

Auburn News

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Auburn Historical Society, Tuttle Sq. School recognized



Photo Courtesy

Selectman Tristan LaLiberte is pictured here giving the proclamation to the Auburn Historical Society's president, Sari Bitticks.

AUBURN — The Auburn Historical Society and its museum building, located in the former Tuttle Square School, were recently awarded a proclamation from the Auburn Select Board recognizing the Historical Society for their service to the community and their enhancement of citizen appreciation for the history of the Town of Auburn.

The Society has been in existence in Auburn for 55 years, and has been operating at the Tuttle Square School since 2004. The proclamation was presented to the Society president, Sari Bitticks, by select-

man Tristan LaLiberte at the museum on Saturday, June 18.

The Tuttle Square School is one of the two buildings in the town that is on the National Register of Historic Places. The school was originally called the Center School, School District 1, and the Auburn Center School. It has been located at the corner of South and School Streets since before Auburn was incorporated in 1837. This year marks the 100th year for the building. The Museum is open Tuesday and Saturday 9:30 a.m. – 12:30 p.m., and is free to the public, donations are welcomed.

Worcester Polytechnic Institute students complete intensive research projects

WORCESTER — At WPI, all undergraduates are required to complete a research-driven, professional-level project that applies science and technology to addresses an important societal need or issue. About two-thirds of students complete a project at one of the university's 50-plus off-campus project centers, which are located around the world. A signature element of the innovative undergraduate experience at WPI, the project-based curriculum offers students the opportunity to apply their scientific and technical knowledge to develop thoughtful solutions to real problems that affect the quality of people's lives and make a difference before they graduate.

"The WPI project-based curriculum's focus on global studies brings students out of the classroom and their comfort zones and into the global community to apply their knowledge and to solve problems," said Professor Kent Rissmiller, professor of Integrative & Global Studies and associate dean of The Global School. "Students are immersed in all aspects of a different culture, from the way people live and work to the values they hold to the foods they eat - all valuable perspectives for surviving and

thriving in today's global marketplace. They also learn the meaning and magic of teamwork; make a real and meaningful difference in their host community; and gain a competitive edge for any resume, or graduate or professional school application."

The following students completed intensive research projects:

Auburn resident Joseph Durocher, class of 2023, majoring in Mechanical Engineering (BS), completed the project titled Improving Community Emergency Resilience in Eilat, Israel

Auburn resident Dayna Tang, class of 2023, majoring in Environmental Engineering (BS), completed the project titled Monteverde Wholefoods Women's Empowerment Model

About Worcester Polytechnic Institute

WPI, a global leader in project-based learning, is a distinctive, top-tier technological university founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to the practice of solving real-world problems. Recognized by the National Academy of Engineering with

Please Read **WPI**, page **A3**

Crumbling foundation concerns growing beyond Charlton

BY JASON BLEAU
CORRESPONDENT

CHARLTON — Crumbling Foundations continue to be a concern for homeowners throughout Worcester County, however recent revelations may indicate that the problem is much larger and widespread than previously assumed.

Charlton resident Keith Cloutier, a spokesman for the Massachusetts Residents Against Crumbling Foundations, addressed the town's Board of Selectmen on June 14, revealing that he had recently learned new details that indicate the source of the contamination, known as pyrrhotite, that has caused the foundation issues may not be limited to Connecticut as previously thought. Problems with the substance have emerged in the past few years as concrete foundations contaminated by the product have become damaged beyond repair as water and air exposure have caused

the pyrrhotite to expand. While the issue has been more prevalent in Connecticut, some citizens like Cloutier have been forced to invest between \$100,000 and \$200,000 to repair the damage or risk their homes collapsing. While the problems seemed minimal in Massachusetts at first, more and more citizens throughout the commonwealth have reported serious damage to their foundations leading victims like Cloutier to push for recovery funding and resources at the state level. During his meeting with selectmen, Cloutier detailed the status of their efforts and how the problem has become an even larger concern in Massachusetts than ever before.

"We had a joint committee hearing with the Natural Resources Committee. We were able to testify and give them all sorts of information. It got favorably voted out of committee and is now with the Ways and Means Committee.

I'm hearing it's not dead, but I'm not so sure it's going to move forward this year," Cloutier said.

He then offered up a shocking revelation. Previously it was assumed that the contamination was caused by mining from the Becker's Quarry in Connecticut. However, as the number of impacted homes has increased it became less likely that the issue was limited to that quarry. Cloutier alleges that a yet-to-be-identified quarry in Massachusetts has also provided contaminated materials causing the increased foundation issues in the commonwealth. While he wouldn't identify the quarry in a public forum, Cloutier indicated that the use of that material has been ongoing until just this year.

"They stopped using it as of three weeks ago. The earliest house that we have that we think came out of that quarry was 1994 up until 2022. That would explain

why Connecticut started first because Connecticut started as early as 1985. So, when we had the building boom of the mid-90s and that quarry was being used there's a lot of houses that were built in (Central Massachusetts). We have houses that could have been built in this town this year where we don't know if it has that material in it or not," said Cloutier, who noted that homes as far north as Ashburnham have reported foundation issues directly related to pyrrhotite contamination.

He said he was "fairly confident" several builders had used material from the quarry in question and that at least 30 to 40 homes could be affected.

Selectmen showed genuine concern for the growing number of foundation issues not just in Charlton, but throughout Central Massachusetts. While Board of Selectman Chair Stephen Koronis admitted that a lot of Cloutier's concerns about a contaminated

Massachusetts quarry were "speculation" he and his fellow selectmen made it clear they want to help calling the situation "a little more frightening" than it was before the pandemic. Cloutier noted that state lawmakers, including Sen. Anne Gobi who had previously spoken with selectmen about crumbling foundations in 2020, were working to support legislation in Boston to alleviate financial responsibility from affected homeowners. Part of what is holding back legislation however is the homeowners' reluctance to come forward, some out of fear that it will impact their property values. However, Cloutier warned that this issue is not going away.

"When this story first came out, they were saying 'maybe one or two houses in Charlton,' well we've already had two houses that have been replaced," said Cloutier. "I think

Please Read **FOUNDATIONS**, page **A3**

Bay Path student medalists headed to SkillsUSA nationals



CHARLTON — Seven Bay Path Practical Nursing Academy students will compete at the National SkillsUSA Conference from June 20-24 in Atlanta, Ga., after winning gold medals at the state level.

First-place finishers at the state conference – and earning the honor of representing Bay Path Practical Nursing Academy in national competition, and the state of Massachusetts – are:

Sarah Garcia, of Charlton who competed in the First Aid/CPR category; Eunice Kamau, of Worcester, who competed in Medical Terminology; Luciane Lindvay, of Spencer, who competed in Medical Math; Katie Blanchard of Southbridge, who competed in Practical Nursing, and the group of three, Marvelous Undag of Worcester, Genie Biando of East Brookfield, and Darcey Howe of Sturbridge, all competing as a Team in Health Knowledge Bowl.

This will be the first trip to nationals for Bay Path Practical Nursing Academy since the pandemic. Last year, Bay Path Practical Nursing Academy was unable to send competitors.

"I wish to thank the Superintendent, Mr. Kyle Brenner for his support and both SkillsUSA Advisors for Bay Path, Ms. Jennifer Stachura and Ms. Pam Staney," said Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN Academy Director. "I hope they enjoy safe travels when they go to Atlanta, GA, and bring back more medals! Our Practical Nursing students did very well and represented the Academy with pride."

This year's success raises to over a dozen, the number of Bay Path Practical Nursing students who have advanced to national competition over the years; many of whom placed medals nationally.

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A black smartphone is shown at an angle. The screen displays the text 'CRACK THE CODE' in large, bold, purple letters with a black outline. Below it, 'QR CODE CONTEST' is written in smaller, black, sans-serif capital letters. At the bottom of the screen, the text '(From your Smartphone)' is written in a smaller, italicized font. The background of the phone's screen is white.

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

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Country Bank – Made to make a difference

REGION — Country Bank, a full-service financial institution serving Central and Western Massachusetts, is pleased to announce its new brand position of “Country Bank – Made to Make a Difference”. The new tagline was revealed by Paul Scully, President and CEO of Country Bank at an all team meeting. Team members were given Difference Makers t-shirts and learned they would be building beds in partnership with the Mass Coalition for the Homeless and its Build a Bed Program. As a result, the Country Bank team made 55 beds to be distributed to children in Springfield and Worcester.

“Country Bank has been making a difference in the lives of its customers, communities, and team members since 1850. The excitement in the room and the opportunity for the entire Country Bank team to build these beds together was simply amazing to witness, the energy in the room was palpa-



ble,” stated Scully.

The new tagline was developed with its advertising agency through various focus groups and deep discussions about what team members, customers, non-profit organizations and non-custom-

ers believed to be true about Country Bank.

“This tagline could not be more fitting for Country Bank; even more impactful is that our stakeholders developed it! We are very excited about how this positions the bank

and know that when we say ‘Country Bank is Made to Make a Difference,’ we truly believe that is exactly what we do, whether that is for our customers, both consumer and business, or for our communities,” stated Shelley Regin,

Senior Vice President of Country Bank.

