

Day Kimball awarded \$4,000 grant by Pink Aid

PUTNAM — Day Kimball Healthcare (DKH) was recently awarded a \$4,000 grant from Pink Aid, a charitable organization that helps to fund breast cancer support services for women in need, for the period of March 1 of this year through Feb. 28, 2021.

The grant will help underserved women gain access to support services through DKH's Homemakers division including access to long and short term home care and personal care, as well as transportation for patients' needs. Pink Aid's grants to Day Kimball Healthcare have totaled \$19,000 since 2014, which has helped approximately 26 women obtain breast cancer support services.

"We are so fortunate to be able to offer financial support to women in our community," said Kyle Kramer, chief executive officer, Day Kimball Healthcare. "Breast cancer support services are important for every woman battling cancer, regardless of cost or their insurance situation. Pink Aid's funding allows us to expand our reach to women who might otherwise go without these vital services."

"We are incredibly grateful to Pink Aid for their continued support of our programs," said Michelle Donahue, BSN, RN, OCN, hematology-oncology manager, Day Kimball Healthcare. "Connecticut has one of the highest rates of breast cancer and Pink Aid's support is critical

in allowing us to provide access to health care services for local women facing the challenges of this disease."

Pink Aid's mission is to help underserved local women survive breast cancer treatment with support and dignity, to provide screening to women in financial need, and to empower breast cancer survivors to heal by helping and inspiring others. Pink Aid grants are awarded to recipient whose goals best advance Pink Aid's mission.

"Our overall goal is to be sure women in Northeast Connecticut have the best possible access to the care they need, without having to leave their communities," said Andrew

Turn To **PINK**, page **A4**

PCS STUDENT GROUP MAKES MASKS FOR "HOMELESS SHELTER"



Photo Courtesy

While the beginning of the unique school year is on the horizon, Pomfret student group PeaceJam have been creating facial masks for the Access Emergency Shelter in Killingly. PeaceJam is committed to empowering youth to see themselves as agents of social justice and social change. This group of students has learned about food insecurity issues, and their ability to assist the very vulnerable homeless population during COVID-19. The Shelter Director, David, greatly appreciates the PCS students' commitment to assisting the shelter residents at this crucial time. He stated that their supplies are limited, so the PCS students' compassionate efforts are greatly needed now. Thank you to Ethan Schultz, James Lake, and Grace Rivera; your efforts may save local lives.

DAR grant awarded to Aspinock Historical Society

PUTNAM — The Aspinock Historical Society (AHS) recently received a community grant for historic preservation from the Daughters of the American Revolution.

The DAR (www.dar.org) Historic Preservation Grants provide financial assistance for projects that preserve historic resources, sites and other history-related projects.

The guidelines for the grant application fit the ongoing restoration of the Cady-Copp Cottage. The building was gifted to the historical society many years ago with no means for upkeep of the building, let alone vital restorations needed.

This welcomed news from DAR came with bittersweet feelings, as the late Dr. Louise Cutler Pempek wrote the grant before her passing at the suggestion of members of Deborah Avery Putnam Chapter DAR in Plainfield.

Dr. Pempek is a direct descendent of

Turn To **GRANT**, page **A2**



Photo Courtesy

Exterior work on the Cady-Copp Cottage.



Ronald Coderre

American Legion District #4 re-elects Coderre

PUTNAM — The American Legion District #4, which encompasses 13 Posts located in Windham and Tolland counties, re-elected Ronald P. Coderre of the Mayotte-Viens Post #13 of Putnam to another term as District Commander. District #4, one of seven districts in the Department of

Connecticut, is composed of more than 2,000 veterans, who have served since Dec. 7, 1941 to the present day. The American Legion is the largest veteran's organization in the world with approximately two million members. Coderre, a U.S. Air Force veteran and 38-year member of The American Legion, will

serve to June 30, 2021. Last year, under Coderre's leadership, District #4 was the only District in Connecticut to achieve 100 percent of its membership goal of 2,005 members, registering 2,015 members. Among its other successes was increasing it schol-

Turn To **CODERRE**, page **A2**

Rave On concert to benefit Bradley Theater

PUTNAM — The Bradley Playhouse will present Rave On in concert on Saturday, Aug. 22 and Sunday, Aug. 23. The events will take place outdoors in the late afternoon at Putnam's Rotary Park. (Rain dates: Aug. 29-30). The shows will benefit the Bradley, which has suspended its schedule of live perfor-

mances for the remainder of 2020. The Bradley is grateful to Willie Bousquet, Putnam's recreation director, for leading the enthusiastic co-sponsorship by the Town of Putnam.

For the health and safety of all, Connecticut's Phase 3 safe-distance guidelines will be followed. Masks must be

worn to enter the concert area. All seats will be set up in pairs eight feet apart. After patrons reach their seats, masks may be removed until leaving one's seat. All seats will be disinfected between performances each day. A limited number of tickets will be sold.

Turn To **RAVE**, page **A3**

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Commemorating the 19th Amendment

This week marks the 100th anniversary of the ratification of the Nineteenth Amendment to the United States Constitution, which gave women the right to vote in all the states. On Aug. 18, 1920, Tennessee became the 36th state to ratify the Susan B. Anthony Amendment, which reads, “The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex.” “Congress shall have the power to enforce this article by appropriate legislation.” (<https://constitutioncenter.org/interactive-constitution/amendment-xix>; www.nps.gov).

It took many decades for women to achieve this goal of enfranchisement. In fact, the beginnings of the struggle predated the Civil War. “In 1848, the movement for women’s rights launched on a national level with the Seneca Falls Convention, organized by Elizabeth Cady Stanton and Lucretia Mott. Following the convention, the demand for the vote became a centerpiece of the women’s rights movement. Stanton and Mott, along with Susan B. Anthony and other activists, raised public awareness.” (<https://www.history.com/topics/womens-history/19th-amendment-1>). If you are interested in details of the suffrage movement, there are many excellent sources available online. I’ll mention a few tidbits.

Although women were given the right to vote in school board

elections in Connecticut in 1893, they still had many years to wait to vote in Presidential elections. The fight by women to be enfranchised was much more difficult in the East than in the west. According to history.com, “Between 1910 and 1918 “the Alaska Territory, Arizona, Arkansas, California, Illinois, Indiana, Kansas, Michigan, Montana, Nebraska, Nevada, New York, North Dakota, Oklahoma, Oregon, South Dakota, and Washington extended voting rights to women.” Note New York, the home of Seneca Falls, was the lone Eastern state in the list. (<https://www.history.com/topics/womens-history/19th-amendment-1>).

The XIX Amendment finally was passed by Congress on June 4, 1919 with 36 states needed for ratification. “June 10, 1919, Illinois, Michigan and Wisconsin became the first states to ratify the Amendment. On June 16, 1919 special legislative sessions (were) called in Kansas, Ohio, and New York to ratify the Amendment. On June 28, Texas became the first Southern state to ratify the amendment.” (nps.gov). Tennessee became the 36th state to ratify it on Sept. 18, 1920 bringing the long-sought suffrage battle to victory at last. Connecticut was not among those 36 states that helped pass the amendment, but it became the 37th state to ratify the 19th Amendment on Sept. 14, 1920 (nps.gov).

Since the beginning of the year, I have written about



KILLINGLY
AT 300
MARGARET
WEAVER

a few of the women from Northeastern Connecticut who contributed to the Votes for Women movement including Marinda Robinson (Mrs. Rienzi Robinson) of Killingly, Rosamund Danielson, and Dorothy Bartlett of Putnam. It is due to their determination and that of many others that women have progressed to the point 100 years later that Kamala Harris, a woman, is running for vice-president of the United States.

I also was interested in the happenings in Northeastern Connecticut one hundred years ago so went back to the old newspapers. Did your family or workplace ever go on an outing to Rocky Point in Rhode Island? I remember going to my husband’s EB outing and loved the shore dinner—something I did not grow up with in Pennsylvania. That tradition was one a number of local residents looked forward to. The following was taken from a Saturday, Aug. 7, 1920 Norwich Bulletin. “Agent Robert W. Boys, of the Goodyear Mills Company, said Friday afternoon that between 500 and 600 of the Goodyear clan will join today in the annual outing to

Rocky Point. The big parade will reach Danielson shortly after 8 a.m. and a large number of Danielson people will be on hand to give the long queue of motor vehicles and to hear the Goodyear band, which will play here. Dinner for the party, the guests of the Goodyear company, will be served at Rocky Point at noon, daylight saving time, so the start from here will be somewhat earlier than in other years. At Rocky Point the Goodyear party will dance to the music of the Goodyear orchestra and a general programme (sic) of events to make the day a very happy one has been made. Members of the party will return according to their own plans and inclinations, the parade being kept together only on the outward trip. Most of the members expect to get back here early this evening.” (p. 6; newspapers.com). I had heard of the Goodyear Band but not the Goodyear Orchestra. If you have any information about either, please email me. Thank you.

Dancing was also popular right here in Killingly for an ad in the same paper advertised “Dancing at Wildwood Park. Alexander’s Lake. Tonight.”

Another ad in that paper read, “Manufacturers Shoe Sale. Conducted by the New Idea Store. Opposite Orpheum and Majestic Theatres. 19 Center Street. Danielson.” (Norwich Bulletin, Aug. 7, 1920, p. 6; newspapers.com). I know many of you are familiar with the Orpheum and prob-

ably have many fond memories of movies you attended prior to its destruction by fire in January, 1978. Have you heard of the Majestic Theatre? A check of Natalie Coolidge’s Killingly Business Encyclopedia gave listings for only the 1920’s. Located at 14 Center St., her extract from the 1921-1922 Danielson Directory listed E. W. Scott and Ira A. Warren in connection with the theater. That directory was also the only reference for the New Idea Store so my feeling is that store was not in Danielson for very long. I always enjoy reading about the mix of businesses in Killingly at any given time. What a difference a hundred years makes!

The mail is being checked although the Killingly Historical and Genealogical Center is closed. Please send your membership renewals to P.O. Box 265 Danielson, CT 06239.

Margaret M. Weaver Killingly Municipal Historian, August 2020. For additional information email me at margaretmweaver@gmail.com or visit the Killingly Historical & Genealogical Center Wed. or Sat. 10-4 (when it reopens) or www.killinglyhistorical.org, or call 860-779-7250 (when the Historical Center reopens). Like us at Facebook at www.facebook.com/killinglyhistorical-society. Mail for the Killingly Historical & Genealogical Society, Inc. or the Killingly Historical and Genealogical Center should be sent to PO Box 265, Danielson, CT 06239.

