Free by request to residents of Webster, Dudley and the Oxfords

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Friday, September 15, 2023

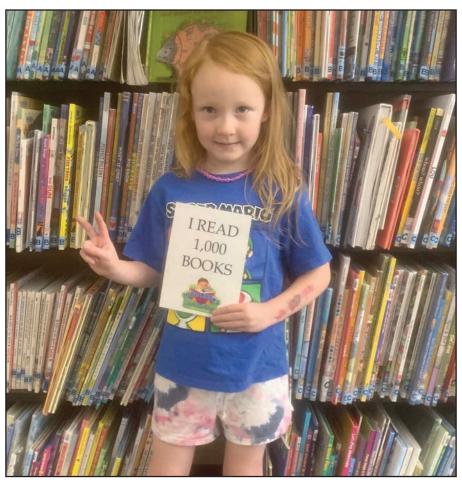


Photo courtesy Pearle L. Crawford Memorial Library

ALEXANDRA FINISHES 1,000 BOOKS BEFORE KINDERGARTEN

Alexandra of Dudley finished 1,000 books before kindergarten in July 2023. Congratulations!

Dudley receives Community Block Grant for beach and road projects

BY JASON BLEAU **NEWS STAFF WRITER**

DUDLEY — The town of Dudley has been awarded a Community Development Block Grant that will assist with numerous projects in the pipeline including improvements to the town beach and First Avenue.

funding The was announced by the Healey-Driscoll Administration at the end of August as part of a combined \$65 million allocation split between 72 cities and towns in the Commonwealth. Dudley was awarded \$349,000 designated to support infrastructure improvements and design of First Avenue, ADA improvements at the Town Beach, and planning for the Merino-Jericho Slums &

"Across we are going to see cities and towns use these Community Development Block Grants to fix their roadways, expand their housing options, and improve the quality of life they offer their residents," Governor Maura Healy said in a press release announcing the funds. "We're so excited to see the impact those investments will have. We're grateful to our federal delegation and the Department of Housing and Urban Development for their work in getting these funds to Massachusetts and for their commitment to helping us make Massachusetts the most competitive, most affordable, and most equitable state we can possibly be.'

the state, to recognize that grant career in obstetric and runaing is a critical source of revenue for Dudley now and will be in the future," Dudley Town Administrator Jonathan Ruda said of Dudley receiving the funds. "We are certainly grateful for the CDBG Program and the grant sources, but we are equally grateful for our limited staff and the work that they do daily, often 'off the clock' to apply for funding for the good of our Town. As a community, we consider the work that is put into unanimously approved securing grants as a small making but required investment Madore the new tenant that yields high returns, representative on the which is why the Board Housing Authority to fill of Selectmen has made it the rest of a vacant term a priority to continue to until June 2027. develop and recruit staff

Healing nature with art at JEL



Anne Tisdell and her husband Ron pose with some of Anne's endangered animal paintings. This panel features several felines and an elephant.

BY GUS STEEVES CORRESPONDENT

SOUTHBRIDGE

In a major sense, while Webster's Anne Tisdell retired from nursing, she has never retired from healing. She just changed how she does it - from medicine to art.

Tisdell has always loved art, but her father "said no daughter of mine's going to be a starving artist." So she took another interest - science - and "The Town continues turned that into a 45-year maternity nursing.

art This month's

show at Jacob Edwards Library is one expression of the bridge between them. Through it, Tisdell aims to help heal Nature herself by promoting a long list of endangered and threatened species and some – like blue herons – she "just really enjoy[s]." It's an interesting mix of styles, with some pieces being very naturalistic and some almost cartoony, in various media - watercolor, acrylic, pastel, oil and some with color pencil or ink details

They literally represent

beings from all over the world. You'll know many of them, either because they're native to our area or they're famous - elephants, polar bears, right whales, herons, swans, several owls. But she also features several more obscure species including a cat from Japan, an Iberian lynx, a sea turtle, and a pangolin.

"The common denominator with all these animals and plants is human activity," she said. As our consumption of resources, pollution and popula

Turn To TISDELL page A12

Oxford Board of Selectmen fills tenant seat, approves goals and other items

OXFORD — Selectmen Marguerite

The members general-Tum To **DUDLEY** page **A12** ly agreed that Madore's both also had more than 47 years experience in 20 years as residents of

and real estate were basically the deciding factor, with Mark Lee noting she'd seen that "landlord and tenant [relations] isn't just about paying the

The two other applicants – Carol Haddad and Lynette McIntyre both also had more than

property management the housing authority property. Haddad's background was in security at Worcester City Hospital and Filene's, while McIntyre has been a dance teacher. Although they didn't pick her, board members particularly liked McIntyre's willingness to listen and try

Turn To OXFORD page A12

Exploring 'a crossroads for medicine'



BISHOP AND MCGEE STALK THE DOCTORS OF THE FULL MOON'

BY GUS STEEVES

WEBSTER — If you're concerned about medical care today, be glad you weren't seeking it in the 1830s. But if you had been, you might've been lucky to be in this area and served by members of the Union Medical Association (UMA).

According to medical historian Sande Bishop and Dr. Dale McGee, about 400 surviving documents from that group of doctors serving the Webster-Mendon area show they were "extraordinarily well educated compared to most physicians of the day." While some of the era's most famous doctors "were committed to the status quo," this group had "a healthy skepticism" and were willing to question common practices.

Bishop used those documents as the basis of a new book, Stalking the Doctors of the Full Moon, which they discussed last Sunday at the Samuel Slater Experience. (The title comes from the fact UMA doctors had to ride horses to meetings in Mendon and scheduled them for full moon nights to see.)

In those days, common practices included things that hadn't changed for centuries. Those included

Turn To **MEDICINE** page **A12**



Dr. Dale McGee demonstrates a "spring loaded" scalpel used for bleeding in the 1830s.



Gretheline Bolandrina

Bay Path Practical Nursing Academy Director serving 11 years as PMC Volunteer ARLTON Bay bike parking. The fol- and Chronic Myeloid in the country. All the first weekers

Director, Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN completed her 11th year as a volunteer for the Pan Mass Challenge (PMC, www.pmc.org) helping those who raise funds for Dana-Farber Cancer Institute in Boston.

August Bolandrina, and her family, (all of Douglas), husband Joseph, daughter Lilly, and son Max, first volunteered for PMC.

"I was initially with the Medical tent," said Bolandrina, "because of my nursing back-ground." The following year, she joined her children Lilly and Max under the big white tent as volunteers for the dessert table for all the riders. Joseph is a volunteer for

lowing year, Gretheline became the signs and supplies coordinator at the Provincetown Inn finish line and eventually at the Monument Finish line at Provincetown, MA. To coordinate signs and supplies, she is in contact with all crew leaders 90, 60 and 30 days before the event and completes an onsite visit at PMC head quarters in Needham.

According Gretheline, the Bolandrina family volunteers for PMC because of family and close family friends who are cancer warriors or survivors. Close to their hearts is Rita Thorne of Acton. Thorne, a close family friend passed away early this year of a rare intrahepatic cholangiocarciLeukemia (CML). Thorne was a cancer warrior and inspiration to her many followers as she bravely shared her journey through Chemo. Gretheline said, "Rita's strength throughout her fight with cancer was incredible! She was a role model who showed us how to be graceful, philanthropic, empathetic, confident and memorable. Rita was a pillar of the Filipino American community in New England and a dedicated volunteer for the Bay Path Practical

Nursing Academy."
About PMC: The Pan-Mass Challenge is a Massachusetts-based bike-a-thon that raises more money for charity than any other single ath-

held the first weekend in August, the PMC raises funds for Dana-Farber Cancer Institute, a world leader in adult and pediatric cancer treatment and research. Each summer, thousands of riders and volunteers from 43 states and 12 countries participate in the PMC, all with a common goal: to find a cure for cancer.100 percent of all rider-raised funds go directly to cancer research and treatment at Dana-Farber and the Jimmy Fund. The PMC is Dana-Farber's single largest supporter and is more than 60 percent of the Jimmy Fund's annual revenue. Since 1980, the PMC has raised \$900 million for Dana-Farber.

Free author talk of 'Balancing My SeeSaw: Through Life's Ups & Downs' at Booklovers' Gourmet

The public is invited to a free author talk for "Balancing My SeeSaw: Through Life's Ups & Downs" by Just Sue on September Saturday, 30 from 2-4 p.m. at Booklovers' Gourmet, located at 72 East Main Street in Webster.

Life's ups and downs we all have them, whether we have been

diagnosed with a chemical imbalance or not. Sue has learned how to live with them, especially since her diagnosis of a condition over 29 years ago. Even so, she has navigated her way through divorce from an abusive marriage, homelessness, loss, and times of loneliness. And now she would like to share some of the secrets she has learned

her SeeSaw, to hold on when the ride gets too

With God in the middle of it all, He helps to keep us balanced when life's circumstances are trying to bring us down or throw us off. Through short stories and poems, Sue has found her voice and wants to share the hope and inspiration she has discovered so that others can also find ways to balance their own SeeSaw of Life.

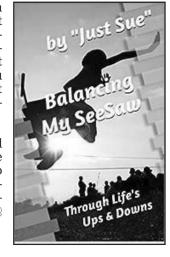
This is Sue's second

book that she has published. After going through some difficult trials, she has found her voice through storytelling, mixed in with poetry. Each poem is also a story within itself. (She is the third generation of 'rhymers' in her family.) She wants everyone to know the excitement of following Jesus and wants to show how involved He is in our

Sue is a life-long New

Englander, and has been blessed with three adult children, two daughtersin-law and two grandchildren (and we can't forget the five granddogs). You are welcome to contact her via email at:Just-Sue4@gmail.com.

The event is free and signed copies will be available for purchase. To RSVP or for more information, please call 508-949-6232 or email deb@ bookloversgourmet.com.



Sturbridge Hills Condominium Community Yard Sale

Saturday, September 23, 2023 9AM to I:00PM Rain Date: 09/24/2023



Local residents to participate in Boston Marathon Jimmy Fund Walk

Walk presented by Hyundai on Sunday, Oct. 1. Valerie Weagle, Tim Connor, Barbaras Pero, Jessica Hickson,

and Michael Linton of Auburn, Timothy Paradise, Anderson Paradise, Melissa Blid, Marek Karlowicz, Kimberly Aucoin, and James Annese of Dudley, and David Lajoie, Rebecca

Barnes, Anthony Saad, Karin McCarthy, Sue Depatie, and Daniel Depatie of Oxford, along with thousands of other walkers, will participate in the iconic annual event that will unite the community to raise funds to support all forms of adult and pediatric care and cancer research at the nation's premier cancer center, Dana-Farber Cancer Institute. The Jimmy Fund Walk has raised more than \$167 million for Dana-Farber Cancer in its 34-year history, raising a record-break-

ing more than \$8.8 million in 2022 Throughout the past 34 years, the Jimmy Fund Walk has continuously supported life-saving research and cancer care at Dana-Farber. The 2023 Walk will be held during the Jimmy Fund's 75th anniversary year and will aim to raise \$9 million in the effort to prevent, treat, and defy cancer," said Zack Blackburn, Director of the Jimmy Fund Walk. "This year also marks the 35th annu-

al Jimmy Fund Walk. We are eager to get out on the course and see all our outstanding walkers and teams come together to support this great cause."

The Jimmy Fund Walk is the only organized walk permitted on

Five residents from Auburn, six from Dudley and six from Oxford will participate in the Boston Marathon Jimmy Fund the flexibility to choose from four distance options: 5K walk (from Dana-Farber Cancer Institute's Longwood Medical Campus), 10K walk (from Newton), Half Marathon walk (from Wellesley), and Marathon walk (from Hopkinton).

Whatever route walkers choose, participants will be treated to 10 refueling stations as well as poster-sized photographs of patients - Jimmy Fund Walk Heroes - displayed at each mile and half-mile marker as inspiration. All four routes of the Jimmy Fund Walk will culminate at the Jimmy Fund Walk Finish Line Powered by Schneider Electric. Due to construction in Copley Square, the Jimmy Fund Walk Finish Line location has been moved to the Fenway neighborhood for 2023. Walkers should know that distances may be slightly shorter as we finish the walk in front of Fenway Park. The finish line will include a celebration complete with food, music, and a speaking program.

If walkers wish to participate a bit closer to home, the Jimmy Fund Walk has flexible opportunities. Participants can also join the event virtually by "walking their way" from wherever they are most comfortable—in their neighborhood, on a favorite hiking trail, or on a treadmill at home. Materials to support Virtual Walkers are available.

To register to walk or volunteer (#JimmyFundWalk) or to support a walker, visit www.JimmyFundWalk.org or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt.

About the Jimmy Fund

The Jimmy Fund, celebrating its 75th anniversary in 2023, is comprised of community-based fundraising events and other programs that, solely and directly, benefit Dana-Farber Cancer Institute's lifesaving mission to provide compassionate patient care and groundbreaking cancer research for children and adults. The Jimmy Fund is an official charity of the Boston Red Sox, the Massachusetts Chiefs of Police Association, the Pan-Mass Challenge, and the Variety Children's Charity of New England. Since 1948, the generosity of millions of people has helped the Jimmy Fund save countless lives and reduce the burden of cancer for patients and families worldwide. Follow the Jimmy Fund on Facebook, Twitter and Instagram: @TheJimmyFund.

