

Local students re-pay the lessons they learned in 'Charlie's Garden'

BY DONNA RHODES
dhrhodes@salmonpress.com

PLYMOUTH — The old saying “What goes around, comes around” was proven to be true this summer, when a group of soon-to-be eighth grade students from Plymouth Elementary School decided to give back to someone who meant a great deal to them in their younger years.

The story starts with Charlie and Lois McLoud of Plymouth, who, 20 years ago, decided that young people should know more about basic agriculture. Together with their daughter-in-law and Plymouth Elementary School first grade teacher Karen

McLoud, they began a program called “Every Day Counts in Charlie's Garden.”

Charlie offered up a large parcel of his property on Fairgrounds Road to help teach children the knowledge and an appreciation for gardening. Partnered with PES, first graders there soon began to learn the science and importance of growing crops, which carried over to lessons in the classroom, too.

After a winter of learning experiences, first grade girls and boys would take a trip to Charlie's garden each spring, where they helped plant squash, pumpkins, corn, carrots, and even sunflowers.

The lessons didn't end there, though. As second graders, they would return to Charlie's Garden in the fall to help reap all they had sown the spring before. The harvest was used for not only Charlie and Lois's consumption but for many school and communitywide projects.

“In time,” Karen McLoud said, “Charlie reached a point in his life when he could no longer continue this labor of love and community service though.”

Quietly, the project — and Charlie's stamina for gardening — faded away, but some of those children didn't forget the kindness and les-



DONNA RHODES

Standing amid the fruits of their labor last week are incoming PES eighth graders Hunter McLoud, Dianne Lee, Connie Kim, first grade helper Nenah Billen, Julia Ahern, Mya Furbish and Sumaj Billin who volunteered over the summer to resurrect Charlie's Garden in Plymouth.

sons they received from Charlie and Lois. Late this spring, one of them, seventh grader Sumaj Billin, approached her former first grade teacher with an idea.

“I didn't like driving by Charlie's garden and seeing it empty, so I asked her if I could plant a garden for him this year,” Sumaj said. “Mrs. McLoud sent me to his house to ask him and his wife if that was all right, and when I first knocked on their door, I think they thought I was there trying to sell them

something.”

What she was selling, though, was her time, energy and deep appreciation for all they had taught her by offering to plant a garden this year just for them.

Once they realized what her proposal was, they welcomed her to go ahead with her plans in a somewhat smaller lot not far from their house.

Sumaj, who actually started her own home garden as a result of Charlie's teachings, set out to recruit the help of her friends. She quickly

found five others who were also impacted by the “Every Day Counts in Charlie's Garden” project, and even a few of their younger brothers and sisters asked to pitch in.

“I wanted to do this for the memories Charlie gave me. I still have all the pictures from that year on my computer,” said fellow volunteer Dianne Lee.

Once the school year ended in June, the group rolled up their sleeves and planted carrots,

SEE GARDEN PAGE A20

Register now to get your site on the Town-Wide Yard Sale map

PLYMOUTH — The 20th annual Plymouth Town Wide Yard Sale will be Sept. 10, 9 a.m. to 3 p.m. (rain or shine).

Shopping opportunities will include two community group sites with dozens of vendors and yard sale locations throughout Plymouth. Early bird registration for vendors ends Aug. 15, and the final deadline is

Aug. 29 to get your number on the map.

This is the perfect opportunity to shop for your first apartment, get a head start on holiday shopping, or fill that awkward corner in your home. The food truck will be at the NHEC (New Hampshire Electric Co-op) location on Tenney Mountain Highway and bake sales and

Made in New Hampshire goods will be featured there and at the Whole Village-Bridge House group site. Thrift shops and sponsors will be highlighted on the map.

Each registered yard sale site will have a number on the map to help shoppers find the location and will display a yellow sign for the yard sale

SEE YARD SALE PAGE A19



COURTESY

Rumney's Old Home Day celebration included a parade through the center of town featuring several antique automobiles.

Community spirit shines through the rain at Rumney's Old Home Day

BY JULIA BLANK
Contributing Writer

RUMNEY — It may

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have rained on their parade, but it would take more than a little sprinkle to dampen the community spirit of Rumney residents as they celebrated Old Home Day on Saturday.

The day kicked off with a parade down Main Street. Fire trucks, police cars, and a chain of yellow tow trucks rolled through the town as adults and children waved from inside the cabs. The parade also featured walking groups from the library and a lawn chair brigade.

Emily, age 11 and a

member of Girl Scout troupe 22448, said, “My favorite part of today was the parade and getting to hold the flag in the parade.”

Following the parade, residents gathered on the Town Common for a brief opening ceremony. The festivities continued with community booths, food, and musical entertainment. Members of the Fireman's Auxiliary sold donuts and hot beverages. Eight graders hosted a cookout and sold lunch foods as a fundraiser

SEE RUMNEY PAGE A17



LEIGH SHARPS

The focal point of the celebration marking Holderness' 255th anniversary was a parade through the center of town.

Holderness celebrates 255th birthday

BY LEIGH SHARPS
Contributing Writer

HOLDERNESS — On Saturday, Aug. 6, Holderness celebrated the 255th anniversary of its incorporation as a town.

The day long event kicked off with a wooden boat flotilla carrying the Grand Marshals: the Mattatuck drum band from Waterbury, Ct. The band was deposited after a trip down the channel and under the bridge to the dockside of Little Squam. They then walked to Shepard Hill where the ‘land’ parade was organizing. Dressed in period costumes the band led off the many marchers and floats such as the Science Center, Squam Conservation Association, Little Church Theater and Greenway and

the recreation department's Summerescape program, etc. The end of the parade was brought up by antique trucks and cars.

Immediately afterward, a wooden boat parade floated from the channel entrance on Big Squam to the dock after the bridge on Little Squam also. There were nearly two dozen Chris Crafts, Centuries, etc. and one long streamlined Garwood boat.

The day culminated with the Mattatuck band giving a concert at Curry Place behind the historical society building. A wife commented that her husband was playing a bass drum which was 150 years old. The Mattatuck band is the oldest fife and drum band in the U.S. with continuous

membership since it began. They also participated in the Holderness 200 year celebration and their 250th, as well as other charitable events in town. The band generally stays in Connecticut, except for Philadelphia's Fourth of July parade and the few stops in Holderness.

A second celebration will take place September 2 starting with a summer concert at the gazebo from 6:30 to 8 p.m. with the band ‘Postage Due.’ After the concert, the Baker Valley band in a Squam Lakes Natural Science Center pontoon boat, will tour Little Squam playing their music. Fireworks over Little Squam will conclude the event.

See the Holderness-nh.gov Web site for other information.

Ashland selectmen pay tribute to Norm DeWolfe

BY DAVID RUELL
Contributing Writer

ASHLAND — At their Aug. 15 meeting, the Ashland selectmen remembered Selectman Norm DeWolfe, who died on Aug. 4. They discussed the proposed Electric Department building, reviewed the current issues log with the new Town Administrator, and decided to complete the alarm system in the Booster Clubhouse.

The meeting began with a moment of silence in honor and in memory of Chairman Normand DeWolfe, who had died since the last regular meeting of the Board. Later in the meeting, Selectman Fran Newton

presented an idea to remember DeWolfe from former Town Administrator Heather Thibodeau. She proposed that the selectmen establish by proclamation

every year a Volunteer Legacy Day in honor of DeWolfe. Volunteers would dedicate their work on that day to honor him. When asked to suggest an appropriate date for the annual event, his widow Kathleen DeWolfe offered July 30. The details of the Volunteer Day are to be worked out later.

The Board reorganized, electing Fran Newton as Chair and Steve Felton as Vice-Chair. Committee as-

signments will be addressed later, after the vacant selectman position has been filled by the Board.

The Electric Department is planning to erect a storage and garage building on the Town Garage property and has signed a contract with Construx for its construction, which is slated to begin soon. Since all town property is under the jurisdiction of the Selectmen, their approval is needed for the project. At prior meetings, the Selectmen had asked for more information on various aspects of the proposal. The selectmen seemed satisfied that all their

requests for information had been met, except for their concerns about drainage. The response from the Electric Department said that the Electric Department Superintendent and Public Works Director had met and agreed on the drainage plan. But Public Works Director Tim Paquette said that he had not agreed on any drainage plan, and did not have the authority to approve a drainage plan, as that was the Selectmen's responsibility. Electric Commissioner Sandra Coleman stated that the drainage plan was in the drawings given to the Selectmen, but the selectmen replied that there was no drainage plan in the drawings they had received. Coleman said that construction of the building would go ahead, Selectman

Felton said if construction began without the selectmen's approval, they would have to decide what to do about it. At that point, the conversation virtually ended, leaving it unclear how the situation would be resolved.

Aug. 15 was the first day on the job for the new Town Administrator Charlie Smith, who was attending his first Selectmen's Meeting in his official position. The selectmen reviewed the current issues log with him at length. The only recent changes noted were that Newton would be meeting with the Department of Environmental Services to discuss a possible Brownfields grant for part of the old woolen mill, and that a meet-

ing would be arranged, including the Town Administrator, to discuss the next steps in GIS mapping.

The selectmen did make a decision on the alarm system in the Booster Clubhouse. Fire Chief Steve Heath explained that an inspection a few years ago had found the alarm system inadequate. The then Parks & Recreation Director had begun the installation of a monitored alarm system with the funds available, with the plan of completing the project in another fiscal year. But, the funds were cut by the Budget Committee, in favor of an unmonitored system. The Fire Chief recommended proceeding with the original plan for the alarms, pointing

out that the building is vacant at night. If a fire were to start during the night, it might not be detected until it was too late to save the building. A monitored alarm system would give the Fire Department a chance to get there before the fire was too large to stop. The selectmen agreed and voted unanimously for the complete monitored system. They will now have to find the money in the budget or in the Capital Reserve Fund for town buildings to pay for the

project. The Water and Sewer Commission has been awarded a \$250,000 matching grant by Northern Borders to build its new septage receiving facility. The selectmen have to hold a public hearing to accept the grant, so they sched-

uled the hearing for their next regular meeting on Tuesday, Sept. 6. The selectmen also agreed to write a letter of support

for a TAP grant for town sidewalks. A committee is preparing an application for a \$400,000 grant, with the Town having to provide 20 percent of that amount. If the application is successful, the voters will have to ultimately approve the project at the next March Town Meeting.

The Building Inspector has suggested changes to the various application forms and the fees for his services which are being reviewed by the Planning Board. Wendy Thomas and her son, who are walking the length of the state to raise awareness of Lyme Disease, are running two days late on their journey, so it is not clear if there will be a reception for them when they reach Ashland, where they will be spending the night at the MacLeods' house. Mike Latulippe has loaned a grader to the Public Works Department, whose grader has failed and cannot be repaired. The selectmen discussed whether a lease would be fairer to the donor and better for the Town. The Town Administrator will ask the Town's insurance company about the

insurance for the borrowed grader.

The selectmen discussed options for e-mails for town officials and fillable forms for applications on the town website with Mike Lavelle and asked the Town Administrator to research the issues further. They appointed Kyle Baert to a vacant Cemetery Trustee position. After some discussion, the selectmen agreed to use the existing contract for the hiring of a new police officer, rather than asking the Town Attorney to review it. Selectmen Harold Lamos presented questions from the Budget Committee. The selectmen ended their meeting with a non-public session.

Welcome, Sofia Grace Manion!

LEBANON — Jeffrey and Kristina Manion of Holderness are thrilled to announce the birth of their daughter, Sofia Grace, on May 15, 2016 at Dartmouth Hitchcock Medical Center in Lebanon.

The four-pound, 15 ounce baby girl, who measured 17 inches in length, was also welcomed by maternal grandparents Wendy and David Bruce of Plymouth and paternal grandparents Dennis Monroe of Holderness and Michelle and Dean Stevens of Plymouth. Sharing maternal great grandparent honors are Lydia Goodrich of Newberry, Vt. and Harold Avery of Campton. Paternal great grandparents are Sherry Bean of Holderness, Bob and



Sandy Monroe of Plymouth, and Horace and Marcia Jenot, also of Plymouth.

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Little Church Theater's latest production examines the hardships and high points of family

BY DONNA RHODES
dhrhodes@salmonpress.com

HOLDERNESS — If anyone missed last weekend's opening of "Summer of Faith," an original play by local playwright Monique Robichaud-Devine, it's not too late to purchase a ticket for another box office hit at The Little Church Theater in Holderness.

Robichaud-Devine is the theater director at Holderness School who has written several popular plays, including "Goldfish Girl," which debuted at Little Church Theater in 2014, "Ice Out" and "Writes of Reunion."

Joining her in her newest venture is Theater Director Joe Sampson of New Hampton School, who said he is thrilled to team up with Robichaud-Devine for this year's performance.

"At the last minute, she asked me to take a look at this play and tell her what I thought and I've been here ever

since," said Sampson.

He called "Summer of Faith" a lovely play, and said the chemistry among the eight actors involved is genuine, making it an even more interesting experience for the audience.

"The cast members all like each other, and that shows on the stage," he said. "This play's all about families and how complicated they can be, but at the end of the day, they all love each other."

Rebecca Kelly of Campton is a former student of Robichaud-Devine's who has worked on the technical and theatrical aspect of plays with her in the past. During her high school years she assisted technically with "Hairspray" and stepping out onto the stage in her senior year for the school's fall performance of "Dearly Departed." Having graduated from Holderness School, she said she is happy to work

once again with her former teacher and to be brought into a performance with all adults.

"I did the sound with her for 'Goldfish Girl' a couple of years ago and filled in one night for one of the roles in that play but she keeps giving me extra theater opportunities and now here I am," said Sampson.

This summer, Kelly agreed to take on the lead role, Faith, in Robichaud-Devine's latest venture. And she even gets to perform with her high school mentor, who plays her grandmother Eve in the play.

"Summer of Faith" takes place in Cape Cod and centers around all that occurs when Faith comes to spend the summer with her grandmother. Family dynamics are brought into play as relationships evolve and one really never knows what to expect as they watch.

"There are lots of twists and turns in the



DONNA RHODES

As the cast of "Summer of Faith" rehearsed last week, Campton resident Rebecca Kelly, who plays the lead role of Faith, playwright/actress Monique Robichaud-Devine, who is Faith's grandmother Eve for the performance, and Matt Doyle of Plymouth, who portrays Faith's friend Jeff, posed for a photo on the set at Little Church Theater in Holderness.

relationships. One minute it's a funny physical comedy and in the next scene there could be a dramatic moment," said Kelly. "I don't think there's a minute that won't entertain you."

The final performances will take place this Thursday, Friday and Saturday evenings beginning at 7:30 p.m. The Little Church Theater is located on Route 113 in Holderness, across

from the Squam Lakes Science Center and tickets are available online for the final at www.littlechurchtheater.com or can be purchased at the door as availability allows.

"New Hampshire: A State Of Mind" presentation at Minot-Sleeper Library

BY BRITTANY OVERTON
Minot-Sleeper Library

BRISTOL — Every election season, we are inundated with debates and arguments over what is right and wrong. A little laughter can help keep us sane. As we approach the State Primary and the November elections, the Minot-Sleeper Library will host a humorous presentation that will explore our state's political and cultural history on Thursday, Aug. 25 at 6:30 p.m.

Presenter Carl Lindblade, of the University of New Hampshire Speaker's Bureau, has worked in the hospitality industry for more than 40 years. His early beginnings were at the Balsam's Resort in Dixville Notch, known for being the first polling location in the country to submit presidential primary results. Over

the past several decades, Lindblade has operated 3- and 4-diamond hotels and resorts, he was a delegate to the 1995 White House Conference on Travel and Tourism, and has received many accolades including Innkeeper of the Year and Travel Person of the Year. Using his experience, Lindblade is a lecturer in the hospitality management department at the University of New Hampshire.

The presentation at the library on Aug. 25 is described as being

"A humorous romping look at NH from the time of King George II to the present." Lindblade highlights Colonial Days, and the state's political traditions and culture.

The program is free and open to the public; it is sponsored by the UNH Speaker's Bureau. Refreshments will be generously provided by the Friends of the Minot-Sleeper Library. For more information, call 744-3352, or visit the library at 35 Pleasant St., Bristol.

Rumney Bible Conference presents a Movie on the Green

RUMNEY — Come take part in a fun night with family and friends on the first lawn of the Rumney Bible Conference, US Route 25, Rumney for a Movie on the Green Friday night, Aug. 19.

The lawn opens at 7:30 p.m., with games for kids from 7:30-8 p.m., and the movie, a fairy tale classic, beginning at 8. Popcorn and cold drinks will be available for sale.

For more information, call the Rumney Bible Conference at 786-9504.

Take part in the Great Zucchini Baking Contest at Old Home Day

BRISTOL — A new event has been added to Bristol Old Home Day this year. Everyone is invited to enter "The Great Zucchini Baking Contest."

There will be two age categories, juniors 16 and under and seniors 17-100! Now is the season to use up those extra zucchini in creative ways. Any baked good such as bread, cake, cookies and bars will be judged for creativity and taste. Prizes for each age group will be 1st-\$50, 2nd-\$25 and 3rd-\$10. A recipe card must accompany each entry.

Drop off your entry at the designated tent on Old Home Day, Aug. 27 at Kelley Park on North Main Street by 10 a.m.



COURTESY

Ashland Summer Campers tour Reuben Whitten House

Ashland Summer Day Camp took a tour around town to learn a little bit about our town's history. Pictured are the children taking a tour of the restored Reuben Whitten House, a group photo on the library stairs, and then all were treated to a kiddie cone at Dot's Bread & Butter.





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Take a little trip with WAR

PLYMOUTH — The band WAR brings their funky party to The Flying Monkey Performance Center for the first time on Sunday, Aug. 21 at 6:30 p.m. WAR is known for mega hits like “Low Rider,” “Why Can’t We Be Friends,” and “Cisco Kid.” Tickets for this concert start at \$55.

WAR is coming to town... and what a cool thang that is.

One of the most popular funk groups of the ‘70s, the band WAR was also one of the most eclectic... freely melding soul, Latin, jazz, blues, reggae and rock influences into an effortlessly funky whole. Although

WAR’s lyrics were sometimes political in nature, in keeping with their racially integrated lineup, their music almost always had a sunny, laid-back vibe emblematic of their Southern California roots. War kept the groove loose, and they were given over to extended jamming; in fact, many of their studio songs were edited together out of longer improvisations. The band’s grooving interplay placed War in the top echelon of funk ensembles.

“Don’t you know that it’s true, that for you and for me, The World Is A Ghetto.” These were the lyrics and the title track

from their 1972 album. The band formed in 1969, and they had the nerve to carry the name WAR at a time when peace was the slogan in an anti-Vietnam America . . . but their mission was to spread a message of brotherhood and harmony!

WAR would wind up being honored with 17 gold, platinum or multi-platinum awards which included the triple platinum “The World Is A Ghetto,” the double platinum “Why Can’t We Be Friends?” and greatest hits, the platinum albums Deliver The Word, WAR Live, All Day Music, Best Of WAR and . . . more and Platinum Jazz,



COURTESY

The band WAR brings their funky party to The Flying Monkey Performance Center for the first time on Sunday, Aug. 21 at 6:30 p.m.

along with gold albums Eric Burdon Declares WAR, Galaxy and The Music Band.

“Our instruments and voices became our weapons of choice and the songs our ammunition. We spoke out against racism, hunger, gangs, crimes, and turf wars, as we embraced all people

with hope and the spirit of brotherhood. It’s just as apropos today,” states veteran record producer Jerry Goldstein whose hits had included “My Boyfriend’s Back,” “Hang On Sloopy” and “I Want Candy” and who brought the original street band together along with rock legend

Eric Burdon, the ex-lead singer of the top British band The Animals.

Tickets for WAR are \$55 and \$65 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeynh.com.

PSU’s Annette Mitchell recognized for artwork by DAR

PLYMOUTH — Local artist and professor at Plymouth State University, Annette Mitchell, was recently recognized for one of her paintings at the national convention of Daughters of the American Revolution in Washington, D.C.

Professor Mitchell won national first place in the Acrylic category of the Art & Sculpture contest for the American Heritage Committee for her painting “Dolly Madison Saves Gilbert Stuart’s Painting of George Washington.” This particular work was one in a large series of paintings that Annette created portraying members of her family during their notable moments in American history.

The local DAR chapter was so impressed by this series of Mitchell’s work that they encouraged her to enter the contest. Although she was unable to attend the award ceremony in

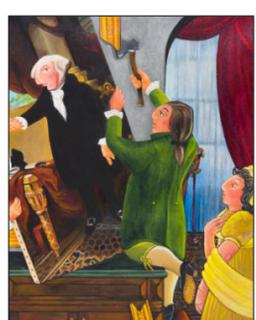


COURTESY

Annette Mitchell

person, New Hampshire DAR State Regent Phyllis Gagnon accepted the award on Mitchell’s behalf.

The painting was on display in Washington, D.C. throughout the convention. The New Hampshire Society of Daughters of the American Revolution also recognized Annette during its conference for winning the national award. New Hampshire Daughters are certainly proud of its member, Annette Mitchell! Professor Mitchell continues to teach for Graduate Studies and Communi-



COURTESY

“Dolly Madison Saves Gilbert Stuart’s Painting of George Washington,” Mitchell’s award-winning painting.

ty Education at Plymouth State University. She retired after having served as Coordinator of Drawing at PSU.

The local chapter of Daughters of the American Revolution is always interested in new members. Any woman interested in joining Daughters of the American Revolution is warmly encouraged to contact Paula Woodward at woodwardpml@gmail.com or call 536-4778 for information on requirements.

Explore the musical history of Franco-America at Quincy Bog

RUMNEY — The Quincy Bog Natural Area welcomes all to Lucie Therrien’s presentation of “The Music History of French-Canadians, Franco-Americans, Acadians and Cajuns,” on Wednesday, Aug. 24, beginning at 7 p.m. at Quincy Bog Nature Center. This is the final Wednesday evening program of the summer season.

Lucie Therrien follows the migration of French-Canadians and the evolution of their traditional music: its arrival in North America from France; the music’s crossing with Indian culture during the evangelization of Acadia and Quebec; its growth alongside English culture after British colonization; and its expansion from Quebec to New England, as well as from Acadia to Louisiana. This program is a talk, not a concert (no guitar or piano; just

bones and small rhythm instruments.)

Lucie Therrien is a songwriter, author, poet, historian, recording artist, visual artist, linguist, film maker and certified teacher. She received a MA in Music History and a BA in Piano from UNH after her fine art studies in Montreal at l’Ecole des Beaux Arts. Therrien has performed on five continents. Among numerous awards she has received, the New Hampshire State Council on the arts has honored her with four Traditional Master / Apprentice awards, as well as awards in songwriting, film, video, composing and arranging.

All talks are free (donations are gratefully accepted), open to the public, and are followed by an informal reception with refreshments. These lectures are underwritten in part by the Ruth V. Fisher Memorial Fund. For more infor-



mation, contact Betty Jo Taffe (phone, 786-2553, email bjtaffe@gmail.com).

The final walk of the 2016 season will take place on Saturday, Sept. 10. Join Scott Bailey for a Fern Walk at 9 a.m. at the Quincy Pasture Forest property on East Rumney Road.

The Quincy Bog Natural Area and Pemi-Baker Land Trust work with area landowners and a volunteer board to conserve land and connect people with nature. To learn more, visit www.quincybog.org or visit us on Facebook.

The Kingston Trio brings America’s folk culture to the Flying Monkey

PLYMOUTH — The Kingston Trio returns to The Flying Monkey Performance Center on Saturday, Aug. 27 at 7:30 p.m. The trio are widely considered pioneers in the American Folk revolution. Tickets for this concert start at \$39.

These days, it can be rare for a musical act from the mid-20th Century to resonate with contemporary audiences. The Kingston Trio is one of the fortunate few that have enjoyed longevity in the music



COURTESY

The Kingston Trio returns to The Flying Monkey Performance Center on Saturday, Aug. 27 at 7:30 p.m.

industry. With their classic lyrics, the trio vibrant delivery and

SEE KINGSTON PAGE A16

White Mountain National Forest Artist in Residence Jude Valentine, Aug. 18

CAMPTON— All those interested in art inspired by nature are invited to a free talk by Jude Valentine, this year’s White Mountain National Forest Artist in Residence, on Thursday, Aug. 18 at 7 p.m. The talk, “Responding to the Landscape: Paintings and Prints,” will be held

at White Mountain National Forest Headquarters, 71 White Mountain Drive, Campton.

Jude will provide an overview of her landscape paintings and prints, talk about her life and views as an artist and share work from her portfolio of 2016 paintings and several

new prints from her first visit to the Forest in June. All are welcome; there will be time to talk with Jude and ask questions after this informal presentation.

A long-time resident of Maine, Valentine is a painter and printmaker who has a studio practice

SEE ARTIST PAGE A19

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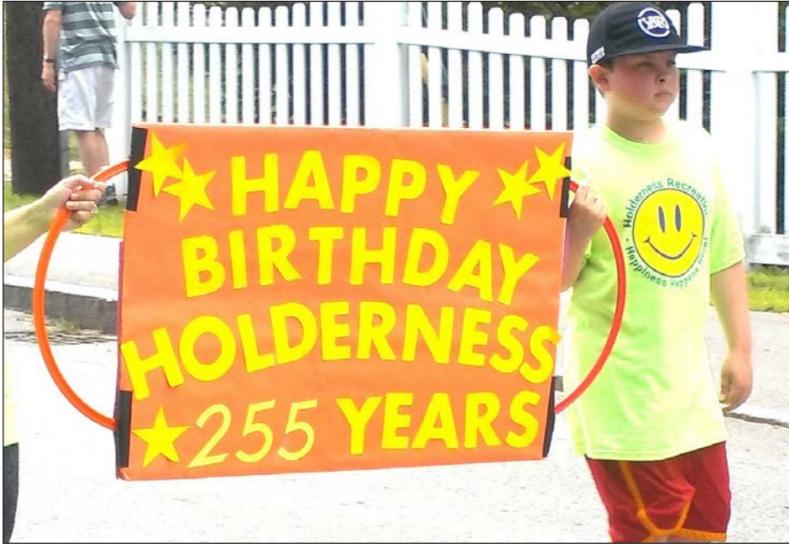
Letters policy

Reader’s opinions are important to us and we welcome letters to the editor. Letters are printed as space permits, on a first come basis. We request that you email letters to record@salmonpress.com. However, to be considered for publication, all letters MUST meet the following requirements:

1. Letters must be 350 words or less. Letters exceeding 350 words will be included as guest commentary.
2. Letters must include the name, address and daytime telephone number for verification purposes.
3. We will not publish any letter deemed inappropriate. We will not publish second party or open letters.
4. We reserve the right to edit letters for brevity.
5. Letter writers are allowed two a month so all who wish to contribute may do so.

Holderness Celebrates 255th Anniversary

ALL PHOTOS BY LEIGHT SHARPS



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For further information, call 535-2299 or e-mail klsanders@plymouth.edu or visit our website at www.plymouth.edu/services/cycf/

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Opinion

A6 *'The unity of freedom has never relied on uniformity of opinion.'* John Fitzgerald Kennedy

THE RECORD ENTERPRISE, THURSDAY, AUGUST 18, 2016

Conservation Matters



Local Control

BY BOYD SMITH
Newfound Lake Region Association

If you are reading this article, you are probably quite familiar with the abundant natural beauty of the Newfound Lake and White Mountain regions of New Hampshire. Whether a long-term visitor or year-round resident, we know how lucky we are to live in an area that awes and impresses people from around the world. New Hampshire thrives on tourism because of its natural beauty, and we are surrounded with some of our State's finest examples of clean, clear water and verdant, unspoiled hills.

If you feel personally connected to this area, you have probably also noticed some unwanted changes. More traffic on the roads, more houses near the water and on the hillsides, ponds and lakes that are less clear, and beaches that have more silt and weeds than in years' past. These changes are often subtle, giving us a slight sense of unease rather than a full-on jolt, and reflect trends that have grown slowly in recent decades.

