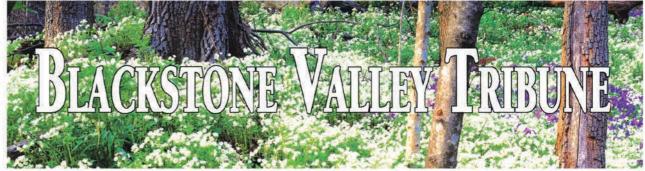


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Free by request to residents of Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

Friday, August 29, 2025

Smithsonian's Museum on Main Street to open in Douglas Sept. 13

DOUGLAS — The rand opening of Smithsonian Institution's Museum on Main Street exhibit Voices and Votes will be Saturday, Sept. 13 at 2 p.m. at 29 Depot St. in Douglas. Local dig-nitaries and representatives of exhibit sponsors and partners will be on hand to cut the ribbon and welcome its first visitors!

Douglas The Society is excited to host the exhibit and numerous programs in conjunction with its local partners including the Blackstone Valley Chamber of Commerce, the Blackstone River Valley National Heritage Corridor, the Simon Fairfield Public Library and the Job Knapp Chapter of the Daughters of the American Revolution.

"This exhibit offers an exciting look into the past detailing how our democracy started and has evolved over the years," Lisa Mosczynski, Project Director,

"Featured components Democracy Means to of the exhibit include Me" an Art Show and artifacts and interac- Contest with a \$250 ger hunt for students reflect the breadth and depth of our living democracy."

those include "What Library at 7 p.m. There

tive screens, a scaven- People's Choice prize, a special night on Sept. and its six units are 22 with our region's expertly designed to historical societies that will come together with items for a "show and tell" of local campaign We are very pleased ephemera, and a look to be one of six communities in Massachusetts Henry Harrison presto host this traveling idential campaign exhibit this year. Grant banner with library funding also allows us archivist and historito offer programs asso- an Rebecca Lavallee ciated with the theme on September 25 at the and for September Simon Fairfield Public

are plenty of opportunities for volunteers and even more exciting programs coming in October! For more details, please visit www.msfpl.org/moms.

The exhibit is free through the generosi-

ty of the Smithsonian Institution, Massachusetts Cultural Council, Massachusetts Office of Travel and Tourism 250, Douglas Historical Society and many vol-unteers. It is open to the public through Oct. 25 at the Douglas

Depot St. Donations are welcome. The facility is handicapped accessible and there is plenty of free parking.

Hours Wednesdays and Thursdays 10 a.m. - 4 p.m., Tuesdays 10 a.m. - 6 p.m. and Saturdays 10 a.m. - 3 p.m., as well as by appointment. Student and group tours are welcome! To make special arrangements please call Project Director Lisa Mosczynski at 508-341-

Unlock up to \$15,000 in grant funding through Blackstone Valley Chamber!

WHITINSVILLE — The Blackstone Valley Chamber of Commerce (BVCC) is thrilled to announce a special grant opportunity available exclusively to Chamber members: receive up to \$15,000 in grant funding for your business through the Commonwealth and Workforce Corporation, Training Fund Program. Funding for this grant went quickly last year, you don't miss out on this

In partnership with the training experts at Compound Effect, the BVCC is here to help businesses secure this funding to support powerful programs in sales, marketing, leadership, operations, customer experience, AI adoption, and more. The application process is quick and painless, taking about 15 minutes. Our counselors will walk you through the application process and assist you in filling out

"Our members' success is our success, which is why the Blackstone Valley Chamber is committed to proactively finding resources to help your business thrive. We are incredibly excited to announce our new program to help you access Commonwealth's Express Workforce Training Grants," said Jeannie Hebert, BVCC President & CEO.

Get started now before the fund-

Visit www.blackstonevalley.org/ grants to learn more and schedule your free consultation today. All it takes is one conversation to start the process toward transforming your team and scaling your busi-

The Mission of the Blackstone Valley Chamber of Commerce is to preserve and enhance the economic vitality of the Blackstone Valley by addressing the needs and concerns of businesses and providing leadership, support and resources in connection with issues which impact commerce and the quality of life in the Valley.



Last week, the Douglas Police Department hosted a blke rodeo for Boy Scout Troop 36 and their siblings! Participants got to show off their cycling skills on a course designed by had their helmets checked to make sure they were fitted properly! This group was filled with awesome riders and a great time was had by all! We wanted to thank everyone for their attentiveness and great behavior! Have a great rest of your summer! Photo courtesy of the department's Facebook page.

Northbridge exploring future Green Communities Act projects

Northbridge has been awarded \$1.38 million in grant funds from Massachusetts' Department of Energy Resources (DOER), as part of the state's Green Communities Program.

Adopting the five criteria of Communities Act, the Green Northbridge became a designat-

NORTHBRIDGE — Since 2017, ed "Green Community," enabling its eligibility for certain Green Communities Competitive Grant funds. The five criteria for Green Community designation are: 1) As-of-right-siting for renewable/alternative energy facilities in designated locations: 2) Expedited application and permitting for renew-

Turn To GREEN page A8



Courtesy

Michael Shain, president and founder of Thanks To Yanks, a local charity that serves our veterans and military families, donates to John Pilla, a local Veterans Agent, a supply of CVS gift cards. The cards will be distributed to local veterans and their families in need of a little assistance. For information on Thanks To Yanks, please like them on Facebook.

Officials warn of elevated West Nile Virus risk

BY KEVIN FLANDERS STAFF WRITER

REGION - With several communities across the state at elevated risk for mosquito-borne diseases, officials are urging residents to take precautions.

Last week. Massachusetts Department of Public Health announced that the risk for West Nile virus (WNV) is now high in multiple communities due to evidence of mosquito samples carrying the virus.

The risk level for WNV has been elevated in the following municipalities: Acton, Bedford, Billerica, Boston, Brookline, Carlisle, Chelmsford, Lowell, Dracut, and Newton.

The Massachusetts Public Health Laboratory confirmed the state's first WNV-positive mosquitoes this year on June 17. Since then, there have been 168 WNV-positive mosquito samples collected from several counties across the state, including Worcester County.

Thus far, there has been one animal case of WNV confirmed this Massachusetts in 2025.

year in Lunenburg. No human cases of WNV have been confirmed in Meanwhile, eastern equine encephalitis (EEE) has also been detect-

ed in mosquitoes across

Massachusetts this year.

The Hampshire County

towns of Belchertown, Granby, Pelham, and Ware are currently at moderate risk for EEE.

There have been seven EEE-positive mosquito samples detected this year, with no confirmed human or animal cases.

"Both West Nile virus and EEE pose risk to the people in Massachusetts,' said Public Health Commissioner Robbie Goldstein. "The weather remains warm and somewhat humid, which increases mosquito activity. I encourage everyone to take measures to protect themselves."

WNV and EEE are generally transmitted to humans through the bite of an infected mosquito. There were 19 human cases of WNV reported in Massachusetts last year, plus four human cases of

EEE, leading to one death. "WNV findings in mosquitoes have accelerated rapidly over the last several weeks," said State Epidemiologist Catherine Brown. "We are now in the peak time for transmission of mosquito-borne disease to people, and it is important for people to know that so they can

take steps to protect themselves.' One of the best ways to protect your family against mosquitoes is to avoid outdoor activities during peak mosquito

hours from dusk to dawn.

If you must be outside

during these hours, be sure to apply insect repellent and maximize clothing coverage of exposed

skin. Residents can also reduce the number of mosquitoes around their homes by draining sources of standing water. Mosquitoes often lay their eggs in small pools, wheelbarrows, rain gutters, and drains. Residents are advised to frequently empty flowerpots and wading pools, in addition to changing the water in birdbaths daily.

It is also important to make sure that window and door screens fit tightly. Screens with holes or openings should be replaced, officials said.

Looking ahead, local leaders will post additional resources and updates on conditions within specific communities throughout the late summer and fall months.

Residents are also urged to take steps to protect their pets from mosqui-

"The weather this summer is creating the opportunity for it to be a busy WNV season, and it is important to take steps to prevent mosquito bites," Brown added.

Additional information about EEE and WNV, as well as reports of current and historical virus activity in Massachusetts, can be found by visiting: www. mass.gov.

CLUES ACROSS

- 1. Taxis
- 5. Space Systems Command
- 8. Plant seed by scattering
- 11. Alliances
- 13. Fiddler crabs
- 14. Heroic tale
- 15. Yemen capital
- 16. Misleading gesture
- 17. Cain and _
- 18. Simple shoe 20. Hundredweight
- 21. Children's toy in the snow
- 22. Gets rid of
- 25. Free of deceit
- 30. Performed a dance
- 31. Chinese philosophical principle 62. U.S. leader during much of WW2
- 32. Exaggerated
- 33. Refrain from inflicting

- 38. A doctrine
- 41. Can be subdued
- 43. A place to bathe
- 45. Land used for pasture
- 48. Curved piece of iron
- 49. Automobile
- 50. Fencing sword
- 55. Breezes through
- 56. Child
- 57. NBA legend Iverson
- 59. Horsley and Iacocca are two
- 60. Midway between northeast
- and east 61. Spiritual leader of a Jewish
- congregation
- 63. Lair
- 64. Fibrous material

CLUES DOWN

- 1. Home of "60 Minutes"
- 2. Expression of sorrow or pity
- 3. fide: legitimate
- 4. Immune response
- 5. Assistance and support
- 6. Glared
- 7. Spanish saloon
- 8. Pitch black 9. S-shaped lines
- 10. Statistical test
- 12. Paulo, city
- 14. Graduation garb 19. A way to record
- 23. Not good 24. Weather events
- 25. A pituitary hormone
- 26. Jamie Foxx film 27. Rocker's accessory

Τ S

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ZZLE SOLUTION

В В

28. One point east (clockwise) of due north

> \forall В

> > \forall Я

- 29. One who obtains pleasure
- from another's pain 34. Consume
- 35. Licensed for Wall Street
- 36. Sick
- 37. Israeli city __ Aviv
- 39. Removed the husk
- 40. Mass of rocks and sediment 41. Two-year-old sheep
- 42. Area units
- 44. Prison overseer
- 45. Walked 46. Wartime escort aircraft carrier
- 47. Tax
- 48. 50 percent
- 51. Swiss river

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- 52. Tattle
- 53. Actor Idris
- 54. Resist authority (slang)

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58. Egg of a louse

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TRIBUNE ALMANAC

-REAL ESTATE-**BLACKSTONE**

\$750,000, 68 Blackstone St, Bissonnette, Daniel P, and Bissonnette, Karen J, to Richard, Micheal, and Richard, Gina M.

