DeJager buried the ball to push the lead to 2-0.

The Timber Wolves had a great corner



LEAH DUNNE heads home a goal on a corner kick in action on Sept. 14.

JOSHUA SPAULDING



TESSA CARTER fights off two Gilford attackers in action on Sept. 14.

JOSHUA SPAULDING

chance moments later that Hardie sent just high and Huggard and Sydney DeJager had chances but could not convert and the game went to the half with the Timber Wolves up 2-0.

A good cross from Wheeler got the Timber Wolves started in the second half but Gilford's defense held tight.

However, with just less than three minutes gone in the half, the Timber Wolves were awarded a direct kick outside of the box and Brown rifled a shot to the top of the goal

and Prospect's lead expanded to 3-0.

LaCroix had a nice cross that just missed Dunne and Ava Blair and Dunne also had a shot denied. Gilford had some chances, with Burke holding tight.

With 28:01 to go in the game, the Timber Wolves added another tally, this one on a corner, executed perfectly. LaCroix sent the ball into the middle of the box where Dunne leaped and headed it past the keeper for the 4-0 lead.

The two teams went back and forth after

that and with 14:08 to go, the Golden Eagles were able to get behind the Prospect defense and beat Burke for their first goal of the game. The Timber Wolves held tight on defense the rest of the way and got some more chances, as Hardie had a couple of nice looks in to Dunne and Blair and Blair just missed connecting with Dunne

on another bid.

Prospect had another

er corner with Brown sending it in to Dunne, but it was cleared. Gilford had a pair of corners and Burke made a leaping save on one and then Hardie helped clear out the other. Wheeler and Sydney DeJager had late chances and Burke made another nice save late. Burke was kicked in the throat on a late play and had to come off and Mackenzie Bicknell manned the goal as time ticked off for the 4-1 win for the Timber Wolves.

Locke praised the goal on the corner from Dunne.

"Leah really snapped it," the Prospect coach said. "We've been working on her aggression and it showed there."

He also pointed out that he was pleased with the way the team responded coming off a pair of losses to Raymond and Hillsboro-Deering and said he was anxious to see what the girls would do with Raymond the next time around.

"I'm anxious to see what happens when Raymond comes here (Oct. 6)," Locke said, also pointing out that the after deadline game against Belmont on Monday would mean a rare Sunday practice for the team.

The Timber Wolves will be in action today, Sept. 21, at home against Berlin at 3:30 p.m. and will be at Gilford at 4 p.m. on Tuesday, Sept. 26.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Bears sweep Timber Wolves in Alton

BY JOSHUA SPAULDING
Sports Editor

ALTON — Entering the Sept. 11 game in Alton, the Prospect Mountain and Newfound volleyball teams had their respective seasons off to solid starts.

With a veteran squad of returning players, the Timber Wolves may have had a bit of an advantage going into the game against an inexperienced Newfound squad.

But by the time the teams left the Prospect Mountain gym, the Bears had handed the Timber Wolves their first loss with a 3-0 sweep.

“The rotation we have now, we’ve been working with it for a while,” said Newfound coach Amy Fairbank. “I knew we could battle.”

“We had a couple of errors today, but I have confidence in quite a few of the girls,” the Bear coach continued. “But they’re changing what they’re doing out there, they’re working on it.”

“Not the result I was hoping for,” said Prospect coach Mike Christy. “We were sloppy defensively and we just made too many errors.”

“In my eyes, we gave them a victory,” Christy continued. “We’re better than what we did tonight.”

The Timber Wolves and Bears started out evenly in the first game,



JOSHUA SPAULDING

AVA MISIASZEK returns a serve during her team’s game against Newfound on Sept. 11.

with Ashlee Dukette getting a big hit for Newfound and Hannah Bureau and Jordan Ingoldsby coming through with hits for the Timber Wolves. Newfound was able to open up a 10-3 lead behind an ace from Megan Stafford but a hit from Kaylee Duquette for the Timber Wolves got them back into the game, closing the lead to 11-8.

Dukette came through with a big kill for the Bears and Bureau answered with a hit for the Timber Wolves and then an ace from Jane Holiday pulled the Timber Wolves to within 12-11. However, behind some big hits from Dukette, Newfound ran off six points in a row. Bailey Fairbank also had a good hit for the Bears before a hit from Bureau

got Prospect back on the board.

