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# Uxbridge High School recognized as Unified Champion School by Special Olympics Massachusetts

UXBRIDGE — Uxbridge High School has been honored with the prestigious designation of Unified Champion School by Special Olympics Massachusetts, recognizing its commitment to inclusivity and the empowerment of students with and without intellectual disabilities.

The Unified Champion Schools program promotes social inclusion through intentionally planned and implemented activities affecting systems-wide change. With sports as the foundation, the program offers a unique combination of effective activities that equip young people with tools and training to create sports, classroom, and school climates of acceptance.

"We are thrilled to receive this recognition from Special Olympics Massachusetts," said Dr. Michael Rubin, Principal of Uxbridge High School. "This designation reflects our ongoing commitment to fostering

an inclusive environment where all students can thrive and feel valued."

Uxbridge High School has demonstrated its dedication to inclusion through various initiatives, including:

1. Unified Sports programs that join people with and without intellectual disabilities on the same team
2. Inclusive Youth Leadership opportunities
3. Whole-school engagement activities that promote acceptance and respect for all

This recognition places Uxbridge High School among a select group of schools nationwide that have demonstrated commitment to inclusivity and have created a school climate that encourages understanding and respect for all.

Special Olympics Massachusetts provides year-round sports training, athletic competition and other health-related programming for athletes with intellectual disabilities throughout the state.

## Listen to the sound that fills the halls at BVT

UPTON — At Blackstone Valley Regional Vocational Technical High School (BVT), students put their hands and minds to work in their academic classrooms and vocational shops, developing the skills, confidence, and desire to succeed. As you walk the hallways, listen carefully. You'll hear another sound mingling with the buzzing of saws and hammering of nails; it's the unique timbre of a flute and French horn or the smooth and complex sounds of a saxophone. It's exhilarating to witness students wield the tools of their trade and develop their technical skills. However, adding a passion for the musical arts can bring a whole other dimension and purpose to their lives and careers.

The music program at BVT, under the guidance of Dr. Colton Cox, is about more than just teaching students to play musical instruments. It's a transformative journey that equips students with a deeper understanding of music, its origins, influences, and theory, guiding them to apply these concepts when playing instruments. This integrated approach enriches their academic experience and fosters a lifelong love for music.

"We're proud to put quality tools, in this case, musical instruments, into the hands of our students, thanks to a partnership with Burkart Flutes and Piccolos, with whom we share an appreciation for craftsmanship, precision manufacturing, and hands-on technical skills," said Dr. Cox. "The instrument manufacturer donated flutes and piccolos, which our music department uses for instructional and training purposes to produce sounds we cannot produce on our own, and in that sense, they're our tools of trade."

The generous donation significantly contributes to the educational process at BVT. Each instrument placed in a student's hand is a learning opportunity that leads to increased participation in the school band and equitable access to music education for students who may otherwise not be able to participate. By removing barriers, financial or otherwise, accessibility to instruments allows students the freedom to follow their musical passion and learn to play music.

The music program is grateful for the recent instrument donations from Burkart Flutes and Piccolos, as well as the in-kind donations of a saxophone and French horn from Hungry for Music. The additional support is "instrumental" in growing and ensuring a sustainable program that strives to increase equitable access to a broader range of musical tools and instruments for all its students.



*Courtesy*

**Pictured left to right, facing: Scott Riley, Jared Ontiveros and Michael Shain, all volunteers with Thanks to Yanks, a local charity dedicated to supporting military families, recently the three volunteered at the annual Massachusetts Run For The Fallen and event that honors and remembers those killed in service post 911, as it has in the years past Thanks to Yanks provided fruit to all participants pre-race and snacks post-race, Thanks to Yanks is honored to volunteer at this special event, it is dedicated to the service and sacrifices made for our freedom. Mike Shain, the president, said "All gave some, some gave all." Thanks To Yanks is available to like on Facebook.**

# Uxbridge Youth Soccer League hosts Third Annual RC Air Show

UXBRIDGE — Join the Uxbridge Youth Soccer League for their 3rd annual RC Air Show and Vendor Fair on Saturday, Oct. 6, from noon-4 p.m. at the Sutton Street Field Complex (285 Sutton St., Uxbridge).

The RC Air Show

is your chance to catch award-winning radio-controlled plane pilots performing stunning loops, twists, rolls, and dives over the open field. These custom planes have wing spans of up to six feet and compete in tournaments nationwide. At the conclusion of the show, a few young pilots may also get the chance to take part in the action and fly training aircraft under the guidance of our trained pilots.

The RC Air Show includes fun for the whole family. Several sought-after vendors

will be selling unique items just in time for early holiday shopping. A wide range of food trucks will also be serving popular food and drinks, including Big T's Jerky House and BBQ, The Ultimate Grill, Twisted Beveragez, The Grub Guru, All Purpose Bakery, and Sweet Wise Ice Cream.

For entertainment, we are pleased to welcome Thin Ice, a local band from Milford with over 40 years of experience in music. They will close out the Air Show, taking the stage at 3:00 PM. We are also excited to welcome a special Patriots Hall of Fame celebrity guest.

Back by popular demand, Touch-a-Truck will return, as will the New England Revolution, with activities for kids. You'll also have the chance to try your luck at basket raffles and a 50/50 raffle.

Attendance to the Air Show is donation only, with a recommended donation of three dollars per person. The Air Show is one of the league's biggest fundraisers of the year. Funds raised go to fund the New England Revolution Academy training program, field maintenance and expansion, and scholarships for players. Fundraising also helps the league keep registration fees among the lowest in the Valley.

You can catch the latest updates on the RC Air Show on their Facebook Event page.

## Uxbridge Youth Soccer League hosts Third Annual RC Air Show

WHITINSVILLE — Nominations are now open for Blackstone Heritage Corridor's Champions of the Blackstone Awards.

Created by the Blackstone Heritage Corridor, the John H. Chafee Leadership Award honors the late senator's legacy and recognizes individuals who have worked on projects that promote cultural heritage, environmental conservation, economic development, and the quality of life in the Blackstone River Valley. Past years' recipients have celebrated community leaders, preservation heroes, business partners, and environmental advocates whose achievements resulted in the public's benefit. These heroes have demonstrated the Valley's long tradition of leadership and inspiration.

The Blackstone Heritage Corridor Student of the Year Award recognizes an outstanding student or group of students (Elementary, Middle, and High School age) who have worked



*Courtesy*

**Pictured are the 2023 Champions of the Blackstone. From left to right are Chuck Arning, Mary Lee Partington, Christian de Rezendes, and Stefanie Covino. Also pictured is Bill McGinnis, Volunteer of the Year. Pictured on right is BHC's Executive Director, Devon Kurtz.**

on projects that promote cultural heritage and/or environmental conservation in the Blackstone River Valley.

The Suzanne Buchanan Volunteer of the Year Award was created in 2021 to honor a Blackstone Heritage Corridor Volunteers-

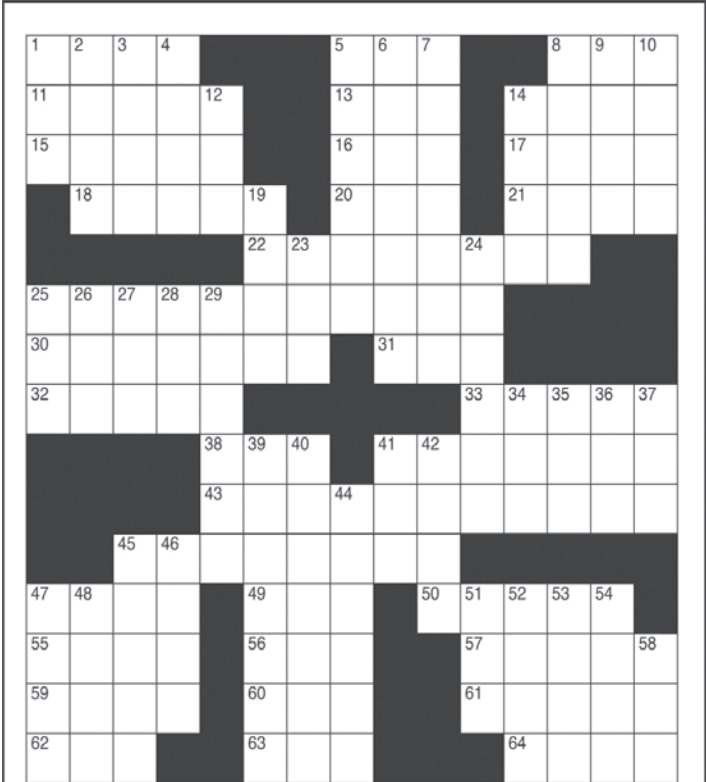
In-Parks volunteer who embodies the welcoming spirit and unbridled enthusiasm that Suzanne demonstrated, recorded extraordinary volunteer hours, and/or encouraged new volunteers.

The Blackstone Heritage Corridor

Partner of the Year Award recognizes an outstanding partner organization that has worked on projects that promote cultural heritage, environmental conservation, and the quality of life in the Blackstone River Valley.

