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Friday, June 9, 2023

Local schools bid farewell to graduating classes



Courtesy

The Uxbridge High School Class of 2023 graduated on June 3.

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

REGION — High schools across the region have recently celebrated students with graduation ceremonies for the Class

of 2023. Uxbridge High School held its ceremony on June 3.

“We hope the memory of [Uxbridge High School] Turn To **GRADUATION** page **A10**

(Right) The Sutton High School Class of 2023, which graduated on June 1.



Courtesy

UHS students earn ‘Seal of Biliteracy’ award

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

UXBRIDGE — Seven high school students have recently earned the Seal of Biliteracy, an award recognizing those who’ve attained proficiency in speaking, reading, and writing in two or more languages by the time they reach high school graduation.

This year, seniors Lily Brayman, Julie Compston, Sophie Compston, Samantha Hinchcliffe, Isabella Turn To **AWARD** page **A10**

(Right) The Blackstone Valley Tech Class of 2023 Commencement Ceremony concluded with cheers and applause for the graduates as they tossed their caps into the air.

UPTON — The Blackstone Valley Tech Class of 2023 Commencement Ceremony was held at The Hanover Theatre & Conservatory for the Performing Arts, Worcester, on May 25. The Turn To **BVT** page **A10**



Courtesy

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Man arrested after traffic stop

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

NORTHBRIDGE — A Worcester man has been arrested on various charges following a recent traffic stop in town.

“Based on the presence of packaged narcotic, presence of an illegal firearm, and a large amount of cash, [Officer Kaitlyn Laflash] believed that the possession of the narcotic was for distribution,” the Northbridge Police Department released.

The motor vehicle stop was conducted on May 27 at approximately 7:30 p.m. on Providence Road, according to police, due to the vehicle having a revoked registration for no insurance.

Francisco Vasquez, 25, of Worcester was operating the vehicle, police said, and Officer Laflash

“notified the operator that the vehicle [was] going to be towed.”

Vanderzicht Towing was requested to the scene, according to reports. Officer Tyler Mitchell and Officer Brian Carroll responded to assist with the “motor vehicle inventory prior to being towed,” police released.

“The operator did inform Officer Laflash that he had a bag of marijuana on his person,” Northbridge Police released in a statement. “Officer Mitchell and Officer Carroll removed Mr. Vasquez from the vehicle and he was informed that officers would be completing an inventory of his car prior to being towed.”

During inventory, Officer Laflash located “a single blue pill in a sandwich bag” in the driver’s side

door. Police said a Smith and Wesson SD9 VE “loaded with a 16 round magazine and 15 rounds inserted in the magazine was located in the trunk in such a manner that the driver could have accessed it.”

“Both were seized for evidence,” police said. “It was learned through the investigation that Mr. Vasquez does not have a License to Carry a Large Capacity Firearm.”

Subsequently, Vasquez was placed under arrest and handcuffed by Officer Mitchell and Officer Carroll. Reports indicate that during the booking process, \$1,460 was located in Vasquez’s pocket.

“Officer Laflash seized \$1,460 and the sandwich bag of marijuana,” police added.

Bail was set at \$15,000, according to reports; charges included: Possession

of a Large Capacity Firearm; Possession of a Large Capacity Feeding Device;

Possession of Ammunition without FID Card; Improper Storage of a Large

Capacity Firearm; Drug Possession to Distribute Class A; Open Container of Marijuana

in Vehicle; Unregistered Motor Vehicle; and Uninsured Motor Vehicle.



Courtesy

UXBRIDGE KNIGHTS OF COLUMBUS RAISE FUNDS FOR SCHOLARSHIPS

The Uxbridge Knights of Columbus held a ham and bean supper, at the Saint Mary’s Parish Hall, and held a meat raffle at the Polish American Club. Between the two events, we raised more than \$2,000 for the Peter Lynch scholarship fund!

DA Early supports safe post-graduation event in Uxbridge

UXBRIDGE — Worcester County District Attorney Joseph D. Early, Jr. is helping fund a safe post-graduation event in Uxbridge this year thanks to his annual grant program, now in its fifth year.

“These events should be times of celebration for our students and their families, but these celebrations can turn into tragedies as we know that life can and often does change in the blink of an eye when alcohol and drugs are involved,” Mr. Early said. “We will continue to offer these funds to help provide students with these fun and safe events. Our goal is prevention of tragedies before they happen.”

This year, the District Attorney’s office awarded a total of \$25,000 in grants to 18 different schools across Worcester County to fund events, organized and overseen by dedicated adults, that offer safe drug- and alcohol-free environments where students can celebrate after like prom and graduation.



District Attorney Early is utilizing his Drug Forfeiture Reinvestment Program this year

to provide these funds. Funding to support these grants was previously provided by

the Massachusetts Office of Victim Assistance Drunk Driving Trust Fund.

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Country Bank receives marketing awards



Courtesy
Country Bank's Marketing Team: Audrey Moulton, digital marketing specialist; Mike Dias, product and data marketing manager; Travis Pacheco, intern; Jodie Gerulaitis, VP, community relations; Shelley Regin, SVP, marketing & PR; Devon Wonderlie, marketing specialist; and Justin Roberts, VP, marketing.

REGION — Country Bank, a full-service financial institution serving Central and Western Massachusetts, is pleased to announce that it has received two marketing awards from the New England Financial Marketing Association (NEFMA) for its 2022 marketing efforts.

Country Bank achieved first place with a gold award for its "Made to Make a Difference" rebrand. In May 2022, Country Bank introduced the rebrand in partnership with the bank's advertising agency, Financial Marketing Solutions (FMS). The new tagline was created from focus groups that consisted of Country Bank team members, board members, consum-

er and business customers, non-customers, and community non-profits throughout its marketplace.

Since 1850, Country Bank has been a part of the fabric of the communities it serves; so, it was essential to include the community in the process. As a result, the tagline was created with meaningful insights and feedback. The common theme of how the bank 'made a difference' became a clear indicator of how its stakeholders received the brand in the market.

"The introduction of the tagline 'Made to Make a Difference' has accomplished outstanding results in the past year. Our team, communities, and customers have embraced the new

tagline wholeheartedly. Team members are essential to any brand's success, and ours has undoubtedly made a difference through the rebrand. Our team truly believes that we are here to make a difference for our customers, communities, and one another. With the team embracing the new tagline, we saw our social media engagement increase by 60 percent, followers by 40 percent, and volunteerism by 124 percent in seven months," stated Shelley Regin, Senior Vice President of Marketing and Public Relations at Country Bank. "The brand has been positively impacted in many ways, and it is exciting to witness the team's engagement and the brand's growth!"

In addition, the bank received a silver award for its Police vs. Fire Baseball Game in association with the WooSox Foundation. This game was a century-old tradition brought back to life on Sept. 26, 2022. Part of the game is giving back to the community, something the WooSox Foundation and Country Bank are passionate about. The teams chose the Manny 267 Foundation, which received a \$15,000 donation.

"As a founding partner of the Worcester Red Sox, we are honored to bring back this tradition and support the police and fire departments in Worcester. It was a tremendous effort of the WooSox Foundation, the police and fire departments, and the Country Bank marketing team to make this happen. We look forward to the re-match this August, where the teams will again battle for the trophy and bragging rights. The game will also donate to a deserving local non-profit," stated Regin.

Celebrate summer with BVCC & your friends at annual Steamers At Sunset Lobster Bake!

UXBRIDGE — Join the Blackstone Valley Chamber of Commerce for our annual quintessential summer Signature Event, Steamers at Sunset, a traditional New England Lobster Bake. Celebrate with your friends, colleagues, and fellow chamber members on the evening of Wednesday, Aug. 16, from 5:30 until 7:30 p.m. This highly anticipated event will be held at The Barn at Blissful Meadows Golf Club, 801 Chocolog Rd., Uxbridge. We are honored to have Precious Ones Child Care Center and Preschool as Presenting Sponsor of this year's fabulous event!

Steamers At Sunset is an anxiously awaited Chamber event. It always delivers as a fun-filled evening you can share with your friends, colleagues, fellow chamber members and potential clients. Sit back, relax, and enjoy the rhythm of Caribbean themed music, delectable summer food, refreshing cocktails, fun activities and more. Dress to impress in your finest tropical island attire for a chance to win the coveted Golden Lobster Award!

Register online at www.blackstonevalley.org/events. Cost to attend for Lobster is \$90 for Members and \$100 for Future Members, Steak is \$65/\$80, Chicken is \$50/\$65, and Vegetarian (Beyond Burger) is \$40/\$55. All attendees must indicate their choice of steamers or New England clam chowder at time of registration. Dinner includes a served salad, your pre-selected choice of steamers or New England clam chowder, and light dessert. Please RSVP by August 8, 2023. For more information, please contact Liz O'Neil at 508.234.9090 ext. 102 or email Liz at, loNeil@blackstonevalley.org.

We look forward to seeing you there!

The Mission of the Blackstone Valley Chamber of Commerce is to preserve and enhance the economic vitality of the Blackstone Valley by addressing the needs and concerns of businesses and providing leadership, support and resources in connection with issues which impact commerce and the quality of life in the Valley.

Oh, what a 'Paint' Night! BVT hosts an evening of color, creativity & meaning

UPTON — Families and friends took brush to canvas, unleashing their inner artist during an evening of color, creativity, and meaning that honored Rachel's Challenge. The Blackstone Valley Regional Vocational Technical High School (BVT) Kindness Matters: Community Paint Night on May 19 was a fun, interactive community event.

"It was an excellent opportunity to gather with my friends and meet new people in a positive, welcoming environment," said Anders Potter of Douglas, a freshman in the Heating, Ventilation, Air Conditioning & Refrigeration program at BVT.

Seating was limited to the first 50 people who signed up for this free event, which included all materials and guided instruction. The Visual Arts instructors Kelly Garabadian and Gerald Knall led participants through all the steps needed to go from a blank canvas to a completed work of art in just two hours.

"I'm not an art student, but following the instructors' directions, I was able to relax, focus, and create a beautiful painting in a stress-free, zero-pressure setting," said Landon Parent of Douglas, a junior in the Advanced Manufacturing & Fabrication program at BVT. "The results were far better than I imagined."

"The paint night theme "Kindness Matters" was intended in the spirit of Rachel's Challenge to inspire, uplift, and encourage simple acts of

kindness, creating and inspiring chain reactions of kindness through art as a positive way to express emotions and diminish negative feelings," said Gerald Knall.

"Throughout the evening, we focused on quieting our inner critics and extending kindness to each other and ourselves while learning more about Rachel's Challenge," said Kelly Garabadian. "The well-attended event was an enjoyable evening of artistic experience and community."

This event was made possible in partnership with the Visual Arts Department and supported by grants from the Mass Cultural Council, a state agency, through its Festivals & Projects Program and the Grafton, Millbury, and Millville Cultural Councils (Mass Cultural Council's Local Cultural Councils LCC Program). To view the art, visit www.valleytech.k12.ma.us/paintnight2023.

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills.

Learn about region's best outdoor areas with Douglas Sunshine Club

DOUGLAS — Join the Douglas Sunshine Club on Friday, June 16 for a fun, informative program by a former Park Ranger, Valerie Paul, about the Blackstone Valley outdoor areas for recreational and educational use. Now that the season is here to get out of doors, come find out what is available for us to enjoy in the Blackstone Valley.

This program is being provided by the Douglas Sunshine Club and will be at the Douglas Adult Social center at 331 Main St., Douglas. Lunch will be served at noon, followed by the presentation. The cold sub, chips, beverage and dessert lunch is \$5. Please call the center at 508-476-2283 to sign up by Tuesday June 13.

Lasell University students named to Spring Dean's List

NEWTON — The Spring 2023 Dean's List includes students who have completed at least 12 credits as a full-time student in that semester and have achieved a semester GPA of 3.5 or higher. The list includes:

Kaylie Silva of Douglas

Rowan Conway of Northbridge
Jack Tauson of Northbridge

For more information contact: Samantha Mocle, assistant director of communications, at (617) 243-2386, or smocle@lasell.edu.

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Stronger through collaboration: Academic progression in nursing

CHARLTON — On Friday, May 19, Fitchburg State University Professor Linda McKay, MSN, RN and alumna Elizabeth Lartey, BSN, RN traveled to Bay Path Practical Nursing Academy to speak to Practical Nursing Class of 2023 about academic progression. In short, “the LPN to BS in Nursing Bridge Program is designed to transition the traditional or military trained Licensed Practical Nurse (LPN) to the role of a baccalaureate prepared Registered Nurse (RN).”

According to McKay, “Graduates of this program are prepared to meet societal healthcare needs in a variety of settings. Respect for diversity, social responsibility, and a commitment to excellence in nursing are emphasized.”

Lartey stated that her training at Bay Path Practical Nursing Academy fully prepared her for her journey at Fitchburg State University. It is important to note

that Lartey, who graduated from Bay Path Practical Nursing Academy in 2018 and Fitchburg State University recently, passed NCLEX-PN to become an LPN and NCLEX-RN to become an RN both take one, on her first try.

From the Fitchburg State University Web site, “The LPN to BS in Nursing Bridge Program is unique as it spans both School of Graduate, Online and Continuing Education (SGOCE) and Day course schedules, creating an accelerated curriculum. This approach allows students to attain their goals as quickly as possible as well as stay on a schedule that works with their career demands. Courses offered or taken through the day division in fall and spring carry the undergraduate day tuition and fees. Courses offered in the evening, winter, or summer through SGOCE carry the undergraduate SGOCE tuition and fees.”

“We are proud of Elizabeth’s accom-

plishments and grateful for her time and willingness to speak to the PN Class of 2023,” said Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN Academy Director. “We need more BSN-prepared nurses to meet the growing health care needs of the nation, and to address the nursing shortage. We are equally grateful for Professor McKay! She did a similar presentation pre-COVID, in 2018 that inspired Elizabeth towards her academic progression! We look forward to welcoming more of our Bay Path graduates heading towards academic progression in nursing.”

