Free by request to residents of Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

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Friday, April 26, 2024

Uxbridge High School hosts Health and Wellness Fair

Superintendent Michael Baldassarre and Principal Dr. Michael Rubin share that Uxbridge High School hosted a Health and Wellness Fair to provide students with the knowledge and tools they need to monitor their physical and mental well-being.

More than 40 community resource vendors shared their knowledge with students in the gymnasium on Friday, April 12, through physical exercise, meditation, behavioral health and

> UXBRIDGE HIGH SCHOOL -COURTESY PHOTO

(Right) Left to right, Health and Wellness teacher Christine Ahern, Senior Ellie Lewis, **School Adjustment Counselor** Lori Tobin and School Adjustment Counselor Alison Ciccone at the Uxbridge High



fostering community connections.

"Prioritizing mental School Health and Wellness health is paramount to successful

UXBRIDGE PUBLIC SCHOOLS - COURTESY PHOTO

A vendor from the U.S. Army Corps of Engineers informing a student on local recreation at Uxbridge High School's Health

beyond just the school year," Superintendent Baldassarre said. "We want to make sure our students are equipped with the supports they need to lead healthy lives."

The event was organized by School Adjustment Counselor and art therapist Alison Ciccone, Health and Wellness teacher Christine Ahern, School Adjustment Counselor Lori Tobin, and senior student Elizabeth Lewis, a high school intern and co-president of Mending Spartan Minds.

"This event reinforces Uxbridge Public School's commitment to improving social and emotional learning (SEL) among our students," Ciccone said.

Turn To FAIR page A6

Valley CAST hosts Yellow Tulip Garden Hope Day celebration

WHITINSVILLE — ValleyCAST, the arts and culture arm of Open Sky Community Services, in collaboration with the Yellow Tulip Project will be hosting their annual Yellow Tulip Gardens Hope Day Celebration on Wednesday, May 1, from 1 to 3 p.m. at the Dennis H. Rice Community Plaza. This free event is a celebration of resilience, joy, wellbeing, and community and the public is welcome and encouraged to attend. If it rains, the celebration will move indoors to the Singh Performance Center at the same location.

The annual Hope Day Celebration brings people together to celebrate hope, smash the stigma around mental illness, and bring suicide prevention, mental health awareness, and resources for recovery to the community in anticipation of May is Mental Health Awareness Month. This year's celebration will feature live music by The Blackstone Valley Quartet, a story of recovery by Christen Mahoney-Pick, wellness offerings, art making, resource information, and a chance to admire our yellow tulip Hope Garden in full bloom.

In collaboration with Yellow Tulip Project, ValleyCAST board members and staff, along with community members from the Whitin Community Center, Blackstone Heritage Corridor, and NOWA Peer Recovery Support Center, planted their first Yellow Tulip Hope Garden with 500 tulips at the Alternatives' Whitin Mill in the fall of 2020. This has since inspired the planting of yellow tulip gardens at the Whitin Community Center, The Rockdale Youth Center, Douglas Primary School, NOWA, the Whitinsville Common, Worcester City Hall, The Heartwell Institute, and as far away as the Town Common in Southbridge.

After the Hope Day event, people are encouraged to take a short walk to the Whitin Community Center, 60 Main St., Whitinsville, and the Whitinsville Town Common to see three more yellow tulip Hope Gardens planted by the Whitin Community Center, the Women's Success Network, the local 4H Club, and Girls On The

Turn To HOPE DAY page A10

Douglas native joins Anime Boston panel

BOSTON — The organizers of the Anime Boston 2024 convention welcomed Chef Gino Bolandrina from KuruKuru Ramen Shop!

Bolandrina, of Boston, formerly of Douglas, is an alumnus of Douglas High School, 2012. He hosted 'Irasshaimase! A Ramen Journey." The other key members of the KuruKuru Ramen Shop who joined Chef Gino includes, Jessica Pietroniro (DHS alumna 2009) Owner/ Chief Marketing Officer, and Nick Pietroniro Owner/ Chief Executive Officer, both of Waterbury,

The event took place at the Hynes Convention Center in Boston on March 29, with a running time of 90 minutes at Panel 207. "Irasshaimase! A Ramen Journey" is categorized as a Fan Panel and was attended by over 100 Ramen enthusiasts!

KuruKuru Ramen shop's panel aimed to educate attendees about the culture of Ramen through the world of anime! As restaurateurs who fell in love with Ramen culture through watching anime growing up, KuruKuru Ramen Shop was the perfect guide in showing the history of Ramen and how anime is able to make it look so delicious. At the end of the panel Chef Gino answered questions and welcomed comments.

Attendees shared their feedback in person and at KuruKuru Ramen Shop's Instagram (IG) account.

Brian Ho stated, "My favorite panel! Of course, I thought of so many more questions afterwards, but it's OK. Hope you guys do a pop-up in Boston soon.

Another attendee, Alex, shared, "It was a great panel! I learned a lot! Can't wait to try the ramen crawl.'

IG handle Sox wrote, "It was amazing, and my friends and I really learned a lot! We all loved your energy and just how enthusiastic you were about everything ramen! It was so cool! Thank you for coming and sharing your

Bolandrina genuinely loves cooking and Ramen. He appreciates the art (and patience) of preparing a deliciously beautiful bowl of ramen. He is not one to cut any corners. Chef Gino had been enthusiastic about food since his childhood. At age seven, he trained at the Heny Sison Culinary School (Manila, Philippines) under Chef Jill Sandique (International ICE alumni and a graduate of the Institute of Culinary Education Pastry & Baking Arts program). Chef Gino's culinary experiences range from apprenticeship (The Ivy Restaurant, Boston), to Cooking Shows (Chef Heny Sison), to employments



Gino Bolandrina

(Harvard Faculty Club, Cambridge; Pikaichi, Boston), to teaching Japanese cooking (Bay Path Adult Evening School, Charlton). He has traveled to Japan extensively and has enjoyed Ramen in Chiba, Kanagawa, Osaka, Kamikatsu, and Tokyo. At Pikaichi in Boston, where he worked as a waiter then kitchen chef, he honed his passion for Ramen. He has more than 10 years of experience running and managing Ramen restaurants in the Greater Boston Area. Chef Gino leads menu creation, daily food prep, and all other cooking-related responsibilities at KuruKuru. He collaborates with suppliers, ensures food quality in every meal, and assists with all back-of-house tasks and duties.

For more information visit https://www.kurukururamenshop.com/ or email info@kurukururamen.com.

Grafton Class of '74 celebrates 50-year milestone

Grafton High School Class of 1974 will celebrate its 50-year reunion at the Apple Tree Arts Great Room in the Warren Block, 1 Grafton Common, on Saturday June 8, from 6 to 10 p.m. Attendees will enjoy a catered dinner, Grafton trivia questions and are encouraged to bring photos or memorabilia to share remembrances of times in elementary, junior and senior high school.

For more information, and to purchase tickets for the Saturday reunion event (\$50 per person, coffee provided) contact Jean Bolton Adams via Facebook, e-mail JEBSCA2@aol.com or call/text, 508-831-8676. Ticket purchase by May 17 is requested.

'This event will be a place where classmates and spouses can share stories of the past and present in a relaxing, comfortable setting," says Bolton Adams, Committee Chair.

"Grafton was, and still is full of special memories.'

Additional activities such as tours of the middle and high schools, the Willard Homestead and Clock Museum, the **Grafton Historical Society** in the former South Grafton Library and the Grafton Library's new addition will be held on Friday, Saturday, and Sunday.

The Apple Tree Arts Great Room holds memories of fifth grade dancing lessons and elementary school holiday performances. The hot lunch cafeteria for the former Norcross and Norcross Annex elementary schools was located on the lower level of the building, now occupied by a local tavern.

The Warren Block was built circa 1863 after fire destroyed the original 1853 structure and was first leased, then purchased by the Town in 1885 for multiple community and retail uses, including the town



HELPING VETERANS

Recently Thanks To Yanks made a visit to Clear Path for veterans located at Devens. Clear Path is a charity that provides direct and indirect support and services for veterans, active duty, reserve, guard, and their families. The trip was to make a \$1,000 donation. In this picture Thanks To Yanks volunteers with family members along with staff of Clear Path of both two and four-legged variety are pictured. The donation from Thanks To Yanks to Clear Path was specifically earmarked for their service dog program. The veterans receive the dogs at no cost.

Douglas Adult Social Center

DAILY ACTIVITIES: All our daily activities are free of charge.

Painting class 9:45 to 11:45, Balance & Strength Exercise

12 pm, Mat Yoga 2

Tuesday: Walking club 9 am,



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Copper!

Meet Copper! 7mo/48lb/Male/Shepherd Lab Mix! I'm a young guy with a heart full of love, so why not consider making me a part of your family? I am a shy guy and need you to be patient with me as I warm up to you. I love to play in the backyard & snuggle in for a good cuddle. Stop by to meet me! I am one of the sweetest friends around!





sponsor the Pawfect Life Rescue

PAW of the WEEK! Bring your furry friend along on your next trip to MFB for a treat from our drive-up tellers, or stop in any

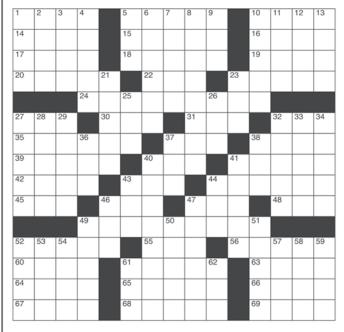


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branch and bring home a treat from our

complimentary doggy biscuit bar.

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CLUES ACROSS

- 1. Excessively theatrical actors 5. Footwear
- 10. A way to disfigure
- 14. Exchange rate 15. Hawaiian wreaths
- 16. North-central Indian city
- 17. Bungle
- 18. Extremely angry 19. A short note of what's owed
- 20. Criminal organization
- 22. Mimic 23. Try to grab
- 24. U.S.-born individuals
- 27. Some are covert 30. Order of the British Empire
- 31. Don't know when yet
- 32. Payment (abbr.)
- 35. Winged angelic being
- 37. Variety of Chinese
- 38. A way to be anxious
- 39. Famed wrestler Hulk
- 40. Partner to cheese
- **CLUES DOWN**
- 1. "Mad Men" leading man 2. Water (Spanish)
- 3. Annoy 4. Bulgarian capital
- 5. Japanese title
- 6. Capital of Zimbabwe 7. Giraffe
- 8. A mixture of substances 9. Midway between south and
- southeast 1.0 Staffs
- 11. Turkish title
- 12. Type of acid 13. Thin, flat strip of wood
- 21. Russian river
- 23. Ribonucleic acid
- 25. Partner to flow
- 26. Airborne (abbr.)
- 27. Earthy pigment
- 28. Genus of earless seals
- 29. "Key to the Highway" bluesman
- 32. By or in itself

- 33. Hot fluid below the earth's surface 34. Partner to trick
- 36. British Air Aces 37. Ammunition

41. Slang for sergeant

44. Highly unpleasant vapor

52. Upper bract of a floret of grass

42. Canadian flyers

43. Actress Ryan

45. Body part

46. Halfway

48. Consumo

55. Housepet

61. Frocks

66. Ireland

56. Cavalry-sword 60. Symbol of a nation

63. Used to carry food

64. Portuguese folk song

65. Sharp mountain ridge

67. Where golfers begin

69. Fluid suspensions

68. Greek mythological sorceress

47. Cool!

49. Salts

- 38. Supervises flying
- 40. Health care for the aged 41. Flanks
- 43. Millimeters
- 44. Where wrestlers perform
- 46. Not around
- 47. Flightless bird
- 49. Bell-shaped flowers of the lily family
- 50. Expressed concern for
- 51. Satisfies 52. Flew off!
- 53. Wings 54. Load a ship
- 57. Vigor 58. British title
- 59. Whiskeys
- 61. __ Adams: founding father
- 62. Body of water

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Cribbage 9:30 am, Zumba 9:30 am, Bingo 12:00 pm, Technology Class 1pm (call to make an appt.)

