

SPENCER NEW LEADER

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Friday, October 7, 2022

Leicester Women's Club celebrates 60th anniversary



Photo Courtesy

The Leicester Women's Club recently enjoyed a celebratory dinner.

BY KEVIN FLANDERS
STAFF WRITER

LEICESTER — During a recent dinner program, the Leicester Women's Club celebrated the 60th anniversary of its incorporation.

Held at Pine Ridge Country Club in North Oxford, the Sept. 21 program included a slideshow highlighting the history of the Leicester Women's Club. Members thank Regan Fortune for her hard work in leading this aspect of the evening.

Serving as the event's main speaker, Mary Kennedy delivered a PowerPoint presentation on the women of Leicester from the 1800s. Marilyn Flavin then gave a history of the Leicester

Women's Club, and Carol Ellis ended the program by reciting a poem that had been composed in 1997 by longtime member Nancy Tashjian.

In addition to celebrating the club's history, members also recognized the work of current members to help improve the community.

"It has been a true pleasure for me to be a part of the Leicester Women's Club alongside a group of honorable women who dedicate themselves to serving and benefiting the community through multiple efforts and fundraisers," said club member Donna McCance. "This is a very well-organized group that also fulfills its

dual purpose of furthering the educational, civic, and social life of its members. It's always an enjoyable time of companionship as we share our lives with each other."

The club currently consists of more than 60 members. This year's officers are President Elizabeth Maki, Vice President Regan Fortune, Treasurer Marilyn Flavin, Recording Secretary Lu Jacques, and Corresponding Secretary Alice McConville.

The club's Anniversary Celebration Committee included Chairperson Carol

Please Read **CLUB**, page **A2**

New N. Brookfield Superintendent looks forward to work ahead

BY KEVIN FLANDERS
STAFF WRITER

NORTH BROOKFIELD — Having received a warm welcome from the community, newly hired North Brookfield Public Schools Interim Superintendent Tim McCormick is looking forward to the hard work ahead.

McCormick recently met several students, family members, and community leaders during a well-attended Sept. 21 open house.

"It was a great night. I was impressed with the amazing turnout by our families with their students," said McCormick, who started in North Brookfield on July 1. "We also worked hard this year to invite many community partners to showcase the supports and local services available to our families and the entire North Brookfield community."

McCormick recently released his entry plan and timeline to the school community. Over the next several months, he will utilize data-driven processes to help establish a strategic vision for

district improvement. Steps will include officials meeting with school and community stakeholders to identify areas of strength, as well as areas to target for improvement.

"It is my honor and privilege to serve as the Interim Superintendent of the North Brookfield Public Schools. As the former principal of the Junior-Senior High School over the

past year, I am aware first-

hand of the district's strengths and the obstacles that must be overcome to grow and succeed as a district," McCormick said.

As part of his upcoming discussions with members of the school community, McCormick is focused on three overarching topics: identifying the school system's greatest strengths and how to

build on them; finding ways to address the district's most significant challenges; and determining ways to maximize the educational experience of students.

"In order to help move our district forward, a critical aspect of the entry plan process will be to listen and learn," McCormick added. "Specifically, I am hopeful that understanding the

perspectives of others and looking at the North Brookfield Public Schools through a new lens will create opportunities for growth."

In addition to focusing on academic programming for students, McCormick has also placed an emphasis on social and emotional enrichment.

"I believe all children can achieve at a high level and should be educated in an appropriate, safe environment that is committed to preparing students for their global future," McCormick said.

The first phase of the strategic plan, which will run through Feb. 2023, involves data collection across the district. This will include

individual and group inter-

Please Read **MCCORMICK**, page **A16**

Leicester Public Library announces fall programs

BY KEVIN FLANDERS
STAFF WRITER

LEICESTER — Guests of all ages are invited to check out an exciting fall schedule of programs at Leicester Public Library.

A story-time program for kids ages two to four is ongoing (Fridays at 10 a.m.). This

activity puts an emphasis on songs, art, and books.

"This is a great time to build vocabulary and work on social skills like sitting still and listening," read a statement released by the library.

On Saturday, Oct. 15, from 10 a.m. to 2 p.m., the library will host a Halloween costume

exchange. The library has collected costumes all year, new and gently used. Stop by and trade an old one, or just pick a new costume for all ages.

On Saturday, Oct. 8, from 1-4 p.m., One Up Games will return for a free gaming event. Meant to be enjoyed by all ages, this program features a variety

of games and consoles, including VR.

"We will be starting while the library is still open to the public, and it will continue during closed hours," the library statement read.

The gaming program is free, and no registration is required. On Tuesday, Oct. 11, at 4 p.m.,

guests are invited to enjoy a fun "Crafternoon" at the library. Stop in and make something with the materials made available; examples will be provided to kickstart your creativity. All ages are welcome.

A Halloween Messy Play ses-

Please Read **LIBRARY**, page **A3**

North Brookfield Savings Bank continues fight against hunger with annual food drive

NORTH BROOKFIELD — As we say goodbye to Summer and the leaves start to turn, North Brookfield Savings Bank is gearing up for their Annual Food Drive fundraiser, offering the perfect chance to share some kindness, support the Community and help those in need during the season of giving.

North Brookfield Savings Bank's Food Drive fundraiser, held from Oct. 1 through Oct. 31, helps provide much-needed food items to local neighbors and families in need. For every item collected through the

Community, North Brookfield Savings Bank will contribute \$1, for a total of up to \$3,000, to help fund the pantries' operations. The Bank's goal is to collect at least 3,500 items total, but the Bank will be contributing monetarily and is issuing a challenge to the Community.

Community members are encouraged to drop off non-perishable food items, paper goods, toiletries, or any monetary donations at any of NBSB's convenient branches anytime throughout the month of October, with the proceeds going directly to



Photo Courtesy

NBSB Employees Joe Ribeiro and Tammy Gustafson present the North Brookfield Branch food supply drive donations to Deb Arnold, of First Congregational Church of North Brookfield.

local food pantries.

Drop off locations:
North Brookfield Branch: 9 Gilbert Street or 35 Summer St.
East Brookfield: 100 West Main St., Route 9

West Brookfield Branch: 128 West Main St., Route 9
Ware Branch & Business Center: 40 Main St., Route 9

Please Read **FOOD DRIVE**, page **A16**

CLUB
continued from page A1

Ellis, Donna Bottis, Teena Cherry, Marilyn Flavin, Regan Fortune, Linda Granville, June Kemp, and Elizabeth Maki.

Club members thank the community for ongoing support received throughout the year, and they hope to continue

seeing strong assistance moving forward.

At last month's Harvest Fair in town, the club held a basket raffle whose proceeds help fund three \$500 scholarships awarded to graduating Leicester seniors.

"The Leicester Women's Club gives back to the community and to each other. The scholarships help foster educational opportunities for our Leicester

residents, and I'm especially proud of this because of my background in education," said Ruth Dowgielewicz, the club's chairperson for education and scholarship.

Additionally, the Swan family, of Leicester, donates funds for a scholarship awarded to a senior who will pursue a nursing degree. The scholarship was created in honor of their late mother, a nurse and club member.

Moreover, the club's food and beverage auction provides funds for its charitable holiday donations. These are made to the Leicester Food Pantry, Hearts for Heat, the McAuley Nazareth School, and the Swan Tavern.

Any woman who is over 21 years of age and resides in Worcester County may apply for membership to the club.

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October is Breast Cancer Awareness Month

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Potential warning signs for breast cancer

Breast cancer is the most commonly occurring cancer in women across the globe. According to the World Cancer Research Fund International, there more than 2.26 million new cases of breast cancer in women in 2020. Such figures are sobering, but it's important to recognize that breast cancer survival rates have improved dramatically in recent decades, providing hope to the millions of women who may be diagnosed with the disease in the years to come.

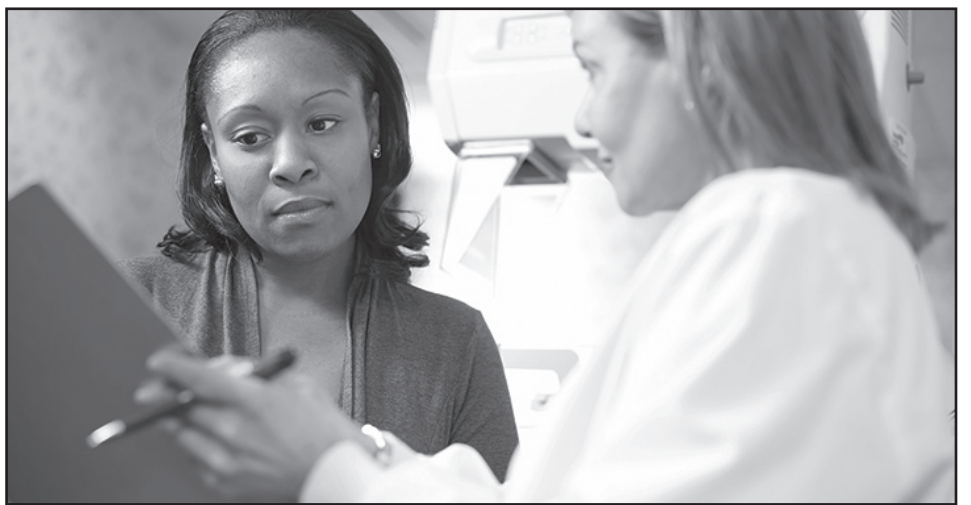
Various factors have helped to improve breast cancer survival rates, and education about the disease is certainly among them. Women are their own greatest allies against breast cancer, and learning to spot its signs and symptoms is a great first step in the fight against this potentially deadly, yet treatable disease.

Knowing your body
The American Cancer Society urges women to take note of how their breasts normally look and feel. That knowledge is vital because it helps women recognize when something does not look or feel good to the touch with their breasts. Screening alone may not be sufficient, as the ACS notes that mammograms do

not find every breast cancer.

Signs and symptoms
When women are well acquainted with how their breasts look and feel, they're in better position to recognize any abnormalities, which may or may not be indicative of breast cancer. The ACS reports that the following are some potential warning signs of breast cancer.

- A new lump or mass: The ACS indicates that this is the most common symptom of breast cancer. A lump or mass that is cancerous is often painless, but hard and has irregular edges. However, lumps caused by breast cancer also can be soft, round and tender. Some even cause pain.
 - Swelling: Some women experience swelling of all or part of a breast even if they don't detect a lump.
 - Dimpling: The skin on the breast may dimple. When this occurs, the skin on the breast sometimes mimics the look of an orange peel.
 - Pain: Pain on the breast or nipple could indicate breast cancer.
 - Retraction: Some women with breast cancer experience retraction, which occurs when the nipple turns inward.
 - Skin abnormalities: Breast cancer may cause the skin on the breast to redden, dry out, flake, or thicken.
 - Swollen lymph nodes: Some women with breast cancer experience swelling of the lymph nodes under the arm or near the collarbone.
- The presence of any of these symp-



Women are urged to report any abnormalities in their breasts to a physician immediately.

toms merits a trip to the doctor. Women with these symptoms should not immediately assume they have breast cancer, as the ACS notes that various symptoms of breast cancer also are indicative of non-cancerous conditions that affect the breasts. Only a physician can diagnose breast cancer, which underscores the importance of reporting symptoms to a doctor immediately.

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Pumpkins and Gourds: More than Fall Decor

Plump round pumpkins, twisted gourds, and Indian corn cobs are all sure signs autumn is here. While these harvest favorites are familiar sights at entry ways and front stoops, two out of three of them are also edible. Speckled Indian Corn and seasonal pumpkins, from large Jack-O-Lanterns to squat pumpkins, are favorite fare for the harvest table.

Pumpkins Big & Small
Jack-O-Lanterns are a Halloween tradition. Whether illuminated by old fashioned candles or flameless lights, the carved pumpkins attract trick or treaters near and far to neighborhood doorsteps. Before the heavy squash get their triangular eyes and gap toothed grins, many are literally "gutted," with the most frugal carvers setting aside the seeds for baking. Cleaned, salted and seared to a crisp, pumpkin seeds are a healthy and delicious snack.

Dark orange sugar pumpkins handily go from fall centerpiece to the dinner table. The solid, sweet squash hold up nicely for displays both indoors and out, and in true frugal fashion, after they have served their time they'll be enjoyed as dessert pies, creamy soups and holiday breads. It's no wonder harvest pumpkins have long remained an autumn wonder, revered for both their culinary and decorative virtues!

Keep in mind when initially choosing pumpkins that the variety you select should fit your need. For example, if you desire a pumpkin for pie, a medium sugar pumpkin, which is typically small and sweet with a dark orange color, is the best choice. For carving, look for well rounded pumpkins that have good color with stem intact. Pumpkins earmarked as Jack-O-Lanterns are usually larger and contain too many strings and seeds to be practical for pie making, but the seeds are ideal for toasting.

Pumpkins boast a long history at the harvest table. Native Americans revered the pumpkin as a valuable source of food to carry them through the long, cold winters, teaching early English settlers how to grow and prepare pumpkins,

which became an important seasonal mainstay of the pioneer diet. The pilgrims utilized every part of the pumpkin, roasting the flesh, drying the seeds, making flour from dried pumpkin, and even weaving floor mats out of pumpkin skins, a method learned from the Native Americans. In New England, colonists made the first crustless pumpkin pies by cutting the top of the pumpkin, removing the seeds and filling it with apples, milk, sugar and spices and baking it whole.

Indian Corn
A trio of colorful corn cobs, dried and hung on a back door are a sure sign of Autumn. "Indian Corn," with husks pulled back to expose petite, speckled ears are a New England treat in more ways than one. The delightfully ornate corn cobs have long been used as home décor to usher in the autumn season, but did you know some strains of Indian corn are edible?

Food grade Indian corn on the cob is often available at Farmer's Markets and specialty grocery stores during the harvest season. These "calico" colored pointy eared cobs are not only delicious – they are fun to eat when popped on the cob!

Individual ears of dried food grade Indian corn may be (carefully) popped in the microwave using the standard paper bag method. Keep in mind Indian corn is harder and tougher than traditional corn, but the "fun factor" makes it a treat worth trying!

In addition, fresh Indian Corn may be cut off the cob to be popped on the stove or in a popcorn maker. Keep in mind if you plan to eat Indian Corn it is of utmost importance that the corn is a strain safe to eat and that it has not been treated. Some farm stands and markets are now offering authentic Indian Corn cobs dried and ready for popping.

Believe it or not, certain varieties Indian Corn can also be eaten fresh,



TAKE THE HINT
KAREN TRAINOR

steamed or boiled. The key is choosing edible Indian Corn that is freshly picked and young and tender. If the kernels appear dried, the corn is too old to be enjoyed fresh.

Once you've eaten your fill of freshly picked Indian Corn, you can easily recycle the rest for ornamental use. Pull the husks all the way over the stalk and allow them to dry out for about a week. To make the Indian Corn last the season and beyond, simply spray or paint shellac on the kernels.

Gourds
Inedible gourds have only one main claim to fame: Their interesting colors and shapes make them a fantastic fall decorating tool.

Utilized and decorated for centuries, the mysterious gourd presently remains an autumn mainstay, whether admired in its natural form or embellished and transformed into virtual art objects. Talented and imaginative artisans have formed everything from utilitarian bowls to musical instruments out of gourds, although mainstream offerings are likely to include a creative mix of baskets, candleholders, birdhouses and vases.

Gourds, both large and small are plentiful and whimsical, with a high "personality quota." Tossing interestingly shaped gourds in a bowl creates an instant centerpiece. Or place handfuls of colorful gourds around an outside entryway display to fill the gaps between pumpkins, mums and cornstalks.