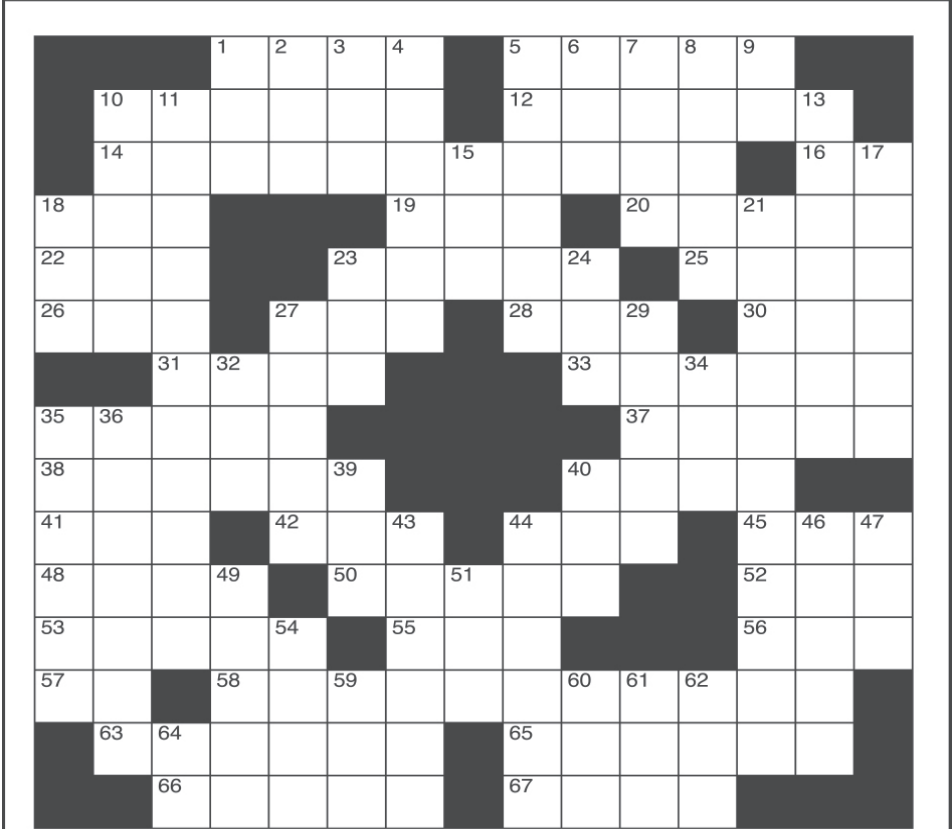
Once the rigorous 10-month program and the NCLEX-PN exams are successfully completed, Bay Path Practical Nursing Academy graduates are eligible to work as LPNs in various healthcare settings throughout Massachusetts. Please visit the Practical Nursing Office for assistance in job placement as well as the Bay Path Practical Nursing Academy Facebook page for employment opportunities. <https://www.facebook.com/BayPathPracticalNursing2015>

Advancement Opportunities Bay Path Regional Vocational Practical Nursing Academy is offering a great opportunity for students to continue his or her education after completing our 10-month

program. Bay Path Regional Vocational Practical Nursing Academy in collaboration with Fitchburg State University (and Worcester State University) offer a seamless transition from an LPN to a BS in Nursing.

“This is better access to education for our diverse populations, and we are excited that our graduates are taking advantage of these opportunities,” added Bolandrina. This collaboration opens up a world of future growth prospects for Bay Path LPNs and gives greater possibility for academic progression, to which we are profoundly grateful.”

Bay Path Practical Nursing Academy runs a 40-week (10-month), full-time, Monday through Friday, evening program. The program begins mid-August and is completed in late June. Graduates receive a Practical Nursing Certificate and are eligible to take the NCLEX-PN licensure exam. The Bay Path Practical Nursing Academy is fully approved by the Commonwealth of Massachusetts, Executive Office of Health and Human Services Department of Public Health, Board of Registration in Nursing (www.mass.gov/dph/boards/rn). The Bay Path Practical Nursing Academy is accredited by the Commission on Occupational Education (www.council.org).



CLUES ACROSS

1. Flat tableland with steep edges

5. Where there’s __, there’s fire

10. Talked incessantly

12. Skill

14. Without shame

16. Where teens spend their days (abbr.)

18. Boxing’s GOAT

19. Used to anoint

20. Cluster cups

22. Footballer Newton

23. They make up a forest

25. Split pulses

26. Self

27. Post-office box

28. Test for high schoolers

30. Large, flightless bird

31. Expecterated

33. Falsehood

35. Prickly, scrambling shrub
37. French river

38. Told on

40. Hillside

41. Peyton’s little brother

42. Soviet Socialist Republic

44. Cathedral city in Cambridgeshire

45. Witness

48. Brews

50. Yellowish-brown

52. Arctic explorers, abbr.

53. Mexican agave

55. A type of “cast”

56. Encourage

57. Atomic #52

58. Relating to position north of south of equator

63. Gadget whose name you forget

65. Another recording

66. Small blisters

67. Dark brown or black

CLUES DOWN

1. Licensed for Wall Street

2. “__ and flow”

3. A very large body of water

4. Accumulate on the surface of

5. Central cores of the stem

6. Angry

7. Ceramic jar

8. Scraped a car

9. __ route

10. Soviet labor camp system

11. Strong hostilities

13. Vitamin of the B complex

15. Go quickly

17. Toast

18. A team’s best pitcher

21. A Philly culinary specialty

23. Small child

24. Unhappy

27. Trims away

29. Characterized by crying eyes
32. Soft touch

34. American spy organization

35. A person’s chest

36. Came from behind to win

39. Fall back

40. Nellie __, journalist

43. Great places to kayak

44. Suffer patiently

46. Majestic bird

47. Electroencephalograph

49. Organic compound used as an antiseptic

51. Objects connected to the web (abbr.)

54. Ship as cargo

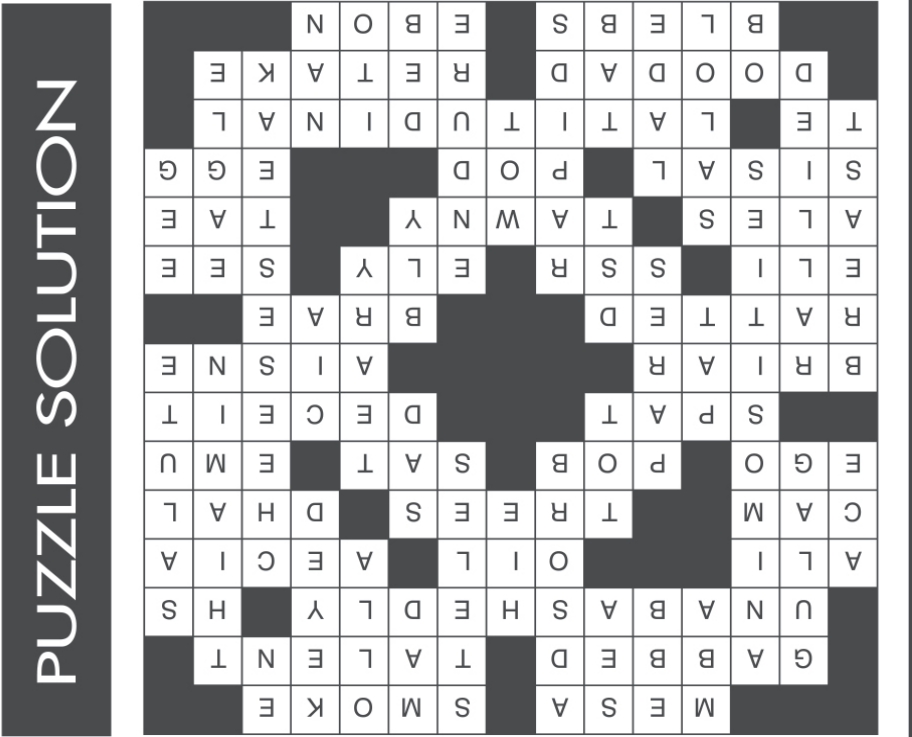
59. The bill in a restaurant

60. Upper-class young woman (abbr.)

61. Judge in OJ Simpson trial

62. One’s grandmother

64. Siberian river



Northbridge Senior Center

(508) 234-2002

Plummer Place Café is now open, and Chef Pete Sabourin is cooking lunch on Tuesdays and Thursdays. We are no longer having breakfasts on Thursdays due

REAL ESTATE

BLACKSTONE

\$675,000, 45 Glenside Dr, Ullucci, Mark, and Ullucci, Sylvia, to Claiborne, Donald A.

\$610,000, 40 County St, Baro, Robert A, and Baro, Deborah A, to Comiskey, Lori M, and Comiskey, William I.

\$425,000, 22 Bellingham Rd, Frederick Jacob A Est, and Larose, Laura E, to Blackwell, Eric J.

\$330,000, 670 Rathbun St, Raymond, James K, to Pollock, Keiya N.

DOUGLAS

\$694,000, 40 Royal Crest Dr, Zilonis, Kristopher R, to Lisko, Stephen, and Tsybenko, Tetiana.

\$570,000, 6 Madden Way, Hannon, Thomas F, and Hannon, Stephanie L, to Walkley, Kevin M, and Manning, Ashley M.

\$358,700, 302 South St, Lamontagne, David G, and Wells Fargo Bank Na Tr, to Carrington Mtg Loan T, and Wells Fargo Bank Na Tr.

\$50,000, NW Main St, Kennison, Cynthia G, and Gilbert, Laura, to Dauteuil, Nicholas.

NORTHBRIDGE

\$650,000, 131 Brookway Dr, Butts, Mark, and Flanigan-Butts, Amy, to Berry, Jeffrey A, and Berry, Katherine A.

\$619,900, 65 Crestwood Cir #36, Stone Hill Partners LLC, to P J & Joan A Stanick Irt, and Stanick, Brian.

\$520,000, 57 Quaker St, Higgins, Steven J, to Colwell, Laurie A.

\$375,000, 5 Grove St, Berard, Heather, to Collins, Susan M.

UXBRIDGE

\$630,510, 75 Spring Hill Dr #75, Ohearne Forest Glen LLC, to A & Restated Poch Ft, and Poch, Ronald E.

\$600,000, 10 Rockmeadow Rd, Pintos Plumbing & Heating, to Coutinho, Igor T, and Coutinho, Cynthia P.

\$525,000, 45 Pouts Ln #45, West River Homes LLC, to Khodke, Trupti, and Naik, Yugandhar.

\$480,000, 91 Oak St, Doyle, Archibald R, and Corsini, Samantha N, to Gladdys, Benjamin D.

\$10,778, 313 N Main St, Uxbridge Town Of, to North Uxbridge Fire Museum.

to the popularity of lunches. There is an \$8 fee for each meal, and you must sign up for all meals at the front office. Chef Pete has many delicious meals planned, come in to pick up our monthly menu or call the office.

Tickets are on sale now for FINE’s next 120 Club raffle, \$20/ticket. Chance to win \$20 each week beginning July 6th through November 16th. On November 16th, they will draw winners for \$500, \$400, \$300, \$200, and \$100. Purchase your tickets at the front desk.

“History of the Whitin Family with Bill Ballou”, Wednesday, June 14th 9:30-10:15am. A unique opportunity to learn about one of America’s Industrial Revolution families from right here in the Blackstone River Valley. Mr. Ballou was born in Whitinsville and is a local writer for the Telegram & Gazette. Light refreshments, sign up in the office.

“Take a Hike Walking Club” will meet on Tuesday, June 20th at 10:00am for their next hike. Please call Jeanne for information and the location.

“Annual F.I.N.E. Luncheon & Election to the Board of Directors”, Wednesday, June 21, 12:00-3:00pm at Plummer Place. Sandwiches and salads provided by Mendon Street Kitchen. Enjoy the easy listening sounds of Dan Chauvin. Gift basket raffles, 50/50 and a Door Prize!

Tickets are \$10/person and can be purchased at the Plummer Place front desk. You must be a FINE member to attend this event. The deadline to purchase tickets is June 14th.

Nearly 500 students named to Dean’s List at American International College

SPRINGFIELD — American International College (AIC) in Springfield is pleased to announce that 495 students have been named to the Dean’s List for the spring 2023 semester. Dean’s List students attend full-time and have achieved a 3.3 to 4.0 GPA. AIC commends the efforts and accomplishments of these diligent and hard-working students.

Grace Boisvert of Uxbridge
Jackson Haker of Uxbridge
Morgan Martellio of Uxbridge

Founded in 1885, American International College (AIC) is a private, co-educational, doctoral granting institution located in Springfield, Massachusetts, comprising the School of Business, Arts and Sciences, the School of Education, and the School of Health Sciences. AIC supports and advances education, diversity, and opportunity for its students and the community.

TO PLACE AN AD:
MIKAELA VICTOR
(774) 200-7308
mikaela@stonebridgepress.news

SUBSCRIPTION SERVICES:
KERRI PETERSON
(508) 909-4103
kerri@stonebridgepress.news

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BLACKSTONE VALLEY TRIBUNE PUBLISHED BY STONEBRIDGE PRESS

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The Blackstone Valley Tribune (USPS 024-873) is published weekly by Stonebridge Press, 25 Elm St., Southbridge, MA 01550. Periodicals postage paid at Southbridge, MA 01550. POSTMASTER: Send address changes to the Blackstone Valley Tribune, P. O. Box 90, Southbridge, MA 01550.

DON'T TEXT AND DRIVE

Cornerstone Bank welcomes Kara Wiersma as VP, learning and development partner

WORCESTER — Cornerstone Bank, a community bank with 10 locations throughout Central Massachusetts, has

welcomed Kara Wiersma, a resident of Auburn, as its new vice president, learning and development partner. In this role,



Courtesy

Kara Wiersma she is responsible for developing, coordinating and executing employee training and development. “Kara comes to us with a wealth of experience in employee development, training and engagement,” said Cornerstone Bank CEO Todd Tallman. “We are committed to providing our employees with the tools and skills they need to learn and grow in their careers, and Kara’s expertise will ensure our success in this regard.” Wiersma earned her bachelor’s degree in management from Boston University and is a Certified Professional in Talent Development. She has more than two decades of experience in the banking industry, nearly a decade of which has been spent in the areas of learning,

development and colleague engagement. “I’m thrilled to be joining the Cornerstone team and look forward to building on its strong foundation of employee development,” said Wiersma. “The passion people have for their work here really shines through, as does the leadership’s dedication to employee satisfaction and success.”

A member of the Worcester Business Journal 40 under Forty Class of 2019, Wiersma also serves on the Board of the Central Massachusetts Association for Talent Development as the vice president of programming.

About Cornerstone Bank Cornerstone Bank was formed in 2017, born of a long history of supporting the community, and providing a strong foundation to help people and businesses thrive. Serving Worcester County, Massachusetts, Cornerstone Bank’s local presence and community-based banking model enables a unique ability to deliver outstanding service, with a personal touch. Cornerstone provides the highest level of service and expertise for individuals, businesses, and community organizations with branch locations throughout Central Massachusetts. Cornerstone works to connect customers with opportunities, through a broad range of deposit and loan products, and services. Built on Trust is not just a tag line, but also one of our guiding corporate values. Whether a business or personal partnership, Cornerstone stands on the foundation that relationships are built on trust. To learn about Cornerstone Bank’s personal and business banking offerings, please visit cornerstonebank.com or call 800-939-9103.

Millbury Senior Center

MEMORIAL BUTTERFLY RELEASE

Tuesday, June 27th at 2 P.M. Join us for an afternoon of music and refreshments \$10 per butterfly To reserve your butterfly RSVP by June 16th 508-865-9154

Sponsored by Metrowest Hospice celebrating the memories of loved ones

UPCOMING SUMMER CONCERTS AT THE SENIOR CENTER

Robert Black “Elvis Impersonator” – Thursday, June 15th 6:00 P.M.

Eddie Forman Polka Band – Thursday, July 13th 6:00 P.M.

4 EVERFAB – Thursday, August 3rd 6:00 P.M.

NEWPORT FLOWER SHOW TRIP

On Saturday, June 24th visit the Marble House

An architectural landmark that transformed from colony wooden houses into the legendary resort of opulent Gilded Age mansions

Enjoy cultural and social history surrounded by color and beauty of the floral world

Price is \$129.00 Trip includes transportation and gratuity along with a lunch at a fine local restaurant

For more information and to RSVP call the center at 508-865-9154

CORNHOLE IN THE GARDEN Beginning on Tuesday, June 9th Every Tuesday at 2 P.M. with Josh

LINE DANCING CLASSES

Every Wednesday at 10:30 A.M.

