

Charlton pins new firefighters



Michael Meersman, Zachary Zarcone, and Autumn Courville were pinned as the newest members of the Charlton Fire Department on July 12.

**BY JASON BLEAU
CORRESPONDENT**

CHARLTON — The Charlton Fire Department officially pinned three members during the Board of Selectmen’s July 12 meeting. As is tradition, the ceremony saw family members and loved ones pin badges to new recruits who have

become official members of the department’s crew. The first to receive her pin was Autumn Courville. A firefighter and paramedic, Courville was appointed in April of 2021 and completed her Massachusetts Career Firefighter Academy training that same year. The second honoree was Michael

Meersman, a firefighter and EMT appointed in 2019. Meersman completed the Call Volunteer Firefighter Recruit Program in 2020 and became a provisional firefighter EMT in 2021. He was made a permanent employee in 2021 and completed the Massachusetts Career Firefighter Academy in May of 2022. Finally,

Zachary Zarcone, a firefighter and paramedic, was the third to be pinned. He was appointed in 2021 and completed the Massachusetts Career Firefighter Academy in May of 2022. The firefighters received a round of applause after their pinnings with even special guests to later portions of the Board of Selectmen meeting recognizing the significance of respecting those who choose to serve their communities as a career.

Courtesy

“You’re looking at the cosmic beauty shots”

TATA, ZEMBROWSKI VISIT WEBB SCOPE’S FIRST IMAGES AT JACOB EDWARDS LIBRARY

**BY GUS STEEVES
CORRESPONDENT**

SOUTHBRIDGE — The library took a journey into space, as Dino Tata and Jim Zembrowski highlighted the first imagery from the new Webb Telescope. “Telescopes are basically time machines,” Tata said. “They see back into the past ... to when the first stars were made.”

While that specific ability hasn’t been possible from previous scopes, it’s one of the goals of Webb. The new scope, launched last Christmas, is the successor to the famous Hubble, using technology that often had to be designed from scratch for such complex uses.

First and foremost, Webb’s images are in the infrared spectrum, using much longer wavelengths than the visible spectrum Hubble and most other scopes use. That enables it to see through stellar dust clouds and pick up images of objects that are so far away they’ve “red-shifted” well beyond normal visibility. The versions NASA releases are false-colored simply to be visible at all.

Zembrowski later explained it this way: Webb is “looking for the alligators in deep space,” the cold, dark, early stars and galaxies that are often hidden by much warmer, younger things.

Technologically, seeing in infrared means the craft’s detectors need strong heat shielding from our own sun; they need to stay extremely cold or the images distort (if they work at all). Webb’s sunshield is five layers thick, and the mirror system which picks up the distant light features 18 hexagons controlled by 139 tiny motors. In total, that mirror is 21.7 feet in diameter, which makes it about 100 times more powerful than Hubble’s 7.8 foot-diameter mirror, and coated in a super-thin (less than a single hair’s width) layer of gold.

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“Life gives you stories” in music

**BY GUS STEEVES
CORRESPONDENT**

CHARLTON — A small crowd got a musical world tour at the library last Friday, as John Porcino introduced them to his eclectic collection of instruments and stories.

A few almost everyone recognized, like the guitar and violin. Some everyone also recognized, but may not have previously seen as instruments, like their own body parts. Some, most had heard of in use, but probably couldn’t name, like the shehnai. And some were almost certainly new to almost everyone, like the Vermont singing drum.

Combined, they created quite an unusual orchestra at the end of Porcino’s talk, when he let people sample most of them.

Porcino, from Amherst, said he was raised by a violin and cello teacher and started learning the cello. But he really came into his love of music more as a “jack of all trades and a master of none” when family and friends started giving him odd instruments at age 16. He brought a couple dozen Friday, but noted he left many more at home.

Take, for example, the day’s first demonstration – a charango from Bolivia. It looks like a tiny guitar, and Wikipedia says one story of its origin claims it “was a successful



Gus Steeves

John Porcino demonstrates how to play a Chinese erhu, just one of dozens of international instruments he brought to Charlton Library last week.

attempt to make a lute that could be easily hidden under a garment” because “the Spaniards prohibited natives from practicing their ancestral instruments.” In Quechua and Aymara tradition, it’s made using an armadillo shell or a calabash gourd for children, but most examples are made from wood (as Porcino’s is).

Jumping to the other side of the Pacific, he took some time to swing around an Australian Aboriginal bullroarer, one of several items that tend to mimic storms and related nature noises. Among the others were a rainstick and a thundertube, which he followed by having several children play wooden frogs to mimic the sounds of real frogs coming out after the rain.

“I love how life gives you stories if you’re willing to tell them,” Porcino said.

In his experience, those stories don’t always have words, such as how he obtained his erhu from China when his mother visited Beijing. “In the middle of all that noise, my mother heard this music,” and followed the sound to a park, where she saw a man on a wall playing a strange instrument. Behind him, about 50 people were practicing the slow motions of tai chi. When he finished, she managed to communicate with him entirely in slightly exaggerated body language, asking him where she could buy such an instrument for her son. He led her “around the corner to a

Turn To **MUSIC** page **A13**

Southbridge Public Schools receives more than \$300,000 in Summer Step Up funding

SOUTHBRIDGE — Southbridge Public Schools, the YMCA of Central Massachusetts, and The United Way of South Central Massachusetts have joined forces to expand and enhance summer education programs for young learners. Southbridge Public Schools has received Summer Step Up funds to address the critical academic and social-emotional needs of early childhood learners and to prepare them for a successful transition to the school setting in the fall.

In May, the Baker-Polito Administration announced almost \$60 million in funding across the Commonwealth to support summer learning. In Southbridge, the allocated funds will support the Summer Step Up program for Pre-K, Kindergarten, and First Grad students. This program is administered in close collaboration with the United Way of South Central Massachusetts and the Tri-Community Family Branch of the YMCA of Central Massachusetts.

The Summer Step Up program will build students’ early literacy skills and aid them in learning the routines adopted by Southbridge Public Schools, along with the social-emotional skills needed to succeed within the classroom and beyond.



“Summer Step Up programs engage young learners who may have missed learning and development opportunities during the pandemic and provides them with a smooth transition from YMCA preschool and daycare into Kindergarten,” says Kathleen Seifert, Director of Teaching, Learning, and Talent Development for Southbridge Public Schools.

“School readiness and learning preparation for these young students is a critical part of the United Way’s mission of early education and third grade reading comprehension,” said Mary O’Coin, Executive Director, United Way of South-Central MA. “It has been documented children who are engaged and reading at

an early age are more likely to continue their education and be successful. The United Way wants to help make that possibility a reality.”

“The YMCA is thrilled to be partnering again this year with Southbridge Public Schools for the Summer Step Up program. Our young children will benefit from expanded learning opportunities and building a strong foundation for success in school,” says Jenna Beaton, Director of Child Development Services at the Tri-Community Family Branch of the YMCA.

Programs sites will be located at Eastford Road Elementary School and at the Tri-Community Family Branch of the YMCA in Southbridge on Marcy Street.

Hitchcock Academy offers newly designed summer programming for kids

BRIMFIELD — Hitchcock Academy summer program, Summer Days at Hitchcock, beginning the week of July

18 and running through August 12. With age-specific programming for 4 – 7, 8 – 10, and 11 – 13 year olds, Summer Days offers a variety of activities to keep kids engaged and having fun. Morning programs are comprised of a combination of arts and crafts, incorporating basic tools and techniques to get creativity flowing while participants explore a variety of mediums. The morning also includes recreational play to get the kids moving while building basic skills. Afternoon programs are focused on STEAM: Science, Technology, Engineering, Arts and Math with fun, hands-on projects to encourage curiosity, imagination, and critical thinking.

“We have not offered summer programs here since 2019. Each year families have reached out to us looking for something local, so we are pleased to be able to offer this new program,” says executive director Cindy Skowrya. “We are also all very conscious of the price point and have kept the cost comparatively low starting at just \$90 for a full week program. Re-introducing summer programming has been a goal for us, so we are excited to be able to offer these programs with plans to grow and evolve to meet the needs of our community.”

Like all programming at Hitchcock, Summer Days is open to families throughout the area, not just Brimfield residents. Families can sign their child up for morning, afternoon, or both, and can choose anywhere from one to all four weeks. Extended days are also offered. Full details about the program are available at www.hitchcockacademy.org or by calling 413-245-9977.

Hitchcock Academy is a nonprofit community center offering educational, recreational, and cultural programming. It is located at 2 Brookfield Rd. in Brimfield.

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Cornerstone Bank donates \$25,000 to YMCA of Central Massachusetts



Courtesy

Todd Tallman, Cornerstone Bank CEO, and David Connell, President and CEO at the YMCA of Central Massachusetts.

WORCESTER — Cornerstone Bank has donated \$25,000 to the YMCA of Central Massachusetts as part of the organization’s annual campaign. This donation will be used to underwrite youth development programs and services as well as the LIVESTRONG® at the Y initiative.

“We are proud to continue our support of the wonderful services offered by the YMCA,” said Cornerstone Bank CEO Todd Tallman. “We are passionate about programs dedicated to helping local children, teens, and adults, an area in which the YMCA excels, and their LIVESTRONG® program provides assistance to many

people when they need it most.”

LIVESTRONG® at the YMCA is a free 12-week small-group fitness program designed for adult cancer survivors seeking to regain health following treatment. Instructors and personal trainers have undergone specialized training in the areas of cancer, post-rehabilitation exercise, nutrition and supportive cancer care. The program includes:

- A free 12-week YMCA Family Membership
- Two 75-minute classes per week
- Full access to the YMCA seven days per week
- Free drop-off child watch

YMCA youth programs include college-preparedness, workforce, and leadership development, after school care, summer camp and a host of healthy meals initiatives.

“From the earliest days of the pandemic, we maximized our resources and partnered with like-minded organizations – such as Cornerstone Bank – who remained committed to supporting the community. As families deal with the lingering effects of COVID-19, our work remains the highest priority,” said David Connell, President and CEO at the YMCA of Central Massachusetts. “With Cornerstone’s generosity, we continue to assist can-

cer survivors as they reclaim their health as well as address food insecurity, the educational gap, and quality and affordable childcare needed for parents to work.”

About Cornerstone Bank

Cornerstone Bank was formed in 2017, born of a long history of supporting the community, and providing a strong foundation to help people and businesses thrive. Serving Worcester County, Massachusetts, Cornerstone Bank’s local presence and community-based banking model enables a unique ability to deliver outstanding service, with a personal touch. Cornerstone provides the highest level of service and expertise for individuals, businesses, and community organizations with branch locations throughout Central Massachusetts. Cornerstone works to connect customers with opportunities, through a broad range of deposit and loan products, and services. Built on Trust is not just a tagline, but also one of our guiding corporate values. Whether a business or personal partnership, Cornerstone stands on the foundation that relationships are built on trust. To learn about Cornerstone Bank’s personal and business banking offerings, please visit cornerstone-bank.com or call 800-939-9103.

Bay Path PN Class of 2023 welcomes certified mental health peer specialist

CHARLTON — The incoming Practical Nursing Class of 2023 at Bay Path Practical Nursing Academy met and heard from Karen Kapinos of Westborough, Certified Peer Support Specialist (Mental Health America) at the recent summer workshop. Certified Peer Support Specialists share the tools, skills, and information they have learned to transform their own life with individuals going through similar struggles.

Research states that the overall suicide rate in the US has increased by 35 percent since 1999 and suicide is the 10th leading cause of death overall in the US. September is National Suicide Prevention Month and the incoming PN Class of 2023 are learning about mental health to help prevent home or workplace-based tragedy. The PN Class of 2023 is scheduled to complete the Mental Health First Aid (MHFA) training in September. The 6-hour curriculum, completed in one full professional development day gives the participant a 3-year certification upon completion.

Kapinos gave a wonderful introduction to mental health training and shared both personal and professional lessons. Not only does she contribute to the lives of others, but also improves her own well-being and recovery in the process. She completed her Bachelor of Science degree in Occupational Therapy with a minor in psychology at



the University of New Hampshire. She is a registered Occupational Therapist since 1989 and worked at MetroWest Medical Center (Natick) facilitating therapeutic groups and evaluating individuals for visual perception and motor skills, and making recommendations to the school system. Her experiences include work at Mount Ida College (Newton) as Academic Fieldwork Coordinator and part-time instructor teaching psychosocial dysfunction and group dynamics, and Community Health Link (Worcester)

as OT, and instructor on MHFA training. She helped develop an outreach program on Mental Health called “Mobile Respite.” She is currently a member of the Advisory Board at UMass Medical School (Worcester) tasked with how grant funding may be used for research.

Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN Academy Director at Bay Path Practical Nursing Academy thanked Kapinos on behalf of the PN Class of 2023.

“We are blessed that Karen spoke to the incoming PN 2023 cohort,” said Bolandrina.

“It is important for our future nurses to have the skills and knowledge to identify and respond to signs of mental disorders and how to provide initial help and support,” Bolandrina

added.

The feedback on Karen’s presentation was positive. Engaging in conversation, education, and breaking the stigma of mental health disorders. MHFA-trained individuals may assist someone experiencing a mental health or substance use-related crisis.

“The tie-in is providing education to the future nurses and support so they’re in the best state of mind for their nursing journey,” Bolandrina said.

Local EXIT Realty affiliated offices welcome new team members

WORCESTER — EXIT Beacon Pointe Realty is pleased to announce that Lisa Goselin and McCall Peltier have joined its growing team of dedicated real estate sales professionals.

EXIT Beacon Pointe Realty, located at 435 Shrewsbury St. 3rd Floor, Worcester, Massachusetts is a proud member of EXIT Realty New England’s rapidly expanding network of independently owned and operated brokerages across the region.

About EXIT Realty

EXIT Realty is a company founded

and built on human potential. A full service, forward-thinking, real estate franchisor with offices across North America, EXIT has to-date paid out more than a half a billion dollars in single-level residual income to its associates. The Expert Marketing Suite™ including geolocation Smart Sign™ technology gives sellers an edge in a competitive marketplace. A portion of every transaction fee received by EXIT Realty Corp. International is applied to its charitable fund, and to-date, \$6.8 million has been allocated to charity. For more information, please visit www.exitrealty.com and www.joinexitrealty.com.

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Friday's Child



Marc

“I love to cuddle!”

Happy and affectionate are the words used most often to describe Marc. He loves getting as many cuddles and as much attention as he can, and will seek people out for cuddles and tickles. Marc enjoys going outside and especially loves to play ball whenever possible. He also has fun going on the swings. Another interest of Marc’s is food! He is happy to eat just about anything and is especially fond of salads with lettuce and tomatoes. Marc likes to play with others and gets along well with everyone he meets. He is always smiling and his sweet, playful nature makes everyone around him smile too!

Marc is autistic. He communicates using gestures, pictures and signs and is working on increasing his independence with activities of daily living. He benefits from clear and consistent structure and routines, as well as lots of attention and affection.

Marc is legally freed for adoption, and seeks a family of any constellation who can provide him with lots of love, patience and attention. He responds very well to structure and predictable routines, so would thrive in a family who could provide a balance of this along with the affection that he craves. It will be important for him to maintain his relationships with biological family members in Massachusetts through quarterly visits.

