

Free by request to residents of Charlton, Charlton City and Charlton Depot

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### Charlton voters support challengers in Senate races

#### **BY JASON BLEAU** VILLAGER CORRESPONDENT

Election day saw quite the turnout for the town of Charlton in 2018 with 5,825 voters casting their ballots over the course of the day. That total amounts to 61.5 percent of the registered voters in the town but it's a far cry from he reported 7,123 voters that turned in ballots for the presidential election two years ago, when Charlton supported eventual winner Donald Trump for the presidency.

Charlton didn't completely vote with the majority of towns on election day but did fall in line with other communities when looking at the three ballot questions. First the Commonwealth of Massachusetts voted on a much-discussed proposal to limit nurse-to-patient ratios. The majority of voters overwhelmingly turned down the proposal with 4,173 placing a "no" vote for the question in Charlton.

Question Two was a proposal that would have created a citizens' commission to consider and recommend potential amendments to the United States Constitution to establish that corporations do not have the same Constitutional rights as human beings and that campaign contributions and expenditures may be regulated. Again, the Commonwealth voted overwhelmingly but this time in support of

the proposal. Charlton was in the majority once again voting in favor of the question in a 3,626 to 1,993 decision.

Finally, the third question on the ballot asked voters whether or not to uphold the gender identity rights Senate Bill 2407 that prevents discrimination based on gender identity. Charlton voters supported upholding the bill, again in keeping with the majority of the rest of the state.

Looking at state and national elections concerning the Commonwealth, Charlton voted with the majority in some cases but chose to go a different route in others. For the

Please Read VOTERS, page A6



Friday, November 16, 2018



Courtesy Photos The 2018 Tai Chi World Cup Men's Open Weapons World Champion Anthony Casella of Charlton

### Charlton resident becomes Tai Chi world champion

#### BY JASON BLEAU VILLAGER CORRESPONDENT

CHARLTON – The town and the entire region was well represented on the world stage in October at the Tai Chi World Cup, an international competition in Taipei, Taiwan featuring around 10,000 competitors from all over the world. Anthony Casella, a Charlton resident and Bay Path graduate, was one of four local competitors as part of a team from Full Circle Tai Chi and Qigong in Auburn who traveled to the World Cup with Master Fang Chih Lee from the Asian Crane Tai Chi School. The team included Casella,

teammates Nicole Tagdell and Danielle Whitestone and their teacher Karim Saunders. Casella walked away with a silver medal and several gold medals to his credit but, most impressive of all, he became the Open Weapons World

Please Read TAI CHI, page A17

Joshua Hyde Library had a scarecrow story time! Children at the Joshua Hyde Library story time created silly, scary scarecrows!

### Gobi ready to serve once more

#### BY KEVIN FLANDERS NEWS STAFF WRITER

SPENCER — Senator Anne Gobi staved off a challenge from Republican Steven Hall last week to earn re-election to her third term.

Gobi once again successfully held the Worcester, Hampden, Hampshire and Middlesex District, capturing 55 percent of the votes. Despite her accomplishments and popularity in the district, Gobi focused on not taking any votes for granted this election season. After a busy campaign season, the hard work paid off at the Nov. 6 general election.

"Serving as state senator is an honor, and I look forward to continuing partnerships and forming new partnerships to build on the successes and attain even more for our region," said Gobi, who lives in Spencer. Gobi's campaign focused on continued momentum to combat the opioid crisis; support for high-speed east-west rail opportunities from Springfield to Boston; additional assistance for schools; promoting small businesses; and enhanced clean water infrastructure.

Gobi was thrilled to see many longtime supporters on the campaign trail and also new vot-

campaign Please Read **GOBI**, page A16

### RMV cautions customers to be aware of unofficial websites

BOSTON The Massachusetts Registry of Motor Vehicles (RMV) is cautioning customers to make sure that they are using the official MassDOT RMV website Mass.gov/RMV when they are trying to renew a license or registration, schedule a road test, or process any transac-tion online. Customers inadvertently may come across unofficial third-party websites or "mimic sites" that advertise similar services but have no affiliation with the RMV.

Customers can use the helpful hints listed below to determine whether the website they are using is the official site for the Massachusetts Registry of Motor Vehicles.

Massachusetts uses the abbreviation "RMV." Any website using the phrase "Department of Motor Vehicles" or "DMV" should be avoided.

Make sure the Commonwealth's seal is located somewhere on the page. This will help ensure that it is an official government website. If it cannot be found, customers should leave the site immediately.

The Registry will never charge a customer to check the status of a license, registration, or title. If the site requires payment to access this information, it is an unsecured mimic site.

At Mass.gov/RMV, a customer will never be charged to access Registry forms and information, but unofficial third-party sites may charge for this service. Their information is also not guaranteed to be accurate.

The Registry never charges for address changes. If a customer uses a mimic site, the change cannot be guaranteed to have actually gone through.

Any information on these third-party web-

Please Read RMV, page A2



\*requires FMCC approved financing and qualified First Responder, Military Appreciation or College Student program.

### Winter Car Care Tips: Keep Your Vehicle in Peak Condition During Frigid Weather

### Don't let cold temperatures wreak havoc on your car!

### Install Snow or All-Season Tires on Your Vehicle

Since your tires are the only four points of contact your Ford has with the pavement, it's essential that you have the best traction possible once the weather starts to change. Winter and All-Season tires have deeper, thicker treads installed in them, allowing you to rip through snowy conditions much easier!

### **Top Off All Fluids**

Since winter is always accompanied by colder weather, it's integral that your vehicle is filled up with washer and transmission fluid, gasoline, oil and all others. This way, your pipes and hoses are much less likely to freeze over and you'll get much better performance out of your daily drive.

### Make a Winter Emergency Kit

If by some circumstance you get stuck in the snow, we can't stress enough that you have a devoted winter safety kit in your car at all times. We recommend the following if you find yourself in a stressful situation:

#### Flashlight

- Blanket, gloves, hat, etc. To keep yourself warm
- Ice scraper, brush, and shovel
- Kitty litter or salt (to melt ice or snow around your car)
- Non-perishable snacks

With your Ford model equipped with these, you'll minimize the risk of potential danger and keep safe as you seek help!

**Contact our service team at Place Motor, Inc** If you need any maintenance or service done on your Ford vehicle to prepare for winter, feel free to contact us here at Place Motor Inc. Our factory-trained technicians are certified to work with all Ford models, and we'll get you back out on the road with peace of mind no matter what lies ahead.



19 Thompson Rd., Webster, MA 01570 508-943-8012 PLACEMOTOR.COM 95 years of outstanding customer service

### <u>CHARLTON CAPSULES</u>

### CHRISTMAS FAIR

The Charlton Helping Hand Society Inc. will again host a Christmas Fair from 8 am to 2pm, Saturday, December 1 at The Dodge Chapel, 81 Hammond Hill Road, Charlton. All proceeds will benefit the group's charitable commitment to the Charlton community. The always popular "Gramma's Attic" will be offered and will be brimming with donations/bargains from our generous members. Cookies by the pound, crafts, raffles and so much more. We will be introducing "chapel" sauce, a homemade and delicious addition to the fair. Please join us, share the fun, the bargains and especially to ... "HELP US TO HELP OTHERS."

LIBRARY FAIR

The 4th annual Library Holiday Craft & Gift Fair will be Saturday Dec. 19 a.m.-3:30 p.m. at the Charlton Public Library, 40 Main St., Charlton. All proceeds benefit the Charlton Public Library.

CHARLTON ANGEL FAIR

The Charlton City United Methodist Church will host a Christmas Fair with a theme of "Angels" from 9 am to 3 pm at 74 Stafford St. on Saturday, Dec. 1. Visitors to this warm and intimate fair will find items for everyone. Grandma's Christmas Treasures, jewelry, plants, homemade wreaths, a silent auction, cookies, pies and much, much more! Coffee and donuts will be served from 9-11 a.m. followed by a lunch from 11:30 a.m. to 1:30 p.m. The church is handicapped accessible and plenty of parking is available. Any questions call the church at (508) 248-7379.

### RMV

continued from page 1

sites may not be accurate, and any details or payments that customers submit may not be secure. The RMV is not responsible for the content or actions taken by these sites. For more information on the dangers of third-party STUDENT ACHIEVEMENT

SPRINGFIELD — Emily Cofsky of Charlton was welcomed into Western New England University's chapter of Alpha Lambda Delta National Honor Society on October 19 in Rivers Memorial Hall. Cofsky is working toward a pre-pharmacy.

POLICE DEPARTMENT DROP OFF

Stop by Saturday, Nov. 17 from 10 a.m.-4 p.m. at the Charlton Police Department when we will kick off the drive with the Fill A Cruiser campaign.

Running for more than two decades, Charlton Helping Its People In Need (Chip In) Food Pantry is a non-profit, multipurpose human service organization that has been providing more than just food for local families in need. The Charlton Police Department, along with our Police Explorer program, will be graciously accepting Legos, family games, dolls (action figures for boys), toy trucks, bikes, sports equipment, video games, etc...for children from toddlers to teens who may not be as fortunate this holiday season.

Something as simple as a toy can stir a child's imagination and bring joy to youth in need. Please give generously to make the holidays brighter for our children.

New, unwrapped toys can be dropped off at the Charlton Police Department's lobby from now until December 21st. Monetary donations will also be accepted. Checks should be made out to "Chip In." Together we can help a child have a joyful holiday!

services, visit the Mass.gov/RMV.

If you have additional questions, contact the Office of Consumer Affairs and Business Regulation by calling the Consumer Hotline at (617) 973-8787, or toll-free in Massachusetts at (888) 283-3757 Monday through Friday from 9:00 a.m., to 4:30 p.m.

For the latest Registry updates and information, follow the RMV on Twitter @MassRMV.

we do.

Contact Your Sales Representative Today. 508-764-4325

Got Space?



SHOP LOCAL THIS HOLIDAY SEASON! RUNNING THRU DEC. 14 Call June at 508-909-4062 or email jsima@stonebridgepress.news to advertise on this page



if your business is in Sturbridge

## CMS Chamber to offer business planning & structure seminar



Courtesy photos

Get assistance from experts at the Chamber's Business Planning & Structure seminar. (From left to right) Moderator Rita Schiano, Attorney Padgett D. Berthiaume, Brenda Bianculli, CPA, Richard Cheney, Regional Director of the Massachusetts Small Business Development Center, and Dennis McCurdy, author and insurance broker.



amber of Central Mass South means business and on November 28 the organization will offer a seminar designed to help those with startup businesses and existing businesses that may be growing or expanding. Moderated by resilience strategist and coach Rita Schiano with an expert panel, the seminar is open to all and takes place at the Sturbridge Host Hotel on Wednesday, Nov. 28 from 6:00 to 8:00 p.m. The cost to attend is \$20 per person for CMS Chamber members and affiliates of the Worcester Chamber

and \$25 for non-members. Call 508-347-2761 to reserve your seat by noon on Monday, Nov. 26.

If you are thinking of starting a new business, have a business that is growing or need to know if your business structure is best positioned to protect your assets and interests, this session is for you. Our experts will tackle the critical issues facing current and prospective business owners such as: the fundamentals of starting a business in Massachusetts, the importance of a business plan, accessing capital and lines of credit, business structure options and liability and tax risks for each one, filing with the state and corporate dissolutions, handling payroll and retirement plans, new tax law, business and general liability, cyber security, and more.

The panel consists of four professionals with vast experience in their applicable fields. Attorney at Law Padgett D. Berthiaume represents buyers, sellers, and lenders in the purchase and sale of real estate, refinance transactions, and second mortgages or lines of credit and commercial law. Certified Public Accountant Brenda M. Bianculli has handled complex tax and business issues for a variety of clients for more than 25 years.

Richard S. Cheney is the regional director of the Massachusetts Small Business Development Center (MSBDC) at Clark University. Since 1980, the MSBDC at Clark has worked with over 25,000 entrepreneurs and has assisted them in raising over \$325 million in financing. Author and insurance broker Dennis A. McCurdy understands the fine points of business and asset protection and has been providing insurance to small to mid-sized businesses, and families since 1975.

Light refreshments and a cash bar are included. Feel free to contact the Chamber of Central Mass South for more information or to reserve.



ACCURACY WATCH

The Charlton Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely manner.

If you find a mistake, call (508) 909-4130 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.





### AARP provides fraud update

Did you know that someone's identity gets stolen every two seconds? The AARP Fraud Watch Network provides you with tips and resources to help you spot and avoid identity theft and fraud so you can protect yourself and your family. Our watchdog alerts will keep you up to date on con artists' latest tricks. It's free of charge for everyone: AARP members, non-members, and people of all ages.

The AARP Fraud Watch Network is:

An Educator: Get real-time alerts about the latest scams, tips on how to spot them, and the inside scoop on how con artists think so you can outsmart them before they strike.

A Watchdog: Our nationwide scam tracking map gives you access to a network of people who've spotted scams and the opportunity to pass along your own experiences, so together we can beat con artists at their own game.

A Resource: Get connected to a real live person trained in how to avoid fraud and advise you if you or a loved one has been scammed by calling our fraud hotline or attending a forum in your community.

Free for Everyone: Anyone, of any age, can access our resources at no cost.

Medicare only covers durable medical equipment that is medically necessary with a doctor's prescription. If you have any questions about what is or is not covered, call 1-800-MEDICARE. Your local Area Agency on Aging can also review available Medicare plans during Open Enrollment to see what will work best for you and help you sign up. SCAM ALERT #3:

Even though we are still several weeks away from tax season, scammers are hard at work trying to scare you into paying back taxes and other IRS "penalties" all year round. If you receive a call saying something like "Urgent! We found that fraud was committed on your last tax filing which you are hiding from the Federal Government,' please hang up. Scammers are very good at making you feel you did something wrong, especially when they pretend to be from the IRS! Remember to STOP and VERIFY. Call the IRS yourself at  $1\mathchar`-800\mathchar`-829\mathchar`-1040$  and you will soon see that the call you received is a scam. To report an IRS impersonations scam, visit this IRS site.

SCAM ALERT #4:

With holiday season upon us, scammers have plenty of inroads to steal our money and event he gifts we send. Here are some way to protect yourself: When shopping online, use well-known sites and type in the web address yourself, instead of clicking on a link. Buy gift cards online from the retailer or from the cashier, to avoid compromised cards that may be sitting on gift card racks. Require a delivery signature for packages to avoid the possibility of holiday packages being stolen from the recipient's doorstep. Visit aarp. org/fraudwatchnetwork for more tips on enjoying a Job Responsibilities: scam-free holidav season. · Good attitude and willing to work in



SCAM ALERT #1:

Every November we celebrate Veterans Day and this year is especially meaningful as we celebrate the 100th anniversary of Armistice Day. In a shameful twist, scammers see honoring veterans as a perfect time to call across the country pretending to represent charities benefiting our nation's heroes. Scammers often use sound-alike names (or invent authentic "organizations") to solicit funds. Before donating, verify each charity by checking their names and reputations at give. org or www.charitynavigator.org. This Veteran's Day, we should be honoring our veterans, not lining the pockets of scammers who use their name so disrespectfully.

SCAM ALERT #2:

Medicare Open Enrollment runs through Dec. 7th, and it's a banner time for Medicare fraud. Beware of ads that promise medical equipment covered 100% by Medicare. You may see one in the newspaper offering a free power chair, or a TV infomercial claiming you can get anything to ease your pain with no money out of pocket.

tion.

### Police Logs

Arrests/Summons: Oct. 28-Nov. 3

All suspects are presumed innocent until proven guilty in a court of law.

Police agencies can no longer print the names of people who are arrested or charged with domestic assault related charges. The new law is designed to protect victims, so they are not re-victimized through indirect identifica-

Melissa Fairbanks of Charlton: Identity Fraud

Shane Malvey of Charlton: Failure to keep right; negligent operation of a motor vehicle; leaving the scene of a property damage accident of

Anthony Meiias Charlton: Warrant

Raul Leon of Southbridge: Operating an unregistered motor vehicle; operating an uninsured motor vehicle; operating a motor vehicle with a suspended license

Be a fraud fighter! If you can spot a scam, you can stop a scam

Report scams to local enforcement. Contact law AARP Fraud Watch the Network at www.aarp.org/ fraudwatchnetwork for more information on fraud prevention.

### Increasingly busy automotive repair shop is looking to grow its team.

J's Auto in Oxford is looking to add another full-time Mechanic for our busy and fast paced Service Facility.

team environment.

 Listen and communicate effectively. Performing work specified on maintenance

and repair orders with efficiency

Diagnosing and repairing vehicle automotive systems including Steering, suspension, braking, air conditioning, differentials, engines, exhaust, etc. to specification.

• Inspecting and testing vehicles and recording

#### Job Requirements:

• 4-5 years experience as an auto mechanic/ technician

Problem Solver

• Hold a valid driver's license

• Team oriented, flexible and focused on maintaining a high level of customer service Lift 50 pounds or more.

 Organize assignments to meet work requirements. findings so that necessary repairs can be made · Working knowledge of shop equipment such as wheel and tire equipment, alignment system, diagnostic equipment, AC equipment, etc. Possess own tools.

> Hourly wage depends on experience. Benefits offered after 90 day probationary period.

217 Main St. • Oxford, MA • 508-943-6606 Monday-Friday 8:30am-5pm

www.j-sautosales.com • www.j-sautoservice.com

As an independent town academy, we provide the best resources, facilities, and a diverse community to prepare students for their future.

> Apply online at: woodstockacademy.org/apply

### LOOK TO **YOUR FUTURE** APPLY TODAY FOR SPRING 2019 & FALL 2019 ENROLLMENT!

### THANKSGIVING



We have everything you need for your **Fhanksgiving Dinner!** Apples, Cider, Pies, Breads, Winter Squash, Preserves, Relishes, Local Honey, Maple Syrup and more.

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### November Real Estate Market Update

According to Bankrate.com as of 10/22/2018 the rate on a 30 year fixed loan was 4.82%. Which has continued to rise every month. The market still appears to be stabilizing which can be caused by interest rate changes as well as the rising inventory.



502 Allen Hill Road, Brooklyn, CT • 860-774-7064 • www.alenhillfarm.com – AMPLE PARKING –







### TELL US!!! We Work for vou

Today we have 2066 single family si homes for sale in Worcester County th which down from over 2200 just a few weeks ago but still higher compared to 6 months ago where we had 1534 single homes for sale. 12 months ago we had 1815 homes for sale which shows a more than 13.8% fr

increase in inventory compared to the same day 12 months ago. Which is a lower increase than last month which tells me we that our rise in inventory has not really continued since my last report but still much higher than last year. The average days on market is currently 104 days which is slightly higher again this month from last month. If we look at homes sold over past 12

months compared to the same time for the previous year there is a small increase in sales of 0.4% compared to 2.0% last month and a 6.2% increase in average sales price while it is taking 15.2% less time to sell the homes this year than last year in Worcester County. Just like the last couple months we still don't see the changed in the market showing

REALTOR'S REPORT

JAMES

BLACK

up in the data besides the lower increase in amount of sales year over year.

As always, hire a professional that truly understands the economics of Real Estate and can guide you price your home correctly and market it properly to get the most money in the shortest amount of

time. Since the market has been so hot for several years the need for that professional has not been as high as it is today. If you hire the right agent then you should net more money on your home than if you sold it without an agent. So make sure to do your due diligence and ask great questions when interviewing agents to sell your home.

### **AREA HOLIDAY FAIRS**

### **FRIDAY NOVEMBER 16**

HOLIDAY CRAFT & BAKE SALE: On Friday, Nov. 16, 4:30-6:30 p.m., the

Nov. 16, 4:30-6:30 p.m., the annual Holiday Craft & Bake Sale sponsored by the Ladies Auxiliary American Legion Post 41, 163 N Main Street (behind Subway), North Brookfield is scheduled. Homemade baked goods, local vendors, handcrafted items and a ticket auction.

> SATURDAY NOVEMBER 17

CRAFT FAIR: Saturday, Nov. 17 a Christmas Bazaar at Holy Trinity Church, 68 Lake St., Webster 9 am-2:00 pm, \$20 per table. To reserve a table call 508-943-0608 and leave a message or call Rita at 774-314-0927.

FUNDRAISING FAIR: Douglas Senior class of 2019 is holding Celebration Graduation and this includes a Holiday Marketplace Vendor Fair Nov. 17 at the Sokol Hall, 405 Main St., Douglas from 10 a.m.-3 p.m.

HOLIDAY FAIR: Fraternal Order of Eagles, 59 Mill St., Southbridge will hold its annual Holiday Fair Saturday, Dec. 1 noon to 5 p.m. Vendors are being sought now: cost is \$15 per eight foot table plus one item donated for raffle. Contact Lynne Bertrand at (774) 230-1465 to secure your space.