Gourds, with their contrast of color and textures, makes them the perfect candidate for an interesting craft project. Whether you choose to make a vase, bowl or birdhouse, drying, cutting and cleaning the gourds are important chores to complete. Much like carving a Jack-O-Lantern, the top of a gourd must be cut off and the inside scraped clean. Scrape out all inside dried membranes and seeds. This can be tedious, but it is nec-

essary to avoid rot. To ensure a smooth inside surface as for gourd bowls, sand inside with a wire brush drill attachment.

To dry out decorative thin-skinned gourds, clean them in warm, soapy water containing a household disinfectant. Dry gourds with a cloth and spread them on newspaper in a warm, dry place. After a week, wipe them with a cloth moistened only with disinfectant. Again, spread gourds to dry, now in a warm, dark, damp-free spot for about a month. Every other day, turn them. When seeds rattle inside, they are properly seasoned. Small, thin shelled gourds will dry in less than a month, and large ones can take up to six months. If mold appears during the drying process, scrape it off with a knife. Thin-shelled gourds dry best when hung in a mesh bag.

You can finish your bowl or vase by staining, painting, or using leather dye on it. The leather dye provides a vintage look and is easiest to apply for a first time project. After the dye has dried, apply a protectant, such as varnish or wax.

Win Dinner for Two at the Public House

Your tips can win you a great three course dinner for two at the historic Public House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Public House Inn.

Notaries public at Bay Path Practical Nursing Academy

CHARLTON — Need something notarized? You can do it at the Practical Nursing office of the Bay Path Practical Nursing Academy at Bay Path regional Vocational Technical High School, 57 Old Muggett Hill Rd. campus. For Bay Path Practical Nursing Academy alumni, faculty, staff, and communities of interest, notary services are available by appointment on most days from 10 AM onwards and depending on availability. Both Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN and Heidi Bedard, BSHS, AACJ, LPN are notaries public.

Bolandrina (Academy Director) of Douglas, will do her best to make herself available, but highly recommends making an appointment via email gbolandrina@baypath.net. Bolandrina was appointed as Notary Public in 1997 by the Commonwealth of Massachusetts Office of the Secretary of Commonwealth (One Ashburton Place, Boston, MA 02108), since then she has been performing notarial duties gratis. In 2005, she became a Certified Notary Public with the Consulate

General of the Philippines (556 Fifth Ave., New York, NY 10036). She continues to perform Notarial duties, gratis.

Bedard (Staff) of Brookfield, likewise, will do her best to make herself available and highly recommends making an appointment via email hbedard@baypath.net. Bedard is a graduate of Bay Path Practical Nursing Academy, class of 2014, was appointed as Notary Public most recently by the Commonwealth of Massachusetts Office of the Secretary of Commonwealth (One Ashburton Place, Boston, MA 02108). She joined Bay Path Practical Nursing Academy as sub secretary in 2021, and then as staff (2022) to assist with medical onboarding and light clerical duties for the 2023 cohort. Bedard was the 2021 Massachusetts Adult Immunization Conference (MAIC) Champion Awardee, and her achievement was recognized during the 26th Annual Massachusetts Adult Immunization Conference held, April 13, 2021. Bedard was the Clinical Coordinator of Vaccine Management at the Family Health Center of Worcester (FHCW). She is described by her col-

leagues as a "tireless champion of immunizations for the patients who receive care at the FHCW." Bedard is responsible for many initiatives encouraging adult immunizations. Bedard's meticulous planning resulted in FHCW's provision of over 3,425 flu vaccines to low-income, culturally diverse patients in need. Her efforts almost tripled 2020's adult flu vaccination count of 1,250. Bedard and her team accomplished this through the establishment of a walk-in, six-day a week community-based flu clinic and engaging in community outreach efforts. Further, Bedard initiated efforts to decrease duplicate patient records for FHCW in the Massachusetts Immunization Information System (MIIS). Since March 2020, Bedard has decreased the duplicate patient records in the MIIS for FHCW from over 15,000 records to zero records. She continues to innovate and has implemented a booster vaccination catch-up program for adults (18-35). Bedard is a Certified Coordinator for Vaccine Management and is ACLS and BLS Certified (American Heart

Association). She now adds Notary Public to her many accomplishments.

LIBRARY

continued from page A1

sion is scheduled for Wednesday, Oct. 19, at 10 a.m. An extra special Messy Play activity for kids ages 5 and under will take place.

On Saturday, Oct. 22, from 10-2, the Friends of the Library will hold a book sale. Any books left after the sale will be available during library hours until Friday, Oct. 28.

Meanwhile, the library welcomes donations of clean, general interest books any time the library is open. Please do not leave donations outside.

"We cannot accept textbooks, condensed books, DVD or VHS tapes," the library statement read. "Books, magazines, audiobooks, music CDs, and board games are welcome.

Guests are invited to join the library staff on Tuesday, Oct. 25 (6-7:30 p.m.) to make an etched glass Halloween treat jar. All materials will be provided. This

free program is meant for guests ages 16 and older; no registration is required.

A program called Secrets of the Quabbin Watershed will be hosted on Tuesday, Nov. 1 (6-7:30 p.m.). Dale Monette has spent over four years photographing wildlife on the 82,000-acre Quabbin Reservoir watershed. At the Nov. 1 presentation, guests are welcome to stop by and view his photographs of the animals of Quabbin.

"See what Monette and his camera saw, from eagles and loons to otters,

bears, and more," the library statement read.

Monette worked for the Department of Conservation and Recreation at Quabbin Reservoir for 25 years as an educator and a naturalist.

The event is free, with no registration required.

Most of the library's autumn programs are sponsored by the Friends of the Leicester Public Library.

For more information about upcoming library events, call 508-892-7020.

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PERSON of the WEEK
JOEY, BROOKFIELD, MA
Joey, son of Ana DeBenedetto Afton, is being recognized for growing food in his garden and giving it away free to anyone in the community who could use it, all summer long. What a great role model for youth and adults alike! Thank you for the great things you do for the community of Brookfield!
— Mike McGrath, Charlton, MA

If you would like to nominate someone or a group of people for 2022, please email your suggestion to June at jsima@stonebridgepress.news. Thank you.

Person of the Week is sponsored by:

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Protecting your antiques and collectibles

As we see tragic images of the devastation caused by Hurricane Ian along the southwestern coast of Florida, it's a good reminder that, while New England hasn't experienced a hurricane of that magnitude, we aren't exempt from natural and manmade disasters. Flooding, theft and fire are potential issues no matter where you live. In today's column, I'll discuss options to protect your valuable collection.



ANTIQUES, COLLECTIBLES & ESTATES
WAYNE TUISKULA

Cellars and basements typically have more moisture than other parts of a home. It is best not to keep collectibles made of paper, cardboard, leather and other items that are susceptible to moisture or water damage in your cellar. If that's your only option for storing these items, you should place items on shelves, use pallets or another method to raise them off the floor.

Attics are typically the driest spots in a house but can also be the hottest. Some antiques and collectibles can be damaged by extreme heat in the summer. I've found plastic and rubber

toys that have disintegrated into dust after spending years stashed away in an attic. Items like these should be stored in a closet or other area to protect them from temperature extremes.

Glass, pottery and ceramics are of course subject to breakage. Some breakage can be avoided by moving items further back on a shelf or placing them inside of a cabinet with glass windows where they can be viewed and safely stored.

If your items are already damaged, there are restoration services available for furniture, paintings, porcelain and practically every type of antique imaginable.

Accidents are unavoidable, so items you've collected over the years may still become damaged despite your best efforts. That's where having your items insured ahead of time will help. Depending on the value of your collection, you may need additional insurance or an insurance rider. You may want to discuss your options with an insurance agent or company represent-



tative. The insurance company will typically request that you get an appraisal prior to insuring your items. Getting insurance in advance, can provide you with some comfort if you have to use it.

We will open bidding this coming week for our jewelry, coins and sterling auction. Our next auction after that will feature baseball cards and sports memorabilia and will start in mid-October. Then we'll be running our art, historical memorabilia, antiques and collectibles auction that will end in mid to late November. I'll be appraising items for

the public at the Townsend Historical Society on Oct. 15, the Worcester Senior Center on Oct. 18 and the Leicester Senior Center on Nov. 5. Please visit our website <https://centralmassauctions.com> for links to upcoming events.

Please contact us at www.centralmassauctions.com (508-612-6111) info@centralmassauctions.com for antiques and collectibles auction services.



POSITIVELY SPEAKING
TOBY MOORE

How many times in my life have I started something only not to finish it? I tried many different things in my life that I quit—guitar, drums, tennis,

golf, and other things too. I suspect that many people have a similar story.

When you were a child, I am sure you were asked, "What do you want to be when you grow up?" Usually, what we say as children tends to be very differ-

Jack of all trades

ent from what we end up doing; I said I would be an astronaut.

Sometimes, you have to experiment. Usually, we don't know if something is right for us until we try it.

I was a competitive swimmer for 18 years, and was very passionate about it; halfway through my junior year of college, I suddenly quit. My family was upset; I was such a passionate swimmer, and they were very disappointed that I didn't swim all four years.

My reasoning at the time seemed sound. Looking back on it, I think I made the right choice. I realized that I would never make it to the Olympics and decided to become an actor; two-a-day swim practices weren't compatible with theater rehearsals and plays.

Passions can change, goals can change, and situations may cause you to go down a different path. I suppose that is part of self-discovery.

I wonder if my parents should have made me finish. There is certainly a case to make that I should have stuck with swimming until the end of my senior year. Maybe if they made sure I finished everything I started, I would have developed better habits; finishing what we started is generally recognized as a good thing.

As children and young

adults, we are trying to figure things out, and we discover some things aren't right for us, but as we mature and become adults, finishing what we start should be something we should always try to do.

Once you firmly commit to an idea, a goal, or a career, there can be no doubt that following through and becoming a master can be one of the most rewarding things.

Becoming a master of some professions may not pay off financially; this is especially true in the arts. I know many very talented filmmakers who cannot make money at it, and they've spent decades doing it consistently.

Should we only master one thing in this life?

Times have changed; when I first started acting, all I had to do was study acting. Now, if you're an actor, often the agent will tell you that if you want to succeed, you need to become a filmmaker too. Following that advice, you'll need to write, produce, direct, edit, and promote! You may need to be an expert in many different areas.

Remember the saying, "If you're a jack of all trades, you'll be a master of none?"

If you have to learn something completely new to get closer to your objective, does this mean you've quit your original dream, or will you

never master your chosen profession?

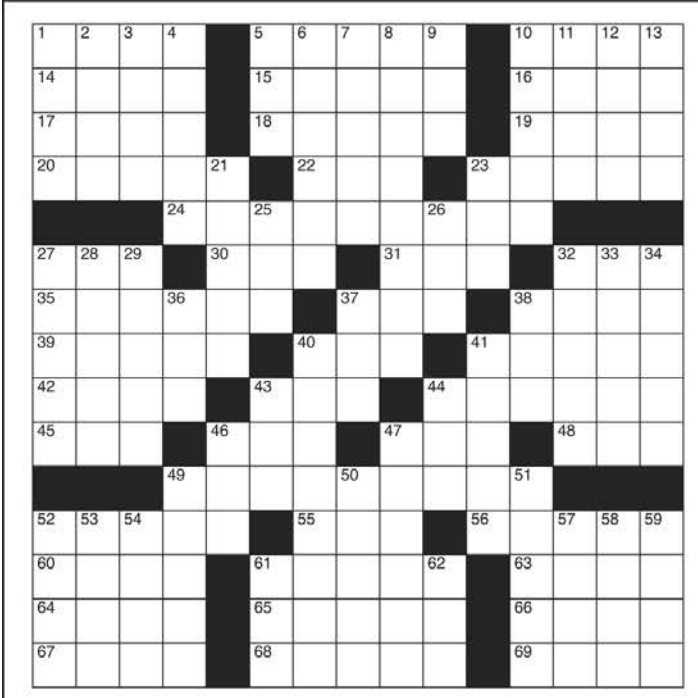
I was listening to an online lecture by a Canadian named John Halpin. He spent twenty years as an aerospace engineer and manager, is a choir director, a composer of over twenty musicals, and the director of a university. He made the strong case that you can become an expert in ten to twelve different disciplines in your life by the time you're eighty-two years old!

Some say you should only learn one thing and learn it well, but John Halpin thinks we can learn many things well. We can become a master of many things, and what we do can be a stepping stone to a larger objective.

Does this mean you will be a master of none? Not according to Halpin.

Sometimes, to achieve a goal and accomplish your dreams, you may need to become a person who becomes an expert in many different areas.

When you have to pick up a new skill to take you to that larger objective, it may feel like you're quitting. Still, if you continually keep the original vision in mind and stay focused, you'll find that learning new expertise is not only challenging but also rewarding.

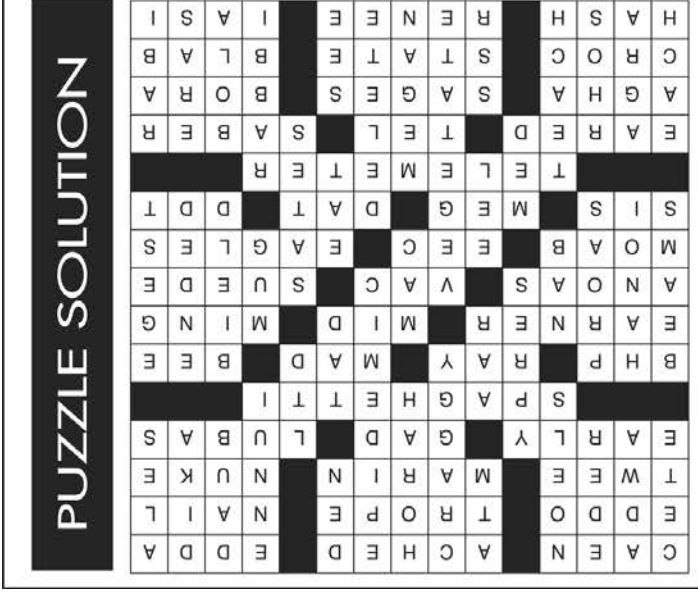


CLUES ACROSS

- 1. Bay Area humorist
- 5. Hurt
- 10. Icelandic poems
- 14. A taro corn
- 15. Metaphorical use of a word
- 16. It fears the hammer
- 17. Excessively quaint (British)
- 18. Laid-back California county
- 19. Cook in a microwave oven
- 20. Not late
- 22. Go from one place to another
- 23. Peoples living in the Congo
- 24. Popular pasta
- 27. Available engine power (abbr.)
- 30. Popular musician Charles
- 31. Angry
- 32. Spelling is one type
- 35. One who makes a living
- 37. Indicates location
- 38. Imperial Chinese dynasty
- 39. Small water buffaloes
- 40. Hungarian city
- 41. Fabric
- 42. Ancient kingdom near Dead Sea
- 43. Precursor to the EU
- 44. Philly footballers
- 45. Female sibling
- 46. "When Harry Met Sally" actress
- 47. Magnetic tape of high quality
- 48. Insecticide
- 49. Apparatus to record and transmit
- 52. Some is considered "dog"
- 55. Israeli city ___ Aviv
- 56. Fencing sword
- 60. Ottoman military title
- 61. Wise people
- 63. Cold wind
- 64. Popular type of shoe
- 65. Administrative district
- 66. A way to reveal
- 67. Cooked meat cut into small pieces
- 68. Actress Zellweger
- 69. Romanian city

CLUES DOWN

- 1. Small town in Portugal
- 2. Site of famed Ethiopian battle
- 3. German river
- 4. Christmas carols
- 5. Cash machine
- 6. Rough and uneven
- 7. Rumanian round dance
- 8. Widespread occurrence of disease
- 9. A place to relax
- 10. Feeling of listlessness
- 11. Coat or smear a substance
- 12. Wild mango
- 13. Brews
- 21. Belgian city
- 23. Confined condition (abbr.)
- 25. Swiss river
- 26. Small amount
- 27. Part of buildings
- 28. Vietnamese capital
- 29. Sailboats
- 32. Shelter
- 33. Terminated
- 34. Discharge
- 36. Snag
- 37. Partner to cheese
- 38. A container for coffee
- 40. Spend time dully
- 41. Satisfies
- 43. Snakelike fish
- 44. Consume
- 46. Type of student
- 47. Erase
- 49. Instruct
- 50. Girl's given name
- 51. Jewish spiritual leader
- 52. "To ___ his own"
- 53. North-central Indian city
- 54. Greek alphabet characters
- 57. Weapon
- 58. Amounts of time
- 59. American Nobel physicist vital to MRIs
- 61. Soviet Socialist Republic
- 62. Witness



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West Brookfield Cultural Council accepting grant applications

WEST BROOKFIELD — The Local Cultural Council of West Brookfield is currently seeking applicants for grant monies to be awarded in the FY2023 grant cycle. The W.B. L.C.C. will give priority to applicants that have secured a local venue, with the ability to address the cultural needs of the community, including but not limited to, school, senior, and library programs. The council may partially fund proposals.

