

PUTNAM VILLAGER

Friday, November 11, 2022

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The Rief family. From left: Soren, Mary, Anders and Steven.

Photo Ken Powers

Killingly rallies around Rief family, with mother Mary battling breast cancer

SON SOREN RIEF: 'SHE IS THE STRONGEST PERSON I KNOW. SHE'S FIGHTING EVERY DAY AND I'M VERY PROUD OF HER.'

BY KEN POWERS
SPORTS CORRESPONDENT

KILLINGLY — The coin flip, which occurs prior to every football game on every level, is a perfunctory exercise that is simply a way of deciding which team will get the ball first. It is a task that

is usually carried out before or after the playing, or singing, of the National Anthem.

It is, in a word, ordinary — except on nights like Friday, Nov. 4.

That night, prior to its game with Waterford High, the Killingly High football

team had a ceremonial coin flip with Mary Rief, the mother of junior running back and co-captain Soren Rief, flipping the coin.

Mary Rief was diagnosed in April with Stage 4 Breast Cancer. Killingly is a tight-knit community and its football team is a family. Many connected with the town and the team knows of the battle Mary Rief is immersed in.

"I know how much Mary is going through, fighting Stage 4 Breast Cancer," said Killingly football coach

Please Read REIF, page A2

Thompson sidewalk project nears completion

BY JASON BLEAU
CONTRIBUTING WRITER

THOMPSON — It has been a busy summer for the center of Thompson where a long-awaited sidewalk project has been hard to miss. Stretching over much of Route 12 through the center of Thompson, the initiative has been long in the making and almost two years after state funding was approved the town has finally seen the final result.

In December of 2020, Thompson received \$2.1 million in Local Transportation Capital Improvement Program (LOTICIP) funding to construct 7,400 feet of new sidewalk with the goal of helping support business growth and mobility. Thompson Director of Planning & Development Tyra Penn-Gesek and First Selectwoman Amy St. Onge gave The Stonebridge Press a tour of the sidewalk on Halloween Day with most of the work, including road repaving, completed. All that remains is one portion near Rawson Avenue where the sidewalk connects to a preexisting sidewalk near the town's library. The new walk stretches from Rawson Avenue down to Thompson Hill Road and includes a new bus shelter at the Town Hall at around its halfway point. Another portion of the sidewalk previously renovated during the construction of Dunkin Donuts near Thatcher Road was left untouched.

Penn-Gesek said the project brings numerous benefits to the community including safety and convenience, as part of a long-term goal to make Thompson more attractive to both businesses and potential residents.

"The safety for the people who were already using the sidewalks is obviously the first thing that comes to mind," said Penn-Gesek. "In their prior condition these sidewalks were cracked, they had heaves. There were places with standing water. They were functionally completely useless for anybody with mobility challenges. So that's the basic and most obvious thing. It's also a facelift for the entire downtown area. We've made a real effort to make the area attractive for investment. We've made some zoning changes that will also allow for development. We're always talking about how much more business we need. Walkability helps build economies. People who are walking through the neighborhood are more likely to stop in an establishment to spend a dollar. So, overtime, sidewalks are also more income generating when people are able to use them."

First Selectwoman St. Onge said the project is just one of many that were considered prior to the LOTICIP funding and touted the initiative as only the first step towards a revitalized town center in Thompson.

"The sidewalks were crumbling, and I remember multiple winters when I'd get calls from homeowners who said they couldn't run their snowblowers because they were picking up chunks of concrete. It's all about the revitalization and rebirth of this area in Thompson," St. Onge said, hinting at the next priority for the town in 2023 and beyond. "We've appropriated funds and we're going to begin the design for the sidewalks of Main Street

Please Read SIDEWALKS, page A14

Plans underway for Westfield Avenue repairs

BY JASON BLEAU
CONTRIBUTING WRITER

KILLINGLY — Nearly a year after voters in Killingly approved a \$27.8 million bond to repair and refurbish the old high school at 79 Westfield Ave. for use as a community center, it appears things are

going forward as scheduled in the multi-year, multi-phase initiative.

The Killingly Town Council hosted a quick discussion with Permanent Building Commission Liaison Mary Bromm on Nov. 1 who told the Council that the architects are meeting with stakeholders

and the construction manager to start the design and, potentially the phased improvement of the building next summer. Killingly voters approved the bonding for the project on Nov. 28 of 2021 with plans to move the recreation offices and other departments to the Westfield Avenue site due to

the deteriorating condition of the Broad Street community center, which also happens to, itself, be a retired school.

During the short 15-minute discussion, the Town Council inquired about the project's timeline and asked whether the current educational programs, especially

having fourth grade students at Westfield Avenue, would impact the construction plans. Town Manager Mary Calorio said they have planned around students being at the school and things are moving forward smoothly.

Please Read WESTFIELD, page A2

Cocoa for Coats supports Putnam Family Resource Center

BY JASON BLEAU
CONTRIBUTING WRITER

PUTNAM — The Putnam Farmers Market Pavilion played host to the seventh annual Cocoa for Coats event on Saturday, Nov. 5, ironically during one of the warmest November days on record in New England. The heat didn't stop supporters from turning out however, as organizer Pam Kempain and her dedicated volunteers continued their longstanding tradition of helping local children in need for the winter.

What started as a simple donation of five coats to the Putnam Family Resource Center has blossomed into a large-scale fundraiser to bring even more winter coats to local children.

The 2022 event collected 97 coats and \$1,180 in monetary donations throughout the day with each donor thanked with free cocoa and a chance to win a selection of raffle prizes at the end of the afternoon.

"Family and friends helped me out, but it blossomed into an event where others see it and they come out to support it," Kempain said of the event. "We originally started where we would have cups of cocoa for people who donate. It was a lot of work to cart all of that over and with the pandemic when we started up again, we decided to give out cocoa packets with a little candy. So, we give them cocoa if they give us coats or make a donation."

Kempain said the cause is near and dear to her heart and seeing the sup-



Photo Jason Bleau

Maura Higginson and Paula Hanlen, representatives of Put a Bow On It and organizers of The Putnam Town Wide Yard Sale, present a donations totaling \$1520 to Pam Kempain and the volunteers of the annual Cocoa for Coats event on Nov. 5.

port year after year is inspiring. While the weather in November may have started unseasonably warm, everyone in New England knows eventually winter will kick in and now, thanks to the donation, almost a hundred kids will have new coats for the season.

"We know we have a lot of people who are outside during these months who might not have the lodging we all have. I've seen children outside in the winter and

Please Read COATS, page A3

Early Armistice Days in the Quiet Corner

NOTE: *The Killingly Historical & Genealogical Society will be closed Wednesday, Nov. 23, the day before Thanksgiving. It will be open Saturday, Nov. 26 as usual.*

Happy Veterans Day! Today, Nov. 11, 2022, marks the 104th anniversary of the formal cessation of fighting in World War I. Although we now refer to it as Veterans Day, this day was originally entitled Armistice Day to commemorate the signing of the Armistice. "Armistice Day is commemorated every year on 11 November to mark the armistice signed between the Allies of World War I and Germany at Compiègne, France at 5:45 am, for the cessation of hostilities on the Western Front of World War I, which took effect at eleven o'clock in the morning—the "eleventh hour of the eleventh day of the eleventh month" of 1918. But, according to Thomas R. Gowenlock, an intelligence officer with the US First Division, shelling from both sides continued for the rest of the day, only ending at nightfall. The armistice initially expired after a period of 36 days and had to be extended several times. A formal peace agreement was only reached when the Treaty of Versailles was signed the following year. The date is a national holiday in France, and was declared a national holiday in many Allied nations" in addition to the United States.

[https://en.wikipedia.org/wiki/File:First_News_of_Peace!_Confetti_thrown_by_happy_crowds_Liberty_sings_Flags_waved_Nov_11-1918_\(12795375585\).jpg](https://en.wikipedia.org/wiki/File:First_News_of_Peace!_Confetti_thrown_by_happy_crowds_Liberty_sings_Flags_waved_Nov_11-1918_(12795375585).jpg)

Peace! Confetti thrown by happy crowds. Liberty sings. Flags waved. Nov. 11-1918. (12795375585).jpg

"At the urging of major U.S. veteran organizations, Armistice Day was renamed Veterans Day in 1954. Veterans Day celebrates the service of all U.S. military veterans, while Memorial Day honors those who have died while in military service" (en.wikipedia.org/wiki/Veterans_Day).

On Nov. 14, 1918, the Windham County Transcript had the following headline about the end of the war: "Killingly Wild With Joy Over World Peace Report. Thousands Unite in Celebrating. Wonderful Noise. Danielson Being Scene of Greatest Demonstration Ever Staged in Town. Fairly Delirious With Happiness. People March About All Day Long Celebrating. Great Racket."

"The lid of Danielson's enthusiasm came off with a bang Monday morning when the news reached here of Germany's defeat and surrender and it took but a short time for the wonderful tiding to spread to all parts of the town. Sleeping residents were awakened by the din of factory whistles and bells, the racket being even greater than was created last Thursday when" news of a false peace appeared."

In Killingly in 1919, the Veterans of Foreign Wars erected a temporary, wooden memorial to honor those who



KILLINGLY AT 300

MARGARET WEAVER

had served in the First World War. It was replaced with a permanent marker, and in 1933 an enormous boulder was obtained from the backyard of Charles Dixon on North Main Street, was moved to Davis Park, and an engraved list of names on the front was placed on the front. An eagle with spread wings topped the memorial. Many services honoring those who have served have been held in this location (Natalie L. Coolidge and Robert A. Spencer, Images of America Killingly, p. 51).

In 1946 a World War II Honor Roll was also placed in Davis Park "in the fountain basin. The center section contained the names of all the local residents who served in World War II. In the two smaller sections on each side, all under glass, were the names of those who had given their lives. In 1964 a permanent monument replaced the temporary memorial." (Ibid., p. 58).

Again this year, the Killingly-Brooklyn Rotary will honor our veterans from November 10 through November 14 by encircling Davis Park with more than 100 flags. As you

pass the Park, take the time to give thanks for the service of the many men and women who sacrificed so much for our freedom.

The Aspinock Historical Society has been honoring Putnam's World War II veterans with an exhibit in their museum in the new Putnam Municipal Complex. Panels of tribute to each Putnam individual killed in action during World War II include the following names: R. Allard, L. Arpin, J. Beardsey, A. Bonasconi, E. Burdick, F. Chenette, E. Davis, E. Desautel, J. Dufault, T. Duffy, L. Emond, L. Gregoire, H. Hanley, C. Heywood, R. Litci, L. LeBeau, F. Ligez, R. Lockwood, D. Massicotte, J. Meyers, E. Pazanko, R. Phillips, E. Rayne, H. Roberge, H. St. Peter, I. Tew, A. Thayer, E. Tokaz, G. Viens, G. Webster, E. Wicker, B. Wickers. Another exhibit features the Army Nurse Corps including some memorabilia connected to Captain Anita Bianchi Ducas, an Army nurse from 1942-1945. (Please forgive any misspellings).

Other items in the Aspinock exhibit commemorating the 80th anniversary of World War II include gas rationing cards, an assortment of military pins, and a gas mask. A Japanese split mitten picked up by R. A. Perreault in Guadacanal in February 1943 is also part of the display. If you have not yet seen the Aspinock Historical Society museum, it's well worth the trip. Located on the second floor of the new Putnam

Municipal Complex on School Street in Putnam, the museum is open Tuesday, Wednesday, and Thursday from 10-2 and the second and fourth Saturdays of the month from 10-Noon. The displays also include non-military items, Putnam history, immigration to the town and much more. The building is handicap accessible.

Support one of Killingly's National Register Properties: Killingly Grange 112 on Hartford Pike (Route 101) is having a Roast Pork Dinner on Saturday, November 12 from 4:30-6:30 p.m. \$15 a meal; \$10 for veterans. Meal includes roast pork, mashed potatoes, applesauce, green beans, dessert. Dine in or take out. There will be a limited number of meals. Call 860-230-7367 to reserve a meal.

Margaret M. Weaver Killingly Municipal Historian, November 2022. Special thanks to Bill and Terri Pearsall for their assistance. For additional information email me at margaretmweaver@gmail.com or visit the Killingly Historical & Genealogical Center Wed. or Sat. 10 a.m.-4 p.m. or www.killinglyhistorical.org. or call 860-779-7250. Like us at Facebook at www.facebook.com/killinglyhistoricalsociety. Mail for the Killingly Historical & Genealogical Society, Inc. or the Killingly Historical and Genealogical Center should be sent to PO Box 265, Danielson, Connecticut 06329.

Putnam Scouts collecting toiletries

PUTNAM — Boy Scout Troop 25 will hold a toiletries drive to benefit the Daily Bread Food Pantry Saturday, Nov. 19 from 10 a.m.-1 p.m. at the WINY Radio station, 45 Pomfret St., Putnam. Items needed include women's and men's shampoo, bar soap, toothpaste, men's and

women's deodorant, toilet paper, men's and women's razors, men's and women's shaving cream, men's and women's body wash, and tissues.

For more information, email BSAtroop25Putnam@gmail.com.

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WESTFIELD

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"We are looking at managing the exterior envelope of the Westfield Avenue building and given that it was already an occupied building to begin with and we were already going to have to schedule around school occupation anyway with EASTCONN's program, so having the 4th grade classrooms in there doesn't necessarily change that scheduling any more than with EASTCONN's program that was in there," Calorio said referring to EASTCONN's Head Start Program. "We already knew we had to do a lot of that during breaks and summer

vacations. Portions of those buildings though, some areas we'll be able to focus on that are less utilized sooner than others."

Calorio called it an "occupied renovation" that adds complexity to the project, but does not prevent them from proceeding. She said currently the team is doing a deep dive into the exterior condition of the building to have a clearer understanding of what work will be required for that part of the project. She also confirmed that all parties have been communicating smoothly as plans have taken shape.

"We had some really good foundational conversations. We brought in the town's IT consultant Novus Insight into the con-

versation and one of the benefits we have with them is that the CEOs and the main guys there were Killingly Public School IT back in the day, so they know that building inside and out," said Calorio.

Project managers are also discussing the complexity of placement within the facility. Calorio explained that every location creates a domino effect in terms of storage and technology. All of this needs to be planned out to create a clearer picture of what the renovation will look like when it's all said and done. In 2021, officials predicted that it would take several years before the Westfield Avenue school renovation was completed.