> SATURDAY DECEMBER 1

CHRISTMAS FAIR: The Golden Age Club of Charlton

so much more. We will be introducing "chapel" sauce, a homemade and delicious addition to the fair. Please join us, share the fun, the bargains and especially to..."HELP US TO HELP OTHERS."

especially to..."HELP US TO HELP OTHERS." LIBRARY FAIR: The 4th annual Library Holiday Craft & Gift Fair will be Saturday Dec. 1 9 a.m.-3:30 p.m. at the Charlton Public Library, 40 Main St., Charlton. All proceeds benefit the Charlton Public Library

CHARLTON ANGEL FAIR: The Charlton City United Methodist Church will host a Christmas Fair with a theme of "Angels" from 9 am to 3 pm at 74 Stafford St. on Saturday, Dec. 1. Visitors to this warm and intimate fair will find items for everyone. Grandma's Christmas Treasures, jewelry, plants, homemade wreaths, a silent auction, cookies, pies and much, much more! Coffee and donuts will be served from 9-11 a.m. followed by a lunch from 11:30 a.m. to 1:30 p.m. The church is handicapped accessible and plenty of parking is available. Any questions call the church at (508) 248-7379.

FIFTH ANNUAL FESTIVAL: The 5th annual Winter Festival at East Brookfield Elementary, 410 E. Main St. is scheduled Saturday, Dec. 1, 9 AM-2PM. Pix with Santa \$20 for a package; food for purchase and Kid's Activity Room.

PEPPERMINT CHRISTMAS FAIR: Quaboag Valley Baptist Church, 175 Fiskdale Road, Brookfield is holding its 8th annual Peppermint Christmas Vendor & Craft Fair on Saturday, Dec. 1st from 9 am until 2:30 pm. Lots of vendors, handcrafted gifts, baked goods, food, raffles, Christmas photos & more! 100% of proceeds to benefit Global One80.

CHRISTMAS FAIR: The First Congregational Church of Dudley, 135 Center Road Christmas Fair on Saturday, Dec. 1 between 10 AM and 4 PM. The fair will include Selfies with Santa, crafters & vendors, LBS Christmas and Gift Shop, handmade quilt drawing, Basket Drawings, baked goods table, Café and live entertainment. The building is handicap accessible. For more information visit our website-events at www.uccdudley.org.

ANNUAL CHRISTMAS TEA: The annual Christmas Tea at First Congregational Church, Oxford will be Saturday, Dec. 1. Doors open for tea & sweets at 9:30 am; luncheon selections served 10:30 am-2:30 pm. Fair featuring gift baskets, baked goods, Granny's Attic - Gently Used Treasures; Raffle Room; Book Nook; door prizes. Food selec-





### Email Us: MyVillager@StonebridgePress.news

holds its Christmas Fair Saturday, Dec. 1 at the Charlton Senior Center, 37 Main St. 8 a.m.-2 p.m. Christmas items, handmade items, baked goods, raffles, and a white elephant sale. Luncheon includes homemade chowder, meatball grinders, peach shortcake and more!

CHRISTMAS FAIR: The Charlton Helping Hand Society Inc. will again host a Christmas Fair from 8 am to 2pm, Saturday, December 1 at The Dodge Chapel, 81 Hammond Hill Road, Charlton. All proceeds will benefit the group's charitable commitment to the Charlton community. The always popular "Gramma's Attic" will be offered and will be brimming with donations/bargains from our generous members. Cookies by the pound, crafts, raffles and tions include soup, entrée, desserts cart, specialty teas, coffee & hot chocolate

SANTA BREAKFAST & FAIR: Operation Graduation 2019 will be holding its annual breakfast and vendor fair at Oxford High School Saturday Dec. 1 8 a.m.-noon. Adults \$5, Children \$3 (3-12), children under 3 free. Pictures with Santa \$5 donation. Pancakes and sausage will be served, raffles, face painting, activities and goodies for the children. Vendor tables available \$25 per six foot table; \$5 per additional table. Email jbrescia@oxps. org for more info.

HOLIDAY FAIR: Fraternal Order of Eagles, 59 Mill St., Southbridge will hold its annual Holiday Fair Saturday, Dec. 1 noon to 5 p.m. Vendors are being sought now: cost is \$15 per eight foot table plus one item donated for raffle. Contact Lynne Bertrand at (774) 230-1465 to secure your space.

SCOUT CHRISTMAS WREATH SALE: Auburn's Scouting Troop 101 will have Christmas wreaths, baskets, and logs on sale at the Auburn Post Office on Saturdays Dec. 1 and 8, from 9AM-noon. Help fund Scouting activities! For inquiries or pre-sale, call George (774-239-2240)

CRAFT FAIR: Need unique, one of a kind Christmas gifts? Look no further than the Holly Berry Fair at the Sturbridge Federated Church, 8 Maple St., Sturbridge, on Dec. 1 from 9:00 am to 3:00

pm in Fellowship Hall. Local artisans and craftspeople will be selling all manner of handmade items including needlework, paintings and cards, Christmas ornaments, and other surprises. Come! Enjoy hassle-free shopping while supporting local artisans and crafts people.

### **SATURDAY DECEMBER 8**

BREAKFAST WITH SANTA: Bay Path Education Foundation Santa Claus Pancake Breakfast at Bay Path High School, 57 Old Muggett Hill Road, Charlton on Saturday, Dec. 8 7:30-10:30 am. Free 5" x 7" photograph with Santa by Casson-Foster Photographers. Tickets are \$5, children under 5 are free.

SCOUT CHRISTMAS WREATH SALE: Auburn's Scouting Troop 101 will have Christmas wreaths, baskets, and logs on sale at the Auburn Post Office on Saturdays Dec. 1 and 8, from 9AM-noon. Help fund Scouting activities! For inquiries or pre-sale, call George (774-239-2240)



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TO SUBMIT A LETTER TO THE EDITOR: E-MAIL: ruth@stonebridgepress.news

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#### TO PLACE A CLASSIFIED AD: (800) 536-5836 Classifieds@stonebridgepress.news

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### Seniors at Shepherd Hill begin daunting application process

### SUBMITTED BY GIANNA CRAVEDI SH TELEGRAM STAFF

SHEPHERD HILL — Now that it is November, most seniors at Shepherd Hill Regional High School have either applied to college or begun the process. The early action and early decision deadlines for most schools have already passed, while some had until Nov. 15. With pressure from teachers, parents, and peers, coupled with the recent completion of the first marking term, many seniors have become overwhelmed with stress

It appears one of the largest issues facing students is that the decision of where to go and why can be scary. Taking this step in life sets high school student up for their future careers. Thus, choosing the right fit is extremely important. Some students factor in location of the school, proximity to home, food quality, sports, academics, dorm rooms, price, and even size. Another crucial factor is deciding whether they are going to apply early action or early decision. Both have an earlier deadline than regular decision, which in turn leads to an earlier acceptance decision. However, if you choose to apply early decision and

are accepted, you are required to attend that school no matter the financial aid package you are given. This can be very scary to commit to such a binding agreement, which is why a bountiful of students choose to apply early action. Early action comes with all the perks of early decision, except it is not a binding commitment.

Waiting to hear back from schools that you have applied to can also be stress inducing. 13 senior students participated in "Decision Day" on Oct. 23 and all 13 of were accepted into Becker College and/or Nichols College respectively. "Decision Day" is an opportunity for an on-the-spot acceptance decision and scholarship package from various institutions. Shepherd Hill has established a sound level of communication with both of the aforementioned institutions and these have proved largely advantageous to those students who are eager to begin the process. Seniors Bailey Bowes, Hailey Ingles, Alissa Lomax, Alyssa Wilson, and Gina Yu were all accepted into Becker College. Similarly, Alex Benoit, Ben Carpenter, Vanessa Corriveau, Kyle Delude, Ashlyn Kelly, and Seth Livernois were all accepted

into Nichols College. Both Lauren Fox and Morgan LeDuc were both accepted to both Nichols and Becker. In addition to those who participated in Decision Day, Shepherd Hill seniors Jillian Duhamel, Abby Karalus, Kevin Baer, Bradley Mayotte, and Jake Marrier have all also been accepted into Nichols College.

Presently, several other seniors have been accepted into various institutions of higher education. Paige Samia and Christopher Montville have both received letters of acceptance into the University of New Haven; Paige has also been admitted into Franklin Pierce University, along with classmate Morgan Leduc. Reese Hammond was admitted into New England College and Northern Vermont University. As the aforementioned early acceptances would illustrate, the students in the Class of 2019 can accept a watershed of positivity through their higher education aspirations.

Still, what most of the aforementioned students did attest was their pride in acceptance cannot be overshadowed by the dedication and time that goes into the application process. When asked about how they each dealt with the stress, all students explained they began the application process as soon as possible rather than waiting until the last second to apply. For any students who are looking into nursing programs, Troy Hogan, who was accepted into the Arizona State Nursing Program, explained, "[He] was stressed at first because [his] major is very competitive but then [he] realized [he] just had to apply and see what happens.'

While Shepherd Hill students may only illustrate a smattering of the thousands nationwide who are currently applying to college, it appears the most advantageous approach is to be organized and time-efficient. An enormous congratulations is owed to all those students who have been accepted into college as of today. However, with the level of integrity and commitment that Shepherd Hill students exude, I am certain the laudatory results will continue to roll in.

### Tantasqua Class of 1998 to hold twentieth high school reunion

The Tantasqua Class of 1998 will hold its twentieth high school reunion on Wednesday, November 21, 2018, from 7 p.m. to 11 p.m. at Altruist Brewing Company at 559 Main Street in Sturbridge. Everyone who was a part of the class of '98 is invited, and guests are welcome. Tickets are available for \$15 in advance, or \$20 at the door (ticket includes food from the Burrito Hut).

Please email tantasqua98@gmail. com for info on purchasing tickets or with any questions.

### Shepherd Hill journalism students learn from successful alum

#### SUBMITTED BY HANNAH FLAYHAN SH TELEGRAM STAF

SHEPHERD HILL - On Oct. 26, associate editor for the Boston Magazine and Shepherd Hill alum Madeline Billis came to Shepherd Hill to talk to communications certificate students. Billis provided students with an inside look as to what the real world of journalism is really like, as well as offered them knowledge of the many obstacles they may face in the current, professional realm of writing.

After graduating from Shepherd Hill in 2012, Billis studied journalism at Emerson College in Boston, her dream school, where she won the Victoria Snelgrove Award for Journalism Ethics, an award given to a graduating senior who "set high standards for ethical journalism." She then became a news intern at the Telegram & Gazette, and afterwards became a digital editorial intern at Boston Magazine, a position that would eventually lead to a full-time job at Boston Magazine.

At Boston Magazine, she does photography and focuses her writing on design, real estate, the arts, and travel. Additionally, Billis also codes and designs websites.

During her discussion, Billis showed the journalism and communications certificate students some of her published work from the Boston Magazine, and answered all the student's questions. One of her most interesting articles was "Confessions of a Boston Realtor," in which she interviewed realtors about their oddest experiences in the workforce. This article was especially eye-opening as it offered the students a deeper understanding of investigative journalism, an area the introduction to journalism students have begun to explore.

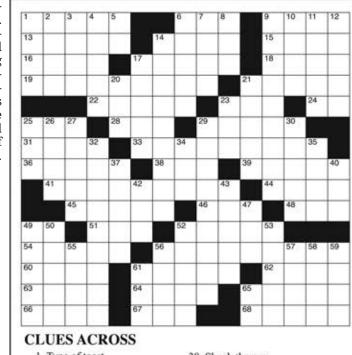
Journalism and communications certificate student Abigail Holden said she found the presentation, "helpful because it gave further insight on the career path that [she has] been looking much into for the last year.'

Senior Gianna Cravedi also added

that she "related to her love for writing and her talk with us caused [her] to think more seriously about potentially going into journalism.'

The next steps for the journalism students are to potentially venture out on a field trip to Boston Magazine headquarters. This would prove to be an amazing experience for students interested in the field of Journalism, as it provides a behind-the-scenes

look at a reallife news room. However, what students have learned most is that finding contacts and seizing every opportunity you have is imperative if one wishes to succeed in the world of Journalism, as Ms. Bilis has.



Holiday play planned at Gateway

Gateway Players Theatre, Inc. will present "It's a Wonderful Life, a live radio play" by Joe Landry on Friday Nov. 30, Saturday Dec. 1 and Sunday Dec. 2. Performances will be at Fellowship Hall of Elm Street Congregational Church in Southbridge.

This timeless story is a reminder of the power of hope, love and family and is especially meaningful at this time of year. As we plunge into the bustling holiday season, take the time to join our "radio studio" audience for a fun and meaningful time.

Friday and Saturday shows are at 7:30 pm, the Sunday performance is at 2 pm. Tickets are \$15 for adults, \$13 for under 18 and over 60. Tickets

are available by calling 508-764-4531 or online at www. brownpapertickets.com.

This beloved American holiday classic comes to captivating life as a live 1940s radio broadcast. With the help of an ensemble that brings a few dozen characters to the stage, the story of idealistic George Bailey unfolds as he considers ending his life one fateful Christmas Eve. The 14 member cast will act out multiple roles. There will even be some interesting commercials and sound effects. The cast includes Billy Bolster, Helen Churchill, Jeff Coggins, Ryan Drago, Courtney Gallipeau, Andy Grinnan, Madeline Grinnan, Angie Grove, Stephen Jean, John Kennedy, Gwen O'Brien, Joe Sawyer, Michael Swanson and Samson Zilic. Mary Gahagan

is directing, with Barbara Day as producer and Erin Morin as stage manager. Pam Soper is responsible for costumes and Cynthia Keane will do set and lights. David Corkum is light designer and photographer, with Chris McTigue responsible for house refreshments.



This production will conclude Gateway's 43 season.



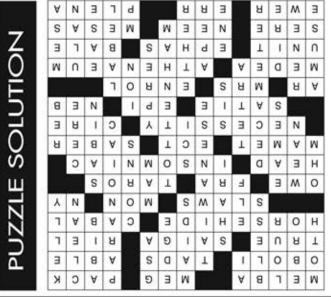
Raffles \* Holiday Items 🗱 \* 🗱 Unique Finds 🗱

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### LEARNING

### Nichols students launch programs to raise funds

DUDLEY — As Veterans Day approached, Nichols College marketing and leadership students launched a social media campaign for #GivingTuesday to create awareness of and raise money for The Warrior Connection, a Vermont-based non-profit organization that helps military veterans suffering from Post-Traumatic Stress Disorder. On Nov. 1, also launched a month-long, social mediabased fundraising and awareness challenge (#NC22Challenge) to benefit TWC.

Students of Nichols College Professor Priscila Alfaro-Barrantes, Ph.D., have partnered with TWC through a connection she has with the organization. She wanted her marketing students to learn how to apply social media concepts to an experiential activity, and for students in her LEAD 101 (Learning to Lead) course to apply what they have thus far learned this semester related to "servant leadership."

Entering its seventh year, #GivingTuesday is a global day of giving fueled by social media and collaboration. It's observed the Tuesday following Thanksgiving (Nov. 27) in the U.S. and kicks off the charitable season for many organizations, charities, and events across all social platforms — particularly Facebook and Twitter — when many are focused on holiday and end-ofyear philanthropic giving.

During an Oct. 23 campus presentation on the #GivingTuesday campaign and #NC22Challenge, TWC Executive Director Aaron Phillips — a Marine Corps veteran who personally experienced PTSD — spoke about TWC's mission and goals, and shared facts about PTSD. He explained he wants to scale the TWC program nationally to serve the affected population; keep services free for veterans and their families; engage donors and "vetrepreneurs"; and to raise \$150,000 by January.

"I really appreciate the opportunity to be here at Nichols College and to meet you all — the leaders of tomorrow," he said. "The Warrior Connection saves lives. We are not the solution, but we are absolutely part of the solution. So, I'm counting on your help, because our veterans deserve a bright future, and you all deserve a brighter future."

First-year student William Guglielmo, a finance major from Middlebury, CT, is one of Alfaro-Barrantes' students participating in the #GivingTuesday campaign. He explained why the campaign — and, especially, the cause — is important.

"The statistics of veterans with PTSD and their suicide rate are staggering," he said. "We need to change that. Even if we could just raise enough money to put one veteran into a TWC Retreat — a program that has a 100-percent success rate — we would possibly be saving a life. If we could put into perspective how that one veteran once put their life at risk for us, we should repay it to them by making our best effort to save theirs.

"From this class experience, I have learned how to rally a group of people toward one collective goal," Guglielmo added. "When you realize how important a cause like this is, it inspires you to work harder to achieve your goals. Through this project at Nichols College, I'm learning how to lead a group toward a short-term goal that will result in eventually achieving a long-term goal. Also, I have learned different ways to get people not working on the project involved, through campaigning or marketing the project."

Brian Edmands, a first-year student majoring in sport management, shared concerning statistics: "Out of every 100 veterans, 11-20 have PTSD. Only about 25 percent of veterans who have PTSD get help. This results in losing 22 veterans every day due to suicide. If people can contribute to The Warrior Connection, they are able to give back to the people who have served our country and try to help save lives.

"Being able to look at how both classes are preparing for this project has been interesting. In marketing, we are learning to create our own social media campaign and are going to evaluate how the campaign went. With this project, I can learn real-world experiences when it comes to marketing campaigns and am able to see how they work," added Edmands, who is from Amesbury. "In LEAD, this project is creating opportunities to work as a group. To get ready for the project, we are assigning roles and discussing as a class. This is giving me real-world experience with leadership and an opportunity to see what can work with a big group and what can't. All the experience that I am learning will help me with my future career."

In addition to the #GivingTuesday

campaign, the students created the #NC22Challenge, which started Nov. 1 and runs through the month.

It consists of people doing 22 pushups any way they can and donating \$22 or more to The Warrior Connection through its website. The number 22 represents how many veterans commit suicide — every day. Along the lines of the "Ice Bucket Challenge for ALS," each challenge participant will post a video of themselves performing the challenge to social media and will then nominate three people to take on the challenge and also donate. Social media posts must be tagged with #NC22Challenge.

Students also explained the #NC22Challenge to the students, faculty, and staff, during their Oct. 23 presentation.

"My students think it would be great if all faculty have their classes do the #NC22Challenge during class on #GivingTuesday," said Alfaro-Barrantes.

Nichols College is a college of choice for business and leadership education as a result of its distinctive career-focused and leadership-based approaches to learning, both in and out of the classroom. Founded in 1815, Nichols transforms today's students into tomorrow's leaders through a dynamic, career-focused business and professional education. Nichols serves students interested primarily in a comprehensive business education that is supported by a strong liberal arts curriculum.

### **VOTERS**

#### continued from page **1**

Governor's race Charlton stood pat helping reelect Charlie Baker and Karyn Polito with 4,711 votes compared to the 958 for Democratic challenger Jay Gonzalez.

Charlton voters also supported incumbent Democrat William Francis Galvin for Secretary of State and Democrat incumbent Deborah Goldberg for Treasurer as well as Joseph Early Jr., also a Democrat candidate, who won another term as District Attorney. Republican Kate Campanale also earned support from Charlton to continue as Registrar of Deeds.

A few uncontested seats were decided easily before election day even began, with Democratic Congressman Richard Neal earning another term in Washington without contention and State Representative Peter Durant running unopposed to represent precincts one, two and three in Boston. Charlton did vote to elect Republican State Rep. Paul Frost for another term representing Precinct Four. Frost went on to defeat Democrat challenger Terry Burke Dotson.

Looking at other elections Charlton voted against the grain on numerous occasions, mostly with support to Republican challengers where Democrats earned the position by night's end. Voters chose to support Republican challenger

Helen Brady for state Auditor for example, where the majority of voters chose to reelect Democrat Suzanne Bump.

Most notable is Charlton's decision to vote against Senator Anne Gobi, who went on to earn another term on Capital Hill but lost the town of Charlton to Republican challenger Steven Hall by a slim margin of 2,897 votes to 2,745 votes.

On the national level Charlton also voted against incumbent Democrat Senator Elizabeth Warren who also went on to win the overall election despite losing the town's vote. Voters decided to support Republican challenger Geoff Diehl with 3,323 votes to Warren's 2,152 votes. Charlton was joined by neighboring Dudley, Oxford, Sturbridge, Spencer and Brookfield in voting against the incumbent Senator; who still went on to be reelected by voters all the same.



### HUGE SAVINGS ON DREAM VACATIONS! Grand Alaskan Cruise & Tour



Jordan is a happy and personable boy of Haitian descent. He is always smiling and saying "hi!" Jordan enjoys playing outside, building with Legos, playing cards, telling jokes and making others laugh. Jordan reports he would like to be a professional athlete or a police officer when he grows up.

Jordan is an intelligent boy who regularly completes his homework and gets along well with his peers. He does well in school and reports math is his favorite subject. Jordan responds well to a highly structured environment with clear, consistent limits.

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The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-54-ADOPT (617-542-3678) or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have "a permanent place to call HOME."