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The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

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Hitchcock’s free summer concert series takes over Town Common

BRIMFIELD — The Brimfield Town Common is hopping on Wednesday evenings this summer with rock ‘n’ roll, tropical rock, classic rock and folk, R&B, and country, courtesy of Hitchcock Academy’s Summer Concert Series running Wednesday evenings through Aug. 24.

The James Paul Band, a four-piece, high energy, good time rock & roll band kicked off the series on July 20, making way for The Island Castaways Band, a tropical rock band playing Jimmy Buffett and other summertime fun music on July 27. The Time Stretchers, with “the best music from the ‘50s to now” will play on Aug. 3, followed by Raider Eddie and the Skeletones, an eight-piece R&B band with a horn section on Aug. 17. The series will close with Cobblestone Road playing country on Aug. 24.

At some point the series will include a dedicated of the newly installed town gazebo led by the Brimfield Historical Commission who spearheaded a beautification project which includes a new brick walkway, benches, and tables for gathering.

Food will be available for purchase at each of the concerts. Hitchcock will share updates on participating food trucks on Facebook as each concert approaches.

“We’re excited by how the series has grown, thanks to the support of our growing group of sponsors, and we’re happy to be able to showcase a variety of genres as well,” says Cindy Skowrya, Hitchcock’s Executive Director. “We aim to attract an all ages crowd. I love watching the kids dancing and running, and seeing families, friends, and neighbors gathering on their chairs and blankets, as the community shares in the fun together.”



The concerts will take place on consecutive Wednesdays from 6 to 8pm with the exception of Aug. 10, which is reserved for Hitchcock’s annual Sip & Stars fundraiser at the Brimfield Winery, where attendees can enjoy live music, a beer and wine tasting offered by Rapsallion Brewery and the winery, and a guided viewing of the night sky during the Perseids Meteor Shower. Tickets are currently on sale on the organization’s website.

Hitchcock’s Summer Concert

Series is supported in part by a grant from the Brimfield Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency. Additional support comes from Maestro Sponsors Country Bank and First American Insurance, as well as Solo Sponsors The Monson Lions Club, the Shirley Frye Memorial Fund, and Soto Home Care.

Hitchcock Academy is a community center located at 2 Brookfield Road in Brimfield serving the community with educational, recreational, and cultural programming. More information can be found at www.hitchcockacademy.org.

Matt Healey of Auburn makes Dean’s List at RIT

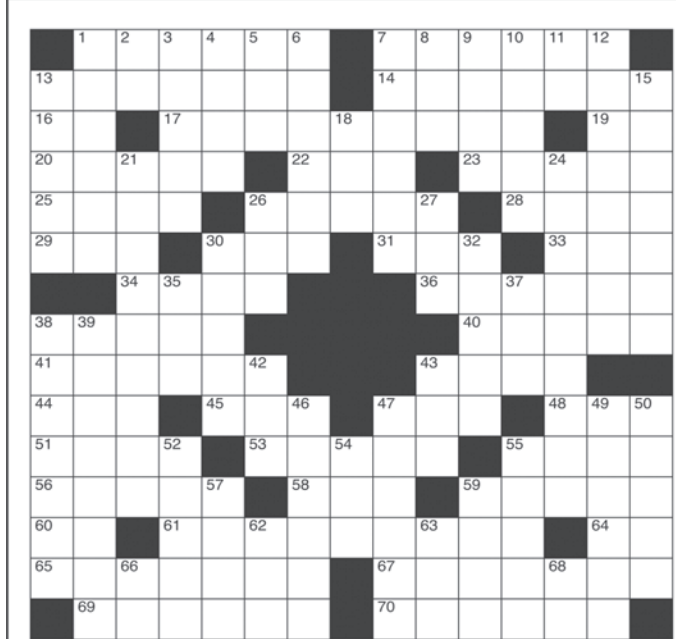
ROCHESTER, N.Y. — Matt Healey of Auburn was named to the Dean’s List at Rochester Institute of Technology for the Spring 2022 Semester. Healey is in the mechanical engineering technology program.

Full-time degree-seeking undergraduate students are eligible for Dean’s List if their term GPA is greater than or equal to 3.400; they do not have any grades of “Incomplete”, “D” or “F”; and they have registered for, and completed, at least 12 credit hours.

Rochester Institute of Technology is home to leading creators, entrepreneurs, innovators and researchers. Founded in 1829, RIT enrolls about 19,700 students in more than 200 career-oriented and professional programs, making it among the largest private universities in the U.S.

The university is internationally recognized and ranked for academic leadership in business, computing, engineering, imaging science, liberal arts, sustainability, and fine and applied arts. RIT also offers unparalleled support services for deaf and hard-of-hearing students. The cooperative education program is one of the oldest and largest in the nation. Global partnerships include campuses in China, Croatia, Dubai and Kosovo.

For news, photos and videos, go to www.rit.edu/news.

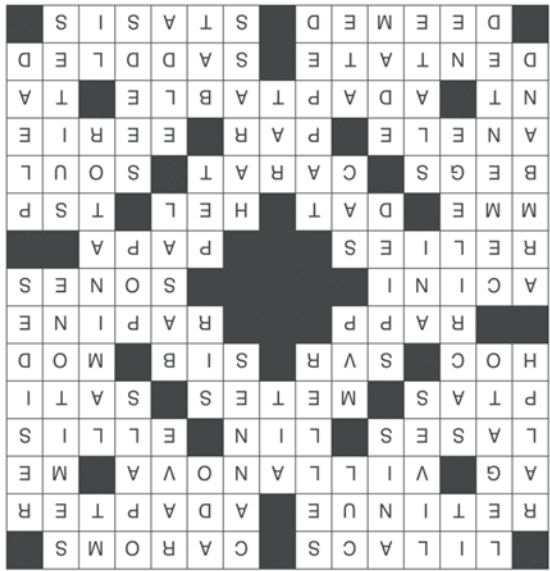


CLUES ACROSS

1. Eurasian shrubs
7. Strikes and rebounds
13. Group of advisers
14. Modern necessity
16. Top lawyer in the land
17. Philadelphia university
19. Of I
20. Functions as a laser
22. Basketball phenomenon Jeremy
23. Famed island
25. Parent-teacher groups
26. Distributes
28. Self-immolation by fire ritual
29. Ad ____
30. Circulation problem (abbr.)
31. Brother or sister
33. A famous “Squad”
34. Stage actor Anthony
36. Violent seizure of property
38. Saclike cavities
40. Sound units
41. Counts on
43. Dad
44. Woman (French)
45. A digital tape recording of sound
47. Polish Baltic peninsula
48. Recipe measurement
51. Requests out of dire need
53. Precious stone weight unit
55. The immaterial part of a person
56. Anoint
58. Golf score
59. Supernatural
60. Northwest Territories
61. Can be made suitable
64. A professor’s helper
65. Having a toothlike edge
67. Got atop a horse
69. Judged
70. Static balance between opposing forces

CLUES DOWN

1. Flowing
2. Computer department
3. Lasts
4. DiFranco and Samsyan are two
5. ____ de sac
6. Merchant
7. Hosts film festival
8. State of agitation of fuss
9. A way to praise
10. Opaque gems
11. McKinley is one
12. Smallest interval in classical Western music
13. Famed designer Lauren
15. Occupies
18. Small island (British)
21. Misuse of the sacred
24. Covers with a thin sheet
26. Most valuable player
27. Title of respect
30. Investigated discreetly
32. Belonging to the bottom layer
35. Black tropical American cuckoo
37. Music genre
38. Indicates one is in mourning
39. Secured forever
42. Bodily cavity
43. A dog is one
46. Chose to do something
47. Annoy persistently
49. Large hotel rooms
50. Beg
52. Docket
54. Subway dwelling rodent
55. Sources
57. Mild Dutch cheese
59. Spanish city
62. Consumed
63. Ballplayer’s tool
66. Midway between north and east
68. Atomic #3



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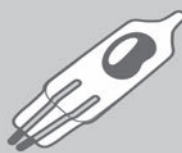
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GWCF grants more than \$450,000 to 34 awardees

WORCESTER — The Greater Worcester Community Foundation announced the 34 awardees of its 2022 Community Grants - a total of \$456,250. Community Grants are made possible by people who have set up discretionary funds with the Foundation. This type of fund provides GWCF with the maximum amount of flexibility to grant resources where community needs are greatest.

“Our community organizations are demonstrating their strong commitment to helping others in what is continuing to be a trying time for so many people in and around Worcester,” said Jonathan Cohen, Vice President for Programs & Strategy. “Each of these grants reflects the originality, ingenuity, and strong sense of community that distinguish Central Massachusetts from other places - and this Foundation is proud to be a large part of that philanthropic community.”

Rooted in the belief that together, everyone can collectively work towards a more equitable, vibrant and just community by offering flexible grant options, the Community Grant Program implements strategic focus areas, and emphasizes the underlying approaches nonprofit organizations apply to their work. For 2022, the Community Grants remained focused on three strategic areas: Health & Wellbeing, Thriving Families, and Creative Worcester. Additionally, GWCF sought to partner with grantee organizations with a commitment to Racial Equity, Community Voice, and Policy & Systems.

Those organizations receiving funds for operating support this year are:

Angels Net Foundation Inc
Launch of New Early Education Program \$17,000.00
Apple Tree Arts
Preschool Music Outreach Program \$10,000.00
ArtsWorcester
100 Views of Worcester \$5,000.00
Ascentria Community Services, Inc.
Safety Net Program for Refugees and Immigrants \$17,500.00
Big Brothers Big Sisters of Central Mass/Metrowest, Inc.
Worcester Area College Mentoring Program at Fitchburg State University \$15,000.00
Black Student Union - Worcester Technical High School (fs Worcester Public Schools)
Multicultural Immersion of Art & Education \$5,000.00
Boys & Girls Club of Webster-Dudley
Social-Emotional Learning at the Club \$25,000.00
Boys & Girls Club of Worcester
Summer Programs and Outdoor Classroom \$20,000.00
Building Futures, Inc. (fs Worcester Housing Authority)
BFI Lakeside Summer Program \$10,000.00
Colony Retirement Homes
Wellness Nurse Project \$12,500.00
Community Health Awareness Network (CHAN)
Graceful Aging Summer Elder Initiative “Walk with an Elder” \$10,000.00
Empower Children for Success (fs Highland Baptist Church)
Family Child Care Entrepreneur Program: (Business/Job Creation) \$10,000.00
Guardians of Tradition
A night to remember: Folk Guardians of Worcester \$20,000.00

Guild of St. Agnes of Worcester
Early Childhood Behavioral Health Intervention Project \$15,000.00
Living In Freedom Together (LIFT), Inc.
BRAVE: Building Real Action for Viable Employment \$25,000.00
Massachusetts Symphony Orchestra, Inc.
Jazz in the Park: An Evening Celebrating Great Latin/American Musical Influences \$10,000.00
Mustard Seed
Mustard Seed Summer Enrichment Program \$7,500.00
New England Botanical Garden at Tower Hill
Project Bloom: Strengthening Connections Between Nature and Greater Worcester's Youth \$25,000.00
North Quabbin Citizen Advocacy, Inc.
Building Relationships so Individuals with Disabilities & Their Families Thrive \$5,000.00
Northeast Organic Farming Association Massachusetts Chapter
Healthy Soils for Healthy Communities: A Worcester County Project with NOFA/Mass and SproutChange \$14,000.00
Pakachoag Music School of Greater Worcester
Quinsigamond Village Partners for Inclusive Children's Theater \$7,250.00
Pernet Family Health Service, Inc.
Youth Program - Family Outings & Activities \$20,000.00
Push Worcester (fs Worcester Roots Project)
Skate Camp \$6,000.00
Quinsigamond Community College Foundation
Mental Health Counseling \$20,000.00
Southeast Asian Coalition of Central Massachusetts
Mental Wellness \$25,000.00
Tenacity, Inc.
2022 Worcester Summer Tennis & Reading Program (STRP) \$10,000.00
Training Resources of America, Inc.
YouthBuild Worcester (YBW) - 33 Merrick St \$15,000.00
Whitin Community Center
WCC After-School Youth Resilience and Overall Wellness \$20,000.00
Worcester Chamber Music Society
Season 18 Fall Concerts \$5,000.00
Worcester Children's Chorus
Raise Your Voice! After School Choirs Partnership with Worcester Public Schools \$7,500.00
Worcester Islamic Center Social Services
WICSS Cares: Healthcare Services for Afghan Refugees and Others \$12,000.00
Worcester Public Library Foundation
2022 Summer Reading Program \$5,000.00
Worcester Youth Center
Violence Is Not Normal \$15,000.00
Youth Opportunities Upheld (YOU), Inc. (an affiliate of Seven Hills Foundation)
Dynamy Youth Academy \$10,000.00

QCC awarded \$735,000 workforce training grant

WORCESTER — Today, Quinsigamond Community College was awarded a \$735,000 workforce training grant from the Baker-Polito Administration. A total of \$15 million in workforce training grants were awarded to the Commonwealth's 15 community colleges in support of the creation and expansion of training programs in high-demand industries, such as healthcare, education, manufacturing, information technology and cybersecurity.

“Education is at the heart of all economic growth and this type of revenue stream goes a long way in supporting our region's employers, incumbent workers and potential workers,” said QCC President Luis G. Pedraja, Ph.D. “Our students, our industries, and our Commonwealth will all prosper from this funding.”

In late June, QCC was also awarded \$500,000 in state funding to train and help place over 70 participants into bio-

technology jobs. Lieutenant Governor Karyn Polito, along with Secretary of Labor and Workforce Development, Rosalin Acosta, visited QCC's Healthcare and Workforce Development Center to announce the grant, which is part of the Senator Kenneth J. Donnelly Workforce Success Grants for Expanded Training Capacity & Employment Program Performance.

During the Donnelly Workforce Success Grant announcement, Lt. Governor Polito and Secretary Acosta also toured some of QCC's healthcare labs and interacted with the college's state-of-the-art, hands-on simulation equipment.

“I'm encouraged by the work that's being done here at QCC and all the grantees that have been awarded today. I'm very optimistic that our academic institutions are going to step up to meet this moment. We need our community colleges more than ever. You have the

best platform to get this work done,” Secretary Acosta said.

The training programs will assist those populations who have traditionally experienced higher rates of unemployment, as well as barriers to employment identified by the Black Advisory Commission and the Latino Advisory Commission. Priority will be given to those who are unemployed and underemployed.

“One of the goals of these grants is to help address shifting economic conditions that occurred for many residents brought on by the COVID-19 crisis, and persistent racial inequities and workforce challenges that existed in the Commonwealth before the pandemic,” said Education Secretary James Peyser. “We anticipate these new training opportunities will make it easier for more people to move into high-demand, higher paying careers.”

Approximately one third of the \$15 million grant fund-

ing will be allocated toward training programs for the healthcare industry, which is in high demand across the Commonwealth.

To learn more, visit QCC's Center for Workforce Development and Continuing Education.

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Charlton Public Library to host “Music Through The Decades” with David Polansky



CHARLTON – The Charlton Public Library is pleased to host musician David Polansky on Thursday, July 28, at 6:30 p.m. in Charlton Library's Dexter Hall Auditorium.

