

 Free by request to residents of East Brookfield, West Brookfield, North Brookfield, Brookfield, Leicester and Spencer

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 Friday, September 23, 2022

## Centennial parade worth a two-year wait





Photo Courtesy East Brookfield residents recently enjoyed a parade and family fun day



#### BY KEVIN FLANDERS STAFF WRITER

EAST BROOKFIELD – Residents had to wait two extra years to enjoy the town's centennial parade and family fun day, but the festivities were well worth the delay.

Held on Saturday, Sept. 17, the celebration began with a lengthy parade down North Brookfield Road and Route 9. Featuring several vehicles and creative displays, the parade concluded at East Brookfield Elementary School.

Afterward, the Holland Aqua Skiers performed on Lake Lashaway.

"Everyone enjoyed watching their jumps and other stunts, especially those who remember when ski shows were more regular on our Anniversary Committee member Heather Gablaski.

The event then transitioned into its family fun day portion, with multiple activities held on Connie Mack Field.

Festivities included a pie eating contest, games, food trucks, a beer garden, an old-time baseball game, and appearances from first responders and other organizations.

Musical entertainment was provided in many forms throughout the day, including performances from high school marching bands and other groups.

"Fantastic job to our Family Fun Day Committee. From food trucks, to games and contests, to a hot air balloon and an old-time baseball read a statement released by event organizers.

The State Police Mounted Unit also participated in the event, along with antique fire trucks and tractors. Over 30 community groups and local businesses were involved as well.

The old-time baseball game featured a team from East Brookfield taking on a team from North Brookfield. The visitors from North Brookfield held a large lead until the very end of the game, when East Brookfield came from behind to win.

"It was such a fun game to watch, as players were using replica bats and balls and wearing old-time uniforms," Gablaski said.

Event organizers thank all spon-

make the program possible.

The following individuals and groups were also thanked: Amanda Lambert, Dan Lambert, Michelle Blood, Lou Meyerdierks, Sue Gordon, and Missy's Music Mix.

Lamoureux Ford and Howe Lumber are also thanked for offering free parking and shuttles to guests.

The 100th Anniversary Committee is thanked for the hard work members put in over the past seven years to make the event possible.

Residents are invited to check out additional centennial celebration events this fall. Programs will include a historical tour and dinner at Podunk Chapel (Oct. 29); a trolley talk at Town Hall (Dec. 10); and a holiday decorating contest in

## Voters show support for DPHS project

#### BY KEVIN FLANDERS STAFF WRITER

REGION — With approval secured last week at Special Town Meetings in Spencer and East Brookfield, the David Prouty High School building project moved one step closer to becoming a reality.

Special Town Meeting voters in each community were asked to approve the \$111.6 million cost for the DPHS addition-renovation project.

At East Brookfield's Special Town Meeting on Sept. 13, voters passed the article with an overwhelming majority vote. The next night, Spencer voters showed their strong support for the project with a 430-10 vote at Special Town Meeting.

Turn To **PROJECT**, page A12

## **Community celebrates Lewis Field renovations**

#### BY KEVIN FLANDERS

BROOKFIELD – Residents and officials recently attended a ribbon cutting ceremony to celebrate the renovation of Lewis Field.

Led by the town's Recreation Committee, the project included the installation of new playground equipment; upgrades to the basketball court; and a new walking path. Moreover, thanks to a Girl Scout Silver Award Project, the pavilion and snack shack were repainted.

At the Sept. 10 ribbon cutting program, all of the recent additions and upgrades were unveiled to the community. The event was attended by Recreation Committee members, selectmen, State Representative Donald Berthiaume, and local Girl Scouts, among other guests.

The Girl Scouts who led the Silver Award Project are Megan Holm, Lilly Egan, and Alison Regan.

Turn To LEWIS FIELD, page A12 Select Board member Linda Lincoln presents a citation from Sen. Anne Gobi's office to local Girl Scouts.

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Photo Courtesy

Girl Scouts.

## Weikels to end Christmas light display after 31 years

#### BY KEVIN FLANDERS STAFF WRITER

LEICESTER – After more than three decades of brightening the holiday season for guests from throughout New England and beyond, Scott and Denise Weikel have announced that 2022 will be the last year for their home display of Christmas lights.

The Weikels have operated Leicester Christmas Display for 31 years, wowing guests from near and far. In recent years, approximately 3,000 guests have visited the Weikels' 25 Waite Street home each night during the holiday season to get a look at the display. Leicester Police details are set up each year to direct traffic and manage crowds in the neighborhood. To raise money for this year's police details, a comedy night will take place on Saturday, Sept. 24, at 7 p.m. at the Knights of Columbus Hall in Leicester (91 Manville Street). Tickets are \$20 each.

Doors open at 6 p.m. for the show. Music by Broken Roads will take place after the show at 8:30 p.m.

Raffles and a cash bar will also be available.

If you are interested in attending the show, contact Scott Weikel at 508-414-

0114.

The Weikels thank the Leicester Police Department for their support over the years, ensuring that all guests have a safe, fun experience.

"The police through the years have been fantastic. There is no way we could do it without the help of the police," Scott Weikel told the New Leader.

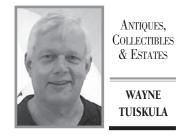
It's a bittersweet experience for the Weikels to prepare for their display's final season. Running each year between Thanksgiving and Christmas, the beloved display raises over \$13,000 annually for local charities.

"The Leicester Christmas Display

has been a staple for holiday revelers for many years. Scott and Denise have put their hearts into the display for the enjoyment of others," said Select Board Chairman Allen Phillips. "They take all of the donations and help local people and charities. The town of Leicester owes a huge thank-you to the Weikels for all of their hard work over the years—all for the enjoyment and benefit of others."

Having expanded significantly since its early years, the display currently features over 50,000

## Auction, antiques, and collectibles news



In my last column, I shared that a 1952 Mickey Mantle card set a sports card record when it sold for \$12.6 million at auction last month. I noted that the Mantle card also set a record for any type of sports memorabilia by topping the \$9.3 million paid for a Diego Maradona 1986 World Cup jersey. Well, CBS Sports reports that a new record was set this month for another non-card sports memorabilia item.

A jersey that Michael Jordan wore in Game 1 of the 1998 NBA Finals recently went on the auction block. The Bulls lost that game to the Utah Jazz, but went on to win the series, giving Jordan his sixth championship in his "Last Dance" season. Jordan also received his sixth career Finals MVP award. His jersey price soared

estimate, selling for \$10.1 million.

In non-sports news, the New York Times reports that the art collection of Paul Allen (who formed Microsoft with Bill Gates in 1975) is expected to be the biggest auction of a private art collection in history. The inventor, sports team owner and philanthropist died in 2018. Over 150 of his pieces spanning 500 years will be sold. Highlights include "Jasper Johns' encaustic, acrylic and paper collage 'Small False Start' from 1960, estimated to bring more than \$50 million, and Paul Cézanne's 'La Montagne Sainte-Victoire' (1888-90), estimated at over \$100 million." Allen bought many of the paintings as an investment. He anonymously purchased an 1891 Monet painting of a haystack for \$81.4 million in 2016. He also loaned pieces from his collections to several museums. He told Bloomberg in 2015, "I feel that you should share some of the works to give the public a chance to see them." The sale, which also includes masterpieces by

well above the \$3 to \$5 million Renoir and Roy Lichtenstein, is expected to top \$1 billion.

An antique advertising sign also recently fetched eye-popping auction record prices, according to Greenville, South Carolina TV station WYFF. The double sided Musgo Gasoline sign was discovered in a Michigan attic and is the best-known example of the 1920s version of the Musgo Gasoline sign. WYFF writes that "Musgo, originally located in Muskegon, Michigan, was believed to be open for less than six months during the mid-1920s." The previous auction record for a gasoline-related advertising sign was \$400,000 until the Musgo sign shattered it, selling for \$1.5 million in August, especially remarkable considering gasoline sold for slightly over 20 cents a gallon when Musgo was in business.

We are accepting consignments of gold, coins and sterling through Sept. 26 for our fall auction. We are also accepting consignments for our sports card and memorabilia auction as well as our art, historical memorabilia, antiques and collectibles fall



auctions through September 30th. I'll be appraising items for the public at the Townsend Historical Society on Oct. 15, the Worcester Senior Center on Oct. 18 and the Leicester Senior Center on Nov. 5. Please visit our website https://centralmassauctions.com for links to upcoming events.

Please contact us at www. centralmassauctions.com (508-612-6111) info@centralmassauctions.com for antiques and collectibles auction services.

## Cool Kids Choir returns thanks to a loud ROAR!

NORTH BROOKFIELD — Cool Kids Choir (CKC), a multiple award winning after school music program, is returning to North Brookfield on Tuesday, Sept. 27.

CKC is a free after-school program for all children in the region from Grades 1-5. Meetings will be on Tuesday afternoons in the North Brookfield Elementary School Auditorium from 2:30-4 p.m.

Children do not have to attend the North Brookfield schools to participate. Sign up in advance at the Back to School Social on Sept. 21, or on the first day of the program.

CKC uses popular music as a catalyst for personal and collective joyful expression and as a vehicle to listen to and tell children's important life stories while assisting them to uncover, learn and incorporate valuable life skills such as teamwork, tenacity, and mutual respect.

The program which has inspired and amplified the voices of hundreds of area young people over the span of decades has been dormant for several years. ROAR, the programming arm of the North Brookfield Town House, is supporting CKC's return.



"The area's children need music now more than ever and especially CKC's brand, which is all about the love of music, singing in full voice, dancing and sharing their stories," says Eva Brown, a former music teacher in Sturbridge and Board Member of the Friends of the Town House and ROAR.

Bonnie Milner of Long View Entertainment, one of CKC's original creators and directors, will be returning along with Channing Ford, a very famous former Cool Kid and now a Public School Teacher in North Brookfield, and said "Channing and I have a rich history of creating music together. Now, thanks to ROAR, we will continue singing, dancing, and creating with the area children. It just doesn't get any better!'

Bonnie and Channing will be joined by Lauren Curren and Tashena Feeley, also former Cool Kids.

"This special team is a perfect – a beautiful full circle and oh, we love to laugh!" Milner said.

ROAR (Rural Opportunity through Art and Restoration) is a Friends of the Town House 501 (C)(3) organization committed to providing activities and programs that bring people together in common purpose. CKC is being offered in partnership between ROAR, the North Brookfield Schools and Long View Entertainment.

For more information about Cool Kids Choir and/or ROAR, contact Eva Brown at 508-826-6924.



## Tree Lighting Committee announces annual town-wide yard sale

LEICESTER – The Leicester Tree Lighting Committee's annual townwide yard sale will take place next month.

Set for Saturday, Oct. 1, the sale will run from 8 a.m. to 3 p.m. In the event of rain, the sale will be moved to Oct. 2. If you would like to be added to

the yard sale map, a \$10 donation is In the memo, please write the message, required. Donations benefit the Leicester Tree Lighting Committee.

Residents interested in hosting a yard sale should mail the following information to organizers: first and last name, address of your yard sale, and a check made payable to the Town of Leicester.

"Leicester tree lighting."

Your information can be mailed to: Meg Bouchard, 5 River St., Rochdale, MA 01542

For more information about the event, call Meg Bouchard at 774-696-1540.





## **Readers'** Tips and Tricks

It's time once again to share some helpful hints and strategies from readers. As we gear up for the cooler season the following readers took time from their busy schedule to pass along a tip or trick they've picked up along the way.

Remember readers, you can win a three course dinner for two at Publick House! Just send in your favorite hint! Good luck!

This creative reader hit the target with this unconventional repurposing tip:

Here's a recycling tip for these Nerf darts that parents tell me they are so tired of picking up all over the house. Put your kids to work and help them cut off the hard rubber-dart tip. Then just slide in your favorite pencils or pens for the 2022 school year! All your friends will want a designer Dart pencil grip.

Viola Bramel

Northbridge, MA

\*\*

Prepping fresh corn for freezing has long been a messy job! But wait - this reader discovered a mess-free way to strip the cobs!

A handy way of putting up kernel corn for the winter is to first blanch the corn in a pot, and I suggest putting a teaspoon of sugar in the pot because it makes it a little bit sweeter. Boil it for about three minutes. To avoid the mess when cutting kernels, I use a bundt pan. I put the pointed end of the cob in the hole in the middle of the pan and cut the kernels off with a knife. They fall right around that circle inside of the pan and no mess!

HowardWhitcomb Brookfield, MA

\*\*

Keeping many shoes together as pairs in the closet can be a hassle – but not with this tip to match up mates:

I am back from Florida and trying to do some closet cleaning. I have several pairs of strap shoes and also found a set of shower curtain hooks.

I decided to try the hooks on the pairs with straps. It worked great and is so easy to locate mates in my shoebox. Claire Horvath Sturbridge, MA

Waste not, want not, is this reader's mantra!

