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Friday, January 24, 2025

Pickleball instructional program open for Uxbridge seniors

UXBRIDGE — Pickleball is a fun and social sport that's appropriate for players of all ages and skill levels. It's been around since the 1960s, but interest has really picked up in recent years.

Pickleball is a paddle sport that combines elements of tennis, badminton, and ping-pong. Players use paddles that are larger than ping-pong paddles and hit plastic balls with holes in them. The court is about one-quarter the size of a tennis court and can be played indoors or outdoors. The net is similar to a tennis net, but a little shorter and narrower. Players hit the ball across the net to try and win points. The game can be played in singles or doubles, with most people playing doubles.

Benefits of playing pickleball include improving your balance, hand-eye coordination and flexibility. It also includes improving your heart health, preventing osteoporosis, boosting mood and mental health and increasing your social connections.

The Uxbridge Senior Center was award-

ed a SIG (State incentive Grant) Grant with MCOA (Massachusetts Council on Aging) to provide pickleball at the McCloskey School Gym located at 62 Capron Street in Uxbridge. The grant monies paid for the painting of the court lines on the gym floor and purchasing all the equipment needed to play the game. Instructional classes will be starting on Thursday, Feb. 27 for eight weeks. The back-to-back classes will be held from 9-10:15 a.m. & 10:30-11:45 a.m., class sizes are limited, so sign up early. The cost of the program is \$10 per person to help reduce the cost of building maintenance. All equipment will be provided to play.

Our Lead Instructor is Leon Drobny, a local resident. Leon is certified by USA Pickleball and is also in the Professional Pickleball Registry (PPR). He is a Level 1 Certified Associate Coach. Leon will have several helpers to provide additional instruction for all classes. The instructors are avid, passionate pickleball players and have extensive knowledge of the game. Please consider learning to

play this fun, exciting, and active sport.

The Uxbridge Senior Center is located at 36

South Main St., and is open Monday – Friday from 8am-4pm. Please stop by the center to

pick up your enrollment and release forms prior to the start of the classes. For more infor-

mation, please contact Lisa Bernard, Director, at 508-278-8622 or lbernard@uxbridge-ma.gov.



Timothy Ryan – Courtesy

Pictured are participants in the Blackstone-Millville Knights of Columbus free throw held Jan. 13 at Frederick Harnett Middle School, Blackstone.

Evangelidis mulls run for governor's office

BY KEVIN FLANDERS
STAFF WRITER

REGION — After receiving waves of support from across the state following the release of a petition urging him to make a gubernatorial run in 2026, Worcester County Sheriff Lew Evangelidis said he will carefully consider his options before reaching a decision on his political future.

Posted to Change.org late last month, the online petition titled "Draft Lew for Governor" thrust the longtime Sheriff into the statewide spotlight. Prior to its release, Evangelidis didn't even know of the petition's existence, but he quickly became aware of the strong support when his phone started ringing.

Over the past week-plus, Evangelidis (R—Holden) has received calls and emails from Republicans and

Democrats throughout the Commonwealth encouraging him to pursue a campaign for governor in 2026.

"People have contacted me not only to express their support, but also to share their frustrations with the track we're on," said Evangelidis, who has served as Sheriff for the past 14 years. "I want Massachusetts to do better. Right now, we are going down an unaffordable, unsustainable path."

In a summary posted to the Change.org page, the organizers of the online petition described several frustrations shared by Massachusetts residents and officials, including issues with affordability and disapproval of Democratic Governor Maura Healey's immigration policies.

"With Maura Healey's dangerously liberal policies that have contributed to the crippling

debt, overburdened our healthcare system, and prioritized illegal immigrants over hardworking taxpayers in the Bay State, the time has come for change," the petition read in part.

The organizers also cited rising crime in their summary, which Evangelidis confirmed as a major problem in Worcester County. He told the New Leader he is receiving calls and emails daily from residents and officials seeking a change in the state's leadership.

Looking ahead, Evangelidis doesn't plan to rush into any decisions. He is committed to continuing conversations with officials statewide and monitoring conditions as the new year progresses.

"I am also going to continue raising awareness that we have a bad situation right now," said Evangelidis, who

opposes the Governor's handling of the migrant shelter crisis, calling for major changes to policies. "I haven't made my mind up yet [on a potential run for governor]. I am flattered to receive such strong support."

Evangelidis said he will take time to review how a potential run would align with his family situation. He appreciates the many residents and officials who have reached out to express their support. Many callers conveyed praise for his leadership as Sheriff since his election in 2010.

"I love being Sheriff. I enjoy it every day," Evangelidis said.

Evangelidis previously served as a state representative for eight years. He represented the First Worcester District.

Healey has not announced whether she plans to run for re-election to a second term in 2026.

Fairlawn Church hosting Calvin University lectures via Webcast

WHITINSVILLE — Fairlawn Christian Reformed Church is hosting the 2025 Calvin University January Series via live Webcast on weekdays starting Monday, Jan. 20, through Friday, Jan. 31.

Speakers include Jonathan Eig, Pulitzer Prize-winning author of "King: A Life"; Todd Komarnicki, screenwriter of "Sully" and producer/director of Bonhoeffer; Kristjan Prikk, Estonian Ambassador to the U.S.; Peter Sagal, host of NPR's "Wait, Wait, Don't Tell Me"; Alastair Humphreys, National Geographic's Adventurer of the Year (2012); Reshma Saujani, founder of Girls Who Code; and Hunter Woodhall, 2024 Paralympics Gold Medalist.

Lectures are shown free via live Webcast from 12:30-1:30 p.m. at Fairlawn Christian Reformed Church, 308 Goldthwaite Rd., Whitinsville. Feel free to bring your lunch.

For more information on speakers and events, visit the January Series Web site, <https://calvin.edu/january>, or pick up a brochure at the Whitinsville Library. Call the Fairlawn Church office at 508-2838 with questions.

Bay Path Community's act of kindness featured in Woman's World magazine

CHARLTON — Bay Path Practical Nursing Academy Director Gretheline Bolandrina, DHA, MSN Ed, RN, RN, CRRN submitted a story about the Bay Path community's Act of Kindness to the publication, the national magazine Woman's World Magazine.

Kindness takes on many meanings. Everyone knows the Golden Rule: Treat others how you would like to be treated and most everyone would like to be treated kindly. Bolandrina believed that sharing the story is likened to telling the world how valuable an act of kindness is. Bolandrina said, "I am in awe at all the acts of kindness of our practical nursing students, alumni, staff, and fac-



ulty." Bolandrina adds, "even the littlest acts of kindness make a difference in people's lives."

The submitted work

of Bolandrina published by Woman's World Magazine is about the Bay Path community's acts of kindness. In an email

to Bolandrina by the Woman's World Magazine Circle of Kindness Editor, it was expressed how they love the story!

Below is the story as it appeared in the December issue of Woman's World:

"In our small post-secondary practi-

cal nursing school, bags and boxes of uniform scrubs, books, feminine hygiene supplies, and non-perishable food are sent by alumni for current students in need—the environmentally challenged, the food insecure, the poor, the hungry, and the vulnerable. There are no public acknowledgments, huge announcements, or videos to capture the acts. It is simply a gesture of kindness, goodwill, and service. Nurses pass forward acts of kindness with compassion and humility. This continued quiet kindness serves as a powerful reminder that true kindness and generosity often, and sometimes go unseen, yet the impact is tremendous and deeply felt."

Uxbridge resident named to President's List at Dean College

FRANKLIN College. Dean College is a private, residential New England college grounded in a culture and tradition that all students deserve the opportunity for academic and personal success. A uniquely supportive community for more than 150 years, Dean has woven together extensive student support and engagement with exceptional teaching and innovative campus activities. Our graduates are lifetime learners who thrive in their careers, embrace social responsibility and demonstrate leadership. This is The Dean Difference.

REAL ESTATE

BLACKSTONE
\$600,000, 172 Mendon St, Ranley, Jenna, and Ranley, David, to Roberge, Melissa, and Calderwood, Eric.

DOUGLAS
\$680,000, 12 Joseph Rd, Petrozzi, Christopher A, and Petrozzi, Cheryl A, to Quinn, Kristen, and Quinn, Michael.

\$650,000, 59 Glen St, Margaret Fish 2000 RET, and Wheat, Karen R, to Woodward, David P, and Woodward, Laurie.

\$489,900, 19 Nautical Way #19, Northbrown LLC, to Kelly, Kim M.

NORTHBRIDGE
\$1,650,000, 14-24 D St, Baystate Inv Fund LLC, to Big Dee LLC.

\$1,650,000, 2-12 D St, Baystate Inv Fund LLC, to Big Dee LLC.

\$778,545, 141 Rolling Ridge Dr #53, Stone Hill Partners LLC, to Budge Ft, and Budge, Charlotte A.

\$207,500, 93 N Main St #93, Obrien, Molly V, to Machado, Helder.

UXBRIDGE
\$820,000, 21 Brady Ct, Taylor, Bobby, and Washer, Stuart, to Payne, Sydney E, and Payne, Jordan L.

\$610,000, 12 Queen Of Roses Ln #12, Cugini, Kenneth, and Cugini, Rebecca, to Williams, Joseph, and Ziama, Kolu.

\$607,000, 179 Crownshield Ave #D, Woodlands Uxbridge Rlty L, to Gurram, Venkata S.

\$580,095, 63 Pouts Ln #63, West River Homes LLC, to Hakanson, John, and Hakanson, Laura.

\$440,000, 87 William Ward St, Guertin Wallace E Est, and Brown, Nancy E, to Alexander, Melissa A.

