

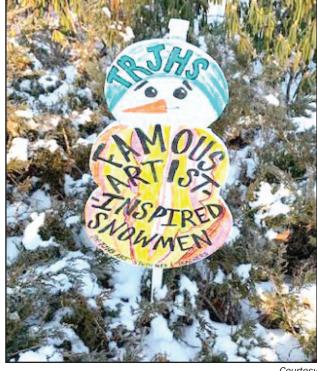
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Friday, March 19, 2021

Tantasqua Jr. High project combines art and history





Tantasqua Regional Junior High School art students recently finished a project that was enjoyed by the entire community.

Courtesy

BY KEVIN FLANDERS STAFF WRITER

STURBRIDGE – Tantasqua Regional Junior High School students recently combined art and history with a unique project.

Earlier this month, seventh and eighth grade



art students at TRJHS put the finishing touches on a drive-through exhibit. Titled "Famous Artist-inspired Snowmen", the exhibit was on display in the two bus circles at the school.

Each student's snowman was painted to represent a famous artist. The activity took place as part of an art history project that Carol Willard's students complete each term.

Several family members and residents have been able to stop by the school this month and

enjoy the project's drive-through feature. The exhibit was expected to remain in place through mid-March.

"It has been a fun project that highlights the talented art students at TJHS and allows the community to enjoy an art exhibit while adhering to the COVID safety protocols," Willard said.

Several teachers and their families also participated in the project. Willard thanks everyone who came together to make the project memorable.

Capstone Planning Group promotes Chris Mallon to Vice President,

STURBRIDGE — The state took a look at the large multi-use Fiske Hill project last week, as a handful of local officials and the developer's representatives went for MEPA review online.

According to Mass Environmental Protection Act analyst Purvi Patel, the proposal's scale "exceeds several MEPA review thresholds." Among them are the fact it will have more than 300 parking spaces, alter more than 25 acres, and create more than five impervious (paved) acres. She noted the latter's 9.8 acres comes very close to triggering a full Environmental Impact Review, which is at the agency director's discretion, and urged developer Matt Sosik to investigate ways to reduce it.

At issue are plans to create three commercial lots totalling about 12 acres near Main Street and two large residential lots of 79.4 and 41.4 acres, respectively, in land that's now wooded. The smaller one is slated to become a 65-lot senior mobile home park similar to the newer part of the Co-op on Kelly Road. As a very long dead end, it will have emergency access to Idlewood Street in Southbridge (not

Turn To FISKE HILL, page A11

Program Manager

STURBRIDGE — The Capstone Planning Group, a full-service Financial Services and Investment Planning team located at Cornerstone Bank, has recently promoted Chris Mallon to Vice President, Program Manager.

"Chris has been a great asset to our team for a year and a half and has been integral to Capstone's yearover-year growth," said The Capstone Planning Group's SVP of Investment Services Jason Main. "We are pleased with Chris' success and look forward to the work he will do



Courtesy

Spring comes to Hitchcock Academy

BRIMFIELD — Who doesn't look forward to Spring? This year the season offers a special promise of hope and optimism. At Hitchcock Academy plans are underway for life outside the cocoons forced on us by COVID. Plans to learn new skills, to get into shape, to meet old friends, to make new acquaintances and to develop new routines. Be assured that HFA continues to follow guidelines for social distancing and sanitizing and, as guidelines change, Hitchcock will work to develop new programming.

Now is the right time to work out whatever kinks inactivity might have inflicted on your body with a Pilates



Class. Pilates promotes flexibility, good posture, and balance while strengthening the core muscles. Beginning

March 24, instructor Karen Larsen will insure all Covid protocols are followed while guiding you to build

a stronger, healthier body.

On March 28, Let's Cake Decorate with Sue Gaulin is back to

teach you the art of using sugar to create an Easter themed Bunny Tree Stump cake. With the promise of more social gatherings on the horizon, now is the time to develop the basic decorating skills to make your confections the centerpiece of any event. Sue's provides everything you'll need for the class and when you're done you'll be taking home your own perfect creation.

On March 30, Hitchcock is pleased to present Thrive, United Way's personal financial coaching program, created to help people get ahead with an array

Turn To **HITCHCOCK,** page **A11** and overall business development. He is both an LPL Investment Advisor Representative and securities broker and holds his Financial Industry Regulatory Authority (FINRA) Series 7 & 65 licenses with LPL Financial. Prior to joining The Capstone Planning Group, he had spent a decade partnering with financial advisors across the Midwest and Northeast on behalf of some of the industry's largest investment managers, including Putnam Investments & Nuveen Investments.

In this new role, Mr. Mallon is responsible for client engagement

Chris Mallon in the future."

"I am excited to continue to help grow The Capstone Planning Group," said Mallon. "I have enjoyed helping to

Turn To MALLON, page A11

Bay Path Practical Nursing student to receive scholarship from MARILN

CHARLTON — Tianna Welcome, a Bay Path Practical Nursing Academy student, has been named as the 2021 Massachusetts Rhode Island League for Nursing (MARILN) PN Scholarship. In an email by Sheila Blomquist, MARILN Administrative Director, on behalf of the MARILN Scholarship Committee, Welcome was notified and congratulated. Welcome was also invited to attend the MARILN virtual Spring Conference on March 26.

A resident of Oxford, Welcome plans to use the \$600 scholarship award to further her education.



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Tianna Welcome

During Term I (ending December 2020), Welcome qualified for induction to the National Technical Honor Society. Welcome and the PN Class of 2021 started in August 2020 with face-to-face learning including clinicals under the strict CDC guidelines of face coverings, physical distancing, and frequent handwashing.

Courtesv

"What is great about the Bay Path Practical Nursing Academy is that there are provisions for remote learning, lectures were seamlessly moved to an online format when needed," says Welcome.

She is expected to complete the

practical nursing certification program in June 2021.

A doting mother to 8-year-old daughter, Natalia, Welcome earned her Medical Assisting Certificate at Salter College, Dean's List in 2014.

Her future career goals include becoming a Registered Nurse.

"I can see myself as a team leader, taking all the skills I have learned and paying it forward. I want to continue building trusting relationships with residents, families, and my team," she stated. Further, Welcome plans to learn

Further, Welcome plans to learn new ways to advocate for people and be their voice.

"I want to be a nurse who can also do sign language. American Sign Language is something I have always found fascinating and is another skill I want to learn and translate," she adds.

She also is open to the possibility of working in academia.

She concludes, "In about 20 to 30 years from now, I can see myself as a nurse educator sharing my experiences with a class like I am in now."

MARILN Scholarship The Committee based its decision on the candidate's potential to contribute to the profession of nursing, the candidate's ability to maintain satisfactory academic standing (at least an 83 average or 3.0 GPA), and the quality of the references and personal goal statement. The candidate is expected to address his or her goals in a one-two page, typed, statement, outlining how his or her personal nursing career goals concur with the National League for Nursing's four core values (caring, integrity, diversity, and excellence) and how this award will benefit goal achievement. For more information, visit www.nln.org.



FOR A LIMITED TIME:

We have CNA scholarships available to the right applicants. Please inquire for further information.





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- Education Reimbursement

"One of my favorite things about working at Quaboag is that you can tell the staff is here because they care about the patients. I have also found that my supervisor and administrator are very approachable when I have any concern. There are a lot of places where someone in a supervisor position is not that approachable." — Nicole F. (CNA)

"I am Definitely glad to be a part of the team as well. I feel like I'm home and everyone has been wonderful." — Nicole V. (LPN)

"In the time that I have been working at Quaboag I have witnessed the well-being and comfort of the residents as the main priority of the facility. The facility is centered around patient care and is designed in the best interest of the residents."

— Lynnea T. (CNA)

We are a *Deficiency-Free* community facility in a beautiful small town with a family feel.



For more information please contact: Julie Stapleton at 508.867.7716 Or apply online at: quaboagonthecommon.com

Cornerstone Bank announces promotion of Maria Salvatore

SOUTHBRIDGE — Cornerstone Bank, a community bank with 12 locations throughout central Massachusetts, recently promoted Maria Salvatore to a new role within executive management. Effective Jan. 1, she was elevated from Senior Vice President, Human Resources (HR) Director to her new role: Senior Vice President, Chief Culture Officer.

A seasoned human resource professional, Salvatore joined Cornerstone Bank in 2018 after amassing relevant banking and human resources experience from her time spent in comparable leadership roles at financial institutions throughout the Commonwealth. In her previous position at Cornerstone, she was responsible for human resources, training and partnering with management to drive employee engagement. In addition, she negotiated and selected benefits programs and helped to drive company culture.