This letter is a call to action, because we love where we live and recreate, and there are actually simple things we can do that really make a difference. Putting off steps that protect our environment is rather like planning a diet tomorrow so we can eat a donut today – how has that worked for you?

Cooperating to protect the common good, whether fresh air, healthy land, or clean water, can easily become complicated and seemingly impossible. We build agencies and systems of enormous size and cost to “regulate” our behavior. Then we complain about “government overreach” and paying for these services, leading to gridlock and divisive debate. But wait, aren't we each responsible for our own property? And don't we all have a stake in the future of our towns? By gum, “local control” has been a New Hampshire rallying cry forever!

So if you believe in local control, what should we do to remain independent while enjoying the shared benefits of our common resources? It's really pretty easy. First, take care of your own property. Manage your land so rainwater sinks into the ground to refill your well and water your plants, rather than wash out your driveway and foul your water with polluted runoff. Keep your noise and light inside your property boundaries. Essentially, just be a good neighbor – use your land responsibly and in such a way that you do not infringe on your neighbors' rights to the same clean air, water and unimpeded views that you enjoy.

Second, take part in your Town's government to make sure land use regulations – and their enforcement – will bring you the future you expect to see. It is easy to balance land protection with smart and sustainable economic growth, as long as we are proactive about it. It is impossible to recover what is lost by poorly planned land-use.

Federal, State and even local governments lack the budget and staff to enforce all the rules we ask for, and why should they? It is our home, our land and our community. Who better to protect and preserve natural beauty and economic vitality than those who are close at hand?

If you want to learn more about local control, and be an active part in charting your town's future, reach out to your Planning and Select Boards and let them know what you want, and that you care. They are your neighbors, too, and will often be grateful for the help.

If you have questions about preventing stormwater pollution on your property, regulations towns can follow to protect their land and water, or land conservation, please contact the Newfound Lake Region Association at info.NewfoundLake.org, or 744-8689.

Conservation Matters is a monthly column focused on conservation education, as the result of collaboration among several area conservation commissions and organizations. If your town's commission or conservation organization would like to contribute articles, please contact Jessica Tabolt Halm jess_tabolt@hotmail.com



COURTESY

Prayer flags in Plymouth

Peace, love, strength...Have you noticed the prayer flags in front of the Plymouth Congregational UCC on the Common in Plymouth? They carry the prayers for peace of their makers, members of the church and community members. This installation was initiated and directed by Susan Wei in support of the families and friends of those killed in the Pulse shooting in Orlando, but have evolved to support all of those touched by violent acts. They join the Peace Pole which stands on the fringe of church property as one more sincere expression of the desire for a peaceful life in a peaceful world. Susan Wei is an Ashland artist who is nationally recognized for her work based on the social issues of our time. To see more of her work, please go to her Web site, susanquiltsawei.com.

Letters to the Editor

Trump's threats to harass polls equal fascism

To the Editor:

Lying/cheating Trump is at it again, creating the fiction that the only way he can lose a truly closely contested election is through fraud. Based on this lie, he's exhorting his devotees to harass the polling places. Purposely creating a crisis by putting his angry combative cohorts on the street to achieve his political goals, constitutes classic fascism.

Hopefully, Trump is now pounding home the final nail in the coffin of his “bizarre candidacy” by invoking the “red herring” of voter fraud which has been officially proven many times to be statistically zero!

It appears, Trump anticipating his failure (pre-

dicted by many reliable polls) is raising the specter of voter fraud as a face-saving excuse.

In my view, panicking Trump, by unleashing his entranced, angry followers at busy polling places on hectic presidential election night is tantamount to sparking civil insurrection.

And I urge our FBI and other security services to serve notice to Trump's campaign to restrain itself or suffer the legal consequences.

Obviously, this fascistic Trump is unfit for Commander-In-Chief.

Jack Saunders
Holderness

Sisters hiking for equality

THORNTON — Two New Hampshire girls, ages 13 and 11, are hiking New Hampshire's highest 48 mountains during every month of the year (576 total ascents) to raise money for Global Fund for Women.

Alexandra and Sage Herr of Thornton are avid hikers who have been hiking the White Mountain Four Thousand Footers (New Hampshire's highest peaks) year-round since they were each five years old. They each hold various hiking records here in New Hampshire. They've also hiked the 500-mile Camino de Santiago in Spain (during which they raised \$5000 for Global Fund for Women), the 211-mile John Muir Trail in California, parts of the Great Wall of China, and the highest peaks of 46 states.

The sisters are passionate about the issue of worldwide equal rights for women, and they want to use their hiking prowess to benefit others. They have now set their sights on what is known as the “NH Grid” – hiking all 48 of New Hampshire's highest mountains during every single month of the year (spread out over



COURTESY

Two Thornton girls, ages 13 and 11, are hiking New Hampshire's highest 48 mountains during every month of the year (576 total ascents) to raise money for Global Fund for Women.

several years). By now focusing solely on Four Thousand Footers, they hope to finish the Grid in five or six years and raise at least \$18,000 for Global Fund for Women.

The girls are looking for individuals and corporations to give whatever they can to Global Fund for Women through their CrowdRise site: <https://www.crowdrise.com/>

sistershikingforequality. They especially hope to get a number of businesses/individuals to give a one-time gift of \$576 (one dollar for every mountain ascent).

Every 8 minutes, we respond to a disaster.



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Talk of the Towns

News from our Local Correspondents

Alexandria

Judy Kraemer 744-3532
judy7@metrocast.net

Late summer

It was a tough week with the heat, humidity, company, and then rain.

The church fair was well attended, we had many visitors at the Historical Society.

The tomatoes are ripening, but a few hornworms are still trimming leaves.

No sign of blooms on the hydrangeas, perhaps too many leaves. Bet they need something I'm not giving them.

The phlox are in bloom every where, every color.

Ashland

David Ruell 968-7716
davidruell@gmail.com

Red Cross Blood Drive

The American Red Cross is holding a blood drive from noon to 5 p.m. today, Thursday, Aug. 18, at the American Legion Hall, 37 Main St. All donors will receive a \$5 Amazon.com e-card.

Movies and Band in the Park

As last week's concert and Movie in the Park were postponed because of the weather, the double feature will be held this Friday, Aug. 19 at the Ashland ball field. The Just Because Band will play from 7 to 8 p.m. The animated film "The Good Dinosaur" will be shown at 8:30 p.m. This free albeit delayed event is sponsored by the Band and the Ashland Area Recreation Association and is presented in cooperation with the Ashland Parks & Recreation Department. The last free summer movie, "Star Wars: The Force Awakens," will be sponsored by Lisa's Personal Training and J.Joyce Plaster & Drywall and will be shown next Friday, Aug. 26. Bring your own chairs or blankets. Refreshments will be on sale. If it rains, the movies will be shown on the following Saturday evenings.

Legion Breakfast

The Dupuis-Cross Post of the American Legion will serve its monthly breakfast from 7 to 11 a.m. this Sunday, Aug. 21, in the Legion Hall. The cost is \$7 for an adult, \$6 for a senior citizen and \$4 for a child.

Whitten Wheat Festival

The Ashland Historical Society's Reuben Whitten Committee will hold the Whitten Wheat Festival and Stone Soup Supper beginning at 4 p.m. on Saturday, Aug. 27, on the grounds of the Whipple House Museum and the Reuben Whitten House. The event will celebrate the harvesting of the very modest wheat patch planted to commemorate Whitten's successful raising of 40 bushels of wheat in the Cold Year of 1816, while the sharing of a communal meal will recall Whitten's sharing of his wheat with his neighbors.

Concert in the Park

The last Concert in the Park of the sum-

mer will be Entangled Strings playing from 5:30 to 7:30 p.m. on Sunday, Aug. 28. The free concert in Memorial Park is sponsored by the Ashland Area Recreation Association. Bring your own seating.

Appraisal Day

The Pauline E. Glidden Toy Museum will hold its annual Appraisal Day, beginning at 5:30 p.m. on Thursday, Sept. 1, at the Museum. Paul Hough of Waukegan Antiques in Meredith will again be doing the appraisals. The cost remains at \$4 per item or \$10 for three items.

SAU Withdrawal Study Committee

The Ashland School Board is seeking four Ashland residents willing to serve on the committee to study the withdrawal of the Ashland School District from SAU 2 to join SAU 48. Those interested should send a letter no later than Sept. 2, giving their background and

reasons for serving on the committee, to Superintendent Mary Moriarty, SAU 2, 103 Main St., Meredith, NH 03253.

Groton

Ruth Millett 603-786-2926
rem1752nh@gmail.com

It was sure nice to see a little rain this past weekend, and from the sounds, we might have a little more this week. I started preparing my tomatoes in advance by watering them a little each day. I'm not sure if it will keep them from cracking, but am hoping it does the trick. The grand-boy and I picked blueberries after church this past Sunday and then went for a swim. It sure was muggy. Even without the sun beating down on us we were overheated and the swim felt great.

There was no Select Board Meeting on the 9th as we are still on the summer every-oth-week schedule so no meeting notes today. We hope to have some meeting notes for the next article as there will be a

meeting on the 16th.

The announcements for this week:

There will be a memorial service for Pam Yinger on Saturday, Aug. 20 at 10 a.m. at the Union Congregational Church in Hebron. There was a nice write-up in the Paper last week in memorial of Pam. Hope you had a chance to read it. Pam served our community in many ways as Librarian Trustee and Supervisor of the Checklist and just all-around good involved citizen. She was a published author of numerous children's books and a wonderful story teller. The family has asked in lieu of flowers if gifts would be made to the Spere Memorial Hospital Oncology Department at 16 Hospital Rd., Plymouth, NH 03264.

*** The Groton Old Home Day will be at the Everett Hobart Memorial Park on Saturday, Aug. 20 from 5-ish till everyone heads home. There will be a parade, a BBQ dinner and live music from the Express Revival Band concluding with fireworks at dusk. There will be Crafters, a Raffle and Game throughout the evening. We hope lots of people come out to celebrate with us.

If you would like to take part in the parade or have a booth at the Park for the evening please pick up a registration form at the Town Offices the more who sign up the more fun it will be.

The line-up for the parade will begin at 4:30 p.m. at the Town Garage/Highway Department.***

Meetings at the Town House

Select Board Work Sessions at the Town House - Aug. 30 at 4.30 p.m., with the Select

Board meeting to follow at 7 p.m. There will be no Select Board meeting on the 23rd.

Visit from Bob Giuda candidate for New Hampshire State Senate on Aug. 30 at 7 p.m.

Planning Board meeting at the Town House Wednesday, Aug. 31 at 7 p.m.

Hebron

Bob Brooks 744-3597
hebronnhnews@live.com

Hebron Historical Society Pot Luck Supper and Program Aug. 20

On Saturday evening, Aug. 20, the Hebron Historical Society will sponsor a presentation by Kevin Gardner entitled "Discovering New England Stone Walls." Mr. Gardner is a writer, teacher, tradesman, and a lifelong resident of Hopkinton, NH. For more than 30 years he has been a stone wall builder in a family business widely known for traditional New England stonework, particularly for historic restoration of antique structures. In 2001, Kevin published "The Granite Kiss: Traditions and Techniques of Building New England Stone Walls." In addition, he has appeared on NH Public Radio and a syndicated nation radio series about New England's regional literature. Furthermore, he is a professional actor, director and teacher of theater and has taught at the New Hampton School, the NH Institute of Art, St. Paul's School and is a regular guest director at PSU.

During his talk, Kevin will explain how and why New England came to acquire its thousands of miles of stone walls, the manner in which they and other dry

stone structures were built, how their styles emerged and changed over time and their significance to the New England landscape. Along the way, Kevin will occupy himself by building a miniature stone wall on a tabletop using small stones.

The program will be held in the Hebron Community Hall (16 Church Lane in the basement of the Union Congregational Church) which is directly across North Shore Road from the Hebron Common and is fully handicapped accessible. The evening will begin with a pot luck supper at 5:30 p.m., followed by the featured presentation at 6:30 p.m.

Mr. Gardner's presentation is supported by a grant from the New Hampshire Humanities Council and is open to the public without charge.

For more information, please call 744-3335.

Holderness

Fran Taylor 968-3846

State Primary is coming up on Tuesday, Sept. 13. Sample ballots can be viewed on the Secretary of State home page and will be posted at the Town Hall and PO. You will be voting for Governor, U.S. Senator, Rep to Congress, Executive Councilor,

State Senator, State Representatives, County offices: Sheriff, County Attorney, Treasurer, Register of Deeds, Register of Probate and County Commissioner. Many candidates have sites on Facebook or the Web for you to review.

Rummage Sale at Community Church Thursday, Aug. 18 from 9 a.m.-6 p.m., Friday and Saturday from 9 a.m.-2 p.m.

Town Administrator Capone is looking for submissions of pictures or video from our Celebrate Holderness! activities. Send them to administrator@Holderness-nh.gov.

Coming up on Saturday, Aug. 27 will be another evening of music at Song Circle at the Town Hall from 7 - 8:30 p.m. Bring your banjos, dobro, guitar, fiddle or other instrument and join in. All welcome.

Town Clerk and Tax Collector's office will be closed from 8:30 a.m. to 12:30 p.m. on Aug. 16 as staff will be attending Election Law Training.

At a recent Selectmen's meeting PD Chief Patridge introduced Officer Adam Donnelly to the Board. He has fifteen years of experience and fills recent vacancy.

Central School will hold an Open House

SEE TOWNS PAGE A9



Fall Soccer Pemi-Baker Soccer Club



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Travel Team Soccer

U10, U12, U14 Coed

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Pemibakersoccer.org
pemibakersoccer@gmail.com

The Ashland Board of Selectmen wish to express our deepest sympathy to Kathleen De Wolfe and family in the loss of *Normand 'Norm' DeWolfe*.

He was a great selectman, friend, and gentleman to us and we will never forget him and everything he accomplished for this town.

Fran Newton
Steve Felton
Leigh Sharps
Harold Lamos

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CELEBRATE BRISTOL!

August 26th & August 27th

More information on all events at 744-2713



FRIDAY • AUGUST 26th

5:00 PM—7:00 PM ♦ **BRISTOL FIRE COMPANY SPAGHETTI DINNER**

\$10 adults, \$5 ages 4-12, Ages 3 & under free -- at the Fire Station, 85 Lake Street

7:00 PM—9:00 PM ♦ **Concert & Dance with CLUB SODA Band**

Put on your dancing shoes and join us at the Bristol Old Town Hall! **Free! All ages welcome!**

SATURDAY • AUGUST 27th BRISTOL OLD HOME DAY

All Events Held at **KELLEY PARK** Unless Otherwise Noted

8:00 AM ♦ Registration opens for 5K Road Race to benefit Stand Up Newfound

8:30 AM ♦ 5K Road Race Begins

8:00 -- 11 AM ♦ Buffet Breakfast at Union Lodge

9:00 AM -- 3:00 PM ♦ Health & Fitness Fair

9:00 AM -- 3:00 PM ♦ Craft Fair & Vendors

10:00 AM ♦ Horseshoe Tournament -- **CASH PRIZES!**

10:00 AM ♦ Pick-Up Softball Game -- Contact the TTCC for info on playing

10:00 AM -- 3:00 PM ♦ FUN at Kelley Park...

♦ Kids Games ♦ Giant Obstacle Course ♦ DJ Tim Martin ♦ Water Wars

♦ Dunking Booth ♦ Operation Game Thief -- NH Fish & Game

♦ FOOD available all day -- the Bristol Lion's Club Food Wagon

♦ Cotton Candy & more! ♦ Home-Made Beans & fresh Walker's Corn (at noon)

DON'T MISS

11:30 AM & 1:00 PM—Fire Department "HOSE DOWN"

1:00 PM—NACIMENTOS—a magical review with story-telling and magic!

♦ Come meet "ARRO" Bristol's first Canine Police Officer!!

♦ The "GREAT ZUCCHINI BAKING CONTEST!" **Cash Prizes!** Any baked item that is made with zucchini • Age categories: 16 & under or 17—100 •

MUST attach a recipe card and be in a disposable container • Deliver to Old Home Day tent by 10AM

5:30—7:00 PM ♦ TTCC Lobster/Chicken Dinner ♦ Ticket info at 744-2713

Lobster Dinner \$17—Chicken Dinner \$15—Combo \$20—Kids Hot Dog Plate \$4 -- Dinner Music provided by Solitary Man

DUSK (approx. 7:30 pm) ♦ MOVIE on the Park

"Come see this movie you must!" (hint hint).

Bring a blanket or chair for lawn seating.

♦ In the event of inclement weather Saturday events will be moved to the Old Town Hall and Tapply Thompson Community Center. Check the website

for specific schedule updates that morning, or call the Fire Department at 744-2632 for more info.

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SHOP LOCAL
NH has variety

Towns
FROM PAGE A7

for new students on Thursday, Aug. 25 from 1-2 p.m. Parents or guardians of new students should stop by the school to pick up registration papers or download them from the www.hcs.sau48.org Web site.

Library is starting to rearrange its collection in preparation for the new addition. Children's section will be relocated as the basement will be unavailable while construction takes place.

This week's SLA Adventure Ecology is Leaf Rubbing and Tree Touring for Beginners from 10 a.m.-noon. Meet at main building for a walk around the property. Led by Maggie Kelly a junior at St. Lawrence University where she's studying Conservation Biology. Register at www.squam lakes.org.

Election officials including Supervisors of the Checklist, ballot clerks, and town clerks met last Saturday morning with representatives from the office of Secretary of State to review changes in election law. Voters should be assured that the State takes all elections very seriously and makes time to alert election officials of any law changes and how to manage the actual physical process of getting the voters in and out of the voting location.

Pease Public Library, Plymouth

Stay tuned for fall programming for both children and adults!

Youth Services:

Did you know that The Young Ladies Library Association has a prescription read program? If you come into the library during the year of your child's third or fourth birthday, they can receive a free book! Ask at the front desk for more information.

Thank you to all of our wonderful sponsors for summer reading!

Warren/Wentworth

Gary Jesseman
738-5372
garyj@together.net

Greetings, everyone! I hope you all had a good week

In WARREN, watch for changes/additions to the Historical Society Museum, hopefully completed by the end of this month.

In WENTWORTH, Wentworth Historical Society Museum continues to be open every Saturday 10 a.m.-2 p.m., where you can purchase a W250 T-shirt, pick up a Wentworth History Trivia Contest, or a copy of the Tours of 98 year old houses.

The next W250th celebrations will be the upcoming Country Gospel Music Night, Sept. 10 and Septemberfest, Sept. 24.

Information on both events will be posted on the Town Website, Town Office, and copies at Historical museum.

Check Wentworth's Web site for more details. <http://www.wentworth-nh.org/index.html>

The following is news from the Race Track: Mother Nature wins again at Legion Speedway

For the third time this season, the entire program at The Legion Speedway was washed out. A forecast calling for heavy rain and severe thunderstorms for the area led to the early cancellation which proved to be the correct call as moisture moved into the area by race time.

The O'Reilly Auto Parts Twilight Racing Challenge will once again attempt to go green this Friday, Aug. 19 at 7 p.m. The Peanuts Auto Sportsman Modifieds, Petro Mart of Enfield Super Streets and Enfield Garage Outlaw Mini Stocks will all be on hand as well as Bear Ridge Speedway Sportsman Coupes.

The Peanuts Auto Sportsman Modifieds

will run Twin 20's with an added bonus to the winner, who will receive a share of the 50/50 raffle as a bonus.

The Legion Speedway goes Green every Friday Night at 7 p.m. and is located on Route 25 at the Rumney/Wentworth Town line.

For more information visit the tracks' Web site, www.Legion-speedway.com.

I believe that's all the news for now. Until next time, stay well, stay cool, and always remember to count your blessings.

Waterville Valley

Jan Stearns 236-3333
wci@wvnh.com

Black Bear Half Marathon

The Black Bear Half Marathon and 5K race will be held in Waterville Valley on Sunday, Aug. 28. All runners will be treated to a first class experience featuring technical shirts and finisher medals for all half marathoners, t-shirts for all 5K runners, pint glasses for overall and age group winners, and build your own goodie bags. The half marathon entry fee is \$70 and \$80 on race day. The entry fee for the 5K is \$35 and \$40 on race day. Sign up online, just Google Black Bear Half Marathon (the website address is too long to fit in this column without breaks) or call 429-8879.

End of Summer Bash
Help send out summer with a bang and ring in our colorful fall season at the 'Just Ducky' End of Summer Bash in Town Square on Sunday, Sept. 4,

from 9 a.m. until 8:30 p.m. The festivities include face painting, scavenger hunt, frozen t-shirt contest, outdoor concerts, a barbecue, and a chance to meet the Valley Snow Dogz and Bruce the Moose. The annual rubber duck race will be held at 5 p.m. Purchase your ducks in Town Square. Each duck costs \$3, or buy four for \$10. Prizes will be awarded for the top ducks (you don't need to be present to win). Proceeds from the duck race will benefit the Bridge House. The day culminates with fireworks at 8:30 p.m.

Town Square Concerts

Enjoy free outdoor concerts in the Town Square on Friday and Saturday evenings. On Friday, Corey Brackett will perform on the gazebo stage from 6-9 p.m. Mr. Nick & The Dirty Tricks will take the stage on Saturday from 6-9 p.m. Lawn chairs and coolers are welcomed.

Live Animal Show

Squam Lakes Natural Science Center presents a free 1-hour live animal program on Sunday mornings from 10-11 a.m. in the Town Square. This week's program is "New Hampshire Wildlife."



New Hampton Garden Club announces raffle basket winners

NEW HAMPTON —The town of New Hampton held its Old Home Day on Saturday, Aug. 13, and the New Hampton Garden Club members once again were at their table selling raffle tickets for four large decorated gift baskets.

Many people look forward to this event, as each year the winners are amazed at the lovely gifts within each one. The winners were: New Hampshire basket, all articles made in New Hampshire, John Volker; Children's basket, va-

riety of children's toys, books and certificates, Ellen Denoncour; Relaxation basket, many soothing articles and books to enjoy, Peter Gulick; and the Wine basket, wines and snacks, Don Levasseur. The gifts in these baskets are donated by members and supportive businesses in the area. Money raised from this raffle helps support the gardens in town as well as the Garden Therapy program which takes place each month at Golden Crest Assisted Living in Franklin.

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SLA hosting weed watching session Saturday morning

H O L D E R N E S S — Join the Squam Lakes Association for a Weed Watching Morning Saturday, Aug. 20 from 9-11 a.m. at The Cottage Place on Squam.

Get on the water this Saturday with the Squam Lakes Association and The Cottage Place on Squam Lake for a beautiful morning on Little Squam. The SLA's conservation team will be hosting a Weed Watching morning at The Cottage Place on Squam (1132 US Route 3, Holderness) starting at 9 a.m. There will be coffee and light breakfast fare available. You'll get an overview of the invasive species the SLA and volunteers are hunting down in the Lakes, and

then head out onto and into the water to search Little Squam. The SLA will provide the boats and other equipment needed to search the waters. Look under the Volunteer tab for "Weed Watching on Squam Lakes" at squamlakes.org to sign up. Participation is fun, but limited, so reserve your spot today!

Weed Watching mornings are held every Saturday morning in June, July, and August, and are an important part of the SLA's invasive species management program. After participating in this program, you will be a trained Weed Watcher and can survey the Lakes whenever you're out on the water.

Do your part and protect your favorite cove, beach or island! You can Weed Watch while snorkeling, canoeing, kayaking, paddle boarding, or from a motor boat. After searching an area, whether you find any suspicious plants or not, report back to the SLA with an easy to use online, mobile friendly report form. This form can be found at squamlakes.org.

The SLA has been removing infestations of milfoil from the Squam Lakes for years. It has taken teams of trained divers countless hours under water, working in concert with a specialized suction harvesting boat to stay in front of this problem. Volunteers



COURTESY

Join the Squam Lakes Association for a Weed Watching Morning Saturday, Aug. 20 from 9-11 a.m. at The Cottage Place on Squam.

play an important role in finding the areas that may need to be treated. It will take all of

the Squam community to locate milfoil plants early before infestations cover entire acres of lake

bed. This is a perfect opportunity to have a great time while giving back to the lakes!



2016 Golf Season

Don't miss the 9th Annual BodeBash Golf & Tennis Classic

The Turtle Ridge Foundation (TRF) was founded in 2005 by Olympic Gold Medalist & Overall World Champion, Bode Miller, and his family to provide a philanthropic platform in the community to support youth and adaptive sports. Bode has included some of

his larger corporate sponsors, held fundraising events and has welcomed various donations and contributions from individuals to secure the funding needed to grow this organization and promote its vision to give all people the opportunity to enjoy sports.

Many adaptive and young athletes in our community experience a variety of obstacles and often lack essential support, equipment and funding needed to succeed. While all people make their way through life's struggles, the disabled community and

underprivileged youth need the most encouragement and opportunity to explore their athletic capabilities. The Turtle Ridge Foundation is proud to offer grants, scholarships, general funding and our new exclusive TRF MonoSki to the adaptive and youth sports world and you can now be part of that.

The 9th Annual BodeBash Golf & Tennis Classic is scheduled for Saturday August 27th at Tamarack Tennis Camp and Sunday August 28th at Maplewood Country Club. In previous years TRF has been able to raise nearly \$35,000 at this event to further the success of their mission to support adaptive and youth sports programs locally, regionally and nationally. TRF has been fortunate to be able to use

these funds to grant support to a variety of passionate and dedicated programs while still allotting time and money for getting our exclusive TRF MonoSki's out on the slopes!

In the past couple years, TRF has expanded the weekend by starting at 10:00am on Saturday morning with some light stretching, calisthenics, tennis clinics and warm-up sessions led by Bode, his (expert tennis) Family and Tamarack Staff. BodeBash Tennis includes an A-Bracket for experts, the B-Bracket for intermediate players and the Z-Bracket - which is for low-oc-tane, less competitive play. BodeBash Dinner is a gourmet feast brought to you by Chef Joe's Catering beginning with a

casual cocktail party at 4pm. BodeBash Golf consists of nearly 120 (30 4-somes) players hitting the links first thing Sunday morning fueled by Dunkin Donuts coffee, Stonyfield yogurts & locally made breakfast sandwiches from Mojo's, Maia Papaya and Wendles Deli. Additional complementary food is offered throughout the day at the Applegate Farm hot-dog tent and the Maplewood Food & Beverage cart. The weekend-long event wraps up with the Korbel Kork-Off, raffles and awards on the deck at 2pm.

We hope you will consider joining for any or all parts of this exciting fundraising weekend! For more information and to register please visit www.TurtleRidgeFoundation.org

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Alexandria Church Fair brings visitors together with local community

BY DONNA RHODES
dhrhodes@salmonpress.com

ALEXANDRIA — Last weekend's Alexandria Church Fair brought community members and visitors together for a day filled with great shopping opportunities, music and fun as they helped support Alexandria United Methodist Church's community outreach programs.

There was a book sale across the road at the Haynes Library, numerous crafters, and informational booths from several local non-profit organizations. The eighth graders from Bristol's Memorial Middle School also sold tee shirts, sweatshirts, hats, popcorn and lem-

onade as part of their fundraising efforts for a class trip to Washington D.C. next spring.

The church itself had several booths for people to browse as well, including the popular White Elephant tent where bargains abounded.

There were children's games, a craft and cookie table presented by Alexandria Village School Community Center and a food court where burgers and other summer lunch favorites were available.

Topping it all off was live music from Pastor Deb and her friends, which provided a wonderful atmosphere to the annual event.



The spacious lawn in front of the Alexandria United Methodist Church was transformed into a relaxing outdoor market during the annual Church Fair last weekend.

DONNA RHODES



Adjusting golf swing gets easier

Golfers rejoice! Those dreaded slices or hooks could become a thing of the distant past thanks to adjustable clubs and drivers. In addition to helping improve accuracy, adjustable clubs also lighten the load in your golf bag.