Recently when no more toothpaste could be squeezed out of the tube I cut the bottom and discovered there was still quite a bit of toothpaste left and I could access it from the cut opening. Then, much to my surprise when I cut off the bottom of a tube of sunscreen that appeared to be empty when no amount of squeezing was releasing it, I found there was still one quarter of the tube filled with sunscreen. I hate waste! Joan Zumpfe

Dudley, MA

0 /

Repurposing a common utensil puts safety first for this reader:

Here is a safety tip: I have a small food processor with very sharp blades. When I am ready to clean it, I hold the blades in my left hand with using spaghetti tongs and scrub the blade with a brush held in my right hand. I also use the tongs when I re-assemble the processor. That way my hands never touch the blades!

Another tip: To make your fresh small vegetables like carrots or peppers last longer is to put small pieces of paper towels in between the vegetables in the plastic bags as soon as you get them home. The paper towels absorb water from the veggies and they will

**QCC** receives

\$160,000 in funding

for culinary re-entry programs

keep longer. Sharon Conlon, Whittinsville, MA \*\*

Divide and Conquer! I have a suggestion to easily accomplish a chore that has been put off because I don't know where to start – such as a stack of papers or a room vitems out of place.

that has many items out of place.

I gather all of these things into one place, maybe a box or a pile. Having everything in one spot and taking one item at a time and sorting papers and putting items in their proper places and before you know it the pile is gone. It seems so much easier and less overwhelming tackling one item at a time.

June Choiniere Oxford, MA

\*

Prize Winner

Congratulations to Howard Whitcomb of Brookfield, who submitted the kitchen tip above. His name was drawn for Dinner for Two at the Publick House.

Win Dinner for Two at the Publick House

Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol. com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

## CORRECTION

WEST BROOKFIELD—A press release submitted for publication in last week's edition announcing History at Play's upcoming "Diane of LOVE" program incorrectly listed the West Brookfield Historical Commission and library as the show's sponsors

The program is, in fact, supported by a grant from the West Brookfield Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency.



#### Chief C. Thomas O'Donnell West Brookfield Police Dept

Chief O'Donnell is being recognized for retiring after 40 years of service with the West Brookfield Police Department, including 25 years as the Chief! Thank you for your service and best wishes for a happy and healthy retirement.

If you would like to nominate someone or a group of people for 2022, please email your suggestion to June at jsima@ stonebridgepress.news. Thank you.

Person of the Week is sponsored by:



WORCESTER — Quinsigamond Community College (QCC) has received \$160,000 in funding to continue its food service worker training program for previously incarcerated individuals. The Re-Entry Workforce Development Demonstration Program is an initiative of the Executive Office of Labor and Workforce Development Secretary, Rosalin Acosta, and provides industry-supported curriculum in culinary training for post-release students, as well

"I will need to work and provide for myself, so this gives me more options, more tools. The whole program was good, pushing myself to do it, sticking to it, showing up. We learned different styles of cooking, but also about being in a work environment and working with people," he said.

The culinary certificates awarded to graduates are part of QCC's non-credit offerings, however, they can also be used to receive college credit. One student received her certificate in June of 2022 and will be starting at QCC this fall with nine credits towards her associate degree in hospitality and recreation management. "There is a stigma as a formerly incarcerated individual, but coming in with this certificate helps a lot," she said, adding that she is already working in food service and eventually wants to open her own restaurant. According to the Massachusetts Restaurant Association, there is a severe need for people to fill vacancies in the hospitality industry, especially entry-level positions. Participants in this program earn industry recognized credentials including ServSafe Food Handlers, FEAST, and Mass Allergen certifications which are necessary for the culinary industry. The program is made possible by a strong partnership between many organizations. QCC, Worcester County Sheriff's Office, Worcester House of

Corrections, Snapchef, Mass. Restaurant Association, Latin American Health Alliance, LIFT Worcester, MassHire Central Region Workforce Board and MassHire Career Center all collaborated to make this program a success.

"I'vealways believed that the best social program is a job," commented Worcester County Sheriff Lew Evangelidis. "We are proud of the partnership between Quinsigamond

C o m m u n i t y College and the Worcester County Sheriff's Office that allowed for the development of this program. Graduates of the program are able to pursue extraordinary employment opportunities upon release." "It's these types

community

partnerships that

are making posi-

tive changes to our

region and will

have long-lasting,

positive implica-

tions for our local

QCC President Dr.

Luis G. Pedraja.

said

economy,"

of



as assistance with career readiness and job placement.

"QCC is committed to providing training opportunities to all individuals seeking to enter into employment in Central Massachusetts. The work we do with returning citizens is especially important as it provides the skills needed for employment and provides our returning citizens a pathway to self-sufficiency and economic independence. Our strong partnership with the Massachusetts Restaurant Association not only provides employment opportunities, but also offers the prospect of career advancement and college credits through our culinary apprenticeship program," said Dean of Center for Workforce Development and Continuing Education, Kathie Manning.

One graduate of the program's summer cohort was inspired to participate by the passion of the staff at Worcester County House of Correct and QCC, as well as the support of his family.



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#### FCC of West Brookfield to hold Blessing of the Animals

WEST BROOKFIELD – The First Congregational Church of West Brookfield, United Church of Christ, invites guests to bring their pets to the Town Common next month for a special program.

On Saturday, Oct. 1, the church will hold a Blessing of the Animals service at 10:30 a.m.

"We bring our pets on this day, St. Francis' feast day, because of his love for animals as expressed in his Canticle

Attention North Brookfield

Water Users:

WATER MAIN

**FLUSHING** 

Sept. 26, through Oct. 7, 2022

The North Brookfield Water Department will be flush-

ing water mains throughout town beginning Monday

The purpose of the flushing is to remove sediment

buildup in the mains. The flushing may result in tem-

porary discoloration of the water, caused by small particles dislodged during the flushing. This discoloration

might stain your laundry, especially white materials.

Flushing is performed between the hours of 7:30 AM

and 3:30 PM. We post our daily flushing schedule on

the North Brookfield Water Department's Facebook

page. If you would like additional information, please

call the Water Department at (508) 867-0207.

September 26 through October 7, 2022.

of Creatures," read a statement released by the church. "St. Francis, the patron saint of animals, gives us inspiration to share blessings for all earth's creatures. Join us for this special time and bring a friend."

If you would like to know more about the program, call 508-867-7078 or send an email to Rev. Ann Rogers Brigham at firstconglwestbrookfield@gmail. com.

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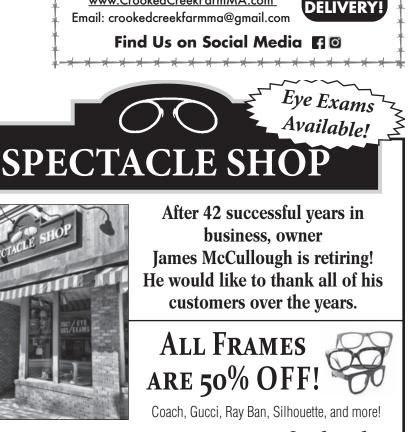
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## What does it mean to be open-minded?

Are you open-minded? I like to say I am, but am I? What does it mean to be open-minded? Is it even possible to be genuinely open-minded? Does that mean you aren't open-minded if you have strong convictions?

This column is about positivity; although I'm not perfect, I try to close my mind to negativity. Does that mean I'm close-minded?

Is being open-minded a virtue or a vice? I guess it depends.

Someone told me that having an open mind means listening to different thoughts, opinions, and beliefs, examining how they conflict with your convictions and ideas, and then allowing your view to change should the idea be worthy of your acceptance.

I've also learned that being open-minded can mean being open-minded to the possibilities for the future.

I've met many people who are close-minded to the idea that good things can happen. They are stuck in a



mindset that success isn't attainable, giants are undefeatable, and the bad guys will always win.

Being closed-minded is when we close our minds to new possibilities, opinions, or ways of thinking. We build a box around what

we know or want to be true, but then we never think outside the box.

When we become close-minded in the wrong way, if we're not careful, it's possible that we also lose the ability to imagine what it's like to walk in someone else's shoes or to see the world from a different perspective.

Once we get into a thinking pattern, we develop a routine and stay in that pattern. I'm not against routines, but sometimes getting stuck in a routine can lead you to a particular way of thinking. Sometimes changing the routine can help open your mind to new thinking patterns.

If we're stuck in a particular pattern of thinking, and a problem arises that is caused by the way we think, is it possible to truly solve the problem by continuing to think in the same way? In some ways, we can become prison-

ers of our beliefs and assumptions.

I am guilty of learning to do things in a certain way and then believing everyone should do it that same way, only to learn that most people don't want to do it the same way, and if I tried to get them to do it that way, they don't listen!

Confirmation bias is when we accept evidence that supports our beliefs and mindsets and reject evidence that doesn't.

If you challenge someone to think differently, it can quickly become a fight, some people don't want their beliefs and ideas to be challenged, and maybe we should respect that and learn to live with them in peace.

In today's world, it seems that when we encounter someone of a radically different belief system, even amongst people born and raised in our own country, rather than trying to understand why they think the way they think, we hate them and call them names. It's easy not to listen to their ideas and write them

off because we believe they are immoral people.

Am I saying we shouldn't defend and debate what we believe to be true? No.

Having a closed mind may cause us to oversimplify the other person's point of view because we don't want to think too deeply about the issue.

A closed mind results in our rational thinking and imagination becoming stunted. We lose the ability to relate.

Some of the best leaders, innovators, and businesspeople were open to the possibilities of a new way of doing things. They helped people to see their vision, dramatically changing our way of life.

What would happen if we had a more open mind in our approach to family? Could it change the whole dynamic and lead to better relationships?

Is it possible that having an open mind to how we deal with people we disagree with could radically change the country's direction? I hope so.

I'm open to the possibilities.

## Leicester's Jack O'Neill completes intensive research project

WORCESTER — Jack O'Neill, from Leicester, a member of the class of 2024 majoring in Mechanical Engineering (BS) at Worcester Polytechnic Institute (WPI), was a member of a student team that recently completed an intense research project titled Stock Market Simulation 2117.

At WPI, all undergraduates are

required to complete a research-driven, professional-level project that applies science and technology to addresses an important societal need or issue. About two-thirds of students complete a project at one of the university's 50-plus off-campus project centers, which are located around the world. A signature element of the innovative undergrad-

uate experience at WPI, the project-based curriculum offers students the opportunity to apply their scientific and technical knowledge to develop thoughtful solutions to real problems that affect the quality of people's lives-and make a difference before they graduate.

"The WPI project-based curriculum's focus on global studies students brings out of the classroom and their comfort zones and into the global community to apply their knowledge and to solve propiems, salu Professor Kent Rissmiller, professor of Integrative& Global Studies associate and

dean of The Global School. "Students are immersed in all aspects of a different culture, from the way people live and work to the values they hold to the foods they eat - all valuable perspectives for surviving and thriving in today's global marketplace. They also learn the meaning and magic of teamwork; make a real and meaningful difference in their host community; and gain a competitive edge for any resume, or graduate or professional school application.'

About Worcester Polytechnic Institute

WPI, a global leader in project-based learning, is a distinctive, top-tier technological university founded in 1865 on the principle that students learn most effectively by applying the theory learned in the classroom to the practice of solving real-world problems. Recognized by the National Academy of Engineering with the 2016 Bernard M. Gordon Prize for Innovation in Engineering and Technology Education, WPI's pioneering project-based curriculum engages undergraduates in solving important scientific, technological, and societal problems throughout their education and at more than 50 project centers around the world. WPI offers more than 70 bachelor's, master's, and doctoral degree programs across 18 academic departments in science, engineering, technology, business, the social sciences, and the humanities and arts. Its faculty and students pursue groundbreaking research to meet ongoing challenges in health and biotechnology; robotics and the internet of things; advanced materials and manufacturing; cyber, data, and security systems; learning science; and more. www.wpi.edu

SPENCER ALMANAC **REAL ESTATE** 

#### BROOKFIELD

\$210,000, 15 Main St, Pereira, Norma, to GP Construction Inc.

#### **LEICESTER**

\$432,000, 5 Virginia Dr #A, Laskowski FT 2020, and Cleary, Jessica L, to Kenyon Jr, William B, and Kenyon, Gaye H.

\$400,000, 101 Henshaw St, Finan-Dejesus, May, and Dejesus, Jussemar, to Tatro, Michele L, and Tatro, Justin.

\$230,000, 35 Grove St, Patricia A Hartnett IRT, and Hartnett, Susan M, to Dewolf, Martha.

\$75,000, Brook St #B, Judith A Hull FT, and Brown, Deborah H, to Zeena, Elias, and Zeena, Leah.

\$66,013, 48 Parker St, Rooney, Justin P, and Rooney, Jeannine F, to Rooney, Justin P.

#### SPENCER

\$1,250,000, 10 W Main St, Country Spirits Rlty LLC, to Teds Spencer RE LLC.

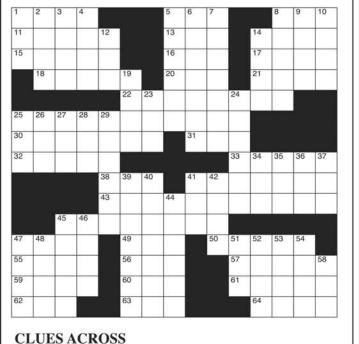
\$360,000, 4 Salem St, Loretta, David M, and Toupin, Anna, to Mariano, Victoria.

