

Free by request to residents of Douglas, Northbridge, Uxbridge, Linwood, Whitinsville and North Uxbridge

SEND YOUR NEWS AND PICS TO NEWS@STONEBRIDGEPRESS.NEWS

Friday, September 19, 2025

## Smithsonian Institute's Museum on Main Street now open in Douglas

DOUGLAS Saturday, Sept. 13, the **Douglas Historical Society** celebrated the grand opening of Voices and Votes: Democracy in America, a Smithsonian traveling exhibition known as Museum on Main Street. Local dignitaries, Society board members and the general public gathered at the Douglas Municipal Center to kickoff the exhibition that will run until Oct. 25.

Voices and Votes chronicles the evolution of the democratic process in the United States. Using a collection of authentic artifacts and material, as well as interactive screens and games, the exhibition crafts a detailed story that spans from the American Revolution to the present day. Located at 29 Depot Street in Douglas, the exhibit's hours are as follows: Tuesdays from 10am-6 pm, Wednesdays from 10am-4pm, Thursdays from 10am-4pm, Saturdays from 10am-3pm. Exhibit entry is free for all visitors and there is ample free parking.

"We are so thrilled to have kicked off this amazing exhibit detailing the development of our democracy," said Douglas Historical Society Project Director Lisa Mosczynski. "This is an exhibit geared not only towards the past but also the present and the future. We hope that



Members of the Douglas Board of Selectmen, State Senator Ryan Fattman, Mass Humanities Executive Director Brian Boyles and Program Officer Marie Pellissier along with Jeanne Hebert, President of the Blackstone Valley Chamber of Commerce, join Douglas Historical Society Project Director Lisa Mosczynski at the exhibit's ribbon cutting.

tudes on voting and democracy, as well as consider how they can best perform their civic duties.

Voices and Votes will also feature several events designed to prompt community discourse and discussion. On Sept. 22, local historians will gather at the E.N. Jenckes Store

visitors will be inspired Museum for a "show and to examine their own atti-tell" presentation using

campaign ephemera to tell the history of elections primary source election locally. On Sept. 25, a pre-Henry Harrison's 1840

sentation on an authentic banner from William

presidential campaign will be given by Douglas Library Archivist Rebecca Lavallee.

On Oct. 8, Allison Horrocks, Park Ranger at the Blackstone River Valley National Historical Park will present on the Valley's own history related to the "how" and "who" of voting. On Oct. 15, a reenactment will center on the life of Deborah Sampson, a woman who served in the Revolutionary War and whose story still resonates today. On Oct. 16, visitors are invited to join a community conversation centered on how the democratic process can best thrive at the local level. All of these events will take place at 7 p.m.

Additional activities include a scavenger hunt as well as a mock election for children, where kids can cast their ballots to elect the mayor of Douglas. For more information and schedules regarding Voices and Votes, please visit mysfpl.org/moms or contact Lisa Mosczynski at LisaM367@gmail.com and at 508-341-4876.

## Douglas Common fall donation drive, Thank You Drawing announced

BY LYNN PARESKY DOUGLAS COMMON PRESERVATION SOCIETY, INC.

DOUGLAS - Organized to help fund the popular Douglas Common Holiday Lighting Celebration, the Fall Donation Drive and Thank You Drawing is now underway. The Thank You Drawing is for 150 "\$1,000,000 Bonus Plus" Scratch Tickets with a retail value of \$750, and the Douglas Common Preservation Society, Inc. is showing its gratitude to donors by making 15 drawing entries in the donors' names for EACH \$25 donated between now and Oct. 22. The drawing will take place on Oct. 22, and the winner will be notified.

To take part in the Fall Donation Drive and Thank You Drawing, make your donation by Oct. 22 by check payable to the Douglas Common Preservation Society, Inc. mailed to 76 NW Main St., Douglas, MA 01516. Donations may also be made by Venmo @ Kathleen-Sugrue-Richards - and please include your



email and mailing address. Since donations are tax-deductible, a donation receipt

will be sent to you for tax purposes.

More information is

available on the Douglas Common Preservation Society, Inc. Facebook page, and winner will be announced there as well.

The scratch tickets being given away in the Thank You Drawing were very generously donated to the Society by local friend and supporter, David Maenzo. He wanted to help the Society with its Fall Fund Drive by providing a great prize that anyone would love to win.

Relying totally on donations from the community, both individuals and businesses, the Society offers an annual Holiday Lighting Celebration that attracts families to see the lights and other decorations, meet Santa, listen to caroling by The Very Merry Dickens Carolers, take photos with the "herd" of deer, by the tree in the gazebo, or with Santa, and share the season over beverages with friends and neighbors. They invite you to lend your support by participating in the Fall Donation Drive.

## to Northbridge Common NORTHBRIDGE — The 2025 Harvest Festival,

VCC Harvest Festival returns

sponsored by the Village Congregational Church in Whitinsville, is scheduled for Saturday, Sept. 27 from 9 a.m. until 3 p.m. on the Northbridge Town Common, across from Village Church at 5 Church St. (The rain date will be Sunday, Sept. 28 from noon until 4 p.m.). This year promises more vendors and more fabulous raffle prizes!

A fair for all ages in our 17th year brings our community a day of arts, crafts, vendors, food court, music, children's activities, obstacle course, face painting, Maggie the Clown, a huge variety of raffle prizes, Blessing of the Pets at 10:30 a.m., a tag sale at Village Congregational Church and a 50/50 Raffle! Tickets for the 50/50 raffle are sold online at https:// go.rallyup.com/vcc/Campaign/Details.

All proceeds from the festival and the raffles benefit our wider missions:

- \* Thanksgiving & Easter food baskets for families
- NAC Food Pantry and Peace of Bread Mission
- \* School Supply Drive for local students \* Blackstone Valley Emergency Warming Centers

Treat yourself to a wonderful fall day at the VCC Harvest Festival, a unique slice of life and family fun in a historical New England town. For more details, visit www.vccucc.org.

## Whitinsville Retirement Society celebrates 50 years with summer cookout and family fun

The Whitinsville Retirement Society Inc. (WRSI) continued its yearlong 50th Anniversary "Golden Jubilee" with a Summer Cookout on Saturday, Sept. 6. Residents, families and friends of the two WRSI properties, their Whitinsville Retirement Home Elderly their Apartments, celebrated with staff and society members!

Under sunny skies, the lawn between the buildings was

Courtesv

(Right) WRSI President Randy DeVries, Amanda **Hellyar (District Director** of Sen. Fattman's office), **WRSI Vice-President Scott** Schneider receiving citation.



crowded with nearly 150 people enjoying the fellowship of family and friends while the aroma of hamburgers and hot dogs being grilled by board members filled the air. People played lawn games, enjoyed face painting, a photo booth, entertainment music by Polka Paul, browsing through the Lighthouse thrift store and more. Amanda Hellyar, District Director for the Office of State Senator Ryan C. Fattman (Worcester-Hampdem District), presented WRSI a congratulatory "Official Citation" from the Massachusetts Senate in recognition of "The auspicious celebration of your 50th Golden ing the senior community of the Blackstone Valley" and extending best wishes for continued success. WRSI is grateful for this anniversary's opportunity to honor our past, celebrate our present and focus on our future-meeting the needs of aging family and friends of the Blackstone Valley with renewed commitment and dedication.

Fifty years ago, on Feb. 21, 1975, WRSI was formed by local church patrons to provide independent, congregate living for the well-elderly in a loving and caring Christian environment. The Whitinsville Retirement Home is located in the John C. Whitin Mansion, affectionately known as the

Anniversary and serv-Turn To COOKOUT page A8

## News from Beginning Bridges, CFC socially, academisupports commu-

Beginning BridgesCFCE. weebly.com

Facebook: Beginning Bridges

Emurray@s moc.org - 508-278-

Beginning Bridges CFCE 's vision is that children, youth and families reach their full potential now and in the future. Our mission is to work with families and community partners to create the conditions for children, vouth and families to thrive

cally and economically. Funding for the Coordinated Family Community Engagement Grant (CFCE) is provided by the

Massachusetts Dept. of Early Education and Care (EEC) and sponsored by South Middlesex Opportunity Council (SMOC-Childcare/Head Start). Beginning Bridges CFCE has funding for the towns of Mendon, Northbridge, Upton & Uxbridge. Currently,

comprehensive services include weekly indoor and outdoor parent/child playgroups. We also offer parent education programs, the Ages & Stages Developmental Questionnaire and can connect families to community resources.

Upcoming Events-Registration is required for all upcoming events. Links can be accessed on our website or contact Murray Emily at 508-278-5110 or Emurray@smoc.

Please check our website and Facebook page latest for our Newsletter and information about

our Playgroups.

Monday 10/6/25 Music and Movement with Hudgins Deb 9:30 - 10:00 - Upton Town Library, 9 Milford Street, Upton. Register on the Upton Town Library website.

Tuesday 10/7/25 - Early Childhood Council Virtual 1:00 Meeting pm - The Early Childhood Council

nity level collaborations and acts as connective tissue to ensure comprehensive and wraparound support for child development and family opportunities. We are currently welcoming new members. Please reach out to Emily Murray at Emurray@smoc. org to join.

Wednesday 10/15/25 - Music and Movement with Deb Hudgins 10:30 - 11:00 Whitinsville Social Library, 17 Church Street. Whitinsville. Register online at the Whitinsville Social Library Website.

Wednesday 10/22/25 Surviving Holidays with Kids with Jill Vetstein - 7:00-8:30 pm via Zoom -Renowned Parent Educator and Developmental Specialist Vetstein joins us for another wonderful workshop. We will discuss why family holiday functions often foster meltdowns and undesirable behaviors in chil-

dren, how we can help children be prepared for gathering and how to navigate tricky situations. Please register through Beginning CFCE Bridges Website.

Wednesday 10/29/25 - Coffee and Conversations – 9:45 – 10:45am - Join us for Ms. Deb's Music Movement program from 9:15-9:45am, followed by Coffee & Conversations. Coffee Conversations is and informal play

time where families will be able to build social connections, learn about early childhood development and family friendly resources. Please bring your own coffee. Muffins will be provided by the Muffin House Cafe. Please register online at the Beginning Bridges CFCE website.

Please check our website www. BeginningBridges CFCE.weebly.com for more information and details.

