

Free by request to residents of Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

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Uxbridge teacher sees eclipse from a bird's eye view

BY KEVIN FLANDERS STAFF WRITER

UXBRIDGE — While eclipse seekers across the country found themselves stuck in heavy traffic last week, a local educator soared high above the gridlock for an unforgettable view of the phenomenon.

Amanda Gallerani, a STEAM teacher at Taft Early Learning Cen-ter in Uxbridge, joined six other teachers selected by the Massachusetts Wing Director of Aerospace Education to fly during the April 8 total solar eclipse.

For Gallerani, who joined the Civil Air Patrol two years ago as an Aerospace Educator Member, the opportunity to record data and capture photographs of the eclipse from the air was a life-changing experience.

We were 8,500 feet in the sky, watching the eclipses.



Amanda Gallerani and her team enjoyed a unique view of the solar eclipse earlier this month.

Tempera-ture at the beginning of the eclipses was toward the renowned path 6 °C, and at totality it was of totality began with a Gallerani, who has taught Bangor for four years. "The entire experience was absolutely unforgettable and incredible.

Take a historical trolley tour of Northbridge

NORTHBRIDGE — The Northbridge Historical Commission, in partnership with the Northbridge Historical Society, is pleased to offer its popular Historical Trolley Tour of Northbridge on Saturday, May 18. Three tour times are available: 9 a.m., 11 a.m. or 1 p.m., and space is limited. This tour is extra special as it will roll for the last time with Ken Warchol as narrator and guide.

Northbridge historian, teacher, and long-time chairperson of the Northbridge Historical Commission, Ken Warchol, will guide you on a leisurely two-hour trolley tour of Northbridge Center and The Historic District of Whitinsville. Ken began providing historic tours of his hometown in 1977 and has since celebrated and shared Northbridge's history with countless students and community members of all ages. Riders will learn about the vital role Northbridge played in the Industrial Revolution and its growth from a village to a thriving industrial global center under the direction of the entrepreneurial spirit and engineering prominence of the Whitin family. From humble beginnings at the Fletcher Forge to the establishment and growth of Whitin Machine Works into the 1920s, Whitin Machine Shop became the world's most prominent textile machine shop. The tour includes aspects of village life and explores the architectural skeletons and landmarks that remind us of a bygone era. The tour begins at the 1770 Colonel James Fletcher Homestead, former home to James Fletcher, founder of the Fletcher Forge and now the home of the Northbridge Historical Society. It continues with a stop at the Town Hall and on to more historical places and scenic views. There is no charge for the tour, thanks to a generous donation from Unibank. Seating is by registration only, and tours fill up quickly. To request seat(s), email Folloni1908@gmail.com. Include your contact info, number of seats requested, and preferred tour time (not guaranteed). You will receive a confirmation email with details.

Gallerani's journey International the rest of the Civil Air Patrol team and teachers.

"We had to go north to Grindstone, Maine, by Katahdin Woods for the eclipses," Gallerani recalled. "I had UV changing pony beads and glow-in-the-dark beads to document with pictures to bring back to the classroom. I also brought a box of Skittles to show how colors changed with the lack of light compared to others.

In her role at Uxbridge Public Schools, Gallerani created the STEAM program at the elementary school, where she teaches students in grades K-3. Following her spectacular



aerial view of the eclipse, she couldn't wait to share stories and photos with her students.

"Returning to the classroom this week has been so rewarding and fun. The kids are so happy and proud of me. They have been begging to hear the stories and see the pictures," Gallerani said.

In addition to her work inside the classroom, Gallerani also estab-lished a youth program called Science with Amanda, which allows students to continue STEAM learning outside of school and during the summer months.

"STEAM gives children the opportunity to explore the problem, become problem solvers, create solutions, and show their creativity and intelligence in a positive way," Gallerani said. "STEAM also gives students the chance to explain why and how things work, or why we learn something. When I was growing up, I always enjoyed learning and grasping concepts when I was given the op-portunity to apply what I was learning to projects or hands-on science experiments." Even though her posi-

tion with Uxbridge Public Schools wasn't part of

her career plan just a few short years ago, Gallerani has enjoyed the unexpected opportunity to work with students at the same school she attended as a youngster.

Friday, April 19, 2024

"I had a forced career change due to the pandemic from informal STEM education at the New England Aquarium and moved back to Uxbridge full-time. I was approached by former Uxbridge Superintendent Dr. Frank Tiano to follow my passion and my style of teaching, and start working at Taft Early Learning Center," Gallerani said. "It has been surreal to return to Taft Early Learning Center years later as an employee and no longer an elementary school student. I have been lucky enough to return to school with many of my former teachers."

Gallerani was thrilled to share her most recent journey with stu-dents, as well as stories of past work trips and projects. These in-clude scuba diving trips; rescuing and rehabilitating marine animals across New England (mostly turtles and seals); and researching sharks in Massachusetts.

"It's been really neat to see my students so excited about my teaching and past eclipse adventures, because I see myself in many of those kids being so excited about science,' Gallerani said.

DAR presents Good Citizens awards



-2 degrees Celsius," said flight from Worcester to at Uxbridge Public Schools Airport to meet up with

Soter presents UHS seniors with citations ahead of National Student Government Day

UXBRIDGE

Superintendent Michael Baldassarre and Principal Michael Rubin are pleased to share that Massachusetts State Rep. Michael Soter recently presented two Uxbridge High School Seniors with citations ahead of National Student Government Day.

On Thursday, April 4 Uxbridge High School joined Rep. Soter, Selectman John by Wise, Superintendent Baldassare, Principal Rubin, Vice Principal Matt Bertrand, Dean of Students David Moura and Social Studies Teacher Brian Grady presented seniors Olivia Holden and Olivia Gray with citations recognizing their involvement in student government.

Holden is a member of the Uxbridge High School Performing Arts Department, the Uxbridge High School Girls Varsity Soccer Team, and the Tri-M Music Honor Society.

Gray is a five-year member of the Uxbridge High School Girls Varsity Soccer Team and completed an internship in the social studies department



From left: Teacher Brian Grady, Olivia Holden, Olivia Gray and Rep. Michael Soter.

this year. She is also a member of the National Honor Society and is active in several community activities.

In addition to this recognition, both Holden and Gray were invited to attend Student Government Day 2024, held on Friday, April 5 at the Massachusetts State House. Grady was also in attendance.

Student Government Day, formally known as Good Government Day, is an informative program about state government that includes students taking on the role of elected

or appointed officials to observe the processes of government. The goal of the event is to provide an immersive experience in the state legislative process by allowing students to engage with representatives and empowering them to voice their own informed views on current legislation.

Throughout the day, Holden and Gray had the opportunity to participate in the legislative process through simulated committee hearings and House and Senate formal sessions, and exchange

views with their peers lizing their knowledge throughout the state on of statewide issues.

"On behalf of the district, I would like to con- Good Citizens are gratulate Olivia Holden Sarah Cowen from and Olivia Gray who Northbridge were selected to represent School, Cecilia White Uxbridge High School from Douglas High during the 77th annu- School, Caleb Deters al Student Government from Day," said Superintendent Christian High School, Baldassarre. "They have and Brian O'Connell both devoted significant from Blackstone Valley time to our school organizations and we are thrilled to join Rep. Soter in rec- outstanding young citognizing their contributions."

Pictured, left to right: Chapter Regent Noveline Beltram, Sarah Cowen from North-bridge High School, Cecilia White from Douglas High School, Caleb Deters from Whitinsville Christian High School, and Brian O'Connell from Blackstone Valley Technical High School.

DOUGLAS — On award funded through April 9, the Captain Job Knapp Chapter of the Daughters of the American Revolution presented their 2024 Good Citizens Awards & Scholarships. This award is given by the chapter to honor four area high school seniors selected by their teachers who demonstrated good citizenship qualities of dependability, service, lead-ership, and patriotism in their homes, schools, and commu-nities. The students wrote timed essays uti-American Civics and History.

year's This High Whitinsville Technical High School.

Each of these four izens received a DAR Good Citizens pin, a certificate, and a \$300

a generous donation from Unibank and the chapter. The DAR Captain Job Knapp Chapter would like to publicly thank Unibank who has been a community supporter of this Scholarship for more than 50 years.

The National Society Daughters of the American Revolution, founded in 1890 and headquartered in Washington, D.C., is a volunteer women's service organization ded-icated to promoting patriotism, preserving American history, and securing America's future through better education for children. It is a nonprofit, non-political, volunteer women's service organization. Any woman who has an ancestor who fought in or ren-dered aid in the American Revolution may be eligible for membership in DAR. For more information, please contact Chapter Regent Noveline Beltram at noveline@ verizon.net.

Courtesy

Uxbridge Senior Center

36 South Main St. 508-278-8622 Lisa Bernard -Director Gail Boutiette Outreach Coordinator Donna Oncav Transportation Coordinator Omer Boucher -Van Driver Sally Selvidge Activities Coordinator Pat Ordway – Chef DIRECTOR **NEWS FOR MAY 2024** NEWSLETTER

The Uxbridge Elderly Connection will be holding their Annual Meeting Wednesday, on May 8th at 5pm at the Senior Cen-ter. We will be reviewing the Annual Report and the election of Board of Directors members. Any member of UEC interested in running for the Board should contact Director Lisa Bernard or Donna Oncay at the senior center. The

Uxbridge Elderly in this important Connection is the civic event. fundraising arm of the senior cen-Administration ter and provides for Community financial funding for some of the senior center's activities and programs. Please join

us! The Spring Town Meeting is scheduled for Tuesday, May 14th at 7pm at Valley Chapel located at 14 Hunter Road in Uxbridge. Please plan on attending to participate

nation's vance of Older Americans Month (OAM). The 2024 theme is Powered Connection, by which recognizes the pro-found impact that meaningful relation-

Every May, the

ships and social connections have on our health and well-being. We will explore the vital role that connectedness plays in supporting in-dependence and aging in place by combatting isolation, loneliness, and other issues.

Join us in promoting the benefits of connecting with others. Here are some ways you can participate:

Promote resources that help older adults engage, like attending the senior center hot lunch program or taking part in activity social groups, and volunteer opportunities.

Connect with local services, call the senior center to book your Wednesday shuttle transportation, that can help you over-come obstacles to going out for lunch or go shopping with your friends to achieve and maintain meaningful relationships.