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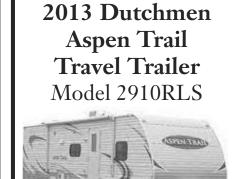


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Artist presentation and exhibit at Samuel Slater Experience

Selection of early New England's natural and historic cultural images by Richard Moninski will be on display Sept. 23 through Oct. 9

WEBSTER - RichardMoninski fabricates his artwork with acrylics on textiles to depict historical images that reflect the often-complex relations between New England's native peoples and English colonizers during the 1600s. He juxtaposes indigenous flora and fauna with stylized decorative European

The artist, a native of Webster who now lives in Wisconsin, will present a selection of his works at the Samuel Slater Experience museum on Saturday, September 23, at 11 a.m. and again at 2 p.m. The exhibit will remain on display until October 9. A meet-the-artist reception will be held on Friday, September 22.

Mr. Moninski combines his interest in the natural world, pre-colonial history, and patterned textiles to create unusual and dramatic images that "pay tribute to the region where I was born and raised, and to recognize some aspects of cultural continuity that make New England a special place."

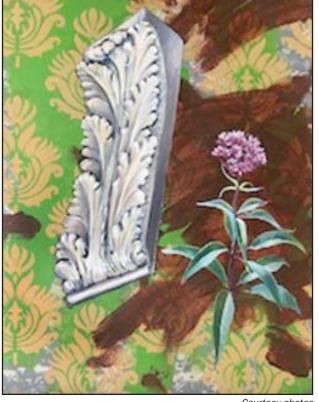
A graduate of Bartlett High School in Webster, Mr. Moninski received a Bachelor of Fine Arts degree from UMass Amherst, a Master of Fine Arts degree from SUNY Albany, and studied surface design at the Fashion Institute in New York City. His paintings and drawings have been exhibited nationally.

The artist presentations on September 23 at 11 a.m. and 2 p.m. are free, but registration is requested. To register, go to the museum website www.samuelslaterexperience.org or Eventbrite. com.

The Fabrication exhibit has been made possible by a grant from the Janet Malser Humanities Trust.

About Samuel Slater Experience

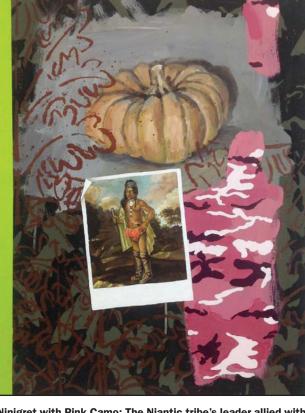
Samuel Experience opened last year to tell the story of



Corbel and Joe Pye Weed: The plant was named for Mohican chief and herbalist Joseph Shauquethqueat, known to his white neighbors as Joe Pye. Shown with an ornate, decorative

Samuel Slater, the beginnings of the American Industrial Revolution,

and Slater's impact on mill towns such as Webster, Massachusetts.



Ninigret with Pink Camo: The Niantic tribe's leader allied with the colonists during the Pequot war of 1637.

The museum uses stateof-the-art digital technology with immersive video and interactive exhibits to create a unique experience that is both educa-

tional and entertaining. For more information and tickets, visit www. samuelslaterexperience.

Crop Hunger Walk to benefit Oxford Food Shelf



Oxford Ecumenical Council CROP WALK - Sunday October 15th 2023

@12:30 - First Congregational Church - Oxford

WHY Donate

1) Funds raised help support a hunger worldwide and provide clean water, food and education around the world.

2) 25% of funds raised come right back to the Oxford Food Shelf to directly help the clients we serve through the food shelf.



How to Donate

 Using your cell phone, scan the QR code to the left and it will take you right to our donation page.

2) Click on the orange box "Make a Donation" nen choose the donation amount that works for you to complete your

3) Payment methods include Credit card, Paypal and Google pay



Please join the Oxford Ecumenical Council, Oxford Food Shelf volunteers and others on Sunday, October 15, for the annual Crop Hunger Walk. It's a fun way to get together with family, friends and neighbors while supporting a worthy cause helping to end hunger in our community. The Oxford Food Shelf, located on the lower level of the Oxford Community Center, assists individuals and families who live in Oxford or belong to an Oxford church and need help with food.

The Crop Hunger Walk is an easy 3.5-mile walk through Oxford, beginning at the First Congregational Church on 355 E. Main St. at 1 pm. Registration at the church is at 12:30 pm. Everyone is welcome!

Auburn's First Congregational Church to open Pumpkin Patch

Pumpkins, get your pumpkins generosity of our local community. here! The Pumpkin Patch at the First Congregational Church, 128 Central Street, Auburn will be open daily 10 a.m. (11 a.m. on Sundays) 'til dusk September 23 through October 31. There will be gourds and pumpkins of all sizes and prices - one for every need; be it for your fall decor, carving, baking - you name it! Taking in the beautiful sight of the pumpkins, in combination with the changing leaves and the backdrop of the church steeple - makes it worth the trip! If you have any questions, feel free to call the church office at 508-832-2845. See you there!

Where do these pumpkins come from? The pumpkins are raised and harvested by the Navajos on their reservation in New Mexico. The money they receive helps their schools and other programs and a percentage of the sales helps our church as well. Thank you in advance for your support.

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We're looking to raise \$1,000 this year. To participate, please go to: https:// events.crophungerwalk.org/2023/ teams and join the Oxford Ecumenical Council, Oxford MA team.

You can find additional information on the Oxford Food Shelf Facebook https://www.facebook.com/ OxfordFoodShelf. You may also call the Food Shelf at 508-987-1062.

Thank you! Food Shelf families and our volunteers appreciate the continued

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The Webster Five Foundation awards \$75,000 to local nonprofits

COMMUNITY FOCUSED ORGANIZATIONS TO BENEFIT FROM PROGRAM FUNDING

Webster Five Foundation is thrilled to announce that they have awarded \$75,000 in grants to 14 organizations, the majority of which are based in Worcester County. The Foundation has donated more than \$200,000 to 45 nonprofits in 2023 alone.

Each quarter, the pro-Foundation vides grants to nonprofit organizations or programs that support expanding or improving access to education, culture and the arts, social services, charitable activities, and community development.

In this grant cycle, the Webster Five Foundation awarded funding to the following organizations:

Community Legal Aid -- \$9,000 to support its Language Access Project, which provides necessary and free legal services to low-income and elderly residents in Worcester County regardless of their primary language.

Crocodile River Music - \$2,500 for the Crocodile River Radio program where they will collaborate with CICN 90.5 FM to produce and broadcast a new yearlong African music weekly radio show.

Old Sturbridge Village -- \$7,000 to support Educational Outreach to Webster Public Schools, where 584 students will visit OSV in the 2023-2024 school year.

Bright Our Future -- \$2,000 to help fund its WPI STEM Program, with the goal of helping students from low-income families perform well academically and socially.

Project New Hope --\$2,500 to support the "Connecting the Dots" case management program, which provides one-on-one assistance to veterans, active military, reserves. National Guard and their families to address their

Reach Out & Read --\$2,500 to contribute over 800 books to Worcester Rx for Success. In combination with this grant, Worcester Rx for Success hopes to provide pediatric offices in Worcester with

approximately 14,000 new books for pediatricians to give to children.

RIA -- \$1,000 and a match of up to \$1,000 to assist its Support Groups for Survivors of Sex Trafficking in Worcester programming and services.

Science Scientists - \$2,000 to the During-School Scientistled STEM education for 3rd - 6th grade students at 5 elementary schools in the Worcester Public school system.

Southeast Asian Coalition of Central Massachusetts -- \$5,000 to fund its food security programming for food insecure elders and families.

The Capital Good Fund - \$2,500 to support its Impact Loan program in Central MA, which provides affordable and credit-building options for low-to-moderate income families for critical purposes.

Tri-Valley, Inc. -- \$6,000 the Money Management Program to help provide seniors with the services and support to achieve and sustain independence and finan-



Participants in the Worcester Earn-a-Bike (WEAB) program, seen here, were part of the group that received \$1,000 and a match of up to \$1,000 from the Webster Five Foundation. WEAB is a community bike shop teaching people bicycle maintenance while enabling them to earn a bike from their inventory of donated bicycles.

cial stability.

Worcester Earn-a-Bike -- \$1,000 and a match of up to \$1,000 for the Youth Earn-a-Bike program, a mentoring and skill building program designed for Worcester's youth.

YWCA Central Massachusetts -- \$15,000 to provide financial seminars to survivors of domestic violence as was previously announced this past December with

funding awarded this grant cycle.

Gladys E. Kelly Public Library -- \$15,000 as an installment of the tenyear \$150,000 gift to the Friends of the Gladys E. Kelly Public Library. Each grant installment has been used for the library's building enhancements as well as additional services.

"Here at Webster Five,

we're deeply committed to empowering the communities in which we operate," said Donald F. Doyle, President/CEO, Webster Five. "We're excited to support these organizations and the important work they do here in Worcester County.'

Since its inception in 1996, the Foundation has awarded \$3,863,508 to 290 organizations. The next round of grant recipients will be awarded this Fall.

Annual Police vs. Fire Baseball Classic raises \$15,750 for Why Me and Sherry's House



WORCESTER To launch Childhood Cancer Awareness Month in September, the second annual Police vs. Fire Baseball Classic, presented by Country Bank at Polar Park on Sunday, August 27, raised \$15,750 for Why Me & Sherry's House, a Worcester nonprofit that provides resources and support to children battling cancer and their families.

The Worcester Police Officers defeated the Worcester Firefighters 14–3 in nine innings.

As the home team, Worcester Fire Department selected Why Me & Sherry's House to benefit from this year's event in honor of retired Fire Captain Mark Wyco, who lost his daughter Bridget to childhood cancer in 1996.

After the game, the Worcester Red Sox and Country Bank presented the check for \$15,750 to Rebecca Kuczarski, the Executive Director of Why Me & Sherry's House.

They also presented the 2023 Paul Scully Most Valuable Player Award to Officer Ty Sterner, a southpaw who allowed just two hits and one run in six innings pitched. The Worcester native, who has served in the Worcester Police Department for two years, was drafted by the Cincinnati Reds in the



Major League Baseball June Amateur Draft from the University of Rhode Island. However, a pair of Tommy John surgeries cut his professional baseball career short.

As the M.V.P., Officer Sterner won a Country Bank jersey, four V.I.P. tickets to a future WooSox game—at which he will be honored with the opportunity to throw a Ceremonial First Pitch and a gift card to The Mercantile Restaurant.

"There was an extraordinary feeling at this year's event," said Dr. Charles A. Steinberg, President of the Worcester Red Sox and the WooSox Foundation. "Our first responders are the heart and soul of Worcester, and we believe this friendly but competitive game will continue to grow into a civic treasure. We thank our friends and founding partners at Country Bank for collaborating with us yet again on what has become one Familia, who made the

of the most fun-and impactful—events of the year."

"Country Bank is hon-

ored to partner with the Worcester Red Sox Foundation in presenting the Police vs. Fire game," said Paul Scully, President and CEO of Country Bank. "We have been a longtime supporter of the Police and Fire Departments across the many markets we serve. The critical work these departments do each and every day truly makes a difference for our communities. It is also our privilege to support Why Me Sherry's House with this year's donation to assist them in the great work they do for Childhood Cancer.'

At the inaugural game September 26, 2022, \$15,680 was raised for the Manny 267 Foundation, which honors and celebrates the life of the late Worcester Police Officer Enmanuel "Manny"

ultimate sacrifice June 4, 2021, when he heroically dove into Green Hill Pond to attempt to save a drowning teenage boy.

In its first two years, the event raised \$31,430 for local causes that hit home for Worcester's first responders.

Country Bank is one of the WooSox' 21 founding partners. The WooSox Foundation and Country Bank also collaborate on the "Most Valuable Teachers" (MVTs) program, which recognizes extraordinary teachers in the region, as well as the "WooStars" program, which rewards nonprofits driving social change across Central Massachusetts.

So far in 2023, the WooSox Foundation has donated \$88,760 toward the effort to conquer can-

23rd round of the 2014 Community Connection



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Dudley Ag Day to be held on the Common

The Dudley Agricultural Advisory Commission will be hosting Dudley Ag Day on September 30th from 10am-3pm in conjunction with the Grange Apple Festival and the Black Tavern Craft Fair. The public is invited to meet and support some of Dudley's Farmers and learn about agriculture in town. There will be pumpkin decorating and a "Touch a Tractor" for kids of all ages!

Dudley residents are invited to bring a soil sample for testing at the University of Maine, along with a check for \$20. The Agricultural Commission members will help complete the forms and mail the samples. Information on how to properly take soil samples (which is best done 3-4 days in advance) can be found on youtube

by searching "Soil Testing University of Maine." Every gardener should test their soil to know their pH and nutrient levels. In the long run, it saves money because it allows you to add only the amendments that are truly needed." said Lanette Lepper, member of the Agricultural Commission. 'We encourage everyone to come out, bring a soil sample for testing, and get their garden questions answered. It's never too early to start thinking about the next growing season!"

KELLY LIBRARY **J**LADYS

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Library Hours: Mon, Tues, Thurs: 9-8, Wed: 9-1, Fri: 9-5, Sat: 9-2

JOIN OUR MAILING LIST!

Want to receive updates about our upcoming events? Sign up for email alerts by visiting our website or contacting our Program Coordinator Randa Cox at rcox@cwmars.org.

Spice Club Each month will feature a new spice, recipes, and cookbooks. Stop by the lobby to grab a sample of that month's spice, then take it home and cook! September spice Cayenne!

Halloween Costume Swap—Starts September 1st! Drop off your gently used costumes and items. Receive tickets for the items you bring, and you can use those to get new items on the swap date.

Are you a Collector of Old Books? Come check out our display upstairs to see if any of them could be added to your collection!