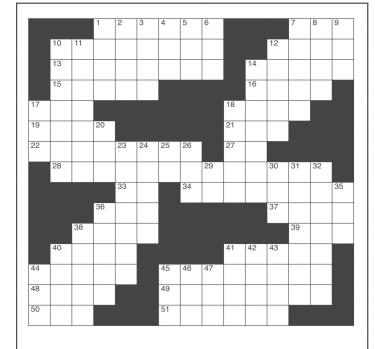


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## **CLUES ACROSS**

- 1. Carved into
- Rogers, cowboy
- 10. Unruly locale 12. Edible mushroom 13. Influential noblemen
- 14. Rattling breaths 15. David George, Brit. P.M.
- 16. Musician Clapton
- 17. Small Eurasian deer
- 18. Invests in little enterprises
- 21. Chicago ballplayer
- 22. Animal body part
- 28. Fictional ad exec

- 27. It's everywhere these days
- 36. Subway rodent 37. Armor plate

33. Mr. T character Baracus

- 34. Against the current
- 38. Hair on the head
- 39. Strong insect 40. Swollen lymph node
- 41. A way to lessen 44. Walter White poison
- 45. Sleeveless garment 48. Long accompanied song
- 49. Without features
- 50. Yankee great Mattingly 51. Removes from record

## **CLUES DOWN**

- 1. Root of taro plant
- 2. Those ones 3. Appliances have one
- 4. A way to sing 5. Midway between east and southeast
- 6. Animal dwelling 7. An object that as survived from the
- past 8. Oil cartel
- 9. Affirmative 10. Foul smell
- 11. Brisk tempo
- 12. S. American indigenous person
- 14. Restored 17. Official
- 18. Skin lesions
- 20. Electroencephalograph
- 23. Middle Eastern country
- 24. Extremely angry 25. Title used before a woman's name
- 26. British thermal unit
- 29. By the way (abbr.)
- 30. Anger 31. Nullifies
- 32. Ones who acquire 35. Time zone
- 36. Arabic name
- 38. Protein in mucus
- 40. Ballpoint pen
- 41. Mimics 42. Humans have a lot of it
- 43. Expressions of good wishes 44. Cool!
- 45. One point east of due south
- 47. A way to save for retirement
- 46. City of Angels football team (abbr.)

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## Elmira College recognizes annual Key Award recipients

SNHU announces

Summer 2025 Dean's List

ELMIRA, N.Y. — Elmira College recently announced this year's recipients of its annual Kev Award. This year's award was given to 807 students in 18 states as well as Canada. A tradition that goes back to 1935, the Key Award is presented to outstanding students in their junior year of high school or preparatory school.

Emily Ramsdell of Douglas Sarah Lemire of Douglas Allison Gordon of Douglas Mackenna Chiasson of

Douglas "This award is given to students with the potential to excel academically, serve as leaders, and go on to enjoy success in life," said Charles Lindsay, president of Elmira College. "We hope they will choose to make Elmira College

their place." Sponsored by the EC Alumni Association, the Key Award recognizes students for high scholastic achievement, leadership, citizenship, and participation in extracurricu-

MANCHESTER.

May to August.

Hampshire — It is with great pleasure that Southern New

Hampshire University (SNHU)

congratulates the following students on being named to

the Summer 2025 Dean's List.

The summer terms run from

students who have earned a

minimum grade-point aver-

age of 3.500 to 3.699 for the

reporting term are named

to the Dean's List. Full-time

status is achieved by earning

12 credits over each 16-week

term or paired 8-week terms

grouped in fall, winter/

Michael Moniz of Uxbridge

Edward Ribeiro of Douglas

spring, and summer.

Full-time undergraduate

lar activities.

About Elmira College

Founded in 1855, Elmira College is a private, residential, liberal arts college offering 30-plus majors, an honors program, 17 academic societies, and 19 intercollegiate programs with 15 NCAA Division III-sponsored sports. Located in the Southern Finger Lakes Region of New York, Elmira's undergraduate and graduate student population hails from more than 20 states and nine countries. Elmira is a Phi Beta Kappa College and has been ranked a top college, nationally, for student internships. The College is also home to the Center for Mark Twain Studies, one of four historically significant Twain heritage sites in the U.S., which attracts Twain scholars and educators from around the world for research on the famous literary icon. Proud of its history and tradition, the College is committed to the ideals of community service, and intellectual and individual growth.

Southern New Hampshire

University (SNHU) is a pri-

vate, nonprofit, accredited

institution with a 92-year his-

tory of educating tradition-

al-aged students and working

adults. Now serving more than

200,000 learners worldwide,

SNHU offers approximately

200 undergraduate, graduate,

and certificate programs, avail-

able online and on its 300-acre

campus in Manchester, NH.

Recognized as one of the "Most

Innovative" regional universities by U.S. News & World

Report and one of the fast-

est-growing universities in the

country, SNHU is committed to

expanding access to high qual-

ity, affordable pathways that

meet the needs of each learner.

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\$750,000, 3 Centennial Dr, Hennigan, Mark F, to Trudeau, Scott, and Trudeau, Nancy.

\$430,000, 100 Blackstone St, Kelly, Joseph P, and Kelly, Alexandra L, to Fitzgibbon Jr, Dennis M.

\$415,000, 260 Main St #12, Cb2 Builders LLC, to Santisi, John F.

## DOUGLAS

\$642,000, 59 Linden St, Briggs Jr, David J, and Briggs, Jennifer L, to Durran, Sean P, and Durran, Deirdre. \$515,000, 48 North St, Widak Ft,

and Emanuel, Lindsey, to Brunelle, Kyle, and Brunelle, Nicole.

## NORTHBRIDGE

\$735,000, 14 Lea Ave, Brouwer, Thomas A, and Brouwer, Susan M, to Reynolds, Jake L, and Reynolds, Paige O.

\$680,000, 150 Morgan Rd, Trenholm 3rd, Ross L, and Trenholm, Irene, to Muise, Kevin, and Muise, Carolyn. \$644,000, 71-77 Fletcher St, Shi,

Jason, to Rutkowski, Jake.

\$640,000, 70 Macarthur Rd, Thompson, Christopher S, and Thompson, Mary E, to Dubina, Jordan R, and Dubina, Branscombe F. \$560,000, 16 Birch Ln, Carey T, and Carey, Kathy, to Kamide, Daniane M.

\$370,000, 238 Heritage Dr #238, Plumb, Matthew, and Sullivan, Kaitlin M, to Swift, William W.

\$355,000, 219 Heritage Dr #219, Robidoux, Jeffrey T, to Brown, Kenneth P.

## UXBRIDGE

\$803,000, 154 Aldrich St, Youngsma, Leslie G, and Youngsma, Sandra G, to Goguen, Emmanuel, and Goguen, Mary.

\$695,000, 12 Mooreland Dr, Small RET, and Small, Bradley B, to K&m Thomas LLC.

\$540,000, 55 Brandy Ln, Durran, Sean P, and Durran, Diedre A, to Oherron, Caitlin R, and Ambrose 3rd, John.

\$500,000, 38 Nature View Dr #38, Kennedy, Patricia M, to Naworski, Kelly, and Naworski, Stephen L.

\$450,000, 70 Carrington Ln #70, Nakhid, Crystal, and Thomas, Odessa, to Gil, Fernando, and Losi-Gil, Ana C.

\$355,000, 42 Hartford Ave W #42, Anger, Karen S, to Sweeney, Paul, and Sweeney, Kathleen.

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## Sutton Historical Society to host October events

Sutton Historical Society, Inc. has October several events planned. For members, mark your calendar for the Annual Meeting Tuesday, Oct. 7, at 7 p.m. in the First Congregational Church, Road. Boston The Society will be set up in the Darling barn for the 45th Annual Waters Farm

18 & 19, 10 a.m. -4 p.m., 53 Waters Rd., sharing the history of the Darling Barn, the Darling Family and the Waters Family Genealogy. Waters Farm Days includes circa 1757 farmhouse tours, blacksmith and shingle making demonstrations, a maple sugar house, tractor pulls, crafters, apple crisp and General more!

and Sunday, Oct.

admission is \$15 per adult, \$10 for military and seniors, and children under five are free.

On Saturday, Oct. 25, from 4 – 7 p.m., the Society will be set up at the M. M. Sherman Blacksmith Shop, 6 Singletary Avenue, as part of the OMG Pumpkin Festival 2025 hosting a miniature Halloween village exhibit, Revolutionary War metal detecteral Sutton farms, and interpreters sharing some of Sutton's more colorful and historic events. This community event at the Sutton Common is sponsored by the Sutton Fourth organization and includes a costume parade, tractor parade, scarecrow and jack-o-lantern contests, trunk-ortreat at the school complex, as well

as a Boo Bash at

ing finds from sev-

the Sutton Library. More information can be found at thesuttonfourth. org. This event is free and open to the general public of all ages.

Looking ward to November, our final speakpresentation will be held on Tuesday, Nov. 11 at 7 p.m. in the First Congregational Church, 307 Boston Road. Society member, Charlotte Wilson, will share tales of Sutton's participation in Revolutionary War events. This free event is open to the general public of

all ages. The 2025 speaker series was sponsored by the Sutton Cultural Council, a local agency, supported by the Mass Cultural Council, a state agency. All events and updates can be found at sutton1704.org.

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## Ken Warchol to be featured at Uxbridge Quaker Meetinghouse

that nearly 80 percent of the vegetables, fruits and grains we eat rely on bees and other insects for pollination and maturity? The honey bee, whose future is in real danger, is a top pollinator of many food crops. Join Ken Warchol and his beekeeping display for a look at these tiny but important creatures. Warchol will speak at the Uxbridge Quaker Meetinghouse, located at the corner of Quaker Highway and Aldrich Street in Uxbridge, on Sunday, Sept. 21 at

Warchol's family began keeping bees in their village in Poland as far back as 1840. Now a sixth-generation bee keeper, he continues the work that his father began as a 1947 immigrant to Northbridge. He has spent a lifetime understanding the world of bees and overseeing hives throughout the Blackstone Valley and beyond.

For many years, Warchol was the state bee inspector in addition to holding a teaching job at the Northbridge Public Schools. He was charged with the health of hives from the Cape to the Berkshires. He also participated in several important studies which attempted to further understand the life of bees. He has now 'retired' and keeps only about 100 hives for the Northbridge honey farm that he and his wife Deborah work together.

But Warchol remains concerned with the health of our bee colonies. While there are new regulations about pesticides in agriculture and new medications to control mites in hives, the decline of bees in some areas is alarming. Join Warchol on Sunday, Sept. 21 at 1 p.m. to learn what you can do to preserve these important creatures – and your food supply.

This queen bee is the literal life of the hive. Join Ken Warchol at the Uxbridge Quaker Meetinghouse at 1 P.M. on Sunday, September 21 for a fascinating look at the life of honey bees.

# WEEK





Meet Kipper

Don't let his age of 11 years fool you—Kipper may be a senior, but he's strong, spirited, and has plenty of love (and zoomies!) to give.

Kipper is a gentle soul with a big personality, searching for a loving home to enjoy his golden years. Sweet and affectionate, he thrives on companionship and address being around his people. He's the perfect mix of calm and playful—happy to join you for a walk or romp with his stuffed toys, and just as content to curl up beside you for a snuggle.

a straggle.

