

SUPPORTING
BREAST
CANCER
AWARENESS MONTH



THINK PINK IN OCTOBER!

October is Breast Cancer Awareness Month.

Please see some important info below.
Thank you to the businesses supporting this special page.



October is

Breast Cancer Awareness Month

Potential treatment options after a breast cancer diagnosis

A breast cancer diagnosis is something no one wants to receive. But the burden of breast cancer is substantial. In fact, the World Health Organization notes that breast cancer is the most commonly occurring cancer in women worldwide. Thankfully, breast cancer survival rates are high in many parts of the world, particularly in developed countries such as the United States, Canada and Japan. While survival rates are lower in developing countries, it is encouraging to know that the average five-year survival rates are as high as 90 percent in some nations. That suggests that the strategies used to successfully fight breast cancer in developed nations may one day prove as effective in developing nations, potentially leading to a sharp decline in global breast cancer deaths.

Upon being diagnosed with breast cancer, patients will be educated about a host of potential treatment options. The Centers for Disease Control and Prevention note that breast cancer is treated in several ways, and the course of treatment a doctor recommends will depend on the kind of breast cancer and how far it has spread. In addition, according to Breastcancer.org, breast cancer is made up of many different kinds of cancer cells, which often necessitates the use of various types of treatments to get rid of the cancer. The following are some treatment options doctors may discuss with breast cancer patients.

- **Surgery:** Breastcancer.org notes that surgery is typically the first line of attack against breast cancer. The CDC says the goal of surgery is to cut

out cancer tissue. Some common breast cancer surgeries include lumpectomy, in which the tumor and a small amount of surrounding tissue is removed, and mastectomy, in which all of the breast tissue is removed.

- **Chemotherapy:** Chemotherapy is used to treat various types of cancer and involves the administration of special medicines to shrink or kill existing cancer cells. Breastcancer.org notes that chemotherapy is sometimes administered prior to surgery in an attempt to shrink the cancer.
- **Radiation therapy:** Radiation therapy aims to kill cancer cells using high-energy rays that are similar to X-rays. Sometimes referred to as “radiotherapy,” radiation therapy is overseen by a radiation oncologist who specializes in this type of treatment.

- **Hormonal therapy:** Estrogen makes hormone-receptor-positive breast cancers grow, and hormonal therapy, which may be referred to as “anti-estrogen” therapy, aims to reduce the amount of estrogen in the body and block its action on breast cancer cells.
- **Targeted therapies:** These therapies, which Breastcancer.org notes are generally less likely than chemotherapy to harm normal, healthy cells, target specific characteristics of the cancer cells. Cancer cells can have many characteristics, so there are various types of targeted therapies. Breast cancer treatments can be highly effective in the fight against breast cancer, particularly when the disease is caught in its early stages.

Life after breast cancer

The moment a person receives a breast cancer diagnosis, his or her life changes immeasurably. The roller coaster of emotions begins, and suddenly this person is thrust into a schedule of doctor’s appointments, treatments and visits from friends and family.

The World Cancer Research Fund International says breast cancer is the second most common cancer in women and men and is the most frequently diagnosed cancer among women in 140 of 184 countries worldwide. Despite that prevalence, the five-year relative survival rate for women diagnosed with localized breast cancer (cancer that has not spread to the lymph nodes or outside the breast) is 98.5 percent, says the American Cancer Society. Survival odds increase as more is learned about breast cancer and more people take preventative measures, including routine screenings. Today, there are nearly three million breast cancer survivors living in the United States.

Breast cancer treatments may last anywhere from six months to a year. Adjusting after treatment may not come so easily at first. But adjustments are easier with time, and many cancer survivors continue to live life to the fullest in much the same way they did prior to their diagnosis.

When treatment ends, patients often still have fears about the cancer, wondering if all of the cancerous cells have been destroyed and worrying about recurrence. But focusing on the present and all of the things you now can do with health on your side is a great way to put your fears behind you.

Many cancer survivors must still visit their doctors after treatments end. Doctors still want to monitor patients closely, so be sure to go to all follow-up appointments and discuss any symptoms or feelings you may be having. Side effects may continue long after radiation or chemotherapy has ended. Your doctor may have suggestions for coping with certain side effects or will be able to prescribe medications to offset these effects. Follow-up appointments should gradually decrease the longer you have been cancer-free.

It’s not uncommon to feel differently after cancer treatment, as your body has been through quite a lot. Many women still experience fatigue, and sleep or normal rest doesn’t seem to make it abate. Realize this is normal, and how long it will last differs from person to person. It can take months or years for you to experience your “new normal.” Things do not happen overnight. While your hair may grow back quickly, it may take some time for you to feel like yourself again. Exercise routines or other lifestyle changes may help you overcome fatigue or make it more manageable.

Speaking with others who have survived breast cancer can help. Join a support group or reach out to others through social media. Getting a first-hand account of what can be expected the first year after treatment can assuage anxiety.

Food prep tips for breast cancer patients



Breast cancer treatment can be exhausting, resulting in fatigue that can make it hard for patients to tackle all of the tasks that come with a typical day. That includes preparing meals, which is often the last thing a person fighting breast cancer wants to do after a day of treatment.

But nutrition plays a vital role in beating cancer. A nutritious diet can promote strength and increase energy levels, something breast cancer patients know is not always easy to come by. The following are a few tips to help men and women undergoing breast cancer treatment maintain a nutritious diet throughout their treatments.

- Plan ahead when you’re feeling strong. Breast cancer patients often have good days and not-so-good days during the course of their treatments. When the latter comes around, everyday tasks like cooking meals can seem as exhausting

as climbing Mount Everest. So breast cancer patients can plan ahead for such days by going the extra mile on those days when their energy levels aren’t compromised. Prepare meals in advance and freeze them so they require minimal effort on those days when energy levels are low.

- Avoid empty calories. Empty calories like those found in a bag of potato chips won’t help fight fatigue on those days when your energy levels are low. When eating, opt for foods that are rich in vitamins and nutrients but not heavy in calories. A meal that is dense in nutrients but not calories will benefit your energy levels, while a calorie-dense meal will only foster feelings of fatigue.
- Opt for snacks that are high in protein. When snacking during the day, it’s possible to counter any exhausting effects of breast cancer treatment by choosing high-protein snacks. Foods that are

high in protein, including low-fat cottage cheese, Greek yogurt and almonds, can improve your energy levels because the body does not break protein down as easily as it does carbohydrates. So protein can be a longer-lasting energy source than snacking alternatives that are low in protein. If you aren’t much of a snacker, consider a protein shake.

- Buy in bulk. When visiting the grocery store, buy items in bulk so you won’t have to make as many trips there. This can help on those days when energy levels are waning. Further save energy by asking a store employee to carry your groceries to your car. On those days when the cupboard is bare and you don’t feel up to a trip to the store, call your local grocer, explain your situation and ask if it’s possible to have groceries delivered. Many grocers would be glad to help.
- Modify recipes. In addition to boosting

your energy levels, protein helps heal and rebuild tissues, and you can modify recipes to include more protein and improve your energy levels. For example, add cheese to sandwiches, pasta dishes and casseroles, as dairy is a strong source of protein. When cooking, use milk instead of water when possible. Beans are another great source of protein, so add them to chili, pasta sauces or soups when cooking.

There are many ways to modify recipes to include more protein that won’t compromise taste. If you’re unsure of how to do so, discuss this with a physician or dietician.

Fatigue is a common side effect of cancer treatment, but there are many ways men and women undergoing breast cancer treatment can alter their diets to make their meals more nutritious, improving their energy levels as a result.



PROUD SUPPORTER OF

BREAST CANCER

awareness



(800) 962-4452 | websterfirst.com

Insured by NCUA Member MSIC

School district makes changes to fall calendar

BY JASON BLEAU
CORRESPONDENT

DUDLEY/CHARLTON – The Dudley-Charlton Regional School District has set a tentative schedule for the first half of the current school year as the superintendent and school committee continue to adapt and evolve their approach to managing the impacts of the COVID-19 pandemic.

Superintendent Steven Lamarche presented a draft working calendar to the school committee earlier this month which, while subject to the change, lays out what can be expected at least through the rest of the 2020 calendar year and into the holiday break.

“Like anything, there’s nothing that comes easy this school year. Trying to wrangle with the school calendar is one of those items as well. We are propos-

ing a draft – This is something that we can publish on our website so that people know where we are with our school calendar,” Lamarche told the committee. “The updates truly are representative of changes up until Dec. 23 of this school year thus far. The only change obviously is at the end of the school year with a starting and ending point to the calendar. We will take this up again before Dec. 23 to plan out the remainder of the school year. What this calendar does represent is the first nine days of professional development and training and the first day of school being Sept. 16, and it also removes all of the early release days that were originally populated in the calendar with the exceptions of the day before Thanksgiving and the day before the holiday break. Those are still represented within this

particular calendar.”

Another change was shifting a Nov. 3 professional development day to a full remote learning day.

School Committee members did ask whether or not all students in both Charlton and Dudley would attend classes, either online or in person, for the same number of days. Superintendent Lamarche said it did work out that student schedules do add up to equal class time. Also, there were question about what the second half of the year would look like to which the superintendent said that January through June of 2021 is still a work in progress to be discussed before the end of the calendar year. For now, they wanted to make sure something was made available so families could at least plan for the rest of 2020. There was also a question

about snow days and whether or not those could be transitioned into online learning. Superintendent Lamarche said he couldn’t answer that question for sure.

“We’re still working on it. There was no affirmation of what’s allowed, but we’ll still work on that. If we’re a well-oiled remote machine obviously we will do that. Today there were several districts that were out for power issues and they did not count attendance for school today in our state. So, I’m not sure how they’re dealing with it. I’m paying attention – It’s something we’re still following,” said Lamarche.

The most recent calendars for the 2020-2021 school year can be found on the Dudley-Charlton Regional School District Web site.

Selectmen terminate contracts with VGG

BY JASON BLEAU
CORRESPONDENT

CHARLTON – The Charlton Board of Selectmen has voted to terminate the contracts with Valley Green Grow, a marijuana growing company that became the center of numerous public debates in 2018 and 2019.

Following an executive session during a brief meeting on Tuesday, Oct. 6 selectmen voted in a 3-1 decision to terminate the community host and development agreements between the town and Valley Green Grow. Selectman Bill Borowski was the only dissenting vote while Selectman David Signer recused himself from the discussion. Selectman Karen Spiewak and freshmen board members Patricia Rydlak and Stephen Koronis voted in favor of the motion. No board mem-

ber has publicly stated their reasoning for their votes and the details of the discussion leading up to the vote have been made confidential by the rules of executive session. The only reasoning given publicly for the motion was that it was due to “breach of contract.”

The project was slated to be housed at Charlton Orchards, a 94-acre family farm at 44 Old Worcester Rd. in Charlton. The owners of the farm had entered into a sales agreement with VGG which would have seen the company erects a one-million-square-foot marijuana grown and processing facility on the land. Agreements between VGG and the town were signed in 2018 leading to public outcries against the project, including demonstrations from protestors and supporters at public meetings, and numerous Planning Board public hearings where that

board refused to support the company’s site plan in January of 2019. At the time current selectman Patricia Rydlak was chairing the board and was an open opponent of the project. The Planning Board’s decision was eventually addressed in Land Court in the fall of 2019 where VGG won an appeal overturning the Planning Board’s vote leading the board to present an appeal of its own of the judge’s decision. The debates made the VGG project one of the most talked about stories in the region for almost two years. After the court decision in the fall the discussion went quiet until selectmen made their motion earlier this month.

As of this report, there remains no public discussion or comment from selectmen concerning the decision or what this means for the future of the project in Charlton.

ALMANAC

OPEN TO CLOSE

TOWN HALL

Monday-Wednesday:
8 a.m.-4 p.m.
Thursday: 8 a.m.-8 p.m.
Friday: 8 a.m.-12 p.m.

JACOB EDWARDS PUBLIC LIBRARY

Monday: 9 a.m.-8 p.m.
Tuesday: 9 a.m.-5 p.m.
Wednesday: 9 a.m.-5 p.m.
Thursday: 9 a.m.-8 p.m.
Friday: 9 a.m.-5 p.m.
Saturday: 9 a.m.-1 p.m. (May 25 will be our last open Saturday until Labor Day) Sunday: Closed



ACCURACY WATCH

THE SOUTHBRIDGE NEWS IS COMMITTED TO ACCURACY IN ALL ITS NEWS REPORTS. ALTHOUGH NUMEROUS SAFEGUARDS ARE IN PLACE TO ENSURE ACCURATE REPORTING, MISTAKES CAN OCCUR.

CONFIRMED FACT ERRORS WILL BE CORRECTED ON IN A TIMELY MANNER.

IF YOU FIND A MISTAKE, CALL (508)909-4106 OR EMAIL NEWS@STONEBRIDGEPRESS.NEW, EXT. 130 DURING NORMAL BUSINESS HOURS. AFTER 5 P.M., PRESS FOR THE NEWSROOM HOTLINE.

SOUTHBRIDGE NEWS

The Southbridge News (USPS 504-380) is published Fridays, by Stonebridge Press Inc., PO Box 90, Southbridge, MA 01550. Periodicals postage paid at Southbridge, Mass. Postmaster: Send address changes to The News at address listed above.

Friday delivery (in county) only for \$18.00 per year.
Friday delivery (out of county) only for \$56.00 per year.
Web only subscription \$15.00 per year.
All mail subscriptions are payable in advance to The News.

Free Poetry Reading

By 6 Regional Poets
Roseland Park

Sunday, Oct. 25th • 2-4pm
Featuring National Beat Poet Laureate Paul Richmond,

Montreal International Poetry Contest finalist Karen Warinsky and four other top regional poets

Sponsored by Sharpe Hill Winery Ages 14 & up.
To reserve seats call (860)-942-6664 or email Mrs. Warinsky at karen.warinsky@gmail.com

REAL ESTATE TRANSACTIONS

SOUTHBRIDGE

\$329,000, 183 Brentwood Dr, Beinema, Matthew L, to Berry, Christopher, and Berry, Tara.

\$308,000, 79 Dennison Hill Rd, Beinema Ann F Est, and Beinema, Matthew L, to Kelly, Patrick, and Kelly, Kathleen M.

\$283,500, 172 Chapin St, Grenier, Jonathan, and Shilling, Allison, to Andujar, Christina M.

\$266,500, 228 Hillside Rd, Wydrankowski, Cory, and Wydrankowski, Keri, to Peck, Bradley.

\$225,000, 89 Worcester St, Valle, Michael, to Navedo, Jose M, and Campbell,

Julie B.

\$220,000, 1038 Main St, Lanava, Matthew C, and Lanava, Kimberly A, to Lima, Joshua J.

\$205,000, 18 Franklin Ter, Bell, Jasmine J, to Vartanian, Justin J.

\$175,000, 14 Jerome St, Tremblay Rene E Est, and Tremblay, David M, to Benelkour Realty LLC.

\$153,000, 62 School St, Curboy Martin R Est, and Curboy, Stewart J, to Savoie, Valerie J.

\$65,000, 26 Newell Ave, Hicks, Kimberly A, and Moran, Stephen, to Hartnett, Ryan.

OUTREACH COORDINATOR

The Town of Holland seeks a qualified applicant for the part-time position of Community Outreach Coordinator for the Council on Aging.

Requirements of 3-5 years progressively responsible professional experience in geriatrics and human services or equivalent combination of education and experience. Elderly resources and experience working with elderly preferred. A Massachusetts Driver’s License and own vehicle is required. Salary range is \$14,856, hours and days TBD. Resumes will be reviewed by the Outreach Coordinator Search Committee as submitted and the position will remain open until filled.

Please submit a cover letter of interest and resume to Janine Drake, c/o: The Holland Select Board, 27 Sturbridge Road, Holland, MA 01521 or by email: townadmin@hollandma.org

AA/EOE.

GROUNDS AND MAINTENANCE MANAGER

Solair Recreation in Woodstock CT has a full time position for a Maintenance worker. This position involves projects and preventative maintenance. The campground is open to members year-round. The successful candidate should be able to work with limited supervision, have a working knowledge of mechanical systems, carpentry, painting and basic electric and plumbing skills. The position also requires some supervision of volunteers who assist with many of the duties.

Job duties include but are not limited to: Plowing snow, cleaning sites and grounds, maintaining a pool, hot tub, general landscaping, escorting guests to site, general labor and general minor repairs. Previous maintenance experience is required, some on the job training will be provided. Must be flexible with hours of availability as holidays and weekends are required during the season.

This is a salaried position. Please send your resume and salary requirements.

Send letter of interest and resume to
Jobs@SolaiRRL.com

Veteran’s Service Officer (VSO)

The Town of Holland seeks a qualified applicant for the part-time position of Veteran’s Service Officer.

Requirements: Demonstrated understanding of basic financial administration and organization practices. Must be a Veteran pursuant to M. G. L. c 4 § 7. A valid motor vehicle operator’s license is required. Annual P/T Salary range is \$4,215, hours and days TBD.

Resumes will be reviewed by the Select Board. The position will remain open until filled.

Please submit a cover letter of interest and resume to Janine Drake, c/o: The Holland Select Board, 27 Sturbridge Road, Holland, MA 01521 or by email: townadmin@hollandma.org

AA/EOE.

How to Use SOUTHBRIDGE NEWS

TO PLACE A RETAIL AD:

ADVERTISING EXECUTIVE
MIKAELA VICTOR
(508) 909-4126
mikaela@stonebridgepress.news

TO SUBSCRIBE, OR FOR SUBSCRIPTION SERVICES:

KERRI PETERSON
(508) 909-4103
kerri@stonebridgepress.news

TO PLACE A CLASSIFIED AD:

(508) 909-4111
Classifieds@stonebridgepress.news

TO FAX THE NEWS:

CALL (508) 764-8015

TO PRINT AN OBITUARY:

E-MAIL: obits@stonebridgepress.news
CALL: 508-909-4149

TO SUBMIT A LETTER TO THE EDITOR:

E-MAIL: news@stonebridgepress.news

TO SUBMIT CALENDAR ITEMS:

E-MAIL: news@stonebridgepress.news

TO SOUND OFF:

E-MAIL: news@stonebridgepress.news

NEWS STAFF DIRECTORY

EDITOR

BRENDAN BERUBE
(508) 909-4106
news@stonebridgepress.news

SPORTS EDITOR

NICK ETHIER
(508) 909-4133
nick@stonebridgepress.news

A STONEBRIDGE PRESS PUBLICATION

PRESIDENT & PUBLISHER

FRANK G. CHILINSKI
(508) 909-4101
frank@stonebridgepress.news

BUSINESS MANAGER

RYAN CORNEAU
(603) 677-9082
ryan@salmonpress.news

OPERATIONS DIRECTOR

JIM DiNICOLA
(508) 764-4325

EDITOR

BRENDAN BERUBE
(508) 909-4106
news@stonebridgepress.news

PRODUCTION MANAGER

JULIE CLARKE
(508) 909-4105
production@stonebridgepress.news

STONEBRIDGE PRESS PHOTO POLICY

As a community oriented family of newspapers, Stonebridge Press welcomes photos from readers, business owners, and other outside sources for publication in any of its titles. Any photos submitted for publication become the property of Stonebridge Press, and may be displayed in our newspapers, as well as on our Web site. They may also be made available for resale, with any proceeds going to Stonebridge Press and/or the photo re-print vendor.

