Free by request to residents of Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

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Friday, May 26, 2023

Community mourns loss of retired Uxbridge Police Lieutenant



Douglas locals present at Asian American & Pacific Islander Heritage Month celebration



Joseph and Gretheline Bolandrina

CAMBRIDGE — Joseph & Gretheline Bolandrina of Douglas assisted with the first Asian Street Food and Music Festival at Harvard Square last Sunday, May 7. The Church Street parking lot was festively adorned with banderitas (small pennants) to reflect the colors of the Filipino flag (red, white, blue, and yellow) and had over twelve street food vendors. The month of May is celebrated as the Asian American & Pacific Islander Heritage Month. Asian culture, music, arts, contributions, and history were all on display and celebrated at Harvard Square.

The Bolandrina family were grateful to be in attendance and assist in the celebration marking 31 years of honoring the many contributions and accomplishments of Asian Americans, Pacific Islander Americans, and Native Hawaiians. In 1992, the month of May was designated by President George H. W. Bush as Asian Pacific American

Heritage Month. The Asian Street Food and Music Festival was organized by the Harvard Square Philippine American Alliance (HSPAA), a non-profit organization where Gretheline serves as one of the Board of Directors. The Asian Street Food and Music festival was held in partnership with the Harvard Square Business Association's 38th Annual May Fair. The annual celebration of Spring featured three stages of live music highlighting an array of genres including folk, Afro Pop, rock, funk and more!

The Asian Street Food and Music Festival was an exciting and vibrant event that offered a great opportunity to celebrate the diversity of Asian culture. Gretheline attended the event wearing an authentic Ibanag (people of the river) tribal outfit. She shared that live music performances that featured sounds from different Asian countries created a lively and energetic atmosphere. "The lion dance opening was impressive,' she said, adding, "the Asian street food vendors offered multiple delicious selections, there were even tropical ice cream flavors from the Islander's Creamery!'

Lilly Bolandrina, Douglas High School Alumna (2020) a junior at Boston University performed traditional Filipino dances with her group BUFSA (Boston University Filipino Student Association). The Asian Street Food and Music Festival was supported by the Philippine Consulate General in New York, Harvard University Office for Equity, Diversity, Inclusion & Belonging, Harvard Graduate School of Arts and Science, and the Harvard Philippine

"I had a blast co-emceeing with Antoinette Antonio of WCVB Channel 5 Boston," said Joseph.

Joseph and Antoinette helped introduce an array of Asian artists and per-

The Philippine consulate delegation was led by Consul General Senen Mangalile who gave an inspiring welcome remark. Also, in attendance was Cambridge Mayor Sumbul Siddiqui who after giving her welcome remarks stayed and gave free City of Cambridge merchandise to attendees. Other Asian groups, leaders, and families enjoyed food and goods on booths set up by other local Asian-owned businesses.

Turn To **HERITAGE** page **A10**

BY KIMBERLY PALMUCCI TRIBUNE CORRESPONDENT

UXBRIDGE — Retired Police Lieutenant Peter B. Emerick has passed away, leaving behind a legacy as a devoted husband, father, and commu-

Lt. Emerick passed Uxbridge after a courageous battle with ALS, the Uxbridge Police Department shared.

were by his side," the department released.

Lt. Emerick served the Uxbridge Police Department for 29 years, according to a department statement. He retired in October 2015, according to obituary

"During that time, he worked in many different roles," police said, adding that he also served as the Director of Emergency Management, organizing a group of volunteers as the Citizen Emergency Response Team.

Lt. Emerick was also an Uxbridge Firefighter for 20 years, rising to the rank of Assistant Chief.

"Lieutenant Emerick was and always will be a staple in the Uxbridge community. He known by many and loved by all," Uxbridge Police said.

Lt. Emerick was a "life-

Turn To EMERICK page A10

Community rallies for resident after house fire

BY KIMBERLY PALMUCCI TRIBUNE CORRESPONDENT

GRAFTON — The cause of a recent house fire in away on May 12 in town is still under investigation, but members of the community have already rallied together to help the homeowner.

A "GoFundMe" campaign that appears to be organized by "friends and colleagues" of the homeown-'His family and friends er—who has reportedly been a Grafton Middle School teacher for 21 years, according to the campaign—aims to "help him get back on his feet as he has lost everything but the clothes on his back."

"Unfortunately, his house could not be saved but his beloved golden retriever, Jackson, was rescued with the help of neighbors and firefighters—many of whom were his former students," the campaign reads.

The Grafton Fire Department responded to a house fire, located at 269 Upton Street, at around 2 p.m. on May 19. Grafton Fire Department members arrived on scene and established command, reporting "a working fire," the department released.

Mutual aid tankers arrived at the scene, as well as covering Grafton's stations; Grafton Fire responded with 25 personnel utilizing three engines, one tanker, one tower ladder, two command vehicles, and one specialty unit, the department reported.

"First arriving fire crews were able to rescue the family's dog and quickly knocked down the heavy fire, keeping it from spreading," Grafton Fire released. "The fire was brought under control in under an hour but crews remained on scene, salvaging occupant belongings, overhauling, and checking for extension of the fire until 5:46 p.m."

The cause of the fire is under investigation by Grafton Police and the Massachusetts Fire District 7 Fire Investigation Unit.

According to reports, the Grafton Police Department established a safe perimeter around the scene and closed traffic on Upton Street to "protect the rescue workers and the public." The police department also

Turn To FIRE page A10

Douglas FD debuts new forestry truck



BY KIMBERLY PALMUCCI TRIBUNE CORRESPONDENT

DOUGLAS — A new forestry truck, funded mostly by an Assistance to Firefighters Grant, has recently been delivered to the town's fire depart-

The 2023 Ford F550 will replace a 1973 AM General offroad brush tanker, the Douglas Fire Department released in a statement. Ninety-five percent of the cost of the vehicle was funded through a grant, according to the department.

'Our current forestry truck, a 2007 Ford F350 will be converted back into a utility truck," the fire department released. "The fire pump and skid unit in the 2007 Ford truck will be retired. It was constructed back in the late 1990s by our firefighters

and has admirably served our community for over 25 years.'

Prior to being mounted in the 2007 Ford F350, the fire pump and skid was mounted in a 1962 Ford Forestry truck, according to details supplied by the fire department.

"This new truck has many capabilities that our old forestry truck didn't have, such as an enhanced ability to travel off road, larger fire pump, and ability to carry more equipment, just to name a few," the department released. "We are grateful to be better prepared to respond to fires in the state forest and in areas where homes interface with wooded areas.'

Training was scheduled to take place on the truck this week, and the department added that the truck will be responding to calls "very soon."

The primary goal of the Assistance to Firefighters Grant is to "meet the firefighting and emergency response needs of fire departments and non-affiliated emergency medical service organizations," according to the Federal Emergency Management Agency. Assistance to Firefighters Grants are awarded to fire departments, state fire training academies, and emergency medical service organizations. According to reports, since 2001, the grants have helped firefighters and other first responders obtain "critically needed equipment, protective gear, emergency vehicles, training and other resources necessary for protecting the public and emergency personnel from fire and related hazards."

Full steam ahead!

CO-OP & CAREERS CELEBRATED AT ANNUAL SIGNING CEREMONY

UPTON The Cooperative Education Program (Co-op) at Valley Blackstone Vocational Regional Technical High School (BVT) held its third annual Career Signing Day on May 12. The ceremony celebrated its senior Co-op and career students placement who announced their career plans and signed a commitment letter to work with their employer after graduation.

Vocational Director Michele Denise welcomed the graduating seniors, their parents, instructors, industry partners, and school administrabefore recognizing individual student

achievement in their trade areas and the Co-op program, which had 134 seniors participate this year, representing double the number of job placements from the previous two years and illustrating the local demand for skilled employees. These employable young adults have worked 54,500 hours collectively since April 2022, earning an estimated salary of \$874,000 over the past year.

During the ceremony, employment contracts were signed with representatives from local companies. Among those signing contracts were:

Douglas residents: Jacob Rinaldi and Sam Yanis. Jacob, a senior in the Plumbing program at BVT, will take his vocational-technical training as a gasfitter to his Co-op employer, Dileo Gas, in Worcester, MA. In addition, Jacob will be working towards a journeyman plumber license, hazmat license, and CDL license. Sam, a Painting & Design program senior, has worked at Crumbl Cookie in Millbury, MA, and will continue fulltime employment as a crew member and baker. In addition, Sam hopes to be a shift leader, manager, and franchisee.

Northbridge resident Luke Scholl, a senior in the Electrical program at BVT, was one of many

who signed a contract. Luke will take his vocational-technical training as an electrical apprentice to his Co-op employer, Wayne J. Griffin Electric. Next, he will work towards a journeyman license and becoming a master electrician.

and enthusiasm, these seniors earning nearly a million dollars in one year of Co-op placements have found their financial footing using their vocational skills and technical training. Of course, they'll continue to gain more experience with full-time employment and on-the-job training. But they've

With all their energy

proven to their employers that they're ready to go, full steam ahead, directly from high school into high-skill, high-wage employment.

While many students signed contracts during the ceremony, several more who could not attend due to work conflicts are also headed directly to industry careers. For more details about the school and this event, please visit www. valleytech.k12.ma.us/ careersigningday2023.

About Valley Vocational High School (BVT)

Blackstone Regional Technical Blackstone

Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Millbury, Milford, Millville, Northbridge, Upton, Sutton, Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and aca-

demic skills.

Natalie Fenoff inducted into Honor Society of Phi Kappa Phi

BATON ROUGE, La. — Natalie Fenoff of Douglas was recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline collegiate honor society. Fenoff was initiated at Salem State University.

Fenoff is among approximately 25,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly dis-

Phi Kappa Phi was founded in 1897 under the

leadership of undergraduate student Marcus L. Urann who had a desire to create a different kind of honor society: one that recognized excellence in all academic disciplines. Today, the Society has chapters on more than 325 campuses in the United States, its territories and the Philippines. Its mission is "To recognize and promote academic excellence in all fields of higher education and to engage the community of scholars in service to

More About Phi Kappa

Since its founding, more than 1.5 million members have been initiated into Phi Kappa Phi. Some of the organization's notable members include former President Jimmy Carter, NASA astronaut Wendy Lawrence, novelist John Grisham and YouTube co-founder Chad Hurley. Each year, Phi Kappa Phi

outstanding students and members through graduate and dissertation fellowships, undergraduate study abroad grants, funding for post-baccalaureate development, and grants for local, national and interna-

tional literacy initiatives.

For more information

about Phi Kappa Phi, visit www.phikappaphi.

Founded in 1897, Phi Kappa Phi is the nation's oldest and most selective collegiate honor society for all academic disciplines. Phi Kappa Phi inducts annually approximately 25,000 students, faculty, professional staff

and alumni. The Society has chapters on more than 325 select colleges and universities in the United States, its territories and the Philippines. Membership is by invitation only to the top 10 percent of seniors and graduate students and 7.5 percent of juniors. Faculty,

staff and alumni who have achieved scholarly distinction also qualify. The Society's mission is "To recognize and advance excellence in all fields of higher education and society." For more information, visit www. PhiKappaPhi.org.

Jacob Jjemba of Northbridge among scholars to graduate from Regis College

WESTON — Jacob Jjemba of Northbridge graduated with a MS in Health Administraton from Regis College during the May 6, 2023 commencement exercises. Jjemba was among more than 1,300 students who received degrees ranging from associate to doctoral levels.

Members of the Class of 2023 celebrated their accomplishments with an inspirational commencement ceremony at the Leader Bank Pavilion in Boston featuring WHDH's 7NEWS Today in New England anchor Amaka Ubaka, who delivered the commencement address and received an honorary degree. Philanthropists Bill and Joyce Cummings also received honorary degrees.

"It is now up to you to take what you have learned and leave this ceremony committed to bettering the world around us with your knowledge and compassion. As the journey continues for each of you, I am confident in the future because you are in it," Regis College President Antoinette M. Hays, PhD, RN said to the graduates.

Ubaka delivered the commencement address urging graduates to embrace their "rebel hearts," a term used by the late singer Harry Belafonte to encourage individuals to stand up for what they believe in,

"Whether it's through volunteering, activism, or pursuing a career that aligns with your values and passions, each of you has the power to create positive change. Remember that life is a journey, not a destination. There will be ups and downs, twists and turns, and unexpected surprises along the way. Embrace the journey and don't be too hard on yourself if things don't always go as you planned in your head." said Ubaka. "As you move forward, remember that your unique experiences and perspectives are what make you special. Embrace your rebel heart, pursue your passions, and don't be afraid to take risks.'