REIF

continued from page A1

Chad Neal, who asked Mary Rief a week before the event to be part of the very special evening. "And I thought, because of everything she is going through, Mary would be the right person to participate in the ceremonial coin flip. I saw it as a way to let Mary know that she is an inspiration to all of us and that we've got her back."

When Mary Rief was introduced — the ceremonial coin flip was part of the football team's Think Pink night for breast cancer awareness — she received a long, loud standing ovation from the standing-room-only crowd.

"It was very emotional. I'm out there with my son, my family is in the stands, I'm crying, and my son is crying," Mary Rief recounted at halftime of the game.

"But it was exciting, too, very exciting actually, to be out on the field standing next to my son."

But the ceremonial coin flip wasn't emotional and exciting for Mary Rief because it was a chance to be out on Morgan Field with her youngest son, mugging for the camera. Mary Rief has a message, one she delivers with grace and dignity and passion every chance she gets.

"I saw (the coin flip) as a way to get a message out to other women. If you don't feel right, if you think something's wrong, you need to follow that. Go with your gut," Mary Rief said. "That was my situation. I did not feel well for a long time. I complained about having pain. But I just chalked it up to getting older. I'm 53; I just thought I was just getting old."

"I want people to know that they have to take care of themselves. You have to get the exams done every six months and even if you do, you may not get the results that you want or expect, so you have to question the results," Mary Rief continued. "I did everything I was supposed to do. I went in every six months, I had mammograms and ultrasounds. But I didn't question the results."

"My oncologist told me I had cancer for years," Mary Rief said,

tears streaming down her face. My oncologist told me I had been misdiagnosed."

Soren Rief, who has dedicated this season to his mother, dedicated Friday's night's game to her, too. He rushed for 149 yards and five touchdowns in the 56-7 win over Waterford.

"The coin flip was definitely emotional. I started crying as soon as (the public address announcer) started talking about her and why she was out there. It was definitely special to have my mom on the field with me tonight," Soren Rief said. "It's definitely hard to watch what she's going through, but she is the strongest person I know. She's fighting every day and I'm very proud of her."

Soren Rief said he has a great deal of gratitude for Neal and the Killingly coaching staff for thinking of his mom at a time like this.

"I was shocked when she told me coach Neal had asked her to be a part of the ceremonial coin flip. This was such a great thing that the coaches did. Everyone involved in the idea, I want them to know I appreciate it so much," Soren Rief said. "Every time I put on the helmet, whether it's a practice or a game, I always think of my mom when I go out there. Tonight, with all this going on, I was ready to go. And I know she was up there in the stands cheering me on."

Looking back, Mary Rief said she did ask questions, but she was never told to get a biopsy. A biopsy is a procedure to remove a piece of tissue or a sample of cells from your body so that it can be tested in a laboratory.

"I had tests done and they always said, 'you have something, but it looks benign.' They knew I had something at least two years ago. I had no idea

I had cancer. I just thought it was a small lump. I went in and had it tested and had them look at it and they said, 'nope, it's nothing to worry about,'" Mary Rief said. "But they never did a biopsy. Having had a biopsy performed would have told us everything and my cancer wouldn't be as advanced as it is right now."

Mary Rief said her breast cancer has metastasized. Metastasis occurs when cancer cells break away from where they first formed (primary cancer), travel through the blood or lymph system, and form new tumors (metastatic tumors) in other parts of the body.

"The cancer has gone to my lymph nodes, my skull, multiple vertebrae, my back, my femur, my ribs, my lungs, and it's in my liver," Mary Rief said.

Steven Rief, Mary's husband, a retired Connecticut State Trooper, is concerned on a daily basis with how Soren Rief is handling Mary Rief's illness because mother and son have a very tight bond.

"I think he's doing well; I think they both are," Steven Rief said. "Soren, specifically, I think he's doing so well with it because, in part, he sees his mom being so strong. Mary is still doing the things that she's always done for them (Soren and older brother Aanders) and us. So, I think that helps them, but they know how sick she is and they know that there is nothing given and there is no cure. But I think they're doing a really good job."

Trevor Larrow, Killingly's running backs and linebackers coach, is a big fan of Soren Rief, who excels at both positions.

"As good as Soren plays on the field, he's an even better person," Larrow said. "Mary and Steve, not only did they raise a football player, but they raised a great human being, too. He checks every box; he's the hardest worker we have and he's a good leader. And it's not just what you see on Friday nights. At practice he's working hard and leading, too. He does everything the right way. Because that's how he was taught."

When she was diagnosed with Stage 4 Breast Cancer, Mary Rief began going to the Dana-Farber Cancer Institute in Boston.

"We all know what a tough situation I'm in, but the doctors at Dana-Farber are hopeful because there are new (treatments) coming out every month," Mary Rief said. "Dana-Farber is one of the best cancer hospitals in the country. When we found out I had been diagnosed with Stage 4 Breast Cancer my husband said, 'we're going to Dana-Farber, I want you to see the best of the best.'"

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Eastford School District P.O. Box 158, 12 Westford Road, Eastford, CT 06242-0158. Email: dleake@eastfordct.org

Christina Licata earns Westview Employee of the Month award



Christina Licata

DAYVILLE — Christina Licata received the distinction of Westview Health Care Center's September Employee of the Month award.

A trusted member of Westview's Support Services Department, Licata has a reliable impact as a Housekeeper in patient and resident settings. This October will mark her second year working at the Dayville skilled nursing facility. She speaks to how much she enjoys working at Westview, appreciating the consistency of communications and expectations between everyone she encounters.

"I really love it here—no one conducts themselves differently from the next person. Whether it is a new Westview team member, a long-time department manager, a visiting medical technician, a

beloved patient, or their family, we approach every interaction with the same dignity and kindness," Licata commented, saying "I really respect the work ethic of everyone at Westview. From our leadership, to our managers, and throughout all of our departments—everybody is willing to do whatever it takes, and to help in any area to make sure we always operate in our best form as a health care facility."

Beyond resetting bedding, laundering linens, and tidying up private rooms and common areas, Licata finds further importance in being an additional social connection for the patients and residents she serves. She loves chatting with everybody that she can engage with during these brief interludes. While always maintaining respect and dig-

nity for those being treated at Westview, she seeks opportunities to learn more about them whenever possible. She appreciates how those interactive moments inspire and benefit her efforts; reminding her of the true value to be found in her work. Recognizing that some patients and residents can feel isolated at times, she knows that a little conversation can have a big impact towards improving their day. One of her Westview colleagues in the Nursing Department recently observed Christina speaking with a patient as she finished cleaning their residence; before entering the room, the nurse told her how kind she found that interaction to be, and how they could instantly see it raising the patient's self-esteem.

Licata and her husband, Henry Frechette III, live a short distance from Westview in the town of Dayville. Keeping them company are their two cosmically-coexisting cats, Sun and Moon, and their beloved dog Buddy, a Shi-Tzu. For enjoyment, she likes working on do-it-yourself ideas around her home and enjoys seasonal crafting projects to stimulate her creative ambitions. During the warmer months, she takes pleasure in making floral arrangements and festive tabletop centerpieces; utilizing the same imaginative flair to create wreaths and other décor during the winter holiday season. Tie-dye creations are her latest artistic endeavor, and she looks forward to learning more techniques for customizing clothing and creating other uniquely designed items with

this colorful concept. Whether looking to totally relax or plan a big activity, she is thankful that she has a lot of family and friends in this area to spend time with. She and many of her colleagues from a previous workplace have maintained their bonds from that time and they love to reconnect. Her two brothers live in the Norwich area, just south of her location, and her sister, Kathleen Licata, also works at Westview as a Certified Nursing Assistant. Kathleen earned Westview's March 2022 Employee of the Month award, and Christina's achievement of the September 2022 Employee of the Month award culminates a very successful year for the Licata sisters at Westview.

The wonderfully positive energy that Christina bestows on others is one of many reasons she was selected by her peers and patients for this distinction. Her upbeat outlook has definitely given her accelerated opportunities to integrate with the team at Westview.

"I am amazed and very grateful for receiving this honor for the month of September. Although I've only been at Westview for two years, I feel like I have already connected with my coworkers and our patients on a deep level. We trust, respect, and care for each other like a family. I enjoy every moment here at

Westview!" she said.

David T. Panteleakos, Administrator of Westview Health Care Center, praises the thoughtful way Christina approaches her role as a Housekeeper.

"I am so impressed with how Christina goes above and beyond her responsibilities each and every day," stated Mr. Panteleakos. "In addition to helping us maintain our environment as a Centers for Medicare and Medicaid Services Five-Star rated facility, she brightens the mood of everyone around her. Congratulations to Christina on her well-deserved recognition!"

Westview Health Care Center is a 103-bed inpatient skilled nursing facility, which includes a distinct and self-contained 28-bed sub-acute short term rehabilitation unit and outpatient physical, occupational and speech therapies including: Sports Medicine, Adolescent/Pediatric, Adult, and Aquatic Outpatient Centers, all dedicated to providing outstanding quality health care services. The Dayville, Connecticut facility is consistently ranked among the top nursing facilities in the nation, according to the Centers for Medicare and Medicaid Services as well as U.S. News and World Report, consecutively for the past 14 years.

Annual Harvest & Holly Festival returns Nov. 19

QUINEBAUG — Sponsored by VFW Auxiliary to Thompson Memorial Post 10088, the Harvest & Holly Festival is back this year according to an announcement by Auxiliary President, Virginia Livernoche and Festival Chairman, Anne Chrzanowski.

Scheduled for Saturday, Nov. 19 from 9 a.m. to 2 p.m., the Festival will feature our famous Mix 'n Match Cookies and Bake Sale, Tea Cup Social, Crafts, Theme Baskets, Attic Treasures, Gift Card Tree and much, more.... Join us for a continental breakfast, Chili, kielbasa and hot dogs available for lunch.

The Festival will be held at the VFW Post Home, 654 Quinebaug Rd., Quinebaug, and will benefit Veterans and Community

Programs.

Call to artists and vendors!

WILLIMANTIC — If you are an artist, artisan or maker and would like to be a vendor at our first annual Veterans Day Weekend Encampment, we have openings! The event is Saturday, Nov. 12, 10 a.m.-5 p.m. on Jillson Green in Willimantic. Anything patriotic, military or historically themes will be a huge success. We are looking for vendors who sell things like jewelry, clothing, honey, maple syrup, soap, hand made candles, flags, pottery, holiday decorations, etc. Vendor space is only \$20. If you are inter-

ested in participating, please email info@WindhamChamber.com or visit WindhamChamber.com. For more information, you can call or text 860-423-6389.

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Emmanuel Lutheran Church hosting holiday craft & bake sale

NORTH GROSVENORDALE — A Holiday Craft, Treasures, and Bake Sale will be held Saturday, Nov. 19 from 9 a.m. – 2 p.m. at Emmanuel Lutheran Church, 83 Main St., North Grosvenordale.

Our wonderful local crafters include: Sue's Zoo (Sue Burdick's adorable critters)

Pupcakes by Judy (Judy Chauvette's tasty pup treats, coasters, and ornaments)

Sole Female Jewelry (Sheila Burn's gorgeous pieces)

Jennifer Kuszaj's useful and decorative pottery, and knitted hats and ear warmers

Monica Boudreau's beautiful pottery Keely Macalister's lovely resin jewelry, homemade soaps, and ornaments

Carol Benoit's Celebrating Home merchandise and knitted items

Donna Lynch's quilted pieces, ornaments, and unique gifts

Luncheon will be served from 11 a.m. till 1 p.m.

COATS

continued from page A1

thought they needed a better coat. I just said if I can get the community to rally with me and do this it would be a good thing. I enjoy doing it. I meet new people each year that come out to show their support," said Kempain.

During the event, Kempain and her volunteers were presented with a surprise as Maura Higginson and Paula Hanlen, representatives of Put a Bow On It and organizers of The Putnam Town Wide Yard Sale, presented a check and donations for an additional \$1520 which included both the proceeds from the yard sale registrations and a \$500 donation from Charter Oak Federal Credit Union. That donation brought the final total to \$2,700 raised throughout the day.



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In the Studio



CYNTHIA SAARI

In the Studio features artists from the Quiet Corner-home to many artists and makers, some of whom have national or international recognition for their work in fine art, handcraft, performing art, art education, and graphic art. In this series, we'll talk with our artist neighbors and learn about their careers, current projects, and connections to our towns. We'll also learn some "artspeak" terms in our conversations, demystifying some of those "artist words."

In this interview, we're meeting with Lisa Andrews. Lisa is the gallery director at Silver Circle Gallery in downtown Putnam, a painter, and a mentor for young mothers at TEEG as well as instructor of expressive arts for teens there.

Hello, Lisa, and thank you for taking some time with me. First, I would like to congratulate you on the upcoming show in Northampton, MA featuring some of your work. Please tell us about the show.

My "Cancer on Canvas" compilation of work is going to be exhibited in Northampton, Mass. at the "MicaFest Arts Festival", which is an arts festival celebrating the art of mothers in film, theater, music and visual arts.

The piece included in the show is a portion of my solo exhibit at Silver Circle Gallery in October 2021 called "Cancer on Canvas". The show was my "coming out" of sorts, on the



"Calliope"

other side of cancer. The show included all of the expressive artwork I did while undergoing cancer treatment between 2020 and 2021.

The watercolor here is part of the work which was in your solo show at Silver Circle. What was your response to that show?

Watercolor "Calliope" Following my treatments, which ended in April 2021, I was able to travel to Cape Coral Florida, by myself, in August and I took the opportunity to heal in many ways. Emotionally, spiritually and physically. I painted a series of watercolors celebrating the female body, experimenting with color and random expressive forms. I ended up with 9 watercolors, calling it "My Nine Muses."

What is this photograph about?

This was an installation in my show at Silver Circle Gallery called "Bubbles of Thought."



Bubbles of Thought.

My healing process included journaling. Each day I would do my yoga, then take my chocolate lab Libby out for a walk around the lake where I live. Usually during my walk, something would come to mind, which I would write in my journal. Many times, these thoughts would become a painting.

I wanted to share some excerpts from that journal, and came up with the idea of balloons which held my chemo hats and wigs and copies of my journal writings. It was an emotional piece for me to put up.

Many of your pieces speak to the scenery in New England, and here in the Quiet Corner. Tell us about this piece please.

This piece is what I see every day out the windows of my home on Witches Woods Lake in Woodstock. Four years ago, my husband and I downsized and moved to the lake; I love capturing each season there. Landscapes are inspiring to me and I have painted many from my travels throughout New England. I am currently working on one from a trip to the Saco River in New Hampshire.

You've put together quite a number of shows at Silver Circle. What have been some of the challenges and biggest rewards in doing so?