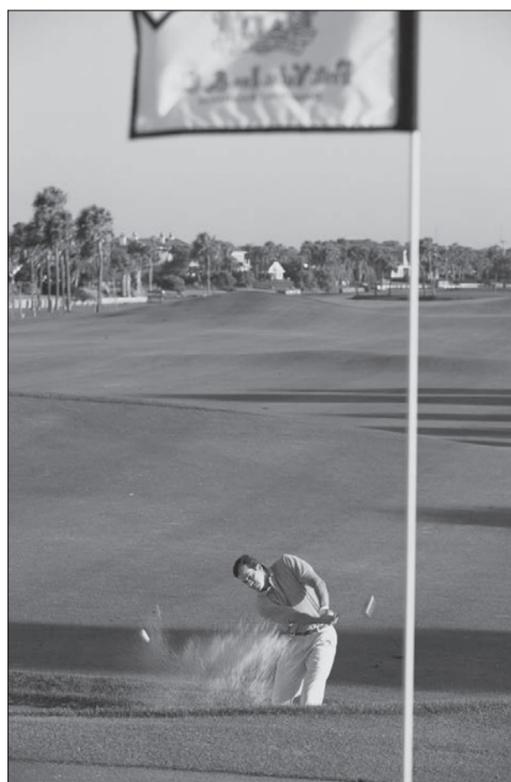
With a few twists of a wrench or even turning the shaft of the driver itself, golfers can adjust the face angle, loft and lie angle of the driver to hit the ball farther and straighter. Golfers can make small adjustments to create the right loft and improve distance without having to purchase a new club or visit a club fitter.

Many club manufacturers now offer adjustable drivers and other clubs. According to an informal poll on Golf.com, 34 percent of the 2,337 respondents owned an adjustable driver by the end

of 2011. The ability to upgrade shafts has also become popular as golfers respond to what the pros are doing.

Adjustable golf clubs enable golfers to walk out onto the course with one driver and a few different shafts. With a couple of clicks from a wrench, a person can have an entirely new driver. That cuts down on the equipment that needs to be carried and can fine tune a golfer's accuracy. These high-tech clubs are corresponding to changes being made to golf balls. Engineers have reduced the spin on golf balls to help the balls travel farther. To do so, golf experts advise that the ball needs to be hit higher into the air. Adjustable drivers can give players the edge they need to produce the right height and trajectory.

According to data



Adjustable golf clubs enable players to fine tune their swings for more precision.

from golf club manufacturer TaylorMade, 70 percent of consumers who use the company's adjustable drivers adjust their club at least once to get the desired shot. Afterward, 10 to 15 percent of adjustable driver users report further adjust-

ments as they become comfortable with the features.

Although golfers can now put adjustments into their own hands, it is still advisable to get a professional fitting regardless of which clubs are chosen. A certified club

fitter can help a person sort through the myriad options available and make recommendations based on various factors, including the golf ball used.

Those who are not fans of adjustable drivers say that the adjust-

ment mechanisms add weight to the drivers, which can compromise efficiency. However, that isn't stopping larger numbers of golf fans from taking adjustable drivers for a trial run in an effort to improve their game.

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Participants take home some great items in support of a great cause at Bristol Rotary's Penny Sale

BY DONNA RHODES
dhrhodes@salmonpress.com

BRISTOL — The 64th Annual Bristol Rotary Club Penny Sale last Thursday evening was another huge success as the community helped Rotarians raise money for not only college scholarships for Newfound Regional High School graduates, but for Rotary Youth Leadership Awards.

The RYLA awards are presented to one or more high school applicants each year who are selected to take part in a three-day summer leadership conference at Lyndonville State College in Vermont. This year's RYLA winner was Jarrod Fairbank of Bristol, and he

was on hand at the sale to help raise funds for next year's recipients.

"The money you spend tonight will 100-percent go right back to the community. It's all money well spent, and we thank you deeply," said Rotarian Kerry Mattson who served as emcee for the night.

More than 300 items were up for grabs at this year's sale, which took place in three initial rounds where people bought specially colored tickets for each. To top it all off, as a ticket was drawn it was tossed back in the bin, giving ticket holders multiple chances to go home a winner.

"This is the first

time I've ever been to a penny sale. I retired this year, though, and thought I would check it out. It sounds like a lot of fun," said one hopeful ticket holder.

Starting off with the red tickets, there were 102 items available from local businesses that included mailboxes, fishing rods, Red Sox hats, jewelry, car services and more.

Round Two was for yellow tickets that awarded winners with another 102 great prizes, as did Round Three's blue tickets for dinners, 50 gallons of home heating oil, gift cards and much, much more.

At the end of the night Grand Prizes



Lauren Kampersal, Logan McBride, and Matt and Lily Karkheck display some of the prizes they volunteered to run to the lucky winners of the Bristol Rotary Club's Penny Sale last Thursday.

DONNA RHODES

were also drawn from each round's ticket holders. The big prizes included a Kindle Fire, an attractive wooden picnic table, a sleek bicycle, \$125 gallons of fuel oil, 100 scratch tickets, dinner for two at BHOP and a \$250 shopping spree at Hannaford's Supermarket.

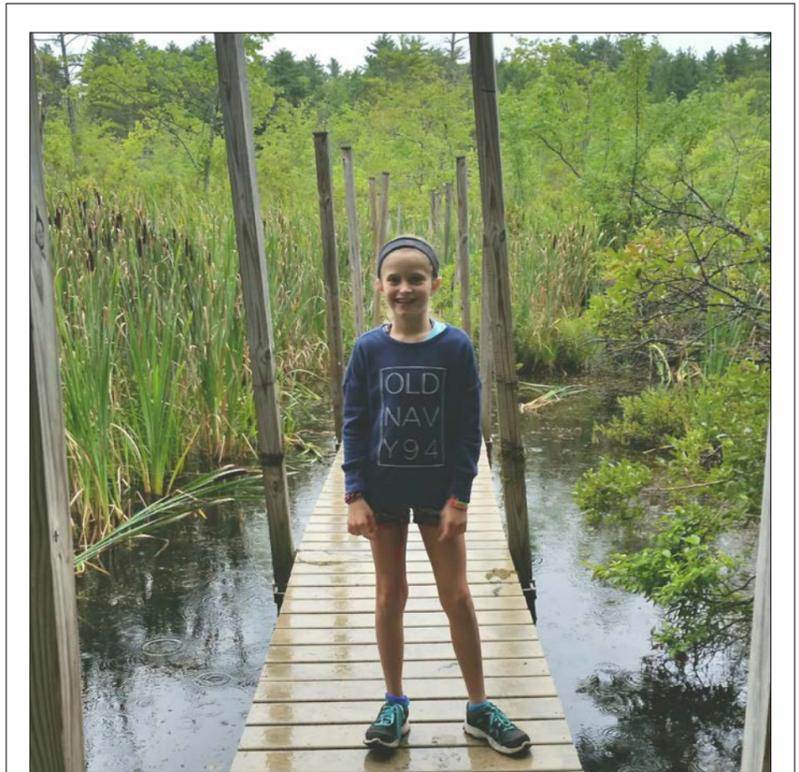
Participants were also able to bid on a wide variety of silent auction items throughout the night. Among

those were gift cards, NASCAR memorabilia, glassware, home décor items and other great donations. Tapply Thompson Community Center also raffled off 50 Powerball tickets to benefit the TTCC Summer Program Scholarship Fund and Bristol Community Services held a 50/50 raffle as well.

In addition to the drawings for prizes there was food avail-

able for all who attended. Steamed hot dogs, popcorn, donuts, chips, and plenty of cold drinks helped take the edge off a hot summer night and all the profits helped further the night's mission.

"We received some incredible donations this year and we want to thank everyone for their support and participation," said Bristol Rotary's president, Bob Broadhurst.



COURTESY

Fun in the sun

Holderness resident Taylor, age nine, enjoyed a hike through Chamberlin Reynolds forest and bog this summer where she and her mom even spotted a huge snake along one of the trails. If you have a photo of young ones enjoying time in the great outdoors, send it to drhodes@salmonpress.com, include their names (first names only if you prefer), ages and a brief description of the activity and you could see their smiling faces in this summer's Fun in the Sun photo series.

Plymouth police activity log

PLYMOUTH — The Plymouth Police Department logged 334 calls for service and reported the following additional activity during the week of Aug. 8-14.

Arrests made by the Plymouth Police Department during this time period were as follows:

Jaimie Dalessandro, age 33, of Ashland was arrested Aug. 12 at 8:39 p.m. on Hospital Road for

Indirect Criminal Contempt of Court.

Michael Saucier, age 29, of Nashua was is-

sued a summons Aug. 13 at 12:55 a.m. on Main Street for

Disorderly Actions Ordinance ~ Littering.

The following investigative reports were initiated by the Plymouth Police Department between Aug. 8 and Aug. 14:

Criminal Trespass Aug. 8 on Winter Street at 10:22 a.m.

Indirect Criminal Contempt of Court Aug. 10 on Parker Street at 2:11 p.m.

Theft From a Motor Vehicle Aug. 12 on Tenney Mountain Highway at 3:04 p.m.

The following Traffic Collisions were investigated by the Plymouth Police Department between Aug. 8 and Aug. 14:

Aug. 13 W a l - Mart Drive at 1:30 p.m.

Highln
The Plymouth Police Department issued 18 warnings for motor vehicle moving violations and one motor vehicle citation for moving violations.

The Plymouth Parking Enforcement issued 38 parking citations, but did not immobilize any vehicles for non-payment of parking fines.

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Towns join to combat Northern Pass

BY THOMAS P. CALDWELL

Contributing Writer

BRISTOL — The towns of Bristol and New Hampton have signed an agreement — and they hope to see Ashland and Bridgewater join them — to help fund a study on the potential for burying the direct-current transmission lines associated with the Northern Pass hydroelectric project as it passes through those towns.

All four towns have filed as interveners while the joint project of Eversource and Hydro-Quebec makes its way through the state's regulatory channels.

Selectmen say the study will cost \$6,800, and Bristol has committed to pay one-quarter of the cost, in anticipation of all four towns agreeing to share the expense.

Opponents of Northern Pass have mounted a campaign to either block the project or have the electric companies bury the cable to avoid the sight impact of the transmission lines. While much of the line would run along existing rights of way, it would require higher towers, ranging

from 90 to 145 feet, or wider corridors to carry the Canadian-based power through New Hampshire.

Eversource's Forward New Hampshire Plan, announced one year ago, increased the amount of transmission line to be buried from eight to 60 miles, but that is less than one-third of the full length of the power corridor. The line would carry DC power from the Canadian border to a substation in Franklin, where it would be converted to alternating current that would feed into another substation in Deerfield, and then into the New England power grid.

Opponents want to see all 192 miles of transmission line placed underground, but Eversource spokesmen say that would drive the cost of the project too high to be feasible. Martin Murray pointed out that an approved underground line in Vermont remains unbuilt, for lack of a supplier able to meet the expense. Northern Pass, on the other hand, has an agreement in hand for the purchase of Canadian power.

Eversource has been reluctant to provide actual costs for burying the line, and the new study would provide a factual basis for calculating those costs — at least for the portion of the line running through the Lakes Region towns.

In other business at their Aug. 15 meeting, Bristol selectmen agreed to hire Wendy Costigan as executive assistant and bookkeeper for the town; and they made offer to a candidate to serve as finance officer.

They also agreed to extend the contract with Gated Property Management for maintenance of Kelley Park and Central Square.

Selectmen are looking into the hiring of someone as a shared laborer to work with the water, sewer, and highway departments, with each department contributing an equal portion of the cost.

The Hemp Hill radio tower project, which was delayed when the bids came in higher than anticipated, remains unresolved. While the town received a new bid within the appropriated amount, there is a potential legal access problem that needs to be resolved.

The town's space needs committee, which has been reviewing the staff's needs and available buildings, has settled on an estimate of 6,500 square feet for a new municipal building — a size that would fit on the so-called Smith property which the town acquired adjacent to the current municipal building earlier this year.

The pavement in front of the property has been marked to indicate how the new building might fit on the site. Parking has not been determined, but with 20 spaces at the current

municipal building, the committee is considering having at least 50 spaces.

Moving town offices to the new building would allow the Bristol Police Department to expand throughout the current municipal building. At present, the department occupies part of the building, but is unable to provide proper separation of cells and work area, and there are other safety concerns.

Other matters discussed at the meeting included the coliform

bacteria found at the Breck-Plankey Spring, forcing the town to close it until the problem is resolved; and animal-related bacteria that forced the closing of Avery-Crouse Beach. Selectmen will be posting signs warning people not to feed the ducks, to which the bacteria are attributed.

Selectmen accepted an offer by John Sellers to donate six conference chairs he obtained from his company's closed office building.

Sellers reminded the selectmen that he had presented a plan nearly a year ago that would reconfigure how the cost of ambulance service is apportioned among the participating towns. Currently based on the number of calls in the preceding year, which causes fluctuations in the rates for the member towns, Sellers would have Bristol base its charges on the total population that the ambulance potentially serves. Selectmen have not yet taken up the proposal.



COURTESY

Bristol Summer Concerts continue with Annie & The Orphans

Local favorites "Annie & the Orphans" will be rocking the concert pavilion at Kelley Park in Bristol on Thursday night, Aug. 18 from 6:30 – 8 p.m. Summer concerts are sponsored by Hannaford of Bristol, and are free and open to all ages. Bring a blanket or chair - and even your dancing shoes - to enjoy a stroll down memory lane with music from the fabulous '50s and '60s. In case of inclement weather concert will be held at the Bristol Old Town Hall. More information at 744-2713.

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102nd Annual Danbury Fair

DANBURY — Mark your calendars for the 102nd annual Danbury Grange & Community Fair. Always held on the Saturday after Labor Day, this year's gala will be celebrated on Sept. 10. There will be fun and family activities from 7:30 a.m. to 10 p.m.

The day will begin with a pancake breakfast at the elementary school, followed by crafts and treasures sales, vegetable exhibits, food and games in the Grange Hall area. The parade will be at 11 a.m.

with line-up and judging beginning at 10 a.m. This year's theme will be "Famous American in History." Mary Lyn Ray, children's author will be selling and signing books in the Grange Hall while Lindsey Schust and the Ragged Mountain Band provide live entertainment outside. The ever-popular and exciting bed races will begin at 12:30 p.m., followed by the baby show and Dutch Auction in the Grange Hall. Horseshoes and tractor pulling will begin at 1

p.m. Evening activities begin with a home baked beans & ham supper in the Grange Hall from 4:30 – 7 p.m. The meal will include assorted homemade salads with homemade pies for dessert. Live bluegrass music will be provided by the wildly popular Cardigan Mountain Tradition followed by an entertaining live auction.

Blazing Star Grange #71 has been active in Danbury since 1867 and leads the organizing efforts for the fair.

The Danbury Grange & Community Fair is a chance to experience rural life at its best. Following tradition, the fair is made possible by the generosity and energy of many supporters and volunteers. Fair organizers urge 'Come One, Come All' to enjoy part or all of your day at the fair. For more info or to support the fair, email lisa.m.windsor@gmail.com, call 252-4440 or 630-0159. For a complete schedule of events, visit www.blazingstar-grange.org.



COURTESY

Mark your calendars for the 102nd annual Danbury Grange & Community Fair. Always held on the Saturday after Labor Day, this year's gala will be celebrated on Sept. 10. There will be fun and family activities from 7:30 a.m. to 10 p.m.

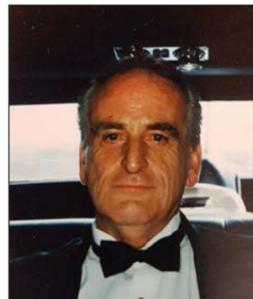
OBITUARIES

Robert Erwin Ray, 79

PLATTSMOUTH, Neb. — Robert "Bob" Erwin Ray, age 79, of Plattsouth, Neb. passed away on Thursday, Aug. 11, 2016 at the Golden Living Center in Plattsouth.

He was born on Aug. 7, 1937 to William H. and Adele M. (Barnett) Ray in Rumney.

Bob was raised and schooled in Plymouth, and graduated from Plymouth High School with the class of 1955. After graduating from high school, he worked various jobs and he joined the New Hampshire National Guard. He met Janice Marie Boisvert, and they were later married in 1959 in Plymouth. Bob secured a position at New Hamp-



shire Electric Co-op until he retired in 1999. Bob and Janice made their home Plymouth until 2006, when they moved to Plattsouth, NE after retiring to be near their children.

Bob was especially fond of music. He was well known as the lead singer and guitarist of the country western band, Bob Ray and the Country Travelers.

He is survived by

his daughter, Sheryl Ann Bain, and husband Bill of Plattsouth, Neb.; two sons, Michael Scott Ray of Plattsouth, Neb. and Stephen Douglas Ray of Plattsouth, Neb.; four grandchildren (Thomas Scott Carey, Laurel Bain, Jonathan Bain, and Alanna Bain); numerous nieces, nephews, cousins, and many friends.

He was preceded in death by his parents, William and Adele Ray; wife Janice Ray; son Allen Wade Ray; and brother William Ray.

A Private Family Memorial Service will be held at a later date.

The family suggests memorials to the American Lung Association.

Milton B. Hanks, 90

PLYMOUTH — Milton B. Hanks of Rumney and later Plymouth, died peacefully on Tuesday, July 26 at the New Hampshire Veterans Home in Tilton, where he happily resided for the past three years. Family was with him all day, and said final goodbyes with love just minutes prior to his death. Eighteen family members from across the country had just celebrated with Milton his 90th birthday at the Veterans Home on March 27.

Born March 27, 1926 in Rumney, Milton was the son of Gordon W. and Mildred (Barney) Hanks. After Plymouth High School, he served his country in the U.S. Navy's Construction Battalion on the island of Tinian. Milton helped build runways for the U.S. Air Force during the final stage of World War II. He then completed two years at a Christian college in Houghton, N.Y., where he met his future wife, Margaret Ann Hill, whom he nicknamed Peg. They married on Aug. 20, 1948 and made their home in Rumney.

In addition to being a father of five, Milton de-

livered bottled milk from Plymouth's Longview Dairy until 1965. He worked at Sprague Electric for several years, and was an insurance agent who always looked out for the very best interest of his clients. His last ten working years were at L.W. Packard in Ashland. Milton and Peg were a true team who also actively campaigned for all the conservative political candidates they believed in.

Wherever they were, both Milton and Peg's passion was to share God's tremendous love and His offer of salvation and eternal life with the people He put in their paths. And their mission throughout life was to follow Jesus' direct command to make disciples by teaching and training people personally, as Jesus did, to carry on His mission. Milton was a Sunday school teacher for most of his life, he and Peg were high school youth group leaders for 20 years, often led in-home Bible Studies and counseled with married couples of all ages. Milton also played the piano or organ and directed the church choir

for 25 years. Until he moved into the NHVH at age 86, Milton was still leading three weekly Bible studies in homes in the Rumney/Plymouth area.

Milton was predeceased by his loving wife Peg Hanks in 2013, and leaves behind his five children—Sharon Bremer of Lexington, Ky., Sandy Strang and Marilyn Greenwood both of West Swanzey, Nancy Barrett and husband Gordon of Anderson, Ind., and Thomas Hanks and wife Lois of Moultonborough. Milton also leaves behind a legacy of 10 grandchildren and 11 great-grandchildren.

There are no calling hours. The Memorial Service will be held at 11 a.m. Friday, Sept. 2, 2016 at the Rumney Baptist Church, 375 Main St. Arrangements are entrusted to Fournier-Hale Funeral Home. Milton's wish for joint interment with his wife will take place at Rumney's Immanuel Cemetery on School St. A luncheon courtesy of the RBC will follow at the church.

Online guestbook at www.fournier-hale.com.

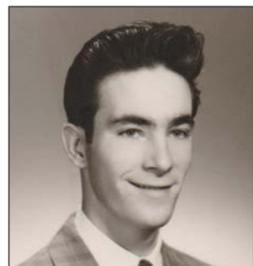
Roy E. Coleman, 72

WENTWORTH — Roy E. Coleman, 72, of Wentworth passed away on Aug. 13, 2016 after a short period of declining health.

He was born in Chicago Ill., the only child of Edwin and Margaret Coleman.

Raised in Stamford, Conn. and attending college there and after a brief career in the Rodeo, he met and started his family.

Roy moved to Wentworth in 1982 with his wife and children, and



worked hard to build his Homestead, Windy Acres Farm. He enjoyed being social and attending as many bluegrass festivals as possible. He will be missed by many.

He leaves his wife, Catherine of Glencliff;

his son Charles and his wife Sherrie of Dorchester; his daughter, Gloria Avery, and her husband Fred of Warren; his daughter, Jennifer Colle of Ashland; and his seven grandchildren (Devin, Ryan, Morgan, Brittany, Steven, Tyler and Andrew), along with Hannah and Hal Thompson, grandchildren by heart.

There will be a memorial celebration at the Warren Town Hall from 3 - 6 p.m. on Saturday, Aug. 20, 2016.

Looking Back...

10 years ago (Aug. 17, 2006)

PLYMOUTH — Town Administrator Elizabeth Corrow announced Monday she is resigning to become town manager in Bristol. Voters in Bristol adopted the town manager form of government last March, the only non-elected executive arrangement recognized by state law. The town manager system vests authority for supervising the town's departments under the town manager, who reports to the board of selectmen. The change was related to the effort to discontinue the town's controversial fire and police commissions.

50 years ago (August, 1966)

PLYMOUTH — It has been determined that snails were responsible for the numerous skin rashes swimmers in Fox Pond have been reporting for the past month. Measures have been taken to destroy the snails (though these measures have also killed the fish), but the pond has been closed for the season anyway.

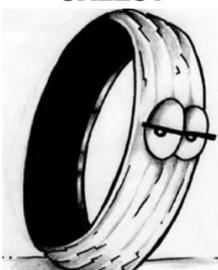
70 years ago (August, 1946)

ASHLAND — Pouring rain could not dampen the spirits of those attending the Ashland Reception Committee's Victory Celebration, in recognition of the first anniversary of VJ Day.



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Jack J. Barbera, Jr., 82

HOLDERNESS — Jack J. Barbera Jr., 82 died on August 9, 2016 at Speare Memorial Hospital in Plymouth following a period of declining health.

Born in Derby, Conn. on July 18, 1934, he was the son of Jack J. and Alba [Nardi] Barbera, Sr.

Jack was raised in Seymour, Conn., where he attended school and was a graduate of Seymour High School. He graduated Central Connecticut State University with a Bachelor of Science degree. Following college, he taught classes in Industrial

Arts at Glastonbury High School. For over 30 years, he was employed in the wire and cable industry as Vice President of Sales for Time Fiber Communications and then as owner of Wallingford Wire and Cable. He and his wife Shirley retired to Holderness in 1999.

Jack was an avid sailor, and he and his family spent summers cruising on their boat Sea Paws through New England waters. Known to some of his friends as WA1ZDV, he was an active ham radio operator for over 40 years. In his retirement years, he enjoyed woodworking and carving. Over the last few years, Jack was very active in several car clubs going on tours and to cruise nights.

He is survived by his wife, Shirley (Sarasin) Barbera of Holderness; two sons, Todd Barbera and his wife Heidi Herlihy of Marblehead, Mass., and Bryan Barbera and his wife Okon Hwang of Glastonbury, Conn.; four grandchildren; two sisters, Claudia Sullivan and Norma Barbera, both of Vernon, Conn.; and several nieces and nephews.

A memorial service was held at the First Free Will Baptist Church on Main Street in Ashland on Wednesday, Aug. 17, 2016 at 11 a.m. Donations in his memory may be made to the American Cancer Society. Dupuis Funeral Home in Ashland is handling the arrangements. For more information, go to Dupuisfuneralhome.com.

August 26, 1992

Margaret Brady Cushman

Sadly missed.

Your family and friends

August 26, 2016

Native painter's works on display

Works of Fred G. Quimby displayed during Old Home Week

BY ERIN PLUMMER
eplummer@salmonpress.com

SANDWICH — From portraits of loved ones to depictions of town landscapes, the works of artist Fred Quimby went on display during Old Home Week. It was an exhibit made possible by his family members, including those still living in town.

The Fred G. Quimby Painting Exhibit was open to the public at the Mt. Israel Grange from Aug. 7-16. The exhibit was part of the Sandwich Historical Society's summer theme of "Old Highways" North Sandwich to the Notch." Quimby was also featured as one of the Sandwich Historical Society's "Seven Wonders of Sandwich." His painting of Mt. Israel is on display at the Transportation Museum.

Fred Quimby painted the theater curtain that hangs in the Mt. Israel Grange. His granddaughter Betsy Leiper said that the curtain has been there so long that people have wondered about the artist.

Fred G. Quimby was born in 1863, a native of Sandwich, moving to Boston as a young man to make a living as a portrait painter. From the late 19th to the early 20th Century he would return to Sandwich many times, taking a great interest in the scenery around town.

Quimby settled in North Somerville, Mass. to raise a family. His grandchildren Betsy Leiper and Lee Quimby now live in Sandwich.

Susan Davies, head of Collections and Exhibits for the Sandwich Historical Society, Davies said Leiper came to her about doing this exhibit.

"She said we really should do an exhibit of my grandfather's things," Davies said.

Fred Quimby's portrait of Alfred P. Quimby is now at town hall and some of his portraits are also at the Smithsonian National Portrait Gallery.

Fred Quimby gave most of his paintings away to family members as presents. Leiper had a good number of

his paintings and Davies said Leiper has given some of these paintings to the Historical Society over the years.

Many of the paintings were scattered and away in storage for a long time.

"We know that there are a lot of his portraits running around, but it's hard to pinpoint them," Leiper said.

Leiper, her daughter Susan, and a number other family members worked to locate many of these paintings.

Some of the paintings were located in Long Meadow, Mass. Leiper and her daughter Susan took part in a nearly six hour road trip to Western Massachusetts to get them.

Local artist and framer Will Lehmann helped put up the paintings at the grange. Davies said this would have been a two to three day process, though with Lehmann's help it was accomplished in a day.

Davies also write the catalogue that was available at the display. Throughout the week Leiper and Lee Quimby would describe and tell stories behind the paintings.

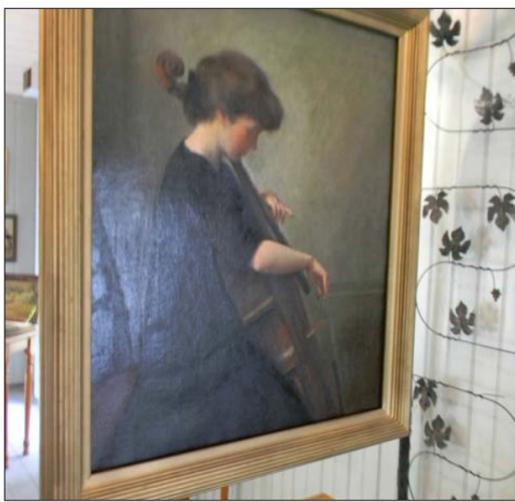
Fred Quimby would paint on most any available surface. His painting "Sandwich Dome" was done on the back of a cigar box. Works including "Sandwich Sunset" and "The Old Oak Tree" were done on wood shingles.

A few of his paintings were double sided. One of the paintings in the collection was a "Double Sided Portrait of Lucille and Arthur Quimby," portraits of Leiper's mother and Lee Quimby's father.

Leiper said Lucille was a musician with the Boston Conservatory of Music. She visited her father at his studio on Boylston Street and he painted her portrait. Later that afternoon Fred's son Arthur came home on leave from the Army. Fred flipped the canvas over and did a painting of his son.

Another portrait "The Young Fisherman" shows Arthur Quimby as a boy fishing from a canoe.

The exhibit showed Fred Quimby's paint-



Erin Plummer
Fred Quimby's portrait of his son Arthur (Upper Right) painted on the other side of the canvas as his portrait of his daughter Lucille (Above).



ERIN PLUMMER
Fred Quimby's easel and paint box, which were found in the Sandwich Historical Society a day before the exhibit opened.