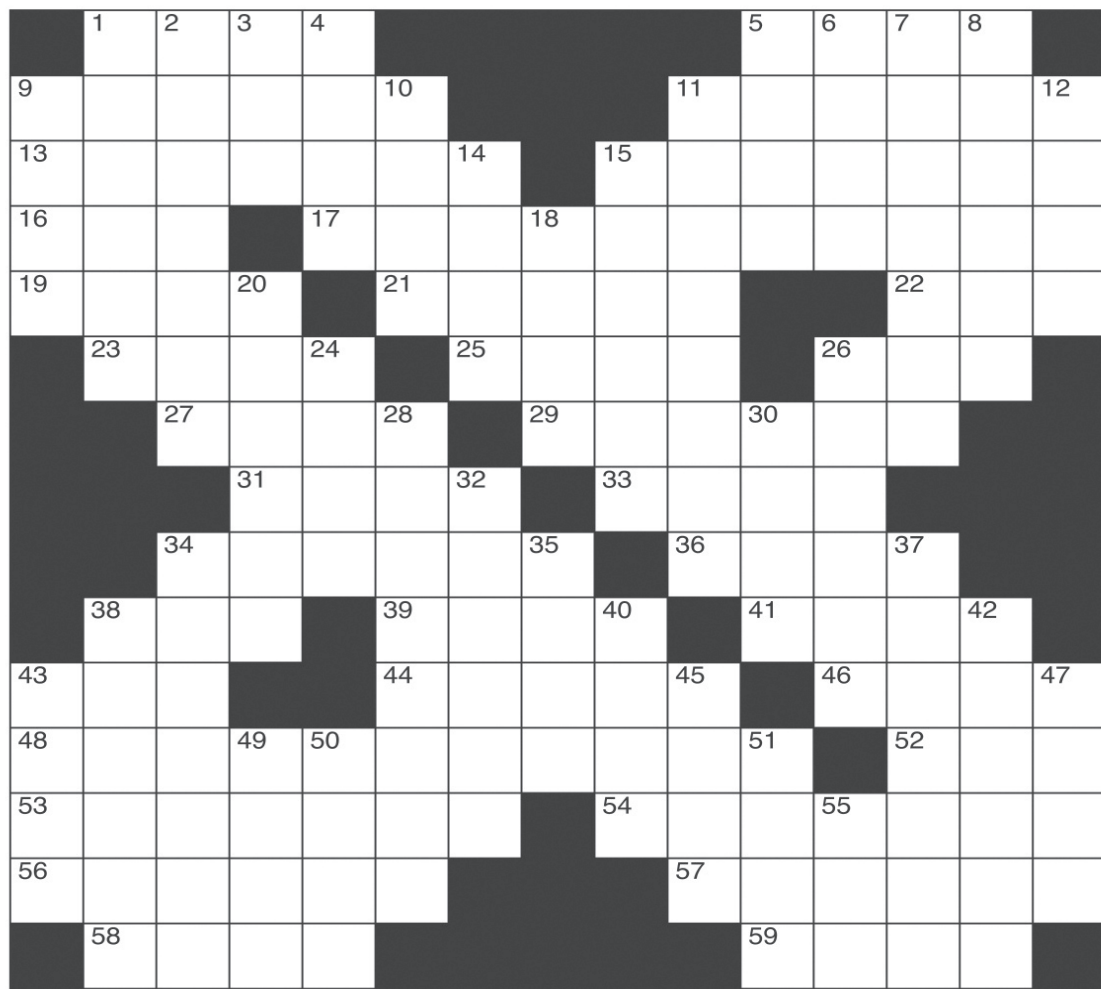
Local residents earn Dean's List honors from MassBay Community College

WELLESLEY HILLS — The following local residents have been named to the MassBay Community College Dean's List, achieving this outstanding academic honor for the fall 2024 semester.

Michelle Leonard of Douglas, who studies General Studies

Staline Younkoua of Sutton, who studies General Studies

To be eligible for the MassBay Dean's List, students must complete at least six credits of college-level courses, be in good standing with the College, and earn a grade point average of 3.5 or higher.



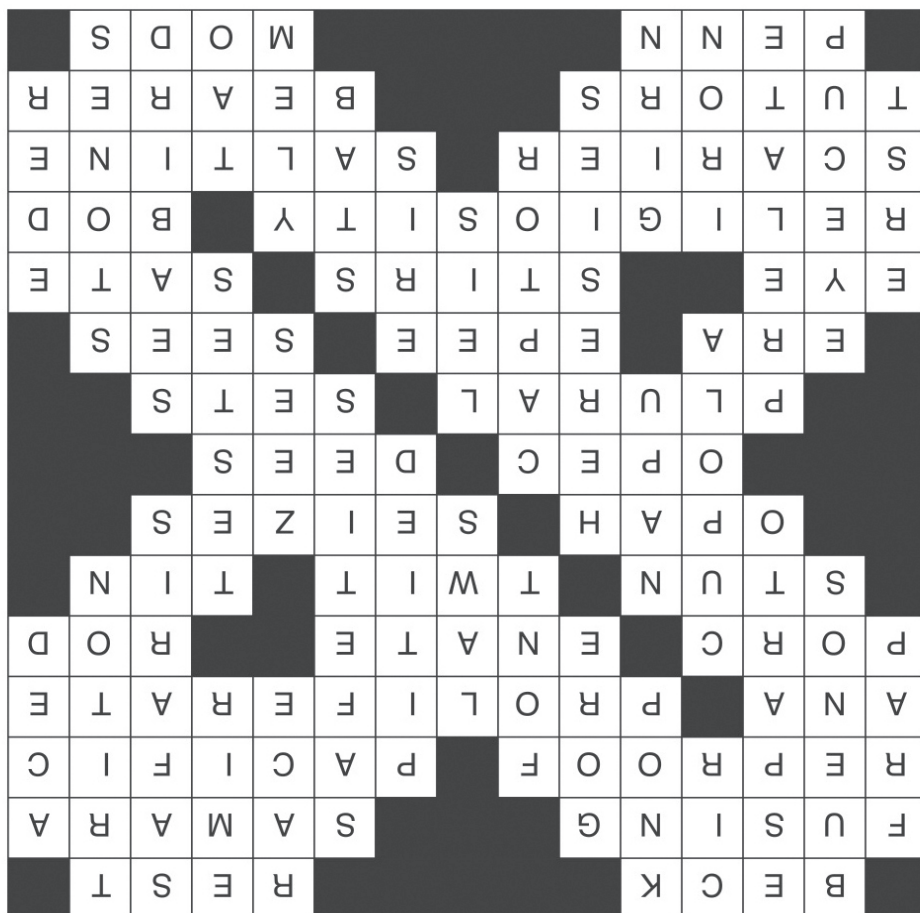
CLUES ACROSS

- 1. "Loser" rocker
- 5. Partner to relaxation
- 9. Mixing
- 11. Winged nut
- 13. Expression of blame
- 15. Vast ocean
- 16. Comedienne Gasteyer
- 17. Multiply
- 19. Meat from a pig (French)
- 21. Related
- 22. Rocker Stewart
- 23. Surprise completely
- 25. Loon
- 26. Canister
- 27. Large, deep-bodied fish
- 29. Takes forcefully
- 31. Oil cartel
- 33. Palmer and Hepburn are two
- 34. More than one
- 36. Places down purposefully
- 38. Pitching statistic
- 39. Type of sword
- 41. Witnesses
- 43. Body part
- 44. Mixes slowly
- 46. Satisfy
- 48. Strong belief
- 52. One's physique (slang)
- 53. More frightening
- 54. Soup cracker
- 56. Teaches
- 57. One who carries something
- 58. Actor Sean
- 59. Changes

CLUES DOWN

- 1. ___ Aires, city
- 2. Coarse grass
- 3. Type of gene
- 4. Door handle
- 5. Competition
- 6. Muslim ruler title
- 7. Hunting expeditions
- 8. Large mollusk
- 9. Bind securely
- 10. Former U.S. presidential candidate
- 11. 2-point plays in football
- 12. Breezed through
- 14. Type setting
- 15. Felt for
- 18. Codified rules
- 20. Small dome
- 24. Chevrotain
- 26. Male reproductive gland
- 28. Controversial beliefs
- 30. Z Z Z
- 32. One who confines another
- 34. Bishop
- 35. Garlands
- 37. Bird that flies by the coast
- 38. Optical device
- 40. Greek goddess of discord
- 42. Some are "Rolling"
- 43. Formerly (archaic)
- 45. Thrust a knife into
- 47. German river
- 49. Atomic #26
- 50. Make a grotesque face
- 51. Primordial matter of the universe
- 55. Chinese philosophical principle

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News from Beginning Bridges

Beginning Bridges CFCE. weebly.com
 Facebook: Beginning Bridges CFCE
 Emurray@smoc.org
 508-278-5110

Beginning Bridges CFCE's vision is that children, youth and families reach their full potential now and in the future. Our mission is to work with families and community partners to create the conditions for children, youth and families to thrive socially, academically

and economically. Funding for the Coordinated Family & Community Engagement Grant (CFCE) is provided by the Massachusetts Dept. of Early Education and Care (EEC) and sponsored by South Middlesex Opportunity Council (SMOC-Childcare/Head Start). Beginning Bridges CFCE has funding for the towns of Mendon, Northbridge, Upton & Uxbridge. Currently, our FREE compre-

hensive services include weekly indoor and outdoor parent/child playgroups. We also offer parent education programs, the Ages & Stages Developmental Questionnaire and can connect families to community resources.

Upcoming Events - Registration is required for all upcoming events. Links can be accessed on our website or contact Emily Murray at 508-278-5110 or Emurray@smoc.org.

Please check our website and Facebook page for our latest Newsletter.

Monday 2/3/25 - Music and Movement with Deb Hudgins - 9:30 - 10:30 - Upton Town Library, 9 Milford Street, Upton. Register on the Upton Town Library website.

Wednesday 2/12/25 - Music and Movement with Deb Hudgins - 10:30 - 11:00 - Whitinsville Social Library,

17 Church Street, Whitinsville. Register online at the Whitinsville Social Library Website.

Tuesday 2/25/25- Munch and Mingle - 6-7:30pm- Upton Town Library, 9 Milford Street, Upton. Please join us for an evening - without children- to connect with other parents to mingle and celebrate the joys and challenges of parenting. Parent educator Sarah Dorfman will be on hand to facilitate discussions.

PASTRIES AND WATER WILL BE PROVIDED. Register at the Beginning Bridges Website under "Upcoming Programming".

Wednesday 2/26/25 - Coffee and Conversations - 9:15 am - 10:15 am - Taft Public Library, 29 North Ave, Mendon. Join us for an informal playtime where families will be able to build social connections, learn about early childhood development and family friendly resources. Taft will supply Muffin House Muffins! Please

stay for the 10:30 am Puppet Storytime. Join Newton and Friends of Through Me to You Puppetry for songs and stories. At the end of the 30 minute show, children can greet the

puppets. (Geared for children 2-5 years but all are welcome!)

Please check our website www.BeginningBridgesCFCE.weebly.com for more information and details.

SNHU announces Fall 2024 Dean's List

MANCHESTER, New Hampshire — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Fall 2024 Dean's List. The fall terms run from September to December.

Full-time undergraduate students who have earned a minimum grade-point average of 3.500 to 3.699 for the reporting term are named to the Dean's List. Full-time status is achieved by earning 12

credits over each 16-week term or paired eight-week terms grouped in fall, winter/spring, and summer.

