

Newfound Landing

THURSDAY, NOVEMBER 10, 2022

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COMPLIMENTARY



RC GREENWOOD

Malina Bohlmann goes up for a kill during semifinal action at Pinkerton Academy last week.



RC GREENWOOD

Stacia Paul receives a Somersworth hit during action in the Division III semifinals.

Defending champs ousted by eventual champs in semifinals

BY JOSHUA SPAULDING

Sports Editor

DERRY — The Newfound volleyball team entered the Division III tournament as the two-time defending champions and battled to the end, finishing with a 3-0 loss to Somersworth, who eventually took over from the Bears as the state champions, in the Division III semifinals on Wednesday, Nov. 2, at Pinkerton

Academy.

“We went into the match having a game plan on who we need to focus on, prepared for specific game play and I think we executed that well the first game,” said coach Amy Fairbank. “Unfortunately, the game started off with refs calling a few double touches on our team, which I think caused us to be rattled a little. “We got in a deficit

and even though we worked to fix that, it was just too much to recover,” the Bear coach said. Fairbank noted that the Bears traditionally bounced back and get into the game after starting with a tough game, but this time they just didn’t seem to get what they usually do to get them back in the game. “We just didn’t play the offense that we have all season, where every-

one contributed to the offense,” Fairbank said. And while the loss is tough to take, as it always is in the playoffs, Fairbank was choosing to look at the accomplishments the team reached during the season. “Taking a loss at the end in the playoffs is hard because you come so far to get there and then to have it end abruptly is tough,” Fair-

bank said. “However, instead of dwelling on this match, I am focusing on all the accomplishments that we made this year and continue to make as the programs move forward. “We had a young JV group excited to take their game to the next level who had a very successful season, three players reached their milestones, we ended third in the regular sea-

son and made it to the Final Four,” Fairbank said. “The girls have a lot to be proud of.” Newfound finished at 13-3 and earned the third seed in the Division III tournament, beating Epping in the quarterfinals to advance to the Final Four. *Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.*

Save the date to celebrate Keep The Heat On

PLYMOUTH — The Plymouth Area Community Closet (PACC) and the “Keep The Heat On” planning committee wants you to Save the Date, Jan. 25. Why? Because the KTHOs social fundraiser is back after COVID restrictions cancelled the in-person for event for the past two years.

Come join the celebration as KTHO returns to the Common Man in Plymouth for a lively evening of musical entertainment, an auction, and dinner. Patrons of previous KTHO events will be delighted to know the buffet menu will again feature a variety of appetizers and entrees prepared by local chefs from our area’s favorite restaurants.

KTHO’s funds enable PACC to provide financial assistance to individuals and families in need so they can purchase fuel to heat their homes. Proceeds from general donations to KTHO as well as the ticket sales to this year’s social event and auction provide those funds. Local artists, restaurants, and other businesses will contribute desirable products for the raffle and auction. Items range from the practical, like a tune up and oil change for your

car to the elegant—such as fine handcrafted jewelry or original artwork for the auction and raffle. SEE KTHO PAGE A14

BY DONNA RHODES
Contributing Writer

BRISTOL — In the winter of 2005, Ryan Haynes was killed while working roadside for the New London Highway Department when a resident of the area headed out to work without cleaning two-inches of ice and snow off their windshield ran into him and pinned him against his work truck. Haynes was killed as a result of the collision, but if that driver had paid heed to “Jessica’s Law,” he would still be here today. Ryan Haynes is not forgotten however.

Jessica’s Law was established in 2001 after young Jessica Smith was killed in Peterborough, NH when a nine-foot-long slab of ice and snow flew off the top of a box truck

SEE SENIOR PROJECT PAGE A14

Ashland officials look into major projects

BY DAVID RUELL
CONTRIBUTING WRITER

ASHLAND — At their Nov. 7 meeting, the Ashland selectmen authorized the Town Manager to investigate two possible major projects, a town owned broadband fiber optic high-speed Internet system and

a trash burning plant to generate electricity. They also reviewed proposed budgets, took \$135,000 from the unassigned fund balance to level the town portion of the tax rate, and approved the purchase of a police cruiser and the signing of a purchase and sale agreement for

the old school. At the end of the meeting, Town Manager Fred Welch asked for guidance from the selectmen on whether he and the Town Office should begin investigating two possible projects. The first was a broad band fiber optic high speed internet system in Ash-

land. The New Hampshire Electric Cooperative and Grafton County will be using Federal and State funds to build the main trunk lines for a broad band system through the County. Ashland, since it has a municipal electric department, is in a unique SEE ASHLAND PAGE A14

Newfound student uses senior project to promote lifesaving law



DONNA RHODES

Following her Senior Project presentation on public awareness for Jessica’s Law last month, Paige Fischer recently beside her sign in the Newfound Regional High School parking lot with Amy Yeakel, the school’s Director of Extended Learning.

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Local News

A2
 SALMON PRESS, THURSDAY,
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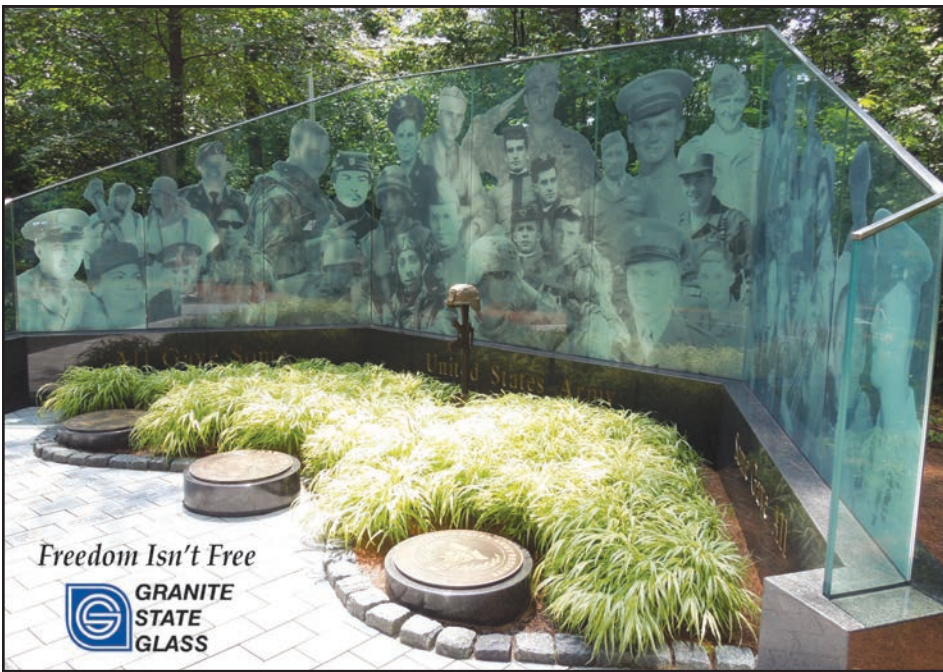
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Turkey Trot returns Nov. 24



BRIDGEWATER — The 41st Annual Turkey Trot hosted by the Newfound Grocery and Country Store and the Tapply Thompson Community Center will be on Thanksgiving morning, Thursday, Nov. 24, starting at 9 a.m. The Turkey Trot features a 3.5-mile loop around Whittemore Point starting and finishing at the Newfound Grocery and Country Store.

Every year the Turkey Trot brings together runners and walkers of all ages and abilities to celebrate an early morning kick off to the Thanksgiving holiday. Taking part in the Turkey Trot has become a Newfound area family tradition for many residents and visiting relatives. Participants that pre-register will receive a special commemorative custom knitted beanie hat with the Turkey Trot logo!

Pre-registration is available on-line at: https://ttccrec.org/special_programs/turkey-trot/ or trotters can register in person at the Newfound Grocery and Country Store.

Registration fees are \$20. Pre-registration will guarantee a Turkey Trot hat (race day registration will be first come, first serve for hats!).

The Annual Bridgewater Turkey Trot celebrates fun, fitness & community and raises much needed funds to support families in need in the Newfound area as well as supporting some of the vital programs offered by the Tapply-Thompson Community Center in Bristol. This is a great opportunity to help the community, have some fun, win some raffle prizes, and burn some calories to make room for Thanksgiving dinner! Whether you're starting a new holiday tradition or carrying on a long-standing family tradition we're excited to see you there!

For more information on the event, please visit the Newfound Grocery and Country Store Facebook page at www.Facebook/NewfoundCountryStore.



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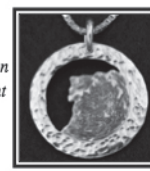
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Artistic Roots welcomes five new visiting artists

PLYMOUTH — Artistic Roots welcomes five new visiting artists this November. They are Sheryl Shirley, Heidi Pettigrew, Jaylene Bengston, Tom Moher and Don Smith. Join us for the Opening Reception on Nov. 16 from 5-6:30 p.m. All are welcome and refreshments will be served. Read about the artists in the paragraphs below.

Sheryl Shirley began a daily painting practice in 2021 following her retirement from teaching international relations and global politics at Plymouth State University. In a world full of challenges, she turned to painting to convey the joy she felt exploring the stunning landscapes of central New Hampshire. Nature walks through New Hampshire's forests and paddling on the lakes and waterways near her home became part of her new routine. Research, experimentation, and art classes with Annette Mitchell and Suzan Gannett contributed to how she experienced and depicted the natural world. She began to see new patterns emerging in the ripples of local streams and developed a greater appreciation for the many colors of a gray day. In sharing her paintings, she hopes to inspire others to search for beauty in the local landscape, not only in the waterfalls of summer but in the icescape of deepest winter.

Heidi Pettigrew is a New Hampshire native who is reinterpreting her home and her travels through pastels, pen and ink, and pencil. After a chance meeting with Annette Mitchell in 2021, Heidi Pettigrew began taking art classes with Artistic Roots. Under Annette's instruction in the Landscape Painting online class, Heidi stopped saying "I can't draw" and started exploring soft pastels and other mediums, creating and interpreting in ways she never realized she could do. Throughout the pandemic, Heidi drew inspiration from photos tucked away in her camera roll, remembering moments and recreating meaningful experiences on paper. Beyond these new mediums, Heidi enjoys carving stamps, gardening, reading, and creating and sending



This is the work of visiting artist Heidi Pettigrew. Come by Artistic Roots to see her work and that of our other visiting artists: Sheryl Shirley, Jaylene Bengston, Tom Moher and Don Smith. An opening reception will be held on November 16th from 5-6:30 p.m. Please join us!

mail art. Heidi is part of a collaborative mail art team, @currigrew, with her wife, Paula. Heidi is principal of Workfl Consulting which provides marketing and communications support for small businesses and

non-profits. She is delighted to be presenting her art to the public for the first time.

Jaylene Bengston is a retired art educator who's teaching experience spans middle, high, and college lev-

el students. She holds an M.Ed in Arts Integration and a CAGS in Arts and Learning from Plymouth State University and a Doctorate in Leadership Studies from Franklin Pierce University. She has called La-

conia her home since 1985, and is married with three grown children who also live in the Lakes Region. Jaylene primarily works in painting, drawing, and mixed media, exploring the complex layers

of experience through a combination of color, line, and symbolism that is both real and surreal. Using representational and non-objective imagery to convey emotion, her work invites the viewer to find a connection with their own personal journey, whatever the path and wherever it takes them. Current work may be viewed at the Galleries at 30 Main in Meredith.

Don Smith began his career as a leatherworker in the late '60's. He was a member of the League of New Hampshire Craftsmen, exhibiting his work at the Sunapee Fair for 20 years. He started woodworking with Tom Moher, creating cabinets, furniture and accessories more than two decades ago.

Tom Moher has enjoyed working with wood all his life, from refurbishing historical buildings to constructing new homes. In retirement he spends time in his workshop designing and building furniture, as well as smaller objects, exploring an array of domestic and exotic hardwoods to enhance designs.