\$630,000, 15 Crestwood Dr, Cress, Timothy, and Cress, Shannon M, to Rodrigues, Daniel.

\$398,000, 735 Rathbun St, Rivard Agnes D Est, and Rivard, Aaron, to Marra, Anthony, and Marra, Kelsey.

\$225,000, 716 Rathbun St, Costa, Lisa M, to Mccutcheon Jr, Gregory

DOUGLAS

\$700,000, 9 Darling Way, Kearney, James G, and Hanna-Kearney, Deborah J, to Yan, Hank S, and Yan, Tiffany.

\$545,000, 14 Churchill Rd, Jachimczyk Lt, and Jachimczyk, Louis J, to Lage, Ari O.

\$475,000, 74 NW Main St, Guzewicz, Paul A, and Guzewicz, Joyce I, to Ethier, Christopher L.

\$257,500, 54 Shore Rd, Gurney, James M, to Laferriere, Jacob.

NORTHBRIDGE

\$1,000,000, 456 Hill St, James M Knott Sr RET, and Knott Jr, James M, to Unibank For Savings.

\$784,000, 206 Washington St, Howden, Andrew M, and Howden, Erin, to Joiha M Huguenin 2024 RET, and Huguenin, Joiha M.

\$700,000, 354 Moon Hill Rd, Bender, Derek M, and Bender, Leah B, to Smith, Meghan M, and Belson, David

\$648,000, 80-84 Prospect St, Morais, John, to Morais, Manuel C, and Morais, Veronica D.

\$645,000, 569 Marston Rd, Davis-Cooke, Jason, and Davis-Cooke, Brittany, to Abbruzzese, Gian, and Abbruzzese, Elizabeth.

\$219,000, 37 Thurston Ave #37, Lloyd, Randy A, and Lloyd, Kimberly, to Varteresian, Justin.

\$215,000, 6 A St #6, Gould, Laura B, to Sousa, Jakson.

UXBRIDGE

\$849,000, 8 Bayliss Way, Sutton Street LLC, to Beaulieu, Mark J, and Beaulieu, Denise M.

\$725,000, 31Eber Taft Rd, Wheeler, Julie A, to Wheeler, Nicolas J.

\$644,400, 188 N Main St, Muffelman, Matthew, and Traub, Marina, to Chenoweth, Kendall D, and Chenoweth, Crystal J.

\$625,000, 194 Crownshield Ave #194, Peacock, James, and Peacock, Beth, to Cellucci, Paul, and Cellucci, Diane.

\$610,000, 21Rose Ln, Bennett, Timothy, and Bennett, Amanda, to Middleton, Kevin M, and Murphy, Carly M.

\$606,000, 15 Rose Ln, Rapp, Erik A, to Oneill, David.

\$580,000,37 Pouts Ln #37, Celestin,

Kara, to Whitlock, Rachel. \$550,000, 120 Rawson St, Lozeau, Brian R, to Macleod, Daniel S, and Macleod, Mark D.

\$550,000, 125 Blackstone St. Cardin, Nicholas A, to Ethier, Virginia A.

\$545,000, 71 Pouts Ln #71, West River Homes LLC, to Desrochers, Ryan, and Zapcic-Desrochers, Meghan.

\$544,900, 81 Pouts Ln #81, West River Homes LLC, to Dimaria, Matthew, and Dimaria, Michelle.

\$470,000, 181 High St, Nancy Salem Ft, and Salem, Nancy, to Alexander, Taylor A, and Robshaw, Matthew A.

\$132,497, 113 Henry St, Niro, Jessica M, and Thompson, Cynthia T, to Niro, Philip J, and Niro, Jessica \$272,000, 58 Mantell Rd, 47 Dodge

Deco LLC, to Pokua, Naima.

Plummer Place

Home of the Northbridge Senior Center

The WISE program at Plummer Place starts Monday, September 15th from 1:00-3:00pm and continues every Monday for 5 weeks. WISE is offered as life-long learning courses for older adults through Assumption University. The course this part of the semester is "Soul Searching with Oprah" taught via video by instructor Kathleen Fisher. The course is \$25/person due at sign up at Plummer Place. Call Michelle at Plummer Place for more informa-

The Plummer Place Brew Crew is a new monthly program beginning this fall offering exciting networking opportunities, guest speakers, timely topics and fun activities to jump start your day! We will perk you up beginning with our first get-together on Wednesday, September 3rd at 9:30am. Treats and coffee/tea on us. For more information, please contact Amy Cowen at Plummer Place or just stop by to join! All are welcome. 2025 meeting dates are September 3rd, October 1st, November 5th and December 3rd.

We are accepting donations for Plummer Place. Heavy duty plasticware utensils, heavy duty plates large and small, bowls, napkins, plastic cups, crystal lite packs, bottled water either large or small, creamers, sugar packets, decaf coffee and regular coffee, Shaw's gift cards. We appreciate all donations!

Uxbridge Free Public Library announces Fall Book & Bake Sale

UXBRIDGE — The Friends of the Uxbridge Free Public Library are holding their annual Fall Book & Bake Sale on Saturday Oct. 4 from 9 a.m. -1 p.m.

Come peruse the large selection of adult, young adult, and children's books offered in a variety of genres. A selection of cds/dvds and puzzles will also be available. Complete your visit with delicious homemade baked goods prepared by the Friends.

Donations of books will be accepted in the lower level of the library on the following dates:

Monday, Sept. 22 and Sept. 29, 10 a.m. to noon and 5-7 p.m.

Thursday, Sept. 25 and Oct. 2, 10 a.m. to noon, 5-7 p.m. Saturday, Sept. 27, 10 a.m. to noon Please note that the following will

not be accepted: magazines, ency-

clopedias anything moldy or musty,

incomplete puzzles. When donating puzzles, please secure closure of the box with tape

&/or elastics. Donations of baked goods will be accepted after 8 a.m. on the day of

We look forward to seeing you there!



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MIKAELA VICTOR

E-MAIL obits@stonebridgepress.news CALL: 508-909-4149 OR send to Blackstone Valley Tribune P.O. Box 90, Southbridge, MA 01550

TO SUBMIT A LETTER TO THE EDITOR: E-MAIL:

news@stonebridgepress.news OR send to Blackstone Valley Tribune P.O. Box 90, Southbridge, MA 01550

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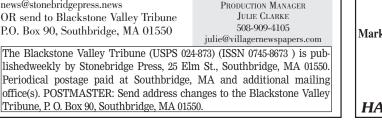
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Finding "solutions through compromise" on immigration

BY GUS STEEVES

SOUTHBRIDGE To Regina Edwards, a simple lesson from immigration comes in the form of one short question: "Who's an immigrant, and aren't we all?"

Edwards a member of Grassroots Central Mass, several members of which came to Jacob Edwards Library to talk about the "very complex dimensions to this whole question of immigration" in an effort to "connect and bond" with other people in the

community. One of those dimensions is war, presented as a brief video of local resident Phoutasone Phou") ("DJ Ketnouvang. He related the fact he came to the US from Laos as a child in 1980, with his mother having to bribe a VietCong soldier with his father's gold watch to let them cross the Thai border. They eventually made it to Southbridge, where the local Hispanic community "took munity me in and gave me a home ... where I didn't live in fear," he said, noting they "rallied with us, getting us furniture, clothes and food.

A member of Hispanic community, Jasmin Rivas, asked listeners to think about why people leave their homelands.

Reading a poem, she noted, "No one home leaves unless home is the mouth of a shark."

The poem listed several kinds of atrocities refugees faced in their homelands and insults some receive when here, but noted "the insults are easier to swallow than <seeing> the body of your child."

poem elicited a variety of responses. One woman said her familv's been here since the 1960s Ontario, from Canada, and came because thought "there wasn't so much snow here" since her father worked for the railroad and wanted to transfer here. But when they got here, they also saw "snow up to the tele-

phone poles." While that sparked a litlaughter, tle another man said his father left Germany under Hitler in 1938 because he "didn't know what would happen" there. A third man had a reverse story his father's family was here, but went to France when he was because

was "much more acceptable" there. (He came back for college and stayed.)

Edmonds noted some people opine "Why don't they get in line and do it the right way?" In fact, most do – but the "right way" is very complex, with several differwith ent paths, some that lead to citizenship and some that don't. Refugees often take eight to 10 years to go through the process, and the Constitution grants people born here citizenship, while some people brought here as children by their parents can work but don't have a path to citizenship.

She said the law has many categories based on social class, profession, nation of origin, marital status and other details; some can get the documents, some can't. Lately, she added, some people who have been following the rules are getting arrested while at court hearings and during immigra-

tion interviews. Later Edmonds said there have been recent cases where the US government is denying people already here the right to family reunification by bringing kin sight

from overseas. One friend has kin in Ghana and has been seeking such a visa for 15 years now. Such family sponsorships are generally being disallowed now, while corporate sponsorships are happening. Rivas, however, noted those

are quite costly

(about \$10,000 for both the company and the person). One audience member said he'd worked with Nepalese people born in and expelled from Bhutan. US had allowed about 100,000 to come here legally, but he knew of about 50 who have recently been deported by ICE. They were sent back to Bhutan, who

immediately

expelled them

again: they're

now stateless in

India, he said. To Erick von Bleicken, such issues are unfortunately not new. He summarized a history of various ways the law has targeted certain groups of immigrants most notably the Asian Exclusion Act and laws against Africans. The latter nearly caught his father, own born in what was then the German colony of Tanganyika (now Tanzania). first. the Αt US wanted to exclude unseen, but let him in when he proved to be white.

"Even idea of America is entirely the product of immigration," he said, noting everyone who's not Native American or the descendant of slaves came as an immigrant.