Jason Overfield of Whitinsville
 Javon Brown of Uxbridge

Southern New Hampshire University (SNHU) is a private, nonprofit, accredited institution with a 92-year history of educating traditional-aged students and working adults. Now serving more than

200,000 learners worldwide, SNHU offers approximately 200 undergraduate, graduate, and certificate programs, available online and on its 300-acre campus in Manchester, New Hampshire. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner.

WCS hosts blood drive

WHITINSVILLE — The HOSA Club at Whitinsville Christian School is hosting a Blood Drive in conjunction with the Rhode Island Blood Center

on Wednesday, Jan. 29 from 8 a.m. - 2 p.m. Appointments are encouraged and can be arranged at ribc.org/drives using sponsor code M069, or walk-ins are wel-

come. Please remember to have something to eat and drink before donating, and bring a photo ID with you.

The Blood Drive will take place in

the Nehemiah Gym at WCS, 279 Linwood Ave. in Whitinsville.

Thank you for helping us support our community in this important way.

St. Peter's Parish to host pork roast dinner

NORTHBIDGE — St. Peter's Parish in Northbridge is hosting a pork roast dinner on

Saturday, Feb. 8, starting at 5:30 p.m. in the parish hall.

Bring you family and friends

for a wonderful meal and meet some new friends. Tickets are \$17 per diner and include

salad and dessert. To go meals will be available for pick up around 5 p.m., and all orders

must be purchased in advance.

Please call the parish office at 508-234-2156 or email parishoffice@stpeterrockdale.org to purchase tickets or if you have any questions.

Curry College announces Fall 2024 Dean's List

MILTON — Curry College congratulates over 800 students who were named to the Fall 2024 Dean's List.

Sara Morton of Uxbridge,
 Kioni Sankofa of Uxbridge

Mattew Trychon of Douglas

About Curry College

Curry College, founded in Boston in 1879, is a private, co-educational, liberal arts-based institution located on 131 acres in Milton. The College extends its educational programs to a continuing education branch campus in Plymouth. The College offers

24 undergraduate majors in specialized and liberal arts programs, as well as graduate degrees in accounting, business, education, criminal justice, and nursing to a combined enrollment of nearly 2,500 students. The student body consists of 1,700 traditional students

and nearly 800 continuing education and graduate students. The College offers a wide array of co-curricular activities ranging from 16 NCAA Division III athletic teams to an outstanding theatre and fine arts program. Visit us on the Web at www.curry.edu.

Local student named to Bucknell University Dean's list

LEWISBURG, Pa. — Bucknell University has released the dean's list for outstanding aca-

demic achievement during the fall semester of the 2024-25 academic year.

Among the

honorees was Erin Wiehn of Northbridge, Class of 2027.

A student must earn a grade

point average of 3.5 or higher on a scale of 4.0 to receive dean's list recognition.

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PET of the WEEK

McKinley- 18 Months

BAYPATH HUMANE SOCIETY OF HOPKINTON
Small Shelter Big Heart

McKinley's Foster mom wants you to know what makes her the ideal catch! She's a smart girl- McKinley's love for treats makes her a quick learner. She's already mastered "sit," "down," "touch," and "look," and she's working hard on perfecting "loose leash walking" and "leave it." With her drive to please, McKinley will thrive in a home where she can continue learning and growing. She is currently going to training classes. She's a social butterfly - McKinley loves spending time with people and other dogs. She would be thrilled to join a family with another dog to play with. She's Active, Playful, and a master cuddler! - McKinley is in shape, fast, and incredibly agile. She loves playing fetch and could spend hours running and chasing the ball. She would be a great fit for an active family who enjoys outdoor activities. After burning off some energy, McKinley enjoys snuggling up on the couch and relaxing with her people. She really knows how to balance playtime with downtime! House Trained: McKinley has had no accidents since coming to her foster home, and does well in her crate when her family is away or at night. Her Ideal Home: McKinley would thrive in a home with a fenced yard where she can run and play ball to her heart's content. She would do best in a home with older children who can handle her exuberant and goofy nature. McKinley would love a family who enjoys spending time outdoors and is looking for a dog who will match their energy. She'd also be very happy with another dog to share her adventures with! Don't miss out. Apply today

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☂ ☂ ☂ **Friday's Child** ☂ ☂ ☂

Hi! My name is Christian and I love being active!

Christian is a sweet boy who loves to be on the go. He loves doing anything outside and being active. Christian recently started gymnastics and loves learning new skills. He likes anything to do with cars and trucks. He is an animal lover, especially when it comes to dogs. He is always helping out in the kitchen with meal preparation or cleaning up. Christian hopes to become a firefighter or a veterinarian one day!

Christian
Age 13
Registration # 6521

<https://adopt.mareinc.org/waiting-child-profiles#gallery/child/6521>

Can I Adopt?

If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care visit www.mareinc.org. Massachusetts Adoption Resource Exchange (MARE) can give you guidance and information on the adoption process. Reach out today to find out all the ways you can help children and teens in foster care.

☂ ☂ ☂ ☂ ☂ ☂

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FRANK G. CHILINSKI
PRESIDENT & PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

Staying grounded in the age of social media

It happens to all of us. You're scrolling through your social media feed, and a post grabs your attention — something outrageous, dramatic, or too good to be true. Before you know it, you've shared it, commented on it, or brought it up in a conversation. But how often do we stop to ask ourselves: Is this actually true? Or, more importantly, why is this being shown to me?

Social media platforms like Facebook, Instagram, TikTok, and Twitter (or X) are marvels of modern technology, but they're also powerful, profit-driven machines. Behind every post, video, or ad you see lies an algorithm, a set of rules designed to keep you engaged. These algorithms know more about you than you might think: your likes, your dislikes, your habits, even the time of day you're most likely to scroll. They're built to serve you content that aligns with your interests, but also content that provokes strong emotions, because emotion equals engagement, and engagement equals profit.

The problem is, emotions like outrage, fear, or excitement can cloud our judgment. This is how misinformation thrives. Social media algorithms aren't designed to prioritize truth, they're designed to prioritize clicks. This means that sensationalized or extreme content often rises to the top, not because it's accurate, but because it grabs your attention. Over time, you might find yourself in an echo chamber, exposed only to ideas that reinforce your existing beliefs while opposing views are filtered out.

This can have real-world consequences. Extremism, divisiveness, and distrust grow when we stop engaging critically with information and simply accept what's fed to us. And it's not just about politics. Think about the misinformation around health, science, or even history that spreads unchecked because it's wrapped in a flashy headline or a viral meme.

So, how do we navigate this algorithm-driven world without losing our grip on reality? The answer lies in slowing down, staying skeptical, and taking responsibility for what we consume and share.

Before hitting that share button, take a moment to verify the information. Check the source: Is it reputable? If it's a website you've never heard of, does it provide evidence or just emotional appeals? Cross-reference with trusted outlets. A quick Google search can save you from spreading misinformation.

Know that your feed isn't a random collection of posts, it's curated for you. If you find yourself feeling angry, overly excited, or even validated after seeing a certain type of content, ask yourself: Is this manipulating my emotions? Algorithms don't care about truth; they care about keeping you scrolling.

Social media platforms often show you content you agree with, which can feel comforting but limits your perspective. Make a conscious effort to follow people or organizations with diverse viewpoints. This doesn't mean you have to agree with everything, but exposing yourself to different ideas helps build critical thinking.

If a post seems overly dramatic, divisive, or paints an entire group of people as "good" or "evil," it's worth questioning. Extremist content often thrives on oversimplifying complex issues, using inflammatory language to provoke a reaction. Real solutions and truths are rarely found in black-and-white thinking.

The online world is just one part of the bigger picture. Building relationships, discussing issues in person, and relying on community engagement can help you stay grounded. Social media is a tool, not the whole world.

Social media is a double-edged sword. It can connect us, inform us, and even inspire us. But it can also mislead, divide, and manipulate us if we're not careful. The algorithms may be powerful, but so are we. By staying wide-eyed, curious, and critical, we can take control of our online experience and ensure that we're not just passive consumers but active participants in seeking truth and understanding.

Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

OPINION

Opinion and commentary from the Blackstone Valley and beyond

LETTERS TO THE EDITOR

The Indispensable Right

To the Editor:

Freedom of speech. It is the "Indispensable Right," as Georgetown University School of Law Professor Jonathan Turley so eloquently states in his new book.

The founders of our America believed it is a natural right, handed out by God. Not by the government. It remains the most extraordinary statement in the world. It revolutionized thinking around the world.

Now, that our colleges are run by Socialists, Communists, and other assorted Left-wing Nuts, it is under assault. Did you know that 60 percent of college students now believe it is okay to shout down a speaker with whom they disagree? Only 30 percent think it is never okay to shout down a speaker.

Old Dementia Joe is the most anti-free speech president in history. Kamala stated that the Department of No Justice should pursue "misinformation." They can start with her. She provided misinformation about Old Joe's dementia for four years.

Harvard University is worst offender. The once elite college sits at the very bottom in First Amendment rights among all U.S. colleges and universities. Some radicals propose to amend the First Amendment, saying it is "too individualistic" and must be amended "in the interest of equity." Which do you prefer? Equity or equality?

Equality is too individualistic. The First Amendment is essentially individualistic. That is the essence of being an American — the freedom for an individual to say ridiculous things. Even the things we hate.

Take, for example, evil Ilhan Omar, Representative from Minnesota to the U.S. Congress. She was born in hellhole Somalia and obtained asylum in the U.S. Now, she condemns the U.S., Jews and Israel, all the time. Spewing hate speech.

The First Amendment protects "the speech we hate" because the marketplace of ideas is essential to truth, science, and democracies. Woke minds hate the marketplace of ideas, and would love to stifle

those with different opinions.

In our own little Commie state of Massachusetts, we have a middle school student who was banned for wearing a T-shirt that said: "There are only two genders." How radical and hateful of little Liam!

The Middleboro student was sent home for making "some students feel unsafe." Little Liam returned the next day with a t-shirt that said: "There are censored genders." Sent home again! Liam, like any red-blooded American boy, sued.

It's the First Amendment, baby, and you don't lose it in school. The lower federal court ruled in favor of the school, of course, and our Woke U.S. Court of Appeals for the First Circuit agreed with the school. Censor the speech that threatens your delicate point of view because Woke World is fragile and melts like the witch in Oz if anyone dares to express a different view.

Do you think we can all hold differing views without hating the other person?

Liam and his attorneys, the Alliance Defending Freedom (ADF), petitioned the U.S. Supreme Court for review of the First Circuit's decision. Senior Counsel for the ADF, David Cortman, said "Students don't lose their free speech rights the moment they walk into a school. This isn't a case about a T-shirt. It's about a public school telling a middle schooler that he isn't allowed to express a view that differs from their [dogma]."