Dance with the Club Soda Band Nov. 12

BRISTOL The Bristol Community Events Committee is inviting you to come out and "shake your booty" with live music by the Club Soda Band on Saturday, Nov. 12. The dance will take place at the Historic Bristol Town Hall from 7 to 10 p.m., and is open to all adults. There will be a cash bar provided by the Homestead Restaurant offering both non-alcoholic and alcoholic drinks, and snacks. Admission to the dance is free, however donations will be accepted at the door to go towards future Events Committee projects.

The Bristol Historical Town Hall is located at 45 Summer St., with parking available nearby at the Town Office building at 5 School St., or in the Central Square Area. Why not venture into town early and have dinner at a local restaurant? Then dance off your calories with one of the area's best dance bands!

To make it easier for parents to enjoy a night out, the Teen Council at the Tapply-Thompson



Community Center is offering childcare during the dance for only \$15 per child. Space is limited and you must register ahead of time for childcare at 603-744-2713.

Before you know it, the hectic holiday season will be upon us. Treat yourself now to an enjoyable night out with your family and friends – some 'grown up' fun is good for the soul!

For more information on this and other events hosted by the Bristol Community Events Committee you can contact the Town of Bristol at 744-3354, ext. 136. Up to date event info is posted on the Town of Bristol Web site at www.townofbristolnh.org, and on the TTCC Web site at www.ttccrec.org. You can also follow the Committee on [Facebook.com/BristolCommunityEvents](https://www.facebook.com/BristolCommunityEvents).



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Flying Monkey to screen rare silent film starring comic icon W.C. Fields

PLYMOUTH — He was a performer who could be recognized by just the nasal twang of his voice.

But prior to reaching iconic fame in talking pictures, W.C. Fields successfully starred in a popular series of silent feature films for Paramount Pictures and other studios in the 1920s.

Rediscover the non-talking W.C. Fields in "So's Your Old Man" (1926), one of his best silent pictures, in a screening on Wednesday, Nov. 16 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth.

General admission is \$10 per person, general seating. Live musical scoring will be provided by silent film accompanist Jeff Rapsis.

In "So's Your Old Man" (1926), Fields plays Sam Bisbee, inventor of a new shatter-proof windshield glass and re-



A younger W.C. Fields (right) stars in "So's Your Old Man" (1926), to be shown with live music Wednesday, Nov. 16 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth. Admission is \$10 per person. For more info, call (603) 536-2551 or visit www.flyingmonkeynh.com.

garded as a crackpot by the townsfolk.

After a demonstration of his glass to auto executives goes awry, he faces ridicule and shame. On the way home, Bisbee encounters a woman he thinks is trying to com-

mit suicide, and so prevents her.

The woman is really Princess Lescaboura, member of a family of European royalty, who later arrives in Bisbee's home town to thank him, upending Bisbee's

life and setting the small town aflame with gossip. The film includes a version of Fields' famous "golf" routine.

The film was remade as a talkie in 1934, with W.C. Fields again starring, under the title

"You're Telling Me!" In 2008, "So's Your Old Man" was added to the U.S. National Film Registry.

W.C. Fields remains famous today for his comic persona as a misanthropic and hard-drinking egotist with a snarling contempt for dogs, children and women.

Although Fields achieved lasting fame as a movie star in talking pictures of the 1930s, his long career encompassed decades on the vaudeville stage as well as a series of silent film roles in the 1920s.

"People find it hard to think of W.C. Fields in silent films, but he was actually quite successful," Rapsis said. "As a vaudeville performer and juggler, Fields cultivated a form of visual comedy and pantomime that transferred well to the silent screen.

"Also, as a middle-aged man during the silent film era, he was able to play a family father figure—the kind of role that wasn't open to younger comic stars such as Charlie Chaplin or Buster Keaton," Rapsis said.

In all, Fields starred in 10 silent features in the mid-1920s. Several are lost; in those that survive, Fields sports a thick mustache, part of his vaudeville costume as a "vagabond juggler" which he dropped in lat-

er years.

The film was made not in Hollywood, but at the Paramount studios in Astoria, Queens, a popular production facility for New York-based stage performers who also appeared in film.

For the music, Rapsis improvises in real time, while the film is running, using a digital synthesizer that allow him to recreate the "movie score" texture of a full orchestra.

"Improvising a score live is a bit of a high-wire act, but it allows me to follow and support the film a lot more effectively than if I was buried in sheet music," Rapsis said.

"Instead, I'm free to follow the film right in the moment. Each time it's different, which lends a certain energy and immediacy and excitement to the experience."

"So's Your Old Man," a silent comedy starring W.C. Fields, will be screened with live music on Wednesday, Nov. 16 at 6:30 p.m. at the Flying Monkey Moviehouse and Performance Center, 39 Main St., Plymouth.

Admission is \$10 per person. For more information, call (603) 536-2551 or visit www.flyingmonkeynh.com.

For more about the music, visit www.jefrapsis.com.

Bobcat girls, Ebner, Alpers and Foster compete at Meet of Champions

BY JOSHUA SPAULDING
Sports Editor

HUDSON — The state's best runners descended on Alvirne High School for the annual Meet of Champions on Saturday afternoon. The Kennett and Plymouth girls and the Gilford boys qualified as teams while there were also a few individuals from local teams qualifying.

The top performance came from Gilford's Patrick Gandini, who edged out Lebanon's Birhanu Harriman, the Division II champion, by inches to claim the Meet of Champions title in a time of 15:05.2. Harriman finished in 15:05.4 for second place.

Plymouth's Leo Ebner was the next local runner across in the boys' race, finishing in 58th place in a time of 17:35.7 and Newfound's Evan Foster finished with a time of 17:40 for 64th place.

Alden Townsend of Gilford

finished in 93rd place in a time of 18:11, teammate Aidan Bondaz finished in 114th place in 18:46, while fellow teammate Carter Forest was 119th in 18:51.

Gunnar Marvel finished in 135th place in 20:28 a3nd Benjamin Smith finished in 141st place in 21:24 to round out the field of Golden Eagle runners. Gilford finished 15th overall.

In the girls' race, Plymouth finished in 11th place overall and Kennett ran to 15th place.

Plymouth junior Addison Englund was the top local runner, finishing in seventh place in a time of 19:12. Her sister, Elli Englund, finished in a time of 20:05 for 24th place overall, while Kennett's Kaylee McLellan was next in, finishing in 28th place in 20:21.

Georgia Eckhardt of Gilford finished in a time of 21:30 for 59th place and Addison Alpers of Newfound ran to 62nd place

in a time of 21:34.

Kennett's Jewels Gorham finished in 64th place in a time of 21:39 and Plymouth's Kelsey Maine finished in 82nd place in 22:15. Teammate Reagan Sutherland was 100th overall in a time of 22:58 and Molly DellaValla of Kennett placed 104th in 23:04.

Stephanie Kendzierski of Kennett was 114th in 23:28, Leah Ines of Plymouth finished in 117th place in 23:52, Lauren Violette of Kennett finished in 118th place in 23:53, Kennett's McKayla Dockham was 122nd in 24:05, Plymouth's Natalie Boyer was 126th in 24:41 and teammate Violet Towers rounded out the field of Bobcats in 26:09 for 131st place.

Sports Editor Joshua Spaulding can be reached at 279-4516, ext. 155 or josh@salmonpress.news.

Squam Range Hiking Series tackles Mt. Squam & Mt. Doublehead

HOLDERNESS — Join the Squam Lakes Association this November for the Squam Range Hiking Series, where throughout the month, we'll hike all seven of the peaks along the Squam Range.

On Wednesday, Nov. 16 from 10:30 a.m.-2:30 p.m., we will hike Mt. Squam and Mt. Doublehead.

This is a wonderful opportunity to check off trails listed on the Squam Ranger list or to learn about our Squam Rangers program. You do not need to be a Squam Ranger to join this hike.

Squam Rangers are a dedicated group of hikers who have conquered more than 50 miles of trails in the Squam Wa-

tershed. Proceeds from this program support the SLA's annual trail maintenance efforts.

This 5.2 mile out and back hike begins along an old road and crosses an old log yard and skidder road. After crossing several wet areas, the trail gets steep, crosses a stone wall and enters a mature forest. Atop the cliffs we'll enjoy wonderful views of Squam and Sandwich before hiking along the Crawford Ridgepole trail to Mt Squam which will offer more views of Squam and granite slabs and a pine forest. Then we'll enjoy it all again as we hike back to the trailhead.

To learn more about this guided hike or to register, head to squamlakes.org/calendar.




Town of Rumney

Notice of Public Hearing

The Rumney Conservation Commission will hold a Public Hearing to authorize the spending of moneys from the Conservation Fund. These funds shall be used toward the purchase of the former Rumney Rest Area from the State of New Hampshire. The Hearing will be held on November 16, 2022 at 7:15 pm at the Rumney Town Office.

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CADY Corner

The impact of marijuana legalization on kids

BY DEB NARO

Contributor

Many young people believe that legalizing marijuana means that it's safe to use, no matter the age. Research tells us that when teens and young adults believe there is little risk in using marijuana, rates of use increase. National data indicate that in all states that have legalized recreational marijuana as of 2018, reported rates of first use among adolescents are 12-63 percent higher than the national average.

Smoking marijuana may increase the risk of chronic cough, bronchitis and worsening symptoms of asthma. Marijuana use impairs learning, memory and attention, affecting school performance. Marijuana use can increase the risk of schizophrenia or other psychoses, with the highest risk among the most frequent and long-term users, especially in vulnerable individuals. It affects the brain's reward system, and the likelihood of addiction increases considerably for those who start young. Research has found that young people who use marijuana are as much as four to seven times more likely than adults to become addicted. The marijuana industry is eager to promote use to young people as they can become long-term, heavy and loyal users of the drug. The industry has already begun to use successful strategies borrowed from tobacco and alcohol promotions. It's not surprising that edibles resembling candy and other snacks are popular with young people.

Get vocal. Parents and caregivers can join forces with CADY to help protect youth. Despite what many parents believe and feel, you have tremendous influence over whether your children use substances, including marijuana. Kids have shared that their parents have the greatest influence over their attitudes and behaviors around substances. You are an essential buffer between your children and the many influences that encourage use of marijuana. Try to do your homework and find up-to-date information on the how, where and why young people use marijuana. Be ready with honest answers, shared in an age-appropriate way, so that they see you as a good source of information.

By talking early, you are helping frame a healthy mindset when it comes to marijuana. Pre-middle school and high school conversations can lessen your child's intention to try or use in the future, as well as influence how they approach friendships with peers who do use substances. It's important to keep talking as they get older, too. The time when parents pull away often coincides with a period of increased risk of teen substance use. Try to balance setting clear expectations and rules about drug use, while granting more choices, flexibility and independence for less risky behaviors.

Look for opportunities to discuss marijuana with your child calmly and casually. Conversation starters can be news stories, school lessons, advertisements, seeing someone use marijuana on TV or in a movie or smelling it in public. Also, be ready to listen, understand their perspective and try to avoid lecturing. It can help to start the conversation with open-ended questions about their perception of marijuana use, such as "Why do you think kids try marijuana?" and "What do you know about the risks of using it?"

These conversations aim to acknowledge marijuana's potential appeal and help them weigh the risks against the perceived benefits. Try not to use scare tactics or threaten. Instead, explain that you genuinely care about their health. Do your best to have these conversations frequently and, if you can, before they try marijuana for the first time.

If there is a history of addiction in the family, your child's risk of developing a problem with marijuana increases. As you would with any family-related disease, explain why they need to be more careful than their peers about substance use.

For prevention information about the harms of marijuana, visit our website at cadyinc.org. If you, or someone you know, struggles with substance misuse or addiction, please call 2-1-1 or the Doorway at 934-8905 for help. You can also connect with Plymouth Area Recovery Connection (PARC), our local recovery center, located at Whole Village Family Resource Center in Plymouth at info@parcnh.org or 238-3555.



COURTESY

Welcome, 2022-2023 Lakes Region Conservation Corps!

