

Early Sunday morning, a group of about twenty local artists visited Main Street, Putnam, to begin a community Art Project.

Photo Rebecca Ramsey

# Community art project transforms downtown Putnam

BY REBECCA RAMSEY  
CONTRIBUTING WRITER

PUTNAM—Early Sunday morning, a group of about twenty local artists visited Main Street, Putnam, to begin a community Art Project. Equipped with various color paints, brushes, and creativity, they went to work transforming the white Jersey barriers which had been recently installed to accommodate outdoor dining. Before long, the barriers were spotted with dozens of unique, multi-colored designs.

Each design is creative and diverse. Some are large and realistic, such as a dog in a grassy field. Others are more cartoonish, abstract, or symbolic, using shapes and patterns. The quote by Audrey Hepburn “To plant is to believe in tomorrow” is painted in careful calligraphy strokes across one barrier. The adjacent barrier

er reads, “Only in the darkness can you see the stars.” The detailed script letters and multi-colored shapes stand out against the white barriers, giving the town another unique attraction. The artists returned later in the week to continue adding their artwork.

Inspired by the barriers’ makeover, young artists from The Complex Performing and Creative Arts Centre decided to join the project. On Tuesday, they added their own lovely designs to the sidewalk barriers. The young artists enjoyed the project. They hope it inspires others’ creativity and promotes the arts in Northeastern Connecticut.

In addition to the barrier art, another art installation was made in downtown Putnam this week. Four painting created by local artist Kathy Borner were

installed over the covered windows at The Bradley’s Playhouse’s second floor. The artwork was created to look like windows, each containing a central element—whether a person or a dog—looking down at Livery Street.

Combined, Borner’s window art, Dale Roger’s nearby Sculpture Affair, and Main Street’s barrier art provides a beautiful message not only about Putnam’s uniqueness but also about the kindness of its community. Despite challenging circumstances, they have found a way to stay busy and to encourage each other. Putnam residents have enjoyed walking by the artwork, taking photos, or participating in the project. They are proud of their small, but creative town—full of artists, dreamers, and believers.

# Health Department reports increase in COVID-19 cases

BROOKLYN — According to data from the Connecticut Department of Public Health, 20 northeast Connecticut residents age 16-19 years tested positive for COVID-19 between July 23 and July 31. The Northeast District Department of Health (NDDH) reports that eight of the cases were from the town of Woodstock; four from Brooklyn; three from Pomfret; two from both Eastford and Plainfield; and one from Canterbury. Only 13 cases were reported in this age-group in the previous four months. NDDH began receiving reports of these cases on July

23. Nineteen of the cases were reported to NDDH on or after July 26.

“In addition to laboratory test results, we are collecting information from those who have been infected, their family members, and representatives from health care and the local school systems as part of our investigation,” said NDDH Director of Health Sue Starkey. “The State has been allowing businesses to open and social gatherings to take place, but everyone is still supposed to follow the Rules by

Please Read **CASES**, page **A7**

# Day Kimball Healthcare enters into management agreement with Pinnacle Health Consulting

KYLE KRAMER  
NAMED CEO



Kyle Kramer

PUTNAM — The Board of Directors of Day Kimball Healthcare (DKH) and Pinnacle Healthcare Consulting (Pinnacle) announced today that they have entered into a management services agreement and named Kyle Kramer, FACCA, FAAMA, as the new chief executive officer (CEO) of the integrated hospital and health system, which is the major provider of healthcare and largest employer in Northeast Connecticut.

Under the management agreement, Pinnacle will provide management services to the health system, while Kramer will oversee the health

system’s operations. Kramer first came to DKH in January 2020 with Pinnacle and has been providing consulting support

Please Read **KRAMER**, page **A7**

# Community gathers for demonstration against racism



Leah Ralls, President of local Windham/Willimantic NAACP branch.

THOMPSON — A first-time community event took place in Thompson on Saturday, Aug. 1, with a gathering of about 65 Thompson residents and neighbors “Standing

Against Racism.”

The rally at Riverside Park in North Grosvenordale featured speakers, readings, poetry and local musicians.

Officers of the local Windham-Willimantic NAACP branch described incidents of violence and mistreatment that are still happening across our country—and here in northeast Conn.

NAACP President Leah Ralls expressed her recent realization that not only black and brown men are being targeted, but also black and brown women, citing the deaths of Breonna Taylor in Kentucky and Sandra Bland in Texas. As a black woman, although not a fearful person, this is something she now keeps in mind even during ordinary daily life activities.

First Vice President of NAACP Rodney Alexander, Jr. related a

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# Of fruit stands and farmer’s markets



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.....  
MARGARET  
WEAVER

This past week, I received an email from Ellen Marie Provencher with another correction to the information about George Roy, who had the fruit stand at the Dayville Four Corners in the 1970’s. His wife’s name was Aurore E., not Flora. Ellen sent a portion of Aurore’s obituary from October 2012, which confirmed the name, and added the information that George Roy died in 2000. I’ll have to make a notation in the Killingly Business Encyclopedia.

Thinking about the fruit and vegetable stand has made me reflect on the many places I have stopped for produce in the 51 years that I’ve lived in Northeastern Connecticut. Some sold only corn, oh so good when it was freshly picked. However, I can’t remember how long ago the Farmer’s Markets began to make an appearance. Can anyone give me an approximate year to add to my collection of historical tidbits?

I’m sure this summer of 2020 is one we’ll long remember. In just the few short months since March, the spread of the Coronavirus has completely altered

our ways of life. Businesses, schools, and houses of worship were shuttered. Only very small gatherings were permitted. Words like “social distancing” and “face coverings” have become part of our everyday vocabulary. “Virtual meetings” and virtual worship services have replaced many regularly scheduled face-to-face gatherings. Those of us who are technologically challenged have much to learn.

Sometimes difficult circumstances actually become occasions for blessings in disguise, beautiful rainbows. Such has been the case right here in Killingly. The appearance of virtual masses from St. James Church in Danielson brought together several individuals who would never had the opportunity to correspond and connect if it had not been not for these strange Pandemic era circumstances. Fr. John O’Neill, pastor of St. James parish who arrived in Danielson in June 1991, recently shared a most amazing story with me...one that has continued to “get better and better” according to him. The recent events all started with a letter dated from a woman in California dated May 11.

“Dear Fr. O’Neill. I live in Los Angeles, but grew up in Quincy, MA where I attended St. Joseph School taught by the Sisters of St. Joseph. In 1962 I was praying for individual seminarians soon to be ordained. I can also recall attending his first Mass as an ordained priest. From time to time I would think about the seminarian I was given. Who was he? Where did he

shepherd his flock? A while ago I was looking through my mother’s missal. There was a holy card commemorating the first Mass of John Joseph O’Neill. I believe you may be my priest!

“I saw online your celebration of Mass, May 3, Good Shepherd Sunday, and heard your message of Love, Understanding, Compassion, and Kindness. How fortunate for me! Thank you, Fr. O’Neill, for being priest, pastor, servant and shepherd. Thank you for hearing God’s call and saying, ‘Yes! Blessings, Nora Joseph.”

Fr. John Joseph O’Neill, Missionary of Our Lady of LaSalette. celebrated his first mass June 3, 1962 at Sacred Heart Church, Bridgeport, Connecticut. (mass card). In honor of that event 58 years ago, he was interviewed on WINY Radio on June 3, 2020 by Gary O. When asked how many years he spent preparing for his ordination, Fr. John replied, “Thirteen years. We had four years in the high school; four years in college; one year of novitiate, year of spiritual renewal; and then four years of theology.” (His three sisters became Sisters of Mercy).

Near the end of the interview Gary asked for words of wisdom, “ My heart is aching for our country and what’s happening to our country right now... What’s your take? Guide us. Lead us.” Fr. John encouraged everyone, “Do something good today. Do something kind. Be pleasant. You know, all this bickering, all these fights—it’s a waste of time. Just be good to one another and we’ll prosper...”

Now back to Nora Joseph’s letter and her “appearance” into Fr. John’s life. It was just the beginning of an ongoing correspondence between Nora and Fr. John O’Neill. Nora commented that she believed it was her sixth grade teacher that had encouraged the students to pray for the seminarians. This teacher’s religious name at that time (1962) was Sister Theresa Joseph. Nora decided to search to see if she could locate this sister, who would now be using her birth name. She figured she had to be in

at least her eighties. The search took a little while. However, in a July 27 email to Fr. John Nora stated, “I believe Sr. Theresa Joseph is Sr. Barbara Whelan. Thank you for calling the motherhouse, Fr. O’Neill...I am confident that we will find her.”

By this point, Fr. John had told me this remarkable story, and had forwarded me a number of emails. Much to my delight (and I’m sure his), he called me early one morning last week saying that he had just had a telephone call from Sr. Barbara Whelan! Yes, from the woman who had started this chain of events all those years ago by encouraging her students to pray for seminarians. (In 1970 Sr. Barbara had helped co-found Bridge Over Troubled Waters, an agency in the Boston area which provides assistance for at-risk and homeless youth).

Now there’s just a little more I’d like to add. Would you believe that today, Aug. 7, is Fr. John O’Neill’s 85th birthday? Of all the Fridays of the year that I could have the privilege of writing this story, it is today. Happy Birthday, Fr. John, and may you be blessed with many more!

The mail is being checked although the Center is closed. Please send your membership renewals to P.O. Box 265 Danielson, CT 06239.

*Margaret M. Weaver Killingly Municipal Historian, August 2020. Special thanks to Ellen M. Provencher, Fr. John O’Neill, Nora Joseph, Gary O, Sr. Barbara Whelan and all those who helped in the search. For additional information email me at margaretmweaver@gmail.com or visit the Killingly Historical & Genealogical Center Wed. or Sat. 10-4 (when it reopens) or www.killinglyhistorical.org. or call 860-779-7250 (when the Historical Center reopens). Like us at Facebook at www.facebook.com/killinglyhistoricalsociety. Mail for the Killingly Historical & Genealogical Society, Inc. or the Killingly Historical and Genealogical Center should be sent to PO Box 265, Danielson, CT 06239.*

## Woodstock Legion post hosting open house

WOODSTOCK — The Benson-Flugel Post 111 American Legion, Inc. invites all veterans and their families to our free open house breakfast on Aug. 29. Come to our post located at 22 Stone Bridge Rd., Woodstock, to see what we do for our community.