He attributed some of the fear and prejudice surrounding immigration to "some of our own religious convictions, and pointed out many groups "have wrestled this ball back and forth" over the years. But he argued knowing the facts can help us find "solutions through

compromise." To Dave Niles, two major myths dominate the discussion of immigration: the ideas that illegal immigrants are negative for the economy and commit crimes. He put up a slide showed federal tax data from 2022 that undocumented people paid \$96.7 billion in state, local and federal taxes that year. The six states benefiting most from that money are California, Texas, New York, Florida, Illinois

and New Jersey. By contrast, the estimated cost to deport all roughly 11 million undocumented people would be about \$967.9

about a decade to do, he said.

Regarding crime, Niles noted a Texan study found that undocumented people commit crimes "at a far lower rate" than either naturalized or nativeborn citizens. attributed that to one simple fact: if you're undocumented, "you don't want to call attention to yourself." He also observed that our laws do not just grant "due process" rights to citizens, but to everyone who's

here. Niles he's known two undocumented people over in the same situation – their student visas expired. One was from the other from Malaysia; the latter became a notable player in the Providence scene,

the years, both Canada,

where he helped organize the

Waterfire events. "We can chart the tax contributions of undocumented immigrants ... but it's difficult to quantify how they truly contribute to their communities," he said, urging people to "not throw away our humanity' in today's climate of animos-

Edmonds

encouraged people to explore their own ancestry and famiexperiences lv with immigration. She said she worked with Women's the Oral History Project, which included a look immigrant stories. Among the people she interviewed, she found several who spoke "four or five languages, just not English," when they arrived here, and were

"passionate"

about learning

Edmonds said there are at least six immigration-related bills now before the state Legislature, and urged people to"tell them we want to protect those who are vulnermore able." Five of them are pro-immigrant, but she singled out one with the "misleading name" of the Shield Act (S 1096/H 2009) for opposition on the grounds it would "protect ICE agents." By contrast, she supported one (HD 4886) that would require ICE agents to take off their masks and ID themselves as law enforce-

Gus Steeves can be reached at gus.steeves2@ gmail.com.

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University of Rhode Island celebrates new graduates during 2025 Commencement

KINGSTON, The University Rhode Island celebrated more than 3,500 of its newest alumni during the University's 2025 Commencement. Nearly 3,600 undergraduate degrees and 600 graduate degrees were conveyed to students during

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the ceremonies which took place May 16-18.

in History

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Among graduates were: Aaron Barber Uxbridge graduated with a Master of Arts

Emma of Whitinsville graduated with Bachelor Science in

Early Childhood Whitinsville Education

Charlotte Doubleday Uxbridge gradwith a uated Bachelor of Science Biotechnology

Hannah Emmons Uxbridge graduated with a Bachelor of Arts in Psychology

Grant Houatchanthara of Whitinsville graduated with a Bachelor of Arts in Computer Science

Olivia Lavallee of Northbridge graduated with Bachelor Science in Animal and Veterinary Science

Stephanie Massey

graduated with Bachelor of Science in Animal and Veterinary Science

Shelby Montville of Uxbridge graduated with a Bachelor Arts in Public Relations

Meghan Roeder Uxbridge graduated Cum Laude with a Bachelor of Science in

Nursing · Kevin Sawyer of Whitinsville graduated with Bachelor Science in Kinesiology

• Amanda Silva of Uxbridge graduated with Bachelor of Science in Public Health

Uxbridge graduated Cum Laude with Bachelor a of Science in Business Administration General Business Admin

Students who received the summa honor cum laude graduated with a cumulative grade point average (GPA) of at least 3.7; students who received the honor of magna cum laude graduated with a GPA of at least 3.50; and students who received the honor of cum laude graduated with a GPA of at

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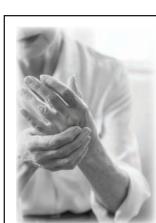
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Frank G. CHILINSKI President & PUBLISHER

BRENDAN **BERUBE** EDITOR

Opinion and commentary from the Blackstone Valley and beyond

TERS TO THE EDITO

The big wind turbine lie

EDITORIAL

Everyone is living a story you don't know

We've all heard the saying, "Everyone is fighting a battle you know nothing about." But how often do we really live by that?

It's easy to nod in agreement when we hear it. Of course, we know people carry invisible pain. Of course we want to be kind. But then we get cut off in traffic, or someone's short with us at the store, or a neighbor doesn't return our wave, and we forget. We assume the worst. We get annoyed. We judge.

The truth is, every day, we pass by people who are grieving. People who just got bad news. People recovering from trauma or showing up to work while caring for a sick parent, or silently holding the pieces of a life that's shifted beneath them.

Not everyone wears their struggle on their sleeve. Some of the strongest people you'll meet are walking around looking perfectly "fine," while their world has been anything

This isn't a plea to excuse bad behavior or ignore our own boundaries. It's a reminder to pause before reacting. To lead with compassion. To offer a little grace to the person in line ahead of us, to the driver who seems distracted, even to ourselves.

Kindness doesn't always look like grand gestures. Sometimes it's just not snapping back. Sometimes it's patience. Sometimes it's letting someone go first. Sometimes it's just choosing not to assume.

We say we want a more empathetic world. That begins with practicing empathy when it's inconvenient, not just when it's easy. Every day is an opportunity to remember that we don't know the whole story, but we can still be part of a kinder one.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

To the Editor:

Did you know that wind turbines use diesel generators to keep them turning when there is no wind? Yup. Clean and Green!

"Green" companies store thousands of gallons of diesel on these massive wind turbine platforms in order to keep the turbines moving when no wind blows. Petrochemicals lubricate the turbines and gears because the wind does not blow 60 to 70 per cent of the time!

Wait, what? Sixty to 70 percent of the time there is no wind? No, really? Yes.

Clean Green Energy uses fossil fuel to maintain wind turbines that only produce energy 30 to 40 percent of the time. It's a fact.

ECO RI News had the courage to print the expose, "How Wind Power gets a Pass." Because, after all, it's the idea of wind power, not the actual reality of wind power that Progressives love. They hate, hate, hate fossil fuel except when they use it to build and maintain these monstrosities.

Environmentalists expose the Big Green Lie. Responsible Solar Massachusetts insists that battery storage facilities be built on already despoiled land, not on agricultural or forested land. Big Green Companies continue to use open land.

"Green Capitalists" promise 2,400 megwatts over 127,000 acres of ocean! But Michael Lombardi, an award-winning environmental journalist, criticized ECORI news for claiming that "South Coast Wind is expected to generate 2,400 megawatts (MW) of electricity, powering around a million homes by the end of the decade."

He wrote that on Jan. 17 (before Trump), the Bureau of Ocean Energy Management approved the South Coast Plan "with the potential to generate up to 2,400 megawatts of which could power 840,000 homes. These facts matter in order to separate marketing propaganda from reality... the project is slated to span 127,388 acres of the continental shelf — more than 10 times the land area of Providence [Rhode Island]. Would you advocate that an equivalent farmland area be moved for a solar farm? Unlikely." He is right. Is he conservative?

Lombardi explained that 2,400 MW from such a project is based on the assumption of full operation. In fact, these wind turbines do not operate 24/7 – unlike a nuclear power plant - and only deliver 30-40 percent of the promised capacity. Which means not 2,400 MW. Not 1,200 MW. More like 700 MW. Supply is intermittent. On and off. Like Venezuelan electricity.

Lombardi explained that reliable back up is required: coal, oil or gas powered plants that run all the time. I repeat, all the time. Or he said, we need big battery storage like the five facilities proposed for Uxbridge.

But, he wrote, big battery storage "should scare you beyond measure" because "battery storage requires massive quantities of heavy metals and mining them on land is an inherently dirty process, rife with conflict and human rights abuses. Most marine scientists assert that deep-sea mining for metals will be bad, very bad.'

He pointed out the lie by a Brown University professor of "environment sociology" [whatever that is] that "wind power is an important energy source, it's cost-justified, is in compliance with environmental laws, and doesn't harm the environment." But it does harm the environment. Big Time

Save the Bay sent a letter of complaint to the DEP in June about Revolution Wind's discharge of heavy metals in excess of 1,000 percent over allowable levels during the construction of its export cable landing site in Quonset, R.I. Let me repeat, 1,000 per cent over the allowable levels of heavy metals! Lombardi says: "wind power gets a pass." [Via the Biden auto-pen.]

Lombardi wrote that the dismissals of real environmental impacts "exposes a clear detachment from reality of what occurs on and underwater. The concerns of electromagnetic forces (EMF) on fisheries, suspended sediments, re-suspended toxic metals, heating surrounding waters via open-loop cooling are all identified because they are indeed the environmental impacts of the project. These are not false claims." Wind power supporters "concede that they're acceptable in the name of a greenwashed industrial panacea.'

Lombardi noted that the EPA permit for South Coast Wind "described the use of sea water to cool energized cables [of electricity] that will flow to the old Brayton Point location ...releasing hot water into the ocean." Lombardi asked: "how will discharging hot water over decades impact the life cycle of fish and other species? Can cold water species handle the heat?" They cannot.

The very same thermal discharges into the ocean from the Bad Old Brayton Point power plant - which led to its shut down - are the very same anticipated from South Coast Wind. The New Green Scam is not about the environment. It is about making millions for "Clean Green" capitalists.

Where is Bernie? Green oligarchs must be stopped! Bev Gudanowski Uxbridge

Democracy dies in the dark?

To the Editor:

I keep hearing about how democracy is dving in the dark, but as far as I am concerned, it's dying in direct sunlight — a real horror show. Facts matter, and those who say they don't haven't done their homework.

Texas has been in the spotlight over the last month, and it was due to the fact that Democrats fled their state to stall the vote on the new GOP Congressional map. In addition, I read this article on X: "In their effort to retain control of power. Texas Democrats in the House have fled the state. In doing so, they're blocking any chance of passing desperately needed flood relief legislation in Texas. Instead of staying in Austin to do their jobs they took a private jet to Illinois to focus on fundraising for the midterms. Shame on you Democrats." Author Unknown.

Here are some facts that your readers need to know about gerrymandering by state and commonwealths around the country.

Massachusetts 36 percent Republican, 0 seats; Connecticut 42 percent Republican, 0 seats; Maine 46 percent Republican, 0 seats; New Mexico 46 percent Republican, 0 seats; New Hampshire 48 percent Republican, 0 seats; Rhode Island 42 percent Republican, 0 seats; Vermont 32 percent Republican, 0 seats; Hawaii 38 percent Republican, 0 seats; Delaware 42 percent Republican, 0 seats.