I am very much enjoying the opportunity to create conversation and opportunities to connect and collaborate among artists in the area. Following Covid, the gallery was silent, so I approached Carly Sage (owner), with the idea of bringing back gallery exhibits. The biggest reward is giving the opportunity to community artists to show their work. I think my biggest accomplishment so far was the "Art for Ukraine" auction where hundreds of works were

donated with 100 percent of the proceeds going to Ukraine. We raised \$17,000 in one day that was transferred into the hands of people who needed it the same day.

The challenges, so far have been few, I love the puzzle of putting the show up. What will go where, what makes sense for the viewer.

As many of our readers know, TEEG (Thompson Ecumenical Empowerment Group, Inc.) is a non-profit group, helping those in need in our greater community. Can you describe what you do there?

I began to work at TEEG this last March as an "Early Childhood Program Coordinator". I am a mentor for young mothers in the "Hand in Hand" program which is part of youth services at TEEG. The work is so rewarding, and I love to say that "I get to work at TEEG." I am also the lead teacher for the playgroup, planning and writing all of the curriculum, which of course has a little of an artistic slant. Beyond that I am starting an expressive arts group for teens and young adults.

What are your thoughts on art as therapeutic?

I feel that keeping connected to the creative process of art making, movement (exercise), written word (spiritually and/or for enjoyment), simple laughter and keeping community connections, can, and in many cases has been proven to, make a difference in healing and wellness in physical and emotional struggles

You mentioned an upcoming project you are working on. What is "Arts Embrace" about?

I have applied for an artist fellowship grant to create an



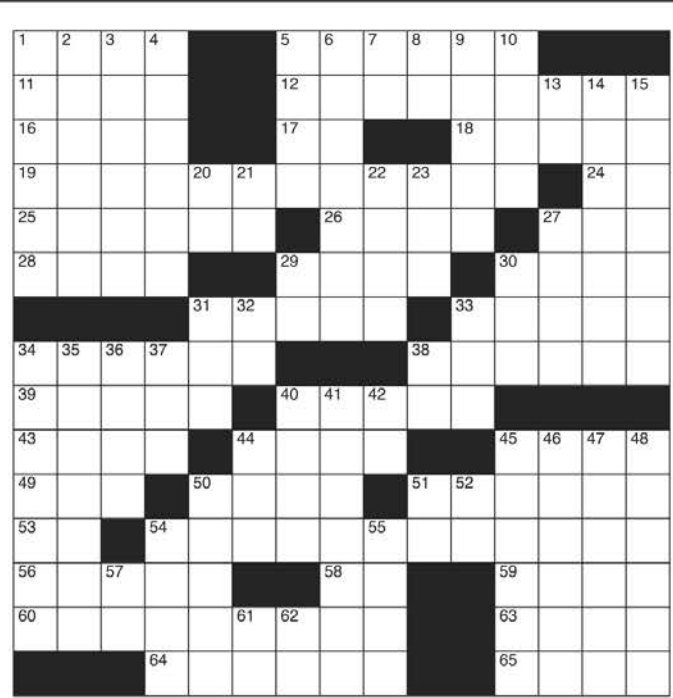
Witches Woods Lake

expressive arts program targeted to oncology patients and their families. Through my own personal practice and experience, and positive and proactive attitude, I have practiced what I am preaching. Visual Arts Expression helps patients and individuals feel more relaxed, it supports pain management and provides valuable coping skills as well as a sense of accomplishment at a time when treatments, symptoms, and side effects seem never ending. Arts expression is a form of relaxation and will decrease feelings of isolation and enhance quality of life for patients. The Expressive Arts therapy program will provide opportunities to paint, draw, write, make jewelry, collages, and other visual media. The Arts program will also provide opportunities for music expression, through active music making, listening paired with mindfulness and relaxation.

Thank you for this interview. I'm going to close here with one more question. What inspires you?

I get excited and inspired by my surroundings and travels. I get bursts of creativity and sometimes can't do anything else until I get it out on canvas or paper. I work initially from my own experiences or photographs but let my intuition and inspiration guide my hand. My style is ever evolving, and ranges from realistic to contemporary and abstract; which is very exciting!

About the writer: Cynthia Saari (Woodstock, CT) is a nationally recognized flame-work glass artist. She has exhibited her work & taught for more than 20 years; her glass beads have been included in numerous publications & invitations. Significant projects include costume work for the Santa Fe Opera, and flamework demonstrator at the Peabody Essex Museum. Cynthia offers talks & workshops in the Quiet Corner; she is an adjunct professor of art at a local college.



CLUES ACROSS

- 1. Clip a small piece
- 5. Enter forcibly
- 11. Southwestern Native American tribe
- 12. Helps you smell better
- 16. Sun or solar disk
- 17. Low frequency
- 18. Former Houston football player
- 19. Federal crime
- 24. Home to Boston (abbr.)
- 25. Approval
- 26. Those who fight an establishment (abbr.)
- 27. ___ student, learns healing
- 28. Indian groomer of horses
- 29. Line where two pieces meet
- 30. One might be brief
- 31. Type of sword
- 33. Knife for fruits or vegetables
- 34. Stinkhorns
- 38. Stroke
- 39. Industrial process for producing ammonia
- 40. Sir ___ Newton
- 43. Wild goat
- 44. Muslim ruler
- 45. Scottish ancestor
- 49. Hat
- 50. Horse mackerel
- 51. Alcoholic accompaniment
- 53. Tech department
- 54. Manifesting approval
- 56. Upper bract of grass
- 58. Of I
- 59. Large wading bird
- 60. Military prisons
- 63. Famed American cartoonist
- 64. Rise
- 65. Greek God of war and courage

CLUES DOWN

- 1. Sewing needles
- 2. Functionary
- 3. Induces vomiting
- 4. The finger farthest from the thumb
- 5. Not moving
- 6. Sports official
- 7. Water purification process (abbr.)
- 8. University of Dayton
- 9. Indo-Malaysian evergreens
- 10. High schoolers' math course
- 13. Yankovic is a weird one
- 14. Adversaries
- 15. Merchandisers
- 20. Radioactive metal (abbr.)
- 21. Atomic #52
- 22. The back
- 23. One-time computer giant
- 27. Female of a horse
- 29. Football's big game (abbr.)
- 30. Vehicle
- 31. Single Lens Reflex
- 32. It's becoming more prevalent
- 33. Political action committee
- 34. Makes lightbulbs
- 35. Natural home of an animal
- 36. In bed
- 37. Superman villain
- 38. The Golden State
- 40. One who leads prayers in a mosque
- 41. They accompany a leader
- 42. Atomic #18
- 44. Electronic countermeasures
- 45. The appearance of something
- 46. Connecting line on a map
- 47. Deep red color
- 48. Secret affairs
- 50. Drenches
- 51. Contains music
- 52. Expression of surprise
- 54. Intestinal pouches
- 55. Where birds are born
- 57. ___ and behold
- 61. Cools your home
- 62. The First State

PUZZLE SOLUTION



BLACK BELTS

Photo Courtesy

Grandmaster Ken Saucier and Senior Master Paula Saucier of the American Martial Arts Center recently held a black belt promotion at American Martial Arts Center in Foster, R.I. On Nov. 4, the following students were promoted: Anthony Detoro 2nd degree, Leslie Williams 2nd degree, Brendan Desrosiers 2nd degree, Ethan Desrosiers 2nd degree and Jillian Benoit 1st degree.

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VILLAGER ALMANAC

At CT Audubon

Bird sightings at the Connecticut Audubon Society Center at Pomfret and Wyndham Land Trust properties for the week of Nov. 1: Bluebird, Raven, Purple Finch, Robin, Mockingbird, Barred Owl, Saw-whet Owl, Great horned Owl, Pheasant, American Kestrel, Turkey Vulture, Pileated Woodpecker, Carolina Wren, Junco. Visit ctaclub.org/pomfret-home.

READING NEWSPAPERS IS A QUEST LIKE NO OTHER

QVCC Foundation fall events raise \$145,000

DANIELSON — The QVCC Foundation is pleased to announce that \$145,000 was raised this fall to support students and programs at Quinebaug Valley Community College. The 30th Annual QVCC Foundation Golf Tournament and Tackle the Trail™, exceeded fundraising goals, thanks in large part to the outstanding generosity of sponsors and record level of participants.

Foundation President Joseph Adiletta shared, “I am honored to lead the QVCC Foundation and want to thank our ‘Village’ of sponsors, volunteers, runners, golfers, partners and all Foundation Members whose amazing support—both monetary and physical—helps us achieve our goals and helps hundreds of students achieve theirs at Quinebaug Valley Community College.”

The Golf Tournament was held at Connecticut National Golf Course on Wednesday, September 21st. To mark the tournament’s milestone 30th anniversary, the event featured several \$5,000 Tournament Sponsors: Brunet

& Company Real Estate and NorthStar Home Loans, Foster Corporation and Putnam Plastics, Gerardi Insurance Services, Jewett City Savings Bank, and Sandhill Investment Management. Thanks to the staff at CT National and the engaging College and Foundation volunteers, a full field of golfers enjoyed a fantastic outing.

Always held the third Saturday in October, Tackle the Trail™ celebrated its ninth year on Oct. 15. Depending on the distance—Marathon, Half Marathon, Relay, or TackleJR, runners from 21 states and 3 countries enjoyed some of the region’s most scenic trail systems including the Connecticut Airline Trail, Wyndham Land Trust and Pomfret Forest properties. \$5,000 Race Sponsor Whitcraft Group continued their commitment to the race and to employee health and wellness, with five teams participating in the marathon relay. The Newell D. Hale Foundation returned for a second year as the \$5,000 TackleJR sponsor, which saw children ages two to 12 running a half mile course starting

at the Farmers Market Pavilion and ending at the official Tackle Finish Line opposite the Hale YMCA Youth and Family Center in Putnam. A true testament to the amazing residents and businesses who call Northeast Connecticut home, 150 volunteers - Foundation members, QVCC faculty and staff, students, alumni, sponsors, service organizations and townspeople- demonstrated once again why Tackle the Trail truly is a “unique race in an amazing place.”

QVCC CEO Dr. Karen Hynick showed her appreciation for the strong community spirit and commitment to support-

ing education for students in the region. “The QVCC Foundation and their membership speak volumes about the culture in Northeast Connecticut—one of service to community and one that truly values the impact higher education can have on their future. Despite being one of the smallest of Connecticut’s public community colleges, QVCC is lucky to have one of the most prosperous foundations in the system.”

For more information on the QVCC Foundation and a complete list of 2022 sponsors, please visit qvcc.edu/foundation and tacklethe-trail.org.



Photo Courtesy

Whitcraft Group Team Members at Tackle the Trail.

Nelson finishes second in International Judo Competition

BY KEN POWERS
SPORTS CORRESPONDENT

PLAINFIELD — Another top-shelf tournament, another podium finish for Top Game Martial Arts.

Gym owner Skyler Cummings and Top Game members Leana Nelson, Ioanni Cobena-Montzolis, and Tayler Cummings traveled to Europe last month to compete in the Tournoi des 5 Continents (The Tournament of 5 Continents), a judo competition held in Toulouse, France, Oct. 7-9.

The 20-year-old Nelson earned a silver medal in the senior 57 kilogram division, finishing the tournament, 3-1, and not losing until the final. Cobena-Montzolis, 19, just

missed the medal round in the senior 73 kilogram division, finishing 3-2. Tayler Cummings, 17, went 1-2 in her Cadet division.

The Tournoi des 5 Continents was Nelson’s second international competition and the first for both Cobena-Montzolis and Tayler Cummings. There were more than 1,000 competitors in the tournament from more than 20 different countries.

The Top Game quartet stayed with host families on the trip, trained with a French judo team, training which included multiple training sessions with Darcel Yandzi, a world championship medalist considered to among the sport’s best instructors.

NDDH administers 15,000 doses of COVID-19 vaccine

BROOKLYN — The Northeast District Department of Health (NDDH), which provides public health services for 12 northeast Connecticut towns, hit a milestone on November 1st at their standing Tuesday vaccination clinic by administering their 15,000th dose of COVID-19 vaccine.

The recipient was Pomfret resident Earl Semmelrock who is also a past board member of NDDH.

“I recently learned that I was eligible for my booster dose, so I came right down to NDDH to receive it,” said Semmelrock. “The process here has always been quick and easy and I feel better knowing that I am better protected against COVID-19 as we head into the holiday season.”

NDDH Public Health Nurse Janine Vose, who delivered the booster shot to Semmelrock, reflected on the NDDH effort.

“I remember the anticipation and excitement of the COVID-19 vaccines first arriving in December of 2020,” recalled Vose. “After a year of battling COVID with prevention strategies like handwashing, social distancing, and wearing masks, we knew this would be the tool to help prevent hospitalizations and deaths from COVID. I was one of the first to be vaccinated and am grateful to have been part of a team that has delivered so many illness-reducing and life-saving vaccinations.”

NDDH worked closely with Day Kimball Healthcare and Generations Family Health Center throughout the pandemic to coordinate vaccination efforts in northeast Connecticut. In addition, they deployed volunteer members of their Medical Reserve Corps (MRC) and partnered with the Quinebaug Valley Senior Citizens Center to hold regular vaccination clinics. They also enhanced further access to vaccination by working with town leaders, schools, and many other community partners to provide mobile vaccination clinics.

“When it comes to vaccinations, our health department has always been seen as a gap-filler; catching those individuals who for any reason have been unable to access vaccination through traditional channels,” explained NDDH Director of Health Sue Starkey. “The pandemic required an extraordinary effort, so our team and MRC stepped up in those early days, and here we are two years and 15,000 doses later, still providing this essential service to our populations. It’s also important to note that we have provided these doses at no charge and have not sought reimbursement for administering the vaccine.”

NDDH holds a standing vaccination clinic every Tuesday from 3 to 6pm at the health department office located at 69 South Main Street in Brooklyn, offering Pfizer, Moderna, and Novavax primary dose vaccines, and the updated bivalent booster doses from Pfizer for ages 5 and older, and Moderna for ages 6 and older.

“There are many respiratory viruses circulating right now so it’s important to get vaccinated,” Vose said. “It will bolster your immune system and

improve your chances to enjoy a healthy holiday season.”

The health department also offers seasonal flu vaccine at no charge for children ages 3 to 18. Adult seasonal flu

vaccine is available to those over age 18 at a cost of \$30, cash only, no insurances accepted.