Wednesday: Balance & Strength 10 am, Darts 10 am, MahJong 1 pm

Thursday: Walking club 9 am, Chair Yoga 9:30 am, Pitch 9:30 am, Hand and Foot card game 12:30

Friday: Balance & Strength 10 am APRIL **EVENTS:**

Thursday 18th @ 11:30: Lunch and a movie, featuring The Hill. We will be serving

Suey, salad, and cupcakes. Lunch is \$4.00 per person. Please RSVP by

Thursday 25th @ 11:00: Bemis Nursery is back, and we are so excited! Join us in making a rainforest terrarium. The cost for this event is \$20.00 per person and must be paid when you sign up. Please RSVP by

MAY EVENTS: Thursday May 2nd @ 1:30: The Art of Pysanky (Ukrainian Egg) Workshop. We are going to explore of Pysanky as you learn this wax-resist technique handed down through generations. No experience is required! We only have space for 20 people as this can be a little time consuming. This class is FREE and made possible through a grant from the Douglas Cultural Council. Please call the cen-

the colorful world

ter to sign up. Thursday May 2nd @ 10 am: Hearing aid cleaning with Darci. Please call the center to schedule an

PLEASE CALL (508) 476-2283 TO SIGN UP FOR PROGRAMS CLASSES

The Sunshine

Club invites you to cruise with them.... Join us for a river cruise down the Danube River on an AMA Water Way cruise ship. We will be going in October 2024. The Sunshine Club is organizing this trip through the AAA office in Webster. The trip is a seven day tour with an optional three day pre cruise in Prague and/ or 2 day post cruise

tour in Budapest. Experience cultural and culinary highlights of this historic European region at the different port stops along the Danube River. For more information about this itinerary and travel plans, please contact Pam Schwartz @ 508-476-4474. This trip is open to everyone!

Check our website for events that may not be listed

h t t p s : / / www.douglas-ma.gov/202/ AdultSocial-Center-Senior-Center

BVCC sings in spring

UXBRIDGE — The Blackstone Valley Community Chorus will present their con-"American cert, Rhythms & Roots,' on Sunday, May 19, at 3 p.m. The concert will take place at Valley Chapel at 14 Hunter Rd. in

Uxbridge.

"American Rhythms & Roots" includes a blend of American folk music and jazz standards and celebrates American songwriters from George and Ira Gershwin to John Denver.

Admission is free, though donations are accepted and appreciated.

The Blackstone Valley Community Chorus composed of from singers towns through-Central Massachusetts. Singing under the direction of Diane Pollard of Douglas, the BVCC has been committed to bringing varied musical performance opportunities to the Blackstone Valley for almost 20 years. The BVCC has

also been invited to sing at the State House in Boston Wednesday, on May 22. Visit the BVCC on Facebook or at www.bvcchorus com for more information

Celebrate Cinco de Mayo with the Sunshine Club

DOUGLAS — Come celebrate Cinco de Mayo on Friday, May 3 at the Douglas Adult

Club is hosting this Mexican event with a taco dinner and DJ

entertainment! Dinner will be at 5:30 p.m., and dancing will begin at 6 p.m. Doors open at 5 p.m.

The Adult Social Center is located at 331 Main St., Douglas. Tickets

are \$5 and available from Sunshine Club members or by stopping in at the center. Reservation are required in advance. Everyone is welcome. Call the center at 508-476-2283 or Sunshine Club at 508-476-4474 for more informa-

Pout Pond Fishing Derby set for May 18

UXBRIDGE — Come join in for Pout Pond's Junior Fishing Derby. This free fishing event will take place on Saturday, May 18, from 8 to 11 a.m. at Pout Pond, 70 W River Road in Uxbridge.

All anglers are

774-633-0892

TO PLACE AN AD:

mikaela@stonebridgepress.news

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kerri@stonebridgepress.news

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OR send to Blackstone Valley Tribune

P.O. Box 90, Southbridge, MA 01550

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CALL: 508-909-4149

TO THE EDITOR:

MIKAELA VICTOR

(774) 200-7308

KERRI PETERSON

(508) 909-4103

E-MAIL

E-MAIL:

welcome (children must be accompanied by an adult). Awards will be given in each age category (3-7, 8-12, and 13-17) for the largest fish. Please note that all participants must register at the pond

before their fishing

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event will officially kick off at 8 a.m. that morning. Please be sure to bring your own fishing equipment and bait for this fun adventure on

the water. If you

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BLACKSTONE VALLEY

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mission begins. have any ques-Registration starts tions, please reach at 7 a.m. and the out via the contact form on the

Pout Pond page at www.uxbridge-ma. gov. See you at the

Northbridge Historical Society Speaker Series continues with "Old House Dos and Don'ts"

NORTHBRIDGE — The Northbridge Historical Society continues its guest presenter Speaker Series Presentation with "Old House Dos and Don'ts." Rachel Farago, Preservation Services Manager for Central New England at Historic New England, will offer tips, insight and suggestions for your old home regardless of age. Thoughtful, informed repairs and alterations can preserve its historical and architectural character while updating it for present-day living. Enjoy an illustrated lecture and learn what to think about when considering changes, including updating and expansion, improving energy efficiency, and working with your home's best features to enhance curb appeal. Questions are encouraged.

The event is scheduled for Thursday, June 6, at 6:30 p.m. at the Northbridge Memorial Town Hall. Seating is limit-Contact Folloni1908@gmail.com to request your seat(s). A confirmation e-mail will be sent. This event is made possible through a grant from the Northbridge Cultural Council.

REAL ESTATE

BLACKSTONE

\$60,000, 25 Milk St, Karasek Victor Est, and St Jean, Joyce, to Paquin, Jessica M, and Gasco, Ashton J.

DOUGLAS

\$479,900, 20 Nautical Way #20, Northbrown LLC, to Rahman, Nahid.

NORTHBRIDGE

\$594,206, 166 Stone Hill Dr #166, Palo, Elizabeth A, and Palo, James, to Grabau, Olga D, and Grabau, Charles M.

\$580,000, 17 Linkside Ct #17, Srinath, Sudarshan B, and Sukthankar, Sujat J, to Rajan, Rajanagan, and Ramanathan, Narayani.

\$485,000, 31 Michael Ln, Doherty, Mary M, and Miadlin, Evan, to Kapaj, Eriola, and Strom, Ian.

\$485,000, Spring St #1-9, Fitzgerald, Brian D, and Fitzgerald, Deborah A, to Singh Brothers Prop Inc.

UXBRIDGE

\$670,400, 19 Andrews Dr #19, Fafard, Kathleen A, and Santilli, Theresa A, to Bloem, Randall, and Bloem, Mary A. \$600,000, 110 S Main St, Bliss, Lester C,

to Bliss Auto Realty LLC. \$514,600, 56 Pouts Ln #56, West River Homes LLC, to Gundoji, Srinivas S, and Bennabhaktula, Hanisha T.

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Surajit, and Roy, Paramita P.

julie@villagernewspapers.com The Blackstone Valley Tribune (USPS 024-873) is published weekly by Stonebridge Press, 25 Elm St., Southbridge, MA 01550. Periodicals postage paid at Southbridge, MA 01550. POSTMASTER: Send address changes to the Blackstone Valley Tribune, P. O. Box 90, Southbridge, MA 01550.

Northbridge High School honor roll

NORTHBRIDGE Students Northbridge High School are recognized for their academic success with a quarterly Honor Roll. This is determined shortly after the close of each of the four quarters. This recognition is based on their quarter grades and is determined as follows:

Highest Honors: Term GPA is 4.0+ High Honors: GPA Term between 3.3-3.9 Honors: Term GPA is between 2.7-

Highest Honors Grade Timmothy Adams, Elizabeth Andrews. Riley Drew Austin, Ryan Beaudoin, Bedigian, Haily Billmyer, Wyatt Boucher, Jillian Bresnahan, Samantha Brody, Shelby Cannon. Evan Carrachino, Abigail Caya, Jolee Sarah Conway, Kassidi Cowen, Dovelbower. Madelynne Driscoll. Adam Ells, Xavier Falke, Olivia Frabotta, Dakota Grazulis, Emily Guarino, Carrie Guckel, Timothy Giuliani, Ainsley Hogan, Hubbard, Kavla Callie Jee, Kayda Hannah King. Charlotte King, Leppamaki, Joseph Mazzarelli, Kaydence Melanson, Charleigh Mitchell, Pellegrino, Mia Reilly, Marcus Rachel Sawyer, Jack Wallace, Natalie Zborowski. Grade 11: Ethan Ballou, Johann Baniqued, Abigail Bergeron, Daniel Bosque, Larissa Briggs, Juliana Costa. Costello, Jacob Milo Dean, Molly Gahan, Kaia Gianna Gibson, Hayes. Juliette Lannon, Isabene Lomonaco, Caden Mastroianni, Isabella Molina Costa. Julian

Nkangu, Rowan Phillips, Madden Siemaszko, Simoneau, Madison Thibeault, Jayden Tran. Caitlin Walker, Andrew Wilkes.

Grade 10: Jason Olivia Bolduc, Choummanivong, Danielle Chrabaszcz, Costello, Kelsev Lorelai Drapeau, Reed Dziekiewicz, Fasold, Natalie Seth Geary, Kylie Grazulis, Grace Haden, Sonja Hastings, Stacia Hilditch, Aedan Holcomb, Penelope Houpt, Nadia Kotwica, Kathleen Leonard. Ellory Manning, Sienna Mastroianni, John Mazzarelli, M a x w e 1 1Mazzarelli, Nina McElreath, Gisel Morrissette, Hayden Naylor, Emma Oosterman, Vidhi Patel, Owen Pollock, Brendan Riche. Trevor Roadman, Jake Rogers, **Emily** Scholl. Leticia Silva, Sofia Smith, Tyler Strazzulla, Kayleigh Szerlag, Kallie Tevepaugh,

Maxwell Zanchi. Grade 9: Emily Billmyer, Kayla Briggs, Jacqueline Cammarano, Brooke Cammarano, Alexandra Corey, Samuel Corman, Vahan DerKosrofian, Lillian Donahue, John Donahue. Julia Fisher, Meghan Frieswick, Lilianna Gasco. Samuel Gorman, Austin Kee, Emily Kelly, Dawson Kramer, Nathan Kuras. Abigail Leveille, Allyson Loring, Bryce Lundquist, Ava Mandelenakis, Jadiel Ortiz. Papa, Ashley Michael Potter, Bryce Rogozenski, Bryce Ryan, Isabella Saad, Brooke Snumate. Parker Stanick, Olivia Stanick,

Elizabeth Tubbs,

Michael

Tubbs,

Kaylee Kayla Whitney.

High Honors Grade 12: Macie Allen, Madelyn Andresen, Crystal Badillo, Jacob Baker, Kiara Bodreau, Baylee Boutin, Gary Nicholas Bunis, D'Alfonso, Nicholas D'Alfonso, Jackson DeCiero, Sean Charles Donnelly, Dupuis, Adam Federici, Ryan Flaherty, Tyrese Holder-Hinds, Lucas Hovsepian, Brady Hubert, Jake Lachapelle, Anthony Lomonaco, Delaney Mahoney, Joseph McKeown, Lucia Nunez Fernandez, Zachary O'Meara, Brady Pelletier, James Potter, Brianna Rowan, Blake Sastre, Mary Sullivan, Zachary Tevepaugh, Anthony Tomasetti, Matthew Waterson. Grade 11: Drake

Adams, Kathryn Andresen, Amber Anufrom, Naqiya Baha. Allyson Blanding, Monica Colon-Heyliger, Ava Connors, Ivanna Escobar, Adam Flauto. Samantha Haberski, Ayva Johnson, Caroline Lambert, Nicholas Lombardo, Annew Matmanivong, Olivia McKenna, Antonio Mendez, Michael Nasralla, Noel, Garrett Ortiz-Lennice Nunez, Matthew Papa, Michael Proto, Dylan Reilly, George Roadman, Natalia Saksa, Angelina Saster, David Scichilone. Hunter Tekut,

Vakoc, Holland Tessier, Lillian Thomas.