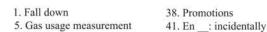
\$345,000, 46 R Jones Rd, Bogdan, Michalina M, to Colon, Vicente, and Colon, Tara M.

\$280,000, 32 S Spencer Rd, Belov Inc, to Lucas, Olivia R, and Mustone, Nicholas.

\$195,000, 28 Maple St, Lussier, Joseph P, to Dagilis, Michael J.

\$163,000, 17 Bixby Rd #2, Palmaccio, Anita, and Brown, Harry J, to Hopkins, Maria.





- 5. Gas usage measurement 8. Golf score 11. A superior grade of black tea 13. Wrath 14. Eating house 15. Delay leaving a place 16. People now inhabiting Myanmar 17. Canadian flyers 18. Walks back and forth
- 20. Frequently
- 21. Humans have two
- 22. Surrounds with armed forces
- 25. Made proper
- 30. Medical buildings
- 31. Patty Hearst's captors
- 32. Hits with a drop shot
- 33. Italy's PM 1919-20

#### CLUES DOWN

- 1. Parts per thousand (abbr.)
- 2. Jump
- 3. Eaten as a vegetable 4. Residual paresis after
- anesthesia
- 5. Brunchtime staple 6. Makes money off of
- 7. Refined
- 8. Nocturnal S. American rodents 41. Meadow-grass
- 9. From a distance
- 10. Officials
- 12. It helps you see
- 14. Central Canadian indigenous
- person
- 19. Invests in little enterprises 23. They help in tough situations
- 24. Industrial port in Poland
- 25. Type of screen
- 26. Peyton's little brother
- 27. Alcoholic beverage
- 28. Newspapers need it

(abbr.) 49. Payroll firm 50. Broadway actress Daisy 55. Skipper butterflies 56. Hint 57. Daniel \_\_, French composer 59. English children's author Blyton 60. Midway between east and southeast 61. Spiritual leader of a Jewish congregation 62. Patriotic women's group 63. The woman 64. Tall, slender-leaved plant

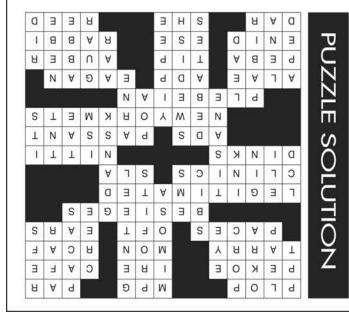
43. Queens baseball team

47. Expenses in insurance world

45. Commoner

- 29. Herbal tea 34. Distinctive practice 36. Explosive

- 42. "Rule, Britannia" composer
- 44. Hooray!
- 45. Greek city
- 46. One way to do it by example
- 47. Imitated
- 48. "Game of Thrones" actress
- Headey
- 51. Swiss river
- 52. Drought-resistant plant
- 53. A French abbot
- 54. One point east of northeast 58. Get free of







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\$507.500, 69 Snow Rd, Irwin, Patrick J, and Irwin, Jane M, to Price, Alexander M, and Price, Jessica L.

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### 35. Exercise system -bo 37. Belonging to a thing

- 39. Presidential candidates engage in them
- 40. Of the Swedes

## **Bay Path Practical Nursing students** complete dementia care training course

CHARLTON —The entire Practical Nursing Class of 2023 at Bay Path Practical Nursing Academy completed the eighthour Dementia Care Training Course recently and all became Dementia Care Certified.

In the photo above is Professor Cheryl Cahill, MSN Ed, RN (far left) of Oxford, who facilitated the course along with members of the 2023 cohort. Professor Cahill welcomed the PN 2023 cohort and lead the crucial education and training for Dementia Care. The Dementia Care training modules meet the requirement for the one-time course on the diagnosis, treatment, and care of patients with cognitive impairments, including, but not limited to, Alzheimer's and

dementia. Professor Cahill's experience and successful stint as a staff nurse, pediatric emergency room (2006-2015) and staff nurse, adult emergency room at UMass Memorial Medical Center is recognized.

"We are pleased to recognize Professor Cahill's expertise and effectiveness in teaching," said Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN Academy Director. "Professor Cahill is among the most respected faculty and is a trusted advisor and mentor to students and alumni alike. Leading the Dementia Care training for the PN Class of 2023 solidifies Professor Cahill's commitment to practical nursing education, we are grateful and value her time, practice, and experi-



Professor Cahill expressed

"lucky to have the opportunity to influence future nurses as how everyone at Bay Path is we strive to provide the high-

est level of practical nursing education.'

## Quinsigamond Community College, UniCare partner to improve community health

WORCESTER -- Quinsigamond Community College (QCC) and UniCare are partnering to improve community health, beginning with offering free yoga classes to the Worcester community on Friday, Sept. 30 and Saturday, Oct. 1.The classes will be held at 9 a.m. both days at the QCC soccer field at 670 West Boylston Street in Worcester and are open to all. UniCare is a Massachusettsbased health company providing access to healthcare for nearly 200,000 state and municipal workers across the Commonwealth.

"The partnership between Quinsigamond Community College and UniCare will benefit our campus and the Worcester community, as well as our students," said QCC President Dr. Luis G. Pedraja. "Health and mental well-being go hand-in-hand with student success. Yoga is a way to help people reduce stress and mental tension, while also getting in good physical shape."

"As part of our mission to improve the whole health of our members and the community, we're thrilled to team

up with Quinsigamond Community College to offer these free yoga class-es in Worcester," said David Morales, general manager of UniCare. "Yoga is a great way to improve fitness and overall health, and we look forward to partnering with QCC again on opportunities to help strengthen the health of the Worcester community.'

'College-corporate partnerships like this one enable the College to expand services among our campus community as well as our surrounding neighborhoods. It helps us to connect directly

with the population we serve, while we support UniCare in expanding wellness programs throughout our community, promoting healthy living," Pedraja said.

The classes will be taught by Kate Dalrymple, the owner and operator of Kula Yoga & Barre in Worcester. The first 20 attendees to register and attend each day will receive a free UniCarebranded yoga mat (one per person) and a QCC water bottle. For more information and to register, visit yogainourcommunity.com.

## Cornerstone Bank promotes Chelsea Prizio to VP, Credit Manager

WORCESTER — Cornerstone Bank, a community bank with 10 locations throughout Central Massachusetts, is announcing the promotion of longtime employee, Chelsea Prizio, to Vice President, Credit Manager. Prizio, a resident of Warren, began her career in 2006 as a part-time teller while still attending college, and worked her way up through the deposit operations and commercial credit departments.

"Long-term employees like Chelsea are so valued at our organization," said Cornerstone Bank CEO Todd Tallman. "We are very proud of her growth over the years and her commitEngland University with a bachelor's degree in accounting. She has held a variety of positions within the institution including analyst, senior analyst, credit manager, and assistant vice president.

"I've learned a lot with each position I've held throughout my career at Cornerstone," said Prizio. "I look for-ward to using this experience to further develop our robust credit team, seamlessly integrating it into the lending department and leveraging technology to provide the best possible customer service. I also feel strongly about fostering internal growth and helping others

born of a long history of supporting the community, and

providing a strong foundation to help people and businesses thrive. Serving Worcester County, Massachusetts, Cornerstone Bank's local presence and community-based banking model enables a unique ability to deliver outstanding service, with a personal touch. Cornerstone provides the highest level of service and expertise for individuals, businesses, and community organizations with branch locations throughout Central Massachusetts. Cornerstone works to connect customers with opportunities, through a broad range of depos-



**Chelsea Prizio** 

ship, Cornerstone stands on the foundation that relationships are built on trust.

ment to making Cornerstone Bank a great place for the community to do their banking and our employees to work."

Prizio is a graduate of Western New

advance in their career paths, because that's how I got to where I am today." About Cornerstone Bank

Cornerstone Bank was formed in 2017.

it and loan products, and services. Built on Trust is not just a tagline, but also one of our guiding corporate values. Whether a business or personal partner-

To learn about Cornerstone Bank's personal and business banking offerings, please visitcornerstonebank.com or call 800-939-9103.



## Leicester Harvest Fair draws thousands

LEICESTER — Guests couldn't have asked for better weather at the town's annual Harvest Fair last Saturday, which drew thousands of festival enthusiasts from throughout the area.

The Sept. 17 fair featured musical performers; craft vendors; agricultural and seasonal exhibits; appearances from local organizations; and the always popular horse wagon rides around the Town Common.

Guests were also treated to games, raffles, food, pumpkin decorating, and plenty of other activities throughout the day.

Event organizers thank all Leicester

students and other volunteers who assisted vendors with setting up their products. First responders and other town leaders and departments are also thanked for their efforts in making the event a success. The fire department once again enjoyed a strong presence at the festival, organizing several fun activities for kids and families.

The library, school department, police department, and other organizations and departments were also well-represented. Meanwhile, the Leicester Women's Club and town sports leaders also helped guests enjoy a fun day on the Common.



Leicester Public Library Director Suzanne Hall greets guests.



Leicester Firefighters Association President Ryan Plante teams up with Sparky the Fire Dog to educate local youngsters on fire safety.



Kayla Daigneault, left, and Shauna O'Brien represent Birch and Honey Creations.

Photos Kevin Flanders



Leicester Police Chief Ken Antanavica enjoys the morning with members of the Leicester Women's Club.





Sarah Edgington and Mustapha Chreim, of Worcester, welcome guests to their booth.

Members of the Leicester Fire Department enjoy their day on the Common.



Musical entertainment was provided throughout the



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**BRENDAN BERUBE** Editor

## EDITORIAL Winter may be coming, but

So often, people strive to become happier by doing this, or obtaining that; however, sometimes it's what we give up that makes us more content. With the fast drop in temperatures, down into the 30's we know winter is coming. (For those of you out there who are fans of the "Game of Thrones" books or televi-sion franchise, you're welcome for the reference.)

don't despair

For longtime New England residents, winter is a dreaded season. It's not so much the snow, as it is the frigid temperatures and high cost of fuel. We happen to enjoy the fall and winter seasons but for those who are having glum feelings about the colder weather, or even for those who love all weather, we have some tips on some things you can toss, to create more happiness in your world.

One thing you can say 'be gone' to is the idea that you have to always have a positive outlook on any given situation. If you try to avoid negative feelings all of the time, you're not creating a healthy space for when you are truly happy. If you need to vent, do it. If you're upset and need to cry into a bowl of ice cream, have at it. It is your overall life satisfaction that matters.

Minimize your time on social media. Remember the days when you didn't know what your friends, family or even celebrities were doing every second of the day? Those were blissful times. The only way we knew what someone was up to was to pick up the phone, wait for the dial tone, and make that call. We're not sure we ever inquired about what our friends were eating. All of that unnecessary knowledge is overwhelming at times, and simply put, unnecessary. One study showed that the more time people spend on social media, the more depressed they are. When we spend too much time online we know that we are wasting time. The idea of wasting time can inflict a feeling of depression on anyone who is typically highly motivated and energetic. Documenting every aspect of your life can be exhausting and takes away from the actual experience. If you order a rack of lamb, just enjoy every bit of it without feeling the need to share it with the world. Your experiences will be more fulfilling overall. Don't compare yourself to others. We are fans of the phrase 'No one is you, and that is your power.' People have been comparing themselves to others since the dawn of time. The idea of keeping up with the Joneses is outdated. Don't do that. Love the idea that the person sitting next to you or walking down the street is nothing like you. Keep likeminded company. If you have friends who are Eeyore like or always seem to be complaining, less is more. We don't have time in our precious lives to listen to chronic complaining. At the end of your life, do you want to think to yourself, 'Wow I spent so much time listening to people complain?' We're guessing you don't. Have realistic goals. If you start with lower expectations and grow from there your success rate in reaching your higher goals will be greater and less stressful to obtain.

# Opinion and commentary from Spencer, Leicester and the Brookfields



To whom much is given,

much is expected

I have noticed that there are

presently 19 volunteer positions in

Spencer that need to be filled. It would

seem that there must be 19 people who

would be willing to step up, out of the

ably meet some pretty interesting peo-

ple and might learn about something

new. It is a joy to get involved. It

reminds me of the saying, "To whom

When you volunteer, you will prob-

To the Editor:

thousands of residents.

## SHOW OF SUPPORT

Photo Courtesy Melinda O'Connor David Prouty High School students gathered recently to show their support for the renovation project.

## Should you stick with index-based investments?

You may have heard that you can simplify your investment strategy just by owning index-based or passive investments. But is this a good idea? You'll want to consider the different aspects of this type of investment style.

To begin with, an index-based investment is a vehicle such as a mutual fund or an exchange-traded fund (ETF) that mimics the performance of a market benchmark, or index — the Dow Jones Industrial Average, the S&P 500, and so on. (An ETF is similar to a mutual fund in that it holds a variety of investments but differs in that it is traded like a common stock.) You can also invest in index funds that track the bond market.



