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Friday, July 22, 2022

Worcester Red Sox bost Leicester Night



Five youngsters from the Jr. WooSox AAU baseball team, who practice at Double Play Sports in Leicester, delivered the final two words of pre-game ceremonies: "Play Ball!" They were Connor Moriarty (12), Luis Laboy (13), Matt Alves (12), Dylan MacCormack (13), and Owen Leavy (12).

BY KEVIN FLANDERS

LEICESTER — Residents and their families recently celebrated Leicester Night at a Worcester Red Sox game.

Better known by area fans as the WooSox, the Triple-A minor league affiliate of the Boston Red Sox regularly celebrates local communities and organizations during games at Polar Park.

At the July 8 WooSox game, Leicester Night was a home run for local fans. More than 350 Leicester residents attended the game and took in an array of programs honoring their town.

The game featured Leicester-based organization Deja New as the nonprofit of the night. The organization receives funds through a number of means—including its unique marketplace—with donations benefiting the

community in several ways.

At the July 8 WooSox game, fans took time to say thanks to Deja New and its all-star team of volunteers. Before the game, the WooSox escorted Deja New board members onto the field to recognize their work in assisting the community.

"Betty Benoit, a Deja New volunteer whose husband served in the military, was recognized for her tireless work for our veterans," read a statement released by the organization.

Local veterans Paul Lemerise and Connor Kelly were both honored at the game for their service. Moreover, Leicester resident Karen Kemp sang the National Anthem prior to the game.

The Giguere Gymnastics team, based in the Cherry Valley section of town,

Please Read RED SOX-, page A19

Joint meeting makes progress on Becker campus transition

BY KEVIN FLANDERS STAFF WRITER

LEICESTER – During a joint meeting last week between the Select Board and School Committee, officials made significant progress toward transitioning students to the former

Becker College campus.
At the July 13 joint meeting, an agreement was signed between selectmen and school leaders regarding the use of the Becker campus. The vote was unanimous by both boards.

Additionally, officials voted unanimously to accept a grade reconfiguration plan proposed by Leicester Public Schools Superintendent Brett Kustigian. The new model will be in effect for the 2022-23 school year.

"Last night's vote was a turning point in the working relationship between the Select Board and School Committee,' Select Board Chairman Allen Phillips told the New Leader on July 14. "It seems we are all on the same page with moving forward to educate the kids in Leicester. We now have a direction that we can all move toward. Both the Town Administrator and new School Superintendent worked together on a plan to get the kids out of the middle school and start to use portions of the campus."

Officials on both sides knew they needed to work quickly this summer to finalize a reconfiguration plan. Parents

and school staff members have been pushing for a proposal to get students out of the middle school, which has been the subject of numerous safety concerns in recent years.

Since taking over at the start of July, Superintendent Kustigian has worked with school and town leaders to identify the best plan for students heading back to school.

Coming out of the July 13 joint meeting, school and town officials are encouraged by the path forward. In a letter released to the school community on July 14, Kustigian announced the new grade configuration for the district.

Students in grades 11 and 12 will attend classes on the former Becker College campus in the Fuller Campus Center building. Grades 9 and 10 will be located on the third floor of the existing Leicester High School.

Students in grades 5-8 will move to the first and second floors of Leicester High School.

Grades K-4 will remain unchanged in their location at the elementary school. Pre-kindergarten students will remain at Leicester High School.

The new plan ensures that no students attend class at the middle school, which was affected by air quality issues and several other problems this year. Officials have said the building

Please Read BECKER, page A19

Board of Selectmen retains current leadership

BY KEVIN FLANDERS STAFF WRITER

SPENCER - At its reorganization meeting last week, the Board of Selectmen unanimously agreed to retain its current leadership structure.

Gary Woodbury remains Chairman of the Board, while John Howard is Vice Chair. Jared Grigg is the Board's

During the July 11 reorganization meeting, selectmen spoke favorably of the existing leadership structure, as well as the performance of new Town

Administrator Jeffrey Bridges.

"Jeff has been fabulous, and Gary is very attentive to the different departments in town," Howard said.

With several major projects underway—and new projects on the horizon—officials thought it best to maintain the current leadership formation.

"It will be good to have stability, given the changes with a new Town Administrator,' said Selectman Ralph Hicks.

The town is currently in the final phase of its \$19 million project for road reconstruction. The bids have already come back for the upcoming paving work this summer, and selectmen were expected to award a contract for the work during their July 14 special meeting.

"Now, it's a matter of bringing it before the Board, approving it, and awarding Woodbury said prior to the July 14 meeting.

Throughout the rest of the summer, paving projects will take place on Duggan Street, Gold Nugget Road, Donnelly Cross Road, Paxton Road, and Brooks Pond Road, among oth-

"Some of these roads have been in horrible shape for a long time. We are addressing it with the funds we have available." Woodbury said.

Following the paving work this summer, officials will determine how much money is left of the \$19 million to be dedicated to possible additional projects. Meanwhile, bids were scheduled to open this week for the Smithville Road and Pleasant Street improvement project, which is also part of the \$19 million roads program.

In other municipal news, selectmen have important decisions to make regarding American Rescue Plan Act (ARPA) funding available to the town. Public input sessions have already been held, and selectmen will likely hold a workshop in the coming months to decide how best to

use the funds. ARPA funds can be used for a number of purposes, including community betterment projects, facilitating econom-

Please Read **SELECTMEN**, page **A3**

Adaptive water skiing event celebrates East Brookfield's Centennial



BY KEVIN FLANDERS STAFF WRITER

EAST BROOKFIELD - The Webster Water Ski Collective recently helped East Brookfield celebrate its 100th anniversary by leading an adaptive program on Lake

Dozens of local kids and adults with disabilities visited the lake on July 13 for a fun day on the water. Thanks to a dedicated team of volunteers from Webster Water Ski Collective (WWSC), participants were able to enjoy an unforgettable experience.

'It is so amazing to see the smiles on their faces," said event organizer Christine Lamoureux, who spent a year making

preparations for a day of inspiration. The July 13 event was part of the WWSC's "Any Age, Any Disability" adaptive waterski program. Held on lakes throughout the area, the program offers kids and adults with various disabilities—including spina bifida, cerebral palsy, Down syndrome, autism, and epilepsy—the opportunity to waterski with trained instructors.

The WWSC is the only organization

in Massachusetts that offers an adaptive waterskiing program. With the help of a specialized apparatus towed by the boat, disabled guests can safely and comfortably enjoy a ride on the water. Each participant is guided by certified adaptive ski instruc-

"It takes a village, but it's so worth it to see those smiles," said Ryan DesRoches, the WWSC's director of adaptive skiing. "We typically have 20 or more volunteers for these events made up of not just our group, but other ski enthusiasts and members of the local community. It's really a community event more than strictly a waterskiing event—and it's great to see so many people come out to support and celebrate our disabled community."

At the July 13 event on Lake Lashaway, several volunteers and community leaders helped make the event a success.

"The East Brookfield 100th Anniversary Committee was proud to be able to assist with bringing the adaptive waterski event to

From left, volunteers Lizzy Fallon, Brooke Goodrich, and Sydney Zmetra.

Please Read WATER SKIING, page A19

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Jessica Bettencourt, President & CEO of Klem's, named finalist for America's Retail Champions

Bettencourt, President & CEO of Klem's in Spencer, was announced as one of five finalists for the National Retail Federation's 2022 America's Retail Champions program. Now in its sixth year, America's Retail Champions honors small retail owners from across the country who make their mark on public policy debates affecting the retail industry.

Bettencourt states, "As a third-generation owner, retail has been a major part of my life since I was a small child, it's my passion and a part of my DNA. The retail community has been on an incredible roller coaster ride. These last several years have been so incredibly challenging for both retailers and consumers. I feel it is my responsibility to be involved with advocating for changes that could have a positive impact, and it is such an incredible honor to be named a finalist for this award."

"Small business owners live and work in communities large and small across America and they are exceptional advocates for the retail industry, their associates and the customers they serve," NRF President and CEO Matthew Shay said. "NRF is proud to recognize these individuals for taking the lead in advancing policy initiatives that are critical to the continued growth and success of the retail industry.'

More than 30 businesses ranging from online sellers to small and mid-size store owners were nominated by state retail associations and their peers based on engagement in public policy discussions at the local, state and national level. This year's program is sponsored by financial service provider Affirm, the payment network that empowers consumers and helps merchants drive

The other four finalists selected from the 30 nominees include:

Margaret Barrow of It's NOLA, a snack company in Brooklyn, N.Y.

Bobby Djavaheri of Yedi Houseware in Los Angeles,

April McClung of Emily's Heirloom Pound Cakes in Homewood, Ala.

Danny Reynolds of clothing store boutique Stephenson's of Elkhart in Elkhart, Ind.

"Small businesses play a vital role in our economy and are the cornerstones of local communities across the country," said Ulrico Izaguirre, senior vice president of government relations, public policy and social

impact at Affirm. "NRF has helped provide a platform for business owners to share key insights and best practices for meeting the needs of consumers and succeeding in today's competitive retail industry. Affirm is proud to sponsor NRF's America's Retail Champions as we work together to empower and advocate for small businesses and unlock greater opportunities for all.

One retailer will be named the 2022 America's Retail Champion of the Year on July 28 at an industry celebration dinner during NRF's Retail Advocates Summit in Washington, D.C.

About Klem's

Klem's is a large general store located in Spencer, MA. It focuses on quality products and unique items. Klem's has a large assortment of hardware, housewares & gifts, pet supplies, outdoor living, and outdoor power. Klem's employs over 80 people and is an integral part of the community. Klem's history spans 70 years over three generations and currently carries over 100,000 items. Klemsonline.com, Facebook

About NRF National Retail Federation, the world's largest retail trade association, passionately advocates for the people, brands, policies and ideas that help retail

thrive. From its headquarters in Washington, D.C., NRF empowers the industry that powers the economy. Retail is the nation's largest private-sector employer, contributing \$3.9 trillion to annual GDP and supporting one in four U.S. jobs - 52 million working Americans. For over a century, NRF has been a voice for every retailer and every retail job, educating, inspiring and communicating the powerful impact retail has on local communities and global economies. NRF.com

About Affirm

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ACCURACY WATCH

The Spencer New Leader is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur.

Confirmed fact errors will be corrected at the top right hand corner of page 3 in a timely

If you find a mistake, call (508) 909-4140 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.



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Golden Bear pride shines brightly as Western NE University welcomes its newest members to the alumni family Brookfield graduated Magna Cum

England University held its undergraduate commencement ceremony on May 21 in the Anthony S. Caprio Alumni Healthful Living Center, celebrating the Class of 2022. The keynote speaker Nick Newell ('08), a professional Mixed Martial Artist, talked about the power of dedication. "To be great, you must be willing to do things others will not so you can achieve things that others can't." He told the class of 2022 that they have proven their resiliency and encouraged them to continue chasing their goals.

Congratulations and best wishes to the newest Golden Bear Alumni. WNE

Emma Catherine Schultz of North

ic recovery from the pandemic, and

supporting essential workers, among

to the town, and by law the Board

of Selectmen have discretion of use

without further appropriation, meaning they can spend it on any eligible

use without Town Meeting appropria-

tion," said Town Administrator Jeffrey

Bridges. "The town received half the funds last summer and will get the sec-

All ARPA funds must be allocated by

Spencer officials are also eager for

state-funded road improvement proj-

ects on Route 9 and Meadow Road.

These will likely be completed over the

a Town Administrator evaluation for

Next month, selectmen will complete

For more information about cur-

rent and upcoming town projects, visit

the end of Dec. 2024 and spent by the end

ond amount this summer."

next few years, officials said.

www.spencerma.gov.

"These funds are provided direct

SELECTMEN

others.

of Dec. 2026.

Bridges.

continued from page A1

also gradauted with a double minor in Chemistry and Forensic Science. Troy J. Johnson of Leicester gradu-

ated Cum Laude with a BSBA in Sport Management. Troy also gradauted with a minor in Creative Writing.

Laude with a BS in Biology. Emma

England Western New University (WNE) is a private, nationally ranked, comprehensive institution with a focus on preparing work-ready and world-ready graduates. Founded in 1919 in Springfield, Massachusetts as a division of Northeastern College, WNE's 215-acre suburban campus serves more than 3,700 students, including more than 2,500 full-time undergraduates. More than 47,000 alumni have earned degrees through its more than 90 undergraduate, graduate, and professional programs at Colleges of Arts and Sciences, Business, Engineering, and Pharmacy and Health Sciences, and School of Law. Students come from 39 U.S. states and territories and 23 countries. Of 45,104 living alumni, 30 percent remain within the region, residing in the four Western Massachusetts counties and northern Connecticut.

WNE is classified among nationally

ranked universities in US News and

World Report, and among the Top 100 Undergraduate Engineering programs, and in Doctoral/ the Professional Universities category Carnegie **Institutions** Higher of

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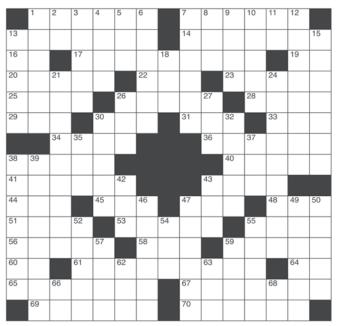
Local residents brave the heat for a good cause

BY KEVIN FLANDERS

REGION - Braving the summer heat for an inspirational cause, several local residents are in the midst of a multi-day march to raise money for Why Me & Sherry's House.

The athletes are part of a Ruck March Challenge group

totaling 30 people. Scheduled to log 25 miles per day from July 21-24, the group will cover a cumulative 100 miles during their fundraising mission for Why Me & Sherry's House. The organization provides extensive supports and resources for families with children battling cancer



41. Counts on

44. Woman (French)

47. Polish Baltic peninsula

51. Requests out of dire need

53. Precious stone weight unit

48. Recipe measurement

60. Northwest Territories 61. Can be made suitable

64. A professor's helper

67. Got atop a horse

65. Having a toothlike edge

45. A digital tape recording of sound

43. Dad

56. Anoint

69. Judged

58. Golf score

59. Supernatural

CLUES ACROSS

- 1. Eurasian shrubs
- 7. Strikes and rebounds
- 13. Group of advisers
- Modern necessity
- 16. Top lawyer in the land
- 17. Philadelphia university 19. Of I
- 20. Functions as a laser 22. Basketball phenomenon Jeremy55. The immaterial part of a person
- 23. Famed island
- 25. Parent-teacher groups 26. Distributes
- 28. Self-immolation by fire ritual

- 30. Circulation problem (abbr.)
- Brother or sister
- 33. A famous "Squad"
- 34. Stage actor Anthony 36. Violent seizure of property
- 38. Saclike cavities

1. Flowing

- 40. Sound units **CLUES DOWN**
- 70. Static balance between opposing
- 30. Investigated discreetly
- 2. Computer department 3. Lasts
- 4. DiFranco and Samsonyan are two
- 5. de sac 6. Merchant 7. Hosts film festival
- 8. State of agitation of fuss 9. A way to praise
- 10. Opaque gems 11. McKinley is one
- 12. Smallest interval in classical Western music
- Famed designer Lauren
- 15. Occupies 18. Small island (British)
- 21. Misuse of the sacred
- 27. Title of respect
- 24. Covers with a thin sheet

- 26. Most valuable player
- 32. Belonging to the bottom layer 35. Black tropical American cuckoo
- 37. Music genre
- 38. Indicates one is in mourning
- 39. Secured forever
- 42. Bodily cavity
- 43. A dog is one 46. Chose to do something
- 47. Annoy persistently 49. Large hotel rooms
- 50. Beg
- 52. Docket 54. Subway dwelling rodent
- 55. Sources
- 57. Mild Dutch cheese
- 59. Spanish city
- 62. Consumed
- 63. Ballplayer's tool 66. Midway between north and east
- 68. Atomic #3

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S I S A T S G B B S T A S I S

As part of their multi-day march, participants will stop at several local breweries for public celebratory gatherings in the evenings. Area residents are welcome to stop by these sites and support the athletes and their cause.