During a recent press conference on June 1, Country Bank made an impactful difference by announcing that it was donating its former headquarters, valued at approximately 3 million dollars, to the Town of Ware for use as a new police department and other multi-purpose space.

About Country Bank
Country Bank is one of the most highly capitalized mutual savings banks in the Commonwealth offering full-service consumer and commercial banking services. Country Bank serves Central and Western Massachusetts with 14 offices in Ware, Palmer, West Brookfield, Brimfield, Belchertown, Wilbraham, Ludlow, Leicester, Paxton, Charlton, Springfield and Worcester. Country Bank is a member of FDIC, DIF and the SUM network. Country Bank can be reached at 800-322-8233 or online at countrybank.com.

MAPFRE USA names Dana Whiteley as SVP Business Development

WEBSTER — MAPFRE USA, the leading personal and commercial auto writer and home insurer in Massachusetts, has named Dana Whiteley Senior Vice President of Business Development. Whiteley is an industry veteran who brings a wealth of technical knowledge and leadership experience to the position.

Whiteley, who is a Certified Public Accountant, has served in several leadership roles since joining the company in 2002, including Vice President of Internal Audit, Chief Underwriting Officer, and most recently, Senior Vice President and Chief Risk Officer.

“Dana is a tremendous addition to our Business Development team, with deep knowledge of the business and proven success in building and leading teams and developing strong relationships,” said MAPFRE USA President and Chief Executive Officer Jaime Tamayo. “His dedicated leadership and keen insurance knowledge make him ideally suited to lead our business development team and drive our business forward.”

Whiteley will oversee MAPFRE’s business development strategy in Massachusetts and the company’s Northeast Region, exploring new insurance solutions to drive sales and

enhance the agent and customer experience. He replaces Keith Jensen, who is retiring from MAPFRE, effective June 30.

“I am excited by the opportunity to lead MAPFRE’s exceptional Business Development organization,” Whiteley said. “With their talent and MAPFRE’s comprehensive, long-term growth strategy, we will strengthen our business by forging deeper agent partnerships and delivering greater customer value.”

About MAPFRE Insurance
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(Excellent) by A.M. Best Company, serves policyholders in 12 states across the United States. It is the largest auto and home insurer in Massachusetts and ranks among the top 25 personal lines insurers in the United States. MAPFRE Insurance is part of MAPFRE Group, a global insurance company with a worldwide presence.

MAPFRE Insurance is a brand and service mark of MAPFRE USA Corp.

Local students named to Holy Cross Dean’s List

WORCESTER — A total of 1,457 students were named to the College of the Holy Cross’ Dean’s List for outstanding academic achievement during the spring semester of the 2021-22 academic year. The

following local students made the list:

- Olivia Curnen of Auburn, Class of 2023
- Zachary Lazerick of Auburn, Class of 2023
- Morgan Maher of Auburn, Class of 2022
- Claudia Oliver of Auburn, Class of 2025
- Peter Oliver of Auburn, Class of 2022
- Sabrina Tang of Auburn, Class of 2025
- Andrew Toth of Auburn, Class of 2023
- Elisabeth Villa of Auburn, Class of 2022

To qualify for the Dean’s List, students must pass four or more letter-graded courses with no failing grades during the semester and earn a GPA of 3.5 or higher.

About Holy Cross

The College of the Holy Cross, in Worcester is among the nation’s leading liberal arts institutions. A highly selective, four-year, exclusively undergraduate college of 3,100 students, Holy Cross is renowned for offering a rigorous, personalized education in the Jesuit, Catholic tradition. Since its founding in 1843, Holy Cross has made a positive impact in society by graduating students who distinguish themselves as thoughtful leaders in business, professional and civic life.

FOUNDATIONS

continued from page A1

middle Worcester County is going to get hit hard and that’s what we’re seeing now - We’re going to hope the legislation goes through and people don’t get stuck with this because it’s a scary situation.”

Residents hoping to learn more about the crumbling foundation situation can visit the Massachusetts Residents Against Crumbling Foundations Web site at www.massracf.com.



MAPFRE JOINS MASSDOT TO PROMOTE ROAD SAFETY

Webster-based MAPFRE USA recently joined the Massachusetts Department of Transportation for a news conference in Boston to raise awareness of the importance of road safety. As the summer season picks up, more people are hitting the roads, riding bikes, taking walks, etc. The event focused on wearing seatbelts, avoiding distractions, driving sober and staying alert behind the wheel. MAPFRE sponsors the MassDOT Highway Assistance Program, in which fleet drivers patrol the highways to assist stranded motorists. Pictured from left to right: Angela Davis, Assistant Undersecretary for Law Enforcement and Criminal Justice in the Executive Office of Public Safety and Homeland Security; Jamey Tesler, Secretary of Transportation, MassDOT; Andrea Zemaitis, MAPFRE Senior Vice President, Business & Clients; Colleen Ogilvie, Registrar, Massachusetts Registry of Motor Vehicles; Stacey Beuttell, Executive Director, walkBoston; and Michael Sonia, Massachusetts State Police Lieutenant.

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Area residents named to Bridgewater State Dean's List

BRIDGEWATER — The following Massachusetts residents were named to the dean's list for the spring 2022 semester at Bridgewater State University:

- Auburn
Ava J. Novakoski
Blackstone
Meagan M. Brodeur, Brad M. Chausse, Abigail Putnam, Stephanie M. Spear, Alex M. Staples and Gabriella M. Torricelli.
Brimfield
Spike Austin, Jim W. Damon and Joshua Watts.
Charlton
Shaelyn K. Donovan and Jake J. Fortin
Charlton City
Kayla Canty
Cherry Valley
Nicole M. Petrone
Douglas

- Samantha R. Gibson, Nathan Haire, Ryan D. Kuczer, Emily N. Mitchell and Cody J. Winchell.
Dudley
Lindsay M. Vo

Fiskdale
Nate H. Eliason, Allie J. Morin
Grafton
Ashley R. Berardi
Groton
Shannon M. Kilcommins, Elise N. Prince
Leicester
Alex Cruz, Hannah M. Dufries, Juliana Golemo
Milford
Antonia J. Bonina, Kirsten A. Buddington Davis, Julia A. Cacciola, Tiago A. Filadelfo, Danielle K. Fokas, Brian Grier, Bianca S. Guerreiro, Connor P. Henderson, Ashley E. LaVergne, Brenna E. Mackie, Beshoy

- A. Mhareb, Anthony T. Miano, Tyler J. Morgan, Jacklyn S. Norris, Kelley Reichert, Holly E. Roberts, Kayleigh A. Wilcox
Millbury
Olivia J. Dean, Kaylee M. Lambert, Max Sarro, Emma Turner, Nathan T. White, Nolan Wright
Millville
Bailee C. Baillargeon, Charlie Dakai
North Brookfield
Shannon M. Daige, Sam K. Rischitelli
Northbridge
Lauren H. Johnson, Vanessa R. Karagosian
Oxford
Corinne N. Holmes, Danielle C. Johnson, Abigail H. Rice
Rochdale
Sam P. LaCoste
Southbridge
Kolby A. Lamoureux, Amelia L. Tieri
Spencer

- Richard J. Butler, Jack J. Dalton, Julie M. Mason
Sturbridge
Ally Houck
Sutton
Christopher P. Fredericks, Kayla J. McMahon, Ashleigh C. Niewiera, Kyla D. Rae, Abigail E. Reardon, Laura A. White
Upton
Julia Morais, Meghan R. Schrafft
Uxbridge
Felicia D'Ambra, Geovanna A. Freire, Ava K. Howe, Ariana L. Kasper, Reid M. Miller, Brenna R. Neill, Nolan C. Psuik, Aidan M. Ryan, Angela Young
Webster
Georgia R. Caissie, Matthew R. Powers
Whitinsville
Mackenzie R. Gifford, Sophia Lind, Gabrielle C. Mateer, Kim A. Shorey

More than 6,300 URI students named Dean's List

KINGSTON, R.I. — The University of Rhode Island is pleased to announce the Spring 2022 Dean's List. Students named to the Dean's List represent nearly all of Rhode Island's cities and towns, all six New England states, New York and New Jersey, and many other states and countries.

To be included on the Dean's List, full-time students must have completed 12 or more credits for letter grades which

are GPA applicable during a semester and achieved at least a 3.30 quality point average. Part-time students qualify with the accumulation of 12 or more credits for letter grades which are GPA applicable earning at least a 3.30 quality point average.