Grade Vincent Anderson, Maija Beaupre, Luke Canavan Davis, Polina Conio Potselueva. Antonio D'Alfonso, Costello, Kelsey DiMuzio. Kevin Jeffrey Doyle, Jacoby Gallerani, Alexander Goodrow, Addienays Heyliger, Connor Kaferlein, Lachapelle, Callum Mong Le, Marcus MacLeod, Isle Malik, Effielyn Marrero, Kayleigh-Ann Pomeroy, Dayli Reyes-Fuentes, Audriana Roby, Ryan Ruzzo, Elly Nicollas Schofer, Silva, Gabriel Caleb Smart, **Nicholas** Smith, Thomas, Braedan Tracy, Kelsev Tucker. Angel Wesson.

Grade Kalintrina Bailey, Boucher, Skyla Christina Chiras, Mo Rodney Daigle, Cavleigh Foley, Frazer, isa-Max iah Gabrila, Leah Gallerani, Tanner Haden, Jillian Krula. Elizabeth Belle LeClair, Anthony Mooradian, Hayden Murphy, Anna Nadeau, Aidan Payen, Zahra Rith, Zoey Rith, Georgia Robinson, Lillian Sabourin, Danika Schofield, Andre Seoud, Natalie Silva, Alexander Zanchi.

Honors Grade 12: Samantha Alvarez, Logan Ballou, Lillian Allison Brooks, Canal, Matthew Cannon, Stephanie Cecconi, Ashley Concepcion-Cruz, Michael DiMuzio. Erika Dresp, Alexis Janovsky, William Leonard, Emilv Letendre, Michael McElreath, Brady Nicholson, Angelina Nowlan, Mark Plante, Mason Remillard, Dylan Rouille, Darian Sanders, Elizabeth Smith. Jack Trudeau, Miguel Vargas-Pacheco, Anthony Vickers, Michael Villanueva Lopez,

Sean Williams. Grade 11: Tyanna Aponte, Andrea Chong, Benjamin Direnzo, Lisa Harrington, Thomas Lavallee, Nathaniel Loring, Emanuelly Moreira, Tristan Orstrom. Aaliyah Palmer, Jesse Perron, Wesley Porcelli, Avery Sabourin, Brayden Dylan Silveira, Wallacel, Jarek Seamus Wenc, White.

Grade 10: Anthony Becerril, Damian Bernache, Caleb Bleau, Lexie Brooks, Kiara Castro, Addyson Crothers, Nathan Falconer, Teagan Flannery, Keondre Gaines, Ana Hanson, Trisha Lange, Charlotte LaTour, Chase Lawson, Luke Lewandowski, Alex Lund, Kenna McMahon, Aiden Mulcahy, Hailey-Jade O'Neil, Logan Sansone, Lui Silva Garcia, Sean Sprott, Taden Stanovich, Jacob Tomaino, Jenna Tomasetti, Logan Wozniak.

Grade 9: Jaiden Becerril, Jacob Boone, Tyler Boutin, Quinn Driscoll, Ducharme, Michael Farrell, Christopher Gavin, Sydney Hartland,

Yasmin Higa, Kyle Janovsky, Cecilia Laviolette, Gabriel Leveille Isabella Liberty, Ryder Meagher, Nkangu. Jordan Priore, Iszac Smith, Tyler Tran, Emma Yargeau.

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SAVE THE DATE: Saturday, April 27th from 8AM to 12 PM

Friends of St. Louis Yard Sale

Located in the Church parking lot Cleaning out? Save you item that are clean & in working order to donate to our yard sale.

Rent a space - \$10 Need a table - Additional \$20

We are accepting donations which can be dropped off at the church hall.

Saturday, April 20, from 8AM to Noon Thursday, April 25 from 4 to 6PM Friday, April 26 from 4 to 6PM

Please Note: We cannot accept large furniture, bedding or electronics. Clothing accepted in clean decent condition (no rips or holes)

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'Friday's Chi



Dakodan Age 10

Hi! My name is Dakodan and I would someday like to go to a professional sporting event.

PROPERTIES FOR RENT

Prince Edward Island, Canada

Summer/Fall Weekly Cottage Rental

2-bedroom newly constructed oceanfront cottage that sleeps 8.

Sweeping views of the pond, ocean and lighthouse.

Enjoy kayaking, bicycling and beach walking. \$900/wk. Contact Scott at 603-254-5032 or scottm@plymouth.edu

TYREE ISLAND, GEORGIA

YEAR-ROUND SHORT-TERM RENTAL

1-bedroom unit overlooking ocean in a gated community with pool

and walkway to beach. Sleeps 4. Watch dolphins at play, freighters,

pelicans and fishing boats. Prices vary.

Contact Oceanfront Cottage Rentals at 800-786-5889 or

http://www.oceanfrontcottage.com/listings/218-bay-breezes

Dakodan is an energetic young boy who loves sports especially basketball, football and soccer. He also enjoys listening to music. Dakodan does very well academically in all subjects and is at or above grade level in all his subjects. His favorite subject is math. Having a great memory Dakodan can remember most events in his life and likes to talk to others about them. . He is also a strong advocate for himself...

Favorite foods for Dakodan are hamburgers and donuts but he is

usually not fussy about what he eats. Helping around his home Dakodan likes to make his bed, keep his room clean and organized and help with chores.

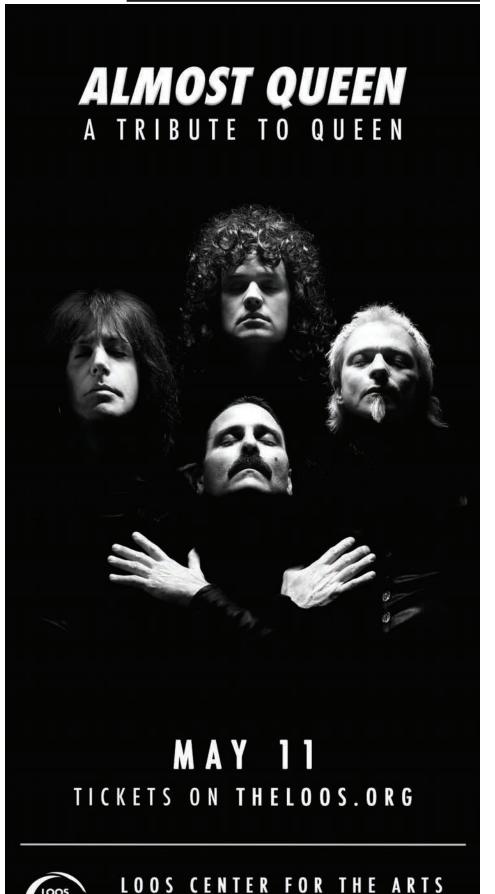
Dakodan would like a mom and dad family. He especially wants a dad in his life and would benefit from having one who could be a role model for him. An active and sports involved family would be a good match for Dakodan as they would be able to get him out socializing with his peers and funneling his energy into healthy activities. He will also need his new family's help to maintain regular contact with his 2 siblings who lives in western MA.

https://adopt.mareinc.org/waiting-child-profiles#gallery/child/8897

If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have

to pay any fees, adoption from foster care is completely free in Massachusetts. The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care visit www.mareinc.org . Massachusetts Adoption Resource Exchange (MARE) can give you guidance and information on the adoption process. Reach out today to find out all the ways you can help children and teens in foster care.



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Frank G. CHILINSKI PRESIDENT &

Publisher

BRENDAN **B**ERUBE **EDITOR**

EDITORIAL There is no "One size fits all"

In a world filled with variety and complexity, it's essential to recognize and appreciate the wide spectrum of human capabilities and nuances. Yet, there are those among us who, due to various factors such as limited education or closed-mindedness, struggle to grasp the richness and depth of human nature. These individuals often cling to traditional beliefs and narrow perspectives, unable or unwilling to acknowledge the scientific discoveries and advancements that shed light on the intricacies of human behavior.

It's time to address the misconception that intelligence is solely determined by academic achievement or adherence to conventional wisdom. In reality, true intelligence encompasses the ability to understand and appreciate the complexity of the human experience, including its many facets and dimensions. This requires an open mind and a willingness to explore new ideas, even if they challenge long-held beliefs or societal norms.

It's important to emphasize that intelligence is not a fixed trait but rather a dynamic and multifaceted quality that can be cultivated and expanded over time. Those with so-called "simple minds" or limited education should not be dismissed or marginalized. Instead, they should be encouraged to broaden their horizons.

Scientific research has revealed countless fascinating insights into human behavior, from the intricacies of our cognitive processes to the complexities of our emotions and social interactions. These discoveries have expanded our understanding of what it means to be human and have challenged many preconceived notions about human nature.

For example, studies in psychology have shown that human behavior is influenced by a multitude of factors, including genetics, environment, and personal experiences. This means that there is no one-size-fitsall explanation for why people think, feel, or act the way they do. Each individual is unique, shaped by a complex interplay of biological, psychological, and social forces.

Furthermore, advances in neuroscience have revealed the remarkable plasticity of the human brain, demonstrating its capacity for growth and change throughout life. This highlights the potential for individuals to learn, adapt, and evolve, regardless of their starting point or background.

In light of these scientific findings clear that a narrow-minded and simplistic view of human nature is not only outdated but also detrimental to our collective progress and understanding. We must look to cultivate a culture of intellectual curiosity.

To the Editor:

Is it prostitution of the law for a 71 year old grandma to be convicted by a poisoned D.C. jury for walking around inside the Capitol building on Jan. 6 for 10 minutes? Ten minutes. It's not just a prostitution of the law. It's an abomination.

She had a brief friendly conversation with Capitol Police, who did not arrest her or tell her to leave. Even the cops did not know she was not supposed to be in a public building. She now faces \$200,000 in legal costs and a year in jail. Leftist prosecutors charged her with four misdemeanors: "entering a restricted building [the Capitol, a public building], parading, obstructing...blah, blah, blah.

Is it prostitution of the law for judges to give "enhanced" sentences to 100 Jan. 6 defendants? Yes, said an Appeals Court. Prostitution of the law? A feral immoral government has turned against We the People. Should it cost Trump \$500 million dollars to appeal a judge's decision? It's an abomination of the law.

Do you think a prosecutor should be disqualified if she promises in her campaign to "get" Trump? The New York Attorney General has not prosecuted any real criminals like drug dealers, criminal

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR Volunteerism is strong in Douglas

To the Editor:

This past weekend, Douglas witnessed a coming together of citizens working for the common good. The US is almost unique in the industrialized world for its extensive network of private non-profit organizations supporting a whole host of activities. In many countries it falls to the government to organize and fund virtually all recreational, health, cultural and organized sport activities.

Many Douglas folks came together on Saturday to a general cleanup of the town, and the beautification of the Town Common. Additionally, the younger folks planted seeds and decorated pots on the Common. It was extra special that this came together in one day. Special thanks go to the Douglas Common Preservation Society, the Douglas DPW, and the Shake the Frost Town Cleaning.

The Axe Men Soccer, Babe Ruth, and

Little League baseball as well as town basketball and other sport programs would not be possible except for the unpaid volunteer leaders working with our youth. It would be worthwhile if on one day a year all these organizations would gather with the Town at large to recognize the achievements of these

Harold R. Davis Douglas

'We the People' need answers!

To the Editor:

Why does Church Lady keep displaying her deep Christian values by referring to immigrants who are here legally awaiting a hearing as "invaders," "illegals," and

'illegal invaders?" Answer, please? Why doesn't Church Lady explain why House Republicans refused to sign a bill that would have fixed many of the problems at the border, and stopped her inflammatory yapping? Answer, please?

Why does Church Lady say that Biden "makes decisions solely on the basis of staying in power," with no examples? Trump just told the Republican House to not pass the new border bill so he and she - could keep up the demagoguery until the election. Wasn't Trump the 'weak, unprincipled politician" who's lies about the severity of COVID, allowed 400,000 Americans to die unnecessarily, in the hopes that the pandemic wouldn't hurt his chances for re-election? Answer, please?

