



Free by request to residents of Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

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Friday, February 5, 2021

# Uxbridge, Bellingham businesses receive COVID-19 grants

**BY KIMBERLY PALMUCCI**  
TRIBUNE CORRESPONDENT

UXBRIDGE — Two businesses in Bellingham and one business in Uxbridge are among the 1,100 small businesses across the Commonwealth that recently received grant funds through a COVID-19 Small Business Grant Program.

Gov. Charlie Baker and Lt. Gov. Karyn Polito recently announced that an additional \$45.3 million in grants will go to these small businesses in the fifth round of awards through the COVID-19 Small Business Grant Program, administered by the Massachusetts Growth Capital Corporation (MGCC).

State Rep. Michael Soter, R-Bellingham, said that \$160,000 of these funds will be distributed to two businesses in Bellingham and one business in Uxbridge.

“I’m delighted to see that businesses are receiving much needed relief,” Soter said, adding that in the coming weeks, additional sector-specific grants will be released. “The sector-specific program targets businesses in the industries experiencing the greatest economic hardship, regardless of employee headcount. While this infusion of cash is great in the short term, we need to continue to evaluate what long term solutions can be implemented.”

Among the key industries most impacted by the pandemic, restaurants, bars and retail stores comprise the leading groups to receive grants.

To date, the Baker-Polito Administration has awarded more than \$277 million in direct financial support to 5,857 small businesses, according to reports. This funding has been made available through a \$668 million business relief fund set up in December 2020, as well as \$50.8 million for small and diverse businesses included in the economic recovery package announced in October of last year.

“Our administration remains committed to support-

Turn To **GRANTS** page **A5**



**CATCHING AIR**

Members of the Uxbridge High School girls' Varsity basketball team were literally leaping with joy after a recent home game. Photo courtesy of the Uxbridge Spartans Twitter feed.

**BY KIMBERLY PALMUCCI**  
TRIBUNE CORRESPONDENT

MILLVILLE — Local police are warning residents of several recent vehicle break-ins that have occurred across the Blackstone Valley.

“Vehicle break-ins have swept through several local communities in the Blackstone Valley in the last two weeks,” the Millville Police Department reported. “Most break-ins occur late at night and into the early hours of the morning. The thieves typically aren’t smashing in windows if the cars are locked, they’re simply moving onto the next one that isn’t.”

Several cars were bro-

ken into on Main Street and Chestnut Hill Road in Millville, according to police. The department reminded residents to conduct a security check before going to bed and verifying that vehicles, residences, garages, windows, gates, and sheds are locked.

“Take tools, bikes, keys, and other valuables inside, and activate exterior lights, security cameras and alarm systems,” police added.

Residents should report suspicious activity by calling 9-1-1 or the Millville Police Department at 508-883-3117.

The Mendon Police Department is also reminding residents to protect their vehicles with the “9 P.M.

Routine,” a nightly cue to residents to conduct a security check, including removing valuables from vehicles, locking vehicle doors, locking residence doors, and more. The routine has gained popularity nationwide.

“With area towns seeing an increase in motor vehicle break-ins and thefts, we would like to remind you to take the proper steps to protect your vehicle with the 9 P.M. Routine,” Mendon Police said. “Bring your valuables inside, lock your car, lock your house, and turn your porch lights on.”

In Uxbridge, police are warning of mailbox thefts. The Uxbridge Police Department has recently received reports

of “some thefts occurring from mailboxes.”

“Residents have had checks stolen from their outgoing mail,” the department reported. “In one instance a blue mailbox receptacle was tampered with at one of the Post Offices in town and the checks put in it to be mailed out were stolen.”

Residents are encouraged to bring “mail that might contain checks being mailed for payment” into the drop box inside the Post Office.

“It is never recommended to mail cash,” police added, encouraging members of the community to report any suspicious activity to their local Post Office immediately or by visiting [www.usps.com](http://www.usps.com).

# Sutton offers online purchase option for burning permits

**BY KIMBERLY PALMUCCI**  
TRIBUNE CORRESPONDENT

SUTTON — The town of Sutton will be utilizing a new online permitting system this year for Open Burning Season, which will run from Jan. 15 through May 1.

“Anyone in town utilizing the state Open Burning Season will be required to obtain a permit online first,” Sutton Fire Chief Matthew Belsito said. “Our new online permitting system allows residents to obtain their burn permit in a convenient and safe manner, especially during the ongoing COVID-19 pandemic.”

Burning permits from previous seasons do not carry over from year to year. All residents need to reapply for a seasonal permit online by visiting the town’s website, according to a town statement. Residents applying for a permit online will link to City Hall Systems through the town’s website at [www.suttonma.org](http://www.suttonma.org) and complete the application.

“If they do not already have an account, one can be created on the secure portal to pay taxes, sewer bills, and obtain transfer station stickers,” the town statement reads.

Residents must also obtain permission from the Sutton Fire Department on the day they wish to burn. Permission and activation may also be completed online or calling 508-865-8737 (option 4) to listen to the prerecorded message and leaving an address.

The requirement to check in each day before burning is based on changing atmospheric and weather conditions such as wind or air dryness; violations of the permit requirements, open burning law, or open burning regulations will be grounds for permit revocation. According to Massachusetts law, anyone found burning without a permit may be subject to criminal charges, the punishment for which

# A Moment in History

## THE EMPRESS OF THE BLUES



**Bessie Smith, the “Empress of the Blues.”**

**BY BEVERLY GUDANOWSKI**  
UXBRIDGE

Have you ever heard the amazing story of Bessie Smith, “Empress of the Blues,” who sang powerful songs in theaters from Alabama all the way to New York and Chicago in the 1920’s? She made big money during a time of great poverty, earning \$2,000 a week (the equivalent of \$20,000 a week today), and sold a million records, all while she bravely faced a society in which African Americans struggled for acceptance and good jobs. Somehow, with a big voice, a magnetic stage presence, and sheer grit, she did it.

Bessie’s singing, performances, and stage clothes are so legendary that Janis Joplin and other Folk and Blues singers of the 1960’s emulated her voice and style. In high school, Joplin listened to the records of Bessie Smith, Ma Rainey, and Lead Belly, all Blues stars. Joplin later recorded such songs as “Nobody Knows You When You’re Down and Out [Blues],” wearing vintage clothes from second hand stores in a Bessie Smith style.

Few listen to the Blues today. Blues radio stations are sparse. Yet the “Blues Brothers” movie (1980) is one example of the enduring love performers and audiences have for this music. From its peak in the 1920’s until well into the 1990’s, the

Turn To **HISTORY** page **A6**



# 3RD ANNUAL ABC'S OF THE WINTER SEASON 2021

Find the ABC's Crossword inside this issue.

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Shannon.  
\$440,000, 60 Mendon St, Scannell,  
Karen, to Nirenberg, Matthew B,  
and Oboyle, Brittany M.  
\$220,000, 9 Rivers Edge Rd #9,  
Caruso INT, and Caruso, Frank P,  
to Caruso, Stacey.  
\$175,000, 103 Federal St, Dicks,  
Brian T, and Dicks, Susan M, to 103  
Federal Street LLC.  
\$160,000, 41 Fairway Ln #41,  
Badolato, Michelle, to Lavash, Jill.  
\$46,000, 22 Union St, Whipple,  
Pauline E, to Poirier, Bruce A, and  
Poirier, Gail A.

#### DOUGLAS

\$520,000, 23 Sunset Dr, Powell,  
Richard M, and Powell, Susan M, to  
Armanious, Emmanuel.  
\$335,000, 439 NE Main St, JMT  
Sleepy Hollow LLC, to Baez, Hector R.  
\$334,368, 45 Compass Point Dr #45,  
Northbrown LLC, to Kelly, Ryan.  
\$330,000, 188 Maple St, Armstrong,  
Kellie, and Smith, Jameson, to  
Samara, Ashley N.

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Suzanne M Cronin FT, and King,  
Brendan J, to Hubbard, Ronald, and  
Hubbard, Linda.  
\$365,000, 62 Hill St, Cora Lane  
Group LLC, to Oclair, Benjamin D.  
\$350,000, 517 Douglas Rd, Vosikas,  
John C, and Vosikas, Patricia, to  
Castaldi 2020 RET, and Castaldi,  
David L.  
\$330,000, 67 Fowler Ave,  
Mckinney, Alan Z, and Mckinney,  
Pauline M, to Siver, Ashley M, and  
Siver, Jonathan A.  
\$282,200, 20 Brook St #20,  
Berger, Alexander M, and Berger,  
Cassandra E, to Harrington, Gloria A.  
\$142,100, 137 Border St #137,  
Palumbo, Sharon, to Levesque,  
Stephanie K.

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\$565,000, 11 Spinning Wheel Dr,  
Donoughe, Paul, and Donoughe,  
Susan, to Kibe, Scott A, and Kibe,  
Jennifer S.  
\$405,000, 404 Blackstone St,  
Jamieson, Oliver P, and Jamieson,  
Karen E, to Tetreault, Jason, and  
Tetreault, Jovanna.  
\$305,000, 210 Granite St #210,  
Mansfield, Tricia A, to Villandry,  
David W, and Curboy, Allison B.  
\$300,000, 85 Ironstone Rd, Frisk,  
Joseph K, and Frisk, Daniel K, to  
Guilbault, Maurice J, and Martin,  
Molly.  
\$255,000, 3 Ascot Ln #3, Skarmear,  
Peter D, and Skarmear, Shannon N,  
to Robertson, John J.  
\$193,700, 51 Spring Hill Dr #51,  
Ohearn Forest Glen LLC, to  
Harter, Philip C.  
\$25,000, 44 Hollis St, Benoit,  
Stephen P, to MJT Milford RET,  
and Tinio, Lawney M.  
\$65,000, 84 Sutton St #2, DJLJ  
Realty LLC, to Knapik Builders Inc.  
\$20,000, High St (off), Uxbridge  
Woods RT, and Foss, Mark S, to Pro  
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205 ft. frontage  
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ready for construction  
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Menu is available on Town  
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Or our Millbury Senior Center  
Facebook page  
A 48 hour reservation is required  
For more information or reservations  
call us at 508-865-9154

THE MILLBURY SENIOR CENTER  
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508-865-9154  
“This project has been funded at least  
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This institution is an equal opportu-  
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The SNAP Logo is a service of the U.S.  
Department of Agriculture.  
USDA does not endorse any goods,  
services or enterprises.”

The Senior Center is closed to the  
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tions you may have and we are avail-  
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appointments or if you need to go to the  
drug store for your prescriptions, we  
will take you there. If you don't have a  
mask, we will give you one.

Also if you are in need of a home  
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Keep safe and remember to wear a  
mask if you go out and to wash your  
hands frequently.

## Becker College announces Dean’s List for Fall 2020

W O R C E S T E R  
— Becker College is  
proud to announce the  
Dean's List for the fall  
2020 semester. The Dean's  
List recognizes all full-  
time students (24 or more  
credit hours earned for  
the academic year; 12  
minimum each semester  
(September through May)  
whose term grade point  
average is 3.50 or higher  
with no grade below a B-  
and no incomplete (I) or  
withdrawal/failing (WF)  
grades.  
Jeremy Payson of  
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Game Development and  
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Interactive Media, Game  
Arts.  
Tabitha Young of  
Uxbridge is pursuing  
a Bachelor of Arts in  
Interactive Media, Game  
Arts.  
Cody Winchell of  
Douglas is pursuing  
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in Applied Computer  
Science.  
Callie Bucchino of  
Uxbridge is pursuing  
a Bachelor of Science  
in Forensic Science,  
Criminalistics.  
Kyrstan Lamphere of  
Uxbridge is pursuing  
a Bachelor of Science in  
Nursing.  
Amanda Brown of  
Northbridge is pursuing  
a Bachelor of Science in  
Veterinary Science, Lab  
Animal Science.

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nized programs in nurs-  
ing, game design and an-  
imal studies, Becker has  
been consistently ranked  
as a “Best College” for  
undergraduate education  
by The Princeton Review.