Brendan Anish of Auburn
Ali McKiernan of Auburn
Ryan Murphy of Auburn
Isabelle O'Toole of Auburn
Mackenzie Paradis of

Auburn
Shannon Sampson of Auburn
Justin Skaparas of Auburn

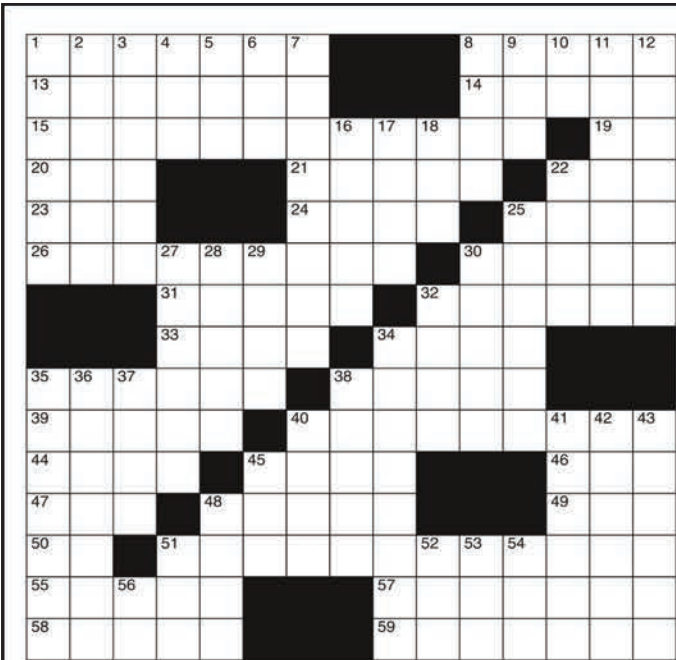
To view the entire Dean's List, visit: uri.edu/academics/deans-list/.

Note: Students who qualified for the Dean's List, but have restricted access to their information under the Family Education Rights and Privacy Act (FERPA) guidelines, are not included on this public listing.

About the University of Rhode Island

Founded in 1892, the University of Rhode Island is the principal public flagship research and graduate institution in Rhode Island. Competitive and highly regarded, its more than 14,500 undergraduate students and 2,200 graduate students represent 48 states and 76 countries across the globe. With 203 academic programs, URI offers its

undergraduate, graduate, and professional students distinctive educational opportunities designed to meet the global challenges of today's world and the rapidly evolving needs of tomorrow. At URI, you will find some of today's leading innovators, discoverers, and creative problem solvers. To learn more, visit: uri.edu.



CLUES ACROSS

1. Half-conscious states

8. Unnatural

13. Deep regret

14. Rogue

15. Took without permission

19. An alternative

20. After B

21. Partner to "flowed"

22. The best day of the week (abbr.)

23. Helps you hear

24. Egyptian river

25. Lake __, one of the Great

26. Make free from bacteria

30. Indigenous peoples of central Canada

31. Sanctuaries in Greek temples

32. Most unclothed

33. NJ senator Booker
34. Tibetan lake

35. Desecrate something sacred

38. John __, English educator 1467-1519

39. Obtains in return for labor

40. Views

44. Rugged cliff

45. Not quiet

46. Body part

47. Newt

48. German city

49. A way to save money

50. NBC's Roker

51. Dire Straits frontman

55. Actress Lathan

57. Most meager

58. Poems

59. Companions

CLUES DOWN

1. Draws over

2. Recur

3. Current unit

4. Neither

5. Certified Radio Operator (abbr.)

6. Power of perception

7. Peace

8. Supplemented with difficulty

9. The last section or part of anything

10. Dorm worker

11. Bones

12. Most unnatural

16. Spanish island

17. The skill to do something

18. Where golf games begin

22. Untethered

25. Print errors

27. The sport of engaging in contests of speed
28. Ones to look up to

29. Stringed instrument

30. Gives whippings

32. Type of tie

34. Make more concentrated

35. Die

36. Part of a winter hat

37. Young men's club

38. Bathrooms need it

40. U.S. president

41. American novelist

42. Take into custody

43. Hurts

45. Type of gibbon

48. American actor Lukas

51. Partner to cheese

52. Some are covert

53. Political action committee

54. To and __

56. Atomic #28

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L	S	E	H	V	d	S				V	V	N	V	S
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PUZZLE SOLUTION



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Auburn resident named to President's List at Dean College

FRANKLIN — Bella D'Auteuil of Auburn has earned a place on the President's List for the Spring 2022 semester. Students named to the President's List have demonstrated a series commitment to their studies while at Dean College.

Founded in 1865, Dean College is a private, residential college located in Franklin Massachusetts, 45 minutes from Boston, Massachusetts, and Providence, Rhode Island. Dean College offers baccalaureate degrees, associate degree programs, as well as

a robust schedule of part-time continuing and professional education credit and certificate programs throughout the calendar year.

Emma Wentworth named to University of Delaware Dean's List

NEWARK, Del. — Emma Wentworth of Auburn has been named to the University of Delaware Dean's List for the Spring 2022 semester.

To meet eligibility requirements for the Dean's List, a student must be enrolled full-time and earn a GPA of 3.5 or above (on a 4.0 scale) for the semester.


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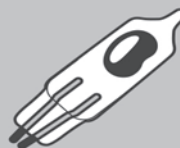
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ALMANAC

REAL ESTATE

AUBURN
\$594,000, 37 Wallace Ave, Pickoff Properties LLC, to Dasilva, Rosa G, and Da Silva, Dalton F.
\$570,000, 157 Oxford St N, Shimkoski, Dennis H, and Shimkoski, Colleen M, to Bakkal, Abdounour, and Bcharah, Mousa.
\$475,000, 11 Alden St, Premium Const Svcs Inc, to Thaden, Tye, and Thaden, Nicole.
\$400,000, 113 Central St, Lussier, Paul F, and Lussier, Paula M, to Uresch, Julianna.
\$388,000, 60 Berlin St, Barrows, Evan J, to Connors, Nathaniel, and Connors, Jessica.
\$300,000, 53 Old Common Rd, Coderre Paul Est, and Coderre, Jaye A, to Valentine, Michael D.
\$241,000, 16 Linda Ave, Malloy, Joseph, to BHR Development LLC.

Local residents earn Dean's List honors from MassBay Community College named to UA Deans List

WELLESLEY HILLS — The following local students have been named to the MassBay Community College Dean's List, achieving this outstanding academic honor for the spring 2022 semester.

To be eligible for the MassBay Dean's List, students must complete at least six credits of college-level courses, be in good standing with the College, and earn a grade point average of 3.5 or higher.

* Robert Russell of Auburn, who studies Cyber Security

To learn more about MassBay, visit massbay.edu.

MassBay Community College is the most affordable higher

education option in MetroWest Boston, offering a robust portfolio of courses and more than 70 associate degree and certificate programs with flexible day, evening, and weekend classes in Ashland, Framingham, Wellesley Hills, and online. MassBay students receive an unmatched educational value by earning stackable credits that transfer to bachelor's degree programs, and workforce-ready skills necessary to advance careers in high-demand fields such as health and life sciences, automotive technology, engineering, business, cybersecurity, and the humanities. MassBay's Associate Degree

in Nursing (RN) and Practical Nursing (LPN) programs were both ranked as the #1 Nursing Program in Massachusetts in 2020-2021 by national nursing advocacy organizations RegisteredNursing.org, and PracticalNursing.org. Since its founding in 1961, MassBay has been accredited by several governing bodies and remains firmly committed to its mission of meeting the needs of the diverse local communities it serves. We value the intrinsic worth of all individuals, collectively in pursuit of inclusiveness and prioritize our work towards achieving equity within our community and beyond.

TUSCALOOSA, Ala. — Bridget White was named to The University of Alabama Deans List for Spring Semester 2022.

A total of 11,224 students enrolled during Spring Semester 2022 at The University of Alabama were named to the dean's list with an academic record of 3.5 (or above) or the president's list with an academic record of 4.0 (all A's).

The UA dean's and president's lists recognize full-time undergraduate students. The lists do not apply to graduate students or undergraduate students who take less than a full course load.

For more information, visit news.ua.edu.

The University of Alabama, part of The University of Alabama System, is the state's flagship university. UA shapes a better world through its teaching, research and service. With a global reputation for excellence, UA provides an inclusive, forward-thinking environment and nearly 200 degree programs on a beautiful, student-centered campus. A leader in cutting-edge research, UA advances discovery, creative inquiry and knowledge through more than 30 research centers. As the state's largest higher education institution, UA drives economic growth in Alabama and beyond.

Rachel Lubin named to Dean's List at Plymouth State University

PLYMOUTH, New Hampshire — Rachel Lubin of Auburn has been named to the Plymouth State University Dean's List for the Spring 2022 semester. To be named to the Dean's List, a student must achieve a grade point average between 3.5 and 3.69 during the Spring 2022 semester and must have attempted at least 12 credit hours during the semester. Lubin is a Criminal

Justice major at Plymouth State. About Plymouth State University

Established in 1871, Plymouth State University serves the state of New Hampshire and the world beyond by transforming our students through advanced practices where engaged learning produces well-educated undergraduates and by providing graduate education that

deepens and advances knowledge and enhances professional development. With distinction, we connect with community and business partners for economic development, technological advances, healthier living, and cultural enrichment with a special commitment of service to the North Country and Lakes Region of New Hampshire.

AHS Class of 1972 planning 50th reunion

STURBRIDGE — Attention, all Auburn Dandies! The Auburn High School Class of 1972 will hold its 50th reunion Sunday, Sept. 18 from 1-5 p.m. at the Hamilton Rod & Gun Club (outside on the pavilion), Hamilton Road, Sturbridge.