The Norman Rockwell Museum commissioned David Polansky to develop “Music Through The Decades,” a fun filled hour in which the audi-

ence learns how the last hundred-plus years of American and world history have inspired so many of the songs we love. Using keyboard, trumpet, and vocals, David presents the music of George M. Cohan, Fats Waller, Irving Berlin, Hoagy Carmichael, and a host of others - music inspired by the advent of the automobile, the two world wars, the Roaring '20's, the great depression, the wild west, and much more.

David engages the audience, taking questions, performing requests, and telling very funny anecdotes about famous musicians as well as some about his own life as a musician. David even has a Louis Armstrong impersonation that is so authentic that he's often asked “Was that a recording?”

A career musician, David has played with Sandler and Young, Phyllis Diller, Henny Youngman, Ray Bolger, Arthur Fiedler, The Platters, The

Coasters....The list goes on and on.

This program is a real winner that very often ends with a standing ovation. You won't want to miss it!

Registration is not required. Charlton Public Library is located at 40 Main St. in Charlton. This program is supported in part by a grant from the Charlton Cultural Council, a local agency which is supported by the Mass. Cultural Council, a state agency.

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Four Score Dispensary nears opening

BY JASON BLEAU
CORRESPONDENT

CHARLTON – The long-awaited recreational marijuana facility spearheaded by Four Score Holdings could open before the end of the year according to Attorney Dan Glissman, who continues to represent the company in meetings with the town.

The facility, which will be located at 144 Sturbridge Rd., has been in the works for years and was the second company to seek a recreational marijuana license in Charlton. The 20,000-square-foot facility will eventually house both retail space and a cultivation facility. According to Glissman, who provided an update do selectmen on July 12, construction is complete on the dispensary component and the company is now going through the final stages of approval at the state level.

“It’s looking really nice. They have a beautiful sign in front of the door. The lot has been completely restriped and repaved. They made some significant progress on the state licensing as well. They have their certificate of occupancy for the retail piece. That allowed them to commence what’s called a post provisional license inspection process where they engaged with the Cannabis Control Commission on May 25, and they passed with flying colors. That has now jettisoned them into the next phase which is they receipt of their actual final license from the Cannabis Control Commission,” Glissman told selectmen. The group was to meet with the CCC on Thursday, July 14 with a few more inspections required before they can open their doors. If all goes well, the company hopes to have those processes completed by the end of August.

Glissman also spoke about some

early concerns around parking and the expected immediate popularity of the dispensary. It’s been nearly six years since Massachusetts voters officially chose to legalize recreational marijuana and Glissman noted that in that time the immediate allure of new facilities has certainly faded. Still, with concerns about the increased traffic on Route 20, Glissman wanted the recommendation of selectmen concerning early demands from the Planning Board to prepare for a potential influx of customers during the business’s first few days and weeks.

“There was a request to put some ‘no parking’ signage on Sampson Road so folks weren’t parking across the street and trying to jog across Route 20. That’s not a good idea of course. I believe we have to come to the board to get approval for any temporary street signage,” said Glissman. “Obviously, when this was approved several years

ago, we were in a bit of a different world in terms of cannabis and when you were opening a store often there was a line down the street. Obviously, it’s now normalized significantly so there’s less traffic specifically on opening day. It takes several months to build up to what you’re hopeful a steady run rate is going to be, but we’re obviously more than happy to still post the signage as necessary.”

Selectmen recommended that Glissman go to the Planning Board about that issue as they were the ones who requested the signs but presented no opposition to dropping the sign requirement. While the dispensary could feasibly open by the end of the calendar year, the cannabis cultivation facility has yet to be completed as Phase 2 of the business’s growth has already commenced.



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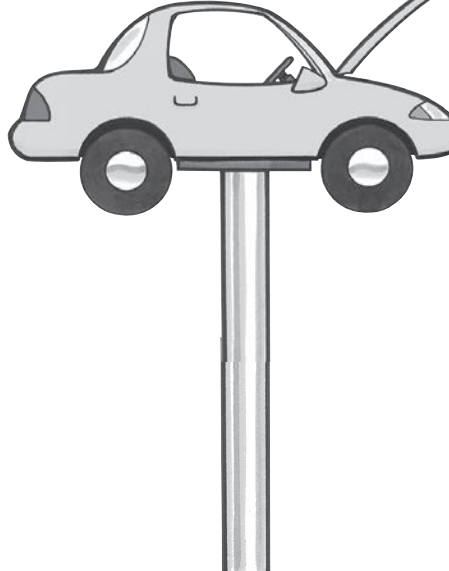
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BRENDAN BERUBE
EDITOR

Embrace aging

Over the weekend, we were able to spend some time at a music festival. A friend happened to lean over and say, “Did you notice everyone is getting so much older?” They didn’t say it in a negative way, but as a statement of fact. The festival was filled with people of all ages; however, it did bring us back to our youth, when stress was low and our futures were still unwritten.

That comment resonated with us because as the years pass by, we actually don’t feel old, we still feel pretty young! Aging doesn’t have to be this doom and gloom experience. It can be pretty awesome, and the better you take care of yourself, the more fun aging will turn out. Of course, aging is better than not aging, so let’s do it with grace and spunk.

When you take care of yourself, age is just a number. Experts say to focus on what you can change, instead of what you cannot. Embracing healthy habits is key to enjoying your youth for as long as you choose.

Number one on the list is to get sleep. Sleep is essential to health and aging well. Lack of sleep can cause us to look older than we are. Sleep has been shown to reduce wrinkles and dark spots.

Keep your brain sharp. Always seek knowledge. If going back to school isn’t your jam, then read books, watch documentaries, download apps that teach you algebra and fractions and jog your memory. You’d be surprised at how fast those formulas come back to you! Travel and visits to museums are also easy ways to give your brain some exercise.

Stay hydrated. Everything our body needs to function requires water. Staying hydrating can benefit your heart and ease hypertension.

Sugar? Eh; we don’t need it. Once in a while, of course, it can be a nice treat; however, sugar can wreak havoc on our bodies to include premature aging of the skin. Experts also say that processed foods are a no-no. Experts suggest giving up diet soda, as it can cause acne, depression, diabetes and lower bone density.

Learning a new skill is excellent for the brain. Pick up a guitar, learn to fix an engine, learn how to operate a fancy camera, anything that piques your interest. Challenging ourselves can boost our brain power and keep us young.

Research has indicated that there is a connection between happiness and spirituality. When we have found a meaning to life, or a purpose, we feel more satisfied. This can include anything such as gardening, meditation, yoga or even writing poetry.

Keep your skin hydrated by moisturizing. Dermatologists recommend washing your face twice daily with gentle products and use a good facial moisturizer and don’t forget your sunscreen. This goes for both men and women.

Power down your gadgets. Your cell phone is more harmful than you think. One study showed that Americans check their phones up to 150 times a day! They point out that each interaction releases adrenaline, which leads to stress and anxiety. We all know stress ages us fast.

Always take time for yourself. When you do so, you’re able to stay refreshed and relate to others in a more meaningful way. On the flip side, maintaining good friendships and keeping up some sort of social life keeps us young, and may reduce the risk of Alzheimer’s, heart disease, some cancers and cardiovascular disease. Steer clear of toxic people that can bring you down. Positive people can help us live longer.

Stay cautious of too much down time and don’t slouch! Sedentary individuals are biologically eight years older than their active peers. Slouching can lead to misalignment which can affect our joints, muscles and spine. Having good posture is a mood booster as well. Build muscle. Men lose three to five percent of muscle mass per decade. Stay active; we often see 80 year olds hiking mountains, and we think they know something we don’t.

Reduce your sodium intake. One study showed that teenagers who consumed high amounts of sodium accelerated the cellular aging process especially if they were overweight. Maintaining a healthy weight is also important. It’s one thing to indulge every so often, however as we age our metabolism comes to a screeching halt.

Get out in nature. One study showed that those who spend time outdoors are less depressed and have an overall better sense of well being.

In the words of playwright George Bernard Shaw, “We don’t stop playing because we grow old; we grow old because we stop playing.”

OPINION

Viewpoints and commentary from the Tri-Community and beyond

Summertime Tips

It’s summertime and the livin’ is easy - if you know some “tricks of the trade” to make your warm weather activities less of a hassle! The following timely tips are geared toward carefree summertime living.

It’s fresh fruit and veggie season, but before you spend big bucks on commercial produce cleaners and fresheners, try these homemade solutions that do the job for pennies!

To make a homemade “fruit fresh” clone, dissolve two vitamin C tablets in a large bowl of water. Dunk in the fruits or vegetables to keep them fresher longer.

If you’re buying “Fit” produce wash, your hard earned cash may be literally going down the drain! Whip up this homemade version for pennies: In a spray bottle, mix two tablespoons of baking soda with one cup of water. If you want add a tablespoon of lemon juice. Spray veggies, let sit for a few minutes and rinse!

Fresh summer fruit is a gift of the season and picking a fruit at its peak of freshness is a top priority. When shopping for peaches, look for fruit that feels heavy for its size, with smooth unblemished skin. Ripe fruit should be soft enough to yield to the touch, but not overly mushy. To pick a sweet cantaloupe, look for the one with small, tight netting on the skin. If the seeds rattle, it may be overripe. Strawberries, should be plump and bright red. Top leaves should be attached, green, and fresh looking. Look for firm watermelons with a dull outer skin. When you thump it, it should give a hollow sign. If you’re buying sliced watermelon, look for a bright, deeply colored pink to red flesh. Many fibers or white streaks indicate an over ripe, older fruit.

Need to ripen fruit fast? If you want to speed up the ripening of other fruits place them next to your bananas. Bananas give off a gas called ethylene.

July is National Ice Cream Month, so it’s practically our patriotic duty to indulge in the sweet, frozen treat this month! In 1984, President Ronald



TAKE
THE
HINT
**KAREN
TRAINOR**

Reagan designated July as National Ice Cream Month. Recognizing ice cream as a fun and nutritious food that is enjoyed by a full 90% of the nation’s population, Mr. Reagan called for all people in the US to celebrate the event each July - and who are we to argue? To kick off a month of sweet celebrations, try this refreshing Frosty Freeze. In a mixing bowl, just chop one cup of slightly softened vanilla ice cream with a spoon. Drizzle on one tablespoon frozen lemonade, thawed but not diluted. You’ll love it!

When you eat ice cream, the intense cold can sometimes causes blood vessel spasms, otherwise known as “brain freeze.” If you start to feel an ice cream headache coming on, you may be able to slow it down by holding your tongue against your palate to warm it up until you finish your chilly dessert.

Want to lick your ice cream headaches altogether? Some doctors say that simply eating cold foods more slowly can help prevent brain freeze.

Did you know? Ice cream should be stored at 0 to -10 degrees F to maintain its texture. However, the best temperature for scooping ice cream is 8 to 12 degrees F, so leave it out of the refrigerator for several minutes before scooping. And ice cream should never be stored on the door of the freezer. Fluctuating temperatures from all the opening and closing can melt and refreeze it, creating ice crystals.

It’s fishing season! If you’re dropping your line into the waters this weekend read on for a few tips to help make your time at the fishing hole more productive:

Successful fishers make it a habit to change their line. Fishing line has memory- it will retain the twist, nicks scrapes, and it gets weaker every time it is used. Don’t chance losing the “big one” to brit-

tle line!

And be sure to match your hook size to your bait: small for small, large for large. It makes a difference in holding your bait, and in how many strikes you will get.

Take a valuable fishing tip from old timers who say “if you find the bait you’ll find the fish.” To do this efficiently, they make it a habit to scan the water for bird activity. Follow the birds, who follow the bait, and you’ll likely find the fish!

Want to up your odds of trout for supper? When lake fishing, dip your crawler in the oil from a can of smoked oysters!

Or try this secret recipe from anglers: Combine two ounces of cod liver oil with 20 drops oil of anise. Mix well. Dip your bait in the mixture and string up the trout!

Still no bites? It could be your bug repellent. Never handle bait after applying it as the scent will keep the fish away.

Win Dinner for Two at the Publick House

Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I’m in the business of dispensing tips, not inventing them (although I can take credit for some), I’m counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Strengthen your ‘three-legged stool’ for retirement



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For many years, Americans provided for their retirement needs through three sources: employer-sponsored pension plans, Social Security income, and savings and investments accumulated through employer plans or individual accounts – the so-called “three-legged stool.” But today, that stool is shakier than it used to be. What can you do to strengthen it?

To begin with, all three legs of the stool are facing challenges. Let’s consider them:

Employer pensions – A generation ago, workers employed in many companies could count on a set monthly pension income to help them through their retirement years. Today, pensions – also known as defined benefit plans – are mostly found in public sector employment, as most private-sector employers have replaced their pensions with 401(k) and similar plans. These plans can be quite effective at helping build resources for retirement, but they do place most of the responsibility for saving on the employee.

Social Security – Social Security has come under financial pressure because the workers-to-retirees ratio has declined significantly, according to the Social Security Administration’s 2021 Board of Trustees Report. A number of proposals have been brought forward on how to improve the long-term financial security of the Social Security system.

Personal savings and investments – In terms of building savings and investments for retirement, the picture is somewhat mixed. The national savings rate has increased in recent years, but more than half of American workers still say their retirement savings are not where they should be, according to a 2021 survey from Bankrate, a personal finance website. And the same survey found that just over half of investors with a 401(k) or IRA have taken early withdrawals – that is, they withdrew money before they retired. Furthermore, we may be waiting too long even to begin saving/investing for retirement. A survey from Age Wave and Edward Jones found that respondents began saving for retirement at an average age of 38, but the majority said they should have started saving a decade earlier.

You have options for improving some parts of your own three-legged stool. For example, no matter what happens to Social Security, you can still decide when to start taking payments. You can begin collecting benefits as early as 62, but your monthly checks will be larger if you wait until your “full” retirement age, which will likely be between 66 and 67. You can even delay taking benefits until they “max out” at age 70.

As for a pension, you can’t control what’s available to you through your employer, but you can create your own retirement income stream by contributing as much as you can afford to your 401(k) or other employer-sponsored plan and by increasing your contributions whenever your salary goes up. And you can also contribute to an IRA or other investment vehicle to further boost your retirement funds. Try to leave these accounts intact until you need them for retirement. This will be easier if you’ve built an emergency fund, with the money kept in a liquid, low-risk account, to pay for unexpected costs, such as those resulting from a major car or home repair.

The three-legged stool may not be as universal as it once was – but you can still construct a sturdy structure to support your retirement needs in the future.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Trevor Nielsen, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or trevor.nielsen@edwardjones.com.

The building blocks of dreams: Faith

Last week, I discussed the first thing you must have to achieve your dream: desire. Whatever you want to do in this life, you can do, as long as your desire is strong enough. Desire isn’t the only factor. Probably the second most crucial building block to accomplishing your dream is faith.

Faith is often confused with belief. Belief is something we intellectually accept as true, but faith is a commitment to think, speak, and behave in a manner consistent with your belief. If you cannot live your life in a manner consistent with your belief, can you genuinely say that you have faith?

When it comes to accomplishing your dreams, you must not only believe it can be achieved, but you must also combine your belief with action. You must act as if. When you can align

belief with your thoughts, words, and actions, that’s faith.

We often associate faith with positivity. It can be related to negativity as well.