At the start of November, four new members of our AmeriCorps Program joined us here at the Squam Lakes Association. They will serve here at the SLA until the end of Summer next year. During their time here, they will lead Adventure Ecology programs, guided hikes, conduct water quality sampling, trail maintenance, and invasive species removal within the Squam Watershed. Come summer, you'll see them out and about our campsites and on the lake diving for variable milfoil. If you see them around, stop and say hello! For more information about our Lakes Region Conservation Corps Program, or to read our member's conservation journals, head to lakesregionconservationcorps.org. From left to right: Shannon, Virginia, Alexa, and Meaghan, our four full-term LRCC members, atop West Rattlesnake for a welcome hike!

NORTH COUNTRY NOTEBOOK

Stoves, axes and kindling, and things that never change



By JOHN HARRIGAN
COLUMNIST

On a rainy afternoon last week - there have been a lot of those, and now snow - I did what I so love doing on a day when it's too cold and wet for outside jobs, and kindled a fire in the shop and perused the list I keep on the end of one of the work-benches, called, of course, the Rainy Day List. (Note to self: Change title immediately to Snowy Day List.)

Soon the old Atlantic gothic-columned cast-iron box stove was crackling away as softwood ignited hardwood and the shop's cold and dampness began a retreat. But I cannot mention this without the story of the stove itself, which I may have related once or twice before, in which case, forgive me.

Like most of the things I cherish, this

stove has a history and personal significance. Hundreds if not thousands of Atlantic stoves were used in logging and hunting camps over the past century and a half, and hundreds upon hundreds are still in use. They are as handsome as they are practical, and in the eye of this beholder, at least, are the epitome of beauty, form and function.

This particular stove was in use in the very last logging camp in the Connecticut River drainage, at Deadwater Stream, when I escaped the confines of downtown Colebrook and began roaming the territory in my early teens. Often, cold and wet from some hard hunting, I dropped into the walking boss's camp where the stove was to warm up and perhaps snag a cookie. The camps were gone before I got out of high school, but a local farmer salvaged the stove. When his estate came up for auction I spotted the old Atlantic in the newspaper ad list, beat feet to the auction, and grabbed it. It now warms my carcass, my memories and my soul.

On the list, as usual, was "Split more kindling," along with "Sharpen small axe."

One necessarily goes before the other, so I popped my little three-foot, forged-iron kindling axe from where I'd last stuck it on the edge of the splitting block, located the small flat-file, and set to work putting a finer edge on a blade that already seemed sharp enough to shave with.

This made me dig out a fine note I received back in September about something I'd written about axes.

"I read your column every week in the Littleton Courier. I am 76 years of age. I read

you each week because it reminds me of what it was like here 50 years ago. Your stories are much like things my Dad and Grandpap told me.

"Your axe story reminds me of one I witnessed as a teenager. Bill, our hardware store owner, was busy one day as a man in a suit and tie came in. Bill looked at me and mumbled 'Oh boy.'

"The man wanted an axe. Bill showed him where they were. After about ten minutes he came over to us with two axes in hand. 'How come one is sharp on one end and the other is sharp on both ends?'

"Bill grabbed the

axes and handed him a small camper's hatchet, saying 'Here, before you kill yourself.' The man left with the hatchet." ---John Gyenes, Washington Crossing, Pa.

The second axe in question, of course, was a double-bitted axe, which doubled the chopping-time between sharpenings. One edge became dull, and the chopper simply flipped the axe and continued work. To say that a man using one of these instruments had better know his business lest he wind up lacerating himself to death is an understatement. But choppers were the best of the best, far up in the pecking order above swampers, loaders, drivers and river-hogs, and they elevated swinging axes and making the chips fly to an art-form.

It was a great letter to ponder as I sat there on the splitting block, putting the finishing touches on the axe and almost ready to start plinking thin slabs of fir and cedar into celery-sized kindling, and as the shop became warm enough for short sleeves, I thought "If only old stoves could talk."



Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

Comfort Keepers

Diabetes management

BY MARTHA SWATS
Owner/Administrator
Comfort Keepers

The American Diabetes Association has stated that 25 percent of seniors have some form of diabetes, and that number is expected to increase as the population of adults 60 and over grows.

As you know, diabetes is a condition that prevents someone's body from properly processing sugars, leading to elevated blood sugar levels and negative health effects as a result. While diabetes has its own signs and symptoms, it can also make other conditions worse – conditions like heart and kidney disease.

Diabetes can be effectively managed by seniors, but it's often important for older adults to seek help from their care team, including their family, physician, nutritionist and caregiver. Here are some strategies for people dealing with diabetes:

Education – There is a lot for someone to learn when they receive a diabetes diagnosis. Depending on the physician's recommendation, changes may need to be made to a senior's diet, exercise, medication and treatment plan. There are also new symptoms, risk factors and medical needs that a person may have. It's important for older adults to learn everything they can about their diabetes and how to treat it.

Diet – Diet plays a huge part in diabetes management. A nutritious diet that is low in sugar is important for reducing symptoms and complications from the disease. Sugar from fruit should typically be avoided too, along with saturated fats. Diabetes educators can help seniors plan meals that will successfully help them maintain their health.

Exercise and activity – Seeking advice from a health care professional is the best first step for seniors that want to create an activity or exercise plan. While the American Diabetes Association recommends 30 minutes of exercise per day, five days per week, that level of activity isn't always possible for some. However, shorter periods of activity, done throughout the day, can be just as helpful when managing diabetes. Seniors should al-

ways speak to their physician before starting any exercise program.

Prescribed medication is critical – Missing a dose of medication can have negative effects on diabetes sufferers. Seniors that have a hard time keeping track can set up a system of reminders, whether that's a pill box, an alarm, a checklist, or a caregiver or helper that can prompt them to take medications. In addition to prescribed medications, vaccines can also be a useful tool in diabetes management – for example, complications that are caused by the flu can be more severe for those with diabetes.

Check glucose and other levels – Most seniors with diabetes will need to keep an eye on their glucose levels. A physician will typically let someone know how often they should be checking, and what to watch out for. Blood pressure and cholesterol levels can also indicate a problem – those should also be checked on a regular basis by a healthcare professional.

Comfort Keepers® can help

Diabetes can be difficult to manage, and the trusted care team at Comfort Keepers can help. Our caregivers can remind clients to take medication, provide transportation to scheduled appointments, and support physician-prescribed exercise regimens and diets. Above all, our goal is to see that clients have the means to find the joy and happiness in each day, regardless of age or acuity.

About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 603-536-6060 or visit our Web site at www.comfortkeepers.com/plymouthnh for more information.

Bristol to hold Veterans Day ceremony



BRISTOL — There will be a brief Veterans Day Ceremony in the Bristol Square at 9:45 a.m. Friday, Nov. 11. Then we will travel to Hebron Common to help the Hebron Historical Society do their Veterans Day program.

VFW Post 10640 would like to recognize the “crazy knitters” who have given the VFW hats for the past three years and this year, Ron took them to the VA at White River Junction, Vt.

Sam Worthen will be the speaker at the Bridgewater Historical Society on Nov. 19 at 10 a.m. The Story of the Long Carrying Place will be the program held at the River Road Museum in Bridgewater. Delicious refreshments are served.

SLA to host volunteer trail work day

HOLDERNESS — The Squam Lakes Association will host a volunteer trail work day Sunday, Nov. 13, Volunteer with LRCC members for a day of trail work from 9 a.m. to 1 pm! We will focus on clearing drainages, removing blow-downs, clearing branches that encroach within the trail corridor, and brushing in portions of the trail where the path is unclear.

As always, this work is weather dependent. Should any changes to plans arise, we will pro-

vide updates. We encourage help from volunteers who love the outdoors, enjoy hands-on conservation work, and are excited to work with our LRCC members!

Volunteers should bring appropriate clothing, water, and food. Please come prepared for cold weather conditions. Pack extra layers of clothes.

To register or learn more about this volunteer day, head to SquamLakes.org/calendar or call 603-968-7336.



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Edward Jones: Financial Focus

Here's your 'recession survival' checklist

It's unfortunate, but recessions are a fairly normal part of the economic landscape. When a recession occurs, how might you be affected? The answer depends on your individual situation, but regardless of your circumstances, you might want to consider the items in this recession survival checklist:

Assess your income stability. If your employment remains steady, you may not have to do anything different during a recession. But if you think your income could be threatened or disrupted, you might want to consider joining the “gig economy” or looking for freelance or consulting opportunities.

Review your spending. Look for ways to trim your spending, such as canceling subscription services you don't use, eating out less often, and so on.

Pay down your debts. Try to reduce your debts, especially those with high interest rates.

Plan your emergency fund. If you haven't already built one, try to create an emergency fund containing three to six months' worth of living expenses, with the money kept in a liquid account.

Review your protection plan. If your health or life insurance is tied to your work, a change in your employment status could jeopardize this coverage. Review all your options for replacing these types of protection. Also, look for ways to lower premiums on home or auto insurance, without significantly sacrificing coverage, to free up money that could be used for health/life insurance.

Keep your long-term goals in mind. Even if you adjust your portfolio during times of volatility, don't lose sight of your long-term goals. Trying to “outsmart” the market with short-term strategies can often lead to missteps and missed opportunities.

Don't stop investing. If you can afford it, try to continue investing. Coming out of a recession, stock prices tend to bottom out and then rebound, so if you had headed to the investment “sidelines,” you would have missed the opportunity to benefit from a market rally. Revisit your performance expectations. During a bear market, you will constantly be reminded of the decline of a particular market index, such as the S&P 500 or the Dow Jones Industrial Average. But instead of focusing on these short-term numbers, look instead at the long-term performance of your portfolio to determine if you're still on track toward meeting your goals.

Assess your risk tolerance. If you find yourself worrying excessively about declines in your investment statements, you may want to reevaluate your tolerance for risk. One's risk tolerance can change over time — and it's important you feel comfortable with the amount of risk you take when investing.

Keep diversifying. Diversification is always important for investors — by having a mix of stocks, mutual funds and bonds, you can reduce the impact of market volatility on your portfolio. To cite one example: Higher-quality bonds, such as Treasuries, often move in the opposite direction of stocks, so the presence of these bonds in your portfolio, if appropriate for your goals, can be valuable when market conditions are worsening. (Keep in mind, though, that diversification cannot guarantee profits or protect against all losses in a declining market.)

A recession accompanied by a bear market is not pleasant. But by taking the appropriate steps, you can boost your chances of getting through a difficult period and staying on track toward your important financial goals.

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603-279-3161
Fax 866-532-8685
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This article was written by Edward Jones for use by your local Edward Jones Financial Advisor, Edward Jones, Member SIPC. Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.





Talk of the Towns

News from our Local Correspondents

Ashland

David Ruell 968-7716
davidruell@gmail.com

Historical Society Annual Meeting

The Ashland Historical Society will hold its annual meeting, with the presentation of annual reports and the election of directors, at 7 p.m. this evening (Thursday, November 10) in the parish hall of St. Mark's Church on Highland Street.

Veterans Day

A Veteran's Day ceremony will be held by the Dupuis Cross Post of the American Legion at 11 a.m. this Friday, Nov. 11, at the war memorials in front of the Legion Hall at 37 Main St.

Mandala Stone Painting Workshop

The Ashland Town Library will hold a workshop on Mandala Stone Painting from 10 a.m. to noon this Saturday, Nov. 12. As space is limited, participants are asked to pre-register.

Fourth of July Meeting

The Fourth of July Committee will meet at 6:30 p.m. next Wednesday, Nov. 16, in the Booster Clubhouse for more planning of the 2023 Independence Day holiday.

Thanksgiving Family Movie at Library

The Ashland Town Library will show "A Charlie Brown Thanksgiving" from 4 to 5 p.m. on Friday, Nov. 18. The movie will be accompanied by snacks and a Thanksgiving craft project. Because space in the Library is limited, those interested should sign up at the Library soon.

Christmas Night Meeting

The Christmas Night Committee will meet again at 6:30 p.m. on Friday, Nov. 18, in the Legion Hall at 37 Main Street to continue planning the event to be held on Dec. 2. Anyone interested is welcome to attend.