Tickets will be \$25; please make checks payable to Karen Delagorgendiere, 695 Adams Rd., Oakham, MA 01068 or Venmo @junebeecrafts. Please RSVP no later than Aug. 1!

The reunion will be held rain or shine, with a cash bar and light refreshments.

Questions? Call Karen (Moore) Delagorgendiere or Dennis at (508) 882-3864. Bring your yearbooks for more signatures! Hoping to see you all there!

Auburn resident named to Dean's List at Dean College

FRANKLIN — Dean College is pleased to announce that Derek Brigham of Auburn has earned a place on the Dean's List for the

Spring 2022 semester. Students named to the Dean's List have demonstrated a serious commitment to their studies while at Dean College.

Founded in 1865, Dean College is a private, residential college located in Franklin Massachusetts, 45 minutes from Boston, Massachusetts, and Providence, Rhode Island. Dean College offers baccalaureate degrees, associate degree programs, as well as a robust schedule of part-time continuing and professional education credit and certificate programs throughout the calendar year.

Local residents make Dean's List at Wentworth Institute of Technology

BOSTON — The following local students have made the Dean's List at Wentworth Institute of Technology for the Spring 2022 semester.

* Anna Pyche of Auburn

Wentworth Institute of Technology Founded in 1904, Wentworth Institute of Technology is a nationally ranked university offering career-focused education through bachelors and graduate degree programs in areas including engineering, architecture, computing and data science,

life sciences, management, and design. Its 31 acres are situated in the Fenway neighborhood of Boston, Mass., within walking distance of several leading cultural, educational, sports, and medical hubs. Wentworth is known for its emphasis on career preparation for students through its leading co-op programs, hands-on learning approach, and alignment with 21st-century workforce needs.

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Lauren Duquette achieves academic honors from Nichols College for Spring 2022

DUDLEY — Lauren Duquette from Auburn achieved Dean's List honors for the spring 2022 semester at Nichols College.

The Dean's List recognizes those students who achieve high grades during a single semester. In order to be included on the Dean's List, a student must have a minimum grade point average of

3.5 for at least 12 undergraduate credit-hours and must have received no grades below B- during the semester.

About Nichols College

The mission of Nichols College is to educate and enlighten students to capitalize on their ambitions and to become impactful, forward looking global leaders.

Jason Henry achieves President's List honors from Nichols College

DUDLEY — Jason Henry from Auburn, achieved President's List honors for the spring 2022 semester at Nichols College.

The President's List recognizes those students who achieve high grades during a single semester. In order to be included on the President's List, a student must have a minimum

grade point average of 3.85 for at least 12 undergraduate credit-hours with no grades below B minus.

About Nichols College

The mission of Nichols College is to educate and enlighten students to capitalize on their ambitions and to become impactful, forward looking global leaders.

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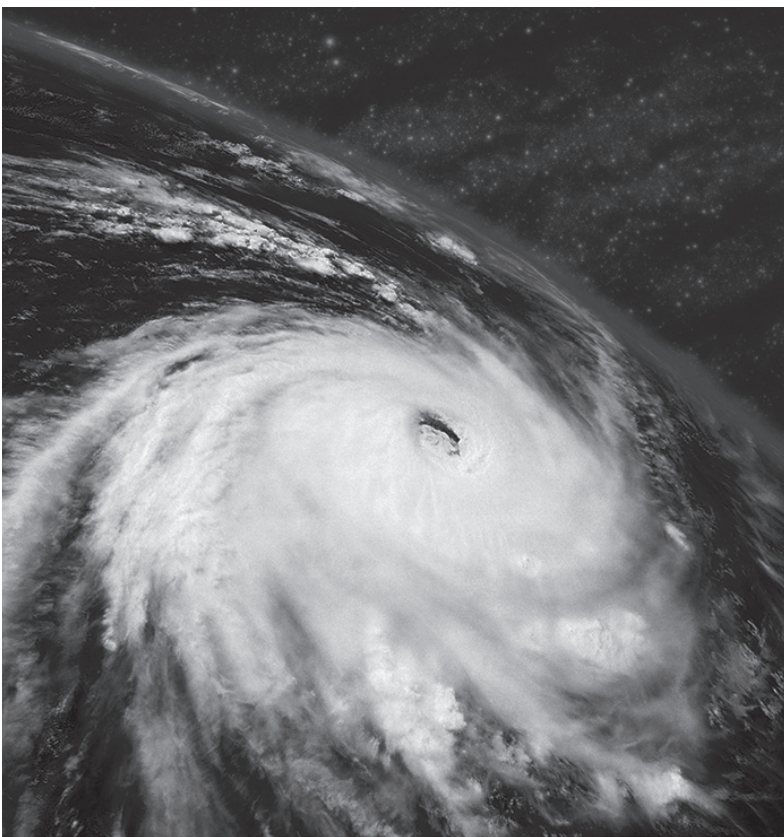
The science of hurricanes

During certain times of the year, residents of various areas of the world contend with some of the most violent storms imaginable. Depending on where they touch down, these storms may be known as typhoons, cyclones or hurricanes.

Many people spend the days or hours preceding the arrival of a potential hurricane making emergency plans rather than thinking about the elements that came together to cause a hurricane to occur. However, prior to the start of Atlantic hurricane season, which this year runs from June 1 to November 30, individuals may want to learn more about hurricane science so they can get a better grasp on these powerful storms.

The National Ocean Service says hurricanes derive their energy from warm, tropical waters. Hurricanes form over the ocean, often beginning as a tropical wave. This is a low pressure area that moves through the tropics' moisture-rich areas, potentially enhancing thunderstorm and rain activity.

As this type of weather system moves westward, warm ocean air rises into the storm, forming an area of low pressure underneath — which only causes more air to rush in. The air rises and cools, forming clouds and thunderstorms. This process continues as cumulonimbus clouds get larger and wind speeds pick up. As the system rotates faster and faster, an eye forms in the center of the storm with very low air pressure. Hurricanes that form north of the equator spin counterclockwise, while those south of the equator spin clockwise, according to NASA.



Should storm winds reach 39 miles per hour, the storm is called a "tropical storm." When wind speeds reach 74 miles per hour, the storm is considered a hurricane or tropical cyclone.

A hurricane continues only if it has ample "fuel" by way of warm water rising vapor. That is why hurricanes can be quite large over the ocean. Once a hurricane makes landfall, it will run out of steam eventually.

It can take a matter of days for a hurricane to form if the temperature is warm and there is a lot of water vapor rising from the ocean. The organization American Oceans says hurricanes have formed in one to

two days in a small number of cases.

Meteorologists track many factors to determine if a hurricane is likely to occur. An air pressure drop in addition to the right warm temperature and moist air from the sea are notable signs. Sea levels will start to rise before a hurricane forms as well.

While strong winds can cause significant damage, the after-effects of a hurricane, such as storm surge and heavy rains, also can cause serious issues. That's why scientists carefully monitor weather systems, utilizing satellites in an effort to predict when these storms will form.

LEGALS

**LEGAL NOTICE
MORTGAGEE'S SALE
OF REAL ESTATE**

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Kelli A. McDonald, Sean McDonald to Massachusetts Mortgage Corp., dated November 25, 1997 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 19383, Page 342, as modified by a certain modification agreement dated September 16, 2016, and recorded with said Worcester County (Worcester District) Registry of Deeds in Book 56826, Page 127 of which mortgage the undersigned is the present holder, by assignment from: Massachusetts Mortgage Corp. to Fleet Mortgage Corp., recorded on November 26, 1997, in Book No. 19383, at Page 349 Federal Deposit Insurance Corporation, as Receiver for Washington Mutual Bank, formerly known as Washington Mutual Bank, FA, successor in interest to to Washington Mutual Home Loans, Inc., successor by merger to Fleet Mortgage Corporation to U.S. Bank Trust National Association, not in its individual capacity but solely as Delaware Trustee and U.S. Bank National Association, not in its individual capacity but solely as co-Trustee for Government Loan Securitization Trust 2011-FV1, recorded on June 15, 2015, in Book No. 53849, at Page 23 for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 1:00 PM on July 8, 2022, on the mortgaged premises located at 9 Coachman Lane, Auburn, Worcester County, Massachusetts, all and singular the premises described in said mortgage, TO WIT:

A certain parcel of land, with the buildings thereon, situated on the easterly side of Coachman Lane in Auburn, Worcester County, Massachusetts, owned now or formerly by Gemme Bros., Inc., and shown as Lot 23 on a plan by Cullinan Engineering Co., Inc. dated November 7, 1975 and recorded in Worcester District Registry of Deeds, Plan Book 421, Plan 118, bounded and described as follows: BEGINNING at a point on the easterly sideline of Coachman Lane at the most southwesterly corner of the Lot to be described; said point also being the northwesterly corner of Lot 24 as shown on above-mentioned plan; THENCE N. 18° 06' 34" E. along the easterly sideline of Coachman Lane, a distance of 120.00 feet to a point at Lot 22; THENCE S. 71 ° 53' 26" E. along Lot 22, a distance of 167.00 feet to a point at other land now or formerly of Gemme Bros., Inc.; THENCE S. 18° 06' 34" W. along other land now or formerly of Gemme Bros., Inc. a distance of 120.00 feet to a point at Lot 24 THENCE N. 71° 53' 26" W. along Lot 24, a distance of 167.00 feet to the point of beginning. The above-described lot contains 20,040

square feet, more or less.