Fully housetroined and crate-trained, Kipper already knows all the basics—'sit,' 'down,' 'paw,' 'place,' 'off,' and even 'roll over!'—and he's still learning new tricks!

Kipper would love a loving home (no cats, please!) where he can lounge on a soft bed, enjoy tasty treats, and bask in all the love and attention he deserves. Despite everything he's been through—including arriving at Baypath underweight—Kipper's resilience shines through. He's ready to embrace this next chapter with his trademark

500 Legacy Farms North · Hopkinton, MA 01748



Milford Federal Bank is proud to sponsor Baypath Humane Society's Pet of the Week!

Bring your furry friend along on your next trip to MFB for a treat from our drive-up tellers, or stop in any branch and bring home a treat from our complimentary doggy treat bar.



Milford | Whitinsville | Woonsocket



To or learn more, visit https:// www.bvemergencyshelter.org/ event-details/ bves-sleepout or call 508-266-5122.

#### Blackstone Valley Emergency Shelter launches first-ever SleepOut Challenge The concept is sor their SleepOut, This small act can and encouraging simple: particiwith all proceeds make a big differothers to join. pants pledge to going directly to ence.' Anyone

VILLE Blackstone Valley Emergency Shelter (BVES) is hosting its first-ever SleepOut for HOPE Challenge on Nov. 7, 8, or 9, and the community is invited to take part. The event aims to raise awareness of homelessness in the Blackstone Valley while raising vital funds to support BVES's mission of providing emergency shelter and hope for neighbors in crisis.

give up their beds for one night. Instead of sleeping in their usual comfort, they can sleep on the couch, the floor, in a sleeping bag, or even set up a family SleepOut in the living room. Some groups may choose to host their SleepOut together in a church, school, or community space.

Participants are encouraged to ask friends, family, or colleagues to sponhelp BVES provide emergency shelter, food, and resources those in need.

"Our goal is to have 50 people give up their beds for just one night," said Leslie CEO Reichert, of BVES. "It's not about being uncomfortableit's about showing compassion, building empathy, and raising awareness for those who don't have a safe place to sleep.

join the SleepOut Challenge—families, youth groups, church congregations, businesses, and individuals of all ages. The event is designed to be flexible, safe, and meaningful for everyone who participates.

How involved

· Sign up as an individual, family, or group.

· Spread the word by sharing your experience

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**Specials** 





Home of the Northbridge Senior Center The following events will take Azza and Community Relations Specialist place at Plummer Place, Home of the Alycia McCallum to discuss Navigating Northbridge Senior Center. We are locat-

Plummer Place

ed at 20 Highland Street in Whitinsville. Telephone: (508) 234-2002. September 23rd Dull Men's Club

9:30am-10:30am September's topic will be Sports Cheaters. Please drop in and see what our not so dull men's club is all about! If you being a friend, you'll be entered to win a free door prize! Any questions, please contact Amy.

October 1st The Brew Crew

9:30am-10:30am

Come and enjoy Plummer Place's newest program offering guest speakers, timely topics, and fun activities to jump start your day. All are welcome and treats, coffee/tea are on us! October's guest speaker is: Northbridge Fire Chief, David White. Please drop in and join us!

October 1st 12:00pm-1:00pm Lunch and Learn with Attorney Amy

## Crop Hunger Walk to be held Oct. 25

WHITINSVILLE — The Blackstone Valley Crop Hunger Walk will be held on Saturday, Oct. 25. The walk will start at 9 am at the Village Congregational Church in Whitinsville with registration at 8:30 a.m. For more information, please visit findyourchristiancollege.

The Future: Assisted Living and Estate Planning Essentials. Northbridge Residents have priority. Space is limited! Please sign up in the main office.

October 9th Flu Clinic

9am-12pm Please call Plummer Place at (508) 234-2002 to register. The vaccine administered will be the higher dose for those age 65 and older. Please bring your insurance

cards to the clinic. Writing Your Way Writer's Group

This group will meet the 2nd and 4th Thursday of each month from 2:30pm-3:30pm. All writing levels/experience are welcome to attend! October dates are Thursday, October 9th and Thursday, October 23rd. Please call Lori for more information.

## WCS bosting Christian College Fair

WHITINSVILLE — Whitinsville Christian School, located at 279 Linwood Ave. in Whitinsville, is pleased to be a host site for the 2025 Christian College Fair. Christian colleges and universities from across the United States will be represented on Tuesday, September 30, from 10:00 a.m. - noon. For more information,



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Frank G. CHILINSKI President & PUBLISHER

**B**RENDAN **BERUBE** EDITOR

## **EDITORIAL**

## Planning today for tomorrow's growth

The Blackstone Valley is no stranger to change. From the mills that once powered our economy to the new coffee shops and small businesses filling those same brick buildings, our towns have always been in motion. That pace of change has quickened in recent years as families move in, businesses expand, and long-discussed projects finally break ground.

Growth is healthy, but only if it is guided. Our local town planning boards are now tasked with making decisions that will shape what these communities look like in 10, 20, even 50 years. Solar projects, new housing developments, and business expansions all bring opportunities—and pressures. Each project tests the ability of planning boards and select boards to balance progress with preservation.

Area residents, too, play a role. Zoning meetings and public hearings often draw only a handful of people, yet the decisions made in those rooms touch everyone. Whether it's traffic patterns, school enrollment, or the look of Main Street, planning choices affect quality of life for decades.

We need to recognize that growth will not wait until we feel "ready." Businesses like Honeysuckle Roastery are already investing in new locations, bringing energy and foot traffic to our centers. Schools like Bay Path are adding programs to meet workforce demands. The question is not whether change is coming, but how prepared we are to shape it.

Now is the time for residents to get involved. Attend a meeting, join a committee, or simply read up on the proposals before town meeting. Thoughtful planning today ensures that our region grows in a way that strengthens, rather than strains, the very qualities that make the Blackstone Valley home.

Opinion and commentary from the Blackstone Valley and beyond

## LETTERS TO THE EDITOR

Evil walks among us

To the Editor:

Recently, tears were shed for an innocent 23-year-old in Charlotte, N.C., whose throat was slashed while she was homebound on the light rail after work; and a 31-year-old beloved husband and father was assassinated.

A Ukrainian immigrant survived in a bomb shelter only to die at the hand of a 14-time criminal loose in America where she sought refuge. Charlie Kirk was credited "with the greatest shift among the young in political thought since Woodstock" and founded Turning Point USA at age 18. Often seen on college campuses, he fostered civil political discourse in a quiet proveme-wrong way. As a 'faith & free speech' champion, he paid dearly for those beliefs when one shot through the neck silenced him in front of thousands at Utah Valley University!

Both are senseless deaths mourned by those of goodwill and examples of home-grown terrorists wrecking democracy whose hallmark is free speech! Imagine the horror: a refugee expired virtually alone; Charlie Kirk's assassin driven by hate to erase a moral, faith-filled ideology and stifle courteous 'issue engagement'. Where's 'humanity' for victims or resistance to villains, often praised instead!

Violence follows years of soft-on-crime policies advanced by 'unjust' judges. More political violence/

terrorism follows as ever stronger language is spouted by those screaming obscenities in disagreement, torching or looting 'in protest'! At deaths of JFK, MLK, RFK, and on 9/11, universal sorrow held sway. Yet today, our 'heroes' (teachers/first-responders) are 'gleeful' on social media over Kirk's killing. Can society sink any lower than to fuel more hateful, politically-motivated action by those 'radicalized' thru drip-drip of, spiteful propaganda-type rhetoric?

Referencing Charlie's death, Utah's Gov. Cox said it best, "This is an attack on all of us." Satan always roams among us, but John's gospel 3:13-17 reminds us, "For God did not send his Son into the world to condemn the world..." But if our democratic republic is to survive, this is a true "turning point" for all. Starting NOW, stop ignoring/tolerating senseless crime, and stop silently encouraging more derogatory/violent responses to expressions of 'free speech'. Such anti-social behavior must never be accepted in city/town, large or small, again. Otherwise, evil triumphs where good people do nothing. In 2026, celebrate 250 years of the country's 'exceptionalism'. Banish evil shadows, because everyone is responsible to let America's bright lights shine as 'One Nation" in peace and civic harmony. Period!

Jane F. Keegan

Uxbridge

## "Make America Great" — a hopeful paradigm

To the Editor:

America relies on paradigms to better instill a sense of unity and purpose in we the people. Our founding documents teach us that punctuation marks are of a superior importance when in pursuit of any true understanding thereof. Thus, the following AI generated response on the subject matter seems accurate and apt for these troubled times, as well as quite appropriately

The sentence "Make America great" is best and most accurately viewed as a declarative paradigm. Those three words, starting with the uppercase 'M' and concluding with a period, represent an encapsulation of a belief system or vision for the future and our posterity. In its own way, it parallels the Declaration of Independence, which articulates foundational ideals.

Yet, as a simple phrase, "Make America great" is bolder in its scope and breadth, inviting a wide range of interpretations and aspirations. It challenges individuals and society to envision what true greatness means,

encompassing various dimensions of social, economic, and moral progress.

The phrase suggests, without mandating, that only in the pursuit of true greatness can we, as a nation and as a people, attempt to fulfill the lofty goals described in our founding documents.

'Make America great" conveys a desire wrapped in almost mystical visions for the future of our progeny and their posterity. Within the multitudes of things envisioned are those ethereal eternals we call "hope," along with well wishes, well-being, and the goodness that can triumph over shallower pursuits.

At its core, "Make America great" embodies the essence of hope and the aspiration for a future where well-being prevails. It serves as a reminder that the pursuit of greatness is not just about tangible achievements but also about fostering a sense of community, compassion, and shared values.

> Stephen Gambone *Northbridge*

## hen investing, one of the best abilities is durability

You've probably heard about cates that the bor-"genius" investors or those who got rower has a good in on the "ground floor" of a compatrack ny that grew to be a huge success. making its promised These stories may be interesting, but interest and princithey are also rare — and sometimes pal payments and not even true.

The truth is that successful invest- atively low risk of ing isn't glamorous, and it isn't nec- default. essarily quick. Instead, a well-founded investing strategy is a durable one ments are more likely to overcome one that can withstand the test of

you build durability.

investors make their money over time, not overnight. Despite stories about fortunes made on one or two trades, you're more likely to be successful making money over time. You'll want to own a well-diversified a long-term strategy can anchor portfolio of quality investments and plan to own those investments for the long term.

A long-term perspective can help you ignore the constant noise in the markets and stay invested. When you hear about the latest "hot" investment tip, especially if it's already performed well, the best advice is this: Ignore it. Although it may be tempting to buy a popular investment, it may not fit with the rest of your portfolio, it may have already peaked, and it may be riskier than you expect. If it sounds too good to be true, it probably is.