Why does MAGA Mike want us to ignore the threat of climate change? What is it, Mikey? Do you own stock in fossil fuel companies? Did you also champion tobacco companies in their denial of the dangers of smoking cigarettes? This must be something personal. I have no stake in it, other than the lives of my children and their children. If 97 percent of scientists are wrong, what is the downside? We end up with cleaner air and water, no longer suffer the price manipulations and inflation caused by fossil fuel companies, eliminate the billions of dollars in profits they take from our pockets every year, and stop Russia and the Arab world from being able to hold the free world hostage to oil. If you and the 3 percent of deniers are wrong, the only downside is that we all die. The earth will still be here, but it won't be sustainable for humans. So, fess up, Mikey... why are your panties in such a twist? Is this simply your assignment from the GOP - you keep pounding on climate change, while Church Lady pounds on immigration? Do you really believe that those two issues alone are enough to convince the intelligence-impaired to re-elect Trump and bring fascism to America? Answer, please?

Why does the zero chord guy reference a 23 year old, who among other inanities, says that she believes that "Trump's contentious style helped control crime and maintain order...?" Huh? You mean his calling people names, insulting everyone and everything - including veterans, his violation of all norms of government and historical precedence actually scared people straight? OMG.... such insight out of the mouths of babes! According to Politifact - "Overall violent crime and homicides are down during Joe Biden's presidency." As for her unhappiness about the cost of living, mental health and the border, have her ask her Republican friends in the House to sign the border bill, stop trying to kill the ACA, Medicare and Medicaid, and have their rich corporate donors stop gouging people at the cash register. Simple. Answer, please?

Why does MAGA Mikey continue to embarrass himself by quoting charlatans? This past week, he quoted Dr. Meryl Nass, a Maine doctor whose license was suspended in January 2022 for spreading misinformation about COVID-19. Need I say more? David Bellamy, a deceased 86 year-old British TV 'naturalist' - "Despite being one of the first voices to denounce humankind's casual attitude to the planet, Bellamy later turned against the scientific consensus of an impending planetary emergency, declaring such concern to be "poppycock." Prager University - a right wing, so-called 'university', where America's future brown-shirt fascists go for training. John Stossel, American television reporter and commentator – do you see 'scientist' anywhere in his curriculum vitae? Dr. Judith Curry - her blog Climate Etc. was evaluated by Media Bias/Fact Check: "Overall, we rate Climate, etc. as a pseudoscience website due to its promotion of anti-climate science propaganda." C'mon, Mikey - research your 'experts!' You should have the time, since you didn't qualify for a job at McDonalds. I never claimed to be a climate scientist, nor know anything about 'climate', even though one of my degrees is in biology. I'm just smart enough to listen to those who do know - the 97 percent of relevant scientists. In this case, I hope they are all wrong. But, no one should listen to a Walmart restroom attendant parading as some kind of blubbering anti-climate crusader. Answer, please?

Bits and pieces: From Bloomberg News: "The former president's embrace of White Christian militancy coincides with a precipitous decline in religious affiliation in the US. Trump is running for president as a divinely chosen champion of White Christians, promising to sanctify their grievances, destroy their perceived enemies, bolster their social status, and grant them the

power to impose an anti-feminist, anti-LGBTQ, White-centric Christian nationalism from coast to coast. That Trump doesn't attend church and has obviously never read the book that he hawks for \$59.99, doesn't seem to matter to them.

From the nonpartisan United to Protect Democracy's "Authoritarian Playbook for 2025": MAGA's "Project 2025" envisions, among other things, a second Trump term that uses "pardons to incite political violence," incentivizes lawbreaking for Trump's benefit, engages in "regulatory retaliation" and "resorts to law enforcement overreach.'

From Yahoo News: "Anyone who thinks only they won't suffer from an irrational and vengeful regime, should consider how other countries fared when captured by autocrats. "Every culture is unprepared for an authoritarian assault, and... even when one takes place, and certain groups are targeted, other groups think 'they'll never go after me,'" fascism expert and historian Ruth Ben-Ghiat said in an interview. The disastrous economic results in Hungary, Brazil and India under autocrats demonstrate how misplaced this confidence is. Then there is Russia, and the 'falling from windows' epidemic!

John Gartner, PhD, is an American psychologist, psychotherapist, and founder of Duty To Warn, a group of mental health professionals who have been raising the alarm about Trump's increasingly sociopathic behavior since 2017. Now in 2024, Gartner has an even more dire warning about Trump: that there are increasing signs the former president is heading fast down the road toward dementia. Seven months out from Election Day, it's more important than ever to understand the signs of Trump's steep and disturbing decline directly from a mental health pro-

Veteran newsman Dan Rather, on Wednesday, flamed Donald Trump as a charlatan and a threat to democracy, in a brief statement of his opposition to the former president on X. "Let me make this perfectly clear. It's not about politics," the 92-year-old commentator began, adding that he's voted for both Democrats and Republicans in the past. "It's about me, as a patriot, rejecting a cheating, lying, racist, treasonous, fascist, and vile man who attacks the free press, and wants to lead the country I love." Well said.

Rick Bevilacqua Whitinsville

Prostitution of the law

gangs, sex traffickers, thieves, or subway assaulters. They are free to roam NY streets and terrorize citizens because the law is racist.

Biden puts Nixon to shame. Nixon's crime? His campaign staff broke into the Democrat party headquarters to steal their campaign plan. Looks puny now, doesn't it? Stumbling Creepy Joe with the hideous Joker's grin uses the Deep State to persecute his political rival from here to Kingdom come.

Hunter did not pay millions in taxes from 2016 to 2019. Still no trial.

All of a sudden, six cases against Trump come to fruition in the 2024 Election year. You and I know that legal cases drag on for years, postponed, postponed. But feral immoral prostitute judges advance Trump cases like General Ike on D-Day.

Trump conducted business for 60 years legally. Until he ran for office, he was the darling of NY. The liberals swilled his champagne, slurped his caviar, and partied in Trump Tower and at Mar a Lago. First Lady Melania was on the cover of Vogue in her spectacular wedding dress and eye-popping diamond ring. When she became First Lady, no more Vogue covers! Banned!

Did you know that the New York legislature changed the law so that an Erica Jong wannabe writer could bring her sexual harassment complaint against President Trump? A complaint of sexual harassment must be brought within one year in our state because evidence gets stale. Jean Carroll filed no complaint at the time of the alleged incident 35 years ago. Thirty-five years ago! The poisoned NY jury found that Trump defamed her for saying she was a liar. If you are not guilty and you say that your accuser is a liar, is that defamation?

Every federal prosecutor who reviewed the Stormy "Has-Been" Daniels case refused to bring charges against Trump for the alleged campaign connection. At most, it was a misdemeanor. More importantly, the Statute of Limitations had run.

But genius Harvard-grad Alvin Bragga-Donuts brought 34 felonies. The corrupt NY Judge Juan Manuel Merchan and his family are big time Biden donors. Trump attorneys moved for him to recuse himself. He refused. One Constitutional law expert said that if Bragg charged Trump with eating a ham sandwich, a NY jury would find him guilty of a felony. Felonious sandwich eating. New NY law.

Did you know that Bragg reduced 1,000

violent criminal felonies in NY to misdemeanors? New York has a backlog of violent criminal cases yet to go to trial. New York has a priority system for trials of criminals. First, people in jail get priority for trial. Then, felonies such as murder, assault with a deadly weapon, and violent robberies get priority. But in NY, the Trump case moves to the Head of the Line for trial. The Leftists must be terrified of Trump. Campaign Stop in NY!

But then, NY has always been corrupt. In 1776, NY Governor Tryon and the Mayor of New York City plotted to assassinate George Washington. In 1804, Aaron Burr killed Alexander Hamilton in a duel. Dueling was illegal. Burr was charged with murder. The case was dismissed. In New York.

Finally, that Notorious Rebel and MAGA Nationalist, Bill Barr who is known for his calm and judicial demeanor said he endorses Trump for President. He said that another Biden term would be "national suicide." He called the current NY case against Trump "an abomination." It is worse than that. It is prostitution of the law.

Signed,

Bev Gudanowski *Uxbridge*

A fresh vision for Northbridge: Michael J. Wilkes for Selectman

To the Editor:

My name is Michael J. Wilkes, and I am running to be your next Selectman! I wanted to take a moment to introduce myself, briefly share my platform, and hopefully earn your vote in our upcoming Town Election this May 21.

I've been an almost lifelong resident of our town, and a recent graduate of Northbridge High School, Class of 2021. I am currently a junior at Bryant University, pursuing a dual major in Finance and Politics & Law. After undergrad, I hope to continue my education at law school with my eventual goal to become a diplomat for the State Department. I currently serve our town on the planning board, as well as various subcommittees ranging from but not limited to Econ. Development, Community Preservation, and Bylaw Review. I also serve as one of our town's delegates to The CMRPC. Finally, throughout this past semester I have been interning at the Rhode Island State House for Senator Thomas Paolino.

I believe my background in finance and law, combined with my youthful energy and fresh perspective, are key assets that I intend to deploy if elected. While there are several issues I hope to tackle, my primary concern is fighting

for the taxpayers. Our town, like many others, faces potential economic difficulties with the downturn in state revenues. This could directly affect us in FY25 and FY26 with probable cuts in state aid. My main goal is to ensure Northbridge not only survives these challenges but emerges stronger. We need a plan that includes thorough budget evaluations, supports our local businesses, and finds sustainable cost-saving measures without sacrificing essential services.

Proactive community engagement is the cornerstone of my campaign coupled with common sense measurable solutions. I am ready to tackle the issues head-on and work tirelessly for the betterment of Northbridge.

As we approach the Town Election on May 21, I ask for your vote. Together, we can proactively address our community's needs and ensure a resilient and prosperous future for Northbridge. Let's roll up our sleeves and get to work to set up our town for long-term success!

Thank you for your time, & God bless, Michael J. Wilkes Northbridge

LETTERS CONTINUED page A10

Whitinsville Christian School honor roll

WHITINSVILLE Whitinsville Christian School has released its honor roll for the third auarter of the 2023-2024 school year.

Grade 6

High Honors: Riley Ahearn, Chloe Barker, Evelyn Barnes, Lily Brochu, Ethan Hadley Cwiakala, DeFrancisco, Remi DesJardins, Ruthie Philip, Ella Pitts, Reynolds, Hannah Stella Ryan, Alexis Thakkallapalli.

Honors: Madelyn Arrigan, Konstantinos Boras, James Bourguignon, Vienna Butzke, Antonina Cirincione, Morgan Colgate, Leonardo Dasilva, Colin Dertien, Gianna Dyke, Charlotte Fogg, Atticus Freitas, Brayden Kurczy, Dylan Lucas, Quinn Margaret Mitchell, Osterman, Aletta Quinn Schadler, Lillian Schwenke, Jackson Shanahan, Christopher Smith, Lucy Tinio, Tomasino, Jacob Brooklyn Zych, Micah Zylstra. Grade 7

Honors: High Elise Bastien, Molly Chambers, Thomas Cintolo, Ava Cormier, DeWeerd, Sophie Finch, Mazzy Hollibaugh, Audrina Lucas, Sienna Roach, Emma Simao, Mason Thakkallapalli,

Effrosyni Tzimogianni, Dertien, Gabe Deters, Lilly Wierenga, Brian Belle Kling, Sara Liu, Arielle Zdanis.

Olivia Honors: Barnatt, Mackenzie Brower, Joao Victor Putnam Carvalho, Costello, Emily Coyne, Jack Foppema, Jace Goodson, Kayden Harshaw, Anya Hruzd, Vanessa Kline, Dawson Martinka, Ethan McCabe, Elyse McGee, Moesker, Mason Caitlyn Neal, Hailey Paiva, Maxwell Piascik, Makayla Sedzro.