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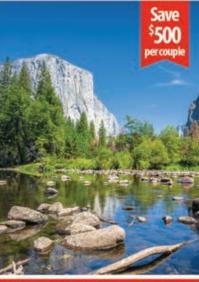
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### LEARNING

### New student reps at Bay Path Practical Nursing Academy!



**David Macharia and Kindra Gould** 

CHARLTON

Practical nursing students Kindra Gould of Oxford and David Macharia of Worcester were voted as student representatives for the PN class of 2019. The student representatives are an important part of the Bay Path Practical Nursing Academy Organization. Faculty Their main responsibility is to be a link between practical nursing faculty,

staff, and the students, and to contribute to Bay Path Practical Nursing Academy activities and projects.

Gould and Macharia represent the students of PN Class of 2019 on the advisory board and steering committee. PNFO meets every second Tuesday of the month and the advisory board meets twice a year in March and September. Bay Path Practical

Nursing Academy offers a 40-week, (10-month), full-time, Monday through Friday, evening program. The program begins mid-August and is completed in late June. Graduates receive a practical nursing certificate and are eligible to take the NCLEX-PN licensure exam. Visit us on online at www.baypath.net

Courtesy photo

UNICEF Club: promoting mental health awareness



#### Courtesy photo

### Members of the 2018 UNICEF Club.

CHARLTON — On Oct. 2 the UNICEF Club at Bay Path Practical Nursing Academy held their monthly meeting with activities coinciding with Mental Health Awareness Week (Oct. 7-13). UNICEF Club Chair Alicia Kerr of Charlton led the discussion on the ongoing mental health problems and raising awareness that UNICEF is now providing mental health services in the communities. According to the website, "UNICEF, with the support of partners, is working to fill this crucial data gap by developing a methodological framework for the development of tools for data collection on adolescent's mental health, well-being, risk factors and access to mental health support or treatment among adolescent."

While relatively new and a work in progress, raising awareness is a helpful way to assist programs get off the ground.

During Bay Path Practical Nursing Academy's UNICEF Club meeting, Kerr presented the video "She Writes on Herself with Love" to the PN Class of 2019. The video educates on the program that the protagonist now runs to help those battling mental health, addiction and self-harm.

Kerr stated, "I was happy to educate my classmates regarding Mental Health Awareness Day. I feel it is an important topic that is sometimes kept quiet because of the stigma a mental health diagnosis carries. I believe it was viewed by my fellow classmates as a topic they may use in their up and coming nursing career.'

Ashley Rivera of Webster, UNICEF Club co-chair added, "I am grateful to be part of such an amazing group with significant goals for a very important cause. I look forward to many opportunities to make a difference in the lives of people we support."



Bay Path nursing

### announces faculty

Superintendent Director John Lafleche, is pleased to announce two new hires to the Bay Path Practical Nursing Academy faculty. Lindsay Guertin, BSN, RN as full-time faculty and Amy Grniet, MSN, RN as part-time faculty.

Gretheline Bolandrina, MSN Ed, RN, CRRN academy director, welcomed the two new faculty members at the start of the current academic year, bringing with them fresh viewpoints and new expertise in nursing education. Below are mini-bios of each faculty member listing their "vitals" including degrees, work experience, and other noteworthy factoids.

Guertin of Spencer comes to Bay Path Practical Nursing Academy from Overlook Masonic Health Center, and she previously taught at the Quaboag Rehabilitation and Skilled Care Center, where she was in the longterm care, Alzheimer's, and rehabilitation units continuing education since 2010. Guertin earned her bachelor's degree, major in nursing at the Sacred Heart University in Fairfield, CT and an Associate in Science degree, also major in nursing at Becker College in Worcester.

Guertin worked with Night Nurse, Inc. in Framingham as a pediatric triage nurse.

When asked what excites you about the learning environment at Bay Path Practical Nursing Academy, Guertin said the learning environment at Bay Path Practical Nursing Academy provides a positive atmosphere for the students and the instructors. The instructors are readily available and approachable. The facilities offer everything you need to teach/learn effectively about nursing. It's a great program that I am happy to be a part of!

Grniet of North Oxford comes to Bay Path Practical Nursing Academy from Oxford public schools as health educator in alcohol/drug abuse, nutrition, mental health, safety/injury prevention, high risk behaviors, crisis/emergency preparedness, EpiPen administration and with the Barton Center for Diabetes as a diabetes nurse educator and intake.

Grniet earned her Master of Science in nursing - nurse educator from Worcester State University, graduating

with Honors and inducted to the Sigma Theta Tau. She received her Bachelor of Science in nursing at Fitchburg State University and her Associates degree in nursing from Mount Wachusett Community College in Gardner.

Other than her professional licensure as a nurse, Grniet holds professional licensure with the Department of Elementary and Secondary Education. She was a volunteer CCD teacher from 2007 to 2016 for the Catholic Diocese, Worcester County.

When asked what excites you about the learning environment at Bay Path Practical Nursing Academy Grniet said," I'm so excited to be a member of the learning environment at Bay Path PN Academy. The atmosphere is challenging, yet nurturing, as the staff strives to build trust and develop confident nurses of the future. It is such an honor to be involved in a student's journey to becoming a nurse and I'm thrilled to be a part of it.'



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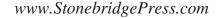
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**RUTH DEAMICIS** Editor

### EDITORIAL

### Remembrance of things past...

With a grateful nod to Proust, whose line we have stolen as our title, we acknowledge the day we have observed this past week.

One thing Americans have been, for the most part, is very good at is realizing others have done much to secure the freedoms most of us take for granted. There have been instances when gratitude hasn't been part of the recognition. such as the poor reception for the soldiers, sailors and airmen who returned from seeing action in Vietnam.

There were equally poor reception for some in previous wars too, those who had fought for the "wrong side" during the Civil War were equally maligned in many instances and in many places.

After risking their very lives, now they faced humiliation and anger.

The veterans of certain other, more 'popular' wars met with better treatment of course for the most part. Those who came home 100 years ago, from the Great War, the War to End All Wars (unfortunately, it did not), were hailed as heroes. This is what we are actually memorializing on Nov. 11; the armistice was recognized and finalized at the 11th hour of the 11th day of the 11th month. Ending World War I.

Though that was the official end it, of course, did not end there. Politics continued to see the in Europe and a mere 25 odd years later Germany and its allies had risen again, and were once again marching on neighbors; thus beginning World War II.

This, again, was considered a righteous war and those who fought were honored, are honored, as the Greatest Generation. Recognized as the heroes they are, fighting for world freedom against oppression.

Things haven't been so clear cut since. The age of the shadow war began.

When the wars were fought as puppets. We fought in Vietnam against Vietnamese citizens; but we were really waging war against Chinese

Communism.

VIEWS AND COMMENTARY FROM CHARLTON, CHARLTON CITY, CHARLTON DEPOT AND BEYOND

### TO THE EDITOR Cooper: Charlton needs trick or treating

#### To the Editor:

I love to go trick-or-treating and my family always has to go in Brookfield because we live in Charlton. Since I like it so much, I think it would be much easier if you could just walk out your own front door, instead of having to go somewhere else which might take thirty minutes or even an hour, and all just to get some candy. Once my family went in Charlton but we didn't get very much candy at all.

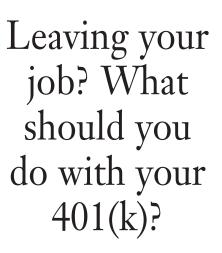
There is the trunk-or-treat which is fine for younger kids, but when you get to be my age (10) you want to do more than that. Besides you wouldn't get as much candy if you went to the trunkor-treat as if you went actually trick-ortreating. There is also the library trickor-treating but most kids my age are in school then. You would probably also know more people if you went on your very own street instead of somewhere farther away.

I think Charlton should have its own trick-or-treating. It would be much easier, and you would know more people.

> HANNAH COOPER CHARLTON

> > we

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You've got a powerful retirement savings vehicle in your 401(k) plan, which offers various investment

options and the chance to accumulate tax-deferred earnings

But if you leave your job before you retire, what should you do with your 401(k)?

You have several choices - and it's important that you understand them, because your decision can greatly affect the resources you'll ultimately have available during your retirement years.

Here are the main options for dealing with your 401(k) from a previous employer:

You could leave the money in the company's plan. Not all companies offer this option, but many do. If you like the investment choices available in your plan, leaving the money alone may not be a bad idea — you know where your money is going, and you can still benefit from potential tax-deferred growth. On the other hand, since you won't be employed by the company, you might find it harder to keep up with changes to your 401(k), such as when investment options are added or dropped. Also, you no longer will receive your employer's matching contribution, if one had been offered.

You could move the money into your new employer's plan. If your new employer has a 401(k) and allows transfers, you could roll the money from your old plan into the new one. This might be an attractive option if you like the investment options offered in your new employer's plan. And it will give you a head start in building resources in the new plan. You could roll the money into an IRA. You may find several advantages to rolling your 401(k) into an IRA. First, your money will still have the potential to grow on a tax-deferred basis. Second, you can put your funds in virtually any investment you choose — stocks, bonds, mutual funds, government securities, certificates of deposit and others — so you can build a mix of investments appropriate for your goals and risk tolerance. Third, if you own multiple 401(k) accounts, you might benefit from consolidating them into a single IRA, making it easier to allocate and monitor your retirement assets. Plus, with a consolidated account, you may find it easier to track your withdrawals, when it's time to start taking them. If you do decide to move your 401(k) to an IRA, make sure to request a direct rollover. The money will be sent directly to the institution that holds the IRA and no taxes will be withheld. You could cash out your plan. If you cash out your plan, your company likely will pay you 80% of vour account value, withholding the rest for federal taxes. And if you're younger than 59-1/2, you also may face a 10% penalty tax. Furthermore, you'll have lost a key source of your retirement income. Of course, if you absolutely need the money, it's there for you. Before making any moves with your 401(k), consult with your tax and financial professionals. You worked hard to build your 401(k) so you'll want to do all you can to keep it working hard for you.



Sophia

Sciarappa

When sick, it is customary to see doctor а and receive treatment, usually in the form of antibiotics approx-

imately 10 days later it kills the bacteria and we are better. Often, patients are inappropriately prescribed antibiotics; they may be prescribed antibiotics when they may not be in need of treatment or have not been diagnosed properlyand this can be easily avoided by consideration of alternative treatments. Unnecessary prescription of antibiotics leads to antimicrobial resistance which, in the future, will make antibiotics ineffective and problematize healing people who need these medications.

Laine

**Bottoms** 

Antibiotics kill not only the harmful, but also the beneficial bacteria in the gut, which is where the immune system is based. Our immune system is necessary for warding off microbes. depleted immune system welcomes illnesses such as diabetes, irritable bowel syndrome, allergies, asthma and autoimmune diseases, which are effects from the overuse of antibiotics. We follow doctor's orders and do not question their diagnosis or treatments. Often, it is not necessary to take antibiotics: in one study it was shown only 7.6% of 17,435 patients hospitalized with a certain infectious disease (community-acquired pneumonia) actually carried the disease pathogens. Over prescription of antibiotics increases the likelihood of bacteria strains becoming resistant. The fact of the matter is pharmaceutical companies make money by selling certain drugs. Doctors are bribed with extra money to prescribe or promote antibiotics or drugs. By wrongfully consuming leftover antibiotics

YOUR TURN SUBMITTED BY SOPHIA SCIARAPPA & LAINE BOTTOMS **STUDENTS** AT WESLEYAN UNIVERSITY

resistance. At the beginning of treatment, antibiotics kill the weakest bacteria and, even though you may feel better after a few days of treatment, the strongest bacteria of the infection remain, creating the perfect scenario for bacteria to mutate and become more resistant. In conventional medicine, antibiotics are highly accessible-practitioners fail to consider our future health which is threatened by the evolution of resistant bacteria and subsequently useless antibiotics.

The future of our healthcare is unnerving. But keep in mind there are solutions to slow the production of diseases. Homeopathic medicine can be used as an alternative to antibiotics, since they, "...ensure prevention..." and  $\exists$ ..conditions in the body that protreat, vides the 'favourable soil' or 'ground,' in which bacteria, or viruses, can survive and replicate. We must demand government control of antibiotic administration by monitoring their supply and funding research for new treatments. Education can be provided about the use, effects, and dangers of antibiotics in secondary schools; specifically lessons can be taught on targeting proper food preparation, when antibiotic use is necessary, pharmaceutical corruption, and what constitutes as proper hygiene. Many times we are treating the problem instead of preventing it. If we continue to knowingly jeopardize our health by neglectful use of antibiotics, there may be a day when we contract an illness where the antibiotic treatment is indispensable.

and/or only partially taking the prescribed dose, are taking uncon· scious strides toward anti-

We fought tiny wars, sometimes in secret, in small countries in South America, on islands and in the Middle East, choosing to support dictators and leaders who would seem to support the positions our own politicians wanted at that time.

And a few years later might very well be fighting in the same country again to topple that same dictator.

Our wars aren't nearly so cut and dried any longer. Our allies aren't nearly so open and obvious.

But our heroes haven't changed.

They are still there. They are still working and struggling to support what they believe is expected of them as representatives of our country.

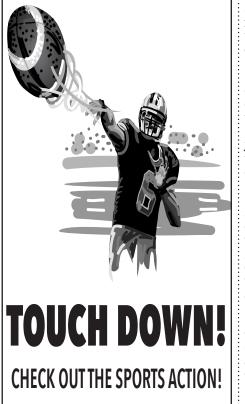
They are soldiering on as it were.

And we must, as the citizens they are protecting, remember that.

Because while we can celebrate, honor and appreciate the veterans we recognize from those "great" wars; we must not ever forget those in the throes right now.

On average, returning service people have been committing suicide at a rate of 22 per day. That is a horrifying number. To us, that means they feel unseen and unknown.

We can't let that happen.



This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones. com

A potpourri of assorted tips

This week's column features an unrelated assortment of tips and tricks geared to make life a little easier. From seasonal entertaining tips for candles and wine, to common sense home remedies, the following ideas are sure to up the ante on simplifying everyday tasks.

Candle Capers: "Tis the season for candles. The next time you light floating candles, place them in cold water and they'll burn longer!

Here's a candle FYI: Candles don't just cover up odors. They eliminate them by burning off the tiny odor particles that permeate the air.

Bye, Bye Sniffles: Stuffy nose this season? Whip up this Vicks Stick clone to clear your sinuses fast! Place one quarter teaspoon of coarse salt in a small glass vial with a tight lid. Add five drops of eucalyptus oil. When the salt absorbs the oil, shake to activate, then open vial and inhale to clear nasal passages.

Heads Up for Winter Weather: When the snow flies do you slip and slide? Check your tires. You need at least 3/16 of an inch of tread to effectively plow through snow.

And avoid void mixing tires with dif-



ferent tread patterns, internal construction, and size. This degrades the stability of the vehicle making you more apt to slip and slide.

Energy Saving Tip: Slow down to save! Did you know you can improve your gas mile-

age about 15 percent by driving at 55 mph rather than 65 mph? And consider using cruise control on long trips. It will reduce fuel consumption as you keep your speed down.

Halt Headaches: The cure for a headache can be as close as your refrigerator. Drinking two glasses of Gatorade has been known to halt a headache in its tracks. Experts say most headaches, including "morning after" headaches are caused by mild dehydration, and Gatorade re-hydrates quickly.

Fresh Eggs: Want to know if your eggs are really fresh? Did you know the exact day a dozen eggs were washed and packed is on its carton? The three digit consecutive calendar date code is often above the "sell by" date. A carton packed on January 1 would read 001 and one packed on December 31 would read 365.

Turn To TRAINOR page A16



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MA HIC Lic #146620 MA CSL #099487		Rick LaFleche 860-382-5071	• Auburn News • Blackstone Valley Tribune	( Websici

### She is the stars, the sun, and the wind: for what I will always be most thankful

Mind of a Curious Girl annie sandoli

It was a feeling of heartache like I had never felt before. I was so distressed, worried, and exhausted that I was floating around in my own dark universe, like how a star must feel right before it dies and turns into a mass of nothingness. I knew that in an instant, everything I knew and loved could be gone.

It was nice that some of my family members came to the hospital, but their presence wouldn't make her better. It was thoughtful of the nurses to bring us coffee and breakfast, but their hospitality wouldn't take the tumor out of her brain. It was considerate of the doctors to keep me updated, but their kindness wouldn't take away my nausea and intense feeling of complete and utter heartache.

After eight hours of anger, sadness, and frustration, I was allowed to see her. She looked weak, with some of her blonde hair missing on one side and stitches across her skull. I held back tears, she didn't deserve any of this and I wanted to take it all away from her.

"I think I can go home tomorrow," she slurred.

"We'll see, Mommy. You look beautiful."

She did. She always does. She's as pretty as the stars, as bright as the sun, and as strong as the wind.

I called the hospital over and over that night until they knew me by name.

"Hi, I want to check on my mom, Marie Sandoli. She had brain surgery earlier today."

"Of course, she's stable," said the anonymous voice on the other end of the line.

"Thank-you."

\*click\* I would let no more or less than an hour pass before I tried again, simultaneously wanting to ease my own mind and avoid annoying the nurses.

"Hi, I want to check on my mom again—"

"She's doing fine, Annie. It's ok, don't worry and get some sleep."

\*click\*

I really tried to fall asleep. My eyes rolled in the back of my head, but I was still conscious the whole time, thinking about how quickly it all happened.

Only a week earlier, everything seemed normal, except for the fact that Mommy wasn't responding to the multiple calls I made to her office. I heard her voicemail message over and over, thinking that maybe the number of times I called would somehow affect the outcome.

"Hi, you have reached the office of Dr. Marie Sandoli at Auburn Youth and Family Services. I am unable to take your call at this time, but leave a message and I will get back to you shortly. Thank you."

\*beep\*

She always calls me back within an hour, but this day was different and I instantly knew something was wrong. Panicking, I kept saying to myself, "She never waits this long to return my calls, and I know she went to work today."

I called her husband, who told me that a few hours earlier she couldn't talk and the doctors were trying to figure out why. The most likely cause was a tumor, but they weren't sure yet.

I remember instantly sobbing hysterically, like someone had hit a switch in my mind that turned me insane. Thinking about my healthy, strong, intelligent mother with a tumor trespassing in the territory of her beautiful mind was too much for me to handle.

Mommy has always been my everything. My best friend, role model, support system, teacher, and favorite human. Thinking about losing her only made me more hysterical and nauseas. I called my best friends, they listened to me cry and they cried too. I called my dad, who got on a train to Boston to calm me down and take care of me because I was stuck in my tiny Cambridge apartment with the flu and pink eye.

I told myself, "If she dies, I want to die too," and I meant it.

When she called me later that day, I swore her voice was the best sound I had ever heard.

"Mommy," I answered. "What's going on?"

"Hi, Baby Love, I'm fine. It's just a little tumor thing, they'll just take it out and I'll be fine."

That's her, downplaying her pain to make sure no one has to worry about her. It didn't work on me at all. When she hung up, I felt just as scared as before. Because they were keeping her overnight, I knew it was worse than she said. She had probably had a seizure, and whether or not the tumor was cancerous was still unknown.

Well, turns out it was.

The doctors weren't confident that they could remove the entire tumor because it was wrapped around the speech center of her brain. Mommy has one of those voices that should always be heard because it has made a difference since the day she was born, and no tumor had the right to take that away from the world.

They scheduled her surgery right away, knowing that it was a life or death situation.

"I haven't told her that I love her enough," I thought. "I haven't been the best daughter. I've been impatient. I haven't done everything I possibly could for her."

The day of her surgery, I woke up with a knot in my stomach. My aunt told me not show her how sad and scared I felt, so I held it all in as best I could. She cried when we got to the hospital, clutching her prayer shawl, and I so badly wanted to cry too.

Mommy spent the first hour of surgery preparation arguing

with the nurses, desperately trying to gain control of a situation that was out of her control, out of my control, and out of my family's control. I held back sobs and tears as I hugged her for the last time before her surgery, but as they wheeled her away it all came out.

Days of fear and sadness hit the hospital floor in the form of my salty tears. One of the nurses hugged me for a while, then passed me to my aunt's arms so she could go back to work. No one in my family knew what to say to me. Nothing could be said.

It was the longest eight hours of my life followed by the longest night of my life. I've never felt so protective of another human, maybe because another human has never been so protective of me.

The day after her surgery, I went to visit her as early as I could. Her head was wrapped in gauze and there was blood in her hair and around her stitches. My aunt tried to wash it off with a damp cloth so she wouldn't see it.

Mommy spoke slowly. Her voice sounded like an echo in a deep cave, with me on one side and her on the other.

"I'm coming home tomorrow," she insisted, again without the nurse's approval.

"We'll see how you're doing." I only understand her stubbornness so easily because I inherited it. I hugged her, I held her hand, I watched her try to eat and drink, but I couldn't reach her. It took a while until I could.

It has been almost two years since the day Mommy wasn't answering my calls, the day the nurses wheeled her off into the operating room, and the day she spoke warily as my aunt washed her head. She has been through six months of radiation, a year of chemotherapy, and hundreds of moments of frustration with her own mind as she gains complete control of it again.