He said: "The school actively promotes its view about gender through posters, Pride month events and encourages students to wear clothing with messages on the same topic - so long as the clothing expresses the school's preferred view."

S should students be able to wear any t-shirt with any slogan? Or should all t-shirts with slogans or statements be banned? Even Viva Las Vegas?

As my learned friend, the Genius, says: "Our Constitution was designed to protect the people from the state, not to protect the state from the people."

Bev Gudanowski
Uxbridge

The 2025 Bingo card

the energy prices down, and everything else is going to be tumbling down with it, the prices."

"That is a war that dying to be settled. I will get it settled before I even become president," Trump said about the Ukraine War. He also said "no longer than one day" to settle the war if elected." (CNN)

"On Day One, I will sign an executive order directing every federal agency to immediately remove every single burdensome regulation driving up the cost of goods," he said. (Time)

Day 2 and beyond

Build border wall. End birthright citizenship. Restore and expand the travel ban. Revoke protected status of Haitians in Ohio. Impose the death penalty on migrants who kill citizens/police. "I will restore Remain in Mexico. First of all, we are going to end all sanctuary cities immediately. We're going to end them." "We're going to lower your energy costs by 50 percent within one year. We're going to drill, baby, drill." In September, Trump vowed to bring the price of a gallon of gasoline under \$2 as president during a speech in which he announced that Elon Musk would run DOGE. "We will bring our auto-making industry to the record levels of 37 years ago, and we'll be able to do it very quickly through tariffs and other smart use of certain things that we have that other countries don't."

"We will eliminate regulations that drive up housing costs, with the goal of cutting the cost of a new home in half." "We're going to open up tracts of federal land for housing construction. We desperately need housing for people who can't afford what's going on now." "Build so-called 'Freedom Cities to reopen the frontier, reignite American imagination and give hundreds of thousands of young people and other people, all hardworking families, a new shot at home ownership and fact, the American Dream." Also plans to "develop vertical-takeoff-and-landing vehicles for families and individuals." (CNN) Construct an iron dome-like missile defense system for the US.

Impose a 25 percent tariff on all goods from Canada and Mexico. We're going to have 10 to 20 percent tariffs on foreign countries that have been ripping us off for years." Impose tariffs of 60 percent or more on China and remove permanent normal trading relations. And put TikTok back online. "We will pass the Trump Reciprocal Trade Act so that if China or any other country charges us a 100 or a 200 percent tariff, then we will charge them a reciprocal tariff or tax of 100 or 200 percent. And we will do it immediately." Consider tariffs for revenue instead of income tax.

Reduce taxes for wealthy American oligarchs and corporations by extension of the 2017 tax cuts and Jobs Act.

Remove taxes on tipped income for

PS.: Ivermectin is a miracle drug, along with penicillin and aspirin. For people.

In 2020, Ivermectin (IVM) was a generic off patent drug (costing \$1 to \$10). It was highly effective against Covid. Emergency room doctors over the world were using it early in the disease with astonishing success. They reported these successes to Fauci's National Institutes of Health. Fauci suddenly suppressed the reports and declared, after 40 years of safe use, that Ivermectin was dangerous... because Big Pharma could not make any money if every Covid patient took Ivermectin.

As an over the counter veterinary paste, Ivermectin is a parasite dewormer for horses. But the big story about IVM is that 3.7 billion doses of it - in pill form - have been distributed safely around the world for 40 years as a spectacular treatment for tropical diseases. In people. In 2015, Dr. Satoshi Omura, a Japanese microbiologist, and Dr. William Campbell, at Drew University, got the Nobel Prize for Physiology and Medicine for their work with IVM against infectious diseases. In people.

IVM is widely used in Africa against all kinds of tropical diseases. Many citizens of those countries regularly take IVM tablets. Covid did not wreck havoc and death in Africa, as people like Bill Gates predicted it would.

Since March 2020, IVM has been used against Covid by prescription by doctors who do not depend upon Fauci for funding. Over 20 clinical trials tracked the results, with reductions in Covid fatalities up to 74 percent. Did you know that one New York attorney sued for injunctions against hospitals in 30 states to allow their doctors to use IVM in people who were very sick with Covid? He won all injunctions, and the patients...recovered. It's a miracle!

Many people you know are currently using Ivermectin, daily, for ordinary medical issues. Does it work? Splendidly.

service workers.

Remove taxes on social security payments. Exempt overtime pay from taxation. Interest on car loans has been removed. Interest on home generator removed. Cap on state and local taxes (Salt)deductions removed.

Double taxation for Americans living abroad removed. Exempt first responders, veterans, and active-duty military from taxes. The corporate income tax rate lowered to 20 percent. Corporate tax rate to 15 percent for companies manufacturing in the US. The doubled estate and gift tax exemption by TCJA be made permanent. Repeal green energy tax credits. Tax large private university endowments. Including child tax credit. Temporary cap on credit card interest rates at 10 percent.

Spend more per pupil on education than any other country in the world. Destroy Department of Education.

Enable prayer in public schools. "Cut federal money to schools that push critical race theory, transgender insanity, and other inappropriate racial, sexual, onto the shoulders of our children." Also, cut money to schools with a vaccine or mask mandate." (AP)

Allow discrimination based on sexual orientation and gender identity.

"We're going to let them (police) do their job, and I will give them immunity. We will protect them because they do things and get sued."

Replace Obama care - with a 'concept.' We're not going to play around with Social Security, and we're not going to play around with Medicare, Medicaid. I will always protect Medicare and Social Security for our great seniors. No change retirement age.

"Finally, we have to finish the process we began under my Administration of fundamentally reevaluating NATO's purpose and NATO's mission."

Woke out of government and military. Fire "woke" generals from the military.

Ban transgender individuals in military. Remove transgender people from schools. Restrict gender-affirming care. No sex and gender transition at any age. Cut federal funding for schools that teach woke. Take transgender women out of sports. Declare only two genders.

Re-evaluate the use of some vaccines (hopes it's not polio) "I will immediately reissue my 2020 Executive Order restoring the president's authority to remove rogue bureaucrats." We will continue the Trump administration's effort to move parts of the sprawling federal bureaucracy to new locations outside the Washington Swamp.

Withdraw from the WHO.

"I will appoint a real special prosecutor to go after the most corrupt president in the history of the United States of America, Joe Biden, and the entire Biden crime family."

End - out of word count.

Linda Lacki
Northbridge

When is a good time for a Roth conversion?

In life, you often get second chances — and the same is true with investing. To illustrate: You might not have been able to contribute to a Roth IRA during your working years due to your income level, but you may get that opportunity as you near retirement, or even when you are retired — through a Roth conversion.



FINANCIAL FOCUS
DENNIS ANTONOPOULOS

you might start thinking of just how much you'd like to benefit from a Roth IRA. And you can do so by converting your traditional IRA to a Roth. While this sounds simple, there's a major caveat: taxes. You'll

be taxed on the amount in pre-tax dollars you contributed to a traditional IRA and then converted to a Roth IRA. (If you have both pre- and after-tax dollars in your traditional IRA, the taxable amount is based on the percentage of pre-tax dollars.)

If you have large amounts in a traditional IRA, the tax bill on conversion can be significant. The key to potentially lowering this tax bill is timing. Generally speaking, the lower your income in a given year, the more favorable it is for you to convert to a Roth IRA. So, for example, if you have already retired, but have not started collecting RMDs, your income may be down.

Timing also comes into play with the financial markets. When the market is going through a decline, and the value of your traditional IRA drops, you could convert the same number of shares of the underlying investments and receive a lower tax bill or convert more shares of these investments for what would have been the same tax bill.

Finally, you could lower your tax bill in any given year by stretching out your Roth IRA conversions over several years, rather than doing it all at once.

You'll want to consult with your tax advisor before embarking on this conversion — but if it's appropriate for your situation, you could find that owning a Roth IRA can benefit you and your family for years to come.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local

Edward Jones Advisor at 5 Albert St., Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.

Eight days a week

POSITIVELY SPEAKING
TOBY MOORE

Sometimes, life feels so busy I dream of having one more day in the week. How great would that be? Eight days a week - just like that Beatles song! It sounds great, but let's think this through.

It could be a day of leisure: no emails, errands, or to-do lists. Just sleep in, read a book, or spend hours binge-watching your favorite show without guilt. It could revolutionize how we approach self-care and mental health.

It could be the day you finally learn to paint, start that podcast, or bake croissants from scratch! Imagine having dedicated time for personal growth—no interruptions, just you and your creative spark.

Imagine the extra family time. You could host family dinners, volunteer in your community, or reconnect with old friends!

You could catch up on everything you didn't finish earlier in the week. Grocery shopping, home projects, errands—you name it. We could call it the "Get your life together" day!

It sounds great, but adding an eighth day might plunge the world into chaos.

Holidays would go rogue. Weeks wouldn't align with months, so Christmas might land in February, and New Year's could appear in July.

Imagine singing "Jingle Bells" in a heatwave or explaining to your kids why Thanksgiving dinner now involves sunscreen and barbecue grills instead of turkey and mashed potatoes. Santa might quit in protest!

Payroll would be a nightmare—when is payday? Who knows! HR would give up entirely, and accountants would cry themselves to sleep.

Solstices and equinoxes, those dependable markers of seasons, would go completely out of whack. Farmers wouldn't know when to plant crops. Benjamin Franklin, who started the Farmer's Almanac, might come back to write a pamphlet titled: "Leave the Calendar Alone, You Fools!"

Your circadian rhythm—already clinging to life thanks to caffeine—would give up entirely. Owls would start hooting at rush hour, your cat would decide 3 p.m. is now breakfast time, and your smartwatch would scream, "I don't know what day it is!"

Okay, eight days - bad idea. Still, even doesn't feel like enough.

Let's flip the scenario: what if we

lived in a world where the week only had six days? You don't know what you got until it's gone.

Suddenly, the seven-day week we take for granted would feel like a luxury. That seventh day—the one we rely on for rest, errands, or just catching our breath—would be gone. Imagine the chaos of squeezing everything we currently do into fewer days.

Without the seventh day, weekends would shrink, leaving little time to recover from the grind of the workweek. Rest wouldn't be optional—it would become a desperate need. Perhaps we'd have to find new ways to recharge during the week, taking shorter, more deliberate breaks to avoid burnout.

Losing the seventh day would make finding time for hobbies or creative pursuits even harder. Gone are the lazy afternoons spent painting, writing, or tinkering with a new project. Play and creativity would need to be crammed into the workweek, likely pushed aside by more "urgent" demands.