Grade 8

High Honors: Brayden Alix, Neriah Bagaya, Jacob Beatty, Annika Corkran, Judah Freitas, Casrae DesJardins, Gava, Alec ran, Tessa Isabelle Gazda-Tran, Grelewicz-Ferreira, Joshua Hilgenberg, Jack Johnson, Katelyn Keeler, Chloe Kelly, McAlister, Raegen Madeline Olkowski, Jacob Pitts, Ryleigh Shanahan, Yvette Solorzano, Celine Tran, Yvette Michael Vos.

Honors: Lara Alves, Thomas Barry, Emily Breault, Aislyn Butzke, Calarese, Cadence Brianna Cardoza, Hanna Donohue, Evan Kling, Mia McGuire, Murzycki, Kailen Olivia Soden.

Grade 9

High Honors: Isabella Aloise, Nathan Bagaya, Emily Bastien, Grace Cwiakala, Charlotte DeFrancisco, Avery

Audyn DeWeerd, Mya Wright, Zoe Zhou. Duffy, Josie Dyke, Enson Enoch, Ian Finch, Emily Flagg, Mollaigh Flannery, Luci Gaudiano, Gonneville, Jensen Jude Goodson, Miley Hazard, Jolicoeur, Hailey Kindl, MacCarthy, Emma Elliot McCabe, Eamon Moloney, Julia Rachel Monteiro, Scott, Ruth Stenbuck, Nathanael Vos, Emma Whitsitt.

Honors: Mia Besong, Boermeester, Demi Amelia Bowler, Abby Flagg, Alexi Gilchrist, Carrie Keeler, Josh LaBonte, Jae Vaughn Mulroy, Neola Nigh, Sophia Robbins, Amelia Rufo, Bryn Rufo, Caleb Tetreault, Elisavet Tzimogianni.

Grade 10 Amati, Kacy Brochu, DeFrancisco, Matthew Eli Fortna, Brinley Gonneville, Najem, Kyria Sedzro, Wren, Mark Yarger.

Honors: Micah Deters, Orla Hutchinson, Meredith Johnson, Emily Oatis, Maria Ramos, program. Charlie Ramsdell,

Grade 11 High Honors: Charlotte Bartlett, Dasilva, Rebeca Emelyn DeWeerd, George Foint, Julia Gibbons, Katie Godin, Aimee Brady Gorman, Ashley Jeong, John Kim. Julia Lawson, Gillian McGee, Siena Mueller, CJ Najem, Logan O'Connell, Hannah Ostroff, Rosemary Poe, Scarlett Shaw, Alison Sim. Corbin Swaim.

> Caden Honors: Anema, Mason Barnatt. Jack Carlin, Amanda Cinelli, Joanna Graves,

Emma Wierenga.

Abby Marra, Josh Monteiro, Liam Mulroy, Cadence Murzycki, Gabby Neves, Jake Piascik, Quinn Rice, Claire Tubo, Hannah

Walton. Grade 12

High Honors: Asher Bell, Bella Da Silveira, Caleb Deters, Ethan Enoch, Maria Fletcher, Kaylin Fogg, Camdyn Forget, Annika Fortna, Colin Gava, Avery Glidden, Matt Godin, Niki Guo, Evan Hand, Ava Ibrahim, Will Hannah Johnson, Lashley, Adrienne Marshall, Jaquelyn McNamara,

Meadow O'Connell, Carlie Paharik, Elyssa Pastor, Hayden Plourde, Declan Smith, Justin Vos, Eme Wyndham.

Honors: Nicolas Belucio, Ella Brochu, Molly Burkhart, Zach Casey, Grace Conners, Kate Crowley, Jimmy Dudley, Megan Foellmer, Margaret Johnson, Kelly Keeler, Makenna Kitchen, Sean McGrath, Victoria McNamara, Moloney, Chloe Richey, Nathan Romine, Grace Walton, Ally Weedon, Abby Wozniak, Erin Wyndham.

St. Patrick's Spring Recycling Event is June 1

WHITINSVILLE — St. Patrick's Spring Recycling Event, 7 East St., Whitinsville will High Honors: Maddi take place on Saturday. June 1, from 8 a.m. to Emily Burkhart, Max 1 p.m. in the church parking lot. The profits Dudley, Eli Focht, will benefit upcoming YIA service projects. Faith Please keep items for each station separate. Justin Smith, Matt If you cannot make it on event day, please call Natasha office to donate. For Carreiro, Milla Da more information and Silveira, JV Dasilva, electronics pricing, call 508-234-5656 or e-mail Donnelly, Noah Garrant, officesupport@myst-Ethan Hand, Jack patricks.com. Thank you for your support of our Youth in Action

Books - donate gently

used books. No encyclopedias.

Site Paper On Shredding – 9 a.m.-11 a.m. only. \$8/per copy paper size box. No x-rays; binders; binder clips; hanging folders; notebooks; plastic; cardboard or magazines. Note: Paper shredding will only be offered at the Spring Recycling Event.

Electronics recycling for a fee - No batteries/ light bulbs/propane tanks. All equipment must be bone dry of oils/liquids.

Bottles/cans - Please rinse. Items must be returnable in Mass. Unfortunately,

are no longer able to accept glass bottles of any kind.

Textile/clothing collection - Clothing; handbags/totes; accessories; hats; scarves; backpacks; table linens; shoes; bed linens; blankets; throws; window treatments; fabric by the yard (no scraps); yarn, etc. no rags/rugs, no toys/housewares. Items must be gently used (no stains), and in a condition to be resold.

Media - donate gently used media (cds; dvds; video games; vinyl records; video tapes; cassettes, etc.) No homemade recordings.

Are you willing to pay the price?

We've all been there before, standing at a crossroads, faced with a major decision that could shape our future. Pacing back and forth, you ask yourself, "Should I? Shouldn't I? What if it doesn't work out? Do I really believe in this? What should I do?" Each question adds weight to the decision, making the moment feel monumental

It all boils down to this: Are you willing to pay the

Everything has a cost, and each decision requires something from us—be it time, money, effort, or even a piece of our peace of mind We're asking ourselves whether we can handle the potential losses and whether the potential gains are worth that sacrifice.

Consider the decision to propose or accept a marriage proposal. It's not just about the romantic moment or the excitement of starting a life together. It's about considering whether you're ready to intertwine your life with another's, accepting all their strengths and flaws, supporting each other through every challenge, and celebrating every triumph. It's a lifelong commitment that demands emotional investment and the readiness to grow together, even when the path gets rocky.

Or think about starting

a business meant to revolutionize an industry. It's about the grueling hours of planning, the financial risk, and the personal strain it can place on your relationships. It means stepping into a competitive arena, ready to persist through setbacks and failures, with the vision of creating something transformative.

Then there's the choice of a career path, especially one that's demanding or high-stakes, like becoming a surgeon or a human rights lawyer. These professions require years of intense education and dicatraining immense de tion, and, often, personal sacrifices. The costs are high—not just in time and money but also in the emotional toll of high-pressure environments. Yet, the rewards can be substantial: the ability to profoundly save lives, influence positive change or contribute to justice.

Imagine the historical decision faced by George Washington when he chose to stand up against the British Empire. Here was a man, a farmer, and a soldier weighing the immense risk of leading a fledgling group of colonies in rebellion against one of the world's mightiest powers. The personal stakes were enormous: the potential loss of his life, his family's safety, and his

property. The cost of failure was not just personal ruin but the collapse of an unprecedented aspiration for democratic governance. Yet,

the potential gain of a free and independent nation guided his decision, marking a pivotal turn in history.

In the middle of the night, he must have muttered to himself, "It's a high cost to pay." Taking on any of these

ventures could mean significant investing resources. It might disrupt your current routine, nushing you to work tire lessly into the foreseeable future.

Imagine this: after a long day at your day job, you come home only to begin another shift, painstakingly laying the groundwork for your dreams.

Are you ready to commit to such an extent? It's in moments like these that careful deliberation becomes crucial. Starting with a burst of motivation is one thing, but can you maintain that drive until the end, or is this enthusiasm merely a fleeting

interest? Will the late nights and early mornings chip away at your well-being, or will they be the stepping stones to fulfillment and success? Each decision, with its inherent risks and

POSITIVELY rewards, is a step towards defining SPEAKING who we are and what we can achieve.

TOBY MOORE

questions helps us gauge our readiness and prepare our

Reflecting on these

hearts and minds for the journey ahead. Are you able to pay the price? Can you afford the cost?

As you stand at your crossroads, pondering whether to advance or divert your path, weigh the cost meticulously—each decision carries profound consequences. Consider not only what might be lost but also the potential

gains. Is this path true to your heart? The decision is

yours alone. Counting the cost can bring substantial worry, but worry not. Take a moment, breathe deeply, and step forward with courage. After careful deliberation, you'll find that your choice will align with your deepest convictions, for you have fully counted the cost.



70th Annual Windham County 4-H Auction & Tag Sale

326 Taft Pond Rd., Pomfret, CT Fri and Sat May 3rd and May 4th

Auction: 5 PM Preview, 6 PM Auction **Both Nights Admission Free** Sat – Outside Tent Auction 5:30 – 6:00 PM

Gift certificates to restaurants, museums, golf courses, ski resorts, tourist attractions local services, a sky dive, and a two night stay at the Cape. Also new, used & antique furniture & collectible items, live plants, artwork, hourly raffles, silent auction baskets, 50/50 Raffle, bake sale & homemade food & pie from Mary's Kitchen.



HUGE Tag Sale Free to all Fri 10:30 am - 5 pm and Sat 9 am - 5 pm Early bird buy in \$5/person 9 - 10:30 Fri Only

Over 4,000 sq ft of household, garden, toys, tools, linens, Christmas, we have it all



Friday Night: Cape Escape, a pre-Mattel American Girl Doll and a Player Piano

> **Saturday Night:** 2 VIP Red Sox Tickets

for July 14 behind home plate and an autographed Derek Jeter 16x20 framed photo and a new snowblower



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BLACKSTONE VALLEY TRIBUNE Friday, April 26, 2024

summer flea markets return May

The Upton Veterans of Foreign Wars Post 5594 (VFW) will open its annual summer series of flea markets on Saturday, May 11, at post headquarters, 16 Milford St. (Route 140) in Upton. It will be joined in May by the Blackstone Valley Garden Club that will offer outdoor and indoor greenery ready for spring planting.

and coffee available in the morning, then held the second Saturday of each month hot dogs, chips, and cold drinks for lunch. Parking is free.

Ample vendor spaces are available for \$10 each or banquet sized tables can be provided by the post for \$15 each. Reservations are not needed. Post member David Kennedy can answer further questions by calling him at 508-529-3314.

through October. There are no rain dates. These fundraisers benefit the post and

the community at large.

The post is located next door to Upton's new Town Library and Senior Center.

St. Peter Parish hosting chicken parm dinner, yard sale

NORTHBRIDGE — St. Peter Parish in Northbridge is having a chicken parm Dinner on Saturday, May 4, starting at 5:30 p.m. in the Parish Hall. Bring you family and friends for a wonderful meal and meet some new friends. Tickets are \$17 per dinner and include salad and dessert. To go meals will be available for pick up at 5 p.m. and all orders must be purchased in advance. Please call the parish office at 508-234-2156 or e-mail parishoffice@ stpeterrockdale.org to purchase tickets or if you have any questions.