Focus

TREVOR

NIELSON

Index investing does offer some benefits. Most notably, it's a buy-andhold strategy, which is typically more effective than a market-timing approach, in which individuals try to buy investments when their prices are down and sell them when the prices rise. Attempts to time the market this way are usually futile because nobody can really predict when high and low

#### Business creates prosperity, not big government

LETTERS TO THE EDITOR

#### To the Editor:

Because Massachusetts will be electing a new Governor via these upcoming midterm elections, these elections may have more impact on us than the 2024 Presidential elections will. Now that the Primaries are over, it will be ether Democrat Maura Healey or Republican Geoff Diehl as our new Governor. For a list of these candidates' positions on numerous issues on the minds of voters, go to inside with.com > candidates > Maura Healy or Geoff Diehl and you will see the difference. One is clearly "Big Government" and one "Limited Government." This will help you clearly understand what you're voting for. If you like big government Maura is your girl. I suggest we will be much better off with Geoff Diehl. Think about it — government has no competition and therefor is inherently inefficient. Conversely if you can keep activities in the private sector, subject to the competition that drives efficiency, you get a much better bang for your buck. Don't stay home! While I'm a great believer in free markets, free enterprise, and competition, I also recognize we need laws and regulations to govern these activities. Without rules the desire to succeed drives people to unscrupulous behavior. Imagine football games without rules; there would be a lot of broken bones. But aggressive talented players not referees are what make the game great. It's the same thing in business; aggressive, talented businesspeople, not government, make the

great economy and standard of living in the United States. We need limited government to establish only necessary and reasonable rules and then get out of the way so we can play the game. In a government managed society, the lowest common denominator becomes the standard and it doesn't work. See "socialism-didn't-work-in-Sweden-and-it-wont-work-in-America". Don't be fooled by politicians promoting government programs.

much is given, much is expected." It is

also the responsibility of the adminis-

tration to say thank you to those who

give their time and energy. There is

a neighboring town that has a dinner

for all of the volunteers each year.

Thank you to all who already give so

CAROL MCPHERSON

Spencer

What a great idea, and very doable.

much to move our town forward.

On the federal level, these midterms may not provide us with the option to change the President but they will have a great impact on the current Democrat administration and congress and their programs. Try as they might to blame anyone and anything for the problems they have created, its clear their policies of shutting down fossil fuel energy sources are at the heart of all the inflation problems we are experiencing. Then we have this idiotic issue of the southern border. This is beyond foolish; this is criminal and doing great harm to the country. These issues after issue are damaging this country and the vast majority of them are a result of liberal big government Democrat policies. Don't miss this opportunity to vote to turn the tide away from big government towards free markets, free enterprise, and competition that are the backbone of our great country. Business creates

prosperity, government consumes it.

points will be reached. Plus, the very act of constantly buying and selling investments can generate commissions and fees, which can lower your overall rate of return. Thus, index investing generally involves lower fees and is considered more tax efficient than a more active investing style.

Also, when the financial markets are soaring, which happened for several years until this year's downturn, indexbased investments can certainly look pretty good — after all, when the major indexes go up, index funds will do the same.

Conversely, during a correction, when the market drops at least 10% from recent highs, or during a bear market, when prices fall 20% or more, index-based investments will likely follow the same downward path And there are also other issues to consider with index-based investments. For one thing, if you're investing with the objective of matching an index, you may be overlooking the key factors that should be driving your investment decisions - your goals and your risk tolerance. An index is a completely impersonal benchmark measuring the performance of a specific set of investments but it can't be a measuring stick of your own progress. Furthermore, a single index, by definition, can't be as diversified as the type of portfolio you might need to achieve your objectives. For example, the S&P 500 may track a lot of companies, but they're predominantly large ones. And to achieve your objectives, you may need a portfolio consisting of large- and small-company stocks, bonds, government securities and other investments. (Keep in mind, though, that while diversification can give you more opportunities for success and can reduce the effects of volatility on your portfolio, it can't guarantee profits or prevent all losses.) Ultimately, diversifying across different types of investments that align with your risk tolerance and goals - regardless of whether they track an index — is the most important consideration for your investment portfolio. Use this idea as your guiding principle as you journey through the investment world.

Turn To EDITORIAL page A9

#### Letter submission policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

LEONARD IVEL LEICESTER

#### Listen to the facts, not the fiction

#### To the Editor:

Six years ago, I reached out to the voters of Spencer and East Brookfield and asked for their support in my candidacy for a seat on the school committee. I was extremely concerned about the direction in which the school district was headed under the administration and some of the school committee members at that time. The voters agreed, and in May of 2016, they came out in record numbers, and Jason Monette and I overwhelmingly won that election. We knew that the changes we wanted to see were not going to happen overnight. Much harm had been done to our school district, financially and educationally. Students and staff were leaving in record numbers, and due to many contract violations, our legal fees were at an all time high. When I left the school committee this past May, the school district was financially sound, enrollments were starting to head back up, communication between the school district and Selectmen and Finance Committees of both towns was much improved and overall I felt that the school district was headed in a very positive direction. Unfortunately, the reputation of our school district suf-

fered terribly during those previously mentioned years, and there is a small group of people who continue to use social media as a tool to criticize the school district. Those of you who aren't actively involved may believe some of the false information you read and may be confused by the dollar amounts thrown at you, many of which are not factual.

As you read this, I am asking for your support again, this time not for myself, but on behalf of The Committee to Support the DPHS Project. There probably will be many more letters published today, some in support and some in opposition. I ask that you not be fooled by false information and made up numbers that may be presented to you by those in opposition. You will also hear many complaints about poor building maintenance, which will be used as an excuse as to why this project shouldn't be approved. My response to that remains the same.... Why should our students suffer because of maintenance issues? Doesn't it make more sense to come together as the tax payers of the towns, become actively involved and work together to address this issue rather than fighting each other? That

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Trevor Nielsen, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or trevor.nielsen@edwardjones.com.

#### is how a successful community works!

Probably the saddest thing I heard at the September 14th Spencer Towm Meeting was a statement made by a woman who said, "This is just Spencer, we aren't Wellesley, our kids don't need a state of the art building". Is that how you feel, that "this is just Spencer"? I love Spencer, i don't think of it as "just Spencer", and I agree with the young father who stood up after her and said, "This might not be Wellesley, but my kids deserve the same education as they get". agree because that is what I want for my four grandchildren, for your children and grandchildren ,and for all the future generations of children to

Turn To **BERTHIAUME**page **A9** 

#### LETTERS TO THE EDITOR

#### Assessing America, Part 3: A healthy climate and a preserved environment

To the Editor

Recently, I went to an ophthalmology scientist, my eye doctor. I see her once a year. After an examination and tests, she advises and assists me with my eye care, both good habits like eating green salads and walnuts (best enjoyed in the ice cream at Ronnie's and the Black and White) and corrective action, like eyeglasses

A couple months before that, I met with a gerontology scientist, my doctor. He specializes in the care aging people like me, my sisters, and cousins. He also advises on good habits like lots of exercise and corrective action like medicines and other treatments.

My sisters, cousins, and I, all in our eighth decade, have lived in a time of good fortune, as have most other people. 100 or more years ago, without the research results that medical scientists have produced, my sisters, cousins and I would likely have died long ago.

One of the reasons that we all got healthier and live longer was the Industrial Revolution that began around 200 years ago. Since then, we have produced and made use of medicines, treatments, vaccines (like the ones for polio and Covid), and knowledge and applications of good public health practices. All this scientific research and medical applications have added an added an average of 50 years to our life span - from the 20s to the 70s.

However, since the Industrial Revolution we have not kindly cared for for Mother Earth and the climate that surrounds her. Especially since the 1990's our U.S. and Earth and Climate Scientists have warned us the condition of Planet Earth and its climate has gotten worse. However, we and politicians including the two Bushes, Clinton and Obama (until his last years) did far too little to prevent her pollution and climate decline. Republican President Nixon proved the exception, establishing the Environmental Protection Agency (which President Trump trashed and corrupted).

Likewise, many corporations who polluted the environment for financial benefit loudly and broadly claimed that they were not harming the environment – when they were (and are).

Sometimes, we can see, smell, and feel pollution. It was easy, for example, to see pollution in a river - I will always remember what the French River in Rochdale looked like after the 1956 hurricane or what its' weed choked ponds look like today.

Often however, climate change was not so visible. However, recently that has changed; rising seas on Cape Cod, raging forest fires and growing water shortages in the West, wetter, more severe storms like Hurricane Sandy, and higher and higher temperatures.

However even more importantly, our Earth and Climate scientists tell us that whatever we begin to do now, climate change and pollution will get worse and worse for our children and grandchildren - even if we begin to take better care of Mother Earth, in the best case it will take years and years to slow down the harm we commit and repair the damages we cause.

From 1917 to 2021, of course, former President Trump and his administration tried to undo Nixon's and other's good works by cancelling over 100 environmental and climate protection rules and laws, replacing committed staff with the corrupt and corporate lobbyists, and withdrawing from global environment and climate control efforts strongly recommended by over 99% of our Earth and Climate scientists.

These "doctors" see a severely ill

planet. Likewise they know the primary cause of the illness – pollution caused by far too much use of fossil fuels. They also know the treatment, greatly reducing the use of fossil fuels especially for transporting people and goods. Engineer and economic "scientists" tell us, with investment this can be done quickly, well, and with economic growth.

Those whose wealth and "MAGA" politics depends on fossil fuels will resist and lie and say that like Nixon's Environmental Protection Agency, we do not need the Earth and Climate saving programs and investments just approved by Congress. However Mother Earth and her scientists keep showing us the truth both about what can happen to our children and grandchildren and how we can prevent it

I have had many, many, happy days and evenings in Spencer. None have made me happier than last Wednesday evening when by a large majority Spencer voters, young and old, approved funding for improving and expanding David Prouty High School.

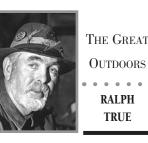
> KEVIN KANE Spencer

## Good news from the Salmon River

This week's report from the famous Salmon River was what everyone was waiting to hear. The river was loading up with King and Coho salmon last week, and the fishing is considered epic! If you are planning a trip to the river, this would be a good time to go, even

though salmon fishing will pretty much remain excellent for the next six weeks or so, as more and more salmon head upriver on their final destination to spawn. The lake is also providing some great fishing for salmon, brown trout and steelhead. Go online and click on" Fat Nancy's" Tackle shop in Pulaski, for all of the latest information on salmon fishing and proper tackle to use.

Bear hunters are doing pretty well in harvesting some bear meat for the freezer, and keeping the pelts for rugs or other worthwhile parts of their bear. A report of a hunter harvesting a 900-pound bear in the Western part of Mass, was an incredible size ani-



mal, but not surprising, with all of the food that THE GREAT is available to them at this time of year. This week's picture shows Ralph True, Jr. with his 220-pound black bear he harvested in Newry, Maine this past week. He was using his 50 caliber Thompson black powder gun, to harvest his first ever black bear.

A two-and-a-half-pound white perch was weighed in at Jerry's Bait & Tackle shop this past week from Wachusett Reservoir! Numerous largemouth bass were also reported last week from other bodies of water in the state. Stocking of trout by Mass. Fish & Wildlife is expected to start around Columbus Day, Oct. The extremally warm water temperatures this year could delay stocking

dates at some of the local lakes & ponds. This past week, this writer and my fishing partner Matt fished Rhode Island waters for a change up from the Massachusetts waters. We were surprised to see the ocean water tempera-

Photo Courtesy This week's picture shows Ralph True, Jr. with his 220-pound black bear he harvested in Newry, Maine this past week.

tures at 74 degrees. We had hoped to catch a few tautog, but only a couple of shorts were caught and released in five hours of fishing! We were kept busy catching seabass all morning, with our limit of fish caught early. It is unlikely a tautog had a chance to hit our crabs, with all of the seabass taking the crabs, as soon as the bait hit bottom.

The parking lot was full of cars and boat trailers by 7 a.m. at the Galilee boat ramp. Anglers were chasing false albacore all day, as schools of fish were constantly moving. One frustrated angler we spoke with at the parking lot failed to catch a single false albacore. They are not great eating, but they are sure fun to catch.

Take A Kid Fishing & Keep Them Rods Bending!



## Colorful mums for fall gardens and containers



terrupted darkness or shorter GARDEN

Those mums sold as perennidays. When these mums are als are hardy enough to survive grown under natural daylight the winter and flower in late



Add a burst of fresh color to the fall landscape with mums. This traditional fall flower is still a favorite of many. These fall beauties come in a wide range of colors and provide weeks of floral beauty. Mums are great in containers, the garden, and cut flower bouquets. Fall just wouldn't be the same without them.

**MYERS** 

When shopping for mums you may see them labeled as garden, perennial, gift, or florist mums. All these different names for plants that basically look alike can be confusing. The answer lies in their response to day length, hardiness, and use.

Mums set flowers based on day length. Growers can force them into bloom by covering them to create the shorter days that initiate flowering. Those grown as gift and holiday plants are often called florist mums. These usually require the longest periods of unin-

they usually don't flower until late fall or early winter. These late bloomers are usually killed by cold temperature before or soon after the flowers appear in colder parts of the country.