Family dinners, game nights, and community events would become a rarity. Without the seventh day, many of us would feel perpetually rushed, sacrificing time for relationships, and the value of connection would become clearer, but finding the time for it would be even harder.

Life without that seventh day means laundry piles up, errands get delayed, and "to-do" lists spill into the rest of the week. Chaos would become the new normal as we struggle to fit everything into an already packed schedule.

If the world switched to a six-day week, the chaos would be equally absurd as eight days a week but in reverse!

Einstein might rematerialize to say, "Yes, time is relative, but this is ridiculous!"

Okay, maybe the problem isn't with the number of days. It's not about having more or less time; it's about making the time I already have more meaningful.

If you're like me, wishing for more time in the day or more days in the week, it's not about getting that extra time; it's about making the time we have work better.

The solution isn't in more days—it's in making the ones we already have truly count.

SNHU announces Fall 2024 President's List

MANCHESTER, New Hampshire — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Fall 2024 President's List. The fall terms run from September to December.

Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above for the reporting term are named to the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall, winter/spring, and summer.

ditional-aged students and working adults. Now serving more than 200,000 learners worldwide, SNHU offers approximately 200 undergraduate, graduate, and certificate programs, available online and on its 300-acre campus in Manchester, New Hampshire. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner.

- Jackeline Lopez of Northbridge
- Kristina Brenn of Whitinsville
- Raheem Lewis of Whitinsville
- Antonio DeMalia of Uxbridge
- Jocelyn Forgette of Uxbridge
- Eden Ebbeling of Uxbridge
- Abigail Hanscom of Uxbridge
- Michael Moniz of Uxbridge
- Christian LeCour of Uxbridge
- Makayla Ross of Uxbridge
- Gregory Ulm of Northbridge
- Gabrielle Rivard of Douglas
- Nicholas Carr of Douglas
- Kate Wall of Douglas

Southern New Hampshire University (SNHU) is a private, non-profit, accredited institution with a 92-year history of educating tra-

Jessica Ross named to University at Buffalo's dean's list

BUFFALO, N.Y. — Jessica Ross of Northbridge has been named to the University at Buffalo's fall 2024 dean's list.

UB is New York State's flagship university and the largest and most comprehensive institution in the State University of New York system.

Ross was among 4,330 students named to UB's fall 2024 dean's list.

"I am honored to recognize the students on the undergraduate dean's list who excel both in their studies and beyond," Ann Bisantz, dean of undergraduate education,

says. "Together, we celebrate their remarkable achievements and the spirit of excellence within our university community."

To qualify for the dean's list, full-time undergraduate students must demonstrate academic excellence by earning a grade point average of at least 3.600 while completing a minimum of 15 or more UB credit hours, of which 12 are graded (A-F) credits. Students are named to the dean's list at the end of the fall and spring semesters.

About the University at Buffalo

The University at Buffalo is a premier, research-intensive public university, and is New York's flagship. UB's more than 30,000 students pursue their academic interests through more than 500 undergraduate, graduate and professional degree programs. Founded in 1846, the University at Buffalo is a member of the Association of American Universities, which is composed of America's leading research universities. AAU's 71 research universities transform lives through education, research and innovation.



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Be a weather watching gardener



GARDEN MOMENTS

MELINDA MYERS

Each gardening season seems to offer new growing challenges. Our gardens are exposed to more drastic and variable weather with changing weather patterns. Floods, droughts, wind, temperature extremes, and unseasonable weather episodes can have immediate and long-term impacts on our plants.

Monitoring and noting these occurrences will help you diagnose immedi-

ate and future plant and garden problems. It also reminds us to adjust plant maintenance when these stressors occur and watch for potential insect, disease, and plant decline that may appear in the future.

Create your own weather station with a rain gauge,

Melinda Myers

(Right) Rain barrels can help manage the water on your property and provide water to use in your gardens.



snow gauge, and high-low thermometer. These gauges monitor the conditions in your backyard as opposed to those reported for nearby locations. Having information from your yard allows you to make any needed adjustments to watering and care to help your plants thrive.

Record significant weather extremes that can negatively impact plant health and longevity. Check with local nature centers, botanical gardens, and extension services for gardening calendars. Many include information on significant weather events

in your area. You can then add your observations for future reference. Refer to this information as needed in the future to help diagnose plant problems that may result from these extremes.

Large trees and other established plantings are often overlooked when weather extremes occur. Extended dry periods, temperature extremes, and flooding can stress and weaken these plants making them more susceptible to insect pests, diseases, and decline in the coming years.

Always select plants suited to the growing conditions and start watching for those that appear to be more tolerant of extremes. Visit local public gardens and consult with your University Extension specialists and other plant experts when selecting new plants for your gardens.

Adapt your landscape maintenance and design to reduce the negative impact of flooding, drought, and temperature extremes. Protect plant roots from temperature extremes with a layer of organic mulch. Incorporate organic matter into the soil to improve drainage and increase the water-holding ability of fast-draining soils. Cover the soil with plants and mulch to help protect the soil from compaction and erosion during heavy downpours. Healthy soil is the key to growing plants that are better able to tolerate environmental stresses.

Manage water that falls on your property. Check with your local municipality for any restrictions or support for these efforts. Create rain gardens to cap-

ture, clean and direct rainfall to groundwater to help manage water where it falls. These also support pollinators and provide added beauty to your landscape. Enlist the help of rain barrels, if permitted, to capture rainwater to use on ornamental plantings and containers when needed.

Take this interest one step further and volunteer to be part of a network of volunteer weather watchers. The Community Collaborative Rain, Hail and Snow Network (CoCoRaHS) is a non-profit community-based network of volunteers that provides daily measurements of rain, hail, and snow that fall in their backyards.

The goal of the Network is to provide more localized weather information to scientists, researchers, resource managers, decision makers and more. The data is used for natural resource, educational and research applications.

Weather watching is a great project for the family or classroom. It helps boost gardening success while increasing our awareness and knowledge of what's happening around us.

Melinda Myers has written over 20 gardening books, including *Midwest Gardener's Handbook, Revised Edition, and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' Web site is www.MelindaMyers.com.*

Transportation memorabilia – Part 2



ANTIQUES, COLLECTIBLES & ESTATES
WAYNE TUISKULA

I recently shared my top 10 list of categories that have been selling well and will be highlighting these 10 in upcoming columns. Number 10 on my list is transportation memorabilia. I discussed ships and trains in my last column and today will focus on air travel and automobiles.

Many people have fond memories of their first car or still think about a car they wanted but couldn't afford at the time. Some buyers also simply like automobile advertising signs



or other memorabilia that reminds them of traveling by car. In 1961, NBC aired a show called "Merrily We Roll Along" where host Groucho Marx announced that Americans had a "love affair" with automobiles, according to a Bloomberg article. That "love affair" has resulted in a strong market for automobile memorabilia.

Perhaps surprisingly, age isn't the most important thing when it comes to vintage cars. Many collectors want cars from the mid-20th century, the era that they grew up in. Older cars like Model T's in very good condition often bring figures in the \$10,000 range or less. We sold a 1931 Auburn (Auburn Cord Duesenberg company) for \$8,400 in 2020. Newer classic cars have sold much better for us though. A 1970 Plymouth Satellite that needed restoration sold for over \$13,000 in 2023. Another project car, a 1954 Corvette, sold for nearly \$23,000 and a 1962 Corvette in better condition went for over \$30,000 in 2021.

Other automobile memorabilia also has collector appeal. We sold a small metal building that was part of an Auburn, Mass., gas station several years ago. After paying close to \$3,000, the winning bidder relocated it to New Hampshire where he was recreating an old-time gas station. We also sold some signs from the former gas station that brought figures in the hundreds.

Other auto-related pieces can bring even higher returns. A 1920s Wayne Roman Column Five Gallon Pump in restored condition sold for \$18,000 at auction in 2020. I'm sure some readers of this column remember "Flying A" gas stations. The brand was used until 1970 when it became part of Getty. An embossed porcelain 62 inch "Flying A" sign brought \$5,500 last year. Another sign that many of you will be familiar with is the Mobil Oil Pegasus. The Pegasus was part of Mobil Oil's advertising from 1932 into the 1960s. An older Pegasus neon sign went for \$24,000 at auction in 2015.

Some people prefer to get somewhere faster and travel by air. We sold two collections of aviation memorabilia in our January 2024 auction. An Admiral Byrd flights over Arctic & Antarctica commemorative bronze medal sold for \$660. The other collection of airline memorabilia came from a Pan Am flight attendant (then called stewardess) who was on the crew with presidents. Her cap and badges brought over \$400. Three silver appreciation coins she received from President Eisenhower reached nearly \$2,900. A piece of fabric from the Hindenburg with documentation sold for nearly \$800 in one of our auctions last year. Airline travel posters are also desirable. A circa 1940s Pan Am Clipper airplane poster promoting Caribbean travel soared to \$2,500 in a 2023 auction. The winning bidder might have liked the graphics or maybe it was a New Englander dreaming about escaping the cold weather for a Caribbean vacation.

We will be offering some travel posters from a Boson estate in our late spring/early summer major auction. In the meantime, we are cataloging a Civil War memorabilia auction, a Beacon Hill online estate auction, and a comic book, sports memorabilia, and collectibles auction. We are always accepting consignments of estate jewelry, sterling silver, art, coins, and other items in our top 10 list. Please visit our Web site, <http://centralmassauctions.com>, for links to upcoming events.

Contact us to consign items or for auction information at: Wayne Tuiskula Auctioneer/Appraiser Central Mass Auctions for Antique, Collectibles Auctions and Appraisal Services info@centralmassauctions.com or (508-612-6111).

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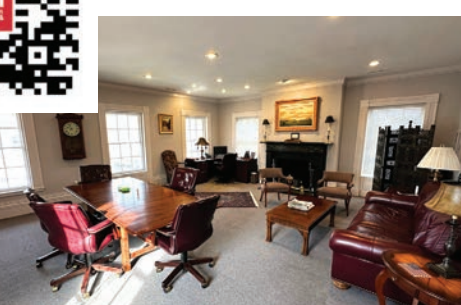
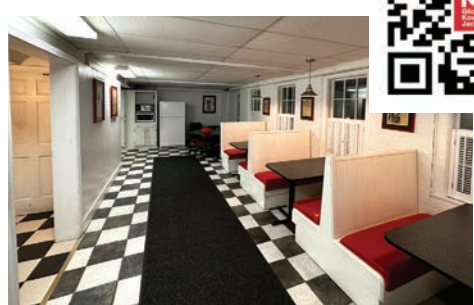
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- Basement: partial | Unfinished



JAMES GLICKMAN
Principal

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Uxbridge Senior Center

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Donna Oncay - Transportation Coordinator
Omer Boucher - Van Driver
Sally Selvidge - Activities Coordinator
Pat Ordway - Chef

PDIRECTOR NEWS FOR FEBRUARY 2025 NEWSLETTER

Top 5 Health Benefits of Pickleball:

1. Improves balance, hand-eye coordination and flexibility. Hitting and receiving the ball can help improve your hand-eye coordination and balance....
2. Improves heart health....
3. Prevents osteoporosis....
4. Boosts mood and mental health....
5. Social connections.