As Cornerstone's new Chief Culture Officer, she will build upon the foundation she laid over the past five years, continuing to lead HR functions while overseeing team learning and development opportunities, and facilities and project management activities. In addition, she is responsible for the management of both employee and community relations teams.

Of the promotion, Salvatore shared that, "It is a pleasure to work with a team that embraces positive change. I look forward to embarking on this



Worcester business leaders fund new scholarship at Nichols College

DUDLEY — A new scholarship at Nichols College to benefit transfer students from Quinsigamond Community College has been created through contributions from two long-term Worcester business and community leaders.

R. Joseph Salois, owner and president of Atlas Distributing Inc., and Robert Vaudreuil, retired president and CEO of The Protector Group, have commit-ted to sponsor the Nichols Connect Scholarship, which will assist QCC graduates who pursue a Nichols degree.

'As the scholarship's name implies, this effort will connect our institutions in a meaningful way and enhance our longstanding partnership with QCC through the Affordable Business and Leadership Education initiative," said Bill Boffi, Nichols College vice president for enrollment. "We are grateful to Joe Salois and Bob Vaudreuil for strengthening our bridge to Worcester and extending Nichols' exceptional educational opportunities to its students."

Students enrolled in a minimum of six credits at Nichols are eligible for the Nichols Connect Scholarship. Award amounts will vary based on status as a resident student, undergraduate evening or commuter student, or student in the Affordable Business and Leadership Education initiative.

"From my experience as a non-traditional student, I understand the motivation of students who want to take their education to the next level and the importance of a scholarship that offers them the means to reach it," said Salois, a 1998 graduate and past trustee of Nichols College.

Vaudreuil, a 1977 graduate of Nichols College and former chair of its Board of Trustees, added, "I see this scholarship as a win for QCC, for Nichols, and for the Worcester business community which will continue to be strengthened by the opportunities and educational resources provided by this partnership."

For more information on the Nichols Connect Scholarship, please call the Nichols College Enrollment Office at 508-213-2038.

About Nichols College

Nichols College is a college of choice for business and leadership education as a result of its distinctive career-focused and leadership-based approaches to learning, both in and out of the classroom, and through impactful research and professional education. Students thrive in a learning and living environment that is supported by an experiential business curriculum and a strong liberal arts foundation aimed at transforming them into tomorrow's leaders. Nichols offers master's degrees in business, leadership, accounting, and counterterrorism, as well as a range of certificate programs, to promote career advancement for today's professionals.

(Left) Maria Salvatore

new journey within an organization that places such an emphasis on both the professional development of its employees and strengthening its ties with members of the community."

Courtesv

A resident of Sutton, Salvatore is a graduate of Rhode Island College and Northeastern University where she received her master's in human resources.

About Cornerstone Bank

Cornerstone Bank is an independent, mutual savings bank serving residents, businesses and communities throughout Central Massachusetts. Our customer promise, Built on Trust, is not just a brand, but also a corporate focus. Whether a business or personal partnership, Cornerstone Bank rests on the foundation that relationships are built on trust. Deposits are insured in full by a combination of the Federal Deposit Insurance Corporation and the Depositors Insurance Fund. The Bank is an Equal Opportunity Employer, Equal Housing Lender and SBA Preferred Lender. To learn about Cornerstone Bank's personal and business banking offerings, please visitcornerstonebank.com or call 800-939-9103.

Sophia Doros of Sturbridge recognized on Georgia Southern University's Dean's List

STATESBORO, Ga. — Georgia Southern University recently recog-nized approximately 3,850 students on the Fall 2020 Dean's List. Sophia Doros of Sturbridge has been named to the list for excellence in academics. To be eligible for the Dean's List, a student must have at least a 3.5 grade point average and carry a minimum of 12 hours for the semester.

Georgia Southern University, a public Carnegie Doctoral/R2 institution founded in 1906, offers approximately 140 different degree programs serving almost 27,000 students through 10 colleges on three campuses in Statesboro, Savannah, Hinesville and online instruction. A leader in higher education in southeast Georgia, the University provides a diverse student population with expert faculty, world-class scholarship and hands-on learning opportunities. Georgia Southern creates lifelong learners who serve as responsible scholars, leaders and stewards in their communi-

Cornerstone Bank announces promotion of Maria Salvatore

WORCESTER — Country Bank, a full-service financial institution serving central and western Massachusetts, proudly announces it has partnered with eight local banks to transform the Credit for Life program from an on-site event to a virtual event! Credit for Life, a popular financial literacy program, has been offered for more than a decade within many Massachusetts public schools.

With most, if not all, schools adopting a virtual learning model for students, Credit for Life organizers connected last summer to explore a virtual experience in 2021. As part of the virtual transformation, organizers enlisted FitMoney. org, a non-profit financial literacy organization, to serve as the key fiscal agent, and Stackpole & Partners of Newburyport, for the design and implementation of an interactive website. Contributing partners are Country Bank, Institution

WE MAKE OUR OWN BREAD!

for Savings, Cape Cod 5, Bay Coast Bank, HarborOne Bank, The Savings Bank, Rockland Trust, and Westfield Bank.

During the half day online Credit for Life Fair, students will assume the role of a 25-year-old adult and be asked to make financial decisions on how to spend their money.

"The Credit for Life Fair is one of the most important and impactful events we offer every year," stated Jodie Gerulaitis, Vice President of Community Relations at Country Bank. "We are honored to be able to partner with other local banks to make the fair a reality again for students. The interactive website is a tool that educators and others can use in the current learning environment. Teachers are being asked to do so much right now, this is just one small way we can offer our support."

Development of the Web site is in the final stages; the group is hopeful

Tues, Wed, Fri 10-5; Thurs 10-6; Sat 10-3 Sun & Mon closed

that the site will be ready for use by high schools towards the end of March. In addition, the partnership group is also in the process of establishing a 501c3 that will allow for the ability to raise funds and plan for future school financial literacy initiatives similar to creditforlife.org.

For more information, please contact Jodie Gerulaitis, Vice President of Community Relations at 800-322-8233 or jgerulaitis@countrybank. com.

About Country Bank

Country Bank is a full-service mutual community bank serving central and western Massachusetts with 14 offices in Ware, Palmer, West Brookfield, Brimfield, Belchertown, Wilbraham, Ludlow, Leicester, Paxton, Charlton, and Worcester. Country Bank is a member of FDIC, DIF, and the SUM network. Country Bank can be reached at 800-322-8233 or online atcountrybank.com.

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The Sturbridge Villager is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

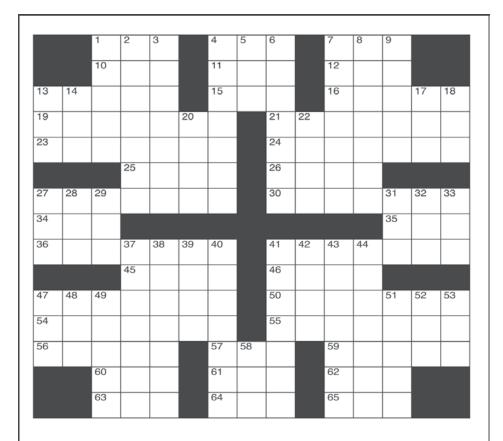
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If you find a mistake, call (508) 909-4106 or email news@stonebridgepress. news during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

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Sun. Brunch: 10am-1pm





CLUES ACROSS

- 1. ____ fi: popular genre
- 4. Curved shape
- 7. Defunct airline
- 10. Beverage receptacle
- 11. Corporate bigwig
- 12. Belong to he
- 13. They cover cuts
- 15. Cost per mille
- 16. Walk into
- 19. Power-producing machine 21. Part of one's character
- perceived by others
- 23. Emotionally appealed to
- 24. Protected
- 25. Wrestling icon Okerlund
- 26. Thailand's former name
- 27. Muscle weaknesses
- 30. Chooses
- 34. American film studio.

