

**STRESS FREE
CAR SHOPPING
FULL SERVICE CENTER**
Huge savings from MSRP

trusted for 52 Years

508-234-6767
HARBROAUTO.COM

HARBRO
AUTO SALES SERVICE



©2025, Issue #8

Free by request to residents of Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

SEND YOUR NEWS AND PICS TO NEWS@STONEBRIDGEPRESS.NEWS

Friday, February 21, 2025

Blackstone Heritage Corridor's Trail Ambassadors to guide Spring Hiking Series through region

WHITINSVILLE — Snow got you down? Think spring! A dynamic spring hiking series starts on March 8. The hikes will be led by volunteer Trail Ambassadors from the Blackstone Heritage Corridor, a non-profit collaborating with community partners to provide strong leadership to preserve, promote and celebrate the Blackstone Valley's resources for current and future generations.

The series is designed for all levels of hikers to experience the history and natural beauty of the birthplace of the American Industrial Revolution. The seasoned Trail Ambassadors will guide participants through many of the 100 trails in the Blackstone River Valley National Heritage Corridor, which covers 25 communities in Massachusetts and Rhode Island.

Participants will take scenic routes comprised of glacial gorges, granite quarries, dams, streams and ponds, among other natural features along the Blackstone River. The hikes are designed to explore historic sites, namely native lands, and farms and homesteads dating back to the 18th century.



Blackstone Heritage Corridor volunteer Trail Ambassador Phil Johanson leads a group of hikers through Castle Hill Farm in Whitinsville.

From early March to mid-June, Trail Ambassador Phil Johanson will guide hikes in the Massachusetts portion of the Corridor, and Trail Ambassador Ernie Germani will lead treks through the Rhode Island section.

"Phil and Ernie are experienced volunteers and outdoorsmen who know the lay of the land throughout the region," said Blackstone

Heritage Corridor Executive Director Devon Kurtz. "For their hikes, they welcome visitors to the trailheads and share

insights about the history, flora, fauna and physical features of the trail being explored."

The spring series is as

follows:

- Saturday, March 8 – Douglas State Forest
- Midstate Trail, Douglas
- Saturday, March 22 –

Cormier Woods, Uxbridge
Sunday, March 30 – Cumberland Monastery, Cumberland, R.I.

Saturday, April 5 – Waters Farm, Sutton
Saturday, April 12 – Camp Shepard, Smithfield, R.I.

Saturday, April 19 – Castle Hill Farm, Whitinsville

Saturday, May 3 – Mendon Town Forest, Mendon

Saturday, May 17 – Warren Brook Conservation Area, Upton

Sunday, May 18 – Hawkins Pond, Gloucester, R.I.

Saturday, May 31 – Stowe Meadows Conservation Area, Millbury

Saturday, June 7 – Mercy Woods, Cumberland, R.I.

Saturday, June 14 – Douglas State Forest, Douglas

Find hike details and RSVP here. To learn more about the Blackstone Heritage Corridor, visit BlackstoneHeritageCorridor.org.

Courtesy

Uxbridge Library gears up for fierce 'Minute Madness' Reading Showdown

UXBRIDGE — The Uxbridge Free Public Library is thrilled to once again participate in the Minute Madness Reading Competition, a March Madness bracket-style reading event that challenges participants to log their reading minutes each week.

This exciting reading challenge, inspired by the energy of March Madness, will feature libraries from across Massachusetts competing to record the highest number of minutes read each week in March. Following a bracket-style format, libraries will go head-to-head with winners advancing to subsequent rounds until a champion is determined. Every minute spent reading—whether it's books, audiobooks, or articles—counts toward

Uxbridge's total.

"We're excited to bring our community together with this fun and spirited reading challenge," said Director Chris Powloka. "In years past, Minute Madness has been a great way to encourage everyone to read more, challenge themselves, and have some competitive fun as we rally behind the library. This new tradition really energizes our readers."

The competition kicks off on March 1 with a "free-for-all" round, where the top 16 performing libraries will secure a spot on the bracket. From there, libraries will face off in weekly matchups until only one remains. In 2024, Uxbridge made an impressive showing with more than 116,000 minutes read.

Residents are encouraged to sign up and start logging their reading minutes to help Uxbridge climb the ranks. Those who log at least 800 minutes throughout the month of March will be entered into a drawing for a chance to win one of three \$25 gift cards to Honeysuckle Roastery and Cafe, generously provided by the Friends of the Library. To participate, visit uxbridgelibrary.beanstack.org, download the Beanstack mobile app, or get a paper log from the library to track and report your minutes.

Let's read our way to victory, Uxbridge! Together, we can take the lead in Minute Madness and show our community's passion for reading!

BVT budget subcommittee to hold public hearing

UPTON — As the Blackstone Valley Vocational Regional School District 2024-2025 Budget Subcommittee prepares the FY26 annual budget, it remains committed to producing a sustainable operational budget, mindful of its obligation to complement assessments requested of its thirteen member communities.

Preparing an operational budget involves many steps. The Budget Subcommittee embraces a multifaceted, mindful approach that requires collaboration among its school community members and informed stakeholders. From October to March of each year, the Subcommittee holds working sessions to examine, discuss, investigate, research, expand, delete, or otherwise modify its proposed budget, which is submitted to the District School Committee for approval before it seeks districtwide support.

The finance committee members, who review the proposed budget request each year, often comment the capital planning approach, which seizes selective cost-effective strategies with needed campus improvements. Rather than burden its member communities with additional capital-related assessments, the District vigilantly looks for external federal, state, and supplemental funding sources to initiate enhancements through reimbursement or outright award.

Reviewers of the FY26 proposed budget will observe many mitigation strategies to reduce assessments despite continuing inflationary pressure. Such measures include negotiating and securing employee health insurance benefits at last year's level, creative revenue generated via the sale of surplus property, pension billing relief from the Commonwealth, building rentals, and District Excess and Deficiency reserves to reduce the assessment of its thirteen town municipalities. The District continues to pursue competitive grant opportunities, but grant funds, by design, do not serve as a renewable source for daily operational expenses. Therefore, blending local assessments with secured grant resources is highly beneficial and avoids any audit exceptions.

The Budget Subcommittee has seized every resource and examined every opportunity for cost savings to enhance and protect district taxpayers' investment and develop a plan worth supporting. A public hearing will be held at BVT on March 13, beginning at 5 p.m. in the Cafeteria, 65 Pleasant St., Upton. It is an opportunity for residents to consider the proposed FY26 Budget, which puts needed resources behind supporting student success.

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills.

12th Annual Art Palette Contest celebrates creativity & artistic expression

WHITINSVILLE — ValleyCAST, the arts and culture arm of Open Sky Community Services, will be exhibiting the 12th Annual Art Palette Contest at the Spaulding R. Aldrich Heritage Gallery, 50 Douglas Rd., Whitinsville. The Art Palette Contest features artists of all ages and abilities who have transformed an ordinary wooden art palette into a unique work of art. The artwork created by artists in the community is displayed together on the gallery walls for all to enjoy.

"The culmination of artwork created by the community is nothing short of breathtaking," says Mary Laliberte, Open Sky Community Services Assistant Director of Community Outreach. "We're thrilled to continue this tradition, providing a platform for artists of all ages and abilities to showcase their vision in a vibrant display of artistic diversity."

The opening reception will be held on Thursday, March 6 from 5-7:30 p.m. The community is welcome and encouraged to attend the free wine and cheese reception and meet the artists. From the opening through April 4, 2025, gallery guests are invited



Courtesy

A guest admiring art palettes at the Spaulding R. Aldrich Heritage Gallery.

to cast a vote for their favorite art palettes in three different categories and age groups. Winners will receive cash awards. The exhibit will be on display until Friday, April 18. This event is sponsored by Jerry's Artarama, ValleyCAST, and Open Sky Community Services.

ValleyCAST fosters a creative and engaged com-

munity in the Historic Blackstone Valley that is inclusive and supportive of all people with and without disabilities. ValleyCAST is the arts and culture arm of Open Sky Community Services and together we believe in the power of community.

Open Sky supports individuals facing complex challenges in Central

Mass to achieve their definition of wellness and pursue the opportunities and relationships that are meaningful to them. We help them see beyond what they thought was possible to find their open sky.

To learn more about ValleyCAST and Open Sky, visit: www.openskycs.org.

Sophomores named to honor roll at Bay Path

CHARLTON — Vocational Bay Path Regional Technical School

Renowned appraiser to visit area

NEW BRAINTREE — Area residents are invited to dust off their treasures and prepare for a fascinating appraisal event.

Set for March 22 from 1-3 p.m., the program will take place at the New Braintree Historical Society museum (10 Utley Rd., New Braintree).

Renowned appraiser and auctioneer Kenneth Van Blarcom, of South Natick, will conduct an individual appraisal and history of your item. Guests in attendance will be able to learn about the item and its historical significance.

“The Society is thrilled to have Mr. Van Blarcom’s expertise here in

congratulates the following students in grade 10 on being named to the honor roll for the first quarter of the 2024-2025 school year:

- High Honors: Anais Annette Alamo, Lillian Araujo, Richard Barrell, Brett Beltzer, Alexandria Helene Blanchard, Sagasse Mpolo Budimbu, Clara Mae Burlingame, Jenna Lynne Cianci, Trinity Chevelle Crompton, Benjamin Jackson Cryan, Luciana Isabel Flores, Brooke Nicole Fuller, Jadyne Marie Goodwin, Emma Grace Harrington, Vikram Kanchan Jha, Jayme Douglas Kenney, Jared Thomas Magnusson, Emily Arlene Malia, Thomas Andrew Nault, Johnny Ly Nhan, Katie Ann Putnam, Jason Timothy Richard, Jordyn Alexandra Sabotka, Owen Wajer Sanford, Isabella Christina Sepulveda, Kyle Dennis Twombly, Ryan James Ugrinow, Jazzelle Gia Wolverson, Jackson Robert Young
- Honors: Hellen Alves, Trevor Riley Amaral, Winifred Donna Aucoin, Collin William Bachand, Kennadie Taylor Balunas, Vincent Louis Balducci, Zaclayia Rose Ballard, Benjamin Whitman Bassett, Lyla Rose Beauchene, Samantha Mackenzie Belanger, Kayleigh Rose Bissell, Alyssa Rose Bonneville, Benjamin Russell Boulmetis, Gavin Gradley Boyd, Alexia Rose Brown, Olivia Raychal Burgos, Ariana Kathleen Byrnes, Bella Kristina Calnan, Michaela Sarah Carter, Evalynn Rose Cedillo, Miya Elizabeth Chauvin, Keziah Sage Chipman, Leianna Marie Collins, Liam Zachary Colon, Eric Murphy Day, Hunter William Defosse, Livia Cassandra Deluca, Madisson Clara Drewry, Brianna Nyarkoa Dwomoah, Molly Elizabeth Dwyer, Elizabeth Joyce Eccleston,

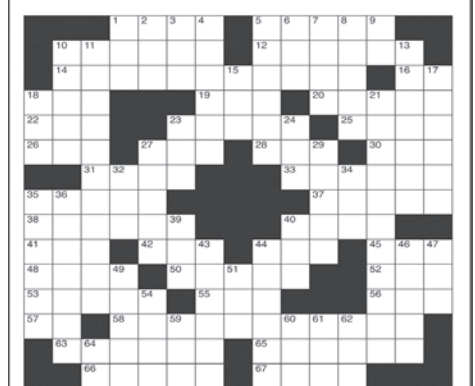
- Dylan Michael Filipkowski, Samantha Lynn Fleck, Aria Faith Fournier, Jinnette Lynn Goguen, Adrian Dariusz Golemo, Dakota Rylie Goodwin, Liam Reed Greenwood, Julia Abigail Holton, Colin Paul Hurley, Dominik Ignatovich, Evangeline Noelle Jackson, Kelsey Rose Karłowicz, Finnian John Keefe, Owen John Kennedy, Abena Kwartema, Benjamin Mitchell Labbe, Sangey Dawa Lama, Maximilian Thomas Lapriore, Ethan Michael Lemire, Damon James Libby, Perry Khai Lima, Apollo Ridge Logan, Julie-Anna Marie Marchetti, Jack Moriarty Maroney, Christopher Warren Martin, Aaron Robert Mazur, Finn

- McDaniel, Ava June McKelleck, Joshua Daniel McLaughlin, Johannys Marie Melendez, Nicholas Isaac Menezzzo, Jayden Anthony Minardi, Alexis Kayla Moore, Miles Joseph Moriarty, Miguel Angel Mosqueda, Nathaniel Thomas Munson, Kaiya Rowan Murphy, Anastasia Marie Nieuwenhoff, Daniel Anthony Nowlan, Sarah Hazel O'Donnell, Elijah Ziarre Orfori, Jacey Okyere-Tawiah, Izabella Grace Paquin, Matthew Dean Parmenter, Kiley Marie Paronto, Aylah Mae Patraw, Mayli Ann Pedersen, Iban Alexander Pelaez, Kyla Carmen Farai Pierre, Ava Marie Rennie, Isabella Lynn Richard, Dani Roemer, Leilani Marie

- Rohena Torres, Yarisbeth Michelle Rojas, Jennavicia Marie Roseberry, Julian Benjamin Saez, Isaiah Omar Santiago, Ella Lanmei Schofield, Kayla Lynn Schroeder, Michael Ryan Scott, Jannessa Ellie Sepuka, Lucas Clement Silva, Zachary Stephen Sirard, Tiano Joseph Caole Sousa, Hadleigh Anne Splaine, Logan Frederick Stake, Dylan Robert Strzelewicz, Arianna Jayde Thomas, Rachel Lynnette, Torres, Nicholas Aiden Tremblay, Timothy Nicholas Tripp, Bryce Joseph Vautour, Sophia Ann Vigeant, Bradey Matthew Weeks, Connor Patrick Welsh, Christopher Paul Willey, Nico Anthony Yacavace, Lucy Vivian Zaleski

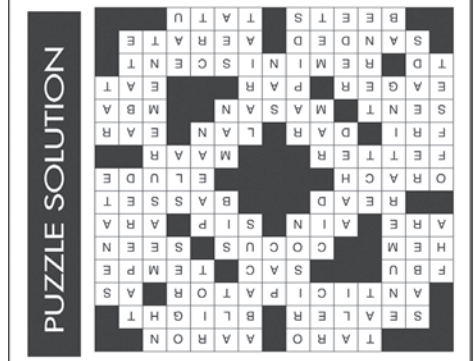
- Principal's List: Lacie Rose Andrews, Riley Norman Baillargeon, Nolan Scott Barton, Dominic Francis Carofaniello, Eli Choiniere, Aidan Connor Clyne, Naomi Natania Cooper, Maya Janara Cronin, Liam Michael Cunniff, Nathan Stephan Donnelly, Zachary Michael Dumas, Brayden Alex Erickson, Ava Lila Erkoc, Tobias Michael Falcoforeman, Marcus Anthony James Feliciano, Ely Eric Gemboski, Cole Michael Goings, Emma Lynn Grensavich, Brady Nicholas Johnson, Cameron Joseph-Michael Kirtledge, Alexander James Kowalski, Owen David Lemansky, Andrew Tadeusz Levitzky, Laiyiah Rose Marquez, Colin Archak McIlvaine, Alysia

- Marie Melendez, Ayden Michael Morin, Corey Amoako Ntim, Jacob Jan Perry, Dylan James Poissot, Sophia Morrigan Ramirez-Murphy, Sophia Rivera, Evan Mitchell Roberts, Devin Matthew Robinson, Jake Albert Roemer, Adrian Miguel Rosa Bouthot, Gianna Kaylee Rosario, Trevor Anthony Rose, Eziajah Gianni Santiago, Logan James Schoff, Julia Rose Simpson, Addisyn Theresa Skeates, Brady Patrick Smith, Rebecca Marie Smith, Skyla Marie St. Francis, Amelia Jean St. Peter, Sean Michael Francis Sullivan, Travis Jacob Tong, Isabella Anna Vangel, Dahsiel Robert Williams, Payton Cailee Zienski



- CLUES ACROSS**
1. Tropical Asian plant
 5. Yankees' slugger Judge
 10. Helps to preserve food
 12. Plant disease
 14. One who predicts
 16. Equally
 18. Burundian franc
 19. Pouch
 20. Arizona city
 22. Surround
 23. Hard, heavy timber
 25. Witnessed
 26. They
 27. French river
 28. A way to drink
 30. Small constellation
 31. Peruse a written work
 33. Type of hound
 35. Plant of the goosefoot family
 37. Evade or escape
 38. A way to confine
 40. Volcanic crater
 41. Weekday
 42. Women's service organization (abbr.)
 44. Local area network
 45. Sensory receptor
 50. Tibetan pastry
 52. Licensed for Wall Street
 53. Very willing
 55. Golf score
 56. Consume
 57. Touchdown
 58. Tends to remind
 63. In a way, smoothed
 65. Poke holes in the ground
 66. Herbaceous plants
 67. Taiwanese river

- CLUES DOWN**
1. Body art
 2. Boxing's GOAT
 3. Film for posterity (abbr.)
 4. Prayer
 5. Calculating machine
 6. Keyboard key
 7. Outburst
 8. Man-eating giants
 9. New Hampshire
 10. Type of sword
 11. Counting
 13. Pants style
 15. Political action committee
 17. U.S. government legislative branch
 18. Civil Rights Act component
 21. Contractors take one
 23. Spanish soldier
 24. A person's brother or sister
 27. Expressed pleaser
 29. Song of praise
 32. Shock treatment
 34. Patti Hearst's captors
 35. Counteract
 36. Goes over again
 39. Popular Dodge truck
 40. Male adult
 43. A part of a river where the current is very fast
 44. Rope used to lasso
 46. Become less intense
 47. Subway rodent
 49. Lead alloy
 51. Japanese honorific title
 54. Advise someone
 59. Famous NYC museum
 60. Ocean
 61. Cathode-ray tube
 62. Cologne
 64. It starts with these two



PET of the WEEK

Penny

With a heart as golden as her years, Penny is searching for a loving home where she can spend her days soaking up affection and companionship. This sweet, easy-going senior may be a bit of a couch potato, but she has endless love to give! She greets everyone with gentle enthusiasm and never turns down a belly rub. Penny is the perfect blend of independent yet affectionate, enjoying life's simple pleasures—short neighborhood strolls, plenty of sniffing breaks, and relaxing with her favorite humans. She's calm, house-trained, and well-behaved, making her an ideal low-maintenance companion.