Bristol

Al Blakeley
Adblakeley0@gmail.com

Well, voting has finally taken place and perhaps we will all be able to watch more positive advertising on our TV sets! Whatever happened to positive campaigning? This we/them mentality is breaking down our 'political process' to the point of making enemies of folks who have a different point of view, not people to be criticized for their views. That is why we vote! We exercise that right with the idea with the hope that the better candidate will be victorious. If your candidate does not win, it is important to realize you need to accept that may happen when all of this starts! Let's all just be as positive about this process as possible. We need to proceed together to work things out for the better.

There will be a Fall Dance at the Historic Town Hall on Saturday, Nov. 12 from 6:30 - 10:30 p.m. with music by Club Soda Band. There was to be a chili contest along with the dance, but the committee did not have time to pull that all together. This dance is open to ages 21 and above. Donations will be accepted at the door. Childcare will be available at the TTCC for \$15 per child. Bring your friends and neighbors! Time to get out and shake a leg!

The Friends of Minot-Sleeper Library have two fundraisers during November. First, you can order your favorite holiday cookies online at minotsleeperlibrary.org or in person at the MSL. You can choose among 12 delicious varieties including one for your dog! Orders must be received by Wednesday, Nov. 30, and will be available for pick-up at the library on Dec. 9 from 3-5 p.m.

The second fundraiser is a Fun-All-Year Raffle in which you have a chance to win one of three prizes. These include; a week-day lift ticket for two to Ragged Mountain, a one year family membership to McAuliffe-Shepard

Discovery Center, or a one-year membership to Squam Lakes Natural Science Center. Stop in at the MLS for more information. Proceeds from both fund raisers will help fund the museum passes provided for the patrons of the MSL.

Recurring events at the MSL include: Knot Only Knitters on Mondays from 2:30-4:30 p.m., Storytime on Wednesdays at 10:30 a.m., Mah Jongg on Wednesdays from 1-3 p.m., Movie Time on Wednesdays at 4 p.m. and Friday Quilt Club on Fridays at 1 p.m.

The MSL will be closed on Friday, November 11 for Veteran's Day. It will also close on Nov. 24 and 25 for Thanksgiving.

Youth Basketball registration for all levels is now open at the TTCC. Basketball for ages three and up through high school will be under way starting the first week in November for grades 3 - 6 with optional pre-season practices. Skills assessments for grades 1 - 6 will be held on Nov. 19. Grade 7/8 Rec Team will begin practicing on Friday, October 28. More information is available on the Web site: https://ttccrec.org/youth_programs/basketball/.

The TTCC is looking for coaches at all levels. Please consider stepping up and be a coach!

Middle School Teen Nights will start new sessions in November. The session will be from Nov. 1-29 with no session on Nov. 22. \$20 per person includes dinner. All participants must be pre-registered and paid ahead by signing up online (no money accepted at the door).

High School Teen Nights will continue at the TTCC on Thursdays from 6 - 8 p.m., open to any High School students from the Newfound Area.

The next Teen Council Parent's Night Out will be on Nov. 19 from 5 - 9 p.m.

Dog Obedience Classes will be having new sessions from Jan. 14 until Feb. 18 for two class levels. Level 1, the basics class will meet Saturdays from 1-2 p.m., and Level 2 will meet on Saturdays from 2:30

- 3:30pm. For more information, contact MacKenzie Fredericks at fiddlestickdogs@gmail.com or 603-217-7354.

The 41st Annual Bridgewater Turkey Trot to benefit the Newfound Children & Families in Need, a community partnership driven by Newfound Country Store & TTCC, will take place on Thursday, Nov. 24, starting at 9 a.m. Pre-register online or in person at the Newfound Country Store. If you have questions, donations or want to sponsor, you may contact: ttcc@metrocastnet or holly@nfcountrystore.com or online at: www.facebook.com/newfoundcountrystore. Participants who pre-register will receive a special commemorative custom-knitted beanie hat with the Turkey Trot logo! Race day registration will be first come, first serve on the beanie hats.

The Pasquaney Garden Club has the following events planned: a trip to the Fells for the Annual Christmas Tour on November 11 with pre-registration required; an entry to the Festival of Trees, conducting a workshop at the regular meeting on Nov. 15 from 10 a.m. - noon; distribution of fresh evergreen wreaths to the town buildings in the lake communities and a holiday potluck luncheon for the December meeting. New members and visitors are always welcome. Contact jewhitenh@gmail.com for more information.

The Annual Tree Lighting in Central Square will take place on Friday, Nov. 25. Music will begin at 5:30 p.m. Santa will arrive by fire truck at 6 p.m. to light the tree and all are welcome to participate. A great way to get into the holiday spirit with friends, family and neighbors!

The Festival of Trees will take place in the Historic Town Hall on Friday, Nov. 25 from 4 - 8 p.m. and Saturday, Nov. 26 from 10 a.m. - 7 p.m.

Two rare events in our world this past week: a lunar eclipse and an

earthquake! There were many very nice photos of the eclipse in social media and in the papers. I felt/heard the earthquake, not knowing at the time what I was experiencing! At the time I thought it was a huge truck going past on the highway near my home, but upon learning of the time and magnitude of the quake, I'm figuring that it was that I had experienced. I can't imagine what goes through the minds of Californians when they experience a quake!

Hebron

Bob Brooks 744-3597
hebronnnews@live.com

Hebron Veterans Day Program

On Nov. 11 at 10:50 a.m., the Hebron Historical Society and the Town of Hebron invite you to a Veterans Day Program on the common of Hebron to honor all US and local veterans. The Bristol VFW Post #10640 will provide the honor guard, play taps and a rifle salute. Local veterans will also take part in the flag ceremony, invocation, benediction and the singing of a patriotic song. Light refreshments will be served after the Program in the community hall in the basement of the Hebron Congregational Church. Everyone is welcome to attend—social distancing is encouraged. For more information, call 603-744-3335.

Holderness

Fran Taylor 968-3846

Steady stream of voters at the Town Hall on Tuesday to vote their choices for U.S. Senate, House of Representatives, and state and county offices.

Wendy Hills will offer suggestions on "Healthy Holiday Appetizers" on Friday, Nov. 18 from 6-7:30 p.m. More information on Rec Web site.

Big changes in the School Winter Ski/Skate program. Skiers will be going to Loon. Skiing/skateboarding will be an all day event on Tuesdays in January. Skaters will spend two hours at the ice arena with instruction and free skating followed by activities including the Science Center, Top Gun Gymnastics, snowshoeing and more. Chaperones are needed for both. If you're new in town and enjoy working with kids on the slopes or ice, check out the information on the school website called Winter Program slide show.

Congratulations to Scott Weden, former Holderness Police Chief, who has been selected as Plymouth's new Town Manager.

Our Library is offering a six week "Learn to Sew" course starting Tuesday, Nov. 29 from 3:15-4:45 p.m. in the community room. Pick up a registration packet from

the circulation desk. All sewing materials will be provided. More info on the website.

The Library and Town Hall will be closed on Veterans Day, Nov. 11.

Rebecca Rule will be giving her "Moved and Seconded: Town Meeting in New Hampshire" talk at 7 p.m. on Monday, Nov. 14 at Pease Public Library in Plymouth. You'll enjoy Rebecca's sense of humor and also learn all sorts of interesting facts about town meetings.

Congratulations to Christina Gribben who has been confirmed by the Governor's Council as a member of the Board of Mental Health Practice.

The Squam Lakes Association welcomed four full-term Lakes Region Conservation Corps members this week. After some initial training, they will take over the Adventure Ecology and guided hiking programs, conduct water quality testing, and assist in maintaining SLA's extensive trail network.

Rumney

Elise Saad (508) 981-4184
elise@infonetics-usa.com

Rumney Historical Society New windows at the Rumney Historical Museum...

A long anticipated project, replacing the thirteen basement windows at the Rumney Historical Museum, is now completed...at least for this year. The trim will dry out this winter and then will be painted in 2023. President, Kathy Sobetzer, remarked on how this project has been on our list for many years and now, thanks to the generosity of our members, it has been done. Do stop by and take a look.

We thank contractor Craig Bixby from C & B Construction for assisting in the choice of product and completing the work. The windows will be able to tilt open from the inside and allow much needed ventilation during the warmer months.

We also thank Steve Daniels and Jim for helping to keep the area tidy by transporting the debris down the road to Sonny. And most of all we thank our members for caring for this special property.

Save the date...

Sunday, Dec. 18 from 2 until 4 p.m.

A Christmas Get-together

This year our annual Rumney Historical Event will be held at the library... Yes, the library, because the heating system at the museum is not working.

This will be a pleasant afternoon to take time during this hectic week to visit with friends, and wish everyone a joyous season. Crossing my fingers that the weather

SEE TOWNS PAGE A9

PETS OF THE WEEK



Jenni

I'm Jenni and I bet you want my number, or the one for the shelter to come adopt me! I am most comfortable around the people I know and would probably do best with adults only. There is potential for me to share a home with a male dog, of course we'd have to meet first. A low traffic home able to help me build my confidence with new people would be best!



Tina

If you are looking for a sassy confidant or a bird watcher extraordinaire, Tina is your girl! Tina is way too cool to share her spotlight with others and would prefer to be in a home without other cats.

NH Humane Society
Over a century of love for those without a voice.

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Towns
FROM PAGE A8

will cooperate!

Have you read...???

“Rumney, Then and Now History”

Arranged, Collected, and Compiled by Jesse A Barney

1967

This fact filled text is full of interesting information about our town of Rumney.

“Rumney Then and Now” is available for check out at the Byron G Merrill Library!

Section 1 (1712-1800) talks about our pre-settlement history and the early explorations by folks such as Thomas Baker, Eleazer Tyng and John Stark, as well as the arrival of the first families, laying out the roads, and the involvement of citizens in the Revolutionary War.

Section 2 (1800-1850) has a variety of topics including population growth, farms, lumbering, industries, wars, houses, and the town warrant of 1846.

Section 3 (1850-1900) focuses of the coming of the railroad and the various changes that brought to our community, a period of great activity and many industries. Ever wonder how Rumney voted for Abraham Lincoln? You will find that answer here!

Section 4 (1900-1965) includes information about the many hotels and summer camps as well as stores, farming, education, and much more.

Section 5 focuses on our churches, school, library, and post offices... Did you know that Rumney once had five post offices?

Section 6 is titles Rumneyana or Thrice Told Tales including stories about a lost cow as well as the tragic ending of a thimble (two separate stories!)

Section 7 is a genealogical record of the old families of Rumney. Perhaps you have ancestors who lived in Rumney years ago.

Section 8 contains

thirty-five biographical sketches of residents who were part of our community including Nathan Clifford and Byron Merrill!

Thank You...

to our members, our officers and board, and to all who help with our projects...especially our “scrapbookers” who work diligently to make the history of Rumney available to our community.

Bet you cannot wait to join our Society...

Just contact Kathy (ksobetz@roadrunner.com) or Susan (sturbayne@gmail.com)

Warren/Wentworth

Gary Jesseman 707-7129
garyj@together.net

Greetings everyone. I hope you all had a good week.

Rehearsals are going well for “The Regifters,” the play I’m doing in Bradford, Vermont. More information coming. You won’t want to miss this hilarious Christmas show!

In **Warren**, The Parks and Recreation Department invite you to a planning meeting for 2023. The meetings are Thursday, Dec. 1 and Thursday, Jan. 5, at 5 p.m. at the Town Hall.

Come meet new people, and help build a calendar and plan events for 2023.

In **WENTWORTH**, Mark your calendars for Christmas On The Common, coming on Nov. 26. The fun goes from 3-6 p.m., with tree lighting, carols, Santa, and much more! There will be more information as details are available.

Wentworth Elementary School is seeking vendors for their Christmas Craft Fair on Saturday, Dec. 10 from 9 a.m.-2 p.m. \$20 a spot, or \$15 if you contribute an item for raffle. To reserve a spot or for more information contact Hannah at hbilodeau@pemibaker.org

That’s it for this time! Have a good week, and always remember to count your blessings!

Healey breaks PSU scoring record in playoff loss

PLYMOUTH — Junior Taylor Healey (Campton gave fifth-seeded Plymouth State University an early lead in record-breaking fashion, but fourth-seeded Keene State College rallied with four unanswered goals to top the Panthers, 4-1, in the quarterfinal round of the Little East Conference (LEC) Tournament at the Owl Athletic Complex on Tuesday night.