An awards reception





CLUES ACROSS

1. Unequaled

5. \_\_\_-fi (slang)

8. Synthetic resin

11. Chadic language Bura-\_\_\_

13. Influential come Election Day

14. Bucket

15. European river

16. Earn a perfect score

17. Horizontal passage

18. Barely sufficient

20. Dekaliter

21. Goo Goo Dolls hit

22. Australian city

25. Female servants

30. Plumbing fixtures

31. Tooth caregiver

32. Book of Esther antagonist

33. Say aloud
38. Thyrotrophic hormone

41. Absolute

43. Untimely

45. Area or neighborhood

47. Juicy fruit

49. Expresses distaste, disapproval

50. S. American rodents

55. Swedish rock group

56. Influential American president

57. Volume

59. Begged

60. Resinlike substance secreted by certain lac insects

61. Spiritual leader of a Jewish congregation

62. Good friend

63. Body part

64. Tableland

CLUES DOWN

1. Barrels per day (abbr.)

2. Body parts

3. Invests in little enterprises

4. Rock legend Turner

5. Dug into

6. Laughed

7. Northern European nation

8. San Diego ballplayer

9. Eight

10. Substitutes (abbr.)

12. Moved swiftly on foot

14. Compensated

19. Volcano in the Philippines

23. Speak ill of

24. One who publishes

25. Expression of bafflement

26. Macaws

27. Matchstick game

28. We all have our own
29. Divinatory

34. Explosive

35. Follows sigma

36. Sea eagle

37. Type of bread

39. Bit used with a set of reins

40. Time away from work

41. Parts per thousand (abbr.)

42. Lots on your plate (abbr.)

44. Actor Brosnan

45. It's part of packaging

46. Towards the oral region

47. Public Theater creator Joseph

48. Ancient Syrian city

51. Swiss river

52. Mollusk

53. A French abbot

54. Hoagies

58. Not present (slang)



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# Plummer Place

## Home of the Northbridge Senior Center

(508) 234-2002

Plummer Place Café is catered by The Neighborhood Kitchen right here in Northbridge. We will serve delicious meals on Tuesdays for \$8.00 per meal right here at Plummer Place. You must call to sign up, space is limited. Please note we are no longer serving lunch on Mondays.

We are accepting donations for our Plummer Place Café. Heavy duty plasticware

utensils, heavy duty plates large and small, bowls, napkins, plastic cups, crystal lite packs, bottled water either large or small, creamers, decaf coffee and regular coffee, Shaw's gift cards. We appreciate all donations to help our café run successfully!

Calling all singers: join our first ever Plummer Place Singers Group. Raianne Richards will lead you as a group, to develop your skills, to enjoy the camaraderie, and to perhaps sing for others. If you would like to join this group, please call the Center to sign up. They will meet every Thursday at 2:30pm, and the cost is \$5 per week.

Pitch League started on Monday, September 9th at 9:00am. They are still looking for new players! \$2/week, call Plummer Place with any questions.

“Writing Your Way” will meet

Thursdays from 2:00-3:30 p.m. They will meet every 2nd and 4th Thursday of the month. All writers are welcome to share your writing with others, get motivated to write your story, and get feedback from fellow writers! Lori Gannon is the instructor for this class, call the Center for more information.

Halloween Harvest Party, Thursday, October 31st from 12:00-1:30pm. Davis

Bates celebrates Halloween at Plummer Place, come ready to sing along! \$10/person with a 2-ticket limit. Northbridge residents have priority. Costumes highly encouraged. Supported in part by a grant from the Northbridge Cultural Council, a local agency supported by the Mass Cultural Council, a state agency. State Rep. David Muradian and Unibank. Tickets are on sale now at the Plummer Place front office.

## St. Patrick's announces autumn recycling event

WHITINSVILLE — St. Patrick's Autumn Recycling Event, 7 East St., Whitinsville, will take place on Saturday, Oct. 12 from 8 a.m. – 1 p.m. in the Church parking lot. The profits will benefit upcoming YIA service projects. Please keep items for each station separate. If you cannot make it on event day, please

call office to donate. For more information & electronics pricing, call 508-234-5656 or email officesupport@mystpatrickss.com. Thank you for your support!

- Books - donate gently used books. No encyclopedias!
- Electronics Recycling for a fee - No batteries/light bulbs/propane tanks. All equipment must be bone dry of oils/liquids.
- Bottles/Cans - Please rinse. Items must be returnable in Massachusetts. Unfortunately, we are no longer able to accept glass bottles of any kind.
- Textile/

Clothing Collection - Clothing: handbags/totes/suitcases; accessories; hats & gloves; scarves; backpacks; table linens; shoes; bed linens; blankets/throws; window treatments; fabric by the yard (no scraps); yarn, etc. NO rags/rugs, NO toys/housewares. Items must be gently used (no stains), and in a condition to be resold.

- Media - donate gently used media (magazines; CD's; DVD's; video games; vinyl records; video tapes; cassettes, etc.)

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# Wrap up fall with a trip to Waters Farm Days

SUTTON — Wrap up your fall excursions with a trip to Waters Farm on Oct. 19 & 20, from 10 a.m. to 4 p.m., where the past & present combine to produce a family-oriented weekend full of activities & educational experiences. Waters Farm is a not-for-profit (501c3) all-volunteer run living history center located on 120 beautiful acres in West Sutton. The Ken Ethier Memorial Antique Tractor Show will pay

tribute to show organizer and board member, Ken Ethier, who passed away on June 30. We were so blessed to have his leadership and knowledge. He is dearly missed by all. The Chapter 18 International Harvester Club and other enthusiasts from New England will be displaying and demonstrating their antique tractors, implements, and doodlebugs. The Sten Brote Memorial Engine Show honors his

decades of collecting, restoring and promoting antique engines. This year features a special engine that was donated to the farm from his prized possessions. We are truly grateful for Ken and Sten's commitment to the farm and the hobby. Shop at our large selection of craft vendors. Enjoy lunch, apple crisp and baked goods from our food vendors. Watch the apple pie baking contest on Sunday at

12:30 p.m. Watch the Antique Farm Tractor Pulls both days. There will be demonstrations from yesterday including our working Blacksmith Shop, Shingle Mill and Maple Sugar House. See an antique Hammer Mill demonstration processing grain near the Shingle Mill. The restored hearths in the Waters Farmhouse will be in operation to enhance your house tour. Stop

by the Peddler's Shop on your way out of the house to purchase clothing and gifts. Be sure to visit the Darling Barn to see pottery demonstrations and other artisans. Check out local history with the Sutton Historical Society and meet with Ross Weaver to see if you share lineage with the Waters family. Children's activities include games, contests, barrel train rides, inflatables, and bottle rock-

ets. The Sutton Robotics Team will be onsite as well as the Scouts, emergency vehicles and plenty of interactive presentations. The Animal Showcase, sponsored by the Sutton Agricultural Trust, includes 4-H animals, goats and small farm animals, cattle projects, and the Angel Hair Alpacas. Other exhibitors include horses, donkeys, mules, working teams of oxen, pet res-

cues, dog agility demonstrations and so much more. Some demonstrations are for one day only. Don't miss a thing... Your paid membership includes free admission for a year. Music will be provided by Cruisin' Bruce Palmer. Food and beverages are available onsite. Wagon rides, provided by Whittier Farms, run throughout the day traversing the grounds. Sunday features include the

Bruce Nichols Memorial Car Show in the upper field. The annual apple pie baking contest is next to the Apple Crisp Shed at 12:30 p.m. Rules and information will be available on our Web site. Exhibitors and volunteers are always welcome. Craft vendor spaces applications are being accepted. Please visit our Facebook page (Waters Farm Preservation Inc) or Web site at [www.waters-farm.org](http://www.waters-farm.org).

# Simon Fairfield Public Library October schedule

Please note that some events do require registration. If you have any questions regarding any events, please do not hesitate to contact the library at 508-476-2695 or email at us at [douglas@cwmar.org](mailto:douglas@cwmar.org).

Children's Book Clubs (Registration Required) Tuesday, Oct. 8 at 4 p.m.: Young Reader's (Grades K-2), "Too Many Pumpkins" by Linda White Thursday, Oct. 10 at 4 p.m.: Book Wizards (Grades 5-7), "Insignificant

Events in the Life of a Cactus" by Dusti Bowling Tuesday, Oct. 22 at 4 p.m.: Book Bunch (Grade 2-4), "Megabat" by Anna Humphrey

Fall Storytime (Registration Required) Monday, Oct. 7, 21, and 28 at 10 a.m.: Fall Storytime Ages 2-4 Monday, Oct. 7, 21, and 28 at 1 p.m.: Fall Storytime Ages 3-5 Tuesday, Oct. 1, 8, 15, 22, and 29 at 10 a.m.: Fall Storytime Ages 15 months - 2 years

Children's Programs Wednesday, Oct. 2, 9, 16, 23, and 30 at 11:30 a.m.: "Young Scientists" STEM Program Ages 3-6 (Registration Required) Tuesday, Oct. 8 and 22 at 11:30 a.m.: Music & Movement with Deb Hudgens Wednesday, Oct. 9 at 3:30 p.m.: Lego Club I (Registration Required) Wednesday, Oct. 16 at 3:30 p.m.: Lego Club II (Registration Required) Wednesday, Oct. 16 at 6 p.m.: Reading to Gabby (Registration

Required) Thursday, Oct. 17 at 6 p.m.: Disney Movie Trivia Night Wednesday, Oct. 23 at 3:30 p.m.: Lego Club III (Registration Required) Wednesday, Oct. 30 at 6 p.m.: Tricks & Treats with Robert Rivest, a Mime for All Seasons

Adult Book Clubs Thursday, Oct. 3 at 6:30 p.m.: Greatest Book Club Ever, "The Alchemist" by Paulo Coelho Tuesday, Oct. 8 at 6:30 p.m.: Intrepid Readers, "The Tattooist of

Auschwitz" by Heather Morris Tuesday, Oct. 15 at 6:30 p.m.: Sci Fi Book Club, "The Murderbot Diaries," Books 1 & 2 by Martha Wells Monday, Oct. 21 at 6:30 p.m.: Plot Twisters Book Club, "When You See Me" by Lisa Gardner

Adult Programming Tuesday, Oct. 1 at 5:30 p.m.: Sci Fi Film Club, "Blade Runner" (Patrons under the age of 17 must be accompanied by an adult) Tuesday, Oct. 1 at Cool Flowers: How

to Grow Cold Hardy Annuals in a Northern Climate (Registration Required) Wednesday, Oct. 5 at 5:30 p.m.: SFPL at the Douglas Fire Department

Open House Wednesday, Oct. 9 at noon: Sen. Ryan Fattman Office Hours Thursday, Oct. 10 and 24 at 5:45 p.m.: Fiber Arts Friends Thursday,

Oct. 17 at 6 p.m.: Disney Movie Trivia Night Wednesday, Oct. 23 at 6:30 p.m.: Short Cuts Film Club Thursday, Oct. 24 at 6 p.m.: Community Skills Program I

# Community collaboration offers life-saving education

DOUGLAS — In collaboration with the Douglas Fire Department, Douglas Board of Health, and the Blackstone Valley Partnership for Public Health, the Simon Fairfield Public Library is pleased to host a two-part series called "Until Help Arrives."