For more information, visit: <https://www.nddh.org/services/emergen->

[cy-preparedness/covid-19-vaccination/](https://www.nddh.org/services/emergen-cy-preparedness/covid-19-vaccination/) Find COVID-19 vaccines for all ages, including 6 months+ at <https://www.vaccines.gov/>.



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SPORTS

HIGH SCHOOL NOTEBOOK

Woodstock works overtime to Win ECC Girls' Soccer Title

CENTAURS HEAD TO STATE TOURNAMENT ON EIGHT-GAME WINNING STREAK

BY KEN POWERS
SPORTS CORRESPONDENT

Second-seeded Woodstock Academy captured the Eastern Connecticut Conference Division I Girls' Soccer Tournament Championship for the first time since the 2018 season, upsetting top-seeded Stonington High, 3-2 in overtime, on Thursday, Nov. 3 in East Lyme.

Sophomore Leah Costa — who transferred from Stonington High to Woodstock Academy prior to the start of the school year — was credited with the game-winning goal, which was scored two minutes, 34 seconds into overtime. Costa sent the ball in from the left side and it bounced off a Stonington player and directly into the Bears' net.

"It was fitting that it came from Leah's foot," Centaurs' coach Dennis Snelling said after the game to Woodstock Academy sports information director Marc Allard. "We just sent the ball in, sent it toward the goal as much as possible. We've had strange things happen in overtime when everyone is tired and that was the message — get it at the goal. That said, it was still surprising to see it go in."

Senior captain Grace Gelhaus started the scoring for Woodstock Academy (12-4-2), giving the Centaurs a 1-0 lead just 2:14 into the match, scoring off a rebound that Stonington keeper Kelsea Anderson could not corral.

"Grace started the game on another level and kind of played that way the whole game," Snelling told Allard. "It kept Stonington back because it had to stay on Grace."

Maya Terwilliger tied the game, 1-1, for the 16-2 Bears just 84 seconds later, firing a long shot just over the outstretched hand of Woodstock Academy's junior goalkeeper Rebecca Nazer (seven saves). Terwilliger then put Stonington ahead, 2-1, with 1:43 left in the first half, scoring

on a follow off a shot by Lily Loughlean. The Centaurs tied the match, 2-2, with 21:01 left in regulation on a goal by freshman Gabby Brown. Brown's goal set up Costa's overtime heroics.

The win over Stonington was the eighth in a row for the Centaurs who are 9-0-1 in their last 10 matches.

Woodstock Academy advanced to the championship game on the strength of a 1-0 win over third-seeded Bacon Academy on the turf field at the Bentley Athletic Conference on Tuesday, Nov. 1.

After 80 minutes of regulation and 20 minutes of sudden death overtime, the game was decided by penalty kicks. The Centaurs were 5-for-5 on their chances while the Bobcats went 4-for-5. Scoring on a penalty kick for Woodstock Academy were Gelhaus, sophomores Freya Robbie and Macy Rawson, and seniors Lennon Favreau and Maya Orbeago. Orbeago hit the decisive, game-winning penalty kick.

"I was talking to my teammates, we were huddling and they were telling me, 'no pressure,'" Orbeago told Allard. "I just kind of shook it off, took a deep breath, told myself that I was going to be OK, that I just had to put it where I put it when we practiced penalty kicks [on Monday, Oct. 31]."

Orbeago shot at the right corner and it found the back of the net.

"It was such a relief. I can't express what it felt like when everyone started running at me," Orbeago said. "It was a rush of excitement, a rush of adrenaline — there's no better feeling."

Woodstock Academy (seeded No. 11) opened play in the 28-team Connecticut Class L Girls' Soccer Tournament on Tuesday, Nov. 8 (after press time), when it hosted No. 22 seed Windsor (6-5-3) in a first-round game on the turf field at the Bentley Athletic Complex.

Football

Woodstock Academy used a strong beginning and an even stronger finish



Photo Courtesy

The Woodstock Academy girls' soccer team, the 2022 Eastern Connecticut Conference Division I Girls' Soccer Tournament Champions, were all smiles after defeating Stonington High, 3-2, in overtime, on Thursday, Nov. 3.

to defeat Fitch High, 38-22, on Saturday, Nov. 5, at the Bentley Athletic Complex. Prior to the game the team honored its 18 upperclassmen with a Senior Day ceremony.

On the strength of touchdown runs by junior Seamus McDermott (3 yards) and senior Carter Saracina (13 yards), and a 25-yard field goal by junior Henry Wotton, the Centaurs jumped out to a 17-0 first half lead.

The Falcons (4-4 overall, 1-1 in Eastern Connecticut Conference play) then scored 22 consecutive points, which enabled them to take a five-point lead, 22-17.

Woodstock Academy (4-3, 1-1) reclaimed the lead in the third quarter, 25-22, on a 1-yard quarterback sneak by junior Teddy Richardson and the two-point conversion which followed the score. The key play in the drive was a 25-yard pass from Richardson (9-for-19, 141 yards) to junior Lucas Theriaque which preceded Richardson's scoring plunge.

The Centaurs increased their lead to 38-22 on a pair of fourth-quarter touchdowns.

Senior defensive lineman Marcus

McGregor scored his second career touchdown on the first play of the fourth quarter, blocking a Fitch punt in the end zone and then catching the ball. That score was followed by a 26-yard TD toss from Richardson to Saracina. Saracina finished the game with 55 yards rushing, 53 yards receiving and 26 yards passing.

The victory was Woodstock Academy's first over an ECC Division I football opponent since a 21-18 win over Norwich Free Academy on Oct. 31, 2009. It was also the Centaurs' first home win this season.

Boys' Cross Country

Woodstock Academy sophomore Christian Menounos finished 22nd at the Connecticut State Open Cross Country Championships, held Friday, Nov. 4, in Manchester. By doing so he is now eligible to compete in the New England Regional Cross Country Championships, which will be held Saturday, Nov. 12 at Ponaganset High School in Foster, R.I. Menounos, who covered the Wickham Park course in 16 minutes, 42 seconds, is the first Centaurs' runner to qualify for the New England meet since Kevin Graham did so in 2004.

Dreibholz, Rief post monstrous numbers for winning Killingly football

BY KEN POWERS
SPORTS CORRESPONDENT

KILLINGLY — Senior quarterback Tom Dreibholz and junior running back Soren Rief both added another chapter in their seasons to remember in the Killingly High football team's 56-7 hammering of Waterford High on Friday, Nov. 4 at Morgan Field.

The 6-foot-3, 180-pound Dreibholz completed all five passes that he threw, three going for touchdowns, while gaining a season-high 208 yards. The 5-11, 195-pound Rief, a battering ram of a rusher if ever there was one, gained 149 yards on 14 carries and scored five touchdowns.

Through eight games Dreibholz has completed 72 percent of his passes (43-for-60) for 1,193 yards and 21 touchdowns. During that same time frame Rief has powered his way to 1,334 yards on 122 carries and scored 19 rushing touchdowns.

Killingly (7-1) scored on all six of its first-half offensive possessions — three in each quarter — and led, 42-0, at halftime.

Rief, who has scored five touch-

downs in back-to-back game, started a three touchdowns in four plays showcase — in just 2:44 — of Killingly's offensive diversity, crashing into the end zone from a yard out to put his team ahead for good, 6-0, with 4:22 left in the opening period. Dreibholz then made it 7-0, when he successfully booted the first of his eight extra points in the game.

On its next offensive play Killingly went ahead, 14-0, Dreibholz finding senior wide receiver Ben Jax (2 catches, 78 yards, TD) wide open in the middle of the field for a 52-yard score. Two plays later Rief was back in the land of six thanks to a 43-yard run right down the middle of the field. With 1:38 left in the first quarter, Killingly led, 21-0.

In the second quarter Rief scored on a 26-yard run, which was sandwiched in between a pair of scoring strikes from Dreibholz to senior wide receiver Noah Colangelo (2 catches, 116 yards, 2 TDs). The first TD toss covered 67 yards, the second 49 yards.

The game was over at halftime but Rief stayed in the game long enough in the third quarter to push the Killingly lead to 56-0, scoring on runs of 15 and 7 yards.

The entire second half of the game was played with a running clock, which was only stopped for scores, injuries and timeouts.

"We just had big play after big play, from a lot of different people," Killingly coach Chad Neal said. "We're playing well in all three phases of the game again and that's good to see, but we can't rest on our

laurels."

For the fifth time in eight games Killingly won the turnover battle, creating four and committing just one. For the season Killingly is a plus-10 in the turnover game.

"We stress turnovers and we practice turnovers with our kids," Neal said. "The second and third guy in on a tackle, they know they've got to go for the ball. I think creating turnovers is a game changer. Against Windham we committed three turnovers, they didn't commit any. That's three more possessions they had that we gave them. We caused turnovers last night."

One of those turnovers came on one of the two outside kicks Killingly ran in the first quarter. Dreibholz, who authored the outside kick, recovered the ball.

"We saw something on film we thought we could take advantage of," Neal said. "Our kids know we have a number of outside kicks in the playbook and it's something that we're not afraid to take a shot with. I think it puts a lot of pressure on teams because how much do you really practice your return and outside kicks?"

"Our defense is very good, and because it is even if we don't come up with the ball, the other team is only getting the ball around its 40-yard line," Neal continued. "It's another thing for our opponent to worry about. I think it helps with our kickoff coverage because now, if we do kick it deep, our opponent's front line is so focused on an outside kick they're forgetting their blocking assignments."

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Iozzi scores, MacCracken perfect in net for Golden Eagles vs. Wilcox Tech



Photos Jason McKay

Ellis Tech's Tori Iozzi sprints down the field attempting to outrun the Wilcox Tech's defense.

BY KEN POWERS
SPORTS CORRESPONDENT

DANIELSON — There's a good chance that folks who came to Ellis Tech's Connecticut Technical Conference (CTC) Girls' Soccer Tournament semifinal-round game with Wilcox Tech on Thursday, Nov. 3, to see junior Tori Iozzi, the Golden Eagles' prolific goal-scorer, left talking about the Ellis Tech goalkeeper, junior Julie MacCracken.

After Iozzi scored to put the Golden Eagles ahead, 1-0, on a penalty kick with nine minutes, eight seconds remaining in the first half, MacCracken made it stand up, shutting down and shutting out Wilcox Tech with an inspiring 13-save performance.

With the 1-0 win Ellis Tech advanced to the CTC tournament final where it lost to Windham Tech, 3-0, on Saturday, Nov. 5, at Cheney Tech in Manchester.

Despite the loss to Windham Tech, the Golden Eagles' season was not over. Ellis Tech (12-5-1) advanced to the Connecticut Class S Girls' Soccer Tournament, where they grabbed the No. 5 seed.

After a first-round bye the Golden Eagles hosted the winner of the first-round game between Parish Hill (the No. 12 seed) and Tourtellotte (the No. 21 seed) in a second-round game at 2 p.m., Thursday, Nov. 10. Parish Hill and Tourtellotte played Tuesday, Nov. 8, after press time.

After the victory over Wilcox Tech Molly Panteleakos, the Golden Eagles' first-year head

coach, praised the work in net turned in by MacCracken.

"Julie MacCracken has been our silent leader all season. She has made some incredible saves, but her decision-making on when to come out and when to stay in goal is what separates her from other goalies," Panteleakos said. "When she decides to come out for a ball she does so with such aggressiveness and determination that she wins the majority of those 50/50 balls."

"Julie has a unique ability to study the field, players and plays as they unfold," Panteleakos continued, "and then she makes split-second decisions that end up being incredible saves."

MacCracken made five saves in the first half and eight in the second half.

"It's good to be busy back there, especially early in the game," MacCracken said. "Every save, every potential shot I can stop before they actually get a chance to take the shot, boosts my confidence. So, I like to be busy, but not too busy."

Iozzi was thrilled for MacCracken that she had such a dominant performance.

"Julie was so good back there; she was jumping up and grabbing balls out of the air," Iozzi said. "She has really stepped up her game since freshman year. She's improved so much. I'm so proud of her."

Hailey Keefe, a center back and backup goalie for Ellis Tech, made a pair of game-saving plays.

"Hailey came up huge in the

last few minutes," Panteleakos said. "A shot had beaten Julie and gone towards the upper right-hand corner of the goal, and Hailey was smartly positioned there and headed it out. She saved the ball from going in, and saved the game for us."

Panteleakos quickly pointed to Iozzi to take the shot after Ellis Tech was awarded the penalty kick.

"Tori is a scoring machine. She is one of those players who thrive on high-stakes situations," Panteleakos said. "I knew she was going to make the PK; I could see the determination in her eyes after they called the handball in the box."

The goal on the penalty kick was the third in as many chances this season for Iozzi, Ellis Tech's all-time leading goal scorer (75 goals, including a school-record 50 this season). The Golden Eagles' girls' soccer program was started in 2020.

"I don't look at the goalie before I take the shot; I don't want to psych myself out. I just stare at the ball, decide where I'm going to go, and wait for the ref to tell me to shoot," said Iozzi, who struggled all game with leg cramps, coming out twice in the second half to receive treatment. "The Wilcox goalie, she dove and tried to get a hand on my PK, but I was able to place it under her hand and between her and the post."

Iozzi was slowed somewhat in the first half; the result of being spiked in the ankle as she was fighting for possession of the ball with three Wilcox defenders. Iozzi was dou-



Brianna Larrow of Ellis Tech fights with the defense to gain some traction on the field.



Ellis Tech's Jenna Simas gets under the ball for a header while the defense looks on.

ble-teamed the entire game, and often faced triple teams as well.

"That's a regular occurrence. It's OK. I know they're going to do that," Iozzi said of all the extra attention. "I just know I have to be stronger; physically stronger and mentally stronger."

Iozzi was thrilled with the win and the team's first-ever

trip to the CTC final, but she believes the Golden Eagles can play better.

"I don't think we played up to our potential," Iozzi said. "We seemed to be unorganized as far as where we were lined up on the field, and our passes were not as crisp and clean as they usually are. I think we'll be more organized going forward."

Fitch exacts revenge on Centaurs in ECC Division 1 Tournament

BY KEN POWERS
SPORTS CORRESPONDENT

WOODSTOCK — Halloween was all ghouls and goblins, all tricks and no treats for the Woodstock Academy girls' volleyball team.

Despite having defeated Fitch High of Groton — the Centaurs' Eastern Connecticut Conference (ECC) Division I Girls' Volleyball Tournament opponent — twice during the regular season, fourth-seeded Woodstock Academy was no match for the high-flying, fifth-seeded Falcons, losing the quarterfinal round match, 3-1, on Monday, Oct. 31, at Alumni Field House.