## Hofstra University congratulates Fall 2020 Dean’s List students

HEMPSTEAD, N.Y. — Hofstra University congratulates  
the students named to the Fall 2020 Dean's List for their out-  
standing academic achievement. Students must earn a grade  
point average of at least 3.5 during the semester to make the  
Dean's List.  
The following students from the local area have been recog-  
nized:  
Hailey Bober of Whitinsville  
Sophia Masciarelli of Northbridge  
Hofstra University is a nationally ranked and recognized  
private university in Hempstead, N.Y. that is the only school  
to ever host three consecutive presidential debates (2008, 2012  
and 2016). Our campus is a leafy oasis just a quick train ride  
away from New York City and all its cultural, recreational and  
professional opportunities. We offer small classes and personal  
attention, with the resources, technology and facilities of a  
large university. Students can choose from more than 165  
undergraduate program options and 175 graduate program  
options in the liberal arts and sciences, education, health  
professions and human services, the Peter S. Kalikow School  
of Government, Public Policy and International Affairs, the  
Fred DeMatteis School of Engineering and Applied Science,  
the Frank G. Zarb School of Business, the Lawrence Herbert  
School of Communication, the Maurice A. Deane School of  
Law, the Hofstra Northwell School of Nursing and Physician  
Assistant Studies, and the Donald and Barbara Zucker School  
of Medicine at Hofstra/Northwell. Hofstra University is a  
dynamic community of 11,000 students from around the world  
who are dedicated to civic engagement, academic excellence  
and becoming leaders in their communities and their careers.

### UXBRIDGE PUBLIC SCHOOLS Taft Early Learning Center 16 Granite St., Uxbridge, MA 01569 (508) 278-8643 “Child Find Screening”



It is the responsibility of the Uxbridge Public Schools Department  
to identify any child who is a resident of Uxbridge, who may have  
a disability, regardless of the severity of the disability. It is also the  
responsibility of Uxbridge Public Schools to evaluate those students  
to determine which are eligible for special education or related ser-  
vices under the IDEA (Individuals with Disabilities Education Act) or  
603 CMR 28 (Massachusetts Special Education Regulations).  
The Uxbridge Public Schools are committed to locating children  
before their third birthday in order to provide early intervention ser-  
vices for three and four year olds. Screenings will be conducted on  
**Thursday, February 11, 2021 from 11:45 a.m. - 3:00 p.m.** If you  
have questions or concerns regarding your child's development and  
would like to have him/her screened, please contact Laura Newhall,  
Preschool Coordinator or Christine Veneziano, Administrative As-  
sistant at the Taft Early Learning Center at (508) 278-8643 to sched-  
ule an appointment.  
If you or your pediatrician believes that your child should be eval-  
uated to determine eligibility for special education services, please  
request this in writing. Include your child's name, address, date of  
birth, and telephone number with a brief description of your con-  
cerns to the Principal of your child's school.



## ACCURACY WATCH

The *Blackstone Valley Tribune* is com-  
mitted to accuracy in all its news  
reports. Although numerous safeguards  
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(508) 909-4106 during normal business  
hours. During non-business hours, leave  
a message in the editor's voice mailbox.  
The editor will return your phone call.

## Local residents named to Dean’s List at Saint Anselm

MANCHESTER, New Hampshire —  
Saint Anselm College has released the  
Dean's List of high academic achiev-  
ers for the first semester of the 2020-  
2021 school year. To be eligible for this  
honor, a student must have achieved  
a grade point average of 3.4 or better  
in the semester with at least 12 credits  
of study which award a letter grade.  
A total of 547 students representing  
24 states and 3 countries received this  
honor.

Mark W. Cronin, Dean of the College,  
announced that Brooke A. Blackburn  
and Quinn M. Colligan of Uxbridge  
have been named to the Dean's List for  
the fall 2020 semester at Saint Anselm  
College.

About Saint Anselm College  
Founded in 1889, Saint Anselm College  
is a four-year liberal arts college pro-  
viding a 21st century education in  
the Catholic, Benedictine tradition.  
Located in southern New Hampshire  
near Boston and the seacoast, Saint  
Anselm is well known for its strong  
liberal arts curriculum, the New  
Hampshire Institute of Politics, a high-  
ly successful nursing program, a legacy  
of community service and a commit-  
ment to the arts.

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## PET of the WEEK



Meet Sadie, 3 year 11 month old female mixed breed (50 lbs). This gor-  
geous lady cannot wait to meet her new family! She loves people and is hap-  
piest when she has someone to spend time with. She is an active girl who can  
also be laid back and enjoys hanging out with her people. Sadie gets along  
well with other dogs, but we do not know how she would do with kids. She  
has never lived in a home with a dog before and she cannot live with cats. We  
think she would do well with kids over 7 pending a meet. If you think Sadie  
could be the girl for you, please email [adopt@baypathhumane.org](mailto:adopt@baypathhumane.org) for more  
info on her and our process today!

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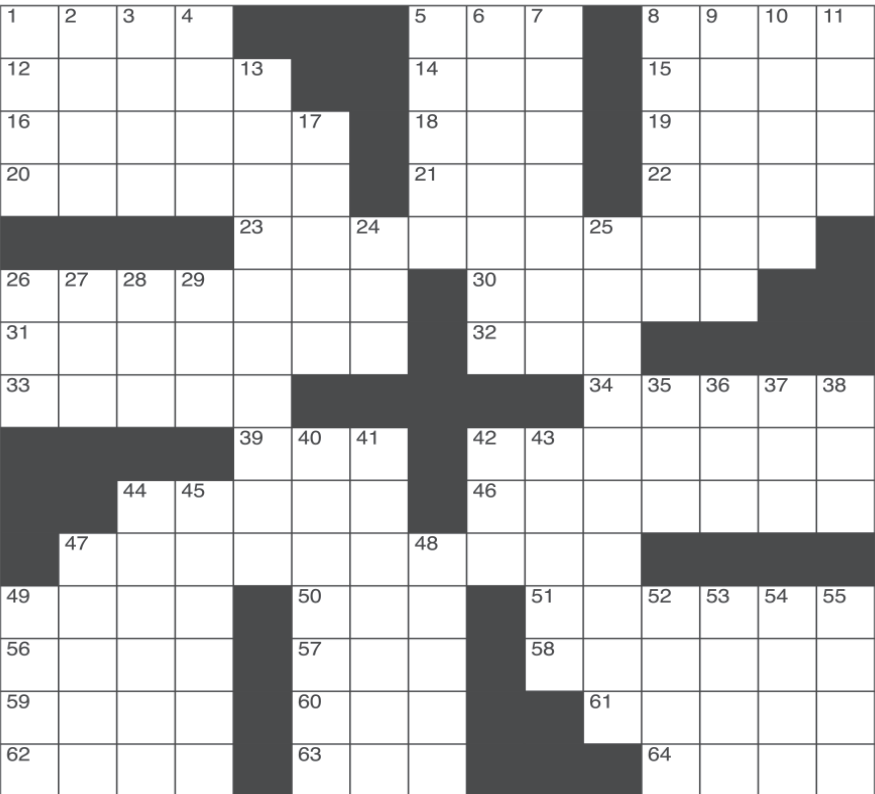
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CLUES ACROSS

1. Nuclear near reach weapon

5. Of she

8. Hyperbolic function

12. Rice dish

14. A team’s best pitcher

15. Strong and healthy

16. Induces

18. Popular manga series

19. From a distance

20. Split

21. Consumed

22. Cushions

23. All over

26. One who provides food

30. St. \_\_ Girl, brand of beer

31. Walking slowly

32. Wood

33. Semitic gods
34. Bugle

39. 60-minute periods (abbr.)

42. Congressman

44. Plant of the heath family

46. Subdivision of an army

47. Having many different forms

49. Shellfish

50. Latin for hail

51. Between sixth and seventh

56. Maori war dance

57. Precious or semiprecious stone

58. Teeter totter

59. Deity

60. A major division of geological time

61. Fishing net

62. Small Caribbean bird

63. Field force unit

64. Japanese beverage

CLUES DOWN

1. Prevents oil spills

2. Monetary unit

3. The color of the sky

4. Dough used to make tortillas

5. Popular comic strip character

6. Distinct form of a plant

7. Replenishment

8. Has its own altar

9. Expedition to see animals

10. Group of related organisms

11. His and \_\_

13. Frenetically

17. Small integer

24. Unit of energy

25. Studies of culture

26. Taxi

27. Doctors’ group

28. Don’t know when yet

29. Former measure of length
35. Popular CBS series

36. Skin condition

37. Christian creator and ruler of the universe

38. They \_\_

40. Caused severe damage

41. Work done under harsh conditions for no pay

42. One point east of due south

43. Sea eagles

44. Drenched

45. State capital

47. Italian city

48. Sweetheart (archaic)

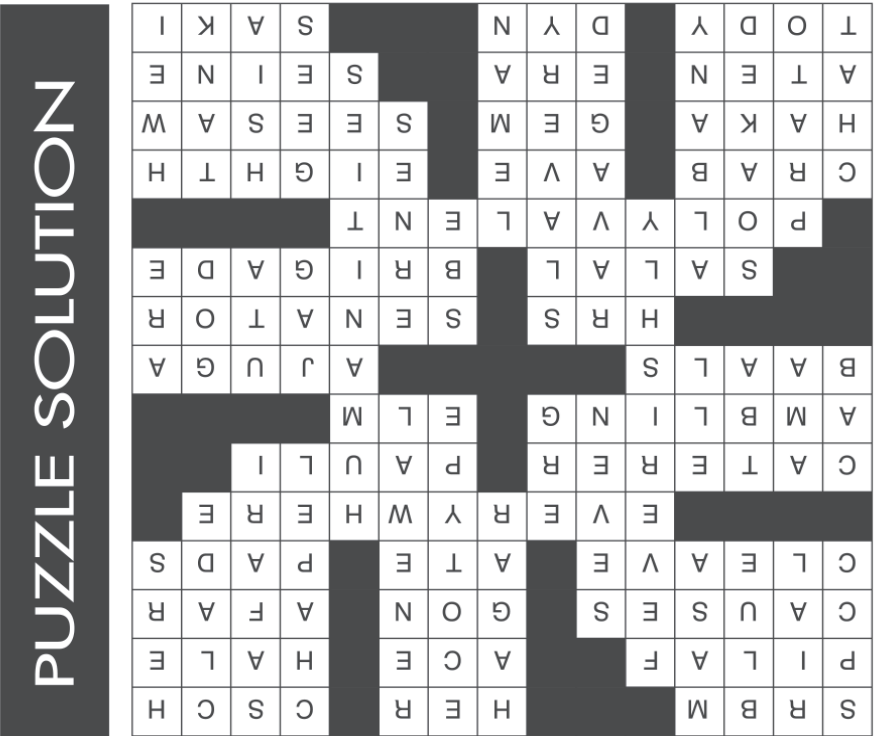
49. Brief talk

52. Popular disco group: Bee \_\_

53. First Chinese dynasty

54. Military vehicle

55. Chinese Moslem



Bryant University students named to Deans’ List

SMITHFIELD, R.I. — Bryant University is dedicated to the pursuit, recognition, and celebration of academic excellence. The University is pleased to recognize the students who have been named to the Deans’ List for the fall 2020 semester.

“The challenges of the last year have revealed the character and grit of our community of scholars,” said Provost and Chief Academic Officer Glenn Sulmasy, JD, LL.M, reflecting on Bryant’s successful fall semester. “I am impressed and proud of their resilience, dedication, and innovative spirit.”

Congratulations on this outstanding achievement!

Lindsey Guyton, class of 2023, from Uxbridge

Caroline Meizen, class of 2021, from Douglas

Matthew Stansky, class of 2021, from Douglas

Kate Labrie, class of 2023, from Whitinsville

Olivia Forest, class of 2024, from Douglas

Kierra Kurtyka, class of 2024, from Uxbridge

Abigail Labrie, class of 2021, from Whitinsville

Karni Murray, class of 2022, from Uxbridge

James Olivieri, class of 2024, from Douglas

Connor Dudka, class of 2024, from Whitinsville

Ashley Whalen, class of 2024, from Uxbridge

About Bryant University

For 158 years, Bryant University has been at the forefront of delivering an exceptional education that anticipates the future and prepares students to be innovative leaders of character in a changing world. Bryant delivers an innovative and uniquely integrated business and liberal arts education that inspires students to excel. With approximately 3,800 graduate and undergraduate students from 38 states and 49 countries, Bryant is recognized as a leader in international education and regularly receives top rankings from U.S. News and World Report, Bloomberg Businessweek, Forbes, and Barron’s. Visit [www.Bryant.edu](http://www.Bryant.edu).