In the first session, which will be held on Oct. 24 at 6 p.m., participants will learn the lifesaving techniques of hands-only CPR and Narcan administration, as well as AED (automated external defibrillator) awareness in

the community and how to report an emergency.

In the second session, which is being held on Nov. 14 at 6 p.m., participants will review how to effectively report an emergency along with the local public notification methods that the town of Douglas uses. The highlight of this session for participants will encompass how to assemble a home emergency kit.

"Our goal is to create a more resilient community by training lay people so that they can make a difference in the event of an emergency and help to

save a life before professional first responders arrive," says Deputy Fire Chief, Kelly Manning.

Residents from Douglas and surrounding communities are encouraged to attend.

Information to sign up for this program has been posted in several locations around Douglas including the Town Hall, the library blog, and on the Facebook pages of the Blackstone Valley Partnership for Public Health, Simon Fairfield Public Library, and the Douglas Fire Department.

## People First Food Pantry to hold winter coat drive

UXBRIDGE — The People First Food Pantry of Uxbridge has announced the beginning of their 2024 New Winter Coat Drive!

Volunteers will be collecting new winter coats, hats,

mittens, gloves and scarves for the children served by the People First Food Pantry.

Coat sizes needed are infant sizes - adult large. This coat drive will run now until Dec. 17. Donations can be dropped

off on Tuesday nights from 6:30 - 7:30 p.m. at the People First Food Pantry located at 19 Douglas St., Uxbridge. For more information, please call 508-278-5506.

# Millbury Congregational Church to hold Christmas floral arrangement class

MILLBURY — A Christmas floral arrangement class will take place at the Millbury First Congregational

Church, 148 West Main St., Millbury, on Saturday, Dec. 14 at 1 p.m.

Sandy Michalak of Herbert E.

Berg Florist will teach participants how to complete their own fresh Christmas Floral Arrangement.

Class will take place in Fellowship Hall. Beginners are welcome. Fee is \$30 for class and materi-

als. Advanced registration required by Dec. 7 by calling Janice Fortin at 508-826-6381.

## Meet Smokey Bear at Purgatory Chasm

SUTTON — Area residents are invited to meet Smokey Bear at Purgatory Chasm State Reservation Saturday, Oct. 12 from 1 - 2 p.m.

For 80 years, Smokey has helped parkgoers understand the importance of using fire responsibly. Meet Smokey Bear and our DCR firefighters and help celebrate Smokey's 80th Birthday.

Join us at the Pavilion near the chasm's entrance. The event will happen rain or shine, hazardous weather will cancel. For more information, contact Pat at 508-234-9610 or [Purgatory.Chasm@mass.gov](mailto:Purgatory.Chasm@mass.gov).

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EDITOR

EDITORIAL

Staying united after the election: A call to remember what matters most

Once the dust settles after the upcoming presidential election, it's important for all of us—no matter who we voted for—to remember that we are still neighbors, friends, and family. Elections have the power to highlight our differences, but they don't change the core of what really makes us a community. When the votes are counted and the debates subside, we must find our way back to what binds us: a shared commitment to the well-being of our families, our neighborhoods, and the place we call home.

While political divisions can feel sharp and personal, especially in today's climate, it's essential to remember that the most meaningful connections in our lives aren't determined by a vote. The person who will lend you a cup of sugar, help you shovel your driveway, or cheer for your kid's team on a chilly Saturday morning is your neighbor—not just a political identity. Whether we find ourselves celebrating or disappointed by the election's outcome, the morning after still requires us to move forward—together.

Our communities are built on cooperation and common ground, regardless of who holds office. We rely on each other in ways that go beyond politics. Schools still need teachers, businesses still need customers, and we all still need that feeling of connection with those around us. The conversations we have at the local coffee shop, at school pick-ups, or during community events are what truly shape the fabric of our daily lives. These moments, not political debates, are what sustain us.

This is not to say that the issues at stake in elections don't matter—they absolutely do. We must continue to advocate for what we believe in, speak our minds, and hold our leaders accountable. But it's also vital that we don't let the divisions of the political arena spill over into the personal relationships that hold our communities together. After all, when the election is over, we still share the same streets, parks, and grocery stores.

So, how do we move forward? First, by listening. Let's take the time to really hear one another, even when we disagree. Let's focus on finding common ground—there's often more of it than we realize. Whether it's addressing local issues, supporting a neighbor in need, or simply being kind to one another, we can all contribute to the healing and rebuilding process that follows every election.

To the Editor:

As we get closer to what has become an historical and hysterical presidential election, disparate groups are weighing in on the candidates... or at least one of them. Donald J. Trump, the reality show creation based on Peter Sellers' character Chauncey Gardner in the movie "Being There" has so disrupted the arc of humanity that one group, mental health professionals, has taken the extraordinary step of warning the voting public of his mental decline.

Dr. John Gartner, PhD, an American psychologist, has created a new petition at Change.org: "We diagnose Trump with probable dementia: A petition for licensed professionals only."

After one week, the petition already contains over 300 verified signatures of mental health and other medical professionals. Some of the signers have also offered detailed comments about what they have concluded is, based on the obvious evidence, Donald Trump's increasing cognitive difficulties, and why he is therefore unfit for office.

"Biden's brain is aging. Trump's brain is dementing." "We are seeing flagrant and increasingly frequent signs of dementia, signs that really can't be that easily confused with anything else, and signs that

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

OPINION

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR

Do you want reliable energy or fairy dust?

To the Editor:

Do you prefer reliable electric energy pulsing through your electric wires to power the fridge, stove, heating system, flat screen smart TV, and charging your cell phones? Or do you prefer unreliable wind power and fairy dust?

Reliable energy is provided by nuclear power, oil or gas fired power plants, and coal plants. Unreliable energy is provided by wind and solar. The wind does not blow 24/7 nor does the sun shine 24/7 in New England. Wind power is very expensive. And did I mention "unreliable?"

Nevertheless, Comrade Healey is contracting to obtain the largest off shore wind energy procurement in state history. She is truly another Dukakis. All she needs is the bobble-head helmet emblazoned with Save the Planet.

Let's remember the electric grid failure in Texas when Texas off-shore wind farms froze during a three storm blitz in February of 2021. Texas had invested in more wind and solar farms than any other state! When the chips were down, wind power did not come to the rescue. 10 million Texans had no power and no heat for weeks.

The problem? Frozen wind turbines and ice-covered solar panels. Wind power operators suffered a \$4 billion loss.

No Texas nuclear power plant froze in three blizzards. Two nuclear plants, humming.

No one voted for wind power, yet Healey is contracting to obtain 2,678 megawatts from 3 different foreign-owned off shore wind projects for 1.4 million Massachusetts homes. This is a fantasy theory to reduce the state's carbon emissions - the equivalent of taking one

To the Editor:

This November, the town of Douglas will have the opportunity to vote in the Community Preservation Act. What this means is a subsidy of one and a half percent on your properties, with exclusions for the first \$100,000 and for low income and low-moderate income seniors. This subsidy will accrue \$250,000 each year and be matched by the Registry of Deeds

To the Editor:

Nov. 5 approaches. More than a few undecided voters may patiently wait for specifics from one candidate about how to solve pesky problems. Understand no fault is found in adjusting, even changing, earlier positions based on new information, but explaining why and what caused reversals is required. Absent that, voters might consider finding serious fault with a candidate whose new 'positions' no longer support the assertion that "my values have not changed..."

Thus far, no articulate reasoning has been offered about 'flip flops' to Oprah, others in the press or public. When columnist Peggy Noonan calls the candidate an "artless dodger," doubt is raised about what will actually happen if elected, because important debate points

aren't subtle. We are seeing them week after week, and they are getting worse and worse. It is a national emergency. If Trump were to take back the White House, the American people would be living in what would be the equivalent of an insane asylum, ruled by a madman, and described in detail within Project 2025.

Psychologist Dr. David A. Lustig added, "We're now at that remarkable point where Trump's sociopathic narcissism is working synergistically with his advancing dementia, leaving us with an incredibly nasty, malevolent, and Machiavellian bowl of oatmeal."

Another group coming forward is 'Republicans for Harris,' over 100 ex-Republican members of congress and national security officials, stating that Harris "has demonstrated a commitment to upholding the ideals that define our nation — freedom, democracy, and rule of law," adding that Trump is "unfit to serve again as President, or indeed in any office of public trust.