Adult Programming

YOGA WITH JULIE - Saturday September 16th 23rd and 30th at 9:30 AM Join Julie at the Gladys E. Kelly

Library for a vinyasa yoga class for all levels. In Sanskrit, Vinyasa yoga translates to the "uniting of movement with breath". A typical class involves centering the mind with the breath, aromatherapy, movement of the body to release energetic blockages, and, finally, rest and relaxation. Classes are free. Funded by the Friends of the Gladys E. Kelly Public Library.

SERIES: FRIENDS CONCERT Crowes Pasture-Thursday September 14th at 6:30 PM

Folk Duo Monique Byrne and Andy Rogovin spin their soprano and tenor voices into gossamer harmonies, then weave them into delicately textured arrangements featuring his guitar and her clawhammer banjo. These concerts are possible through the Janet Malser Humanities Trust

ADULT BOOK DISCUSSION GROUP—September 18th at 6:30 PM

This month's book discussion will be in the Library's Community Room. The Group will be discussing Caste the Origins of Our Discontents by Isabel Wilkerson. Stop by the library, or reach out by phone at 508-949-3880, or by email to rcox@cwmars.org for inqui-

COOKBOOK CLUB--- September 26th at 6:00 PM

A book club for people who like to cook- and eat! Each month will feature a new cookbook. Take home this month's pick, choose a recipe, and bring what you make to the

next meeting! We welcome all cooking abilities! Pick up your copy at the circulation desk.

CANNING/FREEZING/ DEHYDRATING--- September 19th at 6:00 PM

Got way too much production from your garden this year? No problem! Blackstone Valley Veggies are coming to show you the easiest and best ways to preserve it!

TASTING CLASS FOR ADULTS: NAAN PIZZA ---- September 25th at 6:00

This short tasting class will have you slicing fresh tomatoes, fresh mozzarella, and other fresh ingredients to make your own margherita pizza. We will be using what we've grown in the library's garden, and supplementing from local farms. Please note no gluten free option will be available.

CLOSING UP THE GARDEN---September 28th at 6:00 PM

While the end of the season can be depressing, it's also the best time to get a jump start on the following year. Blackstone Valley Veggies will explore pruning, seed saving, mulching, and composting.

Young Children's and Adult Programming

MAKER MONDAYS - Mondays from 3:30-4:30 PM

Feeling artistic? We will have a variety of craft materials available to put your creativity to the test! Every month we will rotate our craft material, stop in to see what we're making this month!

Build Tuesdays- Tuesday September 19th and 26th from 3:30-4:30 PM

Join us every Tuesday for a self-guided STEM-based building challenge, appropriate for all ages. Younger kids should bring a parent. Instruction sheets will be provided. Contact Andrew at 508-949-3880, or atai@cwmars.org for more details.

STORY HOUR WITH MISS MELONIE--- September 19th at 9:30 AM

Please join "Miss Melonie" for a monthly fun and educational time exploring thematic stories, songs and games. For 3-4-year-old with accompanying adult.

DRUM CIRCLE WITH MIKE LEO---September 23rd at 12:30-2:00 PM

Local musician Mike Leo will be facilitating a session of rhythm, drumming, and interactive live music for all ages. Be both the audience and

the performer as we connect

deeper with rhythm, interact with Musical and rhythmic games, and become the Rhythm Section of an interactive live concert.

TASTING CLASS FOR KIDS: NAAN PIZZA --- September 25th at 6:00 PM

This short tasting class will have you slicing fresh tomatoes, fresh mozzarella, and other fresh ingredients to make your own margherita pizza. We will be using what we've grown in the library's garden, and supplementing from local farms. Please note no gluten free option will be available.

STEM BEGINNINGS--- September 26th at 10:00 AM

With each class, children ages 3-6, or preschool/kindergarten, will learn STEM concepts through hands-on activities, engaging stories, music and movement, challenges, and even simple experiments ideal for little hands.

Real Estate

\$114,123, 32 Richardson St, Clark, Deborah, and Freedom Mortgage Corp, to Freedom Mortgage Corp.

\$28,000, 46 School House Dr, Carrescia, Amanda, and Coyle, Nicholas, to Coyle, Nicholas.

DUDLEY

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OXFORD

\$114,123, 32 Richardson St, Clark, Deborah, and Freedom Mortgage Corp, to Freedom Mortgage Corp.

\$28,000, 46 School House Dr, Carrescia, Amanda, and Coyle, Nicholas, to Coyle, Nicholas.

WEBSTER

Worn tip

loses its grip

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\$28,000, 46 School House Dr, Carrescia, Amanda, and Coyle, Nicholas, to Coyle, Nicholas.

FREE head exam

Bent prong won't

hold for long

UDLEY POLICE LOG

DUDLEY — The Dudley Police Department reported the following arrests during the month of August.

lication was arrested on Aug. 4 for Assault & Battery on a Family or Household Member.

5 for Assault & Battery on a Police Officer, Resisting Arrest, and in connection with an out of agency warrant.

in connection with an out of agency warrant.

A juvenile, age 17, was arrested on Aug. 14 for Strangulation or Suffocation and multiple counts of Assault & Battery.

20 for Disorderly Conduct, Disturbing the Peace, and Assault with a Dangerous Weapon.

Strangulation or Suffocation. An individual whose identity has been withheld for publication was arrested on Aug. 25 for Assault & Battery on a Family or Household Member.

A 19-year-old whose name has been withheld from publication was taken into protective custody for undisclosed reasons on Aug. 27.

An individual whose identity has been withheld from pub-

George D. McKay, age 59, of Dudley was arrested on Aug.

Carlos A. Brito, age 40, of Dudley was arrested on Aug. 11

Gianni J. Rizzuti, age 20, of Dudley was arrested on Aug.

A 37-year-old from Woonsocket, R.I. was arrested on Aug. 23 for Assault & Battery on a Family or Household Member and

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CLUES DOWN

CLUES ACROSS

1. Type of crayon

10. Most cerebral

13. Dependent on

15. Strongly desires

16. Mounted soldier

17. Ad _: when necessary

19. Ottoman military commanders

student, learns healing

22. Composed in poetic meter

27. Promotional material

28. Where people live

14. Broken in

18. Cattle

7. Fashion accessory

12. Incline from vertical

- 1. Living quarters 2. Horizontal passage
- 3. Attacks
- 4. Vietnamese offensive 5. Midway between east and
- southeast 6. Confined (abbr.) 7. Book of Esther antagonist
- 8. Port in Yemen 9. CNN's founder
- 10. Type of bulb 11. Prepare
- 12. Promoted
- 14. Dinner jackets
- 17. Partner to cheese
- 18. Nebraska city
- 20. Human gene 23. Pays no attention to
- 24. Lowland South American plain
- 25. Blood group 26. Mauna , Hawaiian volcano
- 29. Atomic #37 30. Unit of electrical resistance

33. Sodium

34. Embarrassing

36. Medical man

37. Mother of Hermes 38. One who saves the day

41. Slope covered with loose stones

45. Praises enthusiastically

48. Rooney is a famous one

39. Tooth caregiver

40. Not clothed

44. Used to cook

49. Beekeeper

51. Potato chip brand

50. Pigpen

- 31. Jeweled crowns 32. Nastiest
- 35. Traditional cars need it
- 36. Bowler hat 38. Robust
- 40. Not straight 41. Stony waste matter

45. Swiss river

- 42. Have an interest in
- 43. Jacob __, journalist 44. Maintains possession of
- 46. Average cost of market goods 47. Spanish soldier: El __
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Evening appointments if needed. Note: Office hours are for selectmen's secretary and town administrator. S electmen do not hold office hours. Town Clerk (949-8004)

Monday-Thursday8 a.m. to 4:30 p.m. Thursday nights5 to 7 p.m. Fridays......9 a.m. to 1 p.m.

DUDLEY POLICE DEPARTMENT (943-4411) Staffed 24 hours a day, seven days a week DUDLEY FIRE DEPARTMENT (949-8040) Monday-Sunday......6 a.m. to 6 p.m.

OXFORD

OXFORD TOWN HALL (508) 987-6027 Board of Selectmen and Town Clerk Hours{

Monday, Tues., Thurs....... 9 a.m. to 5:00 p.m. Wednesday 9 a.m. to 7:00 p.m. Friday 9 a.m. to 12:30 p.m.

OXFORD POLICE DEPARTMENT (987-0156) For emergencies, call 911 OXFORD FIRE DEPARTMENT (987-6012) Monday-Friday 8 a.m. to 3:30 p.m.

WEBSTER

Webster Town Hall (508) 949-3850

Office Hours: Monday8 a.m. to 7 p.m. Tuesday-Thursday8 a.m. to 4 p.m.

> WEBSTER POLICE DEPARTMENT (943-1212)

Friday...... 8:30 a.m. to 12 p.m.

For emergencies, call 911 Webster Fire Department (949-3875) Monday-Friday8 a.m. to 4 p.m.

Saturday...... 8 a.m. to 12 p.m.

<u>WEBSTER</u> SENIOR CENTER

Headline:

5 Church Street, (508) 949-3845 Open Monday - Friday 8:30 am

Email: SeniorCenter@Webster-MA.gov

Like the Webster Senior Center Facebook page to view our photographs, news and announcements. Please stop by to pick up our monthly newsletter for a complete list of activities, upcoming events and our monthly lunch menu. You do not have to be a resident of Webster to participate in our activities and programs. ALL Seniors are welcome!

Tri-Valley Lunches served Tuesdays, Wednesdays, Thursdays, and Fridays at 11:30 am. Please call (508) 949-3845 at least 48-hours in advance to reserve or cancel your meal. A \$3.00 donation is appreciated. All meals include milk, bread and fruit or dessert. This week's menu: Tuesday 9/19 Spaghetti & Meatballs, green beans. Wednesday 9/20 Lentil Stew with cheese, steamed white rice, mixed vegies. Thursday 9/21 Potato Crunch Fish, sour cream & onion potatoes, peas & onions . Friday 9/22 Garlic Herbed Chicken, cranberry stuffing, broccoli & carrots.

A SHINE (Serving the Health Insurance Needs of Everyone) counselor is available at the Senior Center to assist you with any health insurance questions you may have. Just a reminder, Medicare Open Enrollment is October 15th to December 7th. Please call (508) 949-3845 to schedule an appointment.

Need help with your MassHealth application? Tri-Valley has Certified Application Counselors available to assist you. Appointments are available on Tuesdays and Thursdays from 10:00 am to 1:00 pm and Wednesdays from 1:00 pm to 4:00 pm at the Tri-Valley office in Dudley. Please call Tri-Valley at (508) 949-6640. Appointments are available on Fridays from 9:00 am to 11:00 am at the Webster Senior Center. Please call (508) 949-3845 to schedule Friday appointments at the Senior Center.

REC Farmer's Market every Thursday from 1:00 - 2:30 pm on the Town Hall front lawn.

Come on down to the Bomba Beauty Salon at the Webster Senior Center and enter a raffle to win a free haircut! No purchase necessary. Bomba Beauty Salon is open for walk in appointments on Wednesdays from 10:00 am - 1:00 pm. Tuesdays, Fridays by appoint ment only from 10:00 am to 3:00 pm. Call (508) 341-8724 to schedule an appointment.

Please note: our Soup Social with Christopher Heights scheduled for Monday, Sept. 11th has been canceled. We apologize for any inconvenience.

Friends of the Webster Senior Center will host a Celebration of Autumn Equinox on Monday, September 18th from 1:00 pm to 2:30 pm. Live music and refreshments will be provided. Please sign up at the Senior Center front desk. You must sign up by Sept.

Ready - Set - Go Shopping!! The Friends of the Webster Senior Center are hosting a Craft Fair on Monday, Oct. 16th from 10:00 am to 2:00 pm. Personalized gifts, home & holiday décor, clothing, birdhouses, jewelry, honey, chocolate, soaps, candles paintings, etched glass and much more

will be available for purchase. Admission is free!

A representative from Mass Advantage will be at the Senior Center on Wednesday, September 20th at 10:00 am. Please sign up at the front desk if you have any health insurance questions you'd like answered.

Webster Manor is sponsoring an Ice Cream Social on Thursday. September 21st at 12:00 pm. Please sign up at the Senior Center front

Join us for a Movie Matinee on Monday, September 25th at 1:00 pm. We will be showing "Dog Gone" based on a true story about a father and son. Refreshments will be served. Please sign up at the Senior Center front desk.

Mondays and Wednesdays: Exercise Classes with Forty Arroyo – Chair Dancing – the perfect workout for any fitness ability! 9:30-10:30 am. Cost: \$3.00

Progressive Beginner Line Dancing with Forty Arroyo on Fridays, 1:00 - 2:30 pm. Cost: \$3.00 per class. We dance to all genres of music, come join us!

Mondays: Knitting/Crochet Social 10:00 am – 12:00 pm

Bingo: Every Tuesday, starts promptly at 1:00 pm. Please plan to arrive by 12:30 pm to allow time to buy your bingo sheets. Bingo sheets are not sold after 12:45 pm. Why not sign up for lunch, come early and spend the

Do you like to play cribbage? Our weekly cribbage group now meets every Thursday at 1:00 pm feel free to join us!

Calling card players or interested persons to the Webster Senior Center - come join us for 6-card or 13-card pitch! Six card pitch meets on Wednesdays at 1:00 pm. Thirteen-card pitch meets on Thursdays at 1:00 pm.

Mahjongg group meets every Friday at 1:00 pm - beginners welcome!