The second annual 100-Mile Ruck March Challenge is a military inspired event. Camping out each night on the farm of a local brewery, participants will continue their march at sunrise each morning.

"Athletes will carry everything they will need for this four-day event on their backs, navigate the 100-mile course, cook their own meals, set up and break down their own camps each night, and tend to their feet and bodies, all in an attempt to earn the coveted 100-Mile Ruck March Finisher Medal," read a statement released by event organizers.

The motivational parties for the athletes are open to the public and the entire family. Day 1 of the event, July 21, will conclude with an overnight stay at Milk Room Brewing Company (80 Hillside Road, Rutland). Day 2 will conclude at Stone Cow Brewery (500 B West Street, Barre). Day 3 will feature a stop at Oakholm Brewing Company (80 Lake Road, Brookfield).

The finish line will be reached on Sunday, July 24, at Sherry's House. A finish line party is set for 1-6 p.m.

For local athletes, it's a thrill to participate in the march and raise money to support children battling cancer and their

"I am honored to be accepted to participate in this amazing fundraising event. I was so impressed with last year's ruck march that I was motivated to join the 2022 event," said Spencer resident Jason Monette. "My heart goes out to all the children and families battling such an awful disease. I can't even imagine what these families have to go through each and every day battling childhood cancer. I am inspired by their strength and perseverance."

From staggering medical bills, to travel and lodging costs, families with children fighting cancer can quickly find themselves financially overwhelmed. Why Me, a Worcester-based nonprofit organization, assists families throughout the area who are grappling with a pediatric cancer diagnosis.

Established in 1985 by then 13-year-old Sherry Shepherd during her four-year battle with cancer, Why Me offers a comprehensive approach to supporting the entire family.

Sherry's House provides a venue for kids and their families to receive various support services throughout their battles with childhood cancer. These include family fun events, social visits, summer and vacation camps, celebrations, support groups, and a food pantry.

"The support offered by Why Me & Sherry's House is admirable. Every dollar raised by this event will help these families in some way," Monette added.

In addition to Monette, four other Spencer athletes are also congratulated for participating in the 100-mile event: Jay Sauvageau, Casey Cormier, Jamie Cormier, and Jeremy Ahearn.

If you would like to learn more about the event and how you can help, visit www. whyme.org. Also on the Web site, you can view a detailed list of dates and times associated with the brewery events.

Leicester Senior Citizens Club planning more trips for fall and winter

LEICESTER — As we we reach the middle of Summer, The Leicester Senior Citizens

SPENCER ALMANAC

REAL ESTATE

\$432,000, 57 Molasses Hill Rd,

\$130,000, 13 S Maple St,

\$640,000,492MarshallSt,Quercia,

\$525,000, 14 Leela Ln, Dumais,

\$300,000, 2 Sacks Dr, Daige FT,

and Daige, John, to Daige, Patricia. \$200,000, 23 Willow Hill Rd, Fortune, Paul W, and Murphy-

Fortune, Regan, to Fortune, Tyler

\$444,900, 1 Mad Brook Rd,

\$350,000, 15 Westwood Ter,

\$315,000, 105 Gilbertville Rd,

Robbins, James R, and Robbins,

Shannon, to Kendrick, Ross E, and

Fountain& Sons Const Co, to

Valley, Jennifer H, to Griebner,

NORTH BROOKFIELD

WEST BROOKFIELD

Coburn-Kiefer, Alicia A.

Kendrick, Gary P.

Megan F, to Popovich, Juliet, and

Christopher F, and Quercia, Tracy

A, to Patel, Harshida, and Patel,

Rankfalla, Robert M, to Seymour

Cooper, Jack M, to Showalter,

BROOKFIELD

Brooke E.

3rd, Herbert F.

LEICESTER

Bhaveshkumar S.

Margaret R.

Wnukowski, Nicholas.

Club is already planning for all-inclusive bus trips for the fall and winter. On Sept. 12, there

is a trip to Casablanca By the Sea, Portland, Maine, at a cost of \$109 per person. It features Portland's Island/Seal Harbor Cruise, a visit to Old Port, and a delicious luncheon at the Bull & Claw restaurant.

On Oct. 5, there is a trip to the Lake Winnipesaukee Cruise. at a cost of \$109 per person. There is a narrated cruise, buffet luncheon, and scenic sites. After the cruise, there will be a visit to the Moulton Farm Market, where farm-fresh vegetables, cakes, pies and more are available for purchase.

On Nov. 15, there is a trip to Aquaturf in Connecticut, and a Bob Hope-USO style show,

featuring entertainment by Bill Johnson. The trip includes a delicious luncheon, followed by a Bob Hope-style USO show. This trip is \$99 per person.

On Dec. 7, there is a trip to a Salem Cross Christmas, at a cost of \$99 per person. The trip includes, Christmas music, a delicious meal at Salem Cross Inn, and a stop at the Yankee Candle Shop in Deerfield. The day finishes off at The brilliant Bright Nights Lights in Springfield. The Leicester Senior Citizens

Club, monthly bus trips, to various locations and events throughout New England, are available to residents in all area towns. Residents, 21 years old, and up, are encouraged to join in the fun. To obtain more information, and confirm a seat on the bus, please contact: David Wood at (508) 330-1118. We look forward to seeing you on our next bus trip.

Leicester's Joseph **DeGaetano** graduates from

TROY, N.Y. — Joseph DeGaetano of Leicester graduated from Rensselaer Polytechnic Institute on Saturday, May 21. The ceremony was held on the RPI campus in Troy, N.Y. Joseph graduated cum

laude with a bachelor of science degree with a dual major in Computer and Systems Engineering/Electrical Engineering. Joseph now works as an

embedded software engineer for Cambridge Consultants in

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EBES students get up-close look at life during the Revolution

STAFF WRITER

EAST BROOKFIELD Thanks to a Massachusetts Cultural Council grant, East Brookfield Elementary School students last month were treated to a presentation about re-enacting the Revolutionary

War. Louise Meyerdierks, retired schoolteacher, has been re-enacting this time period for almost 35 years. Her husband, son, and other family members join her in portraying members of the 64th Light Infantry (a British unit).

On June 10, EBES students and officials were thrilled to welcome Meyerdierks for presentations to students in grades K-6 on the Revolutionary War re-enactments.

"She was dressed in period costume and had many items that they would have used back then. Lou's presentation was so informative and age appropriate for each of the groups that

she saw," said EBES teacher Christine Lavin. "The students were very excited to try and guess what purpose each of the items that she brought in served. One of the most exciting parts was at the end, where many of the students got to try on the different clothing pieces from that time."

Meyerdierks also discussed her portrayal of a British officer's wife. She described re-enacting as "very rough camping," then went on to talk about cooking over a campfire and the various meals she has prepared over the years, always trying to keep the menu in line with the time period.

She even reminisced about her experience of once eating a squirrel that another re-enactor had prepared (an experience she never plans to repeat).

After being invited to try on a British red coat uniform and other items, the students then played a game of "Guess What

East Brookfield Elementary School students enjoyed one final historical presentation before school let out for the summer. The program was led by local re-enactor Louise Meyerdierks.

I Am." Meyerdierks brought a few antiques from her home and gave the children clues to help them guess.

"Some of these items included a Betty lamp, candle mold, toaster, foot warmer, bed warmer, and a feather bed smoother," read a statement released by Meyerdierks.

In August, Meyerdierks will visit Sturbridge for the Redcoats and Rebels re-enactment held at Old Sturbridge Village. She travels frequently to take part in programs throughout the region.



Tasse-Crowley Oil & Senior Center offers Propane issues matching gift challenge

SOUTHBRIDGE/NORTH **BROOKFIELD** — Tasse-Crowley Oil and Propane has issued a \$2,500 matching gift challenge for the Campaign to Restore the Carillon Chimes at the Walker Scouting Memorial at Walnut Grove Cemetery in North Brookfield in honor of Crowley Fuel's Bob LaFlamme. Bob is retiring this year after 34 years of dedicated service to his home heating customers in the Brookfields and surrounding communities and a lifetime of service to Scouting.

According to Tasse/Crowley president and CEO Jeff Tasse, the company will match every donation of \$100 or more made after July 15 - a dollar for each of Crowley Fuel's 100 years in business - to the Walker Memorial Carillon Restoration Fund, up to a total of \$2,500.

"Crowley Fuel has been a North Brookfield institution for one hundred and two years," said Tasse, "30-plus of them under the capable leadership of Bob LaFlamme. We can think of no better way to recognize Bob's service to his profession, his community, and to Scouting than to encourage support for this project. This is also a great way to thank the community for its ongoing support of our business.

Walker Memorial Garden was designed and constructed by Norman Walker to honor the memory of his son, Ronald. Because both father and son shared a love for Scouting and because Scouting had brought them so close to one another, the idea for a "Living Memorial to Scouting" was born. It was dedicated on Memorial Day, May 25, 1970, and for the past 52 years, Scouts

from around central Massachusetts have gathered there on the Saturday after Memorial Day to honor Scouters who died during the previous twelve

The original memorial included a beautiful set of carillon chimes that were set into motion every time a visitor passed into the Memorial Garden," explained Joe Klimavich, chairman of the restoration committee. "Sadly, weather and time took their toll on the carillon and the chimes have been silent for many years.'

"The restoration project involves replacing the carillon chimes equipment and speakers with programable state of the art technology, encasing the system in a vapor-proof box, restoring the electrical network that powers the system, installing a new activation mechanism, and adding overnight lighting to the memorial and the flagpole," Klimavich said.

To participate in this matching gift challenge, please mail your check payable to Joseph Klimavich, PO Box 691. Brookfield, MA 01506 and write "Walker Memorial Carillon" on the memo line, or visit the GoFundMe campaign at https://gofund.me/d2f99867. (Please specify if your donation is being made in memory of someone so that may be noted when the list of donors is published.)

For additional information about how to support this project, please contact Klimavich by email at joe.klimavich@gmail.com or by phone/text at (508) 769-8391.

Sunflower Memory Café

SPENCER - The Senior Center invites guests to learn more about its Sunflower Memory Café.

The next meeting of the group is set for Thursday, July 21, from 1-3 p.m. Following a meet and greet, Memory Café guests will watch episodes of "The Carol Burnett Show." If interested, guests will be able to take part in a

musical exercise.

Light refreshments will be served. "The Memory Café is a special time set aside for individuals of all ages with varying stages of dementia, memory impairment, etc., and their family and caregivers," read a statement released by the Senior Center. "Please join us for sensory-stimulating activities, supportive socializing, guest speakers, music,

and light refreshments in a stigma-free atmosphere."

Any guest who requires assistance must be accompanied at the program by a caregiver.

The Memory Café is held on the third Thursday of every month from 1-3 p.m. The Senior Center is located at 68 Maple St. Please park behind the build-

Program guests, family members, or caregivers are encouraged to R.S.V.P. before the event.

For more information about the program, call the center at 508-885-7546. You may also send an email to SFoster@spencerma.gov.

Celebrate Christmas in July with North Brookfield PTO

NORTH BROOKFIELD — The weather is getting hotter as Christmastime nears—Christmas in July, that is.

Organized by the North Brookfield Parent Teacher Organization, the second annual Christmas in July vendor fair is set for Saturday, July 23, at the elementary school. The hours are 11 a.m. to 4 p.m.

After an encouraging debut event last year—the first fair for many vendors following a year of COVID-19 cancellations—organizers are hoping for an even stronger attendance this year.

"Last year turned out better than we could have imagined, and we know this year will be just as great," read a statement released by organizers.

The event will feature several crafts, vendors, music, food, and fun activities for the entire family. It's never too early to get started on your holiday shopping, so come on out to the school and check out local offerings.

The school is located at 10 New School Dr.





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LEGALS

Oxford Rochdale Sewer District Invitation to Bid

The Board of Sewer Commissioner's requests sealed bids to provide Clarifier #2 Rehabilitation Work; Contract 2022-4. Bidding Documents may be obtained at the Oxford Rochdale Sewer District offices, 28 Comins Road, North Oxford, MA 01537 or by calling 508-892-9549 between 9 A.M. and 2 P.M. after Tuesday July 5, 2022.

Oxford Rochdale Sewer District will receive bids at 28 Comins Road, North Oxford, MA 01537 until 11 A.M. Thursday August 11, 2022 prevailing time at which time bid documents will be publicly opened and read.

The Board of Sewer Commissioners reserves the right to reject any and all bids deemed not in the best interest of the Oxford Rochdale Sewer District. **Board of Sewer Commissioners** Oxford Rochdale Sewer District July 15, 2022 July 22, 2022

THE TOWN OF **EAST BROOKFIELD BOARD OF SELECTMEN** NOTICE OF PUBLIC HEARING

A public hearing will be held in the Memorial Town Complex, 122 Connie Mack Drive, East Brookfield on Monday, July 25, 2022 at 7:30 p.m. on the application made by Shiloh Patchen for a General on Premise All Alcoholic Beverages License for Shi's Pub, LLC.,

291 East Main Street, East Brookfield. All interested parties are invited to attend.

Joseph R. Fish Chairman July 15, 2022 July 22, 2022

Town of **West Brookfield**

Zoning Board of Appeals

A public hearing will be held on Tuesday, August 9, 2022 at 7:30 p.m. at the West Brookfield Town Hall, to act on an application for a Special Permit, for Derek and Ashley Carroll (ACS Excavation & Trucking) for the property located at 20 Wigwam Road, West Brookfield. The applicant wishes to (1) run a contracting business storage and (2) park commercial vehicles exceeding 26,000 pounds located in Rural Residential District. This requires a Special Permit as per section(s) -3 Use Regulations: §3.24 (4) Contracting business and equipment storage yard §3.22 (1) Residential Use (et al) July 15, 2022 July 22, 2022

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family

> Court 225 Main Street Worcester, MA 01608

ROCHESTER, N.Y. — Brendan Metz

of Brookfield was named to the Dean's

 $List \, at \, Rochester \, Institute \, of \, Technology \,$

for the Spring 2022 Semester.Metz is in

the biotechnology and molecular biosci-

Full-time degree-seeking undergrad-

uate students are eligible for Dean's

List if their term GPA is greater than

or equal to 3.400; they do not have any

grades of "Incomplete," "D" or "F"; and

(508) 831-2200 Docket No. WO22P2305EA CITATION ON PETITION FOR FORMAL ADJUDICATION

Carl R Nelson Date of Death: 05/29/2022

To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by

Richard G Nelson of Spencer MA requesting that the Court enter a formal Decree and Order for such other relief as requested in the Petition. The Petitioner requests that

Richard G Nelson of Spencer MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 08/09/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy, First

Justice of this Court. Date: July 11, 2022

Stephanie K. Fattman, Register of Probate July 22, 2022

Notice of Public Hearing

Spencer Zoning Board of Appeals Special Permit - Applicant/ Owner: Ciarah Ross/ Connect Restaurant; Location: 13 Mechanic Street, Spencer Assessor's Map U07-48. The applicant is looking for a Special Permit under section 4.2.E.11 (Eating establishment, specializing in serving alcoholic beverages) of the Spencer Zoning Bylaw to open a new restaurant and serve liquor. The property is located in the Town Center (TC) zoning district.