To be fair, I was also found this little nugget for our

sanctuary cities: California 38 percent Republican, nine out of the 52 seats; Illinois 44 percent Republican, three out of 17 seats; NewYork 43 percent Republican, seven out of 26 seats; Maryland 34 percent Republican, one out of eight seats; New Jersey 46 percent Republican, three out of 12 seats; Oregon 41 percent Republican, only one out of six seats.

We have seen that when Democrats stack the deck, it is considered "democracy," but when Republicans try to even the score for a fair game, it gets shouted down. The Democrats have been doing this for years, and Ronald Reagan pointed that out long ago. It is true that Democrats have held the House, Senate, and the White House moreso than Republicans. But the fact is that a Republican House, Senate, and White House clean up the mess that the Democrats have made, and we all know what a mess Joe Biden, or whoever was running the country, made. Maybe the "auto-pen" was running the country into the ground? One thing that disturbs me and my colleagues about the Democrats and their constituents is this: When a Democrat is elected to the highest office in the West, we republicans don't wish the economy to collapse, taxes, welfare and crime to increase, or the death of the democrat in office to occur. Thanks for reading.

> Mike Downing Whitinsville

AI on climate change

To the Editor:

An AI assistant and I began one of our heated battles over the greenhouse effect, global warming and climate change silliness, as such are not rigorously defined in any great way from any truly scientific point of view.

In the end, we hit upon the need for improved forecasting methods, which the AI assistant summed up

Introduction:

As climate change continues to pose significant challenges to our understanding of extreme weather events, innovative approaches to data collection and analysis are essential. One area where improvements can be made is in hurricane forecasting, which plays a critical role in public safety and preparedness. By exploring unconventional sampling methods, such as those inspired by the natural patterns found in pine cones, we can enhance our understanding of hurricane dynamics and improve climate change modeling efforts.

How can innovative sampling methods improve hurricane forecasting and contribute to more accurate climate change modeling?

Possible Improvements to Hurricane Sampling Using Pine Cone Swirls

1. Natural Pattern Utilization:

- o Using the natural spiral patterns of pine cones, which often follow the Fibonacci sequence, can provide a more organic framework for defining sampling areas, reflecting the inherent complexities of hurricane dynamics.
- 2. Enhanced Spatial Distribution:
- o The Fibonacci-based sampling method can lead to a more even distribution of sampling areas, potentially capturing variations in hurricane intensity and behavior that might be missed with traditional

grid-based sampling. 3. Minimized Human Bias:

o By relying on the natural geometry of pine cones, this method reduces the influence of human choice in selecting sampling locations, leading to more objective data collection.

4. Improved Data Representation:

o The unique sampling areas defined by the Fibonacci pattern may allow for better representation of the environmental conditions surrounding hurricanes, leading to more accurate analyses of their impacts.

5. Interdisciplinary Insights:

o This approach encourages collaboration between fields such as mathematics, biology, and meteorology, fostering innovative methodologies that can enhance understanding of hurricane dynamics.

6. Visual Clarity in Data Collection:

o The use of line drawings to represent the sampling areas can provide clear visual guidance for researchers, making it easier to implement and analyze data collection efforts.

Potential Benefits for Hurricane Forecasting and Climate Change Modeling

1. Improved Data Collection:

- o By utilizing the natural patterns of pine cones, researchers could establish more effective sampling areas that capture the complexities of hurricane behavior, leading to richer datasets for analysis.
- 2. Enhanced Forecast Accuracy:
- o More representative sampling could improve the accuracy of hurricane forecasts by providing better insights into wind patterns, precipitation, and storm dynamics. This could lead to more reliable predic-
- tions of hurricane paths and intensities. 3. Refined Climate Models:
- o Accurate hurricane data is crucial for climate change models. Improved forecasting methods could

enhance the understanding of how hurricanes interact with climate systems, leading to better predic-

tions of future climate scenarios. 4. Feedback Mechanisms:

o Understanding the role of hurricanes in the climate system, including their impact on ocean temperatures and atmospheric conditions, could be better modeled with enhanced data collection methods, allowing for more accurate assessments of feedback mechanisms.

5. Interdisciplinary Collaboration:

o This approach encourages collaboration between meteorologists, ecologists, and mathematicians, fostering innovative research that can lead to breakthroughs in understanding complex environmental

6. Public Safety and Preparedness:

o Improved forecasting accuracy can enhance public safety measures and preparedness efforts, allowing communities to better respond to hurricane threats and mitigate potential impacts. Conclusion

Incorporating Fibonacci sequence-based sampling methods inspired by the natural patterns of pine cones could significantly enhance hurricane forecasting and climate change modeling. This innovative approach not only emphasizes the importance of utilizing natural patterns in scientific research but also highlights the potential for interdisciplinary collaboration to address complex environmental challenges. By improving data collection and representation, we can gain deeper insights into hurricane dynamics and their interactions with the climate system, ultimately leading to more effective strategies for mitigating the impacts of climate

Stephen Gambone

Northbridge



Take THE

For over a England has TRAINOR been hailed for its exceptional

apples, and for generations of families, the local apple harvest has come to represent an abundance of both fruit and fun. As we welcome this year's apple crop, this column features some insight an apples!

Want another reason to visit local apple orchards this season other than the farm experience which often includes "pick your own apples", tractor rides, fresh pressed cider and baked goods? How about this: Local apples are consistently fresh. Buying apples in season at the grocery store doesn't necessarily mean you're getting that season's crop of apples. In fact if you buy imported apples at the supermarket, chances are they are over a year old!

According to Martin Lindstrom, author of Brainwashed: Tricks Companies Use to Manipulate Our Minds and Persuade Us to Buy, the average imported supermarket apple is 14 months old.

U.S. farmers produced approximately 260 million bushels of apples last year. Apple Crop Facts for 2024 reveals the annual crop of orchard apples were con-

Approximately 67% of the U.S. crop is eaten fresh and one-third goes to processed uses (apple juice, applesauce, apple butter, packaged apple slices, etc.)

Apple varieties change over time. Today, Gala claims the title of the most produced apple, knocking Red Delicious of the list a half dozen years ago. (Note: Red Delicious was the top grown apple for 50 years.)

As consumer tastes shift, apple growers adapt their orchards, but trimming the trees down to a main trunk and several large branches, and then grafting growing tips of the new variety into those remaining branches. This allows growers to quickly produce the new variety to meet consumer demand. An example of this is Honeycrisp, which was developed in the 1960s, but not introduced commercially until 1997. It is ranked among the most popular apple today.

Some favorite apple varieties offered at local orchards include: McIntosh; Honeycrisp; Red Delicious; Rome; Gala; Paula Red; Jersey Mac; Ginger Gold; Empire; Northern Spy; Macoun; Cortland; Baldwin; Braeburn; Spencer; Idared; Mutsu.

Did you know? The apple peel contains certain antioxidants that aren't present in the apple's flesh. Multiple studies have shown that the antioxidant capacity of apple peel is up to four times higher than apple flesh.

Pectin Power: Apples are high in pectin, a soluble fiber found in the tissue of plants. Plentiful in the skin and pulp of fresh apples, the substance is more than a thickener for jellies and jams. Various studies confirm pectin's valuable health benefits that include lowering cholesterol, lowering blood pressure, reducing the risk of heart disease, aiding digestion and promoting weight loss.

So what exactly is pectin's magic bullet? Pectin is a gel like complex carbohydrate that binds substances in the body. Its properties have been shown to reduce LDL (the "bad") cholesterol. Further, studies reveal pectin has the ability to absorb up to four times its weight in cholesterol

Research shows as little as two apples a day is enough to aid in cholesterol reduction.

Medical studies also show apples can help manage blood sugar in diabetics by stabilizing insulin levels normal. Pectin does this by slowing the absorption of sugar in the intestines.

In addition pectin has been hailed as an effective remedy for constipation and is being studied for bowel diseases. Further claims report the pectin in apples can accelerate weight loss.

Apples in History: Here in New England, Johnny Appleseed is hailed as a local hero as well as the father of the apple industry. Massachusetts boasts the birth of Johnny Appleseed, who was born in 1774 at Leominster, MA.

Legend has it since a young man, Johnny Appleseed a.k.a John Chapman, planted apple seeds all along his walking journeys, eventually establishing

orchards from Virginia to Indiana. Read on for more ways apples have

played a role in history: *Sir Isaac Newton's formulation of law

of gravity is attributed to an apple that fell onto his head.

*When William Tell refused to bow to an Austrian nobleman, he was forced to shoot an apple off his son's head.

*Newton Pippin apples were the first apples exported from America in 1768, some were sent to Benjamin Franklin in

* Presidents George Washington and Thomas Jefferson were apple growers. They traded apple wood with another for

grafting purposes. *Records of the Massachusetts Bay Company indicate that apples were grown

in New England as early as 1630. *Gravenstein apples are thought to have come from castle Gravenstein (Denmark) in the 1600's. Today they are grown in the U.S. and Europe.

Apple Season is Here!

*In 1737 Robert Prince established the century New first commercial apple tree nursery in America in Flushing, New York. His nursery was hailed by colonists. During the Revolutionary War the William Prince Nursery was considered so valuable it had armed guards to protect it.

> *Many travelers of the Oregon Trail brought apple trees with them as they traveled west in covered wagons. In fact, apple trees were often planted on the new homestead before even shelter.

Easy Homemade Apple Cider

Have extra PIY apples you can't eat fast enough? Use your crockpot to make a warm batch with little effort!

Ingredients Ten apples; four cups water; one cinnamon stick

Directions: Wash, core and slice apples (do not peel). Place apples into

You can have the strongest mindset in the world, but hang out with the wrong people, and that mindset will begin to sink like an anchor.

I remember my parents drawing strict lines around who I could hang with—and it infuriated me. They were my friends, after all. But as I've grown, I've realized my parents understood something my youthful optimism didn't: the attitudes, habits, and moods of others seep into your life—unnoticed, until they've stuck.

I was a sneaky teenager, a little rebellious, always finding ways to hang out with my friends despite my parents' disapproval. Over time, I started to notice something strange—my thoughts, my behavior, even the way I talked started to sound less like me and more like them. Deep down, I knew something was off, because the way I was thinking didn't line up with how my parents raised meit was more like I had borrowed my friend's mind without realizing it.