Trip 1: Splish Splash, the Music of Bobby Darin at Lake Pearl in Wrentham, MA on Wednesday, October 18th. Trip Price of \$109.00 includes transportation, luncheon, meal tax, meal gratuity, & show ticket. Trip 2: Dancing Dream, ABBA Tribute Band at Lake Pearl in Wrentham, MA on Wednesday, November 15th. Trip Price of \$115.00 includes transportation, luncheon, meal tax, meal gratuity & show ticket. Our trips sell out quickly so don't wait to reserve your seat! Trip prices do not include bus driver gratuity. Please call the Senior Center at (508) 949-3845 for more information.

The Worcester County Sheriff's Office House Numbering Program will create a custom wooden sign with your house number free of charge. One sign per senior household. Please contact the Webster Senior Center if you are interested in having a house number sign made for you. (508) 949-3845.

Senior SAFE is a program that supports fire and life safety education for seniors. The Webster Fire Dept. will do a home visit to ensure that you have the correct smoke and CO2 alarms and that they are working properly, at no cost to you! All you have to do is give them a call at (508) 949-3875.

Please call the Senior Center at (508) 949-3845 or stop in to pick up our monthly newsletter for a complete list of additional activities and upcoming events.

Webster's Christo, Dudley's Stelmach named to SNHU Dean's List

MANCHESTER, N.H. — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Summer 2023 Dean's List. The summer terms run from May to August.

Full-time undergraduate students who have earned a minimum grade-point average of 3.500 to 3.699 for the reporting term are named to the Dean's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

Dennis James Stelmach of Dudley Julia Christo of Webster Southern

Hampshire

University (SNHU) is a private, nonprofit institution with a 90-year history of educating traditional-aged students and working adults. Now serving more than 170,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu.edu.

SNHU Announces Summer 2023 President's List

MANCHESTER, N.H. — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Summer 2023 President's List. The summer terms run from May to August.

Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above for the reporting term are named to the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

Jacquelyn Ricard of Webster Stephanie Tetlow of Dudley Karissa Lamothe of Webster Thomas Nguyen of Webster Lisa Conway of Oxford

Devon Wolf of Auburn Dina Holmes of Auburn

Southern Hampshire University (SNHU) is a private, nonprofit institution with a 90-year history of educating traditional-aged students and working adults. Now serving more than 170,000 learners worldwide, SNHU offers approximately 200 accredited undergraduate, graduate and certificate programs, available online and on its 300-acre campus in Manchester, NH. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner. Learn more at www.snhu.edu.

Auburn Historical Society's Fall Harvest Dinner at Pakachoag Church

The annual Auburn Historical Society fundraising dinner will be on Saturday, October 7 at 6 p.m. at the Pakachoag Church which is located at 203 Pakachoag St. The menu for the Harvest Dinner will include stuffed roast pork with apple cranberry stuffing, medley of white and sweet potatoes, green beans, apple sauce with apple crisp for dessert, coffee, tea, and cider.

Patrons can dine-in or take-out with tick-

ets being available at the Auburn Historical Museum, 41 South Street on Tuesday and Saturday mornings 9:30-12:30.

Raffle baskets will be displayed and tickets will be available on Saturday morning, Oct. 7, at the museum as well as at the supper. Tickets for the supper are just \$15 and should be purchased by September 30. For more information contact the Auburn Historical Museum at 508-832-6856.

Webster Police Log

WEBSTER — The Webster Police Department reported the following arrests from Aug. 27

Daniel S. Brunell, age 50, of North Brookfield was arrested on Aug. 28 in connection with

multiple warrants. A 35-year-old male from Webster whose name has been withheld from publication was

arrested on Aug. 29 for Assault & Battery on a Family or Household Member, Vandalization of Property, and Intimidation of a Witness, Juror, Police Officer, or Court Official.

David Joseph Petroskovich, age 58, of Webster was arrested on Aug. 29 for Assault & Battery on a person over the age of 60 and/or disabled and Assault & Battery with a Dangerous

Robert E. Bergeron, age 29, of Webster was arrested on Aug. 30 in connection with a war-

A 39-year-old female from Webster whose name has been withheld from publication was arrested on Aug. 30 for Assault & Battery, Disorderly Conduct, and Intimidation of a witness, Juror, Police Officer, or Court Official.

A 22-year-old female from Dudley whose name has been withheld from publication was arrested on Aug. 31 for Violation of an Abuse Prevention Order. Armani Francis Bone, age 30, of Webster was arrested on Aug. 31 in connection with a

Donte T. Golding, age 34, of Mattapan was arrested on Sept. 1 in connection with a warrant. Hector J. Alicea-Romero, age 36, of Webster was arrested on Sept. 2 for Assault & Battery, Assault & Battery on a Police Officer, Resisting Arrest, Disorderly Conduct, and Disturbing

Angel L. Sanchez, age 35, of Webster was arrested on Sept. 2 in connection with a warrant. The Webster Police Department reported the following arrests during the week of Sept. 3-9. Lee Kariuki Mwangi, age 46 of Webster, was arrested on Sept. 3 for Assault and Battery with a Dangerous Weapon.

A 20-year-old homeless man from Webster was arrested on Sept. 6 for Assault and Battery on a Family/Household Member, Strangulation or Suffocation, Pregnant Victim Assault and

Krystal M. Rodriguez, age 33 of Webster, was arrested on Sept. 6 in connection with a war-

Eric Justin Bosworth, age 39 of Webster, was arrested on Sept. 8 for Assault, Disorderly

Conduct and Disturbing the Peace. Justin Michael Helgerson,

age 35 of Webster, was arrested on Sept. 8 in connection with a warrant.



of the WEEK

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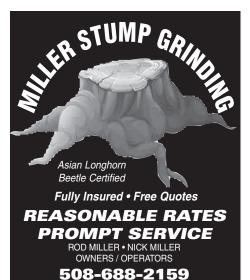
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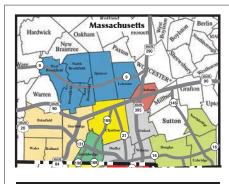
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Frank G. Chilinski STONEBRIDGE PRESS PRESIDENT AND PUBLISHER

> Brendan Berube **E**DITOR

EDITORIAL

Governing Beyond Faith: Elected Officials Must Serve All

In a diverse and pluralistic society, the principle of separation between church and state is fundamental to preserving individual liberties and ensuring that government serves the interests of all citizens, regardless of their religious beliefs or lack thereof. Elected officials have a solemn duty to represent the entire community, making decisions that respect the rich tapestry of religious beliefs that exist in our nation. However, there have been instances where some officials have allowed their personal religious convictions to guide their governance, raising concerns about the fairness and inclusivity of their actions.

One of the cornerstones of democracy is the idea that elected officials are entrusted with the responsibility to serve the interests of all their constituents, not just those who share their religious beliefs. Our society is incredibly diverse, with individuals from various faiths and belief systems coexisting harmoniously. It is imperative that our elected representatives reflect this diversity in their decision-making processes and refrain from imposing their own religious beliefs upon the broader population.

When elected officials allow their personal religious convictions to dictate policy, it can lead to the exclusion of those who hold different beliefs. This is not only unjust but also undermines the very essence of a democratic society that values religious freedom and tolerance. Our nation's history is replete with instances where religious intolerance and discrimination have caused immense harm, and we must not forget the lessons of the past.

Furthermore, the potential for religiously driven governance to teeter into radicalism is a grave concern. While most people practice their faith peacefully, there is a risk that individuals with extreme religious views may seek to impose their beliefs on society through the political process. Such radicalism can lead to policies that not only infringe on the rights of those outside the particular faith but also create an environment of hatred and divisive-

It is crucial for elected officials to remember that the separation of church and state is not an attack on religion but a safeguard for both government and faith. It ensures that religious institutions remain free from government interference and that government remains neutral and inclusive. This principle allows people of all faiths and none to coexist peacefully and participate fully in our democracy without fear of discrimination or marginaliza-

To uphold the values of fairness, inclusivity, and religious freedom that our nation holds dear, elected officials must commit themselves to serving all their constituents, regardless of their religious beliefs. They must resist the temptation to govern based on personal religious convictions and instead prioritize policies that promote the common good and respect the diverse beliefs of the people they represent.

The importance of elected officials serving all people, irrespective of their religious beliefs, cannot be overstated. Our democracy thrives when it respects the principles of religious freedom, tolerance, and inclusivity. Elected officials must uphold these principles by governing without bias and ensuring that their decisions reflect the diverse and pluralistic nature of our society. By doing so, we can build a stronger, more united, and truly democratic nation where every citizen is valued and protected.

TEWPOINE to submit letters to the editor and comment week's newspaper is Friday at noon. **SEND ALL ITEMS** to Editor Brendan Berube at THE WEBSTER TIMES — news@stonebridgepress.

THE DEADLINE to submit letters to the editor and commentaries for next Brendan Berube at The Webster Times — news@stonebridgepress.news

Stand firm in the shifting sands of society

"Be watchful, stand firm in your faith, be courageous, be strong. Let all that you do be done in love."

Our society is drastically changing all around us. These inevitable changes sometimes seem overwhelming and out of our control. They tempt us to become fatalistic, thinking we are doomed and falling into despair. Yet, such temptations of the world are not unique to our day and age. Throughout history, the fallen and dark world we live in threatens the Church and her people. There have always been evil, darkness, and reasons to despair.

In the midst of the challenges the Christians in Corinth faced, the Apostle Paul offered a five-part piece of advice. He offers the same advice to us today. Be watchful, stand firm in your faith, be courageous, be strong. Let all that you do be done in love.

Let's break this down and see how we can find encouragement and comfort in these words.

First of all, we must BE WATCHFUL. We must be attentive and stand on guard. We must be vigilant and aware of what is happening all around us. Take care not to unconsciously give in to the world's confusion and darkness, as if there is no other way. We have to stand sober and stay awake.

Our society lures us to sleep, enticing us to simply follow its ways without thinking. It's sort of like being anesthetized. We are given the drug and don't realize what is happening to us. We don't feel anything and slowly fall asleep, going along with the ways of the world and allowing others to do whatever they want to us. In contrast to this anesthesia, St. Paul warns us to be watchful and alert, to be aware of all that is happening around us. Be on guard because it doesn't matter if the vast majority of society follows one path; it doesn't matter if all the people around us are anesthetized, we are called to stav awake, and to walk the road less traveled. We follow the Way of Jesus Christ, not the ways of the world. Thus, BE WATCHFUL!

This leads us to the second point. STAND FIRM IN YOUR FAITH. The $\,$ Psalmist proclaims, "The Lord is my rock and foundation." He is the immoveable force even in the middle of torrential rains and unrelenting storms of the world. He is the One who is, who was and who is to come, the Lord Almighty. The world may change but God does not. History has revealed a legacy of leaders, kings, and various philosophies and worldviews that have taken humankind on a whirlwind of ups and downs. Society may shift and change and entice us with a different worldview, yet only One stands unmoved in the midst of the storm – the solid rock and foundation who is Jesus Christ; He doesn't move in the shifting sands of society.

Therefore, know our Faith well. Come to truly know Jesus Christ and His Church and what our Lord teaches us about who He is, who we are, and how we are to live. Then STAND FIRM IN YOUR FAITH!

During all these tumultuous times of drastic and confusing change, we are tempted to fear the unknown, to fear the future. How many people ask me whether we are living in the End Times, when the Apocalypse is upon us. Saint Paul has an answer for us. Whatever we face in life, he encourages us to BE COURAGEOUS. No matter who confronts us and how uncertain the world may appear, we find courage in the fact that God is with us.

He is the Alpha and the Omega, the Beginning and the End of all time. If the Lord Almighty is with me, who can be against me. We never need to fear anything when we stand with Him. Yes, the world may seem quite uncertain; yes, we may face trial and tribulation; yes, the world may appear daunting, yet always remember, the Lord Jesus is our immoveable and unshakeable rock and foundation. He will have the final word. Thus, BE COURAGEOUS and never allow fear to overwhelm us!

An important part of our courage is that we remain strong. BE STRONG, St. Paul tells us. No matter how weak we may feel, remember "God's strength is made perfect in our weakness." God's grace is sufficient for our needs in whatever circumstances we face. Our strength doesn't depend on us, but on Him. "The Lord is my strength and my song, He has become my salvation," as the Psalmist proclaims, "This is the day the Lord has made, let us rejoice and be glad in it." The Lord is my stronghold and I discover my strength in Him. Thus, BE STRONG!

Vigilance. Firmness. Courage. Strength. BE WATCHFUL. BE FIRM IN THE FAITH. BE COURAGEOUS. BE STRONG. This is the attitude we hold on to in the face of an uncertain world. This is the spirit that will help us grow in our faith and persevere in the face of whatever society may bring.

Yet, Saint Paul ends with one more word of encouragement. Along with our vigilance, firmness, courage and strength, we must always maintain the spirit of love. LET ALL THAT YOU DO BE DONE IN LOVE.

Our response to a crazy, lost, confused world isn't to get angry. Our response isn't to despair. Our response isn't to imitate the world in its aggressiveness and temperament. We won't give in to feelings of being lost and out of control. Our response in all circumstances is to do everything in love. Such divine love, of course, comes from our intimate union with God. We respond to all circumstances with agape love.

Our watchfulness is done in love. Our firmness of faith reflects our love. Our courage is a sign of love. And our strength is revealed in our ability to love even those who hate us, to love even those who are against us, to love even those who are lost in the world's confusion, to love even those who attack us. LET ALL THAT YOU DO BE DONE IN LOVE.

Be watchful. Stand firm in your faith. Be courageous. Be strong. Let all that you do be done in love.

'If you don't use it, you'll lose it' when it comes to the brain

POSITIVELY SPEAKING

TOBY

MOORE

The maxim "If you don't use it, you'll lose it"—heard so often- it's practically a background track to our lives. But wait! Before you glaze over, have you ever considered the gravity behind this statement? It's not just a snappy saying-

it's a golden nugget of wisdom with far-reaching implications.