July 22, 2022 July 29, 2022

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Brendan Metz of Brookfield makes

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The university is internationally recognized and ranked for academic leadership in business, computing, engineering, imaging science, liberal arts, sustainability, and fine and applied arts. RIT also offers unparalleled support services for deaf and hard-of-hearing students. The cooperative education program is one of the oldest and largest in the nation. Global partnerships include campuses in China, Croatia, Dubai and Kosovo.

For news, photos and videos, go to www.rit.edu/news.

Worcester Academy announces Honor Roll, Headmaster's List

WORCESTER — Worcester Academy proudly announces its 2022 Honor Roll and Headmaster's List. The honors represent the achievements that each of these Worcester Academy students has earned through academic excellence, challenge, and personal growth.

Braden Clifford of Spencer, Class of 2023, First Honors. Kyle Norrie of North Brookfield, Class of 2024, Head's List.

Eleanor Reynolds of North Brookfield, Class of 2025, First Honors.

About Worcester Academy

Founded in 1834, Worcester Academy is an independent day and boarding school for boys and girls in grades 6 to 12 (and postgraduates). Located in the thriving city of Worcester, the Academy provides an exceptional and time-befitting educational experience that fosters personal growth, nurtures a sense of

belonging and well-being, and develops intellect and understanding through authentic community engagement and real-world experiences. Students, who are joyful and curious, define what it means to "Achieve the Honorable" and are equipped to honorably impact the world wherever they go.

For information about the Worcester Academy, contact Neil Isakson, director of external communications, at 508-459-6918 or e-mail him at neil.isakson@ worcesteracademy.org.

www.StonebridgePress.com

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Marc

"I love to cuddle!"

Happy and affectionate are the words used most often to describe Marc. He loves getting as many cuddles and as much attention as he can, and will seek people out for cuddles and tickles. Marc enjoys going outside and especially loves to play ball whenever possible. He also has fun going on the swings. Another interest of Marc's is food! He is happy to eat just about anything and is especially fond of salads with lettuce and tomatoes. Marc likes to play with others and gets along well with everyone he meets. He is always smiling and his sweet, playful nature makes everyone around him smile too!

Marc is autistic. He communicates using gestures, pictures and signs

and is working on increasing his independence with activities of daily living. He benefits from clear and consistent structure and routines, as well as lots of attention and affection.

Marc is legally freed for adoption, and seeks a family of any constellation who can provide him with lots of love, patience and attention. He responds very well to structure and predictable routines, so would thrive in a family who could provide a balance of this along with the affection that he craves. It will be important for him to maintain his relationships with biological family members in Massachusetts through quarterly visits.

https://www.mareinc.org/waiting-child-profiles#gallery/child/7017

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If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at (617) 964-6273 or visit www.mareinc.org. Start the process today and give a waiting child a permanent place to call home.

Marguerite Hayes of Spencer

Mrs. Hayes recently turned 101 Years Old! Her secrets to longevity are to be honest, work hard, be



Happy Birthday Marguerite! May all your

birthday wishes come true

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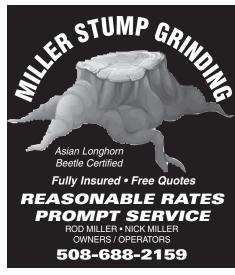
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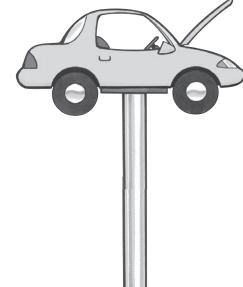
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FRANK G. CHILINSKI

PRESIDENT AND PUBLISHER

Brendan Berube

EDITOR

EDITORIAL

Embrace

Over the weekend, we were able to spend some time at a music festival. A friend happened to lean over and say, "Did you notice everyone is getting so much older?" They didn't say it in a negative way, but as a statement of fact. The festival was filled with people of all ages; however, it did bring us back to our youth, when stress was low and our futures were still unwritten.

That comment resonated with us because as the years pass by, we actually don't feel old, we still feel pretty young! Aging doesn't have to be this doom and gloom experience. It can be pretty awesome, and the better you take care of yourself, the more fun aging will turn out. Of course, aging is better than not aging, so let's do it with grace and spunk.

When you take care of yourself, age is just a number. Experts say to focus on what you can change, instead of what you cannot. Embracing healthy habits is key to enjoying your youth for as long as you choose.

Number one on the list is to get sleep. Sleep is essential to health and aging well. Lack of sleep can cause us to look older than we are. Sleep has been shown to reduce wrinkles and dark

Keep your brain sharp. Always seek knowledge. If going back to school isn't your jam, then read books, watch documentaries, download apps that teach you algebra and fractions and jog your memory. You'd be surprised at how fast those formulas come back to you! Travel and visits to museums are also easy ways to give your brain some exer-

Stay hydrated. Everything our body needs to function requires water. Staying hydrating can benefit your heart and ease hypertension.

Sugar? Eh; we don't need it. Once in a while, of course, it can be a nice treat; however, sugar can wreak havoc on our bodies to include premature aging of the skin. Experts also say that processed foods are a no-no. Experts suggest giving up diet soda, as it can cause acne, depression, diabetes and lower bone density.

Learning a new skill is excellent for the brain. Pick up a guitar, learn to fix an engine, learn how to operate a fancy camera, anything that piques your interest. Challenging ourselves can boost our brain power and keep us

Research has indicated that there is a connection between happiness and spirituality. When we have found a meaning to life, or a purpose, we feel more satisfied. This can include anything such as gardening, meditation, yoga or even writing poetry.

Keep your skin hydrated by moisturizing. Dermatologists recommend washing your face twice daily with gentle products and use a good facial moisturizer and don't forget your sunscreen. This goes for both men and women.

Power down your gadgets. Your cell phone is more harmful than you think. One study showed that Americans check their phones up to 150 times a day! They point out that each interaction releases adrenaline, which leads to stress and anxiety. We all know stress ages us fast.

Always take time for yourself. When you do so, you're able to stay refreshed and relate to others in a more meaningful way. On the flip side, maintaining good friendships and keeping up some sort of social life keeps us young, and may reduce the risk of Alzheimer's, heart disease, some cancers and cardiovascular disease. Steer clear of toxic people that can bring you down. Positive people can help us live longer.

Stay cautious of too much down time and don't slouch! Sedentary individuals are biologically eight years older than their active peers. Slouching can lead to misalignment which can affect our joints, muscles and spine. Having good posture is a mood booster as well. Build muscle. Men lose three to five percent of muscle mass per decade. Stay active; we often see 80 year olds hiking mountains, and we think they know something we don't.

Reduce your sodium intake. One study showed that teenagers who con-

Turn To EDITORIAL page A9

Opinion and commentary from Spencer, Leicester and the Brookfields

<u>Letters to the E</u>ditor

Thank you for a successful car show

We would like to express our sincere thanks to everyone who contributed in making the Tim Morin Memorial Car Show at the North Brookfield Sportsmen's Club a huge success this past June 25. To all of our many sponsors with their generous donations, our club members who gave of their time and effort, the spectators who

came to see the classic cars and most of all to all of the car show participants. All of you truly contributed to the day's success. Our club is grateful and cannot thank everyone enough.

With sincere appreciation,

THE NORTH BROOKFIELD SPORTSMEN'S CLUB

Biden's success means our suffering

To the Editor:

"A Team of Idiots!"... Such a fitting description for the bureaucrats and blowhards currently at the helm of the train wreck, dumpster fire, dung show scenario that has engulfed the United States of America!

They preach from the pulpit of their self-aggrandizing positions oblivious to the priorities of "we the people!"

The country is collapsing as they continue to cater to a calculated agenda that is cataclysmic!

Oblivious doesn't begin to describe the idiocy of this administration! They are pompous zealots, snotty fanatics and smarmy idealogues, lacking in sense but loaded with sanctimony!

A country created over 246 years ago has been obliterated in just one year by a team of Kool-Aid crazy climate hustlers who have engineered an epidemic of racial discord in their quest for "green equity!"

And the rapid decline can be attributed to the assistance of the media, Silicon Valley, Wall Street,

Hollywood, corporations, universities, and professional sports in distorting and recalibrating the truth.

Take your pick... "The Team of Idiots" have duly executed high gas prices, high food prices, high heating bills, blackouts, air travel disruptions, a border crisis, supply chain backlogs, 401 depletions, stock dives, rampant crime, foreign policy blunders, etc.,

Their success is on full display through our suffering!

We can only hope that those who sow the wind shall eventually reap the whirlwind!

And who are the 33 percent? This is the odd percentage of those who believe all is well in America? I think they should all hang banners on their homes...so we all can know who aspires to be part of the Kabuki clown circus supporting "The Team of Idiots!'

> JEN GAUCHER SPENCER

You can make it happen

Give a compliment to a friend for a deed well done

Call your parents and tell them you Write personal goals to be imple-

mented and measured

Donate your time or money to a special charity

Stop ruminating and think positive

thoughts each day Create and perform a realistic exer-

cise program Visit a veterans' hospital and spread

Spend time reflecting on the posi-

tive events in your life Pay a toll for the car behind you at a

highway toll booth Make an effort to understand the

views of others Spread positive upbeat ideas to peo-

ple you meet, daily Eliminate eating unhealthy foods

and drinks Dress appropriately for all events

you attend During meetings, don't dominate

the conversation

Practice tolerance with views and

opinions of others Deliver to a friend or neighbor an

unexpected gift Treat people you meet during the day with total respect

Ask a friend, "May I do something

for you today?" Act as a good listener with a group

Honor your Creator daily Always conduct yourself in an upbeat, positive manner

Using your expertise, participate in community activities

Exercise your right to vote in local & national elections

Re-read selective Classical writings Pray often. Prayers are powerful Tell your wife or husband often, how much you love them

Read Scriptures of your choice, taking time to reflect

Develop and practice your personal "Code of Ethics"

Always tell the truth. Be honest with everyone

Be faithful to your wife and family Continue to pray for unity and world peace

Never use gamesmanship in dealing with others

Honor your father and mother Volunteer your expertise to your

local school system Create daily an atmosphere of har-

mony and optimism

Smile often during the day Show and exhibit examples of good-

ness in the community

Exhibit and practice patience when under pressure

Tell your family often the importance of family unity

Accept and practice His Ten

DONALD L. GAUDETTE, SR.

SOUTH HADLEY

Editor's note: The author is a former longtime resident of Spencer.

Immigration and the US southern border

To the Editor:

My name is Ryan Kelley, and I live in the town of East Brookfield. Recently, I have been working towards becoming an Eagle Scout, and have been working on the needed requirements for Merit Badges. Currently, I am working on the Communication Merit Badge, so I hope to briefly express my views on immigration and the state of the US southern border.

In the past two years, we have seen a major increase in the number of illegal immigrants crossing the southern border of the US. That number has risen from a hundred crossing per day to thousands within a rather short span of time. While there were still about 20,000 immigrants crossing the border illegally per month under Trump, his 'Remain in Mexico' policy greatly contributed to numbers significantly lower than we're seeing now. Looking at the data, the number of unaccompanied children at the border significantly dropped between the span of September of 2019 and February of 2021. Ever since that span, the number has risen to around 20,330

iust by April of 2021. In January of 2021, Biden had told

immigrants to not come to the border due to the concerns of Covid-19 and the current state of the US. However, the number of illegal immigrants crossing daily began to significantly increase just by March of that year when border patrol agents reported around 169,000 encounters at the southern border. At the end of 2021, the monthly average for border patrol agents reporting encounters at the southern border reached a high of 200,000. Along with the significant increase in encounters, the number of unaccompanied children crossing the border reached a high of 125,000 in 2021. Which was an average of 10,400 crossing every month.

With the data that has been presented throughout the years and the number of illegal immigrants that we see crossing the southern border each day, I strongly believe that the current individuals in government should create a more secure border policy and push for illegal immigrants to apply for a US citizenship.

Sincerely,

RYAN KELLEY EAST BROOKFIELD

Strengthen your 'three-legged stool' for retirement

For many years, Americans provided for their retirement needs through three sources: employer-sponsored pension plans, Social Security income, and savings and investments accumulated through employer plans or individual accounts - the so-called "three-legged stool." But today, that stool is shakier than it used to be. What can you do to strengthen it?

To begin with, all three legs of the stool are facing challenges. Let's consider them:



FINANCIAL Focus

TREVOR

NIELSON

Employer pensions -A generation ago, workers employed in many companies could count on a set monthly pension income to help them through their retirement years. Today, pensions – also known as defined benefit plans - are mostly found in public sector employment, as most private-sector employers have replaced their pensions with 401(k) and similar plans. These

plans can be quite effective at helping build resources for retirement, but they do place most of the responsibility for saving on the employee.

Social Security – Social Security has come under financial pressure because the workers-to-retirees ratio has declined significantly, according to the Social Security Administration's 2021 Board of Trustees Report. A number of proposals have been brought forward on how to improve the long-term financial security of the Social Security

Personal savings and investments -In terms of building savings and investments for retirement, the picture is somewhat mixed. The national savings rate has increased in recent years, but more than half of American workers still say their retirement savings are not where they should be, according to a 2021 survey from Bankrate, a personal finance website. And the same survey found that just over half of investors with a 401(k) or IRA have taken early withdrawals - that is, they withdrew money before they retired. Furthermore, we may be waiting too long even to begin saving/investing for retirement. A survey from Age Wave and Edward Jones found that respondents began saving for retirement at an average age of 38, but the majority said they should have started saving a

decade earlier. You have options for improving some parts of your own three-legged stool. For example, no matter what happens to Social Security, you can still decide when to start taking payments. You can begin collecting benefits as early as 62, but your monthly checks will be larger if you wait until your "full" retirement age, which will likely be between 66 and 67. You can even delay taking benefits until they "max out" at age 70.