Set scores of the match were 22-25, 21-25, 25-23, and 17-25. Fitch (12-9) advanced to play top-seeded Griswold in the semifinal round. Previously this season Woodstock defeated the Falcons, 3-0, at home on Wednesday, Sept. 28, and 3-1 in Groton on Monday, Oct. 17.

"I think it is kind of a wakeup call when a team that you defeated twice, you let come into your house and be as dominant as they were," Woodstock Academy coach Adam Bottone said. "It should be a wakeup call that we cannot be complacent. I always emphasize that no matter whom we play because we are not consistent. We need to be disciplined from the get-go."

Woodstock Academy (12-9) trailed for much of the first set before a late rally, finished off by a Morgan Bonin kill and a Mia Sorrentino block cut the Falcons' lead to a single point, 23-22. A Centaurs' service error allowed the Falcons to serve with set point on the line and they made the most of it, middle hitter Katie Tuohy (11 kills) slamming home a hard

spike to seal the 25-22 victory.

"We're not a super-strong blocking team and we know that. I was trying to get the girls to just front their dominant hitters (Tuohy and Annalyn Cahill)," Bottone said. "I didn't care about blocking anyone else, but when they were on the front row, they were the ones we had to watch out for. We did that some of the time and got some touches, but when we didn't dedicate to them, they swung away."

A strong service run by Cassidy Ladd helped the Centaurs jump out to a 7-2 lead in the second set, but the Falcons fought their way back into the set and took the lead for good, 15-14. Cahill (16 kills) closed out the second set with a pair of kills and a 25-21 set win and a 2-0 lead in the match.

Woodstock Academy trailed for much of the third set but rallied to tie things up at 23-23, compliments of a Reagan Reynolds kill. Centaurs' senior Leila MacKinnon then finished off the comeback, serving up an ace for a 24-23 lead. Fitch was unable to return MacKinnon's next serve and Woodstock had held off elimination, 25-23.

Service errors would be the Centaurs' downfall, however, in the fourth set and the match. Four in the final set all came at key moments and the Falcons took advantage of all of them to jump out to a commanding lead and win the set, 25-17, and the match, 3-1.

"It's going to be tough to win when you have 19 service errors," Bottone said. "Our passing out of receive was pretty consistent with what we've been doing all season, but it wasn't good enough because we were struggling to terminate the ball. When that happens,



Photos Jason McKay

Woodstock Academy's Reagan Reynolds tosses up the first serve of the game versus Fitch.

we have to do the other parts of our game better."

Liliana Bottone had 14 kills and 13 digs, Sophie Gronska had 27 assists and Bonin finished with seven kills and five digs.

"We're going to be working on serving and receiving a lot," Bottone said regarding the week between the Fitch loss and the Centaurs' opening round game of the Connecticut Class



Liliana Bottone of Woodstock Academy sets the ball up for one of her teammates to spike it.

L Volleyball Tournament. "And then some more serving and receiving, and then a little more serving and receiving. Then we'll work on a little bit of hitting to get them to get the ball in a little more consistently."

Woodstock Academy (12-9), the No. 12 seed in the Connecticut Class L Girls' Volleyball Tournament, hosted Brookfield (9-11), the No. 21 seed, on Tuesday, Nov. 8 at the Alumni Field House, after press time.

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A time to thank those who serve us

We would like to begin this Editorial by sharing words of gratitude to our veterans. Thank you for your valor, your sacrifices and your courage to defend our rights and to keep us safe. With that said, we thought we would share some history behind how Veterans Day came to be.

The Great War was officially over when the Treaty of Versailles was signed in June of 1919, in France. Actual fighting ended seven months earlier between Germany and Allied nations, on the eleventh hour of the eleventh day of the eleventh month. Since then, Nov. 11, 1918 is known as ‘the war to end all wars.’

In 1919, President Wilson proclaimed Nov. 11 as the first commemoration of Armistice Day. Wilson stated, “To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country’s service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations.”

In June of 1926, Congress officially recognized the end of WWI, passing a resolution. Part of that resolution stated, “Whereas it is fitting that the recurring anniversary of this date should be commemorated with thanksgiving and prayer and exercises designed to perpetuate peace through good will and mutual understanding between nations; and Whereas the legislatures of twenty-seven of our States have already declared Nov. 11 to be a legal holiday: Therefore be it Resolved by the Senate (the House of Representatives concurring), that the President of the United States is requested to issue a proclamation calling upon the officials to display the flag of the United States on all Government buildings on Nov. 11 and inviting the people of the United States to observe the day in schools and churches, or other suitable places, with appropriate ceremonies of friendly relations with all other peoples.”

In 1938, Nov. 11 became a legal holiday to celebrate all veterans in WWI and WWII. Armistice was replaced with Veterans. In 1954, Veteran’s Day would honor all veterans in all wars.



LETTERS POLICY

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Please include your place of residence and phone number for verification, not publication. Letters must be received by noon on Tuesdays.

Letter submission policy

Letters to the Editor must include the author’s name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author’s name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

OPINION

Opinion and commentary from the Quiet Corner

LETTERS TO THE EDITOR

What is next?

To the Editor:
 Now that the midterms are behind us, we can go back to the status quo of retreating behind our walls and hurling insults at one another. Now, that sure sounds like fun.

Or perhaps, instead of simply arguing with each other over every little thing, we can flip the script. Rather than constantly complain, why don’t we take time to stop and smell the roses?

As the crisp autumn leaves fall to the ground, making way for a snowy Christmas, I can’t help but think about the little holiday at the end of November that seems to be overlooked

So ask yourself, dear reader, “what am I thankful for today?”
 Respectfully,

SETH BUDD
 EASTFORD

Remembering and thanking our veterans

To the Editor:
 Veterans Day is here. However, every day should be a day for us to remember not only those who over the years and generations have served our country, but those who are doing so right now. This is no more poignant than as America is still engaged in military actions and has men and women in uniform stationed around the world in places familiar and unfamiliar, friendly and unfriendly, near and far.

Our veterans and soldiers may not ask for recognition. We may know little about what they have done and are doing as we focus on our own busy lives. But, such does not diminish the gratitude we owe them. We may agree or disagree with military policies and actions, but we all agree that we must continue to support the men and women in uniform who voluntarily stand on sentry (there is no mandatory draft, after all) to protect us from those who continuously intend us harm – 9/11 and the ongoing security threats not being forgotten.

Think about how precious our liberty is and how many people elsewhere do not have it. We are free to vote in elections, as evidenced by the elections just held in towns in our communities. Think about how often we take for granted the rights outlined in the Declaration of Independence, the Bill

of Rights, and the Constitution (with its amendments). As world history and even U.S. history have shown – and current world events still remind us every day – such freedoms do not exist by themselves. They require people to defend them at all times. Until there is a day that we can truly and realistically beat all swords into plowshares, then our country must make both swords and plowshares. We must invest smartly in our military, and we must think wisely and carefully before we put Americans in harm’s way. Veterans Day is more than just a sole reminder of our fellow Americans in the armed forces. It is also a reminder that a civil society is neither civil nor a society if there are only some rights for some people some of the time or if some rights for some people are under threat or being diminished. We all must do our part to keep strong our rights and liberties for all American citizens all of the time.

Veterans Day reminds us that there is never-ending, hard work to keep secure and free our ways of life. Men and women in uniform, ready to defend us, are always needed. We, who have been given this liberty and safety, must always cherish it.

For our veterans – thank you.
 JEFFREY A. GORDON
 WOODSTOCK

Facts have no home in Trump’s Republican party

To the Editor:
 In response to Ed DeLuca’s obtuse suggestion that I am a know-it-all and should go to other countries to help them out of the worldwide inflationary problem (Nov. 4 Killingly Villager), I hope he keeps calling Speaker Pelosi and Democratic women names like “ole’ [sic] Nanny” and keeps writing his letters to you. His letters illustrate the vapidness of the Trump cult better than any response I could offer.

Republicans like to keep harping about our lost “energy independence” now that President Biden is President, and how things were so wonderful when Donald Trump was President. Wendy Fusco repeats these Republican lies in the Nov. 4 Killingly Villager. A simple check of the data provided by the U.S. Energy Information Agency reveals that the U.S. exported more petroleum and petroleum products than it imported in 2021, the last full year for which data is available. We also export roughly ten times as much natural gas as we import. That would appear to qualify as “energy independence,” contrary to Fox News talking points. By GOP logic, our farmers should stop exporting surplus grain because doing so means we don’t have food independence.

Facts have no home in the current Trump GOP. A little thing like the truth is no stumbling block when Republicans open their mouths. For example, their assignment of blame for higher gasoline prices may be a good political strategy but it’s also dishonest.

I know Republicans count on voters having no patience for nuance, so they use scapegoats

A nation of nincompoops

To the Editor:
 In the winter of 1981, I worked in a health food store on Whitney Avenue in New Haven. I was penniless having sold all my worldly goods to hike the Appalachian Trail by myself the summer before. When I returned in the fall I lived in a “cooperative household” with some friends where the rent was cheap, and I could get my feet back on the ground. There was a long-haired creepy guy with a Messiah complex who never wore shoes – not even in the February snow – who frequented the store. Of course, I was a friendly cashier ever ready to welcome the stranger even if he was a weirdo. He would proselytize and I would nod and smile as I did with the impeccably dressed Jehovah’s Witness boys who would show up on the doorstep every spring. “Live and Let Live” is a motto worth living by whether you are sober or not.

One day a well-dressed customer, clearly middle-class and health conscious invited me to her house for a party. She and her husband lived in a nice old house close to Yale. It was a rather posh neighborhood. When I arrived, there was a handful of other young people mingling in the living room. While we chatted, who should come sauntering out of the back room but the barefoot weirdo who thought he was Jesus Christ incarnate.

It didn’t take me long to realize I was being groomed by a cult leader. Red lights and sirens were blaring from my gut. As soon as everyone gathered in a circle of pillows and sat cross-

and fear to motivate the electorate. President Biden arguably had a role in increasing gasoline and heating fuel prices earlier this year when he assembled a coalition of Western nations to resist Russian aggression in democratic Ukraine. He also took action that unquestionably decreased prices by releasing millions of barrels from the strategic oil reserve. Other than that, there is little any president could do to influence the price in the worldwide market. OPEC’s recent move to reduce production did not affect production in the U.S. but will raise the price that U.S. producers get for crude oil. That, in turn, raises the prices you pay for gasoline, diesel, heating oil, and almost everything else, including food.

U.S. oil companies are raking in huge profits while consumers suffer. Exxon Mobil reported its highest quarterly profit ever, \$19.7 billion, Shell \$9.5 billion, and Chevron \$11.2 billion, its second highest quarter ever. Do you think oil producers and suppliers would ever pass up a chance to rape consumers and instead act patriotically in a national time of need? If you do, I’ve got a bridge to sell you.

Mr. DeLuca and others have called for bipartisanship by those we elect to represent us in Washington. That would be a good thing. But it will be impossible to achieve with one party denying elections and repeating crazy conspiracy “theories.” Do you think you could negotiate with someone accusing you of killing children and drinking their blood?

BILLY G. TAYLOR
 KILLINGLY

legged, with adoring eyes on the would-be Jesus, I slipped out the door and bicycled back to Fair Haven on the slippery dark streets.

The early 1980’s in a college town were riddled with leftover cults from the ‘60’s and ‘70’s. Orange-robed Hari-Krishnas delighted us with their tambourines and vegetarian meals at every nuclear protest; The Moonies sold carnations on every street corner; Jesus Freaks preached from make-shift soapboxes blaring out the epoxy lips end of the world through microphones. There were more than a few Hallmark T.V. specials about nice middle-class girls who had to be “rescued” from cult brain washing and mind control. I’m sure my own parents wondered about me when I began to practice Yoga. It was a heady and confusing time at the cusp of the American paradigm shift.

I may have appeared to be an easy mark for religious charlatans because of my high voice and friendly affect, but having come from a working-class, rural family, I recognized a fool when I saw one. To this day I hear my white-haired mother click her tongue over some foolishness claiming, “What the hell’s the matter with those people!”

And that is exactly what I thought when I saw Trump, the divider in chief on a very brief newsclip back in September. He was at a republican rally in Wilkes Barre, Pa., proudly wearing a big old silver Q pin on his lapel.

Seeing clearly

When the exit numbers on Interstate 395 were changed a few years ago, I didn’t pay attention, and recently was confused when I turned off at Thompson Hill on our way home from Boston. I chalked it up to a lack of practice, as recently, we’ve cut down the number of trips we make. Driving in the early darkness, I nearly missed the exit. This time, I knew I couldn’t blame the marker numbers. The real reason was that I couldn’t see as well as I once did. It was time to do something about my eyesight, especially at night.

I’ve used the terms sight, eyesight and vision interchangeably, and I am wrong.

Eyesight is a physical term related to how our eyes work. Mine have served me well for ages, with many assists from glasses. I tried contact lenses, but failed. Glasses provided the fun of a fashion statement, give myself a prop to chew on or twist when I talk. I’ve spent hours searching for my glasses, replacing them and cleaning them. Behind a certain pair of glasses, I’ve always believed one could look cooler, smarter and more mysterious.

Vision has more to do with the mental processing of what one actually sees. It is about understanding and thought, both qualities we could use a bit more of right now. I shriek when a company tells me they have a “visioning platform,” but I leap like a trout to a fly when I hear of a vision to save the world, or orchestrate a stress free Thanksgiving.

I made an appointment with my ophthalmologist, who helped me sort through what was best for me. He and his staff set up the process that would rid me of cataracts. I had to do was follow directions, turn up at the hospital when I was scheduled and all would go well.

The day of my surgery dawned bright, clear and unseasonably warm. I briefly considered heading for a walk on distant beach. After a series of cheery in-take interviews to make sure I was who I claimed to be, I was placed on a stretcher and arranged in a short line with others waiting my turn.

The area adjacent to the operating room was abuzz with activity, choreographed like a ballet. Nurses came and went, pushing patients in and out. Anesthesiologists, true wizards administering the magic of painless twilight, chatted warmly with each of us. I watched a woman change the plastic bags that held the used linen from the stretchers. Every move she made was precise and professional. No job was more or less important than any other. It was fun to watch.

Soon, my mind began to drift, of course. I thought of the poet, John Milton, who became blind in mid-life: “When I consider how my light is spent, E’re half my days, in this dark world and wide...”