We are always looking for new mem-

bers and due to the LEGION Act of 2019 all veterans who have served since Dec. 7, 1941 are eligible to join.

Our points of contact are Glenn Boies, Commander, 860-234-5525 or Chuck Jones, Adjutant, 860-983-3759

## Econn Motorsports cancels Aug. 19 race

THOMPSON — Due to mounting concerns over the health and economic effects of COVID-19, Econn Motorsports announced today they are not moving forward with the traditional Bud 150 which had been scheduled for Aug. 19 at Thompson Speedway Motorsports Park.

The recent outbreaks of COVID-19 cases associated with professional sporting events was chief among the reasons for the decision.

“We had initially thought that the virus would be of minimal concern by now, but the numbers are still very concerning,” said Terry Eames of Econn Motorsports.

“We remain committed to keeping oval track racing alive at Thompson and will continue to work with the Hoenig family about the possibility of events later in the year,” Eames added.

## VILLAGER ALMANAC At CT AUDUBON

Bird sightings at the Connecticut Audubon Society Center at Pomfret and Wyndham Land Trust properties for the week of July 27: American Kestrel, Bobolink, Eastern Kingbird, Wood Thrush, Veery, Ovenbird, Catbird, Red-tailed Hawk, Barred Owl, Barn Swallow, House Wren, Carolina Wren, White-eyed Vireo, Common Yellowthroat, Louisiana Waterthrush, Goldfinch. Visit [ctaudubon.org/pomfret-home](http://ctaudubon.org/pomfret-home).

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<b>NEWS EDITOR,</b> BRENDAN BERUBE 860-928-1818 x 323 <a href="mailto:brendan@villagernewspapers.com">brendan@villagernewspapers.com</a>	<b>ADVERTISING MIKAELA VICTOR</b> ADVERTISING REPRESENTATIVE 860-928-1818, EXT. 313 <a href="mailto:mikaela@villagernewspapers.com">mikaela@villagernewspapers.com</a>
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FOR ALL OTHER QUESTIONS PLEASE CONTACT  
KERRI PETERSON  
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[kerri@stonebridgepress.news](mailto:kerri@stonebridgepress.news)

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<b>PRESIDENT AND PUBLISHER</b> FRANK G. CHILINSKI 860-928-1818 EXT. 103 <a href="mailto:frank@villagernewspapers.com">frank@villagernewspapers.com</a>	<b>EDITOR</b> BRENDAN BERUBE 860-928-1818 x 323 <a href="mailto:brendan@villagernewspapers.com">brendan@villagernewspapers.com</a>
<b>BUSINESS MANAGER</b> RYAN CORNEAU 860-928-1818 EXT. 102 <a href="mailto:ryan@salmonpress.news">ryan@salmonpress.news</a>	<b>PRODUCTION MANAGER</b> JULIE CLARKE 860-928-1818, EXT. 305 <a href="mailto:julie@villagernewspapers.com">julie@villagernewspapers.com</a>
<b>OPERATIONS DIRECTOR</b> JIM DINICOLA 508-764-6102 <a href="mailto:jimdinicola@stonebridgepress.com">jimdinicola@stonebridgepress.com</a>	<b>OFFICE HOURS:</b> MONDAY THROUGH FRIDAY 8:30AM-4:30PM

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# How the Coronavirus changed everything about economic policy

This month, as we switch gears from July and mid-year planning, we want to focus a little closer on how the COVID pandemic has changed the world around us. However, as our discussion of mid-year planning comes to an end, don't forget to think about your financial life goals, and consider how they are reflected in your investment strategy.

Since March, our bipartisan congress and the Federal Reserve have developed fiscal and monetary policy to try and mitigate the damages caused by the pandemic, as well as continue to support the nation and its citizens. Indeed, the specific characteristics of the COVID-19 outbreak give it the power to change economic policy forever. In this article, we will look at the details of some policies, how they helped keep the economy afloat throughout the pandemic, as well as how they differ from policies in the past.

### Fiscal policy response

There were three major fiscal policy responses to the seemingly overnight development and surge of the COVID-19 pandemic. Congress came together to create bipartisan legislation in order to keep all aspects of the economy afloat.

On April 21, the \$483 billion Paycheck Protection Program and Health Care Enhancement Act was passed. The legislation includes forgivable Small Business Administration loans and guarantees to help small businesses that retain workers continue to provide paychecks and make payments to keep their businesses open (rent, bills, etc). There are also funds set aside to help hospitals and

### expand virus testing.

An estimated \$2.3 trillion (around 11 percent of GDP) makes up the Coronavirus Aid, Relief and Economy Security, or CARES, Act. The Act includes a one-time stimulus check, expands unemployment benefits and funds to provide a food safety net for the most vulnerable, allocates \$100 billion for hospitals and \$150 billion in transfers to state and local governments, and provides international assistance, among many other provisions.

The Coronavirus Preparedness and Response Supplemental Appropriations Act and Families First Coronavirus Response Act provide virus testing, transfers to states for Medicaid funding, development of vaccines, therapeutics, and diagnostics, support for the Centers for Disease Control and Prevention responses, two weeks paid sick leave, up to three months emergency leave for those infected (at two thirds pay), food assistance, and much, much more.

A typically divisive congress came together to deliberate and develop a necessary response to the pandemic – that's quite a change.

### Monetary policy response

The Federal Reserve has deployed all the tools developed during the liquidity crunch 12 years ago—including facilities to support banks, companies, and currency swaps with other central banks. Crucially, this comes amid a wave of spending pledges by governments—the biggest shift in economic policy since the 1970s, when fiscal stimulus was abandoned as a primary tool to stabilize employment.

To support the US economy and financial markets, the Fed implemented policies to support: near-zero interest rates, financial market functioning, encouraging banks to lend, corporation and small business assistance programs, policies to help households and consumers, along with supporting state and municipal borrowing and cushioning US money markets from international pressures.

Arguably, the coronavirus cash crunch isn't nearly as strong a challenge to officials' understanding of economics as 2008 was. Yet the global financial crisis only truly shifted the reach of what central banks could do, not governments. Now, almost all officials and economists seem united in pushing for a new mind-set. What has changed?

What makes this series of policy different than before?

Together, fiscal and monetary policy have helped keep the financial markets propped up throughout the COVID pandemic. Without policies in place, the markets were starting to experience extreme volatility and bear-market trends. Instead, markets have been able to globally sustain the effects of the pandemic. With the policies in place, the bond markets stabilized within a few weeks, interest rates were kept low, and consumer spending rose after the sudden crash in March.

But the change also has to do with what Polish economist Michał Kalecki wrote in his famous 1943 essay "Political Aspects of Full

Employment." A reason why subsidizing consumers is resisted by businesses against their own self-interest is because it goes against the moral principle of "you shall earn your bread in sweat." The coronavirus crisis is special, though, in that it is an external, amoral force that has hit the "real" economy first. Damage to financial markets and indebted consumers—two groups often seen as questionable by business leaders—has been a consequence of the crisis, not its cause as in 2008.

### Looking to the future

A lot can be said for how our bipartisan Congress and The Federal Reserve worked to produce policies that would help Americans through the crisis. There are still plans in the process of deliberation and approval, though at the end of the day, we can see already how economic policy will be changed from here on out. For more information about the CARES Act, assistance for those affected by COVID, and

how to Live Well – Feel Well this summer, visit our website [www.whzwealth.com/covid19-resources](http://www.whzwealth.com/covid19-resources). If you're interested in financial planning and achieving your goals, call us at 860-928-2341 or email us at [info@whzwealth.com](mailto:info@whzwealth.com).

*Authored by Vice President, Associate Financial Advisor, Leisl L. Cording CFP®, Securities and advisory services offered through Commonwealth Financial Network®, Member FINRA/SIPC, a Registered Investment Adviser. 697 Pomfret St., Pomfret Center, CT 06259, 860.928.2341. <http://www.whzwealth.com> These materials are general in nature and do not address your specific situation. For your specific investment needs, please discuss your individual circumstances with your financial advisor. Weiss, Hale & Zahansky Strategic Wealth Advisors does not provide tax or legal advice, and nothing in the accompanying pages should be construed as specific tax or legal advice.*

## Le Moyne College names Kobe Akana to Dean's List

SYRACUSE, N.Y. — Kobe Akana, a Junior History major from Thompson has been named to the Le Moyne College Spring 2020 Dean's List. To make the list, students must achieve a GPA of 3.5 or above.

Located in a suburban setting on a picturesque 160-acre campus in Syracuse, N.Y., Le Moyne College is one of only 28 Jesuit colleges and universities in the United States. Offering more than 30 majors, Le Moyne provides a values-based education that helps students explore their potential through academics, experience and service. In 2019, for the seventh consecutive year, Le Moyne was ranked by The Princeton Review as one of the nation's best institutions

for undergraduate education, an honor achieved by only 15 percent of the colleges and universities in the nation. A Le Moyne education provides students with the intellectual skills necessary to succeed in the world and the will to use their abilities to promote a more just society.

POLICE LOGS

Putnam police log

PUTNAM — The Putnam Police Department reports the following recent arrests.  
Peter Longo, age 43, of Putnam was arrested on July 28 on two counts Failure to Comply with Sex Offender Registration requirements.

Villager Newspapers

ACCURACY WATCH

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# bankHometown appoints new management at Putnam branch



**Nancy Roberts**



**Allyson Girard**

PUTNAM — bankHometown recently appointed a new branch manager and assistant branch manager of its Putnam office.

Nancy S. Roberts of Killingly has been named assistant vice president and branch officer. She joined bankHometown in 2018 and has served as assistant vice president and branch officer of the bank's Webster branch since then. Prior to joining bankHometown, Roberts was a vice president and market development manager for Eastern Savings Bank, and before that held positions with Key Bank and People's United Bank. In total, she has more than 30 years of banking experience. Roberts earned an associate degree in business management from Queensborough Community College and is an active member of her community. She serves as board past president and chair of both Thames River Community Services, Inc., and Martin House, Inc., as treasurer of the Webster/Dudley Unit of the Salvation Army, as a board member of the Dyer Manor Fire District, and as hospitality leader of Green Valley Crossing, having previously served as a member of its building committee.