But not even two years after the doctors were panicking



Courtesy photo Marie Sandoli and Annie Sandoli

because the brain tumor took up so much space in her beautiful head, they can barely see it.

Mommy will never be cancer free, but she is herself again, working more hours a week than any human ever should and touching more lives than an entire city of people ever could. Her life expectancy hasn't changed, her memory is miraculously intact, and her intelligence is as strong as ever.

My hope is that every person who reads this takes a step back and puts life's small inconveniences into perspective, because in the blink of an eye, they can become so overwhelmingly trivial. What matters to me most, this Thanksgiving and every other day of the year, is that I have her beside me, something I will never take for granted. She is my stars, my sun, my wind, and what I will always be most thankful for.



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### Locals shine at Central Mass. **Cross-Country Championships**





Shepherd Hill's Henry Weiland outkicks Algonquin's William Lamburn for an eighth place finish in the Central Mass. Division 1 meet, advancing to All-States in the process.

Nick Ethier photos

With Rebekah James (294) leading the way en route to a second place finish, Shepherd Hill's girls' cross-country team won back-to-back Central Mass. Division 1 titles. Also pictured is Rams' teammate Christina Gunsalus, who placed eighth.

#### **BY NICK ETHIER** SPORTS STAFF WRITER

WESTFIELD — Although run on a Western Mass. course due to poor ground conditions, the Central Mass. Division 1 and 2 Cross-Country Championships found a home this year at Stanley Park. On Saturday, Nov. 10, the Division 2 athletes raced, and the Division 1 runners competed the following day.

First up was the Division 2 girls' race, and leading the charge among local Stonebridge Press affiliated schools was Whitinsville Christian freshman Molly Lashley. She traversed the 5k course in 19:01, losing only to the Littleton High twins of Sarah and Kaitlyn Roffman. Although Littleton,

Parker Charter and the Bromfield School were the three teams advancing to the All-State meet, the top-10 individualds outside of those teams also moved on. That included Lashley and the Douglas High duo of Keely Mungeam (15th place overall, 19:55) and Emma Wall (16th place, 20:03). Narrowly missing out on qualifying individually were Blackstone Valley Tech's Lauren Flynn (18th, 20:04), Leicester High's Emily Moughan (20th, 20:16), Whitinsville Christian's Hadley Koeman (22nd, 20:27) and Valley Tech's Madison Gannon (26th, 20:45).

Blackstone Valley Tech finished in eighth place as a team, followed by Uxbridge High (ninth), Whitinsville Christian (12th), Douglas (13th), Leicester (20th) and Bartlett High (26th).

Whitinsville Christian continued to impress in the Division 2 boys' race, as sophomore Joseph Thumann took home the crown. He won the meet in a time of 16:03.

"Those kids work very, very hard in the offseason and they're both very committed," Crusaders' head coach Chris Vander Baan said of both Lashley and Thumann. "They both have great teammates and push them every day in practice.'

Due to the All-States date being listed as Sunday, Nov. 18 back at Stanley Park — as of press time — the Whitinsville Christian duo of Lashley and Thumann won't be able to compete due to school rules.

Uxbridge slipped into third place in the team standings, so they have all qualified for All-States. Contributing runners included Colin Caso (15th place, 17:14), Ryan Semle (16th, 17:16), Stephen Sanches (23rd, 17:35), Aidan Ross (36th, 17:56) and Thomas Burke (51st, 18:12). "It was our first time for the boys to ever qualify to go to All-State in the school's history," said Spartans' head coach Walter Berkowicz. "In '05 when I was coaching the boys finished fourth, so we were one slot out. From the inside looking out I knew if everyone had a great day we had a shot." Whitinsville Christian followed with a fifth place team finish, and after that was Blackstone Valley Tech (seventh), Bartlett (27th), Quaboag Regional (28th), Auburn High (29th) and Leicester (31st). The Division 1 girls' meet opened up the day on Nov. 11 and Shepherd Hill Regional made it look easy in winning the team title for the second straight year. Rebekah James (second place, 18:26), Emma Sullivan (sixth, 19:41), Christina Gunsalus (eighth, 19:50), Emma Whitehead (20th, 20:43) and Sam Zannotti (21st, 20:44) were the contributors. "That was the goal — the goal to win districts and run well at states,' Rams' head coach Nicole Fossas said of checking the first goal off the list. "This is the first time we've ever won it back-to-back." All five contributing runners finishing so tight in the standings made all the difference in the world for Fossas, as well as the performance of her sixth finisher, Anna Thomas, who placed 23rd in 20:49. "My four, five and six were all right together and my sixth girl — she's a freshman — closed that gap with four and five, so that was huge. James nearly won the race, but was edged by Algonquin Regional's in under a second. "Tess is a great runner, they've been running neck-and-neck all year," Fossas explained, as Reyes won at the Twilight meet, while James won at the League Meet. Tantasqua Regional finished 14th as a team, with Jordan Lapierre leading the way in 73rd place (24:09). The Division 1 boys' race closed out the weekend, and Shepherd Hill's Brian Belmonte advanced to All-States with a third place finish, clocking in at 16:34. Teammate Henry Weiland also advanced to All-States with an eighth place finish (16:43). The Rams finished fifth as a team and Tantasqua Regional, led by Armando Chung's 67th place finish (18:50), took 13th.

### SPORTS BRIEFS Ski or snowboard at Wachusett Mountain

Are you interested in having a lot of fun while also helping to make the winter fly by? Any student (8 years and older), parent or teacher from any of the surrounding towns and states can ski or snowboard eight consecutive Saturday nights at Wachusett Mountain for just \$150 through the Southbridge Ski Club. You drive to Wachusett Mountain on your own. The eightweek program begins on Saturday, Jan. 5 and ends Saturday, March 2. Ski or snowboard rentals as well as lessons are also available at a very reasonable cost. You may also be able to ski or snowboard for free through you health insurance coverage. Also anyone (students or non-students) can purchase Gold, Silver and Bronze Season Passes at a lower discounted price through our Club. All eight week and season passes must be ordered through the Wachusett website by Nov. 30 for these lower discounted prices. For more information on how to order, please contact Dick Lisi at (508) 410-1332 or at lisirichard15@yahoo.com.



Brian Belmonte of Shepherd Hill advanced to the All-State meet thanks to a third place finish in the Central Mass. Division 1 race.

### Worcester State University to hold baseball clinics

Worcester State Baseball Indoor Clinics are now held in the \$52 million gymnasium and wellness center. The second floor multipurpose gym allows for live practices with plenty of storage for the six indoor mounds, bats and balls, etc. Hitters will use the double-barrel cages on the first floor. Here kids will bunt/ bat off the Hack Attack pitching machines (uses real balls; speed adjusted for ages), hit close-range BP, use soft toss nets, tees, and utilize slow-motion video analysis.

There are multiple upcoming clinics to choose from. For questions, please call (508) 929-8852 or (774) 230-3872, or email dbaker1@ worcester.edu. Also, please visit wsulancers.com/camps-clinics for more information.

### Softball pitching lessons coming to Southbridge **Community Center**

Softball pitching lessons will be available at the Southbridge Community Center (152 Chestnut Street) on Sunday mornings from 8:30 to 10:30 a.m. They started Oct. 21 and run through Feb. 24, 2019. Team and league discounts are available for three pitchers or more. Pitchers must bring a catcher (no fee) that can be a parent, teammate, etc. Please contact Bill Rahall (wlrah@yahoo.com 860-576-3440) for more details. Clark University pitching coach Steve Genese will be on hand at the lessons.

### Westborough outlasts Rams in pouring rain, 10-7



Shepherd Hill's Tyler Brassard (17 carries, 54 yards) cuts inward toward the center of the field on a carry.

#### **BY KEN POWERS** SPORTS CORRESPONDENT

WESTBOROUGH — It was another hard-fought game and, unfortunately, another tough loss for the Shepherd Hill Regional varsity football team.

Playing in a relentless, steady rain, the Rams lost to Westborough High, 10-7, on Friday, Nov. 9 at Joe Mewhiney Field.

"It was a good quality football game; both defenses played well," Shepherd Hill head coach Ryan Dugan said. "Our kids played their hearts out. It was a fun game. It was a good, tough, physical football game. Unfortunately somebody had to win and somebody had to lose.

'Looking back it was a game

we'd like to have won, obviously," Dugan continued, "but I think there are a lot of lessons we can learn and improvements that can be made off of the way we played against Westborough."

After trailing, 3-0, at the half, Shepherd Hill (4-6) took a 7-3 lead early in the third quarter on a six-yard touchdown run by junior Anthony Oriente (7 carries, 26 yards) and an extra point off the foot of Oriente's classmate, Brock Dubey.

The Rangers (4-6) reclaimed the lead, 10-7, later in the quarter on a 60-yard scoring scamper by junior quarterback Luke Lentine and an extra point by senior Maclaren Bradley.

"[Lentine] scored off an option play to put Westborough ahead, 10-7, and then it was just

back and forth from there," Dugan said. "In the second half we were just stuck behind the eight-ball, field-position wise. Westborough did a good job on special teams.

'In the second half they pinned us deep on a kickoff and they pinned us deep a couple of times on punts. I've got to give them credit; their special teams were very good all game," Dugan added. "They made it so we had to go a long way, especially in the second half, to get into any kind of scoring position. When you're starting deep in your own territory, inside the 20- and the 30-yard line multiple times, in a game where scoring is such a premium, it's tough. They did a nice job.'

Westborough led at halftime

thanks to a 22-yard field goal by Bradley, which split the uprights just as the horn signifying the end of the first half sounded.

"We made a really nice goalline stand there," Dugan said. "They were on the five-yard line trying to punch it in and we stuffed them three times in a row, and then they kicked the field goal on fourth down to grab the lead."

It was a game that featured two teams that expected to be better than their records would indicate heading into the final game of the season. On Thanksgiving Shepherd Hill will play Tantasqua Regional, while Westborough will face Algonquin Regional.

"Both teams are very similar. Both teams had some good wins against good opponents but have also had some losses against some pretty strong teams, too," Dugan said. "They play a very competitive schedule, and we do as well. So we went in knowing it was going to be a quality game, despite the records.

'You watch Westborough on film you can see that they are not a three-win football team. They've got good players and they run a good scheme and their kids play hard and fast," Dugan continued. "But they're in the same position as us; they're a mid-sized school playing some of the giant schools like Wachusett, Shrewsbury and Leominster. Those are three of the top programs in the area. Then, you sprinkle in Nashoba and Marlborough and

that's a really tough schedule."

Sonow, with the Westborough game in the rearview mirror, all that remains on the 2018 schedule for the Rams are the archrival Warriors.

"Tantasqua is having a great year. They're very good," Dugan said of the Warriors, who lost, 28-0, to Nashoba in the Central Mass. Division 4 Championship Game on Nov. 10. "With them getting us last year, there is certainly some unfinished business for us against them. We've never been in the role of the underdog in this game so it's going to be fun. They've got a great record [7-3] and they've had some nice wins. Even in their losses, they were very competitive. They were very competitive against Doherty [a 14-0 loss back on Sept. 21], who, in my mind, is one of the better teams in the area."

Dugan said he has looked for a long time at Tantasqua as a team with unlimited gridiron potential.

"The Tantasqua program has always been a sleeping giant in my opinion and now they've got some quality coaching there and the kids are buying in," Dugan said. "They've got a great coaching staff over there: Al Dhembe, whose record speaks for itself; Tony Salvaggio; and Nate Orzech, who is a great defensive coach. And, then there's the head coach, Jon Hargis, who has done a great job managing that team and improving that program."

### America is on the brink of a nervous breakdown

"As nightfall does not come at once. neither does oppression. In both instances, there is a twilight when everything remains seemingly unchanged. And it is in such twilight that we all must be most aware of change in the air – however slight – lest we become unwitting victims of the darkness." Supreme Court Justice William O. Douglas

Yet another shooting. Yet another smear of ugliness, hatred and violence.

Yet another ratcheting up of the calls for the government to clamp down on the citizenry by imposing more costly security measures without any real benefit, more militarized police, more surveillance, more widespread mental health screening of the general population, more threat assessments and behavioral sensing warnings, more gun control measures, more surveillance cameras with facial recognition capabilities, more "See Something, Say Something" programs aimed at turning Americans into snitches and spies, more metal detectors and whole-body imaging devices at so-called soft targets, more roaming squads of militarized police empowered to do more stop-and-frisk searches, more fusion centers to centralize and disseminate information to law enforcement agencies, and more government monitoring of what Americans say and do, where they go, what they buy and how they spend their time. All of these measures play into the government's hands.

Remember, authoritarian regimes begin with incremental steps. Overcriminalization, surveillance of innocent citizens, imprisonment for nonviolent — victimless — crimes, etc. Bit by bit, the citizenry finds its freedoms being curtailed and undermined for the

sake of national security. And slowly the populace begins to submit.

No one speaks up for those being targeted.

No one resists these minor acts of oppression.

No one recognizes the indoctrination into tyranny for what it is.

Historically this failure to speak truth power has resulted in whole populations being conditioned to tolerate unspoken cruelty toward their fellow human beings, a bystander syndrome in which people remain silent and disengaged — mere onlookers — in the face of abject horrors and injustice.

FREEDOM WATCH John WHITEHEAD

martial law started long before Trump, set in motion by powers-that-be that see the government as a means to an end: power and profit. As Paul Craig

Roberts, former Assistant Secretary of the Treasury,

recognized years ago, "Adolf Hitler is alive and well in the United States, and he is fast rising to power."

Roberts was not comparing Trump to Hitler, as so many today are wont to do.

Rather, he was comparing the American Police State to the Nazi Third Reich, which is a far more apt comparison.

all, U.S. government agencies After

not through active collaboration but through passivity, denial and indifference.

Much like the German people, "we the people" have become passive, polarized, gullible, easily manipulated, and lack-ing in critical thinking skills. Distracted by entertainment spectacles, politics and screen devices, we too are complicit, silent partners in creating a police state similar to the terror practiced by former regimes.

Can the Fourth Reich happen here?

It's already happening right under our noses. Much like the German people, "we the people" are all too inclined to "look the other way."

In our state of passivity, denial and indifference, here are some of the looming problems we're ignoring:

Our government is massively in debt. urrently, the national debt is some-

All of these measures add up to more government power, less real security and far less freedom.

As we have learned the hard way, the phantom promise of safety in exchange for restricted or regulated liberty is a false, misguided doctrine that has no basis in the truth.

Things are falling apart.

When things start to fall apart or implode, ask yourself: who stands to benefit?

In most cases, it's the government that stands to benefit by amassing greater powers at the citizenry's expense.

Unfortunately, the government's answer to civil unrest and societal violence, as always, will lead us further down the road we've travelled since 9/11 towards totalitarianism and away from freedom.

With alarming regularity, the nation is being subjected to a spate of violence that not only terrorizes the public but also destabilizes the country's fragile ecosystem, and gives the government greater justifications to crack down, lock down, and institute even more authoritarian policies for the so-called sake of national security without many objections from the citizenry.

Clearly, America is being pushed to the brink of a national nervous breakdown.

This breakdown-triggered by polarizing circus politics, media-fed mass hysteria, racism, classism, xenophobia, militarization and militainment (the selling of war and violence as entertainment), a sense of hopelessness and powerlessness in the face of growing government corruption and brutality, and a growing economic divide that has much of the population struggling to get by—is manifesting itself in madness, mayhem and an utter disregard for the very principles and liberties that have kept us out of the clutches of totalitarianism for so long.

Yet there is a method to this madness.

Time has insulated us from the violence perpetrated by past regimes in their pursuit of power: the crucifixion and slaughter of innocents by the Romans, the torture of the Inquisition, the atrocities of the Nazis, the butchery of the Fascists, the bloodshed by the Communists, and the cold-blooded war machines run by the military industrial complex.

We can disassociate from such violence.

We can convince ourselves that we are somehow different from the victims of government abuse.

We can continue to spout empty campaign rhetoric about how great America is, despite the evidence to the contrary.

We can avoid responsibility for holding the government accountable.

We can zip our lips and bind our hands and shut our eyes.

In other words, we can continue to exist in a state of denial.

Whatever we do or don't do, it won't change the facts: the nation is imploding, and our republic is being pushed ever closer to martial law.

As Vann R. Newkirk II writes for the Atlantic:

Trumpism demands that violence be solved by local militarization: increased security at schools, the arming of teachers, and now, the adoption of guns in places intended quite literally to be sanctuaries from the scourges of the world. Taken altogether, what Trumpism seems to intend is the creation-or perhaps the expansion — of the machinery of a police state...

In facing what appears to be a rising tide of violence — a tide that Trump himself elevates and encourages — the prescription of arms merely capitulates to the demands of that bloodshed. The purpose of political violence and terrorism is not necessarily to eliminate or even always to create body counts, but to disempower people, to spread the contagion of fear, to splinter communities into self-preserving bunkers, and to invalidate the very idea that a common destiny is even possible. Mandates to arm people accelerate this process. They inherently promote the idea that society cannot reduce the global level of harm, and promote the authoritarian impulses of people seeking order.

Where Newkirk misses the point is by placing the blame squarely on the Trump Administration.

This shift towards totalitarianism and

— the FBI, CIA and the military — have fully embraced many of the Nazi's wellhoned policing tactics and have used them repeatedly against American citizens for years now.

Indeed, with every passing day, the United States government borrows yet another leaf from Nazi Germany's playbook: Secret police. Secret courts. Secret government agencies. Surveillance. Censorship. Intimidation. Harassment. Torture. Brutality. Widespread corruption. Entrapment. Indoctrination. Indefinite detention.

These are not tactics used by constitutional republics, where the rule of law and the rights of the citizenry reign supreme. Rather, they are the hallmarks of authoritarian regimes, where the only law that counts comes in the form of heavy-handed, unilateral dictates from a supreme ruler who uses a secret police to control the populace.

The empowerment of the Gestapo, Germany's secret police, tracked with the rise of the Nazi regime in much the same way that the rise of the American police state corresponds to the decline of freedom in America.

How did the Gestapo become the terror of the Third Reich?

It did so by creating a sophisticated surveillance and law enforcement system that relied for its success on the cooperation of the military, the police, the intelligence community, neighborhood watchdogs, government workers for the post office and railroads, ordinary civil servants, and a nation of snitches inclined to report "rumors, deviant behavior, or even just loose talk.

In other words, ordinary citizens working with government agents helped create the monster that became Nazi Germany. Writing for the New York Times, Barry Ewen paints a particularly chilling portrait of how an entire nation becomes complicit in its own downfall by looking the other way:

In what may be his most provocative statement, [author Eric A.] Johnson says that "most Germans may not even have realized until very late in the war, if ever, that they were living in a vile dictatorship." This is not to say that they were unaware of the Holocaust; Johnson demonstrates that millions of Germans must have known at least some of the truth. But, he concludes, 'a tacit Faustian bargain was struck between the regime and the citizenry. The government looked the other way when petty crimes were being committed. Ordinary Germans looked the other way when Jews were being rounded up and murdered; they abetted one of the greatest crimes of the 20th century

where in the vicinity of \$21 trillion. Approximately half of our debt is owned by foreign countries, namely China, Japan and Saudi Arabia.

Our education system is abysmal. Despite the fact that we spend more than most of the world on education, we rank 36th in the world when it comes to math, reading and science, far below most of our Asian counterparts. Even so, we continue to insist on standardized programs such as Common Core, which teach students to be test-takers rather than thinkers.

Our homes provide little protection against government intrusions. Police agencies, already empowered to crash through your door if they suspect you're up to no good, now have radar devices that allow them to "see" through the walls of our homes.

Our prisons, housing the largest number of inmates in the world and still growing, have become money-making enterprises for private corporations that rely on the inmates for cheap labor.

We are no longer a representative republic. The U.S. has become a corporate oligarchy. As a recent academic survey indicates, our elected officials, especially those in the nation's capital, represent the interests of the rich and powerful rather than the average citizen

We've got the most expensive, least effective health care system in the world compared to other western, industrialized nations.

The air pollution levels are dangerously high for almost half of the U.S. population, putting Americans at greater risk of premature death, aggravated asthma, difficulty breathing and future cardiovascular problems.

Despite outlandish amounts of money being spent on the nation's "infrastruc-ture," there are more than 63,000 bridges — one out of every 10 bridges in the country — in urgent need of repair. Some of these bridges are used 250 million times a day by trucks, school buses, passenger cars and other vehicles.

Americans know little to nothing about their rights or how the gov-ernment is supposed to operate. This includes educators and politicians. For example, 27 percent of elected officials cannot name even one right or freedom guaranteed by the First Amendment, while 54 percent do not know the Constitution gives Congress the power to declare war.

Nearly one out of every three American children live in poverty, ranking us among the worst in the developed world.