CLUES DOWN

- 1. Frighten
- 2. Partner to corned beef
- 3. Parts
- 4. Agrees to a demand
- 5. Elected official
- 6. Navigator's tool
- 7. Relating to heat
- 8. Attractive
- 9. Wealthy US merchant
- 13. Engine additive
- 14. A passage with access only at one end
- 17. Midway between northeast and east
- 18. Cool!
- 20. Brazilian NBAer
- 22. NW Pennsylvania city
- 27. Young dog

- 35. Expression of satisfaction
- 36. Mythical winged horse
- 41. Ballplayers
- 45. Edible seaweed
- 46. Chinese politician
- 47. Tested for fertility
- 50. Glove worn with medieval armor
- 54. Basaltic lavas
- 55. Small shoaling fish
- 56. Surrendered
- 57. Taxi
- 59. Potato part
- 60. Female sheep
- 61. Trouble or difficulty
- 62. Put into service
- 63. Soviet Socialist Republic
- 64. 17th letter of Greek alphabet
- 65. Type of student
- 31. The NFL's Newton
- 32. One and only
- 33. Diego, Francisco, Anselmo
- 37. Julie ___, actress
- 38. More nourishing
- 39. Compound
- 40. A small carrier attached to the side of a motorcycle
- 41. Object of fear or alarm
- 42. Ladd, actor
- 43. Sacred place
- 44. A way to express enjoyment
- 47. Trigonometric function
- 48. A team's best pitcher
- 49. Intersecting points
- 51. Roundishly shaped
- 52. Adam's partner
- 53. God of battle (Scandinavian)

"Start growing a herb garden," say local gardening experts

BY GUS STEEVES

REGION — Even though it hit 65 degrees last week, it's still too early to plant outside. But many people have food, herbs and flowers started indoors, and now is an ideal time to learn something new about gardening.

That's the energy behind a regional library collaboration to provide online programs from educators at Blackstone Valley Veggie Gardens. It began Feb. 23 and runs every Tuesday at 6:30 p.m. on Zoom through April 20.

Last week's session looked at growing herbs.

"If you want to do something easy, no muss, no fuss, start grow-ing a herb garden," said Kathleen Donovan, who has grown them for food, medicine and gifts for many years. Later, she added, "...If you want to be self-sufficient in the Covid and post-Covid age, you want to save your seeds.'

Starting them from seed "can be tricky because herb seeds are tiny," but it's easy from cuttings taken from last year's plants.

Typically, Donovan said, that should be done "at the end of sum-mer, once the plants are big." She showed two short videos - one with Donna Emery, the other with an unnamed male gardener - talking about how to do it. He described the ideal cuttings as being "semi-ripe,' with the base "slightly woody," coming from healthy but not yet flowering plants. If you get a clean four- to six-inch cut just below a leaf joint, they can be stored in the fridge up to 12 hours before dipping them in an organic gel (Donovan later noted unpasteurized honey or cinnamon work well). They generally root in six to eight weeks, but sometimes take up to four months in a greenhouse, cold frame or under a clear plastic bag, provided they're not in direct sunlight. When the roots form, they can be potted and/ or transferred to the garden, he said.

Emery noted best results require pots with a "lightweight cutting mix" of vermiculite and peat (can make it yourself, but it's also cheap by the bag). That's also how she starts from seed, a more complex process. Because "many seeds need light to germinate," it's very easy to plant them too deep; all they need is a sprinkling of soil atop them and plenty of water, she said.

They should be started indoors in a warm, well-lit area that's not in direct sunlight until the shoots come up. When outdoor conditions are good, and the plants are big enough, they can be "hardened" over three or four days in warm shade outdoors, but brought back inside at night.

"Basil is probably the easiest

Donovan summarized planting issues and uses of several wellknown herbs, both annuals and perennials. One of the former is parsley, which is actually a biennial that is a "reasonably sized plant" which dies with frost; that year is best for the leaves. The second year it's "a parsley tree, almost"; that's when you get the seeds.

Also popular is cilantro, a parsley relative which is a perennial in areas warmer than New England (planting zone 6A). The plant goes to seed rapidly in heat. She noted the seed (called coriander, which she likes) 'doesn't have the least flavor profile of the leaf" (which she doesn't). The leaf is a well-known part of Mexican dishes. When ground to powder, the seeds are a key ingredient in India's garam masala.

Medicinally, chamomile is good to have around. Donovan said she "take[s] it every day and it really cut down my migraines;" it also helps reduce inflammation and can make sleep come more easily. She said she only uses the dried flowers, but other sources note the leaves are also safe.

Dill provides a good example of alternative uses. Besides its leaves and seeds being good for flavoring, oil distilled from them is used in soap, she said.

For perennials, Donovan focused on the large mint family, which are "extremely hardy." She noted they're "extremely aggressive at the root, so I suggest you grow it in its own pot." One mint is lemon balm, which isn't quite as aggressive but a "very prolific spreader. You never know where it'll come up." Like chamomile, it has mild sedative qualities. Several species of mint grow wild in New England.

She also cited sage and oregano – a "hardy perennial, but loses flavor rather quickly;" when fresh "it's out of this world." It also "seems to do a good job on colds," and other sources note sage has antibiotic traits.

Donovan observed that most perennial herb seeds are "very small,' showing a photo of dozens of them dwarfed by a dime. Herbs generally "don't have huge roots... they're very fragile." That often makes them hard to transplant, and means they do best in "light and fluffy" soil ("far less than a quarter inch") rather than denser dirt or pure compost. Likewise, "if you plant [the seed] down too much... before it pops up, it's going to run out of steam.

'It's good to grow herbs right with your veggies, not only because you get the benefits, but herbs also help repel pests," she noted. She listed several examples, including dill (repels aphids, squash bugs, cabbage loopers), basil (repels flies and mosquitoes, as do several lemon-scented plants), oregano ("repellant to many pests") and several mints (repels fleas and squash bugs). When harvested, most of them can be dried simply by hanging loose bundles of them or laying them flat on a cookie sheet. But the catch is to make sure "they're bone, bone, bone dry," because storing them afterward in any container will allow mold to develop otherwise. You can also use a dehydrator on the lowest setting, but that will require frequent checking. "I grow a lot of things I don't like [to eat]," Donovan added. "I have to grow things just to see I can do it." People can sign up for future gardening forums by going to the websites of the Southbridge, Sturbridge, Charlton, Oxford or Sutton public libraries. Gus Steeves can be reached at gus. steeves2@gmail.com.

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herb to grow," but "it can't tolerate any cold" and needs night temperatures above 40 degrees, Emery said. Donovan agreed, describing it as "a finicky annual" that comes in many varieties, but is one of the things she "must do every year."

"I don't think it's summer until I've had my caprese salad," made from tomatoes, mozzarella and basil, she said. It's also a well-known ingredient in pesto (garlic, basil and olive oil with or without pine or other nuts) and can become a tea.

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REAL ESTATE

BRIMFIELD

\$71,000, Dunhamtown Rd, Mcnitt, Alexandra E, and Holbrook, Christine, to Castellucci, Peter, and Castellucci, Sara.

HOLLAND

\$92,500, 85 May Brook Rd, Anger, Jacqueline I, to Buccelli, David J, and Buccelli, Amy J.

STURBRIDGE

\$240,000, 4 High St, Boone, Daniel B, and Ashleigh-Boone, Amber V, to Henry, Miriam. \$212,514, 16 Camp Rd, Nichols, David M, and Bank New York Mellon Tr, to Bank New York Mellon Tr. \$147,500, 48 Hillside Dr #C, Charles B Mcdevitt RET, and Mcdevitt, Charles B, to Neill, Ian E, and Neill, Michelle M.

Elms College names local students to Dean's List

CHICOPEE — Elms College has named Jacquelyn Marinelli of Fiskdale to the dean's list for the fall 2020 semester of the 2020-2021 academic year. To qualify, a full-time student must earn a GPA of 3.5 or higher, without incompletes.

About Elms College

Elms College is a co-educational Catholic college offering a liberal arts curriculum that prepares students holistically for a purposeful life in a diverse and interconnected world. Founded in 1928 by the Sisters of St. Joseph, Elms College has a tradition of educating reflective, principled and creative learners, who are rooted in faith, educated in mind, compassionate in heart, responsive to civic and social obligations, and capable of adjusting to change without compromising principle.



Old master paintings — and issues of art restitution — the focus of new exhibit at Worcester Art Museum

WORCESTER — This spring, the Worcester Art Museum (WAM) will present an exhibition of works from the collection of Dr. Richard Neumann (1879-1959), a discerning and prolific Austrian businessman of Jewish heritage who was committed to promoting the important role of the arts in civic life—and whose collection of more than 200 paintings and sculptures was confiscated by the Nazis through forced sales or outright theft.

Titled What the Nazis Stole from Richard Neumann (and the search to get it back), the exhibition includes 12 Old Master paintings and two sculptures and will trace his and his family's efforts to reclaim these works over the last 70 years. The exhibition opens April 10, and will continue through Jan. 16, 2022, after which the loans will be integrated into WAM's existing Old Master collection galleries, further enhancing the Museum's presentation of such works—and in keeping with Dr. Neumann's lifelong desire to have great art accessible and enjoyed by the public.