CODERRE

continued from page A1

arship to a graduating high school senior from \$500 to two \$1,000 scholarships and supporting the runner-up in the Department Oratorical Contest. The District also reached out to more than 60 families of deceased or ill veterans through its care for veterans committee and its chaplaincy program.

“The District enjoyed a very active and successful year despite the limitations imposed by the novel COVID-19 coronavirus. Our monthly meetings were well attended and active and the Posts in the District were working cooperatively to bring the message of services of The American Legion to their respective communities and areas,” said Coderre.

The theme of District #4 for the Legion year 2020-2021 is “Be the Example – Be the Leader.” It’s an effort by Legionnaires to demonstrate to veterans and their families as well as to the general community that the American Legion is an active organization that is available and ready to assist those in need. It’s also an organization that is a vital part of the community, not only on

veteran and patriotic occasions but as an integral and participative organization in community affairs.

In addition to being a 100 percent membership district again this year, the organization’s goal in 2020-2021 is to reach more actively into the local schools with Americanism and Youth programs, teaching our young people values that will lead toward the development of the leaders of the future. If the state and country can get beyond the restrictions imposed by the coronavirus pandemic, District #4 members are aiming to increase involvement in Boys State, American Legion Baseball, the local Oratorical contests and its Americanism programs in the schools. The District is also planning to maintain contact with its veterans in need of support and remain alert to national security issues as they affect the state and local areas.

The officers of District #4 working with Commander Coderre are Sr. Vice Commander Antonio Rendon, Post #91 – Moosup; Jr. Vice Commander John Barry, Post #26 – Stafford Springs; Adjutant John C. Lafontaine, Post #67 – North Grosvenordale; Finance Officer Manny Rodrigues, Post #52 – Coventry; Chaplain Perry Caldwell, Post #26 –

Stafford Springs; Historian John Hurchala, Post #26 – Stafford Springs; Judge Advocate Everett G. Shepard III, Post #111 – Woodstock; Sergeant-at-Arms Victor Kratz, Post #13 – Putnam; and Assistant Sergeant-at-Arms Scott Clifford, Post #91 – Moosup. Perry Caldwell will serve as an Executive Committeeman for one year and Archie LaPierre, Post #91 – Moosup will hold the position for two years.

“The District officers and members are looking forward to another active and involved year. We urge veterans to strongly consider joining the American Legion and become part of an exciting and vibrant organization. Contact your local Posts for information or contact me at (860) 942-7243. We’re looking forward to making every veteran a member of the American Legion,” said Coderre.

The 13 Posts in District #4 are: Post #13 – Putnam; Post #14 – Rockville; Post #19 – Willimantic; Post #21 – Danielson; Post #26 – Stafford Springs; Post #52 – Coventry; Post #62 – Ellington; Post #67 – North Grosvenordale; Post #91 – Moosup; Post #95 – Hebron; Post #101 – Somers; Post #111 – Woodstock; and Post #203 – Eastford.

GRANT

continued from page A1

Manasseh Cutler. He was tutored in the Cady-Copp Cottage and went west to influence U.S. History immensely. He helped build the first permanent settlement in the Northwest Territory, and was instrumental in creating the Northwest Ordinance of 1787. While there, he also founded Ohio University. His son, Ephraim Cutler also played a major role in early U.S. History. Details can be found in David McCullough’s popular book, The Pioneers.

Bill Pearsall, former AHS president and Town of Putnam Historian oversees the Cady-Copp restoration project and is pleased to receive the grant. However, Pearsall reports that at least \$30,000 more is needed to complete the restoration work. The sooner the funds are secured and the work is done, the better. Once the exterior is restored, the interior work will begin as another phase of this project.

AHS is always looking for volunteers, members and donations to support the history of Putnam. Questions can be emailed to AspinockHistoricalSociety@gmail.com

Donations are always accepted and can be mailed to AHS, PO Box 465, Putnam, CT 06260.

To learn more about Putnam’s Aspinock Historical Society, visit www.putnamaspinockhistsoc.com and like them on Facebook and Instagram.



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You are not powerless unless you choose to be so



POSITIVELY
SPEAKING

GARY W.
MOORE

Thank you. Your letters and emails expressing your prayers, good wishes and concern for my recovery are overwhelming. I always do everything I can to answer each correspondence, so if you haven't yet received a reply, you will. Thank you for your care and concern. It strengthens and encourages me.

After expressing encouragement, the most asked question is, "How can you remain so positive while facing so much?" It's a question I have been asked most of my adult life. The answer is simple but not easy.

I remain strong and positive because of my chosen optimism. I say chosen because it is a choice. I could crumble under the weight of stage 4 stomach cancer and mentally give into it and my body will quickly do the same ... or I can expect the best outcome and fight with my medical team to extend my life and overcome the odds. It is a choice I've made. Like I said, "simple but not easy."

It's simplistic to say I choose to be optimistic when you look at the data. Fewer

than 5% of the people afflicted with stomach cancer live five years. It's easier to give in and say I have a 95% chance of dying, rather than making the harder assumption, that I'll be one of the 5% to live beyond five years. I must sell and convince myself I'm a "five percenter!" If I just look at the data and take it at face value, I'd begin believing I have no responsibility for my health. The numbers already tell me what will happen. The data insinuates there is no patient impact on who lives and dies. I know that's not true and understand the choices I make about my health do have a profound impact.

I am not powerless in this fight.

One of the important aspects I've learned about surviving stomach cancer is my overall health, so I make a list and carry it with me as a reminder of all the positives I have going for me in my battle.

I don't smoke and have never smoked or used tobacco in any way.

I'm not overweight. I am not a diabetic.

I don't have any other health problem.

I walk and keep moving.

Okay. That all works in my favor. What else?

Almost every doctor or medical professional will tell you that the attitude and outlook of the patient plays an

important role in treatment and recovery.

I believe I will be a survivor.

The next question is always, "How can just believing help?"

If I believe I will survive, my mind and body conspire together to make it so.

Think logically about this ... if I believe I can survive, I wake up in the morning and get my body moving. I go about my daily business believing I'll still be here in five years and plan accordingly. My mind believes and my body responds.

Of course, I realize, as I always say, there are some medical realities that optimism may not overcome. No person lives forever. There is always an end of life here on earth, but numerous studies prove that optimistic people live longer, happier, and more successful lives than pessimistic people do.

So, a long answer to your question of how I can remain positive under the weight of a negative diagnosis. It is a simple answer but not easy in execution. It all begins with the choice to live and not die.

A charming young lady, ninety-one years young, wrote to me this week saying, "I was born a pessimist and I rely on you and your column to keep me going."

She was born a pessimist? Now she can be a "born

again" optimist! In the ninth decade of her life, she's reading this column and using it to change her mindset. You are never too old ... it is never too late to join us! As I always say, it begins with a choice. Make the decision to change your life and become more optimistic. You really can do it.

Imagine what our nation and world would be like if the majority chose optimism. Optimists don't riot, loot, or destroy property. A nation of optimists would not act this way, but that's a subject for next week.

For me, I choose to live, and in addition to longer life, optimistic people are happier, healthier, and more productive than others.

Why would you choose otherwise?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, "Playing with the Enemy." Follow Gary on Twitter @GaryWMoore721 and at www.garywmoore.com.

ACCURACY WATCH

The *Villager Newspapers* is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake call (860) 928-1818 or e-mail charlie@villager-newspapers.com.

POLICE LOGS

PUTNAM — The Putnam Police Department reports the following recent arrests.

Robert Connors, age 25, current address unknown, was arrested on Aug. 10 for Disorderly Conduct.

Andrew F. Beetz, age 27, of Danielson was arrested on Aug. 12 for Assault in the Third Degree and Disorderly Conduct.

RAVE

continued from page A1

for each performance. To purchase tickets online, visit <https://www.thebradleyplayhouse.org/>.

This is your chance in 2020 to see the band that was to perform at the Bradley in May and then in Rotary Park as prelude to Putnam's Independence Day fireworks. All who remember the Bradley production of the Buddy Holly Story already know many of the performers...Adam Landry (Buddy), Marc Poitras (music director, drums), Carl Mercier (Big Bopper). And the Buddy Holly songs..."Peggy Sue," "That'll be the Day," and, of course "Rave On," along with other tunes from the fifties and sixties with the band's own instrumentals, vocals, and dancers.

This music has been onstage at the Bradley as a Broadway Live segment and a concert in addition to the theater's full production of "The Buddy Holly Story," one of several locally. The band, Rave On, was formed to keep the music

going. Adam Landry's dramatic portrayal of the rocker and his singing and guitar accompaniment inspired Marc Poitras, a drummer who is also Adam's uncle, and bass guitarist Jeff Meyer, to keep the music going. There is so much talent in Northeast Connecticut that they could assemble vocalists and instrumentalists to recreate the sounds of the fifties. Rave On performers also include Bradley stage veterans Carl Mercier, Tom Miller, Elizabeth Silvia, joined by Izzy Tonelli-Sippel, Kyle Eldridge, and Joe Tomanelli.

Guitarist and vocalist Tom Miller of the former Jamestown Players will be remembered by fans of that band. Poitras counts himself among them and one of his musical memories is hearing them perform at Putnam Fireworks many years ago. Already taking music lessons, he resolved that this was a gig he would like some day. Now he does. The shows that Rave On will present in Rotary Park will bring joy to listeners as it benefits Putnam's Bradley Playhouse, a longtime presence on the entertainment scene.

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Putnam schools taking part in national school lunch program

PUTNAM — The Putnam Public School is participating in the Community Eligibility Provision (CEP) as part of the National School Lunch Program for school year 2020 -2021. Under this provision, participating districts and schools provide free breakfast and lunch to all students at all times. All students enrolled in the schools listed below will receive meals through the School Breakfast Program (SBP) and National School Lunch Program (NSLP) at no charge. Household income applications are no longer required to determine eligibility for free or reduced-price meals at schools participating in the CEP.

Breakfast and lunch will be provided at no charge to all students who attend the following schools:

Putnam Elementary School

Putnam Middle School
Putnam High School
For additional information, please contact:
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(2) fax: (202) 690-7442; or
(3) email: program.intake@usda.gov.