"We believe that the President of the United States must be a principled, serious, and steady leader who can advance and defend American security and values, strengthen our alliances, and protect our democracy," the letter reads. "We expect to disagree with Kamala Harris on many domestic and foreign policy issues, but we

To the Editor:

It would appear a crisis of faith is brewing in black and white on these very pages. Let me offer some encouragement from past and present figures: "When written in Chinese, the word crisis is composed of two characters -one represents danger, and the other represents opportunity," (JFK); "I am a firm believer in the people. If given the truth, they can be depended upon to meet any national crisis. The great point is to bring them the real facts," (Abraham Lincoln); "When faced with a radical crisis, when the old way of being in the world, of interacting with each other and with the realm of nature doesn't work anymore when survival is threatened by seemingly insurmount-

million gas-powered cars off the roads.

Millstone Nuclear power plant in Connecticut produces 2,073 megawatts, all by itself. Seabrook nuclear power plant produces 1,251 megawatts. Connecticut and New Hampshire have declined to join Healey's joyful scheme. Wonder why?

Vineyard Wind 1 has only five turbines constructed, out of 62 total. South Coast proposes 149 turbines off Nantucket. Somehow this sounds like The Big Inflation Act, with \$7 billion spent on constructing just seven EV chargers. Your tax dollars.

Healey says, "You don't have to look far to see the severe financial impacts of climate change."

Yup, just look at the climate change on Nantucket from the Vineyard Wind turbine collapsing. Healey cites no actual financial facts that provably flow from so-called "climate change."

She said: "We need to do the work and reduce emissions and bring cleaner energy online. We've got to do this!"

Make our electric grid more unreliable, more expensive, and cause more harm to the environment! It's up there in the Top Ten of the Worst Socialist ideas.

Healey has contracted to get one-third of the wind power from the South Coast Wind Multi-state project, the New England Wind 1 Project, and the Vineyard Wind 2 Project. South Coast is an international company. The other two are owned by the international Avangrid and Copenhagen Infrastructure Partners. Not American owned or operated. Global elites get rich. We get no electricity.

Our fishermen are shocked at this contract just one month after Vineyard Wind 1 failed spectacularly. On line for just five

CPA for Douglas

receipts, which are shared with the other 196 towns that have adopted this Act. A committee will then be formed to find projects in Open Space / Recreation, Historic Preservation and Affordable Housing to present at Town Meeting for approval in spending this fund on them.

The infrastructure updates necessary in a growing town are overwhelming and overpower many smaller projects

Are you still waiting?

are unanswered on: economic inflation, energy production, Green New Deal, border security, illegal alien monetary support, student loan forgiveness, housing subsidies, etc. When main stream media accepts 'word salad' answers with no 'fact checking,' corrections or probing follow-ups; and more often than not 'informs' the American public by way of one-sided narratives on political issues, that "threatens democracy."

A 'free' society sometimes produces policies or personality not to our liking. Currently under guise of 'free speech,' many commentators and 'news' anchors attach the phrase "a threat to democracy" to a candidate and his name. Simple examples of cause and effect between this constant, corrosive propaganda/ rhetoric and assassination attempts reveal

Don't take my word for it...

believe that she possesses the essential qualities to serve as President and Donald Trump does not. We firmly oppose the election of Donald Trump. As President, he promoted daily chaos in government, praised our enemies and undermined our allies, politicized the military and disparaged our veterans, prioritized his personal interest above American interests, and betrayed our values, democracy, and this country's founding documents."

Piling on, Republican strategist Sarah Longwell minced no words with her damning description of the 2024 presidential campaign currently being run by GOP nominee Donald Trump and his running mate JD Vance.

"This is the most vicious, despicable, lie-filled campaign I've ever seen," Longwell told CNN's Jake Tapper on Wednesday.

"And that is comparing it to what was a pretty significantly indecent campaign that Donald Trump ran in '16 and '20," Longwell added. (Republicans were thrilled to hear what they consider high praise!)

As far as whether any of this matters, we must turn for confirmation, to resident climate scientist, immigration champion, Great White Communist/Marxist Hunter, and now, arbiter of what it means to be a woman – Uxbridge's own church lady. This Warrior for Christ has

Crisis of faith

able problems, an individual life-form -or a species -will either die or become extinct or rise above the limitations of its condition through an evolutionary leap" (Eckhart Tolle).

In the end, what is the real crisis some in this country are facing and a veteran long-term writer of opinion letters? Looking at the current trends and facts, you would think applause would be in order—from everyone. At this moment, inflation is moving down. Crime is moving down. Interest rates are moving down. Gas prices are moving down. Immigration at the border/s is moving down. Fentanyl deaths are moving down. Krogers admitted to price gauging; more and more fast food companies are offering deals such as

months. Five months of electricity, then Kaput.

You did not vote for this, but your corrupt Green Climate Commie representatives did. These contracts will go toward meeting the state's "statutory [means the law] green energy and clean climate plan deadline of 2027." Healey promises thousands of union jobs. Do you think this is reality?

The Commissar of the Department of Energy Resources said: "We have required that projects demonstrate advantageous advantages [she attended the Kamala School of Law Salad] to environmental justice populations." What? "...and provide opportunities for diversity, equity and inclusion in workforce development...And they have delivered!" No evidence to back up these claims. The exact cost of these projects? Unknown.

As my Learned Friend says, "let's look at the root cause of our state's carbon emissions." The root cause of the need for gas-powered cars and for electricity to heat and light homes is... people! The root cause is those pesky Humans!

Let's remember that the Climate Change hysterics know - they know for a fact - that fossil fuels have caused Climate change. But they believe that our planet, our trees, our oceans and the 30,000 things that happen in order to create a baby are random events from a chaotic universe. Random chaos produced a baby, each and every time. Random chaos produced trees that absorb carbon dioxide and produce oxygen, each and every time. Random Godly chaos.

Vote to Make America Sane Again.

Bev Gudanowski  
Uxbridge

Sue Perkins  
Douglas

the real "threats to democracy." And a lesser caliber of Constitutional lawyer, almost-President Hillary Clinton even boosts the anti-free speech movement by stating (publically!) that "those who disseminate misinformation ought to be arrested and jailed." Do not be deceived, these are the actual "existential threats to democracy" facing America today!

In this race, one candidate's stand on critical issues is well-known. Before casting a ballot (on Nov. 5 or earlier) the 'consequences' of choosing the 'other' candidate should be known, too, because prior knowledge avoids a nasty surprise on Inauguration Day. Meanwhile, pay attention to yellow caution flags flying.

Jane F. Keegan  
Uxbridge

come down from the mount, to bestow blame on women for everything that is wrong with America. (Freud would say – "Hmmm... sounds like a personal confession to me.") Women are responsible for: Trump abusing, raping, belittling, debasing, and groping them; they are to blame for wanting control of their own bodies, when right-wing Christian evangelicals know what is really best for them; they are 'barreling down the road to Perdition – aka Hell, Michigan – which is why they rank 62 on the 'happiness' scale. (I'd love to know what the questions in that survey were: "Does your husband help with the dishes?") Now, a rational adult would be skeptical of a woman (has anyone ever checked under her hood?) throwing shade on other women, while she supports a serial abuser like Trump. But since this is the Oracle of Uxbridge, a most prolific demagogue, respected by cult members everywhere, we have to ask: Should anyone care that Donald J. Trump's lights are on, but there's nobody home...and the lights are getting dimmer by the hour?

As for her 'one issue simpletons' - this is a "one issue" election, and that issue is democracy. If you value it and want to retain it, vote Harris-Walz.

Rick Bevilacqua  
Whitinsville



# Tips for Planting Bulbs this Season

Following a long New England winter, few signs of spring are more welcome than the first sprouts of green popping up in a barren garden. The promise of a season of beautiful blooms, the tiny shoots are the gardeners reward of a past autumn spent preparing and planting.

Experts agree fall offers ideal conditions to plant perennials. In fact, autumn is the preferred time to plant spring blooming bulbs. The following is a beginner's guide to preparing, planning and planting bulbs now for a flourish of flowers come spring.

**\*\***  
**Choosing Choice Bulbs**

If you are selecting bulbs in bulk, such as loose bulbs offered at discount garden centers, it's important to follow a few rules of thumb. Typically, big bulbs produce the largest blooms and may yield more flowers, therefore, it may be worth the cost to pay a bit more for good sized, healthy bulbs. However, if you are on a budget and have the time to wait, smaller bulbs will eventually increase in size and bloom each year.

When choosing a bulb, look for those that are firm and plump. Hold them in your palm and select bulbs that feel heavy for their size. Avoid bulbs with bruises, spots or signs of mold. And steer clear of soft, mushy and lightweight bulbs. Sprouting bulbs may indicate a bulb that has been in storage for a long time.

**\*\***  
**Planning a Flower Garden**

A little thought and preparation go a long way in reaping the benefits of a successful spring and summer flower garden. The planning you take time for in the fall will be apparent when the flower garden plantings burst with color and texture next year.

Know your flowers before you plan to plant. While most bulbs require an area where there is full sun, other varieties such as the iris and crocus enjoy some shade after blooming. For best results select a location in full sun or sun with morning shade only. Well drained soil is a requisite for flower bulbs. If you have poor soil, raised flower beds may be an effective alternative.

**\*\***  
**For best results, design your garden with pen and paper first, mapping out the size of the beds and the flowers to scale. Keep in mind color, texture and fragrance are all important factors when deciding on a particular flower garden plan. Plotting a garden plan is an exciting chore, and there are some basic rules that ensure a pleasant mix of color for a showy display. Notice how a clump of daffodils and tulips are much more eye appealing than a tidy row of the springtime flowers. The eye is drawn toward the burst of color when these flowers are in generous groups of plantings. Be sure to take an accurate bulb count of such large splashes of plantings. Your layout plan should also include using flower bulbs as accents in perennial beds, or to fill in rock gardens or as an interesting border to greenery. Be sure to plan for extra bulbs to fill in areas or to add as landscape accents.**

**\*\***  
For an interesting mix, merge short plants with tall specimens to give variety and depth as well as differing textures. And don't underestimate the power of fragrance.