ERIN PLUMMER
Cousins Betsy Leiper and Lee Quimby stand with a self-portrait done by their grandfather Fred Quimby, whose paintings were put on display at the Mt. Israel Grange.



ERIN PLUMMER
Fred Quimby painted this curtain, which has been at the Mt. Israel Grange for years.

ing "Mount Chocorua." Above it was a copy of the painting done by Lee Quimby's late son Jeff Quimby.

"He really had a wonderful talent with his hands," Lee Quimby said.

Both Leiper and Lee Quimby said it was extraordinary seeing their grandfather's works on display. They said their parents

SEE PAINTER PAGE A19

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NOTICE OF FORECLOSURE SALE

Reference is made to a Comprehensive Declaration of Covenants, Restrictions, and Easements for Cold Spring Properties, Inc., Ashland, New Hampshire dated October 23, 1980 and recorded at Book 1412 Page 450 in the Grafton County Registry of Deeds as amended by Amendment to Comprehensive Declaration of Covenants, Restrictions, Reservations and Easements for Cold Spring Properties, Inc., Ashland, N.H. dated January 22, 1982 and recorded at Book 1438, Page 895, and as further amended by Amendments to Declaration of Covenants and Restrictions for Cold Spring Properties, Inc., Ashland, New Hampshire dated February 5, 1988, and recorded in said registry at Book 1735, Page 0683 and as the same may be further amended from time to time ("The Declaration"), and in particular to Paragraph 10 in Part III of the Declaration, page 50, Book 1412, page 500 (hereinafter the "power of sale").

By virtue of the power of sale contained in the Declaration, Cold Spring Properties Townhouse Association, in execution of the power of sale and for breach of the conditions of the Declaration, and for the purpose of foreclosing the same, will sell at PUBLIC AUCTION on September 15, 2016 at 1:00 p.m. in Ashland, Grafton County, New Hampshire, on premises located at 460 North Ashland Road, New Hampshire, the premises, limited common area, common area, and furnishings of the following Persons (hereinafter referred to as "Mortgagors") which premises are hereafter described:

Owner	Village	Cluster	Unit	Interval
Robert Akerman	Lodge	1	E	43
David Curtis Arsenault	Lodge	1	B	15
Thomas A. Bergeron, Jr	Lodge	1	E	02
James & Stephanie Berlo				
Edward & Virginia McParland	Ropewalk East	2	A, Upper	09
James & Stephanie Berlo	Ropewalk East	2	C, Lower	08
Steven and Pamela Blais	Ropewalk East	4	D, Lower	33
Robert E. Blanchette	Ropewalk East	2	B, Lower	47
John J. Bolger				
c/o Tim Bolger	Ropewalk	1	A	04
Scott & Tracie Bolton	Springhouse	1	C	26
Elliot Bradley	Ropewalk East	5	B, Upper	48
Elliot Bradley	Ropewalk East	5	B, Upper	07
Irene Carey	Ropewalk East	3	B, Lower	21
Brittney & Christopher Cassidy	Reach	4	B	17
Brittney & Christopher Cassidy	Ropewalk East	3	B, Upper	43
Teresa & Soon Chin	Reach	1	C	14
Sharon A. Clarke & Kathleen Crosskey	Ropewalk East	3	A, Upper	48
Wayne Clement				
c/o Doreen Clement	Ropewalk East	5	D, Upper	30
Denise Cochran	Ropewalk East	2	D, Lower	08
Katie G. Conroy	Ropewalk East	1	D, Upper	45
Bernice Contarino	Reach	3	B	18
Bernice Contarino	Ropewalk East	8	A, Upper	36
Christian & Iva Conquoz	Reach	3	B	10
Christian Conquoz	Ropewalk East	8	A, Upper	10
Christian Conquoz	Ropewalk East	8	D, Upper	10
David & Susan M. Cormier				
c/o Janet Cormier	Ropewalk East	8	C, Upper	40
Jadyn M. Crouch	Ropewalk East	2	C, Lower	17
Kenneth Cunningham				
Dawn Cunningham				
Victoria Adams	Ropewalk East	3	B, Upper	41
Stephen Daudelin	Springhouse	1	A	35
Kyle Davis				
Cindy, Hannah & Ainsley Davis	Ropewalk East	4	B, Upper	16
Cecilia Dellaria				
Rita Norton	Ropewalk East	3	C, Lower	22
Patricia M. Donaghue				
c/o Scott & Mary Sullivan	Ropewalk East	8	D, Lower	23
Michael Dudley				
Tomora Dudley	Ropewalk East	4	A, Lower	17
Chester & Donna Farland	Ropewalk	1	A	09
Chester & Donna Farland	Ropewalk East	3	C, Upper	26
Lisa Fitzgerald	Lodge	1	E	47
William & Virginia Fonseca	Ropewalk East	3	A, Lower	29
Sage Forteen LLC	Springhouse	1	A	02
Brian Fuller	Ropewalk East	1	D, Upper	03
Dennis L. Fusco	Ropewalk East	4	C, Upper	01
Ronald John Golini	Ropewalk East	5	D, Upper	04
Denise Goodreau	Springhouse	1	C	16
Denise Goodreau				
Melanie A. Chapin	Ropewalk East	4	D, Lower	45
Denise Goodreau				
c/o Melanie A. Chapin	Ropewalk East	3	D, Lower	35
Melissa Graves				
Jeffrey Peterson	Ropewalk East	2	D, Upper	18
David Grinnell	Springhouse	2	B	42
David Grinnell	Ropewalk East	3	D, Upper	23
John and Linda A. Gromko	Ropewalk East	4	B, Upper	06
John and Linda A. Gromko	Lodge	1	B	32
Harold and Marjorie C. Hamilton				
c/o Leslie Hamilton	Ropewalk East	4	C, Lower	27
Amy Henline	Reach	2	C	07
Darlene J. Hine	Lodge	1	C	16
Christopher Holden	Ropewalk East	5	C, Lower	33
Wendi & Mark Hutchinson	Ropewalk East	5	D, Lower	12
Michelle Johnston	Ropewalk East	3	B, Upper	22
Thelma & Robert C. Johnson				
c/o Linda Zimmerman	Ropewalk East	1	B, Lower	41
Susan Kahn	Reach	2	C	35
Stephen & Laurie Kostopoulos	Ropewalk East	2	B, Upper	10
Mary Kroll	Ropewalk East	2	B, Lower	43
Michelle L. & John G. LaFlamme	Ropewalk East	5	A, Upper	19
Lori Langer				
Berk Atmaca	Ropewalk East	2	C, Lower	32
Alyssa Laurie	Springhouse	2	A	39
Stephen & Judy Letteri	Ropewalk East	4	C, Lower	07
Richard Little	Ropewalk East	2	C, Upper	16
Gail MacDonald	Ropewalk East	1	B, Lower	43
John & Beverly J. Machardy	Reach	2	B	35
John & Beverly J. Machardy	Reach	2	A	34
Philip & Cheryl A. MacPhee				
Matthew & Stephen MacPhee	Ropewalk East	1	A, Lower	41
Philip & Cheryl A. MacPhee	Ropewalk East	2	D, Upper	36
Philip & Cheryl A. MacPhee	Lodge	1	F	23
Jennifer Martino				
Jovani Valentin	Springhouse	1	C	44
Colleen McCaleb	Reach	2	A	11
Dennis J. & Joanne McDonough	Lodge	1	G	04
Christie & Erik McLeod	Ropewalk East	2	A, Upper	30
Vincent & Lucille Milley	Springhouse	2	B	22
Vincent & Lucille Milley	Ropewalk East	4	A, Lower	41
Dean Milliner	Ropewalk East	8	B, Upper	27
Theodore & Marilyn R. Moller				
Carol & Henry Thornton	Ropewalk East	2	A, Upper	21
David Russell & Beth Ellen Morris	Ropewalk East	1	A, Lower	34
Kathy A. & Ken Mrowka	Ropewalk East	4	D, Upper	44
Adrian Munoz-Bennett	Ropewalk East	2	B, Upper	38
Henry & Patricia Nickson	Reach	4	A	20
Diane Noke				
fka Diane Smith				
Frederick Smith	Reach	2	B	19
Gale A. Pendergast	Ropewalk East	4	D, Lower	03
Richard Piscione				
Virginia A. Defelice	Springhouse	2	A	22
Richard Piscione				
Virginia A. Defelice	Ropewalk East	4	B, Lower	03
Brian M. and Sharon L. Quirk	Ropewalk East	1	C, Lower	47
Abigail Rabon	Ropewalk East	5	A, Lower	43
Richard and Diane C. Raiche	Ropewalk	1	A	35
Victor Raniert				
David Grinnell	Ropewalk East	5	C, Lower	11
Jodi Reath	Ropewalk East	5	C, Upper	43
Stephen Sacchetti				
Marguerite A. Barry	Reach	3	C	04
Thomas Santoro				
Talmage Hilton	Ropewalk East	3	A, Lower	41
Linda & Thomas Santoro, Sr.	Ropewalk East	3	A, Upper	42
Clayton F. & Kimberley A.P. Sargent	Ropewalk	1	A	49
Kathleen Schena	Ropewalk East	3	B, Upper	27
Virginia Sears	Reach	2	B	16
Arline Shively fka Arline Chatman				
c/o Private Prof Guardian	Springhouse	1	A	11
Thomas & Helen Simpson				
c/o Lina Lareau	Reach	2	A	36
Richard & Priscilla Small	Ropewalk East	5	A, Lower	09
Tori L. Smith	Ropewalk East	3	B, Upper	15
William J. & Beverly A. St. Onge	Ropewalk East	1	A, Lower	50
Cynthia Stearns	Ropewalk East	3	B, Lower	49
Florence & Edward Stearns	Ropewalk East	2	D, Lower	32
Florence Stearns	Ropewalk East	1	C, Lower	10
Jane Stohn				
William T. Stohn				
Trustees-WT&JS Stohn Family Trust	Ropewalk East	3	B, Lower	03
Mary Sullivan	Ropewalk East	8	A, Upper	26
Beverly Kroll Sweeney				
fka Beverly Kroll	Ropewalk East	1	B, Lower	38
William Tashieko	Lodge	1	F	01
Robert J. & Donna L. Tice	Reach	4	D	18
D. Gregory & Rachel Truss	Lodge	1	A	04
James & Phyllis A. Vannest	Reach	2	A	09
Julia Walker	Ropewalk East	5	C, Lower	17
Nancy M. & Raymond Withey, III	Lodge	1	E	23
Raymond J. & Anne E. Wujcik	Reach	4	D	11
All Real Estate Ownership, Inc.	Reach	4	D	11

The terms of each sale are deposit to bid of \$500.00 with the balance due at closing, closing in thirty (30) days, no prorations, the sale is AS IS with no warranties and no representations of any kind.

Liens and Encumbrances: The Mortgaged Premises shall be sold subject to all liens and encumbrances entitled to precedence over the Declaration including, but not limited to, all unpaid taxes and all liens for hazardous waste cleanup asserted by the United States of America, the State of New Hampshire, or any other political subdivision thereof.

Terms of Sale: To qualify to bid, bidders must place the deposit with the auctioneer in cash, by certified check or other form of payment acceptable to the Mortgagee prior to the commencement of the auction sale. The deposits placed by unsuccessful bidders shall be returned to those bidders at the conclusion of the sale. The balance of the purchase price must be paid in full by the successful bidder in cash or by certified check on or before the thirtieth (30th) day after the date of the sale. If the successful bidder fails to complete the purchase of the Mortgaged Premises on or before the thirtieth (30th) day after the date of the sale, then the Mortgagee may, at its option, retain the deposit in full as reasonable liquidated damages. Conveyance of the Mortgaged Premises shall be by foreclosure deed. The foreclosure deed shall be delivered to the successful bidder upon the Mortgagee's receipt of the balance of the purchase price. The successful bidder shall execute a foreclosure sale agreement at the conclusion of the auction. The foreclosure sale agreement shall provide, among other things, that the purchaser shall waive any claim for consequential or other damages (other than the return of its deposit) in the event of any claim of breach of the agreement by Mortgagee. The foreclosure sale agreement shall provide that in the event of the Purchaser's default, then the Mortgagee may at its sole option, in lieu of all other remedies receive an assignment of the rights of the Purchaser under the foreclosure sale agreement and the purchaser's bid.

Exclusion of Warranties: Except for warranties arising by operation of law, the conveyance of the Mortgaged Premises will be made by the Mortgagee and accepted by the successful bidder without any other expressed or implied representations or warranties whatsoever including, without limitation, representations or warranties relating to title, possession, recitation of acreage and hazardous waste.

Reservation of Rights: The Mortgagee reserves the right to (1) cancel or continue the foreclosure sale to such later date as the Mortgagee may deem desirable; (2) bid on and purchase the Mortgaged Premises at the foreclosure sale; (3) reject any and all bids for the Mortgaged Premises; (4) waive reading this notice or any portion thereof at the foreclosure sale; and (5) amend or alter the terms of sale stated in this notice by oral or written announcement made at any time before or during the foreclosure sale. Such changes or amendments shall be binding on all bidders.

To each Mortgagor or any other person claiming a lien or encumbrance against any Mortgaged Premises: YOU ARE HEREBY NOTIFIED THAT YOU HAVE A RIGHT TO PETITION THE SUPERIOR COURT FOR THE COUNTY IN WHICH THE MORTGAGED PREMISES ARE SITUATED, WITH SERVICE UPON THE MORTGAGEE, AND UPON SUCH BOND AS THE COURT MAY REQUIRE, TO ENJOIN THE SCHEDULED FORECLOSURE SALE.

For further information regarding the sale contact Corinne Peltier, (603) 536-4600.

Cold Spring Properties Townhouse Association
By its attorneys
Ford & McPartlin, P.A.

By: /s/ Edmond J. Ford
Edmond J. Ford

Date: August 12, 2016

Hebron Historical Society hosting program on stone walls Saturday

HEBRON — On Saturday evening, Aug. 20, the Hebron Historical Society will sponsor a presentation by Kevin Gardner entitled "Discovering New England Stone Walls."

Mr. Gardner is a writer, teacher, tradesman, and a lifelong resident of Hopkinton. For more than 30 years, he has been a stone wall builder in a family business widely known for traditional New England stonework, particularly

for historic restoration of antique structures.

In 2001, Gardner published "The Granite Kiss: Traditions and Techniques of Building New England Stone Walls." In addition, he has appeared on New Hampshire Public Radio and a syndicated nation radio series about New England's regional literature. Furthermore, he is a professional actor, director and teacher of theater and has taught at the New Hampton

School, the New Hampshire Institute of Art, St. Paul's School and is a regular guest director at PSU.

During his talk, Gardner will explain how and why New England came to acquire its thousands of miles of stone walls, the manner in which they and other dry stone structures were built, how their styles emerged and changed over time and their significance to the New England land-

SEE HISTORICAL PAGE A20

THE STATE OF NEW HAMPSHIRE
Judicial Branch
2nd Circuit-Probate Division-
Haverhill

APPOINTMENT OF FIDUCIARIES

Notice is hereby given that the hereinafter listed have been duly appointed by the Judge of Probate for Grafton County.

McMENIMEN, George C., also known as George C. McMenimen, Jr., late of Plymouth. Jean McMenimen Laverdiere, 15 Sandy Lane, Newmarket, NH 03857
Executor. Case #315-2016-ET-00322

All persons having claims against said estate are requested to exhibit them for payment and all indebted to make payment. Dated at Haverhill on the 12th day of August A.D. 2016
BY ORDER OF THE COURT

/s/ Pamela G. Kozlowski, Clerk

Kingston FROM PAGE A4

has roused audiences worldwide for more than 50 years.

The Kingston Trio was the overnight success that sparked a folk revival and influenced such legendary musicians as Bob Dylan, The Byrds, and Joan Baez. They have recorded over 400 songs, including "Tom Dooley," which earned them the Grammy Award for Best Country and Western Recording in 1959. That same year, Billboard magazine listed four

of The Kingston Trio's albums among the Top Ten, a feat unsurpassed for more than 50 years. Other hits include the fanciful "Mr. Reverend Black," the freewheeling "The Tijuana Jail," and "MTA," a lively ditty about a man who boards a bus and disappears.

The Kingston Trio weaves vivid tales with universal appeal, and their timeless sound continues to reap accolades. In 2000, The Kingston Trio was inducted into the Vocal Group Hall of Fame. Eight years later, they were inducted into the Hit Parade Hall of Fame. They also received the Grammy Lifetime Achievement Award in 2010.

More than a half century after "Tom Dooley" shot to the top of the charts, the Trio is still on the road thirty weeks a year, bringing back all the great memories and making new ones.

Tickets for The Kingston Trio are \$39 and \$45 for premier seating. For more information on upcoming shows or to purchase tickets call the box office at 536-2551 or go online at www.flyingmonkeyNH.com.

SPEARE MEMORIAL HOSPITAL ASSOCIATION NOTICE OF ANNUAL MEETING

Notice is hereby given to members of Speare Memorial Hospital Association that the 2016 Annual Meeting will be held:

When: Wednesday, October 12, 2016 at 5 p.m.

Where: Common Man Inn & Spa, Plymouth, NH

TOWN OF CAMPTON ZONING BOARD OF ADJUSTMENT PUBLIC NOTICE

The Campton Zoning Board of Adjustment will hold a Public Hearing on Tuesday, August 30, 2016 at 6:30 PM, at the Campton Municipal Building, 12 Gearty Way, relative to the following:

- Application for a Variance under Article 4, Section A 10 of the Zoning Ordinance - Variance of 15 1/2 feet from the set-back from the road, for a Porch - Jack & Sally Sheffield 786 Bog Road Map & Lot # 8.3.18

May Brosseau
Campton Zoning Board of Adjustment

WALTER I. LEE EDUCATIONAL FUND

Applications for a grant from the Walter I. Lee Educational Fund are being accepted by the Campton School Board during the month of August.

Applicants must be high school graduates, residents of the Town of Campton and have attended Campton Elementary School.

The grants are available for attendance at college, nursing school, vocational school etc. The schools must be accredited and the student must be enrolled at the time when he/she applies for the grant.

Applicants may write to any member of the Campton School Board, stating where they are enrolled for the current academic year and requesting a grant.

Applications must be deposited no later than **September 1**. Grants will be decided at the September School Board Meeting. Payment will be made when the student notifies the Board by letter, of the successful completion of the first semester at his/her chosen school.

Campton School Board Members

Kelly Wieser
Danny Desrosiers
Kevin Hamilton
Jonathan Healy
Donna Hiiltz

Campton Elementary School
1110 NH Rte 175
Campton, NH 03223

THE STATE OF NEW HAMPSHIRE

Judicial Branch
2nd Circuit-Probate
Division-Haverhill

APPOINTMENT OF FIDUCIARIES

Notice is hereby given that the hereinafter listed have been duly appointed by the Judge of Probate for Grafton County.

PERREAULT, Robert L., late of Bristol. Patricia A. Perreault, 12 Bay Street, Laconia, NH 03246 Administrator. Case #315-2016-ET-00374

YINGER, Pamela K., late of Groton. Peter B. Yinger, 4097 Naranjo Drive, Santa Barbara, CA 93110 Executor. Judith A. Dodge, 955 West Shore Road Box 69, Alexandria, NH 03222 Resident Agent. Case #315-2016-ET-00308

GOODWIN, Barbara A., late of Groton. Christina Goodwin, 1204 No. Groton Road, Rumney, NH 03266 Executor. Case #315-2016-ET-00399

BOXER, Stephen Edward, late of Lincoln. Lori Stevens, 71 Easterly Road #3, Lincoln, NH 03251 Administrator. Case #315-2016-ET-00398

All persons having claims against said estate are requested to exhibit them for payment and all indebted to make payment. Dated at Haverhill on the 5th day of August A.D. 2016
BY ORDER OF THE COURT

/s/ Pamela G. Kozlowski, Clerk



COURTESY

Summer camp comes to an end

ASDC enjoyed their last week of camp by going to the beach, flying kites, playing Hungry, Hungry Hippos, competing in a fireman relay and they ended their summer with a trip to Smitty's Cinema.

Rumney

FROM PAGE A1

to pay for their school field trip. The Baptist Church offered many delicious baked goods for sale.

Residents strolled along the Town Common as the Baker Valley band played old favorites like "It's a Grand Old Flag" and Neil Diamond's classic "Sweet Caroline," which has enjoyed a second life in recent years as the unofficial anthem of the Boston Red Sox. Children gathered around the fountain with mini fishing poles to catch toy fish. Local craftsmen and town organizations set up booths to sell goods and showcase their good works. In addition to the festivities on the Town Common, the library held a book sale and the historical society displayed artifacts and exhibits for the whole town to see.

Visitors had a great time despite the rainy weather.

Eleven year old Rhiannon said, "No, I don't mind the rain. It was definitely worth it."

Due to the rain, organizers postponed the evening activities planned for the Russell School,



JULIA BLANK

Esther Ward, Kristina Beadle, and Bonnie Beadle

including fireworks, an ice cream social, and a frying pan toss. Instead, the town enjoyed a community dinner at the Rumney Baptist Church. The fireworks and other evening festivities have been rescheduled for Friday, Aug. 19 at 7 p.m. at the Russell School.

Rumney Old Home Day has been a 100 year tradition. This year, they celebrated 249 years of Rumney history and town pride.

Organizer Gail Carr said, "Old Home Day in Rumney is a tradition that has been going on for close to 100 years and we always say folks from away come back for the day."

The chance to catch up with old friends and new is one the things people look forward to at



JULIA BLANK

Emily, age 11, of Girl Scout Troop 22448

this event. Resident Kristina Beadle said, "My favorite part is meeting people and seeing people you only see at Old Home Day."

Carr and the entire staff of the Old Home Day celebration said they wanted to give a special thank you to the people who made the day very special.

"It always takes many hands to make the Old Home Day turn out just right," Carr said. "This year, we had the weather working against us, but we did manage to pull off a great parade and many of our day's activities. We would like to thank the Rumney Fire



JULIA BLANK

Miah, age 15, and Helen, age 14.

Department and Ladies Auxiliary, Rumney Baptist Church, Byron G. Merrill Library Staff, Historical Society, Highway Department, Police Department, Russell Elementary School staff, Town Office Staff, all the crafters and vendors that were on the common, the businesses that donated their time and contributions to our raffles, Dead River Company, Ron from Ron's Wood, Wal-Mart, and Wade Reed. Also all the people that provided a service or entertainment on the program. It could not have happened without all of your help. To our great committee and helpers a big thank



JULIA BLANK

Frank and Silvia Kinne at their jewelry sales table.

you to each and everyone. You are very important and much appreciated for all you do to make this event happen."



JULIA BLANK

The Baker Valley Band performs.

Everyone in attendance would agree that the day was an amazing celebration of tradition, community, and friendship.

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Obituaries and Announcements of special events such as weddings, engagements, and anniversaries are published FREE OF CHARGE in any/all Salmon Press newspapers.

Obituaries can be sent to: obituaries@salmonpress.com Wedding, engagement, and anniversary announcements are welcome at: weddings@salmonpress.com

Photos are also welcome, but must be submitted in jpeg format.

Please contact Executive Editor Brendan Berube at (603) 279-4516, ext. 111 with any questions regarding the submission process.

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Living Well

Protect your joints and prevent pain

Joints play vital roles in the human body, forming the connections between bones and facilitating movement. Damage to the joints can be especially painful, and that damage may result from conditions such as osteoarthritis or gout.

While not all joint pain is debilitating, the discomfort of joint pain



Swimming is a great workout that can alleviate pain and reduce stress on the joints.

is such that it's wise for adults to take steps to protect their joints with the hope of preventing joint pain down the road. Recognizing that joint pain can negatively affect quality of life, the Arthritis Foundation offers the following joint protection tips to men and women.

- Forgo fashion with regard to footwear. When women choose their footwear, fashion should not be their top priority. According to the Arthritis Foundation, three-inch heels stress the feet seven times more than one-inch heels and heels put additional stress on knees, possibly increasing women's risk for osteoarthritis. Though heels may be fashionable, the risk of developing joint pain is not worth making the fashion statement.

- Get some green in your diet. A healthy diet

pays numerous dividends, but many may not know that a healthy diet can help prevent joint pain. Green vegetables such as spinach, broccoli, kale and parsley are high in calcium and can reduce age-related bone loss while also slowing cartilage destruction.

- Shed those extra pounds. If you start including more healthy vegetables in your diet, you might just start to lose a little weight as well. Such weight loss also can help your joints, as the AF notes that every extra pound a person gains puts four times the stress on his or her knees. The AF also notes that research has shown that losing as little as 11 pounds can reduce a person's risk of osteoarthritis of the knee by 50 percent.

- Hit the pool. Swimming is a great full-body

workout and can be especially helpful to the joints. The buoyancy of water supports the body's weight, reducing stress on the joints and minimizing pain as a result. If possible, swimmers already experiencing pain should swim in heated pools, which can help relieve pain. While you can still benefit from swimming in pools with colder temperatures, cold water may not soothe the joints like warm water can.

- Take breaks at work. Many people develop joint pain thanks to their jobs. If you spend all day sitting at a desk or standing on your feet, try to find a greater balance between the two. Joints can grow stiff from sitting all day, while standing throughout your work day can stress the joints. Take a short break every 30 minutes to stand up and walk around if you spend most of your day at a desk. If you stand a lot at your job, stop to sit down for a few minutes once every half hour.

Joint pain and aging do not have to go hand in hand. More information about joint pain is available at www.arthritis.org.

UPCOMING TOURS FROM NH

Tours depart from Concord, NH

Additional 2016 Tours:

- Mystic & CT River Valley**
Sept 25-27
- Hudson River Valley**
Oct 4-7
- JERSEY BOYS in Boston**
Oct 16
- Mt. Washington Valley & PSO Magic of Christmas Show**
Dec 8-9

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Artist

FROM PAGE A4

and teaches art and design to youth and adults. She is currently an adjunct member of the interdisciplinary fine art faculty at the University of Maine in Machias. She has received numerous awards for her work, including a Jerome Foundation Fellowship, several Special Opportunity Stipends through the New York Foundation for the Arts, artist in residency grants

through the New York Council on the Arts and National Park Service, and an Individual Grant Award from Cornell University Council of Creative Arts. She has exhibited widely in New England and New York. Her work is represented by The Gallery at Somes Sound in Mt. Desert, and the Maine Farmland Trust Gallery in Belfast, Maine.

In addition to summer painting time, Jude will return in January 2017 to work on a special

project with resident scientists and Forest Service staff.

The Artist in Residence program is a partnership between the White Mountain National Forest and the Arts Alliance of Northern New Hampshire. Read more about Jude and the program at www.aannh.org. For additional information, or to be included on a list of upcoming programs, contact the Arts Alliance at 323-7302, info@aannh.org.

Painter

FROM PAGE A15

would have been really happy with the exhibit. "I think this is such a fitting place to have it," Leiper said.

From when the show

opened to Sunday afternoon, around 229 people had signed their names in the guestbook.

A video will be made of the exhibit that will be available through the historical society. This will allow people

who were unable to view the exhibit to see the works.

The exhibit ended on Aug. 16. The paintings will go back to family members and some will stay with the Historical Society.

Yard Sale

FROM PAGE A1

to show that they have supported the Housing 4 Our Veterans Fund.

Maps will be sold for only \$2 at Community Sites and downtown Plymouth starting at 9 a.m. on the day of the sale. Early birds are not encouraged. Signs will direct shoppers to the map locations.

Yard Sale Participants keep all the money they make. Only money from sponsorships, donations, registration fees and map sales will go to the Housing 4 Our Veterans Fund at The Bridge House.

The Bridge House at Whole Village is a 20-plus bed homeless shelter serving the men, women and children of the

Lakes Region, Grafton County and North Country New Hampshire as they work to transition from homelessness to permanent homes. The Bridge House has a unique commitment to homeless veterans, who are never turned away, and to the national mandate to end veteran homelessness. The yard sale beneficiary Housing 4 our Veterans Fund created by The Bridge House helps a veteran pay for activities of daily living, reducing the victimization of poverty and securing greater success in the pursuit of independent living. Assistance with handicap needs, personal care and preparing for a job interview are examples. The Bridge House embraces an unconditional com-

mitment to individuals who have served in the military. No matter how full the House is, every veteran is welcomed and served.