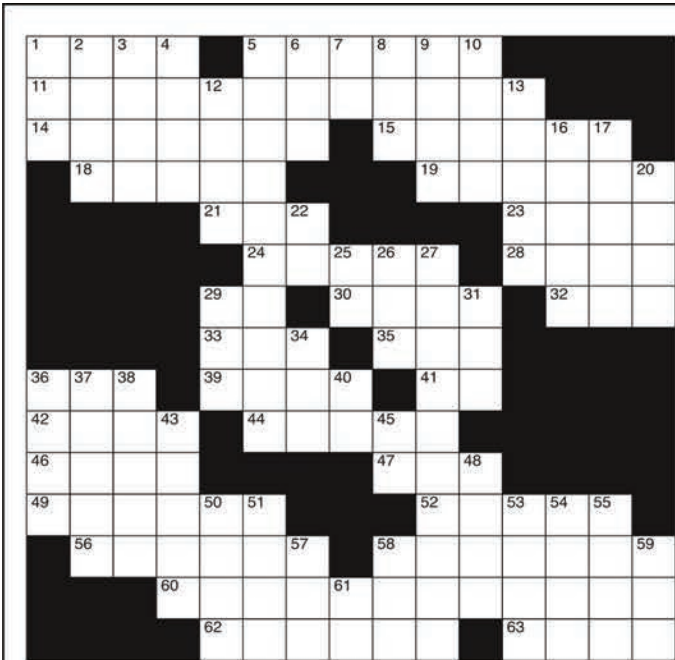
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Farmer’s Market coupons available to Woodstock residents

WOODSTOCK — Farmer’s Market coupons are available from Woodstock’s Agent for the Elderly. The coupons, from the Connecticut Department of Agriculture, are good at any of the Connecticut certified farmer’s markets in the area. With these coupons, seniors can get fresh, healthy food

from local farmers.

Any Woodstock resident 60 and over who meets income eligibility requirements, may receive the coupons booklets. Woodstock seniors are encouraged to call the Agent for the Elderly, Su Connor, at (860) 974-1705 to arrange delivery of the coupons.



- CLUES ACROSS
1. Popular musical awards show

5. Speech in one’s honor

11. A state of poor nutrition

14. Not ingested

15. More lacking in taste

18. “Popeye” cartoonist

19. Helps to reduce speed

21. January 1 greeting (abbr.)

23. Georgian currency

24. Proverb expressing a truth

28. Jewish calendar month

29. Volume measurement

30. Fair-skinned

32. Patti Hearst’s captors

33. Have already done

35. Touch lightly

36. Autonomic nervous system

39. Plant part

41. College degree

42. Military alliance

44. Tokyo’s former name

46. Carpenter’s tool

47. Before

49. Consent to receive

52. Passages

56. The Duke of Edinburgh

58. Utter repeatedly

60. Linked together in a chain

62. Quality that evokes pity

63. Maintained possession of

- CLUES DOWN
1. U.S. military school

2. Controls

3. Away from wind

4. Grab quickly

5. Being everlasting

6. Vase

7. Atomic #3

8. Type of medication

9. Encircle with a belt

10. Belonging to you

12. American state

13. City in Zambia

16. Good Gosh!

17. Of the country

20. Helsinki district

22. 36 inches

25. Reporters’ group

26. The voice of Olaf

27. Explains in detail

29. Tooth caregiver

31. One point south of due east

34. Scottish river

36. Elsa’s sister

37. Civil Rights group

38. Line of poetry

40. Doctor

43. Fatty acid

45. Avatar (abbr.)

48. Awe-inspiring garden

50. Fall down

51. Rock icon Turner

53. Asian country (alt. sp.)

54. UK museum network

55. Stairs have at least one

57. Part of (abbr.)

58. Simpson trial judge


59. Sun up in New York

61. Exclamation of surprise



Rise and Shine

Putnam High School Breakfast Menu 2020-2021Hybrid Blue and White



"New" quick grab and go Breakfast will be served on breakfast cart outside the gymnasium and also served in the Kitchen daily. Grab your FREE breakfast!!!!

BREAKFAST IS FREE TO ALL PUTNAM STUDENTS					Breakfast Served Daily 7:10-7:25am				
Monday	Tuesday	Wednesday	Thursday	Friday					
Specials Entrées:	Special Entrées:	Special Entrées:	Special Entrées:	Special Entrées:					
Bacon Egg and Cheese on English Muffin <ul style="list-style-type: none">• Double Choc. Chip Muffin• Blueberry Muffin• Assorted WG Low Sugar Cereal• Chocolate Chip Benefit Bar• Pumpkin Bread	Bacon Egg and Cheese on English Muffin <ul style="list-style-type: none">• Double Choc. Chip Muffin• Blueberry Muffin• Assorted WG Low Sugar Cereal• Chocolate Chip Benefit Bar• Pumpkin Bread	Sausage Egg Cheese on English Muffin <ul style="list-style-type: none">• Double Choc. Chip Muffin• Blueberry Muffin• Assorted WG Low Sugar Cereal• Chocolate Chip Benefit Bar• Pumpkin Bread	Sausage Egg Cheese on English Muffin <ul style="list-style-type: none">• Double Choc. Chip Muffin• Blueberry Muffin• Assorted WG Low Sugar Cereal• Chocolate Chip Benefit Bar• Pumpkin Bread	Wake Up Wrap: Ham Egg and Cheese <ul style="list-style-type: none">• Double Choc. Chip Muffin• Blueberry Muffin• Assorted WG Low Sugar Cereal• Chocolate Chip Benefit Bar• Pumpkin Bread					
Choose : Assorted Fresh Fruit 100% Fruit Juice	Choose : Assorted Fresh Fruit 100% Fruit Juice	Choose : Assorted Fresh Fruit 100% Fruit Juice	Choose : Assorted Fresh Fruit 100% Fruit Juice	Choose : Assorted Fresh Fruit 100% Fruit Juice					
Assortment of Low Fat and Non Fat Milk Variety	Assortment of Low Fat and Non Fat Milk Variety	Assortment of Low Fat and Non Fat Milk Variety	Assortment of Low Fat and Non Fat Milk Variety	Assortment of Low Fat and Non Fat Milk Variety					

- BUILD A HEALTHY BREAKFAST! IS AS EASY AS 1, 2, 3.....
1. CHOOSE ONE ENTRÉE

2. GRAB YOUR FRUIT OR VEGETABLE (UP TO 2 CHOICES, ONLY 1 FRUIT JUICE ALLOWED) ALL MEALS MUST HAVE AT LEAST 1 FRUIT OR VEGETABLE

3. GRAB YOUR MILK Choicer: 1% milk,NF Chocolate, or Nonfat/Skim

Putnam Middle School

Breakfast is FREE to all students Everyday!!!

We serve whole grains, low fat milk, and cheese, reduced sugar cereals, a variety of fruits, and 100% fruit juice no added sugar. We meet USDA Diet Regulations. WG=Denotes the use of Whole Grain Products LF=Low Fat THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Breakfast Menu:

2020-2021

Day of The Week:	Menu subject to change
Monday	Bacon, Egg, Cheese Sandwich
Tuesday	Bacon, Egg, Cheese Sandwich
Wednesday	Sausage, Egg, Cheese Sandwich
Thursday	Sausage, Egg, Cheese Sandwich
Friday	Wg Maple Burst n’ Pancake

OTHER DAILY SELECTIONS:

ENTREES:

- Breakfast Bars
- Assorted Wg Muffins w/Cheese Stick or Chortles
- Assorted Cereals w/Cheese Stick or Chortles
- Banana Bread
- Cinnamon Buns
- WG Bagel

- If you choose a Muffins or Cereal, you may choose a string cheese or chocolate chortles with your breakfast or 2 Cereals (2 of 1 grain items)
 - You can take up to 2 Fruits
 - Only 1 juice per meal. You may PURCHASE additional juice,ala carte pricing applies.
- All students MUST choose a FRUIT and or 100% fruit juice with their meal
- 1% Low Fat Milk, Fat Free Chocolate, Non Fat Strawberry Milk and Skim Milk Is Offered With Every Meal.

PINK

continued from page A1

MacKenzie, MD, FACOG, chairman of the department of obstetrics and gynecology, Day Kimball Healthcare. “The Pink Aid grant is a strong component in our ability to expand access to high-quality women’s health services for patients and families who are looking for a comprehensive, personalized experience, close to home.”

Day Kimball’s Women’s Health Services program offers a wide range of services including:

wellness and prevention programs; comprehensive breast care; obstetrics; gynecology; maternal child health; maternal fetal medicine; and more.

For more information about DKH’s Pink Aid grant and cancer services, contact Crystal Auger, Oncology Patient Navigator at (860) 963-6425 or cauger@daykimball.org or visit www.daykimball.org/cancercare.

To learn more about women’s health services at Day Kimball Healthcare, visit www.daykimball.org/women.

About Day Kimball Healthcare Day Kimball Healthcare

is a nonprofit community healthcare system comprised of Day Kimball Hospital, Day Kimball Medical Group, Day Kimball Healthcare At Home, and healthcare centers in Danielson, Dayville, Plainfield, and Putnam. Its service area includes Northeast Connecticut as well as nearby Massachusetts and Rhode Island communities. Day Kimball Healthcare’s comprehensive network offers more than 1,000 staff including nearly 300 associated, highly skilled physicians, surgeons and specialists. Its Web site is www.daykimball.org.



BREAKFAST

Breakfast is FREE to ALL students

AUGUST 2020

Putnam Elementary School K-Grade 3 Breakfast in Classroom

Breakfast is FREE to all Putnam Students
Grades 4 & 5 "Grab and Go"
Breakfast is served in the Cafeteria

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

Blue Team

WG Breakfast Cereal
W/Graham Crackers
100% Fruit Juice
Assorted Fresh Fruit

Welcome Back!!!
Blue Team

BeneFit Oatmeal
Chocolate Chip Breakfast Bar
100% Fruit Juice
Assorted Fresh Fruit

Welcome Back!!!
White Team

BeneFit Oatmeal
Chocolate Chip Breakfast Bar
100% Fruit Juice
Assorted Fresh Fruit

We Serve Whole Grains, Low Fat Milk and Cheese, Reduced Sugar Cereals, and a Variety of Fruit and 100% Fruit Juice No Added Sugar.
We meet USDA Diet Regulations.
1% White Milk, Low Fat Chocolate, and Skim Milk Is Offered With Every Meal

Menu Subject To Change

WG=Denotes the use of Whole Grain Products

W= With

LF=Low Fat

USDA IS AN EQUAL OPPORTUNITY PROVIDER

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com



LUNCH

Lunch is FREE to ALL students!!!!