Andrew Dunlap of Uxbridge named to Cedarville Dean’s List

CEDARVILLE, Ohio — Andrew Dunlap of Uxbridge was named to the Cedarville University Dean’s List for fall 2020.

This recognition required Dunlap to maintain a 3.5 minimum GPA while carrying a minimum of 12 credit hours during fall semester 2020.

Located in southwest Ohio, Cedarville University is an accredited, Christ-centered, Baptist institution with an enrollment of 4,550 undergraduate, graduate, and online students in more than 150 areas of study. Founded in 1887, Cedarville is one of the largest private universities in Ohio, recognized nationally for its authentic Christian community, rigorous academic programs, strong graduation and retention rates, accredited professional and health science offerings, and high student engagement ranking. For more information about Cedarville University, visit [www.cedarville.edu](http://www.cedarville.edu).

UniBank named Best Bank for Business

WHITINSVILLE — UniBank, Central Massachusetts’ premier community bank, has announced that they have been named the “Best Bank for Business 2021” by the Worcester Business Journal.

Michael Welch, CEO of UniBank, said, “To be nominated by our loyal customers for this prestigious award for the eighth year is the true measure of our

success. With their trust in our experienced professionals and the seamless-ness in our processes, we establish true partnerships with business owners, of both large and small businesses, across the Central Massachusetts’ region and we’re extremely proud of that. As a \$2B bank, we are large enough to serve all your personal and business banking needs and importantly, still know you by name.”

University of New Hampshire announces Dean’s List for the Fall 2020 Semester

DURHAM, New Hampshire — The following students have been named to the Dean’s List at the University of New Hampshire for the fall 2020 semester.

Christina Calkins of Douglas earning Highest Honors

Skylar Manyak of Douglas earning Highest Honors

Jocelyn Kenyon of Northbridge earning Highest Honors

Brian Iarussi of Northbridge earning High Honors

Elizabeth Dalfonso of Northbridge earning High Honors

Francesca DeLuca of Uxbridge earning High Honors

Ashley Banas of Whitinsville earning High Honors

Hailey Banas of Whitinsville earning High Honors

Zachary Merian of Whitinsville earning High Honors

Students named to the Dean’s List at the University of New Hampshire are students who have earned recognition

through their superior scholastic performance during a semester enrolled in a full-time course load (12 or more graded credits). Highest honors are awarded to students who earn a semester grade point average of 3.85 or better out of a possible 4.0. Students with a 3.65 to 3.84 average are awarded high honors and students whose grade point average is 3.5 through 3.64 are awarded honors.

The University of New Hampshire is a flagship research university that inspires innovation and transforms lives in our state, nation and world. More than 16,000 students from all 50 states and 71 countries engage with an award-winning faculty in top ranked programs in business, engineering, law, liberal arts and the sciences across more than 200 programs of study. UNH’s research portfolio includes partnerships with NASA, NOAA, NSF and NIH, receiving more than \$100 million in competitive external funding every year to further explore and define the frontiers of land, sea and space.

To learn more about the opportunities at the University of New Hampshire, visit: [www.unh.edu](http://www.unh.edu).

PERMITS continued from page A1

fires.”

When snow recedes, but before new growth emerges, last year’s dead grass, leaves, and wood are dangerous tinder. Winds also tend to be strong and unpredictable in April.

Open burning safety tips include: An adult should always be present during open burning, and children and pets should be kept at a safe distance; Use paper and kindling to start a fire and add progressively larger pieces of wood; Never use gasoline, kerosene, or any other flammable liquid to start a fire. The risk of personal injury in these cases is very high; Keep a hose or water supply nearby, as well as shovels or rakes to control the fire; Do not leave hot coals smoldering or unattended.

For more information on open burning in Massachusetts, visit [Mass.gov](http://Mass.gov).



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# Milford Regional Medical Center recognized for maternity care

MILFORD – Milford Regional Medical Center is proud to be recognized by Blue Cross and Blue Shield of Massachusetts with a Blue Distinction® Centers+ (BDC+) for Maternity Care designation, as part of the Blue Distinction Specialty Care program.

Racial and ethnic disparities are persistent and widespread across maternal healthcare, primarily driven by socioeconomic status, geographic location, and implicit provider bias. Compared to similarly developed countries such as Canada, Germany, and Australia, the United States has the highest maternal mortality rate (MMR), at approximately 17.4 deaths per 100,000 live births, with the MMR steadily increasing since 2000. According to the CDC, non-Hispanic Black women are two to three times more likely to die from preventable or treatable pregnancy-related complications compared to white women.

To help address these gaps in care and to help ensure the better health of mothers, The Blue Cross Blue Shield Association enhanced its quality evaluation for the Maternity Care program to address key factors driving the United States' maternal health crisis, such as preventable or treatable pregnancy-related conditions, high utilization of Cesarean sections, and racial and ethnic disparities in maternal healthcare.

Overall, cost of care episodes for vaginal and cesarean births at BDC+ facilities are 20% less than those at non-Blue Distinction Centers+ facilities. The rates of Episiotomies were

1 <https://www.cdc.gov/reproductive-health/maternal-mortality/pregnancy-mortality-surveillance-system.htm>

2 [https://www.cdc.gov/mmwr/volumes/68/wr/mm6835a3.htm?s\\_cid=mm6835a3\\_w](https://www.cdc.gov/mmwr/volumes/68/wr/mm6835a3.htm?s_cid=mm6835a3_w)

49% less than those at Blue Distinction Centers (BDC and BDC+) than at those at non-Blue Distinction Centers (BDC and BDC+). In 2018, BDC/BDC+ facilities across the country cared for more than 40% of Blue Cross and Blue Shield commercially insured women giving birth.

Milford Regional is proud to be recognized by Blue Cross and Blue Shield of Massachusetts for meeting the rigorous Blue Distinction Centers+ quality selection criteria for maternity care set by the Blue Distinction Specialty Care program.

“Milford Regional is proud to have met the rigorous standards to receive this distinction for maternity care,” says Edward J. Kelly, president and CEO of Milford Regional. “The Blue Cross and Blue Shield of Massachusetts Blue Distinction® Centers+ for Maternity Care designation highlights our dedication to providing the highest quality care to the youngest and most vulnerable among us—newborns. I want to congratulate our Maternity Center staff for the comprehensive, compassionate care they provide to mothers and their newborns as recognized by this esteemed award.”

In 2020, the Blue Distinction Centers for Maternity Care Program was expanded beyond traditional outcome measures to include assessments of internal quality improvement, data collection and dissemination, and internal protocols that better address clinical quality and equity issues in maternity care. New in the evaluation cycle, facilities must collect race ethnicity data, have a maternal quality improvement program, commence drills and simulations for adverse events, and have dedicated protocols and procedures for the management of hypertension and hemorrhage. In addition, they must meet clinical outcome metrics at

a higher standard than required previously. Specifically, the rate for low risk first time cesarean sections (NTSV c-section rate, PC-02) has been aligned with the revised Healthy People 2020 goals. Facilities eligible for the Blue Distinction Centers for Maternity care show statistically significant differences in key clinical outcomes compared to their peers.

Quality is key: only those health care facilities that first meet Blue Distinction's nationally-established, objective quality measures will be considered for designation as a Blue Distinction Center+.

Since 2006, the Blue Distinction Specialty Care program has helped patients find quality specialty care in the areas of bariatric surgery, cancer care, cardiac care, cellular immunotherapy, fertility care, gene therapy, knee and hip replacement, maternity care, spine surgery, substance use treatment and recovery, and transplants, while encouraging healthcare professionals to improve the care they deliver. Research shows that, compared to other providers, those designated as Blue Distinction Centers demonstrate better quality and improved outcomes for patients.

For more information about the program and for a complete listing of the designated providers, visit [www.bcbs.com/bluedistinction](http://www.bcbs.com/bluedistinction).

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About Milford Regional Medical Center

Milford Regional Medical Center, Inc. is a comprehensive, non-profit healthcare system that comprises the Medical Center; Milford Regional Physician Group and Milford Regional Healthcare Foundation. Located at the intersection of Routes 140 and 16 in Milford, MA, Milford Regional serves residents of 20-plus towns in central Massachusetts as a 149-bed, full-service, acute-care, community and regional teaching hospital. With over 300 primary care and specialty physicians on their medical staff, Milford Regional has affiliations with several world-renowned healthcare facilities including Dana-Farber Cancer Institute, Brigham and Women's Hospital, Boston Children's Hospital and UMass Memorial Health Care. Visit [milfordregional.org](http://milfordregional.org) for more information.

About the Blue Cross Blue Shield Association The Blue Cross Blue Shield Association is a national federation of 36

independent, community-based and locally operated Blue Cross and Blue Shield companies that collectively provide health care coverage for one in three Americans. BCBSA provides health care insights through The Health of America Report series and the national BCBS Health IndexSM. For more information on BCBSA and its member companies, please visit [bcbs.com](http://bcbs.com). We also encourage you to connect with us on Facebook, check out our videos on YouTube, follow us on Twitter and check out our blog.

About Blue Distinction Centers Blue Distinction Centers (BDC) met overall quality measures, developed with input from the medical community. A Local Blue Plan may require additional criteria for providers located in its own service area; for details, contact your Local Blue Plan. Blue Distinction Centers+ (BDC+) also met cost measures that address consumers' need

for affordable healthcare. Each provider's cost of care is evaluated using data from its Local Blue Plan. Providers in CA, ID, NY, PA, and WA may lie in two Local Blue Plans' areas, resulting in two evaluations for cost of care; and their own Local Blue Plans decide whether one or both cost of care evaluation(s) must meet BDC+ national criteria. National criteria for BDC and BDC+ are displayed on [www.bcbs.com](http://www.bcbs.com). Individual outcomes may vary. For details on a provider's in-network status or your own policy's coverage, contact your Local Blue Plan and ask your provider before making an appointment. Neither Blue Cross and Blue Shield Association nor any Blue Plans are responsible for noncovered charges or other losses or damages resulting from Blue Distinction or other provider finder information or care received from Blue Distinction or other providers.

## OBITUARY

### Jane Ann Clarke, 97

UXBRIDGE- Jane Ann (Shute) Clarke, 97, formerly of Uxbridge, passed away Tuesday, January 26, 2021 at her home in Bradenton FL. Her husband of 61 years, Robert B. Clarke, died in 2007.

She leaves her sons, Robert B. Clarke Jr. of New Harbor ME, James F. Clarke of Northfield MA, John C. Clarke of Bushnell FL, her daughter Cynthia A. Carrier of Uxbridge, their spouses and exes, along with 9 grandchildren and 6 great-grandchildren. She was also pre-deceased by her two sisters, Marion Bradbury and Nancy Creighton, and a grandson Owen J. Clarke.

She was born in Peoria IL, the third daughter of the late James M. and Dorothea Shute, and was raised in Uxbridge. She graduated from Uxbridge High School, Class of 1941 and went off to the University of Michigan to study fashion, hoping to perfect the little black dress, but ended up graduating in the spring of 1945 with a degree in Geography, after which she and the rest of the graduating geography majors were hired by the U.S. Government and brought to Washington DC, where they spent that summer working in huge hangers piecing together aerial photographs of Japanese cities for future bombing raids.

Following the war, she married her high school sweetheart Bob and they lived in Philadelphia while he completed his war-interrupted studies. Following his graduation, they then settled back in Uxbridge, where she had and reared their 4 children. When the kids were all in school, Jane took a job teaching at Uxbridge High School. A generation of Uxbridge High classes honed their reading, writing, and grammar skills in Mrs. Clarke's English class. She was the Girls softball coach for many years at Uxbridge High, including the undefeated season of 1964.

Jane and Bob retired in 1979 and moved to Wild Oak Bay in Bradenton FL, where they lived until Bob's death in 2007. A couple of years later Jane moved to Freedom Village in Bradenton, her residence until her passing, where she made a host of new friends.