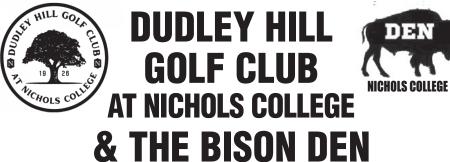
Thousands of friends and family members attended the ceremony, bringing their support and enthusiasm in celebration of the graduates' achievements.

Regis College is a coed university 12 miles west of Boston in Weston, founded by the Sisters of St. Joseph of Boston. With over 3,200 undergraduate, graduate, and doctoral students enrolled on campus and in fully online graduate programs, Regis provides an academically rigorous education within the schools of nursing, arts and sciences, business and communication, and health sciences. In line with Regis' mission of providing innovative, industry-focused learning opportunities, the university offers academic partnerships with hospitals and local employers, a clinical dental center in Waltham, Mass., and bachelor's completion and accelerated nursing programs at its campus in Lawrence, Mass. The university's 20 NCAA Division III athletic teams compete within the Great Northeast Athletic Conference (GNAC). Regis educates the whole person, preparing our students to pursue excellence, to become change agents in their own communities, and to serve and lead as advocates for a more just and compassionate global society. Visit regiscollege.edu to learn more.

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Local high school students named finalists in road safety PSA contest

REGION — Students from seven Massachusetts high schools were chosen as finalists today in the Look Both Ways Safety Road PSA Contest sponsored by Fundacion MAPFRE Massachusetts Department Transportation (MassDOT).

High school students statewide were invited to write scripts for a public service announcement

aimed at capturing the attention of other teens with important road safety messages. The

winning students will work with Boston creative communications agency

CTP to produce the

spot, and the winning students' school will receive \$3,000 for road safety education, awarded by Fundacon MAPFRE.

The PSA from the winning high school team will be broadcast in May, as students prepare for prom and graduation

Finalists include: Agawam High School

Dighton-Rehoboth High School

High Gloucester School

Minuteman High School (Lexington) Northbridge High

Plymouth North High

Westfield High School "Sharing a message on the vital importance of road safety in a way that

drivers can be challenging," said Jaime Tamayo, Chief Representative of Fundaci.n MAPFRE in the United States and

will resonate with teen

Chief Executive Officer of MAPFRE USA. "The creativity exhibited by students across the

state is truly impressive. I am excited to showcase the winning entry and see its impact play out in the form of safer roads

for all." "We are grateful to all the students across the

Commonwealth who participated in the public

service announcement contest and for submitting so many creative and impactful entries," said

 $M\ a\ s\ s\ a\ c\ h\ u\ s\ e\ t\ t\ s$ Department Transportation Secretary and CEO Gina Fiandaca. "MassDOT is

working with many partners, including young people, to reduce the number of crashes and we

are always proud to partner with MAPFRE on campaigns such as, 'Look Both Ways,' so we can

expand public education on how each of us has a role to play when it comes to road safety.'

to eliminate road-related fatalities and serious injury, connecting high

schools and colleges with the program's "React Challenge." The mobile interactive virtual reality station tests students' safe driving ability when

behind the wheel. According to Massachusetts Strategic Highway Safety Plan, roadway deaths in

faced with distractions

Massachusetts reached a 14-year high in 2021, increasing year-over-year since 2019, with

2022 trending higher. The state experienced 418 traffic fatalities in 2021,

compared to 343 in 2020 and 336 in 2019. Nationally, nearly 43,000 people died in traffic

crashes in 2021. From 2019 to 2021, the number of U.S. pedestrians killed increased by 18 percent (7,342 deaths) and the number of bicyclists killed increased by 16 percent (985 deaths), accounting for 19 percent of all U.S. traffic fatalities in 2021. In Massachusetts, in the last five years, people walking and biking accounted for almost 22 percent of deaths on the roadways.

Worcester Polytechnic Institute students complete intensive research projects Rvan Martin of Douglas, class world problems. Recognized by the

WORCESTER — At WPI, all undergraduates are required to complete a research-driven, professional-level project that applies science and technology that addresses an important societal need or issue. About two-thirds of students complete a project at one of the university's 50-plus off-campus project centers, which are located around the world. A signature element of the innovative undergraduate experience at WPI, the project-based curriculum offers students the opportunity to apply their scientific and technical knowledge to develop thoughtful solutions to real problems that affect the quality of people's lives-and make a difference

TRIBUNE ALMANAC

- REAL ESTATE -

BLACKSTONE

325,000,85 Edgewater Dr, R A Pepin Irt Grantor T, and Pepin, Mark, to Lemelin, Zachary W. \$275,000, 143-145 Main St, Archibald,

Allen L, to Ross, Jonathan C.

\$415,000, 10 Brookside Dr, Chong, Daniel P, and Chong, Marcela, to Czernicki, Christopher, and Rojas, Magaly.

\$185,000, 110 Vine St, Tsimogiannis, Thomas, to Chaffee, Allan H, and Chapman-Chaffee, Bertha.

NORTHBRIDGE

\$\$660,000, 791 Samuel Dr, Doyle, Jason, and Doyle, Bei, to Hachem, Shalimar, and Chahine, Valentina.

\$425,000, 5 Heather Hl, Rando, Nicholas D, and Rando, Melissa I, to Dray, John.

\$335,000, 13 Summit St #15, Richardson, Aaron, to Cruz, Oscar, and Silva, Fabiola.

UXBRIDGE

\$550,000, 511 Hartford Ave W, Conneely, Kevin J, and Conneely, Ana, to Welch, Julie A, and Brown, Joshua

\$529,000, 29 Pouts Ln #29, West River Homes LLC, to Sheel, Varun, and Ali, Durreshahwar.

\$524,900, 7 Jackson Ct #7, Blain Ft, and Blain, Joseph M, to Antranigian, Armenag, and Bejaniance, Joan-Seda

\$497,000, 27 Pouts Ln #27, West River Homes LLC, to Defrancisco, Louis, and Defrancisco, Molly.

\$360,000, 15 Pine Grove Cir, Walker Loretta B Est, and Horne, Sylvia A, to Johnson, Amy L.

\$348,000, 14 Hewett St, Belanger, Deirtra A, to Cochrane, Jerrett D. \$317,000, 216 Hartford Ave E #216, Nelson, Eric, to Allard, Jessica L.

"The WPI project-based curriculum's focus on global studies brings students out of the classroom and their comfort zones and into the global community to apply their knowledge and to solve problems," said Professor Kent Rissmiller, professor of Integrative& Global Studies and associate dean of The Global School. "Students are immersed in all aspects of a different culture, from the way people live and work to the values they hold to the foods they eat - all valuable perspectives for surviving and thriving in today's global marketplace. They also learn the meaning and magic of teamwork; make a real and meaningful difference in their host community; and gain a competitive edge for any resume, or graduate or professional school application.'

The following students completed these research projects:

Ryan Tonry of Uxbridge, class of 2026, majoring in Civil Engineering, completed a project titled Improving Digital Twin Usage to Reduce Energy Inefficiencies

Kelly Heffernan of Whitinsville, class of 2024, majoring in Biology and Biotechnology and Professional Writing, completed a project titled A Hydroponic-Greenhouse System for Israeli Urban Agriculture

of 2024, majoring in Management Engineering, completed a project titled Fundecooperacion: Developing an Assessment for the Adapta2+

Codey Battista of Northbridge, class of 2024, majoring in Biomedical Engineering, completed a project titled Reevaluation of Cycling Without Age IT Strategy

Molly Vincent of Douglas, class of 2024, majoring in Mechanical Engineering, completed a project titled Visitors' Perception of Belonging at Museums Victoria

Megan Jacene of Northbridge, class of 2023, majoring in Mechanical Engineering, completed a project titled Visitors' Perception of Belonging at Museums Victoria

Polytechnic About Worcester

WPI, a global leader in project-based learning, is a distinctive, top-tier tech-

nological university founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom the practice solving real-

National Academy of Engineering with the 2016 Bernard M. Gordon Prize for Innovation in Engineering and Technology Education, WPI's pioneering project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. WPI offers more than 70 bachelor's, master's, and doctoral degree programs across 18 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. Its faculty and students pursue groundbreaking research to meet ongoing challenges in health and biotechnology; robotics and the internet of things; advanced materials and manufacturing; cyber, data, and security systems; learning science; and more. www.wpi.edu

Whitinsville student named to Dean's Honor List at Cedarville University

CEDARVILLE, Ohio — Daniel Bourguignon from Whitinsville, majoring in Elec Engineering, was named to the spring 2023 Dean's Honor List at Cedarville University. This recognition requires the student to obtain a 3.75 GPA or higher for the semester and carry a minimum of 12 credit hours.

Located in southwest Ohio. Cedarville University is an accredited, Christ-centered, Baptist institution with an enrollment of 5,082 undergraduate, graduate, and online students in more than 150 areas of study. Founded in 1887, Cedarville is recognized nationally for its authentic Christian community, rigorous aca-

demic programs, strong graduation, retention and accredited rates. professional and health science offerings, and high student engagement ranking. For more information about Cedarville University, visit <u>www.cedar-</u> ville.edu.

Evergreen Cemetery Annual Trustees and Lot Owner Meeting

will be held on May 27th at 9am at the Douglas Municipal Center, 29 Depot Street Douglas, MA.

Douglas resident Jonathan Adams completes intensive research project

WORCESTER — Jonathan Adams, a member of the class of 2024 majoring in Mechanical Engineering at Worcester Polytechnic Institute (WPI), was a member of a student team that recently completed an intense research project titled WPI Fondita Mapping to Empower.

At WPI, all undergraduates are required to complete a research-driven, professional-level project that applies science and technology that addresses an important societal need or issue. About two-thirds of students complete a project at one of the university's 50-plus off-campus project centers, which are located around the world. A signature element of the innovative undergraduate experience at WPI, the project-based curriculum offers students the opportunity to apply their scientific and technical knowledge to develop thoughtful solutions to real problems that affect the quality of people's lives-and make a difference before they graduate.

"The WPI project-based curriculum's focus on global studies brings students out of the classroom and their comfort zones and into the global community to apply their knowledge and to solve problems," said Professor Kent Rissmiller, professor of Integrative& Global Studies and associate dean of The Global School. "Students are immersed in all aspects of a different culture, from the way people live and work to the values they hold to the foods they eat - all valuable perspectives for surviving and thriving in today's global marketplace. They also learn the meaning and magic of teamwork; make a real and meaningful difference in their host community; and gain a competitive edge for any resume, or graduate or professional school application."



of the WEEK

Currently Available for Adoption - Good with kids & dogs Tulip is a 5 mo old, 20lb, female lab/terrier mix pup! She's a spunky little girl who, as the runt of the litter, will dance her petite little body into your heart! Tulip is happy and playful, does well with other dogs and played great with an active toddler at one of our open houses.

https://www.pawfectliferescue.org/adoptable-dogs

www.PawfectLifeRescue.org Uxbridge, MA (Showings by appointment)



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Douglas Adult Social Center

331 Main St.

(508) 476-2283

Hours of Operation: Monday through Thursday, 9 a.m.-3 p.m.; Friday, 9 a.m.-

DAILY ACTIVITIES: All our daily activities are free of charge.

Monday: Painting class 9:45 to 11:45, Balance & Strength Exercise 12 pm, Mat yoga 2 pm

Tuesday: Cribbage 9:30am, Zumba 9:30am, Bingo 12:00 pm, Technology Class 1pm (call to make an appt.), Jenga or Connect4 2pm (bring a friend, and play a game!)

Wednesday: Balance & Strength 10am, MahJong 1pm

Thursday: Chair Yoga 9:30am, WII Games 11am, Hand and Foot card game 12:30 pm

Friday: Balance & Strength 10am

MAY EVENTS:

The center will be closed on Monday May 29th in observance of Memorial

JUNE EVENTS:

The center will be closed on Monday June 19th in observance of Juneteenth.

Wellness Clinic dates are Monday June 5th & Tuesday June 27th, from 10 am to 12 pm. Stop in the center to see the nurse, for blood pressure check, blood sugar check or just to talk about something you may be dealing with. Please call the center for more information @ 508-476-2283.

Who's who? with Chicken Divan lunch, on Thursday June 1st @ 12 pm. The cost for lunch is \$4.00 per person. Come into the center and pick up a question sheet and return to the center before June 1st. You can answer some or all the questions, that is up to you.

Please call the center to sign up @ 508-476-2283 by May 26th.