Share facts about the mental, physi-



Wellness Coordinator, in walking local trails in Uxbridge. Walking with a group can help you meet new build people, friendships, and provide a sense of community. Being active is the secret to staying healthy, and walking is one of the easiest and least expensive ways to get moving. The group meet every Tuesday at 2pm starting on May 14th. The location for the month of May will be the Blackstone Valley Greenway located on Adams Street in South Uxbridge (near McDonald's). Participants will Doreen meet at the walking site, the location may change each month. The program is weather permitting and there is no charge. Don't forget to wear comfort-able shoes and bring a water bottle. Participants are required to complete an enrollment and waiver form. Please call the senior center for more info and

cal, and emotional forms. health benefits of Best wishes for social connection a Happy Mother's by attending the Day and restful senior center exer-Memorial Day to all!

Thank you, Lisa Bernard, Director

Thursday May 2nd - 10:30 am – Veterans' Services with Carl Bradshaw by appointment only. Call 508-278-8622 to sign up.

Thursdays, May 2nd, 9th, 23rd & 30th - 1:30 pm -2:30 pm – Zumba Classes Continue! New 8-week session will start up on June 6th.

Thursday, May 2nd & 9th - 2:45 pm -3:45 pm-Last Low Impact Exercise Class. New 8-wek session will start up on June 6th.

Friday, May 3rd – 12:00 pm – Lunch & Learn with Chief Montminy. His guest speaker will be Deb Blackburn from Peoples First Food Pantry and she will be discussing Food Insecurity of the Elderly. Be sure to RSVP for this informational luncheon.

Monday, May 6th - 3:00 pm - 4:00pm - Computer Tutoring with students from BVT. Please call ahead to book an ap-pointment. This will be held on the first Monday of each month. Next date will be



Monday, June 3rd.

Wednesday, May 8th - 5:00 pm - The Uxbridge Elderly Con-nection will be holding their Annual Meeting at the Senior Center. They will be reviewing the Annual Report and the election of Board of Directors members. Any member of UEC interested in running for the Board should contact Director Lisa Bernard or Donna Oncay at the senior center. The Uxbridge Elderly Connection is the fundraising arm of the senior center and provides financial funding for some of the senior center's activities and programs. Please join

Friday, May 10th - 12:00 pm -Annual Mother's Day Celebra-tion! Please join us to celebrate all moms and those who love and care for each We will other. have Bob Moon as our entertainer for this event! The meal is being sponsored by the Uxbridge Elderly Connection Inc. Space is limited and there is a wait-

us!

list.

Monday, May 13th – 8:00 am – 4:00 pm - MARTAP Staff Training -No lunch will be served today.

Tuesday, May 14th - 1:00 pm -Uxbridge Library Book Club. They will be discussing "The Nightingale" by Kristin Hannah. You are welcome to join us for lunch on this day, just be sure to call ahead to "book" yours! Next month is on Tuesday, June 11th pm – Benefit Enrollment Specialist - Tri-Valley, Inc. Call the senior center to book an appointment with Katelvnn Wackell.

Next date will be

June 11th.

Tuesday, May 14th - 7:00 pm -Annual Spring Meeting Town at Valley Chapel, 14 Hunter Drive. Please plan on attending and participate in this important civic event.

Monday, May 20th - 1:30 pm – "Ask the Attorney" with Attor-ney Ralph Tepper by appointment only. Please Call 508-278-8622 to schedule your appointment.

Tuesday, May 21st - 9:00 am -12:00 pm - SHINE Appointments Pat Nectow. our SHINE Counselor, is back to help vou with your health insurance questions. Please call 508-278-8622 to schedule.

Friday, May 24th & Monday, May 27th - The Center Senior will be closed in observance of Memorial Day. We will re-open on Tuesday, May 28th.

Tuesday, May 28th - 11:00 am – 12:00 pm – Ask the Nurse Free Blood Pressure Clinic with Nancy Favulli, Salmon Health VNA. RSVP to participate and to join us for lunch.

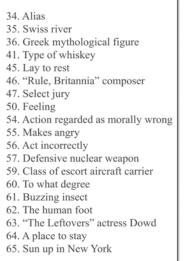
Friday, May 31st - 11:30 am -12:30 pm - "PopUp Library". Books will be on display to check out, library card signups, book hold pick-ups, etc. This program is being offered by the Uxbridge Free Public Library.



50

CLUES ACROSS

- 1. Midway between south and southeast 4. For each 7. Airborne (abbr.) 10. Photographs 11. They 12. It's important in respiration (abbr.) 13. Monetary unit 15. Cool!
- 16. A son of Jacob
- 19. Cut off
- 21. Devour
- 23. Agent of one's downfall 24. Best
- 25. Network of nerves 26. Partner to "oohs"
- 27. Origins
- 30. Sewing utensil
- **CLUES DOWN**
 - 1. An involuntary muscular
 - contraction
 - 2. Earnest
 - 3. Cuts out surgically
- 4. Can't move
- 5. Baseball stat
- 6. British soldier
- 7. Traditional medicine plants 8. Political party controlled by
- managers
- 9. Hebrew prophet
- 13. Supporter
- 14. Relative biological effectiveness (abbr.)
- 17. Liberty Mutual mascot
- 18. Georgia rockers
- 20. A place where building is done 52. Witness
- 22. Large, deep-bodied fish
- 27. Clothing retailer
- 28. Supplement with difficulty



29. Annoy constantly

33. Sea eagle

37. Leave behind

38. Time of day

31. Founder of Babism

41. A diamond has three

42. Algerian coastal city

47. Distinctive practice

48. Defunct phone company

51. Eliminate from the body

53. Soviet Socialist Republic

58. Founding Father Franklin

49. Turkish officer of high rank

43. Remove cover

44. Rechristened

32. Indigenous person in parts of Asia

39. Colorless crystalline compound

40. They lay out course requirements



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and their book will be "One Italian Summer" by Rebecca Serle.

Tuesday, May 14th - 1:00 Turn To UXBRIDGE page A8



BLACKSTONE

\$24,000, Blackstone St, Fontes, Jessica L, to Mohn, Zackery.

DOUGLAS

None

NORTHBRIDGE

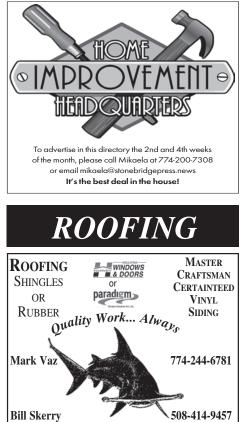
\$620,000, 28 Viewpoint Way #92, Stone Hill Partners LLC, to Gremo, Debra A.

\$335,000, 548 Benson Rd, Ouillette Ft, and Jaynes, Brennan, to Almeida, Ryann.

UXBRIDGE

\$602,390, 264 Crownshield Ave #264, Sterling Court LLC, to Kandukuri, Venkatakrishna, and Kandukuri, Aruna.

\$450,000, 299 W River Rd, Krull, Michael A, and Krull, Mark D, to Natiello, Brandon, and Natiello, Brianna.



HAMMERHEAD CARPENTRY

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Millbury Senior Center

CRAFT CLASS Tuesday, April 23rd at 1 - 2 P.M. Class is \$5 per person Price may vary due to project Call or stop by the center to RSVP 508-865-9154 SOCK HOP Thursday, April 18th 1-3 P.M. Call or stop by the center to RSVP 508-865-9154 COFFEE & DESSERTS WITH LIBRARY WEDNESDAY, APRIL 24th 12:30 - 1:30 P.M. Call or stop by the center to RSVP 508-865-9154 THERAPY GARDENS т е С Η ESSENTIALS Tuesday, April 16th at 1-2 P.M.

Call or stop by the center to RSVP 508-865-9154 Uxbridge High School Student Council earns national award

UXBRIDGE — Superintendent Michael Baldassarre and Principal Dr. Michael Rubin are pleased to announce that the Uxbridge High Student School Council has been recognized as a National Gold Council of Excellence.

The National Association of Student Councils (NASC) recognized Uxbridge High School's Student Council for its exemplary record of leadership, service and activities

BETTER **BREATHERS CLUB** Tuesday, April 30th at 10 - 11 A.M. Meet with a representative from Senator Moore's office!

Wednesday, April 3rd First Wednesday

the month of between 11 - 12 P.M. All are welcome to meet and discuss issues of importance or looking for

Any questions please call 508-865-9154

TION will be accepted by

the WRTA Millbury Seniors 60 and older / those with ADA services call 508-752-9283 in order to register with the

that improve the

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The award is a

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NASC's National

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TRANSPORTA Allappointments

WRTA in advance need they

transportation Transportation Hours are Monday through Thursday from 8 A.M. to 3:30 P.M. & Fridays 8 A.M. to 11:30 A.M. Rides have to be scheduled by 4:30 P.M. the day before by calling 508-752-

9283 For more information on regards to transportation

call the center at 508-865-9154 SENIORCENTER EXERCISE CLASSES! Z U M B A

CLASSES Mondays at 1 P.M. (Class is \$3)

LIGHT EXERCISE CLASSES

Mondays and Fridays 9:30 A.M. – 10:15 A.M. (Free!) TAI CHI Tuesdays 9:30 -10:30 A.M. (class is \$3)

LINE DANCING CLASSES

Gold Council of

Excellence at the

Massachusetts

Student Councils

March. According

Gold Council of

Excellence is one

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10:30 A.M. (Class is \$3) YOGA Thursdays 9-10

A.M. (Class is \$3) SENIORCENTER **ACTIVITIES!** MAHJONG

Mondays at 12:45 P.M.

CRIBBAGE Monday through Friday 8:30 A.M.

Tuesdays at 1:00 PM. BLOOD PRESSURE CLINIC

Every Tuesday from 9 A.M. - 10 A.M. SOCIAL BINGO

Wednesdays at 1 P.M. Bring your pen-

nies! PITCH

Thursdays 1 – 3 P.M. COLORING Thursdays at 10

A.M. Lunches are served Monday

through Thursday

Wednesdays at 12 P.M. Friday 11:30 A.M. The menu is

> available on the town website, www. townofmillbury.org Or our Millbury Senior Center Facebook page.