As for a pension, you can't control what's available to you through your employer, but you can create your own retirement income stream by contributing as much as you can afford to your 401(k) or other employer-sponsored plan and by increasing your contributions whenever your salary goes up. And you can also contribute to an IRA or other investment vehicle to further boost your retirement funds. Try to leave these accounts intact until you need them for retirement. This will be easier if you've built an emergency fund, with the money kept in a liquid, low-risk account, to pay for unexpected costs, such as those resulting from a major car or home repair.

The three-legged stool may not be as universal as it once was - but you can still construct a sturdy structure to support your retirement needs in the

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Trevor Nielsen, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or trevor.nielsen@edwardjones.com.



LETTERS TO THE EDITOR

New green fiasco

To the Editor:

So, how has the new Green Deal been working? Its seems that that the only thing that this progressive liberal policy has been powering up are the terrorist and oppressive governments around the world. Countries like Saudi Arabia, Yemen, Iran, Venezuela, and Russia are now flush with cash from \$100 a barrel oil to finance their terrorist groups and oppression. I am sure the extra money coming out of your home budgets to fuel radical Muslim extremism, allow Russia to purchase advanced weapons from China, help Iran build an H-bomb, and strengthen Venezuela's communist thugs is making you all warm inside. You don't need cheap heating energy. Nice job you progressive liberals.

Meanwhile, countries that were forced to sign on to the Paris Accords suffer economic ruin as their countries

are hit with high inflation. No cars being sold, so instead they get to ride around on electric bikes and trains. Rolling blackouts as the electric energy grids are strained. Just wait to the winter comes into Europe. No heating fuel or gas will fuel the riots and overthrow of these progressive liberal policies. Of course, there will be the casualties as these progressive governments have to put down the "fascists." 'Fascists' is just another name for hard working people who don't agrees with

How's it working here in the USA? Not too great. They raised your gas prices up to \$4 to \$5 to force you to stop driving. Filling your home heating oil tank of 275 gallons under Trump was \$550. Now, under BiDumb, it's \$1,650. Only three times more. Senile old Joe keeps telling you he had nothing to do with it. Then we see the truth. He has halted fracking, instructed the Federal treasury to not loan to our oil companies, and has put all the restrictive regulations back in place. Under Trump we were energy independent. Trump was respected as a hard driving business man making deal good for our country. Like getting Germany and other countries to pony up the money to fund NATO. Of course, they hated him, their free ride was over! Why wouldn't they hate a guy that holds their feet to the fire. Now instead we have an old senile guy that goes begging hat in hand to Saudi Arabia, Iran, and Venezuela for oil handouts. How sad and pathetic of a world leader! His handlers have him double speak and then correct the lies as gaffes. How do you think the rest of the world views our president? You and I all know. They look at him with pity, sadness, and then try to pick his pockets. You see men like him wandering around the nursing homes and you feel sad for them. Just as sad are the little old liberal ladies that voted him because Trump had "mean tweets. When these same dopes complain about \$6 home heating oil this fall, just look them and go tell them to tell it to their cats. If you are happy with the results of the "New Green Fiasco" then vote for your Democratic politicians this fall. You know the head shaking liar Pocahontas Warren, the deal sponsor Markey, and the Pelosi s troll McGovern. These guys will make you happy with their unicorns and lies. If you want change, then vote Republican and Independent.

> Mark Robillard SPENCER

The fishing gets better every day

This past week saw fishing improving every day, with fluke, seabass, and tuna providing most of the action. Bluefin tuna fishing has been great in both Mass. & Rhode Island, with plenty of 70- to 80-pound fish being caught. Many bottom fishing anglers

are catching some impressive fluke and seabass in both Rhode Island & Mass.! Rhode Island has some of the craziest fishing regulations for recreational fishing anywhere. If you own your own boat, or you are fishing with a friend of yours on his boat, you can catch three seabass, but if you are on a charter boat you can catch six per angler starting Sept. 1. The same crazy and unfair regulations also pertain to tautog starting in September. The sooner recreational anglers get involved in Rhode Island's fishing regulations, the sooner they will get a fair share of the fish. But they won't!

Commercial draggers may not be the only ones to blame for a decrease of fish populations in our ocean's waters. Protected species like seals and ocean birds are gobbling up tons of fish daily to survive. The diet of a seal requires a lot of fish daily to fill their appetite. If 10,00 seals each weigh 500 pounds, they would consume 350,00 lbs. of fish per day. Birds like cormorant's also eat millions of pounds daily of baitfish, and spawning fish like winter flounder. One cormorant will consume one pound. of small fish each day.

I had watched cormorants eating recently spawned winter flounder along the shoreline at the boat ramp at Galilee Rhode Island not that long ago. Today, winter flounder populations crashed in all of Narragansett Bay. Overfishing is also to blame! A as well.

THE GREAT OUTDOORS

RALPH **TRUE**

decision needs to be made soon. Do we keep feeding these birds and seals, or do we keep some of the fish for human consumption?

Freshwater fishing has been holding its own lately, with a bit of a slowdown last week on some of the local ponds and

lakes. It also was very slow last week on the Quabbin Reservoir for numerous anglers including my brother Ken and his son Mark, that visit the Res. annually for some laker fishing. Ken also brings his wife Debbie on a few trips, and often have some great fishing, but not last week. It was slow for all of the anglers he talked to on that day. You should have been here yesterday!

A new type of fishing for brown sharks on the Cape was shown to this writer last week. Anglers are taking a long walk at night on some of the beaches on the cape, with fishing gear in tow! They are catching and releasing six-foot brown sharks, and are tagging them for the state. Many beach goers may want to take a look at some of these photos. More and more great white sharks are also showing up along the Cape beaches, which is causing concern about the safety of going into the water just for a quick dip! Yikes!

This year, mice and chipmunks are out of control in Mass., and the high acorn crop is partially to blame. Just when you think you have them under control, they start showing up again in basements, garages, and in your home. They are eating their way through plastic and carboard boxes. This past winter, they caused a lot of damage to automobile & lawnmower wiring. They were responsible for damage to out-



Photo Courtesy

This week's picture shows two yellow Lab pups from which this writer had to choose from 11 years ago. It was a hard decision, as I am sure they both would have turned out just great. I wish I had bought both of them!

It was not long ago I mentioned a quick way to get rid of some of these rodents using a simple bucket of water and a ramp from the floor to the top of the pail. A simple wire coat hanger was used by cutting the wire so that it could go through one side of the pail to the other at the top. A soda can had two holes drilled in it at each end, so that the wire could be inserted through the can, allowing it to spin. Place some peanut butter on the surface of the can. Partially fill the bucket with water, a third full. It works! I caught at least 15 mice in a few days, and still counting!

We still have a lot of summer left, and our pets need to be kept in a cool dry place, with plenty of fresh water. Exercising should be done early mornings and late evenings. Taking your dog for a walk in the heat of the day can be unhealthy for them, as well as burning their feet on the hot pavement or sidewalk. When we were young, we often fried an egg on the hot pavement, just to prove a point as to how hot it was. Never leave your kids or pets in a hot car! We have all watched our TV showing the horrible results!

Take A Kid Fishing & Keep Them



Positively SPEAKING

TOBY MOORE

Last week, I discussed the first thing you must have to achieve your dream: desire. Whatever you want to do in this life, you can do, as long as your desire is strong enough. Desire isn't the only factor. Probably the second most crucial building block to accomplishing vour dream is faith.

Faith is often confused with belief. Belief is something we intellectually accept as true, but faith is a commitment to think, speak, and behave in a manner consistent with your belief. If you cannot live your life in a manner consistent with your belief, can you genuinely say that you have faith?

When it comes to accomplishing your dreams, you must not only believe it can be achieved, but you must also combine your belief with action. You must act as if. When you can align belief with your thoughts, words, and actions, that's faith.

We often associate faith with positivity. It can be related to negativity

Many believe they are doomed to a life of failure and bad luck. Unfortunately, they've combined this belief with their thoughts, words, and actions. They think thoughts of defeat, speak words of failure and behave in ways that

EDITORIAL

continued from page A8

sumed high amounts of sodium accelerated the cellular aging process especially if they were overweight. Maintaining a healthy weight is also important. It's one thing to indulge every so often, however as we age our metabolism comes to a screeching halt.

Get out in nature. One study showed that those who spend time outdoors are less depressed and have an overall bet-

ter sense of well being. In the words of playwright George Bernard Shaw, "We don't stop playing because we grow old; we grow old because we stop playing.'

The building blocks of dreams: Faith

indicate they will not succeed. This alignment with the negative produces a strong faith that failure and misfortune are their lots in life and nothing will

This type of faith is destructive in many ways. When you think, speak, and behave as if you will never be successful, you may never try, and even if you do have a desire to try, your passion will eventually be stifled and extinguished by your faith that failure is inevitable.

You may think, "I do behave and live as if things will always be bad and I'll never get a good break in life; how can I change?'

There is an old belief that your subconscious mind will move you towards the life you want based on what you instruct it to do; that it's like a programmable computer, and you can program it however you wish. There is now science that indicates this may be

If you tell your subconscious mind, through thoughts, words, and actions, that you are destined for failure and that you'll never have what you want, then your subconscious mind will work day and night to make that a reality.

It's been said, "If a person repeats a lie repeatedly, they will eventually accept it as truth." Every person is what they are because of the dominating thoughts they hold in their mind, and when you align your thoughts with emotion, it's one of the best ways to get your subconscious mind to move in a desirable direction.

What are you telling yourself? Are you telling yourself you're a failure and

combining that narrative with pity? Are you telling yourself you'll never have what you want and combining it with the emotion of anger? When you do this, you mix your thoughts with emotion. Some say you're programming your subconscious in the wrong direction, increasing your faith in the negative.

Can you tell yourself you're a winner, accept it, and feel the emotions that accompany victory? Can you learn to dream of success and feel joy, love, and gratitude?

Repetition of thought, words, and action, mixed with the proper emotion, done often enough, will increase your ability to think, speak, and act in a manner consistent with your desired outcome, thereby increasing your faith.

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Take THE HINT **KAREN**

TRAINOR

It's summertime and the livin' is easy if you know some "tricks of the trade" to make your warm weather activities less of a hassle! The following timely tips are geared toward carefree summertime living.

It's fresh fruit and veggie season, but before you spend big bucks on commercial produce cleaners and fresheners, try these homemade solutions that do the job for pennies!

To make a homemade "fruit fresh" clone, dissolve two vitamin C tablets in a large bowl of water. Dunk in the fruits or vegetables to keep them fresher longer.

If you're buying "Fit" produce wash, your hard earned cash may be literally going down the drain! Whip up this homemade version for pennies: In a spray bottle, mix two tablespoons of baking soda with one cup of water. If you want add a tablespoon of lemon juice. Spray veggies, let sit for a few minutes and rinse!

Fresh summer fruit is a gift of the season and picking a fruit at its peak of freshness is a top priority. When shopping for peaches, look for fruit that feels heavy for its size, with. smooth unblemished skin. Ripe fruit should be soft enough to yield to the touch, but not overly mushy. To pick a sweet cantaloupe, look for the one with small, tight netting on the skin. If the seeds rat-

Summertime Tips

tle, it may be overripe. Strawberries, should be plump and bright red. Top leaves should be attached, green, and fresh looking. Look for firm watermelons with a dull outer skin. When you thump it, it should give a hollow sign. If you're buying sliced watermelon, look for a bright, deeply colored pink to red flesh. Many fibers or white streaks indicate an over ripe, older fruit.

Need to ripen fruit fast? If you want to speed up the ripening of other fruits place them next to your bananas. Bananas give off a gas called ethylene.

July is National Ice Cream Month, so it's practically our patriotic duty to indulge in the sweet, frozen treat this month! In 1984, President Ronald Reagan designated July as National Ice Cream Month. Recognizing ice cream as a fun and nutritious food that is enjoyed by a full 90% of the nation's population, Mr. Reagan called for all people in the US to celebrate the event each July - and who are we to argue? To kick off a month of sweet celebrations, try this refreshing Frosty Freeze. In a mixing bowl, just chop one cup of slightly softened vanilla ice cream with a spoon. Drizzle on one tablespoon frozen lemonade, thawed but not diluted. You'll love it!

When you eat ice cream, the intense cold can sometimes causes blood vessel spasms, otherwise known as "brain freeze." If you start to feel an ice cream headache coming on, you may be able to slow it down by holding your tongue against your palate to warm it up until you finish your chilly dessert.

Want to lick your ice cream head-

aches altogether? Some doctors say that simply eating cold foods more slowly can help prevent brain freeze.

Did you know? Ice cream should be stored at 0 to -10 degrees F. to maintain its texture. However, the best temperature for scooping ice cream is 8 to 12 degrees F, so leave it out of the refrigerator for several minutes before scooping. And ice cream should never be stored on the door of the freezer. Fluctuating temperatures from all the opening and closing can melt and refreeze it, creating ice crystals.

It's fishing season! If you're dropping your line into the waters this weekend read on for a few tips to help make your time at the fishing hole more produc-

Successful fishers make it a habit to change their line. Fishing line has memory- it will retain the twist, nicks scrapes, and it gets weaker every time it is used. Don't chance losing the "big one" to brittle line!

And be sure to match your hook size to your bait: small for small, large for large. It makes a difference in holding your bait, and in how many strikes you will get.

Take a valuable fishing tip from old timers who say "if you find the bait you'll find the fish." To do this efficiently, they make it a habit to scan the water for bird activity. Follow the birds, who follow the bait, and you'll likely find the fish!

Want to up your odds of trout for supper? When lake fishing, dip your

crawler in the oil from a can of smoked oysters!

Or try this secret recipe from anglers: Combine two ounces of cod liver oil with 20 drops oil of anise. Mix well. Dip your bait in the mixture and string up the trout!

Still no bites? It could be your bug repellent. Never handle bait after applying it as the scent will keep the fish away.

Win Dinner for Two at the Publick House

Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick

Increase flowers with a bit of deadheading

Keep your garden looking its best with a bit of deadheading. Removing faded flowers can promote repeat bloom on some plants, encourage fuller, more compact growth, and tidy up the garden.

Use a bypass pruner or deadheading snips

to remove faded flowers. These tools have two sharp blades like scissors. This results in a clean cut that closes quickly, leaving your plant looking its

The type of flower will influence how and where to make the cut. In general, remove the stem of faded blooms back to the first set of healthy leaves or nearby flower buds.

Deadhead flowers like salvia, veronia, and snapdragons by removing faded flowers to encourage more blooms. Make cuts below the faded flower and above a set of healthy leaves or new

GARDEN Moments **MELINDA MYERS**

Encourage tional blossoms and improve Shasta daisy's appearance by removing faded flowers. Prune back just above a set of healthy leaves.

flower stems.

Cut the flowers of Armeria, coral bells and other flowers back to the base of the flower stems that

arise from the foliage. This improves the appearance and encourages more blooms on some of this type of flowering perennial.

Plants like daylilies and balloon flowers require a bit different care for a tidier look. Remove the individual blooms as they fade. Once bloomed out, you can cut the flower stem back at the base. Allowing the faded flowers to hang on the stem until it is all bloomed out won't hurt the plant, it just detracts from the plant's overall beauty.