I was sure I wasn’t going blind; quite the opposite. Cataract operations are part of stemming the tide of aging and diminishment. I knew an old horse, once, that had one eye completely white and useless. I had a close friend whom many of us drove to parties and book clubs when her eyesight failed. I recalled an old novel, “The Light That Failed,” by Rudyard Kipling that I’d loved once. And so I drifted...

In a short time, I was on my way home, blurry and hungry, but ready for a routine of drops, drops, drops in my eyes. Certainly, at least for some time to come, I will see my exits clearly.



NANCY WEISS

LETTERS TO THE EDITOR

Biden's lies are mounting

To the Editor:

An issue that's been mentioned here is that the number of lies that Donald Trump's told should not be compared to those told by President Biden. After the 8.7 percent rate increase to Social Security was announced, the Biden White House Tweeted that Social Security beneficiaries are getting their biggest increase in their monthly Social Security checks in 10 years "through President Biden's leadership." Now, that's a lie, and that Tweet was later deleted. Oddly enough, the New York Times is keeping track of Biden's lies. The Times reported that Biden claimed that in September, the average price of gasoline was \$2.99 per gallon when it was actually \$3.99, another lie. He also said that when Donald Trump left office, the average price was \$5 per gallon, and that's yet another lie. So now add three more lies to Biden's mounting count, and I don't care if you've told three lies, or if you've told 30,000 — you're still a liar, and numbers don't make two wrongs a right.

The only comment I'll make about Mr. Cassettari's last letter concerns something he said in his very last paragraph. I'm going to give him credit because in the past, and now, he's shown to have an open mind. Maybe I'm wrong, but may I assume that his question has something to do with Nanny Pelosi? Donald Trump offered the protection of the National Guard on Jan. 6, but Pelosi declined. It's been said that she declined - knowing that violence could result - so that yet another one of her witch hunts against Donald Trump would be the result.

Now to Brian Loffredo. First off, thanks for giving me some credit in my last letter; however, I can't recall ever saying that the election was stolen and don't we all "cherry pick" to make a point? You said: "This nation is lucky to have a fine statesman again steering policy." Okay, but if you're part of that 40 percent of Americans who "approve" of President Biden, you are among the minority, because 54 percent of them "disapprove." My cherry picked source for those numbers did not come from Fox News, they came from CNN Politics "Poll of

Polls." Yes, that game show host was far from perfect, but I wish we had his economy today. Folks can look to the Fed all they want, but what good have their rate increases done so far? Inflation is still at record high levels and the Fed is no fan of the markets. Yes, it's not going to take overnight, but a top Morgan Stanley economist said: "The Fed could let the slowdown last up to three years to bring inflation down." Markets Insider reported that (according to Bank of America) "The Federal Reserve faces the difficult task of cooling down a searing-hot labor market, and aggressive rate hikes will ultimately tip the US economy into a deeper recession than what Europe will likely see." Maybe these are mere predictions but that doesn't sound good.

I'd like to add some news about Paul Pelosi's attacker. Last week it was mentioned that a «right-wing extremist» attacked him, however a report hinted that because the attacker had a black lives matter sign, and a LGBTQ rainbow flag in a home where he lived has suggested otherwise. Independent journalist Michael Shellenberger reported that David DePape "appears to be a left wing radical" after investigating his home in San Francisco, despite claims from Democrat politicians that the suspect is a Trump supporter. Yes, there are two sides to every story, and I doubt we'll ever learn all the facts about that incident. Also, DePape was in this country illegally (from Canada) because his visa expired, and the attack on Mr. Pelosi is just one of the many examples of how illegals have hurt the American people. Nanny Pelosi, in a new interview, said the attack on her husband will affect the decision she makes of whether to retire from Congress should Democrats lose control of the House in Tuesday's midterm elections.

When this letter sees publication, we hopefully will know all the results of Tuesday's elections. Some of us won't like the results, and I'm sure there will be forthcoming opinions about it, but whatever the results are - we're all going to have to live with it.

ED DELUCA

NORTH GROSVENORDALE

A generation which ignores history has no past and no future

To the Editor:

We must remember the importance of Veterans Day and those who have served our country in the military throughout history. We must remember those who have fought for our freedoms. We are one nation and as such we should all be working toward the same goals. We have done this in the past and need to do it again.

We seem to be a divided country. Folks, it's not just red and blue. Remember, our flag and the white stars shining brightly on us all, the people of faith, allegiance and courage. Today is not much unlike the early 1960's. We were divided then as well. We ended up in Vietnam. We had a draft then, so not all who went were volunteers. Some even fought our system and were discharged as undesirables. An honorary discharge was not easily earned.

Alarming to me today is how little our youth know about our past history. Vietnam taught us many things, lessons the government in Washington should have paid more attention to for it has made the same mistakes in Iraq and Afghanistan.

As a combat trained police officer, the Air Force ordered me to Japan not long after World War II ended to guard bases and flight lines aircraft. Some of the C130 cargo group carrier planes often returned from overnight missions with mud or bullet holes on their fuselages. We had heard rumors of trouble in Vietnam. My next assignment was to assist the South Vietnamese soldiers and help them stop the Communist aggression which loomed on the horizon. Our purpose was to prevent this aggression from spreading into China, Formosa, Burma, Thailand, and the Philippines, the Domino Effect. I still remember going to work at night wondering if I would live to see the sunrise again. I'm a much wiser man today with a much changed perspective on life.

When my time there was over, I flew home via Hawaii and California on a civilian Trans World Triple Tail Constellation on a 21 hour flight in air conditioned comfort. At Travis Air Force base we deplaned in single file into a secure building for a twelve hour debriefing. This is where I learned that I had never been in a country called Vietnam and was ordered by a superior officer to never speak of this place again. Military police officers held secret FBI security clearances so I was well aware of the consequences of disclosure. This gag order has always

haunted me...this is when I became part of the "No Thanks" veterans returned from Vietnam.

Years later, I wrote to the center where military records were stored in the archives in St. Louis asking for a copy of my Vietnam service. The reply was a form letter stating that my records had been stored in the area that suffered the most damage in the fire of July 12, 1973, and were destroyed.

Recriminations aside, Vietnam was the most painful chapter in our country's most recent history. So much has changed...for instance, the draft was abolished in 1973. Today, we have an all volunteer force that is the envy of the world. The growth and rebirth of the US military has been remarkable. What's next? Let's start by telling the truth not lies. The first truth is that we Vietnam veterans did not lose the war; our politicians lost it. Secondly, we must bring history and civics back into classrooms as our youth are our most important asset. The lack of civics in our schools is undermining our representative democracy. It's been said by many that we cannot remake our country, but we can learn from our past. Robert Heinlein added to this by saying, "A generation which ignores history has no past and no future."

The most important issue today is that we must keep our goods and services from being outsourced. Outsourcing has not worked well and could work against us if we don't bring manufacturing back home. "Made in the USA" was once the sign of a quality product.

We need to recalibrate our military intelligence. After the attack on Pearl Harbor that forced us into WWII, we came together, turning on a dime. We made weapons, tanks, and the craft enabling us to become the victors. We had the means and the know how and citizens were willing to do whatever was necessary. We rationed and sacrificed and made it work. We accomplished the impossible because we had the means to do so. We were one nation under God, indivisible.

For 247 years, the American soldier has fought the various battles necessary to defending our freedom. I am most proud to have had a small part in all this. If at the end of my life, I can have it said of me, "that he served his country with honor," I need no other reward than that.

G. TOD STEVENSON
WOODSTOCK



FINANCIAL
FOCUS
.....
JIM ZAHANSKY
INVESTMENT
ADVISER

If you're a small business owner, chances are you've been feeling the pinch of the volatile markets, rising interest rates and labor shortages that have occurred in the last couple of years. If you're feeling like your business is on the brink of folding, you're not alone - but you also don't have to be among those that ultimately fail. In many cases, poor cash-flow management is one of the main reasons businesses fail in general, and even more so in the context of current times. With that being said, it's important to recognize when your business is about to face a cash flow crisis so you can act fast to correct it.

Here are five tell-tale signs that you may be headed for a cash flow crisis:

1. Fast growth

Although growth is good, if you're growing too fast you may not be able to keep up with the demands and costs on a day-to-day basis. Suppliers won't be nice when they can't get their money and customers or clients won't be happy when you can't deliver. In this case you'll need to look at ways to get more working capital so that you can purchase the increased inventory or hire the additional staff you'll need to keep up with your growth and keep solidly

on the path to success.

2. Bank balances

If you do run out of capital it won't be long before you see your bank balances dipping, maybe even into the red which is obviously a huge red flag that your cash flow is in trouble. Even if you're still making a profit, that doesn't mean you're out of the woods. You need a steady supply of payables to make sure things stay balanced, as operational costs such as salaries, suppliers, rent, equipment, and other items may eat the money that comes in. It's the simple things such as a late paying customer that can throw everything off. Consider ways you may be able to build at least some guaranteed recurring income into your business so that you have greater ability to plan well for cash flow.

3. Missed payment discounts

Tracking the number of days it takes to pay your suppliers can help you keep track of money in, and money out. Meeting early payment discounts can help you stay profitable. If you see payment days starting to come sooner rather than at a normal pace, it may be a sign that you are lacking the cash needed to support business operations.

4. Slow collections

If you sell to other businesses, you already know that the gap between pay-

ing and getting paid is a huge issue in cash flow. So it's important to track collections and stay on top of your customers, as non-paying customers can put you in the poor house sooner rather than later. If it's getting difficult to collect on your account, this will hinder your ability to pay outstanding bills. To avoid that, have a workflow in place that will ensure prompt billing, collect all payments when due, ensure the documentation needed for payment is in place at the beginning of the process, and trigger prompt and proactive follow up when invoices become overdue.

5. Excessive short-term debt

Being prudent in short-term finance options can help you when you need cash. On the flip side, if used the wrong way, it could quickly become a problem. Your business can easily get caught up in paying fees and incurring debt that you cannot handle. Having a financial advisor that can look at your operations and properly advise you is the first step in protecting your business and getting things under control.

Go through your operational revenues to identify any disbursements, when revenues can be collected and develop a workable forecast to determine future cash streams. As your conditions change, this will help to main-

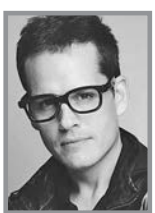
tain a realistic idea of where you are.

Go BackAdd Post

If you'd like guidance building an overall strategic financial plan for the betterment of your business as well as your own personal finances, contact us at Weiss, Hale & Zahansky Strategic Wealth Advisors. We partner with business owners to help achieve their goals, from formulating a growth strategy to developing an exit strategy for business succession. Learn more at our website at whzwealth.com, or contact us at (860) 928-2341 or info@whzwealth.com.

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Five signs your business may experience a cash flow crisis



POSITIVELY
SPEAKING

TOBY
MOORE

If I were to walk down the street and ask each person what they were afraid of, they would most

likely say, "nothing."

What is fear? One definition is to be afraid of someone or something likely to be dangerous,

painful, or threatening.

When we think of fearful situations, we may think of something dangerous like a war, painful like

losing a loved one, or threatening like being face-to-face with a serial killer.

How many people would consider following your dreams dangerous, painful, or threatening?

Some dreams are dangerous and can result in death; think of Martin Luther King or Amelia Earhart. Other dreams are not so dangerous but may instill similar amounts of fear.

Is fear a bad thing? Fear is an emotion that can help protect us. It's like a warning that cautions

us to be careful. It makes you alert to danger and prepares you to deal with it. Imagine if you

weren't afraid of touching a hot flame, falling down the stairs, or walking off the edge of a cliff.

Fear can cause indecision, which in turn causes doubt, and when all three begin to mix, a person can become paralyzed. When overcome by fear, it can cause a person to stop moving forward, overcome with worry. Worry is a subtle sus-

tained fear that little by little, destroys your reasoning, self-confidence, and initiative.

What are the different types of fear? What symptoms do they cause? What, if anything, is the remedy?

There are many types of fear. Some fears are rational, others are instinctual, and others are irrational; they tend not to make logical sense and vary significantly from person to person.

Rational and primal fears serve a useful purpose. What about irrational fear? They might also be helpful, but irrational fear is the type of fear that could also be holding you back from your dreams and doing what you want to do with your life. Irrational fear can cause one to live in a

false reality, not be present, and influence one to make unhealthy decisions.

On the face of it, none of these fears sound irrational, but how they can make you behave can be irrational and detrimental.

Fear of poverty: It can be good if it makes you work hard or not waste money. Often this can

cause someone to behave irrationally, like being dishonest in business and taking advantage of

others.

Fear of Criticism: If you're afraid of criticism, you may be more self-conscious, unable to express your true personality, and generally feel inferior to those around you. This fear is a significant impediment to following your dreams. What's more rational? Living your life purpose

or being so afraid of what oth-

What is fear?

OBITUARIES

Dale Cannon MacQueen

Dale Cannon MacQueen passed away in the arms of her loving husband Tom on October 26, 2022 at their home in Woodstock, CT.



Dale was born on March 11, 1951, in Jersey City, NJ, the eldest of four girls, and spent her early years in New Jersey and Pennsylvania. Her family moved to Darien, CT when Dale was in high school and she graduated from Darien High School in 1969. She went on to graduate from the University of Connecticut (UConn), earning both her bachelor's and master's degrees.

While studying at UConn, Dale met fellow student Tom MacQueen during an ultimate frisbee match. They became best friends and married on October 11, 1980 next to a pond in the woods near their home in Ashford, CT, with family and friends in attendance.

Dale and Tom bought their first house on Quasset Lake, in Woodstock, where they have resided since 1983. Seeing the lake and the surrounding foliage and wildlife from their house and porch overlooking the water brought Dale much pleasure throughout her life. Their daughter, Kyle Linn MacQueen, was born in the spring of 1985.

Dale spent the first years of her career as a dietician at Day Kimball Hospital in Putnam, CT. She later made a career change as an educator and became an instructor at Data General Corporation, one of the first minicomputer firms of the late '60s. Dale later acquired her teaching certification

and held long-term teaching assignments at Woodstock Middle School and Woodstock Academy. The flexibility of these roles allowed her to attend all of Kyle's sporting events throughout middle and high school; she loved watching and cheering for her daughter. Before retiring in 2016, Dale spent the last 15 years of her career as a Tutor at The Rectory School, a private boarding school, in Pomfret, CT, where she also helped coach the Cross Country and Track and Field teams. Dale was devoted to her students from around the world, and made many lasting friendships with her students and their families.

Dale enjoyed reading (especially mysteries), playing guitar, gardening, and was a huge animal lover, always enjoying the company of dogs and cats in her home throughout her life. She especially relished vacations with Tom in Mexico, as well as visiting family in California, Pennsylvania (where she had fond memories of childhood camp), North Carolina, and New Hampshire.