Nurseries selling mums in full bloom in the fall often refer to them as garden mums. These may be perennial or "florist" mums forced to flower for fall displays. The intent is to use them as annuals. Set a pot on the steps, pop a plant in a vacant spot in the garden or combine them with other fall favorites.

Even if these garden mums are hardy and suited to your growing conditions, they may not survive the winter. Since all the energy of flowering fall-planted mums is directed to the flowers, little is left to establish a hardy robust root system. If you have success overwintering your garden mum, feel free to brag. If your plants don't survive or you don't try, don't worry. You are using them as a fall annual as they were intended. This provides space for new plants in the spring and an opportunity to try a different color mum next fall.

summer or early fall, providing weeks of color in the garden. They are often sold alongside other perennials, labeled as perennials, or promoted as hardy for the area. Increase your success by planting them in spring. This allows the plant time to develop a robust root system before it begins flowering in the fall. This increases the plant's ability to survive cold winter weather.

Increase overwintering success of fall planted perennial mums with proper care. Make sure the plants receive sufficient moisture throughout the remainder of the growing season and leave the plants intact in the garden for winter. Those in colder climates may want to add winter mulch. Wait for the ground to freeze. Then cover with weed-free straw or evergreen boughs. Remove the mulch in spring as temperatures hover near freezing or the plants begin to grow. Cut back the dead stems and wait for new growth to appear.

Whatever you call them, add a few mums to your fall display. You are sure to enjoy that last blast of color before winter arrives.

Photo Melinda Myers

Mums mixed with ornamental grass in a fall garden.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant

video and DVD series and nationally syndicatthe ed Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her Web site is www. MelindaMyers.com.

#### BERTHIAUME

continued from page A8

come....the best education we can give them.

Yes, our taxes will go up, but if you are a home owner, the value of your home will also go up. I, like many of you, am a retiree and live on a fixed income, but my husband and I will find a way to make it work because it's worth it to us. I can't think of a better reason to make a sacrifice!

Please do the right thing on Oct. 4! Vote yes ... listen to the facts, not the fiction.

Thank you.

MARTHA BERTHIAUME CHAIRPERSON COMMITTEE TO SUPPORT THE DPHS PROJECT

#### EDITORIAL

#### continued from page A8

Forgive others. This one is extremely hard. However, forgiving those who have hurt you is key to feeling relaxed and happy.

Eating too much sugar can lead to depression. Balance in your meals has been scientifically proven to make people happier. More vegetables, more fiber and less processed food.

Opt to spend your money on experiences rather than things. Experts say the satisfaction of an experience will last much longer.

Lastly, choose good posture. While sitting up you automatically feel more energetic and positive. Slouching can lead to feel nervous, sleepy, sluggish and fearful.

A quote by Jim Rohn sums it up: "Happiness is not something you postpone for the future; it is something you design for the present."

## TRUST YOUR NEIGHBORS ~ StonebridgePress.com





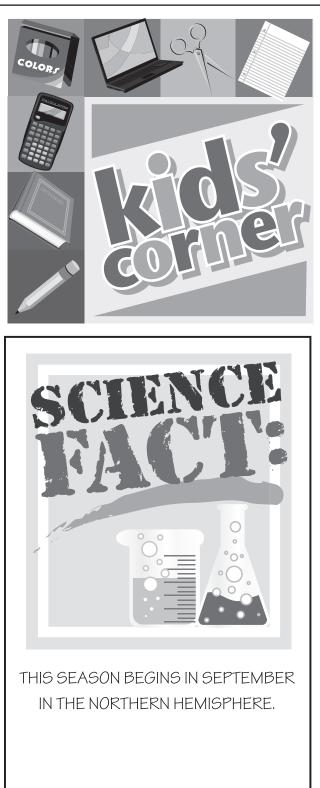










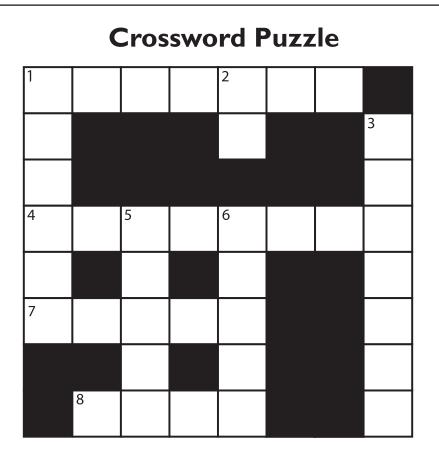


ANSWER: FALL



ENGLISH: Leaf

**SPANISH:** Hoja



#### ACROSS

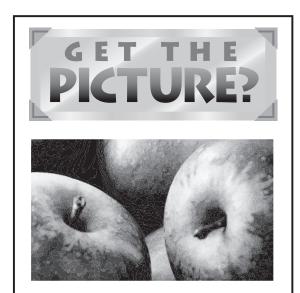
- 1. Good companions
- 4. One who mimics
- 7. Digital message
- 8. Cat sound

#### DOWN

- 1. Cat
- 2. Opposite of "yes"
- 3. Vibration of cat
- 5. Picture
- 6. Give permission

Down I. Feline 2. No 3. Purring 5. Image 6. Allow

> Answers: Across 1. Friends 4. Imitator 7. Email 8. Meow





MANY ANIMALS GO THROUGH BEHAVIORAL CHANGES IN RESPONSE



• **1938:** THE GREAT HURRICANE OF 1938 MAKES LANDFALL ON LONG ISLAND IN NEW YORK.

• **1964:** MALTA GAINS INDEPENDENCE FROM THE UNITED KINGDOM.

• 2003: THE SPACECRAFT GALILEO IS TERMINATED BY SENDING IT INTO JUPITER'S ATMOSPHERE.



ITALIAN: Foglia

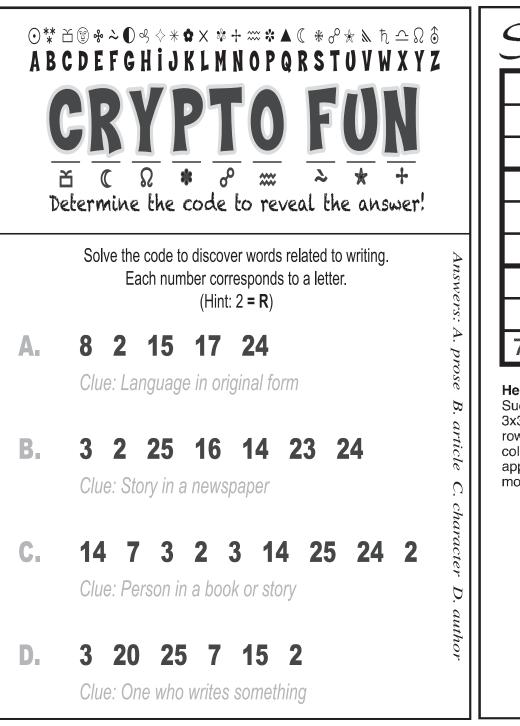
**FRENCH:** Feuille

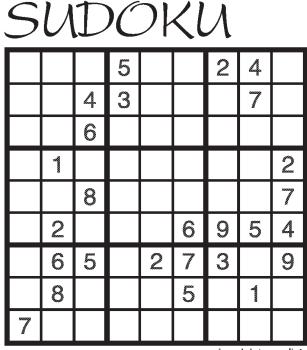
**GERMAN:** Blatt



Can you guess what the bigger picture is?

ANSWER: APPLES





#### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

#### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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9	quue	L	G	ω	6	S	8	4
6	8	ε	L	2	4	ç	9	mag
4	G	6	9	ŀ	8	٢	2	3
L	ε	undo	6	ç	S	8	4	9
2	9	8	ε	7	L	6	menh	G
8	6	ç	4	L	muh	9	£	S
undu	L	9	S	6	3	4	ç	8
ε	4	2	8	9	ç	b	L	6
:Alswer:								

## LOCAL SERVICE PROVIDERS





#### .EGALS

(SEAL)

#### COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT 22 SM 002444 ORDER OF NOTICE

#### TO:

#### Michael G. Spotts; Michele L. Spotts

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act: 50 U.S.C. c. 50 § 3901 (et seq): Carrington Mortgage Services, LLC claiming to have an interest in a Mortgage covering real property in Spencer, numbered 26 Bay Path Road, given by Michael G. Spotts and Michele L. Spotts to East West Mortgage Company Inc., dated September 29, 2000, and recorded at Worcester County (Worcester District) Registry of Deeds in Book 23062, Page 143, as affected by Loan Modification Agreement dated June 2, 2009 and recorded at said Registry in Book 48036, Page 1 as affected by Loan Modification Agreement dated January 20, 2011 and recorded at said Registry in Book 48636, Page 237 as affected by Loan Modification Agreement dated July 28, 2016 and recorded at said Registry in Book 55743, Page 4 as affected by Loan Modification Agreement dated May 13, 2019 and recorded at said Registry in Book 60514, Page 102 and now held by the plaintiff by assignment, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before October 17, 2022 or you may lose the opportunity to challenge the foreclosure on the grounds of noncompliance with the Act.

Witness, GORDON H. PIPER, Chief

Justice of said Court on August 30, 2022. Attest: Deborah J. Patterson Recorder September 23, 2022

Notice of Public Hearing Spencer Zoning Board of Appeals

Special Permit– Applicant: Brian Lochner/ Owner: Robert Ortiz; Location: 143 Main Street, Spencer Assessor's Map U13-125. The applicant is seeking a Special Permit under Sections 4.3.20 (Tattoo parlors or body piercing studios) of the Spencer Zoning Bylaw to operate a Tattoo Parlor. The property is in the Town Center (TC) zoning district. September 23, 2022 September 30, 2022

#### Notice of Public Hearing Spencer Zoning Board of Appeals

Special Permit (Renewal) - Applicant/ Owner: Bond Construction Corp. Location: Cranberry Meadow Road, Spencer Assessor's Map R09-1 & R09-2. The applicant is looking to renew their Special Permit under Sections 4.2 (H.1) and 4.8.6 of the Spencer Zoning Bylaw to continue a gravel removal operation. The property is located in the Rural Residential zoning district. Special Permit (Renewal) - Applicant/Owner: Leo Aucoin. Location: 89 Cranberry Meadow Road, Spencer Assessor's Map R02-2-1. The applicant is looking to renew his Special Permit under Sections 4.2 (H.1) and 4.8.6 of the Spencer Zoning Bylaw to continue a gravel removal operation. The property is located in the Rural Residential zoning district.

September 23, 2022 September 30, 2022

#### Notice of Public Hearing Spencer Zoning Board of Appeals

At the Zoning Board of Appeals meeting to be held on Tuesday, October 11, 2022, in the McCourt Social Hall of Memorial Town Hall, 157 Main Street, Spencer, MA, a public hearing will be held on the following items starting at 7:00 p.m. or as soon thereafter as can be heard:

Special Permit (Renewal) – Applicant/ Owner: Royal Crest Farm, Robert & Margaret Moschini; Location: 30 Howe Road, Spencer Assessor's Map R023-25. The applicant is looking to renew their Special Permit under Sections 4.2 (H.1) and 4.8.6 of the Spencer Zoning Bylaw to continue a gravel removal operation. The property is located in the Rural Residential zoning district. September 23, 2022 September 30, 2022

#### NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by David E. Young to Mortgage Electronic Registration Systems, Inc., as nominee for Quicken Loans Inc., dated May 24, 2013 and recorded in the Worcester County (Worcester District) Registry of Deeds in Book 51019, Page 323 of which mortgage the undersigned is the present holder, by assignment from:

Mortgage Electronic Registration Systems, Inc., as nominee for Quicken Loans Inc., its successors and assigns to Quicken Loans Inc., recorded on November 29, 2018, in Book No. 59747, at Page 85 for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 1:00 PM on October 21, 2022, on the mortgaged premises located at 18 Summit Street, Spencer, Worcester County, Massachusetts, all and singular the premises described in said mortgage,

#### TO WIT:

Land Situated in the County of Worcester in the State of MA BEGINNING AT THE NORTHWESTERLY CORNER THEREOF, AT A STONE MONUMENT IN THE SOUTHERLY LINE OF SAID STREET AND AT LAND FORMERLY OF ONE DUSTIN; THENCE S. 15 DE-GREES 25' E. BY SAID DUSTIN LAND, 59 10/12 FEET TO LAND FORMERLY OF EDWARD E. GREEN; THENCE N. 74 DEGREES 35' E BY SAID GREEN LAND, 92.75 FEET TO LAND FOR-MERLY OF ELLA M. SNOW; THENCE N. 15 DEGREES 25' W. BY SAID SNOW LAND, 99 10/12 FEET TO SAID SOUTHERLY LINE OF SUMMIT STREET, THENCE WESTERLY BY SAID STREET LINE, 92.75 FEET TO

THE PLACE OF BEGINNING. Commonly known as: 18 Summit Street, Spencer, MA 01562

For mortgagor's(s') title see deed recorded with Worcester County (Worcester District) Registry of Deeds in Book 43127, Page 3.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of Five Thousand (\$5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California St., Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication. Other terms, if any, to be announced

at the sale. ROCKET MORTGAGE, LLC F/K/A QUICKEN LOANS, LLC F/K/A QUICK-EN LOANS INC. Present holder of said mortgage By its Attorneys, HARMON LAW OFFICES, P.C. 150 California St. Newton, MA 02458 (617)558-0500 21772 September 23, 2022 September 30, 2022 October 7, 2022

## **OBITUARIES**

#### Fred R. Schofield, 81

EAST BROOKFIELD- Fred R. Schofield, of East Brookfield, passed away unexpectedly on September 10, 2022. He was 81 and loved life.