Penny has been diagnosed with Degenerative Mitral Valve Disease (DMVD) and takes daily medication to support her heart health, but don't worry - this lovely lady remains happy, content, and full of love!

Penny's perfect match? A calm, loving home that appreciates her relaxed nature, short walks, and cozy cuddle sessions. She's the ultimate Valentine's Day sweetheart, ready to fill your heart and home with love.

Could you be the one to make Penny's golden years truly special?

500 Legacy Farms North • Hopkinton, MA 01748

MILFORD FEDERAL
Est. 1887 | Our Community. Your Bank.

Milford Federal Bank is proud to sponsor Baypath Humane Society's Pet of the Week!

Bring your furry friend along on your next trip to MFB for a treat from our drive-up tellers, or stop in any branch and bring home a treat from our complimentary doggy treat bar.

1271 Providence Rd, Whitinsville, MA
508.234.8256 • 800.357.2265
MilfordFederal.com

Member FDIC | Equal Housing Lender

I was invited to a Super Bowl party in LA, so I figured—why not? I flew out, rented a car, and as I wound my way up the hills of Bel Air, I realized this wasn't just any party. The address led me to an opulent mansion owned by Dr. Mani Bhaumik—a scientist, entrepreneur, and someone whose life story made the Super Bowl seem like just another event.

The game was on, the food was great, and the energy in the room was electric—but being someone who is fascinated by those who have accomplished great things, I was more interested in getting to know Dr. Bhaumik than in watching the game.

As I spoke with him, I realized his life's journey was extraordinary. He was born into abject poverty in a remote village in India, so poor his family had trouble meeting basic needs. He didn't receive his first pair of shoes until he was a teenager, but he made up for his lack of resources with an unstoppable hunger for knowledge.

Opportunities were scarce, and success was predetermined. Still, as destiny would have it, he lived with Mahatma Gandhi for a time, absorbing the wisdom of

one of history's most outstanding leaders, not knowing that he, too, would one day leave a profound mark on the world.

Through sheer determination, he earned a place at the prestigious Indian Institute of Technology, where he pursued physics and eventually became the institution's first doctoral graduate.

In 1959, he set his sights on the United States to pursue postdoctoral research at UCLA. Arriving in the U.S. with almost nothing, he faced an entirely new set of challenges. He was an immigrant scientist in a time when opportunities for foreign researchers were not easily handed out.

But failure wasn't in Dr. Bhaumik's nature. His relentless curiosity and determination eventually led him to breakthrough research in laser technology.

In 1968, he secured a position as the director of the laser technology lab at Northrop Corporation, where he played a pivotal role in the development of the excimer laser. This technology would later revolutionize vision correction, leading to the LASIK surgery that millions rely on today.

Yet, his success wasn't limited to

Dr. Bhaumik

POSITIVELY SPEAKING
TOBY MOORE

science alone. Dr. Bhaumik had an entrepreneurial spirit that allowed him to expand his work beyond research labs and into the world of business.

His ventures in technology and industry earned him a fortune, enabling him to become a philanthropist.

Adding a touch of Hollywood glamour to his rags-to-riches story, He dated Eva Gabor and was featured in an episode of "Lifestyles of the Rich and Famous" with Robin Leach!

Despite reaching the pinnacle of both scientific and financial achievement, he sought something even more significant. The fundamental questions of existence. How does science intersect with spirituality? Could quantum physics explain the mysteries of consciousness? Was there a higher power woven into the fabric of the universe?

These questions led him to write "Code Name God," a book exploring the intersection of cutting-edge physics and the search for meaning.

He wrote, "There

is a grand design in nature, and that grand design is the reflection of a grand intelligence."

Dr. Bhaumik didn't frame this as religious doctrine—he wasn't preaching faith in a traditional sense. Instead, he proposed that science itself, through the discoveries of quantum mechanics, points toward a unifying intelligence behind the cosmos.

Dr. Bhaumik's journey isn't over. Even now, he stays up late writing research papers, speaking at conferences around the world, and funding initiatives that promote education and science.

While many might have retired

to enjoy the fruits of their labor, Dr. Bhaumik remains as driven as ever, not for more success, but for deeper understanding; he's still asking questions, exploring, and giving back.

I finally turned my attention back to the game. But as I watched the players fight for victory, I couldn't shake the thought—here we were, celebrating champions on the field, and yet I was in the presence of a different kind of champion.

If there's one lesson to take from Dr. Mani Bhaumik's story, it's this: whether you're on the field, in a lab, or just navigating life, never stop learning, never stop striving.

REAL ESTATE

- BLACKSTONE**
- \$640,000, 9 Elmwood St, Arthur, Michael, and Arthur, Robert, to Frazao, Hugo N, and Frazao, Claudia T.
 - \$280,000, 3 Mill St, Dream 6 LLC, to Beacon Leaf Hm Rehabs LLC.
 - \$196,420, 60 Freeman St, Bouffard, Suzanne T, to Hud.

- DOUGLAS**
- \$359,900, 5 C St, Bernache Invest LLC, to Pon, Victoria J, and Kyre, Camac J.
 - \$276,500, 14 Arch St, Cascade Funding Mtg T Hb1, to Hunt, Tom, and Stevens, Les.

- \$16,000, 291 South St #1, Ranslow, David A, and Ranslow, Carole L, to Next Level Re Soln LLC.
- \$15,000, 11 Kerney Rd, A C & Sheila Hawkins Irt, and Migliore, Lynn H, to Muniz, Justin, and Muniz, Kelly.

- NORTHBRIDGE**
- \$670,818, 62 Crestwood Cir #62, Stone Hill Partners LLC, to Leahy, Mark K, and Leahy, Teresa A.

- \$410,000, 25 Prentice Rd, Dalrymple Douglas G Est, and Dalrymple, Nicholas A, to Silvia-Alves, Nayara.
- \$375,000, 211 Union St, Ostopowich, Gregory F, to Healy, Christopher.
- \$25,000, 136 Border St #136, Silva, Shaylene L, and Macneil, Keith A, to Macneil, Keith A.

- UXBRIDGE**
- \$750,000, 45 Maslows Way, Jassmond, Robert A, and Jassmond, Jane M, to Beaton, Nancy K.
 - \$579,900, 107 Old Millville Rd, Hershberger, Jeffrey, to Roumacher, Matty L.

- \$420,000, 21 Hecla St #4, White, Vicky L, to Fernandes, Eric.
- \$420,000, 59 Hartford Ave E, Pauline I Hashey Rt, and Bernier, Catherine, to Nydam, Douglas, and Nydam, Linda.
- \$353,000, 214 Hartford Ave E #214, Lecuyer, Leo, to Lonczak, Frank, and Lonczak, Rita.
- \$315,000, 2 Strathmore Shire Dr #C, Clark, Jane K, to Killoy, Ruth.
- \$250,000, Homeward Ave #1, Fournier, Mary, and Manning, Brenda L, to Wescott Custom Homes LLC.
- \$250,000, Homeward Ave #2, Fournier, Mary, and Manning, Brenda L, to Wescott Custom Homes LLC.

BLACKSTONE VALLEY TRIBUNE

TO PLACE AN AD:
MIKAELA VICTOR
(774) 200-7308
mikaela@stonebridgepress.news

SUBSCRIPTION SERVICES:
KERRI PETERSON
(508) 909-4103
kerri@stonebridgepress.news

TO PRINT AN OBITUARY:
E-MAIL:
obits@stonebridgepress.news
CALL: 508-909-4149
OR send to Blackstone Valley Tribune
P.O. Box 90, Southbridge, MA 01550

TO SUBMIT A LETTER TO THE EDITOR:
E-MAIL:
news@stonebridgepress.news
OR send to Blackstone Valley Tribune
P.O. Box 90, Southbridge, MA 01550

BLACKSTONE VALLEY TRIBUNE PUBLISHED BY STONEBRIDGE PRESS
PRESIDENT AND PUBLISHER
FRANK G. CHILINSKI
860-928-1818 EXT. 103
frank@salmonpress.news

BUSINESS MANAGER
RYAN CORNEAU
860-928-1818 EXT. 102
ryan@salmonpress.news

OPERATIONS DIRECTOR
JIM DiNICOLA
508-764-6102
jdnicola@stonebridgepress.news

EDITOR
BRENDAN BERUBE
508-909-4106
news@stonebridgepress.news

PRODUCTION MANAGER
JULIE CLARKE
860-928-1818, EXT. 305
julie@villagenewspapers.com

The Blackstone Valley Tribune (USPS 024-873) (ISSN 0745-8673) is published weekly by Stonebridge Press, 25 Elm St., Southbridge, MA 01550. Periodical postage paid at Southbridge, MA and additional mailing office(s). POSTMASTER: Send address changes to the Blackstone Valley Tribune, P.O. Box 90, Southbridge, MA 01550.

News from Beginning Bridges

BeginningBridgesCFCE.weebly.com
Facebook: Beginning Bridges CFCE
Emurray@smoc.org
508-278-5110

Beginning Bridges CFCE 's vision is that children, youth and families reach their full potential now and in the future. Our mission is to work with families and community partners to create the conditions for children, youth and families to thrive socially, academically and economically. Funding for the Coordinated Family & Community Engagement Grant (CFCE) is provided by the Massachusetts Dept. of Early Education and Care (EEC) and sponsored by South Middlesex Opportunity Council (SMOC-Childcare/Head Start). Beginning Bridges CFCE has funding for the towns of Mendon, Northbridge, Upton

& Uxbridge. Currently, our FREE comprehensive services include weekly indoor and outdoor parent/child playgroups. We also offer parent education programs, the Ages & Stages Developmental Questionnaire and can connect families to community resources.

Upcoming Events- Registration is required for all upcoming events. Links can be accessed on our website or contact Emily Murray at 508-278-5110 or Emurray@smoc.org.

Please check our website and Facebook page for our latest Newsletter and information about our Playgroups.

Monday 3/3/25 - Music and Movement with Deb Hudgins - 9:30 - 10:30 - Upton Town Library, 9 Milford Street, Upton. Register on the Upton

Town Library website.

Tuesday, 3/11/25 - Taming Potty Training with Jill Vetstein - 7:00pm - 8:30 pm - Beginning Bridges CFCE and Taft Public Library via Zoom - link will be emailed upon registration. Join parent educator Jill Vetstein as she discusses different approaches, techniques and other resources to help potty train your child. - To register, please email Emily Murray at Emurray@smoc.org, or call 508-278-5110.

Wednesday 3/12/25 - Music and Movement with Deb Hudgins - 10:30 - 11:00 - Whitinsville Social Library, 17 Church Street, Whitinsville. Register online at the Whitinsville Social Library Website.

Tuesday 3/25/25- Munch and Mingle - 6-7:30pm- Upton Town Library, 9 Milford Street, Upton. Please join us for an eve-

ning - without children- to connect with other parents to mingle and celebrate the joys and challenges of parenting. Parent educator Sarah Dorfman will be on hand to facilitate discussions. PASTRIES AND WATER WILL BE PROVIDED. - Register at the Beginning Bridges Website under "Upcoming Programming".

Wednesday 3/26/25 - Coffee and Conversations - 9:15 am - 10:15 am - Taft Public Library, 29 North Ave, Mendon. Join us for an informal playtime where families will be able to build social connections, learn about early childhood development and family friendly resources. Taft will supply Muffin House Muffins! Please stay for the 10:30 am Puppet Storytime. Join Newton and Friends of Through Me to You Puppetry for songs and stories. At the end of the 30 minute show, children can greet the puppets. (Geared for children 2-5 years but all are welcome!)

Please check our website www.BeginningBridgesCFCE.weebly.com for more information and details.

What goes up must come down—or does it?

BY CHRISTOPHER

MALLON

SENIOR VICE PRESIDENT,
PROGRAM MANAGER

LPL REGISTERED PRINCIPAL,
THE CAPSTONE PLANNING
GROUP

LOCATED AT CORNERSTONE
BANK

Most of us have visited an amusement park and been on a rollercoaster at some point in our lives. Some people love these fast paced, stomach dropping, thrill rides—while others prefer to keep their feet planted firmly on the ground. Imagine for a moment you are buckled in, slowly ascending a rollercoaster's giant peak. As you steadily climb higher and higher, your heart rate and nerves start to increase. Why? Going up the hill isn't scary—but the inevitable drop back down is.

When it comes to investing your money, the same emotional scenario can play out. Seeing your account value climb higher over time isn't scary...it's great! But the fear of a big drop can be terrifying. Sadly, for some people that fear can become so paralyzing they avoid investing all together and forgo potential growth.

Is there any way to eliminate those potential drops? Is it possible for an account value to go up... but not back down? The short answer is yes. Certain products have been created for that specific purpose.

Most investors understand that traditional long-only investment products like stocks, mutual funds, and ETFs, offer upside growth potential. They also understand these investments can be volatile. Volatility is defined as "the potential to change rapidly and unpredictably". In other words, values can go up... and values can go down. A la the rollercoaster.

Insurance companies realized investors were looking for alternatives to the scenario above. If they could create a vehicle which provided upside potential and eliminated the "drops", they'd have a powerful product with lots of demand. Enter

stage right: fixed-indexed annuities.

A fixed indexed annuity (FIA) is a long-term investment that combines growth potential with protection from market downturns. If you're an investor willing to give up "a portion" of the market's upside, the insurance company will in-return guarantee to protect your principal from loss.

While not all FIAs are alike, here are some of their common features:

- Fixed term: to structure these products insurance companies typically require a term of 5 years or more. If you need to make a withdrawal, many allow for 10% free withdrawals per year (without penalty)

- Principal protection: when your contract ends, you are guaranteed to receive at least 100% of your initial investment back

- Earnings: potential earnings are paid at the end of each year and based on the performance of an underlying index. Earnings are

usually "capped" at a certain level. For this example, let's assume your cap rate is 10 percent based on the S&P500's performance.

- o If the S&P500 was up +7 percent: you would be credited +7 percent for the year

- o If the S&P500 was up +15 percent: you would be credited +10 percent for the year (remember the 10 percent cap)

- o If the S&P500 was down -20 percent: you would receive zero earnings for the year... but experience no loss!

- Tax deferral: FIAs have tax-deferred status which allows you to benefit from compounded growth

Should investors have all their money in a fixed-indexed annuity? Absolutely not. But when used appropriately, they can be a powerful tool for some of your assets. This is particularly true for individuals in or around retirement that do not want to experience the potential "drops" of the stock mar-

ket. FIAs can be a great compliment to traditional portfolios of stocks, bonds, and mutual funds -- and help to smooth out their overall volatility.

To determine if a FIA is appropriate for you, it is important to analyze your individual financial situation and goals. Working with a qualified financial planner that is also insurance licensed can be helpful in this process. He or she can help educate you on the pros and cons of different options, and how they may or may not be suitable for your needs.

Apparently not "everything that goes up has to come down" after all.

About The Capstone Planning Group

The Capstone Planning Group is an experienced wealth management team conveniently located at Cornerstone Bank. The team offers comprehensive financial planning, asset management, and insurance. To learn more about the team and schedule a courtesy con-

sultation please visit www.thecapstone.group or call 508-764-0046

Securities and advisory services are offered through LPL Financial (LPL), a registered investment advisor and broker-dealer (member FINRA/SIPC). Insurance products are offered through LPL or its licensed affiliates. Cornerstone Bank and The Capstone Planning Group are not registered as a broker-dealer or investment advisor. Registered representatives of LPL offer products and services using The Capstone Planning Group and may also be employees of Cornerstone Bank. These products and services are being offered through LPL or its affiliates, which are separate entities from, and not affiliates of, The Capstone Planning Group. Securities and insurance offered through LPL or its affiliates are:

Not insured by FDIC or Any Other Government Agency | Not Bank Guaranteed | Not Bank Deposits or Obligations | May Lose Value

Fixed Indexed Annuities (FIA) are not suitable for all investors. FIAs permit investors to participate in only a stated percentage of an increase in an index (participa-

tion rate) and may impose a maximum annual account value percentage increase. FIAs typically do not allow for participation in dividends accumulated on the securities represented by the index. Annuities are long-term, tax-deferred investment vehicles designed for retirement purposes. Withdrawals prior to 59 ½ may result in an IRS penalty, and surrender charges may apply. Guarantees are based on the claims-paying ability of the issuing insurance company.

Douglas Public Schools accepting Kindergarten registration next month

DOUGLAS — The Douglas Public Schools will be accepting ongoing Kindergarten registration starting March 3. Registration packets will be mailed to eligible residents by Feb. 20.

The registration documents may be returned either in person between 9 a.m. and 3:45 p.m.; mailed to Douglas Primary School, 17 Gleason Ct., Douglas, MA 01516; or e-mailed to phannon@douglasps.net. Please

return all forms by March 31.

Children eligible for Kindergarten in September must be five years of age on or before Sept. 1.

Parents must present their child's original birth certificate or a certified copy in person prior to March 31. Immunization records are also required with the returned registration paperwork. If you have any questions, please call (508) 476-2154.

HOUSE CLEANING SERVICE

Kris' Cleaning Service

Spring and Fall Cleaning
Weekly Cleaning
Bi-weekly Cleaning
All levels of cleaning provided according to customers needs.