My dad took me to see the famous motivational speaker Jim Rohn one time, and I heard Mr. Rohn say, "You are the average of the five people you spend the most time with." At the time, it sounded like one of those catchy quotes you jot down and forget. But as the years have gone on, I've realized it was more than a nice line—it was a scientific truth.

Ever hear of mirror neurons? These are neurons in your brain that fire when you see someone else act or feel something. In a way, your brain copies them without asking permission. Studies show that if your friends are negative, lazy, or full of doubt, your brain begins to slow cooker. Add four cups water. Cook on low for eight hours.

Pour into a sieve and press. Allow liquids to drain into a clean bowl. Pour liquid back into slow cooker. Press apples to collect more liquid and add to liquid in crock pot. Place a cinnamon stick into the liquid and allow it to cook for at least an hour. Serve warm or refrigerate. Spike with dark rum if desired.

Win a Three Course Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month (or whenever I receive enough tips for a column) will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Friends!

POSITIVELY SPEAKING

mirror that state. Your focus drops, your motivation decreases, and slowly, their reality becomes your reality. You begin to think and act like them.

And it doesn't stop with your closest circle. Researchers at MIT ran a study on the "hidden influence of social networks." They found that our moods, choices, and even levels of ambition ripple out three degrees. That means your friend's friend—someone you've never even met-can still be shaping your outlook.

It's called emotional contagion. Emotions spread through groups like the flu. If your circle is pessimistic, it spreads. If they're optimistic, that spreads too.

There's also something called the Default Mode Network, or DMN, in your brain. Think of it as your mental autopilot—the backdrop of your identity, self-image, and the story you tell yourself about who you are. Neuroscience shows your DMN is highly malleable. Spend too much time around people who doubt themselves, and you'll doubt yourself too.

But here's the flip side. Mirroring isn't destiny. Just as negativity rubs off on you, so does passion. Hang around people who are building, creating, chasing their vision, and your brain taps into that energy too. Watch someone take bold risks, and your own neural circuits for courage light up. Inspiration isn't magic—it's your brain being reshaped by the people around you.

That's why Warren Buffett once said, "It's better to hang out with people better than you. Pick out associates whose behavior is better than yours and you'll drift in that direction.'

And it echoes an even older truth, passed down in different forms for centuries: "Show me your friends, and I'll show you your future.'

Curate your circle like it's an investment in your future. Spend time with people who believe bigger, live with more discipline, and push themselves further—not because they're flashy, but because their habits rub off on you. Their standards become your standards. Your brain literally rewires itself to match the company you keep.

So before you beat yourself up for not living up to your full potential, pause and look around. Who are you spending most of your time with? Their doubts—or their dreams—are setting the boundaries for what you believe is possible.

If your people are impatient dreamers, grounded believers, creative disruptorskeep them close. If they're dragging you into doubt, laziness, or "good enough" thinking, let them go—gently, but firmly.

Your brain is wiring itself every single day. Intentionally choose people who light sparks—not just for your mood, but for your mind, your vision, and your

Toby Moore is a columnist, the star of Emmy - Nominated A Separate Peace, and the CEO of Cubestream Inc.



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BLACKSTONE VALLEY TRIBUNE Friday, August 29, 2025

Summer antiquing Grow a bee-friendly lawn



ANTIQUES, COLLECTIBLES & ESTATES WAYNE TUISKULA

We are nearing the end of the summer, but there are still plenty of opportunities to do some antique hunting before the cold weather sets in.

September is a good time to take in the Brimfield Antique Flea Market. The last of three Brimfield shows takes place Sept. 2 through Sept. 7. The flea market itself is nearing antique status. The first show took place in 1959, over 65 years ago. Here are some insider tips if you plan to attend. Serious bidders get there early. A lot of the best finds are found when the dealers first start putting out their wares. Be ready for any kind of New England weather. It can be incredibly hot and dry one day. The next day there may be torrential rain, and the fields could be flooded. I've been there overnight in the fall and there was frost on the ground during the night. Be ready for lots of walking and stay hydrated. The food court and severa nice play for a midday break after all the walk-

Mariers-Palmer Antique Flea Market runs prior to Brimfield during all three sessions. Their last session runs from Aug. 28 to Sept. 1. I've seen Brimfield dealers set up there prior to Brimfield and dealers and buyers hunting for items prior to Brimfield.

The Web site for Elephant's Trunk in New Milford, Conn. says that it's the largest weekly flea market in New England. They are open every Sunday from April to December: The gates open for dealers at 4:15 a.m. Early buyers can enter from 5:30 to 6:45 a.m. for a \$20 entry fee. General admission from 7 a.m. on is \$7. Elephant's Trunk claims to have a different mix of vendors every week.

Mansfield Flea Market at the Mansfield Drive-Inn in Connecticut is listed as Eastern Connecticut's largest flea market. Their website lists antiques and new and used items among the offerings. Admission is \$3 per car and runs on Sundays from 8:00 am to 2:00 pm.

Grafton Flea The Market's website says that it's been in business for over 40 years. It's located in Grafton, Mass. and runs from 6 a.m. to 4 p.m. on Saturdays and Sundays. It also has a al other places offer you mix of antiques, new, and

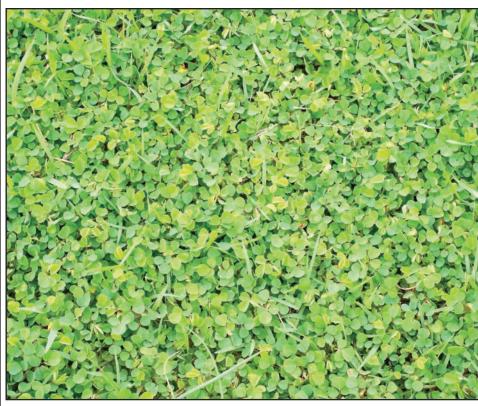
used items.

The Rietta Flea Market in Hubbardston, Mass. opens for vendors at 5 a.m., and is open to buyers at 6:30 a.m. on Sundays. Their Web site describes it as "one of the largest and most popular outdoor and indoor flea markets in the Northeastern United States.'

Todd Farm Flea Market in Rowley, Mass. has an antiques focus. The flea market is open to customers on Sundays from 5 a.m. to 2 p.m. from April to November. I have yet to attend but many reviews mention their food offerings of coffee, scones, donuts, and burgers. So, even if you don't find the antiques you wanted, you won't go away hungry.

Our online auction of the Harlansburg Transportation Museum in Pennsylvania is running and ends on Sept. 9. We continue to work on the Laurel and Hardy memorabilia auction and Civil War memorabilia auction. We are accepting quality consignments for other upcoming auctions. Please visit our Web site, https://centralmassauctions.com, for links to upcoming events.

Contact us to consign items or for auction information at: Wayne Tuiskula Auctioneer/ Appraiser Central Mass Auctions for Antique, Collectibles Auctions and Appraisal Services info@ centralmassauctions.com or (508-612-6111).



Boost the bee and pollinator appeal of your lawn by incorporating a microclover, like this Miniclover, found to attract and support a diverse group of native bees.



GARDEN MOMENTS MELINDA **MYERS**

Boost the bee and pollinator appeal of your lawn by incorporating microclover, self-heal, creeping thyme, crocus, grape hyacinths and other bee-friendly flowering plants in your lawn. You'll create and enjoy a carpet of green with splashes of color and one that requires less ongoing maintenance. The pollinators will benefit from the nutritious sources of nectar and pollen your bee lawn provides.

Flowering bee lawns include traditional lawn grasses combined with other hardy grasses, like fine fescues as well as warm season centipede grass. Kentucky bluegrass and Bermuda grass also combine well with bee-friendly plants but require more ongoing care than fescues and centipede grass. You'll be creating a more diverse lawn that not only appeals to bees but also is more resilient to pests and environmental stressors than traditional lawn grasses. Consult your local university extension service for help in selecting the best lawn grasses and bee-friendly plants.

Like any new addition to the landscape or garden, it does require some effort. But once you'll established, be spending less time with ongoing care like watering, mowing and fertilization.

Start by evaluating

your current lawn situation. If grass is growing well in the area, so will a bee lawn. This is not an all or nothing endeav-or and like any new undertaking, starting is always a good

strategy. Consider converting just lesser-used spaces. This allows bees and butterflies to forage in peace. And even though native bees are docile and typically don't sting, neither the kids nor bees want to share

the same space. Keep your neighbors in mind when selecting a space for your bee lawn. Those neighbors with pristine lawns may be less tolerant of your bee lawn. Selecting areas surrounded by walks and drives will also help keep aggressive plants inbounds.

start-Consider ing your bee lawn by overseeding the white microclover into your existing lawn. Clover is adaptable, tolerates foot traffic and drought, and blooms for a long period, providing bees with high-sugar-content nectar and protein-rich Microclover can also be combined with other bee-friendly plants. You can seed these at the same time or add them later as you expand your bee lawn.

microclover Sow seed in late winter, early spring, or late summer in the south and early spring or late summer in the north. Outsidepride's Miniclover® with Nitro-Coat (outsidepride.com) aids in establishment and allows you to use

no-till, minimum-till, and broadcast seeding techniques. Even though it is not native, research found clover attracts and supports a diverse group of native

Once your bee lawn is established, mow high, at least three inches, so the flowering plants can bloom and support the bees and other visiting pollinators. Leave the grass clippings on the lawn. This is a good practice for both traditional and bee lawns. Short clippings break down quickly, adding moisture and nutrients back to the soil. Once established, you'll only need to water during extended dry periods, and seldom if any, fertilization. Skip the pesticides that can harm the pollinators you are

trying to attract. Increase your landscape's pollinator appeal further by growing more bee- and pollinator-friendly plants in your gardens. Helping these important members of our community is good for the environment and all of us.

Melinda Myers has written more than20 gardening books, including the Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video series and the nationally syndicated Melinda's Garden Moment radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Outsidepride for her expertise to write this article. Myers' Web site is www.MelindaMyers.

