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Friday, March 18, 2022

Newsstand: 75 cents

Bay Path Adult Evening School offers new cooking classes



Gino Bolandrina

CHARLTON — Bay Path Adult Evening School is hosting Japanese cooking classes beginning Tuesday, May 10 at 57 Old Muggett

Leading the classes in the Adult Evening School is Gino Bolandrina, chef and owner/ Chief Ramen Chef for KuruKuru Ramen, who worked for many years in Japanese restaurants in and around the Boston area.

In his class, the fundamentals of ramen, you will learn what makes ramen such a delicious Japanese comfort food. He will cover the history of the dish and provide a breakdown of the 5 main components of a traditional bowl of

ramen. After, you'll learn some quick and simple tips on how to upgrade an Instant Ramen bowl into a more elevated meal! The Japanese ramen though created from Chinese influence comes in a wide variety of flavors and is an amazing dish to learn how to make.

Bolandrina stated, "I am excited to be back at Bay Path!'

The fundamentals of ramen classes are part of several hands-on cooking classes that run through the Bay Path Night School. All the dishes will be prepared in class. The class consists of both demonstration and hands-on participation. The classes are held from 6 PM to 9 PM. The course fee is \$109. Class size is limited. All cooking classes include supplies/food unless stated otherwise. Register through baypath. augusoft.net or call 508-248-5971 ext. 1715.

Chef Gino is a Douglas High School alumnus (2012). He had been passionate about food since his childhood. At age seven, he trained at the Heny Sison Culinary School (Manila, Philippines) under Chef Jill Sandique (International ICE alumni and a graduate of the Institute of Culinary Education Pastry & Baking Arts program). Gino's culinary experiences range from apprenticeship (The Ivy Restaurant, Boston), to Cooking Shows (Chef Heny Sison), to employments (Harvard Faculty Club, Cambridge; Pikaichi Ramen, Boston; Ganko Ittetsu Ramen, Boston; Gen Sou En Tea House, Boston; and Love Art Udon, Boston). He has traveled to Japan extensively and had enjoyed Ramen in Chiba, Kanagawa, Osaka, Kamikatsu, and Tokyo. It was at Pikaichi Ramen where he worked as a waiter then kitchen chef that he honed-in his passion for Ramen. He now has over 10 years of experience running and managing Ramen restaurants in the Greater Boston Area, Chef Gino leads menu creation, daily food prep, and all other cooking-related responsibilities at KuruKuru. He works with suppliers, ensures food quality in every meal, and assists with all back-of-house tasks and duties.

State Senate pursues increase oversight at veterans' homes

BY KEVIN FLANDERS STAFF WRITER

REGION - The State Senate recently unveiled legislation aimed at increasing oversight at the state-operated veterans' homes in Holyoke and Chelsea.

On March 3, the Senate introduced the legislation in an effort to improve safety and transparency at the veterans' homes. The announcement of the bill capped off several months of investigations and special oversight committee hearings seeking to unravel a series of administrative failures at the Holyoke Soldiers' Home in the spring of 2020. At the onset of the COVID-19 pandemic, a combination of flawed decisions, poor communications and preparedness, building deficiencies, and leadership collapses at the western Massachusetts facility led to the deaths of 77 veterans from the virus.

State Rep. Donald Berthiaume and Senator Anne Gobi, both of Spencer, served on the special oversight committee tasked with getting answers for the families of victims.

Now, more than a year later, the new Senate bill would restructure the chain of command at veterans' homes to more closely match those used in hospitals and other large organizations. Legislators said the goal of the bill is to ensure that the failures in the earliest days of the pandemic are never repeated at veterans' homes.

I find it difficult to adequate ly express my feelings about the tragic events that took place at the Soldiers' Home in Holyoke during the COVID-19 outbreak," said Sen. Michael Moore, of Millbury. "This bill is a critical step toward ensuring proper oversight and accountability over those that care for veterans here in the Commonwealth."

The director of the Holyoke Soldiers' Home from 2011-16, Paul Barabani, repeatedly warned state leaders about the facility's deficiencies and vulnerabilities. He resigned in early 2016 after voicing concerns over limited staffing and long overdue renovations.

At the time of the COVID-19 outbreak in March 2020. the facility was run by Superintendent Bennett Walsh. He resigned from his position in October 2020 and later faced criminal neglect charges for his actions before and during the outbreak. The facility's former medical director, Dr. David Clinton, also faced charges.

In Nov. 2021, a judge dismissed the charges against both Walsh and Clinton.

Meanwhile, a scathing June 2020 report from an independent investigator suggested that Walsh was unqualified to lead the facility. The management team's decisions in response to the worsening COVID-19 outbreak were described as "utterly baffling" by investigator Mark Pearlstein in his 174-page report. Several additional investigations revealed that infected residents at the facility were not properly isolated after testing positive. Other residents displaying symptoms of COVID-19 were allowed to remain in the general resident population while awaiting their test results, investigators said. Later, after even more residents contracted the virus, COVID-19 patients were still allegedly mixed with healthy residents in a scrambled response.

Shortly before the release of the independent report in June 2020, then Massachusetts Secretary of Veterans' Services Francisco Urena resigned from

Now, with the proposed Senate legislation, officials are hopeful that a dark chapter can lead to meaningful reform.

"This bill will help make sure the tragedy that occurred at Holyoke Soldiers' Home never happens again by prioritizing accountability and oversightand establishing clear chains of command at our state's long-term care facilities for veterans," said Sen. Michael Rodrigues, of Westport.

Added Sen. Michael Rush, of Boston, "The Soldiers' Homes have long suffered from gaps in accountability and a confused

Please Read BILL, page A2

Dan Kirouac to perform at Auburn Senior Center

AUBURN — Regional entertainer Dan Kirouac will bring a one-hour piano and vocal concert to the Auburn Senior Center on Monday, April 11, at 12:45 p.m. This will feature radio-friendly pop, rock, and easy-listening songs of the 1960s and 1970s.

The Lorraine Glieck Nordgren Senior Center is located at 4 Goddard Dr. in Auburn. The performance is open to members of the Auburn senior community and others as space and interest allow. Inquiries at (508) 832-7799.

The program is sponsored by a grant from the Auburn Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency.

Dan Kirouac is a Massachusetts-based musician and singer, who also performs in the tribute band Beatles For Sale. More about him can be found at www.DanKirouac.com.

Cornerstone Bank donates \$25,000 to Our Bright Future, Inc.

 $W \ O \ R \ C \ E \ S \ T \ E \ R$ - Cornerstone Bank, a community bank with 12 locations throughout Central Massachusetts, has donated \$25,000 to Our Bright Future, Inc. This donation will be used to purchase a van to help children and teens get to and from the organization's summer camp and after-school programs.

"We are honored to continue to support Our Bright Future in their goal of providing enriching extracurricular activities to our community's youth," said Todd Tallman, CEO of Cornerstone



Bank. "We hope their new van expands the availability of their services, as transportation is a huge hurdle for many families."

Our Bright Future was started in 2016 and provides educational and enriching after-school and summer programs to low-income youth from elementary to high school in Worcester County. Their programs currently serve about 170 children each year, and with the onset of the pandemic, they added food pantries in Webster and Southbridge to assist families. The after-school program offers homework help, STEM activities like 3D printing and robotics, arts and crafts, sports, and life skills, including financial literacy.

When we found out Our Bright Future was looking for funding for a van, we were already very familiar with



them as some of our staff volunteer their time every month to teach students about finances," continued Tallman.

"We hope our donation allows them to continue to expand their services to more chil-

To learn more about Cornerstone Bank, please

Please Read CORNERSTONE, page A2

Boating safety courses offered in March

MILFORD — The United States Coast Guard Auxiliary Tri-State Flotilla, Massachusetts will be instructing two upcoming boating safety classes at Milford High School. They are scheduled as "in-person" unless further Covid restrictions move them to the Zoom video conference platform. Registration is managed through the Milford Community School Use Program, Adult-Boating, at http://mcs. milford.ma.us or (508) 478-1119 keeping in mind that availability is limited and you will receive course materials prior, covered by the registration fee if given on Zoom. Participants under the age of 16 must be accompanied in person, or online by a registered parent/guardian. Both courses will be offered again in April at this location as "in-person" or on Zoom platform.

For additional USCGAux. information: phil.uscgaux@verizon.net or (508)

Boat America March 12 8 a.m. - 5 p.m.

Register by March 4 (\$75 fee-\$65 Milford residents) An in-person proctored exam is required for completion and will be given to students, in their vehicles, at the MHS parking lot on Sunday March 13 at 10 a.m. if the class is done over Zoom platform.