Nothing is more delightful than a pathway of floral scents welcoming visitors to your door!

You should also decide if you want to plan out every aspect of planting a semi formal garden, or if you choose instead to toss convention and bulbs to the wind, planting bulbs the natural way, thus creating a natural sprinkling of blooms.

Scaling plants to the bed is another important factor when plotting your plan. A simple rule to follow is to keep in mind the tallest plant in an island flower bed should have a mature height that is equal to about half the width of the bed. Place these plants in the center, so they can be viewed from all sides. Also remember to take into account plants that grow and expand quickly.

**\*\***  
Color is another major consideration when planting your bulbs. If you want your garden to be a showcase all season, select a variety of bulbs that flower during early, middle and late spring and summer for a continuous burst of color.

Just as in the home, in the garden bed cool colors seem to recede and warm colors appear to come forward. To make a small garden area appear larger and more spacious, plant flowers in cool, light colors. As a general rule white goes a long way in a garden bed, but if you use a lot of white flowers in an area, consider adding a dramatic splash of bright red or bright pink or purple for visual contrast. And, remember, if you are growing flowers to cut and bring the blooms indoors, choose colors that will go with the decor of your home, as well as harmonize with one another in the garden.

Gardens, in fact, are often planned around color. The ambience of your outdoor living space is determined by color and your choices decide whether your garden flowers contrast or complement each other which can result in either a subtle hue of color or a spectacular show of brilliant blooms.

For a bright, showy garden, eye catching bright reds, yellows, purples and whites take center stage in a flower bed. Such contrasting colors can be often be achieved with little effort simply by matching up opposite colors on the standard color wheel.

**\*\***  
Planting Prep: Planting time varies depending on location, but here in the Northeast it ranges from September until as long as the soil can be worked, usually around the end of October.

Prepare your bed by making sure soil is properly fertilized. Be sure to dig out the soil to the proper depth. Loosen the soil and if you choose, add a bulb booster to the soil. Bulbs should be planted with pointed side up. Place them firmly, yet gently, into the ground. Cover the bulbs loosely with soil, water lightly and add a layer of mulch.. Typically, bulbs should be planted three times as deep as the bulb is wide. In sandy soils, you can plant a little deeper, and in heavy soils you can dig a slightly shallower hole. Bulbs should be spaced approximately a width twice the diameter of the bulb.

Note: Tulips should be planted one

**TAKE THE HINT**  
**KAREN TRAINOR**



inch deeper then indicated if the soil is not too heavy and their location is permanent as deep rooting can prolong the effective life of the tulip bulb.

**\*\***  
Win Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month (or whenever I receive enough tips for a column) will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the

town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

## Manifestation

Manifestation—does it truly work? For decades, this concept has captured significant attention, especially in the pages of popular self-help books like “The Secret” by Rhonda Byrne, “Think and Grow Rich” by Napoleon Hill, and “The Power of Now” by Eckhart Tolle. These works suggest that the mind can create reality, emphasizing positive thinking, visualization, and belief as the key.

So, what's the truth behind manifestation? Is it a genuine force or just another trend?

Looking through history, we find compelling examples of people who have manifested their desires remarkably. Jesus manifested bread and fish to feed thousands, turned water into wine, and raised Lazarus from the dead. How did He do it? He told us: 'Everything is possible for the one who believes' (Mark 9:23). This belief, central to Jesus' miracles, also applies to those who have shaped the world through their conviction.

Gandhi, through non-violent resistance, and Martin Luther King Jr., with his vision of equality, both relied on unwavering belief to drive their movements. Likewise, innovators like Elon Musk and Steve Jobs revolutionized industries by maintaining steadfast belief in their visions. They didn't just wish for success—they visualized it, believed in it, and worked relentlessly to bring it to reality.

There is a distinction between miraculous manifestations, such as Jesus multiplying bread, and the achievements of inventors and social activists. While one may seem instantaneous and the other a slower, deliberate process, both are rooted in the same fundamental principle: belief.

Whether miraculous or transformative, faith in the outcome drives these manifestations into reality.

A common thread among those who teach manifestation techniques is the importance of assuming your desires are already fulfilled, even before they physically manifest. Whether it's modern self-help gurus or ancient spiritual teachings, the principle remains the same: you must believe you have what you want before it arrives in your reality.

The central idea is that by aligning your thoughts, feelings, and beliefs with the desired outcome, you attract

that outcome into your life.

This idea of belief has been central to Jesus' teachings, as mentioned above. He emphasized it again in Mark 11:23: 'Truly I tell you, if anyone says to this mountain, "Go, throw yourself into the sea," and does not doubt in their heart but believes that what they say will happen, it will be done for them.' Here, Jesus highlights the crucial role of unwavering belief in the process. It's not enough to ask for what you want—you must act as if it is already done.

The idea is clear: belief and emotional alignment with your desired outcome create the conditions for its realization.

So how does this apply in your life? Imagine you're aiming for a promotion at work. Instead of doubting or hoping, visualize yourself already in that role—feeling confident, acting as if the promotion is yours. The same goes for personal goals, like getting healthier. Instead of focusing on the obstacles, believe you're already living a healthier lifestyle, making choices aligned with that belief. The principle remains the same even in bigger dreams—starting a business, finding your dream home, or writing a book.

If you think success is inevitable, you'll naturally align your actions, mindset, and energy toward making that vision a reality. Belief becomes the foundation for your daily actions, driving you forward even when challenges arise.

So, does manifestation truly work? Well, it has great business leaders and revolutionaries. You might attribute their success to luck or chance, but you can't deny that they believed with all their heart in their vision. That kind of belief—so strong that it drives every action—is undeniably a common thread among those who achieve remarkable outcomes. So, is it luck, or is it the power of belief? The line between the two may be thinner than we think.

The real question is: Are you willing to believe before you see? As countless teachers and thinkers have encouraged, can you assume your wish is already fulfilled? Perhaps it's time to believe not only in the world around you but in your ability to shape it. What if the life you dream of is waiting on the other side of the limits you've created in your mind?



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# Super fuses and super-fires

## Webinar looks at threat of nuclear war

BY GUS STEEVES  
CORRESPONDENT

REGION — Although major media have publicized the fact the US is spending about \$1 trillion over the next decade to upgrade the country's nuclear arsenal, some scientists, military folks, and diplomats are very concerned the public doesn't hear much about what that actually means.

Specifically, MIT professor Ted Postol worries about the effect of a recent decision to equip about 1,600 sub-launched Trident missile warheads with what's being dubbed a "super fuse." He spoke about that at some length in a webinar last weekend attended by more than 400 people worldwide, sponsored by the International Peace Coalition.

Postol said this fuse greatly improves accuracy by enabling a missile's multiple warheads to be detonated in close proximity, rather than when reaching individual target points. The combination is intended to destroy hardened, underground missile silos, which the smaller Trident warheads (100 kt, about eight times stronger than the Hiroshima bomb) typically can't do alone with "conventional fuses," he said.

"You have, in a sense, a giant increase in the ability to use higher-yield warheads in other missions," he said. He was referring to the fact some Tridents have 475 kt warheads, while similar-size and larger warheads exist on the longer-range, land-based ICBMs.

"That would only be done if you intended to fight and win a nuclear war," he added. "... Of course, you can't do that, because you'll end up destroying your own country, the other country, and the world in the process. But the US is putting tremendous resources into that capacity."

Under such conditions, Postol said, Russian and Chinese officials "have no choice" but to think we're trying to destroy their nuclear forces before they can be launched, thus increasing the risk of mistaken and preemptive launches. He sees that as a concern especially with the fact Russian launch detection ability is presently limited.

Some sources have argued they don't have satellite detection like the US does. Their system is ground-based and limited to seeing missiles in flight when they cross the horizon. That means the time available to determine if it's really a launch or just a mistake is shorter. On the other hand, the russianforces.org website states they have at least four operational satellites for that purpose as of May 2024, but notes "Reliable detection would probably require deployment of a full constellation of ten satellites, some of which will be deployed on geosynchronous orbits."

A quick internet search didn't find comparable information regarding China's detection capacity. US policy for the last couple years has been shifting to focus as much on that country as China, with some

in the government arguing the US should be able to fight nuclear wars with Russia, China and North Korea or Iran at the same time. Several US sources have argued China is expanding its arsenal, aiming to have about 1500 operational missiles by 2030. (It now has about 500, about a third of what the US and Russia each currently field. Both also have many more in storage, and many of them carry multiple warheads.)

The "Shake and Bake" talk

Later, Postol added that his work in the Pentagon over the years "with a lot of great soldiers" has led him to feel the underlying problem is that most people – soldiers and civilians – don't understand the effects nukes can have when used "because they weren't trained to." Instead, nuclear planning is a "very ritualized process" focusing on target radii and other numbers, and the people involved "were simply doing what they were told to do."

To counteract that, he periodically gives his "shake and bake talk" based on a paper he wrote on the medical effects of detonation-caused "superfires." It's "a deadpan, detailed description of the effects of nuclear weapons," he said. When a warhead explodes, the air flashes to about 100 million degrees, and that sets fire to almost everything over many square miles. The heat is accompanied by "hurricane-force winds on the street that are above the temperature of boiling water. Nothing survives that," he said.

Often, students have written him notes saying they'd had "nightmares after that class." Sometimes, soldiers tell him "I don't want to do anything like this. That's criminal. It's against my oath as an officer not to murder people arbitrarily," Postol added.

country's actual capability or intent is. "If it stirs, we will kill it," he said.

But, Wilkerson added, the country with "the most incredible capacity to do damage to the world" is the US itself. What worries him is that "we're going to get sucked into something that's initially conventional" but turns nuclear if we see ourselves losing, citing such risks in both the Middle East and Ukraine today.