Over 20 years experience!
508-688-7858
kmic_69@yahoo.com

WANTED TO BUY Antiques & Old Stuff

- Bottles • Crocks •Jugs •Costume Jewelry • Pottery •Toys
- Games • Glassware •Sterling Silver • Coins • Gold
- Silver Plated Items •Watches •Typewriters •Sewing Machines
- Tools • Radios • Clocks • Lanterns •Lamps • Kitchenware
- Cookware •Knives •Hunting • Fishing • Military • Masonic
- Fire Dept • Musical Instruments & Much More

CALL DONALD ROY 860-874-8396

LOWEST PRICES • FULL SERVICE

Serving Worcester County for almost 60 years! Shrewsbury's Own...



www.alsoil.com



We accept most major credit cards

24-HOUR EXPERT BURNER SERVICE • 508-753-7221

Friday's Child



Jaxen
Age 9
Registration # 8388

Hi! My name is Jaxen and I have a fabulous smile and laugh!

Jaxen is very active and happy! He enjoys playing catch, riding in golf carts, and rocking in outdoor gliders. When Jaxen wants to relax, he is very cuddly. Jaxen loves Disney music, especially the soundtracks from Trolls and The Greatest Showman.

<https://adopt.mareinc.org/waiting-child-profiles#gallery/child/8388>

Can I Adopt?

If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care visit www.mareinc.org. Massachusetts Adoption Resource Exchange (MARE) can give you guidance and information on the adoption process. Reach out today to find out all the ways you can help children and teens in foster care.




Salem Cross Inn
RESTAURANT & TAVERN
260 West Main Street, West Brookfield, MA 01585
Come on in for a delicious meal!

THE SALEM SUNDAY SPECIAL
12:00-5:00PM
Fresh Local Roasted Turkey Dinner \$28
Includes homemade rolls, stuffing, giblet gravy, butternut squash, whipped potato, tossed salad, and a sundae for dessert
TURKEY RAISED AT LIBERTY FAMILY FARMS. WHILE SUPPLIES LAST!

HEXMARK TAVERN SPECIALS
Thursdays- Open Faced Sirloin Steak Sandwich \$20 • Fridays- Whale's Tale Fish & Chips \$20

For more info visit www.salemcrossinn.com (508)867-2345
Hours: Thursday, Friday & Saturday 4-8; Sunday 12-5
Hexmark Tavern Hours: Thursday & Friday 4-8



25 ELM ST.
SOUTHRIDGE, MA 01550
TELEPHONE: (508) 909-4126
FAX: (508) 764-8015
WWW.STONEBRIDGEPRESS.COM

FRANK G. CHILINSKI
PRESIDENT & PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

Baby, it's cold outside

Newsflash: it's cold. Our little neck of the woods here has finally hit frigid sub-zero temperatures. Folks may be running low on fuel, or even running empty, causing frozen pipes to burst. Fuel companies are scheduled two weeks out in some cases, and several customers are feeling stressed due to the financial burden this cold weather brings. Our only advice is to hold on tight and think about how toasty things will be when temperatures soar into the teens and low 20s again.

The winter solstice on Dec. 21 has passed, and the days are getting longer...and, we hope, sunnier. One perk to this post-New Year's time is that, well, the holidays are over. The hustle and bustle starts in late November and doesn't calm down until the week following New Year's. Is it overrated? Maybe. We hope you are all able to relax in the days ahead.

When weather hits sub-zero, it's hard to remember why we live here. We live in New England because winter, for the most part, is fun and manageable. We love our snow sports, the smell of wood stoves cranking and the beauty of the snow-capped mountains.

Some of you may think of our ancestors who had to cut chords of wood by hand all year long just to prepare for the harsh New England winters. Houses way back when had no insulation or the walls were stuffed with straw and mud. Common houses were much smaller, therefore easier to keep heated with one wood stove. The fireplace was the focal point of a colonial home and was the place where family members would talk and work on small projects during the evening. The average size of a house according to today's standards is about 2,600 square feet. A home of that size hundreds of years ago was often occupied by the wealthy, who were able to afford to put a wood stove in each room of the house. Children of ten slept in lofts where the heat would rise and often shared a bed with siblings, using body heat to keep warm.

In days of old, people used thick curtains and down comforters to keep the heat in. Before bedtime, many would use a bed warmer, which was a brass pan with a long handle that was filled with hot rocks. Foot warmers were popular as well. These fancy contraptions were made of a wood framed tin box also with heated rocks that would be placed by the feet under the comforter. This heating method was used for trips in the horse and buggy as well. Churchgoers would bring their own boxes of heat and blankets to keep warm during a Sunday service.

Important to note is the fact that over the years humans have increasingly adapted to warmer weather as a result of modern technology. Our ancestors were able to withstand much colder temperatures and remain more comfortable in colder temperatures than we do today. All of that aside, we are pretty lucky to have the conveniences we do during these cold blasts.

Since winter is not nearly over, here are a few tips with regard to winter survival. Avoid frost bite and frost nip at all costs. When the water molecules in your skin cells freeze, they die. Once this happens, they can cause damage to your muscular and nervous systems. Exposed skin can develop frostbite within 30 minutes with winds of 10 mph and a temperature of -5 degrees. If you are outside and find your hands freezing, the warmest place for them to go is under your armpits, the warmest part of your body.

Another culprit is hypothermia. When your body hits 95 degrees you're entering the danger zone. When your organs start to drop in temperature they begin to shut down. If you notice yourself shivering or lacking coordination, it's time to get warm fast. Other more severe symptoms include low energy, difficulty speaking, a weak pulse and the cessation of the shivers. It's important to stay well nourished during any time spent outside, as your body needs that energy to stay warm. Always have a Snickers bar or something similar handy just in case. Staying hydrated is a must as you need water to keep your nervous system running properly. One rule of thumb is to never eat snow while trying to survive in frigid temperatures. Your body will be forced to warm it from the inside which wastes energy and can cause hypoglycemia. Try to keep your heart rate up as cold temperatures cause your heart rate to decrease. A higher heart rate will generate heat within your body however be sure not to do so much that you start to sweat, cold and sweat are never a good combination.

We hope none of you ever find yourselves in a situation where you need to implement any of the information above, however knowledge is power. Stay warm, summertime is just about six months away, where we will of course crank the air conditioning and complain about the heat and humidity.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

OPINION *Opinion and commentary from the Blackstone Valley and beyond*

LETTERS TO THE EDITOR

It never ends...

To the Editor:

I guess it's just 'MAGA being MAGA!' MAGA Mikey embarrasses himself once again with a list of wasteful spending by USAID... only one of which - \$1.5 million aimed at improving the inclusion of LGBTQ people in the workplace - was actually paid with USAID funds. I assume that Mikey is vying with Dr. Gudanowski to see who can spread the most disinformation on a weekly basis. The other 'wastes of money' he listed were funded by the State Department, some as far back as 2021 and were investments in democracies around the world, which is hardly 'wasteful spending.' If you want the complete rundown, go to [Factcheck.org/sorting-out-the-facts-on-waste-and-abuse-at-usaid](https://factcheck.org/sorting-out-the-facts-on-waste-and-abuse-at-usaid). I wonder why MAGA Mikey never checks his 'facts' before looking like a proxy for Fox News.

For the record, the purpose of USAID (the United States Agency for International Development) is to help countries achieve economic growth, reduce poverty, and promote democracy. They are intended to promote a positive American image around the world, and hopefully reflect goodwill back to America. The amount of money that USAID manages is less than 1 percent of the Federal budget. The professionals there, most of which Trump is firing, apply the money where it does the most good for America. But to greedy megalomaniacs like Trump and Musk, it's wasteful spending if the money doesn't end up in their pockets.

According to the New York Times, the State Department plans to buy \$400 million worth of Tesla Cybertrucks, from Elon Musk! A little conflict of interest, maybe? (To cover for this leaking out, Musk's name and reference to Tesla have been taken out of the announcement.) Musk has won more than \$13 billion in government contracts in the past five years. Tesla earned \$2.3 billion in the U.S. in 2024, but paid \$0 in federal income taxes. He's the guy cutting 'waste and fraud' in our government.

The big story this week is Trump capitulating to Putin - again. The 'art-of-the-deal' guy, the great negotiator, just gave Putin everything he wanted to

achieve by invading Ukraine... and got nothing in return. Oh, he did get Putin saying that the invasion wouldn't have occurred if Trump hadn't been cheated out of victory in 2020. And he got Fogel, in exchange for a Russian master cybercriminal. Wow... dictators kissing each other's bloated backsides. Trump is the Manchurian Candidate. He and his drunken, wife-beating bestie Hegseth declared that Ukraine will not regain its territorial integrity, will not be allowed into NATO, and will receive no help from the U.S. when Russia rebuilds and takes, by force, the rest of Ukraine. Great job, master statesman Trump. You couldn't negotiate your way out of your soiled Depends. You just sold Ukraine and the rest of Eastern Europe down the river, and gained nothing. You are "so upset at all the killing," so you just doomed millions of lives to future Russian terror.

As the icing on Putin's cake, Trump's Justice Department has disbanded a program aimed at seizing the assets of Russian oligarchs as a means to punish Russia for its invasion of Ukraine, and help rebuild Ukraine. The move to disband Task Force KleptoCapture is one of several moves undertaken by the Justice Department under the new leadership of Attorney General Pam Bondi, whose only qualification for the job is her former role as one of Trump's horde of defense lawyers, and the fact that she's a bleached blonde. She also ended the Foreign Influence Task Force, which was established to police influence campaigns staged by Russia and other nations aimed at sowing discord, undermining democracy and spreading disinformation. The U.S. government in the run-up to the 2024 presidential election aggressively moved to disrupt propaganda campaigns by Russia, which officials have assessed worked on Trump's behalf. Boy, Trump's lips must be chafed by now.

So what do all you MAGA think after Trump fired the Ethics Commissioner, fired all the Inspector Generals, eliminated all the government organizations tasked with detecting and reporting fraud, and now eliminated all the agencies attempting to eliminate foreign

intervention in our elections? Or, is 'think' something you are not physically equipped to do? After all, Mikey just said that all our concerns over Medicare, Medicaid, SSI, feeding the poor, etc. are just "the crying game going on and on." Them's a lot of syllables you're going to have to swallow, Mikey! Bon appetite!

Trump established a White House Faith Office, and appointed televangelist Paula White-Cain as its first senior advisor. Paula is eminently qualified to be in Trump's administration because she left her first husband, dumped the second one after cheating on him, then married a member of the rock band Journey, broke into the band's bank account and embezzled hundreds of thousands of dollars, after committing fraud and running a Ponzi scheme. Yes, Trump has all the best people.

Trump pardoned Rod Blagojevich, a corrupt politician, like himself, who, although a former contestant on The Apprentice, Trump claimed "I don't know him, but he was set up." He then pardoned Eric Adams, a corrupt New York politician... like himself. This a key step in the president's campaign to warp the legal system into a tool for advancing his political aims. Veteran prosecutors say they've never seen such a ham-handed directive from Washington - instructing local prosecutors to drop a public-corruption case while also asserting that "the Justice Department has reached this conclusion without assessing the strength of the evidence or the legal theories on which the case is based." Do you understand what has happened to 'justice' in this country? But Trump made some new 'friends'!

The Wall Street Journal Editorial Board - right-wing conservative zealots - admitted that Trump has no idea how the economy works. Apparently, the Board has just woken up from a very long sleep, and missed Trump's disastrous interview - 'the weave' in all its deranged glory - with Bloomberg editor-in-chief John Micklethwait during an Economic Club of Chicago event.

God, this gives me a headache.

*Rick Bevilacqua
Whitinsville*

From Gen Z: Tax Social Security benefits

the fund, only 75 percent of beneficiaries will receive full benefits.

The solution to this crisis is not up to the economist, but the politician. The financial armory of the AARP, political retaliation of civically active retirees, and the potential awakening of the taxpayers all disincentivize lawmakers to touch this with a ten-foot pole. To be sure, the Republican allergy to raising taxes, combined with Democratic coddling of benefits have made for one of the most historic stalemates in American public policy. Breaking the standstill could be done by answering one question: who should bear the burden of a solution? Taxpayers who are bound to receive fewer benefits or retirees who have paid into the program practically since its inception?

President Trump's proposal does not answer this question. It does not even qualify as a solution. By lacking a reciprocal mechanism to make up for lost revenue, his work will exacerbate the existing deficit and move up the timeline of insolvency. Quite representative of an absence of forethought in public policy, these types of proposals show a disregard for the younger generation and the dwindling benefits it has to look forward to.

For Millennials, Generation Z, and the generations following, President Trump's proposition is emblematic of the forgotten future. Lowering taxes here and now is apparently more important than preserving one of the most successful programs of the New Deal. Imagine a retired nurse with decades in the field,

a disabled individual who is prevented from working, or a widower struggling to pay rent—each falling with no social safety net to catch them.

What's more, less than 1 percent of the lowest-income households (those earning \$32,000 or less) would receive a tax cut as most of their income is already untaxed. Yet, among the top 0.1 percent, about 20 percent of households would see a decrease. In other words, those who benefit from the tax break are the ones who need the program the least, the ones who have assets to fall back on, the ones with the financial literacy to persevere. The sound of a tax cut is wonderful, but only the rich truly hear it.

Presidential reluctance to vocalize the approaching insolvency of Social Security is incredibly insulting to future generations. Not only are officials refusing to discuss sustainability options, they are using the program as a mechanism to make the wealthy better off. Faced with a classic choice between short term pleasure and longterm sustenance, public officials need to display fiscal responsibility. Social Security is a vital preventative measure against poverty among the elderly, the dependents of recipients, and the disabled. The stability and wellbeing of recipients ten, twenty, and fifty years from now are at stake, and future retirees are equally entitled to the peace of mind that the program provides.

*Sophie Compston
Uxbridge*

'Sanctuary' is a fiction

card bill? You cannot even pay your own credit card bill, but you are paying the credit card bill of illegals.

This is so wrong, it should make you spitting mad.

Sanctuary is virtue signaling of the worst political kind because it is meaningless. It is Virtue Socialist Theatre. There is no law that defends any state or town or person who shields illegal immigrants or discriminates against American citizens in favor of illegal immigrants. That is why Pam Bondi is suing New York.

The Massachusetts House budget chief lamented that the cost of emergency shelter for illegals has "ballooned beyond anyone's imagination." No kidding. He said if Beacon Hill did not give Comrade Healey another \$500 million of our tax dollars, "we will be forced to consider the unthinkable - potentially ending the right to shelter completely!" This is what Communism leads to: nothing for nobody.

Governor Nutty Healey is draining the last of the Pandemic money to pay for illegal immigrants because she spent all the previous money. So, our federal pandemic tax money is being spent, not on Covid, but on illegals. In her budget, she is reducing the amount of money for personal care assistants in home for the elderly and disabled, and closing mental hospitals for children. So compassionate.

This is not about compassion. It's about power. It's about inflating the decreasing population of Massachusetts, so Dems get to keep their seats in Washington.

The wonderful news is that federal officials will criminally prosecute Governor Healey-Nutt and Boston Mayor Wu for "conspiracy to commit a federal offense and to impede a federal officer." The

America First legal organization says that these two are subject to "personal financial liability to private plaintiffs."

A violent Dominican Republic illegal immigrant, staying in a state shelter, free of charge, has been arrested and jailed on 11 counts of possession of an AR-15 and 5 kilos of fentanyl with a street value of \$1 million, according to The Herald. Leonardo Sanchez has a "privately retained attorney". As The Herald said, how does that happen when he has received free shelter, free food? The District Court judge impounded all court records because it looks bad for the Socialists.

U.S. Immigration and Customs Enforcement, present in court, put a detainer for immediate deportation on him. Sanctuary means nurturing a viper in our bosom. His charges? An "alien in possession of a firearm," trafficking 200 or more grams of heroin, opium, fentanyl, 4.995 grams of the deadly drug.

Yup, just another violent criminal yearning to be free. Ay caramba.

*Bev Gudanowski
Uxbridge*

PS.: A correction: in last week's letter—I incorrectly said that Washington marched to Yorktown, Pa. In my mind, I was tracing their march from Rhode Island, down through a sliver of Pennsylvania to Virginia. We all know it was Yorktown, Va. Have you been to Yorktown, Va.? It is hallowed ground and a federal national park. The redoubts remain in place. Here stood the Continental Army. Here stood the French. Here, the British defended. Here, Washington was victorious. And we were born. God bless America.

LETTERS CONTINUED page A5

Celebrating Garlic's Greatness!

A recent bout with the cold/flu virus that is going around prompted me to rediscover the healing benefits of garlic. The truth is, I didn't have the energy, time or patience to wait half a day at the doctor's office to get checked out, so I took matters (and a bunch of garlic bulbs) into my own hands. The result? I was feeling "practically perfect in every way" (to quote Mary Poppins) in about four days!

While garlic isn't meant as a substitute for medical attention, the inexpensive and tasty herb can be a good first step in warding off a cold or flu. Read on for some old fashioned garlic home remedies, several of which have appeared in previous columns through the years.

Note: Garlic is a natural herb so please check with your physician before eating large amounts of garlic or while on any medication.

Did you know centuries ago, the bubonic plague killed one in three Europeans, but garlic vendors (who wore garlic braids around their necks) were among those who were largely spared? The belief back then was that the plague was spread by vampires; thus the legend that vampires are afraid of garlic was born. Today, we know that raw garlic contains a natural immune boosting compound. The more garlic you eat (and apparently the vendors ate plenty) the stronger the hike to your immune system.