Senior BBQ: on Thursday June 8th @ 12 pm. This event is sponsored by the Douglas Police Department. The center will close at 10:30 this day. BBQ will be held under the pavilion at the Blackstone Valley Beagle Club. The address is 135 Walnut Street Douglas. Please call the center to sign up @ 508-476-2283 by June 1st.

Binge Watching: Starting Thursday June 15th @ 1:00 pm. We will be watching, "Ann with an E". This event will be every Thursday until we complete the season. This is a 3 part series about a plucky orphan whose passions run deep finds an unlikely home with a spinster and her soft-spoken bachelor brother. Based on "Anne of Green Gables." Popcorn will served! You may call the center to sign up @ 508-476-2283.

Park Ranger and Lunch: Friday June

16th @ 12 pm. The Sunshine Club is having a park ranger come to the center and talk about the Blackstone Valley area. The cost for lunch is \$5.00. You may call the center to sign up @ 508-

Lunch & A Movie: Wednesday June 21st @ 11:30 "Begin Again" A stuffed chicken lunch will be served for \$4.00. Another excellent little feel-good film from writer/director John Carney. Keira Knightley is a revelation as Gretta, who meets down-on-his-luck producer Dan (Mark Ruffalo) after breaking up with her singer/songwriter boyfriend and sets out to record her own material with his help. Please RSVP before June 16th by calling the center @ 508-476-2283.

Check our website for events that may not be listed here

https://www.douglas-ma.gov/202/ Adult-Social-Center-Senior-Center

Millbury Senior Center

UPCOMING SUMMER CONCERTS AT THE SENIOR CENTER

Robert Black "Elvis Impersonator" - Thursday, June 15th 6:00 P.M.

Eddie Forman Polka Band - Thursday, July 13th 6:00 P.M.

4 EVERFAB - Thursday, August 3rd 6:00 P.M.

NEWPORT FLOWER SHOW TRIP

CLUES ACROSS

7. Insecticide

13. Disagreement

17. Trillion hertz

19. Classical portico

22. Large integers

CLUES DOWN

2. Britpop rockers

3. National capital

6. Sun up in New York

9. Talk to you (abbr.)

10. A place to clean oneself

12. South Korean idol singer

17. Pituitary hormone (abbr.)

11. Southwestern US state

4. Consumed

7. Cygnus star

8. Male parents

14. Pirate

18. Mistake

23. Prepares

20. Promotions

25. State lawyer

24. Partner to flowed

27. Free agent

21. Residue after burning

28. Where ballplayers work

1. Nonflowering aquatic plant

5. The habitat of wild animals

15. Jeweled headdress

12 Reef

16.. Digits

18. Snap up

1. Wear away by friction

14. Crawford, supermodel

10. Elicited a secret vote

33. Blood type

34. Scottish city

36. Google certification (abbr.)

38. Make a sudden surprise attack on

45. Member of ancient Jewish sect

37. Serbian monetary unit

39. Wood or metal bolt

41. Famed neurologist

48. Griffith, Rooney

49. Lawmakers

44. Dullish brown fabrics

50. Government lawyers

51. The arch of the foot

26. Patti Hearst's captors

32. Treats with contempt

36. Excessively talkative

40. Ribosomal ribonucleic acid

47. Autonomic nervous system

30. Electronic data processing

29. Pound

31. Sports player

35. Apprehend

38. Highways

40. Relaxing attire

On Friday, June 23rd visit the Marble House An architectural landmark that transformed from

colony wooden houses into the legendary resort of opulent Gilded Age man-

sions

Enjoy cultural and social history surrounded by color and beauty of the floral world

Price is \$129.00 Trip includes transportation and gratuity along with a lunch at a fine local restaurant

For more information and to RSVP call the center at 508-865-9154

SPRING PICNIC IN THE GARDEN

Thursday, May 25th

11:30 - 12:30

Enjoy music by Jim Perry

Picnic lunch will include Finger sandwiches, Chips, pasta and potato salad Drinks and dessert

\$3 donation appreciated call the center to RSVP 508-

Every Wednesday at 10:30 A.M. Class is \$3 per person No reservations required

CRAFT CLASS

Next class is Thursday, May 18th 12:30 - 1:30 P.M.

\$8 and includes all Materials

Price may vary based on project

For more information and class dates call the center! 508-865-9154

Meet with a representative from Senator Moore's office!

Wednesday, June, 7th

One Wednesday every month between 11 – 12 P.M. All are welcome to meet and discuss issues of

importance or looking for assistance

Any questions please call 508-865-9154

CORNHOLE IN THE GARDEN Beginning on Tuesday, May 9th LINE DANCING CLASSES

Every Tuesday at 2 P.M. with Josh

SENIOR CENTER EXERCISE CLASSES!!

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Plummer Place Café is now open! Chef Pete Sabourin is cooking lunch on Tuesdays and breakfast on Thursdays in our brand-new kitchen. There is a fee for each meal. \$8 for lunch and \$6 for breakfast and you must sign up for all meals at the front office. Chef Pete has many delicious meals planned, come in to pick up our monthly menu or call the office.

Tickets are on sale now for FINE's next 120 Club raffle, \$20/ticket. Chance to win \$20 each week beginning July 6th through November 16th. On November 16th, they will draw winners for \$500, \$400, \$300, \$200, and \$100. Purchase your tickets at the front desk.

"A History of Howard Johnson's: How a Massachusetts Soda Fountain Became an American Icon", Thursday, June 1st from 1-2:00pm. Howard Johnson created an orange-roofed empire that stretched from Maine to Florida and the West our activities or exercise classes! Coast. Join Anthony Sammarco as he recaps this popular place in our state's history. Anthony is a noted historian and author and is a current professor at BU. Lite refreshments, sign up in the main office. Mr. Sammarco will have his book Friday 12 P.M. at the Senior Center available to purchase, \$20/book, cash only.

Mark Mandeville & Raianne Richards Folk Concert, Wednesday, June 7th, 1:00-2:00pm. Craving authentic, mindful Facebook page. acoustic music? Then don't miss this duo's return performance! Refreshments will be served, sign up at the main the center at 508-865-9154 office.

"History of the Whitin Family with Bill Ballou", Wednesday, June 14th 9:30-10:15am. A unique opportunity to learn about Transportation one of America's Industrial Revolution families from right here in the Blackstone River Valley. Mr. Ballou was born in Senior Residents Monday through Friday Whitinsville and is a local writer for the Telegram & Gazette. Light refreshments, sign up in the office.

"Paint Your Own Birdhouse", Thursday, June 8th 1:00- and Worcester 3:00pm. Join our very own woodworker, Romeo Gagne, as he invites you to paint your own birdhouse made by him for your uling rides (business days) backyard buddies. We will provide the birdhouses and the paints. \$5 that day, call to sign up.

Mondays and Fridays 9:30 A.M. - 10:15 A.M. (Free!) TAI CHI Tuesdays 9:30 - 10:30 A.M. (class is \$3)

YOGA Thursdays 9 - 10 A.M. (Class is \$3)

SENIOR CENTER ACTIVITIES!

LIGHT EXERCISE CLASSES

MAHJONG Mondays at 12:45 P.M. CRIBBAGE Monday through Friday 8:30 A.M. Tuesdays at 1:00 P.M. BLOOD PRESSURE CLINIC Every Tuesday from 9 A.M. - 10 A.M. SOCIAL BINGO

Wednesdays at 1 P.M. Bring your pennies! **COLORING**

Thursdays at 10 A.M. No reservations required for any of

Lunches are served Monday through

The menu is available on the town web-

site, www.townofmillbury.org Or our Millbury Senior Center

A 48 hour reservation is required. Call

Friends of the Millbury Senior Center

Transportation is provided for Millbury Between 9 A.M. and 3:00 P.M. We travel one town out in each direc-

tion including Sutton, Grafton, Auburn A 48 hour notice is required for sched-

Rides are free at this time

To schedule transportation call the center at

508-865-9247

"MEMORY CAFÉ" Please join us on Tuesday, May 23rd at

2:00 - 3:30 P.M.

Refreshments will be served

A Memory Café is a monthly gathering for people with memory loss/challenges

and their care partners. It is a time to socialize, make new friends, and have a good time.

Our Outreach worker, Julie Fitzgerald, is happy to answer

any questions, call to RSVP 508-865-9154!

SNAP APPLICATIONS (Food Stamps) Our appointments are on Tuesdays & Thursdays 10 A.M. – 2:00 P.M.

Call for an appointment & required documentation 508-865-9154

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41. College organization for males 42. Any customary observance or practice 43. Employee stock ownership plan 44. Male parent BLACKSTONE VALLEY TRIBUNE 45. The 23rd letter of the Greek alphabet 46. Female bird

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BLACKSTONE VALLEY TRIBUNE Friday, May 26, 2023 • 5

Jean Fleurant graduates from Belhaven University

JACKSON, Miss. — Congratulations to Jean Fleurant, on their recent graduation from Belhaven University. Fleurant, from Whitinsville, graduated with a MA in Biblical/Theological St degree.

Fleurant was among more than 600 students who received degrees from Belhaven University during the Spring 2023 commencement.

Belhaven University is a private Christian university with over 4000 students, located in Jackson, Mississippi. For more information, visit www.bel-

Wearing the Blue: A Civil War Experience

UXBRIDGE — On May 28 at 2 p.m., the former Unitarian Church in downtown Uxbridge will host the Uxbridge Historical Society presenta-tion, "Wearing the Blue: A Civil War Experience." This event is in commemoration of Civil War veterans from Worcester County including veterans from Uxbridge.

This event will include a presentation of soldier photos copied from tintypes, complete with a brief history of each. In addition, a display of Civil War relics and documents, along with town historians and reenactors to share stories, answer questions and conduct a living history event. For more information contact the Uxbridge Historical Society, Jim Beauchamp President at 508-498-0270 text or call.

Blackstone Valley Chamber hosts ribbon cutting at Pewter Pot In Whitinsville!

Blackstone Valley Chamber of Commerce (BVCC) on Friday, June 16 at 11 a.m. for a grand opening ribbon-cutting event at The Pewter Pot, located at 670 Linwood Ave., Whitinsville.

The Pewter Pot is a family owned store located in the former Linwood Mill Payroll building. The Pewter Pot is a good old fashion Primitive Country Store selling Amish furniture, country and primative décor, house wares, gifts and hometown americana. Browse their fantastically beautiful handcrafted Amish furniture from Pennsylvania dutch country, crafts, handmade personal items such as candles, soap, home decor, natural dog treats, antiques and collectibles, seasonal items and so much

Jeannie Hebert, President & CEO of the Blackstone Valley Chamber of Commerce, said, "The Chamber is delighted to welcome The Pewter Pot to the Blackstone Valley with its rustic, old-fashioned country store. As soon as you walk into their store, your senses will flourish with the warm aromas of fresh wood, burning candles, and coffee, and you will feel at home with their wide variety of delightfully handcrafted Amish furniture. If you are looking for a gift for that special someone or simply

home, The Pewter Pot is absolutely the place to shop!"

This event is free and open to the public. We hope to see you there!

The Mission of the Blackstone Valley Chamber of Commerce is to preserve and enhance the economic vitality of the Blackstone Valley by addressing the needs and concerns of businesses and providing leadership, support and resources in connection with issues which impact commerce and the quality of life in the Valley.

announces Winter 2023 President's List

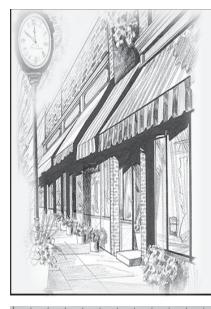
MANCHESTER, New Hampshire — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Winter 2023 President's List. The winter terms run from January to May.

Full-time undergraduate students who have earned a minimum gradepoint average of 3.700 and above for the reporting term are named to the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

Adam Kellett of Whitinsville Daniel Soucy of Uxbridge Angelina Carneiro of Douglas Jocelyn Forgette of Uxbridge Sal Ante of Uxbridge Rebecca Rodrigues of Douglas Jereme West of Douglas

Southern Hampshire New University (SNHU) is a private, nonprofit institution with a 90-year history of educating traditional-aged students and working adults. Now serving more

than 170,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu.edu.