For mortgagor's(s)' title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 19383, Page 341.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

U.S. BANK TRUST NATIONAL ASSOCIATION, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS DEL-AWARE TRUSTEE AND U.S. BANK NATIONAL ASSOCIATION, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS CO-TRUSTEE FOR GOVERNMENT LOAN SECURITIZATION TRUST 2011-FV1

Present holder of said mortgage

By its Attorneys,
HARMON LAW OFFICES, P.C.
150 California St.
Newton, MA 02458
(617)558-0500
21074
June 10, 2022
June 17, 2022
June 24, 2022

(SEAL)

**COMMONWEALTH
OF MASSACHUSETTS
LAND COURT
DEPARTMENT OF
THE TRIAL COURT
Docket Number: 22 SM 001584
ORDER OF NOTICE**

TO: Alaina C. McCarthy and Shane McCarthy

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 (*et seq*)

Nationstar Mortgage LLC d/b/a Mr. Cooper

claiming to have an interest in a

Mortgage covering real property in Auburn, numbered 8 Vincent Street, given by Alaina C. McCarthy and Shane McCarthy to Mortgage Electronic Registration Systems, Inc., as nominee for CrossCountry Mortgage, Inc., dated December 20, 2016, and recorded in Worcester County (Worcester District) Registry of Deeds in Book 56529, Page 15, and now held by Plaintiff by assignment, have filed with this court a complaint for determination of Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before 08/01/2022, or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act.

Witness, Gordon H. Piper, Chief Justice of this Court on 06/14/2022.

Attest: Deborah J. Patterson
Recorder
June 24, 2022

**NOTICE OF
MORTGAGEE'S SALE
OF REAL ESTATE**

Premises: 10 Woodland Rd, Auburn, MA 01501

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Steven E. St. Francis and Victoria M. St. Francis f/k/a Victoria M. LaMonica to National City Bank, and now held by **Notable Capital Fund LLC**, said mortgage dated March 30, 2007 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 40934, Page 377, as affected by a Loan Modification dated May 15, 2013 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 51057, Page 369; said mortgage was assigned from PNC Bank, National Association s/b/m National City Bank to U.S Mortgage Resolution, LLC by assignment dated October 11, 2018 and recorded with said Registry of Deeds in Book 59607, Page 245; said mortgage was assigned from U.S. Mortgage Resolution, LLC to Trinity Financial Services, LLC by assignment dated July 30, 2019 and recorded with said Registry of Deeds in Book 61384, Page 319; said mortgage was assigned from Trinity Financial Services, LLC to Notable Capital Fund, LLC by assignment dated April 28, 2020 and recorded with said Registry of Deeds in Book 62384, Page 215; for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at **Public Auction on July 22, 2022 at 11:00 AM** Local Time upon the premises, all and singular the premises described in said mortgage, to wit:

The land with buildings thereon, situated in the Town of Auburn, County of Worcester, Commonwealth of Massachusetts, located on the southwesterly side of Woodland Road, bounded and described as follows: BEGINNING at an iron pipe set on the southwesterly line of Woodland Road; said point being 120 feet northwesterly of the point of intersection of the southwesterly line of Woodland Road and the northwesterly line of Franklin Street; THENCE south 40 degrees 45' west by land of one Briery; and 288.71 feet to an iron pipe; THENCE north 09 degrees 44' east by land of one Macgeachey and land of one Norbert; 131.77 feet to an iron pipe; THENCE north 40 degrees 45' east by land of one Haire; 175.88 feet to an iron pipe set on the southwesterly line of Woodland Road; THENCE south 49 degrees 15' east by the southwesterly line of Woodland Road; 67.90 feet to the point of beginning. CONTAINING 15,770 square feet of land, more or less. BEING the same premises conveyed to Mortgagors by Deed recorded with the Worcester District Registry of Deeds in Book 39501, Page 165.

The description of the property contained in the mortgage shall control in the event of a typographical error in this publication.

For Mortgagor's Title see deed dated July 1, 2006 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 39501, Page 165.

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.

Said mortgage is subject to a certain mortgage given by Steven E. St. Francis and Victoria M. LaMonica to Mortgage Electronic Registration Systems, Inc. as nominee for Lendia, Inc., dated 06/14/2006 and recorded in Worcester County (Worcester District) Registry of Deeds in Book 39166, Page 23 and now held by FirstKey Mortgage, LLC by assignment.

FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid in cash, certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within thirty (30) days after the date of sale.

Other terms to be announced at the sale.

Brock & Scott, PLLC
1080 Main Street, Suite 200
Pawtucket, RI 02860
Attorney for Notable Capital Fund
LLC\Present Holder of the Mortgage
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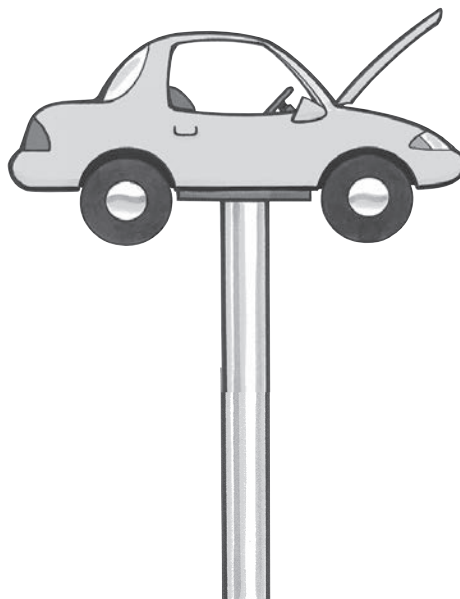
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OPINION/COMMENTARY

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BRENDAN BERUBE

EDITOR

Facing down the tough times

While our current economy hasn't dipped to the level it did during the Great Depression, several conversations as of late have gone there, particularly since COVID-19 and the war in Ukraine, have put a strain on our economy. Further, electricity rates have increased dramatically, and will only get worse this winter, when colder weather settles in again and we need more light to stave off the darkness at 4 p.m. Will it get so bad that people will turn to flashlights and candles around the dinner table? Let's hope not. Perhaps a new push for solar energy will resurface.

To date, the Great Depression was the worst economic decline in modern times. A hard jump from the 'Roaring Twenties,' when Americans were enjoying a robust economy with more time to spend and recreate.

After the stock market crash in 1929, those who were still employed saw a decrease in pay of roughly 40 percent. This included doctors and other affluent careers. One quarter of the population remained without a living wage. With that said, the typical American had to adapt to a new way of life that included a level of scrimping and saving never seen before.

Homemakers, who were primarily women back then, were shown how to make due with what they had in the kitchen. Meals were stretched as far as possible. To do so, people learned to enjoy more casseroles, such as macaroni and cheese, chili, Mulligan stew (a mix of anything available), bologna casserole, and a 'poorman's meal' (fried potato with diced hot dogs). Another go-to was 'hot water pie,' which was made up from simple ingredients such as butter, vanilla, sugar and flour. Potluck gatherings were also a cheap way for people to come together and socialize. Thrift gardens popped up in vacant lots across the country where community members could grow food, feeding thousands.

Movie theaters were a major source of entertainment during the years leading up to the depression. After the economy tanked, people had to find other, cheaper forms of leisure. One third of the cinemas in the country were shuttered. Miniature golf courses charged people no more than 50 cents per round, making the low-key game another popular thing to do. With that said, board games such as Scrabble and Monopoly became all the rage. People were also tuning into the radio for comedy shows and other dramas.

More women became employed to supplement lost income, despite the fact that they were paid significantly less than men. Government help was also more socially acceptable after President Franklin D. Roosevelt introduced New Deal programs. Before the Depression, those receiving welfare were listed in local newspapers, which was a deterrent for many to accept government assistance.

Men grew insecure after not being able to provide for their families, which caused an uptick in suicide. Divorce rates were low, because couples could not afford to separate, even though many couples did unofficially split.

Traveling by rail became very common for teenagers who sought work to help their families on the road. As far as lawlessness, violent crimes did increase; however fell after a few years.

On another note, one topic of conversation has been in regard to political theatre. Stay informed, watch unbiased news reports and pay attention to the words that are coming out of the mouths of actual people, not newscasters. You can draw a lot from what people are actually saying and doing, without watching a bit of news, then go from there. To comment on an issue, be informed. If you are not informed, don't vote and refrain from conversations about topics of which you cannot contribute.



Photo All-America Selections — Courtesy
Sunflowers, like Suntastic Jaune Coeur Noir, are commonly started from seeds in the garden.