This is a one-day course developed to provide the skills and confidence needed to explore the coast and inland waters by boat. Basic knowledge and skills are needed to have safe and enjoyable boating experiences. This course is perfect for families that have just purchased any type of boat or are planning to in the future, and also for the boater keeping up with changes to boating regulations and laws. Successful completion of the course will certify any minor, from 12 to 16 years of age, to operate a powerboat, including a Personal Water Craft / Jet Ski

(for 16 & 17-year-old operators), on all Massachusetts waters; in conjunction with the Mass. Environmental Police. Approved by NASBLA it will also cover the requirements to operate a vessel in most other states & many countries where boating safety education is mandatory. Most boating insurance companies offer a discount on premiums for successful completion of this course.

The Boat America course is limited to 20 students.

Suddenly in Command March 16 Wednesday evening: 6:30 - 9 p.m.

Register by March 14 (\$5 course fee, No exam)

Imagine you are out on the water when the boat's captain somehow is incapacitated or falls overboard and can't swim back to the boat. Are you prepared to take basic actions to get help, stop or start the engine and take

the helm? A little knowledge could save lives and make you feel more comfortable boating when you're not generally at the helm.

Misfortunes can and do happen while on that fishing, diving, adventure, or party charter. Being out on your own boat with that significant other at the helm, or going out on a friends' pontoon boat can also turn to horror if the skipper is suddenly out of commission. This is a boating safety primer for those not generally at the helm but would like to know what to do, to be better prepared.

The Coast Guard Auxiliary is the uniformed civilian component of the U.S. Coast Guard and supports the Coast Guard in nearly all mission areas. The Auxiliary was created by Congress in 1939. For more information, please visit www.cgaux.org



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Jovani Santo joins EXIT Beacon Pointe Realty in Worcester

WORCESTER — EXIT Beacon Pointe Realty is pleased to announce that Jovani Santo has joined its growing team of dedicated real estate sales professionals.

EXIT Beacon Pointe Realty, located at 435 Shrewsbury St., third Floor, Worcester, Massachusetts is a proud member of EXIT Realty New England's rapidly expanding network of independently owned and operated brokerages across the region.

About EXIT Realty

EXIT Realty is a company founded and built on human potential. A full service, forward-thinking, real estate franchisor with offices across North America, EXIT has to-date paid out more than a half a billion dollars in single-level residual income to its associates. The Expert Marketing Suite™ including geolocation Smart Sign™ technology gives sellers an edge in a competitive marketplace. A portion of every transaction fee received by EXIT Realty Corp. International is applied to its charitable fund, and to-date, \$6.8 million has been allocated to charity. For more information, please visit www.exitrealty.com and www. joinexitrealty.com.

BILL

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chain of command."

The reform bill calls for a new, fulltime ombudsperson to receive, investigate, and assist in resolving complaints related to the health, wellbeing, and rights of residents at veterans' homes. To effectively aid these efforts, a public hotline would be created for residents and staff members to direct concerns.

The bill would also task the Department of Public Health with regularly inspecting the homes, with all inspection reports to be made public.

Also under the legislation, superintendents of veterans' homes would be required to fulfill certain criteria,

including being a licensed nursing home administrator with experience running a long-term care facility. Priority would be given to superintendent candidates who are veterans, officials said.

In addition to altering the command structure responsible for managing veterans' homes, the bill would also create a statewide Massachusetts Veterans' Homes Advisory Council, tasked with recommending policies to the Secretary of Veterans Services.

Moreover, the bill would require each facility to have a full-time specialist in infection control and emergency preparedness. Additionally, the homes would be required to maintain organizational plans, updated annually, for both normal operations and emergency operations.



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CORNERSTONE

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visit cornerstonebank.com. About Cornerstone Bank

Cornerstone Bank was formed in 2017, born of a long history of supporting the community, and providing a strong foundation to help people and businesses thrive. Serving Worcester County, Massachusetts, Cornerstone Bank's local presence and community-based banking model enables a unique ability to deliver outstanding service, with a personal touch. Cornerstone provides the highest level of service and expertise for individuals, businesses, and community organizations with branch locations throughout Central Massachusetts. Cornerstone works to connect customers with opportunities, through a broad range of deposit and loan products, and services. Built on Trust is not just a tagline, but also one of our guiding corporate values. Whether a business or personal partnership, Cornerstone stands on the foundation that relationships are built on trust. To learn about Cornerstone Bank's personal and business banking offerings, please visit cornerstonebank. com or call 800-939-9103.

Clinical experiences lead LPN to a career in mental health nursing



Laurie Dennett

CHARLTON — Laurie Dennett, LPN of Southbridge was introduced to nursing as a Homecare patient care assistant (PCA) in Oxford back in 2010. For five years she assisted with activities of daily living (ADLs), meal preparation, medication administration, lifting, positioning, range of motion (ROM), blood sugar monitoring, vital signs, end of life care, and comfort measures. She then worked as a nurse's aide at St. Joseph's of Abbey in Spencer for a year. She provided direct patient care, positive patient interactions, safely used Hoyer/Sara lift, monitored confused residents, maintained infection control, and mastered time management. In 2015, she was accepted to Bay Path Practical Nursing Academy. She graduated in 2016 and passed the NCLEX-PN and became a Licensed Practical Nurse (LPN) on her first try!

It was at Bay Path, she recalled, at her various clinical rotations: The Overlook Masonic Home (Charlton), Vibra, The Meadows (Rochdale), Fairlawn Rehabilitation Hospital (Worcester), Southbridge Rehabilitation Center (Southbridge), and Brookside Nursing & Rehab (Webster) that her love of the field and working with clients with mental

health challenges emerged. Her passion for psych nursing became evident from the start of her clinical courses. Her first job as an LPN was with the Commonwealth of Massachusetts DDS. She provided exceptional direct patient care to the developmentally challenged and psychiatric population while continuing to improve and master her skills in G-tube care/reinsertion, tracheostomy care/suctioning, bladder catheterizations, administering injections, transcription of Doctor's orders, maintenance of Medication Administration Records (MARs), and communication with Health Care Providers, family members, and guardians regarding client care. She was there to update them on the client's conditions and to lend a supportive ear when they vented their emotions.

When Dennett was hired at Behavioral Health Center, she shared with Gretheline Bolandrina, DHA, MSN Ed, RN, CRRN Academy Director, "I started my new position in Psych nursing!" She exclaimed, "I absolutely love it. Never thought my journey would take me there. It's a great hospital. I'm very impressed." Several months into her job and she stated, "I'm fantastic! I'm loving it, psychiatric nursing."

Bolandrina stated, "Every day, Dennett would not only give prudent care to her clients but would also care for their significant others and families. It is clear that she is caring, professional, and inspiring.

Dennett's success and experiences would motivate practical nursing (PN) students at Bay Path. There, thanks to the faculty, staff, and the supportive learning environment, PN students get a solid foundation in nursing and as student leaders.

Dennett is building on that foundation, combining her love of nursing and interest in psychiatry, and living her dream of working as a mental

healthcare provider.

Dennett shared, "The first thing I would tell someone who wanted to become a nurse would be to research nursing. Make sure it is something you are truly passionate about. There are so many nurses out there who are not happy with what they are doing, and it shows. It's not fair to the individuals we are caring for. Our patients deserve the best version of ourselves to give them the best care possible. It's not always about the money in the end. It's the reward of a smile, a thank you, or a difference you may have made in someone's life."

While her love of nursing and passion for mental healthcare keep her smiling, Dennett frequently checks in with Dr. Bolandrina, finding herself fascinated by mentorship.

Dennett stated, "The most organized part of my nurse life would be working smarter not harder. Setting goals, planning for emergencies, communication, and working as a team. Team shift huddles are great to keep everyone on the same page."

Like most nurses, Dennett always wants to give back.

For PN students, she shares that, The simplest part of being a nurse is the satisfaction of knowing you touched or changed someone's life by your own actions. And the most complex part of nursing is feeling like I need to know everything. I've been a nurse for six years and I continue to learn something new every day.'

"Laurie has been a great inspira-

tion for our students," Bolandrina said. "Her experience as an LPN makes her very capable and valuable."

Both agree that every nurse must have something outside of the profession that you truly love and care about. A nurse cannot be there for others if he/she doesn't have something for his/herself. Dennett's bucket list check-offs include skydiving, mountain climbing,

beating cancer!

CORRECTION

In the March 10 edition of this paper, our correspondent misunderstood two points in Larry Spotted Crow Mann's presentation. The cultural center's name, Ohketeau, means "a place to plant and grow" according to its website and is not based on his son's name, Kehteau. It's in Ashfield, not Belchertown; the Belchertown land is property the tribe is still trying to obtain from the state.

We deeply regret any confusion that may have resulted from these unintentional errors.



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Worcester Academy announces Honor Roll And Headmaster's List

Honor Roll and Headmaster's List for Semester 1 of the 2021-2022 School Year. The honors represent the achievements that each of these Worcester Academy students has earned through academic excellence, challenge, and personal growth. Among the students are:

Colin Hughes of Charlton, Class of 2022, Headmaster's List. Avery List of Charlton, Class of 2022. First Honors.