Wilkerson said today's nuclear use doctrine is very similar to the one the US had in the late 1950s and '60s, when officers openly wrote about the idea of using nukes in combat.

Russian policy seems similar, too; he noted they've published ideas calling it "escalate to deescalate." Under that idea, if attacked with some of our very powerful conventional weapons (a few approach small nukes in destructive capacity), Russia could respond with "low-yield" nukes. The Russians have also been using a few new hypersonic missiles in Ukraine.

Over the last few decades, Wilkerson added, most of the treaties controlling the number and distribution of nukes have been abrogated. While they worked to bring down global arsenals in the late 1980s and '90s, reducing them from roughly 70,000 warheads to about 17,000, "there's nothing anymore to control those weapons other than the insane leaders of the Empire," he said (referring to the US). He attributes a lot of the treaty breakdown to lobbying by the nuclear weapons industry, who "got scared" when the world was destroying the nukes.

Today, just one arms control treaty remains in force between the US and Russia – New START, which is set to expire in 2026 and has yet to see any effort toward renegotiation. The Non-Proliferation Treaty also exists; that's aimed at preventing the dissemination of nukes to non-weapon nations, but four nations have obtained nukes since then: India, Pakistan, Israel and North Korea. A third treaty, the Prohibition of Nuclear Weapons, officially went into effect in 2020, and has been ratified by 70 nations, but none of the nuclear-armed ones have even signed it.

The webinar also included several other speakers who looked at aspects of this issue, mostly from their own country's point of view.

# Silver Club planning trip to Atlantic City

UXBRIDGE — The Silver Club of the Uxbridge and Northbridge Senior Centers is planning a trip to Atlantic City from Oct. 15-17. For \$339, it includes the bus, two nights at the Tropicana Resort right on the boardwalk, two shows (Elton John

tribute w/band and Cher tribute w/band), \$50 in slot bonus, \$50 for food, baggage handling, etc. There are pick up spots in Millbury and Uxbridge.

Call Sue at 508-341-0797 for more information.

Security strategy

To fellow webinar speaker retired Col Larry Wilkerson, this whole situation is best summed up by Shakespeare's line in Julius Caesar – "cry havoc and let slip the dogs of war." He argues that's what our government has been putting in place for years now because of a US security strategy that "will not tolerate any opposition to its primacy at all."

The Cold War, he said, "put us at the peak of the mountain." Since then, policy has been to focus "almost entirely" on military responses to "any stirring at the bottom of that mountain," regardless of what a

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Vice President

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[jdglickman@glickmankovago.com](mailto:jdglickman@glickmankovago.com)





# Strategies for adding native plants to your landscape



More and more gardeners are adding native plants to their landscapes. These plants provide more than beautiful flowers for us to enjoy. They also support pollinators and other beneficial insects, and provide food and shelter for songbirds, toads, and other wildlife.

In addition, these plants help protect and improve our soil and manage stormwater. The plants slow stormwater runoff and help direct it into the soil through pathways created by their deep roots to the groundwater below. These deep roots also help break up compacted clay soils. Legumes like blue false indigo (*Baptisia australis*) that are hardy in zones 3 to 10 help add nitrogen to the soil while supporting a variety of pollinators.

Look to woodland native plants if you are gardening in the shade. Tall black cohosh (*Actaea racemosa*) grows four to six feet tall, has white flowers in summer, and is a host plant for the Appalachian azure butterfly. The spring-blooming native columbine's (*Aquilegia canadensis*) red and yellow flowers provide food for hummingbirds and long-tongued insects. Wild ginger (*Asarum canadense*) makes an excellent groundcover that can hold its



Melinda Myers

A bee nectaring on purple prairie clover (*Dalea purpurea*) which is hardy in zones 3-8.

ground against garlic mustard and other invasive plants.

Perhaps you or members of your household have been reluctant to add these plants to your landscape. Some people worry that these plants won't fit in with their current landscape design or be accepted by their neighbors. One option is to start including native plants in your landscape one plant or garden at a time.

As always, make sure the plants you select are suited to the growing conditions, your garden design, and the available space. Some native plants are aggressive and work best when given a lot of room to grow and spread. Others grow in clumps and slowly increase in size making them easier to include in smaller yards.

Common milkweed (*Asclepias syriaca*) is a wonderful but very aggressive native plant that's a favorite of the monarch caterpil-

lar. It spreads by seeds and deep rhizomes making it challenging to contain. Consider growing other native milkweeds that will support the monarch but are less aggressive when space is limited. Butterfly weed (*Asclepias tuberosa*) hardy in zones 3 to 10 is a great option for those with sunny well-drained locations. Red milkweed also known as swamp milkweed (*Asclepias incarnata*) also grows best in full sun, but this milkweed tolerates moist soils.

Think about substitutions when starting to add native plants to the garden. When one plant dies look for a native plant to fill the void. Consider one with a similar growth habit, texture, and bloom time. Prairie dropseed (*Sporobolus heterolepis*) is a North American native grass with a growth habit similar to ornamental fountain grass (*Pennisetum*)

and it provides many more benefits. Hardy in zones 3 to 8, it has uniquely fragrant flowers in late summer, golden fall color, and seeds that look like gems when covered with ice in the winter. It is also a host plant for six different moths and butterflies. This elegant grass is at home in just about any style garden.

As you get to know the native plants of your region and gain experience adding them to your gardens you may decide to create gardens of all native plants. Look to nature for some winning combinations. Combine plants that look good together, have the same growing conditions, and are equally assertive. When aggressive plants are mixed in with timid plants, you end up with a garden of just one or two overly assertive plants.

As always, do your research first. Visit nearby nature centers

and talk to others growing native plants to gather information and inspiration. As you gain success and confidence, you are sure to find creative ways to add these beauties to your landscape.

Melinda Myers has written over 20 gardening books, including *Midwest Gardener's Handbook*, 2nd Edition and *Small Space Gardening*.

She hosts *The Great Courses* "How to Grow Anything" instant video and DVD series and the nationally syndicated *Melinda's Garden Moment*

radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine. Myers' Web site is [www.MelindaMyers.com](http://www.MelindaMyers.com).

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Associates is an independently owned and operated Weichert affiliate. For more information about Weichert, Realtors® - Hope & Associates, please contact Julia Acquaaah-Harrison at (508) 795 - 3885 or [jharrison@hope-homes.com](mailto:jharrison@hope-homes.com).

About Weichert Real Estate Affiliates, Inc. Weichert Real Estate Affiliates, Inc. is a top real estate franchisor established in 2001 by Jim Weichert, president, chairman and CEO of Weichert Companies, which has been in operation since 1969. The company provides a clearly defined business model for operating, managing, and marketing a real estate brokerage,

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LEGALS

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Division  
Docket No. WO23P1444EA  
Estate of:  
Edward Michael Krajewski  
Date Of Death:  
March 19, 2023  
INFORMAL PROBATE  
PUBLICATION NOTICE**

To all persons interested in the above-captioned estate by Petition of Petitioner

**Karen J Nutter of Uxbridge MA**  
A Will has been admitted to informal probate.  
**Karen J Nutter of Uxbridge MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.  
September 27, 2024

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Division  
225 Main Street  
Worcester, MA 01608  
(508) 831-2200  
Docket No. WO22P1110PM  
In the matter of: Laura L Powdrell  
Of: Northbridge, MA  
Protected Person/Disabled Person/  
Respondent  
CITATION GIVING NOTICE OF CONSERVATOR’S ACCOUNT**

To the named Respondent and all other interested persons, you are hereby notified pursuant to Rule 72 of the Supplemental Rules of the Probate & Family Court, that the 2nd Annual account(s) of Trevor Powdrell of Northbridge, MA

as Conservator of the property of said Respondent has or have been presented to the Court for allowance.

You have the right to object to the account(s). If you wish to do so, you or your attorney must file a written appearance and objection at this court on or before 10:00 A.M. on the return date of 10/15/2024. This day is NOT a hearing date, but a deadline date by which you have to object to the account(s). If you fail to file the written appearance and objection by the return date, action may be taken in this matter without further notice to you, including the allowance of the account(s).

Additionally, within thirty days after said return day (or within such other time as the Court upon motion may order), you must file a written affidavit of objections stating the specific facts and grounds upon which each objection is based and a copy shall be served upon the Conservator pursuant to Rule 3 of the Supplemental Rules of the Probate & Family Court.