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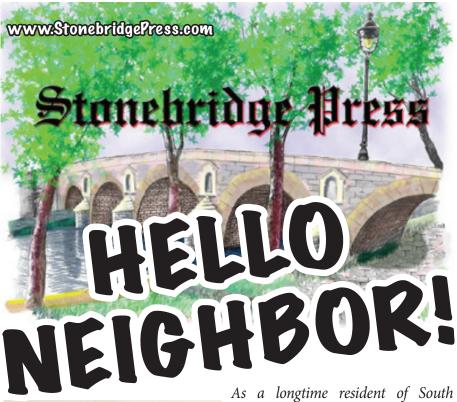
Uxbridge Senior Center celebrates Mother's Day













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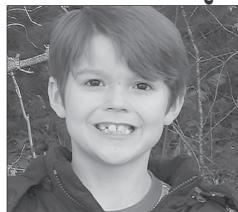








** Triday's Child * **



Maxum "Max"

Hi! My name is Maxum and I like to build with LEGOS and try new things!

Maxum, who likes to go by Max, is an energetic and creative child. Upon meeting him, Max can present as a shy and quiet child, but once he gets comfortable, he opens up and engages easily. Max likes to build with LEGOS and play video games. He is very active and enjoys playing outside. He loves to play sports and has a great arm! Max likes to draw and watch superhero movies.

Max attends a collaborative school and has special education supports to assist him at school. He is doing well and making progress in school. Max has a lot of curiosity and likes to learn and try new things. Max enjoys playing with his peers and is able to make friends easily.

Max would do best in a home that is adventurous, playful, and compassionate. He has two sisters that he would like to maintain a relationship with. Max currently visits with his birth parents four times a year and per his open adoption agreement will visit with his parents two times a year once the adoption is finalized.

https://adopt.mareinc.org/waiting-child-profiles#gallery/child/6670

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The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care visit www.mareinc.org . Massachusetts Adoption Resource Exchange (MARE) can give you guidance and information on the adoption process. Reach out today to find out all the ways you can help children and teens in foster care.





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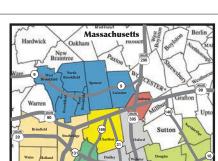
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FRANK G.
CHILINSKI
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EDITORIAL

The Power of open-mindedness

In a world marked by increasing divisions and intolerance, the importance of open-mindedness cannot be overstated. Open-mindedness is not just a desirable quality; it is an essential attribute for both individuals and societies to grow. The willingness to explore new ideas, perspectives, and possibilities is the driving force behind growth, understanding, and peaceful coexistence.

At its core, open-mindedness stands in stark contrast to narrow-mindedness. While the latter shuts out differing opinions and clings stubbornly to preconceived notions, the former opens the floodgates to intellectual advancement. Open-minded individuals recognize the limitations of their knowledge and actively seek to broaden their horizons by engaging with diverse ideas and perspectives. They understand that the world is intricate, and that truth can be found in unexpected places.

An open mind liberates us from the constraints of our own biases and prejudices. It allows us to go beyond the echo chambers of our social circles, where our beliefs are constantly reinforced and seldom challenged. Open-mindedness compels us to question our assumptions, critically evaluate information, and consider alternative viewpoints. This willingness to embrace differing perspectives brings forth empathy, compassion, and a deeper understanding of the human condition.

In today's interconnected world, open-mindedness is more crucial than ever. The rapid advancement of technology has brought individuals from diverse cultures and backgrounds, into closer proximity. Without open-mindedness, these encounters may result in misunderstanding, conflict, and the erosion of society. However, approaching these encounters with open minds allows us to discover commonalities, bridge gaps, and foster mutual understanding.

Open-mindedness also serves as a catalyst for progress. History has shown that many of humanity's greatest discoveries were made by individuals who dared to challenge prevailing wisdom and conventional thinking. By embracing new ideas, open-minded individuals pave the way for creativity, problem-solving, and the advancement of society. It is through open-mindedness that novel solutions emerge, technologies are grown, and uncharted possibilities come to fruition.

Open-mindedness does not imply blind acceptance or the abandonment of critical thinking. Striking a balance between open-mindedness and healthy skepticism is crucial. Open-mindedness does not suggest that all ideas are equally valid or that we should unquestioningly embrace every viewpoint. Instead, it means being willing to entertain diverse perspectives, objectively evaluate them, and draw well-informed conclusions.

In a time when polarization threatens to tear us apart, cultivating open-mindedness should be our collective goal. It requires us to engage in respectful dialogue, even with those whose views we vehemently disagree with. Openmindedness is not a sign of weakness or indecisiveness; it is a strength that allows us to build bridges and find common ground.

As individuals, we should challenge ourselves to examine our beliefs, confront our biases, and remain receptive to new ideas. We should actively seek out perspectives that differ from our own and engage in meaningful conversations that expand our understanding. We should include ourselves in environments that encourage open-mindedness, where the free exchange of ideas is valued and respected.

Open-mindedness necessitates humility, intellectual curiosity, and a commitment to lifelong learning. By embracing open-mindedness, we expose ourselves to the vast landscape of human knowledge and experience, paving the way for progress, unity, and a brighter, well connected future.

OPINION

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR

Right and wrong don't matter to Marxists

To the Editor:

What I believe. Feel free to disagree. It's time of reckoning for grifters.

Have you taken a moment to consider that Masssachusetts is the fourth worst state for "out-migration" of residents? Behind only California, New York and Illinois. The highest spike in high earners leaving our state occurred in 2020-2021, with residents taking \$4.3 billion of their wealth to business-friendly states since 2012.

Add to that, our rulers are also pro-criminal, pro-law-breaking. Exhibit One:

U.S. Attorney Rachael Rollins, appointed by Old Joe and promoted by those sterling examples of virtue, Warren and Markey, has been forced to resign because of two separate investigations: one by the Office of Special Counsel and the other by the Justice Department Inspector General (IG). According to the IG, she tried to influence the election of Boston's district attorney. The IG reported that Rollins disclosed non-public information to a journalist (stop me if you have heard this before) about a "possible" (not real) Justice Department investigation of the candidate, solicited free tickets to Celtics games and accepted payment from an entertainment agency for travel and meals. The IG said she used poor judgment.

Poor judgment? If this were you or me, it would be criminally poor judgment.

The IG said Rollins used her position to provide damaging information to the media about her successor at the State District Attorney's office, Kevin Hayden, to help his political rival, Ricardo Arroyo - currently a Boston City Councilor. He refuses to resign. When asked "under oath" if she was the source of the leak, Rollins denied it. She lied. Perjury. When shown her emails, she admitted she leaked a false story to the Boston Globe. They published it. Of course they did. The Herald refused to publish the "leaked" false story.

Rollins also attended a Democrat fund raiser in Andover and met with "Dr. of Education - not a real doctor" Jill Biden. Can we just dispense with the self-aggrandizing of educators with the title "Doctor" just because they have a PhD in social justice? Rollins arrived at the political fund raiser in a state-owned gas-guzzling giant SUV. Republicans tried to stop her confirmation as the top federal law officer, but Border Czarina

Kamala cast the tie-breaking vote to confirm Rollins as U.S. Attorney. Yay!

Attorney General Merrick Garland pledged to restore the reputation of the Justice Department as "politically independent." He is a failure. When an IRS whistleblower told Congress that Hunter Biden's tax case received special soft treatment, Garland suddenly disbanded the whistleblower's investigatory unit.

Back to Rollins. A "Progressive" [Marxist], she pledged to fight mass incarceration of criminals (heaven forbid that they should go to jail), and to fight racial disparities in the justice system. She demanded reduced bail. She set up a hot line "Stop Hate Now" for reports of abuse by police, racial injustice, and civil rights violations. Do you think these are "hot" problems in this Woke State?

When she was Suffolk County District Attorney, she failed to prosecute 15 categories of crime such as resisting arrest, possession with intent to distribute, breaking and entering, trespassing, shoplifting, driving with a suspended license. She simply dismissed them as part of her Marxist Soros social justice program.

She said that those who face shoplifting, larceny or similar criminal charges are "dealing with mental health issues, substance use disorder, housing crisis... problems that the criminal legal system does a poor job addressing". Bulletin to Rollins: it is not the job of the criminal legal system to address mental health, drug use, or housing. Its job is to prosecute persons accused of crime.

All Boston media outlets sang her praises, except the Boston Herald. The Office of Special Counsel said that Rollins' actions "are among the most egregious transgressions of the Hatch Act that the office has ever investigated." Her attorney complained that "she moved from being an elected official with virtually no restrictions on her activities (really?) to the highly regulated environment of the U.S. Attorney's Office." That was the problem? Not her moral compass? Instead of being indicted, the President and the Injustice Department allowed her to resign.

Marxists simply do not know the difference between right and wrong. Worse, they do not care. Right and wrong get in the way of their political ends.

Signed,

BEV GUDANOWSKI UXBRIDGE

Republicans have been a disaster for America

To the Editor:

What I believe. Feel free to disagree. It's time to stoke fear about our times.

Have you taken a moment to consider how the Republican Party is a disaster? They ruin everything they touch. Do you know they just filed a bill to undo the \$35/ month limit on insulin costs for diabetics? This is after they refused to extend medical coverage for our veterans...you know those brave individuals who protected your right to be lazy, uniformed, conspiracy buffs who attacked Congress on January 6, and tried to overturn a free election. Now, Republicans are holding the entire country hostage and in danger of default on our debt - which is money we have already spent - because they want Trump's tax cuts for the rich, which are set to expire in 2025, made permanent. They are doing this despite the fact that they raised the debt limit three times unopposed – during Trump's presidency, and Trump's cuts and spending raised the national debt by over 25 percent that's an additional \$7.8 trillion. And that was before the pandemic.

This has nothing to do with cutting spending. That is just the pablum Republicans vomit to the dummies who believe anything these pathological liars say in public. In fact, fully 275 of the 315 pages of Kevin McCarthy's proposed legislation to avert a worldwide financial crisis — are exclusively devoted to a wish list for the fossil fuel industry and the billionaires it has produced. Has anyone else read it? There are no spending cuts there is just diversion of money from we the people, who need it most, to the GOP's rich donors. Trump's tax cut, in fact, is the fascist Republicans' only achievement in the past 6 years! Unless you characterize banning books, taking away women's rights and voting rights, gerrymandering, opposing gun safety laws, maligning LGBTQ people, and fighting with Mickey Mouse as 'achievements? Oops, I almost forgot that we have been promised a new and improved national health care plan since the beginning of the Trump administration. I know it's right around the corner, as soon as Gym Jordan and Jim Comer find their missing 'Weaponizing the Government' whistle blowers. Despite Bev's glaring omission, Republicans consider Hunter's laptop the real critical issue in America! Our lives

will benefit so much from the years of

Benghazi-like investigations, and millions of dollars that they will waste. But I can't wait for the movie.

Last year, U.S. Border Patrols encountered more than 2 million illegal migrants, most of whom were sent back across the border. For those of you with dyslexia, 'encountered' does not mean 'escaped into the country'. President Trump entered the White House with the goal of eliminating illegal immigration, but instead oversaw a virtual collapse in interior immigration enforcement and the destabilization of the illegal immigrant population. He was wildly successful in reducing legal immigration - he reduced the number of green cards issued to people abroad by at least 418,453 and reduced the number of non-immigrant visas by at least 11,178,668. One reason we have inflation in the food industry is because there are no legal immigrants to pick the fruits and vegetables. In case you haven't noticed, the only ones who hire illegal aliens are the rich, who hire them as nanny's and landscapers, and rich corporations, as the Trump organization has pleaded guilty to, who hire them to save on paying American citizens a living wage. Yet, it's all Biden's fault. This, despite the fact that Congress refuses to pass comprehensive immigration reform. Republicans refuse to agree to DACA kid's path to citizenship, because it keeps the immigration issue as a weapon to use on Democrats during every election cycle. They have nothing other than 'hate' to

One professor in Washington State didn't change school policy. Many schools don't teach students cursive writing anymore, for the same reason they don't teach them how to use a manual typewriter or a slide rule. It's just not a very relevant skill. And not studying cursive, does not make you illiterate, so you can still sign your name. Banning books, on the other hand, sure does keep you from achieving a well-rounded education, as well as learning how to think critically (which, coincidentally, are not required for enrollment in the GOP).

If Biden really were a Marxist, he wouldn't allow the CEO of Moderna to make \$400 million a year. Obviously, some correspondent has no idea what Marxist dogma is, and how it differs from

Turn To **LETTER** page **A10**

What should you expect from your investments?



FINANCIAL FOCUS

DENNIS

ANTONOPOULOS

To help achieve your financial goals, you may need to invest in the financial markets throughout your life. However, at times your investment expectations may differ from actual returns, triggering a variety of emotions. So, what are reasonable expectations to have about your investments?