Garlic is praised as an antibacterial, antiviral and antifungal remedy, and in fact, scientific studies reveal that people who eat garlic regularly suffer less from colds than those who don't. In addition, research shows taking garlic at the onset of a cold can reduce the time taken to recover. But it's important to know that garlic must be fresh for optimal benefits. Garlic's active ingredient, allicin, is destroyed within an hour of smashing the clove. So eat fresh garlic, or run it through a juicer in a vegetable drink for best results.

Garlic was once called Poor Man's Penicillin, and it's no wonder. According to Tanushree Podder, author of "You are what you Eat," an average clove of garlic contains substances equivalent to 100,000 units of penicillin (about 1/5 the average dose), without its side effects! Research even indicates garlic may be efficient in preventing heart disease and cancer. More studies show garlic reduces cholesterol and high blood pressure, and may even help regulate blood sugar for pre-diabetics.

But here's the kicker: to reap most of these long term health benefits you need to eat one to three fresh cloves per day for at least three months before positive results are seen.

The book, "The Healing Power of Garlic," suggests garlic nose drops can kill the viruses that cause cold or flu. Here are the book's instructions on concocting the drops: Crush some garlic to obtain juice, and add ten parts water and mix well. Apply as you would regular nose drops.

According to a home remedy published long ago, if you place a clove of garlic on each side of the mouth between the teeth and cheek, a cold will disappear within a day. It's worth a try!

Colds and flu are often

accompanied by congestion. Users of this generations-old homemade expectorant claim it works better than costly commercial brands.

Ingredients: one white onion, chopped; three cloves garlic, chopped; sugar to cover.

Directions: Place onion in a deep bowl. Cover with sugar, and allow mixture to set for at least an hour. A syrupy juice will result. Take a spoonful or two of the mixture to relieve congestion.

According to Prevention magazine garlic is among the top nine "power foods" that best boost immunity. They are: Yogurt; Oats and Barley; Garlic; Fish; Chicken Soup; Tea; Beef; Sweet Potatoes and Mushrooms.

Did you know garlic is quick and easy to grow? It can even be grown on a windowsill indoors! And the garlic plant does not give off an odor, so plant away!

To do: Save a clove from a garlic bulb and remove all the skin. Plant pointed end up in a container with soil to which you've added a layer of pebbles for drainage. Feed with fish emulsion every couple of weeks. Keep the soil moist and in a sunny area, and in about four weeks your plant will be nearly a foot tall!

Spicy foods such as garlic may be the weapon to battling mucus. Studies show foods such as chili peppers, horseradish and garlic help reduce congestion by driving out mucus. How? The same agent that induces tears also helps thin out excess mucus.

The combination of hot, steaming chicken broth with a dash of garlic and hot pepper has proven especially beneficial to thin mucus. As a bonus, garlic has antibiotic properties that aid the immune system.

Did you know? Garlic is an herb that has a reputation for igniting romance. Long ago, Tibetan monks were forbidden to enter the monastery if they had been eating garlic, due to the belief it stirs up passion. The Greeks and the Egyptians also used to hail garlic's aphrodisiac properties.

Garlic has also been hailed as a natural tick repellent. A natural spray for grass and garden can be made by pureeing in a blender three peeled cloves of water and about two cups of water. Strain out the garlic and then dilute it with enough water to make a gallon. Add a couple of drops of liquid dish detergent to help it dispense. Spray the grass and foliage where people congregate and along wooded borders.

Some folks are also convinced eating garlic during the summer months helps prevent mosquitoes and ticks from biting them!

Win a Three Course Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month (or whenever I receive enough tips for a column) will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting



TAKE THE HINT! KAREN TRAINOR

on you readers out there to share your best helpful hints!

Do you have a helpful hint

Consider these moves when considering a career transition

If you are navigating a career transition, what financial moves should you consider? Here are five things you need to know before making a move.

- Know the money involved. If your transition is due to a layoff or early retirement package, you need to understand how much money you'll receive and for how long. Will the money stop if you accept a new role, will you accrue sick leave and vacation time during your transition and will you be paid for unused leave at your final resignation date. You should also investigate if you qualify for any programs that would support you during your transition.

- Know your benefits package. Many companies and organizations offer extended benefit packages for those transitioning into retirement or being laid off. For example, the Federal government may offer coverage under the Federal Employees Health Benefits (FEHB) program, or you can research programs like the Temporary Continuation of Coverage, which can last up to 18 months for separating employees. Regardless of your situation, doing your research and asking questions about understanding what programs and support is available to you is key.

- Know your retirement plan



FINANCIAL FOCUS DENNIS ANTONOPOULOS

options. Many Americans have retirement savings in 401ks and similar programs. Government employees use the Thrift Savings Plan (TSP). You should work with a financial professional who can explain how you'll be taxed on withdrawals from these accounts, should you need them. In some cases, you can qualify for early retirement and can avoid the 10 percent early withdrawal penalties. If you're transitioning to a new role, you may have the option to transfer past accounts like your TSP to a new employer's 401(k) if the plan accepts transfers. Finally, you could roll over your existing savings plan into an IRA allowing you to avoid immediate taxes and potentially providing you with some attractive investment options.

- Review your finances and budget. What sources of income can you count on during this transition? If you have built an emergency fund containing several months' worth of living expenses, you may need to tap into it. If you were already nearing retirement age, you might start drawing on Social Security, even if it's earlier than you planned. If you aren't near retirement age, you may be

able to find some part-time work until you land your next full-time job. At the same time, you may want to closely examine your budget to find areas in which you can cut back. One of the many free budgeting apps available online can prove useful in this area.

- Get some answers — and some help. You may want to consult with a financial professional, who can provide advice and guidance and help you work toward your short- and long-term goals.

This can unquestionably be a challenging time for you. But by looking at all your options, drawing on all your resources and getting some financial advice and guidance, you can make decisions that can help you be prepared for whatever life throws at you.

Edward Jones, its employees, and financial advisors cannot provide tax or legal advice. You should consult your attorney or qualified tax advisor regarding your situation.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.

UTampa student Reece Slowik of Douglas earns Dean's List honors

TAMPA, Fla. — Douglas, earned dean's list honors at University of Tampa for the Fall 2024 semester.

Local resident named to William & Mary Dean's List

WILLIAMSBURG, Va. — Avery Glidden recently named to the Dean's List at the College of William & Mary for the fall 2024 semester.

Sophia Gu named to dean's list at Tufts University

MEDFORD — Sophia Gu, Class of 2027, from Northbridge, was named to the dean's list at Tufts University for the fall 2024 semester. Dean's list honors at Tufts University require a semester grade point average of 3.4 or greater.

Tufts University, located on campuses in Boston, Medford/Somerville and Grafton, Massachusetts, and in Talloires, France, is recognized among the premier research universities in the United States. Tufts enjoys a global reputation for academic excellence and for the preparation of students as leaders in a wide range of professions. A growing number of innovative teaching and research initiatives span all Tufts campuses, and collaboration among the faculty and students in the undergraduate, graduate, and professional programs across the university's schools is widely encouraged.

William & Mary is the second oldest institution of higher learning in the United States. The University of Tampa is a private, comprehensive university located on 110 acres on the riverfront in downtown Tampa. Known for academic excellence, personal attention and real-world experience in its undergraduate and graduate programs, the University has about 200 programs of study and serves more than 11,000 students from 50 states and most of the world's countries.

In order to achieve Dean's List status, a full-time degree seeking undergraduate student must take at least 12 credit hours and earn a 3.6 Quality Point Average during the semester.

LETTERS TO THE EDITOR CONTINUED

Me thinks they protest too much!

To the Editor:

Who can deny corruption remains rampant in the federal government? In the name of common sense, why would anyone object to the nation's newly-elected CEO ordering 'a corporate audit' of its multiple departments? Blame for an unsustainable national debt of \$36 trillion falls on both sides of the aisle, but it is the American taxpayers' burden to bear. Now, our message must be, "Congress, stop bickering; work together to take corrective action!"

Listening to the level of hysteria and hyperbole emanating from certain quarters over DOGE, in a perverse sense provides 'comic relief' to balance the whirlwind unleashed by the Energizer Bunny's Executive Orders, multiple meetings with world leaders in just one week, and daily press conferences/briefings. Evidently, DC's agency, government contract and NGO bureaucrats are unused to campaign pledges being kept. It is beyond ironic to hear thoughts over the "America First" agenda are fueling mental meltdowns and filling Beltway shrinks' couches. #47 is fulfilling his promises... stamped special delivery!

Removal of waste, fraud and abuse from spending our hard-earned tax dollars threatens 'bureaucracy,' not 'democracy!' Furthermore, a 'trans-

parent' DOGE represents no Fascist, billionaire's oligarchy taking over our Democratic Republic. Of course after decades-long rot, any honest attempt at efficiency is accompanied by damning rhetoric and District court-shopping for activist judges to fight for continuation of the gravy-train status quo. No 'Constitutional crisis' exists except in over-heated minds. While likely DOGE action will be challenged up to the Supreme Court, meantime it is being upheld in the court of public opinion.

Presidential approval is above 50 percent, and those (MA) legislators who 'protest too much' should put energies to money-saving legislation instead of crazy arm-waving and 'bleeped' comments threatening "war in the streets!" For shame that this is happening on the Capital steps no less, and some lawmakers boldly explain law-breaking tactics to illegal aliens via Webinars. No one is crying 'insurrection' here, but questions should arise about the rationale behind these elected officials' misplaced anger at the 'sin' of saving our tax dollars.

Remember who was elected: righteous "anger, hope and courage" of We, the People made possible the "change" being witnessed today; don't stop now!

Jane F. Keegan Uxbridge

Community Connection

508-248-9797

Don't Pay Too Much for Propane

PROPANE	PRICE PER GAL	PROPANE	PRICE PER GAL
0-50	\$5.70	300-500	\$2.55
50-75	\$3.40	500 PLUS	\$2.40
75-150	\$3.05	Dual Fuel	\$3.75
150-300	\$2.75	Drop off Tanks	\$3.00

Tanks Filled to 80%
Driver Discretion

DON'T PAY TOO MUCH FOR OIL!

•Friday price 2/14/25 was **\$3.47** per gallon*
100 gallon minimum

ONLINE ORDERING NOW AVAILABLE AT www.charltonoil.com

"Call Us First!"
*prices subject to change

Morin JEWELERS
Fine Jewelry & Gifts

The Jewelry store where you buy with confidence

WE BUY GOLD

Specializing in Custom Designs

All types of Jewelry Repairs

MASTER JEWELERS™
BRILLIANCE YOU DESERVE®

409 Main St. Southbridge, MA
morinjewelers.com • 508-764-7250

Located at CVS Plaza

For Advertising Information Call 774-200-7308 email: mikaela@stonebridgepress.news

Community Connection

East Brookfield, Massachusetts

Stock up now!

Retail Cuts, Quarter, & Half sides of Beef Available!

To purchase your meat packages
CALL/TEXT: (774) 200-7308
www.CrookedCreekFarmMA.com

FREE LOCAL DELIVERY!

Find Us on Social Media

Lions' Beautify Uxbridge Project launches pansy sale

UXBRIDGE — Four years ago, the Uxbridge Lions Club accepted the challenge of the Beautify Uxbridge Project. Lions Club members and community volunteers toil to bring nature

and beauty to Main Street. While in recent years, local merchants have donated money or products to help make it happen, the primary source of funds for the planting of the

large pots around town, is the March Pansy Sale. The Lions Club will be accepting orders immediately and would like as many advance sales as possible by March

19. They will set up their Pop-Up Garden Tent at the Uxbridge Senior Center at 37 S. Main St., on Saturday, April 5 from 10 a.m. to 1 p.m. for customers to pick up or to

make purchases as supply lasts. The selection includes Pansy Bowl \$25, Pansy Oval \$20, Pansy Market Basket \$20. Beautify Uxbridge Project Coordinator Diane

Seely identifies 4 Ways to Order: Text 508 450 2451, message Facebook Page at Uxbridge, MA Lions Club or Email uxbridge.ma.lions@gmail.com. Seely says,



Courtesy

Lion Diane Seely sits among Johnny Jump Ups, Three Faces in a Hood and Love in Idleness pansies at Beautify Uxbridge Project event.



Courtesy

Lion Diane Seely and volunteer gardener Tara Colaizzi display their work on the Lions Beautify Uxbridge Project.

“Purchasers of our pansies are always extremely satisfied with the variety and quality of the blooms supplied by King Farms in Townsend, Massachusetts, a wholesale grower cooperating with the Beautify Uxbridge Project.”

Donations for the Lions Beautify Uxbridge Project can be sent to Uxbridge Lions Club, P.O. Box 455, North Uxbridge, MA 01538. To volunteer or to learn about the Uxbridge Lions Club, Email uxbridge.ma.lions@gmail.com.

Chinese antiques



ANTIQUES, COLLECTIBLES & ESTATES WAYNE TUISKULA

In this column, I'll be discussing Chinese antiques, which came in at number 9 on my recently updated top 10 antiques and collectibles list.

Chinese time periods are referenced according to dynasties, indicating a succession of rulers from the same family. Some of the earliest are the Xia (Hsia) Dynasty from 2100-1600 BCE and the Shang Dynasty circa 1600-1050 BCE. Some more recent ones are the Ming Dynasty from 1368-1644 and the Qing (Ch'ing) Dynasty from 1644-1912. Chinese antiques are referred to by the century in which they were made or the dynasty when they were produced. For example, a vase from 1500 would be referred to as a Ming vase. China's dynasties lasted until 1912. The

Republic Period took place from 1912-1949 and it has been the People's Republic of China from 1949 through the present.

Since 2007, China has had a policy that antiquities being exported must be from 1912 or later; when dynasties no longer ruled. There is also a requirement that exported pieces can't be "cultural property." As a result of the policies, I haven't found anything particularly valuable in collections of Chinese memorabilia that were obtained in the last 18 years.

However, there are plenty of Chinese antiques that came to America before the stricter regulations went into effect. For example, jade pieces have been selling very well. In 2023, we auctioned a jade incense burner that brought \$700. An 18-karat gold and jade ring went for \$800 in 2021. Three small jade figures, including one with a gold chain, fetched \$2,100 last year. We sold a



Chinese silk tapestry with dragon designs for \$1,800 last year. Over a decade ago, we sold a 17th century bronze figure (pictured in the accompanying photo) for several thousands of dollars.

I've reported on some major finds of Chinese antiques in past columns. I previously wrote about a \$35 Connecticut yard sale find of a 15th century Chinese bowl that brought over \$700,000 in a 2023 auction.

There are many other stories of Chinese items bringing astronomical results with even post-

1911 items sometimes bringing high figures. A 1968 stamp from China's Cultural Revolution depicted China in red. The government destroyed the stamps because they didn't include Taiwan in red. A few copies escaped destruction, and one sold for \$2 million in 2018, according to the South China Post and other sources. Artist Qi Baishi's "Twelve Landscapes Screens," that was painted in 1925 became the first Chinese artwork to top \$100 million, selling for \$140.8 million at a 2017

Beijing auction.

Older pieces can bring some jaw-dropping figures. A 17th century bronze bowl with Phoenix head handles and gold accents sold for \$4.9 million in 2019. The family had been storing tennis balls in the bowl when an auctioneer spotted it, according to CNN.

A UK Daily Mail article published last month described the sale of a family heirloom vase that took place over a decade ago. During the 1970s, a family brought the vase to an appraiser on a British Broadcasting Corporation show called "Going for a Song." The appraiser believed it to be a "clever reproduction" worth £800 (slightly over \$1,000). The family later brought the piece to another auctioneer who told them that it was "either the best replica in the world, or it's worth millions." When it was auctioned in 2010, it ended up reaching \$53 million (\$66.75 million). The family described as

"not having a lot" was overwhelmed with the mother brought to tears. The story didn't end there, though, because the buyer backed out. Fortunately, the sale was negotiated with another buyer. Thankfully, this family hadn't been storing their tennis balls in the fragile vase.

We are still working on a large one consignor Civil War memorabilia auction, Beacon Hill estate auction, and a comic book, sports memorabilia, and collectibles auction. We are always accepting consignments of quality pieces for future auctions. Please visit our website <https://centralmassauctions.com> for links to upcoming events.

Contact us to consign items or for auction information at: Wayne Tuiskula Auctioneer/ Appraiser Central Mass Auctions for Antique, Collectibles and Appraisal Services info@centralmassauctions.com or (508-612-6111).

"Where Friends Send Their Friends!"

LAMOUREUX



"Always a great selection fo Pre-Owned Cars, Trucks and SUV's"

Great selection of both Full-Size Bronco and Bronco SportChoose from over 25 units!!!

Visit us on-line at lamoureauxford.com

Treat yourself, It's Time

We Make it Easy!



508-885-1000

366 E. Main Street, Rte. 9, East Brookfield

Sutton Historical Society announces 2025 events

SUTTON — Mark your calendars for free upcoming events for Society members and the general public of all ages. In recognition of America250, the anniversary of events during the Revolutionary War, the Sutton Historical Society will be hosting four presentations.

On Thursday, April 17, at 6:30 p.m., join us at Blaxton Hall, 9 Main St., Sutton, for “Rendezvous with Rachel Revere,” presented by History At Play, LLC. This event will highlight the decisions and concerns of Rachel Revere, wife of Paul Revere, in the days after his

famous ride to warn of the arrival of the British. On Thursday, May 15, at 1 p.m. in the Sutton Senior Center, 9 Hough Rd., Sutton, Historical Portrayals by Lady J will present “Farm Girl on the Front Lines: Deborah Sampson’s Secret,” highlighting the story of this patriot who disguised as a male to serve her young, developing country. Joel Bohy, local author, “Bullet Strikes from the First Days of the American Revolution,” will share his knowledge of Revolutionary War munitions on Thursday, Sept. 4,

at 7 p.m. in the First Congregational Church, 307 Boston Rd. Lastly, our own Charlotte Wilson will share fascinating facts about Sutton’s citizens during the Revolutionary days on Tuesday, Nov. 11 at 7 p.m. at the First Congregational Church mentioned above. These programs are supported in part by a grant from the Sutton Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency. Check out our full calendar at Sutton1704.org which includes many other events highlighting



Courtesy

On Thursday, April 17, at 6:30 p.m., join us at Blaxton Hall, 9 Main St., Sutton, for “Rendezvous with Rachel Revere,” presented by History At Play, LLC.