A 48 hour reservation is required. Call the center at 508-865-9154 "MEMORY CAFÉ"

Please join us on Tuesday, April 23rd 2:00 - 3:30 P.M. Refreshments

will be served A Memory Café is a monthly gathering for people with memory loss/challenges and their care partners. It is a time to socialize, make new friends, and

have a good time Our Outreach worker, Julie Fitzgerald. is happy to answer any questions.

call to RSVP 508-

S Ν Α **APPLICATIONS** (Food Stamps) appoint-Our

865-9154!

ments are on Tuesdays & Thursdays 10 A.M. -2:00 P.M.

Call for an appointment & required documentation

508-865-9154 "This project has been funded at least in part with Funds Federal from USDA.

This institution is an equal opportunity provider The SNAP Logo is a service of the U.S. Department of Agriculture. USDA does not

Р

endorse any goods. services or enterprises.'



Rutland, MA 28th Annual Town Wide Yard Sale Sat. April 27 200+ participants

Maps at town lines and on Common (Rts 122A and 56) starting at 7:15 AM Rain or Shine ~ Join the Fun!

SAVE THE DATE: Saturday, April 27th from 8AM to 12 PM Friends of St. Louis Yard Sale

Located in the Church parking lot Cleaning out? Save you item that are clean & in working order to donate to our yard sale.

Rent a space - \$10 Need a table - Additional \$20

We are accepting donations which can be dropped off at the church hall.

Saturday, April 20, from 8AM to Noon Thursday, April 25 from 4 to 6PM Friday, April 26 from 4 to 6PM

Please Note: We cannot accept large furniture, bedding or electronics. Clothing accepted in clean decent condition (no rips or holes)

ARTHRITIS?

Is your arthritis care all that you would hope it to be? If not we may be able to help.

Osteoarthritis of Hands - Knees- Hips. **Back and Shoulder Problems Rheumatoid Arthritis Psoriatic Arthritis - Gout**

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25 Oak Ave., Worcester, MA 01605 508-799-2674 "Committed to Advancing appropriate care to people with arthritis"



Northbridge Historical Society Speaker Series continues with "Old House Do's and Don'ts"

NORTHBRIDGE -The Northbridge Historical Society continues its guest presenter Speaker Series Presentation with "Old House Do's and Don'ts." Rachel Farago, Preservation Services Manager for Central New

for your old home regardless of age. Thoughtful. informed repairs and alterations can preserve its historical and architectural character while updating it for present-day living. Enjoy an illus-

sidering changes, and suggestions including updating and expansion, improving energy efficiency, and working with your home's best features to enhance curb appeal. Questions are encouraged.

The event is the Northbridge Memorial Town Hall. Seating is limited. Contact Folloni1908@ gmail.com to request your seat(s). A confirmation email will be sent. This event is made possible through

competitive scor- babysitting services ing rubric voted on to the school's PTO by a committee of members.

also Members Uxbridge participate in the Special Olympics School Council Massachusetts focuses on com-Annual Polar raising munity and school Plunge service. In an effort money to support Special Olympics to give back to the community, coun-Massachusetts.

cil members reg-"I would like to congratulate the ularly support the People First Food Student Council Pantry, volunteer on this outstandat the local senior ing achievement," center, support the Principal Dr. Rubin "They are school's PTO with said. event planning and projects, sponsor school spirit events, participate in the annual clean up, and offer

leaders who work hard to create positive change in our school by supporting and uplifting their peers and community members. They are well deserving of this prestigious award."

incredible student

1152 Main Street • Route 9

England at Historic New England, will offer tips, insight, trated lecture and learn what to think about when con-

scheduled for а grant Thursday. June 6, at 6:30 p.m. at

from the Northbridge Cultural Council.





Dante Age 13

riding on scooters outdoors.

Dante is navigating the complexities of middle school with the support of an IEP. Dante has a great relationship with staff and is working on developing strong peer relationships.

Dante's social worker is looking for a devoted family who will provide him with the love and guidance he needs. Interested families need to be firmly committed to providing appropriate ethnic and cultural role models and information with respect to his birth cultures which includes discussing racism and discrimination. Developing and fostering a relationship with his big brother and former foster family is very important, this includes calls and visits.

https://adopt.mareinc.org/waiting-child-profiles#gallery/child/7323

If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care visit www.mareinc.org . Massachusetts Adoption Resource Exchange (MARE) can give you guidance and information on the adoption process. Reach out today to find out all the ways you can help children and teens in foster care.



Hi! My name is Dante and I love wrestling!!!!

Dante is a sweet, affectionate young man who loves hugs. He is great at interpreting facial expressions and identifying emotions. Dante has a strong interest in wrestling and is the proud owner of several wrestling action figures that he spends a great deal of time playing with. He also loves playing video games, listening to music, and dancing. Dante enjoys playing with other children and caring for the goats and the donkey who belong to his residential care facility. He also enjoys playing on the swings and



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FRANK G. **CHILINSKI** President & PUBLISHER

BRENDAN BERUBE EDITOR

EDITORIAL Rediscovering the lost art of manners

In an era characterized by hurried interactions and digital communication, it's not uncommon to hear lamentations about the decline of manners in modern society. Indeed, it often seems that the gracious etiquette of our ancestors has been relegated to the annals of history. Perhaps it is worth taking a moment to reflect on the timeless wisdom embodied by the manners of yesteryear.

Our ancestors lived in a world where courtesy and respect were not mere niceties, but fundamental principles that governed social interactions. Whether it was a firm handshake, a heartfelt expression of gratitude, or a genteel gesture of chivalry, manners served as the currency of civility.

One need only look to the etiquette manuals of bygone eras to gain insight into the elaborate codes of conduct that governed everyday life. From the intricacies of formal dining to the protocols of courtship, these guides offered a blueprint for navigating the complexities of social interaction with grace and poise. Moreover, they underscored the importance of empathy and consideration for others.

In contrast, the frenetic pace of modern life has often led to a blurring of boundaries and a loss of interpersonal decorum. In our quest for efficiency and convenience, we risk sacrificing the human connection that lies at the heart of meaningful communication. The rise of digital communication, while undeniably convenient, has also eroded the nuances of face-to-face interaction, leading to a decline in empathy and understanding.

Furthermore, the erosion of traditional social structures has contributed to a sense of individualism that often prioritizes self-interest over communal harmony. In an increasingly atomized society, the concept of manners can seem antiquated, relegated to the realm of quaint nostalgia rather than a relevant guiding principle for modern life.

Just as the customs of our ancestors evolved in response to the challenges of their time, so too can we adapt and redefine the concept of manners for the 21st

PINION the Blackstone Valley and beyond LETTERS TO THE EDITOR

Davis announces for Douglas selectman Highway Department. They need help to experience

To the Editor:

My name is Harold (Hal) Davis, and I have filed nomination papers for the office of Douglas Selectman. I previously served four terms as a Selectman and aims to complete projects to make Douglas an even better place to live.

I take pride in helping to more than doubling the commercial tax base in Douglas. The main aim of our economic development program is to help relieve the property tax burden on our homeowners and tenants. With our economic development program moving along, I would like to have the Board of Selectmen take the lead in making Douglas an even better place to live. In particular, we need to look at ways to speed up our resurfacing of the Town roads. Tired of bouncing from one pothole to another? We have a great crew of skilled workers in our

To the Editor:

Little Ricky here, reporting from the outer fringes of sanity, where I do battle with conspiracy lovers, religious fanatics, mushroom people, and Word Salad Annie.

Last week, we got a spleen full from the mushroom guy who loves to make accusations - "Biden does nothing but create division..." without ever providing an exam-ple. If all you want is "a secure border and legal immigration...", why wouldn't Republicans in the House – on Trump's orders - not sign the Senate bill that would have done just that?? "... trying to turn suburban areas into concrete playgrounds by erect-ing shopping malls and big box hardware stores. Mushroom Mike - who owns all those big businesses, and donates money to Trump and the GOP? "Trump never got us into a war, lowered our taxes.....". Trump undid the Iran nuclear treaty, which put the entire world in danger, as Iran now has all the elements for a nuclear bomb. He made the entire world wonder if they could trust the U.S. any longer. And he made Putin very happy. Biden hasn't started any wars, and finally got us out of one. He 'lowered taxes'... yes, on the rich, and increased the budget deficit by \$7 trillion. Mikey just forgot to mention any of that. Why is it that all the people

keep up with needed road improvements.

A second area I would like to address, once elected, is to create and implement a revitalization plan for our downtown. We should consider running our wires underground and develop common signage. We have made a number of attempts to find a use for the old grammar school building. Let us take another look at what makes sense for the Town in the way of new uses for this building or demolish it.

Troubled by sky-high electric bills? It is worth investigating the creation of our own municipal lighting plant. A number of communities that have gone this route have much lower electric rates. At least let us study and see if the investment is worth it in terms of reduced electric bills. I promise Douglas voters to use my

Tales of delusion

now speaking out against Trump, are Republicans, and former members of his cabinet, who observed his lunacy first hand? Mikey just wants someone "who will defend and support the constitution." Did he miss the part where Trump said he wants to void the constitution and then, be a dictator 'just for one day?' I think we know the real Mr. Magoo now.

Mikey presented all these dire predictions of a second Biden administration. Now, I'm afraid to open my front door! First, they were coming for my bible. Now they will force me to take in a groundskeeper. None with any proof, of course. And "Biden and his henchmen are hell bent on revising or removing the Second Amendment." Running out of material, Mike? No, we should all live in the 18th century, because nothing has changed. I suppose your doctor still uses leeches to moderate your humours? It would explain a lot. All the 'dribble' I posted as a warning if Trump is elected, is right out of Project 2025 - the GOP plan for the fascist takeover of the country. The right knows that the mushroom people don't read, and won't see it on Fox, but fortunately for the rest of us, it was leaked. You can look it up for yourself. You will get a good look at the theocratic dystopia you can expect. The current abortion fiasco is just a small example.

experience and imagination to make Douglas an even better place to live.

Opinion and commentary from

I am a graduate of Bowdoin College and the Georgetown University Law Center. I am a founding partner of the Boston law firm of Davis, Malm & D'Agostine, PC. My law practice is concentrated on municipal law and innovative concepts in economic development. For my services, I have received awards from the US Small Business Administration and several private organizations.