The Parish will also be holding a yard

p.m. in the parish hall. If you are moving, spring cleaning or just have too much clutter, bring your gently used items for the yard sale. You may drop-off your donations every Saturday from 10 a.m. to 1 p.m. April through May, starting on Saturday, April 6, at the parish garage. They are accepting kitchen items, home goods, toys, sporting goods, books, small furniture items, clothing for donation and much more. Please see the website for a complete list of what they are accepting. You may also call or e-mail the parish office, if you have any questions: 508-234-



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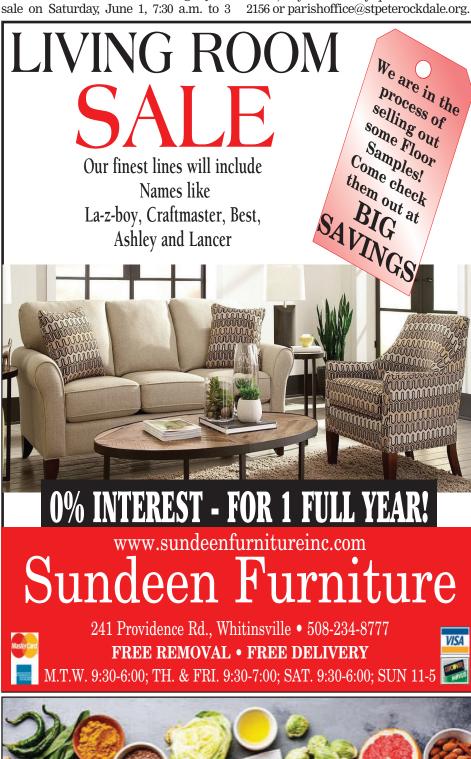
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THE GREAT OUTDOORS RALPH TRUE

It is turkey hunting time in Mass., and for those hunters that enjoy hunting wild turkeys, the excitement of harvesting a bird is here. The season opens this coming Monday, April 29, in Mass. You need to be an outdoorsman or woman to appreciate the sport. This writer enjoyed many morning wild turkey hunts in Mass. and Rhode island.

required doing some scouting prior to opening day, which paid off big time when the season opened. Locating a few turkeys put me in the right place when the season opened. Setting up my camouflage blind prior to the season had me sitting comfortably in my chair sipping on coffee & waiting for first light. Waiting for shooting time and listening to the woods come alive, was often the best part of the hunt. During hunting I once watched a lone coyote sneaking up on my turkey decoys at first light. He had no idea I was

It's turkey hunting time



Jerry's Bait & Tackle sponsored his annual trout derby at Louisia Lake last weekend in Milford. All in attendance had a great time catching trout and claiming their prizes for the largest trout caught.

watching him, and when I opened my blind door, he quickly hightailed it across the field.

It was now legal shooting time and it was not long before I heard a couple of tom turkeys gobbling in trees not far from my blind. Suddenly, I spotted a couple of hen turkeys coming my way. As they slowly walked towards me, I could also hear their putting sounds which was also picked up by the two toms nearby. The toms gobbled excitingly and soon came into my sight. I normally give a couple of calls on my turkey call, but with the two hens heading my way, I decided to keep quiet. It was not long before the two toms were in range for a shot, but I decided to wait and watch the show that was about to start. One tom decided to attack one of my decoys, and when he was done with him, he knocked the other decoy off of his stake, which was stuck in the ground.

The two live hens were slowly walking away from the decoys and the two toms in total display were



Big lake trout from Wachusett Res. last week. They are still catching numerous lakers at Wachusett.

was absent from

our woods for so

many years & rein-

troduced back into

our open space

only 20 years or so

ago from Vermont

Local streams

and rivers were

stocked with trout

last week which

included the West

River: Local lakes

and ponds contin-

ue to produce some

nice trout and

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about to follow. It was time to harvest a bird. As I slowly poked the gun barrel out the window of the blind, I took aim at the largest bird and squeezed the trigger. The No. 6 three inch shell discharged, sending a roar through the valley. The huge turkey laid still on the ground, as all of the other turkevs scattered. I quickly rushed out of the blind to retrieve my bird. I took a deep breath as my heart was still racing from the excitement of the hunt. How fortunate are we to

Wachusett Res. also is giving up some nice Lakers as this week's picture shows. Jerry's Bait & Tackle sponsored his annual trout derby at Louisia Lake last weekend in Milford. All in attendance had a great time catching trout and claiming their prizes for the largest trout caught.

The Whitins ville Fish & Game Club held their annual kids' fishing derby last weekend also and had a good number of youngsters participating in the event.

Haddock fishing was red hot last week and should stay good until the waters warm and the fish head out to deeper water. The Weather also needs to cooperate.

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Blackstone Valley Bluegrass to play next Grass Roots Coffeehouse concert

NORTHBRIDGE - The next Grass Roots Coffeehouse concert on Saturday, May 4 features Blackstone Valley Bluegrass, a local favorite that has been performing for the Grass Roots crowds for more than 20 years. The band plays a mixture of traditional, contemporary, and original Bluegrass music and always puts on an entertaining The band consists of Tim St. Jean on mandolin from Putnam. Conn., Pete Fein on

member Bob Dick from Northbridge. The Grass Roots Coffeehouse is located at the Rockdale Congregational Church, 42 Fowler Rd., Northbridge. Admission to the concert is \$15. Hot foods, beverages and desserts are available prior to the concert and during intermission. Doors open at 6:45 p.m., con-

cert begins at 7:30 p.m., and usually

banjo from Stow, Peter Tillotson on bass from Grafton,

and original band



COURTESY **Blackstone** (Left) Valley Bluegrass plays at the next Grass **Roots Coffehouse on** May 4.

still hunt this mag-

nificent bird which

more information, visit http://www. rockdalechurchonline.org or call Bob at 617-429-0347.



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CRAFT CLASS Tuesday, April 23rd at 1 - 2 P.M.

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Call or stop by the center to RSVP 508-865-9154

COFFEE & DESSERTS WITH LIBRARY WEDNESDAY, APRIL 24th

12:30 - 1:30 P.M. Call or stop by the center to RSVP 508-865-9154

BETTER BREATHERS CLUB

Tuesday, April 30th at

10 - 11 A.M.

Meet with a representative from Senator Moore's

Wednesday, May 1st First Wednesday of the month between 11 – 12 P.M.

All are welcome to meet and discuss issues of importance or looking for assistance

Any questions please call 508-865-9154

TRANSPORTATION All appointments will

be accepted by the WRTA Millbury Seniors 60 and older / those with ADA services call 508-752-9283 in order to register with the WRTA in advance if they need transportation

Transportation Hours are Monday through

Thursday from 8 A.M. to 3:30 P.M. & Fridays 8 A.M. to 11:30 A.M.

Rides have to be scheduled by 4:30 P.M. the day before by calling 508-752-9283

For more information on regards to transportation call the center at 508-865-9154

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A.M. (Class is \$3)

Class is \$3)

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The menu is available on the town website, www. townofmillbury.org

Or our Millbury Senior Center Facebook page.

A 48 hour reservation is required. Call the center at 508-865-9154

"MEMORY CAFÉ" Please join us on Tuesday, April 23rd 2:00 -

3:30 P.M. Refreshments will be

served A Memory Café is a monthly gathering for people with memory loss/chal-

lenges and their care part-

ners. It is a time to socialize, make new friends, and have a good time

Our Outreach worker, Julie Fitzgerald, is happy to answer any questions,

call to RSVP 508-865-9154! SNAP APPLICATIONS (Food Stamps)

Our appointments are on Tuesdays & Thursdays 10 A.M. - 2:00 P.M.

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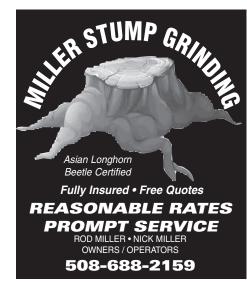
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BVT's Moonlight Program in Practical Nursing will host Child Safety Fair May 4

UPTON — If you have young children who are in preschool or early school age, then you might want to mark your calendar and save the date. The Moonlight Program in Practical Nursing is presenting a Child Safety Fair that promises to be fun and educational for your children. It's a free event that will be held on Saturday, May 4, from 9:30 a.m. to 1 p.m. at Blackstone Valley Regional Vocational Technical High School located at 65 Pleasant Street in Upton.

The Child Safety Fair will feature an interactive vehicle display, which includes an Upton police cruiser to explore if the weather cooperates. The Practical Nursing students will be in the cafe annex sharing information with parents through engaging presentations on bicycle, car/booster seat, fire, backyard/playground, and water safety. The event also includes fun activities that will engage children and help them learn about safety.

The PN students are excited to meet

you and give back to the community by providing helpful information about keeping children safe. If you or someone you know is interested in pursuing a new and exciting career, one of the Moonlight Programs at Blackstone Valley Tech might be a great fit. To learn more about these programs, visit www.valleytech.k12.ma.us/moonlightprograms.

About Blackstone Valley Regional Vocational Technical High School (BVT) Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and

Plummer Place Home of the Northbridge Senior Center

Meditation Group meets every Thursday at 9:30am, all are welcome! Learn how to meditate and how it can benefit your health!

Scrabble will meet Monday, May 6th at 10:00am, all are welcome.

"Take a Hike", our Plummer Place Walking Group will meet on May 7th at 10:00am, location to be announced. Call Jeanne if interested.

"Women on the Move", our Plummer Place women's group, will meet on Wednesday, May 8th at 9:30am. Contact Amy or Michelle if you are interested in joining.

Mother's Day Tea, Thursday, May 9th @ 1:00pm. Janet Parnes will be back with part 2 of the historical portrayal of Frances Perkins. Frances Perkins was the first woman to serve in a U.S. Presidential cabinet, was the Secretary of Labor from 1933-1945 and the driving force behind many of

the groundbreaking New Deal programs. Sign up in the main office. Sponsored in part by a grant through the Northbridge Cultural Council, a local agency supported by the Mass Cultural Council, a state agency and Struggles and Snuggles.

Friends of Northbridge Elders Annual Meeting and Pizza Luncheon, Thursday, May 16th from 12:00-1:30pm. Join us for a fun afternoon and see what our FINE group is all about! This is a free event; you must sign up at the main office to attend.

We need volunteer out of town medical drivers! This is a very important service we provide at Plummer Place for seniors who cannot drive to their medical appointments. If you can spare some time, even if it is one day a week, it would be much appreciated. Drivers are reimbursed for their mileage. Call Michelle or Amy if you would like more information or to

OBITUARIES

Marc F. Gosselin, 66

Upton - Marc Francis Gosselin, 66, of Upton passed away peacefully at home after years of declining health on April 19th.

He leaves behind his wife of 25 years, the love of his life, Rose Gosselin of Upton. He is also survived by his children Mark Gosselin of Thompson, CT, Amy Warnakulasuriya of Hopedale, MA, Ashley Baxter of Putnam, CT, Christopher

Brooks of Northbridge, MA, Matthew Brooks of Douglas, MA, his sisters Jeanne Angell, Annette Kromer, Dianne Nieber, his brothers Eugene Gosselin, Rene Gosselin, 10 grandchildren, many nephews and nieces, his extended family Steve & Deb Ferrucci and his beloved animals, Sarge & Ziggy. He is predeceased by his brother Gary Gosselin.

Marc was born in Worcester on September 13, 1957, he was the son of Denis and Gloria Gosselin. He was raised in Whitinsville and attended Marianapolis Preparatory School in Thompson, CT. After high school, Marc found his passion in paving. He successfully owned and operated Precision Asphalt Paving for over 30 years. He was proud to say that there wasn't a town in the valley where he didn't pave.

Marc enjoyed many things with a motor, including NASCAR, Drag, and Sprint Cup Racing. He could often be spotted cruising around his many automobiles while enjoying the lyrical and melancholic sounds of the blues. Marc had a flavor for looking stylish, often sporting a fedora, and flashing a

peace sign to those he knew. His greatest source of pride was his children and grandchildren, whom he cherished spending time with. Marc found joy in many things, embodying the qualities of a generous and compassionate individual.

Visiting hours will be Friday May 3, 2024 from 9:30 – 11 AM in the Buma Funeral Home, 480 Church Street,

Whitinsville followed by a prayer service at 11:30 AM in the funeral home.

Burial will follow in Lakeview Cemetery, Upton.

A gathering and celebration of Marc's

life will be held at a later date.

Flowers are welcomed and memorial donations may be made to the Parkinson Disease Foundation, 1359 Broadway, Suite 1509, NY, NY 10018 or to The Aneurysm and AVM Foundation (TAAF), 182 Howard St., Box 715, San Francisco, CA 94105.