Invest in quality: When building your investment portfolio, quality should be a top priority. For stocks, quality is frequently measured by the steadiness of earnings and dividend growth over time. For bonds, one measure of quality is an investment-grade credit rating, which indi-

## **Letter submission** policy

Letters to the Editor must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside will be published. Letters submitted without all of the required information will not be accepted.

It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and any submission may be rejected at any time for any reason he or she might deem appropriate.

record the bond has a rel-

ly means higher risk.

Quality investtemporary challenges, which is why a good track record can be an indica-Here are some actions that can help tion of quality. Don't reach for yield by looking for investments offer-Take your time: Most individual ing the highest dividend or interest rate without considering the risk. Remember, there is no perfect investment — a higher rate general-

Stick to your strategy: Building

FINANCIAL Focus **DENNIS** 

provide a roadmap for your investment choices. Your strategy should consider your goals, tolerance for risk and the ANTONOPOULOS time needed to save toward each goal. Within that strat-

egy, you can be flexible. Buy and hold, for example, doesn't mean buy and forget. Over time, your goals may change, or you may choose to hold more conservative investments. But it's important to make changes for the right reasons, not simply because stocks or your other invest-

ments may have dropped in price. Perhaps one of the biggest mistakes you can make is trying to time the markets, moving in and out

your decisions and in response to short-term declines or the latest prediction. This often results in getting into and out of the market at the wrong times, costing time and money — and resulting in lower returns over time.

Remember that investments don't all move up or down at the same time but portfolio diversification can help smooth the ups and downs of the market. A long-term perspective can help you see past short-term fluctuations in some investments.

Successful investing isn't about making dramatic moves or chasing the latest trends. It's about developing a durable strategy personalized for your life, then sticking with it through market ups and downs. In investing, as in life, slow and steady could help win the race.

## Track your progress!

Motivation. We all want it, but half the time it feels like it walked right out of the front door. It has a way of slipping through your fingers. One minute you're fired up, ready to conquer the world. Next, you're sprawled on the couch, scrolling through your phone, telling yourself you'll "start tomorrow."

What is it? Testosterone? Purpose? Willpower? Is it in the food we eat, or is it some mystical force that appears from time to time?

Here's the truth: motivation isn't magic, and it isn't a mood. It's not some lightning bolt from the gods. Motivation is a pattern your brain runs, a rhythm you can learn to catch. The real question isn't "Where did it go?"—it's "How do you make it show up tomorrow, the next day, and the day after that?'

We've all started the project with lots of motivation, but it often disappears before the finish line.

Scientists recently discovered something fascinating about motivation. In September 2024, researchers hooked participants up to brain monitors while they worked on learning tasks. What they found was striking: the instant someone realized they were making progress, their brain lit up like a switchboard. Focus sharpened. Distractions faded. Engagement skyrocketed.

Think about that for a second, it isn't about standing at the finish line—it's about noticing that you're moving forward. Each time you recognize progress-no matter how small—your brain tosses you a reward—effort feels lighter. Momentum builds.

But here's where some of us get stuck. We're so focused on how far **POSITIVELY** SPEAKING TOBY MOORE

we have to go, we forget how far we've come.

I'm not a mountain climber, but I have hiked some challenging trails. It's easy to start at the trailhead with determination, but when you're only halfway and passing out on a boulder from exhaustion, complacency can take over fast. Perhaps you didn't want to reach the top. Still, maybe you did, and you just lost motivation. Why?

It's called finish line fixation. When you only measure yourself against the summit, your brain feels incompetent. When you've been hiking for 14 hours, night is approaching, and you still have another 14 to go, it's easy to feel inept, to think, "I thought I'd be at the peak by now!"

It's no good to beat yourself up, especially when you're giving it your

A 2018 study found that people do best when they keep two things in mind: big, meaningful goals and the small victories along the way.

So when you're only part of the way towards your goal, and frustration sets in, look back at the ground you've already covered. That perspective shift turns discouragement into momentum.

There have been many studies on motivation, and the science is clear: People are far more successful when they regularly track progress.

Recognize how far you've come. The summit matters, but so does the trail. Looking back at the challenges you've overcome thus far and recognizing your progress produces the dopamine your brain needs to gather more steam.

The brain doesn't hand out dopamine for nothing—it's a survival mechanism. Progress signals that you're learning, adapting, and moving closer to a reward, which is exactly what kept our ancestors alive. That same wiring still runs the show today: every step forward tells your brain, 'This path is working—keep going.

Your brain doesn't reward perfection—it rewards progress. That's why some people quit inches from the breakthrough—not because they weren't moving, but because their brain couldn't recognize how far they've come. No receipts equals no motivation.

Of course, there will still be days when even focusing on your progress feels like it's not helping. That's when you pitch a tent, take a break, and start climbing again the next

So, here's my challenge. Don't wait for a spark. Don't wait for the mood to hit. Today, write down one thing you've already done that proves you're moving. Then take another step forward. Track it. Tomorrow, repeat it.

Do this long enough, and you'll stop wondering where motivation went.

Because motivation doesn't reward the dreamers. It rewards the doers.

Toby Moore is a columnist, the star of Emmy - Nominated A Separate Peace, and the CEO of Cubestream



BY GUS STEEVES

Tucked into a small strip mall off James Street, Worcester, is a bookstore with an unassuming name and unassuming storefront -

Annie's Bookshop. Inside, though, it's fairly unique, and that's what's kept it going for decades. That uniqueness is not in appearance packed densely bookshelves look the same pretty much everywhere - but what's around and atop those shelves. A lot of them are Doctor Who related, with toys, models, video series, tons of offshoot books and

Annie's also highlights book series for other scifi, horror, and fantasy universes, including Star Wars. Pern and Dragonlance, and shelves lots of older scifi, going back into the early 20th century "pulp" material. Behind the register, they display iust some of their collection of comics, and, of course, have a wide range

various related

things all over the

tion to select from. Most of the time, the person at that register is owner Patty Cryan, sometimes her partner Michael Salvo or employee Joshua

of other genres of

fiction and non-fic-



Patty Cryan and Michael Salvo handle some of the copious paperwork

that goes into running Annie's Bookshop. "I make a joke book, and notes that if you ever want to cure you're reading addiction, buy a bookstore,' Cryan said. Of course, when she said that, she'd just looked up from a

she particularly likes talking to customers about books "I should be bringing in."

She's owned it since 2007, and it's been in this site since 2009, but started in Auburn's Drury Square. While Cryan came to bookselling by way of editing bookstores and in New York and Worcester, Salvo

came to it by running a mail order business he began in 1976. Over that time, Cryan and Salvo have come to know what their clientele wants, and the publisher representatives they're in touch with know it too.

That can be quirky. While I was there, one man came in seeking a rather specific thing-maps of fantasy worlds. They didn't have one at the moment, but led him right to the far corner where it'd be if they did. (I have seen them there before.) Given how tight

her space is, Cryan notes she has "to pick and choose" what goes on her shelves, especially for nonfiction. Although the stock is mostly fiction (lots of historical fic and mystery besides scifi), the nonfiction (history, politics, self-help etc) is literally right in the center of the store. There's also a room for kids' books.

Space plays a role in the fact she used to host many events (writing groups and book readings among them), but has had to scale them back to fit more books. Salvo also pointed to the city's recent establishment of a 25 mph limit citywide as suppressing traffic to the store and other nearby businesses.

Despite those things, Cryan doesn't want to move. She's seen that hurt bookstores, citing one that had a "cute little funky space and was booming," then moved into a "sterile mall across the street" and died.

Nor does Salvo, who said many of their customers come to Annie's "as a destination" anyway.

"We want to measure our customer relationships in decades, not 30 seconds on a website," he said. ... We learn what they want.'

Young likes that

view, saying the store "feels more like a community service" than retail to him. Part of that comes from the fact it's mostly used books. With new ones being "so expensive,' he noted people on Social Security and disability can afford used ones, and he's seen some buy a month's worth of books and return them the next month for store credit to get more.

Cryan notes the internet plays a fairly big role in how she connects to her customers. It also played a key role in keeping Annie's "afloat during the pandemic, when many stores had to learn it from scratch."

"I'm a bit more internet-involved than many of my compatriots my age, with a lot of social media communication," she said.

Gus Steeves can be reached at gus. steeves2@gmail.

## A Medley of Seasonal Tips

Summer is winding down and as we're trading in long summer nights for brisk autumn mornings, the focus shifts to the simple pleasures of the season. Read on for a potpourri of tips and tricks to make life a little easier during autumn and beyond.

Just because the bugs are waning doesn't mean you have to ditch your stash of citronella. Before you toss or pack away this season's supply of citronella oil, consider keeping it in the medicine cabinet. Citronella soothes aches and pains because it produces a subtle sensation of warmth when diluted in a massage oil and applied to the skin.

Why not repurpose your skin grade citronella oil? You can dilute citronella in unscented lotion or cream (up to 15 drops per ounce for normal skin; or up to six drops per ounce for sensitive skin, according to National Association for Holistic Aromatherapy)

Or try this tip for relieving arthritis pain: Try adding three drops of skin grade citronella essential oil per teaspoon of massage oil. Using this natural mixture in a friction massage can help bring relief to painful joints.

Note: Always dilute citronella before applying to skin. Clear its usage with your physician.

Has your indoor plants taken a back seat to the garden? Now's the time to give them some TLC. To make your lackluster indoor plants glow try this trick: When watering your plants, simply mix tablespoon of caster oil to the water to rejuvenate them.

Also, did you know dusty

Take leaves THE TRAINOR

be stunting your plant's growth? Simply dusting the leaves

exposes them to more beneficial light!

Want to pick a perfect apple this season? Make sure it's firm and bruise free with a smooth skin. If you're buying apples, keep in mind a green stem means it's been freshly picked and not stored.

Every fall, I repeat this mind boggling fact, and here it is again: Apples stored at room temperature becomes soft ten times faster than if its refrigerated! So while it's tempting to pile red apples in a bowl to display, keep in mind the fruit will only last about a week out of the refrigerator.

Herbs are still producing in the garden - when cooking with them, try these tips: When chopping fresh herbs such as basil and tarragon, sprinkle the leaves with a few drops of olive oil. This effectively slows the darkening of the chopped leaves.

If your dried herbs aren't passing muster, simply chop up parsley with them to freshen up the flavor.

Cleaning out your spice cabinet prior to the holidays? Here is a recipe ior a proven iish bait ennancer that recycles old spices:

Mix together four ounces ground fennel seed and one ounce ground allspice in a covered jar. Sprinkle in two drops oil of cloves and let it marinate for a day or two. To use, just put a drop on fish bait.

Stop overwatering your lawn this season. Proper watering can be the key to a fantastic fall lawn. Lawn experts claim a healthy lawn with a good root system doesn't require watering more than one to three times per week. The bottom line? Your lawn needs about an inch of water once every seven to ten days to grow strong roots.