Registration forms are available at The Bridge House, the Grafton County Senior Center, by mail or email. You may also register on <http://tbhshelter.org/events/> by PayPal. Make checks payable to "Housing 4 Our Veterans" with "Yard Sale" on the memo line. Deliver or mail forms and checks to:

The Bridge House
ATT: Yard Sale
260 Highland Street
Plymouth, NH 03264

For detailed information or to obtain registration forms contact: sheila@coppertoppe.com or 744-5036.

SUPER SENIORS

Living Well

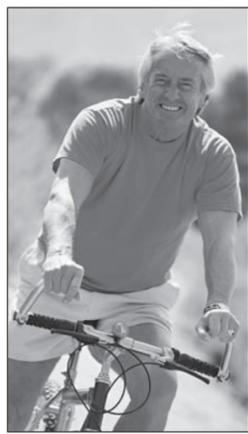
Popular sports for seniors

Age doesn't have to stop older men and women from enjoying their favorite sports. In fact, remaining active can improve physical and mental health.

If a doctor has confirmed that it is okay to participate in sports, these activities can help men and women 50 and older enjoy friendly competition and physical activity.

Fishing

Fishing is more than just a leisurely day at the lake. Casting and reeling in your catch provides a good workout for the arms, legs



and core muscles of the body. If you fish on the water, rowing out to your lucky spot provides additional cardiovascular exercise.

Golf

Golf is enjoyed by people of all ages. Requiring a combination of strategy and skill, golf also pays several physical dividends. Play at your own pace, taking your time walking from hole to hole so you can enjoy the sunshine and soak in the beauty of the course.

Swimming

A few laps around a pool works your whole

body. Swimming is attractive to seniors because it works the muscles and provides a cardiovascular jolt without putting any strain on the joints.

Cycling

Many seniors are avid cyclists. You can ride a bicycle in competition or for pleasure. You can even vary your route depending on how physically intense you want the ride

to be.

Seniors need not abandon their love of sport just because Fa-

ther Time is catching up with them. Many sports can be enjoyed by athletes of all ages.

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Garden

FROM PAGE A1

pumpkins, zucchini, beans, radishes, and cucumbers for the McLouds. They even added some gladiolas along the front of the garden.

"They chose what they wanted us to plant, and I added some Hubbard Squash from my garden," said Sumaj.

It was no small undertaking for the young teens, though. They have spent one to two days a week tending to the plants for anywhere from 4-5 hours at a time, said Hunter McLoud, who is no relation to the

family.

"It's no big deal though. We still have time to enjoy our summer," Hunter added.

Besides weeding, thinning young sprouts and harvesting crops as they grow, this year's drought conditions meant they have had to haul buckets of water from either Charlie's house or their own to keep things green and growing in the garden.

"The heat this year has really been the only bad part of this," said Hunter.

"But that's okay because through all the hardships we've been

doing this with friends and for Charlie," added Dianne.

Julia Ahern is another member of the group who wanted to give something back to Charlie and Lois, and she was pleased to know that she and her friends had 100-percent support from their parents.

"My dad thought this was a great learning experience for all of us," Julia said.

The group said Charlie and Lois have enjoyed the fruits of their labor and have expressed their gratitude for all they have done in providing them with

fresh vegetables this year. The couple can once again stroll over to the garden to pick what they need for their own meals or community dinners, and what is left over they ask teens take home to share with their own families.

"We definitely want to do this again next year, and Charlie told us he wants to move our garden back across the street to the old pumpkin patch we used to plant when we were in first grade," said Sumaj.

Sumaj's father, Ben Billin, is one of the parents who have helped support the students in

their volunteerism, and said he couldn't be more proud of them all.

"This is a phenomenal group of kids who are going to do some incredible things in their future. They even appeared before the selectmen in Plymouth a couple weeks ago where they were recognized for all they are doing here," Billin said.

For her part in the "Every Day Counts in Charlie's Garden" project, he applauded Karen

McLoud, whom he considers a gifted teacher who always goes above and beyond in her classroom, but he also had plenty of praise for her father-in-law.

"Charlie has done so many incredible things over the years by being such a positive influence for these kids, too. I think it's wonderful that my daughter and her friends want to do something for him now and I'm really proud of them all," Billin said.

Historical

FROM PAGE A16

scape. Along the way, he will occupy himself by building a miniature stone wall on a tabletop using small stones.

The program will be held in the Hebron Community Hall (16 Church Lane in the basement of the Union Congregational Church), which is directly across North Shore Road from the He-

bron Common and is fully handicap accessible. The evening will begin with a pot luck supper at 5:30 p.m., followed by the featured presentation at 6:30 p.m.

Mr. Gardner's presentation is supported by a grant from the New Hampshire Humanities Council, and is open to the public without charge.

For more information, please call 744-3335.

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Cory Snyder named to US Telemark World Cup Team

Devon Wright named to Development Team

ROWAYTON, Conn. — The United States Telemark Ski Association (USTSA) announced the rosters for the 2016-2017 US Telemark Teams. There are three team levels with two top racers named to the World Cup Team. Sixteen were named to the US Team and another seventeen to the Development Team.

Two veteran team members will fill the World Cup Team positions this year. These team members will be competing in at least one of the World Cup events to be hosted in Europe this upcoming season, as well as in Nationals and various domestic races. The 2014 national champion, Cory Snyder of Franconia, plans to attend as many World Cup events as possible this season while also continuing to work towards his Master's degree at Montana State University. The 2016 national champion and fellow Montana transplant, Tanner Visnick of Steamboat Springs, Colo. will be balancing the role of racer with that of a college junior at Montana State University. Visnick and Snyder return to the World Cup Team after strong performances in 2015/2016 and each achieving a Top 10 finish at the World Cup Final in Mur-



COURTESY

Franconia's Cory Snyder is once again on the US Telemark Team for 2016-2017.

ren, Switzerland. The National Team is comprised of two women and 14 men. This team will focus its racing on US events although some may travel to Europe for World Cup races as well. Farli Boden of Sandpoint, Idaho, and Melinda Long of Rowayton, Conn. will vie for the place of fastest female team member this season. Boden is a rising junior at Sandpoint High School and also competes in alpine races as well. Boden will continue to perfect her technique with the goal of working up to the

World Cup Team in the future. Long will continue to build off of a strong first season, which consisted of four top three placements. Leading the men's US Team are Jeffrey Gay, the 2015 national champion, Tommy Gogolen the third place finisher at 2016 Nationals. This strong group will provide leadership and experience at this season's domestic races. Returning National Team veterans also include Garrett Long of Rowayton, Conn. and Dylan We-

glarz of Durham. New to the National Team this year is Nicolas Belissent of Chamonix Mt. Blanc, France. Born in Santa Clara, Calif., he will be competing in multiple World Cup events this winter thanks to his advantageous position in Chamonix. New members of the National Team demonstrated strong performances over the season and at Nationals and include: Henry Barth of Glenwood Springs, Colo.; Nathan Fogell of Alton; Cedar Mattole of Whitefish, Mt.; Hardy Merrill of Warren, Vt.; Norm Miller of Rochester, N.Y.; Keith Radick of Guilford, Conn.; Keith Rodney of Wilmington,

Vt.; and Steve Weglarz of Durham. This season the Development team has been revamped and now combines junior members working to develop their skills and senior racers looking to help grow and develop the sport in one team, which includes four women and 13 men. The women on the team are Taylor Finn, Colorado Springs, Colo.; Tabi Freedman, New York, N.Y.; Danielle Huckabone, Amherst; Linda Pilliod Jacob, Laconia; Jake Badway, Westborough, Mass.; Stefan Bagnato, Albany, N.Y.; William "Chip" Dorroh, Cascade, Idaho; Miles Fey, New Boston; Michael Foote, Laconia;

Sam Garber, Wellesley, Mass.; Rick Hirsch, Golden, Colo.; Dan Kenerson, Sugar Hill; Aren Moynihan, Keene; Jason Naylor, Chester, Conn.; Jack Rosenthal, Steamboat Springs, Colo.; Griffin Wagner, Cambridge, Mass.; and Devon Wright, Camp-

ton. The US Team athletes will compete in regional, national and World Cup Telemark events this coming winter. Dates for regional races and the National Championships will be posted to the USTSA web site in early fall.

For athlete's biographies and upcoming race information, visit www.ustsa.org.

Cofran to serve as NHADA President

CONCORD — Newfound Regional High School Athletic Director Pete Cofran has started his two-year term as President of the New Hampshire Athletic Director's Association. Cofran was the First Vice-President for the past two years and is entering his 10th year as the NRHS Athletic Director.

Cofran is a Certified Athletic Administrator, as well as a Registered Middle School Athletic Administrator. He has served on NHIAA committees since 1978, including the Softball, Eligibility, Below 9th Grade, 2004 Strategic Plan, Coaches Education, Building and the Executive Council. He is presently on the Football

Committee and Chair of the Awards Committee. He coached varsity softball at Plymouth AREA and Plymouth Regional High School for 25 years and girls' basketball for 12. Cofran is a past President of the New Hampshire Coaches Association, as well as the New Hampshire Softball Coaches Association.

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Left to right: Attorneys Joe Driscoll, Lissa Mascio, Kristin Fields and David Osman



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PHOTO BY TARA GILES

Twelve-year-old Madison McLaren of Sugar Hill completed the Top Notch Triathlon on Aug. 6, taking third place in her division for females in the under 19 age group category.

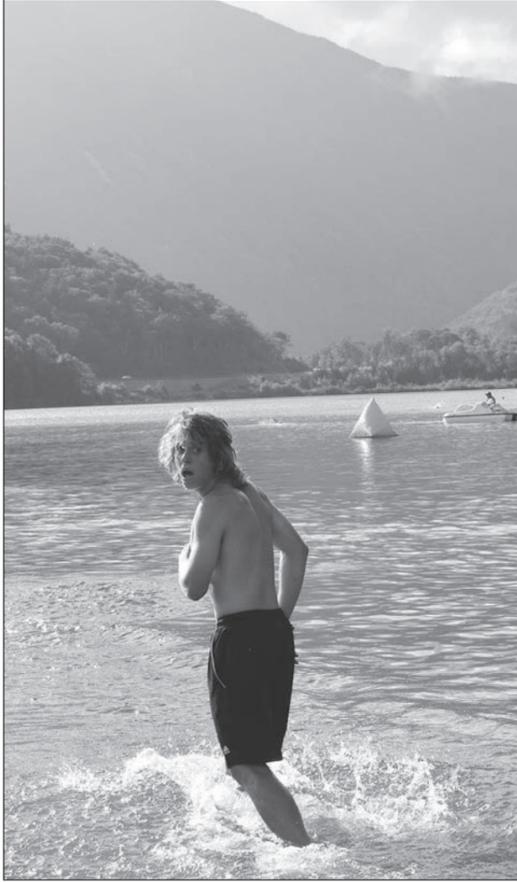


PHOTO BY TARA GILES

Sixteen-year-old Seamus Slattery of Franconia won his age group at the rugged Top Notch Triathlon on Aug. 6.



PHOTO BY TARA GILES

A female competitor makes the transition from bike to swim during the 24th annual Top Notch Triathlon at Cannon Mountain on Aug. 6.

Athletes tackle Top Notch Triathlon

BY TARA GILES
tara@salmonpress.com

FRANCONIA — It was the perfect day on Aug. 6 for the 24th annual Top Notch Triathlon at Cannon Mountain.

Just about 200 athletes of all ages tackled the tough course that consisted of a six-and-a-half-mile rugged bike ride, a half-mile swim in the chilly Echo lake

and ended with a two-and-a-half mile run up to the top of Cannon Mountain.

Many competitors raced as a team and some competed as Iron Men and Women completing each leg of the course solo.

There was no question the course was challenging by the looks on some of the faces transitioning from the bike leg and into the cold water of Echo Lake.

The first to cross the

finish line in the Iron Man race was 49-year-old Sean Snow of Concord, who finished in 1:13:46. Taking second place was 46-year-old Seth Downs of Anchorage, Ak., who crossed in 1:14:35. The bronze went to 48-year-old Ulandt Kim of Somerville, Mass., who finished in 1:19:05.

On the women's side the first female to cross was 51-year-old Kathy Maddock of Wilton, who finished in 1:29:50. The second

place female to finish was 21-year-old Mad-dy Pfeifer of Andover, who finished in 1:30:54. The third place female finisher was 25-year-old Alexandra Morss of Boston Mass. who reached the summit in 1:36:24.

Special awards were given to the youngest solo competitor who was 11-year-old Calum Davis who finished in 2:11:20. The oldest competitor was 77-year-old Gisela Estes who finished in 2:37:28.

In the male 19 and under category the gold went to Franconia native Seamus Slattery who finished in 1:36:29. Taking second place was Asher Merrill who finished in 1:36:31 and third place went to Chris Murphy who crossed in 1:37:13.

Other local award

winner were Richard Williams of Franconia who took third in the 40-49 age group in a time of 1:34:13. Tom Eyman took third place in the 50-59 age group with a time of 1:43:35. John Huntington of Bethlehem took first place in the 60-64 age group in a time of 1:38:13.

For the women's side, Madison McLaren of Sugar Hill took third place with a time of 1:54:39. In the 20-29 age group Natalie Stephenson took first place with a time of 1:53:46. Emily Eska placed third with a time of 1:56:51.

In the 30-39 age group Bridget Freudenberger of Colebrook placed second with a time of 1:52:01. Laura McCarthy placed third in 1:56:34.

In the 50-59 year old age group, Toni Butterfield of Sugar Hill placed third in a time of 2:05:24.

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COMMUNITIES

THURSDAY, AUG. 18

NEARER TO NATURE WALK: CHAMBERLAIN REYNOLDS MEMORIAL FOREST (9-11:30 a.m.) Celebrate the publication of "Nearer to Nature" by Science Center Naturalist Margaret Gillespie with a nature walk for adults at the Chamberlain Reynolds Memorial Forest in Center Harbor. The book walks readers through the seasons, delving into nature's mysteries. Margaret Gillespie will explore the local fauna and flora at locations around the Lakes Region in the nature walk series. On this trip, we will access Squam Lake by land, meandering through upland forest, crossing a swamp boardwalk, and exploring shoreline trails at this New England Forestry Foundation preserve managed by Squam Lakes Association. Participants will meet at the Science Center and carpool to the preserve. For details about this event, upcoming programs, and membership, go to www.nhnature.org or call 968-7194.

CURIOS GEORGE COTTAGE OPEN HOURS (10:30 a.m.-3 p.m.) Curious George Cottage, 7 Noon Peak Rd., Waterville Valley. Immerse yourself in all things Curious George. Relax on a bean-bag chair, read your favorite Curious George stories, see original art work by the Reys, explore the Curious George Nature Trail and more. All ages welcome. Fee: There is no charge to visit The Rey Center, donations are welcome. For more information, contact the Margret and H.A. Rey Center at 236-3308 or info@thereycenter.org.

EXPLORE SQUAM CRUISE (1-2:30 p.m.) The Squam Lakes Natural Science Center presents Squam Lake cruises for the 2016 season. This unforgettable guided tour has something to delight everyone. Learn about the natural history of the lake, the wildlife that makes Squam so special, and the people who have enjoyed these lakes for more than 5,000 years. View locations where the movie "On Golden Pond" was filmed more than 30 years ago. Watch Common Loons and Bald Eagles, regularly seen but best viewed while nesting from May through August. All Squam Lake cruises are 90 minutes, and depart from the dock on Route 3 at the bridge, next to Walter's Basin Restaurant in downtown Holderness. Squam Lake cruises are on canopied pontoon boats. Binoculars are available for wildlife viewing at no additional cost. There is limited space for Squam Lake cruises. Please reserve your seat by calling 968-7194.

DINNER AND SUNSET CRUISE (5-8 p.m.) The Squam Lakes Natural Science Center, in collaboration with Walter's Basin Restaurant, offers a Dinner and Sunset Cruise on Squam Lake. Start the evening with a delicious fixed price dinner at Walter's Basin Restaurant, followed by a sunset cruise on Squam Lake. This guided cruise showcases Squam's beauty as dusk falls. The tour captain discusses the natural history, wildlife, and people of Squam Lake. Seating is limited. Reserve your seat by calling 968-7194.

"SUMMER OF FAITH": AN ORIGINAL PLAY BY MONIQUE DEVINE (7:30 p.m.) Little Church Theater, 40 Route 113, Holderness. What happens when three generations reunite? Mayhem, misfortune, and unfinished business. Eve, paralyzed by the recent loss of her husband, and Faith, an adored but bewildering granddaughter, spend a summer together on Cape Cod. Share in their mishaps and missteps as Eve and Faith discover what the world has in store for them, and what they have to offer the world in the Summer of Faith.

FRIDAY, AUG. 19

CURIOS GEORGE COTTAGE OPEN HOURS (10:30 a.m.-3 p.m.) Curious George Cottage, 7 Noon Peak Rd., Waterville Valley. Immerse yourself in all things Curious George. Relax on a bean-bag chair, read your favorite Curious George stories, see original art work by the Reys, explore the Curious George Nature Trail and more. All ages welcome. Fee: There is no charge to visit The Rey Center, donations are

welcome. For more information, contact the Margret and H.A. Rey Center at 236-3308 or info@thereycenter.org.

STORY TIME AT THE CURIOS GEORGE COTTAGE (11 a.m.-noon) Curious George Cottage, 7 Noon Peak Rd., Waterville Valley. Join us at the Curious George Cottage and listen to some of everyone's favorite stories be read out loud! We're also featuring the interactive book, "Luna and Floyd Visit their Grandparents" by New Hampshire author Lauren Levine! Visit <http://www.lunaandfloyd.com/> for more about the story and <http://www.thereycenter.org> for more about us!

RIVER OTTER FEEDING (11:30 a.m.) The Squam Lakes Natural Science Center in Holderness holds a special river otter feeding every Monday, Wednesday, and Friday at 11:30 a.m. See the two playful resident river otters enjoy an early lunch. Expert volunteers tell visitors about otter biology and ecology, while also serving up a tasty treat or two. River otter feeding time is included in regular trail admission.

EXPLORE SQUAM CRUISE (1-2:30 p.m.) The Squam Lakes Natural Science Center presents Squam Lake cruises for the 2016 season. This unforgettable guided tour has something to delight everyone. Learn about the natural history of the lake, the wildlife that makes Squam so special, and the people who have enjoyed these lakes for more than 5,000 years. View locations where the movie "On Golden Pond" was filmed more than 30 years ago. Watch Common Loons and Bald Eagles, regularly seen but best viewed while nesting from May through August. All Squam Lake cruises are 90 minutes, and depart from the dock on Route 3 at the bridge, next to Walter's Basin Restaurant in downtown Holderness. Squam Lake cruises are on canopied pontoon boats. Binoculars are available for wildlife viewing at no additional cost. There is limited space for Squam Lake cruises. Please reserve your seat by calling 968-7194.

LOON CRUISE (3-4:30 p.m.) The Squam Lakes Natural Science Center in Holderness has joined forces with the Loon Preservation Committee (LPC) to offer a twice per week Loon Cruise which focuses on Common Loon conservation, biology, and monitoring. A Science Center naturalist joins an LPC biologist who guides the tour and discusses the work LPC does across the state and on Squam to protect these extraordinary birds. The cruise tour is chosen to maximize loon observations. All Squam Lake cruises are 90 minutes, and depart from the dock on Route 3 at the bridge, next to Walter's Basin Restaurant in downtown Holderness. Squam Lake cruises are on canopied pontoon boats. Binoculars are available for wildlife viewing at no additional cost. There is limited space for Squam Lake cruises. Please reserve your seat by calling 968-7194.

VILLAGE HARMONY (7:30-8:30 p.m.) Town Square, Waterville Valley. Join us and enjoy Teen World Music Ensemble, Village Harmony as they perform songs and dances from South Africa, Corsica and the Balkans, American shape-note songs and renaissance works.

"SUMMER OF FAITH": AN ORIGINAL PLAY BY MONIQUE DEVINE (7:30 p.m.) Little Church Theater, 40 Route 113, Holderness. What happens when three generations reunite? Mayhem, misfortune, and unfinished business. Eve, paralyzed by the recent loss of her husband, and Faith, an adored but bewildering granddaughter, spend a summer together on Cape Cod. Share in their mishaps and missteps as Eve and Faith discover what the world has in store for them, and what they have to offer the world in the Summer of Faith.

SATURDAY, AUG. 20

CURIOS GEORGE COTTAGE OPEN HOURS (10:30 a.m.-3 p.m.) Curious George Cottage, 7 Noon Peak Rd., Waterville Valley. Immerse yourself in all things Curious George. Relax on a bean-bag chair, read your favorite

Curious George stories, see original art work by the Reys, explore the Curious George Nature Trail and more. All ages welcome. Fee: There is no charge to visit The Rey Center, donations are welcome. For more information, contact the Margret and H.A. Rey Center at 236-3308 or info@thereycenter.org.

CURIOS GEORGE STORY TIME: "CURIOS GEORGE GOES TO A CHOCOLATE FACTORY" (11 a.m.-noon) Curious George Cottage, 7 Noon Peak Rd., Waterville Valley. Join us for our summer book of the month story time where each month we feature a different Curious George book. This month, we are featuring "Curious George Goes to a Chocolate Factory." We will hear a few other stories, finishing up with our book of the month followed by a chance to make a Curious George chocolate of your very own. Fee: Story Time is free to all, but donations are always welcome!

READING TO ROCKET (11:30 a.m.-noon) Curious George Cottage, 7 Noon Peak Rd., Waterville Valley. Does your child like to read out loud or maybe need a little practice? Join at 11:30 a.m. during our regularly scheduled story time and let your child have fun reading to resident therapy dog, Rocket!

EXPLORE SQUAM CRUISE (1-2:30 p.m.) The Squam Lakes Natural Science Center presents Squam Lake cruises for the 2016 season. This unforgettable guided tour has something to delight everyone. Learn about the natural history of the lake, the wildlife that makes Squam so special, and the people who have enjoyed these lakes for more than 5,000 years. View locations where the movie "On Golden Pond" was filmed more than 30 years ago. Watch Common Loons and Bald Eagles, regularly seen but best viewed while nesting from May through August. All Squam Lake cruises are 90 minutes, and depart from the dock on Route 3 at the bridge, next to Walter's Basin Restaurant in downtown Holderness. Squam Lake cruises are on canopied pontoon boats. Binoculars are available for wildlife viewing at no additional cost. There is limited space for Squam Lake cruises. Please reserve your seat by calling 968-7194.

CURIOS CRAFTS (1-2 p.m.) Curious George Cottage, 7 Noon Peak Rd., Waterville Valley. Join us for a seasonal craft. Fee may apply (craft dependent).

LITERARY DISCUSSION GROUP (4:30-6 p.m.) Curious George Cottage, 7 Noon Peak Rd., Waterville Valley.

"SUMMER OF FAITH": AN ORIGINAL PLAY BY MONIQUE DEVINE (7:30 p.m.) Little Church Theater, 40 Route 113, Holderness. What happens when three generations reunite? Mayhem, misfortune, and unfinished business. Eve, paralyzed by the recent loss of her husband, and Faith, an adored but bewildering granddaughter, spend a summer together on Cape Cod. Share in their mishaps and missteps as Eve and Faith discover what the world has in store for them, and what they have to offer the world in the Summer of Faith.

SUNDAY, AUG. 21

EXPLORE SQUAM CRUISE (1-2:30 p.m.) The Squam Lakes Natural Science Center presents Squam Lake cruises for the 2016 season. This unforgettable guided tour has something to delight everyone. Learn about the natural history of the lake, the wildlife that makes Squam so special, and the people who have enjoyed these lakes for more than 5,000 years. View locations where the movie "On Golden Pond" was filmed more than 30 years ago. Watch Common Loons and Bald Eagles, regularly seen but best viewed while nesting from May through August. All Squam Lake cruises are 90 minutes, and depart from the dock on Route 3 at the bridge, next to Walter's Basin Restaurant in downtown Holderness. Squam Lake cruises are on canopied pontoon boats. Binoculars are available for wildlife viewing at no additional cost. There is limited space for Squam Lake cruises. Please reserve your seat by calling 968-7194.

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"SUMMER OF FAITH": AN ORIGINAL PLAY BY MONIQUE DEVINE (2 p.m.) Little Church Theater, 40 Route 113, Holderness. What happens when three generations reunite? Mayhem, misfortune, and unfinished business. Eve, paralyzed by the recent loss of her husband, and Faith, an adored but bewildering granddaughter, spend a summer together on Cape Cod. Share in their mishaps and missteps as Eve and Faith discover what the world has in store for them, and what they have to offer the world in the Summer of Faith.

MONDAY, AUG. 22

RIVER OTTER FEEDING (11:30 a.m.) The Squam Lakes Natural Science Center in Holderness holds a special river otter feeding every Monday, Wednesday, and Friday at 11:30 a.m. See the two playful resident river otters enjoy an early lunch. Expert volunteers tell visitors about otter biology and ecology, while also serving up a tasty treat or two. River otter feeding time is included in regular trail admission.

EXPLORE SQUAM CRUISE (1-2:30 p.m.) The Squam Lakes Natural Science Center presents Squam Lake cruises for the 2016 season. This unforgettable guided tour has something to delight everyone. Learn about the natural history of the lake, the wildlife that makes Squam so special, and the people who have enjoyed these lakes for more than 5,000 years. View locations where the movie "On Golden Pond" was filmed more than 30 years ago. Watch Common Loons and Bald Eagles, regularly seen but best viewed while nesting from May through August. All Squam Lake cruises are 90 minutes, and depart from the dock on Route 3 at the bridge, next to Walter's Basin Restaurant in downtown Holderness. Squam Lake cruises are on canopied pontoon boats. Binoculars are available for wildlife viewing at no additional cost. There is limited space for Squam Lake cruises. Please reserve your seat by calling 968-7194.

LOON CRUISE (3-4:30 p.m.) The Squam Lakes Natural Science Center in Holderness has joined forces with the Loon Preservation Committee (LPC) to offer a twice per week Loon Cruise which focuses on Common Loon conservation, biology, and monitoring. A Science Center naturalist joins an LPC biologist who guides the tour and discusses the work LPC does across the state and on Squam to protect these extraordinary birds. The cruise tour is chosen to maximize loon observations. All Squam Lake cruises are 90 minutes, and depart from the dock on Route 3 at the bridge, next to Walter's Basin Restaurant in downtown Holderness. Squam Lake cruises are on canopied pontoon boats. Binoculars are available for wildlife viewing at no additional cost. There is limited space for Squam Lake cruises. Please reserve your seat by calling 968-7194.

TUESDAY, AUG. 23

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love is respect.org



Your New Best Friend...
The FREE Consumer Action Website

Move Over...
Our FREE website has thousands of links to companies and government agencies – the names, numbers, advice, and connections you need to get your wrongs righted.
Log on to www.pueblo.gsa.gov, and click on the FREE Consumer Action Website.
www.pueblo.gsa.gov

MEETINGS, SUPPORT GROUPS w& PRAYER

PARKINSON'S DISEASE SUPPORT GROUP — Monthly support group for people with Parkinson's disease, their family, friends, caregivers and the community! All are welcome to attend — pre-registration is not required, and there is no fee. Meetings are held on the fourth Wednesday of each month from 1-2:30 p.m. at the Plymouth Regional Senior Center, 8 Depot St., Plymouth. For more information, please contact Diane Sherman at the Parkinson's Resource Center at DHMC, 653-6672 or Diane.L.Sherman@hitchcock.org. Anyone who is affected by or interested in Parkinson's disease is encouraged to attend to learn & share.

PRAYER GROUP, held on Sundays, sponsored by Scott and Betty Newhall, Plymouth.