Many believe they are doomed to a life of failure and bad luck. Unfortunately, they’ve combined

this belief with their thoughts, words, and actions. They think thoughts of defeat, speak words of failure and behave in ways that indicate they will not succeed. This alignment with the negative produces a strong faith that failure and misfortune are their lots in life and nothing will ever change.

This type of faith is destructive in many ways. When you think, speak, and behave as if you will never be successful, you may never try, and even

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The fishing gets better every day

This past week saw fishing improving every day, with fluke, seabass, and tuna providing most of the action. Bluefin tuna fishing has been great in both Mass. & Rhode Island, with plenty of 70- to 80-pound fish being caught. Many bottom fishing anglers are catching some impressive fluke and seabass in both Rhode Island & Mass.! Rhode Island has some of the craziest fishing regulations for recreational fishing anywhere. If you own your own boat, or you are fishing with a friend of yours on his boat, you can catch three seabass, but if you are on a charter boat you can catch six per angler starting Sept. 1. The same crazy and unfair regulations also pertain to tautog starting in September. The sooner recreational anglers get involved in Rhode Island's fishing regulations, the sooner they will get a fair share of the fish. But they won't!

Commercial draggers may not be the only ones to blame for a decrease of fish populations in our ocean's waters. Protected species like seals and ocean birds are gobbling up tons of fish daily to survive. The diet of a seal requires a lot of fish daily to fill their appetite. If 10,00 seals each weigh 500 pounds, they would consume 350,00 lbs. of fish per day. Birds like cormorant's also eat millions of pounds daily of baitfish, and spawning fish like winter floun-



THE GREAT
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der. One cormorant will consume one pound. of small fish each day.

I had watched cormorants eating recently spawned winter flounder along the shoreline at the boat ramp at Galilee Rhode Island not that long ago. Today, winter flounder populations have crashed in all of Narragansett Bay. Overfishing is also to blame! A decision needs to be made soon. Do we keep feeding these birds and seals, or do we keep some of the fish for human consumption?

Freshwater fishing has been holding its own lately, with a bit of a slowdown last week on some of the local ponds and lakes. It also was very slow last week on the Quabbin Reservoir for numerous anglers including my brother Ken and his son Mark, that visit the Res. annually for some laker fishing. Ken also brings his wife Debbie on a few trips, and often have some great fishing, but not last week. It was slow for all of the anglers he talked to on that day. You should have been here yesterday!

A new type of fishing for brown sharks on the Cape was shown to this writer last week. Anglers are taking a long walk at night on some of the beaches on the cape, with fishing gear in tow! They are catching and

releasing six-foot brown sharks, and are tagging them for the state. Many beach goers may want to take a look at some of these photos. More and more great white sharks are also showing up along the Cape beaches, which is causing concern about the safety of going into the water just for a quick dip! Yikes!

This year, mice and chipmunks are out of control in Mass., and the high acorn crop is partially to blame. Just when you think you have them under control, they start showing up again in basements, garages, and in your home. They are eating their way through plastic and carboard boxes. This past winter, they caused a lot of damage to automobile & lawnmower wiring. They were responsible for damage to outboard motors , and lawnmower wiring as well.

It was not long ago I mentioned a quick way to get rid of some of these rodents using a simple bucket of water and a ramp from the floor to the top of the pail. A simple wire coat hanger was used by cutting the wire so that it could go through one side of the pail to the other at the top. A soda can had two holes drilled in it at each end, so that the wire could be inserted through the can, allowing it to spin. Place some peanut butter on the surface of the can. Partially fill the bucket with water, a third full. It works! I caught at least 15 mice in a few days, and still counting!



Courtesy
This week's picture shows two yellow Lab pups from which this writer had to choose from 11 years ago. It was a hard decision, as I am sure they both would have turned out just great. I wish I had bought both of them!

We still have a lot of summer left, and our pets need to be kept in a cool dry place, with plenty of fresh water. Exercising should be done early mornings and late evenings. Taking your dog for a walk in the heat of the day can be unhealthy for them, as well as burning their feet on the hot pavement or sidewalk. When we were young, we often fried an egg on the hot pavement, just to prove a point as to how hot it was. Never leave your kids or pets in a hot car! We have all watched our TV showing the horrible results!

Take A Kid Fishing & Keep Them Rods Bending!

Increase flowers with a bit of deadheading

Keep your garden looking its best with a bit of deadheading. Removing faded flowers can promote repeat bloom on some plants, encourage fuller, more compact growth, and tidy up the garden.



GARDEN
MOMENTS
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MYERS

Use a bypass pruner or deadheading snips to remove faded flowers. These tools have two sharp blades like scissors. This results in a clean cut that closes quickly, leaving your plant looking its best.

The type of flower will influence how and where to make the cut. In general, remove the stem of faded blooms back to the first set of healthy leaves or nearby flower buds.

Deadhead flowers like salvia, veronica, and snapdragons by removing faded flowers to encourage more blooms. Make cuts below the faded flower and above a set of healthy leaves or

new flower stems.

Encourage additional blossoms and improve Shasta daisy's appearance by removing faded flowers. Prune back just above a set of healthy leaves.

Cut the flowers of Armeria, coral bells and other flowers back to the base of the flower stems that arise from the foliage. This improves the appearance and encourages more blooms on some of this type of flowering perennial.

Plants like daylilies and balloon flowers require a bit different care for a tidier look. Remove the individual

blooms as they fade. Once bloomed out, you can cut the flower stem back at the base. Allowing the faded flowers to hang on the stem until it is all bloomed out won't hurt the plant, it just detracts from the plant's overall beauty.

Removing fading flowers of fuchsia and lantana will prevent the plants from going to seed and encourage more blooms. Remove any berries that do form to keep these plants flowering.

Some plants like impatiens, cuphea and calibrachos are self-cleaning. Old blossoms fall off the plants as new flowers form, eliminating the need for deadheading.

Deadhead heavy seeders like columbine to reduce the number of seedlings and contain the spread. Or allow some seeds to develop if you have space to fill or want lots of seedlings to

transplant to new garden beds.

Allow seedheads to develop on coneflowers, rudbeckias, and other plants that provide winter interest and food for the birds.

Remove flowers as they appear on coleus to promote more compact growth. Late blooming, flowerless varieties and self-branching coleus hybrids reduce or eliminate time spent on this task.

Consider skipping the deadheading of late blooming perennials. This allows them to prepare for winter and form seedpods for a bit of winter interest.

Improve the appearance of leggy plants with long stems and few leaves with a bit of pruning. Cut back further into the leafy stem when deadheading to encourage fuller growth as well as more flowers.



Melinda Myers
Removing the individual blooms of balloon flower as they fade will keep this plant looking its best.

Make deadheading part of your regular garden maintenance. Investing time throughout the season will help keep your garden looking its best.

Melinda Myers has written more than 20 gardening books, including the recently released *Midwest Gardener's Handbook*, 2nd Edition and *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything" DVD instant video series* and the nationally syndicated *Melinda's Garden Moment TV & radio program*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and her Web site is www.MelindaMyers.com.

POSITIVELY

continued from page A8

if you do have a desire to try, your passion will eventually be stifled and extinguished by your faith that failure is inevitable.

You may think, "I do behave and live as if things will always be bad and I'll never get a good break in life; how can I change?"

There is an old belief that your subconscious mind will move you towards the life you want based on what you instruct it to do; that it's like a programmable computer, and you can program it however you wish. There is now science that indicates this may be true.

If you tell your subconscious mind, through thoughts, words, and actions, that you are destined for failure and that you'll never have what you want, then your subconscious mind will work day and night to make that a reality.

It's been said, "If a person repeats a lie repeatedly, they will eventually accept it as truth." Every person is what they are because of the dominating thoughts they hold in their mind, and when you align your thoughts with emotion, it's one of the best ways to get your subconscious mind to move in a desirable direction.

What are you telling yourself? Are you telling yourself you're a failure and combining that narrative with pity? Are you telling yourself you'll never have what you want and combining it with the emotion of anger? When

you do this, you mix your thoughts with emotion. Some say you're programming your subconscious in the wrong direction, increasing your faith in the negative.

Can you tell yourself you're a winner, accept it, and feel the emotions that accompany victory? Can you learn to dream of success and feel joy, love, and gratitude?

Repetition of thought, words, and action, mixed with the proper emo-

tion, done often enough, will increase your ability to think, speak, and act in a manner consistent with your desired outcome, thereby increasing your faith.

When combined with faith in a higher power, your thoughts, words, and actions can powerfully align with your desire to accomplish your dream. If you can bring yourself to align your vision with faith in a higher power, it can be the single most powerful way to increase your confidence.

What you should know about IRA rollovers

If you've been contributing to an IRA, you've chosen a great way to save and invest for retirement. All IRAs have potential tax benefits and a range of investment possibilities, but not all IRA providers offer the same features. So, if you decide that your current IRA provider is charging higher fees than you'd like, or perhaps doesn't offer as many investment choices as you want, then you might choose to move your IRA assets to another provider. How should you go about making this switch?

Here are some options to consider:


Trustee-to-trustee transfer or direct rollover – You can ask the financial institution holding your IRA to move the money directly to another IRA. No taxes will be withheld from the amount transferred at the time of the transfer. This method is generally hassle-free, but some IRA sponsors will still only mail the check to your address of record, so you'd have to forward it to your new IRA.

Indirect rollover – If you take an indirect rollover, also known as a 60-day rollover, the assets from your existing IRA will be liquidated and the custodian or plan sponsor will send you a check or deposit the funds directly into your bank or brokerage account. This payment may be subject to with-

holding for federal taxes, and possibly state taxes, unless you opt out of withholding. You have 60 calendar days from the time the funds were withdrawn to deposit the money, including any amount withheld, into a new IRA. If you miss this 60-day deadline, the withdrawal may be taxable at your personal income tax rate, and it could also be subject to an early withdrawal penalty if you're younger than 59 and a half.

Given the immediate withholding and the possibility of further taxes if you don't move the money into a new IRA before the 60 days are up, you've got much to consider before initiating an indirect rollover. Consequently, you should consult with a financial advisor and tax professional before you make this type of move.

In addition to a rollover from an existing IRA, you may someday want to move the money from your 401(k) or similar employer-sponsored retirement plan to an IRA. This can occur when you retire or change jobs, although if you do take on another job, you might



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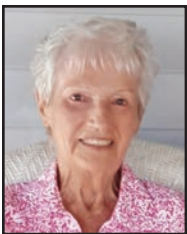
have the options of leaving your 401(k) with your former employer or rolling it over into your new employer's plan. However, if you do want to move your 401(k) funds into an IRA, you can make what's known as a direct rollover, in which the administrator of your old retirement plan will send you a check made payable to the custodian of your IRA. No taxes will be withheld, but you need to get the funds transferred within 60 days to avoid any potential tax issues.

You spend years contributing to your IRA and 401(k) — and for good reason. So, when it's time to move that money, be careful and consider getting help from your financial and tax professionals. These funds can play a big role in your retirement income, so manage them wisely.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.

OBITUARIES

Medora B. Jones, 90



Southbridge — Medora B. (Morneau) Jones, 90, passed away on Saturday, July 2nd, in the Webster Manor Healthcare Center, Webster, after a long illness.

Her husband of 62 years, Arthur R. “Dickie” Jones, passed away in 2018. Her son, Kevin Jones, passed away in 1967. She leaves her three sons, Brian Jones and his wife Mariam of South Carolina, Alan Jones and his wife Janet of Southbridge and Todd Jones and his wife Nancy of Southbridge; her five daughters, Sharon Parent and her husband Kurt of Southbridge, Sandra Smick and her husband David

of Southbridge, Donna Winston and her husband Allen of Ocala, FL, Ruby Jones and her fiancé Kevin Rekowski of Webster and Lisa Jones of Connecticut; 1 brother; 3 sisters; 10 grandchildren; 8 great grandchildren; and many nieces and nephews. She was predeceased by 4 brothers and 6 sisters. Medora was born in Southbridge the daughter of Paul and Theresae (Laroche) Morneau.

Medora worked at the former Underwood Typewriter in Southbridge, retiring many years ago. A graveside service was held on Friday, July 9th, in the New Notre Dame Cemetery, Southbridge.

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing arrangements. www.morrillfuneralhome.com

Tasse-Crowley Oil & Propane issues matching gift challenge

SOUTHBRIDGE / NORTH BROOKFIELD — Tasse-Crowley Oil and Propane has issued a \$2,500 matching gift challenge for the Campaign to Restore the Carillon Chimes at the Walker Scouting Memorial at Walnut Grove Cemetery in North Brookfield in honor of Crowley Fuel’s Bob LaFlamme. Bob is retiring this year after 34 years of dedicated service to his home heating customers in the Brookfields and surrounding communities and a lifetime of service to Scouting.

According to Tasse/Crowley president and CEO Jeff Tasse, the company will match every donation of \$100 or more made after July 15 – a dollar for each of Crowley Fuel’s 100 years in business – to the Walker Memorial Carillon Restoration Fund, up to a total of \$2,500.

“Crowley Fuel has been a North

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\$700,000, 4 Linden Ln, Oday Jr, John F, and Oday, Marlene J, to Wheelock, Danielle, and Wheelock, Andrew.

\$610,000, 46 Field St, Perron, Daniel J, and Perron, Eileen J, to Johnson, Lindsay M, and Murtagh, Brian F.

\$540,000, 262 Central St, Fazza Management Inc, to PRC Construction Co LLC.

\$400,000, 31 Manor Rd, Pelletier, Paul A, and Pelletier, Judith H, to Grady, John K, and Grady, Melody M.

\$320,000, 1 Francis St, Larsen Paul M Est, and Arruda, Jane T, to Lade Investments LLC.

\$272,000, 36 Central St, Deberadinis, Sebrina M, and Anderson, Sean P, to 36 Ctrl Street Auburn LLC.

SOUTHBRIDGE

\$416,160, 153 Marcy St, M2M Realty LLC, to Jil Properties Group LLC.

\$380,000, 6 Maggie Ln, Gaboury, Leo, and Gaboury, Annette T, to Rojas, Severiano, and Lopez, Salorin.

\$355,000, 555 Dennison Dr, Keith Lapierre RT, and Anglim, Carol, to Aponte, Niva A.

\$336,600, 66 E Main St, Tran, Quoc B, and Hunyh, Pho T, to Hsil Property Mgmt LLC.

\$145,000, 44 Maria Ave #B3, Robinson, Samantha C, to Pagan, Analis M.

Brookfield institution for one hundred and two years,” said Tasse, “30-plus of them under the capable leadership of Bob LaFlamme. We can think of no better way to recognize Bob’s service to his profession, his community, and to Scouting than to encourage support for this project. This is also a great way to thank the community for its ongoing support of our business.”

Walker Memorial Garden was designed and constructed by Norman Walker to honor the memory of his son, Ronald. Because both father and son shared a love for Scouting and because Scouting had brought them so close to one another, the idea for a “Living Memorial to Scouting” was born. It was dedicated on Memorial Day, May 25, 1970, and for the past 52 years, Scouts from around central Massachusetts have gathered there on the Saturday after Memorial Day to honor Scouters who died during the previous twelve months.

“The original memorial included a beautiful set of carillon chimes that were set into motion every time a visitor passed into the Memorial Garden,” explained Joe Klimavich, chairman of the restoration committee. “Sadly, weather and time took their toll on the carillon and the chimes have been silent for many years.”