Class is \$3 per person No reservations required

CRAFT CLASS Next class is Tuesday, June 20th 12:30 – 1:30 P.M.

\$8 and includes all Materials

Price may vary based on project

For more information and class dates call the center! 508-865-9154

Meet with a representative from Senator Moore’s office!

Wednesday, June 7

One Wednesday every month between 11 – 12 P.M.

All are welcome to meet and discuss issues of importance or looking for assistance

Any questions please call 508-865-9154

SENIOR CENTER EXERCISE CLASSES!!

LIGHT EXERCISE CLASSES Mondays and

Fridays 9:30 A.M. – 10:15 A.M. (Free!) TAI CHI

Tuesdays 9:30 - 10:30 A.M. (class is \$3)

YOGA Thursdays 9 – 10 A.M. (Class is \$3)

SENIOR CENTER ACTIVITIES!

MAHJONG Mondays at 12:45 P.M.

CRIBBAGE Monday through Friday 8:30 A.M.

Tuesdays at 1:00 P.M.

BLOOD PRESSURE CLINIC

Every Tuesday from 9 A.M. - 10 A.M.

SOCIAL BINGO Wednesdays at 1 P.M.

Bring your pennies! COLORING

Thursdays at 10 A.M.

Lunches are served Monday through Thursday 12 P.M. Friday 11:30 A.M.

The menu is available on the town website, www.townofmillbury.org

Or our Millbury Senior Center Facebook page.

A 48 hour reservation is required. Call the center at 508-865-9154

Friends of the Millbury Senior Center

Transportation is provided for Millbury Senior Residents Monday through Friday

Between 9 A.M. and 3:00 P.M.

We travel one

town out in each direction including Sutton, Grafton, Auburn and Worcester

A 48 hour notice is required for scheduling rides (business days)

Rides are free until January 1st

To schedule transportation call the center at 508-865-9247

“MEMORY CAFÉ”

Please join us on Tuesday, June 20th at 2:00 - 3:30 P.M.

Refreshments will be served

A Memory Café is a monthly gathering for people with memory loss/challenges and their care partners. It is a time to socialize, make new friends, and have a good time.

Our Outreach

worker, Julie Fitzgerald, is happy to answer any questions, call to RSVP 508-865-9154!

S N A P APPLICATIONS (Food Stamps)

Our appointments are on Tuesdays & Thursdays 10 A.M. – 2:00 P.M.

Call for an appointment & required documentation 508-865-9154

“This project has been funded at least in part with Federal Funds from USDA.

This institution is an equal opportunity provider

The SNAP Logo is a service of the U.S. Department of Agriculture.

USDA does not endorse any goods, services or enterprises.”

UPTON – The Blackstone Valley Vocational Regional School District’s proposed annual budget has earned unanimous and favorable support from its District towns to secure its operational budget for the Fiscal Year 2024 (FY24).

The Massachusetts Association of Regional Schools and others have recognized the proposed annual budget for consistently advancing creative funding techniques. For example, rather than depend upon non-renewable federal stimulus funding or significant local debt support, the District generates major revenue via nontraditional sources such as self-funding roof repair projects reimbursed from the Massachusetts School Building Authority, which saved its member towns \$2,765,025 from FY11 through FY21.

An ever-vigilant cost-containment replenishment approach to its reserve account enables the District to self-fund building maintenance which protects its 60-plus-year-old campus, its students and staff, and the original investment by taxpayers. Some ten years ago, the

District refinanced its only existing debt to secure a far lower borrowing rate. In addition, several previous collective bargaining negotiation contracts with its professional staff generated individual contributions to the system’s OPEB obligations which others have since replicated.

Where it is common for town warrant appropriations to be sprinkled with multiple cost centers attributable to education-related expenses yet classified as municipal expenses, BVT does not ask its district towns to carry additional fiscal burdens for health benefits to workers’ compensation. Instead, the District incorporates 100% of its expenses into a one-time annual and consolidated budget request. In addition, it pursues and secures grants and donations for its capital assets. The awards granted directly to BVT exceeded three million dollars this year. Grant acquisitions alone complement local tax dollars at a rate of \$2400 in additional teaching resources for each of its 1,250 enrollees. Recently, an anonymous donor, who

was impressed with the school, gifted \$400,000 for new training equipment.

As the annual budget sought approval from its sending towns, it relied on the continued support of each member town to endorse its vocational-technical school system at its Annual Town Meeting. The Blackstone Valley Regional Vocational Technical High School community is thankful for that support. For more information, visit www.valleytech.k12.ma.us/annualbudget.

About Blackstone Valley Regional Vocational Technical High School (BVT) Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills.

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BVT’s FY24 budget unanimously approved

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Community Connection

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150-300	\$2.75	Drop off Tanks	\$3.00

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Douglas Democrats to elect delegates to Democratic State Convention

DOUGLAS — On Saturday, June 10 at 10 a.m., Douglas Democrats will convene in person at the Douglas Municipal Center at 29 Depot St. to elect four delegates and four alternates to represent Douglas at the 2023 State Democratic Convention.

Registered and pre-registered

Democrats in Douglas 16 years old by May 23 may vote and be elected as delegates or alternates during the caucus. If you are a registered Democrat who would like to run for a delegate position but you cannot make it to the caucus, please email caucus chair Lisa Mosczynski at lmosczynski@hotmail.com stating that you wish to be nominated.

Youth (age 16 to 35), people with disabilities, people of color, and members of the LGBTQ+ community not elected as delegates or alternates are encouraged to apply to be add-on delegates at the caucus or by visiting massdems.org/massdems-convention. The 2023 Convention will be in person at the Tsongas Arena in Lowell on Sept. 23.

Those interested in getting involved with the Douglas Democratic Committee should contact Lisa Mosczynski at the email above or at 508-341-4876.

LEGALS

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family Court
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. W023C0278CA
CITATION ON PETITION TO
CHANGE NAME
In the matter of:
Gerald John Bergman, II**
A Petition to Change Name of Adult has been filed by Gerald John Bergman, II of Uxbridge MA requesting that the court enter a Decree changing their name to:
Jae Gerald John Bergman, II

IMPORTANT NOTICE
Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 10:00 a.m. on the return day of 06/20/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.
WITNESS, HON. LEILAH A KEAMY, First Justice of this Court.
Date: May 18, 2023
Stephanie K. Fattman, Register of Probate
June 9, 2023

**Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family Court
225 Main Street
Worcester, MA 01608
(508) 831-2200
Docket No. W023C0286CA
CITATION ON PETITION TO
CHANGE NAME
In the matter of:
Yiwon Zhang**
A Petition to Change Name of Adult has been filed by Yiwon Zhang of Uxbridge MA requesting that the court enter a Decree changing their name to:
Kristy Zhang
IMPORTANT NOTICE
Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 10:00 a.m. on the return day of 06/27/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.
WITNESS, HON. LEILAH A KEAMY, First Justice of this Court.
Date: May 24, 2023
Stephanie K. Fattman, Register of Probate
June 9, 2023

**DEPARTMENT OF
ENVIRONMENTAL PROTECTION
DIVISION OF WETLANDS AND
WATERWAYS
401 Water Quality Certification
Application Public Notice**
Pursuant to 33.U.S.C.1341 and MGL c21 §43, notice is hereby given of a 401 Water Quality Certification (WQC) application for the Home Brew Dam Removal at 105 Blackstone Street, Uxbridge, MA 01569 by the Town of Uxbridge, 147 Hecla Street, Uxbridge, MA 01569 on property owned by the Town of Uxbridge. The proposed project includes the removal of Home Brew dam and ecological restoration of the Home Brew dam impoundment. Additional information may be obtained from the Applicant's representative, Julianne Busa of Fuss & O'Neill (JBusa@fando.com, 413-333-5469).
Written comments on this 401 WQC Application may be emailed to:
David Wong (David.W.Wong@mass.gov)
Department of Environmental Protection
Division of Wetlands and Waterways
100 Cambridge Street, Suite 900
Boston, MA 02114
(617) 874-7155
Within 21 days of this notice. The Department will consider all written comments on this 401 WQC Application

received by the Public Comments Deadline.
Any group of ten persons of the Commonwealth, any aggrieved person, or any government body or private organization with a mandate to protect the environment that has submitted written comments may also appeal the Department's Certification and that failure to submit comments before the end of public comment period may result in the waiver of any right to a adjudicatory hearing.
June 9, 2023

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WEBSTER-100 PARK AVENUE
CUSTOM 3 bedroom Cape! 1400 +/- Sq Ft. of Living Area. Kitchen, Dining room, Living room, Hardwood Floors, 12' x 12' enclosed porch. Natural Gas cooking Stove! Detached Garage. All on a 14,000 Sq. Ft. Fully Landscaped Lot **\$325,000.**



Featured New Listing!
WEBSTER - 791 SCHOOL ST
OPEN HOUSE SUNDAY 12 - 2

Was "The Hubbard Estate", Quality & Focus on Detail Throughout! 12 rooms, 6 bedrooms, 4 baths, 2 - 1/2 baths. Hardwood floors, library, slate floor porch, fireplaced living room, solarium. Kitchen w/breakfast nook, dining room, pantry, personal second stairway to upper level. Lower level function room with large windows, half bath, walk-out access to gardens, inviting custom inground pool, tennis court. 3 car brick garage **\$789,900.**



OXFORD - 72 OLD SOUTHBRIDGE RD
Welcome to this Unique Property! Custom Ranch Architecturally Designed for Entertaining! The 4.3 Acres Set Back off the Road offering Peace, Privacy & Tranquility!! Wildlife! Stone Walls & Pond Frontage. Deck Offers both Screened in & Open Areas! It's Own Tiki Bar! Stunning Cathedral Wood Ceilings with Beams, 4 Skylights, Trapezoid Windows & Solid Wood Doors!! Level Living! Kitchen Specifically planned for Large Gatherings! 24x34 Garage **\$625,000**



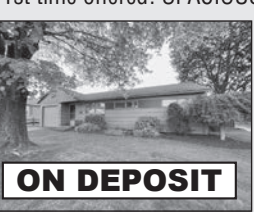
DUDLEY - 25 BUDD DR.
ON DEPOSIT!

Well Cared for 3 Bedroom Ranch! Garage. 9,000 Sq. Ft. Lot. **\$285,000**



WEBSTER - 16 BLUEBERRY LANE

Blueberry Hill Scenic Neighborhood! Garrison Colonial. 8 RMS, 4 BRS, 2-1/2 Baths, FR-PLD Family Room, 2 Car Garage **\$449,900**



WEBSTER - 41 ARKWRIGHT RD
1st time offered! SPACIOUS 1,208 SF+- RANCH STYLE HOME! 3 BRS, 2 BATHS ATTACHED GARAGE! & INGROUND POOL! RUUD CENTRAL AC SYSTEM! HARDWOOD FLOORS! Level Lot! **\$325,000.**



WEBSTER- 42 EAST MAIN STREET
SORRY, SOLD!

Circa 1900 Cape style 3-4 BR. 1 Car Detached Garage. Zoned GB4 (Business) **\$249,900**

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg



Webster Lake Waterfront Lot
New listing ! "Build to Suit"
Approximately 11,000 Sq. Ft. of mostly flat land, with gentle decline to waters edge. Sandy Shore line! Western views. Call for a viewing!



Webster Lake 13 Loveland Rd
SORRY, SOLD!

Eastern Exposure & Amazing Sunrises! Beautiful shoreline, 3 bedroom Cape features eat in kitchen w/island, fireplace living & dining room. 2nd floor, 2 bedrooms with 1 1/2 bath! **\$785,000**



Webster Lake 27 South Point Road
SORRY, SOLD!

OOH! WHAT A VIEW!!! Middle & South Ponds! 80' +/- ft sandy beach! Expansion possibilities! 2 Bedrm, 2 1/2 Bath, Garage. **\$811,000.**



Webster Lake 13 Bates Point Road
SORRY, SOLD!

1st Time Offered! Impeccable Home! 6 Room, 3 bedroom 2-1/2 Baths. Master bedroom, Master Bath! Level Lot to the Shoreline. Nicely Landscaped! **\$705,000**



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Diane Luong 774-239-2937
Maria Reed 508-873-9254

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AUBURN- ONE LEVEL



- * Auburn center
- * 1400 Sq. Ft
- * 3 Bedroom
- * Potential to finish lower level

2 Mount View Avenue \$395,000

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LOCATION! LOCATION! LOCATION!



- * New School
- * Easy Highway Access
- * 2.5 Baths
- * Central Air
- * 2400 sq. ft
- * Family room and separate guest room overlooking private yard

4 Camelot Circle \$599,900

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- * 7 Rooms
- * 2 Baths
- * Fireplace
- * Updates: Roof, Gas Heat, Windows

110 Chester St \$383,000

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- * 3 Bedrooms
- * 1.5 baths
- * 2 Fireplaces
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- * Garage

8 Comrie Rd. \$459,900

WOODSTOCK CT
SOLD



- * 3 Bedroom
- * 1.5 Baths
- * 2.75 Acre

49 Lebanon Hill Rd. \$459,900

Sellers Market Remains Strong! For A Free Market Analysis, Call Jo-Ann, Diane or Maria

S.C.E. Real Estate welcomes Georgi Morin to team of Realtors

DOUGLAS — We are people first, and Realtors second. Our diverse backgrounds facilitate an empathetic perspective for the buyers and sellers who work with us, lending an informed, compassionate approach to real estate. We prioritize human connection in all we do — we make it personal.

Morin strives to provide each and every client with the best real estate experience. She is knowledgeable, relatable and approachable. The combination of her extensive Marketing experience matched

with her outgoing personality has manifested into a “dream job,” one that has been both successful and fulfilling.

Morin has built her business solely on referrals from friends, family, past clients, and real estate peers. Her personal approach to each transaction is second to none. She cares about creating a smooth transition for both sides of the transaction. Real estate is a very personal and emotional process and she is honored to expertly guide her clients every step of the way.



Courtesy

Georgi Morin

Morin has received business accolades on both local and regional levels since 2018 including the Ruby Level Top

Producer and peer nominated Realtor Choice Award for her professionalism and integrity.

Morin is a member of the Massachusetts and Rhode Island Association of REALTORS®. Licensed in Massachusetts, Rhode Island, and Connecticut, Georgi provides her clients the opportunity to expand their search while delivering expertise both in the buying and selling process in all three states. Whether buying, selling, or investing, Georgi is ready to get you moving!

When Morin is not servicing her clients, she loves spending time at home with her husband Randy and her two children, Ryley and Matthew. She is an oenophile... fancy word for wine lover!! She also loves vacationing in Narragansett, RI or anywhere there is sun & sand!

Grab an appointment to chat over a cup of Nespresso with her at our New Office 295 Main St., Douglas, 508-476-5484.

Nichols College partners with Indianapolis Metropolitan Police Department

DUDLEY — Nichols College announces a new partnership with the Indianapolis Metropolitan Police Department to assist first responders with pursuing their advanced degrees.