Born in Vienna to a well-to-do family of textile manufacturers, Richard Neumann was both president of his family's company—which had mills throughout Austria and Bohemia and a lover of the arts who earned his Ph.D. at the University of Heidelberg. By the age of 42, he had assembled a grouping of works of such quality that 28 of the pieces were given the status of Viennese "landmarks" in 1921. Among these were the left and right wings of a 16th-century triptych by the Dutch painter Maerten van Heemskerck and two sculptures by Alessandro Algardi and Guiseppe Sanmartino. Also included in this exhibition and the loan to WAM are works by Alessandro Magnasco, Giovanni Battista Pittoni the Younger, and Alessandro Longhi.

Following Nazi Germany's annexation of Austria in 1938, Neumann's collection was inventoried in accordance with anti-Jewish laws put in place by the Nazis and most of it was seized through a series of forced sales and the denial of requests for export licenses. Art historian Sophie Lillie documented some 50 of the stolen works in her book "Was einmal war" ("what once was") based on inventories of art works recovered by the "Museum Men" at the end of the second World War. In 1938, Richard Neumann and his wife Alice fled from Vienna to Paris, taking with them some 38 works from their collection. They lived in Paris for a while after the Nazi invasion of France, but in 1942 they managed to escape to the unoccupied zone and eventually to Cuba. At that time, they lost the remaining works of art in their possession.

As a refugee in Cuba during and some years after the end of WWII, Dr. Neumann initially worked as a foreman at a textile factory, while lecturing on art in the evenings to both other escapees and Cuban audiences. Realizing that Cuba lacked a world-class museum, he undertook a major role in the creation of Havana's Palacio de Belles Artes. During this period, he also began an effort to recover his collection but was consistently thwarted by various Austrian museum and cultural officials. In the early 1950s, Dr. Neumann relocated from Havana to New York City to be closer to his daughters. He died in New York in 1959. In the late 1990s, when museums around the world had come to agreements on restituting works of art stolen by the Nazis, his grandchildren resumed the fight for the recovery of his collection. To date, some 16 pieces have been returned to the family, of which 14 are in this exhibition.

"Richard Neumann was clearly a discerning collector with an eye for fine works of art and, at the same time, a connoisseur who believed in the obligation to promote the role of the arts in civic life," said Claire Whitner, the James A. Welu Curator of European Art at the Worcester Art Museum. "While his family's struggle for the restitution of his collection is all too emblematic of the challenges faced by many other Jewish collectors of that period, we are tremendously grateful to his family for their generosity in committing to this long-term loan of these works, which will make it possible for a new generation of audiences to admire them, as well as for us to conduct new research and scholarship."

"My grandfather had a deep love and understanding of timeless fine art, and of its importance to a civilized society," said Tom Selldorff, grandson of Richard Neumann. "It's been a privilege to work on recovering some of his collection and to pass his passion on to our children and grandchildren."

Recognizing the very personal nature of the works in What the Nazis Stole from Richard Neumann, the design of the exhibition will emphasize that the collection was private property kept in the home, by creating a space that evokes what a family parlor in Vienna of this period might have looked like. A floor-to-ceiling reproduction will be created, made from a photograph of the family's Vienna home. Periodappropriate seating will also be included, so that visitors can view part of the collection from the van-

tage point they would have had as guests of the Neumann's. There will also be books in this parlor seating area that relate to the topic of Nazi-era provenance and restitution claims, underscoring the challenges that many families have faced since the end of World War II.

Throughout the exhibition, information will be presented that engages art history, historical context—in particular, how these works were seen and presented at the time Neumann lived in Vienna—and the process by which the Neumann family was deprived of these works. Because Neumann wrote extensively on aesthetic theory in European art and art historical trends, the exhibition is an opportunity to explore attitudes towards Old Master paintings from the early 20th century—just as Vienna was becoming a center for modern art. Supporting the exhibition's focus on restitution, and the research required for that process, a couple of paintings will be installed

so that visitors can view both the front and back, to illustrate how the backs of frames and backing boards can be used as keys to trace a work's provenance.

"What the Nazis Stole from Richard Neumann (and the search to get it back)" is sponsored by Fallon Health. Additional support has been provided by the Jewish Federation of Central Massachusetts, The Strassler Center for Holocaust and Genocide Studies at Clark University, the PEACE Fund, Marlene and David Persky, Carol and Michael Sleeper, Dr. and Mrs. Herbert Dean, Dr. Shirley S. Siff, Johanna D. Drooz Yoffie and Alan S. Yoffie, Carol Seager and anonymous donors.

WAM's exhibition builds on an earlier presentation that included two other restituted works from the Neumann collection. In 2010, Martin Johann Schmidt's Saint Florian and Saint Neopomuk—the two outer pan-

Turn To **EXHIBIT**, page A11

Thomas J. Bartholomew of Bartholomew & Company named to Barron's list of top financial advisors

WORCESTER — Bartholomew & Company, a provider of financial services in Worcester, Massachusetts, announced that its President & CEO Thomas J. Bartholomew, AIF® has been named to Barron's list of America's Top 1,200 Financial Advisors for 2021. The list is published on barrons.com.

According to Barron's, a leading financial publication, "the rankings are based on data provided by around 4,000 of the nation's most productive advisors. Factors included in the rankings are assets under management, revenue produced for the firm, regulatory record, quality of practice and philanthropic work".

"I am pleased to have been named to this prestigious list for the eighth consecutive year—a recognition that, to us, speaks to our firm's commitment to excellence," said Mr. Bartholomew. "I am grateful for the trust our clients place in us, and we remain committed to providing the guidance and support they need to achieve their unique financial goals."

About Bartholomew & Company

Bartholomew & Company has been providing individuals and organizations with financial guidance since 1994. Located at 370 Main St., Suite 1000, Worcester,



Courtesy

Thomas J. Bartholomew

MA 01608, with branch offices in Bedford, Chatham, and Framingham, Bartholomew & Company's advisors pride themselves on crafting customized strategies for each client. For more information, please visit www.bartandco.com. Securities and advisory services offered through Commonwealth Financial Network, Member FINRA/SIPC, a Registered Investment Adviser.



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AND

Choice of one: Fresh Mashed Potatoes, Oven Tiny Roasted Potatoes Rice Pilaf, Baked AuGratin Potatoes, Ziti & Sauce topped with mozzarella

AND

Choice of one: Honey Glazed Carrots, Baked Broccoli & Cauliflower AuGratin Baked Green Bean Casserole, Sweet Corn in a butter sauce

AND

Choice of one: Chocolate Cream Pie, Apple Pie, Banana Cream Pie, Blueberry Pie, Lemon Meringue Pie ALL DINNERS INCLUDE: 12 rolls & butter, and pint of gray)

EXTRAS

Roast Turkey with stuffing & gravy \$39.95 Baked Ham with sauce \$39.95 Roast Stuffed Pork with gravy \$39.95 Baked Stuffed Chicken Breast \$39.95 Mashed Potatoes ~ Oven Roasted Potatoes Rice Pilaf \$21.95 each AuGratin Potatoes \$24.95 Baked Green Bean Casserole ~ Broccoli & Cauliflower AuGratin \$24.95 each Honey Glazed Carrots ~ Sweet Corn in Butter Sauce \$19.95 each Chocolate Cream ~ Blueberry ~ Lemon Meringue ~ Apple Pie \$13.95 each Banana Cream Pie \$13.95



All meals are put up cold ready for your oven Dinners can be picked up on Saturday, April 3, 2020 11:00 am to 6:00 pm. Please place orders no later than Wednesday, March 31, 12:00 Noon ~ Thank You



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Carly Phaneuf welcomed into Alpha Lambda Delta National Honor Society

SPRINGFIELD — Carly Phaneuf, of Brimfield was among over 80 students from the Western New England University College of Arts & Sciences inducted into Alpha Lambda Delta in a virtual ceremony held on March 5. Phaneuf is working toward a BA in English.

Alpha Lambda Delta recognizes the best and brightest members of the nation's first-year college stu-dents. The mission of the Society is to encourage superior academic achievement, to promote intelligent living and a high standard of

learning, and to assist students in recognizing and developing meaningful goals in society. Students in Alpha Lambda Delta must have a grade point average of at least 3.5 after their first semester of full-time enrollment.

University President Dr. Robert E. Johnson, Interim Provost Dr. Curt Hamakawa, and Vice President for Student Affairs Kerri Jarzabski joined with the Deans of the College of Arts and Sciences, College of Business, and College of Engineering in awarding certificates to new

Steven Lachowski inducted into Honor Society of Phi Kappa Phi

BATON ROUGE, La. — Steven Lachowski of Brimfield was recently initiated into The Honor Society of Phi Kappa Phi, the nation's oldest and most selective all-discipline collegiate honor society. Lachowski was initiated at Nova Southeastern University.