Sutton’s rich history. March is membership renewal month. Society members and those interested in joining, can access membership forms at Sutton1704.org. Membership renewal forms

will also be included in our upcoming newsletter to be mailed to all current members. Membership dues can be paid by cash, check or UNIPAY.

NOR'EASTER ROOFING

Over 30 Years Experience

Our roofs will weather the storm!

Thank You for making us your #1 choice.

Deal directly with the owner, Rob Chaile, No outside salesman!

ROOFING • VINYL SIDING • WINDOWS
CHIMNEY REPAIRS • SEAMLESS GUTTERS
SPRAY FOAM INSULATION

Residential & Commercial
From a hole in your roof... to a whole new roof!

508-NOR-EAST / 508-667-3278
www.NoreasterRoofing.com
Visit our showroom
1 Providence Ln., Whitinsville, MA
Call us for a FREE Estimate
CS#69907 HIC#160483

Pictured is Samantha Cesario, Youth Services Supervisor, Milford Town Library, and Michael Shain, the founder and President of Thanks To Yanks (a local charity that serves military families). It has become a tradition that annually the library collects, hats, gloves and scarves with a mitten tree and that part of what is collected is given to military families with the assistance of Thanks To Yanks. Shain said, “The town library has a wonderful history of supporting those who wear the uniform of our nation.” For additional information on Thanks To Yanks, please like them on Facebook.



Courtesy

Free concert at Northbridge Senior Center March 3

NORTHBRIDGE — Howie Newman and Joe Kessler, also known as Knock on Wood, have come up with a new approach to some classic old tunes, arranging them for acoustic guitar, fiddle and mandolin. The result is a lively show that features oldies, soft rock covers and little bit of country, lifted by excellent musicianship, pleasing vocal harmonies and... lots of fun.

Knock on Wood (howienewman.com/knockonwood) will be playing a free concert at the Northbridge Senior Center, 20 Highland St., Whitinsville, on



Monday, March 3. This event is open to all senior citizens in the greater Northbridge area. Reservations are required; please call the senior center at 508-234-2002 or stop by the senior center office. There will be free refreshments. This program is supported in part

by a grant from the Northbridge Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency. “Yeah, we’re different from your typical oldies band,” says Newman. “Joe and I like to keep things up-tempo, do some songs people know and get the audience involved. The idea is to play some great music and have fun.”

For more information about Knock on Wood, including videos music samples and photos, visit howienewman.com/knockonwood.

Charles Tyler Turner joins UUSGU as Music Director



Courtesy Photo

GRAFTON — Charles Tyler Turner brings a wealth of musical talent to his role as music director at the Unitarian Universalist Society of Grafton & Upton (UUSGU). He is an accomplished musician, with years of experience leading music and choral programs at area churches and schools. UUSGU has a long history of musical excellence. Choral and instrumental music play a key role in UUSGU services and events. Under Turner’s guidance, artistic excellence will continue, and the program will

develop in new and interesting ways. Turner holds undergraduate and graduate degrees in music from Rhodes College, Harvard University, and Boston University. He has also served in leadership capacities with Unitarian Universalist Music Ministries. The Unitarian Universalist Society of Grafton & Upton is a community of people who recognize the inherent good in all people, extend love and acceptance to everyone, embrace the worth and dignity of every individual, and foster each other’s spiritual growth, no matter their beliefs.

Why lock your money into a CD when you can get a GREAT rate in a checking account?!

e by UniBank Checking	Basic Rate of Interest	
<p style="font-size: 24px; font-weight: bold; color: white;">2.99%^{APY}</p> <p>Rates on balances less than \$15,000</p>	<p style="font-size: 24px; font-weight: bold; color: white;">0.45%^{APY}</p> <p>Rates on balances \$15,000 and above</p>	<p style="font-size: 24px; font-weight: bold; color: white;">0.01%^{APY}</p> <p>On entire balance when minimum requirements are not met</p>

Scan to open an account online or visit any UniBank branch! Find your nearest branch at unibank.com/locations.

UNIBANK

www.unibank.com
800.578.4270

MEMBER FDIC | NMLS #583135 Annual Percentage Yields (APYs) effective as of 2/1/2025 and subject to change at any time after the account is open. The interest rate and annual percentage yield for your account depend upon the applicable rate tier. The interest rate and annual percentage yield for these tiers may change. If the eligibility requirements are not met the account will earn a lower interest rate and corresponding APY and will not be eligible for refund of ATM surcharge transaction fees. Fees may reduce earnings. The account does not have a maximum deposit limit. Minimum balance of \$10 to open the account. Other restrictions may apply, inquire for details.

- In order to be eligible for the disclosed Tier I and Tier II interest rate, Annual Percentage Yield (APY), and refund of domestic ATM Surcharges the following conditions must be met in a given statement cycle:
 - A minimum of 8 posted and settled debit card purchase transactions during the statement cycle. Not all purchase transactions post or settle on the day they occur.
 - Active enrollment in e-statements – you must sign into your online banking account at least once every 12 months to keep enrollment active. Limit one account per customer holding position of primary account holder. Minimum balance of \$10 to open the account. Other restrictions may apply, inquire for details.

PRESIDENT'S DAY SALE!

INSTANT FINANCING - HUGE REBATE PACKAGES AVAILABLE!

TV'S On Sale!

- 32" Smart.....\$129.99 (Regularly \$139.99)
- 43" Smart.....\$199.99 (Regularly \$249.99)
- 50" HDTV.....\$189.99 (Regularly \$299.99)
- 55" Samsung HDTV...\$299.99 (Regularly \$349.99)
- 65" HDTV.....\$399.99 (Regularly \$599.99)
- 70" Samsung 4k TV...\$499.99 (Regularly \$599.99)
- 75" Samsung HDTV...\$599.99 (Regularly \$699.99)
- 85" Samsung 4k TV...\$849.99 (Regularly \$1179.99)

ALL OLED TV'S ON SALE!

MATTRESS SALE!

TWIN: \$199 (REGULARLY \$299)

FULL: \$269 (REGULARLY \$499)

QUEEN: \$299 (REGULARLY \$599)

WE INSTALL TV'S, MICROWAVES AND DISHWASHERS!

<p style="font-size: 12px; font-weight: bold; color: white;">LG #3400 WASHER & DRYER</p> <p style="font-size: 10px;">Front Load, Reg. \$1599.99</p> <p style="font-size: 18px; font-weight: bold; color: white;">\$1399.99</p>	<p style="font-size: 12px; font-weight: bold; color: white;">G.E. DELUXE COIL TOP STOVE</p> <p style="font-size: 10px;">Reg. \$599.99</p> <p style="font-size: 18px; font-weight: bold; color: white;">\$499.99</p>	<p style="font-size: 12px; font-weight: bold; color: white;">SAMSUNG WASHER & DRYER #46300</p> <p style="font-size: 10px;">Reg. \$1599.99</p> <p style="font-size: 18px; font-weight: bold; color: white;">\$1299.99</p> <p style="font-size: 10px;">AFTER REBATE!</p>	<p style="font-size: 12px; font-weight: bold; color: white;">DELUXE FRIGIDAIRE INDUCTION STOVE</p> <p style="font-size: 10px;">Reg. \$1299.99</p> <p style="font-size: 18px; font-weight: bold; color: white;">\$999.99</p>
<p style="font-size: 12px; font-weight: bold; color: white;">WHIRLPOOL WASHER & DRYER</p> <p style="font-size: 10px;">Front Load, Reg. \$1599.99</p> <p style="font-size: 18px; font-weight: bold; color: white;">\$1299.99</p>	<p style="font-size: 12px; font-weight: bold; color: white;">G.E. DELUXE AIR FRY GAS RANGE</p> <p style="font-size: 10px;">Reg. \$899.99</p> <p style="font-size: 18px; font-weight: bold; color: white;">\$699.99</p>	<p style="font-size: 12px; font-weight: bold; color: white;">FRIGIDAIRE DISHWASHER</p> <p style="font-size: 10px;">Reg. \$399.99</p> <p style="font-size: 18px; font-weight: bold; color: white;">\$299.99</p>	<p style="font-size: 12px; font-weight: bold; color: white;">SAMSUNG TOP LOAD WASHER & DRYER</p> <p style="font-size: 10px;">Pair - Reg. \$1199.99</p> <p style="font-size: 18px; font-weight: bold; color: white;">\$1099.99</p> <p style="font-size: 10px;">AFTER REBATE!</p>
<p style="font-size: 12px; font-weight: bold; color: white;">WHIRLPOOL 21 CU. FT. TOP MOUNT REFRIGERATOR</p> <p style="font-size: 10px;">Reg. \$899.99</p> <p style="font-size: 18px; font-weight: bold; color: white;">\$699.99</p>	<p style="font-size: 12px; font-weight: bold; color: white;">FRIGIDAIRE 18 CU. FT. REFRIGERATOR</p> <p style="font-size: 10px;">Reg. \$699.99</p> <p style="font-size: 18px; font-weight: bold; color: white;">\$599.99</p>	<p style="font-size: 12px; font-weight: bold; color: white;">FAMOUS MAKER OVER THE STOVE MICROWAVE</p> <p style="font-size: 10px;">Reg. \$249.99</p> <p style="font-size: 18px; font-weight: bold; color: white;">\$199.99</p>	<p style="font-size: 12px; font-weight: bold; color: white;">LG 24 CU. FT. BOTTOM MOUNT REFRIGERATOR</p> <p style="font-size: 10px;">Reg. \$1599.99</p> <p style="font-size: 18px; font-weight: bold; color: white;">\$1399.99</p>

140 MAIN STREET, SPENCER, MA

508.885.9343

SEE WHITCOSALES.COM

Store Hours: Mon. through Fri: 10am-9pm • Sat: 9am-8pm • Sun: 12 Noon-7pm

Uxbridge High School announces honor roll

UXBRIDGE — Uxbridge High School has released its honor roll for the second quarter of the 2024-2025 school year:

Grade 8
 High Honors: Kylie Alicea, Kaiden Aponte, Amelia Belanger, Alice Black, Patrick Brauning, Michael Brosnahan, Madeleine Buckley, Michael Caffrey, Julianna Casper, Emily Charbonnier, Thomas Charron, Mackenzie Coleman, Charlotte Cunniff, Hope Donnelly, Gavin Dwyer, Calum Fortin, Max Gaudet, Samantha Gaultiz, Connor Gosselin, Shane Hamm, Cameron Hendricks, Bryce Hewett, Taylor Janse, William Khondker, Joseph King, Owen Longenbaker, Mackenzie Matthews, Kingston Meza, Adrianna Mone, Ayla Moore, Maison Natola, Adriana O'Connor, Evelyn Palumbo, Cole Pezzullo, Guilherme Resende, Greyson Rollins, Thomas Rosborough III, Caroline Roxo, Isabel Roxo, Skyla Sokol, Shea Stone, Hailey Thompson, Kamiela Torqu

Honors: Trevor Barbuto, Alexandra Arsenault, Desmond Botelho, Evan Bourgeois, Elyse Bousquet, Cooper Burdick, Kendra Cabana, Emily Cabral, Matteo Casasanta, Jaidyn DeLuca, Lily Derouen, Jacob Dzivasen, Bryana Fernandes, Paige Foley, Liam Gover, Casey Griffiths, Everett Hazel, Benjamin Johnson, Ashton Khondker, Katelyn Laflamme, Madyn Lame, Abigail Livingstone, Clayton Maracle, Kevin Marchand, Mazzy Martone, Carly McKay, Nathan Najarro Rivera, Thomas Newhall, Nadia Nolan, Elijah Norman, Ishani Patel, Allie Patnode, Marissa Pirotta, Zoey Pomerville, Benjamin Rota, James Sadd, Emmett Sharr, Mason Soucy, Abigail Spiecker, Adeline Tartakoff, Lile Twohig-Mann, Haley Walsh

Honors: Taylor Anderson, Cooper Bartlett, Bradley Dwight, Ryan E. Fitzgerald, Logan Fleming, Emily Geshelin, Aiden Jennings, Jessica Labonte, Bronwyn LaChapelle, Matthew Lambert, Ryder Lovell, Jacoby Martins, Olivia Mazzola, Julia McDonnell, Isaac Nagle, Shea Paxton, Blake Rosborough, Lily Savoia, Hope Tibedo, Lily Trotter, Kevin Vietro, Keara Welby, Kaden Wilson, Avery Wood, Matthew Yarger
 Honorable Mention: Emily Calderon, Aiden Danforth, Emma Harney, Balin Jones, Blake Mace, Aaron Marchand, William McClintock, Kyle Reardon, Ava Rosborough, Sarah Szajna
 Grade 10
 High Honors: Ammar Alomar, Iain Andrews, Aubrey Beland, Gabriela Belanger, Aubrey Bouchard, Ava Cahill, Madison Cammuso, Isabela Chapman, Aiden Costigan, Skylar Daniels, Joao Pedro DeSouza, Emily Fonseca, Alyssa Friis, Olivia Gauthier, Nathan Goryl, Cameron Gray, Brian Guertin, Mallorie Halfelder, Jordan Hilgenberg, William Hinchcliffe, Samantha Huth, Brooklyn Kaferlein, Emrie Kling, Madison LaBonte, Sydney Loisel, Mary Lowrey, Braelyn Matheson, Benjamin O'Neill, Nathan Oliveira, Blake Oliver, Mia Ouellette, Emma Pelouquin, Nicolis Polselli, Aidan Power, Charlie Roy, Eliasa Roy, Hannah Samolinski, Chawanvit Sillapachairuang, Maddilyn Silva, Saanvi Singh, Lelia Sjogren, Annabel Smutok, Sarah Stark, William Stark, Gabriel Stone, Samuel Weeks
 Honors: Clarah Avery-Boyer, Addie Blood, Blake Burr, Joseph Cascella, Susana Casper, Dylan Demers, Parker Dery, Lindsay Genoa, Tyler Joyce, Maxwell Kammerer, Grace Kibe, Lilianna McClintock, Kaia Mollica, Vibhav Patel,

Katherine Pratt, Yosselin Ramirez Alfaro, Noah Samolinski, Lukas Tierney, Erik Ward, Benjamin Yoffe

Honorable Mention: Parker DaCosta, Josiah DeMontigny, Kerry Desruisseaux, Ethan DeVito, Caleb Gaultiz, Allie Gauthier, Elaina Horgan, Mathias Lalakidis, John Lannigan, Gabriella Mazier, Zachary Veneziano
 Grade 11
 High Honors: Aidan Arsenault, Ella Bain, Novelle Bousquet, Gaurav Boyalla, Sebastian Bradwin, Caleb Chabot, Adriana Cugini, Hunter Douangsavanh, Brady Esposito, Alison Fleming, Zachary Fortier, Kendall Gilmore, Lola Grube, Isaac Kling, Lily LaLiberte, Julianna Lopes, Daniel Mach, Brayden Mackin, Niamh McSweeney, Erin O'Day, Julia Brynn Okenquist, Keira Paul, Liam Powers, Jake Richardson, Jacob Rivet, Erin Roche, Emmalyn Romano, McKenna Savage, Brian Stumpf, Andrew Tamsky, Eabha Twohig-Mann, Grady Walsh, Austin Walusiak

Honors: Alexander Aldrich, Jeremy Barry, Taylor Bettencourt, Amelia Blood, Maxwell Brayman, Julianna Casucci, Kason Chludenski, Tyler Constantineau, Finnegan Cove, Heidi Doyon, Logen Erickson, Jady Flood, Joshua Fontes, Nicholas Fortier, Mazen Hamza, Camden LaChapelle, Ethan Lachapelle, Cameron McIsaac, Skylar O'Neill, Wilson Obiocha, Krish Patel, Liam Ramirez, Jacob Tavares, Malachi Vaillancourt, Cody Veneziano
 Honorable Mention: Angelica Afonso, Emerson Burns, Lauren Cabral, Miguel Medeiros, Alex Rivera, Riley Spicer, Thatcher Sweeney, Sydney Vanderzicht, Gabriel Woodrow
 Grade 12
 High Honors: Ali Alomar, Fani Angelidaki, Elyse Bouchard, Catherine Buma, Brady Chludenski, Madison Currie, Sydney Daniels, Maxwell Deary, Jenna Devine, Rogan Devlin, Timothy Devlin, MacKenzie Drennan, Bailey Dzivasen, Evelyn Ferreira, Ewan Fortin, Katharine Fox, Lillyanna Gallant, Yasmine Gaveson, Addison Griffiths, Alyson Haley, Amelia Hay, Chase Henault, Matthew Hinchcliffe, Thatcher Kling, Sumeyye Koyuncu, Milla Mace, Macen Martone, Olivia Mone, Darren Oliver, Danielle Olson, Natalie Orr, Brianna Pare, Diya Patel, Sofia Phaneuf, Olivia Pirotta, Evelyn rivera, Talen Rosborough, Maxwell Roy, Stella Roy, Alanna Russell, Lily Sander, James Sanford, Hunter Schiller, Rylee Spear, Michael Stark, Tayla Sullivan, Landon Sweet, Ellen Teixeira, Caroline Usenia, Ella Vadenais, Ashton Watt