Allyson M. Girard of Putnam has been named assistant branch manager. She joined the bank in 2004 as a teller and was promoted to personal banker in 2006 and to teller supervisor of the Thompson, Conn., office in 2017. Prior to that, she was a teller with Westbank. Girard is currently enrolled in Quinebaug Valley Community College and earned several certificates in banking and financial services from the Center for Financial Training.

About bankHometown  
Founded in 1889, bankHometown is headquartered in Oxford, Massachusetts, and has \$1.0 billion in assets and 15 branches located throughout central Massachusetts and northeastern Connecticut. Through its sponsorship and charitable giving program, bankHometown and the Hometown Bank Community Foundation support non-profit organizations and causes throughout Worcester and Windham Counties. In 2019, the bank and foundation donated more than \$368,000 to nearly 270 organizations. Over the last four years, the program has donated more than \$1.1 million. For more information, visit [bankhometown.com](http://bankhometown.com).

*Local church members  
Stuff the Trunk for TEEG*

WOODSTOCK — Members of the Board of Outreach of the First Congregational Church parked a few cars on the church lawn on July 31 and received donations of school supplies at the Stuff The Trunk event.

The notebooks, pencils, crayons, and colored pencils will be delivered to Thompson Ecumenical Empowerment Group (TEEG) for distribution to local school children. Dozens of washable cloth facemasks, as well as more than \$450 in cash donations, will also be included in the delivery.

Members of East Woodstock Congregational Church also contributed to the cause.

“Our congregations have a long history of partnership,” said Cris Waldron, chair of the East Woodstock Outreach Committee. “We work together to support local non-profits, such as TEEG, Daily Bread, and Community Kitchens, so this seemed like a natural collaboration.”

“Since the onset of the Corona virus, our church has been very active, but we have not been gathering indoors. We had the idea to try an outdoor collection, and the community was extremely generous at our drive-by, drop-off event,” said Lisa Haupt, Director of Family Ministries.

"There is still uncertainty about the fall schedule, but regardless of how students return to school, children need supplies to do their work. Math problems, writing assignments, and art assignments will continue. We are grateful to all who made monetary and material contributions to support the children," said Paula Wilmot, one of the organizers.

A bonus is the inclusion of dozens of handmade washable face masks. Lynn Davis, Ellen Bradley, and Lisa Haupt and several assistant 'cutters' have made more than 300 masks in the last four months.

"I love to sew, and this is one way I can help keep



people healthy during the pandemic,” commented Davis.

TEEG serves families in Thompson, Woodstock and Pomfret. Interested families may request materials by filling out an application by Aug. 14. Go to [teegonline.org](http://teegonline.org) or contact Chelsea French, Community Development Coordinator, at [chelseaf@teegonline.org](mailto:chelseaf@teegonline.org) or 860-923-3458. The school supplies will be distributed at 15 Thatcher Rd. in North Grosvenordale.

*Pomfret School announces Head of School  
Scholar honors*

POMFRET — Students named to this list earned a grade point average of 4.00 and received no grade lower than an A- for the Spring 2020 Term.

Benjamin Gordon of Woodstock  
Christina Mark of Woodstock  
Teagan O'Hara of Woodstock

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Maps will also be available the morning of Saturday, August 29th at the Town Hall from 7:30 a.m. to 12:00 p.m. Registration forms available at [www.woodstockct.com](http://www.woodstockct.com).

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# Day Kimball Healthcare Plainfield Walk-In Clinic reopens

PUTNAM — Day Kimball Healthcare (DKH) has announced its walk-in clinic at its Plainfield Healthcare Center, located at 12 Lathrop Rd. in Plainfield, reopened Saturday, Aug. 1.

The Plainfield Walk-In Clinic temporarily suspended services in late March in response to significant drops in patient volume resulting from the coronavirus pandemic. Patients can once again visit the clinic for the same range of medical services that were available prior to its closure.

The Plainfield Walk-In Clinic will resume normal business hours, and will be open Monday through Friday from 10 a.m. to 8 p.m., weekends from 9 a.m. to 5 p.m., and on major holidays from 9 a.m. to 3 p.m. No appointment is necessary.

“Day Kimball Healthcare’s Plainfield Walk-In Clinic is an important resource for people seeking convenient and affordable medical care in our community, as well as those without a primary care provider,” said Paul Beaudoin, chief finance officer and

interim chief executive officer, Day Kimball Healthcare. “We are pleased to be reopening the clinic and restoring this important access to healthcare.”

Multiple safeguards have been put in place at the Plainfield Healthcare Center to protect both staff and patients including masking requirements for employees and patients, social distancing measures, visitation restrictions, frequent cleaning of all areas, and symptom screening patients before building entry.

Other services available at the Day Kimball Healthcare Center in Plainfield are open, including diagnostic imaging, blood draw, internal medicine, OB/GYN, and pediatrics.

The reopening of the Plainfield Walk-In Clinic is part of a phased approach at Day Kimball Healthcare to balance the expansion of services while assuring a continually safe environment for patients, visitors, providers and staff.

“We have been thoughtfully and cautiously phasing in a return of services to make sure that we have what we

need to protect our patients and staff and ensure the safety of everyone in our facilities. Day Kimball Healthcare’s locations are safe places to receive medical care for everything from preventative health visits at our outpatient centers to cancer treatments at our hospital to immediate medical issues at our walk-in clinic and emergency department,” said Beaudoin.

DKH recommends that anyone who develops a fever, cough or difficulty breathing should contact their primary care provider before visiting any healthcare location. Patients coming to the Walk-In clinic to have any of these symptoms evaluated should call the clinic from their car before entering the building, at (860) 457-9150.

In the case of life threatening medical issues or situations, call 9-1-1 immediately, or report to the nearest emergency facility. The Townsend Emergency Medical Center at Day Kimball Hospital in Putnam has remained open throughout the pandemic and is ready to treat any emergency, 24/7, in a safe, COVID-

19 free environment.

To learn more about Day Kimball Healthcare’s Plainfield Walk-In Clinic visit [daykimball.org/walk-in](http://daykimball.org/walk-in). For more information and guidelines about returning to care at Day Kimball Healthcare, visit [daykimball.org/return-to-care](http://daykimball.org/return-to-care).

About Day Kimball Healthcare

Day Kimball Healthcare is a nonprofit community healthcare system comprised of Day Kimball Hospital, Day Kimball Medical Group, Day Kimball Healthcare At Home, and healthcare centers in Danielson, Dayville, Plainfield, and Putnam. Its service area includes Northeast Connecticut as well as nearby Massachusetts and Rhode Island communities. Day Kimball Healthcare’s comprehensive network offers more than 1,000 staff including nearly 300 associated, highly skilled physicians, surgeons and specialists. Its website is [www.daykimball.org](http://www.daykimball.org).

## The Complex announces arts education, alternative learning programs

BY REBECCA RAMSEY  
CONTRIBUTING WRITER

PUTNAM—The Complex Performing and Creative Arts Centre has announced that their Arts Education and Alternative Learning Programs will begin September 2020. The Complex on Main Street in Putnam, will offer a full Arts Education Program for children, teens, and adults in dance, theatre/acting, music, and visual/creative arts for a 16th season beginning on Sept. 14. The Complex is well known for providing an authentic arts education to Northeastern Connecticut through the leadership of a professional team of artists and instructors.

In addition to the afterschool program, The Complex has also developed The Creative Learning Lab—a safe and monitored space where students can study an online curriculum or work in small groups of roughly six students and a leader. The

CCL was created for students who need an alternative to traditional learning environments. While lab students study their chosen curriculum, staff members assist them online, helping them set daily and long-term goals, find resources, and collaborate with others. Staff members will also offer feedback and motivation.

The Complex will accept only 24 students per day. Students may choose to attend two or four days a week, and will work in small groups. The Complex will offer a different arts-based workshop each week.

At The Complex, students

have the freedom to explore, collaborate, be inspired, set goals, achieve goals, and evolve their skills. The mission of The Complex is “to offer the highest level of arts education to the community, create an innovative hub for performance and education, open a space for students to grow and flourish through creative, critical thinking, and ignite a lifetime love of the arts for all students.” For more details about the Arts Education Program or the Creative Learning Lab, visit their Web site at [thepac.org](http://thepac.org).

## Poetry event planned at Roseland Park

WOODSTOCK — The public is invited to attend a free poetry reading featuring six regional poets at Roseland Park. The event will be on Sunday, Sept. 13 from 2-4 p.m. in the open air barn, and is sponsored in part by Sharpe Hill Vineyard of Pomfret. Reservations are required.

Poets will include National Beat Poet Laureate for 2020 Paul Richmond; Candace Curran, twice named as Western Massachusetts Poets’ Seat Laureate; Woodstock resident Karen Warinsky, 2013 finalist in the Montreal International Poetry Contest; and Robert Perry, published poet of Dudley, Mass., as well as Tiana Mercier of Brooklyn and Heath Bleau of Upton, Mass.

Topics will include mid-life, nature, spirituality, politics, and the humorous side of life. Richmond, Warinsky and Perry are all published authors through Human Error Publishing, and Ms. Curran is represented by Haley’s of Athol, Mass. Books will be available for purchase. This event is free and open to ages 14 and up. Beverages will be provided.

To make reservations, call Rick Harless at (860) 963-9557 or e-mail him at [ssbn598gold@gmail.com](mailto:ssbn598gold@gmail.com), or call Karen Warinsky at (860) 942-6664, or e-mail her at [karen.warinsky@gmail.com](mailto:karen.warinsky@gmail.com).



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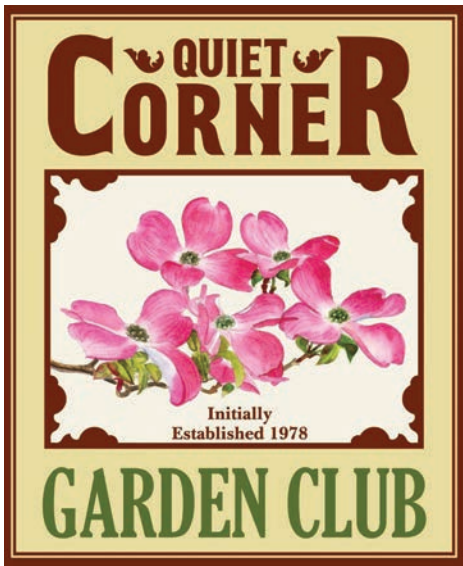
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Photos Courtesy  
The Quiet Corner Garden Club is proud to announce its 2020 Scholarship winners: Sabrina Bastien, a Woodstock Academy Senior, accepted to Bay Path University; Hallie Saracina, a Woodstock Academy Senior, accepted to the University of Rhode Island; and Anastasia Salisbury, a Suffolk University Junior.