1,700 Indianapolis Metropolitan Police officers now have the opportunity to enroll in on-line Master's Degree programs at Nichols College and take advantage of a 40 percent tuition discount. Military veterans employed at Indianapolis Metropolitan Police will also have the additional advantage of discounted flat rates and waived fees. The Graduate School at Nichols College offers an MBA, Executive MBA, Master of Science in Counterterrorism, Master of Science in Organizational Leadership, and Master of Science in Accounting.

"Nichols College is proactively making higher education, to include Online Undergraduate Programs and Master's Degrees, affordable and accessible to the First Responder and Military communities both in New England and throughout the United States," said Nichols College President Glenn M. Sulmasy, JD, LL.M. "Nichols College has always had a profound appreciation for their sacrifices and contributions to our communities and nation."

"IMPD is excited about this tremendous opportunity to partner with Nichols College to advance the individual careers of our officers and professional staff," said Officer Theodore Cragen, Indianapolis Metropolitan Police Department. "The institution of higher education plays a vital role in progressing the profession of law enforcement forward, hand in hand with both the police and the community."

About Nichols College

Nichols College has earned business accreditation from the prestigious Association of Advance Collegiate Schools of Business (AACSB International), the longest serving global accrediting body for business schools and the largest business education network connecting learners, educators, and businesses worldwide. Founded in 1815, Nichols transforms today's students into tomorrow's leaders through a dynamic, career-focused business and professional education. Nichols offers real-world learning focused on professional depth - combined with vibrant

living, competitive athletics, and an unmatched alumni advantage - equipping students to exceed their own expectations. www.nichols.edu.

331 Main St.
(508) 476-2283
Hours of Operation: Monday through Thursday, 9 a.m.-3 p.m.; Friday 9 a.m.-noon

DAILY ACTIVITIES: All our daily activities are free of charge.

Monday: Painting class 9:45 to 11:45, Balance & Strength Exercise 12 pm, Mat yoga 2 pm

Tuesday: Cribbage 9:30am, Zumba 9:30am, Bingo 12:00 pm, Technology Class 1pm (call to make an appt.), Jenga or Connect4 2pm (bring a friend, and play a game!)

Wednesday: Balance & Strength 10am, MahJong 1pm

Thursday: Chair Yoga 9:30am, Wii Games 11am, Hand and Foot card game 12:30 pm

Friday: Balance & Strength 10am

JUNE EVENTS:

The center will be closed on Monday June 19th in observance of Juneteenth.

- Wellness Clinic dates are Monday June 5th & Tuesday June 27th, from 10 am to 12 pm. Stop in the center to see the nurse, for blood pressure check, blood

Douglas Adult Social Center

sugar check or just to talk about something you may be dealing with. Please call the center for more information @ 508-476-2283.

- Who's who? with Chicken Divan lunch, on Thursday June 1st @ 12 pm. The cost for lunch is \$4.00 per person. Come into the center and pick up a question sheet and return to the center before June 1st. You can answer some or all the questions, that is up to you. Please call the center to sign up @ 508-476-2283 by May 26th.
- Senior BBQ: on Thursday June 8th @ 12 pm. This event is sponsored by the Douglas Police Department. The center will close at 10:30 this day. BBQ will be held under the pavilion at the Blackstone Valley Beagle Club. The address is 135 Walnut Street Douglas. Please call the center to sign up @ 508-476-2283 by June 1st.
- Binge Watching: Starting Thursday June 15th @ 1:00 pm. We will be watching, "Ann with an E". This event will be every Thursday until we complete the season. This is a 3 part series about a plucky orphan whose passions run deep finds

an unlikely home with a spinster and her soft-spoken bachelor brother. Based on "Anne of Green Gables." Popcorn will served! You may call the center to sign up @ 508-476-2283.

- Park Ranger and Lunch: Friday June 16th @ 12 pm. The Sunshine Club is having a park ranger come to the center and talk about the Blackstone Valley area. The cost for lunch is \$5.00. You may call the center to sign up @ 508-476-2283.
- Lunch & A Movie: Wednesday June 21st @ 11:30 "Begin Again" A stuffed chicken lunch will be served for \$4.00. Another excellent little feel-good film from writer/director John Carney. Keira Knightley is a revelation as Gretta, who meets down-on-his-luck producer Dan (Mark Ruffalo) after breaking up with her singer/songwriter boyfriend and sets out to record her own material with his help. Please RSVP before June 16th by calling the center @ 508-476-2283.

Check our website for events that may not be listed here

<https://www.douglas-ma.gov/202/Adult-Social-Center-Senior-Center>

Jaycee Garrigan of Uxbridge awarded degree during Salve Regina University's commencement

NEWPORT, R.I. — Jaycee Garrigan of Uxbridge was awarded a master of science degree in Healthcare Administration during Salve Regina University's 73rd commencement.

Salve Regina President Kelli Armstrong conferred 804 degrees in total during the ceremony, including 589 bachelor's degrees, 207 master's degrees and eight doctoral degrees.

Celebrated Iranian author, Dr. Azar Nafisi, once forced from her job as a teacher for refusing to cover her hair, encouraged graduates to embrace the power of their imagination during her commencement address. She stressed

the importance of a liberal arts education, even for those studying science. "Einstein was a musician, he played the violin," Nafisi said. "He felt imagination was even more important because imagination encircles the world."

In offering his congratulations, U.S. Sen. Jack Reed (D-RI) said he hopes graduates will carry the lessons and values of Salve Regina forward and work for a world that is harmonious, just and merciful. "I am confident that you will make your own mark, and serve a purpose higher than yourself," Reed said. "Today more than ever, our world needs your combination of knowledge, talent and,

most of all, mercy."

About Salve Regina University

Located in historic Newport, R.I. and celebrating its 75th anniversary in 2022-2023, Salve Regina's cornerstone mercy mission and liberal arts foundation fosters the development of each student's individual talents. More than 2,800 undergraduate and graduate students are enrolled from across the U.S. and around the world in 48 undergraduate majors, 13 master's degree programs, 12 combined bachelor's/master's programs, and doctoral programs in humanities, international relations, nursing and behavior analysis.

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FRANK G. CHILINSKI
PRESIDENT & PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

Spotlighting one group’s struggle does not negate another’s

We’ve heard some rumblings about why a Pride Month exists, and how other groups of people should have a month-long celebration. Pride Month isn’t a federal holiday like other groups.

Just because a group of people are celebrated doesn’t mean any other group shouldn’t be. Any such comparisons are a case of apples being set against oranges.

The reason we celebrate Pride is simply to applaud overcoming and still working to overcome hate and bigotry the LGBTQ community has received for hundreds and hundreds of years. The same goes for Black History month. It’s to celebrate the people who have been and still continue to be oppressed. Whether or not you experienced it with your own eyes doesn’t matter. It exists.

Simple rights such as not being able to get married and afforded the same rights under federal law as straight couples, not being seated in a restaurant, getting gun downed for being in a gay nightclub, getting murdered for being gay, not feeling comfortable holding hands in public, fear of getting gawked at or harassed, not being able to rent an apartment or buy a house are a few things members of the LGBTQ community has faced.

Even though those things are legal now, it’s still an uphill battle. Bad things certainly happen to everyone, but not because of who they love. It is discrimination that fuels that evil.

Pride is simply about being proud of who you are. The most important thing for any individual is to simply be kind, obey the law and focus on your own lives. To judge who another person loves would be odd at best.

Pride Month was initially inspired by the 1969 Stonewall Uprising, and works to achieve equal justice and opportunity for LGBTQ Americans. The purpose of the month is to recognize the impact that LGBTQ individuals have had on society locally, nationally, and internationally.

In some states, it is still illegal for same sex couples to adopt children or acquire fair employment.

The Stonewall Uprising took place on June 28, 1969, and was a tipping point for the Gay Liberation Movement in the United States. In the 1960s, the Stonewall Inn in New York City’s Greenwich Village was a gay club and refuge for many in the LGBTQ community. On that day, the New York City police raided the inn, sparking a riot among bar patrons and neighborhood residents with the police.

The riot involved hundreds of people and led to six days of protests and violent clashes with law enforcement outside the bar.

A year later, thousands of people marched from the Stonewall Inn to Central Park in what was then called “Christopher Street Liberation Day” marking what is now recognized as the nation’s first gay pride parade. Since 1970, LGBTQ+ people and allies have continued to gather together in June to march with pride and demonstrate for equal rights.

We are all Americans, and we must continue to look out for each other and ensure that each and every one of us are treated equally under the law. True freedom is not for just one group of people, it is for all people. Anything less is un-American.

Letter submission policy

Letters to the Editor must include the author’s name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author’s name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

OPINION

Opinion and commentary from the Blackstone Valley and beyond

Tips Choose the Pick of the Crop

Fresh fruits and vegetables from the backyard garden are a harvest treat like none other. So what’s the next best thing to a homegrown crop? Look for weekly Farmers Market events during the harvest season to ensure the freshest picks. Not sure how to choose fabulous fruits and vegetables at an outside market? Read on for our annual guide to help you pick perfect produce from early crops through the end of the season.

Beans, snap: Look for small seeds inside straight, fleshy pods. If you can see large seeds through the skin than the beans are probably too old. Avoid beans with dry-looking, rusty, wilted or damaged pods.

Broccoli, Brussels Sprouts, Cauliflower: Look for tightly compacted flower clusters on broccoli and cauliflower, and compact, uniform sprouts. Avoid wilted, yellow, or dirty heads, and avoid loose, open sprouts or those that are yellow or pale green.

Cabbage and head lettuce: Look for firm compact heads that are heavy for their size. On leaf lettuce, choose unwilted, compact, crisp-looking compact plants.

Carrots: Look for deep orange colored and smooth skinned roots. Avoid carrots with purple or green shoulders or pale in color; or ones with forked or crooked roots. Oversized roots usually mean they are woody. If tops are still attached on carrots, they should be fresh.

Celery: Choose large, firm stalks with uniform stalk and a white bottom. Avoid spindly, wilted stalks.

Chard: Look for fresh, dark green leaves with bright, tender stalks. Avoid wilted, poorly colored leaves.

Collards and kale: Check for tender, green, full-sized leaves with tender tips; avoid wilted, tough or overly large leaves.

Corn on the cob: Choose for well-filled cobs with plump, straight rows of kernels. Avoid large, wrinkled kernels.

Cucumbers: Pick long, slender cukes that are medium to dark green.

Peppers: Look for firm, darkly colored fruit with uniform size, color, and number of lobes. Avoid wrinkled or shriveled ones or fruits that are sunburned (contrasting color spots).

Radishes: Choose medium-sized, firm,



TAKE THE HINT
KAREN TRAINOR

crisp roots. Avoid wilted or soft roots or those with growth cracks or insect damage. Oversized roots will be pithy. Sunburned crowns are also not desirable.

Summer squash: Choose ones that are uniform in size, color, and shape. Avoid large fruits (over mature) or ones with scarred skins, missing stems, or that are soft or wilting.

Tomatoes: Look for smooth skinned, firm fruits with uniform color. Avoid fruits with growth splits, sun scald, or overripe (soft) fruits.

Apples: Choose firm, well-colored fruit that feels crisp.

Blueberries: Pick plump, firm, deep blue berries with their natural waxy silver coating.

Cantaloupe: Look for a smooth shallow base; thick, coarse, corky netting that stands out from skin. Should yield slightly when pressed on non-stem end and have the slight scent of cantaloupe.

Cherries: Should be dark in color, glossy, plump, with fresh looking stems.

Mangos: Pick fruit that has plump, smooth, dark green skin with patches of red, yellow, or orange color; should be slightly soft.

Nectarines: Fruit should be plump, slightly soft along “seam”; either orange-yellow or greenish between red-blushed areas depending on variety.

Oranges: Choose firm oranges, heavy for its size; smooth-textured, with bright-looking skin.

Peaches: Should be somewhat firm, becoming slightly soft; red with creamy, orangy base color.

Pears: Look for firm fruit, just barely beginning to soften. Bartletts: pale to rich yellow; Boscs: green to brown yellow.

Pumpkin: Look for a pumpkin with an even orange hue. Give it a thump; if it sounds hollow, it is ripe and ready to be picked. Look for hard skin and a hard stem. Leave several inches of stem when you harvest a pumpkin. Doing so will slow down the rotting process

Watermelon: Should be symmetrical with bright green rind with a creamy yellow underside. Choose a watermelon that’s heavy for its size.

Win Dinner for Two at the Publick House
Your tips can win you a great dinner

LETTERS TO THE EDITOR

When free thinkers are branded enemies of the state

To the Editor:

Where do you stand? Are you a free thinker? Are you creative and independent? Do you think for yourself? Then, you know the difference between right and wrong. You are not a Progressive or a Leftist. You must be an enemy of the state.

Conservatives, Christians, Latin Mass Catholics, former Bud Light drinkers, legal gun owners, Pro-Israel supporters, anti-Progressives, pro-Capitalism, opponents of drag queen shows for children are Free thinkers. Enemies of the state.

We are enemies of the state, according to my learned friend, because we put God ahead of the government. Conservative justices of the Supreme Court put the Constitution ahead of government. They are enemies of the state. Marxist protestors continue their drumbeats outside their homes, day and night, but the Injustice Department has not enforced the law and arrested them.

We honor American exceptionalism, as evidenced in Sen. Tim Scott and rock star Tina Turner. Can any other nation brag about such stars? No. Only America. We use our God-given common sense. We do not need the Durham report to prove that the FBI, the Department of Justice, and state media lied to win an election.

What happens when an independent journalist goes before Congress to testify about the FBI’s take-over of Twitter during the 2020 election? The IRS raids his house on the very day he testifies before Congress. Coincidence? The IRS issued the tax summons on Christmas Eve, Dec. 24. A Saturday. As one wit said, it must have been Bob Cratchit working overtime. Matt Taibi, the independent journalist, admits he voted for Biden, but his loyalty to Free Speech is dangerous. It threatens our feral amoral federal government. Taibi is an Enemy of the State.

President Trump is Public “enemy of the state” Number One because he exposed the Deep State. It has tried to destroy him and any who agree with him.

Have you heard of the Harvard professor, Dr. Charles Lieber, who was arrested in 2020 for taking millions of dollars from the Chinese Communists and failing to pay taxes? Of course, you haven’t. State media will not report it. He headed the Department of Chemical Biology at Harvard, and

received grants of \$15 million from Fauci’s National Institutes of Health. Lieber failed to disclose his work supporting the Chinese at the Wuhan Institute of Technology. A traitor: He just pleaded guilty to six felonies. Six! How much jail time do you think he got? Two days. His lawyers told the Harvard-trained judge that he is ill and could die in prison. That would be too good for him.

We need a little righteous rage right now, along with American bravery and exceptionalism which trumps all. Two exceptional Nashville police officers grabbed their guns and ran into the Covenant School in Nashville, Tenn., without head protection, no less, to kill the crazed trans-activist. Enemies of the State congratulate the police officers. Did Biden praise the brave officers? No, he praises rioters with bull horns:

Democrat rioters took over the Tennessee House of Representatives with a mob and bull horn - not to protest the Covenant School killings - but to demand a ban on the very guns which stopped the killing. So the Tennessee representatives voted them out for rioting in the capital. Does Biden meet with the Covenant School parents? No, of course not. They are, you know, Enemies of the State.