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LEGALS

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate

and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO24P1222EA CITATION ON PETITION FOR FORMAL ADJUDICATION Estate of:

Richard E. Reil Date of Death: 03/18/2024 To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Linda M. Brophy of Uxbridge MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that:

Linda M. Brophy of Uxbridge MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 05/14/2024.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court. Date: April 11, 2024 Stephanie K. Fattman, Register of Probate April 26, 2024

THE COMMONWEALTH OF MASSACHUSETTS (SEAL)

LAND COURT DEPARTMENT OF THE TRIAL COURT

ORDER OF NOTICE TO: Brian Robert Locke

CASE NO. 24 SM 001498 and all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. App. §501 et seq:

Milford Federal Bank

claiming to have an interest in a Mortgage covering real property in Uxbridge, numbered 6 Lovalist Drive. Unit D, given by Brian Robert Locke to Milford Federal Bank, dated February 10, 2023, and recorded at Worcester County Registry of Deeds on February 10, 2023, in Book No. 68817. at Page 178. has filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now, or recently have been, in the active military service of the United States of America, then you are entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney should file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before 06/03/2024 or you may lose the opportunity to challenge the foreclosure on the ground of noncompliance with the act. Witness, Gordon H. Piper, Chief Justice of this Court on 04/16/2024 Attest

Deborah J. Patterson Recorder April 26, 2024

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO24P1204EA **CITATION ON PETITION FOR FORMAL ADJUDICATION Estate of:**

Douglas Gordon Dalrymple Date of Death: 01/28/2024 To all interested persons:

A Petition for Formal Adjudication of Intestacy and Appointment of Personal Representative has been filed by Douglas Glen Dalrymple of Norwood MA and Nicholas A. Dalrymple of Cortland NY requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that:

Douglas Glen Dalrymple of Norwood MA and Nicholas A. Dalrymple of Cortland NY be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before:

10:00 a.m. on the return day of 05/14/2024.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS

UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the

estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy,

First Justice of this Court. Date: April 10, 2024 Stephanie K. Fattman, Register of Probate April 26, 2024

Commonwealth of Massachusetts The Trial Court Probate and Family Court Department WORCESTER, Division Docket No. 04W1663CA2 Summons By Publication and Mailing Marc Riley, Plaintiff

Andrea Morais, Defendant To the above-named Defendant: Andrea Morais

A Complaint has been presented to this Court by the Plaintiff, seeking Complaint for Modification.. You are required to serve upon Marc Riley, 37 Sixth Avenue, Woonsocket, RI, 02895 your answer on or before the 12th of June, 2024. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at WORCESTER.

Witness, Leilah A. Keamy, Esquire, First Justice of said Court at Worcester, this 14th Day of March 2024.

Stephanie K. Fattman

Register of Probate Court April 26, 2024

Commonwealth of Massachusetts The Trial Court **Probate and Family Court Worcester Probate** and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO24P1233EA **CITATION ON PETITION FOR**

FORMAL ADJUDICATION Estate of: David W. Amidon Date of Death: 06/04/2012

To all interested persons: A Petition for Late and Limited Formal Testacy and/or Appointment has been filed by

Elizabeth Carren of Annapolis MD requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that:

Elizabeth Carren of Annapolis MD be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of

05/21/2024.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS **UNIFORM PROBATE CODE (MUPC)**

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the

estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy,

First Justice of this Court. Date: April 17, 2024 Stephanie Fattman, Register of Probate April 26, 2024

Sutton Historical Society to host presentation, other happenings

SUTTON — On Tuesday, May7, at1p.m. at the Sutton Senior Center, 19 Hough Rd., the Sutton Historical Society will host member Ed Chrostowski, who will share his metal detecting expertise. Chrostowski has metal detected several historic properties in Sutton finding many interesting artifacts, which will be on display. He will also discuss the various tools used in metal detecting. Not only does Chrostowski dig into the ground, but he meticulously documents where items were found and links them to individuals who lived on the properties. This free members and the general have any questions. public of all ages.

The annual Town-Wide Yard Sale hosted by the Sutton Historical Society will be held on Saturday, June 15, from 8 a.m. to 1 p.m. Participant registration forms can be found at suttonhistorical societyinc.org. Cost to participate is \$10. The Society does accept vard sale donations for the benefit of the Society. Please no items such as TVs, computers, monitors, upholstered furniture or clothes will be accepted as a donation. Contact sutton1704@ gmail.com if interested in

health stigma reduction, community building, and helping people know that there is help and hope out there... one yellow tulip at a time. To learn more about the Yellow Tulip Project and how to plant your own Yellow Tulip Hope Garden go to www. theyellowtulipproject.org.

presentation is open to all donating items or if you

The Sutton Historical

Northbridge Middle School has announced the Honor Roll for the third

Grade 6

quarter.

High Honors Sophia Baldwin, Cameron Brouillard, Levi Buehler, Giovanna Bufaino Rocha, Kelsey Desousa, Desiree Dobelbower, Bella Drury, Lucas Freniere, Kenneth Gauthier, Owen Greenberg, Evan Holcomb, Aliana Jimenez, Klara L'Hommedieu, Aditree Nayak, Brayden Neyland, Jordan Paradis, Vrinda Patel, Wyatt Piegorsch, Brayden Ryan, Owen Sanford, Savannah Shumate. Charlotte Supernor, Sawyer Woods.

Honors Almeida, Austin Brayden Barnatt, Rylie Bartusek, Elise Batista, Eva Society is a 501(c)3 organization dedicated to preserving history in the Town do not have to reside in

of Sutton. Membership is open year-round. Members

tion, visit suttonhistoricalsocietyinc.org.

Northbridge Middle School announces latest Honor Roll NORTHBRIDGE — Carvalho Seoud, Benjamin Honors Cole Schotanus, Et

Carvalho Seoud, Benjamin Ciani, Isaiah Clemente, Comforti, Benjamin Josiah Cotto, Emily Desousa, Kaylee Desousa, Emilia Fernandes, Jonah Gendron, Yarah Goris, Morgan Jenkins, Ariana Juarez, Lucas King, Jaxon L'Esperance, Thatcher Leblanc, Alex McKellick, Addison Onorato, Charlotte Pitts, Camren Poulin, Joseph Seaver, Myka Taylor, Logan Theberge, Declan Trites, Finnian Trites, Trillian Viator.

Grade 7 **High Honors**

Esme Dziekiewicz, Leah Fasold, Eric Harris, Osagie Imalenowa, Callie Kaska, Declan Keane, Ruairi Keane, Avery Koopman, Florissa Lundquist, Cooper Mandelenakis,

Parth Patel, Olivia Polcaro.

\$100, included Manifest

Health Solutions, Through

The Trees Therapy and

Herren Wellness. Silver

Sponsors, which donat-

Anna Andresen, Jack Bartlett, Logan Blood, Nathaniel Borges, Vincent Champagne, Maci Coe, Zoe Corey, Benjamin Crosby, Nolan Dean, Sophia-Nicole Desrosiers, Lila Ducharme, Charlotte Dupre, Mateus Ferreira, James Flaherty, Alexandria Frasca-McKenney, Sloane Glass, Nathan Gordon, Jameson Kaska, Lilly Kelly, Henry Knapper, Teagan Koopman, Evan Loader, Trevor Maeder, Emma McDonnell, Lyndsay Neerayah, Abbygale Novinger Matthew Orazine, Trevor Orrell, Kaylee Padua Ramos, Lexie Paulhus, Madelyn Pellegrino, Alexander Picard, Chase Pichel-Daigneault, Zakiiya

Rawson, Liliana Sanchez,

Magick, Angela's Magickal Palette, Anytime Fitness Arborvitae Uxbridge, Botanicals Herbal Blackstone Products, Valley Music, Chris' Corner Recovery Resource Center, Empowered Health Training Services LLC, Stepping Stone Farm, Through the Trees Therapy LLC, Tri-River Family Health Center, Tri-Valley Inc., Uxbridge Board Health, Uxbridge Free Public Library, NuLife Behavioral Help, Open Sky Community Service & Safe Homes, PiNZ Bowl and Fun Entertainment, Retro Records, Riverside Community Care, SAFE Coalition, Family Continuity, Hear Joy Audiology, Herren Wellness, Manifest Health Solutions, Massachusetts Behavioral Health Help Line, Medical Reserve Massachusetts State Police and Traffic

Program, New Hope.

Cole Schotanus, Ethan Sidavong, Evan Siver, Natasha Souvanna, Wyatt Tetreault, Sadie Trites, Cailvn Tritone, Collin Tritone, Addison Trottier, Landon Tucker, Jacob Ware, Lukas Zborowski, Maxwell Zyra.

Grade 8 High Honors

Ereeny Absamis, Gohar Arakelyan, Kirra Arsenault, Bella Baltramaitis, Chloe Barnatt, Daniel Bedford, LaChapelle, Samantha Kayla Bolduc, Jessica Calles, Aria Domenech, Emily Flauto, Jessica Haberski, Arabella Kosciak, Anna Lavallee, Leeds, Ryan Leonard, Lila MacDonald, Maya MacLeod, Madelynn Nowak,Olivia Pollock. Avery Riche, Marissa Roadman, Gabriel Schneider, Audrey Siemaszko, Keelyn Touhey, Amanda Waterson.

Honors

Taylor Alden, Austin, Keegan Baker, Camryn Barksdale, Heba Bensellam, Arielle Blanchard, Samantha Bresnahan, Olivia Caira, Taryn Conway, Coen Dabelstein, Tyler Desousa, Kallie Dunn, Zachary Ferrelli, Violette Fontaine, Alexis Gelinas, Jacob Gerardi, Landon Gerardi, Laylia Gonyea, Grace Hartwell, Kara Helinski, Kathleen L'Hommedieu, Vincent Lomonaco, Colton Lotfy, Ashley Ann Lucena, Alexis Maeder, Karibella Matuszak, Julia McKenna, Ryan Parker, Paulhus, Claire Plantinga, Jayten Poulin, Adrianna Racz, Michael Reeves Hall, Abrielle Richards, Olivia Sansone, Shea Schuster, Madison Smith, Isabelle Stanley, Shiloh Stewart, Ava Strazzulla, Kaitlyn Szerlag, Brooklyn Thibeault, Jade Thomas, Liam Voellings,

HOPE DAY

FAIR

continued from page A1

Run Worcester County with more than 1,500 yellow tulips planted in all.

The Yellow Tulip Project is a Maine-based, vouth driven, non-profit that is fiercely dedicated to suicide prevention, mental

"We know that children

learn better, have bet-

ter attendance and less

conflicts when they are

less stressed. Hopefully

through the variety of

supports being showcased,

students will walk away

with some new coping

strategies and communi-

ty connections for them-

selves and also to share

Students visited ven-

dor tables offering com-

munity resources such

as mental health support

groups, volunteer organi-

zations, local businesses

focusing on health and

wellness and tips from

first responders. Students

who interacted with ven-

dors and learned positive

stress-management meth-

ods were given raffle tick-

ets, which were entered to

win prizes at the end of

the event. Prizes included

donations from the ven-

heart-pounding encounter.

In the early evening of April 14, I

embarked on a peaceful ride along the

Southern New England Trunkline Trail

(SNETT). Little did I know that this

serene journey would soon turn into a

As I approached the Monroe Street

crossing, my horse abruptly spun and

attempted to bolt. Her panic was palpa-

ble, and my adrenaline surged. What

caused her distress? A German Shepherd,

adorned in a yellow safety vest and sport-

ing goggles, was charging toward us. But

that wasn't all-the dog was accompa-

nied by a mountain biker. And not just

any biker-another German Shepherd,

this one in a pink safety vest, followed

closely behind. A lady on a mountain

bike completed this unusual procession.

trail users showed no regard for our

predicament. They neither stopped nor

slowed down. Perhaps the lady paused

momentarily, but amidst the chaos, it was

hard to discern. Finally, I managed to halt

my trembling horse and dismount. Fear

and anger coursed through me so much

I pen this letter with hope: that these

individuals—unique in their choice of trail companions—will read my account

or that someone who knows them will

relay this message. There can't be many

who venture onto trails with two safety-

vest-clad dogs, one even sporting goggles.

that I was literally shaking.