AL-ANON MEETING, 7 p.m. Mondays at the Community Life Center building, Church of the Holy Spirit, Plymouth. Call Sharon, 536-3999.

HELPING HANDS FOOD PANTRY at Family Worship Center, 319 Highland St., open 1st and 3rd Monday of the month from noon to 2 p.m. Call 536-1966.

TOPS (TAKE OFF POUNDS SENSIBLY) meets Mondays in Plymouth. Weigh-in 5:30- 6:30 p.m., meeting 6:30-7:30 p.m. Plymouth Congregational Church. Call 536-4129 or 536-4018.

BRISTOL HISTORICAL SOCIETY will be open 7-9 p.m. on Tuesdays throughout the summer beginning on June 14. Located at Old Fire House on High Street Bristol. Contact 744-2751 for further information.

NATIONAL MS SOCIETY - NEW MS LAKES SELF-HELP GROUP Meets 2nd Friday of each month, 1-3 p.m., Moultonborough Lions Club, 139 Old Route 109 in Moultonborough. For more information: Beth or Kathy at mslakes-group@gmail.com or 539-6919 (Kathy).

NEW HAMPTON GARDEN CLUB meets the 1st Tuesday of the month at 9:30 a.m. at the Gordon-Nash Library, Main St.

PFLAG (PARENTS, FAMILIES & FRIENDS OF LESBIANS AND GAYS) Plymouth Chapter meetings are held on the Second Tuesday each month at the Whole Village Family Resource Center in Plymouth from 7-9 p.m. Meetings are held for support and education and all are welcome. Further information: 536-3823

ALCOHOLICS ANONYMOUS MEETINGS every Wednesday at 7:30 p.m. at the Danbury Community Center.

KNIGHTS OF COLUMBUS MEETINGS 1st Wednesday of the month at St. Matthew's Parish Hall, Plymouth. Call 536-4700.

PLYMOUTH AREA DEMOCRATS meet on the third Wednesday of the month at the Plymouth Regional Senior Center, with programs or speakers of interest. A potluck supper begins at 5:30pm, followed by a brief business meeting at 6:30 and the featured program at 7pm. Summer and holiday months excluded. Visit plymouthareademocrats.org for updated information on the dates and programs, or call 536-2856.

BAKER VALLEY BAND - Community band rehearses Wednesdays at 7 p.m. at the Russell School in Rumney. No audition! For more information call 536- 8180.

GENTLE YOGA CLASS Wednesdays 5-6 p.m. and Saturdays 8:30-9:30 a.m. at the Starr King Unitarian Universalist Fellowship in Plymouth. For more information call 536- 1179.

NEWFOUND PLAYPALS GROUP meets Wednesdays & Fridays at New Hampton Community Church 9:15-11:15 a.m. for children 0-5. Call Mary at 524-8811 ext. 175.

PEMI-BAKER COMMUNITY HEALTH FOOT CLINICS. Second Wednesday of each month, 9:30-11:30 a.m., Plymouth Regional Senior Center; third Wednesday of each month, 12:30- 2 p.m., Pemi-Baker Community Health; fourth Wednesday of each month, 9:30 a.m. - 2:30 p.m., Common Man Commons, Ashland. \$15 fee. Call Pemi-Baker to book your appointment, 536-2232.

PLYMOUTH AREA WRITERS GROUP - Open to all ages, meets weekly on Friday at 11 a.m., upstairs in the Plymouth Regional Senior Center (optional brunch at 10:30). Free and informal, all with an interest in writing are welcome, whether published or not. We support each other's writing interests and efforts. Guest speakers. Any questions, please call Joan, 998-4239.

WHITE MOUNTAIN TOASTMASTERS meets the second, third and fourth Wednesday of every month. The third Wednesday of the month meetings will be open house for guests. "Don't let fear hold back your career" is the theme. Networking and interviewing skills will be highlighted in the program. Free. Guests arrive by 6:45 p.m., meeting 7-8:30 p.m. at the Common Man Inn in Plymouth. No meetings third weeks in November and December. Contact sheila@coppertoppe.com or 744-5036.

CAMPTON HISTORICAL SOCIETY MUSEUM is open to the public Thursdays 9 a.m.-4 p.m. We are located at 529 U.S. Route 175 South in Campton, 536-5140. For activities and more information, visit our Web site at www.CamptonHistorical.org.

DOG OBEDIENCE CLASSES Thursdays at the Tapply-Thompson Community Center. Specific classes & times, call 279-4292.

FOOD FOR FRIENDS community meal 1st Thursday of the month at the Bristol United Church of Christ, 5-6 p.m. 744- 2713 for more info.

POWERTONE CLASSES Tuesdays & Thursdays 6-7 p.m. at Bristol Elementary School - \$5/class.

POWERTONE CLASS Saturdays, 8 a.m., Tapply-Thompson Community Center - \$5/class.

ZUMBA 8:30 a.m. Sundays at Bristol Elementary, \$5/class.

KARATE at the Tapply-Thompson Community Center, Bristol. Adults Wednesdays at 6:30 p.m. \$30/month. Call John at 744-8353. Youth classes are held on Thursdays at 3 p.m. \$30/month Call Tami at 744-8353.

PRAYER GROUP (10 a.m.) and informal eucharist (12:30 p.m.) every Wednesday at Church of the Holy Spirit Episcopal, Highland St., Plymouth. Call 536-1321.

PRAYER & SHARING MEETING every Wednesday at 6 p.m. - inspiring sharing of healings & insights from Bible study at the Christian Science Society, 7 Emerson St. in Plymouth. Free to everyone.

TAXPAYERS AWARENESS GROUP - Plymouth: 2nd Wednesday of every month, Pease Library at 7 p.m.

ADVANCE DIRECTIVES First Thursday of every month in the Social Services Conference Room at Speare Memorial Hospital, 1:30-3 p.m. This is a free service offered to assist individuals in completing the Advance Directive document. Bring Photo ID. Call Social Services at 238-2216 or 238- 6442.

PEMI-BAKER VALLEY REPUBLICAN COMMITTEE meets every second Thursday of the month at 7 p.m. Call 536-1126 for location.

WENTWORTH HISTORICAL SOCIETY meets third Thursday of every month. Meeting held in Wentworth Historical Museum.

CAREGIVER SUPPORT GROUP meets the 1st Friday of the month at Senior Center, Route 25, Meredith, from 9:30- 11 a.m. Call Carol at 279-5631 or Mary at 524-8444.

MOMS OF PRESCHOOLERS meets the second and fourth Friday of each month from 9:30-11:30 a.m. at the Millbrook Christian Fellowship in Grafton. Moms of children from birth through age six are welcome, along with their little ones. For more information, call Rachel at 632- 4191 or Christine at 768-7020.

PLYMOUTH PEER SUPPORT GROUP meets the 1st Friday of the month from 1-3 p.m. at Whole Village, 258 Highland St., Plymouth.

ALCOHOLICS ANONYMOUS MEETINGS every Saturday morning 7:30 a.m., Common Man Inn, 123 Main St., Plymouth.

NEWFOUND AREA CANCER SUPPORT GROUP meets monthly at convenient locations, or as needed. We are now in our 11th year. For more information, please call Karen at 744-2173, Donna at 744-3140, or Joyce at 536-8186.

ALZHEIMER'S CAREGIVER SUPPORT GROUP Tuesday at 6 p.m. at Live Free Home Health Care, 438 Rt. 104, New Hampton. Will meet monthly and anyone caring for a family member or loved one with a dementia is welcome. Call 603-254-7397 for information and to reserve your spot in the group. Light refreshments will be served. Join us in a secure and comforting environment.

DROP-IN BEREAVEMENT GROUP - All welcome. Last Wednesday of each month, 5:30- 7:30 p.m., Pemi-Baker Community Health, 101 Boulder Point Dr. Suite 3, Plymouth, NH. Facilitator Mary Francis Drake; Spiritual Care Counselor & Bereavement Coordinator. For more information call 536-2232 x305.

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) FAMILY SUPPORT GROUPS First Thursday each month at the Plymouth Congregational Church (UCC) on the Common from 6:30 - 8:00 PM in the 2nd Floor Adult Education Classroom (entrance in the rear right-hand side of the church.) ADVOCACY Meeting open to ALL interested members of the community.

-Third Tuesday each month at the Whole Village Family Resource Center, 258 Highland Street, Plymouth 7:00 - 8:30 PM. CARING and SHARING open ONLY to family members and caregivers of those with mental illness.

GOLD STAR REFERRAL CLUBS is a business networking and referral marketing organization. Members meet weekly in order to give and receive referrals for more business. The Pemi-Baker Club meets at the Plymouth State ice arena gallery every Wednesday from 8:15 to 9:30 a.m. Visitors are welcome. For more

information, contact Dave Greene at 536-8200 or Jeff Levesque at 238-2589. See our page on Facebook.

FOR SENIORS

BLOOD PRESSURE CLINIC. Pemi-Baker Community Health, second Thursday of the month, 11 a.m., in the library, Plymouth Regional Senior Center

ADVISORY COUNCIL MEETING. Plymouth Regional Senior Center, second Thursday of the month, 10:30 a.m. in the conference room

FOOT CLINIC. Second Wednesday of every month, Plymouth Regional Senior Center. Call Pemi-Baker Community Health at 536-2232 to register.

BAKER PEMI CLUB. 1st and 3rd Thursdays of each month, 1 p.m., upstairs at the Plymouth Regional Senior Center

PARKINSON'S SUPPORT GROUP. 4th Wednesday of the month, 1-2:30 p.m., Plymouth Regional Senior Center.

RSVP BONE BUILDERS. Mondays 10:45-11:45 a.m., Wednesdays 10:30-11:30 a.m., Tuesday & Thursday 9-10 & 10:30-11:30 a.m., Plymouth Regional Senior Center.

TAI CHI & DAO YI. Mondays, 9:30-10:30 a.m., Plymouth Regional Senior Center.

WOOD CARVING. Mondays 9 a.m.-noon, Art Room, Plymouth Regional Senior Center.

BRIDGE. Tuesdays 12:30-2:45 p.m., Plymouth Regional Senior Center.

GENTLE YOGA. Wednesdays 8-9 a.m., Plymouth Regional Senior Center.

COUNTRY LINE DANCING. Fridays, 9:30 a.m., Plymouth Regional Senior Center.

BOOK DISCUSSION GROUP. 1st Tuesday of every month, 1-2 p.m., Plymouth Regional Senior Center.

CRAZY QUILTING CLASS. Thursdays, 9 a.m.-noon, Art Room, Plymouth Regional Senior Center.

CENTRAL NH ARTISTS. Wednesdays, 9 a.m., Art Room, Plymouth Regional Senior Center.

BINGO AT THE NEWFOUND AREA SENIOR CENTER every 2nd Tuesday of the month.

CRAFT GROUP at 9:30 a.m. every Tuesday at the Newfoundland Area Senior Center.

SENIOR LUNCHEON offered by Newfoundland Area Senior Center, held at the Bristol United Church of Christ Tuesday at noon. Call 744-8395.

BLOOD PRESSURE CLINICS the 2nd Thursday of the month at the Plymouth Regional Senior Center from 11:30 a.m. to 12:15 p.m.

THINGS TO DO

STAND UP PADDLEBOARD FITNESS AND YOGA WITH ANDREA. Sundays, Mondays and Wednesdays, 9-10:30 a.m. Paradise Point, Hebron. To register, call Newfoundland Audubon Center at 744-3516.

STAND UP PADDLEBOARD YOGA WITH LORI OR BETH. Saturdays (starting June 25), 10:30 a.m.-noon. Paradise Point, Hebron. To register, call Newfoundland Audubon Center at 744-3516.

MORNING SONGBIRD SURVEY. Mondays, 7:30-8:30 a.m. Ash Cottage, Hebron. Bring your binoculars! Donations welcome. To register call Newfoundland Audubon Center, 744-3516.

FARM FEAST BREAKFAST, 1st Sunday of the month at D Acres of NH from 10 a.m. -1 p.m. Suggested donation of \$5-\$15. Farm Tour starts at 1 p.m. Call 603-786-2366 or visit dacres.org.

PLYMOUTH SECULAR SOCIETY 2nd and 4th Tuesdays 7-8:30 p.m. Pease Library. Info: 536-1179.

MAD RIVER DASHERS Weekly runs, 1st & 3rd Sundays from Chase Street Market in Plymouth, 2nd and 4th Sundays from the Roaster Room on Riverside Drive just off Rt. 49 in Campton (next to Handyman Hardware); 8 a.m. start both locations. Open to all skill levels. Contact buffalo107@roadrunner.com.

POT LUCK DINNER Third Sunday of the month at Campton Baptist Church. For more information, call 726-4662.

ADULT BADMINTON Mondays at the Tapply-Thompson Community Center in Bristol, 7 p.m. Free program, call 744- 1815 for details.

ASHLAND GARDEN CLUB meets the 3rd Monday of the month at 7 p.m. at Sherrill Hall, St. Mark's Church, Highland St., Ashland. Come join us to share your interest in gardening, conservation and environmental awareness

PRE-SCHOOL STORY TIME is held the first Friday of each month at 10:30 a.m. at the Ashland Town Library.

MEALS FOR MANY Community Meals served every Thursday at 5 p.m. at Plymouth Congregational Church in downtown Plymouth.

PRESCHOOL PLAYGROUP meets Thursdays at the Danbury Community Center, from 10-11:30 a.m. Call 768- 3424.

WENTWORTH HISTORICAL SOCIETY meets the third Thursday of every month at the Historical Society Building.

OPEN MIC & POTLUCK AT D ACRES OF NH

last Friday of the month 6 p.m. Music starts at 8 p.m. Music, Poetry and more! Call 786- 2366 or visit dacres.org.

WENTWORTH OLD TIME SQUARE/ BARN DANCE first Friday of every month, 8-10:30 p.m. \$7 adult/ \$15 family.

FREE COMMUNITY BREAKFAST served to all non-religious, second Saturday of the month at the Methodist Church, Washington Street, Ashland, 8-9 a.m.; third Saturday of the month at the Baptist Church, Main Street, Ashland, 8-9 a.m.; fourth Saturday of the month at the Episcopal Church, Highland Street, Ashland, 8-9 a.m. For more information, call 968-9766.

STORY HOUR Saturdays at the Campton Library at 10 a.m.

PLYMOUTH AREA CHESS CLUB meets Tuesdays, 6-8 p.m. at Pease Public Library on Russell St. Contact George Maloof, 536- 1179.

BONE BUILDERS, a low impact exercise class to prevent osteoporosis, 9:30- 10:30 a.m. Every Tuesday & Friday, Bristol UCC, Church St., Bristol, NH. Questions call Rebecca Herr 744-6526.

FREE TUTORING FOR ADULTS in the Plymouth/Bristol area. Reading, Writing, Math, High School Equivalency Test preparation, English as a Second Language, Basic Computer Skills. Call Pemi-Baker Literacy 536-2998 pemibakerliteracy.org

EARLY BIRD EXERCISE - Mon. Wed. Fri. 5:30 - 6:30am at the

Holderness Central School. \$50 for 12 weeks. Please enter through the front door of the school. Holderness Recreation 968-3700.

GENTLE YOGA AT THE PLYMOUTH SENIOR CENTER Wednesday from 8:30- 9:30 a.m. in the exercise room. You do not have to be a senior to participate. The slow pace is great for beginners. The cost is donation based, you pay what you can afford. No experience is necessary.

HATHA YOGA - All levels with Lori Card. Tues. & Thurs. 9 - 10:15 a.m., Wed. 5:30 - 6:45 p.m. at Holderness Town Hall. \$12 drop in or six classes for \$60. Holderness Recreation 968-3700.

PIZZA & A MOVIE NIGHT. 2nd Friday of the month. Pizza at 6:30 p.m., and Movie starts at 7:30. Buffet style all-you- should-eat farm fresh hand-made pizza. Always a thought provoking movie, and a G-rated family film for the kids too!

FREE COMMUNITY BREAKFAST. Ashland Methodist Church, second Saturday of each month; St. Mark's Episcopal Church, Ashland, every fourth Saturday. 8-9 a.m.

BALLROOM DANCE LESSONS Mondays & Tuesdays at the Tapply-Thompson Community Center. Specific classes & times, call 744-5848.

TOT TIME Mondays & Wednesdays at the Tapply-Thompson Community Center in Bristol, 9-11:30 a.m. Free program, call 744- 2713 for details.

WHITE MTN DOWSERS Second Monday of the month at Starr King Unitarian Universalist Fellowship, Plymouth. 5:30 p.m. Dowsing practice, 6:30 p.m. featured speaker. \$5 suggested donation. For more info, call 726- 3874.

YOGA CLASSES at Memorial Hospital at Boulder Point. Mondays at 5:15 p.m. For more info, call 238-2225.

ADULT PICK-UP BASKETBALL - Monday nights at the Holderness Central School. 7:30 - 9:30pm. \$5 per season. Ages 18+. Please enter through the front door of the school. Holderness Recreation 968-3700.

ADULT PICK-UP VOLLEYBALL Tuesdays & Fridays at Bridgewater-Hebron Village School, 7-9 p.m. Any questions, call 744- 2713.

ADULT PICK-UP VOLLEYBALL - Thursday nights at the Holderness Central School. 7:30 - 9:30 p.m. \$5 per season. Please enter through the front door of the school. Holderness Recreation 968-3700.

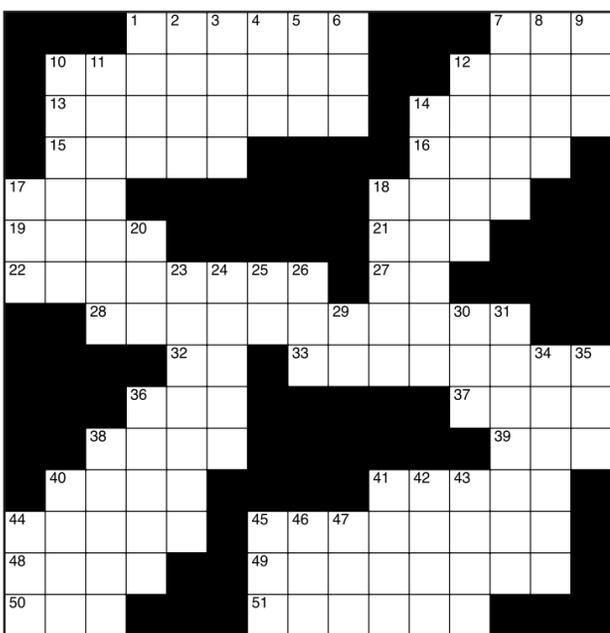
FRENCH LANGUAGE MEET-UP GROUP. French conversation for speakers of all ability levels. Second Tuesday of each month, 6 p.m., Common Man Inn, Plymouth. For more information, visit www.meetup.com/Plymouth-French-Language-Meet-Up- Group.

HIGH SCHOOL OPEN HOUSE Tuesdays at the Tapply-Thompson Community Center, 5:30-8 p.m. Free program, call 744-2713 for details.

LAKES REGION CAMERA CLUB - Meets at the Trinity Episcopal Church, Rt. 25, Meredith, on the first and third Tuesday of the month at 7:30 p.m. Persons of any experience level are welcomed. For more information, visit our website at www.lrcamera-club.com or call Phyllis Meinke at 340-2359.

PAPER CRAFTS & STAMPING CLASS First Tuesday of every month at Newfoundland Area Middle School in Bristol. Make fun paper crafts and cute cards to share. 6:30-8:30 p.m.

TAKE A BREAK



RENAISSANCE FAIRE WORD SEARCH

O H Y T Y S T H G I N K F O F T P H C Z
A T E Z W A F N H U G A M E S P Y M C K
Z O S C F N E M W T M A P S J Y S J A E
J O I F N A L S A E W A J A A O T W C N
M S E R E A R O R I P H S J H A F F U G
U R E E T F S E R U D J E T U Y Y T Y L
Z O H H E L S T D P E M R E W A E K A
A F T T D I P S I H O T N U E R S M G N
O M I I I P F O H A E J U K C F O A N D
L H P K E S E C H P A E E U J F J R O Y
E I O P R Y S R J L E P R L P P A O E F
H R K W C R O E H P H H L S L P D I A O
O E E W H W Z M R G H L A Y D M F I R P
U R O E A L K A N T N U I H O U R F Y Y
S T N N N M R Z O S W Z R I E C O S K
E K E C C K E G S D E I R Z R M R C P T
T D F H E A J G J N Z O M R A D N O K D
L H T S U O J L Z I W U F G E H Y U F G
Y D A L Y A C A R O U S E R I F T F F A

Find the words hidden vertically, horizontally & diagonally throughout the puzzle.

ACROSS

- Dignified
- Where to get a pint
- Broken down
- Peruvian city
- Expressed grief
- Isaac's mother (Bib.)
- Sizing up
- Form of Hindustani
- de-sac
- Greek sophist
- Greek portico
- Christian Television Network
- Attractiveness
- The man
- Home of the Cowboys
- Home to Hollywood

- Be later in time
 - Woman
 - A type of protection
 - Conservative people
 - Bela __, Hungarian Leader
 - Rodent
 - Gloss or sheen
 - Looks good in clothes
 - Stephen Malkmus' band
 - Org. of C. American States
 - Doorways are some
 - Cattle genus
 - Rock bands play them
- DOWN**
- Indigenous people of Norway
 - Not odd

- Ring
- Adam is one
- Champion Volunteer QB
- The smartest Ed
- Fast cats
- Two-toed sloth
- __ humbug!
- Investigator
- Explosive warhead
- Wrap
- Hidden meaning
- Reciprocal of a sine
- Go with pains
- Small constellation
- Prohibited
- Blocks
- Home to Boston (abbr.)

- Small viper
- Toward
- Promotional materials
- Plundering and destroying
- Provokes
- One point north of due east
- Freshwater fishes
- Male parents
- Little (Spanish)
- Sean __, actor
- Bowfin fish
- Large integers
- An association of criminals
- Genus of grasses
- Annual percentage rate
- Mechanical belt

PET OF THE WEEK— JILLIAN ■

Small tan and white lab/terrier mix with just the sweetest disposition seeks loving forever home.

Of course, this is what we say about all our dogs at New Hampshire Humane Society but in Jillian's case, this plea is especially poignant and heartfelt.

Imagine the stress of moving from Texas to the granite state. Life is not so good for canines in the lone star state although some animal advocates are working hard with us to save lives. Jillian is bouncy and energetic but all she really wants to the warm cuddles of humans who will love her. She loves riding in the car, and is a demure well behaved girl at the park, so say our staff who take her out on road trips.

A family with older children would be ideal for this ebullient dog.

Come and visit, spend some time with her, surely your heart will melt?

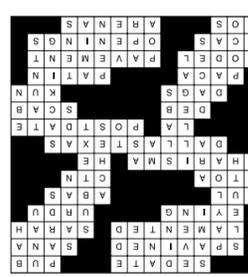
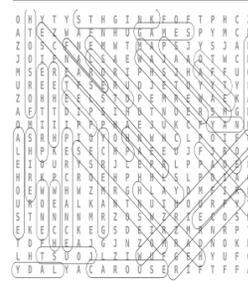
Call 524-3252 or check out www.nhumane.org



RENAISSANCE FAIRE WORD SEARCH ■

ALEHOUSE, AYE, CAROUSE, CUTPURSE, ENGLAND, ENOW, FAIRE, FAIRY, FARE, FIE, FORSOOTH, GAMES, GOOD MORROW, GRAMERCY, HAPLY, HITHER, HUIZZAH, JOUST, KNIGHTS, LADY, LORD, MAIDEN, MASTER, MAYHAP, MISTRESS, NAY, OFT, PERCHANCE, POPPET, PRITHEE, RENAISSANCE, SHIRE, WENCH, WHEREFORE, YONDER

This Week's Answers



Campton Congregational

We are here for you!

If you are dealing with a loss in your life, have concerns and/or questions about Christianity, need a listening ear - please contact us. We are here to assist everyone in the community if we are able. You are always welcome here.

Sunday, Aug. 21
Join us at 9:30 a.m. as we gather to worship. If you wish to sing, join our Choir practice at 8:30 a.m. At 9 a.m., we gather to pray for the Power and Presence of God's Holy Spirit, giving thanks to God for blessings, and praying for the Church Family in Worship. Our Services

are Biblically based, Spirit filled, with Christ Centered messages to assist everyone in living and growing in our Christian Faith. Following the Children's story, children may attend Sunday School class or stay with families. We have a fantastic team of teachers ready to share lessons in Christ.

Following Worship, all our invited to remain for a Barbecue Lunch, with hamburgers and hotdogs fresh off the grill! Please bring salads, desserts, or whatever you wish to add, or a monetary donation if you are able. Time together is our purpose, not just eating lunch. Visit with friends, get acquainted with others, and enjoy our fellowship!

Monday, Aug. 22
At 8 a.m., the team of

volunteers for Campton/Thornton Got Lunch arrive. The group brings in food items, sort the food, and pack the bags with lunches for the week. Another crew of volunteers deliver them throughout Campton and Thornton. At this time we have over 88 children receiving lunches, and have distributed approximately 4,000 lunches over the Summer. Thank you to all involved - you are making a wonderful difference.

Tuesday, Aug. 23
Our regular Tuesday activities will resume today, following last week's break for our August Road Trip. Adult Bible Study in the Gospel of Luke is at 10:30 a.m., or offered again at 6:30 p.m. for those not available during the daytime. Noon is our Fellowship Lunch; bring a sandwich or whatever, and join us for conversation, laughs, and time sharing. Ladies Guild meets at 1 p.m., continuing their craft projects as well as enjoying time together. All women of the Church and Community are welcome to drop in. Children's Time is at 3 p.m. for pre-school and Elementary School grades. Snacks, games, Bible Time, and fun together are on the agenda.

Other information
The Chapel of St. John of the Mountains, on Ellsworth Hill Road, is celebrating Worship each Sunday at 3 p.m. Following Worship, all who attend are invited to join us for our

Annual Banquet, which will be held at the Sunset Grill. St. John's is an ecumenical fellowship, enjoying worship and fellowship each Sunday through the Summer, with a welcome to

visitors Please drop in this week; we'll be happy to welcome you!

Pastors Russ and Cindy Petrie are available for visits - please drop in or call, and one or both of the Pastors will be pleased to meet with you in your home, at church, or a local coffee shop. We are here to be of assistance to you, with your situations, and help in understanding of the Christian faith, and how it relates to what's happening in your life. Please give us a call.

Church information
The Campton Congregational Church is a member of the National Association of Congregational Christian Churches, and has been a part of the Campton Community for 241 years. We invite you to drop in for any of our activities (495 NH Route 175, Campton) or to call Pastors Russ and Cindy Petrie at 536-2536 for further information or conversation about

the Christian faith or the Church. You are always welcome.

Chapel of St. John of the Mountains

Week 9 of the season is upon us at The Chapel of St. John of the Mountains! Where

did the Summer go? Of course, we still have six more services.

Starting in September, we will meet the first Sunday of the month. In November, we celebrate Thanksgiving, and end with our candlelight Christmas service in December...both of which are followed by awesome pot luck dinners at the home of Bing and Judy Rodgers.

Last minute guests are always welcome as there is never a lack of great food!

Speaking of dinners, our Annual banquet is coming up on Aug. 21. Due to the sad loss of the Armont Inn where the banquet was held in the past, this year we will be going to the Sunset Grill. It is a full course meal with three choices of entrees, including fish, beef, and chicken. The price is under \$25, including gratuity.

Old and new friends...everyone is invited!

We have been blessed with some wonderful speakers from the area.

On Aug. 14, the Rev. Dan Ward, Pastor of the Holderness Baptist Church will be with us.

For more information about the Annual Banquet or other questions, contact Judy Rodgers at 726-3025 or Pastor Cindy at 539-7064.

We are a nondenominational congregation. Our Pastor is the Rev. Cynthia B. Petrie, M.Div.