Kasey Basford and Stafford turned in strong plays for the Bears as they opened the lead up to 23-12. Prospect got strong play from Ingoldsby, including a service ace and Bureau also added an ace and Prospect got the lead down to 24-19, but Newfound got the final point and the 25-19 win.

A great service run from Holiday got the Timber Wolves off to a great start in the second game, getting a 6-0 lead before Newfound got on the board. The Bears got an ace from Basford and a good hit from Fairbank to climb back in the game, cutting the lead to 7-5. A couple of nice hits from Ingoldsby and another from Duquette allowed Prospect to push the lead to 12-6.

Newfound fought back, with Arya Prescott getting a good hit and Fairbank added an ace to cut the lead to 12-10. Nice placement from Holiday allowed the Timber Wolves to stay in the lead but Newfound came back and tied the game at 13. A good tip from Dukette and an ace

from Mackenzie Davis got the Bears back on top. Duquette had a good block for the Timber Wolves to keep them in it but Basford and Dukette teamed up on a nice play for the Bears to keep them ahead.

Dukette added an ace and Fairbank had a good save of a ball seemingly heading out of play as Newfound stayed in the lead. Bureau and Duquette had hits for the Timber Wolves but Fairbank and Maura Geldermann came back by finding perfect spots for the Bears to open the lead. Dukette finished off the 25-19 win with a huge kill and Newfound was up 2-0.

Newfound got out to a 2-0 lead in the second game, with Stafford getting a nice block and that lead grew to 3-1 and 4-2 before Ingoldsby pulled Prospect even with a good hit and a service ace. Basford and Fairbank combined on a nice play for the Bears and Prescott also had a hit by Gabriela d’Empaire-Poirier and Tiffany White came through with big plays for the Timber Wolves to put them up 7-6.



JOSHUA SPAULDING

TIFFANY WHITE sets the ball for a teammate on Sept. 11.

The teams went back and forth, with Ingoldsby getting a hit and Holiday adding a service ace to put the hosts up 10-7 but Newfound came back and tied the game at 10 on a Dukette kill. A couple of good volleys kept the teams going back and forth, tying at 11, 13 and 14 before pulling ahead by two. A good tip from Duquette cut the lead to one, but Dukette ripped a shot down the line and Fairbank had an ace to open up a 24-16 lead for the Bears and they finished off the 25-17 win.

“Attitude had a lot to do with it,” Fairbank said. “They go out there with a pretty positive attitude.”

“It’s nice to have a couple of girls we can rely on and others can step up,” the Bear coach continued. “There’s a sense of relief.”

She noted that she had three blockers who can all be effective at any time and the same goes for the back row players, who rotate in and out to keep everyone effective.

She also noted that having a freshman (Bai-

ley Fairbank) on the team helps to keep things a bit looser as well.

“The good thing about this group is they aren’t down,” Christy said. “They’re ready to come in tomorrow and work on things.”

“I’m confident we’ll build on this, it’s just a bump in the road,” the Timber Wolf coach added. “It was the first home game, they wanted to impress and put a little too much pressure on themselves to be perfect.”

“I know we’re better than this,” Christy added.

The Timber Wolves dropped a 3-2 decision to Nute on Sept. 13.

Newfound returns to action on Monday, Sept. 25, at home against Mascoma and will be hosting Franklin on Wednesday, Sept. 27, both at 6:15 p.m.

The Timber Wolves will be hosting Hillsboro-Deering on Fridays, Sept. 22 and Trinity on Monday, Sept. 25, both at 6 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

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Kingswood Boosters hear update from S.A.L.T

WOLFEBORO — The Kingswood Athletic Boosters Club met Monday, Sept. 11, for its monthly meeting. This meeting covered the progress of S.A.L.T. (Student Athlete Leadership Team). The Boosters would like to commend these student athletes on their work with the Knights Loy-

ty Card program. These student athletes, along with the athletics director have gone door to door getting community support for their athletic programs all while still attending practices for their teams every day. Special thanks go out to all of the Loyalty Card sponsors: Aben-

SEE BOOSTERS, PAGE B5

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Knights blank Eagles for first win of season

BY JOSHUA SPAULDING
Sports Editor

NORTH CONWAY — Both teams were looking for their first wins when the Kennett and Kingswood volleyball teams met in North Conway on Wednesday, Sept. 13.