Honors: Hope Beroth, Benjamin Casucci, Andre Chauvin, Vanessa Chavez, Charles Criscola, Hannah DiMeco, Jillian Dimo, Shane Guillette, Logan Heroux, Liam Kaferlein, Hunter Levesque, Awwab Mohamed, Aidan Nolan, Kheirid Saint-Fleur, Bruno Sampaio, Madison Silbor, Dominic Silva, Marrodox Sisowath, Colin Spencer, Jack Sullivan, Trienna True, Julia Wilczewska, Denning Yoffe
 Honorable Mention: Ayden Anderson, Rachel Costigan, Shane Gilmore, Mykah Leshinski, Christopher Martin, Julia Porter, Cassady Westcott, Zадria Willame

Douglas High School announces honor roll

DOUGLAS — Douglas High School has released its honor roll for the second quarter of the 2024-2025 school year:

Grade 12
 Highest Honors: David Berchem, Joshua Blanchette, Shaan Chaudhary, Cassandra Criasia, Jianallys Cruz, Olivia DeFalco, Julianna Desmarais, Mina Estemalek, Avery Greenough, Leilane Martinez, Nathan Morin, Brady Olson, Erin Picanso, Joshua Rouliez, Alexis Santa-Maldonado, Zachary Sargent, Stone Slowik
 High Honors: Matthew Bell, Skyler Criasia, Nickolas Dion, Lillian George, Ava Haire, Adrian Harper, Travis King, Luke Lamontagne, Charlotte Loy, Elyse McCarthy, Taylor Morel, Lucas Teixeira
 Grade 11
 Highest Honors: Adriana Costa, Sebastian Acosta, Ashton Bachand, Logan Beauchemin, Alexandra Brunetti, Nathan Chesley, ackenna Chiasson, Ray Clontz, Mia Darling, Nadia Dziobak, Allison Gordon, Zoe Greenough, Angelina Jenks, Keroles Labib, Branden Mills, Thomas Oum, Trinity Pare, Megan Prue, Emily Ramsdell, Aiden Vassar
 High Honors: Emerson Adams, Chiara Bingham, Meghan Brazeau, Adeline Cherrier, Julianne Forget, Jillian Gould, Ella Greenough, William Higgins, Makenzie Jones, Emma Kagels, Gavin Kerrissey, Rileigh McEttrick, Sadie O'Toole, Krista Rice, Neo Telles,

Audriana Veronesi
 Honors: Anthony Smith
 Grade 10
 Highest Honors: James Belanger, Daniel Berchem, Matthew Horne, Julia Kaminski, Noah Rouliez, Francesca Scinicariello, Sevanna Sroczenski, Kenley Wood
 High Honors: Jakson Barthelemy, Arianna Delgado, Benjamin Elliott, Elyse Johnston, Jalaiyiaz Naranjo, Caroline Sherry
 Honors: Kalianna Charleston-Lopez, Amer Chaudhary, Benjamin Connell, Maria Cortes Sanchez, Michael Espanet, Anyiel Garcia Burgos, Emilie Merrill, Renata Pierre, Isabel Rooslet, Cameron Visser, Nathan Wightman
 Grade 9
 Highest Honors: Catalina Acosta, Alexander Arriaga-Maldonado, Addison Bloniasz, Molly Bradley, Kate Daudelin, Abigail Detamphayvanh, Trent Fragala, Julianna Gallagher, Torynn Giunta, Tadhg Higgins, Delaney Hisoire, Nina Le, Emily Leaver, Eli Poole, Ava Sartori, Addison Trudeau, Jasmine Trudeau
 High Honors: Alana Barnes, Gabriel Barreto Azevedo, Cailin Frappier, Mia Hupprich, Allie Hutnak, Ashlyn Kaufman, Julianna Remuck, Ethan Shayer, Nathan Slanda, Lucas Sughrue
 Honors: Emilio Acosta, Ava Duclos, Mckenna Manning, Brandon Rivernider, Nicolas Serrano Docarmo

Grade 10
 Highest Honors: James Belanger, Daniel Berchem, Matthew Horne, Julia Kaminski, Noah Rouliez, Francesca Scinicariello, Sevanna Sroczenski, Kenley Wood
 High Honors: Jakson Barthelemy, Arianna Delgado, Benjamin Elliott, Elyse Johnston, Jalaiyiaz Naranjo, Caroline Sherry
 Honors: Kalianna Charleston-Lopez, Amer Chaudhary, Benjamin Connell, Maria Cortes Sanchez, Michael Espanet, Anyiel Garcia Burgos, Emilie Merrill, Renata Pierre, Isabel Rooslet, Cameron Visser, Nathan Wightman
 Grade 9
 Highest Honors: Catalina Acosta, Alexander Arriaga-Maldonado, Addison Bloniasz, Molly Bradley, Kate Daudelin, Abigail Detamphayvanh, Trent Fragala, Julianna Gallagher, Torynn Giunta, Tadhg Higgins, Delaney Hisoire, Nina Le, Emily Leaver, Eli Poole, Ava Sartori, Addison Trudeau, Jasmine Trudeau
 High Honors: Alana Barnes, Gabriel Barreto Azevedo, Cailin Frappier, Mia Hupprich, Allie Hutnak, Ashlyn Kaufman, Julianna Remuck, Ethan Shayer, Nathan Slanda, Lucas Sughrue
 Honors: Emilio Acosta, Ava Duclos, Mckenna Manning, Brandon Rivernider, Nicolas Serrano Docarmo

Douglas High School announces honor roll

Audriana Veronesi
 Honors: Anthony Smith
 Grade 10
 Highest Honors: James Belanger, Daniel Berchem, Matthew Horne, Julia Kaminski, Noah Rouliez, Francesca Scinicariello, Sevanna Sroczenski, Kenley Wood
 High Honors: Jakson Barthelemy, Arianna Delgado, Benjamin Elliott, Elyse Johnston, Jalaiyiaz Naranjo, Caroline Sherry
 Honors: Kalianna Charleston-Lopez, Amer Chaudhary, Benjamin Connell, Maria Cortes Sanchez, Michael Espanet, Anyiel Garcia Burgos, Emilie Merrill, Renata Pierre, Isabel Rooslet, Cameron Visser, Nathan Wightman
 Grade 9
 Highest Honors: Catalina Acosta, Alexander Arriaga-Maldonado, Addison Bloniasz, Molly Bradley, Kate Daudelin, Abigail Detamphayvanh, Trent Fragala, Julianna Gallagher, Torynn Giunta, Tadhg Higgins, Delaney Hisoire, Nina Le, Emily Leaver, Eli Poole, Ava Sartori, Addison Trudeau, Jasmine Trudeau
 High Honors: Alana Barnes, Gabriel Barreto Azevedo, Cailin Frappier, Mia Hupprich, Allie Hutnak, Ashlyn Kaufman, Julianna Remuck, Ethan Shayer, Nathan Slanda, Lucas Sughrue
 Honors: Emilio Acosta, Ava Duclos, Mckenna Manning, Brandon Rivernider, Nicolas Serrano Docarmo



Jackman Funeral Home
 7 Mechanic St. Douglas, MA
 12 Spring St., Whitinsville, MA
Tancrell-Jackman Funeral Home
 35 Snowling Rd., Uxbridge, MA
 (508) 278-2200 - Reaches All Locations
 JackmanFuneralHome@yahoo.com ~ JackmanFuneralHomes.com



LEGALS

**Commonwealth of Massachusetts
 The Trial Court
 Probate and Family Court
 Worcester Probate and Family Court
 225 Main Street
 Worcester, MA 01608
 (508)831-2200
 Docket No. W025C0066CA
 CITATION ON PETITION TO
 CHANGE NAME**

In the matter of:
Eric Austin Taft
A Petition to Change Name of Adult
 has been filed by
Eric Austin Taft of Unbridge MA requesting that the court enter a Decree changing their name to:
E. Austin Taft

IMPORTANT NOTICE
 Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 03/04/2025 at 10 a.m. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.
 WITNESS, Hon. Leilah A Keamy, First Justice of this Court.
 Date: February 05 2025
 Stephanie Fattman,
 Register of Probate
 February 21, 2025

MORTGAGEE'S SALE OF REAL ESTATE
 By virtue and in execution of the Power of Sale contained in a certain mortgage given by Bonnie Lopez to "MERS", Mortgage Electronic Registration Systems, Inc., a separate corporation acting solely as nominee for "Lender", Residential Mortgage Services, Inc. and its successors and assigns dated December 5, 2017 and recorded with the Worcester County (Worcester District) Registry of Deeds, in Book 58144, Page 134, as affected by Modification Agreement dated August 4, 2020 and recorded with said Registry in Book 63687, Page 390, as assigned by Assignment of Mortgage dated June 24, 2019; recorded in

Worcester County (Worcester District) Registry of Deeds, Book 60599, Page 167, and by Assignment dated March 4, 2020; recorded in Worcester County (Worcester District) Registry of Deeds, Book 62058, Page 270, of which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at **Public Auction at 12:00 PM, on March 3, 2025**, on the premises known as **84 East Street, Northbridge (Whitinsville), Massachusetts**, the premises described in said mortgage, together with all the rights, easements, and appurtenances thereto, to wit: A certain parcel of land, with the buildings thereon and all the privileges and appurtenances thereto belonging, situated on the southerly side of East Street, in the Village of Whitinsville, in the Town of Northbridge, in said Worcester County, and being more particularly bounded and described as follows:
 Beginning at a bound at the northeast corner of land now or formerly of Holka Kuindersma;
 Thence southerly about 147.3 feet to a bound at the southeast corner of said Kuindersma land;
 Thence easterly about 39.5 feet to a bound, the same being the southeast corner;
 Thence northerly about 140.5 feet to a bound, the same being the northeast corner;
 Thence westerly by the southerly line of East Street, about 49 feet to the first bound.
 The same is bound on the west by land now or formerly of Holka Kuindersma, on the south by land now or formerly of Joseph A. Johnston, on the east by land now or formerly of said Joseph A. Johnston and on the north of said East Street.
 Terms of Sale: These premises are being sold subject to any and all unpaid real estate taxes, water rates, municipal charges and assessments, condominium charges, expenses, costs, and assessments, if applicable, federal tax liens, partition wall rights, statutes,

regulations, zoning, subdivision control, or other municipal ordinances or bylaws respecting land use, configuration, building or approval, or bylaws, statutes or ordinances regarding the presence of lead paint, asbestos or other toxic substances, sanitary codes, housing codes, tenancy, and, to the extent that they are recorded prior to the above mortgage, any easements, rights of way, restrictions, confirmation or other matters of record.
 Purchaser shall also bear all state and county deeds excise tax. The deposit of \$10,000.00 is to be paid in cash or bank or certified check at the time and place of the sale, with the balance of the purchase price to be paid by bank or certified check within forty-five (45) days after the date of the sale, to be deposited in escrow with Guaetta and Benson, LLC, at 73 Princeton Street, Suite 208, North Chelmsford, Massachusetts.
 In the event that the successful bidder at the foreclosure sale shall default in purchasing the within described property according to the terms of this Notice of Sale and/or the terms of the Memorandum of Sale executed at the time of the foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder or, thereafter, to the next highest bidders, providing that said bidder shall deposit with said attorney, the amount of the required deposit as set forth herein within five (5) business days after written notice of the default of the previous highest bidder.
 Other terms, if any, are to be announced at the sale.
 Dated: January 30, 2025
 Present holder of said mortgage, NewRez LLC d/b/a Shellpoint Mortgage Servicing
 by its Attorneys, Guaetta and Benson, LLC, Peter V. Guaetta, Esquire, P.O. Box 519, Chelmsford, MA 01824
 February 7, 2025
 February 14, 2025
 February 21, 2025

**Town of Douglas
 Public Hearing
 Retail Package Goods Store**

The Board of Selectmen hereby gives notice that it will hold a Public Hearing, **Tuesday, March 4, 2025 at 7:00pm** at the Douglas Municipal Center Resource Room, 29 Depot Street, Douglas, to consider the application of **KAM Partners LLC dba EZ Mart Convenience Store**, 311 Main Street, Douglas, for approval of a License under M.G.L. c138 §15 to "**Expose, Keep for Sale, and to Sell Wines and Malt Beverages Not to be Drunk on the Premises**". All interested parties will be given an opportunity to be heard.
Douglas Board of Selectmen
 February 21, 2024

**Commonwealth of Massachusetts
 The Trial Court
 Probate and Family Court
 Worcester Probate and Family Court
 225 Main Street
 Worcester, MA 01608
 (508)831-2200
 Docket No. W025C0061CA
 CITATION ON PETITION TO
 CHANGE NAME**

In the matter of:
Linda Marie Noel
A Petition to Change Name of Adult
 has been filed by
Linda Marie Noel of Unbridge MA requesting that the court enter a Decree changing their name to:
Lumi Silas Noel
IMPORTANT NOTICE
 Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 03/04/2025 at 10 a.m. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.
 WITNESS, Hon. Leilah A Keamy, First Justice of this Court.
 Date: February 05 2025
 Stephanie Fattman,
 Register of Probate
 February 21, 2025

Seton Hall University announces Celia Bouchard has qualified for Dean's List

SOUTH ORANGE, N.J. — Seton Hall University is pleased to announce Celia Bouchard of Douglas has qualified for the Fall 2024 Dean's List.

After the close of every semester, undergraduate students completing all courses with a GPA of 3.4, with no grades lower than "C", qualify for the Dean's List.

As one of the nation's leading Catholic universities, Seton Hall has been showing the world what great minds can do since 1856. Home to over 10,000 undergraduate and graduate students and offering more than 90 rigorous majors, Seton Hall's academic excellence has been singled out for distinction by The Princeton Review, U.S. News & World Report and Bloomberg Businessweek.

One of the country's leading Catholic universities, Seton Hall has been showing the world what great minds can do since 1856. Home to nearly 10,000 undergraduate and graduate students and offering more than 90 rigorous majors, Seton Hall's academic excellence has been singled out for distinction by The Princeton Review, US News & World Report and Bloomberg Businessweek. Seton Hall, which embraces students of all religions, prepares its graduates to be exemplary servant leaders and caring global citizens. Its attractive main campus is located in suburban South Orange, New Jersey, and is only 14 miles from New York City, offering a wealth of employment, internship, cultural and entertainment opportunities. A new independent economic analysis of the University found that Seton Hall provides a significant impact on New Jersey's economy, totaling over \$1.6 billion annually and creating and sustaining nearly 10,000 jobs. The University's nation-

ally recognized School of Law is prominently located in downtown Newark. The University's Interprofessional

Health Sciences (IHS) campus in Clifton and Nutley, New Jersey, houses Seton Hall's College of Nursing, its School of

Health and Medical Sciences as well as the Hackensack Meridian School of Medicine.

Millbury Senior Center

TRANSPORTATION
Monday - Thursday 8 - 4 P.M.
Friday 8 - 11:30 A.M.
Need a ride outside the WRTA Catchment Area?
Rides need to be made in advance!
Call the Senior Center to schedule your ride 508-865-9154

FLORAL ARRANGMENT CLASS
SAM'S STEMS
Monday, March 13th 1 P.M. - 3 P.M.
price is \$20
Call the center to sign up!

THERAPY GARDENS
Chocolate Tasting
Tuesday, February 18th 1 P.M. - 2 P.M.
RSVP 508-865-9154

BETTER BREATHERS CLUB
Tuesday, February 25th 10:30 A.M.
SENATOR MOORE'S OFFICE
Meet with a representative from Senator Moore's office!

Wednesday, February 5th
First Wednesday of the month between 11 - 12 P.M.

All are welcome to meet and discuss issues of importance or looking for assistance

TRANSPORTATION
All appointments will be accepted by the WRTA

Millbury Seniors 60 and older / those with ADA services call 508-752-9283 in order to register with the WRTA advance if they need transportation

Transportation Hours are Monday through Thursday from 8 A.M. to 3:30 P.M. & Fridays 8 A.M. to 11:30 A.M.

Rides have to be scheduled by 4:30 P.M. the day before by calling 508-752-9283

For more information on regards to transportation call the center at 508-865-9154

SENIOR CENTER EXERCISE CLASSES!

ZUMBA CLASSES
Mondays at 1 P.M. (Class is \$3)
LIGHT EXERCISE CLASSES
Mondays and Fridays 9:30 A.M. - 10:15 A.M. (Free!)

TAI CHI
Tuesdays 9:30 - 10:30 A.M. (class is \$3)
LINE DANCING CLASSES
Wednesdays at 10:30 A.M. (Class is \$3)

YOGA
Thursdays 9 - 10 A.M. (Class is \$3)
SENIOR CENTER ACTIVITIES!

MAHJONG
Mondays at 12:45 P.M.
CRIBBAGE
Monday through Friday 8:30 A.M.

BLOOD PRESSURE CLINIC
Every Tuesday from 9 A.M. - 10 A.M.
SOCIAL BINGO
Wednesdays at 1 P.M.

Bring your pennies!
PITCH
Thursdays 1 - 3 P.M.

COLORING

Thursdays at 10 A.M.
Lunches are served Monday through Thursday 12 P.M. Friday 11:30 A.M.

The menu is available on the town website, www.townofmillbury.org
Or our Millbury Senior Center Facebook page

A 48 hour reservation is required.
Call the center at 508-865-9154

"MEMORY CAFE"
Please join us on Tuesday, February 24th at 1 P.M.

Refreshments will be served
A Memory Café is a monthly gathering for people with memory loss / challenges and their care partners. It is a time to socialize, make new friends, and have a good time

Our Outreach worker, Julie Fitzgerald, is happy to answer any questions, call to RSVP 508-865-9154!

SNAP APPLICATIONS (Food Stamps)
Our appointments are on Tuesdays & Thursdays 10 A.M. - 2:00 P.M.

Call for an appointment & required documentation 508-865-9154

"This project has been funded at least in part with Federal Funds from USDA. This institution is an equal opportunity provider"

The SNAP Logo is a service of the U.S. Department of Agriculture.

USDA does not endorse any goods, services or enterprises."