For more details and guidelines, go to <https://masscultural-council.org/local-council/west-brookfield>. Application deadline is Oct. 17.



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Nursing student earns perfect score on dementia training test



CHARLTON — Ramatu Abukari of Worcester, a practical nursing student at Bay Path Practical Nursing Academy has earned a perfect score on her Dementia Training test. Abukari is a direct support professional at Advocates Inc. (since 2016) and at Horace Mann Educational Associate (since 2016), responsible for medication administration, client monitoring, assisting with activities of daily living, taking clients to hospital appointments, community outings, and completing errands.

Prior to being a direct support professional, Abukari was a CNA/HHA (Certified Nursing Assistant/Home Health Aid) at Crescent Manor Rest Home and Divine Home Health Care. She completed secondary education at Kumasi Girl's Senior High School in Ghana. Prior to joining Bay Path Practical Nursing Academy's 2023 cohort she took courses at Quinsigamond Community College towards an associate degree in nursing where she was inducted to the Phi Theta Kappa Honor Society (2018).

According to Abukari, "I have always believed that success is intentional, and being successful is doing what one loves to do and doing it best. One thing I have always dreamt to do as to consider myself a successful person is to become a nurse." Abukari is well on her way! In the past years, Bay Path Practical Nursing Academy had three nursing students earn a perfect score in Dementia Training.

Photo Courtesy

Ramatu Abukari with Dr. Ana Olivar of Rutland, immediately after her recognition medal was given.

Country Bank, Worcester Red Sox announce 2022 WooStars

WORCESTER – Country Bank, a full-service financial institution serving Central and Western Massachusetts, and the Worcester Red Sox recently announced the 2022 WooStars, a program that supports non-profit leaders throughout the region. Country Bank recently recognized nine local WooStars and the non-profits they are affiliated with at Polar Park to include: Katie Roy - Big Brothers, Big Sisters, Nicole Broushet - Glo Mom, Pamela Daly - Girls Inc., Jessika Zequeira - Shine Initiative, Johanna Annunziata - Give Gratitude, Moses Dixon - The Central Massachusetts Agency of Aging, John Rodriguez - Worcester Latino Dollars for Scholars, along with Geoff Naunheim - the United Way of Franklin and Hampshire County and Denise Blodgett - the Jubilee Cupboard in Ware. Each non-profit was presented with a \$5,000 check from Paul Scully, President, and CEO of Country Bank. "One of the most important goals of our partnership with the Worcester Red



Sox is to continue to find ways for us to collectively give back to our communities in an impactful and meaningful way. Country Bank is deeply rooted in

supporting its communities and a value that we have lived by for 172 years. We are delighted the Worcester Red Sox is equally committed to supporting its

communities. This campaign rewards those truly making a difference out there," stated Shelley Regin, Senior Vice President of Marketing and Public Relations at Country Bank. "We are delighted to have Country Bank as our partner in these community endeavors," said Dr. Charles A. Steinberg, President of the Worcester Red Sox and the WooSox Foundation. "From our WooStars to our Inaugural Police vs. Fire Baseball Classic to our wonderful MVT program to support our teachers, Country Bank and the WooSox share a passion for using our organizations to make Worcester and Central Massachusetts even better places in which to live. We thank our friends at Country Bank, and we salute once again our 2022 WooStars. The public is invited to nominate a Most Valuable Teacher by visiting <https://www.countrybank.com/personal/youth-accounts/most-valuable-teacher/> to complete a simple nomination form.

Local painter wins Massasoit Art Guild's Art & Photography Challenge

BY KEVIN FLANDERS
STAFF WRITER

REGION — Local artist Irena Russell was recently chosen as the winner of the Massasoit Art Guild's 20th Anniversary of Art and Photography Challenge. Selected by the Massasoit Art Guild's 20th Anniversary Committee, Russell's painting was titled, "Springtime Eruption!" The piece celebrated the guild's 20th anniversary with several creative homages to the milestone number. "This piece went above and beyond the challenge rules of 'Use the number or concept of 20 in a piece of art or photography,'" read a statement released by the committee. "Irena painted five sets of 20 items in this piece and gave the viewer the challenge of finding them. A fun and very colorful piece." All of the contest entries will be on display as part of a special exhibit at the Massasoit Art Guild's annual art show and sale this month. "We thank all the participants for joining in this challenge. Each entry was unique and special, and it was difficult to choose a winner from such wonderful artwork," the committee's statement read.

"We had our first real meeting in 2002 at the Richard Sugden Library and were delighted with the response. Within a few meetings, we were too large a group to meet in the library and we moved to the Knights of Columbus," founding member Debbie Kirk recalled. "Our vision from the start was that the group would be supportive to anyone interested in creating art, that everyone would be welcome. It feels like that vision has held true through all our meetings and art shows." Additional founding members include Norman Cabana, Mary Kay Ebersold, Craig Lacaire, Vernon Graham, Ron Couture, and Emile Gaucher. At each meeting, guild members enjoy supporting each other and creating friendships along with art. The Massasoit Art Guild's 20th anniversary art show and sale is set for Oct. 15-16 from 10 a.m. to 4 p.m. at the Spencer Town Hall. Free to the public, the art show will feature the artwork and photography of guild members. The event will also include a raffle table with prizes from

Photo Courtesy
Artist Irena Russell was recently selected as the winner of a Massasoit Art Guild contest. many local businesses. Live music will be provided by P.E. James from 12-4 during the Saturday session. If you are interested in becoming a member of the guild, send an email to massasoitartguild@gmail.com. To learn more about the guild, visit www.massasoitartguild.com.



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Social justice, community service go hand-in-hand for QCC students

W O R C E S T E R — Four Quinsigamond Community College students — Britney Acquah, Whitney Acquah, Gabrielle Gedeon, and Eva Kadriu — just wrapped up a summer working with youths in area community-based organizations.

Known as Woo Labs Hanover Fellows, the students were chosen by the Woo-Labs program, an organization that began in 2021 through the Worcester Education Collaborative in partnership with area organizations. The program offers community-focused, equitable, project-based learning to K-12 students. Fellows work with the staff of area organizations to create and implement learning projects for groups of young students.

Woo-Labs program was designed to help college students experience the joys and challenges of working with youth as teachers and mentors, in the hopes that they would

“catch the bug” and want to pursue these career pathways, according to QCC STEM Initiatives Administrator Adrienne Linnell.

“These students became aware of the Woo-Labs opportunity by first participating in a learning experience funded by a grant program called MassTeach, where they shadowed STEM teachers at Burncoat High School,” Linnell said.

The Fellows were given training and professional development prior to and during the program and were placed at various community-based organizations, such as African Community Education and the YWCA. Woo-Labs also fosters soft skills for the participating Fellows.

“Hands-on learning is so engaging for students. Organizations are free to create projects that best support their program objectives and student interests. We help them align the projects with

a research-backed framework, which involves linking project plans to explicit academic standards and social-emotional skills,” WEC Assistant Director Emily Dodge said.

Kadriu, an Engineering student, was a Fellow at the YWCA Camp Wind-in-the-Pines.

“I’ve always liked volunteering and I like pushing others to do the same. It is rewarding. Teaching others, especially younger students, helped me explain how good community service is and how rewarding it is to fight for social justice. For example, we’re doing a Kindness Quilt. We talked about community service and started off simple with helping around the campsite or at home and then coming up with ideas for things to do to help the community,” Kadriu said.

Britney Acquah, who is in QCC’s general studies program, completed her fellowship at the Guild of St. Agnes, where she enjoyed seeing how a program runs from behind

the scenes.

“I loved every part of it,” she said. “Talking to students can be nerve-racking but classes at QCC helped prepare me to communicate effectively and be a good listener. I can also use the things I learned through Woo-Labs in my studies at QCC, like patience and empathy. Working with people’s differences and processing new ideas will help me in the future.”

Gedeon, a QCC nursing major, said she noticed that her QCC classes gave her a good foundation for working in a program such as Woo-Labs as well as gaining new skills from the program.

“Working with children of different cultures, faiths and educational background is something I’ll need in the career I want to go into. Critical thinking and psychology helped me with that. I used what I learned in class and visualized it while working with the kids,” she said.

Participating organizations also noticed the benefits of Woo-Labs.

“The Woo-Labs program has been terrific for our organization. The Fellows seem to be learning a lot about childcare in general and seeing what it takes to make such a large program flow,” said Director of School Age Programs, Nicole Martin from Guild of St. Agnes. “When children learn to work as a team, ask important questions and find answers together, it promotes some sense of social justice. No matter the topic being discussed, when we hear about various opinions and concerns it forces us to see things from a different point of view. Helping our children to think out of the box and be more open-minded is always a goal of ours.”

Country Bank earmarks \$10 million to support affordable housing

REGION — Country Bank, a full-service financial institution serving Central and Western Massachusetts, is excited to introduce a new Affordable Housing Program featuring no down payment for first time home buyers. A first of its kind program will assist low to moderate-income families in purchasing a home. Country Bank has pledged \$10 million to the program to help

make a difference for these first-time homebuyers.

This innovative no down payment program is designed to help those who need it most by offering 100 percent financing for single-family homes or condominiums and 95 percent financing for two family properties. In addition, the bank will cover 100 percent of the Private Mortgage Insurance (PMI) that traditionally adds

to the monthly payment and will save the borrower hundreds of dollars each month. This feature also gives the borrower more purchasing power by not having to pay the cost of mortgage insurance. Certain restrictions and locations apply for this program.

Buying your first home can be very stressful; and not having the ability to save for a down payment prohibits many from purchasing a home, even when they can afford the monthly payment.

“We are very pleased to offer a program that will make a difference for so many homebuyers in our communities,” stated Denise Walker, Senior Vice President of Retail Lending for Country Bank.

“Owning your first home no longer has to be a dream; we have designed a program to help the dream of owning your own home a reality.”

Country Bank’s mortgage experts can assist those interested in learning more about the program or who may be ready to purchase a home. They will walk you through the process and will be with you every step of the way. It’s just one way that Country Bank makes a difference with its homebuyers.

The No Down Payment First Time Home Buyer Program is available until the \$10 million commitment has been allocated. Please visit www.countrybank.com/mortgages, a Banking Center, or call the

Customer Care Center at 800-322-8233 to learn more.

About Country Bank
Country Bank is one of the most highly capitalized mutual savings banks in the Commonwealth offering full-service consumer and commercial banking services. Country Bank serves Central and Western Massachusetts with 14 locations in Ware, Palmer, West Brookfield, Brimfield, Belchertown, Wilbraham, Ludlow, Leicester, Paxton, Charlton, Springfield and Worcester. Country Bank is a member of FDIC, DIF and the SUM network. Country Bank can be reached at 800-322-8233 or online at countrybank.com.

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Country Bank recognized by Boston Business Journal for charitable giving

WARE — Country Bank, a full-service financial institution serving Central and Western Massachusetts, is pleased to announce that The Boston Business Journal has once again named Country Bank an honoree in its annual 2022 Corporate Citizenship Awards, recognizing the region’s top corporate charitable contributors.

The Business Journal annually publishes this list to highlight companies that promote and prioritize giving back to their communities — a feat that is even more important during times of turmoil and crisis like the one we have experienced.

During this year’s celebration held on Sept. 8, 95 companies have qualified for the distinction by reporting at least \$100,000 in cash contributions to Massachusetts-based charities and social-service nonprofits last year. This year, the honorees include companies from health care, technology, financial and professional services, retail, professional sports, and more.

Country Bank, which ranked 44th, employs 215 staff members within Hampden, Hampshire, and Worcester counties. Staff members actively promoted the Bank’s mission of giving back to the communities they serve by volunteering to a variety of non-profits.


“The past couple of years has presented companies and communities with many challenges, and the needs have

continued to grow. It is with honor that we present our list of the Top Charitable Contributors in Massachusetts — companies who gave \$100,000 or more to Mass.-based in charities in 2021. Collectively, they gave \$322 million in cash contributions — a true example of the business community coming together to help those in need. We are proud to celebrate these organizations who give both money and time to make Boston a stronger and better place for all,” said Boston Business Journal Market President and Publisher Carolyn Jones.

“We are honored to be recognized by the Boston Business Journal for Country Bank’s philanthropic efforts. As a community bank, it is our mission to help make a difference in the lives of others,” stated Paul Scully, President, and CEO at Country Bank.

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🌿 🌿 🌿 **Friday’s Child** 🌿 🌿 🌿



Hi! My name is Lovely and I love to eat!

Lovely is an independent and kind girl of African American descent. As her name suggests, Lovely is a sweet and friendly girl with a great sense of humor. It can take some time to get her to open up, but once she is comfortable, she enjoys her connections with others. Lovely is described as a quiet girl with a go-with-the-flow attitude. Lovely has a passion for food and often jokes about her big appetite. She enjoys painting and loves to display her art.

Lovely puts a great deal of effort into her schoolwork with the support of her foster family. She gets along well with her peers and with the adults in her life.

Legally freed for adoption, Lovely would do well with a family of any constellation, with or without other children. Lovely would do well with a patient and nurturing family who can take the time to build a trusting relationship.

<https://www.mareinc.org/waiting-child-profiles#gallery/child/8332>

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The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at (617) 964-6273 or visit www.mareinc.org. Start the process today and give a waiting child a permanent place to call home.

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PRESIDENT AND PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

Your body tells the truth even when you don't

"If you tell the truth, you don't have to remember anything." Mark Twain

There has been a great deal of chatter in town about transparency in national politics. While we like to focus on the facts, it's been clear that as of late, facts are hard to decipher in the current climate. Misinformation runs rampant and several individuals stated that they just don't know what to believe anymore. This led us to discussions regarding the FBI and how law enforcement personnel can spot tells, if someone is being untruthful.

According to body language experts, there are tells to let you know if a person is being dishonest. There are exceptions to the rule of course, but this tidbit of knowledge may come in handy or may serve as a bit of fun the next time you're in a group setting.

Facial expressions, verbal cues and body language are said to give away a person who is fibbing. Experts say that these cues are due to chemical and physical reactions or nervousness.

If you are trying to decipher whether or not a person is fibbing, it helps to know how they act under normal circumstances. This way, you can determine if any responses are simply idiosyncrasies or tells.