Lauren Potvin of Charlton, Class of 2022, First Honors.

Camden Blum of Charlton, Class of 2023, Headmaster's List. Jefferson Upton of Charlton.

Historical Society

to host program on

women inventors

AUBURN — The Auburn Historical

Society is happy to announce that

their monthly meetings will begin on

Thursday, March 17, at the Auburn

will be "Women Inventors," given by Sari Bitticks, president of the Auburn

Historical Society and Museum. Women

are created with many inventions, some

of which will surprise you, including

one item none of us can live without.

The topic of this particular meeting

Senior Center at 6:30 p.m.

of 2023 Headmaster's List

Mavrick Rizy of Fiskdale, Class of 2023, Headmaster's List. Lauren Wood of Sturbridge,

Class of 2023, Headmaster's List. Michael Detarando of Fiskdale, Class of 2024, First Honors.

Ava Detarando of Fiskdale, Class of 2025, Headmaster's List. Nicole Pelski of Sturbridge, Class of 2025, Headmaster's List.

About Worcester Academy Founded in 1834, Worcester Academy is an independent day and boarding school for boys and girls in grades 6 to 12 (and postgraduates). Located in the thriving city of Worcester, the

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safety and cleanup gear, a reusable

bag, snacks, and a boxed lunch. Visit

auburnchamberma.org to sign up!

Meet at Auburn Fire Rescue head-

WORCESTER — Worcester Class of 2024, Headmaster's List. Academy provides an excep-Academy proudly announces its Kate Gagnon of Fiskdale, Class tional and time-befitting educational experience that fosters personal growth, nurtures a sense of belonging and well-being, and develops intellect and understanding through authentic community engagement and real-world experiences. Students, who are joyful and curious, define what it means to "Achieve the Honorable" and are equipped to honorably impact the world

wherever they go. For information about the Worcester Academy, contact Neil Isakson, director of external communications, at 508-459-6918 or e-mail him at neil.isakson@ worcesteracademy.org.

PΔW

of the WEEK



MEET JEB! Good with kids and dogs. He's an 11-year-old, 50lb, male lab/ hound mix pup! Jeb is basically the man lol! He's got such a great presence

Jeb is kind and confident and has really good dog skills. He may have some lumps & bumps due to age, but man can this boy run, and he loves to play! He's calm and chill but if another dog says let's go... he's play bow central and showing his stuff! We just love his spirit! If you're looking for a buddy look no further... this handsome man could be the pup for you!

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Forest and Park Friends urges state legislature to adequately fund DCR properties



 Understanding WORCESTER that DCR properties are facing a billion-dollar maintenance backlog, the Massachusetts Forest and Park Friends Network—an organization comprised mainly of Friends groups who support state parks and recreation sites—asked the public for their list of park priority

Not wanting to focus on the negative though, the Friends' survey also included a request to recall, in specific terms, any especially enjoyable moments they had enjoyed in a Massachusetts State

The response was amazing.

"I enjoy many parks around central and eastern MA with my dogs, husband, siblings, nieces and nephews," one response began. "The outdoors are crucial to our well-being. We frequent the Blue Hills, the Fells, Callahan State Park, Mt Pisgah in Berlin, Hale, Noanet, the Midstate Trail, and Mt Wachusett among others."

It was clear that many residents use the parks in multiple ways, like hiking, biking, riding, swimming, kayaking

"I have loved riding my horses with friends in the Blue Hills," one survey respondent wrote. "Taking my kids out onto the DCR property is a great way to spend time outside.'

"Kayaking on Williamsville pond, Burnshirt Rd, Hubbardston, paddling and observing the wildlife, cranes, red-winged blackbirds and sometimes,

In times of personal crises, or national emergencies, DCR properties are

"Going through cancer treatment was tough," one woman recounted simply. "My husband would take me for rides to different places. Often I sat in the car or did short walks. But enough to clear my head."

One visit is never enough: many of those who use the parks develop a relationship with their favorite spots.

"Hiking, cross-country skiing, bike riding on the trails in the Douglas State Park and Wallum Lake State Park is great," a respondent commented, "The improvements made to the trails over the past few years by DCR and volunteer groups have made for an enjoyable experience, especially during covid.'

It is said over and over but deserves repeating: DCR properties are one of

those rare places that have appeal for the whole fam-

"Family swim time," one person noted simply. Another elaborat-

"Fishing expeditions with my grandsons, yearenjoy watching neighborhood kids ice skating I. Winter and canoeing or kayaking in summer."

mainte-The nance needs are obvious: but so are those sites where, somehow, staff and volunteers do a remarkable job.

"I discovered

Lake Dennison three years ago. I'm in love! Clean and just a beautiful spot."

"Hiking, wildlife watching, bird watching, wildflowers at Upton State Forest. I have also enjoyed seeing and learning about the historic resources including the CCC Camp and the evidence of early settlement throughout the forest. At River Bend Farm I have enjoyed hiking along the canal and visiting the museum in the Visitors Center. "There are many recreational and entertainment venues that promise remarkable experiences. But parks and forest areas more often deliver!

"We saw a beautiful bobcat in Petersham Forest," one respondent noted. Another found family history...

"Brimfield State Forest. During 1933-1935, my father and uncle served in CCC. It was awesome to find the exact spot they help build from the photo albums they created.'

"Seeing a praying mantis!"

"I closely observed a mockingbird choosing a nest site last week in North Point Park."

Some were dedicated to one park, or part of the state.

"Cape Cod, any beach," one swimmer

"I particularly enjoy the historic displays, videos and programming that is shared at Heritage State Park in Fall River - I also love the interpreters who are on site to answer questions! I enjoy hiking in the Freetown-Fall River State Forest- I really like seeing the historical areas like stone lined springs, and Profile Rock, etc."

"I make a few trips each year to Horseneck Beach and I appreciate the bike path the most, as well as the outdoor showers and bathroom facilities."

"I love camping at Scusset Beach to fish Cape Cod Canal for Bluefish and Striped Bass," a fishermen said.

"Hiking with my dog and riding my horse with friends in the Douglas State Forest and on the Southern New England Trunkline Trails. So nice to enjoy the serenity of nature and the natural setting of woodland trails meandering alongside ponds and streams. It's a way to get away from the busy roads and lifestyles and let go of stress," a nearby resident exclaimed breathlessly. "I'm there daily for recreation and fitness - these parks are an important reason I chose Douglas for my residence. '

Others range far and wide across the

"I enjoy the Alewife Reservation which is very near my house. It's great for birdwatching, biking, walking. I also love the Harbor Islands, The Fells. Last summer I visited Halibut Point which

"Sunrise runs at Borderland SP are

a highlight of my life. Camping at Myles Standish, Otter River, Massasoit, Lake Dennison, Mohawk Trail, etc. are always a highlight of every summer. "

"I walk most days at the Eel River Preserve," a Plymouthean noted. "Just xc skied at Myles Standish SF. Go there as much as I can when there is snow. Biked there this year too. Biked at Burrage in Hanson recently. Have visited...Borderland, Massasoit, the one in Abington, Wampatuck, Bay Farm. Crane WMA, Rocky Gutter, Worlds End Forefathers, Pilgrim Memorial, Frazier Memorial, Freetown, Bay Farm... probably more.

Some have specific goals in mind. Other seek a specific state of mind.

"I have camped at a DCR property 2 times a year for 3 weeks in the summer every year for the past 42 years,' a real friend of the forest noted. "I am a life-long visitor and lover of my state

"Peace and solitude," another simply stated. "I love going to Ellisville Harbor State Park and seeing the seals."

"Hiking the numerous foot trails, getting exercise, natural stimulation and staying young."

Reading their comments, it is obvious that there is a kind of "word of foot" that happens between hikers and bikers and frequenters of these properties. One visitor tells another, who brings another along, who posts a picture and so – good news or bad – the word gets

What is perhaps most remarkable is that, despite their neglect by the state people keep going, keep volunteering, keep hoping that their representatives will realize that funds allocated to parks and recreation is smart investment in our future well-being.

The Massachusetts Forest and Park Friends Network is submitting their full survey to the state legislature, urging them to allocate \$100 million of ARPA (American Recovery Plan Act) funds—the amount that the Governor originally requested for the DCR before our legislators reduced it to a paltry \$15

Projects eligible for ARPA funding include \$12 million for construction/ reconstruction of critical links to the Blackstone River Greenway, a partially completed 48-mile trail system that would connect Worcester, MA, to Providence, RI. DCR has made completing the Blackstone River Greenway a high priority since 1980, and now we have a once-in-a-lifetime opportunity to use the ARPA funds to make it happen.