### **OBITUARIES**

### Gaylord "Gary" J. Rheaume, 78



SOUTHBRIDGE-Gaylord "Gary" J. Rheaume, 78, of Main St., passed away on Tuesday, Nov. 6th, in the Baystate Wing Hospital, after an illness. Heleaveshisbeloved

Palmer, the American Optical wife of 28 years,

Bernice P. (Mominee) Rheaume; his son, Armond Rheaume of Southbridge; a daughter, Becky Savoie of Charlton; a step son, Robert Manthorne and his wife Luanne of Woodstock, CT; three step daughters, Corrina Tiberii of Brimfield, Robin Frazier of Southbridge and Becky Hoffey and her husband James of Brookfield; a sister, Marie Juiliano of Texas; twelve grandchildren, eight great grandchildren and many nieces and nephews.

Gary was predeceased by two brothers, Armond Rheaume and Timothy Rheaume: and three sisters. Beverly Offit, Janet Vaillancourt and Laurie Johnston.

He was born in Malone, NY the son

STURBRIDGE- Eva J. (Metras)

Domijan, 93, of Glen Ridge Rd., passed

away on Monday, Nov. 5th, in the

Quaboag Rehabilitation and Skilled

Care Center, West Brookfield, after a

Her husband, Paul F. Domijan died in

2003. She leaves her daughter, Nancy

P. Cottin and her husband Xavier of

Southbridge; her Son in law, Andy

Ciesla; five sisters, Anna J. Nichols of

Charlton, Jeanne Fortin of Hartford,

CT, , Lucie Metras of New Port, VT, Rita

Lantagne of New Port, VT and Alice

Metras of New Port, VT; six grandchil-

Eva was predeceased by a daughter,

Marie E. Ciesla in 2013; a brother, Moise

Metras; and three sisters, Madeline

Goodsell, Cecile Gabriault and Theresa

daughter of Dalma and Marie (Moguin)

She was born in Quebec, Canada the

dren and seven great grandchildren.

brief illness.

Metras.

of John and Ernestine (Lamitie) Rheaume. Gary served honorably in the United States Marines. He worked for 40 years as a lens maker for

Co., in Southbridge retiring many years ago. Gary was a member of St. Mary's church. He was an avid reader and loved movies. Gary enjoyed vacation-

ing with his wife in Newport, RI as well as long walks. His true love was his family and he cherished getting together and spending time with all of them.

Calling hours for Gary were held on Tuesday, Nov. 13th, from 5:00 to 7:00pm in the Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge with a funeral service in the funeral home at 7:00pm. Burial will be private.

In lieu of flowers donations may be made to the Alzheimer's Association 309 Waverley Oaks Rd, Waltham, MA 02452

www.morrillfuneralhome.com

### Eva J. Domijan, 93

#### Metras.

Eva worked for 30 years for the American Optical Company in Southbridge as a Polisher before retiring many years ago. She was a member of St. Hedwig's Church, in Southbridge.

She enjoyed sewing, flower and vegetable gardening, refinishing furniture, fishing and loved to take long walks throughout the neighborhood. She was a member of the Holy Rosary Choir at St. Hedwig's Church as well as a member of the Senior Center in Sturbridge.

Services and burial for Eva will be private. There are no calling hours.

Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing the arrangements.

In lieu of flowers donations may be made to St. John Paul II Parish, 279 Hamilton St., Southbridge, MA 01550.

www.morrillfuneralhome.com

### A. "Wally" Nelson, 57

Α.





Family and friends are invited to remember Wally from 5-7PM on Friday, November

SOUTHBRIDGE-

16, 2018, at Sansoucy Funeral Home, 40 Marcy Street, Southbridge, MA, with a Celebration of Life service at 6:30PM.

Wally was born in Whitinsville, MA to Gloria J. (St.Martin) Pallis and the late A. Walter Nelson. He graduated from Northbridge High School in 1979. He moved to Florida in 1981, and worked for a number of years as a mechanic which grew to his own business (East Coast Auto) in Palm Bay, FL.

> CHARLTON OXFORD – June I. (White) Pikul, 92, of Lovett Road, died peacefully on Friday, November 9, 2018, in her home. She was predeceased by her husband of 64 years, Joseph S. Pikul Jr.

She is survived by two children. David J. Pikul of Charlton and Susan L. LeBlanc and her husband Norman of Oxford: her brother, Frederick White and his wife Nancy of Brooklyn, CT; two sisters, Frances Coughlin and her husband Bill of Griswold, CT, and Lavonnie Tetreault of Rogers, CT; her sister-in-law, Irene White of Dayville, CT; her granddaughter, Emmy Monticelli and her husband Michael of Oxford; two great-grandchildren, Matthew and Gianna Monticelli; and many nieces and nephews. She was predeceased by nine brothers and sisters, Fernie White, Donald White, John White, Josephine Baca, Dorothy Davis, Richard White, Raymond White, Robert White, and George White. She was born in Uxbridge, daughter of the late Fernie and Edith (Trainor) White and lived most of her life in Oxford and Charlton.

Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail to jean@stonebridgepress.news

He enjoyed friends, loved to fish, and had a sense of humor that carried through all of his conversations.

Wally leaves his siblings, Jo Ann Weldon and her husband Robert of Oxford, Wendy Lennon and her husband Gregory of Sturbridge; Jennifer Beebe and her husband Darren of Littleton, ME, Rick Nelson of Whitinsville; and Melanie Johnson of Charlton; his nephews, Anthony Tomanini and Nathan Lennon and a niece, Sophie Lennon. He also leaves aunts, uncles, cousins and friends.

Wally was preceded in death by his step-father, George Pallis and his former wife Elizabeth (Ray) Nelson.

In lieu of flowers, please consider donating to a charity of your choice in Wally's memory. www.sansoucyfuneral.com

June had a zest for life, a fun-loving

### June I. Pikul, 92

personality and made friends wherever she went. A devoted wife, "Juney" spent many years working alongside her husband at their family business, Charlton Furniture.

Most of her life was spent caring for her home and family through decorating, cooking, flower gardening, and keeping a warm home for her family. One of her favorite past times was watching the New England Patriots, especially Tom Brady. However, what meant the most to June was her family. She was an extremely generous and nurturing woman who will be greatly missed. The family would like to thank all

of Miss June's dedicated care-takers including: Norma Mailloux, Chervl Sauriol, Judy Krupinski, Kathleen Halloran and Anna Lach and the Overlook VNA nurses.

A private graveside service will be held at Westridge Cemetery in Charlton. In lieu of flowers, memorial contributions may be made to the Oxford Fire Department, 181 Main St., Oxford, MA 01540. Paradis-Givner Funeral Home in Oxford is directing the arrangements. paradisfuneralhome.com



### CALENDAI

### Sunday November 18

"Advanced Level" Hayloft Steppers dance on Sunday, Nov. 18 from 2:00-4:30 pm (No Rounds). The caller will be Kevin Bersing. Admission is \$10 per person. For more information please ntact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@ comcast.net.

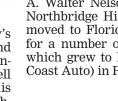
Helping Hand Society Inc. will again host a Christmas Fair from 8 am to 2pm, Saturday, December 1 at The Dodge Chapel, 81 Hammond Hill Road, Charlton. All proceeds will benefit the group's charitable commitment to the Charlton community. The always popular "Gramma's Attic" will be offered and will be brimming with donations/ bargains from our generous members.

### Saturday December 8

BREAKFAST WITH SANTA: Bay Path Education Foundation Santa Claus Pancake Breakfast at Bay Path High School, 57 Old Muggett Hill Road, Charlton on Saturday, Dec. 8 7:30-10:30 photograph Santa by Casson-Foster Photographers. Tickets are \$5, children under 5 are free. CRAFT FAIR: Holland Community Center is having their first annual Vendor and Craft Fair on Saturday, Dec. 8 from 9 a.m.-3 p.m. They are located at 40 Brimfield Road, Holland. In addition to homemade items and crafts, we will have vendors representing Thirty One bags, LuLaRoe clothing, and Paparazzi Jewelry. There will also be a ticket raffle. If you are interested in having a booth (\$25), please call Deb at the Center at 413-245-3163 or email hccevenings@ gmail.com.

through issues and ways of coping, share feelings, needs and concerns and to learn about community resources. Contact Kathy Walker at (508) 434-2551 or kawalker@overlook-mass.org for more information. Presented by Alzheimer's Association MA/NH Chapter, visit (800) 272-3900 or alz.org.

NUMISMATICS: Looking for a new hobby? Come learn about the hobby of coin collecting. Or maybe you are an old time collector. Our club, the Nipmuc Coin Club, has both. We learn from each other through our monthly guest speakers, show and tell presentations, monthly coin auctions and free attendance prizes. Our group loves to share their knowledge with each other. About half of our members also like to eat. Each month we have a simple dinner with dessert and refreshments just prior to our meeting, which allows us time to socialize too. We meet the fourth Wednesday of each month starting at 6:30 p.m. in the Oxford Senior Center located at 323 Main St. in Oxford. It is the building directly behind the Oxford Town Hall building. For more information, please contact Dick Lisi at (508) 410-1332 or lisirichard15@yahoo.com.





### Wednesday November 21

20TH REUNION: The Tantasqua Class of 1998 will hold its twentieth high school reunion on Wednesday, Nov. 21, from 7 p.m. to 11 p.m. at Altruist Brewing Company at 559 Main St. in Sturbridge. Everyone who was a part of the class of '98 is invited, and guests are welcome. Tickets are available for \$15 now, or \$20 at the door (ticket includes food from the Burrito Hut). Please email tantasqua98@gmail.com for info on purchasing tickets or with any questions.

### Saturday November 24

"Pie Night" Hayloft Steppers dance on Saturday, Nov. 24 from 8:00-10:30 pm (early Rounds at 7:30). The caller will be Darrell Sprague and the cuer will be Roy Williams. Admission is \$9 per person. For more information please contact: Moe Bracken (508) 344-3430.

### Sunday November 25

"Special Fund Raiser" Hayloft Steppers Mainstream/Plus dance on Sunday, Nov. 25 from 2:30-5:00 pm. (early rounds at 2:00) Various callers from OCCA and the cuer will be Roy Williams. Admission is \$10 per person. For more information please contact: Moe Bracken (508) 344-3430, brackenmaurice@gmail.com or Deanna Randall (413)436-7849, drandall444@comcast.net.

### Saturday December 1

CHRISTMAS FAIR: The Golden Age Club of Charlton holds its Christmas Fair Saturday, Dec. 1 at the Charlton Senior Center, 37 Main St. 8 a.m.-2 p.m. Christmas items, handmade items, baked goods, raffles, and a white elephant sale. Luncheon includes homemade chowder, meatball grinders, peach shortcake and more!

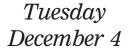
CHRISTMAS FAIR: The Charlton

Cookies by the pound, crafts, raffles and so much more. We will be introducing "chapel" sauce, a homemade and delicious addition to the fair. Please join us, share the fun, the bargains and especially to ... "HELP US TO HELP OTHERS."

LIBRARY FAIR: The 4th annual Library Holiday Craft & Gift Fair will be Saturday Dec. 1 9 a.m.-3:30 p.m. at the Charlton Public Library, 40 Main St., Charlton. All proceeds benefit the Charlton Public Library

CHARLTON ANGEL FAIR: The Charlton City United Methodist Church will host a Christmas Fair with a theme of "Angels" from 9 am to 3 pm at 74 Stafford St. on Saturday, Dec. 1. Visitors to this warm and intimate fair will find items for everyone. Grandma's Christmas Treasures, jewelry, plants, homemade wreaths, a silent auction, cookies, pies and much, much more! Coffee and donuts will be served from 9-11 a.m. followed by a lunch from 11:30 a.m. to 1:30 p.m. The church is handicapped accessible and plenty of parking is available. Any questions call the church at (508) 248-7379.

CRAFT FAIR: Need unique, one of a kind Christmas gifts? Look no further than the Holly Berry Fair at the Sturbridge Federated Church, 8 Maple St., Sturbridge, on Dec. 1 from 9:00 am to 3:00 pm in Fellowship Hall. Local artisans and craftspeople will be selling all manner of handmade items including needlework, paintings and cards, Christmas ornaments, and other surprises. Come! Enjoy hassle-free shopping while supporting local artisans and crafts people.



FRIENDS OF **STURBRIDGE** SENIORS: On Tuesday December 4 host a bus trip to see The Sicilian Tenors following a sell out concert at Carnegie Hall in New York City, are ready to bring the joy of all of our favorite Christmas Songs to you. Enjoy a delicious Luncheon that includes choice of entrees, salad, potato, vegetables, breads, dessert, coffee or tea. Trips are open to the Public. Comfortable motor coach transportation is included or it can be optional. For more information, please contact Dick Lisi at 508-410-1332 or at lisirichard15@yahoo.com.

### **ONGOING**

BUSINESS NETWORKING: Join us for a FREE Business Networking Meeting! Thursdays - 7am at Old Sturbridge Village Oliver Wight Tavern Grecian Room, 1 Old Sturbridge Village Rd, Sturbridge, For more info call Tia @ 774-200-6740

WOMEN'S BASKETBALL: Please come join us for a fun evening of exercise and basketball at the Heritage School gym in Charlton. We play pickup basketball from 7-9 PM every Monday evening from September to June based on the school schedule. There are no set teams and participation is free for women 18 years and older. Please contact Deb at 508-248-3600 for more information.

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@ gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

ALZHEIMER'S SUPPORT GROUP: third Wednesday each month, 6-7 p.m. at the Overlook Independent Living Building, fourth floor Solarium, 88 Masonic Home Road, Charlton. The intent is to build a support system, exchange practical information, talk

Free Playgroup at the Hitchcock Academy; sponsored by Union 61 Family Foundation Five Grant. It includes: Music & Movement on Wednesday 9-9:45 a.m. and Playgroup on Monday & Thursday 9-11 a.m. For more information about these and a variety of other classes visit us at www.hitchcockacademy.org or call 413-245-9977

Grief Support Group: at Overlook Hospice, Charlton: Have you recently experienced the loss of a parent, child, sibling, friend or spouse? We are here to help. Join a safe, supportive and caring group to share your stories and support others who are learning to live again after the death of a loved one. Drop-in group for adults meets on the second and fourth Wednesday of every month, 1-2:30 p.m. Contact Susan Fuller at (508) 434-2200.

THRIFTY: Saint Paul II Parish's Flea Market, at 40 Charlton St., Southbridge, is open each Monday from 9:30 a.m. to 1 p.m. and each Saturday from 8:30 a.m. to 1 p.m. Items for sale include household, linens and furniture. We also have a holiday room. Donations are appreciated. All proceeds go to the support of the church.

NUMISMATICS: Southbridge Coin Club meets on the third Friday of the month (except July and August). The doors open by 7 p.m. and the meeting begins at 7:30 p.m. Collectors of all ages are welcome. The meetings include raffle, auction, and show and tell. Light refreshments are served. The meetings are held in the community room at the Southbridge Savings Bank at 200 Charlton Rd. (Route 20), Sturbridge.

### Halloween isn't just for kids

### BY SARAH CHAMPAGNE NEWS CORRESPONDENT

The senior centers of Charlton, Sturbridge and Southbridge came together for a Halloween event at the Casaubon Senior Center in Southbridge on Halloween.

The Halloween Harvest Festival was put on by the S.A.L.T. Council, which is a group of senior citizens and police officers from the tri-community area of Charlton, Sturbridge and Southbridge.

Costumes were optional at this event, but most of the attendees showed up in costume. They didn't disappoint either; they made the most of the celebration with inventive and elaborate costumes. Some who dressed up as zombies or other Halloween classics stayed in character for a parade around the gymnasium where the event was held. Maggie the Clown provided entertainment. Representative Peter Durant stopped by to enjoy the fun as well.



Rep. Peter Durant joined the fun. Pictured with Elaine Materas, director of the Charlton Senior Center.







The Cowardly Lion from The Wizard of Oz (Cedric Flowers)



Maggie the Clown entertains the crowd.





Sarah Champagne photos

Dorothy of Oz and her little dog too (Yvonne Roberts, Peanut the dog)

A mummy wandered the Halloween event A wandering zombie approaches the living (Karen Fierro)

(Gail Stokes, Gary Showers)



A sparkly character dressed up to celebrate. A zombie and other characters were featured (Donna LaPierre)



music

Minnie Mouse has fun at the event (Shirley Gaulin)



"A Disco Zombie" (Irene Danko)



in a parade around the gym set to spooky Toto from Wizard of Oz in Dorothy's basket (A real dog named Peanut)

### Catching late season browns...and watch out for deer



The Great Outdoors RALPH TRUE

Jeff Peck and his two sons Hunter and Logan recently returned from an awesome fishing trip on Lake Ontario. They were fishing close to the famous Salmon River. The trio landed 24 fish, and this huge brown trout as shown in this week's picture. The huge male brown trout with a hooked jaw, was a great fish to catch for the Peck family. Any angler would be proud of catching a huge fish like that!!! It is still not too late to plan a fishing trip to Lake Ontario.

A number of years ago this writer and a couple of buddies caught similar brown trout at Lake Ontario in the Sodus Bay area. The largest was 21 pounds. Brown trout and steelhead are caught throughout the winter months on the Salmon River.

Local deer hunters are starting to harvest some impressive deer, and the next two weeks should see a lot of hunters bringing home venison. Local drivers are warned about the possibility of having a car deer collision during early morning and evening hours. As the rutting season becomes more active. bucks will be chasing does to breed, which will often have them crossing back roads and highways. Car deer collisions will spike during the next two weeks! Stay alert and drive safe!! Local deer hunter Noel Rabidor harvested a nice four point buck this past week with his compound bow. Nice job!!

If you own a boat and motor, for many it is time to put it into storage for the winter months. Proper care in winterizing your outboard motor requires very little effort and can save you a big chunk of change in the spring. Fogging the cylinders of the motor can be done by simply removing the spark plugs

Tautog caught by the champ, the late Steve Mercure.

and spraying a liberal amount of fogging oil into each cylinder. Replace the sparkplugs and wires. I like to start the motor for a few seconds and then shut it down. I spray a light coating of W-D40 on the electrical wires.

Draining your lower unit and replacing new oil is another easy task. New this year is a product called" Shake Away" that will deter mice from building nest in your motor. It is made for keeping mice from your home, so it should work on your outboard motor and lawn mowers. Using poisons around your home is dangerous if you have pets, as mice like to store food in

TRAINOR

continued from page ~A8

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Laugh and Live Longer: Did you ever wonder why you feel so good after a belly laugh? Laughing stimulates the production of seratonin, a natural anti-depressant. Laughing also improves lung capacity and oxygen levels in the blood. And medical researchers report laughter boosts the immune system. soak in lukewarm water to re hydrate dry flaky skin fast!

Low Flow: Did you know if you attach a low flow Faucet Aerator to your faucet you can reduce faucet water usage by about half? Aerators can save energy too, since they use less hot water. A family of four can expect to save about 280 gallons of water a month!

Win Dinner for Two at the Publick House Your tips can win you a great dinner

Jeff Peck and his sons landed this very large brown trout during a recent trip.

many places. Covering your boat with a good tarp is very important, keeping ice out of your boat for the winter months.

I like to build a wooden frame and then cover the boat. It is a lot cheaper than having it shrink wrapped every year. Be sure to grease all of the trailer wheels and spray a good amount of penetrating oil on all of the wheel nuts.

Whitinsville Fish & Game Club will hold their famous Roast Beef Dinner on Nov. 17 at the club house on White Court in Douglas. The tickets sell out fast so it would be wise to call the club to reserve your tickets.

This past week a good friend of mine passed away, and will be missed by all that knew him. Steve Mercure of Uxbridge was a great angler that caught many species of fish in his life time. He loved fishing at Lake Ontario with his friends, and had made his last trip to New York with some of his friends last year, although he had failing health.

Courtesy photos

Steve and this writer fished together many times over the years, and he was considered the Tautog Champ of saltwater by all that knew him. His secret was using circle hooks when fishing for the hard fighting fish. Steve loved his family and often went fishing with his wife and family. Our deepest sympathy goes out to his family and many friends. He will be sadly missed!

This week's second picture shows Steve with a tautog he caught this past spring while fishing with this writer. We all have great memories of our time together. Rest in Peace.

Take A Kid Fishing & Keep Them Rods Bending!!



Big Chill: Have a warm bottle of wine you want to serve right away but it should be cold? Mix water, ice and about a third of a cup of ordinary table salt in an ice bucket. In a little more than five minutes, the wine will be perfectly chilled and table ready!

Kitchen Subs: These savvy substitutes can rescue your holiday baking! No cream for a recipe? Use one cup plus two ounces melted butter for a half pint substitute. Out of baking powder? Mix one part baking soda to two parts creme of tarter. Need brown sugar? Mix one cup of regular white sugar with two tablespoons molasses!