Win a Three Course Dinner for Two at the Publick House

Your tips can win you a great dinner for two at the historic Publick House Historic Inn in Sturbridge! Simply send in a hint to be entered into a random drawing. One winner per month (or whenever I receive enough tips for a column) will win a fabulous three course dinner for two at the renowned restaurant, located on Route 131 across the town common in historic Sturbridge. Because I'm in the business of dispensing tips, not inventing them (although I can take credit for some), I'm counting on you readers out there to share your best helpful hints!

Do you have a helpful hint or handy tip that has worked for you? Do you have a question regarding household or garden matters? If so, why not share them with readers of Stonebridge Press newspapers? Send questions and/or hints to: Take the Hint!, C/o the Southbridge Evening News, PO Box 90; Southbridge, MA 01550. Or email KDRR@aol.com. Hints are entered into a drawing for

dinner for two at the historic Publick

House Inn.

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Wesley Age 11 Registration #8475

Wesley is a healthy, sweet, and caring boy with a bright curiosity about the world around him. Though he may seem shy and reserved at first, he quickly opens up through play and interaction. Creative and imaginative, Wesley is a natural builder who loves working with Legos, crafting intricate origami art, and even inventing his own games. He enjoys reading and has a particular love for math, which he excels in. With his vivid imagination and problem-solving skills, it's no surprise that Wesley dreams of becoming an engineer when he grows up.

https://www.mareinc.org/child/21180805788

## Can I Adopt?

If you're at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ+ singles and couples. As an adoptive parent, you won't have to pay any fees, adoption from foster care is completely free in Massachusetts.

The process to adopt a child from foster care includes training, interviews, and home visits to determine if adoption is right for you. These steps will help match you with a child or sibling group that your family will fit well with. To learn more about adoption from foster care visit www.mareinc.org . Massachusetts Adoption Resource Exchange (MARE) can give you guidance and information on the adoption process. Reach out today to find out all the ways you can help children and teens in foster care.





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#### COOKOUT

continued from page A1

"Mason Home." This homelike setting has 17 private rooms with baths, along with several common social areas, which allows for carefree living and companionship of singles and married couples. Home-cooked meals, laun-



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washers.



Alma Chase (resident) and family playing Phyllis Masso and Gaye McCrae (residents) enjoying the day.



Edwina Whitaker (resident) enjoying dessert

dry, housekeeping, social events and more are provided. The Whitinsville Elderly Apartments include 24 one- and two-bedroom units and offer individuals secure, comfortable living in a pleasant environment at a very reasonable rent which even has a community room for informal gatherings and special occasions. Residents of both the home and the apartments enjoy the beautifully manicured lawns on nine wooded acres nestled away in the quiet residential neighborhood of Chestnut Street.

For more information about the home, apartments or becoming a society member, see our Web site at www. whitinsvilleretirement.com or call WRSI at 508-234-6381 anytime.





Will Banning (resident) and family at WRSI



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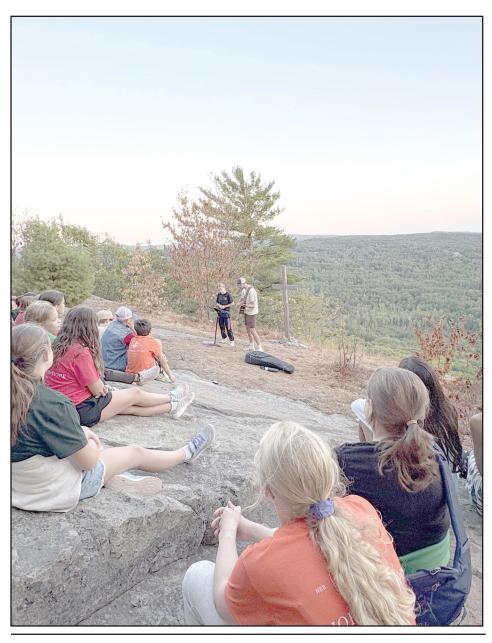
# SATURDAY, SEPT. 20<sup>TH</sup> 8AM-1PM

## **CAR SHOW AWARDS AT 1PM**

- 366 East Main St, East Brookfield, MA
- \$10 Vehicle Entry Donation For Bay Path **High School Education Foundation**
- Contact Derek Bachand 774-757-1264 With Any Questions



## WCS Middle School Retreat — an annual tradition



## Plant this fall for beautiful spring bouquets



MOMENTS MELINDA **MYERS** 

This fall plant an array of spring flowering bulbs to brighten your garden and bouquets. There are plenty of daffodils, tulips, hyacinths and alliums that will delight with assortment flower colors of and sizes that will bloom throughout the spring.

Include animal resistant double, bicolor, and split cup daffodils that provide unique beauty and impact in floral arrangements. Create a bouquet simple with just a few stems of daffodils or an elegant arrangement of single and double

flowered varieties. Harvest daffodils when the buds show color and are perpendicular to the stem like a goose's neck. Don't worry about the sap daffodils exude, shortening the life of the other cut flowers in the arrangement. Properly conditioning the daffodils will eliminate the risk to your other spring favorites

Consider wearing gloves as some people report itching or rashes when handling these plants. Use your hands to harvest daffodils for the longest stems possible and to reduce sap released from the stem. Reach into the base of the flower stem, thumb pointed down and pull up. Cut the stems of freshly picked daffodils to the desired length for conditioning. Place them in a clean container of cool water and floral preservative. Leave them in the water for three to six hours when the sap stops flowing. Do not recut the stems before adding them to mixed flower arrangements.

Tulips have long been a favorite of gardeners and floral arrangers.



Courtesy — Longfield-Gardens.com

behind if you want

the bulbs to bloom

Include a variety

of alliums in your

planting plans this

fall. Alliums' long

and sturdy stems

make them easy

to harvest and

arrange. Purple

Sensation, Mount

Everest, drumstick

allium and Allium

atropurpureum

make excellent

additions for floral

arranging flowers

is a wonderful way

to bring the beau-

ty of your garden

indoors. The more

you do it, the easier

it gets, and you'll

soon be sharing

your flowers with

friends, neighbors,

family, coworkers.

and everyone who

stops by to admire

Melinda Myers

has written more

than 20 garden-

ing books, includ-

your gardens.

and

bouquets.

Cutting

again next year.

A bouquet consisting of unique daffodil varieties found in one of Longfield Gardens' daffodil bulb collections.

Grow some taller varieties like Finola, Foxtrot, Silver Parrot Tulips and Negrita Double (longfield-gardens.com). Gardeners grow-

ing tulips strictly for cutting will plant the bulbs in trenches and treat them as annuals. The first-year bloom is always the biggest, but you can enjoy them cut and try for a second and third year of flowers. Just cut the stems short and leave at least two to three leaves on the plant to create and store energy for next year's bloom.

Harvest tulips when the buds are just starting to show color for the longest vase life. Wait for double and parrot type tulip buds to be fully colored but not yet open. Remove the whole plant, bulb and all, if you do not plan on saving the plants for the following year. Store the tulips upright with the bulbs attached. Cut and rehydrate the stems in water just

before arranging. Wrap the stems in brown paper if they are cut in the garden or when you rehydrate the stems and set them in several inches of cool water for 12 to 18 hours. Keep in mind tulips continue to grow after cut so plan for this when creating your arrangements.

Harvest hyacinths for cutting as you did tulips. Pull the whole plant, bulb and all, out of the ground if you are growing them as annuals for cutting. Otherwise, cut only the stem and leave all the leaves

Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video series and the nationally syndicated Melinda's Garden Moment radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Longfield Gardens for her expertise to write this article. Her Web site is www. MelindaMyers.

com.

WHITINSVILLE — In early September, Whitinsville Christian School middle school students stepped away from their daily routines and headed into the woods of Camp Sentinel in New Hampshire for two days of connection, faith, and adventure. This annual retreat serves as both a launching point for the school year and a memorable tradition where students, faculty, and parent chaperones come together in fellowship.

Upon arrival, students were welcomed by the Camp Sentinel staff and began settling into their cab-

"This location is the perfect place to balance high-energy activities with opportunities for quiet reflection," said Miranda Osterman, Assistant Principal. "Ziplining, field games, and water activities challenged students physically

while building teamwork and confidence.'

At the heart of the retreat was the opportunity for students to grow spiritually and relationally.

Through morning devotions and evening worship, students reflected on their faith and considered how they can anchor themselves in Christ throughout the school year," said Osterman. "We are especially grateful to Sean Rosenlund from Lifesong Church, who came to speak and encouraged our students with a thoughtful, Christ-centered

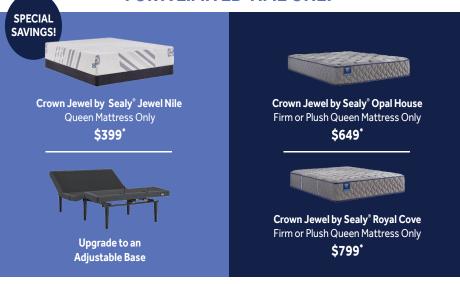
This retreat is about more than just fun," said Jen Miller, sixth grade teacher. "It is about giving our students space to connect with each other and with God. It sets the tone for everything we'll do this year.'



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## **OBITUARIES**

## Frank S. P. Yacino, 92



Webster/ Douglas- Frank S. P. Yacino, of Bates Road, passed away on September 15, 2025, at home peacefully. His wife of 56 years, Barbara A. (Janeczek) Yacino passed

away August 28, 2013.

He is survived by two sons, Frank R. Yacino and his wife Dawn of Naples, Florida, and Brian H. Yacino and his wife Laurie of Mount Vernon, Maine; two daughters. Pamela A. Carter and her husband Garry of Douglas, and Margaret M. "Meg" Yacino of West Bath, Maine; six grandchildren, Matthew Carter and his wife Jenna, Jeffrey Carter, Scott Carter and his wife Bonnie, Nichole Chapman and her husband Derek, Frankie Yacino and his wife Heather, and Jenna Morrissey and her husband Matthew; fifteen great grandchildren, Scott, Jacob, Brionna, Emmalee, Jaxson, Lucca, Sophia, Knox, Rocco, AnnaBeth, Reagan, Colin, Beckham, Gavin, Avery, and two brothers, Joseph A. Yacino and his wife Sandra, and Michael D. Yacino and his wife Debra both, of Douglas; nieces, nephews, cousins, and many close friends. He was predeceased by a brother Peter who died in 1945.