Healey’s goal just 2:55 into the game gave her 60 points on the season to snap PSU’s single season scoring record, but Owls answered back only a few minutes later to tie things at 1-1 after the first quarter.

PSU came roaring back in the second quarter but was unable to get a good look at any scoring opportunities as the Owls’ defense cleared all dangerous attempts PSU could muster. The hosts scored two goals in the second stanza just over five minutes apart, taking a 3-1 lead into halftime.

Plymouth State had another early chance in the third quarter, but the loose ball eluded Healey’s stick and just 4:13 into the frame the Owls struck again to take a commanding 4-1 lead. PSU kept pressuring with multiple penalty corner opportunities, but the Keene State defense stopped the Panthers in their path.

Healey’s goal was her 26th of the campaign, good for the third-most in a season in program history.

The game marked the final contest behind the PSU bench for head coach Bonnie Lord, who has

been at the helm since the 2000 season. She finishes her career with 274 wins, not only the most in program history, but the fourth-most of any Plymouth State head coach in the nearly century-long history of Panthers’ athletics.

Plymouth State ends its season with an 11-6 record, the most wins since the 2017 season, while Keene State improves to 11-9 and advances to Thursday’s semifinal round.

Healey scored in the first quarter to give the Panthers an early lead. The hosts evened the score later in the frame and the game remained tied through the end of the first quarter. The Panthers nearly pulled ahead again, but the Keene State goalie made a great save to preserve the tie. KSC pulled ahead with two quick strikes in the second quarter coming just over five minutes apart. The Owls maintained the 3-1 lead at halftime.

PSU put the pressure on early in the third quarter, but a loose ball eluded Healey’s stick. Keene State added an insurance marker at the 4:13 mark of the third quarter to extend the lead to 4-1. The Panthers continued to pressure, but each chance was knocked away by the Keene State defense.

Healey’s goal moved her into first place in program history for points in a season with 60. Her 26 goals this year are the third most in a single season. PSU’s 11-9 final record is the best since the 2017 campaign when the Panthers went 12-6.

Ashland School Board updated on ventilation project

BY DAVID RUELL
CONTRIBUTING WRITER

ASHLAND — The Ashland School Board held a short half hour meeting on Nov. 1 which covered the ventilation project, policies, non-resident tuition rates, safety training, budget preparation and school activities.

Superintendent Mary Moriarty explained that the ventilation project was still waiting for the installation of the new transformer, as Electric Department staff are in Florida helping with the disaster relief. Cost estimates are being sought for required structural improvements. It is hoped that the work can be done during the school vacation. The rooftop ventilation units have arrived and are stored on the school property.

Recently, the New Hampshire Department of Education’s Bureau of Federal Compliance conducted a review of the School District’s compliance with Federal rules and determined that the District’s Drug-Free Workplace policy had to be updated, and that minor changes were needed in the

Procurement policy. Those amended policies were presented to the board for their first reading and adoption, which were promptly approved by the board. The board also held the second readings and approved amended policies on Emergency Care and First Aid, on Strong Family & Community Partnership, and on Volunteers.

Every year, the Board sets tuition rates for non-resident students based on a formula determined by the state. The board approved new tuition rates of \$21,875.06 per year or \$121.53 per day for the current school year.

Former Electric Department Superintendent Lee Nichols spoke to the board about the electric safety talks that the Department gives to school children. Previously, this safety training was given every year, but it was recently decided to do it every other year. Nichols felt that the training should be repeated annually, as repetition is needed, particularly for the youngest children. He requested that the school return to the annual schedule. The board did not respond to his request at

this meeting.

The Superintendent presented a proposed schedule for the preparation of the 2023-2024 school year budget. It was suggested that the administrators present their budget proposal on Nov. 21, that the board hold a work session on the budget on Dec. 1, and that the board vote on the budget on December 15, after the public hearing on the SAU budget, which is included in the school district budget. The budget could then be presented to the Budget Committee the following week. The Budget Committee would hold the public hearing on the budget in January. The deliberative session will be held in February, and the voters will vote on the budget and warrant articles at the local elections on March 14. The board members consulted their calendars and agreed to the proposed schedule.

Principal Kelly Avery reported on school activities. Enrollment remains at 160 students. The soccer and volleyball seasons have ended. (The basketball seasons will begin in December.) The Fire Department visited the school during

Fire Prevention Week, and the kindergarten students visited the Fire Station. The school’s Halloween parade

through the downtown was held on October 28. Veterans Day will be observed on Nov. 9 with a panel of veterans. The Academic Fair will be held on Nov. 16. Parent-Teacher conferences, both remote and in-person, will take place on Nov. 21. An early release on

November 22 will begin the Thanksgiving recess. Wreaths will be made by the students on Dec. 1. The Holiday Dinner for parents will be served on Dec. 7. Three more staff members have qualified in CPR training. Avery named Special Education teacher Elisabeth Colmen and Custodian Heidi Niles as staff members of the month. The curriculum committee has been studying the K-8 reading courses, so a new textbook proposal will be presented as part of the upcoming budget.

After the close of the official Board meeting, its members participated in a work session of strategic planning training, presented by the New Hampshire School Board Association.

Trout Unlimited meeting set for Tuesday

PLYMOUTH — Please join in for the November chapter meeting of the Pemigewasset Chapter of Trout Unlimited on Tuesday, Nov. 15, at 7 p.m. at the Common Man Inn in Plymouth. This month, Kayla Croteau (Watershed Education Specialist at NH Fish and Game) will be speaking about the variety of initiatives and opportunities available through the Watershed Education Program administered by New Hampshire Fish and Game. Middle and High School

teachers should find Croteau’s presentation to be useful information.

Pemi-TU Chapter meetings are free and open to the public, all are welcome. They will have raffle tickets available at the meeting to support sponsoring youths to attend the Barry Conservation Camp fishing session (candidates will be selected in January). E-mail PemiTU@gmail.com with any questions or suggestions.



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THE REAL REPORT

RECENT REAL ESTATE TRANSACTIONS

Town	Address	Type	Price	Seller	Buyer
Alexandria	1348 Cass Mill Rd.	Single-Family Residence	\$386,933	Whitney M. Leggett	Edward Kennedy and Sara Williford
Alexandria	364 Fowler River Rd.	Mobile Home	\$260,000	Adams Fiscal Trust and Julia P. Adams	Edison R. and Kristine A. Cowing
Ashland	34 Circle Dr., Unit 13	Condominium	\$282,533	Roy W. and Shawn R. Beaudoin	Jessica L. Saba
Ashland	N. Ashland Road	N/A	\$360,000	High Life Building Company, Inc.	Erin L. Ober and Vincent W. Giffin
Ashland	21 Pine Arden Dr., Unit 77	Condominium	\$250,000	Scott and Joan M. Tower	Carole A. Palmer
Bridgewater	Bridgewater River Road, Lot 2	N/A	\$225,000	Heather M. Townsend	Margaret C. and Christopher Mumford
Campton	Beaver Brook Road	N/A	\$50,000	S. & Linda Garland RET and John F. Garland	Boynton Fiscal Trust and Daniel S. Boynton
Campton	Chandler Hill Road	N/A	\$125,000	S. & Linda Garland RET and John F. Garland	Timothy W. McCormack
Campton	77 Whitehouse Circle	Single-Family Residence	\$450,000	Dandelion Collective LLC	Abraham Nunez
Holderness	245 Hawkins Pond Rd.	Single-Family Residence	\$795,000	Roland and Donna Vongunten	Julieanne and William Gilchrist
Holderness	N/A	N/A	\$215,000	WLC Holdings LLC	Justin M. Lamoureaux RET
New Hampton	33 Carter Mountain Rd.	Single-Family Residence	\$475,000	Sean E. and April S. Brooks	Joseph Eudenbach and Jaimie Lemieux
New Hampton	26 Colony Lane	Single-Family Residence	\$335,000	Vance E. and Cheryl Leighton	Charles E. and Nicole Carroll
Plymouth	16 Main St.	Charity Property	\$425,000	American Legion Department of NH	Bridge House Inc.
Rumney	Baker River	N/A	\$65,000	Elizabeth H. Paly 1991 RET and Maria McCormack	DE&S 3NH22 LLC
Rumney	Old Route 25	N/A	\$65,000	Elizabeth H. Paly 1991 RET and Maria McCormack	DE&S 3NH22 LLC
Rumney	N/A	N/A	\$450,000	Thlema L. Gregoire RET	Robert C. and Carla D. Gregoire
Thornton	14 Stonington Rd.	Single-Family Residence	\$299,933	Barbara J. Lojko	Joseph A. and Morgan T. Demers
Thornton	N/A (Lot 9)	N/A	\$850,000	Sandra J. Sullivan and Michael J. Gulizia	Marie F. Romagnano
Warren	158 NH Route 118	Single-Family Residence	\$356,000	William E. Battles IV and Sherilyn Mahoney	Lott Fiscal Trust and Bradley H. Lott
Waterville Valley	6 Jennings Peak Rd.	Single-Family Residence	\$857,533	Moore Fiscal Trust and Timothy P. Moore	Marlaina and Gregory Barber

ABOUT THE REAL REPORT

Here are recent real estate transactions in Alton and the surrounding areas. These sales summaries are informational only, not a legal record. Names shown are usually the first listed in the deed. Sales might involve additional parties or locations. Prices are usually based on tax stamps and might be inaccurate for public agency sales. Refer to actual public documents before forming opinions or relying on this information. Additional publicly recorded information on these sales, prior sales and data from Department of Revenue Administration forms is available at www.real-data.com or 669-3822. Copyright 2011. Real Data Corp. In the column "Type": land= land only; L/B= land and building; MH= mobile home; and COND=condominium. Transactions provided by The Warren Group, Boston Ma., publishers of The Registry Review and Bankers and Tradesman newspapers. Phone: 1-800-356-8805. Website: www.thewarrendgroup.com



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SLCS seeks re-accreditation

HOLDERNESS — The Squam Lakes Conservation Society (SLCS) is an accredited land trust serving the Squam Lakes Region. Since 1960, the Conservation Society has been preserving the unique quality and character of Squam by permanently protecting lands in the Squam watershed for present and future generations.

The renewal of our accreditation status happens every five years. Part of the process includes the opportunity for public comment. The Squam Lakes Conservation Society strives to meet the highest standards and ethical practices in land conservation. Your comments are appreciated.

The Land Trust Alliance accredi-

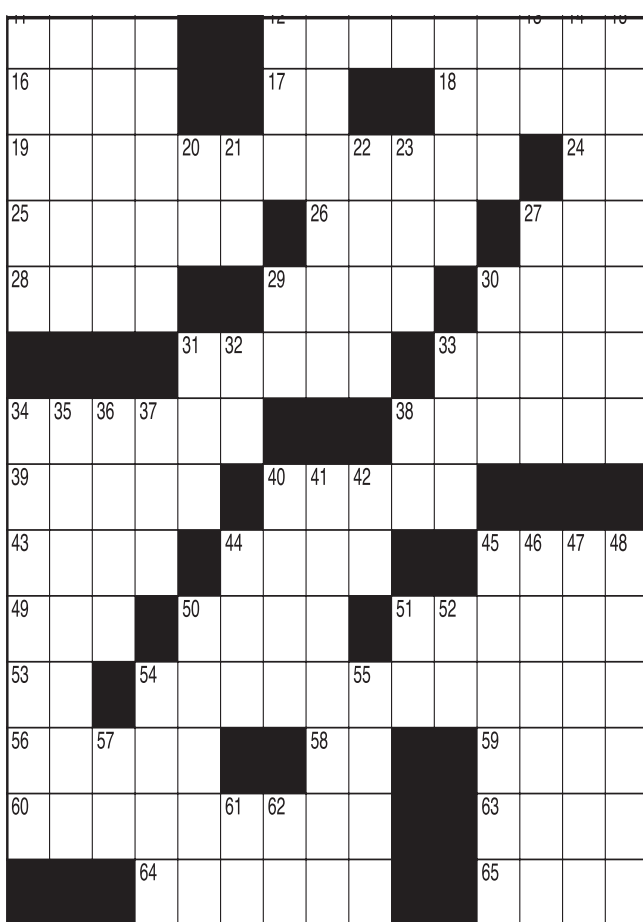
tation program recognizes land conservation organizations that meet national quality standards for protecting important natural places and working lands forever. SLCS is applying for its third accreditation renewal. The Land Trust Accreditation Commission, an independent program of the Land Trust Alliance, conducts an extensive review of each applicant's policies and programs.