AUGUST 2020

Putnam Elementary School

Daily Meal Options: A,B,or C
A=Meal of the Day
B=Yogurt/chz stick, Pretzel
C=Peanut butter Jelly Sandwich

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

Blue Group Day
"Wolf Meal"
Beef Burger w/ Cheese
Seasoned Curly Fries
100% Fruit Sherbet

First Day Of School!!!
Blue Group Day

Big Daddy Cheese Pizza
Fresh Garden Salad w/
Cherry Tomatoes & Cucumbers
Fresh Fruit

First Day Of School!!!
White Group Day

Big Daddy Cheese Pizza
Fresh Garden Salad w/
Cherry Tomatoes & Cucumbers
Fresh Fruit

Menu Subject To Change

USDA is an equal opportunity provider

**WG= Whole Grain Product

Milk Choices: Low Fat Chocolate, 1% White, or Skim Milk

All meals comprise of Meat/meat alternate, grain, vegetable, fruit and milk

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com

Ian Cook of Pomfret Center graduates from RIT

ROCHESTER, N.Y. — Ian Cook of Pomfret Center graduated from Rochester Institute of Technology with a BS in computer science. Some 4,000 degrees were conferred in the 2019-2020 academic year at all of RIT's campuses. A virtual celebration was held May 8 at rit.edu/classof2020.

Rochester Institute of Technology is home to leading creators, entrepreneurs, innovators and researchers. Founded in 1829, RIT enrolls about 19,000 students in more than 200 career-oriented and professional programs, making it among the largest private universities in the U.S.

The university is internationally recognized and ranked for academic leadership in business, computing, engineering, imaging science, liberal arts, sustainability, and fine and applied arts. RIT also offers unparalleled support services for deaf and hard-of-hearing students. The cooperative education program is one of the oldest and largest in the nation. Global partnerships include campuses in China, Croatia, Dubai and Kosovo.

For news, photos and videos, go to www.rit.edu/news.

Colin LeSage named to Union College Dean's List

SCHENECTADY, N.Y. — Colin LeSage, of Brooklyn was named to the 2020 Dean's List at Union College.

LeSage is a member of the Class of 2022 majoring in Leadership in Medicine.

Comprised annually, the Union College Dean's List honors students who have a grade point average of 3.5 for the entire academic year and meet certain other requirements.

Union College, founded in 1795 as the first college chartered by the New York State Board of Regents, offers programs in the liberal arts and engineering to 2,100 undergraduates of high academic promise and strong personal motivation. Union, with its long history of blending disciplines, is a leader in educating students to be engaged, innovative and ethical contributors to an increasingly diverse, global and technologically complex society.

The Quiet Corner Page

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ATTENTION VETERANS: Did you know we participate in the VA Community Care Network for Chiropractic Care?
If you are a veteran receiving primary care at a VA hospital, you are able to request a referral for chiropractic care at our office, which will be paid for by the VA. Being Community Care Network providers allows us to offer covered chiropractic treatments to veterans right here in Dayville, and gives Veterans greater choice and accessibility to care outside of VA medical facilities.



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Saturday: Closed
Sunday: Closed

Meagan Bianchi of Brooklyn graduates from Bryant

SMITHFIELD, R.I. — Bryant University is pleased to recognize the Class of 2020 who have completed their undergraduate studies to earn a Bryant University degree, one which has more value now than at any time in Bryant's history.

Meagan Bianchi of Brooklyn earned Magna Cum Laude a Bachelor of Arts degree in Applied Psychology.

Bianchi joins a powerful network of more than 50,000 accomplished alumni who are inspired to excel and make a difference as leaders in organizations and communities around the world.

"Graduates of Bryant's Class of 2020 have faced challenges and demonstrated resiliency that is unprecedented," says Bryant University President Ross Gittel. "These graduates will go down in history for successfully completing their studies in the face of daunting obstacles caused by the global health crisis."

When our most recent alumni left campus for spring break, no one knew that their final Bryant semester would be spent adapting to the challenges of a pandemic and that public health and safety policies would cause their graduation

ceremonies to be postponed.

"This crisis has revealed the character and grit of our community of scholars. I am extraordinarily proud of the entire Class of 2020," says Provost and Chief Academic Officer Glenn M. Sulmasy, JD, LL.M. "Together with our dedicated faculty, they have worked hard to complete their Bryant education with distinction."

While a ceremony worthy of the accomplishments of the Class of 2020 will take place in May of 2021, we want to take this moment to recognize and celebrate the achievements of

these distinguished individuals whose Bryant education has prepared them to be the innovators, leaders, and design thinkers ready to make a difference.

Through their resilience, determination, and innovative spirit, these graduates have shown their peers, professors, and the entire community what it means to Be Bryant Strong.

About Bryant University

For 157 years, Bryant University has been at the forefront of delivering an exceptional education that anticipates the future and prepares

students to be innovative leaders of character in a changing world. Bryant delivers an innovative and uniquely integrated business and liberal arts education that inspires students to excel. With approximately 3,800 graduate and undergraduate students from 38 states and 49 countries, Bryant is recognized as a leader in international education and regularly receives top rankings from U.S. News and World Report, Bloomberg Businessweek, Forbes, and Barron's. Visit www.Bryant.edu.

Tips for effective remote learning

An increased reliance on virtual home instruction has many students rethinking their organizational strategies and daily school schedules. Learning at home is different from being in a traditional classroom environment, but with some effective strategies, students can persevere without missing a beat.

Stick to a schedule

Many students are successful because they follow a schedule. The Center for Social and Emotional Foundations of Early Learning says that routines and schedules are important because they influence a child's emotional and cognitive development. Children feel secure with schedules, which may help them recognize what's expected of them.

When learning at home, students should strive to maintain as consistent a schedule as possible, including bedtimes, wake times, hours devoted to learning, and time to get outside or engage in downtime activities.

Connect live if possible

There are many free tools and resources available that enable teachers to provide live video lessons or to record them so students can watch them later. Similarly, social networking apps and virtual meeting programs enable students to connect digitally. This can be helpful for collaborative learning assignments or just to see a familiar face.

Stick to tools that work

Once students find apps or systems that work, they should stick with them, offers Khan Academy, an educational tutoring resource. There are many factors outside of one's control during virtual instruction, but maintaining consistency with tools and schedules is one way to feel more confident and secure.

Check student accounts frequently

Just like students, teachers may be learning as they go in regard to remote learning strategies. Students should be sure to check school email accounts or other places where teachers post assignments a few times per day so that they stay on top of all assignments and are aware of due dates.

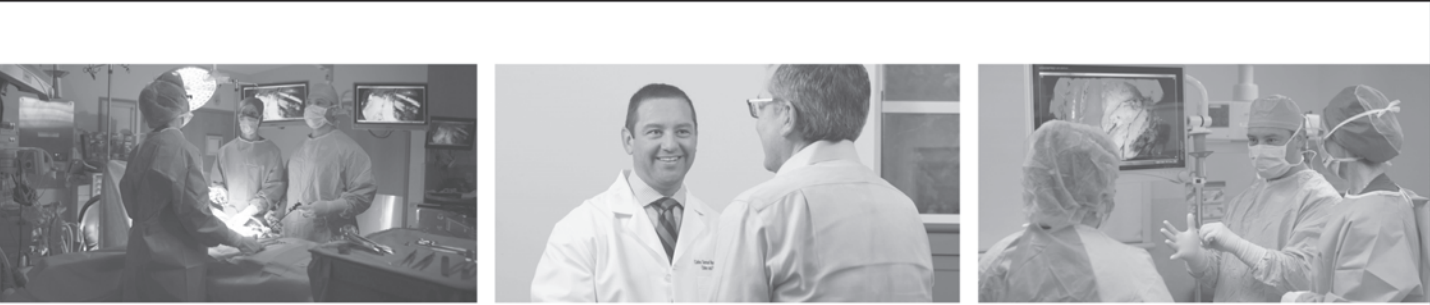
Reach out to instructors

Allegheny College suggests students contact their teachers if they are unsure of how to participate in remote learning environments. Ask questions about assignments, get clarification on key topics and be sure to tune into any remote chats or virtual "office hours."

Stay in touch with guidance, if needed

Remote learning is a new experience for many students, and there may be certain struggles or road blocks. It can be easy to grow frustrated with equipment failures or lack of in-person interaction. Schools employ qualified therapists and guidance counselors who are just a click, call or email away if issues need to be talked through. Students should utilize all resources made available to them.

Virtual home instruction can be made even easier with some extra assistance and guidance.



Carlos Morales, MD
Colorectal and
General Surgeon

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Some of the most advanced techniques in colorectal health are now available right here, at Day Kimball. Minimally invasive surgical procedures mean greater accuracy with less pain and shorter recovery times. They're performed by a surgical team with the skill and experience to get you back to health faster and easier. Best of all, you have the peace of mind of knowing you're getting the best of care in the best of places – near home.

Dr. Morales is now accepting new patients. To schedule an appointment call (860) 928-2552.

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FRANK G. CHILINSKI
PRESIDENT/PUBLISHER

BRENDAN BERUBE
EDITOR

A change of opinion signals growth

As the world turns, so do people’s opinions — even moreso now that it’s an election year. Further, there has been so much civil unrest currently, in addition to the fact that we are all living through a global pandemic. We are all constantly being bombarded with opinions. You see them on social media, the radio, television, newspapers, and even on signs in people’s yards.

As overwhelming, and sometimes unsettling, as this can be, it is actually quite healthy to have and share your opinions. Some individuals have no issue sharing their opinions, while others tend to shy away. Perhaps the latter is on to something but we digress. As we write this, and as you read it, somewhere, two people are in the midst of a debate.

When we share opinions, it’s a sign that we are yearning to be more educated and more knowledgeable about the world we live in. The problem arises when a person will insult, lie and attack to turn their opinion into truth. It’s important during a debate or heated discussion to remain open minded, as hard as that can be at times. When harsh words are exchanged, they are here for good.

There’s also a difference between facts and opinions. When an uninformed person tosses out talking points with misinformation, the point of the conversation goes right out the window. Likewise, both facts and opinions can and do change. Sometimes a person will have a light bulb moment that changes everything they thought they once knew, leading to a change in their mindset. A researcher can find new discoveries, which can alter something that prior, was fact.

A person’s viewpoint on something can change over the course of their lifetime. Growth happens every day with all of us. What we once thought when we were 17, could be and is likely vastly different than how we think at 50.


With that said, it’s also important to not hold an individual to past statements or actions that may have been troubling. When we hold people accountable to things they did and said in the distant past, they are less likely to share their opinions, and that would be a bad thing.

Opinions are important to share, but that doesn’t mean they are right. Backing up an opinion with facts is crucial and responsible. We can all agree that when it comes to personal choices that don’t hurt anyone else, other’s opinions are irrelevant.