My wife Alida and I have lived in Douglas since 1997, along with a bunch of our animals that also enjoy the open space in town. If elected, I promise to put all my experience and imagination into making Douglas an even better place to live and raise a family.

Harold Davis Douglas

Funny how Mikey never mentioned that?

I do hate Trump. It's because I love our democratic republic. Anyone who doesn't despise this contemptible waste of skin, is just like him, or has Trump Derangement Syndrome. TDS is a mental illness characterized by the belief that a serial adulterer, pathological liar, guilty of fraud and of being a sexual predator, admirer and sycophant of dictators, who has filed for bankruptcy six times, and treats our legal system with contempt, will somehow make a good President.

Last week, I penned a letter detailing the last two years of our involvement in Afghanistan, and who actually was responsible for what. The editor refused to print the letter. So Mushroom Mike got away with another of his accusations without proof or example. I also took issue with Church Lady saying that Trump was "for the people". Trump is the guy who hid the severity of COVID so it wouldn't hurt his reelection chances, and is complicit in 400,000 unnecessary American deaths; and he's the guy who tried to repeal the Affordable Care Act that now provides the only source of health insurance to over 40 million "of the people?" "Of the people" my (expletive)!

Rick Bevilacqua Whitinsville

Share my work ethic, not my wealth

To the Editor:

Torn from the headlines of The New York Times and the Boston Globe! Illegal invaders bankrupt Woke Blue states!

Twentv thousand illegals in Massachusetts. Seventy-six motels, swamped. \$10,000 a month for each invader. \$1 billion in taxes wasted this year. \$1 billion for demolition next year. The town of Stoughton has more invaders than any town. They are nearly broke.

Massachusetts House Speaker Grifter Mariano said "every program we fund is susceptible to being tapped to fund the [illegal invaders] shelter program." As the signs at the State House say: "Politicians - Woke. Taxpayers - Broke." Mariano said: "Where are we going to get the money? There has to be some realities that people put forth ... " Realities? Seal the border and deport the free loaders. Make them use the legal system that Congress voted on. We do have a legal way to enter the country. Legally. Thousands of people who have filed legally to enter the country - legally are angry. They see people cut the line, violently, with no screening. And in the Non-Reality news from Comrade Healey: Massachusetts is 200,000 housing units short! The state will fix it by retrofitting single family homes into multiple unit homes while targeting "our climate and de-carbonization goals." I do not have any climate or de-carbonization goals, do you? We have politicians who have never done anything in the real world telling us what they are going to do to us with our money. Because they know

best. No, they just think they do.

The bill would wipe out single family zoning throughout the state. Communism.

New York City is facing fiscal disaster. It spends more tax dollars on illegal in-vaders and less on its own citizens: less on trash, less on transit, less on police and fire. Makes you feel warm and protected by your own government, doesn't it?

Mayor Adams insists New York City

never worked a real job do this so they can keep their U.S. representatives or increase them. Let me get this straight: replace taxpayers with illegal invaders who do not work and get free hand-outs so the politicians get more power.

As the late great Margaret Thatcher, the Iron Lady Prime Minister of England, used to say: "The problem with Socialism is that you eventually run out of other people's money."

We need a referendum on the November

century. Rather than lamenting the loss of a bygone era, we can draw upon its timeless principles to cultivate a culture of respect, empathy, and civility in our interactions with others.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

is safe. Then, why deploy 1,000 New York National Guardsmen to guard New York Transit?

New York City is the number one destination for illegal invaders, followed closely by Massachusetts. Why? Because Connecticut's Right to Shelter law requires a claimant to have lived in the state for five years. No illegals there. Problem solved.

Massachusetts spends \$75 million bucks a month on illegal invaders with no-bid contracts to contractors. I repeat, No Bid contracts in a state ruined by lowest bid contract law. How is this legal? Commie Healey will spend billions of your tax dollars on them, but cuts funds to cities and towns and tells them to raise their real estate and excise taxes! Hold onto your wallet.

This is lunacy. Can we afford this? Groceries are up 36 percent under Creepy Joe.

Lunacy. Democrat politicians want illegals to increase the population as 1,000 working tax-payers a month flee Massachusetts. The politicians who have

ballot: Massachusetts General Law shall be changed immediately: "The Right to Shelter law is hereby amended to state that any assistance under this law shall require a five year residency in the state and proof of citizenship before any assis-tance will be provided." Fixed.

Did you witness the insurrection at our southern border when hundreds of "law-abiding" illegal male invaders attacked Texas State Troopers? Will they obey any laws when they get to Massachusetts?

Thank you, Creepy Joe, for making criminal cartels wealthy and for 10 million invaders. He is a weak, unprincipled politician as President who makes decisions solely on the basis of staving in power.

When you vote, hire no stupid politicians who have only ever had one income: yours. As the bumper sticker says: Share my work ethic, not my wealth. Signed,

> Bev Gudanowski Uxbridge

The last word on climate change hysteria

To the Editor:

What do you see when you look at a tree? For me, I see something as wonderful as a poem. I see an organism that removes carbon dioxide from our atmosphere and in return it gives off oxygen, the tree also provides us with shade and homes for the birds, bees, and squirrels to name a few. Moreover, there is so much more to these organisms that I discovered and trees give us the following but not limited to: Prevent flood-ing, promote health, prevent soil erosion, trees increase communities, help the econ-omy, hold soil, protect the future, etc. A healthy leafy tree can absorb 450 liters of water per day which prevents flooding and with our rainfall recently, it's a good thing we have lots of healthy trees where we live in the Blackstone Valley. Trees combat pollu-tion and help the environment and that is something that the left in this country refuses to see, they want to do things their way so that their ilk may profit from it. Trees according to band wagon scientists say, "as trees decay and decompose, microorganisms release carbon dioxide and break down its organic matter. This can have a negative impact on air quality and contribute to climate change." The solution is simple, stop deforestation and let Mother Nature do her work like she has done for millions of years. Our carbon dioxide levels worldwide is 0.04 percent, so decomposing trees is not a big deal, truthfully I believe we are the carbon that scientists want to eliminate.

Our Whitinsville liberal claims that climate change is real when in fact, it is and will always be a HOAX. Little Ricky what do you do for work? McDonald's?

Are you a gov-ernment official? Do you work cleaning the booths in Chinatown? I guess we'll never know what you do but one thing is for sure a climatologist you are not and that's why I will present facts from real climatologists and not use your method of "winging it.'

Dr. Judith Curry (climatologist) was interviewed by John Stossel and during that interview Dr. Curry pointed out several misconceptions that you should be aware of. One she was misquoted many times by a certain liberal news network... that's right CNN the fake news organization. When Dr. Curry attempted to clear up the error on their part she was demonized by the left and no longer regarded as a spokesperson on climate change. In others, Dr. Curry wasn't saying Turn To **LETTER** page **A8**

To the Editor:

Look out, Trump haters. The "Woke" folk at the New York Times are alerting you "Woke" geniuses to the truth. Doing so from deep within the innermost confines of the New York Times "Woke" reporting bubbles.

In its April 14, "Four Years Out, Some Voters Look Back ..." piece comes the New York Times tale of a former Trump hater, Maya Garcia, age 23. Who says "... she has come to believe that Mr. Trump's contentious style helped control crime and maintain order in the country."

Realizing that Trump actually cares While adding this Trump supporting gem, "... to be honest, if you look deep into his personality, he actually cares

about the country." Garcia then cuts to the chase with the facts that she, "...voted for Mr. Biden four years ago but has been unhappy with his handling of the border, crime, mental health and the rising cost of living." And that her plans are to back Donald Trump in November.

Meanwhile, on Saturday the 13th, protected by her almighty "Woke" bubble, the ultra-left-wing looney tunes character Michelle Cottle went to hobnob with the rank and file of the Make America Great Again movement. With her highly opinionated rant published by the New York Times on Monday the 15th under the banner, "What I Found Inside the MAGAverse on the Eve of Trump's Trial.'

With the wicked witch Cottle discovering the obvious truth of "...variations on this theme: Mr. Trump is the victim of a political witch hunt."

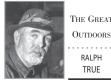
At which point Cottle, from the greater sanctity and sanctuary of her Trump hating "Woke" bubble, declares that the Trump supporters are the ones who reside in their "alternate-reality bubbles" of the right-kind.

Oh, the humanity. If only Michelle Cottle had brought along a proper translator with her. Such as Maya Garcia, age 23, to explain what was actually going on for the greater good of America.

For it was a gathering of people where each and every one of them but Cottle .. actually cares about the country."

Stephen Gambone Northbridge **BLACKSTONE VALLEY TRIBUNE**

Friday, April 19, 2024 .5



Trout fishing takes center stage | Malfunctioning laptop halts MCAS

OUTDOORS RALPH TRUE

Trout fishing took center stage for many anglers that enjoyed catching them this past weekend. The Uxbridge Rod & Gun Club had a good turnout of anglers lined up around their trout pond early, waiting for the 8:00 am opening! Fishing was slow for most of the fishing derby, but many anglers managed to catch their two fish limit, prior to the 10 a.m. deadline. Erin Kossuth managed to catch her first prize winning fish early. The 19 inch rainbow trout was a fish any angler would enjoy catching. Scott Graham took second place and Corey Lepage took third.

A great breakfast was enjoyed prior to fishing by many anglers. Steve Bedard does a great job as kitchen chairman along with



The main parking lot was not full at 8 a.m. For those that did attend the opening day at Wallum, fishing was good for most, with many anglers catching their five trout limit. Law enforcement from both Mass.

& Rhode Island

this past Saturday.

Thanks, guys and

committee.

his

gals.

This week's first picture shows Erin Kossuth

with a nice rainbow trout she caught at the

Uxbridge Rod & Gun Club annual trout derby

were on hand

early to check for

boat registrations

and fishing licens-

es. Safety equip-

ment was also

weather was coop-

erating this year,

with light winds

temperatures.

Unfortunately,

very few young-

sters were present

to enjoy the day.