She was preceded in death by her parents Linn and Joe Cannon.

She was beloved and is survived by her husband, Tom MacQueen, her daughter Kyle Feldman (William), grandson Landon, her three sisters: Page Cannon (Jeanne North), Hope Brown (Doug), and Lisa Nelson (Mark), and also three nephews and many cousins.

A memorial celebration of life will be held at a later date. Gagnon and Costello is handling arrangements. In lieu of flowers or gifts, the family requests that memorial contributions in Dale's honor may be directed to the Environmental Defense Fund.

Jason Lowe, 44

Jason Lowe, 44, ended his battle with brain cancer 10/21/22. Born in Newport, RI, he was the son of the late Kenneth Lowe and Lori (Lowe) Waterman and stepson to Steve Waterman; grandson to Larry and Judy Morgan and the late Beatrice DaPonte.



Jason is survived by 4 daughters; Jade, Megan, Lizz and Cathi, 2 grands: Vivian and Lucas, 1 awesome brother Josh and wife Brittany and 1 awesome sister Sherry. He is also survived by aunts, uncles

and cousins from the DaPonte family in Newport, RI and the Waterman family in CT, 8 nieces and 1 nephew as well as many, many friends from New England and TN.

Jason leaves behind his very special

girlfriend Beth, with whom he was able to share love and happiness, despite his illness. They shared many experiences, outings, movie nights and feeding his tremendous appetite!

Jason thrived on providing happiness in the service industry. He spent many years bartending. He held a special talent for flair bartending, not to mention his bar mgmt. skills.

The Smoky Mtns were truly the home he loved; kayaking, drumming, hiking, motorcycle riding, singing and playing guitar, gardening and spending time with family and friends. He loved all types of music and was one with nature.

He will forever be in our hearts and deeply missed. We previously celebrated Jason's life in Woodstock CT for family and friends. We will hold another celebration on Nov 20th at Seymour Grille, Seymour TN at 3pm for his TN family.

Edna J. Granger, 93

PLAINFIELD - Edna J. Granger, 93, formerly of Danielson, CT passed away October 31, 2022 at Villa Maria Nursing Home. She was born August 22, 1929 in Danielson, CT, daughter of the late Nelson and Antoinette (Dupont) Milliard.



Edna grew up in Danielson, attended St. James School and then Killingly High School, graduating in 1947. Edna met the love of her life, Norman Granger, while waitressing at Zips Diner. They married on February 18, 1950 and spent 52 happy years together while raising three children. Shortly after the birth of their last child, Norm built them a beautiful little home on a hill in Danielson where they lived for over 40 years. Edna worked for several local companies and retired from Lydall Manufacturing in 1988, where her last position was personnel manager. Upon her retirement, she and Norm enjoyed travelling, especially to Florida, and when back in Danielson loved spending time with their children and grandchildren. After Norm passed away, she and her best friend, the late Louise Gingras, enjoyed many trips with the Plainfield Senior Citizens. Edna loved to dance and when she could no longer enjoy it in her later years, enjoyed reading, playing bingo and scratching endless numbers of lottery tickets. She was also

an avid UCONN Women's basketball fan. Edna has now rejoined her beloved Norman and is most likely enjoying a glass of wine as they dance together to the sounds of Tony Bennett.

In addition to her husband, Edna was predeceased by her son Robert; four brothers - Lucien, Robert, Norman and Eugene Milliard and one sister - Pauline Buteau. She was also predeceased by her son-in-law, John Warren.

She is survived by a son and daughter-in-law, Richard and Susan Granger of Niwot, CO; a daughter, Debra Granger of Eastford, CT; a daughter-in-law Cassandra O'Connor of Dayville; four grandchildren - Gillian Granger and her husband Scott, Erica Bryant and her husband Maverick, James Granger and his wife Magda and Scott Granger and his fiancé Sarah Schweitzer; two great grandchildren - Brooklynn Bryant and Zoey Granger; two step grandchildren - Michael Warren and Suzanne Johnson; and two step great grandchildren - Hannah and Thomas Johnson. She is also survived by a special nephew, Gary Buteau and his family as well as several other nephews.

There are no calling hours. A mass to celebrate Edna's life will be held at St. James Catholic Church, 12 Franklin Street, Danielson on Saturday November 12, 2022 at 11am. Burial will be private. In Lieu of flowers, donations can be made to a charity of the donor's choice. Share a memory at www.gagnonandcostellofh.com

Robert E. Reddy, 96

Putnam - Robert E. Reddy, 96, passed away in his home on October 1, 2022. He is happily reunited with his wife Theresa and their sons, Patrick, Kevin, and Shawn.

Bob was born and raised in Reading, PA to the late William and Margaret (Elbert) in 1926. Upon graduating from St. Peter's High School, Bob entered the Merchant Marines at the age of 17, travelling the world on medical supply ships as a Transportation Manager & Purser during World War II.

Bob met and fell in love with Theresa Horan in 1946 and married that same year on Thanksgiving Day. After starting their family, they moved to Connecticut where he had a successful career with Hofmann Industries of PA for 45 years.

Bob enjoyed vacationing with his wife, especially to Ireland and NYC where they first met. He kept his sense of humor and gift of storytelling to the very end of his 96 years.

Bob's greatest joy was his time with Theresa, sharing a cup of tea, listening to their favorite music, and enjoying one another's company.

Throughout his life, Bob was a devout Catholic, offering his time and effort to multiple charitable causes and spiritual endeavors. He was a member of St. Mary's in Putnam.

Bob was a Putnam Lion, an Elk, and an active member of the Putnam Finance Board for many years.

In addition to his parents, wife and sons, Bob was predeceased by his brothers, William and Richard and sister Margaret.

He leaves behind three daughters: Roberta of Brooklyn, Maureen Landry, (David) of Putnam and Theresa of MA, as well as many nieces, nephews, grandchildren, and great grandchildren.

The family would like to extend a thank you to DKH Homemakers, the office of Dr. Botta and Dr. Candow and his personal caregivers.

A Mass of Christian Burial will be held on Saturday, November 19, 2022, at Noon in St. Mary's Church of the Visitation, 218 Providence St., Putnam, CT.

In lieu of flowers, please consider a donation to St. Mary's Church, 218 Providence Street, Putnam, CT 06260 or the Alzheimer's Association, <https://www.alz.org/research>.

Funeral arrangements have been entrusted to the Gilman Funeral Home & Crematory, 104 Church St., Putnam, CT 06260. For memorial guestbook please visit www.GilmanAndValade.com.

Give the gift of preserving the garden's harvest

Give a gift that helps your favorite gardeners enjoy the flavors of their garden well past the end of the growing season. Both new and experienced gardeners often spend their gardening budget on plants and seeds, leaving little or none to invest in food preservation equipment and supplies. Prepare your favorite gardener for the next harvest season with some food preservation supplies and equipment.



GARDEN MOMENTS
.....
MELINDA MYERS

allows them to dry lots of herbs in a very small footprint. The drying system you purchase or create should provide the needed space for the harvest and allow sufficient air circulation for fast drying.

Herbs with high moisture content like basil, oregano, lemon balm and mints will mold if not dried quickly. If this has been a problem in the past, try placing a small bunch in a paper bag with holes in the side and stems outside the bag. Hang these from a drying rack or speed up the process by using a microwave or food dehydrator.

Many gardeners grow onions, garlic, and potatoes for long-term storage. All three of these vegetables prefer cool, dark storage locations with good air circulation. Separate potatoes from onions that give off pungent gases that can taint the potatoes' flavor. Avoid plastic bags that retain moisture and can shorten these vegetables storage life. Breathable potato and onion storage baskets have been used by gardeners for centuries. Boost the style and space savings with the Stackable Bamboo Harvest Storage Basket with Lid. Just stack as needed and place on the rolling base for easy storage and accessibility.

Help your gift recipient turn their harvest into something delicious.

Fermentation is a relatively easy preservation technique that has been used for thousands of years. Preserve some of your cucumbers as pickles, cabbage as sauerkraut, and berries as preserves with fermentation.

For most projects you just need the fruit or vegetables, water, salt, and spices. The desired ingredients are placed in a covered vessel like a Stoneware Pickling Crock. Weights are used to keep the fruit and vegetables submerged in water throughout the fermentation process.

Consider smaller fermentation kits for those with limited space. A three-liter glass jar with an air-lock lid and ceramic weights will allow you to ferment small quantities of vegetables.

Reduce the workload and boost the enjoyment for those making tomato juice, sauces, and soups. Hand crank and electric tomato presses, strainers and sauce makers allow gardeners to separate the skins and seeds from the tomato meat for quicker and easier processing.

Giving a gift that helps preserve flavors from the recipient's garden will be useful and remembered for seasons to come.

Melinda Myers is the author of more than 20 gardening books, including *Small Space Gardening* and *Midwest Gardener's Handbook, 2nd Edition*. She hosts *The Great Courses "How to Grow Anything"*



Courtesy — Gardener's Supply Company

Tomato press and sauce makers turn garden-ripe tomatoes into a seed-free, skin-free sauce with the turn of a handle.

DVD series and the *Melinda's Garden Moment* TV & radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by Gardener's Supply for her expertise to write this article. Her Web site is www.MelindaMyers.com.

DUFRESNE

continued from page A8

Q for QAnon, that is, the biggest weirdo collecting cult in America run by an imprisoned insurrectionist who dressed up as a satanic goat critter at the Capitol on Jan. 6. Of course, the megalomaniac narcissist Trump would be enthralled with QAnon because of their belief that Trump will save the nation from a satanic cult of child sex traffickers run by Democrats.

What's really scary is that I know people who teeter on the edge of Christian nationalism who actually believe this

stuff. Let's just say they are not from my side of the family which was too busy scratching out a living to get sucked into a Mega cult.

Rather than behaving in a presidential manner and dismissing the fringiest of social media zeitgeist, Trump's response was "Yeah Baby! "Is that supposed to be a bad thing?" "If I can help save the world from problems, I'm willing to do it."

Why is this fool still at the podium when he should be locked up in solitary confinement for life! Treason, lies, corruption, and a heavy lean toward totalitarianism and fas-


cism (not to mention mega racism) are only the tip of the iceberg for the boatload of reasons why Donald J. Trump should never be allowed to run for office. But the biggest reason of all is his embracing of a dangerous cult that believes "The Storm is Coming," and that the storm refers to Trump's final victory when he will regain power and his opponents will be tried and potentially executed on live television.


If that doesn't scare the bejesus out of us, then we truly are a nation of nincompoops.


DONNA DUFRESNE
POMFRET


Gilman & Valade 100th Anniversary
Funeral Homes and Crematory

"Living Up to a Tradition Started 100 Years Ago"
~ Bob Fournier


Alexander & Senora Gilman


Eva & Leonard Gilman


Lawrence & Arlene Bellesse


Robert & Adrienne Fournier

1919 2019

"A century of dedication, compassion and guidance."

Gilman Funeral Home and Crematory
104 Church Street, Putnam, CT 06260 • 860-928-7723 • GilmanAndValade.com

ACT celebrates 20 years of performing arts education with Gala and Open House

WILLIMANTIC — EASTCONN's Arts at the Capitol Theater (ACT) magnet high school is excited to host a Gala and Open House on Thursday, Nov. 17 from 6-8 p.m. to celebrate 20 years of performing arts education.

The event will feature student work and live performances from ACT's arts and academic areas. Light refreshments will be provided. No RSVP is necessary to attend.

"We are excited to be celebrating 20 years of ACT," said ACT Principal Sarah Mallory. "The school has grown from a half-day arts program to a full day integrated model that's committed to a dual curriculum in arts and academics. We are a tiny but mighty school, offering professional quality arts programming to an area of the state that has limited arts resources and access. It has been a pleasure to be part of something this special, and I look forward to seeing what the next 20 years of ACT will bring."

Housed in Willimantic's historic Capitol Theater, ACT enrolls students from eastern Connecticut in its NEASC-accredited, interdisciplinary and arts-infused academic pro-

gram. Students in grades 9-12 study with certified academic teachers and professional artists in a small, arts-focused learning community. Each grade is about 35 students, making ACT an intimate, focused, artistic learning environment.

ACT students select a pathway from among seven arts disciplines that include Acting, Creative Writing, Dance, Integrated Arts & Management, Media Arts, Music and Technical Theater (sets, lighting and costuming).

"EASTCONN is thrilled to be celebrating ACT's 20th Magnet Anniversary," said Diane Dugas, Director of K-12 and Leading & Learning at EASTCONN. "ACT is an inspiring learning community that has provided a rich blend of creativity, connectedness, performance and passion for learning through the arts for 20 years. It has been a gift both regionally and personally for all who have ever attended, been involved with, or experienced ACT. On behalf of EASTCONN we are proud of the lasting legacy of difference ACT leadership, staff, students and families are contributing to the future."

EASTCONN, which administers



Photo Courtesy

ACT students performing on Main Street in Willimantic.

ACT, is a public, non-profit Regional Educational Service Center that has been serving the education needs of

northeastern Connecticut's schools and communities since 1980. Learn more at www.eastconn.org.

SCORE of Eastern Connecticut presents two-part Webinar series on QuickBooks

REGION — SCORE Eastern CT (<https://easternct.score.org/>, formerly SCORE Southeastern CT), Mentors to America's Small Businesses, presents, will offer a free two-part webinar series for small business owners on QuickBooks, presented by Intuit ProAdvisor Elizabeth Santaus. Attend one or both sessions. Pre-registration is required (after registering, you will receive confirmation emails with information on

how to join the webinars).

Part 1: "Managing Your Business Finances with QuickBooks" – Wednesday, Nov. 30, 10 – 11:30 a.m. ET

If you have turned to QuickBooks™ for help as a new user, and find you need help setting up the program, this webinar is for you. It will explain the Chart of Accounts and its critical importance in the correct use of QuickBooks. There will be time for Q&A on any QuickBooks questions you

have.

Part 2: "Choosing the Right QuickBooks: The Basics of Setting Up Your QuickBooks Company" – Thursday, Dec. 1, 10 – 11:30 a.m. ET

In this follow-up webinar, we will compare features of QuickBooks Desktop versus QuickBooks Online. We'll set up a QuickBooks Desktop company from scratch, reviewing the setup preferences and decisions along the way. If time permits, we will also view preferences for

a QuickBooks Online company to help those users understand their options as well. There will be time for Q&A. Attendees are asked to have QuickBooks loaded on their computers.