# Quiet Corner Garden Club announces scholarship winners



Sabrina Bastien



Hallie Saracina:



Anastasia Salisbury:

## GATHERING

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life-threatening experience as a young man employed at Sikorsky Aircraft in Stratford, CT in 1988, of an attempted lynching of him when he reported in to work. Three men attacked him, placed a rope around his neck and tried to lynch him. He managed to fight them off and escape with his life, but still has scars on his neck--and on his heart--from the rope. Upon reporting the incident to management, it was classified as «horseplay» and the men received a three-day suspension from work. No one was fired.

Both Ralls and Alexander emphasized the importance of voting to peacefully bring about the change that is necessary to protect black and brown people from these tragedies. Also stressed was the importance of Citizen Review Boards to keep local police departments focused on the mission to «protect and serve»

all citizens regardless of skin color or ethnicity.

Ralls clarified that NAACP is not against police, that law enforcement officers do their best to fulfill their roles, except for the few who use their authority to act on racist beliefs. She believes that we can do better so that a just process is possible for all.

Featured speaker Robert Terrell, a 2020 Tourtellotte Memorial High School graduate and class president, spoke of not directly experiencing racism aimed at him as a black student in Thompson, but stressed that racism is a problem here. He urged the necessity for voting--something we all can do--to bring about the change that will bring justice to all citizens.

Local musicians Sally Rogers & Howie Bursen, Donna Dufresne, and Maria Sangiolo from Pomfret; Woodstock resident Leslie Sweetnam and Jim Stahl from Plainfield engaged the audience with “America the Beautiful”; “The Times They Are A-Changin’”; “If

I Had Hammer”; “Keep On Moving Forward”; “Selma”; Take Down That Flag” (Confederate flag); and “This Land.” Dufresne re-interpreted “God Bless America” to create “God Help America” to a blues beat. Participants sang along and clapped to the beat of many songs. Some were moved to tears.

Other featured speakers included Larry Groh, Jr., who spoke of his twenty years as a state correctional officer that has left him a strong advocate for education funding. He stated that education makes a key difference to whether or not you will become a prison inmate.

Former Putnam police chief and State Rep. Rick Hayes stated that politics was not part of the day’s event, and went on to relate his experience with a family member who is black and how differently that young man was treated by police when he was victimized and reported a crime to police. After thirty-three years as a police professional, Hayes stated he was

present at that interaction and had never before seen a crime victim questioned with such skepticism and asked if it was a case of him dealing drugs. Hayes took a stand passionately and personally against racism.

Chaplin peace and environmental activist Kate Donnelly gave a powerful account of environmental racism plaguing the U.S. A majority of polluting, carcinogenic and toxic landfills and other poison-emitting operations are sited near low income communities, most of whom are Native or black and brown people. Donnelly also spoke in opposition to the NTE fracked gas power plant approved for construction in Killingly and expected health risks regionally to children, elderly, asthmatics and immune-compromised residents. The plant proposed site is within two and a half miles of four schools, recreation areas and convalescent/elderly facilities--and only a mile from the gas power plant already in operation in Killingly. It is not

too late to express opposition to the governor and to D.E.E.P. commissioner Katie Dykes, she advised. Donnelly urged attendees to make calls and send e-mails to public officials.

Other reading were presented by Diane Jamieson, Cher Kapelner-Champ, John Ethridge, and Lyn Tolar, all residents of Thompson or neighboring towns.

Published poet and Montreal International Poetry Contest finalist Karen Warinsky of Woodstock read four of her poems, and the rally ended with a Dalai Lama poem read by Thompson’s Roman Jamieson, “Never Give Up.”

African drumming performer Anne Geissinger both opened and closed the event, which included a moment of silence for the late Congressman John Lewis and this quote from him: “...redeem the soul of America and move closer to a community at peace with itself.”



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CASES  
continued from page A1

wearing their masks and keeping their distance from others. Every day, we hear reports from around the country and the State that young people are taking risks by gathering together without carefully following the Rules. It’s unfortunate, but it was predictable for it to eventually happen here in northeast Connecticut.”

NDDH is actively conducting case investigations to identify sources of infection as well as potential contacts.

“We urge you to answer the phone when we call,” stated Linda Colangelo, NDDH Education and Communications Coordinator. “These investigations are helping us to target our prevention efforts and give people an early warning that they may be at risk. These calls are intended to save lives.”

Cases are instructed to complete a period of isolation to avoid infecting others—including

ing family members. NDDH also conducts contact tracing to identify and speak with those who might have been exposed to those who test positive. Contacts are instructed to quarantine for 14 days. Quarantining requires separation from others while monitoring for symptoms of COVID-19.

The increase in cases in northeast Connecticut among young people comes at a critical time as school officials are trying to make determinations about how and when to reopen schools.

“This has obvious implications for school reopening,” said Starkey. “The nation has been told that students are less likely to be infected and less likely to infect others. Clearly, young people can spread COVID-19 very quickly. We will be watching very closely to see if infections continue to spread among this age group and their contacts—including their extended families.”

Anyone under quarantine who develops symptoms is pre-

sumed to have COVID-19 and should seek guidance from their health care provider. Anyone who has been diagnosed with COVID-19 must isolate from others for a minimum of 10 days, and isolation must continue until symptoms are resolving and the individual is fever-free for at least 24 hours without the use of fever reducing medicines.

“One of the most important things you can do to prevent the spread of COVID-19 is to monitor everyone in your house for symptoms which may appear two to 14 days after exposure to the virus,” Starkey advised. “It is also important to start tracking your health now. Do you have allergy symptoms that could be mistaken for COVID-19? Are you tired every day? Are you taking certain medications that produce COVID-19-like side effects? What is your typical temperature? Knowing your baseline health will help you to recognize new symptoms that might be COVID-19. This information will help you and your health care provider make

more accurate determinations about your risk.”

Symptoms include fever or chills; cough; shortness of breath or difficulty breathing; fatigue; muscle or body aches; headache; new loss of taste or smell; sore throat; congestion or runny nose; nausea or vomiting; and diarrhea.

To reduce risk and prevent a resurgence of COVID-19, everyone is reminded to do the following:

When in public, wear a cloth face covering over your nose and mouth.

Stay at least six feet away from other people

Wash your hands often with soap and water for at least 20 seconds.

Do not touch your eyes, nose, and mouth.

Clean and disinfect frequently touched objects and surfaces.

Cover your cough or sneeze with a tissue; throw it in the trash and wash your hands.

Stay home when you are sick except to get medical care.

Get your annual flu shot when

it becomes available.

People 65 and over and those of any age with underlying medical conditions should stay safe and stay home.

Distance yourself from any places or situations where people are not following the Rules or you do not feel safe from COVID-19.

“Achieving and maintaining low rates of transmission isn’t some kind of light-hearted community challenge,” said Colangelo. “It’s about saving lives...and today, it could be yours or someone you love. Please comply with all recommended guidance and directives.”

As of July 31, there have been 374 cases reported in the district; 119 were among those living or working in institutional settings including correctional facilities and nursing homes. Excluding cases associated with institutional settings, there were 8 cases reported in the district in March; 119 in April; 65 in May; 28 in June and 35 in July.

KRAMER  
continued from page A1

to the organization’s board, executive team, and physicians, while focusing on strategic initiatives, organizational planning, and performance management and improvement. Paul Beaudoin, who assumed the Interim CEO role following Anne Diamond’s departure in September 2019, will maintain his current position as the health system’s chief financial officer (CFO) as well as lead DKH’s strategic partnerships and affiliation efforts while guiding DKH’s finance operations.

“We are very pleased to collaborate with Kyle and Pinnacle through this management agreement,” said Janice Thurlow, chairman of the Board of Directors, Day Kimball Healthcare.

“This relationship with Pinnacle will provide increased access to subject matter expertise and professional resources that will strengthen our organization. The addition of Kyle to our senior management team will also enable Paul to intensify his focus on the advancement of our search for a strategic partner and the preparations we are making towards our future,” she said.

Kramer brings nearly 30 years of experience in the healthcare industry serving in senior leadership roles at various major academic and community health systems and physician groups across

the country. Since joining Pinnacle in 2015, Kramer has served as the executive lead on multiple projects related to organizational strategic planning and performance improvement, physician engagement and leadership, business development, strategic partnerships, operations enhancement and systems improvement.

“Kyle is an accomplished healthcare leader with the experience needed to build upon Day Kimball’s success and take our organization to the next level,” said Thurlow. “Kyle’s deep understanding of the dynamics of community hospitals like ours, as well as the needs of patients and physicians, and his ability in strategically leading other rural health systems make him a natural choice to lead Day Kimball as this community’s trusted health provider.”

In his role as CEO, Kramer will focus on advancing key strategic and operational initiatives, growing major service lines, physician engagement, program development, as well as operational and financial performance improvement.

“It has been a privilege to work alongside Day Kimball Healthcare’s board of directors, administration, and clinical staff for the last seven months,” Kramer said. “I am excited to continue the momentum we’ve been building, and to help advance Day Kimball’s mission and its commitment to providing exceptional high-quality and patient-centered

care.”

Prior to joining Pinnacle, Kramer served in executive leadership roles at Main Line Health in Philadelphia, Pa., Yale-New Haven Health System in New Haven, Penn State University Hershey Medical Center in Hershey, Pa., and the University of Texas Health Sciences Center in Houston, Texas.

Kramer is a fellow and past president of the American College of Cardiovascular Administrators (ACCA), fellow and past chairman of the American Academy of Medical Administrators (AAMA), and was a Board Member for the American Heart Association (AHA). He lectures nationally at professional society meetings and industry sponsored symposiums and holds separate BBA degrees from the University of Texas at Austin with specialization in marketing and finance. Kramer is also highly involved in youth leadership development through Boy Scouts of America, serving as Training Chair for all levels of leadership training in Southeastern Pennsylvania. He and his wife, Jane, have two grown children and reside in Malvern, Pa.


About Pinnacle Healthcare Consulting Founded in 1998, Denver-based Pinnacle Healthcare Consulting provides a broad range of strategic, financial and operational services to hospitals, health systems, physician groups, law firms, and other health-

care organizations across the country to improve clinical and business performance and long-term sustainability.