\*\*

Water Ways: Dry, winter skin needs to be watered, and despite what you've heard about drinking lots of water to hydrate skin, experts say the best way to get water into the skin is by soaking in warm, not hot water. Try a 15 minute

### GOBI

continued from page **1** 

ers. It was encouraging for her to see young people heading to the polls in strong numbers on Election Day, and her hometown of Spencer once again helped propel her to victory.

In Spencer, Gobi topped Hall by a count of 2,670-1,819. She won all four precincts in town by at least 150 votes.

"No election is won without support. I am very grateful for the continued support I have received from the fantastic group of people who volunteer to help with campaign efforts," added Gobi, who first became a state senator in 2014.

Hall, a Sturbridge resident who leads skilled nursing facilities, mounted a strong campaign against a veteran senator but fell short in several Route 9 towns.

"This has been an amazing experience, but unfortunately we did not pull off a win," Hall wrote on his Facebook campaign page following the election. "I want to thank everyone who stood by me and supported me throughout this journey."

Looking ahead, a major focus for Gobi is continuing to support the region's small businesses. Among other projects, she will place an emphasis on mill revitalization, promoting local manufacturers, assisting with closing the skills gap, for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint! C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

and workforce training.

She will also work to continue fighting the opioid crisis. As a member of a Senate task force, she has met multiple people who have struggled with addiction or endured the losses of friends and loved ones. Gobi hopes to help strengthen consumer protection laws to hold corporations responsible for their role in the opioid epidemic. She and other local legislators will also strive to provide continued resources to first responders and increase treatment beds.

Like State Representative Donald Berthiaume and other area legislators, Gobi recognizes the need for all community leaders to do more to help seniors. Many local seniors have told her about their struggles, and she is determined to provide help.

"We can always do more to assist seniors," Gobi said during the New Leader's pre-election profile series. "They are the backbone of our towns, and within a short time all of our towns will have more people over 60 than under. I am so grateful for the work and assistance given at our senior centers."

The Worcester, Hampden, Hampshire and Middlesex District includes the following towns: Brimfield, Brookfield, Charlton, East Brookfield, Holland, North Brookfield, Spencer, Sturbridge, Wales, West Brookfield, and Winchendon, among several others. PHOTO REPRINTS AVAILABLE Call Stonebridge Press for details 508-764-4325 or drop us an email at photos@stonebridgepress.com

### TAI CHI

### continued from page **1**

Champion, doing Charlton and southern Worcester County proud by being named the best in the world in his division.

Casella called the experience a true honor after training six years in the art of Tai Chi, almost three of those years dedicated specifically to preparation for the World Cup.

"It was a pretty amazing experience going over there. I didn't know what to expect especially having begun this training almost three years ago. I knew this was going to be my biggest event and I just wanted to put all I had into it," Casella said. "Even besides the competition just seeing a whole new country and it being my first time out of the states it was just an all-around awesome experience."

Couch Karim Saunders, who has taught Tai Chi for over 30 years, said he was proud of his students who all placed in the top five in their divisions. "I felt confident in the whole team. We did a lot of training and we wanted to go over there and do well no matter what," Saunders said. "I'm very proud. These were my first athletes to compete on the world stage and they all did well. I enjoyed it tremendously especially after watching everyone train so hard. It's was an absolute great feeling."

Training for the event included a steady diet and a regimen that included four or five days of solid training in the art of Tai Chi every week. Saunders said that preparation not only helped students perfect the art, but also find a mental balance that helps them succeed beyond the world of Tai Chi.

"We started with changing our diets. Once we got that corrected, we trained a lot. The training was intense at some points, but we all worked hard. It's long hours, patience and putting on our game faces every day. One thing too it to keep our nerves at bay. You're training for a purpose and you know what that purpose is," Saunders said.

For Casella coming home was a surreal experience as well. He became somewhat of a local celebrity as a World Champion and said the attention was unexpected, but it only adds to the pride of being able to represent the region on the world stage.

"I didn't know so many people would know. Facebook I guess has a lot to do with that. I haven't really gotten used to it yet," Casella said. "When you go over there you're obviously a little nervous just as a competitor, but everyone is so friendly and welcoming. When you're out there everyone's looking to compete, but you make friends with everyone. It was a great experience."

Looking to the future Casella, Saunders and the entire Full Circle team are focused on repeating their success in 2020. They will take the remainder of 2018 to appreciate their accomplishment but come 2019 training begins to once again represent the region at the next World Cup.



From Left) Anthony Casella, Nicole Tagdell, teacher Karim Saunders, and Danielle Whitestone represented Southern Worcester County at the Tai Chi World Cup.

### FREEDOM WATCH

continued from page A13

Patrolled by police, our schools have become little more than quasi-prisons in which kids as young as age 4 are being handcuffed for "acting up," subjected to body searches and lockdowns, and suspended for childish behavior.

We're no longer innocent until proven guilty. In our present surveillance state, that burden of proof has now been shifted so that we are all suspects to be spied on, searched, scanned, frisked, monitored, tracked and treated as if we're potentially guilty of some wrongdoing.

Parents, no longer viewed as having an inherent right to raise their children as they see fit, are increasingly being arrested for letting their kids walk to the playground alone, or play outside alone. Similarly, parents who challenge a doctor's finding or request a second opinion regarding their children's health care needs are being charged with medical child abuse and, in a growing number of cases, losing custody of their children to the government.

Private property means little at a time when SWAT teams and other government agents can invade your home, break down your doors, kill your dog, wound or kill you, damage your furnishings and terrorize your family. Likewise, if government officials can fine and arrest you for growing vegetables in your front yard, praying with friends in your front yard, praying with friends in your living room, installing solar panels on your roof, and raising chickens in your backyard, you're no longer the owner of your property.

Court rulings undermining the Fourth Amendment and justifying invasive strip searches have left us powerless against police empowered to forcefully draw our blood, forcibly take our DNA, strip search us, and probe us intimately. Accounts are on the rise of individuals — men and women alike — being subjected to what is essentially government-sanctioned rape by police in the course of "routine" traffic stops.

Americans can no longer rely on the courts to mete out justice. The courts were established to intervene and protect the people against the government and its agents when they overstep their bounds. Yet the courts increasingly march in lockstep with the police state, while concerning themselves primarily with advancing the government's agenda, no matter how unjust or unconstitutional.

Americans have no protection against police abuse. It is no longer unusual to hear about incidents in which police shoot unarmed individuals first and ask questions later. What is increasingly common, however, is the news that the officers involved in these incidents get off with little more than a slap on the hands.

If there is any absolute maxim by which the federal government seems to operate, it is that the American taxpayer always gets ripped off. This is true, whether you're talking about taxpayers being forced to fund high-priced weaponry that will be used against us, endless wars that do little for our safety or our freedoms, or bloated government agencies such as the National Security Agency with its secret budgets, covert agendas and clandestine activities. Rubbing salt in the wound, even monetary awards in lawsuits against government officials who are found guilty of wrongdoing are paid with taxpayer funds

Americans are powerless in the face of militarized police. In early America, government agents were not permitted to enter one's home without permission or in a deceitful manner. And citizens could resist arrest when a police officer tried to restrain them without proper justification or a warrant. Daring to dispute a warrant with a police official today who is armed with high-tech military weapons would be nothing short of suicidal. Moreover, as police forces across the country continue to be transformed into extensions of the military, Americans are finding their once-peaceful communities transformed into military outposts, complete with tanks, weaponry, and other equipment designed for the battlefield.

Now these are not problems that you can just throw money at, as most politicians are inclined to do.

These are problems that will continue to plague our nation — and be conveniently ignored by politicians — unless and until Americans wake up to the fact that we're the only ones who can change things.

We're caught in a vicious cycle right now between terror and fear and distraction and hate and partisan politics and an inescapable longing for a time when life was simpler and people were kinder and the government was less of a monster.

Our prolonged exposure to the American police state is not helping.

As always, the solution to most problems must start locally, in our homes, in our neighborhoods, and in our communities.

We've got to refrain from the toxic us vs. them rhetoric that is consuming the nation.

We've got to work harder to build bridges, instead of burning them to the ground.

We've got to learn to stop bottling up dissent and disagreeable ideas and learn how to work through our disagreements without violence.

We've got to de-militarize our police and lower the levels of violence here and abroad, whether it's violence we export to other countries, violence we glorify in entertainment, or violence we revel in when it's leveled at our so-called enemies, politically or otherwise.

For starters, we'll need to actually pay attention to what's going on around

us, and I don't mean by turning on the TV news. That will get you nowhere. It's a mere distraction from what is really going on. In other words, if you're watching, that means you're not doing. It's time to get active.

Pay attention to what your local city councils are enacting. Pay attention to what your school

Pay attention to what your school officials are teaching and not teaching.

Pay attention to whom your elected officials are giving access and currying favor.

Most of all, stop acting like it really matters whether you vote for a Republican or Democrat, because in the grand scheme of things, it really doesn't.

While you're at it, start acting like citizens who expect the government to work for them, rather than the other way around. While that bloated beast called the federal government may not listen to you without a great deal of activism and effort brought to bear, you can have a great — and more immediate — impact on your local governing bodies.

This will mean gathering together with your friends and neighbors and, for example, forcing your local city council to start opposing state and federal programs that are ripping you off. And if need be, your local city council can refuse to abide by the dictates that continue to flow from Washington, DC. In other words, nullify everything the government does that is illegitimate, egregious or blatantly unconstitutional.

Finally, remember that when you strip away all of the things that serve to divide us, we're no different underneath: we all bleed red, and we all suffer when violence becomes the government's calling card.

Unless we can learn to live together as brothers and sisters and fellow citizens, we will perish as tools and prisoners of the American police state.

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### TRIPS OFFERED

The "Trips Offered" section is for non-profit organizations and will run as space allows. Mail your information to Trips Offered, c/o Ruth DeAmicis, PO Box 90, Southbridge, MA 01550; fax to (508) 764-8015 or e-mail to ruth@stonebridgepress.news.

#### **CHURCH PILGRIMAGE**

Pilgrimage to Italy, Holy Land, and Medjugorje

St. Joseph's Church in Charlton is sponsoring a Pilgrimage Sept. 29- Oct. 9, 2019 to Italy, Holy Land, and Medjugorje with Fr. Robert Grattatori. The cost is \$4,599; 11 days includes 4-5 star hotels, airfare, luxury transportation, and breakfast/dinner daily. A \$500 deposit is due at the time of registration. Please contact parishioner Dr. Karen Zaleski for trip details at karenzaleski42@ gmail.com or you may call Proximo Travel directly for information and to register at 1-855-842-8001, or 508-340-9370.

#### **CHARLTON SENIOR CENTER**

Call Elaine or Debra for more info at (508) 248-2231 ~ Sign up sheets & flyers available at the Senior Center. Flyers are available on webpage www.town-ofcharlton.net: click on Departments then click on Council on Aging/Senior Center. Pick up is generally from St. Joseph's Church, 10 H Putnam Road Extension, Charlton.

March 12: Celtic Angels of Ireland & Celtic Knight Dancers at Venus De Milo.

Be transported to Ireland with some of the sweetest voices under heaven! The Celtic Angels: Victoria Kenny, Emily Carroll, Tammy Browne, Amy Penston and Ellie Mullane are Irish to the core and seasoned entertainer all.

The Celtic Knight Dancers feature two lead dancers of Riverdance. Their rhythm and artistry are astonishing.

The Trinity Band Ensemble of Dublin round out the show with flawless interpretations of authentic Irish traditional instrumental and their backing of both singers and dancers is perfection. \$92 includes: lunch, show and transportation. (Driver gratuity not included). Payment due Feb. 12, 2019. Make check payable to: Best of Times

April 25: Dancing Dream an ABBA tribute band!

Be transported back to a similar time when gas was under \$1 per gallon, when music was fun, inspiring and uplifting and disco was king! Performing ABBA's greatest hits from 1973 through 1983, DANCING DREAM, the Tribute to ABBA — precisely recreates all of the excitement and passion of their record-breaking 1979-80 world concert tour. With beautiful harmonies, elaborate costumes and exciting choreography, every show is to be remembered. \$92 includes: lunch, show and transportation. (Driver gratuity not included). Payment due March 25, 2019 Make check payable to: Best of Times

is offering the following trips. For more information, call Bernard Dube at (508) 885-3098.

IRELAND: September 9-22, 2019

USA: SPLENDORS OF THE NORTHWEST: May 20 to June 4, 2019

JAPAN: March 26 to April 9, 2020

JAPAN & CHINA: March 26 to April 22, 2020

SPAIN & PORTUGAL: September 9-24, 2020

### NORTHBRIDGE SENIOR CENTER Phone: 508-234-2002

www.northbridgemass.org/council-on-aging

December 2, The Newport Playhouse presents, A Doublewide Texas Christmas. A day of food, fun, and farce! Enjoy a fantastic luncheon buffet at the playhouse followed by this hilarious comedy. After the show, you will be entertained with a Cabaret filled with songs and laughter. \$87/person, call Jeannine to sign up.

#### SOUTHBRIDGE SENIOR CITIZENS ASSOCIATION

Contact Jim Julian at the Casaubon Senior Center Monday, Wednesday, or Friday 9-10 a.m. or call (774) 922-4049 or e-mail jimtrips@yahoo.com.

Trips are open to the public! Make checks payable to the Southbridge Senior Citizens Association, payment due at sign up:

#### SOUTHBRIDGE SENIOR CITIZENS

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Payment is due at sign up. Trips are open to the public. Make checks payable to the Southbridge Senior Citizens Association.

Contact Jim Julian at the Casaubon senior center Monday, Wednesday or Friday mornings from 9-10 a.m. or call (774) 922-4049, or email jimtrips@yahoo. com

Tuesday, March 12, 2019: Foxwoods \$25 8 a.m. bus.

For \$25 You get a deluxe motor coach ride to the casino. You will have five hours at the casino to gamble or PLAY BINGO as the bus will leave Foxwoods at 3 p.m. You will receive \$10 for gaming and \$15 meal voucher.

Tuesday, April 30-Thursday, May 2, 2019: Atlantic City

You will get two nights on the boardwalk. You also get a \$25 in slot play and \$60 food credit and see two stage shows. Trolleys available. For details call Jan at 508 887 2215

Sunday, May 19, 2019: Newport rail tour.

Tour ocean drive: board the excursion scenic dinning car for a 90 minute tour along Narragansett bay. Enjoy a full course lunch on the train when you book give choice of meal - chicken Marcella or Atlantic cod. For details call Jan at 508 887 2215

### Southbridge Rotary meet four RYLAN students



Courtesy photo

#### From left to right): RYLANs William Carlson, Brian Lavoie, Rotary Chair Lynne Merceri, Mary Rutter and Bernard Amponsah.

Southbridge Rotary welcomed four RYLANs and their report on the activities they participated in this summer at the Rotary Youth Leadership Awards weekend. The Southbridge Rotary Club sponsored six students to RYLA.

RYLA encourages servant leadership in youth by recognizing and rewarding deserving 11 grade students who are chosen to attend RYLA as an "award" for their past and present leadership and service activities. These select young people attend an all-expense-paid camp where they are inspired by a diverse group of exceptional speakers, make

life-long friends through fellowship activities and discuss the ethical and social issues of today. These activities are conducted in an atmosphere of trust and respect. The result is that these students return to their schools and communities motivated to take on additional leadership roles and to find additional ways to serve.

Lynne Merceri, RYLA chair for the Southbridge Rotary Club, asked the RYLANs to recall and share an activity from the weekend. Bernard Amponsah described the "Silent Bridge" where his group had to construct a bridge without being able to talk with one another. Rutter Mary participated in a "Culture Walk," questions where were discussed

beyond superficial answers. Brian Lavoie's

others that went

helping

about





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The next trip being offered is to Mackinac Island, next June 2-8. It includes transportation, lodging, 10 meals, tour of Mackinaw City, Mackinac Island with guided carriage tour, a boat ride through the Sault Locks, sight seeing in Sault Saint Marie, a visit to Mackinaw Crossings, Admission to Colonial Michillmackinac and the Old Mackinac Point Lighthouse. Tips for driver and step-on guides are included. Games, drinks and snacks will be provided on travel days. Cost is \$650 Call Evelyn pp/double occupancy. Grovesteen for info at (508) 764-8254.

Also next year, Sept.13-21, we will be going to Nova Scotia, Prince Edward Island and New Brunswick. Included is transportation, lodging, 14 meals, guided tours of Acadia National park, Halifax, Peggy's Cove, Lunenburg, Prince Edward Island including Anne of Green Gables' home, admission to King's Landing Historical Settlement, admission to Hopewell Rocks, and a visit to St. John. Tips for driver and step-on guides are included. Games, drinks and snacks will be provided on travel days. Cost is \$1065 pp/ double occupancy. Call Evelyn Grovesteen for info at (508) 764-8254

#### LEICESTER SENIOR CENTER

Contact Leicester Senior Center, Joan Wall, (508) 892-3967 for information and reservations.

Friday, January 18: Trip to Foxwoods Casino. Bus leaves at 8 a.m.; cost is \$30. Free buffet and \$10 in free slot play.

Friday, February 15: Trip to Foxwoods Casino. Bus leaves at 8 a.m.; cost is \$30. Free buffet and \$10 in free slot play.

Friday, March 15: Trip to Foxwoods Casino. Bus leaves at 8 a.m.; cost is \$30. Free buffet and \$10 in free slot play.

#### MARY QUEEN OF THE ROSARY PARISH

SPENCER — Mary Queen of the Rosary Parish, 60 Maple St., Spencer,

Sunday, June 16, 2019: Gloucester Beaufort Princess cruise.

Board the ship for a New England clam bake including clams, lobster chowder, barbecue chicken and more; finish with chocolate mousse. Cruise the harbor for 2 1/2 hours with music on board. Visit the Salem visitor center and shops. For details call Jan at 508 887 2215

Tuesday, July 23, 2019: Mohegan Sun \$25 10 a.m. bus

For \$25 you get a deluxe motor coach ride to the casino. You will have five hours at the casino as the bus will leave Mohegan Sun at 4 p.m. You will receive \$10 for gaming and \$15 meal voucher.

Thursday, August 22, 2019: Diamonds and Pearls the ultimate tribute show.

For \$95 you will get a deluxe motor coach to Lake Pearl in Wrentham where you will hear the music of Neil Diamond, Carol King, Janice Joplin and more. You have a choice of baked stuffed chicken or scrod

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exercise was a simulated plane crash with group members assigned different injuries and had to overcome an obstacle course to be rescued.

William Carlson related how they all learned real leadership was more than giving directions but working with others to accomplish shared goals.



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TO APPLY: Apply in person or send a letter of interest and resume by mail or electronically to:

William F. Chaplin – Principal Shepherd Hill Regional High School 68 Dudley Oxford Road Dudley, Massachusetts 01571 508-943-6700 wchaplin@dcrsd.org **4** • THE VILLAGER • Friday, November 16, 2018





WERSTER LAKE - 60 Bates Point Rd! Middle Pond! Absolute Prime 52' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Panoramic Lake Views! 8 Rms, 3 Bdrm, 2 Baths, A/C'd, Ranch! Custom SS Applianced Granite Kit! Din Rm Irdwds & Slider to Waterfront Deck w/Awning! Lake Facing Frolc Liv Rm w/



SOLD SOLL WEBSTER LAKE - 7 Point Pleasant Ave! Panoramic Lake Views! Eastern Expo! Super Sunrises! Lot! 2,300' Custom Contemp Colonial! Built 2015! Like New! Open Flr Plan! Custom 5000 EVEN DOL 2000 Classific Contemp Contains During 2015 Lake rever Open in Franc Caston Containe Sitt Workand, Stainless Asplaineces, Cast Range, Soft Close Cohinets & Receesed Lightsl Spectacular Lake Facing Great Rm, Stone Gas Frplc Surrounded by Custom Cabinetry, Recessed Lights & Ceiling Fan! Dining Area w/Custom Ceiling! Full Bath w/Granite Vanity & Custom Tile

ON DEPOSIT

WEBSTER LAKE - 194 Killdee WEBSTER LAKE - 12 Kenneth Ave! Island! North Pond Views! Sandy Shore! 6 Rm Cape! Open Liv & Din Rm w/Newly Restored Fireplace! New Lake Facing Windows! 2 1st FIT Bdrms, 1 Lake Facing 2 Padmet 2 Understed Pathemet! Understed South Pond! 5 Rm Ranch! 80' Waterfront Completely Remodeled 10 Yrs Ago! Kraftmaid Cabinet Kit w/Island & Sileste

vEDSILK LARE – 104 Treasure Island! 1,874 Townhouse! Oak Cabinet Kit wBreakfast Counter! Formal Din Rml Frplc Liv Rml Screened Porch1 1st Flr Master wWalk-in Closet & Bath! 2.5 Baths! 2nd Level w2nd Master Bdrm & Baths! Recent (/Air! Attached Garage! 2

Boat Slips! Heated Pool! Sandy Beach! \$324,900.00

Cathedral, Skylight & Hrdwds! Comfortable Master Bdrm! Frplcd Lower Level Fam Rm! 2 Car Garage!