We must also remember that as individuals, our life experiences have brought us each to a unique place, unlike anyone else we encounter, therefore nothing is ever cut and dry. We are seeing this too much in today’s politics. Instead of looking at things issue by issue, people are automatically jumping behind one party and calling it a day. The fact remains that we are living in a complicated world, and our thoughts are naturally all over the place, and that’s a good thing. Rejecting labels is refreshing.

As we grow our opinions evolve and shape who we are. So while we all have opinions, (on more than just politics) it’s important to be flexible with them. Changing how we think does not make us weak, it’s a sign of maturity and intelligence.

GOOD



NEWS

OPINION

Opinion and commentary from the Quiet Corner

LETTERS TO THE EDITOR

The destruction of America

The destruction of America
To the Editor:
It amazes me that there are so many people that are blinded by the letter D.
The Democratic platform is so radical that I can’t believe that anyone in their right mind would not take a step back and question, is this really what I want for America?

All someone needs to do is look at what is happening in cities across the country. New York, Seattle, Portland, Chicago...crime is out of control. Little children getting shot and killed. Hard working Americans have lost their businesses because democratic mayors and governors that took an oath to uphold the laws and the Constitution of the United States of America have gone so far to the left and let their cites burn to the ground.

What is even worse is, they continue to turn a blind eye to the destruction of their cities and have caved to the radical left. The

Nobody’s right when everybody’s wrong

To the Editor:
Back when my Dad was still with us, and when I was able to visit with him in Florida, we’d have our morning coffee and watch the news. Dad, being a staunch Republican, would first watch what the Republicans were saying, and then he’d say, “Now we are going to listen to what the Democrats have to say.” And when the news was (thankfully) over, I kind of remember saying to him something like, “These people are nothing more than a bunch of bickering idiots” — to which he replied, “Yeah, but that’s the way it is.”
There is a saying that goes, you can’t become your parents — however, that’s what’s happened to me. I drive cars at my job, and because I’m sick of the same old classic rock songs, I often listen to talk radio. I listen to Glenn Beck, Rush Limbaugh and Sean Hannity - but I also listen to the other

Democrats believe in open boarders, illegal immigration, putting illegals before US citizens, letting hardcore criminals out of jail, defunding police, higher taxes, Free housing, Free health care, Free College tuition. Who is going to pay for it? My father taught me a long time ago if something is free, you can’t afford it.

This destruction of America started 30 years ago. Our schools are indoctrinating our children and teaching them to hate America. Ronald Reagan said it best: “Freedom is never more than one generation away from extinction”

Wake up, America, and smell the coffee. The cliff is only a few feet in front of you. Don’t jump...

LARRY CONSIGLIO, JR.
THOMPSON

side, that being the Jim Braude/Margery Egan show on Boston Public radio (WGBH).

All I heard from them and their (chosen Democratic supporting) guests last week was how Kamala Harris is the greatest thing since sliced bread. But they would have mindlessly said the same thing had Mr. Joe Biden chosen Vermin Supreme, Gil Fulbright or Punxsutawney Phil to be his running mate. And is it any surprise that this liberal radio station never mentions anything about the unrest in Chicago, Portland, Seattle, and elsewhere, or who is to blame for it? (But that’s the way it is!) Anyhow, I prefer listening to Beck, Limbaugh and Hannity because they have the guts to report what the liberal “drive by” media turns a blind eye to! A more “middle of the road” program however is the

Turn To **DELUCA** page **A11**

Don’t look this gift horse in the mouth

To the Editor:
When I was growing up, we sat at the dinner table every night and ate a meal together. It was my mother, my father, my brother, me and the dog or dogs at our feet. It was the 1950’s and ‘60’s – a time we are supposed to be nostalgic for if you believe in the fabricated culture wars of the conservative right. I know we all like to rant about those young families we see in restaurants glued to their phones, the parents, and children in ex-communicado. “See?! This is why the country has gone to hell in a handbasket! Families don’t eat together except in the car between soccer and gymnastics; parents don’t talk to their kids anymore. No one can carry a conversation...” blahbidy blah blah.

Police accountability legislation gone wrong in Connecticut

To the Editor:
The death of George Floyd was terribly tragic. The police officers involved are facing prosecution. We should let the criminal justice system proceed through its process. If found guilty, then they will face justice. This is not a time for politics to intervene or interfere.
Yet, that is just what the Democratic majority in the Legislature, along with Governor Lamont and Lt Governor Bysiewicz did. The police “accountability” bill passed by the Democrats, and supported by Governor Lamont and Lt Governor Bysiewicz, does not support the good people who are our law enforcement officers
I think it is interesting to hear people, including some legislators who voted for the bill, talk about not wanting to involve politics in this matter That is a hollow argument for them to make The bill was rushed through a special legislative session during an election year The bill’s final text was presented late at night. It was not the same version pre-

viously presented to the public. The public did not have an opportunity to read through and provide input about the more than 70 pages of it in its final form. It was passed in the wee hours of the morning while people in Connecticut were asleep Politics not involved? It is not for me to comment about it looking like the Democrats wanted to score election year political points at the expense of good public policy Others may say that.

One can, at the same time, support justice, civil rights, and fairness for everyone while also supporting the many good law enforcement officers who work hard to keep us safe.

The bill’s proponents over-simplified and over-generalized it by making all law enforcement officers look to be doing bad things or ready to do bad things The inconvenient truth for them is that the overwhelming majority of law enforcement officers do a good job They do a tough job They do the job 24/7/365 We need them to continue to do the good work that they do protecting and

Turn To **XXX** page **A13**

A vote for Lisa Thomas is a vote for progress

To the Editor:
I am writing this letter in support of Lisa Thomas, a Democrat running for State Senator for the 35th District on Nov. 3. She has the necessary background and experience to be a positive force in this position based on her 11 years on the Coventry Town Council and 35 years as a public school teacher in Hebron and Windsor. Lisa knows the problems in our area and has the expertise to solve them in an even-handed way. As a resident of Connecticut for 60 years and a senior citizen, she exemplifies what I want in

a public servant who represents me and this area in Hartford.

She is an advocate for preservation and the environment; women’s rights, no excuse absentee balloting, and an end for all forms of racism and a strong scientific approach to the problems of the pandemic.

I ask for your vote for Lisa Thomas and progress on Nov. 3.

WILLIAM E. HALL
COVENTRY

A passion for the post office

I love my post office. I love post offices in general, and the people who work in them. I’ve lived in rural places nearly all my life and the post office is important. I have a post office box rather than take advantage of the free services of rural delivery as it is easier than replacing a smashed box every couple of years. It is also more sociable. It connects me to my community.

Going to the post office is a tradition in my family. My father once owned a post office. It was the heart of Abington, a section of Pomfret. The post mistress, Toni Diani, enriched the lives of countless people

with her straight talk, free coffee and award-winning chocolate cake. Although there is still a zip code for Abington, when the post office was closed, something special was lost.

I’ve been in remarkable post offices. Perhaps the smallest one I’ve visited is on Isle Au Haut, an island off the coast of Stonington, Maine. It’s about the size of a shed, but it serves the community with mail and packages that arrive by boat. It is a lifeline for residents living seven miles out at sea, especially fishermen and others who probably don’t pay their bills online.

When I lived in France as a student, I went to the intimidating post office often. It was massive and the workers had the implacable attitude of superiority of many French civil servants. If there were 50 people in line and it was time for their break, down would come the service window with a crash. It was a great test of one’s language skills as even the slightest mistake would earn a sneer of incomprehension. However, it was the place to deal with a variety of issues, including cashing checks. I’ve read that today La Poste offers help for the elderly, fast food delivery and driving tests. Imagine if that happened here.

Our postal workers connect people. When my sister-in-law was ill and lived alone, the kind postal driver would go to her door to hand deliver the mail and an encouraging word. Her experience was not unique. As the USPS trucks ply the back roads of our rural towns, they know better than anyone else what is going. They are human connections in a more isolated, anonymous world.

Post masters set the tone. In my town the story went around that a child sent a postcard from camp. It was merely addressed to ‘Mommy,’ but it was delivered to the proper person because the post master, who did the bulk of the mail sorting, knew exactly which child was away.

In a town like mine with two zip codes, one was viewed as more prestigious, the people who cared about such things would drive past their nearest post office to get to the one with more social cache. An especially crabby post office employee can drive people away and probably lower real estate values.

The post office is one of the few places in a town where accidental conversations occur. It is a place to meet neighbors, avoid antagonists, see people you knew long ago and catch up on gossip and animal sightings that matter only to the locals.

At the moment, I’m avoiding my post office as it feels like a petri dish for disease. When the all clear sounds, I’m going back to exchange friendly words with Joe behind the desk and with anyone who feels like pausing to celebrate life in a small town where the post office is the community living room.

Letters to the editor may be e-mailed to
brendan@villagernewspapers.com

Please include your place of residence and phone number for verification, not publication. Letters must be received by noon on Tuesdays.

LETTERS TO THE EDITOR

Airline Trail project is still putting residents at risk

To the Editor:
I have written this editorial because once again, safety and liability issues have arisen as a result of the simultaneous closure of Holmes Road and Modock Road due to the construction on the Airline Trail. Since my last editorial in May, egress from Modock Road has been blocked on two occasions for prolonged periods of time.
On July 2, a tree came down on Modock Road south which took out a transformer and left many residents without power. On July 3, two Eversource trucks blocked both lanes on Modock Road south for more than three hours, blocking off access to the only exit. I took photos of this obstacle and sent them to the Pomfret Town Hall.
On Aug. 4, large trees fell on Modock Road south, River Road east, and River Road west, taking out the power lines and completely obstructing all means of egress for the residents on Modock

Lisa Thomas has my vote

To the Editor:
Dedicated, compassionate, and hardworking – these words describe just some of the vital qualities of Lisa Thomas, candidate for State Senator.
Lisa’s qualifications are stellar. A member of the Connecticut Bar Association, she brings valuable knowledge of employment and finance issues facing our state now more than ever. She has served for years on the Coventry Town Council and Finance Subcommittee, and her 35-year career as an educator includes a Teacher of the Year award from her school. Lisa has worked tirelessly as an advocate for small businesses, citizens with crumbling foundations, affordable and reliable healthcare, and protection of our natural resources.
Along with her proven experience and expertise, Lisa’s personal character impresses me just as much. She’s a loving mom who raised terrif-

Are you tired too?