With a national team of highly experienced professionals, six consulting divisions, and five affiliated companies, Pinnacle specializes in strategy, operations and cost reduction (including, service line development, physician alignment, value-based care development, performance improvement and management); physician practice development and management; compensation valuation services; business, fixed asset and real estate valuation; compliance, audit and risk management; professional fee medical coding and denial management; and, medical peer review and staff development. Learn more at AskPHC.com.

About Day Kimball Healthcare

Day Kimball Healthcare is a nonprofit community healthcare system comprised of Day Kimball Hospital, Day Kimball Medical Group, Day Kimball Healthcare At Home, and healthcare centers in Danielson, Dayville, Plainfield, and Putnam. Its service area includes Northeast Connecticut as well as nearby Massachusetts and Rhode Island communities. Day Kimball Healthcare’s comprehensive network offers more than 1,000 staff including nearly 300 associated, highly skilled physicians, surgeons and specialists. Its Web site is [www.daykimball.org](http://www.daykimball.org).



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# Advice for avoiding burnout

Most individuals take time during the summer months to unwind and sort of reset after a busy fall, winter and spring. Summer vibes are usually all about taking things slow and soaking up as much sunshine as possible before winter strikes. Many people who suffer from “burnout” welcome the longer days and warmer weather, however sometimes these three months of frisbee throwing and hanging by the lake aren’t enough.

With the go-go-go culture that has taken over our society, many people find themselves burnt out, to their detriment. Experts say people can reverse that feeling of burn out and we decided to share what we have found with our readers, especially given the current unease the pandemic has brought on. The future remains uncertain; we still have no idea what school or universities will look like this fall, and whether a vaccine really is on the horizon.

If work and stress is taking its toll on you, you may need to make some changes there. Experts say that often times simply talking it out with a co-worker or supervisor can help to get things off your chest, especially if the consensus is to create a healthier work environment. Some people have found that the only way to cure burnout is to change positions, however without proper techniques every job, could eventually burn you out. Noted is the newfound appreciation to even be employed, given the high unemployment rates due to Covid.

Managing stress properly is important, however not everyone knows exactly what that entails. Healthy eating, exercise and proper sleep are the easiest things one can do to ease stress in other aspects of your life. Most people who are over working themselves claim that time is an issue. There is no time to exercise, no time to sleep, no time to eat healthy. Point blank, if they can put a man on the moon, you can find the time to put yourself first without letting your job duties fall by the wayside. This could include little tricks such as parking your car far from the entry of a place to extend the walk, taking the stairs or even placing your computer on a counter so that your sitting time is lessened. Everyone knows what works best for themselves, so often times a bit of creativity and resourcefulness is needed.

A vacation can help ease burnout symptoms but often, a week isn’t enough time to truly combat burnout. Further, vacationing seems to be off the table for the time being. Trying to play tourist in your own backyard will have to suffice.

Finding a release is imperative, whether it’s going for a run or simply tuning out with a good movie or an old fashioned game of solitaire. If you let stress build and build without letting off some steam, that could lead to unintentional outbursts and severe irritability. Try not to let yourself become dependent on alcohol and caffeine. Everything in moderation. We’re not sure, but we do believe the Red Bull trend has settled a bit.

Switch things up by asking for different responsibilities. When things get mundane they can become less interesting. Having fun while also getting the job done can make a world of difference. Even working away from the norm, and changing up the scenery can be a game changer. Find a nice outdoor coffee shop or a park and try to avoid working from home at all costs. If you work from home, you will begin to associate the same feelings about work, in the home. Your home is your sanctuary and you need to protect it.

In the book “Don’t Sweat the Small Stuff, and It’s All Small Stuff” by Richard Carlson, he talks about how when you die, your ‘In Basket’ won’t be empty. His point is that we all feel the need to get everything done. We stay up late, get up early, just to get everything done. By doing this he says we put off having fun or spending time with loved ones. Keeping a full ‘In’ basket means that your time is in demand, with projects to complete and phone calls to return. Carlson reminds his readers that no matter what you do or who you are, nothing is more important than your own happiness and sense of inner peace and that of your loved ones. He reminds us that when we die there will still be things left to finish, and that someone else will do it.

It’s one thing to read tips, and take advice from others, but it’s another thing to remember what you’ve read, and to put those words into action.

# OPINION

Opinion and commentary from the Quiet Corner

## LETTERS TO THE EDITOR

### America needs new leadership

To the Editor:

The American people need a leader who will unite this country. The President of the United States should be held to a higher standard as a leader of the free world and a role model for our children. This November please join me in voting for Joe Biden who will restore the unity of the “United States” of America as opposed to the current president whose vision is the “Divided States” of America. “We the People in Order to form a more perfect Union” need to take back our country. America is hurting and it needs all of us to heal it. Our constitution is under attack by the divisive rhetoric, bullying and narcissism of the current president.

We the people need a leader who respects the checks and balances that our founding fathers put in place. The Judicial and Legislative branches were designed to work with but also restrict the powers of the executive branch so that the United States of America does not become a country ruled by a King, as the incumbent president so desires.

If this pandemic has taught us—and the world—anything, leadership, stability and trust is needed in a global health crisis. Joe Biden knows how to mount an effective crisis

response and will elevate the voices of scientists, public health experts, and first responders. As coronavirus infections soar across the United States, we need a leader who recognizes that all Americans need health care, with over 39 million Americans currently out of work (that is 25 percent of Americans) and more than 16 million American households having lost employer-provided health insurance. Biden understands that our country needs decisive public health responses to curb the spread of this disease and an economic response that protects the economy for all.

This November, let’s change the downward trajectory of our country by electing a leader with compassion and empathy for others, someone who wants to save American lives, restore integrity and preserve our democracy for future generations. Joe Biden has shown versatility and the ability to work across the aisle; the current president has failed to do so in every sense of the word. That is why I am voting Joe Biden for President.

Sincerely,

LISA ARENDS  
BROOKLYN

### Hiding behind the white cloak of spirituality

To the Editor:

This morning, I meditate on John Lewis and how his feet never stopped marching toward truth and justice. John Lewis, a man of deep faith, a black man who believed in the vision of America and what we were meant to be. John Lewis who believed in non-violence – not to be confused with passivity. Ever patient yet never passive, his words guide us even after death. We should continue to follow his lead.

What strikes me as most remarkable is that John Lewis saw no dichotomy between religion and politics. His moral compass was firmly set on the arc of justice, and every time he was knocked off that rainbow he climbed back up. John Lewis would never cloister himself in a monastery and pray that all the evil in the world would just go away. He was not born with that kind of privilege. Instead, he kept on walking, kept on talking, kept on marching, driven by a lot of prayer and a lot of faith. John Lewis would not be silent.

After a lifetime of silence, many white women of a certain age (myself included) have awakened to the fact that we have been complicit in digging the deep trench of systemic racism. We might call ourselves activists, environmentalists, progressives. We may have marched and protested in Washington for various causes. We probably considered ourselves to be non-racist before we heard the term anti-racist and learned the difference. But we also spent our youth with our heads contorted up our asses in yoga poses while endowed with hypervigilance

about our organic diets and political correctness. We went on retreats and sometimes orchestrated them, believing that holding the world in the “light” would be enough and that we could somehow change the world by refusing to give attention to the forces of evil collecting souls in dark corners of the Earth. It all seems preposterously elitist in this era of White Fragility. In the very least, our inability to recognize and speak about racism is yet another symptom of our white privilege. After all our lives and the lives of our children are not on the line. We do not live in food deserts. We can afford to bury our heads in the sand.

Meanwhile, that old Jim Crow flew up from the South and infiltrated the whole country in the form of prisons, substandard housing, failing infrastructure for basic human rights like clean water, and unequal education (the pipeline to prisons). In addition, thanks to the Trump administration, we are burdened with a growing police state driven by implicit bias, racism and anti-immigration rhetoric. While we sat on our lily-white pedestals meditating on peace the world had been going to hell in a hand basket. If ever there was a time to use our voice and privilege and rise up for the greater good, it would be now. And imagine, if you will, how different the world would be, how much further we would have become in God’s imagining of love and light, had the people of Germany risen from their cloak of spirituality and spoken up

Turn To **DUFRESNE** page **A9**

### The time has come to right the wrongs of our history

To the Editor:

America has not been a very nice place to live. At least if you have not been an Anglo-Saxon white man. We were founded by plundering land already belonging to an indigenous population. Millions were slaughtered both passively (by diseases such as smallpox) and actively through outright war. Native Americans were lied to, cheated, and had innumerable treaties reneged upon. Finally, they were plopped down on land that no one else wanted, where they continue to live to this day in poverty.

In 1882, the country passed the Chinese Exclusion Act, which prohibited Chinese laborers from immigrating to the country after they had built the nation’s railways. Then in 1924, the act was amended to prevent all Chinese nationals, as well as citizens from other Asian nations, from coming to live in this country. These laws remained in effect until 1943.

Women have not fared much better in not being recognized to vote for a century. It took many years to attain this goal, and many peaceful protests were met with violence. In 1913, members of the National American Woman Suffrage Association marched in Washington where they were attacked by spectators while police stood by. 100 ended up in the hospital. In later years frustration led to tactics such as smashing windows and even committing arson as well as obstructing traffic. Still just as we see today the vast majority chose non violence. Many were locked up in jail. Finally, in 1920, the 19th Amendment was ratified allowing a woman to vote.

These are but a few of our warts and all. But perhaps none of our misdeeds have been as egregious as the treatment of African Americans who were brought here as slaves. Beginning in 1619, when the first enslaved Africans arrived in the Virginia colony, slavery in America continued for hundreds of years. People were kidnapped from their homes, brought across the Atlantic in ships (many dying in transit), and then treated as property. Children were separated from their mothers, wives from their husbands, they

were bought and traded like furniture. If they rebelled or tried to escape they were mutilated or worse. Even the Supreme Court upheld this practice during the infamous Dred Scott case in 1857 where a black man and his family who had been living free for four years, were sentenced to return as slaves. The ruling found that “any person descended from Africans, whether slave or free, is not a citizen of the United States...”

It took the Civil War and the 13th Amendment to abolish this. Still, even after the attempt at Reconstruction, blacks remained victims as they were banned from “whites only” facilities. Homes and businesses were burned. Lynchings abounded. The confederate flag continued to flourish and statues honoring Rebel soldiers and slaveowners were erected throughout the south.