Are you ready to play pickleball? The Uxbridge Senior Center was awarded a SIG (State incentive Grant) Grant with MCOA to provide pickleball in the McCloskey Gym located at 62 Capron Street. The grant monies paid for the painting of the court lines on the gym floor and purchasing all the equipment needed to play the game. Instructional classes will be starting on Thursday, February 27th for 8 weeks. The back-to-back classes will be held from 9am-10:15am & 10:30am-11:45am, class sizes are limited, so sign up early. The cost of the program is \$10 per person to help reduce the cost of building maintenance. Equipment will be provided to play. Please stop by the center to pick up your enrollment and release forms.

Governor Healey signed legislation to rename the Executive Office of Elder Affairs to the Executive Office of Aging & Independence. This is a huge step in rebranding the older adult population. Instead of referring to us as elders, old and feeble, which denotes a negative connection. Now, our older adult population is referenced as being more viable, independent and

active. Thank you, Governor Healey, for moving us forward in a more positive, inspiring light!

U Mass Boston Gerontology Unveils Final Report
We are very excited to share the report Aging in Uxbridge: A Community Needs Assessment with you.

This report is the result of many months of coordination and planning and is the culmination of feedback and ideas from Uxbridge's residents who have provided their time, energy, and ideas. Over the past year, many Uxbridge residents of all ages participated in interviews, focus groups, and a community survey. The report was researched and written by the expert team at the University of Massachusetts Boston Gerontology Institute. We would also like to thank Dr. Caitlin Coyle and her team at UMASS for their passion, enthusiasm, and dedication to this project.

Please join us on Wednesday, February 19th at 12 noon for a presentation of this Final Report. This is a luncheon meeting so please sign up early as space is limited. There will also be an evening Zoom meeting presentation at the BOS meeting which will be held on Monday, February 24th at 6:30pm at the Town Hall.

Happy Valentine's Day to All!
Sincerely, Lisa

The National Random Act of Kindness Day is scheduled for Monday, February 17, 2025.

The 5 Most Common Random Acts of Kindness:

1. Letting someone go in front of you in line, 51%.
2. Checking in on a loved one, 49%.
3. Asking a neighbor how they're feeling, 43%.
4. Doing a favor for someone while they're out of town, like watching their pet or signing for a package, 26%.
5. Giving up your seat for an elderly or pregnant person, 22%. The survey also found 23% of people have NEVER performed a ran-

dom act of kindness.

Low Impact and Zumba Classes are coming soon!

Another round of 8-week classes will be starting soon!

Classes will be announced in our March newsletter. All classes will take place at McCloskey School located at 62 Capron Street.

Mondays starting February 3rd - April 7th - AARP Tax Assistance Program. Please call the senior center to book your appointment.

Monday, February 3rd, 2025 - 3:00 pm - 4:00 pm - Computer Tutoring with students from BVT. Please call ahead to book an appointment. This will be held on the first Monday of each month. Next date will be Tuesday, March 3, 2025.

Thursday, February 6, 2025 - 10:30 am - Veterans' Services with Carl Bradshaw by appointment only. Call 508-278-8622 to sign up.

Thursday, February 6, 2025 - 1:30 pm - Bird House Craft with Sally! \$7.00 per person. Payment is due upon sign-up and space is limited.

Friday, February 7, 2025 - 12:00 pm - Lunch & Learn with Chief Montminy. His guest speaker will be Michele Ellicks from MASS RMV and she will be presenting on Real ID's. We will also have a Superbowl Party during lunch! Be sure to RSVP for this event.

Monday, February 10, 2025 - 1:30 pm - Heart Hanger - Craft with Sally! \$7.00 per person. Payment is due upon sign-up and space is limited.

Tuesday, February 11,

2025 - 1:00 pm - Uxbridge Library Book Club. They will be discussing "The Women" by Kristen Hannah. You are welcome to join us for lunch on this day, just be sure to call ahead to "book" yours! Next book club meeting is on Tuesday, March 11, 2025.

Tuesday, February 11, 2025 - 1:00 pm - Benefit Enrollment Specialist - Tri-Valley, Inc. Call the senior center to book an appointment with Gina. Next date will be March 11, 2025.

Friday, February 14, 2025 - 12 pm - Annual Valentine's Day Celebration! We will have DJ Tricia here playing some old time Valentine Music! Please RSVP.

Monday, February 17, 2025 - The senior center will be closed in observance of Presidents' Day. We will re-open on Tuesday, February 18th.

Wednesday, February 19, 2025 - UMass Boston Gerontology Unveils Final Report. Please join us for this presentation! This is a luncheon meeting so please sign up early as space is limited. There will also be an evening Zoom meeting presentation at the BOS meeting which will be held on Monday, February 24th at 6:30 pm at the Town Hall.

Monday, February 24, 2025 - 1:30 pm - "Ask the Attorney" with Attorney Ralph Tepper by appointment only. Please Call 508-278-8622 to schedule your appointment.

Tuesday, February 25, 2025 - 11:00 am - 12:00 pm - Ask the Nurse Free Blood Pressure Clinic with Nancy Favulli, Salmon Health VNA. RSVP to participate and

to join us for lunch.

Thursday, February 27, 2025 - An 8-week instructional Pickleball Program starts. Classes will be held each Thursday from 9 am - 10:15 am & 10:30 am - 11:45 am. Class sizes are limited. Please call the senior center to receive your enrollment and waiver forms. Equipment will be provided. Cost \$10 per person. Classes are being held at McCloskey School, 62 Capron Street.

Thursday, February 27, 2025 - 1:30 pm - St. Patrick Sock Gnome Craft with Sally! \$7.00 per person. Payment is due upon sign-up and space is limited.

Friday, February 28, 2025 - 11:30 am - 12:30 pm - "PopUp Library". Books will be on display to check out, library card sign-ups, book hold pick-ups, etc. This program is being offered by the Uxbridge Free Public Library.

Friday, February 28, 2025 - 12 noon - Birthday Cake Celebration. Come Celebrate all the birthdays this month!

Card Game played during lunch on Mondays.

Hannaford grocery shopping every Tuesday. Pick up begins at 8:30 AM. Please sign up in advance by calling us at 508-278-8622 to reserve your seat on the van.

Knitting Club every Tuesday @ 1:30 pm - Come join the creative fun!

Every Wednesday - 9 am - 3 pm - The Uxbridge Senior Center Transportation Program Community Shuttle. This shuttle is for seniors and individuals with disabilities to destinations such as post office, pet care appointments, hair salon or barber, bank, pharmacy & shopping anywhere in the Uxbridge/Northbridge area. Note: this replaces the

weekly bank/pharmacy and Shaw's Ocean State rides. Call 508-278-8622 for more information and to book your FREE ride. Requests require a 48-hour notice.

Wednesdays - "Canasta" Hand, Knee & Foot Card Game - 1:00 pm - 3:30 pm. NOTE: THE START TIME WILL BE 1:30 ON FEBRUARY 12TH.

Wednesdays - Play Scrabble! - 1:00 pm - Come by for an afternoon playing Scrabble. Boards are supplied by the senior center. Let us know if you'd like to join us for lunch! NOTE: THE START TIME WILL BE 1:30 ON FEBRUARY 12TH.

Medical Transportation is accepting appointments.

Call 508-278-8622 to schedule your rides.

The senior center is in need of the following donations: Lysol wipes, newly packaged napkins, paper towels, tissues, toilet paper, tea (regular and caffeine free), ground regular & decaf coffee. We thank you for your support!

Feel free to contact us at 508-278-8622 or visit us on our web page at Uxbridge-ma.gov/coa or like us on our FB page or by googling Uxbridge Senior Center and our new YouTube Channel or even dropping by.

- https://www.youtube.com/channel/UCNh_RIq99rucmFH-U07VFBw
- <https://www.uxbridgetv.org/schedule/192>

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BEFORE

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- Check flashlight and radio batteries
- Charge mobile devices
- Add warm clothes and blankets to emergency kit
- Keep gas tank full
- Take cash out (ATM's may not work)

DURING

- Conserve energy
- Go to community warming shelters & check on neighbors, family, seniors and homeless
- Only use generators in open areas away from windows and home to prevent carbon monoxide poisoning

AFTER

- Throw out unsafe food

www.Ready.gov/blackouts

Ready

OBITUARIES

Daniel I. Couture, 68



Daniel I. Couture, age 68, passed away unexpectedly on January 6, 2025, in his home in Oxford, Massachusetts. Dan lived his younger years in Linwood, Massachusetts

especially Easter, Thanksgiving and Christmas Eve. He was a loving and caring person who was loved by everyone in his family.

Dan was predeceased by his parents Albert E. Couture and Bertha R. (Plante) Couture and his daughter Melanie Rose Couture. He leaves his sister Linda H. (Couture) Szarek and her husband Thomas, his brother Michael J. Couture and his wife Kathy (Labonte), his brother Albert E. Couture Jr., his daughter Emily Majeau, and several nieces and nephews and grandnieces.

Burial and cemetery services will be held privately by the family later at Saint Patrick's Cemetery.



and attended Northbridge schools. Over the years, he worked at a variety of jobs, including Bay State Abrasive, Couture Flooring and he was the owner of Mike's Cleaning Service. Dan had just purchased a new motorcycle last year that he was so proud of and gave him so much joy. Some of his other favorite activities included going to New England Drag Racing events and the Springfield Fair. Dan loved attending family gatherings,

Plummer Place Home of the Northbridge Senior Center

(508) 234-2002

Plummer Place will be closed on Monday, January 20th in observance of Martin Luther King, Jr. Day.

Plummer Place Singers meets on Wednesdays at 1:00pm. Raianne Richards will lead you as a group, to develop your skills, to enjoy the camaraderie, and to perhaps sing for others. If you would like to join this group, please call the Center to sign up. The cost is \$5 per class.