For more information visit WWW. DCRFriendsNetwork.org. To take the survey yourself, visit: https://bit.ly/3v-

CLUES ACROSS

- 1. Type of footwear
- 10. Adventure story
- 14. Hundred thousand 15. Former U.S. Vice President
- 16. Ruler 17. Indian city

42

- 18. Similar 19. Ship as cargo
- 20. Volcanic craters
- 22. Boxing's "GOAT" 23. Bullfighting maneuvers
- 24. London soccer team 27. Score perfectly
- 30. No (Scottish)
- 31. SoCal hoops team (abbr.)
- 32. Woman (French)
- 35. Unwanted attic "decor" 37. Peter Griffin's daughter
- 38. Broad, shallow crater 39. Large instruments

- 40. Low bank or reef

CLUES DOWN

1. Type of sauce

69. Old English letters

68. Chicago mayor

and Venzetti

45. Pairs well with green

49. Chemistry descriptor

56. Heavy cavalry sword

61. Spa town in Austria

67. Fiber from the coconut

60. Thick piece of something

64. Norse personification of old age

48. Midway between northeast

44. Aggressive men

46. Travelers need it

47. Digital audiotape

52. S. China seaport

and east

55. Sound unit

63. Boyfriend

65. Type of box

66. Tie together

43. Father

- 33. City in Georgia
- 2. Pattern of notes 3. Plant with long seedpods 4. Map out
- 5. Numbers cruncher 6. Make a mental connection
- 7. Italian tenor 8. N. America's highest
- mountain peak 9. Witness 10. Arabic given name
- 11. Music awards 12. "The Immoralist" author
- 13. Area units 21. Units of loudness
- 23. Political action committee 25. Bar bill
- 26. Witch
- 27. A theatrical performer 28. 2-door car
- _ and flowed
- 32. Papier-__, art medium

M

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- 34. Irregular
- 36. College sports conference
- 37. Angry 38. Partner to cheese 40. S. American mammal
- 41. Self-immolation by fire rituals 43. Split pulses
- 44. Disfigure 46. Cow noise
- 47. Erase
- 49. Chadic language 50. Reward for doing well
- 51. Paid TV 52. Millisecond
- 53. Other 54. Colombian city
- 57. Necklace part 58. Every one of two or more people

59. Regrets

- 61. They come after "A"
- 62. Horse noise
- Э \forall Э Τ \forall Я \forall 3 3 Ω \forall В \forall 7 8 В В 3 OA В 3 В О 0 Š M \exists S a A Я Э К

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\$560,000, 10 Ridgewood Dr, Gaffney, Steven E, and Gaffney, Stephanie L, to Haglund, Shonna, and Bocsi 3rd,

\$376,000, 136 Auburn St, Doty, Theresa, to Negron, Marilyn.

\$360,000, 25 Marion Ave, Samuel L Est, and Oconnor, Tara, to Gentile, Charlsey L, and Penney, Eric D.

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Priscilla A, and Enman, Cindy A, to Premium Const Svcs Inc.



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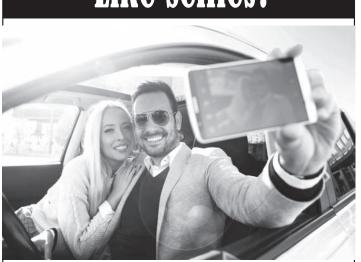


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THE AUBURN NEWS (546-680) is published weekly for \$45 per year (in county) by Stonebridge Press, 25 Elm St., Southbridge, MA 01550. Out of county rate is \$56 per year. Periodicals postage paid at Southbridge. To subscribe call (800) 367-9898. POSTMASTER: Send addres changes to The Auburn News, P.O. Box 90, Southbridge, MA 01550

_EGALS

LEGAL NOTICE NOTICE OF PUBLIC SALE

Notice is hereby given by Boulevard Towing of 550 Franklin Street Worcester, MA, pursuant to the provisions of Mass G.L c. 255, Section 39A, that they will sell the following vehicles on or after March 26, 2022 beginning at 10:00 am by public or private sale to satisfy their garage keeper's lien for towing, storage, and notices of sale. Vehicles are being stored at Boulevard Towing. 1. 2012 Jeep Grand Cherokee VIN 1C4RJEAG0CC355590 2. 2013 Hyundai Elantra VIN

5NPDH4AE4DH416072 3. 2013 Honda CRV VIN 2HKRM4H77DH635228 4. 2010 Honda Accord VIN 1HGCP2F38AA179391 5. 2010 Audi Q5 VIN

Signed, Pat Assad, owner **Boulevard Towing**

WA1LKAFP7AA006479

March 11, 2022 March 18, 2022 March 25, 2022

Quinsigamond Community College student honored as Newman Civic Fellow



Thiago Zakaitis

WORCESTER Quinsigamond Community College Phi Theta Kappa Honor Society (PTK) student Thiago Zakaitis was named one of 173 student civic leaders nationwide who will make up the 2022-2023 group of Newman Civic Fellows. Mr. Zakaitis will join students from 38 states, Washington, D.C., and Mexico to form this elite student group.

Newman Civic Fellowship recognizes students who stand out for their commitment to creating positive change in communities locally and around the world. The fellowship is named for the late Frank Newman, one of Campus Compact's founders, a national coalition of colleges and universities working to advance the public purposes of higher education. Dr. Newman was a tireless advocate for civic engagement in higher education. In the spirit of Dr. Newman's leadership, each year Campus Compact member presidents and chancellors are invited to select one outstanding student for nomination from their college cam-

Mr. Zakaitis will soon earn

his Associate Degree in Liberal Arts-History at QCC, and plans to transfer to Framingham State University and continue his education in history, in addition to minoring in secondary education. As a member of QCC's PTK Honor Society, he has taken part in a variety of community service projects that include helping neighbors remove snow from their houses; assisting in church events such as a Brazilian June celebration, taking part in the Fourth Marlborough St. Vincent de Paul Friends of the Poor Walk, and helping build a college scarecrow to bring awareness to food insecurity.

When I am not studying or helping the community, I am working on my internship with FSU, where I am a teaching assistant for professors that teach dual-enrollment classes to high school students across

Massachusetts," Mr. Zakaitis

Through the fellowship, Campus Compact will provide students with a year of learning and networking opportunities that emphasize personal, professional, and civic growth. Each year, fellows participate in numerous virtual training and networking opportunities to help provide them with the skills and connections they need to create large-scale positive change. The cornerstone of the fellowship is the Annual Convening of Fellows, which offers intensive skill building and networking over the course of two days. The fellowship also provides fellows with pathways to apply for exclusive scholarship and post-graduate opportunities.

congratulate Thiago for earning this prestigious honor. His commitment to his community and helping others is an exemplary example of QCC's student body," said QCC President Luis G. Pedraja,

"We are proud to name such an outstanding and diverse group of students Newman Civic Fellows," said Campus Compact President Bobbie Laur. "Their passion and resolve to take action on the wide range of issues challenging our neighborhoods and communities is inspiring and deeply needed. We cannot wait to engage with them through this transformative experience."

For more information about QCC, contact Karen Hutner, Interim Director of **Institutional Communications** at 508-854-2842 or khutner@qcc. mass.edu.

Guest speaker has Master Masons asking Questions

SOUTHBRDIGE On Monday, March Quinebaug Masonic Lodge in Southbridge welcomed one of Boston's Best local authors, guest speaker David Brody. He is an Amazon bestselling fiction writer and author of 16 novels. The Lodge was open to the public and was packed with Master Masons and people from the community who came to listen to what he had to say about "Exploration of America before Columbus.

His children call him a "rock nerd" because of the time he spends studying ancient stone structures. He believes there is evidence of exploration of America prior to Columbus. He is a graduate of Tufts University and Georgetown Law School. He has served as a Director of the New England Antiquities Research Association (NEARA) and is an avid researcher in the subject of pre-Columbus exploration of America. In his first 12 books, he writes about the Knights Templars American series. This series is an Amazon Kindle top 10 bestsellers. Eight titles have become the #1 bestseller in their category. Due to his extensive knowledge in this area, he has frequently appeared as a guest speaker on documentaries airing on the History Channel, Travel Channel, PBS, and Discovery Channel.

During his presentation, David showed numerous slide shows of artifacts and sites from around New England which offer evidence of exploration of North America before Columbus in 1492. In Westford, Medieval stone of a blade punch-marked into the bedrock stone which looks like a Knights Templar sword. Also, a big rock called the Westford boat stone, is a ship carving into the stone, possible is related to a Scottish Earl Prince Henry Sinclair in 1398. Newport Tower in Rhode Island, carbon-dating was done on the mortar stone indicates 1400 construction. Also, the Rune Stone in Narragansett Bay, you can only see the inscriptions engraved on the stone at low tide. In Maine a medieval stone carving on a rock called the Spirit Pond Rune Stone near Popham beach. Also, up in Nova Scotia, Oak Island, he talks about the Knights Templar who visited



Author and one of Boston's bestselling fiction writers David Brody answering questions with all his books on the screen in the background that he has written. It was a very interesting and educational evening for all those who attended.

that Island. His list goes on and on about all the discoveries made and all the stones, carbon-dating tested back prior to 1492 before Christopher Columbus. If you are a history buff and want to read additional interesting information about this pre-discover of artifacts prior to Columbus, go to westfordknight.blogspot.com.