* * Triday's Chi



Taiwan Age 14 Registration #6819

Taiwan is a strong and independent young person with a natural athletic ability. He enjoys playing all kinds of sports but especially shines on the basketball court. Taiwan played on the town league team and proved to be an excellent teammate, demonstrating both skill and great sportsmanship. He values teamwork and encourages others around him to do their best. Beyond basketball, he also enjoys swimming and going fishing—activities that help him stay active and connected to nature. While Taiwan may be shy when meeting new people, once he feels comfortable, he is warm, engaging, and fun to be around. He has a playful side and loves spending time indoors playing Pokémon and video games

on his Xbox and PlayStation, where he enjoys the challenge and excitement of his favorite games. Taiwan's combination of athleticism, kindness, and quiet confidence make him a well-rounded and inspiring young person.

https://www.mareinc.org/child/22541700713

Can I Adopt?

If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with. To learn more about adoption from foster care visit www.mareinc.org . Massachusetts Adoption Resource Exchange (MARE) can give you guidance and information on the adoption process. Reach out today to find out all the ways you can help children and teens in foster care.



Hands-on training classes equip future electricians

growing demand for skilled workers in the electrical industry, Bay Path Regional Vocational Technical School's hands-on training course offers students the chance to acquire essential skills needed in the field. With employers actively seeking apprentices with practical experience, this course provides invaluable training across a wide range of

The curriculum includes comprehensive modules such as wire splicing, conduit bending, residential wiring, and three/four-way switching. Students will also gain expertise in service installation, motor control, grounding/bonding, and fire alarm systems. The course further covers solar installation, snaking wires, basic multi-meter use, circuit troubleshooting, and load center/panel wiring. Additional skills taught include GFCI/AFCI installation, low voltage projects, lock out/ tag out (LOTO), smart home installation, using the NEC, rigid pipe threading, basic Ohm's Law, and ladder & safety harness use.

Spanning 150 hours of immersive

CHARLTON — In a bid to meet the training, the course is divided into two 75-hour semesters. Successful completion of both semesters and fulfillment of all course requirements, as determined by the instructor, are necessary to obtain a final certificate. This class is taught by Kevin Anctil, who is a Master Electrician and Licensed Journeyman. Kevin has more than 30 years in the electrical industry. He has been an Electrical Instructor with Bay Path Continuing Education since 2015, and he started this hand on training class a couple years ago. Prospective students should note that a list of necessary hand tools will be provided on the first night of class, but these are not included in the course fee. To ensure the course can proceed, a minimum enrollment of 10 students is required. Interested individuals are encouraged to register early, as the course will be canceled if this number is not met one week prior to the start date. Class starts Sept. 9, 5:30-8:30 p.m., and runs every Tuesday and Thursday until Dec. 18. To learn more and/or enroll, visit: augusoft.baypath.net and search on class ID 42213.

bankHometown promotes Coveny | Southbridge resident embarks to VP, commercial lending

Courtesy Photo

Sean Coveney

OXFORD — bankHometown recently promoted Sean Coveney to vice president, commercial lending, based at its 109 Elm St., Millbury, office.

Coveny has nearly 13 years of banking experience and joined bank-Hometown in 2018 as a commercial credit analyst III. He earned a bachelor's degree in resource economics from UMass Amherst, as well as an MBA from the Isenberg School of Management at UMass Amherst. Coveny also earned a certification through The New England School for Financial Studies with the Massachusetts Bankers Association.

In his new role, Coveney will develop and manage commercial loan portfolios while building relationships in the business community. He will continue to excel in evaluating credit risk within the commercial lending department.

About bankHometown

Founded in 1889, bankHometown is headquartered in Oxford. We have \$1.6 billion in assets and offer a complete line of consumer and business deposit and lending products and services through 16 branches located throughout Central Massachusetts and northeast Connecticut. We're proud to fulfill our community banking mission-providing individualized financial support, a suite of comprehensive products and services, and smart banking technology—all to ensure our customers can unlock their potential and build a successful future.

Through our sponsorship and charitable giving program, Giving Tree, bankHometown and the Hometown Bank Community Foundation support non-profit organizations and causes throughout Worcester and Windham Counties. In 2024 alone, The Giving Tree donated nearly \$325,000 and over the last decade has donated \$3 million. bank-Hometown is proud to be named a Corporate Citizenship Award winner by Boston Business Journal for the past six years. For more information, visit bankhometown.com.

on new nursing career



Ashley Rincon

SOUTHBRIDGE — After years of Bay Path Practical Nursing Academy, dedicated service in community support, local resident Ashley Rincon, LPN, is set to begin a new chapter in her professional life. On Sept. 8, she will start her career as a nurse at Fairlawn Rehabilitation Hospital, bringing a wealth of experience and a passion for patient care to her new

For Rincon, this transition is the culmination of a journey she describes as one of "growth, resilience, and compassion." Having recently completed her Practical Nursing certificate from

she passed the NCLEX-PN on her first

"Each step from studying to handson patient care has strengthened not only my skills, but also my heart for serving others," Rincon said. "It hasn't always been easy, but every challenge has shaped me into the nurse that I will become."

Rincon is no stranger to the healthcare field. She has been a Direct Support Professional with Venture Community Services (and its predecessor, Life-Skills Inc.) since 2018. In this role, she provided essential daily care to individuals with intellectual and developmental disabilities, assisting with personal care, medication administration, and medical appointments. Her experience also includes a tenure as a House Manager, where she supervised staff and ensured resident safety, demonstrating strong leader-

ship and organizational skills.
Her new career path is supportd by extensive clinical training in patient-centered care, vital sign monitoring, and medication dispensing. She is skilled in specialized procedures such as G-tube feeding, ostomy care, and sterile techniques. Her commitment to professional development is further highlighted by a long list of certifications, including BLS/ CPR, Mental Health First Aid, and Dementia Care.

Rincon's academic and competitive excellence has also been recognized. In 2025, she achieved remarkable success in the SkillsUSA competitions for Medical Terminology, earning a silver medal at the district level, a gold medal at the state level, and placing in the top 10 nationally. Her education was supported by a MassHire Grant, an award recognizing her potential and dedication to her chosen field.

Known for building trust with patients and families through empathy and patience, Rincon looks forward to applying her compassionate approach and extensive skills to her new role at Fairlawn Rehab.

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Cornerstone Bank awards \$40,000 in scholarships to 16 local high school graduates

WORCESTER — Cornerstone Bank, Regional High School, attending a community bank with locations University of Connecticut throughout Central Massachusetts, is pleased to announce the recipients of its 2025 Scholarship Awards Program. Sixteen outstanding local high school graduates have each been awarded a \$2,500 scholarship to help support their college education, for a combined total of \$40,000.

"At Cornerstone Bank, we believe in the power of education to transform lives," said Todd Tallman, CEO of Cornerstone Bank. "These students have demonstrated dedication, leadership and a commitment to their communities. We're proud to support them as they take the next step in their academic journev.'

The 2025 Cornerstone Bank scholarship recipients are:

Jackson Landine, Tantasqua Regional High School, attending University of Rhode Island

Sydney Scott, Sutton High School, attending University of Connecticut

• Jolie Nguyen, Shrewsbury High School, attending Assumption University

• Alexa Benson, South High School, Community attending University College Dublin

Jake Melillo, Tantasqua Regional High School, attending Syracuse University

· Haley Case, Wachusett Regional High School, attending UMass Amherst Ashley Alvarenga, Worcester Technical High School, attending UMass

Dartmouth · Colin Resener, Shepherd Hill Regional High School, attending UMass

Amherst · Matthew McDonough, Shrewsbury High School, attending St. Anselm

 Salma Bayi, Wachusett Regional High School, attending Westfield State

University • Shane McGlone, Marianapolis Preparatory School, attending Boston

• Emily Manfield, Saint Paul Diocesan Jr. Sr. High School, attending Suffolk

University Jackson Checkosky, Shepherd Hill Regional High School, attending Providence College

Leandro Jean-Pierre, Gateways

Academy, attending Fitchburg State • Christian Rutter, Leicester High School, attending Worcester State

University · Ashley Dickhaut, Shepherd Hill VISA

"Each of these students has shown not only academic promise but also a strong sense of purpose and responsibility," Tallman added. "We're honored to invest in their potential and can't wait to see what they achieve in the vears ahead.'

Applicants were evaluated based on the following criteria:

• Graduation from high school in 2025 Full-time enrollment at an accredit-

ed college or university · Planned study in business or finance · Academic excellence and extracur-

ricular/community involvement Submission of an official transcript

· A personal essay outlining goals and interests

For more information about this year's scholarship winners, visit: https://cornerstonebank.com//cornerstone-bank-2025-scholarship-recipients/

About Cornerstone Bank

born of a long history of supporting the community, and providing a strong foundation to help people and businesses thrive. Serving Worcester County, Massachusetts, Cornerstone Bank's local presence and community-based banking model enables a unique ability to deliver outstanding service, with a personal touch. Cornerstone, which is an affiliate of PeoplesBankCorp, MHC, operating independently under its own name and brand, provides the highest level of service and expertise for individuals, businesses, and community organizations with branch locations throughout Central Massachusetts. Cornerstone works to connect customers with opportunities through a broad range of deposit and loan products and services. Built on Trust is not just a tagline, but also one of our guiding corporate values. Whether a business or personal partnership, Cornerstone stands on the foundation that relationships are built on trust. To learn about Cornerstone Bank's personal and business banking offerings, please visit cor-



Store Hours: Mon. through Fri: 10am-9pm • Sat: 9am-8pm • Sun: 10am-7pm

nerstonebank.com or call 800-939-9103.

Whitinsville Social Library

Web site: northbridgemass.org/

Phone: 508-234-2151

Hours:

Monday-Thursday: 10 a.m.-8 p.m. Friday 10 a.m.-5 p.m. Saturday 10 a.m.-2 p.m.

This September, Whitinsville Social Library is celebrating Library Card Sign-Up Month with a brand-new promotion: The Golden Library Card. From September 1–30, every newly registered patron has the chance to draw a key from the library's "Key Bucket," with weekly Golden Key winners taking home prizes and earning a spot in the grand prize drawing. At the end of the month, one lucky new patron will receive the Golden Library Card, entitling them to one month VIP library perks, including their name and face on library signage and the chance to showcase their favorite books.

Weekly Highlights:

Library Littles

Mondays at 10:30 AM, starting 9/8 Stories, songs, and playtime for children 0-2 and their caregivers. A great opportunity to introduce your child to the library and meet new friends!