As my horse fought to break free, these

To the Editor:

with their families.'

continued from page **A1**

dors such as a 3-month membership to Anytime Fitness, an autographed basketball from Herren Wellness and a basket full of spa products from Arborvitae Botanicals. Vendors received "swag" bags created by students, which included a tumbler, kindness rocks and hearts with wildflower seeds to

plant.

"Being able to plan this event was such an incredible opportunity, and I've seen my fellow peers' struggles and want to help them," Lewis said. "Bringing all of these amazing vendors together to teach our students about the different resources around Blackstone Valley will have a huge impact on how they can proceed with adversities in life."

School clubs that were present included Uxbridge High School Advanced Foods, Uxbridge High School Art Department/ Art Club, UHS-DECA

etiquette

Chapter, UHS Digital Team, UHS Wellness eSports Club, UHS Health and Wellness Department, UHS Library, UHS Lend-a-Look, UHS Mending Spartan Minds Club, UHS Performing Arts Department, UHS Spartan Pride Alliance: Community for Everyone Club (SPACE) Uxbridge High School Athletic Training and Sports Medicine.

'On behalf of Uxbridge High School, I want to thank our community organizations for taking the time to provide support for our students," Principal Rubin said. "Strong schools build partnerships with their communities, families and other organizations, and the contributions of many made a truly awesome experience."

Community members helpedtosponsorthisevent through donations. Gold Sponsors, which donated

are Common Ground" by Maggie Slepian.

yield to horses. When you pass a horse,

make sure you're off to the side of the

trail, the rider knows you're there, and

you avoid sudden movements. For bik-

ers on a shared-use trail, use vour bell

around corners and blind spots. I usually

get off and walk my bike around the

horses, unless the rider tells me the horse

doesn't care. Must be nice to have a horse

2) Announce your presence to horses

As soon as you see a horse and rider

approaching, step off to the side and let

them know vou're there, loudly. Horses

don't like to be surprised by a silent crea-

ture standing behind a tree. I usually say

something like "Hey, I'm off to the right

of the trail and I don't want to spook your

horse." You might feel like a dork, but as

a rider, I really appreciate the heads up

3) Consider leaving the headphones at

The sooner you let the horses know

you're there the better, which might

mean hiking without headphones on a

shared-use trail. Horses are big animals,

and you should be able to hear them

coming far enough ahead of time to greet

them and avoid surprising them. This is

who isn't scared of bikes.

from hikers and bikers.

1) Know (and follow) correct trail yield

LETTERS TO THE EDITOR CONTINUED

ed \$50, included the Massachusetts Behavioral Health Help Line and Stepping Stone Farm. Bronze Sponsors, which donated \$25, included Angela's Magickal Palette, Arborvitae Botanicals, Empowered Health & Training Services, Hear Joy Audiology, Retro Records and Wild Owl Metaphysical Services.

Community resource vendors present for the Health and Wellness Fair included:

Wayside Youth and Family Support Network, Army Corps of Engineers West Hill Dam Reserve, Whitin Community Center, Wild Owl Metaphysical Services, Worcester County District Attorney's Office Prevention Division, A Touch of

Trail etiquette ignored: A close call on the SNETT or they're approaching you.

We always say that there is no such You've probably seen the signs: Bikes thing as a "bomb-proof horse." Even the yield to hikers and horses, and hikers calmest, most trail-experienced horse can get spooked by something unfamiliar, activating that prey instinct and causing them to bolt. Most horses weigh 800-1,400 pounds, and they can move quickly and unpredictably, so move slowly around them and avoid sudden movements, especially around their faces. Always ask the rider if you can pet them, give them a wide berth, and never walk directly

> Horses have both monocular and binocular vision, which means they have a range of about 350 degrees of vision and can see scary things (bikes) approaching from behind. Like all prey animals, their eyes are located along the sides of their heads, so they can see approaching predators with each eye independently, as well as using their eyes together to see in front of them. However, only about 65 degrees of their vision is binocular (looking ahead) and the remaining 285 degrees is monocular (each eye working separately). For this reason, a horse often turns its

head side to side to see better.

6) Keep your dogs on a leash! Congrats on having a dog with excellent recall! Still, please put them on a leash when you approach a horse or know a horse is approaching you. This is for everyone's safety, including your dog's. I've seen enough horse-savvy dogs get tangled up under the wrong horse to know it's best for the dogs to be kept far away and under leash control. You don't know the horse's experience or attitude toward dogs, and if your dog hasn't been around horses, they also don't know how

to act around flying hooves. In the grand tapestry of outdoor adventures, trails weave a common thread that unites us all. Whether on foot, horseback, or bicycle, we seek solace in nature's embrace. But as we traverse these paths, let us remember our shared responsibility-to safeguard one another and our beloved companions. By adhering to trail etiquette, we ensure that every hiker, horseback rider, and cyclist can revel in the beauty of our trails without fear. So, let's tread lightly, respect the journey, and keep the trails safe for everyone.

Becky Kalagher Douglas

Had they adhered to proper trail etialso helpful if a horse is catching up to vou from behind—their rider needs to quette, I would not have faced such peril. Lives—including my horse's—were needlet you know they're there. Being alert goes for all directions, whether you're lessly endangered that day. Let us all remember the wisdom shared in "Trails coming up behind them, crossing paths,

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Rutland, MA 28th Annual Town Wide Yard Sale Sat. April 27 200+ participants

Maps at town lines and on Common (Rts 122A and 56) starting at 7:15 AM

Rain or Shine ~ Join the Fun!

4) Predict the unpredictable

behind them.

5) Recognize that horses see the world differently

AOC is so far left in the head, she'll never be right

To the Editor:

U.S. Rep. Alexandria Ocasio-Cortez stands as one among our liberal race of task masters who mercilessly exhibits an undeniable truth. A truth so fundamental to her state of being that it is plainly visible in the foreground. And so, is readily expressed.

For it can be truthfully said that AOC is so politically left-in-the-head that she is not, and never will be, right in the head. With the same true of her most devout disciples.

The woman clearly suffers from an insidious form of delusional thinking. A mental health problem that goes far beyond her being a mere conspiracy theory creator extraordinaire.

In her conspiratorial concoctions, such as those surrounding the Jan. 6 protest, AOC reigns supreme as the magically mystical goddess of mutually shared, left-wing stupidity. Making that almighty witch of a socialist a tried and true conspiracy theory savant of the left-wing, mentally ill kind.

To this day, AOC's self-anointed minions continue to try to exploit the suicide deaths of four Capitol Hill police officers for political gain. Blaming those suicides on the right-wing protestors who gathered on Jan. 6, 2021 to let their opinions be known.

Everyone knows that six months of exceptionally destructive Black Lives Matter protests preceded that Electoral

College Vote count day. With the left continuing to distance themselves as well as hide from that tidbit of 2020 history.

It is also worth keeping in mind that it was the Democrats along with their liberal minions who did everything they could to delay and distract their fellow Americans from the severity of Covid in its opening months. Doing so in part with their incessant rants about their failed 2019 holiday season impeachment

Alas, had such left-wing lunacy not occurred during the latter half of 2019 the Democrats could have avoided being complicit in the Covid deaths of 400,000 of their fellow Americans.

So, who was it that relentlessly tried to defund America's police, adding to their job stress? What political persuasion promoted and backed the idea of taking a knee during the National Anthem to denounce our peace officers as being the racist killers of black people? Isn't it true that it was liberal-minded extremists who were and still are so left-in-the-head that they clearly are not right in the head?

Meanwhile, what about the tens of millions of illegal immigrants and sanctuary seekers who rely on the Affordable Care Act as their only source of health-

out for our resident poor? Stephen Gambone

How do you think that's going to work

Northbridge





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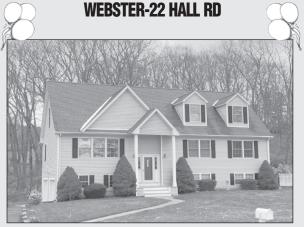


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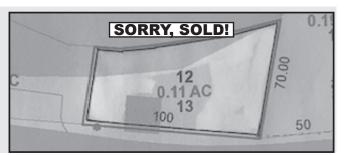


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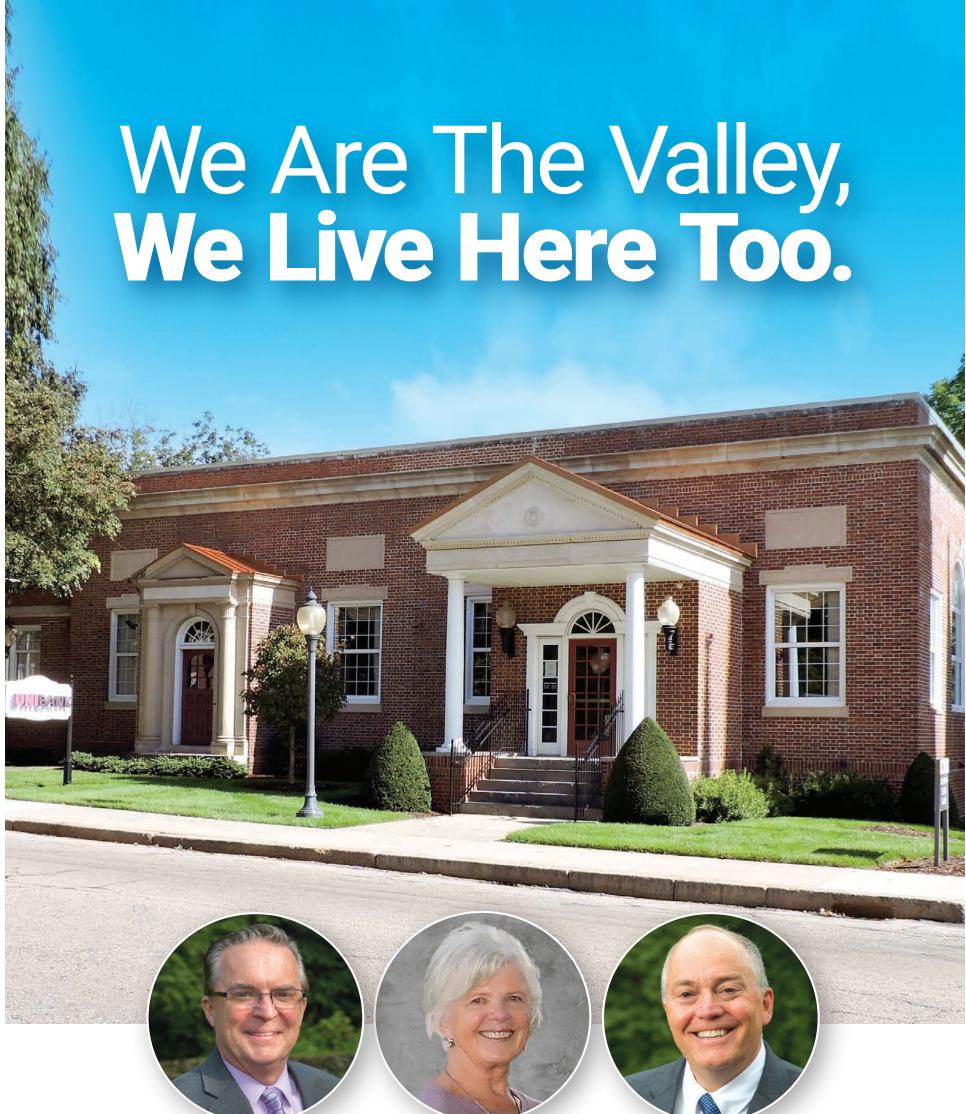




Call Jo-Ann 774-230-5044



Friday, April 26, 2024 BLACKSTONE VALLEY TRIBUNE



Christopher Foley, President of UniBank. Decades of residency

Sandy Lemire, 37 years at UniBank in various roles.



Michael Welch, CEO of UniBank. Resides in Uxbridge.



Wendy Brown, VP, Retail at UniBank. Board Member of Blackstone Valley Chamber of Commerce.



Michael Sulham, Uxbridge Branch Manager. President of the Uxbridge Lions Club.



Karen Beane, Mortgage Originator at UniBank. Board Member of The Friends of the Uxbridge Elderly.

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