“The restoration project involves replacing the carillon chimes equipment and speakers with programable state of the art technology, encasing the system in a vapor-proof box, restoring the electrical network that powers the system, installing a new activation mechanism, and adding overnight lighting to the memorial and the flagpole,” Klimavich said.

To participate in this matching gift challenge, please mail your check payable to Joseph Klimavich, PO Box 691, Brookfield, MA 01506 and write “Walker Memorial Carillon” on the memo line, or visit the GoFundMe campaign at <https://gofund.me/d2f99867>. (Please specify if your donation is being made in memory of someone so that may be noted when the list of donors is published.)

For additional information about how to support this project, please contact Klimavich by email at joe.klimavich@gmail.com or by phone/text at (508) 769-8391.

Golden Bear pride shines brightly as Western NE University welcomes its newest members to the alumni family

SPRINGFIELD — Western New England University held its undergraduate commencement ceremony on May 21 in the Anthony S. Caprio Alumni Healthful Living Center, celebrating the Class of 2022. The keynote speaker Nick Newell (’08), a professional Mixed Martial Artist, talked about the power of dedication. “To be great, you must be willing to do things others will not so you can achieve things that others can’t.” He told the class of 2022 that they have proven their resiliency and encouraged them to continue chasing their goals.

Congratulations and best wishes to the newest Golden Bear Alumni. WNE is proud of you!

Elizabeth J. Simonian of Auburn graduated with a BS in Criminal Justice.

Kade Brian Moore of Auburn graduated with a BSBA in Marketing. Kade also graduated with a minor in Entrepreneurship.

Sarah Rose Newhart of Southbridge graduated with a BS in Health Sciences. Sarah also graduated with a minor in Psychology.

Bethany M. Lach of Southbridge graduated with a BSE in Electrical Engineering.

Western New England University (WNE) is a private, nationally ranked, comprehensive institution with a focus on preparing work-ready and world-ready graduates. Founded in 1919 in Springfield, Massachusetts as a division of Northeastern College, WNE’s 215-acre suburban campus serves more than 3,700 students, including over 2,500 full-time undergraduates. More than 47,000 alumni have earned degrees through its 90+ undergraduate, graduate, and professional programs at Colleges of Arts and Sciences, Business, Engineering, and Pharmacy and Health Sciences, and School of Law. Students come from 39 U.S. states and territories and 23 countries. Of 45,104 living alumni, 30% remain within the region, residing in the four Western Massachusetts counties and northern Connecticut.

WNE is classified among nationally ranked universities in US News and World Report, and among the Top 100 Undergraduate Engineering programs, and in the Doctoral/Professional Universities category in the Carnegie Classification of Institutions of Higher Education.

Central One Federal Credit Union announces scholarship recipients

SHREWSBURY — Central One is pleased to announce the recipients of their 2022 Student Member Academic Scholarship and Annual Academic Scholarship.

Jake Shepard from Keefe Regional Technical School was awarded the \$1,000 Student Member Academic Scholarship.

The Annual Academic Scholarship awards graduating seniors from Algonquin Regional High School, Auburn High School, Shrewsbury High School, and Westborough High School.

2022 Annual Academic Scholarship recipients are:

Sophie Scerbin – Westborough High School-\$4,000

Sophia Jorgensen– Algonquin Regional High School-\$1,000

Reese Levansavich– Auburn High School-\$1,000

Dennis McNamara– Shrewsbury High School-\$1,000

These winners were chosen based on academic merit, school activities, community involvement, and finan-

cial need. Each academic scholarship is for students entering a four-year accredited program and majoring in Business or Finance.

Central One wishes all recipients and applicants the best of luck as they begin their college careers.

For more information about the scholarships or Central One Federal Credit Union, visit our website at www.centralfcu.com.

About Central One Federal Credit Union

Central One Federal Credit Union is a not-for-profit financial institution that provides members with excellent, personalized service. Central One offers a wide range of savings, deposit, and loan products designed for the local community, and has branches in Auburn, Northborough, Shrewsbury, Westborough, and Worcester; as well as school branches in both Shrewsbury and Westborough High Schools. Learn more about Central One and why we have been named one of the top credit unions in Central MA. www.centralfcu.com

Elms College announces Dean’s List for Spring 2022

CHICOPEE — The College of Our Lady of the Elms has named the following students to the dean’s list for the spring 2022 semester. Congratulations to all the students who are named to the list.

Jemma Marsh of Auburn

Kyle Sebastianski of Auburn

Abigail Sherbourne of Auburn

Gabriella Roberts, of Southbridge

More than 540 students were named to the spring 2022 Dean’s List. To qualify, a full-time student must earn a GPA of 3.5 or higher, without incompletes.

Elms College is a co-educational Catholic college offering a liberal arts curriculum that prepares students holistically for a purposeful life in a diverse and interconnected world. Founded in 1928 by the Sisters of St. Joseph, Elms College has a tradition of educating reflective, principled and creative learners, who are rooted in faith, educated in mind, compassionate in heart, responsive to civic and social obligations, and capable of adjusting to change without compromising principle.



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LEGALS

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

Premises: 215 Hamilton Street, Southbridge, Massachusetts
By virtue and in execution of the Power of Sale contained in a certain mortgage given by Alan D. King Sr. to Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for American Financial Resources, Inc., said mortgage dated June 11, 2013, and recorded in the Worcester County (Worcester District) Registry of Deeds, in Book 51195 at Page 310 and now held by Lakeview Loan Servicing, LLC by virtue of an assignment from American Financial Resources, Inc. to Lakeview Loan Servicing, LLC dated August 28, 2015 and recorded in Worcester County (Worcester District) Registry of Deeds in Book 54235, Page 291; previously assigned by Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for American Financial Resources, Inc., its successors by virtue of assignment to American Financial Resources, Inc. dated November 26, 2014 and recorded in Worcester County (Worcester District) Registry of Deeds in Book 54210, Page 166; as affected by Default Judgment recorded on June 5, 2018 in Worcester County (Worcester District) Registry of Deeds in Book 58900, Page 164, for breach of the conditions in said mortgage and for the purpose of foreclosing the same, will be sold at **Public Auction on August 11, 2022 at 10:00 AM Local Time** upon the premises, all and singular the premises described in said mortgage, to wit: THE LAND IN THE TOWN OF SOUTHBIDGE, WORCESTER COUNTY, MASSACHUSETTS, ON THE WESTERLY SIDE OF HAMILTON STREET, AND BOUNDED AND DESCRIBED AS FOLLOWS: BEGINNING AT A STONE BOUNDARY ON THE WESTERLY LINE OF SAID HAMILTON STREET AT CORNER OF LAND NOW OR FORMERLY OF PETER BACHAND; THENCE WESTERLY BY LAND OF SAID BACHAND, ABOUT ONE HUNDRED FORTY-FIVE TENTHS (145.5) FEET, TO A STONE BOUND AND A PASSWAY TEN AND FIVE TENTHS (10.5) FEET WIDE THAT EXTENDS SOUTHERLY FROM MARCY STREET PAST THE SAID TRACT OR PARCEL OF LAND TO BE CONVEYED; THENCE SOUTHERLY BY THE EASTERLY LINE OF SAID PASSWAY, ABOUT FIFTY-TWO AND FIVE TENTHS (52.5) FEET, TO CORNER OF LAND NOW OR FORMERLY OF JOHN B. BONIN; THENCE EASTERLY BY LAND OF SAID BONIN, ABOUT ONE HUNDRED FORTY-FOUR (144) FEET, TO SAID LINE OF SAID HAMILTON STREET; THENCE NORTHERLY BY SAID LINE OF HAMILTON STREET, ABOUT SIXTY-SIX (66) FEET, TO THE STONE BOUND AND POINT OF BEGINNING, TOGETHER WITH THE BUILDINGS THEREON. AND ALSO APPURTENANT TO THE GRANTED PREMISES, THE RIGHT TO PASS OVER SAID PASSWAY, IN COMMON WITH OTHERS, TO AND FROM MARCY STREET TO THE REAR OF THE GRANTED PREMISES. BEING THE SAME PROPERTY CONVEYED TO ALAN D. KING SR. AND CHERYL KING BY DEED FROM ALAN D. KING SR., RECORDED 11/22/2004 IN DEED BOOK 35138 PAGE 56, IN THE REGISTRY OF DEEDS PLAN FOR WORCESTER COUNTY, MASSACHUSETTS. The description of the property that appears in the mortgage to be foreclosed shall control in the event of a typographical error in this publication. For Mortgagors' Title see deed dated November 22, 2004, and recorded in Book 35138 at Page 56 with the Worcester County (Worcester District) Registry of Deeds. TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described. FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid by a certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within sixty (60) days after the date of sale. Other terms to be announced at the sale.

BENDETT & MCHUGH, PC
270 Farmington Avenue
Farmington, CT 06032
Attorney for Lakeview Loan Servicing, LLC
Present Holder of the Mortgage (860) 677-2868
July 7, 2022
July 15, 2022
July 21, 2022

LEGAL NOTICE MORTGAGEE'S SALE OF REAL ESTATE NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by James W. Bibeau and Dawn M. Bibeau, to Mortgage Electronic Registration Systems, Inc., as nominee for Family Choice Mortgage Corporation, dated February 20, 2008, and recorded with the Worcester County (Worcester District) Registry of Deeds in Book 42443 at Page 157; as affected by a Loan Modification Agreement, dated November 4, 2014 and recorded with the Worcester County (Worcester District) Registry of Deeds in Book 53204, Page 231; as further affected by a Loan Modification Agreement, dated March 18, 2016 and recorded with the Worcester County (Worcester District) Registry of Deeds in Book 55398, Page 337, of which mortgage the undersigned is the present holder by assignment from Mortgage Electronic Registration Systems, Inc., to Chase Home Finance, LLC, dated September 10, 2009, recorded with the Worcester County (Worcester District) Registry of Deeds in Book 44851, Page 253; by assignment from Mortgage Electronic Registration Systems, Inc., to Chase Home Finance, LLC, dated September 10, 2009, recorded with the Worcester County (Worcester District) Registry of Deeds in Book 44851, Page 253; by assignment from JPMorgan Chase Bank, National Association to Federal National Mortgage Association, dated May 30, 2014, recorded with the Worcester County (Worcester District) Registry of Deeds in Book 52999, Page 352; by assignment from Federal National Mortgage Association to Nationstar Mortgage LLC D/B/A Mr. Cooper, dated April 30, 2019, recorded with the Worcester County (Worcester District) Registry of Deeds in Book 60354, Page 209; by assignment from JPMorgan Chase Bank, National Association successor by merger to Chase Home Finance LLC to Mortgage Electronic Registration Systems, Inc., as nominee for Family Choice Mortgage Corporation, dated February 3, 2020, recorded with the Worcester County (Worcester District) Registry of Deeds in Book 61868, Page 213; by assignment from Nationstar Mortgage LLC D/B/A Mr. Cooper to U.S. Bank Trust National Association, as Trustee of the Igloo Series IV Trust, dated August 11, 2020, recorded with the Worcester County (Worcester District) Registry of Deeds in Book 63318, Page 221; and by an assignment from U.S. Bank Trust National Association, as Trustee of the Igloo Series IV Trust to U.S. Bank Trust National Association, as Trustee of the Bungalow Series IV Trust, dated August 28, 2020, recorded with the Worcester County (Worcester District) Registry of Deeds in Book 63318, Page 224, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction at 12:00 P.M. on the 9th day of August 2022 at 45 Sawyers Path, Southbridge, MA 01550, all and singular the premises described in said mortgage, To wit: The land and buildings thereon shown as Parcel# 2 on a Plan of Land located at Sawyers Path, Southbridge, Massachusetts surveyed for Robert W. Fogarty Sr. prepared by Bertin Engineering Associates, Inc. dated December 17, 2004 and recorded with the Worcester District Registry of Deeds on April 22, 2005 in Plan Book 824, Plan 108, more particularly bounded and described as follows: Beginning at a point at the northeast corner of the land herein described and the northwest corner of Parcel I as shown on said plan; Thence S. 07° 44' 58" E. a distance of 111.62 feet to a point; Thence S. 31 ° 03' 17" E. a distance of 161.89 feet to a point; Thence S. 41 ° 09' 45" W. a distance of 86.10 feet to a point, said course being a "tie course"; Thence N. 63° 58' 18" W. a distance of 71.05 feet to a point; Thence N. 80° 24' 43" W. a distance of 195.30 feet to a point; Thence N. 20° 29' 57" W. a distance of 100.66 feet to a point at the southerly side of Sawyers Path; Thence N. 58° 57' 53" E. along the southerly side of Sawyer's Path a distance of 202.54 feet to a point; Thence continuing along the southerly side of Sawyer's Path in a curve to the left having a radius of 849.76 feet a distance of 92.14 feet to the point of beginning. Containing 57,601.96 square feet (1.32 acres) according to said plan. BEING the same premises conveyed to Kenneth J. LeBlanc by deed of Robert W. Fogarty, Sr., dated May 24, 2005 and recorded with the Worcester District Registry of Deeds on June 1, 2005 in Book 36463, Page 42. Premises to be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature

of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed. Terms of sale: A deposit of five thousand dollars (\$5,000) by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by wire transfer to Demerle Hoeger LLP, 10 City Square, 4th Floor, Boston, MA 02129 within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. In the event of an error in this publication, the description of the premises contained in said mortgage shall control. Other terms, if any, to be announced at the sale. U.S. Bank Trust National Association, as Trustee of the Bungalow Series IV Trust, Present holder of said mortgage, By its Attorneys, Demerle Hoeger LLP 10 City Square, 4th Floor Boston, MA 02129 (617) 337-4444
July 14, 2022
July 21, 2022
July 28, 2022
Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO22P2356EA CITATION ON PETITION FOR FORMAL ADJUDICATION Estate of: Linda M Fagerquist Date of Death: 06/23/2022 To all interested persons: A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Lauri A Fagerquist of Lowell MA** requesting that the Court enter a formal Decree and Order for such other relief as requested in the Petition. The Petitioner requests that **Lauri A Fagerquist of Lowell MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**. IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 08/02/2022**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you. UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy, First Justice of this Court. Date: July 06, 2022 Stephanie K. Fattman, Register of Probate July 21, 2022
CHARLTON CONSERVATION COMMISSION PUBLIC HEARING NOTICE In accordance with the Wetland Protection Act of the General Laws of the Commonwealth of Massachusetts, Chapter 131, Section 40, the Charlton Conservation Commission will hold a public hearing on July 27, 2022, on the application of Marie Romagnano The applicant has submitted a Notice of Intent for the expansion and repair of existing dock for permanent placement of handicap access and the replacement of a deck. The project site is located at 166 Partridge Hill Road, Charlton, MA Pursuant to Chapter 20 of the Acts of 2021, this meeting of the Charlton Conservation Commission will be conducted via remote means. Members of the public who wish to participate can access the meeting remotely, via Zoom Conferencing by calling 1-646 558 8656 and using meeting ID # 892 9898 0343 Passcode 458971 or using the link below <https://us02web.zoom>