Builders & Makers

Tuesdays at 3:30 PM September

LEGO, crafts, and maker projects for kids 6+ will be available. Stop-in and creative something new.

Music & Movement with Deb Hudgins

Wednesday at 10:30 AM

Join Miss Deb for singing, dancing, games, stories, and lots of fun. Ages 1-5. Registration required. Please register for this program.

Local History Help Wednesdays at 2 PM

Story Sprouts STEAM Storytime Thursdays at 10:30 AM, starting 9/11

A structured storytime for preschoolers featuring STEAM concepts and a special activity or take home project. Please register for this program.

Art Attack Fridays at 2:30 PM

Dropping by the library after school? There will be rotating activities and crafts available for tweens and teens.

Special September Events: Fiction Book Club

Monday 9/8 at 6 PM September's selection is Stories from the Tenants Downstairs by Sidik Fofana. Books are available for pick up at the library or online via Libby. Refreshments provided. Please register.

D&D Campaign

Thursday 9/11 at 3 PM

Calling all adventurers! Join WSL's first multi-week Dungeons and Dragons campaign. Beginners lawn, weather permitting. welcome! First level character sheets will be provided if you don't have your own. Dice and snacks will Harrold be provided. Ages 12-17, registration

Get Help with Jenna Monday 9/15 from 11-1

Sign up for a 30 minute session with Community Health worker Jenna Gouin. Get assistance with applying for MassHealth, SNAP, WIC, Fuel Assistance, Medicare, Social Security, Veteran's benefits, and more. Register online or by calling.

Crafty Kids Corner: Calm Down Jars

Saturday 9/20 at 10:30 AM

A creative craft for ages 6 and up! This month, we're making glittery calm-down jars—perfect for mindfulness, relaxation, or just something fun and sparkly to shake. Please register to ensure enough supplies.

Gilmore Girls Trivia

Monday 9/22 at 6 PM Enjoying your annual fall rewatch of Gilmore Girls? Think Northbridge is a bit like Stars Hollow? Want to show off your knowledge of the greatest mother-daughter New England based TV show from the early 2000s? Register your team to win the title of WSL's

PJ Storytime

ultimate GG fan.

Tuesday 9/23 at 6:30 PM

Join us in the Children's Room for a quick evening, seasonal storytime. All-ages. drop in. PJs aren't required, but encouraged!

Memoir Book Club Wednesday 9/24 at 6 PM

This is the 50th meeting of our Memoir Book Club! The first meeting took place on April 24, 2018. For this special meeting readers will revisit one of the first books the group discussed: Letters of a Woman Homesteader by Elinore Pruitt Stewart. Copies are available at the library, via Libby, and Project Gutenberg. New and returning members are welcome to attend!

Silent Book Club Thursday 9/25 at 6 PM

Come gather at the library with fellow book lovers to read and relax. There are no assigned readings. Bring your own book or browse and borrow one of the library's. Drinks and snacks are provided. The meeting starts at 6, quiet reading starts

at 6:30. Small talk is not required.

Friends of WSL Book Sale Saturday 9/27 from 10-1:30

The Friends of the Whitinsville Social Library is having their annual fall book sale with a ton of great quality used books and media for

library and snag your next read. The sale is on the library's front

Teen Painting Night with Julie

Tuesday 9/30 at 6:30 PM Local artist Julie Harrold returns for an instructive, step-by-step painting workshop. This session's project: a beautiful autumnal scene,

perfect for welcoming the season.

great prices! Support your local All materials provided. No experience necessary—just bring your creativity! Ages 12+. Register.

> Check our social media for special pop-up programs throughout the fall. Looking ahead to October: Families can look forward to Spooky Storytime, Halloween crafts, a community Scarecrow Contest, Community Open House, and more seasonal fun.

GREEN

continued from page A1

able/alternative energy facilities; 3) Establishing an energy use baseline and a plan for a 20 percent reduction within five years; 4) Adopting a fuel-efficient vehicle policy; and 5) Locally adopting the Stretch Energy

Currently, 297 municipalities have adopted these criteria and have been designated Green Communities. This program provides cities and towns with financial and technical assistance to support their commitment to clean energy solutions. In November 2024, Northbridge was recognized for reducing its municipal energy consumption by at least 20 percent shortly after five years of implementing its Energy Reduction

the past eight years, Northbridge has implemented energy conservation measures and projects within its schools and municipal buildings. These projects include a) LED lighting upgrades at the Middle School, High School, and Library; b) Thermostat and unit vent demand control upgrades at the High School; Energy Management System upgrades at the Police Station and High School; and d) Hybrid heat pump and domestic hot water heater replacement at the Town Hall.

The LED lighting upgrades at the Middle School, High School, and Library will not only save energy costs but also create better lighting for students, patrons, and staff. All installed lighting features daylight harvesting capabilities, allowing lights to automatically dim near windows and other areas that utilize natural light.

Thermostat and unit vent demand control upgrades at the High School utilize demand-controlled ventilation with CO2 sensors to optimize indoor air quality and energy consumption. These sensors estimate occupant numbers by measuring the concentration of carbon dioxide in the air. Since humans exhale CO₂, higher CO₂ levels indicate a greater number of occupants in the space. Based on these real-time CO2 readings, the system adjusts the outdoor air damper. When CO2 levels are high, the damper opens wider to introduce more fresh air, and when levels are low, indicating fewer occupants, the damper closes to reduce fresh air supply. By preventing over-ventilation during periods of low occupancy, this dynamic adjustment minimizes the energy required for conditioning and moving unnecessary amounts of fresh air, ultimately ensuring a healthy indoor environment while achieving energy savings.

An Energy Management System (EMS) was installed at both the High School and Police Station to monitor, analyze, and optimize energy usage. These systems integrate various building systems, such as HVAC into a central platform for real-time data collection and analysis. This enables building managers to identify inefficiencies, diagnose issues, and make informed decisions to improve

energy efficiency and performance,

leading to reduced energy consumption and operational costs.

Northbridge has been an active participant in the state's Green Communities Competitive Grant Program and hopes to secure additional funds for future energy conservation measures. This ongoing initiative has been made possible by the continued support of town residents and the leadership of the Town Manager, Director of Public Works, Planning Director, and School Business & Finance Director. At the 2025 Spring Annual Town Meeting, voters committed \$25,000 in local matching funds for

the next grant round. The town is currently exploring future projects, including buildweatherization initiatives at the Town Hall, Middle School, High School, and other public spaces. Weatherization involves implementing upgrades and repairs to improve a building's energy efficiency and reduce its overall energy consumption. These efforts may include air sealing, closing gaps and openings using materials like caulk and weatherstripping to prevent drafts; Insulation, adding insulation in walls, floors, pipes, and ducts to minimize heat loss; and upgrading

and weatherstripping around existing windows and doors. Questions on Northbridge's Green Communities initiatives may be directed to R. Gary Bechtholdt II. Director of Community Planning & Development/GC Grant Program Administrator at (508) 234-2447 or via email at planning@northbridge-

windows & doors, installing storm

windows or improving insulation

mass.org.



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Commonwealth of Massachusetts The Trial Court **Probate and Family Court Worcester Probate** and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO25P2883EA CITATION ON PETITION FOR FORMAL ADJUDICATION

Estate Of: Cheryl A. Bergeron Also known as: Cheryl Bergeron, **Cheryl Ann Bergeron** Date of Death: 08/08/2025

To all interested persons: A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Tammy McGovern of North Smithfield RI requesting that the Court enter a formal Decree and Order and for such other relief as requested

in the Petition. The Petitioner requests that: Tammy McGovern of North Smithfield RI and Kim M. Havunen of Pascoag RI be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 09/16/2025.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court. Date: August 15, 2025 Stephanie Fattman, Register of Probate August 29, 2025

COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL **COURT** Docket No. 25 SM 002518

ORDER OF NOTICE TO:

Michael J. Brooks a/k/a Michael **Brooks**

Michael J. Brooks a/k/a Michael **Brooks, as Personal Representative** of the Estate of John Leroy Brooks and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901

(et seq): Wells Fargo Bank, N.A.

claiming to have an interest in a Mortgage covering real property in Whitinsville, numbered 178 Mason Road, given by John Leroy Brooks to Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for Mortgage Research Center,

LLC dba Veterans United Home Loans, its successors and assigns, dated March 4, 2015, and recorded in Worcester County (Worcester District) Registry of Deeds in Book **53458**, **Page 200**, and now held by the Plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before 10/06/2025 or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act.

Witness, GORDON H. PIPER Chief Justice of this Court on Attest: 8/21/2025

Deborah J. Patterson Recorder August 29, 2025

Simon Fairfield Public Library

The Simon Fairfield Public Library's Club II (Registration Required) September 2025 Schedule. Please note that some events do require registration. If you have any questions regarding any events, please do not hesitate to contact the library at 508-476-2695 or email at us at douglas@cwmars.org.

Address: 290 Main St., Douglas Phone: 508-476-2695

Hours: Monday-Thursday, 9 a.m.-8 p.m.; Saturday, 9 a.m.-1 p.m.

Please note that we will be closed on Sept. 1 in observance of Labor Day.

Children's Book Clubs (Registration

Wednesday, Sept. 10 at 4 p.m. - Book Wizards (Grades 5-7), "The Bletchley Riddle" by Ruta Sepetys

Wednesday, Sept. 17 at 4 p.m. - Young Reader's Club (Grades K-2), "Alexander and the Terrible, Horrible, No Good,

Very Bad Day" by Judith Viorst Wednesday, Sept. 244 p.m.: Book Bunch (Grades 2-4), "Fire on the Mountain" by Pamela McDowell

Children's Happenings

& Movement with Deb Hudgins

Tuesday, Sept. 9 at 3:30 p.m. - Lego Club I (Registration Required)

Wednesday, Sept. 17 at 5:45 p.m. -Reading to Bryce (Registration Required) has been cut, and demand for services

Monday, Sept. 29 at 10 a.m. - Fall Storytime (Registration Required)

Tuesday, Sept. 30 at 3:30 p.m. - Lego Club III (Registration Required)

Adult Book Clubs

Thursday, Sept. 4 at 6:30 p.m. - Greatest Book Club Ever, "Jurassic Park" by Michael Crichton

Tuesday, Sept. 9 at 6:30 p.m. - Intrepid

Readers, "On the Hippie Trail" by Rick

Tuesday, Sept. 16 at 6:30 p.m. - SciFi Book Club, "The Doors of Eden" by Adrian Tchaikovsky

Thursday, Sept. 18 at 6 p.m. - Cookbook Collective, "The Barefoot Contessa Cookbook" by Ina Garten

Monday, Sept. 29 at 6:30 p.m.: Plot Twisters, "All the Dangerous Things" by Stacy Willingham

Adult Happenings Wednesday, Sept. 3, 10, and 17, 10 a.m.