Lachowski is among approxi-mately 30,000 students, faculty, professional staff and alumni to be initiated into Phi Kappa Phi each year. Membership is by invitation only and requires nomination and approval by a chapter. Only the top 10 percent of seniors and 7.5 percent of juniors are eligible for membership. Graduate students in the top 10 percent of the number of candidates for graduate degrees may also qualify, as do faculty, professional staff and alumni who have achieved scholarly distinction.

Phi Kappa Phi was founded in 1897 under the leadership of undergraduate student Marcus L. Urann who had a desire to create a different kind of honor society: one that recognized excellence in all academic disciplines. Today, the Society has chapters on more than 325 campuses in the United States and the Philippines. Its mission is "To recognize and promote academic excellence in all fields of higher education and to engage the community of scholars in service to others."

More About Phi Kappa Phi

Since its founding, more than 1.5 million members have been initiated into Phi Kappa Phi. Some of the organization's notable members include former President Jimmy Carter, NASA astronaut Wendy Lawrence, novelist John Grisham and YouTube co-founder Chad Hurley. Each year, Phi Kappa Phi awards \$1 million to outstanding students and members through graduate and dissertation fellowships, undergraduate study abroad grants, funding for post-baccalaureate development, and grants for local, national and international literacy initiatives. For more information about Phi Kappa Phi, visit www.phikappaphi.org.



inductees, who recited the Alpha Lambda Delta pledge:

"I pledge myself to accept membership in Alpha Lambda Delta with the understanding that in doing so I accept the responsibility of maintaining its standards of Service, of Industry and of Integrity. I shall do all in my power to maintain high scholarship throughout my life and to use my education always, for the benefit of the Community, my Nation, and the World in which we live. In this spirit I accept the membership into Alpha Lambda Delta."

Alpha Lambda Delta first-year honor society was founded in 1924 at the University of Illinois and

has over 280 chapters in the United States.

Having just celebrated its Centennial, Western New England University is a private, independent, coeducational institution. Located on an attractive 215-acre suburban campus in Springfield, Western Massachusetts, New England serves 3,690 students, including 2,486 full-time undergraduate students. Undergraduate, graduate, and professional programs are offered through Colleges of Arts and Sciences, Business, Engineering, Pharmacy and Health Sciences, and the School of Law.

Southbridge Lions Club is alive and roaring!

SOUTHBRIDGE of the restrictions placed on the Southbridge Lions due to Covid guidelines, we want the greater Southbridge community to know that we are still here for you in these times of need. That is why the Lions have approved the awarding of numerous scholarships for local college bound students. Our co-sponsored Cops and Kids and Lions Toy Drive was another huge success this past December, helping to bring joy to local families over the holiday season. The Lions have continued to generously support local

— In spite causes and organizations, and we are here for the community for sight and hearing needs.

While annual event favorites like the Cartoon Character Breakfast scheduled for Super Bowl Sunday, and the Alfred "Al" Dipietro Memorial Golf Tournament, scheduled for May, had to be cancelled this year, they will both be back in 2022 and better than ever!

Our King Lion, Mike Bonadies, has expressed it best in stating that, "we are still here for the community in any way we can.³

Locals named to UConn Dean's List

of Connecticut congratulates Bella Cadavid of Fiskdale, Victoria Livingston of Holland, and Will Aldenberg of Sturbridge on being named to the Dean's List for the fall semester of 2020.

At the end of each semester the Dean of each school and college names to the Dean's List those students who (1) were registered for at

STORRS, Conn. — The University least 12 credits calculable for grade points, (2) received no grade below "C", including the actual letter grade awarded in any course under the Pass/Fail option, (3) earned at least 3.0 times as many grade points as the number of calculable credits recorded by the Registrar, and (4) were in at least the upper quartile of their school or college.

Mariyah Age 9

friends.

Mariyah is legally freed for adoption and would do well in

a one or two parent family. If there are other children in the home, it is recommended that they are high school aged or older. Mariyah would do best in a home where there is previous parenting experience. The placement should also have a predictable and consistent schedule for Mariyah but also maintain flexibility. Interested families should be open to maintaining visits and contact with Mariyah's birth parents and siblings.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.

Power Outage Tips

BEFORE

- Follow directions from local officials
- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

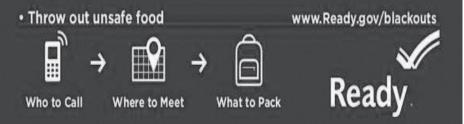
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EDITORIAL Ice safety tips

Naturally, warmer temperatures in the afternoon means the lakes, ponds and rivers will start to melt; however, the cooler mornings could be deceptive as to how thick the ice actually is. More people fall through ice this time of year than in any other.

We wanted to offer some awareness, and a reminder of what to do should you find yourself or anyone else in this unfortunate situation, albeit, completely unavoidable.

First, remember to stay calm. Try not to let the shock of the freezing water take over, it'll take your breath away and is painful, which is frightening. At this time, you will have roughly ten minutes before you get too cold to pull yourself out. Experts say to leave your winter clothes on and let them act as a buoy. These clothes tend to hold onto warm air and can help you float.

Next, turn back toward the direction in which you came and use solid ice to try to pull yourself out. The ice is likely thicker where you were just standing, meaning chances are it is strong enough to hold you while you pull yourself out. If you find that your clothes have trapped too much water, lift yourself up part way and lean on your elbows while the water drains out. You then want to extend your arms flat on the ice and start to shimmy yourself back onto the surface. Remember the two words "kick and pull." If you do find yourself in a situation

where ice could be an issue, carry an ice pick. Avid fishermen have been known to carry screwdrivers or nails on them just in case, as they make for better claws then gloved or bare hands.

Remember to stay flat when you are back on the surface, and don't stand up too soon, as you may cause the ice to crack again. Begin to roll away from the spot where you fell through to keep your weight distributed across the ice.

Once you are in the clear, get into dry clothes and a warm place immediately. Hypothermia kicks in roughly after 30 minutes of being submerged in ice water. Seek medical attention as your body may go into shock as the cold blood from your extremities can reach your heart, causing a heart attack. If you are with someone who falls through the ice, do not get too close as you may be the next one to fall through. Instead yell instructions to them, on what to do, to get to safety and remain encouraging. Reaching out to the victim without stepping onto the ice is best if at all possible. Use anything you can such as a pole, ladder or anything else that you can extend to them. If you can't reach the victim this way, try throwing them a rope or anything that you might be able to use to pull them to safety. If none of the above are options, try to find something to float on so that you can reach the victim yourself. If a floating device is not available, do not walk upright to the victim, try instead to lay flat and roll out to the edge. Whatever situation you are in, it will require fast action and quick thinking. The best advice is to be prepared with the proper knowledge and equipment if you do plan on spending time on the ice.

VIEWS AND COMMENTARY FROM STURBRIDGE, BRIMFIELD, HOLLAND AND WALES LETTERS TO THE EDITOR

Asking for your support

To the Editor:

On Monday, April 12, I will be on the ballot as the candidate for the Sturbridge Board of Health. First of all, I wish to encourage every eligible voter in Sturbridge to find a way to vote in our local election. As you have heard, "all politics is local," and this is our chance to confirm the basis of democratic governance in town elections.

Our Constitution provides for a Board of Health in each community as an independent authority over local issues of importance to the health and wellbeing of the public. As we continue to grapple with the community impact of Covid-19, I hope to add my expertise and experience to promote an equitable response to the pandemic as well as other regulatory responsibilities of the Board of Health. I have been an active pediatrician in Worcester County for the past 40 years,

and I continue to be a licensed physician in Massachusetts with an emphasis on

public health.

I was trained at Johns Hopkins in both clinical pediatrics and public health resulting in Pediatric Board certification and a Master's degree of Public Health.

Before moving to Sturbridge full time, I served for 12 years on the Board of Health in Southborough, and chaired the Committee on Public Health for the Massachusetts Medical Society.

I am also a veteran of the United Stated Public Health Service (CAPT,06,retired) specializing in the care for American Indian populations around the country. I would appreciate your vote of support for the Sturbridge Board of Health on April 12.