Many years, with Bob and after, she would spend summers in Uxbridge,

visiting friends and watching her grandchildren participate in all sorts of activities. She was a knowledgeable baseball fan, and rooted equally hard for a grandchild's ball team as she did her beloved Red Sox.

Jane was a teacher her whole life, whether at school or at home. She spent one summer teaching 3 tables of neighborhood pre-teens the basics of bridge, which she played very well, as she did all other card games. She was a puzzler of all sorts; jigsaws, crosswords, acrostics, cryptograms, you name it, she did it. She was a worthy opponent in any board game you played with her. She could sew with the best of them, and quilted until she was 90. Jane was a life long golfer, with memberships over the years at Pine Ridge in Upton, the Whitinsville Golf Club, and El Conquistador Country Club in Bradenton. She finally gave up golf at 85, having, she said, “had enough.”

Arrangements in Florida are being handled by Shannon Funeral Home in Bradenton. Jane's cremated remains will be brought to Uxbridge for a funeral mass and a burial next to her husband at St Mary's Cemetery, later this year, post-Covid, at the family's convenience, overseen by Jackman Funeral Home.

Jane was a child of the depression, and the lessons she learned during those difficult times, independence, perseverance, frugality and kindness towards all, she carried with her all her days. She suffered no fools gladly, least of all her children or their friends, but all who knew her understood the depth and the warmth of her teacher's heart. May she rest in peace.

**GRANTS**  
*continued from page A1*

ing the needs of businesses as we continue to navigate the pandemic and its economic impact,” said Baker. “We are pleased to award this latest round of grants to help a total of more than 5,800 small businesses cover expenses like payroll, rent and utilities, and look forward to getting more funding into the hands of small businesses across

the Commonwealth as soon as possible to support their recovery.”

“Our small businesses have been challenged throughout this crisis, and each has played an important role in stopping the spread of this deadly virus,” added Polito. “Since the first applications came in for relief, we have been working to prioritize the small business owners that need the help the most, and I am proud

to see so many woman-owned businesses, as well as priority sectors, included in this round of grant awards.”

Sector-specific applicants are able to review the status of their application through the “submittable portal” found online at [www.empoweringsmallbusiness.org](http://www.empoweringsmallbusiness.org). Award notifications for the sector-specific program will be made in February.

Send all obituary notices to  
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HISTORY

continued from page A1

Blues spoke to generations of Americans about hard times and heart aches. Legendary host of “Blues After Hours,” Mae Cramer, played new and vintage Blues on WGBH FM radio from 1978 to 2002. If there was ever a time to listen to the Blues (or go to church and listen to a sermon on Lamentations), this is it. Bessie began her life in 1894 in Chattanooga, Tenn. Her father passed away when she was an infant, followed by her mother and two brothers. By the age of nine, Bessie and her four siblings were being raised by her older sister, Viola, on very little money in a rough neighborhood.

Bessie and her brother learned they could perform on a street corner and earn real, cash money to supplement Viola’s work as a laundress. The nickels and dimes they earned meant extra food although Viola kept a lock on the ice box [where food was kept cold with ice blocks before electrified refrigeration]. Bessie attended school until the eighth or ninth grade and was frequently bullied. She responded with her fists, a talent she maintained throughout her adult life. In 1910, Bessie’s brother Clarence joined a touring vaudeville company, as a comedian and dancer. By 1911, Bessie was hired by the same Moses Stokes company as a chorus dancer. And her true life as a Blues sing-

er began because started singing. At that time, she also met and was influenced by Ma Rainey, “the Mother of the Blues.” Just a teenager, Bessie performed at a theater in Atlanta, Ga., in 1913. She sang in her street clothes and didn’t know (yet) that she was an artist, but a theater producer in the audience said: “She was such a natural that she could wreck anybody’s show.” In other words, she stole the show. Bessie made only ten dollars a week, but the audience “would throw [extra] money on the stage.” Bessie was soon singing in the cabarets of Atlantic City and Philadelphia, and the 20 year old recording industry was taking note of superb African American talent. In 1923, Columbia records

signed Bessie to a recording contract. In her first session, her delivery was self-assured and “clarion clear.” “Taint Nobody’s Biznes” was the first recording, followed by “Down Hearted Blues” and “Gulf Coast Blues.” Bessie dominated the stage and recordings with her voice, her presence, and with a connection to the people, both African American and white Southerners. According to the book, “Bessie,” by Chris Albertson, “white Northerners could live through the 1920’s without ever knowing that [African American] music existed,” but white Southerners “readily identified with the music.” Bessie’s records sold. The Blues spoke about romance and money, and all of life’s

hardships. Bessie’s life was rich in hardship and success. At her peak, she could afford diamonds, furs, and new cars. She paid in cash. She wore satin gowns and ropes of pearls, rivaling the ladies of the Newport Mansions. Bessie was also a “character” who drank and cursed too much and was unafraid to get physical when necessary. In the HBO film “Bessie,” Queen Latifah superbly plays the role of Bessie. In a great scene, Klansmen with guns and torches blazing interrupted Bessie’s tent theater performance in North Carolina. Bessie stormed out and confronted them. “What do you think you’re doing!?” She threatened to get the entire tent “out here if I

have to!” using colorful language and wielding a hatchet. Who does that!? Stunned, the sheeted cowards ran away. Have you ever seen a strong woman in high dudgeon? Bessie was indomitable. Admittedly, I have a soft spot for women who have a “take no prisoners” attitude. The film, “Bessie,” is an honest, sometimes raw biography of this glorious singer. The book, “Bessie,” by Chris Albertson is a detailed, authentic story of her life, with all the context that I cannot provide here. A worthy read today when so many young people think life should be easy. No one’s life is easy. Bessie demonstrates how to thrive in spite of it all.



DURING COLDER MONTHS BIRDS WILL NEED EXTRA HELP FINDING FOOD. PUTTING OUT BIRDSEED CAN HELP, BUT THIS FATTY FOOD CAN HELP BIRDS STAY WARM.

ANSWER: SUET

### Math Blocks

Fill in the missing blocks with numbers between 0-7.  
The numbers in each row add up to the totals to the right.  
The numbers in each column add up to the totals on the bottom.

	3	5	9
	2		10
3		4	14
10	12	11	

4	7	3
2	2	6
5	3	1

Solution

### THIS DAY IN...

## HISTORY

- **1862:** FORCES LED BY ULYSSES S. GRANT AND ANDREW H. FOOTE GIVE THE UNION ITS FIRST VICTORY DURING THE AMERICAN CIVIL WAR.
- **1952:** ELIZABETH II BECOMES QUEEN OF THE UNITED KINGDOM.
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### DOWN

a layer of fine, silky feathers found under tougher feathers

### How they SAY that in...

**ENGLISH:** Bird  
**SPANISH:** Pájaro  
**ITALIAN:** Uccello  
**FRENCH:** Oiseau  
**GERMAN:** Vogel

BIRD ENTHUSIASTS CAN OBSERVE THE TYPES OF BIRDS THAT VISIT THEIR YARDS AND SELECT SEEDS TO OFFER AS FOOD THAT WILL APPEAL TO THOSE SPECIES.

Can you guess what the bigger picture is?

ANSWER: BIRD FEEDER

Determine the code to reveal the answer!

Solve the code to discover words related to tea.  
Each number corresponds to a letter.  
(Hint: 12 = E)

**A. 19 12 25 6 12 26**  
Clue: Parts of a plant

**B. 18 24 12 1**  
Clue: Make by soaking or boiling

**C. 23 5 11**  
Clue: Vessel

**D. 18 2 16 19 12 8**  
Clue: Heated water

Answers: A. leaves B. brew C. cup D. boiled

## SUDOKU

			3	1				7
					5	6		
		4			9	8		
				6				
		2	8			9		
5							7	2
	1		2	5	8	4		3
		6			1			

Level: Advanced

**Here’s How It Works:**  
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

8	2	5	1	7	6	9	3	4
3	9	4	8	5	2	7	1	6
1	6	7	3	4	9	5	2	8
2	7	3	4	6	1	8	5	9
6	5	6	7	3	8	2	1	4
4	8	1	2	6	5	3	9	7
5	1	8	9	2	4	7	6	3
6	3	5	4	8	5	6	3	2
7	4	2	6	3	1	9	8	5

ANSWER:





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EDITORIAL

# We can bridge the divide between us

It has been one of the most tumultuous times in recent history in regard to politics, and the divide taking place across the country is very real. This Editor has noticed plenty of disagreements take place between individuals with opposing viewpoints. Being privy to all sorts of news stories and situations where politics are discussed puts us right in the heart of it.

This may not be the case in every situation; however, we have noticed that residents in small towns do not let politics divide them. Sure, you have members of various select boards going head to head about an issue, you have citizens up in arms over certain topics, but people out about the town have remained quite hospitable to each other.

During one event we recently covered, we witnessed two long-term residents from the same town who could not be further apart in viewpoints have a refreshingly peaceful and genuine discussion. Imagine a long haired 'hippie' woman holding protest signs and a die-hard Republican, former Marine and hunter dressed in steel toe boots, joking around with each other and having a genuine laugh, then wishing each other well with sincerity, you wouldn't have believed it. But it happened.

Since that moment, we have noticed more and more situations like this unfold. Hands are being shaken and smiles are being exchanged despite the so called political 'divide' that has ripped through the country. We think citizens in small towns, no matter who or what they are about can genuinely appreciate each other's differences. A person may not agree with hunting or wouldn't head out into the woods themselves, however they could see a neighbor who shot an eight-point buck and offer a friendly congratulations. We have seen conservatives with a snow-bank of over a foot covering their driveways be plowed out by someone with a 'Bernie' sticker on their plow truck. We have seen posts on social media that have nothing to do with politics invoke laughter from both sides.

In a small town everyone knows everyone, and if they don't they are only separated by one person. In such small towns, that allows for communities to rally around each other and to make sure at the end of the day, that we all had a good one. It's cold up here, the winters are long and brutal. That camaraderie of wanting to protect our small town niche has benefits that have always stood the test of time. You may be a Republican, Independent or a Democrat but you all root for the New England Patriots. Perhaps now maybe Tampa, but having that home town pride is something that connects us all.

## LETTERS

Extra! Extra! Read All About It!

We think you're important enough to tell all our readers to turn to the Opinion pages and read your Letters to the Editor.

But first, you have to write us!

Mail your letters to the Blackstone Valley Tribune, P.O. Box 90, Southbridge, MA 01550.

Or e-mail your letters to the editor at [news@stonebridgepress.news](mailto:news@stonebridgepress.news).

You'll need to provide your name and place of residence, along with a phone number, so we can verify the letter is yours.

We don't have a set limit, but if you keep it around 600 words or so, you're going to have a better chance at seeing all your words in print.

If you want to write a bit longer about a particular issue, maybe a guest Your Turn column is your cup of tea. If you do that, try to keep it between 700-800 words.

Remember, libelous remarks and/or personal attacks are a no-no and could lead to your letter not being published.

So, what are you waiting for? Start writing!

# OPINION

Opinion and commentary from the Blackstone Valley and beyond

## Strategies to Drive Safely in the Snow

Hot on the heels of a classic Nor'easter, it's time once again to review our annual winter driving tips to keep safe while navigating icy, snowy roadways. When the wintry weather finds you slip sliding away this season, keep in mind these common sense strategies to up your odds of a safe trip.

Accelerate slowly to reduce wheel spin. If starting from a standstill on slick snow or ice, start in second gear so the vehicle is less likely to spin the tires. The transmissions on some vehicles have a winter mode that automatically starts in a higher gear.

On snowy or slippery roads, decelerate slowly too. It helps to increase your following distance to five to six seconds.

Reduce your speed and drive smoothly. In slippery conditions, tires lose their grip more easily, affecting all aspects of your driving: braking, turning, and accelerating. The key is to drive as smoothly as possible, avoiding sudden actions or rapid movements of any kind. Drive as if you have a bowl of water in your lap and don't want to spill any.

Don't lock your wheels when braking. Locked wheels can make the vehicle slide or skid. If you have a vehicle without an anti-lock braking system (ABS), you may need to gently apply the brakes repeatedly to avoid having them lock up the wheels.