[us/j/89298980343?pwd=VjIMZGIhU-GRnYzRkR1c2eTJTL3lWZz09](https://us02web.zoom.us/j/89298980343?pwd=VjIMZGIhU-GRnYzRkR1c2eTJTL3lWZz09) Copies of the Notice of Intent may be examined electronically by visiting this Website: <https://www.townofcharlton.net/262/Conservation-Commission> Thomas O'Malley Chair, Charlton Conservation Commission July 21, 2022

Sturbridge Planning Board Public Hearing Application for Site Plan Approval & Special Permit Cellco Partnership dba Verizon Wireless

In accordance with the provisions of M.G.L. Ch. 40A, §11, the Planning Board will hold a Public Hearing at the Sturbridge Center Office Building, 301 Main Street, Sturbridge, MA on Tuesday, August 9, 2022 at 6:35 PM on the application of Cellco Partnership dba Verizon Wireless, 15 Chestnut Street Worcester, MA 01609. The applicant requests Site Plan Approval and a Special Permit in accordance with Article XIX and Article IX of the Zoning Bylaw to allow for the installation of a small antenna and associated equipment on an existing utility pole in the public right of way near 179 Main Street. A copy of the site plan and application can be inspected on the Sturbridge Town Website at <https://www.sturbridge.gov/planning-board/pages/recent-filings> or arrangements can be made to view the application packet by contacting the Sturbridge Planning Department at (508) 347-2508 or by email at jlacy@sturbridge.gov. Any person interested or wishing to be heard on this proposal should appear at the time and place designated. Please note that while an option for remote attendance and/or participation is being provided to the public, the meeting/hearing will not be suspended or terminated if technological problems interrupt the virtual broadcast, unless otherwise required by law. Members of the public who wish to participate remotely may listen and or watch the meeting online via the Town's on demand video broadcast or via cable television on channel 191. Specific information and the general guidelines for remote participation can be found on the Town's website at: <https://www.sturbridge.gov/town-administrator/pages/how-access-virtual-meeting>. Charles Blanchard Chairperson July 21, 2022 July 28, 2022

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

Premises: 72 Route 15, Sturbridge, MA 01566
By virtue and in execution of the Power of Sale contained in a certain mortgage given by Daniel Richard Angell to Mortgage Electronic Registration Systems, Inc., as Mortgagee, as nominee for Fairway Independent Mortgage Corporation, and now held by **Lakeview Loan Servicing, LLC**, said mortgage dated June 12, 2018 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 58934, Page 88, said mortgage was assigned from Mortgage Electronic Registration Systems, Inc. as nominee for Fairway Independent Mortgage Corporation to Lakeview Loan Servicing, LLC by assignment dated January 16, 2019 and recorded with said Registry of Deeds in Book 60005, Page 76; for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at **Public Auction on September 8, 2022 at 10:00 AM Local Time** upon the premises, all and singular the premises described in said mortgage, to wit:

A Certain parcel of land with the buildings thereon located at 72 Route 15, Sturbridge, Worcester County, Massachusetts, being more particularly described as follows: TRACT I: The land in Sturbridge, Worcester County, Massachusetts, situated on the easterly side of the state highway to Union, Connecticut, Route 15, bounded and described as follows: BEGINNING at the northwesterly corner thereof, at the southwesterly corner of land now or formerly of Teddy R. Gawron and Jo-Ann Gawron on the easterly side of said state highway as relocated in 1950; THENCE S. 77 17' 31" E. by land of said Gawron three hundred seventy-four (374) feet to a wall at land of Public House Corporation, formerly Farguhar; THENCE S . 6 43' W. along the wall by land of said Public House Corporation one hundred five and 3/100 (105.03) feet to an iron pipe in said wall; THENCE N. 77 34' 31" W. by land now or formerly or Lemoine as Executor three hundred seventy-nine and 1/10 (379.1) feet to a stone bound on the easterly side of said state highway; THENCE N. 12 25' 29" E. by the easterly line of said state highway one hundred seven and 36/100 (107.36) feet to the point of beginning. Together

IMAGES

continued from page A1

Because there’s no way to go out and fix problems when it’s orbiting at about 950,000 miles away, Webb was designed with multiple redundant systems and computer programs that compensate for errors and damage. Tata noted they’ve already seen that matter – one mirror segment got hit by a micrometeorite, but the computers can correct for that.

“This is the greatest engineering feat we’ve probably ever done,” Tata noted.

Zembrowski agreed, later observing, “Look at what it’s already doing, and it’s just one week in service.”

Zembrowski said Webb’s first five images have pushed the limit of what humanity can see of the early universe back to events of 13.1 billion years ago (BYA), shortly after the first galaxies started forming. The universe was born about 13.8 BYA, but scientists like him don’t believe we’ll be able to see anything beyond about 13.6 BYA.

One key aspect of Webb’s technology is its spectrometer, which records the light spectrum space objects emit. Since all elements have a specific spectrum, that enables astronomers to see what the chemistry of stars and planets are. While even Webb cannot see alien life, it can tell us whether an exoplanet has an atmosphere we might associate with life. Similarly, it allows people to identify the images of extremely distant objects like galaxies that are being distorted or multiplied by the gravity of much closer objects.

Zembrowski highlighted the “Big 5,” Webb’s first five publicly available images. They range from updates of items already well-known to astronomers, such as the star nursery of the Carina Nebula (which some sites online have pointed out looks exactly like the coast of Algeria), to tiny objects only barely seen by Hubble, like WASP 96b. That’s a “hot Jupiter” planet orbiting so close to its parent star that it would be inside Mercury’s orbit here. Webb learned it has water vapor “all the way through” its atmosphere, but that doesn’t at all mean life, since the world is about 2,000 degrees.

Another sight reminds him of “what our sun’s going to look like in about 2 billion years” – the Southern Ring Nebula (NGC 3132). It’s a planetary nebula, formed when its parent star shed its outer layers as its core shrank into a white dwarf. As Sol ages, it will run out of hydrogen fuel and start fusing helium, then other elements. That causes it to expand as a red giant, during which its surface might reach Earth’s orbit, but Earth will be well past habitability by then.

Curiously, Zembrowski added, Webb’s more powerful scope found an interesting aspect of the SRN. Its core is a binary star, one of them the nebula’s parent white dwarf, while the other is a still-active star.

Many of Web’s first explorations will be follow-ups on things Hubble could not see too clearly. A case in point is Stephan’s Quintet, four galaxies at 290 million light years with a fifth that’s only 40 MLY. In it, two of the galaxies are “cannibalizing each other” as they collide and one has been found to have a central black hole.

Zembrowski noted collisions are common, but do not mean stars actually collide, just the galactic gas clouds do. That usually sparks star formation. Our galaxy, the Milky Way, will collide with Andromeda in about 4.5 billion years, and is currently “cannibalizing” one of its much smaller satellite

galaxies.

“You’re looking at the cosmic beauty shots,” which came with lots of data to analyze, he said. “A lot of good PhD theses will be written on this data. ... You never really answer the question you asked. You sort of hint at an answer, but get five other questions.”

Tata and Zembrowski are NASA ambassadors and members of the Aldrich Astronomy Society. Their talk was sponsored by the Southbridge Cultural Council.

Gus Steeves can be reached at gus.steeves2@gmail.com.

MUSIC

continued from page A1

little shop where a man made [them,]” Porcino recalled.

After playing the erhu, he asked, “Can you hear China in that?”

According to Wikipedia, the erhu developed from a Tang Dynasty instrument, probably originating among northeastern China’s Xi people, although it was mostly played in folk music from southern China. Traditionally, an erhu was covered in a python skin and played with a horse-hair bow. Today, it’s “used in both traditional and contemporary music arrangements,” including styles borrowed from the West.

Later, Porcino noted he’s curious what the instrument’s Chinese name’s pictograms mean. Wikipedia says “er-” is “two,” probably from its two strings, while “-hu” indicates it’s in “the Huqin [instrument] family, with Hu commonly meaning ‘barbarians.’”

Another of his instruments combined a much more lofty origin with a very base one – the shehnai, from Pakistan. Porcino noted it’s famous for being the instrument snake charmers used to make their cobras dance, and “girls and women are not allowed to play [it].” (The snakes cannot hear, but they feel the vibrations.)

According to Encyclopedia Britannica, though, it descended originally from Arabia’s surnay and Iran’s surna, and was “played on auspicious

occasions such as weddings and temple festivities.” In India, the shehnai was one of several members of the naubat, a royal musical ensemble at the Mughal court in Delhi.

A key part of Porcino’s show had as much to do with food as music.

“I was in Boston, in the mood to taste food I’d never tasted before,” he said.

That led him to an Ethiopian restaurant, where he picked a dish based simply on it sounding tasty. When it arrived, the waitress didn’t bring silverware, and he didn’t know what to do; soon, however, she also brought a plate full of injeri, a kind of flatbread used to scoop up the food.

That inspired six months of work on a song called “The Boatman,” which incorporates instruments from “six musical traditions from around the world in two minutes.” Over those two minutes, Porcino demonstrated the violin played in a style from the former Yugoslavia, Spanish guitar, Irish/Spanish clogging, a mouth-harp, the “hambone” or Juba style of southern US (playing thighs) and cheeks. Juba

came from the former slaves, who fell back to playing their own bodies when the slavers “didn’t want them to have musical instruments ... but their spirits were so strong,” he said.

Among the other things visitors could play with were a Russian bala-laika, a Hawaiian ukulele, giant seed pods from Barbados, a concertina, Irish spoons, various drums including the Turkish doumbek, and this metal device crafted to make movie sound effects.

For some time, most of them “just sat in my house and I thought they need to be heard and played by people,” Porcino said.

Gus Steeves can be reached at gus.steeves2@gmail.com.

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LEGALS

with a right of way over and right of way over and right to maintain electric and telephone wires over and sewer, water and gas pipes in a strip of land 30 feet in width easterly of and immediately adjoining the 1950 layout of said state highway, extending from a part of said highway which was formerly the easterly portion of land of George B. Lynch et ux, at the southeasterly corner of said Lynch land, southerly to granted premises and reserving a like right of way and like rights in continuation of said strip 30 feet in width easterly of and immediately adjoining the easterly line of said state highway across the granted premises to land now or formerly of Lemoine as Executor. Tract II The land in said Sturbridge situated on the easterly side of the state highway to Union, Connecticut, bounded and described as follows: BEGINNING at an iron pipe in the ground on the easterly side of the state highway to Union, Connecticut, bounded and described as follows: BEGINNING at an iron pipe in the ground on the easterly side line of said highway situated n. 12 E. a distance of five hundred twenty (520) feet from a Massachusetts Highway bound opposite station 296 & 99.23 on the 1929 layout of said highway; THENCE N. 12 E. by the easterly side line of said highway two hundred (200) feet southerly from the southeasterly corner of land of George C. Lynch et ux; THENCE S. 77 17" by land now or formerly of Lemoine as Executor about four hundred ninety-six (496) feet to an iron pipe on a wall at land of Richard D. Treadway; THENCE S. 6 43' W. along said wall by land of said Treadway two hundred one and 15/100 (201.15) feet to an iron pipe in said wall; THENCE N. 77 W. by land of unknown about five hundred sixteen (516) feet to the point of beginning.

The description of the property contained in the mortgage shall control in the event of a typographical error in this publication. For Mortgagor's Title see deed dated June 7, 2018 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 58934, Page 84. TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described. FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid in cash, certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within thirty (30) days after the date of sale. Other terms to be announced at the sale.

Brock & Scott, PLLC
1080 Main Street, Suite 200
Pawtucket, RI 02860
Attorney for Lakeview Loan Servicing, LLC
Present Holder of the Mortgage
401-217-8701

July 21, 2022
July 28, 2022
August 4, 2022

CHARLTON CONSERVATION COMMISSION PUBLIC HEARING NOTICE

In accordance with the Wetland Protection Act of the General Laws of the Commonwealth of Massachusetts, Chapter 131, Section 40, the Charlton Conservation Commission will hold a public hearing on July 27, 2022, on the application of David Woods

The applicant has submitted a Notice of Intent for the construction 12'X20 deck. The project site is located at 120 Ramshorn Rd, Charlton, MA Pursuant to Chapter 20 of the Acts of 2021, this meeting of the Charlton Conservation Commission will be conducted via remote means. Members of the public who wish to participate can access the meeting remotely, via Zoom Conferencing by calling 1-646 558 8656 and using meeting ID # 892 9898 0343 Passcode 458971 or using the link below <https://us02web.zoom.us/j/89298980343?pwd=VjlmZGJhU-GRnYzRkR1c2eTJTL3lWZz09> Copies of the Notice of Intent may be examined electronically by visiting this Website: <https://www.townofcharlton.net/262/Conservation-Commission> Thomas O'Malley Chair, Charlton Conservation Commission July 21, 2022

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO22P2288EA CITATION ON PETITION FOR FORMAL ADJUDICATION Estate of: William Allen Stanton Date of Death: 08/22/2021

To all interested persons: A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Margery J Wilburn of Taneytown MD** requesting that the Court enter a formal Decree and Order for such other relief as requested in the Petition.

The Petitioner requests that **Margery J Wilburn of Taneytown MD** be appointed as Personal Representative(s) of said estate to serve **With Personal Surety** on the bond in **unsupervised administration**. IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 08/02/2022**. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you. UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy, First Justice of this Court. Date: July 02, 2022

Stephanie K. Fattman, Register of Probate

July 21, 2022



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WEBSTER – 127 Douglas Road! 8 Room Split! 3 Bdrms! 2 Baths! Set on 1.31 Acres! 2 Car Garage Under plus 2 Car Detached Garage w/Lot! Perfect for the Hobbyist or Car Collector! This Home Features Open Concept Living! Frp'd Living Room w/ Cathedral Ceiling & Recent Skylights! Remodeled Eat-in Kitchen w/Granite Counters, Breakfast Bar & Slider to the Deck! Oversized Full Bath w/Jacuzzi & Large Walk-in Shower! Hrdwd Flrs throughout the Kit, Liv Rm & Hallway! 3 Bdrms w/Wall to Wall! Finished Lower Level w/Tiled Mudroom! New Luxury Vinyl Flooring throughout Lower Level Fam Rm, Exercise Rm & Bath! Above-ground Pool! Custom Fire Pit! Perfect for Entertaining! Recent Well Pump! 2013 Electrical Service! 2011 Septic! The Updates are Done! Great Commuting Location! Only Minutes to 395 or 146! **\$434,900.00**



DUDLEY – 5 Elizabeth St! 6+ Rm Ranch! Featuring Frp'd Liv Rm w/Recessed Lighting & Guest Closet! Eat-in Kit w/Tile Flr! 3 Bdrms w/Hrdwd Flrs, 2 w/Ceiling Fans & Dble Closets! Hall Bath w/Tile Floor! Finished Lower Level! 20x25' Frp'd Fan Rm w/Recessed Lighting & 2nd Bthrm w/Shower! Possible Kitchenette or Office! Laundry & Utility Rm! Wired for a Generator! Economical Gas Heat & Hot Water! 3 Season Porch! Garage! **\$399,900.00**



DUDLEY – 67 Southbridge Road! 6 Rm Ranch Set on 16,875' Lot! Applianced Eat-in Kitchen! Dining Area and Fireplace Living Room w/ Hardwood Floors! 3 Bedrooms w/ Hardwood Floors and ample Closet Space! Spacious 11X14.5 Master! Full Tile Bath! Oil Heat! Garage! **\$279,900.00**