If you wish to contact me, I can be reached at LEF@massmed.org. Please vote and stay safe,

> Louis Fazen Sturbridge

Blooming Signs of Spring: Part II

Last week's column reviewed two flowering signs of spring: Forsythia and Pussywillows. Expanding on that theme, this column with highlight two more favorites, crocus and my all-time favorite - lilacs! Read on for

more on these nostalgic favorites:

Crocus

Crocus, dubbed "the little princess of the garden," has a long heritage in New England, as the favored flower is among the first to be brought to North America by settlers. Popping up in gardens in mid-March, the sight of crocus bulbs are cause for celebration by winter weary Easterners. In fact, the crocus has been known to bloom while snow is still on the ground, offering a visual promise of the upcoming season. The humble flowers, boasting an array of hues from pale yellow to deep purple, open their cup shaped blooms fully only on sunny days. Perhaps the popularity of the humble flower is attributed to its easy going nature. Requiring only a light alkaline soil and plenty of sunlight, and it will reward the eye with many colorful, low growing flowers that multiply each spring.



them a true heirloom flower. The Governor Wentworth Estate in Portsmouth, NH boasts the oldest surviving lilac bushes, said to have been planted circa 1750. While there are many strains of the flower, the most nostalgic is the common lav-

ender hued lilac (Syringa Vulgaris), which was brought to America in the mid 1700s from eastern Europe.

Lilac Legends: Legend has it lilac drives away evil wherever it is planted or strewn. It is said that lilac bushes were planted on the homestead by colonists in an effort to protect the inhabitants from bad forces.

Immigrants from Europe brought tales of lilac folklore from the "old

Time for some financial spring cleaning



FINANCIAL FOCUS JEFF

BURDICK

In just a few days, we will experience the vernal equinox - one of the two times in the year when the sun is exactly above the equator. Apart from this astronomical anomaly, though, the equinox is mostly known as the beginning of spring – a fresh beginning and the time to spruce things up. This year, as you tidy up your home and surroundings, why not also consider some financial spring cleaning?

Here are a few ideas for getting your financial house in order:

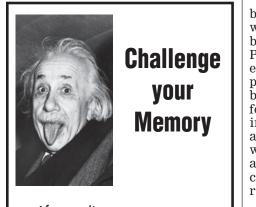
• "De-clutter" your portfolio

Over the years, many of us tend to pick up duplicate items that find their way into the nooks and crannies of our homes, gathering dust and remaining unused. Over time, your investment portfolio can also accumulate redundancies - that is, you might own several investments that are essentially similar. It might be appropriate to replace some of these and broaden your holdings.

· Own your investments purposefully

You own certain things for certain reasons – a broom to sweep the floors, a microwave to heat the food and so on. As an investor, you should be following a goal-based strategy that includes the matching of certain investments with certain objectives. For example, you might own stocks or mutual funds to eventually provide the capital appreciation potential you'll need to retire comfortably. But you might also own other vehisuch as bonds or other fi





After reading your newspaper, put it aside for moment, then challenge yourself or a friend, to remember as many ads as you can.

Less than 5: Keep trying 7-10: Getting Better 11-15: Excellent 15 or More: GENIUS!

Crocus in Mythology: The crocus famously appears in a legendary Greek tragedy of Crocus (Krocos) and Smilax. According to the legend a young mortal named Crocus headed into the Athens forest in pursuit of the nymph Smilax. Catching her attention, Smilax is smitten but only briefly, by the handsome Crocus. Soon she becomes bored and spawns his amorous advances. When crocus persists in pursuing the beauty against her wishes, the gods transforms him into a saffron Crocus flower, its orange stigmas symbolizing his undying passion for her.

Planting Crocus: Spring crocus bulbs are best planted in the fall when the soil is below 60 degrees, but well before the first hard frost. Plant pointy side up about four inches apart. For the best visual affect plant in clumps of about a dozen bulbs. Water well and cover with a few inches of mulch for cold weather insulation. Since moles and mice are also attracted to crocus, those who have such pests in the garden are advised to plant in buried wire cages or other devices designed to repel the hungry critters.

Lilacs

Fragrant clusters of lilacs adorned colonial yards and gardens of early America. Lilacs were grown both for their beauty and their medicinal properties. In fact, in the late 18th century, both Thomas Jefferson and George Washington wrote about their lilac plants. The species is so hardy that early lilac bushes, in a testament of survival, have continued to thrive in colonial homesteads, long after the homes were abandoned or destroyed.

Lilacs have been known to survive hundreds of years, making

country" to America, including the belief that finding a white lilac blossom with five petals is a sign good fortune would follow. Meanwhile, in certain sections of England it was considered bad luck to bring blooming Lilacs into the house and all white Lilacs were especially banned from display inside the home.

Growing Lilacs: New England is the perfect climate to grow lilacs, as it is very cold hardy, requiring a frost to prompt bud blooming.

For optimum blooms, a lilac bush should be planted in areas that receive full sun (at least six hours per day). Lilacs like a slightly alkaline soil. Spread roots out vertically and cover with topsoil. A newly planted lilac bush should be kept well watered. Add a loose mulch above the roots to help with water absorption. Keep in mind different varieties of lilacs bloom at different times.

When lilac flowers have finished blooming, prune the dead flowers back to just above where new buds are forming. Be prudent with pruning, as over cutting can result in a decrease of blooms next year.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

come investments, to provide you with a source of regular income.

• "Dust off" your investment strategy

Over a long winter, your windows can get dirty and grimy, so, when spring arrives, you may want to get out the glass cleaner - and when you're done, you'll be able to see out more clearly. Over time, your investment strategy may get somewhat "dusty," too, especially if you've experienced significant changes in your life, such as a new job, a new child or even a new plan for retirement. By periodically reviewing your investment strategy, you'll be able to clarify your vision for the future.

· Protect yourself from hidden dangers

If you poke around your garage, shed or other storage area, you may well find some objects - gardening tools, paint thinners and engine fluids, leaning ladders and so on - that could be dangerous, either because they aren't stored properly or they're hard to see and can cause trips and falls. As part of your spring cleaning, you'd want to get these objects out of harm's way to safeguard yourself and your family. But when you think of your financial situation, are you also exposing yourself and your loved ones to risk? If something were to happen to you, could your family members stay in their home? Could your children still go to college? To help keep their lifestyle intact if you weren't around, you'll need adequate life insurance. And to avoid burdening your grown children with potentially huge expenses should you ever need some type of long-term care, such as an extended nursing home stay, you may want to talk to a financial advisor about protection strategies.

By taking some spring cleaning measures, you can brighten your living space for the seasons ahead. And by applying some of the same principles to your financial environment, you can help improve the prospects for meeting your important goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones. com.

Preparations for spring fishing



The Great Outdoors RALPH TRUE

Now is the time to start planning your spring fishing trips, weather it will be saltwater or freshwater. Making sure all of your fishing gear is ready, and what type of bait you will be using, cuts the cost of your fishing trips. Freshwater anglers are finding live bait is becoming very expensive, and there is a way to cut the cost dramatically. Catching shiners only requires a little bit of research to locate a body of water that still has a good population of shiners. Purchasing a small shiner trap at a local bait & tackle shop, will run you around \$12. A piece of light rope will need to be attached to the trap, and a small amount of bread placed into the trap before lowering it into the water.

You should place the trap a foot or two from the bottom of the pond or river, and secure the rope to something solid so that you can easily pull the trap up. After a couple of days, you need to check the trap for any shiners. If the trap is empty, you should find another spot. It may take a few try's before you locate them, but once you do you will have plenty of live bait to fish with. If you can locate a place to store them, you will need to build a small box with wire on all four sides, that you can keep them in. Running water like a brook or small stream is ideal, but you will need to place it out of the way, from other fishermen.

Locating worms and Nightcrawlers is another way to save money. They are easy to catch after a day of rain in the springtime, after the frost leaves the ground. All that is needed is a small pail and a flashlight. After dark, you need to find a good lawn or golf course to pick your nightcrawlers on. Be sure to ask for permission before going on private property, and be sure to bring the youngsters along. They will have a great time trying to catch them. The trick is not to shine the flashlight directly onto the crawlers or they will quickly retract themselves back into their hole. After picking a couple hundred crawlers, you need to properly store them. A small refrigerator like



they use for college is ideal. Locate a couple of Styrofoam boxes that will fit into the refrigerator.

There are many small refrigerators at yard sales that can be purchased cheap. Using a few sheets of damp newspaper on the bottom of the box, you will need to add a few inches of good top soil. Be sure not to get the soil too wet. Place the nightcrawlers on top of the soil and cover them with a piece of an old ragbag , slightly moistened. Set the temperature at 45 degrees, and check them regularly. Adding a few used coffee grounds to the mix works very well.

With trout season starting any day now, many anglers prefer to practice catch & release. Trout need to be handled very carefully if they are going to be released. Try to keep the trout in the water after they have been netted. Anglers that handle the trout that are going to be released, often do not realize that handling them removes the slime coat of the trout leaving them vulnerable to fungus and disease. Saltwater fish like haddock suffer high mortality after being handled and then released. Catch and release of stripers, has fishermen questioning the practice.