The eyes say everything. Look for incessant blinking. Normally, a person will blink up to six times every 60 seconds. If an individual is lying, they might blink five or six times very quickly. Further, pay close attention to how long a person closes their eyes mid conversation. If someone has closed their eyes for up to two seconds, they could be lying to you.

At some point, we've heard the notion that a person is lying if they look up and to the right, however this depends on whether or not the person is right or left handed. If a right handed person looks up and to the left, they are searching their memories and likely are being truthful. If they look up and to the right, they are searching their imagination, and preparing to create an answer. Keep in mind that some people could look straight ahead when trying to recall a memory.

FBI experts say that if you ask a person about something they have heard, their eyes will move towards the left ear. If eyes shift to the right, a lie could be coming. Eyes will move down and to the left if the memory is about one of the five senses. Again, eyes will move down and to the right if a person is about to lie. You can also tell if a smile is genuine if wrinkles form by the eyes.

Lying could cause a person's face to itch. Watch to see whether or not a person is scratching their face while in conversation. Mouths tend to become dry when a person is lying as well. Lips that are pinched and colorless could also give away a person's mistruths.

A person may begin to sweat as well
Turn To EDITORIAL page A9

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

VIEWPOINT

OPINION AND COMMENTARY FROM SPENCER, LEICESTER AND THE BROOKFIELDS

LETTERS TO THE EDITOR

Vote no on Question #1

To the Editor:
Question 1 on the ballot this year is about creating a "millionaire's tax" in Mass. I urge you to vote against this for a number of reasons.

As you read this, Massachusetts is in the process of returning to the tax payers over \$2.9 billion in excess tax revenue collected.

This August, legalized sports betting was passed in Massachusetts with an optimistic estimate of generating tax revenues of over \$60 million a year.

Proponents of Question 1 say it will generate \$2 billion annually, but historical data says otherwise. Even the informational booklet published by the state says, "Annual revenue generated by the surtax will vary from year to year." It also says, "Taxpayers may decide to relocate their home or business to another state or adjust their filing status or timing of income realization to minimize their tax burden."

Voters should consider what happened to other states that enacted such a tax. Neighboring states New York & Connecticut had their wealthy residents move to avoid paying the higher taxes, with revenue losses in the billions, never to return. New York in 2020 said their top 1 percent wage earners supplied 46 percent of the income tax revenue.

The old saying "If it ain't broke, don't fix it" applies here. Mass. currently has no problem with its tax revenue stream. The Legislature can just vote to increase funding for schools & roadways to satisfy the proponents without passing this tax. Don't have Mass. suffer the same consequences as New York & Connecticut Vote No on Question #1.

JOHN SHOCK
CHERRY VALLEY

God is also not to be found in the Constitution

To the Editor:
I looked up the Constitution of the United States and searched for "abortion." Mr. Blais is correct: there is no mention of abortion. Another word which is not in the Constitution is "God."

The First Amendment to the Constitution reads: "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press, or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances."

The First Amendment says that Mr. Blais can publish rants about how the country should be inside his church and the First Amendment forbids that actually happening.

Mr. Blais refers to the "Republic

Constitution" (seven times in his Sept. 30 letter), which he says is "under God" (five times). "Under God" was added to the Pledge of Allegiance in 1954. The Pledge was adopted by Congress in 1942, having been originally proposed after the Civil War. It is not a Founding Fathers document. It is not law. It is not the Constitution. I wonder if he has confused the Pledge with the Constitution?

It's so sweet that he thinks his religion is the best for all of us. The Ayatollah thinks that his religion is best for his country, too. Religion is funny that way: everyone's religion is just the best and therefore everybody else should participate. Thank God for the First Amendment.

ALLAN JOHANNESSEN
LEICESTER

Leicester now has three state representatives

To the Editor:
I expect that many people in Leicester are not aware of the big change that has taken place for the town's situation relative to its state representatives.

As long as I can remember, we have had one state representative for the entire town. But that has changed with the recent redistricting as a result of the last census. Leicester, a town of approximately 11,000 people, will now have three state representatives. One for precinct 1, one for precinct 3, and one for precincts 2 & 4. The wisdom escapes me, but that's the way it is.

Precinct 1, the northern portion of the town, will likely be represented by Spencer's Donald Berthiaume, Precinct 3, the Rochdale area, will likely be Auburn's Paul Frost, while precincts 2 & 4, Leicester center & Cherry Valley areas have a contest going on. It's incumbent David LeBoeuf (Democrat) versus Paul Fullen (Republican). So, will Leicester

have 2 Republicans & 1 Democrat or 3 Republicans as their State Representatives?

Given the fact that Democrats and Republicans are usually on different sides of issues, Leicester may be wise to select three representatives from the same political party and avoid the conflicts that occur between different parties. Punch in "candidate Paul Fullen" on the Internet to find information on his positions. I can simply say he's a good candidate with sound principals. On the other hand, look up David LeBoeuf to find his reputation and voting record showing he is a rubber stamp for the big Government Democrats. Wow, instead of Leicester being known as the first town in cannabis it could be known as the first town in Massachusetts to have three Republican state representatives! Perhaps the redistricting was a blessing in disguise.

LEONARD IVEL
LEICESTER

EB100th Committee a 'dream team'

To the Editor:
It is so challenging to gather a group of people to volunteer their time for community-based committees or events. Having been the chair of East Brookfield's 100th Anniversary Committee for the last six years, I wanted to take this opportunity to extend my sincere appreciation to each member of our committee.

This relatively small group planned and implemented a celebration that included a variety of events that drew on the unique talents of each member. From historical talks to a 1920s themed dance to a luau on Lake Lashaway to our recent Parade and Family FunDay, I cannot think of a group of people more talented and passionate than those who I had the pleasure of working with since late 2015. Even with postponing our events from 2020 to 2021 and then to this year, our group did not lose momentum or enthusiasm.

In reflecting on the events we have held and those still to come, I am impressed that so much was accomplished by so few. This is a direct

result of the commitment our committee made to the town and to each other when we began planning.

My sincerest thanks to Michele Blood, Melanie Ethier, Larry Gordon, Sue Gordon, Jim Joyce, Amanda Lambert, Chris Lavin, Mary Anne Matys-Rodhe, and Louise Meyerdirks. In addition, Scott Cormier, Tricia Durand, and Vicky Zaring were essential members of the Parade subcommittee and worked tirelessly with other committee members.

I would be remiss if I didn't mention Sheryl Carpenter, Chris Lamoureux and Pam Thibault as well. They were there for whatever favor I asked of them, and I am grateful for their work in making the year a success and taking on several essential tasks. All of these people played key roles in a celebration our "baby town" can be proud of!

In gratitude and appreciation,

HEATHER GABLASKI
CHAIR
EAST BROOKFIELD 100TH
ANNIVERSARY COMMITTEE

What should Alzheimer's caregivers know?

If you have a family member who has been diagnosed with Alzheimer's disease, or is starting to show symptoms, you will face some real challenges. Navigating the Alzheimer's experience involves a long journey, and there's no easy answer for how you can cope with your emotions. But you can at least address some of the financial issues involved to help give yourself a greater sense of control.

Here are some moves to consider:

- Plan for care costs and identify insurance coverage. The list of Alzheimer's-related medical expenses is long and includes ongoing medical treatment, medical equipment, home safety modifications, prescription drugs and personal care supplies. As a caregiver, you'll want to know the extent of your loved one's health insurance: Medicare, supplemental policies, veteran's benefits if applicable, and so on. One big question is how much coverage they might have for adult day care services, in-home care services and full-time residential care services, and other long-term care options. Long-term care is one of the largest health care costs not covered by Medicare, so you'll want to determine if your loved one has a long-term care policy or another insurance policy with a long-term care rider.

- Identify assets and debts. You'll need to know your family member's financial position, both what they own — bank accounts, investments, property, etc. — and what they owe, such as credit card debt, a mortgage, lines of credit, and so on. This knowledge will be essential if you're granted power of attorney to take over your loved one's finances.

- Look for tax breaks available to caregivers. If you're a caregiver, you may have to pay for some care costs out of pocket. Consequently, you could receive some tax credits and deductions. These benefits vary by state, so you'll want to consult with your tax advisor to determine your eligibility.

- Ensure necessary legal documents are in place. As a caregiver, you may need to ensure some legal documents are in place, such as a durable power of attorney for finances, which lets you make financial decisions for your loved one with Alzheimer's, and a durable power of attorney for health care, which lets you make health care and medical decisions on their behalf. It's important to have these and other necessary documents drawn up before someone is diagnosed with Alzheimer's or when they're just starting to exhibit the earliest signs of the disease, so they can understand what documents they are signing. If you wait until they no longer have this cognitive ability, things will get much more challenging. You could apply to become a conservator, which grants decision-making abilities similar to a power of attorney, but the conservatorship process takes time and could involve court procedures. To avoid this potential difficulty, work with your tax and legal professionals to ensure all the relevant legal documents are in-force and updated.

Finally, you don't have to go it alone. To help deal with the emotional challenges of caregiving, you can find local Alzheimer's support groups that can offer practical suggestions for coping. As for the financial issues, consider working with a financial professional who can look at your family's overall situation and recommend appropriate actions.

A diagnosis of Alzheimer's will change the lives of everyone in your family. But as a caregiver, you can help ease the burden.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Trevor Nielsen, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or trevor.nielsen@edwardjones.com.



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LETTERS TO THE EDITOR

Who is better qualified to set kids on the right path than prisoners?

To the Editor:
This letter is in regards to the article in the Spencer New Leader Friday, Sept. 23, "Signs kids might be using drugs or alcohol."

Though this letter is addressed to the Editor, it is mostly intended for our local and state government, schools, and most importantly, parents.

In the article, it lists many changes to look out for if your kid(s) are using drugs or alcohol.

Two important issues not listed were getting into criminal trouble, and another is stranger danger.

In bars all over Massachusetts, college students have to be very careful about some stranger putting a date rape drug in their drinks for you-know-what.

The same happens to school kids. A stranger, even if known, in many cases puts drugs in a kid's soda or other drink without them knowing it, in and out of school, sometimes as a prank, not knowing how serious that prank is. That leads to drug addiction and alcoholism. A friend may not be a friend. He or she may be that stranger/peer who does all they can to pressure your kid into drugs or alcohol.

Under the influence of drugs and alcohol, you have no idea what you are doing, or what's being done to you.

Parents and teachers have to pay more attention to the children and students than their jobs. More than the drug dealer or town drunk.

Pay attention to the age(s) of the people who are paying too much attention to your child, and they them.

The article mentions the Partnership to End Addiction.

I also mentioned about local and state government, churches, schools and parents, etc.

In previous articles, I mentioned the fact that I was just released from prison after serving 45 years for a crime that never happened, proven by DNA test results and sworn recantations.

While in prison, I was not only one of the founders and president of

American Veterans In Prison, then being chartered by Vietnam Veterans of America, Chapter 314 at MCI-Norfolk and 294 at NCCI-Gardner, holding the president's position for more than 40 years; for 12 years at MCI-Norfolk, I was the Chairman of Project Youth. Kids from all over New England, elementary schools, colleges, youth services, agencies, etc. would come to MCI-Norfolk to listen to inmates about why and what got them into prison, and what prison life is/was all about. Some of the kids had some of the saddest stories you wouldn't believe, but you did because some of the inmates went through the same thing that put them in prison.

If you talk to kids today and ask them who they would rather hear from, a prisoner or a psychiatrist, about drug and alcohol abuse, crime and punishment and prison, they will tell you a prisoner because they have been there.

When Weld became governor of Massachusetts, he shut down all the prison youth programs, and it's a proven fact, youth crimes have skyrocketed as a result of drug and alcohol abuse.

State and local government must open up the doors of the prisons again to youth programs, and parents should support and vote for that.

Who is better qualified in a drug and alcohol abuse, crime and punishment, prison life than a prisoner?

Not only is the youth rehabilitated, but so isn't the prisoner, and in many cases, teachers, parents, etc.

Come on, Uncle Sam, Mom and Dad, teachers, give the kids a break. Get them into our prisons once again as students, not inmates.

Then maybe all you'll have to worry about is what college they'll go to, and how much it costs, rather than how much you have to give your kid/prisoner for canteen items every week, or else, and other things allowed.

Have hope, not dope!
All the way!

HANK HOUGHTON
WEST BROOKFIELD

You may be...

To the Editor:
According to Joe Biden and the progressive Democrats running him, you may be an insurrectionist and domestic terrorist if you believe in the following.

If you believe that we should have a strong southern border and should not have two million illegal aliens flooding our country. If you don't want these hordes invading your communities, straining our resources, collecting your Social Security, driving cars on your roads, and getting free public assistance, then according to what Joe thinks, you may be insurrectionist and terrorist.

If you believe in equal justice under the law, where everyone gets treated the same. If you believe that the DOJ should treat a Democratic politician's son, the same as a Republican politician to the same rules and scrutiny. If you believe that the 4th Amendment of the US Constitution was put in place by the founders to limit the ability of an authoritarian government to intimidate and control the population, then according to Joe you may be an insurrectionist and terrorist.

If you believe an infant in a woman's womb after three months with a developed brain and awareness should be afforded protection from being destroyed. If you feel that according to your religious beliefs that this life should be protected and preserved, then according to Joe, you may be an insurrectionist and terrorist.

If you believe that your vote should count and those voting should be identified as being a US citizen. If you feel the trusted process was subverted to allow unverified ballots to be cast, you want the system to be changed to ensure it is trustworthy and has the confidence of all the population, then according to Joe, you may be an insurrectionist and terrorist.

If you believe there are only two sexes, and the schools should not be allowed to brainwash your child with the progressive indoctrination of Critical Race Theory. If you feel that it is your responsibility as a parent to teach your children the morals, values, beliefs and not the politically motivated activist teachers, then according to Joe, you may be an insurrectionist and terrorist.

If you believe that the lives and rights of all people matter equally, no matter what race, sex, or creed. If you believe that the government should follow our Constitution and make no laws or policies that favor one group or race over the other, then according to Joe, you may be an insurrectionist and terrorist. And in fact, he and his followers may view you as a white supremacist even if you are colored!

If you agree to any of the above, then according to Joe Biden and his progressive Democrats, he can label you as an insurrectionist and domestic terrorist. He now has ability to send his DOJ to do whatever they please to you as you are a threat to the government. Welcome to the new America under Joe Biden with its rampant inflation, overt racism, and authoritarian rule. Resist, fight back and vote Republican this fall. Save our beloved America with the protections and rights our founders put in place in our US Constitution after their insurrection of 1776.

MARK ROBILLARD
SPENCER

A new fall hunting season comes roaring in



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The fall weather came roaring in like a lion last week, and started a whole new hunting and fishing season for area sportsmen. The Uxbridge Rod & Gun Club started their annual pheasant season last weekend, despite heavy foliage, and less than ideal hunting conditions. The cool weather that had moved in was the only good thing that provide some relief for a change in outdoor activities, and for man's best friend. This week's picture shows some of the Uxbridge Rod & Gun Club members and their hunting dogs, ready to go on the first pheasant hunt of the season last Saturday. The state pheasant hunting season opens Oct. 15 this year.

Saltwater fishing continues to provide some great fishing for stripers, tautog, Albies and seabass, until the heavy winds moved in this past Sunday. The wind was still blowing 20 to 25 knots for the last few days, keeping many boats at the dock. Many of the larger charter boats are suffering a lack of business this year due to economy, and with the heavy winds of this week, it continues to keep the boats at port. Hopefully, the winds will have slowed by the time you read this column.