Know your brakes: Whether you have antilock brakes or not, keep the heel of your foot on the floor and use the ball of your foot to apply firm, steady pressure on the brake pedal.

Perform one action at a time when accelerating, braking, and turning. Asking a vehicle to do two things at once—such as braking and turning, or accelerating and turning—can reduce your control. When taking a turn, for instance, slowly apply the brakes while the vehicle is



TAKE  
THE  
HINT  
KAREN  
TRAINOR

going straight. When it's at the right speed to take the turn, let up on the brakes and smoothly turn the steering wheel. After you're through the turn, slowly depress the accelerator to regain your speed.

Tackling the Hills: Don't power up hills. Applying extra gas on snow-covered roads will just make your wheels spin. Try to get a little inertia going before you reach the hill and let that inertia carry you to the top. As you reach the crest of the hill, reduce your speed and proceed downhill slowly.

Clear Clogs: Make sure the exhaust pipe is not clogged with snow, ice or mud. A blocked exhaust pipe can cause deadly carbon monoxide gas to leak into the passenger compartment of the vehicle while the engine is running.

Did you know tires are your most important weapon against slipping and sliding? Take into account these top tire tips:

Cold temperatures decrease the air pressure in tires, which adds to the rolling resistance caused by snow and slush. So be sure to check tire pressure regularly, especially after there has been a sharp drop in temperature.

When buying allweather or snow tires have them installed on all four wheels. This provides even traction all the way around and gives you top notch steering and stopping.

Can't replace all four? If you can only afford two snow tires, some tire experts suggest you get them mounted in the rear. Here's why: If your front tires skid, you can still

maintain some control over the car by steering those wheels. But if your rear tires lose contact with the road, it's much harder to control where the car goes. For that reason, the tires with the greatest amount of traction are supposed to go on the back.

Make sure you have enough tread on your tires. The drive tires must provide traction to push your vehicle over wet pavement and through snow. The steering tires must have traction to steer the vehicle. Experts say you should have at least one eighth inch of tread to plow through snow effectively.

Note: The driving advice above was culled from various sources including AAA; State Farm Insurance Agency; Consumer Reports; and Michelin Tires.

Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email [KDRR@aol.com](mailto:KDRR@aol.com). Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

## Joy! It's an inside job

A long-time friend, Brenda Badger Bonser posted a meme this week. For those unaware, a "meme" is a picture that someone has added a message to make a point. Brenda posted a picture of a joyful child. It read, "Don't wait for things to get easier, simpler, better. Life will always be complicated. Learn to be happy right now. Otherwise, you'll run out of time."

It doesn't surprise me that Brenda felt it important to post this. Brenda was always a person with a kind word upon her lips and a smile for everyone. Brenda radiated joy and still does.

Thank you, Brenda, for your beautiful posting. We all needed to hear this. We know it to be true. We all recognize our lives aren't infinite, yet we often live as though we have forever to do the things we want to do.

Brenda's meme conveys a short and concise message accompanied by a matching picture. In a way, it's like a much shorter version of my weekly column. My mission with this column is to provide enough information to influence mindsets from negative to positive, hopefully turning readers from pessimists to optimists. I want to help others understand that we have far more control over our lives than they believe.

Most people travel through life looking for others to blame and others to resolve their issues. Too often, they are looking for the government to solve their problems. The government has never been good at solving the problems of citizens. Optimistic people tend to be more self-reliant. Instead of looking for solutions from the government, optimists just want the government to get out of the way. I don't look for my doctor to solve all my medical problems. I want help and support from my doctor, but I have taken control of my healthcare. No one will be a better advocate for my health than me.

Optimists look for a better outcome and believe it will happen. Not through wishful thinking, but because they believe something better is coming. That belief motivates them to act to make it so. Optimists believe by working in concert with others, positive things can happen ... but if they



POSITIVELY  
SPEAKING  
GARY W.  
MOORE

sit and wait for someone to take them by the hand and make things better, they will always be disappointed. The commonly heard phrase, "If it is to be, it's up to me" is true.

Joy is something grander than happiness. Joy is a fruit of the Spirit, and when we find joy it's infused with comfort and wrapped in peace. It's an attitude of the heart and spirit, but we won't find it unless we seek it and understand it is within us, waiting to be felt and expressed.

So, back to Brenda's meme ... happiness comes from external events and forces. My family makes me happy. Joy is different. It's an inside job. It comes from our decision to live our lives with joy. And you know what? I've never once met a joyful pessimist. I've never even met a happy pessimist.

Choose to be joyful and happy. Choose to believe the best in others and believe the best is yet to come. It's a beautiful thing to see when others realize we expect them to be good, their inner self tries not to disappoint us.

Here's my challenge. Find your joy today. Find it in this moment ... at home or at work ... in a quiet time or a busy situation. Find joy with your spouse, your kids or with a person you are meeting for the very first time ... or find it in a quiet moment, alone. You will only find it within you.

Optimism makes our lives and the world a better place. Last week I spoke of the pandemic of pessimism and how pessimism can spread like a virus. It's also true of optimism.

So how and where do you look for happiness and joy? For happiness, look around you and seek it in every circumstance. For joy, look within your heart and mind.

I have found joy this morning in writing to you.

Will you join me?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @GaryWMoore721 and at [www.garywmoore.com](http://www.garywmoore.com).

## With ultra-low rates, should you still invest in bonds?



FINANCIAL  
FOCUS

DARREN  
PARENT

If you've been investing for many years and you've owned bonds, you've seen some pretty big changes on your financial statements. In 2000, the average yield on a 10-year U.S. Treasury security was about 6 percent; in 2010, it had dropped to slightly over 3 percent, and for most of 2020, it was less than 1 percent. That's an enormous difference, and it may lead you to this question: With yields so low on bonds, why should you even consider them?

Of course, while the 10-year Treasury note is an important benchmark, it doesn't represent the returns on any bonds you could purchase. Typically, longer-term bonds, such as those that mature in 20 or 30 years, pay higher rates to account for inflation and to reward you for locking up your money for many years. But the same downward trend can be seen in these longer-term bonds, too – in 2020, the average 30-year Treasury bond yield was only slightly above 1.5 percent.

Among other things, these numbers mean that investors of 10 or 20 years ago could have gotten some reasonably good income from investment-grade bonds. But today, the picture is different. (Higher-yield bonds, sometimes known as "junk" bonds, can offer more income but carry a higher risk of default.)

Nonetheless, while rates are low now, you may be able to employ a strategy that can help you in any interest-rate environment. You can build a bond "ladder" of individual bonds that mature on different dates. When market interest rates are low, you'll still have your longer-term bonds earning higher yields (and long-term yields, while fluctuating, are expected to rise in the future). When interest rates rise, your maturing bonds can be reinvested at these new, higher levels. Be sure you evaluate whether a bond ladder and the securities held within it are consistent with your investment objectives, risk tolerance and financial circumstances.

Furthermore, bonds can provide you with other benefits. For one thing, they can help diversify your portfolio, especially if it's heavily weighted toward stocks. Also, stock and bond prices often (although not always) move in opposite directions, so if the stock market goes through a down period, the value of your bonds may rise. And bonds are usually less volatile than stocks, so they can have a "calming" effect on your portfolio. Plus, if you hold your bonds until maturity, you will get your entire principal back (providing the bond issuer doesn't default, which is generally unlikely if you own investment-grade bonds), so bond ownership gives you a chance to preserve capital while still investing.

But if the primary reason you have owned bonds is because of the income they offer, you may have to look elsewhere during periods of ultra-low interest rates. For example, you could invest in dividend-paying stocks. Some stocks have long track records of increasing dividends, year after year, giving you a potential source of rising income. (Keep in mind, though, that dividends can be increased, decreased or eliminated at any time.) Be aware, though, that stocks are subject to greater risks and market movements than bonds.

Ultimately, while bonds may not provide the income they did a few years ago, they can have a place in a long-term investment strategy. Consider how they might fit into yours.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Darren Parent, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or [Darren.parent@edwardjones.com](mailto:Darren.parent@edwardjones.com). Edward Jones, Member SIPC. Before investing in bonds, you should understand the risks involved, including credit risk and market risk. Bond investments are also subject to interest rate risk such that when interest rates rise, the prices of bonds can decrease, and the investor can lose principal value if the investment is sold prior to maturity.



# The fishing is great...for some



Cub Scout Pack 2 fishing at the Uxbridge Rod & Gun Club Last Saturday.



This week's picture shows, left to right, Kevin Gray, Jared Negro, and Kyle Smith, enjoying some ice fishing in local waters. Fishing was very good, with numerous species of fish being caught.

This past week's bitter cold weather sure had local lakes and ponds making ice for fishermen to get out and enjoy the outdoors. Unfortunately, the fish were not cooperating for some, with very few anglers catching fish, but they were just happy to be enjoying fishing with friends and family. Many anglers had a good fire going to keep them warm, as the temperature, driven by wind, had the wind chill factor at minus 10 degrees on Friday and Saturday. There was the smell of good food in the air as I stopped to visit some of the fishing parties at local ponds. A fishing party at the Uxbridge Rod & Gun Club, for Cub Scout Pack



THE GREAT  
OUTDOORS  
.....  
RALPH  
TRUE

2 from the Uxbridge VFW had a good number in attendance, but the fishing success was very slow. The group still had a great time slipping and sliding on the ice, and were treated to some great food by Steve Bedard and his crew. As of this past Saturday local lakes and ponds that had safe ice included: Wallum Lake, Manchaug Pond, Whitin Reservoir, Meadow Pond, Bad Luck in Douglas, and Webster Lake in Webster, to mention a few. This past Sunday, fishing picked up for numerous anglers I spoke to, with largemouth bass, perch and pickerel keeping anglers busy tending the ice fishing gear! As this column was being written, the weather forecast for Tuesday was predicting a foot of snow. It is sure going to hamper fishing for some ice fishing anglers, especially the elderly and handicapped. It sure makes me think about moving to Florida, or some other warmer place, at least for a few months.

This writer received a notice from Massachusetts Fish & Wildlife's Marion Larson, Chief information & Education Officer last week, in reference to the proposed hunting and fishing license increase for 2022. It sure is a bad time to think about increasing the licenses in the wake of a pandemic. For those that have a computer, they should take advantage of the three Zoom platforms being held on Feb. 4 and 9, at 6:30 p.m. & the Feb. 6 meeting being held at 10 a.m.! Instructions for joining the online sessions, or by phone can be found on [mass.gov/masswildlife-funding](https://mass.gov/masswildlife-funding). Massachusetts Fish & Wildlife will also release a list of their proposed increases in the spring, and will hold formal public hearings at that time? This writer would urge all hunting and fishing license holders in the state, to take the time to make their voices heard at the times mentioned. The public may also provide public input using an online form on [mass.gov/masswildlife-funding](https://mass.gov/masswildlife-funding) or by mail to Mass. Wildlife, License Fee, 1 Rabbit Hill Rd., Westborough MA 01581.

This writer received a notice from Massachusetts Fish & Wildlife's Marion Larson, Chief information & Education Officer last week, in reference to the proposed hunting and fishing license increase for 2022. It sure is a bad time to think about increasing the licenses in the wake of a pandemic. For those that have a computer, they should take advantage of the three Zoom platforms being held on Feb. 4 and 9, at 6:30 p.m. & the Feb. 6 meeting being held at 10 a.m.! Instructions for joining the online sessions, or by phone can be found on [mass.gov/masswildlife-funding](https://mass.gov/masswildlife-funding). Massachusetts Fish & Wildlife will also release a list of their proposed increases in the spring, and will hold formal public hearings at that time? This writer would urge all hunting and fishing license holders in the state, to take the time to make their voices heard at the times mentioned. The public may also provide public input using an online form on [mass.gov/masswildlife-funding](https://mass.gov/masswildlife-funding) or by mail to Mass. Wildlife, License Fee, 1 Rabbit Hill Rd., Westborough MA 01581.

Take a Kid Fishing & Keep Them Rods Bending!



This large yellow perch was caught by John Schreiber this past week in local waters.

## Friday's Child



Deniol  
Age 14

Hi! My name is Deniol and I love basketball and soccer!