Major rivers and

streams should be

stocked by now,

with the swollen

rivers receding

favorable

inspected.

and



Courtesy

This week's second picture shows Rene with a nice stringer of rainbow trout he and his fishing partner Ken caught at Wallum Lake opening day last Saturday.

few weeks.

weather

property

wildlife.

weather

flooding,

tions

country killing

many residents

and destroying

this week across

the Midwest, with

fires, tornados,

Unfortunately, it

seems as though

and

These

condi-

etc.!

continue

few

The

from the heavy this will be the rain in the last norm for our country for years to come because Over the past months, we failed to heed the warnings of condi-Scientist. Global tions have raised havoc across the warming?

Cod fishing in Rhode Island waters is improving when the boats can get out. Tautog fishing remains slow, but should blow wide open in a couple of weeks. Take A Kid fish-

ing & keep Them **Rods Bending!**

testing at Uxbridge schools UXBRIDGE

Superintendent Michael Baldassarre issues the following update following Tuesday's incident involving a malfunctioning laptop at Whitin Intermediate School.

On Wednesday, April 10, all students in the district using ACER C734 Chromebooks returned their laptops to school so that the district can conduct a thorough safety evaluation of all the devices.

On Wednesday morning, ACER representatives, including the director of services and chief engineer, met with district administration to review the affected laptop using high-definition cameras. At this time, the cause of the malfunction remains under investigation.

AllACERC734Chromebooks will remain in the possession of district administration until the investigation and safety evaluations conclude.

Previously scheduled MCAS testing at Uxbridge High School and the Taft Early Learning Center, as well as seventh-grade ELA MCAS testing at the Whitin Intermediate School, proceeded the following day without disruption.

ACER will send the district 450 laptop devices that have the appropriate operating system so that MCAS assessments can resume for students in grades 4-6. The devices are expected to arrive on Monday, April 22. In addition, ACER will send representatives to Uxbridge that week to ensure the proper setup of the alternate devices.

State education regulations call for all MCAS testing to be complete by April 26. The district is working to reschedule ELA MCAS testing for grades 4-6 to meet the state deadline. More information regarding scheduling will be provided as it becomes available.

Sutton Historical Society to host presentation, other happenings

SUTTON — On Tuesday, May 7, at 1 p.m. at the Sutton Senior Center, 19 Hough Rd., the Society will host member, Ed Chrostowski, who will share his metal detecting expertise. Ed has metal detected several historic properties in Sutton finding many interesting artifacts which will be on display. Ed will also discuss the various tools used in metal detecting. Not only does Ed dig into the ground, but he meticulously documents where items were found and links them to individuals who lived on the properties. This free presentation is open to all members and the general public of all ages.

The Annual Town-Wide Yard Sale hosted by the Sutton Historical Society will be held

of building the business of S.C.E. Real Estate itself

should divert from the tradi-

Too often, we've come across

the conventional character

tional industry standards.

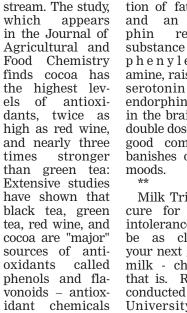
And it does.

on Saturday, June 15 from 8 a.m. - 1 p.m. Participant registration forms can be found at suttonhistoricalsocietyinc. org. Cost to participate is \$10. The Society does accept yard sale donations for the benefit of the Society. Please no items such as TVs, computers, monitors, upholstered furniture or clothes will be accepted as a donation. Contact sutton1704@gmail.com if interested in donating items or if you have any questions.

The Sutton Historical Society is a 501(c)3 organization dedicated to preserving history in the Town of Sutton. Membership is open year-round. Members do not have to reside in Sutton. For more information, visit suttonhistoricalsocietyinc.org.

Chocolate. It's the universal symbol of good taste and indulgence. A heart shaped box of hand packed chocolates shows one's affection, just as a rich chocolate dessert serves as the perfect end to a fancy meal. Good chocolate, much like fine wine, is now being chosen by vintage years, elevating the sweet, confection rich to status symbol level.

what if But the delicious sweet treat, long enjoyed by kings



Milk Trick: The cure for lactose intolerance could be as close as your next glass of milk - chocolate, that is. Research conducted at the University Rhode Island sugfound naturally in foods that can help gests chocolate prevent chronmilk may have ic diseases such surprising bene-

who

chocolate

"Chocolate

Love milk choc-

olate? You, tend

to be an innocent

person who likes

to live in the past.

chocolate? You are

likely a materialis-

tic, problem solv-

ers who is excited

olate fans have

an innate sense

of fairness and

believe they have

the power of the

universe at their

Langham also

choice of filling

and shape can

also reveal much

about your nature

and state of mind.

He says those who

favor oval shaped

chocolate candies

are social and sen-

sual, while those

who prefer choc-

olate covered cof-

fee filling candies

are open-minded,

but also impa-

anxious

tient,

by the future.

White

command.

claims

Prefer

Dare

dark

choc-

your

tion of fat, sugar and immature. and an endorreleasing substance called phenylethylamine, raises both about and endorphin levels in the brain. That double dose of feel good compounds banishes our bad

Worse yet, those who roll the wrapper into a ball have a boring romantic of life, according to the doctor.

aphrodisiac, as the ancient Aztecs believed, chocolate contains phenyl ethylamine (PEA), a natural substance that is reputed to stimulate the same reac-tion in the body as falling in love. Hence, heartbreak and loneliness are great excuses for chocolate overindulgence. * Napoleon carried chocolate with him

energy. *Great

well beyond the closing table. More than a realtor — consul-

tant, go getter, strategist, prob-

But perhaps the most astounding claim from Dr. Langham is that a person's attitude romance is revealed in the way he or she disposes of the chocolate wrapper. He claims a person who crinkles up a wrapper before tossing it away has so much on their mind that they can't concentrate on romance.

Celebrating Chocolate!

S.C.E. Real Estate makes it personal DOUGLAS — It's not just

business. It's personal. If how we do one thing is how we do everything, then it follows that taking the purposeful, intentional steps

on his military campaigns, and always ate it when he needed quick

traits in the general realm Late of real estate: power hungry, Chef James Beard competitive, self-serving, to Chocolate Fun used to toss a gratname a few. That couldn't be ing of pitter chocolate into chili to give it body and mellow the flavors.

TAKE THE Hint KAREN TRAINOR which

and royalty, had even more impressive attributes? What if the dark, creamy candy was actually good for you? While it may seem too incredible to fathom that a guilty conscience is no longer a requisite for indulging in the pleasures of chocolate, it's true! Thanks to medical studies that prove chocolate can be an aid to health, enjoying a chunk of the sweet stuff is now a shameless pleasure!

In celebration of chocolate, this week's column will promotes the chocolate revolution with a roundup of fun and informative chocolate-ology!

Take Two Bon Bons and Call Me in the Morning: Hershey bars as health food? No, vou're not dream-Read on for ing. fascinating the facts why chocolate is touted as a valuable health booster!:

The Chocolate Factor: Chocolate lovers, rejoice - here's a great excuse to enjoy everything from a cup of cocoa to hot fudge. Research now shows hot cocoa has more disease-fighting antioxidants than tea or red wine. In fact, the heat may help propel those health boosting compounds the bloodinto

as heart disease and cancer. Now you really can say "yes" to a cup of hot chocolate and dollop of hot cocoa fudge - with less guilt!

Cough Cure: If you thought nothing could be better Your chocolate of than discovering choice's shape and chocolate is good filling as well as for your heart how it is wrapped ~here's a new and disposed of, reveals personexcuse to break out ality clues, says a bar of Hershey's Dark. A study at Psychotherapist the National Heart Murray and Lung Institute Langham, author in London reveals of chocolate Therapy: dark To Discover Your better than is Inner Self." Here codeine for suppressing coughs! are some of his chocolate claims:

While codeine was effective at preventing coughs, theobromine, a compound in dark chocolate proved to be 33 percent more effective, preventing coughs for four hours, with no side effects! Dark chocolate can have up to 450 milligrams of theobromine, but milk chocolate has

much less. So how much chocolate should you self-prescribe? Experts say about two ounces for an adult should tame both your coughand your cravings!

Mood Food: The creamy, sweet taste of chocolate has long been the prescription for a bad mood - but now it seems medical experts agree chocolate really can elevate our moods! It seems combinathe

iits for individuals Facts:

*People who are lactose who intolerant. In a constantly crave chocolate could case study, those consumed be deficient in consider adding milk showed signifimagnesium, а cant reductions in which is found in their symptoms. chocolate.

*Chocolate syrup was used Choco-Therapy: for blood in the famous shower scene in Alfred Hitchcock's movie, Psycho.

*On his fourth voyage to the New World, in 1502, Christopher Columbus was the first European to taste chocolate.

*The average American eats about 11 pounds of chocolate a year.

*The Midwest and the Northeast consume more candy per region than the South, Southwest, West or Mid-Atlantic states.

*Chocolate in a blue wrapper does not sell in Shanghai or Hong Kong because the Chinese associate blue with death.

*The best selling candy bar in the U.S. is Snickers.

*Chocolate was once considered a temptation of the devil.

*It takes 400 cacao beans to make one pound of chocolate.

*The melting point of cocoa butter is just below the human body temperature (98.6 degrees), which is why chocolate literally melts in your mouth.

*Although chocolate is not an

Inn.

Your tips can win you a great dinner for two at the historic Publick House Historic Inn Sturbridge! in Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful

hints! Do you have a tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90: Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House

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NEWS!!!

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Idanos

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ValleyCAST hosts Yellow Tulip Garden Hope Day Celebration

WHITINSVILLE ValleyCAST, the arts and culture arm of Open Sky Community Services, in collaboration with the Yellow Tulip Project will be hosting their annual Yellow Tulip Gardens Hope Day Celebration on Wednesday, May 1 from 1-3 p.m. at the Dennis H. Rice Community Plaza. This free event is a celebration of resilience, joy, wellbeing, and community and the public is welcome and encouraged to attend. If it rains, the celebration will move indoors to the Singh Performance Center at the same location. The

Hope Day Celebration brings people together to celebrate hope, smash the stigma around mental illness, and bring suicide prevention, mental health aware-ness, resources and for recovery to community the anticipation in of May is Mental Health Awareness Month. This year's celebration will feature live music by The Blackstone Valley Quartet, a story of recovery by Christen Mahoney-Pick, wellness offerings, art making, resource information, and a chance admire our to yellow tulip Hope Garden in full



Annual

bloom.

collabora-ValleyCAST board members and staff, tion with Yellow Project, along with com-

munity members from the Whitin Community Cen-

said Toth.

throughout

2024-2025

vear.