On Oct. 8, the Tautog "Togzilla" fish derby will be held to benefit the "Veterans in Crisis" again this year. Go

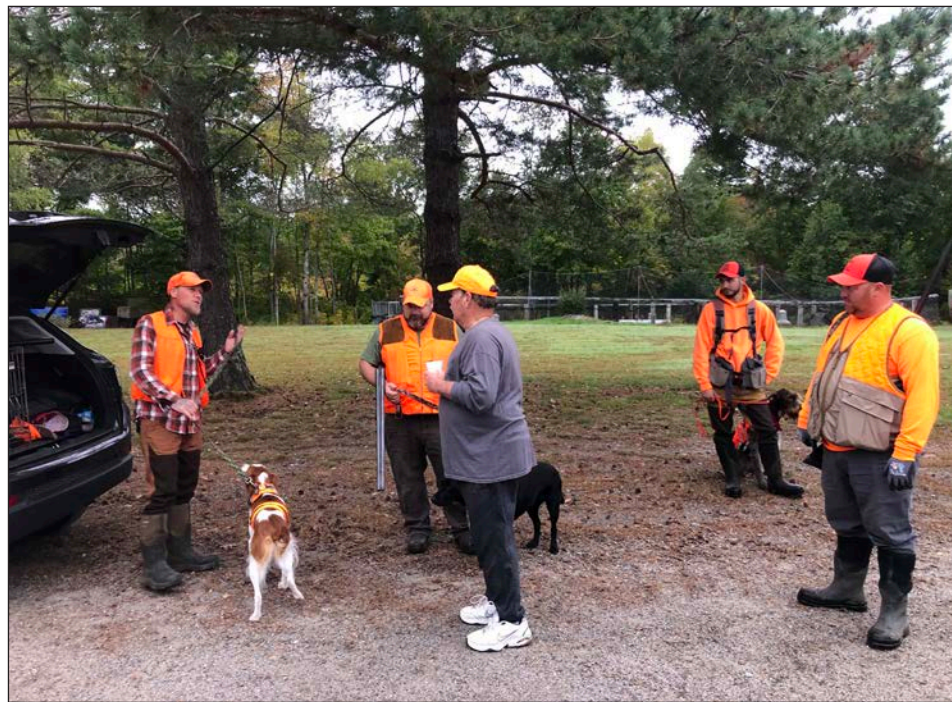


Photo Courtesy

This week's picture shows a group of bird hunters at the Uxbridge Rod & Gun Club, during last Saturday's opening day.

to "Fishnet Charters" Web site for all the information on this worthwhile fishing derby. Cash prizes and more will be awarded with special prizes for anglers under 12 years old.

The state of Mass. Fish & Wildlife has been stocking some of the local ponds and lakes with some impressive rainbow trout last week, and will continue to stock more areas in the coming days. It did not take long for the water temperature to drop significantly,

making the waters suitable for trout stockings. A report by Mass. officials that they were not going to stock Pratt pond this fall because of low oxygen and warm water, was a disappointment to many trout anglers. Pratt pond is an extremely shallow pond, making it unsuitable for stocking this fall.

The Cape ponds are also being stocked with some impressive trout, and should provide anglers with some great fishing, with uncrowded conditions like

it is in the spring. Many trout fishing anglers have changed over to saltwater fishing and hunting activities this time of year, making trout fishing even more enjoyable.

The Uxbridge Rod & Gun Club will be stocking trout this week for their members. The early stocking will be open to members only.

The fall turkey season opened this past Monday in Mass., and with all of the sightings of turkey flocks the past few weeks, there should be no shortage of birds to hunt. A tom or hen can be harvested in the fall in Mass. but calling in a bird for a shot, will not work as it does during the spring mating season. Finding a flock of birds and watching their daily feeding patterns can help you set up your plan to intercept them for a good shot.

Archery season in Mass. opens on Oct. 3 in Zones 10 - 14 and Oct. 17 for zones 1-9. Setting up your tree stand or ground blinds early can have you ready for opening day. Reports by archers that have scouted their hunting areas and set their stands in early should be an indication that the deer harvest will again surpass the gunning season. A record harvest of deer overall is expected again this year. The acorn crop is still fairly good again this year, but they are much smaller in size because of the drought conditions.

Be sure to acquire landowner permission when hunting private property, and be sure to share some of your wild game that you harvest with them.

Take A Kid Fishing & Keep Them Rods Bending!

EDITORIAL

continued from page A8

or blush. Blushing is the result of the release of adrenaline.

If someone is being truthful with you, they will typically shake their head in unison and in agreement with what they are telling you. However, the opposite is also true. If a person is shaking their head in disagreement with what they are saying, likely you are being lied to.

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Wire Village students get a 'High Five' from community



SPENCER – After a two-year break due to the pandemic, a beloved tradition has returned to the school community this fall.

On Sept. 30, students from Wire Village School welcomed community guests for High Five Friday. Guests included student-athletes from David Prouty High School, as well as representation from the Spencer Police Department.

The tradition has long been a favorite opportunity for Spencer-East Brookfield Regional School District students of all ages to connect.

Photos Courtesy

Wire Village School, David Prouty High School, and the Spencer Police Department teamed up last week for the latest edition of High Five Friday.

Spencer Police Association holds second annual golf tournament

SPENCER – On Sept. 24, the Spencer Police Association held its second annual golf tournament at Quail Hollow Golf and Country Club in Oakham.

The tournament helps fund the association's annual holiday party for local

children, multiple high school scholarships, and other community events.

"We want to thank all our sponsors, volunteers, as well as the golfers. It was a great time had by all," read a statement released by the association.



Photo Courtesy

The Spencer Police Association recently held its second annual golf tournament.

TRUST Your Neighbors



1. Make formal introductions, get to know your neighbors.
2. Get out there, Participate
3. Build a community network
4. Assist those who need extra care
5. Keep promises, Try your best to keep your word
6. Manage confrontations, If a problem should arise try your best to handle it tactfully
7. Pool resources. Sharing resources can save money and build a sense of community
8. Be a neighbors' eyes and ears, just keeping an eye out for your neighbors can be a help.
9. Organize a community project, neighbors worked together for the community's greater good
10. Act responsibly, When neighbors have good boundaries, are respectful and considerate, and offer assistance to one another, it creates a lot of good will and trust and long-term, close relationships can grow,

StonebridgePress.com

Knights of Columbus hosting spaghetti dinner

WEST BROOKFIELD – Knights of Columbus Council 11080 is having a Spaghetti Dinner on Saturday, Oct. 15, in Dugan Hall, Sacred Heart Church, 10 Milk St., West Brookfield. Proceeds from this event will benefit charities that the Council supports.

Dinner includes pasta fagioli, garden salad,

meatballs & sausage, spaghetti & sauce, bread, dessert, water, soda, and coffee. Cost is only a \$10 donation and \$8 for children under 12 years old. Take-out is available at 5:30 p.m. and sit-down dinner is served at 6 p.m. Admission tickets are also good for entry for a special door prize! Raffle tickets for a 50/50

Raffle and more will be available! Advance ticket purchase is encouraged and appreciated! Tickets are available from any Knight or by calling 413-813-8100, or by emailing wallyconnor122@gmail.com. Tickets will only be available at the door while they last!

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OCTOBER SPECIALS

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2 Lg. Cheese Pizzas \$19.99

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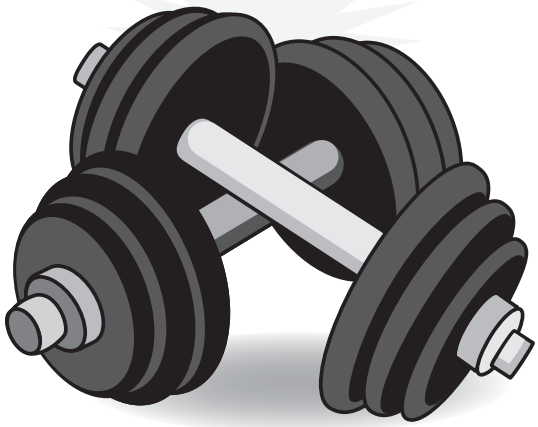
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¹DETAILS OF OFFER: Offer expires 10/31/2022. Not valid with other offers or prior purchases. Get \$325 off each window and \$700 off each entry/patio door and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or entry/patio doors between 10/1/2022 and 10/31/2022. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender, or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "ENERGY STAR" is a registered trademark of the U.S. Environmental Protection Agency. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2022 Andersen Corporation. All rights reserved. ©2022 Lead Surge LLC. All rights reserved. ¹Review aggregator survey of 5-star reviews among leading full service window replacement companies. December 2020 Reputation.com.

Reblooming poinsettias and Christmas Cactus



Photo Melinda Myers

The colorful parts of the poinsettia are the bracts and the knobby yellow growths that appear in the center are the flowers.

Gardeners like a challenge and the sense of accomplishment when trying something new. Forcing poinsettias and

Christmas cactus to rebloom provides such an opportunity.

These plants need 14 hours of uninterrupted darkness each night to set flowers for the winter holidays. Starting between late September and Oct. 1, cover or move your plants into a dark location each night. Shield them from any outdoor, street or reading lights that can delay or prevent flowering.

Uncover or move your plants back to a brightly lit location each morning. Growing the plants in a cooler location, especially at night, and keeping the soil slightly drier will help stimulate bloom. Some experts believe this is all that is needed to rebloom Christmas cactus. A combination of the two treatments seems to give the best results.

The colorful parts of the poinsettia are the bracts, often called the flowers. These are leaves that turn color after the dark treatment. The true poinsettia flower is the knobby yellow growth that appears in the center of the colorful bracts at the tip of stem.

Continue the dark treatment until the poinsettia bracts are fully colored



GARDEN MOMENTS

MELINDA MYERS

or your Christmas cactus is covered with well-developed buds. Move the flowering plants to a cool, bright location free of hot and cold drafts. Continue to water thoroughly and often enough to keep the soil slightly moist while the plants are flowering. This is especially important to prevent bud and flower drop on Christmas cactus.

Consistently providing the required dark period is key to having flowers for the holidays. Each missed or interrupted 14-hour night delays blooming by one day. There is no need to give up after a couple of interrupted nights. Just enjoy the event when your poinsettia does bloom. Their colorful bracts are sure to brighten any winter day.

If your poinsettia fails to flower, you can still enjoy your plant this winter. Just add some faux poinsettia blooms, berry sprays or other floral décor. No one needs to know this wasn't the plan all along.

Don't be surprised if flowers appear on your Christmas cactus at Thanksgiving. Although sold as a Christmas cactus, it may truly be a

Thanksgiving cactus or a hybrid of the two. The true Christmas cactus has small segments with smooth edges and blooms later than the Thanksgiving cactus with toothed or jagged segments.

Fortunately, the Christmas and Thanksgiving cactus' growing requirements and care are basically the same. The plants will do fine; they just bloom during different holidays. Both are native to the tropical rain forests, not the desert, as their common name implies. They both prefer bright light, high humidity, and a thorough watering when the top few inches of soil begin to dry when they are actively growing.

Enjoy the experience as well as the results. As with any gardening endeavor, the fun is in trying something new.

Melinda Myers has written more than 20 gardening books, including the recently released *Midwest Gardener's Handbook, 2nd Edition* and *Small Space Gardening*. She hosts *The Great Courses "How to Grow Anything"* instant video and DVD series and the nationally syndicated *Melinda's Garden Moment TV & radio* program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and her Web site is www.MelindaMyers.com.

Nichols College opens fall artist showcase with gas and glass sculptures by Mundy Hepburn

DUDLEY — Nichols College opens its fall artist showcase with large glass and gas sculptures by Mundy Hepburn, an American artist and nephew of the late actress Katherine Hepburn, on Thursday, Sept. 29 at 6 p.m. in the college's library.

Hepburn shapes large blown glass sculptures and fills them with gases such as xenon and neon creating static electricity. A pioneer in this art form for more than 30 years, he

combines technology with art to create a new breed of moving, living art.

A resident of Old Saybrook, Conn., Hepburn has exhibited his work in solo and group shows throughout New England, as well as in permanent installations in New York, Connecticut, California, and Japan. A grand and colorful sculpture has also been permanently installed on the ceiling of the Nichols College library, in the newly ren-

ovated location of the Academic Center for Excellence and Support.

The artist showcase series was launched in fall 2021 by Marla Sulmasy, wife of the college's president Glenn M. Sulmasy, JD, LL.M. New exhibitions are introduced each semester to engage students and the Nichols community in an appreciation for all that art brings to culture, leadership, experience, and higher education.

Leicester FD hiring on-call firefighters

LEICESTER — The Leicester Fire Department invites local residents to explore opportunities to become on-call firefighters.

The LFD is now hiring paid on-call firefighters, who respond to emergency incidents when the call is paged out. Responses include fires, medical emergencies, hazmat situations, and natural disasters, among others.

"The town of Leicester depends on its call firefighting force to staff three stations and nine pieces of fire apparatus," read a statement released by the department.

On-call firefighters receive compensation for their time at incidents and trainings. As an on-call firefighter, employees are able to respond to incidents when they are available; attend scheduled trainings; and learn to operate a range of fire equipment and gear.

When ready, recruits will attend a call firefighter certification program

sponsored by the Massachusetts Fire Academy. This program runs on nights and weekends.

Fire officials listed several benefits to serving as an on-call firefighter, including helping to protect your community; building camaraderie and friendship; learning new skills; building your resume; and enjoying a flexible schedule.

On-call service also provides great opportunities for career growth, officials said.

If you would like to apply to become an on-call firefighter, fill out an application at www.leicesterma.org/leicester-fire-department.

You can drop off or mail your application to Leicester Fire Department headquarters, 3 Paxton St., Leicester, MA, 01524. You can also email your application to mdupuis@leicesterfireems.org.

If you have questions about the process, call 508-892-7022.

Spencer police seeking full-time officer

SPENCER — The Spencer Police Department is seeking qualified applicants for the position of full-time police officer.

Applicants must be at least 21 years of age and possess a high school diploma or equivalent. In addition, candidates must possess a valid

Massachusetts driver's license and an active Massachusetts firearms license.

Lastly, applicants must have successfully completed a Massachusetts Police Training Committee Academy for full-time police officers and be currently certified by the Peace Officer Standards and Training

Commission (POST).

"The Town of Spencer offers a very competitive salary and benefits package to include full Quinn Bill benefits, longevity, shift differential, as well as a competitive time off package for all new officers who qualify in accordance with the current CBA," read a statement

released by the department.

Qualified individuals are asked to submit an application (which can be found at www.spencerma.gov), as well as a resume.

Please submit your materials by Oct. 28.

Your application and resume should be sent to: Chief

David Darrin, Spencer Police Department, 9 West Main St., Spencer, MA 01562.

You may also submit your materials via email to ddarrin@spencerma.gov.

www.StonebridgePress.com

LEGALS

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Gloria A. Latino to Mortgage Electronic Registration Systems, Inc., as nominee for NewRez LLC, dated March 10, 2021 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 64729, Page 309, of which mortgage the undersigned is the present holder, by assignment from:

Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for NewRez LLC, its successors and assigns to NewRez LLC d/b/a Shellpoint Mortgage Servicing, recorded on February 16, 2022, in Book No. 67129, at Page 34

for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 11:00 AM on October 28, 2022, on the mortgaged premises located at 13 Temple Street, Spencer, Worcester County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT: THE FOLLOWING PROPERTY SITUATED IN THE COUNTY OF WORCESTER, STATE OF MASSACHUSETTS, AND DESCRIBED AS FOLLOWS: BEGINNING AT THE SOUTHWEST CORNER THEREOF AT THE INTERSECTION OF THE EAST LINE OF TEMPLE STREET WITH THE NORTH LINE OF CHURCH STREET; THENCE NORTHERLY BY THE EAST LINE

OF SAID TEMPLE STREET ABOUT 49 1/2 FEET; THENCE EASTERLY BY A LINE PASSING MIDWAY BETWEEN THE MAIN PART OF THE DWELLING OF THE GRANTOR AND THE DWELLING ON THE NORTH OWNED BY GEORGE LAMOUREUX 45 1/2 FEET; THENCE NORTHERLY ABOUT 13 FEET TO LAND OF SAID LAMOUREUX AT A POINT 6 FEET EASTERLY OF THE EAST FACE OF HIS DWELLING, THE FOREGOING COURSES BEING BY LAND RECENTLY CONVEYED BY CANTARA TO SAID LAMOUREUX; THENCE EASTERLY ABOUT 18 6/10 FEET BY LAND OF LAMOUREUX; THENCE SOUTHERLY 62 FEET BY LAND FORMERLY OF EDWARD DUPLIN, OTHERWISE CALLED EDWARD DESPLAINES TO SAID CHURCH STREET; THENCE WESTERLY BY THE NORTH LINE OF SAID CHURCH STREET ABOUT 65 2/12 FEET TO THE PLACE OF BEGINNING.