The workings of the brain are spellbinding. Picture your brain as a thriving tree in a lush forest. Each new piece of knowledge you gain is like planting a seed that eventually sprouts into branches and leaves. This isn't poetic license; it's backed by the science of neuroplasticity—the brain's incredible ability to form new neural connections throughout life.

Each time you learn or practice a skill, you reshape your brain and strengthen neural pathways, fortifying those branches and leaves on your cerebral tree. In this way, your brain doesn't just store information—it evolves, hardwiring itself to flourish when you practice or learn something over time.

I began competitive swimming as a child, which was far from natural, but I was determined, and every lap I swam was like adding another leaf to a growing branch in my "swimming tree" in the brain. Each practice session was a mental workout, a "branching out" in my neural forest, solidifying the pathways that would improve my abilities.

I was learning to cut through the water more efficiently and grasping intricate techniques that required keen mental focus. While athletics is primarily seen as a physical endeavor, the cerebral component is enormous.

If you find the "learning tree" concept captivating, you'll be equally intrigued by the neuroscience of "pruning."

When you neglect other learned abilities or information, those corresponding branches in your brain don't get the same nourishment. Just as a gardener would trim away the dead or overgrown branches to let a tree flourish, your brain also conducts selective maintenance.

Pruning is when the brain cuts out extra connections between neurons. This helps the brain work more efficiently by eliminating pathways it doesn't need.

This is one reason why we forget things that we haven't thought about in a long time.

Every so often. I feel the urge to get in swimming shape again, but let me tell you, those first few laps? A downright

So, while my brain still holds the blueprints of a capable swimmer, the lack of recent practice means those finely tuned circuits are no longer firing on all cylinders.

Have you ever had that frustrating "tip of the tongue" moment when you can't recall a word or name?

What about long division after years of not thinking about math? It's like trying to crack the Da Vinci code without a cipher. For me, those branches have been pruned.

If you don't regularly engage your mind and reinforce what you've learned, your mental acuity in those specific subjects may decline.

Brain pruning extends beyond mere skills and talents; it touches the very core of our dreams and ambitions. Your deepest aspirations require constant nourishment and attention. Whether penning poetry, mastering the guitar, or revolutionizing digital design, each dream has its dedicated neural pathway that thrives on focus and diligence.

Another way to think of it is that our brains are like librarians, constantly deciding which books-skills, memories, abilities—deserve prime shelf space and should be stored in the attic.

When you choose not to follow your dreams, you're pruning a part of yourself that once flourished. Keep those neural pathways strong and connected, and watch them grow into full-fledged

The lesson here is to actively nurture the pathways in your brain that matter most to you, whether that's vour dreams, goals, or cherished friendships. If you neglect them, your brain might prune these connections away, making it seem as if they never existed.

The "use it or lose it" principle is life's ultimate maintenance guide. It's a nudge to action. Your skills, your relationships, your dreams—think of them as a cherished garden. Left unattended, even the prettiest rose bushes turn to

So? What are you waiting for? Exercise that grey matter! You've got nothing to lose but everything you don't use.

y Moore is a columnist, the star of Emmy - Nominated A Separate Peace, and the CEO of Cubestream Inc.

LETTERS TO THE EDITOR

Disgusting bathrooms at Memorial Beach

To the Editor:

I recently notified four Webster officials by certified mail regarding the bathrooms at Memorial Beach.

These officials were the administrator, a selectman, the health director and the recreation director. No one has responded to me with perhaps some sort of explanation about the situations.

This is the letter sent to the above officials.

I was at the senior outing on Monday, August 21. I went to use the bathroom and I was totally disgusted by what I saw. I am 74 years old and it looks exactly the same as it did when I was going there as a teenager. One stall was clogged with s*** and another one was so dirty it couldn't be used. It is dirty, walls falling down, difficult to walk in. There was a sign up on the wall stating if a toilet is clogged to notify someone in a greenshirt. NO green shirts around.

Seniors with canes and walkers had to walk a very long distance along very

uneven ground to use these facilities. My question is why there weren't at least two portable toilets set up for the seniors for one day. You knew the event was coming up. How much would it have cost to help the seniors. You're wasting all the money on the school, but you can't help the seniors who have been supporting the town for years. SHAME ON YOU. When was the last (or first) time any of you were down there just to look around. The situation is looking just like the dog shelter. Disgusting.

Many people who use the facilities are out of towners. What must they be

Also, why would the handicap stall in the mens room by locked? At the bottom of the sign it reads "see groundskeeper

This building is dedicated to the Veterans. Very disrespectful.

> PAT ZOSCHAK WEBSTER

www.StonebridgePress.com

Still a strong fishing season as bird hunting looms

The weather sure has been hot for the last few weeks, but it should start to cool off before you read this column. Fishing has been hot on the saltwater for many species, much like the weather. The tautog bite is getting better every day, and sea bass fishing is also staying strong. Catching limits of seabass requires catching a lot of throwbacks, but some impressive fish are being caught.

Reports of schools of false albacore are coming in every day. Galilee, Rhode Island has been hot out in front of the lighthouse and the shores around Matunic, and the Charlestown Breachway are also producing a lot of fish including a few bluefish.

This week's two pictures show Milo Alexion with his bass he caught recently while fishing with his parents. His older brother Graham is shown holding his large brown trout. The Alexion family enjoy fishing and some of the results are shown in this week's two photos. Nice fish!

Striper fishing is good one day and a bit slow on another, but anglers that know where and when to fish have enjoyed some great striper fishing,



although most need to be released because of the slot limit size. As always, evening fishing is the best. The canal fishing is not for the elderly, as climbing over the

rocks to get down to a good fishing spot can be dangerous, as most anglers know.

Pheasant hunting is only four weeks away,



family, enjoys fishing.

and sportsmen that have a good dog to hunt alongside, have had to do some early morning training before the season opens, and will pay off when the season opens! There are a few Rod & Gun Clubs that are planning to open a bit earlier, but opening day in Mass. will be on October 14, statewide. This year Upland bird hunting will open on the same day as waterfowl which could

American flag

and eagle below

the hammer and marked "1776-1976." A gold-

en Minuteman

appeared on

one side of the frame and

on

backstrap. It

was delivered

to Elvis on

November 16,

1976 before he

passed away on

Bell

the

Liberty

see some conflict among hunters. Woodcock hunting opens on October 2, if you can find any birds in the area. The Blackstone Valley continues to lose a lot of the habitat essential for local and migrating birds like woodcock. Local woodcock habitat in the Blackstone Valley area has taken a hard hit in the past 10 years or more, and open covdle, mainly because of construction of new homes. Going North of Worcester to hunt could provide some better hunting opportunities.

Grouse are almost extinct in the Uxbridge area and surrounding towns. Areas like Petersham, Mass. do have a small population of grouse, and the farther you go North, their populations are still quite

If you are looking for an area to hunt quail heading towards the Cape is your best bet. A small population of Grouse are still providing some good hunting, if you know where to go.

Duck hunting in the valley opens on October 14 along with the regular goose season. The two bird daily limit on geese this year is troublesome, but it is what it is. The early Canada goose season closes September 22. The youth waterfowl hunt opens September 13 and October 7. Early waterfowl season for active military and veterans is scheduled to be September 23 and 29. Always check your hunting abstracts before hunting any wild game.

Take A Kid Fishing & Keep them Rods Bending!

New Hampshire woman finds 'life-changing' painting from thrift shop



news begins here in New England, where a New Hampshire woman who purchased old frames from a thrift shop later found that she had walked away with something much more significant. An old white frame she purchased for \$4 from a Saver's store held a painting by renowned artist N.C. Wyeth, according to NPR. Maine conservator Lauren Lewis was called in to help determine the painting's authenticity. She described Wyeth as one of the "preeminent

The latest auction illustrators in the early ews begins here in New 20th century." Wyeth's ingland, where a New illustrations appeared in Robert Louis Stevenson's 1911 "Treasure Island" book. He was the father of painter Andrew Wyeth and grandfather of artist Jamie Wyeth. The painting was one of four illustrations that Wyeth did for Helen Hunt Jackson's "Ramona," which is about a Scottish-Native American orphan living in California after the Spanish-American War. After consulting with Christine Podmaniczky, curator emerita of the

Museum of Art, Lewis determined it was an authentic Wyeth. The sellers have chosen to remain anonymous, but Lewis did share some information about them. "They are not your typical art collectors," she stated. The auction is \$250,000 and WAYNE TUISKULA "this would be life-changing for them," she added.

Elsewhere in the United States, a gun created during the 1976 Bicentennial for Elvis Presley recently sold at auction, according to Fox Business News. The Smith & Wesson model 53 was inlaid with silver and gold designs. The gun was heavily engraved with two silver stars. It was designed with an



ANTIQUES, COLLECTIBLES & ESTATES estimate

> August 16, 1977. It brought nearly \$200,000 at auction.

In news from across the pond, an uncorrected proof copy of "Harry Potter and the Philosopher's Stone" was recently sold by a British auction house. The proof book published by Bloomsbury Publishing was one of only 200 copies ever printed. The title page misspelled JK Rowling's name as JA Rowling. A primary school purchased it in a warehouse sale for £1 in 1997. The book had a white cover with a yellow band along the center and didn't stand out among the other children's books that featured brighter, more appealing covers. It appeared to have been barely read when the school pulled it from the shelves in 2002 after realizing that the book might have value due to the popularity of Harry Potter. It was temporarily misplaced and school officials feared it may have been discarded until they found it in 2015. The school recently consigned it to auction. It sold for £15,000 (approximately \$18,697 U.S.), proving the adage that you can't judge a book by its

We'll be auctioning some books soon, but of the comic variety. Our toy and comic book online

auction will begin later this month or in early October. Our next auction after that is scheduled for late October or early November and will include art, sterling silver, and a wide variety of antiques and collectibles. We are still accepting coins and other consignments for that auction. I'll also be teaching my "Evaluating your Antiques" class on Tuesday, October 3rd at Bay Path Adult Evening Charlton. School in Please visit our website https://centralmassauctions.com for links to upcoming events.

Contact us at: Wayne Tuiskula Auctioneer/ Appraiser Central Mass Auctions for Antique, Collectibles Auctions and Appraisal Services www. centralmassauctions. com (508-612-6111).

Brighten your fall landscape with mums



Mums add seasonal color to the fall landscape.

Mums are a favorite fall flower that adds weeks of seasonal color to containers, gardens and fall displays. They are also a popular gift plant in garden centers and floral shops. Choosing the right one for the purpose and providing proper care will help you achieve your desired results.

Start by selecting the best mum for your gardening goals. You'll find mums labeled as garden, perennial, gift or florist mums. All these names for plants that look alike can be confusing.

The answer lies in their response to day length,

hardiness and use. Mums set flowers based on day length. Growers can force them into bloom by covering them to create shorter days that initiate flowering. Those grown as gift mums, often called florist mums, usually require the longest periods of uninterrupted darkness or shorter days. When these mums are grown under natural daylight they usually don't flower until late fall or early winter. These late bloomers are usually killed by

cold temperatures before or soon after the flowers

Nurseries selling mums ready to flower in the fall often refer to them as garden mums. These may be perennial mums or "florist" mums forced to flower for fall displays. The intent is to use them as annuals. Select ones with lots of buds and just a few if any open flowers to maximize the bloom time and your enjoyment. Place one or two mums on the front steps, plant them in vacant spots in the garden or combine them with other fall favorites

appear in colder areas.

in containers. These garden mums may be hardy and suited to the area but since all the energy is directed to the flowers little is left to establish a hardy, robust root system. If you have success overwintering your garden mums, feel free to brag. If your plants don't survive or you don't try, don't worry. You are using them as a fall annual as they were intended. This also provides space for new plants in the spring and an opportunity to try a different color mum next

Those mums sold as perennials are hardy enough to survive the winter and flower in late summer or early fall providing weeks of color in the garden. They are often sold alongside other perennials, labeled as perennials, or promoted as hardy for the area. Increase your success by planting them in spring. This allows the plant time to develop a robust root system before it begins flowering in the fall which will increase its ability to survive cold winters.

Place mums in an area with full sun and water thoroughly and often enough to keep the soil moist but not soggy wet. Check the soil in containers daily and water when the top few inches of soil are starting to dry. Always use a container with drainage holes or a self-watering pot.

overwin-Increase tering success by leaving the plants intact in the garden over winter. Those gardening in colder regions may opt to cover the plants with evergreen boughs after the ground freezes, pro-

viding extra insulation. Remove the mulch when temperatures begin hovering above freezing. Whether covered or not, prune out the dead stems in spring as new growth appears.

Whatever you call them, add a few colorful mums to your fall displays. You are sure to enjoy the blast of color they provide to your landscape before winter arrives.

Melinda Myers has written more than

gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is www. MelindaMyers.com.

Letter submission policy Letters to the Editor must include the au-

thor's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be ac-

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

Dudley Grange celebrates AppleFest



Gus Steeves photo

The Grey Whisker Pickers play the Grange earlier this summer.

DUDLEY — It's fall, crops are coming in and it's time to celebrate one of New England's stalwarts: the apple.

SEND US YOUR NEWS!!!



news@ stonebridgepress.news

Grange is hosting the annual Apple Festival. The top of Dudley Hill will ring out with live music from the Grey Whisker Pickers and Old Fiddlers Club of Rhode Island, 1830s-era skills from Old Sturbridge Village, crafts of all kinds presented by both Grange and Black Tavern. Kids will enjoy various games including cornhole, get to tour Dudley Fire's Smoke house, hang out with the petting zoo and more.