NEW PRICE WEBSTER LAKE - 202 Killdeer Island Rd! Panoramic View of North Pond! Natural Sandy Shoreline! Complete Rebuild Since

WEBSTER LARE – 2/02 Kulldeer Island Kdl Panorame View of North Pondt Potul Yatural Sandy Shorelinel Complete Rebuild Sunce 2002 (Louston Center Island Applianced Granite Kitchen wWalkin Panty, Recessed Lighting, Hardwoods & Li 2 Bathl Open Floor Plan! Dining Rm wWindow Seat, 2 Closets & Hardwoods! 19X19 Lake Facing Living Rm wHardwoods & 2 Sliders to Deck wRecent Awning! Upstairs to 4 Bedrooms or 3 Plus Office! Lake Facing Master wCathedral Ceiling, Walk-in Closet & Master Bath w/Tile Floor Huge Corner Shower WSeat, Double Linen Closet! Pull Hall Bath Hallway Laundry Closet! Lake Facing Walk-out Lower Level Family Room, 2 Sliders to Patio! Full Bath! 3.5 Baths Total! 4 Zone Heat & 2 Zone C/Air only 2 Years Old! Start Packing! **\$629,900.00** 

Updated Tile Baths! Central Air! Garage! \$239,000.00

Lake Views! Spacious Kit & Dining Area! 2 Baths! 55' of Sandy Beach! \$475,000.00



WERSTER LAKE – 8 Reid Smith Cove Road! Panoramic Lake Views! West Expol Super Sunsets! 9,688' Lot! Gently Sloping! 2,254' Custom Contemp Cape, Built 09 as 2nd Home, Like New! Open FIr Plan! Spectacular Lake Facing Great Rm w17' Ceiling, Recessed Lights, Sliders to Trex Deck, Stone Gas Frple, Surround Sound & Gleaming Hrdwdsl Granite Kit w/Isl, SS Appliances, Soft Close Cabinets, Hrdwds & Recessed Lights! 1st Flr Master w/Tile Bath, Whirlpool Tub/Shower, Dble Sink & Linen Closet! Upstairs Sitting Area Overlooking Grand Rm wLake Views! Hrdwd Hall to 2 Bdrms wRecessed Lights, Ceiling Fans & Dibe Closets! Full Bath & Linnen Closet! Lower Level Walkout Fam Rm w/Tile Ftr, 10' Ceilings, Recessed Lights, Ceiling Fans, Stone Gas Pripe, Surround Sound, Wet Bas & Sitlerf Full Bath w/Tile Ftr! Utility Rm wLaundry & Storage! Nice Docks! Get Packing! **\$724,900.00** 

Shower! Laundry Rm! "Wood Look" Title Floors throughout the First Floor1 2nd Fir Features 3 Comfortable Bdrms w/2 Being Waterfront! Lake Facing Mane wilfords to Dock, Hrdwst, Recessed Lighting, Wali-m (Loset & Bdrim Access) Lake Facing Bdrm wilfrdwis, Diel Coset & Door to Deck! Ard Bdrm wilfrdwis & Diel Closet! Pail Hall Bath wDiele Granite Vanity & Tile Firl (Zhri Gas Heatt 24x30 2 Story Detached Grange: Dock! Get Packing! **3739**, 900.00



WEBSTER LAKE - 810 Beacon Park! 5 Rms. 1.100' Garden Unit! Fantastic Lake Views! 2 Bdrms! Master Bath! 2 Full Baths! Brand New Heat & A/C Unit! Appliances Din Rm w/Bay Window! Large Covered Patio & Manicured Courtvard! Garage! Lakeside Pool! Sandy Beach! Best Seat for July 4th Fireworks! **\$259,900.00** 

Counters! Bamboo Wood Flrs Throughou 3 Bdrms! 2 Updated Bathrms! Huge Composite Deck w/Vinyl Rails! Walk-out Lower Level to Courtyard! Garage Under! \$559,000.00 Open Flr Plan! Composite Deck! Lake Facing Master! 2 Bdrms! Full Bath! Fam Rm! \$399,900.00

SOLD



WEBSTER LAKE - 602 Treasure Isl! Townhouse! 6 Rms! 1.874'! Hrdwd Floors! Applianced Granite Ki! Open FIP Plan! 2 Bdrms Master Bath w/Whirlpool Tub, Separate Shower & Bidet! 3 Baths! Frplcd Fam Rm! CAir! Gas Heat! Trex Deck! Recent Windows/Doors! Garage! 2 Boat Slips! Heated Pool, Sandy Beach \$334,900.00



ortunity to Finally Own Your Own Webster Lake Waterfront ne Location, 5,697+/- SF Lot, 50' Rd & Water Frontage at a Siret Pricel Contemporary Ranch offers 996-/- SF of Iving area w/2 BRs & uill bath. Plus, convenient, indoor access to Walkout Lower Level w/tremen-uous potential for additional Iving area. Main level features Open Floor Plan Wysliders to full front dexk Spectacular Westerly views across Middle Pondl Viditional land & Shore frontage available. 3345,000 only limited by your imagination. The 3700 SF+/- Mid-Century Modern Home is unique w/massive modern windows that invite your eyes to venture outside to spectacular 180 panoramic views across the lake to stunning Western sunsets and beautiful natural shoreline beyond! Relax & Entertain in the tiled, stone fireplaced family rm, wet bar w/sliders to an enormous outdoor patio! The house features a 36'+/- open concept combination living/dining area with a stone fireplace, an open stainway & interior 2nd ftr balcony wiaccess to 5 spacious BRs that overlook the rooms below. A 30x52+/ deft garage w/summer kitchen, 1/2 bath & huge **fireplaced patio!** Family ownened gem for **6**/<sub>9</sub>/ears! **\$1,495,000** 

A DE LA CALENCE DE LA CALENCE

**ON DEPOSIT** 

100



WEBSTER LAKE at BEACON PARK! TOWNHOUSE overlooking the COURTVARD 1230 SF.4/, Open Concept Living/Dining FIRE-PLACE & PRIVATE DECK. Freshly painted rooms, updated applianc-es. Upper level has 2 SPACIOUS BRS including a MASTER SUITE w/ SKY-LIGHTED, PRIVATE BATH, 2nd BR w/lg walk-in closet, 2nd full bath! ENJOY LAKE LIVING on the most desired lake in Central MA at an AFFORDABLE PRICE! \$264.900.

1st Time Offered in Reid Smith Cove, Spectacular 3700+/- SF, 13 Rm/4.5 Bath Lake Home, Uniquely Designed for Lake-Style Living! Private Setting, Ideal Location. 68 Acres, 92' of Natural Shoreline, Prof. Landscape, Multiple Decks, Lakeside Cabana, 3 Mstr BR Suites w/Elegant 1st Fir Mstr - all w/Private Baths, Finished Multiper J, Bulking & Bulking Den & Sciencer Finished Walkout LL w/Living & Billiard Rms & Summer Kitchen! Call Sharon at 508-954-7222 for More Information \$1,150,000







### BERKSHIRE New England HATHAWAY Properties HomeServices

**Top Selling** 

Agent

Peter Baker

860-634-7298

#### OPEN HOUSE SAT 11/17 11:45-1:00 OPEN HOUSE SAT 11/17 1:15-2:45

#### Eastford \$310,000 NEW PRICE Woodstock \$1,390,000





Pristine Eastford home, frontage on year-round babbling brook. 4 BR, 2.5 BA, granite kitchen, expand bonus room. John Rich 860-315-2615



#### Wonderful Antique Colonial with 182 acres, pastoral views w/ 4+ miles of wooded trails. Unique open concept, 3 story barn. The White/Cook Team:

Woodstock \$582.000

Seller says "SELL"! Country living

w/an ideal solution for any families

w/aging parents, a parent requiring

a live-in aide, or an Au Pair.

The White/Cook Team:

### Willington \$349,900





Location! 2,696 SF commercial space for lease with ample parking. Convenient to I-395. Vivian Kozey 860-455-5363







Spacious Raised Ranch home w/4 BR & 4 car garage on 2.59 private acres. Lower level w/ possible in-law- BR, full kitchen, & BA. Vivian Kozey 860-455-5363



Putnam \$400.000 This lot includes a rustic cabin that is occupied by the owner. The property abuts commercially zoned property &is near route 44 & 395. The White/Cook Team: Charlotte 860-931-6006



OPEN HOUSE SAT 11/17 9:00-10:00

93 Barber Road Woodstock \$425,000 Stunning home on 18.24 acres of beautiful land. 1st floor master, hardwood floors throughout. Location is private, quiet & peaceful. John Downs 860-377-0754

Tolland \$299,900

Pride of ownership shines in this

4 BR. 3 BA over-sized Raised Ranch

in a private country setting.

This is a must see!

Vivian Kozey

860-455-5363

Woodstock \$319.900

11

Move-in ready. Complete updates to

1890 farmhouse. 2.6 acres, 1st floor

master and bath. 3 BR, 2 BA total.

John Rich

860-315-2615

STREET,



OPEN HOUSE SAT 11/17 10:15-11:15

906 Route 198 Woodstock \$350,000 Three BR plus bonus finished room over the garage & finished basement space with walk out. Direct waterfrom on Keach Pond. John Downs 860-377-0754

Pomfret \$275,000

Private 3 acres Custom Ranch

1,478 SF. FP in living room,

dining room, 3 BR, 2 BA,

wood stove, 2 car garage.

For sale or rent.

Mary Collins

860-336-6677

Ashford \$189,900

860-455-5363

130 Orchard Hill Road Pomfret \$460,000 NEW PRICE Enjoy comfortable & spacious living in this bright, modern, 5 BR, 3.5 BA home. 3 beautiful floors of living space located on 5 acres. John Downs 860-377-0754

**Top Listing** 

Agent

Mary Collins

860-336-6677



73 Azud Road Thompson \$233,000 NEW PRICE Please visit this comfortable 3 BR & 2 BA home located on a private 5.37 cres. The home features a unique floo plan, private 2nd floor master suite. John Downs 860-377-0754

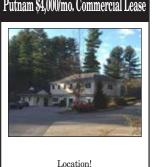
The

Gosselin Team

860-428-5960





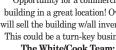






Opportunity for a commercial building in a great location! Owner will sell the building w/all inventory. This could be a turn-key business. The White/Cook Team: Diane 860-377-4016







Pristine townhouse style Condo in a 55 & over adult community set in a lovely country setting. Mary Collins 860-336-6677

Woodstock, CT 860-928-1995 bhhsNEproperties.com



### RE&THE Local Events, Arts, and **Entertainment Listings**

#### **FRIDAY, NOVEMBER 16**

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7-10 p.m. in the bar WIBBLE 308 LAKESIDE 308 East Main St. East Brookfield, MA 774-449-8333

### **SATURDAY, NOVEMBER 17**

9 p.m. THE SARAH ASHLEIGH BAND 308 LAKESIDE 308 East Main St. East Brookfield, MA 774-449-8333

#### FRIDAY, SATURDAY, SUNDAY NOVEMBER 23, 24, 25

COUNTRY FOLK ART CRAFT SHOW STURBRIDGE HOST HOTEL AND CONFERENCE CENTER 366 Main St., Sturbridge, MA Friday 11-6, Saturday 10-5 Sunday 10-4 Admission \$7 - handstamp admits all 3 days Discount coupons available at countryfolkart.com

#### **FRIDAY, NOVEMBER 23**

7-10 p.m. in the bar 11 ON THE OUTSIDE 308 LAKESIDE

308 East Main St. East Brookfield, MA 774-449-8333

#### **SATURDAY, NOVEMBER 24**

PANCAKE BREAKFAST 8-11 a.m. BROOKFIELD ORCHARDS 12 Lincoln Rd., North Brookfield, MA



### **THURSDAY, NOVEMBER 29**

5:30 - 7:30 p.m. LADIES' NIGHT Free raffles from local businesses & in store baskets Wine (must be 21 years or older) Refreshments Free gift certificates to the first 50 people Fill out a wish list CORMIER JEWELERS & ART GALLERY

136 Main St., Spencer, MA 508-885-3385

### **FRIDAY, NOVEMBER 30**

7-10 p.m. in the bar ROB ADAMS 308 LAKESIDE 308 East Main St. East Brookfield, MA 774-449-8333

#### **SATURDAY, DECEMBER 1**

13th Annual ST. JOSEPH PARISH CHRISTMAS BAZAAR 9 a.m. - 2 p.m. St. Joseph's Parish Center 68 Central St., Auburn, MA Raffles, jewelry, baked goods, toys, knits, plants, attic treasures, collectibles, holiday items, unique finds

CHRISTMAS CRAFT & VENDOR FAIR MARY QUEEN OF THE ROSARY PARISH CHURCH HALL 9 a.m. - 3:30 p.m. Several vendors, lots of crafts, raffle baskets, cash raffle. Cookies, café with homemade meatball subs, Hot dogs, chips, beverages. Santa's Kids Workshop (for children K-3) Dime Store Delights, Mary's

### PICTURES WITH SANTA AT KLEM'S

10:00 a.m. - 3:00 p.m. Children and pets welcome! With a \$5.00 donation KLEM'S 117 West Main St., Spencer, MA 508-885-2708 (Ext. 104) www.klemsonline.com

7 Church St., Spencer, MA

4th ANNUAL HOLIDAY

Treasure Chest

CRAFT & GIFT FAIR 9:30 a.m. - 4:00 p.m. To benefit the Charlton Public Library Location: Charlton Public Library 40 Main St., Charlton, MA \$2.00 donation; 18 and under free



### **SUNDAY, DECEMBER 2**

SALON SUPERIOR OPEN HOUSE 12-4Free raffles for baskets, gift

certificates, door prizes, giveaways Refreshments Come see our brand new salon 1497 Main St., Leicester, MA

ONGOING

MARIACHI BAND First Thursday of the month 5-8 p.m. MEXICALI MEXICAN GRILL Webster location 41 Worcester Rd., Webster, MA 508-461-5070



ROADHOUSE BLUES JAM Every Sunday, 3:00 - 7:00 p.m. CADY'S TAVERN 2168 Putnam Pike, Chepachet, RI 401-568-4102



### THE COUNTDOWN **Black Friday ΨΙΝΟΥ** SALES EV



### Our special discount and best financing of the year end ON Black Friday.

To help protect your home against leaking and cold drafts, strong windows and patio doors will be one of the most important home improvements you can make **BEFORE** the winter.





November 1<sup>st</sup> to November 23<sup>rd</sup> only!

Buy 1 window or patio door, 40% OFF<sup>1</sup> get 1 window or patio door

Minimum purchase of four.

Plus, don't pay a thing for two years

### for **2** full years<sup>1</sup> Monthly Interest Down Payments

Interest accrues from the purchase date but is waived if paid in full within 24 months.



### We won't let new windows impact your holiday spending.

Why? Because you won't pay anything until November 2020. Breathe easier this holiday season with no money down, no monthly payments and no interest for two whole years.1

### Don't take a chance on a vinyl window.

Vinyl windows can warp, leak and cause drafts, so trusting a poor-quality vinyl window is a poor choice. Our window's Fibrex® composite material is twice as strong as vinyl.

### You've got enough on your plate this time of year; we've got this.

We handle the entire process—from selling to installation to the warranty on our windows and patio doors; that means there's no middleman to deal with, and as the full-service replacement window division of Andersen, we're about as trustworthy as you can get.





WINDOW REPLACEMENT

an Andersen Company

The Better Way to a Better Window™

There are limited appointments available Call for your FREE Window and Patio Door Diagnosis

DETAILS OF OFFER: Offer expires 12/1/2018. Not valid with other offers or prior purchases. You must set your appointment by 11/23/2018 and purchase by 12/1/2018. Buy one (1) window or patio door, get one (1) 40% off for your entire project and 24 months with no money down, no monthly payments, no interest when you purchase four (4) or more windows or patio doors between 10/28/2018 & 12/1/2018. Discounted windows and patio doors are of equal or lesser value. Subject to credit approval. Interest is billed during the promotional period but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky\*consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available only at participating locations. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. @2018 Andersen Corporation. All rights reserved. @2018 Lead Surge LLC. All rights reserved.



ANGLE IRON CUTTER For Shelving 4W296, HK Potter 2790. Normally Sells For \$700. \$50 OBO. Call 5pm-8:30pm, (508)867-6546

Beautiful Southwestern style

Beautiful Southwestern style sectional sofa, gently used, L- shape 112" x 86" Please call to set up time to view 508-885- 9962. \$150 firm. BUNK BEDS, black (youth) with mattresses (includes like- new bedding) \$350. Other furni- ture also available. Call Pat 508- 949-9049 COFFEE & TWO END TA- BLES- Cheny finish w/glass tops. Very good condition. \$125 Call 508-735-2560 Couch, 84 inches long. Dark red fabric with pillows, good con- dition. \$150. 508-410-5167	230/460V 1740RPM, 184T Frame/TEFC \$100. 5HP, 230/460V 3495RPM, 184T Frame/TEFC \$100. 4 Motor Speed Controls Hitachi J100, 400/460V Best Offer. Call 5pm- 8:30pm 508-867-6546 <b>MOVING - MUST SELL</b> 3 piece electric reclining living room set, brown. \$300 free- pedestal table w/4 chairs 508- 612-6485	<ul> <li>(18"-22" Tall) 10 for \$99. New England Fieldstone Round/Flat, Excellent Retaining Wallstone. \$28/Ton</li> <li>(508) 278-5762 Evening</li> <li>TWO DRESSERS best offer. Custom made parlor cabinet, \$1500. Glass door hutch - best offer. John Deere snowblower (like new) \$700 - must be seen! Call for appt. 774-507-6315</li> <li>TWO SOFA TABLES: ONE DARK OAK w/ Shelf Under- neath \$125. ONE MAHOGANY COLORED \$100. Both Very Good Condition. Can email Pic- tures. (774) 239-3006</li> <li>TWO USED RECLINERS, \$75 each. Dishwasher, bought new, never used, \$225 or best offer. 508 764 2657, placea, bazin</li> </ul>	265 FUEL/WOOD CORD WOOD - Seasoned, cut, split, delivered. \$250 a cord. 508-826-3312, 508-344-9214 FIREWOOD: Cut, Split & Deliv- ered. Green & Seasoned. Wood Lots Wanted. Call Paul (508)769-2351 <b>281 FREE PETS</b> <b>FREE TO GOOD HOMES -</b> rescued, older kittens (17 weeks) black short-hair fe- male, gray short-hair male, and black & white short-hair female. All kittens have been spayed/ neutered. Need pa- tient, quiet homes, no dogs. Dudley. 774-200-8776	<ul> <li>Wanteb: 24' Pontoon Boat &amp; trailer (used). Webster area.</li> </ul>	HELP WANTED DRIVERS WANTED 20 hours a week, split shift. Driving spe- cial ed children to school in Spencer, Leicester and Worces- ter areasCall: 508-885-5778 or: 508-885-5788 <b>3255 PROFESSIONAL</b> HELP WANTED BASED IN North Brook- field: Home Every Night. Class A Driver And/Or Gen- eral Mechanic For 18-Wheel Trait Tucks	with craft room or office, near I- 84. No smoking or pets, stove and fridge included. \$800 a month. <b>508-347-9804</b> . <b>546 CEMETERY LOTS</b> <b>Pine Grove Cemetery,</b> Whitinsville. Double plot for sale, lower than the going price. Yew Avenue. Call owner <b>774-602-</b> <b>8211</b> WORCESTER COUNTY MEMORIAL PARK: Garden of Faith, Paxton, MA. 2 LOTS FOR SALE. BUY ONE FOR \$2500. GET 2nd LOT FOR	Local News
red fabric with pillows, good con- dition. \$150. 508-410-5167	excellent condition. 508-892- 3998, 508-723-4452 *****	never used, \$225 or best offer. 508-764-3567 please leave message		trailer (used). Webster area. 617-750-0969	Contact H.R. Salem Transport, LLC.(800) 262-9081		FOUND HERE!

CANOE - 17' GRUMMAN

Call Sue 860-412-9632

ALUMINUM, flat bottom. Ideal

for fishing and family fun. \$850.