For mortgagor's(s') title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 59553, Page 73.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having prior-

ity over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

NEWREZ LLC D/B/A SHELLPOINT MORTGAGE SERVICING Present holder of said mortgage By its Attorneys, HARMON LAW OFFICES, P.C. 150 California St. Newton, MA 02458 (617)558-0500 21459 October 7, 2022 October 14, 2022 October 21, 2022

Commonwealth of Massachusetts The Trial Court Probate and Family Court

Worcester Division Docket No. WO22P3258EA

Estate of: Duane A. Day, Sr. Date of Death: February 1, 2022 INFORMAL PROBATE PUBLICATION NOTICE

To all persons interested in the above-captioned estate by Petition of Petitioner Duane A. Day, Jr. of Oxford MA

a Will has been admitted to informal probate.

Duane A. Day, Jr. of Oxford MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

October 7, 2022

OBITUARIES

Donald J. Clough, 86

SPENCER- Donald J. Clough, 86, of Crestview Dr., died Thursday, Sept. 29 in St. Vincent Hospital, Worcester after a brief illness.



He leaves his wife of 55 years, Joanne E. (Demers) Clough, his son; Scott J. Clough, MD and his wife Megan of Hampden, ME, and his daughter; Jennifer S. Bott and her husband George of Worcester, a brother; Robert Clough of Las Vegas, and a sister; Nancy Delisle of Naples, FL., five grandchildren; Tate, Sophie, Logan, Greyson and Austin, several nieces and nephews. He is predeceased by a brother; Paul Clough.

Don was a life insurance underwriter for State Mutual Life Assurance Co. in Worcester for 34 years, retiring in 1997.

He was born in Worcester, the son of Paul and Beatrice (Lussier) Clough

and later graduated from David Prouty High School, Spencer in 1953 and Clark University in 1964. He served his country with the U.S. Air Force.

Don was a member of Mary, Queen of the Rosary Parish where he served on the parish council, was chairman of the Bishop's Fund for several years and a lecturer in church.

He was a former trustee and coporator of Cornerstone Bank and a long-time member of the former Knights of Columbus Council 118 in Spencer. He was a Board of Assessors member for the town of Spencer for many years.

His funeral will be held on Saturday, Oct 8th. form the J.HENRI MORIN & SON FUNERAL HOME, 23 Maple Terr., Spencer with a funeral Mass at 11 a.m. in Our Lady of the Rosary Church, 7 Church St., Spencer. Burial will follow in Worcester County Memorial Park, Paxton. A calling hour will precede the service on Saturday from 9:30 to 10:30 a.m. Memorial donations may be made to: Alzheimer's Foundation of America (alzfdn.org)

www.morinfuneralhomes.com

Keith W. Mattei, 52

LEICESTER; Keith W. Mattei, 52, died Tuesday at UMass Lake Ave., Worcester. With deepest sorrow, the family announces, "Keith was tragically taken from us on Tuesday, September 27, 2022 as a result of injuries sustained from a motorcycle accident."



Keith was the son of Richard and Deborah (Jones) Mattei. Keith was born and raised in the town of Leicester, MA and raised his own family in East Brookfield MA. Keith was truly the heart and soul of his family and was loved by all.

Keith graduated from Holy Name CCHS and Worcester State College. He has been serving as a correction office for the MA Department of corrections for the past 16 years. Keith had a personality that was larger than life and knew how to enjoy each day to the fullest. Keith had many passions in his life to include riding his motorcycle, snowmobiling in Rangeley Maine, water-skiing, golfing and spending time with his large circle of family and friends. Whether you had the privilege to spend a lot of time with Keith or simply met him in passing, he would have considered you a lifelong friend. Keith was a person who was dedicated to everyone he knew, a man who would do anything for anyone no matter what the request or time of day.

He is survived by his parents Richard and Deborah Mattei of Madison NH, 2 daughters Savannah (Mattei) Mullins and her husband Sean Mullins of Honesdale PA, Gianna Mattei of Spencer, MA, step-sons Jacob Cardinal and his wife Gabrielle of Worcester, MA, Ryan Nolan of Oxford, MA and their mother Melissa (Arselin) Mattei, 2 brothers Christopher Mattei and his wife Michelle (Rajotte) Mattei of Center Conway, NH and Sean Mattei and his wife Kim (Augusto) Mattei of Cherry Valley, MA, Grandson Jack Mullins and granddaughter Rosalie Mullins of Honesdale, PA, grandson Julian Cardinal of Worcester, MA, girlfriend Kristen Franson and her son Cole Dyer of Leicester, MA and many cousins, nieces, and nephews.

The family would like to thank the staff, nurses and doctors in the Trauma Center at UMASS Lake Ave. Hospital for their amazing care, compassion and professionalism.

In lieu of flowers contributions in Keith's name may be made to UMass Memorial Health, c/o Trauma Center, 55 Lake Avenue North, Worcester, MA 01655

Memorial calling hours were held at MORIN FUNERAL HOME, 1131 Main St., Leicester, MA 01524 on Saturday October 1, 2022 from 1-4pm.

At the family's request no other services are planned.

www.morinfuneralhomes.com

Marie "Re" G. (Dixon) Kiefer 75

Marie "Re" G. (Dixon) Kiefer 75, of Spencer, returned Home on May 7th, 2022. She is survived by her daughter Jessica Dixon, son Gordon Kiefer (daughter n law Rose), and grandson Tylor Kiefer all of Spencer; And a great-grandson, Xavier Kiefer of North Brookfield. She was predeceased by her daughter Tina M. Kiefer in 1969.



Born in Worcester, she was the youngest child of Chauncey and Grace (Rogers) Dixon and was the last of her siblings to return Home. She was an incredibly hard worker. Between raising her children on her own, she worked in a carnival, catering, and housekeeping. Her last job was at George Saad & Sons where she worked exceptionally hard as a machinist for 25 years. She was a private woman who really enjoyed having time to herself. She could often be found at home with a good book and a cup of coffee. An avid reader, some of her favorites were sci-fi, fantasy, and mystery novels. She also enjoyed card games, her tablet, art, flowers (especially lilacs), gardening, puzzles and being with those she

loved. She was a fearless and protective mother and would do anything for us. Besides being one hell of a mom and friend, she had the best sense of humor and was one of the kindest people that ever walked here. Those who truly knew Marie are very blessed people. Her family would like to thank her primary care physician, Dr. Gayatrivedi R. Ika, who went far above and beyond for her. The nurses (especially Marlene and Christina) from Jewish Home Care and Hospice. They provided her and her family with outstanding kindness and compassion. Elizabeth Sargent, for her help, love, and endless humor. Dr. Andrew Karson and Dr. Elizabeth Douglas at Umass Memorial, for treating us like we matter. And a huge thank you to Marie's Hospice Social Worker, Kate Allain, who worked hard to provide her daughter Jess with an immense amount of much-needed support through bereavement. We were very fortunate to have Kate come into our lives. At her request, there are no services. In lieu of flowers, please consider donating in Marie's name to the Spencer EMS or https://k9sforwarriors.org/

Thank you for the incredible memories you left me - and for your unconditional love. "Wherever you go, I go. Always"

Lois A. (Letourneau) Largess, 74

LEICESTER- Lois A. (Letourneau) Largess, 74, of Leicester, passed away peacefully in her home on Thursday, Sept. 29th surrounded by her loving family.



She leaves her husband of 43 years, Raymond C. Largess, her daughters; Karen Chickering-Petrello of Quinebaug, CT., Gina Gilbert and her husband James of Blackstone, Laurie Largess and Amy Largess both of Leicester, a brother Raymond Letourneau and his wife Lyn of Danville, VT and a sister Patricia Foy and her husband Robert of Dudley, 9 grandchildren and 4 great grandchildren. She was predeceased by her son, Andrew Largess.

She was born in Webster, the daughter of Armand E. and Antoinette

(Marks) Letourneau and later graduated from Bartlett High in Webster. She was a longtime member of the former Leicester Federated Church, Leicester.

Lois was a baker for 17 years at The Brookfield Orchards prior to retiring in 2012. Her apple pies and apple dumplings were enjoyed by many. She also loved gardening and shopping.

Calling hours were held on Monday, Oct. 3rd. from 5 to 7 p.m. in the MORIN FUNERAL HOME, 1131 Main St., Leicester. Burial will be private in Worcester County Memorial Park. In lieu of flowers, contributions may be made to Second Chance Animal Services, P.O. Box 136 E. Brookfield, MA 01515.

www.morinfuneralhomes.com

POLICE REPORTS

Spencer Police

WEDNESDAY, SEPTEMBER 21

12:49-1:42 a.m.: buildings checked, secure; 3:51 a.m.: medical/general (Lincoln Street); 4:28 a.m.: building checked, secure; 5:24 a.m.: suspicious persons (Church Street), re: knocking on door; 9:12 a.m.: officer wanted (Maple Street), assist/mv blocking road; 9:24 a.m.: residential alarm (G.H. Wilson Road), services rendered; 10:06 a.m.: medical/general (Greenville Street); 12:43 p.m.: officer wanted (West Main Street), spoken to; 1:00 p.m.: lost/found (McCormick Road), found jewelry; 2:43 p.m.: fire alarm (Main Street), referred; 4:00 p.m.: juvenile matter (Main Street), info taken; 4:03 p.m.: 911 call (Hastings Road) non-emergency; 4:44 p.m.: officer wanted (Maple Street), rep. mv stolen; 4:45 p.m.: juvenile matter (Wall Street), kids on bikes w/bb gun; 5:12 p.m.: LTC issued (West Main Street), assisted; 6:46 p.m.: mv

complaint (Smithville Cross Road), mcs racing; 6:47 p.m.: commercial alarm (West Main Street), services rendered; 6:58 p.m.: building checked, secure; 7:30 p.m.: nature of incident redacted from police log, North Spencer Road; 10:13 p.m.: animal complaint (South Spencer Road), re: dead cat; 10:34 p.m.: mutual aid (West Main Street), Leicester PD bolo/stolen mc; 10:39 p.m.: medical/general (Old Farm Road); (total daily mv stops - 0).

THURSDAY, SEPTEMBER 22

1:21-2:16 a.m.: buildings checked, secure; 5:07 a.m.: DPW call (Wilson Avenue), tree on wires; 7:44 a.m.: medical/general (Pleasant Street); 8:30 a.m.: fire (North Spencer Road), referred; 8:39 a.m.: commercial alarm (West Main Street), services rendered; 8:47 a.m.: medical/general (Maple Street); 9:10 a.m.: accident (Main Street), hit/run; 9:16 a.m.: abandoned 911 call (East Charlton Road), accidental; 10:54 a.m.: fire (South Spencer

Road), referred; 11:24 a.m.: animal complaint (Lakeview Drive), missing dog; 11:57 a.m.: mv complaint (Main Street), erratic operator; 12:05 p.m.: parking complaint (Mechanic Street), services rendered; 12:48 p.m.: fraud (Pleasant Street), re: scam call; 2:19 p.m.: officer wanted (Maple Street), re: items in mv; 2:33 p.m.: vandalism (Marble Road), nails/screws in tires; 3:18 p.m.: LTC issued (West Main Street), assisted; 3:47 p.m.: fraud (Bay Path Road), FB messenger scam; 4:22 p.m.: fire alarm (Main Street), referred; 5:02 p.m.: officer wanted (Borkum Road), spoken to; 6:49 p.m.: juvenile matter (Bixby Road), unwanted parties; (total daily mv stops - 0).

FRIDAY, SEPTEMBER 23

1:55-2:57 a.m.: buildings checked, secure; 2:20 a.m.: mv lockout (Main Street), services rendered; 8:09 a.m.: commercial alarm (Main Street), accidental; 8:45 a.m.: elderly matter (Pleasant Street), welfare check; 8:51 a.m.: DPW call (East Charlton Road), tree on wires; 9:29 a.m.: officer wanted (West Main Street), spoken to; 9:31 a.m.: animal complaint (Chestnut Street), has stray dog; 9:54 a.m.: medical/general (Howe Village), lift assist; 10:09 a.m.: officer wanted (West Main Street), LTC change of address; 11:03 a.m.: 911 call (West Main Street), hang-up; 11:24 a.m.: medical/sudden death (Smithville Road); 11:31 a.m.: officer wanted (Chestnut Street), re: parking/moving out; 12:05 p.m.: officer wanted (Main Street), req. VIN certification; 12:25 p.m.: fire alarm (Main Street), referred; 4:08 p.m.: mutual aid (Church Street), Tri Valley req. welfare check; 4:19 p.m.: mv complaint (Route 49), erratic operator; 4:34 p.m.: abandoned 911 call (West Main Street), resolved; 4:58 p.m.: mv stop (North Spencer Road), Rachel L. Klett, 26, 166 Britney Drive, Holden, OUI liquor; negligent operation, marked lanes violation,

arrest; 5:32 p.m.: medical/general (Pleasant Street); 5:34 p.m.: mv complaint (Water Street), poss. road rage; 6:41 p.m.: fire/woods/grass (Main Street), poss. illegal burn; 7:45 p.m.: officer wanted (Main Street), poss. minor accident; 7:46 p.m.: animal complaint (Irving Street), found dog; 9:34 p.m.: disabled mv (Main Street), services rendered; 10:06 p.m.: fire alarm (Mechanic Street), referred; 11:29 p.m.: fire alarm (Howe Village), referred; (total daily mv stops - 3).

SATURDAY, SEPTEMBER 24

12:25 a.m.: suspicious mv (Paxton Road), investigated; 12:39-1:24 a.m.: buildings checked, secure; 8:28 a.m.: suspicious persons (Main Street), investigated; 8:51 a.m.: medical/general (Howe Village); 9:17 a.m.: residential alarm (North Spencer Road), accidental; 9:53 a.m.: medical/sudden death (Kingsbury Road); 10:00 a.m.: medical/general (Main Street); 10:22 a.m.: suspicious persons (Main Street), investigated; 10:27 a.m.: medical/general (G.H. Wilson Road); 11:38 a.m.: parking complaint (Paxton Road), pkg. both sides of road; 12:41 p.m.: animal complaint (West Main Street), ret. dog; 1:03 p.m.: officer wanted (Main Street), tx backed up; 1:24 p.m.: medical/general (Crestview Drive); 1:28 p.m.: 911 call (West Main Street), OnStar crash msg.; 1:45 p.m.: fraud (Mechanic Street), re: c/c fraud; 2:07 p.m.: mv stop (Thompson Pond Road), Kyle E. Jorge, 27, 7 A Street, Douglas, OUI liquor, negligent operation, marked lanes violation, arrest; 2:43 p.m.: accident (North Spencer Road), report taken; 4:30 p.m.: disturbance (Elm Street), re: restraining order; 4:59 p.m.: mv larceny (Greenville Street), wallet stolen from mv; 5:09 p.m.: abandoned 911 call (Route 49), open line; 5:25 p.m.: fire alarm (Wm. Casey Road), referred; 5:31 p.m.: parking violation (Chestnut

Street), ticket issued; 7:34 p.m.: juvenile matter (East Charlton Road), services rendered; 7:54 p.m.: abandoned 911 call (McCormick Road), hang-up; 8:15 p.m.: medical/general (Cherry Street); 9:33 p.m.: officer wanted (Howe Village), re: daughter; 10:30 p.m.: abandoned 911 call (Chestnut Street), hang-up; 10:37 p.m.: medical/general (Lloyd Dyer Drive); 10:43 p.m.: medical/general (Chestnut Street); 10:48 p.m.: fire alarm (Maple Street), referred; (total daily mv stops - 1).