Removing fading flowers of fuchsia



Removing the individual blooms of balloon flower as they fade will keep this plant looking its best.

and lantana will prevent the plants from going to seed and encourage more blooms. Remove any berries that do form to keep these plants flowering.

Some plants like impatiens, cuphea and calibrachoas are self-cleaning. Old blossoms fall off the plants as new flow-

ers form, eliminating the need for dead-

Deadhead heavy seeders like columbine to reduce the number of seedlings and contain the spread. Or allow some seeds to develop if you have space to fill

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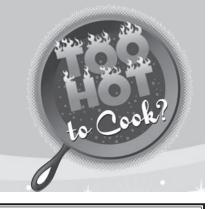
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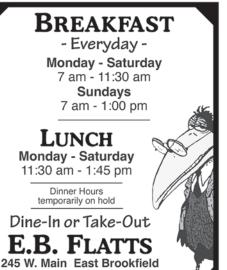
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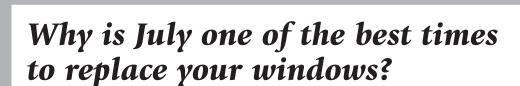
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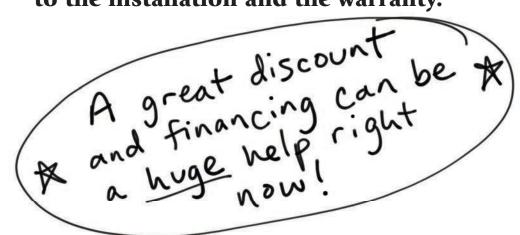
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Practical Nursing graduates participate in disaster drill

PAXTON — Anna Maria College hosted a multi-agency emergency response exercise in partnership with first responders and professionals in emergency management last June 20. The drill was contained to the Anna Maria Campus. The College was closed that day for the federal and state holiday.

The main event took place in the parking lots behind Madonna from 10 a.m. to 1 p.m., although emergency personnel and vehicles arrived earlier. Practical Nursing graduates from Bay Path Practical Nursing Academy volunteered as participants through the Worcester Medical Reserve Corps. The volunteers were Martha Aboagye and Moreen Barber, both of

Worcester, Evalyne Njoroge of Southbridge, and Maryanne Cann of Connecticut. The practical nursing graduates learned about moulage and levels of play such as triage, medical response, patient transport, interagency coordination, communications, and activation of flight EMS.

The Full-Scale exercise dubbed as Project Punch was brought by the Beth Israel Deaconess Medical Center and Harvard Medical School Teaching Hospital Division of Disaster Medicine and Department of Emergency Medicine. Outside of Anna Maria College staff, faculty, and potential admission guests, only pre-registered drill participants were allowed onto the campus and monitored at the main entrance by Paxton Police. Other agencies involved include Paxton Fire, West Boylston Fire, and Worcester Fire. Also present were Massachusetts HazMat, MedStar Ambulance, STAT Southcoast EMS, Worcester EMS, Central Mass EMS, Worcester CMED, and Life Flight. Law enforcement agencies who were present included Paxton Police, MA State Police Emergency Response, and FBI. Along with the emergency personnel and vehicles present, aerial drones and a medical helicopter was present.

About Bay Path Practical Nursing Academy: Bay Path Practical Nursing is a 40-week (10-month), full-time, Monday through Friday, evening program. The program begins



mid-August and is completed in late June. Graduates receive a Practical Nursing Certificate

and are eligible to take the NCLEX-PN licensure exam.

Roger Williams University announces 2022 graduates

BRISTOL, R.I. — The following students received their degrees in May as part of the Class of 2022.

Nathan Barley of West Brookfield graduated Magna Cum Laude with a B.S. in Marketing

Andrew Carlson of Leicester graduated Magna Cum Laude with a B.S. in Web Development

Morgan Davis of East Brookfield graduated with a B.A. in Visual Art

Ryan Greaney of Leicester graduated Cum Laude with a Master of Business Administration 4+1

Daniel Griffiths of Leicester graduated with a B.S. in Criminal Justice

About RWU

Roger Williams University, students are prepared to be thinkers and doers ready to solve challenging problems with innovative solutions. RWU offers 50 majors and robust offerings of graduate and professional programs across eight schools of study including Rhode Island's only law school, with campuses on the coast of Bristol and in the heart of Providence, R.I. With small classrooms and a focus on undergraduate and graduate research and community engagement, a Roger Williams education blends the strength of liberal arts and professional studies, providing all students with the depth and breadth of interdisciplinary thinking and well-rounded knowledge necessary to succeed in our interconnected, global world. RWU is committed to strengthening society through engaged scholarship so that students graduate with the ability to think critically and apply the practical skills that today's employers demand.

Nitza Toedt named to Goodwin University's President's List

EAST HARTFORD, Conn. — Nitza Toedt of West Brookfield earned a place on Goodwin University's President's List for the Spring 2022 Session. The Spring 2022 President's List includes 367 students, all of whom scored a perfect 4.0 GPA.

Goodwin University in East Hartford, Connecticut, is an innovative learning community that empowers hard-working students to become sought-after employees. We tailor our programs to address the needs of employers, and we shape them to fit the lives of stu-

dents. Classes are conveniently offered year-round - days, evenings, weekends, and online. Degrees may be flexibly layered across certificate, associate, bachelor's, and master's programs in a variety of in-demand fields. Better still, we surround our students with the personal support and the professional guidance they need - not just to earn degrees, but to change lives for themselves, their families, and their communities. For more information, please visit www.goodwin.edu.

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When the mercury rises, savvy cooks know lighter fare is the name of the game. Light recipes can be made even better by incorporating fresh pro-

duce that's full of vitamins and minerals. It's even possible to grow many of these foods right in your own backyard garden. "Baked Peppers With Rice

Fresh vegetables are the star of summertime meals

Stuffing (Bajoques Farcides)" is a delicate stuffed peppers recipe that originated in Alcoy, Spain. Rich flavors from pork and chicken pair with sweet peppers, tomatoes and corn for a filling, yet not overly dense dish that's perfect for warm a weather lunch or a light dinner. This recipe comes courtesy of M. Teresa Segura's "Spain: Authentic Regional Recipes" (Fall River Press).

> Baked Peppers With Rice Stuffing Serves 6

tablespoons olive oil large chicken breast, diced 5

diced

ounces lean pork,

ounces ham or smoked

bacon, diced

ounces short-grain rice

garlic cloves, finely chopped

pounds ripe tomatoes, skinned, seeded and chopped

green bell pepper, finely chopped

tablespoons corn kernels 2

teaspoons paprika Pinch powdered saf-

fron

Salt and freshly ground black pepper tablespoons chopped fresh parsley

large red bell peppers

Heat the oil in a large saucepan and fry the chicken, pork and ham or bacon until colored on all sides. Take the pan off the heat and reserve.

Meanwhile, cook the rice in plenty of boiling salted water until done — usually about 15 minutes, but follow the instructions on the package. Drain and reserve the rice.

Add the garlic, chopped tomatoes, green bell pepper, corn kernels, paprika, saffron, salt and pepper, and parsley to the pan containing the meat. Let the sauce simmer and reduce the volume of liquid by about half. Stir the rice into the sauce.

Oil a deep ovenproof dish big enough to take all the peppers. Cut off "lids" at the stalk ends of the peppers and remove the seeds. Stuff them with the meat and rice mixture and replace the lids. Tuck the peppers into the dish, cover with foil, and bake at 325 F for 11/4 hours.

Make the most of your staycation with these activities

Staycations have grown in popularity in recent years. A 2018 poll from YouGov Omnibus found that 53 percent of the more than 100,000 participants had taken a staycation at some point, proving that forgoing traditional vacations for relaxing respites in the comfort of home is a wildly popular trend.

While they might not be as exotic as venturing off to parts unknown, staycations need not be limited to days spent lounging by the backyard pool or laying out on the living room couch. The following are a handful of activities that can help people make the most of their

• Spa experience: Who doesn't like the chance to engage in a little pampering when staying in a fancy hotel? That same luxury can be enjoyed during a staycation by booking an appointment at a local spa that offers all the amenities, including a sauna, steam room, beauty treatments, and, of course, massage services.

• A day on the links: The opportunity to test one's mettle on a new course in an idyllic setting is one golf lovers simply cannot pass up while vacationing. A similar challenge can be found when staying at home. Do a little homework to find the most challenging course within



A night spent camping in the backyard and making s'mores can add a little variety and fun to a stavcation with the family.

driving distance of your home and then book a tee time, treating yourself even further by indulging in a good meal in the clubhouse once your 18 holes are up.

The wonders of nature: Professional

and personal lives can make it hard to enjoy the great outdoors, even when it's steps from your front door. During a staycation, commit to exploring local parks, hitting the trails to hike or moun-

tain bike or renting a boat or kayak and taking to the water.

sights, visit a museum and cap it off

City life: Just because you aren't traveling far away doesn't mean you cannot still get out of town for a day. Plan a day trip to a big city within driving distance of your home. See the

with a visit to a restaurant serving your favorite ethnic cuisine.

• "Go" camping: Parents of young children can make a staycation more special by spending a night camping in the backyard. Leave your devices indoors as you sit around the firepit telling stories and making some delicious s'mores. Then set up the tents and sleep under the stars for a memorable night in the "wild."

· Rainy day: If the weather is not cooperating during your staycation, create a backup plan to add a little life to rainy days. Plan a daylong film festival in which each member of the family gets to choose a movie everyone can watch together. Make sure you have plenty of popcorn on hand and order in a few pizzas so everyone can focus on the films.

Families planning staycations can make these relaxing respites at home more enjoyable by incorporating a few unusual activities throughout the week.

What is the 50-30-20 approach?

Effective financial strategies vary depending on which stage of life a person is in. For example, a recent college graduate working his or her first professional job will not have the same financial strategy as someone on the cusp of retirement. But one financial strategy that people of all ages can look to for guidance is the 50-30-20 approach. Popularized by United States Senator Elizabeth Warren, the 50-30-20 approach to financial planning can be a valuable resource for anyone trying to develop a budget. The approach is simple yet effective. Under the 50-30-20 approach, income is allocated based on this break-

• 50 percent of money is spent on needs, including housing costs, health insurance, car payments, and groceries

• 30 percent of money is spent on wants, including hobbies, dining out and travel

• 20 percent of money is allocated to savings

Proponents of the 50-30-20 approach note that calculations should be based on after-tax income, or what's

often referred to as "take-home pay." Professionals with steady paychecks can easily determine their 50-30-20 breakdowns by saving a month's worth of pay stubs and establishing their monthly budget based on what's coming in. The task can be trickier for self-employed or freelance workers, who may benefit from working with financial planners as they seek to create monthly budgets based on the 50-30-20 approach. MM20C490

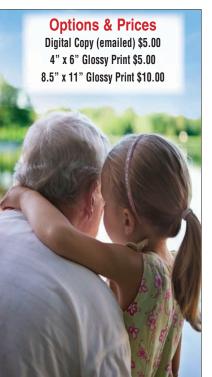




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OBITUARIES

Richard D. Wolanski, 67

SPENCER/LEICESTER: Richard D. Wolanski, 67, of Spencer, formerly of Leicester, died Sunday, July 10th, at his home, surrounded by family after a courageous battle with pancreatic cancer.



He leaves his wife of 48 years, Rosemary Wolanski; (Ethier) his son, Richard D. Wolanski, Jr. and his wife Amanda of Auburn; his daughter, Kathleen M. Soden and her husband Mark of Leicester; his

brothers, Stephen Wolanski of Spencer and Robert Wolanski of Leicester; his sister, Kathleen M. Sharry and her husband Joseph of Worcester; his sistersin-law, Patricia Marino of Oxford and Peg Erickson and her husband Melvin of Spencer; his grandchildren, Julia and Luke Soden, Nathaniel, Benjamin, and Karina Wolanski; several nieces and nephews.

A lifelong resident of Leicester, Rick was born in Worcester, the son of Richard T. and Dorathy (Harrington) Wolanski. He graduated from David Prouty High School in 1972. He later earned an Associate's Degree from Quinsigamond Community College in Worcester, a Bachelor's Degree from Anna Maria College in Paxton, and his Master's Degree in Criminology from Western New England College in Springfield.

Rick was a Massachusetts State Trooper for 33 years, graduating from the 65th Recruit Training Troop in May of 1982. He was stationed at the Northampton, Springfield, and Brookfield barracks throughout his career. He was assigned as a detective in the former Crime Prevention and Control Unit attached to the Worcester District Attorney's office and as the Unit Commander for the Academy's Health & Fitness Unit. He retired in 2015 and finished his career with the rank of Lieutenant, as the Station Commander for the Brookfield Barracks. Before his service with the MSP, he worked as an officer at the UMass Medical Center Police Department and as a patrolman for the Leicester Police Department.

Rick had a voracious appetite for

BRISTOL, R.I. — Select students have

been named to the Spring 2022 Dean's

List at Roger Williams University in

Bristol, R.I. Full-time students who

complete 12 or more credits per semes-

ter and earn a GPA of 3.4 or higher are

placed on the Dean's List that semester.

Nathan Barley of West Brookfield

Morgan Davis of East Brookfield

At Roger Williams University, stu-

dents are prepared to be thinkers and

doers ready to solve challenging prob-

lems with innovative solutions. RWU

Andrew Carlson of Leicester

Isaiah Saint-Vil of Spencer

Bella Miles of Brookfield

Jeff Skov of Spencer

About RWU

Nathan Gershman of East Brookfield

sports and health. He enjoyed barefoot and slalom water skiing, racquetball, golfing, basketball, jogging, and biking. He and a friend once rode their bicycles from Florida to Maine just for fun.

Rick lived his life with adventure and wonder. There was no challenge so big that he shrank from it, and no pleasure so small that he dismissed it. His most precious asset was his time, and he gave it to others freely. Rick participated in seven Pan-Mass Challenges to raise money for the Dana-Farber Cancer Institute and volunteered his time at the Leicester Food Pantry. He was Scout Master for Leicester Boy Scout Troop 126 and coached softball. He was instrumental in building and supporting the Beverly School of Kenya, a renowned K-12 science and technology boarding and day school for underserved children in the villages and communities of Kenya.

Rick married his high school sweetheart in 1974. He and Rose had a love story that lasted for 50 years. Rick and Rose were able to spend their retirement exercising together, nights out at the Hanover theater, traveling extensively, and savoring time with family and friends. One of Rick's greatest joys was spending time with his family. He loved boating and tubing with his five grandchildren at the lake house in Spencer.

The family would like to thank the medical teams at the Dana-Farber Cancer Institute of Boston and Milford. and the Overlook Visiting Nurse Association Home Care & Hospice in Charlton for the loving care provided to Rick during his illness.

Rick's funeral was held on Monday, July 18th from the MORIN FUNERAL HOME, 1131 Main St., Leicester, with a Funeral Mass at 10 a.m. in St. Pius X Church, 1153 Main St., Leicester. Burial followed in Worcester County Memorial Park, Paxton. Calling hours were Sunday, July 17th, from 2 to 5 p.m. in the funeral home. In lieu of flowers, contributions may be made to the Beverly A. Lidonde Education Corporation, 206 Boston Rd, Sutton, MA 01590, or the Leicester Food Pantry, 759 Main St., Leicester, MA 01524.