Ideally, you hope that your investment portfolio will eventually help you meet your goals, both your short-term ones, such as a cross-country vacation, and the long-term ones, such as a comfortable retirement. But your expectations may be affected by several factors, including the following:

Misunderstanding – Various factors in the economy and the financial markets trigger different reactions in different types of investments — so you should expect different results. When you own stocks, you can generally expect greater price volatility in the short term. Over time, though, the "up" and "down" years tend to average out. When you own bonds, you can expect less volatility than individual stocks, but that's not to say that bond prices never change. Generally, when interest rates rise, you can anticipate that the value of your existing, lower-paying bonds may decrease, and when rates fall, the value of your bonds may increase.

Recency bias - Investors exhibit "recency bias" when they place too much emphasis on recent events in the financial markets, expecting that those same events will happen again. But these expectations can lead to negative behavior. For example, in 2018, the Dow Jones Industrial Average fell almost 6 percent - so investors subject to recency bias might have concluded it was best to stay out of the markets for a while. But the Dow jumped more than 22 percent the very next year. Of course, the reverse can also be true: In 2021, the Dow rose almost 19 percent, so investors who might have been susceptible to recency bias may have thought they were in for more big gains right away — but in 2022, the Dow fell almost 9 percent. Here's the bottom line: Recency bias may cloud your expectations about your investments' performance — and it's essentially impossible to predict accurately what will happen to the financial markets in any given year.

Anchoring – Another type of investment behavior is known as "anchoring" — an excessive reliance on your original conviction in an investment. So, for instance, if you bought stock in a company you thought had great prospects, you might want to keep your shares year after year, even after evidence emerges that the company has real risks — for example, poor management, or its products could become outdated, or it could be part of an industry that's in decline. But if you stick with your initial belief that the company will inevitably do well, and you're not open to new sources of information about this investment, your expectations may never be met.

In many areas of life, reality may differ from our expectations — and that can certainly be true for our investments. Being familiar with the factors that can shape your expectations can help you maintain a realistic outlook about your investments.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardiones.com.

BLACKSTONE VALLEY TRIBUNE Friday, May 26, 2023 • 9

Sometimes, fishing is about more than catching fish

The much needed rain sure helped with farmers crops, and also filled reservoirs for water this summer. Brooks and streams that still hold numerous

trout were also helped with the recent rain, and will help to ensure the final stocking of trout by MFW will sustain them for weeks to come. Memorial Day usually signals the end of the spring stocking of trout; however, if they have more trout to stock, it could go a bit lon-

ger. Very few complaints were heard from local anglers this year pertaining to local stocking of trout. They sure are larger in size, back to the early days of my trout fishing, when a 12 inch trout was a big fish! Catching native brook trout was kept secret from other anglers for many years, until the internet showed its ugly face.

Last week, a local angler and his buddy headed out to catch a few haddock. It's not that they did not try! They traveled to their local hot spots without a single fish to take home, after a long day. They were not alone. No one could find the haddock, or even a cod fish, although they cannot be retained! Party

boats in the area had the same problem!

The Mass. seabass THE GREAT fishing for recreational anglers opened on May 20, with a daily limit of four fish. It is such a great eating fish, that many anglers will still spend the time and money to catch a few to take home for the din-

ner table. Of course, it is not just about catching fish. The time spent on the saltwater with friends and family is priceless, and if you get on the water just before sunrise, you will see some amazing picturesque views from Mother Nature. You do not see views like that at your local fish market!

This week's picture of an angler with a two-pound calico bass (crappie) reminds me of my earlier days, when the calico bass. was extremely abundant. My older brother Mel and I would

go fishing off of the bridge at Meadow Pond on Main Street, which was less than a quarter mile from our home.

Using a fly rod with a mickey finn fly attached to a leader, we would catch a stringer of the tasty fish for our dad to clean and make a great fish chowder. I do not remember catching a calico that big, but they were a lot of fun to catch. When the state started to spray DDT to kill mosquitos, it also negatively impacted birds and fish, after they ate the poisoned insects. It was awful! Hopefully, a lesson learned!

Ticks are extremely abundant this year, and can cause some major health problems for man & pets. Be sure to keep your pets on preventive medication. The medication is extremely expensive, but the alternative of losing your pet will be devastating!

Take A Kid Fishing & Keep Them Rods Bending!

This week's picture shows George Spitz of Webster with a two-pound Calico bass taken at Webster lake! Nice fish!



Tips to Keep Garden Flowers Fresh

Many a dreary winafternoon has brightened by the thought of the first flowers of the season. After months of planning and plotting a flower garden, few simple pleasures compare to a bed of brilliant blooms.. Looking ahead to a garden of blossoms, this week's column offers some tips and tricks to keep those precious flowers fresher longer.

A flower plucked fresh from the garden is a day brightener, but keeping the flower fresh for as long as possible requires a bit of forethought. Experts agree the most essential factor affecting flower life is the quality of the water. Read on for some eye opening facts:

Most people simply plop fresh flowers in a vase full of tap water. But cut flowers require clean, pure water, and ordinary tap water may not be suitable. Drinking water from a public water supply can contain high levels of minerals, which can block the flower stems, preventing water uptake. In addition, soft water is usually high in sodium, which is toxic to some flowers such as carnations and

Take THE HINT **KAREN** TRAINOR

OUTDOORS

RALPH

TRUE

roses. Also, some municipalities add fluoride to water, which is harmful to gladioli and freesia. No matter what your water source, if you haven't had your water tested, but suspect it isn't good quality, the best bet would be to use distilled or bottled water for your fresh flowers.

Another factor of flower-friendly water is temperature. Experts recommend warm water for most freshly cut flowers. Warm water contains less air than cold water and the stems will take the liquid in quicker, resulting in faster hydra-

The cleanliness of the water is yet another factor, as bacteria and fungi grow rapidly in vase water, and can block the flower stems from soaking in needed water. Vases and containers should always be washed with a weak bleach and

water mixture between uses.

For optimum flower life, water should be replaced every third day with the addition of an appropriate preservative.

Florists usually recommend commercial powdered preservatives to prolong the life of cut flowers, and the packets are handy and easy to use. The active ingredients in these solutions usually contain three elements: a sugar to nourish the flowers, a biocide to inhibit bacteria growth and an acidifier to lower pH. However, if you prefer to go the homemade route, the following solution can be easily concocted:

To one gallon of water add a twelve ounce can of Sprite, or a similar lemon lime soft drink. The sugar in the soda provides food for the flowers and the citric acid works to lower the pH of the water. Also add a tablespoon of chlorine bleach to the gallon solution. The bleach will serve as an antibacterial to keep the water clean.

From Garden to Vase: Proper cutting, trimming and prepping is crucial to flower longevity, and experts tout several "golden rules" to increase the lifetime of fresh flowers:

It's important to harvest garden flowers when the sun is down, typically late evening or very early morning. Flowers are best for cutting then, as they are well hydrated and contain the highest carbohydrate reserves. When harvesting garden flowers, bring a bucket of water into the garden and cut stems with sharp garden shears, immediately placing each flower into the bucket of water.

Once inside the house, recut the stems. Using a sharp knife, cut stems under water, then place them into a holding vase or bucket with water and floral preservative. To do this properly, you will need a sharp knife and a dishpan or pot filled with warm water. Hold the stem under water and cut off at least two inches of the stem at an angle. The cut is done under water to prevent air from entering the cut. After cutting. lift flower straight up and out of the tub, ensuring a droplet of water on the cut stem. Then place into the holding water with you do, the sad fact is: preservative. For best results, allow garden flowers to set in the solu-

tion for about eight hours

prior to arranging in a vase.

When ready to arrange, remove all foliage that will be below the water level of the vase or container when arranged. Cutting off the greenery is important because if left on, it will decompose in the vase and encourage bacteria and fungi growth.

Dirty vase water produces ethylene, which in turn causes fresh flowers to wilt and die prematurely. High levels of ethylene are also present in ripening fruits and vegetables, so keep flowers a safe distance away from these sources. And be sure to always remove wilting flowers from an arrangement.

When displaying your arranged flowers, avoid setting them on a warm surface, or near a heat source. Also note that flowers set in direct sunlight will wilt quickly. To extend their vase life, move flowers to a cool room overnight.

However, no matter what garden flowers with the greatest fragrance typically have the shortest

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Managing the heat of hot peppers



Courtesy — All-America Solutions

Roulette peppers have the citrusy flaof habaneros but not the heat.

Don't worry if the rest of your family does not appreciate the spicy heat your favorite hot peppers add to entrees, beverages and desserts. Proper pepper selection, care and preparation can help you turn down the heat as needed.

Hot peppers' spicy heat is measured in Scoville Heat Units named for Wilbur Scoville. The level of heat was orig-

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

inally determined by a panel of individual tasters. Chili peppers were ground and added to a sugar-water solution. The solution was continually diluted until the panelist found the solution no longer burned their mouth. Each pepper was assigned a num-

ber based on the amount of sugar-water solution needed to reach that point. Today a more accurate less subjective high-performance liquid chromatography method can be used for measuring the pungency of hot peppers.

Poblano and Siracha rate between 1,000 to 2,500, jalapenos up to 8,000, cayenne can peak at 50,000, habaneros up to 350,000 and one of the hottest, the ghost pepper, at as much as 2,200,000 units. If you like the citrusy flavor of habaneros but not the heat, try the All-America Selections winner Roulette.

Ornamental peppers are edible as well as pretty. Most rate anywhere from 10,000 to 50,000 Scoville units. Chilly Chili ornamental pepper produces an abundance of attractive yellow, orange and red upright fruit on 10 to 12 inch plants. As the name suggests, they have almost no heat. Mix with flowers for decorative displays in containers and garden beds.

Peppers grow and produce best when day temperatures are 70 to 80 degrees, and night temperatures are 60 to 70 degrees Fahrenheit. Cold, heat and drought are the most common cause of blossom drop, misshapen fruit, and a poor harvest.

Use a hand pruner or garden snips to harvest peppers without damaging the plants. Harvest most hot peppers when fully mature and red for the strongest flavor. Green chili and jalapeno peppers are harvested when green. And some like jalapeno, habanero and Anaheim, are hot whether harvested when green or red. When your summer is filled with long hot days hot peppers tend to be even hotter.



GARDEN MOMENTS **MELINDA**

MYERS

Avoid hot surprises when cooking by labeling hot peppers when growing, harvesting and storing them. Many sweet and hot pepper varieties look similar and confusing the two could be unpleasant. Just

keep a glass of milk handy in case you need to neutralize the sting.

Turn down the heat, if needed or desired, when preparing your favorite recipes. Since most of the capsaicin, which gives hot peppers their heat, is in the white membrane that houses the seeds, just remove this and the seeds if you want the flavor with less heat.

Wear rubber gloves and avoid touching your face and eyes when working with hot peppers as they can burn. Wash your hands, utensils and cutting boards when finished.

Turn a portion of your pepper harvest into pickled peppers for the hot pickle fans in the family to enjoy throughout the winter. The key to success and safety is using a tested recipe that contains the right amount of ingredients and processing it properly. Check University or other vetted sources for

safe recipes and processing guidelines. Try some of these strategies and mention the many health benefits to encourage reluctant eaters to try hot peppers. Although hot peppers and spicy food can add to the pain and irritation of ulcers, they do not cause them contrary to some of the hot pepper myths. They do, however, provide gastric relief, kill cancer cells, prevent sinus infection, reduce inflammation, and even burn fat. Over time you may be able to turn up the heat on your favorite recipes for all to enjoy.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts

The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is www.MelindaMyers.com.

Volunteers needed to place flags on veterans' graves

WHITINSVILLE — Volunteers are needed at three local cemeteries to put flags on veterans' graves before Memorial Day. Flags will be put out at Riverdale Cemetery on Thursday, May 25, at 5 p.m.; St. Patrick's Cemetery on Friday, May 26, at 5 p.m.; and Pine Grove Cemetery on Saturday, May 27, at 8 a.m.

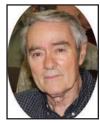
Jazz concert at Millbury First Church

MILLBURY First Congregational Church at 148 West Main St. in Millbury is hosting the Millbury High School 18 Piece Jazz Band on Sunday, June 11 at 3 p.m. The Jazz Band will present a Concert for the Community. All are welcome! It will be such an exciting opportunity to hear these outstanding musicians provide an afternoon of music in the church sanctuary.

Following the concert, all attendees are invited to the vestry downstairs to enjoy light refreshments together.