Deniol is a sweet and social boy of Hispanic descent. Those who know him best describe him as polite, eager to please and very kind. Deniol makes friends easily and gets along well with other children and with adults. Deniol's favorite activity is playing sports, especially basketball and soccer, as well as playing video games. He hopes to be a police officer when he grows up and likes to watch television shows that feature police officers.

At school, Deniol's teachers report that he puts a lot of effort into his work and wants to do well in class. Deniol receives extra support in school, and participates in social-skills and life-skills groups. He gets along well with his classmates and teachers.

Legally freed for adoption, Deniol is looking for a loving family that can provide him with support, structure and consistency. An ideal family will also be able to advocate for his needs, and help him utilize appropriate community services. Although his social worker believes that he will do well in a family of any constellation, with or without children, she believes that he will do particularly well in a family where he can have siblings. A family who enjoys being active would also be a good match for Deniol.

### Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit [www.mare-inc.org](https://www.mare-inc.org). The sooner you call, the sooner a waiting child will have a permanent place to call home.



# Community Connection

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# Grow quick, easy and nutritious microgreens

BY MELINDA MYERS

Add fresh flavor to your meals year-round with microgreens. These easy-to-grow greens need minimal space and no special equipment for a flavorful and nutritious harvest in little more than a week.

Use microgreens on salads, soups, pizzas, omelets, in stir fries or as a snack. These tiny seedlings are packed with more nutrition than their mature counterparts.

Add a bit of spice to soups and sandwiches with radish and mustard microgreens. Try red cabbage, chard, beets and amaranth for some added color. Sunflower's somewhat nutty flavor makes it perfect for snacking. Let some of your pea microgreens grow a bit taller to use in stir fries.

Fill a shallow container with a two-inch layer of moist potting or seed starting mix. Sprinkle seeds over the soil surface and lightly cover with potting or seed starting mix. Water gently to ensure good seed-to-soil contact.

Continue to water often enough to keep the soil slightly moist. Reduce your workload and keep the planting mix consistently moist by covering freshly planted containers with plastic. Once the greens break through the soil, remove the cover and move the container to a sunny location or under artificial lights.

Increase the fun and success



## GARDEN MOMENTS

MELINDA MYERS

with a microgreen growing kit like the Organic Herb and Microgreens Grow Kit from Gardener's Supply (www.gardeners.com). This set up is the perfect size for your countertop or other small space. The full spectrum light is adjustable so you can raise or lower it as needed whether growing short microgreens or taller herbs.

Or skip the growing mix and mess with a Jute Microgreens Starter Kit. Set the jute mat in the shallow tray, add seeds, and water. Then compost the jute mat after harvesting your greens.

Follow the planting directions on the seed packet. You typically need two to three tablespoons of seeds for an 11-by-21-inch tray. Buy enough seeds to make additional plantings every week or two to ensure a constant supply. Microgreens like most vegetables taste best and are most nutritious when eaten fresh. And these tasty bundles do not last long in storage.

The microgreens are ready to harvest once the plant forms

the first set of true leaves. These are the leaves that resemble those of the mature plant. This takes anywhere from 7 to 14 days, depending on the room temperature and type of microgreens you are growing.

Use scissors to clip the greens off at ground level. If you prefer to use the whole seedling, roots and all, you will need to wash off any of the seed starting mix clinging to the roots.

Once you harvest all the greens, it is time to replant. Save money and be kind to the environment by composting the used planting mix and reusing containers. Convert shallow fast-food containers into planting trays. Disinfect these or other planting trays before using them for subsequent plantings. Just soak the containers in a 10% bleach and water solution for ten minutes. Then rinse in clear water before planting.

Gardening doesn't get much easier than this. You will enjoy the fresh flavor all winter long as you wait for the outdoor growing season to begin.

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds

& Blooms magazine and was commissioned by Gardener's Supply for her expertise to

write this article. Myers' Web site is www.melindamyers.com.



Courtesy — Gardener's Supply Company

Small grow light kits make growing herbs and microgreens indoors easy and convenient for harvesting and cooking.

# LEGALS

## NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

Premises:57 Quaker Street, Northbridge, Massachusetts

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Meaghan C. Walsh f/k/a Meaghan C. Skaggs to Mortgage Electronic Registration Systems, Inc., as Nominee for HSBC Mortgage Corporation and now held by Wilmington Trust, National Association, not in its individual capacity, but solely as trustee for MFRA Trust 2014-2, said mortgage dated May 7, 2007, and recorded in the Worcester County (Worcester District) Registry of Deeds, in Book 41142 at Page 235, as affected by Home Affordable Modification Agreement dated March 27, 2013, and recorded with said Deeds in Book 51337, Page 171, as affected by an Assignment of Mortgage dated August 25, 2010, and recorded with said Deeds in Book 46231 at Page 5, as affected by an Assignment of Mortgage dated July 29, 2013, and recorded with said Deeds in Book 51337 at Page 383, as affected by a Confirmatory Assignment of Mortgage dated June 15, 2016, and recorded with said Deeds in Book 55674, Page 199, as affected by and Assignment of Mortgage, dated July 24, 2015, and recorded with said Deeds in Book 54121 at Page 276, as affected by an Assignment of Mortgage dated April 1, 2016, and recorded with said Deeds in Book 55202 at Page 40, as affected by an Assignment of Mortgage dated May 3, 2019, and recorded with said Deeds in Book 60546 at Page 383, of which mortgage the undersigned is the present holder, for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at Public Auction on February 12, 2021, at 03:00 PM Local Time upon the premises, all and singular the premises described in said mortgage, to wit:

The land with buildinas thereon, situated in the Town of Northbridge, County of Worcester, Commonwealth of Massachusetts, situated on the easterly side of Quaker Street, and being shown as Lot #2 on a plan of land entitled, "Land of Roy C. Peterson, Northbridge, Mass., April 23, 1977, scale: 1"= 60', John R. Andrews, Jr. Registered Land Surveyor," which plan is recorded with the Worcester District Registry of Deeds in Plan Book 438, Plan 30, to which a more particular description may be had. The description of the property contained in the mortgage shall control in the event of a typographical error in this publication.

For Mortgagor's Title see deed dated October 21, 2004, and recorded in Book 34909 at Page 77 with the Worcester County (Worcester District) Registry of Deeds.

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.

TEN THOUSAND (\$10,000.00) Dollars of the purchase price must be paid by a certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid by

a certified check, bank treasurer's or cashier's check within forty five (45) days after the date of sale.

January 22, 2021  
January 29, 2021  
February 5, 2021

## NOTICE OF PUBLIC HEARING

In accordance with the provisions of M.G.L Ch 40A, Section 11, and Chapter 173, Section 48 of the Northbridge Zoning By-laws, the Northbridge Zoning Board of Appeals will hold a public hearing on **Thursday, February 11, 2021 at 6:35 P.M.** BY VIA ZOOM **Join Zoom Meeting** **https://zoom.us/j/93058568076?p-wd=K1hLQUFQcVhYaEtXQmphS2h-scGVkQT09**

**1 929 205 6099 US (New York)**  
**Meeting ID: Meeting ID: 982 0677 1286**

**Passcode: 160158**

To consider the petition of Degmar Realty LLC, 95 A Turnpike Rd., Westborough, MA 01581 for a Variance (1-V-21) to construct a single family home on vacant land located on Hope Street, The lot has less than the required area as well as variances from the front and rear lot setback requirements, Article X, Table of Area Regulations 173-48, of the Town of Northbridge Zoning By-Laws. The property, shown on Assessor's Map 23A as Parcel 146 is located in a residential -3 zoning district and is owned by Degmar Realty LLC.

The purpose of this hearing is to provide an opportunity for public comment. Anyone wishing to be heard regarding this matter should attend said meeting at the time and place designated. A copy of the petition is available for review at the office of the Town Clerk and Zoning Board of Appeals Office and may be reviewed during normal business hours.

January 29, 2021  
February 5, 2021

## Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court

**225 Main Street  
Worcester, MA 01608  
(508) 831-2200**

**Docket No.WO21 P0145EA  
CITATION ON PETITION FOR FORMAL ADJUDICATION**

**Estate of:**  
Jeannine V Chevette

**Also known as:**  
Jeannine Vivian Chevette

**Date of Death: 10/29/2020**

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Tammy R Chevette of Blackstone MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that **Tammy R Chevette of Blackstone MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.

**IMPORTANT NOTICE**

You have the right to obtain a copy of the Petition from the Petitioner or at the

Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 02/23/2021.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)** A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.  
Date: January 20, 2021

Stephanie K. Fattman,

Register of Probate

February 5, 2021

## Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court

**225 Main Street  
Worcester, MA 01608  
(508) 831-2200**

**Docket No. WO21P0061EA  
CITATION ON PETITION FOR FORMAL ADJUDICATION**

**Estate of:**  
Jane A. Martel

**Date of Death: 11/29/2020**

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Jessica L. Benoit of Blackstone MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that **Jessica L. Benoit of Blackstone MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.

**IMPORTANT NOTICE**

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 02/23/2021.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)** A Personal Representative appointed

under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: January 26, 2021

Stephanie K. Fattman,

Register of Probate

February 5, 2021

## Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court

**225 Main Street  
Worcester, MA 01608  
(508) 831-2200**

**Docket No. WO21P0254EA  
CITATION ON PETITION FOR FORMAL ADJUDICATION**

**Estate of:**

Richard Francis Rumonoski

**Also known as:**  
Richard F Rumonoski

**Date of Death: 08/21/2020**

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **John Berkowicz of Whitinsville MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that **John Berkowicz of Whitinsville MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **an unsupervised** administration.

**IMPORTANT NOTICE**

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 02/23/2021.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)** A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: January 27, 2021