Tulip Uxbridge Public Schools launches therapeutic crisis intervention training initiative

In



Left to right: Whitin Intermediate School Principal Leanne DeMarco, Director of Pupil Services Jenn Toth, Taft Early Learning Center Assistant Principal Jennifer Collins, Superintendent of Schools Mike Baldassarre and UHS School Adjustment Counselor Lori Tobin.

Over the past six Leanne DeMarco,

School

while

UXBRIDGE Uxbridge Public Schools is launching a new professional development initiative to train staff in Therapeutic Crisis Intervention for Schools (TCIS). an internationally renowned crisis and prevention intervention model.

According to ornell University,

months, four addi- and tional Uxbridge Adjustment have Counselor Lori leaders earned accredita-Tobin. tion from Cornell "Therapeutic University to pro-**Crisis Intervention** vide training to the gives our staff district's staff in the skills to safethis acclaimed pro-ly manage crisis gram. They were situa-tions trained directly by promoting posileaders from the tive relationships Bronfenbrenner and preventing for Trans-

a crisis does occur, TCIS provides safe, non-harmful intervention protocols to protect all involved. The training aligns with a trauma-informed approach that meets students' academic, social, emotional and physical needs. Studies show

CIS reduces inju

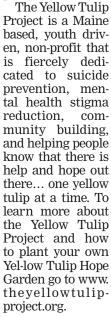
ter, Blackstone Heritage Corridor, and NOWA Peer Recovery Support Center, planted their first Yellow Tulip Hope Garden with 500 tulips at the Alternatives' Whitin Mill in the fall of 2020. This has since inspired the planting of vellow tulip gardens at the Whitin Community Center, The Rockdale Youth Center, Douglas Primary School, NOWA, the Whitinsville Common, Worcester City Hall, The Heartwell

Institute, and as far away as the Town Common in

After the Hope Day event, people are encouraged to take a short walk to the Whitin Community Center, 60 Main St., Whitinsville, and the Whitinsville Town Common to see three more yellow tulip Hope Gardens planted by the Whitin Community Center, the Women's Success Network, the local 4H Club, and Girls On The Run Worcester County with more than

1,500 yellow tulips planted in all.

Southbridge.





which developed program, the Superintendent Michael Baldassarre is one of only 44 professionally registered trainers of this program worldwide. He completed the process of becoming a professionally registered trainer in 2017.

Blackstone Valley Bluegrass to play next Grass Roots Coffeehouse concert

Agency

Toth,

Intermediate

School Principal



NORTHBRIDGE — Our next Grass Roots Coffeehouse concert on Saturday, May 4 features Blackstone Valley Bluegrass, a local favorite that has been performing for the Grass Roots crowds for more than 20 years! The band plays a mixture of traditional, contemporary, and original Bluegrass music and always puts on an entertaining show. The band consists of Tim St. Jean on mandolin from Putnam, Conn., Pete Fein on banjo from Stow, Peter Tillotson on bass from Grafton, and original band member Bob Dick from Northbridge.

The Grass Roots Coffeehouse is located at the Rockdale Congregational Church, 42 Fowler Rd., Northbridge. Admission to the concert is \$15. Hot foods, beverages and desserts are available prior to the concert and during intermission. Doors open at 6:45 p.m., concert begins at 7:30 p.m., and usually wraps up by 9:30 p.m. Proceeds support the artists and the church. The Coffeehouse is run by volunteers. For more information, visit http://www.rockdalechurchonline.org or call Bob at 617-429-0347.

futu crises, lational Research at said Baldas-sarre. Cornell University "With our own cer-The new TCIS tified trainers, we Level can provide con-Trainers are Taft sistent, high-qual-Early Learning ity training to our Center Assistant staff that prioritiz-Principal es both employee Jennifer Collins, and student safety Director of Pupil and well-being." Services Jennifer The TCIS pro-Whitin

gram is known for turning stressful situations with kids into opportunities to teach

them new skills. TCIS teaches staff strategies to prevent and de-escalate potential situations crisis through therapeutic rapport, emotional regulation and crisis co-regulation techniques. If

ries to students and staff, reduces worker's compensa-tion claims, improves staff retention creates a and more positive, supportive school climate. Uxbridge's adoption of this best-practice model demonstrates its commitment to providing a safe, nurturing learning environment for all students Without the

investment of trainers embedded within the school district, the cost of training staff would be significant, according to Director of Pupil Services Toth.

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15 North Main St. www.uxbridgelibrary.org 508-278-8624 May 2024 Programs POINTILLISM CHERRY TREE PAINT NIGHT

Calling all adults - join us on Thursday, May 16 at 6pm for Paint Night at the library! You will create a stunning cherry tree painting using pointillism. This painting technique originated during the Impressionist era and involves using dots of different colors to create an impression of flowers and grass. Start with a brush to outline the tree and background, then add colors and details using dots. This will give your painting a beautiful and unique texture. Registration is required sign up on the Library website or by calling the library at 508-278-8624.

SIGN UP FOR A CW MARS ECARD

Don't have a library card? You can sign up for a CW MARS eCard at home right now — it provides immediate access to the library's online resources, like ebooks and audiobooks on Libby or Hoopla, newspapers like the T&G on Newsbank, and movies and documentaries on Kanopy! You can always upgrade your eCard to a physical library card by visiting the library. Apply for a CWMARS eCard and use it today: https://bit.ly/ uxecard

ADULT PROGRAMS

Register now:

- Gentle Flow Yoga Mondays, May 6, 13, & 20 at 7pm & Thursday, May 23 at 7pm
- Uxbridge Knit-n-Stitch Circle Mondays, May 6, 13, & 20 at 6pm

Cardmaking Hands-On Workshop -May 9 at 6:15pm

Pointillism Cherry Tree Paint Night -May 16 at 6pm

Embroidery 101 with Madonna Terlizzi May 29 at 1pm & May 30 at 6pm

PopUp Library at the Senior Center -

May 31 at 11:30am Book-a-Librarian - Need help downloading e-books and using other library digital resources? Contact the library to book a 30-minute appointment with a librarian for hands-on tech assistance.

Wednesdays from 2:30pm-4pm. Join a Book Club:

Uxbridge Senior Center Book Club -The Nightingale by Kristin Hannah, May 14 at 1pm

Historical Fiction Book Club - The Berry Pickers by Amanda Peters, May 21 at 3:30pm

Bookies Book Club - The Guncle by Steven Rowley, May 20 at 6:30pm YOUTH & TEEN PROGRAMS

Register now:

Teen Book-In-A-Bag (ages 13+) – Pick up your themed book-in-a-bag choice between May 1-15

Teen Paint a T-Shirt! (ages 13-19) - May 30 at 6pm

Teen Tarot Readings (ages 13-19) - May 20 at 6pm

Music and Movement with Deb Hudgins (all ages) - May 2 & 16 at 11am Blossoming Youth Yoga (ages 5-12) -

May 6, 13, & 20 at 6pm

Lego Challenge Build (ages 6+) - May 8 & 22 at 4pm

Family Candy Bar Bingo (Theme: Ocean Creatures, ages 6+) - May 4 at 12:30pm

Virtual Fortnite Tournament (ages 8+) – May 9 at 6pm

The Blackstone Valley Community

Chorus is composed of singers

from towns throughout Central

Massachusetts. Singing under the

direction of Diane Pollard of Douglas,

the BVCC has been commit-ted to

bringing varied musical performance

opportunities to the Blackstone Valley

for almost twenty years. The BVCC has

also been invited to sing at the State

House in Boston on Wednesday, May

22. Visit the BVCC on Facebook or at

www.bvcchorus.com for more informa-

they want the world to see and read. Dr.

Curry explained that the IPCC never

points out the benefits of cli-mate change

and it was explained to me very simply

that there are benefits. For in-stance, we

are on the cusp of 8 billion people on

this planet and the need for more food is

growing along with the population. This

is where the benefits of global warming

should be welcomed, permafrost keeps

us from planting and the absence of

perma-frost makes that possible in cold-

er climate regions. Think of it — areas

where we could not plant crops are now

"Global warming is a part of the nat-

possible to feed the population.

tion on these events.

BVCC sings in spring!

UXBRIDGE — The Blackstone Valley Community Chorus will present their concert, "American Rhythms & Roots," on Sunday, May 19 at 3 p.m. The concert will take place at Valley Chapel at 14 Hunter Rd. in Uxbridge.

"American Rhythms & Roots" includes a blend of American folk music and jazz standards and celebrates American songwriters from George and Ira Gershwin to John Denver. Admission is free, though donations are accepted and appreciated!

LETTER

continued from page A4

what they wanted her to say. The interview was full of facts Little Ricky is going to hate, like that climate related deaths which the left believe (no facts) were going to go up in fatalities have gone down significantly. The data put together by scientists show that from 1920 to 2020 climate related deaths went from just under 500,000 to a mere 50,000 in 2020. According to Dr. Curry, the 1930's was the worst decade for natural disasters and New England's 1938 hurricane was one of them. Once again the data proves that beyond a shadow of a doubt that the climate is not getting worse like our Chicken Little liberals want you to believe. All of this climate hysteria was started just after Hurricane Katrina by none other than Dr. Curry herself who presented data that the media spun into a completely different version...their version and she chuckles at the fact that she started this whole thing. Alarmists and propagandists decided to tie extreme weather to global warming and voila... We have climate change and that's the story we're going to run indefinitely says our fake news. Dr. Curry also knows that the IPCC has not been telling the world all the facts relating to the climate and accused the IPCC of "cherry picking" the things 6pm Science with Amanda: Dolphins (ages 6+) – May 23 at 4:30pm

Henna by Jen! (ages 10+) – May 16 at

Craft Programs: Potted Lilies (ages 6-12) - May 7 at 4:15pm

Unicorn Miniatures Painting (ages 8+) May 13 at 4:30pm

Beaded Frames (ages 8-12) - May 14 at 4:15pm

Pom Pom Puppy (ages 4-7) – May 21 at 4:15pm

Build-a-Birdhouse (ages 6-12) - May 28 at 4:15pm

Storytimes and Playgroups:

Baby Storytime (0-2 years) - Mondays, May 13 & 20 at 11:30am

Toddler/Preschool Storytime (2-4

Upton VFW summer flea markets return May 11

UPTON — The Upton Veterans of Foreign Wars Post 5594 (VFW) will open its annual summer series of flea markets on Saturday May 11 at post headquarters, 16 Milford St. (Route 140) in Upton. It will be joined in May by the Blackstone Valley Garden Club that will offer outdoor and indoor greenery ready for spring planting.