New student representatives named at Bay Path Practical Nursing Academy

CHARLTON — New student representatives to the Bay Path RVTHS Practical Nursing Academy PN Class of 2021 were elected recently and began their term this fall. Practical nursing students Isabella Boateng of Manchester, Conn. and Brianna Laforest of Webster were voted as student representatives for the PN class of 2021. The student representatives are an important part of the Bay Path Practical Nursing Academy Faculty Organization (PNFO). Their main responsibility is to be a link between Practical Nursing faculty, staff, and the students, and to contribute to Bay Path Practical Nursing Academy activities and projects. Boateng and Laforest represent the students of PN Class of 2021 on the advisory board and steering committee. Student representatives are responsible for attending the PNFO meetings, where they serve as non-voting members. The student representatives speak on behalf of the student body and reports on topics they want to bring to the PNFO's attention. The student representatives also attend the fall and spring Advisory Committee meetings. Boateng is a Certified Nursing Assistant (CNA) at

All Ways There Home Care in Vernon, CT and a Hospice Aide for Seasons Hospice & Palliative Care in Bloomfield, CT. She holds a Diploma in Business Management from Kumasi Polytechnic and a Diploma in Accounting from Konongo Odumase, Konongo, Ghana. Laforest is a PCA 2 at the UMass Memorial Medical Center in Worcester. She holds an Associate degree in Science, major in criminal justice graduating with honors from Quinsigamond Community College. She also holds a Certificate in Law Enforcement. Both Boateng and Laforest have a valid Health Care Provider/Basic Life Support Provider CPR and are Dementia Care Certified. Boateng and Laforest will bring student issues up, participate in governance, and focus on not just current students but may include alumni and possibly incoming students in conversations and activities. "One of the goals in this role is to continue to advocate for governance, to increase awareness of student's role in governance," said Gretheline Bolandrina MSN, Ed, RN, CRRN Academy Director. The student representatives will work together towards feedback on topics in



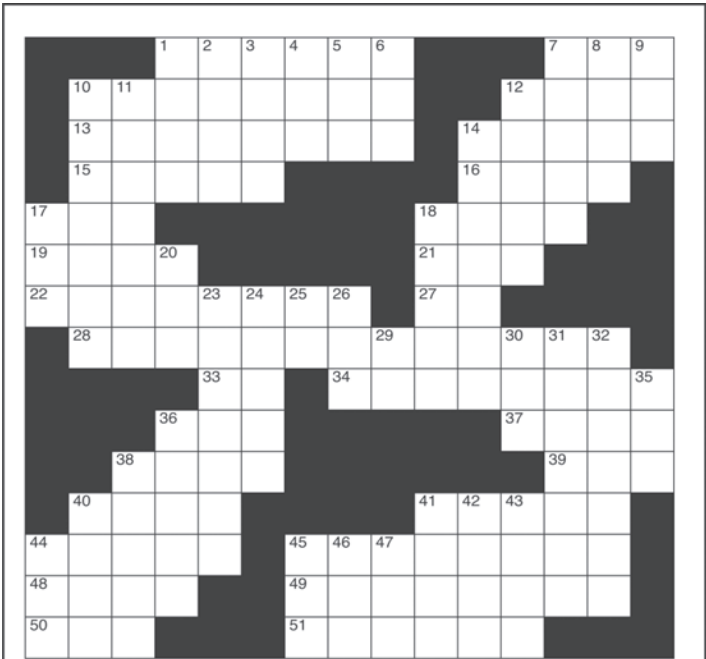
Photo Courtesy

Practical nursing students Isabella Boateng of Manchester, Conn. and Brianna Laforest of Webster were voted as student representatives for the PN class of 2021 at Bay Path Practical Nursing Academy.

the PNFO agenda. "The topics that go into the agenda are ones that resonate with the student body, these are very unifying topics, and are all in congruence with regulatory and accreditation requirements for BORN (Board of Registration in Nursing), COE (Council on Occupational Education), and ACEN (Accreditation Commission for Education in Nursing)" Bolandrina said. About Bay Path RVTHS Practical Nursing Academy

Bay Path Practical Nursing Academy offers a 40-week, (10-month), full-time, Monday through Friday, evening program. The program begins mid-August and is completed in late June. Graduates receive a Practical Nursing Certificate and are eligible to take the NCLEX-PN licensure exam. Visit us online at www.baypath.net. It is the Mission of Bay Path Regional Vocational Technical High School to facilitate current, integrated, and rigorous

academic and technical vocational programs that prepare students for the ever-changing world of employment and post-secondary education; to provide a school culture that meets the diverse needs of our student body for safety and mental wellness; and to foster student confidence, professionalism, and life-long learning skills that will enable them to become contributing members of our communities.



CLUES ACROSS

1. Lunar crater

7. Upstate NY airport (abbr.)

10. Fruit

12. Seventh avatar of Vishnu

13. Organism that grows without air

14. Heals

15. A book has one

16. Open

17. Twitch

18. Plant of the mint family

19. Soon

21. Witch

22. Long, mournful complaint

27. Killer clown film
28. Keeps us occupied

33. Influential lawyer

34. Formation of concepts

36. Insecticide

37. Swiss river

38. Actress Lucy

39. Unit of g-force

40. Can repel attackers

41. Essential oil used as perfume

44. Cut into small pieces

45. Mexican agricultural worker

48. Best pitchers

49. Benign tumors

50. Danish krone

51. Looms above

CLUES DOWN

1. Make a map of

2. Cain and —

3. Dried-up

4. Corporate exec (abbr.)

5. Trading floor hand gesture

6. Strongly alkaline solution

7. Yemen capital

8. Military leader (abbr.)

9. Maintains possession of

10. Afternoon show

11. Imaginary being

12. Rearrange

14. Holy person or sage

17. — Mahal

18. Backbone

20. Brooklyn hoopster

23. Intervened

24. Extremely angry
25. Indicates position

26. Chinese surname

29. Potato state

30. When you think you'll get there

31. — Falls

32. Bullfighters

35. Born of

36. Small fishes

38. "Father of chemical warfare"

40. Waste matter

41. Skin disease

42. Scandinavian mythological god

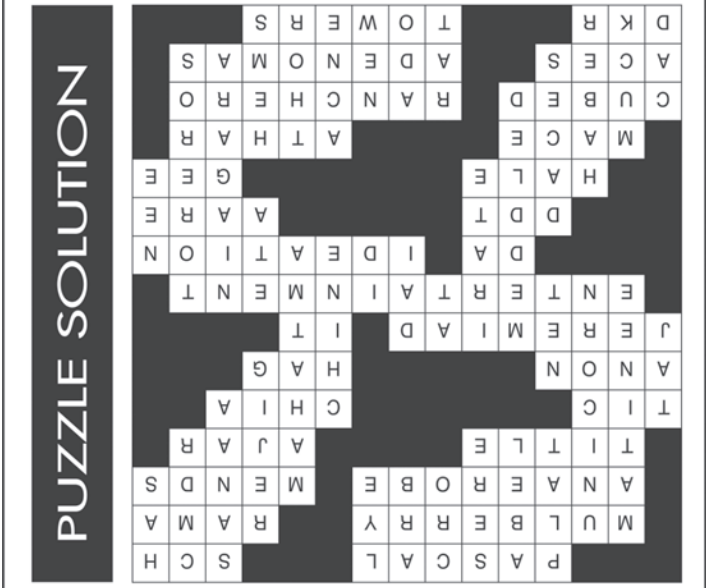
43. — and haws

44. Villain

45. Tell on

46. Difficulty

47. Not old



Open Sky Community Services elects two new members to Board of Directors

WORCESTER — Open Sky Community Services has announced the election of Charisse Murphy and Paul Schasel to its Board of Directors. The Worcester-based nonprofit provides services throughout Central Massachusetts to adults, adolescents and children with mental health challenges, developmental and intellectual disabilities, substance use disorders, brain injury, homelessness and other complex challenges. "In joining the Open Sky Board of Directors, Charisse and Paul not only bring extensive knowledge and expertise, but also a deep commitment and interest in fulfilling the agency's mission and goals," said Ken Bates, President and CEO of Open Sky Community Services. "We are looking forward to working together in shaping the impact of Open Sky's services in Central Massachusetts." Murphy, a Boston native, has her Bachelor's Degree in Psychology and Criminal Justice from the University of New Haven and a Master's Degree in Human Service and Leadership from Northeastern

University. Murphy has over 18 years experience in the nonprofit sector and is currently the Director of Leadership Giving at Worcester State University. She is also the founder of EmPOWER ME!, a support program for girls in grades 5-12. Murphy's program allows girls to develop skills to enhance their leadership capabilities, and provides a curriculum that empowers future female leaders to access opportunities. Murphy has also held several roles in other local nonprofit organizations including You, Inc., where she was the Director of the DYS (Department of Youth Services) Community Support Program and its Director of Development. Schasel received his Bachelor's Degree in Finance from St. Bonaventure University and a Master's in Business Administration Degree from Bryant University. He is currently the Director of Fiscal Affairs for the Roman Catholic Diocese of Worcester, where he oversees all financial functions. Schasel also held a variety of positions during his 22 year career with Partners HealthCare, a Boston-based

non-profit health system founded by Brigham and Women's Hospital and the Massachusetts General Hospital, including Accounting Manager, Private Equity Portfolio Director and Corporate Director of Treasury & Investment Operations. For more information about Open Sky Community Services, please contact Lorie Martiska, lorie.martiska@openskycs.org. About Open Sky Community Services Open Sky Community Services is dba for Alternatives Unlimited, Inc and The Bridge of Central MA. Open Sky offers a wide range of services for adults, adolescents, and children with mental health challenges, developmental and intellectual disabilities, substance use disorders, brain injury, homelessness and other challenges throughout Central Massachusetts. Open Sky Community Services has over 1,300 dedicated employees and an annual budget of \$83M with more than 100 programs throughout the region. For more information, please visit www.openskycs.org.

Small businesses can benefit from QCC's new fall workshops

WORCESTER — Quinsigamond Community College is working to help small businesses pivot and thrive in today's COVID-19 pandemic, by offering vital business workshops to area companies. Under the Small Business Direct Access Grant program, the workshops are free to most businesses with less than 100 employees through the state's Workforce Training Fund. The Workforce Training Fund provides resources to Massachusetts employers to train current and newly hired employees. QCC was awarded a \$143,000 Direct Access Grant from the Workforce Training Fund in 2019, enabling the College to become an approved training provider for these types of

workshops. "We are witnessing many businesses that are trying to redefine their place in this changing landscape, and have tailored our workshops to these new modalities in business. Our global marketplace has shifted drastically since the pandemic and it is imperative our small businesses adapt to remain successful," said Dean of the Center for Workforce Development and Continuing Education, Kathleen Manning. QCC's new fall workshops include sessions on how to manage in a virtual marketplace; successfully managing change; employee accountability; time management, in addition to business essentials and communication workshops. "All our workshops will be

delivered remotely using Zoom video conferencing and the first sessions are beginning in mid-October," Ms. Manning said. To see a complete list of fall workshops, visit www.QCC.edu/corporate-training. To learn more about eligibility requirements, and how to take advantage of these workshops, contact Business Development Specialists Christine McNally, cmcnally@qcc.mass.edu or Eileen Morgan, emorgan@qcc.mass.edu. For more information about QCC, contact Josh Martin, Director of Institutional Communications at 508-854-7513 or jmartin@qcc.mass.edu



Fall Home & Auto

This section reaches 47,000 households
in 7 Massachusetts newspapers.
Call 508-764-4325
or email ads@stonebridgepress.news
for more information

AUTO BODY / REPAIRS

KEARNS
COLLISION REPAIR

Since 1969
Always Going The Extra Mile For Our Customers

Free Written Estimates • Damage Appraisal
Color Matching Specialists • Rental Car Services
Warrantied Work & Repairs
Diagnostics • A/C Repair
Tune Ups & Engine Repair
Brakes • Alternators • Starters • ABS
Alignments • Tires...and more

Major Insurance Referral Shop
Honoring All Insurance Estimates

1734 Providence Road (Rt 122)
Northbridge, MA 01534
Ph: 508-234-5211 • Fax: 508-234-2231
www.kearnscollision.com
Fully Certified • RS# 2678

BEST WINDOW COMPANY

KUBALA
HOME IMPROVEMENT
The Door and Window Experts

MACSL100114 | MAHic150118 | CTHic0619712

Award Winning
High Performance
Windows & Doors

100% FINANCING AVAILABLE | Lifetime Warranty

508-784-1550

BBB ACCREDITED BUSINESS A+ f

BUILDER

Todd A. Ethier
TAE
B·U·I·L·D·E·R
INCORPORATED

Remodeling Expert

- ◆ FINISHED BASEMENTS
- ◆ ADDITIONS ◆ GARAGES
- ◆ SIDING ◆ ROOFING ◆ DECKS
- ◆ WINDOWS ◆ DOORS
- ◆ KITCHEN ◆ BATHS

Quality Building Since 1985
Licensed & Insured
508-764-2293 ◆ 774-230-3967

Concrete

CONCRETE QUICK, LLC

No Minimum Purchase
Buy Only What You Need

— SERVING CENTRAL NEW ENGLAND —
WHY CONCRETE QUICK?

- Buy ONLY what you need
- Flexibility – according to your schedule
- Custom Mix / Pour on the job... no "Hot-Loads"
- Less Expensive than bagged and large mixers
- No Job too small • No Minimum Quantity to purchase
- Cost Effective • No Waste • Environmentally Friendly

NO LOAD TOO SMALL!
WEEKEND Pours Available!
(508) 868-3946 ask for Clyde
ConcreteQuickLLC.com

Granite & Marble

SHREWSBURY
MARBLE & GRANITE, INC.

Buy FACTORY DIRECT & SAVE

50 COLORS • \$39 per sq. ft. Installed
(40 sq. ft. or more) Cannot be combined with other offers.

Biggest Selection of Marble,
Granite & Quartz of ANY Fabrication Shop
300 Colors To Choose From
Please call for appointment 508-523-3769

508-842-9800 • shrewsburymarbleandgranite.com
620 Boston Turnpike (Rte 9 E), Shrewsbury, MA
(1/4 mi. east of Home Depot – Big Blue Bldg)
Mon-Thurs 8-5, Fri & Sat & 9-4

Gutters

GARY'S GUTTERS
~ Locally Owned ~

Need new gutters...
Look no further!

I'll beat any of my competitor's prices by giving
you back 10% of your hard earned money
off their lowest price **guaranteed!**

COMMERCIAL • RESIDENTIAL

FREE Estimates
50% off leaf guards
with gutter
installation.
Offer exp. 11/30/20.

Fully Insured ~ Installations ~ Cleaning ~ Repairs
508.353.2279
gotogutterguy.com

Oil & Propane

AMERICAN DISCOUNT OIL & PROPANE

Need propane or oil right away?
Call American today!

OIL 10¢ Off PER GALLON (125 GAL MIN)
PROPANE 20¢ Off PER GALLON ON YOUR NEXT FILL UP (MIN 75 GAL)

With coupon. One coupon per customer. Exp 10/31/20. Cannot be combined with any other offer or on previous purchases or fuel assistance program

Order online
Americandiscountoil.com
413-289-9428
1182 Park St., Palmer, MA 01069

Paving

G. COOPER PAVING
New Beauty Blacktop
413.544.5381

DISCOUNTS ON REFERRALS! FAMILY OWNED & OPERATED

SENIOR DISCOUNT 10% OFF \$200 OFF NEW DRIVEWAY INSTALLATIONS

DRIVEWAYS • PARKING LOTS
SEALCOATING • STONE
HOT TAR CRACK FILL

"Big Or Small, We Do It All!"
FREE ESTIMATES

PROPERTY MAINTENANCE

DENHAM BROS.

PROPERTY MAINTENANCE

Webster, MA
Phone: 912-398-7497
Email: Douglas.Denham31@gmail.com

Power Washing

EXTERIOR HOUSE & SOFT ROOF WASHING

REMOVES HARMFUL:
Mildew • Moss • Algae • Oxidation • Dirt & Pollutants
FROM:
Vinyl • Aluminum • Wood • Brick • Painted • Stained

GREAT FOR: Before Paint Prep
Cedar Restoration • Decks • Patios
Stairs & Walkways • Foundations

HI-TECH MOBILE WASH
~ Est. 1987 ~

Commercial & Residential **100% Satisfaction Guaranteed or you owe nothing!**

PLEASE CALL
1-800-696-4913 • 508-248-4638
FOR MORE INFORMATION OR FOR A FREE ESTIMATE
www.hitechmobilewash.com

Snow & Ice Control

BRIAN'S TRUCK EQUIPMENT INC.

FISHER THE PLOWMAN

FISHER SNOW & ICE CONTROL
Authorized Distributor

508-867-6500
46 Quaboag St., Brookfield, MA

Stump Grinding

MILLER STUMP GRINDING

Asian Longhorn Beetle Certified
Fully Insured

REASONABLE RATES
PROMPT SERVICE
ROD MILLER • NICK MILLER
OWNERS / OPERATORS
508-688-2159

WASTE REMOVAL

TOM BERKOWITZ
~Est. 1980~

TRUCKING INC.