After two relatively close games, the Kingswood girls dominated in the third game to walk off with the 3-0 win over their rivals from Kennett.

“I feel a lot better,” said Kingswood coach Al Koehler, who’s team had been looking to get on the board heading in to the match. “It’s pretty much taking eight new players and trying to meld them in.”

“It is a big change and I think we are getting better every day,” the second-year Knight head coach noted.

In the first game, Kennett got out to a 2-0 start before Geri Andrea and Sarah Hotchkiss got Kingswood back on board. A nice tip from Abby Koehler and an ace from Andrea put Kingswood in the lead and hits from Allison Bellemore and Marina Eneeva pushed them out to a 7-4 lead.

Renee Moon came back with a nice hit for the Eagles to get them back on the board but Kingswood continued to open the lead, with Kasey Birth getting an ace for the Knights. Eneeva got another hit and the Knights went up by a 13-6 score. Claire Richard helped



JOSHUA SPAULDING
KINGSWOOD’S Allison Bellemore (5) and Kennett’s Audrey Orsino go up for a ball at the net.

the Knights push the lead to 15-9 and Alissa Baldwin also had a hit for the Knights and the lead went up to 17-10. Emma Bouchie found a good spot for the Eagles and then Sierra Parsons had a nice hit to help the Eagles close the gap.

Eneeva had a nice hit and Baldwin had an ace to keep the Knights moving forward with a 21-12 lead before Kennett came back with Parsons getting an ace for the Eagles and Kennett got the game back to 22-15. However,

Koehler hit a nice spot for the final point and Kingswood got a 25-16 win for a 1-0 lead.

The two teams went back and forth early in the second game, with Alex Samuel coming up with a service ace for the Eagles and Koehler coming up with one for the Knights. Zoey Martins also added an ace for the Eagles to put them up 3-2. Baldwin and Koehler came up with nice plays for the Knights and Maddie Ward had a good block as Kingswood went up 6-4.

Eneeva had a good



JOSHUA SPAULDING
ABBY KOEHLER bumps the ball during action on Sept. 13 in North Conway.

hit for the Knights and Audrey Orsino answered with one for the Eagles as well. Parsons then added an ace for the Eagles before Richard added an ace for the Knights. Koehler also found a nice spot for the Knights and Tayla Hutchings had a good hit for the Eagles.

A pair of aces from Koehler and a nice get from Andrea helped Kingswood push the lead to 17-11. The Ea-

gles got two aces from Martins to climb back into the match but Andrea added a pair of aces for the Knights to push them back ahead by a 20-14 score. Koehler, Richard and Eneeva continued to help the Knights push the lead to 24-18, while Parsons had a service ace for the Eagles. However, Kingswood closed out the 25-19 win for a 2-0 lead.

The first game started out back and forth,

with Bella Hutchings getting a nice return for the Eagles but Kingswood pulled ahead with hits from Baldwin and Hotchkiss to push the lead to 7-2. Moon had a hit for the Eagles but Kingswood continued to pull ahead. Birth had a pair of aces and Hotchkiss also added an ace as the lead opened to 17-6. Eneeva and Andrea combined on a great play to continue to open the lead and Kingswood walked off with the 25-9 win and the 3-0 victory.

“The confidence will get better,” Koehler said after the win. “It was key to get this.”

“They kept the errors at a minimum and that was huge,” the Knight coach added. “The biggest difference is giving teams free points.”

Kennett will be hosting Manchester West on Friday, Sept. 22, and Gilford on Monday, Sept. 25, both at 5:45 p.m. and will visit Laconia at 5:15 p.m. on Wednesday, Sept. 27.