AUTO BODY / REPAIRS

KEARNS COLLISION REPAIR
Since 1969
Always Going The Extra Mile For Our Customers

Free Written Estimates • Damage Appraisal
Color Matching Specialists • Rental Car Services
Warrantied Work & Repairs
Diagnostics • A/C Repair
Tune Ups & Engine Repair
Brakes • Alternators • Starters • ABS
Alignments • Tires...and more

Major Insurance Referral Shop
Honoring All Insurance Estimates

1734 Providence Road (Rt 122)
Northbridge, MA 01534
Ph: 508-234-5211 • Fax: 508-234-2231
www.kearnscollision.com
Fully Certified • RS# 2678

BEST WINDOW COMPANY

KUBALA HOME IMPROVEMENT
The Door and Window Experts
MACSL100114 | MAHic150118 | CTHic0619712

Award Winning
High Performance
Windows & Doors

100% FINANCING AVAILABLE | Lifetime Warranty
508-784-1550

BBB ACCREDITED BUSINESS A+ f

BUILDER

Todd A. Ethier TAE

B • U • I • L • D • E • R
INCORPORATED
Remodeling Expert

◆ FINISHED BASEMENTS
◆ ADDITIONS ◆ GARAGES
◆ SIDING ◆ ROOFING ◆ DECKS
◆ WINDOWS ◆ DOORS
◆ KITCHEN ◆ BATHS

Quality Building Since 1985
Licensed & Insured
508-764-2293 ◆ 774-230-3967

Cleaning Services

HOUSE CLEANING AVAILABLE

Reasonable rates.
Weekly, bi-weekly
or monthly times available.
~ Bonded ~
Fully Vaccinated
Call Wendy for a FREE estimate at:
774-262-9166

LAWNMOWERS

WORCESTER COUNTY LAWNMOWER
ALWAYS THE BEST SERVICE

Snowblower & Generator Repair
Tractor Service
Tune-Ups & Repairs
Pickup & Delivery

508-987-2775
492 Main St Oxford
WORCESTERCOUNTY LAWNMOWER.COM

CHIMNEYS/MASONRY

CHIMNEY CLEANINGS
Starting at \$99

ALL KINDS OF
MASONRY & CONCRETE WORK
New & Repairs, Repointing, Rebuilding, Re-lining, Waterproofing, Foundation & Chimney Repair, New & Stair Repair, Concrete Walkways, Stonewalls, New Roofs, Construction & Carpentry.

Need to get it done? Call me!
-FREE Estimates-
Quality Chimney (508)752-1003

Home Improvement

BONETTI'S
Home Improvement
Roofing
Siding
Decks
Remodeling
Windows
Doors
Basement Finishing
Gutters Cleaning
Pressure Washing
Painting Landscaping

Over 25 Years Experience
Residential Specialist
Licensed and Insured
128231
508-347-4906
Cell 508-688-0072

MASONRY

C J
MASONRY HARDSCAPE
RETAINING WALLS
OUTDOOR
LIVING CONSTRUCTION

Chimney Repair
Foundation Repair
Steps, Patios
Pool Surrounds
Pressure Washing
Property Maintenance
Water Proofing
Delivery of Aggregate
Cord Wood

Brian French
(413)222-5542
frenchyn45@gmail.com

GJ LEDUC PAINTING
Interior and Exterior
Power Washing
Wallpapering
General Repair
Fully Insured
Over 40+ Years Experience
508-764-8548
774-230-8373

PLUMBING

JOHN DALY Plumbing
Specializing in repairs or new installs for home owners since 1988

Fully licensed and insured
Lic #MPL 21763
Call 508-304-7816
Email jdrainman714@aol.com

Plumbing

MIKE LAMBERT'S PLUMBING & HEATING INC.
Commercial, Residential, New Construction

369 Main St, Ste 4
Spencer, MA
1-833-969-4330
Fully Insured
MIKELAMBERTSPANDH@GMAIL.COM

StonebridgePress.com

Advertise on this page for one low price! Get 7 papers. Call 774-200-7308

- Spencer New Leader
- Sturbridge Villager
- Charlton Villager
- Southbridge News
- Webster Times
- Auburn News
- Blackstone Valley Tribune

ROOFING

David Barbale ROOFING
Roofing/Gutters Repair Work
Fully Licensed and Insured
MA LIC #CS069127
MA HIC. LIC #1079721
INS. # CAC032585
C: 508-397-6709
O: 508-248-6709
davidbarbale.com

ROOFING

GUARANTEED BUILDING MAINTENANCE
Roofing, siding, gutter cleaning, gutter repairs, Certainteed Shingle Master Certified!
Contact Daniel Truax 508-450-7472 call or text gbmainco.com
Senior Citizen Discount
Credit Cards Accepted
Over 30 years of satisfied customers
Fully Insured - Free Estimates
Financing Available
A+ Rating BBB
Mass CSL #099487
Mass HIC number 124019
Connecticut, HIC number 0665243

Roofing

SAUNDERS & SONS ROOFING
Read our reviews at the Better Business Bureau. A+ rating and accredited member since 2009.
Call Bill Toll-Free 1-866-961-Roof 508-765-0100
Lifetime material warranty & 25 yr. labor warranty available
MA Reg #153955
CSL #095459
CT-HIC #0638641
Fully Insured, Free Estimates
Family Owned and Operated
Now Accepting All Major Credit Cards
BBB ACCREDITED BUSINESS A+

For Advertising Information
Call 774-200-7308
email:mikaela@stonebridgepress.news

Uxbridge Senior Center

36 South Main St.
508-278-8622
Lisa Bernard – Director
Gail Boutiette – Outreach Coordinator
Donna Oncay – Transportation Coordinator
Omer Boucher – Van Driver
Sally Selvidge – Activities Coordinator
Pat Ordway – Chef

DIRECTOR NEWS FOR MARCH 2025 NEWSLETTER

Zumba and Seated Strength Yoga classes are back!

We are proud to announce our 8-week classes are back starting on Tuesday, March 25th.

Zumba is a fitness program that fuses entertainment and culture into an exhilarat-

ing dance party workout. This is an 8-week specialized program designed for seniors. The benefits of Zumba include improved balance, range of motion and coordination. Additional benefits include increasing blood flow to the brain enhancing attention and concentration skills, as well as burning calories and meeting new friends! The program will begin Tuesday, March 25th from 11 a.m. - 12 p.m. The instructor, Nancy Dalbec, is a licensed Gold Zumba instructor.

Seated Strength Yoga is a light-weight strength circuit with gentle movements to improve flexibility. Most exercises will be seated with a focus on improving

muscle strength especially around the knee area which is crucial for balance and walking and hopefully avoiding falls. This program focuses on light cardio, strength, balance and fun activities to train the body for real life movements and activities. Some poses can also be done standing using a chair for support. Seated Strength Yoga can improve your flexibility, concentration and strength, while boosting your mood, and reducing stress and joint strain. The instructor is Pamela Landi, a certified personal trainer. The program is scheduled to begin Tuesday, March 25th from 12:15pm-1:15pm.

Each class will run for one hour;

one day a week for an 8-week period. The suggested donation cost for this 8-week class is \$25.00 for each class. Classes will be held at the Senior Center's Satellite Site which is the McCloskey School Gym located at 62 Capron Street in Uxbridge. Interested individuals should call or stop by the Uxbridge Senior Center at 508-278-8622 for more information and receive their application and waiver forms prior to the start of the program. Please note there are no classes on April 8th.

I am pleased to report that our Center is growing by leaps and bounds! Our numbers are up in the number of visitors, our lunch attend-

ees, our transportation runs and our telephone calls into the Center. It makes me so proud to be a part of our small Center and to realize the amount of assistance, programs, and services we provide to our community each and every day. With the increase of attendees, comes the unfortunate aspect of waiting list for our programs. Although we do our best to accommodate everyone, we are limited to space and to parking at our center. Thank you for your understanding and we do apologize for any inconvenience.

Happy 103rd Birthday Jennie Oleksyk! Jennie celebrated her 103rd birthday on January 30th. Wishing you happiness and joy Jennie, from your friends at the Senior Center and the COA.

Sincerely,
Lisa

Last call for Fuel Assistance! The SMOC fuel assistance program for the winter season is ending soon. If you need help with your heating costs, please call the Center to make an appointment to apply or inquire about eligibility requirements.

RISE UP with State Rep. Mike Soter

The Uxbridge Senior Center and the Uxbridge Elderly Connection are excited to work with State Rep. Mike Soter on this project again this year. Save the date of Saturday, April 12, 2025, from 12 noon-1:30pm to receive a free ham dinner.

Call the Senior Center to sign up. You can either get the meal delivered to your home or you can pick it up at the Senior Center.

Mondays March 3rd, 10th, 17th 24th & 31st – AARP Tax Assistance Program. Please call the senior center to book your appointment.

Monday, March 3rd – 3:00 pm – 4:00 pm - Computer Tutoring with students from the Leo Club at Blackstone Valley Tech. Please call ahead to book an appointment. This will be held on the first Monday of each month. Next date will be Monday, April 7, 2025.

Thursday, March 6th, 13th, 20th, 27th April 3rd, 10th & 17th – An 8-week instructional Pickleball Program

Continues. Classes will be held each Thursday from 9 am – 10:15 am & 10:30 am – 11:45 am. Class sizes are limited. Please call the senior center to receive your enrollment and waiver forms. Equipment will be provided. Cost \$10 per person. Classes are being held at McCloskey School, 62 Capron Street. THERE IS CURRENTLY A LONG WAIT LIST TO JOIN PICKLEBALL.

Friday, March 7th – 12:00 pm – Lunch & Learn with Chief Montminy. His guest speaker will be Kevin Donahue from Joseph D. Early Jr DA's office and he will be presenting on Scams Targeting Older Adults. Be sure to RSVP for this event.

Tuesday, March 11th – 1:00 pm – Uxbridge Library Book Club. They will be discussing "The Borrowed Life of Frederick Fife" by Anna Johnston. You are welcome to join us for lunch on this day, just be sure to call ahead to "book" yours! Next book club meeting is on Tuesday, April 8th and they will be discussing "Nosy Neighbors" by Freya Sampson.

Tuesday, March 11th – 1:00 pm – Benefit Enrollment Specialist – Tri-Valley, Inc. Call the senior center to book an appointment with Gina. Next date will be Tuesday, April 8th.

Friday, March 14th – 12:00 pm – Uxbridge Fire Department Quarterly Talk – Join the UFD will have a presentation on the California Fires. Come join us for lunch. Please call to RSVP!

Wednesday, March 19th – 10:30 am – 1:30 pm – National Grid Information Table – A representative from National Grid will be available to answer and assist you with discount rates, payment plans, arrears forgiveness, special protections, energy saving, and more. If you plan on joining us for lunch on this day, please call ahead to RSVP as space is limited. You are welcome to come either before or after lunch as well!

Friday, March 21st – 12:00 pm – Annual St. Patrick's Day Celebration! We will have Irish Step Dancers from OLV here to entertain us! This event is sponsored by the Uxbridge Elderly Connection, Inc. Join us for Corned Beef & Cabbage and fun! Please RSVP.

Monday, March 24th – 1:30 pm –

Bunny Craft with Sally! \$7.00 per person. Come join Sally in making an adorable bunny for your holiday decoration! Consider call the senior center to receive your enrollment and waiver forms. Equipment will be provided. Cost \$10 per person. Classes are being held at McCloskey School, 62 Capron Street. THERE IS CURRENTLY A LONG WAIT LIST TO JOIN PICKLEBALL.

Tuesdays, March 25th, April 1st, 15th, 22nd, 29th, May 6th, 13th & 20th – 8-week Session for Zumba – 11:00 am – 12:00 pm at McCloskey School with instructor Nancy Dalbec, a licensed Gold Zumba Instructor. The suggested donation cost for these 8-week classes will be \$25.00. Classes will be held at the Senior Center's Satellite Site which is at McCloskey School Gym located at 62 Capron Street in Uxbridge. Interested individuals should call or stop by the Uxbridge Senior Center at 508-278-8622 for more information and receive their application and waiver forms prior to the start of the program. Please note there will not be classes on April 8th.

Tuesdays, March 25th, April 1st, 15th, 22nd, 29th, May 6th, 13th & 20th – 8-week Session of Seated Strength Yoga – 12:15 pm – 1:15 pm. Held at McCloskey School with instructor Pamela Landi, a certified personal trainer. The suggested donation cost for these 8-week classes will be \$25.00. Classes will be held at the Senior Center's Satellite Site which is at McCloskey School Gym located at 62 Capron Street in Uxbridge. Interested individuals should call or stop by the Uxbridge Senior Center at 508-278-8622 for more information and receive their application and waiver forms prior to the start of the program. Please note there will not be classes on April 8th.

Tuesday, March 25th - 11:00 am – 12:00 pm – Ask the Nurse Free Blood Pressure Clinic with Karen McCarthy, Salmon Health VNA. RSVP to participate and to join us for lunch.

Thursday, March 27th – Podiatrist Dr. Biancamano will be available for appointments. Please call ahead to book yours.

Friday, March 28th – 11:30 am - 12:30 pm – "PopUp Library". Books will be on display to check out, library card sign-ups, book hold pick-ups, etc. This program is being offered by the Uxbridge Free Public Library.

Friday, March 28th - 12 noon – March Birthday Cake Celebration. Come Celebrate all the birthdays this month!

Monday, March 31st - 1:30 pm – "Ask the Attorney" with Attorney Ralph Tepper by appointment only. Please Call 508-278-8622 to schedule your appointment.

Card Game played during lunch on Mondays. Hannaford grocery shopping every Tuesday. Pick up begins at 8:30 AM. Please sign up in advance by calling us at 508-278-8622 to reserve your seat on the van. Knitting Club every Tuesday @ 1:30 pm – Come join the creative fun! Every Wednesday – 9 am – 3 pm – The Uxbridge Senior Center Transportation Program Community Shuttle. This shuttle is for seniors and individuals with disabilities to destinations such as post office, pet care appointments, hair salon or barber, bank, pharmacy & shopping anywhere in the Uxbridge/Northbridge area. Note: this replaces the weekly bank/pharmacy and Shaw's Ocean State rides. Call 508-278-8622 for more information and to book your FREE ride. Requests require a 48-hour notice.

Wednesdays – "Canasta" Hand, Knee & Foot Card Game – 1:00 pm. Let us know if you'd like to join us for lunch!

Wednesdays – Play Scrabble! – 1:00 pm – Come by for an afternoon playing Scrabble. Boards are supplied by the senior center. Let us know if you'd like to join us for lunch!

Medical Transportation is accepting appointments. Call 508-278-8622 to schedule your rides.

The senior center is in need of the following donations: Lysol wipes, newly packaged napkins, paper towels, tissues, toilet paper, tea (regular and caffeine free), ground regular & decaf coffee. We thank you for your support!

Feel free to contact us at 508-278-8622 or visit us on our web page at Uxbridge-ma.gov/coa or like us on our FB page or by googling Uxbridge Senior Center and our new YouTube Channel or even dropping by.

Uxbridge Free Public Library

15 North Main St.
www.uxbridgelibrary.org
508-278-8624

March is bringing a burst of spring-time energy to the Uxbridge Free Public Library, with a variety of exciting events and activities for all ages. Highlights include an Irish music program, special programs spotlighting Frances Perkins and celebrating Women's History Month, as well as engaging youth programs in collaboration with MA DCR. Please visit the Library's Web site at www.uxbridgelibrary.org or call us at 508-278-8624 to learn more about our upcoming programs or to register to attend! Many of our programs are supported by the Uxbridge Board of Library Trustees, the Friends of the Uxbridge Free Public Library, and the Uxbridge Cultural Council.