On Saturday, Sept 30 from 10-3, Dudley

Of course, there's food - dogs, sausages, empanadas and burgers from Harney's on Wheels; apples and baked goods to take home; and the star of the show, apple crisp with or without ice cream (made this year by Bay Path culinary students). Be sure to make 139 Center Road one of your stops in the day's round of regional craft fairs!

Also, if you like people, we could use your help that day and the day before to make it all happen. Contact Karen Gillon to volunteer, 508-

Sponsored by the Massachusetts and Dudley purchases and Early Pay Cultural Councils.

Cornerstone Bank offers new checking account designed specifically for students

school back in session, Cornerstone Bank, a community bank with 10 locations throughout Central Massachusetts, is pleased to offer a new checking account designed for the unique needs of students. The account offers a variety of features and benefits to help students get a strong start toward financial independence. The best part? It's free for students ages 16 through 25.

"We are big proponents of financial literacy, so we wanted to create an account that makes it easier for students in high school and college to start banking on their own," said Cornerstone Bank CEO Todd Tallman. "Our RITE Student Checking Account is free for students until they're 26 and comes with many benefits and money-saving perks they will really appreciate.'

It only takes \$25 to open the account and there is no minimum monthbalance requirement. Unlimited ATM surcharge reimbursements, as well as online and mobile banking, mean the account works well for students attending school away from home.

Beyond banking benefits, which include rewards for everyday

with direct deposit, the RITE Student Checking Account also boasts valuable non-banking perks that both students and their parents will appreciate. These include discounts from local and national retailers, cell phone protection, road-side assistance, ID Theft Aid, buyer's protection and extended warranty, a health savings card and

"We know today's students have a lot of expenses and stress, so we wanted to offer them a checking account that provides the services and security they need," said Cornerstone Bank EVP, Retail Banking, Altaf Ahmed. "For example, if they pay their cell phone bill through their RITE Student Checking Account, the phone is covered for repair or replacement up to \$400 per claim. It's extras like these that can help provide peace of mind for students and parents, especially when students are leaving home for college."

Applicants must be active students ages 16 to 25. Students who are 16 require a parent or guardian as a joint account owner. Monthly maintenance service charges are waived until the student reaches age 26, at which time a \$6 monthly maintenance service charge will be assessed.

About Cornerstone Bank

Cornerstone Bank was formed in 2017, born of a long history of supporting the community, and providing a strong foundation to help peoand businesses thrive. Serving Worcester County, Massachusetts, Cornerstone Bank's local presence and community-based banking model enables a unique ability to deliver outstanding service, with a personal touch. Cornerstone provides the highest level of service and expertise for individuals, businesses, and community organizations with branch locations throughout Central Massachusetts. Cornerstone works to connect customers with opportunities, through a broad range of deposit and loan products, and services. Built on Trust is not just a tag line, but also one of our guiding corporate values. Whether a business or personal partnership, Cornerstone stands on the foundation that relationships are built on trust. To learn about Cornerstone Bank's personal and business banking offerings, please visit cornerstonebank.com or call 800-939-

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO23A0333AD WO23A0334/0335AD **CITATION G.L.c. 210, § 6** In the matter of Nateli Aundrea Barjoro, Izayah Barjojo, Nyameri Jazarah Barjolo

George Barjolo any unnamed or unknown parent and persons interested in a petition for the adoption of said child and the Depart-

of Children and Families of said Commonwealth.

A petition has been filed by said court

Perry D'Wight of Webster MA Theresa Callaghan of Webster MA in requesting for leave to adopt said child and that the name of the children be changed to

Nateli Athena Perry, Izayah Zeus Perry, **Nyameri Aphrodite Perry** IF YOU DESIRE TO OBJECT THERE-

YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: Worcester ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00AM) ON: 10/31/2023 WITNESS, Hon. Leilah A Keamy, First

Justice of this Court. Date: July 172, 2023 Stephanie K. Fattman, Register of Probate September 15, 2023 September 22, 2023

September 29, 2023

BOROUGH of DANIELSON DANIELSON FIRE STATION-SECOND FLOOR HVAC UPGRADES INVITATION TO BID

The Borough of Danielson will receive sealed bids in triplicate on or before 4:00 p.m. EST., Wednesday, October 11, 2023 at the Office of the Killingly Town Manager, 172 Main Street, Danielson, CT 06239. Said bids will be publicly opened and read aloud at 4:30 p.m. at the Danielson Fire Station, 47 Academy Street, 2nd Floor, Danielson, CT 06239. Bids received after the posted cutoff date and time will not be accepted or opened. Bidders may be present at the opening of bids.

Bids will be received for furnishing all labor, materials, tools and equipment necessary to complete the SECOND FLOOR HVAC upgrades of the Danielson Fire Station, 47 Academy Street, Danielson, CT 06239. The contract will include HVAC upgrades and the addition of an Air Conditioning system on the second floor of the building, including all related electrical and mechanical work associated and all other work necessary for or incidental to completion of the project. The successful bidder will have until April 11, 2024 to complete the project, subject to equipment availability.

All bidders will be required to submit a security deposit in the amount of five percent (5%) of the base bid, (Bid Bond or Certified Check made payable to the Borough of Danielson) which must accompany their bid. A 100% Performance, Labor and Material Bond is also required. All sureties must be listed on the most recent IRS circular 570. Attention of bidders is directed to certain requirements of this contract which require payment of CT Department of Labor Prevailing Wage Rates.

The successful bidder along with the subcontractors shall make a good faith effort, to the greatest extent feasible, that they employ, and contract small and minority contractors as defined by the State of Connecticut with regards to small and minority business enterprises. In compliance with the State of Connecticut regulations, the bidder must be an affirmative Action/ Equal Opportunity Employer. Minority/ Women's business Enterprises are encouraged to apply. The Borough of Danielson is an Equal Opportunity Employer.

All bidders are required to attend a pre-bid walk-through to be held on Wednesday, September 27, 2023 at 9:00 a.m. at the Danielson Fire Station, 47 Academy Street, 2nd Floor. Danielson, CT 06239.

Contractors may obtain copies of the Plans and Specifications on the Borough of Danielson website at https://www. boroughofdanielson.org/rfps or by email to duchesneau.b@

boroughofdanielson.org

The Borough of Danielson reserves the right to reject any or all bids and to waive any informalities in bidding, when such action is deemed to be in the best interest of the Borough of Danielson and Danielson Fire Station. All Bid Documents must be completely filled in when submitted. Any incomplete bids will be disqualified. No bid shall be withdrawn for a period of sixty (60) days subsequent to the opening of bids, without the consent of the Borough of Danielson.

Partial funding for this project is provided by the American Rescue Plan Act (ARPA) and is administered by the State of Connecticut Office of Policy and Management. Additional funds from the Borough of Danielson will be utilized to ensure completion of the project. For further information, please contact

Lucian Dragulski, Bemis Associates LLC at 860 667-3233 x 113. Dated: September 8, 2023 Brenda Duchesneau, Administrator

Borough of Danielson September 14, 2023 September 15, 2023

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage dated July 14, 2022 given by Richard Burbo to ASW Fund 1, LP, said mortgage recorded with the Worcester County (Southern District) Registry of Deeds in Book 67909, Page 327, and which mortgage the undersigned is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing the same will be sold at Public Auction at 11:30 a.m. on the 9th day of October, 2023 at 314 Main Street, Oxford, Massachusetts, all and singular the premises described in said mortgage.

To wit: Property Address: 314 Main Street,

Oxford, MA A certain tract or parcel of land, bounded and described as follows:

The land with the buildings thereon of every nature and description and all the privileges and appurtenances thereto belonging, situated on the easterly side of Main Street, Oxford, Worcester County, Massachusetts, bounded and described as follows:

Beginning at an iron rod set in the easterly line of said Main Street at the northwest corner of the premises hereby conveyed, which iron rod is about seven hundred (700) feet north of a County Bound set in said easterly line of Main Street;

Thence South 21 degrees West by said Main Street forty-one and 65/100 (41.65) feet to an iron pipe set in said easterly line of Main Street;

Thence South 69 degrees East by land formerly of Andrew W. Sigourny et al one hundred twelve and 60/100 (112.60) feet to an iron pipe;

Thence North 23 degrees East by said Sigourny et al land forty-five (45) feet to an iron pipe at land formerly of Emma M. James;

Thence North 71 degrees West by said James land one hundred fourteen and 40/100 (114.40) feet to the place of beginning.

Being the same premises conveyed to this Mortgagor by deed recorded herewith [Book 67909, Page 324].

Premises to be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens and rights of any tenants and parties in possession, if there be any, or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed. The successful bidder will pay all costs of recording the foreclosure deed and any other foreclosure documents including, without limitation, all state and county excise stamp fees, and shall also be responsible for any Title V inspection and repair requirements.

Terms of sale: A deposit of Ten Thousand and 00/100 Dollars (\$10,000.00) by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check to Baker, Braverman & Barbadoro, P.C., 300 Crown Colony Drive, Suite 500, Quincy, MA 02169 within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. In the event of an error in this publication, the description of the premises contained in said mortgage shall control.

Other terms, if any, to be announced at the sale.

ASW FUND 1, LP

Present holder of said mortgage By its Attorneys,

Baker, Braverman & Barbadoro, P.C. 300 Crown Colony Drive, Suite 500 Quincy, MA 02169

September 15, 2023 September 22, 2023 September 29, 2023

For Legal Advertising Information, Call 508-909-4127 • email: legals@stonebridgepress.news

LEGAL

Commonwealth of Massachusetts The Trial Court **Probate and Family Court Worcester Probate** and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO23P2678EA CITATION ON PETITION FOR **FORMAL ADJUDICATION** Estate of: Robert John Miller

Date of Death: 07/19/2023 To all interested persons:

A Petition for Formal Probate of Will has been filed by

Christine M. Jacob of Webster MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before:

10:00 a.m. on the return day of 10/10/2023.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNI-FORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: August 17, 2023 Stephanie Fattman, Register of Probate

September 15, 2023

LEGAL NOTICE MORTGAGEE'S SALE OF REAL ESTATE

By virtue of and in execution of the Power of Sale contained in a certain mortgage given by Patrick Yess and Melinda Yess to Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for The Money Source Inc., its successors and assigns, dated December 5, 2018 and recorded in Worcester County (Worcester District) Registry of Deeds in Book 59780, Page 157 (the "Mortgage") of which mortgage Allied First Bank, SB DBA ServBank is the present holder by Assignment from Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for The Money Source Inc., its successors and assigns to Allied First Bank, SB DBA ServBank dated May 4, 2023 and recorded at said Registry of Deeds in Book 69104, Page 10, for breach of conditions of said mortgage and for the purpose of foreclosing the same, the mortgaged premises located at 4 Pine Street, Oxford, MA 01540 will be sold at a Public Auction at 2:00 PM on October 3, 2023, at the mortgaged premises, more particularly described below, all and singular the premises

described in said mortgage, to wit: A certain parcel of land with the buildings thereon, in Oxford, Worcester County, Massachusetts, bounded and described as follows: BEGINNING at a point located One Hundred sixty and no hundredths (160.00) feet southerly from the intersection of Charlton Street and Pine Street, said point being on the westerly line of Pine Street in Oxford **THENCE** along on Pine Street in a southerly direction with a radius of Two thousand four hundred thirty-five and no hundredths (2435.00) feet and a length of One hundred eighty-three and thirty hundredths (183.30) feet to a point; N. 79 ° 17' 35" W. **THENCE** One Hundred forty-nine and twelve hundredths (149.12) feet to a point N. 9 ° 45' THENCE 13" Twenty-five and no hundredths (25.00) feet to a point N. 78 ° 39' 57" E. Sixty **THENCE** and no hundredths (60.00) feet to a point **THENCE** N. 9° 45' W. one hundred twenty no hundredths (120.00) feet to a point S. 88° 58' 05" E. One Hundred forty-eight and four hundredths (148.04) feet to said point of beginning. Being shown as Lot 2B on a Plan of Land in Oxford, MA. Owned by: Mongoose Realty Trust Date: June 14, 2001 and recorded in the Worcester District Registry of Deeds in Plan Book 771, Plan 118.

Said Lot contains 22,519 Square

according to said

plan.

For our title, see deed recorded herewith. For mortgagor's title see deed recorded with the Worcester County (Worcester District) Registry of Deeds in Book 59780, Page 154.

The premises will be sold subject to any and all unpaid taxes and other municipal assessments and liens, and subject to prior liens or other enforceable encumbrances of record entitled to precedence over this mortgage, and subject to and with the benefit of all easements, restrictions, reservations and conditions of record and subject to all tenancies and/or rights of parties in possession.

Terms of the Sale: Cashier's or certified check in the sum of \$5,000.00 as a deposit must be shown at the time and place of the sale in order to qualify as a bidder (the mortgage holder and its designee(s) are exempt from this requirement); high bidder to sign written Memorandum of Sale upon acceptance of bid; balance of purchase price payable by certified check in thirty (30) days from the date of the sale at the offices of mortgagee's attorney, Korde & Associates, P.C., 900 Chelmsford Street, Suite 3102, Lowell, MA or such other time as may be designated by mortgagee. The description for the premises contained in said mortgage shall control in the event of a typographical error in this publication.

Other terms to be announced at the

Allied First Bank, SB DBA ServBank Korde & Associates, P.C. 900 Chelmsford Street Suite 3102 Lowell, MA 01851 (978) 256-1500 Yess, Patrick and Melinda Yess, 3-042593

September 8, 2023 September 15, 2023 September 22, 2023

Notice is hereby given by: Anything Automotive INC, 8 E Main street, Webster MA 01570 pursuant to the provisions of G.L.C. c. 255, section 39A, that on: 1 September 2023 at 9:00 AM at 8 E Main street, Webster MA by private sale the following motor vehicle will be sold to satisfy the garage keeper's lien theron for storage, towing charges, care and expenses of notices and sale of said vehicle.