- Residential • Commercial
- Hauling • Recycling
- Demolition • Transfer Station

Northbridge, MA
508-234-2920
tomberkowitztruckinginc.com

CHIMNEYS

CHIMNEY CLEANINGS ONLY \$99

ALL KINDS OF MASONRY & CONCRETE WORK
New & Repairs, Repointing, Rebuilding, Re-lining, Waterproofing, Foundation & Chimney Repair, New & Stair Repair, Concrete Walkways, Stonewalls, New Roofs, Construction & Carpentry.
Need to get it done? Call me!
-FREE Estimates-
Quality Chimney (508)752-1003

Construction

Paul Giles
Home Remodelling & Kitchen Cabinets

- * Kitchen & Bathroom Remodelling
- * Window & Door Replacement
- * Decks
- * Ceramic Tile
- * Hardwood Flooring
- * Custom Made Kitchen Cabinets
- * Cabinet Refacing
- * Interior Painting

All work done by owner
Licensed & Insured
508.949.2384
860.933.7676

Electrician

BRIAN WOOD

Master Electrician
Residential • Commercial
o: 508.764.3925
c: 508-505-0111
35 Years of Experience
Lic#15885A | 29931E
Fully Insured
I specialize in:
New Construction
Renovations
Pools and Hot tubs
Lighting (int. & ext.)
Repairs and Maintenance
Electrical Panel upgrades
Bpwelec@gmail.com
Facebook:
Brian Wood Electrician

ELECTRICIAN

TERENCE W. ALDEN, JR.
LICENSED ELECTRICIAN

New Construction
Remodelling
Kitchen & Bath
Service Updates

W. Brookfield, MA
1.774.230.9606
Talden1987@gmail.com

Fully Insured
Accepts credit card payments & free online bank transfers
Licenses:
MA-13705-21777A,
NH-13932M, RI-B013781

GUTTERS

GUTTER CLEANINGS

508-867-2877
508-754-9054
A. Eagle Gutters

Handyman

No Job Too Small
Home Improvement
-Insured-
MA Reg #174661

- General Carpentry
- Laminated Floors
- Remodeling
- Kitchen, Bath & Cellar
- Painting
- Handyman Services
- Floor Leveling
- Power Washing and MORE!

See Our Work Online
nojobtoosmallhomeimprovement.com
Tel. 508.414.7792
Sturbridge, MA

Home Improvement

BONETTI'S
Home Improvement

Roofing
Siding
Decks
Remodeling
Windows
Doors
Basement Finishing
Gutters Cleaning
Pressure Washing
Painting Landscaping

Over 25 Years Experience
Residential Specialist
Licensed and Insured
128231
508-347-4906
Cell 508-688-0072

PAINTING

Scott Bernard's
PRECISION PAINTERS
Finest Craftsmanship Since 1979

Interior-Exterior
Paints, Stains,
Wallpaper and
Fine Faux Finishes

Satisfaction Guaranteed
Free Estimates
774.452.0321

Pest Control

ACCURATE PEST CONTROL
Full Pest Control Services
Over 28 yrs. experience
Reasonable Rates
Owner Operated
508-757-8078
Ask for David or Jason
Hight
Auburn MA

PLUMBING

JOHN DALY
Plumbing

Water heaters, Faucets, Toilets, New pex water piping, Outside hose connections replaced or added, Dishwashers, Garbage disposals, Water filters, Tub & shower valves, Tub & shower replacements
Any repair or replacement needed.
Buy your own fixtures & faucets, or I will supply.
Serving all of Worcester County
Lic.#MPL-21763 Since 1988
Call John 508.304.7816
We are home owners' plumbers!
jdman714@aol.com

Roofing

SAUNDERS & SONS ROOFING
When you need a roof, hire a roofing company, that's what we do!
Call Bill Toll-Free
1-866-961-Roof
508-765-0100
Lifetime material warranty & 25 yr. labor warranty available
MA Reg #153955
CSL #095459
CT-HIC #0638641
Fully Insured, Free Estimates
Family Owned and Operated
Now Accepting All Major Credit Cards

BBB ACCREDITED BUSINESS A+

ROOFING

David Barbale
ROOFING
Roofing/Gutters
Repair Work
Fully Licensed and Insured

MA LIC #CS069127
MA HIC. LIC #1079721
INS. #CAC032585

C: 508-397-6709
O: 508-248-6709
davidbarbale.com

ROOFING

GUARANTEED
Roofing & Building Maintenance LLC
Roofing, Siding, Gutter and Gutter Cleaning
Contact:
Daniel Truax
508-450-7472
gbmaintco.com

Senior Citizen Discount
Credit Cards Accepted
Over 30 years of satisfied customers
Fully Insured - Free Estimates
A+ Rating BBB
MA HIC Lic #146620
MA CSL #099487



This section reaches 47,000 households in 7 Massachusetts newspapers.

Cornerstone Bank promotes Heather E. Dumais to VP, Commercial Lender

WORCESTER — Cornerstone Bank is pleased to announce the recent promotion of Heather E. Dumais from AVP, Commercial Lender to VP, Commercial Lender. Heather has been in the banking industry for over 30 years. She has spent 12 years as a commercial loan officer, five of which have been at Cornerstone Bank.

Heather specializes in working with small business customers and providing guidance through the SBA loan process. She is passionate about finding the right solutions to fit her clients' financial needs and cares about the success of their businesses. Heather graduated from Boston

University with a BA in Economics. She is an active member of our local community, serving on the Board of Directors for RCAP Solutions in Worcester. In her spare time, Heather enjoys golfing and traveling.

"Heather is a valued member of the Commercial Lending team," said Cornerstone Bank President & Treasurer Todd M. Tallman. "She provides unparalleled service to her small business clients, and we look forward to her growth and success as VP, Commercial Lender."

About Cornerstone Bank
Cornerstone Bank is an independent, mutual savings bank serving the

residents, businesses, and communities throughout Central Massachusetts from offices in Charlton, Holden, Leicester, Rutland, Southbridge, Spencer, Sturbridge, Warren, Webster, and Worcester, along with a Loan Center in Westborough. Deposits are insured in full by a combination of the Federal Deposit Insurance Corporation and the Depositors Insurance Fund. The Bank is an Equal Opportunity Employer, Equal Housing Lender, and SBA Preferred Lender. For more information, visit online at cornerstonebank.com, on Facebook, or call 800-939-9103.



Heather Dumais

HALLOWEEN

continued from page A1

As Vice Chair Roland LaRochelle put it at their Thursday meeting, "follow the precautions," particularly masking and avoiding large clusters of people.

"Make sure you do this wisely," he added. "... Spread your wings, spread out a little" if in high-traffic areas.

To Forest Avenue resident Corey Alarie, the last point will be challenging in his area. The upper Marcy Street neighborhoods have been a Halloween hotspot for several years, in part due to the annual book distribution at Amelia Pelouquin's house. Hundreds of young people and their parents pour into that area, some from out of town due to social media postings. That routinely requires a police presence, with cruisers closing Marcy to vehicle traffic at Dresser and Hartwell for a couple hours.

Alarie said he didn't think many people would "follow the rules," and noted many teenagers would go with-

out supervision. In past years, he routinely saw clusters of 15 or more people waiting to go to various doors for candy.

Board members urged homeowners not to pass out treats directly, but to have bowls of them outside and rely on the "honor system" instead.

Two other Halloween activities will not be happening, however. The annual Horribles Parade was canceled some time ago, with Health Director Andy Pelletier telling the last Council meeting that social distancing would require the parade to be extremely long.

Likewise, the BOH opted against doing a "Trunk or Treat" event, which Harrington Hospital has hosted for the last couple years, drawing large and rather dense crowds. "Having done things on the common and being mobbed by 300 people in 30 seconds," Stephens said she didn't think such an event was a good idea now.

A key part of the concern is that Southbridge's number of new cases has started climbing again after being almost none for some time. As of Friday

morning, the town had 13 active cases, three of them students (two Bay Path, one Southbridge), but Pelletier said all of them have been attending remotely and there's no evidence of cases within the schools themselves yet. Since the pandemic began in March, Southbridge has had 229 total cases, of which 199 have recovered, 10 have died and seven were determined not to actually be Southbridge citizens.

Based on the way the state calculates things, such numbers make

Southbridge a "red" town, defined as having a case rate above 8.0 per 100,000. Pelletier said if that continues for more than three weeks, the BOH may recommend various controls, including having the schools revert to being entirely remote, rather than hybrid.

Gus Steeves can be reached at gus.steeves2@gmail.com.

THIRD CASE

continued from page A1

self-quarantine for ten days regardless of test results.

"Our student body and staff have been closely adhering to the safety protocols including mask wearing, hand washing, and physical distancing. We are grateful to our families for their continued efforts to keep students' home at the first sign of symptoms. These measures, taken in

combination, greatly reduce the risk of additional transmission," Brenner wrote in the letter.

The letter also reiterated the previous release's details about cleaning procedures and other safety measures being taken at the school to prevent the spread or risk of infection from the COVID-19 virus including sanitization and cleaning practices. As always, any parents or community members with concerns are invited to contact Brenner directly at KBrenner@bay-path.net.

ZONING

continued from page A1

houses).

"All developments shall be reviewed for compatibility with the Southbridge Master Plan and be supportive of the public health, general welfare and safety of the community, including adequate provision of public facilities and a minimum number of access points on existing roads," both proposals state as one of their "general requirements."

Among the notable differences are a requirement in the AO for a 25-foot planted buffer between any new residential development and existing residences. Furthermore, the prohibited uses list mentions several items not in the Globe list, sometimes because they already exist there. It states the AO zone will not allow "bulk storage or manufacture of materials or products that could decompose by detonation" (Globe already houses a Peterson Oil site); "a facility that contains or conducts research involving Biological Safety Level-3 ... classification or higher;" and rendering, service stations or car washes (the last two are in the Globe now).

When asked at the Planning and Development Subcommittee meeting about potentially adding nuclear power, waste disposal, and various weapons manufacturing or other items to the AO prohibited list, Town Planner Eric Rumsey noted he didn't see much likelihood of them coming, but "If an industry wants to come to town, we should promote any and all industry."

More generally, Economic Development Director Rosemary Scrivens said, "Unless specifically addressed, the underlying zoning would come into play." Thus, whatever is allowed "by right" or prohibited would still be, and other uses would still need special permits.

In both new districts, Rumsey noted the proposal calls for developers to submit "concept plans" for using the undeveloped land, which he described as "a more formal pre-application discussion" than what now happens. He said the Planning Board "spent a lot of time going over this and what properties they included and don't include." Among the properties they opted to exclude were the triple-deckers across Rte 131 and some other smaller parcels, many of them residential.

That resulted in a map that has some "bites taken out" and other odd-looking shapes, which drew some questions from councilors at the P&D meeting. Even if existing house lots were added, he noted, they'd still be limited by the residential zoning and "not benefit from the live-work-play" concept.

Regarding the Table of Uses, the most notable changes involve adding requirements for developers to get site plans reviewed for many kinds of uses in various zones. In most of those cases, the previous table simply listed those uses as "by right," so this adds some level of oversight. Additionally, it adds whole new uses in some districts, including "commercial battery storage" by a special permit in all zones; "short-term rental (Air B&B/VRBO)" and "boarding houses" by

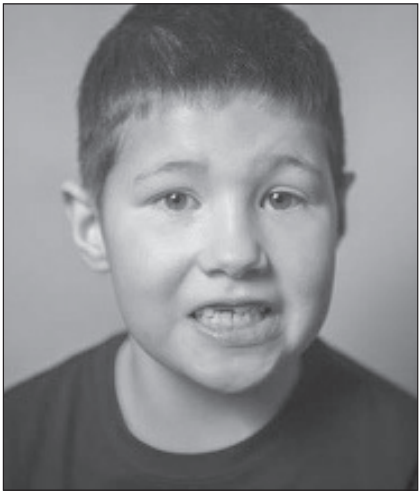
special permits in some zones; and "mixed use buildings" by special permit in R2 and R3 zones.

All of these proposals are on the town's main webpage. As of last weekend, the date for the public hearing was not yet on the town's website, but

Council Chair Jack Jovan indicated on Oct. 5 he'd like it to be about three weeks from that date to give the public enough time to see the changes and ask questions.

PLACE MOTORS IS PROUD TO SPONSOR

Friday's Child



Elijah
Age 9

Hi! My name is Elijah and I am always ready to have some fun!

Elijah is a fun loving and happy boy of Caucasian descent. Elijah is very polite and friendly towards others. He is great at making friends and making others laugh. At times, Elijah is very energetic and enjoys being active. He likes playing outdoors, building with Legos, and doing arts and crafts. Elijah's favorite activities are ones done outside like camping, fishing, hiking, and biking.

Freed for adoption, Elijah would do well in any family constellation

with or without other children in the home. Elijah would like his new family to help him maintain contact with his older brother who is already adopted. Elijah is looking forward to having fun in his new family.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-6273 or visit www.mareinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



Place Motor Inc.

Thompson Road, Webster, MA 508.943.8012
Massachusetts oldest family owned Ford Dealer - since 1923

www.placemotor.com • "Like Us" on Facebook



The "Right Place" since 1923



MOVING?

FRESH START
THE MOVING CREW

CALL US TODAY
508-868-4291

www.FreshStartMovingCrew.com

MDPU# 31690 | USDOT# 2407387 | MC# 828326

ESTABLISHED 1923



PO Box 90
SOUTHBRIDGE, MA 01550
TELEPHONE: (508) 764-4325
FAX: (508) 764-8015
www.StonebridgePress.com

FRANK G. CHILINSKI
PRESIDENT & PUBLISHER

BRENDAN BERUBE
EDITOR

EDITORIAL

Body language never lies

Mark Twain once wrote, “If you tell the truth, you don’t have to remember anything.”

There has been a great deal of chatter in town about transparency in national politics. While we like to focus on the facts, it’s been clear that as of late, facts are hard to decipher in the current climate. Misinformation runs rampant and several individuals stated that they just don’t know what to believe anymore. This led us to discussions regarding the FBI and how law enforcement personnel can spot tells, if someone is being untruthful.

According to body language experts, there are tells to let you know if a person is being dishonest. There are exceptions to the rule of course, but this tidbit of knowledge may come in handy or may serve as a bit of fun the next time you’re in a group setting.

Facial expressions, verbal cues and body language are said to give away a person who is fibbing. Experts say that these cues are due to chemical and physical reactions or nervousness.

If you are trying to decipher whether or not a person is fibbing, it helps to know how they act under normal circumstances. This way, you can determine if any responses are simply idiosyncrasies or tells.

The eyes say everything. Look for incessant blinking. Normally a person will blink up to six times every 60 seconds. If an individual is lying, they might blink five or six times very quickly. Further, pay close attention to how long a person closes their eyes mid conversation. If someone has closed their eyes for up to two seconds, they could be lying to you.

At some point, we’ve heard the notion that a person is lying if they look up and to the right, however this depends on whether or not the person is right or left handed. If a right handed person looks up and to the left, they are searching their memories and likely are being truthful. If they look up and to the right, they are searching their imagination, and preparing to create an answer. Keep in mind that some people could look straight ahead when trying to recall a memory.

FBI experts say that if you ask a person about something they have heard, their eyes will move towards the left ear. If eyes shift to the right, a lie could be coming. Eyes will move down and to the left if the memory is about one of the five senses. Again, eyes will move down and to the right if a person is about to lie. You can also tell if a smile is genuine if wrinkles form by the eyes.

Lying could cause a person’s face to itch. Watch to see whether or not a person is scratching their face while in conversation. Mouths tend to become dry when a person is lying as well. Lips that are pinched and colorless could also give away a person’s mis-truths.

A person may begin to sweat as well or blush. Blushing is the result of the release of adrenaline.

If someone is being truthful with you, they will typically shake their head in unison and in agreement with what they are telling you. However, the opposite is also true. If a person is shaking their head in disagreement with what they are saying, likely you are being lied to.



OPINION

Viewpoints and commentary from the Tri-Community and beyond

The death of civility

I always marveled when watching film clips of British Parliament as they would shout, boo, and speak over any person at the podium they disagreed with. I always thought it was rude and was certain we’d never act that way in the USA. Boy ... was I wrong!

The level of civility we enjoyed in our past has been shattered, and I’m afraid may never return.

How’d we get here?

One side will always blame the other, but don’t jump too quick. The left squarely blames President Trump, but it began developing long before him. Think back to President Bill Clinton and the Monica Lewinsky scandal. The GOP House decided to impeach President Clinton, knowing they could not get the Senate to agree. They proceeded anyway (much like the Trump impeachment) to score political points and to embarrass the President.

When George W Bush was elected, the left didn’t forget and took revenge. Through surrogates, President Bush was labeled stupid, uneducated, incompetent, and worse. The vitriol was shocking. Fast forward to the election of President Obama. The anger among politicians and the nation turns up a few notches, and the temperature of the debate rises. Contrary to some who claim otherwise, I don’t believe it was racially motivated, but instead a widening separation of ideology. The politicians were slowly moving away from the use of surrogates, and the name calling became personal and direct.

Next, we elected a businessman who promised to “drain the swamp” (it is a swamp), and it has now not only become fashionable to call each other names on Capital Hill and the media ... it’s become acceptable ... it’s encouraged. It’s a disgusting mess.

Adults on both sides acting like spoiled children.

Of course it’s wrong, and both sides know it. They can’t stop pointing their finger at the other side long enough to acknowledge the problem and join to fix it.

We reap what we sow.

What are we teaching our children through this example of name-calling hyperbole? We are already seeing the fruits of our lack of civility play out in the streets and on the news. Brick-throwing, neighborhood-burning, looting, extreme violence, and murder are a few of the products of the example set on both sides of the aisle. It’s becoming acceptable to do anything to anyone you may disagree with.



POSITIVELY
SPEAKING

GARY W.
MOORE

For partisan reasons, a few will disagree, but I point to President Ronald Reagan as the “gold standard” of civility and eloquence. Forget your political ideology and focus only on the civility of his rhetoric. Where is our next Politician of civility? Will there ever be another?

A few weeks ago, I said optimistic people do not act this way, and it’s true. When you believe something better is possible, your mind and body conspire together to make the optimistic vision you see, a reality.

Want to positively impact the future of our nation and world? Raise a generation of optimistic children. Want to bring back civility to our nation? Nurture a positive and optimistic attitude in the classroom.

Last year, I spent time substitute teaching to help a local school district. I encountered a sense of helplessness and pessimism in most students. I experienced firsthand the vulgar language and name-calling that will follow them into adulthood if something doesn’t change within our educational system and in our homes.

I don’t think civility is dying in our country, it’s being killed.

What should we do? We need to launch “The American Institute for Positivity and Optimism in Education.” In this center there would be an effort to educate parents on the long-lasting and positive impact of optimism in their lives and lives of their children. This center would also educate teachers on how to instill optimism into their students’ lives.