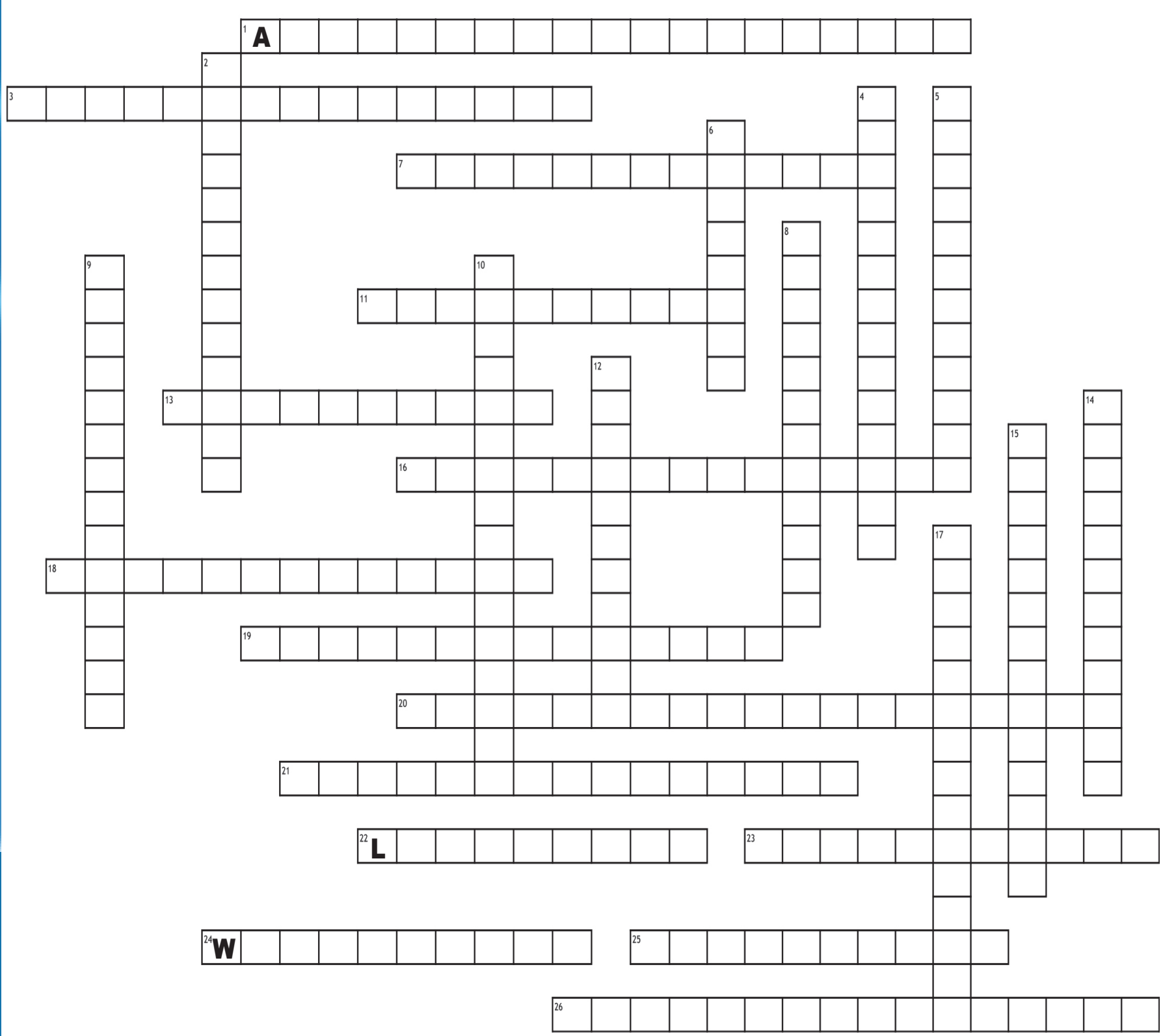
Stephanie K. Fattman,

Register of Probate

February 5, 2021



# 3rd Annual ABC's of the Seasons WINTER EDITION



**Across**

- 1. Family owned & operated since 1997
- 3. Find our BOGO Coupon on our Website
- 7. Crystals & Gemstones
- 11. Auto, Boat & RV Loans
- 13. MDPU# 31690
- 16. Winter clothing to cover you from head to foot
- 18. 45 years in business
- 19. Since 1978. All Makes & Models.
- 20. We treat chronic bad breath
- 21. Color matching specialists
- 22. 15 years Real Estate Experience
- 23. Foggy, cracked, or broken glass
- 24. ASE Certified Technicians
- 25. Reserve now for Valentine's Weekend
- 26. Use promo code palmer123

**Down**

- 2. Family owned and operated since 1977
- 4. In print and online
- 5. 508.353.2279
- 6. Reporting for Duty!
- 8. Warm up to a new career
- 9. Need to get it done? Call me!
- 10. We will be happy to assist you anytime
- 12. Family owned and operated since 1967
- 14. Give your sweetheart a gift certificate for Valentine's Day
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- 17. Family owned for over 70 years

**ABC'S OF THE SEASONS, WINTER EDITION**

Hint... answers don't always include entire business name.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Circle which paper you found this in:

*Spencer New Leader, Webster Times, Charlton Villager, Sturbridge Villager, Auburn News, Blackstone Valley Tribune, Southbridge News*

Daytime Phone: \_\_\_\_\_

Email address (optional) \_\_\_\_\_

Comments: \_\_\_\_\_

Please find the answers to this crossword puzzle on page 2 of this section. Enter to win a \$25 gift card to one of these local businesses by mailing in your completed crossword to **ABC Crossword Puzzle, Stonebridge Press, P. O. Box 90, 25 Elm Street, Southbridge, MA 01550**  
OR scan & email or take a picture and email it to [jsima@stonebridgepress.news](mailto:jsima@stonebridgepress.news) by Thursday, February 18.  
Random-drawing for winner of all correct entries to be announced in the February 26th issue of the Express. One entry per person.  
Please support these ABC's businesses and tell them you saw their ad in your local paper! Good luck!





# REAL ESTATE



**Jules  
Lusignan**



**T.A.  
King**



**Maureen  
Cimoch**



**Ellen  
Therrien**



**John  
Kokocinski**



**Adrienne  
James**

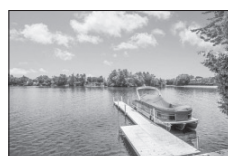


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**WEBSTER LAKE** – 7 Cedar Drive! Middle Pond! 8 Rm English Tudor across the street from w/Direct Waterfront Lot – Full Lake Access! Offering the Option of an In-Law Apartment or Plenty of Room for Family & Friends! Entry Foyer enters from 3 Sides w/locked door access into the house, stairway to the lower level In-Law and the convenience of a Half Bath! The 1st Floor features Applianced Kit w/Breakfast Bar, Open Floor Plan – Frplcd Beamed Cathedral Ceiling Great Rm (Dining & Living Rms), Comfortable Bdrn & Hall Full Bath w/Laundry! Upstairs to the Spacious Master w/Master Bath & Slider to Lake View Deck! Additional Bdrn w/Built-ins! Lower Level with 2nd Kitchen, Open Dining & Living Area w/Brick Hearth, Full Bath & Possible (4th) Bdrn! Central Air! Huge Carport! Detached 3 Car Garage! Lakefront Lot w/Deck, Concrete Patio & Boat Dock! Take Advantage of the Low Interest Rates & make this House Your Home! Summer's Just Around the Corner! **\$489,900.00**

**WEBSTER** – 6 Nicholas Circle! 8+ Rm Center Hall Colonial! 1.22 Acres! Sought After Neighborhood! Great Commuter Location Accessible to Many Major Routes! Spacious Stainless Steel Applianced Cabinet Packed Eat-in Kitchen & Formal Dining Rm! 23 x 24 Frplce Family Rm w/Cathedral Ceiling & Slider to the Huge Deck! Front to Back Living Rm! 1/2 Bath w/Laundry Closet! The 2nd Floor You'll Find the Comfortable 12X17 Master w/Walk-in Closet & Full Bath w/Linen Closet! 2 Additional Bedrooms plus an Office/Nursery/Bedroom all w/Ample Closets! 2nd Full Bath off the Hall w/Linen Closet! 2.5 Total Baths! Lower Level Ideal for Storage or Future Expansion! 2 Car Garage w/Electric Openers w/Dble Door Entry to the Basement for Moving Larger Items aka Boys Toys! 2 Z Oil Heat, 2 AC, Separate Oil Water Heater! Irrigation! Don't Delay! **\$418,900.00**

**WEBSTER LAKE** – 124-2 Gore Road! 1.68 Acres! Private Retreat Lot with 320' of Road Frontage and 200' of Waterfront! Located in North Pond! Beautiful Panoramic Views! Sucker Brook Cove! Lot has been split from a larger parcel! Survey, Home Rendering and Conservation Items Addressed - Order of Conditions Pending! This is the Opportunity to Build a Unique Home with Spectacular Views! Direct Lake/Boat Access! Water and Sewer in the Road! Walk to Restaurants! Surrounded by Wildlife, including Swans and Eagles! **\$175,000.00**



**WEBSTER LAKE** – 112 Gore Rd! NORTH POND! Sucker Brook Cove! 8 Rm, 3 Bdrn, 1.5 Bath Ranch is Ready for You! Southwestern Exposure! Gorgeous Sunsets! Unique Waterfront! An Open Floor Plan! Lake Views from Nearly All Rooms! 2x6 Construction! Energy Efficient Blinds in Every Room! 4 Oil Tanks - Fill Up Once a Year! C/Air! Gas Fireplace! Whole House Fan! Meticulously Cared For! Large workshop! 3 Car Garage! Carport! 2 Sheds w/Electric! Back Yard is Perfect for Family Gatherings! Plenty of Off Street Parking! Summer is Here! **\$539,900.00**

**WEBSTER** – 55 Hillside Ave! 7 Rm, 4 Bedroom Cape! Great Highway Access! Walk to Memorial Beach! View July 4th Fireworks from Your Backyard! Liv Rm w/Hrds, Ceiling Fan & Pellet Stove! Eat-in Kit! Fam Rm! Full Bath! 1st Flr Master w/Hrds & Ceiling Fan! Oil Heat! Vinyl Sided! Younger Roof! Replacement Windows! Town Services! Fenced Yard! 1 Car Garage! **\$239,900.00**

**WEBSTER LAKE** – 20 Bates Point Rd! Middle Pond! Western Exposure w/Panoramic Lake Views! Beautiful Sunsets! 7 Rms, 3 Bdrms, 2.5 Baths! Recently Renovated from Top to Bottom! Move-in Ready! Professionally Landscaped! Exterior Stonework Front & Back! Open Floor Plan! 1st Level w/Huge Family Rm w/Lake View & Access out to Stone Patio, 1/2 Bath & Laundry, Travertine Tile Throughout! 2nd Level w/Custom Granite Kitchen w/Stainless Steel Appliances, Center Island w/Seating & Large Pantry! Spacious Living Rm w/Sliders to 14X34 Composite Deck! Dining Area w/Water Views, Hardwood Floors Throughout, Bath w/Tiled Shower, Guest Bedroom or use as Office! Lake Facing Master Bedroom w/Walk-in Closet & Private Deck! Bathroom w/Double Sinks, Tiled Shower & Separate Tub! Comfortable 3rd Bedroom w/Lots of Storage! Level Lot w/Room for Entertaining and Enjoying All The Lake has to Offer! **\$749,000.00**

**CHARLTON** – 74 Daniels Road! Completely Renovated 9 Rm, 4 Bdrn, 2.5 Bath Gambrel w/Attached In-Law Apt! Picturesque 3.39 Acres! Deeded Water Rights to South Charlton Reservoir! Extensive Updates! House w/New Roof, Siding, Kit, Bthrms, Windows, Int Doors, Electrical, Flooring, R60 Insulation in Attic, Water Heater, Well Pump & More! In-Law w/Open Flr Plan, Kit, Bdrn w/Walk-in Closet, Full Bath w/Laundry! Both Fully Applianced! 2 New Driveways, Irrigation, AG Pool! Shed! Security! Generator Hookup! **\$489,900.00**



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#### FEATURED NEW LISTING!

##### WEBSTER • 233 - 235 NORTH MAIN STREET



Large 3 Family a rare find! Occupied by the owner for many decades. Entire 1st floor is one spacious apartment. Each apartment has 2 bedrooms. 30 x 44 beautiful fieldstone Foundation, with walkout to off street parking. **\$289,900.**

##### OXFORD - 12 WINTER STREET



Home "Sweet" Home! TOTALLY Renovated! New Roof - Updated Electrical - New Heating System!! Bedroom, 1.5 Bath - 2 Story Conventional Home. Dead-End St. Rare find, Large Lot .77 Acre - Inside -Neutral Palette of Complimentary Paint Colors throughout the Entire House! Loads of Character! **\$281,000.**

##### THOMPSON - 5+ ACRE WATERFRONT LAND - BECOLA ROAD



**5+ Acre Waterfront Land** - on "Little Pond". Also known as Schoolhouse Pond. Private, pastoral setting. Open Field surrounded by tree line. 250+ feet waterfrontage. At the end of a Dead end road! **\$179,900**

##### THOMPSON - 25 TERRACE DRIVE



**SORRY, SOLD!**  
Off Thompson Hill! At the end of a Dead end road well maintained & loved! Kitchen with double wall ovens, gas cook-top, granite countertops. Formal dining room. Fireplaced Living room! master, on the first floor, 4 bedrooms total! 2nd full bath - second level. 2 car garage! assisted sale **\$325,000.**

##### WEBSTER - 103 UPPER GORE RD



**SORRY, SOLD!**  
Home "Sweet" Home! TOTALLY Renovated! New Roof - Updated Electrical - New Heating System!! Bedroom, 1.5 Bath - 2 Story Conventional Home. Dead-End St. Rare find, Large Lot .77 Acre - Inside -Neutral Palette of Complimentary Paint Colors throughout the Entire House! Loads of Character **\$319,000.**

##### LAND WEBSTER/OXFORD/DUDLEY/DOUGLAS

**Oxford** - 4 Leicester St - Approx. 8.47 ACRES! River Frontage Possible to be Subdivided! **\$89,900**  
**Webster** - Upper Gore w/View of the Lake! 1+ Acre! Artesian Well, Septic Design & Conservation - DONE. **\$115,000.**  
**Webster** - Cooper Road 2 Buildable Lots! Water & Sewer Access. Zoned Lake Res! **Each \$24,500.**  
**Douglas-Mount Daniels** 2.5 Acres abuts Douglas State Forest! **ON DEPOSIT! \$132,900**