Vehicle description: Year 2004 Make: GMC Yukon Denali Registration#/State: 15BJ97 VIN#: 1GKEK63U0 4J236430

Name and address of vehicle owner: Donald Mallet, 151 Grand street Worcester MA, 01603 By: Ryan Fournier 25 AUG 2023

September 1, 2023 September 8, 2023

September 15, 2023 Notice is hereby given by: Anything Au-

tomotive INC, 8 E Main street, Webster MA 01570 pursuant to the provisions of G.L.C. c. 255, section 39A, that on: 1 September 2023 at 9:00 AM at 8 E Main street, Webster MA by private sale the following motor vehicle will be sold to satisfy the garage keeper's lien theron for storage, towing charges, care and expenses of notices and sale of said vehicle.

Vehicle description: Year 2004 Make: Chevrolet Silverado 1500 Registration#/State: 1BNZ63 VIN#: 2GCEK19T4 41206161

Name and address of vehicle owner: Chad Savoie, 147 center RD Dudley MA. 01571

By: Ryan Fournier 25 AUG 2023 September 1, 2023

September 8, 2023 September 15, 2023

Notice is hereby given by: Anything Automotive INC, 8 E Main street, Webster MA 01570 pursuant to the provisions of G.L.C. c. 255, section 39A, that on: 1 September 2023 at 9:00 AM at 8 E Main street, Webster MA by private sale the following motor vehicle will be sold to satisfy the garage keeper's lien theron for storage, towing charges, care and expenses of notices and sale of said

vehicle. Vehicle description: Year 2010 Make: Toyota Corolla S Registration#/State: 4COB58 VIN#: 1NXBU4EE3AZ351337 Name and address of vehicle owner:

Ruben Amparo Del Rosario, 244 Pleasant ST 3w Worcester MA, 01609 By: Ryan Fournier 25 AUG 2023

September 1, 2023 September 8, 2023 September 15, 2023

Notice is hereby given by: Anything Automotive INC, 8 E Main street, Webster MA 01570 pursuant to the provisions of G.L.C. c. 255, section 39A, that on: 1 September 2023 at 9:00 AM at 8 E Main street, Webster MA by private sale the following motor vehicle will be sold to satisfy the garage keeper's lien theron for storage, towing charges, care and expenses of notices and sale of said

vehicle. Vehicle description: Year 2013 Make: Kia Optima Hybrid LX Registration#/State: 4JBF71 VIN#: KNAGM4AD2 D5040226

Name and address of vehicle owner: Brandon Asante, 20 Brook ST Whitinsville MA, 01588

By: Ryan Fournier 25 AUG 2023 September 1, 2023 September 8, 2023

September 15, 2023

Notice is hereby given by: Anything Automotive INC, 8 E Main street, Webster MA 01570 pursuant to the provisions of G.L.C. c. 255, section 39A, that on: 1 September 2023 at 9:00 AM at 8 E Main street, Webster MA by private sale the following motor vehicle will be sold to satisfy the garage keeper's lien theron for storage, towing charges, care and expenses of notices and sale of said vehicle.

icle description: Year 2012 Make: Chevrolet Cruze LS Registration#/State: 3BVA34 VIN#: 1G1PC55H2 C7404900 Name and address of vehicle owner: Pedro Maldonado, 27 Village DR South-

By: Ryan Fournier 25 AUG 2023 September 1, 2023

September 8, 2023 September 15, 2023

bridge MA, 01550

Notice is hereby given by: Anything Automotive INC, 8 E Main street, Webster MA 01570 pursuant to the provisions of G.L.C. c. 255, section 39A, that on: 1 September 2023 at 9:00 AM at 8 E Main street, Webster MA by private sale the following motor vehicle will be sold to satisfy the garage keeper's lien theron for storage, towing charges, care and expenses of notices and sale of said vehicle.

Vehicle description: Year 2001 Make: Ford Pickup F150 Registration#/State:2JNN44 VIN#: FTRW08L0 1KA87750

Name and address of vehicle owner: John Ackerman, 123 Holden ST Worcester MA, 01606

By: Ryan Fournier 25 AUG 2023 September 1, 2023 September 8, 2023 September 15, 2023

Notice is hereby given by: Anything Automotive INC, 8 E Main street, Webster MA 01570 pursuant to the provisions of G.L.C. c. 255, section 39A, that on: 1 September 2023 at 9:00 AM at 8 E Main street, Webster MA by private sale the following motor vehicle will be sold to satisfy the garage keeper's lien theron for storage, towing charges, care and expenses of notices and sale of said vehicle.

Vehicle description: Year 2021 Make: Acura TLX SH- AWD Registration#/State: 3ABZ24 VIN#: 19UUB6F53 MA002571

Name and address of vehicle owner: Julisette Pacheco, 4 Eddy ST Webster MA, 01570

By: Ryan Fournier 25 AUG 2023 September 1, 2023 September 8, 2023 September 15, 2023

Notice is hereby given by: Anything Automotive INC, 8 E Main street, Webster MA 01570 pursuant to the provisions of G.L.C. c. 255, section 39A, that on: 1 September 2023 at 9:00 AM at 8 E Main street, Webster MA by private sale the following motor vehicle will be sold to satisfy the garage keeper's lien theron for storage, towing charges, care and expenses of notices and sale of said vehicle.

Vehicle description: Year 2021 Make: Honda Accord LX Registration#/State: 2BVE67 VIN#: 1HGC1F14MA106909

Name and address of vehicle owner: Christina Licoski, 293 Main ST Webster MA, 01570

By: Ryan Fournier 25 AUG 2023 September 1, 2023 September 8, 2023 September 15, 2023

Notice is hereby given by: Anything Automotive INC, 8 E Main street, Webster MA 01570 pursuant to the provisions of G.L.C. c. 255, section 39A, that on: 1 September 2023 at 9:00 AM at 8 E Main street, Webster MA by private sale the following motor vehicle will be sold to satisfy the garage keeper's lien theron for storage, towing charges, care and expenses of notices and sale of said vehicle.

Vehicle description: Year 2004 Make: BMW 545I Registration#/State: 2FZS81 VIN#: WBANB3355 4B114026 Name and address of vehicle owner: Erring Roblas, 79 Meadow Fund DR Leominster MA, 01453 By: Ryan Fournier 25 AUG 2023 September 1, 2023 September 8, 2023 September 15, 2023 Notice is hereby given by: Anything Au-

tomotive INC, 8 E Main street, Webster MA 01570 pursuant to the provisions of G.L.C. c. 255, section 39A, that on: 1 September 2023 at 9:00 AM at 8 E Main street, Webster MA by private sale the following motor vehicle will be sold to satisfy the garage keeper's lien theron for storage, towing charges, care and expenses of notices and sale of said vehicle.

Vehicle description: Year 2007 Make: Buick Lucerne CX

Registration#/State: 2WNS67 VIN#: 1G4HP5727 7U164346

Name and address of vehicle owner: Amber Lambert, 46 Fiske ST Southbridge MA, 01550

By: Ryan Fournier 25 AUG 2023 September 1, 2023

September 8, 2023 September 15, 2023

Notice is hereby given by: Anything Automotive INC, 8 E Main street, Webster MA 01570 pursuant to the provisions of G.L.C. c. 255, section 39A, that on: 1 September 2023 at 9:00 AM at 8 E Main street, Webster MA by private sale the following motor vehicle will be sold to satisfy the garage keeper's lien theron for storage, towing charges, care and expenses of notices and sale of said vehicle.

Vehicle description: Year 2004 Make: Acura TL Registration#/State: 4VH249 VIN#: 19UUA6625 4A000958

Name and address of vehicle owner: Veronica Torres, 36 Sayles ST Southbridge MA, 01550

By: Ryan Fournier 25 AUG 2023 September 1, 2023

September 8, 2023 September 15, 2023

NOTICE OF SALE OF MOTOR VEHICLE **UNDER G.L.C. 255, SECTION 39A**

Notice is hereby given by: School Street Towing 17-31 School Street, Webster MA 01570 pursuant to the provisions of G.L.C. c. 255, Section 39A, that on: 30 Sept. 2023 at 9:00 AM at 17-31 School Street, Webster MA by private sale the following Motor Vehicle will be sold to satisfy the garagekeeper's lien theron for storage, towing charges, care and expenses of notices and sale of said

vehicle. Vehicle description: Year 2009 Make: Mini Cooper

Registartion#/State: Un Reg.

VIN: WMWML33509TX36222 Name and address of vehicle owner Maxwell D. Folgert, 71 Forest Hill Rd Apt. I, Jamaica Plains 02130

By Frank A Czechowski 6 Sept 2023 This notice has been given under the provisions of G.L.c. 255, Section 39A.

September 15, 2023 September 22, 2023 September 29, 2023

Commonwealth of Massachusetts The Trial Court

Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO23P340EA ITATION ON PETITION FOR FORMAL ADJUDICATION

Estate of: Donna Marie Coleman Beauregard Also known as: Donna Marie Coleman,

Donna Beauregard Date of Death: 07/12/2023 To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Arthur E. Beauregard of Douglas MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Arthur E. Beauregard of Douglas MA

be appointed as Personal Representative(s) of said estate to serve With Personal Surety on the bond in unsupervised administration

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before:

10:00 a.m. on the return day of 10/10/2023.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNI-FORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.

Date: September 07, 2023 Stephanie Fattman, Register of Probate September 15, 2023

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tion grows, many species are losing their habitat and/or being poisoned by our chemicals.

Many of the birds in the show, for example, were hard-hit by DDT and other pesticides in the decades after World War II. While bald eagles have rebounded due to a widespread reintroduction program after DDT was banned, others are still in trouble, such as ospreys and some owls.

Both are hunting birds that "keep the rodent population in check, so if we lose them, we're in trouble," Tisdell said. Today, however, there's still a problem with use of various rat poisons, which kill the rodents but the raptors eat them anyway and get poisoned, too.

"Be careful [using them] because there's a whole chain reaction that's set off," she added. Later, she also noted millions of birds die from other human causes, including traffic, powerlines, pollution, wind turbines and more. Some of them are protected by the Migratory Bird Treaty of

similar danger befalls Monarch butterflies and several other pollinators. They're often being directly poisoned (sometimes by GMO crops that have pesticides incorporated into their seeds and thus affecting any insect that feeds on them, pest or pollinator). Some are losing plants critical to their life cycles (such as milkweeds, which Monarchs need for their caterpillars).

"If we don't have pollinators, we're not going to have food," Tisdell warned.

Some of the avians in the show aren't in too much trouble, such as geese and swans. Tisdell opted not to portray the latter with their nearly stereotypical big white adult phase, but with a trio of cygnets, their young.

"We developed a friendship and they allowed me in very close proximity to their babies," she recalled. She said she actually even asked the parents for permission to get close enough to take pictures when the cygnets were half-hidden in grass, and she returned every week or two until the young birds fledged.

Several of Tisdell's subjects are specifically endangered by climate change. Polar bears and Emperor penguins, for example, are both in trouble because the melting ice is eliminating their habitat. The bears need it to hunt for seals, their main food source. They can swim, but "the journey [between ice floes] is sometimes too much for the cubs. They don't have enough stamina and the cubs will drown," she

Tisdell said she's



Anne Tisdell with a broad spectrum of her natural subjects. Top row: a turtle in a tutu, a Monarch butterfly, an Eastern cottontail and chipmunk. Bottom row: Pangolin, cheetah, polar bear and something partly blocked by Tisdell herself.

already working on the next painting, one that sort-of ties back to her working career – the orangutan. She said she got inspired because they give birth in the tree canopy and found it hard to imagine balancing well enough to do that.

"I get all kinds of ideas, but there's not enough time to execute them all," she added.

Library Director Margaret Morrissey noted Tisdell was a late change for this month's show, when the previous artist had to back out. She said Tisdell came from a contact with Deb Horan of Webster's Booklovers' Gourmet and "I'm really appreciative of her willingness to do it."

Gus Steeves can be reached at gus.steeves2@gmail.com.

Girl Scouts of Central and Western Massachusetts to welcome hundreds to annual Geek Is Glam

WORCESTER — Hundreds of middle school girls and dozens of high school girls will convene at Worcester Polytechnic Institute (WPI) October 14, 2023 to celebrate Science, Technology, Engineering and Mathematics at the Girl Scouts of Central and Western Massachusetts Geek Is Glam (GIG) STEM Event and it's not too late to participate.

The day-long interactive STEM conference for girls in grades 4 through 12 is hosted by Girl Scouts of Central and Western Massachusetts (GSCWM) and WPI with over 60 area education and adventure collaborators. Participants will be exposed to some of the area's top scientific and engineering minds as they engage in the hands-on aspect of exploration and discovery while they build, explore, assemble and imagine. The day kicks off at 9 AM with Keynote speakers Daisha Ramos-Ortiz, WPI freshman and five-time Geek Is Glam participant and Ms. Massachusetts 2023 Chelsea Vuong.

Participants will spend the day in interactive workshops, demonstrations, and hands-on exhibits presented by: Cummings School of Veterinary Medicine at Tufts University, The Discovery Museums, New England Sci-Tech, UMass Amherst Polymer Science and Engineering, WCVB Channel 5 Boston, Sub Zero Nitrogen Ice Cream, and New England Botanic Garden at Tower Hill, to name a few. From Mystic Aquarium to Morse Code, from rainbows to robots, girls will be engaged in interactive activities, games and displays.