We also must move our higher education institutions back the center where students can hear competing voices and make choices for themselves. As of now, most of our colleges and universities have become centers of indoctrination where only one side is heard. Differing thought is not tolerated. There can’t be civility without inclusion and acceptance of others and their differing pints of view.

I’m out of space for today’s column, but you certainly get the picture.

I choose to continue to fight for and preach the benefits of living an optimistic life.

Will you join me?

Gary W. Moore is a freelance columnist, speaker, and author of three books including the award-winning, critically acclaimed, “Playing with the Enemy.” Follow Gary on Twitter @ GaryWMoore721 and at www.garywmoore.com

Tips to Scent Your Home this Season

Scents are powerful - just a small whiff of certain smells can fuel emotions. From altering moods and sparking memories to creating calm and promoting focus, fragrance can be profoundly influential in our everyday lives.

Autumn in New England offers an abundance of native sights and scents that can be captured as everlasting fragrance for the home. This week’s column will spotlight a few simple recipes to bring the spectacular fragrance of the season indoors for months to come.

New England Potpourri Mix

This all natural autumn potpourri mix will bring you back to a walk along winding New England roads. A few drops of essential oil may be added to boost the scent as the mixture ages.

Ingredients: Dried slices of two Red or Golden Delicious apples (or other hardy New England variety); dried slices of one orange; eight cinnamon sticks; one tablespoon nutmegs; three tablespoons whole cloves; 2 Whole nutmegs; Filler: acorns, dried leaves, bark pieces, pinecones, etc.

Directions: Break up (or smash) the cinnamon sticks and some of the whole cloves to release fragrance. Mix together all ingredients, gently folding in apple and orange slices last. Place in an open bowl or pack in a clear glass jar for gift giving or later use.

Pie Spice Sachets

The sweet scent of freshly baked apple and pumpkin pies can be resurrected every time you reconstitute these essence filled sachets. Best of all, these



TAKE
THE
HINT

KAREN
TRAINOR

can be used to scent the air and to spice up cider!

Ingredients: 2 tablespoons pumpkin pie spice; 4 teaspoons ground cinnamon; 2 teaspoons nutmeg; 2 tablespoons applesauce

Mix the applesauce and spices together in a bowl. Dough will be very stiff. Pinch off small pieces of dough and roll into balls. Press down to form discs, about an inch or so. Bake in a 275 degree oven for about two hours or until fully dry and firm. Allow to cool and harden.

To use for simmering potpourri: Drop one disc into a couple of inches of simmering water.

To use as spice sachet: Drop into container of simmering cider.

Autumn Wax Tarts (Recycled candles)

Making fragrance tarts is easy (and free) if you’ve collected all your autumn fragrancend candle ends throughout the year.

Ingredients: Leftover candle wax; foil cupcake wrappers.

Directions: Carefully melt leftover candle bits in a double boiler or use the warming tray of a drip coffee maker. Remove wicks and black bits from melted wax. Line a cupcake pan with aluminum foil cupcake liners. Pour about an inch of wax into each aluminum wrapper. Allow to cool, then remove wrapper from tin and peel off tart.

Prize Winner:
Congratulations to Claire Horvath of Sturbridge, whose name was drawn for

Turn To TRAINOR page A9

Avoid financial mistakes during retirement

When you retire, you’ve learned a lot about all sorts of things, helping you avoid some of the mistakes you made earlier in life. However, you may still be susceptible to financial mis-steps specifically related to your retirement years. How can you dodge these errors?



FINANCIAL
FOCUS

JEFF
BURDICK

Consider these suggestions:

Manage your withdrawal rate carefully. You will likely need to tap into your retirement accounts – your IRA and 401(k) or similar employer-sponsored plan. But you should establish an annual withdrawal rate that’s appropriate for your situation. By withdrawing too much each year, especially in the early years of your retirement, you risk outliving your resources. You may want to consult with a financial professional to determine the withdrawal amount that’s right for you. (Keep in mind, though, that once you turn 72, you will be required to take out at least a certain amount each year – based on your age and account balance – from your traditional IRA and 401(k) or similar plan.)

Don’t underestimate health care costs. Once you turn 65, you will be eligible for Medicare, but you may still need a Medicare supplement plan and will probably also incur other expenses. In fact, a healthy 65-year-old couple who retired in 2019 will need nearly \$390,000 over their remaining years just to pay for health care, according to HealthView Services, which produces health-care cost projection software. Other estimates show different amounts, but they all amount to hundreds of thousands of dollars. So, when calculating your expenses during your retirement years, reserve a big space for health care.

Don’t take Social Security too early. You can start receiving monthly Social Security checks when you reach age 62, but your payments will generally be significantly larger if you wait until your “full” retirement age, which will probably be between 66 and 67. (The size of your payments will “max out” at age 70.) Of course, if you need the money at 62, you may have to take it, but if you believe you have longevity working in your favor, and you can afford to wait, you may be better off by delaying Social Security as long as possible.)

Don’t invest too conservatively. Once you’re retired, you might think that you should take as few chances as possible with your investments – after all, you simply have less time for them to bounce back from a downturn than you did during your working years. Nonetheless, it’s important to own a reasonable percentage of growth-oriented investments to help keep you ahead of inflation. Even at a low rate, which we’ve experience recently, inflation can erode your purchasing power over time.

Don’t be more generous than you can afford. If you have grown children who need financial help, or grandchildren heading to college someday, you’d no doubt like to do whatever you can to provide assistance. However, the hard truth is they simply have more time than you do to find workable financial solutions, whereas if you deplete your funds through your generosity, you could put yourself in a precarious position. So, be as giving as you can afford – but don’t go beyond that. By preserving your financial independence, you’ll end up benefiting your family, as well.

Retirement can be a wonderful time of your life – and you may enjoy it more by doing what you can to avoid costly financial mistakes.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Jeff Burdick, your local Edward Jones Advisor in Sturbridge at 508-347-1420 or jeff.burdick@edwardjones.com.

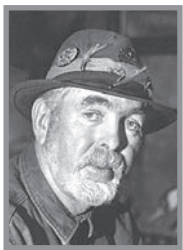


www.StonebridgePress.com

It's time for tautog

It is the season for catching tautog. This week's photo of my nephew with a 16 pound tautog caught last week in Massachusetts waters was indeed a whopper! This writer, along with a few local boys, fished Rhode Island waters again last week, and caught some more seabass and a few tautog. The largest tautog was in the six pound bracket, but my buddy and I both lost a monster fish. They broke 50 pound test line! Unfortunately, tautog need to be brought off of the bottom as quickly as possible, or they will run your line through the rocks fraying and ultimately breaking the line. Tautog fishing will only get better in the coming days and weeks, and will last well past Thanksgiving, if you can handle the cold weather.

Pheasant season opened in Massachusetts this past Thursday, with a good amount of birds being stocked in open covers throughout the state. This year, local clubs that raise chicks for the state were able to raise them again even through the pandemic. Mant bird hunters were afraid there would be less birds this year, but the state came through with a good amount of birds to stock. The Worcester County Jail inmates also raised a good amount of birds this year for Mass.



THE GREAT
OUTDOORS
.....
RALPH
TRUE

Fish & Wildlife. The Larkin Memorial site in Northbridge was dropped by the state this year due to poor cover. Numerous other sites were dropped from the stocking list because of inadequate cover and encroachment of houses along property lines.

Archery deer season opens on Oct. 5 through Nov. 28 in zones 10-14. Archery season opens in Massachusetts in Zones 1-9 on Oct. 19-Nov. 28. The Valley has a high population of deer this year, and the bountiful acorn drop is sure to help in keeping a healthy well-fed deer herd.

Local anglers are catching some impressive largemouth bass in local waters. Live bait like shiners are the number one choice of local fishermen. Trout fishing is also picking up at recently stocked waters. There is sure plenty to do if you enjoy the Great Outdoors.

This year, deer hunters do not need to bring their harvested deer to a check station during all three seasons, because of the Covid outbreak. You still need to register them online!

There is a lot of talk about opening up the Westhill Dam area that is frequented by a few thousand people annually. The access road to Harrington's Pool is limited because



Photo Courtesy

This week's picture shows Capt. Mel True of FishNet Charters with a monster 13 pound Tautog.

of the closing of the main road after a surveyed property line revealed that the town does not own a small section of the road. Recent talks with the Town manager and some available monies could lead to a section of road around the closed property being built soon. Contacting your local and state

politicians could help in getting the monies approved. It is an election year, and it would be nice if they worked to get the job done!

Take A Kid Fishing & Keep Them rods Bending!

TRAINOR

continued from page A8

the Publick House Dinner for Two!

She sent in the following timely recipe that uses leftover Halloween candy:

With Halloween soon coming, chop up a few peeled and cored apples and place in a baking dish. Chop up a few leftover Snicker candy bars and cover apples. Bake at 350 for 15 minutes. Serve with real whipped cream.

Win Dinner for Two at the Publick

House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month will win a fabulous three course dinner for two at the renown restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or E-mail KDRR@aol.com. Hints are entered into a drawing for dinner for two at the historic Publick House Inn.

ENTERTAINMENT AND
EVENTS

DON'T MISS
A THING!

MEET YOUR MERCHANTS SCRAMBLE ANSWERS

The Winner of a random drawing of all entries for a \$25 gift certificate to one of our Meet Your Merchant advertisers is Doreen DeWitle of Webster



MEET YOUR MERCHANTS SCRAMBLE ANSWERS

- | | | |
|---|--|--|
| 1. ILMERL USPMT NGIINRDG
Miller Stump Grinding | 19. NPEIP GIRTENA
Pepin Granite | 37. WAS TDSU ECEFOF EHSUO
Saw Dust Coffee House |
| 2. WNE NAGEDNL EDARY XIM
New England Ready Mix | 20. OATTRNEY ANAEDR ODGRNO
Attorney Andrea Gordon | 38. NSAL NAIPT NCTERE
Nals Paint Center |
| 3. DASVE EILSCPPAAN
Daves Appliances | 21. ELMIELCH YRAMRU SQE
Michelle Murray Esq | 39. EAHR JYO OUOADLIYG
Hear Joy Audiology |
| 4. NNIBUKA
Unibank | 22. REUUMOLXA RODF
Lamoureux Ford | 40. ETH MRASRFE EGLLRYA
The Framers Gallery |
| 5. UGIKZ MOORT ELSSA
Guzik Motor Sales | 23. ISLA ERUBAUOD
Lisa Boudreau | 41. CARUETAC MICAEDL OICLGON
Accurate Medical Cooling |
| 6. CAAKPOGAH CMIOUS CSHLOO
Pakachoag Music School | 24. APRTEC REVLO USPL
Carpet Lover Plus | 42. LHODEN NIGEHRA DIA TNEREC
Holden Hearing Aid Center |
| 7. OBND NASD ERGVAL DAN SHTLAPA
Bond Sand Gravel and Asphalt | 25. KSDCI IRET BRAN
Dicks Tire Barn | 43. LTUBAHS'TI YPOLUTR
Thibault's Poultry |
| 8. JM WIMIALSL AEHTIG & AC
MJ Williams Heating & AC | 26. OTH UCSESMOT
Hot Costumes | 44. SHEFR SATTR VINOGM CWER
Fresh Start Moving Crew |
| 9. PARU ADVI IHNPSSA ORGUNTIT
Pura Vida Spanish Tutoring | 27. AJSINEN SEFOTER
Janines Frostee | 45. SENLAGO OATU
Angelos Auto |
| 10. REIECTLES TVNERIEARY LICINC
Leicester Veterinary Clinic | 28. BERLULNE DNA NOSS LSDCNPGNAAI
Brunelle and Sons Landscaping | 46. JS TOUA
JS AUTO |
| 11. KYAEEN DERIN
Yankee Diner | 29. MOTIUQSO JOE
Mosquito Joe | 47. ACMRO ONWIDW EERVCS
Ramco Window Service |
| 12. HAUSBLTTI UOCTNYR EROST
Thibaults Country Store | 30. FEVI RTAS OTAU
Five Star Auto | 48. DOESIPS ALL
Dispose All |
| 13. DO TI 4 U USTDIO
Do It 4 U Studio | 31. DEROCKO ECREK
Crooked Creek | 49. JUNE SKIAKMASSUA
June Simakauskas |
| 14. LEIARSHC ERDI,N ,RAB GLLIR
Charlies Diner, Bar, Grill | 32. INPPE SWAET REVCISE
Pepin Waste Service | 50. 308 DLKEIESA
308 Lakeside |
| 15. DNDRAOIR E'KEFEO EASH
Dorrinda O'Keefe Shea | 33. LUNEC SSAM ZIZPA
Uncle Sams Pizza | 51. HUETRGAD ROF HERI
Daughter For Hire |
| 16. IEKALMA TRVCIO
Mikaela Victor | 34. SC& MBUERL CO CIN
C&S Lumber Co Inc | 52. NTUYOCR BAKN
Country Bank |
| 17. SRPNCEE YAIFML NELTAD
Spencer Family Dental | 35. MXEAR TVEAANDGA
Remax Advantage | 53. ORUY LHEATH ASTRTME
Your health matters |
| 18. GQABUAO BTAHITILNARIOE
Quaboag Rehabilitation | 36. ESAORTHN AIZPZ
Northeast Pizza | |

OBITUARIES

Harry J. Lazo, 74

SOUTHBRIDGE Harry J. Lazo, 74, passed away on Wednesday, Oct. 7th, surrounded by his family at home.



He leaves his children, Jason Lazo of Long Beach, CA, Adam Lazo and his wife Sarah of Henderson, NV and Victoria Lazo of Dudley; his granddaughter, Sophie Lazo; his longtime companion of 35 years, Laurie J. Dunleavy; his two stepchildren, Sean Dunleavy of Bennington, VT and Brian Dunleavy of St. Petersburg, FL; his two brothers, Kristi Lazo of Fairfax, VA and James Lazo of Southbridge; his former wife, Janice (Slota) Phillips of Maine; and several nieces and nephews. He was predeceased by his two brothers, Sammi Lazo and Michael Lazo. He was born in Southbridge the son of Dhosi and Elizabeth (Kota) Lazo. Harry graduated from Southbridge High School and attended Kilgore College. He proudly served his country in the US Army during the Vietnam War era.

Harry was a longtime restaurant owner in Southbridge of Papa Lazo's, Tin Lizzy's Disco and Copper Penny restaurants for over 25 years. Harry operated the Dudley Golfing Range with his daughter for 16 years.

He truly enjoyed spending time with his family and friends. He took great pride in his community, coaching and sponsoring many athletic teams throughout the years. He will be greatly missed by his longtime Shih Tzu companions. Harry's passion as a chef, and his uncanny ability to offer his help made him uniquely special and loved.

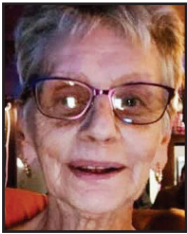
Calling hours for Harry were held on Monday, Oct. 12th, from 4:00 to 7:00pm in the Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge. His funeral service in the St. Nicholas Albanian Church, Southbridge, will be private due to Covid 19 capacity restrictions. Burial in Oak Ridge Cemetery, Southbridge, will be held at the convenience of the family.

In lieu of flowers donations may be made to St. Nicholas Albanian Church, P.O. Box 650, Southbridge, MA 01550 or to Second Chance Animal Shelter, P.O. Box 136, East Brookfield, MA 01515.

www.morrillfuneralhome.com

Mary E. "Millie" Buckner, 77

GLENDAL, AZ/ SOUTHBRIDGE- Mary E. "Millie" (Marand) Buckner, 77, of Glendale, AZ formerly of Southbridge, MA passed away on Friday, October 2, 2020.



Mary was the daughter of the late Arthur and Lillian (Bachand) Marand. She leaves behind her brothers Gerald (Rae) Marand of Woodstock, CT and Russell (Shirley) Marand of Woodstock, CT. Her children Wendy ((John) Tretheway of Southbridge, Debra Sibley of Southbridge, Joseph (Patty) Sibley of Southbridge and Mary (Benjamin) Esteban of Peoria, AZ. She was predeceased by her husband Carl and her brother Donald Marand. She leaves behind many nieces and nephews, and extended family. She also leaves 5 grandchildren, Jeremy, Rosalie, Brenna, Savannah,

Isabella, and 5 great-grandchildren, Cavan, Caleb, Connor, Catherine and Lilly.

She leaves behind many longtime friends whom she loved dearly.

Mary had various jobs when she lived in MA, the American Optical Co., Southbridge Livery, Southbridge Public Schools and Big Bunny Market.

She moved to Arizona in 1993, where she worked at Banner Thunderbird Cafeteria, and Peoria Unified School System in the cafeteria.

She enjoyed bowling, going to yard sales, collecting odds and ends, her cats, decorating for Christmas every years, casinos, bingo, hanging out with her friends at Open Mic Night at different establishments.

Due to Mary's wishes burial will be for family only. The family asks you to remember Mary by wearing her favorite color purple and or making a donation to a charity of your choice. If you knew Millie, then you knew her favorite word.

Marie C. Ryan, 84

SOUTHBRIDGE/ WEBSTER- Marie C. (Cicero) Ryan, 84, of Christopher Heights, and formerly of Southbridge, died Friday, October 9, at Harrington Memorial Hospital after a brief illness. Her husband of 58 years was the late William F. Ryan, Sr., who died March 12, 2016.



She is survived by her 5 sons: William F. Ryan and his wife Brenda of Sturbridge; Daniel Ryan and his wife Lori of Sturbridge; Michael Ryan and his wife Maryann of Stratford, CT; Christopher Ryan and his wife Linda of Meriden, CT; Kevin Ryan and his wife Nancy of Pennfield, NY. She leaves 9 grandchildren: Melanie, Carly, Kyle, James, Leah, Tori, Maddie, Connor, Luke; and 4 great-grandchildren: Eliza, Julian, Alfie, and Charlotte. She also leaves a brother, Daniel Cicero and his wife Dorothy of Bridgeport, CT, and 3 sisters: Lucia Arsenaault of Bridgeport, CT; Rose Truncone and her husband

Sam of Crawfordsville, IN; and Diane Raschke and her husband Edward of Monroe, CT; as well as many nieces and nephews. Marie was predeceased her brother Joseph Cicero.