Born in Northbridge on January 14, 1933, he was the son of the late Frank A. and Philomene M. (Fannie) Yacino, and has been a resident of Webster since 1992. Prior to that, he resided in Douglas. He graduated from Douglas Memorial High School in 1950. He attended The Catholic University of America in Washington, D.C. until 1953 and then entered the U.S. Army and served in Korea and the Reserves for several years. In 1956 he returned to the University and graduated in 1958 with a degree in Civil Engineering. He worked in Washington, D. C. for Donohoe Construction Co., Inc. until mid-1962 and returned to Douglas. Over the next forty-five years he worked in the Worcester area for the former Draper Corporation, former A. Mason & Sons, former Madore Construction, former Walden Construction Co., Inc., former Granger Bros., Inc., former Digital Equipment Corporation, the City of Worcester, and was a Corporator/Trustee/Director for twenty-eight years, and Building Consultant for Unibank headquartered in Whitinsville.

Parish in Douglas; the first parish lector; a Eucharistic Minister; officiated at over 200 communion services in the parish; during Lent he officiated at the Stations of the Cross for many years; taught catechism for ten years; and served on several committees over the years. After his retirement in 1998 he was a daily communicant, altar server, and lector at St. Joseph Basilica in Webster for seven years. Frank was also a lector and

server for the Daily TV Mass at Mary, Mother of the Redeemer Chapel at St. Paul Cathedral in Worcester for eight years, from March 8, 2010 to March 26, 2018.

Frank was involved in Douglas politics



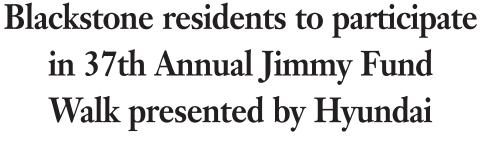
After Frank's wife Barbara passed away from Alzheimer's disease, he wrote a book about their journey with the disease, called "The Long Good-bye". He became an advocate for those suffering with the disease, and their caregivers. He was also instrumental in advocating for Summit Elder Care where his wife Barbara was a participant for over seven years, in assisting over twenty families that wished to enroll in the program. He was a frequent speaker at many support groups in Worcester County, always wanting to help new caregivers. He was dedicated to the annual Alzheimer's Walk in Worcester County for 17 years. A portion of the proceeds from the sale of his book was also donated to the Alzheimer's Association for "Team Barbara".

He enjoyed traveling, hunting, fishing, photography, boating, being at the lake and most of all his family, and being with them. He was a devoted, caring husband, father, grandfather, great-grandfather, and friend.

The family wishes to thank close friend Renee and the Overlook Hospice care team for all their love

and support.

Frank's Funeral Mass will be held on Saturday, September 20, 2025 at 10:30 AM in St. Denis Church, 23 Manchaug Street. Burial will follow in St. Denis Cemetery. Calling hours at Jackman Funeral Home, 7 Mechanic Street, Douglas will be held on Friday, September 19th from 4:00-7:00 PM, and on Saturday morning in St. Denis Church from 9-10 AM. At the family's request, please omit flowers. In lieu of flowers. donations may be made to St. Denis Church Capital Improvements, 23 Manchaug St., Douglas, MA 01516, or to the Alzheimer's Association, 309 Waverley Oaks Road, Waltham, MA 02452. To leave a condolence message for his family please visit: www. Jackmanfuneralhomes.com



BLACKSTONE — Eleven residents from Blackstone will participate in the 2025 Jimmy Fund Walk presented by Hyundai on Sunday, Oct. 5.

Stephanie Letalien, Logan Letalien, Ross Atstupenas, Jeanne Lunny, Ann Costello, Debby Nolan, Domenique La Rosa, Michael Perron, Jamie Giguere, Tanya Deguire and one other Blackstone resident, along with thousands of other walkers, will participate in the iconic annual event that will unite the community to raise funds to support all forms of adult and pediatric care and research at Dana-Farber Cancer Institute. The Jimmy Fund Walk will aim to raise \$9.5 million this year in the effort to prevent, treat, and defy cancer.

"For 36 years, the Jimmy Fund Walk has been a cornerstone of support for lifesaving cancer research and patient care at Dana-Farber," said Caitlin Fink, vice president of The Jimmy Fund. "Every partici-pant contributes directly to advancing lifesaving research and critically important cancer care. Walk Day is more than just an event—it's a celebration of hope and the shared commitment of the Jimmy Fund community.

One walk, four distances, for all cancers

The Jimmy Fund Walk takes place along the famed Boston Marathon® course, and participants have the flexibility to choose from four distance options: 5K walk (from Dana-Farber's Longwood Medical Campus); 10K walk (from Newton); Half Marathon walk (from Wellesley); and Marathon walk (from Hopkinton). Walkers who prefer to participate virtually can complete their chosen distance from any loca-

Whatever route participants choose, they will be supported by hundreds of volunteers and treated to refueling stations with refreshments throughout the course. Walkers will be motivated by poster-sized photographs of Walk Heroes that appear along the course as inspiration. All routes will conclude at the Jimmy Fund Walk Finish Line Powered by Schneider Electric at Boston Common, by the corner of Charles and Beacon Street. Finish line activities will include a celebration with food, entertainment, and more.

To register for the (#JimmyFundWalk) or to support a walker, visit www.JimmyFundWalk. org or call 866-531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt. You can also sign up to volunteer on Walk day.

About the Jimmy Fund

The Jimmy Fund, established in Boston in 1948, is comprised of community-based fundraising events and other programs that, solely and directly, benefit Dana-Farber Cancer Institute's lifesaving mission to provide compassionate patient care and groundbreaking cancer research for children and adults. The Jimmy Fund is an official charity of the Boston Red Sox, the Massachusetts Chiefs of Police Association, the Pan-Mass Challenge, and the Variety Children's Charity of New England. Since 1948, the generosity of millions of people has helped Dana-Farber save countless lives and reduce the burden of cancer for patients and families worldwide. Follow the Jimmy Fund on Facebook, X, and Instagram:@TheJimmyFund.

Dana-Farber Cancer About

Dana-Farber Cancer Institute is one of the world's leading centers of cancer research and treatment. Dana-Farber's mission is to reduce the burden of cancer through scientific inquiry, clinical care, education, community engagement, and advocacy. Dana-Farber is a federally designated Comprehensive Cancer Center and a teaching affiliate of Harvard Medical School.

Dana-Farber provides the latest treatments in cancer for adults Brigham through Dana-Farber Cancer Center and for children through Dana-Farber/Boston Children's Cancer and Blood Disorders Center. Dana-Farber is the only hospital nationwide with a top 5 U.S. News & World Report Best Cancer Hospital ranking in both adult and pediatric care.

As a global leader in oncology, Dana-Farber is dedicated to a unique and equal balance between cancer research and care, translating the results of discovery into new treatments for patients locally and around the world, offering more

## Local students named to Holy Cross Spring Dean's List

WORCESTER — College of the Holy Cross congratulates the students named to the Spring 2025 Dean's List for outstanding academic achievement during the spring semester of the 2024-25 aca-

To qualify, students must pass four or more letter-graded courses with no failing grades during the semester and earn a GPA of 3.5 or higher.

The following local students made the list: Christian Brown, of Uxbridge, Class of 2028

Maeve Griffin, of Whitinsville, Class

Benjamin Johnson, of Uxbridge, Class of 2025

Madeline Kay, of Uxbridge, Class of

Khushi Patel, of Douglas, Class of 2025

**About Holy Cross** 

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**Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate** and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO25P2914EA **CITATION ON PETITION FOR** FORMAL ADJUDICATION Estate Of:

**Ahmed Faridi** Date of Death: 03/05/2025 To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Omar Faridi of Stratford CT requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that:

Omar Faridi of Stratford CT be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration

**IMPORTANT NOTICE** 

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 09/30/2025.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

**UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)** 

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Leilah A. Keamy, First Justice of this Court. Date: Auguat 20, 2025 Stephanie Fattman, Register of Probate

**Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate** and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. **INFORMAL PROBATE PUBLICATION NOTICE** Estate Of: **Pamela Susan Fenoff** Also Known As: Pamela Susan Pettinari

Date of Death: March 20, 2024 To all persons interested in the above captioned estate, by Petition of

Petitioner Natalie C Fenoff of Douglas MA Christian C Fenoff of Douglas MA Natalie C Fenoff of Douglas MA Christian C Fenoff of Douglas MA has been informally appointed as Personal Representative of said estate to serve without Surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the

Petitioner. September 19, 2025

## Shawna Foundation's Library Poetry Tour wraps up final stops of the year

## Milford and Uxbridge Public Libraries host poet John Edward Keough

REGION — The Shawna E. Shea Memorial Foundation, Inc. is proud to announce the final stop of the year for its Library Poetry Tour, featuring Worcester poet John Edward Keough. This free event, part of the Shawna Foundation's mission to uplift diverse voices and foster creative expression in community spaces, will take place Oct. 15 and 16 at two different libraries in our area. We welcome everyone to experience the power of the spoken word.

The Library Poetry Tour program will hit the Milford Town Library, 80 Spruce St., Milford, on Wednesday, Oct. 15, and the Uxbridge Free Public Library, 19 North Main St., Uxbridge on Thursday, Oct. 16. The readings begin at 6 p.m. and are free.
Our October featured poet John

Edward Keough is an award-winning poet, journalist, and filmmaker who makes his home in his beloved city of Worcester. His favorite book of all time is "Don Quioxte," and he can be found walking in Elm Park telling the geese about his adventures, righting wrongs, doing good deeds, and trying to be better than the day before.

The Shawna Foundation Library Poetry Tour is made possible by our local cultural council partners, financially



Courtesy Photo

#### John Edward Keough

supporting this program since 2023. The Milford Cultural Council (https://www. milfordma.gov/309/Cultural-Council); the Uxbridge Cultural Council (https:// www.uxbridge-ma.gov/cultural-council; and the Massachusetts Cultural Council (https://massculturalcouncil. org/) support a critical part of the mission of the Shawna Foundation by joining us in believing that giving voice to poets can change the world. Audience

the program.

About the Shawna E. Shea Memorial Foundation (Shawna Foundation)

The Shawna E. Shea Memorial Foundation, Inc. is a 501(c)3 arts nonprofit organization dedicated to supporting and promoting independent filmmaking, youth empowerment, and the arts. Established in memory of Shawna E.

Shea, the foundation provides scholarships, grants, and mentorship programs to encourage creativity, resilience, and artistic expression. Through film festivals, community events, art exhibits, poetry performances, and educational initiatives, the Foundation fosters a vibrant artistic community while honoring Shawna's legacy. Learn more at www.shawnafoundation.org.

## Whitinsville Social Library celebrates Library Card Sign Up Month

WHITINSVILLE — September is Library Card Sign Up Month. Visit Whitinsville Social Library to get your free card to access books, movies, magazines, and online resources.

At the end of the month, one lucky new patron will win the Golden Library Card, a \$100 gift card to Koopman Lumber, and one month of VIP library perks, including the chance to showcase their favorite books. Thanks to Koopman's for the donation.