This was a very educational evening for the Master Masons and the public who attended and listen to quest speaker David Brody. Many questions were asked after the presentation and many of his books were up for sale for those interested in his writing. If you would like more information about Freemasonry, go to www. massfreemasonry.org to find a lodge nearest you.













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Frank G. Chilinski STONEBRIDGE PRESS PRESIDENT AND PUBLISHER

BRENDAN BERUBE

Strong women make bistory

International Women's Day may seem like a new progressive holiday however it stems back to 1909 when planners organized a day for Women on Feb. 28 in New York. One year later, the International Socialist Woman's Conference announced that a day for women be held each year.

Fast forward to 1917 in Russia, where, on March 8, women were given the right to vote. In 1975, the holiday was adopted by the United Nations.

The long and the short is that this day is a day to celebrate women past, present and future. With that said our staff chose to highlight the women that we feel have had a standout role in influencing how our world operates today. The list was endless, therefore naturally hard to choose, so in order to prevent a 200-page editorial we narrowed the list down to our favorites.

Social reformer Emmeline Pankhurst founded the Women's Social and Political Union in 1903 to campaign for the parliamentary vote for women in Edwardian Britain, 'Deeds, not words' being its motto. Pankhurst is described as a charismatic leader and powerful orator, Pankhurst rallied thousands of women to demand, rather than ask politely, for their democratic right in a mass movement that has been unparalleled in British history. The battle did not come without consequences, she endured 13 imprisonments, leading her name and cause becoming known throughout the globe.

At the age of 15, Claudette Colvin was arrested at the age of 15 in Montgomery, Alabama when she refused to give up her bus seat to a white woman. This event gave the famous Rosa Parks the courage to do the same. Colvin was one of five plaintiffs involved in the federal court case filed by civil rights attorney Fred Gray in 1956, in which they challenged bus segregation. The outcome was that a judge ordered that the local laws in regards to bus segregation were unconstitutional. To find Colvin's name in a history book is rare. This in part because she was an unmarried teenager who apparently was with child. Colvin went on to become a nurse's aid. In an interview in 2005, Colvin said, "I feel very, very proud of what I did. I do feel like what I did was a spark and it caught on."

As for recognition, Colvin said, "I'm not disappointed. Let the people know Rosa Parks was the right person for the boycott. But also let them know that the attorneys took four other women to the Supreme Court to challenge the law that led to the end of segregation.

Colvin's family has been trying since 2016 to have her recognized and honored in the National Museum of African American History and Culture. Colvin was not invited officially to the opening of the museum in 2016.

Marie Curie is the next on our short list. Curie was a Polish and naturalized-French physicist and chemist who was the first to delve into radioactivity. Curie who was born in 1867, was the first woman to win a Nobel Prize, and the only person to win it two times. Collecting several firsts, Curie was the first woman to become a professor at the University of Paris. In a time when most women spent their days in the home taking care of their children and husbands, Curie had to smash several ceilings for her own advancement. Curie was known for her honesty and moderate lifestyle. All of her prize money, she donated to scientific research and refused to copyright the radium-isolation process so that her fellow scientists could continue research unhindered. In 2011, Poland and France declared the year would be 'The Year of Marie Curie.' She became the first woman to be entombed on her own merits in the Pantheon in Paris in 1995.

In 1933, Eleanor Roosevelt turned the position of First Lady from benign symbol to an active and intellectually vigorous power center. Roosevelt served as the United States Delegate to the UN General Assembly from 1945 to 1952. Roosevelt was the topic of much controversy for her outspoken nature, especially in regard to civil rights for African-Americans. She was the first, First Lady to hold regular press conferences, host a weekly radio show and to speak at a

Turn To EDITORIAL page A9



Under the direction of Dr. Stella Richard, Bay Path Regional Vocational Technical High School now has a state-of-the art animal science program that it offers to its students, based off site of its main Charlton campus. Pictured (L-R) leaving the school and headed to their program are students Alysha Szafarowicz, Adriana Stanley, Hailey Benoit, Miranda Lincoln, Madisyn Kozlowski, Abigayle Linde, Meredith Clark, Macaylah Miller, Miranda Lincoln, instructor Stella Richard, Cody Savary, and Gabriela Rivera Burgos.

Maple Syrup Part II

As noted in last week's column, for many New Englanders, the silver lining of a long, cold winter is the promise of the season's first sweet maple syrup. The centuries old-ritual of tapping sugar maple trees remains a familiar sight on country roads. Thus, in recognition of

the state's longtime annual tradition of tapping trees, March has been designated Maple Month by the Massachusetts Maple Producers Association.

I thought it fitting that this week we continue the celebration of marvelous maple! Read on for more virtues of the sweet stuff as well as some recipes and fun facts about maple:

Virtues of Maple: While most people favor the thick, sweet syrup as the crowning glory of a stack of pancakes or plate of waffles, the virtues of maple are many, and the syrup is being rediscovered as a

natural and diverse sweetener. Pure maple syrup, with its rich, unique flavor is quickly being appreciated by those who prefer a natural, unprocessed sweetener. The natural syrup contains the same calories as sugar, and offers a higher concentration of minerals than honey.

In addition to the extraordinary taste, there are many more virtues of maple. The zinc supplied by maple syrup acts as an antioxidant and has other functions that can decrease the progression of ath-

Moreover, research reveals manganese, the other trace mineral amply supplied in maple syrup, can help raise the level of HDL (the "good" cholesterol). Maple syrup also includes small and trace amounts of calcium, B2, B5, B6, riboflavin, potassium, pantothenic acid, pyridine, phosphorous, niacin, iron, biotin, and folic acid.

In fact, according to Maine Maple Producers Association, the medical journal Pharmaceutical Biology revealed that pure maple syrup contains up to 24 different antioxidants.

These antioxidants, in the form of phenolic compounds, are beneficial for reducing free radical damage that can cause inflammation and contribute to the formation of various chronic dis-

Note: Whenever possible, select darker, grade B maple syrups since these contain more beneficial antioxidants than the lighter syrups do.

Making the Grade: The first maple syrup, produced in the beginning of the season is usually light amber. As the season continues, medium, dark and finally Grade B syrup is produced.

*Grade A Light is very light, which has a delicate taste, is used to make maple sugar candy and is also a favorite for crepes or waffles.

*Grade A Medium Amber, is a bit darker, and has more maple flavor. It is the most popular grade of table syrup, and is usually made after the sugaring season begins to warm, about mid-season.

*Grade A Dark Amber, is darker yet, with a stronger maple flavor. It is usually made later in the season as the days get longer and warmer.

*Grade B is made late in the season, and is very dark, with a heavy maple flavor. It's often used for cooking and extracts.

Maple Syrup Facts:

It takes approximately 40 gallons of sap to make 1 gallon of maple syrup.

It takes one gallon of syrup to produce eight pounds of candy or sugar.

The sugar content of sap averages 2.5%, of syrup 66.5%.

A maple tree is usually TAKE THE HINT

KAREN TRAINOR at least 45 years old and 12 inches in diameter before it is tapped. As a tree increases in

diameter, more taps can be added: up to a maximum of four. Tapping does no perma-

nent damage to the tree and only about 10% of the sap is collected each year.

Each tap yields an average of 10 gallons of sap per season: that yields about one quart of syrup.

Warm sunny days (above 40 degrees F) and frosty nights are ideal for sap flow.

The Maple season may last 4 to 6 weeks, but sap flow is heaviest for 10 to 20 days. Sap flowing in high volumes is called

The harvest season ends with the

arrival of warm spring nights and early bud development in the trees. Syrup Recipes

The following recipes are easy and delicious ways to add a taste of pure maple syrup to your meals.

New England Maple Marinade This marinade combines maple and spices that flavors meat perfectly.

Ingredients: ½ cup maple syrup1/4 cup soy sauce; 1/4 cup sherry; 1/4 cup ginger; 3/4 tsp dry mustard; 1/8 tsp nutmeg; 1/4 tsp cloves; ½ tsp salt Directions: Mix together all ingredients well. Marinate the meat overnight. Grill, basting frequently.

Old Fashioned Maple Syrup Cold Cure Old New Englanders tout this concoction as a remedy for the common cold.

Ingredients:1 part maple syrup; 1 part lemon juice; 2 parts whiskey; 4 parts ice Directions: Combine all ingredients and shake or stir. Sip and sleep well.

Maple Beef Stew

A perfect cold weather comfort food, this tasty beef stew can also be cooked in a crockpot.