African Americans were denied their voting rights, and it took leaders like Martin Luther King and John Lewis, who was nearly beaten to death marching peacefully over the Edmund Pettus (a bitter racist) Bridge on Bloody Sunday. This led to the Voting Rights Act of 1965, which prohibited racial discrimination in voting. Sadly the Supreme Court invalidated key aspects of the act in 2013.

Even today, Black Americans disproportionately live in poverty and are more likely statistically to be arrested, to be murdered, and to be denied affordable housing. Mr. Trump and his family have been sued for the latter. They remain under represented in higher levels of government and in the upper echelon of the business world. One in three black males born today will end up in jail. In fact, the proportion of blacks incarcerated pales in comparison to any other country’s prison system. This also makes the black family unit a deeply fragile commodity.

The Black community, given many factors including close living quarters, underlying health issues, and menial jobs considered essential, are bearing a disproportionate burden from the Covid-19 virus.

The high profile police abuse cases we have

Turn To **WESLER** page **A9**

## Finding your center with a splash

It felt like a lump in my chest, but it was just the dull sadness we are all sensing. There is no way to forget that we are in the midst of an enormous transition. History will be marked by the time before and after, as we find ways to go on. I try to find happiness and purpose wherever I can, so last week, I jumped into the ocean, not far from the shark infested waters. It was a splash in the chilly Atlantic with a dose of slimy seaweed. It felt wonderful.

For many minutes, until I was chilled through, I thought of nothing except salt water, summer and how happy I was. Try it.

My town librarian is a marvel. She is one of the best read people I’ve even known, and skilled at picking out books for others. She left four books outside of the library for me one day. When I picked up the packet, I felt tears spring to my eyes.



NANCY WEISS

I can be sentimental, but this was extreme. I had not been in a library or book store in over five months. I know I need books, real books, but now I know how much. Pick one up and see for yourself.

Now is the time of year to obsess over tomatoes. I can’t stop eating them. My late father-in-law was smitten with fresh tomatoes and as an old man he ate so many his throat closed up. It seems funny now, but it wasn’t then. When he recovered, he decided to cut back. I take his experience as an example of what excess can bring, but I often eat an entire box of tomatoes myself. A neighbor has one hundred plants. I slow down as I pass just to catch the smell of the ripening red orbs.

When I venture out, I spend time admiring dogs, almost any dog. We don’t have a dog at the moment, and I imagine how sweet it would be to have one licking my toes or catching a bit of bacon as it falls from my BLT.

I’ve owned many dogs in my life but by letting my attention drift I failed to replace an old dog with a new one. If you love dogs, don’t let it happen to you. I hope to get one again.

A friend and I were having socially distanced coffee in my garden recently when a coyote walked by. I was delighted. Being at home nearly all the time leads to frequent checking to see if a creature has turned up. The fox family moved on, but the turkeys, deer, bunnies and a variety of birds remain. I was ready to offer the coyote a cookie from the individually wrapped packet I had served my friend, but in typical coyote fashion, he wouldn’t meet my eye and pretended he had an appointment elsewhere.

Nostalgia is often a foolish thing. I remember hot summer nights as a child child when the sheets on my bed were scratchy and the night was full of thunderstorms. It was oddly cozy. Somehow, I miss that feeling.

Often I think of how pleasant it would be to wander pointlessly through TJ Maxx or read drivels in a magazine at the hairdressers. Neither is likely.

I am locked down in Paradise with absolutely no reason to complain. People are facing incredible challenges, I know, but being grateful is never easy. When clouds drifts across my psyche, there are books, dogs, tomatoes, coyotes, and sloppy nostalgia. Best of all, there is sea water, an almost perfect cure.

## READING NEWSPAPERS IS A QUEST LIKE NO OTHER



# When did we stop caring for each other?



POSITIVELY  
SPEAKING

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GARY W.  
MOORE

It's election season and the mass “unfriending” has begun. Friend against friend and family member against family member arguments are in full bloom and potentially creating relationship damage that may extend far past election season. I grew up believing in the old adage, “Blood is thicker than water” and I always believed that friendships should be forever. I'm wondering ... “When did our political ideology become more important than our relationship with family and friends and our love for each other?

Relationships are important to me. There isn't an election nor any life event that would cause me to unfriend a friend or disown a family member. My love for those I care about transcends who they vote for.

Because you believe something different does not mean you are my enemy. It just means we disagree. No problem. Some people like pepperoni on their pizza while others prefer sausage. Why is that different than one person is voting for Biden while another is voting for Trump? I'm not making light of the weight of the voting decision but am saying disagreeing on an election should not be relationship damaging. Why should a disagreement negatively impact the love we feel for one another?

I'm hearing with great regularity how families are being torn apart by this election and this pandemic. I heard recently about how a friend posted a very passive comment about the current state of the nation and then were attacked publicly online by her daughter. Are you kidding me? Shame on anyone who will publicly scorn a loved one because they see things differently! I sadly heard this morning of a son who told his parents over the weekend, “You are dead to me!” Really? Over political differences?

What has happened to us?

Look no further than the great mask debate. I believe wearing a mask in public protects others. There are no absolutes and masks are not fool proof. Common sense tells me that anything that reduces the amount of mouth aerosol into the air cuts down on the risk of transmission. I posted this online and was attacked by others. I won't repeat the name-calling, but here's some of what I was told ...

“What's wrong with you? Forcing me to wear a mask is a violation of my rights.”

There's nothing wrong with me but I'm curious about everyone else's rights not to breathe your spray. Do we not have rights?

“You of all people (meaning me) should know better! Little children get their emotional cues from your facial expressions.”

Me of all people? Well, don't wear a mask at home, but until we get control of this pandemic, it won't hurt you or your children to make a small sacrifice. In fact, I think it's a great

opportunity for a learning experience for our kids. Maybe teach them about social responsibility?

“This is all a government conspiracy to take away my rights.”

Maybe I'm in the dark, but I don't believe there's a government conspiracy to take away anyone's rights in this case.

Here's my favorite ...

“A mask only protects you from me. It is not for my protection, so why should I wear one?”

Again ... When did we stop caring about each other? I willingly wear a mask to protect you. Why would you not do the same for me? Have we really become that selfish?

And before you send me a study saying masks don't work, be aware there's a plethora of studies saying they do. I think the best sources I've read say masks are not foolproof but will provide a 65 percent reduction in the chances to transmit or catch the virus. I think 65 percent is well-worth the inconvenience of wearing a mask in public.

My faith tells me that the greatest commandment is to love each other as we love ourselves. I don't think it means we should only love those who vote as we do or agree with our opinions. I don't think it means I shouldn't wear a mask to protect others, even if it doesn't protect me. It means exactly as it says. We are to love each other as we love ourselves.

I love you enough to wear a mask in public. Won't you do the same for me?

Life is too precious and so very fragile. We have no guarantees for tomorrow. Can't we choose to love our neighbor while we are here?

I do.

Will you join me? ■

*Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, “Playing with the Enemy.” Follow Gary on Twitter @GaryWMoore721 and at [www.garywmoore.com](http://www.garywmoore.com).*

# Support native bees and enjoy the many benefits

Pollinators are responsible for about 75 percent of the food we eat. The European honeybee is the most well known but our native bees are also critically important.

We can help our native bees and gardens by reducing or eliminating the use of pesticides and providing shelter as well as food and water.



GARDEN  
MOMENTS

.....

MELINDA  
MYERS

Make sure you have something in bloom throughout the growing season. Spring bulbs, wildflowers and perennials provide essential food that is often in limited supply early in the season. Fall flowering plants provide needed

energy supplies as the bees and other pollinators prepare for winter.

Bigger flowers are not always better. Double flowers may be showy, but they have less nectar and pollen. The multiple layers of petals hinder access to what nectar and pollen they contain.

Grow some herbs in the garden and containers for you and the bees. Let some go to flower and watch for visiting bees on thyme, borage, oregano, and other herb flowers.

Grow native plants whenever possible. They are a richer source of nectar and pollen than cultivated plants. Native bees and other beneficial insects have evolved with these plants, providing a mutual benefit.

Leave leaf litter in place and healthy perennials including grasses stand for winter. These provide homes for some bees and other beneficial insects. Wait as long as possible in spring so you don't interrupt their hibernation.

Increase living quarters by making your own native mason bee houses. Just be sure you provide a properly designed, clean home with needed winter protection. Do your homework first to make sure you are not harming the native bees you are trying to support.

The easiest method uses a bundle of hollow sticks such as bamboo, reeds, or sumac. Cut them into short segments and remove three to five inches of pith with wire or a drill. Consider painting the front to make an inviting entrance for the bees. Bundle the stems together



Photo Courtesy

**Plant a variety of bee attracting flowers like swamp milkweed, a North American native plant.**

About 70 percent of our native bees are ground nesting. Reduce the risk of conflicts with ground nesting bees. Create an inviting habitat away from prime gardening areas. Leave warm south facing spaces open for bees to establish their in-ground nests.

Wood and cavity nesting bees, like the leaf cutter bee, make up about 30 percent of our native bee population. Others nest in hollow plant stems so leave these, their homes, stand for winter.

Bumblebees nest in abandoned animal burrows, tree cavities, grassy areas, or under fallen leaves. A colony usually contains a few hundred bees. All members of the colony die in fall except the fertilized queens. The queens look for new homes the following spring.

Support our native bees by planting a variety of bee attracting flowers. The plants provide food and shelter and help attract the native bees to your landscape and bee houses.

Include plants with different colors and shaped flowers. Grow lots of purple, blue, white, and yellow flowers that are favored by bees. Plant flowers in mass. You will enjoy the display, the garden will require less maintenance, and you will get the attention of the bees you are trying to attract. Plus, bees use less energy when they can gather lots of food from a smaller area.

**WESLER**  
*continued from page A8*

witnessed have triggered the Black Lives Matter movement. Yes, had Eric Gardner or George Floyd been white, they still may have died in the hands of overly aggressive police. But as we have seen in weekly “Karen” videos, black citizens are absolutely correct when they argue that they still live with frequent acts of racism. There are also too many unarmed black deaths at the hands of law enforcement.

Even worse, though, was the murder of Ahmaud Arbery, hunted down by a pack of racists for simply enjoying an afternoon run through his neighborhood. There can be no sugar coating this.