SUNDAY, SEPTEMBER 25

1:08-1:48 a.m.: buildings checked, secure; 5:15 a.m.: medical/general (Church Street); 9:26 a.m.: medical/general (Bixby Road); 10:41 a.m.: parking violation (Mechanic Street), ticket issued; 10:54 a.m.: disabled mv (Meadow Road), assisted; 1:00 p.m.: animal complaint (Charlton Road), found dog; 1:06 p.m.: medical/general (Treadwell Drive); 1:15 p.m.: fire alarm (Mechanic Street), referred; 1:17 p.m.: parking violation (Mechanic Street), ticket issued; 1:18 p.m.: 911 call (Paxton Road), hang-up; 1:31 p.m.: building checked, secure; 2:06 p.m.: mv larceny (Greenville Street), rear window smashed; 2:07 p.m.: mv complaint (Bond Street), services rendered; 3:36 p.m.: disturbance (Northwest Road), re: custody dispute; 4:06 p.m.: medical/general (Valley Street); 4:52 p.m.: officer wanted (Thompson Pond Road), kids in water; 5:37 p.m.: fire alarm (Mechanic Street), referred; 6:10 p.m.: mv repossessed (Chickering Road), info taken; 7:53 p.m.: officer wanted (Chestnut Street), illegal trash dumping; 8:00 p.m.: officer wanted (West Main Street), rep. blackmail; 8:33 p.m.: suspicious mv (West Main Street), investigated; 8:44 p.m.: disturbance (Marble Road), rep. of earlier assault;

Turn To POLICE page A15

In loving memory of our precious daughter and sister

Lisa Burke
October 11, 2005 - October 11, 2022
17th Anniversary

No longer in our lives to share
But in our hearts you're forever there
A smiling face - a heart of gold
One of the best the world could hold
Always gentle, loving and kind
What a beautiful memory to leave behind
No verse can say - no wealth repay
We loved you then - we love you still
And to forget - we never will

Loved and Missed
Mom, Chris, Andrea, Sean & Paige

POLICE

continued from page 1

9:48 p.m.: officer wanted (West Main Street), fem. caller/scared; 10:08 p.m.: accident (Pleasant Street), report taken; (total daily mv stops - 1).

MONDAY, SEPTEMBER 26

12:13-2:31 a.m.: buildings checked, secure; 12:27 a.m.: suspicious mv (West Main Street), investigated; 12:42 a.m.: suspicious mv (Main Street), investigated; 6:20 a.m.: medical/general (Main Street); 10:17 a.m.: medical/general (Church Street); 10:50 a.m.: officer wanted (Paxton Road), services rendered; 10:54 a.m.: officer wanted (West Main Street), inquiry re: COVID; 10:56 a.m.: mv complaint (Pleasant Street), t/t clipping wires; 12:52 p.m.: disturbance (Bixby Road), neighbor issues; 12:55 p.m.: medical/general (West Main Street); 1:04 p.m.: mv complaint (Main Street), erratic operator; 1:17 p.m.: suspicious persons (Main Street), investigated; 1:47 p.m.: accident (Main Street), rep. previous accident; 2:30 p.m.: suspicious persons (West Main Street), unwanted party in store; 2:59 p.m.: entire incident, including location, redacted from police log; 3:03 p.m.: medical/general (Grove Street); 3:35 p.m.: disturbance (Cedar Road), issue w/neighbor; 4:37 p.m.: medical/general (Brown Street); 5:32 p.m.: officer wanted (West Main Street), spoken to; 5:40 p.m.: mv stop (Main Street), Patrick B. Carroll, 45, 19 McDonald Street, Spencer, OUI liquor, op w/suspended license, negligent operation, failure to stop for police, marked lanes violation, speeding, arrest; 6:06 p.m.: school alarm (Ash Street), services

rendered; 6:45 p.m.: medical/general (Bixby Road); 7:12 p.m.: juvenile matter (West Main Street), re: issues between kids at school; 9:00 p.m.: suspicious persons (Briarcliff Lane), info taken; 9:09 p.m.: abandoned 911 call (Cherry Street), open line; 9:34 p.m.: building checked, secure; 9:43 p.m.: medical/general (Cooney Road), lift assist; 10:22 p.m.: building checked, secure; 10:40 p.m.: officer wanted (West Main Street), LTC change of address; (total daily mv stops - 1).

TUESDAY, SEPTEMBER 27

1:33-3:10 a.m.: buildings checked, secure; 1:57 a.m.: suspicious mv (Main Street), investigated; 5:08 a.m.: medical/general (Northwest Road); 9:08 a.m.: RV complaint (Holmes Street), 4-whlr fled from officer; 11:43 a.m.: officer wanted (Smithville Road), req. escort/retrieve meds; 12:22 p.m.: medical/general (Smithville Road); 1:42 p.m.: officer wanted (West Main Street), re: destroyed license plates; 2:26 p.m.: abandoned 911 call (Mechanic Street), resolved; 2:47 p.m.: DPW call (Paxton Road), tree on wires; 3:19 p.m.: multiple LTC issued/3 (West Main Street), assisted; 3:24 p.m.: vandalism (Smithville Road), damage to truck; 3:39 p.m.: animal complaint (South Spencer Road), loose dog; 3:53 p.m.: harassment prevention order service (Bixby Road); 4:08 p.m.: elderly matter (West Main Street), spoken to; 4:26 p.m.: animal complaint (Briarcliff Lane), barking dog; 5:00 p.m.: mutual aid (West Main Street), Charlton PD bolo/erratic operator; 5:10 p.m.: disabled mv (Olde Main Street), assisted; 5:44 p.m.: fraud (Charlton Road), rep.

identity theft; 6:04 p.m.: medical/general (Wilson Street); 6:08 p.m.: officer wanted (Mechanic Street), rep. harassment/former co-worker; 6:14 p.m.: medical/general (Lincoln Street); 7:30 p.m.: disabled mv (Meadow Road), services rendered; 11:50 p.m.: fire alarm (Mechanic Street), referred; (total daily mv stops - 0).

Leicetsr Police

THURSDAY, SEPTEMBER 22

3:38 a.m.: suspicious mv (Main Street), resolved; 5:59 a.m.: ambulance (Huntoon Memorial Hospital), transported; 11:26 a.m.: ambulance (Huntoon Memorial Hospital), transported; 11:38 a.m.: welfare check (Paxton Street), spoken to; 11:49 a.m.: suspicious activity (Broad Street), name and address redacted from police log, op w/suspended license, uninsured mv, op w/suspended registration, criminal application issued; 1:34 p.m.: ambulance (Huntoon Memorial Highway), transported; 4:06 p.m.: ambulance (Park Lane), transported; 6:33 p.m.: investigation (Pleasant Street), report taken; 8:22 p.m.: debris in road (Wesley Drive), removed; 9:33 p.m.: ambulance (Deer Pond Road), transported; 9:42 p.m.: disturbance (Soojians Drive), investigated.

FRIDAY, SEPTEMBER 23

1:53 a.m.: mv stop (Paxton Street), written warning; 2:16 a.m.: mv stop (Stafford Street), spoken to; 3:56 a.m.: mv stop (Soojians Drive), spoken to; 4:25 a.m.: mv stop (Main Street), spoken to; 5:56 a.m.: mv stop (Stafford Street), name and address redacted

from police log, op w/suspended registration, unregistered mv, criminal application issued; 6:35 a.m.: mv stop (Pleasant Street), spoken to; 7:56 a.m.: investigation (Wesley Drive), report taken; 9:34 a.m.: ambulance (Main Street), transported; 9:49 a.m.: debris in road (Pleasant Street), services rendered; 10:03 a.m.: ambulance (Crestwood Road), transported; 10:39 a.m.: welfare check (Paxton Street), resolved; 1:07 p.m.: mv stop (Bunker Hill Road), spoken to; 1:16 p.m.: disabled mv (Pleasant Street), assisted; 1:35 p.m.: disabled mv (Main Street), assisted; 1:37 p.m.: investigation (Soojians Drive), report taken; 2:52 p.m.: trespassing (Soojians Drive), spoken to; 3:49 p.m.: investigation (Stafford Street), report taken; 3:56 p.m.: assist citizen (South Main Street); 4:28 p.m.: harassment (Brookside Drive), assisted; 4:33 p.m.: parking complaint (Sunset Drive), assisted; 6:25 p.m.: ambulance (Marble Street, Worcester), transported; 6:37 p.m.: disturbance (Soojians Drive), gone on arrival; 8:09 p.m.: assist citizen (Main Street); 10:04 p.m.: disabled mv (Main Street), assisted; 10:21 p.m.: animal complaint (Grove Street), referred to ACO; 11:29 p.m.: mv stop (Main Street), verbal warning; 11:40 p.m.: mv stop (Main Street), verbal warning; 11:56 p.m.: mv stop (Main Street), verbal warning.

SATURDAY, SEPTEMBER 24

12:21 a.m.: mv stop (Stafford Street), verbal warning; 12:41 p.m.: assist other PD (South Main Street), services rendered; 2:51 a.m.: mv stop (Main Street), name and address redacted from police log, unlicensed operation, mv

lights violation, arrest; 5:59 a.m.: mv stop (Main Street), verbal warning; 9:49 a.m.: ambulance (Harberton Drive), transported; 10:35 a.m.: assist citizen (Main Street); 2:04 p.m.: disabled mv (South Main Street), unfounded; 2:10 p.m.: welfare check (Chapel Street), assisted; 2:17 p.m.: ambulance (Chapel Street), transported; 4:14 p.m.: erratic operator (Stafford Street), unable to locate; 4:22 p.m.: ambulance (Washburn Square), transported; 5:10 p.m.: ambulance (May Street, Worcester), transported; 5:17 p.m.: welfare check (Paxton Street), report taken; 7:22 p.m.: disturbance (Virginia Drive), unable to locate; 9:18 p.m.: ambulance (Huntoon Memorial Highway), 10:41 a.m.: ambulance (Peter Salem Road), transported; 11:28 p.m.: mv stop (Main Street), spoken to; 11:45 p.m.: welfare check (Main Street), resolved; 11:50 p.m.: mv stop (Main Street), spoken to.

SUNDAY, SEPTEMBER 25

12:18 a.m.: suspicious mv (Craig Street), unable to locate; 12:41 a.m.: mv stop (Main Street), verbal warning; 1:14 a.m.: mv stop (Pleasant Street), verbal warning; 1:35 a.m.: mv stop (Main Street), citation issued; 5:42 a.m.: ambulance (Main Street), transported; 8:10 a.m.: ambulance (Mill Street, Worcester), resolved; 10:41 a.m.: welfare check (Main Street), services rendered; 6:47 p.m.: mv stop (Huntoon Memorial Highway), verbal warning; 7:14 p.m.: mv stop (Pleasant Street), verbal warning; 9:41 p.m.: family problem (Charlton Street), resolved; 9:49 p.m.: ambulance (Huntoon Memorial Highway), transported; 9:58 p.m.: ambulance (Marshall Street), trans-

ported; 11:16 p.m.: mv stop (Main Street), spoken to; 11:52 p.m.: mv stop (Stafford Street), spoken to.

MONDAY, SEPTEMBER 26

12:08 a.m.: mv stop (Stafford Street), Susan M. Derosier, 58, 54 Highridge Road, Worcester, unlicensed operation, arrest; 2:44 a.m.: suspicious person (South Main Street), assisted; 3:04 a.m.: suspicious mv (Main Street), resolved; 7:19 a.m.: assist citizen (South Main Street), resolved; 8:59 a.m.: ambulance (Pleasant Street), transported; 9:20 a.m.: ambulance (Ingram Road), transported; 9:45 a.m.: malicious mischief (Dale Street), report taken; 9:57 a.m.: mv stop (Stafford Street), no action required; 12:55 p.m.: suspicious person (Main Street), resolved; 1:00 p.m.: ambulance (Paxton Street), transported; 1:09 p.m.: erratic operator (Main Street), resolved; 3:29 p.m.: assist citizen (South Main Street); 5:21 p.m.: welfare check (Town Beach Road), resolved; 5:55 p.m.: assault (Mulberry Street), report taken; 5:59 p.m.: disturbance (Pleasant Street), resolved; 6:00 p.m.: assist citizen (Harberton Drive); 7:26 p.m.: mv stop (Main Street), verbal warning.

TUESDAY, SEPTEMBER 27

12:53 a.m.: debris in road (Huntoon Memorial Highway), removed; 4:27 a.m.: debris in road (Henshaw Street), removed; 5:19 a.m.: mv stop (Main Street), verbal warning; 5:40 a.m.: family problem (Chapel Street), resolved; 7:30 a.m.: mv stop (Main Street), spoken to; 8:44 a.m.: mv stop (Stafford Street), citation issued; 8:49 a.m.: commer-

Turn To **POLICE** page **A16**



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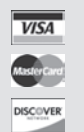
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FOOD DRIVE

continued from page A1

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 Three Rivers Branch: 2060 Main St.
 Examples of non-perishable and non-food items that pantries can use are paper towels, toilet paper, tissues, dia-

pers, and baby wipes; deodorant, soap, toothbrushes, and toothpaste; dry and canned pasta and soups, canned meats, tuna and salmon, peanut butter, jelly, tea bags, and ground coffee; canned vegetables and fruits, hot and cold cereals, rice, cake mixes, pancake mix, syrup, powdered milk, and granulated sugar; canned juices, baby food, baby formula, granola, and cereal bars.
 "The unfortunate reality is that there

are people who still struggle with hunger close to home in our local communities. The Food Drive is a great opportunity for local community members and North Brookfield Savings Bank to work together to make a real difference in our communities by helping our neighbors," said North Brookfield Savings Bank Digital Marketing Strategist Nicole Syriac. "It is always heartwarming to see the kindness and generosity

displayed through this drive by our communities, and we are so grateful for the contributions they make each year."

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MCCORMICK

continued from page A1

views; document reviews; surveys; and classroom visits.

Community stakeholders will then be approached by the school administration for input. Stakeholders include everyone from elected officials to first responders and parent support organizations.

"To develop a plan that truly reflects the priorities of the community, multiple stakeholder groups need to have

input," McCormick said. From April to June of 2023, the district's strategic plan will enter an analysis and reflection phase. During this time, McCormick and his team will analyze the collected data and identify trends and themes.

"This will provide the group a concise snapshot of district priorities and a shared understanding of direction," McCormick said. "After the analysis of information is complete, the team will draft a report of findings to share with key stakeholders. These stakeholders

will then have the opportunity to comment and provide critical feedback to the original report."

The next phase of the process will involve the development of the strategic plan. Officials hope it will be ready by Sept. 2023.