"Writing Your Way" will meet every 2nd and 4th Thursday of the month from 2:00-3:30pm. All writers are welcome to share their writing with others, get motivated to write their story, and get feedback from fellow writers! Lori Gannon is the instructor for this class, call the Center for more information. \$5/class.

Meditation group meets every Thursday at 9:30am. Set your intentions to enter 2025 in a calm, relaxing manner. There is no commitment, join us when you can. Beginners to meditation are always welcome.

Grief Support Group will meet at 2:00pm on the second Monday of each month. Our next meeting is Monday, February 10th. Sign up in the main office or call Michelle at Plummer Place for more information.

We are accepting donations for our Plummer Place Café. Heavy duty plasticware utensils, heavy duty plates large and small, bowls, napkins, plastic cups, crystal lite packs, bottled water either large or small, creamers, decaf coffee and regular coffee, Shaw's gift cards. We appreciate all donations to help our café run successfully!

Roger Williams University announces Dean's List

BRISTOL, R.I. — Select students have been named to the Fall 2024 Dean's List at Roger Williams University in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean's List that semester.

- Gaby Balanca of Douglas
- Matt Boutiette of Douglas
- Sophie Kay of Uxbridge
- Noah Massotti of Douglas
- Alex Quaranta of Northbridge
- Ryan Robertson of Whitinsville
- Jonathon Spiller of Whitinsville
- Molly Stinchfield of Douglas
- Brianna Taylor of Douglas
- Emily Wildfeuer of Northbridge

About RWU
Roger Williams University is a comprehensive university with a liberal arts

core and professional programs, with campuses on the coast of Bristol and in the state capital of Providence, Rhode Island. Across eight schools of study, we provide real-world learning focused on social and environmental justice, small classes, and direct access to faculty and staff. Our students create powerful combinations of degrees, credentials, research and internship opportunities, study-abroad programs, and involvement in clubs, student organizations, and athletics. Our Northeast location facilitates a strategic network between New York and Boston for community-engaged research and career opportunities for our students and alumni. Graduating with a unique skill set and the passion to make an impact in their careers, our students become the changemakers and leaders our world needs next.

Natalie Ottaviano takes part in "Natasha, Pierre and the Great Comet of 1812"

ALLENTOWN, Pa. — Natalie Ottaviano of Newtonville took part in the Muhlenberg College fall theatre production of "Natasha, Pierre and the Great Comet of 1812," written by Dave Malloy and directed by James Peck.

A graduate of Newton North High School, Ottaviano is studying Theatre and Dance at Muhlenberg, and was a member of the crew working as the Wardrobe Crew member.

The work, a musical adaptation of a scandalous 70-page segment from Leo Tolstoy's 1869 novel "War and Peace," was performed Oct. 31-Nov. 3, in Muhlenberg College's Empie Theatre. Through the eyes of wartime Russian aristocracy, the performance is an intense dissection of what it means to age and how immediate surroundings

can blind people to the world outside of themselves.

The Princeton Review ranked Muhlenberg's theatre program in the top 12 in the nation for eight years in a row, and Fiske Guide to Colleges lists the college's theatre and dance programs among the top small college programs in the United States. Muhlenberg is one of only eight colleges to be listed in Fiske for both theatre and dance.

Founded in 1848, Muhlenberg is a highly selective, four-year residential, liberal arts college in the city of Allentown, Pa., with nearly 2,000 bachelor's and master's degree-seeking students. The college's curriculum and experiences are designed opens doors to new ideas, discoveries, friendships and a lifetime of personal and intellectual growth.

Andressa Fonseca graduates from Georgia Southwestern State University

AMERICUS, Ga. — Andressa Fonseca of Northbridge graduated from Georgia Southwestern State University during the Fall 2024 Commencement Ceremony held on Thursday, Dec. 12 in the Convocation Hall of the Student Success Center. Fonseca earned a Master's degree in business administration.

A total of 588 students graduated in the ceremony, during which Georgia State Representative Patty Marie Stinson delivered the commencement address.

The ceremony was streamed live and recorded on GSW's YouTube channel. Photos from the day can be found via

links at gsw.edu/graduation.

Georgia Southwestern State University, located in Americus, Ga., is a public, four-year unit of the University System of Georgia with approximately 4,000 students. Georgia Southwestern offers outstanding professional programs of study as well as degrees in the arts, humanities, sciences and graduate programs in business, computer science, education, and nursing. Founded in 1906, Georgia Southwestern is recognized as one of the best value colleges in the nation. Visit www.gsw.edu for more information.

Local students named to Dean's List at Fitchburg State

FITCHBURG — Fitchburg State University President Donna Hodge has announced the students who qualified for inclusion on the Dean's List for the Fall 2024 semester.

A student is placed on the Dean's List for the semester if an average grade of 3.20 or better is attained, and the student is attending the university full time.

Fitchburg State University enrolls day and evening students in more than 50 programs of undergraduate and graduate study. The university was established in 1894. Learn more at fitchburgstate.edu.

- Douglas**
Christopher J. Dame, Hunter G. Dunn, Brianna N. Taft Grafton
Nathaniel S. Jordan, Cam T. Ladd
- Groton**
Aia A. Almathkhor, Hailey Brennan, Emjay J. Hanson, Christopher J. Hickman, Ryan M. Robichaud
- Milford**
Roy M. Benson, Leah R. Gorham, Debora Marcondes, Emily E. Phillips
- Millbury**
Samantha A. Bernard, Lillian J.

Eastern student Emily Guarino makes Dean's List

WILLIMANTIC, Conn. — Eastern Connecticut State University recently released its Dean's List for the fall 2024 semester, in which more than 1,300 students were recognized for maintaining high GPAs.

Among them is Emily Guarino of Douglas, a first-year student who

majors in Psychology. To qualify for Dean's List, full-time students must complete a minimum of 12 credits in letter-graded courses with an average GPA of 3.5 or higher in the semester. Part-time students are eligible if they've accumulated 15 or more credits of letter-graded coursework with an average GPA of 3.5 or higher.

Eastern Connecticut State University is the state of Connecticut's public liberal arts university, serving upwards of 4,000 students annually on its Willimantic campus. A residential campus offering 41 majors and 68 minors, Eastern offers students a strong liberal arts foundation grounded in a variety of applied learning opportunities. Ranked among the top 25 public institutions in the North by U.S. News & World Report in its 2024-25 Best Colleges ratings, Eastern has also been awarded 'Green Campus' status by the Princeton Review 15 years in a row. For more information, visit www.easternct.edu.

LEGALS

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Worcester Probate and Family Court
225 Main Street
Worcester, MA 01608
(508)831-2200
Docket No. W025C0022CA
CITATION ON PETITION TO CHANGE NAME

In the matter of:
Alvaro Esteban Jarrin
A Petition to Change Name of Adult has been filed by **Alvaro Esteban Jarrin of Millville MA** requesting that the court enter a Decree changing their name to:
Carmen Alvaro Jarrin
IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 02/11/2025 at 10 a.m. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Leilah A Keamy, First Justice of this Court.
Date: January 15 2025
Stephanie Fattman,
Register of Probate
January 24, 2025

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

Premises: 192 Maple Street, Douglas, MA 01516

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Kathleen Federico f/k/a Kathleen Gagliard and Michael G. Federico to Mortgage Electronic Registration Systems, Inc., as Mortgagee, as nominee for ARC Home LLC, and now held by **Freedom Mortgage Corporation**, said mortgage dated August 26, 2021 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 65951, Page 210, as affected by a Loan Modification dated July 7, 2023 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 69523, Page 264; said mortgage was assigned from Mortgage Electronic Registration Systems, Inc., as Mortgagee, as nominee for Arc Home, LLC to Arc Home LLC by assignment dated August 5, 2024 and recorded with said Registry of Deeds in Book 70855, Page 170; said mortgage was assigned from Arc Home LLC to Freedom Mortgage Corporation by assignment dated August 28, 2024 and recorded with said Registry of Deeds in Book 71107, Page 388; for breach of the conditions in said mortgage and for the purpose of foreclosing the same will be sold at **Public Auction** on February 21, 2025 at 01:00 PM Local Time upon the premises, all and singular the premises

described in said mortgage, to wit:

The land in the Town of Douglas, County of Worcester, Commonwealth of Massachusetts, and more particularly bounded and described as follows: BEGINNING at a point on the northerly side of Maple Street in said Town of Douglas, said point being the southeasterly corner of land now or formerly of Michael Millette, et ux;

Thence S. 20° 17' 00" E., 57.35 feet by a stone wall to a point; Thence S. 3° 08' 00" E., 89.02 feet to a point in said stone wall; Thence S. 20° 25' 00" E., 35.64 feet by said stone wall to a point at other land of the grantors; Thence N. 20° 34' 40" E., 632.42 feet to a point; Thence S. 71° 00' 49" E., 100.00 feet to a point at land now or formerly of John Cosma; Thence N. 18° 59' 11" E., 574.60 feet to a point at land now or formerly of the Southern New England Railroad Co.; Thence N. 66° 54' 33" W., 42.37 feet to a point at land now or formerly of Michael Millette, et ux; Thence S. 33° 39' 53" W., 1,066.51 feet to the point of BEGINNING. Containing 3.15 acres, more or less, and being shown as Lot # 1 on a plan entitled "Land of Gordon L. Bliss et ux al., Douglas, Mass., March 26, 1981, Scale 1" = 100', John R. Andrews III, Land Surveyor," recorded with said Deeds in Plan Book 486, Plan 107. Being all and the same premises conveyed by deed recorded in Book 52980

Page 322.

The description of the property contained in the mortgage shall control in the event of a typographical error in this publication.

For Mortgagor's Title see deed dated October 16, 2014 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 52980, Page 322.

TERMS OF SALE: Said premises will be sold and conveyed subject to all liens, encumbrances, unpaid taxes, tax titles, municipal liens and assessments, if any, which take precedence over the said mortgage above described.

FIVE THOUSAND (\$5,000.00) Dollars of the purchase price must be paid in cash, certified check, bank treasurer's or cashier's check at the time and place of the sale by the purchaser. The balance of the purchase price shall be paid in cash, certified check, bank treasurer's or cashier's check within thirty (30) days after the date of sale.