You have the right to send to the Conservator, by registered or certified mail, a written request to receive a copy of the Petition and account(s) at no cost to you.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person’s right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense. Witness, Hon. Leilah A Keamy, First Justice of this Court  
September 13 2024  
Stephanie K. Fattman, Register of Probate  
September 27, 2024

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Division  
Docket No. WO24P3118EA  
Estate of:  
Patrick Joseph Quatromini, Sr.  
Also Known As:  
Patrick J. Quatromini, Sr.  
Date Of Death: July 19, 2024  
INFORMAL PROBATE  
PUBLICATION NOTICE**

To all persons interested in the above-captioned estate by Petition of Petitioner

**Patrick Joseph Quatromini, Jr. of Taunton, MA**  
A Will has been admitted to informal probate.

**Patrick Joseph Quatromini, Jr. of Taunton, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.  
September 27, 2024

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Probate and Family Court  
225 Main Street  
Worcester, MA 01608  
(508) 831-2200  
Docket No. WO24P3173EA  
CITATION ON PETITION FOR FORMAL ADJUDICATION  
Estate of:  
Eugene Raymond Tancrell  
Also known as: Eugene R Tancrell  
Date of Death: 08/22/2024**

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **James A Tancrell of Midway UT** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that: **James A Tancrell of Midway UT** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 10/28/2024**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.  
**WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.**  
Date: September 16, 2024  
Stephanie K. Fattman, Register of Probate  
September 27., 2024

**COMMONWEALTH OF MASSACHUSETTS  
Worcester, MA  
Probate and Family Court  
WO20P0017EA  
ORDER OF NOTICE**

At a Probate and Family Court at Worcester, in the for said county of Worcester, on the twenty-eighth day of August in the year of our Lord Two Thousand Twenty Four

On the representation of **Mark Labbe for Michael Labbe**, late, of Worcester, deceased, praying that the Court will receive and examine all claims of creditors against said estate; of said deceased will probably be insufficient for the payment of debts;

AND IT IS DECREED that the said claims of creditors of said insolvent estate will be received and examined at the Probate Court to be held at Worcester, in the for said County, on the with day of October, 2024 And also on the first day of April 2024 at ten o'clock in the forenoon respectively, and that said shall give due notice to all known creditors of the time and place of hearings, and that an order therefore issue accordingly

Kathryn M. Bailey, Judge of Probate Court  
September 20, 2024  
September 27, 2024

(SEAL)

**COMMONWEALTH OF MASSACHUSETTS  
LAND COURT  
DEPARTMENT OF THE TRIAL COURT  
Docket 24 SM 003239  
ORDER OF NOTICE**

To: Keith P. Dexter, Individually and as Petitioner and Personal Representative of the Estate of Patricia Platt, a/k/a Patricia A. Dexter; Heirs, Devisees and Legal Representatives of the Estate of Patricia Platt, a/k/a Patricia A. Dexter; Ariel L. Richardson; Jacob M. Dexter and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 (et seq): The Bank of New York Mellon Trust Company, National Association fka The Bank of New York Trust Company, N.A. as successor to JPMorgan Chase Bank, N.A., as Trustee for Residential Asset Mortgage Products, Inc., Mortgage Asset-Backed Pass-Through Certificates Series 2006- RZ4, claiming to have an interest in a Mortgage covering real property in Uxbridge, numbered 253 North Main Street Unit A, 253 & 255 NORTH MAIN STREET CONDOMINIUM ASSOCIATION, given by Patricia Platt to Mortgage Electronic Registration Systems, Inc., as nominee for Meritage Mortgage, its successors and assigns, dated June 2, 2006, and recorded in Worcester County (Worcester District) Registry of Deeds in Book 39127, Page 182, and now held by plaintiff by assignment, has/ have filed with this court a complaint for determination of Defendant’s/ Defendants’ Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before October 28, 2024, or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act. Witness, GORDON H. PIPER, Chief Justice of this Court on September 10, 2024.

Attest:  
Deborah J. Patterson  
Recorder  
24-006577  
September 27, 2024

(SEAL)

**COMMONWEALTH OF MASSACHUSETTS  
LAND COURT  
DEPARTMENT OF THE TRIAL COURT  
Docket Number: 24 SM 003231  
ORDER OF NOTICE**

TO: Mark J. LeBoeuf and Jeanine M. LeBoeuf and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. App.

§ 3901 *et seq.*:

UniBank for Savings claiming to have an interest in a Mortgage covering real property in Douglas, numbered 72 Mumford Street, given by Mark J. LeBoeuf and Jeanine M. LeBoeuf to UniBank for Savings, dated December 2, 2020, recorded with the Worcester County (Worcester District) Registry of Deeds in Book 63917, Page 323, and now held by Plaintiff by assignment, has/have filed with this court a complaint for determination of Defendants’ Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before 10/28/2024 or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the Act. Witness, Gordon H. Piper, Chief Justice of said Court on 9/10/2024.

**Attest:**  
Deborah J. Patterson  
Recorder  
September 27, 2024

**Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Worcester Probate and Family Court  
225 Main Street  
Worcester, MA 01608  
(508) 831-2200  
Docket No. WO24P3180EA  
CITATION ON PETITION FOR FORMAL ADJUDICATION  
Estate of:**

Leona Mae Pimentel  
Also known as: Leona M Donovan  
**Date of Death: 08/14/2024**

To all interested persons:  
A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Heather L Charbonneau of Northbridge MA and Tracy L Montgomery of Uxbridge MA**

requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that:

**Heather L Charbonneau of Northbridge MA and Tracy L Montgomery of Uxbridge MA**

be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 10/15/2024**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

**WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.**  
Date: September 17, 2024  
Stephanie K. Fattman, Register of Probate  
September 27., 2024





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# OBITUARIES

## Paul N. Boutiette, 79



Douglas- Paul N. Boutiette, 79, of Wallis St., passed away suddenly at home on Sat. Sept. 21, 2024.

He is survived by his wife of 57 years, Beth A. (Johnson) Boutiette; 3 children, Gregory P. Boutiette of Webster; Bruce E. Boutiette of Otis, MA, and Pamela J. Orphan and her husband Tom of Douglas; 3 grandchildren, Paul and his wife Hannah Boutiette of Quincy, Breanna and her wife Emily Napolitano of Abington, and Isabella Gervais and her boyfriend Brandon of N. Grosvenordale, CT; his aunt Edna L'Esperance of Linwood; and many nieces, nephews, cousins, and good friends. As an only child, Paul inherited 6 sisters-in-law and three brothers-in-law when he married Beth. He leaves in-laws Karen Johnson, Susan Blum, Verna and Vaughn Harding, Verrill and Dan Fulone, Colleen and Roger Prue, and Sonny and Kathy Johnson. Born in Whitinsville on March 6, 1945, he was the son of Paul H. and Viola J. (Bigos) Boutiette and was a lifelong resident of Douglas. A 1963 graduate of Douglas High School, Paul furthered his education at Worcester Junior College.

Mr. Boutiette was employed as a Budget Analyst and Departmental Head of Administrative services for New England Power Co., PG and E Corp., U.S. Generating Company, and Dominion Power, working in their Westboro and Salem offices. He also spent a year work-

ing in Vermont. His career spanned over 45+ years, and he retired in 2008. After retirement he then worked for Jackson Hewett Tax Company and part-time for Westboro Storage Co. for over 10 years. He was in the U.S. National Guard and served the Town of Douglas as a Selectman and member of the Finance Committee.

Paul enjoyed hunting, mostly in Maine, where he made lifelong friends. He enjoyed road trips and traveling, shopping, ice cream runs, and watching sports. A Jeep enthusiast, he attended many Jeep Camps over the years. He coached and umpired Little League back in the day and loved boating on the Rez.

Truly one of a kind, Paul will be remembered as funny, quick-witted, and outgoing. His door was always open, and everyone was welcome in his home. He will be missed by those who knew him.

His Funeral Mass will be held Friday, September 27th, at 11 am in St. Denis Church, 23 Manchaug St. Calling hours at Jackman Funeral Home, 7 Mechanic St., are Thursday, September 26th, from 4 to 7 pm.

Memorial donations may be made to the National Park Foundation, Attn: Gift Processing, Box 17394, Baltimore, MD 21298-9450, or to St. Jude Children's Hospital, 501 St. June Pl. Memphis, TN 38105. To leave a condolence message for his family, please visit [www.jackmanfuneralhomes.com](http://www.jackmanfuneralhomes.com).



## LETTER

FROM PAGE A4

the present? At this point, everyone in Blackstone Valley must know that the letter writer has no tolerance or respect for anything Biden, Harris, or Democrats. So why the continued vitriol, and why her desperate need to denigrate herself along the way to make the same point while joining the Trump misogyny train? Fear: Trump can't save you. The Heritage Foundation, Project 2025, Christian nationalism, NAR, and Agenda 47 won't save you. They could certainly take the writer back to the 1950s, but they can't take her or us into the future with those ideas. Those ideas are timestamped and have little relevance. I believe the writer senses that and knows that America is likely moving toward change that she can't tolerate and belies most of what she believes in and expects everyone else to want or desire. And the writer can see it happening little by little. Now, at what might be the zenith of her personal crusade to right the ship called America, she has nothing left to attack except women and herself. Her personal crisis of faith about the identity, ambitions, and future of women, especially young American women, may simply be the saddest thing I have read from this popular opinion writer: To blame the next generation implies desperation to stop the fact that America is moving closer and closer to living up to its original promise. This promise that America wants to live up to for its citizens, especially for the young, will demand, in the end, that her beliefs are left in the ashes of the past. However, the writer still has a chance to understand this and be a part of the coming change.

Remember, you don't have to change your values to be part of America's future. You do have to stop mandating, expecting, and yelling at the top of your 'pen' that the rest of us accept your outdated values of what our democracy should be. Realize we are a country of immigrants and will always be. We want everyone to make their own decisions about their sexuality, gender, who they love, and how they love. You don't have to ever have an abortion, but you do not have the right to stop healthcare for all

women. Trust women to make their own personal decisions. Get your religion out of everyone's bedroom. Your personal religion has no right to make decisions for a Jewish woman or an atheist or anyone; neither does Heritage, Leo Leonard, or dark money contributions. Women don't need to be better or worse than men – that is a fallacious implication. Women and men need to have equity and equality in any relationships they wish to enter, from their families they form to their occupational choices and in the many roles they will occupy, especially in the future. You, however, are choosing to side with Trump's historical concept of misogyny and ongoing 'slutshaming,' and you seem to enjoy your personal version of deadcatting and encouraging Trump stochastic terrorism.