Budweiser employed a fake “girl” to promote Bud Light. Enemies of the State now order Coors Light. “They” can call you a trans-phobe, but they cannot make you buy their beer or make you believe that a man in lipstick is a “girl.” Men freely engage in cultural appropriation - taking something from a group (women) who have been historically oppressed. We Women want our dresses, high heels and lipstick back. We are, you know, enemies of the deep state of Leftist men.

RFK Jr. said: “They have taken my country away from me.” Enemies of the state may vote for him because he is a disrupter. Washington badly needs a disrupter.

Do you think our country is just dandy? Or are you an Enemy of the State who thinks our country is “FUBAR?” It’s a World War II term which cannot be spelled out in a family newspaper.

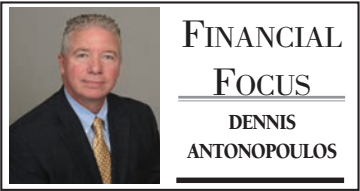
Where do you stand?
Signed,

Bev Gudanowski
Uxbridge

for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I’m in the business of dispensing tips, not inventing them (although I can take credit for some), I’m counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Biggest threats to a comfortable retirement?



If you save and invest for decades, you’d like to know you can retire without financial worries. Nonetheless, you still have to be aware of some threats to a comfortable retirement — and how to respond to them.

These threats include:

• Inflation – Inflation has been high recently, but even a mild inflation rate can seriously erode your purchasing power. In fact, with just a 3 percent inflation rate, your expenses could double in about 25 years — and your retirement could easily last that long. So, if you’re going to rely on your investment portfolio for a sizable part of your retirement income, you will need to own a reasonable number of growth-oriented investments, such as stocks or stock-based funds, whose potential returns can equal or exceed the inflation rate.

• Excessive withdrawals – Once you retire, you should establish a withdrawal rate for your portfolio — an amount you can take out each year and still feel secure that you won’t run out of money. Some people make the mistake of withdrawing too much, too soon once they’re retired. Your withdrawal rate should be based on several factors, including your age at retirement, the size of your portfolio and the amount of income you receive from other sources, such as Social Security. A financial professional can help you determine a withdrawal rate that’s appropriate for your needs.

• Market volatility – The financial markets will always fluctuate. When you’re still working, this volatility may not be such a problem, as you have years or decades to recover from short-term downturns. But when you retire, you don’t want to have to sell investments when their price is down. To help prevent this, you can tap into the cash in your portfolio, assuming you have enough to cover several months’ worth of living expenses. You could also draw on a CD “ladder” — a group of CDs that mature at different times — to provide you with resources for the next few years and allow your equity investments time to recover their value.

• Unexpected costs – You had them when you were working, and you’ll probably have them when you’re retired: the furnace that breaks down, the car that needs a major repair, and so on. But if you’ve established an emergency fund containing a year’s worth of living expenses, with the money kept in a liquid account, you may be able to “ride out” these costs without jeopardizing your investment portfolio. Be sure to keep these reserves separate from your typical day-to-day accounts to avoid the temptation of spending your emergency money.

• Health – Retirees may face more health concerns than younger people, and those concerns often come with larger medical bills. That’s why it’s important to maximize the benefits from Medicare or your Medicare Advantage plan. Also, if you contributed to a Health Savings Account (HSA) while you were working, and you haven’t depleted it, you can use the money in retirement. As long as the HSA funds are used for qualified medical expenses, withdrawals are tax- and penalty-free, and won’t be included in your income. This could help keep your income below certain levels, lower your Medicare premiums or avoid the 3.8 percent surtax on net investment income that can be assessed on high-net-worth taxpayers.

Retirement can be a pleasant time in your life — and you’ll enjoy it more if you’re prepared for the challenges that face all retirees.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.

Cold weather catches anglers off guard



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The cold weather that moved into New England this past weekend was a shocker to both gardeners and anglers. It sure hit the anglers hard, who planned a trip on a charter boat, with the wind and cold, but some did brave the nasty weather. Some anglers that traveled north did very well aboard a charter boat, catching a lot of haddock. A big difference from a week earlier, when some anglers in search of haddock could not find many. Freshwater ponds and streams are still producing some impressive trout, as well as some of the Rod & Gun Club ponds. There were a lot of fishing derbies in the last couple of weeks, which is a good sign that the sport of fishing is alive & well!

A local farmer reported losing most of his peach crop during the recent cold snap, and some of the apple trees did not do very well either. It has been a tough growing season to date, but that

should all change in the next few days. One day, I had the air conditioner on, and then the furnace was running a couple of days later. That is New England.

When the weather breaks and people start to enjoy the outdoors again, they should be reminded that wildlife encounters are more frequent at this time of year. All forms of wildlife are having their young, and the whitetail deer are often leaving their young hidden in

Courtesy

(Right) This week's picture shows William Toner with a striped bass he caught fishing around Block Island recently.

the tall grass fields, as they feed close by. Too often, people think that the deer are abandoned, and remove them from the area. They need to be left alone, as their mother is not far away. This year, waterfowl seem to be having an excellent breeding season, with many geese and ducks being observed in numerous lakes and ponds. This week's picture shows a brood of six geese at a local club, and they are growing real fast. A pair of wood ducks also had a brood of young that were really small, but have not been spotted in a while now.

Hopefully, they did not have a run in with some of the predators in the area.

This week's picture of William Toner showing a striped he caught off of Block Island recently was hopefully in the slot limit to retain, but it gave him a lot of enjoyment reeling him in any way. Stripers are still being caught at the Canal with some fish in the 30-pound class being caught daily by anglers that know where and how to catch them.

Take A Kid Fishing & Keep Them Rods Bending!



Preserve the beauty, fragrance, and flavor of your garden



GARDEN
MOMENTS
.....
MELINDA
MYERS

Enjoy your garden throughout the growing season and beyond. Preserve its beauty, fragrance, and flavor in artwork, crafts, and food.

Cell phones with cameras make it easy to

capture the seasonal changes in our gardens and environment. Use a favorite photo as the wallpaper on your computer or phone. Turn them into greeting cards to send or pictures

to hang on walls, lifting your spirits on gray winter or rainy days.

Break out the colored pencils, markers, or paints and capture the beauty of individual flowers or gardens. Creating art, like gardening, can help elevate your mood, reduce stress, and improve self-esteem.

Start a garden journal, if you haven't done so already. It's a



Courtesy — Gardener's Supply Company

Terra cotta microwave flower presses provide the opportunity to harvest, press, dry and create in the same day.

great way to capture successes and even failures to help plan next year's garden or changes to the landscape. Create your own journal on the computer or in a spiral notebook. A waterproof and smudge-proof option like the Rite in the Rain Waterproof Garden Journal can go with you into the garden.

Preserve some of your favorite flowers and memories with a flower press you make or buy, like an heirloom flower press (gardeners.com).

Just place freshly picked leaves and flowers between pieces of paper in the flower press. Use flowers at their peak of beauty for the best results. Arrange the leaves and petals as desired before pressing, since they dry the way you place them. Once your flowers are placed in between the paper, close the press and secure the layers. Your dried flowers will be ready in a few weeks.

Speed up the process with the help of your microwave. The Terra Cotta Microwave Flower Press allows you to harvest, press, dry and create all in the same day. Place the flowers and leaves between the wool felt dividers and secure them inside the terra cotta top and bottom. The wool pads and terra cotta absorb the moisture as the microwave heats for quick drying.

Capture the color, fragrance, and relaxing benefits of lavender by filling small sachet bags with flower buds to place in a desk, nightstand, or drawer. Take this one step further and cre-

ate lavender wands from 10 to 30 flowering stems and a bit of ribbon. These attractive wands capture the lavender fragrance and make great gifts.

Pickle cucumbers or other vegetables to enjoy throughout the garden season and beyond. You'll find an assortment of pickling crocks on the market but consider elevating your pickles to gourmet status by fermenting them in The Amazing Pickle Barrel made of lightly toasted white oak. You and your guests will enjoy the subtle and unique flavor the oak barrel adds.

Keep the flavor of your garden alive all year long. Pick and dry herbs for winter meals and holiday gifts. Gather the herbs into small bundles and secure them with a rubber band. As the stems shrink so does the rubber band. Use a spring-type clothespin to hang the bundles from a clothesline in a dry, airy place that is out of direct sunlight for drying. Save space and dress up the display with an herb drying rack that holds six bunches of flowers, hot peppers, or garlic.

Keep carrots, beets, and turnips fresh and crisp for months after harvest with proper storage. Most gardeners don't have a root cellar or sufficient room in the refrigerator. Consider packing them in layers of damp sand or sawdust placed in a root storage bin. Set the bin in a cool dark place and retrieve the vegetables as needed.

Try these and other creative ways to extend your garden enjoyment beyond the end of the growing season.

Melinda Myers is the author of more than 20 gardening books, including *Small Space Gardening* and *Midwest Gardener's Handbook, 2nd Edition*. She hosts *The Great Courses "How to Grow Anything"* instant video and DVD series and *Melinda's Garden Moment TV & radio program*. Myers is a columnist and contributing editor for *Birds & Blooms* magazine and was commissioned by *Gardener's Supply Company* for her expertise to write this article. Her Web site is www.MelindaMyers.com.

Focus can transform your journey

As an individual driven by ambition, I often find myself brimming with the can-do spirit, ready to conquer all that lies ahead. Yet, this enthusiasm often leads me to over-commit, to bite off more than I can chew. With so many tasks and responsibilities flooding my plate, discerning where to focus my efforts becomes a task all on its own.

One of the overwhelming tasks I had to accomplish recently was creating more garage space! So fun.

On my quest for more garage space, I found myself rummaging through the cluttered caverns of my garage, moving dusty boxes, and sorting through a lifetime's worth of memories. That's when I stumbled upon an old book: "The ONE Thing: The surprisingly simple truth behind extraordinary results" by Gary Keller—the co-founder of Keller-Williams Realty.

I cracked it open, and one chapter - "The Focusing Question" - leaped at me.

Let's take a moment to meditate on the concept.

What do the thousand-mile journey and life's goals have in common? They both begin with a single step. However, how do we ensure our first step is in the right direction? We would want to avoid finding ourselves in the middle of nowhere, miles away from our desired destination. Here's where the wisdom of Keller strikes - he says, "The Focusing Question is what keeps our first step from being a misstep."

Yes, you heard right! A question. Why should we care about a question? Isn't it the answers that we seek? But think about it this way: the quality of your answer is only as good as the quality of your question.

As Voltaire said, "Judge a man by his questions rather than his answers."

Gandhi also noted, "The power to question is the basis of all human progress."

So, what is this magic question you ask? Well, here it is:

"What's the ONE thing I can do that, by doing it, will make everything else easier or unnecessary?"

The genius of this question lies in its simplicity.

Consider my life: running my dream business, managing my mother's water filter business, working a full-time job at a leading hospital, and penning this column for you all. Phew! That's a lot on one platter.

I should have been asking this question years ago!

How can I sift through all these duties, figure out what truly matters, and let go of tasks that don't serve my goals?

This, my friends, is where Keller's question shines. It guides you like a roadmap that points you toward the best possible decision at any given moment.

Now, let's delve into the depths of this focusing question and dissect its parts to reveal its wisdom.

"What's the ONE thing I can do..."

By singling out ONE thing, we stream-

line our tasks, cutting through the chaos and helping us focus on what truly matters.

"...Such by doing it..."

This is where the domino effect comes into play. It assures that doing this ONE thing will set other things in motion.

"...Everything else will be easier or unnecessary?"

This realization can be groundbreaking: We often find ourselves caught up in a whirlwind of busy work, only to discover later that these tasks didn't contribute to our goals.

The Focusing Question is a dual tool that can clarify our big-picture ambitions and the immediate steps needed to get there. Asking, "What's the one thing I can do?" allows us to identify our overarching goal.

Once that's clear, we can ask, "What's the one thing I can do right now?"

This refines our focus, breaking down the grand task into manageable, immediate actions. This way, we're consistently moving closer to our ultimate goal. We take the first step in the right direction and keep building upon it, one well-considered step at a time.

In the end, remember this: The Focusing Question is not a one-time magic spell. It's a compass you must consult regularly to keep you on track, helping you hone in on your next priority.

Since I've started asking myself this question, I've noticed a marked increase in my focus and always know what to do next.

I challenge you to harness its power, and watch how it transforms your journey to success, one step at a time!

Area residents named to Bridgewater State dean's list

BRIDGEWATER — The following Massachusetts residents were named to the dean's list for the spring 2023 semester at Bridgewater State University:

Auburn
Emily Healy, Jenna Nelson and Ava Novakoski

Blackstone
Madison Abrants, Zoe Bergeron, Meagan Brodeur, Brad Chausse, Cassandra Demotte, Alexis Harrison, Erin McGuire, Matthew Montgomery, Abigail Putnam, Mia Russo, Stephanie Spear and Alex Staples.

Brimfield
Spike Austin and Giana Uwazany

Brookfield
Sarah Tavares

Charlton
Samantha D'Arcangelo, Shaelyn Donovan, Molly Johnson, Matthew Kustigian and Ryan McKenzie.

Charlton City
Kayla Canty

Douglas
Madalyn Carr, Samantha Gibson, Alisa Guertin, Lauren Johnson, Joshua McCullen and Cody Winchell.

Fiskdale
Nate Eliason and Allison Morin

Grafton
Ashley Berardi and Sabrina Lincoln-Salfity

Millford
Julia Cacciola, Shane Cosquete, Jayden Fernandes, Tiago Filadelfo, Bianca Guerreiro, Ashley Haley, Sami Houston, Tesha Houston, Ashley LaVergne, Devin MacLean, Brenna Mackie, Nick Matias, Anthony Miano, William Pointer, Yasmin Silva, Eric Stockwell and Kayleigh Wilcox.

Millbury
Jackson Cudmore, Madie Forget, Audra McDuffie, Derek Paris, Ty Pogorek, Blake Samuelson and Zack Smith.

Millville
Aaron Canali, Charlie Dakai, Myra Dehestani and Justin Sauter.

North Brookfield
Sam Rischitelli

Northbridge
Meghan Coughlin

Oxford
Taylor Carter, Corinne Holmes, Danielle Johnson and Abigail Rice.

Rochdale
Jane Toohil

South Grafton
Stratos Bonos and Thomas Waller

Southbridge
Adryanne Gonzalez, Kolby Lamoureux and Amelia Tieri.

Spencer
Richard Butler and Morgan Girard

Sturbridge
Megan Hooker

Sutton
Kyla Rae and Nathan Tougas

Upton
Allison Ceruti and Patrick Dunham

Uxbridge
Lilyanna Bain, Amanda Brochu, Geovanna Freire, Grace Martel, Brenna Neill and Samuel Warner.

Webster
Brett Smith and Aryanah Walker-Sanchez

West Brookfield
Paige Latter and Adam Tweraser

Whittinsville
Jill Casey, Mackenzie Gifford, Omar Osman, Kim Shorey and Nathaniel Survell.