Other terms to be announced at the sale.
Brock & Scott, PLLC
23 Messenger Street
2nd Floor
Plainville, MA 02762
Attorney for Freedom Mortgage Corporation
Present Holder of the Mortgage (401) 217-8701
January 24, 2025
January 31, 2025
February 7, 2025

Preparing high school students for civic engagement and leadership

Cornerstone Bank donates to 2025 Inspire Massachusetts Youth Leadership Institute

WORCESTER — Cornerstone Bank, a community bank with locations throughout Central Massachusetts, is donating \$2,500 to a program designed to educate, inspire and engage local high school students to be civically active and address key social issues affecting their schools and communities. Inspire Massachusetts Youth Leadership Institute is a one-day civic engagement session presented by the Massachusetts Teachers Association in partnership with

Team Harmony. “We want to help pave the way for a bright future for area youth in our community, and we know that begins with a strong foundation for encouraging future leaders,” said Cornerstone Bank CEO Todd Tallman. “When our children succeed, we all succeed.”

This year, the institute is scheduled to take place at Worcester State University on Jan. 16, when 100 students from high schools across the state will gather and learn about

critical social issues such as educational justice, school violence, environmental protection, women’s rights and racial harmony. Teachers acting as coaches work to empower students to create and implement action plans to address these issues in their schools and communities. Organizers follow up in the spring to recognize students who successfully put their ideas into action.

“This program inspires real-world change,” said Tallman. “At Cornerstone Bank, we know that

innovation and collaboration lead to impact. It’s special to see young people put that formula to work to create measurable results in their own communities.”

Lindsey Labossiere of Uxbridge named to Provost’s List at Hofstra University

HEMPSTEAD, N.Y. — Lindsey Labossiere of Uxbridge achieved a perfect 4.0 GPA during the fall 2024 semester, earning a spot on the Provost’s List at Hofstra University. Lindsey’s major is Criminology.

Hofstra University’s primary mission is to provide a quality education to its students in an environment that encourages, nurtures, and supports learning. At Hofstra, new ideas take shape through collaboration, engagement, and interaction. Hofstra students create their success with small classes and dedicated faculty, alongside a beautiful campus, plus all the opportunities of New York City within easy reach.

Dean College announces Fall 2024 Dean’s List

FRANKLIN — Dean College is pleased to announce the students that have earned a place on the Dean’s List for the Fall 2024 semester. These students have demonstrated a serious commitment to their studies while at Dean College.

Lia Zajas of Uxbridge
Alexis Alvarado of Whitinsville
Elizabeth Yarger of Uxbridge
Aimiejeanne Given of Douglas

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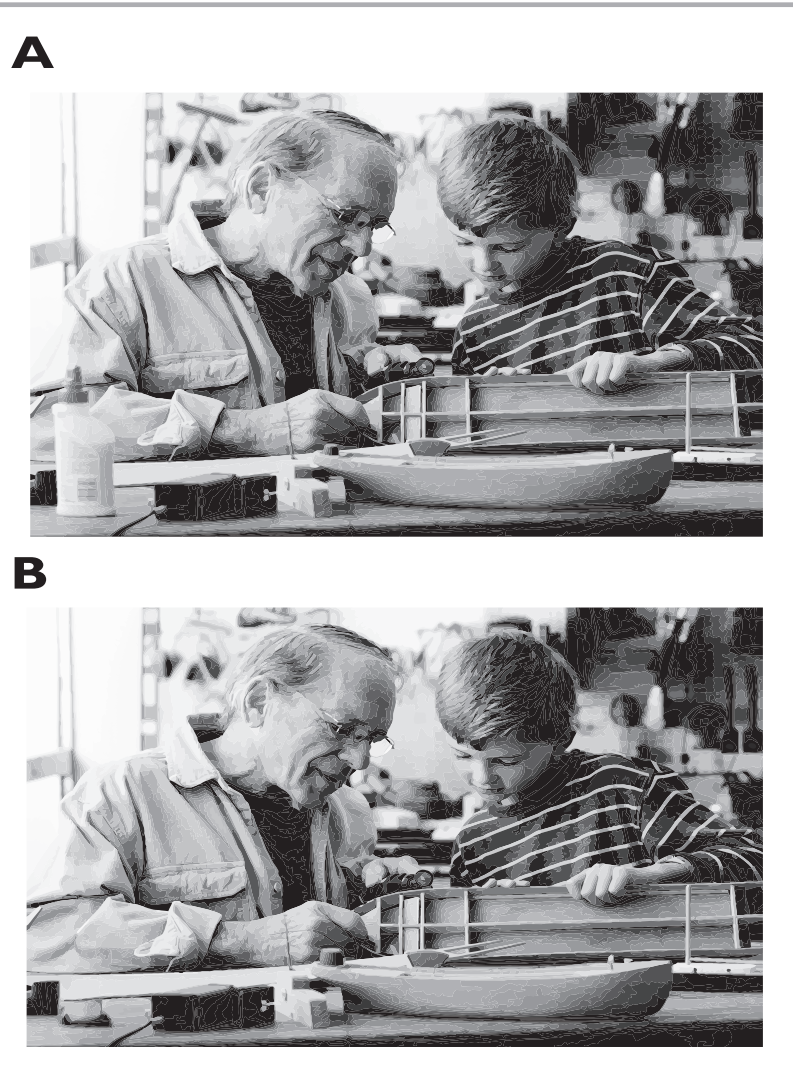
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kids' corner

What's the Difference?

Find the four differences between these pictures.



Answers: 1. Missing glue 2. Red piece on boat is larger 3. Red tool in background is missing 4. There is a second black scrubber in back right

THIS DAY IN HISTORY



1848: James W. Marshall finds gold at Sutter's Mill near Sacramento.

1908: The first Boy Scout troop is organized in England by Robert Baden-Powell.

1984: The Macintosh personal computer is made available to American consumers.

NEW WORD

PASTIME

activity done regularly for enjoyment

Body FACT!

Hobbies can keep this part of the body stimulated.

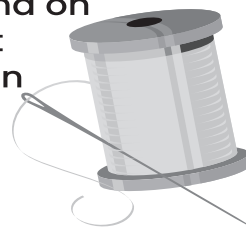
Answer: Brain

How they say that in...

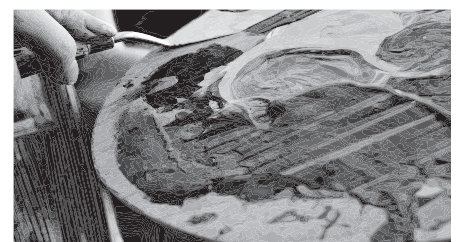
- English:** Hobby
- Spanish:** Hobby
- Italian:** Hobby
- French:** Passe-temps
- German:** Hobby

Did You Know?

Sewing, like other hobbies, can relax a person by focusing the mind on the task and not on other things in your life.



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Paint palette

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WEBSTER - 25 SLATER ST



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DUDLEY 3 PRINCE CIRCLE



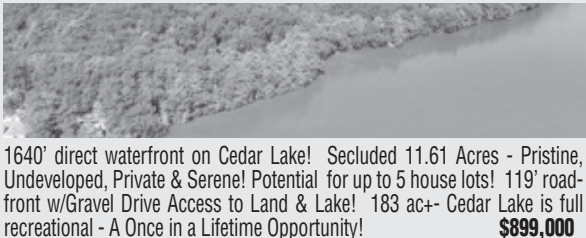
Come to Pierpont Estates! Young 2100 Sq Ft +/- Colonial on 1+ acre! Featuring 8 rooms, 4 Bedrooms! Master Bed w/Master Bath & Walk-in Closet! 2 Baths and 1/2 Bath! Cozy propane gas fireplace. Hardwood flooring & carpeting. Central air. 2 Car Garage. Yr. 2024 Taxes \$5448. **Assisted sale. \$620,000**

OXFORD - 25 SUTTON AVENUE



Location - Location! Move-in ready Commercial Office &/or Retail Space! Ideal for >>> Small Businesses, Companies looking to expand, Banks, Medical facilities etc...2 Level Free Standing Building on a Corner Lot - Located in an Active area of Restaurants & Retail 1 Minute to Rt 395 & Rt 20...Zoned GB 10 units - .71 Acre - 26 Parking Spots **\$1,150,000**

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On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg




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Nursing students celebrate 100 days of school

CHARLTON — “Let’s celebrate 100 days!” exclaimed Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN, Academy Director to the PN Class of 2025. So, on Jan. 16, the Nursing Students on campus and at their respective clinical sites celebrated the 100th day of nursing school in their own unique ways.

To commemorate the event, several professors contributed on their own ways. Professor Shannen Sherman brought 100 days cardboard crowns and flowers for her students at Harrington Hospital while Professor Angela McGrath brought healthy snacks.

“Celebrating the 100th day is celebrating the learning and growing and incorporating some fun,” said Bolandrina. “Nursing school is busy, life is busy, but our nursing students enjoy the build up to this day, and it is amazing to see their progress over the preceding months.”

Originally, the academic premise behind the 100th day is to inte-



grate learning to count with fun activities that encourage young children to explore their environment while

applying what they’ve learn in the classroom. This is the first time that the Practical Nursing Academy celebrated the

100th day with the adult learners.

Photo shows members of Team Harrington from left: Elizabeth

Achayo of Worcester, Gorret Rusoke of Springfield, Delene Sarsfield of Charlton, Maria De Amorim

Hentschke of Worcester, Chalinant Desrosiers of Oxford, and Emily Bamberger of Wales.

S.C.E. Real Estate excited to welcome Renee VanderZicht to team of Realtors!

DOUGLAS — At S.C.E., family is the foundation of everything we do. We believe in treating every client like family, providing a supportive, transparent, and stress-free experience from start to finish. With a commitment to honesty, hard work, and compassion, we strive to represent our clients with integrity and care. Renee VanderZicht embodies these values wholeheartedly, and we’re thrilled to have her as part of the S.C.E. Family.

With more than 20 years in the real estate industry, VanderZicht is dedicated to making client satisfaction her number one priority. She stays ahead of the curve by having spent time on a government affairs committee, ensuring she’s always up to date on both local and nation-



Courtesy

construction, condos, investment properties, and land. VanderZicht serves the Blackstone Valley and surrounding areas and is a certified Pricing Strategy Advisor (PSA) and an active member of the Massachusetts Association of REALTORS®.

As a wife and mom of four, VanderZicht is proud to raise her family in Uxbridge, a community she truly loves. In her spare time, she enjoys baking, thrifting, and grabbing coffee with friends. Watching her kids Jack (now graduated), Sydney, Charlotte, and Georgia play in sports, is one of her greatest joys. Renee and her husband, Brian, also love spending summers in Maine and Martha’s Vineyard, with trips to the beach being a family favorite.

She would love to chat about your real estate goals over a cup of Nespresso at our S.C.E. Real Estate Office located at 295 Main St. Douglas; 508-476-5484.

Renee VanderZicht

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