SUTTON – 90 Armsbury Rd! 8 Rm Meticulously Maintained 4 Bdrm/2.5 Bath Colonial, Pleasant Valley Country Club Near, is Ready for You! Formal Living Rm w/French Doors, Spacious Family Rm w/Gas Fireplace, Recessed Lighting & Slider Out to Private Deck! Formal Dining Rm! Fantastic Kitchen Featuring Stylish Ivory Cabinets, Stainless Appliances, Tile Backsplash, Wine Bar & Adjoining Dining Area! All w/Gleaming Hrdwd Floors! Spindle Staircase to the 2nd Flr Featuring a Huge Master w/Cathedral Ceiling w/Dble Walk-in Closet, Master Bath w/Dble Vanity, Tiled Shower & Soaking Tub! 3 Additional Comfortable Bdrms w/Ample Closets & Additional Full Bath! Expandable Walk-Out Lower Level w/Roughed-in Bathrm Ready to Complete! 2 Car Attached Garage & Recent Generator! Listed by Another, SOLD by Lake Realty! **\$829,900.00**



CHARLTON – 42 Harrington Rd! Beautiful 6 Rm Colonial w/3 Bdrms, 3.5 Baths Colonial set on .35 Acre Lot! 1st Floor w/9' Ceilings! Living Rm w/Bump-out, WW Carpeting & Crown Moldings! Tile Foyer! Dining Rm w/Frplace (never used), WW Carpet, Crown Molding & Wainscoting! Open Kitchen & Dining Area out to Wood Deck! Kit w/SS Appliances, Granite Island! 1/2 Bath off Kit w/Laundry! 2nd Floor w/3 Comfortable Bdrms! Master w/Vaulted Ceilings, Ceiling Fan, Walk in Closet, Master Bath w/Jetted Tub & Separate Shower, Skylight, & Double Vanity! 2nd Floor Hall Bath w/Skylight! Full Basement has Walk-out to Second Deck, Third Full Bath, Utility Rm! 2 Car Garage! Horseshoe Driveway w/Plenty of Parking! Deep Wooded Lot! **\$419,000.00**



SHREWSBURY – 34 Monroe St! 8 Rm, 4 Bdrm Colonial is Situated in a Sought After Neighborhood! Tree Lined Street w/Sidewalks, Close to Schools, Town Center & Highway! The Foyer Welcomes You into the Formal Din Rm w/Gleaming Hrdwds! Bright Liv Rm w/Vaulted Ceilings & View of its Park Like Grounds! Large Eat-in Kit w/Pantry & Gas Appliances, Perfect Gathering Place! Laundry Rm & 1/2 Bath Nearby! 1st Flr Frp'd Fam Rm w/Sliders out to Deck! 2nd Flr w/ Comfortable Bdrms w/Full Shared Bath plus the Master Bath! Full Lower Level w/Came Rm Awaits Your Finishing Touch! Workshop & Plenty of Storage! 2 Car Garage w/Plenty of Room for Storage & Work! Outdoor Living on the Deck Overlooking Yard! Shed! This Home is Ready to call it Yours! **\$699,900.00**



WEBSTER LAKE – 65 Bates Point Rd – Eastern Exposure – Beautiful Sunrises! Year Round – Principle Residence – Second Home – Remodel – Tear it Down and Start Anew! The Choice is Yours! Set on a 12,449' Lot, 50X249', 50.7' Waterfront! Plenty of Area for Expansion! Surrounded by Million Dollar Homes the Pallet is Yours to Create! 5+ Room Ranch with Full Walk-out Expandable Lower Level! Open Floor Plan! Applianced Kitchen, Dining Area and Living Room with Panoramic Water Views! 3 Bedrooms! Full Tile Bath! Oil Heat! Screened Porch! Detached Garage! Dock! Quick Closing! Summer is Just Around the Corner – Don't Delay! **\$710,950.00**



DUDLEY – 16 Joseph St! Spacious UPDATED 8 Rm Center Hall Garrison Colonial! Nicely Landscaped 25,561' Lot Set on a Cul-De-Sac "Dead End"! Ideal Residential Neighborhood! Dble Glass Door Tiled Center Hall Entry Foyer w/Guest Closet! SS Applianced Cherry Cabinet Kit w/Breakfast Bar, Corian Counters, Tile Flr Din Rm w/Hrdwds, Crown Moldings & Bay Window! Frp'd Liv Rm w/Pellet Stove, Custom Shelving, Hrdwds & Bay Window! Fam Rm w/Hrdwds, Custom Cabinetry, Ceiling Fan, French Doors & Slider to Deck Overlooking Private Backyard! 1/2 Bath w/Laundry Closet! Hall w/Dble Closet to the 2 Car Garage! 2nd Flr w/4 Spacious Bdrms w/Hrdwd & Vinyl Plank Flooring! MASTER w/2 Walk-in Closets, Ceiling Fan & Custom Tile MASTER BATH! Hall Bath w/Custom Tile Tub/Shower Surround w/Linen Closet! Don't Delay! **\$449,900.00**



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WEBSTER LAKE - 13 LOVELAND ROAD
Eastern Exposure & Amazing Sunrises! Beautiful shoreline, on highly sought after South Pond. 3 bedroom Cape features eat in kitchen w/island, fireplace living & dining room. 2nd floor, 2 bedrooms with 1/2 bath! Lower Level walkout, fireplace Family Room!! Half bath. A home for all seasons. New Shore Master Docks & Ramp.
NEW PRICE \$839,900

WEBSTER LAKE - 0 PATTISON RD



LAND - Terrific opportunity 14,798 SQ. Ft. of LAND. CONSERVATION APPROVAL for proposed Building, MASS DEP# 313-1167. 248+/- Road Frontage, 279+/- Water Frontage, Town Water & Sewer accessible. Not a swimmable Waterfront. **\$250,000.**

WEBSTER LAKE - 0 BLACK POINT RD



WATERFRONT LAND 6500 sq. ft. +/- Lot. Buy now, Build Later! Sandy Beach. Town Sewer & Water connections on the lot. Corner Lot. **\$339,900.**

WEBSTER - 6 GREYSTONE



New Listing: Complete Remodeling taking place. Beautiful Ranch! A Must See! 5 rooms, 2+ bedrooms, 1-1/2 Baths, Garage, Level Lot. **\$329,900.**

WEBSTER LAKE - 27 SOUTH POINT ROAD



NEW PRICE!
OOH! WHAT A VIEW!!! Middle & South Ponds! Unique opportunity to Own Water-front Property with an 80' +/- ft sandy beach! Fireworks from the comfort of your deck or lawn! 22 Acre & 100' rd frontage - allows for expansion possibilities! 2 Bdrm, 2 1/2 Bath, Garage, open floor plan. 3 Season Porch for added enjoyment! Walk-out L/Level is heated with Full Bath! **\$955,000.**

WEBSTER - 7 BRODEUR AVENUE



RARE FIND ~ TO BE BUILT - SPRAWLING 2,200 SQFT+ RANCH HOME! GARAGE Level 1/2 Acre Lot! FOUNDATION IS IN. Private backyard. GREAT LAYOUT! SOLID HARDWOOD FLOORS THROUGHOUT!
Seller will sell land, with improvements, Foundation w/Water & Sewer connections in. **\$140,000.**

WOODSTOCK • 540 NORWICH WORCESTER TURNPIKE RTE 16



NEW LISTING!
Can't miss this one! Elegant authentic colonial on Historic Woodstock Hill! Loads to offer. "English" Antique Barn, custom built Greenhouse, Separate office space in the original Woodstock Post Office! 2 Living rooms, dining room, newly renovated Kitchen. 4 bedrooms. Offers SOO Much More! **\$689,500.**

LAND: WEBSTER/OXFORD/PUTNAM

OXFORD - NEW LISTING! LAND - General Business Zoned! Marijuana OVERLAY DISTRICT! LAND with 4,095 SF Metal Building! 124 SOUTHBRIDGE RD (RTE 20). Town Sewer Project Plans are Approved. 22,884 sq. ft Level Lot. 140 ft of road frontage. **EXPLORE THE POSSIBILITIES! \$795,000.**

OXFORD - LAND - RTE 20 General Business Zoned! Marijuana OVERLAY DISTRICT! Vacant LAND, Level & cleared. 39,549 SF ON DEPOSIT \$419,900.


Putnam - LAND Zoned General Business .29 acre 103' frontage. Water, Sewer, & city gas available. 2 street entrances. **\$125,000**

Oxford - 2 Merriam Rd 80+/- Wooded Acres in Oxford & Charlton. ON DEPOSIT \$329,000.

Webster - Cooper Rd - 3 BUILDABLE LOTS! Water & Sewer Access! **SORRY, SOLD! \$79,900.**


On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

WEBSTER LAKE - TREASURE ISLAND #503




NEW PRICE!
Magazine Worthy Decor! New Kitchen with island, flooring, baths, gas fireplace! Newer Furnace. Completely furnished. 6 rooms, 2-1.2 baths! 2 deeded boat slips. Salt Water Pool, Sandy Beach! **\$649,900**

WEBSTER LAKE LOT- 22 SOUTH POINT RD



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WEBSTER LAKE - 13 BATES POINT ROAD



1st Time Offered! Impeccable Home! 6 Room, 3 bedroom 2-1/2 Baths. Master bedroom, Master Bath. Many recent updates! Oversize 2 car garage! Level Lot to the Shoreline. Nicely Landscaped! **\$715,000**

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WEBSTER: 4000 sq.ft. Victorian, 3.5 baths, Home office, 5 bedrooms, town services
38 Kiebart Ave ~ \$500's

Roger Williams University announces Spring 2022 Dean's List

BRISTOL, R.I. — Select students have been named to the Spring 2022 Dean's List at Roger Williams University in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean's List that semester.

Elexa McFadden of Auburn
Alli Schoenfeldt of Auburn
Niccola Zona of Auburn
Kayla Conway of Auburn
Cody Berube of Auburn
Samuel Elwell of Auburn
About RWU

At Roger Williams University, students are prepared to be thinkers and doers ready to solve challenging problems with innovative solutions. RWU offers 50 majors and robust offerings of graduate and profession-

al programs across eight schools of study including Rhode Island's only law school, with campuses on the coast of Bristol and in the heart of Providence, R.I. With small classrooms and a focus on undergraduate and graduate research and community engagement, a Roger Williams education blends the strength of liberal arts and professional studies, providing all students with the depth and breadth of interdisciplinary thinking and well-rounded knowledge necessary to succeed in our interconnected, global world. RWU is committed to strengthening society through engaged scholarship so that students graduate with the ability to think critically and apply the practical skills that today's employers demand.

Worcester Academy announces Honor Roll, Headmaster's List

WORCESTER — Worcester Academy proudly announces its 2022 Honor Roll and Headmaster's List. The honors represent the achievements that each of these Worcester Academy students has earned through academic excellence, challenge, and personal growth.

Kathryn O'Reilly of Auburn, Class of 2022, Head's List.

Eva O'Reilly of Auburn, Class of 2023, Head's List.

Matthew Cook of Auburn, Class of 2025, First Honors.

Tyler Cook of Auburn, Class of 2025, First Honors.

Ryan Sullivan of Auburn, Class of 2025, Head's List.

About Worcester Academy

Founded in 1834, Worcester Academy is an independent day and boarding school for boys and girls in grades 6 to 12 (and postgraduates). Located in the thriving city of Worcester, the Academy provides an exceptional and time-be-fitting educational experience that fosters personal growth, nurtures

a sense of belonging and well-being, and develops intellect and understanding through authentic community engagement and real-world experiences. Students, who are joyful and curious, define what it means to "Achieve the Honorable" and are equipped to honorably impact the world wherever they go.

For information about the Worcester Academy, contact Neil Isakson, director of external communications, at 508-459-6918 or e-mail him at neil.isakson@worcesteraacademy.org.



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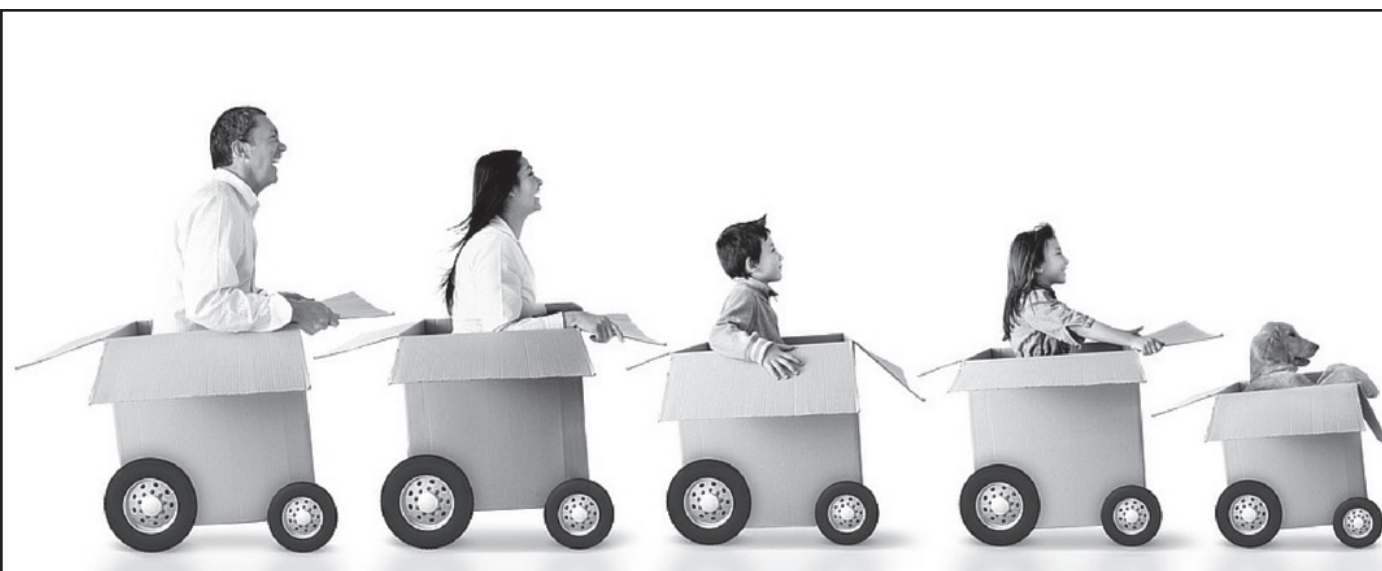
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SPORTS

Injury riddled season plagues Cherry Valley this summer



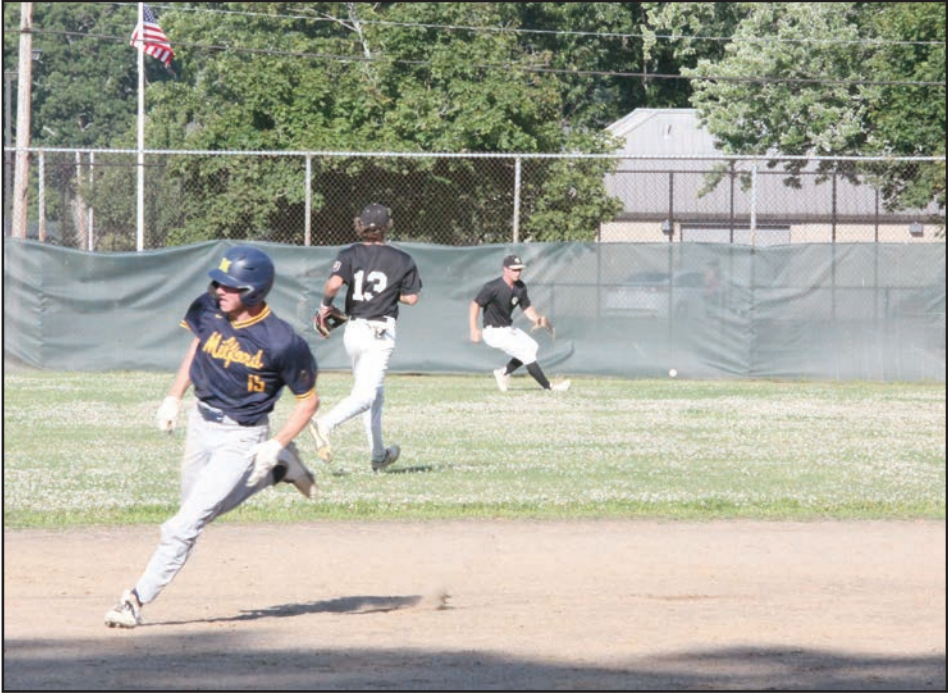
Nick Ethier photos
Cherry Valley starting pitcher Evan Remington delivers the ball in the first inning against Milford.