He was born in Worcester, son of Florence A. Schofield and Russell D. Schofield. He graduated from Bentley College, followed by a lifetime career in Accounting and Finance. He was an

avid sportsman and enjoyed the outdoors. He loved being with his family and taking care of his home and yard. He was an enthusiastic member of the North Brookfield Sportsmen's Club and enjoyed volunteering at many events in the company of his fellow members. He served his town in many capacities.

He is survived by his loving wife Arlene Schofield; daughters Linda Perkins (Howard), Paula Skelly (Jon), and Deb Graupner (Pete "Hobie"); grandchildren Kevin Perkins, Colby Graupner, and William Skelly; broth-Hospital after a brief illness. er-in-law Richard Handverger, nieces Lisa Norman and Rachel Bryant and nephew Karl Handverger; many great grandchildren, great nieces and great nephews. He was predeceased by his sister Janice Handverger, a daughter Amanda (Donna) Schofield and his grandson Bryan Perkins.

Friends and family were invited to attend calling hours on Thursday, September 15,2022 from 5-7PM in Pillsbury Funeral Home 44 Gilbert of Maine, and her sister; Pauline St. North Brookfield. The funeral for Fred was held on Friday with a Mass at 10:00AM in St. John the Baptist Church 131 Blaine Ave. East Brookfield. Burial will be private for the family in Evergreen Cemetery in East Brookfield.

#### Richard "Dick" Batchelor

Richard "Dick" Batchelor. Dick passed on September 6.2022 at St. Vincent's Hospital in Worcester, MA. He was born January 20th 1938 in North Brookfield, the son of James and Madeline Batchelor.



He graduated from North Brookfield High School, class of 1956. Following he married his high school sweetheart, Fay Smith Batchelor



on September 12, 1964. They celebrated 57 years together. He served the town of North Brookfield for 41 years. Along that time he served on the NB Fire Department, Highway Department, and part time Police Officer. He served in

the Army National Guard. He also served as the president of the Spencer Fair Association for 3 years. He was an avid sports fan, gardener, and dedicated family man.

In addition to his parents, he is predeceased by his sister Rosemary Vik. Surviving in addition to his wife Fay

#### PROJECT

#### continued from page A1

"We are thrilled to have received the support from Spencer and East Brookfield on the building project,' said Spencer-East Brookfield Regional School District Superintendent Paul Haughey. "Since June of 2019, we as a School Building Committee have been working with Colliers Jones Whitsett and the Massachusetts School Building Authority to get to this point in time."

Batchelor, are his sons Timothy and his, wife, Donna, of Connecticut; Todd and his, wife, Stephanie of Florida; five grandchildren Shauni, Ryan, Remington, Jaxson, and Drew; two great-grandchildren Emma and Grant; two brothers, Jimmy and his wife. Kay of Dallas, Texas; Marshall and his wife, Ann of Thompson Connecticut; one sister. Priscilla Cauvin of Barre Massachusetts; three brothers-in-law, Fred Smith and his wife, Ann-Marie of Barre; Donald Smith and his wife, Carol of North Brookfield; Robert Vik of New Hampshire; one sister-in-law Kathy Ridz and her husband, Don of Monson; many nieces and nephews.

A celebration of life will be held on September 30th at 11am for family and close friends. The location will be Walnut Grove Cemetery. Those who wish to remember Dick in a special way may make donations in his memory to the North Brookfield Fire Department or Ambulance Rescue Squad.

Funeral Arrangements have been entrusted to the care of the Shaw-Majercik Funeral Home. A guest book is available at www.shaw-majercik. com where you may offer condolences. share fond memories, or light a candle in remembrance of Richard.

Spencer-East Brookfield Added Regional School Committee member Jason Monette, "I would like to thank the community members of both towns who came out to the Special Town Meetings. Their support and input have been greatly appreciated throughout this entire process."

On Tuesday, Oct. 4, both Spencer and East Brookfield will hold separate special elections. A ballot question will be presented to voters in each community, asking whether they support funding

#### Laura G. Bouvier, 95

SPENCER- Laura G. (Pion) Bouvier, 95, of Howe Village, died Friday, Sept. 16 in St. Vincent

> She was the wife of Reginald H. Bouvier who died in 1990. She leaves her son; Wayne R. Bouvier and his wife Lori of No. Brookfield, her daughter; Linda M. Prouty and her husband Matthew of

Worcester, her brother; Paul Pion Zalauskas of Spencer, two grandchildren; Erica Hillman and Shaun Bouvier, 5 great grandchildren; Kassidy, Nathan, Zachary, Ryan and Morgan, several nieces and nephews. She is predeceased by her brothers; Joseph, Frank, Wallace, Donald and Norman Pion and Raymond Dion, her sisters; Lorraine Gorman, Rita Harder and Evelyn Hebert. She was a member of Mary, Queen of the Rosary Parish. ShewasborninE.Brookfield,thedaughter of Frank and Mary (Mitchell) Pion. In her retirement years she enjoyed spending time with her grandchildren, Trips to Cape Cod and traveling with her sisters. She especiallv enjoyed the company of her four legged friends Casper and Angel. Her funeral was held on Tuesday, Sept. 20 with a Funeral Mass at 10 a.m. in Our Lady of the Rosary Church, 7 Church St., Spencer. Friends and family are asked to go directly to the church. Burial will follow in Worcester County Memorial Park, Paxton. Calling hours are private. In lieu of flowers, contributions may be made to Second Chance Animal Services, P.O. Box 136, E. Brookfield, MA 01515. The J.HENRI MORIN & amp; SON FUNERAL HOME, 23 Maple Terr., Spencer is directing arrangements for the family. www.morinfuneralhomes.com

#### Nancy (Sprague) Smith, 89

LEICESTER: Nancy (Sprague) Smith, 89, a former resident of Leicester and Spencer, passed away on September 17. 2022, at Notre Dame Long Term Care

and Rehabilitation Center in Worcester after a period of declining health. She is predeceased by her husband of 45 years, Roland F. Smith, Jr. She is survived by sons, Robert two and his wife Susan

of Leicester, and David and his wife Catherine of Millbury; four grandchildren she cherished and was so proud of, Margaret, Nicole, Megan, and Timothy; two great grandchildren, Christopher, and Bennett; and a niece Caron Forsberg of Carson City, Nevada. Nancy was born in Worcester, the only child of Myron and Gladys (Baldwin) Sprague. She lived most of her life in Leicester and was active for many years with the Leicester Women's Club, Leicester Historical Commission, and the First Congregational Church of Leicester. Nancy was a graduate of Leicester

the DPHS project in the form of a debt exclusion

Built in the 1960s, DPHS suffers from numerous problems, including issues with mechanical, electrical, and plumbing systems; roof and accessibility issues; and outdated classrooms and equipment. In early March, the school was closed for several days following a burst heating pipe that caused steam and water damage.

High School and Boston University. She began her career as the secretary to the president of the former Persons-Majestic Mfg. Company, before later retiring to raise her children, while also managing the administrative functions of her husband's electrical contracting business. She also enjoyed hosting family and friends at the family's summer cottage on Stiles Lake. Spencer. Funeral services and interment in Pine Grove Cemetery, Leicester will be private. There are no calling hours. Nancy spent the last three years receiving care and comfort at the Notre Dame Long Term Care Center. The family greatly appreciates the compassion and commitment of the staff which meant so much to Nancy and impacted her in such a positive way. In lieu of flowers memorial contributions may be made to Notre Dame Long Term Care Center, Patient ActivityFund, 559 Plantation St. Worcester, MA 01605 or to the charity of your choice.

The MORIN FUNERAL HOME, 1131 Main St., Leicester is directing arrange ments for the family.

www.morinfuneralhomes.com

residential tax rate by \$2.42 in East Brookfield and \$2.57 in Spencer.

The Oct. 4 election in Spencer will take place from 8 a.m. to 8 p.m. at Spencer Memorial Town Hall (157 Main St., Spencer).

The Oct. 4 election in East Brookfield will take place from 8 a.m. to 8 p.m. at the East Brookfield Memorial Town Complex.

"Thank you to everyone who has shared their concerns with us along the way. Your input and feedback helped our School Building Committee make the necessary adjustments to get to this point," Haughey added. "This special election is important, and we ask that everyone take the time to please get out and vote on Tuesday, Oct. 4, in your respective community."







Jehnya Thomas

Age: 9

#### Hi! My name is Jehnya and I love to sing and dance!

Jehnya is a sweet and energetic girl of African American descent. Some of her favorite hobbies include singing, dancing, and playing dress-up. She also likes to watch videos and play games on her iPad. Jehnya is a motivated learner and enjoys going to school. She also attends an after-school program. She is inquisitive and enjoys spending one on one time with others.

Jehnya is legally free for adoption and will need to maintain regular contact with her older brother. Jehnya would thrive in a home with patient caregivers who understand trauma. She also needs

a family who will use positive reinforcement and provide Jehnya will love and nurturance. The ideal family for Jehnya would be a two-parent home with at least one female caretaker. It would also be best for Jehnya to be an only child, but her social worker is open to considering older siblings on an individualized basis. Jehnya has expressed that she would like to be placed with an African American familv.

https://www.mareinc.org/waiting-child-profiles#gallery/child/7274

#### Can I Adopt?

If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at (617) 964-6273 or visit www.mareinc.org. Start the process today and give a waiting child a permanent place to call home.



If the addition-renovation project is approved by voters at the elections, the Massachusetts School Building Authority (MSBA) would cover \$46.8 million, while the towns would be responsible for the remaining \$64.8 million.

If passed as a debt exclusion for each community, the project would raise the

#### LEWIS FIELD continued from page A1

"The town of Brookfield never disappoints when it comes to volunteerism throughout the community," Berthiaume said. "This park renovation was just the latest example of Brookfield's residents stepping up to get a project done, and it was an honor to be there for the ribbon cutting.'

The additions and improvements to Lewis funded Field were through several sources. These include the PARC Grant Program run by the Massachusetts Department of Conservation Services;

the Jeppson Fund of

#### LIGHTS

continued from page A1

Christmas lights and 200 inflatables. It has become one of the largest home displays of Christmas lights in the entire state.

Hours of operation for the display are 5-8 p.m. on Sunday through Thursday (holiday season only). Hours on Friday and Saturday evenings during the holi-

the Greater Worcester Community Foundation; the Brookfield Community Club; the Brookfield Recreation Committee; Art and Elizabeth Jay; and the Brookfield Girl Scouts' Silver Award project fundraiser.

Town officials thank everyone who came together to make the project possible. From municipal leaders to Girl Scout volunteers, several groups and individuals played a role in the effort.

"Once again, I had the pleasant occasion to see the great community values and efforts at work in Brookfield," said Town Administrator Kelli Robbins. "This is a community that has repeat-

days are 5-9.

The display is open to the public. Guests are invited to park along the road safely, come walk around the property, and experience Christmas lights with your family and friends.

And don't forget the special Santa visits taking place on weekend nights (5-9 p.m.).

If you would like to learn more, check out the "Leicester Christmas Display" page on Facebook.



edly shown it can come together for the good of the children and the town. The hard work and efforts of those involvedin all the different capacities to improve and maintain Lewis Fieldis a prime example of Brookfield values.' Lewis Recreational Field is located at 4 Main St. Residents and families are encouraged to check out the new additions for themselves this fall.

In addition to the ribbon cutting ceremony, citations from Sen. Anne Gobi's office were presented to the Brookfield Recreation Committee and the local Girl Scouts who participated in the Silver Award project.

## POLICE REPORTS

#### **Spencer** Police

WEDNESDAY, SEPTEMBER 7 12:28-1:27 a.m.: buildings checked, secure; 7:11 a.m.: medical/general (Browning Pond Road); 7:28 a.m.: animal complaint (Wire Village Road), loose dog; 8:02 a.m.: mv complaint (Norcross Road), speeding; 9:56 a.m.: accident (Paxton Road), report taken; 12:17 p.m.: animal complaint (Adams Street), found small dog running loose; 12:41 p.m.: 911 call (Main Street), misdial; 12:59 p.m.: lost/found (Smithville Road), lost phone; 2:23 p.m.: 911 call (West Main Street), accidental; 2:48 p.m.: animal complaint (Main Street), found two loose puppies; 2:54 p.m.: officer wanted (Mechanic Street), spoken to; 3:54 p.m.: fire alarm (Maple Street), referred; 4:11 p.m.: restraining order service (Pleasant Street); 5:35 p.m.: medical/general (Candlewood Drive); 5:39 p.m.: RV complaint (West Main Street), re: ATV in lot; 5:55 p.m.: juvenile matter (West Main Street), kids in store shooting pop gun; 6:09 p.m.: larceny (Lake Street), re: stole pkg.; 7:22 p.m.: mv alarm (Main Street), services rendered; 8:26 p.m.: disturbance (Grove Street), disruptive male; 8:38 p.m.: fire alarm (Maple Street), referred; 8:57 p.m.: suspicious mv (Howe Road), investigated; 9:13 p.m.: suspicious mv (West Main Street), investigated; 9:17 p.m.: fire alarm (Sullivan Street), referred; 11:29 p.m.: disturbance (Main Street), re: doorbell being rung; (total daily my stops -4).