The Knights will be hosting Portsmouth on Friday, Sept. 22, at 6:15 p.m. and will visit Laconia at 5:15 p.m. on Monday, Sept. 25, before hosting Coe-Brown on Wednesday, Sept. 27, at 6:15 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

BOOSTERS

CONTINUED FROM PAGE B4

ki Ski Area, Anthony’s Old Style Pizzeria, Bailey’s Bubble, Dive Winnepesaukee, Full Belli Deli, Garwoods Restaurant and Pub, Go-Go’s Market, Harley Jacks, Huck’s Hoagies, Johnson’s Market, Johnson’s Seafood and Steak, Lucas Roasting Company, Mill Street Meat Market, Morrissey’s Front Porch, Morrissey’s Steak House, Mountain View Station, New Durham General Store, Nolan’s Brick Oven Bistro and Pub, Nordic Skier Sports, Ossipee Moun-

tain Grill, Pizza Barn, Pop Whalen Ice Arena, Seven Suns Coffee and Tea, Skelley’s Market Moultonborough, Ski Works and Windy Field Farms. This program is still a work in progress and more sponsors are encouraged to support the Kingswood Knights. Loyalty cards are still available for purchase. Please inquire with any fall athlete, or cards can be purchased at Doran Independent Insurance.

Watch for new signs around the athletics facility and a new field stencil. Most importantly, please mark your calendars to support New Hampshire Tackles Hunger on Friday, Sept.

22, at the home football game at 7 p.m. Fans are encouraged to bring a non-perishable food item for the local food pantry. Favorite items are peanut butter, jelly, tuna, soups, pasta, sauce and canned fruits and vegetables. Cash donations are also welcome. Come help the Kingswood Knights as they tackle hunger in New Hampshire.

The Kingswood Athletic Boosters cannot stress enough that more community participation is needed. Please attend the next meeting at the KRHS lecture hall on Tuesday, Oct. 10, at 6 p.m. Please bring a friend.

GOLF

CONTINUED FROM PAGE B1

Lebanon and Belmont also in attendance.

The Timber Wolves finished with a 172 to lead the way, with Pelham shooting a 179, followed by Lebanon with a 180 and Belmont finishing with a 194.

Burke led the way for the Timber Wolves, earning medalist honors with a 38 from the second spot in the lineup.

MacLaughlin finished with a 40 to place as Prospect’s second scorer and Reynolds was the third scorer with a 42 from the top spot in the lineup.

Haynes rounded out the scoring for the Prospect team with a 52 from the sixth spot in the lineup to finish out the scoring. White finished with a 53,

Tuttle shot a 55 and Whitehouse finished with a 60 to finish out the Timber Wolf roster.

The Timber Wolves will be at Laconia Country Club today, Sept. 21,

will be at Pheasant Ridge on Monday, Sept. 25, and will be at Sanborn on Wednesday, Sept. 27, all at 3:30 p.m.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.



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2017-2018 Winter Coaching Position



Alton Central School, pre-k-8, is seeking qualified applicants to coach the following sport for the 2017 – 2018 season:

- Boys' Basketball "B"**
- Girls' Basketball "B"**

If interested please submit a letter of interest, school application, resume and 3 references sent to: Alton Central School, Russ Perrin, Athletic Director, 41 School Street, Alton, NH 03809.

Application Deadline: September 29, 2017 or until filled

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Help your child to choose friends wisely

Get to know your child's friends and their parents. Discuss your no-alcohol rule with the parents and enlist their support. Ensure that teens and their friends have planned activities with appropriate adult supervision.

Check Yourself:
www.checkyourself.com
 A place for teens to check where they are with drugs and alcohol.

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Friends and peers

The single most predictive risk for underage drinking is if your child's peers drink. Encourage your kids to choose friends who support your family values and no-alcohol rules.

Students with high-refusal-assertiveness skills are less likely to drink underage. Find good ways to say "no" and practice them often in role-play situations. Some ideas are:

- "No thanks. Drinking is not my thing."
- "No thanks. I need all the brain cells I've got."
- "No thanks. I've only got one brain. Why would I want to trash it?"
- "No thanks. Drinking before your brain is developed can dumb yourself down."

If there is alcohol at a party, LEAVE.

Keep your social environment alcohol-free.

The Law

Furnishing or supplying alcohol to a minor is a criminal offense-punishable by a \$2,000 fine and 12 months in jail.

Buying or supplying tobacco to anyone under 18 is also a punishable offense

Peers

Children often think that other people their age are drinking and smoking regularly, but most are not.