To the Editor:
Another type of fatigue besides ‘battle fatigue,’ ‘pandemic fatigue,’ ‘compassion fatigue’ is revealing itself ... division fatigue. I am not the only one tired of watching the divisions become huge gaps, silence replacing discussions, barriers to listening growing higher. How do we begin to mend all this brokenness in our country? I’ve pondered this question, and want to put out some ideas for where we might find some common ground.
1) Civility ... that we relearn how to listen and talk to one another in a way that respects our fellow human beings. Even with widely divergent opinions, I do want to understand why you believe what you believe.
2) The need for a postal system that will operate with integrity, efficiency, and security... able to handle voting by mail in a timely fashion. Can we think outside the usual box and bring

Absentee ballots are the best way to vote safely

To the Editor:
Given the circumstances, I would encourage people to use absentee ballots due to the risk of COVID-19.
People should be aware on when to request an absentee ballot (at least seven days before hand) and where to request an absentee ballot (from the town hall). Absentee ballots must be received by the town hall preferably one day before election day, or before 8 p.m. on election day, Nov. 3.

Trump has become a cancer

To the Editor:
One thousand Americans (on average) die every day from Covid-19 because of our President’s incompetence and lack of leadership.
Trump’s fear of losing the election has now shifted his focus to sabotaging the United States Postal Service, and helping to spread misinformation about his opponent and running mate. Lying

Shame on you

To the Editor:
4 percent
25 percent
21 percent
Keep those numbers in the back of your head for a moment...
The Coronavirus pandemic is very real. It is not a hoax or conspiracy or political statement. Covid-19 does not discriminate based on political views or party affiliation. It has disrupted everyone’s lives, put people out of work and out of their homes. It has taken loved ones away and kept families apart. It has halted economic growth, severely hampered education and basically resulted in a lost year for almost everyone. There is a way to fight this disease, bring it under control and begin the long, uphill journey back to our previous lives. The path to recovery is based in

As Americans, we have become too soft

To the Editor:
I am writing this letter in response to the opinion on “Eversource’s lack of preparedness is inexcusable” that was in the Thompson Villager on Aug. 14.
I understand how frustrating it can be to be without power for any amount of time; however, I do feel that Eversource did a fantastic job from going to seven days to four days. I want to say they should be rewarded and not criticized.
Eversource was ready for this challenge, and they do need our help as well to know all the trees that are down. When a tree comes down and takes wires with them, they need us to call them and let them know the area. First, the company has to make sure that the weather condition is safe, such as down wires and snapped poles. The

Road and Holmes Road. My neighbors and I were trapped (or “isolated,” as First Selectman Maureen Nicholson stated on WINY radio) without power or an exit. I called Maureen and left her a message to inform her about the severity of the situation, and she returned my call, telling me that she had set up emergency access via the old town dump road on River Road. Given that there were trees and power lines down between the residents and the old dump road, this was not a viable emergency exit and left numerous citizens in an unsafe position.
Given that the bulk of the construction on Holmes Road is complete, I demand that Holmes Road be covered in dirt so that residents have an alternate mode of egress. I understand that Holmes Road is not slated to be paved and passable

ic daughters, a caring teacher who brings out the best in every student, a devoted public servant who works late into the night to address our town’s challenges and seize opportunities to improve our quality of life. If you have a problem, Lisa not only wants to hear about it – she actually finds out what she can do to help and then does it. Why? She genuinely cares about other people. As State Senator, Lisa will bring this same integrity and compassion to the job. Her energy is incredible, and her passion for our state and region is unstoppable.
I’m looking forward to enthusiastically casting my voting in November for Lisa Thomas for State Senator, and I hope you’ll do the same!

LESLIE JOHNSON
COVENTRY

all our creativity to bear on making this a first rate system that works for every person?
3) Recognition that all of our differences do not have to lead to division, but rather to an appreciation of what we can each bring to the table. I want to know your talents and how they add to the richness of this community and country. We all bring something.
4) Recognition that we all have fears ... probably all very similar but will they push us farther apart or be a reason to work harder together?
5) The need to discuss what real freedom and true patriotism mean in these very difficult and challenging months. What are the other places of ‘common ground’ where we can reach out in trust to what we hold most dear?
Sincerely,

SUZANNE D. LA VOIE
WOODSTOCK

If people are mailing in their ballots, they should plan to send it in to the Town hall at least five days before election day, or they can drop it off at the secure ballot box in front of the town hall directly. If people decide to go in, they should be aware and know to take proper COVID-19 precautions. Such as wear a mask and bring gloves.

SAM LISTRO
WOODSTOCK

and cheating --- his life-long favorite strategy!
Donald J. Trump is a desperate, pathetic, hollow excuse for a man --- a cancerous tumor that needs to be removed before it does more damage.

TODD PATRIE
POMFRET CENTER

science and common sense; not politics, emotions, or self-righteousness.
Masks – We all hate them. They are hot and uncomfortable, but they do reduce the spread of droplets that carry the Coronavirus. To be clear – wearing a mask is not about you. It’s about caring for and protecting your family, neighbors and community. By wearing a mask, you are protecting others. By not wearing a mask, you are simply being selfish, self-centered, uncaring. Nothing more, nothing less.
Distancing and crowd avoidance – We all miss the parties, pool gatherings, church services, bars, restaurants, schools, sporting events... Look at what has happened, though, in those states where this has been ignored.

Turn To SHAY page A13

crews have to access critical facilities, hospitals, police and fire stations, and water treatment facilities. With COVID-19, I am sure that this puts a special strain on the workers as well to have PPE with them so they do not infect each other.
During all of this, they worked 24/7, putting their lives on the line with no breaks and probably sleeping in their trucks. All of us in New England have to know by now to always be prepared for a storm. We should constantly have extra water on hand; candles, flashlights, batteries, canned goods, and most of us should have a generator if you own your own home. If you don’t, you are living in the wrong part of the country.

ANGELA SPICER
THOMPSON

Does the Presidential election spell risk for the markets?

Our theme for the month of August focuses on how the policies and legislation passed in response to the COVID-19 pandemic have affected the financial markets. However, it seemed fitting to also discuss the upcoming U.S. presidential election, and its potential effects as well. There are growing questions (from both sides) on whether the outcome will negatively affect the markets. Of course, this is not unusual. As you may remember from the last election cycle, many predicted a significant downturn in the markets if Trump were to win. In the election before that, we saw similar worries concerning Obama. In both cases, despite the fears, the markets ended up doing quite well. Given this, what risks—if any—does the upcoming election pose for the markets? Let’s take a closer look.

Are Election Fears Overstated?
Politics has less of an effect on the economy and, therefore, the markets than we think. Since 1900, according to Bespoke Research, the average gain for the Dow Jones Industrial Average has been 4.8 percent per year, reflecting the economy as a whole. Decade after decade, markets have moved ahead as the economy grew, regardless of the party in power.

When we do see a political influence, it is not what might be expected. The average Republican administration over that time period saw gains of 3.5 percent per year, while the Democrats saw gains of almost twice as much, at 6.7 percent per year. Recent decades have seen the same pattern, with annual gains under Clinton and Obama exceeding those of both Bushes and Trump (so far).
Put in that context, fears about the election look to be overstated. Trump is a known quantity. So, if he is reelected, the effect should be minor. If the Democrat is elected, history shows that there is a good chance that, over time, the markets will do at least as well.

Will Things Be Different This Time?
They could be. Biden plans to raise taxes significantly if elected, which would hit corporate profit margins. If margins decline, so do earnings—and so does the stock market. Higher taxes on the rich would also presumably hit their spending, which would be a drag on growth. These are real concerns.
They are not, however, any different from the concerns that normally accompany a Democratic administration. And, as noted, the Democrats have historically generated higher market returns. Why? Higher taxes are accompanied by higher spending, which also acts to stimulate the economy and the market. We have seen the same effect in recent months, when increased spending by the Trump administration has kept the economy afloat, and a Biden administration would likely expand that support.

Have We Been Here Before? Indeed, this is a nor-

mal political cycle. The Republicans take office and cut taxes and spending, and the Democrats then take office and do the reverse. We have seen this pattern many times before, most recently with Obama to Trump.
It is also normal, however, for both sides to make the change look as apocalyptic as possible in hopes of motivating their donors and voters—and that is exactly what we are seeing at the moment. The headlines that point out these likely changes are designed to get maximum attention by maximizing the potential consequences. Hence, the questions and concerns.

The reality, however, is likely to be much less scary. The next president will likely have to deal with a divided government, limiting the administration’s ability to pass any significant changes. Even if the Democrats were to take the Senate, a Biden administration would not have a filibuster-proof majority and likely could not rely on all the Democrats to vote for anything radical. The American political system is designed to be hard to change. Nothing in this election will change that, no matter who wins.



The Real Risks
As investors trying to analyze the election, we should take note that there are certainly risks, but also opportunities. No matter who wins, there will be policy changes, but almost certainly nothing too radical. The real risks will come from reactions to the headlines, rather than to the underlying data. In other words, we should treat this like any other event and act on what actually happens, rather than on whatever disaster the headlines are peddling today. This year hasn’t gone according to plan, but you can live your best life despite the obstacles. Our Plan Well, Invest Well, Live Well process can help you prepare for the unexpected, and get back on track when it happens. If you have questions about new regulations, COVID policies, or financial planning, visit our Web site, www.whzwealth.com/covid19-resources, call us at 860-928-2341, or email us at info@whzwealth.com.

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– Michael S., Madison, CT



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DUFRESNE
continued from page A8

my tongue because I couldn't give him an answer. I was dumbfounded and had to look up the word cliché.

Other than the ritual of Sunday dinner after church, ordinary Americans didn't do much dining together until the 21st century middle class popular culture suggested that we should. Most were too busy eking out a living either on the farm or later in the mills. Families often worked different shifts in the factories, including men, women, and children. Before that meals were caught on the fly between the dawn to dusk chores on the farm during the growing season. At any rate, the chief cooks and bottle washers, meaning the wives, mothers, and sisters, were most likely serving the meals, and not sitting down to eat with the whole fam damily until eating became more leisurely and less utilitarian.

Hints of these old ways still existed in my grandmother's behavior around meals. She ran her kitchen more like a factory boarding house. "The Boys" (meaning my uncles who were still living at home in their 40's), would come in from their welding shop for lunch. We'd all be sitting at the kitchen table, except Nana Johnston who continued to busy herself at the stove, cooking and serving. There may have been some small talk and banter as brothers will do, but not much substantive conversation. Later, after the dishes were cleaned up, Nana would sit down with a cup of tea and a hermit cookie.