THURSDAY, SEPTEMBER 8

12:16 a.m.: officer wanted (West Main Street), re: issue w/husband; 12:53-3:18 a.m.: buildings checked, secure; 2:31 a.m.: officer wanted (First Street), someone throwing rocks into "her lake"; 5:13 a.m.: medical/general (Howe Village); 5:51 a.m.: mutual aid (Buteau Road), smoke near summer camp; 6:18 a.m.: medical/general (Route 49); 7:39 a.m.: medical/general (Chestnut Street); 8:32 a.m.: officer wanted (Rene Drive), locked in park; 8:49 a.m.: officer wanted (North Spencer Road), req. welfare check; 10:05 a.m.: restraining order service (Pleasant Street); 10:30 a.m.: restraining order service (Pleasant Street); 11:12 a.m.: mv complaint (Main Street), items falling from trash truck; 12:47 p.m.: restraining order service (Wilson Avenue); 2:37

p.m.: medical/general (Church Street); 3:50 p.m.: mv complaint (Smithville Road), mvs speeding; 4:31 p.m.: accident (Pleasant Street), rep. of earlier accident; 4:41 p.m.: disturbance (West Main Street), req. emergency harassment prevention order; 5:07 p.m.: medical/general (Kingsbury Road); 5:20 p.m.: mutual aid (West Main Street), assist Framingham State U PD; 6:43 p.m.: officer wanted (Smithville Road), txr of firearm; 7:55 p.m.: disturbance (Church Street), being harassed by neighbor; 8:48 p.m.: abandoned 911 call (West Main Street), phone issue; 9:14 p.m.: fire alarm (Ash Street), referred; 10:12 p.m.: animal complaint (Mercury Drive), loose dog; 10:16 p.m.: fraud (West Main Street), order charge to caller's account; 10:17 p.m.: disabled mv (Mechanic Street), services rendered; 11:14 p.m.: disturbance (Chestnut Street), noise complaint; 11:59 p.m.: building checked, secure; (total daily mv stops - 0).

FRIDAY, SEPTEMBER 9

1:56 a.m.: fire alarm (Maple Street), referred; 2:24-2:33 p.m.: buildings checked, secure; 3:59 a.m.: abandoned 911 call (Grove Street), resolved; 7:18 a.m.: residential alarm (Pine Avenue), services rendered; 7:57 a.m.: officer wanted (Kingsbury Road), windshield hit by golf ball; 8:53 a.m.: fraud (Chickering Road), rep. wire fraud; 9:05 a.m.: medical/general (Donnelly Cross Road); 10:59 a.m.: disabled mv (West Main Street), resolved; 11:41 a.m.: animal complaint (Meadow Road), injured hawk; 2:50 p.m.: medical/general (McDonald Street): 2:52 p.m.: medical/ general (Main Street); 3:46 p.m.: 911 call (Valley Street), can't get out of apt.; 4:37 p.m.: disturbance (Church Street), re: property vandalized; 5:35 p.m.: medical/general (Debbie Drive); 5:46 p.m.: animal complaint (Lake Street), loose dog; 8:02 p.m.: medical/general (Parent Street); 8:02 p.m.: officer wanted (Main Street), re: flickering light on bldg.; 10:23 p.m.: building checked, secure: (total daily mv stops - 0).

SATURDAY, SEPTEMBER 10

1:13-2:03 a.m.: buildings checked, secure; 5:07 a.m.: medical/general (Church Street); 5:46 a.m.: fire alarm (Maple Street), referred; 7:05 a.m.: animal complaint (Laurel Lane), poss. cows in distress; 9:26 a.m.: commercial alarm (North Spencer Road), services rendered; 10:06 a.m.: animal complaint (Maple Street), dead animal in road; 10:39 a.m.: officer wanted (Browning Pond Road), req. assistance/retrieve belongings; 11:00 a.m.: medical/general (Maple Street); 12:12 p.m.: medical/general (McCormick Road); 1:10 p.m.: RV complaint (Cranberry Meadow Road), ATV racing in area; 1:30 p.m.: fire alarm (Meadow Road), referred; 3:00 p.m.: lost/found (West Main Street), lost/found debit card; 3:40 p.m.: RV complaint (Cranberry Meadow Road), in area of sand pit; 5:03 p.m.: animal complaint (McDonald Street), loose dogs; 5:40 p.m.: disturbance (Main Street), noise complaint; 5:46 p.m.: suspicious persons (Bixby Road), investigated; 5:51 p.m.: officer wanted (Bay Path Road), req. welfare check; 6:27 p.m.: medical/general (Lincoln Street); 6:33 p.m.: medical/general (Howe Village); 7:39 p.m.: medical/overdose (Mechanic Street); 9:25 p.m.: DPW call (Main Street), re: sewer issues; 11:16 p.m.: medical/general (McCormick Road); (total daily mv stops - 1).

SUNDAY, SEPTEMBER 11

1:30 a.m.: residential alarm (Lincoln Street), services rendered; 2:03 a.m.: medical/general (Main Street); 2:30 a.m.: medical/general (Maple Street): 8:51 a.m.: animal complaint (Paxton Road), barking dogs; 9:05 a.m.: parking violation (Chestnut Street), ticket issued; 2:04 p.m.: medical/general (Main Street); 2:49 p.m.: disturbance (Church Street), ongoing neighbor issue; 3:25 p.m.: medical/general (Lincoln Street); 3:29 p.m.: animal complaint (Bay Path Road), re: stray kitten; 6:41 p.m.: medical/general (Howe Village); 7:10 p.m.: medical/ general (Chestnut Street); 7:25 p.m.: lost/found (Bixby Road); lost keys; 7:58 p.m.: officer wanted (Main Street), eggs being thrown at mvs; 8:12 p.m.: suspicious persons (Cranberry Meadow Road), investigated; 8:37 p.m.: building checked, secure; 10:25 p.m.: building checked, secure; 11:31 p.m.: medical/ general (Clark Terrace); (total daily mv stops - 4).

MONDAY, SEPTEMBER 12

1:10-1:30 a.m.: buildings checked, secure; 2:33 a.m.: officer wanted (West Main Street), re: haven't heard fr. daughter; 6:09 a.m.: DPW call (Ash Street), no power; 8:40 a.m.: mutual aid (West Main Street), Charlton PD bolo; 10:13 a.m.: DPW call (Main Street), raised manhole cover; 10:47 a.m.: mv complaint (Route 49), erratic operator; 11:52 a.m.: animal complaint (West Main Street), loose goats; 12:41 p.m.: officer wanted (Chickering Road), trying to locate daughter; 1:35 p.m.: lost/found (Smithville Road), lost backpack; 1:53 p.m.: 911 call (Paxton Road), misdial; 2:14 p.m.: medical/ general (Lake Whittemore Drive); 3:34 p.m.: officer wanted (Chestnut Street), poss. scam; 6:57 p.m.: mutual aid (West Main Street), East Brookfield PD req. K9 unit; 7:39 p.m.: 911 call (Chestnut Street), misdial; 7:58 p.m.: residential fire (Pleasant Street), referred; 8:02 p.m.: suspicious persons (Main Street), intox. male; 9:11 p.m.: building checked, secure; 9:25 p.m.: medical/ general (Maple Street); 10:45 p.m.: officer wanted (West Main Street), LTC change of address; (total daily mv stops -3).

TUESDAY, SEPTEMBER 13

12:49-1:45 a.m.: buildings checked, secure; 9:29 a.m.: commercial alarm (Chestnut Street), services rendered; 9:32 a.m.: animal complaint (Old Farm Road), re: missing cat; 10:01 a.m.: building checked, secure; 11:11 a.m.: fraud (Jones Street), Amazon scam; 11:26 a.m.: trespassing (McDonald Street), re: no trespass order; 11:53 a.m.: restraining order service (Bixby Road); 1"21 p.m.: medical/general (School Street); 1:49 p.m.: elderly matter (Bay Path Road), req. welfare check; 2:19 p.m.: animal complaint (Grove Street), loose dog; 2:51 p.m.: multiple LTC issued/4 (West Main Street), assisted; 3:00 p.m.: parking complaint (Bixby Road), people blocking d/way; 3:33 p.m.: medical/ general (Main Street); 4:51 p.m.: fire alarm (Howe Village), referred; 5:15 p.m.: suspicious mv (North Spencer Road), investigated; 7:02 p.m.: animal complaint (Grove Street), loose dog; 7:04 p.m.: medical/general (Pleasant Street); 8:38 p.m.: disturbance (Main Street), people yelling at cars; 8:47 p.m.: DPW call (Wire Village Road), tree limb in road; 9:06 p.m.: mv complaint (Main Street), dirt bike/failure to stop; 9:46 p.m.: 911 call (Lyford Road), accidental; 10:24 p.m.: disturbance (Chestnut Street), unwanted party; 11:04 p.m.: disturbance Chestnut Street), unwanted parties; 11:55 p.m.: building checked, secure; (total daily mv stops - 1).

###

## Worcester Red Sox "Embrace & Promote **Education**" Oct. 1

SPENCER — On Saturday, Oct. 1, the Worcester Red Sox will be coming to the Spencer-East Brookfield Regional School District to "embrace

lies of students in the Spencer-East Brookfield Regional School District will be able to take part in photo ops and meet the Worcester Red Sox players including Infielder Ryan Fitzgerald, pitcher Durbin Feltman along with mascots - Smiley Ball, Woofster The Wonderdog, and Roberto the Rocket," said Superintendent of Schools Paul Haughey. "There will be something for everyone young and old, ages 3 to 83... The goal of the day is to embrace and promote education in the communities we serve (here in Spencer and East Brookfield)," Haughey added.

Worcester Red Sox President Charles Steinberg will also be and further immerse in this wonderful community" said Steinberg. "We congratulate Ryan Fitzgerald and Durbin Feltman for their heart and spirit, and we hope that they, along with our popular mascots and four Boston Red Sox World Series Rings, will provide some added joyful moments and memories.<sup>2</sup> "Both communities have been terrific partners and supporters of our district and of education; and this afternoon event on October first is an

surges into US News

**Best Colleges rankings** 

opportunity for us to continue the good work we do together with our community partners the Worcester Red Sox. Having the WooSox come to SEBRSD

and promote education" with lots of exciting opportunities for everyone. The event begins at 1:00pm and will run until 4:00pm and will take place on Saturday, Oct. 1 at David Prouty High School.

"Special guest stars, players, mascots, prizes and tours will be taking place throughout the afternoon! Parents and famion hand and bring with him plenty of prizes, and even a chance to check out the World Series Rings from the four Boston Red sox Championship teams (2004, 2007, 2013, and 2018).

"The WooSox look forward to visiting the beautiful town of Spencer to promote education, bringing people together,

just speaks to how important education is for not only Spencer and East Brookfield but also Southern Worcester county. We look forward to hosting the WooSox at this community event on Saturday, Oct. 1," added Haughey.

## Senior Living at Prouty Nichols College announces upcoming programs

#### SPENCER — Senior Living at Prouty, 195 Main St., Spencer, announces the following free programs open to the public. Gratefully, all are sponsored by a Local Cultural Grant from the town of Spencer!

Please call 617-431-4937 and leave your information, and your call will be returned with parking and other details. Wednesday, Sept. 28 at

1:30 p.m.: Presentation by Historian Sari Bitticks about the 1919 "Great Molasses Flood" in Boston. At 3 p.m., there will be a presentation of a Veteran's Quilt

Tuesday, Oct. 11 at 1 p.m.: Big Band returns! Trinity Big Band has talented musicians from 3

states. Enjoy some lively orchestra music and fun!

Wednesday, Oct. 26 at 1:30 p.m.: Barbershop quartet concert. Celebrate memories of soda fountains, sockhops, and first loves!

Wednesday, Nov. 9 at 1:15 p.m.: History of Spencer slide show, part 2 with interesting facts and beauty by Frank Morrill

## "New England Legends" host to visit Warren

WARREN – Just in time for the season of thrills and chills, residents are invited to attend an upcoming program and learn more about the mysterious past of New England.

On Thursday, Oct. 13, at 6:30 p.m., storyteller Jeff Belanger will visit the Warren Senior Center for a special program combining history and mystery.

Sponsored by the Warren Public Library, the program will help guests explore the unexplained with a multimedia experience presented by Belanger, a longtime researcher of local lore and legends.

Belanger is the host and producer of the "New England Legends" series on PBS. He also authored over a dozen books and hosts the popular New England Legends weekly podcast.