WORCESTER — Before the Cherry Valley Post 443 American Legion baseball team finished its season against Milford Post 59 on Thursday, July 14 at Tivnan Field at Lake Park, manager Jim Stephens looked back on what was a tough summer for his squad. “What really happened this year was the injuries. You can’t keep harping on it, but the injuries, no depth and

kids playing out of position [hurt us the most]. When we got behind, we couldn’t battle out,” explained Stephens. Cherry Valley lost to Milford, 16-2, in five mercy rule shortened innings to finish 5-16. Post 443 was scheduled to also finish its postponed game with Northborough Post 234 on July 14, but the Legion commissioner informed Stephens that it wouldn’t be played because it didn’t have any playoff implications. Northborough led 4-0 after an inning on July 12 before the game was called due to poor weather. Milford grabbed a 4-0 lead on Cherry Valley after the first inning, and all the runs scored on pitcher Evan Remington were unearned due to an early error.

Post 59 also scored four runs in the second inning and added two in the fourth and six more in the fifth. Matt Kustigian (two), Remington and Jacob Delvalle had the hits for Cherry Valley. When looking ahead to next summer, Stephens mentioned losing three important pieces due to aging out — they are Chris Kustigian, Dave Acevedo and Anthony Marsi — while also having a solid group should they return to the program. “I think next year, if we get these kids back, we could have a good team,” Stephens said while specifically mentioning Evan Brindisi, Matt Kustigian and Remington.

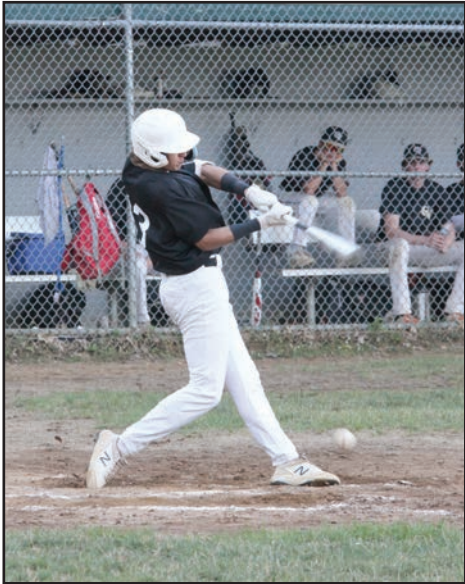
Nick Ethier



Nick Ethier photos
Center fielder Chris Kustigian of Cherry Valley makes a play on the ball, which keeps Milford's base runner from scoring.



Cherry Valley's Evan Brindisi takes a lead off the first base bag.



Cherry Valley's Jacob Delvalle takes a big swing versus Milford.
AT LEFT: Nolan Remington of Cherry Valley fires the ball back to the infield from left field.

NOVENA

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen. (insert intention) If you pray this three times a day for three consecutive days, you will receive your intention no matter how impossible it may seem. Thank you for prayers answered.

—H.C.

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TOWN OF CHARLTON
Council on Aging Director
The COA Director position is a full-time (40 hours) benefited position. The Director performs professional, administrative, and supervisory work in developing and implementing programs and services for the senior population. The director is responsible for meeting the needs of and enhancing the quality of life of the Town's senior population. Please see job description for complete list of qualifications and responsibilities. Hourly rate: \$28.46-\$31.42 dependent on experience and education. Please apply online at https://www.townofcharlton.net/158/Human-Resources no later than August 10, 2022. Position will remain open until filled. The Town of Charlton is an equal opportunity employer and encourages diversity.

TOWN OF CHARLTON
Activities Assistant for Council on Aging (15 hours per week)
The Council on Aging Department is seeking an Activities Assistant to help with bringing new innovative programs and organizing activities for our active senior community. Some administrative work will be required. Please see job description for complete list of qualifications and responsibilities. Hourly rate: \$16.06 – \$17.72 dependent on experience and education. Please apply online at https://www.townofcharlton.net/158/Human-Resources no later than August 10, 2022. Position will remain open until filled. The Town of Charlton is an equal opportunity employer and encourages diversity.

SPORTS

Young Sturbridge team gains plenty of experience during trying season



Nick Ethier photos

Sturbridge first baseman Anthony Pellegrine catches the ball with his foot on the bag to record an out.



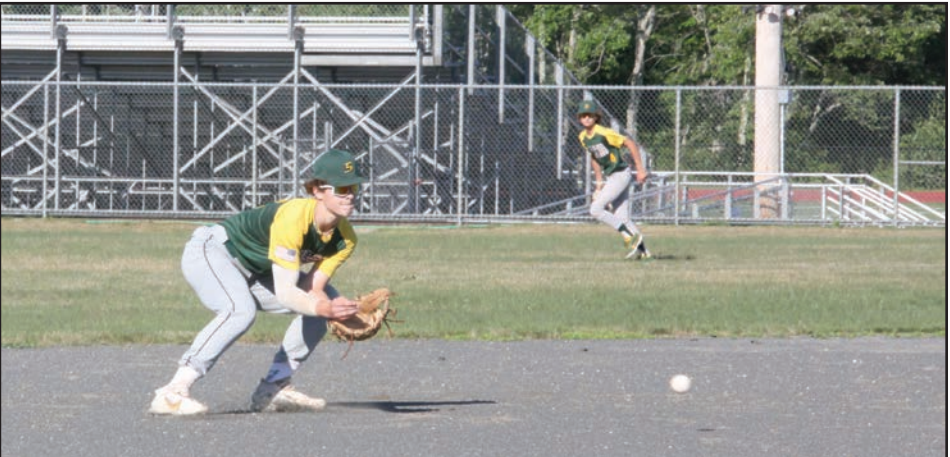
Sturbridge pitcher Joe Amaru has the ball sail off his finger-tips and toward the plate.

STURBRIDGE — Scoring only 48 runs and surrendering a total of 221 on their way to a winless 0-22 season, it was certainly a trying summer for the Sturbridge Post 109 American Legion baseball team. But instead of being down in the dumps about it, manager Jim Rosseel remained upbeat about the experience his young roster

gained while looking ahead to the future. “All the kids hung their heads high all year, until the very last inning of every game,” said Rosseel before Sturbridge hosted Milford Post 59 on Wednesday, July 13 at Tantasqua Regional. “The kids know they’re in over their heads and know that we’ll be good in the future. They’ve

said it. “They got plenty of playing time, all the young players,” continued Rosseel. Sturbridge ultimately lost to Milford, 11-0, in five mercy rule shortened innings and then forfeited their final game scheduled for July 14 at Hudson Post 100, but Post 109 showed some glimpses of solid ball against Milford. Post 59 scored just one run in the top of the first inning and didn’t score in the second against the pitching of Joe Amaru. But Milford began to pour things on in the third inning with a three-run output courtesy of a home run off the bat of Andrew Gaughan. Post 59 then scored five more times in the fourth inning and tacked on two more in the fifth. Devin Krochmalnyckyj and Tim Paine had the base hits for Sturbridge.

Nick Ethier



Shortstop Devin Krochmalnyckyj of Sturbridge gets low in anticipation of fielding the ground-ball.



Left fielder Ryan Kelly of Sturbridge covers a good amount of ground before catching the fly ball.

AUBURN RECREATION AND CULTURE SUMMER BASKETBALL LEAGUE RESULTS

After a week off from summer hoops due to the Fourth of July, the action in the Auburn Recreation and Culture Boys’ and Girls’ Summer Basketball Leagues picked back up. Below are last week’s results.

Boys’ Summer Basketball League
Monday, July 11
Tahanto 46, Bartlett 37
Tantasqua 50, Bay Path 34
David Prouty 44, Uxbridge 41
Auburn 54, Sutton 30
Quaboag 55, Leicester 30
Millbury 67, Shepherd Hill 55
Southbridge 38, Oxford 37
Quabbin 41, Grafton 38
Tuesday, July 12
Quaboag 62, Oxford 53
Wednesday, July 13
Quabbin 46, Uxbridge 43
Quaboag 38, Sutton 35
Shepherd Hill 52, Leicester 39
Southbridge 41, Millbury 21
Auburn 65, Oxford 54
Bartlett 52, Grafton 42
Bay Path 42, Tahanto 29
Tantasqua 51, David Prouty 45

Standings
Auburn (5-0)
Quabbin (5-0)
David Prouty (4-1)
Southbridge (4-1)
Quaboag (4-1)
Uxbridge (3-2)
Shepherd Hill (3-2)
Grafton (2-3)
Bartlett (2-3)
Bay Path (2-3)
Tantasqua (2-3)
Sutton (1-4)

Tahanto (1-4)
Millbury (1-4)
Oxford (1-4)
Leicester (0-5)
Girls’ Summer Basketball League
Tuesday, July 12
Notre Dame Academy defeats Worcester Tech (forfeit)
Blackstone Valley Tech 32, Quaboag 25
Tantasqua 16, Grafton 4
Worcester South 41, Northbridge 11
Quabbin 50, Auburn 18
Sutton 52, David Prouty 11
Uxbridge 47, Leicester 19
Thursday, July 14
Northbridge 45, David Prouty 14
Quabbin 48, Leicester 25
Sutton 32, Notre Dame Academy 29
Uxbridge 36, Quaboag 23
Tantasqua defeats Worcester Tech (forfeit)
Worcester South 50, Blackstone Valley Tech 9
Auburn 32, Grafton 30

Standings
Worcester South (6-0)
Notre Dame Academy (5-1)
Northbridge (5-1)
Uxbridge (5-1)
Sutton (5-1)
Tantasqua (3-3)
Quabbin (3-3)
Blackstone Valley Tech (3-3)
Quaboag (2-4)
Leicester (2-4)
Grafton (1-5)
Worcester Tech (1-5)
Auburn (1-5)
David Prouty (0-6)

Wild Bill Swim Challenge offers something for everyone



OPEN WATER SWIMMING RACES, NOVELTY SWIM, AND FAMILY FUN

BROOKFIELD — Organizers of the Wild Bill Swim Challenge to be held at the public beach on Lake Quacumquasit (aka South Pond) in Brookfield on Sunday, August 7, say the event is going to offer something for swimmers of all ages and ability levels, including new swimmers who are interested in putting their toe in the open water swim game for the first time.

Event creator Jennifer Yorzyk Triger says she hopes a lot of local swimmers will register for the “Everyone Can Swim Novelty Swim,” a 400-yard, dock-to-beach swim for first-timers. “For this event, we’re encouraging participants to use buoys, noodles, kickboards, or other floatation devices if they need to,” says Triger. “Just get in the water! Swimming is for everyone!”

A one-mile paddleboard/swim relay for two entrants with a 10:30 a.m. start will provide another opportunity for novice swimmers to test their skill.

The deadline to register for the paddleboard/swim relay, three-mile and one-mile open water swims is Monday, August 1. The three-mile and one-mile events have an 8 a.m. start time. Participants will be required to sign a waiver confirming that they can swim the distance they register for. All participants in these open water swims will receive a complimentary swag bag.

Entry fees and registration information may be found on the event website at wildbillswim.org.

The “Everyone Can Swim Novelty Swim” has a start time of 11 a.m. Advance online entry is encouraged, but registration will remain open up to and including the day of the event to allow everyone an opportunity to join the fun.

Open Water Interview Series Starting Mid-July

Beginning in mid-July, Triger will be interviewing top open water coaches and swimmers about topics such as the story of open water swimming, going from pool to open water, and

how to train for an open water swim. The interviews will be posted on the event’s Facebook and Instagram pages @WILDBILLSWIM.

“We’re eager to help introduce new people to the sport of swimming,” said Yorzyk, “so we’re doing what we can to provide the encouragement people may need to come to the conclusion that now is a good time to start.”

Family Fun and Raffle

There will also be fun activities for the family, entertainment, food trucks, a Vintage Bathing Beauties & Bloses Pageant, and a celebration of winners on the South Pond beach.

Following the event, participants are invited to gather at nearby Oakholm Brewery which is donating a portion of every “Wild Bill” brew sold in the beer garden on August 6 and 7 to the fundraiser.

A drawing will also be held with over \$500 in prizes including a one year membership to the new Planet Fitness in Sturbridge, gift cards to area restaurants, pottery, gourmet food baskets, floral arrangements, and a spa gift certificate. Raffle tickets are six for \$5, fifteen for \$10, and 30 for \$20 and are available now by emailing info@wildbillswim.org.

The Wild Bill Swim & Paddle Challenge

Yorzyk-Triger created the event as a tribute to her father, Olympic Gold Medalist Dr. William “Bill” Yorzyk, who died in 2020. Dr. Yorzyk, a long-time resident of South Pond, took the gold in the 200-meter butterfly at the 1956 Summer Olympics in Melbourne, Australia, just seven years after learning to swim as a freshman at Springfield College. He was a five-time NCAA All American who set a total of 11 World Records. Yorzyk swam competitively into his 70s and passed on his love of the sport to his sons and daughter.

Proceeds from this first Wild Bill Swim & Paddle Challenge will help fund a matching grant to benefit the Quacumquasit Pond Phosphorus Inactivation Project that was recently approved and funded by the Federal Clean Water Act Section 319 Grant Program.

Gold sponsors include SnowMagic, St Germain Investments, Cornerstone Bank, Keep Secure, Tasses Oil & Propane, and the Quaboag Quacumquasit Lake Association.

Yorzyk-Triger says volunteers and additional sponsors are still needed. For more information, email her at jenn@wildbillswim.org. Donations are also being accepted at gofundme.com/the-wild-bill-swim-and-paddle-challenge.

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Registration Events

Saturday, July 23 **OR**
Saturday, August 27
9:00 a.m. – 1:00 p.m.

Location:
Harrington Learning Center
QCC Main Campus
670 West Boylston Street, Worcester, MA

Drop-ins welcome!

QCC.edu/saturday



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