Save money by planting flower seeds directly in the garden

Don't worry if you have already spent most of your plant budget for the year. Fill voids in your gardens and containers with heat tolerant annuals planted from seeds directly in the garden.

Zinnia and marigolds are traditional favorites often started from seeds planted directly in the garden. These germinate quickly and begin flowering in about eight weeks.

Zinnias are heat and drought tolerant once established. The Profusion series are compact, disease resistant, and produce flowers early and all season long. The Zahara series of zinnias are also heat and drought tolerant and resistant to leaf spot and mildew. Zinnias have excellent pollinator appeal and make great cut flowers.

Moss rose's drought tolerance makes it an excellent choice for sandy, gravelly, and rocky areas. The fine seeds make it a bit more challenging to plant. Try mixing the seeds with sand to help distribute the seeds more evenly. Look for varieties like Afternoon Delight and the Happy Hour and Sundial series with flowers that open earlier or stay open later in the day, extending your enjoyment.

Cleome is a big annual that can easily fill the space between those small, newly planted shrubs. It prefers full sun and moist well-drained soil but will tolerate dry conditions. Thin seeds so the final spacing of plants is between 1 to 3 feet. The more space, the fuller and bushier the plant. These plants reseed readily so watch for volunteer plants in next year's garden.

Sunflowers are commonly started from seeds in the garden. You will find single and double flowered varieties ranging in height from 18 inches to 12 feet or more. Stagger your planting to extend the bloom



GARDEN MOMENTS

MELINDA MYERS

time. Plant seeds every two weeks, so you have lots of fresh flowers to enjoy. Just check the seed packet for the number of days from planting until flowering. Make sure your last planting has time to reach maturity and bloom before the end of your growing season.

Mexican sunflower is not as well known as the common sunflower but is just as welcome in the garden. The bright orange flowers combine nicely with yellow, blue, and purple flowers and attract butterflies and other pollinators to the garden. Grow these in a sunny area with well-drained soil. Avoid windy locations that may cause the brittle stems to break. Give this big plant plenty of room to reach its mature size. Mexican sunflower grows four to six feet tall and two to three feet wide. Fiesta del Sol and Goldfinger are shorter varieties that are a better fit for smaller spaces.

Check the seed packet for more details on planting seeds of these and other flowers directly in the garden. With proper planting and care you will have lots of flowers to enjoy this season.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is www.MelindaMyers.com.

Tips to Grow Great Tomatoes

The taste of a garden tomato, warmed from the sun and plucked fresh from the vine, is a simple pleasure worth waiting all year for. While tasty tomatoes are undoubtedly the highlight of most backyard gardens, their sweet success can often be ensured with a few tricks of the trade. Read on for a compilation of tried and true tips:

Prep Plants: Harden off tomato plants for a week to ten days before transplanting outside.

Timely Transplants: Transplant tomatoes in late afternoon for best results.

Deep Seated: Growing deep, extensive roots and full leaves will help establish newly transplanted tomatoes. Many experienced tomato growers pull off the first flowers, so the plant does not devote energy to forming fruit before its roots and foliage have filled out.

Rotation Inoculation: Expert growers claim insect infestation and plant disease is reduced if you never plant tomatoes in the same spot more than three years in a row.

Mulching Mix: Mulching is an important garden task and natural mulches such as straw, leaves, pine needles and dried grass all are beneficial to tomato plants.

Warm Up To Cool Down: Since mulch keeps the ground cool, it's important to wait until the ground soil warms to 65 degrees before laying the mulch.

Companion Crops: The plants in which tomatoes keep company with can affect their growth. Tomatoes like to grow near



TAKE THE HINT

KAREN TRAINOR

onions, parsley, chives, garlic, and carrots.

Early Irrigation: Water tomato plants early in the day to be sure leaves will be dry by nightfall

Think Ahead: Pound in stakes for future support at the same time you plant tomatoes. Waiting until later could the roots.

Tie it Up: Stake ties made of strips of old pantyhose or lightweight fabric won't cut into plants

Faded Flavor: If your tomatoes are large, but lack flavor, over watering might be the culprit.

**

Freezing Tomatoes: If you're lucky enough to have too many tomatoes to use or give away at the end of the season, you might want to consider freezing them. Did you know it is possible to quickly freeze raw tomatoes without blanching them first? They can be frozen without their skins or frozen whole with their skins.

Note: Frozen tomatoes are best used in cooked foods such as soups, sauces and stews as they become mushy when they're thawed.

Here's how: Select firm, ripe tomatoes for freezing. Sort the tomatoes, discarding any that are spoiled. Wash them in clean water. Dry them by blotting with a clean cloth or paper towels.

Freezing Whole Tomatoes with Peels: Prepare tomatoes as described above. Cut away the stem scar. Place the tomatoes on cookie sheets and freeze.

What is your investment risk tolerance?



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Risk is a normal part of investing. If you didn't take on any risk, you wouldn't have the potential to achieve higher returns. But how much risk should you accept?

You don't want to incur unnecessary risk. So, you'll need to assess the amount of risk you're comfortable taking and then determine if this risk level supports your ability to achieve your long-term goals.

Here are some of the key factors in determining your own capacity for investment risk:

Personality – We all have different personalities. And your individual personality can certainly affect your comfort level with risk. If you enjoy taking chances or pushing yourself outside your comfort zone in other aspects of your life, you could be more likely to accept greater investment risk, too, because you know that greater risk means greater potential reward. Conversely, higher-risk investments also carry greater potential for volatility, including steep short-term declines.

Time – Risk tolerance can change over time. When you are first starting out in your career, with decades to go until you retire, you may feel comfortable with a certain degree of investment risk, knowing you have time to potentially overcome the inevitable downturns in the financial markets. But as you near retirement, you might consider lowering your risk level and investing more conservatively, because once you do retire, you'll likely have to start withdrawing money from your retirement accounts, which means you may need to liquidate some investments – and, ideally, you won't want to have large fluctuations in value at that time. However, even during retirement, you may want your portfolio to include some growth-oriented investments to help keep you ahead of inflation.

Type of goal – You might have different risk tolerances for different goals. For example, if you know you need a specific amount for a particular goal in two years – such as buying a new car or taking an overseas vacation – you may want to put away money in a low-risk, liquid vehicle. This type of investment might not have much growth potential, but for this goal, you are less interested in achieving a high rate of return than you are in being reasonably sure the money will be there when you need it. So, in this instance, you may have quite a low tolerance for risk. But for a long-term goal, such as a comfortable retirement, you may be prepared to take more risk in the hopes of greater returns, given the longer time horizon.

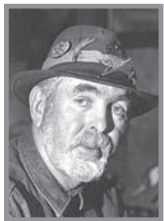
By understanding your risk tolerance and knowing how it can change over time and under different circumstances, you can be better prepared to face investment volatility. And there are certainly things you can do to mitigate risk. By owning a variety of investments – domestic and international stocks, bonds, mutual funds, government securities and so on – you can reduce the impact of market volatility on your portfolio. (Keep in mind, though, that diversification can't prevent all losses or guarantee profits.)

In any case, the biggest risk of all is simply not investing. If you are going to achieve your financial goals, you need to invest for them. By understanding your own risk tolerance, and by making wise choices along the way, you can stick with an investment strategy that can work for you in the long run.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.



The ups and downs of saltwater fishing



THE
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Saltwater fishing had its ups and downs this past week on all fronts. “You should have been here yesterday,” was heard numerous times by local angler’s fishing salt water for numerous species, including stripers and seabass. The canal was hot one day, and slow the next. Nothing has changed. It happens every year. You need to put your time in if you want to catch fish. My brother Ken and I made a trip to the Providence River last Friday, launching the boat at the Hanes park boat ramp. There was not a single car at the boat ramp when we arrived at 5 a.m., which did not look good .