Family Worship Center Plymouth Assembly of God

Thursday, Aug. 18, 6:30-7:30 p.m., please join us for our Family Night at the Church. We offer Godly ministry for children, youth, and adults with programs for people of all ages: Royal Rangers Club for boys elementary through high school; Mpack Club for girls, preschool through high school; and two Adult Bible Studies: one led by Pastor Glen Yunghans and the other by Scott Gusha. Do come for this great time of fellowship and learning.

Saturday, August 20, (please note date change) 10 a.m., Men's brunch at the church. All men are invited. Please contact Pastor Glen or Willie Gusha for information and reservations.

Sunday, Aug. 21, you are invited to join us at 8:30 a.m. for bagels, coffee and juice; 9 a.m.: Bible Education for all age groups pre-school through Adult Bible Studies. 10 a.m.: Sunday morning service with Contemporary Music and Biblical Teaching. Nursery for ages newborn to three. There is a children's ministry during the morning service for Preschool, and grades K-4. You may put prayer requests in the green box marked "Prayer Requests" on the hall table.

Sunday, Aug. 21, at 3 p.m., Pastor Glen and Sharon Yunghans, and

the church's worship team will minister at the Chapel of St. John of the Mountains, Ellsworth Hill Road, Ellsworth.

Wednesday-Friday, Aug. 24 -26, the Royal Rangers will go to Pow Wow.

Monday, Sept. 5, noon-2 p.m. - the Church's Helping Hands Food Pantry will be held and free clothing will be available.

Ladies: it is time to start planning to attend the Ladies Fall Convention, which is scheduled for November 10-12 at the Attitash Grand Summit Hotel in Bartlett. Please check the bulletin board or Sharon Yunghans for information.

Scott Gusha has accepted the leadership of the Operation Christmas Child project. Boxes of school supplies and other items for children are needed. Scott has a list of needs and do's and don'ts on the table in the hall opposite the sanctuary. Please contact him for information.

Michelle Thayer has a ministry to the residents at Forestview Manor in Meredith.

Part of the Church roof has been repaired, and we are grateful to the company who did the job so well, and for the donations towards this project. The church is now holding a "Raise The Roof" project in an effort to pay this off quickly, so all donations can be made out to Family Worship Center and marked "Roof Project" and are greatly appreciated.

SEE CHURCHES PAGE B7



<p>ALEXANDRIA Alexandria United Methodist 12 Washburn Rd. Alexandria Village, Alexandria 9 a.m. Sunday Worship Service Pastor Deb Hoffman • 603-744-8104</p> <p>ASHLAND Ashland United Methodist 18 Washington St., Ashland All are welcome. 9:30 Sunday morning Worship Service. Church School for 3-7 year olds during worship service. Communion on 1st Sunday. Sunday Evenings 6:30-7:30 Praise and Prayer gathering. Wednesday Bible Study 2:30-4:00 p.m. Pastor Roger Kleinpeter</p> <p>First Free Will Baptist Church 55 Main Street., Ashland (across from Shurline Market) 9:00 AM Traditional Worship Service 9:25 AM KidZone for K-Grade 6 11:00 AM Contemporary Worship Service 11:00 AM KidZone for K-Grade 6 11:25 AM Youth Sunday School Toddler Zone is provided at both services Pastor Ernie Madden • 968-7770</p> <p>Holy Trinity Parish (Roman Catholic) St. Agnes Church • 19 Hill Ave., Ashland, NH 03217 Thurs Mass 8:00a.m. Sunday 9:30a.m. (Summer only)</p> <p>St. Mark's Episcopal Church Highland St, Ashland • 968-7640 (please leave message) 8 a.m. worship & 9:30 a.m. Sunday School and worship at Church of the Holy Spirit, Plymouth Thursday Eucharist, 11 a.m. at Sherrill Hall, Ashland Rev. Randy Dales, Vicar</p> <p>BRISTOL Bristol Baptist Church 30 Summer Street in Bristol, NH Sunday School for all ages -- 9:00am (9/13/15 - 6/12/16) Sunday Worship -- 10:00am Prayer meeting -- 10:00 am on Tuesdays Prayer & Bible Study -- 6:00 pm on Tuesdays For more information, please call 744-3885</p> <p>Bristol United Church of Christ 15 Church St., Bristol 9 a.m. Bible Study • 10 a.m. Sunday School 10 a.m. Worship Service • Child Care Available • 744-8132</p> <p>Holy Trinity Parish (Roman Catholic) Our Lady of Grace Chapel 2 West Shore Road, Bristol Sunday Mass 9:30a.m. Saturday Mass 5:45p.m. (Summer only) Sunday Mass 8a.m. (Summer only) North</p>	<p>American Martyrs Oratory 17 West Shore Rd., Bristol Friday Mass 8a.m.</p> <p>CAMPTON Campton Baptist Church 1345 Main Street, Campton Sun. 10a.m. Worship & Praise Service followed by Time of Fellowship Monday 7 p.m. Bible Study followed by Prayer Meeting Thursday, 7 p.m. Men's Group All are welcome 726-4662 • Handicapped Accessible</p> <p>Campton Congregational #495 Rt. 175, Campton 9:30 a.m. Sunday Worship Service Nursery and Child Care Available 11 a.m. Tue. Bible Study for Youth & Adults Rev. Russell Petrie • 536-2536 Member NACC</p> <p>River of Grace Church Southmayd Plaza (off I-93 Exit 28) 24 Southmayd Road, Campton (Across Route 49 from Campton Mobil) 10:00AM Sunday Worship Service Childcare and Children's Ministry available Pastor Steven Veinotte rogchurch.com</p> <p>DANBURY Danbury Christian Church High St., Danbury 9:30 a.m. Sunday School 11 a.m. Morning Worship Tuesdays 6:30 p.m. AWANA Thursday, 7:00 p.m. Prayer Group/Bible Study</p> <p>United Church of Danbury "All Are Welcome" Rt. 104 — Near Center of Town 9:30 a.m. Sunday Worship Service 9:30 a.m. Sunday School Contact: Sylvia Hill, Deacon at 768-3936 danburypastor@myfairpoint.net</p> <p>HANOVER Our Savior Lutheran Church 5 Summer Street, Hanover • 643-3703 10:30 a.m. Sunday Service of Holy Communion and Children's Church 9:15 a.m. Adult Education Hour</p> <p>HEBRON Hebron Congregational Church 16 Church Lane, Hebron • 744-5883 10 a.m. Sunday Worship Service Rev. John M. Fischer</p> <p>HILL Picturesque "1800" Hill Center Church Non-denominational. All Welcome Murray Hill Rd. 5 p.m. Sunday Services June-October Rev. Carol Snow-Asher • 744-7864</p>	<p>Hill Village Bible Church 36 Crescent St, Hill • 934-3500 9:45am - Sunday School 10:30am - Coffee Fellowship 11:00am - Sunday Morning Worship 6:00pm - Sunday Evening Worship 6:30pm - Wed Prayer & Bible Hour and Children's Ministries Nursery provided at all services Pastor: Rev. Daniel Boyce www.hillvillagebiblechurch.com</p> <p>HOLDERNESS Holderness Community Church 919 US Rte 3, Holderness Workshop Service: 10 a.m. June-Aug. 11 a.m. September-May Rev. Daniel Ward • 968-3219 www.holdernesscommunitychurch.org</p> <p>NEW HAMPTON New Hampton Community Church • 744-8252 A Christian Church w/ a Family friendly atmosphere • Main St. New Hampton 10 am Sunday Worship Nursery care, Children & Youth ed. Small groups throughout the week in area homes Rev. Scott Mitchell Pastor</p> <p>PLYMOUTH Calvary Independent Baptist • 536-3024 115 Yeaton Rd., West Plymouth 8:45 a.m. Sunday Morning Service 10:30 a.m. Sunday School 6:30 p.m. Sun. Evening Service-Tilton 7:00 p.m. Tuesday Evening Service Dr. Chester W. Kulus, Pastor</p> <p>Christian Science Society 7 Emerson St., Plymouth • 536-3997 10-11 a.m.-Sun. Service/Sun. School Wed. 6:00-7:00-Testimonial Meeting - Reading Room Mon. 12-2 & by appointment www.cs-plymouth-nh.org</p> <p>Church of Jesus Christ of Latter-Day Saints 354 Fairgrounds Rd., Plymouth 10:00a.m. Worship Service 11:10a.m. Sunday School Kevin Simpson • 536-3664</p> <p>Episcopal Church of the Holy Spirit 170 No. Main & Pearl Sts., Plymouth • 536-1321 Sunday Service 8 and 9:30 a.m. (with music, and nursery) Rev. Randy Dales, Priest-in-Charge</p> <p>Family Worship Center of Plymouth Assembly of God 319 Highland St. • 536-1966 8:30 a.m. Bible and Bagels 9 a.m. Sunday School 10 a.m. Sunday Worship & Children's Church 6:30 p.m. Mid-week Service Thursday 6:30 p.m. M-Pact for Girls Thursday 6:30 p.m. Royal Rangers Thursday HANDICAP ACCESSIBLE Rev. Glen Yunghans, Pastor</p>	<p>Gateway Alliance Church 9 Fairgrounds Road, Plymouth • 536-3043 Sunday School and Adult Education 9:45 AM Worship Service 11:00 AM (Nursery Care is available) Dennis Simmons, Pastor gatewayalliancechurch.org</p> <p>Grace Baptist Church Meeting at the Plymouth Regional Senior Center 8 Depot St., Plymouth 1:30 PM Sunday School 2:30 PM Sunday Worship Service (Nursery Provided for every service) Thursday, 6 PM - Teen Youth Group Thursday, 7 PM - Prayer Meeting and Children's Patch the Pirate Club Pastor Steve Anglea (603) 530-2866 gbcnh.org</p> <p>Holy Trinity Parish (Roman Catholic) St. Matthew Church 11 School St., Plymouth, NH 03264 • 536-4700 Monday Mass 8:00 a.m. Tuesday Mass 8:00 a.m. Saturday Mass 4:00 p.m. Sunday Masses 7:30 & 11:30 a.m. Rev. Leo A. LeBlanc, Pastor</p> <p>Plymouth Congregational United Church of Christ On the Common, Plymouth Sunday Worship 9:30 a.m. Children's Church School 9:30 a.m. Nursery care available Thursday: Choir Rehearsal 7p.m. Open and Affirming, Just Peace Global and Local Missions, Fully Accessible Rev. Paulo Franca, Pastor Brad Dumont, Music Director Laura Belanger, Organist Alison Thatcher, Director of Spiritual Formation 536-2626 • www.uccplymouth.org</p> <p>Plymouth United Methodist 334 Fairgrounds Rd., Plymouth 9:30 a.m. Sunday Worship and Children's Sunday School Ashley Bowler, Pastor • 536-1941 www.plymouthumc.wordpress.com</p> <p>Starr King Unitarian Universalist Fellowship 101 Fairgrounds Rd., Plymouth 536-8908 9:30 a.m. Sunday Service and Church School & Nursery Care Rev. Linda Barnes www.starrkingfellowship.org</p> <p>RUMNEY Rumney Baptist Church 375 Main Street • 786-9918 Sun. 9 a.m. Worship & Praise Service 10:45 a.m. Bible Discovery Groups Mon. 6:30 p.m. "24/7" Teen Nite Wed. 5:30 p.m. Alpha Course Wed. 6 p.m. Awana (ages 3 - grade 6)</p>	<p>Small groups meet throughout the week in area homes. Pastor Dan Bowser www.rumneybaptist.org email: rumneybaptistchurch@myfairpoint.net</p> <p><i>West Rumney Community Church</i> United Church of Christ 1218 Old Route 25, West Rumney Sun. Worship 9 AM, All are welcome.</p> <p>THORNTON Thornton United Methodist 22 Church St., Thornton Off Cross Road between Rts 3 & 175 Call 603-726-3774 for more information or to leave a message.</p> <p>WARREN Warren United Methodist Church On the Common, Warren, NH Sunday Worship 10 a.m. Sunday School 10 a.m. Pastor David J. Moore • 787-6887</p> <p>WENTWORTH Baker River Bible Church 259 Mooslake Hwy., Wentworth * Sunday School - 9:45 am * Morning Worship Service 11:00 am * Potluck Lunch - 12:00 noon * Afternoon Worship Service 1:30 pm * Wednesday Prayer Meeting, Patch the Pirate Club for grades 1-6, and Teen Youth Group 7:00 pm Rev. Bruce Michaud, Pastor 764-9406 or 786-9550</p> <p>Wentworth Baptist Church Independent, Fundamental, K.J.V. 260 Cape Moonshine Rd. 9:15 a.m. Adult Sunday School 10:15 a.m. Morning Service 6:00 p.m. Evening Service 7:00 p.m. Wed. Prayer & Bible Study 7:00 p.m. Master Clubs Kids 6:30 p.m. Thurs. Prayer Meeting 7:15 p.m. Thurs. School of the Bible Staffed Nursery All Services Music Ministry • Youth Group Pastor Jeremy Cochran • 764-9800 wentworthbaptistchurch.com</p> <p>Wentworth Congregational Church 38 Wentworth Village Rd. wentworthcongregationalchurch.org substitute: Sunday worship: 9:00 am. Rev. Dr. Margaret Bickford, Pastor</p> <p>WOODSTOCK Pemi Valley Church 1091 Rte 3 South Woodstock, 745-6241 ALL ARE WELCOME Wednesday - 6:30PM Bible Study and Prayer Group. Sunday 9AM-10AM Worship Service and Children's Sunday School. 10-10:30AM Refreshments. Reverend John Muehlke Jr.</p>
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Churches

FROM PAGE B6

ated. Our Mission Statement is "Transforming lives through God's Word."

Our church is collecting funds for prison ministry, also aluminum cans to support the cost of ministry supplies such as Bibles and printed literature. A collection barrel is at each church entry. Please continue to support this ministry. Money donations may be made to the church marked "prison ministry."

Prayer requests for the bulletin may be given to Candy Gusha at craftmom03264@yahoo.com.

Please give announcements for the Sunday bulletin to the Church office by 4:30 p.m. on Tuesdays by e-mailing fwcag@hotmail.com or Pastor Yunghans at gyunghans@hotmail.com, or phone the church at 536-1966 or Pastor Glen at 726-0254. Everyone is welcome at all of our services. The Church is handicapped accessible, east entrance. Note the Church's new Web site: www.assemblyofgod-plymouthnh.org.

Church of the Holy Spirit Episcopal

For our 9:30 service, we continue to enjoy the hospitality at St. Mark's church in Ashland. The 8:00 service is still held in Plymouth at Holy Spirit. This week's celebrant will be Bishop Frank Griswold and on the 28th we will welcome back Rev. Jane van Zandt. Our priest in charge Rev. Randy Dales will return from vacation to celebrate on Sept. 4.

Sept. 10: Plymouth Town Wide Yard Sale

The Town Wide Yard Sale is coming up in just over a month, on Saturday, Sept. 10, and CHS will be participating again. We are looking for items to make the sale a success! If you have any items that would make

nifty contributions to the yard sale, consider bring them to 263 Highland Street for the yard sale! (No clothes, please. Drop off dates and times will follow.) We are also looking for volunteers to help out with the sale (sorting and pricing, moving large items, helping shoppers the day of, and removing unsold items). It's a lot of fun, a great spirit builder and many hands are appreciated! Please speak to Randy or the Vestry if you would like to be involved.

Plymouth Got Lunch!

Many thanks to all the people who have contributed food and money to the Plymouth Got Lunch program this summer. Can't believe that there is only one week left. However, we are low on tuna fish and would appreciate any donations that would help us reach the last week of the program. Again, many thanks for all you have done already! You may leave donations in the box at Holy Spirit or St. Mark's church or contact Anne Hunnewell to make a donation.

Quilting Group

The quilting group will be meeting on Wednesday, Aug. 24 at 10 a.m. in Griswold Hall. Last month we were able to finish several quilts and donate them to the Voices Against Violence organization.

Meeting with Canon Hannah Anderson

Important: Don't forget to save the date of Sunday, Sept. 11 for our meeting with Canon Anderson. This is an important meeting regarding where we are in our journey as a church and will be an opportunity to discuss any concerns we have. The meeting will be in Griswold Hall and start at 11 a.m.

Holy Trinity (Roman Catholic)

Weekly Meetings Thursday, Aug. 18 Day Away Program, Simard Hall, 9 a.m.-3 p.m. ~ AA meeting Monday-Saturday, St. Mat-

thew Hall 11 a.m.~

Hard Hat Crew

It has come to our attention here at the parish office that many of our elderly, disabled and homebound parishioners cannot take care of some much needed repairs to their homes. We are asking mean and women of the parish who have skills in the building trades to consider helping as an act of service to someone in the parish. We would like to put together a Hard Hat Crew. If you are interested please call Deacon Mike at 536-4700, or at 744-2700 on Thursdays.

Mass of the Feast of the Assumption and Holy Hour for World Peace Monday, Aug. 15 8 a.m.: Mass at St. Matthew 8:45 a.m.: Holy Hour of Reparation at St. Matthew (includes Adoration and Holy Rosary) 6 p.m.: Prayer Service for Peace at Our Lady of Grace (includes Adoration and Holy Rosary) Bishop Libasci has asked us to join together with other Catholics in prayer due to the ongoing bloodshed in our country and abroad. Let's come together in prayer asking Almighty God to grant to our world His healing peace.

If you are not a Catholic, or need to complete your Sacraments an inquiry session will be coming up where you can ask all of the questions you would like to ask about this incredible life changing process. For more information, call the Plymouth office at 536-4700.

Sacrament of the Sick

The Sacrament of the Sick will be administered at Masses on the

weekend of Oct. 8 and 9. Stay tuned for more details.

Haven Pregnancy Center

Volunteer Training: We are in need of some new volunteers so we are having a volunteer training, Mondays, Oct. 24, 31 and Nov. 7. Attendance is needed on all three days from 10:30 a.m. to 3:30 p.m. Prayer Meeting: We have scheduled a prayer meeting here at Haven on Tuesday, Aug. 16 at 1:30 p.m. If you are able to join us, we would love to see you here to pray with us. ITEMS NEEDED: We are also in need of the following items... Diapers, size 6, toddler clothes in sizes 3 and 4T. Gifts cards to Walmart are always gratefully accepted for baby furniture.

Plymouth Congregational, UCC

Sunday Worship

This Sunday, Aug. 21 at 9:30 a.m., the worship will be led by pastor Paulo Franca.

If you are a summer visitor, please consider making Summer Worship part of your plans. This friendly church will make you feel right at home. While the program phase of the church rests, the core of the church continues in a quieter, softer way. Quiet summer services are a little like a retreat, relaxing and renewing. And the sanctuary is air conditioned. So come to this time away from the busyness of the world and find peace and friendship.

After the service come to the Fellowship Hall downstairs for refreshments and conversation. Whoever you are and wherever you are on your life's journey, you will be most welcome.

Special Summer Music

In the summer, the Adult Choir takes a break and members of the church and community give the gift of music to enhance the beauty and meaning of the Sunday Summer Worship. Come and enjoy their talent.

Prayer Flags

Have you noticed the prayer flags in front of the church? They carry the prayers for peace of their makers. They were initiated by Susan Wei in support of the families and friends of those killed in the Pulse shooting in Orlando, but have evolved to support all of those touched by violent acts. They join the peace pole as one more sincere expression of the desire for a peaceful life in a peaceful world.

Moral Economy Discussion

Aug. 28, there will be a conversation on economic justice after the worship service as a "second hour" program.

Church Calendar

The public is welcome and expected at these ongoing free programs. You may receive the complete calendar by email, or look on the Web site, www.uccplymouth.org. The people friendly way to get information

is still available; call and chat with Hillary at the church office.

Sunday Services at 9:30 each Sunday, Pastor Paulo Franca will greet you and preach the sermon. Everyone is welcome here!

Adult Choir: Will resume in the Fall under new direction. Watch here for dates.

Communion: First Sunday of every month. For homebound, call the office to arrange. Open; all invited to partake.

Coffee House: Usually last Friday of the month, 6:30 p.m. Free, Music, Discussions, Refreshments. Community invited.

Sunday Niters: alternate Sundays in the evenings in homes. Call the office for the latest. Everyone invited. It is an opportunity to visit over supper and get to know your church friends better. This program resumes in September.

Rev. Franca's sermons: www.uccplymouth.org. Pull down the "Welcome" tab for easy access. Inspiration is waiting for you.

PCUCC is an Open and Affirming, Just Peace, mission oriented, theologically curious, socially progressive, Spirit filled faith community where all God's children are welcome. This congregation is called to be a compassionate community, intentionally inclusive, openly searching, joyfully serving in the way of Christ. Visit SEE CHURCHES PAGE B8

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Churches

FROM PAGE B7

our Web site at www.uccplymouth.org. To learn about the United Church of Christ, our national affiliate, visit the Still Speaking Web site: www.stillspeaking.org. Church office hours are Tuesday through Friday, 9 a.m.-2 p.m. Hope Fund requests are taken during regular office hours. Phone: 536-2626. Email: office@uccplymouth.org.

Church closings will be posted on wmur.com or on WMUR television.

Get the Latest News, Updates and Details on Facebook - and please like us!

Plymouth United Methodist Church

Sunday Worship: Meet Pastor Regina!

334 Fairgrounds Rd. Our new Lay Supply Pastor Regina Bowler was born and raised here in New Hampshire. She has been an RN for 27 years and an active lay leader in the Littleton First United Meth-

odist Church for almost 20 years. Now she's embracing this new adventure in lay ministry, and we are so grateful for her energy, faith and leadership. We're having a great time getting to know Pastor Regina and welcoming her into the PUMC family!

We welcome you for a casual worship experience every Sunday at 9:30 a.m., 334 Fairgrounds Rd. Summer may be winding down, but we still endorse T-shirts and flip-flops! We pray, sing and study together, sharing our joys and sorrows. Following worship, there is always an informal time of fellowship over coffee, juice and plenty of delectable desserts.

Our building is accessible, and there is ample parking. For more information, email PUMCoutreach@yahoo.com, leave a message at 536-1941 or visit www.plymouthumc.wordpress.com.

August Mission Focus: Good Samaritan Project

The Good Samaritan Project is a new outreach program BY our

PUMC church family, for our PUMC church family. We work to fulfill needs in the Plymouth and global community, but we realize there are needs right here in our congregation. Maybe a parishioner needs a ride to a doctor's appointment or can't get out to do the weekly grocery shopping. Perhaps you have home repairs that you keep putting off because you don't have the money... PUMC to the rescue!

As Christians, we believe it is our blessing and duty to take care of others. Everyone has gifts and talents to share. Everyone is capable of reaching out and offering a little dose of encouragement in one form or another. The Good Samaritan Project's most pressing need right now is volunteers. We need YOU and whatever you are willing to give - time, kindness, carpentry skills, cooking and baking skills to feed workers, and prayers!

Our PUMC church family is open to all! Come, care for others and be cared for.

Women's Fellowship

Yard Sale: Sept. 10

Once again, the PUMC Women's Fellowship will be participating in Plymouth's grand rite of fall, the Town Wide Yard Sale. Donations of clean, used goods are currently being accepted. Place items in the back corner of the church basement.

Starr King Unitarian Universalist Fellowship

Starr King Unitarian Universalist Fellowship is a multigenerational, welcoming congregation where different beliefs come together in common covenant. We work together in our fellowship, our community, and our world to nurture justice, respect, and love.

Sunday, Aug. 21, 9:30 a.m.

"How to tell a story" Paul Tierney

Our ninth informal Sunday summer presentation and discus-

sion will be led by Paul Tierney, a member of the Fellowship. There is no choir or coffee hour, no RE Program or nursery, though children are always welcome to join us. Visitors are invited to attend the service as well as all programs at the Fellowship.

Children and Youth Religious Education, Meredith Flynn, DRE

We are very excited to offer five wonderful classes next year for kids of all ages in Religious Education. Please don't hesitate to contact me over the summer to discuss the upcoming fall classes. Classes will begin Sunday, Sept. 17.

The Youth Group for students in eighth to twelfth grades meets on the second and fourth Sundays of the month from 6-7:30 p.m. In 2016/2017 they will be raising money for, and planning a service trip to Nicaragua. The trip will be in early spring 2017. Bob Clay

and Jane Clay are the Youth Group leaders.

Contact Meredith for more information by calling the Fellowship and leaving a message at 536-8908.

Social Justice Community Outreach "GOT LUNCH! PLYMOUTH" program. Every Monday morning, a group from SKUUF, other local congregations and friends from the Plymouth community gather downstairs to put together bags of food suitable for families that need extra help with a week of nourishing lunches for children. This will help to keep their bodies strong and ready for the next school year. Drivers and navigators then deliver the bags throughout the Plymouth community to families who have signed up for these lunches. Donations can be made at any time to SKUUF with Got Lunch! Plymouth noted on the memo line of a check.

Also items such as small jars of peanut butter, jelly, and canned tuna or chicken can be deposited in the basket in the foyer for the "GOT LUNCH! PLYMOUTH" program, as well as canned or dry packaged food items in the basket for our local Community Closet collection.

Yard Sale

SKUUF will participate in the Plymouth town-wide yard sales on Saturday, Sept. 10.

Do a dig through your house & bring a box - or two, or ten - to SKUUF with your cast off treasures. Drop off your items any time SKUUF is open, in the designated areas - look for the signs! The downstairs door will be open Tuesday through Thursday mornings and Sunday morning. We don't sell: clothing, computers / monitors / parts, stuff that's broken or has missing parts, sets of encyclopedias or musty books or large appliances.

Questions? Got something big to transport? We have folks who can help! Kathy Hillier, 536-1572,

SEE CHURCHES PAGE B9



CONGRATULATIONS TO MARGIE GORMAN...

Our Patient of the Month!

"I chose Choice Physical Therapy because my physician referred me to them, and they are conveniently located close to where I live. I had a total knee replacement, and my therapist, Nate, and the staff have been terrific! They are very knowledgeable and professional. I like Choice Physical Therapy and have been coming to them for several years for different issues and have always been pleased with my results each time! I highly recommend Choice PT!"

Photo (l to r): Margie Gorman and Nathan Rinald, DPT

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Churches

FROM PAGE B8

ednkath@gmail.com .

Ongoing Activities
Choir will meet again in September on most Thursday evenings, 7-8:30 p.m. in the sanctuary.

1st Friday morning Breakfast Group will meet again in the fall at the PSU dining hall for a casual gathering of SKUUF members and friends for good food and discussion followed by an occasional discovery outing. Contact Deedie at cdkriebel@gmail.com for information.

Starr King Men's Group will not meet during the summer but will resume in September.

Summer hikes, biking and kayaking/canoeing All are welcome. Check our Web site for information. Contact mitch@newfoundfarm.org or cd-kriebel@gmail.com to register and receive updates.

Uncommittee Gatherings will meet again in the fall. Contact Gigi Estes, or Virginia Miller at seabears@roadrunner.com for information and any changes.

Wise Women in Training is a women's group to discuss issues related to women. Each meeting will have a theme that will be facilitated by a volunteer member of the group. Contact Betty Ann Trought at batrought@

gmail.com or just come and meet with this welcoming group. Wise Women regularly meets every second and fourth Wednesday from 10:30 a.m. to noon in the upstairs conference room.

Gentle Yoga meets in the Fellowship Hall on Wednesdays from 5-6 p.m., and Saturdays from 8:30-9:30 a.m. For information, contact Darlene Nadeau at 493-1478.

Bridge players meet on Thursdays in the Conference Room from 12:30-3:30 p.m.

Starr King UU Fellowship is located at 101 Fairgrounds Rd., Plymouth. The phone number is 536-8908. The Web site is www.starrkingfellowship.org.

where you can access "Newsletters" to read, or print out, any of several past issues; "Podcast" to enjoy listening to sermons you have missed, or just want to hear again; "Events Calendar" to find out what is going on in our Fellowship.

Wentworth Congregational

Join us each Sunday morning during the summer at 9 a.m. for our worship service.

Communion is served on the first Sunday of each month.

Our choir will sing again on Sunday, Aug. 21. They will sing "Open My Eyes".

Choir rehearsals will resume on Thursday afternoons at 1 p.m., starting Sept. 1, at the church. Blessings to all!