Hours are 8 a.m. to 1:30 p.m. with donuts and coffee available in the morning, then hot dogs, chips, and cold drinks for lunch. Parking is free.

UXBRIDGE

continued from page A2

Friday, May 31st-12noon-May Birthday Cake Celebration. Come Celebrate all the birthdays that are in April!

Card Game played during lunch on Mondays.

Hannaford grocery shopping every Tuesday. Pick up begins at 8:30 AM. Please sign up in advance by calling us at 508-278-8622 to reserve your seat on the van.

Knitting Club every Tuesday @ 1:30 pm Come join the creative fun!

Walk & Talk Exercise Group every Tuesday @ 2:00pm - This starts on May 14th. Join Doreen Cedrone, our Wellness Coordinator, in walking local trails in Uxbridge. Walking with a group can help you meet new people, build friendships,

ning to take our liberties away all in the name of what they call good health and climate change.

Dr. Meryl Nass: The WHO Pandemic Agreement is a "soft coup", which will enable the WHO "to take over jurisdiction of everything in the world by saying that climate change, animals, plants, water systems [and] ecosystems are all central to health".

In addition to that, it will remove human rights protections, enforce censorship and digi-tal passports, require cial" narrative, and enable the WHO to join us for lunch! No Game on May 30th. declare "pandemics" on a whim.

years) - Wednesdays, May 8 & 15 at 11:30am

Baby Bumble (Socialization playgroup, 0-2 years) - Tuesdays, May 7 & 21 at 11am

at 11am

Drop-In Programs:

Crafty Wednesdays - Wednesday morn-

Toddler Tumble (Socialization play-group, 2-5 years) – Tuesday, May 14 & 28

ings and afternoons

Please visit the Library's website at uxbridgelibrary.org or call us at 508-278-8624 to inquire about our upcoming programs or to register to attend! Many of our programs are supported by the Uxbridge Board of Library Trustees and the Friends of the Uxbridge Free Public Library.

Ample vendor spaces are available for \$10 each or banquet sized tables can be provided by the post for \$15 each. Reservations are not needed. Post member David Kennedy can answer further questions by calling him at 508-529-3314. Kennedy heads up these events that are held the second Saturday of each month through October. There are no rain dates. These fundraisers benefit the post

and the community at large.

The post is located next door to Upton's new Town Library and Senior Center.

and provide a sense of community. Being active is the secret to staying healthy, and walking is one of the easiest and least expensive ways to get moving. The location for the month of May will be the Blackstone Valley Greenway located on Adams Street in South Uxbridge (near McDonald's). Participants will meet Doreen at the walking site, the location may change each month. The program is weather permitting and there is no charge. Don't forget to wear comfortable shoes and bring a water bottle. Participants are required to complete an enrollment and waiver form. Please call the senior center for more info and to receive your forms.

Every Wednesday – 9 am – 3 pm – The Uxbridge Senior Center Transportation Program Community Shuttle. This shuttle is for seniors and individuals with disabilities to destinations such as post office, pet care appointments, hair salon or barber, bank, pharmacy & shopping anywhere in the Uxbridge/Northbridge area. Note: this replaces the weekly bank/ pharmacy and Shaw's Ocean State rides. Call 508-278-8622 for more information and to book your ride. Requests require a 48-hour notice.

Wednesdays - "Canasta" Hand, Knee & Foot Card Game - 1:00 pm - 3:30 pm.

Every Thursday – Play Scrabble! – 1:00 pm – Come by for an afternoon playing Scrabble. Boards are supplied by the governments to push a single "offi- senior center. Let us know if you'd like to

ural cycle and there's nothing we can actually do to stop these normal cycles. The world is now facing spending a vast amount of money in tax to try to solve an issue that doesn't actually exist." Dr. David Bellamy

"Fossil fuel opponents don't want you to know the precise magnitude of climate change ... because if you did, you wouldn't be scared of climate change, you'd be scared of losing the benefits of fossil fuels." Compliments of Prager University

The liberals in this world constantly say it's conservatives that are very controlling but the very nature of this climate change hysteria itself has to do with lots of control over everything and they want you to pay for it. The U.N., IPCC, and even the WHO are all gun-

"We're undergoing a soft coup... under the pretext of pandemic preparedness and the biosecurity agenda.

Time to wake up, people! We are being scammed from all angles and if the govern-ment and all those agencies have their way, we won't be able to have a vegetable garden in your own backvard. Look what's happening to farmers over in Europe they're being told in the name of climate change to change up their routine or else... does that sound controlling? Yeah, it does and that's leftist agenda. If we contin-ue to allow this hysteria of climate change to continue, who knows what liberties will be removed next.

God bless.

Medical Transportation is accepting appointments. Call 508-278-8622 to schedule your rides.

The senior center is in need of the following donations: Lysol wipes, newly packaged napkins, paper towels, tissues, toilet paper, ground regular & decaf coffee. We thank you for your support!

Feel free to contact us at 508-278-8622 or visit us on our web page at Uxbridge-ma. gov/coa or like us on our FB page or by googling Uxbridge Senior Center and our new YouTube Channel or even dropping by.

https://www.youtube.com/channel/ UCNh_RIq99rucmFH-UO7VFBw https://www.uxbridgetv.org/sched-

Mike Downing Whitinsville ule/192



Call 774-200-7308 email: mikaela@stonebridgepress.news

News from Beginning Bridges

BeginningBridgesCFCE.weebly.com Facebook: Beginning Bridges CFCE Emurray@smoc.org 508-278-5110

Beginning Bridges CFCE 's vision is that children, youth and families reach their full potential now and in the future. Our mission is to work with families and community partners to create the conditions for children, youth and families to thrive socially, academically and economically. Funding for the Coordinated Family & Community Engagement Grant (CFCE) is provided by the Massachusetts Department of Early Education and Care (EEC) and sponsored by South Middlesex **Opportunity Council**

(SMOC-Childcare/Head Start). Beginning Bridges CFCE has funding for the towns of Mendon, Northbridge, Upton & Uxbridge. Currently, our FREE comprehensive services include weekly indoor and outdoor parent/child playgroups. We also offer parent education programs, the Ages & Stages Developmental Questionnaire and can connect families to community resources.

Upcoming Events

Registration is required for all upcom-

website or contact Emily Murray at 508-278-5110 or Emurray@smoc.org.

Please check our website and Facebook page for our latest Newsletter.

Wednesday, May 1: Coffee and Conversations 9:30 to 10:30 a.m. at Taft Public Library, 29 North Ave. in Hill Dam – Come join us as we explore Mendon. Join us for an informal dropin playtime where families will be able to build social connections, learn about early childhood development and family friendly resources. Please bring your own coffee. Muffins from Muffin House Cafe will be provided. Puppet Storytime will follow at 10:30 a.m. Register for both on the Taft Public Library Web site.

Wednesdays May 1-22: Parenting Toolbox 10-11 a.m. at the Uxbridge Free Public Library. Join us for a series of conversations around the topics of positive discipline, bedtime struggles, eating challenges, toileting troubles and the importance of both play & routines. (limited childcare is available at the Uxbridge playcenter) Contact emurray@smoc.org to register)

Thursdays April 4-May 23: from 9 to 10:30 a.m. – Tinker Playgroup. Join Beginning Bridges CFCE and Taft Public Library for a free six-week playgroup to play and learn together. Meet

Uxbridge High School awarded fifth Innovation Career Pathways designation

 $UXBRIDGE-Superintendent\,Michael$ Baldassarre and Principal Dr. Michael Rubin are pleased to share that Uxbridge High School has been named a spring 2024 Innovation Career Pathways designee by the Healey-Driscoll Administration.

The new Innovation Pathway, in Healthcare and Social Assistance, is Uxbridge High School's fifth Innovation Pathway designation. The school currently offers the Manufacturing, Information Technology, Biomedical Science, and Business & Finance pathways.

The Healthcare and Social Assistance pathway will involve connections between courses in psychology, child development and educational methods, the national Educators Rising "Grow Your Own" program, and the Taft Early Learning Center and Whitin Intermediate School.

Through the pathway, students will be prepared to complete in-class teaching experiences, receive teaching assistant credentials, and understand how to support students with a variety of learning profiles and needs.

In 2018, UHS was one of the first four schools to earn an Innovation Career Pathway designation. Most of the Massachusetts school districts that have earned the designation since worked closely with UHS, visited the school or par-ticipated in workshops that have furthered the growth of these programs across the state.

"We are proud to be a leader in the

Innovation Career Pathway work in Massa-chusetts as one of the first four schools to ever earn the designation," Principal Dr. Rubin said. "The new Healthcare and Social Assistance pathway will provide additional unique opportunities for our students to enhance their skills and pur-sue their interests."

Innovation Career Pathways provide students with applied learning experience in high-demand industries such as Advanced Manufacturing, Information Technology, Environmental and Life Sciences, Health Care and Social Assistance, Business and Finance, and Clean Energy. Providing these pathways enables students to explore high-demand careers they may want to pursue at no cost while strengthening workforce pipelines to meet the needs of employers in those industries.

Thirty-six high schools statewide were awarded designations by the Healey-Driscoll Administration on April 3 at Carver Middle School. Each awarded school offers education in one or more Innovation Career Pathways. With these new designations, the Healey-Driscoll Administration reports that approximately 8,000 students will be enrolled in one or more of the 226 Innovation Career Pathwavs.

For the full list of designated schools and more information about Innovation Career Pathways, visit mass.gov.

ing events. Links can be accessed on our new friends and practice important STEAM (science, technology, engineering, art and math) skills. Registration is required. Contact Emily at 508-278-5110 or emurray@smoc.org

Fridays April 5 to June 14 from 9:30 11 a.m.: Outdoor Explorers at West the outdoors together and engage in a story, craft and songs. Registration is still open, although there is limited availability. Contact Emily Murray at 508-278-5110 or emurray@smoc.org.