The Commission invites public input and accepts signed, written comments on pending applications. Comments must relate to how SLCS complies with national quality standards. These standards address the ethical and technical operation of a

land trust. For the full list of standards, see <http://www.landtrustaccreditation.org/help-and-resources/indicator-practices>.

Comments on Squam Lakes Conservation Society's application will be most useful by Jan. 14. To learn more about the accreditation program and to submit a comment, visit www.landtrustaccreditation.org, or email your comment to info@landtrustaccreditation.org. Comments may also be faxed or mailed to the Land Trust Accreditation Commission, Attn: Public Comments: (fax) 518-587-3183; (mail) 36 Phila Street, Suite 2, Saratoga Springs, NY 12866.

TAKE A BREAK



ACROSS

- Clip a small piece
- Enter forcibly
- Southwestern Native American tribe
- Helps you smell better
- Sun or solar disk
- Low frequency
- Former Houston football player
- Federal crime
- Home to Boston (abbr.)
- Approval
- Those who fight an establishment (abbr.)
- ___ student, learns healing
- Indian groomer of horses
- Line where two pieces meet
- One might be brief
- Type of sword
- Knife for fruits or vegetables
- Stinkhorns
- Stroke
- Industrial process for producing ammonia
- Sir ___ Newton
- Wild goat
- Muslim ruler
- Scottish ancestor
- Hat
- Horse mackerel
- Alcoholic accompaniment
- Tech department
- Manifesting approval
- Upper bract of grass
- Of I
- Large wading bird
- Military prisons
- Famed American cartoonist
- Rise
- Greek God of war and courage

DOWN

- Sewing needles
- Functionary

- Induces vomiting
- The finger farthest from the thumb
- Not moving
- Sports official
- Water purification process (abbr.)
- University of Dayton
- Indo-Malaysian evergreens
- High schoolers' math course
- Yankovic is a weird one
- Adversaries
- Merchandisers
- Radioactive metal (abbr.)
- Atomic #52
- The back
- One-time computer giant
- Female of a horse
- Football's big game (abbr.)
- Vehicle
- Single Lens Reflex
- It's becoming more prevalent
- Political action committee
- Makes lightbulbs
- Natural home of an animal
- In bed
- Superman villain
- The Golden State
- One who leads prayers in a mosque
- They accompany a leader
- Atomic #18
- Electronic countermeasures
- The appearance of something
- Connecting line on a map
- Deep red color
- Secret affairs
- Drenches
- Contains music
- Expression of surprise
- Intestinal pouches
- Where birds are born
- ___ and behold
- Cools your home
- The First State

ROLE MODEL WORD SEARCH

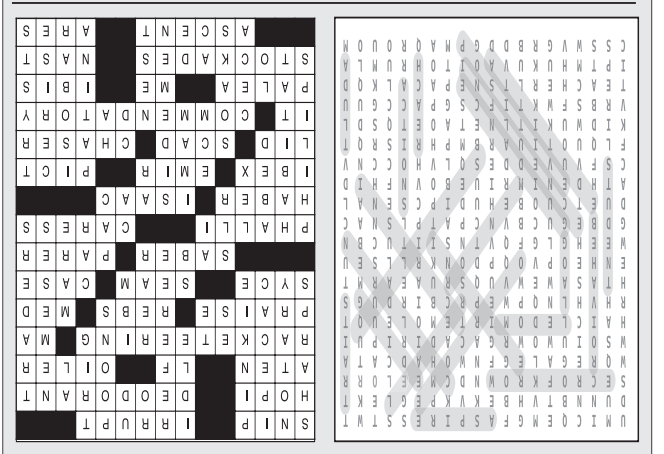
U M I C Q E M G F A S P I R E S S T W T
D U N N B T V H B E K V K P E G L E K T
S E C R O F K R O W N D C M E E L O R R
W Q R E G A L E G F N W O H A D C A T A
W S O I U W O W R G A C A D I R I P U I
H A I C L E D O M I R T E M O L E U Q T
R H V H L N Q P W E P R C B I R D U G S
H T A S A W E W V U Q S R U A E A R M T
E N H E O P V O Q P D O N K R L L S E U
W E E H G L G F Q V T N S I I T U C B N
G D B E G U C B V N C P A T P L S N A C
D U E T C U O B E H U D I P C S E N A L
A T H D E N I M R I U E B O V N F H I D
C S F V U V E D D E S Q L V H O C C N V
F L Q U O T I U A R B M P H R I S R Q T
K I D W U K I T L N E T A O E T Q S D L
V R B S F W K T I F C S G P A C C G U U
T E A C H E R L T S N E P A C A L K Q D
I P T M H U K U V A O I T O H R U M L A
C S S W V G R B D D G P M A Q R O U O M

Find the words hidden vertically, horizontally, diagonally, and backwards.

ROLE MODEL WORD SEARCH

ACTIONS, ADULT, ASPIRE, ATTITUDE, BEHAVIOR, CHILDREN, GOAL, GUIDANCE, GUIDE, INFLUENCE, INSPIRE, INSTRUCT, LEADER, MENTOR, MODEL, OVERCOME, POSITIVE, QUALITIES, REACH, STUDENT, TEACHER, TRAITS, WORKFORCE

This Week's Answers



November is Home Care and Hospice Month

BY ANNA SWANSON
Pemi-Baker Community Health

PLYMOUTH—More and more, people prefer to be cared for in the comfort and dignity of their own homes. Pemi-Baker Hospice & Home Health provides in-home medical services that are cost-effective and person-centered. November is a chance to recognize the dedication and innovation of providers of health care at home. It is an opportunity to acknowledge recipients of in-home care services, and celebrate that they are able to remain in the safety and comfort of their own homes while receiving quality care.

Home health, hospice & palliative care providers have always been important to vulnerable citizens in our communities. But now that importance is underscored by the risk of exposure to COVID-19 in public/facility settings. When given the option, patients want to receive care in their homes. We believe that desire is stronger today than it has ever been. Pemi-Baker Hospice & Home Health is proud to support 29 communities in central and northern New Hampshire.

Home Health

Home Health provides skilled services, including nursing care, physical, occupational and speech therapy. Pemi-Baker will send a licensed professional to assess home health needs and develop a complete care plan. These services are usually short-term, as in the case of a person recovering from surgery or other health issues.

What are the costs and what is covered?

Medicare will cover home health if it is ordered by a physician and the person is homebound and in need of skilled services. Services are usually

covered for a 30-day "episode of care." However, if an individual is enrolled in a Medicare HMO, known as a Medicare Advantage Plan, services are authorized on a per-visit basis. Long-term care insurance and Medicaid plans may also cover some costs of a home health aide.

Hospice Care

Hospice care brings together medical care, pain management and emotional and spiritual support for patients at the end of life and their families. The mission of hospice staff and volunteers is to address the symptoms of a terminal illness with the intent of promoting comfort and dignity. They are experts at pain management.

Hospice will manage your loved one's pain, help you understand what he or she is going through and help you and other family members cope with your emotions. Many of us are at a loss as to what we should do before and at the time of death. Hospice professionals help you get through a very difficult time and are there even after your loved one's death.

What are the costs and what is covered?

Medicare and Medicaid provide a hospice benefit that covers almost all of the costs of caring for a dying person during his or her last six months of life. To qualify for the Medicare hospice benefit, a person must have:

Medicare Part A

A life expectancy of less than six months

An agreement in writing that he or she will not pursue any treatments to cure his or her illness

The Medicare hospice benefit covers skilled nursing services, physician visits, skilled therapy (i.e. physical, speech or occupational), medical

social services, nutrition counseling and bereavement counseling, most of the cost of prescription drugs for symptom control and pain relief. Short-term inpatient respite care to relieve family members from care-giving is also covered.

"I am proud to celebrate our staff who work tirelessly to provide exceptional care to our most vulnerable community members and to provide the opportunity for people to remain in their homes

as long as they can," said Pemi-Baker's Executive Director, Danielle Paquette-Horne, RN. "I encourage everyone to learn more about their options of care and share their wishes with their family, loved ones, and health care professionals."

For more information about how you can benefit from home health or hospice care in the home, please contact Pemi-Baker Hospice & Home health at 603-536-2232 or www.pbhha.org.

pbhha.org.

Pemi-Baker Hospice & Home Health is a trusted, nonprofit agency proudly serving 29 towns in central and northern NH since 1967. Expert services include at-home healthcare and physical therapies (VNA), hospice and palliative care, and community programs including: American Red Cross CPR/AED/FA, Caregiver and Bereavement Support Groups and Ask A Pemi-Baker Nurse days at your lo-

cal senior centers. Providing compassionate care with experienced staff who are trained, certified professionals and also your neighbors. In your time of need, we're right where you need us.

Pemi-Baker is located at 101 Boulder Point Drive, Suite 3, Plymouth. To contact us please call: 603-536-2232 or email: info@pbhha.org Like our Facebook Page: [@pemibakerhospicehomehealth](https://www.facebook.com/pemibakerhospicehomehealth).

Campton Congregational Church bids farewell to longtime pastors

CAMPTON — Campton Congregational Church said goodbye to their long time ministers, Pastors Russ and Cynthia Petrie, who preached their last sermon on Oct. 16.

Pastor Russ came to Campton Congregational Church as our new minister in 2003. The Petrie's had been vacationing in our area a year or two prior and upon driving by, thought it was a beautiful old colonial Church and joined us for a Sunday service. They enjoyed the service and thought we were a friendly lot. So, when the position of minister opened in our Church, Pastor Russ applied and was hired. In the years that followed Pastor Russ became our strong leader and pillar of strength. In 2011, Pastor Cindy graduated from Gordon Conwell Theological Seminary and joined Pastor Russ in the pulpit. They made a wonderful team and we were twice blessed.

The Pastors Petrie stood by our sides through happy occasions and very sad occasions. We could always count on them to be right there with



Russ and Cynthia Petrie

steadfast love and prayer. We have seen the Lord's faithfulness and the manifestation of his love in our lives through them. We thank them for always being there for support and empowering us, as a Church family with every word of prayer that has been a part of sustaining us.

Sadly, we now say goodbye to you, Pastor Russ and Pastor Cindy. We thank you for the difference you made in our lives as pastors, teachers, and friends!

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Power Outage Tips

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts

Who to Call

Where to Meet

What to Pack

Churches/Obituaries

A12 SALMON PRESS, THURSDAY, NOVEMBER 10, 2022

Campton Congregational

Sunday, Nov. 13
9:30 a.m. Joy Moody will lead us in Worship.
10 a.m. Children's Sermon / Sunday School.
Following Worship, we gather for fellowship.

Tuesday, Nov. 15
10:30 a.m. Bible Study - all are welcome - Fellowship Hall.
Noon Fellowship lunch (byol) in Fellowship Hall.
1 p.m. Ladies Guild time for crafts and laughs.
6:30 p.m. Adult Bi-

ble Study meets on Zoom and the Facebook Group Page.

Hard to believe, but Thanksgiving will be here very shortly. CARC, our local food pantry, has closed and so the need for Thanksgiving food baskets has greatly increased. Campton Congregational Church is busy now collecting food for Thanksgiving baskets to help families in our area who may be feeling the pressure of these hard economic times. Food donations are always welcome.