OBITUARIES

Jobe Clifford Wiersma, 86,

Jobe Clifford Wiersma, 86, of Fishers, Indiana, passed away peacefully on Monday, May 29, 2023. Being a Holiday weekend, he was surrounded by his three daughters, grandchildren, and great grandchildren. Cliff was born on July 30, 1936 to John and Annie Wiersma, in Whitinsville, Mass. His siblings are Teeta Jones of Rohnert Park, CA



and Ellie Spangler of East Brookfield, MA. He is survived by his daughters, Debbie (Phil) Jackson; Betsy (Doug Lane) Wiersma; Nancy (Steve) Wright and his grandchildren: Corey (Jen) Jackson; Christopher (Jen) Jackson, Sarah Lane, Alex and Lucy Wright; and great-grandchildren: Nathan and Grace Jackson and Cameron Jackson. Born and raised in Whitinsville, Cliff graduated from Northbridge High School. He attended Worcester Polytechnic Institute where he graduated with a degree in Chemical Engineering. He met the love of his life, Norma Hall and they married in 1958. They moved to Indianapolis in 1962, where they enjoyed golfing and were members and Past President of Heather Hills Country Club. In 1982 they moved to Fort Myers, Florida where Cliff, as a CCIM, continued his career in Commercial Real Estate. Retiring back in Fishers, Indiana in 2012, Cliff became an active member of the Senior Citizens Organization of Noblesville.

The Senior Center was the hub of social activities, bridge games and many new friends for Cliff in his later years, and after the passing of Norma. In lieu of flowers, donations in Cliff's honor may be sent by mail to the Senior Citizens Organization, Inc; 18336 Cumberland Road, Noblesville, IN 46060. Your love and support for our family is much appreciated.

GRADUATION

continued from page A1

becomes the tie that binds, that you have good fortune on all your firsts, the patience and levity to savor the lasts, and the hope that we have prepared you well to take your collective greatness to individual wins in the future," said UHS Principal Michael Rubin.

Uxbridge High School's Class of 2023 Valedictorian, Julia Philbrook, said that Uxbridge High School is "more than a public school."

"This is a place where friendships are not only formed, but will go on to last a lifetime. This is a place where students learn from teachers, and teachers learn from students," Philbrook said.

Salutatorian Julie Compston added that graduation was "closing the first chapter" of the students' storied lives.

"We are entering an enormously new

realm of the world where the opportunities we will encounter extend further than any of the perceivable limits we have lived within up to this moment," Compston said. "We are about to experience all the world has to offer and craft ourselves into the people we strive to be."

"We would not be sitting here today if it weren't for the support of everyone in [the] crowd," added Uxbridge High School Class President Tyler Richardson. "Our families, the entire staff of Uxbridge High School, and so many more have supported us along the way, helping us reach this milestone...It truly has been an honor growing up with all of you and sharing memories that will last a lifetime."

Seniors graduated from Sutton High School on June 1 at Mechanics Hall. Douglas High School and Northbridge High School held graduations on June 2.

with respect to its instruction, and for educators of both English and Spanish at UHS, they indeed share the credit for their capability, innovation, and reflection over these past several years, to support and enhance the experiences of many students."

The school's World Language department, including Anna Drakulich, Sarah Gaudet, Molly Hendrickx, and Cecelia Moquete, contributed to the study for the Seal of Biliteracy, as did UHS' teacher for English Language Learners Angela Woislav.

The Seal of Biliteracy is a national effort to value and reward biliteracy, and the legislation surrounding it represents a "formal commitment by the state to the importance of language learning in this global environment," the school released.

As part of a comprehensive bill to overhaul English language learning education, state legislation called "Language Opportunity for Our Kids"—or the LOOK Act—was signed into law by Governor Charlie Baker in 2017.

"This legislation and state oversight creates a directive to language programs that the historic grammar-based language instruction is not effective and does not produce proficiency," the school added.

"Our vision is to help students recognize the value of their academic success and see the tangible benefits of being bilingual," DESE released. "The State Seal of Biliteracy takes the form of a seal that appears on the transcript or diploma of the graduating senior and is a statement of accomplishment for future employers and for college admissions."

For more information, visit sealofbiliteracy.org.

Scholl of Northbridge performed "Wild Horses" by the Rolling Stones, followed by several speakers.

Thanking those who helped them on their journey was a shared theme for those who spoke during the ceremony. Katelyn Steele of Upton, Valedictorian, spoke about the positive traits the Class of 2023 possess as 'Beavers,' such as constructing houses, treating sick patients, and engineering solutions to global problems. Isabel Cahill of Uxbridge, Senior Class President, urged living in the present and being proud of who we've become. Hunter Clafin of Douglas, Student Council President, talked about memories made. Natalia Vazquez of Mendon, Senior Class Historian, said our memories influence who we are and who we will become. Thanks for the memories! Lastly, Maxwell Guyton of Uxbridge, Salutatorian, noted that today is not the end but the beginning of the incredible things we have yet to accomplish.

Assistant Principal Ms. Skye Bomba addressed the Class and took a moment to recognize those who were instrumental in helping our students get to this finish line. In closing, she encouraged the Class to live a life of kindness and compassion for others, reminding them that it costs nothing to be kind.

"Few know the obstacles you have overcome to be where you are today," said Superintendent-Director Dr. Michael F.

Local residents earn degrees at Clark University's 119th Commencement ceremonies

WORCESTER — Clark University awarded 1,300 degrees (590 Bachelor's, 681 Master's, and 29 doctoral degrees) to the Class of 2023 and conferred three honorary degrees during their 119th Commencement ceremonies on Sunday, May 21. Speakers heralded the graduates for their accomplishments, and the resilience and ambition they exhibited when their college experience was disrupted by the COVID-19 pandemic.

Jeremy Payson, of Douglas graduated with a Bachelor of Arts in Interactive Media.

Erin Carol Hynes, of Uxbridge graduated with a Master of Science in Management.

Lily J. Salatiello, of Whitinsville graduated summa cum laude with a Bachelor of Arts in Psychology and Women's and Gender Studies. Salatiello is a member of the Fiat Lux honor society.

John Henry Roche, of Whitinsville graduated cum laude with a Bachelor of Arts in English.

In his opening remarks, President David B. Fithian noted that the undergraduates were impacted by the COVID-19 pandemic throughout all four years of their college careers, a collective experience that he said resulted in a more creative and tenacious learning community.

"You became experts in the evolving art of remote learning and navigating uncertainty," Fithian said. "You experienced a uniquely challenging time in our history, and you proved to be stronger than maybe you even imagined you could be."

Robert D. Putnam, Malkin Professor of Public Policy at the Harvard University John F. Kennedy School of Government and author of a number of books examining the decline of community in American Society, including "Bowling Alone" and "The Upswing," delivered the commencement address. Putnam urged the graduates to seek new ways to bring Americans together across divides of politics, region, race, religion, ethnicity, class, and gender.

"Our country today faces unprecedented political polarization, economic inequality, social fragmentation, and moral self-centeredness, but you - collaborating with others - can reverse those trends," he said. "Your generation didn't cause these problems, but only you can lead the way toward a more diverse, more tolerant, more cohesive, more equal society. A society in which rather than shout or shoot at one another, we listen to one another - actually listen."

Honorary degrees were conferred to Putnam; Ruth Wilson Gilmore, a professor, scholar, and author considered a pioneer in the field of carceral geography and a forceful activist in the prison abolition movement; and Ronald Carter, a leg-

endary jazz bassist, bandleader; Grammy Award winner; and distinguished professor emeritus.

The "transformative power of education" was the theme of remarks by the graduate ceremony student speaker Idriss Laouali Abdou.

"Imagine growing up in a community where you and your friends had dreams you knew were impossible to achieve. That was the reality for me growing up in Niger," said Abdou, who served as the vice president of the School of Management Student Council and the graduate advisor for Clark's Caribbean and African Student Association.

"I was fortunate enough to pursue my studies in Morocco and France, and now here in the United States as a Fulbright scholar," he said. "My personal journey is just one example of how education can change lives. As members of the Clark community, I know that each of you has a story to tell, challenges to overcome, and successes to celebrate."

In her address to fellow undergraduates, student speaker Glory Phipps, a philosophy major, compared her class's journey to that of a rose growing from concrete, an analogy inspired by a poem written by the late rapper Tupac Shakur. Phipps spoke about the optimism she and her classmates shared at the start of their Clark experience, and how they persevered during the pandemic.

"We made it through by focusing on our passions. We fought for issues we believed in. We began to use our voices for the greater good," said Phipps, who served on the Student Council, the Black Student Union, the Latin American Student Organization, and the Mock Trial team. "No matter how many times we were struck down we still got up."

That perseverance, President Fithian said, is why the world needs Clarkies.

"Today's world needs minds that can understand a variety of perspectives. Today's world needs those who value research-based and evidence-informed solutions to complex problems. Today's world needs individuals who aren't afraid to be themselves, and who aren't afraid to challenge convention," he said. "Today's world needs you."

Founded in 1887, Clark University is a liberal arts-based research university that prepares its students to meet tomorrow's most daunting challenges and embrace its greatest opportunities. Through 33 undergraduate majors, more than 30 advanced degree programs, and nationally recognized community partnerships, Clark fuses rigorous scholarship with authentic world and workplace experiences that empower our students to pursue lives and careers of meaning and consequence.

Charlotte Steeves named to Regis College Dean's List

WESTON — Charlotte Steeves of Uxbridge was named to Regis College's spring 2023 Dean's List. Steeves was among those students who earned exemplary grades in their classes.

"This noteworthy achievement is one that requires perseverance, determination, and critical focus - skills that will encourage your continued progress in your undergraduate studies, career, and in life," said Provost and Vice President of Academic Affairs Mary Erina Driscoll, PhD. "Charlotte's unwavering commitment to academic excellence is reflected in being named to the Dean's List."

To earn a spot on the Dean's List, Regis sophomores, juniors, seniors, and professional studies students must have a GPA of 3.5 or higher; first-year students must have a GPA of 3.25 or higher. Additional criteria can be found in Regis' Academic Catalog.

Regis College is a coed university 12

miles west of Boston in Weston, Mass. founded by the Sisters of St. Joseph of Boston. With over 3,200 undergraduate, graduate, and doctoral students enrolled on campus and in fully online graduate programs, Regis provides an academically rigorous education within the schools of nursing, arts and sciences, business and communication, and health sciences. In line with Regis' mission of providing innovative, industry-focused learning opportunities, the university offers academic partnerships with hospitals and local employers, a clinical dental center in Waltham, Mass., and bachelor's completion and accelerated nursing programs at its campus in Lawrence, Mass. The university's 20 NCAA Division III athletic teams compete within the Great Northeast Athletic Conference (GNAC). Regis educates the whole person, preparing our students to pursue excellence, to become change agents in their own communities, and to serve and lead as advocates for a more just and compassionate global society. Visit regiscollege.edu to learn more.

Springfield College recognizes Dean's List students

SPRINGFIELD — Springfield College recognizes the following local students for being named to the Dean's List for academic excellence for the 2023 spring semester:

Michael Demko from Uxbridge. Demko has a primary major of Exer Sci / Applied ES.

Devin Haire from Douglas. Haire has a primary major of Health Science.

Brooke Hooper from Douglas. Hooper has a primary major of Comm. Sci. and Disorders.

Brynn Hurley from Douglas. Hurley has a primary major of Health Sci / Pre-PA.

The criteria for selection to the Dean's List are as follows: The student must have completed a minimum of 12 credit hours of graded coursework for the term, exclusive of "P" grades. The student must not have any incompletes or missing grades in the designated term. The student must have a minimum semester grade average of 3.500 for the term.



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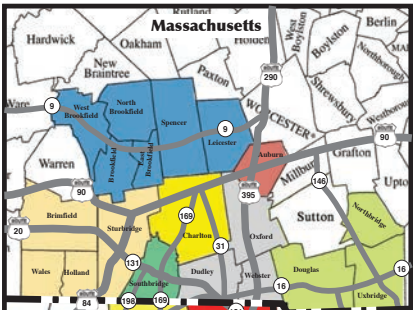
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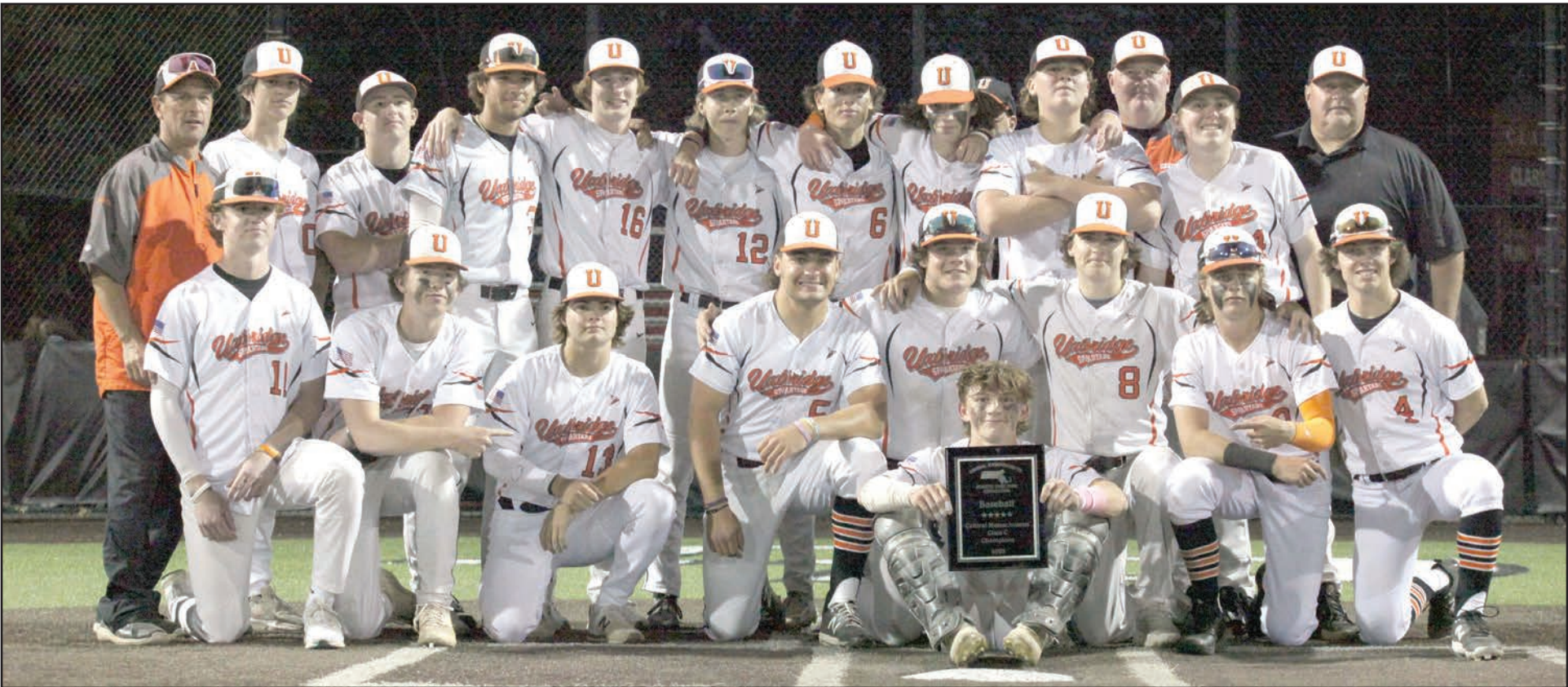
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SPORTS

Criscola helps pitch, hit Uxbridge past Woolies for CMADA Class C crown



Nick Ethier

BY NICK ETHIER
SPORTS EDITOR

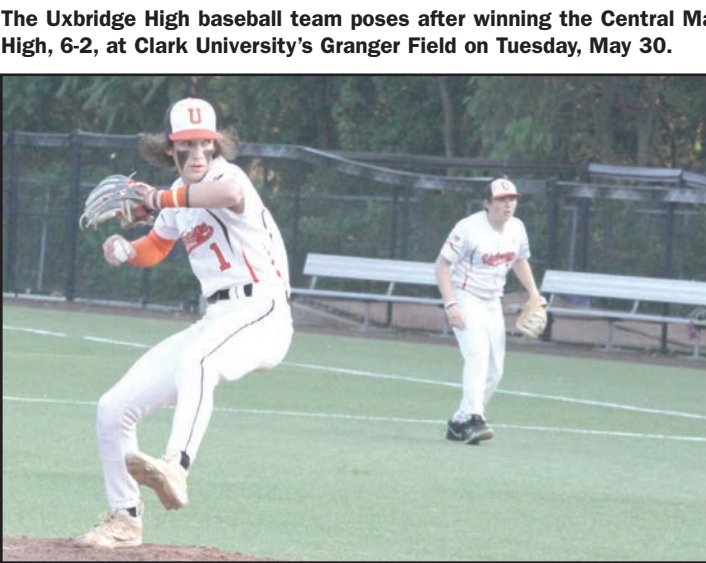
WORCESTER — One year ago, Charlie Criscola pitched in the Central Mass. Athletic Directors Association's (CMADA) Class C title game for the Uxbridge High varsity baseball team. And although Criscola pitched brilliantly, the Spartans were on the wrong side of a 2-1 decision to Tyngsborough High.