All new patrons will get a goodie bag thanks to the Friends of Whitinsville Social Library. Already have a library donations also support our poets and card? Tell your friends to sign up! If you

refer a friend and they do come in, that referral enters you into another raffle. More details:

· Must be a new CWMARS patron and must register in-person during business hours at Whitinsville Social Library. · Massachusetts residents ages 5 and

up are eligible for library cards. People under 18 must have a legal guardian present at registration.

Adults require a photo ID and proof

of residency.

 eCard holders are welcome to enter the raffle by converting their eCard to a physical card.



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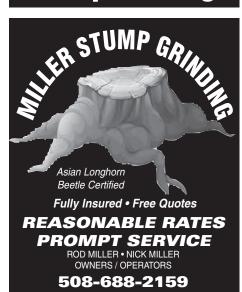
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## Uxbridge Senior Center

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Lisa Bernard - Director

Gail Boutiette - Outreach Coordinator Donna Oncay – Transportation

Omer Boucher - Van Driver

Sally Selvidge-Activities CoordinatorPat Ordway - Chef DIRECTOR NEWS FOR OCTOBER

Happy Fall Everyone!

2025 NEWSLETTER

The Senior Work Off Program is seeking interested candidates to apply for the upcoming year. This Program has been put into place to assist eligible seniors with the burden of property taxes, while tapping into seniors' wealth of knowledge and skills. Seniors work for various Town Departments with the assistance applied as an abatement to their tax bill. Space is limited. Eligibility requirements include the following:

1. Age 60 y/o or older;

2. Resident of the Town of Uxbridge for at least one year;

3. Legal owner of the property, cannot be in a trust (if in a trust, see Assessor's office to see if you may qualify);

4. Report annual household net income:

5. Residents must possess applicable skills.

First time applicants will have priority consideration. Applicants will be chosen based on skills, availability and physical ability, as necessary. Please call the Senior Center for more information and for the application. Position assignments will start in January 2026 with abatement applied towards 2027 tax year.

The senior center is proud announce our annual flu shot clinic:

The Flu shot clinic will be provided free of charge to the senior community on Tuesday, October 7th from 9am-12 noon at the Senior Center. This is a program with the Uxbridge Hannaford's Pharmacy. Please call to register.

The center will be closed for lunch on the clinic date. Transportation to and from the center will be available.

The cold and snowy weather will be upon us soon! Appointments are available to help folks with Fuel Assistance Applications with SMOC (South Middlesex Opportunity Council). Please call the senior center for more information and make your appointment.

We are proud to announce a new round of 8-week exercise classes starting on October 21st:

Balance & Power is a lightweight strength circuit with gentle movements to improve flexibility. Most exercises will be seated with a focus on improving muscle strength especially around the knee area which is crucial for balance and walking and hopefully avoiding falls. Some poses can also be done standing using a chair for support. This program can help improve your flexibility, concentration and strength, while boosting your mood, and reducing stress and joint strain. This class is scheduled from 12:15pm-1:15pm.

Move & Grove is a fitness program that fuses entertainment and cardio into an exhilarating workout. The benefits of this program include improved balance, range of motion and coordination. Additional benefits include increasing blood flow to the brain. enhancing attention and concentration skills, as well as burning calories and meeting new friends! This class is scheduled from 1:30pm-2:30pm.

Each class will run for one hour, every Tuesday for an 8-week period. The classes are free for Uxbridge residents, compliments of the State Formula Grant and will be held at the Senior Center's Satellite Site which is the McCloskey School Gym located at 62 Capron Street in Uxbridge. Interested individuals should call or stop by the Uxbridge Senior Center at 508-278-8622 for more information and receive their application and waiver forms prior to the start of the program. Please note there are no classes on November 11th.

Sincerely, Lisa

Reminder: The Fall Town Meeting will be held on Tuesday, October 28th at 7:00pm at the Valley Chapel Church located at 14 Hunter Rd., Uxbridge.

Annual Golf UEC 19th Tournament was held at Whitinsville Golf Club on Monday, September 22nd. Thank you to the Uxbridge Elderly Connection for coordinating this event! This major fundraising event was very successful! Thank you to all our board members, sponsors, golfers, and donors. Our seniors appreciate your support!

Thursday, October 2nd - 10:30 am -Veterans' Services with Carl Bradshaw by appointment only. Call 508-278-8622 to sign up.

Thursday, October 2nd – 12 noon -Heather Deary will be back to entertain us with her music during lunch! Be sure to RSVP.

Thursday, October 2nd - 1:30 pm -\$7.00 per person and due upon signup. Class size will be limited. Be sure to stop by and sign up!

Friday, October 3rd – 12:00 pm – Lunch & Learn with Chief Montminy. His guest speaker will be Joe Vaudreuil and Susan Salisbury from Tri-Valley Inc. presenting on the "HUD Older Adult Home Modification Program". There is typically a wait list for these events. Be

Monday, October 6th - 3:00 pm - 4:00 pm - Computer Tutoring with students from Blackstone Valley Tech. Please call ahead to book an appointment. This will be held on the first Monday of each month.

Tuesdays, October 7th, 14th, 21st & 28th - 9 am - Walk & Talk Club Continues! Join Doreen Cedrone, our Wellness Coordinator, to walk the Town loop now every Tuesday morning. This is weather permitting. Pre-registration is required! Get your enrollment forms at the center. The meet up spot is McCloskey School.

Tuesday, October 7th - 9:00 am - 12:00pm – Uxbridge Senior Cener Flu Clinic. Hannaford's Pharmacy will be sponsoring a free flu shot clinic at the senior center. Please call 508-278-8622 to register and receive your consent forms. Transportation will be provided. Please sign up early!

Tuesday, October 7th – 6:00 pm Join us for "Planning for Medicare Presentation" college of 3,200 students, Holy Cross is at the Uxbridge Senior Center. Led by Annual Halloween Party with DJ Trica! renowned for offering a rigorous, person- Luisa Lewis, a Blue Cross Blue Shield Celebrate Halloween with witches & of Massachusetts representative this tradition. Since its founding in 1843, Holy presentation is tailored for individuals not required but are encouraged! Please approaching Medicare eligibility. Topics include an explanation of Medicare, the Medicare enrollment timeline, Medigap and Medicare Advantage plans, and programs available to early retirees. This session is ideal for individuals who may still be working and are looking to transition into retirement soon. Refreshments will be served. Please RSVP by October 3rd at 508-278-8622 or email: lbernard@ uxbridge-ma.gov.

Thursday, October 9th – 1:30 pm – 3:30 pm – Big BINGO at the Uxbridge Senior Center. Join us for a fun afternoon of BINGO & cash prizes! Packets of 10 games for \$10. Transportation will be provided. Let us know if you'd like to join us for lunch on this date by calling or stopping in to RSVP. You must sign up by 12 noon the day before game day.

Monday, October 13th – The Senior Center will be closed today in observance of Columbus Day. We will re-open on Tuesday, October 14th.

Tuesdays, October 14th, 21st & 28th 9:00 am – 12:00 pm - SHINE Appointments here to help you with your health insurance questions. Please call 508-278-8622 to schedule an appointment.

Tuesday, October 14th - 1:00 pm -Uxbridge Library Book Club. They will be discussing "Vera Wong's Guide to Snooping on a Dead Man" by Jesse Q. Sutanto. You are welcome to join us for lunch on this day, just be sure to call ahead to "book" yours! Next book club meeting is on Tuesday; November 4th and they will be discussing "The Scent Keeper" by Erica Bauermeister.

Tuesday, October 14th - 1:00 pm -Benefit Enrollment Specialist - Tri-Valley, Inc. Call the senior center to book an appointment with Meka.

Wednesday, October 15th – 10:30 am – 12:30 pm – National Grid Customer Care Event – A representative from National Grid will be available to answer and assist you with discount rates, payment plans, arrears forgiveness, special protections, energy saving, and more. If you plan on joining us for LUNCH on this day, please call ahead to RSVP as space is limited. This event will be held monthly on the 3rd Wednesday.

Thursday, October 16th – 11:30 am – Three Seasons Restaurant Trip at BVT Cost is \$15 per person and includes meal, drinks and ice cream sundae for dessert & gratuity. Your choice of Turkey Club, Classic Cheeseburger, Crispy Chicken Caesar Wrap or Housemade Mac & Cheese. Payment due upon signup. Rides are available on the van and folks are also encouraged to meet s at BVT.

Monday, October 20th - 1:30 pm -Ghost Wreath Craft with Sally! Cost is Scarecrow Craft with Sally! \$7.00 per person. Stop in to sign up!

Wednesday, October 22nd - 11:30 am 12:30 pm - "PopUp Library". Books will be on display to check out, library card sign-ups, book hold pick-ups, etc. This program is being offered by the Uxbridge Free Public Library.

Thursday, October 23rd –1:30 pm -Movie at the Uxbridge Senior Center! We will be watching the original classic Jaws and popcorn will be served! Please RSVP.

Friday, October 24th - 12 noon -October Birthday Cake Celebration. We will celebrate all the October birthdays! Monday, October 27th - 1:00 pm - 4:00

pm – Hobby Lobby Shopping Trip with Sally! Sign up early as seating is limited on the van. Monday, October 27th - 1:30 pm - "Ask

the Attorney" with Attorney Ralph Tepper by appointment only. Please Call 508-278-8622 to schedule your appointment.

Tuesday, October 28th - 11:00 am -12:00 pm - Ask the Nurse Free Blood Pressure Clinic with the Salmon Health VNA. RSVP if you'd like to join us for lunch.

Thursday, October 30th - 1:30 pm -Sally's Singing Group! Join Sally while she forms a singing group for the Christmas Holidays! Meeting here at the senior center. Please call or stop in

Friday, October 31st - 12 noon goblins treats & prizes! Costumes be sure to RSVP ahead as space is limited. This is a luncheon party.

Card Game played during lunch on Mondays. No game on 10/13.

Hannaford grocery shopping every Tuesday. Pick up begins at 8:30 AM. Please sign up in advance by calling 508-278-8622 to reserve your seat on the van.

Walk & Talk: Walking Club Program -9:00 am - Now Every Tuesday instead of Thursdays. Meet at McCloskey School to walk the town loop!

Knitting Club every Tuesday @ 1:30 pm – Even if you don't know how to knit or crochet, come and visit us! The group members are always willing to teach you!

Every Wednesday – 9 am – 3 pm – The Uxbridge Senior Center Transportation Program Community Shuttle. This shuttle is for seniors and individuals with disabilities to destinations such as post office, pet care appointments, hair salon or barber, bank, pharmacy & shopping anywhere in the Uxbridge/Northbridge area. Note: this replaces the weekly bank/pharmacy and Shaw's Ocean State Pat Nectow, our SHINE Counselor, is rides. Call 508-278-8622 for more information and to book your FREE ride. Requests require a 48-hour notice.