Marie was born in Dunmore, PA, daughter of Daniel J. and Alberta (Janis) Cicero. She lived with her husband and sons in Hebron, CT. She worked for many years with handicapped children for the Easterseals Society of CT, and was also a beloved nanny. In 1991 she relocated to the Southbridge area where she worked at the Publick House Bake Shop until retirement. Marie was a devout Catholic and she enjoyed reading, puzzles and birdwatching, but most of all she loved spending time with her loud and loving family.

The funeral will be Thursday, Oct. 15, 2020 with a Mass at 10AM at St. Anne's Church, 16 Church Street, Fiskdale, MA 01518. A calling hour will be held prior to the mass at Sansoucy Funeral Home, 40 Marcy Street, Southbridge, MA 01550 from 8:30-9:30AM. Burial services will be private. Please consider a donation to Easterseals in her honor.

Alice Ann Elkins DiGregorio, 90

SOUTHBRIDGE- Alice Ann (Wonoski) Elkins DiGregorio, 90, passed away on Sunday, Oct. 4, in the Overlook Masonic Healthcare Center, Charlton, after a long illness.



Her husband, Frank DiGregorio, passed away in 2006. She is survived by her sons, Donald Elkins and his wife Catherine, and Douglas Elkins; her stepchildren, David DiGregorio and his wife Judy, Linda DiGregorio and her husband Bruce Gumbert, Terry Paquin, and Elizabeth Paquette and her husband Edward; her broth-

er Robert Wojnowski and his wife Patricia, her sister Carole Wonoski; sixteen grandchildren and many, many great-grandchildren. She was born in Webster the daughter of William and Winifred (Kokernak) Wonoski.

She enjoyed painting, listening to music and spending time with her friends and family. Memorial services will be private. There are no calling hours.

In lieu of flowers, donations may be made to The American Heart Association, P.O. Box 417005, Boston, MA 02241.

The Daniel T. Morrill Funeral Home, 130 Hamilton St., Southbridge, is directing arrangements.

Doris G Tkacik, 91

STURBRIDGE/ PORT CHARLOTTE, FL- Doris G (Cournoyer) Tkacik, 91, of Port Charlotte, FL, and formerly of Southbridge and Sturbridge, died October 8, 2020, at Tidewell Hospice, after a brief illness.



Her husband of 62 years, Edward P. Tkacik, died April 3, 2016. She leaves her daughter Louise M. and her husband James Amaral of Sturbridge, and her granddaughter Lindsay (Vrabel) and her husband Brian Rounds of Portland, Maine, nieces and nephews. She was predeceased

by her sisters Gloriette Pappas and Pauline Renaud.

Doris was born in Southbridge, daughter Zepherin and Cecile (Girouard) Cournoyer; and lived most of her life in Southbridge before moving to Sturbridge and Florida. She graduated from the former Mary E. Wells High School, Class of 1947. She worked for many years at Curtain Concepts in Southbridge, both at Main Street and Hamilton Street locations. She was also a longtime member of Notre Dame Church.

Due to Covid restrictions, burial services will be private. Sansoucy Funeral Home, 40 Marcy Street, Southbridge, MA 01550 is assisting the family with arrangements. www.sansoucyfuneral.com

Patricia Jean Bastien

Passing on the luminesce energy of a White Birch Moon



The family of Patricia Jean (Pilski) Bastien woefully announce her passing to Heaven. Ma passed peacefully in her sleep on Thursday, October 1st in her home. Ma passed after spending a splendid weekend with her daughter Nicole & companion Michael.

Ma lovingly leaves behind her two daughters, Tanya Christian & her partner Kevin Buxton of Southbridge, Nicole Bastien & her companion Michael Peterson of Holland, her four cherished grand daughters Megan Patricia Ruzycki Sheridan (of her grandmother's namesake) & her husband Kyle Alfred Patrick Sheridan, Amanda Nicole Cooper, Natasha Day Christian & her partner Jason Yelinek, Brittany Night Christian, & her two treasured Great Grand Daughters Alexis Pamela Rose Cooper & Charlotte Day Yelinek, her dear friend Michael Derry, Buddy Bob, Ma's many beloved extended family & friends & all her fur babies.

Ma was born February 10th 1948 in Worcester, Massachusetts, the daughter of late, but beloved Edward Pilski & Lucielle M. (Korson) Pilski Gregory.

I now ask that you take a moment to fondly reminisce of Ma's time with you. Indulge in a cup of tea. If you have a candle available, please take the time to light it meow. Remember, enjoy, relish, cry, laugh, love, delight, dance & experience all the pleasures of Ma's poetry. May your soul be comforted knowing you will always go through life with Ma. She will always be with you in your Heart & Mind. I now present to you a few cosmic connections, messages from my precious poet Matriach. OUR Collective Grand Ma Ma!!!

Friends

Love things cannot be realized until the specialness of another makes it so.

Missing You

Weakened at times. Almost slipping into thin air. Needing to share, reaching out, Hoping to find you there!

Loving You

Loving you the way I do . . . just because I do.

Knowing you the way I do . . . seems to set me free.

Loving you the way I do . . . just because you're you.

Your Love is Strong Medicine – A tribute to Ma. Love your Buttercup Fairy Angel, Meg. If you feel so inclined, please Let Her KNOW you Love HER by reading the next excerpt aloud.

You read & understood me like no other. You were fluent in the language of my soul. You anticipated what I needed before my heart knew what was missing. Your tender heart wishes opened me up to love parts of myself that ached for love & I knew not of their existence. Giving me endless gardens to cherish myself in, to dance & sing with you, to rally a universal love for all!!! You warm my groovy soul & spark my tender heart. I will miss you forever & I'll learn from you always. Love, Peace, & Ma xoxo

Thank you for reading my heart lyrics for Ma aloud. I would like to hope you are meow feeling plenty inspired. I meow leave you with Ma's personal introduction. It is an untitled peace from God's hand to Ma's pen. Ma's way of saying "Hello, I love you, & Peace."

Today I no longer question my sorrow but rejoice in it's purpose to help me grow into a woman of God's design.

My desire is to help reveal our purpose to be one – to help replace fear with Love, Acceptance, & a deep knowing that only in the shapeless essence of reality are we able to touch the limitless thrills of life!

I thank God for the Bittersweet & will weave it's Wisdom into the tapestry of my life which I will lay at Heaven's Gate someday. My words are limited but my Love is not.

Ma's ceremonial transformation into Star Dust was a private gathering with close family & friends. Once travel restrictions due to the pandemic have been lifted invitations will be sent for Ma's Celebration of Life Party. In lieu of flowers please feel free to send a day brightener to one of Ma's many family members or friends.



**News,
really close
to home**

StonebridgePress.com

CDBG-CV grants available to microenterprise businesses

REGION — The Town of Southbridge is leading a regional Microenterprise Assistance Grant Program, awarding up to \$10,000 to eligible businesses in Southbridge, Sturbridge and Charlton that have experienced financial loss due to Covid-19 and the associated shutdowns. Eligible businesses must have five employees or fewer (including the owner), must have been in business since Jan. 1, 2019 and must be able to demonstrate revenue loss caused by the pandemic. The business owner's family income must fall within certain limits. Other eligibility requirements apply.

The Town of Southbridge was awarded \$250,000 in Community Development Block Grant funds (funded by the U.S. Department of Housing and Urban Development through the Federal CARES Act and administered by the

Massachusetts Department of Housing and Community Development) for this regional program. The Quaboag Valley Community Development Corporation (QVCD), located in Ware, is administering the program locally.

"We are grateful that the federal government and the Commonwealth of Massachusetts have given us this opportunity to assist our region's small businesses during this very difficult time," says Rosemary Scrivens, Director of Economic Development and Planning for the Town of Southbridge. "We encourage all eligible small businesses in Southbridge, Sturbridge and Charlton to apply for a Microenterprise Assistance Grant."

Applications for the program will be available on Oct. 9. Grant awards will be made on a first-come, first-served

basis until the funds are exhausted. To learn more about the Microenterprise Assistance Grant Program, contact Dakota Desrochers at dakota@qvcd.org or 413-967-3001. Applications are available on the QVCD Web site at www.QVCD.org. Paper copies of the application are also available at the Southbridge, Sturbridge and Charlton Town Halls and at the QVCD office.

The Quaboag Valley CDC/BAC is an equal opportunity employer; lender and provider and does not discriminate on the basis of age, color, disability, family/parental status, national origin, race, religions, sex, gender identity (including expression), sexual orientation, marital status, income derived from public assistance programs, political beliefs, or reprisal or retaliation for prior civil rights activity.

Homegrown garnishes add flavor, nutrition and eye appeal to meals

Make your meals just a bit more special with homegrown garnishes. You invest time and money growing, purchasing, and preparing quality ingredients. But do not stop there. Add a nutritional and decorative flair as you plate your meal by adding a garnish of homegrown herbs.

Parsley is a traditional garnish that is usually left behind on the plate. But the dark green leaves should not be ignored. This herb is high in Vitamin C and A, has cancer and inflammatory disease fighting qualities, and promotes heart health. A perfect fit for your healthful eating goals. Although the curly varieties add texture to your plantings and plate, you and your guests may find the milder flavor of the flat leafed variety more palatable. All this and it helps freshen your breath too.

A sprig of mint looks good next to or on top of most desserts. Its cool flavor will help settle your stomach – an asset when we overindulge. Like parsley, it is high in Vitamin C and A and helps in the fight against cancer and inflammatory diseases. In addition, it relieves breathing problems.

And the best part; both are easy to grow right in your kitchen window. Start by purchasing healthy plants



GARDEN
MOMENTS
.....
MELINDA
MYERS

from your local garden center or the produce section of your grocery store.

Plant them in separate containers or together with other herbs in a larger pot. Either way, make sure the container has drainage holes and a saucer to protect the windowsill or furniture it sits upon. Gently loosen any tangled or girdling roots before planting your herbs in a well-drained quality potting mix. Plant them at the same depth they were growing in their original pots.

Grow these and other herbs in a sunny window. Add a grow light to boost productivity or grow your garden in lower light locations. New LED plant lights are now more affordable and use less energy. Water the soil thoroughly after planting and whenever it is slightly dry. Be sure to pour off any excess water that collects in the saucer to avoid root rot. Another option is to add pebbles to the saucer, elevating the container above any excess water that remains.

Use kitchen shears or pruners to harvest the herbs. Cut mint just above a set of leaves and parsley at the base of the stem. Trim the sprigs as needed to dress up your holiday meals.

Your guests will be thrilled and more likely to take a bite of these



Photo Melinda Myers

An indoor windowsill herb garden with parsley, basil, and lemon thyme.

healthful garnishes when they discover you grew them yourself.

Gardening expert Melinda Myers has 30 years of horticulture experience and written over 20 gardening books, including *Small Space Gardening*. Myers is the host of *The Great Courses* “How

to Grow Anything” DVD series and the nationally syndicated *Melinda’s Garden Moment* TV & radio segments. Myers is a columnist and contributing editor for *Birds & Blooms* magazine. Myers’ website is www.melindamyers.com.



FAMILY DINING & GIFT GUIDE

Visit these fine local establishments for great gifts, food, beverages & take-out too!

To advertise on this page, contact June at jsima@stonebridgepress.news or 508-909-4062





3 COURSE MEAL SPECIAL
Wednesday & Thursday after 2pm ~\$25.00
FULL DINE-IN ~ WITH RESERVATION

EVERY FRI & SAT NIGHT FULL DINNER SERVICE
~RESERVATIONS ONLY~
Specials listed daily on Facebook and on our Website
Please wear masks to enter

FRESH BAKED BREAD • PARTY PLATTERS
PASTRIES, COOKIES & BARS
SPECIAL ORDER CAKES & CUPCAKES

13 Mechanic St., Spencer, MA 01562
508-885-3760 fiveoavesbakery.com
Closed Sun & Mon • Tues 10am-3 pm
Wed & Thur 10am-7pm • Fri & Sat 10am 8:30 pm
— BYOB —
WE MAKE OUR OWN BREAD!

Visit these fine establishments for great food and entertainment

Call Mikaela at 508.909.4126 to advertise

We are using our Five Dining Rooms to keep our guests safe and socially distant.

Spencer Country Inn

Buy Entree Get 1 1/2 price (dine-in only) Cannot be used on holidays or private parties
With this ad. Exp 11/30/20

Reservations accepted. Nightly dinner specials.

SUNDAY BRUNCH 10am-1pm
All You Can Eat \$15.95 (plus tax & gratuity)

Fish N' Chips To-Go ~ Fridays Only \$11.95

500 Main St., Spencer, MA 508-885-9036
www.spencercountryinn.com
HOURS
Lunch: Thur, Fri, Sat 11:30-2:00
Dinner: Thur, Fri, Sat 5:00-Close
Sun. Brunch: 10am-1pm
~ Function Rooms 10-250 Guests ~

Join us this year for **Thanksgiving Lunch or Dinner**

Two seatings being served
Lunch 12:30-2:30 • Dinner 4:30-6:30

Traditional Turkey Dinner
appetizer, turkey or ham, house made stuffing, mashed potatoes, gravy, green bean casserole, cranberry sauce, apple or pumpkin pie
All you can drink non-alcoholic drinks

\$24.99 pp / \$13.99 10 & under
LIMITED SEATING • RESERVATIONS ONLY

Family Meals & Rolls
Available To Be Picked Up 11-Noon • 2:30-4

E.B. Flatts
Rte 9 E. Brookfield • 508-867-6643
Breakfast & Lunch Daily • Dinners - Thurs, Fri, Sat



Community Connection

Morin JEWELERS
Fine Jewelry & Gifts
The Jewelry store where you buy with confidence

WE BUY GOLD

Specializing in Custom Designs
All types of Jewelry Repairs

MASTER JEWELERS™
BRILLIANCE YOU DESERVE®

409 Main St. Southbridge, MA
morinjewelers.com • 508-764-7250
Located at CVS Plaza



570 MAIN STREET • RT. 20 • FISKDALE, MA
TEL: 508-347-0116 • FAX: 508-347-6985

Stop in for our weekly specials!

Mon. - Fri. 8:30 - 7:00 • Sat. & Sun. 8:30 - 6:00
We reserve the right to limit quantities

SHOP LOCAL


Your area guide to buying & shopping locally!
Support your community

Talbat Custom Embroidery & Heat Transfer Embroidery Shop

Talbat We are here for you!

NEW LOCATION:
1009 Lebanon Hill Rd., Southbridge 508-764-0555

WE BUY GOLD



Cormier Jewelers
Central St. Southbridge (508) 764-7415
Bring this ad in and receive an extra 5% on your gold

Charlton Oil Company Propane
508-248-9797

Don't Pay Too Much for Propane

PROPANE	PRICE PER GAL.	Tanks Filled to 80%
75-150	\$2.20	Driver Discretion
150-300	\$1.85	
300-500	\$1.65	
500 PLUS...	CALL OFFICE	

DON'T PAY TOO MUCH FOR OIL!

- Monday price 10/12/20 was **\$1.59** per gallon* 100 gallon minimum
- Call for the most up to date daily price or visit us at www.charltonoil.com

"Call Us First!"
*prices subject to change





Grab 'N' Go Home-style Lunch, Dinner, and Tasty Treats

Catering Available!



Rt. 20, 630 Main Street, Sturbridge, MA 01566 • 508-347-7077
Open 7 Days a Week • 11am-7pm
hearthstonemarket1@gmail.com • hearthstonemarketandcatering.com

Thank you for

25 Years

Window & Door SALES EVENT!

Renewal
by Andersen.



WINDOW REPLACEMENT

an Andersen Company

BIGGEST

new customer discount!

We celebrated our 25th Anniversary Sales Event back in June, but with all that we’ve recently been through, **we wanted to give you one final chance this year to get our BIGGEST new customer discount!** Thank you for 25 amazing years!



Until October 31st

save 25%

on windows, patio doors and entry doors¹

with

\$0

0

0%

for

1 year¹

down

monthly payments

interest

Minimum purchase of four. Interest accrues from the purchase date but is waived if paid in full within 12 months.

For 25 years, we’ve been making this project easy and stress-free.

We’re the only full-service replacement **window division of Andersen**, one of the oldest window companies in the country, so you know we’re not going anywhere. We manage and are accountable for everything—selling, manufacturing, installing and the warranty for all your windows and doors. And know that we’ve adjusted our operations to serve you in the **safest** way possible.

After 25 years, our Fibrex® material is still vastly superior to vinyl.

We custom build all of our windows with our exclusive composite material called Fibrex. Andersen researched and tested Fibrex for decades before ever installing it in a home. Our windows feature reinforced seals for greater protection against drafts and sloped sills to drain water away. **Don’t settle for vinyl windows when Fibrex is two times stronger than vinyl.**

After 25 years, our installers have seen it all.

When it comes to home improvement, experience matters. Our Certified Master Installers are incredibly skilled professionals who’ve installed thousands of windows and doors. So, you can feel confident that **your windows and doors—as well as your home—will be in the hands of expert craftspeople** who’ve seen and done it all.



Make your home more secure.
Book a Virtual or
In-Home Appointment.

1-800-209-2746

Renewal
by Andersen.

WINDOW REPLACEMENT

The Better Way to a Better Window™



an Andersen Company



RENEWAL BY ANDERSEN
J.D. POWER
AWARD
★★★★

Renewal by Andersen is the only brand to win both J.D. Power awards for Windows and Patio Doors in 2020

For J.D. Power 2020 award information, visit jdpower.com/awards. ¹DETAILS OF OFFER: Offer expires 10/31/2020. Not valid with other offers or prior purchases. Get 25% off your entire purchase and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or patio/entry doors between 10/1/2020 and 10/31/2020. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2020 Andersen Corporation. All rights reserved. ©2020 Lead Surge LLC. All rights reserved.