For more information and to register go to https://www.gscwm.org/en/discover/activities/special-events.html or call 413-584-2602. The fee is \$45 per girl in grades 4-8 and \$50 per girl in grades 9-12 and includes lunch, snacks, a Geek is Glam t-shirt, drawstring backpack, and an exclusive Geek is Glam patch. Financial assistance is available. No previous Girl Scout experience necessary to attend. Registration closes September 18

Registration closes September 18. For a Full List of Activities visit

http://www.gscwm.org/en/events/special-events/geek.html

About Girl Scouts of Central & Western Massachusetts

Girl Scouts of Central and Western Massachusetts serves over 5,000 girls in grades K through 12 with the strong support of 3,000 adult volunteers in 186 towns and cities in central and western Massachusetts. Girl Scouts' mission is to build girls of courage, confidence, and character who make the world a better place. Since 1912, girls have explored new fields of knowledge, learned valuable skills, and developed strong core values through Girl Scouts. Today, Girl Scouts is, as it always has been, the organization best positioned to help girls develop important leadership skills they need to become successful adults.

OXFORD

continued from page A1

to resolve things before bringing them to the authority formally. They encouraged both women to run for a board seat.

The board also unanimously approved three main town manager goals for the coming year. As Chair Dennis Lamarche summarized them, they will be: implement and upgrade information technology, increase economic opportunity focusing on small business and vacant properties, and work on "infrastructure deficiencies." He cited several items under each that could be used as measurements, but noted they weren't intended to be goals in themselves. Regarding the third, he noted (and the others agreed) he expected her to "do the best she can ... but there are things out of her control," such as whether a ballot question

Afterward, members had a discussion over

the boundaries between personal activism and board representation when Robert King and Casey Fleming proposed using the Joslin Park Bandstand for a Sept 23 town meeting-relatinformational event in their capacity as citizens. King noted new Town Moderator Cheryll Leblanc also intended to participate, and said he'd welcome the town manager letting various department heads do so,

Town Meeting will happen Oct 4 at 7 PM at the high school.

To Amy Frick, King needs to "make it known ... this is their own private opinion, and has nothing to do with the opinion of the board." She said she received several calls after a similar event in the spring from citizens saying they thought the board had held it.

King agreed to make such a statement several times during the event. To him, the goal is just to "increase engagement and get more people involved," and he claimed his intention is to show where those who attend can find the necessary information.

"I don't expect 100 people there," he noted. "I would be impressed if I got a dozen."

To Manager Callahan, it's part of the job of her office and the various boards to vet and provide information to the voters regarding Town Meeting warrant items, and she said they've "very much improved" the warrant books and other information in recent years. But she admitted "we couldn't convince certain people of the facts." She noted the spring Town Meeting sparked some ads regarding certain articles, but "the legislative body saw through that."

Regarding an outside effort like King's, she added, "If some people believe they can do better and enhance that, they have every right to do that."

To Mark Lee, though, the idea of mixing official capacity with a citizen's role is "fraught with peril," but agreed that it's an expression of free speech. Lamarche agreed, noting residents "see us as talking for the town" and "it becomes not Lamarche personal, but Lamarche the selectman" very easily.

John Eul said what separates the two in his view is "offering no opinion." He said he'd like to see more people attend or watch the hearings the various boards have on warrant issues so they can see the boards "do their due diligence" when making recommendations.

The board approved it 4-0, with King recusing. It also unanimously okayed two other applications to use the common – a farmers' market Sept 16, and Scarecrows on the Common Oct 22 – and finalized the new police chief's contract.

Gus Steeves can be reached at gus.steeves2@gmail.com.

MEDICINE

continued from page A1

theory based on the balance of "four humors," with primary treatment being "a lot of bleeding, purging and blistering; total ignorance of the existence of viruses or bacteria; lack of formal doctor training; and a wide mix of treatments that ranged from herbs with some effectiveness to poisons that killed people. While they had anatomical atlases for reference, most doctors had no actual experience with surgery and knew very little about bodily functions.

"A lot of medical education was based on tradition," often rooted in religion and belief that people's behavior sickened them, McGee said. "They were handed down not because they made sense but because they were traditional. ... This time was a crossroads for medicine."

It was also one of conflict between midwives and doctors over obstetric practices. At the time, midwives generally had a better survival rate, losing about 2 percent of their patients while doctors lost about 25 percent. Why? Midwives

typically let the process take as long as it had to; doctors often tried to rush it, even to the point of sticking dirty hands inside women to accelerate birth. At the time, few washed their hands, with the common belief being "doctors are gentlemen; they have clean hands,"

Bishop noted. She was specifically referring to the fact that, during the early/ 1800s, doctors including Oliver Wendell Holmes here and Ignaz Semmelweis in Germany were starting to realize that there was something being transmitted between sick and healthy people, sometimes by contact, sometimes by air. They still had no clue what it was - Louis Pasteur's discovery of bacteria came in the 1860s, and that of viruses wouldn't come until the

That kind of questioning science is seen among the UMA documents, where 21 doctors (seven of them for all 10 years) recorded their case histories, discussions, training, income, personal troubles, ethical issues and other facets of 19th century medicine. While today's doctors are regulated and that "sets the

bottom" of what's expected to keep practicing, "here you get to see the professionalism of doctors who don't have to do anything," McGee said.

"Doctors didn't make a lot of money those days," and many died in debt, Bishop said. She related one story where a doctor's wife petitioned the court to give her some of his estate so she could support his children.

Bishop noted a study by an Old Sturbridge Village researcher found that of 250 Worcester County doctors, about 30 had college and medical school (the latter wasn't required; it featured two years with an "absolutely verbatim" second year), and only a few got hands-on experience via apprenticeships (three or four years). Students paid individual teachers \$10-20 per semester and \$100 a year for apprenticeship; the latter was often more a cheap form of labor for the employer than actual experience, she said.

Despite that, the Worcester District Medical Society actually required its members to have apprenticeships, and refused to accredit at least one UMA doctor

until he had one. It also prohibited its members from using "secret ingredients" in their treatments, and recommended doctors perform autopsies to learn more. Those were typically done at the homes of the deceased. Bishop noted the UMA group ranged from age 20-50 during a time when the average lifespan was in the 40s.

In the early 1800s, there were two medical schools in Massachusetts – Harvard and Dartmouth. By 1830, there were eight. There was also just one regional hospital – the Worcester "Lunatic Asylum," near where UMass Medical School now is.

Such schools had no qualifications. "If you showed up, you got in," McGee said. "...the people who were apprenticed may have had a more intense education at that time." In fact, he noted that one New York medical school was criticized this way: "They were too dumb to go to law school and too lazy to be farm-

Gus Steeves can be reached at gus.steeves2@gmail.com.

GRANT

continued from page A1

that are skilled in seeking and securing grants."

The improvements on First Avenue are part of a larger project that has seen replacement of water lines and repairs to sewer lines along the roadway. Dudley applied for the CDBG funds after realizing the limited sidewalk access along First Avenue. The sidewalk expansion will add around 730 linier feet of continuous sidewalk before Phase 2 sees the final repaying of the road next year.

The second project at the Town Beach will help with accessibility improvements at Dudley's Town Beach. The grant will pay for the design with plans to apply for other grants to complete the project. Finally, the Merino-Jericho project will help pay for designing infrastructure improvements in both the Merino and Jericho neighborhoods similar to the work done on First Avenue.



M7B Talent Agency of Los Angeles, New York welcomes local actress

The MJB Talent Agency of Los Angeles and New York welcomed the signing of actress Cheyenne Prouty, a native of Dudley who attended the Dudley Charlton Regional School District.

Prouty has been training and pursuing acting for five years. She comes to the agency with high recommendations by a truly wonderful Casting Director Judy Bouley. Prouty just wrapped up her first principal role in an independent feature film called the "Stoneville Killer."

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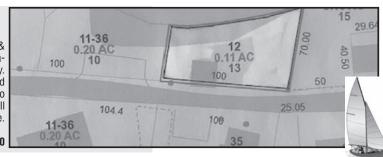
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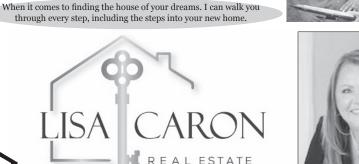
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SPORTS

Two goals per half help Bay Path defeat Indians in season opener



Bartlett's Adrian Tetzner swings his left leg back to gain momentum before sending the ball



down the field.

Bartlett keeper Kole Sebastyanski gets low to make one of his 25 saves versus Bay Path.

BY NICK ETHIER SPORTS EDITOR

WEBSTER — Two goals scored in each half, including a hat trick by Ryan Bray, was enough to propel the Bay Path boys' varsity soccer team past Bartlett, 4-0, in the season opener for both on Tuesday, Sept. 5. Bray scored both goals in the first half and, after Trent Szela made it a 3-0 game early in the second half, Bray finished the scoring in the 77th minute.

David Martinson, head coach of the Minutemen, will be able to rely on Bray and Szela, both senior co-captains along with senior Shaun Mclaughlin and junior Bryce Hutchinson, for their explosive play in the middle of the field.

"They're very strong," Martinson said of Bray and Szela. "They can control the game for me. Just being seniors and



Eryk Piwowarczyk of Bartlett looks up while dribbling the ball down the field.

taking it on their shoulders. With the seven or eight seniors that we lost last year, they're stepping into that leadership role."

A majority of the seniors lost included a good chunk of the defensive unit, so Martinson was pleased to see the Minutemen pitch a shutout with new players stepping up.

"Good way to start. Coming back, I lost the majority of my defense. Trying different defenders in this first game was helpful. They kept it simple," said Martinson.

Keeper Cayden Young is a first-year starter, and he made 10 saves for the clean sheet.

Bay Path notched the game's first goal in the 26th minute when Dominic Paldino unleashed a shot toward Bartlett's goal. There, keeper Kole Sebastyanski got his right hand on the ball, but Bray followed up the rebound and deposited his shot into the net.

Then, nearing the end of the first half, the Indians' Adrian Tetzner nearly knotted the equalizer, but his shot was turned aside by Young, who dove to his right to make the save.

The Minutemen then made it a 2-0 game just before halftime when Szela sent a nice pass in toward Bray, who received the ball and ultimately scored.

Szela then opened the second half with his goal, a perfectly placed shot from distance. Bray then got in tight for the final goal with mere minutes remaining.

Martinson, now in his 20th season at Bay Path, has seen his Minutemen qualify for postseason play in 16 of his previous 19 years. He, along with longtime assistant Robin Cotrona, hopes for Bay Path to do the same in

"That's our goal again. We have Districts and States again this year, as well as the Vocational Tournament that we want to get into," Martinson said.

Martinson is pleased with the direction the program is taking, which includes the numbers on the junior varsity team.

"We're fortunate that we a lot of freshmen come in, so our JV program we have a lot of players. Getting some depth there is going to be helpful with all of these guys leaving," Martinson said of his seven current seniors.

Bartlett, meanwhile, is under a new regime, with Dan Bengtson taking over for longtime head coach Ryan Renauld. Bobby Phillips and Keith Sebastyanski are Bengtson's assistants.

"We don't have the numbers right now, so we're

trying to get the guys who are here to work hard and push as long as they can until they need to come out," said Bengtson, which he believed did happen against Bay Path. "Even as the game went on, as they got tired, some kids that started off slow started working harder."

Bengtson was pleased with Sebastyanski's play and his 25 saves.

'Cayden for the other team has been playing goalie for years. This is Kole's third, so I think he's got great instincts," said Bengtson. "Maybe he made a bad read here or there, but overall I think he has great instincts and knows when to attack it, (and) he has great communication.'

Bengtson is adding boys' varsity soccer head coach as one of his many hats, as he also coaches the middle school boys' basketball team in the winter and the boys' tennis squad in the spring.



Bay Path's Willis Perrault intercepts a Bartlett ball kicked down the field.

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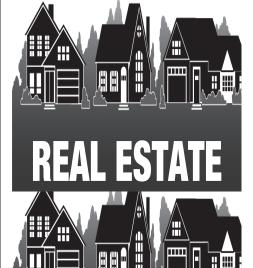
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Stonebridge Press, September 15, 2023 India Society of Worcester hosts first Asian Business Pitch Contest

The India Society of Worcester (ISW) is pleased to host the first ever Asian Business Pitch Contest in the MetroWest area on October 10, 2023, at the ISW India Center. Co-hosted with ElevAsian, a nonprofit committed to uplifting Asian entrepreneurs, the contest is open to Asian owned or managed small business owners and homebased businesses. This is an opportunity for them to present their unique ideas, products, or services to a panel of seasoned judges, win prize money, and receive valuable advice on how to grow your business. Contestants have a chance to win prizes from \$500 to \$1000 in two categories – established businesses and new ventures/ideas. The event is FREE and interested applicants can find more information and submit

ISW's Professional and Entrepreneurial Network (ISW PEN) hosts regular meetings focused on topics relevant to the professional and entrepreneurial community. 'We are thrilled to be working with ElevAsian to provide this much needed service to budding Asian businesses in the MetroWest area," said Puneet Kohli, President of ISW. "The Asian community is one of the fastest growing in the suburbs and is seeded with many entrepreneurs and aspiring entrepreneurs. We hope this helps them accelerate their ideas to fruition.

their application at the ISW Website.

"We are excited about this partnership with ISW and look forward to supporting the entrepreneurs pitching," remarked Andrew Goldberg, Founder/CEO, ElevAsian. "ElevAsian provides a safe space for Asian entrepreneurs to grow from an owner employee to an owner strategist, with the support of instructors, men-









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