I only mention this idea of families eating together because I want to point out that they weren't necessarily communicating or engaging in polite conversation. Perhaps they shared a log of the day, mentioned the weather, or a list of upcoming chores. But for the most part they weren't much different than those young families glued to their phones. Dinner was a quick pause in the midst of a busy day and not a scheduled event. We Americans have a long history of being on the move between chores and work. As a culture we have long been the stones that gather no moss. But what else would you expect from the salt of the Earth?

As society came to a screeching halt during the pandemic scare, I was reminded of the gift of stopping, and yes gathering a little moss. I was also reminded of a frequently used idiom from my childhood, harkening back to rural life or perhaps Gypsy lore: Don't look a gift horse in the mouth. And my usual response to that idiom is "there's got to be a pony in that pile of horse shit

somewhere!"

Being both an optimist and a lover of idioms, I'm not about to look the gift horse of pandemic paranoia in the mouth. Nope – I'm counting my lucky chickens. When else in our lifetime have the cogs of our over strung and frantic wheelhouse been forced to shut down? Suddenly, with no jobs, meetings, choir practices, church services and events to attend we are forced to take a step back and retreat from the daily grind the world imposes upon us. Even in "retirement" I haven't been able to fully stop and reflect. I'm always busy trying to make some extra money which brings a distracted busyness to my life. I also tend to over engage in the world in my effort to make a difference. It takes a lot of work to stick your thumb in a dyke which is about to burst open. I mean there are just too many leaking holes. There's racial justice, climate change, Native American issues, the fracking gas companies, immigration, and refugee issues, and what do we do about the idiot in the White House!

With all that distraction, I hadn't really been able to take that longed for retreat after leaving the chaotic and stressful world of teaching. Nor had I truly returned to my former simple life of reflection, writing, and meditation. That teaching business sucked me into the world, sucked the life out of me and is yet to spit me out. But the pandemic forced me to take a break. And guess what? The Earth finally got some respite from us! As if on cue while we teetered on the brink of environmental disaster, our prayers for a drastic reduction in our carbon footprint may have been answered.

It just goes to show that it's not nice to fool Mother Nature. Since we couldn't convince our government to stop burning coal or invest in green energy, she has created a little old virus to put us back in our place. While we huddled in our homes, prisoners of the fear cultured media, planes stopped flying for a few months; there were way fewer cars on the road; people were working from home so companies had gone dark, using less energy for heat, air conditioning and lighting; malls, shopping centers, and restaurants were closing, meaning there was less consumerism (except for all the things we now order online); and schools and universities went online or shut down for the remaining semester.

Yes, the current false economy of Trump and his Wall Street billionaires might tank. But it's about time they got real jobs anyway. We've had enough of trade wars that don't create jobs but fill the pockets of the mega rich, and share-

holders who have profiteered by shipping jobs overseas. Early on, the corona gift horse made us all too aware that you can't even buy a damned tube of toothpaste or antibiotics made in America. Everything is made in China – still paralyzed by the pandemic and unable to sate the hungry American consumer. The reality of how fragile our economy truly is might just kick the ass of Trump and his pseudo-capitalism out of town and make way for true American entrepreneurship and small businesses to reclaim the economy.

Although some businesses have re-opened, and most folks have crawled out of their holes to go to the grocery store or eat in an outdoor café, there is a reluctance to go full throttle and return to the way we were. You couldn't pay me to board a plane right now, and the last place I'd want to be this fall, when the virus will predictably spike, is the classroom. I feel sorry for my colleagues who are being forced to make the difficult decision between the career and the students they love, and the health and well-being of their own family. Even in the best of times, a classroom is a brooding petree dish. Parents send their kids to school sick because they can't take time off work to nurse them. And now that Trump has politicized the pandemic and mocked the recommendations by CDC, good luck getting those anti-vaccers and Trump Zombies to make their kids wear a mask and follow social distance protocols.

It is appalling that America has tolerated government edicts by Trump and his cadre of cowboy governors in the

DELUCA
continued from page A8

Jordan Levy show that is on WTAG out of Worcester. Jordan Levy is an independent voter (and former Mayor of Worcester) who'll comment on what he feels the President is doing - both right and wrong - as well as expressing his views on what the democrats and the republicans are doing.

I will give Mr. Levy credit because he also thinks that Pelosi is a worthless has-been. He is also a "no fan" of BLM, antifa and the spineless democrats who are letting their cities become wastelands! For me, the highlight of his show last week was when he said that he wouldn't waste his time watching what the democrats (specifically mentioning Pelosi, Hillary Clinton, and Michelle Obama) will be saying at the DNC. His comment was: "what the hell do you

South to open the economy and return to schools, virus be damned. Teachers appear to be a disposable workforce; frontline workers who don't enjoy the status and respect they deserve, let alone the necessary PPE to protect themselves and their families. I haven't seen too many heart signs acknowledging the incredible hard work our teachers did this spring as they struggled to adjust to remote learning. Rather than congratulating teachers and students for bucking up and doing their best, Trump has threatened to defund public schools that don't return to the classroom. In the middle of a pandemic. But that should be no surprise since he and his little best bud, Betsy Devos would like to defund public schools anyway and de-educate the masses with their fake university degrees.

Our only hope is that Americans will wake up and boot Trump and his apocalyptic administration out of office so they can crawl back into their dark little holes. In the meantime, I'm staying put, lathered up in my antibacterial soap, and sipping my seltzer water laced with elderberry, echinacea and astragalus. God willing, we will all stay healthy and manage to take advantage of some much-needed respite while the Earth and the climate get to take a breather from us. That gift horse might just lead us to the water and a brand-new world.

DONNA DUFRESNE
POMFRET

expect them to say?" Personally, I'd rather watch paint dry. I truly doubt that Mr. Levy will be watching the RNC either, nor will I, because we both already know what they're going to say.

In a way, I'm glad my Dad isn't around to see today's madness, and the Democrats best not send a mail in ballot to his residence in Arlington Cemetery because he will come out to haunt them! Dad, I miss you dearly, and I especially thank you for giving me an open mind. Yup, there really are two sides to every coin.

Speaking of old classic rock songs, I like the line from the Buffalo Springfield song, «For What it's Worth,» that goes: «Nobody's right if everybody's wrong.» Having said that, I find it funny that in November, we'll basically be voting for whatever wrong we think is right.

ED DELUCA
NORTH GROSVENORDALE

Preserve your garden produce for delicious winter meals



Gardener's Supply Company Wooden orchard racks maximize storage space, while allowing air to reach each layer of produce.

All your hard work is paying off with a bountiful harvest. Fresh produce is filling your garden, countertops, and refrigerator while the garden keeps producing more. Preserve some of your harvest to enjoy throughout the winter with some tried-and-true or updated variation of food preservation techniques.

Hanging bundles of herbs to dry is a long-time practice that works. Harvest herbs in the morning just after the dew has dried off the leaves. Rinse, allow them to dry, and remove any damaged or dried leaves.

Gather the dry herbs into small bundles and secure with a rubber band. Use a spring-type clothespin to hang the bundles from a clothesline or hanger in a warm, dry, airy place out of direct sunlight.

A modern twist on this tradition is the space-saving StackIt Herb Drying Rack (gardeners.com) hung from the ceiling. You will be able to dry large quantities of herbs in any narrow, out-of-the-way space.

Extend the life, flavor, and nutritional value of squash with proper harvesting and storage. Only store blemish- and damage-free fruits and vegetables to reduce the risk of mold and decay developing during storage.

Harvest zucchini when the fruit is six to eight inches long and scalloped squash when three to six inches in diameter. Store these in a plastic bag inside the vegetable crisper drawer in your refrigerator for several days.

Wait to harvest winter squash when the fruit is full-sized, and the rinds are firm and glossy. The portion touching the ground turns from cream to orange when the fruit is ripe. Use a pruner to harvest the fruit, leaving a one-inch stem on each fruit. Cure all



GARDEN MOMENTS

MELINDA MYERS

space and allowed air to reach each layer of produce. An updated version, Gardener's Supply Orchard Rack, adds convenient drawers to this traditional storage system.

Boost your cabbage harvest with this trick. Remove firm full-sized heads but leave the lower ring of leaves and roots intact. The plant will form several smaller heads.

Harvest cucumbers based on how you plan to use them. Pick the fruit when it is 1 ½ to 2 ½ inches long if you plan on making sweet pickles. Allow the cucumbers to grow a bit bigger, three to four inches, if dill pickles are on the menu. Harvest those for slicing when the skin is firm, bright green and the fruit is six to nine inches long.

Turn a portion of your harvest into something delicious. Fermentation is a relatively easy preservation technique used for thousands of years. Preserve some of your cucumbers as pickles, cabbage as sauerkraut, and berries as preserves with fermentation. Store fermented fruits and vegetables in a cool, dark place or extend their shelf life by canning the finished product. For most projects, you just need the fruit

or vegetables, water, salt, and spices. The desired ingredients are placed in a covered vessel, like Gardener's Supply three-gallon Fermentation Crock. Weights are used to keep the fruit and vegetables submerged in water throughout the fermentation process.

If your garden is still producing when frost is in the forecast, extend the harvest season. Cold frames and cloches are tried-and-true techniques used for extending the growing season. A modern method employs floating row covers. These spun fabrics allow air, light, and water through while protecting plants from frosty conditions. Cover the plantings and anchor the fabric in place. Lift to harvest and enjoy several more weeks and even months of garden-fresh produce.

Select the storage and preservation methods that work best for your garden produce, growing location, and lifestyle. Once you enjoy home-grown produce in winter meals, you will start growing more produce to eat fresh, share and preserve.

Melinda Myers is the author of numerous gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio segments. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardeners Supply for her expertise to write this article. Her Web site is www.MelindaMyers.com.

GORDON

continued from page A8

serving our communities Thank you for their service Look at the lawlessness that has hit some areas of our country, such as Seattle and Chicago Look at the crime that still hits some of Connecticut's cities, like Hartford, New Haven, and Bridgeport

For such a complex and emotional issue, why rush it through a bad process? Why not take the time to think through things? Why not get more public input? Why not work more with law enforcement? Why not pass first the non-controversial provisions of the bill, then take the time to work on making better the other provisions? If a proper process had been used, then the final bill could have been much better than the version that passed It could have included meaningful, long-ranging

solutions toward civil rights and public safety It could have been a version that garnered wide-ranging support, including bipartisan support That is how good public policy is done I know first hand as an elected town official about good public policy making and good processes.