LEGALS

CHARLTON CONSERVATION COMMISSION Public Hearing Notice
A **Public Hearing** will be held remotely via Zoom Conferencing by calling 1-646 558 8656 and using meeting ID # **839 6406 5761** and password **633 333** at 7:15 PM on 10/21/2020 to consider a **Request for Determination of Applicability** for Ryan DesRoches for the property Located at: 3 Sunset Drive, Charlton, MA For the removal of two dying maple trees
This is a Public Hearing under the requirements of G.L. CH. 131 §40, as amended. Plans are available at the Town of Charlton website – Conservation Commission
October 15, 2020

CHARLTON CONSERVATION COMMISSION Public Hearing Notice
A **Public Hearing** will be held remotely via Zoom Conferencing by calling 1-646 558 8656 and using meeting ID # **839 6406 5761** and password **633 333** at 7:25 PM on 10/21/2020 to consider a **Notice of Intent** for Carl Kaliszewski for the property Located at: 53 South Charlton Shore Rd, Charlton, MA For the installation of various landscaper planters, block walls, pavers patios & walkways and a detached lake structure within the 100ft BZ.
This is a Public Hearing under the requirements of G.L. CH. 131 §40, as amended. Plans are available at the Town of Charlton website – Conservation Commission
October 15, 2020

CHARLTON CONSERVATION COMMISSION Public Hearing Notice
A **Public Hearing** will be held remotely via Zoom Conferencing by calling 1-646 558 8656 and using meeting ID # **839 6406 5761** and password **633 333** at 7:20 PM on 10/21/2020 to consider a **Request for Determination of Applicability** for Melissa Smith for the property Located at: 59 Lincoln Pond Rd, Charlton, MA For the removal of two trees
This is a Public Hearing under the requirements of G.L. CH. 131 §40, as amended. Plans are available at the Town of Charlton website – Conservation Commission
October 15, 2020

CHARLTON CONSERVATION COMMISSION Public Hearing Notice
A **Public Hearing** will be held remotely via Zoom Conferencing by calling 1-646 558 8656 and using meeting ID # **839 6406 5761** and password **633 333** at 7:10 PM on 10/21/2020 to consider a **Notice of Intent** for Jeremy Foskett for the property Located at: Lot 2 McIntyre Road, Charlton, MA For the construction of a new home with the driveway in a riverfront area
This is a Public Hearing under the requirements of G.L. CH. 131 §40, as amended. Plans are available at the Town of Charlton website – Conservation Commission
October 15, 2020

CHARLTON CONSERVATION COMMISSION Public Hearing Notice
A **Public Hearing** will be held remotely via Zoom Conferencing by calling 1-646 558 8656 and using meeting ID # **839 6406 5761** and password **633 333** at 7:05 PM on 10/21/2020 to consider a **Notice of Intent** for Joan Crowell for the property Located at: 64 Sturbridge Road, Charlton, MA For the construction of an approximately 650 sf. two-story garage addition with a 100+/- enclosed breezeway connection to the existing house.
This is a Public Hearing under the requirements of G.L. CH. 131 §40, as amended. Plans are available at the Town of Charlton website – Conservation Commission
October 15, 2020

Public Meeting Notice
In accordance with the Massachusetts Wetlands Protection Act, Chapter 131, Section 40, the Brimfield Conservation Commission will hold a virtual pub-

lic meeting on Wednesday, October 28, 2020 at 7:00 pm to review a Request for Determination of Applicability (RDA) permit application submitted by Walt Isaac of 99 Little Alum Road in Brimfield, MA to determine if the proposed work to repair an existing stone wall on the Bank of Little Alum Pond at 99 Little Alum Road in Brimfield (Assessor's Map 5C-A-12) is subject to the Wetlands Protection Act (as amended). The work is proposed within the Bank of Little Alum Pond.
Project location: 99 Little Alum Road, Brimfield, MA 01010 (Assessor's Map 5C-A-12)
Public Participation will be via Virtual Means Only – Pursuant to Governor Baker's March 12, 2020 Order Suspending Certain Provisions of the Open Meeting Law, G.L. c. 30A, §18, and the Governor's March 15, 2020 Order imposing strict limitation on the number of people that may gather in one place, this meeting of the Brimfield Conservation Commission will be conducted via remote participation. The public may participate in this meeting via Remote Participation: A website for the meeting will be provided on the Conservation Agenda posted on the Town's website at least 48 hours prior to the meeting. Copies of the Request for Determination of Applicability may be examined electronically by contacting the Conservation Commission at conservation@brimfieldma.org. Roger deBruyn & Michele Restino, Co-Chairs
October 15, 2020

Public Notice
Notice is hereby given under Chapter 138, Section 12 of Massachusetts General Laws of a public hearing to be held in the George Parent Meeting Room, second floor of the Town Hall, 41 Elm Street, Southbridge, MA, on Thursday, November 5, 2020 at 1:00 p.m. during the regular scheduled Liquor Board Meeting in regard to the alleged violation of 204 CMR 2.05 (2) Permitting an illegality on the licensed premises, to wit: M.G.L. c 138 § 34 unlawful sale or delivery to a minor. This hearing pertains to Ambica, Inc. d/b/a Big Discount Liquors located at 425 East Main Street, Southbridge, MA. Anyone wishing to speak will be given the opportunity to be heard. This notice is also published electronically on www.stonebridgepress.com <<http://www.stonebridgepress.com>> and on www.masspublicnotice.org <<http://www.masspublicnotice.org>> Town of Southbridge Liquor Licensing Board
October 15, 2020

Public Notice
Notice is hereby given under Chapter 138, Section 12 of Massachusetts General Laws of a public hearing to be held in the George Parent Meeting Room, second floor of the Town Hall, 41 Elm Street, Southbridge, MA, on Thursday, November 5, 2020 at 1:00 p.m. during the regular scheduled Liquor Board Meeting in regard to the alleged violation of 204 CMR 2.05 (2) Permitting an illegality on the licensed premises, to wit: M.G.L. c 138 § 34 unlawful sale or delivery to a minor. This hearing pertains to Jay Panchar, Inc. d/b/a Jim's Liquors located at 916 Main Street, Southbridge, MA. Anyone wishing to speak will be given the opportunity to be heard. This notice is also published electronically on www.stonebridgepress.com <<http://www.stonebridgepress.com>> and on www.masspublicnotice.org <<http://www.masspublicnotice.org>> Town of Southbridge Liquor Licensing Board
October 15, 2020

Public Notice
Notice is hereby given under Chapter 138, Section 12 of Massachusetts General Laws of a public hearing to be held in the George Parent Meeting Room, second floor of the Town Hall, 41 Elm Street, Southbridge, MA, on Thursday, November 5, 2020 at 1:00 p.m. during the regular scheduled Liquor Board Meeting in regard to the alleged violation of 204 CMR 2.05 (2) Permitting an illegality on the licensed premises, to wit: M.G.L. c 138 § 34 unlawful sale or delivery to a minor. This hearing pertains to Nilkanth Liquor d/b/a Plaza Liquors located at 200 Mechanic Street, Southbridge, MA. Anyone wishing to speak will be given the opportunity to be heard. This notice is also published electronically on www.stonebridgepress.com <<http://www.stonebridgepress.com>> and on www.masspublicnotice.org.

[org](http://www.masspublicnotice.org) <<http://www.masspublicnotice.org>> Town of Southbridge Liquor Licensing Board
October 15, 2020

Notification of Trade Certification
The U.S. Department of Labor has determined that Simonds Saw International, in Fitchburg, MA has been adversely impacted by increased imports. The subject firm has been certified for (TAA) Trade Adjustment Assistance benefits as of 09/16/2020. As a result, affected workers totally or partially separated from employment on or after 11/05/2018 and before 09/16/2022 may be eligible to receive weekly cash benefits; financial assistance for remedial or vocational training programs; travel allowances to and from training; job search expenses; relocation allowances; Reemployment Trade Adjustment Assistance (RTAA), Health Coverage Tax Credit (HCTC) and other reemployment services such as resume preparation, employment counseling and job referrals. For information about these benefits, all workers should inquire and apply at MassHire North Central Career Center, 100 Erdman Way, Leominster, MA 01453 or their nearest MassHire Career Center. Information about MassHire Career Center services is available at www.mass.gov/lwd/employment-services or by calling (617) 626-6007. This notice is also available for viewing at <http://masspublicnotices.org>.
October 15, 2020

Public Notice
Notice is hereby given under Chapter 138, Section 12 of Massachusetts General Laws of a public hearing to be held in the George Parent Meeting Room, second floor of the Town Hall, 41 Elm Street, Southbridge, MA, on Thursday, November 5, 2020 at 1:00 p.m. during the regular scheduled Liquor Board Meeting in regard to the alleged violation of 204 CMR 2.05 (2) Permitting an illegality on the licensed premises, to wit: M.G.L. c 138 § 34 unlawful sale or delivery to a minor. This hearing pertains to Balaji Inc, d/b/a Thomas Variety and Convenience located at 58 East Main Street, Southbridge, MA. Anyone wishing to speak will be given the opportunity to be heard. This notice is also published electronically on www.stonebridgepress.com <<http://www.stonebridgepress.com>> and on www.masspublicnotice.org <<http://www.masspublicnotice.org>> Town of Southbridge Liquor Licensing Board
October 15, 2020

Public Notice
Notice is hereby given under Chapter 138, Section 12 of Massachusetts General Laws of a public hearing to be held in the George Parent Meeting Room, second floor of the Town Hall, 41 Elm Street, Southbridge, MA, on Thursday, November 5, 2020 at 1:00 p.m. during the regular scheduled Liquor Board Meeting in regard to the alleged violation of 204 CMR 2.05 (2) Permitting an illegality on the licensed premises, to wit: M.G.L. c 138 § 34 unlawful sale or delivery to a minor. This hearing pertains to Jay Dip Corporation d/b/a 7 Star Liquors located at 543 Main Street, Southbridge, MA. Anyone wishing to speak will be given the opportunity to be heard. This notice is also published electronically on www.stonebridgepress.com <<http://www.stonebridgepress.com>> and on www.masspublicnotice.org <<http://www.masspublicnotice.org>> Town of Southbridge Liquor Licensing Board
October 15, 2020

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court
225 Main Street Worcester, MA 01608 (508) 831-2200
Docket No. WO20P2731EA CITATION ON PETITION FOR FORMAL ADJUDICATION Estate of:
Tonino Caiani
Date of Death: 08/04/2020
To all interested persons:
A Petition for **Formal Probate of Will** has been filed by **Mafalda B. Caiani of Southbridge MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.
The Petitioner Requests that:

Mafalda B. Caiani of Southbridge MA be appointed as Personal Representative(s) of said estate to serve **With Personal Surety** on the bond in an **unsupervised** administration.
IMPORTANT NOTICE
You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 11/10/2020.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.
UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC).
A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.
WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
Date: October 06, 2020
Stephanie K. Fattman, Register of Probate
October 15, 2020

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Division Worcester Probate and Family Court
225 Main Street Worcester, MA 01608
Docket No. WO20P2702GD CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304
In the matter of: Zachary D Wolfe Of: Southbridge, MA RESPONDENT

Alleged Incapacitated Person
To the named Respondent and all other interested persons, a petition has been filed by Jeffrey Wolfe of Southbridge, MA Carla Digregorio-Wolfe of Southbridge, MA in the above captioned matter alleging that **Zachary D Wolfe** is in need of a Guardian and requesting that Jeffrey Wolfe of Southbridge, MA Carla Digregorio-Wolfe of Southbridge, MA (or some other suitable person) be appointed as Guardian to serve **Without Surety** on the bond.
The Petitioner asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority. **You have the right to object to this proceeding.** If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **10/27/2020.** This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.
WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
October 02, 2020
Stephanie K. Fattman, Register of Probate
October 15, 2020





Make the move!

Find the homes of your neighborhood



111 East Main Street, Webster, Massachusetts 508-943-9306 508-987-0767 1-800-552-7444
Licensed in MA & CT



Jules Lusignan



T.A. King



Maureen Cimoch



Ellen Therrien



John Kokocinski



Adrienne James

Each Office Independently Owned and Operated



www.Century21LakeRealty.com • www.WebsterLake.net #1 on the Internet

Listings Always Needed – We’re Always Busy Selling!



ON DEPOSIT



ON DEPOSIT



SOLD



SOLD



ON DEPOSIT



SOLD



SOLD

WEBSTER – 20 Kunkel Ave! SUNNY SHORES! First Time Offered! 8 Rooms, 4 Bedrooms, 2.5 Bath Colonial! Featuring an Appliance Eat-in Cabinet Packed Kitchen! Formal Dining Room! 1st Floor Family Room w/Hardwood Floor! 1st Floor Half Bath w/Laundry! Gleaming Hardwood Staircase to the 2nd Floor w/4 Bedrooms! Master w/ Master Bath & Walk-in Closet! Many Recent Updates including Roof, Central Air, Hot Water Heater, Dishwasher & Refrigerator! Back Deck Overlooks Large Fenced Yard! 7 Zone Irrigation System! Farmer's Porch! Shed! 2 Car Garage w/Openers! This Home has Everything You Need and Then Some! Expandable Basement! Desirable Neighborhood w/Webster Lake Beach & Boat Ramp Access Nearby! Convenient to Route 395! **\$369,900.00**

CHARLTON – 64 Bond Rd! Gorgeous 2,800' 8 Rm, 3 Bdrm, 2.5 Bath Contemporary Ranch set on a Professionally Landscaped 1.49 Acres w/Natural Stone Walls! Quality Craftsmanship Throughout! Featuring a Spacious Granite Kitchen w/Cherry Cabinets & Hrdwd Flrs! Formal Dining Rm! Spacious Frplc Family Rm w/Cathedral Ceilings, Built-in Bookcases, an Open Flr Plan for All Your Entertaining Needs! Capacious Master Bdrm Suite w/Master Bath & Huge Office! Mostly Finished Walk-out Lower Level Featuring a Large Exercise Rm, Bar Area, Plenty of Storage & 3rd Garage! Unfinished Bonus Rm Over the 2 Car Attached Garage! Private Back Yard for Entertaining w/Multi Level Decks and New Patio! Listed by Another, SOLD by C21 Lake Realty! **\$535,000.00**

WEBSTER – 9 Lake Parkway! Newly Remodeled 6 Rm Cape Conveniently Located! 3 Bdrms & 1.5 Baths! New Granite Kitchen w/SS Appliances, Siding, Gutters, Windows, Ext. Doors, Oil Tank, 1/2 Bath, Plumbing, Electrical, Lighting! Oak Hrdwds! Recent Steam Boiler & Roof! Enclosed Porch! Deck! Garage w/Opener! Private Back Yard! **\$279,900.00**

DOUGLAS – 102 SE Main St! Start Packing! Spacious 9 Rm Colonial! 2.23 Acres! Center Island Granite Kit w/Soft Close Cabs, SS Appliances! Slider to 24' Deck! Open Floor Plan! Hickory Wood Floors throughout the Kit, Din & Liv Rms, all w/Recessed Lighting! 1st Flr Office or Possible 4th Bdrm w/Oak Hrdwd Flr! Full Bath in the Hall! 2nd Flr w/Full Dble Vanity Bthrm & 3 Comfortable Bdrms, all w/Beautiful Wood Laminate Flrs! Master w/Cathedral Ceiling, Skylight, Ceiling Fan, Bay Window overlooking the Back Yard and a Master Bath! Lower Level w/2 Finished Rms, Utility Rm w/Laundry and Half Bath! 3.5 Baths Total! Recent C/Air, Heat & Roof! 24x26 2 Car Detached Garage! Huge Shed! Nearby Nature Trails & Wallum Lake Beach! **\$379,900.00**

WEBSTER LAKE – 112 Gore Rd! NORTH POND! Sucker Brook Cove! 8 Rm, 3 Bdrm, 1.5 Bath Ranch is Ready for You! Southwestern Exposure! Gorgeous Sunsets! Unique Waterfront! An Open Floor Plan! Lake Views from Nearly All Rooms! 2x8 Construction! Energy Efficient Blinds in Every Room! 4 Oil Tanks - Fill Up Once a Year! C/Air! Gas Fireplace! Whole House Fan! Meticulously Cared For! Large workshop! 3 Car Garage! Carport! 2 Sheds w/Electric! Back Yard is Perfect for Family Gatherings! Plenty of Off Street Parking! Summer is Here! **\$539,900.00**

HOLDEN – 315 Holden St! 6 Rm Ranch! Meticulously Maintained! 2 Spacious Bdrms, Full Tiled Bath & 1 Car Garage! Move In Ready! Granite Oak Cabinet Kit w/Tiled Back Splash & JennAir Stove! Frplc Liv Rm! Fam Rm! Gleaming Hrdwds! Perfect Yard w/Major Landscaping this Year! New Roof 2019! **\$344,900.00**

WEBSTER LAKE WATERFRONT - 3 Lakeview Rd! Middle Pond – Reid Smith Cove! Ideal Summer or Yr Round 6 Rm Ranch! Western Expo – Beautiful Sunsets! Near All the Excitement that “Indian Ranch” provides, Dining, Concerts & the Indian Princess! An Arched Bridge to Your Own Private Island, a Great Place to Enjoy the Lake from! Open Flr Plan! Being Sold Fully Furnished! Recent Kit w/Quartz Counters, Breakfast Bar, SS Appliances, Tile Flr & Recessed Lighting! Liv Rm w/Hrdwd Flr, 6x14 Lake Facing Picture Window & Stone Frplc! 3 Remodeled Bdrms w/Ceiling Fans & Hrdwd Flrs! Master w/Bath & Laundry Closet! Screen Porch w/Lake Views! Dock! Carport! Shed! Still Time for this Summer! **\$579,900.00**

GRAFTON – 168 Brigham Hill Rd! 8 Rm Garrison Colonial set on 1.3 Acres! 4 Comfortable Bdrms & 2 Full Bthrms! Freshly Painted, Floors Recently Refinished! Spacious Kit w/Lunch Counter! SS Appliances w/Gas Cook-Top! Grand Dining Rm for Family Gatherings! 19x26 Living Rm w/Pellet Stove! Master Bdrm w/Dble Closets & Hot Tub! Bright & Airy Mudroom out to the 2 Car Garage! Furnace & Hot Water Tank 5 Years Young! Radon tested at 2.5! Newer Roof on Garage & Breezeway! New Well Water Tank Installed! Title V in-hand! Property Abuts Grafton Land Trust - Hiking Trails Right Out Your Back Door! Convenient to Routes 90, 9 & 20! Immediate Occupancy! **\$449,900.00**



ON DEPOSIT



WEBSTER LAKE – 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rms, 6 Bdrms, 4 Bathrooms, 3,269' AC'd Colonial! Custom SS Appliance Granite Kit! Formal Din Rm w/ Cherry Hrdwds! Lake Facing Liv Rm w/Cathedrals, Cherry Hrdwds! Slider to Waterfront Deck! Spacious 1st Flr Master Bdrm w/Full Bath, Cherry Hrdwds & Walk-in Closet! Frplcd Lower Level Fam Rm! 1st & 2nd Flr Laundries! 2 Car Garage! **\$949,900.00**



WEBSTER LAKE - 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Nice! .68 Acres of Park Like Grounds! 297' Waterfront! \$4 Million Spent, Nothing Spared! 17 Rms! 5 Water View Bdrms, 5.5 Bathrms! Brazilian Cherry Hrdwd Flrs, Grand & Spiral Stairways! Elevator, Ground Flr to Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bthrm w/Steam Shower off Exercise Rm! Billiard Rm! Media Rm! Center Isl Granite Kit w/Viking Gas Range, Sub-Zero Frig, Pantry & Breakfast Bar! Open Flr Plan! Din Area, Fam Rm w/Entertainment Center w/Wet Bar! Formal Din Rm, Frplc Liv Rm & Atrium! Library w/Deck! Waterfront Master Suite w/Office, Bdrm w/Triple Glass Dr to Private Deck w/Lake Views, 3 Walk-in Closets, Bathrm w/Multi-Head Shower, Whirlpool, Dble Vanity, Separate Commode/Bidet/Sink Area! 16 2's of Updated Geothermal Heat/A/C! Recessed Lights & Fire Sprinklers Through Out! 3 Car Garage! Generator! Slate Roof! Reward Yourself! **\$2,499,900.00**



43 East Main Street Webster, MA 01570
Fine Realtor Associates to Serve You!

hope2own.com
508.943.4333

Sharon Pelletier - Broker
Licensed in MA, CT & RI

We Want Your Listings!