The current administration has tried to curb the movement at every turn. The President has perpetuated racist tweets and opposed decommissioning of statues and names of military bases glorifying our racist past. Trump has supported the Confederate flag, a hate symbol in league with the swastika. He

has met peaceful protests with violence. There has been no attempt at meaningful dialogue.

There needs to be a change. Starting by addressing inequities is a good one. Morphing the obtrusive police state that currently exists into one the fosters better education, fairer housing, and improved job creations would be a beginning. Black Americans need to be afforded the same opportunities as their white counterparts.

It is not enough to merely declare oneself a patriot and ignore the dark side of our history. Claiming that America is great is just words. Opposing kneeling during the national anthem without understanding the rationale behind it perpetuates the ignorance. The time has come to right a wrong that has been neglected for too long.

All lives matter. White lives matter. Blue lives matter. Black lives matter too. No more than any other life. But certainly no less.

LEE WESLER  
WOODSTOCK

sen prayer over politics and maintain a neutral silence. Unfortunately, silence has consequences. The consequence in Germany was the systematic murder of six million Jews. In the United States, white evangelicals who remain silent about racism and turn a blind eye toward Trump are complicit with the murder of black and brown people and the racist policies of the Trump regime.

But silence and complicity are not limited to the conservative factions of Christianity. It took eight minutes and seven seconds of a knee pressed to George Floyd's neck to wake up the sleepy hollow of white America. Liberals, progressives, radicals, atheists, agnostics, and dabblers in New Age spirituality do not get a free pass when it comes to racism. We are all guilty of turning a blind eye, and we are the big

with wire or place in a bucket or can.

Or create a solitary bee house from a block of untreated wood. Drill holes into, but not through a block of untreated wood. The holes should be three to five inches deep and about 5/16 of an inch in diameter for mason bees. Nesting tubes inserted into the holes makes for easier cleaning and storage that prevents debris and disease from building up one season to the next.

Mount the bee house on the southeast side of a post, fence or building. Make sure to provide a nearby mud puddle the bees will use to seal off the individual development chambers in the holes.

Creating a bee friendly landscape not only increases your garden's produc-

tivity but also the number of songbirds and beneficial insects that visit your garden. That means fewer garden pests and a more beautiful garden for you to enjoy all season long.

*Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses “How to Grow Anything” DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is [www.MelindaMyers.com](http://www.MelindaMyers.com).*

# Roger Williams University Announces Spring 2020 Dean’s List

BRISTOL, R.I. — Select students have been named to the Spring 2020 Dean's List at Roger Williams University in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean's List that semester.

Xiaoyan Lang of Danielson  
Taylor Morin of Brooklyn  
Melanie Straub of Danielson  
Sierra Thomasson of Dayville  
Christopher Claprood of Woodstock

Nicole Marmat of Pomfret Center  
About RWU  
With campuses on the coast of Bristol and in the heart of Providence, R.I.,

Roger Williams University is a forward-thinking private university committed to strengthening society through engaged teaching and learning. At RWU, small classes, direct access to faculty and guaranteed opportunity for real-world projects ensure that its nearly 4,000 undergraduates - along with hundreds of law students, graduate students and adult learners - graduate with the ability to think critically along with the practical skills that today's employers demand. Roger Williams is leading the way in American higher education, confronting the most pressing issues facing students and families - increasing costs, rising debt and job readiness.

them. The real work of social justice is a delicate dance between centered guidance and witness. Contemplative action and non-violent protest require us to do our inner work on the spiritual, emotional and intellectual level while engaging with the world. I am sure that Martin Luther King and John Lewis would agree that it is not enough to hide in a hermit hut transmitting love in a bubble. God does not want us to be passive when it comes to doing the work of justice. We can practice nonviolence and still follow the mantra of love while we march, protest, sing, shout and pray for a more equitable kingdom on Earth.

DONNA DUFRESNE  
POMFRET

**DUFRESNE**  
*continued from page A8*

against Hitler and the Nazi regime. Now is another one of those pivotal moments when we should get off our yoga mats and cross the white line erected by mega churches to just say “Enough.”

Just as the German Protestant churches in the 1930's were slow to condemn Hitler, the conservative white evangelicals in the United States have been slow to condemn the Trump regime. They overlook his racism, his flawed character, his vile and hateful rhetoric having sold their souls for the possibility of a Christian Nationalist State. As in Nazi Germany, those who do not overtly support Trump have cho-



# OBITUARIES

## Elena Morra, 87

DAYVILLE – Elena (Riccio) Morra, 87, beloved wife of the late Salvatore Morra, of Fieldstone Rd., passed away on Monday, July 27, 2020 peacefully in her home. Born in Johnston, RI, she was the daughter of the late Domenic and Rose Riccio. Elena was a graduate of St. Xavier High School in Providence, RI.

Elena worked for MetLife and AIPSO Insurance Companies as a file clerk. She enjoyed doing puzzles, watching TV mysteries, reading mystery novels,

and sewing. Elena is survived by her sons, Mark Morra of Dayville, CT, and Martin Morra and his wife Joan of Glenville, NY; and her grandchildren, Emily Morra of Belfast, Northern Ireland and Margaret Morra of Glenville, NY. She was predeceased by her siblings, Roland Rich, Evelyn Riccio, and Louise Ricci. Services have been respectfully omitted. Arrangements have been entrusted to the Gilman Funeral Home & Crematory, 104 Church St., Putnam, CT. For memorial guestbook visit [www.GilmanAndValade.com](http://www.GilmanAndValade.com).



## Thomas Patrick Lally, 76

Thomas Patrick Lally, 76, of Eastford died Tuesday, July 28, 2020 at his home in Eastford. Born in Hartford on April 18, 1944, he was the son of the late Charles and Anne (O'Brien). His brother Joseph Lally and his twin brother Michael Lally predeceased him.

He was an addiction counselor for the State of Connecticut

Corrections Department. He was a member of Most Holy Trinity Church in Pomfret. Thomas was devoted to the genealogy of the O'Brien and Lally families. Thomas loved his trips to Ireland to his family home. He also



loved traveling with his wife Mary Ann. He was a friend of Bill W. He is survived by his beloved wife of 35 years, Mary Ann (Fitzgerald), his daughter Deborah Fienemann and her husband Jeffrey of Florida, a sister Patricia Lally of Oregon, three granddaughters Michelle, Amanda, Pamela and four great grandchildren and a niece. Funeral Mass was held on Monday, August 3, 2020 at 11:00 AM at St. Mary's Church of the Visitation, 218 Providence Street, Putnam, CT. In lieu of flowers, donations may be made to Learning Ally (formerly Recordings for the Blind), 20 Roszel Road, Princeton, NJ 08540. Share a memory at [www.smithandwalkerfh.com](http://www.smithandwalkerfh.com)

## Michael 'Pa' LaBelle

Michael 'Pa' LaBelle passed away July 30, 2020. He was born November 22, 1953 in Putnam, CT. He graduated from Ellis Tech in 1971. He enjoyed the simple things in life. Pa's world revolved around his daughters, grandchildren, and great-grandchildren. He was a carpenter by trade. He enjoyed wood-working, tinkering, NASCAR, fishing and a good prank. He was predeceased by his parents Arthur and Irene (Beaupre) LaBelle, and brother Gary. He is survived by two



children: Heidi (Ted) Hudson, Hayley (Darrell) Sellers; brother Arthur (Tammy) LaBelle; six grandchildren: Darien (Chris) Moore, Jake Hudson, Zachary (Madeline) Hudson, Addison Hudson, Eliana Sellers, and Simon Sellers; two great-grandchildren: Braelie and Kasen Moore; and dear friend and neighbor Elise Paul. A Mass of Christian Burial will be Friday, November 13, 2020 at 10:30 AM at St. Mary Church, 218 Providence Street, Putnam, CT. Burial will follow at St. Joseph Cemetery Dayville, CT. In lieu of flowers, donations can be made in his memory to Living with Autism, Inc. 102 Solitude Way, Cary, NC 27518.

# Wyndham Land Trust offers guided hikes During Walktober 2020



REGION — Wyndham Land Trust has enjoyed a long time partnership with The Last Green Valley. A big and enjoyable piece of this partnership has been participating in TLGV's Walktober every fall.

As the weather cools and scenes change, Walktober is an anticipated splendor in and of itself - a time to explore a new location, revisit a favorite piece of woods, and to rekindle friendships made with fellow Walktober attendees over the years.

Wyndham Land Trust, now with over 4000 acres preserved in Northeastern Connecticut, is pleased to offer 3 guided hikes on a few of their premier preserves this Walktober.

On Sunday, Oct. 11 at 1 p.m., enjoy a hike with Wyndham Land Trust's Andy Rzeznikiewicz on the Bull Hill Forest Project, with now over 1000 acres preserved by WLT. This parcel of land is diverse, historic, and offers some wonderful views. Bull Hill Road is located off Senexet Road in Woodstock. Drive respectfully & cautiously to the end of Bull Hill Rd, and follow the sign, park at the gate. Walking is rather easy, about two-mile total walk. Plan on an hour to an hour and a half.

On Saturday, Oct. 24 from 9-10 a.m., join Wyndham Land Trust's Penny Foisey on the Townshend Preserve Educational Walk as you share the beauty and history of this special place. This will be a short 15 minute uphill walk to the home site with time to explore the area. No dogs on this walk please. Meet at the Preserve's gated entrance on Taft Pond Rd., Pomfret, just east of the 4-H Camp. Rain or shine. Pre-registration is appreciated to [penny.foisey@wyndham-landtrust.org](mailto:penny.foisey@wyndham-landtrust.org).

Also on Saturday, Oct. 24, at 10 a.m. WLT's Jeff Stefanik offers you a hike on the fields, woods, and wetlands of the scenic 154-acre Rapoport/Spalding Preserve. Rain or shine, this is a relatively easy and scenic 2 mile walk. Please park respectfully at the end of Calkins Road (off Joy Road), by #129 Calkins Rd. Leashed dogs are welcome.

Since all of these walks are outside, social distancing will be easy to accomplish. Wear appropriate shoes, clothing, mask and bug spray for your comfort.

To learn more about Wyndham Land Trust, visit [www.wyndhamlandtrust.org](http://www.wyndhamlandtrust.org) or follow them on Facebook and Instagram.