ADULT PROGRAMS

- Register now:
- Gentle Flow Yoga – Mondays, Mar 3, 10, 17, 24, and 31 at 7pm
- Uxbridge Knit N' Stitch Circle – Mondays, Mar 3, 10, 17, 24, and 31 at 6pm
- VIRTUAL: 50+ Job Seekers Networking Group – Mar 5 and 19 at 9:30am
- Meet the Unsung Heroine Behind the New Deal: Frances Perkins (Part 2) – Mar 6 at 6:30pm
- Cardmaking Hands-On Workshop – Mar 10 at 6:15pm
- Irish in America: Live Irish Music – Mar 13 at 6pm
- Sweet Escape DIY Sugar Scrub Workshop – Mar 20 at 6pm
- Friends of the Library Puzzle Swap – Mar 22 at 10am
- Embroidery 101 with Madonna Terlizzi – Mar 26 at 1pm and Mar 27 at 6pm
- PopUp Library at the Senior Center – Mar 28 at 11:30am
- Book-a-Librarian – Need help downloading e-books and using other library digital resources? Contact the library to book a 30-minute appointment with a librarian for hands-on tech assistance. Wednesdays from 2:30pm-4pm.
- Join a Book Club:
- Uxbridge Senior Center Book Club – The Borrowed Life of Frederick Fife by Anna Johnston, Mar 11 at 1pm
- Historical Fiction Book Club – Finding Margaret Fuller by Allison Pataki, Mar 18 at 3:30pm
- Bookies Book Club – Becoming Madam

Secretary by Stephanie Dray, Mar 31 at 6:30pm

YOUTH & TEEN PROGRAMS

- Register now:
- Teen Book-In-A-Bag (ages 13+) - Pick up your themed book-in-a-bag choice between Mar 1-15
- Tween & Teen Journaling 101 (ages 12-19) – Mar 27 at 6:30pm
- Teen Aura Photography (ages 12+) – Mar 31 at 6:30pm
- Little Learners Live (ages 3-6) – Mar 1 at 12:30pm
- Butterfly Light Terrarium (ages 7-12) – Mar 5 at 4:15pm
- Lego Challenge Build (ages 5-10) – Mar 6 & 11 at 4pm
- DCR Maple Sugaring at Riverbend (ages 4+) – Mar 8 at 2pm
- Music and Movement with Deb Hudgins (ages 0-8) – Mar 6, 20, & 27 at 11am
- Sound Minds, Sound Bodies (ages 0-8) – Mar 10 at 11am
- Lucky Clovers (ages 8-12) – Mar 12 at 4:15pm
- Kindness Rocks (ages 5-9) – Mar 13 at 4:30pm
- Science with Amanda: Seahorses (ages 6-12) – Mar 13 at 5:30pm
- PanNeubean Steel Musicians (All Ages) – Mar 15 at 12:30pm
- DCR: Learn to Track at River Bend Farm (ages 4+) – Mar 15 at 2pm
- Henna by Jen! (ages 10+) – Mar 17 at 6pm
- Seashell Painting (ages 6-12) – Mar 19 at 4:15pm
- Virtual Fortnite Tournament (ages 8+) – Mar 20 at 6pm
- Family Candy Bar Bingo: Library themed (ages 6+) – Mar 22 at 12:30pm
- Mosaic Tile Art (ages 4-10) – Mar 26 at 4:15pm
- Storytimes (registration required):
- Baby Storytime (0-2 years) – Mar 17 at 11am
- Toddler/Preschool Storytime (2-4 years) – Mar 12 & 19 at 11am
- Baby Bumble (Socialization playgroup, 0-2 years) – Mar 4 at 11am
- Toddler Tumble (Socialization playgroup, 2-5 years) – Mar 11 at 11am
- Sensory Play (3+ years) – Mar 18 at 11am
- Drop-In Programs:
- Crafty Wednesdays – Wednesday mornings and afternoons

Students named to Champlain College Dean's List

BURLINGTON, Vt. — The following students have been named to the Champlain College Dean's List for achieving a grade point average of 3.5 or higher in the Fall 2024 semester. Gavin Francisco of Douglas, majoring in Computer Networking &

Cybersecurity. Matthew O'Neill of Douglas, majoring in Game Design. Riley Plourde of Uxbridge, majoring in Game Design. Founded in 1878, Champlain College is a small, not-for-profit, private college in Burlington, Vermont, with

additional campuses in Montreal, Canada, and Dublin, Ireland. Champlain offers a residential undergraduate experience from its beautiful campus overlooking Lake Champlain. Additionally, Champlain College Online provides

an expansive portfolio of online degrees and certificates, reaching students across all 50 states and U.S. territories, while fostering strategic partnerships with forward-thinking workforce organizations. The College is known for its distinctive and innovative approach to career-focused education and its Upside-Down Curriculum, which helps students be ready for work, ready for life, and ready to make a difference. Champlain is ranked as one of the "Best Colleges" by U.S. News & World Report for 2025, and was named one of the "Best 390 Colleges" by The Princeton Review for 2025, including among its "Best Northeastern colleges." For more information, visit www.champlain.edu.

Home Town Service. BIG TIME RESULTS. **CLASSIFIEDS** 774-200-7308

FOSTER PARENTS WANTED: Seeking Quality Homes Throughout Central MA To Provide Foster Care To Children In Need. 24/7 Support Generous Reimbursement, \$1000 Sign-On Bonus. Call For Details. **Devereux Therapeutic Foster Care.** (508)829-6769

LIVE BAIT FOR ICE FISHING Open 24/7 **Spencer** 508-885-5416

WAR RELICS & WAR SOUVENIERS WANTED: WWII & EARLIER CASH WAITING! Helmets, Swords, Daggers, Bayonets, Medals, Badges, Flags, Uniforms, etc. Over 40 years' experience. **Call David (508) 688-0847. I'LL COME TO YOU!**

For Advertising Information Call 774-200-7308 email: mikaela@stonebridgepress.news

Salve Regina University announces Dean's List

NEWPORT, R.I. — The following students were named to the Dean's List during the fall 2024 academic semester at Salve Regina University. To qualify for the Dean's List, students must earn a semester grade point average of 3.6 for full-time students completing at least 12 graded credits, or a semester grade point average of 3.8 for part-time students completing at least six credits. Courtney Fleming of Whitinsville Emilee Hamelin of Douglas Alyssa Schilling of Douglas Salve Regina University is a Catholic, coeducational institution of higher education founded by the Sisters of Mercy in 1947. For more than 75 years, Salve has offered rigorous, innovative academic programming in the liberal arts tradition that

prepares students to be global citizens and lifelong learners. More than 2,700 undergraduate and graduate students from around the world are enrolled at Salve in 48 undergraduate majors, 13 master's degree programs, combined bachelor's/master's programs, and doctoral programs. Every undergraduate student engages in Salve Compass, a four-year transformational program through which they develop the experience, skills, and wisdom required for a fulfilling career and to make a positive difference in the world. The University is also home to the Pell Center for International Relations and Public Policy, a multi-disciplinary research center focused on the intersection of politics, policy, and ideas. For more information, visit salve.edu.

Cornerstone Bank now accepting applications for annual scholarships

WORCESTER — Cornerstone Bank, a community bank with locations throughout Central Massachusetts, is inviting high school students who are interested in pursuing studies in business or finance to apply for the Bank's 2025 scholarship program. Cornerstone is awarding \$2,500 scholarships to 16 students

who best demonstrate achievement in academics, extracurricular activities and community involvement. Applications are being accepted through April 8. "It's always inspiring to hear fresh ideas from young people interested in pushing our industry forward," said Cornerstone CEO Todd Tallman. "The more

we support and invest in these teenagers now, the brighter the future will look for all of us." Applicants must submit an official transcript and GPA from their guidance office and be on track to graduate high school in 2025. They also must provide a one-page typed essay based on the following prompt:

Describe your career goals and the steps you are taking to achieve them. How will this scholarship help you overcome challenges and support your path to success? Interested students should complete and submit the application found here: cornerstonebank.com/community/scholarship-form. Recipients of the scholarship will receive funds after successful completion of the first college semester, and upon presentation of an official copy of the first-semester transcript and second-semester bill. For more information, please visit cornerstonebank.com/scholarships.



HOPE REAL ESTATE GROUP
43 East Main Street Webster, MA 01570
Finest Realtor Associates to Serve You!

hope2own.com
508.943.4333
Sharon Pelletier - Owner Broker
Licensed in MA, CT & RI

We Want Your Listings!

ON DEPOSIT

WEBSTER - 61 PARK AVENUE

First Time Offered!! Impressive, Well Maintained Custom Built Ranch Style Home! Incredible Functionality & More! Built in 2001 & offers 1,462 sq-ft of One Level Living, 3 BRs, 2 Full Baths! Fabulous Split Floor Plan w/2 BRs & a Full Bath w/Double Walk In Shower, & a Private MASTER SUITE w/Private Full Bath, Walk-in Closet. Spacious Entry Foyer.

\$469,000

*** June Cazeault * Laurie Sullivan * Lori Johnson-Chausse * William Gilmore II * Maureen Cimoch * Bryan Pelletier**

SOUTHBRIDGE - 140-152 HAMILTON

ON DEPOSIT

13 Units - 4 Well Maintained & Updated Multi-Family Buildings with 2 Commercial Spaces! Located within the "Central Core" District of Downtown Southbridge!! ... Mixed Use Zoning!! Heated Garage Space - Room enough for up to 18 Vehicles!!

\$1,300,000

Featured New Listing!!

WEBSTER - 25 SLATER ST

ON DEPOSIT

Location! Location! This Oversized & Well Maintained 2 Family offers 2,472 sq ft Total! Apt 1 >1st Floor Unit >has 1,052 sq. ft., 3 BRs & 1 Bath/Apt 2 >2nd & 3rd Floor Unit has 2 levels >1,420 sq. ft., 5 BRs, 2 Baths. Corner lot w/30 acre, 22'x22' Two Car Garage! 12'x16' Concrete Patio. Apartments fully occupied. PLEASE DO NOT TRESPASS onto the Property.

\$559,900

DUDLEY 3 PRINCE CIRCLE

SORRY, SOLD!

Come to Pierpont Estates! Young 2100 Sq Ft +/- Colonial on 1+ acre! Featuring 8 rooms, 4 Bedrooms! Master Bed w/Master Bath & Walk-in Closet! 2 Baths and 1/2 Bath! Cozy propane gas fireplace. Hardwood flooring & carpeting. Central air. 2 Car Garage. Yr. 2024 Taxes \$5448 .

assisted sale. \$620,000

OXFORD - 25 SUTTON AVENUE

ON DEPOSIT

Location ~ Location! Move-in ready Commercial Office &/or Retail Space! Ideal for >>> Small Businesses, Companies looking to expand, Banks, Medical facilities etc...2 Level Free Standing Building on a Corner Lot - Located in an Active area of Restaurants & Retail 1 Minute to Rt 395 & Rt 20. Zoned GB 10 units - .71 Acre - 26 Parking Spots

\$1,150,000

STURBRIDGE - 66 WESTWOOD DR

1640' FRONTAGE - 11.61 ACRES! WATERFRONT LAND

1640' direct waterfront on Cedar Lake! Secluded 11.61 Acres - Pristine, Undeveloped, Private & Serene! Potential for up to 5 house lots! 119' road-front w/Gravel Drive Access to Land & Lake! 183 ac+- Cedar Lake is full recreational - A Once in a Lifetime Opportunity!

\$899,000

WEBSTER - 38 COLONIAL RD. LAKE RESIDENTIAL

SORRY, SOLD!

Webster Lake Area! Investors take notice! Charming Ranch with possible extra buildable lot! Home has 2 bedrooms, 1 Bath. 1 Car Garage. Recent Furnace and Ductless Mini-Split System. Vinyl Siding, Replacement Windows. 100CB. Interior needs updating*

\$399,900

On the shores of Lake Chargoggagogmanchauggagoggchaubunagungamaugg

Featured New Listing!!

Webster Lake Waterfront- 88 Union Point

Excellent opportunity! Un altered Natural Western Facing Shoreline- Beautiful Sunsets - Panoramic Views of Middle to North Pond! 7,000 +/- Sq. Ft. Waterfront Lot! Utilize this one Bedroom Winterized cottage while making plans to construct your dream home! Or just live in, as is! Fireplaced living room! 12 X 30 one car garage. Beautiful Pine trees at the water's edge! Do not trespass. Here is your chance!! Showings by Appointment, don't walk on property without Listing Agent

\$660,000

WATERFRONT

Webster Lake - 237 Thompson Rd.

FOR RENT....1st floor 1 Bedroom Apartment! Sliders to large deck with outstanding views! Located in the mid section of the Lake.

Catch the sunrises!

Heated by fuel efficient Natural Gas forced hot air. Enjoy Lake living!

PUT YOUR TRUST IN US

TEAMWORK AND EXPERIENCE

Jo-Ann Szymczak 774-230-5044
Diane Luong 774-239-2937
Maria Reed 508-873-9254
Bob Berk 508-367-9226

Vicki Bennett, Client Coordinator

ReMax Vision • 25 Union St., Worcester MA 01608
CALL FOR A MARKET ANALYSIS Licensed in MA & CT

DUDLEY- Central Air- Central Vac- Private Yard

DRASTIC PRICE REDUCTION

- *New Septic System
- * 1400 sq. ft. Finished Lower Level Game Room
- * 2 Full Baths
- *Heated Breeeway
- * Hardwood Floors
- * Furnance 10 years old

29 Charlton Road \$450,000

CHARLTON- 1.3 ACRES

*4 Spacious Bedrooms
* 2.5 baths
*Office *Dining Room
*Step Down Livingoom

93 Haggerty Rd \$654,900

OXFORD- 2 UNITS IN A GREAT LOCATION!!

*1t Floor Vacant - Ideal for Owner
* New Septic System * 2 Bedroom each unit
* Garage w/ Loft
* Ask About a Rate Buy Down

9 Quobaug Ave \$425,000

CHARLTON- 6 ACRES NEW CONSTRUCTION

*30' Familyroom
*Gourmet Kitchen w/ Breakfast Bar and Center Island
*Hardwood Floors • 3.5 Baths

12 Elliot Drive \$675,000

MEET YOUR LOCAL REAL ESTATE PROFESSIONALS

Perfect for Realtors, Mortgage Companies, Banks, Real Estate Attorneys, Home Inspectors, Chimney Inspectors, Lead Removal businesses, Insurance Companies, etc. . . any business involved in the buying or selling of real estate.

To join this section, please contact your local sales rep, 774-200-7308 or email mikaela@stonebridgepress.news

Donna Flannery Realtor®
508-612-6771
Donnaflanneryrealtor.com
Donnaflannery@erakey.net

OVER 30 YEARS SELLING LOCAL REAL ESTATE
NATIONAL ERA FINALIST TWICE FOR CUSTOMER SERVICE
TOP AGENT YEAR AFTER YEAR FOR # OF UNITS SOLD & SOLD DOLLAR VOLUME
ERA HALL OF FAME

415B Main Street Spencer, MA 01562

LET'S TALK REAL ESTATE

*Be An Informed Buyer-
Learn About Representation - Financing - Inspections

* Be An Informed Seller-
Learn About Dual Agency Compensation- Staging

Call For A Free Consultation- Flexible For:
* Meeting And Talking
*Internet Appointment

Call Jo-Ann 774-230-5044

ReMax Vision
25 Union St., Worcester MA 01608
Licensed in MA & CT

When Experience and Commitment Matter

Mary Vigliatura Stolarczyk
ABR, GRI, CRS, C2EX RE/MAX Hall of Fame

508.612.1382
MESRealty.com
Mary@WillSellit.com

"I SOLVE REAL ESTATE PROBLEMS"
ReMax Professional Associates
Licensed in MA & CT
We need properties to sell - any type!

Conrad Allen
508.400.0438
callen1995@aol.com

Sandi Grzyb
I look forward to serving you in all of your real estate ventures!

- Buying
- Selling
- Investing

Contact Info:
774.230.3500/508.943.6960
sandigrzyb@aol.com

65 Southbridge Street, Auburn, MA 01501

Got Space?

we do.

Contact Mikaela Today
774-200-7308
mikaela@stonebridgepress.news



Courtesy

Plummer Place, home of the Northbridge Senior Center, celebrated its first premium event of 2025 with a sold-out Valentine's Day Party! It was a wonderful day of love, laughter, and celebrating with friends. Attendees enjoyed a delightful luncheon from Bushel 'N Peck and the music of the Driveway Chicks, a four-woman rock band performing an eclectic spectrum of music! Beautiful and festive roses for each attendee were given courtesy of State Representative David Muradian which he handed out along with Northbridge Police Chief, Timothy Labrie. It was a memorable special occasion for all in attendance at Plummer Place! The Valentine's Day Party was sponsored by the Friends of Northbridge Elders (FINE) and raffle gifts were donated by The Rock, a local Northbridge Roadhouse. For more information on Plummer Place or its special events, please call (508) 234-2002.

Uxbridge Public Library to host Part 2 of Frances Perkins program

UXBRIDGE — In celebration of Women's History Month, on March 6 the Uxbridge Public Library will

host Part 2 of the performance "Meet The Unsung Heroine Behind the New Deal." Guests will learn about

Frances Perkins' years as FDR's Secretary of Labor, the first woman to serve in the US Cabinet.



Courtesy

Janet Parnes returns as Frances Perkins for Part 2 of "Meet the Unsung Heroine Behind the New Deal" March 6 at the Uxbridge Public Library.

It is not necessary to have seen Part 1 in order to enjoy Part 2.

Portrayed by Janet

Parnes of Historical Portrayals by Lady J, Miss Perkins will reveal the trials, triumphs, and trip-ups that characterize her 12 years in FDR's Cabinet. Guests will gain insights into topics that include the list of demands Frances presented to FDR before accepting the appointment; the Depression; her largely unknown role in architecting the New Deal, including creating and implementing the minimum wage, 40-hr workweek, and Social Security; reasons World War II nearly demolished her career; attempt to impeach her; WWII immigration issues; bedeviling fami-

ly troubles; and relentless challenges with gender prejudice.

The portrayal is free and open to all. It will take place from 6:30-7:30 p.m. on Thursday, March 6 at the Uxbridge Public Library, 15, North Main St., Uxbridge.

Seating is limited — please register online through the Library Web site (<https://www.uxbridgelibrary.org/>) or by calling the Library at 508-278-8624.

This program is supported in part by a grant from the Uxbridge Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency.

NAI Glickman Kovago & Jacobs
 25 ELM STREET | SOUTHBRIDGE, MA
 9,536-SF HISTORIC OFFICE BUILDING FOR SALE



- Historical building, also known as Tiffany-Leonard House, built in 1832
- Large Executive Offices with Elegant Finishes and High Ceilings
- Large Open Concept Cubicle Areas

- Listing price: \$550,000
- Building size: 9,536 SF
- Lot size: 13,939 SF
- Loading docks: (1) tailgate height
- Basement: partial | Unfinished



JAMES GLICKMAN
Principal

508-769-5007

jglickman@glickmankovago.com



JONAH D. GLICKMAN
Vice President

508-868-3765

jdglickman@glickmankovago.com

SALE Presidents' Day

red hot prices... limited time only!

SPECIAL SAVINGS ON

- ★ BEDROOMS
- ★ LIVING ROOMS
- ★ RECLINERS
- ★ OCCASIONAL PIECES
- ★ ENTERTAINMENT CENTERS
- ★ SEALY MATTRESSES

STOREWIDE SAVINGS!



0% INTEREST - FOR 1 FULL YEAR!

www.sundeenfurnitureinc.com

Sundeen Furniture

214 Providence Rd Whitinsville, MA 01588 • 508-234-8777

FREE LAYAWAY • FREE DELIVERY

M.T.W. 9:30-6:00; TH., FRI. 9:30-7:00; SAT. 9:30-6:00; SUN 11-5