Featured New Listing!



ON DEPOSIT

WEBSTER - 52 CUDWORTH ROAD

1.99 ACRE INDUSTRIAL ZONED LOT! GREAT OPPORTUNITY TO LIVE & WORK FROM HOME! Amazing 1790 Antique Colonial! Undergone major updates & renovations, maintaining Antique Charm! Great Room graced by an Open Hearth Stone Fireplace! Soaring Cathedral Ceilings! **\$499,900.**

June Cazeault * Laurie Sullivan * Matthew Ross * Lori Johnson-Chausse * William Gilmore II * Brian Bohenko

THOMPSON - 452 FAYBURN ROAD



SORRY, SOLD!

Impressive Gambrel Colonial! 2,343 SF, 3 BRs, 2-1/2 Baths, Main Level Master BR Suite! Private Master's bath w/whirlpool tub & shower. A Serene Year-Round Getaway Destination or Full Time Country Home on 2.41 +/- PRIVATE Acre(s) cathedral wood ceilings & wide-board pine floors & a truly unique 2 story floor plan! Granite counter-tops, stainless appliances, gas cook-top & ceramic tile floors! 2 bed rooms & a full bath, across the roadway to the right is a gigantic loft/great room with interior balcony! Over-sized 3 car detached garage w/high ceilings, and a huge unfinished 2nd story room! TRULY A FAR-ABOVE PLACE NEARBY!
\$398,500.

DANIELSON CT- 52 TAFT STREET



SORRY, SOLD!

Spacious Ranch, 1520+/- Sq Ft 8 room 3 Bedroom, 2 Full Baths, Hardwood Floors throughout, Fireplace family room, FHW/OIL Heat. - New Furnace, Windows, Also, recent Asphalt Driveway! Over sized Garage! 1/2 Acre Lot. Dead end road. Close to I-395!
\$255,500.

WEBSTER - 195-199 THOMPSON RD



3 ACRE COMMERCIAL SITE! APPROX. 550 FT ROAD FRONTAGE ON STATE HIGHWAY RTE 193 A/K/A THOMPSON ROAD, STRATEGICALLY NESTLED BETWEEN TWO (2) I-395 (NORTH & SOUTH) ON-RAMPS & TWO (2) I-395 (NORTH & SOUTH) OFF-RAMPS! PROPERTY DIRECTLY ABUTS I-395! 48'x80' CONCRETE BLOCK BUILDING, 7,680 SF TOTAL! FULL LOWER LEVEL USE & DRIVE IN GARAGE DOOR! HIGH TRAFFIC - HIGH EXPOSURE! WHAT DO YOU HAVE PLANNED? **\$600,000.**

WOODSTOCK CT - 110 JOY RD



Quisitional Woodstock Farmhouse w/Spectacular views of Pond, Detached Studio Building! 2.5 Acres. Prof. Landscaped, 5 Bedrooms, Fireplaced Dining, library/Music room, Master Bedroom, 2 Full Baths! Renovated Kitchen. Upstairs, 4 Bedrooms w/Full Bath. **\$425,000.**

LAND WEBSTER/OXFORD/DUDLEY/DOUGLAS

Oxford - 4 Leicester St. - Approx. 8.47 ACRES! River Frontage Possible to be Subdivided! **\$89,900**

Webster - Upper Gore w/View of the Lake! 1+ Acre! Artesian Well, Septic Design & Conservation - DONE. **NEW PRICE \$115,000.**

Webster - Cooper Road 2 Buildable Lots! Water & Sewer Access. Zoned Lake Res! **\$49,000.**

Douglas-Mount Daniels 2.5 Acres abuts Douglas State Forest! **ON DEPOSIT! \$132,900**

Dudley - Marshall Terrace 12,000+/- Sq Ft Lot! Potential for a 2 Family! **SORRY SOLD! \$70,000.**

Dudley - Packard Dr. 2 Lots! Very Private! off Ridge Dr. Will not last! **SORRY SOLD! \$50,000.**

OXFORD - 4 SPICEBUSH LANE



ON DEPOSIT

One level living with added 35 x 18 finished walk-out lower level. Cathedral ceilings, skylight dining, hard-wood flooring and central air. Stainless appliances w/Large double oven. Over-sized 30 x 14 deck, quiet cul-de-sac!
New Price \$314,900.

OXFORD - 115 CHARLTON ROAD



ON DEPOSIT

Beautiful home set back off road providing privacy and oversized yard. Kitchen w/granite counters & abundance of cabinets. Cathedral ceilings kitchen, dining and living room. Open floor plan! large deck with large backyard through sliders in dining room. Hardwood floors! Tile baths. Master bedroom/master bath! Finished walkout lower level w/bat! 2 car garage. Extras: above ground pool!
\$369,900.

SUTTON - 470 BOSTON ROAD



SORRY, SOLD!

Updated Home that is on a 1 Acre, Professionally Landscaped Grounds. 5 rooms, 2 bedrooms, 3 bed-room septic will be installed. Baseboard oil heat. Recent exterior paint and newer Windows, Wood Flooring, Fireplace, Sunroom, 2 car garage!
assisted sale **\$379,900.**

WEBSTER - 56 CUSHING ROAD



SORRY, SOLD!

FIRST TIME OFFERED! Meticulously Cared for & Loved - 4 Bedroom / 2 Bath, 1963 Cape! Natural GAS Heat/Town Services! Boiler - Just like New! Corner Lot, Garage! 2nd Flr - 2 Lg Bdrms! Bathroom, Hardwood Floors, This House is Ready for a New Family, is it YOU?? Call today, Don't Delay!
\$272,900.

WEBSTER - 548 SCHOOL ST




SORRY, SOLD!

Aesthetically pleasing 4-5 BR CAPE!! 1,800 SF Cape! 8 rooms, 4 lg rooms & bath on 1st flr, eat-in kitchen, living room, family room, office/possible 1st flr in-law bedroom. 2nd flr - 4 lg bedrooms & bath. 2 car garage.
\$199,900.

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

WEBSTER LAKE - 100 LAKESIDE AVE



SORRY, SOLD!

WEBSTER LAKE! PANORAMIC VIEWS! BEAUTIFUL SUNSETS! Extraordinary Waterfront Contemporary! Architect designed with Lake Living in mind, Custom Built with Attention to High Quality & Detail. Outstanding open concept, water view from almost every room. Nicely situated on a .25 acre level peninsula, 180'+/- prime lake frontage! Enhanced by a all natural shoreline! All you need to live is located on the 1st floor. Grand 2 story foyer, cozy fireplaced living room, gourmet kitchen, lake facing dining , formal dining room, media room & spacious 1st floor guest BR Suite w/private bath. Incredible 2nd floor fireplaced lake-facing corner master suite w/luxurious private bath, 3 more 2nd floor BRs & full bath! Something Special! **Remember, Timing Is Everything \$1,075,000.**

LAKE SHIRLEY - 647 RESERVOIR RD



SORRY, SOLD!

Lakefront! Lake Shirley! Modern Flare on a Lakefront Colonial! 1st level Formal large entry foyer, living room, gas fireplace, chef kitchen, Impala black granite, center island, 3 season porch, overlooking the lake. 1st FL bedroom suite w/ shower and jacuzzi tub. 2nd floor Master Suite! Lower level Summer kitchen, full bath, game room. Crown moulding & hardwood floors throughout, wired sound system, radiant floors. oversize 2 car garage. Additional Guest House!
assisted sale **\$1,040,000.**



MEET YOUR LOCAL REAL ESTATE PROFESSIONALS

Perfect for Realtors, Mortgage Companies, Banks, Real Estate Attorneys, Home Inspectors, Chimney Inspectors, Lead Removal businesses, Insurance Companies, etc... any business involved in the buying or selling of real estate.

To join this section, please contact your local sales rep, 1-800-367-9898 or email jsima@stonebridgepress.news



Lisa Caron,
full-time
Broker
Associate
GRI, ABR, LMC,
CDPE, SRS,
SRES, PSA

Call: 508-341-8299
Private Office located at:
Dave's Appliance
42 West Main Street
Brookfield, MA
Hours: M-Th 9-6, Fri 9-5
and by appointment

~ www.lisacaron.com ~



Housing Options For Seniors

- A team of designated SRES Agents
- Learn about 55+ Communities, Condo Living, Apartment Rentals.
- Learn about preparing your house to make your move.

Jo-Ann Szymczak
CRS, GRI, SRES
508-943-7669 774-230-5044
joannszymczak@gmail.com

Licensed in MA & CT

ReMax Advantage 1
25 Union Street, Worcester MA 01604



ERA Key Realty Services
"Put 36 years of combined real estate experience to work for you!"



Donna Flannery
508-885-6665
donnaflannery.com
donnaflann@aol.com

Kayleen Flannery-Sauvageau
508-612-9843
Kayleen00@aol.com

415B Main Street, Spencer, MA 01562

My properties are selling!
Yours could be NEXT
if you list with me! Call me and let's put SOLD on your listing!



Buy with Confidence. Sell with Success.
DorrindaSellsHomes.com



Dorrinda O'Keefe - Shea
Realtor
dorrinda@c21lovet.com

CENTURY 21
NORTH EAST
OFFICIAL SPONSOR OF THE BOSTON BRUINS
978.434.1990

Jules Lusignan
#1 in Sales 2006-2020
South Worcester County
\$156,418,380.00 SOLD



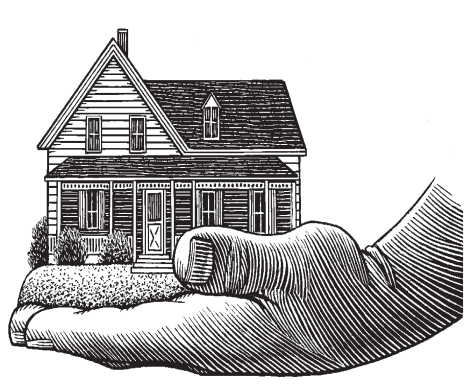
Jules Lusignan
Owner
Broker
Founder

111 East Main St., Webster, MA
Thinking of selling? Call 1-800-552-7444
www.Century21LakeRealty.com
www.WebsterLake.net



Chauvin Excavating LLC
Quality work since 1986
82 Dresser Hill Road, Charlton, MA 01507
Ph: 508-248-5772 • Cell: 508-922-0041
Email: bernie@chauvinexcavating.net
TITLE FIVE INSPECTION SERVICES

Septics Installed & Repaired.
Full Service Site Contractor
Water & Sewer Lines Installed & Repaired
New Home Site Work
License & Insured



GOT A HOUSE FOR SALE?

This is the place to sell it! Your ad will be mailed to
50,000+ households throughout Southern Worcester County.

To advertise on our real estate section,
please call your local sales representative at
1-800-367-9898



HOUSE AUCTION
IN SPENCER

Real Estate Estate Auction Sale
19 Grant Street Spencer • October 31st - 10am
7 rms, 3 bedrooms, 1.5 baths, nice yard
Estate of long-time Spencer Educator Mary Madden
Opening bid \$160,000

Open house & auction terms at:
soauctions.com 508-479-7716
SIMOND & OAKES AUCTIONEERS & APPRAISERS LLC
Lic # 2620



TOWN ORDERED AUCTION SPENCER

THURSDAY, OCTOBER 29 at 1:00 P.M.



EIGHT PROPERTIES
DEVELOPMENT OPPORTUNITIES

AT TOWN HALL - 157 MAIN ST.

This live public auction features a waterfront single family home on Lake Whittemore, as well as seven land parcels throughout the Town. Town Says Sell! Attendees must adhere to COVID-19 auction protocols. Visit website for details and terms.

zekosgroup.com

Terms: \$5K and \$10K deposits dependent on property. 30 day closing. Property sold as is.

ZEKOS GROUP AUCTIONEERS
302 Boston Turnpike, Suite 200, Needham Heights, MA 01946
508-842-9000

Our Commitment to you
Integrity ♦ Hard Work ♦ Excellent Service



FEEL LIKE YOU ARE ON VACATION ALL SUMMER LONG AT WONDERFUL WAL-LUM LAKE. THIS LOVELY 3 BEDROOM RANCH IS NESTLED ON A QUIET CORNER LOT AND IS WALKING DISTANCE TO YOUR OWN PRIVATE BEACH FOR SWIMMING, PICKNICS, GRILLING ORGANIZED EVENTS, KAYAKING, BOATING AND MORE! LIKE A TRIP TO THE BEACH EVERYDAY!



INVITING, SPACIOUS RANCH IS NESTLED ON A BEAUTIFULLY LANDSCAPED YARD WITH LARGE CIRCULAR DRIVEWAY WHICH WELCOMES YOU INTO THIS HOME! THIS CHARMING RANCH HAS ORIGINAL GLEAMING HARDWOOD FLOORS THROUGHOUT A VERY NICE LAYOUT AND FLOW AS YOU WALK INTO THE BRIGHT CERAMIC TILE FOYER TO THE MAIN HOUSE. LARGE GALLERY KITCHEN AND MORE!



COZY 3 BEDROOM 2 FULL BATH CAPE IN A QUIET DEAD END STREET CLOSE TO EVERYTHING! RECENT WINDOWS AND SOLID HOUSE. GREAT YARD TO ENJOY! ORIGINAL HARDWOODS IN MOST ROOMS AND UNDER CARPETING WALK IN CLOSET IN SECOND FLOOR BEDROOMS AND SO MANY CLOSETS THROUGH OUT THE HOUSE BRING YOUR CREATIVE IDEAS AND SEE ALL THE POSSIBILITIES FOR THIS HOUSE TO BECOME THE HOME OF YOUR DREAMS!



Diane Strzelecki
508-335-2384



Mary McCarthy
774-772-7072



Angela Clark
508-410-1319



Jillian DeGrace
860-315-3636

CENTURY 21
XSELL REALTY

Century 21 XSELL
508-335-2384
196 West Main Street
Dudley, MA
www.c21worc.com

CENTERWOOD REALTY
88 Lakeside Avenue
Webster, MA 01570
508.943.9844

WEBSTER LAKE
3 beds, 1.5 baths, 6 room Colonial



WEBSTER LAKE - Not located on the water but you have your OWN DOCK, BOAT, AND GOLF CART that are included with the sale. You don't have to walk the 50 yds to your boat. This spectacular 6 room colonial has outstanding features not found in many homes. 3 bedrooms, 1.5 baths, appliance stainless steel kitchen with built in wine refrigerator and heated kitchen floor. Beautiful wood floors thru out, with 2 zone oil heat. Full basement with laundry room and beautiful washer and dryer included in sale. This home is in pristine condition, and a must to see.
Call Judy for more details.

Open House Directory

(C) Condo (B) Business (P) Land	(X) Condo (U) Duplex (L) Mobile Home	(M) Multi-Family (S) Single Family (A) Apartment	(T) Townhouse (D) Adult Community (W) Waterfront	
ADDRESS	STYLE	TIME	PRICE	REALTOR/SELLER/PHONE
SATURDAY, OCTOBER 17				
SPENCER 19 Grant St.	S	12-2	Starting bid \$160,000	Simond & Oaks 508-479-7716
Auction 10/31 10am				
SUNDAY, OCTOBER 18				
SPENCER 19 Grant St.	S	12-2	Starting bid \$160,000	Simond & Oaks 508-479-7716
Auction 10/31 10am				

PUT YOUR TRUST IN US
TEAMWORK AND EXPERIENCE
Jo-Ann Szymczak 774-230-5044
Diane Luong 774-239-2937
Maria Reed 508-873-9254
ReMax Advantage 1
25 Union St., Worcester MA 01604

CALL FOR A MARKET ANALYSIS

Licensed in MA & CT



Dudley: In-ground Pool, Country Kitchen, Garage, Private location yet convenient to stores.
11A Paglione Dr - \$253,500



Webster: Beacon Park, 5 rooms, 2.5 baths, fireplace, garage.
NOW is a great time to sell! Call for a free Market Analysis

ASSISTED SALE 203 Beacon Park Unit C - \$268,500



LAND DEVELOPMENT OPPORTUNITY

Dudley: 22 Units for 55+ Community, Town water and sewer available, Developers: high demand for this type of housing. Call for details
61 Airport Rd - \$699,900



WEBSTER AVAILABLE SOON

2 family, 3 bedrooms each unit, 2 car garage, 1/2 acre lot with water & sewer. Subdivide and obtain a buildable lot suitable for a single family or two units.

Home Town Service,
BIG TIME RESULTS

Town-to-Town

CLASSIFIEDS

1-800-536-5836



Place your ad today!



2008 TRAILER FOR SALE
load rite 2 place
ATV Trailer. New tires.
Asking \$1,000
or best offer.
CONTACT 508-248-3707
and leave a message.

010 FOR SALE
EXC. SOLID 68" L SHAPED OAK DESK LHF return 48"
Power center with hutch lights & 2 glass doors & Bk case. Original price \$2200. now in like new condition \$1595. 5 drawers & 2 file drawers with key lock. Pictures available on facebook. Click on messenger then. **Paulette 508-765-1231**

WAR RELICS & WAR SOUVENIERS WANTED: WWII & EARLIER CASH WAITING!
Helmets, Swords, Daggers, Bayonets, Medals, Badges, Rags, Uniforms, etc. Over 40 years' experience.
Call David (508) 688-0847. I'LL COME TO YOU!