# Sunflowers for Kids event to be held Sept. 6

POMFRET — Lapsley Orchard will host the 16th annual Sunflowers for Kids event on Sunday, Sept. 6 from 10 a.m. to 3 p.m. The orchard's end-of-summer bounty of sunflowers and wildflowers will be harvested and sold in bunches, or available for guests to pick their own, with 100 percent of the proceeds donated to United Services Children and Family programs.

All proceeds will benefit United Services Children and Family Programs: These include:

One of the busiest Child Guidance Clinics in the state, providing trauma-

informed and trauma-focused mental health services for children and adolescents.

Family Programs, including parent education, support groups such as Kinship Care, and crisis intervention.

The region's only Domestic Violence Program, providing 24/7/365 emergency crisis, shelter and supportive services to women and children.

Youth Service Bureau and Juvenile Review Board, coordinating youth service programs and juvenile justice intervention.

Children's Activity Bags will be distributed at the event for families to take home.

Attendees are encouraged to bring their own flower scissors and must follow orchard policies on masks and social distancing.

For more information on United Services, call 860-774-2020, visit [www.UnitedServicesCT.org](http://www.UnitedServicesCT.org). About United Services, Inc. United Services, Inc. is a private, non-profit and comprehensive behavioral health center, creating healthy communities throughout northeast Connecticut for more than 55 years

by providing psychosocial, behavioral health, chemical abuse, primary care, care coordination, wellness and prevention services to the community, and employee assistance program services for business and industry. With 11 locations and a staff of over 200, United Services operates more than 30 separate behavioral health programs, including the only domestic violence shelter for women and children in the region. United Services, Inc. is a 501(c)(3) nonprofit organization. To learn more, visit [www.UnitedServicesCT.org](http://www.UnitedServicesCT.org).



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# Putnam Bank Foundation announces name change

PUTNAM — Thomas A. Borner, President of the former Putnam Bank Foundation, announced a name change effective of the Foundation to Putnam Area Foundation.

Mr. Borner stated that the Foundation was originally organized as a private foundation in 1999, when the then Putnam Savings Bank had branch offices only in the northeast corner of Connecticut. The mission of the Foundation, which is recognized as a charitable organization under the IRS Section 501 (c) (3), was then, and continues to be to provide support for not-for-profit groups, institutions, schools and other organizations operating in the community as a way of adding to the quality of life in northeastern Connecticut. The Foundation is now fully independent of the former bank. The primary areas of investing in the communities are related to education, health and human services, art, cultural and youth programs. Grant applications and requests will be considered on a semi-annual basis and may be obtained by contacting Thomas A. Borner, P.O. Box 166 Putnam, Connecticut 06260.

In its initial meeting, under the new name, Putnam Area Foundation agreed to make a \$5,000 pledged to the Pomfret Library Building Campaign in addition to a pledge in the amount of \$30,100 to the Hale Family Youth and Family Center for the installation of a swim scoreboard. The grant application reflects that the addition of the score board will open the facility to host more school swim teams and meets and enable the Hale YMCA to become USA Swimming Certified.

Mr. Borner commented, “We are pleased to be in a position to provide meaningful support, now and for years to come, to organizations that help make northeastern Connecticut such a great place to work and live.”



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# Senior Center distributes farmer's market coupons



Photos Courtesy

Pictured above (Left) is Harry Adams, Board President giving a coupon book to Sr. Marie Pauline a senior from Killingly. On the right is Marcia Manns, Administrative Assistant giving one to senior Frank Heath from Putnam.

**BROOKLYN** — The Quinebaug Valley Senior Center held a “touch-free” Farmer’s Market Coupon distribution on Monday. The Coupon distribution is an annual program of the Connecticut Department of Agriculture. Seniors over 60 years of age who qualify can receive one coupon booklet per year with a value of \$18 to be used at any of the local Farmer’s Markets to purchase of fruits,

vegetables, cut herbs and honey.

Almost 300 coupon books were distributed from the Senior Center.

Linda Lamoureux, the Center’s Director, stated that although the building is still closed to the public due to the Covid-19 pandemic they still wanted to find a way to carry out this very important program for the seniors in the ten town area that they serve.

“We were so happy to see so many of our seniors who came out for the distribution. We are looking forward to the day when they can return to the center to enjoy the activities and benefit from the many programs and services that we offer,” Lamoureux said.

For more information, please call 860-774-1243.

## SWAPPING STORIES



Photo Courtesy

World War II veteran Victor E. Lippiello (left), who recently celebrated his 100th birthday, met with author Rich Foye on Friday, July 24. Lippiello served in the Philippines during the war. Foye’s father, a Navy Pilot went down in the Philippines and was rescued before the Japanese could take him prisoner. Foye’s book, “Foye and the Filipinos,” is about the rescue. Lippiello’s unit the 11 Airborne – 511th Parachute Infantry saw combat in the same area. Foye and Lippiello shared stories related to the experiences of both men.





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## LEGALS

### NOTICE TO CREDITORS

ESTATE OF Charles E Archambault (20-00268) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, July 28, 2020, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is:  
Alice S Archambault  
c/o NICHOLAS A LONGO, BACHAND,  
LONGO &, HIGGINS-168 MAIN ST.,  
P.O. BOX 528, PUTNAM, CT 06260  
August 7, 2020

### NOTICE TO CREDITORS

ESTATE OF Lorraine Demarest (20-00271) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, July 24, 2020, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is:  
Krystal Makowski  
c/o STEPHEN J ADAMS, STEPHEN  
J ADAMS, ESQ, 158 MAIN STREET,  
P.O. BOX 682, PUTNAM, CT 06260  
August 7, 2020

### NOTICE TO CREDITORS

ESTATE OF Louise E. Longo (20-00269) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, July 28, 2020, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Alysia Casiano, Clerk

The fiduciary is:  
NICHOLAS A LONGO, BACHAND,  
LONGO &, HIGGINS - 168 MAIN ST.,  
P.O. BOX 528, PUTNAM, CT 06260  
August 7, 2020

### NOTICE TO CREDITORS

ESTATE OF Stanley F. Panek (20-00266) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, July 22, 2020, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Alysia Casiano, Clerk

The fiduciary is:  
Stephanie B. Wolf  
THERESA IMPERATO MADONNA  
(attorney for Stephanie E. Wolf),  
LAW OFFICE OF THERESA I.  
MADONNA, LLC, 110 MAIN STREET,  
JEWETT CITY, CT 06351,  
(860)376-999:3.  
August 7, 2020

### NOTICE TO CREDITORS

ESTATE OF Rima M Bruzas (20-00206) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, July 23, 2020, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is:

ERNEST J COTNOIR, MAHER AND COTNOIR,  
163 PROVIDENCE STREET, P.O.  
BOX 187, PUTNAM, CT 06260  
August 7, 2020

### NOTICE TO CREDITORS

ESTATE OF Mary A Byrnes (20-00225) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, July 20, 2020, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk

The fiduciary is:  
Mary C Mueller  
c/o NICHOLAS A LONGO, BACHAND,  
LONGO &, HIGGINS - 168 MAIN ST.,  
P.O. BOX 528, PUTNAM, CT 06260  
Brandon P Collins  
c/o NICHOLAS A LONGO, BACHAND,  
LONGO &, HIGGINS - 168 MAIN ST.,  
P.O. BOX 528, PUTNAM, CT 06260  
August 7, 2020

### NOTICE TO CREDITORS

ESTATE OF Deborah Ann Mayhew (20-00270) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, July 29, 2020, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Alysia Casiano, Clerk

The fiduciary is:  
Jonathan Mayhew,  
c/o FRANK GERARD HERZOG (attorney for Jonathan Mayhew), BORN-ER SMITH ALEMAN HERZOG &

CERRONE, LLC, 155 PROVIDENCE STREET, PO BOX 166, PUTNAM, CT 06260; (860)928-2429  
August 7, 2020

### TOWN OF WOODSTOCK

The Planning & Zoning Commission has scheduled a Public Hearing for Thursday, August 20, 2020 at 7:45 p.m., to be held in accordance with Governor’s Executive Order 7B, conducted as a web-based virtual meeting via Zoom. Login information will be contained on the agenda found at the Woodstockct.gov website. #SP641-06-25 Jason & Jamie Beausoleil, 599 Rte 169, (7280, 29, 01) – Change of use from residential to mixed use, commercial/retail. Chairman Jeffrey Gordon, M.D.  
August 7, 2020  
August 14, 2020

### TOWN OF THOMPSON PLANNING AND ZONING COMMISSION LEGAL NOTICE

The Thompson Planning and Zoning Commission at its Public Hearing on Monday, July 27, 2020 beginning at 7PM via Zoom, rendered the following decision:

**PZC Application #20-12–** Rolland Zeleny, Owner of Record, Saywatt Hydroelectric, LLC, for property at Old Route 12, Map 67, Block 102, Lot 26 and 27, Zone IND for construction of two 220 kW(AC) PV Solar Arrays (one reconfigured from previous approval #19-23). **Approved with Waivers.** Respectfully submitted,  
Joseph Parodi-Brown, Chairman  
Friday, August 7, 2020  
August 7, 2020



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Unscramble the words to  
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EFHRS IAR

Answer: Fresh Air

THIS DAY IN...

AUG  
8

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– Michael S., Madison, CT

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Solve the code to discover words related to eye health and safety.  
Each number corresponds to a letter.  
(Hint: 15 = I)

A. 26 15 17 15 2 4  
Clue: Ability to see

B. 21 10 18 15 4 24  
Clue: Part of the eye

C. 3 6 24 21 15 18 7  
Clue: Sharpness of image

D. 19 15 17 18 24 4 3 10  
Clue: Length between objects

Answers: A. vision B. retina C. clarity D. distance

SUDOKU

		9						2
7	3				4	9		
		5						
			4					5
9			5					1
				1			8	
4				8			5	
						6	1	
6				3	1		4	

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savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	5	7	2	3	1	8	4	9
2	8	3	6	4	5	9	1	7
4	9	1	6	8	7	2	5	3
5	2	4	7	1	9	3	8	6
9	7	8	5	6	3	4	2	1
3	1	6	4	2	8	7	9	5
8	6	5	3	9	2	1	7	4
7	3	2	1	5	4	9	6	8
1	4	9	8	7	6	5	3	2

ANSWER:

The Quiet Corner Page

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