> BINGO played during lunch every Wednesday.

Wednesdays - "Canasta" Hand, Knee & Foot Card Game – START TIME IS NOW 1:15 PM due to parking spaces. Let us know if you'd like to join us for lunch!

Wednesdays – Play Scrabble! – START TIME IS NOW 1:15 PM due to parking spaces. - Come by for an afternoon playing Scrabble. Boards are supplied by the senior center. Let us know if you'd like to join us for lunch!

Medical Transportation is accepting appointments. Call 508-278-8622 to schedule your rides.

The senior center is in need of the following donations: Lysol wipes, newly packaged napkins, paper towels, tissues, toilet paper, tea (regular and caffeine free), ground regular & decaf coffee. We thank you for your support!

Feel free to contact us at 508-278-8622 or visit us on our web page at Uxbridgema.gov/coa or like us on our FB page or by googling Uxbridge Senior Center and our new YouTube Channel or even dropping by.

www.facebook.com/ Uxbridge MASeniorCenter

https://www.youtube.com/channel/

UCNh\_RIq99rucmFH-UO7VFBw · https://www.uxbridgetv.org/schedule/192

Northbridge's Hannah Ostroff enrolls at College of the Holy Cross

WORCESTER — The College of the Holy Cross is excited to welcome Hannah Ostroff of Northbridge as a member of the College's Class of 2029.

At 837 students, the Class of 2029 includes students from 39 U.S. states and territories and 15 different countries. This incoming class represents one of the most academically accomplished classes in the College's history.

Admission to the class of 2029 was more competitive than ever with applications surpassing 10,000 for the first time in Holy Cross history, a nearly 20% increase over the last two years, and an admit rate of 19 percent.

The new Crusaders have distinguished themselves through community service, leadership roles, and diverse participation in areas like the arts, music and athletics. They arrived on campus and moved into the residence halls on Wednesday, August 20th, where they to Mount St. an enthusiastic purple crew of current students, staff, faculty and alumni. Fall classes began on Tuesday, Aug. 26.

'Welcome, Class of 2029!" College President Vincent D. Rougeau told the class during Mass of the Holy Spirit.

"I encourage you to embrace this new experience. Lean into the growth it can offer. You are not doing this alone. Look around. Some of the people you will meet in the next few days and months will be your friends for life.

'One of the great things about my job is seeing close friends who met here five, 25, or even 50 years ago return to campus. Connecting with a professor, walking the historic halls of Fenwick or dining in Kimball erases the passage of time. They're flooded with a wave of memories from some of the best moments in their life. For you, making those memories

begins today.' About Holy Cross

The College of the Holy Cross, in Worcester, is among the nation's leading liberal arts institutions. A highly selective, four-year, exclusively undergraduate alized education in the Cross has made a positive impact in society by graduating students who distinguish themselves as thoughtful leaders in business, professional and civic life.

## SNHU announces Summer 2025 President's List

MANCHESTER, New Hampshire — It is with great pleasure that Southern New Hampshire University (SNHU) congratulates the following students on being named to the Summer 2025 President's List. The summer terms run from May to August.

Full-time undergraduate students who have earned a minimum grade-point average of 3.700 and above for the reporting term are named to the President's List. Full-time status is achieved by earning 12 credits over each 16-week term or paired 8-week terms grouped in fall. winter/spring, and summer.

Kristina Brenn of Whitinsville Kevin Lopez of Whitinsville Javon Brown of Uxbridge Meagen Kuoppala-Buus of Uxbridge Jocelyn Forgette of Uxbridge Eden Ebbeling of Uxbridge Melissa Russell of Uxbridge

Robert Gagne of Northbridge Nicholas Carr of Douglas Michael Pesce of Douglas Julia Bertolet of Douglas

Southern New Hampshire University (SNHU) is a private, nonprofit, accredited institution with a 92-year history of educating traditional-aged students and working adults. Now serving more than 200,000 learners worldwide, SNHU offers approximately 200 undergraduate, graduate, and certificate programs, available online and on its 300-acre campus in Manchester, New Hampshire. Recognized as one of the "Most Innovative" regional universities by U.S. News & World Report and one of the fastest-growing universities in the country, SNHU is committed to expanding access to high quality, affordable pathways that meet the needs of each learner.

Angela Abramo of Northbridge

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## **BOY SCOUT TROOP 273 FALL YARD SALE** Saturday, September 20th

Universal Tag Parking Lot, 36 Hall Road, Dudley Early Birds (8am to 9am) \$10.00 per person fee 9am until 3pm FREE We accept CREDIT CARDS!" 24,000 sq.ft. of yard sale items ONE DAY ONLY

Pick your items and Make an offer!

Grouped Items: Electronics - stereos, speakers, etc. (no TV's) Tools - hand tools, lights, flooring etc.. Furniture -Tables, chairs, bed frames, cabinets, hutches, etc.. Housewares - glassware, dishes, pictures, mirrors, bowls, cups, small appliances **Sporting goods** - Bikes, skies, baseball equipment, golf, exercise equipment Clothes - shirts, pants, jackets, shoes, bags Kids toys and baby items high chairs, bouncy, games, Antiques

## ESTATE/ **YARD SALE** Saturday,

September 20th 9am-2pm no early birds! 7 HOWE RD. Spencer MA

**Many items:** housewares, tools, yard equipment, something for everyone!

## Sing with the Blackstone Valley Community Chorus!

Blackstone Community Chorus welcomes new and returning singers to Open Call for our 2025 holiday concert season! Open Call will take place on Sunday, Oct. 5, at 6 p.m. at the Douglas Municipal Center Resource Room located at 29 Depot St. in Douglas. New members do not need to prepare an audition song, but should come ready to sing. There is a \$35 membership fee to join. Rehearsals take place on Sundays at 6 p.m. at the Douglas Municipal Center beginning on Oct. 19. This season the

The Blackstone Valley Community Chorus is a non-audition, multi-generational chorus with people of varied musical abilities brought together by a shared love of music and a commitment to providing our community with exceptional musical expe- Services is holding riences. The BVC has its 11th annual Valley been singing throughout Bag Toss communi-Central Massachusetts ty event and fundyears at concerts, com- Sept. 20 at 50 Douglas munity events, holi- Rd. in Whitinsville.

BVCC is preparing a day festivals. We have Holiday Spectacular to also performed at the be performed with a full Hanover Theater and orchestra on December Worcester Art Museum 14th at Valley Chapel in and, this fall, at Fenway

Park! We welcome anyone who would like to join us, we only ask that you have the ability to carry a tune. Whether

your school, with a church choir, or in your car or shower, we hope you will consider join-

you enjoy singing at ing our friendly musical family! For more information on the BVCC, visit us on Facebook or at www.bvcchorus.org.

## Open Sky hosting cornhole tournament to support individuals with complex challenges

Open Sky Community over twenty-one raiser on Saturday.

teams (\$80) can register to compete for a great cause and various prizes, including custom cornhole boards.

The event is free for anyone to attend and enjoy live music, a

Individuals (\$50) and food truck, a cash bar courtesy of Wormtown Brewery, contests, kid-friendly activities and raffles. All proceeds will benefit Open Sky's health and wellness programs for thousands of individuals in Central

Massachusetts complex challenges.

Please register and find more details here: https://www.openskycs.org/ways-tohelp/valley-bag-toss. html. Questions? Email events@openskycs.org.





Sharon Pelletier - Owner Broker Licensed in MA, CT & RI





#### Featured New Listing **DUDLEY - 13 OXFORD AVE**

2 -FAMILY offers 2,354 SF of living area! 2 Large Apartments, 5 Spacious Rms, 2 BRs, 1 Bath each. Beautiful grand front entry foyer with the charm of yesteryear! double French doors & other unique features. Plenty of Natural light that flows into these apartments! 2nd flr apt has a private enclosed rear entry with it's own outside covered porch. Updates were done to electric & roof

\* June Cazeault \* Laurie Sullivan\* Lori Johnson-Chausse \* William Gilmore II \* Maureen Cimoch \* Bryan Pelletier





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**WEBSTER- 4 PERRYVILLE RD** Hip Roof ranch! Move In Ready. Updated Kitchen. Formal Dining Rm, Living Rm.(18x13) Great Rm. 3+ BRS & full updated Bath w/Tub. Hardwood floors. Fireplace.Quality Ow-ens-Corning finished basement sys-tem. 3 large LL rooms & 2nd Fell Sys-Morton Barn Style Garage .39 acre

## On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg







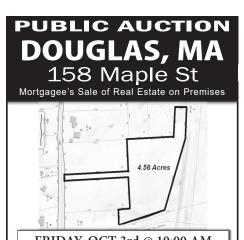
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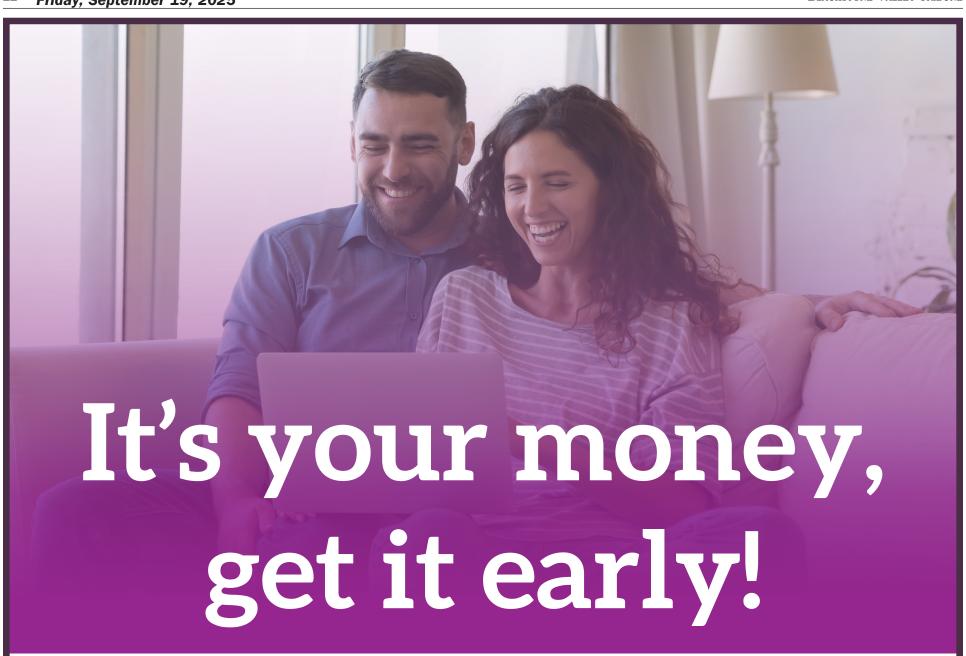


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