There are some good provisions to the bill, but they do not overcome the bad provisions

It weakens unnecessarily qualified immunity Before the police "accountability" bill became law, if a police officer was arrested and charged with committing a crime, including a civil rights violation, then he or she lost qualified immunity Bad law enforcement officers were prosecuted This is how the system has worked and how it still works Now, because of the police "accountability" legislation, law enforcement officers and municipalities will be subject to potentially many frivolous, expensive

law suits This will certainly have a negative impact upon recruiting and retaining good officers It might cause them to hesitate doing things on the job, there by weakening public safety.

The legislation creates new standards for assessing retrospectively the use of police force, yet it removes the important need to learn what were the actual, on the ground, reasonable situational perceptions and thought processes of law enforcement when faced with split second, life or death circumstances.

It hobbles police departments being able to obtain for free or inexpensively the available, non-lethal, surplus, federal equipment that our communities need for public safety, rescue, and disaster uses

It saddles the towns and cities during very tough economic times with additional unfunded mandates, such as body cameras I support the use of body cameras But, I do not support requir-

ing them without the means to pay for getting and maintaining them, and for storing the video from them.

I am not saying that people who voted for the bill are bad people I am saying that the bill was bad as it was presented, that the process was bad, and that votes for bringing it to emergency session and passing it were bad I have heard that from a lot of people.

Thumbs up to Sen. Champagne and to Representatives Dauphinais, Dubitsky, and Hayes for voting against the legislation that passed

Thumbs down to Sen. Flexer and Rep. Boyd for voting to pass it Perhaps they may be convinced to work to fix the big flaws in the law, but the damage has already been done.

JEFFREY GORDON
WOODSTOCK

SHAY

continued from page A9

Thousands of cases, thousands of deaths. Travel curtailment to/from hot spots – Just don't go. And if you must, please self-quarantine when you return. See "Masks" above. This is not about you. This is about protecting the community.

Several weeks ago, a group of young people from this area went to a party in Massachusetts. Several of them came home infected with Covid-19, exposing their friends, family and co-workers to possible infection. This affected at least 29 people in the community, shutting down one small business for two weeks while they all went into self-quarantine. It also nearly shut down one of the local volunteer fire departments. Think about that last one. "911. What is your emergency? Oh, your house is on fire? We'll be there in 14 days after the department gets out of quarantine..." These community volunteers place themselves in harm's way to save you and your property. Show a little respect for that.

Last week, during the primaries, a

gentleman came to Pomfret Community School to cast his ballot. He refused to put on a mask, as required by law. His comment? "I'm a Republican. I don't wear masks!" He would rather put the poll workers and other voters at risk to make a political statement regarding a health crisis.

To the youngsters and the gentleman above: Shame on you! Shame on you for being so uncaring, selfish, self-centered and choosing to put all of us at risk. Shame on you for prolonging this pandemic unnecessarily.

In response to Thresa Mitus of Thompson (Opinion, Aug. 14) – The government is not "...monitoring and fining us for what we do on our own private property," at least not in regards Coronavirus. They are enforcing science-based rules designed to protect all of us, including you, Ms. Mitus. If people refuse to abide by these community rules, then they should be called out. As an analogy, if someone is speeding through my neighborhood putting the lives of my family and neighbors at risk, I am certainly going to report this to the police. If someone is setting brush fires in in the park, I am certainly going

to call D.E.E.P and the fire department. This is not "spying" on your neighbors and reporting to the authorities. As far as the reference to Nazi Germany – How dare you make that comparison! This is nothing like calling the Gestapo to report that a young, Jewish girl is hiding in your neighbor's attic. Unless you have family who had to flee Nazi Germany in the 1930's to avoid persecution, leaving everything behind, you

HESS

continued from page A9

until the construction on Modock Road is complete, but this is unacceptable because:

There has been no progress on the "hole" on Modock Road in at least five weeks, and the project will certainly exceed its anticipated completion date of Labor Day 2020. Maureen Nicholson explained to me that the project will be delayed by at least two months as a result of incorrect measurements.

Given that exits from Holmes Road and Modock Road have been blocked

are unqualified to draw that comparison.

Now, back to those three numbers: The United States has 4% of the world's population, 25 percent of the world's Covid-19 cases, and 21 percent of the world's Covid-19 deaths. Think about that. It's a horrible way to die, alone.

BRUCE P. SHAY
POMFRET CENTER

twice in the last two months and we are heading into a predicted highly active hurricane season, it is extremely likely that residents will be in this unsafe and stressful situation again. This is unconscionable.

I am a proponent of improving the Airline Trail, but it should not be done at the expense of residents' safety and well-being. I look forward to the re-opening of Holmes Road as a dirt road to provide a safe and convenient route for travel.

Sincerely,

KATHIE HESS
POMFRET CENTER

LEGALS

Town of Thompson Board of Assessment Appeals LEGAL NOTICE

Citizens of Thompson are hereby informed that the Board of Assessment Appeals for the Town of Thompson will hold its sessions on the following dates: September 1st, 2020 6:30 – 8:00 pm, 2nd Floor Town Hall
September 14th, 2020 6:30 – 8:00 pm, 2nd Floor Town Hall
September 17th, 2020 6:30 – 8:00 pm 2nd Floor Town Hall
September 28th, 2020 6:30 – 8:00 pm 2nd Floor Town Hall
Such sessions are held solely for appeals on Motor Vehicles.
The appeal forms are available on the Town of Thompson's web site under the Assessor's office. If you need a form mailed, please call the Assessor's office at 860-923-2259.
Sessions will be held in the Assessor's Office, 2nd floor at the Town Hall located at 815 Riverside Drive, North Grosvenordale, CT.
Notice given of sessions to conform to

Section 12-110 of the General Statutes of the State of Connecticut.
Board of Assessment Appeals
Erica Groh – Chairman
Daniel Santerre
James Clark
August 21, 2020

TOWN OF WOODSTOCK

At the July 16, 2020 Regular Meeting of the Planning & Zoning Commission, the following decision was documented and approved unanimously concerning the following voided subdivision: #492-04-06 Peter Minchoff, Brickyard Road – Requirement for 1.62 acres of open space be set aside and in effect at the time of reclassification from remaining land to buildable or re-subdivided.
Chair Jeffrey Gordon, M.D.
August 21, 2020

NOTICE TO CREDITORS

ESTATE OF Blaine R Auclair (20-00279) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree

dated, July 30, 2020, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk
The fiduciary is:
Laura Fisher Andersen, 296 Monarch Village Way, Stockbridge, GA 30281
August 21, 2020

NOTICE TO CREDITORS

ESTATE OF Alan Beck (20-00283) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, August 5, 2020, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk
The fiduciary is:
Melissa Considine Beek
c/o MATTHEW J LEFEVRE,
LAW OFFICES OF,

MATTHEW LEFEVRE, ESQ PC,
38 WOODLAND STREET,
HARTFORD, CT 06105
August 21, 2020

NOTICE TO CREDITORS

ESTATE OF Jeanne S Denome (20-00285) The Hon. Leah P. Schad, Judge of the Court of Probate, District of Northeast probate Court, by decree dated, August 11, 2020, ordered that all claims must be presented to the fiduciary at the address below. Failure to promptly present any such claim may result in the loss of rights to recover on such claim.

Brenda Duquette, Clerk
The fiduciary is:
David Denome
c/o WILLIAM J MONTY, LAW OFFICE
W MONTY, 930 ROUTE 169,
PO BOX 266, WOODSTOCK, CT 06281
August 21, 2020

Recommended tech for students



Shopping for school supplies once entailed stocking up on pens, pads and notebooks. Students today still buy many of the same items, though they also now stock up on electronics.

Technology and education now go hand-in-hand. For students to find success both in and out of the classroom, the right tech can make all the difference.

- High-speed internet: Connectivity is key in a digitally driven world. Students need access to the internet for homework, lectures, email, entertainment, and much more. The faster your internet speed the better. According to the resource HighSpeedInternet.com, streaming videos on a single device or web browsing requires between five and 40 Mbps. Downloading large files or using multiple devices simultaneously requires high speeds. When accessing the internet via smartphones, make sure your plan has unlimited data or provides enough data to ensure interruptions do not occur.

- Laptop or notebook computer: Laptops and notebook devices are similar in that both offer many types of software preloaded that a student will need. The devices seem interchangeable, but there are some differences. Laptops are generally larger than sleek, light notebooks. Notebooks are sized to fit easily into backpacks. Notebooks tend to have minimal features, including less RAM capacity and slower speeds, helping to keep their costs down. Some notebooks may have very small amounts of hard drive

storage space, requiring users to purchase external storage devices.

- Headphones: Most schools now require students to have their own dedicated pair of earbuds or over-the-ear headphones so that work conducted on a computer does not disturb others also working on their own devices. Headphones also can make it easier to hear and comprehend videos and other digital lessons while doing homework.

- Chargers/battery packs: Devices must maintain power to help kids learn. Students can benefit from having a backup charger or battery pack to maintain functionality on their devices.

- Storage and charging base: Keeping electronics neat and accessible for the family may mean rethinking counter-top or other storage spaces. Charging stations hold multiple devices and allow them to charge simultaneously.

- Touchscreen pen: Many notebook and laptop computers have touchscreens that respond to pens/styluses and make drawing or writing on the screen more detailed.

- Printer/scanner: While many schools have adopted paperless formats, there may come a time when printing an assignment or report is necessary. A quality ink-jet printer can fit the bill. A scanner to scan photos or documents also makes it easier to complete assignments.

The above are just some of the many gadgets that can assist students with their studies.

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Enjoy a wonderful day of golf for a great cause!
Friday September 11, 2020 | Connecticut National Golf Club

Please join Putnam Bank in supporting Day Kimball Hospital’s 36th Annual Golf Classic with a salute to all of our essential workers who have provided care, comfort, safety, and sustenance through these trying times. This signature event and most significant fundraiser for the hospital has generated approximately \$2,077,000 in donations and directly supports the care of patients and families. Proceeds from this year’s tournament will benefit the DKH COVID-19 Response Fund which provides critical supplies, equipment and resources in response to the coronavirus pandemic. Sponsorship opportunities are available from \$100 (Tee) to \$5,000 (Gold).

In an effort to maintain the health and safety of all participants, volunteers, and staff, rest assured we will be following all state COVID-19 guidelines and taking extra precautions on the course.



- \$150 player registration fee includes:**
- Greens fees, including cart; choice between two tee times
 - Complimentary food and refreshments throughout the day
 - Automatic inclusion in grand prize drawing and \$1,000 skins pool
 - Registration gift for each player
 - Chance at a new car for a hole-in-one!
 - First and Second Place prizes, gross and net

For more information, or to register visit daykimball.org/golfclassic or contact the DKH Development Office at 860.928.7141.