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Hill Old Home Day
Saturday, August 20, 2016
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Schedule

7-9am: Pancake Breakfast	12pm: Music by Katie Rose Lombardi
8am: Family Kickball	1 & 3pm: Magician George Saterial
8:30am: Pie Bake-off Registration with Judging at 1pm	2pm: Horseshoe Tournament
9am: Hill Historical Society Scavenger Hunt	3pm: Hill Village Bible Church Open House
9am: Raffles, Craft Fair, and Silent Auction	5pm: Chicken/Pork BBQ
10:45am: Parade "Hill On The Move"	7pm: Street Dance, Music by The Cable Guys
	9:30pm: Fireworks

Miscellaneous activities and events throughout the day:

Library Book Sale, Petting Zoo, Classic Car Show, National Guard Static Display, Hill Historical Society Exhibit, Children's Activities, Music, Street Venders

Come see the "Isaac Hill" Bear display

Follow us on Facebook - "Hill Old Home Day 2016"
For more information call the Hill Public Library at 934-9712

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What Can Investors Learn from Roller Coaster Rides?

If you have an interest in looking up obscure holidays and celebrations, you will find that August 16th is National Roller Coaster Day. As you know, a roller coaster is used as a metaphor for many areas of life – including the financial markets. As an investor, what can you learn from this thrill ride?

Here are a few suggestions:

- **Don't jump off.** This is pretty standard advice for all roller coaster riders – but it's also a good recommendation for investors. Specifically, you don't want to exit the financial markets when they turn volatile. It can be tempting to do so, because the markets do indeed experience dizzying drops from time to time. But if you jump out of the markets when they're down, you may be on the outside when they start their climb, potentially missing out on gains.
- **Protect yourself.** When you're on a roller coaster, you are typically advised to keep your arms and legs inside the car to protect your extremities from dangerous contact with the track and other

cars. As an investor, you also need to protect yourself from dangers such as a market downturn. If you owned just one type of asset, such as aggressive growth stocks, and a downturn occurred, you'd likely take a big hit. One of the best ways to help avoid this possibility is to diversify your holdings among stocks, bonds and other investments. Although diversification can't guarantee a profit or protect against losses, it can help reduce the impact of volatility on your portfolio.

- **Keep looking forward.** When you're on a roller coaster, you don't want to look backward. Not only could you strain your neck, but you'll also be unprepared for the ups, downs, twists and turns that await you. When you invest, you want to keep looking forward as well. By keeping your eyes, and your focus, on your long-term goals, such as a comfortable retirement, you can be better prepared to follow a consistent strategy designed to help get you to your destination.

- **Don't bring extra baggage.** For obvious reasons, it's not a good idea to bring any loose or extra baggage inside a roller coaster car that may have you going upside down at 90 or so miles per hour. As an investor, you don't want to be saddled with any extra "baggage," either – and one of the biggest sources of this baggage is unrealistic expectations. If you think you will earn double-digit returns every year, you will likely be disappointed – and your disappointment could lead you to make unwise decisions, such as constantly buying and selling investments to improve your performance. This type of activity is expensive, time-consuming and usually futile. So, when you invest, maintain realistic expectations – it can help you stay on track toward your goals.

By following these basic guidelines for roller coasters, you'll enjoy a safer ride. And by observing similar rules for investing, you can help make your investment "journey" smoother – and less scary.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. For more information or to sign up for their monthly newsletter, contact **Jacqueline Taylor**, Financial Advisor, at **279-3161** or email Jacki at Jacqueline.Taylor@edwardjones.com. Her office is located at 14 Main Street, Downtown Meredith. For more information, see <http://www.edwardjones.com/> or "like" her on Facebook www.facebook.com/EJAdvisorJacquelineTaylor.

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Ad Council VISIT SAFERCAR.GOV/THERIGHTSEAT NHTSA Child Car Safety

Recommended immunizations for seniors

BY MARTHA SWATS

Owner/Administrator
Comfort Keepers

Several preventable diseases can cause serious illness and even death in unvaccinated seniors. Many adults believe that they do not need vaccinations, or worry about their side effects, but people age 65 and older are at higher risk of complications from the actual diseases.

There are many reasons why seniors should keep up on their vaccinations. They may not have been vaccinated when they were children, new vaccinations may have been developed and are now available, or their immunity may have expired over time. Even more important, seniors are particularly susceptible to serious and life-threatening infections.

The more crucial vaccinations seniors should discuss with their doctors include the flu vaccine, pneumococcal vaccine to prevent pneumonia, the shingles vaccine, and a tetanus-diphtheria-pertussis vaccine (Tdap).

How vaccines work on the body

A vaccine provides immunity from a disease, and can be administered through needle injections, by mouth,

or by aerosol. A vaccine will contain the same germs or a part of the germ that causes a certain disease. A good example is the measles vaccine contains measles virus. But the virus is either killed or weakened to the point that it doesn't make you sick.

A vaccine stimulates your immune system to produce antibodies, exactly like it would if you were exposed to the disease. After getting vaccinated, you develop immunity to that disease without having to get the disease first. So, unlike medicine, instead of treating or curing diseases – it actually prevents them.

Influenza vaccine

Over 60 percent of seasonal flu-related hospitalizations occur in people 65 years and older. That's why it is recommended that most adults get an annual flu vaccination. Getting an annual flu vaccine is necessary because immunity is short-lived, and manufacturers update the vaccine annually to ensure that it is as effective as possible against the most current virus. The vaccine is usually available September through April each year, but it depends on supply.

Speak to your doctor

before getting the flu shot if you are allergic to eggs, latex, have had a severe reaction to the flu vaccine previously, or have had Guillain-Barre syndrome. Patients with fevers should wait to be vaccinated until the illness subsides.

Pneumococcal vaccine

Pneumonia causes significant illness in seniors and is responsible for 60,000 deaths each year. People 65 years or older need a series of two different vaccines for pneumococcal disease. Talk with your health care team about how to schedule them, and let them know if you have had a pneumococcal vaccine before.

There are currently two types of pneumococcal vaccines: pneumococcal conjugate vaccine (PCV13) and pneumococcal polysaccharide vaccine (PPSV23). There are more than 90 types of pneumococcal bacteria, and PCV13 protects against 13 types, while PPSV23 protects against 23 types. Both protect against illnesses like meningitis (infection of the covering of the brain and spinal cord) and bacteremia (blood infection). PCV13 also provides protection against pneumonia (lung infection).

Zoster vaccine

Shingles is a very painful, contagious blistering rash caused by a reactivation of the herpes zoster, or chicken pox virus. If you are 60 or older, get a shot to prevent it even if you have already had shingles. The zoster vaccine has only been available for a few years, and decreases your risk of having shingles by about 50 percent, or can minimize its severity. There are risks with the vaccine for people with certain conditions, so be sure to discuss any health problems you have with your doctor.

Tetanus-Diphtheria-Pertussis (Tdap)

Get a shot for tetanus, diphtheria, and whooping cough. Get a

tetanus booster if it has been more than 10 years since your last shot. It contains the same components as the tetanus-diphtheria vaccine with the addition of the pertussis component. More seniors are getting pertussis, or whooping cough, possibly due to fading immunity.

Have a discussion with your doctor about which vaccines he or she recommends, and make sure to have the needed vaccines on schedule to help prevent disease and maintain good health.

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About Comfort Keepers

Comfort Keepers is a leader in providing in-home care consisting of such services as companionship, transportation, housekeeping, meal preparation, bathing, mobility assistance, nursing services, and a host of additional items all meant to keep seniors living independently worry free in the comfort of their homes. Comfort Keepers have been serving New Hampshire residents since 2005. Let us help you stay independent. Please call 536-6060 or visit our Web site at www.comfortkeepers.com/plymouthnh for more information.

Black Bear Half Marathon & 5K offers scenic tour of Waterville Valley

WATERVILLE VALLEY — The Black Bear Half Marathon and 5K on Sunday, August 28, leads runners on a scenic tour of Waterville Valley. The route weaves along quiet country roads and trails and begins and finishes in the Town Square.

The Half Marathon starts at 9 a.m. and the 5K starts shortly after at 9:30 a.m. Entry fees for the Half Marathon are \$70 before August 27 and \$80 on race day. Entry fees for the 5K are \$35 before Aug. 27 and \$40 on race day. Online registration can be accessed via this link, or by visiting www.blackbearhalfmarathon.com.

Registration includes a shirt, medal for all half marathon participants and pint glasses to overall and age group winners. Packet pick-up will be on Saturday, Aug. 27, from noon to 5 p.m. at the Black Bear Lodge.

Waterville Valley, New Hampshire, is a four-season resort set in the White Mountain National Forest, just 2 hours north of Boston. In addition to winter snowsports like skiing and snowboarding, Waterville Valley offers award-winning tennis courts, golf, biking, cul-

tural activities and summer theater, an indoor ice rink, boating, and a skate and bike park. Lodging choices include traditional inns and all-suite hotels, and dining options range from traditional favorites to elegant eateries. There are miles of hiking and mountain bike trails, a pond for swimming, and activities and programs for children and the whole family at the Curious George Cottage and the Recreation Center. For more information, call 800-468-2553 or visit www.visitwatervillevalley.com.

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Ashland	27 Carr Ave.	Single-Family Residential	\$40,009	US Bank NA Tr.	Peter and Cheryl Bates
Ashland	122 N. Ashland Rd.	Mobile Home	\$122,533	VLK FT and Ernest E. Vlk	William M. Croft
Bridgewater	10 Mountain View Rd.	Single-Family Residential		Mark Swanson	Eric W. Lacroix
Bridgewater	52 Whittemore Point Rd. N.	Single-Family Residential	\$215,000	Cloyed and Carole M. Ross	Tzannetis A. Serlemitsos and Elizabeth Alford-Thompson
Bristol	41 Beech St.	Apartment Building	\$212,333	Stephen B. and Marianne Clorite	Cedar Brick LLC
Bristol	Cedar Street	N/A	\$123,600	Stephen B. and Marianne Clorite	Cedar Brick LLC
Bristol	200 Country Club Rd.	Single-Family Residential	\$80,000	Odete C. Borges	Alesha R. Borges
Bristol	Lake Street (Lot)	Residential Open Land	\$39,000	Hemlock Brook LLC	Gary Baker
Bristol	81 Wulamat Rd., Lot 44	Mobile Home	\$58,000	Arthur A. Richart	Jennifer L. and Joshua R. Strout
Bristol	444 Wulamat Rd.	Single-Family Residential	\$226,000	Richard N. and Heather P. Hart	Eugene and Lynne Avery
Campton	27 Deacon Willy Rd.	Single-Family Residential	\$371,000	Matthew S. Messina	Buryznski Cran FT and Catherine A. Crane
Campton	Owl Street	N/A	\$80,000	Sarah Caldwell	DPC RT and George Zografos
Campton	8 Skye Drive	Single-Family Residential	\$181,067	Patricia E. Thompson and Reverse Mortgage Solution	Reverse Mortgage Solution
Campton	US Route 3 (Lot)	Residential Open Land	\$70,000	Edward R. Hebert	Kathleen M. and Joseph P. Grinley
Holderness	257 Perch Pond Rd.	Single-Family Residential	\$332,000	Bruce C. and Beverlee R. Carpenter	Hannah B. Steinitz and Scott A. Kresge
Holderness	853 US Route 3 S.	N/A	\$1,080,400	Sqam Boat Livery Inc.	SBL Real Estate LLC
New Hampton	865 Old Bristol Rd.	Single-Family Residential	\$182,000	John W. and Julie A. Moyer	Elizabeth Wilson
Plymouth	42 Eagles Nest Rd., Unit 42	Condominium	\$269,933	Buryznski Crane FT and Catherine A. Crane	Baumgartner FT and James R. Baumgartner
Rumney	338 Stinson Lake Rd.	Single-Family Residential	\$50,000	Norman J. Bates and Wilmington Savings Fund Soc.	Wilmington Svgs Fund Soc.
Rumney	1686 Stinson Lake Rd.	Single-Family Residential	\$110,000	Valentine Baziliauskas and FNMA	FNMA
Thornton	57 Sellingham Hill Rd.	Single-Family Residential	\$358,533	Virginia M. Deluca T and Virginia M. Deluca	Margot J. Riley
Warren	25 Island Rd.	Single-Family Residential	\$75,000	Monte Petersen	Brandon D. Fulton and Brittany A. Cyr
Warren	Sawyer Highway	N/A	\$37,000	Robert J. Hueber	Frederic Sontag
Waterville Valley	32 Windsor Hill Way, Unit 130	Condominium	\$73,933	Greenway RT and Jennifer F. Stoner	Jonathan G. Weibel and Colleen Lent
Wentworth	Buffalo Road	Residential Open Land	\$23,000	Dennis J. and Gaye E. Clough	Mary R. and Anthony F. Melendy

MARK ON THE MARKETS

Putting it together



BY MARK PATTERSON

I recently had a client who is bringing more money into his account and ask me how he can get this money to work. This money is really earmarked for equities' in his portfolio because his fixed income portion, in other words "bonds," that are providing income are already allocated. He is aware that the equity market is pricey and I tend to not want to buy stocks when they are expensive. But that

doesn't mean we can't go fishing for stocks that he would want in his portfolio at a better price and even if we don't get to buy them at that better price, we will make money for his account.

When I explained to him that we could sell "out of the money" cash covered puts, I knew I would get a blank stare and a proclamation from him that he has no idea what I'm talking about. My explanation went something like this; first we want to identify some companies whose stock he would want to own. For exemplary purposes of this strategy, we will use Procter & Gamble.

What I'm about to explain is a technique using options to build a portfolio or just to gain revenue into your account. Procter & Gamble is a consum-

er non-durable's company whose beta is .63, which means it is less volatile than the benchmark S&P 500. This lack of beta or volatility means that the option premium when collecting will not be as high as if we were using a stock with a higher beta. Presently Procter & Gamble is trading at \$86.94. If we look out three months in the future we could sell a "put" with a strike price of \$82.50, so this is over four dollars out of the money. For this "put" which represents 100 shares Procter & Gamble, we will receive \$140 in premium that goes directly into the clients account. By the time this option contract expires in about three months one of three things will happen. The first thing is that Procter & Gamble does not move under \$82.50 and the \$140

remains in the clients account. The second thing is; that before expiration the time element of an option contract could make it worth next to nothing which the client could buy back just to ensure the fact that the stock will not get put to them. The third thing that could happen is that Procter & Gamble moves below \$82.50 and

the stock gets "put" to the client at our strike price of \$82.50 less the \$140 of premium which we collected to give the client a purchase price equivalent to \$81.60.

The client needs to keep \$8,250 of cash in the account in case the stock is put to them. \$140 is collected for the three-month period, annualized that is 6.8% return on the money

even if you never buy stock.

This option strategy allows my client not to "chase the market" and bid on stocks at lower prices while keeping premium if the stocks are not "put" to them.

Mark Patterson is an advisor with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

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Moultonborough, NH | MLS # 4493049 | \$199,900
 Year round contemporary home on an over-sized, private lot in the beach access community of Suissevale. Open floor plan with great windows that let in lots of light. Screened porch has insulated windows and a knotty pine finish. Gas stoves in the living room and lower level provide plenty of heat. The bedrooms are large and there are baths on both floors. Roof and Rinnai hot water heater are both fairly new.

Moultonborough, NH | MLS # 4509533 | \$249,900
 This custom built Cape has beautiful oak floors on the main level. The tastefully finished interior provides a warm, friendly feeling. A Jotul F500 wood stove will warm you through the winter months or just let the Peerless furnace do the work. Just a short distance down Moultonborough Neck Road allows you quick access to all the area has to offer including one of the lowest tax rates in NH.

Campton, NH | MLS # 4485417 | \$340,000
 Privacy! 24.6 acres of land. Plenty of room for an additional building with approval. Large level area with treed perimeter and a lovely birch forest. Close to snowmobile trails for winter fun! The existing A&B barn is spectacular and just waiting for you to complete the second floor living quarters to your liking. If you want a private spot away from the "hustle and bustle" this is it. This property will take your breath away!

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CENTER HARBOR // Large home on level lot - 3Bd, den, office, Fam. Rm, formal DR, LR w/woodstove, att. 2 car garage w/ storage above, full walk out basement. Town beaches on Squam & Winni.
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BARNSTEAD // Year round Ranch w/a 400SF family room in the walk-out basement. 100' on Half Moon Lake w/a lift up dock & sunsets. Natural shoreline has a western exposure, tall Pine trees, screened porch.
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NEW DURHAM // Merrymeeting Lake: This year round home is nestled in the woods on 1 acre just across the street from your shared 60 foot waterfront lot.
\$229,900 (4479520) Call 875-3128

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MOULTONBOROUGH // Level wooded lot located in quaint village district in Commercial Zone "A". Driveway permit. Agent interest.
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\$285,000 (4374070) Call 253-9360

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\$114,900 (4433900) Call 253-9360

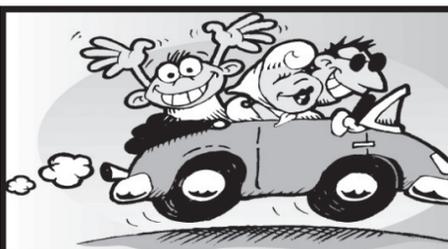
ALTON // 7.58-Acre wooded building lot with 784' on Class VI Sport Emery Road. Private setting. Close to all Lakes Region activities. Convenient commuting location.
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2 Bedrooms, 2 Baths, 1,055 SF
\$155,000 MLS #4501809

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Gilford: Currently the only unit available at Misty Harbor. 1-BR, 1-BA condo with new wood and tile floor, hickory cabinets, new stove/oven and microwave. Almost everything has been updated! Indoor & outdoor pool, beach and picnic area. **\$75,000 MLS# 4509353**

Laconia: Unique South Down Shores 4-BR home with water views. HW floors, fireplace, 1st fl. Master suite, knotty pine sunroom and stone patio. Home overlooks Paugus Bay and is beautifully landscaped with its own sprinkler system. **\$429,900 MLS# 4508818**

Laconia: Lovely 2-BR, 2.5 BA ranch with over 2,000 sqft. of living space. Enjoy beach rights on Lake Opechee right down the street. The home has an eat-in kitchen, 1st floor master, bamboo floors, gas fireplace, and attached 2-car garage. **\$269,900 MLS# 4488889**

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HOLDERNES: Private Contemporary home situated on 16.8 acres with beautiful views of the Squam Range. Mature woodlands & gardens with level yard. Chef's kitchen and beautiful stone fireplace. **MLS# 4502000 \$499,900**

MOULTONBOROUGH: Winnepesaukee access with boat launch, picnic areas & sandy beach. Cozy Suissevale home with private level yard and large garage for storage. **MLS#4503202 \$179,000**

HOLDERNES: 19th Century barn with road frontage on Rte. 3 giving many possibilities. Level with partial woods and open areas. 1.89 acres with great exposure & location. **MLS# 4486003 \$215,000**

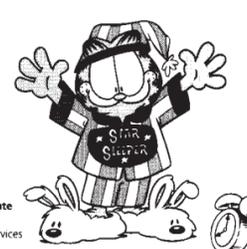
ASHLAND: Within walking distance to the town beach on Little Squam & marina and set back off the road for nice privacy. This three bedroom ranch has been recently renovated & ready to move in. **MLS# 4489173 \$210,000**

CAMPTON: Three bedroom home with a large three season room and detached garage. Set on a nice lot with gardens & potential mountain views. **MLS#4490569 \$ 145,000**

ASHLAND: Three bedroom home with large screened porch & partially finished basement. Paved circular drive with detached one car garage. **MLS# 4481503 \$139,000**

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Moultonboro \$1,145,000 #4504160
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Janet Cramer 603-707-2771



Moultonboro \$999,000 #4507722
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Ellen Mulligan 603-387-0369



Moultonboro, \$960,000 #4508102
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Moultonborough \$895,000 #4493115
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Gifford, \$689,000 #4494035
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Susan Bradley 581-2810



Meredith, \$675,000 #4507727
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Bob Williams 603-455-0275/Danielle McIntosh 603-393-5938



Center Harbor \$369,900 #4496743
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Moultonboro \$249,900 #4508457
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Gifford, \$139,900 #4507063
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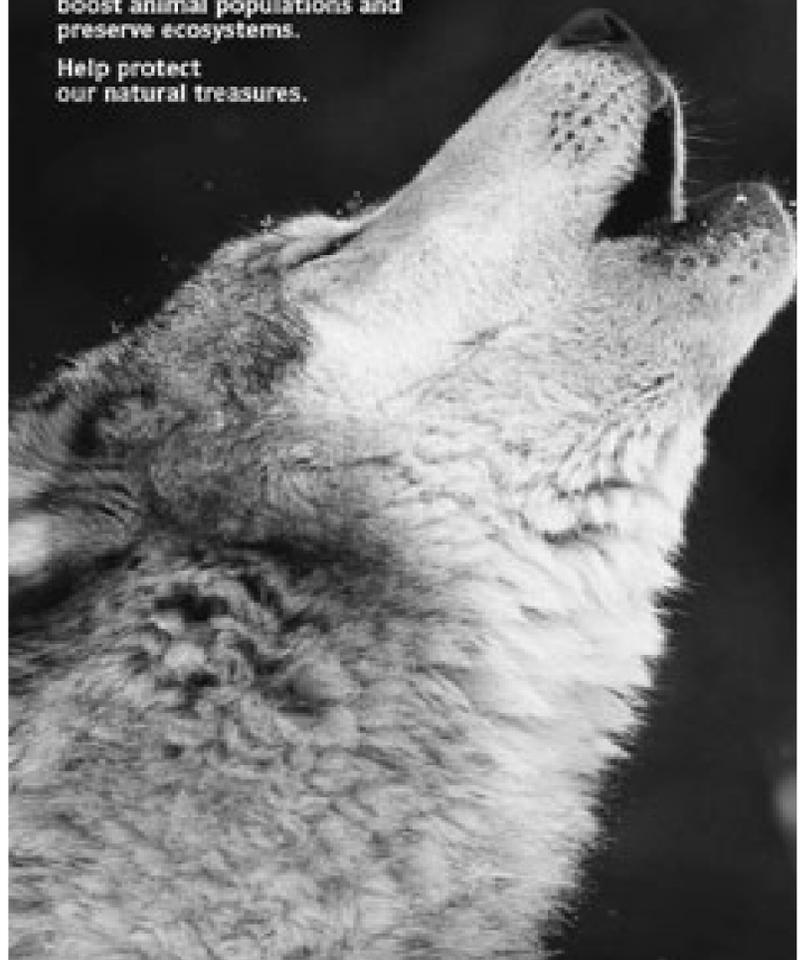
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(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

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The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.

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FOR RESIDENTS OF THE
ASHLAND SCHOOL DISTRICT**

The Ashland School Board is seeking (4) interested residents to serve on the Withdrawal Planning Committee as approved by voters on March 9, 2016. The purpose of the committee is to study the organization, withdrawal, or reorganization of SAU #2.

Interested persons should submit a letter *no later than September 2, 2016* briefly describing their background and reasons for wanting to serve on the Withdrawal Planning Committee to:

Mary Moriarty, Superintendent
SAU #2, Humiston Building
103 Main Street, Suite 2
Meredith, NH 03253



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Please send CV and cover letter with salary requirements to Melissa Myers, MD, NHS, 25 W. Main St., Conway, NH 03818 or e-mail to mmyers@northernhs.org.

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PO Box 690, North Conway, NH 03860
Fax: (603) 356-7181

jobs@whitemountainoil.com
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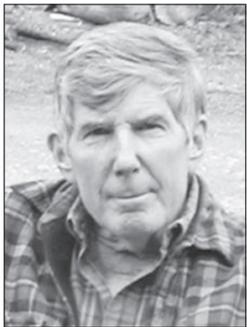
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NORTH COUNTRY NOTEBOOK

Any rain that falls just now will be staying right at home



By JOHN HARRIGAN
COLUMNIST

"When the water's low, the rocks stand out like hay bales," Corey Roman liked to say when he was steering his boat around invisible boulders in the fast and furious Menihek Rapids, in central Labrador. For 13 years a bunch of us from northern New Hampshire and Vermont went up to fish at Menihek, around a thousand miles north of my home in Jefferson.

I was reminded of this when I took the

slower way home from Lebanon a week or so ago, and along the Wild Ammonoosuc between Lisbon and Littleton saw rocks sticking up like hay bales.

The water is low in the Ammonoosuc and all other free-flowing rivers, evidence of a long spate of dry weather that gardeners know about all too well. In my case, this is only the second time I've had to water my garden in all the years I've had one, and as I approach 70, that's saying something.

Most of the time, along the northern tier of New England, the ground is pretty well saturated and the water tables, either perched or under valley floors, are pretty well full, evinced by the thousands of springs and seeps created by rainwater that follows layers of clay and fine silt to emerge on the sides of ridges

and hills.

Not for nothing are the vast expanses of woodlands here wryly referred to as "The Asbestos Forest," because under normal conditions it would be pretty difficult to get a good forest fire going. I used to kid Jack Sargent, longtime chief of the state Forest Fire Service, about always seeming to have a convenient forest fire of 20 acres or so to battle just before budget time.

And under normal conditions, the ground is so full of water that every drop of rain, I'm fond of saying, is on its way to Long Island Sound as fast as it can caper.

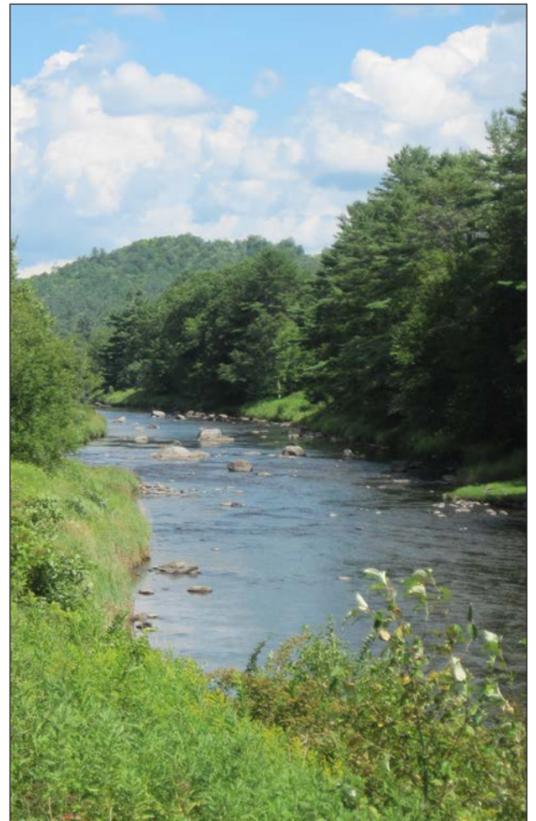
This is not the case now, and the land is like a dry sponge. We need not the fast and hard thunder storms we've been getting, but instead four or five days of slow, soaking rain. The more northern parts of northern

New England have more water than their southern neighbors, but they're not flush.

There are two rivers that are running fairly full, however---the Connecticut and the Androscoggin. Both have enormous upriver lakes and tributaries that serve as storage batteries.

The dams on the headwaters are releasing a lot of that water just now, because there are power dams and turbines downriver, and in the cities they're all running air conditioners, and that power has to come from somewhere, and you can bet that the price is right.

(This column runs in weekly newspapers covering two-thirds of New Hampshire from Concord to Lower Quebec and parts of western Maine and northeastern Vermont. Letters must include the writer's telephone num-



Water is low in the Wild Ammonoosuc, where rocks stand out like bales of hay.

bers and town. Write gmail.com or Box 39, to campguyhooligan@ Colebrook, NH 03576.)

WELCOME

The Pulmonary and Critical Care Medicine providers and staff are pleased to welcome Dr. Ana Zamora, to the practice on behalf of all LRGHealthcare.

Dr. Zamora received her certification from the American Board of Internal Medicine and Pulmonary Disease.

Dr. Zamora is accepting new patients and may be reached at 527-2970.

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