Ingredients:1/4 cup flour: 1/2 cup dry red wine; 1 clove of garlic - crushed; 1/4 tsp celery salt; 1 ½ lb stewing beef in cut in 1 inch cubes; 19 oz can of chopped tomatoes; ½ cup dry red wine; 1/4 cup maple syrup; 4 potatoes - peeled and diced; 2 carrots - peeled and sliced

Directions: Combine flour, salt and pepper, garlic and celery salt. Add beef. Pour into a casserole dish or crock pot. Add remaining ingredients and ½ cup water. Cover and simmer over low heat for 2 ½ to 3 hours. (Or cook for longer in the crock pot on medium)

Win Dinner for Two at the Publick House – Contest has resumed!

Your tips can win you a great three course dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

Use your financial strategy like GPS

When you're driving these days, it's pretty hard to get lost because your smartphone's Global Positioning System (GPS) can get you just about anywhere. And as an investor, you can have a similar experience by employing another directional tool – a personalized financial strategy.

Let's look at the parallels between your GPS and this type of strategy.

To begin with, your GPS pinpoints your exact location at the start of your trip - in other



FINANCIAL Focus

DENNIS ANTONOPOULOS

words, it tells you where you are. And when you create a financial strategy, your first step is to evaluate your current situation by answering these types of questions: What are your assets? How much do you earn? How much do you owe? How much are you contributing to your

IRA, 401(k) or other retirement accounts? Once you've got a clear picture of your finances, you'll be ready to begin your journey toward your long-term goals.

Once your GPS has identified your starting point, it will then show you where you want to go and the routes to help you get there. And it's the same with your financial strategy - you want it to help lead you to a particular place in your life. In fact, a well-designed strategy can show you the steps you need to take to help reach more than one destination to a place where you can send your children to college, a place where you can retire comfortably, a place where you can leave the type of legacy you want, and so on.

Here's another element of your GPS that applies to your financial strategy - the warnings. You're certainly familiar with those thick red lines your GPS shows to indicate traffic slowdowns ahead. And while they're annoying, they're also useful in cautioning you that you may arrive at your destination later than you had originally planned. Your financial strategy can also express "warnings" about events that could hinder you from reaching your goals. These obstacles might include an illness or disability that could keep you out of work for a while, or the need for some type of long-term care, such as a nursing home stay or the services of a home health aide. Your financial strategy can not only identify these threats, but with the guidance of a financial professional, suggest potential

solutions. In addition to providing warnings about things such as heavy traffic and road construction, your GPS can change your route if you miss a turn or if you decide, for whatever reason, to go a slightly different way. Your financial strategy can also show you alternatives, if it's comprehensive and overseen by a financial professional, who, using specialized software, can create hypotheticals illustrations that provide alternative outcomes for different steps, such as retiring at various ages, investing different amounts each year or earning different rates of return. These hypotheticals can be quite helpful to you as your chart your course toward your goals, especially if you need to change your plans along the way.

Your GPS and your financial strategy are two great tools for helping get you where you want to go.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert St.. Auburn, MA 01501 Tel: 508-832-5385 or dennis.antonopoulos@edwardjones.com.



The terrors of tuna fishing

An early turnout at the Providence Saltwater fishing show last week was great, but the late turnout of anglers on opening day was a bit disappointing to show exhibitors and promoters of the event. Saturday and Sunday, however, the

turnout was very good, with a lot of sales of fishing equipment, and charter boats picking up numerous bookings for the upcoming 2022 season. We live in a whole new world today, and the effects of the Covid outbreak and the war in Ukraine are going to have a log lasting effect in everyone's daily lives for years to come. After speaking with numerous anglers that did attend the show, they reported that

had a great time. My brother Ken & I arrived at the show early on Friday, and got to speak with numerous show exhibitors that were hopeful this year would be back to the years past, but were not too optimistic. We were surprised to bump into former police chief Jack Creighton of Uxbridge on Friday at the show. He is an active saltwater fisherman that enjoys all kinds of fishing activities, more so after his retirement. He now resides on the Cape, and does not have far to go to go fishing! He mentioned that he had made a booking for a bottom fishing trip with Captain Mel True this year. I am sure he will have a great time, if the weather cooperates.

Numerous boat captains were also concerned about this year's fishing season regulations, that were still not finalized. With the rising fuel prices, new concerns about increasing their fares for anglers, was something they were reluctant to do, but may have no other way to stay in business.



I spoke with numerous charter boat captains that take out anglers to catch tuna. The last few seasons have been great according to their reports, and they are hopeful that this season will be as good. The only tuna fishing this writer did was by accident, and

it nearly got my brother Mel and I killed back in our early days of saltwater fishing. Fishing out of one of my early fishing boats, which was a twenty-one MFG vessel, we were at the end of a day's fishing out at Block Island, R.I. The weather was perfect, with light winds and sunny skies. We had caught numerous fish species and were headed back to the mainland, happy with the great day of fishing.

I decided to attach a large point Judith plug to my 20-pound test line, and after letting it out a few hundred feet in back of the boat, we sat back to enjoy the day. We trolled the single plug hoping to catch a big striper. As we got back to the area of old harbor, we observed a huge fish roll in back of the boat. The rod quickly started to bend, and the reel was screaming as the line peeled from the spool. I quickly grabbed the rod, and I wwas extremely excited. I told my brother to grab the steering wheel and turn us around, as there was not much line left on the spool. We started to chase the huge fish to retrieve some of the line. We worked the boat around numerous lobster pots and soon found ourselves back to the other end of the island.

"Break it off, Ralph," my brother yelled. «You are not going to land that tuna, and you do not have a permit to keep it anyway.

Not listening to his recommendation,

need the space. This

will provide two har-

vests from one row. The

row cover eliminates

problems with root

maggots on radishes,

cabbage worms on cole

crops, and rabbits from

dining on them all.

I told him to keep steering the boat, and be quiet. I just want to get him in and take a picture. Suddenly, we found ourselves in a thick fog bank that had rolled in. The wind started to pick up and we had lost all sense of direction. I started to put a bit of pressure on the huge fish and the line snapped.

After realizing the predicament we were in, I quickly took control of the steering, and tried to gain some sense of where we were. Only using a compass heading we were fortunate enough to hear some waves breaking off of the shoreline, and I was relieved that we ended up at the far end of the island. I told my brother to check our gas supply, as I knew we were running low. He reported that we were lucky to have a gallon of gas left.

"We are in trouble," I stated.

"I told you to break the fish off a long time ago," my brother stated numerous

I was ready to throw him overboard! We soon found ourselves at the entrance to Old Harbor on the island. I do not know how the motor was still running. As we slowly maneuvered the boat alongside a boat dock, the engine stalled! We were out of gas! I tied the boat up, and grabbed the empty tank hoping to get some gas. No gas here! I had to take a taxi to the other side of the island to get some gas. After spending a large sum of money for the taxi fare and six gallons of gas, we were on our way to the mainland. It was an extra-long ride back to the mainland as the seas were a bit rough, and I had to listen to my brother whining. It sure was a fishing trip to remember! My brother Mel passed away a few years go & is sadly missed, but our memories of our fishing will never fade!

Freshwater fishing on lakes and ponds should see numerous anglers



Photo Courtesy

This week's picture shows some big cod taken on the Clipper fleet boat only a few years ago. It is unlikely this type of fishing will ever return for charter boat anglers. The Clipper fleet has ceased operation!

breaking out their boats to do some early fishing in the coming days and weeks, but anglers are reminded that Wallum Lake in Douglas is closed to all fishing, as the lake is governed by Rhode Island regulations, and will not reopen to fishing until the second Saturday in April. Fishing Cape ponds should be providing some great freshwater fishing if you can afford the gas to get there. Taking along another angler to share the expenses, could help alleviate the pain at the pump.

Take a Kid Fishing & Keep Them Rods

Boost your garden's harvest while reducing pest problems

Boost this year's harvest and reduce pest problems with less effort, while being kind to the environment. Employ row covers, chicken wire cloches and crop cages to prevent damage without the aid of chemi-

Floating row covers of spun-bonded or woven materials let air, light, and water through to the covered plantings. The warm air that is captured protects the plantings from frosty temperatures. The coverings also prevent birds from dining on newly planted seeds and eliminate damage by certain insects like flea beetles, onion maggots, seed corn maggots, and leafhoppers that may infect lettuce, celery, and carrots with aster yellows disease.

Cover susceptible seeds and transplants at planting to prevent the insects from reaching the plants. Insects like flea beetles and onion and seed corn maggots overwinter as adults in the soil near the previous season's planting. Move susceptible plants to a different part of the garden to avoid trapping the insects under the row cover with their favorite food source.