Studies have shown a high mortality after releasing big fish. They are often fought and played with until they are exhausted. Reviving the stripers to be released, has proved to still have a high mortality, especially if the angler has a period of photo shoots before releasing the fish! Allowing anglers to catch and

Is hope the anchor of our soul?



Positively Speaking

GARY W.

Hospitals. There, Dr. Kasi created the plan to extend my life and together we are now executing our plan.

Beware of those who will try to steal vour hope. We all have navsavers in our lives, so we must be strong enough to cling to our hope. I've run across several in the medical profession who have tried to extinguish my flame of hope. So far, I've proven them all wrong and defied the odds. And why not? Someday, someone will be the first to beat stage four gastric cancer. Why not me? And if not, I can certainly go the distance and continue to surpass their predictions. No one has the right to steal your hope and shame on those who may try. Now to you... what is it you hope for? Longer life? Better health? Higher income? A new career? Regardless of where hope leads you, life is more enjoyable and fruitful with hope. Without it, you have accepted status quo and have no dreams of a brighter future. Hope brings beauty into our lives. Never give up your hope. Hope is the seeds of greatness living within you waiting to be planted and nurtured. Your dreams can become your reality beginning with hope.



keep a big striper makes more sense than catching and releasing numerous fish which some will die, until he catches and retains his legal striper. It looks as though the same regulations on all species of saltwater fish will remain the same as last year, in Mass. & Rhode Island. Circle hooks may be required for both commercial and recreational *Turn To* **RALPH**, *page* **A11**

Expand your planting space

BY MELINDA MYERS

When your plant list is longer than the available gardening space it is time to expand your planting options. Create new gardening space by adding raised bed gardens, elevated planters, and containers wherever space allows.

Convert the end of the drive or edge of the patio into raised bed gardens. Just use a raised bed liner to contain the soil. Raising the garden makes planting, maintaining and harvesting easier on the back and knees. It also allows you to create the perfect soil foundation by filling your raised bed with a quality planting mix.

Long lasting cedar is a traditional choice for raised beds. Now you can also find them made of a wood and plastic composite or metal and in a variety of shapes and sizes. Finding one to complement your gardening style and space is much easier these days.



MOORE

One of my first business lessons came after explaining my sales plan to my father. He asked for the details and at the end I said, "I hope it all works." Dad smiled and said, "that's fine, but hope isn't a plan."

Dad was right. Hope isn't a plan but is an essential part of living a happy life. Hope is the foundation to making your dreams come true. So, what is hope and why is it important?

Having hope is wanting an outcome that makes your life better in some way. We all hope for a better life. Not only can hope help make a difficult present situation more bearable but it can also eventually improve our lives. Envisioning a better future motivates us to take the steps to make it happen. Hope alone isn't enough, but hope inspires belief and action. As my dad said, hope isn't a plan, but having hope for a better outcome is the beginning of a happier life.

I also believe that hope is where your body and soul begin to conspire to make your hope become your reality. Hope is more than just looking at the bright side of issues. Hope is where dreams are born, and our desires begin to take root.

A life without hope is a sad life. As a history buff, I've read numerous accounts of Jewish life in Nazi internment camps. Almost every retelling of their time in captivity mentions that it was only hope that drove them to remain alive. I cannot imagine living a hopeless life.

While writing this, Arlene asked me what the difference was between hope and optimism. I believe hope is wishing for a better outcome and optimism is believing a better outcome will happen. I believe hope is the beginning that inspires optimism, which creates the plan to make our hopes our reality.

Hope, Optimism, Plan and Execute = H.O.P.E.

Hope for a better outcome, creates optimism that tells you that one is available, followed by the plan to achieve what you hope for, finally followed by executing the plan to make it so. As I said, it all begins with hope.

I hope to beat cancer and extend my life to spend more time with my family. My hope has driven me to seek out a world-leading expert at a world-renown cancer canter to have access to cutting edge information and treatment. My hope and optimism created the beginning of the plan that brought me to Dr. Kasi and the Holden Comprehensive Cancer Center at the University of Iowa I hope for more time with family. I hope for more time to write to you.

I believe hope is the anchor of our soul. What do you hope for?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Garyon Twitter @GaryWMoore721 and at www.garywmoore.com Reduce time spent watering with a self-watering metal raised bed (gardeners.com) or similar product. Selfwatering raised beds have built-in water reservoirs to extend the time between watering. Or use a raised bed drip or soaker hose irrigation system to easily apply water right to the soil where it is needed.

Elevated gardens are just containers on legs. They are perfect for patios, balconies and other hard surfaces. Use them to define space, create privacy and of course grow ornamental and edible plants. Those on wheels can easily be moved out of the way when guests arrive. Or wheel them into the gathering, so everyone can harvest and dress up their meals with garden-fresh herbs and veggies.

Just pull up a chair and start planting or weeding your elevated garden. Grow vines in those with built-in trellises and extend the season by protecting plantings with



Courtesy — Gardeners Supply Company

Some raised beds have built-in water reservoirs to extend the time between watering.

frost and insect covers. Select elevated planters with a shelf below to conveniently store gardening tools and accessories.

Even small space gardeners can expand their planting space with the help of containers. You'll find plenty of attractive options to fit your front steps, patio, balcony or deck.

Railing planters and window boxes don't take up floor space yet dress up any outdoor area. Grow herbs in planters located near the kitchen and flowers wherever additional color is needed. Add a few pollinator-friendly plants to attract butterflies and hummingbirds to watch and enjoy.

Extend your time outdoors with outdoor lighting. Or look for multi-functional options like solar illuminated planters. Powered by the

Turn To GARDENING, page A11

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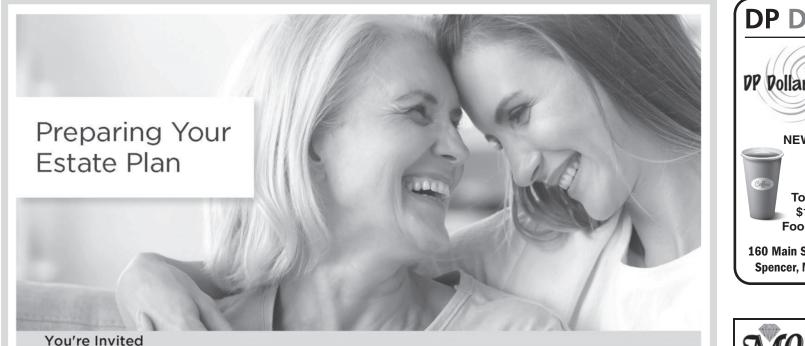
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FISKE HILL

continued from page **A1**

Proulx Ave., as erroneously stated in a previous story).

Sosik said the larger lot "is not yet being proposed for development now; it's conceptual." The plans eventually call for the southern part of it to become an assisted living facility, but he'd like to "subdivide off the back and connect the dots back to [Mass.] Fish and Wildlife."

"We've owned it a long time, and Fish & Wildlife is interested in it," Sosik said.

He noted they still "need to work it out," but it could be "a nice natural extension of protected land they already own and manage." He's referring to the McKinstry Wildlife Management Area next door.

Patel noted she'd much rather see that than one alternative allowed by its Rural Residential zoning – "several single-family houses." Although legal, that use is unlikely because of the access difficulties. Sosik noted it "has no frontage." His engineer Peter Engle added they'd have to extend their proposed access road beyond the town's 1,500-foot limit, plus provide some kind of emergency access.

Engle, of McClure Engineering, summarized the project's six alternatives required by the DEP. One was simply leaving it unbuilt; he noted it was proposed for a medical use years ago and has been recently logged, but nothing else has happened for 13 years. The second was to extend the proposed road off Main Street (planned as a cul-desac) to Fiske Hill Road, but Engle noted that would create traffic problems on Fiske Hill which is already "a contentious issue. Any disruption to Fiske Hill we can avoid, we want to avoid." A third called for building the road to the mobile home park directly from Fiske Hill, which would've required a variance because it starts in a different zoning district that doesn't allow such a use and runs off a scenic road. A fourth would've built two roads, with similar issues. A fifth would've shortened the commercial road to reduce pavement, but that wouldn't reach the back residential zone. The sixth considered "find[ing] a new location for this 55+ use," but Engle said there aren't many large vacant tracts with utilities and access to a main road.

Sosik said he did not expect the assisted living facility to reach the proposed 120 units, but was using

RALPH

continued from page A9

anglers fishing for stripers in both Mass. & Rhode Island!