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ening society through engaged scholar-

ship so that students graduate with the

ability to think critically and apply the

practical skills that today's employers

Joseph L. Eldridge 88

Joseph L. Eldridge 88 "Joe" passed away April 28,2022 at Umass Memorial Hospital in Worcester. With his son George and Gina (George's girlfriend) by his side.



Joe is survived by his daughter Tammy Fortin of Orleans VT, Son George Eldridge of Spencer, Ma and girlfriend Gina St. John of Barton, VT, His grandchildren Sanis of FL, Jennifer, Sammantha,

Raymond, and Sharon of VT, Joshua of Ma and predeceased by, Kathrine of Ma.

Joe was a well-constructed man, he worked in construction, he helped in building bridges and buildings for the local labor union. To our knowledge he not once in 30yrs called in sick!! He loved doing yard sales, going to flea markets, car shows, auctions, fairs, and spending time with his son George and

Family and friends are invited to a Celebration of Life July 24,2022 at 1:00pm at the Spencer Fish and Game. 155 Mechanic St, Spencer Ma 01562.

In lieu of flowers donations may be made in Jospeh's name to Alzheimer's or a cancer foundation.

Wayne Anthony Eldridge 61

Wayne Anthony Eldridge 61, of Spencer, MA entered into God's kingdom on Jan3.2022 in the comfort of his home, surrounded by his family. After a short battle with Lung cancer.



Wayne is survived by his father Ernest Eldridge Sr Wareham, MA whom he very close with, His mother June (white) Karas of Brookfield, MA, Brother Ernest Eldridge Jr and his

wife Victoria of Spencer, MA, Sister Jean Joseph and half-sister Melody Spence. His daughter Amy Eldridge and grandchildren Kyle and Aiden. His dog Peanut.

From a young age he lived with NO fear! He loved to salvage things, he never let a free pile pass. Wayne was always willing to give a helping hand whether it was helping a friend or nursing an animal back to life. He looked forward to seeing his dad in the summer and enjoying the "old neighborhood". Wayne was very creative, he loved carving and decorating canes, crafts, dreamcatchers, and decorating his house. He had a love for Indian décor, history, camping, motorcycles, his dog peanut, and mostly enjoying

The family would like to thank Marcy for the long talks and always giving Wayne comfort. Thank you to the Hospice nurses for their loving care. Special thank you to his niece Cristal Gallant and his best friend Faith Benoit for taking special care of Wayne and making it possible for him to have his wish of his last days in his home.

Family and friends are invited to a celebration of life July 24,2022 at 1:00pm Spencer Fish and Game 155 Mechanic St, Spencer Ma

In lieu of flowers donations may be made in Wayne's name to the American lung association or Saint Jude's Children's Hospital.

Michael J. Drab,73

BROOKFIELD/SPENCER- Michael J. Drab,73, of Brookfield and formerly of Spencer, died Saturday, July 16th surrounded by his loving family at home.



He leaves his wife and soulmate of 33 years, Brenda L. (Brown) Drab, children; his Robert Kitteredge of Conn, Francis Frigon and Alicia Norman of Spencer,

Sonya Carlson of Southbridge and Mandi Mutlick of Brookfield with whom he lived, He also Michael, Robert and George Kittredge and Michelle Hazelwood , sisters; Anne Irwin of Shrewsbury and Debbie Drab of No.Brookfield, 18 grandchildren and 6 great grandchildren, several nieces and nephews. He is predeceased by his daughters Valerie and Eliza Kittredge. The family would like to thank Dr. Jennifer Yates for her compassionate care of Mike during his illness.

Born in Worcester, he was the son of John M. and Gertrude (Lacroix) Drab and lived most of his life in Spencer. He was a construction worker for many years prior to retirement. He was an Honorary Life Member of the Spencer Fish & Game Club. He enjoyed trips to the casino and fishing. Most of all he loved to be home spending time with his family and playing with his grandchildren. He openly expressed his happiness of his granddaughter Chantelle's recent engagement.

At his request, no funeral services are planned at this time. A celebration of his life will be held by his family with a date to be determined. In lieu of flowers, contributions may be made to Second Chance Animal Services, P.O. 136, E.Brookfield, MA. 01515.

The J.HENRI MORIN & SON FUNERAL HOME, 23 Maple Terr., Spencer is assisting the family with arrangements.

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MYERS

continued from page **A10**

or want lots of seedlings to transplant to new garden beds.

Allow seedheads to develop on coneflowers, rudbeckias, and other plants that provide winter interest and food for the birds.

Remove flowers as they appear on coleus to promote more compact growth. Late blooming, flowerless varieties and self-branching coleus hvbrids reduce or eliminate time spent on this

Consider skipping

When combined with faith in a high-

er power, your thoughts, words, and

actions can powerfully align with your

desire to accomplish your dream. If you can bring yourself to align your

vision with faith in a higher power, it

can be the single most powerful way to

continued from page A9

increase your confidence.

the deadheading of late blooming perennials. This allows them to prepare for winter and form seedpods for a bit of winter interest.

Improve the appearance of leggy plants with long stems and few leaves with a bit of pruning. Cut back further into the leafy stem when deadheading to encourage fuller growth as well as more flowers.

Make deadheading part of vour regular maintenance. garden Investing time throughout the season will help keep your garden looking its best.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She Great hosts TheCourses "How to Grow Anything" DVD instant video series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is www. MelindaMyers.com.

Living as if you can attain your dream life means you'll think, speak, and act as if accomplishing your dream is inevitable. Bringing all of these into alignment will also increase your desire. When you affirm your desire with faith, you'll begin to want it more and be that much closer to living the life you want.

Join me next week to discuss the third step you must take to accomplish your dreams.

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Roger Williams

University announces

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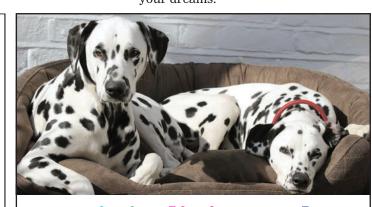


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POLICE REPORTS

Spencer Police

WEDNESDAY, JULY 6

12:08-1:38 a.m.: buildings checked, secure; 6:54 a.m.: DPW call (Olde Main Street), loud noise/no power; 8:03 a.m.: citizen complaint (Browning Pond Road), roadwork/no detail officer; 9:16 a.m.: animal complaint (Temple Street), mv vs cat; 9:34 a.m.: animal complaint (Thompson Pond Road), barking dog; 11:06 a.m.: DPW call (Paxton Road), lg. branch in roadway; 11:38 a.m.: medical/general (Crestview Drive); 12:30 p.m.: DPW call (Greenville Street), damaged utility pole; 12:48 p.m.: officer wanted (West Main Street), question re: restraining order; 12:54 p.m.: parking complaint (Main Street), mv all day in 1 hr. spot; 12:55 p.m.: officer wanted (Crestview Drive), illegally registered mv; 1:03 p.m.: medical/general (Main Street); 3:01 p.m.: medical/ general (West Main Street); 3:47 p.m.: restraining order service (West Main Street); 4:13 p.m.: restraining order service (West Main Street); 5:47 p.m.: commercial alarm (West Main Street); services rendered; 5:52 p.m.: medical/ general (Lincoln Street); 6:52 p.m.: mv complaint (South Spencer Road), re: car carrier; 7:18 p.m..: abandoned 911 call (Wall Street), misdial; 7:30 p.m.: mv complaint (North Spencer Road), erratic mc operator; 7:48 p.m.: 911 call (West Main Street), resolved; 9:29 p.m.: juvenile matter (Taylor Drive), req. welfare check; (total daily mv stops

THURSDAY, JULY 7

12:18 a.m.: mv lockout (Main Street), services rendered; 1:48-1:56 a.m.: buildings checked, secure; 2:44 a.m.: suspicious persons (Main Street), investigated; 6:37 a.m.: officer wanted (Chestnut Street), info taken; 7:04 a.m.: officer wanted (West Main Street), LTC change of address/2; 8:01 a.m.: accident (Main Street), report taken; 8:59 a.m.: 911 call (Main Street), accidental; 9:39 a.m.: officer wanted (West Main Street), LTC change of address; 11:44 a.m.: medical/general (Main Street); 12:00 p.m.: officer wanted (Main Street), re: Bish case; 12:58 p.m.: medical/general (Thornberry Circle); 1:27 p.m.: suspicious persons (West Main Street), unwanted party; 1:48 p.m.: medical/general (Lake Street); 3:28 p.m.: animal complaint (R. Jones Road), re: skunk; 3:21 p.m.: disabled mv (West Main Street), no action required; 3:53 p.m.: multiple LTC issued/5 (West Main Street), assisted; 4:09 p.m.: accident (Hebert Road), report taken; 4:23 p.m.: abandoned 911 call (Briarcliff Lane), misdial; 4:41 p.m.: suspicious persons (Church Street), investigated; 5:15 p.m.: officer wanted (Main Street), spoken to: 6:44 p.m.: medical/general (Grove Street); 8:09 p.m.: abandoned 911 call (Mechanic Street), misdial; (total daily mv stops -5).

FRIDAY, JULY 8 12:57-1:15 a.m.: buildings checked, secure; 7:09 a.m.: accident (Main Street), report taken; 10:01 a.m.: animal complaint (McCormick Road), dog bite; 10:46 a.m.: 911 call (West Main Street), hang-up; 11:49 a.m.: officer wanted (Main Street), door to business open; 12:10 p.m.: medical/general (Lincoln Street); 2:32 p.m.: animal complaint (G.H. Wilson Road), req. call from ACO; 2:39 p.m.: officer wanted (Bay Path Road), req. welfare check; 2:40 p.m.: medical/general (Cottage Street); 3:06 p.m.: medical/general (Lincoln Street); 3:06 p.m.: medical/ general (Crestview Drive), lift assist; 3:20 p.m.: suspicious persons (North Spencer Road), investigated; 5:22 p.m.: fire alarm (Main Street), referred; 5:29 p.m.: RV complaint (Highland Street), investigated/ATV; 6:17 p.m.: abandoned 911 call (Main Street), resolved; 7:15 p.m.: parking violation (Chestnut Street), ticket issued; 7:51 p.m.: animal complaint (Pioneer Valley Drive), missing dog; 9:25 p.m.: medical/general (Greenville Street); 10:17 p.m.: juvenile matter (Main Street), re: concern for children; 10:53 p.m.: mv complaint (Main Street), erratic operator; 11:07 p.m.: officer wanted (West Main Street), St. V on cautionary status; (total daily mv stops – 7).

SATURDAY, JULY 9 12:27 a.m.: accident (Thompson Pond Road), report taken; 1:29 a.m.: building checked, secure; 1:29 a.m.: fire/woods/grass (G.H. Wilson Road), tree fell/wires down; 2:22 a.m.: disturbance (Maple Street), woman screaming; 2:48-2:55 a.m.: buildings checked, secure; 6:27 a.m.: commercial alarm (West Main Street), services rendered; 7:49 a.m.: medical/general (Lakeshore Drive), lift assist; 9:08 a.m.: commercial alarm (Water Street), accidental; 9:38 a.m.: 911 call (North Spencer Road),

open line; 10:36 a.m.: burglary (North Spencer Road), items missing from residence; 12:31 p.m.: mv complaint (South Spencer Road), erratic operator; 1:35 p.m.: abandoned 911 call (Maple Street), resolved; 3:02 p.m.: parking complaint (Old Farm Road), multiple mvs in area; 3:05 p.m.: medical/ general (Northwest Road); 4:00 p.m.: officer wanted (High Street), question re: warrant; 4:01 p.m.: illegal dumping (Meadow Road), lg. bag of trash; 4:22 p.m.: 911 call (West Main Street), accidental; 4:58 p.m.: officer wanted (Alta Crest Road), req. welfare check; 5:09 p.m.: animal complaint (Cherry Street), cat issue; 5:57 p.m.: building checked, secure; 6:59 p.m.: RV complaint (Wire Village Road), 4-wheelers in traffic; 7:41 p.m.: 911 call (Howe Village), accidental; 7:44 p.m.: mutual aid (West Main Street), Charltong PD bolo; 10:04-10:15 p.m.: buildings checked, secure; 8:47 p.m.: mutual aid (West Main Street), Brookfield PD bolo; 9:11 p.m.: disturbance (Valley Street), noise complaint; 9:50 p.m.: fireworks complaint (Hastings Road); 10:54 p.m.: disturbance (West Main Street), lg. disturbance/Brookfield; 11:22 p.m.: suspicious mv (Greenville Street), investigated; (total daily mv stops - 1).

SUNDAY, JULY 10 1:20 a.m.: mutual aid (Pope Street), transport prisoner for State Police; 2:49 a.m.: medical/general (Grove Street); 3:32 a.m.: building checked, secure; 6:18 a.m.: accident (Grove Street), report taken; 6:35 a.m.: medical/general (Howe Village); 7:00 a.m.: officer wanted (West Main Street), St. V's/ cautionary status; 8:49 a.m.: disturbance (Church Street), male yelling at people; 9:32 a.m.: officer wanted (High Street), ex tossing her belongings; 9:43 a.m.: animal complaint (Grove Street), loose dogs; 10:05 a.m.: medical/general (Lincoln Street); 10:31 a.m.: disturbance (Main Street), verbal altercation; 11:45 a.m.: mutual aid (West Main Street), Sturbridge PD bolo; 12:28 p.m.: abandoned 911 call (West Main Street), resolved; 12:58 p.m.: mv complaint (Maple Street), mv brake checking; 1:19 p.m.: building checked, secure; 1:48 p.m.: 911 call (Wall Street), open line; 1:55 p.m.: 911 call (Meadow Road), open line; 2:27 p.m.: medical/general (Lloyd Dyer Drive); 3:04 p.m.: mutual aid (West Main Street), Marlboro PD bolo; 3:23 p.m.: mutual aid (West Main Street), State Police bolo; 3:34 p.m.: accident (Route 49), report taken; 6:13 p.m.: medical/general (Main Street); 7:07 p.m.: 911 call (Howe Village), open line; 7:16 p.m.: suspicious persons (Borkum Road), investigated; 7:25 p.m.: officer wanted (Howe Village), phone stuck on 911; 7:30 p.m.: suspicious persons (Church Street), neighbor burning trash: 7:34 p.m.: medical/general (Lincoln Street); 8:29 p.m.: building checked, secure; 11:52 p.m.: suspicious mv (West Main Street), investigated; 11:54 p.m.: animal complaint (Paxton Road), missing dog; (total daily my

MONDAY, JULY11 1:23-2:09 a.m.: buildings checked, secure; 4:52 a.m.: medical/general (Main Street); 7:39 a.m.: officer wanted (West Main Street), custody issue; 9:17 a.m.: medical/general (Maple Street); 10:18 a.m.: medical/general (Howe Village); 10:23 a.m.: officer wanted (West Main Street) re: inspection sticker; 10:24 a.m.: 911 call (West Main Street), silent call; 11:13 a.m.: medical/ general (Maple Street); 11:34 a.m.: officer wanted (Elm Street), re: calls/letter from State Police; 2:16 p.m.: medical/ general (Maple Street); 2:38 p.m.: officer wanted (West Main Street), looking for next of kin; 3:33 p.m.: animal complaint (North Brookfield Road), loose dog; 4:08 p.m.: multiple LTC/4 (West Main Street), assisted; 4:30 p.m.: 911 call (Route 49), no emergency; 5:54 p.m.: commercial alarm (West Main Street), services rendered; 6:35 p.m.: fire alarm (Chestnut Street), referred: 6:57 p.m.: accident (Main Street), report taken; 7:18 p.m.: mv complaint (North Spencer Road), erratic mc operator; 7:36 p.m.: disturbance (Bixby Road), minor dispute; 7:53 p.m.: officer wanted (West Main Street), being harassed at work; 10:59 p.m.: suspicious persons (Pearl Street), spoken to; 11:58 p.m.: suspicious mv (Park Street), investigated; (total daily my stops -2).