Double the benefit with less effort by planting short season radishes with long season cole crops such as cabbage, broccoli, and cauliflower. Harvest the radishes as the larger vegetable plants

GARDEN Moments **MELINDA MYERS**

> Basil and beans are favorites of Japanese beetles. Cover these at planting and since they do not need pollination to

> enjoy the harvest, leave the fabric in place throughout the season. Just lift to harvest and replace.

> Cover squash at planting to prevent birds from dining on newly planted vine borer and squash bugs. The fabric prevents these insects from accessing the plants. Remove the covers when flowering begins to allow pollinators access to the blossoms. Don't use row covers when planting squash in the same location as the previous year. Since squash vine borer insects will overwinter in the soil near the squash plants, the row cover will trap the insects and provide easy access to the plants. Continue to monitor for these pests throughout the remainder of the season.

> Loosely drape the row cover fabric over the planting and secure the edges with boards, pipes, stones, or landscape pins. Commercial setups like the 3-Season Plant Protection Tent include a framework and fabric

covers, making it easy for gardeners to cover and access the plantings. Systems like this include two covers; one to protect plants from cold and a second lighter weight fabric for preventing insect damage during the warmer growing season. Reuse the fabrics as long as they

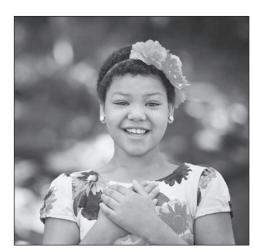
remain intact. Self-supporting mesh enclosures like Pest Control Pop-Ups (gardeners.com) are another option for protecting plantings from insects, birds, and animals. Look for products like this that are simple to install and fold flat for easy storage when not in use. Finer mesh products keep out insect pests while larger mesh wire covers protect plantings from birds and animals, includand ripe tomatoes. Various sizes and designs provide coverage for individual

plants, raised beds and berry bushes.

Make this the year to be proactive at preventing and minimizing pest damage throughout season without the use of chemicals. Your efforts will be rewarded with a bountiful harvest.

Melinda Myers is the author of more than 20 gardening books, including Small Space Gardening and Midwest Gardener's Handbook, 2nd Edition. She hosts The Great Courses "How to Grow Anything" DVD series and the Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Gardener's Supply ing hungry squirrels dining on greens for her expertise to write this article. Her Web site is www.MelindaMyers.com.

* * Triday's Child



Syriana (03/20) Age 15

I love dogs!

https://www.mareinc.org/ waiting-child-profiles#gallery/ child/4949

Syriana is a caring 15 year old girl of Dominican/Puerto Rican descent. Syriana describes herself as pretty, awesome, and a talented artist. Those that know Syriana would describe her as a nice girl who is a little silly and imaginative. Syriana enjoys being creative and working on art projects. She has a love for all animals, especially horses; in fact, Syriana is a great horseback rider!

Syriana's favorite subjects in school are math, language arts, science, and social studies. She especially enjoys learning about different ways to solve math problems. Currently, Syriana's least favorite subjects are gym and music. Syriana has shared that when she grows up, she wants to be a role model for others and raise money for those in poverty.

Syriana is legally freed for adoption and is looking forward to becoming part of an adoptive family! Syriana would like a dog, the opportunity to take gymnastic and art classes, and to be able to go to Disney Land and Lego Land someday. Syriana shared that she would like a potential adoptive family to know that she is brave but afraid of insects, spiders, and worms. Syriana would like a mom, mom and dad or a two mom family. Syriana's three wishes for a family are to respect her, to be nice, and to let her choose a name for the family dog. An ideal family for Syriana would be a family that has had parenting experience.

Can I Adopt?

If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at (617) 964-6273 or visit www.mareinc.org. Start the process today and give a waiting child a permanent place to call home.









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Rms! 2/2/1 Bedrms! 2/2/1 Bathrms! Investors take Notice! Fully Rented! Solid Rental History Long Term Tenants! Conveniently Located! Washer & Dryer Hookups in the Basement for Each Unit! Efficient Natural Gas Heating! Two Driveways provide Off Street Parking for up to 5 Vehicles! Dudley's Low Taxes & Desirable School System! \$336.900.00



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WEBSTER LAKE - 65 Bates Point Rd — Eastern Exposure — Beautiful Sunrises! Year Round — Principle Residence - Second Home — Remodel — Tear it Down and Start Anew! The Choice is Yours! Set on a 12,449' Lot, 50X249', 50.7' Waterfront! Plenty of Area for Expansion! Surrounded by Million Dollar Homes the Pallet is Yours to Create! 5+ Room Ranch with Full Walk-out Expandable Lower Level! Open Floor Plan! Applianced Kitchen, Dining Area and Living Room with Panoramic Water Views! 3 Bedrooms! Full Tile Bath! Oil Heat! Screened Porch! Detached Garage! Dock! Quick Closing! Summer is Just Around the Corner – Don't Delay! **\$710,950.00**



WEBSTER LAKE - 33 Loveland Rd! South Pond - Fantastic 19,243 Waterfront Lot with 125' of Prime South Facing Natural Shoreline which Highlights this 5 Room, 2 Bedroom, 3 Season Cottage! Start Your Lake Memories Here! Cute & Cozy, the Way the Lake Use to Be! Open Floor Plan with Lots of Glass and Panoramic Lake Views! Just Enjoy it as it is, or Add on to it, or Take it Down and Build Your Dream Home Here! Don't Need the Entire Lot, Subdivide it and Bring the Cost Down! Perfect Gentle Slope to the Water! Town Services! \$949,900.00



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WEBSTER - 10 THOMPSON RD



2 FAMILYLLOCATION LOCATIONLOPPORTUNITY KNOCKSL SERI NESS ZONED! PRIME WEBSTER BUSINESS DISTRICT! A LARGE DEEP LOT, 14,875 SF/0.34 ACRE. 9 Rooms, 4 Bedrooms, 2 Baths line in Basement. A QUICK CLOSE IS POSSIBLE.

KILLINGLY CT - 5 BALOUVILLE RD



Extremely Large Duplex! 1000+/- square feet of living space per unit! 4 bedrooms each unit.

WEBSTER - 23 EMERALD AVE.

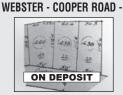


Extraordinary Find! Beautiful 2 Family! Owner occupied with pride and it shows. Grand Front Entry! 3,012 Sf+/living area. 12 rooms, 6 bedrooms, 2 updated Baths. 2nd FIr - Granite Countertops! High ceilings & Hardwood Floors, Modern Kitchens. Manicured 13,525 SF Lot with a Hip roof 3 car garage! \$439,900

Featured Island Listing! Webster Lake - 22 Long Island



Once in a lifetime opportunity to own a Webster Lake Waterfront Cottage on Long Island! Properly named the "Grand View". Sandy beach, boat house! Antique Cottage w/5 Rms, 3 BRs, a stone fireplaced w/pellet stove, eat-in kitchen w/modern appliances, full bath! washer/ dryer. Screened porches. Included, 25% ownership share in a main land waterfront lot at 38 Point Pleasant Rd, in sheltered Mumford Cove! land provides boat slip & winter storage. A FAR AWAY PLACE NEAR BY!



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LAND: WEBSTER/OXFORD

Oxford - GENERAL BUSINESS ZONED! LAND - 124 - Southbridge Road "ROUTE 20" VACANT LEVEL LOT - To be Subdivided from 124 Southbridge Rd LOT# 3 on a Preliminary Survey Plan will be 39,549 SF (0.905 ACRES) with 96.92' of Road Frontage. High Traffic, High Exposure

Oxford - 2 Merriam Rd 80+/- Wooded Acres in Oxford & Charlton. ON DEPOSIT \$329,000. Oxford - 4 Leicester St. - Approx. 8.47 Acres! River Frontage.

SORRY, SOLD! \$79,500.

Webster - COOPER RD - 3 BUILDABLE LOTS! Water & Sewer Access!

ON DEPOSIT \$79,900.

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

WEBSTER LAKE - 300 KILLDEER ISL.

Killdeer Circle! Gently sloping landscape to waters edge. Crystal clear shoreline. Ranch with 5 rooms, 2 bedrooms, 2 baths! Walkout \$650,000. lower level to patio! Garage!

SORRY, SOLD!

TREASURE ISLAND - CONDO



Unit 1404 Marina side! of the Complex - with 2 Boat Slips! 6 rooms, 2-1/2 baths, 2 bedrooms. fireplace, garage, Sandy Beach, Heated Salt Wa-\$549,000

WEBSTER - 401 TREASURE ISLAND



WEBSTER LAKE! Treasure Island Townhouse! UNIT# 401 Quiet summers on big & beautiful Webster Lake! 6 Rooms. Open Floor Plan! Dining Area. Hardwood Floor & Carpet. Master Bedroom, W/2 Closets, Master Bath! 2-1/2 Baths Total! Slider to Deck & Slider to the Patio! Natural gas heat! 2 Boat Slips! Heated Pool! Natural Sandy

WEBSTER LAKE - 1301 TREASURE ISL.