Charter boats are hoping for a good season this year, after strict regulations from last year on limited patrons per trip. Unfortunately, some charter boats went out of business, and will not be reopening. The Clipper Fleet in Salisbury sold their boats and will not return. It had a great family business for many years, and was run by the Grady family, originally from Millville. Many local anglers including this writer, fished many years with Captain Joe Grady. Unfortunately, many of his patrons decided it was not worth the expense and time to fish, because of the limits placed on legal size that figure as a maximum for calculations of traffic, utility usage and other things. As proposed, the entire project gets public water and sewer, with the latter provided by Southbridge to the tune of about 31,000 gallons a day. Engle noted there are still "issues that need to be worked out between the property owner and both towns."

.....

Engle said the original plans called for a retail building/small strip mall, medical arts building and small office building in the commercial section. The latter got nixed "due to constraints with the wetlands and stormwater, to keep lot 5 as a buildable lot," while the mall is likely to have the largest traffic impact, he added.

Wetlands issues – specifically, a study of potential vernal pools – are now before the Conservation Commission. Because of that study, the Planning Board recently extended its review deadline to June 30.

When Patel asked Sturbridge representatives for their comments, Planner Jean Bubon said similar 55+ proposals have "been before the Planning Board several times now," with an assisted living facility as early as 2006. She said the town is "anxiously awaiting" such a site "because we have nothing like that." Furthermore, she said Sturbridge recently amended its zoning to allow such uses, and the proposed conservation donation fits into the open space plan, and is willing to work with Sosik on pavement alternatives.

Conservation Agent Becky Gendreau noted the ConCom discovered an issue with an old, defunct culvert that drains a small wetland near Main Street. Engle said he's working with MDOT on what to do with it.

Patel noted the overall project will also need Department of Transportation approval for access to Route 131, but she said they'll probably want "sidewalk connectivity" to what's now on Main Street (probably meaning a crosswalk, since the sidewalk is now on the opposite side). She noted she'd also like to see a "Complete Streets" design within the project and also encouraged Sosik to include rooftop solar, solar hot water or geothermal.

MDOT review is now at about 25 percent complete because the agency is awaiting the results of MEPA review. Patel noted she plans to issue her certificate March 26.

Gus Steeves can be reached at gus. steeves2@gmail.com.

fish, and daily bag limits.

Catching numerous limits of haddock which needed to be released because of their size, and a complete shutdown of cod and wolffish left little for anglers to retain for the dinner table. We do have great memories of the good times, as this week's two picture show. First picture shows a huge wolffish taken aboard the Clipper Fleet and the second picture shows some local boys that caught some huge cod aboard the "Challenger ' which was also part of the Clipper fleet. Only one cod is allowed in the daily bag limit this year, and the season is short. Haddock limits have been relaxed somewhat and there populations are higher than in previous years. Take A Kid Fishing & Keep Them Rods Bending!

MALLON

continued from page A1

foster growth within this company over the past 18 months and believe we can accomplish even bigger goals in 2021."

Mr. Mallon is a resident of

HITCHCOCK continued from page A1

of free and confidential services. This online, one hour, free program is designed to introduce consumers to the various programs offered by Thrive such as money skills classes, budget creation, credit repair and debt reduction. You must register ahead of time online at hitchcockacademy.org for the free link.

As the season progresses Hitchcock Academy is looking forward to expanding their roster to include Astronomy and fencing, while offering new sessions for yoga, dog training, piano, viola, and violin. Martial Arts with Sensei Israel Lopez are a pathway to develop balance, coor-

EXHIBIT

continued from page $\pmb{A5}$

els of a triptych by the prolific 18th century artist who was known as the "Kremser Schmidt" after his hometown of Krems—were featured in the exhibition The Secret Life of Art: Mysteries of the Museum Revealed at the Currier Museum of Art in Manchester, N.H. More recently, the large format works (which are not included in WAM's exhibition) were sold to an Austrian museum by Neumann's heirs.

About the Worcester Art Museum

The Worcester Art Museum creates transformative programs and exhibitions, drawing on its exceptional collection of art. Dating from 3,000 BCE to the present, these works provide the foundation for a focus on audience engagement, connecting visitors of all ages and abilities with inspiring art and demonstrating its enduring relevance to daily life. Creative initiatives-including pioneering collaborative programs with local schools, fresh approaches to exhibition design and in-gallery teaching, and a long history of studio class instruction offer opportunities for diverse audiences to experience art and learn both from and with artists.

Since its founding in 1896, the Worcester Art Museum has assem-

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GARDENING

continued from page $\boldsymbol{A9}$

sun and with a flip of a switch, you can choose a single or multi-changing light color display.

Don't let the thought of frequent watering stop you from growing in containers and elevated gardens. Self-watering options are available in a variety of shapes and sizes including the classic, yet curvy Sturbridge, and the proud father of three daughters. When not helping clients, he enjoys fly-fishing and golfing.

For more informationa on The Capstone Planning Group, please visit online at thecapstone.group or call 508-764-0046.

dination, confidence, and teamwork. Twice a week sessions in this Olympic sport are now being offered at special pricing. On Saturday, May 1, students aged 11 to 15 can enroll in Babysitter Training Class, which will provide instruction in child development, fire safety, emergency procedures, coping with difficult situations, and Heimlich.

With Spring comes the 15th Annual Farmer's Market, which runs from April 17 through October on Saturdays from 9 a.m. to 2 p.m. For the latest information regarding class schedules and special events such as the Farmer's Market follow Hitchcock Academy on Facebook and on their Web site, hitchcockacademy.org.

bled a collection of 38,000 objects: from the ancient Near East and Asia, to European and American paintings and sculptures, and continuing with works by contemporary artists from around the world. WAM has a history of making large scale acquisitions, such as its Medieval Chapter House, the Worcester Hunt Mosaic, its 15th-century Spanish ceiling, and the Flemish Last Judgment tapestry. In 2013, the Museum acquired the John Woodman Higgins Armory Collection, comprising two thousand arms and armor objects. It continues to commission and present new works, such as 2019's exhibition With Child: Otto Dix/Carmen Winant, which objectively explored pregnancy and birth in works by the German artist Otto Dix (1891-1969), and contemporary American visual artist Carmen Winant (b. 1983).

The Worcester Art Museum, located at 55 Salisbury Street in Worcester, MA, is open Wednesday through Sunday from 10 a.m. to 4 p.m. Admission is \$18 for adults, \$14 for seniors 65+ and for college students with ID. Admission is free for Museum Members and children ages 0-17. On the first Sunday of each month, admission is free for everyone. Museum parking is free.Admission is by timed ticket only, which must be purchased in advance at worcesterart.org.

number of quarts for containers and elevated gardens.

Expanding the garden doesn't have to mean a lot more work. Selecting the right option that provides convenience and ease of care can help you grow more flowers and garden-fresh produce this season.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardeners Supply for her expertise to write this article. Her Web site is www.MelindaMyers.com.

self-watering Valencia window box.

Once you select your raised bed, elevated garden, or container, you will need to fill it with a planting or potting mix. Figure out exactly how much is needed with a soil calculator. Just plug the size and shape into the form. It tells you how many cubic yards or cubic feet of soil are needed for raised beds and the







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Masons present certificates of appreciation to local businesses

SOUTHBRIDGE — On Monday, March 1, the Quinebaug Masonic Lodge in Southbridge was greeting members' families, friends, and dignitaries by checking their temperatures, providing hand sanitizing and mandatory masks required as they came through the front door for an evening of surprises. Two Local companies, Hyde Manufacturing of Southbridge and JV-Mechanical Contractors out of Webster, had representatives from their respective company attend this meeting to receive Certificates of Appreciation for their generous donations to the lodges building.

Hyde Manufacturing was founded as a cutlery manufacturer by Isaac P. Hyde in 1875. It was one of the original industrial giants in Southbridge they specialized in superior blade makings skills and in making rugged knives blades for professional work in the tire, textile, and other industries. Over time HYDE was called on to adopt its high-quality tools to new industries applications from drywall and masonry to wallpaper, preparations, and painting. Due to Hyde high quality tools, they are still thriving today.

JV- Mechanical Contractors is a family run business serving Massachusetts and Connecticut for more than 35 years. They Specialize in all phases of plumbing, heating, HVAC, Thermal Solar and high efficiency heating and cooling systems. The members of Quinebaug Masonic Lodge are incredibly grateful for the contributions these two companies have made to the lodges building. If you would like more information about Freemasonry, go to www. massfreemasonry.org and to find a lodge nearest to you.

HYDE



Courtesv From left to right: Bro. Richard Clemence, President of Hyde's, Wor. Larry Burbridge and Bro. Joseph Waskiewicz, President of JV-Mechanical holding their Certificates of Appreciation.

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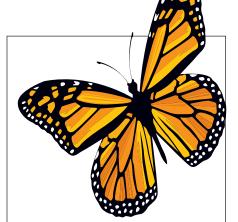
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