Now, in 2023, Uxbridge — the top seed in the CMADA Class C bracket — once again reached the championship, this time against No. 3 Millbury High at Clark University's Granger Field on Tuesday, May 30. And Criscola was back on the mound.

Criscola, a sophomore right-hander, again allowed two runs (one earned) in six innings of work, but this time the Spartans scored six runs — all in the second inning — with Criscola's two-RBI single up the middle being the bit hit. Uxbridge won the game, 6-2.

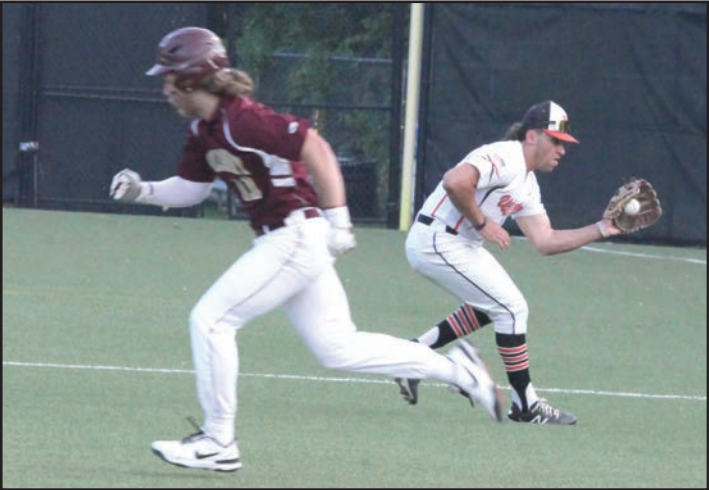
"I think I was on for a little bit. I felt pretty good; the fastball felt pretty good," Criscola said of his outing, which included four hits, seven strikeouts, one walk and one hit batter.

Regarding his big hit against Millbury southpaw starter Matt Kelly, Criscola, who bats lefty but enjoys lefty-on-lefty,



Nick Ethier

Charlie Criscola of Uxbridge got the start and pitched the first six innings in the Spartans' victory.



Nick Ethier

Uxbridge second baseman Aidan Blood tracks down a grounder hit his way.

State Tournament Scoreboard

All results are through Monday, June 5
Monday, June 5

Division 4 Baseball Round of 32
(8) Blackstone Valley Tech 11, (25) Joseph Case 3 — The Beavers' victory sets up a Round of 16 matchup with neighboring Northbridge High, the No. 9 seed in the bracket. That game took place after press time.

Division 5 Baseball Round of 32
(8) Douglas 7, (25) Carver 6 — A very close win propelled the Tigers (13-6) into the Round of 16, where they were set to host No. 9 Hopkins Academy at Soldiers Field (after press time).

Division 4 Softball Round of 32
(14) Blackstone Valley Tech 17, (19) Seekonk 10 — The high-scoring Beavers improved to 13-8 and played their Round of 16 matchup at No. 3 Clinton High, after press time.

Division 4 Boys' Lacrosse Round of 32
(15) AMSA 20, (18) Blackstone Valley Tech 7 — The Beavers couldn't keep up with the Advanced Math and Science Academy, as their season came to a close with a record of 13-7.

Division 4 Girls' Tennis Round of 16
(9) Bromfield 3, (8) Uxbridge 2 — The Trojans put the only blemish on the Spartans' season, as Uxbridge finished 20-1. The Compston sisters, Julie (No. 1 singles) and Sophie (No. 2 singles), won the points for the Spartans, while the No. 2 doubles tandem of Ella Haker and Abby Sanches dueled for over three hours in the deciding point.

Uxbridge won its Round of 32 matchup with No. 25 Abington High, 5-0, on Thursday, June 1, to get to the Round of 16.

Saturday, June 3

Division 4 Softball Round of 32
(16) AMSA 6, (17) Northbridge 1 — The Rams had an impressive regular season at 15-5, but they finished one spot out of hosting a game. Instead, they lost at the Advanced Math and Science Academy.

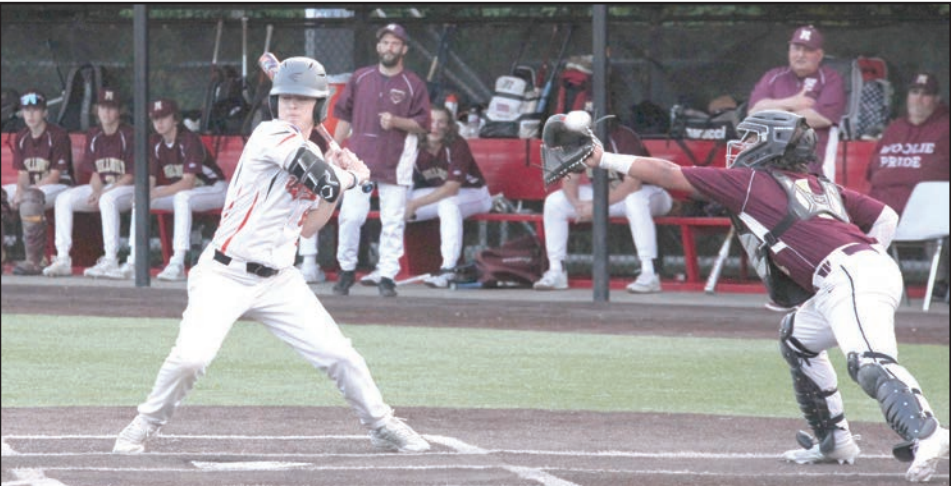
Wednesday, May 31

Division 3 Girls' Tennis Round of 32
(14) Swampscott 4, (19) Whitinsville Christian 1 — The Crusaders finished their season at 11-8 as they were unable to pull off the first round upset.



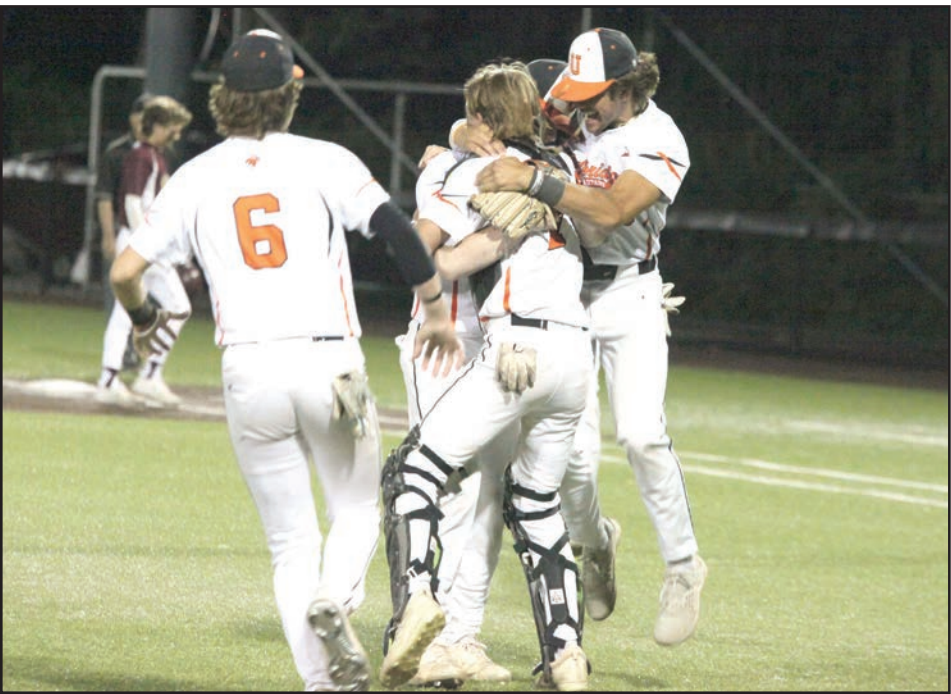
Nick Ethier

Uxbridge's Jack Nummela heads back to first base during Millbury's pickoff attempt.



Nick Ethier

Tanner Gauthier of Uxbridge reacts to getting hit by a pitch, which plated the first Spartans' run.



Nick Ethier

Uxbridge begins to celebrate following its 6-2 win over Millbury for the CMADA Class C Tournament title.

said, "I just saw a good fastball, timed it up and got it done."

Uxbridge head coach Peter Rice was proud of his team for winning three games in the CMADA Tournament — 5-3 over No. 8 Ayer-Shirley Regional in the quarterfinals and 5-1 over No. 5 Douglas

High in the semifinals before beating the Woolies — to bring their record to 15-6.

"There's a lot of competitive teams in this and it's a good win for these guys. We played three competitive teams and able to pull them off, and it sets the tone going into States," Rice said of the upcom-

ing Division 4 State Tournament. "We're young, so it's great experience for these guys to be put in this position. Last year a lot of them got it and now even more are doing it. So, hopefully we can make a run."

The Spartans learned their postseason fate about 12 hours after getting home from their game with the Woolies (12-9). Uxbridge is the No. 6 seed in the bracket and hosted and defeated No. 27 Winthrop in the Round of 32, 9-0, on Monday, June 5. Their opponent in the Round of 16? None other than No. 11 Millbury, who beat No. 22 Littleton High to get another crack at the Spartans. That game was played after press time.

Millbury scored first in the CMADA final with a run in the top of the second inning when Mattius Mateo plated Matt Ramsdell with an RBI single into right field. When the Spartans secured the third out of the frame, Rice had a message for his squad.

"We've got to score to win, so we talk about coming back and winning the inning," explained Rice. "We had a couple guys battle with good at-bats and get on base, and then that hit Charlie had with the two RBIs."

Grady Walsh led off the bottom of the second with a single but was forced out on a fielder's choice off the bat of Dylan Donahue. Aidan Blood then walked and Jack Nummela reached base on what could be characterized as a swinging bunt to load the bases. Tanner Gauthier was then hit by a pitch to score Donahue, and Braden Cammuso walked to score Blood. After Liam Kaferlein hit a fielder's choice to force Nummela out at the plate, Talen Rosborough walked to push the lead to 3-0. Criscola then had the two-RBI single, and Walsh's next at-bat resulted in an error to plate the sixth and final run.

Millbury scored once more in the fifth on a Bryson McCarthy RBI double to center, but Criscola got out of the jam and then pitched a relatively easy sixth inning.

"He wasn't lights out — a couple walks and a hit batter — but I know when we have him on the mound against most teams, if we can get three or four runs, I'm pretty confident," Rice said of Criscola.

Walsh pitched the seventh inning and did walk two batters, but he derailed any chance of a Woolie comeback by striking his final two batters out.

SPORTS

Mighty Spartans too much for Lunenburg in first round of State Playoffs



Nick Ethier
Uxbridge starting pitcher Bailey Dzivasen winds up and delivers the ball to the plate.



Nick Ethier
Uxbridge catcher Gabriela Belanger scoops a ball thrown in the dirt.

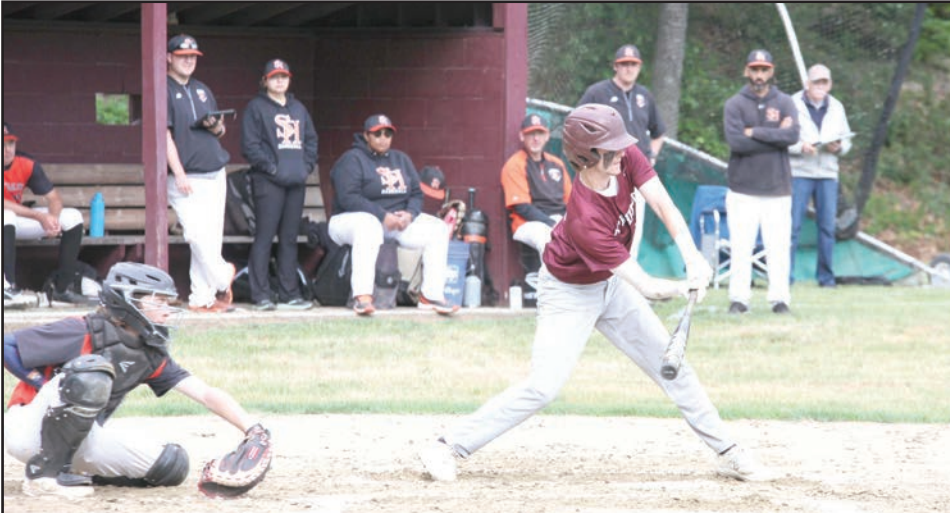


Nick Ethier
Shortstop Lola Grube of Uxbridge awaits the throw as a Lunenburg runner steals second base.

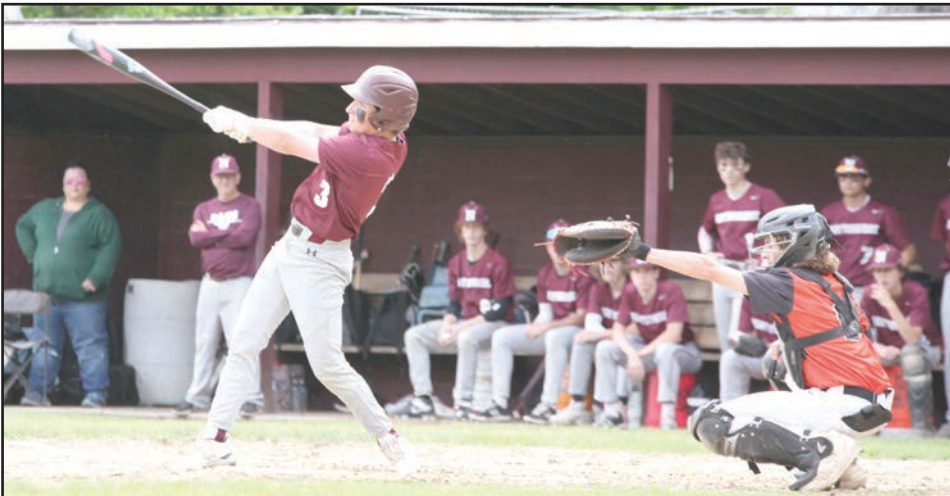
Northbridge baseball survives, advances into Round of 16



Nick Ethier
After securing a grounder, Erin O'Day of Uxbridge looks at the third base bag before touching it for a force out.