Monday, May 6: Music and Movement with Deb Hudgins, 9:30 to 10 a.m. at Upton Town Library, 9 Milford St., Upton. Register on the Upton Town Library Web site.

Wednesday, May 15: Music and Movement with Deb Hudgins, 10:30 to 11 a.m. at Whitinsville Social Library, 17 Church St., Whitinsville. Register online at the Whitinsville Social Library Web site.

Douglas police log

DOUGLAS — The Douglas Police Department reported the following arrests from March 17 to April 9.

Alexander R. Bouchard, age 33, of Charlton City was arrested on March 18 for Failure to Ap-pear, Operating a Motor Vehicle after Revocation or Suspension of License, and operating an Uninsured Motor Vehicle.

A 24-year-old female from Webster was issued a summons in lieu of arrest on March 20 for Unlicensed Operation of a Motor Vehicle and a Motor Vehicle Lights Violation.

A 30-year-old male from Webster was issued a summons in lieu of arrest on March 20 for Un-licensed Operation of a Motor Vehicle

A 21-year-old female from Cumberland, R.I. was issued a summons on March 21 for Use of an Electronic Device While Operating a Motor Vehicle, a Number Plate Violation to Conceal Identification, and Unlicensed Operation of a Motor Vehicle.

Caden Jonathan Roy, age 18, of Douglas was arrested on March 23 for Operating Under the Influence of Alcohol, Negligent Operation of a Motor Vehicle, and Furnishing Alcohol to a Person Under 21.

David PD Burrows, age 30, of Douglas was arrested on March 23 for Operating Under the In-fluence of Alcohol (second offense)

Christopher M. Taylor, age 37, of

Douglas was arrested on March 24 for Failure to Appear.

A 36-year-old male from West Boylston was issued a summons in lieu of arrest on March 27 for Littering.

A 20-year-old male from Webster was issued a summons in lieu of arrest on March 27 for Un-licensed Operation of a Motor Vehicle and a Number Plate Violation.

Henry F. Hicks, Jr., age 60, of Douglas was arrested on March 28 for Failure to Register as a Sex Offender.

Zachary Taylor Plasse, age 30, of Webster was arrested on March 31 for Failure to Appear.

A 34-year-old male from Blackstone was issued a summons in lieu of arrest on April 1 for Operating a Motor Vehicle with a Suspended License.

Michael Scott Jarosz, age 36, of Thompson, Conn. was arrested on April 3 for Violation of an Abuse Prevention Order, Operating Under the Influence of Alcohol, Negligent Operation of a Motor Vehicle, and driving at a rate of speed greater than was reasonable and proper.

Corey P. Bouchard, age 33, of Douglas was arrested on April 5 for Failure to Appear.

A 21-year-old female from Providence, R.I. was issued a summons in lieu of arrest on April 6 for Unlicensed Operation of a Motor Vehicle and driving at a rate of speed exceeding the posted limit.

BVT's Moonlight Program in Practical Nursing will bost Child Safety Fair May 4

UPTON — If you have young children who are in preschool or early school age, then you might want to mark your calendar and save the date. The Moonlight Program in Practical Nursing is presenting a Child Safety Fair that promises to be fun and educational for your children. It's a free event that will be held on Saturday, May 4, from 9:30 a.m. to 1 p.m. at Blackstone Valley Regional Vocational Technical High School located at 65 Pleasant Street in Upton.

The Child Safety Fair will feature an interactive vehicle display which includes an Upton police cruiser to explore if the weather cooperates. The Practical Nursing students will be in the cafe annex sharing information with parents through engaging presentations on bicycle, car/booster seat, fire, backyard/playground, and water safety. The event also includes fun activities that will engage children and help them learn about safety.

you and give back to the community by providing helpful information about keeping children safe. If you or someone you know is interested in pursuing a new and exciting career, one of the Moonlight Programs at Blackstone Valley Tech might be a great fit. To learn more about these programs, visit www.valleytech.k12.ma.us/moonlightprograms.

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT cre-

ates a positive learning community that

prepares students for personal and pro-

fessional success in an internationally

competitive society through a fusion

of rigorous vocational, technical, and

Douglas High School honor roll

DOUGLAS - Douglas High School has released its honor roll for the third quarter of the 2023-2024 school year.

Grade 9

Highest Honors

Isabella Bartusek, Daniel Berche, Saige Cobb, Arianna Delgado, Benjamin Elliott, Matthew Horne, Elyse Johnston, Lyla Jordan, Julia Kaminski, Jalaiyiaz Naranio, Dennis Petrin, Isabel Rooslet, Noah Roulier, Francesca Scinicariello, Caroline Sherry, Taylor Smith, Sevanna Scroczenski, Kenley Wood

High Honors

Jakson Barthelemy, Amer Chaudhary, Lyla Couture, Gabriel Heney, Ryan McCallum, Ayla McDermott, Renata Pierre, Emalena Ventura

Honors

Kylee Smith, Cameron Visser, Nathan Wightman, Cameron Zanchi

Grade 10

Highest Honors

Adriana Acosta, Sebastian Acosta, Ashton Bachand, Logan Beauchemin, Adeline Cherrier, Nathan Chesley, Ray Clontz, Mia Darling, Nadia Dziobak, Richard Fonseca, Julianne Forget, Allison Gordon, Jillian Gould, Ella Greenough, William Higgins, Emma Kagels, Sarah Lemire, Branden Mills, Sadie O'Toole, Thomas Oum, Emily Pacheco, Emily Ramsdell, Anthony Smith, Neo Telles, Aiden Vassar

High Honors

Alexandra Brunetti, Mia Colucci, Zoe Greenough, Megan Prue, Krista Rice

Honors

Mackenna Chiasson, Angelina Jenks

Grade 11

Highest Honors

Fani Angelidaki, David Berchem, Maegan Bradley, Shaan Chaudhary, Olivia DeFalco, Juliana Desmarais, Avery Greenough, Ava Haire, Travis King, Charlotte Loy, Elyse McCarthy, Taylor Morel, Brady Olson, Erin Picanso, Jessica Rose, Joshua Roulier, Zachary Sargent Stone Slowik, Gianna Smith, Hannah Sobolewski, Joranni Souphida, Tayla Sullivan, Kay Taylor



High Honors

Matthew Bell, Skyler Criasia, Grace Fortier, Luke Lamontagne, Leilanee Martinez Paulino, Kyla Nadeau, Riley Smith, Jacob Wasson

Honors

McCallum, Jocelyn McDermott

GRADE 12

Highest Honors

Ashley Arnold, Amanda Audette, Linas Buivydas, Isabella Calkins, Olivia DeLuca, Matthew Doyle, Taylin Fragala, Noah Gaskill, Hadley Gavan, Isaac Gosselin, Owen Gray, Gavin Gualtieri, Emilee Hamelin, Andrew Hogan, William Hogan, Colton Howard, Jaxon Kaczor, Samantha Loy, Louis Makela, Chloe McDonald, Julia Oskirko, Erika Our, Haileigh Recore, Alanis Rosario-Rivera, Dominic Rossi, Colin Squier, Molly Stinchfield, Ethan Vassar, Alexander Wheeler, Evan Wheeler, Cecelia White

High Honors

Rylee Bennett, Connor Brunetti, Gavin Delgado, Joshua Farrell, Logan Hooper, Colin Loehr, Nathan Smith, Lucas Zurowski

Honors

Liam Chabot, Aiden Conleyx

The PN students are excited to meet

Madison Grafton Class of '74 celebrates 50-year milestone

academic skills.

GRAFTON — The Grafton High School Class of 1974 will celebrate their 50 year reunion at the Apple Tree Arts Great Room in the Warren Block, 1 Grafton Common, on Saturday June 8 from 6-10 p.m. Attendees will enjoy a catered dinner, Grafton trivia questions, and are encouraged to bring photos or memorabilia to share remembrances of times in elementary, junior and senior high school.

For more information, and to purchase tickets for the Saturday reunion event (\$50 per person, coffee provided) contact Jean Bolton Adams via Facebook, email: JEBSCA2@aol.com or call/text, 508-831-8676. Ticket purchase by May 17 is requested.

"This event will be a place where classmates and spouses can share stories of the past and present in a relaxing, comfortable setting," says Jean Bolton Adams, Committee Chair. "Grafton was,

and still is, full of special memories."

Additional activities such as tours of the middle and high schools, the Willard Homestead and Clock Museum. the Grafton Historical Society in the former South Grafton Library and the Grafton Library's new addition will be held on Friday, Saturday, and Sunday.

The Apple Tree Arts Great Room holds memories of 5th grade dancing lessons and elementary school holiday performances. The hot lunch cafeteria for the former Norcross and Norcross Annex elementary schools was located on the lower level of the building, now occupied by a local tavern.

The Warren Block was built circa 1863 after fire destroyed the original 1853 structure and was first leased, then purchased by the Town in 1885 for multiple community and retail uses, including the Town offices.

St. Peter Parish hosting chicken parm dinner, yard sale

NORTHBRIDGE — St. Peter Parish in Northbridge is having a Chicken Parm Dinner on Saturday, May 4 starting at 5:30 p.m. in the Parish Hall. Bring you family and friends for a wonderful meal and meet some new friends. Tickets are \$17 per dinner and include salad and dessert. To go meals will be available for pick up at 5:00pm and all orders must be purchased in advance. Please call the parish office at 508-234-2156 or

email parishoffice@stpeterrockdale.org to purchase tickets or if you have any questions.

The Parish will also be holding a Yard Sale on Saturday, June 1, 7:30 a.m. to 3 p.m. in the parish hall. If you are moving, spring cleaning or just have too much clutter, bring us your gently used items for our yard sale. You may drop-off your donations every Saturday from 10 a.m.-1 p.m. April through May,

starting on Saturday, April 6 at the parish garage. We are accepting kitchen items, home goods, toys, sporting goods, books, small furniture items, clothing for donation and much more. Please see our website for a complete list of what we are accepting. You may also call or email the parish office, if you have any questions: 508-234-2156 or email: parishoffice@stpeterockdale.org.



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Michael Sulham, Uxbridge Branch Manager. President of the Uxbridge Lions Club.



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