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Prospect Mountain High School is accepting applications for the following position:

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Prospect Mountain High School
 242 Suncook Valley Road
 Alton, NH 03809
 (603) 875-8600

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Anticipated: Preschool Para Educator - Elementary

Alton School District/SAU 72

Alton Central School is currently seeking an energetic para educator to work with students with autism in an inclusive preschool setting. Candidates should have experience working with students with Autism and classroom experience. This position is approximately 3 hrs./day, 4 days per week. Please submit letter of interest, resume and school application, three recent letters of recommendation, official transcripts, and any certification to:

Jennifer Katz-Borin, Special Education Director
 Alton Central School, SAU 72
 252 Suncook Valley Highway
 Alton, NH 03809

Application Deadline: 9/29/17 or Until filled

EOE



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Bethlehem, NH– Adults working towards independence and employment skills

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Special Education Teacher - Jefferson - Bachelor's degree in Education, must have NH teaching certificate in Special Education and will have experience with children with various mental health and special education needs.

Nurse – Jefferson - Responsible for performing nursing assessments, scheduling & transporting to medical appointments, dispensing meds, and ensuring all health needs of consumers are addressed in a team oriented collaborative approach. Flexible schedule with 4 day work week. Ideal candidate is an enthusiastic, team oriented individual with pediatric or adolescent nursing experience.

Program Director – Bethlehem - Master's degree and license is preferred and/or four to ten years related experience. Experience with client population with mental illness is preferred. All clinical and programmatic operations, including intake, discharge, counseling, service/discharge plans, fiscal management, hiring and firing of staff, record keeping, training and supervision of staff and coordination with state personnel as needed. This position has on-call responsibilities. Salary \$45K - \$48K.

Full background check is required for all positions.

We offer an excellent benefits package for 30 plus hour employees with health and dental, tuition reimbursement and generous time off package (3 weeks' vacation, 7 sick days, 11 holidays and more).

For all of our employees we provide excellent training, career growth opportunities, a supportive work environment and access to an affordable higher education through our partnership with Southern New Hampshire University (see below). NFI North also pays for all Professional Development Trainings, CEU's and Licensure Renewals!

NFI North is a proud partner with Southern New Hampshire University's (SNHU) College for America, an accredited, nonprofit college designed to develop working adults through cost effective, competency based bachelor and associate degree programs completely online for just \$3,000 a year. This low and affordable cost is also extended to family members of NFI North.

Please send cover letter and resume (please put location interested in subject line) to nfinorthhr@nafi.com

EOE/AA

Knight golfers sweep home match

BY JOSHUA SPAULDING
Sports Editor

WOLFEBORO — After being rained out for an entire week, the Kingswood golf team returned to action with a pair of matches on back-to-back days last week.

On Tuesday, Sept. 12, the Knights played host to Trinity, Milford and Coe-Brown at Kingswood Golf Club and came away with a sweep of the match.

“Overall, the team played much better than our first match,” coach Jeremy Fuller noted.

The Knights finished with a score of 215, which played them ahead of Milford’s 234, Coe-Brown’s 238 and Trinity’s 288.

Sam Barton led the way for the Knights with a 35, which earned him medalist honors on his home course. He had three birdies on the afternoon and finished with five pars as well.

Jacob Jensen, playing from the third spot for the Knights,

also had a solid afternoon, finishing with a 41, firing four pars. Chris Nelson shot a 45 from the second spot in the lineup to finish as Kingswood’s third scorer.

Brett Conley was next for the Knights, firing a 46 from the sixth spot in the lineup.

“I have been impressed with his game for the first two matches of the season,” Fuller stated.

Curtis Heath rounded out the scoring for the Knights with a 48 from the fourth spot in the lineup.

Erick Skelley shot a 51 from the seventh spot, Davis Ekstrom shot a 52 from the fifth spot and Jackson Walsh shot a 66 from the eighth spot to round out the field of Knights on the afternoon.

On Wednesday, Sept. 13, the Knights finished second in a match hosted by Goffstown at Stonebridge Country Club.

“The good news is we keep improving as a team,” Fuller stated. “Over the last three matches our team score has continued to drop.”