Trailer For Sale
with enclosed porch located at Indian Ranch, Webster, site G13. Completely furnished. All appliances included and extras. Refrigerator, over/under wash/dry, A/C, Heat. View at www.indianranch.com.
Contact Arthur or Sage 508-892-4576.

GARAGE SALE

Every Saturday 9 - 2 through October 31.

New items added weekly.

4 Henry Road

Webster, MA




Free construction wood
and kindling wood; beams, plywood, 2x4s, 2x6s, 2x8s, good for woodstoves, not for building. Clean. Delivery possible. Ask for J.D. **413-262-5082**

442 LICENSED DAY CARE
The Commonwealth of Massachusetts Office of Child Care Services requires that all ads placed in the newspaper for child care (daycare) in your home include your license number

FIREWOOD
3/4 Seasoned/standing dead hardwood custom cut to your specs. Delivered to your home.
12"-14" \$300 per cord.
16-18" \$260 per cord.
Call: 508-282-0232

010 FOR SALE
FOR SALE LINCOLN WELDER
Gas portable, electric start 150 amps. 110-220. **\$300**
CALL: 508-248-7063

ITEM FOR SALE:
Antique Dark Wood 5 Drawer Bureau size 34" L, 19" W x 48" H **\$95.00**
Pictures of items available by email at: **rec142142@gmail.com**
508-434-0630

FREE ITEMS
Large Picture Frame, Portable Air Conditioning Unit- plus much more
Please call 508-340-6701 for information

Local Sawmill Seeks Qualified Diesel Mechanic

For fleet of tractors, trailers, log trucks, loaders, forklifts, etc. Must have knowledge of Cat equipment and engines, experience with mechanical and electronic diesel engines, knowledge of air brakes systems and operations, and be willing to work in both shop and outside environment.

Welding experience a plus.
No CDL required.
Minimum 5 years experience.
Monday-Friday day shift plus overtime.
Health ins., 401K, vacation/sick time, & discounted wood products.
Email resume to info@hullforest.com.



Conserving Forests / Crafting Wood / Since 1965

Director - Office of Development & Inspectional Services / Town Planner:

The Town of Spencer seeks candidates for the position of Director / Planner. Reports to the Town Administrator and supervises staff in the coordination of the Board of Health, Planning Board, Conservation Commission, Zoning Board of Appeals and Building Inspection services. Responsible for providing professional and technical support in the evaluation of land use, demographic, economic and other data relating to the built and natural environment, as well as application review for the Planning and Zoning Boards.

Successful candidates will have at minimum a Bachelor's degree in planning and/or land use, economic development, or a related field; five years' experience in professional planning, preferably in local government; AICP certification preferred; or an equivalent combination of education and experience. This is a fulltime position with a salary range of \$72,424 - \$79,115 DOQ.

Visit <https://www.spencerma.gov/home/pages/employment-opportunities> for additional details.

Submit letter and resume to **Town Administrator, Town of Spencer, 157 Main St., Spencer, MA 01562, or email tgregory@spencerma.gov.**

AA/EOE

Local newspapers will stand the test of time



We are connected, and even "old school," local newspapers try to reflect the communities we live in – their interests, concerns and passions. Local newspapers touch our lives and remind us of how important our small and immediate world is.



Stonebridge Press
In Print and Online
www.stonebridgepress.com

THANK YOU
ST. JUDE
FOR
ANSWERED
PRAYERS.
– R.C.

010 FOR SALE
FOR SALE LINCOLN WELDER
Tombstone Style, Plug-in 250 amps. **\$250**
CALL: 508-248-7063

FOR SALE
Small Vending Company in Worcester Area
Turn-key business
774-813-9918

LEE'S COINS & JEWELRY \$ BUY & SELL \$ ALL GOLD & SILVER ITEMS Specializing in NUMISMATIC COINS, Bullion items, gold & silver of any form!
Qualified with over 30 years experience & a following of many satisfied customers. We also sell a nice selection of fine jewelry, antiques & collectibles. Bring in your items & see what they are worth. You won't leave disappointed. Honesty and fairness are our best policies! Lee's Coin & Jewelry, 239 West Main Street, East Brookfield (Route 9-Panda Garden Plaza) 508-637-1236 or cell: 508-341-6355

Did you find your pet?

Or find a home for one



LET US KNOW!!!
Please call us so that we can take your ad out of the paper...
Town-To-Town Classifieds 508-909-4111

ARTICLES FOR SALE
Nordic Track Exerciser-\$300
Epson Photo Printer
CD/DVD with program \$650
Car or Truck Sunroof \$100
Roll-up School Map \$50
Many Chairs \$25 each.
Electric Fireplace \$140
2 Antique Printing Presses Manufacturing 1885-\$1500 each.
Call: 508-764-4458

APARTMENT FOR RENT BROOKFIELD
1 BR, 2ND Floor
Off street parking
Available NOW
Electric or Gas Heat
\$580/mo
Has all appliances
No Dogs
Call Dave 413-262-5082

StonebridgePress.com

HELP WANTED BC Industries

Metal Shot Sandblasting Position Available In Oxford, MA.

Blasting Most Ferrous & Non-Ferrous Metals.
Experience Blasting With Steel Shot, Grit & Garnet A Plus.
Call BC Industries At 508-987-3042
Or E-Mail Resume To Donnaz@Bcblast.com

HELP WANTED

Looking for handyman to do some carpentry, plumbing, painting, drywall & bathroom re-do.
Need estimate.
House cleaner needed. References & CORI check required. Hourly rate.
Call to apply 774-641-7186, Spencer, MA

THE TOWN OF CHARLTON is seeking a Temporary 15-19 hour per week Assistant Collector

Under the general direction of the Treasurer/Collector, the Assistant Collector is responsible for collection of tax and utility receivables, accurately posting payments and any other administrative duties that may be necessary. High School Diploma or Associates preferred or any equivalent combination of education and experience.
Knowledge of Mass General Laws, the Vadar collection, and accounting systems a plus. Must be able to obtain a bond. Hourly rate: 20.11-22.31/hr depending on experience.
Deadline for applications is 10/22/2020. Applications can be found at <https://townofcharlton.net/158/Human-Resources>.
Email applications along with resume to Lynn.Dyer@townofcharlton.net.
The Town of Charlton is an equal opportunity employer and encourages diversity.

INSTALLERS NEEDED IMPERIAL WORLDWIDE IS HIRING

Gutter, Insulation and Shelving Installers
Please Apply in person Mon-Fri
708 Grafton Street
Shrewsbury MA
508-791-2200



SOUTHBRIDGE

5 room apartment 1st floor
wash dryer stove dish washer included
gas and gas heat tenant are responsible for.
No pets. Non smokers.
\$800/month
First and last required.
508-764-6425

Swissturn/USA

Maintenance Mechanic

Swissturn/USA is an ISO 9001:2015 registered, employee-owned (ESOP), contract manufacturer of precision components serving customers in the medical device, connector, laser, industrial hardware, defense, and many other industries. We are passionate about the success of our customers, our employees, and our company. We thrive by helping our customers be successful and by driving innovation throughout our management and manufacturing systems.
Swissturn/USA is recognized for and trusted to deliver value to our customers and inspire pride in our employees. We make it exceptionally easy for our customers to do business with us. Our continual investment in technologically advanced CNC Swiss Screw Machines, support equipment, information technology, and training provide a sustained competitive advantage.
We offer a comprehensive and competitive compensation package along with a very generous benefits program. As an employee-owned company, our employee-owners are expected to be contributors to the bottom line and then are compensated for those efforts through our ESOP, 401k match, profit sharing plan, and bonus plan.
Our modern air-conditioned facility, in combination with our team of dedicated employee-owners, along with a dynamic and fun culture make working at Swissturn and its J I Morris Miniature Fastener Division a rewarding career choice.

Position Summary
The Maintenance Mechanic is responsible for performing machine repairs, troubleshooting, machine setup, preventative maintenance, and general maintenance of mechanical systems. The position will also assist in keeping a well-maintained facility which includes repairs and maintenance related to the company property.
Minimum Skills and Qualifications
High School Diploma or equivalent combination of education and experience preferred
Minimum of 2 years' experience in a manufacturing environment
Demonstrated experience with troubleshooting and repairing CNC equipment
To apply please forward a resume to jobs@Swissturn.com or drop by for an application.
Swissturn/USA
21 Dana Road, Oxford, MA 01540
Swissturn/USA, Inc. is an Equal Opportunity Employer

Holland Cemetery announced as official location for Wreaths Across America Day

HOLLAND — National non-profit Wreaths Across America (WAA) announced today that Holland Cemetery in Holland has once again joined in the mission to Remember, Honor, Teach, as an official location for 2020. This is the ninth year that the cemetery will participate in this national event.

Wreaths Across America started as a simple gesture of thanks that has grown into a national movement of dedicated volunteers and communities coming together to not only remember the nation's fallen and honor their service, but to teach the next generation about the sacrifices made for Americans to live freely. This year, there will be nearly 2,000 participating locations placing wreaths on National Wreaths Across America Day – Saturday, Dec. 19 – with more than two million volunteers coming together.

The goal for Holland Cemetery is to place 190 veterans' wreaths on the headstones of all the local heroes laid to rest there, to ensure that the

individuals who served to protect the freedoms of our country never be forgotten and to bring the community together in patriotic commemoration.

"We are forever grateful for the thousands of supporters who dedicate their time and effort to fulfilling the mission on a local level," said Karen Worcester, executive director, Wreaths Across America. "These individuals and their communities know the value of remembering the fallen, honoring those who currently serve and teaching the next generation about the sacrifices made for our freedom every day, and without their continued support, Wreaths Across America would not exist."

Those interested in volunteering for Wreaths Across America, or sponsoring a wreath for Holland Cemetery are invited to visit www.wreathsacrossamerica.org/MAHHDC to learn more. National Wreaths Across America Day is a free, non-political, community event open to all people.

About Wreaths Across

America

Wreaths Across America is a 501(c)(3) nonprofit organization founded to continue and expand the annual wreath-laying ceremony at Arlington National Cemetery begun by Maine businessman Morrill Worcester in 1992. The organization's mission – Remember, Honor, Teach – is carried out in part each year by coordinating wreath-laying ceremonies in December at Arlington, as well as at thousands of veterans' cemeteries and other locations in all 50 states and beyond. For more information, to sponsor wreaths or to sign up to volunteer, please visit www.WreathsAcrossAmerica.org.

Say it in living color!



The world isn't black and white. So, why is your ad?

M.L. PARTLOW & SON, INC.
Since 1998
ASPHALT PAVING SPECIALIST
 PAVING AND INFRARED THERMAL BONDING
Quality Work Guaranteed

Commercial Parking Lots
 Residential Driveways
 Roadways • New or Resurfacing
 Berms • Sidewalks
 Seal Coating • Crack Filling

Call us today for a free estimate
 (508) 347-8956
 FAX (508)347-7099
 Email: MLPARTLOWANDSON@AOL.COM



FULLY INSURED



GIANT Yard Sale

St. Roch Church
October 17th
8 AM - 2 PM
334 Main St., Route 12
Oxford, MA 01540



Does your home office need a new view?

Why not make it a welcoming getaway for the work day? We've got lots of inspiration to help you create a wall space that makes you look forward to those long days in the office.

THE FRAMER'S GALLERY
 Heritage Mall • 567 Southbridge Street, Auburn, MA 508-832-6111
FRAMERSGALLERYMA.COM

WALK INS ALWAYS WELCOME! APPOINTMENTS PREFERRED.
 HOURS VARY DURING THIS DIFFICULT TIME PLEASE CALL 508-753-2230
WWW.FRAMERSGALLERYMA.COM | VISIT US ON FACEBOOK & INSTAGRAM

FINE CRAFTSMANSHIP
 EXPERIENCED DESIGNERS
 CUSTOM FRAMING
 OUTSTANDING
 PRINT SELECTION
 PHOTO RESTORATION
 READY-MADE FRAMES & MATS



Scoop!

If it's important to you,
 It's important to us.

StonebridgePress.com



Septic System Installation
Underground Tank Removal

Your Excavation, Construction and Septic System Specialist

Free Consultations
 Call us anytime! **508-765-9003**

Custom Home Building
Commercial Construction

Soper
CONSTRUCTION COMPANY, INC.
hiresoper.com



QUALITY WORK • RELIABLE SERVICE
FROM A NAME YOU CAN TRUST



DON'T MISS A THING!

Your Local Benjamin Moore Retailer



NAL'S PAINT CENTER

Service Like No Other

Benjamin Moore®

Visit our website for **BOGO** coupon, nalspaintcenter.com.

NAL'S offers a large selection of wall coverings and window treatments.

470 Southbridge St. Auburn

315 Brooks St. Worcester

651 N.Main St. Leominster

140 Chandler St. Worcester

240 Boston Turnpike, Rte. 9 Shrewsbury

122 Turnpike Road, Rte. 9 Westborough

©2018 Benjamin Moore & Co. ARBORCOAT, Aura, Benjamin Moore, Color Lock, REGAL, and the triangle "M" symbol are registered trademarks licensed to Benjamin Moore & Co.

News

BREEZE LANDS ORCHARDS

APPLES

The Harvest Is In!

Visit The Farm For:

- Just Baked Pies
- Cider Donuts • Cheese

FREE
 with this coupon and purchase
 Tues.-Thurs. Only

1/2 Dozen Cider Donuts

Southbridge Rd., Warren, MA • 413-436-7122
 Open 10am, - 6pm
 5 min. from Sturbridge - 148 N. Follow signs

FALL SALE

Can't find an appliance? We have hundreds of washers, dryers, stoves, refrigerators, dishwashers, microwaves, freezers in stock for pick-up or fast delivery!

MATTRESS SALE!

TWIN: Reg. \$299 NOW **\$199**
 FULL: Reg. \$499 NOW **\$299**
 QUEEN: Reg. \$599 NOW **\$299**

GAS GRILL SALE

OVER 500 IN STOCK!

OVER 3000 APPLIANCES IN STOCK FOR IMMEDIATE PICK-UP OR DELIVERY

TV SALE

65" LG	Reg. \$649.99	\$569.99
70" Smart	Reg. \$799.99	\$599.99
43" LG	Reg. \$349.99	\$299.99
32" Smart TV		\$159.99

WE HAVE BIKES IN STOCK

FREEZERS ARE BACK IN STOCK

DEHUMIDIFIERS IN STOCK!	FRENCH DOOR ICE & WATER REFRIGERATOR Reg. \$1999 ⁹⁹ \$1699⁹⁹	18 CU. FT. REFRIGERATOR Reg. \$799 ⁹⁹ \$699⁹⁹	DELUXE TOP LOAD WASHER Reg. \$799 ⁹⁹ \$479⁹⁹	SAMSUNG DELUXE GAS STOVE Reg. \$799 ⁹⁹ \$699⁹⁹	GE FRONT LOAD WASHER \$699⁹⁹
GIANT TOY DEPT.	7300 LG WASHER OR DRYER Reg. \$799 ⁹⁹ \$749⁹⁹	FAMOUS MAKER GAS OR ELECTRIC RANGE Reg. \$499 ⁹⁹ \$449⁹⁹	KITCHENAID DISHWASHER Reg. \$899 ⁹⁹ \$799⁹⁹	MAYTAG TOP WASHER Reg. \$699 ⁹⁹ \$649⁹⁹	GE SELF CLEANING SMOOTH TOP STOVE Reg. \$649 ⁹⁹ \$599⁹⁹
	SIDE BY SIDE STAINLESS STEEL REFRIGERATOR Reg. \$1699 ⁹⁹ \$1199⁹⁹	DELUXE ELECTRIC DRYER Reg. \$499 ⁹⁹ \$449⁹⁹	OVER THE RANGE MICROWAVE OVEN Reg. \$218 ⁹⁹ \$189⁹⁹	DELUXE DISHWASHER Reg. \$299 ⁹⁹ \$379⁹⁹	LG FRONT LOAD WASHER Reg. \$899 ⁹⁹ \$799⁹⁹

PRICES GOOD WHILE SUPPLIES LAST
 INSTANT FINANCING UP TO \$10,000
 Check www.whitcosales.com for special coupon

WHITCO

Hours: : Mon.-Sat. 10am-9pm
 Sunday Noon- 7pm
 140 Main St., Spencer, MA
508-885-9343

HOT COSTUMES

175 Main St. Webster, MA 508-769-5251

INVENTORY LIQUIDATION SALE

80-90% OFF

ENTIRE STORE!

FINAL DAYS!

COSTUMES • PROPS • SHOES • FIXTURES

NO RETURNS * ALL SALES FINAL
NO CHECKS * NO CARDS



Come check out our Game Time Grab 'N' Go Fan Favorites!
Sandwiches • Salads • Entrees • Baked Goods • Desserts
And much more!

FOOTBALL SEASON IS BACK!

Rt. 20, 630 Main Street
Sturbridge, MA 01566
508-347-7077
Open 7 Days a Week
11am-7pm
~ ENTRANCE IN BACK ~

hearthstonemarket1@gmail.com • hearthstonemarketandcatering.com





122 Main Street, Sturbridge, MA

508-347-9017

Gas customers redeem Your Shaw's Gas Points Here!



BEST FARM FRESH MEATS IN CENTRAL MASSACHUSETTS

PASTURE RAISED • NATURAL MEATS

Located in East Brookfield, Massachusetts,
Crooked Creek Farm sells
local and natural farm raised beef and pork.

Now Offering CSA Packages!

Please call for full details.

ASK US ABOUT OUR FREE LOCAL DELIVERY!



To purchase your meat packages you can order by Email or by Phone.
CALL/TEXT: (508) 868-5902 or (774) 200-7308
www.CrookedCreekFarmMA.com Email: CrookedCreekMA@Gmail.com

Find Us on Social Media  

There Are Many Places To Shop This Fall, But Only One Place To Buy!



PRE-OWNED ESCAPES! HUGE SELECTION!

Choose From Over 20
SE And Titanium Models!
Variety Of Colors....From **\$18,888**



LAMOUREUX



366 E. Main Street, Rte. 9 East Brookfield
877-LAM-FORD or 508-885-1000
~ SERVICE HOURS ~
Monday - Friday 8:00-5:00 • Saturday till Noon

Sales department is now open Mon-Fri 8:30-6:00 • Saturday till 2:00
Please wear a face mask or covering inside the Dealership in Sales or in Service. Thank you.



www.lamoureuxford.com