Quiet Summers & Fall Seasons on Big & Beautiful Webster Lake. Completely updated Hardwood & Ceramic. Center Island Kitchen. 6 Rooms. 2-1/2 Baths. a must see. Overlooking the Marina. 2 Deeded hoat slins assisted sale \$600,000.



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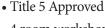
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- 6 rooms, kitchen, dining room, living room and three season room 126 Old Southbridge Rd~ \$469,900

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Positively SPEAKING

MOORE

It's not an easy lesson to learn, but I've realized that there's a right time for everything. As long as you keep believing, the time for realizing your dreams will come to pass. We don't always know why things happen the way they do, and it's sometimes hard to see the big picture.

I worked with my father and his publisher Ted for many years to turn their books into films. The first producer I approached was an Academy Award winner and produced the first film I starred in. He enthusiastically agreed to make my father's first book, but it ended up falling through. What happened? It wasn't the right time.

Soon after, I had meetings with the head of a production company owned by an Academy

There's a right time for everything headway, the project came to a

Award-winning producer of "Schindler's List." They optioned the book and contractually agreed to make the film. They hired me to co-write the screenplay, and when we finished the script, they paid casting directors, held auditions, and even scouted shooting locations in Vancouver. Suddenly, after we had almost finished pre-production, they decided to stop. What happened? It wasn't the right time.

Shortly after that, I met with a six-time Oscar-nominated Irish director. He agreed to direct the film and re-write the screenplay. When he finished the script, the project didn't move forward. What happened? It wasn't the right time.

Oddly enough, we found another Academy award-winning producer to write, produce and direct another of my father's books. After writing the screenplay and making much

halt. What happened? It wasn't the right time.

Five years ago, I excitedly called my dad and Ted. I explained a new plan to get the books made into movies and simultaneously start what I thought would be a revolutionary business. We spent over a year developing and fine-tuning the concept.

We found an investor that believed in our idea and gave us the money to make it happen. We hired what we thought was an innovative and forward-thinking web developer to bring our concept to fruition.

He contractually agreed to build it within six months. During the six months, I worked tirelessly to do everything necessary to help him finish the job.

I promoted the platform heavily as we moved closer to launch based on his word. Towards the end of the six months, the platform seemed to work, but something wasn't right. To my horror, I discovered he only built a shell of what he was supposed to make, and it was only about 15 percent complete. I looked like a fool. Here I was promoting the platform to hundreds of people, and I was being lied to the whole time. He ran off with the money, and some said my dream, but I didn't see it like that: if vou believe in you genuinely believe in your dream, nobody can steal it from you.

For three long days, I prayed hard for a miracle, and on the fourth day, my brother-in-law, a military contractor whose job has always been top secret, told me he heard what happened and that he could help finish the platform. I had no idea he knew how to code.

It turned out to be a blessing in disguise that our previous developer was so deceitful. My brother-in-law explained that the way he built the platform was so shoddy it would have broken down as soon as a dozen people logged in. It wasn't the right time, and he wasn't the right developer.

Determined never to let that happen again, I learned to write code by enrolling in UCLA Coding Boot Camp. Since graduation, my brother-in-law and I have put on some final touches before launching the next phase. I'll say this; It's starting to look

like the right time. This story is almost a little too personal for me to write about, but I decided to do it in the hopes of helping you overcome the hurdles in your own life and encouraging you to carry on. Things won't always happen the way you want. Believe strongly in your dreams but be relaxed about how they occur. Things will happen when and how they should, and it's not always what

you expect.

EDITORIAL

continued from page A6

national party convention. She was so bold to even disagree with her husband on certain policies. After her husband's death, Roosevelt spent her remaining years in active politics. She was the first chair of the UN Commission on Human Rights and chaired John F. Kennedy's administration's Presidential

Commission on the Status of Women. Roosevelt was nicknamed the 'First Lady of the World.

Last but not least is Agent 355, who was instrumental to the Patriot cause during the Revolutionary War. Agent 355 was a part George Washington's Culper Spy Ring. With the fear of a trip to the gallows in the back of her mind every day, Agent 355 managed to continue to help get crucial information to the General. Unlike the women we mentioned before,

Agent 355 used her role as a quiet unassuming woman to make monumental gains that led to our freedom today. The identify of '355' is not yet known, however she is referred to as 'lady' 355 in Washington's code book. The only direct reference to '355' was from ringleader Abraham Woodhull (known as Samuel Culper Sr.) to Washington in which Woodhull described her as 'one who hath been ever serviceable to this correspondence." We hope that one day

Home Town Service

her true identity will be discovered.

While we pay homage to strong women who have done incredible things, this does not negate the influential women we come into contact with in our everyday lives. As women we don't have to smash ceilings or gain notoriety to make a difference. We can be positive, powerful and influential in our everyday lives which in turn creates a domino effect that can last years after we're gone.

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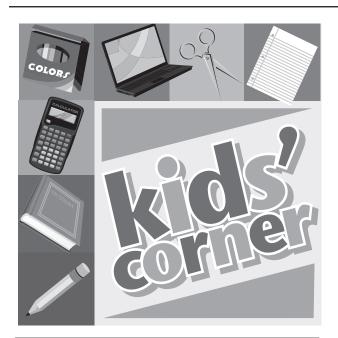
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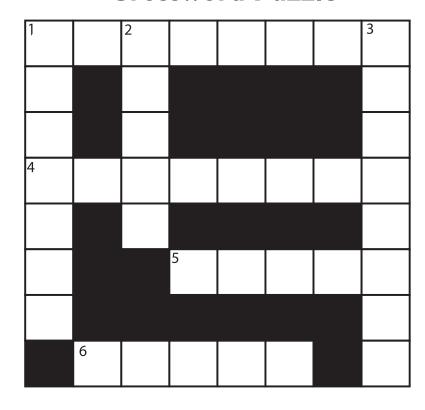




THIS CELEBRATION ORIGINATED IN IRELAND, BUT PARTIES NOW OCCUR ALL AROUND THE WORLD.

ANSWER: ST. PATRICK'S DAY

Crossword Puzzle



ACROSS

- 1. Wrapped items
- 4. State again as fact
- 5. Brief appearance
- 6. Having good fortune

DOWN

- 1. Irish patron saint
- 2. Inexpensive
- 3. Clover



- 45 B.C.: CAESAR WINS HIS LAST VICTORY OVER POMPEY'S ARMIES.
- 1917: TSAR NICHOLAS II ABDICATES THE RUSSIAN THRONE, ENDING THE ROMANOV DYNASTY AFTER MORE THAN 300 YEARS.
- 2019: ROUGHLY 1.4 MILLION YOUNG PEOPLE ACROSS THE GLOBE GO ON STRIKE TO PROTEST CLIMATE CHANGE.

Down

1. Patrick 2. Cheap 3. Shamrock

Answers:
Across
1. Packages 4. Reaffirm 5. Cameo 6. Lucky



(to good) health in Irish



ENGLISH: Clover

SPANISH: Trébol

ITALIAN: Trifoglio

FRENCH: Trèfle

GERMAN: Klee



ACCORDING TO FOLKLORE,
LEPRECHAUNS ARE A TYPE OF IRISH
FAIRY. THEIR NAME MEANS

"SMALL-BODIED FELLOW."

LEPRECHAUNS ARE

AS TALL AS A THREE
YEAR-OLD CHILD.



Can you guess what the bigger picture is?

YNƏMEK: COKNED BEEL

 \odot ** $\dot{\cong}$ $\ \ \overset{\bullet}{\sim}$ $\ \overset{\bullet}{\sim}$ $\ \overset{\bullet}{\sim}$ $\ \overset{\bullet}{\sim}$ $\ \overset{\bullet}{$

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to the Red Cross.

Each number corresponds to a letter.

(Hint: 18 = E)

A. 15 14 14 26 14 8

Clue: Help

B. 7 18 2 26 4 15 20

Clue: Having to do with medicine/health

C. 4 15 1 18

Clue: Look after

D. 18 7 18 1 24 18 25 4 6

Clue: Urgent matter

SUDOKU

9				3				
	3		5	6		osoosba	8	
7							6	
vanorable.				5				
		9			2			
						8		2
		4		8			5	9
	6						2	
		7				4		8

Fun By The Numbers

Like puzzles?
Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:

Answers: A. assist

 \mathcal{B} .

medical

 \mathcal{C}

D. emergency

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

	_	_			9	_	_	_
ands	S	L	G	6	Þ	3	9	8
6	G	9	S	8	L	\$	mah	2
2	6	8	ţ	and a	3	G	L	9
9	green	Ç	S	2	8	6	4	ε
¥	L	ε	9	ç	6	8	S	noodh
S	9	6	8	V	2	week	9	_
L	8	anab.	6	9	9	2	3	t
ß	4	2	L	3	nende	9	8	6

ANSWER:



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