Fiber Arts Friends

Thursday, Sept. 11 at 5:45 p.m. - Fiber Arts Friends

Thursday, Sept. 25 at 7 p.m. - William Henry Harrison 1840 Campaign Banner

United Way to host comedy fundraiser at Samuel Slater's Restaurant

— The United Way of South Central Massachusetts (UWSCM), in partnership with Funny 4Funds, is excited to announce a Comedy Night Fundraiser on Friday, Sept. 19 at Samuel Slater's Restaurant in Webster.

"This year has presented significant challenges," said Kristin McCarthy, Executive Director of UWSCM. "According to philanthropyorg, char Tuesday, Sept. 9 & 23, 11:30 a.m. - Music itable giving has declined by \$65 billion since 2021 and we are seeing the impact right here at home. Many local workplace giving campaigns have been reduced or eliminated, federal funding Tuesday, Sept. 23 at 3:30 p.m. - Lego provided by our partner agencies con-

tinues to grow. We are hoping to close out the year strong and what better way to do that than with an evening full of laughter and community spirit?

Doors open at 6 p.m., with the show kicking off at 7 p.m. Guests can enjoy a cash bar and pub menu, exciting raffle prizes, and a 50/50 drawing all while supporting a meaningful cause. Tickets are \$25 and are available at www.uwscm. org/events.

UWSCM extends heartfelt gratitude to our Platinum Level sponsor - Hyde Tools. Thanks also to our Gold Level sponsors - Guild of St. Agnes, Savers Bank, and Starkweather & Shepley, Silver Level sponsors - Rampco Construction, KARL STORZ Endoskope, Webster Five, UMass Memorial Health Harrington, and Open Sky Community Services, and to Bronze Level sponsor JLA Contracting - for making this event possible.

The United Way of South Central Massachusetts is a nonprofit organization committed to improving lives in Charlton, Dudley, Southbridge, Sturbridge, and Webster by funding local initiatives that help our neighbors strengthen their resilience by advancing health, youth opportunities, and financial security.

To learn more or to donate, visit www. uwscm.org.



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In English-speaking countries, the works of this playwright are widely studied in school.

Answer: William Shakespeare

What's the Difference?

Find the four differences between the two pictures.



B



4. Missing stars on wall book cover 3. Child standing in background Answers: Guinea pig on rug 2. Missing shapes on

1883: The volcano Krakatoa, located on an island near Indonesia, erupts.

1920: The 19th Amendment to the United States Constitution is certified, giving women the right to vote.

1972: The Games of the XX Olympiad open in Munich.



an outline of the subjects in a course of study



English: Locker Spanish: Taquilla **Italian:** Armadietto French: Casier

German: Schließfach



Harvard University and the College of William & Mary are the oldest colleges in the United States, opening in 1636 and 1693, respectively.



Answers: A. educate

...

lessons

9

D. syllabus



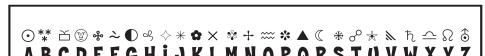
Can you guess what the bigger picture is?

Answer: School bus

Fun By The Numbers Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so

sharpen your

pencil and put



Solve the code to discover words related to the school year. Each number corresponds to a letter. (Hint: 6 = S)

26 18 25 21 A.

Clue: Teach

26 6 В.

Clue: Plans for teaching

classroom 21 11 **20** 6 6

Clue: Where students gather

20 D. 16

Clue: Course outline

SUDOKU

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		4			5			
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	4				7			
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		amagh.		3	6	5	9	2
3		8		7	9			4

your sudoku savvy to the test!

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

乜	assak	9	6	Z	9	8	S	ε
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8	L	ε	mh	Þ	2	9	6	9
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and de	9	Z	Þ	6	9	ε	8	2
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ε	2	6	9	9	L	Þ	done	8
9	9		8	2	Þ	L	8	6

:R3W2NA

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Huffy basketball hoop, new Coleman

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high chairs, bouncy, games, Antiques



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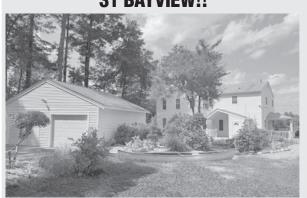


Featured Listing **WEBSTER - 24 COOPER RD**

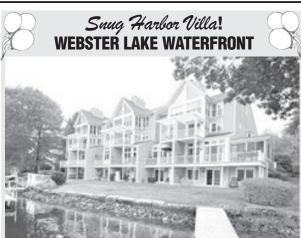
NEW CONSTRUCTION Craftsman Style Home! Tucked away on Cooper Rd. Webster Lake w/Access at Lakeside Beach/Boat Ramp. 3rd of 4 Homes being built at this Site. Offers 2,155 SF+/- of Living Area, 7 Rms, 4 BRs, 2-1/2 Baths, 9' Ceilings. Wood Flooring Throughout w/Ceramic Tile Floors in the Baths. Spacious Main BR Suite w/Walk-in Closet & Private Full Bathr, Double-Sink Vanity! Lower level walkout w/Slider. Basement-rough plumbed Central AC! Garane. \$649,900.

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Panoramic View, from this absolutely lovely home. 2600 +/- SF, 3+ Beds, 2 full baths, 2 car detached garage! 63' +/- waterfront. .37 Acres! Sandy Waterfront! The home is full of Natural SunLight! Mature landscaping of seasonal plants/shrubs & yummy raspberries! Acres of untouched Forest across the street. Located on a low traffic, private dirt road! Only a handful of homes! \$1,100,000



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On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

Webster Lake - 53 Colonial Rd



WEBSTER LAKE WATERFRONT! jUST SIMPLY AN INCREDIBLE OPPORTU-NITY! OVER 31,000 SQ FT OF LAND! Summer Cottage on 9482 SF of land. Commanding view, breathtaking Western Sunsets + 5 Waterfront Lots across the street, on 4 of the 5 possibly buildable. assisted sale \$1,199,900

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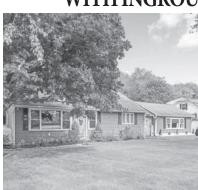


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LPN sets her sights on the future

a heart full of compassion and a drive fueled by family, Katelyn Smith, LPN, of Charlton is making strides in the nursing field, one patient at a

Currently working as a Patient Care Assistant (PCA) on the Medical Surgical Unit at UMass Memorial Medical Center, Katelyn has been providing handson care to patients since February 2024. From assisting with vital signs and glucose checks to supporting daily living tasks and emotional needs, her presence brings comfort and calm to the patients she serves.

Now a Licensed Practical Nurse (LPN), Smith is taking the next step in her career. She recently applied for an LPN position and has already been contacted for an interview — a promising step forward in a journey defined by determination and heart.

"I'm passionate about patient care and safety," said Smith. "This field is where I feel I can make the most difference helping people feel safe, supported, and seen."

A graduate of Bay Path Practical Nursing Academy, Class of 2025, with a certificate in Practical Nursing, Quinsigamond Community College with an Associate's degree in pre-nursing, she also holds certifications from the American Heart Association and the Stop the Bleed course, building a solid foundation in emergency response and criti-



cal care. She passed the NCLEX-PN on her first

Before entering healthcare, Smith spent several years as a hair stylist — a job that, she says, taught her the value of listening, patience, and hospitality.

"It gave me the ability to connect with people on a personal level," she shared. "That skill has definitely carried over into nursing."

Smith is an alumna of Bay Path Regional Vocational Technical High School, Class of 2018, Cosmetology.

Her long-term goal? To begin her RN program in the summer of 2026, she will continue to build her career in a place where she already feels at home.

Throughout her journey, Smith credits her parents as her greatest inspiration.

"They've shown me what hard work, kindness, and dedication really look like," she said. "They're the reason I pursued nursing in the first place."

Her commitment hasn't gone unnoticed — she's received multiple honors, including the Horatio Association Alger Scholarship, Cynthia and Harrison Taylor Scholarship, and the Random Act of Kindness

Motivated, skilled, and grounded by family values, Katelyn Smith represents the next generation of healthcare professionals compassionate, competent, and committed to making a difference.





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Academy Director marks 12 years as dedicated Pan-Mass Challenge volunteer CHARLTON Gretheline Bolandrina,

Bay Path Practical Nursing

DHA, MSN Ed, RN, CRRN, Director of the Bay Path Practical Nursing Academy, recently marked her 12th year as a committed volunteer for the Pan-Mass Challenge (PMC) — one of the most impactful athletic fundraising events in the nation. On Aug. 2 & 3, the PMC community came together from all corners of the world with one mission: to raise funds for cancer research and treat-ment at Dana-Farber Cancer Institute. Since

2013, Bolandrina has served as a volunteer for PMC. She started as a medical volunteer and became the Signs and Supplies Manager at the PMC's Monument Finish shortly thereafter, where she ensures smooth logistics and safety by managing crucial signage and distributing materials to support other volunteers, riders, and staff. With 3500+ volunteers, their efforts help guide thousands of cyclists through their final miles, culminating in an emotional and inspiring finish line experience.

The Pan-Mass Challenge raises critical funds for cancer research and treatment at Dana-Farber Cancer Institute and relies on a vast network of volunteers like Dr. Bolandrina. Her long-term service exemplifies her passion for community health and her unwavering support for causes that extend beyond



Courtesv Photo

Dr. Gretheline Bolandrina

the classroom and clin-

ic.
"Volunteering with the Pan-Mass Challenge has been one of the most fulfilling experiences of my life," Bolandrina shared. "Along with my family, my husband Joseph, our children, and their significant others, it's an honor to

be part of something that brings hope, healing, and support to so many."

Her role in the PMC reflects the values she promotes at Bay Path Practical Nursing Academy: leadership, service, and compassion-both professionally and personally.