OBITUARIES

Austin M. "Mick" McDermott, 85



Douglas- Austin M. "Mick" McDermott, 85 of Yew St. passed away on Monday May 15, 2023 after a long illness.

He is survived by his wife of 27 years Elaine M. (Leclerc) McDermott;

children Maria Shearer and Robert McDermott both of Natick; three grandchildren Jonathan and Michael Shearer of Texas, and Nicole Shearer of Natick; three step-children Jeffrey Laporte of Texas, Eric Laporte and his wife Erin of Hampden, MA, and Brianna Laporte of Douglas; two step-grandchildren Emily Laporte and Levi Laporte both of Hampden, MA; two sisters Kathleen Boudreau and Judy Bergeron both of Leominster; his former wife Spyridoula "Kiki" McDermott of Natick; and several nieces and nephews. He was predeceased by a son Anthony McDermott and was brother of the late Gerald McDermott, Thomas McDermott, Maureen Shields, and Rita Marceau.

Born in Fitchburg, MA on July 1937. Mick was the son of Austin and Yvonne (Nantelle) McDermott, and lived in Douglas 28 years.

Mr. McDermott worked as Production Manager

Uxbridge. He then worked for UPS in Shrewsbury, retiring when he was 72. He was a U.S. Air Force Korean Conflict Veteran.

Mick was easy going, light hearted and funny. He enjoyed reading, bowling, and spending time with family and

According to his family's wishes services will be private. There are no calling hours. In lieu of flowers memorial donations may be made to: Dana Farber Cancer Institute, Box 849168 Boston, MA 02284.

www.dana-farber.org/gift

To leave a condolence message for his family please visit www.jackmanfuneralhomes.com

Theresa B. Aldrich, 91



Uxbridge- Theresa B. (Dalbec) Aldrich, 91, of Uxbridge passed away Sat. May 13, 2023 in Adviniacare. Northbridge. was the wife and high school sweetheart of the late Leander J. Aldrich with whom

she spent a happy 63 years together before his passing in 2015.

Mrs. Aldrich had worked at the Uxbridge Worsted Mill as a mender for many years. Later, she was employed with TBC as a school bus driver for 15 years.

She was born May 9, 1932 in Whitinsville, the daughter of the late Joseph T. Dalbec and Beatrice (Gaucher) Bruneau and was a lifelong resident of Uxbridge.

Theresa enjoyed traveling across country and reading. She was also a member of the Daughters of Isabella at St. Mary's Church in Uxbridge.

She is survived by her children, Dennis and his wife Lucille Aldrich of Uxbridge, Suzan and her husband Jim Andrews of Colorado Springs, CO, Karen and her husband Tim Angell of Rock Hill, SC and Steven and his wife Katherine Aldrich of Uxbridge; six grandchildren, Gabriel, Michael, Jason, Alexander, Lucas and Haley; five great-grandchildren, Gavin, Sage, Aerith, Mason and Draven and many nieces and nephews. She was predeceased by her sister Alice and brother

Visiting hours were held Sunday May 21, 2023 from 4 – 6 PM in the BUMA FUNERAL HOME, 101 N. Main St., Rte. 122, Uxbridge.

Funeral services were held on Monday May 22, 2023 at 9 AM from the funeral home, followed by a Mass of Christian Burial at 10 AM in St. Mary's Church, 77 Mendon St., Uxbridge.

Burial followed in St. Mary's Cemetery, Granite St., Uxbridge.

Memorial donations may be made to St. Jude's Children's Research Hospital, 262 Danny Thomas Place, Memphis, TN 38105 or at stjude.org/donate.

www.bumafuneralhome.com

Norma F. Bouffard, 78



Douglas- Norma F. (Blaikie) Bouffard, 78, of West St. passed away peacefully at home on Sun. May 21, 2023 after an illness. Her husband was by her side.

She is survived by her husband of

for the Advanced Interconnect Co. in 42 years David L. Bouffard; her sister Marilyn Bailey in CT; a niece and several nephews; friends; and her beloved dog Lexi. Born in Boston, MA on Dec. 9, 1944 she was the daughter of Norman and Florence (Kernan) Blaikie. She was raised in Needham and lived in Douglas 39 years. Previously she lived in Milford.

Mrs. Bouffard worked many years

as an Administrative Assistant for the New England Power Co. in their Boston and Westborough offices. A graduate of Needham High School and Lasalle College, she was artful and loved crafts. Norma enjoyed attending craft shows with her sister.

Her Graveside Funeral Service will be held Thurs. May 25 at 1:15 pm in St. Denis Cemetery, 62 Manchaug St. Douglas. There are no calling hours. Memorial donations may be made to VNA Hospice and Palliative Care, Attn:Fund Development, 199 Rosewood Dr. Suite 180 Danvers, MA 01923. To leave a condolence message for her family please visit http://www. Jackmanfuneralhomes.com

Sheila Ann Parks



S h e i l a Ann (Scully) Parks, formally of New London, CT, passed away peacefully on May 19, 2023 at her home in Douglas, MA, surrounded by her loving family after a long and courageous

battle with cancer. Her husband of 48 years, Gary Blanchard Parks of New London, CT predeceased her in 2012.

Sheila is survived by her daughter Deborah (Parks) Durkin and her husband John Durkin of Douglas MA; her son Brian P. Parks and his wife Kelly Parks of Bridgeville, DE; 4 grandchildren, who were the joys of her life, Kaleigh Durkin of Framingham, MA, Allyson Durkin of Johnston, RI, Patrick Durkin of Ballston Spa, NY and Brady Parks, of Plymouth, MA. She was also preceded in death by her son, Michael A. Parks of Montville, CT in

Sheila was born on November 14, 1943 in New London CT, the daughter of the late Patrick J. Scully and Julia Agnes (Morgan) Scully. Sheila was the youngest of 6 siblings, who all preceded her in death; Mary Ellen Driscoll, Patricia J. Grant, Beverly A. Rogers, James P. Scully and Robert M. Scully.

Sheila was employed with Dunkin Donuts in Waterford, CT for many years, and made many friends along the way. She loved spending time with her family and friends, and also enjoyed spending time in her garden, and building puzzles. She will be deeply missed by her family and friends who will forever hold her memory in their hearts.

The family would like to thank the nurses and doctors at Dana Farber Cancer Center and Brigham and Women's Hospitals in Milford, MA, for their caring knowledge and support. They would also like to thank Salmon Hospice for their assistance and compassion throughout this jour-

There are no calling hours. Sheila will be laid to rest alongside her husband on June 10th at 10:30 am at St. Mary's Cemetery, on Jefferson Ave in New London, CT. In lieu of flowers, donations can be made to the Dana Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168. To leave a condolence message for her family please visit: www.Jackmanfuneralhomes.com

Send all obituary notices to Stonebridge Press, PO Box 90, Southbridge, MA 01550, or by e-mail to obits@stonebridgepress.news



EMERICK

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long resident of Uxbridge," according to an obituary, where he "dedicated his life to serving his community and "Due to the fire and heat damage" preserving its rich history." He was a member of the Historical Society, the Historical Commission, Uxbridge Charter Commission (three commissions), School Superintendent searches, High School Building Committee - Public Safety Representative, Uxbridge Bicentennial Commission (1974-1977), and he lobbied for the state to adopt Capron Park and dedicate it to Effingham Capron, the obituary reads.

Additionally, he had a "passion for history and fife and drum music." He is survived by his wife of 38 years, Barbara Emerick, as well as their two sons, grandson, siblings, nieces, nephews, great-nieces, and great-nephews, according to the obituary.

In memory of Lt. Emerick and his "dedication to the town," the police department asked members of the community to "light it up blue" to think of him and do an act of kindness in his honor. Memorial donations may be made to the ALS Association.

Lt. Emerick was a devoted husband, father, and community leader," Uxbridge Police added. "We will take the watch from here. We will miss you terribly."



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FIRE

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to the building, the town of Grafton's Building Department was called to the scene to inspect the structure," the fire department added.

Mutual aid partners included the Uxbridge, Hopkinton, and Shrewsbury Fire Departments who covered Grafton's stations, according to a press statement, Westborough, Sutton, Millbury, Northbridge, and Hopedale Fire Departments who assisted at the

"The Shrewsbury and Hopkinton crews answered two additional fire calls during the incident," Grafton Fire released, additionally thanking the Grafton Police, Grafton Emergency Grafton Building Department, and National Grid Electric for their assis-

HERITAGE

continued from page **A1**

"I am looking forward to the October celebration highlighting the Filipino contributions to American life," adds Gretheline. "In October, we celebrate the Filipino-American Festival! We will continue to share our stories, our history & culture, to uplift and encourage awareness reflective of global citizenship."

About HSPAA

The Harvard Square Philippine American Alliance is a non-profit organization that believes in bringing the community together through cultural

events that celebrate the core values of the rich and deeply rooted ancestry of the Filipino people. HSPAA's goal is to organize events on an annual basis in partnership with business owners and community leaders. Visit https://

LETTER

continued from page A8

democracy. She must be one of the 78% churned out by our educational system, who are deficient in civics. Thanks to Trump's aforementioned tax cut, that CEO gets to keep most of his \$400 mil. Instead of paying taxes that could fund the war on drugs, some of that money is used to buy politicians who vote to cut more taxes on the rich, to rescind the limit on insulin payments, and vote against a national health care plan. See how that works?

Next, in order:

most dangerous cities in America, ranked highest to lowest: Detroit, Michigan; St. Louis Mo,; Memphis, TN; Baltimore, MD; Springfield, MO; should I go on? Major Democrat cities? Worst state to live in, by all societal wellness measures - Kentucky! Not only did someone flunk civics, she can't read a political map;

climate change - violent weather systems are occurring all over the world, and killing thousands and thousands of people. All you have to do is watch the news, even if you sign your name with an 'X'. Our local Cassandra obviously got her Climate Studies degree from Trump University. I wonder if she got part of the \$25 million restitution that Trump had to pay?

Critical race theory is now Marxist. 'Marxist' is apparently the catch-all replacement for 'woke'. Is this a step forward or back? When you have no facts to back up any nonsense you spew, just say it's Marxist;

sorry to disappoint, but the title of dumbest and most corrupt president has already been awarded to Comrade Trump. And before long, he will have the distinction of being the first criminally indicted, and jailed, former president of these here United States. And the Republican Party wants a Trump encore. You can't make this "expletive"

finally - no other countries are plotting against us, unless it's Russia or China. The rest of the free world is glad to have an American adult back in the room, as evidenced by NATO's coming together to help Ukraine fend of imperialist Russia. So where are the plots? Are they Marxist plots!??

Biden has been in office for years, yet all the ills of our society, real or fever-imagined by some locals, are all his doing. Trump was in office for four vears-what did he do about drugs, crime. the border, education, climate change, homelessness, urinating in public, if things are this bad? We know he got the 'enriching himself' part right. We just learned that Giuliani was selling pardons for \$2 million each, and splitting it with Trump! And he enriched his familv too...just ask Ivanka and Jared, who made \$640 million while working as 'advisors' in Trump's administration. But it's all Biden's fault.

> RICK BEVILACQUA WHITINSVILLE

Late bloomers

SPEAKING

TOBY

MOORE

Do good things come to those who wait? I don't know; I guess it all depends! Growing up, they said my age group belonged to the microwave generation—impatient, wanting everything 'popcorn quick.' That made it especially hard when I couldn't accomplish my dreams

My journey in competitive swimming began when I was only five-yearold. I remember those early practices where the promise of a tootsie roll at the end of each lap was my only motivation to keep going. However, as I paddled through the years, my love for the sport took root, growing with me from Junior high to College.

I wasn't always the fastest, and to soften the blow of losing a race, my dad often told me, "You're a late bloomer, Toby." Giving me hope that one day, I

would attain the victory. A late bloomer is a phrase he used to describe a person who fulfills their

potential later than expected; they often have talents that aren't visible to others initially. **POSITIVELY**

My dedication was unwavering as I continued, but my speed in the pool could have been more impressive, particularly towards the end of high school and into College. I wasn't the slowest, but my gold medal was often out of

reach. I often took solace in the fact that "I'm a late bloomer." Just like my dad

In the lull between high school and College, I stumbled upon triathlons. This thrilling combination of endurance sports had my heart racing even before I hit the starting line. I knew I was no longer a late bloomer and was delighted to win first place in my age group!

My victory could have been more impressive after discovering I was the only one racing in my age group, win-

Turn To POSITIVELY page A11

POSITIVELY

continued from page A10

ning by default. It turned out I was still a late bloom-

When I finally let go of the notion that I was going to be a professional swimmer, it initially felt like an admission of defeat, but it was really a recalibration of direction.