Oh, the Thelma and Louis reference is pretty dated. Do you realize a core message from this 1991 movie was that both women were running from patriarchal oppression, the law (of course), traditional gender roles, and a world where men get away with a whole bunch of stuff without consequences? Sound like anyone you are voting for? That realization that can't be escaped is that you are pretty OK with patriarchal oppression, and that made your recent proclamations even sadder for this reader. Young women are likely more conscious that Israel vs. Palestine is not just a black-and-white tragedy. Loss of life on all sides, brutality on all sides, and inhumane treatment on all sides do matter, and the future of allowing Palestinians to have the same rights and freedoms as Israelis is likely being considered because being tortured and continuing to torture others can't ultimately work as a world view anymore. Your fear of change is hard to ignore, and your last letter – blaming women must be read as "A voice of one crying out in the desert: Prepare the way of the Lord." (Mark) But as much as you prepare the way for the lord, it isn't Trump. The way to prepare is for an America where each person has the freedom they desire. Blaming other women may mean that it is time to comfort yourself that you have done everything possible to stop the tides of change in this country. It may be time to leave the 'stage,' enter the desert, and recalibrate how you prepare for democracy to come. But I will offer you my compassion and hope that you can use this crisis of faith to understand that our world and this glorious country are truly 'large' enough to encompass all of us.

We, the people, are just that – we – every last one of us. Personally, count me out of your 'rational woman' cult. As Taylor Swift would say in "You Need to Calm Down," "Hey, are you okay?"

Linda Lacki  
Northbridge



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ADULT PROGRAMS

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Uxbridge Knit-n-Stitch Circle – Drop-in fiber arts crafting group, meets Mondays at 6pm  
Zentangle Night at the Senior Center: Pop-Up Pumpkin – Oct 10 at 6pm  
Cardmaking Hands-On Workshop – Oct 17 at 6:15pm  
PopUp Library at the Senior Center – Oct 18 at 11:30am  
Shawna Foundation Library Poetry Tour – Oct 24 at 7pm  
“Welcome to the Graveyard” with the Graveyard Girls – Oct 28 at 6pm  
Embroidery 101 with Madonna Terlizzi – Oct 30 at 1pm  
Book-a-Librarian – Need help downloading e-books and using other library digital resources? Contact the library to book a 30-minute appointment with a librarian for hands-on tech assistance. Wednesdays from 2:30pm-4pm.

Join a Book Club:  
Uxbridge Senior Center Book Club – Lessons in Chemistry by Bonnie

Garmus, Oct 8 at 1pm  
Historical Fiction Book Club – My Name is Mary Sutter by Robin Oliveira, Oct 15 at 3:30pm  
Bookies Book Club – A Head Full of Ghosts by Paul Tremblay, Oct 28 at 6:30pm

YOUTH & TEEN PROGRAMS

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Teen Rune Reading (ages 13-19) – Oct 21 at 6pm  
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Patterned Pendants (ages 8-19) – Oct 1 at 4:15pm  
Kindness Speaks (ages 5-12) – Oct 2 and 16 at 4:15pm  
Blossoming Youth Yoga (ages 5-12) – Oct 7, 21, and 28 at 6pm  
Family Candy Bar Bingo (Halloween Theme, ages 6+) – Oct 5 at 11:30am  
Halloween Bat Paper Lanterns (ages 4-7) – Oct 8 at 4:15pm  
Lego Challenge Build (ages 6+) – Oct 9 and 23 at 4pm  
Music and Movement with Deb Hudgins (all ages) – Oct 10 and 24 at 11am  
Lotus Lanterns (ages 10+) – Oct 12 at 11:30am  
Yarn Pumpkins (ages 8-12) – Oct 15 at 4:15pm  
Science with Amanda: Orcas (ages 6-12) – Oct 17 at 5:30pm  
Virtual Fortnite Tournament (ages 8+) – Oct 17 at 6pm  
Forested Pumpkin Light (ages 6-12) – Oct 22 at 4:15pm  
Henna by Jen! (ages 10+) – Oct 24 at 6pm  
Fluorescent Skeletons (ages 8-19) – Oct 26 at 11:30am  
Halloween at the Library! (ages 3-14) – Oct 31 from 10am-4:30pm

Storytimes & Playgroups (registration required):  
Baby Storytime (0-2 years) – Oct 7 and 21 at 11:30am  
Toddler/Preschool Storytime (2-4 years) – Oct 9 and 23 at 11:30am  
Baby Bumble (Socialization playgroup, 0-2 years) – Oct 1 and 15 at 11am  
Toddler Tumble (Socialization playgroup, 2-5 years) – Oct 8 and 22 at 11am

Drop-In Programs:  
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# Jessica Ross enrolled in UB Honors College for 2024-25 academic year

BUFFALO, N.Y. — Jessica Ross of Northbridge is enrolled in the University at Buffalo Honors College for the 2024-25 academic year.

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# UniBank hosts Family Festival at historic Uxbridge branch



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WHITINSVILLE — UniBank, the largest Mutual Community Bank headquartered in Central Massachusetts, recently hosted a family festival at their Uxbridge branch for the community.

The event included complimentary food and ice cream trucks, moon bouncers, a DJ, games, face painting, a mobile zoo from Southwick's Zoo in Mendon, free bank swag, and much more.

Michael Welch, CEO of UniBank, said, "As the summer days are ending, we wanted to host a complimentary festival for the Uxbridge community, who has supported UniBank for over 154 years. We had well over 700 people attend and enjoyed an afternoon out with their families and fellow community members. When we talk about being a Community Bank, it's important to us to walk-the-walk and give back in tangible ways, and this festival was our pleasure to host for Uxbridge. We have and will continue to be a bank headquartered in 'the Valley,' and that makes a world of difference to our community."

UniBank is headquar-

tered in Whitinsville, MA with assets of \$2.7 billion as of June 30. A full-service, mutually owned community bank, UniBank has branches in Central Massachusetts and the MetroWest region of Massachusetts. UniBank is dedicated to contributing to the overall quality of life and economic health of the communities it serves, while maintaining an elevated level of financial soundness and integrity. UniBank is an Equal Housing Lender and Member FDIC. NMLS #583135. The company Web site is [www.unibank.com](http://www.unibank.com).

## UHS Principal earns MassCUE Administrator Award

U X B R I D G E — Uxbridge Superintendent Michael Baldassarre is proud to announce that Uxbridge High School Principal Dr. Michael Rubin has earned the MassCUE Administrator Award for 2024.

The MassCUE Administrator Award is presented to a Massachusetts administrator in recognition for visionary leadership in the field of educational technology. The administrator's efforts have gone "above and beyond" in providing inspiration to other administrators and educators. The criteria for the Award includes a number of standards, such as:

Advocates on local, state, and national levels for policies, programs, and funding to support technology plan; ensures that technology resources are equitably distributed among students and staff with effective support and training; models and promotes the effective use of technology in the day-to-day execution of duties; provides exceptional leadership in supporting the integration of technology into the curriculum; thinks creatively and strategically about the long-term challenges and opportunities of technology in the school district and in education at large; demonstrates curiosity and open-mindedness in considering emerging technologies and weighing non-traditional solutions to traditional problems.

"Dr. Rubin's recognition by MassCUE is a testament to his visionary leadership in educational technology," said Baldassarre. "His innovative approach has transformed Uxbridge High School into a hub of technological integration and authentic learning. Dr. Rubin consistently pushes the boundaries of what's possible in education, inspiring both students and staff to embrace the digital future. This award reflects not just his individual achievements, but the collective efforts of our entire school community in preparing our students for the challenges and opportunities of tomorrow."

Under Rubin's leadership, UHS has become nationally recognized for its Innovation pathway model, which merges industry relevance with content curriculum. In addition, he has presented at the national stage on school wide integration of career pathway work, authentic learning, and collaboration with outside partners. UHS boasts multiple opportunities for students to use industry standard and innovative technologies, ranging from 3D printers and motion capture machines, to Anatomy tables and unmanned aircraft. He has also presented on the integration of artificial intelligence to support and benefit student learning goals and school improvement objectives.

"Awards like this are the culmination of work that involved many people from an outstanding team," said Rubin. "It speaks to the way our school Embraces the constant evolution of instructional technology and its influence on teaching and learning. I am both humbled by and grateful for this recognition."

Last year, Dr. Rubin became the first Massachusetts educator ever to be nominated for the prestigious Innovation Impact Award at the nationally renowned ASU/GSV conference. The school's work has also been featured as part of the CAPS Network, the National Consortium of Secondary STEM Schools, the Canopy Project, Project Lead the Way, the New Hampshire Learning Initiative, and the Massachusetts School Administrators Association. Finally, he contributed to the United States Department of Education technology blueprint which was released last year.

Massachusetts Computer Using Educators (MassCUE) is a non-profit, 501(c)3 professional organization for educators with a passion for digital teaching and learning. Having served educators in Massachusetts for over four decades, MassCUE provides rich professional development, networking and learning opportunities for all educators - ranging from classroom teachers, school-based administrators, technology and digital learning directors, and superintendents.

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# Uxbridge High School Athletic Hall of Fame to induct Class of 2024

UXBRIDGE — The Uxbridge High School Athletic Hall of Fame will induct its Eighth Induction Class in a ceremony scheduled for Nov. 9.

The induction of the Class of 2024 will take place at 5 p.m. on Saturday, Nov. 9 at Blissful Meadows Country Club, located at 801 Chocolog Rd. in Uxbridge. A limited number of individual tickets are available to be purchased at \$50 each by contacting Sheila Bernard at [sbernard@uxbridge.k12.ma.us](mailto:sbernard@uxbridge.k12.ma.us).

This year's class features six standout student-athletes and one coach. While connecting the storied athletic past of UHS to its present, the Hall of Fame strives to recognize and honor deserving athletes, coaches, teams, and contributors for their impact and accomplishments.

This year's induction class includes Damian Bonaventura, Justine Burgess Doyon, Andrew Groth, Stephanie Seagrave Johnson, Coach Joseph McCourt, Sarah Paul O'Toole and Dan Tessier.