The Knights finished

with a 207, second behind Goffstown’s 204, while Kennett finished third with a 216 and Hollis-Brookline shot a 222 to round out the score.

Barton had another good day for the Knights, finishing with a 37, which was the second-best score of the day behind Goffstown’s Curtis McKay.

Jensen was one shot behind, finishing with a 38, with Fuller calling it a “career day.”

“He hit irons only off the tee, keeping his ball in play,” Fuller said. “Great irons into the pins as well.”

Nelson also had a good day for the Knights, as he birdied the par-four fifth hole on his way to a 39, finishing third for the Knights.

Ekstrom was the fourth scorer for the Knights, finishing with a 43 from the fifth spot in the lineup.

“He is going to be a key player for the year,” Fuller stated. “He played very smart golf, keeping his ball in play around the course.”

Skelley’s 50 from the sixth spot rounded out the scoring for Kingswood.

Sam Danais added a 52 from the seventh spot and Richard Curran finished with a 56 from the eighth spot to finish out the field of Knights.

Kingswood will be in action today, Sept. 21, and again on Monday, Sept. 25, both at Kingswood Golf Club. On Tuesday, Sept. 26, the team will be at Pease Golf Course and on Thursday, Sept. 28, the team will be at Overlook Country Club.

Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Jumping back into the fantasy football world

SPORTING CHANCE

By JOSHUA SPAULDING



people in our company involved, as well as those from the Laconia Citizen and other local publications. We had a

live draft in our office conference room and I rode Shaun Alexander to a division title. However, Mike Holmgren rested the stud running back down the stretch and I lost in the first round of the playoffs.

A month or so ago, my college band director sent me a message wondering if I wanted to join his fantasy football league, a league that has been in place for 20 years and features a number of kids that I was in marching band with at UNH. There was an open team and I agreed to jump back into the fantasy game. The good news was that it was free and pretty low-pressure, so that made things a bit easier on my end.

Our draft played out over the course of a few weeks and was all done online, with each team getting a few hours to come out with

each pick. However, since it was a keeper league, each team got to protect two players from last year’s roster and then three “plan B” players who other teams could take in the first two rounds, but for which you’d get two of the other team’s draft picks in the coming rounds.

The team I inherited did not have tons of star power so I made the decision to protect Raider quarterback Derek Carr and Houston receiver De’Andre Hopkins while using my plan B protection on running back Adrian Peterson and receivers Travis Kelce and Emmanuel Sanders. As it turned out, nobody took my plan B players, so all three remained on my roster.

I used my first round pick on Minnesota running back Dalvin Cook and in the second round, I made the deci-

sion to take Ezekiel Elliot, someone of whom I’m not a fan of personally, but who puts up decent fantasy numbers. However, he was someone else’s ‘plan B’ player, so I forfeited my third and fourth round draft picks. I also figured that he would be out for the first seven weeks of the season on suspension, but I figured in a keeper league, he was a good guy to have on the roster moving forward.

The rest of my picks were pretty standard fare, as I grabbed Detroit running back Theo Riddick to round out my running back squad and receivers Tyler Eifert and Mike Wallace to round out my receiving corps. I grabbed Kyle Rudolph as my utility player, Adam Vinatieri and Phil Dawson as my kickers and Sam Bradford as my backup quarterback. I was not impressed with my defensive picks, as I got Jacksonville and Atlanta, but they were what was available.

The first week made me look like a genius, as the Jacksonville defense had 10 sacks in a huge win and I rolled to victory. Elliot and Cook had decent days and Hopkins was strong too. It helped that my opponent had Tom Brady, who for once did not have a great week.

As I write this, the second week is in progress, so we’ll see what comes of it. But I’m guessing Jacksonville won’t get 10 sacks again. That’s just a wild guess.

Finally, have a great day Vaughn Beckwith.

Joshua Spaulding is the Sports Editor for the Granite State News, Carroll County Independent, Meredith News, Gilford Steamer, Winnisquam Echo, Plymouth Record-Enterprise, Littleton Courier, Newfound Landing, Coos County Democrat, Berlin Reporter and The Baysider. He can be reached at josh@salmonpress.news at 279-4516, or PO Box 279, Meredith, NH 03253.



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