While I could feel my ego taking a hit, always in the back of my mind, I heard my dad's voice, "It's

okay, Toby, you're just a late bloomer." A course change isn't about accepting failure but acknowledging the many avenues to the finish line.

Not hitting it big in the pool wasn't a failure. Instead, it was life nudging me to look beyond, to find where my natural strengths lay. Sometimes, instead of focusing on 'what might have been,' you must look at 'what could still be.

A common belief is that

shifting goals is akin to giving up. But that's not the whole truth.

Remember, only you know your own heart. Shifting your focus isn't necessarily waving the white flag—it might just be the turn you need toward your real win. Sticking with a lost cause doesn't make you a herosometimes, the real bravery is in stepping away from the familiar and venturing into the new.

Being a late bloom-

er doesn't always mean vou'll grow where you originally planted. If life compels you to reroute and venture in a different direction, don't mistake it for failure. Instead, it's a sign that your success is about to blossom—you're just a late bloomer.

It's not about the speed you reach your goals but more about the resilience and determination you develop along the way. Developing the ability to change course when the initial plan doesn't work out and seeking success on a path less traveled.

As a kid, I'd listen to my father's words and feel a comforting sense of validation. Now, those words resonate with even deeper significance. They remind me that it's okay to take my time and that blooming late doesn't mean blooming any less brilliantly

Don't be quick to deem your ventures as failures if they don't work out as planned. Your goals may shift, and your dreams may evolve, but it's all part of our unique blooming process.

Sometimes, the journey you've embarked upon isn't the one that will ferry you to the shores of success.

Being a late bloomer doesn't necessarily mean you've missed the boat. Sometimes, it means you're getting ready to captain your own ship.

Commonwealth of Massachusetts The Trial Court **Probate and Family Court** Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO23P1693EA CITATION ON PETITION FOR FORMAL ADJUDICATION **Estate of:**

Joseph E Kee Date of Death: 11/10/2022 To all interested persons:

A Petition for Formal Adjudication of Intestacy has been filed by Jessica Garvey of Framingham MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Jessica Garvey of Framingham MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 06/13/2023.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION **UNDER THE MASSACHUSETTS** UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: May 17, 2023 Stephanie K. Fattman, Register of Probate May 26, 2023

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. W023C0207CA **CITATION ON PETITION TO CHANGE NAME** In the matter of: Victoria Noelle Harper

A Petition to Change Name of Adult has been filed by Victoria Noelle Harper of Douglas MA requesting that the court enter a

Decree changing their name to: **Adrian Xavier Harper**

IMPORTANT NOTICE Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 10:00 a.m. on the return day of 06/06/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding. WITNESS, HON. LEILAH A KEAMY,

First Justice of this Court. Date: May 11, 2023 Stephanie K. Fattman, Register of Probate

May 26, 2023

(SEAL)

COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT Docket No. 23 SM 002014

ORDER OF NOTICE TO: Larry R. Briggs and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. C. 50 §3901 (et seq): Arvest Bank, Successor in Interest

Merger to Arvest Central

Mortgage Company f/k/a Central **Mortgage Company**

claiming to have an interest in a Mortgage covering real property in Douglas, numbered 182 Maple Street, given by Larry R. Briggs and Richard T. Connors to Mortgage Electronic Registration Systems, Inc., as mortgagee, acting solely as a nominee for Finance of America Mortgage LLC, dated August 10, 2015, and recorded in Worcester County (Worcester District) Registry of Deeds in Book 54138, Page 112, and now held by the Plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA **02108** on or before 06/26/2023 or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act. Witness, GORDON H. PIPER Chief Justice of this Court on 5/12/2023. Attest: Deborah J. Patterson, Recorder May 26, 2023

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court

225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO23P1715EA CITATION ON PETITION FOR FORMAL ADJUDICATION Estate of:

Beverly Jane Deyoung Also Known As: Beverly J De Young Date of Death: 12/09/2017

A Petition for Late and Limited Formal Testacy and/or Appointment has been filed by Gordon DeYoung of Uxbridge MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Gordon DeYoung of Uxbridge MA

To all interested persons:

be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 06/20/2023.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed

under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court. Date: May 17, 2023 Stephanie K. Fattman,

Register of Probate May 26, 2023

OF REAL ESTATE By virtue and in execution of the Power of Sale contained in a certain mortgage given by Michael E. Richard and Daniel R. Nelson, to Mortgage Electronic Registration Systems, Inc., as

nominee for Gateway Funding Diver-

NOTICE OF MORTGAGEE'S SALE

sified Mortgage Services L.P., dated August 10, 2007, and recorded with the Worcester County (Worcester District) Registry of Deeds in Book 41635, Page 69, of which mortgage the undersigned is the present holder by assignment from Mortgage Electronic Registration Systems, Inc., as nominee for Gateway Funding Diversified Mortgage Services L.P., to Green Tree Servicing, LLC, dated February 9, 2012, recorded at the Worcester County (Worcester District) Registry of Deeds in Book 48525, Page 264; by assignment from Ditech Financial LLC f/k/a Green Tree Servicing, LLC, to NewRez LLC d/b/a Shellpoint Mortgage Servicing, dated December 31, 2019, recorded at the Worcester County (Worcester District) Registry of Deeds in Book 61686, Page 368; by assignment from NewRez LLC d/b/a Shellpoint Mortgage Servicing to U.S. Bank Trust National Association, as Trustee for BKPL-EG Series I Trust, dated September 10, 2021, recorded at the Worcester County (Worcester District) Registry of Deeds in Book 66034, Page 302; and by an assignment from U.S. Bank Trust National Association, as Trustee for BKPL-EG Series I Trust to U.S. Bank Trust National Association, as Trustee for BKPL-EG Holding Trust, dated November 8, 2021, recorded at the Worcester County (Worcester District) Registry of Deeds in Book 66633, Page 339, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction at 11:00 A.M. on the 12th day of June 2023, at 19 Orchard Street, Blackstone, MA 01504, all and singular the premises described in said mortgage,

To wit:

A certain parcel of land situated on the easterly side of Orchard Street in Blackstone, Massachusetts, known as Lot #1 as shown on a plan entitled "Division of Land in Blackstone, MA 27 Orchard Street Owned by Richard J. Constance M. Bousquet dated June 17, 2004 prepared by Andrews Survey & Engineering, Inc., 104 Mendon Street, P.O. Box 312, Uxbridge, MA and recorded at the Worcester Registry of Deeds in Plan Book 813, Plan No. 72. Lot #1 contains approximately 2.72 acres of land.

Subject to a Typical Setback Line as shown on said plan.

Subject to two Order of Conditions dated October 13, 2004 and recorded with Worcester Registry of Deeds in Book 34835, Page 336 and in Book 34835, Page 345.

Being a portion of the land conveyed to Richard J. Bousquet and Constance M. Bousquet dated September 15, 1969 and recorded wit Worcester Registry of Deeds in Book 4978, Page 400.

Being the same premises conveyed to the herein named mortgagors by deed recorded with Worcester District Registry of Deeds herewith. BK 41635 PG

Premises to be sold and conveyed subiect to and with the benefit of all rights. rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

Terms of sale: A deposit of five thousand dollars (\$5,000) by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by wire transfer to Demerle Hoeger LLP, 10 City Square, 4th Floor, Boston, MA 02129 within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. In the event of an error in this publication, the description of the premises contained in said mortgage shall control. Other terms, if any, to be announced

at the sale.

U.S. Bank Trust National Association, as Trustee of BKPL-EG Holding Trust, Present holder of said gage,

By its Attorneys, Demerle Hoeger LLP 10 City Square, 4th Floor Boston, MA 02129 (617) 337-4444 May 19, 2023

May 26, 2023 June 2, 2023

Commonwealth of Massachusetts The Trial Court Probate and Family Court

Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO23P1718EA **CITATION ON PETITION FOR** FORMAL ADJUDICATION **Estate of:**

William James Soreboe Also Known As: William J Soreboe Date of Death: 04/01/2023

To all interested persons: A Petition for Formal Appointment of Personal Reporesentaive has been filed by Robin Murdock of Franklin MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Robin Murdock of Franklin MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised

administration IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 06/20/2023.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further no-

UNSUPERVISED ADMINISTRATION

UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy,

First Justice of this Court. Date: May 17, 2023 Stephanie K. Fattman,

Register of Probate May 26, 2023

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Division Docket No. WO23P1640EA Estate of: Theresa M. McKinnon **Date Of Death: December 29, 2022 INFORMAL PROBATE PUBLICATION NOTICE**

To all persons interested in the above-captioned estate by Petition of

Margaret M. McKinnon of Sutton MA a Will has been admitted to informal probate

Margaret M. McKinnon of Sutton MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered un-

der informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

May 26, 2023

SPORTS

SWCL boys' track and field team championship goes to Uxbridge

SPARTANS' ROSS AND CASO DOUBLE WINNERS, ALONG WITH AUBURN'S PAPIERSKI AND QUABOAG'S STEVENS



Nick Ethier photos

Aidan Ross of Uxbridge takes off at the start of the two-mile run, an event he eventually won.

BY NICK ETHIER

OXFORD — A colder and windier afternoon from a day before when Oxford High played host to the girls on the track, the Southern Worcester County League boys' track and field championships were held back in Oxford on Wednesday,

Uxbridge High won the team championship, accruing 87 points, just a half-point higher than second place Grafton High. The Spartans won six of the 16 events, while

each event scored points for their team (first place got 10 points, second place 8, third place 6, fourth place 4, fifth place two and sixth place 1).

Team Standings

- 1. Uxbridge, 87 points
- 3. Auburn, 77
- 5. Millbury, 46

the Gators topped just

The top six finishers in

The results are as fol-

- 2. Grafton, 86.5
- 4. Tantasqua, 66.5
- 6. Southbridge, 34
- 7. Leicester, 29

- 8. Quaboag, 24 9. Northbridge, 21
- 10. Oxford, 20 11. Bartlett, 5

Individual Results

Shot Put 1. Garrett Papierski,

Auburn, 46-01.00 Gahan, Ian

Northbridge, 40-02.00 3. Dominic Hammond,

Auburn, 38-04.50 Talbert, 4. Chris Millbury, 38-01.50

5. Aidan Diamond, Oxford, 37-11.25 Nate Noyes, Uxbridge, 37-08.50

Discus Throw

1. Garrett Papierski, Auburn, 133-11

2. Jorge Lopez, Southbridge, 119-08 Gahan, Ian

Northbridge, 110-10 4. Jullian Rosenburg, Uxbridge, 106-07

5. Dominic Scichilone, Northbridge, 103-11 6. Johnatan Miranda, Southbridge, 102-08

Long Jump 1. Owen Stevens, Quaboag, 20-06.00 2. Luis Gonzalez, Southbridge, 19-05.50

3. Gavin Hallfelder, Uxbridge, 19-03.25 4. Nicholas St. George,

Grafton, 19-01.75 5. Brett Morgan, Oxford, 18-07.50

6. Anthony Cintron, Auburn, 18-07.50

Triple Jump 1. Luis Gonzalez, Southbridge, 40-03.50

2. Kweku Akese, Auburn, 39-09.50 3. Calvary Jamoko, Grafton, 39-03.25

4. Erik Manilut, Bartlett, 36-03.50 Jemil Jalloh,

Millbury, 36-03.50 Max Brayman, Uxbridge, 36-01.00

High Jump 1. Owen Stevens, Quaboag, 5-10

2. Anthony Phillipo. Millbury, 5-08 3. Hunter Senior,

Leicester, 5-08 4. Gavin Hallfelder, Uxbridge, 5-06

5. Thatcher Sweeney, Uxbridge, 5-06 T6. Bryce Tessier, Tantasqua, 5-04 T6. Jackson Shea,

Javelin Throw

Grafton, 5-04



Northbridge's Ian Gahan works through his routine before firing off the discus.

1. Derek Plowman, Tantasqua, 146-02 2. Cameron Murphy,

Tantasqua, 131-04 3. Jason Bein, Millbury,

4. Aidan VanArsdelan, Oxford, 119-03

Jack Ledbetter, Leicester, 119-02 Gilbert, 6. Ryan Grafton, 116-08

Two-Mile Run Aidan Ross, Uxbridge, 9:33.24 Luke Herren,



Zack Oliveira of Uxbridge lunges at the finish line in the 100-meter dash.