TUESDAY, JULY 12

12:14-2:24 a.m.: buildings checked, secure; 12:17 a.m.: disabled mv (Main Street), services rendered; 1:34 a.m.: medical/general (Church Street); 2:20 a.m.: mutual aid (Kingsbury Road), Leicester PD/parties fled accident; 7:55 a.m.: animal complaint (Meadow Road), loose dog; 9:21 a.m.: animal complaint (Valley Street), bear in area; 10:46 a.m.: medical/general (Main Street); 11:15

a.m.: abandoned 911 call (Route 49), accidental; 11:17 a.m.: sex offender registration/annual (West Main Street), assisted; 11:43 a.m.: accident (Woodside Road), report taken; 12:02 p.m.: medical/general (McCormick Road); 12:37 p.m.: 911 call (West Main Street), open line; 12:39 p.m.: DPW call (Ash Street), poss. broken water line; 1:35 p.m.: 911 call (Greenville Street), open line; 2:23 p.m.: medical/general (Lincoln Street); 2:39 p.m.: fraud (High Street), PCH scam; 2:56 p.m.: LTC issued/2 (West Main Street), assisted; 3:10 p.m.: mv complaint (Cherry Street), speeding in area; 3:56 p.m.: accident (Main Street), report taken; 4:22 p.m.: medical/general (Lincoln Street); 4:43 p.m.: accident (Pleasant Street), report taken; 7:21 p.m.: animal complaint (Smithville Cross Road), lost/hurt dog; 7:55 p.m.: medical/general (Main Street); 8:05 p.m.: residential alarm (Grove Street), services rendered; 10:15 p.m.: medical/ general (Main Street); (total daily mv

Leicester Police

THURSDAY, JULY 7

12:18 a.m.: ambulance (Main Street), transported; 5:42 a.m.: mv stop (Main Street), citation issued: 7:14 a.m.: investigation (Rawson Street), services rendered; 7:30 a.m.: assist citizen (Main Street); 8:23 a.m.: ambulance (Huntoon Memorial Highway), transported; 9:57 a.m.: mv stop (Mannville Street), verbal warning; 11:14 a.m.: ambulance (Huntoon Memorial Highway), transported; 11:36 a.m.: ambulance (Pleasant Street), transported; 11:48 a.m.: suspicious activity (Stafford Street), spoken to; 12:21 p.m.: mv stop (Scott Lane), spoken to; 12:37 p.m.: erratic operator (Stafford Street), services rendered; 12:46 p.m.: accident (Paxton Street), report taken; 3:01 p.m.: ambulance (Soojians Drive), transported; 7:30 p.m..: disturbance (Soojians Drive), spoken to; 7:32 p.m.: assist citizen (Soojians Drive); 9;15 p.m.: ambulance (Main Street, Worcester), transported; 9:36 p.m.: suspicious mv (Paxton Street), resolved; 11:44 p.m.: mv stop (Main Street), resolved.

FRIDAY, JULY 8

12:05 a.m.: suspicious mv (Main Street), resolved; 12:22 a.m.: mv stop (Main Street), resolved; 1:09 a.m.: erratic operator (Stafford Street), resolved; 7:51 a.m.: welfare check (Main Street), services rendered; 8:05 a.m.: mv stop (Mannville Street), name, address, and infractions redacted from police log, criminal application issued; 8:24 a.m.: assist other PD (Salminen Drive), no service; 8:29 a.m.: ambulance (Mayflower Circle), transported; 10:54 a.m.: disabled mv (Main Street), assisted; 10:59 a.m.: animal complaint (Angell Terrace), referred to ACO: 11:05 a.m.: family problem (Redfield Road), report taken; 1:04 p.m.: domestic disturbance (Huntoon Memorial Highway), report taken; 1:12 p.m.: ambulance (Pleasant Street), no action required; 1:26 p.m.: ambulance (James Street, Worcester), transported; 2:18 p.m.: ambulance (Huntoon Memorial Highway), transported; 2:22 p.m.: ambulance (Huntoon Memorial Highway), transported; 3:35 p.m.: accident (Main Street), unable to locate; 3:54 p.m.: ambulance (Lake Drive), transported; 5:09 p.m.: arrest warrant service (Pleasant Street), Christopher Robert Proal, 34, 346 Pleasant Street, Leicester, straight warrant, arrest; 8:13 p.m.: assist other PD (Winslow Avenue), name, address, and infractions redacted from police log, services rendered; 9:19 p.m.: disturbance (Paxton Street), peace restore.

SATURDAY, JULY 9 1:25 a.m.: disturbance (Craig Street), unable to locate; 3:35 a.m.: disturbance (Main Street), services rendered; 11:48 a.m.: accident (Auburn Street), mv towed; 12:30 p.m.: parking complaint (Franklin Street), services rendered; 1:28 p.m.: ambulance (Main Street, Worcester), transported; 3:26 p.m.: investigation (Craig Street), services rendered; 3:46 p.m.: ambulance (Virginia Drive), transported; 4:54 p.m.: welfare check (South Main Street), unable to locate; 5:38 p.m.: mv stop (Whittemore Street), verbal warning; 7:08 p.m.: welfare check (Main Street), Dylan M. Hakenson, 22, 15 Homestead Avenue, Auburn, OUI drugs, failure to stop/yield, marked lanes violation/2 counts, arrest; 7:18 p.m.: ambulance (Main Street), transported; 7:51 p.m.: family problem (Pleasant Street), peace restored; 9:10 p.m.: disturbance (Towtaid Street), unable to locate; 10:32 p.m.: assist other PD (Camp Street, Paxton), no action require.

SUNDAY, JULY 10

12:28 a.m.: my stop (Main Street). spoken to; 12:37 a.m.: mv stop (Main Street), spoken to; 1:44 a.m.: mv stop (Pleasant Street), spoken to; 7:54 a.m.: mv stop (Stafford Street), spoken to; 8:12 a.m.: mv stop (Main Street), verbal warning; 8:27 a.m.: ambulance (Brookline Street, Worcester), call canceled; 8:38 a.m.: mv stop (Main Street), written warning; 10:51 a.m.: assist citizen (Pleasant Street); 12:18 p.m.: mv stop (Stafford Street), written warning; 12:31 p.m.: mv stop (Stafford Street), written warning; 12:40 p.m.: ambulance (Pine Street), transported; 12:58 p.m.: suspicious person (Tracy Place), report taken; 1:59 p.m.: ambulance (Mill Street), services rendered; 3:11 p.m.: assist other agency (Main Street), no action required; 3:28 p.m.: ambulance (Mill Street), transported; 4:48 p.m.: mv stop (Pleasant Street), spoken to; 5:04 p.m.: ambulance (Queen Street, Worcester), call canceled; 6:01 p.m.: ambulance (Main Street, Worcester), transported; 7:39 p.m.: ambulance (Main Street), transported; 9;24 p.m.: lockout (Main Street), assisted; 9:58 p.m.: disturbance (Deer Pond Road), unable to locate; 10:00 p.m.: fraud (Washburn Square), report taken.

MONDAY, JULY 11 8:58 a.m.: debris in road (Main Street), referred to DPW; 11:09 a.m.: assist citizen (South Main Street),

spoken to; 12:55 p.m.: ambulance (Bunker Hill Road), transported; 2:09 p.m.: welfare check (Stafford Street), services rendered; 4:27 p.m.: welfare check (Huntoon Memorial Highway), unfounded; 5:30 p.m.: mv stop (Stafford Street), verbal warning; 9:00 p.m.: welfare check (Burncoat Lane), resolved. TUESDAY, JULY 12 2:16 a.m.: accident (Rawson Street), report taken; 2:40 a.m.: ambulance welfare check (Pleasant Street), spoken spoken to; 5:58 a.m.: debris in road (Bond Street), services rendered; 7:52

(Main Street), transported; 5:28 a.m.: to; 5:50 a.m.: accident (Main Street), a.m.: welfare check (Paxton Street), services rendered; 8:43 a.m.: welfare check (Burncoat Lane), services rendered; 8:52 a.m.: welfare check (Main Street), resolved; 10:13 a.m.: ambulance (Main Street), transported; 10:15 a.m.: animal complaint (Chris Circle), services rendered; 11:49 a.m.: ambulance (Crown Street, Worcester), transported; 12:19 p.m.: ambulance (Watch Street), no service; 12:43 p.m.: welfare check (Birchwood Drive), unfounded; 1:04 p.m.: restraining order service (Pleasant Street), unable to serve; 1:06 p.m..: ambulance (Henshaw Street), transported; 1:57 p.m.: sexual assault (South Main Street), report taken; 2:28 p.m.: ambulance (Winslow Avenue), transported; 3:21 p.m.: assist citizen (Redfield Road), spoken to; 4:21 p.m.: restraining order service (Pleasant Street), served; 4:57 p.m.: summons service (Lake Avenue), unable to serve; 5:40 p.m.: accident (Main Street), transported to hospital; 10:27 p.m.: mv stop mv stop (Main Street), name, address, and infractions redacted from police log, report taken; 11:49 p.m.: welfare check (Parker Street), resolved.

WEDNESDAY, JULY 13 12:30 a.m.: municipal security alarm (Winslow Avenue), false alarm; 6:07 a.m.: mv stop (Main Street), name, address, and infractions redacted from police log, citation issued; 9:12 a.m.: assist other agency (Main Street), services rendered; 10:48 a.m.: ambulance (Burncoat Lane), transported; 11:13 a.m.: accident (Main Street), gone on arrival; 11:26 a.m.: mv stop (Main Street), written warning; 12:16 p.m.: ambulance (Pleasant Street), transported; 12:58 p.m.: ambulance (Huntoon Memorial Highway), transported; 1:07 p.m.: assist citizen (Chapel Street), resolved; 3:06 p.m.: debris in road (Stafford Street), referred to DPW; 3:21 p.m.: assist other agency (Stafford Street), services rendered; 3:35 p.m.: keep the peace (Pleasant Street), resolved; 4:23 p.m.: arrest warrant service (Stafford Street), unable to serve; 5:50 p.m.: mv stop (Huntoon Memorial Highway), verbal warning; 7:35 p.m.: harassment (Pleasant Street), spoken to; 8:54 p.m.: mv stop (Main Street), verbal warning; 8:58 p.m.: assist other PD (Main Street), call canceled; 9:04 p.m.: suspicious mv (Spider Gates Cemetery), resolved; 10:39 p.m.: mv stop (South Main Street), verbal warning; 11:18 p.m.: mv stop (Main Street), spoken to; 11:26 p.m.: mv stop (Main Street), citation issued; 11:44 p.m.: assist other agency (Linden Lane, Auburn), services rendered; 11:45 p.m.: mv stop (Paxton Street), resolved.

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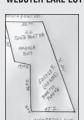
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SPORTS

Injury riddled season plagues Cherry Valley this summer

WORCESTER — Before the Cherry Valley Post 443 American Legion baseball team finished its season against Milford Post 59 on Thursday, July 14 at Tivnan Field at Lake Park, manager Jim Stephens looked back on what was a tough summer for his squad.

What really happened this year was the injuries. You can't keep harping on it, but the injuries, no depth and kids playing out of position [hurt us the most]. When we got behind, we couldn't battle out," explained Stephens.

Cherry Valley lost to Milford, 16-2, in five mercy rule shortened innings to finish 5-16. Post 443 was scheduled to also finish its postponed game with Northborough Post 234 on July 14, but the Legion commissioner informed Stephens that it wouldn't be played because it didn't have any playoff implications. Northborough led 4-0 after an inning on July 12 before the game was called due to poor weather.

Milford grabbed a 4-0 lead on Cherry Valley after the first inning, and all the runs scored on pitcher Evan Remington were unearned due to an early error.

Post 59 also scored four runs in the second inning and added two in the fourth and six more in the fifth.

Matt Kustigian (two), Remington and Jacob Delvalle had the hits for Cherry

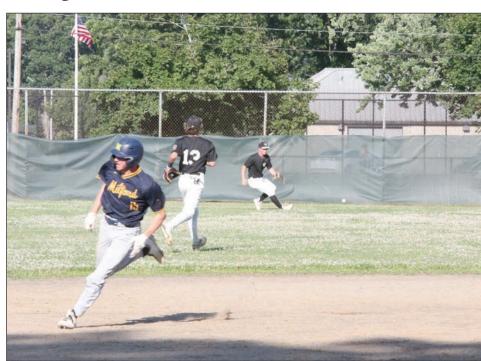


Nick Ethier photos

Cherry Valley starting pitcher Evan Remington delivers the ball in the first inning against Milford.

Valley.

When looking ahead to next summer, Stephens mentioned losing three important pieces due to aging out they are Chris Kustigian, Dave Acevedo and Anthony Marsi — while also having a solid group should they return to



Center fielder Chris Kustigian of Cherry Valley makes a play on the ball, which keeps Milford's base runner from scoring.

the program.

"I think next year, if we get these kids back, we could have a good team,' Stephens said while specifically men-

tioning Evan Brindisi, Matt Kustigian and Remington.

– Nick Ethier



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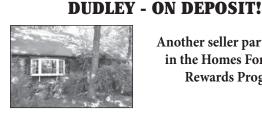


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SPORTS

Young Sturbridge team gains plenty of experience during trying season

STURBRIDGE — Scoring only 48 runs and surrendering a total of 221 on their way to a winless 0-22 season, it was certainly a trying summer for the Sturbridge Post 109 American Legion baseball team. But instead of being down in the dumps about it, manager Jim Rosseel remained upbeat about the experience his young roster gained while looking ahead to the future.

"All the kids hung their heads high all year, until the very last inning of every game," said Rosseel before Sturbridge hosted Milford Post 59 on Wednesday, July 13 at Tantasqua Regional. "The kids know they're in over their heads and know that we'll be good in the future. They've said it.

"They got plenty of playing time, all the young players," continued Rosseel.