Along with local Thanksgiving and Christmas missions

every year, our Church takes part in Operation Christmas Child, sponsored by Samaritan's Purse. Shoe Box Gifts go outside the United States to children affected by war, poverty, natural disaster, famine, and disease; and to children living on Native American reservations in the US. After Church November 13th boxes will be packed in Fellowship Hall. Boxes will be packed from donated toys and designated health items. Many people have donated completed boxes as well. The boxes will be taken to the delivery point on Nov. 15. If you would like to make a

donation of box items or donate a completed box, please call the Church at 603-536-2536. "Much of the world has been gripped with fear, and this is especially hard for children," said Franklin Graham, president of Samaritan's Purse. "Now more than ever, these boys and girls need to know God loves them. Operation Christmas Child delivers the hope found only in Jesus Christ."

Maybe you have noticed Campton Congregational Church stands a bit prouder these days with a fresh new coat of paint. We thank Curtis Martel of Apex Painting for a job well done.

We welcome everyone to join us for Sunday worship and share in our joyful journey with Jesus Christ. Our Services and Bible studies are all available on Zoom. If you are unable to be with us in person, tithes and offerings may be sent to PO Box 328, Campton, NH 03223. Our Church is a member of the National Association of Congregational Christian Churches.

Wentworth Congregational

Please join us each Sunday at 10 a.m. for worship.

At this time we are hosting a rotation of speakers each Sunday. Here is our list of speakers:

Nov. 13—Ruth Martz
Nov. 20—Joy Moody (Thanksgiving Sunday)
Nov. 27—Lynn Morrison (First Sunday of Advent)
Dec. 4—Communion Service at W. Rumney
Dec. 11—Lynn Morrison-Choir will present "The Splendor of Christmas"
Dec. 18—Gary Jesseman
Dec. 24—Christmas Eve Service at W. Rumney
Blessings to all!

OBITUARIES

Mary R. Murdock, 88

Ashland- Mary R. (Brooks) Murdock, 88, passed away peacefully at home on October 31, 2022, surrounded by her loved ones. Mary was born December 27, 1933 in Quincy, Massachusetts to George H. and Lurlene C. (Avery) Brooks. She grew up in Plymouth, graduating from Plymouth High School Class of 1952. She worked as a switchboard operator at New England Tele-



phone in Dorchester, Mass. where she met Frank Murdock at a

work Christmas party. They married in 1956 and moved in 1967 to Ashland where for the next 30 years, they owned and operated Pine Acres Cottages on Little Squam Lake with their 4 children. Frank & Mary loved dancing and would travel all over for square or round dancing. They also loved playing cribbage and boating on Little and Big Squam. Family includes her children Lisa Murdock of Ashland, Steve Murdock of St. John, BVI, Eric Murdock of Ashland, and Julie Murdock Lewis of Holderness. She also had 4 grandchildren: Isaac and Andrea Lewis of Holderness, Charlotte Murdock of Albany, NH and Maggi Murdock of Campton. Mary was predeceased by her husband Francis L. Murdock, Jr. on October 27, 2008-their 52nd wedding anniversary. Mary will be interred in a private ceremony at the NH State Veterans Cemetery in Boscawen, next to her sweetheart Frank.

Bertha H. Fauver



Bertha Hofstra Fauver passed away as the sun rose on the beautiful fall morning of October 1, 2022. She was 102. Bertha was born in 1920, at home, in Prospect Park, New Jersey, to a family of Dutch Immigrants. Bertha was valedictorian of her high school class and a 1941 graduate of Smith College where her major was Zoology. While at Smith she was a skier and hiker and served as president of the Smith Outing Club. During one such outing, at a dance in the Gorham, New Hampshire town hall she met Alfred Fauver.

They were married shortly after her graduation from Smith. During World War II Al served in the US Coast Guard and Bertha taught at the Ramsey, New Jersey High school and the both taught later at the Monk School for boys in New York. After the war she and Al with their son Alfred N. Fauver, Jr (Fred) moved to Hamden, Connecticut where Al taught at the Hamden Hall Country Day School. Two more sons followed, Peter H. Fauver and Jonathan G. Fauver.

In 1950, the family moved to the Quincy neighborhood of Rumney, New Hampshire when Al began his tenure as a member of the faculty at Holderness School. The country life was one she came to love and in a biographical sketch written in 1997 she wrote: "We raised prize Yorkshire hogs, sheep and cattle, kept a few collie dogs, cats and horses around the farm. My activities-aside from keeping the farm and family and being a Holderness School wife were-PTA, Young Farmers, Hospital Auxiliary and 4H."

The move also brought the family closer to Camp Pemigewasset in Wentworth, founded by Al's father and others in 1908. From the time of her marriage until her mid 90s she took an active role at the camp from running errands, recruiting campers, serving on the board of directors, to generally furthering the mission of the camp and always championing the importance of involving

women in the day-to-day life of the camp. In 1963 the family moved to Old Hebron Road in Plymouth to live in a 1775 farmhouse where she lived for the remainder of her life.

Bertha had a strong commitment to the community and improving social and environmental resources. She was instrumental in starting the Squam Lakes Natural Science Center in Holderness and serving as its president for a time. She led the Center's Quarter Century Fund in 1986. She was a moving force on several capital campaigns for Speare Memorial Hospital. She and Al were strong supporters of the hospital throughout their years in Rumney and Plymouth. Bertha was also present at the founding of the PSU Center for the Environment, and established a charitable gift annuity for its support.

Meanwhile, Bertha served on the board of the Prospect Park National Bank and its successors in New Jersey, for 25 years. She was equally at home in a fur coat on 5th Avenue in New York City as she was in green overalls in her Plymouth barn, in the middle of the night, during lambing season.

When Al retired from Holderness they acquired a Maine cottage on Southport Island, and a sailboat. In their 70s they sailed that boat to Florida and back. "Never again" she was heard to say, but she did love the sails on many local waters. They spent winters in Vero Beach, Florida where she co-founded the Smith Alumnae Club of the Treasure Coast, and served as its president for three years. She and Al continued to travel, throughout the US and to many for-

eign lands.

In 1994, Plymouth State University awarded Bertha the Granite State Award and invited her to speak at commencement. She spoke about the importance of serving one's community, both because the community would always need help and because service was a great way to meet interesting people for the enrichment of all. Bertha and Al supported the Plymouth and PSU communities in many ways, including placing conservation easements on several hundred acres of Plymouth land.

Bertha genuinely enjoyed meeting people from all walks of life. She met them on boards and committees, and she met them at the supermarket. She was never shy about starting a conversation with a stranger - or better yet, with a group of strangers.

Bertha was predeceased in 2016 by Al, who was also a centenarian. She leaves her three sons and their spouses, Fred (Sharon Townshend) of Pownal, Maine, Peter (Deborah Fauver) of North Conway, New Hampshire and Jon (Janet Duchaine) of Southport, Maine and Vero Beach, Florida; her seven grandchildren, Megan Cardillo of New London, New Hampshire; Jonathan H. Fauver of Interlaken, Switzerland; Schuyler Fauver of Edina, Minnesota; Alyson Fauver of Bozeman, Montana; Jameson Fauver of Boston, Massachusetts; Sarah Fauver of North Ferrisburgh, Vermont; Alex Fauver of Beverly Hills, California; and ten great grandchildren.

The family extends its thanks to the wonderful group of caregivers who allowed Bertha and Al to remain in their home for their final years. There were many caregivers but special thanks to Jeannie Goodwin, Jeannie Melnick, Amanda Zimmer, Susan Axon and Emily Reed. Thanks also to Pemi Baker Community Health for hospice care. There will be a celebration of Bertha's life at a late date.

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This is a full-time position with benefits. Interested candidates please forward a resume or contact Rusty Burt at rburt@mnsmcmedical.com or 802-535-0092.

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Senior Project

FROM PAGE A1

crashed through the windshield of the vehicle she was riding in.

Under Jessica's Law, violators who don't clear snow from the windshield or roof of their vehicles now face fines anywhere from \$250 - \$500 for the first offense, and from \$500 - \$1,000 for each subsequent offense.

That law means a lot to a local high school student.

Newfound High School senior Paige Fischer was not quite one-year-old when her Uncle Ryan was killed in New London. She grew up however with the family memories of her mother's younger brother firmly embedded in her mind and as a teen Paige still feels that sorrow.

"I'm so sad I didn't really get the chance to know him. The lack

of love and experiences I've missed out on with him have really impacted my life," Paige said. "We celebrate every holiday with his favorite dessert, and on his birthday every year we do something special to remember him."

A graduation requirement for every senior at Newfound Regional High School is to present a final project on a topic they are interested in. NRHS Principal Paul Hoiris explained that the intent of Senior Projects is to hopefully have students develop an idea that might have an impact on the community.

So, as she approached her final year last summer, Paige already knew what her project would be. She wanted to promote Jessica's Law, the little

known state highway safety law that could have saved her uncle's life had it only been adhered to that fateful day in New London.

In a nutshell, Jessica's Law requires motorists to clear their vehicles of all snow and ice before heading out on the roadway. A law that might have saved her uncle that day in 2005 had the driver adhered to it.

Paige's project, though, hit the bull's-eye when she set out to promote safety.

Through her research and outreach, the high school senior decided to create signs to remind people of the law requiring all drivers to remove ice and snow from their vehicles.

She began with interviews with Capt. Victor Muzzey of the New Hampshire State Police, Mark Avery of NHDOT, Bob Harrington (her uncle's supervisor) from New London Highway Department and Alexandria Police Chief David Suckling.

Then, with the assistance of Newfound District's Facilities Director Jason Torsey, a sign for the parking lot at NRHS was made to help spread her message of Jessica's Law.

"This is the quintessential project for what we want students to do," Hoiris said.

Most seniors start working on their project at the beginning of their senior year, but Amy Yeakel, NRHS Director of Extended Learning, who oversees the Senior Projects, said Paige didn't wait that long to begin hers.

"I was impressed by Paige. She got started so early that most of her work was done over the summer before she even started her senior year," Yeakel said.

The required live presentation for her project was made last month before school representatives, family, friends and, in this case, members of N.H. DOT, state and local police.

Paige's mom, Jennifer Haynes Fischer, is

amazed by how much attention her daughter has drawn to the issue of winter safety.

"I'm very proud of her! Not just in honor of my brother, but for making people aware that this is a safety issue," she said. "It's wonderful and I hope to see more of this in our community."

As word has spread about Paige and her project, school districts throughout the state have asked for her signs to remind their own students of Jessica's Law. Even town officials have reached out for signs to advise people of its importance. In the meantime, people are working with her on ways to get the signs made for all the requests she has received thus far and New Hampshire law enforcement agencies have been considering ways in which her project can promote her cause statewide.

"What makes me so proud and pleased about this particular senior project is it's the shining example of

what we want from our students," Hoiris said. "Paige is now working with 17 entities who are working toward a safety grant (for her signs) and we're really proud of all she has done!"

Since her presentation Paige's senior project has appeared in multiple media venues and she was touched when the family of Jessica Smith reached out to her recently through social media.

Paige said that since her presentation in October she has even been offered an internship with the NHDOT. If she decides to accept that offer, she can earn college credits as she learns how to better inform the public on important issues such as Jessica's Law.

"I'm very pleased about how much this has expanded and branched out in a significant way. I want to thank all who helped me. It's become more than I ever anticipated it would be," Paige said.

KTHO

FROM PAGE A1

Ticket prices for the KTHO fundraiser are \$50 per person, and groups and business can purchase a table for eight for \$500. The number of tickets this year is limited to 160. They are available online now at the following website <https://bit.ly/KTHO2023>, and remember your purchased ticket includes your entry into the raffle drawings.

There are bitter cold days and nights ahead, as well as higher grocery and utility bills to pay, and for some neighbors it will be a financial struggle. So, let's help them Keep The Heat On again this season, we're counting on your support! Save the Date, Jan. 25, buy a ticket and watch this space for more information and how to support KTHO 2023.