Grafton, 10:14.44 3. James Bernard, Uxbridge, 10:35.01

4. James Segatore, Tantasqua, 10:47.09 5. Jason Fournier, Leicester, 10:49.35 6. Max Deary, Uxbridge,

110-Meter Hurdles

Turn To BOYS page A14



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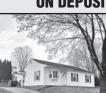
Was "THE HUBBARD ESTATE", Quality & Focus on Detail Throughout! 12 rooms, 6 bedrooms, 4 baths, 2 - 1/2 baths. Hardwood floors, elaborate radius staircase, library, slate floor porch, fireplaced living room, solarium. Kitchen w/breakfast nook, dining room, pantry, personal second stairway to upper level. Lower level function room with large windows, half bath, walk-out access to gardens, inviting custom inground pool, tennis court. 3 car brick garage

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SPORTS

Tantasqua at the top of SWCL girls' track and field team championship

Warriors combine for six wins, while Uxbridge's Cahill tops three events



Kathryn Cahill of Uxbridge took home the 100-meter hurdles event — as well as the 400-meter hurdles and the long jump — at the Southern Worcester County League championships.

> BY NICK ETHIER SPORTS EDITOR

OXFORD — Oxford High was again host to the Southern Worcester County League girls' track and field championships, which took place under nice — albeit at times windy — conditions on Tuesday, May 16.

Tantasqua Regional won the team title while accumulating 131 points. Uxbridge High was next best at 113 points. The Warriors (six) and Spartans (five) combined to win 11 of the 16 events.

The individuals who placed in the top six in each event earned points toward the team total, with places one-six being awarded 10, 8, 6, 4, 2 and 1 points.

The results are as fol-

Team Standings

- 1. Tantasqua, 131 points 2. Uxbridge, 113
- 3. Auburn, 55
- 4. David Prouty, 42 5. Millbury, 40
- 6. Grafton, 38
- 7. Oxford, 35 8. Leicester, 23

Individual Results

9. Quahoag, 10

Shot Put 1. Lily Brayman, Uxbridge, 32-10.50

2. Maeve Whittemore, Auburn, 32-00.50 3. Payton Banfill, Oxford, 30-11.00

Prouty, 28-00.50 5. Jewelisa Richardson, Oxford, 25-10.50 Dykas, Nina

4. Emilee Larson, David

Leicester, 25-05.75 Discus Throw Nina Dykas, Leicester, 86-09

Noyes,

Uxbridge, 84-11 3. Emma Robertson, Oxford, 80-07 4. Maeve Whittemore, Auburn, 80-02

Gianna

Milla Uxbridge, 74-06 6. Isabelle Alden, Tantasqua, 71-11

Long Jump 1. Kathryn Cahill, Uxbridge, 16-05.00 2. Katherine DeFosse, Auburn, 15-07.00

10. Northbridge, 9

David Prouty, 15-05.00 Keoni Savoie, Tantasqua, 15-01.00 5. Tess Chevalier, Tantasqua, 14-06.00

Lili

Tantasqua, 14-05.00

Eliana Barnett,

Shiers,

Triple Jump 1. Eliana Barnett. David Prouty, 34-02.50 2. Kendall Gilmore, Uxbridge, 34-00.50

3. Kathryn Cahill, Uxbridge, 33-00.25 4. Mila Nikiforow, Millbury, 32-00.50 5. Ava Chevalier,

Tantasqua, 32-00.25 6. Haley McCormack, Tantasqua, 31-09.50 High Jump

1. Haley McCormack, Tantasqua, 5-02 2. Lili Shiers, 4-08 3. Bella Grover, Quaboag, 4-06 4. Mila Nikiforow, Millbury, 4-06 Katie Riley, Tantasqua, 4-06 6. Sydney Grafton, 4-04 Vyskocil,

Javelin Throw Milla Mace, Uxbridge, 90-01 2. Gianna Noyes, Uxbridge, 81-06 3. Kadienne Patterson, Leicester, 81-05 Hannah Irish, Millbury, 77-08

Jorelys

David Prouty, 75-02 6. Emma Robertson, Oxford, 74-02

Sarah Cowen of Northbridge prepares to stick her landing in the long jump event.

Two-Mile Run 1. Cameron Davis, Oxford, 12:04.62 2. Sabrina Tibedo, Uxbridge, 13:45.08 3. Haley Courtney, Tantasqua, 14:06.89 4. Rose Winston, Millbury, 14:10.49

5. Jezlyn Easo, Grafton, 14:15.94 6. Danielle Chrabaszcz, Northbridge, 14:51.13

100-Meter Hurdles 1. Kathryn Cahill, Uxbridge, 15.41 2. Katherine DeFosse, Auburn, 15.57 3. Haley McCormack, Tantasqua, 16.67

Riley, Katie Tantasqua, 17.35 5. Jordan Patterson, Leicester, 18.16 6. Annie Maynard, Oxford, 19.12

100-Meter Dash 1. Keoni Savoie, Tantasqua, 12.68 2. Eliana Barnett, David Prouty, 12.95 3. Tess Chevalier, Tantasqua, 13.58 4. Annie Maynard,

Oxford, 13.75 5. Eunice Kinsumba. Leicester, 14.02 Moreau, 6. Emily Grafton, 14.14

One-Mile Run Tessa Kline,

Tantasqua, 5:34.02 2. Mila Nikiforow, Millbury, 5:41.41 Emily Flauto. Northbridge, 6:14.49 4. Parker Tunley, Quaboag, 6:15.73 5. Eabha Twohig-Mann,

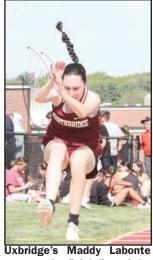
Uxbridge, 6:29.59 6. Wren Curewitz, Auburn, 6:37.48

4x100-Meter Relay 1. Tantasqua, 53.63 2. Uxbridge, 55.81 3. Grafton, 56.00 4. David Prouty, 56.21 5. Auburn, 57.88 6. Oxford, 58.18

400-Meter Dash 1. Allie Shrayer, Grafton, 1:02.02 2. Kendall Gilmore, Uxbridge, 1:02.08 Ĺili Shiers, Tantasqua, 1:04.78 4. Ava Marcucci, Tantasqua, 1:04.86 5. Bridget Kennedy, Grafton, 1:05.01 Grace Bujak, Leicester, 1:06.17

400-Meter Hurdles 1. Kathryn Cahill, Uxbridge, 1:08.73 2. Katherine DeFosse, Auburn, 1:12.95 3. Claire Godek, Tantasqua, 1:16.10 4. Maeve Croucher, Grafton, 1:16.90

5. Maryah Moldrow.



crosses the finish line of the 100-meter dash.

Millbury, 1:21.89 6. Riya Dalal, Grafton,

800-Meter Run 1. Molly Hilditch, Auburn, 2:26.88 2. Mila Nikiforow, Millbury, 2:32.79 3. Olivia Magierowski, Tantasqua, 2:38.24

4. Cameron Davis, Oxford, 2:39.33 5. Alexis Nordman, Auburn, 2:46.91 6. Emmalyn Romano,

Uxbridge, 2:52.05 200-Meter Dash 1. Keoni Savoie, Tantasqua, 26.25

David Prouty, 26.71 3. Ava Chevalier, Tantasqua, 27.95 4. Kendall Gilmore, Uxbridge, 28.54

2. Eliana Barnett,

Shrayer, Allie Grafton, 28.66 6. Bridget Kennedy, Grafton, 28.68

4x400-Meter Relay 1. Tantasqua, 4:33.33

2. Grafton, 4:55.54 3. Millbury, 5:02.25 4. Auburn, 5:10.62

5. Northbridge, 5:19.57 6. Leicester, 5:21.28

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SPORTS

Regular season ends with loss, but BVT softball eyes CMass., State tournaments



Nick Fthier photos

Blackstone Valley Tech third baseman Kasey Reeves looks toward first base before firing the ball that way for an out.

DUDLEY — Blackstone Valley Tech's regular season finale in varsity softball didn't end the way the Beavers had hoped that it would, but they must have a collective short memory as the

continued from page A12

BOYS

postseason looms.

Valley Tech took on Shepherd Hill Regional on Monday, May 22, and the Beavers lost a 15-3 decision after six mercy-rule shortened innings. Valley Tech's 18-game slate finished with a record of 10-8.

The Beavers grabbed the game's first run in the top of the first inning when Julia Bern singled, stole second base, took third on Kasey Reeves'



Starting pitcher Lynsey Kay of Blackstone Valley Tech works through her delivery before sending the ball home.

sacrifice bunt and scored on a wild pitch. But the Rams rallied with a run in the bottom of the first, followed by three in the third and eight more in the fourth to take a 12-1

lead. Valley Tech scored its final two runs in the fifth inning on a Bern RBI double and a fielder's choice by Reeves. Shepherd Hill put the game away, though, with two runs in the bottom of the fifth and one more in

Two players that stood out for BVT were Bern, who went 3-for-3, and Ella Foster, who nearly made a spectacular catch in left field. She tracked the ball down and got her glove on it — robbing Shepherd Hill's Emily Hultgren of a home run — but was unable to make the miraculous catch. Then, playing second base,

line drive that ended up in right field.

The Beavers were next set to play in the Central Mass. Athletic Directors Association Class B Tournament. Valley Tech, seeded second, took on No. 7 Groton-Dunstable

Regional in the quarterfinals, after press time. Following the Central Mass. bracket, BVT will play in the Division 4 State Tournament.



Blackstone Valley Tech's Ella Foster swings away and puts

Foster almost snared a hard-hit and elevating

One-Mile Run

11.77

100-Meter Dash

1. Camden Foley, Tantasqua, 4:48.10

1. Nolan Charbonneau, Millbury, 15.91

2. Cameron McNally, Auburn, 16.42

4. Cooper White, Leicester, 16.67

5. Kweku Akese, Auburn, 17.53

6. Hayden Plumb, Auburn, 17.56

1. Aditva Kaki, Grafton, 11.42

2. Liam Donagher, Grafton, 11.42

3. Shane Wellman, Auburn, 11.45

5. Zack Oliveira, Uxbridge, 11.61

4. Cameron Murphy, Tantasqua, 11.56

6. Jeremiah Kinsumba, Leicester.

3. Avant Fitzpatrick Tantasqua, 16.47

- 2. Nate Davis, Oxford, 4:58.58 3. Vincent Miles, Auburn, 5:00.88
- 4. Luke Perras, Grafton, 5:02.13
- 5. Jason Fournier, Leicester, 5:05.94
- 6. Abhinav Sood, Grafton, 5:07.24

4x100-Meter Relay

- 1. Uxbridge, 45.62
- 2. Tantasqua, 46.44
- 3. Millbury, 46.57 4. Quaboag, 47.98
- 5. Grafton, 48.24
- 6. Southbridge, 49.96

400-Meter Dash

1. Cameron Caso, Uxbridge, 53.66 2. Logan Mayo, Grafton, 54.21

- 3. Luis Gonzalez, Southbridge, 55.22 4. Matt Szela, Oxford, 55.81
- 5. Declan Donagher, Grafton, 56.33
- 6. Nathan Leboeuf, Auburn, 56.45

400-Meter Hurdles

- 1. Cooper White, Leicester, 1:00.48 2. Bryce Tessier, Tantasqua, 1:00.52
- 3. Nolan Charbonneau, Millbury,
- 4. Cameron McNally, Auburn, 1:03.17 5. Larry Lamar-Perkins, Grafton,
- 6. Josh Kurutu, Grafton, 1:09.59

800-Meter Run

- 1. Aidan Ross, Uxbridge, 2:05.90 2. Luke Herren, Grafton, 2:06.56
- 3. Vincent Miles, Auburn, 2:11.60
- 2:12.03
- 5. Dylan Delage, Leicester, 2:13.25

6. Abhinav Sood, Grafton, 2:15.06

200-Meter Dash

- 1. Cameron Caso, Uxbridge, 23.02
- 2. Aditya Kaki, Grafton, 23.26
- 3. Shane Wellman, Auburn, 23.38 4. Liam Donagher, Grafton, 23.76
- 5. Avery Mitchem, Tantasqua, 24.21 6. Erik Manilut, Bartlett, 24.39

4x400-Meter Relay

- 1. Uxbridge, 3:52.68
- 2. Grafton, 3:55.43
- 3. Tantasqua, 3:55.85
- 4. Millbury, 3:58.59 5. Auburn, 4:01.27
- 6. Northbridge, 4:13.35



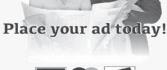
Julia Bern of Blackstone Valley Tech connects on a swing for one of her three hits

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