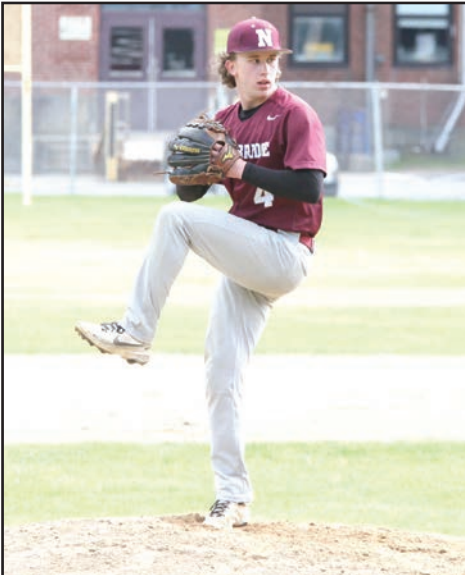
Nick Ethier
Northbridge's Matt Visbeek checks his swing on a pitch in the dirt.



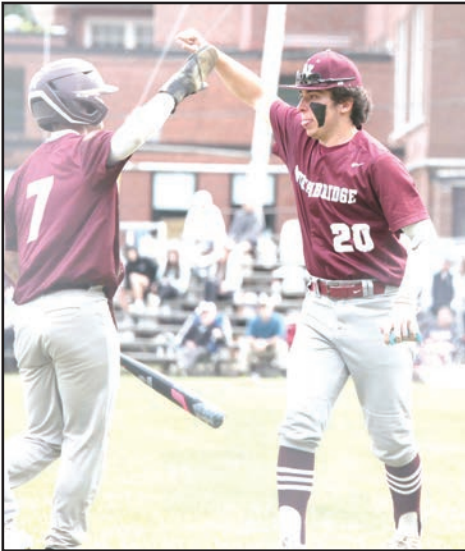
Nick Ethier
Brady Hubert of Northbridge follows through on his swing.



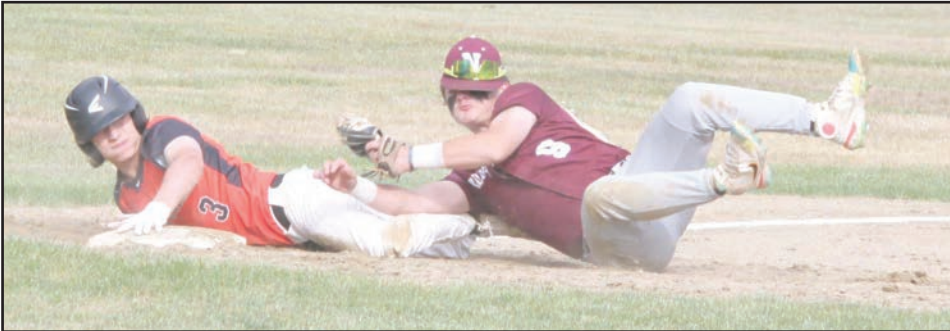
Nick Ethier
Uxbridge's Keira Paul hustles her way to the third base bag.



Nick Ethier
Northbridge starter Dom Radford fires off a pitch to the plate.



Nick Ethier
After scoring a run, Ryan Bedigian of Northbridge (7) receives congratulations from teammate Adam Federici (20).



Nick Ethier
Northbridge's Joey McKeown falls over after tagging out a South Hadley base runner.

UXBRIDGE — After a successful regular season, sporting a record of 17-3, the Uxbridge High varsity softball team earned the No. 8 seed in the Division 4 State Tournament and hosted No. 25 Lunenburg High in the Round of 32 on Monday, June 5, under the lights at Whitin Field.

And the Spartans exploded for runs

aplenty, as they outit the Blue Knights to the tune of a 10-3 victory. There was no rest for the weary for Uxbridge, though, as they were set to play No. 24 Lynnfield High in the Round of 16 the very next day.

That game, though, which was again played at Whitin, took place after press time.

NORTHBRIDGE — Just a season ago, the Northbridge High varsity baseball team earned the No. 10 seed in the Division 4 State Tournament and hosted No. 23 Southwick in the Round of 32. But the Rams were upset in the game, 12-4, as their season came to a screeching halt.

This year Northbridge garnered the No. 9 seed in the same D4 Tournament and again hosted a game, this time

against No. 24 South Hadley High on Monday, June 5, again in the Round of 32 at the middle school field. But the Rams survived and advanced this time around, as they defeated the Tigers, 4-3.

Northbridge (12-9) advanced to the Round of 16, where they squared off with local rival and eighth seeded Blackstone Valley Tech (15-7), after press time. The Rams and Beavers played once in the regular season, a 3-2 victory for BVT.

Marianapolis gradates class of 113

THOMPSON, Conn. — On June 4, 113 students (93 seniors, eight postgraduates, four joint diploma students, and eight international diploma students) will graduate from Marianapolis Preparatory School. Alumnus Thomas Dodge '73, Trinity Foundation Board member, will be the keynote speaker. In addition, Valedictorian Abbie O'Brien of Dayville, Conn., Salutatorian Felicia Fongemie of Ashford, Conn., and Head of School David DiCicco will also speak.

Dodge attended Marianapolis from 1969-1973 and attended the College of the Holy Cross in Worcester. He spent more than 35 years in the financial services industry, most recently at Fidelity Investments, where he retired as Director of Operations in Benefit Plan Services. A true believer in service, he has also been an active contributor to his parish, the President's Council at Holy Cross, the Marianapolis Alumni Council since 2014, and the Trinity Foundation Board of Directors since 2019.

"We appreciate Mr. Dodge's leadership and commitment to the School as an alumnus and member of the Board of Directors and thank him for sharing his insights with the Class of 2023 and our entire community," shared Head of School David DiCicco.

Valedictorian Abbie O'Brien, daughter of Jessica O'Brien of Dayville, Conn., and James O'Brien of Moosup, Conn., earned the highest grade-point average in the class of 2023. She has taken eight honors and 11 AP® level classes at Marianapolis and was inducted into the National Honor Society and the Spanish National Honor Society. O'Brien will deliver the valedictory address at commencement on June 4.

O'Brien is a NECTFL Award Winner for Excellence, the University of Rochester Bausch & Lomb Honorary Science Award winner, and an AP® Scholar with Distinction. She is also a three-sport athlete and captain of the indoor track and field team.

"Abbie has set a standard for her peers in engagement and

excellence across all parts of school life," DiCicco said. "We celebrate her success and the way in which she has invested herself fully in all she does."

O'Brien will attend Clarkson University and pursue a bachelor's in engineering.

Felicia Fongemie, daughter of Liz and Christian Fongemie of Ashford, Conn., earned the second-highest grade point average in the class of 2023. In addition, she has taken 15 honors and AP® level courses at Marianapolis and was inducted into the National Honor Society and the Spanish National Honor Society. Fongemie will deliver the salutatory address at commencement on June 4.

During her time at Marianapolis, Fongemie has been a NECTFL Award Winner for Excellence, an AP® Scholar with Distinction, and the recipient of the Sophomore Chemistry Award. She is also captain of the girls' varsity basketball team.

"We are so proud and impressed with all that Felicia has accomplished," said DiCicco. "She has truly demonstrated grit and resilience and been a role model for our full community."

Fongemie will attend Wesleyan University as a Biology major on a pre-med track.

Marianapolis Class of 2023 in alphabetical order
Collins AchuFon, Milford; Andrew Andrianopoulos, Worcester; Carlota Azar Sanchez, Merida, Mexico; Isata Bah, Westborough; Daniela Baños Ruelas, Leon, Mexico; Emine Barik, Istanbul, Turkey; John Barnwell, Danielson, Conn.; Ana Paula Beltran Perez, Villahermosa, Mexico; Giacomo Bertone, Milan, Italy; Emma Blanchard, Dayville, Conn.; Michael Bokis IV, North Brookfield; Faye Boligan, Thompson, Conn.; Grace Booth, Webster; Benjamin Bouchard, Douglas; Campbell Braun, South Grafton; Jonathan Briggs, Andover; Vu Bui, Hanoi, Vietnam; Stephen Canavan, Ashford, Conn.; Domenic Capalbo, Worcester; Ana Sofia Casillas Morales, Chihuahua, Mexico; Amin Chejin Farah, Chetumal, Mexico; Dominika Chmielewski, Webster; Sophia Civitenga, Webster; Gabriele Concetti, Pesaro, Italy; Kaito Correa Wagatsuma, Merida, Mexico; Claire Crossman, Oxford; Anna Czechowski, Webster; Jayden DeSimone Upchurch, Providence, R.I.; Charlie Dietz, Southborough; Joseph DiPietro III, Worcester; Victor Dogre Conde, Chetumal, Mexico; Danielle Doiron, Charlton; Bridjet Duffy, Shrewsbury; Benjamin Duquette, Webster; Pham Hoang Duy, Hanoi, Vietnam; Klara Elezaj, Tirana, Albania; Ava Fabiano, Killingly, Conn.; Nicholas Fennelly, Charlton; Felicia Fongemie, Ashford, Conn.; Oskar Forys, Węgrzce, Poland; Vu Thu Giang, Hanoi, Vietnam; Maxwell Golden, Millville; Quỳên Bô Hà, Bien Hoa, Vietnam; Emily Hammond, Sutton; Tran Thuy Hanh, Hanoi, Vietnam; Brig Hannon, Putnam, Conn.; Angelina Hargrave, Charlton; Lily Hayes, Danielson,

Conn.; Donovan Hendrick, Willimantic, Conn.; Sophie Hendrick, Willimantic, Conn.; Franklyn Herasme, Santo Domingo, Dominican Republic; Duy-Anh Hoang, Hanoi, Vietnam; Thu Hoang, Hai Phong, Vietnam; Tuan-Long Hoang Ly, Hanoi, Vietnam; James Hoban, Millbury; Patrick Hoban, Millbury; Hyunwoo Jeon, Seoguipo, South Korea; Raymond Johnson, Douglas; Filip Kalis, Prague, Czech Republic; Ethan Kalmin, Dudley; Avery Kurzontkowski, Shrewsbury; Kate Landis, Brooklyn, Conn.; Molly Landis, Brooklyn, Conn.; Camille Larson, Charlton; Hoang-Minh Le Tuan, Hanoi, Vietnam; Julia Lech, Millbury; Lauren Lemire, Southbridge; Xiunan Li, Yuhuan, China; Yihui Luo, Jiangsu, China; Audrey Madden, Killingly, Conn.; Remonda Mankarios, Dudley; Benjamin McGarry, Thompson, Conn.; Katherine Melnick, North Grosvenordale, Conn.; Sara Michailides, Chepachet, R.I.; Joshua Mobley, Webster; Olivia Montione, Dudley; Rachel Morin, Chepachet, R.I.; Anëla Mrvaljević Bar, Montenegro; Nguyen-Long Nguyen, Hanoi, Vietnam; Abbie O'Brien, Dayville, Conn.; Grace O'Gara, Worcester; Luisa Elena Olguin Herrera, Tuxtla Gutierrez, Mexico; Rhodia Perry V,

New London, Conn.; John Perveiler, Oxford; Khánh Vi Nguyễn Phần, Hanoi, Vietnam; Elena Polsky, Thompson, Conn.; Alek Popovich, Rochdale; Victoria Pozo Domingos, Higuey, Dominican Republic; Emma Raps, Webster; Lucas Rhoads, Stafford Springs, Conn.; Nathaniel Robinson, North Grafton; Morgan Royston, Oxford; Emma Russell, Brooklyn, Conn.; AnDre Stackhouse, Beacon, N.Y.; Kaeleigh Sullivan, Douglas; Lily Tessmer, Lancaster; Mai-Dong Tran, Hanoi, Vietnam; Mai-Duong Tran, Hanoi, Vietnam; Thao-Anh Truong Thi, Hanoi, Vietnam; Nguyen Le Minh Tuan, Hanoi, Vietnam; Alexis Turayev, Nescopeck, Pa.; Sathvik Vakati, Cromwell, Conn.; Caroline Vigneault, Southbridge; Caroline Villa, Auburn; Emily Walsh, Thompson, Conn.; Jia Wang, Hangzhou, China; Wondimu Weinberg-O'Brien, Worcester; Tyler Whiteley, Foster, R.I.; Stephen Willand, Douglas; Jessica Wright, Millbury; Abdullah Zameer, Woodstock, Conn.; Yang Zhang, Yuxi, China; Boning Zhu, Shanghai, China

Marianapolis Preparatory School is a coeducational, Catholic boarding and day school offering college preparation for students of all faiths. At Marianapolis, students from the United States and 22 foreign countries come together to develop the confidence and skills required for spiritual, intellectual, athletic, and artistic success. Marianapolis enrolls 300 day and boarding students. The school's 150-acre pastoral campus provides a beautiful and safe haven for study and athletics. Established in 1926, Marianapolis is one of the oldest independent Catholic schools in New England.

Local students named to Dean's List at Stonehill College

EASTON — The following local students were among nearly 1,000 students named to the Spring 2023 Dean's List at Stonehill College:

Hannah Callinan of Uxbridge
Kelly Heney of Douglas
Matthew Worthington of Uxbridge
Samantha Chrabaszcz of Northbridge
Rianne Cooney of Northbridge
Megan Vanelli of Uxbridge
Rofail Wassef of Uxbridge
Justine Michaud of Douglas
Rory Paul of Uxbridge
Camryn Salera of Douglas
Katharine Tubbs of Northbridge
To qualify for the Dean's List, students must have a semester grade point average of 3.50 or better and must have successfully completed all courses for which they were registered.

About Stonehill College
Stonehill College, a Catholic institution of higher learning, was founded by the Congregation of Holy Cross in 1948. Located on the beautiful 384-acre campus and former estate of Frederick Lothrop Ames in North Easton, Massachusetts, it is a community of scholarship and faith, anchored by a belief in the inherent dignity of each person.
Through more than 100 academic programs in the liberal arts, sciences, business and pre-professional field, Stonehill College provides an education of the highest caliber that fosters critical thinking, free inquiry and the interchange of ideas for over 2,500 students.
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J'Quan would thrive in an attentive, supportive family with one or two parents. A family for J'Quan will need to support the relationship that J'Quan has with his sister. A family should also be able to maintain contact with members of J'Quan's birth family. J'Quan would also benefit from a visiting resource.

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To learn more about adoption from foster care visit www.mareinc.org. Massachusetts Adoption Resource Exchange (MARE) can give you guidance and information on the adoption process. Reach out today to find out all the ways you can help children and teens in foster care.

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