**265 FUEL/WOOD** 

**GOLD & SILVER ITEMS** 

Specializing in NUMIS-

MATIC COINS, Bullion

Items, gold & silver of

anv form! Qualified with

over 30 years experience



### **700 AUTOMOTIVE**

### **725 AUTOMOBILES**

1971 Chevy Impala Convertible 400 2 barrel carb with 89,000 miles, 1 owner, runs smooth, new top in 2012, asking \$8,000 or best offer 508-885-6878

1987 BMW 325i Convertible. red with black leather interior. 153.000 miles and in good condition. no rust. newer top. needs a tune-up. \$4100 or B/O, Adam 508-735-4413

1998 Mercedes Benz SL500 convertible and removable hardtop. Red to keep you young! Perfect condition. \$14,000 508-885-6988

2002 BMW 525iA. \$3995. Call Ray for more details. 508-450-5241

725 AUTOMOBILES

51x32 RO \$200. THERMATRU

DOOR 36-80 Left Hand Inswing

Full View with Grill \$185 or best

MOTORS: 1/2HP 230/460V

1725RPM, 56 Frame \$30. 5HP,

offer. (508) 892-9595

TREES/FIELDSTONE:

Trees-Evergreens, Excellent

Privacy Border, Hemlocks-

Spruces-Pines (3'-4' Tall) 5 for

\$99. Colorado Blue Spruce

(18"-22" Tall) 10 for \$99. New

**725 AUTOMOBILES** 

2012 Subaru Legacy, 37,000

miles, all-wheel drive, remote

starter, like-new condition,

2012 TOYOTA RAV4- 79,000

miles. Well-maintained, 3rd row

Want to Place

a Classified Ad?

Call 800-536-5836

F250 work truck, 2012, RWD,

71K, equipped with aluminum

flatbed with fold-down sides. Re-

cent brakes, battery, ac com-

pressor, tires, 10 ply. Ready to

work. 10,000 GVW. \$17,000

508-943-1941 or 508-320-2765

\$7500.508-688-7666

\$12,000 508-885-6988

seats, black, one-owner,

\$11,000.508-688-7666

2001 CAD EL DORADO TC 72,000 miles. Must see! \$11,000 7 Hartley Street, Webster. Mass 2007 TOYOTA COROLLA S

\$3995. Call Ray for more info. 508-450-5241 2008 Hyundai Veracruz GLS

Blue,159k Runs great! \$4800

508-347-1224

2008 NISSAN ROGUE SAWD well-maintained, runs, drives, everything works well, passed safety inspection. 126K miles. Very solid in snow. Black interior, brand-new brake pads, front & back. \$4400 774-232-9310

2010 MAZDA M3 iSV. \$6800. Call Ray 508-450-5241

2011 DODGE CHALLENGER: 305 hp V6 SE auto w/slap stick Mango Tango w/black strips 59,000 miles, Loaded, remote start. \$14,500. 508-864-1906

### **725** AUTOMOBILES

2011 SUBARU OUTBACK -**RED 1971 MUSTANG MACH** 136,000 miles, great shape, reg-1 in good condition. 302 engine ular maintenance, roof rack, with automatic transmission. trailer hitch, back-up camera. Lots of new parts. Call Eric at 508-987-2628. Serious buyers only

### 740 MOTORCYCLES

1991 HARLEY DRESSER: 55,000 Miles. Runs Great! \$4,500 or Will Trade for Car of Equal Value. BASS BOAT 16 1/2ft LUND Very Good Condition! MANY EXTRAS \$3,750 O.B.O. Call for Info (508) 943-5797, Cell (508) 353-9722

Need to Place

a Classified Ad? Call 800-536-5836

2002 HARLEY DAVIDSON ELECTRA-GLIDE FLHT 38.340 miles, asking \$6,000 508-277-8745

Need to Place a Classified Ad? Call 800-536-5836

Has all options-hardbags, windshield, custom seats/exhaust, backrest, floor-boards. 20,000 well-maintained miles. Great

740 MOTORCYCLES

2005 YAMAHA V-STAR 1100

### 740 MOTORCYCLES

ADVANCED BEHAVIORAL HEALTH

311 PART-TIME

CLASSIC, PEARL-WHITE BMW MOTORCYCLE, rare looking & performing bike. \$3500 OBO 774-289-4550 Local

miler!

508-943-1790 or ndc0001@charter.net

Want to Place a Classified Ad? Call 800-536-5836

K75 (4-stroke in-line 3 cyl motor), 1995. Mileage 10,800 (tires have about 1K wear) color: silver (#705). Asking \$5,200. Accessories: 3rd generation saddlebags with keys and insert bags, tail rack, Monoshock upgraded to YSS dialed to 250 lbs. Adjustable all documents. Original toolset and bike manual. OEM windshield, Corbin low seat, Trickle charger, heated handgrips. This bike was stored in a garage for many years and is in like-new condition. Cruises between 60-80 with no effort and accelerates 0 to 60 in 4.5 seconds. A true 3-season

745 RECREATIONAL

VEHICLES

2007 TRAVEL WILD RV Auto,

White, ONLY \$8,995. Herb

Chambers Toyota of Auburn,

809 Washington Street, Auburn,

2016 RIVERSIDE TRAVEL

TRAILER RETRO WHITEWA-

TER MODEL 195 bought new,

used twice in new condition w

extras; must give up camping.

750 CAMPERS/

TRAILERS

5TH -WHEEL HITCH, 1 yr old,

for Chevy or GMC, \$700, Chevy

5th-Wheel tailgate, good condi-

tion \$200, 5 trailer tires 235/

80/16R on mag wheels, like

new \$800 Marc 508-847-7542

Asking \$13.900 860-779-3561

MA (877) 906-1649

### 760 VANS/TRUCKS

flex week at The Manhattan

Club in New York located

across from Carnegie Hall.

Great buy; illness forces this

sale. Asking \$7,000. For details

508-248-5123

2006 Ford E150 Van, good condition. 65,952 miles, \$3,300 Call 508-765-4738 x 322

### **765 HEAVY EQUIPMENT**

1997 BOBCAT 763 skid steer loader in great condition. 1800 hours, 46hp. Auxiliary hydraulics \$2100.617-706-6736



SNOW PLOW, Myers, 61/2' all controls and lights, great condition. Can be seen at Old Cider Mill. Rt. 9. West Brookfield or call 774-232-9382



News

**505 APARTMENTS FOR** 

Rent

STURBRIDGE - 1 bedroom



<sup>^</sup>All payments reflect a qualifying rate of 3.99% for 75 months tax, title, reg, doc fee, and inspection are additional. Must qualify for financing terms. Final Payment reflective of credit history. All vehicles come with a CARFAX buy-back guarantee!





### **Join Our Family of SATISFIED Customers!**

Valid on Sunrise and Essentials Models. 4 window minimum, excludes labor. Full purchase price must be paid in full within 12 months of installation date. Subject to credit approval of \$3500. Offer ends 11/30/18.





Auburn News •Blackstone Valley Tribune Spencer New Leader • Southbridge News Sturbridge Villager •Charlton Villager Webster Times

### Ladies' Night Thursday, November 29th~ 5:30pm-7:30pm

*First 50 people will receive a Free Cormiers Gift Certificate Over \$1200 will be given away!* 

> Ladies: Fill out a wish list and enjoy free refreshments \* Wine served. Must be 21 years or older \*\* Store will be closed for set up from 5-5:30pm

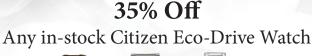
Free raffles from local businesses & in-store baskets

### BLACK FRIDAY AND SMALL BUSINESS SATURDAY

Wind & Fire Bracelets **Buy 3 Get One FREE** 

Night







From Nov. 23- Dec.24 earn Cormiers Cash towards your next New Purchase\* \*See store for details

FRI., NOV. 23rd • 10AM-5:30PM & SAT., NOV. 24th • 10AM-4PM

### Join Us for Follow Up Ladies & Gents Night

The stockings are hung. The wish lists are done. Join us at Cormier Jewelers for a sequel evening of fun!

Thursday, December 13th • 5:30-7:30pm



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Some items are one of a kind floor samples.\*No orders will be taken on these items. Floor Sample Clearance items are sold on a first come first serve basis.

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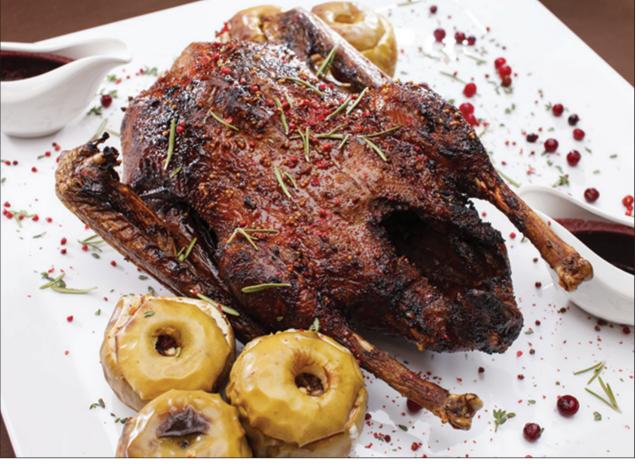
### THANKSGIVING

## Host a turkey-free Thanksgiving (And other meal ideas inspired by the first Thanksgiving)

Low in fat, high in protein and an inexpensive source of iron, zinc, potassium and B vitamins, turkey makes a healthy addition to a person's diet. Turkey also tends to be the star of the show on Thanksgiving and other holidays. Even though turkey can be a delicious addition to any holiday table, some people prefer to buck Thanksgiving tradition from time to time and divert focus from the golden gobbler.

Even though turkey may be synonymous with Thanksgiving, hosts and hostesses should not shy away from serving something different. In fact, turkey may not even have been on the menu for the first Thanksgiving.

Thanksgiving dates back to New England in November 1621, when newly arrived Pilgrims and the Wampanoag Indians gathered for an autumn harvest celebration. It's reported that pilgrims went on a "fowling" mission in preparation for the threeday feast. Although wild turkey was plentiful in the region, ducks, geese, passenger pigeons, and swans were commonly consumed. Historians at Smithsonian say documents refer to wildfowl and venison as foods appearing at the first Thanksgiving, but turkey was not mentioned.



Thanksgiving goose? This may have been a more likely option at the first Thanksgiving than the turkey enjoyed today.

Home chefs can take a cue from those first pilgrims and choose less traditional offerings this Thanksgiving. The following are some ideas that are reminiscent of the first Thanksgiving.

• If the flavor is more palatable, don't hesitate to select another bird to grace the Thanksgiving table, such as a goose or even a chicken. Some people find turkey meat to be too dry, despite all of the different preparation methods. Chicken or goose may be more well-received and just as versatile.

• Don't overlook the possibility of serving fish and other seafood. Colonists and the Wampanoag probably ate eel, lobster, clams, and mussels. Fish can be dried, smoked and preserved.

• Replace wheat-based recipes with those made from cornmeal, as maize was more likely available during colonial time than wheat.

• Forests provided chestnuts, beechnuts and walnuts, so a platter of nuts paired with cheese or fruit also can make a welcome addition to the table. Nuts also can be ground and used in baked goods or flavoring for Thanksgiving desserts.

• Pumpkin and squash were plentiful in colonial

times, and this is why these gourds are often included in Thanksgiving meals and decor. The flesh of a pumpkin or squash can be turned into casseroles or used to make quiche.

traditional Α Thanksgiving meal for the early settlers would not have included potatoes. White potatoes originated in South America and sweet potatoes in the Caribbean. At the time of the first Thanksgiving, these would not yet have been introduced, as white potato patches in North America were not established in the region until 1719, according to the potato resource Potato Goodness.

• Because colonists did not have wheat flour and butter to make flaky tart crusts, pumpkin pie was not on the first Thanksgiving menu. In lieu of pumpkin pie, hosts can experiment with moist loaf breads or muffins made with pumpkin.

The average Thanksgiving dinner table today looks quite different from the one the Wampanoag Indians and Pilgrims gathered around centuries ago. Families can stick closer to history and tailor their meals for a touch of something different this year.

Between the Farm and Your Table: The Finance Behind Your

### Benefit from nutritious turkey even after Thanksgiving

turkey is only 161 calories and contains just

Holiday Dinner

**Futures**Fundamentals



The prices of agricultural futures depend on a number of external factors—and these prices ultimately impact what you pay for your food.

#### (NAPS)

When you sit down to a holiday feast this year, you may not be thinking about the global financial markets that helped land the meal on your table. The ingredients in your favorite stuffing, the butter in those mashed potatoes and even the gasoline in the car that got your relatives to your door, all cost something. What goes into determining these prices?

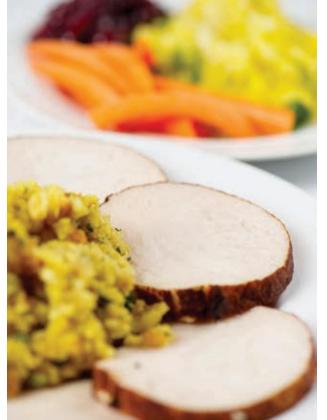
Long before your dinner, each ingredient traveled along a global supply chain that started with producers, continued with processors and ultimately ended at the supermarket or the gas station. The prices of commodities like food and oil are impacted by this journey.

It often starts with the farmer and, like all business owners, farmers must turn a profit. Unpredictable events, such as severe weather, swings in global demand and reductions in available farmland, can negatively impact that profit. To mitigate these risks, farmers and others in the supply chain come to the futures marketplace. Here, the price of a commodity like corn can be locked in with binding contracts known as futures. So even if bad weather hits or disease hurts livestock populations, a farmer already knows what the selling price of his product, and can plan for it.

Futures can help prices become more stable, which means consumers see relative consistency when they buy groceries. So, when you made your trip to the grocery store to prepare your holiday table, the futures industry was already in motion.

To learn more, check out Futures Fundamentals at www.futuresfundamentals. org. Here, you can learn more about the who, why and what of futures markets in an accessible and fun way. The site is divided into three sections, each featuring the role of futures as told through stories, interactive infographics, videos and quizzes. Activities first break down key financial concepts including microeconomics and supply and demand. You can learn how familiar tasks, like buying a home or car, are affected by futures markets. After those initial lessons, there is even a trading simulator, so you can put what you've learned to use. The site also provides teachers with modules to bring these economics lessons to classrooms, all online and at no cost.

Follow Futures Fundamentals on Twitter, Facebook, LinkedIn and Instagram to stay up to date on new content as it is added. And enjoy your dinner!



Turkey is low in fat and full of protein and other nutrients, making it a worthy addition to your diet no matter the time of year.

If turkey is not normally on your lunch or dinner menu, come the holiday season it's bound to show up in abundance. As soon as the weather cools and the crispness of late autumn is in the air, thoughts turn to more hearty meals, and of course, the fall pièce de résistance: Thanksgiving dinner.

Turkey takes center stage on many Thanksgiving dinner tables, even though history suggests it likely wasn't served at the first Thanksgiving. Despite this historical discrepancy, turkey and all the trimmings continue to be traditional fare for big holiday dinners.

Much more than just delicious and filling, turkey boasts many nutritional benefits, making it a worthwhile addition to your diet regardless of the season.

Protein: Turkey is often overshadowed by other meats in refrigerated display cases, but it remains an excellent source of protein in a lowfat package. A typical 3.4to four-ounce serving of skinless turkey breast (about the size of a deck of cards) contains around 30 grams of protein, providing about 65 percent of the average person's recommended daily allotment of protein. Protein helps the body feel full and serves many essential functions in the body. Proteins regulate the entry of nutrients through cell walls, help the body grow and help it to generate antibodies that fight against illness.

• Low-fat: A serving of

four grams of fat, which is low in saturated fat.

• B-vitamin benefits: Turkey is an excellent source of B vitamins, including B3, B6 and B12. Having enough B3, also known as niacin, is important for overall health, and higher levels of niacin can improve cholesterol levels and lower a person's risk for cardiovascular disease. B6 is also called pyridoxine. It's involved in the process of making certain neurotransmitters, including serotonin and norepinephrine, which transmit signals in the brain. Important for neurological health, B12 helps decrease levels of homocysteine, which can contribute to cognitive decline.

• Immune system effects: People may not know turkey contains selenium, which is key to healthy thyroid function. It also helps boost the immune system by playing a role in the body's antioxidant defense system. Selenium may help eliminate free radicals in the body that would otherwise contribute to cancer risk.

 Relaxation: Many people are aware of turkey's ability to induce feelings of relaxation, particularly when eaten in abundance at the Thanksgiving dinner table. Turkey contains the amino acid tryptophan, which plays a role in triggering production of serotonin. Serotonin can induce feelings of relaxation and sleepiness

Turkey is lean, full of essential nutrients and low in saturated fat, making it a worthy addition to your diet no matter what time of year it happens to be.

### THANKSGIVING Thanksgiving Day Quiz

It is once again time to talk turkey, stuffing and all of the trimmings. Thanksgiving is celebrated in both Canada and the United States with similar parades and fanfare. Thanksgiving is a time to be thankful for the blessings in one's life and enjoy the company of family and friends during a special meal.

Although people celebrate Thanksgiving each and every year, they may not be aware of some of its interesting history. Test your knowledge of gobblers and general trivia with this quiz.

1. Despite competing historical claims, the story most people associate with the first American Thanksgiving took place in a colony in this modern-day state?

a. Pennsylvania

- b. New Jersey
- c. Massachusetts
- d. Delaware

2. Thanksgiving Day is celebrated on which day of the week in Canada?

- a. Monday
- b. Tuesday
- c. Wednesday
- d. Thursday

3. Pilgrims from Europe associated with Thanksgiving are purported to have sailed across the Atlantic to reach North American on which ship?

- a. Daisy b. Mayflower
- c. Santa Maria d. Roseflower

4. Which tribe of Native Americans taught Pilgrims how to cultivate the land, contributing to the first Thanksgiving? a. Algonquin

- a. Algonquin b. Lenape
- c. Shoshone
- d. Wampanoag

5. Fossil evidence shows that turkeys roamed the Americas how long ago? a. 10 million years ago b. 15 million years ago c. 20 million years ago d. 25 million years ago

6. Three different deboned types of poultry go into this Thanksgiving meal alternative? a. Orange duck

- b. Turducken
- c. Turkey chowmein d. Chixturck

7. In what year did Congress make

Thanksgiving an official national holiday in the United States?

a. 1932 b. 1939 c. 1941

d. 1946 8 Twenty

8. Twenty precent of the overall consumption of this type of fruit is done on Thanksgiving. a. apples b. cranberries c. cherries d. grapes

9. The first Canadian Thanksgiving was a welcome-home celebration for Sir Martin Frobisher when he returned to which area of the country?

a. Albert b. Manitoba c. British Columbia d. Newfoundland

10. Canadians

sometimes call the Thanksgiving holiday in the United States by this name to distinguish it from their own Thanksgiving celebration.

- a. Yanksgiving b. Amerigiving c. Turmerica
- d. USthanks

Answers: 1. c 2. a 3. b 4. d 5. a 6. b 7. c 8. b 9. d 10. a

### How to bost an eco-conscious boliday event

Many families anticipate holiday gatherings for months. Such gatherings bring together friends and family members who may not see one another much throughout the year.

Food tends to be plentiful at holiday gatherings, so it should come as

Agency says household waste generally increases by 25 percent between Thanksgiving and New Year's Day equalling about 1 million extra tons of waste. The Worldwatch Institute states that the same period of time generates three times as much food make your holiday celebrations a bit more eco-friendly.

• Cut down on packaging. When shopping, seek items that are minimally packaged or shop at retailers that offer package-free products. Packaging accounts for a considerable portion of the trash that ends up in landfills. Shopping at local stores and craft fairs can help you avoid too much plastic packaging. • Decorate with efficient products. Making a home look festive is part of many families' holiday celebrations. Opt for LED holiday lights, which last longer and use a fraction of the energy of traditional lights. Use soy or beeswax candles and incorporate as many natural items, such as fresh evergreen boughs, branches and berries, as you can find in your decorations. • Shop smart. Shop at food stores that stock local products so foods do not have to travel great distances to reach your table. Take advantage of local farm stands and other vendors that pop up in the autumn. Remember to bring reusable shopping bags with you on any shopping excursions so you can reduce your reliance on paper and plastic bags.

· Reduce food waste. People often cook extra food for the holidays out of fear of not having enough for guests. But leftovers often end up going to waste. Use planners to determine how much food to cook for the number of guests you will be having. Keep portion sizes healthy by selecting smaller dinner plates and providing foods that are hearty and will fill guests quickly, such as rich proteins and complex carbohydrates. When the meal is done, promptly wrap up leftovers so they don't spoil. • Use reusable dishes. Avoid paper and plastic dishes, instead opting for ones that can be used again and again. Take out your fine china or a festively patterned service set to use. Keep the dishwasher empty so that you can load it up with dirty dishes and run a full load to save even more energy. · Reuse gift wrapping and accessories. Save wrapping paper and other decorative paper products to use as gift wrap at a later date. Keep a container full of bows and ribbons that are still in good condition as well. Gift bags can often be used several times before they begin to exhibit signs of wear and tear.

no surprise that the holiday season generates a good deal of waste. In addition, energy consumption is high during the holiday season. The United States Environmental Protection waste as other times of the year.

Making the holiday season more sustainable does not mean families must give up their cherished traditions. Here are several tips to help

<complex-block>

Reusable bags, local foods and recyclable gift wrap are just a few of the many ways to make the holiday season more eco-friendly.

Start Planning for your Holidays Early!

Stop by Hearthstone Market for all of your Thanksgiving fixings *Complete and Single Dinners Available* 

> See our full menu on the Tri-Community Page Inside

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