Sturbridge ultimately lost to Milford, 11-0, in five mercy rule shortened innings and then forfeited their final game scheduled for July 14 at Hudson Post 100, but Post 109 showed some glimpses of solid ball against Milford. Post 59 scored just one run in the top of the first inning and didn't score in the second against the pitching of Joe Amaru.

But Milford began to pour things on in the third inning with a three-run output courtesy of a home run off the bat of Andrew Gaughan. Post 59 then scored five more times in the fourth inning and tacked on two more in the fifth.

Devin Krochmalnyckyj and Tim Paine had the base hits for Sturbridge.

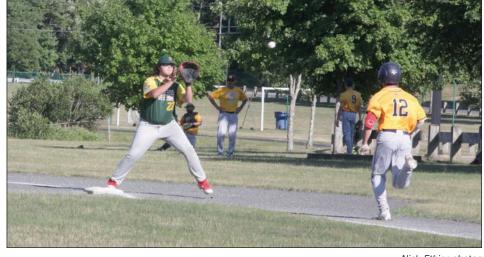
- Nick Ethier

week's

Boys'

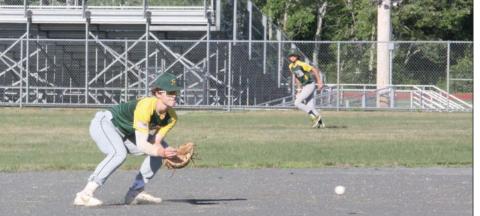
Summer

results.



Sturbridge first baseman Anthony Pellegrine catches the ball with his foot on the bag to

Sturbridge pitcher Joe Amaru has the ball sail off his fingertips and toward the plate.



Sturbridge first baseman Anthony Pellegrine catches the ball with his foot on the bag to



Left fielder Ryan Kelly of Sturbridge covers a good amount of ground before catching the

Auburn Recreation and Culture Summer Basketball League Results

After a week off from summer hoops due to the Fourth of July, the action in the Auburn Recreation and Culture Boys' and Girls' Summer Basketball Leagues picked back up. Below

NOVENA

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen. (insert intention) If you pray this three times a day for three consecutive days, you will receive your intention no matter how impossible it may seem. Thank you for prayers answered.

- H.C.

Basketball League

record an out.

Monday, July 11 Tahanto 46, Bartlett 37 Tantasqua 50, Bay Path 34 David Prouty 44, Uxbridge 41 Auburn 54, Sutton 30 Quaboag 55, Leicester 30 Millbury 67, Shepherd Hill 55 Southbridge 38, Oxford 37 Quabbin 41, Grafton 38 Tuesday, July 12 Quaboag 62, Oxford 53 Wednesday, July 13 Quabbin 46, Uxbridge 43 Quaboag 38, Sutton 35 Shepherd Hill 52, Leicester

Southbridge 41, Millbury 21 Auburn 65, Oxford 54 Bartlett 52, Grafton 42

Bay Path 42, Tahanto 29 Tantasqua 51, David Prouty

Standings Auburn (5-0) Quabbin (5-0) David Prouty (4-1) Southbridge (4-1) Quaboag (4-1) Uxbridge (3-2) Shepherd Hill (3-2) Grafton (2-3) Bartlett (2-3) Bay Path (2-3) Tantasqua (2-3) Sutton (1-4) Tananto (1-4) Millbury (1-4) Oxford (1-4)

Leicester (0-5)

Girls' Summer Basketball

Tuesday, July 12 Notre Dame Academy defeats Worcester Tech (forfeit) Blackstone Valley Tech 32, Quaboag 25 Tantasqua 16, Grafton 4 Worcester South 41, Northbridge 11 Quabbin 50, Auburn 18 Sutton 52, David Prouty 11 Uxbridge 47, Leicester 19 Thursday, July 14 Northbridge 45, David Prouty 14 wuabbın 48, Leicester 25

Sutton 32, Notre Dame Academy 29 Uxbridge 36, Quaboag 23

Tantasqua defeats Worcester Tech (forfeit) Worcester South 50. Blackstone Valley Tech 9

Auburn 32, Grafton 30 Standings Worcester South (6-0) Notre Dame Academy (5-1) Northbridge (5-1) Uxbridge (5-1) Sutton (5-1) Tantasqua (3-3) Quabbin (3-3) Blackstone Valley Tech (3-3)

Quaboag (2-4) Leicester (2-4) Grafton (1-5) Worcester Tech (1-5) Auburn (1-5)

David Prouty (0-6)

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The COA Director position is a full-time (40 hours) benefited position. The Director performs professional, administrative, and supervisory work in developing and implementing programs and services for the senior population. The director is responsible for meeting the needs of and enhancing the quality of life of the Town's senior population.

Please see job description for complete list of qualifications and responsibilities. Hourly rate: \$28.46-\$31.42 dependent on experience and education.

Please apply online at https://www.townofcharlton.net/158/Human-Resources no later than August 10, 2022. Position will remain open until filled.

The Town of Charlton is an equal opportunity employer and encourages diversity.

TOWN OF CHARLTON

Activities Assistant for Council on Aging (15 hours per week)

The Council on Aging Department is seeking an Activities Assistant to help with bringing new innovative programs and organizing activities for our active senior community. Some administrative work will be required.

Please see job description for complete list of qualifications and responsibilities. Hourly rate: \$16.06 – \$17.72 dependent on experience and education.

Please apply online at https://www.townofcharlton.net/158/Human-Resources no later than August 10, 2022. Position will remain open until filled.

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Open water swimming races, novelty swim, and family fun

BROOKFIELD — Organizers of the Wild Bill Swim Challenge to be held at the public beach on Lake Quacumquasit (aka South Pond) in Brookfield on Sunday, August 7, say the event is going to offer something for swimmers of all ages and ability levels, including new swimmers who are interested in putting their toe in the open water swim game for the first

Event creator Jennifer Yorzyk Triger says she hopes a lot of local swimmers will register for the "Everyone Can Swim Novelty Swim," a 400-yard, dockto-beach swim for first-timers. "For this event, we're encouraging participants to use buoys, noodles, kickboards, or other floatation devices if they need to," says Triger. "Just get in the water! Swimming is for everyone!"

A one-mile paddleboard/swim relay for two entrants with a 10:30 a.m. start will provide another opportunity for novice swimmers to test their skill.

The deadline to register for the paddleboard/swim relay, three-mile and one-mile open water swims is Monday, August 1. The three-mile and onemile events have an 8 a.m. start time. Participants will be required to sign a waiver confirming that they can swim the distance they register for. All participants in these open water swims will receive a complimentary swag bag.

Entry fees and registration information may be found on the event website

at wildbillswim.org.
The "Everyone Can Swim Novelty Swim" has a start time of 11 a.m. Advance online entry is encouraged, but registration will remain open up to and including the day of the event to allow everyone an opportunity to join

WATER SKIING

town," said committee member Heather Gablaski. "The event was an amazing opportunity for people of all abilities. It complemented our plans, in that our goal for the year was to include a variety of indoor and outdoor events that would be of interest to as many people as possible. We are grateful that Chris Lamoureux had this vision and included our committee in bringing it

This year also marks the 100th anniversary of waterskiing as a sport. In celebration, the WWSC is hosting several events to commemorate the sport and those who have advanced it over the years.

The July 13 event on Lake Lashaway represented the organization's second of four "Any Age, Any Disability" events scheduled for 2022 in central Massachusetts. The first event was held

RED SOX

acrobatics.

als with guests.

continued from page **A1**

continued from page A1

should have been condemned years ago. One of the first things on my plate when I got on the board was the middle school," said newly elected School Committee member Dylan Lambert. "I'll probably sound like a broken record when I say it again, but that building scares me. However, right now I feel significantly better seeing the work that Brett helped spearhead—and what the teachers and principals have been working on around the clock as well—so we can eliminate the concerns that building presents for everyone."

Meanwhile, school officials encourage the community to get involved and lend a hand during this critical time of educational transition.

We are steadfast with our vision of engaging well-balanced learners in a safe and supportive environment promoting personal and academic growth," read Kustigian's letter to the community. "There is a lot of work to do, in little time, and we will be looking for volunteers. More information will

wowed fans with their performances

in jumping, tumbling, and rhythmic

of the game, Deja New Leicester

President Cheryl Cooney described

the organization's community efforts

during an interview on radio channel

96.1. Deja New members also hosted a

promotional booth at the game, where

they shared annual reports, brochures,

business cards, and additional materi-

A portion of ticket sales will benefit

Although the night ended in a loss

the Deja New team's efforts to assist the

for the home team, everyone had a

great time," read the statement issued

by Deja New. "The weather was per-

community throughout the year.

Meanwhile, during the fourth inning

fect, the food was delicious, and the fireworks display was out of this world. Deja New would like to thank the WooSox for inviting them to the game."

In addition to funding local charitable organizations, Deja New also pays household bills for families in crisis; assists families during emergencies; sponsors fundraisers to help families purchase one-time necessities; and provides students with internships to help them develop vocational skills.

To learn more about Deja New, or if you would like to donate or volunteer, visit www.DejaNewLeicester.com. You can also follow the organization on Facebook, Instagram, or Google My

If you have additional questions, send an email to the organization at shop@dejanewleicester.com.

Main St.

OPEN WATER SWIMMING RACES, NOVELTY SWIM, AND FAMILY FUN



Open Water Interview Series Starting Mid-July

Beginning in mid-July, Triger will be interviewing top open water coaches and swimmers about topics such as the story of open water swimming, going from pool to open water, and how to train for an open water swim. The interviews will be posted on the event's Facebook and Instagram pages @WILDBILLSWIM.

"We're eager to help introduce new people to the sport of swimming," said Yorzyk, "so we're doing what we can to provide the encouragement people may need to come to the conclusion that now is a good time to start." Family Fun and Raffle

There will also be fun activities for the family, entertainment, food trucks, a Vintage Bathing Beauties & Blokes Pageant, and a celebration of winners on the South Pond beach.

Following the event, participants are invited to gather at nearby Oakholm Brewery which is donating a portion of every "Wild Bill" brew sold in the beer garden on August 6 and 7 to the fundraiser.

The Lake Lashaway event is one of

many programs taking place this year

as part of East Brookfield's 100th anni-

versary celebration. It meant a lot for

WWSC leaders to add to the yearlong

Brookfield's 100th anniversary and

to celebrate the town's history and its future," DesRoches said. "Lake Lashaway is a beautiful spot for an

event like this, and we have been bless-

ed to come and be welcomed by the

selectmen, residents, and local busi-

nesses that have helped us bring this

Looking ahead, the WWSC team is

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help the organization continue making

dreams come true on the water, send an

email to WebsterWaterSki@gmail.com.

tion, visit www.WebsterWaterSki.org.

agreement between the town and the

schools and the new school configura-

In other school news, Leicester Middle

School Principal Christopher Fontaine

has resigned. Assistant Superintendent

Richard Lind has taken over as Acting

as a middle school principal, and he

will help provide a smooth transition,"

to identify candidates for the next prin-

cipal of Leicester Middle School. If you

are interested in serving on the com-

mittee, please contact Sheryl Femino at

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"Mr. Lind has 14 years of experience

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hoping to run waterskiing events for

"We are honored to be a part of East

party.

event to the lake."

disabled veterans as well.

tion, it's full speed ahead.'

Principal at LMS.

Kustigian wrote.

feminos@lpsma.net.

A drawing will also be held with over \$500 in prizes including a one year membership to the new Planet Fitness in Sturbridge, gift cards to area restaurants, pottery, gourmet food baskets, floral arrangements, and a spa gift certificate. Raffle tickets are six for \$5, fifteen for \$10, and 30 for \$20 and are available now by emailing info@wildbillswim.org. The Wild Bill Swim & Paddle

Challenge

Yorzyk-Triger created the event as a tribute to her father, Olympic Gold Medalist Dr. William "Bill" Yorzyk, who died in 2020. Dr. Yorzyk, a long-time resident of South Pond, took the gold in the 200-meter butterfly at the 1956 Summer Olympics in Melbourne, Australia, just seven years after learning to swim as a freshman at Springfield College. He was a five-time NCAA All American who set a total of 11 World Records. Yorzyk swam competitively into his 70s and passed on his love of the sport to his sons and daughter.

Proceeds from this first Wild Bill Swim & Paddle Challenge will help fund a matching grant to benefit the Quacumquasit Pond Phosphorus Inactivation Project that was recently approved and funded by the Federal Clean Water Act Section 319 Grant Program.

Gold sponsors include SnowMagic, St Germain Investments, Cornerstone Bank, Keep Secure, Tasses Oil & Propane, and the Quaboag Quacumquasit Lake

Yorzyk-Triger says volunteers and additional sponsors are still needed. For more information, email her at jenn@ wildbillswim.org. Donations are also being accepted at gofundme.com/thewild-bill-swim-and-paddle-challenge.

HOLLOW GOLF

Pit's First place (-8): Roger Beland, George Lawton, Tim Hickey, Dennis King Second place (-8): Ken Begin, Dennis Bottcher, Dick Ullman, Dave Walsh Third place (-8): Doug Perkins, Phil Woods, Tim McClusky, Nick Neal

Still Harts League

First place (+11): Mike Cutler, Scott Farmosa

Second plac3 (+9): Mark Adams, Scott Farmosa

Third place (+6): Jason Lusignan, Ton

Schnare Most over Quota (+7): Rich Ferguson

Tour of Brookfields Lamoureux Open

Nicklaus Division

First place (58): Reese McLeod, Bob Griffin, Ed McLeod, Jarred Dandurant Player Division

First place (62): Rich Ford Sr., Tom Savage, Eddie Kosla, Chris Waugh Palmer Division

First place (64): Tom Waugh, Garrett Lacroix, Jake Malin, Anne Jette



on Lake Quinsigamond in Shrewsbury on June 24, and additional programs will take place in Webster and Charlton later this summer.

Volunteers and participants also enjoyed a picnic lunch as part of the July 13 event at Lake Lashaway's town beach serving East Brookfield and North Brookfield. The event was supported by several community donations and sponsors.

The WWSC has offered adaptive waterskiing since 2020, with help from the Leaps of Faith Adaptive Skiers based in Sandy Hook, Conn.

"There is nothing better that we like to do than to share our love of waterskiing with others," DesRoches added. "Once you see the faces light up when they hit the water, it's impossible not to smile and become hooked on doing this. We're just so happy to be able to bring this opportunity of waterskiing to our disabled community who normally would not get the chance to do some-

follow about signing up to volunteer to help move materials, clean, and to help set up classrooms. It is my goal to keep the school community informed as we move forward in preparing for the 2022-23 school year.

The next joint meeting between the Select Board and School Committee is scheduled for Wednesday, July 27, at 6 p.m. at Town Hall. School Committee Chair Donna McCance has been thrilled with the progress made by the new-look boards.

"This [July 13] joint meeting with the School Committee and the Select Board was very productive and gave a good indication of how both boards will work together toward making this a tremendous year of growth for our students and school community," McCance told the New Leader. "Dr. Kustigian did an amazing job during his first eight days, and I can only imagine how much we will progress under this direction this year. The most important factor in making great things happen is pulling together and working collaboratively, not against each other. After the two votes from this meeting solidifying the

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