"This plan will specifically outline the work that is to

be done over the next three to five years in the district, all while providing opportunities to assess progress at different points in time," McCormick explained.

POLICE

continued from page A15

cial alarm (Main Street), false alarm; 9:27 a.m.: mv stop (Main Street), spoken to; 9:44 a.m.: ambulance (Pleasant Street), transported; 10:07 a.m.: mv stop (Marshall Street), spoken to; 10:27 a.m.: mv stop (Main Street), Cleriston Andrade Lage, 50, 8 Shrewsbury Green Drive, #H, Shrewsbury, op w/suspended license, arrest; 11:46 a.m.: assist citizen (Auburn Street), resolved; 12:56 p.m.: suspicious mv (Huntoon Memorial Highway), resolved; 2:01 p.m.: assist citizen (Brook Street), resolved; 2:08 p.m.: animal complaint (Auburn Street), referred to ACO; 3:19 p.m.: investigation (Brookside Drive), report taken; 4:05 p.m.: ambulance (White Birch Street), transported; 4:39 p.m.: erratic operator (Paxton Street), unable to locate; 6:56 p.m.: abandoned 911 call (Pleasant Street), resolved.

WEDNESDAY, SEPTEMBER 28

12:05 a.m.: assist citizen (Huntoon Memorial Highway); 12:52 a.m.: family problem (Stafford Street), resolved;

3:36 a.m.: suspicious mv (Main Street), transported to hospital; 7:09 a.m.: hazardous conditions (Mulberry Street), resolved; 7:41 a.m.: erratic operator (Pleasant Street), spoken to; 8:35 a.m.: investigation (Deer Pond Road), report taken; 9:52 a.m.: disturbance (Redfield Road), report taken; 10:39 a.m.: property found (Winslow Avenue), resolved; 11:29 a.m.: ambulance (Main Street), transported; 11:56 a.m.: accident (Mill Street), report taken; 3:59 p.m.: restraining order service (Redfield Road), unable to serve; 4:02 p.m.: welfare check (Huntoon Memorial Highway), unable to locate; 4:11 p.m.: accident (Huntoon Memorial Highway), investigated; 5:48 p.m.: restraining order service (Redfield Road), served; 7:50 p.m.: ambulance (Quinsigamond Avenue), transported; 9:36 p.m.: disabled mv (River Street), services rendered; 10:46 p.m.: welfare check (Chapel Street), services rendered; 11:43 p.m.: mv stop (Stafford Street), spoken to; 11:47 p.m.: mv stop (Huntoon Memorial Highway), spoken to.

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SPORTS

Cougars play strong game, take down Shepherd Hill



From left, Shepherd Hill's Ashley Dickhaut and Quaboag's Serenity Kauppila do battle for possession of the ball.



Quaboag's Asya Osei-Opoku scoops the ball just slightly to be able to lift a pass over the reach of a Shepherd Hill defender.

BY NICK ETHIER
SPORTS EDITOR

DUDLEY — When the Quaboag Regional varsity field hockey team finished off a 4-0 victory over Shepherd Hill Regional on Monday, Sept. 26 at Carmignani Field, head coach John O'Neill was nothing but pleased with his team's performance.

"We moved the ball really well. I was very impressed with our spacing and our positioning," he explained. "We're young, and every game we're growing and getting better and better."

"From an offensive standpoint, we controlled the game," O'Neill added. "Very few flurries got down there, but our I think our defense played really well."

The Cougars scored once in the first quarter, once in the second and twice in the third to account for the 4-0 deci-

sion. Quaboag won the penalty corner exchange, 8-2, and outshot the Rams, 14-4. They improved to 3-3-1 in the process.

"We definitely had our little bump in the road, but we still play a tough schedule," O'Neill said of early losses to Uxbridge High (defending Division 4 State Champions), Quabbin Regional (Division 3 State Tournament participant in 2021) and Doherty High (Division 1 State Tournament participant in 2021).

The Cougars got the scoring started with 8:18 remaining in the opening period. There, Asya Osei-Opoku sent the ball into the circle via a long hit, which teammate Josephine Hescock was able to track down. Hescock's shot then snuck past the pads of Hill goalie Julie Traverso (three saves) and into the back of the cage.

Quaboag took a 2-0 lead into intermission when they scored with 12:43 to play in the second quarter. Isabelle Burgess sprinted down the field with possession of the ball before shooting on net. After Traverso made the save, Hescock followed up the rebound and deposited her shot in.

The game moved to 3-0 and then 4-0 in the third quarter. Just 22 seconds into the period, Kiara Gauthier displayed a phenomenal showing of stick-handling to weave through Ram defenders. Once in the circle a shot was taken, which was saved by newly intersted Shepherd Hill goalie Emma Rizzo (seven saves), but Burgess got the rebound goal. The final goal came with 1:30 remaining in the third, which Gauthier scored.

"Today wasn't our best showing. We've played better, we've played hard, we've been in it more," said Rams' head coach Vanessa Kent of her team's output while adding the offensive chances that were had needed to be taken advantage of.

Shepherd Hill's prime scoring chance

came early in the fourth period. Ella Pinto serviced the ball into play and onto the stick of Haleigh Garrepy on a penalty corner, and Garrepy struck a low, hard shot. But Quaboag goalie Ariana Masterjohn (four saves) was there to kick the shot aside.

"I think we're still just working on trying to take advantage of every opportunity that we have. I think we had some today, but we weren't able to capitalize," said Kent. "That will come with time. We're still working on filling positions and keeping everybody healthy."

The Rams are now 0-6-1, but Kent gave props to the three senior tri-captains — Garrepy, Madeleine Johnson and Traverso — as well as the play of juniors Bianca LaTulippe and Heidi Jarosz.

"Our senior captains are trying their best and we definitely have players on the field that are putting a lot of effort in game after game," said Kent. "We just have to get everyone else up to speed. It will come."



Nick Ethier photos

Isabella Paolucci of Quaboag gets low to strike the ball and move it further down the field.

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SPORTS

North Brookfield heads to Oxford for field hockey, soccer contests

OXFORD — North Brookfield High's athletic program had a busy Friday afternoon on Sept. 30 as both the field hockey and soccer teams (a co-ed squad playing against girls' rosters) traveled to Oxford High to tangle with the Pirates.

The Indians headed home with an 11-0 victory in field hockey and a 7-1 setback in soccer.

In field hockey, North Brookfield exploded with seven first half goals before tacking on four more in the second half to account for the final score.

The Indians were led in the scoring department by Sophia Giangrande, who finished with four goals — including the first three of the contest. Amanda Oliver added a pair of second-half goals, while Dayton Ford, Bree Hutchison, Ty

North Brookfield's Jeremiah Holmes reaches his stick out in order to gain possession of the ball while on the fast break.

Nick Ethier photos

Babineau, Mia Socha and Tyler Warner also scored. Goalie Shannon Toomey wasn't tested with a shot on goal for her shutout.

The win boosted North Brookfield's record to 6-2.

Over on the nearby soccer pitch, the Indians scored first but couldn't hang on, as they have only played two games thus far this season and are now 0-2.

Tressique Cawley scored the goal, which was unassisted, for North Brookfield.



North Brookfield's Brody Traska heads down the field with a full head of steam.

QUAIL HOLLOW GOLF CLUB RESULTS

Greendale Men's League
 Kent Seith, Dick Whippee, Glen Wuerthele (-5)
 Ken Frost, Bob Gonyea, Louis Gouin, Ken Miller (-3)
 Bill Gaudette, Bill Parsons (-3)
 Mike Dyer, Jim Hester, Mike Lanava (Even)
Pit's Crew
 First place (-7): Ken Begin, Paul Boulette, Gary Miner, Charlie Keyes
 Second place (-6): Doug Kuzmuskus, George Lawton, Tim Nideur, Jeff Burl
 Third place (-6): Stan Nolan, Bob Demaio, Rick Nolan, Russ Emerson

Tour of Brookfield Grand Tour
 Nicklaus Flight
 First place (-15): Ryan Kularski, Dean Hunter, Tom McCarthy, Amanda Pierce
 Second place (-12): Reese McLeod, Ed McLeod, Jarred Dandurant, Jason Kenney
 Player Flight
 First place (-9): Dave Daoust, Ken Begin, Jim Gregoire, Doug Brown
 Second place tie (-8): Matt Brown, Rich Dupell, Paul Boulette, Lisa Perron
 Palmer Flight
 First place (-9): John Desimone, Steve Whitman, Dickie Ford, Bob Tillton
 Second place tie (-8): Tom Waugh, Tom Frasier, Dean Palin, Chris Waugh
 Third place (-6): Ryan Auger, Dan Foley, Tom Foley, Bob Ford
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SPORTS

Bay Path finds offensive form, blanks Abby Kelley 8-0

BY NICK ETHIER
SPORTS EDITOR

CHARLTON — Following a 1-5 start to its season, where the Bay Path Regional boys' varsity soccer team held a -17 goal differential (22-5), head coach David Martinson said that his club had been playing better than the record indicated, but that the Minutemen's finishing in the offensive third just wasn't there.

But Bay Path defeated Monty Tech by an 8-1 count on Monday, Sept. 26 before hosting Abby Kelley Foster at George L. Fowler Memorial Field on Thursday, Sept. 29.

"Going into this game, based on how the season's been going, we've been looking to get quicker passing with more runs and then finishing on the back end. That's been our problem, we haven't been able to put it in the back of the net," said Martinson. "The first couple games we were sorting some stuff out, position wise and a couple key injuries."

The mission was accomplished, and Bay Path remained red hot in the scoring department, as they defeated the Bears 8-0.

"Things are starting to come together and they're starting to play a more balanced game with a balanced attack. We've shored up some positions, so they're getting used to being cohesive," explained Martinson. "The first 30 minutes, I loved that play. You [then] start moving kids around a little bit so you're not scoring as much."

The Minutemen scored in the game's



Bay Path's Cody Dombroski catches up to a pass kicked his way.

fourth minute when Trent Szela let go of a hard shot that was saved. Zack Moody secured the rebound and the ball was moved to Evan Gelineau, who headed it into the net.

Then, in the 15th minute, Bay Path doubled its lead when Szela sent a long throw-in that went to Connor McCarthy. From there, McCarthy headed in another goal for the Minutemen.

Bryce Hutchinson sent a right-to-left cross in the box in the 19th minute, and Jack Young was in the proper position to hammer the ball home, making it a 3-0 game.

The Minutemen took a 4-0 lead into



Nick Ethier photos

Bay Path's Jack Young kicks the ball around an Abby Kelley defender.

intermission when Cody Dombroski scored in the 37th minute following a nice pass into space, which was provided by Szela.

"I feel more comfortable," Martinson said of the offense. "Our attack — we're not trying to crush the ball anymore — we're placing balls. We're playing a smarter game."

Bay Path then opened the second half with a scoring flurry, netting goals in the 42nd, 46th, 48th and 53rd minutes, respectively, to account for the eight-goal differential. Goal scorers were Young (McCarthy assist), Ryan Bray (Szela assist), and then two more from McCarthy, with Matthew Marshall and Gelineau assisting on those tallies.

In total, the Minutemen fired 28 shots

on frame, with Abby Kelley (1-5-2) mustering only three on target, allowing for Bay Path keeper Dominic Moniz to go home with a clean sheet and relatively easy shutout.

The win boosted the Minutemen's record to 3-5, and they closed out a perfect week by beating Monty Tech again, this time 2-0, on Friday, Sept. 30, to improve to 4-5 at the season's midpoint.

Young and Dombroski scored for Bay Path, with Moniz stopping six shots for the shutout. The Minutemen finished the week with a +17 goal differential (18-1).

"Now the season starts. We're not giving up and the play is getting better each game," concluded Martinson.

HIGH SCHOOL NOTEBOOK



Nick Ethier photos

Tantasqua's Logan Oko shifts direction while making a play on the ball.

Tuesday, Sept. 27
Tantasqua 169, Sutton 173 — Facing off against the Sammies under blustery conditions at Hemlock Ridge, the Warriors' golf team won a nail-biter. Medalist honors went to Tantasqua sophomore Austin Dono, who saved the day with a career best score of 4-over par 40. The Warriors are now 8-2.

Wednesday, Sept. 28
Tantasqua 167, David Prouty 255 — Playing at Kettle Brook, the Warriors' golf team

extended their record to 9-2 following a win over the Panthers. Sam Pieczynski was the medalist, shooting a 2-over par 38. Patrick Dunn also contributed to Tantasqua's low total with a 39.

Tantasqua 10, David Prouty 1 — Playing a boys' soccer matchup at The Cage, the Warriors scored early and often to take care of business against the Panthers. Scoring was spread out for Tantasqua, who took an 8-0 lead into intermission and improved to 6-1

in the process. Prouty is now 0-7-1.

Game scoring is as follows:

Tantasqua: Trevor Harris Goal, Samuel Bachand Assist, 8th Minute

Tantasqua: Logan Oko Goal, Devin Krochmalnyckyj Assist, 12th Minute

Tantasqua: Krochmalnyckyj Goal, Cole Casinghino Assist, 15th Minute

Tantasqua: Casinghino Goal, Harris Assist, 22nd Minute

Tantasqua: Aaron Lidonde Goal, 24th Minute

Tantasqua: Harris Goal, 28th Minute

Tantasqua: Jace Phillips Goal, Majed Simrin Assist, 32nd Minute

Tantasqua: Cole Pattee Goal, 38th Minute

David Prouty: Cam Hoekstra Goal, Will Anderson Assist, 51st Minute

Tantasqua: Luke Goodwin Goal, 53rd Minute

Tantasqua: Simrin Goal, 77th Minute

Leicester boys', girls' cross-country teams accomplish many personal bests — The Wolverines faced off against both Northbridge High and Auburn High. The boys' team took the loss, but each of Leicester's top five ran their best times

of the season with Gio Aguiar taking fourth place overall in the meet with Tyler Herron, Coddan Nguyen, Eric Ortiz and Jacob McGrail also impressing.

For the girls, Abby Bernabei won her 12th straight meet against Southern Worcester County League schools, dating back to last season. Ayva Connor ran her best race of the season. Other strong finishes came from middle schoolers Ava Petrucci, Juliana Dahlgren and Savannah Kulig, who all ran their best races of the year.

For the six seniors on Leicester's roster, it was their last home meet of the season.

Friday, Sept. 30
East Longmeadow 156, Tantasqua 164 — Traveling to Elmcree Country Club, the Warriors' golf team fought valiantly but fell just short against the Spartans. Tantasqua's

Sam Pieczynski, along with East Longmeadow's Aidan Asher were co-medalists after shooting matching scores of 2-over par 37. The Warriors are now 9-3.

Tantasqua 14, Doherty 12 — Although both teams scored two touchdowns, the Warriors were able to convert their point after attempts to defeat the Highlanders in a varsity football contest. Tantasqua quarterback Adam Howe (11 of 16, 109 yards) threw touchdown passes, both to Liam Hubacz. Luke Marvin booted home both extra point kicks for the now 2-2 Warriors.

Monday, Oct. 3
Tantasqua 160, Millbury 190 — Picking up its 10th victory in 13 tries, the Warriors' golf team has qualified for the upcoming playoffs after defeating the Woolies. Tantasqua's Sam Pieczynski was the medalist in the match, shooting a 1-over par 37 at Hemlock Ridge.

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- ❖ Occasional Pieces
- ❖ Entertainment Centers
- ❖ Sealy Mattresses

We are in the process of selling out some of our current stock to make room for new Fall Models. Because of this, we are offering savings throughout the store!

Some items are one of a kind floor samples. *No orders will be taken on these items. Floor Sample Clearance items are sold on a first come first serve basis.

0% INTEREST - FOR 1 FULL YEAR!

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