##### WEBSTER - 29 WEST AVE.



**SORRY, SOLD!**  
Cozy 2 Story House with 3 BIG Bonuses! #1. Land almost 1 ACRE! #2. Zoning is MR-12 - Possible Multi Family Use - Investment Opportunity! #3. Large Over-sized 2+ Car Garage, Work Bench, Power & 2nd Floor! Great Space for the Hobbyist, DIY or Contractor! 1ST Floor - Living rm, Bedroom, Large Kitchen/Dining Area with Galley Pantry & Full Bath! 2nd Flr, 2 Bedrooms! All New Carpets - Recent Paint! Multi Level Back Deck with Jacuzzi! **\$255,000.**

##### WOODSTOCK - 33 DEER MEADOW LANE



**SORRY, SOLD!**  
Beautiful 2,422 Sq Ft Colonial! 4 Bedroom! 3 Bath! Fireplace, 2 Car garage! So much more!  
assisted sale **\$415,000**

##### DUDLEY - 22 ROBERTS ROAD



**SORRY, SOLD!**  
Lovely 3 bedroom Ranch! Single door 2 car garage with storage! Eat-in kitchen. Fieldstone Fireplaced Living Room! 3 bedrooms, hardwood floors, Remodeled bathroom! Lower Level fieldstone walls/fireplace! In-ground pool! - 3.58 ACRES includes extra lot. **\$312,000.**

##### WEBSTER - 20 KINGSBURY



**SORRY, SOLD!**  
**NEW TO THE MARKET!** Custom Sprawling Split 2800+ SF! Central Air! Kitchen, Dining Room, Cathedral Ceiling Living Room, 3 Bedrooms! Granite Counters & New Flooring! New Boiler - Hot Water Tank - Oil Tank! FULL finished Lower Level w/ Full Bath & Laundry! THERE'S MORE! 2 Car Garage, renovated to include Hydro Heat, AC & 1/2 Bath! Great for Fitness Studio, Game Room or Home School! Over 1.4 Acres! **\$360,000.**

##### WEBSTER - 52 CUDWORTH ROAD



**SORRY, SOLD!**  
1.99 ACRE INDUSTRIAL ZONED LOT! GREAT OPPORTUNITY TO LIVE & WORK FROM HOME! Amazing 1790 Antique Colonial! Undergone major updates & renovations, maintaining Antique Charm! Great Room graced by an Open Hearth Stone Fireplace! Soaring Cathedral Ceilings! **\$499,900.**

*On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg*

##### Webster Lake - 100 Lakeside Ave



**WEBSTER LAKE! PANORAMIC VIEWS! BEAUTIFUL SUNSETS!** Extraordinary Waterfront Contemporary! Architect designed with Lake Living in mind. Custom Built with Attention to High Quality & Detail. Outstanding open concept, water view from almost every room. Nicely situated on a .25 acre level peninsula, 180'+/- prime lake frontage! Enhanced by a all natural shoreline! All you need to live is located on the 1st floor. Grand 2 story foyer, cozy fireplaced living room, gourmet kitchen, lake facing dining , formal dining room, media room & spacious 1st floor guest BR Suite w/ private bath. Incredible 2nd floor fireplaced lake-facing corner master suite w/luxurious private bath, 3 more 2nd floor BRs & full bath! Something Special! **Remember, Timing is Everything!** **\$1,075,000.**

##### Lake Shirley - 647 Reservoir Rd



**SORRY, SOLD!**  
Lakefront! Lake Shirley! Modern Flare on a Lakefront Colonial! 1st level Formal large entry foyer, living room, gas fireplace, chef kitchen, Impala black granite, center island, 3 season porch, overlooking the lake. 1st FL bedroom suite w/ shower and jacuzzi tub. 2nd floor Master Suite! Lower level Summer kitchen, full bath, game room. Crown moulding & hardwood floors throughout, wired sound system, radiant floors. oversize 2 car garage. Additional Guest House!  
assisted sale **\$1,040,000.**



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#### 55+ Community Development Opportunity



**Dudley:** Ready for developer to go forward. Market is anxious for housing for seniors - This is a great opportunity! Seller will also consider dividing as 2 oversized lots suitable for custom homes.  
**61 Airport Road - \$699,900**



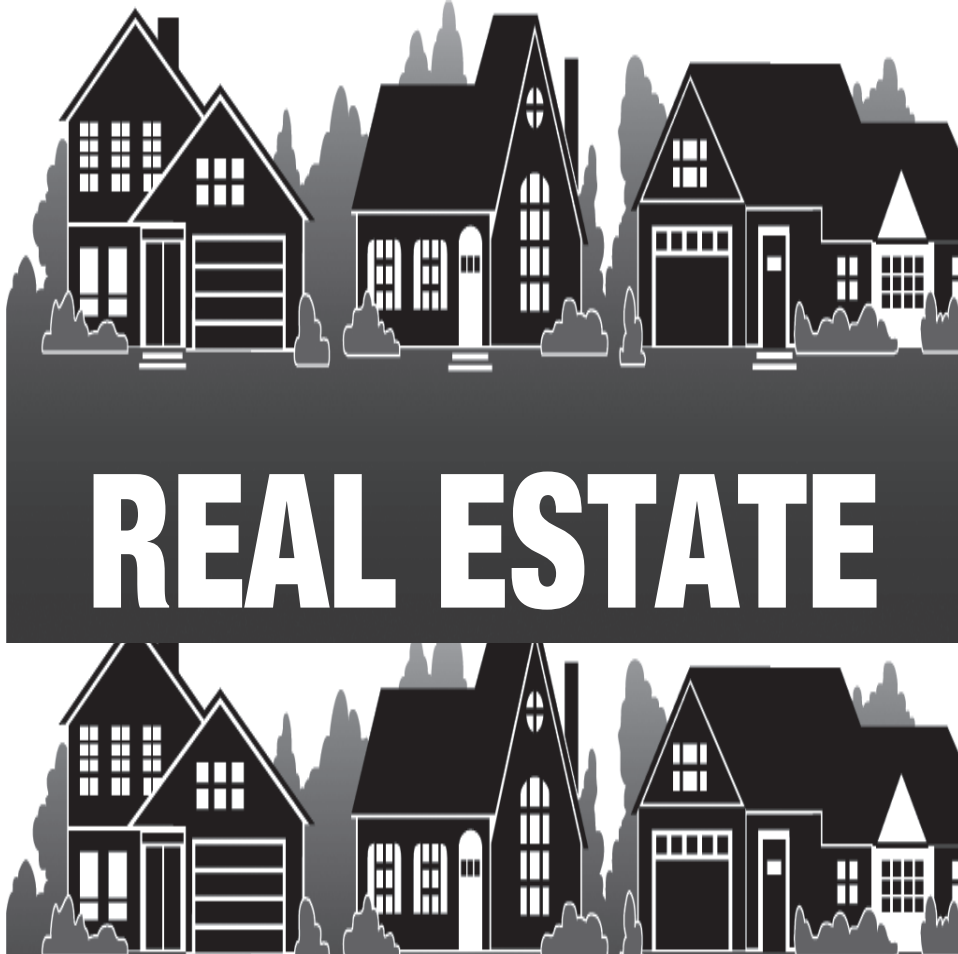
**Sunshine Terrace - \$49,900**

**Thompson CT:** 1 bedroom mobile home. Eat-in kitchen, modern bath recently remodelled, Open living room and office are, 2 parking spaces, 55+ Community.



**10 Vecchia St - \$143,500**

**Webster:** Condo - 1st floor. Totally renovated, Walls, electrical, plumbing, kitchen bath, 2 Bedrooms, Garage







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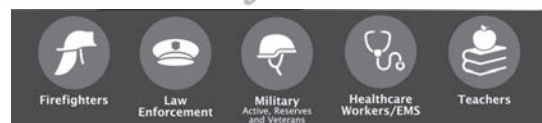
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Worcester(Worc): Bk 38967, Pg 279  
**TERMS:** Cashier's or certified check in the sum of \$5,000.00 as a deposit must be shown at the time and place of the sale in order to qualify as a bidder. **No CASH.** No personal checks will be accepted. Cashier/certified checks should be made out to whomever is going to bid at the auction. The balance to be paid within thirty (30) days at the law offices of Korde & Associates, P.C., 900 Chelmsford Street, Suite 3102, Lowell, MA 01851, Attorney for the Mortgagee.

Auctioneer makes no representation as to the accuracy of the information contained herein.

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### Economic Development Project Facilitator Town of Douglas

The Town of Douglas seeks qualified applicants for the part time position of Economic Development Project Facilitator to work under the supervision of the Town Administrator. Complete job description and application via web site [www.douglas-ma.gov](http://www.douglas-ma.gov).

The employee will work nineteen (19) hours per week. Annual salary \$28,636. Requirements: high school diploma or equivalent, ten (10) years of private sector management experience, no less than two (2) years of service on a public board or commission of the Town of Douglas. Must have ability to attend evening meetings with various town boards, and a valid motor vehicle operator license.

Send cover letter with resume and Town of Douglas employment application to Matthew Wojcik, Town Administrator, Town of Douglas, Municipal Center, 29 Depot St., Douglas, MA 01516. Position will remain open until filled.

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Courtesy

GIRL SCOUTS LEND A HELPING HAND TO DOG ORPHANS

This past year in Girl Scouts has been anything but normal for Troop 11900. Troop meetings have gone virtual and previous plans for activities and community service projects derailed, however we are adapting and reimagining. Two of our troop members, Kaylie Ciccone and Michaela Boulette, are partnering with Dog Orphans, Inc. in Douglas to earn their Silver Award. The Silver Award for Girl Scouts is the highest level of achievement for the Cadette Level Girl Scout. Kaylie and Michaela plan to bake and sell dog treats and host a Car Wash Fundraiser this spring to help fund a new roadside sign for the shelter. Dog Orphans has plans to replace their worn and damaged sign with a new sign complete with a letter board which will allow them to post available dogs and advertise fundraising events. The new sign is planned to be installed this year as Dog Orphans celebrates their 50th Anniversary. Our Girl Scout duo is excited to share their passion for helping animals with an organization that has been dedicated to specializing in happily ever-afters for 50 years. If you are interested in helping Kaylie and Michaela earn their Silver Award by donating or purchasing dog treats please email us at GSTroop11900@gmail.com or check out our Facebook Page: Lending A Helping Paw or donate directly to Dog Orphans, Inc.

Join “The Search” in-person or on Zoom!

UXBRIDGE — St. Mary Parish will be offering The Search as part of our Lenten Adult Faith Formation program. This program will be offered both virtually and in-person. The Search is an innovative video series from Augustine Institute which tackles the key questions of the human heart. You are invited to attend the multi-session program to better understand life and death, sorrow and happiness, science and faith, and the meaning and purpose of life. These topics and others will be explored with experts from multiple fields of science, medicine, psychology, art and religion. The Search has something for everyone! Whether you are a seeker, have never considered faith before, are engaged in your faith or just have questions, you will find this series enlightening. For instance, have you ever gotten a promotion at work only to find you felt happy for a day or two? Or perhaps you bought a new car only to find the

thrill was over by the time you drove it home. This beautiful production will help you to dig a little deeper and possibly lead you on a new path. Join us for what should be a very thought-provoking experience beginning Monday night, Feb. 15 and each Monday night through March 29, from 6:30 – 8 p.m. There will be an in-person session at the parish and also a session on Zoom running at the same time. There is no cost

for the class. Come, engage in a lively discussion or come just to listen. Masks are required and social distancing will be observed for the in-person session. St. Mary Parish is located at 77 Mendon St. in Uxbridge. To register for The Search, please email: thesearch@stmaryux-bridge.org. For questions, please email: thesearch@stmaryux-bridge.org or call the parish office at 508-278-2226.

Fairfield University congratulates Fall 2020 Dean’s List

FAIRFIELD, Conn. — Kevin McIntyre of Northbridge and Olivia and Thomas Burke of Uxbridge have received Deans List Honors for the Fall 2020 semester. In order to be placed on the Dean’s List, students must have completed a minimum of 12 credit hours in a semester, have no outstanding or incomplete grades for that semester, and have attained a semester grade point average of 3.50 or better.

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# HEALTH & HOME

A special supplement dedicated to the Health and Wellness of people, pets, and Spring Home Improvement

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**Publication Date:**  
**April 23, 2021**  
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