The KTHO volunteer committee partners with the Plymouth Area Community Closet in their continued mission to aid our neighbors. Keep the Heat On is entirely non-partisan. PACC is located at 5 South Main St., Plymouth. Fuel Assistance is available by phone on Tuesdays and Thursdays 9 a.m. to noon, Tel 603-536-1101. The PACC Food Depot is open Tuesdays and Thursdays 8am-10 am,

Ashland

FROM PAGE A1

position, as it actually owns the utility poles throughout the township. Welch said that the broad band service would attract businesses and, if town owned, it could produce revenue for the Town. Right now, federal and state grants are available, so there is an opportunity to take advantage of those funds to build the system. The selectmen were interested, but wanted more information on the costs and the grants. Their consensus was to have the Town Manager explore the possible construction and funding of a town-owned broad band Internet system.

The other opportunity that the Town Manager asked if the selectmen wanted him to explore was the construction of a trash to energy plant that would produce electricity for the municipal electric department. Ashland, like many surrounding towns, now sends its trash to the landfill in Bethlehem, which may close in six years. Welch noted that some towns and cities in southern New England are now trucking their waste to dumps in western New York state, which makes trash disposal very expensive. He suggested that building such a plant to burn waste from regional towns could provide revenue and electricity for Ashland. He did caution that the trash would need strict policing, that

unburnable items like glass and metal will have to be removed from the trash entering the plant. Selectman Alan Cilley, who said that he had been thinking and talking about this power plant for a year, wanted to move forward with exploring the concept. The other selectmen were also interested, and voted to have the Town Manager begin investigating the solid waste

disposal and electric power system.

The selectmen continued their review of proposed budgets for 2023, looking at no less than 17 budgets, some in detail and others quite briefly. Department heads explained their proposed changes to their budgets, many of them reflecting the inflation seen in energy and other costs. Some proposed changes included a new trench box for the Sewer Department, the transfer of sewer bond payments from the general fund to the Sewer Department, and new water meters for the Water Department. Town Clerk/Tax Collector Patsy Tucker asked for a 4 percent raise and suggested having a Deputy Tax Collector work one day a week at an increased salary. The Library Trustees had submitted a budget with an increase in operating expenses, based on moving the Library from the Scribner Memorial Building to the old elementary school now owned by

Tri-County CAP. The voters approved the purchase of the former school in March, with an anonymous donation of \$400,000. Library Chair Alice Staples began explaining that budget for the larger building, but was told that the selectmen had level funded the Library budget, because they could not budget for a building that the Town did not yet own. The Library Trustees protested that, if the building is purchased during 2023, they will need extra money to operate the building. The response was that the Library budget could be changed by the Budget Committee or by the voters at the deliberative session.

Later in the meeting, the selectmen did approve the purchase and sale agreement for the old school building, an agreement that had

been negotiated between the library trustees, the selectmen and Tri-County CAP. The agreement calls for a long list of items to be inspected before the sale goes through. So, the selectmen then voted to authorize the Town Manager to solicit bids from professional building inspectors for that examination.

The selectmen voted to use \$135,000 from the unassigned fund balance, sometimes called the surplus, to keep the Town portion of the Ashland property tax rate the same as last year. This will not affect the school, county and state portions of the property tax rate. Welch explained that the Town would still have \$1.3 to \$1.4 million left in the unassigned fund balance.

Police Chief Will Ulwick explained that the Town had tried to purchase a new police cruiser, a Dodge Charger, about a year and a half ago. But, the Dodge company could not deliver the cruiser because of the microchip shortage, and eventually cancelled the order. The Police Chief asked for and the Selectmen approved a new \$36,507 purchase order for a Dodge Charger police cruiser, to be delivered in 2023. The money will come from the Police Department's Capital Reserve Fund.

The Town Trustees of Trust Funds met with the selectmen to discuss the trust funds. The only question the selectmen had was about a \$225 withdrawal from a cemetery trust fund. The Trustees explained that the payment was a finance management fee paid to the investment firm handling the fund. The trustees would like to move the fund to a firm with lower fees or to turn it over to the Green Grove Cemetery trustees, as it is for graves in that private cemetery. The Town Manager ex-

plained that would require a decision by the Probate Court.

The selectmen discussed two possible changes to local ordinances at some length. Chairman Bob Letourneau wanted to increase the financial cost of repairs or renovations that require a building permit from \$800 to as much as \$2,500, so homeowners doing repairs would not have to pay for or wait for a building permit. The selectmen and the Building Inspector did not come to a consensus, some thinking that the financial amount should be removed completely from the ordinance and

that building permits should be limited to those changes that always require an inspection, such as structural, electrical or plumbing work. The selectmen seemed somewhat closer to an agreement on changing the start time in the noise ordinance for logging from 6 a.m. to 7 a.m., if it did not affect building or highway construction.

The selectmen agreed to the removal by Eversource of trees in the Wastewater Treatment Plant property that were considered too close to the major power line that is now being rebuilt. They voted to assess two yield taxes of \$21,226.71 and \$10,616.45. to MEL Land Trust for recent large timber cuts off Thompson Street. They discussed

different formats for the annual town report, including a different binding, color photos on the cover and different sizes, but decided to ask for more price information from the printer. The selectmen and finance sections of the Town Office will be closed on Nov. 16 and 17 for the New Hampshire Municipal Association's conference. The selectmen ended their meeting with a non-public session.



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The Tilton-Northfield Water District is accepting applications for a full-time permanent Water Operator position. The position will perform skilled and semi-skilled work involving the operations and maintenance of a water treatment and water distribution system. Position requires a current New Hampshire driver's license, ability to lift 80 lbs., heavy equipment operating experience; being able to respond to emergencies, be on a rotating on-call schedule and live within 15 minutes of the District. Overtime is required.

Minimum qualifications include a high school diploma or GED; possession of a NHDES Grade 1 Water Treatment and Grade 1 Distribution License (or must be willing to obtain these licenses within the first year of employment).

The Tilton-Northfield Water District offers a competitive hourly rate and benefits package. Please send letter of introduction with resume and references to: Tilton & Northfield Aqueduct Co., Inc. 14 Academy Street Tilton, NH 03276. Applications are available at our website t-nwaterdistrict.com or at the office.

The successful applicant will be required to pass a background check, a DMV check and a drug test. EOE/ADA/AA

TOWN OF PLYMOUTH HIGHWAY DEPARTMENT IMMEDIATE OPENINGS FULL-TIME/PART-TIME/SEASONAL & ON-CALL POSITIONS

The Town of Plymouth is seeking qualified candidates to operate all types and tonnage of trucks, and may operate tractors, grader, rollers, and mowers, as well as perform a variety of manual tasks in connection with such operations. Successful candidates work under the immediate supervision of the Highway Foreman, and/or other appropriate supervisory employees.

This position works in a moderately noisy setting and in a variety of environments. Physical requirements include the ability to shovel, lift, bend, walk, sit or stand for long periods of time and carry objects weighing one hundred (100) pounds or more, as well as have the ability to work with a variety of cleaning, snow removal, and construction/maintenance related equipment.

Applicant needs to be a team player and hold a minimum of a CDL-B, with air brake endorsement. Applicants will be required to pass a physical, which includes a drug and alcohol screening, and will be subject to a criminal background check and a driving records check.

Applications are available on the Town of Plymouth's website, www.plymouth-nh.org Email application to highway@plymouth-nh.org or mail application to Plymouth Highway Dept., 6 Post Office Square, Plymouth NH 03264, or upon request, 603-536-1623, at the Plymouth Highway Garage. Hours are from 6am-2:30pm, Monday through Thursday. Please ask for Joe or Steve.

The Town offers a generous compensation and benefits package that includes retirement, paid time off including vacation, holidays, medical & dental insurance, flexible spending account, professional development, career growth, longevity incentives, and more! Seasonal and on-call positions are non-beneficial. Hourly wage and sign on bonuses for these position are negotiable depending on applicant's experience and qualifications.

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| Registered Nurse | Environmental Services Technician |
| RN – OR | Certified Surgical Technician |
| RN – Med/Surg Charge Nights | Multi-Modality Radiologic Tech |
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Meredith Area Chamber of Commerce is looking for a new Executive Director with previous Chamber or non profit fundraising and executive management experience. This position will be responsible for coordinating all aspects of Chamber Business and accountable to the Board.

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Lumber & Building Materials Yard Associate

Our Ashland location is searching for a member of our Lumber & Building Materials Yard Team. The primary responsibility of a Lumberyard Associate is to maintain customer service per company standards, the accurate and efficient loading and unloading of all lumberyard related transactions. In addition, you will be responsible for maintaining the appearance of the yard and racks in an orderly and clean manner. Forklift experience and heavy lifting is required. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

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- SPECIAL EDUCATION TEACHER (9-12)

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TOWN OF CAMPTON TRUSTEES OF THE TRUST FUNDS NOTICE OF ANNUAL MEETING NOVEMBER 16, 2022 AT 10:30 AM

The Campton Trustees of the Trust Funds will hold their annual meeting Wednesday, November 16, 2022 at 10:30 a.m. in the Community Room in the Campton Town Hall located at 12 Gearty Way, Campton NH 03223 and via Zoom. Please see instructions on instructions below to access the meeting.

Topic: Trustees of the Trust Funds Annual Meeting
Time: Nov 16, 2022 10:30 AM Eastern Time (US and Canada)

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Happy Veterans Day

In Honor of those who have served and those serving now, we THANK YOU for your Service.

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PLEASE TAKE NOTE

TRANSFER STATION

Residential Drop-off Hours
 Tuesday-Thursday: 7:00 am - 1:00 pm
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Thank you, Veterans, for your service, your sacrifice, and your hard work to protect our freedom.

Casella actively recruits Veterans and helps match their valuable skills with careers that best suit their interests and experience. To learn more, text CASELLA to 97211 or visit casella.com/veterans.

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Plymouth Parks and Recreation & P.L.A.Y. Ski, Skate & Sports Sale



Drop Off (gear)
Thursday 11/17, 4-6:30pm
Friday 11/18, 9-11:30am

Shop
Friday 11/18, 3:30-7pm
Saturday 11/19, 10am-12pm

Pick Up (checks & unsold items)
Saturday 11/19, 3-4pm

Plymouth Elementary School Gymnasium
43 Old Ward Bridge Road
Questions? Email lash@pemibaker.org
Back entrance only. Please do not enter through the main entrance of the school.

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FIGHT THE FLU

Flu Vaccines available for everyone aged 18 and older.

Check, Credit Card, Medicare, Medicaid, and all insurance accepted (bring card).
\$45.00 for Quadrivalent / \$80.00 for Fluzone High Dose

FINAL DATE:
November 17 (Thursday)
Speare @Boulder Point, Community Room
7am - 3pm

If you are in need of transportation to receive your Flu Vaccine, please call **Transport Central: 855.654.3200**

Questions? Please call:
603.238.2348

Per CDC guidelines and Speare Memorial Hospital policy, **masks are required.**

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Thank you, Plymouth for letting us serve you for 20 years!

November marks 20 years since we moved into the neighborhood, and we couldn't be happier to be here. You've made us feel so welcome, and we'd like to return the favor. So, for the entire month of November, we'll treat you and our community to something special.

- **PICK A CHARITY** – Open a new account during the month and we'll donate \$20 to a local charity.*
- **GIVEAWAYS!** All month long
- **ANNIVERSARY PARTY** – Nov. 18

For details scan the QR code here or visit us at thegarantybank.com



7 Town West Road, Tenney Mtn. Hwy, Plymouth, NH | 603-536-4908 | Just like you

*Open to new and existing customers, for new personal or business accounts opened at the Plymouth office of Woodsville Guaranty Savings Bank November 1 through November 30, 2022



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SUNDAY HOURS

Effective November 27, 2022

All Belletetes locations will be closed on Sundays.

To say the last few years have presented us with many challenges and opportunities is an understatement. Covid-19 virus has impacted our lives in ways we could never have imagined. Increased customer traffic and demand for our products and services combined with a shrinking workforce has at times led to less-than-ideal work schedules to cover store hours.

While we are grateful for the patronage and support of the communities we serve, the health and well-being of our employees must take priority as they are the backbone of the company. It is our hope that our employees will enjoy their Sunday's off from the pressures of work; that they will be able to rest and recharge themselves; and spend time with family and friends.

We thank you for your support of the past years and many years to come.
We appreciate your business.



www.belletetes.com

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