The 25 hp motor was started at 5:30 a.m., and we cruised out to our fishing spot, watching for any signs of baitfish (porgies) to be exact. We had two rods that were equipped with snag hooks, in case a school was spotted. As we headed back towards one of our fishing spots my brother Ken hooked into a nice size bluefish. After a brief battle, the fish was boated and placed in the cooler, which was packed with ice. That is one fish that needs to be bled out and kept cold if you want one for the table. We soon spotted a small group of boats near what they call the windmill area, because of a half dozen



Photos Courtesy

This week’s picture shows Nate True with his 47-inch striper he caught, while fishing with his dad, Captain Mel True, Jr. last week in Narragansett Bay.

windmills in the area. As we approached the area, we could see that some of the anglers in the boats were in fact attempting to snag some porgies for bait. They were not doing very well, but we decided to hang around the area for a short time, hoping to see some action. Suddenly, my brother spotted a few rises from the bow of my boat and informed me that he saw a few porgies break the water. We quickly cast our snag hooks in their direction, and we both hooked into one. Quickly placing the fresh caught porgy on our circle hook that was ready for action on another rod, the baitfish was allowed to swim away. I was watching my fish

finder when suddenly the screen lit up showing a good school of bass down 10 feet under our boat. “Get ready, Ken!” I shouted. I no sooner said that and a large striper was on the end of my brother’s line. I suddenly felt a hard tug on my rod, and we both were fighting a good size bass. Both fish were boated after a 10-minute battle, but we thought we had a problem, because it looked as though they were over the limit allowed to retain. After measuring the two fish, our concerns were over, and we placed the two fish into the cooler. They both were just under the 35-inch limit. We decided to try catching some more porgies for another

day’s fishing when the outboard motor stopped. “OH, oh” were my first words out of my mouth. I lifted the gas tank and realized we were out of gas. Luckily, I had a spare tank that was full. Quickly hooking the fuel line to the full tank, the motor quickly responded to the tank of somewhat fresh gas. My relief was short lived as the motor started to sputter and stopped. The tank was found in my shed a year ago, and I took the time to carefully clean it out before adding the new gas. Evidently, I did not do a good job. I got the motor started and we headed for home with my constant squeezing the ball to keep the gas



My granddaughter Andrea, my great granddaughter Eva, myself ,and my great grandson Logan aboard my nephew’s boat Fishnet Charters a couple of weeks ago. They all love to fish!

flowing, and the motor running. I was sure glad to pull into the boat ramp. No tow job needed today! After putting the boat on the trailer, I opened the cooler to admire our catch. It took the pain of the screwed-up motor out of my mind, and I realized we were lucky to make it back to the boat ramp. The joys of owning a boat! Contaminated gas can sure ruin a good day of fishing, but we were lucky on that day to come in on our own. This week’s picture shows Nate True with a monster striper he

caught while fishing with his dad in one of the bays in Rhode Island last week. The fish is not the largest bass he has caught while fishing with his dad, and I am sure they will get bigger as the days and years go by. Captain Mel True often fished with his dad on my boat back when Mel, Jr. was Nates age. He loved fishing then and loves it even more today. They will be making a lot of memories in the years ahead. Keep them rods bending!

Take A Kid Fishing & Keep Them Rods Bending!



POSITIVELY
SPEAKING
TOBY
MOORE

Most of us have a daily routine. We get out of bed, make some coffee, have some food, go to work, come back home and do it all over again the next day. In the same way that we have a daily physical routine, we also have a routine thought life. Because we are doing the same types of things every day, we also start thinking the same kinds of thoughts every day. These thought patterns become so ingrained into our minds that it’s hard to think and feel differently. Our thought patterns become so strong that it usually feels impossible to change unless something terrible happens that forces us to change. When we exercise the same parts of our brain every day, those parts become stronger, while the parts of our brain that we don’t use become weaker. I had a friend in college who said out loud several times a day, “I’m such a loser!” Despite his constant negativity, he was a good guy and very funny, but he had this habit of shouting negative things whenever anything inconvenient happened to him. One time my dad came up to visit me at college. He and my dad got into a long conversation about positive thinking. During the conversation, my dad suggested that instead of telling himself negative things, he tried telling himself positive things. He responded, “Well, that would be a lie to do that. It’s not how I truly feel; it feels unnatural even to consider it.” My dad shrugged and said, “I think if you forced yourself to do it, it would begin to feel natural.” There is a principle that Napoleon

Hill wrote about in Think and Grow Rich called “Autosuggestion.” He says, “Autosuggestion is the agency of control through which an individual may voluntarily feed his subconscious mind on thoughts of a creative nature, or, by neglect, permit thoughts of a destructive nature...” Autosuggestion is a technique we have all used knowingly or unknowingly. When you affirm negative or positive thoughts, you’re tapping into the principle of Autosuggestion. When my friend from college constantly affirmed negativity, he was negatively using Autosuggestion. One of the most basic ways to use Autosuggestion for good is to repeat positive affirmations. There were times in my life when I felt overwhelmed; I’d catch myself saying, “I can’t do this anymore!”. I’d repeat it over and over unconsciously until I felt such despair it became hard to continue. I felt dysfunctional and unable to accomplish my dreams. Later, I decided to practice Autosuggestion. When I found myself in overwhelming situations, I started repeating, “I can do this; I have all I need to accomplish this and more.” As a result, I became more productive, focused, competent, and less stressed. Many studies have shown that if you positively use Autosuggestion, by repeating positive affirmations and removing negative ones, new thinking patterns will emerge; they’ll become familiar and eventually become the dominant thoughts in your life. I understand that Autosuggestion may not be for everybody. I was talking to a friend about this the other day, he wanted to change his thoughts, but he found it impossible. He said, “I’ve tried, but no matter what, my negative

thought life takes over. I can’t do it!” I met a prominent person in the marketing world who used to have a lot of success as a child actor. Once he became an adult, the acting jobs became few and far between; this led him to many years of being very depressed. Eventually, he overcame his depression; he became a very positive, successful person in a completely different career. How was he able to do this? He developed a habit, every morning, of writing on paper ten things for which he is grateful. This habit helped him put things in perspective and caused neg-

ative thought patterns to die off. He replaced his negative thought patterns with gratitude. Plenty of evidence shows that Autosuggestion and Gratitude are very effective methods for changing your thought patterns. Try one or both; if you can do it for long enough, a new way of living will open up to you in a way you never thought possible.

Toby Moore is a columnist, the star of Emmy - Nominated A Separate Peace, and the CEO of Cubestream Inc.

TRAINOR

continued from page A8

Tomatoes do not need to be blanched before freezing. Once frozen, transfer the tomatoes from the cookie sheets into freezer bags or other containers. Seal tightly. To use the frozen tomatoes, remove them from the freezer a few at a time or all at once. To peel, just run a frozen tomato under warm water in the kitchen sink. Its skin will slip off easily. Freezing Peeled Tomatoes: If you prefer to freeze peeled tomatoes, you can wash the tomatoes and then dip them in boiling water for about 1 minute or until the skins split. Peel and then freeze as noted above. Lifespan: To extend the lifetime of frozen foods maintain good quality, package foods in material intended for freezing and keep the temperature of the freezer at 0 degrees F or below. It is generally recommended frozen vegetables be eaten within about eight months for best quality. ** Win Dinner for Two at the Publick

House Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I’m in the business of dispensing tips, not inventing them (although I can take credit for some), I’m counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Friday’s Child



Corey
Age 14

I want to be a scientist when I grow up!

Corey is a happy, loveable and insightful young man of African American descent. He enjoys Legos, roller coasters, and anything athletic. Corey loves Chinese food and he can cook grilled cheese, eggs, and pancakes. He is an appealing and sociable child who relates well to older kids and adults and has formed positive relationships with his peers and works well in group activities. Corey wants to be a scientist when he grows up. Legally freed for adoption, Corey’s social worker is looking for a loving and supportive two-parent family or a single parent with other adults in the home or in close proximity for daily support. It is also important that

he has a mother figure and he is the youngest in the home. Corey needs to maintain contact with his big sister, Kiy’aa, who is also free for adoption, and if possible would love a family willing to open their home to her. <https://www.mareinc.org/waiting-child-profiles#gallery/child/7295>


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Make the most of your staycation with these activities

Staycations have grown in popularity in recent years. A 2018 poll from YouGov Omnibus found that 53 percent of the more than 100,000 participants had taken a staycation at some point, proving that forgoing traditional vacations for relaxing respites in the comfort of home is a wildly popular trend.

While they might not be as exotic as venturing off to parts unknown, staycations need not be limited to days spent lounging by the backyard pool or laying out on the living room couch. The following are a handful of activities that can help people make the most of their staycations.

- **Spa experience:** Who doesn't like the chance to engage in a little pampering when staying in a fancy hotel? That same luxury can be enjoyed during a staycation by booking an appointment at a local spa that offers all the amenities, including a sauna, steam room, beauty treatments, and, of course, massage services.

- **A day on the links:** The opportunity to test one's mettle on a new course in an idyllic setting is one golf lovers simply cannot pass up while vacationing. A similar challenge can be found when staying at home. Do a little homework to



find the most challenging course within driving distance of your home and then book a tee time, treating yourself even further by indulging in a good meal in the clubhouse once your 18 holes are up.

- **The wonders of nature:** Professional

and personal lives can make it hard to enjoy the great outdoors, even when it's steps from your front door. During a staycation, commit to exploring local parks, hitting the trails to hike or mountain bike or renting a boat or kayak and

taking to the water.

- **City life:** Just because you aren't traveling far away doesn't mean you cannot still get out of town for a day. Plan a day trip to a big city within driving distance of your home. See the sights, visit a museum and cap it off with a visit to a restaurant serving your favorite ethnic cuisine.

- **"Go" camping:** Parents of young children can make a staycation more special by spending a night camping in the backyard. Leave your devices indoors as you sit around the firepit telling stories and making some delicious s'mores. Then set up the tents and sleep under the stars for a memorable night in the "wild."

- **Rainy day:** If the weather is not cooperating during your staycation, create a backup plan to add a little life to rainy days. Plan a daylong film festival in which each member of the family gets to choose a movie everyone can watch together. Make sure you have plenty of popcorn on hand and order in a few pizzas so everyone can focus on the films.

Families planning staycations can make these relaxing respites at home more enjoyable by incorporating a few unusual activities throughout the week.