Workshop presenter Elizabeth Santaus has more than 28 years of experience in the financial accounting software and bookkeeping industry. With previous experience consulting and as CFO for three sister companies in Branford, Elizabeth knows how to help

businesses prosper and grow. She has consulted, trained, and provided bookkeeping services for more than 300 small businesses in Connecticut and New York since launching Dressler Santaus LLC in 2006.

About SCORE

SCORE® is a nonprofit association that offers free and confidential advice on starting your own business or improving and growing your existing small business. Since 1964, SCORE has helped more than 11 million current and aspiring entrepreneurs. Each year, SCORE's 10,000 volunteer business experts provide hundreds of thousands of free small business mentoring sessions, workshops, and educational services to clients in 300 chapters nationwide. In 2020/2021, SCORE helped people start 45,000 businesses, creating 74,500 additional non-owner jobs. All 40+ counselors in Eastern Connecticut are volunteers, receive no compensation, and are working or retired business owners, executives, and managers. With 50+ workshops/webinars and special events each year, and advances in remote mentoring tools, SCORE ECT helps small businesses across Southeastern and Northeastern Connecticut. For more information on upcoming free workshops and how to schedule a free small business mentoring session with our counselors, visit <https://easternct.score.org/>.

Rotary Interact Club joins Salvation Army kettle campaign for 25th year

PUTNAM — On Saturday, Nov. 19, the Putnam Rotary Interact Club will be kicking off their 25th year as organizers for the Putnam Salvation Army Office kettle campaign. The kickoff will be held in front of the Putnam Municipal Building at 10:30 a.m. Our guest speaker will be Debbie White, Salvation Army Service Extension Coordinator. The public is welcome.

Since 1997, when the Interact club was chartered, students from local schools stood by the red kettles and rang the bell for our local salvation army. The original organizers and advisors to the Interact Club were Pam Brown, Barbara Schiere, Paul Desautels, Bill McCloud and Dena Baskin. At that time there were kettles located at K-Mart, Stop & Shop, Price Chopper,

Walmart and Putnam Supermarket. A friendly competition between schools began with Putnam High School, Putnam Middle School, Tourtelotte High School, Woodstock Academy, Marianapolis, Killingly High School, St. Mary's School, St. Joseph's School, Ashford School and Putnam Science Academy. Rotarian Karen Osbrey an Interact advisor, designed the Ding a Ling Trophy award for the student with the most bell ringing hours. This trophy has been passed down from winner to winner over the years. The most recent winner was Abby Smith from Woodstock Academy.

From December 1997 to December 2021 the Interact club has helped raise over \$233,200 for Putnam's Salvation Army

Office. Kathi Peterson, director of the Putnam office, explained that the money received in our kettles is used for the needy in Northeast CT for Utilities, Rent and Fuel Oil. The kettle fund also supports our local food bank. Recently there have been other groups to assist the Interact club in this endeavor, Boy Scout troop 21 and 25, Creation Church, and the Rotaract Club.

Look for our kettles at the Putnam Stop & Shop, Putnam Price Chopper, Putnam Walmart and Putnam Supermarket. A tap payment devise is on our sign for easy donations. The Interact Club is excited to celebrate 25 years of bell ringing and looks forward to another successful year.

LEGALS

TOWN OF THOMPSON ZONING BOARD OF APPEALS LEGAL NOTICE

The Thompson Zoning Board of Appeals will hold a Public Hearing on Monday, November 14, 2022, at 7:00 PM in the Merrill Seney Community Room in the Thompson Town Hall, 815 Riverside Drive, North Grosvenordale, CT, and via Zoom to hear the following application:

ZBA Application 22-01 Mark P. LaMontagne, property owner of 458 Fabyan Rd, Map 19, Block 85, Lot 161, Zone RRAD, request a 12-foot side set back variance to construct a 30.4 foot x 22.4 foot detached garage. Public Hearing continued from October 12, 2022.

File may be reviewed online, Town of Thompson website, Zoning Board of Appeals, or in the Zoning Office.

Respectfully submitted,
Kevin Beno, Chairman
November 4, 2022
November 11, 2022

TOWN OF THOMPSON ZONING BOARD OF APPEALS LEGAL NOTICE

The Thompson Planning and Zoning Commission will hold Special Meeting for a Public Hearing on Thursday, November 17, 2022, at 7:00 PM at the Thompson Library, 934 Riverside Drive, North Grosvenordale, CT, Room 2 and via Zoom.

PZC #22-34 Application of Town of Thompson Planning and Zoning Commission, 815 Riverside Drive, Annual Update to Town of Thompson Zoning Regulations for 2022.

Proposed amendments may be reviewed in the Director of Planning Office

or Zoning Office.

Respectfully submitted,
Joseph Parodi-Brown, Chairman
November 4, 2022
November 11, 2022

Town of Eastford Connecticut Inland Wetlands and Watercourses Commission Notice of Decision

On October 27, 2022, the Inland Wetlands and Watercourses Commission made the following decisions:

• **File # 22-011 David Buchholz, 55 Lake Drive, Eastford, CT. Repair stone wall at water's edge. APPROVED UNANIMOUSLY.**

• **File # 22-012 Robert Davis, Northerly side of Center Pike, Eastford, CT. Construction of new single-family dwelling with septic system, well and driveway. APPROVED UNANIMOUSLY.**

• **File # 22-009 Previously approved file # 22-009 amended to include the construction of a deck. APPROVED UNANIMOUSLY.**

Details can be found in the minutes filed at the Town Clerk's Office, Town Office Building, 16 Westford Road, Eastford, CT.

Dated at Eastford this 1st day of November 2022.

Susan Welshman
Recording Secretary
November 11, 2022

STATE OF CONNECTICUT
COURT OF PROBATE
NORTHEAST REGIONAL
CHILDREN'S PROBATE
Court District NO.PD59

TEMPORARY CUSTODY/ REMOVAL OF GUARDIAN NOTICE TO JOSHUA ADAMS

whose last known address is unknown to the court.

Pursuant to an order of Hon. Carolanne Rowe, Judge, a hearing will be held at Northeast Regional Children's Probate Court, 508 Pomfret Street, P.O. Box 471, Putnam, CT 06226 on December 1, 2022 at 9:00 AM on a petition for Temporary Guardian concerning a certain minor child born on September 12, 2020. The court's decision will affect your interest, if any, as in the petition on file more fully appears.

RIGHT TO COUNSEL: If the above-named person wishes to have an attorney, but is unable to pay for one, the court will provide an attorney upon proof of inability to pay. Any such request should be made immediately by contacting the court office where the hearing is to be held.

By order of the court
Mona Fournier, Clerk
November 11, 2022

NOTICE TO CREDITORS

ESTATE OF Anthony J. Bettencourt, Jr. (22-00257) The Hon. Leah Pollard Schad, Judge of the Court of Probate, District of Northeast Probate Court, by decree dated June 17, 2022, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk
The fiduciary is:
Brenda J. Fontanella,

203 Mason Road, Brooklyn, CT 06234
c/o IAN TYLER SULLIVAN, ST. ONGE & BROUILLARD, 50 ROUTE 171, WOODSTOCK, CT 06281
860-928-0481
November 11, 2022

NOTICE TO CREDITORS

ESTATE OF Lawrence E. Hayter (22-00297) The Hon. Leah Pollard Schad, Judge of the Court of Probate, District of Northeast Probate Court, by decree dated July 28, 2022, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk
The fiduciary is:
Margaret E. Hayter,
239 Hillside Ave., Nutley, NJ 07110
November 11, 2022

NOTICE TO CREDITORS

ESTATE OF Charles F. Williamson (22-00426) The Hon. Leah Pollard Schad, Judge of the Court of Probate, District of Northeast Probate Court, by decree dated October 24, 2022, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Elyssa A. Foley, Clerk
The fiduciary is:
Sabrina Aubin, 1 Burnside Avenue,
Thompson, CT 06277
November 11, 2022



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¹Subject to availability, on a total purchase of 3 or more. To qualify for discount offer, initial contact for an appointment must be made and documented on or before 11/25/22 with the purchase then occurring on or before 12/5/22. ²No payments and deferred interest for 12 months available from third-party lenders to well qualified buyers on approved credit only. No Finance Charges will be assessed if promo balance is paid in full in 12 months. Products are marketed, sold and installed (but not manufactured) by Renewal by Andersen retailers, which are independently owned and operated under CT HIC.0634555, MA 173245, RI 36079. Southern New England Windows, LLC, d/b/a Renewal by Andersen of Southern New England. Southern New England Windows LLC is the authorized representative of Renewal by Andersen and the registered Home Improvement Contractor. Renewal by Andersen does not hold this HIC number. All residents of islands including but not limited to Martha's Vineyard will be subject to an island surcharge. See complete information and entity identification at www.rbaguidelines.com. ©2022 Andersen Corporation. ©2022 Lead Surge LLC. All rights reserved. *See limited warranty for details at <https://www.renewalbyandersen.com/homeowner-help/warranty>.

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*Bacon makes pumpkin pie
even better*

Pumpkin pie is a fall favorite, but it's also a perfect pie to serve throughout the holiday season.

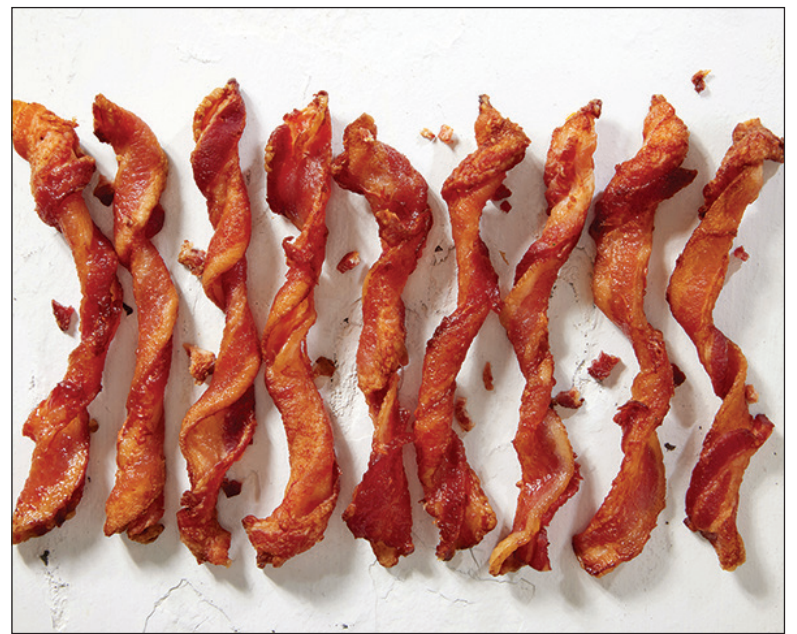
There are many different pumpkin pie recipes, even though it's difficult to improve on pumpkin pie which is known for its creamy consistency and warm spices. But pumpkin pie can be even more delicious with the addition of an extra-special ingredient: bacon.

This recipe for "Joe's Incredible Bacon Pumpkin Pie," courtesy of Royal Bacon Society and Allrecipes, uses maple-cured bacon as well as tangy cream cheese to increase the appeal of pumpkin pie. This may be one slice of pie that is hard to put down.

**Joe's Incredible Bacon
Pumpkin Pie**

Serves 12

- 12 cup cubed fresh pumpkin
- 1 1/2 cups cream cheese, softened
- 1 cup packed brown sugar
- 3 eggs
- 1 teaspoon vanilla extract
- 1 cup half-and-half
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground ginger
- 1/2 teaspoon ground allspice
- 1/2 teaspoon ground cloves
- 2 (10-inch) prepared gra-



ham cracker pie crusts
16 slices maple-cured
bacon

1. Preheat oven to 425 F.
2. Bring a small pot of salted water to a boil; add the pumpkin and cook until soft enough to easily pierce with a fork, about 10 minutes. Drain.
3. Mash the cooked pumpkin with a potato masher in your favorite large bowl. Mix the cream cheese and brown sugar with the mashed pumpkin. Whisk in the eggs one at a time. Add the vanilla, half-and-

half, cinnamon, ginger, allspice and cloves; stir until you have a thin batter. The batter should be slightly thinner than pancake batter. Pour the batter into the pie crusts.

4. Place the bacon in a large skillet over medium heat until evenly brown. Trim soft, fatty bits from strips. Press seven pieces of bacon into the batter of each pie with a fork.

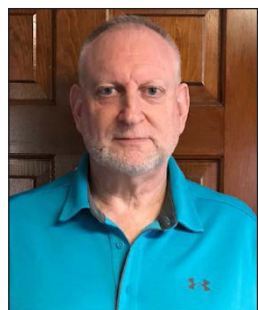
5. Bake the pies in the preheated oven for 15 minutes. Decrease the heat to 375 F. Top each pie with two pieces of cooked bacon and bake.

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SIDEWALKS

continued from page A1

in the hopes of being granted another LOTSIP or something equivalent. We'll revitalize and pave Main Street and it's all part of the bigger plan for sure."

The sidewalks are not the only

major project ongoing in the town of Thompson. Also on Route 12 is the intersection with Blain Road which is currently in the planning stage for reconfiguration. The town also continues to work towards the planned renovation for River Mill into 300 market rate apartments.



Photo Jason Bleau

The Route 12 sidewalk project in Thompson is nearing completion as the first of many planned upgrades in the center of town.



**Celebrate
the Season**

with the
Northeast Connecticut Community Orchestra
and Vivaldi



Torelli Bach
Rowley Corelli



On **Friday, November 18** at 7 p.m.

at the Church of Jesus Christ of Latter-day Saints, in Ashford

525 Ashford Center Rd. (Rte 44), Ashford, Connecticut, between the Hole in the Wall Camp and the Ashford Dairy Bar
Ample Parking



and on **Sunday, November 20** at 2 p.m., we're happy to be returning to
Clark Chapel, Pomfret School

Rt. 169, Pomfret, Connecticut

Admission Free • Donations Welcome • Masks Required



MOORE

continued from page A9

of mind?

The Fear of Loss of Love: Most of us lose love at least once. Don't let this fear cause you to

be jealous, find fault, overcompensate, and block you from finding new and lasting love.

Fear is a double-edged sword. Sometimes it's healthy; sometimes, it's unhealthy. Just like

anything, fear might be best in moderation.

If you suspect your fears are irrational and causing you to make harmful decisions, you may

need the help of a mental health professional. Don't be afraid to find help if you need it.

Are you letting fear control your life? I encourage you to let go of the fears that are holding you

back and start living the life you always wanted.



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