The event is free to the public. Please call the library at 413-436-7690 to register, or send an email to warrenpubliclibrary@hotmail.com.

DUDLEY - Nichols College has earned recognition in the 2022-23 US News & World Report Best Colleges rankings. In the competitive Regional Universities North category, the college was ranked #34 as a Top Performer in Social Mobility and #121 overall out of a pool of 181 ranked institutions. The Regional Universities-North category covers a geographic area from Maryland to Maine, a region densely populated by institutions of higher education.

The US News rankings consider a variety of factors to provide students and parents with an objective basis to compare institutions and help guide college selection. Factors include Academic Reputation, Admissions Selectivity, Graduation and Retention Rates, Pell Grant Graduation Rates, Faculty Composition Metrics and Alumni Giving.

The Social Mobility ranking is an indicator of an institution's ability to educate, graduate and ultimately employ economically disadvantaged students as measured by Pell Grant eligibility.

Nichols President Glenn M. Sulmasy,

JD, LL.M, lauded the news: "This segment of the college student population has been cited as a national priority by political leaders of both parties, and this recognition in US News reflects the hard work of the entire Nichols community who work closely with each and every student to deliver a high quality, broad-based business education that prepares them for lifelong success worldwide."

Nichols is now embarking on a new phase in its 200+ year history with development of the Embracing Greatnessstrategic plan. The plan, currently in development in consultation with members of the Nichols community, will outline a growth strategy to establish new institutional priorities for academic and student life programming, athletics, campus facilities and fundraising.

About Nichols College

The mission of Nichols College is to educate and enlighten students to capitalize on their ambitions and to become impactful, forward looking global leaders.

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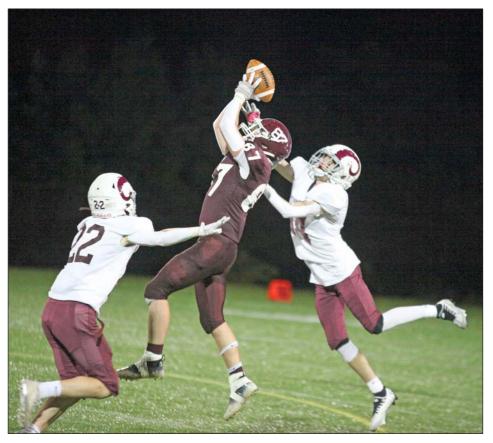
## SPORTS

## Northbridge rebounds from Week 1 loss by beating Wolverines



Nick Ethier photos

After faking a handoff, Leicester quarterback Mason Griffiths takes off with the ball by rolling out to his right.



Jack Ledbetter of Leicester elevates and nearly makes a beautiful catch in double-team traffic provided by Northbridge's defense.



Leicester's Griffin Metcalf rushes the football with a full head of steam.

LEICESTER — The Northbridge High and Leicester High varsity football teams are perennially two of the top Division 7 programs in the state, and a season ago both the Rams and Wolverines qualified for the 16-team D7 State Tournament.

But when Week 1 came and went, neither Northbridge nor Leicester picked up a victory, as the Rams lost to West Boylston High (37-0) and the Wolverines fell to South High of Worcester (36-10).

So, when Northbridge headed to the former Becker College — and now the current Leicester High for juniors and seniors — on Friday, Sept. 16, both teams were hoping to improve to 1-1 on the young season. The Rams did just that, as they came away with a 33-7 victory.

- The scoring plays were as follows: First Quarter
- Northbridge: Brady Nicholson 45-yard pass from Tim Labrie — 6-0 Second Quarter
- Leicester: Griffin Metcalf 15-yard run, Mason Griffith kick — 7-6
- Mason Griffith kick 7-6 Northbridge: Scott Hopkins 12-yard run, Cam Athanas kick — 13-7
- Northbridge: Labrie 5-yard run 19-7 Third Quarter
- Northbridge: Hopkins 5-yard pass from Labrie, Athanas kick — 26-7
- Fourth Quarter Northbridge: Owen Gorman 4-yard

run, Athanas kick — 33-7

## HIGH SCHOOL NOTEBOOK

#### Monday, Sept. 12

**Tantasqua 167, Oxford 283** — The Warriors' golf team picked up a victory at Hemlock Ridge, improving to 4-2 in the process. Tantasqua's Sam Pieczynski shot a 38 on the par-36 layout to earn medalist honors, while teammate Patrick Dunn carded a 41.

Wednesday, Sept. 14 Leicester 15, North Brookfield girls' cross-country meet, where the Wolverines' Abby Bernabei (21:54) won the three-mile race. Leicester's other top-five finisher was Ayva Connor (29:17).

Leicester 20, North Brookfield 35; Leicester 15, David Prouty 50; North Brookfield 15, David Prouty 50 — Jason Fournier (first place, 19:01), Gio Aguiar (second, 21:05), Tyler Herron (fourth, 21:11) and Coddan Nguyen (fifth, 22:51) were all top-five finishers for the Wolverines' boys' cross-country team as they picked up victories over the Indians and Panthers.

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50; David Prouty 15, North Brookfield 50; David Prouty 23, Leicester 32 — Leicester's home course was the site of the latest

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## SPORTS

## Spartans score early, Leicester late as teams settle for tie

#### BY NICK ETHIER SPORTS EDITOR

UXBRIDGE — Oftentimes when two teams tie, one side is more pleased than the other. That was certainly the case when the Uxbridge High and Leicester High girls' varsity soccer teams tangled on Wednesday, Sept. 14, as the Spartans held a 3-1 halftime lead only for the Wolverines to rally with a pair of second half goals to produce a 3-3 draw.

"Brick by brick, that's how we're built. That's really what they've bought into and it's a selfless program. They play for one another and they found a way to tie it up," said firstyear Leicester head coach Joe Mercier, who served as the JV coach the prior two seasons. "I thought possession wise we controlled about 70 percent, which is what we shoot for. Games a lot of times will work in our favor if we have the possession advantage."

The Uxbridge side, meanwhile, felt a different feeling following the game.

"I'm not happy, we're not happy. We're not satisfied," said head coach Allyson Durkin. "The first half was sharp. Our passes were strung along well, we were shooting the ball and we were scoring. The last 20-25 minutes is where we got defensive and protective. Whatever we need to do to prevent losing means we're not attacking.

"We shouldn't have lost, or tied, this game," added Durkin. "It feels like a loss."

The Spartans, now sporting a record of 1-0-3, still haven't lost this fall, but the ties continue to amount. Uxbridge also produced four ties in 16 regular season games in 2021.

"Even last year, it seems to be a pattern. We get satisfied with not losing," said Durkin. "The intensity just needs to be up."

The Spartans struck first in the game's 12th minute when Kathryn Cahill used her speed to weave through Leicester's defense and then rifle a shot into the goal.

Leicester tied the game about seven minutes later when Lily Peterson used her dribbling skill in the middle of the field to create enough separation to send a pass into space, where a streaking Grace Bujak got to the ball first and fired a shot that found the twine. Uxbridge retook the lead at



Nick Ethier photos

Leicester's Lily Peterson stops on a dime and begins to change direction of the field.



Uxbridge's Kathryn Cahill heads the ball further down the field toward Leicester's goal.

2-1 in the 26th minute when to go until halftime. There



Leicester's Nora Oliver nudges Lily Sander of Uxbridge as both go for possession of the ball.



Chloe Bouchard of Leicester is the first to the ball as Uxbridge's Lily Sander gives chase.

But the Wolverines took charge in the second half and scored in the game's 44th and 58th minutes to tie the score. First, Hannah Martin took a shot toward the near-side right portion of the goal, which keeper Alicia Gauvin got a piece of. But the ball had enough momentum to cross the line for the goal. Peterson then tied the game with a left-to-right shot from distance that clanged off the right post and into the net.

Mercier noted that his keeper, Annie Hunt, kept Leicester (1-2-1) in the game, as she made eight of her 10 saves in first half action.

"Annie Hunt played an outstanding game today. Both of our keepers train with our JV coach, Jill Russo," Mercier said of Hunt and Sarah O'Connor. "She [Russo] was a collegiate goalie and she trains with our keepers a lot."

Cahill looped the ball forward, where Avery Guillette got a touch on it. The ball ultimately hit a Wolverines' defender and found the goal.

The Spartans then made it a 3-1 game with under 15 seconds

Briana Moss followed a shot for a rebound goal.

"We had a few breakdowns in the midfield. It's a very, very good Uxbridge team," Mercier said of Leicester's first half performance.





# SEPTEMBER

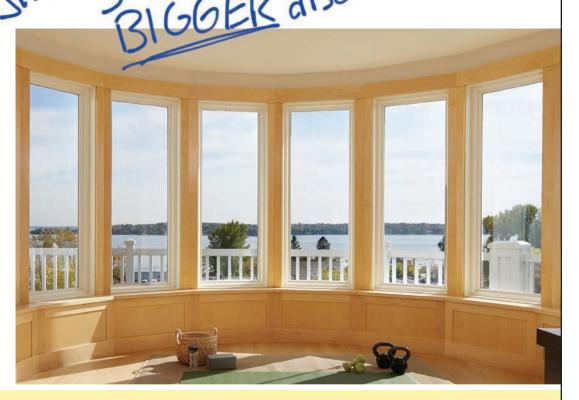
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James Patti

DUDLEY — Following a national search, James Patti, an experienced

## Nichols College names vice president for planning

leader in higher education administration, has been named Nichols College's vice president for planning. Patti joins the leadership team of Nichols College President Glenn M. Sulmasy, JD, LL.M, and will serve a key role advancing Sulmasy's vision for the college.

Patti brings extensive experience to this role, having served previously at Georgetown University, Brown University, Bryant University and the University of Rhode Island managing a variety of institutional functions. At Nichols, he will oversee strategic planning, marketing and communications and institutional research.

One of Patti's first priorities will be development of President Sulmasy's emerging Embracing Greatness strategic plan. The plan, still in development in consultation with the Nichols community, will identify priorities and outline a growth strategy to move Nichols toward enhanced regional and national prominence.

"James Patti will be a dynamic addition to our already exceptional cabinet," said President Sulmasy. "As vice president for planning, he will help develop our institutional priorities and work broadly across the college for their successful implementation.'

Patti is enthusiastic about the opportunity: "I look forward to working closely with President Sulmasy, members of the cabinet and the broader Nichols community to develop and implement the Embracing Greatness agenda and enhance the value of a Nichols education."

Patti received his MBA from Georgetown University and bachelor's degree in finance from Seton Hall University. He is a native of Massachusetts and resides with his four daughters in East Greenwich, Rhode Island.

## Signs kids might be using drugs or alcohol

Parents know that each new period in a children's life brings both noteworthy milestones and a host of new concerns. Those concerns often reach new heights as children enter adolescence, a period in life when pressure from peers and at



school can make it hard to be a kid, which in turn makes it harder to be a parent.

Adolescence is a period of significant change, as children's bodies are physically changing and they're inching closer to independence. It's during this transition period that many children are first offered drugs or alcohol. In fact, the



help children handle the temptation to use drugs and alcohol. Learning to spot the signs kids might already be using can help parents determine if they need to step in and help kids make the right decisions regarding drugs and alcohol.

The Partnership to End Addiction is the nation's leading organization dedicated to addiction prevention, treatment and recovery. The Partnership recognizes how challenging it can be for parents to determine if kids are using, as many of the symptoms of using mimic normal teen or young adult behaviors. But parents who suspect their teen might be using can look for these potential indicators.

- Shifts in mood & personality
- Sullen, withdrawn or depressed
- Less motivated
- Silent, uncommunicative
- Hostile, angry and/or uncooperative
- Acting deceitful or secretive
- Unable to focus

• A sudden loss of inhibitions Hyperactive or unusually elated

**Behavioral changes** 

· Changing relationships with family members or friends

· Absenteeism or a loss of interest in school, work or other activities

- Avoiding eye contact
- Locks doors
- Disappears for long periods of time
- · Goes out often, frequently breaking curfew
- Secretive with the use of their phone Makes endless excuses

 Uses chewing gum or mints to cover up breath



· Often uses over-the-counter preparations to reduce eye reddening or nasal irritation

Has cash flow problems

· Has become unusually clumsy, perhaps stumbling, lacking coordination or exhibiting poor balance

• Has periods of sleeplessness or high energy, followed by long periods of "catch up" sleep

#### Hygiene & appearance

• Smell of smoke or other unusual smells on breath or on clothes

Messier than usual appearance

Poor hygiene

· Frequently red or flushed cheeks or face

Burns or soot on fingers or lips

• Track marks on arms or legs; teens may wear long sleeves in warm weather to hide marks

#### **Physical health**

• Frequent sickness

• Unusually tired and/or lethargic • Unable to speak intelligibly, slurred

speech or rapid-fire speech • Nosebleeds and/or runny nose not

caused by allergies or a cold

Sores or spots around mouth

 Sudden or dramatic weight loss or gain

- Skin abrasions/bruises
- Frequent perspiration
- Seizures and/or vomiting

Parents of adolescents may need to walk a tightrope if they suspect their children are using drugs or alcohol. More information about kids and substance abuse can be found at www.drugfree.org.