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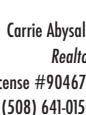
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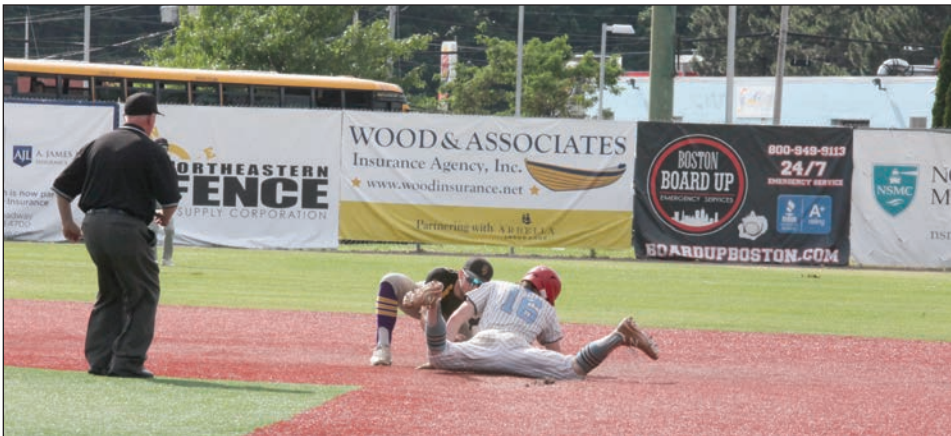
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SPORTS

Seekonk narrowly defeats Minutemen in Division 4 State Semifinals



Nick Ethier photos

Bay Path's Zack Fritze tags out Seekonk's Declan Lush during an attempted steal of second base.

BY NICK ETHIER
SPORTS EDITOR

LYNN — No doubt any loss to end a season is heartbreaking. But for the Bay Path Regional varsity baseball team, even in defeat — a narrow 2-1 setback to No. 7 Seekonk High in the Division 4 State Semifinals on Tuesday, June 14 at Fraser Field — they can hold their heads high for how well they played. The 14th ranked Minutemen played error-free ball defensively and freshman pitcher Dale Nussey tossed a complete game and only allowed the two runs.

“I’m so proud of these kids,” said Bay Path head coach Mark Sansoucy. “They were one of the top eight teams to make it into the Districts [Central Mass. Tournament], one of the top four teams to make it into the State Vocational Tournament, and one of the teams to make it to the State Final Four, it’s unbelievable.”

The Minutemen finished 19-6. In Nussey’s six innings of work, he allowed seven hits and a walk while striking out two.

“He pitched great. You couldn’t ask any more from him, a freshman stepping up in a game like that — it was great,” Sansoucy said of Nussey’s performance. “He’s been like that all year. He’s confident, nothing bothers him. He wants the ball, great competitor.”

The only problem for Bay Path was that they couldn’t solve the pitching of Seekonk sophomore Declan Lush, who

went all seven innings and gave up the one run on five hits while striking out six and walking one.

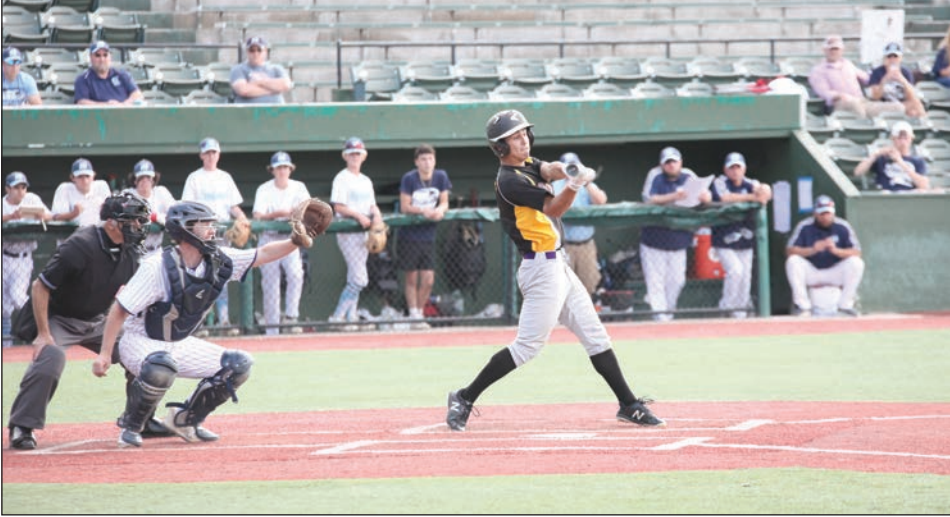
“He kind of pitched almost the same way as our pitcher, he kept everybody off-balance. He mixed it up good,” Sansoucy said of Lush.

The Minutemen did solve Lush — at least for one run — in the top of the fourth inning to take a 1-0 lead. Zack Fritze, a junior, led off with a single and then grabbed a one-out steal of second base. Fellow junior Matt Rousakos (2-for-3) followed with an RBI single up the middle.

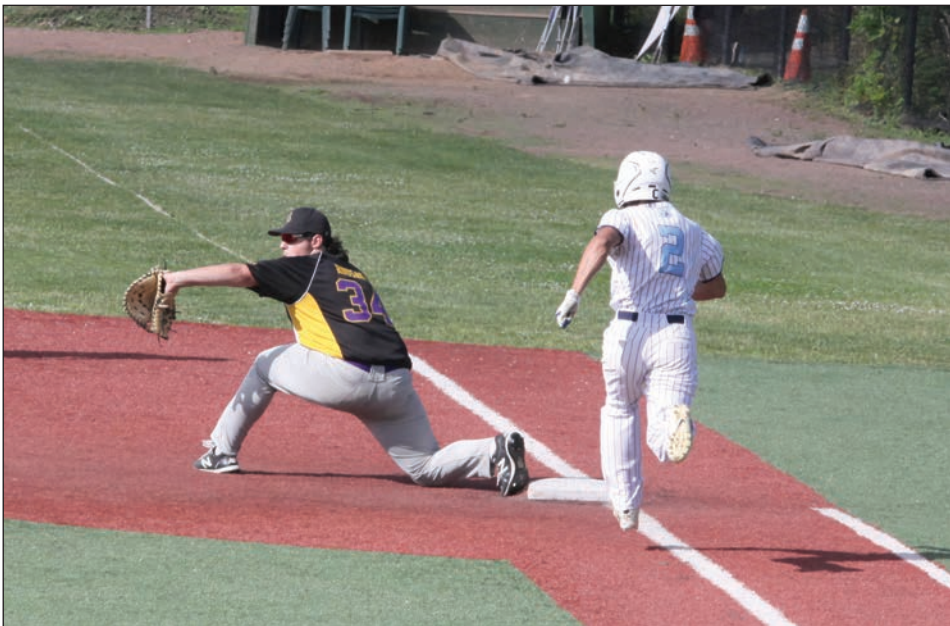
Seekonk then immediately gained the lead in the home half of the fourth with a two-run inning. There, freshman Connor Flynn (2-for-3) and Lush (2-for-3) singled and senior Kevin Crowe dropped down a perfect sacrifice bunt to push the runners over to second and third base. Then, with two outs, senior Cullen Steitz and freshman David Souto followed with back-to-back singles. Neither ball was hit particularly well, with Steitz beating out an infield hit and Souto dropping one into shallow left field.

“That’s what happens. It is what it is. I would have taken it,” Sansoucy said of the Warriors’ scoring plays. “I wish it was the other way around.”

Nussey ensured that Seekonk wouldn’t score again, grabbing the final seven outs through only nine batters. Nussey was quick to compliment his teammates for keeping him even-keeled before the outing.



Brandon Martocci of Bay Path swings at a pitch up in the zone and gets the barrel of the bat on the ball.



First baseman Matt Rousakos of Bay Path gets low to scoop the ball and record an out while Seekonk’s Carmine Capuano runs down the line.

“I’ve got great teammates behind me. They helped me and talked to me before the game. They joked around with me,” said Nussey, who also credited catcher Dylan McDonald, a junior, with calling a great game behind the plate. “My catcher did a great job changing it up to batters, great curveball and fastball mix.”

McDonald also threw out two would-be Seekonk base stealers at second base. “He’s a great catcher,” said Nussey.

The Warriors then played No. 5 Manchester-Essex Regional for the Division 4 State Championship on Saturday, June 18. The Hornets defeated Seekonk for the title, 2-0.

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 Member FDIC/Member • DIF NMLS #583135 ¹APR = Annual Percentage Rate. APR is effective 6/14/2022 and is subject to change without notice. Homeowners insurance required. Subject to credit approval. A security interest in the property is required. Example payment schedule would be 359 payments of \$1,012.18 and 1 payment of \$1,014.16. Payment includes principal and interest only and does not include taxes and insurance. The actual payment will be greater. The example assumes a credit score of 740 or higher and is based on a loan amount of \$200,000.00. APR assumes a purchase of a single-family home as primary residence. Down-payments of less than 20% require mortgage insurance. The actual rate and fees may be different. Other terms, fees, and conditions may apply.

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